

The

Vestal Fown Crier

Proud to Be Your Hometown News for Over 44 Years

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VHS BOYS LACROSSE SENIOR N G







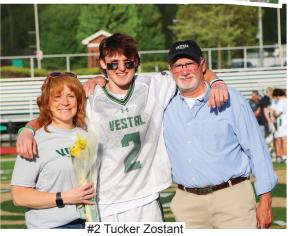


















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Vestal

CALENIA

Friday, May 24th NO SCHOOL

Saturday, May 25th VPL Artisan Market 9AM - 2PM; VPL Reading Garden

Monday, May 27th Memorial Day - NO SCHOOL

Tuesday, May 28th

> Java Joe Jammers - Live Music
6PM; VPL Meeting Room

> School Board Meeting; 6PM;
Admin Board of Education Conference Room

Wednesday, May 29th

> VPL - I'd Rather Read YA - Virtual
6PM; Sign Up Online, Ages 15+

> GLE Grade 3 Musical
7PM; Glenwood Elementary

> VHS Spring Bands Concert
7PM; VHS Auditorium

Thursday, May 30th

> ARE Mental Health Awareness Day
African Road Elementary

> VMS Grs 7/8 Spring Chorus Concert
7PM; African Road Auditorium

Friday, May 31st
> VHE Carnival
6PM - 8PM; Vestal Hills Elementary
> VHS Prom Promise Picnic

Saturday, June 1st Music Vestival 3PM, VHS Cafeteria, Adjoining Courtyard, and School Lobby

Monday, June 3rd
>GLE Band & Orchestra Concert
7PM, Glenwood Elementary
> VHE Gr. 3 Recorders Concert
7PM, Vestal Hills Elementary
> VHS Honors Night
6:30PM, VHS Auditorium

Tuesday, June 4th
>VHS Senior Class Trip to Hershey Park!
> VMS Gr. 6 Chorus Concert
African Road Auditorium



Vestal Fire Department Responses

vestalfire.com

by Walt Schlundt, Public Information Officer

Vestal Fire this week responded to:
9 fire alarms, 2 carbon monoxide
alarms, 2 smoke detector activations,
something burning in a backyard,
2 smoke conditions, and 1
transformer fire.

05/14 16:04 Bunn Hill Access Rd. Commercial fire alarm

05/15 13:52 Vestal Road Transformer fire 05/15 22:17 Vestal Road Commercial fire alarm from panel 05/16 15:57 Vestal Parkway E. General fire

alarm
05/16 20:56 Airborne Ave.
condition

05/16 23:11 Kane Drive detector activation

05/17 16:55 Vestal Road pull station

05/18 09:20 Vestal Parkway E. 05/18 21:39 Clubhouse Road oxide alarm activation

05/18 09:20 Vestal Parkway E. 05/18 21:39 Clubhouse Road oxide alarm activation

05/19 12:53 Vestal Road panel

05/19 21:49 Bunn Hill Road detector activation

05/19 21:50 Hazel Drive burning in backyard

05/19 22:47 Ridge Road smoke

05/19 21:53 Vestal Road anel

Ist floor smoke

Something

Road House full of

oad Fire alarm from

Parkway E. Commercial

Outdoor smoke

Upstairs smoke

Fire alarm from

Carbon mon-

Carbon mon-

Fire alarm from

Fire alarm

Fire alarm





REPORT

Terrell Cochrane-Vega, 33, Binghamton, arrested for Forgery 2nd Degree, Criminal Possession of a Forged Instrument 2nd Degree, Grand Larceny 3rd Degree and Falsifying Business Records 1st Degree for possessing a forged check, depositing it in the bank and attempting to withdraw over \$4,000.

Joel Ramos, 30, Binghamton, arrested for Criminal Possession of a Forged Instrument 2nd Degree for possessing a forged check made out in his name and attempting to cash it.

Millyanna Timmons, 26, Binghamton, arrested for Petit Larceny for shoplifting from Wal-Mart.

Michael Jones, 43, Endicott, arrested for Criminal Mischief 3rd Degree, Criminal Trespass 2nd Degree and Harassment 2nd Degree for unlocking the victim's door, breaking through another door and threatening the victim with physical harm.

Elena Wakefield, 40, Binghamton, arrested for Petit Larceny for shoplifting from TJ Maxx.

Kevin Russell, 34, Endicott, arrested for Grand Larceny 4th Degree for shoplifting merchandise from Sam's Club valued over \$1,000.

Ryan Getter, 35, Binghamton, arrested for Grand Larceny 4th Degree and Endangering the Welfare of a Child for shoplifting merchandise valued over \$1000 from Kohl's in the presence of a child.

Ryan Getter, 35, Binghamton, arrested for Grand Larceny 4th Degree and Endangering the Welfare of a Child for shoplifting merchandise valued over \$1000 from Target in the presence of a child.

Ronald Sears Jr., 39, Endicott, arrested for Unregistered Motor Vehicle, Criminal Possession of Drug Paraphernalia and two counts of Criminal Possession of a Controlled Substance 7th Degree for possessing Meth, another controlled substance and digital scale during a traffic stop.

April Fowler, 46, Montrose PA, arrested for Petit Larceny for shoplifting from Wal-Mart.

Katina Murray, 33, Endicott, arrested for Petit Larceny for shoplifting from Wal-Mart.

Angela Chrestatos, 31, Vestal, arrested for Harassment 2nd Degree for striking the victim as she was trying to walk away after a verbal altercation.

Patrick Monforte, 40, Endicott, arrested for Bail Jumping 3rd Degree for failing to appear in court on a schedule court date or within 30 days thereafter.

Christian Rosenkrans, 28, Montrose PA, arrested for Driving While Ability Impaired by Drugs and Aggravated Unlicensed Operation 1st Degree after an investigation.

Vestal Teen Publishes Book, Launches Company

High school junior Christian Taber has just published a new teen must-read, Be Your Own Navigator: A Success Guide for Teens, by a Teen. The book, which Taber has been crafting over the last two and a half years, shares practical life skills in his relatable voice.

"Don't worry, my book is far from a parent lecture," Taber assures. "It's a treasure trove of lessons I've learned from my successes and screw-ups." The best part: these skills can be used in any field, from academics and sports to careers and beyond.

The skills covered in Taber's book include: goal setting, time management, influences, communication, public speaking, leadership, habits, routines, money management, personal development, and life philosophy. While these skills seem hefty on the surface, Taber says, the book is written conversationally and organized to make each topic digestible and easy to return to. In addition to his book, Taber has launched a company, NavigatorTeen, LLC, which includes a motivational lifestyle brand, inspirational social media, and speaking engagement availability.

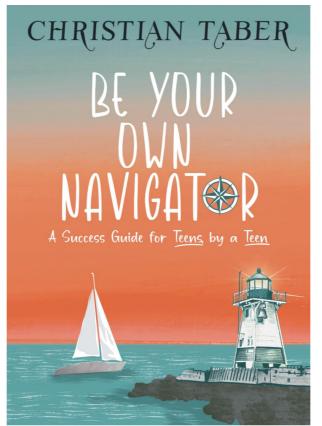
He hopes to begin speaking at local schools to bring these key skills to fellow teens directly. At the center of it all: a lighthouse. It's everywhere, from the book cover to the company logo.

"The symbolism behind the lighthouse has always been important to me," Taber says, "It's a symbol of strength as you leave for a journey, and the light follows you no matter what the weather is like. If you veer off-course, you can follow the light back. If you succeed, there's a lighthouse waiting at the destination."

Taber concludes, "My mission is to share these priceless skills and encourage teens everywhere to achieve their dreams, big and small. I hope my book and the NavigatorTeen company can help teens be beacons of optimism and accomplishment, inspiring others to follow along."

Taber's book is available for purchase on Amazon, and can be found along with his company online at navigatorteen.com, as well as on social media (Instagram @beacon2victory, Facebook @NavigatorTeen, and LinkedIn @ NavigatorTeen, LLC).





Vestal Seniors Highlighted At Home Unified Basketball Game

Article Courtesy of Regina Felice and the Vestal Central School District

Vestal High School highlighted the seniors on its Unified Basketball team during the Home game against Owego this past Wednesday, May 22. It was "Pack the Den Night" when all the Golden Bear Spring Sports teams come to show their support for our Unified Basketball players.

Last week's match-up against Owego netted a slim 38 – 34 win for the Golden Bears, so in addition to Senior Night, was a competitive game featuring two great teams!

The NYSPHSAA Unified Sports Program has three main components – Inclusive Sports, Youth Leadership & Advocacy, Whole-School Engagement. For more information on this program, visit https://nysphsaa.org/sports/2021/6/8/unified-sports.aspx

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NEWS/ADVERTISING DEADLINE

The Vestal Town Crier goes to press on Wednesdays. Deadline for news and advertising is the Friday before the desired week of publication.

SUBSCRIPTION RATES

Subscription rates to The Vestal Town Crier are \$35 a year in Broome County, \$100 outside of Broome County, and papers are mailed every Thursday from Conklin.

LETTERS TO THE EDITOR

All letters to the editor are welcomed. All letters must be signed and include the phone number of the writer, to be used for verification of authenticity, not for publication. The editor reserves the right to refuse to publish letters which contain postentially libelous or erroneous statements. Also, letters endorsing political candidates are considered advertisments and should be prepaid as is all political advertising. No letters to the editor regarding political candidates will be accepted.

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Vestal Recreation Summer Swimming Lessons

All Swim lessons are at the Vestal High School indoor pool on Woodlawn Dr. Monday – Friday.

All lessons will be taught using the Red Cross swim lessons curriculum. Classes will be conducted Monday – Friday in two-week sessions. Classes are held at the Vestal High School Indoor Pool. Classes cancelled due to special events or pool maintenance problems are not made up and there is no refund. When registering your child, choose the level that best corresponds with your child's age and/or swimming ability. See the Red Cross swimming level chart on page # 10 for further reference. When selecting a class, please consider your child's maturity, water comfort and prior swimming experience. If you are unsure of the placement for your child, we recommend the lower level.

The child's confidence will flourish if he/she is in the top portion of the class rather than the bottom. A child may repeat any swim level several times before passing. First Day of Classes: Children are evaluated by instructors and placed into groups according to ability. There may be some adjustments made as instructors get to know the children better. Enter the Vestal High school through the main front doors and follow the labeled cones to the pool.

Last Day of Classes: Red Cross achievement cards will be issued. Participants may register for additional

lessons on-line, which has priority, or at the Recreation office if there are openings. Questions: If you have any questions or concerns regarding placement of your child, please feel free to speak with the onsite Pool Directors or call the Recreation Department at 754-3368.

To Register: Go to vestalny.myrec.com. For immediate program confirmation register online at Vestalny.myrec.

FUN FACTS!

- 1. Your eyes can see about 10 million different colors.
- 2. An avalanche can travel up to around 80 miles an hour.
- 3. Chewing gum burns about 11 calories an hour.
- 4. All of the blood in your body travels through your heart once per minute.

EDITORIAL NOTES

We have been receiving letters and reviews of the changes to the Vestal Town Crier, we will post them here without names listed. The absence of names has a long history in American Reporting, up until the early to mid 1970's. We do so to protect our sources.

WE APPRECIATE ALL STORY TIPS AS WELL EMAIL TO: News@TiersNews.com

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CONGRATS VHS BOYS LACROSSE FOR ENDING THE SEASON UNDEFEATED









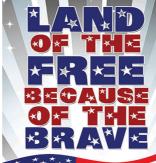
ENTRY - DONATE WHAT YOU CAN TO SUPPORT MUSIC AT VESTAL!

This is the Last **Week to Order** a VHS '24 Yearbook!

Online sales of 2024's "The Den" will end on May 31! Yearbooks are \$60 each. If you have not ordered yours, here is the link to order online:

https://link.entourageyearbooks.com/my/vestalbears2024







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FOOD TRUCKS, TOWN TRUCKS

EMERGENCY RESPONSE VEHICLES KIDS FUN ZONE & MORE







Town of Vestal Recreation Department Free Concerts Tuesday Evenings

Bring your family, friends and lawn chairs for a free evening of pure entertainment. Free candy and face painting for the kids. In case of rain, the band will decide at the start of the concert if they must cancel. Concerts are not rescheduled.

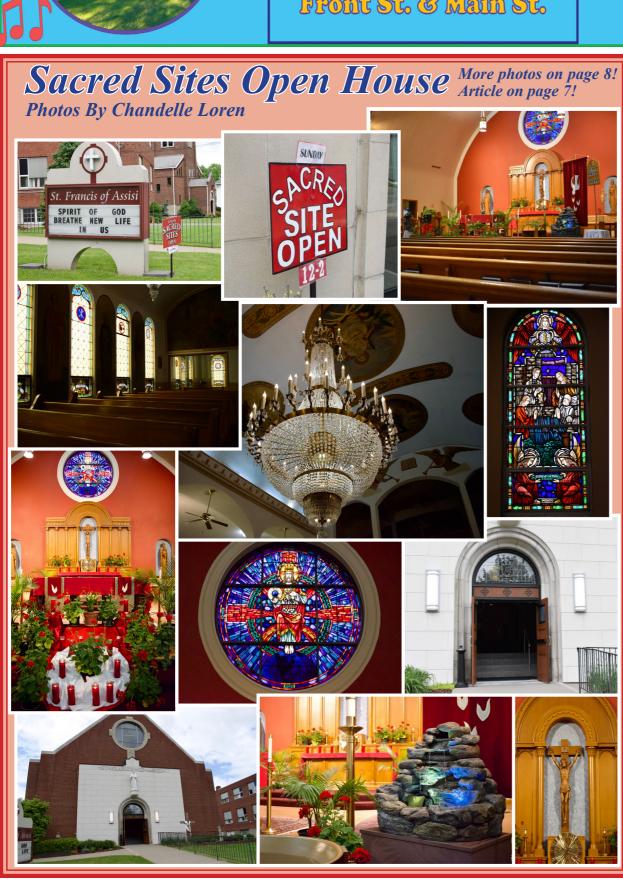


7:00 PM - S:30 PM

Vestal Gazebo

Four Corners,

Front St. & Main St.







artisan market



VPL ARTISAN
MARKETS ARE BACK
THIS SUMMER!
9AM - 2PM ON
SATURDAY, MAY 25
SATURDAY, JULY 6
& SATURDAY,
AUGUST 24
SIGN UP FOR ONE
OR ALL OF
THE ABOVE DATES

SUBURBAN SEPTIG

- Septic Tanks Cleaned



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 and Sink
 Rentals



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14 Amazing Students From The Binghamton University Class Of 2024

By Kim Mousseau, courtesy of Binghamton University, located on the Vestal parkway, Image Credits: Jonathan Cohen.



Each year, BingUNews features the profiles of several outstanding students as they prepare for Commencement. Check out the stories of 14 amazing graduates from the Class of 2024 below.

Dorian Wendler History and Classical Civilization, Harpur College

Hailing from a small upstate N.Y. town, it wasn't until he arrived in Binghamton that Dorian Wendler was able to explore his myriad academic and extracurricular interests. He considered four majors before double majoring in history and classical civilization.

Wendler is also a member of the Phi Alpha Theta honors society, a professional organization that promotes the study of history through research, publication, and sharing ideas among peers and professors.

Wendler also discovered the value of community during his time at Binghamton, which inspired him to return this fall to earn his master's in higher education and student affairs.

"I know it's really hard to take those first steps to step outside of that bubble, but once you do and start seeing what's out there, it can be very rewarding. Use your time at Binghamton to make the most of it and just explore, explore, explore."

Eshraq Islam Doctor of Pharmacy, School of Pharmacy and Pharmaceutical Science



Eshraq Islam has found his calling as a pharmacist and is ready to follow in his father's footsteps.

Image Credit: Jonathan Cohen.

For Eshraq Islam, coming to Binghamton felt like a fresh start after his undergraduate degree in Drexel University's combined medical school left him feeling burnt out.

Although his pharmacist father encouraged him to go into a different field, a job at a local pharmacy during a gap year inspired him to focus his healthcare skills in that direction, and he knew Binghamton could help him achieve his goals.

"Binghamton does a great job at attracting a variety of different students and faculty from all walks of life. They helped me grow so much as a person and a professional."

Madeline Bleier Doctor of Nursing Practice, Decker College of Nursing and Health Sciences

After graduating in 2014, Madeline Bleier worked as a registered nurse (RN) in a medical intensive care unit (ICU) at a trauma center in Cleveland, where she found she had a passion for critical care nursing. However, after several years working in ICUs across the country, Bleier noticed a profound gap between physical and mental healthcare.

A stint in a rural health clinic and a personal tragedy — losing her brother to gun violence — solidified Bleier's desire to return to school for a degree in psychiatric mental health nursing. In August 2022, she enrolled in the Family Psychiatric Mental Health Nurse Practitioner program.

"I liked that I could connect to rural and urban communities at Decker. And it has a fantastic reputation!"

Daniel Chavarria

Business Administration, School of Management

David Chavarria's family immigrated to Broome County, N.Y., from Mexico at the start of 10th grade, but Chavarria was determined to meet the challenges of settling into a new school and country.

Chavarria found that Binghamton provided numerous opportunities that allowed him to grow. After he considered alternative options, such as becoming a doctor or a teacher, the versatility of a business degree won him over.

"How much I knew I could do with my time here was almost overwhelming."

He enrolled in Binghamton's Emerging Leaders Program during his first semester, but it was a Road Map internship through President Harvey Stenger's office that became the cornerstone of his student experience.

Riya Bolander Psychology and Music, Harpur College



Riya Bolander in Binghamton University's Q Center. Image Credit: Jonathan Cohen.

Riya Bolander has considered many career paths throughout their life, including dentist, biologist, spy, artist and pop star. A love for music and performing from a young age led them to pursue a degree in that field. However, a more pragmatic side had them considering psychology, so it made sense to combine the two.

Since then, Bolander has had many academic successes; they are a recipient of the President's Award for Undergraduate Excellence and the SUNY-wide Chancellor's Award for Student Excellence. They have also made connections through their work as a peer mentor at the University's Q Center.

"I have loved my time at Binghamton more than I could have imagined, and I am incredibly grateful to my past self

for making that decision because it has led me to many incredible opportunities."

Zaliyah Vernon

Human Development, College of Community and Public Affairs

Zaliyah Vernon credits the University's Upward Bound program and the Educational Opportunity Program (EOP) with the resources and support that prepared her to become a mentor and leader on campus and helped her find community.

EOP helped empower Vernon to find success with the Fleishman Center for Career and Professional Development, the Tutorial Center, the Juvenile Urban Multicultural Program (JUMP), Pretty Girls Sweat and Sigma Gamma Rho.

"As a woman of color, you need those groups to make you feel like you're accepted and that you're seen on campus."

Kiara Walker

Master's in Vocal Performance, Harpur College

Cortland native Kiara Walker graduated with a music degree from Georgia's Valdosta State University. She then moved to New York City and started working in higher education, first at New York University and then at The Julliard School, where she was the schedule and program associate for the Vocal Arts Department. After several years, though, the soprano realized her passion for singing and opera.

While at Julliard, Walker met vocal coach Diane Richardson, a Binghamton University associate professor of music. Remembering Richardson when she began considering graduate school, Walker applied to Binghamton, where she landed a scholarship.

The next step: finding an artist diploma program in performance.

"I love opera. I love recitals. I love singing. I want to put myself out there and soak up as much as I can."

Ann Badia

Biomedical Engineering, Watson College of Engineering and Applied Science



Ann Badia '24 has worked on a variety of research projects during her time at Binghamton University. Image Credit: Jonathan Cohen.

Ann Badia first became interested in science and engineering while attending St. Raymond Academy for Girls, a Catholic high school where she graduated in the top 10 of her class. One of her teachers encouraged her class to consider engineering as a possible career.

"I chose biomedical engineering because I wanted to be a doctor growing up. Once I learned that I could do engineering and apply that to healthcare, I knew that was for me."

During her time at Binghamton, Badia (a self-described introvert) learned to be independent and outgoing, which has led to leadership roles in organizations such as the Society of Hispanic Professional Engineers.

14 Amazing Students From The Binghamton University Class Of 2024 Continued

By Kim Mousseau, courtesy of Binghamton University, located on the Vestal parkway, Image Credits: Jonathan Cohen.

Kevin O'Donnell Nursing, Decker College of Nursing and Health Sciences

After earning a degree in chemical engineering from Notre Dame in 2021 and landing a job in supply chain distribution and quality engineering, O'Donnell realized that engineering was not his passion.

"I wanted to have a more people-focused career where I could have a more powerful and positive impact on the lives of others."

While O'Donnell was inspired to follow in his fire-fighter father's footsteps, he also knew he wanted a career that he could combine with firefighting, and something healthcare-related made the most sense. O'Donnell began exploring accelerated nursing programs before selecting the Baccalaureate Accelerated Track program at Decker.

Roberta Vasili Master's of Business Administration, School of Management



Roberta Vasili '23, MBA '24, graduates with her Master of Business of Administration from Binghamton University's School of Management. Image Credit: Jonathan Cohen.

Roberta Vasili started her first year at Binghamton University as an undecided undergraduate but wasted no time. Vasili joined the Binghamton Business Fashion Society student club, and by her sophomore year, she had applied to the School of Management.

She used opportunities to hone her fashion marketing skills, including a study abroad opportunity in Florence, Italy, one of the world's "fashion capitals." She then parlayed her acumen and fashion sense into a job after graduation as an assistant buyer at Burlington in New Jersey.

"Believe in yourself and your dreams, put your best foot forward, and you will succeed."

Nashaan Howard Psychology, Harpur College

Nashaan Howard had a few things in mind when researching colleges: the school should have diversity, offer a sound financial aid package, be within driving distance of his Schenectady, N.Y., home and be highly rated regarding dining services.

However, it wasn't until his high school guidance counselor brought him to Binghamton University on a visit that he knew he was in the right place.

"I just kind of fell in love with the campus. It felt modern but kind of homey in a way."

Once here, Howard reconsidered a career in medicine and found psychology to be a perfect fit with his interest in science and mental health.

Nazila Bazrafshan

Industrial and Systems Engineering, PhD, Watson College of Engineering and Applied Science

Growing up in Iran, Nazila Bazrafshan, PhD '24, had long planned to further her education at one of the best universities in the U.S. When she learned about Binghamton University's industrial and systems engineering program, she knew she found the perfect fit.

"The very first day that I arrived in the U.S. was a dream come true. I was filled with pure excitement as I embarked on this new journey...I had achieved what I had worked so hard for, and I was incredibly passionate to begin the program."

Casey Adrian

Master's in Social Work, College of Community and Public Affairs



Casey Adrian will graduate with his master's in social work during Commencement 2024.

Image Credit: Jonathan Cohen.

Ask a young Casey Adrian why he'd consider leaving his hometown of Binghamton, N.Y., and he could list a million reasons. It wasn't until after his first semester at Binghamton that Adrian realized he wasn't just testing the waters; he was where he was meant to be.

Adrian not only graduated with honors as an undergraduate, but his work in the Binghamton Human Sexuality Research Lab and an archival project involving the Gay Men's Health Crisis led him to continue on to a Master's in Social Work degree.

"I chose Binghamton University because I'd gotten in and told myself: 'I'll go for one semester, and if I hate it, no harm, no foul.' But it ended up being the best decision I've ever made."

Yasmeen Gilani Global Public Health and Africana Studies, Harpur College

Sequestered in her New Hyde Park home during the pandemic, Yasmeen Gilani watched the Black Lives Matter protests unfold in the news, creating a shift in perspective and her life's course.

"I realized that a lot of the systems that I had thought were protecting and serving people were instead disproportionately impacting marginalized communities, such as low-income communities and communities of color."

So, this May, Gilani became one of the first graduates of Harpur College's new program in global public health, with a goal to solve inequities in healthcare through research, policy and advocacy, possibly with the United Nations or a non-governmental organization.

Vestal

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Vestal Alumni Named to Fall 2023 Dean's List

Clarkson University

Riley Kressly of Vestal (13850) Spencer Wood of Apalachin (13732)

Other Honors Recieved by Vestal Alumni

Amanda C. Smith of Apalachin, N.Y., has graduated from McKendree University with a Master of Business Administration degree in Business Administration.

Sarah Lynne Barnum of Vestal, NY, a senior majoring in mechanical engineering, was named a Presidential Scholar for the Spring 2024 semester at Clarkson University.

Sacred Sites Open House Held Last Week

The Scared Sites Committee hosted another successful event on Sunday, May 19. This event is hosted along with many of the historic churches in our area that contain beautiful architecture. This state-wide event is sponsored by the New York Landmarks Conservancy and locally by PAST (Preservation Association of the Southern Tier). This free event was open to the public, providing an opportunity to view the unique interiors of twenty-three varied buildings of different religious dominations. This year's event marked the twelfth Anniversary of this local event. The event presented churches built in Binghamton, Johnsons City, Endicott, Port Dickinson, and Hillcrest. These sites include guides that welcome visitors, give tours, explain the architecture and art, and inform the visitors of the history of the building and the congregation, with information also about the social events that take place at the site. Newspaper Publishers had the amazing opportunity of stopping by a few of the churches that held this event as shown with the wonderful pictures, and obtaining detailed information on the buildings themselves.

One of the churches visited was the St. Francis of Assisi Church, which is currently located at 1031 Chenango St. Hillcrest in Binghamton and was built in a contemporary style and designed by architect Raymond W. Jewell. This church contains stained glass windows depicting the life of Christ as well as the seven sacraments lining the Nave of the church. Another church NPP had the privilege of seeing was the Dormition of the Virgin Mary Orthodox Church, located on 54 Baxter St. in Binghamton. This church displays many icons and pictures of Christ, the Virgin Mary with her child, Angels, Saint John the Baptist, Christ's Apostles, and many other holy and heroic Christians of the past. Icons are meant to impart the presence of heaven to people during worship, and are visual images that represent people and events of significance to Christianity. This church has deep and lasting roots in Christian antiquity and is filled with rich biblical traditions. Walking through the church, there are beautiful stained glass windows with portraits of saints and a number of figures important to this religion. This event was a great opportunity for people to learn about the beautiful architecture located in the Twin Tiers, and see our history for themselves.

Sacred Sites Open House (Part 2) Photos By Chandelle Loren









Building Careers in FULL COLOR



Career Development

Work/Life Balance

Compensation

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ONE Guthrie

Caring for those who care for our communities

Guthrie invests in our caregivers to provide an unrivaled career experience

- Fostering our caregivers' professional growth through career pathing, leadership development, tuition reimbursement and advancement opportunities.
- Caring for our caregivers with flexible schedules, paid time off and programs that support healthy lifestyles and personal well-being.
- Investing in our caregivers through competitive wages, referral bonuses and role-specific opportunities such as shift differentials.
- Equipping our caregivers with advanced tools and resources such as the 10 Star awardwinning Epic medical record system and clinical support through the Guthrie Pulse Center.
- Creating a supportive and inclusive caregiver experience through regular awards and recognitions, DEI initiatives, affinity groups and shared decision-making.

