

SPRING

SPORTS

PREVIEW 2023

SEWARD
CENTENNIAL
MALCOLM
MILFORD



BASEBALL
BOYS GOLF
SOCCER
TRACK

Photos by Stephanie Croston & Keaton Burgess, SCI/MT
Students pictured, from left to right: (top row) Sofia Heaston, Seward soccer; Hayden Frank, Malcolm baseball; (bottom row) Chase Nitzche, Milford golf; and Cambria Saunders, Centennial track.

A supplement to the March 22, 2023

SEWARD COUNTY INDEPENDENT THE MILFORD Times

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Centennial's baseball team in 2023 includes, from left: (kneeling) Keenan Kosek, Jake Fehlhafer, Roger Webb, Grant Cast, Ryan Richters, Jacob Warm, Connor Clouse, Micah Richters and Cael Payne; and (standing) Rylee Barth, Jayden Butzke, Devin Slawnyk, Shawn Rathjen, Jackson Wellman, Ben Sams, Bryson Hornbacher and Riley Grant. Cooper Stelling is not pictured.

Centennial baseball

Coach: Brian Sams
 Assistants: Mike Hoppes and Phil Payne

Seniors: Connor Clouse, Keenan Kosek, Jacob Warm, Micah Richters, Shawn Rathjen

Strengths: We have kids that love the game and have been working hard on things they need to work on to be better players. The buy-in has been very good and we like the progress we have made.

Centennial baseball seniors



CONNOR CLOUSE



KEENAN KOSEK



SHAWN RATHJEN



MICAH RICHTERS



JACOB WARM

Outlook: Our kids will play hard and play well. We don't

know much as this is our first year since the early '70s that we had

baseball. Our schedule is loaded with a lot of

good baseball teams, and we are going to find out where we are,

then make progress toward getting better.

Malcolm baseball

Coach: Zach Wehner
 Assistant coaches: Charlie Mosser, Shawn Meyer, Beau Sackett, Connor Johnson, Zach Johnson, Dallas Sweet

Last season's record: 14-6

Seniors on this year's team: Oliver Day, Derek Erickson, Hayden Frank, Colt Reiling, Keegan Robinson, Elliott Robotham, Cody Sykes, Tyler Thieman

Returning letter winners: Oliver Day, Hayden Frank, Colt Reiling, Elliott Robotham, Cody Sykes, Noah Gonyea, Maddox Meyer, Luke Schmidt, Carson Frank, Mason Wisnieski

Strengths of this year's team: We have a good group of returning starters, and other guys that put in a lot of time during the offseason to earn a starting spot. Almost all of our varsity is coming in with varsity experience from last year.

Holes to fill from last season: We lost three seniors that were big players for us. We will be replacing 2/3 of our outfield, and we will need to find "the guy" we can move to any position

when needed.

Overall outlook: We are really excited to start this season up. With last year being our first year as just "Malcolm," we weren't really sure what to expect. Coming into this year we have a better idea of the type of players we have and how they work together. The boys put in a lot of work in the offseason and we are excited to see how it all plays out.

Teams to watch in conference/district: We won't know our district until later in the season. For our conference: The Trailblazer Conference is loaded with great baseball teams. It will be great competition throughout the entire season.

(team photo on next page)

Centennial baseball

March 24	at Wahoo	4:30P
March 27	host St. Paul	4:30P
March 31	host Twin River	4:30P
April 3	at Fairbury	4:30P
April 6	at Seward	4:30P
April 13	host Pender	4:30P
April 15	at West Point-Beemer	2P
April 17	host Adams Central	4:30P
April 22	host Triangular	10a
May 1	at Louisville	4:30P
May 5-9	at Districts, TBA	TBA
May 13-18	at State, Omaha	TBA

home games played at Beaver Crossing

Malcolm baseball

March 16	at Ashland-Greenwood triangular	PPD
March 20	at Crete/Milford	4:30P
March 21	at Plattview	4:30P
March 24	at Fairbury	4:30P
March 27	host Ralston	4:30P
March 30	host Nebraska City	4:30P
April 1	at Louisville	1P
April 3	at Omaha Benson	4:30P
April 4	host Fort Calhoun	4:30P
April 6	at Lincoln Christian	3:30P
April 7	host Douglas County West	4:30P
April 8	host Triangular	1P
April 11-15	at conference, TBA	TBA
April 17	at Plattsmouth	4:30P
April 18	at Beatrice	4:30P
April 21	at Arlington	4:30P
April 22	at Centennial Triangular	10a
April 24	host Wahoo	4:30P
April 25	at Raymond Central	4:30P
April 29	host Falls City	noon
May 1	at Wayne	4:30P
May 5-9	at Districts, TBA	TBA
May 13-18	at State, Omaha	TBA



Members of the 2023 Malcolm baseball team are, from left: (first row) Keegan Robinson, Elliott Robotham, Colt Reiling, Hayden Frank, Cody Sykes, Oliver Day and Derek Erickson; (second row) Luke Schmidt, Brett Rhone, Noah Gonyea, Carson Ramsier, Maddox Meyer and Owin Little; (third row) Chris Burbach, Lucas Brown, Cole Thiedeman, Garrett England, Carson Frank, Eli Kinkaid, Ethan Schultz, Owen Savicky, Tristen Boehle and Mason Wisnieski; and (fourth row) Cayden Robotham, Chase Smith, Justin Wisnieski, Brixon Meyer, Truitt Ele, Austin Sykes, Keegan Vonderfecht and Gavin Ramsier. Not pictured are Tyler Thieman and Reilly Carlson.

Crete/Milford baseball

Head Coach: Bryant Rief
 Assistants: Justin Nickel, Colton Sales
 Last year's record: 8-15
 Seniors: Maximus Connell, Mason Crumbliss, Conner Lomax. Tadd TeBrink
 Connell, 2B/SS, has made a lot of progress. Crumbliss, P/1B, is known for basketball but has one of the scariest bats around when he can connect. Lomax, C/P, is good behind the plate and can be impressive on the mound. TeBrink, SS/P, batted .450 last season with an on-base percentage of .554 with 16 stolen bases.

Other letter winners/newcomers: Mason Stone, Jeffrey Kuncl, Carter Tews, Garrett Rockenbach, Everett Heath, Carson Kotil

Preseason assessment of your team: Excited to see where this season takes us. Feel as though we can compete with the best in the state when/if we play our game. There's a lot to prove and a lot of fun to be had. Strongest point of our game will be our defense this year as well as our speed. Some holes to fill but us coaches are confident guys will step up to fill them. Just a matter of who's going to step up to the plate to face the challenges.

Teams to watch in our class: Waverly, Beatrice, Norris, etc.

(team photo on next page)

Malcolm baseball seniors



Crete/Milford baseball

March 16	host Ashland-Greenwood	PPD
March 18	host Quad	CNCL
March 20	host Malcolm	4:30P
March 21	at Norris	4:30P
March 23	at Raymond Central	TBA
March 24-25	at Elkhorn tournament	TBA
March 28	at Lincoln High	4:30P
March 31	at Wahoo tournament	2P
April 1	at Wahoo tournament	11a
April 4	at Beatrice	4:30P
April 6	at Bennington	TBA
April 7	at Lincoln Northwest	noon
April 11	host Central City	4:30P
April 13	at Pender	TBA
April 14	at Fairbury	4:30P
April 15	at Maxwell	1P
April 17	host Seward	4:30P
April 18	host Waverly	4:30P
April 20	at Blair	TBA
April 25	host Nebraska City	4:30P
April 27	host Platteview	4:30P
May 1	at Hastings	4:30P
May 5-9	at Districts, TBA	TBA
May 13-18	at State, Omaha	TBA

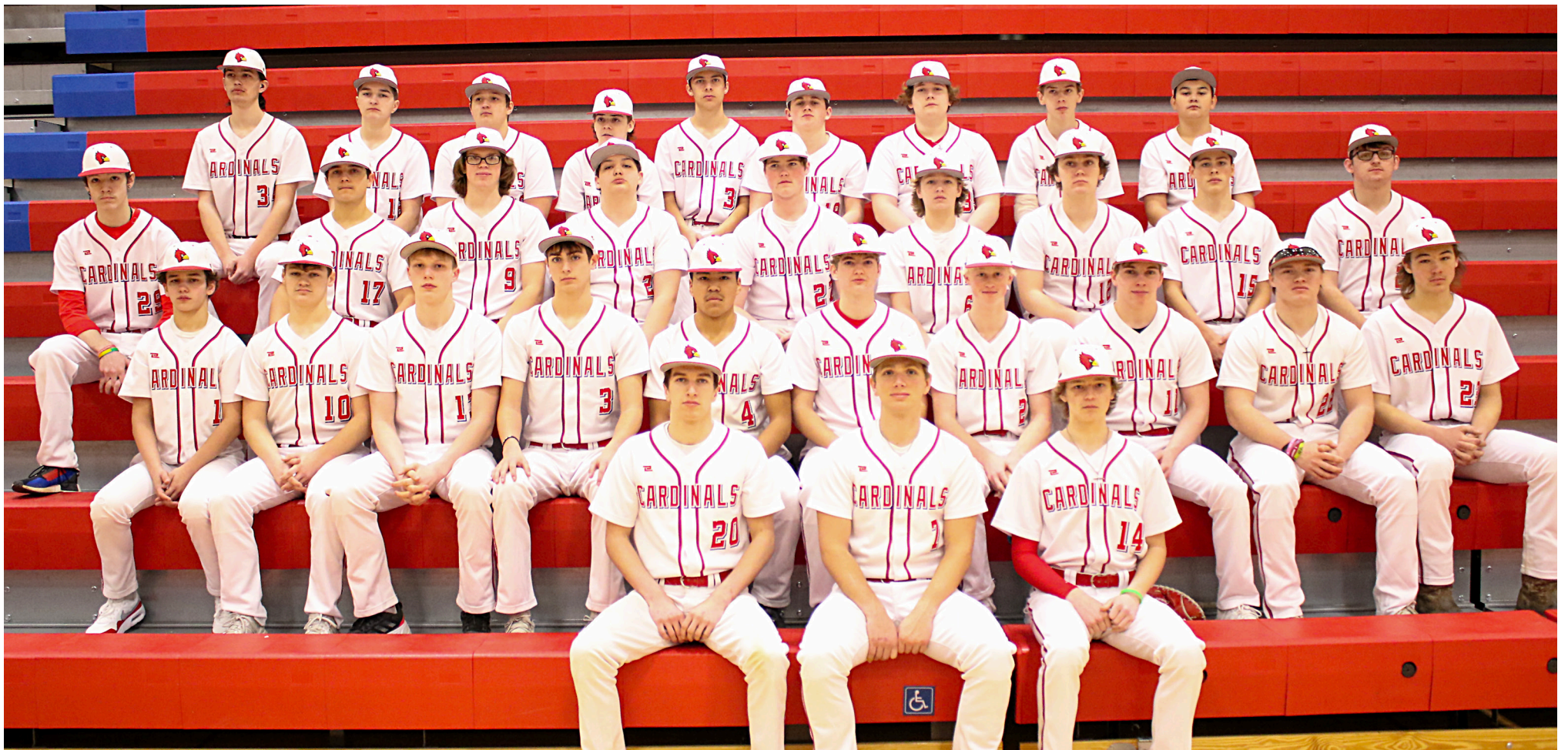
Good Luck to all the area athletes!

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Members of the Crete/Milford baseball team include, from left: (first row) Conner Lomax, Tadd TeBrink and Maximus Connell; (second row) Patton Svitak, Garrett Rockenbach, Kenner Svitak, Jayden Boyle, Brody Klein, Mason Stone, Carson Kotil, Jeffrey Kuncil, Carter Tews and Cale Burkhardt; (third row) Tristan Heath, Ethan Placzek, Alex Eltze, Gabe Mach, Cole Stutzman, Brett Bosquet, Everett Heath, Triston Lenhoff and Karson Cowan; and (fourth row) Nick Hollman, Nick Wendt, Zack Connell, Quinn Zegers, Jay Wissenburg, Westin DeLong, Hunter Harrifield, Tenyson Siske and Kaden Bruns. Mason Crumbliss is not pictured.



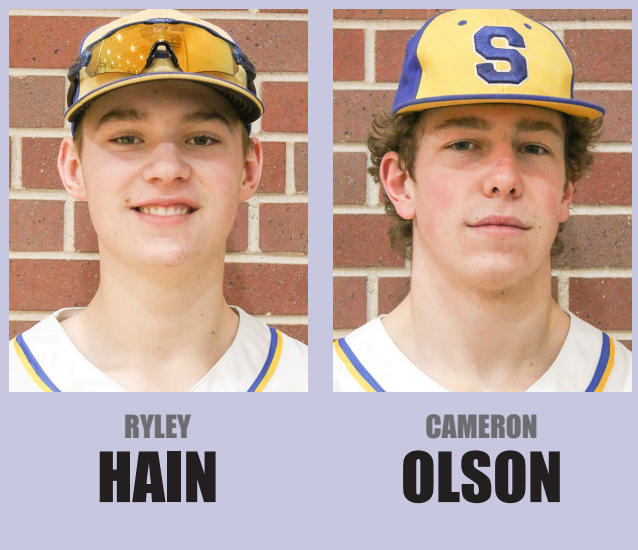
Playing baseball for Seward High in 2023 are, from left: (first row) Cam Olson and Ryley Hain; (second row) Cale Oborny, Deklan Lindau, Riley Calway, Copper Hill, Quin Berner, Blake Pierce, Lucian Gunn, Brenden Ruth, Kyle Riley, Brycen Burt, Bostyn Happ, Karson Dyer and Rylan Horn; (third row) Kaiser Hannemann, Tyler Hammond, Breken Grady, Bryson Janousek, Henry Lewis, Cale Gardiner, Kolton Loos, Connor Sveeggen, Hector Sanchez and Hunter Towle; and (fourth row) Derek Kouma, Kohltynd Lindau, Finn Hochstein, Braiden Herring, Carter Ernesti, Kyle Peery, Collin Nagel, Reggie Sukup, Conner Matzke and Carl Taylor.

Seward baseball

Coach: Brock Anderson
 Assistant coaches: Jeremy Fries, Adam Pierce, Johnny May, Ben Klenke
 Last season's record: 6-17
 Seniors on this year's team: Cam Olson, Ryley Hain
 Returning letter winners: Cam Olson, Ryley Hain, Finn Hochstein, Reggie Sukup, Carter Ernesti, Braiden Herring, Carl Taylor, Kyle Peery, Kohltynd Lindau, Conner Matzke, Collin Nagel, Kolton Loos, Hunter Towle, Cale Gardiner, Connor Sveegeen
 Strengths of this year's team: Bring back a solid group of returners. Bring back most of

our pitching. A very hard-working group
 Holes to fill from last season: We lost a starting outfielder and one relief pitcher
 Overall outlook: We look to be competitive from the start. We have some young guys looking to fill some new roles and have plenty of guys that can get the job done.

Seward baseball seniors



Seward baseball

March 16	at Lincoln Northwest	PPD
March 17	host Columbus	PPD
March 18	at Fairbury	PPD
March 20	at Norris	4:30p
March 21	at Fairbury	11a
	host Raymond Central	4:30p
March 23	host Wahoo	4:30p
March 25	at St. Paul	noon
March 27	at Beatrice	4:30p
March 28	at Platte Valley (Yutan)	4:30p
March 30	host Platteview	4:30p
April 1	host Skutt Catholic	noon
April 3	at Nebraska City	4:30p
April 4	host Hastings	4:30p
April 6	host Centennial	4:30p
April 8	at Columbus	10a
April 10	at Lincoln Pius X	4:30p
April 11	host Adams Central	4:30p
April 15	host Triangular	11a
April 17	at Crete/Milford	4:30p
April 18	host Mt. Michael Benedictine	4:30p
April 22	host Quad	10a
April 24	at Blair	4:30p
April 27	host Waverly	4:30p
April 28	at Louisville	4:30p
May 5-9	at Districts, TBA	TBA
May 13-18	at State, Omaha	TBA

home games played at Plum Creek Park

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Seward girls' soccer

Coach: Nick Holmes
 Assistant coaches: Kyleah Bowder, Dan Fisher
 Last season's record: 6-10

Seniors on this year's team: Aly Conde, Sofia Heaston, Mckenna Kisela, Keira Lliteras, Jaci Hinrichs
 Returning letter winners: Haeven Hendrix, Addy Opfer, Ave Fisher

Strengths of this year's team: Overall, I think we have improved as a group. We have lots of new faces that have helped us be more competitive. We return our leading goal scorer from last year in Ava Fisher, and Sofia Heaston and Aly Conde's experience will help us with a very young group.



The 2023 Seward girls' soccer team includes, from left: (first row) Autumn Blake, Savannah Leiting, Addison Opfer, Ava Fisher, Braelyn Popple and Ella Kossow; (second row) Xylie Robidoux, Keira Lliteras, Aly Conde, Jaci Hinrichs, Sofia Heaston, Mckenna Kisela and Fernanda Leyva; (third row) Carissa Mines, Ashley Martin, June Carasco, Jena Eberspacher, Haeven Hendrix, Olivia Delcamp, Eastyn Oberhauser and Vanessa Schluckebier; and (fourth row) Rachel Kreifels, Lily Bowens, Kennedy Limback, Karlee Baack, Zoey Douty, Kaytee Hostert and Jordan Jacobson. Not pictured are Avery Briggs, Emme Brauer and Noelle Geidel.

Holes to fill from last season: We graduated eight seniors from last year's varsity squad – and return

three starters from last year's group. Overall outlook: Teams to watch in conference/district:

Grand Island Northwest and Lincoln Lutheran will be quality opponents this year; overall I think

all the teams we play will be improved, so we need to be ready to be tested game in and game out.

Our only goal is to get better every day, if we do that the rest will take care of itself.

Seward soccer seniors



ALY CONDE



SOFIA HEASTON



JACI HINRICHS



MCKENNA KISELA



KEIRA LLITERAS



BRADEN CIHAL



NOLAN HILL



BRADEN HISER



JULIUS JUSTICE



NATHAN ROEBKE



MAX SUMMA



Playing soccer for the 2023 Seward Bluejays are, from left: (first row) Max Summa, Braden Hiser, Braden Cihal, Nolan Hill, Julius Justice and Nathan Roebke; (second row) Lukas Howe, Breken Kocian, Hank Hughes, Nolan Stanton, Josh Ringler, Dominic Torres, Kaydon Mueller, Tanner Beckmann and Nicholaus Clausen; (third row) Dalton Mobley, Erik Kirby, Daylon Salyer, Holden Bremer, Jackson Holt, Presston Duryea, Austin Rikke, Landen Ford, Liam Krahulik and Josh Keller; and (fourth row) Gabriel Cobian, Mal Duol, Calvin Shipley, Kenix Layva-Sigala, Ayden Siebert and Cardin Goracke.

Seward boys' soccer

Coach: Jamie Opfer
 Assistant coach: Wade Miller
 Last season's record: 0-15
 Seniors: Broden Cihal, Nolan Hill, Braden Hiser, Julius Justice, Nathan Roebke, Max Summa

Returning letter winners: Holden Bremer, Landen Ford, Lukas Howe, Hank Hughes, Julius Justice, Kaydon Mueller, Austin Rikke, Joshua Ringler, Dominic Torres

The strength of our team will be the number of athletes we have out this year. We have over 30 boys on this year's team. Although some of these have not played soccer in a long time they are athletic and ready to compete.

Kenix Leyva Sigala has played a lot of club soccer and will help our team immediately. We also added Nolan Hill who excelled in

both football and wrestling the last four years and joined the soccer program for the first time this year. He is a great addition to our team. Gabriel Cobian, a transfer from Lincoln Northeast, will look to fill our void at goalie this season. Josh Ringler, Lucas Howe and Nolan Stanton will anchor our defense this year. We will look for Domonic Torres, Kenix Leyva Sigala and Nolan Hill to boost our attack this year. We will have a young team with the only returning senior who was on last year's team is Julius Justice. We've also added some nice athletes who have not played soccer in previous years that will compete for spots in the varsity rotation.

Top teams in our district will be Columbus Scotus and Schuyler.

Seward girls' soccer

March 16	host Waverly	PPD
March 18	at Plattsmouth	PPD
March 21	at Conestoga	5P
March 23	host Auburn	4:30P
March 28	at Lincoln Lutheran	6P
March 30	at Crete	6:30P
April 1	host Bluejay Invite	9:30a
April 6	at Schuyler	5P
April 11	host York	4P
April 13, 15	at conference	TBA
April 18	host Aurora	4P
April 25	at Columbus Lakeview	5P
April 27	host Northwest	4P
April 29-May 3	at Districts, TBA	TBA
May 6	at Substate, TBA	TBA
May 10-16	at State, Omaha	TBA

home games played at Seward Elementary

Seward boys' soccer

March 16	at Waverly	PPD
March 18	host Norris	PPD
March 21	host Madison	5P
March 28	at Lincoln Lutheran	8P
March 30	at Crete	6:30P
April 1	host Bluejay Invite	11:30a
April 6	at Schuyler	5P
April 11	host York	4P
April 13, 15	at conference	TBA
April 18	host Aurora	4P
April 20	at Beatrice	7:15P
April 25	at Columbus Lakeview	5P
April 27	host Northwest	4P
April 29-May 3	at Districts, TBA	TBA
May 6	at Substate, TBA	TBA
May 10-16	at State, Omaha	TBA

home games played at Seward Elementary



Playing golf for Seward High in the 2023 season are, from left: (front row) Talan Schaefer, Parker Douglas, Austin Schroeder, Luke Wegman, Matthew Wegman and Hayden Burhoop; and (back row) Evan Hall, Aidan Summa, Kain Roth, Kobe Policky, Tylan Wohlford, Alex Roberts and Sage Ruzicka.

Seward golf seniors



AUSTIN
SCHROEDER



LUKE
WEGMAN

Seward golf

March	21	at David City triangular	4:30p
March	24	host Seward Invite	10a
March	30	host Triangular	4p
April	6	at Norris Invite	9a
April	13	at York Invite	9a
April	20	at Fairbury Invite	9a
April	24	at Beatrice Invite	9a
April	27	at Centennial	4p
April	28	at Crete Invite	9a
May	1	at Fairbury Triangular	4p
May	5	at conference, TBA	10a
May	10	host Milford	3:30p
May	15	at Districts, York	10a
May	23-24	at State, Gering	TBA

Seward boys' golf

Coach: Jim Placke

Seniors: Luke Wegman, Austin Schroeder

Letter winners: Talen Schaefer, Matthew

Wegman

Strengths: We have two players coming back that got valuable varsity experience last year.

We will be looking for Luke Wegman, Austin Schroeder, Haden Burhoop and a new freshman or two to help us fill the other three spots.

Holes to fill: We will be looking to replace three varsity regulars from last year.

Overall outlook: It is certainly going to be a building year replacing three varsity regulars.

There are a lot of unknowns going into the year, but I am always optimistic we will make continued improvement and get better as the players become more comfortable in their new roles.

Team to watch: York

Centennial boys' golf

Coach: Cam Scholl

Returning letter winners: Alex Hirschfeld, Sam Ehlers

Strengths of this year's team: Sam and Alex gained a lot of experience from last year, and have worked hard to improve their games.

Holes to fill from last season: Lance Haberman is someone who will be missed from last year.

Overall outlook: I think this will be a good year for Centennial Golf. We have two newcomers in Zaden Murphy and



Centennial's 2023 boys' golf team includes, from left, Sam Ehlers, Alex Hirschfeld, Zaden Murphy and Brayden Foley.

Brayden Foley, who will get better as the season progresses. Sam and Alex will be our key contributors to this year's team and have a chance to

perform well in conference and districts.

Teams to watch in conference/district: In our conference, Milford is the defending champs, and our dis-

trict includes Lincoln Christian and Lincoln Lutheran, who both always have deep teams.

Malcolm track & field

March	28	at David City Triangular	4p
April	5	host Malcolm Invite	10a
April	11	at Yutan Invite	noon
April	18	at Centennial Invite	1p
April	25	at Columbus Lakeview Invite	2p
April	29	at conference, Beatrice	11a
May	4	at Fillmore Central Invite	2p
May	11	at Districts, David City	TBA
May	19-20	at State, Omaha	TBA



Centennial golf

March	29	at Aquinas Invite	9a
April	4	at Friend Triangular	4p
April	5	at Friend Invite	10a
April	11	at HTRS Invite	9a
April	18	at Sandy Creek Invite	9:30a
April	27	host Seward	4p
April	28	at Crete Invite	9a
May	4	at conference, Sutton	1p
May	15	at Districts, TBA	TBA
May	23-24	at State, Columbus	TBA

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Pictured are the members of the Milford golf team, from left: (front row) Zack Parra, Caleb Kleint, Brecken Yoder and Sam Vosta; and (back row) Brody Mach, Garrett Freeman, Damien Henson, Keenan Troyer and Kasen Petsch. Not pictured are Kellan Kubicek, Chase Nitzsche, Landon Roth and Caden Rainforth.

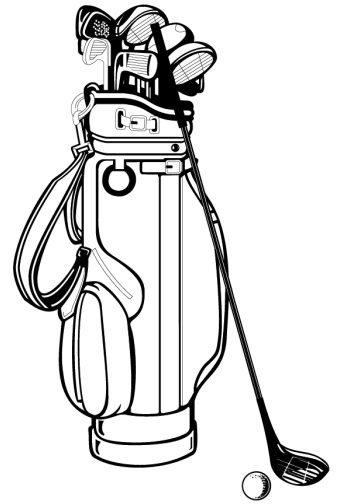
Milford golf

Coach: Travis Yeackley (first year coaching)
 Seniors on this year's team: Chase Nitzsche
 Returning letter winners: Chase Nitzsche
 Strengths of this year's team: Chase Nitzsche, Keenan Troyer and Brody Mach were constantly the 5-7 players on last year so we will look to them to fill the spots of the graduating class. We also have a number of younger golfers that will be able to step in and compete on the varsity level.
 Holes to fill from last season: We graduated four of the top five guys from last year's team.



Milford golf

March	29	at Syracuse Invite	9:30a
April	4	at Palmyra	4p
April	5	at Friend Invite	9:30a
April	12	host Milford Invite	9:30a
April	18	at Southern	4:30p
April	20	at Fairbury Invite	9a
April	26	at Palmyra Invite	8:30a
May	2	at Sutton Invite	9a
May	15	at Districts, TBA	TBA
May	23-24	at State, Columbus	TBA



The 2023 Malcolm track and field team includes, from left: (first row) Joe Brockhaus, Jon Cook, Drew Johnson, Lucas Christensen, Karsyn Broders, Alanea Babb, Lillie Beach, Sidney Holliday, Addyson Hanson, Emma Meyers and James Watts; (second row) Ethan Stenger, Dalton Amen, Nate Swenson, Kiera Farritor, Karter Kinkaid, Natalie Shafer, Abby Zegar, Madison Schultz, Izzy Stenger and Nathaniel Maddox; (third row) Aidan Cunningham, Noah VanEvery, Jake Walters, Rachel Lannin, Jessica Sandell, Jenna Schweitzer, Olivia Watts, Emery Endicott, Mia Larsen, Logan Schumacher and Bryson Leffers; (fourth row) Joshua Fox, Logan McGreer, Cody Barton, Samantha Back, Kaydence Schaefer, Mikiah Witzel, Shaylee Heidtbrink, Grace Green, McKenna Powell, Amanda Mendez Castro, Brooke Rice and Savannah Nordmeyer; and (fifth row) Matthew Underwood, Cayden Witzel, Bricen Wilkie, Thomas Lewis, Josephine McGreer, Halle Dolliver, Shyann Sehi and Madysen Wall. Not pictured are Josh Cantrell, Alyssa Fortik, Alex Paider, Eli Wollberg and Zane Zoucha.

Malcolm track and field

Coach: Kip Arnold
 Assistant coaches: Dustin Tobey, Kim Watson, Jordan Case, Danis Willet, Jack Tarr, Jamin Thomas
 Seniors on this year's team: Alanea Babb, Lillie Beach, Joe Brockhaus, Karsyn Broders, Lucas Christensen, Jonathan Cook, Alyssa Fortik, Addyson Hanson, Sidney Holliday, Drew Johnson, Emma Meyers, James Watts, Zane Zoucha
 Returning letter winners: Se-

niors – Alanea Babb, Lillie Beach, Joe Brockhaus, Lucas Christensen, Jonathan Cook, Alyssa Fortik, Addyson Hanson, Drew Johnson, James Watts, Zane Zoucha; Juniors – Dalton Amen, Keira Farritor, Karter Kinkaid, Thomas Lewis, Alex Paider, Madison Schultz, Nate Swenson, Noah VanEvery, Bricen Wilkie, Abby Zegar; Sophomores – Joshua Cantrell, Rachel Lannin, Logan McGreer, Jessica Sandell, Jenna Schweitzer
 Strengths of this year's team:

We have a balance of talent across all four grades. We also have dispersed throughout the events. Sometimes teams are heavy in one area and lacking in others, but that isn't the case with us.
 Holes to fill from last season: We graduated some talented seniors and great leaders. I am looking forward to seeing how this group steps up.
 Overall outlook: We have a lower number of boys this year, but they are a great group of guys

that are dedicated to track. Our girls' team is expected to be strong from top to bottom.
 Teams to watch in conference/district: Our athletes are going to have to put in the hard work throughout the season so they peak when we get to championship season. We have some great competition to face both in our conference and our district. This will be our first season competing in the Trailblazer Conference, so we are excited for a new challenge.

Malcolm track and field seniors



ALANEA BABB



LILLIE BEACH



JOSEPH BROCKHAUS



KARSYN BRODERS



LUCAS CHRISTENSEN



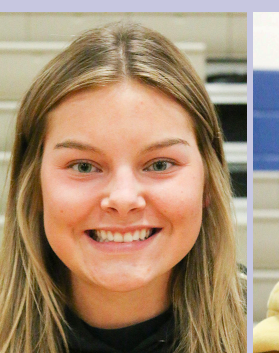
JONATHAN COOK



ALYSSA FORTIK



ADDYSON HANSON



SIDNEY HOLLIDAY



DREW JOHNSON



EMMA MEYERS



JAMES WATTS



ZANE ZOUCHA



Pictured are the members of the Milford girls' track and field team, from left: (front row) Lilly Kenning, Camille Stauffer, Kaitlin Kontor, Macy Stutzman, Addisyn Mowinkel and Ayla Roth; (middle row) Elana Prentice, Amber Gurnsey, Eliza McGuire, Emily Kenning, Brooklyn McDonald, Delaney Carraher, Kisa Schauer, Sally Burkey, Ellison Piening and Avery Roth; and (back row) Aubrey Burton, Kinley Petsch, Sarah Spahr, Hannah Schilz, Sarah Reynolds, Mackenzie Watenpaugh, Linda Peer, Tanya Miller and Mylee Roth. Not pictured are Kylie Jakub, Raeleigh Kremer, Karlee Kuklis, Nevaeh Spurling and Izzy Yeackley.

Milford track and field

Head Coach: Cody Gregory (high jump)
 Assistant coaches: Craig Bontrager (shot put), Ken Burkhardt, Jr (discus), Mindy Burton (sprints), Jake Kment (middle-distance/distance), Kennedy Mogul (hurdles), Ryan Voelker (horizontal jumps); Volunteers: Cody Hollist (pole vault), Michele Kontor (distance)

Last season's record: The boys' team finished second in the Southern Nebraska Conference Championship and sixth in the B-3 District Championship with two state qualifiers. They scored 587 points on the year.

The girls' team finished fifth in the Southern Nebraska Conference Championship and eighth in the B-3 District Championship with two state qualifiers. They scored 530.83 points on the year, including 9.5 points at the State Championship.

Seniors on this year's team: Kaleb Eickhoff, Bo Kepler, Dane Kolb, Hudson Mullet, Caden Nelson, Orlando Rakow, Kaitlin Kontor, Eliza McGuire, Tanya Miller, Linda Peer, Elana Prentice, Mylee Roth, Hannah Schilz, Camille Stauffer

Returning letter winners: Kaleb Eickhoff, Hudson Mullet, Caden Nelson, Gavin Piening, Gavin Dunlap, Dane Kolb, Tyce Lopez, Lilly Kenning, Sarah Spahr, Camille Stauffer, Izzy Yeackley, Eliza McGuire, Ellison Piening, Hannah Schilz, Brooklyn McDonald, Addi Mowinkel, McKenzie Watenpaugh, Macy Stutzman, Kaitlin Kontor, Avery Roth, Karlee Kuklis

Strengths of this year's team / Overall outlook:

Boys: The boys' track team will rely heavily on the returning letter-winners as well as a

(CONTINUED ON 9B)



Pictured are the members of the Milford boys' track and field team, from left: (front row) Aiden Henson, Avery Carter, Sirius Jolly, Zeb Reil, Connor Adams and Thomas Belleau; (middle row) Zach Pearson, Korbyn Kemerling, Hudson Mullet, Hunter Oborny, Vanden Fancher and Jordan Fischer; and (back row) Rylan Hollist, Orlando Rakow, Gavin Piening, Colby Rautenberg, Bo Kepler, Garrett Schoen and Kaleb Eickhoff. Not pictured are Owen Anderson, Cash Brom, Gage Dunlap, Gavin Dunlap, Scott Klinginsmith, Dane Kolb, Tyce Lopez, Cash Martin, Caden Nelson, Isaac Roth and Jack Stahl.

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Milford track & field

March	16	at Concordia University	4p
March	25	at Ashland-Greenwood Invite	10a
March	28	at Wilber-Clatonia Invite	2p
April	5	at Malcolm Invite	10a
April	11	host Milford Invite	2p
April	18	at Centennial Invite	1p
April	29	at Sutton Invite	TBA
May	4	at conference, Sutton	1p
May	11	at Districts, Thayer Central	TBA
May	19-20	at State, Omaha	TBA

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 Have a great season!




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Milford

(CONTINUED FROM 8B) very large group of underclassmen. There are six seniors, five juniors, seven sophomores and 12 freshmen.

Of the 18 returning-class members, eight are new to the sport. We are excited to see their growth and potential as athletes, as more of the football and basketball athletes have decided to try multiple sports this year.

The distance runners and hurdlers, in particular, look like they are ready to score a lot of points for the team this year. The 1,600- and 3,200-meter relays are expected to gain attention from opponents this year as well.

After 20 consecutive years of competing in Class B, Milford is Class C this year. While that may increase the chances of additional state qualifiers, it will still take high quality efforts to earn state points and medals, regardless of class assignments.

With no returning state qualifiers on the team this year, early candidates include Hudson Mullet, Gavin Dunlap and Kaleb Eickhoff in the distance races, Caden Nelson and Gavin Piening in the hurdle races, and Dane Kolb in the long jump. Sophomore sprinter Tyce Lopez has the tools to compete in the sprint events and the freshman class boasts several candidates who may contribute throughout the season, including Avery Carter who finished a successful varsity cross country season and looked strong in the 1,600m run at some exhibition indoor track meets in January and February.

Girls: The girls' track team returns some athletes with ex-

perience at the highest level and will rely on multi-sport athletes to be competitive in invites and at the district championship this year. The team is evenly divided with eight members from each class.

Junior Sarah Spahr is a two-time state medalist, finishing fifth in the high jump in Class B as a freshman in 2021 and second in the high jump in Class B as a sophomore last season.

Senior Camille Stauffer competed in the discus at the Class B state championship in 2021 as a sophomore. She is motivated to return to the state meet this year after a shoulder injury slowed her junior season.

Sophomore Lilly Kenning was the top point scorer for the

team last year, scoring 110.5 points on the season. After missing out on the state meet in 2022, Lilly followed up with a successful cross country season last fall (third place in Class C) and a highly competitive exhibition indoor track season in which she bested the school record in the 1600m run multiple times in convincing fashion.

In addition to these three, the team will rely on post-season success experienced by the cross country, softball and basketball teams, many of whose members make up the track team. In addition to Stauffer, Kaitlin Kontor, Addi Mowinkel, Macy Stutzman, Izzy Yeackley and Ayla Roth (new to the track team) made up two-thirds of the district-champion

softball starting lineup and will bring a competitive nature to the track team. Not coincidentally, they are also all key contributors to the basketball team, as are Tanya Miller (new to the track team), Mackenzie Watenpaugh and Karlee Kuklis.

Eliza McGuire and Ellison Piening are returning point-scorers who have state cross country experience and will be counted on for points. Volleyball players Hannah Schilz, Brooklyn McDonald and Avery Roth round out the returning point-scorers.

Holes to fill from last season:

Boys: 2022 seniors Ayden Shook, Carter Roth, Carter Springer, Trace Rowland and Dylan McDonald accounted for 55% of the team's points last

year. Shook (100m, HJ) and Roth (800m) were the lone qualifiers for the state meet, though neither scored in their respective events.

Roth set a new school record in the 800m run (2:01.24) at the B-3 district championship. He also finished his career with the No. 4 time in school history in the 1,600m run (4:48.30) and the No. 10 time in the 3,200m run (11:26.63). Shook finished his career with the No. 3 time in school history in the 200m dash (22.92), No. 4 mark in the high jump (6-4) and the No. 6 time in the 100m dash (11.11).

Girls: 2022 seniors Caitlyn Adams, Marissa Walker, Sydney Stelling and Celia Bontrager accounted for 32% of the team's points last year. Walk-

er was the only senior to qualify for the state championship, placing in a tie for seventh place in the high jump with a height of 5-1. She finished her career with the No. 4 mark in school history in the high jump (5-2).

Adams finished with the No. 2 time in school history in the 400m dash (1:01.74), Stelling finished with the school record in the 60m dash (8.33), the No. 6 time in the 100m dash (12.89), and the No. 7 time in the 200m dash (27.46), and Bontrager finished with the No. 9 time in the 800m run (2:36.76).

Teams to watch in conference/district: Centennial, Doniphan-Trumbull, Fairbury, Fillmore Central, Hastings St. Cecilia, Superior, Sutton, Thayer Central, Wilber-Clatonia

Milford track and field seniors



KALEB EICKHOFF



BO KEPLER



DANE KOLB



KAITLIN KONTOR



ELIZA MCGUIRE



TANYA MILLER



HUDSON MULLET



CADEN NELSON



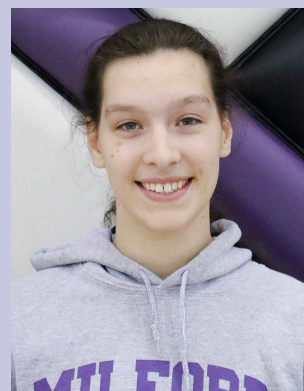
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MYLEE ROTH



HANNAH SCHILZ



CAMILLE STAUFFER



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The 2023 Centennial girls' track team includes, from left: (first row) Kali Fickel, Alex Galavez, Samara Ruether, Cambria Saunders, Lillian Butzke, Ava Fischer, Cora Hoffschneider, Savannah Horne, Kate Luebbe and Karley Naber; (second row) Cora Payne, Molly Prochaska, Catelynn Barga, Lauryn Breittkreutz, Caylie Clouse, Lucia Perez Maganto, Grace Schernikau, Averie Stuhr and Ella Wambold; and (third row) Shelby Fehlhafer, Andrea Gumaer, Kobie Kosek, Hannah Luebbe, Bree Nisly, Sarah Payne, Abby Saunders and Riley Ziegler. Eli Mister and Rosa Martinez are not pictured.

Centennial track and field

Coach: Rob Johansen

Assistant coaches: Leah Pankoke, Jake Polk, Carson Farr, Emma Dannehl, Austin Stuhr

Girls Seniors: Samara Ruether, Alex Galavez, Cambria Saunders, Kali Fickel

Returning letterwinners: Samara Ruether, Cambria Saunders, Alex Galavez, Savannah Horne, Molly Prochaska, Lillian Butzke, Karly Naber, Cora Payne, Carelynn Barga, Caylie Clouse, Grace Schernikau, Averie Stuhr, Ella Wambold

Outlook: Girls will look to repeat as SNC champions. We have good depth with numbers and some talented athletes returning. We do have a few areas that are a concern. Will be a chance for freshman to compete. Savannah Horne set the school record in the 100 and 200 meter dashes and placed fourth and sixth at state. Samara Ruther returns as a state qualifier in the pole vault and Molly Prochaska returns as a qualifier in the 800.

We have good depth at the distance runs and sprints. Our juniors and seniors have good meet experience.

We saw some success by winning the SNC meet and have some state qualifiers returning that will lead us in points this year. Hope the weath-



Members of the 2023 Centennial boys' track team are, from left: (front row) Xavier Ettwein, John Fehlhafer, Ryan Pallas, Breckin Schoepf, Clinton Turnbull, Elijah Utter and Lane Zimmer; and (back row) Trevor Fehlhafer, Garrison Schernikau, Paul Fehlhafer, Matthew Hoops, Torian Ibarra, Jordan Wagner and Camden Winkelman. Jayde Gumaer is not pictured.

er cooperates better this season. We only got to pole vault in five meets last season due to high winds and cancellations.

Good depth is needed in track to win meets. Girls are tough competitors and will guide our underclassmen to work hard. We have some balanced scoring throughout many areas.

Expect our girls to work hard and get better as the season progresses. Staying healthy will be key to the season. Always need to be at your best at the end of the season.

Teams to watch: SNC conference is

always good in track. It will be tough to repeat. Fairbury and Milford always have good numbers and scoring depth. We are in a district that has schools we do not see during the year, so it will be interesting.

Boys Seniors: Jayde Gumaer, Clinton Turnbull, John Fehlhafer, Xavier Ettwein, Elijah Utter, Lane Zimmer

Returning letterwinners: Jayde Gumaer, Clinton Turnbull, John Fehlhafer, Xavier Ettwein, Camden Winkelman, Matthew Hoops, Jordan Wagner

Outlook: Fifteen boys make up the

team. Many will have to do some events that may stretch them out of their comfort zone. Boys will not have much depth, but have a strong senior class that will help the younger athletes develop. They will compete hard and work to improve throughout the season.

Boys throws and distance will be our strengths. Many saw improvement at the end of last season and look promising going into the season.

Jayde Gumaer was a state qualifier in the discus with a best toss of 141-6 at the district meet. Clinton Turnbull placed 13th in the

state cross country meet last fall, so plan on him to compete at a high level.

We have very little depth, so it could be a struggle for fill all events. We have no freshman boys in track.

Teams to watch: Wilber-Clatonia returns are SNC champs and will be tough to beat. We are in a district that has schools we do not see during the year, so it will be interesting.

Centennial track & field

March	17	at Concordia University	9a
March	24	at Louisville Quad	3:30p
March	28	at Wilber-Clatonia Invite	2p
April	5	at Malcolm Invite	10a
April	11	at Milford Invite	2p
April	18	host Centennial Invite	1p
April	24	at Heartland Quad	
April	29	at conference, Sutton	TBA
May	4	at Fillmore Central Invite	2p
May	11	host Districts	TBA
May	19-20	at State, Omaha	TBA

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The 2023 Seward High boys' track team includes, from left: (first row) Alex Tonniges, AJ Frazey, Jacob DeGroot, Luke Seevers, Larson Goldsmith, Eli Hiser, Dustin Hurley, Riley Prochnow, Zach Rohde, Tanner Bye, Colin Standifer and Micah Hackbart; (second row) Cole Luebbe, Easton Else, Kameron Dyer, Caden Brooks, Jonathan Hurchen, Xander Foulk, Evett Howe, Drew Collings and Jady Nelson; (third row) Ethan Anderson, Cooper Fern, Nathan Shafer, Nathan Weber, Dean Plouzek, Devon Perry, Max Briggs, Jacob Kimbrough, Jack Schulz, Dylan Hochstein, Ben Nottingham, Caden Schandwinkel and Jase Ramirez; (fourth row) Sam Sagehorn, Tresten Hass, Jack Vyhnaek, Koston Schaefer, Grove Dalton, Riley Pierson, Kaleb Cannady, Micah Royuk, Ceden Fleischman, Jayden Hernandez and Carter Frazey; and (fifth row) Kyson Salyer, Peyton Else, Grady Owens, Teagan Wiesman, Nolan Austin and Marshall Seevers.

Seward track and field

Coach's name: Jeff Hass
 Years coaching: Second as head, sixth at Seward, 15th overall
 Assistants: Kyle Royuk, Kari Samuels, Nate Knott, Jordan Hinrichs, Jeff Luebbe
 Seniors:
 Boys – Jackson Anderson, Tanner Bye, AJ Frazey, Larson Goldsmith, Micah Hackbart, Dustin Hurley, Kalen Knott, Zach Rohde, Luke Seevers, Colin Standifer, Alex Tonniges, Jacob DeGroot
 Girls – Cadance Craig, Karnie Gottschalk, Ava Krahulik, Kaylie Nelson, Nadiya Schrad, Eden Schulz, Vicki Wang
 Letter Winners: Boys – Luke Seevers, Eli Hiser, Dustin Hurley, Kalen Knott, AJ Frazey, Micah Hackbart, Collin Standifer, Easton Else, Evett Howe, Caden Brooks, Drew Collings, Kameron Dyer, Jase Ramirez

Girls – Vicki Wang, Cadance Craig, Ava Krahulik, Karnie Gottschalk, Eden Schulz, Coral Collins, Libby Kratochvil, Lovely Hibbert, Tessa Greisen, Mikayla Miller, Kelsey Miller

Strengths of this year's team: We have a large group of kids out again this year. We will be led by a great group of upperclassmen for both the girls and boys. They are great positive leaders who will show the younger athletes how to compete.

Our girls' distance crew will be led by state qualifiers senior Karnie Gottschalk and sophomore Tessa Greisen. Freshmen Danielle Pallet, Maclayne Dlouhy and Audry Broadwell look to step up and contribute also.

The throwers will be led this year by seniors Cadance Craig, Kaylie Nelson, Lovely Hibbert and Hannah Bierbaum. Junior and Seward discus record holder Hibbert will compete for a state title, and Bierbaum will provide leadership and points. Sophomore Madison Green and freshman Addy Heaston look to compete and score for the team also.

Seward track & field

March	16	at Concordia University	4P
March	25	at Fairbury Invite	9:30a
March	30	at Norris Invite	10a
April	6	at Waverly Invite	10a
April	14	at Wahoo Invite	2P
April	22	at York Invite	10a
April	27	at Blair Invite	1P
May	2	at conference, Schuyler	10a
May	9	at Districts, Waverly	TBA
May	17-18	at State, Omaha	TBA



The 2023 Seward High girls' track team includes, from left: (first row) Vicki Wang, Ava Krahulik, Eden Schulz, Karnie Gottschalk, Nadiya Schrad and Kaylie Nelson; (second row) Marisa Schmeckpeper, Libby Kratochvil, Coral Collins, Lovely Hibbert, Hannah Bierbaum, Tessa Greisen and Sophie Matthias; (third row) JennaRae Hallsted, Kyla Novak, Madison Green, Kelsey Miller, Mikayla Miller and Avery Rodocker; (fourth row) Maclayne Dlouhy, Lauren Frihauf, Danielle Pallet, Addy Heaston, Evi Theobald, Karyn Fields and Katherine Naber; and (fifth row) Molly Marroquin, Brianna Potratz, Audrey Broadwell and Hailey Ball.

The girls' sprint and hurdle group may be the strongest group this year. Seniors Eden Shultz and Vicki Wang look to lead the way along with junior Coral Collins. They make up two state qualifying relays together and look to build from the success of last season. They will be helped by another state qualifier in Kelsey Miller, while Mikayla Miller looks to add her own points to the team. Freshmen Lauren Frihauf and Karson Fields look to add depth and compete for open relay spots to help the team as well.

On the boys' distance side, the runners will be looking to replace production from last year. Senior Colin Standifer looks to improve his times from last season where he made great strides to improve in the 800 and 1,600, while Tanner Bye and Alex Tonniges look to add depth. Junior Kameryn Dyer showed he can produce in the 800 and 1,600 while Drew Collings and Evett Howe will look to provide some points also. Sophomores Jack Schulz, Dylan Hochstein and Will Roatkovec compete to show they belong, too, while getting pushed by freshman Micah Royuk.

The throwers will look to improve their marks from last year and rake in more points. Seniors Riley Prochnow and Dustin Hurley are great leaders and hard workers that will provide a solid foundation. Sophomores Koston Schaefer, Ben Nottingham, Cooper Fern,

Grove Dalton and Max Briggs look to provide depth. Freshmen Jack Vyhnaek and Ceden Fleishman will be in the mix to throw as well.

The boy sprinters will be looking to make an impact this year led by returning seniors Micah Hackbart and AJ Frazey, both great leaders and athletes. Luke Seevers, Eli Hiser, Jacob DeGroot, and Zach Rohde will also compete for team points and provide important leadership while state title contender Kalen Knott will compete to dominate the pole vault this year. Juniors Caden Brooks and Easton Else along with newcomer Cole Luebbe will compete for medals also. Sophomore Jase Ramirez will look to better his marks from a successful campaign last year. Fellow sophomores Ed Knott and Devon Perry will provide depth in the vault along with sprints. Freshmen Tresten Hass, Kayson Salyer and Peyton Else will compete to push for points during the season in both the sprints and field events..

Holes to fill from last year: We will be missing leadership and production from seniors last year but we are confident our returners will be able to lead the way. We have had one of the better starts to the season this year and hope that will pay dividends later in the season.

Teams to watch in conference/district:
 Conference: Aurora, GINW, Crete and York
 Districts: Norris and Waverly

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KALEN KNOTT



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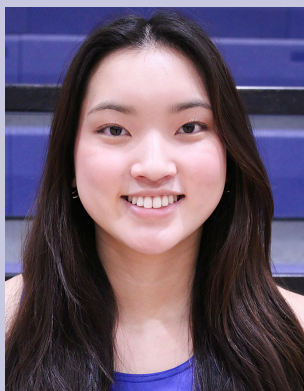
LUKE SEEVERS



COLIN STANDIFER



ALEX TONNIGES



VICTORIA WANG

Good luck, area schools!

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Centennial track and field seniors



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JOHN FEHLHAFER



KALI FICKEL



ALEX GALAVEZ



JAYDE GUMAER



RYAN PALLAS



SAMARA RUETHER



CAMBRIA SAUNDERS



BREKIN SCHOEPF



CLINTON TURNBULL



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LANE ZIMMER