

Azle News/Springtown Epigraph Special Section • Wednesday, April 26, 2023



Budget-friendly ways to freshen up your home's exterior

s any homeowner knows, renovation projects tend to cost a lot of money. The average cost of a home renovation is difficult to gauge, as such endeavors run the gamut from complex projects like a kitchen overhaul to simpler ones like painting a room inside a home. Indeed, the National Association of the Remodeling Industry notes that scope is what drives the cost of a renovation project.

Though there might not be an average cost' of a renovation project, homeowners can expect to spend thousands of dollars on projects that are not very small in scale. Navigating such an expense at a time when inflation remains high might be difficult for some homeowners looking to maintain the appearance of their home exteriors. However, there are many budget-friendly ways homeowners can tend to the exterior of their properties.

• Power washing: Power washing won't break the bank but it can revive the look of a home. Power washing removes dirt and grime from

the siding of a home and a power washing can be used to clean porches, walkways and patios as well. Hardware chains like Home Depot and Lowes typically rent power washers, but homeowners who don't want to do it themselves can hire a professional for a few hundred dollars, if not less. Power washing after winter can be a good idea, as the elements can take a toll on a home's exterior. A good power washing before spring and summer entertaining season can thus give a home a fresh, clean look without breaking the bank.

• Furnished front porch: A furnished front porch can serve as a welcome sign to neighbors and provide a great place to relax with a morning cup of coffee and a good book. Homeowners with a small porch won't need to bust their budgets to upgrade their front porch furnishings. Some small chairs with bright cushions, a small table and a rug underfoot can revamp an entryway at low cost.

• Window box installation: Installing window box planters is another cost-effective

way to brighten up a home's exterior. Homeowners can hang window boxes outside windows on the front of their homes and then fill them with brightly colored flowers to add an inviting pop of color to their home exteriors. The experts at Better Homes & Gardens urge homeowners to take weight into consideration before buying window planters. Keep in mind that soil and developed plants can be heavy, so look for a sturdy box as well as one that has drainage holes.

• Replace hardware: Another simple way to freshen up a stale exterior is to replace hardware. Door knobs, knockers, house numbers, and even the mailbox can appear dated after a while. Replacing these items is inexpensive and quick but can have a profound impact on how the exterior of a home appears to residents and visitors.

Exterior renovations need not break the bank. Various simple and inexpensive tweaks can quickly revitalize the exterior of a home.



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How to throw a last-minute dinner party

Do you feel like having a party? A spur-of-the-moment desire to host friends or family is not uncommon. Though it may be ideal to give yourself a few days to plan a dinner party and assemble what's needed to be your best host, sometimes inspiration strikes and compels people to throw last-minute dinner parties.

In such instances, these tips for putting together a feast on the fly can be especially valuable.

• Keep it simple. Build your menu around your own specialty, ideally one that is easy to prepare. Don't try out that fancy new cookbook recipe right now. Single-pot casseroles or pasta dishes whip up in a flash and can feed a crowd.

· Stock essentials at home.

It's easier to invite people over at the last minute if you don't have to shop for supplies. Keep a running inventory of foods that can be brought out at a moment's notice, such as items that may go on a charcuterie platter. Olives, block cheeses, crackers, salad fixings, cured meats, and fresh vegetables can be arranged in a heartbeat. With a can of chick peas, some garlic, lemon juice, and parsley at the ready, you can quickly create a homemade hummus, too.

· Consider a potluck. Guests may want to help out if they are invited over on short notice. A potluck is a perfect way to fill a table with food with minimal effort, as everyone contributes a little something.

· Clean the visible rooms.



There likely won't be time to clean vour entire home before an impromptu party. Therefore, focus on the kitchen, dining area and guest bathroom. Gather errant items from around the house and store in a bedroom behind closed doors. Close doors on other spaces that are off-limits during the party.

· Get the kids involved. If you have children, give them jobs to help out. They can set tables, fill ice cube trays or

run the vacuum over hightraffic areas. Removing some tasks from your to-do list can free your time for other needs.

· Scour your home. Create interesting place settings or a festive table with items

The helpful place.

you already have on hand. Consider using food as functional decor on a table. A bowl of lemons makes an eyecatching centerpiece.

Make last-minute dinner parties happen with a few tricks of the trade.



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FIXER UPPER

6 options for funding your next home improvement project

Before starting a home improvement project, either on one's own or with the assistance of a professional contractor, homeowners must first consider the costs involved. According to the home improvement resource HomeAdvisor, more than one-third of homeowners do not understand what hiring a professional will cost, and then cannot successfully budget and secure financing once they have set their sights on a renovation project.

HomeAdvisor says that some of the more popular projects, such as remodeling a kitchen or bathroom or building a deck, can cost, on average, \$19,920, \$9,274 and \$6,919, respectively.

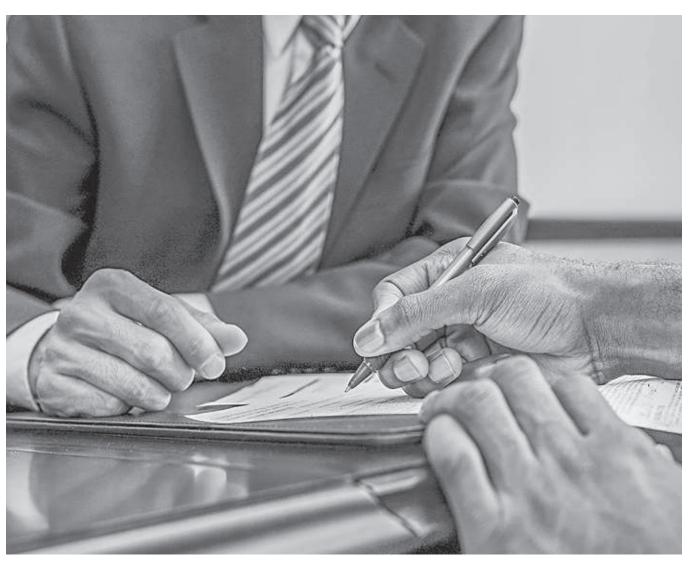
Homeowners may find that the more expensive renovations require them to secure some type of financing. Those who have never before sought such financing may want to consider these options.

1. Cash-out refinancing:

With cash-out refinancing, a person will begin the mortgage process anew with the intention of paying off the current mortgage balance, and then taking out additional funds for other purposes. Cash-out refinancing is a way to tap into a home's existing equity for use on improvements or other expenses, such as college tuition.

2. Home equity line of credit: The financial experts at Bankrate indicate that a HELOC works like a credit card, with the house as collateral. There is a credit limit, and borrowers can spend up to that limit. The interest rate may or may not be fixed. However, the interest may be tax-deductible if the financing is used to improve, buy or build a home.

3. Home equity loan: Individuals also can borrow against equity in their homes with a fixed interest rate through a home equity loan. Most lenders will calculate 80 percent of the home



Homeowners may find that the more expensive renovations require them to secure some type of financing.

value and subtract a homeowner's mortgage balance to figure out how much can be borrowed, according to the financial advisory site The Simple Dollar.

4. Personal loan: Homeowners can shop around at various financial institutions for competitive personal loans to be used for home improvement purposes. Funds may be approved within one business day, which can be ideal for those who want to begin their improvements soon.

5. Personal line of credit: A personal line of credit allows borrowers to borrow only the money needed at the time, and offers a variable interest rate that is generally lower than fixed loan rates. Again, like a credit card, PLOC gives a person a maximum borrow-

ing amount and is ideal for ongoing purchases.

6. Credit cards: In a pinch, credit cards can be used to finance improvements, but they do come with the cost of very high interest rates if the balance is not paid in full by the time the bill comes due. However, for funding smaller projects and maximizing rewards points through home improvement retailers or specific credit card company promotions, credit cards can be a way to earn various perks in addition to the benefit of improving a home.

Homeowners looking to finance their next improvements should speak to a financial advisor and shop around for the best types of funding for them.

Candle crafts tap creativity



Crafting is enjoyed by children and adults. Even the most ardent arts and crafts enthusiasts might be surprised to learn that their favorite hobby can offer a number of benefits related to their health and well-being.

Research shows that regularly engaging in crafts can have tangible health benefits. The rhythmic and repetitive movements of certain crafts, as well as the need to focus one's attention, can produce a calm that helps anyone, including those who may experience anxiety, according to health and self-care resource Berkeley Wellness. In an online study published in the British Journal of Occupational Therapy that surveyed more than 3,500 knitters, researchers found knitting was 'soothing' and 'restful' and had meditative or zen-like qualities. The sense of accomplishment after completing a project is another great reason to engage in arts and crafts, which also may boost cognitive health by protecting certain neurological pathways in the brain.

There are many ways to engage with arts and crafts. Woodcrafting, painting, mostore and choosing a type of wax. Gel waxes are versatile and can boil, pour and set up easily. They'll also be mostly translucent, which is great for replicating the look of various drinks. Follow the instructions on the packages for usage and invest in coordinating wicks, colorants,

Candles can be housed in various vessels, but a clever turn is to use teacups or mugs to mimic the look of popular beverages.

saic work, and metal arts are some popular activities.

One time-honed craft activity that is good for beginners or advanced crafters alike is candlemaking. Today's craft stores sell many different types of waxes and products that can produce beautiful scented candles.

TEACUP CANDLES

Candles can be housed in various vessels, but a clever turn is to use teacups or mugs to mimic the look of popular beverages. There's also the reassurance that such beverage holders can withstand hot wax. Start by visiting a craft and appropriate scents. It's also necessary to

choose a style of candle. In a teacup, a tea-colored hued wax paired with a lemon scent can be reminiscent of a hot cup of lemon tea. Use other glasses or mugs to replicate the looks and scents of hot chocolate, mimosas, cappuccino, and much more.

As you become more comfortable, experiment with incorporating molded wax embellishments, such as lemon slices, ice cubes, berries, or even cinnamon sticks. This will help drive home the realism and whimsy.



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Poisonous plants to avoid around the house

Homeowners must consider various factors when choosing plants to display in and around their homes. That's because, despite their beauty, various plants are toxic to humans and animals.

Avoiding potentially poisonous plants can prevent injuries and even deaths. Here's a list of some plants homeowners may want to avoid.

• Rhododendron: Rhododendrons produce flower clusters that bloom in the spring. They also produce thick, glossy leaves that thrive in the fall and winter in many areas. If any part of the plant is swallowed it can cause vomiting and potentially slow the pulse.

• Lily-of-the-valley: This popular plant grows close to the ground, blooming bellshaped, sweet-smelling flowers. If large doses of the toxin in this plant are ingested, it can gradually slow the heart down and potentially prove fatal.

• Dumb cane: The houseplant dieffenbachia, commonly known as Dumb cane, adds tropical appeal indoors. The sap of the plant causes the tongue to burn and swell, enough to block off air to the throat. It can be fatal if ingested by both pets and humans.

• English ivy: This go-to draping vine looks lovely cascading down from planters or shelving. While its toxins need to be ingested in large amounts to cause problems, English ivy can cause skin irritation, rash and fever, particularly after eating the berries.

• Bittersweet nightshade: Bittersweet nightshade grows as a weed on some properties. It's particularly problematic for those who have pets or young kids because of the brightly colored berries it produces. The highest level of toxicity comes from these berries.

• Foxglove: According to The Spruce: Decor, foxgloves are among the most toxic specimens commonly grown on landscapes. They are widely coveted for their pink, purple and white bell-shaped flowers that grow in tall spires. They're also deer- and rabbit-resistant, making them especially popular. However, foxgloves contain potent car-



Avoiding potentially poisonous plants can prevent injuries and even deaths.

care for and hearty. While not fatal, a bite of philodendron can irritate the skin and cause nausea and swelling of the mouth, throat and tongue. Similar effects occur with Pothos, anorther common and hearty houseplant.

• Yew shrubs: The needlelike leaves of this shrub are toxic to humans and animals, as are the fleshy, bright red berries that grow toxic seeds. Kids may be tempted to pick and consume these bright berries.

• Palms: Several different palm trees are poisonous to people and pets. Palms are an overlooked source of poisoning tragedies in warmer climates. Formosa palm, Sago palm, Queen Sago, and Cardboard palm are some of the varieties that can cause issues if ingested or allergic skin reactions if touched.

When planning a landscape, work with a skilled



diac glycosides that can be lethal in high doses. • Philodendron: Philodendron are easy to

garden expert to choose plants that will not be hazardous to family and pets.

English Ivy, a popular vine for landscapes and plantings, can cause skin irritation, rash and fever.



The basics of fertilizing a lawn

Spring marks the return of lawn and garden season. Lawns often bear the brunt of winter's wrath, so spring is a great time to nurse them back to health, and fertilizing can be an essential component of that process.

Fertilizing a lawn can be intimidating. An array of fertilizers, with each seemingly designed to address a different issue, can make homeowners' heads spin when visiting their local lawn and garden center. However, fertilizing is a very simple task that any homeowner can tackle. In fact, fears about fertilizing are often unfounded and can be overcome with some basic knowledge of the process.

· Identify which type of grass is in the yard. The home improvement experts at HGTV note that turfgrass is

divided into two categories: cool-season grass and warmseason grass. A local lawn and garden center can help homeowners identify which type of grass is in the yard, and this often depends on location. Fescue, bluegrass and perennial ryegrass are some examples of cool-season grasses, while Bermuda, bahia, St. Augustine, and zoysia are considered warm-season grasses. Identifying which type of grass is in the lawn is important because that will indicate when to fertilize. Cool-season grasses are typically best fertilized in early spring, while warm-season lawns can benefit from an application just before especially warm temperatures arrive.

• Survey the lawn to identify which spreader to use. A small yard or a thriving lawn with only a few bald or unsightly patches may not need a full application of fertilizer. In such instances, a hand spreader can suffice. For larger lawns and areas, a broadcast spreader is the ideal option. Spreaders have multiple settings, and the fertilizer package will indicate which setting to utilize when using the product.

• Test the soil prior to purchasing fertilizer. The lawn experts at Pennington " note that a simple soil test can reveal soil pH and phosphorous and potassium levels. Soil tests can be purchased at most home improvement stores and lawn and garden centers, and they can help homeowners determine which fertilizer will most benefit their lawns.

• Water the lawn prior to

fertilizing. The experts at Scotts[¬] recommend a good watering a few days prior to fertilizing a lawn. Such an approach ensures the soil is ready to accept the fertilizer once it's applied.

Follow the instructions carefully. Detailed instructions are typically provided on fertilizer product packaging. Once homeowners have identified and purchased the product they need, they can simply follow the instructions on the packaging, including how and when to water after application, which can make fertilizing less intimidating.

Fertilizing in spring can help a lawn recover from the previous summer and winter, ensuring it's lush and green when summer entertaining season arrives.



Fertilizing can help a lawn recover from winter damage.







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The basics of container gardening

Gardening is a rewarding hobby that has been linked to health benefits like reduced stress and improved mental well-being. Gardening also can lead to an inviting home landscape full of attractive blooms and/or delicious foods.

Backyard gardens have long been planted after clearing a plot of land, tilling and amending the soil, and planting rows of favorite crops. However, gardening can be less labor-intensive and even more successful when people consider the many benefits of container gardening.

WHAT IS CONTAINER **GARDENING?**

As its name implies, container gardening is growing plants inside of containers. These containers can be flower pots, rectangular deck boxes or even large raised garden beds.

PROS TO CONTAINER GARDENING

One of the advantages of container gardening is that plants can be moved in and out of sunlight to ensure the right growing conditions. This isn't as easily achieved when gardens are stationary. Also, beginner gardeners may be more able to control soil conditions inside of a small container rather than a vast ground-based garden, which will require a good deal of manual labor. Pots and boxes also can be grouped together to create

eye-popping displays, usually at lower costs than the sheer volume of plants that would be needed to fill out an expansive landscape. **CONS TO CONTAINER** GARDENING

Container garden plants will not have direct access to the ground, so they need gardeners to create the ideal growing conditions. Developing the right care formula can be challenging. The home and garden resource The Spruce says that drainage is an important factor in container gardening, and most containers do not offer enough drainage holes. If water cannot escape the soil, the roots of the plants can rot and die. It's not enough to add stones or gravel to the bottom of containers. Drill additional holes in the bottom (1Ú2inch in diameter for small or medium-sized pots; one inch in diameter for larger pots). Also, be sure to check on soil moisture so that watering can be adjusted. During hot stretches, plants may need to be watered more frequently.

PLAN FOR PLANTS THAT GROW WELL TOGETHER

Grouping plants together can create visually stunning combinations. However, it is important to choose plants that require the same amount of light and moisture. Look at plant tags when visiting the garden cen-



ter and select complementary plants, or ask a store employee. Mixing different plant shapes, colors and leaf textures, as well as plants of various heights, can help containers look filled out.

FEED PLANTS ACCORDINGLY

Plants need nutrition to thrive in containers. Quality potting mixes will contain fertilizers, but nutrition will wane over time. Every couple of weeks, container plants will need either fresh potting mix or granular fertilizer added to feed them. Oregon State University Extension Services suggests using a slow-release fertilizer or worm castings several times throughout the season.

Container gardening is a great way to add plants to smaller patios, reduce the workload involved in maintaining expansive gardens, and customize conditions for optimal growth.













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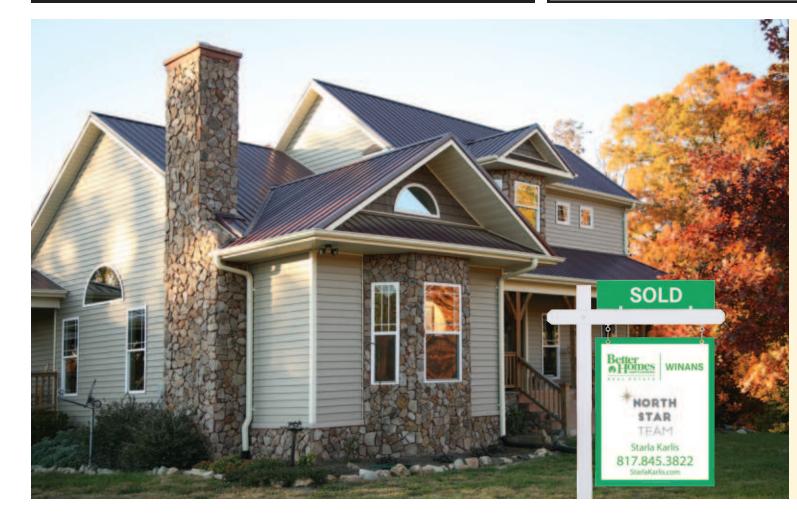
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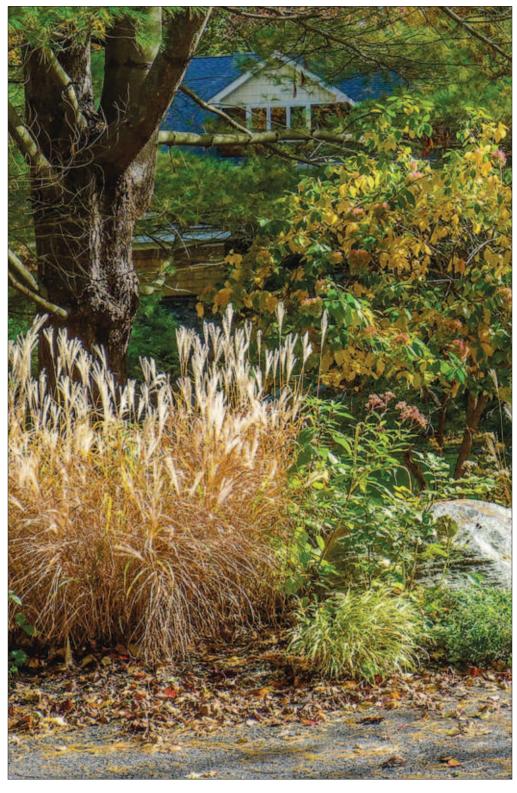
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Home & Garden



Native plants can often handle local weather conditions, so prioritize natives over more exotic plants whose key attribute is aesthetic appeal.

Each year, gardening enthusiasts anxiously await the arrival of spring. Spring is a great season to plant new flowers, plants, grasses, and trees, making it a popular time of year to spend sunny days out in the yard.

Veteran gardeners may know their landscapes well and be able to pick the right plants on their own. Novices may need a little help as they look to give their landscapes a whole new look. The following are some helpful tips to help homeowners pick the right plants for their landscapes.

· Conduct a site evaluation. A colorful landscape featuring an array of plants and flowers can be eye-catching and add curb appeal to a property. However, where plants will be planted is a significant variable that must be considered before homeowners choose what to plant. The Center for Agriculture, Food, and the Environment at the University of Massachusetts Amherst notes that site evaluation is the first step when picking plants. A number of factors must be evaluated, including light availability; water availability; exposure to the elements, including wind and extreme temperatures;

and competition from existing vegetation, among other things. Document these variables prior to picking plants. For example, take note of the area you plan to plant to see if it is full sun or partial shade, and then pick plants whose growing conditions align with those you observe.

• Look at more than looks. Aesthetic appeal might be what homeowners most desire from their landscapes, but that appeal is only achieved when the right plants are chosen for a space. If the wrong plants are chosen, they're unlikely to thrive or they could threaten existing vegetation, thus compromising the overall appeal of the property. Native plants can often handle local weather conditions, so prioritize natives over more exotic plants whose key attribute is aesthetic appeal. If jaw-dropping aesthetic appeal is your top priority, speak with a local landscaping professional about which natives can provide that without compromising surrounding vegetation.

• Consider maintenance prior to planting. Maintenance is another variable gardeners must consider. Newly planted trees may require substantial

watering until they've fully established their roots, and some homeowners may not have time for that. In addition, certain plants may require a considerable amount of pruning in order to create and maintain the look homeowners desire. Individuals must be willing to invest the time and effort necessary to maintain new plantings that require such diligence. If not, look for plants that don't require much maintenance while keeping in mind that even low-maintenance plants still require some effort and attention.

• Consider local wildlife. If your lawn is routinely visited by local wildlife, then look for plants that won't look like a meal to these welcome, if uninvited, guests. For example, if you routinely see deer lounging around in your backyard, look for deer-resistant plants. This is a good way to protect your investment, of both time and money, and ensure minimal wildlife traffic through your newly landscaped yard.

Spring gardens are aweinspiring, especially when homeowners embrace various strategies for successful planting.



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Tips to organize your cluttered kitchen

Kitchens serve as the heart of many homes. Thanks to the popularity of open floor plans, kitchens also tend to be highly visible from nearby spaces, such as family rooms and even main entryways. A messy, cluttered kitchen can be an inefficient eyesore that's visible from various locations in a home. That makes getting organized in the kitchen a worthwhile goal.

The following are some tips to help homeowners organize their kitchens.

START WITH THE UTENSILS

Utensils come in all shapes and sizes. Take inventory of your utensils, discarding or donating items you don't use. Next, designate drawers or countertop storage solutions for the utensils you use most often. Place them within easy reach, and take into account your dominant hand for placement.

CATEGORIZE YOUR PANTRY

Empty the pantry, paying attention to staples you regularly use. Then figure out a system for categorization that works for your household. Perhaps place all baking essentials together, such as flour, oil, baking soda, and cocoa powder. Maybe you need to designate a 'kids corner' in the pantry where you keep fruit snacks, granola bars and breakfast cereals. Use uniformly shaped containers to store packaged foods so you're not contending with oddly shaped boxes and bags.

USE EXTRA WALL OR CEILING SPACE

Large pots and pans can

eat up cabinet space or clutter the inside of an oven for those who don't have any other space. While your decorative enamel Dutch oven might fit nicely on a shelf or counter, cast-iron pans and skillets can be hung from durable hooks over an island or near the stove.

ORGANIZE UNDER THE SINK

It can be difficult to keep cleaning products tidy and within reach. Try installing a short tension rod inside the cabinet and use it to hang spray bottles, rubber gloves and cleaning cloths.

USE KITCHEN CABINET ROLLOUTS

A shortage of storage space in cabinets can be remedied with rollouts. They provide additional capacity to cabinets and make it easier to find items, instead of having to dig at the back of dim cabinet recesses.

TAME YOUR CONTAINER COLLECTION

It's tempting to save all of those take-out containers or empty margarine tubs for leftovers. But if there's an avalanche every time you open up a cabinet to reach for a container, you probably have too many. Invest in one type of storage container so you can nest the containers and lids for ultimate organization.

An organized kitchen is more attainable than it may seem. Some simple strategies can help homeowners make these home hubs less cluttered and more calming.



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Safety upgrades for seniors' homes

Many seniors want to spend as long as possible residing in the comforts of their own homes. According to AARP's 2021 'Home and Community Preferences Survey,' more than three-quarters of U.S. adults age 50 and older prefer living at home. But getting older often comes with certain deficits that may not make current living situations the safest for seniors.

Retirement Living reports that an older person is treated in an emergency room for a fall-related injury nearly once every 10 seconds. Falls cause millions of injuries and 32,000 deaths a year, according to the U.S. Centers for Disease Control and Prevention. Seniors may be affected by low vision. mobility limitations, cognitive decline, balance issues, and loss of muscle strength. Certain adaptations may be necessary if seniors want to stay in their homes, particularly in older homes that have not recently been renovated.

CHANGE KNOBS TO LEVERS

This is an easy modification. Levers are much easier for individuals with arthritis or persons who lack dexterity in their hands. Everything from doorknobs to faucet knobs can be replaced with levers.

CREATE ZERO-THRESHOLD ENTRYWAYS

Zero-threshold entryways, also known as flush entries, do not require crossing a lip or any raised barrier. They can appear on doorways and showers and make it easy for people who have mobility issues, as well as those using scooters, walkers and wheelchairs, to move about unencumbered.

CLEAR CLUTTER/MOVE OBSTRUCTIONS

One inexpensive modification is to remove extraneous furniture and accessories. Such a change widens walking spaces in a room and accommodates walkers and wheelchairs. In addition, furniture can be pushed to the room's perimeter to make moving around easier. It's also important to remove

thereby improving visibility. area rugs, as they're often Also, rocker light switches are easier to maneuver than **INSTALL GRAB RAILS AND** standard toggles.

Minimizing falls could come down to providing support in key rooms of a home.

INVEST IN A STAIRLIFT

Single-story homes are preferable for growing older gracefully, but many seniors live in multi-story homes. A stairlift makes a multi-floor home more accessible, according to Elder, an eldercare service provider. Stairlifts make it easier to traverse staircases and reduce the risk for falls.

These suggestions are just a few of the many home modifications that can help seniors safely age in place.

General Pests

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Rodents

Scorpions

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Spiders

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Termites



Adding grab rails in the bathroom near the toilet and in the shower can help a person use those facilities without assistance.



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tripping hazards.

Minimizing falls could

come down to providing sup-

port in key rooms of a home.

Adding grab rails in the bath-

the shower can help a person

room near the toilet and in

use those facilities without

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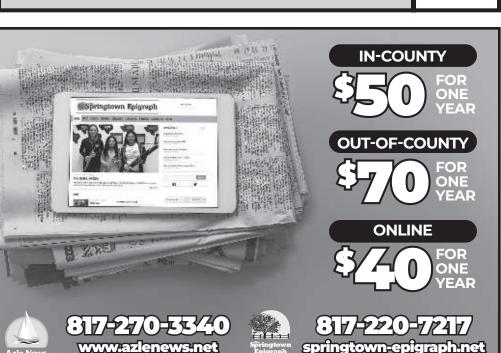
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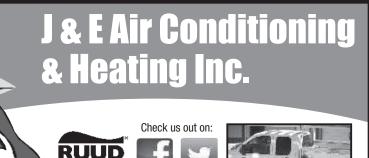
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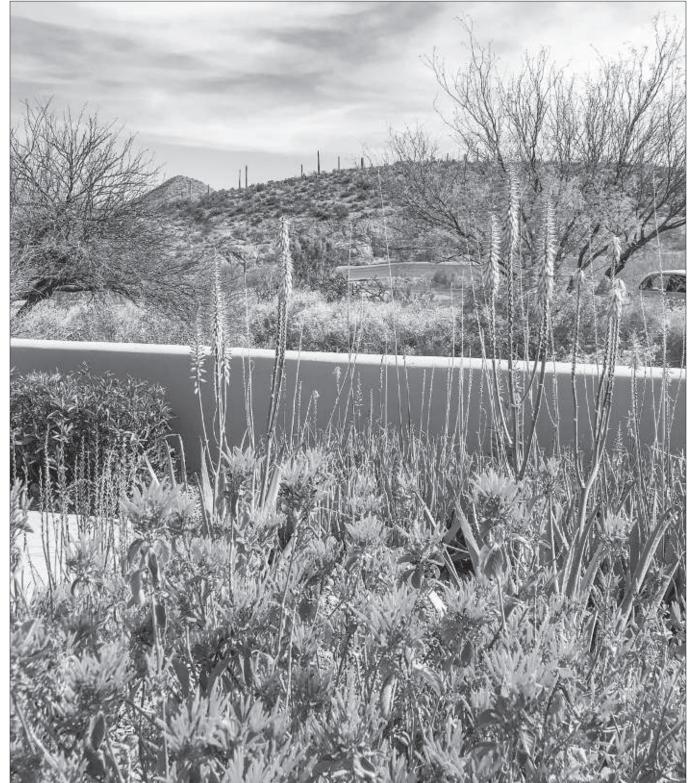
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Create your native plant garden



Gardening is a worthwhile endeavor that not only passes the time, but can be a form of exercise and relief from the daily grind. Gardens also provide ample opportunity to experiment, as individuals can produce everything from vegetables to bountiful blooms.

Recent years have witnessed a growing emphasis on eco-friendly gardening that aims to reduce reliance on chemical fertilizers and pesticides in an effort to protect the planet. One way to do so is to rely on native plants.

WHAT ARE NATIVE PLANTS?

Native plants are indigenous to particular regions. The National Wildlife Federation says native plants grow in habitats without human introduction or intervention. Native plants have formed symbiotic relationships with local wildlife over thousands of years, which the NWF notes makes them the most sustainable options. Native plants help the environment and thrive with little supplemental watering or chemical nutrients.

NATIVES VARY BY REGION

Native plants vary by region. In arid climates, certain succulents may be native because they don't need much rainfall to thrive. In lush wetlands, succulents might be out of place.

START NATIVE PLANTING

The NWF offers native plants for 36 different states that can be shipped right to customers' doors to help replenish native varieties. In addition, gardeners can visit local gardening centers to select native plants. Small and independently owned centers often feature knowledgeable local staff whose expertise can prove invaluable to individuals seeking native varieties.

It's important to keep in mind that native varieties may look less cultivated than more exotic blooms and foliages designed to sell for their unique appearances. Wildflowers and native grasses may be the types of native plants found in abundance, which may grow up and out quickly. These other tips can help the process.

• Plan and prepare the site by removing weeds and turning over the soil. This will give seedlings an opportunity to take root without competition from weeds. Seedlings will give gardens a faster head-start than waiting around for seeds to germinate. However, gardeners can start seeds indoors and then move them outside once they are seedlings.

• Avoid planting native plants in rows, as that's not how they're likely to grow naturally. Vary the placement so the plants look like they sprouted up haphazardly.

• Gardeners can still exert some control over native gardens prone to growing a little wild. Borders and paths can better define the growing areas.

• Grow Native!, an initiative from the Missouri Prairie Foundation, suggests planting two to four species in broad sweeping masses or drifts. Mix grasses with flowering plants. The grasses produce dense, fibrous roots that can prevent weed growth.

Native plants should require minimal care. Keep an eye on them and supplement with water if conditions have been especially dry.

Native plants make a healthier planet

Spring and summer present ideal growing conditions for many plants, making these seasons an ideal time to tend to lawns and gardens.

• Native plants save money. It's also important to note that native plants save homeowners money. Because they're capable of thriving in



Though it's easy to succumb to the temptation of exotic plants, avid gardeners and eco-conscious planters recognize the significance of native plants.

Novices may not realize that native plants are much better for a landscape and the local ecosystem it calls home. Recognition of the many benefits of native plants can make for healthier lawns and gardens and a healthier planet as well.

• Native plants are built for local climates. One of the issues gardeners who plant exotic plants run into is keeping those plants thriving when weather turns harsh. For example, exotic plants may require extra watering in areas that experience drought or even long periods without precipitation in spring and notably summer. The United States Environmental Protection Agency reports that at least 40 states anticipate water shortages by 2024. Planting native plants can help to combat those shortages by reducing the need to water plants if conditions become dry in late spring and summer.

local conditions, native plants tend to require less watering, which can hep homeowners reduce their utility costs. But native plants also require less upkeep, which means homeowners can save on potentially costly, not to mention ecounfriendly, pesticides and other amendments in order to maintain the look of exotic plants. And though it's not always the case, exotic plants tend to cost more at nurseries than natives.

· Native plants save gardeners time. In addition to saving money, native plants don't require as much attention. Though spring and summer is a great time to be in the yard, it's also a great time to be out and about. Because native plants thrive in local conditions, gardeners won't need to spend much of their free time tending to them. Exotics tend to require a lot of extra attention and effort, especially when conditions become harsh. Spending more time outdoors in harsh weather does not appeal to most gardeners.

• Native plants blend in with an existing landscape. Native plants look natural

PHOTO COURTESY TRWD

The Indian Blanket Flower is a Texas native. It reseeds easily and is very easy to grow. Deadheading the flowers can promote more continuous blooming.

within an existing landscape, adding some instant aesthetic appeal without breaking the bank. When planting exotics, homeowners may feel a need to redesign their entire gardens to create a certain look (think Japanese garden). That can quickly consume a budget and take up a lot of free time in both the shortand long-term. Planting season marks

a great time to revitalize a landscape. Choosing native plants when doing so pays numerous dividends for homeowners and the planet they call home.



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Should I DIY?

3 questions to determine if it's best to renovate on your own

A do-it-yourself mentality has taken hold in millions of households across the globe. Popular television channels like HGTV and DIY Network as well as accessible home improvement content on apps like YouTube has inspired many homeowners to tackle renovation projects around their homes. Taking such initiative is admirable, though it also can prove costly if homeowners end up biting off more than they can chew.

Home improvement videos and television shows have a tendency to oversimplify renovation projects, potentially giving homeowners a false sense of confidence in their DIY abilities. A concerted effort on the part of homeowners to determine if it's best to renovate on their own or hire a professional should always be the first step of any renovation project. No two homeowners are the same, but the following three questions can help homeowners determine if DIY is their best option.

1. Can I afford to DIY? Professional home improvement projects are

costly for a variety of reasons. Materials can be costly, but so are the tools and labor necessary to do the job right. Homeowners may not have the tools necessary to complete complicated projects. Specialty tools can be expensive to purchase or even rent, and the cost of acquiring such tools should be included in any DIY project cost estimates. Labor also factors heavily into professional projects, and for good reason. Talented contractors have unique skills that have been developed and perfected over many years. Those skills can ensure projects are completed quickly and correctly. Labor may seem costly, but such costs may ultimately prove to be a bargain compared to the cost of fixing DIY mistakes. Projects that are minor in scope and don't require the use of potentially costly specialty tools may be better suited for weekend warriors than more complicated renovations.

2. Do I have the time? Homeowners must determine how much time they

Homeowners must determine how much time they have to complete a project before deciding to do it themselves. have to complete a project before deciding to do it themselves. No one wants to spend months staring at an unfinished renovation project. Homeowners who are already pressed for time may not be able to complete projects in a timely fashion, which can make homes less comfortable

and even less safe.

3. Can I pull this off? DIY projects can instill homeowners with a sense of pride in their homes, but it's imperative that homeowners considering the DIY option conduct an honest assessment of their skills. A lack of renovation experience does not necessarily mean a homeowner cannot successfully

complete a DIY project. But in the professionals. such instances, it may be best to start with small. straightforward projects and then gradually move up to bigger, more complicated projects as skills are fine tuned. And homeowners who have never been at their best with a hammer in hand should not be ashamed to leave the work to

Television shows and online tutorials can make renovations appear easier than they actually are. Homeowners considering DIY renovations can ask themselves a handful of questions to determine if they're ready for the challenge of renovating their homes on their own.

C11





Home renovations provide a host of benefits. Such projects can increase resale value and improve on the safety, aesthetics and functionality of a home.

Some homeowners may employ the mantra 'go big or go home' when they embark on home improvements, thinking that only the largest renovations produce noticeable change. But that's not the case. Various smaller renovations can provide a lot of bang for homeowners' bucks as well.

· Countertops (and hardware): A complete kitchen overhaul may stretch some homeowners' budgets. However, changing an older countertop for a new material can provide the facelift a kitchen needs. And while changing the cabinets may be homeowners' ultimate goal, swapping hardware in dated finishes for newer handles and pulls can provide lowcost appeal. • Paint: Painting a space is an inexpensive improvement that adds maximum impact. Paint can transform dark and drab rooms into bright and airy oases. Paint also can be used to create an accent wall or cozy nooks. Homeowners also can showcase their personalities with their choice of paint colors. · Lighting: Homeowners should not underestimate what a change in lighting can do. When rooms or exterior spaces are illuminated, they take on entirely new looks. It's worth it to invest in new

lighting, whether it's a dramatic hanging light over the dining room table or task lighting in dim spaces.

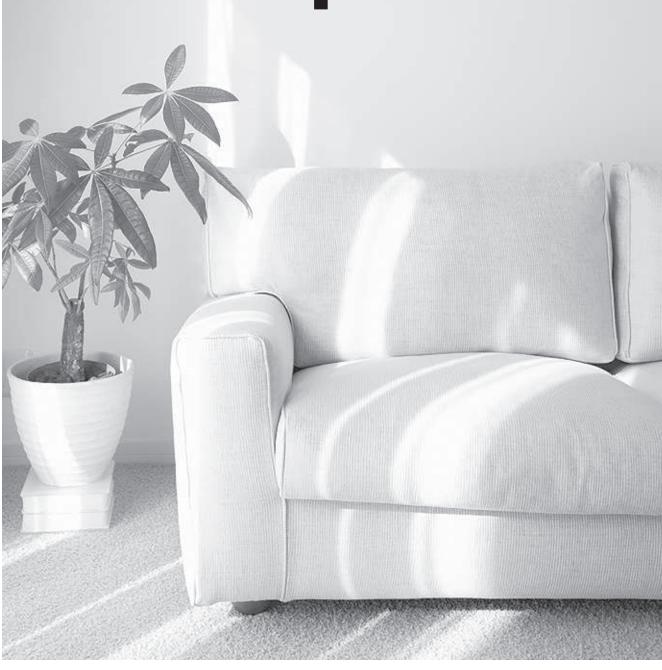
• Weatherproofing: Improving windows, doors, weatherstripping, and insulation in a home can offer visual appeal and help homeowners save money. The initial investment may be significant, but those costs will pay off in energy savings. According to One Main Financial, space heating is the largest energy expense the average American homeowner has, accounting for around 45 percent of all energy costs.

· Mudroom: Turn an entryway into a more functional space with the addition of cabinets, benches or customdesigned storage options that perfectly fit the area. Cubbies and cabinets can corral shoes, umbrellas, hats, bags, and much more. • Accent updates: Any space, whether it's inside or outside a home, can get a fresh look with new decorative accents. Invest in new throw pillows and even slipcovers for living room sofas. Use new tile or paint the brick on a fireplace in a den, then update the mantel with decorative displays. Purchase wall art that can bring different colors into a room. Change the cushions on deck furniture and buy color-coordinated planters. These subtle changes will not cost as much as full-scale renovations, but they can still help homeowners transform their homes.





The many benefits of houseplants



The lines between the outdoors and indoors are being blurred. Homeowners build extensive outdoor living spaces so they can relax on weather-resistant furniture and even cook in lavish kitchens in their backyards. In addition, indoor threeseason rooms full of bright, open windows that showcase outdoor vistas challenge the boundaries between outside and inside.

For those working with limited budgets, there are some easy, inexpensive ways to enjoy the majesty of natural landscapes indoors. Houseplants can be used to improve indoor spaces, and they also provide various health benefits.

HELP WITH ALLERGIES

According to WebMD, rooms with houseplants tend to have less dust and mold in them than those without any foliage. Leaves and other parts of the plants serve as natural filters, catching airborne particles and allergens. Plants with textured leaves might be especially effective at trapping particles.

PUT MORE OXYGEN INTO THE AIR

The human respiratory system works by bringing in oxygen and releasing carbon dioxide. Plants do the opposite during photosynthesis. They absorb carbon dioxide and then release oxygen. Plants can put much more oxygen into the air, improving indoor conditions.

INCREASE INDOOR HUMIDITY AND REDUCE ILLNESS

Studies from the Agricultural University of Norway found that indoor plants can increase humidity in indoor spaces, which decreases the incidences of sore throats, dry coughs, dry skin, and the common cold. Higher absolute humidity can decrease the chances of survival and transmission of the flu virus.

FILTER THE AIR

Researchers who presented their work at the 252nd National Meeting & Exposition of the American Chemical Society found certain houseplants can combat the potentially harmful effects of volatile organic compounds. Plants may help filter out VOCs like benzene, acetone and formaldehyde, which can enter indoor air via cleaning supplies, drycleaned clothes, furniture, printers, and paints.

IMPROVE INTERIOR ATMOSPHERE

Prevention magazine says plants can be used to screen unattractive areas, moderate room temperature by shading spots from the sun and even reduce noise. Plants also can improve ambiance and create a pleasing atmosphere in a room.

CAN IMPROVE MOOD

Growing and caring for plants can alleviate everyday stress. A nationwide study from UK Magazine Gardeners World found 80 percent of gardeners declared themselves satisfied with life compared to 67 percent among non-gardeners. Gardeners were more positive mentally. Greenery can help people feel more at home and improve mental health. A rehab center in Norway found patients reported a greater increase in well-being four weeks after having greenery added to their surroundings.

Houseplants can improve indoor areas and positively affect personal health.

How to make outdoor living spaces more comfortable

Private backyards are now go-to spaces for recreation and entertainment and great places to recharge the body and mind.

One ripple effect of the COVID-19 pandemic was more time spent outdoors, even if it was predominantly on one's own property. OnePoll, in conjunction with the lawn care company TruGreen, surveyed 2,000 longer dominate headlines, the desire to enjoy outdoor spaces has not waned.

While enjoying outdoor living areas, homeowners can do all they can to make these spaces comfortable and welcoming. The following are some good starting points.

GET ALL LIT UP

Outdoor spaces can be enjoyed no matter the hour ral fence made from closely planted hedges, can ensure residents feel comfortable venturing outdoors to swim, take a cat nap or even star gaze in private.

ADDRESS THE ELEMENTS

Homeowners should note the direction their backyard faces and the typical daily conditions of the space. For example, a yard that faces southwest may get plenty of strong sun during the day, requiring the addition of shade trees, covered patios or arbors to cut down on the glare and heat. If the yard is often hit by winds, trees or bushes planted strategically as windbreaks can help.



American homeowners and found participants spent 14 hours outside every week in 2021, which was three hours more than prior to the pandemic. In addition, respondents admitted that time spent outdoors was therapeutic.

A separate survey conducted for the International Casual Furnishings Association found that people now spend more time relaxing, gardening, exercising, dining, and entertaining outside than in years past. Though COVID-19 may no when there is ample lighting. That could be why the International Casual Furnishings Association reports those who plan to renovate their outdoor spaces list outdoor lighting as a priority. Outdoor lighting not only sheds light on entertaining spaces, but also makes spaces safer and more secure.

INCREASE PRIVACY

No matter how friendly homeowners are with their neighbors, there comes a time when privacy is paramount. Fencing, whether it is wood or vinyl, or even a natu-

SIT COMFORTABLY

High-quality comfortable seating increases the liklihood that homeowners will want to stay awhile in their outdoor spaces. A deep seating set complete with plush chairs, outdoor sofa or love seat and chaise lounge chairs Invest in high-quality comfortable seating to make your outdoor space more inviting.

ty to sit and stay awhile. **TAKE A DIP**

A pool can be the perfect gathering spot on a warm day, while a spa/hot tub can bridge the gap to cooler

gives people more opportuni-

weather. According to the Family Handyman, soaking in hot tubs can relax tired muscles after a long day, loosen up stiff joints, improve cardiovascular health, and reduce the time it takes to fall asleep.

BITE BACK AT BUGS

Homeowners may want to consider using a professional exterminator to get rid of ticks, mosquitoes and other nuisance insects from outdoor spaces.



What to know about installing a pool at home

Pools definitely have a wow factor that's hard to replicate. Homeowners considering pool installation can take note of these factors as they try to decide if a pool is right for them.

COST

The cost to install a pool depends on a host of factors, including which type of pool homeowners are considering and where they live. According to the online home improvement resource Angi (formerly Angie's list), the average cost to install an above ground pool in the United States in 2022 was \$3,322, while the average inground pool installation in the same year was \$55,000. That's quite a disparity in price, and homeowners should know that the average cost of each project is higher in certain regions and under certain

circumstances. Potential ancillary costs, such as excavation and plumbing relocation, will add to the final cost of the project. The erection of fencing around the pool if no fencing currently surrounds the area where the pool will be located also will add to the final cost.

POOL TYPE

As noted, above ground pools, on average, require a considerably smaller financial investment than inground pools. This is an important consideration, but which option may ultimately prove the better investment is worth researching. Homeowners can speak with a local real estate professional to determine if an inground pool or above ground might yield a significantly higher return at resale. If an inground pool is likely to

increase property value by a substantial amount, it could be well worth the extra upfront costs.

MAINTENANCE

Pools are undeniably fun, but they still require maintenance. The experts at Better Homes & Gardens note that vinyl liners in pools last approximately six to 10 years, while painted concrete may require a fresh coat of paint every five years. Plaster finishes may last as long as 15 years, while cement-coated products can last a lifetime. Pools also need periodic cleaning, and chemicals to keep the pool operating safely and cleanly will require an additional, if somewhat minimal, financial investment. Homeowners investing in a new pool should be aware of the maintenance required to keep the pool clean



and be willing to do that maintenance. And though homeowners typically can open and close pools on their own, it's also possible to hire someone to do it for a relatively small fee each season.

LOCATION

A survey of the land in a yard can reveal how smoothly a pool installation may or may not go. Though it's possible to install a pool in just about any yard, some spaces might require greater preparation and pre-installation effort than others. Sloped backyards, for example, may require the services of a landscape architect to prepare the space, which can extend the time it takes to complete the project and add the overall cost.







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How to create more privacy on your property

Privacy is a key component of any backyard oasis. Some homes may be so remote that privacy isn't an issue. But many suburban homeowners recognize they might need to tweak their landscapes if they hope to create a private oasis outside. a living fence that can grow over time and provide even more privacy as trees reach maturity. Plants also tend to be less costly than fencing. The home renovation experat BobVila.com estimate tha fencing projects typically cost between \$1,667 and

FENCING OR PLANTING?

Most homeowners looking to create more privacy on their property will have to choose between fencing and planting. Fencing provides immediate privacy because, once it's installed, no one can see into the yard. Fencing also doesn't require watering or other immediate upkeep, which will be necessary when planting to ensure tree roots can establish themselves.

But planting has its benefits as well. Planting for privacy is essentially creating

over time and provide even more privacy as trees reach maturity. Plants also tend to be less costly than fencing. The home renovation experts at BobVila.com estimate that fencing projects typically cost between \$1,667 and \$4,075. However, fencing projects can cost considerably more than \$4,000, especially for homeowners with large properties they want to enclose. Large, mature trees can be expensive, though it's unlikely they will cost as much as fencing. In addition, fencing requires more maintenance and will potentially need to be replaced, while native trees won't require much upkeep and can last for generations.

PLANTING

Homeowners who choose

to plant for privacy will next have to decide which type of plants to add to their properties. Evergreens provide yearround privacy because they don't shed their leaves, so these are the ones most often chosen when creating a living fence. A number of varieties of evergreen trees can do the job, but it's important that homeowners consult with a landscape architect prior to choosing trees so they can ensure the trees will thrive when faced with the growing conditions on their properties. During such a consultation, homeowners may discuss the following popular privacy trees.

• Leyland cypress: The Arbor Day Foundation " notes that the Leyland cypress is popular for hedges and boundaries, likely because a typical tree reaches a mature height of 60'-70' and can spread as wide as 25'. The Leyland cypress grows fast, which may appeal to homeowners who don't want to wait to establish privacy.

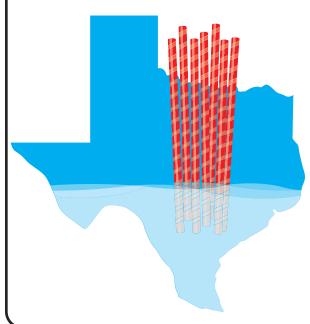
• Green Giant Arborvitae: There are different varieties of the arborvitae, but the Green Giant tends to be the go-to option for privacy. The ADF notes that Green Giants will grow up to three feet per year until they reach maturity, providing a fast-growing option for privacy planters. The Green Giant can spread as wide as 20 feet at maturity, which is another attribute that makes it so popular among homeowners desiring privacy.

• Eastern White Pine: The ADF notes that the eastern white pine, which can reach heights as high as 80 feet, is favored in spacious yards. That's



likely due to its height and its potential spread, which can reach 40 feet. Homeowners who choose the eastern white pine might like it for its resemblance to a Christmas tree, and in fact it is widely used for that purpose. The privacy provided by the eastern white pine is significant, but it might be best suited to especially large properties.

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