

AGRICULTURE

Dr. Koontz: There is no case for beef price-fixing

By REGAN TUTTLE, Editor

Some in West End communities are interested in discussing the cattle market, and whether or not the price of beef is fixed by the four packers in the industry. The Forum conducted an interview over the weekend with Dr. Stephen Koontz, Professor of Agriculture and Resource Economics from Colorado State University-Fort Collins. Koontz, who admitted the topic is controversial, said he doesn't believe there's a case for price-fixing.

Koontz has spent his career studying agricultural economics. His lifetime of academic research has focused on industrial organization and market structure. He's particularly interested in livestock markets, the packing industry and pricing systems.

When the poultry industry had its price-fixing scheme, he studied it extensively. He said the big, overarching case was proven on one thing, one market statistic that was manipulated: the price for broiler meat.

Koontz said the people in the poultry industry were manipulating that, because it didn't exist, and the price wasn't what trade happened at.

Additionally, he added there is no real poultry trade. Nobody buys and sells chickens. Those that produce birds, process and sell them to grocers. It's different than pork and beef, where outside packing businesses are involved.

In the case of the poultry price-fixing suit, Koontz said it was a "slam dunk" for attorneys against the broiler industry, but in a narrow way.

Koontz has been closely studying the class-action lawsuits for pork and beef. The documents read very similarly to the poultry lawsuit, but he said what happens with pork and beef can't be compared.

"So unless they have a smoking gun," he said on Saturday, "... Which, they don't, because there isn't one."

Additionally, Koontz said representatives from the packing industry are not going to national cattlemen's meetings to conspire. He said officials from JBS don't attend. In the past, the head buyer from National Beef used to attend.

But with only four companies in the packing industry, including Tyson and Cargill Meat Solutions, could there be a lack of competition, the Forum asked, therefore driving up prices?

Koontz said no. He said there's no lack of competition. According

Cont. on Pg. 3



Judy Hammond and Malea Berg are painting with acrylic. (Courtesy image)

ARTS

Hammond and Berg are Nucla's new painters

By REGAN TUTTLE, Editor

Many people know Judy Hammond was grooming dogs of all breeds and sizes for quite some time in Nucla. What they may not know is that when she laid her grooming scissors down, she turned to painting. Now she's teamed

up with artist Malea Berg, and together they're "Natures Stream," a painting duo.

Hammond painted in high school. She was voted "most artistic" back then at Redvale. She hadn't painted since then until last fall. Berg, raised in Redvale and who graduated from Mesa, Arizona, used to sketch and draw with pencils. She'd been doing craft shows in

Arizona off and on, too.

Berg had begun coming over to help the Hammond family with the Hammond's 98 year-old-mother occasionally. Hammond had wanted to do art, since she wasn't traveling this winter and would be primarily at home caring for her elderly mom. When Hammond and Berg

Cont. on Pg. 5

MENTAL HEALTH

Mobile crisis unit serves West End

By REGAN TUTTLE, Editor

There is a mobile crisis unit, specifically for mental health, serving West End communities. Integrated Insight Therapy (IIT) has three responders that are dispatching to homes in Nucla, Naturita and surrounding communities.

Joel Watts, owner and operator of IIT is on a mission to let entities in the West End know about the resource. He's building a mass email list for communications and would like to speak to town boards in the future.

Watts established his company as an outpatient therapy organization in 2019, and during that time he's been doing counseling

sessions weekly. Now, though, with running the business across six counties — Delta, Montrose, San Miguel and Ouray, and with offices in Grand Junction and Cortez — he's needing to spend more time with team members out in the field.

Watts is passionate about the mobile crisis response unit. He believes it's important to avoid hospitals and institutions whenever possible. IIT uses the latest evidence-based research and trained staff to reach those in crisis.

Not only does IIT help support a patient personally, but Watts said it helps to alleviate stress on tax resources.

"We help people develop coping

skills, rather than sending them to hospitals," he said, though he admitted when his organization has to transport, it will and works with local ambulatory services on occasion.

Still, his goal is to support patients without police or EMS first. His team works inside a client's home to stabilize them. His staff are experienced and trained to work in cases of self-harm and suicidal ideation. Watts said they use the best evidence that exists, along with common sense. He said when his responders are called, they de-escalate a situation and help patients "find ground within themselves."

Cont. on Pg. 5

COMMUNITY

Naturita Days comes back June 3

By REGAN TUTTLE, Editor

After at least a decade of not happening, the Naturita Days holiday is coming back this year on June 3. Paula Riley told the Forum she and her family want to bring the community together again.

Riley, who works at the U.S. Post Office in Naturita is the point of communication for all things Naturita Days. She's got pages of notes she's working from to keep everything organized. With deep roots in the community, it's really the greater Riley family who are taking the lead on the comeback.

Riley and her husband will have a train for children to ride, and instead of 55-gallon barrels, they're making a wooden version.

"We want to bring some happiness and fun stuff back to the area," she said Sunday.

An all-day event, the Rileys have already coordinated with different groups to plan various activities. There will be a parade to start the day. There will also be a dedication of the new park playground.

The Town of Naturita is sponsoring a floating duck race down the San Miguel River, with the winner taking half of the jackpot. Also, Naturita Public Works is hosting a boat race, too. The Public Works guys have rules for boats, and watercrafts must be safe, free of metal or anything sharp, with no risk of damaging the river. Boats must be human-powered.

Joan and Cameron Riley are holding a gold-panning activity to teach children. They'll celebrate the area's mining heritage, and children may keep what they find.

Volleyball, horseshoes and a corn hole tournament will also happen in the park, too, and live music is in the planning stages, as is the option of having alcoholic beverages. More details will be released during the next few months.

Anyone who would like to plan on setting up and manning a booth may do so. Riley said food, arts and crafts, and jewelry vendors are welcome. Cost is \$25 for food, and \$15 for goods. There is a \$5 fee for electric, if power is needed.

To sign up, the public may email Riley at rileyepaula07@gmail.com. They may also stop in and visit with her at the U.S. Post Office.

Fundraising for Naturita Days is now the plan, and all in West End communities are invited to a

Cont. on Pg. 5

WEST END VOICES

How to boost your immune system naturally

By SAGE CARVER, HEALTHIER TOGETHER

If you are like me, you are ready for spring and warmer weather, but we have a couple more months to go before we can open our windows and start digging in the garden. We are at the end of winter, but unfortunately the cold and flu season is still upon us. But not to worry, because there are some simple ways to take care of your immune health and avoid getting sick. Here are some tips to keep you running at top speed and thriving with good health.

1. Eat healthier. I always say food is medicine. Eating a healthy diet can go a long way in protecting one from the onslaught of the winter flu and cold infections. Make sure your diet includes a healthy dose of leafy green vegetables such as spinach, collards, other colorful veggies, and fruits, as well as many whole foods. Include foods rich in healthy fats such as avocados, salmon, seeds and nuts. Ditch processed foods, sugary drinks and fried foods. Stay with the rainbow, and you will be alright, enjoying overall better health. Apart from strengthening your immune system, you will also combat inflammation, weight gain and even some mental ailments such as depression and anxiety.

2. Keep your environment fresh. The easiest way to contract a cold or flu is to touch something someone with these illnesses has touched. Infectious bugs can stay on surfaces for 24 hours. So, it is recommended you wash your hands before you eat, and wipe surfaces with antibacterial cleaner. Find a natural alternative antimicrobial cleaner, so you don't bring toxins into your home. Also, as the weather gets warmer, open your windows and let some fresh air inside. All of the stuffy pollutants inside our homes can weaken the immune system.

3. Sleep. Did you know that when you sleep your brain and cells detox? Sleeping allows your body to "take out the trash." Our

immune system is hard at work at night recharging, repairing and clearing away damaged DNA and cells. You need at least eight hours to sufficiently recharge. You can take a high-quality magnesium or melatonin supplement to help calm and relax your mind and body. Also, avoid looking at your phone or screen an hour before bed, drink a cup of chamomile tea, take a hot shower, or read a book. Simply put, do anything that will make you feel relaxed, and avoid anything that will interfere with sleep quality.

4. Exercise. We know it's key for weight loss, but it is also so essential as a way to keep the body vibrant — and very important for immune health. When you exercise you get your feel-good hormones going and keep cortisol, the stress hormone, at bay. This keeps your immunity high because it increases your circulation, allowing more disease-fighting white blood cells to circulate. So, go on, bundle up and step outside for a nice, brisk walk. Try yoga, hiking this beautiful county, or ride your bike. Make it a family outing; your kids will love it.

5. Add vitamins and supplements. This is just a quick list to consider for optimum immune health: vitamin D3; a multi-vitamin with high levels of B, C, and zinc; immune boosting drinks such as bone broth, those with elderberry or turmeric, ginger tea, or green juice. Also, take a quality probiotic for good gut bacteria. Always consult with your doctor first.

As this winter unfolds, I hope you can create a life that aligns with what you love and what feels right. Pour your whole heart into the act of living. Find one small thing you can do for yourself today. So, my friend, eat, drink (healthy drinks), sleep, be merry and be healthy. My hope is that we can finish this season with a stronger immune system, and live healthier together.

History: Rimrocker Historical Society The Naturita Valley Rural Telephone Company, Part 2

By JANE THOMPSON for the Rimrocker Historical Society

The Naturita Valley Rural Telephone Company seemed to be doing well and adding to its customers. In an article from the Montrose Press, March 1909, it said, "Last Monday Mr. J. P. Galloway of Norwood ordered 25 more telephone instruments for parties on the mesa and in town. There have already been a half dozen or more placed in Norwood. In the near future we will have phone communications all over this lower country, which with the connection of the old established line, which has the long-distance connection, will make it very convenient for many people living in this end of the county, also for people living in the west part of Montrose County."

In July 1910, a clip from the Naturita Valley Record appears and tells that a meeting of the Naturita Valley Rural Telephone Company was held and changes were made in the executive force. Mr. Akers stayed on as president, vice president was Mr. Becker, and secretary-treasurer was Mr. Kinney of Paradox. In addition to these gentlemen, Mr. Imes and Mr. J. F. Kyle were added to the board of directors. A contract was to be let for the furnishing and delivery of poles along the line from Norwood to the post office in West Paradox, and the side line connecting Nucla. The poles were to be set 35 to the mile and needed to be 25 feet long. The Colorado Telephone Company out of Denver was the company providing the long-distance services to all of these rural communities, and their job would be to survey the line from Telluride to the end of the line.

Kyle and Kinney were big cattle ranchers in Paradox and were part of the land and water sale of that time, so they were especially anxious to see telephone service come to Paradox. Also, at the meeting were Mr. Hopkins and Mr. Vestal, who were leaders of the Nucla community and were at the meeting to see to the interests of Nucla. An article



This photo shows an original stock certificate from the Naturita Valley Rural Telephone Company. (Photo courtesy of Rimrocker Historical Society)

from August 1910 in the Montrose Enterprise says, "J. F. Kyle, one of the practical progressives of the Great Undeveloped (Paradox Valley), passed through Redvale Wednesday, homeward bound, and was accompanied by two engineers, who are here to survey a line for the Colorado Telephone company, making connection at Naturita with the line of the Naturita Valley Rural Telephone Company."

By the end of 1910, Nucla was working on the lines to Nucla. They would call their company the Farmers Mutual Telephone Company.

Although they were surveying and getting the phone lines in, as well as phones to customers, they would not have their first business meeting until January 1912. They would branch off from the Naturita Valley Rural Telephone Company at Naturita.

In an article from the Montrose Enterprise the headline reads, "TELEPHONES FOR NUCLA, New System Now Being Installed at That Place." The story says, "W. A. Hopkins, secretary of the Colorado Cooperative Co. of Nucla, who was in the city this week tells us that Nucla will soon have a telephone communication with the outside world. This is rapidly being brought about through the efforts of the Farmers Mutual Telephone Co., which was orga-

nized in September and of which L. Vestal is president and Mr. Hopkins is secretary. The necessary equipment has already been ordered and as soon as it arrives, it will be put into place. The system will cover the entire Tabeguache Park District and will start out with 20 to 30 phones. It is thought it can eventually be worked up to 100 phones. The Colorado Telephone Co. has agreed to extend a metallic line from Placerville and connect with the Nucla system, thus furnishing the Nuclaites with communication with the outside world. Each stockholder will furnish his own poles and put them in place, which will be quite a large saving to the company in that respect, as the poles can be had in the timber in that locality."

In February 1911, Montrose Daily Press says, "Blake and Payson of Naturita have got out 400 cedar poles of an 800-pole contract for the Colorado Telephone company, and, in addition, have a contract to construct 27 miles of line to West Paradox ... and about 5 miles to Nucla."

The Telluride Journal in February 1911 says, "The Colorado Telephone Company has a large pile of cedar poles at Naturita preparatory to extending the line into West Paradox."

Telephone service was coming to the West End!

LETTER TO THE EDITOR

Taking a quick break

Dear West End communities,

I will be taking a break for two weeks from the telephone history. My sister Sharon Johannsen will be telling a family story during that time. I think you will really enjoy

her story, and I will jump right back into the story of the Farmers Mutual Telephone Company in a few weeks. Thank you all for supporting the Rimrocker Historical Society, and for reading our history articles. And, thanks for support-

ing our local newspaper. Kudos to our new owner, Regan Tuttle! She is doing a great job!

Jane Thompson
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That's a wrap

The boys in the Montrose West Recreation league finished their season in Montrose over the weekend. (Photo by Shelley Donnellon)

San Miguel Basin Forum

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NONPROFITS

Jane Thompson steps down as trust president

SPECIAL TO THE FORUM

This year marks the 10th anniversary of the West End Pay It Forward Trust (WEPIFT). The trust serves as a local endowment, supporting economic development and contributing to the area's future. Since its inception in 2013, the trust has awarded \$47,900 in community grants and more than \$295,000 in resiliency grants to West End nonprofits and government entities.

This funding has helped to sustain local organizations working to address issues, ranging from food insecurity to teen workforce preparedness. The work of the trust has been made possible through the efforts of its committed board members and the contributions of partner organizations, including the Telluride Foundation, Citizens State Bank, and Tri-State Generation and Transmission Association.

The West End Pay It Forward Trust's first decade of existence has been powerfully shaped by

board president Jane Thompson. A third-generation Uravan resident, Thompson has worked as an early childhood teacher at the Paradox Valley Charter School and as an employee of the Nucla-Naturita Telephone Company. She is an active member of the West End community. In addition to her position with the trust, she is also president of the Rimrocker Historical Society and has served as a board member of the Nucla-Naturita Chamber of Commerce, West End Public Schools Board of Education, West End Early Childhood Council, and the Montrose County Historical Landmark Advisory Board.

In January 2023, Thompson decided to step down as board president of the West End Pay It Forward Trust. The role has been assumed by attorney and fellow West End native Sara Bachman.

Thompson will continue to steward the trust in its second decade as the board's vice president. Working alongside Bachman and Thompson

are the trust's other board members: Carla Reams, Kendra Ballard, Doylene Garvey, Sara Bray, Sarah Carlisle, and Alexander Price. April Montgomery, of the Telluride Foundation, also serves as an ex-officio member of the board.

During Thompson's tenure, the West End Pay It Forward Trust developed from a nascent organization into a local leader, and the trust, in partnership with the West End community, will continue to grow and prosper in the next decade and beyond.

The trust is reliant on the generosity of its donors. The public is invited to visit westendpayitforward.org/donate to learn about ways to contribute. For further information about the West End Pay It Forward Trust's history and work, the public may contact westendpift@gmail.com, look for the trust on Facebook, or visit westendpayitforward.org. Anyone interested in joining the board should send a letter of intent to westendpift@gmail.com.

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Beef

Cont. from Pg. 1

to him, it's a competitive business. It's just that things changed a few years ago, and that's got cattlemen "up in arms."

Koontz' 30-year career studying the market saw more packing availability than animals. In the past, packers could run their plants more than they were able to. There was not enough stock. Packers were bidding aggressively for animals.

What happened in 2012-13 was herd liquidation, due to drought. When that broke, people went into herd building.

In 2016-17, he said, the tables turned. The industry got more cattle than packing availability. That trend continued through the COVID pandemic, and it was made worse when several plants had to close due to illnesses.

Koontz said since the 1970s there was always more capacity than animals. But, in the last five to six years, there is so much more beef to process that the plants can't get it done in five days. Many are having to run on Saturdays, but not finding enough help to

operate.

"It's supply and demand," he said. "In the price-fixing case, they don't have a smoking gun."

Koontz said he knows it's hard for cattlemen. He said producers saw big change, and they want to know why. His expert opinion is that aggressive cattle numbers are to blame.

The market will change again, though. He said in 2023, the industry will go back to having more capacity than animals. That's because of the recent drought conditions.

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RECIPE

Mississippi Pot Roast is a Weimer hunting camp favorite

By DARCY WEIMER,
Weimer Ranches LLLP

Made with Weimer beef, this recipe is a hunting camp favorite for the Weimer family. Do not add any water or broth to the recipe. It will make enough liquid as it cooks.

Mississippi Pot Roast

Ingredients

Chuck roast, 3 to 4 pounds
1 packet ranch dressing mix
1 packet au jus gravy mix

1/4 cup butter
4-5 pepperoncini peppers

Directions

Place beef roast in a slow cooker. Sprinkle the top with the ranch dressing mix and

the au jus mix. Place peppers on top of mixes, and then add the butter. Cook on low heat for eight hours. Serve with side of your choice. Pairs with noodles, rice or mashed potatoes.

MONTROSE COUNTY

County launches supervised visitation program

SPECIAL TO THE FORUM

Montrose County Human Services recently opened the doors to its new in-house visitation program: Family Togetherness-Guidance and Support Program. The program is available for those who have court-ordered visitation and have a case with Montrose County's child welfare program. The focus of the program is to increase the frequency and length of family visitation, increase parenting skills, decrease the amount of time families are involved with Montrose County child welfare, and decrease the time children are removed from their home and without permanency.

"In just a month of operations, we have had a tremendous amount of interest in the program but are limiting referrals to Montrose County caseworkers at this time," said Alicia Nelson, Montrose County Parenting Time and Coaching Supervisor. "From our nurturing parents curriculum to cooking and household skills — the goal is to provide a strong foundation for families to succeed together. I look forward to the program's continued growth."

"For me, the best part of this program is that we work with the families where they are at — it's a customized approach to address the greatest needs for the family to eliminate future child welfare involvement," said Montrose County Human Services Director Jennifer Sherwood. "Child welfare's goal is family reunification (as circumstances allow), and this is a great tool to support that initiative."

From infant rooms to a teen room, the Family Togetherness suite at Montrose County Human Services has it all. The county's facilities team and contractors remodeled vacant offices to create this space as well as an adjacent, small playground area. While a part of Human Services, the suite entrance is sep-

arate for the privacy and safety of families. There is a kitchen area with a washer and dryer to provide educational opportunities while integrating family time.

There are several spaces designed for children of different ages. For instance, the infant rooms has diapering supplies, baby swings, toys and comfortable areas for infants. The toddler room features purposeful play items, couches, friendly wall decals and art supplies. There is a teen room with approved video games and another space with an air hockey table and vintage Pac-Man arcade game. These spaces promote family engagement in a comfortable and relaxed atmosphere.

Another big benefit to the system is the integrated video surveillance system, which provides a level of security and privacy for the visits. Supervised visitation is provided by a neutral party and is intended to provide a safe environment for children to visit with parents and caregivers to promote reunification. At this time, one staffer is able to supervise visitation for five to seven families at separate times, and an additional staffer is completing training to be able to handle another five to seven families.

In addition to the Family Togetherness-Guidance and Support Program, Montrose County contracts with local vendors to provide visitation services. With changes in legislation, visitation mandates are increasing, and vendors are frequently overwhelmed with visitation requests. This program will reduce the spending of outside vendor visitation services by an estimated 50 percent through in-house services. More importantly, the Family Togetherness Program's integrated parenting programming works to provide skills that aim to eliminate future involvement with child welfare.

To learn more about the Family Togetherness-Guidance and Support Program, the public may visit montrosecounty.net.

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New painters

Cont. from Pg. 1

started discussing making art, they got excited and made a plan to paint together.

Now, the ladies are working with acrylic, and they can't seem to stop. With the help of Hammond's husband, Cliff, they've transformed the old grooming shop into an art studio. Only one grooming table is left, and the place is filled with painting projects. The dog sink is full of acrylic now, and some of the items like grooming combs have been repurposed into painting tools to move color around on various mediums.

The ladies are meeting sometimes as much as four times weekly to paint together. They're making coasters and canvas art. Sometimes they paint 5x7s, but also pieces as big as 16x20 with flower imagery and agate-looking rocks. They said their designs are nature-inspired with "flora, fauna and feathers" created by using a variety of techniques.

Hammond said they're into fluidity with their designs and have sought inspiration from YouTube on how to work with their materials. They've learned to also treat their coaster sets with a resin coating and to cork the backs of them.

They're finding that their paintings are unique. Their coasters sets might be similar, but it's impossible to get them identical. The ladies also have their own styles. Berg has her own color palette she works with; Hammond likes to go in a different direction.

"But we feed off each other," Hammond said. "It's been really fun."

It's all happened rather fast for the ladies, who only began in November and got into full production in December. They've not even had their first gallery event yet, but are planning for their first show at the Mesa Mall in Grand Junction on April 28. They're hoping to do an event in Nucla for Water Days, too, and also participate in some of the Ridgway markets over the summer. Already, the flower shop in Naturita is asking them for hummingbird- and butterfly-themed works to sell in-house this spring.

And, they've been stacking up gifts for family members who are enjoying the photos of their original creations. Hammond and Berg know what they'll be gifting their loved ones for birthdays and Christmas this year.

Hammond said it's fun that her grandson gives feedback. She listens to him, because she wants to know what the younger generations think is appealing. She and Berg feel the older people will most likely appreciate their floral techniques. They assume the younger crowds will be into their modern, psychedelic-looking patterns. Hammond and Berg agreed the Mesa Mall show should provide good feedback, too.

Mobile crisis unit

Cont. from Pg. 1

"If we are able to help them remain inside the home successfully and avoid the hospital, we can teach them to stand on their own," he said.

In the West End, two of the responders are masters-level, and one is bachelors degree-level. Watts said there are other backup clinicians available, and he personally backs up his counties, too.

IIT contracts with Rocky Mountain Health Care Plans, which provides reimbursements. Watts has said before his goal is not to get rich off the company. He's about providing services to communities, and some of that is also done through grants.

"Our number one goal is to make healthier communities overall," he said.

His organization has grown this year. Now, he has 75 employees, with all but five qualified to see patients. Now, IIT is also going through a rebranding. In the future, the organization will include other programs, too, and grow into the new name Inte-

grated Insight Community Care.

Soon, there will be psychiatric care, and mental health services, along with primary medical care and other community programs. Watts said it's about "transformational health."

"We want to start to tackle 'community' as a whole," he said, and that includes support with transitional housing and job support. "We really want to help communities that need help."

Anyone who needs to reach the mobile crisis line should call 1-844-493-8255. Response time is one to two hours, depending on weather. (It's more like 30 minutes in Montrose and Delta.)

Team responder Kristen White told the Forum she's standing by.

"We are really out here working hard and trying to educate and provide good services, so our communities have something to fall back on," she said.

Watts added that he doesn't let people fall through the cracks — "period," he said.

Naturita Days

Cont. from Pg. 1

chili dinner at the Naturita Community Building on Feb. 11. Chili is \$5 for one bowl.

Next month, the Naturita Days group has a goal of serving a corned beef and cabbage meal in honor of St. Patrick's Day.

Riley said her group is working to not interfere with Water Days and any of the Navajo Taco events the Water Days group offers.

Anyone who'd like to be a part of Naturita Days, or who'd like to offer an activity for it, should come to the next meeting. The meetings are happening the first Thursday of the month at 6 p.m., also at the Naturita Community Building.

Riley and other organizers are hoping for a nice day on June 3, with no wind and sunshine.

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1/31/2023
 0609 Hours - Deputy was dispatched to the 500 block of West Fifth Avenue in Nucla for an information report.
 0857 Hours - Deputy was dispatched to the 300 block of Main Street in Nucla for a parking problem.
 1105 Hours - Deputy was dispatched to the 29400 block of Highway 97 near Nucla for an information report.
 1317 Hours - Deputy was dispatched to the 200 block of Main Street in Nucla for a 911.
 1432 Hours - Deputy was dispatched to the 400 block of Main Street in Nucla for a theft report.
 1602 Hours - Deputy was dispatched to the 29600 block of 3000 Road near Nucla for an information report.
 1850 Hours - Deputy was dispatched to the 300 block of West Sixth Avenue in Nucla for a medical assist.
 1 VIN inspection
 1 school zone in Naturita
 5 civil processes attempted/served

2/1/2023
 0900 Hours - Deputy conducted court security in the 300 block of Main Street in Nucla.
 1022 Hours - Deputy conducted court security in the 400 block of West Second Avenue in Naturita.
 1119 Hours - Deputy conducted an agency assist in the 400 block of Adams Street in Naturita.
 1255 Hours - Deputy responded to the 300 block of Payson Street in Naturita for a harassment report.
 1638 Hours - Deputy was dispatched to the intersection of Highway 141 and Highway 145 near Naturita for a welfare check.
 1709 Hours - Deputy was dispatched to the 200 block of West Seventh Avenue in Nucla for a medical assist.
 1822 Hours - Deputy was dispatched to the 30700 block of DD31 Road near Nucla for an animal problem.
 1845 Hours - Deputy was dispatched to Highway 145 mm 113 near Redvale for an accident.
 1 followup report

2/2/2023
 0353 Hours - Deputy was dispatched to the 26100 block of 25 Mesa Road near Nucla for a citizen assist.
 1335 Hours - Deputy was dispatched to the 400 block of Adams Street in Naturita for an unwanted person.
 1542 Hours - Deputy was dispatched to the 200 block of Adams Street in Naturita for a civil matter.
 1900 Hours - Deputy was dispatched to the intersection of 3700 Road and Highway 145 near Redvale for a motorist assist.
 1 VIN inspection
 1 directed patrol in Naturita

3 civil processes attempted/served

2/3/2023
 0934 Hours - Deputy was dispatched to the 35600 block of Highway 145 near Redvale for a medical assist.
 1217 Hours - Deputy was dispatched to the 600 block of Juniper Street in Nucla for an agency assist.
 1244 Hours - Deputy conducted a ride along in the 27700 block of DD Road near Nucla.
 1547 Hours - Deputy was dispatched to the 100 block of East Main Street in Naturita for a motorist assist.
 1620 Hours - Derick Wilson, 42, was contacted at the intersection of DD Road and Highway 97 near Nucla and cited for speeding.
 1712 Hours - Deputy was dispatched to the 100 block of Sunny Circle in Naturita for a welfare check.
 1836 Hours - Dustin McLeod, 42, was contacted in the 29000 block of Highway 97 near Nucla and issued a warning for failing to maintain a single lane.
 2032 Hours - Deputy was dispatched to Highway 90 mm 9 near Paradox for an animal problem.

2/4/2023
 0952 Hours - Deputy was dispatched to the 5500 block of U Road near Paradox for an animal problem.
 1200 Hours - Deputy conducted a ride along in the 27700 block of DD Road near Nucla.
 1205 Hours - Deputy took an information report in the 27700 block of DD Road near Nucla.
 1422 Hours - Deputy took a report for a civil standby in the

21300 block of 600 Road near Paradox.
 1530 Hours - Deputy was dispatched to the 35000 block of 3575 Road near Redvale for a medical assist.
 1606 Hours - Michael Jensen, 54, was contacted at the intersection of Highway 145 and 3575 Road near Redvale and issued a warning for failing to maintain a single lane.
 1623 Hours - Deputy was dispatched to the 26800 block of FF26 Road near Naturita for a theft report.
 1636 Hours - Patricia Taber, 53, was arrested in the 100 block of West Main Street in Naturita on two outstanding warrants.
 2255 Hours - Deputy conducted a field interview in the 800 block of Lincoln Street in Nucla.

2/5/2023
 0749 Hours - Deputy was dispatched to the 100 block of Payson Street in Naturita for a trespassing report.
 0944 Hours - Deputy was dispatched to the 400 block of Adams Street in Naturita for a civil standby.
 1525 Hours - Deputy relayed a message in the 5800 block of U5 Road near Paradox.
 2 directed patrols in Nucla
 2 directed patrols in County
 1 directed patrol in Naturita

2/6/2023
 1925 Hours - Deputy was dispatched to the 400 block of Short Street in Naturita for a medical assist.
 2122 Hours - Deputy conducted a field interview in the 400 block of Adams Street in Naturita.
 1 VIN inspection
 1 directed patrol in Naturita

Delta Sales Yard Market Report February 2, 2023

300-400# STEERS	2.20-2.55	300-400# HEIFERS	1.90-2.30
400-500# STEERS	1.80-2.35	400-500# HEIFERS	1.85-2.15
500-600# STEERS	1.80-2.25	500-600# HEIFERS	1.75-2.11
600-700# STEERS	1.65-1.90	600-700# HEIFERS	1.65-1.85
700-800# STEERS	1.70-1.82	700-800# HEIFERS	1.58-1.65
800-900# STEERS	1.62-1.75	800-900# HEIFERS	1.50-1.60
Top bulls	.85-.95 no top offered	Medium bulls	.75-.81
Young Cows	.90-1.15	Top cows	.90-1.02
Medium cows	.80-.89	Low-yielding cows	.79 down

NEXT WEEK: Thursday February 9TH - 10 grass calves, 8 mixed feeders, 3 bred cows, 10 butcher cows, 5 butcher bulls. Along with our regular dock run of 300-400.

UP COMING SALES FOR 2023

Next Special Sheep & Goat Sale **Thursday February 23.**

Western Colorados Annual Angus Assc. Sale **Saturday March 11th.**

NEXT SPECIAL HORSE SALE - **APRIL 1ST.**

Where 2 Trail Meet - Limousin / Angus Bull Sale. **Thursday April 6th.**

* HEARING NOTICE *

Notice is hereby given that a public hearing will be held by the Montrose County Planning Commission in the Public Works Building 63160 LaSalle Road, Montrose, Colorado, on Thursday, February 23, 2023, at 6:00 p.m. to review and adopt an amendment to the Montrose County Zoning Regulations.

The proposed Amendment will add language and regulations to Section III of the Zoning Regulations to address Power Generation Facility standards including standards for Renewable Energy Facilities.

THE PUBLIC IS ENCOURAGED TO ATTEND AND WILL BE GIVEN AN OPPORTUNITY TO BE HEARD

The proposed amendment to the Montrose County Zoning Regulations will be available for review at Montrose County Planning and Development Office, 63160 LaSalle Road, Montrose, Colorado during regular business hours. Written comment may be sent to Montrose County Board of County Commissioners, c/o Planning and Development Director, 63160 LaSalle Road, Montrose, CO 81401; or swhite@montrosecounty.net

BY ORDER OF MONTROSE COUNTY PLANNING COMMISSION

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SOLUTION To PREVIOUS SUDOKU

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STATEPOINT CROSSWORD

THEME: U.S. PRESIDENTS

ACROSS

1. Biased perspective
6. Male sibs
10. Monday Night Football audience
14. Tapiridae representative
15. Rock opera version of "La Bohème"
16. Object of worship
17. Opposite of alpha
18. ___ Spumante
19. Novice
20. *Unanimously elected President
22. Gusto
23. Eggy drink
24. Jig music, pl.
26. Stashed in a hold
30. Penniless
32. Wood turning device
33. Toll payment, e.g.
34. Not slouching

38. Like nay-sayers
39. Of many years
40. Malaria symptom
41. Instagram post
43. River, in Spanish
44. Bell-bottoms bottom
45. Dodge
47. Unexpected
48. The Cat in the Hat's headgear (2 words)
51. Campbell's container
52. International Civil Aviation Organization
53. *President Hayes' first name
60. "Through" in a text?
61. Pelvic bones
62. Plural of #54 Down
63. Andrew Sean Greer's 2018 Pulitzer Prize winner
64. Reverse action
65. Mother-of-pearl
66. *Lake off Ohio, the state known as "the Mother of Presidents"
67. Baseball's "The Say Hey Kid"
68. Navigate



DOWN

1. *Present tense of #26 Across
2. Tibetan priest
3. "Singes" in "La PlanÈte des singes"
4. Nearly
5. Apprentice
6. Name on apple cider vinegar bottle
7. R in R&R
8. Cognizant of
9. "Sophie's Choice" protagonist
10. *F in JFK
11. Bye, to Emmanuel Macron
12. Relating to Scandinavia
13. Casino bandits
21. Sign of assent
25. *Civil Rights Act of 1957 signer
26. Dueler's blow
27. Hyperbolic tangent
28. Football great Graham
29. *Executive Mansion, colloquially (2 words)
30. Misrepresent
31. Make over
33. *One of four presidents to have never been elected
35. "Goodness gracious!"
36. "Kiss Me, Kiss Me, Kiss Me" band, The ___
37. High school student, usually
42. Spermatozoa counterparts
44. Not marathons, pl. (2 words)
46. Central court in domus
47. Certain frat house letters
48. Ownership document
49. Autumn color
50. Zoroaster follower
51. Pandemonium
54. Elbow-wrist connection
55. Not a slob
56. Like certain Stanley
57. A third of thrice
58. Steak choice
59. Whitetail, e.g.

CROSSWORD

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4/79 All or None 9.7-11 oz. Select Varieties Steak Sauce	2/¢6 Frank's 12 oz. Select Varieties Hot Sauce	1/79 French's 12-14 oz. Select Varieties Mustard	2/4 Macaroni 1.5 oz. Select Varieties Peppers
2/29 Food Club 16 oz. Select Varieties Pickles	2/79 Bush's 22-28 oz. Select Varieties Baked Beans	2/¢6 Mott's 23-4 oz. Select Varieties Sparkling Juice	3/29 Kellogg's 9.5-19 oz. or 6-8 oz. Select Varieties Cereal or Snacks
2/7 Quaker 10.3-14.6 oz. Select Varieties Cereal	3/99 Quaker 6-10 oz. Select Varieties Instant Oatmeal	2/99 Quaker 5-8 oz. Select Varieties Granola Bars	2/¢3 Bella Cakes 15.25-16.25 oz. Select Varieties Cake Mix
3/5 Bella Cakes 12-16 oz. Select Varieties Frosting	2/8 On the Border 10-12 oz. Select Varieties Baking Chips	5/49 Food Club 10 oz. Select Varieties Sugar or Flour	88¢ Food Club 10 oz. Select Varieties Tomatoes with Chiles
1/99 Food Club 16 oz. No Beans Chili	2/¢3 Food Club 12 oz. Select Varieties Jalapenos	4/5 Food Club 2.25-4.25 oz. Select or Chopped Olives	88¢ Food Club 16 oz. Select Varieties Refried Beans

PRODUCE

99¢ Fresh Large Avocados	1/88 Fresh & Tender Asparagus
2/99 6 oz. Golden Berries or 11 oz. Package Jolly Blueberries	1/49 Fresh & Healthy Broccoli or Cauliflower
2/99 5 lb. Bag Red or Russet Potatoes	89¢ Sweet Red Bell Peppers
2/99 Pyl's Pig Red Grape Tomatoes & Green or Red Leaf Lettuce	1/99 Large Pink Lady or Ambrosia Apples
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2/79 Pillsbury Grands! 16.3 oz. Select Varieties Biscuits	2/6 Kelllogg's Egg 8-10 oz. Select Varieties Waffles

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Simply Done 17 ct. Select Varieties Ultra
Bath Tissue

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Simply Done 24-48 ct. Select Varieties
Plates

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Simply Done 6 ct. Select Varieties
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1/99 Fresh Pork Baby Back Ribs	3/99 Boneless Beef Rump Roast	2/99 Boneless Skinless Chicken Breasts
3/49 Beef Franks 15 oz. Select Varieties Beef Franks	5/99 Food Club 32 oz. Original or Light Cheesy Does It	7/99 Boneless Beef New York Steaks
2/49 Boneless Pork Loin Chops	2/7 Johnsonville 9.6-14 oz. Select Varieties Sausage	99¢ All Natural Whole Chickens
2/6 Hillshire Farm 12-14 oz. Select Varieties Dinner Sausage	2/99 Philadelphia 8 oz. Original or 1/3 Less Fat Cream Cheese	8/49 Foster Farms 22 oz. Select Varieties Chicken Wings

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3/79 Mission 9.5-13.7 oz. Select Varieties Ritz Crackers	4/29 Nabisco 1.5-2.17.3 oz. Select Varieties Family Size Cookies
1/99 On the Border 4.6-5.7 oz. Select Varieties Chips	3/10 Simply Snacked or Pickles 3.4-5.5 oz. Select Varieties Snacks
3/49 Mission 9.5-13.7 oz. Select Varieties Crackers	2/4 Doritos 5.5-6.1 oz. Select Varieties Popcorn
2/99 Doritos 9-12.75 oz. Select Varieties Chips	2/99 Food Club 8 oz. Select Varieties Spray Cheese

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Bottom Round Steak
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Stew Meat
... \$4.29/lb ...

Cubed Steak
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PORK

Pork Loin Roast
... \$2.49/lb ...

2/5 Lily's or Poppobies 4.5-8 oz. Select Varieties Chips	2/8 Red Baron Select Varieties Pizza	2/9 Red Bull Vintage Creamery 56 oz. Select Varieties Premium Ice Cream
2/99 Don Julio 16-18 oz. Select Varieties Tortilla Chips	5/99 Food Club 32 oz. Select Varieties Cheese	2/4 Pace 16 oz. Select Varieties Salsa
4/5 Sweet Baby Ray's 14-18 oz. Select Varieties Dipping or BBQ Sauce	4/5 Food Club 16 oz. Select Varieties Sour Cream or Cottage Cheese	2/3 Food Club 8 oz. Original or Light Cream Cheese
2/4 Campbell's Chunky 18.5-19 oz. Select Varieties Soup	2/49 Crown Flavor 16 oz. Original Saltine Crackers	2/99 Food Club 12 oz. Hickory Smoked Bacon

3/49
Cheez-It 5.75-12.4 oz. Select Varieties
Crackers

2/99
Crown Flavor 9.75-13 oz. Select Varieties Tortilla
Chips