

Family



Health & Wellness Night

Wayne Elementary School hosted a Health & Wellness Night to encourage and support overall wellness for families in the community. Clockwise from top left, members of the Wayne High football team assisted with an obstacle course; Lindsay Hallgren with Northeast Nebraska Public Health talks to Thomas Plager about the importance of hand washing; freshmen football players Trent Hays and Hunter Nolte were in charge of one of the stations. In addition, healthy snacks, relaxation stations and community resources were available to attendees.

FREE for students grades K-8th Grade!

DRAMA CAMP

JUNE 9 - 14

Event funded in part by:
Dixon County Convention and Visitors Bureau
Wayne County Convention and Visitors Bureau

NEBRASKA ARTS COUNCIL

NEBRASKA CULTURAL ENDOWMENT

The Little Red Hen Theatre
316 Main Street · Wakefield, NE
www.littleredhentheatre.com · 402.287.2818

Wayne Aquatic Center

Open May 24th through Labor Day

402-375-4803
901 W. 7th St. Wayne

— WHY WAIT ??? —
Purchase your membership TODAY!!

Family Pass	\$125
Family + Pass	\$165
Individual Pass	\$85
Senior Citizen Pass	\$70

Endless Opportunities for FUN in the SUN!

- Designated Lap Swim
- Aqua Classes
- Swim Lessons
- Water Slide
- Zero Depth Entry
- 2 Diving Boards

Wayne COMMUNITY ACTIVITY CENTER

Wayne Aquatic Center

What are perfect gifts for Mother's Day

Mother's Day is celebrated annually on the second Sunday of May. Since 1914, when it was officially recognized as a national holiday by President Woodrow Wilson, families have been gathering to celebrate mothers, and celebrations typically include thoughtful gifts.

The role of mother can be a challenging job. Even though people strive to give moms the accolades they deserve, oftentimes mothers don't get enough credit or attention. That all changes on Mother's Day, when Mom is in the spotlight. Although there is no way to completely pay mothers back for their selfless actions and unwavering love, these gifts can help them feel that much more special.

Special meal

According to a survey by the National Restaurant Association, around 48 percent of people make plans to visit restaurants on Mother's Day. Since Mother's Day is so busy for restaurants, it is wise to book reservations early to ensure you get on the list, particularly if there is a specific restaurant Mom wants to visit.

Flowers

Anna Jarvis is credited with starting the push for a national day of recognition for mothers. Jarvis incorporated



carnations into the holiday. If you plan to gift Mom a bouquet of flowers, add some carnations to the mix as a subtle nod to the founder of Mother's Day.

Time

Various pronouncements state that 90 percent of the time parents spend with their children happens during their

first 18 years of those youngsters' lives. As children get older, they naturally spend much less time with Mom and Dad, as they are spreading their wings and finding their place in the world.

Offering your time as an older child can be the best gift of all on Mother's Day. Do something Mom loves, and do it together. That can be engaging in a hobby she enjoys, attending a theater show or concert, taking a walk through the park, or even planning to cook her a meal on a night apart from Mother's Day.

Gift of pampering

Mothers have a lot going on in their lives, and most of it involves helping others. Your Mom's needs and whims likely take a back seat to the demands she places on herself, and that can change on Mother's Day. Treat Mom to gifts that prioritize rest and relaxation. Put together a gift package that includes a massage, hair styling and a manicure at a local salon. Maybe Mom has been interested in trying acupuncture or an aromatherapy treatment to ease stress? There also are soaking and floating salt bath businesses where she can float in silence as the pressures of life drain away.

Mother's Day offers an opportunity to turn all attention towards Mom and treat her to various amenities and gifts.

Wayne Country CLUB



2025 Membership Fees

Send dues to Wayne Country Club, PO Box 185, Wayne, NE 68787

Family membership (Wayne address)	\$960
\$200 discount for first-year membership	\$760
\$100 discount for second-year membership	\$860
Family membership (mailing address other than Wayne)	\$910
\$200 discount for first-year membership	\$710
\$100 discount for second-year membership	\$810
Single membership (not married and no children)	\$820
Under-30 membership family or single	\$670
\$200 discount for under-30 first-year membership	\$470
\$100 discount for under-30 second-year membership	\$570
Driving range family pass (unlimited) - member	\$200
Driving range single pass (unlimited) - member	\$150
Driving range family pass - non member	\$300
Driving range single pass - non member	\$250
College membership (full-time student)	\$300
High school/youth membership	\$50
High school/youth membership (non-local)	\$100
New cart sheds	\$405
All other cart stalls	\$360
Off-course cart use fee	\$325
Men's league	\$50
Women's league	\$50
Cart lease fee (includes tax)	\$620

Club House Rental
Members — \$180
Non-Members — \$230



2 Year Anniversary CELEBRATION

May 26 | 12-7pm
free will offering
pulled pork, beans, & dessert!

85726 575th Ave | Wayne, NE

Spend the day playing games, eating, celebrating and hanging with the Dreamer's Herd!

Family Fun Expo Saturday, BBQ & STREET DANCE June 21

3-5pm Pony Rides & Petting Zoo

5-8pm All you can eat BBQ
\$10/adult • \$5/child

8-11pm Wayne County Troubadours
Street Dance

Golf Tournament

4-MAN SCRAMBLE

\$75/person or \$300/team
Wayne Golf Course
Tee Time: 9am

RSVP by
June 15
Charlene Bruns
402.369.6254



Sunday, June 22

Ideal foods for a Memorial Day barbecue

Though Memorial Day precedes the summer solstice by several weeks, the three-day weekend in late May is widely viewed as the unofficial start of summer. Backyard barbecues have become a popular way to celebrate Memorial Day weekend, and all eyes tend to be on the grill once a party kicks off.

Food is indeed a big component of Memorial Day weekend. A 2024 survey

from the market research experts at Numerator found that 52 percent of Memorial Day celebrants intended to grill or barbecue at home during the holiday weekend. Hosts likely recognize that guests will expect to eat during a backyard barbecue, and the following are some ideal dishes to offer this Memorial Day weekend.

Smoked foods

Smoking meats has become wildly popular in recent years. A 2024 report from Research and Markets indicated that the global market for smoker grills is projected to increase from \$6.8 billion in 2023 to \$9.3 billion in 2030. Memorial

dogs and Memorial Day weekend seem to go hand-in-hand, but that doesn't mean a grill should go burger-free come this popular late-May holiday. Upside reports hamburger bun sales increase by 273 percent over Memorial Day weekend, proving hosts and guests really favor these staples when kicking off summer celebration season.

Water

It's easy to overlook when the focus is on food, but water is a necessity

at Memorial Day weekend barbecues. Water can help people remain hydrated and cool off if temperatures spike, and it also can help adults avoid overindulging in alcohol. The Numerator study found 76 percent of Memorial Day shoppers purchase beer over the weekend, and alcohol can lead to dehydration. Offering water can help guests remain hydrated and encourage responsible alcohol consumption.



Day weekend barbecue hosts can consider the growing affinity for smoked foods and offer something up from their own smoker. There's no shortage of foods that can be smoked, from whole chickens to brisket to desserts, and guests may appreciate a smoky taste of something different this Memorial Day weekend.

Hot dogs and hamburgers

Though experimentation and unique offerings are sure to be appreciated, it's also important to offer guests some traditional backyard barbecue staples. Perhaps nothing fits that bill better than hot dogs and hamburgers. A 2024 analysis of grocery store sales conducted by Upside found that sales of store-brand hot dog buns increase by 449 percent over Memorial Day weekend, even though hamburger bun sales make up more than half (54 percent) of all bun sales over the rest of the year. Hot

Salads

Weather is unpredictable, but conditions tend to be warm in many parts of the country by Memorial Day weekend. That means some guests will be looking for lighter fare that won't make them feel too sluggish in the late-spring sun. Salads can fit the bill for hungry guests who want to satisfy their cravings without feeling bloated. Tri-color pasta salad, antipasto and tossed salad make for great appetizers that pack a nutritional punch as well. Of course, don't forget

Laurel-Concord-Coleridge School



LCC High School/Elementary School
502 Wakefield Street • Laurel, NE 68745
LCC Middle School
203 S. Main Street • Coleridge, NE 68727
www.lccschool.org (402) 256-3133

**we protect your
house. because
to you it's home.**

simple human sense



gather
your family at Bob's Bar in Martinsburg!

Bob's BAR

5205 Main St.
Martinsburg, NE
402-945-2995

Northeast Nebraska Insurance Agency

Wayne 375-2696 • Wakefield 287-9150 • Laurel 256-9138 • Pender 385-6500

Auto-Owners INSURANCE

LIFE • HOME • CAR • BUSINESS

Water recreation safety tips are given to the pubic

Fun in the sun often involves playing in the water. Whether you're soaking up some rays in a backyard pool, catching some ocean waves on a surfboard or sliding your way across a Slip 'N Slide, there's no shortage of ways to incorporate water into warm weather recreation.

Water-based recreation makes especially warm days more comfortable, but caution must reign supreme when engaging in water play. The National Drowning Prevention Alliance offers the following safety tips to lower the risk of water recreation accidents.

Brush up on your swimming skills

The NDPA reports that learning how to swim can reduce drowning risk by 88 percent. Adults and children alike are urged to go over the basics of swimming before getting in the water to ensure their skills are up to the task. If possible, practice the basics in the shallow end of a pool to reacclimate your body to swimming. Parents can keep a watchful eye on their young swimmers to ensure they haven't forgotten how to swim since last season.

Never swim alone

Swimming with a partner is a fun way to stay safe. The buddy system ensures someone is there to look after swimmers and offer help if a swimmer is struggling. A buddy also can call for help by

alerting a lifeguard when swimming in a public place such as a beach, lake or community swimming pool.

Stick to designated swimming areas

The flag system is often employed at parks, beaches and lakes to indicate

NDPA notes it's always preferable to swim under the supervision of a lifeguard.

Err on the side of caution

The NDPA notes it's best to get out when in doubt. If water conditions don't

sign of doubt. You can always return later if your physical condition and/or the conditions in the water change.

Be an educated swimmer

Savvy swimmers know to check the local forecast, including water conditions, before getting their toes wet. The NDPA notes it's unsafe to swim in the rain, particularly if there is thunder and lightning. That's true whether you're swimming in an ocean, a lake or a backyard pool. A wetsuit can help keep the body warm when water temperatures are low, but the NDPA notes such swimming sessions should be brief. In addition, the NDPA notes that swimming in a wetsuit when water temperatures are between 75 and 80 degrees could lead to heat exhaustion.

Don't swim after consuming alcohol

Swimming and alcohol are a bad mix, as the NDPA notes that alcohol impairs balance and coordination, each of which are vital for swimming. Alcohol also increases the likelihood of risky behavior, which can be hazardous when in the water.

Water-based recreation helps make warm weather seasons even more fun. But safety must be the utmost priority when having fun in the water. Additional water safety strategies can be found at ndpa.org.



when and where it's safe to swim. A red flag typically symbolizes swimming is unsafe, whereas a green flag means conditions are welcoming for swimmers. Stick to areas designated as safe. The

feel right, exit the water. Falling rain, rough currents, muscle cramps, and/or physical fatigue can quickly transform a fun swimming session into a dangerous situation. Get out of the water at the first

Wayne Community School District

611 West Seventh Street • Wayne, Nebraska 68787
402-375-3150 • www.wayneschools.org

Wednesday, May 7 & 14: 2:00 Dismissal
Early Learning Center Graduation: May 9
High School Graduation: May 17
Last Day of School: May 20



2025 CHICKEN SHOW



CLUCKING AROUND SINCE THE
80'S

THE WAYNE, NE
CHICKEN SHOW

www.chickenshow.com

[f](#) [i](#) [t](#) WAYNE CHICKEN SHOW

FRIDAY JULY 11
HENOWEEN

SATURDAY JULY 12
**PARADE &
BRESSLER PARK ACTIVITIES**

SUNDAY JULY 13
CAR SHOW

Memorial Day weekend travel tips

Certain times of year inspire more travel than others. Memorial Day weekend certainly fits that bill. AAA estimated 44 million people traveled during Memorial Day weekend in 2024, and that popularity is at least in part due to the holiday's reputation as the unofficial beginning to summer.

A Memorial Day weekend getaway can be just what people need to get into

leaving on Thursday and/or returning on the Tuesday after Memorial Day to reduce time spent in crowded airports or train stations.

- **Expect delays**

Travel delays can be stressful, but they're nearly inevitable during peak travel periods like Memorial Day weekend. Parents traveling with young children can plan for travel delays by pack-



the summer swing of things. With summer set to kick off, even if only unofficially, travelers can consider these tips to make the most of this popular time to travel.

- **Book early**

Whether Memorial Day weekend travelers are flying or traveling by bus or train, it's important to book reservations as early as possible. Flights on popular travel weekends fill up quickly, so booking early can increase the chances flyers will be able to depart and return at the time of their choosing. The same goes for bus and train travel. Lodging also can fill up quickly, so book hotel reservations or reserve stays through sites such as Airbnb as early as possible. Booking early can help travelers ensure they aren't shut out of their desired destination, and it also can save money, as rates tend to go up the closer one gets to the travel weekend.

- **Time your travel**

Memorial Day weekend motorists might want to get on the road before the sun rises. Leaving early, when there are fewer cars on the road, reduces the chances of being caught in a traffic jam. If pre-dawn is simply too early, AAA indicates it's best for Thursday and Friday travelers to be on the road prior to 11 a.m. Leaving after 7 p.m. on Thursday or 8 p.m. on Friday is best for those who must travel at night. Travelers taking to the air or the rails might also benefit by

ing extra snacks and downloading extra entertainment onto kids' tablets. Adults traveling without children can build delays into their itineraries and consider them before booking dining or entertainment reservations on the day of their arrival.

- **Limit luggage**

Memorial Day weekend tends to feature ample sunshine and warm weather, which makes it easier to travel light. Air travelers can pack just a carry-on so they don't have to wait at the luggage carousel or worry about potentially lost bags. Car and train travelers also can pack light so they have more room to maneuver.

Memorial Day weekend is a busy time to travel. A handful of strategies can make this year's travels a little more manageable.



Wednesday & Thursday League spots still open!
Sign up today!

Tuesday, Wednesday & Thursday Leagues

8:00 AM Til Dark • 7 Days A Week!

North Hwy. 9 • Pender • 402-385-2376



Follow the Yellow Brick Road to
Kindergarten Day!

This is a day set aside just for Kindergarteners.

Please call our office to schedule your child's eye exam today



Evolving
EYECARE

402-375-5160 •

1112 West 7th St Wayne, NE

June 27th
8am-1pm



**Providence
Community
Pharmacy**

803 Providence Road Suite 101
Wayne, NE | (402) 375-8862

Store Hours:

Monday-Friday
9:00am- 6:00pm

Saturdays
9:00am- 2:00pm

**10% WSC Student
Discounts!**



10% Senior Discounts

Ages 55+

Every Wednesday



On All Over-the-Counter Products!

www.providencecommunitypharmacy.com

What parents should know about asthma

No one ever fully knows what's around the corner in regard to their personal health, and children are not immune from that uncertainty. A child can seem fully healthy one day only to be unexpectedly diagnosed with a medical condition the next.

That scenario has unfolded for millions of children diagnosed with asthma, an incurable yet manageable disease. The Asthma and Allergy Foundation estimates that 4.9 million children in the United States have asthma, while Asthma Canada reports that more than 900,000 Canadian youths under the age of 19 have the chronic disease. Such figures underscore how important it is for parents to learn the basics of asthma.

What is asthma?

Asthma Canada reports that doctors define asthma as a chronic inflammatory disease of the airway. The World Health Organization reports that asthma is caused by inflammation and muscle tightening around the airways that makes it harder to breathe.

What are the symptoms of asthma?

The AAFA notes that asthma often begins in children, but its initial symptoms tend to vary depending on a child's age. Babies and toddlers exhibit different symptoms than school-aged children and teenagers.

The AAFA reports that, among babies and toddlers, signs and symptoms of asthma may include:

- Persistent, repeated coughing, which can occur at night
- Fast or rapid breathing
- A need to work harder to breathe
- Flaring nostrils
- Skin that sucks in around and between ribs or above the sternum
- Exaggerated belly movement
- Panting even when engaging in normal activities, such as playing
- Wheezing (a whistling sound)
- Trouble sucking or eating
- Tiredness that contributes to disinterest in normal or favorite activities
- Cyanosis, a tissue color change on



mucus membranes (tongue, lips, and around the eyes) and fingertips or nail beds. Cyanosis appears grayish or whitish on darker skin tones and bluish on lighter skin tones.

Signs and symptoms that affect school-aged children and teenagers may include the above but also:

- Shortness of breath
- Cough
- Pain or tightness in the chest
- Waking at night due to these symptoms
- A drop in their peak flow meter reading (if your child uses one)
- Exercise intolerance marked by an inability to engage in physical activity that's normal for the child's

age

Why do millions of children develop asthma?

Medical experts are uncertain about the exact causes of asthma in youngsters. However, the AAFA identifies various risk factors that could increase a child's

chance of developing asthma. Such risk factors include:

- A family history of asthma
- Respiratory illnesses, such as flu, RSV and colds
- Allergies and eczema (atopic dermatitis)
- A mother who smoked during pregnancy
- Exposure to secondhand and thirdhand tobacco smoke or e-cigarette aerosol after birth
- Living in an area with high air pollution

What is the prognosis for children diagnosed with asthma?

Treatment is vital to controlling asthma and limiting the extent of its effects on children's lives. According to the AAFA, when a child's asthma is under control he or she can expect to live a life with few or no symptoms and no interruptions to daily activities like sports, play and exercise. Kids whose asthma is being treated also can expect to miss fewer school days and require fewer trips to urgent care facilities and hospitals.

Asthma affects millions of children. Parents who learn about the disease can better identify when kids need treatment that can greatly reduce the effects asthma has on their daily lives.

Add to the Calender!

May 1 - School Cook Out!

May 1 - Academic Awards - NHS - Science & Art Showcase

May 2 - Senior Tea @ Methodist Church

May 2 - Seniors last day

May 3 - L & C Conference Track Meet @ Winnebago

May 4 - L & C Conference Golf Meet @ SSC

May 4 - FFA Banquet

May 7 - Elementary Track & Field Day

May 8 - Community Cleanup Day w/JH kids

May 9 - Gr 4&5 Field Trip to Lincoln

May 10 - Graduation at 11am

May 12 - 5th Grade Field trip to Aquafest

May 13 - Preschool Graduation

May 14 - 5th & 6th Grade Fishing Field Trip

May 15 - NSAAA C-3 District Track Meet @ Ponca

May 19 - Boys District Golf Meet @ Norfolk

May 19 & 20 - EARLY OUT at 1pm - semester tests

May 19 - Last Day of School for Elementary

May 20 - Last Day of School for High School

May 23-24 - State Track Meet

May 28-29 - State Golf Meet

ALLEN
Consolidated Schools



126 East 5th Street - Allen - 402-635-2484 - www.allenschools.org

Explore Someplace New

Discover The Recreation Areas Lower Elkhorn NRD has to offer

Cowboy Trail - Norfolk Connector
Maple Creek Recreation Area
Maskenthine Lake Recreation
Area Pilger Recreation Area
Willow Creek State Recreation Area

Nebraska's Natural Resources Districts offer numerous opportunities to enjoy and appreciate our natural world! NRD recreation facilities are built and operated to meet multipurpose needs - combining recreation with flood control, wildlife habitat enhancement, soil erosion and sediment control, among many others!

*Stars, Strolls
& S'mores*

Join us under the moon for our
Stars, Strolls & S'mores Moon Walks!

Wednesday, June 11th

Wednesday, July 9th

Wednesday, August 6th

NRD Recreation Exploration

The NRD Exploration challenges participants to explore as many NRD recreation areas as they can between March 1 & Sept 19, 2025. Join in on the fun this summer!



LOWER ELKHORN
Natural Resources District

1508 Square Turn Blvd
Norfolk, NE 68701

402.371.7313 | www.lenrd.org

Celebrate Father's Day

Father's Day is a celebration of dads near and far. Falling on the third Sunday of June each year, Father's Day presents an opportunity for families to come together and put the spotlight on fathers who work tirelessly for their children and provide them with love and support. Father's Day also is a chance to honor the men who serve as father figures or play special roles in people's lives.

It's easy for families to fall into a routine when it comes to celebrating Father's Day. Certainly dinner and gift-giving is traditional, but there are additional ways to provide Dad with the day he deserves. Explore these creative options.

Set up a scavenger hunt

Drag out the suspense of Dad getting his Father's Day gift by hiding it and requiring him to go through a series of clues to find it. When writing up the clue cards, spouses and children can reference particularly happy moments or things around the house that are representative of Dad's love. For example, a clue may read, "Here's where we like to snuggle together to watch our favorite show."

Take it outdoors

June weather tends to be pleasant, and

that means Father's Day celebrations can be held outside. Everyone can select a spot that Dad loves to visit, whether it's a hiking trail or a local park, and then plan activities around the chosen location.

Go on an adventure

Father's Day can be spent engaging in something the family has never tried before that may be exciting for Dad. Maybe he's always wanted to go off-roading on quads or try his skills at hatchet-throwing? The family can get together and choose an activity Dad will find engaging and that everyone can enjoy.

Make it a beach day

Dad might just want a break from the hectic pace of life on Father's Day. This is the perfect opportunity to head oceanside. For those who don't live by the coast, a river or lakefront spot can be an ideal alternative. Frequently these are touristy areas, so it could be relatively easy to find an eatery where everyone can make a reservation for lunch or dinner after enjoying a relaxing day with waves lapping the shore.

These are just a few clever ways to celebrate Father's Day. Families can choose activities that honor fathers and ensure he is feeling all the love.

Stay safe when around fireworks

Fireworks have been integral components of celebrations for centuries. These pyrotechnics originated in ancient China, with their earliest forms thought to be made from bamboo stalks thrown into a fire. Fireworks ultimately evolved into gunpowder-filled paper tubes. Modern fireworks still largely use traditional gunpowder as well as additional ingredients like aluminum and iron to create flashes, bangs and sparks. Additional elements are blended to create the colors that make for vivid fireworks displays.

Fireworks can be a wonder to behold, but there is no denying that shooting them off can be dangerous business. The U.S. Consumer Product Safety Commission reports that eight deaths and an estimated 9,700 injuries involving fireworks occurred in 2023. Of the eight deaths, five were associated with misuse of fireworks and two with a device malfunction. Fireworks injuries increased between 2008 and 2023, which underscores the importance of fireworks safety.

To celebrate safely, the CPSC urges consumers to follow these tips:

- Make sure fireworks are legal where you live and only purchase and set off those that are labeled for consumer use. Never purchase fireworks that are

designed for professionals.

- Children should not be allowed to play with or ignite fireworks. This includes sparklers. Sparklers burn at temperatures that can reach or exceed 2,000 F, which is hot enough to melt some metals.

- Stay sober when using fireworks. Alcohol or drug impairment can cause people to act recklessly and make mistakes when handling fireworks.

- Keep a bucket of water or a garden hose nearby in case of fire or another mishap.

- Only light one firework at a time, then move away from it quickly.

- Soak malfunctioning fireworks in water. Do not try to relight them.

- Never place any part of your body directly over a firework when lighting the fuse.

- Never point or throw fireworks at anyone.

- Douse spent fireworks with water before tossing them in the trash.

Spectators should remain at a distance from any fireworks being ignited. Fireworks should be lit away from buildings or trees. Many times it is safer to let professionals handle the fireworks since they are trained in the proper safety precautions.

GREAT SUMMERS START AT

SPORTS CAMPS

Tennis Camp – June 2-4
9:00-11:00am
Grades 1-6 (Fall 2025)
Fee: \$60 M / \$90 N
Registration Deadline: May 30

Volleyball Camp – June 9-11
9:00-11:00am
Grades 3-8 (Fall 2025)
Fee: \$60 M / \$90 N
Registration Deadline: June 6

Mike Trader Basketball Camp
June 16-19, 9:00am-4:00pm
Ages 7-18
Registration link provided on our website

Football Camp – June 23-25
9:00am-12:00pm
Grades 3-8 (Fall 2025)
Fee: \$60 M / \$90 N
Registration Deadline: June 20

GYMNASTICS **Special Summer Sessions**

Summer Session 2: June 2-27
Classes announced: May 12
Reg. opens: May 27 at 8am

Summer Session 3: July 7 - August 8
Classes announced: June 16
Reg. opens: June 30 at 8am

T-BALL - AGES 3-6

June 3-26
T/Th: 5:30 or 6:30pm
Fee: \$45 M / \$75 N

JULY SPORTS CLINICS

Limited to 30 in each session
Fee: \$30 M / \$45 N
Registration opens: May 1

Pre-K & Kindergarten: 5:30-6:15pm
Grades 1-4: 6:30-7:30pm

Jumpstarter Basketball Clinic – July 7-9
Kickstarter Soccer Clinic – July 14-16
Volleyball Basics Clinic – July 21-23
Grades 1-4 – 6:00-7:00pm

SWIM LESSONS

T/W/Th Evenings – \$45 M / \$75 N
Session 1: June 3-12
Session 2: June 17-26
Session 3: July 8-17
Session 4: July 29-Aug. 7
Session 5: Aug. 19-28

NORFOLK FAMILY YMCA

Check out our website for more information—
www.norfolkymca.org
402-371-9770

10th annual Gene Topp Memorial Car Show

CAR • TRUCK • TRACTOR

Best in Show Prizes:
\$1,500 - 1st place
\$1,000 - 2nd place
\$500 - 3rd place

FREE
FREE Face Painting
& Balloons
Sponsored by Fire Dept.

June 15th, 2025 1-4PM

Main Street Winside, NE
FREE To Enter. FREE To The Public.
Kiddie Parade & Family Activities All Afternoon!

NEW!
We're awarding show entrants \$2,000 through 40 random \$50 cash drawings!

Registration: 10am to 1pm Marotz Seed/Fontanelle Hybrids, 307 Main St
For Questions Call Sheila at 402-841-1420
For Kiddie Parade, Contact Shelby at 712-898-0093
Find us on Facebook: Gene Topp Memorial Car Show

Event funded in part by a grant from
WAYNE COUNTY
Convention & Visitor Bureau
waynecountynv.gov
(402) 375-2240



Providence Medical Center

Behavioral Health Services

It's OK,
to Not Be OK.



Stress • Anxiety • Depression • Substance Abuse • Relapse Prevention • Grief & Loss



Daniel Gillette,
MD Psychiatry



Matthew Dobbertin, D.O.
Child and Adolescent
Psychiatry



Andrew Corbin, PMHNP-BC
Psychiatric Mental Health
Practitioner



Kristin Kirby, LMHP
Licensed Mental Health
Practitioner



For appointments call the
PMC Outpatient Specialty Clinic

402-375-7953

Our team of providers ready to listen and create a treatment
approach customized to your specific needs.

Counseling is available for:

Adults, Children, Families, Couples, and Small Groups

Senior Life Solutions at Providence Medical Center

Group Therapy for Older Adults

Have you or a loved one...

- Recently experienced a traumatic event
- Lost a spouse or close family member
- Loss of interest in previously enjoyed activities
- Changes in appetite
- Difficulty sleeping or changes in sleep patterns
- Loss of energy
- Feelings of sadness or grief lasting more than two weeks
- Feelings of worthlessness or hopelessness

This program is designed to meet the unique needs
of seniors by providing support, answers, and
direction for an improved quality of life.



Call Us. We Can Help.

(402) 375-7958

1200 Providence Road, Wayne | www.providencemedical.com