Serving Nucla, Naturita, Norwood & Surrounding Areas

San Miguel Basin Forum

June 7, 2023 Volume 74 Issue 2 25¢

NONPROFITS

Grant writing workshop is June 28

SPECIAL TO THE FORUM

elling a nonprofit's story is an important component of grant writing. As grant awards become more competitive across the state, in particular with so many worthy organizations to fund, it can be difficult to compose a narrative that allows an organization to stand out and get the funding it needs.

With this in mind, the Telluride Foundation has organized a two-hour grant writing workshop called "Composing a Compelling Narrative" that teaches a nonprofit to share why it's relevant and needs funding now.

The workshop will take place June 28, 9:30-11:30 a.m., in the Wilkinson Public Library Program Room. It will be a hybrid meeting, so participants can attend in person or via Zoom.

Instructors are Ashley Coady Smith, of Sage Advice, a development and capacity building consulting firm for nonprofits; One to One Mentoring grant writer Erin Spillane; and April Montgomery, vice president of programs for the Telluride Foundation. All three instructors have extensive experience writing grants and offer a range of perspectives on what makes a good proposal.

The workshop will focus on three areas: the statement of need component of a grant application, including using demographics and data to emphasize need; collaborations and describing them effectively in grant applications; and expressing action-based responses to diversity, equity and inclusion (DEI) questions.

During the second part of the workshop, participants will break out into groups to work on strengthening the answers from real grant proposals.

"Nonprofits are often looking for ways to make their grant applications more compelling, whether that's persuasive demographics or telling a convincing story," said Montgomery. "We'll discuss tips for putting your best case forward and even where Chat GPT fits in."

"I hope this workshop helps participants better understand why these questions exist — what are grantors looking for in asking for this information? — and, in doing so, helps them write more effective responses," Spillane added.

Smith pointed to the region's many nonprofits and the importance of developing a good narrative, "but even more valuable," she said, "is creating meaningful connections and critical collaborations within our community. I am

Cont. on Pg. 5

RUSINESS

Flying Bear Pizzeria at Naturita Bicycle Company opens this month



Flying Bear opens next week in Naturita. (Photo by Regan Tuttle)

By REGAN TUTTLE, Editor

any have seen Virginia Ericson and Nick B a dovinac working on the old Motherlode building on Main Street in Naturita. The couple came most recently from Arizona but have ties to Utah. They're opening Flying Bear Pizzeria at Naturita Bicycle

Company this month.

They sat down with the San Miguel Basin Forum last week in their new space and said they're invested in the West End community. They want to support the local food movement and are working with the Fresh Foundation, of Norwood, for their menu. They want to integrate local ingredients whenever possible.

While they won't have spir-

its, they'll serve beer, wine and mead. Patrons can dine inside or outside, though they'll be working on Phase 2 of their space in the future, which includes shade and the exterior.

At the same time, Badovinac will be working on the technical aspects of bike mechanics. With a background in working for Pivot Cycles in Phoenix, his expertise is the high end of bike maintenance, specifically sus
Cont. on Pg. 4

WEST END

Citizens give feedback, concerns

By REGAN TUTTLE, Editor

their feedback and concerns last week in the Montrose County Commissioners town hall. Then, Paul Koski told the board that West End Trails Alliance was recently awarded a \$25,000 grant for trails work. He requested support in working with the BLM, since the Sawtooth project is upcoming.

John Reams inquired about Highway 90 and its future. Public Works Director Keith Laube said the slide there will remain forever, and while the county has scouted a detour possibility, it would take environmental studies and work with the U.S. Forest Service.

Bette Nickell reported to commissioners her concerns on public health. She said she appreciates the funding the county has given to the Basin Clinic this year.

"But, I cannot tell you how concerned I am with the number of deaths," she said.

She said there's no full-time medical doctor at the clinic (the clinic does have two mid-level providers). She also said there's no dentist, and the lack of dental care can be seen in the community. Nickell said she doesn't know if lack of insurance is the biggest barrier to health care, or if a lack of education also has something to do with people not regularly seeing physicians.

She's worried about the drug problem too and suggested a local task force "to get on top of it." She said the West End community is trying to clean itself up.

"Truly we need something done for the health care of this area," she

It was announced at the meeting that the Aerocare business would vacate its office space this month, also of concern to many citizens.

EMT Jeff Stephens is concerned about the airport and the lack of a manager. Snow on the runway remains problematic for medical flights. Nobody is assisting with refueling flights either. In the past, there used to be a full-time manager.

Natalie Binder thanked commissioners for coming to Naturita and gave an update on her business project, CampV, which is bringing in tourism for the West End.

She's had questions about the Dolores River Valley and the possibility of a national monument in the county. She told commissioners she was worried they didn't have a seat at the table for national monument discussions. She asked for their involvement.

Commissioner Sue Hansen said a monument would limit energy and restrict future development in energy. Hansen does not support any

Cont. on Pg. 3

MONTROSE COUNTY

Yergensen, commissioners give updates in Naturita

By REGAN TUTTLE, Editor

In a town hall at Naturita Community Center last week, commissioners met to give updates but also hear citizen concerns. Katie Yergensen, communications director for the county, gave a lengthy presentation.

Yergensen said there's a form on the county's website for the Road and Bridge department. She said the form enables citizens to report an issue, such as a county road needing bladed. County officials will respond to the online form within 24-48 hours of receiving it. Citizens may also attach a photo to their online submission. The online forms are sent to the commissioners, Montrose County Public Works and also the Road and Bridge



Katie Yergensen gives a county update in Naturita June 6. (Photo by Regan Tuttle)

Cont. on Pg. 5

HEALTHIER TOGETHER

How to avoid a hangover? Mindful drinking ...

By SAGE CARVER

ummer is here. The days are long. The sun is shining. The weather is beautiful. I love the energy of summertime, except that summer activities are so often associated with alcohol. We all know that too much alcohol leads to a hangover the morning after. Oh, the dreaded hangover; I can't think of anything worse.

Many of us will be enjoying all the summertime festivities that go along with warmer weather: barbecues, golf, weekends at the lake, vacations and so on. With that being said, many of us will absolutely be having a cocktail or two. Whether it's a glass of wine with dinner or a night out with friends, drinking can be a fun and enjoyable social activity. However, alcohol can also have negative consequences, both physically and mentally. Excessive alcohol consumption can lead to liver disease, high blood pressure and other health problems. Additionally, drinking too much can impair your judgment, putting you at risk for accidents, injuries and regret.

But beyond the physical consequences, alcohol can also have negative effects on your mental health. Drinking can worsen anxiety and depression, interfere with sleep, and cause feelings of guilt and shame. Mindful drinking can help you avoid these negative effects by allowing you to enjoy alcohol in a more responsible way.

Mindful drinking is a way of consuming alcohol with intention and awareness. It involves being present in the moment and paying attention to how alcohol affects your body and mind. It's not about abstaining from alcohol altogether, but rather finding a balance between enjoying alcohol and taking care of yourself. Here are some tips to avoid the hangover with mindful drinking.

• Set intentions: Before you start drinking, take a moment to set an intention for yourself. Ask yourself why you're drinking and what you hope to get out of it. How do you want to feel tomorrow morn-

FREE LEGAL AID

Naturita and Nucla public libraries

2 p.m.

Call to schedule

June 14

July 12

July 12

Aug. 9

Sept. 13

Oct. 11

Nov. 8

Dec. 13

ing? Maybe you're celebrating a special occasion, or maybe you're just looking to unwind after a long day. Is it really worth it? Whatever the reason, setting an intention can help you to make a choice that's best for you.

- Know your limits: It's important to know your limits when it comes to alcohol. Everyone's body is different, so what works for one person may not work for another. Pay attention to how much alcohol you can consume without feeling drunk or impaired. Remember that the recommended limit for alcohol consumption is no more than one drink per day for women and two drinks per day for men.
- Stay hydrated: This is by far the simplest but most effective strategy to help prevent any ill effects with alcohol. Having a glass of water for every alcoholic drink will help to prevent the dehydration and can also help to flush the alcohol out a little quicker. One of the major reasons that we experience hangovers is due to dehydration.
- Listen to your body: Finally, it's important to listen to your body when it comes to alcohol consumption. Pay attention to how you're feeling and adjust accordingly. If you're starting to feel drunk or impaired, it's time to slow down or stop drinking altogether. Again, alcohol affects everyone differently, so it's important to listen to your own body and make decisions that are right for you.

The number one way to ensure you never encounter a hangover is to avoid alcohol altogether. That can be easier said than done. No doubt alcohol is not a health food, but as long as it's not consumed chronically and it's enjoyed responsibly, then having it on occasion as part of your lifestyle is perfectly OK. And if you choose not to drink, even better! Cheers to summertime, cheers to no more hangovers, cheers to feeling alive, cheers to being healthier together.

Looking to Place a Classified?

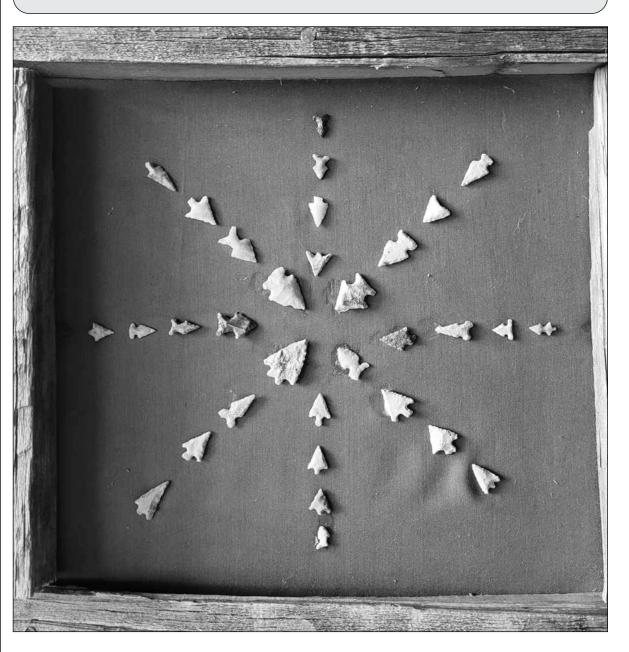
And have thousands of people see it?

San Miguel
Basin Forum

(970) 864-7425

History: Rimrocker Historical Society **Arrowheads**

By JANE THOMPSON, Rimrocker Historical Society



An arrowhead presentation takes place June 15 at 6:30 p.m. at the museum. (Image courtesy of the Rimrocker Historical Society

r. Clarence T. Hurst was the executive secretary and one of the 1935 organizers of the Colorado Archaeological Society and editor of Southwestern Lore, the organization's publication. Their three goals were 1) to develop interest 2) to protect antiquities and 3) to stimulate research.

In 1939 Hurst had established a museum at Western State College in Gunnison. At a talk that Hurst gave in 1939, he finished with this statement: "This archeological work is not only interesting—it's fascinating! It's downright romantic!"

Well, if you have ever been lucky enough to find an arrowhead, you probably understand the excitement that Hurst was talking about. Hurst brought groups of students over to the West End area to excavate the Tabeguache Caves and also a cave in the Dolores Canyon outside of Uravan. He worked those sites from 1939 through 1946. Our museum is in possession of some of the artifacts from the Tabeguache Caves, as they were gifted to the Tabeguache Study Club by Hurst himself and later passed on to the Rimrocker Historical Society.

Back in those days and on into the 1950s and 1960s, there were many people out looking for arrowheads. It became somewhat of a hobby. Families went out every weekend to hunt for arrowheads. Many people found arrowheads, pottery and other small artifacts. Arrowheads were pretty easy to find, if you knew where to look. It is not something that my family did, but I have met many families over the years who have amazing collections.

After the Archeological Resources Protection Act of 1979 was passed, any item of archeological interest that is more than 100 years old became protected. That was pretty much the end of the hobby collection of arrowheads. That left a lot of private collections out there that are very valuable and very sentimental to a lot of people. The Rimrockers are very honored that a few families have shared their collections with us. We take the responsibility of keeping these collections very seriously.

This Thursday on June 15 at 6:30 p.m., we will have a presentation at the new museum to talk about how to preserve the integrity of your collections and still maintain your privacy. Neil Hauser and Teri Hauser from Coal Creek Research Inc., a two-person nonprofit in Montrose focused on archaeology, will be giving a talk and answering questions on their project to gather information and images of arrowheads found in Colorado.

The goal of the project is to make information on arrowheads from Colorado, from both private collections and museums, more available for research. The project currently has nearly 8,700 images and associated information

on each point freely available on the internet. The talk will discuss all aspects of the project, including what arrowheads are being recorded, what data are available for each arrowhead, how the images are being created, how the anonymity of collections, sites and collectors are achieved, currently the number of points from different areas, how the images and data will be preserved for perpetuity, and how the images and data might be used.

The Hausers will answer questions about your collections, and questions are welcome and encouraged. Nobody is under any obligation to share any information on their private collections. This is just a good opportunity to hear some good information.

The Hausers will be scanning the Rimrockers collections and adding them to the website. We will have our arrowhead displays up for everyone to look at. We hope you can join us for this informative presentation June 15 at the new museum building, located at 472 Main St., in Nucla (the purple and green building). As Hurst so eloquently stated, "This archeological work is not only interesting — it's fascinating! It's downright romantic!"

Speaking of fantastic ... Thanks to everyone who came out on Sunday afternoon and helped us get a good portion of our big items moved to the new building. We really appreciated your help!



Celebrating at Naturita Days

Folks gather at the river for the rubber duck race on June 3 in Naturita's new park. (Photo by Regan Tuttle)

POLITICS

Rep. Catlin's adult education bill is now law

SPECIAL TO THE FORUM

Ttate Representative Marc Catlin's SB23-007, regarding adult education, is now law. The bill was signed by Governor Jared Polis on Friday, June 2. With this law, adult education providers will offer eligible adults basic education in literacy, digital literacy and numeracy. The bill allows community colleges, area technical colleges and local district colleges to develop a minimum graduation requirement for a high school diploma, based on the high school graduation requirements of the school district within the geographic area of the colleges.

The bi-partisan bill received 90 percent approval from all state legislators.

The prime sponsors in the Colorado House of Representatives were Cathy Kipp (D-HD52) of Larimer County and Catlin (R-HD58) of Montrose County. The prime sponsors in the Colorado Senate were Rachel Zenzinger (D-SD19) of Jefferson County and Barbara Kirkmeyer (R-SD23) of Weld County.

"I am a believer that a good life comes when individuals have options and opportunities," Rep. Catlin said in a news release. "This law will help give individuals, especially in rural communities, the opportunity to get their high school diploma or high school equivalent. Also, updating the law to include 'digital literacy' is important for those who have been displaced by the digital age. It is time that we help people learn the skills they need to succeed."

Rep. Catlin represents the eight counties of Dolores, Delta, Gunnison, Hinsdale, Montezuma, Montrose, Ouray and San Miguel. He vice chairs the Agriculture, Water and Natural Resources Committee, is a member of the Capital Development Committee, and is a ranking member of the Transportation, Housing and Local Government



The new school in Nucla received another \$8 million in funding. (Photo by Regan Tuttle)

Citizens give feedback

Cont. from Pg. 1

wilderness designation.

"Be careful what you wish for," she told Binder and added that those working on a monument designation don't really want commissioners involved.

Mayor Gene Greenwood of Naturita agreed and said the federal government has and will take public land and restrict uses, while closing roads.

Greenwood added his concern was for policing. He said the sheriff's office does a great job in the West End, but they're always down on manpower. He said deputies end up taking jobs in other departments, leaving Bruce Schmalz "shorthanded."

He's also concerned about the EMS in the West End, since the clinic is no longer providing emergency care after hours.

"EMS is so buried right now,"

he said. "If not for them, we'd be in super bad shape for medical and emergency medical."

Reams added in closing the West End Public Schools District has received more total funding than Montrose Regional Airport. Recently the school got another \$8 million in supplemental funding due to hikes in prices related to the COVID pandemic. Reams said the new school in Nucla deserves some county press and acknowledgement.

San Miguel Basin Forum

PO Box 724 · Nucla, Colorado 81424

Owner and Editor: Regan Tuttle · regantuttle@gmail.com · 970-864-7425

Advertising Manager: Tanner Nelson

Design Team: Rick Bickhart & Tori Sheets





31186 Highway 145 Naturita, Colorado

(970) 864-7531 www.bruinwastemanagement.com

Residential, Commercial, Recycle, Portable Toilets & Roll Off Dumpsters

We now offer luxury portable toilet rentals for all of your event needs!

SERVING THE COMMUNITIES OF: Nucla, Naturita, Redvale, Norwood, Telluride, Ridgway, Log Hill, Delta, and Montrose



VINYL ALUMINUM WRAPS BANNERS EE SHIRTS

S ENGRAVED
RS WOOD
RTS PLASTIC
S STICKERS
S CUSTOM GIFTS
SO MUCH MORE

YOUR COMPLETE SIGN SHOP

OPEN MONDAY - FRIDAY 8-5 395 MAIN STREET, NUCLA

WE HAVE 42 YEARS EXPERIENCE
IN CUSTOM DESIGN AND CAN CREATE A
LOGO AND BRING YOUR BRAND TO LIFE!



COLORADO SINCE 1989

- SEAMLESS 5" & 6" K-STYLE
- HAND CUT, SINGLE SEAM MITERS
- STEEL, ALUMINUM, & COPPER
- Up to 10-Year Warranty

10% MILITARY & SENIOR DISCOUNT

(970) 858-1347 ~ FOURSEASONSGUTTERSYSTEMS@YAHOO.COM WWW.FOURSEASONSGUTTER.COM





Uranium Price – June 5, 2023 \$55.50





Bachman Law, LLC

Estate & Medicaid Planning, Probate, LLC Formation, & Real Estate Transactions

140 E. Main Street PO Box 158 Naturita, CO 81422

Sara Bachman

970.865.2440 sara@bachmanlawllc.com www.bachmanlawcolorado.com



Serving our communities since 1913

970-865-2255

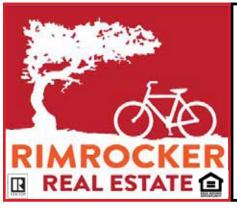
Located in Naturita at the corner of Highway 114 & 97 P.O. Box 160 Naturita, CO, 81422

TOWN & COUNTRY INSURANCE
Excellence Is Our Standard Policy

Auto, Home, Ranch, Business, Life, Bonds JESSICA@TOWNANDCOUNTRY-INSURANCE.COM

PHONE: (970) 818-9316

LOCATED IN THE BACHMAN LAW BUILDING * NATURITA, CO



ENJOY 4 SEASONS IN
SOUTHWEST COLORADO'S
OUTDOOR JEWEL!

Nora Davis (Owner) (970) 428-2236 217 West Main Street Naturita Colorado

E-Mail:
rimrockerrealestate@gmail.com
Website:
www.rimrockerrealestate.com

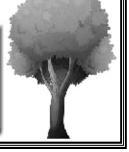
Chomp N Sons, LLC

Tree Trimming Service

Contact:

Randy: (970) 765-5103 **Tim:** (970) 209-8973

Licensed and Insured



Flying Bear Pizzeria

Cont. from Pg. 1

pension service. To receive this type of work, bike owners must typically send bikes to Salt Lake City or maybe Grand Junction. Now, Badovinac will be doing the work in Naturita, serving the West End, but offering those from Telluride to Moab suspension service.

Rather than sending bikes off long distance, Badovinac can do the work on Main Street in Naturita. He can service rental shops and those with fleets. He also knows how to service e-bikes, possessing knowledge of the internal workings and wiring of those.

Badovinac went to bike mechanic school 26 years ago. Since then, he's been building his skill set. He was one of the designers and curators of the Captain Ahab Trail in Moab. He was recently honored in Utah and was a guest speaker for the

trail's 10-year anniversary.

He's been to school for industrial design and is certified to work via computer to manufacture bike frames and make parts. Essentially, Flying Bear is his life's dream, and he's chosen the West End for the space to make it happen.

His partner, Ericson, is all in. She's thrilled to make the West End home and grow roots. Her first career was in food and beverage, and she's excited to open a new restaurant. She knows how to serve, work in the kitchen and bartend. However, she's got additional skills that can serve the West End, too. She's a registered nurse and has worked in public health, surgery and trauma situations. Already she's working part-time to help Nuclear Care Partners. She's also reached out to the Basin Clinic to see about serving on their board of directors to assist them.

They're so grateful for the local institutions that are helping them find their way, including the West End Economic Development Corporation, Citizen's State Bank, Naturita Town Hall and more. At some point, they'll be hiring too, but they need to determine the flow of their guests first.

Their preliminary plan is to be open noon to 8 p.m., Thursday through Monday, though they admitted things could change once they open and get started. They especially want to serve the weekend crowd.

They'll have pizza by the slice, full pizzas, salads, some gluten-free options, and some baked goods. They want all to feel welcome, whether they're into bicycles or not. They want families to feel comfortable coming in and having a meal.

As of press time, they intended to be open by next week.

Looking to Place a Classified?

And have thousands of people see it?

Place an Ad in the San Miguel Basin Forum

(970) 864-7425

ABANDONED PROPERTY FOR SALE

- Number of units 1
- The 1 unit is a 10x10 Storage Unit
- Contents are Unknown
- Owner/Lessee: Tyrell Williams
- Sealed Bids will be accepted Prior to the sale, Anytime before the sale. If no bids are received, the contents will be disposed of on Saturday the 24th of June



Contact:

PackRat "Minnie" Storage 211 East Main Street

Naturita, CO 81422

(970) 596 1041 or

(970) 865 2854

Published: June 14 & 21, 2023

Sale Date: Sat 24th of June

<u>Sale Location:</u> 211 East Main Street, Naturita, CO 81422

<u>Inquiries:</u> contact (970) 596 1041



Welcomes DR. SAMUEL HOLMES

Double Board Certified

PHYSICAL MEDICINE & REHABILITATION INTERVENTIONAL PAIN MANAGEMENT

Medical School

Uniformed Services University Bethesda, MD

Internship/Residency/Fellowship

Walter Reed National Military Medical Center, National Capital Consortium Bethesdo, MD

Office

800 South 3rd Street Montrose, CO 81401 970-252-2584



Now Accepting New Patients

Grant writing workshop

Cont. from Pg. 1

hopeful that attendees will walk away from this workshop with a list of new allies, nonprofit partners and community resources to better engage with one another in pursuing actionable impact and gaining organizational capacity."

For more information or to RSVP for the workshop, contact April Montgomery at 970-728-8717 or april@telluridefoundation. org. Zoom attendees must register at us06web.zoom.us/meeting/register/tZEvfu-oqjosGN1GlS1KEBc0VSj_wY3Bd1_X.

Updates in Naturita

Cont. from Pg. 1

department. Yergensen said the method eliminates confusion and makes for better communication.

She added the county is also considering an interactive map or weekly post of county roads that are open. She asked the crowd if that would be helpful. She said Road and Bridge is working on a new software, and there is a possibility of integrating a maps feature.

There has still been snowpack remaining in some parts of the county. There were drifts as a high as 15 feet at Windy Point. While 25 Mesa Road was open last week, not all roads have been open. The county's goal is typically Memorial Day weekend, but with this year's precipitation, some road openings have been delayed.

The Montrose Regional Airport is still under construction. The \$37 million project will double the size of the terminal. The airport was voted busiest on the Western Slope in 2022 and saw 470,000 passengers travel through it. Two jet bridges are being added, along with paving, making a total of 610 parking spaces. Much of the work wraps up this year. Commissioners told the audience property taxes don't fund the airport.

Yergensen also said the county's critical wildlife plan is being updated. Last revised in 2009, the plan is in the revision process and public input is needed.

"This plan helps identify priority areas for fuel reduction areas. It also helps the county be more competitive when applying for grants," said Montrose County Director of Emergency Management, Scott Hawkins, in a news release last week. "One of the most important parts of the plan is resident involvement. Public feedback is a very important part ... Please take time to fill out the survey as this helps drive strategies moving forward."

The survey is available at storymaps.arcgis.com/stories/d078d39d4a144ed18d-9ba3957b29b84f on the county's website.

Yergensen included a summary of capital projects in her presentation. The county courthouse has been under a remodel, costing \$14-\$20 million. Commissioner Kieth Caddy said while the previous USDA grant had too many strings attached, the county might be receiving nearly \$8 million in grant funding after all.

The West End Annex is also a future plan. Yergensen said the annex would consolidate the human services facility with the sheriff's office and also Road and Bridge. The county is looking at budgets and only in the design phase. Commissioners agreed the sheriff's office is in need of upgrades in the old converted hanger at the airport.

A county jail expansion and renovation is also in the design phase on the east end, and that will go out for bid this summer.

Yergensen said she recommended all to visit the county's website for transparency. She said anyone can access financial information, funds and card statements.

We are looking forward to Serving you.

Great Tires - Great Deals

29492 Hwy 97, Nucla, CO

(970) 864-2287

We Meet Your Tire Needs

We Appreciate & Thank You for Your Business

A HUGE SHOUT OUT

To each Business that advertised in the **2023** NNTC Telephone Directory.

With the internet these days, we know a lot of people no longer use the telephone directory to look up numbers, but we know several in our community that still rely on our book. We would like to say

THANK YOU

to everyone that makes it possible for us to still publish the NNTC Directory. We sincerely appreciate each of you!

> 5th Avenue Grill My Place

AT's Meatblock Packrat Minnie Storage, LLC

Basin Clinic Redd's Mercantile **Blondies** Rimrock Hotel

Bruin Waste Management San Miguel Power Association Inc.

Co-Op Country Store West End Family Link Community Bible Fellowship West End Spa, LLC

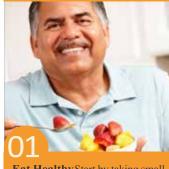
Hoof & Paw Thrift Store



Nucla-Naturita Telephone Company NNTC Wireless, LLC



June is Men's Health Month



Eat HealthyStart by taking small steps like saying no to super-sizing and yes to a healthy breakfast. Eat many different types of foods to get all the vitamins and minerals you need. Add at least one fruit and vegetable to every meal.



of the elevator. Do yard work. Play a sport. Keep comfortable walking shoes handy at work and in the car.



Make Prevention a Priority. Many health conditions can be Prevented or detected early with regular checkups from your healthcare provider. Regular screenings may include blood pressure, cholesterol, glucose, prostate health and more.

UMC



lishing National Men's Health Week. "Recognizing and preventing men's health problems is not just a man's issue. Because of

On May 31, 1994

sioned the hill estab

its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue." Congressman Bill Richardson (May 1994)

> In 2000 there were fewer than 80 men for every 100 women by the time they reach age 65 – 74.



We thank the San Miguel County Commissioners for their continued support!



We are always available to help you with your REAL ESTATE needs!

Office: 970-865-2525 鱼 Debbie: 970-428-2364 Michele: 970-417-5103

Delta Sales Yard - Latest Market Report

300-400# STEERS	2.35-2.70	300-400# HEIFERS	2.40-2.70
400-500# STEERS	2.25-2.60	400-500# HEIFERS	2.20-2.38
500-600# STEERS	2.10-2.45	500-600# HEIFERS	2.05-2.15
600-700# STEERS	1.85-2.15	600-700# HEIFERS	1.87-1.95
700-800# STEERS	1.80-2.02	700-800# HEIFERS	1.70-1.89
800-900# STEERS	1.78-1.88	800-900# HEIFERS	1.60-1.70
Top bulls	High of 1.18	Medium bulls	1.05-1.13
Young Cows	1.05-1.35	Top cows	1.00-107.
Medium cows	.8899	Low-yielding cows	.88 down

NEXT WEEK: Thursday June 8th. 6 grass calves, 8 mixed feeders, 10 butcher cows, 7 butcher cows, 5 butcher bulls. Along with our usual dock run of 200-300.

Bubbaduts café is open at the Delta sales yard, serving Breakfast and Lunch. Opens at 8:00 a.m

NEXT SPECIAL HORSE SALE – Saturday August 5th. We would like to have a catalog sale along with our regular horse sale. If you interested please call us at 970-874-4612. Please have your information for the horse into the sale barn by $July\,17^{\hbox{\scriptsize th}}.$ If your horse is not in the catalog feel free to bring them in like normal

Next special sheep & goat sale next week - Thursday June $29^{\mbox{th}}$

SUMMER SCHEDULE: ADJUSTMENT FOR SUMMER SALE ON JUNE 22! WE

WILL BE HAVING A SALE!

JUNE 8TH- Regular Cattle sale.

<u>JUNE 15TH – Regular Cattle Sale.</u> June 22nd - Regular cattle Sale. Semi of weigh cows & Bulls.

JUNE 29TH - Regular Sale & Sheep / Goat Sale

<u>July 6th –</u> No sale

– Regular Cattle Sale

JULY 20 - NO SALE

JULT 27TH – Regular Cattle Sale/ Sheep & Goat Sale

AUGUST 3 - NO SALE

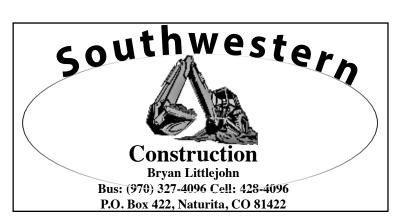
AUGUST 5TH - Horse sale

AUGUST 10TH - Regular Cattle Sale

AUGUST 17th – No sale

AUGUST 24TH - Regular Cattle Sale/ Sheep & Goat Sale

<u>august 31ST – no sale</u>



ACCEPTING APPLICATIONS

1 & 2 bedroom apartments, Family Living at an affordable price.



Nucla Family Housing

300 East 3rd Street, Nucla, Colorado (970) 864-2262



Landmark Management: 712-276-1735 • TTY: 800-659-2656

This institution is an equal opportunity provider



Bachman Law, LLC

Estate & Medicaid Planning, Probate, LLC Formation, & Real Estate Transactions

> 140 E. Main Street PO Box 158 Naturita, CO 81422

970.865.2440 sara@bachmanlawllc.com www.bachmanlawcolorado.com

We Meet Your Tire Needs

We Appreciate & Thank You for Your Business



We are looking forward to Serving you. **Great Tires - Great Deals 29492 Hwy 97, Nucla, CO** (970) 864-2287



AUTO, HOME, RANCH, BUSINESS, LIFE, BONDS

JESSICA@TOWNANDCOUNTRY-INSURANCE.COM

PHONE: (970) 818-9316

LOCATED IN THE BACHMAN LAW BUILDING * NATURITA, CO

West End Montrose County

Sheriff's Office Blotter

5/18/2023

0842 Hours - Deputy was dispatched to Highway 97 mm 3 near Nucla for a harassment report.

1020 Hours - Deputy was dispatched to the 400 block of West Second Avenue in Naturita for a juvenile problem.

1137 Hours - Deputy was dispatched to the 12100 block of Highway 90 near Bedrock for a welfare check.

1213 Hours - Deputy was dispatched to the 500 block of West Seventh Avenue in Nucla for a welfare check.

1854 Hours - Alex Case, 41, was contacted in the 200 block of East Main Street in Naturita and issued a warning for speeding.

1914 Hours - Deputy was dispatched to the 35300 block of Highway 145 near Redvale for an animal problem. 1923 Hours - Deputy was dispatched to the 27300 block of Fifth Road near Nucla for a theft.

1941 Hours - Deputy was dispatched to Highway 97 mm 3 near Nucla for an animal problem.

3 civil processes attempted/served 5/19/2023

0957 Hours - Deputy was dispatched

to the 35300 block of Highway 145 near Norwood for an animal problem. 1122 Hours - Deputy was dispatched to the 100 block of Highway 97 for an unwanted person. 1132 Hours - Deputy was dispatched

to the area of Seventh Avenue in Nucla for found property. 1207 Hours - Deputy was dispatched

to the 37600 block of Highway 145 near Redvale for an agency 1313 Hours - Deputy was dispatched

to the 300 block of Payson Street in Naturita for a medical assist. 1649 Hours - Deputy was dispatched

to the 34500 block of 3575 Road near Redvale for an animal problem. 2006 Hours - Deputy was dispatched

to Highway 141 mm 85 near Naturita for a medical assist.

5/20/2023

0135 Hours - Deputy was dispatched to the 100 block of West Second Avenue in Naturita for a welfare

1102 Hours - Austin Sullivan, 27, was contacted in the 100 block of West Main Street in Naturita and cited for no windshield and driving with a revoked driver's license.

1820 Hours - Deputy was dispatched to the 400 block of East Third Avenue in Nucla for a traffic complaint. Cyrian Rainwater, 18, was contacted and issued a warning for careless driving.

1918 Hours - Deputy was dispatched to the 35000 block of 3590 Road near Redvale for a 911. 1 directed patrol in Nucla

1 directed patrol in Naturita

5/21/2023

0920 Hours - Deputy was dispatched to a traffic complaint.

1610 Hours - Deputy was dispatched to the 800 block of Main Street in Nucla for a disturbance.

1731 Hours - Deputy was dispatched to the 500 block of Lake Avenue in Naturita for a welfare check.

1911 Hours - Deputy was dispatched to the 800 block of Main Street in Nucla for a traffic complaint.

2011 Hours - Deputy was dispatched to Highway 145 mm 113 near Redvale for an animal problem.

2053 Hours - Deputy conducted a motorist assist on Highway 141 mm 87 near Naturita.

1 directed patrol in Naturita

5/22/2023

1454 Hours - Deputy took an information report in the 600 block of King Street in Nucla.

1739 Hours - Deputy was dispatched to the 200 block of East Main Street in Naturita for a traffic complaint. 1923 Hours - Deputy was dispatched

to the 500 block of Lake Avenue in Naturita for a medical assist. 2026 Hours - Deputy was dispatched

to the 800 block of Main Street in Nucla for a disturbance.

2044 Hours - Deputy was dispatched to the 400 block of Fox Street in Nucla for an information report.

5/23/2023

1536 Hours - Deputy was dispatched to Highway 141 mm 59 near Naturita for a traffic hazard.

1603 Hours - Deputy was dispatched to the 37900 block of Highway 145 near Redvale for a 911.

1652 Hours - Deputy was dispatched to the 100 block of West Sixth Avenue in Nucla for a theft report.

2103 Hours - Deputy was dispatched to Highway 145 mm 113 near Redvale for a suspicious vehicle.

1 follow up

2 VIN inspections

1 civil process attempted/served

5/24/2023

0820 Hours - Deputy conducted court security in the 300 block of Main Street in Nucla.

1036 Hours - Deputy was dispatched to the 500 block of West Seventh Avenue in Nucla for an animal prob-

1337 Hours - Deputy conducted a motorist assist on Highway 141 mm 98 near Gateway.

1436 Hours - Deputy was dispatched to the 21500 block of 600 Road near Paradox for a theft report.

1615 Hours - Deputy was dispatched to Highway 145 mm 113 near Redvale for an accident.

5/25/2023

0649 Hours - Deputy was dispatched to relay a message in the 300 block of East Tenth Avenue in Nucla.

1318 Hours - Deputy was dispatched to the 100 block of Payson Street in Naturita for an abandoned vehicle. 1343 Hours - Deputy was dispatched

to the 200 block of Highland Circle in Naturita for a 911.

1614 Hours - Deputy was dispatched

to the 400 block of Adams Street in Naturita for an animal prob-

1705 Hours - Deputy was dispatched to the 28800 block of CC Road near Nucla for a civil standby.

1936 Hours - Deputy was dispatched to the 100 block of East Main Street in Naturita for an animal problem.

5/26/2023

0731 Hours - Deputy was dispatched to the 100 block of Payson Street in Naturita for a theft report.

1032 Hours - Deputy was dispatched to the 200 block of West Fourth Avenue in Nucla for a theft report.

1812 Hours - Deputy was dispatched to the 28800 block of CC Road near Nucla for a civil standby.

2327 Hours - Deputy was dispatched to the 400 block of East Main Street in Naturita for a noise com-

1 civil process attempted/served

5/27/2023

2131 Hours - Deputy was dispatched to the 400 block of Pine Street in Naturita for a disturbance.

1 civil process attempted/served

5/28/2023

1005 Hours - Deputy was dispatched to the 500 block of West Seventh Avenue in Nucla for an animal problem.

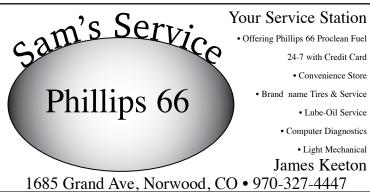
1053 Hours - Deputy conducted a citizen assist in the 100 block of Payson Street in Naturita.

1115 Hours - Deputy was dispatched to the 100 block of West Main Street in Naturita for an unsecure premise.

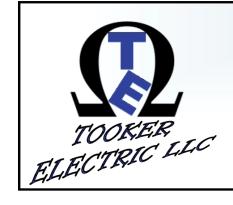
1346 Hours - Deputy was dispatched to the 200 block of Fox Street in Nucla for an animal problem. 1446 Hours - Kyrin Heiter, 50, was

contacted in the 200 block of East Main Street in Naturita and issued a warning for speeding. 2008 Hours - Deputy was dispatched

to Highway 141 mm 55 near Naturita for an accident. 2012 Hours - Deputy took an information report at the intersection of East Fifth Avenue and Ash Street in



Nucla.



Christopher Tooker

Master Electrician **Electrical Contractor** Phone: 970-864-2321 tooker of fice @gmail.comwww.tookerelectric.com

> **New Construction** Residential Commercial



Call for a Quote or to Schedule a Delivery **SATURDAY DELIVERIES AVAILABLE** 970.729.0997 970.327.4218

Classified Ads

FOR SALE

1981 Champion 14x56 mobile home for sale. \$5,000.00 MUST BE MOVED Call Debbie @ 970-428-2364

Memorial Services for Veterans - Contact Tom Loczy and VFW at: (970) 428-2268

VETERAN MEMORIAL SERVICE INFO

CHANGE TO OBITUARY COST

We will no longer charge for black and white obituaries under 500

WALK IN LIQUOR IS HIRING FOR LIQUOR STORE SUPER CLERK

WE ARE LOOKING FOR:

Long term team member Must be available during hunting seasons 15-21 hours per week

Available nights and weekends

PICK UP APPLICATION AT STORE, INTERVIEWS SOON.

SAN MIGUEL COUNTY IS HIRING

All positions are full-time, year-round and include a comprehensive benefits package!

Light Equipment Operator/Truck Driver \$22.91/hour

Or

Heavy Equipment Operator \$25.29/hour

(DOQ)

Lead Mechanic \$27.91/hour

To view the complete job descriptions, compensation, benefits and to officially apply for any of the County's open career opportunities, please visit: www.sanmiguelcountyco.gov/jobs

San Miguel County is an Equal Opportunity Employer (EOE).

LEGAL PUBLICATION

WEST END PUBLIC SCHOOLS

Notice of Proposed School Budgets

Notice is hereby given that a proposed budget has been submitted to the Board of Education of West End Public Schools, RE-2 for the fiscal year beginning July 1, 2023 and has been filed in the district office located at 225 W. 4th Avenue in Nucla, CO 81424 where it is available for public inspection. Such proposed budget will be considered for adoption at the regular meeting of the Board of Education of said District at the Nucla High School library on June 20, 2023 at 5:00 p.m. The regular school board meeting will follow beginning at 6:00 p.m. Any person paying school taxes in said District, may at any time prior to the final adoption of the budget, file or register his/ her objections thereto.

BOARD OF EDUCATION

West End Public Schools RE-2 Clint Wytulka

Superintendent

Published in the San Miguel Basin Forum June 7 & 14, 2023

LEGAL PUBLICATION

BASIN CLINIC, INC. **NOTICE OF ANNUAL MEETING ELECTION OF DIRECTORS BOARD VACANCY**

NOTICE OF RIGHT TO ELECT DIRECTORS

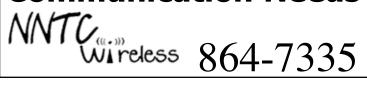
Basin Clinic, Inc. will hold its annual meeting and election of Directors on Tuesday, June 27, 2023, at 5:30 p.m. at the Nucla Hopkins Field, located at 27696 DD Rd, Nucla, Colorado (Zoom attendance available by emailing Christina Pierce, cpierce@basinclinic.org). Two Directors' positions are up for election and will serve a three-year term.

Nominations may be made by writing a letter of intent to serve on the Board for the Basin Clinic, Inc. In order to be nominated for director you must be a registered voter and a member/user of Basin Clinic, Inc.

Such letters must be delivered to the office at the Basin Clinic, Inc. or mailed to P.O. Box 14, Naturita, CO 81422. They must be received by Basin Clinic, Inc. on or before 5:00 p.m. Friday, June 23, 2023.

Published in the San Miguel Basin Forum June 7, 14, & 21, 2023

"Your One Stop **Shop For All Your Communication Needs**"



STATEPOINT CROSSWORD THEME: THE 1970s

ACROSS

1. Aardvark's repast

- 5. Game official, colloquially speaking
- 8. In alignment
- 12. Tiny bottle
- 13. Big rig
- _ Apso
- 15. Fairy-tale opener
- 16. Arabian chieftain
- 17. Peter Pumpkin
- 18. *White House Plumbers' affair
- 20. Arrival times, acr.
- 21. *Gerald R. Ford and Nelson
- A. Rockefeller
- 22. Tolkien's Ogre-like creature
- 23. *Charlie's TV detectives
- 26. At sea but close to shore
- 30. Always, poetically speaking 31. Adjust
- 34. Cupid, to the Greeks
- 35. High

- 37. 9 to 5, e.g.
- 38. Bow-like structure
- 39. Hippocrates' promise
- 40. Struck in certain way, in base-
- 42. Paleontologist's estimate
- 43. Like a kilt
- 45. English county
- 47. Boiling blood
- 48. ____, Stinky and Stretch
- 50. Shade of beige
- 52. *"Rainy Day People" singer Gordon
- 56. Things on a list
- 57. Rod of a hot rod
- 58. *Bee Gees or The Supremes,
- 59. Saintly glows
- 60. Never, poetically speaking
- 61. Pre-Easter period
- 62. Demeanor
- 63. *Banned insecticide, acr.
- 64. Oxen connector

DOWN

1. Assert

CROSSWORD



2. *"Black Gold" singer Nina

3. Diplomat's asset

4. *Popular bell-shaped part of garment

5. Gerrymander

6. Gives off

7. *Earth and Wind partner

8. *First female British prime minister

9. Pro

10. Operates

11. Head canal locale

13. Wisest

14. Unfriendly looks

19. Track event

22. Buck

23. Famous fable-maker

24. *Kathmandu location and Hippie Trail stop

25. Heating outlet cover

26. Research facil.

27. Shamu and such 28. *Khmer

29. English county

32. Sound of impact

33. Coffee holder

36. *Mao's honorific 38. Sunbaked, archaically speak-

40. Busy flyer

Rolle of "Good Times"

44. Corbel 46. *"Killing Me ____ with His

Song" 48. Spayed

49. End of a shoelace

50. Evening purse

51. Wrap in waxy cloth 52. It "was made for you and

53. Black and white cookie

54. Piglet sound

55. Carrying container

56. *Helen Reddy's "

Woman"

SUDOKU SPECIAL OFFER Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF 1-855-576-5653 6 5 8 9 4 6 6

6

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

SOLUTION PREVIOUS

1	8	7	4	2	3	6	5	9
								1
4	5	2	9	1	6	7	8	3
5	4	9	8	7	1	2	3	6
								7
7	3	1	2	6	5	9	4	8
9	2	5	6	3	8	1	7	4
								5
8	1	6	7	5	4	3	9	2









REDD'S MERCANTILE

Groceries - Meat - Produce

6AM - 8PM * 460 Main Street * (970) 864-7707

Prices Valid: June 14-20, 2023













Relish

\$**G**49

Mo Sig Bolle 2.34 t. Salari Vertalian Drink Mix

\$4¹⁹













Fresh Pork

Baby

Roast













Pork Loin Chops



Land O' Frost 10-16 oz. Select Varieties Premium **Lunch Meat**



\$Q49





4499

Yellow Mustard

Sparkling Water















KING STORE

THE GRISHMAL





FRESH MEATS

BEEF Sirloin Tip Steak \$4.49/lb

Stew Meat \$4.59/lb **Cubed Steak**

PORK Pork Roast \$4.49/lb

\$4.59/lb



Corn on

Colesiaw











Cauliflower

or Broccoli







Kelife

\$**1**99



Kingsford 12-16 lb.

Select Varieties



Lunchables 3.2-4.4 oz. Select Varieties

Lunchables



ang\fara



CONSTROR















Cheese















Cookies



Black O Buller

Jolly Time 2-4 ct Select Varieties

Popcorn

Crackers



June 18, 2023

All Your Father's Day **Supplies Here**