

SUBURBAN SEPTIC



The Vestal Town Crier

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Vol. 36 No. 3 NEWSTAND PRICE \$1.00 Friday, September 6, 2024 SUBSCRIBE at Publisher@TiersNews.com

Vestal Fire Was Dispatched To Automatic Alarm At The Old Central Junior High

WELCOME BACK TO SCHOOL!



Photos Courtesy of the Vestal Fire Department on Facebook

PET OF THE WEEK:
Phoenix



Hi, I'm Phoenix! My humans like to call me Nix for short. I just recently celebrated my 5th birthday! I got a new star toy and as you can see, I'm very attached to it! My favorite things to do are jumping on every possible surface in the house, knocking things off of counters, and spying on the neighbors through the windows. I also don't mind some good cuddles!

JOIN MIDWAY LANES FOR OUR 2024/2025

25TH ANNIVERSARY

FALL AND WINTER LEAGUE SEASON

FUN | AFFORDABLE | FIT FOR EVERYONE

MONTHLY GIVEAWAYS AND A SPECIAL WEEK LONG EVENT YOU WON'T WANT TO MISS!

Saturday, September 7th, 9:30AM



Send in a photo of your pet with a short bio to: kirsten@tiersnews.com to have your pet in the paper!

VESTAL POLICE REPORT



Vestal CALENDAR

Sunday, September 8th

>India Day

The India Cultural Center, 12PM- 5PM

> Vestal United Methodist Church Service and Church Picnic, 10:30 AM, Arnold Park

Monday, September 9th

Town Board Work Session, 6PM

Tuesday, September 10th

Mad For Art- Jar Lanterns

6PM, VPL Meeting Room- Sign Up Online

Wednesday, September 11th

>Tech Assistance

10AM, Vestal Senior Center

>Teen Yoga- Ages 12-18

3:30PM- 4:30PM, VPL Meeting Room

>Pins & Needles: Knit And Crochet

6PM, VPL

> Town Board Meeting, 6PM

Friday, September 13th

>All American Pie & Ice Cream Social

6PM- 8PM, Vestal Center United Methodist Church, 478 West Hill Rd.

>Open Game Day (All Ages)

11AM- 3:30PM, VPL Meeting Room

Saturday, September 14th

>Every Cat's Dream Adoption Event

10AM- 3PM, VPL Meeting Room

>Second Saturday Series: Richie & Rosie

7PM- 9PM, Vestal Coal House, Free Admission

Sunday, September 15th

Officer Relief Fund Breakfast

8AM- 11AM, Vestal Elks Club, \$15 Per Person

Tuesday, September 17th

Board of Education Meeting, 6PM,

Admin Board of Education Conference Room

Wednesday, September 18th

>Board Game Night

6PM, VPL

>VPL Board of Trustees Meeting

6:30PM, Meeting Room

Saturday, September 21st

CHOW Hunger Walk

12PM- 4PM, The Oakdale Commons

Terence Compton, 33, Endicott, arrested for Criminal Trespass 3rd Degree for entering Kohl's after previously being banned from the location.

Mandy Gillespie, 36, Binghamton, arrested for Burglary 3rd Degree for entering Wal-Mart and shoplifting after previously being banned from the location.

Ricky Yang, 25, NY, NY, arrested for Petit Larceny for shoplifting from Wal-Mart.

Andrea Chadwick, 43, Endicott, arrested for Petit Larceny for shoplifting from Kohl's.

Jenna Vandemortel, 36, Endicott, arrested for Petit Larceny for shoplifting from Wal-Mart.

Kassondra Fitzpatrick, 27, Endicott, arrested for Petit Larceny for shoplifting from Wal-Mart.

Nathan Lanner, 32, Johnson City, arrested for two counts of Criminal Possession of a Controlled Substance 7th Degree, Criminal Use of Drug Paraphernalia 2nd Degree and Criminal Impersonation 2nd Degree for giving a false name, and possessing Meth, another controlled substance and a digital scale during a traffic stop.

Cory Grimes, 42, Binghamton, arrested for two counts of Criminal Possession of a Controlled Substance 7th Degree and Criminal Use of Drug Paraphernalia 2nd Degree for possessing LSD, Meth and a digital scale during a traffic stop.

Macy Blake, 30, Binghamton, arrested for Petit Larceny for shoplifting from Wal-Mart.

Zachary Fellows, 34, Apalachin, arrested for Forgery 2nd for signing the victim's name on the completed fingerprint submission.

Brad Williams, 34, Endicott, arrested for Petit Larceny for shoplifting from Weis.

Terra Hull, 43, Vestal, arrested for Petit Larceny for shoplifting from Wal-Mart.

Adam Riley, 41, homeless, arrested for two counts of Bail Jumping 3rd Degree for failing to appear in Vestal Town Court on a scheduled court date or within 30 days thereafter.

James Thomas, 45, homeless, arrested for Petit Larceny for shoplifting from Weis.

Stephen Portnoy, 31, Vestal, arrested for Harassment 2nd Degree for charging at the victim, causing them to fall into a cabinet and then to the floor.

EDITORIAL NOTES

We have been receiving letters and reviews of the changes to the Vestal Town Crier, we will post them here without names listed. The absence of names has a long history in American Reporting, up until the early to mid 1970's. We do so to protect our sources.

WE APPRECIATE ALL STORY TIPS AS WELL
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301 N. Stage Rd., Vestal



Regular Meeting Minutes of the Vestal Town Board

NEWSPAPER EDITED, August 21

TOWN BOARD PRESENT:

Supervisor Maria Sexton Councilwoman Sue Messina Councilman Stephen Donnelly Councilman Glenn Miller Councilman Robert Greene (Absent)

ALSO ATTENDING:

Town Clerk Debra Wallace, Town Comptroller Nicholas Angeline and 27 members of the public.

Supervisor Sexton convened the meeting at 6:00 PM.

1. PLEDGE OF ALLEGIANCE
2. APPROVAL OF MINUTES
3. BID OPENINGS
4. PUBLIC HEARING

Jerry Schultz and Mark Tomko presented a video and a presentation on the Vestal Emergency Services. The video is available online to view.

Supervisor Sexton stated that the reason this over ride is necessary is the approval of the EMS as a taxing district would bring the Town Budget over the tax cap even though the Fire Department will be removed from the Town Budget. The EMS is added prior to the Fire Departments separation therefore an override is necessary.

Mark Tomko stated that the increase to the Town Tax Payers will be \$.42 per thousand of your Assessment.

Member of the public asked why the EMS cost is based on tax payers' assessments and not a flat rate per household? This member feels that you shouldn't have to pay more for EMS services just because you own a larger home or have more land.

Member of the public asked how the EMS is currently purchasing new equipment?

Tomko stated that cash flow has been the main source. The EMS has had to take out loans at times and have tried to be as frugal as possible but they cannot sustain itself any longer.

The Ems has had a Fund balance previously however that balance has no funds left.

Member of the public asked why Vestal Tax Payers have to pay for Binghamton University EMS calls?

Tomko stated that we don't. Dobbs Ferry is responsible for Binghamton University.

This member wants to know why the tax payers have to pay for business and nursing homes calls in the town.

Supervisor Sexton explained that all properties in the Town of Vestal pay taxes, stores and nursing homes included.

Member of the public asked if the \$.42 per thousand is

locked in amount for a certain period of time or can that double or triple next year?

Tomko responded and stated that they are under the 2% tax cap as well as the Town so it would not be able to double or triple.

This member wanted it clarified that even though the Fire Department is coming off the Town Budget this does not mean that the tax payers are saving any money. We will still be paying for the Fire District just in a different place.

Supervisor Sexton stated that that is correct.

Therefore, we will be increasing our tax burden by \$.42 per thousand for this year and then it will increase every year.

Member of the public asked how much over the 2% tax cap is the Town Board asking for?

Supervisor Sexton stated that she can not answer that at this point, the Town Budget process is just beginning.

Member of the public asked why we can't combine services with the County and share the burden?

Councilman Donnelly stated that is a bigger conversation beyond the Town Board.

Member of the public asked why we can't just charge individuals who use the EMS?

Tomko stated that is what we have been doing but it can not be maintained any longer due to the amount the insurance companies, Medicaid and Medicare reimbursed for services.

4.1.1: A Local Law to Override the Tax Levy Limit Established in General Municipal Law § 3-c.

5. SUPERVISOR UPDATES

6. PRIVILEGE OF THE FLOOR 7. RESOLUTIONS & MOTIONS

On a motion by Councilman Donnelly and seconded by Councilman Miller, the following was ADOPTED Sexton, Messina, Donnelly, Miller, Greene (absent)

Resolution to Establish Town Wide Ambulance District

Resolution authorizing the Establishment of a Town-wide Ambulance District under Town Law Article 12-A.

8. PUBLIC WORKS (DONNELLY/Greene)

9. FINANCE (MESSINA /Donnelly)

10. PERSONNEL (DONNELLY/Messina)

11. PLANNING & ZONING (MESSINA/Greene)

12. PUBLIC SAFETY (MESSINA/Greene)

13. ADMINISTRATION (GREENE/Donnelly)

RECEIVE AND FILE:

14. PETITIONS & PROTESTS

15. OLD BUSINESS

16. OTHER NEW BUSINESS

On a motion by Councilman Donnelly and seconded by Councilwoman Messina, the following was ADOPTED Sexton, Messina, Donnelly, Miller, Greene (absent)

Authorization to Advertise for Permissive Referendum for EMS

Authorization to advertise on Monday, August 26, 2024, the Notice of Adoption of Resolution subject to permissive referendum regarding the establishment of a Town- Wide Ambulance District

17. SUPERVISORS ANNOUNCEMENTS

18. COMMITTEE CHAIR COMMENTS AND UPDATES 19. PUBLIC COMMENTS

ADJOURNMENT

On a motion by Councilwoman Messina, seconded by Councilman Donnelly the meeting was adjourned at 7:08 P.M. Carried unanimously.

On a motion by Councilman Miller, seconded by Councilman Donnelly the meeting was reconvened at 7:13 P.M. Carried unanimously.

On a motion by Councilman Donnelly and seconded by Councilwoman Messina, the following was RESCINDED Sexton, Messina, Donnelly, Miller, Greene (absent)

Rescinding of R2024-195

Resolution to Establish Town Wide Ambulance District

Resolution authorizing the Establishment of a Town-wide Ambulance District under Town Law Article 12-A.

On a motion by Councilman Donnelly and seconded by Councilwoman Messina, the following was ADOPTED Sexton, Messina, Donnelly, Miller, Greene (absent)

Approval to Override the Tax Levy Limit

A Local Law to Override the Tax Levy Limit Established in General Municipal Law § 3-c.

On a motion by Councilwoman Messina and seconded by Councilman Donnelly, the following was ADOPTED Sexton, Messina, Donnelly, Miller, Greene (absent)

Resolution to Establish Town Wide Ambulance District

Resolution authorizing the Establishment of a Town-wide Ambulance District under Town Law Article 12-A.

ADJOURNMENT

On a motion by Councilwoman Messina, seconded by Councilman Donnelly the meeting was adjourned at 7:14 P.M. Carried unanimously.

Approved by Debra Wallace, Town Clerk

Vestal Town Crier

NEWS/ADVERTISING DEADLINE

The Vestal Town Crier goes to press on Wednesdays. Deadline for news and advertising is the Friday before the desired week of publication.

SUBSCRIPTION RATES

Subscription rates to The Vestal Town Crier are \$35 a year in Broome County, \$100 outside of Broome County, and papers are mailed every Thursday from Conklin.

LETTERS TO THE EDITOR

All letters to the editor are welcomed. All letters must be signed and include the phone number of the writer, to be used for verification of authenticity, not for publication. The editor reserves the right to refuse to publish letters which contain potentially libelous or erroneous statements. Also, letters endorsing political candidates are considered advertisements and should be prepaid as is all political advertising. No letters to the editor regarding political candidates will be accepted.

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SCHOOL FACTS

1. The world's largest school is in Lucknow, India.
2. The longest school bus ride on record is over 13,000 miles.
3. The world's largest library is located at Harvard University, containing over 20 million volumes.
4. The most common surname among high school students in the United States is Smith.
5. The average person will spend over 10 years of their life in school.
6. The term "school" has its origins in the Greek word "skhole" which means leisure or free time. In ancient Greece, education was pursuit of knowledge during moments of leisure.
7. There are approximately 480,000 registered school buses in the United States.

VESTAL ELKS LODGE CAR SHOW HUGE SUCCESS!

PHOTOS COURTESY OF CHANDELLE LOREN!

Our car show was a huge success this year we raised over \$8000 for our Veterans Committee and Christmas Charities. We could not have done it without the 130 participants and the following sponsors

Endwell Auto Service, Gault Auto, Matthews Auto Group, ICS, Broome Co-Operative Insurance Group, Terry Strauss Agency, Big Dipper, Empire Access, Performance Auto Sport. And the following businesses that donated raffle prizes Goat Boy, Owego Beer & Donut, Donolis, The Left Bank, Home Central, Tell Pines Golf Course, Rossi's, Nirchis, Jim Roma's, Vestal Bakery, Splash Car Wash, Kimberly's Greenhouse, Franks, Country Wagon, Langlands, Our Country Hearts . Kelli's 2, Texas Roadhouse, Outback, Buffet Star, Applebees, Los Tapatios, Music City, Lupos, Kyle Konecy Taxidrtmy, California Grill, Weis, Wegmans, St Joes Winery, Rumble Ponies, Dunkin Donuts, A L George. Thank you to Bridgewater Church for the use of their parking lot, Gary Kaschak with his unique grill, Knucklehead Embroidery T Shirts, Traditions golf carts

Save the date next years Car Show: August 23,2025

The car show would not be possible without the help of all the volunteers Thank You Again



VESTAL FIRE TRAINS WITH "PORTABLE POND"

Vestal Fire Stations One, Two, Three and Four practiced using a folding "Portable Pond" at training. At an actual fire Tankers 2 & 3 would dump their water into the Portable Pond then go fill them up again. This refill water can be taken from a hydrant or "Drafted" by suction from a creek or pond. When the Tanker is full it will "Shuttle" the water back to the Portable Pond where it is dumped in a matter of minutes.

With multiple Tankers shuttling water to the Pond a steady amount of water can, as refills permits, be drawn from the Pond as it's refilled over and over. At the practice tonight some of our newer Members received instruction on the proper use of a handline hose to put out fires.

If you'd like to be part of something like this stop by any of Vestal's four fire stations between 6:30 and 7:00 on Monday nights. The steps to join are not hard, and it's probably the most rewarding thing you can do, helping others in need.



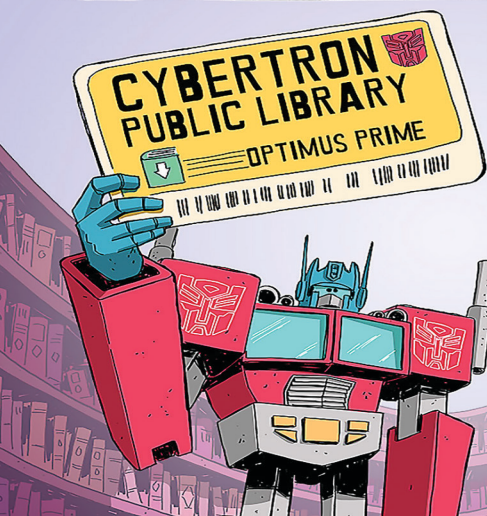
Vestal CSD is now on Instagram!

Follow us @vestalcentralsd to stay updated on all the latest happenings, events and highlights from our incredible schools.



Photos Courtesy of the Vestal Fire Department on Facebook

LIBRARIES- MORE THAN MEETS THE EYE...



ROLL OUT WITH A LIBRARY CARD.

September is **LIBRARY CARD SIGN-UP MONTH**

REGISTRATION IS NOW OPEN!
SATURDAY, SEPTEMBER 28TH
VESTAL CHEERLEADING PRESENTS:

SATURDAY NIGHT LIGHTS

Cheer Competition

We will compete on the VHS Football Field
UNDER THE STADIUM LIGHTS

DICK HOOVER STADIUM 205 WOODLAWN DRIVE, VESTAL, NY 13850

GAMEDAY CHEERLEADING COMPETITION

Regular Meeting Minutes of the Vestal Town Board

NEWSPAPER EDITED, August 28

TOWN BOARD PRESENT:

Supervisor Maria Sexton Councilwoman Sue Messina Councilman Stephen Donnelly (Absent) Councilman Glenn Miller Councilman Robert Greene (Absent)

ALSO ATTENDING:

Town Clerk Debra Wallace, Town Attorney Daniel Reynolds Angeline and 8 members of the public. Supervisor Sexton convened the meeting at 6:04 PM.

1. PLEDGE OF ALLEGIANCE

2. APPROVAL OF MINUTES

On a motion by Councilman Miller and seconded by Councilwoman Messina, the following was ADOPTED Sexton, Messina, Donnelly (Absent), Miller, Greene (absent)

2.1 Motion approving the August 14th, 2024 Minutes of the Regular Meeting of the Town Board.

3. BID OPENINGS

Parkway Pump Package Bids were opened 8/14/24 at 2:00 PM in the Town Clerk's Office with Todd Hunsinger and Sarah Maney, Deputy Town Clerk present.

W20

131 Port Watson Street, Cortland, N.Y. 13045 Bid Price \$87,835.00.

4. PUBLIC HEARING

The issuance of an Aquifer Permit regarding the premises situate at 3039 Vestal Road for the construction of a diesel fuel storage tank and fueling station for Casella Waste vehicles, in the Town of Vestal, New York.

No one wished to speak. Supervisor closed the public hearing.

5. SUPERVISOR UPDATES

6. PRIVILEGE OF THE FLOOR

7. RESOLUTIONS & MOTIONS

On a motion by Councilwoman Messina and seconded by Councilman Miller, the following was ADOPTED Sexton, Messina, Donnelly (absent), Miller, Greene (absent)

Resolution to Endorse the Vestal Fire District Dissolution Plan

Resolve to endorse the Vestal Fire District Dissolution Plan.

8. PUBLIC WORKS (DONNELLY/Greene)

On a motion by Councilwoman Messina and seconded by Councilman Miller, the following was ADOPTED Sexton, Messina, Donnelly (absent), Miller, Greene (absent)

Approval to Award W20 Parkway Pump Package Bid

Request from Scott Groats, Water & Wastewater Superintendent, for the Town Board to award the Parkway Pump Package to the single bidder, W20, 131 Port Watson Street, Cortland, N.Y. 13045. Bid Price \$87,835.00.

9. FINANCE (MESSINA/Donnelly)

On a motion by Councilman Miller and seconded by Councilwoman Messina, the following was ADOPTED Sexton, Messina, Donnelly (absent), Miller, Greene (absent)

Approval to Pay Hancock Estabrook LLP

Authorization for the Town Board to approve payment in the amount of \$8,700.00 to The Law Firm of Hancock Estabrook, LLP., for outside counsel fees for legal services rendered through July 31, 2024.

On a motion by Councilman Miller and seconded by Councilwoman Messina the following was ADOPTED Sexton, Messina, Donnelly (absent), Miller, Greene (absent)

Authorization to Pay Coughlin & Gerhart LLP

Authorization for the Town Board to approve payment in the amount of \$495.00 to The Law Firm of Coughlin & Gerhart, LLP., for outside counsel fees for professional services rendered through July 31, 2024.

10. PERSONNEL (DONNELLY/Messina)

On a motion by Councilman Miller and seconded by Councilwoman Messina, the following was ADOPTED Sexton, Messina, Donnelly (absent), Miller, Greene (absent)

Authorization to Hire DelGaudio

Authorization to appoint Matthew DelGaudio retroactively to the position of Museum/Rec Planner at the rate of \$20.00 per hour for 20 hours per week effective August 22, 2024. Such appointment is contingent on all Town and civil service requirements being satisfied. Funding for this position is from budget line A7450.

11. PLANNING & ZONING (MESSINA/Greene)

On a motion by Councilman Miller and seconded by Councilwoman Messina, the following was ADOPTED Sexton, Messina, Donnelly (absent), Miller, Greene (absent)

Authorization to Advertise for Public Hearing Local Law "D"

Authorization to advertise on September 4, 2024 for a Public Hearing to be held on Wednesday, September 11, 2024. The Public Hearing is for proposed Local Law "D" of 2024 regarding the revisions to Town Code, Chapter 12, Article VII, Peddlers, Hawkers and Solicitors.

12. PUBLIC SAFETY (MESSINA/Greene)

13. ADMINISTRATION (GREENE/Donnelly)

RECEIVE AND FILE:

- Warrants: 2024: 33C, 33G, 33M, 33T, 34C, 34G, 34M, 34T
- Liquor License for 3401 Vestal Road

14. PETITIONS & PROTESTS

15. OLD BUSINESS

16. OTHER NEW BUSINESS

17. SUPERVISORS ANNOUNCEMENTS

- The last round of brush pick will occur this month on Sept.5th
- Vestal Memorial Pool will be closing on Aug 31st. Thank you to all that have helped to make it a wonderful season

18. COMMITTEE CHAIR COMMENTS AND UPDATES

19. PUBLIC COMMENTS

Member of the public spoke and wanted to thank the Town for the new code regarding roosters. This member would like the town to hire a Rooster Control Officer.

Supervisor Sexton stated that the Town is continue to work on the code regarding animal control.

ADJOURNMENT

On a motion by Councilwoman Messina, seconded by Councilman Miller the meeting was adjourned at 6:23 P.M. Carried unanimously.

Approved by Debra Wallace, Town Clerk

Town Of Vestal Zoning Board Of Appeals

NEWSPAPER EDITED, August 8

In the Matter of the Application of

Stephen Langeland

SJL Contracting, LLC

281 Academy Drive

Vestal, NY 13850

B.C.T.M.P. # 173.24-2-25

DECISION

For an Area Variance as required by Chapter 24, Article IV, Division 2, Section 24-180(b)(3)(a), of the Code of The Town of Vestal, Broome County, New York (Zoning Ordinance).

At a meeting duly scheduled for August 8, 2024 the Zoning Board of Appeals of the Town of Vestal held a public hearing at 6:00 PM to consider the application Stephen Langeland representing Robert & Carol Waltersdorf, regarding premises situate at 281 Academy Drive, Vestal, NY 13850, B.C.T.M.P.# 173.24-2-25 for an Area Variance as required Chapter 24, Article IV, Division 2, Section 24-180(b)(3)(a), of the Code of The Town of Vestal, Broome County, New York (Zoning Ordinance), pertaining to having less than the required front yard setback in an RA-1, One Family Residence District. Appearing in support of the Area Variance request is Stephen Langeland of SJL Contracting.

Proof of publication of the notice of the hearing in the Press & Sun-Bulletin was submitted, and the Board's letter to the applicants in response to their application was read. The applicant submitted a package outlining the request along with a copy of the Broome County GIS parcel mapper, a diagram of the proposed deck and dimensions, and a letter

from the property owners giving him permission to represent them for this variance request. The applicants took the Board members through their request.

Board members present, Mark Tomko, Chairman, Clayton Ellis, and Carolyn Almy. This represents a quorum of the Board for this meeting. All Board members stated that they had visited the site and were familiar with the character and nature of the area and this property.

After due deliberation, the Zoning Board of Appeals makes the following findings of fact and conclusions of law:

Applicant is requesting an Area Variance approval to construct a 10° x 20° deck on the front of their house to approximately 22' from the front property line. An 8' +/- variance is requested to the required 30° front yard setback as required by code. The applicant states that the property owners would like to build this deck to replace a smaller deteriorating deck and this deck would enhance their safety, allow them to utilize the deck as increased outdoor living space and enhance the visual appeal of the property.

The meeting was opened to the public. The public portion of the meeting was closed as no members of the public were present or wished to be heard.

Therefore, in consideration of the above, and in balancing the factors of; 1.) Whether an undesirable change would be produced in the character of the neighborhood or would be a detriment to the nearby properties; 2.) Whether the benefit

sought by the applicant can be achieved by a feasible alternative, 3.) Whether the requested variance is substantial; 4.) Whether the requested variance would have an adverse impact on the physical or environmental conditions in the neighborhood; and 5.) Whether the alleged difficulty was self-created;

A motion was made by Carolyn Almy to approve an Area Variance of 8' +/- to the front yard setback to allow construction of a 10' x 20° deck 22' from the front property line as per Chapter 24, Article IV, Division 2, Section 24-180(b)(3)(a), at B.C.T.M.P. # 173.24-2-25 aka 281 Academy Drive, Vestal, NY 13850 as presented to the Board.

The motion was seconded by Clayton Ellis. A vote was called and:

The request for an Area Variance is hereby GRANTED by a 3-0-0 vote. The vote was unanimous and the votes were cast as follows: Chairman, Mark Tomko -A YE, Clayton Ellis -AYE, and Carolyn Almy-A YE.

The Code Enforcement Officer is herewith authorized to take the necessary action to carry out the provisions of this Decision, and to ensure that the construction is performed to the requirements of the Code.

Dated: August 16, 2024 ZONING BOARD OF APPEALS OF THE TOWN OF VESTAL

By Mark Tomko-Chairman

Golden Bears Swimmers & Divers Set to Defend STAC Metro Championship

By Hal Ehrhardt

Vestal Girls Swimming & Diving coaches Joe Shore and Sara Rostedt will begin their 4th season in a unique position. For their first time the Golden Bears will be the defending STAC Metro division champions. They won last season, for the first time since 2019, by sweeping the five-team division including a win over prior champion Maine Endwell. The Golden Bears are favored for a repeat as they return four STAC Metro All-Stars along with a large and strong senior class of nine athletes.

The team opened their season last night (results unavailable) with a meet at Union-Endicott who loves to use their small 4-lane pool to pull upsets over larger teams. Tuesday, September 10th, the Golden Bears host the ME Spartans, in what may decide this year's STAC Metro championship. Vestal will compete in a pair of local invitational meets later this month including the Johnson City Wildcat relay meet (9/14) and the ME Invitational (9/28).

Leading the team will be their four senior captains: Charlotte Coker, Jay Ratterree, Mary Sonnen and Reagan Young. Both Ratterree and Young are returning STAC All Stars with Ratterree one of the top area distance swimmers and Young ranked in the Top-15 of both sprint events. Both junior Fran Vallone (distance) and freshman Yih Hui Lim (IM, Back) are also returning All Stars. On the boards, returning 8th grader Olivia Tanton will enter the season highly ranked in Section 4, as well as having All Time Vestal Top-5 scores for both 6 and 11 dives leading three Vestal divers working with Coach Rostedt.

Others who have earned a pre-season Top-25 (Section 4, STAC or Class A) or a Top-10 ranking for their grade include seniors: Sonnen, Megan Jones, Anne Coleman, Coker and Sua Choi. Team challenges include finding some depth in the specialty events (Fly, Back & Breast), as well as in the diving. The roster includes seven newcomers along with 13 returning Vestal athletes.

Coaches Shore and Rostedt have set the same goals as prior seasons, seek each individual's top times and diving scores at the end of the season, as they look to improve on their three consecutive 3rd place finishes at Class A Sectionals. Last year they edged Ithaca, while finishing behind Horseheads and Corning in the seven-team field (with UE, Elmira, and Binghamton). Those goals should also help them improve on their 5-3 dual meet record when they face Corning, Ithaca and Horseheads in the 2nd half of this season. September meets with Elmira and Johnson City, along with a season ending meet at Binghamton round out the season.

Vestal 2024 Pre-Season Rankings in Section 4 (S=STAC Top-25; A=Class A Top-25)

Medley Relay: 1st Horseheads (1:52.05); 8th Vestal (2:03.09 S-8, A-4);

200 Free: 1st Teschl (ITH 1:58.46); 4th Ratterree (2:02.83 S-4, A-2, #3 Sr); 14th Vallone (2:10.84 S-13, A-7, #4 Jr); 19th Sonnen (2:12.76 S-18, A-11, #9 Sr); Young (2:18.18 A-18); Jones (2:19.01 A-19);

200 IM: 1st Bascom (ITH 2:18.68); 8th Lim (2:26.17 S-8,

A-5, #2 Fr); 10th Ratterree (2:28.54 S-10, A-6, #6 Sr); 19th Vallone (2:35.59 S-21, A-10, #7 Jr);

50 Free: 1st Kittle (WAV 23.51); 14th Young (26.75 S-15, A-7, #7 Sr); 20th Lim (27.05 S-21, A-12, #2 Fr); Ratterree (28.58 A-24);

Diving (6): 1st Katchuk (OFA 346.45); 8th Tanton (216.50 S-7, A-3, #2 Fr); 25th Coleman (101.75 S-23, A-10, #9 Sr);

Diving (11): 1st Katchuk (OFA 558.80); 6th Tanton (400.55 S-6, A-3, #2 Fr);

100 Fly: 1st Beers (CV 58.33); 25th Lim (1:11.94 S-22, A-10, #4 Fr); Ratterree (1:17.39 A-19); Vallone (1:17.64 A-20);

100 Free: 1st Kittle (WAV 53.09); 14th Young (58.47 S-14, A-7, #9 Sr); 19th Ratterree (59.30 S-18, A-10); Lim (59.92 S-24, A-12, #3 Fr); Sonnen (1:00.57 A-13); Vallone (1:02.34 A-20); Jones (1:02.98 A-24);

500 Free: 1st Teschl (ITH 5:22.44); 2nd Ratterree (5:22.97 S-2, A-2, #1 Sr); 11th Vallone (5:50.47 S-11, A-6, #2 Jr); Coker (6:17.52 A-15); Sonnen (6:18.49 A-16); Young (6:20.58 A-20);

200 Free Relay: 1st Horseheads (1:39.83); 10th Vestal (1:50.75 S-9, A-4);

100 Back: 1st Kittle (WAV 59.25); 11th Lim (1:06.23 S-11, A-7, #1 Fr); Young (1:14.30 A-16);

100 Breast: 1st Bascom (ITH 1:11.61); 14th Jones (1:19.57 S-14, A-6, #8 Sr); 18th Lim (1:20.26 S-18, A-8, #6 Fr); Ratterree (1:25.59 A-16); Choi (1:28.04 A-21);

400 Free Relay: 1st Corning (3:46.14); 6th Vestal (3:57.12 S-5, A-4);

Back to Basics—Recycling

It is a time to try to reduce plastic use in our daily lives. To help, it is important to know what can and cannot be recycled in New York State. Recycling guidance can vary depending on location, so it is best to familiarize yourself with recycling guidelines specific to the area in which you live. DEC works with Recycle Right New York to help provide information to New York State residents on recycling guidelines. It is best to reuse and repurpose whenever possible. But when those are not options, you will find most items fall into one of these groups:

Recycle—in general, items such as milk jugs, laundry detergent bottles, cereal boxes, soup cans, glass food and beverage containers, office paper and newspapers, can be recycled. Make sure items are properly prepared – such as flattening boxes and rinsing out cans.

Film plastics—in store drop-off—includes items such as bread bags, cereal bag liners, , produce bags, and plastic sandwich and storage bags. These items are covered under the New York State Plastic Bag Reduction, Reuse, and Recycling Act. Look for in-store collection bins near you at large retailers.

Household hazardous waste—pertains to items which need special handling in order not to be harmful to human health or the environment. Common examples are anti-freeze, hazardous paint, household hazardous batteries, solid/liquid pesticides, mercury containing devices, and fluorescent bulbs. Keep an eye out for a household hazardous waste collection day in your community. Such events are held certain times throughout the year. There are also some communities which have designated collection sites—it is recommended that you call ahead to verify which items are being collected.

Electronics—certified site drop-off—covers items such as computers, monitors, printers, gaming consoles, hearing aids, DVD players, and other similar products. These items

fall under the NYS Electronic Equipment Recycling and Reuse Act. Learn about collection sites and take back programs near you.

Organic Materials—items which can breakdown and decompose through composting. Visit DEC's website to learn about home composting. An alternative is to find a collection service or food scrap drop-off location in your area.

Landfill, local transfer station, or large curbside pickup—this is for large items such as grills, mattresses, bicycles, water heaters and artificial Christmas trees. Some items may also have alternate ways to recycle. Speak with your local transfer station or your curbside pickup hauler to confirm what items they accept. Often there are fees associated with such disposal methods.

Return to retailer—is for items which are no longer usable where “take back” programs are offered. In such instances, the item can be returned to the original place of purchase, or another similar retailer who offers such products for sale. Samples include cell phones, rechargeable batteries, and tires.

Scrap metal recycling—is for certain metal-based products which are not included in typical household recycling programs. Some communities may offer curbside pickup of scrap metal. For those which do not, look for a nearby scrap metal collection site. Items include wire coat hangers, air compressors, ironing boards, certain appliances, and general scrap metal.

Bottle deposit and redemption sites—in general this covers beverage containers for carbonated soft drinks, beer and other malt beverages, mineral water, soda water, water and wine cooler containers. There are also size restrictions on container size. Return to a retail or dedicated beverage container collection site and get your 5-cents back per container. For more details, visit our NYS Bottle Bill webpage.

Items to sell or donate—this includes a wide array of

items which are still in good working condition but just are no longer needed by the current owner. Examples are clothing and textiles, toys, small appliances, and so much more. Consider selling at a yard sale or donating to a thrift store. Before donating items, be sure to check what types of items a location accepts. You could also sell on an on-line marketplace. If you could still use the item, but it needs repair—look for a “Repair Café” near you to help fix the item instead of discarding it and buying new.

Odd ball items—do not put in recycling—pertains to various items. First, try to reuse the item if possible. If you cannot reuse or repurpose the item, properly dispose of it. This includes a variety of items—visit the Recycle Right New York website for further details and guidance.

As with all items, check your local recycling guidelines as recycling guidelines may vary by municipality. Remember, you can find more detailed information by visiting the Recycle Right New York's NYS Recyclopeda.

Giving Your Items a Second Life

Instead of throwing away broken items and replacing them with new ones, what if you fix/mend your items instead? You can give your items a second life through repair. To repair is to take something broken and fix it so it's as good as new. On the new DEC webpage, Give Your Items a Second Life with Repair, you can learn about the many benefits of repair, like helping the environment, saving money, and getting involved in your community. If you're unsure where to start, you can use this webpage to learn about repair cafes, tool libraries, and the New York Digital Fair Repair Act.



“ALL AMERICAN” PIE & ICE CREAM SOCIALS



At the
Vestal Center
United Methodist
Church

478 West Hill Rd.

*Friday - September 13th -
6-8PM



CORNELL COOPERATIVE EXTENSION OF
BROOME COUNTY PRESENTS:

FARMERS MARKET COUPON DISTRIBUTION

\$15 per veteran per month will be
given out at farmers markets in
Broome County. No purchase
required.

Proof of veteran status required. Veteran must
be in attendance.

SEPTEMBER 14TH, 9AM-1PM

OCTOBER 12TH, 9AM-2PM

NOVEMBER 9TH, 9AM-1PM

If you would like to receive our monthly BC
Veterans Newsletter, email your name to
jjw288@cornell.edu

- Vestal Farmers Market
- Windsor Farmers Market
- Binghamton Farmers Market
- Broome County Regional Farmers Market

Cornell Cooperative Extension
Broome County
Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities.

Blue Brothers National LEMC

Officer Relief Fund Breakfast

ANNUAL FUNDRAISER

Pull up a seat and grab something
to eat! Come support the Blue
Brothers National LEMC as we
raise money to help Officers in a
time of need.



Vestal Elks Club
2071 Vestal PKWY Vestal NY
September 15th 8 AM - 11 AM
\$15 per Person



FALL FUR ME ADOPTION EVENT

JOIN US FOR AN ADOPTION
EVENT!
ADOPTABLE KITTENS & CATS
BAKESALE | POP UP GIFT SHOP



SEPT
SATURDAY 14 10:00-3:00PM
2024

VESTAL PUBLIC LIBRARY
320 VESTAL PARKWAY EAST
VESTAL, NY 13850



42nd ANNUAL CHOW Hunger Walk

Help STOP
Hunger in
our
community!



JOIN US AT THE OAKDALE COMMONS FOR
GAMES, LIVE MUSIC, RAFFLES & FUN FOR THE
WHOLE FAMILY!

SATURDAY 9/21/2024
12- 4 PM - WALK AT 1PM



NUTRITION DEMOS AT THE VESTAL FARMERS MARKET

- | | | |
|----------------|----------------|----------------|
| August 21st | August 28th | September 4th |
| September 11th | September 18th | September 25th |

Join the CCE Broome Nutrition Team at the
Vestal Farmers Market on the above
Wednesdays at 10 am. Customers who stay
for a 20-minute nutrition lesson will receive a
\$10 voucher to shop at the market!

Cornell Cooperative Extension | Broome County

RUMMAGE SALE

Saturday, September 7th
1029 Imperial Woods Dr. Vestal
Multi-Family!!! Something for everyone...
Lots of Brand New Merchandise, Collectables,
Household, Car Parts, Outdoor Furniture,
Christmas Trees too much to list.

India Cultural Centre
presents
india day 2024
A day full of Cultural performances, Indian Food and much more!!
!!Free Admission!!
Sunday, September 8 | 12 PM to 5 PM
India Cultural Centre, 1595 NYS Rte. 26 Vestal, NY 13850
Contact us: Indiadaycommittee@gmail.com



CASUAL PLAY!

Every Thursday @ 6pm
GEA - Vestal, Parkway Plaza

Yoga-tta TEEN YOGA calm down



meeting room
3:30 - 4:40 PM
ON WEDNESDAYS
SEPTEMBER 11 TO OCTOBER 23

For ages 12 - 18
Unwind after school with our 7-week yoga series! Each session will
guide you through meditation, breath work, and Vinyasa and Yin yoga
poses, helping you de-stress and find balance this school year. Yoga
mats are provided while supplies last, no registration is required.