



The Vestal Town Crier



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Vestal Field Hockey Camp Photos On Pages 5 & 8! Courtesy of Maryesther WhiteBrink



The Vestal Memorial Pool Renovations Are Now Underway

By Kaitlyn Hession

For the last 55 years, residents of the Town of Vestal have had countless memories of the Vestal Memorial Pool. From going to the various events that were held there to just going for a swim on a hot day, hundreds of thousands of locals across the town and county have gone to the pool for a great time.

After being closed for the last few years, it's time to say goodbye to the old and end with the new as a groundbreaking ceremony was held at the pool's location on 111 Clayton Ave on August 15th.

The Vestal Memorial Pool originally opened to the public in 1965 but was forced to shut its doors in 2020 due to the pandemic. Throughout that time, numerous problems arose such as the building and pool sinking in, asbestos outbreak, and more things that have been developing over the years.

With all of this in mind, town officials knew it was time to replace the old pool with a brand new one. The new Vestal Memorial Pool will be completely modernized and will be starting with an all-new building and layout. The plans include a reduced-sized pool with a walk-in ramp for all abilities, a new bathhouse to allow for comfortable lockers and bathrooms, as well as the addition of a first aid station, a lifeguard and personnel office, and storage areas.

A Splash Park will also be located next to the swimming pool and shade canopies will be towards the front of the area. The park will have sprinkler systems installed along with a giant water

bucket to pour over children's heads and more! It's said that the new Splash Park will be one of the largest spray parks in Broome County and will be a popular attraction. Along with all of this, new computer-operated systems will be installed to ensure the safety of all employees.

"I've had great memories with the pool while growing up right off of Front St. We swam almost every summer and any time after a little league game, this was the first place we went to." mentioned John Fetcher of the Vestal Town Board, "I've had lots of good times here, but I know the new pool will be a great addition to the town."

The \$3.69 million project is supported by Federal American Rescue Plan Act Funds (\$2.5 million), State Assembly funds secured by Assemblywoman Donna Lupardo (\$650K), and American Rescue Plan Act Funds secured by County Executive Jason Garner & the Broome County Legislature (\$250K). It was announced during the groundbreaking ceremony that a \$150K grant will be given to the project from Senator Lea Webb's office who noted 'will be determined to bring more state funding to support this important community initiative'.

With the addition of the new Vestal Memorial Pool, the ever-growing town will continue to keep on growing.

"I'm happy we got to this point. We keep adding things daily," said Town of Vestal Supervisor John Shaffer, "Vestal is one of the only towns that continues to grow in Broome County, and it will keep on growing!"

The new pool is set to open in May of 2024.

"New York State's \$1 Cigarette Tax Hike..." On Page 7



More Photos on Pages 4&5

Vestal Athletics This Weekend!

09/09/2023, 8:30 AM, Var Volleyball, A, UE Invit, U-E High School 7:45 AM Invit

09/09/2023, 12:00 PM, JV Football, A, Baldwinsville Bville - Baker P/A Stadium, 9:15 AM, Reg

09/09/2023, 12:00 PM, JV Cheerleading, A, Baldwinsville Game, Baldwinsville High School, Reg

09/09/2023, TBD, Var Cross Country, A, Forbes Invit, Fortin Park Oneonta, 6:30 AM, Invit

09/09/2023, TBD, Mod Cross Country, A, Forbes Invit, Fortin Park Oneonta, 6:45 AM, Invit



The ground breaking ceremony



Calendar

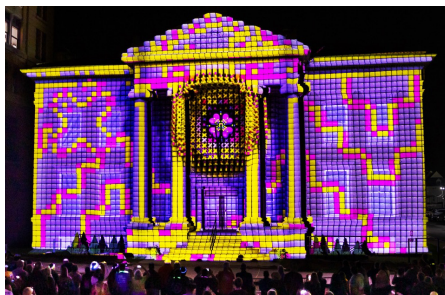
Friday, September 8th
VHS Swim Meet
Home Meet vs UE

Friday, September 8th-Saturday September 9th
LUMA Projection Arts Festival
8:30pm-11:55pm

LUMA is FREE, but we ask you to please contribute ANY AMOUNT to our KickStarter campaign to keep the festival going: <http://kck.st/45cGR33>
TICKET INFO

Most features are totally free--you *won't* need a ticket. **HOWEVER:** We do ask you join our mailing list as 'payment' before attending.

We use signups to estimate attendance. That convinces our sponsors to fund more art! **SIGN UP**
<https://lumafestival.com/maillinglist/>



Tuesday, September 12th
"Smell Ya Later Summer!" Take and Make
VPL, 5PM, Ages 6-12

Sunday, September 17th
Picnic in the Woods
Mountain Top - watch for details

Wednesday, September 20th
Board Game Night
6PM- All Ages
VPL (Vestal Public Library)

Thursday, September 21st
Tiny Tot Storytime
VPL, 10AM, Ages 0-3

Thursday, September 28th
Tiny Tot Storytime
VPL, 10AM, Ages 0-3

Saturday, September 30th
Haudenosaunee Festival
Binghamton University Campus

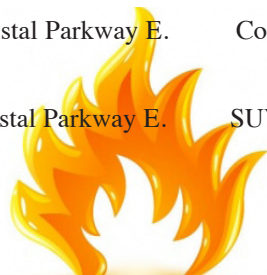


VESTAL FIRE DEPARTMENT RESPONSES

vestalfire.com

by Walt Schlundt, Public Information Officer

08/29 01:20	East Drive	Ground floor pot-wash fire alarm
08/29 09:14	Bearcat Blvd.	Fire alarm
08/29 09:52	West Access Road	General fire alarm - heat detector
08/29 10:41	Siena Lane	Hallway smoke detector activation
08/29 13:29	Pine Meadow Road	Hallway smoke detector activation
08/29 16:11	East Access Road	Commercial fire alarm
09/01 19:16	Bunn Hill Road	Commercial fire alarm - fire panel
09/02 13:59	Vestal Parkway E.	Possible building fire
09/02 14:59	Vestal Parkway E.	Fire alarm
09/02 23:07	West Access Road	Smoke detector activation
09/03 04:06	Main Street	Carbon monoxide alarm
09/03 08:29	Evergreen Street	Water coming through the ceiling
09/03 17:00	Vestal Parkway E.	Commercial fire alarm
09/04 14:50	Vestal Parkway E.	SUV leaking gas in parking lot



VESTAL POLICE REPORT

Shalena Hill, 41, Vestal, arrested for Driving While Ability Impaired by Drugs, Moved from Lane Unsafely and Fail to Keep Right after a motor vehicle accident.

Aimee Cower, 32, Endicott, arrested for Criminal Possession of a Stolen Vehicle 5th Degree and Criminal Possession of a Controlled Substance 7th Degree for possessing a stolen vehicle and Meth during a traffic stop.

Wayne Galyen Jr., 39, Apalachin, arrested for Criminal Possession of a Controlled Substance 7th Degree for possessing Meth during a traffic stop.

Joshua Roeber, 38, Vestal, arrested for Driving While Intoxicated, Driving While Intoxicated-More than .08 BAC, Aggravated Driving While Intoxicated-More than .18 BAC, Failure to Signal, Failure to Keep Right and Consumption of Alcohol in a Motor Vehicle after traffic stop.

Kimberly Terry, 38, Homeless, arrested for Petit Larceny for shoplifting from Old Navy.

Patrick Stanton, 49, Deposit, arrested for two counts of Criminal Possession of a Controlled Substance 7th Degree for possessing Suboxone and Heroin during a traffic stop.

Daniel Johnson, 41, Hancock, arrested for Criminal Possession of a Controlled Substance 7th Degree, Inadequate Muffler, Unregistered Motor Vehicle, Uninsured Motor Vehicle, Aggravated Unlicensed Operation 2nd Degree and Fugitive from Justice for possessing Meth and having an active warrant out of the State of Pennsylvania, during a traffic stop.

Robert Leone, 44, Homeless, arrested for Criminal Trespass 3rd Degree for unlawfully entering a vacant building. **Nathaniel Stillman**, 30, Vestal, arrested for Criminal Possession of a Controlled Substance 7th Degree, Failed to Keep Right, Moved from Lane Unsafely and Aggravated Unlicensed Operation 3rd Degree for possessing Meth during a traffic stop.

Leeandrew McGhee, 47, Binghamton, arrested for four counts of Criminal Possession of a Controlled Substance 3rd Degree and two counts of Criminal Possession of Drug Paraphernalia 2nd Degree for possessing Cocaine, Fentanyl compound, plastic bags and a scale during the execution of a search warrant.



mmmm!

Joy by the Jugful!

THE CIDER MILL

DAILY 7 AM – 6 PM
cidermillendicott.com

Winter Annual Coat Drive

Sponsored by the Apalachin Lions

The Apalachin Lions will be collecting CLEAN useable winter coats for those in need from October 2nd through November 19th. They can be left off at Blessed Trinity at St. Margaret Mary's in Apalachin on the table at the right as you exit mass, Apalachin United Methodist Church at 303 Pennsylvania Ave., Apalachin Library during regular hours and Johnson's Pools and Spas in Owego. Thank you in advance.

Contact person

Lion Terry White
 Telephone: 607-625-4498

DEC Announces Update to ‘Value of Carbon’ Guidance to Help Measure Impacts of Greenhouse Gas Emissions

Guidance is Used to Help Achieve Targets of Climate Leadership and Community Protection Act Implementation
 New Values Added for Sulfur Hexafluoride and HFCs to Inform New York’s Actions to Reduce Emissions

New York State Department of Environmental Conservation (DEC) Commissioner Basil Seggos today announced an update to the Value of Carbon guidance, a key tool for state actions to reduce climate-altering greenhouse gas emissions and advance the ongoing implementation of the Climate Leadership and Community Protection Act (Climate Act). The guidance updates provide a current and accurate estimate of the cost in dollars of each additional ton of greenhouse gas emissions, as well as helps estimate the benefit of actions taken to reduce emissions to help State agencies make decisions to reduce carbon dioxide and other greenhouse gases. The existing guidance is being updated to specifically add the social costs per ton of sulfur hexafluoride (SF6) and HFC-236fa, which are the highest values compared to other greenhouse gasses per ton due to their long-lasting and high-impact nature.

"Identifying the costs and benefits of reducing harmful greenhouse gas emissions is critical to New York's robust efforts to address the urgency of the climate crisis," DEC Commissioner and Climate Action Council Co-Chair Seggos said. "As part of Governor Kathy Hochul's commitment and leadership in realizing Climate Act targets, DEC will continue to update the 'Value of Carbon' metric for State agencies to ensure the best information is available for the planning and implementation of strategies to reduce climate-altering emissions and improve the health, quality of life, and environment for New Yorkers."

The Value of Carbon guidance establishes a monetary value for the avoided emissions of greenhouse gases; provides an up-to-date review of approaches used by other governments to place a value on emissions; and identifies future areas of work, including the importance of upcoming updates proposed by the federal government. The guidance is different than a regulation and does not propose a carbon price, fee, or compliance obligation. It is a metric that is broadly applicable to all State agencies and authorities to demonstrate the global societal value of actions to reduce greenhouse gas emissions, and the soci-

etal costs if action is not taken to reduce climate-altering emissions.

SF6 is primarily used as an insulating gas in the electricity system and is the most potent greenhouse gas. In addition to adding its societal cost, DEC is currently conducting pre-proposal stakeholder outreach as part of the development of a regulation of its use, as recommended by the Climate Action Council in the Scoping Plan. New York is the first state to provide a social cost per ton of SF6, and the 2023 value of SF6 at the central two percent discount rate is \$4.7 million per ton. HFC-236fa is also a potent greenhouse gas with a relatively long atmospheric lifetime. The 2023 value of HFC-236fa at the central two percent discount rate is \$1.7 million per ton. DEC has prohibited the use of HFC-236fa as a refrigerant in new HVAC equipment starting January 1, 2024, under state regulation.

The full set of values for 2020-2050, including the newly provided SF6 value and values for other greenhouse gas pollutants, is provided in the guidance Appendix. The Value of Carbon Guidance and supplemental documents are available on DEC's website.

New York State's Nation-Leading Climate Plan

New York State's nation-leading climate agenda calls for an orderly and just transition that creates family-sustaining jobs, continues to foster a green economy across all sectors and ensures that at least 35%, with a goal of 40%, of the benefits of clean energy investments are directed to disadvantaged communities. Guided by some of the nation's most aggressive climate and clean energy initiatives, New York is on a path to achieving a zero-emission electricity sector by 2040, including 70% renewable energy generation by 2030, and economywide carbon neutrality by mid-century. A cornerstone of this transition is New York's unprecedented clean energy investments, including more than \$35 billion in 120 large-scale renewable and transmission projects across the state, \$6.8 billion to reduce building emissions, \$3.3 billion to scale up solar, more than \$1 billion for clean transportation initiatives, and over \$2 billion in NY Green Bank commit-

ments. These and other investments are supporting more than 165,000 jobs in New York's clean energy sector in 2021 and over 3,000% growth in the distributed solar sector since 2011. To reduce greenhouse gas emissions and improve air quality, New York also adopted zero-emission vehicle regulations, including requiring all new passenger cars and light-duty trucks sold in the State be zero emission by 2035. Partnerships are continuing to advance New York's climate action with nearly 400 registered and more than 100 certified Climate Smart Communities, nearly 500 Clean Energy Communities, and the State's largest community air monitoring initiative in 10 disadvantaged communities across the state to help target air pollution and combat climate change.



Fraud Reminders: Beware New Phishing Schemes

States around the country are seeing new, sophisticated phishing and social engineering schemes by cyber criminals looking to gain access to UI claim information, multi-factor authentication (MFA) login information, and ID.me login information. NYSDOL remains vigilant about stopping fraud and protecting New Yorkers from identity theft.

We want to remind you to always be vigilant in protecting your information by keeping these safety tips in mind:

Never click on links provided from an unknown source and make every effort to confirm websites, email addresses, and social media profiles are legitimate.

Do not give out personal information online, including but not limited to mother's maiden name, driver license or non-driver ID numbers, and secret questions and answers used for security purposes.

Consider using different security questions and answers for different accounts for added protections.

Do not share MFA codes sent to you via email or text message and be especially cautious if you receive an MFA code that you did not request.

Use caution about offers for loans, employment, and interviews that you receive but did not apply for.

Also, please ensure that you have created multiple authentication methods for your Multi-Factor Authentication (MFA) through your NY.gov account. MFA is another barrier protecting your information from cyber criminals. Visit our MFA website for more information.

Remember: if an offer sent via email, text message or social media seems too good to be true, it likely is. For more information about how to prevent and report unemployment fraud, visit our NYSDOL webpage and the US Department of Labor.



Vestal Scholars



Fall 2023 College Enrollment

Lehigh University

is thrilled to officially welcome the Class of 2027. The incoming class represents an accomplished, diverse group of students who represent 49 U.S. states and territories and 51 countries. Congratulations on your enrollment at Lehigh - we are proud to call you one of our own!

Caden Dellapenta of Vestal, NY

Morgan Francisco of Vestal, NY

Foodbank Of the Southern Tier APALACHIN LIONS

WALK-UP MOBILE FOOD PANTRY

Wednesday, September – 27th, 10-11 AM

St. Margaret Mary's Church
 1110 Pennsylvania Ave.
 Apalachin, NY 13732
 Pre-registration required
 REGISTRATION

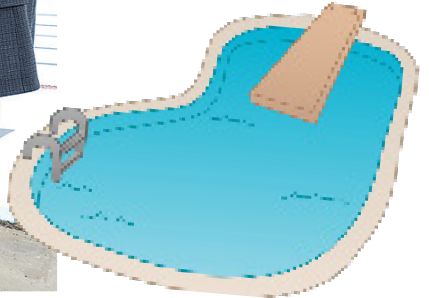
Tuesday before – September 26th
 At 8:30 AM until full (currently limit of 100 registrations)
 If you register please attend

Phone: 2-1-1 or
 Online: www.foodbankst.org/cfd

Walk-up Pantry
 Bring a cart or bags to carry food!

VESTAL POOL GROUND BREAKING

Photos
Courtesy of
Kaitlyn
Hession



Officials mingling



The group prepares to start digging



Assemblywoman Donna Lupardo



The Vestal Pool celebrates 55 years of service



County Executive Jason Garnar



Outlines of the new pool



Vestal Town Supervisor John Schaffer



Locals came in support of the new project



Senator Lea Webb shares some words

VESTAL FIELD HOCKEY CAMP



The Vestal Memorial Pool Before Construction



The former shallow pool



Old entrance to the Vestal Pool



The pool before construction begins



The previous location of the men's locker room



Pink Panthers



Up and Over



Learning Control



One Two Three Vestal



Scrimmage



Vestal's Bicentennial Picnic in the Woods Clambake

ENJOY....
Clams, Steak Sandwiches, Hot Dogs,
Hamburgers, Sausage w/Onions & Peppers
Sweet Corn, Salads, Beverages, Soft Ice Cream!

Sunday, September 17, 2023
Mountain Top Grove Noon—4 PM

Vestal Residents	Non-Resident
Under 5 - Free	Under 5 - Free
Ages 6-12 - \$10	Ages 6-12 - \$25
Teens & Adults - \$20	Teens & Adults - \$49

To make your reservations:

- Go to: vestalny.myrec.com to sign up
- Or pay by check; payable to "Town of Vestal". You can drop it off at Town Hall or mail it to 605 Vestal Parkway W. by September 7. (Please write "Clambake" in the memo line and number attending by age group.)

Following a fourth consecutive loss to rival Ithaca in 1972 that conceivably ended any chance for an elusive State Championship, the Golden Bears had something to prove. And they did...

Part I- 1973

By Gary Kaschak

It had been well over a decade since the Vestal varsity football team lost on opening day, a numbing 20-6 setback to Johnson City in 1960 that spoiled the start of a new decade and giving the Wildcats revenge from the previous season's loss to Vestal. But that oddity would be a short-lived one for the Cats. In fact, it would be the last time Dick Hoover's teams would lose to them.

But Johnson City wasn't on anyone's mind as 1973 approached. Neither was Union-Endicott or any of the Binghamton teams. In fact, it wasn't a local team at all. And it was no ordinary opening day game. This was Ithaca. Ithaca was the team to beat. They were good. Very good. And they had the Bears number.

That the Little Red had ended the Bears unbeaten season three years running that began in 1969 with the most lop-sided loss in Vestal football history (54-14) was just the start of things (and ending a 21 game winning streak). That they lost again (22-20) on the last game of 1970, a game local sportswriter John Fox named "One of the top 10 sporting events in 20th century local sports history," was another. With both clubs entering the contest boasting identical 7-0 records — the winner stood in line to be crowned State champion—and it was prophetic. Final poll:

Ithaca #1, Vestal #4.

And in 71 it happened again. An 8-0 shutout on the final game of the season — their first blanking since 1957—ruining any chance for that state championship—and vaulting Ithaca past Vestal in the final rankings for a third straight year.

But it didn't end yet. Another heartbreaking, 17-14 opening day loss of the 72 season to Ithaca was another gut-punch for the squad. Like any senior before them, there'd be no redemption, no further games to play, no more chances to change things around. And despite refocusing and running the table with eight straight, convincing victories, Vestal once again was looking up to Ithaca in the final state poll.

Those four losses to Ithaca (Vestal lost only one other game during that four-year stretch) prevented the Bears from capturing at least one state championship. And those game results always mattered to newly established rankings. 1969 being the first year of the New York State High School Football Rankings, a poll decided by opinion rather than any playoff games looming in the not-so-distant future. The results from those Vestal-Ithaca games flipped the polls, and for good reason. With both teams the only schools in the state cracking the Top 10 each year, it was Ithaca—mentioned state champs in 70 and runners-up in 69— that held that important edge in the polls.

"Dad (coach Hoover) never brought those games home with him," recalled former Vestal Quarterback (67-68) Kirk Hoover. "He never did. But any loss always bothered him. He wouldn't get any sleep those nights. He never said much about Ithaca, but after losing four in a row, I knew it had to be bothering him." Then came 1973.

"I was a sophomore in 72," said Frank Valletta. "We dominated that game and should have won it, but things happen. That was such a talented team that year, and I

know we would have won the state championship had we beaten Ithaca. I was fortunate we'd have another chance to redeem ourselves, but we had to wait an entire year."

"And we all knew that he (coach Hoover) wanted to win that game in 73, that it was important to him. And if it was important to him, it was important to us." Defensive End Bernie Donachie said, "I only heard him give one rah-rah- pep speech the entire time I was here, and it was before that Ithaca game in 73. You could just sense that it was on his mind. They were riding a 35 game winning-streak and were picked to beat us, we were fired up from that alone. But before we went onto the field, Mr. Hoover called everyone in and you could tell he was feeling emotional. That's when he said something I'll never forget."

"He'd always seemed so unemotional before games or at half time, but when he said, 'When you take that field, I want you to tilt it,' the guys went crazy. I knew at that point we were gonna kill Ithaca. It was at another level of intensity I never heard again. The press even wrote Hoover had a tear in his eye after that game. That's how important that was to him."

"He did have a tear in his eye after the game," recalled the younger Hoover. "Ithaca coach Joe Moresco hugged my dad and said, 'I'm glad it was you who broke the streak, Dick. That's how much he respected him.'" It set the tone for the season.



Next week: Workers' Comp 101 with the Advocate for Injured Workers

The Workers' Compensation Board (Board) is pleased to continue its webinar series for workers next week.

During each session, the Board's Advocate for Injured Workers will cover the basics of the workers' compensation system, including employees' rights if they become injured or ill on the job. Each one-hour presentation will also cover:

- Employees' benefits under workers' compensation
- How to file a claim
- How to get help with your claim if needed
- Tips and best practices for injured workers
- Information to be aware of regarding COVID-19 claims

The sessions are free and there will be time at the end for questions. Register here.

Wednesday, September 13, 2023
11:00 A.M. - 12:00 P.M.

More information

Visit the Advocate for Injured Workers section of the Board's website for additional resources.

You can also call the Advocate for Injured Workers at (877) 632-4996 or email advocateforinjuredworkers@wcb.ny.gov.

Having trouble?

If you are having trouble registering for or attending either of these webinars, check out these Webinar FAQs.

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Call us today: 775-0472 E-mail: deinstein@stny.rr.com

STATE UNIVERSITY OF NEW YORK

In Partnership with
The Vestal Museum
Proudly Presents

Haudenosaunee Festival

Food | Music | Dance | Art | Storytelling and More

September 30, 2023
10AM - 5PM
Binghamton University

Featuring

- Angela Ferguson | Traditional Seed Steward
- Ethan Tyo | Author and Chef
- Perry Ground | Haudenosaunee Storyteller
- Tony Gonyea | Wampum Belt Maker
- Wendy Gonyea | Clan Mother
- Curtis Waterman | Flutist
- Sally Roasch Wagner | Historian
- Robert Carpenter | Lacrosse Filmmaker
- Chris Thomas and Smoke Dancers

New York State's \$1 Cigarette Tax Hike Went into Effect September 1st

Higher costs encourage adults to quit, deter youth from smoking, but flavored tobacco products continue to attract and addict new smokers

Beginning Sept. 1, 2023, New York State's cigarette tax will be the highest in the nation. The \$1 hike is the first cigarette tax increase since 2010 and changes the tax from \$4.35 to \$5.35 per pack of 20 cigarettes. Research shows a 10% increase in tobacco prices would be expected to decrease tobacco consumption by 4%.

"Tobacco remains the leading cause of preventable death in the United States," said Erica Masin, Executive Director of the American Lung Association in metro New York. "Big tobacco works to addict our young people and our most vulnerable communities through predatory marketing schemes and flavored products. New Yorkers everywhere deserve better and we applaud the State for taking another step to drive prevention and cessation of these dangerous products."

The latest data from the NYS Department of Health show that one in five high school-age youth uses tobacco products. New York State spends approximately \$9.7 billion annually on preventable smoking-related health care costs and the American Cancer Society Cancer Action Network projects the impact of the higher tax will save 15,300 New Yorkers' lives and prevent 14,400 youth under age 18 from becoming adults who smoke. The Lung Association's State of Tobacco Control report shows there are 28,170 smoking attributable deaths every year in New York.

"The American Lung Association applauds New York State on today's leap forward for public health, as the tobacco tax in New York is now the highest in the nation," said Trevor Summerfield, Director of Advocacy in New York State for the American Lung Association. "Raising the tobacco tax is one of the most effective ways to promote smoking cessation, prevent youth initiation, and save the lives of New Yorkers."

Summerfield continued, "I know first-hand. As a former pack a day smoker for more than 10 years, the taxes that made it economically unfeasible, coupled with unconscionable health outcomes, helped me overcome what the tobacco industry fueled—one of the most difficult obstacles I've overcome is addiction to tobacco."

Today's tax hike follows a range of new tobacco policies implemented by the State over the past few years. In 2019, New York raised the minimum legal sale age to purchase tobacco and vapor products to 21, established a 20% tax on vaping products, and required registration for vapor product retailers to regulate the sale of these products to restrict access, especially among young people.

Those policies were followed in 2020 by several strategies that restrict youth access to tobacco and vaping products. Among other things, new state laws ended the sale of tobacco and vapor products in pharmacies, banned the sale of flavored vapor products, ended price discounts on tobacco products, and stopped the shipment and delivery of vapor products to private residences.

Healthcare providers and QuitLines from both New York State and the American Lung Association provide support to smokers who want to quit. Quitting tobacco leads to fewer smokers, the potential for better health outcomes and reduced health care costs. When healthcare providers treat nicotine addiction with medication and counseling, it can double or even triple their patients' chances of success. The Lung HelpLine and Tobacco QuitLine is staffed with licensed registered nurses, respiratory therapists and certified tobacco treatment specialists. In addition, there are bilingual Spanish speaking staff along with a live language interpretation service for over 250 languages. Anyone can connect with us by calling 1-800-LUNGUSA 1-800-586-4872 (press 2), or submitting a question or live chat at lung.org/helpline.

About the American Lung Association

The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease through education, advocacy and research. The work of the American Lung Association is focused on four strategic imperatives: to defeat lung cancer; to champion clean air for all; to improve the quality of life for those with lung disease and their families; and to create a tobacco-free future. For more information about the American Lung Association, which has a 4-star rating from Charity Navigator and is a Platinum-Level GuideStar Member, call 1-800-LUNGUSA (1-800-586-4872) or visit: Lung.org. To support the work of the American Lung Association, find a local event at Lung.org/events.

*You might just as well be happy,
seeing as it doesn't make a
difference to anyone but you if you
are or not."
~ The Tale of Despereaux*

FUN FACTS!

1. The "O" before an Irish name, such as "O'Reilly," means "descendant of."
2. An oak tree produces about 10 million acorns during its lifetime.
3. There's enough concrete in the Hoover Dam to build a two-lane highway from San Francisco to New York City.
4. To make one pound of honey, honey bees must gather nectar from nearly 2 million flowers.

BROOME COUNTY LEGISLATORS

Kelly F. Wildoner
District 3 (Town of Binghamton, Conklin & Vestal)
kelly.wildoner@broomecountyny.gov

Stephen J. Flagg
District 1 (City of Binghamton, Towns of Colesville, Fenton & Kirkwood)
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Scott D. Baker
District 2 (Towns of Kirkwood, Sanford & Windsor)
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daniel.j.reynolds@broomecountyny.gov

Maj. Leader-Matthew J. Pasquale (Dist 7)
matthew.pasquale@broomecountyny.gov

Min.w Leader Robert Weslar (Dist 13)
bob.weslar@broomecountyny.gov

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(OVER VETERANS)
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Matthew Hilderbrant matt.hilderbrant@broomecountyny.gov
Kim Myers kim.myers@broomecountyny.gov
Mark Whalen mark.whelen@broomecountyny.gov

Free Admission Night At The Discovery Center!



**FREE
ADMISSION
NIGHT**
SPONSORED BY:

**VISIONS
FEDERAL CREDIT UNION**

**4-7PM
September 15**

THE DISCOVERY CENTER
OF THE SOUTHERN TIER

VESTAL YOUTH FIELD HOCKEY LEAGUE

WHO: GIRLS GRADES K-6

WHAT: FIELD HOCKEY PRACTICES & TOURNAMENTS

WHEN: SEPTEMBER 6 - OCTOBER 28
PRACTICES WEDNESDAYS 6-7:30PM; TOURNAMENTS SATURDAYS 9AM-1PM

WHERE: PRACTICES ARE LOCATED AT THE VESTAL HIGH SCHOOL BASEBALL/SOFTBALL FIELDS; TOURNAMENTS ARE LOCAL TO BROOME & TIOGA COUNTY

WHY: TO LEARN THE SKILLS OF FIELD HOCKEY AS WELL AS LIFE SKILLS SUCH AS TEAMWORK AND COOPERATION



SIGN UP AT

WWW.VESTALNY.MYREC.COM

VESTAL FIELD HOCKEY CAMP

Photos Courtesy of Maryesther WhiteBrink



Future Vestal Field Hockey Champs



Goalie is a fun Job



Bears!



Coach Shows how its done



Hola Fun



First Day Fun