

SPRINGTOWN PASTORS FELLOWSHIP

Springtown Epigraph Special Section • Thursday, April 14, 2022

The Birthing Tomb

BY DAVID BENNETT

Preaching Minister for the Springtown Church of Christ

"What's happening over in the cemetery?"

"I'm not sure."

tombs just gave birth!"

If a woman gives birth in a manger, everyone stops to a cemetery, everyone stands

Christmas watches Jesus'

tomb event.

Jesus is birthed in many "That lady said one of the ways. He is the "only begot- event. For three days, Jesus rejoice with the message of 18). He is the miraculously earth. Before time, God pre-that one of us refused to stay in newness of life." (NASB) conceived firstborn son of pared his resurrection (cf. in the tomb. One became the Entering the birthing tomb of look. If a tomb gives birth in Mary. He is also "the firstborn Ephesians 1:3), his birthing firstborn of the dead. of the dead" (cf. Colossians from the tomb, his becoming 1:18; Revelation 1:5).

The tomb is not a funeral comes out of the tomb never enters death through sin. One

sees the birth from the tomb. on the cross. Yes, Joseph laid Angels announce the womb him in his own tomb. Yes, event. Angels roll the stone the women were coming to first day of the week.

victory to share his life with born again. Here is Paul's less man dies and is buried. every believer.

the firstborn of the dead. He personal birthing tomb. One

birth from the womb. Easter event only. Yes, Jesus died to die again. He comes out in enters life anew by being tomb as giving birth. A sinteaching in Romans 6:4. The cross is God's power "Therefore we have been tomb, no, forces the tomb away and quietly declare the finish the burial early on the over sin. The birthing tomb buried with Him through to let him go (cf. Acts 2:24). is the power of resurrec- baptism into death, so that Death had no power over the The tomb is also a birthing tion over death. Christians as Christ was raised from the One that submitted perfectly dead through the glory of the to the will of God. Easter ten Son of God" (John 3:16- remained in the belly of the hope. We revel in the fact Father, so we too might walk baptism brings Jesus' empty Baptism becomes one's tomb into the present and en-

ergizes the new birth. It is strange to think of a tomb!

His lack of sin allows the promises that death has no power over the one who believes in the risen One.

"Happy Birthday Jesus!" sounds amazingly appropriate at the mouth of the empty

The origins of Easter Sunday



STORY AND PHOTOS COURTESY OF METRO CREATIVE CONNECTION

that is always celebrated be- known as Christian Easter. tween March 22 and April 25. Eastern Orthodox Chris- ebrations were a version tianity adheres to the Julian of Passover. According to on a Sunday between April Professor Samuele Bacchi-4 and May 8 each year. In occhi, Christians univer-2022, the western Christian sally kept Passover on the Easter celebration occurs on Biblical date of Nisan until thodox Easter is observed rations focused on the cruon April 24.

portant celebration on the occhi says that eventually Christian liturgical calen- the resurrection emerged as dar. While commemora- the dominant reason for the tions of Jesus Christ's res- celebration that would be urrection likely occurred known as Easter, and also as earlier, the earliest recorded the main message of weekly observance of an Easter cel- Christian Sunday masses. ebration was in the second By the fourth century, the century, according to Bri- Easter Vigil and celebration tannica.

weren't known as "Eas- tion of the resurrection. ter," which is a word that was borrowed from Pagan annually by faithful Chrisspring celebrations of Eo- tians. While Easter is not stre, the goddess of spring mentioned in the Bible, and fertility. It only became scripture depictions helped associated with Christian shape the holiday that usage later on - long af- would become an integral ter Biblical scripture was component of the Christian written. In fact, the word faith.

Easter takes place on a "Easter" only appears in different Sunday each year. one Bible, the King James In western Christianity, Version. But it is likely the Easter follows the Gregori- word was used as a translaan calendar and is thus contion of pascha, or Passover, sidered a "movable feast" and not what has come to be

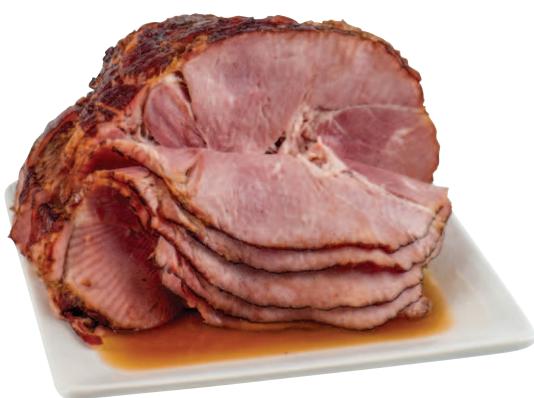
The earliest Easter celcalendar, so Easter will fall leading sabbath scholar April 17 and the Eastern Or- 135 A.D. Early commemocifixion, and the pain and Easter is the most im- suffering of Jesus. Bacchiwere well-established and a Initial Easter celebrations symbol of joyful anticipa-

Easter is now celebrated

Ham perfect for noliday entertaining

Ham is a popular entree for an Easter dinner. It can be perfectly smoky and salty, but also sweet when it is cooked with a delicious glaze.

This recipe for "Brandied Baked Ham with Mustard Butter" from Denise Gee's "Southern Appetizers: 60 Delectables for Gracious Get-Togethers" (Chronicle Books) pairs the fruity overtones of brandy with the tang of mustard to form an ideal blend of flavors. Serve the ham on its own, or nestle slices between buttermilk biscuits for a brunch or lunchtime



STORY AND PHOTOS COURTESY OF METRO CREATIVE CONNECTION

Brandied Baked Ham with Mustard Butter

SERVES 16 TO 20

BRANDIED BAKED HAM

- 1½ cups packed dark brown sugar
- 2 tablespoons grainy
- mustard • 15-pound bone-in half
- ham, fully cooked • 1½ teaspoons whole

cloves **MUSTARD BUTTER**

- 2 cups butter, softened
- 1/4 cup grated sweet onion • ¼ cup Dijon or
- Creole mustard

In a small saucepan, stir to the mixture to a boil over lid. Store in an airtight con- touch the bone. tainer in the refrigerator for Bake the ham for about one up to two days. Reheat just hour, or until the meat therbefore serving.)

F°. Line a shallow roastcombine the brown sugar, ing pan with heavy-duty wire rack on top.

medium-high heat and, Score the fat on top of the stirring constantly, cook ham by making diagonal until the glaze is thick and cuts in a diamond pattern. syrupy, about 3 minutes. Insert the cloves into the (Watch carefully, holding a intersections of each diatight-fitting lid; if the bran- mond. Place the ham on the dy ignites, quickly cover the rack in the prepared pan. saucepan to tamp out the Insert a meat thermomflame before removing the eter, making sure it doesn't

mometer registers 125 F.

Preheat the oven to **325** Remove the ham and brush on the brandy glaze. Return the ham to the oven and brandy, and mustard. Bring aluminum foil and place a cook for 20 to 30 minutes more, or until the meat thermometer registers 135 F. Let it stand for 15 minutes. (The meat temperature will rise to 140 F.)

MUSTARD BUTTER

In a medium bowl, stir to combine the butter, sweet onion and mustard. Scrape it into a serving bowl. Cut the ham into thin slices and arrange them on a platter. Serve accompanied with the bowl of mustard butter.

What if Easter never happened?

It was still dark on Sunday morning when they left their homes. The neighborhood was eerily quiet as they met on the street and walked, without conversation, to the cemetery on the edge of

Others who were more influential should have joined them, but they were nowhere to be seen. Perhaps from fear, disappointment, or sheer exhaustion they remained in their beds, remembering the around was that He said words He spoke.

But He said so many things. Were any of His words true?

So on this bleak Sunday morning, the women made their way to the tomb—a



BE AMAZING

By Gerry Lewis

Azle resident Dr. Gerry Lewis guides explorers to discover their AMAZING. He is an author, musician, and speaker, and a coach-sultant for individuals, churches, and orga-

hill—where a wealthy beneafter His execution.

He'd be back.

Back. From death.

Unbelievable.

Yet, here they were hoping against hope.

The rumor of His return—

cave dug into the side of a His resurrection from the dead—had made its way factor had placed His body to the halls of power so the tomb was guarded by intimi-The scuttlebutt going dating soldiers who would chase away any of His followers who might be tempted to perpetuate the myth by stealing His body and claiming He was back.

> So as the sun rose they waited in the shadows.

Watching and waiting.

Waiting and watching.

Until the sun was high and or "Peter" are rare. their dreams melted.

Dejected, they returned to their homes realizing that once again a charismaticbut-deluded rabbi had failed to come through with His promises.

And within a few weeks, the followers of this movement—and the movement itself—faded into oblivion and were never heard from again.

There are no churches. There are no "Christians."

There are no Easter egg hunts.

names like "Mary" or "Jo- less and so is your faith.

seph" or "Gabriel" or "Paul"

There are no Bibles. No one thinks of a cross as

jewelry or decor. There is no Christmas.

There are no nativity scenes.

There are no Christmas carols.

There are few hospitals, children's homes, or institutions of higher learning.

These are just a few answers to the question I posed are lost. If only for this life in today's headline: "What if we have hope in Christ, we Easter never happened?" BUT ...

1 Corinthians 15:14-20 There are no people any- says: "If Christ has not been where named "Jesus." And raised, our preaching is use- changes everything. Praise

More than that, we are then found to be false witnesses about God, for we have testified about God that he raised Christ from the dead. But he did not raise him if in fact the dead are not raised. For if the dead are not raised, then Christ has not been raised either. And if Christ has not been raised, your faith is futile; you are still in your sins. Then those also who have fallen asleep in Christ are of all people most to be pitied. But Christ has indeed been raised from the dead."

Easter happened. And it be to God!

Cheerful dessert brings smiles to Easter celebrations



STORY AND PHOTOS COURTESY OF METRO CREATIVE CONNECTION

Lemon Poppy Seed Pound Cake

YIELD: 16 SERVINGS

- 1½ cups all-purpose flour
- 11/2 cups granulated sugar
- 2 tablespoons lemon zest
- 2 tablespoons poppy seeds • 1 teaspoon baking powder
- ½ teaspoon salt
- 3/4 cup (11/2 sticks) butter, softened (do not substitute margarine)
- 4 ounces cream cheese, softened
- 4 eggs
- 2 tablespoons milk
- 1 teaspoon vanilla extract
- Powdered sugar (optional)
- 1. Preheat oven to **325 F**°. Spray Stoneware Fluted Pan (or any bundt cake pan) with nonstick cooking spray. Combine flour, granulated sugar, lemon zest, poppy seeds, baking powder, and salt in a 2-quart mixing bowl; mix well. In a 4-quart mixing bowl, beat butter and cream cheese on high speed of hand-held electric mixer 1 minute. Add flour mixture; beat on low speed 1 minute or until blended (mixture will form a stiff paste).
- 2. In a small bowl, whisk eggs, milk and vanilla just until blended. Add egg mixture to cream cheese mixture in four additions, beating 2 minutes after each addition. (Do not under-
- 3. Pour batter into pan. Bake 55 to 60 minutes or until a cake tester inserted near the center comes out clean. Cool cake in pan 10 minutes. Loosen cake from sides of pan; carefully invert onto a cooling rack, keeping pan over cake. Cool completely.
- 4. Place cake on serving platter. Sprinkle with powdered sugar or prepare a glaze, if desired.



Did you know?

Easter eggs are decorated in many hues before they're ultimately hidden for youngsters to find. While pastel-colored eggs are the norm, one color has particular religious significance for those who want to go a bit bolder with their egg displays. It is tradition among Orthodox Christians to exchange red eggs. According to History.com, red eggs are associated with Mary Magdalene and her role in Christianity. After the Ascension of Christ, Mary Magdalene went to the Roman emperor and greeted him with "Christ is Risen." He then stated, "Christ has not risen no more than that egg is red (pointing to an egg on his table)." After making the statement, the egg turned blood red. Mary Magdalene then began preaching Christianity to him, and the red egg has come to symbolize the blood of Christ redeeming the world.





The Reality of Easter

My maternal grandmother lived out her faith, loving God and others beautifully. Toward the very end of her long life, Grandma Minser welcomed my family as we gathered around her bedside. We expressed our love for her, and she reciprocated. At one point, she earnestly asked me, "David, when I die, will I know what to do?"

I was not sure what she meant, and she could tell, so she continued: "Will some- Lord. one guide me when I get to heaven?" Once I realized what she was asking, I was overwhelmed by the certainty of her faith. She was convinced there would be life after death. I answered her



HOPE MATTERS

By David Shaffer

Dr. David Shaffer and his wife, Daniele, are Azle-area residents. David is director of Son Shine Ministries (equipfamilies.org) and chair of the Azle Area Chamber of Commerce Ambassadors (azlechamber.com). david@equipfamilies.org | 817-444-3777

Grandma. You will be shown whatever you need to know." She smiled and within min-

How can a person have faith like my grandmother? ideal place to start.

The Apostle Paul, in an Scriptures...." early Christian confession,

precious question with, "Yes, referred to as the Gospel with the church in Corinth. In 1 Corinthians 15:3-4 (NIV), he wrote, "For what I received utes passed on to be with the I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was bur-The message of Easter is an ied, that he was raised on the third day according to the

the Scriptures"). Christ died was buried. for an important purpose ("for our sins").

The Bible tells us that our price for our sins. At Christmas, we celebrate the birth of Jesus, God the Son taking No wonder the Gospel Jesus lived a life without sin cluding Mary Magdalene, shared the heart of what is is considered Good News. and willingly gave up his life the disciples and even more

ity ("first importance"), and recognize Good Friday as it happened exactly as it had the traditional day on which

changed everything!

On the third day (what sins separate us from God we celebrate as Easter), and the ultimate penalty for God bodily resurrected Jeour sins is death, eternal sep- sus from the dead! This aration from God (Romans clearly showed God's pow-6:23). The Good News is er over life and death and that Christ's death paid the that Christ's substitutionary death on our behalf was accepted. Before ascending into heaven 40 days after on flesh (we call this the In- his resurrection, Jesus apcarnation). Born of a virgin, peared to many people, in-

The sharing of this Good as a substitute for us. That's than 500 people at one point News was the highest prior- how much we are loved. We (John 20:14-29; 1 Corinthians 15:5-8).

God loves us, and he longs been foretold ("according to Jesus was crucified, died and for each of us to recognize the reality of Easter - that Jesus What happened next died in our place and that God raised him from the dead. In a simple prayer, I encourage you to join the Apostle Paul and Christians throughout the ages by recognizing the truth of Easter and, if you have not already, accepting Jesus as your Savior.

> We can face each day with confidence that our future is assured, and, like my grandmother, we will eventually pass on to be in the presence of God for an incredible eter-

Explaining the meaning of Easter to children

understand the tenets of the children? Christian faith. Although Easter ends with Jesus Christ emerging from his tomb, prior to this glorious miracle there are subjects of betrayal, suffering and death. These religious messages can confound when commingled with the imagery of bunnies delivering chocolates, chicks

Explaining Easter to chil- and pastel-hued eggs. How story of Easter features tor- may relate to. dren can be a delicate matter, do well-meaning parents re- ture and death - which are especially for very young lay the message of Easter topics not easily digested by stand the death on the cross; plify the Good News and children who may not fully without scaring or confusing anyone, especially children. it's even challenging for the happy components of the

TEMPER THE MESSAGE TO THE AUDIENCE

A child's age bears consideration when gauging just how much to share about Easter. Between Palm Sunday, when Jesus triumphantly entered Jerusalem, to Easter Sunday's Resurrection, the

Even the core symbol of the adults to wrap their minds Easter celebration. Christian faith - the crucifix - around that visual. It briefly is shocking.

For the youngest children, the extent of the torture and betrayal can be muted. For example, parents may say that Jesus was bullied and made fun of and that people didn't believe him when he spoke. Parents can note that even some of the closest friends to Jesus had their doubts. This may be easier for kids to digest because it's something they

can be mentioned that he was placed on a cross, as was customary during that era, but forgo the finer details.

FOCUS ON THE RESURRECTION

Parents will not want to talk about death without ending on the high note of Jesus' Resurrection. Remind children that Christ's death was be fun and showcase the temporary and that He now crucifix. Explain how eggs always will be with adults are representative of Jesus

Children may not under- from scripture that exem-

EXPLAIN SECULAR IMAGES

Young children may be more focused on the commercial images of Easter rather than the religious ones. Parents may want to religious explanations and focus their traditions thusly. Baking hot cross buns can

and children. Read passages Christ's new life when coloring them is another way to cut through mixed messages.

READ BOOKS

Some authors already have taken the challenge out of explaining Easter to children. Visit a religious bookseller, the church or a book store to find Easter stories geared to children.

Parents can decide how to gear symbolism toward the explain Easter to their children. Many moms and dads have found that focusing on the joyful aspects of Christ's resurrection story is a simple, enjoyable way to explain

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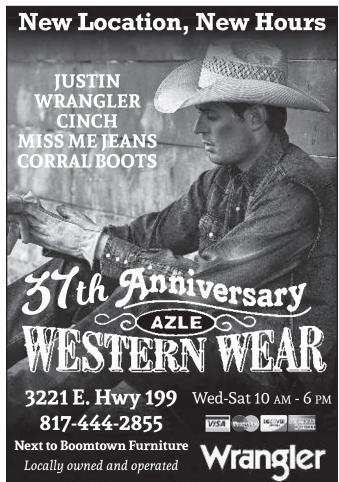
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That's love!

BY TIM D. STEVENS

Lead Pastor,

Azle First Assembly

ROMANS 5:6-8 NIV

6 You see, at just the right time, when we were still powerless, Christ died for the ungodly. 7 Very rarely will anyone die for a righteous person, though for a good person someone might love for us in this: While we

Christ came to help us because we couldn't help ourselves.

That's love!

ROMANS 5:9-11 NIV

9 Since we have now been justified by his blood, how much more shall we be saved God's enemies, we were reconciled to him through the what we are! death of his Son, how much more, having been reconthrough his life! 11 Not only is this so, but we also boast

in God through our Lord Jesus Christ, through whom we have now received reconcili-

God made a way for us to come into relationship with Him and know Him before we even made a conscious decision to follow Him. That's love!

JOHN 3:16-17 NIV

16 For God so loved the possibly dare to die. 8 But world that he gave his one God demonstrates his own and only Son, that whoever believes in him shall not perwere still sinners, Christ died ish but have eternal life. 17 For God did not send his Son The Love of God is avail- into the world to condemn 1 JOHN 4:9 NIV able at just the right time, the world, but to save the world through him.

> Jesus did not come to condemn you. He came to save you and to ensure that you experience eternal life with Him.

That's real love!

1 JOHN 3:1 NIV

from God's wrath through Father has lavished on us, him! 10 For if, while we were that we should be called has given us new birth into children of God! And that is

God the Father made a way for us to be brought into

That is truly his love lavished upon us!

How do we know what love is?

1 JOHN 4:10 NIV

10 This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our

1 JOHN 3:16A NIV

16 This is how we know what love is: Jesus Christ laid down his life for us.

How did God show His love among us?

9 This is how God showed his love among us: He sent his one and only Son into the world that we might live through him.

How does Jesus' Love give us hope?

1 PETER 1:3 NIV

3 Praise be to the God and 3 See what great love the Father of our Lord Jesus Christ! In his great mercy he a living hope through the resurrection of Jesus Christ from the dead.

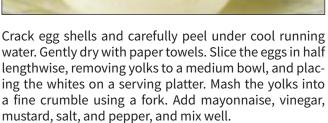
That is love!

Receive his Love for you. Make a decision to follow

Deviled Eggs

Something to do with your dved Easter eggs after the egg hunt. Easter eggs should always be gathered within 15 minutes after hiding them and then refrigerated if you intend to turn them into deviled eggs.

- 6 eggs
- 1/4 cup mayonnaise
- 1 teaspoon white vinegar
- 1 teaspoon
- yellow mustard
- 1/8 teaspoon salt Black pepper
- Smoked Paprika

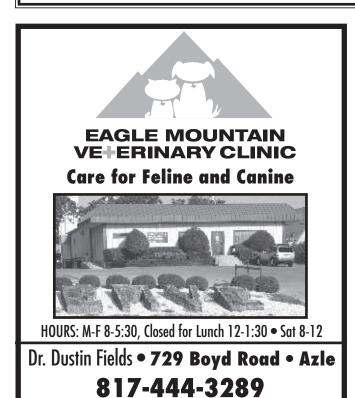


Evenly disperse heaping teaspoons of the yolk mixture into the egg whites. Sprinkle with paprika.











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Thursday, April 14, 2022

Because He lives'

BY GARY VEAZY

Lead Pastor for Legacy Church

ria Gaither released one by some external family of the most popular songs problems. Someone whom sermons, flow out of a place of all time titled "Because we had cared about a great of deep struggle and per-He Lives." Out of the over deal had hurled some accu- sonal experience. God never 800 songs produced by the sations at us and at the Fel-Gaithers, this one song has lowship of Believers and at never caught off guard by impacted more Christians the whole idea of the exis- our questions or concerns. and churches worldwide tence of God. than any other song. What makes a song like this so Eve that I sat alone in the and revealing His glory. Out powerful? It's the story be- darkness and quiet of our of Bill and Gloria's season hind the song. Listen to the living room, thinking about of struggle came these timecircumstances which led the world and our country to the writing of this time- and Bill's discouragement less classic in Gloria's own and the family problems face tomorrow,

our educational system.

Bill and I were going attention. through one of the most

by a bout with mononu- timism and trust. It was the cleosis, and in that weak- Resurrection affirming itself ened condition, had little in our lives once again. It reserve to fight the psycho-In 1971 Bill and Glo- logical battle brought on in the regularity of my day."

- and about our baby yet "I am a wife and a moth- unborn. Who in their right is gone; er. It was in the middle of mind would bring a child the upheaval in the 1960s into a world like this? I that we were expecting our thought. The world is so third baby. The drug culture evil. Influences beyond our ing, was in full swing, existen- control are so strong. What tial thought had obviously will happen to this child? saturated every area of our I can't quite explain what and national uncertainty, American thought, the cit- happened at that moment, may these words bring ies were seething with ra- but suddenly I felt released cial tension, and the God- from it all. The panic that is-dead pronouncement had had begun to build inside the fact that HE IS RISEN gigged its way all through was gently dispelled by a reassuring presence that en-"On the personal front, gulfed my life and drew my reality of the Resurrection

difficult times in our lives. and the joy began to return. I song go? BECAUSE HE Bill had been discouraged knew I could have that baby LIVES! and physically exhausted and face the future with op-

was LIFE conquering death

Great songs, like great wastes our struggles. He is He simply uses them as av-"It was on New Year's enues of growing our faith less words.

Because He lives, I can

Because He lives, all fear

Because I know He holds the future,

And life is worth the liv-

Just because He lives!

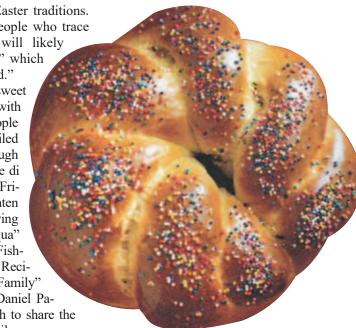
In this season of personal hope and comfort to all. No matter what you are facing changes everything. As Easter approaches, let the change your perspective. In "Gradually, the fear left, so doing how would your

Happy Easter!

Enjoy traditional Easter bread

Families share many Easter traditions. Easter in a home with people who trace their ancestry to Italy will likely feature "Pane di Pasqua," which translates to "Easter Bread."

Easter Bread is a ring of sweet bread that can be adorned with candy sprinkles. Some people nestle colorful hardboiled eggs within the twisted dough as well. Traditionally, Pane di Pasqua is made on Good Friday to help break the Lenten fast for Easter. The following recipe for "Pane di Pasqua" from "Feast of the Seven Fishes: A Brooklyn Italian's Recipes Celebrating Food & Family' (Powerhouse Books) by Daniel Paterna makes enough dough to share the bread with friends and family.



Pane di Pasqua

YIELDS 7 TO 8 LOAVES

DOUGH

- 5 packages of dry yeast (111/4 teaspoons proof yeast in a 4-cup container)
- 5 pounds unbleached allmately 17 cups)
- 1 additional pound flour the bottom of the pot. for adding to dough if needed, cleaning hands, and dusting boards and pans
- 31/2 cups sugar
- Pinch of salt
- 1 pound salted butter, softened, plus a bit more for coating rising dough
- 24 medium to large eggs, beaten
- 2 tablespoons anisette extract

DECORATING

- 6 ounces rainbow-colored nonpareil
- 3 egg yolks
- 3 tablespoons water

Combine the flour, sugar and salt in a 16-quart pot. Add the butter and mix by hand, squeezing and merging butter with the flour mixture. Add proofed yeast to the flour mixture; continue mixing ingredients.

Slowly stir in all the beaten eggs and anisette using a

ingredients are combined and loose until dough begins to form.

Knead the dough with floured hands for approximately 45 minutes, or until it becomes smooth and elastic. Add flour to the dough purpose flour (approxi- if needed, or to scrape the dough off your hands and

> Once the dough is fully kneaded, leave it in the butter over the top to keep it moist, and cover with a cloth. Leave at room temperature to rise for eight hours or overnight. The dough is ready when it rises about five times its size.

When the dough has fully risen, punch it down, turn it out onto a floured surface, and form it into a ball. Cut the dough into seven or eight smaller dough balls using a sharp knife. Then cut each ball in half. Roll each half into strands approximately 16-inches long. To form a loaf, lay the strands side by side and cross them over at one end. offset by 3 inches.

Continue crossing one strand over the other while working the braid into a challenging. Join the circle spread with butter. by tucking one end under

fork. Continue to mix until the other, pinch the dough firmly together to seal, maintaining the twist and thickness of the loaf. Repeat with the remaining dough.

> Butter and flour one 9-inch baking pan for each loaf. Place the braided loaves in individual pans and set aside, covered in a warm. draft-free place to rise for another hour until the dough rises about 30 percent more.

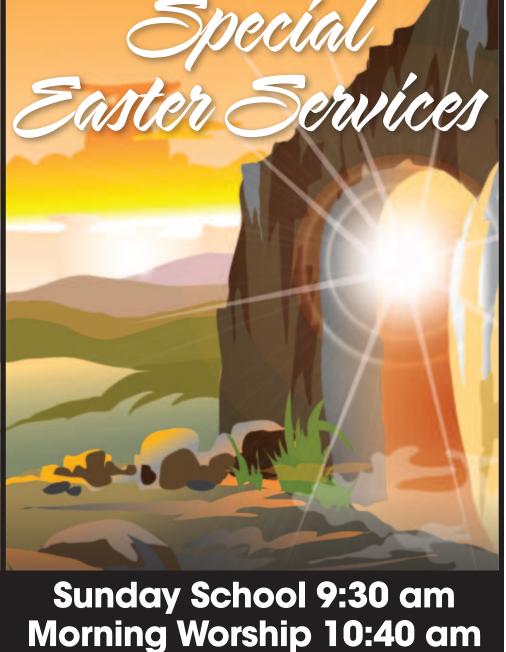
pot, lightly spread some At this point, preheat the oven to 250° F.

> When the dough has risen, place the pans into the oven for about 10 minutes, then raise the temperature to 325 F. Bake until the bread is a dark golden brown and makes a hollow sound when lightly tapped on the bottom.

> Prepare the egg wash for decorating. In a small bowl, beat the three egg yolks with three tablespoons of water and set aside.

When the breads are fully baked, remove them from the oven and pan using oven mitts, then decorate immediately. Brush the egg wash onto the hot surface of each loaf and sprinkle with the colored confetti. Set the loaves to cool the circle. The tie off can be racks. Slice a wedge and

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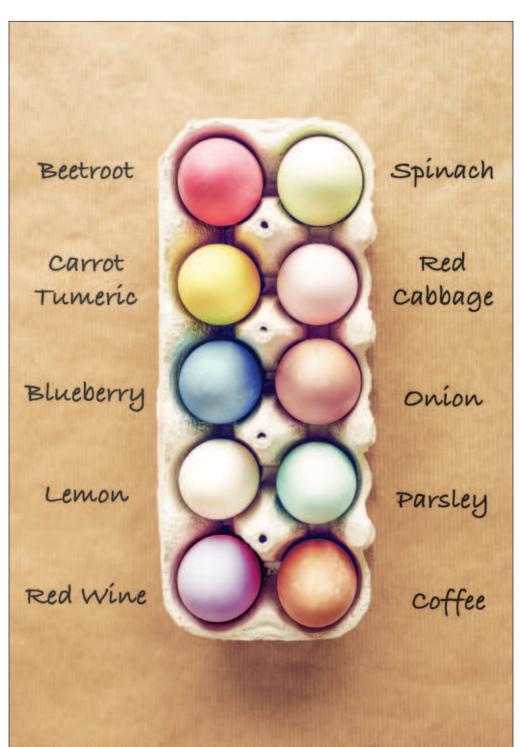
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Dye eggs with all-natural ingredients



Avoid artificial dyes this year and color your eggs with natural ingredients, like beets, cabbage and tumeric.

Coloring Easter eggs is a time-honored tradition passed down from generation to generation. Easter eggs symbolize rebirth, which fits in well with both religious and seasonal celebrations.

While there are many kits on the market that enable people to easily color eggs, there also are plenty of allnatural foodstuffs, like fruits, vegetables, herbs, and spices, that can get the job done just as effectively. For those who plan to eat the eggs afterward, natural dyes may be preferable to dyes from kits.

Below are a few tried and true methods for producing brilliantly hued eggs with items from the kitchen, courtesy of The Spruce and Martha Stewart.

BEAUTIFUL BLUES

Give chicken eggs a beautiful robin egg shade with red cabbage. Simply shred one cup of red cabbage into a pot. Bring the cabbage and roughly 4 cups water and 1 tablespoon salt to a boil. Reduce heat and simmer for 15 and 1 tablespoon of salt in a anti-inflammatory benefits, minutes. Let the broth cool. saucepan. Bring it to a boil, but it also makes a great Strain out the cabbage and then reduce and simmer for dye. Bring 1 tablespoon of stir in 2 tablespoons of dis- 30 minutes. Strain the mix- turmeric, 3 to 4 sliced cartilled white vinegar. Let the ture and allow to cool. Add 2 rots, 1 tablespoon salt, and 4 eggs sit in the dye for the tablespoons of vinegar. Use cups of water to a boil. Redesired duration to achieve the solution for red and pink light to dark blue eggs.

PERKY PINKS

Use beets to create pink



Yellow eggs can be dyed with a common household spice and some tasty carrots.



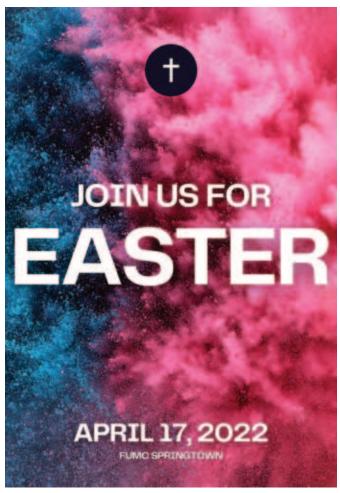
The secret ingredient to beautiful blue eggs is shredded red cabbage.

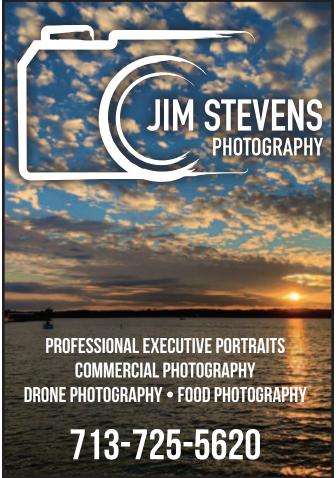
HAPPY YELLOWS

Cast a sunny glow on eggs and red eggs. Take 1 or 2 with a common household Combine with 4 cups water Turmeric is touted for its ter eggs.

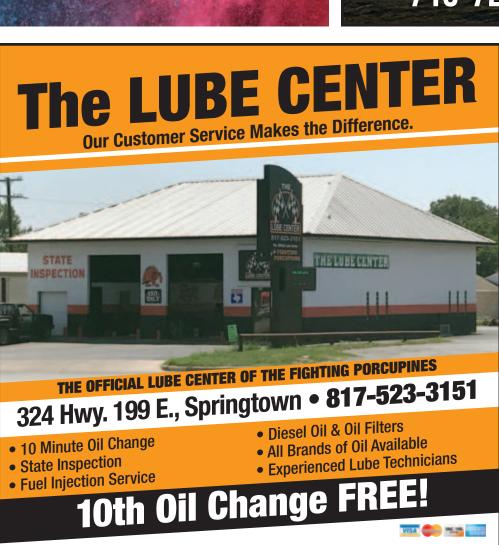
duce heat and simmer for 15 minutes. Let cool, strain and stir in 2 tablespoons distilled white vinegar. Use the dye for a lovely yellow shade.

Turn to all natural items beets and roughly chop them. spice and some tasty carrots. for safe and easily dyed Eas-









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