

Devils cap season at states. 2



Man facing 2nd-degree murder rap. 3

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**MASSENA-
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No foul play suspected in death of accused murderer in jail

Attorney General's office investigating suspected suicide

BY JIMMY LAWTON
North Country This Week

CANTON — No foul play is suspected in the death of John Free, an inmate at St. Lawrence County Correctional Facility who is believed to have taken his own life Friday.

The NYS Attorney General's office is investigating the death of the 51-year-old inmate who had been in custody since May 2024 awaiting trial for murder.

St. Lawrence County Sheriff Patrick Engle said that no corrections officers were suspended as part of that investigation. He also clarified that Free was not under watch as a mental health risk at the time of his death.

St. Lawrence County District Attorney Gary Pasqua said that Free had a medical emergency just after 2 p.m. Friday, March 14. He said

SEE DEATH ON 10.



St. Lawrence County District Attorney Gary Pasqua prepares to provide details regarding the death of John Free as St. Lawrence County Sheriff Patrick Engle looks on during a press conference Tuesday. During the press conference, the sheriff said no corrections officers were suspended as part of the investigation.

Schine Theater closing in on funding goal, marquee done

Project requires \$400,000, \$100,000 secured last year

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- Work on the Schine Theater continues as Massena Arts and Theater Association, Inc. officials continue to fundraise to finish the project.

The theater, which was permanently shut down in 1995, is currently being renovated, with asbestos abatement completed.

According to MATA President Allison Smith and Secretary Matt Lebire, the theater is roughly \$400,000 short of the projected budget needed to complete work.

"It has been 13 years since the organization (MATA) formed as a non-profit. To date, we have accomplished quite a bit. The establishment of the nonprofit, the acqui

SEE SCHINE ON 10.

Community leaders speak in Ogdensburg as 150 rally to 'stop the cuts'

BY CHERYL SHUMWAY
North Country This Week

OGDENSBURG — About 150 people rallied Saturday, March 15, to protest feared federal cuts in Medicaid, Medicare and veterans' programs.

They heard St. Lawrence County health care providers and others speak about the devastation cuts would create.

Protesters held signs in front of City Hall that read "Stop the Cuts," "Medicaid Cuts Kill" and "NY21 Relies on Medicaid," among a variety of others.

One of the signs said 72% of nursing home residents and 40% of children are Medicaid recipients in our 21st congressional district.

Speaking to the crowd in front of City Hall, more than a half dozen speakers encouraged citizens to take action to ask North Coun-

'Were it not for Medicaid . . . I would not be here today.'

Natalia Singer
SLU English professor, emerita

try Rep. Elise Stefanik to oppose cuts to Medicare and Medicaid.

"Decades of inaction makes it clear that the current people in power are not listening or willing to act to avert the collapse of Medicaid and vital healthcare programs," said Steve Knight of Colton, retired CEO of United Helpers. "So, it is up to us to elect the people who will listen and take action."

United Helper provides nursing

home, home health care, behavior health clinics and post-hospital rehabilitation services throughout St. Lawrence County.

Ginger Storey-Welch, a retired Colton-Pierrepont Central School teacher who helped organize the rally, said the House Energy and Commerce Committee has been tasked with cutting at least \$880 billion from the budget over ten years.

"It is mathematically impossible to do this without making significant cuts to Medicare and/or Medicaid," she said.

Medicaid and the Children's Health Insurance Program are part of the national safety net, covering about 80 million people..

"Were it not for Medicaid, and the very compassionate healthcare workers who took care of me in

tariffs on other American goods,



Ginger Storey-Welch addresses a crowd at the 'Stop the Cuts' rally in Ogdensburg.

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NORTH COUNTRY THIS WEEK



Ogdensburg Blue Devils celebrate the end of their season.

Ogdensburg Blue Devils close out season

OGDENSBURG -- Ogdensburg Free Academy Blue Devils varsity boys hockey team closed out a phenomenal season with a 3-0 loss to Skaneateles on Sunday, March 16.

Although they didn't take home the title, the team can walk away proud knowing they were only one of two teams in OFA history to make it to the championship game.

The boys got in trouble early after Skaneateles took advantage of an early 5 on 3 situation and weren't able to swing things back despite strong efforts in the second period.

The team had come off a big 4-0 win Saturday morning against Queensbury, but weren't able to keep the momentum going.

Coach Jon Frederick said the team is full of a great bunch of students who are dedicated to the sport.

He said the team has proven themselves both on and off the ice.

He said he's coached many good teams in his lengthy career, but that this team's focus is on another level.

This is Frederick's final year coaching the Devils with more than 500 games under his belt.

Drug indictments for two Winthrop men

CANTON – A St. Lawrence County grand jury handed down drug-related indictments against two Winthrop men on Thursday, March 13.

Bryan I. Hartson, 53, and Timothy R. Kerrick, 35, were indicted on two counts of third-degree criminal possession of a controlled substance and one count of fifth-degree criminal possession of a controlled

substance. Kerrick, who is currently incarcerated at the St. Lawrence County Correctional Facility, was also indicted for resisting arrest.

It is alleged that during a traffic stop on Sept. 9 on State Route 11C in the Town of Brasher, police discovered narcotic drugs in the vehicle. State police reported that numerous amounts of narcotic drugs included approximately 1.3 ounces of

cocaine, 15 grams of MDMA, and numerous pills of several different types.

In other grand jury action, Adam F. Peets, 37, of 19 Ridge St., Norwood, was indicted for third-degree grand larceny. It is alleged Peets stole property exceeding \$3,000 in value on Aug. 9 in the Town of Waddington.

With more than 2,000 corrections officers terminated following recent strikes, North Country representatives are pushing back against what they say is a vindictive order from the governor.

A resolution put forward by Assemblyman Scott Gray would repeal Gov. Kathy Hochul's call to blacklist former corrections officers who participated in the strike from holding government jobs in the future.

In a statement issued Tuesday Gray said Gov. Kathy Hochul's Executive Order 47.3 directs state agencies not to hire any officers who participated in the state prison strikes and instructs the Department of Corrections and Community Supervision (NYSDOCCS) to report them.

"New York state has long recognized the importance of second chances, ensuring individuals are not unfairly judged by past mistakes. We have laws prohibiting employers from asking potential hires about their criminal history, reinforcing the belief that a person's past should not define their future."

Yet, under Executive Order 47.3, we are barring correctional officers from future public employment for the sole reason that they exercised their right to protest unsafe working conditions. These officers—who have dedicated themselves to public safety—are being treated worse than individuals who commit a serious crime, when in reality, they took action to demand a safer environment for themselves and their colleagues.

This is inconsistent and unjust.

We cannot have a system where those who have committed serious offenses are given opportunities to reintegrate into the workforce, while those who stood up for their safety are permanently blacklisted from public service. That is why terminating this executive order is the right and necessary action."

Hochul's order impacts more than 2,000 corrections officers who were fired for striking.

In the order Hochul said the state is committed to ensuring individuals appointed to state service uphold the law and their oath to public office.

"Individuals participating in illegal strikes have willfully violated the Taylor Law and an order of the Supreme Court of the State of New York by engaging in misconduct that undermines the public trust, demonstrates disregard for the law, disrupts public services, and is inconsistent with suitability for public service roles," her order says.

"It is therefore necessary to establish a state policy barring the hiring of individuals participating in this illegal and unlawful strike and recommending their separation from state service be reported as a removal for cause, consistent with state law and applicable regulations."

According to the order the state will investigate to determine which officers were involved in the strikes and all state agencies will need to determine if any applicants for jobs were former officers and if they were involved in strikes as part of the background checks.

"No New York State agency shall hire or appoint any individual who was previously employed by the Department of Corrections and Community Supervision and thereafter separated from such employment in connection with such individuals participation with the illegal and unlawful strike," the order says.

She further states that the prohibition includes state positions and any civil service positions.

In addition, Hochul is barring local governments from appointing, transferring or promoting any individuals involved in the strike and suspending home rule legislations from stopping local governments from making their own determinations regarding hiring former officers who participated in the strikes.

The harsh order followed news from a press conference, where DOCCS Commissioner Daniel F. Martuscello said the state would uphold several aspects of an agreement hashed out with the union on March 6, despite a failure to meet the 85% "return to work" threshold.

Questions regarding the legality of the order have been raised locally as the order restricts Home Rule laws.

State officials push back against Hochul blacklisting former corrections officers from government jobs

BY JIMMY LAWTON

North Country This Week

With more than 2,000 corrections officers terminated following recent strikes, North Country representatives are pushing back against what they say is a vindictive order from the governor.

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\$15 million Ogdensburg International Bridge painting, paving planned

BY JOSH DAVIS
North Country This Week

OGDENSBURG — Fresh paint and paving work are at the center of a roughly \$15 million rehabilitation project planned for the Ogdensburg-Prescott International Bridge.

Project manager Daniel Thomas of engineering firm Greenman Pedersen described the scope of the work at a public information meeting held Feb. 26, saying that the rehabilitation will build upon restoration projects carried out in 2011 and 2020.

The work will pave roughly 3,900 feet of roadway leading from Proctor Avenue through the toll plaza and customs to the bridge, and will repaint at least three spans of the 1.5-mile suspension bridge, which leads to Johnstown, ON, and is administered on the American side by the Ogdensburg Bridge and Port Authority.

Thomas said that "A lot of this is continuing the paint and rehab" completed in previous projects, noting that the new work will paint trusses on spans 9-11 of the bridge.

Painting of the three spans will cost roughly \$10 million, which Thomas said will be covered by federal funding. Thomas said he is hopeful to secure funds to also complete spans 12-14 while the same contractor is involved with the project, saying this would be most efficient from a materials and mobilization standpoint.

He said all of the remaining painting could be done at once "if we can come up with about another \$10 million," with costs to paint one section totaling \$3.1 million.

Thomas noted that the paint on spans 9-11 is still "the original coatings from 1957," and that "after 60 years that paint has long outlived its expected life cycle." He added that bridge paint is generally expected to last 20 or 30 years at the most.

The project manager said that no major traffic delays are expected as a result of the work, with plans to close one lane of traffic and alternate passage with the use of traffic signals.

Design approval for the painting portion of the rehabilitation project is expected late this month, with construction approval expected in July. The project will go out for bids in August, with work being completed between September and November of this year. Paving work will not begin until the 2026 building season.

The Ogdensburg Bridge and Port Authority also plans to repave the roadway leading to the bridge, resurfacing all lanes from Proctor Avenue north to the bridge.

Full and partial depth paving will be completed depending on existing conditions. Total costs for the paving work are estimated at \$3.17 million.

No total road closures are expected as a result of the project, as no work will be completed on the deck surface of the bridge.

Thomas said that eventually the deck will need to be replaced with galvanized steel, but noted "we are probably several projects away from reaching that."

Project leaders include representatives from Ogdensburg Bridge and Port Authority, New York State Department of Transportation, Greenman Pedersen, and the Federal Highway Administration.

Massena man facing 2nd-degree murder rap

CANTON — An Massena man accused of killing a Center Street resident in Massena last July is facing a second-degree murder charge following an indictment Thursday, March 13, by a St. Lawrence County grand jury.

Darren J. Kelley Jr., 34, has been indicted for the alleged murder of Misty D. Lewis, 43, who died following an arson fire last year.

Following an autopsy, police and the district attorney's office did not specify if she had died prior to the fire or as a result of the fire.

Kelley Jr. was also indicted for first-degree manslaughter, first-degree assault, first-degree strangulation and second-degree arson.

In relation to the strangulation charge, the indictment states Kelley Jr. acted "with intent to impede the normal breathing or circulation of blood of another person, he applied pressure on the throat or neck of such person and thereby caused serious physical injury to such other person."

According to a press release from Massena Fire, a call went out at 4:26 p.m. for a structure fire at 196 Center Street in the village of Massena.

Engine 30, Rescue 77, Rescue 79 and Tower 3 were dispatched initially, the release states.

Within nine minutes all residents were removed from the building and the fire was contained to the apartment of origin. Fire officials say the structure received minimal damage, which was mostly smoke damage.

After eight hours on scene Massena Fire Engine 30 and the County Unified Command Vehicle cleared the scene around 1 a.m., officials say.

Massena Fire was assisted on-scene by Massena Village Police, Massena Rescue, St. Lawrence County Office of Emergency Services, New York State Office of Fire Prevention & Control, and New York State Police.

Following the fire, American Red Cross members were on site to assist those displaced by the blaze. Six people in total were assisted with food, shelter and clothing. Among those displaced were four children, aged one, two, six and seven-years-old at the time of the fire.

Three police officers were honored for their heroics following the fire as well, each having entered the structure fire to rescue those who were still inside. According to Massena police, "Officers Mike Flynn, Garrett Kilgore and John Smith were called to a structure fire on Center Street where they encountered a building full of smoke. These

officers, who understood that people were still inside, rushed in and began pounding on doors to alert those who were unaware of the situation. At this time, the officers believed that they had been able to successfully inform and remove everyone from the building before it was too late. Upon realization that there was one person who was still unaccounted for, they continued down the smoke-filled hallway to continue their search. Upon entering a room, they identified an unconscious individual on the floor through the smoky haze. Officers were then able to get the unconscious individual out of the apartment complex."

"Each of these officers put their own health and safety on the line, in order to protect the health and safety of others. We, at Massena Police Department, would like to recognize them for their valiant efforts and present them each with the medal of meritorious conduct. The medal each officer received is a pin that will be worn on their uniform over their name plate," a press release stated shortly after the fire.

BRIEFLY

Dog obedience class offered

POTSDAM — The St. Lawrence Valley Dog Club will offer S.T.A.R. puppy beginner obedience, adult dog beginner obedience Beginner Rally, Beginner Scentwork and Canine Good Citizen Prep classes.

Evening classes to be offered on Tuesdays or Thursdays from April 1 through May 22 in the Potsdam Elementary Gymnasium.

Specific class times will depend on which class is selected.

Fee for seven week session is \$80, payable by check or Paypal.

Go to SLVDC.COM for listing of classes and online registration, required before classes begin. These classes are not suitable for dogs with behavior issues, such as reactivity, aggression or persistent barking. For more information, contact Sandra Morris at morrissd.canton@gmail.com or text 315-323-5112.

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Photo submitted

Learning about dental health

Kelsey Wells learned about the importance of dental health while brushing her monster's teeth that she made during a Home Visit with Massena Head Start. St. Lawrence County Community Development Program Head Start is a school readiness program. Head Start is currently accepting applications for 3 and 4 year old's. Contact them at 315-386-8574.

Massena Central climate survey results almost in

BY JEFF CHUDZINSKI
North Country This Week

MASSENA — PLC Associates, LLC are conducting the annual climate data survey on behalf of Massena Central School District, which includes responses from students, staff and families.

The addition of family responses is new as of 2023, a measure school officials said was necessary to gauge the total climate of the district.

Surveys close March 14, leaving little time for school officials to eagerly await the results.

According to high school Principal Alan Oliver, the data offered allows the district to gauge how they are doing and "where we need to focus efforts for improvement."

"This survey is always part of our district goals," he said.

Officials said the goal of the survey is to ensure Massena Central "will cultivate a positive and inclusive school climate by reducing

negative student behaviors and increasing overall well-being of staff and students."

All responses recorded are anonymous to ensure those providing feedback can do so comfortably, officials said.

"It is our mission to create an exceptional school for our students and our community, and your feedback is invaluable to that mission," Oliver said.

He said by taking time to answer all survey questions, staff, students and families alike are helping the district to "identify our strengths and our opportunities for improvement. We thank our families for your support of our students and our school."

Officials previously said the climate survey was being issued a little earlier this year, allowing the district to receive results sooner to assess progress and set new goals based on the feedback offered.

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Village officials voice support for COs impacted by Hochul's executive order

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- Massena Village Board members say they stand behind correctional officers who were on strike for safer worker conditions and subsequently lost their jobs when Governor Kathy Hochul fired 2,000 officers last week.

According to Mayor Greg Paquin, who read a statement during the March 18 board meeting, village officials have offered their support to those officers impacted in the greater Massena community.

In his statement, Paquin said the board is "limited in what we can do as the Taylor Law limits our response."

"That does not mean that we disagree with the COs, far from it," he said.

Paquin said the board fully supports COs desire for "safer working conditions by rescinding and fixing the HALT Act, better

screening services (for mail), mandatory body scans, and changes to staffing levels, just to name a few."

He said the village has many COs in the area that officials "care deeply about" along with their family's well-being.

"Their continued employment is vital to the local economy here in Massena as well," he said.

According to Paquin, he has taken many actions to work quietly behind the scenes in support of the fired officers, including reaching out to the Governor's office on Feb. 7 to ask the Governor to make the requested changes to the HALT act.

He said he also gave permission to the Massena Fire Department on Feb. 23 to send a truck to Franklin County to participate in a parade supporting COs.

"It was nothing more than a drive-by for support," he said.

Paquin said he has also reached out to North

Country state representatives in recent weeks, thanking them for their efforts in helping COs and offering any legal support possibly from the village.

"On the morning of March 10, I did reach out to a few of my CO friends and asked if there is anything we can legally do to let us know. They realized the position we are in and that we must be careful as a municipality, but they appreciated the call," he said.

Paquin said he also emailed the governor and her North Country representative on March 11, asking her to "show compassion and to reconsider her decision to terminate the 2,000 correction officers."

He said he also asked her to rescind the executive order that currently bars the fired officers from working in any state, county or local government jobs, as well as any civil service positions.

"Throughout all of this, we have relied on the advice of the Prison Task Force here in the

North Country and our state representatives. Each advised we keep a non-confrontational position and to quietly lobby the Governor's office," Paquin said.

He said he has done that and will continue to do so, following the lead of leaders in the village of Gouverneur and City of Ogdensburg.

"The rationale behind this position is the economic importance of the prisons in Ogdensburg, Gouverneur and Malone. Losing any of those prisons would have far reaching economic impact throughout the region and our community as we saw with the last prison closure of Ogdensburg Correctional," Paquin said. During the strike, Hochul added a 30-day amendment that, if included in the state budget, would allow her to close five more prisons with only 90-days notice.

Paquin said he believed the situation was not over and felt there was still room for compromise that would allow the fired COs to return to work.

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St. Lawrence County Community Services rolls over workforce enhancement funding

BY JEFF CHUDZINSKI

North Country This Week

CANTON -- County officials are rolling over funding from a Workforce Grant from the New York State Office of Mental Health in the Community Services Department.

Legislators approved the measure during the March 17 Services Committee meeting.

According to Director Jay Ullrich, the OMH Workforce Grant is administered and managed by OMH, with funds made available to eligible providers to enhance the workforce. The funds originally came to the county in 2022, with a budget modification done in 2023 to formally accept the grant.

The new resolution now extends the roll over period to March 31, 2025, allowing Community Services to expend the remaining \$5,552, Ullrich said. The grant was originally \$24,000, with \$18,448 having been expended, he said.

Per OMH, a letter was sent to the office requesting an extension, which was subsequently approved.

In other action, legislators also approved a contract with Coordinated Care Service, Inc. for the preparations of the 2024 consolidated fiscal report. Ullrich said the department has been contracting with the firm since 2021 to great success, with the average cost landing around \$14,000 per

year. "They really have done great work each year," Ullrich said.

He noted that CCSi has continually come in under budget as well, another key reason he said the department was eager to continue the relationship.

CCSi provides support in behavioral health and human services, specifically in financial reporting, claiming and budgeting for many counties and providers, county officials said. According to Ullrich, CCSi's services are required to prepare and submit the 2024 CFR and provide specialized Local Government Unit (LGU) fiscal support. The rate CCSi will receive is \$115 per hour, not to exceed \$20,000.

OBITUARIES

Dr. Frank Vinicor, MD, MPH, 83

Formerly of Norwood

NORWOOD - Dr. Frank Vinicor, MD, MPH: An International Leader who Championed a Public Health Approach to Diabetes Prevention born on March 21, 1941, a native of Norwood, NY, peacefully passed away in Atlanta, Georgia on March 12, 2025.

He was a creative, intelligent, and humble visionary; loved by all who knew him. Frank graduated from Yale University, and Washington University Medical School in St. Louis.

He started residency at Indiana University and quickly volunteered for the US Army, discharging as a Major.

While at Ft. Knox, he started a family and then became a professor of medicine at both Indiana University and the Veteran's Administration hospitals in Indianapolis.

Frank worked tirelessly for his patients with diabetes and was the President of the Indiana chapter of the American Diabetes Association (ADA).

He was President of the Indianapolis chapter of Physicians for Social Responsibility in 1985.

That same year, the national organization received the Nobel Peace Prize for creating awareness



Dr. Frank Vinicor

of the dire consequences of nuclear missile proliferation.

Mid-career, he completed a master's degree in public health from the University of North Carolina, Chapel Hill.

In 1989, the Centers for Disease Control and Prevention (CDC) recruited him as the director of the Division of Diabetes Translation.

He also served as a director of the World Health Organization Collaborating Center of Diabetes Mellitus.

At CDC, he garnered national attention to diabetes and its public health implications. This recognition helped foster his recruitment as president of the ADA in 1995-96.

He travelled the world as an advocate of public health and in pursuit of medical diplomacy. Throughout his life, he believed he could make the world a better place; he was a voice for the voiceless and was humble and kind.

Within one day, he might converse with a diabetes patient and

then the U.S. Speaker of the House showing respect and empathy to both while cracking a self-effacing joke or two.

He persevered, engaged, struggled, and civilly disobeyed.

He loved hockey, scuba diving, Hershey's chocolate, intellectualism, ethnic food, sports, travel, photography, learning, movies, Saabs, his pets and especially his family.

He believed in us and as a result would say "Get in good trouble" echoing his former US Representative, John Lewis. We will forever hear him whispering "do it now."

Survivors include his long-term partner, Julie Will; daughters, Rachel Rodman (David) Driscoll, Henry, Gabrielle, Sarah Mason (Robert) Wren, Phoebe, Kirsten Lawhon (Trevor Mooney) Gibson; and ex-wife Susan Vinicor. His father, Henry Vinicor, his mother Bernice (Beckstead), and brother Charles preceded him in death.

His family and friends are planning private ceremonies.

In lieu of flowers or gifts, the family suggests donations in Frank's name to the American Diabetes Association or Doctors Without Borders.

Mary Elizabeth Beeson, 89

Massena

MASSENA - Mary Elizabeth Beeson, 89 of Massena, NY passed away on March 14th, 2025 after a short hospitalization at Fort Sanders Regional Medical Center in Knoxville, Tennessee.

Mary was born on July 19, 1935 to the parents of William York Grant and Eva Boice Grant and they resided at 8 South Street in Massena.

She was a graduate of Massena High School class of 1953. She married Theodore Robert Beeson on August 8, 1953 after he returned from the Army where he served in Panama during the Korean War and they resided on State Hwy 420 for 64 years until recently moving to Tennessee with her daughter in December 2024.

Theodore predeceased her January 10, 1991.

Mary was a devoted wife, mother and homemaker for many years.

She loved reading, was an avid



Mary Beeson

bingo player at the KC's, St Mary's Church and frequently enjoyed going down to the Akwesasne reservation for bingo there.

She was a member of the Senior Citizen Center and she enjoyed crossword puzzles, watching Wheel of Fortune, Jeopardy and Finding Your Roots.

She especially enjoyed spending time with her children, grandchildren and great grandchildren.

Mary was one of eight children and was predeceased by: Kenneth Baldwin, Alice Garcia and Freida Garcia all of Massena, Aletha Tyo of Helena, Doris Kline of Brasher, Lawrence Hawkins and William Grant of Tennessee.

Arrangements are under the care and guidance of the Donaldson Funeral Home, Massena, where friends may call on Friday 12-2:00 PM, followed by a funeral service at 2:00 PM with Pastor Cory Loudon, officiating. Burial will be held later in the spring in Raymondville Cemetery. In lieu of flowers please make donations to the American Kidney Fund (AKF) @ www.kindefund.org. Friends are encouraged to share memories and offer condolences online at www.donaldsonfh.com.

Mary is survived by her daughter Robin Beeson of Tennessee, Randy Beeson of Ogdensburg and his wife Laurie, three grandchildren; Ashleigh Wolfe of Tennessee, Caitlin Beeson of Massena and Morgan Beeson (Lucas Osypiewski) of Chase Mills, also her five great grandchildren; Samantha Wolfe, Erik Wolfe, Jesse Curtis, Mia Curtis and Oakland and Nellie Beeson.

Arrangements are under the care and guidance of the Donaldson Funeral Home, Massena, where friends may call on Friday 12-2:00 PM, followed by a funeral service at 2:00 PM with Pastor Cory Loudon, officiating. Burial will be held later in the spring in Raymondville Cemetery. In lieu of flowers please make donations to the American Kidney Fund (AKF) @ www.kindefund.org. Friends are encouraged to share memories and offer condolences online at www.donaldsonfh.com.

March 14. Arrangements with Donaldson Funeral Home, Massena.

JODY UPTON, 67, formerly of Lisbon, March 14. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

PATRICK KELLISON, 77, Massena, March 15. Arrangements with Donaldson Funeral Home,

Massena.

CARROLL ROY, 94, Lisbon, March 16. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

OBITUARIES AND death notices are posted as soon as they are available at NorthCountryNow.com/obituaries

Burn ban underway in St. Lawrence County

The annual statewide ban prohibiting residential brush burning begins March 16 and runs through May 14, including in St. Lawrence County.

Since 2009, the Department of Environmental Conservation has enforced the brush burning ban to prevent wildfires and protect communities and first responders during heightened conditions for wildfires.

Even though some areas of the state remain blanketed in snow, warming temperatures can quickly cause wildfire conditions to arise.

Open burning of debris is the single-largest cause of spring wildfires in New York State.

When temperatures warm and the past fall's debris and leaves dry out, wildfires can start and spread easily, further fueled by winds and a lack of green vegetation.

Patrick E. Kellison, 77

Massena

MASSENA - Patrick E. Kellison, 77, a lifelong resident of Massena, passed away early Saturday morning, March 15, 2025 at North Country Nursing and Rehabilitation Center.

Patrick was born in Massena on October 2, 1947, the son of the late Hubert and Lenora (Ty) Kellison. He attended Holy Family School, where he graduated in 1965.

Following his graduation, he entered into the United States Air Force, proudly serving his country until his honorable discharge in 1969.

Pat worked at Reynolds Metals for many years, retiring as a utility driver.

He had a great love for golfing

and enjoyed playing softball and

bowling in his younger years.

He is survived by his children,

Tammy (Terry) Newtown of Massena, Scott Kellison (Jennifer Demo) of Victor, New York; and Alanna Kellison (Tyler Villnave) of Massena;

and many nieces and nephews.

In addition to his parents, he was predeceased by his brothers, Gerald, Michael, and Timothy Kellison and his sisters, Mary D. Beauboin and Peggy McDonald.

Arrangements are under the care and guidance of the Donaldson Funeral Home, Massena, however there will be no services.

Friends are encouraged to share memories and offer condolences online at www.donaldsonfh.com.

Edward B. Moerlins, 39

Massena

New Jersey, Jesse R. Moerlins of Winthrop, Sabrina M. Moerlins of Massena, and Chyanne E. Moerlins of Massena; his aunts, Mary Ellen Moerlins of New Jersey, Tanya Adams of Staten Island, New York, and Latisha Hawkins of Georgia; and many nieces and nephews.

Edward was born on January 18, 1986 on Staten Island, a twin son of Edward F. Moerlins, III and Tara Heenan.

He attended schools in Staten Island before enlisting in the US Army on February 5, 2008.

He served his country during

the Iraq War until his honorable

discharge on December 29, 2010

becoming a disabled American

Veteran.

Edward was a member of the

Norfolk Rod and Gun Club

and enjoyed all activities that allowed

him to be outside.

He also enjoyed reading, writing

poetry, journalizing, listening

to Christian music and had a deep

Catholic faith.

Edward also enjoyed gaming as

a fun outlet to stay in touch with

his friends from afar.

Edward is survived by his

mother, Tara Napolitano of

Lorain, Ohio; his father and

step-mother, Edward F. III and

Sandra Moerlins of Norfolk; his

siblings including his twin brother,

Daniel Moerlins of Jersey City,

and many nieces and nephews.

Arrangements are under the care and guidance of the Donaldson Funeral Home, 100 N. Main Street, Massena, where friends called on Monday, March 17, 2025 beginning at 1:00 PM until his service at 3:00 PM with Rev. Mark Reilly, officiating.

Burial with military honors was held Tuesday 1:00 PM at Gerald B.H. Solomon Saratoga National Cemetery, Schuylerville, New York.

Friends are encouraged to share memories and offer condolences online at www.donaldsonfh.com.

RECENT DEATHS

GREGORY NASH, 70, formerly of Ogdensburg, March 3.

EDWARD MOERLINS, 39, Massena, March 6. Arrangements with Donaldson Funeral Home, Massena.

ELWOOD SMALL, 88, Massena, March 8. Arrangements with Phillips Memorial Home, Massena.

OLA KING, 96, Ogdensburg, March 9. Arrangements with Fra-

ry Funeral Home, Ogdensburg.

DONALD LOCKE, 105, Brasher, March 11. Arrangements with Hammill Funeral Home, Winthrop.

JOHN PHILLIPS, 87, Ogdensburg, March 11. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

MARY BEESON, 89, Massena,

March 14. Arrangements with Donaldson Funeral Home, Massena.

JODY UPTON, 67, formerly of Lisbon, March 14. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

PATRICK KELLISON, 77, Mas-

sena, March 15. Arrangements with Donaldson Funeral Home,

Massena.

CARROLL ROY, 94, Lisbon, March 16. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

OBITUARIES AND death notices are

posted as soon as they are available at NorthCountryNow.com/obituaries

SUBMITTING OBITUARIES: Families now have the option of publishing obituaries in North Country This Week -- ask the funeral home to submit the obituary for publication in the paper as well as on NorthCountryNow.com. For more information or to submit an obituary, email obituaries@northcountrynow.com or call 315-265-1000 ext. 33.

OBITUARIES

Sandra "Sandy" Dyke (née Stacy), 84

Formerly of Hopkinton

HOPKINTON - Sandra "Sandy" Dyke (née Stacy), 84, passed away February 25, 2025 in Syracuse, New York.

Sandy is survived by her adoring husband of 66 years, Keith Dyke, and their four children: Kelly Dyke; Keisha (Richard) Sleggs; Ivan (Michelle) Dyke; and Kevin Dyke.

For over 40 years, Sandy was known as Nana to her 7 grandchildren: Rebecca (Aaron), Brandy (Ron), Jessica, Ricki (Joel), Andrew, Evan, and Danielle; as well as 5 great-grandchildren: Asantae, Kamiyah, Julius, Richard, and Aeris.

She was born October 22, 1940 in Potsdam, New York, a daughter of the late Wilfred and Myrtle Stacy (née Clark).

Sandy was the youngest of eight siblings, all of whom predeceased her.

Raised in Hopkinton, New York, Sandy attended Parishville-Hopkinton high school before graduating from St. Lawrence Central in 1960.

Sandy met Keith in 1957, marry-

ing at Nicholville Methodist Church in Nicholville, New York, on July 12, 1958 and starting their family.

After raising their family in Winthrop, Sandy and Keith made their home for twenty years on the St. Lawrence River in Louisville, NY.

Sandy graduated from the Massena School of Business,

working as a bookkeeper for several St. Lawrence County businesses before retiring from St. Lawrence Gas.

In retirement, she lived in Mission/McAllen, Texas; West Chazy/Plattsburgh, New York; and Murrells Inlet, South Carolina, before moving to Fayetteville, New York.

Sandy is at the heart of decades of family memories.

She enjoyed square dancing, playing cards, boat rides on the St.

John Alan Phillips (Jack), 87
Ogdensburg

New Jersey.

John's career started at Medford Lakes Savings and Loan Association as COO in Medford Lakes, New Jersey. He then served as President and CEO of North Country Savings Bank for thirty-two years.

In addition to his career John served on the Boards of The United Way, Chamber of Commerce, St. Lawrence County Banker's Association, Frederic Remington Art Museum, and Mater Dei College. John was born on June 25, 1937, in Corning, New York to the late Charles and Maryadina Phillips. He attended school in Corning, NY and graduated from Rancocas Valley Regional High School, Mt. Holly, NJ.

He also served as Chairman of the Savings Banks Association of

Jody L. Upton, 67
Formerly of Lisbon

After relocating back to the North Country, she briefly worked as a Monitor Tech at Hepburn Hospital.

She ultimately found her passion as a Senior Consultant, acting as a liaison for HiSoft Technology International, Apps Associates, Salesforce, and Stream Global Services. Jody traveled extensively around the world for her job.

In her personal life, Jody cherished her animals, from cats and dogs to turtles. She loved gardening, bird watching, and cooking meals for her grandchildren, especially her famous Friday and Sunday meals.

She also enjoyed trips to Old McDonald's Farm with her grandchildren, family vacations, and planning meals for her loved ones.

Along with Jody's beautiful soul, she had an amazing voice, singing



Jody Upton

Phillips Memorial Home
62 Andrews St., Massena
315-769-3549
20 Church St., Madrid
315-322-4421
28 Clinton St., Waddington
315-388-4428

Lawrence, attending country music festivals, and most of all camping and traveling across the country with Keith.

Together they traveled on 19 cruises to destinations including Alaska, Hawaii, New Zealand and Australia, and the Caribbean.

While living in Texas, Sandy loved making visits to Mexico.

Arrangements are entrusted to Schepp Family Funeral Homes Eaton-Tubbs Fayetteville Chapel, 7191 E. Genesee St, Fayetteville, NY 13066. <https://www.scheppfamily.com/>

A memorial celebration will be held at the convenience of the family in early summer in the north country.

Donations and memorial contributions may be made to Brasher-Winthrop Volunteer Fire Department, P.O. Box 11, Winthrop, NY 13697 or Huntington Beach State Park, 16148 Ocean Hwy., Murrells Inlet, SC. 29576. <https://southcarolinaparks.com/beautiful-places-aliance/donate>

New York State and national director of the National Association of Mutual Savings Banks, National Council of Community Bankers, and Savings and Community Bankers of America.

John enjoyed golfing, traveling and spending time with his family.

Funeral services will be held on Tuesday March 18 2025, beginning with visitation from 5:00 PM until the time of the services at 6:00 PM at Fox & Murray Funeral Home, with Reverend Laurena Wickham Will officiating. The burial will take place in the spring.

In his memory, contributions may be made to the Ogdensburg Library or St. Lawrence Valley SPCA.

Memorial contributions and fond memories may be shared at foxandmurrayfuneralhome.com.

and enjoying all music.

Jody is survived by her husband, Donald Upton of Clayton; her mother, Margaret Backus of Lisbon; her children, Charles Upton and his wife, Irina of Clayton and Shelly Upton of Cambridge, MA; her brothers, John Backus of Collierville, TN and Lonnie Backus and his wife Renee of Chipman; his sisters, Susan Akins of Canton and Shelly Backus of Lisbon; her beloved grandchildren, Calvin, Charlotte, Cornelia Upton, including one on the way, Carina; and many nieces, nephews and cousins.

She was predeceased by her father, Robert W. Backus in 1975; a sister, Diane Backus; and a sister in law, Jean Backus.

Memorial contributions may be made to the Richard E. Winter Cancer Center at 5 Lyon Place, Ogdensburg, NY 13669.

Condolences and fond memories may be shared at foxandmurrayfuneralhome.com.

Donaldson Funeral Home
100 North Main Street
Massena
315-769-3579

Elwood V. Small, 88

Massena

(Joseph) Peters, Dexter, NY, son-in-law Rick Norris of Massena, NY, 16 grandchildren and 16 great-grandchildren, a sister-in-law Nancy Small of Chicopee, MA.

He was predeceased by a daughter, Loralee Norris, three brothers Raymond, Stanley, Everest and a sister Shirley Choma.

Elwood was a 4th Degree Knight and lifetime member of the Knights of Columbus.

He was also a lifetime member of the Massena Elks Lodge No. 1702.

Friends and family are encouraged to share memories, photos, memorial trees, and online condolences with the family by visiting www.PhillipsMemorial.com

Carroll F. Roy, 94

Lisbon

LISBON -- Carroll F. Roy, age 94, of Lisbon, passed away peacefully early Monday morning, March 16, 2025, at St. Joseph's Home in Ogdensburg.

A graveside service will be held in the spring at the White Church Cemetery with military honors.

Liberty Utilities gas rates, electric rates hit hard by tariffs and harsh winter

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- North Country residents continue to feel the crunch as energy costs continue to rise due to possible tariffs and proposed rate hikes.

The province of Ontario has backed down from a March 11 plan to impose a 25% tariff on all electric exports to the United States in a move that was described as direct retribution for President Donald Trump's trade war, according to Ontario's Premier Doug Ford.

That means 1.5 million Americans, including some in New York, could still see much higher electric bills in the coming months.

"I will not hesitate to increase this charge. If the United States escalates, I will not hesitate to shut the electricity off completely," Ford said in a press conference last week.

Quebec is also considering a similar measure at this time, further exacerbating matters.

Canadian officials also added retaliatory tariffs on other American goods, like orange juice, peanut butter, appliances, footwear, cosmetics, pulp and paper products and motorcycles.

That means higher prices across the board as demand will likely decline, officials say.

In Massena, electric rates spiked last month with numerous residents telling North Country This Week they saw 100% increases or more last month.

MED Superintendent Andrew McMahon said overall usage was up by 12%, with residential usage up by 20% compared to last year due to colder temperatures this winter.

"At the same time, because of the widespread and prolonged cold weather, the cost we are paying for supplemental energy has gone from \$52/MWh in January 2024 to \$99 this January. The cost of supple-

mental energy in February was \$85/MWh, nearly three times the cost from February 2024, which was only \$27/MWh," he said.

McMahon said the rate increases led to "some extremely high bills."

For Massena Electric customers there are options though.

"We are working with those customers who are struggling. The Home Energy Assistance Program (HEAP) is still accepting applications. If eligible customers move quickly they still may have time to get a benefit through HEAP, 315-379-2303," he said.

He said MED also offers interest free balanced repayment plans to get customers caught up.

Those interested should call (315) 764-0253 and ask about Budget Billing.

"Obviously, we are still encouraging customers to be as energy efficient as possible and look into our efficiency programs," he said.

But as MED looks to assist customers who are struggling, Liberty Utilities is pressing forward with a proposed rate hike that would raise residential rates nearly 12%.

Liberty Utilities currently provides service to Brasher, Winthrop, Canton, Gouverneur, Heuvelton, Lisbon, Madrid, Massena, Norfolk, North Lawrence, Norwood, Ogdensburg, Potsdam and Waddington in St. Lawrence County. Services are also provided to Beaver Falls, New Bremen, Croghan, Chateaugay and Malone.

According to Liberty Utilities, 14,862 residential, 1,770 commercial, 21 industrial and two cogeneration customers are currently serviced by the company.

The amendment filed by Liberty Utilities in November would result in a 6.12% revenue increase for the rate year running from Nov. 1, 2025 through Oct. 31, 2026.

A public comment period was open until Feb. 20, garnering 67

total comments.

All comments requested Liberty Utilities reconsider the proposed rate hike, with many pointing toward living on fixed incomes as a primary concern.

"My wife and I are both in our 80's and living on fixed income. Your 11.45% increase certainly outpaces my meager increase of 2%. Please consider this. Paying \$8.59 /dz for eggs along with everyone else seeking huge increases are placing undue hardships on the senior community that you serve," one comment read.

Another comment touched on rising housing costs in the area, despite the region being economically depressed.

"This is a depressed area and has been for a long while. Many people are on fixed incomes and/or receiving public assistance. Please give this area a break. Food and housing costs are already more than most can afford," they wrote.

But with Trump's trade war in full swing, imports of natural gas will

also receive tariffs. That means rates will increase for all users as Liberty Utilities imports gas from Canada.

According to a memo on Liberty's website, the 10% tariff on energy imported from Canada would likely "be passed to customers in the Gas Charge portion of their bills only."

"Your bill consists of Delivery Charges, which primarily includes charges that allow us to operate, maintain, and invest in our system so we can continue providing safe, reliable service.

Your bill also has a Gas Charge. This is the actual cost of the gas, which is a pass-through cost. Liberty buys gas off the open market and passes this cost directly on to customers," Liberty wrote.

For a breakdown of billing charges, visit www.stlawrenceegas.com/understanding-my-bill

But Liberty New York Gas buys the majority of its gas from Canada, which officials say remains the best option.

"We will keep customers updated

as we learn more about the rollout of the tariff and what it means for Liberty's customers," officials wrote.

While Liberty is pressing forward with a proposed rate hike, the New York Power Authority canned plans to seek a 256% rate hike just last month after public outcry from elected officials that included Governor Kathy Hochul.

In a press release, NYPA officials said they were committed to making "every effort to collaborate with customers."

"At Governor Hochul's request, NYPA will move to withdraw the 2025 proposed rate increase. We understand that New Yorkers are struggling right now, and we intend to make every effort to collaborate with our customers and stakeholders to find a way forward," NYPA officials told multiple media outlets.

The proposal was aimed at increasing Preference Power Rates, which would have impacted numerous North Country communities.

NOTICE TO BIDDERS

Sealed bids for the (2025-03) St Lawrence County - 48 Court Street Window Replacement Project, and (2025-04) St. Lawrence County Canton Human Services Center for Generator Installation will be received until 2:00 pm, Friday, 28th March 2025 by St Lawrence County, Attention: Stephanie Kerr, Assistant Purchasing Agent, St. Lawrence County Purchasing Office, 48 Court Street, Canton NY 13617, at which place and time the bids will be publicly opened and read aloud. Proposals received after that time will not be accepted.

We strongly encourage all vendors to submit bids as soon as possible. Bidders will be fully responsible for the delivery of their bids in a timely manner. Reliance upon the US Postal Service or the carriers is at the bidder's risk. Late bids will not be considered. It is the intent to offer this public Bid opening in Zoom format as well as in-person. Please visit our website 15 minutes before the opening at: www.StLawCo.gov - visit the Purchasing Office page for the link.

All bids must be accompanied by a non-collusion statement. St. Lawrence County reserves the right to reject any or all bids. Please mark Bid envelope with the appropriate BID ITEM AND NUMBER and mail to:

St. Lawrence County Purchasing Office
48 Court St, Basement
Canton, NY 13617-1169

Sealed bids shall be marked with the bidder's name and "(2025-03) St Lawrence County 48 Court Street - Window Replacement Project" or "(2025-04) St. Lawrence County Canton Human Services Center - New Generator Installation".

(2025-03) Window Replacement Project will offer a pre-bid walk thru scheduled for 2:00 pm on Friday, 21st March 2025. Bidders should meet the architect and owner in the first floor lobby of the courthouse.

(2025-04) St. Lawrence County Canton Human Services Center - Generator Installation will offer a pre-bid walk thru scheduled for 2:00 pm on Wednesday, March 19. Bidders should meet the architect and owner in the first floor lobby of the courthouse.

Electronic Copies of the Bidding and Contract Documents will be available beginning March 12, 2025 from the LaBella Associates Potsdam Office. Hard copies may be examined there; at LaBella Associates DPC, 22 Depot Street Suite 16, Potsdam, NY 13676. Bidding and Contract Documents for the proposed work may be obtained at Syracuse Blueprint, 825 East Genesee St., Syracuse, NY, (315) 476-4084.

Attention of bidders is particularly called to the requirements as to conditions of employment to be observed and minimum wage rates to be paid under the Contract. This is a New York State Prevailing Wage Project.

Attention of bidders is called to the tax-exempt status of St. Lawrence County. Bids should not include sales and compensating use tax on the cost of materials which are to be incorporated into the structure.

Prospective Bidders may request clarifications of the bidding documents at other times from the Architect by contacting Tyler Cassell at tcassell@labellapc.com (315) 268-1338 or jclark@labellapc.com

St. Lawrence County reserves the right to consider all bids for a period of not to exceed forty-five (60) days following the bid opening before awarding the Contract, during which period bids shall not be withdrawn, and reserves the right to reject any or all bids, to waive any informality in the bids, and to award the Contract in the Owner's best interest. Substantial Completion shall be NLT October 31, 2025 for the Window Replacement Project, and a substantial completion shall be NLT August 31, 2025 for the Generator Installation Project. A penalty of one hundred dollars (\$100.00) per day may be assessed for late substantial completion.

Hale Cemetery Restoration of Monuments or Markers

The last known owner or owners of the following burial lots located at Hale Cemetery, Town of Norfolk, in St. Lawrence County, New York, and all persons having or claiming to have an interest in said burial lots:

PLEASE TAKE NOTICE: That (1) the monuments or markers are so badly out of repair or dilapidated as to create a dangerous condition, (2) the persons to whom this notice is addressed must repair or remove said monuments or markers after the third publication of this notice or by June 4, 2025 and, (3) if the persons to whom this notice is addressed fail to repair or remove said monument or markers after June 4, 2025, the Hale Cemetery may remove or repair said monuments without further notice to the persons to whom this notice is addressed.

If you have any questions, they can be directed to the Hale Cemetery's email address at halecemetery@outlook.com prior to June 4, 2025.

Lot #	Name	92	Kimball, Amos	65	Monck, Isaac
177	Adams Family Stone	3	Dayton, Eli	108	Mott, William
152	Adams, Samuel	59	Dyke, Calvin	63	Nichols, Thomas &
73	Bogue, Samuel	16	Dyke, Austin	137	Hannah
111	Brink, John & Melvin	97	Fletcher, Blanche,	13	Ormsby, Taber
9	Brinck, Myron	17	Geandreau	22	Poor, George
110	Brinck, Rachel M.	238	Hale, Lloyd & Bertha	80	Rose, Anna
32	Brown, Amy	103	Hale, Moses	107	Ross, Samuel J.
90	Brush, James	104	Harriman, Betsey	135	Sanborn, Steven
224	Castle	48	Haskell, Lewis	39	Shaw, Francis
203	Chapman Family Stone	89	Hollis, Elijah	13	Shaw, Jason
121	Cook, DW	204	James, Scott	20	Smith, Lorraine
4	Cook, John	104	Kingsley, S.C.	249	Varney, Edgar
120	Cook, Spencer	6	Laiton, Charles	47	Wilkins, Polly Thatcher
140	Cross, John	33	Lewis, Matilda	89	Walker, Laura
133	Dow, Harrison	58	Lytle, Alberta	248	Wilkins, Josephine
87	Elms, Chloe	19	Knapp, Bertha	47	Wilkins, Silas
		71	Knapp, Lucinda	79	Wolcott, Oliver

For Assistance

Placing

**YOUR
LLC Ad**

Call: 315-265-1000

SECTION 00110 - ADVERTISEMENT FOR BIDS

Separate sealed proposals, will be received by the Board of Education, Heuvelton Central School District (herein referred to as the "Owner") for the

2025 Capital Improvement Project

Bids shall be received by the Owner, in the High School District Offices, 87 Washington Street, Heuvelton, NY 13654, until 3:00 P.M., local time, on April 16, 2025, at which time they will be publicly opened and read aloud. Bids transmitted electronically or via facsimile will not be accepted.

Separate Bids are requested for the following Prime Contracts:

Contract 100: Site Work Contract

Contract 101: General Construction Contract

Contract 102: Plumbing Contract

Contract 103: Mechanical Contract

Contract 104: Electrical Contract

Contract 105: Food Service Equipment Contract

Attention of the Bidders is called to the requirements regarding the NYS Department of Labor Public Work Contractor and Subcontractor Registry. Bidders are required to submit a copy of their valid Certificate of Registration with their bid. Applications for registration shall not be accepted as a substitute for a valid Certificate of Registration. A Bid not accompanied by required bid security, a valid NYS Department of Labor Certificate of Registration or by other data required by the Bidding Documents, or a Bid which is in any way incomplete or irregular is subject to rejection.

The Architect for the Project is: SEI Design Group, D.P.C., 224 Mill Street, Rochester, NY 14614.

The Instructions to Bidders, Form of Proposal, General Conditions, Drawings, and Specifications may be examined at the offices of the Owner and the following locations:

- Builders Exchange of Rochester, 180 Linden Oaks, Rochester, NY 14625
- Northern New York Builders Exchange, 22074 Fabco Road, Watertown, NY 13601
- Champlain Valley Builders Exchange, 5436 Peru Street, Plattsburgh, NY 12901
- Syracuse Builders Exchange, 6563 Ridings Rd., Syracuse, NY 13206

A Pre-Bid walkthrough shall be held at Heuvelton Central School District Multimedia room, 87 Washington Street, Heuvelton, NY 13654 at 1:00 P.M., local time, on April 1, 2025, for the purpose of reviewing the project and considering Bidders' questions. Contractors shall contact Kevin Gamble at 315-276-9046 to schedule an appointment to view the documents and tour the building during the bid period.

Bidders for Prime Contract Work may obtain Contract Documents on or after March 20, 2025, at Rotolite-Elliott Corporation, One Grove Street #123, Pittsford, NY, 14534 (585-385-1463). Upon payment of a deposit of \$100 per set, and a separate, non-refundable \$45 shipping and handling payment for each set (deposit checks shall be made payable to Heuvelton Central School District, shipping check made payable to Rotolite-Elliott Corporation). Alternatively, bidders can provide their UPS or FedEx account information.

-Or-

In lieu of shipping, Contract Documents may be obtained in person at Rotolite-Elliott Corporation upon payment of a deposit of \$100 per set (deposit checks shall be made payable to Heuvelton Central School District).

-Or-

In lieu of paper bid sets, bidders can view electronic plans and specifications online based on the specific charges established by the print house. Visit www.reclplanroom.com (Click Public Jobs under the Menu Tab on the left-hand side of the plan room homepage. Once you are in the public plan room, please select the

link for Heuvelton Central School District.)

Bids shall be on the form provided in the documents, prepared in duplicate as set forth in the Instructions to Bidders and enclosed in an envelope bearing on its face the name and address of the bidder and the title of work to which the proposal relates. If submitting for more than one contract, submit each contract bid in a separate envelope.

Any Bidder upon returning such set-in good condition within thirty (30) days after Bid opening will be refunded the deposit. Any Bidder after thirty (30) days after Bid opening or Non-Bidder so returning such a set will not be refunded.

The Board of Education hereby

FRANKLIN COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Adirondack Critter Control LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 02/26/2025. Office location: Franklin County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Michael Bush: 43 Pitt St, Brushton, Ny 12916. Purpose: Any lawful purpose.

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of TUPPER CONTRACTING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 09/13/2024. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to THE LLC: 92 PEABODY RD GOUVERNEUR, NY 13642. Purpose: Any lawful purpose.

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Debes Family Camp, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 03/11/2025. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Jordan Debes: 69 Lake Lea Drive, Rochester, NY 14617. Purpose: Any lawful purpose.

OGDENSBURG NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Integrative Wellness LCSW, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 02/26/2025. Office location: St. Lawrence County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to Integrative Wellness LCSW, PLLC: 306 Franklin St., Ogdensburg, NY 13669. Purpose: Any lawful purpose.

CANTON NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Northern Edge Lawncare & Snow Removal LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 03/03/2025. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 Broadway ste n, Albany, NY 12207, USA. Purpose: Any lawful purpose.

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Massena Hospitality LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 11/1/2024. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Gaurav Tyagi: 590 Fairview St, Johnson City, NY 13790. Purpose: Any lawful purpose.

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of P.J. Haulers, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 12/04/2024. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Paul B. Johnson, Jr.: 1561 County Route 22, Gouverneur, NY 13642. Purpose: Any lawful purpose.

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Koberda Technical LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 12/02/2024. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Alexander Koberda: PO Box 1 Potsdam, NY 13676. Purpose: Any lawful purpose.

OGDENSBURG NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of EVOLUTION GROUP FITNESS L.L.C.. Articles of Organization filed with Secretary of State of NY (SSNY) on 09/12/2024. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Bridgette Havens: 618 Anthony Street Ogdensburg NY 13669. Purpose: Any lawful purpose.

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of 32 Water Street, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 03/03/2025. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Lindsey Frazer, 5 Cottage Street, Potsdam, NY 13676. Purpose: Any lawful purpose.

OGDENSBURG LEGAL NOTICE
Notice is hereby given that license number NA-0340-25-105308 for liquor has been applied for by the undersigned to sell liquor at retail in a restaurant under the Alcoholic Beverage Control Law at 6765 State Highway 37, Ogdensburg, New York 13669, St. Lawrence County, for on premise consumption.

Granview Properties LLC DBA Granview Restaurant 6765 State Highway 37, Ogdensburg, NY 13669

ST. LAWRENCE COUNTY NOTICE OF ADOPTION OF LOCAL LAW
ADOPTING LOCAL LAW C (NO.) FOR THE YEAR 2025, "A LOCAL LAW ESTABLISHING THE POSITION OF ST. LAWRENCE COUNTY DIRECTOR OF HUMAN RESOURCES"
BE IT ENACTED, by the Legislature of the County of St. Lawrence as follows:

SECTION 1. LEGISLATIVE PURPOSE
It is the desire of the St. Lawrence County Legislature, in its continuing efforts to upgrade and evolve the administration of St. Lawrence County government, to create the position of Human Resources Director, pursuant to County Law § 400 to provide consistent application of a myriad of human resources elements.

SECTION 2. DIRECTOR OF HUMAN RESOURCES
A. Department Head and Appointment. The Department of Human Resources shall be headed by and under the supervision of, the Director of Human Resources, who shall be appointed by the St. Lawrence County Legislature for a term of the board.

B. Term. The term of the Director of Human Resources shall be four years.

C. Powers and Duties. The powers and duties of the Director of Human Resources is as follows:

1) Appoint, supervise, discipline and remove all employees of the Department of Human Resources, in accordance with applicable job classifications assign and reassign powers and duties to such employees, have charge and control of all employees of said Department of Human Resources; all in accordance with sound management principles, New York Civil Service Law, policies and/or directives of the County Legislature, and other administrative policies and procedures.

2) Provide management-level oversight to all human resources and personnel functions of the County.

3) Provide advice and counsel to the County Legislature and County Administrator on staffing needs and associated costs for optimal County operations.

4) Support County department/office heads on recruitment strategy and execution, hiring, onboarding and performance management of department hires.

5) Support the County Legislature, County Administrator, and County department/office leadership on formulation of labor relations strategy, contract negotiations and contract administration for collective bargaining units.

6) Evaluate County employee and administrative policies and procedures for compliance with state and federal regulations and County directives, and recommend updates as needed.

7) Administer compensation management for County non-union personnel.

8) Ensure a strong workplace culture for County employees.

9) Administer and coordinate the employee benefits and protection programs such as Health Insurance, Dental Insurance, Vision Insurance, Pension Plan, Deferred Compensation, Life Insurance, COBRA, flexible benefits, etc.

10) Acts as the Affirmative Action/Equal Employment Opportunity Officer on behalf of County government.

11) Have such other powers and perform such other duties as may now or hereafter be conferred or imposed upon him/her by resolution of the County Legislature or applicable law.

D. Minimum Qualifications. The Director of Human Resources shall meet or exceed the following qualifications:

1) Graduation from a regionally accredited or New York State registered college or university with a Bachelor's degree and five (5) years of experience in human resource administration in a union environment two (2) years of which must have been in a supervisory or administrative capacity, OR

2) Graduation from a regionally accredited or New York State registered university with an Associates degree in Business Administration, Human Resources or related field and seven (7) years of experience in human resource administration in a union environment two (2) years of which must have been in a supervisory or administrative capacity OR

3) An equivalent combination of training and experience as defined by the limits of (a), (b), and (c) above

SECTION 3. TRANSITION PROVISIONS

Nothing herein shall be construed to impair in any manner the lawful administration of the New York Civil Service Law in St. Lawrence County.

SECTION 4. REPEAL OF PRIOR ENACTMENTS

Any other prior enactments of the County Legislature, to the extent that they contradict the terms of this Local Law herein, are hereby repealed.

SECTION 5. SEPARABILITY

If any clause, sentence, paragraph, section or part of this Local Law shall be adjudged by any court of competent jurisdiction to be invalid, such judgment shall not affect, impair, or invalidate the remainder thereof, but shall be confined in its operation to the clause, sentence, paragraph, section or part thereof directly involved in the controversy in which such judgment shall have been rendered.

SECTION 6. EFFECTIVE DATE
This Local Law shall take effect upon filing with the Secretary of State.

Rebekah Zuhlsdorf, Deputy Clerk
St. Lawrence County Board of Legislators

LEGAL NOTICE
A petition has been filed by Michael Swamp for the Estate of Elizabeth Betty Swamp late of Akwesasne, NY.

All potential creditors who may have an interest in the aforementioned Estate or a claim against the Estate of Elizabeth Betty Swamp please contact the Saint Regis Mohawk Tribal Court at (518) 358 - 6300 by no later than March 28, 2025.

ST. LAWRENCE COUNTY NOTICE OF ADOPTION OF LOCAL LAW
BE IT ENACTED by the St. Lawrence County Board of Legislators as follows:

Section 1. That salaries for the Year 2025, effective January 1, 2025, for the following employees shall be increased three percent (3%) as set forth below and shall be paid retroactive to the first full pay period of 2025: Commissioner of Social Services, \$126,952; Conflict Defender, \$121,398; County Administrator, \$177,020; County Attorney, \$174,210; County Clerk, \$106,096; County Treasurer, \$106,096; Director of Real Property, \$106,096; Elections Commissioner, \$81,530; Highway Superintendent, \$139,151; Director of Human Resources, \$121,398; Public Defender, \$117,063; Sheriff, \$119,208
Section 2. This Local Law shall take effect in accordance with the Municipal Home Rule Law of the State of New York, and upon filing with the Secretary of State.
Rebekah Zuhlsdorf, Deputy Clerk
St. Lawrence County Board of Legislators

MASSENA REQUEST FOR PROPOSAL
Engineering Design Services, Construction Management & Grant Administration

The Village of Massena, St. Lawrence County, New York, is seeking proposals from qualified consultants to prepare designs, manage construction and provide grant administration services in connection with an awarded grant from the New York State Department of State (DOS) for the Village of Massena Downtown Revitalization Initiative in accordance with the State of New York Master Contract for Grants number C1002429, effective February 1, 2024.

The Request for Proposal in its entirety may be obtained online here: <https://massena.us/DocumentCenter/Index/117> or by emailing: villageclerk@village.massena.ny.us.

Proposals are to be submitted no later than **2:00 p.m. on Friday, April 18, 2025**. Submission instructions are included in the RFP at the link above or by contacting Village Administrator Monique Chatland via email at: villageclerk@village.massena.ny.us.

The Village of Massena reserves the right to waive any informality in the selection process, reject any or all proposals. M/WBE and Section 3 Businesses are encouraged to participate.

By Order of the Village Board of Trustees:
Monique N. Chatland, Village Administrator
Dated: March 12, 2025

ST. LAWRENCE COUNTY ADVERTISEMENT FOR BID

BOARD OF COOPERATIVE EDUCATIONAL SERVICES SOLE SUPERVISORY DISTRICT ST. LAWRENCE/LEWIS COUNTIES PO BOX 231, 40 WEST MAIN STREET CANTON, NY 13617 NOTICE TO BIDDERS

The Board of Cooperative Educational Services, St. Lawrence/Lewis Counties, in accordance with Sections 103 of Article 5-A, of the General Municipal Law, hereby invites the submission of sealed bids for **RFB # 25-26 AUDIO-VISUAL, RFB # 25-26 FURNITURE and RFB # 25-26 COPY PAPER 1st**.

The Request for Proposal in its entirety may be obtained online here: <https://massena.us/DocumentCenter/Index/117> or by emailing: villageclerk@village.massena.ny.us.

Bids documents may be downloaded from www.bidnetdirect.com/nw-york or may be obtained by contacting the St. Lawrence-Lewis BOCES Supervisor of Purchasing Services at dbessette@slboces.org or (315)386-4504.

Bids opened and read shall remain irrevocable for a period of sixty days. The award of contracts, if at all, shall be made as soon as practicable after the bid opening. The Board of Education hereby reserves the right to reject any and all bids.

HOPKINTON NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of Insight Consulting Solutions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 03/11/2025. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Entity Protect Registered Agent Services LLC: 447 Broadway 2nd Fl. - #3000, New York, NY 10013-2562. Purpose: Any lawful purpose.

NORWOOD PUBLIC NOTICE
The Village of Norwood is currently accepting applications for a full-time Motor Equipment Operator/Laborer position. The ideal candidate must possess a clean and valid Class B driver's license, and mechanical skills are preferred. Additionally, the successful applicant must pass a drug test. Applications can be obtained through the Village's website or directly at the Village Clerk's office. Interested individuals should submit their applications by April 1.

MADRID NOTICE OF MEETING
TOWN OF MADRID NOTICE OF PUBLIC HEARING

Notice is hereby given that the Town of Madrid Planning Board and the Town of Madrid Zoning Board of Appeals will hold a joint public hearing as required by the Town of Madrid Zoning Code. The hearing will be held to hear all interested parties regarding the following Use Variance request: Constructing a 2 MW solar farm at 1978 State Highway 345. This hearing will be held at The Madrid Town office, 3529 CR 14, at 5:30 P.M. on Thursday, March 27, 2025. Dated March 17, 2025 Brian P. Paige Chairman, Town of Madrid Zoning Board of Appeals

HEUVELTON NOTICE OF PUBLIC HEARING

The Village of Heuvelton Board of Trustees will hold a Public Hearing on the 2025-2026 budget on Wednesday, April 9th at 6:00 pm, 51 State St. Heuvelton. A copy of the tentative budget will be available for inspection at the Village office during regular business hours. The annual compensation to be paid to the Mayor \$4440, to the Deputy Mayor \$2220, and to each of the three Trustees \$1500. The regular meeting of the Board will follow the public hearing. Village residents are encouraged to attend. Rebecca Donnelly Village Clerk

PUBLIC NOTICE

Massena Housing Authority will hold a public hearing to present the 5 Year Agency Plan and Capital Funds Submission on April 17, 2025 at 10:00 AM in the Administration Building, 20 Robinson Rd., Massena, N.Y.

Public comment is invited.

A copy of the plan documents are available for review on Mondays, Wednesdays, and Thursdays from 8AM to 3:30PM beginning March 17, 2025 at the above address.

ST. LAWRENCE COUNTY ADVERTISEMENT FOR BID

BOARD OF COOPERATIVE EDUCATIONAL SERVICES SOLE SUPERVISORY DISTRICT ST. LAWRENCE/LEWIS COUNTIES PO BOX 231, 40 WEST MAIN STREET CANTON, NY 13617 NOTICE TO BIDDERS

The Board of Cooperative Educational Services, St. Lawrence/Lewis Counties, in accordance with Sections 103 of Article 5-A, of the General Municipal Law, hereby invites the submission of sealed bids for **RFB # 25-16 Modular Home Section 16-Countertop**.

Bids will be received until **Monday, April 7, 2025 @ 11:00 AM** at the St. Lawrence/Lewis BOCES Purchasing Office, 40 W Main Street, PO Box 231, Canton, NY 13617. Bid will be open and read aloud at this time and location. Bids shall be enclosed in a sealed envelope entitled "Bid Request - RFB # 25-16 Modular Home Section 16-Countertop."

Bids documents may be obtained by contacting the St. Lawrence-Lewis BOCES Supervisor of Purchasing Services at dbessette@slboces.org or (315)386-4504.

Bids opened and read shall remain irrevocable for a period of sixty days. The award of contracts, if at all, shall be made as soon as practicable after the bid opening. The Board of Education hereby reserves the right to reject any and all bids.

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NORTH COUNTRY THIS WEEK

NORTH COUNTRY OPINION

MARCH 22-28, 2025 | NORTH COUNTRY THIS WEEK | MASSENA-OGDENSBURG, NY

LETTERS TO THE EDITOR

Climate policy reversal vexes Ogdensburg resident

The Trump administration's proposal to reconsider the EPA's endangerment finding is reckless, anti-science, and a huge step backward for climate action.

This decision isn't just about politics—it puts our health, environment, and future on the line.

The endangerment finding, established in 2009, is based on clear scientific evidence that greenhouse gases harm public health and the planet. It's been the legal backbone for policies that reduce emissions from cars, power plants, and industry. Without it, we lose a key tool for fighting climate change—and that's exactly what polluters want.

The reality is, climate change isn't some distant threat. It's here. We're seeing record-breaking heat, wildfires, floods, and hurricanes that devastate communities.

Our state is not immune from these catastrophes and the Trump Administration's actions would reverse progress. Gutting this policy ignores science and common sense at a time when we need stronger action, not more rollbacks.

This also sends a terrible message to the rest of the world. While other countries are working toward clean energy solutions, the U.S. risks becoming a climate laggard instead of a leader.

We can't let this happen. We need to push back against this dangerous move and demand real climate solutions.

The health of our planet—and future generations—depends on it. The EPA should scrap its plan to undo this regulation and maintain the rules that are protecting all of us and the air and water we rely on.

Aria Jahns
Ogdensburg

New Horizon Bands thankful for support

New Horizons Bands of Northern New York (www.newhorizonbandsnny.org) is a St. Lawrence County non-profit organization providing opportunities for adults/senior citizens to rekindle their music skills and play in our concert or swing band.

Founded in 2009, we currently have 50+ members from across St. Lawrence County.

During 2024/25 our organization sponsored several workshops for our members and members of the community at large.

This included an improvisation workshop led by Tim Savage where participants learned to "go with the flow" and create harmony. Last summer a workshop was held for adults interested in learning about different band instruments and the opportunity to participate in the band's new beginner program. Due to the success of this workshop, our beginner program started with 8 students who are becoming proficient on their instruments. In February 2025, the band sponsored workshops focused on enhancing practice skills. These workshops were led by students at the Crane School of Music and were open to the public.

New Horizons Bands of Northern New York is grateful for the support we have received from SUNY Potsdam/Crane School of Music (includ-



Greg Locke | Submitted

Turkey trot in Russell

Wild turkeys going for a stroll in Russell on a recent winter day.

ing our wonderful student teachers), Dr. Jon Schaller, Jeremy Carney from Brick and Mortar, Brenda Curley, Tim Savage, New Hope Church, Potsdam Public Library and to all who attended our workshops.

Most importantly, we are grateful for the support we received from the Northern New York Community Foundation through receipt of a microgrant and to Tammy Madeja who submitted the grant application. Many thanks for continuing to keep music alive in the North Country!

The New Horizons Bands of Northern New York Board of Directors
Cherie Baker, President
Ron Johnson, Treasurer
Susan Kocsis, Secretary

Kathy Calcagno, Member at large
Pat Jenkins, Member at Large
Diane Mathie, Music Director

Don't fast in hypocrisy this Lent, says N. Lawrence man

The time has come to think. We do not have time to waste. You never know when you will take your last breath.

NEVER in ALL MY LIFE did I think I'd see my President ATTACK our Friends, Canada, Allies & Kiss the Ring of Putin

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Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

First Amendment to the Constitution of the United States

| 9

NCNOW SURVEY



Debbie Morgan | NCTW

Last week's question

Do you support allowing SLC probation officers to carry handguns for self-defense purposes?

PROBATION OFFICERS are already allowed to utilize body armor and pepper spray but the ability to carry handguns is a recent development that county officials have said is necessary given the ever evolving landscape of law enforcement and probations. Do you support the decision to allow St. Lawrence County probation officers to carry handguns for self-defense

purposes?

THIS WEEK'S QUESTION: What are you looking forward to most this spring as temperatures rise in St. Lawrence County?

TO TAKE THE CURRENT SURVEY, visit bit.ly/42aWR6K

ly, I tell you, no one can enter the kingdom of God unless he is born of water and the Spirit."

[7] "Do not be amazed that I said, You must be born again."

Once you're born again God will separate you from this man-made/false Church system you've been caught up in and He will help you to actually to be useful in His kingdom. (All Churches that are classified as 501c3 are corrupt.) It can feel a bit lonely sometimes but it's so worth it.

It's not easy but it's worth it. Ask God to help you to truly repent of ALL of your sins, get born again, and actually follow Jesus.

Jesus says this in the book of John 3 verses 3,5, and 7: [3] Jesus replied, "Truly, truly, I tell you, no one can see the kingdom of God unless he is born again."

[5] Jesus answered, "Truly, tru-

ly, I tell you, no one can enter the kingdom of God unless he is born of water and the Spirit."

[7] "Do not be amazed that I said, You must be born again."

Once you're born again God will separate you from this man-made/false Church system you've been caught up in and He will help you to actually to be useful in His kingdom. (All Churches that are classified as 501c3 are corrupt.) It can feel a bit lonely sometimes but it's so worth it.

Pray for true fellowship and be willing to give up everything God tells you to, you won't regret it.

Dustin Staires

North Lawrence

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SCHINE . . .

sition of the building, the asbestos abatement, and all but \$400,000 of the money needed to complete the restoration," Smith said.

She said that figure comes after the organization has secured significant grant funding through the Downtown Revitalization Initiative, New York Power Authority, along with fundraising efforts like match grants.

Smith said despite securing grant funding, MATA has received "zero dollars from any of those funding sources to date."

In the last year, MATA has fundraised over \$100,000, but with \$400,000 still remaining she said the project cannot be completed until all funds are secured.

Smith said it is a grassroots campaign to keep chipping away at the remaining funds.

"So, we are selling chocolate bars. We are planning a mixer this summer. We have rolled out a corporate sponsorship program and are working on an individual sponsorship program," she said.

Newsletters are also sent out regularly to inform the public of progress on the project, something Smith said she hopes to see more of in the future.

She said the newsletter, which is also available in digital format, "pretty much summarizes everything that's going on" and informs the public about how they can get involved with the project, from donations to volunteer work or just spreading the word.

Lebire also took time to clarify matters regarding donations, grant funding and fundraisers as well.



Photo used with courtesy

The Schine Theater in its heyday in the 1950s.

"The biggest question we often get asked is, 'What have you done with the money that's been donated?' So a couple of things I want to point out to everyone is that the funds are used in part for a mortgage. So, they have a mortgage to maintain, they have insurance, they have utilities. So, part of that is maintaining monthly expenses," Lebire said.

Lebire said the second point has not yet been seen, with the marquee taking a portion of the funds.

"Thanks to very generous donors, that marquee had to be sandblasted, had to have material defects and repairs done to it, repainted. It's been fully rewired with faux LED light replacements. A programmable logic controller was purchased, which was shockingly expensive as well, so they can actually do the traditional light shows that the original marquee did," Lebire said.

He said the marquee restoration alone cost "fifty to sixty thousand

dollars."

"Another thing that's really hard for people to see, because it doesn't happen in public format, is the engineering, architectural and project management aspects. So, we work with LaBella and Brooks Washburn. They're a great group, but like any company, they do not work for free, so we do continuously make payments to them as work is done," Lebire said.

Local landlord and resident Don Lucas touched on labor needs, noting that many skilled laborers in the community are retired and may be able to supply services for free to complete electrical, plumbing and carpentry work.

"There are a lot of skilled laborers in the community who worked at the plants and for other companies that are likely more than willing to donate their time and help on the project. I think an outreach program like years ago may be a good idea too," Lucas said.

Lebire said Smith and other members have design meetings monthly, though the frequency may increase as MATA closes in on the finish line and secures the final portion of the funding necessary.

"But, as Allison said, we have zero grant funding other than the asbestos agreement," Lebire said.

He commented that years prior MATA received award notices but did not actually receive the funds.

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Lebire said Smith and other members have design meetings monthly, though the frequency may increase as MATA closes in on the finish line and secures the final portion of the funding necessary.

"But, as Allison said, we have zero grant funding other than the asbestos agreement," Lebire said.

He commented that years prior MATA received award notices but did not actually receive the funds.

"So, you know, this is a big misconception. We say we're at the \$2 million (mark). I wish we had \$2 million, but, yeah, we will get that \$2 million back. And what we've done is we've designed a really, it's strict and it's tricky, but we have a really sophisticated cash flow plan between the three grants. We're going to incur debt, and then the public's help with fundraising on the rest of it, we will be able to navigate using quarterly reimbursement payments that we were just notified we're going to be able to get from the state," Lebire said.

He said those payments will start "very soon" and work will begin very soon on other aspects of the project.

Bid packets were also recently opened, with awards expected to be announced soon.

"We really appreciate of the support from everyone. We just wanted to give you all an update," Lebire said.

For more information regarding the restoration project, visit [www.massenaschinetheater.com](http://massenaschinetheater.com).

RALLY . . .

some of the worst moments of my life, I would not be here today," said Natalia Singer, St. Lawrence University Professor of English, emerita. Growing up in a single-parent, dysfunctional low-income family, she developed osteoid osteoma in her senior year of high school, and Medicaid paid for her treatment.

"I know there are hundreds of children in this county, and millions across this country, whose futures are in question because of the outrageous greed of the richest Americans whom the Republicans are beholden to," she said, urging people to protest the cuts to Stefanik.

"Thank God for Medicaid. That safety net is the reason I'm speaking today," said Katrina Hebb, pastor of First Presbyterian Church of Potsdam. Her young child had received Medicaid for his needed surgery.

"Medicaid is a medical safety net for everyone in the U.S." said retired physician Sandra McCloy of Potsdam. "We need Medicaid and Medicare. I don't know what we would do without it," adding cuts would be inhumane and not compassionate.

Judith Sanford, a retired registered nurse and hospital discharge planner who worked in Ogdensburg and Potsdam, said the 1,129 nursing home beds in St. Lawrence County are not enough to address the need.

Nursing homes can be more than \$10,000 a month in the county, a cost most local residents can not afford, she said, adding Medicaid pays for about two-thirds of county nursing home residents.

Sanford said Medicaid saved her son's life when he was an infant with a life-threatening hernia and she was laid off from work.

Herb Bullock, a disabled wheelchair-bound Vietnam veteran from Canton, said he is concerned about possible cuts to veterans' programs. The U.S. Veteran's Administration is "a lifeline for people like me," he said.

Knight, who retired from United Helpers in 2021, said Medicare rates for nursing home residents have not increased in 15 years. Stefanik never replied to "months of calls and requests" about his pleas regarding "ridiculously low Medicaid rates," he said.

United Helpers was forced to close

its Adult Home in 2018 when daily Medicaid reimbursement was about \$43 per day for 24/7 care of residents, Knight said. United Helped had to close its largest nursing home in 2021 and its enriched housing program in 2022 because of low Medicaid reimbursements, eliminating 240 care and support options.

Crystal Collette, President of Planned Parenthood of the North Country New York, also addressed the crowd.

"Planned Parenthood of the North Country New York stands with everyone here today in demanding that our representatives stand up to billionaires controlling the purse strings of our tax dollars. We demand Medicaid, and countless other essential federally funded programs, be preserved to ensure the health of our community," she said.

Several times members of the crowd chanted "Stefanik doesn't care about us" and drivers honked their horns as they drove by.

Storey-Welch asked the crowd to hold hands at the close of the rally. "Together we are stronger," she said, urging people to contact Stefanik to oppose cuts.

Medicaid enrollment grew under the Affordable Care Act and after the start of the Covid pandemic, but started falling during the final two years of the Biden administration.

DEATH . . .

jail staff attempted unsuccessfully to perform life saving measures.

The autopsy results showed that the cause of death was asphyxiation and appeared to be a suicide.

At the time of his death, Free was facing serious charges in connection with the 2024 murder of John Barr, whose body was discovered in his Rensselaer Falls home.



Free

Pasqua said he was confident that his office had enough evidence to convict Free for the murder.

He revealed that Free confessed to the crime and was linked to it through physical and DNA evidence, including a metal pipe, a BB gun and a wooden broom. He had also been seen selling Barr's vehicle after the murder.

The investigation into Free's death is being led by the New York State Police and the Attorney General's Office, as per protocol for any deaths that occur in law enforcement custody.

While some questions about the specific circumstances of the suicide remain unanswered, officials said that the primary goal of the press conference was to release information about the cause of death and assure the public that the investigation would continue.

Sheriff Engle also addressed the mental health screenings for inmates, stating that all prisoners are assessed for mental health issues upon intake. While there had been no indication that Free was under observation for mental health concerns at the time of his death, the sheriff confirmed that all inmates have access to mental health professionals during their incarceration.

Because Free was the sole suspect in the killing of Barr, the indictment against him will now be dismissed.

According to the sheriff, Free's death marks the first suicide at the facility in more than 30 years.

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Mayor says he wants to strengthen cross border ties

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- The mayor of Cornwall, Ontario, has visited Massena multiple times in recent weeks, touting a message of cross border cooperation he hopes will strengthen relations for years to come.

Mayor Justin Towndale initially contacted Massena Town Supervisor Sue Bellor via Zoom to have a conversation about relations between the United States and Canada, as well as relations between Cornell and Massena.

The mayor recently visited Massena and attended the town board meeting, telling board members and attendees he hoped to continue to grow and expand the relationship between Cornwall and Massena.

Power between the two entities was a primary discussion point, as

Ontario Power Generation and the New York Power Authority generate the lion's share of power utilized in the region.

"I thought that's the kind of close connection we have here. I'm saying this because I'm trying to illustrate that we are really a region," Towndale said.

He commented that he felt the border was "an invisible line in the sand that divides us," though he has never felt like a foreigner in the United States when he visits.

"I don't feel like I'm going to a foreign country. All this is to say we're neighbors, we're friends, we're allies," he said.

Towndale said he remembered visiting Massena numerous times as a child, shopping at the former St. Lawrence Centre Mall and dining at restaurants with his family.

He said through all of that, the

United States and Canada remain, "neighbors, friends and allies."

Towndale said he hoped his reaching out would be the start of an enhanced relationship, acknowledging that he "probably should have" two years prior when he started his term.

"Historically, my predecessors have invited the town supervisor and the mayor of the village to the inauguration. So, that falls on me as a responsibility as the mayor," he said.

Towndale said he hoped to address the regional aspects that impact both municipalities, both the positive and negative impacts that occur economically and socially.

One situation he commented on was the loss of a Canadian citizen when terrorists attacked the Twin Towers on Sept. 11, 2001. He said that loss was felt by the entire community.

"He was killed as part of that attack. So, that touched our community as well. We're not immune to these effects," he said. "I raised this just to show how close our communities are and how close our countries are and how events that

happen in the United States affect us."

Towndale has since made other visits, meeting with village Mayor Greg Paquin and Assemblyman Scott Gray when he was in the area.

Towndale also hosted Paquin last month in a meeting of "unity and friendship," Paquin told board members.

Paquin said he and Towndale

had discussed a number of possible plans and initiatives to promote cross border travel and commerce, strengthening ties between Massena and Cornwall.

"I think it is a partnership that is crucial for both sides of the border and it's one I look forward to building upon and improving in the future," Paquin said.

County Chamber breakfast set April 15 in Ogdensburg

OGDENSBURG — The St. Lawrence County Chamber of Commerce invites its members and partners to attend the "State of the Chamber" breakfast on April 15.

This event will take place at the Gran View Restaurant in Ogdensburg from 8:30 to 10 a.m., offering a chance to learn more about the Chamber's future while celebrating 2025 award recipients.

Tickets for the breakfast are \$30 per person and include a Gran View breakfast with French toast, scrambled eggs, home fries, fruit bowl, English muffins, coffee, tea,

milk, and juice.

During the meeting, attendees will hear from Chamber leadership, including the reappointment of directors, officer elections, and reports from the president, executive director, and director of tourism.

The meeting will also feature the presentation of the Chamber Appreciation Award and the Chamber of Commerce Day Award.

To register, visit <https://visitstlc.chambermaster.com/event-registration/register/19013>.

Take food business survey

CANTON — CCE St Lawrence County has deployed a survey to gather valuable feedback from ag and food producers and food businesses. These responses will help the Ag and Food Systems department at the Extension in Canton make decisions and shape the direction of future programming.

The extension encourages those that work in the agriculture and food business industries to take the time to complete this survey, and have the opportunity to enter a drawing for a \$100 gift card from a St Lawrence County business of their choosing.

The survey will close, and drawing will be on March 31.

This survey can be found online at bit.ly/CCEsurvey2025 and was made possible through a collaboration with social scientists from Syracuse University with funding from a United States Department of Agriculture Rural Business Development Grant.

For more information about the Ag and Food Producer and Food Business Survey at Cornell Cooperative Extension of St. Lawrence County, contact Kayla Gugin at krg75@cornell.edu or 315-379-9192 ext. 227.

BRIEFLY

Kinney Drugs COVID vaccines

GOUVERNEUR — Kinney Drugs has opened both walk-ins and appointments for a second dose of seasonal COVID-19 vaccine for eligible individuals. In October, the CDC recommended that individuals aged 65 and older and those who are moderately to severely immunocompromised receive a second dose of seasonal COVID-19 vaccine two to six months after their last dose. Walk-ins accepted but appointments are encouraged.

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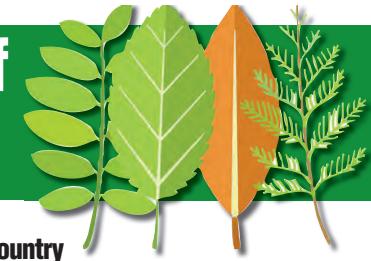


Subject to credit approval. One ticket per funded loan through March 28, 2025 only. 18 years or older. Drawing Sunday, April 6, 2025.

NORTH COUNTRY GREEN LIVING

12 |

Complete list of
exhibitors. 13



This page sponsored by NoCoPEACS, North Country Partnership for Environmental Action, Community & Sustainability

NORTH COUNTRY THIS WEEK | MASSENA-OGDENSBURG, NY | MARCH 22-28, 2025

Sustainability Day & Green Living Fair returns Saturday, Mar. 29

The 2025 North Country Sustainability Day & Green Living Fair will take place Saturday, March 29, featuring exhibits, workshops and talks about renewable energy and sustainable living.

The fair will run from 10 a.m. to 3 p.m. in SUNY Canton's Dana Hall, offering ways to save money with energy efficiency and renewable energy.

Then, Sunita Halasz, an ecologist and Climate Strategy Advisor for the Adirondack Research Consortium, will present the keynote address from 3:30-4:45 p.m. in the Kingston Theater. Earlier, from 10:45 a.m. - 2 p.m., there will be concurrent workshops, panels, and talks, followed by a reception from 2-3:15 p.m.

Attendees will learn more about sustainable living such as eating local foods, composting, recycling, and reducing material goods, all guided by local energy contractors, farmers, and community organizers.

The fair's exhibits, workshops, and talks will offer an inspirational way to learn how to save money with energy

Learn more about sustainable living such as eating local foods, composting, recycling and reducing material goods.

efficiency and renewable energy.

Highlights will include a Green Jobs Panel at 10:45 a.m. and a hybrid- and EV-car show that participants meet on their way inside. See complete schedule elsewhere on this page.

Raffles, demonstrations, posters, and hands-on activities for both children and adults will add to the fun.

SUNY Canton, Clarkson Univer-

sity, St. Lawrence, University and SUNY Potsdam, are teaming up with Cornell Cooperative Extension of St. Lawrence County, the Canton Sustainability Committee, and the Potsdam Climate Smart Communities Initiative to organize this informational and expo event.

For complete details about the event, visit <https://bit.ly/SDGLF25>

Sponsors and co-organizers are SUNY Canton, SUNY Canton Automotive, SUNY Canton Admissions, SUNY Canton Foundation, St. Lawrence University, SUNY Potsdam, Clarkson University, Cornell Cooperative Extension of St. Lawrence County, the Canton Sustainability Committee, Potsdam Climate Smart Community Initiatives, Barstow Motors of Potsdam, Bill Rapp Chevrolet of Ogdensburg, the WISER Center, Alcoa Foundation, and EDF Renewables. North Country Public Radio is the media sponsor.

For more information, contact Brandon Baldwin at 315-379-3866 or at baldwin@canton.edu



Sunita Halasz

summer as well as promoting a more sustainable future. ACORN is a partnership of the Adirondack Research Consortium, The Wild Center, Paul Smith's College, Adirondack Foundation, and NYSERDA.

She is a co-coordinator of North Country Homeschooling, a multi-county group of over 1,000 families who organize opportunities for home-instructed students. Halasz was formerly with the Adirondack Park Agency helping to coordinate federally funded wetlands programs, work with local governments, and review State Land Unit Management Plans. She holds a BS and MS from Cornell University in plant pathology and forest ecology.

Complete schedule of workshops, panels and presentations

All events take place Saturday, Mar. 29 at SUNY Canton. A hybrid and EV car show will run from 10 a.m. to 3 p.m. outside the entrance to Dana Hall. All sessions below will take place in Dana Hall, except the keynote speech which will be presented in Kingston Theater at 3:30 p.m.

10:45 - 11:45 A.M.

Green Jobs Panel

Room 230. Presented by Brandon Baldwin, Bob Penski and others.

Careers considered to be "green" or "sustainable" are many but often not well known. Panel members will talk about and take questions on the different types of employment considered green.

UN Sustainable Development Goals Progress Report

Room 228. Presented by Heather Sullivan-Catlin and students from SUNY Potsdam.

Adopted by all United Nations Member States in 2015, the 2030 Agenda for Sustainable Development supplies "a shared blueprint for peace and prosperity for people and the planet, now and into the future. At its heart are the 17 Sustainable Development Goals, which are an urgent call for action by all countries - developed and developing - in a global partnership" (sdgs.un.org).

Tips for Household Energy Efficiency

Room 299. Presented by Cole Fuller, Community Member of the Campus Climate Action Corps.

There are many different ways to make homes energy efficient, which improves comfort and saves money! We will give you tips and tricks, from simple DIY improvements to understanding your energy bill to information on support programs.

Energy Jeopardy with Prizes

Room 229. Presented by Louise Jensen with Cooperative Extension of St. Lawrence County North Country Clean Energy Hub.



Cornell Cooperative Extension, Nick Hamilton-Honey with Energy Navigator Doug Welch.

Participants in the workshop will play Jeopardy to test their energy knowledge and learn while accumulating points for electric cost-saving prizes! Competitive, fun, and the perfect 7th Inning stretch at a conference!

2 - 3:15 P.M.

Composting at SUNY Potsdam

Room 229. Presented by Jess Pearson of SUNY Potsdam with Ryan Goss, Liam O'Neil, Emily Yousey.

Students in the Applied Sustainability Capstone at SUNY Potsdam will present their work on implementing composting on campus in dining halls and residential facilities. They are complying with state laws regarding composting at Higher Education facilities, but the implementation hasn't been perfect, and some of the challenges have made it clear how the institution will need to move forward.

NOON - 1 P.M.

North Country Wild

Room 228. Presented by Dan French of St.

Lawrence University with Erika Barthelmeiss and students.

NOCO Wild is a community science project with the goal of giving community access to free trail cameras that they can sign out to put up where they live. The program aims to teach local community members about local wildlife, biodiversity, and animal density while collecting data to help answer questions about how animals move and behave around the area throughout the year. The workshop is the first step in training community members to use the cameras to collect data where they live. Attendees will learn how trail cameras work, how to identify a good setup location and set up their camera and how to record relevant data.

How Can Organizations and Municipalities Stand Up for Nature?

Room 230. Presented by Tzintzun Aguirre-Izzo, Community Member of Talking Rivers with Blake Lavia and Cathy Shraday.

How do we honor the personhood of the other-than-human world, while washing away structures of oppression? This is the question that the Talking Rivers team will strive to answer with the "Listening to Nature Toolkit," an interactive guide that shares how organizations can include the voice of ecosystems in their decision making process. From changing the pronouns we use when referring to other-than-human people, to drafting land easements that protect the Rights of Nature, the Talking Rivers team will go over changes that can honor the personhood of ecosystems and non-human species. The presenters will also delve into how municipalities can protect the health of their residents by pass-

ing local laws that protect the "Rights of Rivers."

1:30 - 2 P.M.

Hydro Panel Discussion

Room 230. Presented by Emmett Smith, founder of Northern Power and Light, a local clean energy company.

Topics will include Rural Resiliency; Household Sustainability; Personal Sustainability; Integrating Diversity, Inclusion, and Social Justice; Community Climate Change Resiliency

Repair Fair Discussion

Room 228. Presented by Cole Fuller, Community Member with the Canton Sustainability Committee with Cathy Shraday.

To promote the Committee's upcoming Repair Fair, we will talk about the idea of repair fairs, how they work around the world, and other ways of keeping things out of the landfill.

Increasing Sustainability at SUNY Potsdam

Room 229. Kate Cleary of SUNY Potsdam with 15 students.

Cleary's "Introduction to Sustainability" course includes a semester-long project where students identify a sustainability issue on our campus and then research and propose a solution. Their final product is a poster explaining their proposal and these posters will be on display.

Water Furnace Tour

Meet in Room 228. Presented by Aaron Profitt, Member of Geothermal and WSHP advocate. Take a walk through the SUNY Canton Mechanical Room and see Geothermal in action — the systems that help keep SUNY-Canton energy sustainable.

3:30 - 4:45 P.M.

Keynote Speech

In Kingston Theater. Presented by Sunita Halasz, ecologist and Climate strategy Advisor for the Adirondack Research Consortium.

Green Living Fair exhibitors and vendors

American Forest Foundation/Family Forest Carbon Program

The Family Forest Carbon Program is a nonprofit conservation organization motivated to help landowners make conservation impacts throughout their forest. We provide annual payments and forestry services for their enrollment in one of our Improved Forest Management practices. Our goal is to mitigate climate change by enabling private forest landowners.

Barstow Motors

Local Subaru, GMC and Chevy car dealership proudly serving the North Country for over 70 years. Currently selling and servicing the fully electric Subaru Solterra and in the near spring the hybrid Forester.

Bill Rapp Chevrolet

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Birdsfoot Farm

Birdsfoot Farm offers certified organic vegetables, herbs and flowers along with Summer, Fall, Student and Winter CSA weekly boxes.

Canton Sustainability Committee & Potsdam Climate Smart Community Initiative

Potsdam Climate Smart Community

Casella Waste

Recycling, collection, organics, energy, landfills, professional services and sustainability form the foundation for providing service to our customers.

Coakley Home and Hardware

Coakley Home and Hardware is a family owned business that has been serving the North Country since 1902 with stores in Canton and Saranac Lake. They feature traditional hardware (paint, plumbing, electrical, hardware, hand and power tools and lawn and garden), a flooring department (carpet, ceramic, hardwood, luxury vinyl for both residential and commercial use), a kitchen and bath design & showroom, in home installation/repair service, kitchen and bathroom remodels, and professional handyman services.

Cornell Cooperative Extension of St. Lawrence County

Dig into the local food system with energy at Cornell Cooperative Extension. Visit our booth to learn more about energy efficiency, gardening, food preservation and the rich agricultural activities of our region.

CUHEAT

CUHEAT equips participants with the fundamental knowledge and skills needed to assess residential energy efficiency and recommend cost-effective improvements. This training program equips students with knowledge and skills in home weatherization and energy auditing, and provides a solid foundation for those entering the field.

EDF Renewables

EDF Renewables and Rich Road Solar Energy Center will be at the Green Living Fair to discuss community group activities and project integration into the local community.

GardenShare

GardenShare promotes a local food system that ensures food security for all St. Lawrence County residents.

G.R.O. Energy Solutions LLC

GRO Energy Solutions provides energy efficiency services such as insulating, air sealing, and energy audits. We also offer blower doors for new construction homes.

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Local Living Venture

Local Living Venture is reinvigorating in 2025 - with simple living skills, renewable energy, green building, and real food in its many forms at its heart! Stop by to see what's on the event schedule and share both your thoughts about how we can best serve you, and your skills, with your community!

League of Women Voters

The League of Women Voters organized in St. Lawrence County in 1920 with the ratification of the 19th Amendment. We've been educating voters ever since!

Matt Burnett Guiding LLC

Matt Burnett Guiding hosts outdoor Adirondack Adventures for All Seasons

Nature Up North

We will have an informational table themed around bio-regional literacy in the North Country. We think

the first step to green living and sustainability is a connection to place, and NUN provided opportunities to form that connection through public educational programming.

Nicandri Nature Center

The Nicandri Nature Center provides recreation and Nature opportunities free of charge. We are located within Robert Moses State Park, Massena NY.

NoCoCompost

Composting service for residential and commercial customers.

Northern Power & Light

NP&L provides locally-sourced hydroelectric power for North Country homes and businesses. NP&L is based in Saranac Lake and works with customers and hydropower producers from Potsdam to Glens Falls.

Paul Smith's College

Paul Smith's College offers undergraduate and graduate degrees in sustainability, natural resources and environmental studies in the beautiful Adirondack mountains.

Potsdam Pride

Potsdam Pride is a grassroots organization that holds events for the LGBTQIA population in St. Lawrence County, including the annual Potsdam Pride festival.

SUNY Canton Admissions

The SUNY Canton Admissions office invites you to take a closer look at SUNY Canton. We encourage you to visit us, glance through our Academic Catalog and our publications, take a virtual tour, request information or email us with your questions. Whatever your academic or career goals may be, we hope you will let our office help you reach them.

SUNY Canton Automotive

Want to know how to charge the high voltage batteries of a dead hybrid or EV? See how to charge any high voltage battery with this short electrical lesson.

Center for Workforce, Community & Industry Partnerships

The Center for Workforce, Community & Industry Partnerships develops innovative programming for SUNY Canton, the North Country, and beyond. The Center assists with the promotion and development of new micro courses, microcredentials, and workforce training programs based on campus, industry, and community need.

St. Law. County Arts Council

SLC Arts enriches the vibrancy of the North Country community by cultivating art appreciation and inspiring creative expression for all.

St Lawrence County Center for History and Culture

The St. Lawrence County Center for History & Culture is a not-for-profit organization that collects, preserves, researches, and shares the history of St. Lawrence County, NY. We preserve and interpret the c. 1833-35 Silas Wright House and are working on creating a historic culinary, medicinal and cutting garden on our property that will highlight native plants and provide spaces for pollinators.

St. Law. County Public Health

The St. Lawrence County Public Health Department has been serving the county since 1936. We offer a wide variety of health services and programs to county residents, geared toward improving both individual health and well-being; and that of the community.

St. Law. County Public Transit & Mobility Management

Information about public transit and transportation programs available in St. Lawrence County (what they are, how they work, how to use them, individual trip planning assistance)

Talking Rivers, Inc.

Talking Rivers is a local nonprofit that weaves together communities across the Upper St. Lawrence River / Kaniatarowanen and Adirondack Watersheds, advocating for the Rights of Rivers and their Ecosystems. Through art, storytelling, and community conversations we strive to educate our human neighbors about the Roles and Responsibilities we have towards the rivers that unite our communities.

Unitarian Universalist Church

Promoting safe, economical and environmentally friendly use of wood for home heating is one project of our religious community.

VoltWise Consulting

My interest in electric vehicles has allowed me to become a subject matter expert, equipped to make recommendations to prospective EV buyers. My service would not only allow car buyers to identify the right vehicle for them and their family, but it would give them access to personalized information that would help them get the most out of their new vehicle..

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MARCH 29th at SUNY Canton's Dana Hall

NORTH COUNTRY SPOTLIGHT

14 |

Quality care in a familiar setting

This page sponsored by
North Star Health Alliance



NORTH COUNTRY THIS WEEK | MASSENA-OGDENSBURG, NY | MARCH 22-28, 2025

North Star Health Alliance charting the future of local care

BY RICHARD DUVALL

President & Chief Executive Officer
North Star Health Alliance

2024 was a landmark year for North Star Health Alliance (NSHA), laying the groundwork for even greater achievements in 2025.

Leading this progress is the North Star Health Alliance (NSHA), a partnership that unites Carthage Area Hospital (CAH), Claxton-Hepburn Medical Center (CHMC), the Claxton-Hepburn Medical Campus (Claxton Campus), North Country Orthopaedic Group (NCOG), and Meadowbrook Terrace Assisted Living Facility.



Duvall

Together, we are dedicated to providing quality, patient-centered healthcare throughout the North Country to ensure residents receive the care they need close to home.

By redefining healthcare in our region and emphasizing the importance of local access, we are poised to create a brighter, healthier future for all.

Organizational Changes

In October 2024, Claxton-Hepburn Medical Center (CHMC) became a dedicated standalone mental health hospital, while its acute care programs shifted to the newly established Claxton-Hepburn Medical Campus (Claxton Campus).

Patients will continue to receive quality care in a familiar setting, supported by the North Star Health Alliance's (NSHA) commitment to keeping vital healthcare services local. This transition plan is now in its final stages, pending designation as a Critical Access Hospital.

These changes represent an important evolution for our healthcare system, with your care remaining unchanged and provided by our dedicated team.

Completing this plan will help preserve essential services, support local jobs, and strengthen our ability to serve the community effectively, ensuring you continue receiving the healthcare you trust for years to come.

New Services & Accreditations

At the start of 2024, the North Country Orthopaedic Group (NCOG) established the NCOG Wound Care Center in Watertown, led by Maryellen Blevins, PA-C, MPAS, DMSc.

This new center expands our essential wound care services alongside the Rev. Thomas T. Patterson Wound Healing Center in Ogdensburg (the region's only hyperbaric oxygen therapy accredited by the Undersea & Hyperbaric Medical Society).

Dr. Adam Jarrett joined the Patterson Wound Care team, further strengthening our services. Together, these centers ensure that patients across the North Country have access to comprehensive wound care.

By redefining healthcare in our region and emphasizing the importance of local access, we are poised to create a brighter, healthier future for all.

Richard Duvall
President & CEO

2024 also marked the reaccreditation of the Richard E. Winter (REW) Cancer Center by the Commission on Cancer (CoC) and the American College of Radiology, earning a three-year Center of Excellence designation—the only facility in the region to achieve this distinction.

This accomplishment reaffirms our unwavering commitment to delivering exceptional cancer care.

Central to this commitment is our multidisciplinary approach, achieved through close collaboration with the REW Cancer Center providers and Dr. Ali Gharagozloo from the Claxton Campus Radiology Department.

Additionally, we are excited to welcome back Dr. Alka Srivastava, who brings medical oncology and hematology expertise. Her dedication further strengthens our promise to provide outstanding cancer care for patients across the North Country.

We welcomed board-certified nephrologist Dr. Timi Akins to serve patients at Carthage Area Hospital (CAH) and Claxton Campus, extending the Dr. Ravinder N. Agarwal Renal Center's advanced services to Jefferson and Lewis Counties.

Additionally, Low-Dose Lung Cancer Screenings—led by board-certified pulmonologist Dr. Francis Lee and powered by AI technology—have been expanded to CAH, facilitating earlier detection and improving patient outcomes.

Recognizing the broader needs of our community, the NSHA has introduced an Addiction and Recovery Program at both CAH and Claxton Campus, offering critical support and treatment for individuals seeking assistance on their recovery journey.

Most recently, in January, the NSHA expanded pediatric care in the region by opening the North Star Pediatrics (NSP) clinic in Watertown.

The clinic's devoted providers, Dr. Josiree Ochotorena, Dr. Fernando Ongkingco III, Dr. Sandra Timerman, and Joyce Ndungu, DNP, FNP-C, offer personalized pediatric care that families can rely on.



NSHA | Submitted

Claxton-Hepburn Medical Campus' Elizabeth May Duvall Children & Adolescent Behavioral Health Unit

In addition to expanding our service offerings, we welcomed several new providers to our healthcare family, each bringing specialized expertise to enhance patient care.

Elizabeth Verno, FNP-C, has joined the Diabetes, Osteoporosis, and Endocrine Center, where she specializes in endocrinology.

At the Canton Health Center, Kaileigh Bonno, FNP-C, will provide comprehensive family medicine services.

Our Claxton Campus Orthopedics department is now strengthened by the addition of Meagan Cooper, FNP-C, and Dr. Bartłomiej Szczęch, MD, enhancing our orthopedic care capabilities.

Additionally, Dr. Emily Szczęch, DO, has joined the General Surgery team at Claxton Campus, bringing her expertise to further support our surgical services.

Grant Funding

As part of our ongoing efforts to provide the highest level of patient-centered care across the tri-county region, members of the NSHA were awarded significant grant funding to expand specialized services. A \$5 million grant from the New York State Office of Mental Health (OMH) will fund the expansion of the Elizabeth May Duvall

Children & Adolescent Behavioral Health Unit—the region's sole inpatient center dedicated to the mental well-being of children and adolescents.

Additionally, a \$6 million grant from OMH will enable Claxton-Hepburn Medical Center to establish a Comprehensive Psychiatric Emergency Program (CPEP), creating the region's only dedicated psychiatric emergency department and easing the burden on standard emergency rooms.

Claxton Campus was awarded a federal grant to establish an innovative Operations Centers at CAH and Claxton Campus.

These centers will collect, process, and analyze real-time data, enabling our teams to make swift, informed decisions that ensure timely and effective patient care.

With the implementation of advanced bed management systems, NSHA aims to reduce emergency department wait times and the time patients spend waiting for a hospital bed.

The Operations Center will now serve as the NSHA dispatch center for our ambulance and emergency services. Together, these initiatives will ultimately provide our community with faster access to vital treatments and services.

Additionally, CAH and CHMC

received a combined \$1 million grant to incorporate Healthy Steps providers into the pediatrics clinics across the NSHA health system.

Healthy Steps is designed to offer comprehensive preventive care and early intervention services for children, promoting their overall health and well-being.

This program provides families access to essential resources and support, ensuring that young patients receive timely care to foster healthy development and promptly address emerging health concerns.

Looking Ahead: Growth, Innovation & Excellence

As we look to 2025 and beyond, the communities of the North Country can trust in the unwavering commitment of all our member organizations within the North Star Health Alliance.

Carthage Area Hospital, Claxton-Hepburn Medical Center, Claxton-Hepburn Medical Campus, the North Country Orthopaedic Group, and Meadowbrook Terrace Assisted Living are committed to defending healthcare in our region.

Whether it's a swift visit to the emergency room, the convenience of our walk-in clinics or mobile units, specialized treatment at our cancer and wound care centers, or supportive living at Meadowbrook Terrace, our pledge remains steadfast.

We are excited about the many advancements and expansions planned for the year ahead.

From the introduction of new healthcare programs and the integration of cutting-edge technologies to the continued growth of our specialized services, members of the NSHA are poised to enhance the quality of life for our community through comprehensive, patient-centered healthcare.

We want to express our profound gratitude to our dedicated team—including our employees, medical staff, foundation members, auxiliary teams, hospital foundation, and board of directors.

Your unwavering commitment, along with the strong support from our community, is the driving force behind our ability to provide exceptional patient-centered healthcare services right here in your hometown. Together, we look forward to a year of growth, innovation, and continued excellence, reinforcing our role as your trusted neighborhood healthcare system.



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NORTH COUNTRY COMMUNITY

MARCH 22-28, 2025 | NORTH COUNTRY THIS WEEK | MASSENA-OGDENSBURG, NY

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SUNY Potsdam

| 15



NCNow photo

Massena Rotary Club Annual Pancake Day will be held March 29 from 7 a.m.-1 p.m. at a new location, St. Mary's Social Hall. Preparing pancakes last year were, from left, volunteer Trevor "Walter" Kemison, and Rotarians Rick Marshall, Scott Manley and Julia Rose.

Pancake Day returns to Massena

MASSENA — The Massena Rotary's 66th Annual Pancake Day will be held in a new location on Saturday, March 29, from 7 a.m.-1 p.m.

The event will be at St. Mary's Social Hall, 9 Sycamore St., across from the Alcoa Field in Massena.

The event will honor the memories of Tom Gramuglia and Frenchie Coupal.

The meal will include pancakes, sausage, coffee, real maple syrup, coffee, milk and juice.

It will be prepared and served by the Massena Rotary and Interact Clubs, with help from Massena Central School athletic teams and friends.

Tickets are \$10 presale including a 50/50 raffle, available from any Massena Rotarian. Advance tickets will also be sold at SeaComm in Massena, Monday-Friday the week of the event from 10 a.m. – 1 p.m.. Tickets at the door are \$12.

All proceeds from this event benefit Massena Rotary's projects of service in the North Country.

Circus coming to town in Potsdam

POTSDAM -- Get ready for acrobats, jugglers, contortionists, clowns, comedy, and animal hijinks when the circus comes to town next week.

The Billy Martin Presents Cole All-Star Circus 2025 will perform at the Potsdam high school gym on March 22 at 6:30 p.m.

The Cole All-Star Circus is currently on its annual tour of New York State, visiting over 140 communities across the state this year. The circus' last appearance in Potsdam was spring 2024.

Founded in 1938 by James M. Cole of Penn Yan, the indoor circus was designed as a fund-raising event for school groups and organizations across New York State. Upon



The Billy Martin Presents Cole All-Star Circus 2025 will perform at the Potsdam high school gym on March 22 at 6:30 p.m.

SEE CIRCUS ON 17.



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 **Potsdam**
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WHAT'S GOING ON

SAT., MARCH 22

Craft and vendor show

MADRID -- A craft and vendor show will be held Saturday, March 22, from 10 a.m. to 3 p.m. at Madrid-Waddington Central School. There will be crafts, food, a Chinese auction, and a bottle drive. Admission is \$2.

Raspberry Pi PICO

NORFOLK -- Hepburn Library of Norfolk, 1 Hepburn St., wants to showcase its new copy of "Get started with MicroPython on Raspberry Pi PICO" and what better way to do that than with a hands on demo? Join Tim C. for a speedrun through the first five chapters on March 22 at 10 a.m. where you'll be introduced to the \$5 Pi PICO microcontroller, learn how to talk to it from your PC, and see how it can be used to interact with the world through a light and switch. Best for ages 12-Adult.

Maple Weekend

St. Lawrence County Maple Weekend invites the public to explore the maple sugaring process on March 22-23 and 29-30. Seven local maple producers will offer sugar house tours, syrup-making demos, tastings, and more. Visit Sweeter Creations Sugarhouse in Waddington, Orebed Sugar Shack in DeKalb Junction, Trout Lake Maple in Gouverneur, Brick Chapel Maple in Canton, Southville Maples in Potsdam, Shamrock Maple in St. Regis Falls, and Woody's Maple in Hermon. Enjoy pancake breakfasts, horse-drawn wagon rides, and unique maple products like syrup, candy, and popcorn. For details, visit <https://www.visitstlc.com/maple-weekends/>.

Primitive Rug Hooking

WADDINGTON -- "Ahh Spring!" Primitive Rug Hooking from 10 a.m.-2 p.m.; cost: \$65; class will be held at The Gallery at Lake Saint Lawrence Arts, 14 Main Street, Waddington. "Hookers" will learn the basics needed to do their projects with supplied materials. Using wool strips, a hook and a hoop, students will produce a 10" X 10" hooked piece to use as a wall hanging, a pillow, or table mat. Bring scissors, lunch, and a drink. Must pre-register. Email: lakesaintlawrencearts@gmail.com, Call 315-705-1241 or 315-705-5198.869-3895.

Senior dance

MASSENA -- A senior citizens dance night is set for March 22 from 5-9 p.m. at 61 Beach St. The cost is \$7 at the door and live music will be provided by Small Town Ramblers. The kitchen is open 4:30 to 7 p.m. Public is welcome.

Snowshoe walk

MASSENA -- A snowshoe walk to find signs of spring will be offered at Nicandri Nature Center Saturday, March 22, at 2:00 p.m., weather permitting. Free snowshoe rentals are available.

Super Saturday tax help

OGDENSBURG - Super Saturday is back at SeaComm. This free tax prep event on March 22, at SeaComm's Ogdensburg Branch from 12-4 p.m. provides the opportunity for low and moderate-income working individuals and families to have their income tax return prepared free of charge. Eligibility is generally limited to taxpayers with an income under \$70,000. 1-800-764-0566 for an appointment.

SEE CALENDAR ON 17.



Photo courtesy of BLFGA

Staying on target in Black Lake

Jacob Brown smiles after hitting a target during youth archery class at Black Lake Fish and Game Association recently. The club has up to 60 kids attending weekly.

BRIEFLY

Musician for events

Paul Meyers, an experienced local musician, offers live music services for private events including weddings, parties, fundraisers, gallery openings, corporate events, and more. In addition to performing at concerts, clubs, and recording for many years, Paul has performed solo guitar in various music styles for numerous functions. Paul is listed on the Adirondack Weddings website, where detailed information about his services is available. The site also features clips of his playing in different styles, showcasing the variety he can bring to events. Info: www.adkweddings.com/vendors/.

ANNUAL Pancake Breakfast
Sponsored by the Hopkinton Historical Group
Saturday • April 5 • 8AM-12PM
Hopkinton Town Hall
Includes Pancakes, Sausage, Coffee,
Tea, Milk & Orange Juice
ADMISSION: \$7 ADULTS, \$5 CHILDREN AGE 5-12, UNDER 5 OR OVER 90 - FREE
Accepting donations of cash or canned goods for Hopkinton Food Pantry!

Your Next Big Step,
We're Here for It.

Pottery Spin and Sip for LPNs and RNs

Join us for a fun evening of relaxation, creativity, and community with your fellow healthcare professionals.

March 29, 2025
6:00 pm

The Third Wheel Pottery Studio
22 Depot St., Ste 15
Potsdam, NY

What's Happening

- Pottery Wheel Spinning:** No experience needed! Learn to create beautiful pottery pieces guided by an expert instructor.
- Sip and socialize:** Enjoy a beverage and snacks while crafting! Non-alcoholic options available.
- Networking opportunity:** Meet and mingle with other LPNs, RNs, and our hiring managers in a laid-back, fun atmosphere.

RSVP HERE:
<http://www.signupgenius.com/go/10C0A4CA4AE2FAGFC52-55474818-pottery>
by Friday, March 21, and see how you can become part of a team that works together to inspire.

Want to check out our openings? Visit the website below!
www.careers.rochesterregional.org

Questions? Contact

ROCHESTER REGIONAL HEALTH

Massena River Queens ask for financial contributions for trip to Nationals

MASSENA — The 14U Massena River Queens, who won the Tier II State Girls Hockey Championship March 9, are seeking financial contributions so the team can travel to the upcoming Nationals in Fort Lauderdale, Fla.

The team includes players from Massena, Norfolk, North Lawrence, Lake Placid, Saranac Lake, Brasher, Potsdam and Canton.

Those wishing to contribute financially are asked to visit www.massenaminorhockey.com/donate or reach out to the team parents.

The financial support will assist with travel, accommodations, and other necessities for the team.

Despite being the underdogs and having a much

smaller team than the others in the tournament, the River Queens beat the CP Dynamo 4-3 at the Tier II championship in Amherst. It was only the sixth time a Massena girls' team has claimed the state title since 1980.

The Nationals in Fort Lauderdale, Florida, the week of April 2, represents more than just a competition. It is an opportunity for team members to experience growth and personal development, foster teamwork and camaraderie, compete at the highest level, and create lifelong memories.

Team members are also asking the community to share their story and encourage friends and family to contribute or attend fundraising events for the team.

Youth Turkey Hunt planned in Norfolk

NORFOLK — The New York State Department of Environmental Conservation (DEC) is offering youth ages 12 through 15 the chance to hunt turkey this spring as part of the St. Lawrence County Youth Turkey Hunt. The two-day event, hosted by Environmental Conservation Police Officers (ECOs), begins with an educational session at the Norwood Rod and Gun Club before the hunt.

The hunt will take place on the following dates: Educational Day: Sunday, April 13 at 11 a.m. and Hunting Day: Saturday, April 26.

The event will be held at the Norwood-Norfolk Rod

and Gun Club, 53 Cemetery Road, Norfolk.

To participate, youth hunters must have a New York State small game license and valid turkey tags. The event is free, and equipment will be provided to participants as needed.

The hunt is hosted by the Norwood Rod and Gun Club and sponsored by the National Wild Turkey Federation and the New York Conservation Officers Association.

For more information or to register, contact Lt. Troy Basford at (315) 265-2757 or ECO Ian Helmer at (315) 559-8503.

New homes for wood ducks, screech owls

MORRISTOWN — Wood ducks and screech owls will have 45 new homes in the area, thanks to Black Lake Fish & Game Association.

The club has offered free wood duck nests to local families for almost 50 years. Families do not need to be members of the association.

Long-time club member, Jim Robinson, is in charge of the project.

"I buy the wood from the Amish, dry out the wood, cut the boards, make nail holes and an entrance hole for the nest boxes," he said.

Then families were invited to

assemble the nest boxes, using the prepared wood pieces, on March 15, at the club's location, 1 Gilmour Rd., Morristown.

It costs the club over \$400 each year, but members say it is worth the cost.

"It's good for the wood ducks," said member Larry King. "Wood ducks leave the nest once the chicks have hatched. Then screech owls use the nests in the winter."

King said the nests should be cleaned out each summer.

"Like every homemaker, they unlike clean nests to start with," he said.

The association used to build the nests themselves each year, but found it was a better to invite families to come help build the nests. It saves the club members time in constructing, distributing, and erecting the nest boxes, because families take the nests home and erect them in their own yards after building them at the club.

The nest boxes train wood ducks to imprint and utilize the area during breeding season and potentially increase the number of wood ducks able to be hunted each successive year.

Genealogist presentation set in Ogdensburg

OGDENSBURG — Genealogy enthusiasts and history buffs alike are in for a treat as genealogist Dale Sheldon returns to the Ogdensburg History Museum for a presentation March 23 at noon.

With years of experience in the field, Sheldon has become a go-to expert for those looking to trace their family roots.

This year, Sheldon will focus on how to find a relative's World War II army serial number using the National Archives database. He will delve into the process of searching and reading the World War II Army Morning Reports, which are available for free online through the National Archives.

The presentation will take place

at the Ogdensburg History Museum, 206 Ford St. The event is free and open to the public, but registration is requested. Interested individuals can register at ogdensburghistorymuseum.com.

For more information, visit ogdensburghistorymuseum.com or contact the museum at (315) 528-0733.

SUNY Canton Vet Tech Program partners with county DA to care for abused, neglected pets

CANTON -- The SUNY Canton Veterinary Science Technology Program is caring for and administering medical treatment to several dogs that were taken into custody by St. Lawrence County law enforcement as a result of an animal cruelty case.

The project is a partnership between the college and the St. Lawrence County District Attorney's Office. Five dogs are currently in the care of Veterinary Science Technology Program faculty and students, and three are currently up

for adoption.

"Students are in charge of the daily feeding, walking and any medication administration for the dogs, which are housed in our kennel facility in the Newell Veterinary Science Technology Center building," said Veterinary Science Technology Program Director Dr. Wendy Kuceyeski.

The Veterinary Science Technology program has traditionally partnered with several area animal shelters to provide spaying and neutering services and vaccinations

for approximately 100 dogs and cats a year.

"I want to thank SUNY Canton and the Veterinary Science Technology Program for providing services imperative to ensuring the health and welfare of these rescued animals," said St. Lawrence County District Attorney Gary Pasqua.

Those interested in inquiring about dog adoption should contact Friends 4 Pound Paws in Gouverneur at friends4poundpaws@gmail.com or call (315) 842-7297.

Clarkson to train youth to be energy auditors

POTSDAM — Clarkson University has been awarded a nearly \$900,000, three-year grant to train 16- to 24-year-olds as home energy auditors and weatherization specialists in Northern New York.

The grant, from the New York State Energy Research and Devel-

opment Authority (NYSERDA), will fund a new program to prepare young people for careers in home energy efficiency and clean technologies. Participants will receive training in energy assessments, learning to reduce energy costs for homeowners.

The program also provides internships and apprenticeships.

The program will teach skills in air sealing, insulation, and preparing homes for clean energy technologies, such as heat-pump water heaters. For more info, contact rnarula@clarkson.edu.

CALENDAR . . .

(Continued from page 15.)

SUN., MARCH 23**Genealogist to speak**

OGDENSBURG - Genealogist Dale Sheldon returns to the Ogdensburg History Museum on March 23 at noon for a free presentation on tracing World War II army serial numbers. Sheldon, a seasoned expert, will guide attendees in using the National Archives database to search and read Army Morning Reports. The event, open to the public, takes place at 206 Ford St. Registration is requested at ogdensburghistorymuseum.com. For more information, contact (315) 528-0733.

Intro to snowshoeing

MASSENA -- An introduction to snowshoeing will be held at Nicandri Nature Center Sunday, March 23, at 10:00 a.m., weather permitting. Free snowshoe rentals are available.

Maple Weekend

St. Lawrence County Maple Weekend invites the public to explore the maple sugaring process on March 22-23 and 29-30. Seven local maple producers will offer sugar house tours, syrup-making demos, tastings, and more. Visit Sweeter Creations Sugarhouse in Waddington, Orebed Sugar Shack in DeKalb Junction, Trout Lake Maple in Gouverneur, Brick Chapel Maple in Canton, Southville Maples in Potsdam, Shamrock Maple in St. Regis Falls, and Woody's Maple in Hermon. Enjoy pancake breakfasts, horse-drawn wagon rides, and unique maple products like syrup, candy, and popcorn. For details, visit www.visitstlc.com/maple-weekends/.

No Tap Bowling for Vets

HEUVELTON -- The Heuvelton AMVETS Post 1997, located at 107 State Street, Heuvelton, NY, sponsoring No Tap Bowling for Veterans event, Ogdensburg Bowl, 1121 Patterson St.; 1-4 p.m.; costs \$20 per person or \$100 per team, with the option to buy a strike for \$1 per game. Sign up at 315-393-9704, or contact Robin Chambers at 315-528-6054 or Lori Kelly at 315-276-6103; event will feature Rosie the Riveter theme, benefiting programs like Wounded Warriors Outdoor Adventure, Homeless Veterans, and Adopt a Platoon; participants encouraged to wear red bandanas and Rosie attire; snacks, 50/50 raffle, donation auction set.

TUES., MARCH 25**Model Railroad Club**

NORFOLK -- Meet some new friends and try your hand at building a small Model Railroad diorama at Hepburn Library of Norfolk, 1 Hepburn St., on March 25 at 4 p.m. Use provided supplies to construct a small scene. When we're done we will fit them all together and run a train! No previous experience is needed as the group is happy to help you develop your skills and express your creativity. Best for ages 12-Adult.

WEDS., MARCH 26**Grief share meeting**

LISBON -- Lisbon Wesleyan Church, 48 Church St., is hosting grief share meeting from 10 a.m. to noon. Register by looking up Griefshare meetings near you. This is open to all who are grieving in any circumstance. For info call Barb Shoemaker at 315-394-0898.

Ice age in NYS talk

MASSENA -- A talk on the ice age in New York State will be held will be held at Nicandri Nature Center Wednesday, March 26, at 3:30 p.m.

Job skills for teens

MASSENA -- Job skills for teens will be offered Wednesday, March 26, from 4:00 - 5:00 p.m. at Massena Public Library. The St. Lawrence County Health Initiative will be providing an educational program for teens to learn employment skills, resume building and more. Registration

is not required.

FRIDAY, MARCH 28**Fish fry**

LISBON -- The Lisbon Volunteer Fire Department will host its annual fish fries starting Friday, March 7 and running every Friday until April 18 at the fire station. They will serve dine-in or take-out and will start accepting phone calls for take-out orders at 4 p.m., at 315-393-5531. They will serve at 4:30 until 7 p.m. at the station. The menu consists of fried haddock fillet (skinless), fresh cut french fries or homemade mac & cheese or half and half, coleslaw, and a roll. Hot dogs are also available instead of fish. The price is \$15 for adults and \$10 for kids. They are also offering a hot dog meal for \$5. The auxiliary will be selling baked goods for dessert.

Karaoke

HEUVELTON -- The Heuvelton AMVETS Post 1997, located at 107 State Street, Heuvelton, to host KC and DJ karaoke, 6-9 p.m.; no cover charge; queen of hearts drawing at 7 p.m.

Team Game Time

MASSENA -- "Teen Game Time" for ages 13-18 will be held Friday, March 28, from 3:00 p.m. - 4:30 p.m. at Massena Public Library. A variety of multi-player board games, card games, crafts and snacks will be offered. Registration is required. Contact Lexi at 315-769-9914 or Imarolf@ncls.org.

SAT., MARCH 29**Green Living Fair**

CANTON -- The 2025 North Country Sustainability Day & Green Living Fair is on March 29, 2025, from 10 am to 4:45 pm at SUNY Canton's Dana Hall. The Green Living Fair runs from 10 am to 3 pm, seeking exhibitors. Register by March 7, 2025 (bit.ly/GreenLivingEvents). The event features workshops, exhibits, a Green Jobs Panel, hybrid & EV car show, raffles, and activities for all ages. Local universities, Cornell Cooperative Extension, and sustainability groups are organizing this free event. Exhibitors in food, energy, and environmental sectors are invited.

Guided ski at Massena

MASSENA -- A guided ski will be held at Nicandri Nature Center Saturday, March 29, at 2:00 p.m., weather permitting. Free ski rentals are available.

Karaoke at the Legion

NORWOOD -- Karaoke by Cory will be offered Saturday, March 29, from 6

1. Aviator Charles Lindbergh.
2. Tom Cruise.
3. "Emma" by Jane Austen.
4. Sound navigation and ranging.
5. The General Lee.
6. 1950s.
7. Portugal.
8. Night blindness.
9. Dwight D. Eisenhower.
10. Radius.



1	4	7	8	9	3	2	6	5
3	2	5	1	4	6	7	9	8
8	9	6	7	5	2	3	4	1
7	5	4	2	8	9	6	1	3
6	1	9	3	7	5	4	8	2
2	8	3	4	6	1	5	7	9
4	3	2	6	1	8	9	5	7
5	6	1	9	3	7	8	2	4
9	7	8	5	2	4	1	3	6

p.m. - 9 p.m. at the Norwood American Legion. The Norwood American Legion is located at 10 Maple St., Norwood.

Maple Weekend

St. Lawrence County Maple Weekend invites the public to explore the maple sugaring process on March 22-23 and 29-30. Seven local maple producers will offer sugar house tours, syrup-making demos, tastings, and more. Visit Sweeter Creations Sugarhouse in Waddington, Orebed Sugar Shack in DeKalb Junction, Trout Lake Maple in Gouverneur, Brick Chapel Maple in Canton, Southville Maples in Potsdam, Shamrock Maple in St. Regis Falls, and Woody's Maple in Hermon. Enjoy pancake breakfasts, horse-drawn wagon rides, and unique maple products like syrup, candy, and popcorn. For details, visit www.visitstlc.com/maple-weekends/.

Museum. .

Weaving Table Runner

WADDINGTON -- "Swedish Weaving Table Runner" - 10:00am - 2:00pm - Cost: \$42 - Class will be held at the Gallery at Lake Saint Lawrence Arts, 14 Main Street, Waddington. Vicki Goldman will instruct students on this woven piece which is a comeback from the 1600's. Runner is 14" wide by 50" long. Not completed in class, but students leave with the knowledge on how to finish it. All materials provided. Bring scissors and lunch. Must register. Email: lakesaintlawrencearts@gmail.com, Call 315-705-1241 or 315-705-51.

Pancake Day

MASSENA — The Massena Rotary's 66th Annual Pancake Day will be held in a new location on Saturday, March 29, from 7 a.m.-1 p.m. The event will be at St. Mary's Social Hall, 9 Sycamore St., across from the Alcoa Field in Massena. The event will honor the memories of Tom Gramuglia and Frenchie Coupal. The meal will include pancakes, sausage, coffee, real maple syrup, coffee, milk and juice. Tickets are \$10 presale including a 50/50 raffle, available from any Massena Rotarian. Advance tickets will also be sold at SeaComm in Massena, Monday-Friday the week of the event from 10 a.m. - 1 p.m.. Tickets at the door are \$12. All proceeds from this event benefit Massena Rotary's projects of service in the North Country.

CIRCUS . . .

(Continued from page 15.)

Mr. Cole's retirement in 1987, the circus has been under the direction of Billy Martin, of Olean, NY. This year marks the show's 80th year in continuous operation.

The 90-minute presentation features many new attractions plus all-time fan favorites. The circus performance features variety acts including jugglers, trapeze, unicycles, balancers, comedy, novelty and specialty acts. The performance is enhanced with stage/theatrical

lighting, music, and special effects. Truly a family entertainment event suitable for all ages.

Children 12 years and younger are invited free when accompanied by an adult admission (limit two free children per adult). Free tickets for children are available at businesses in downtown Potsdam.

Adult admission is \$20. Adults may save \$5 on tickets purchased at the school in advance. Tickets are sold at the door beginning one hour prior to showtime.

Proceeds from the performance will benefit the P2 Positivity Project Club.

For more info, visit www.billymartincircus.com, or visit the circus Facebook page at <https://www.facebook.com/billymartincircus/>.

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Mar. 29 & 30

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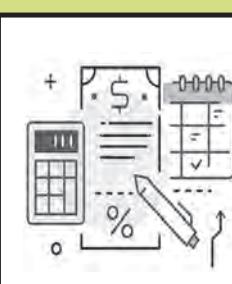
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Maple Weekend Hours:

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Day The Earth Blew Up: A Looney Tunes Movie
9:00 pm Nightly PG
Fri, 1:30; Sat, Sun 3:00

Captain America: Brave New World
6:50, 9:20 pm Nightly PG-13
Fri, 1:30; Sat, Sun 12:30, 3:00

Paddington in Peru
6:50 pm Nightly PG
Fri, 1:30; Sat, Sun 12:45

Black Bag
7:00, 9:00 pm Nightly R
Fri, 1:30; Sat, Sun 12:45, 3:00

Mickey 17
6:45, 9:30 pm Nightly R
Sat, Sun 1:30

Novacaine
6:50, 9:15 pm Nightly R
Fri, 1:30; Sat, Sun 12:45, 3:00

The Alto Knights
6:45, 9:15 pm Nightly R
Fri, 1:30; Sat, Sun 12:30, 3:00

Disney's Snow White
6:50, 9:15 pm Nightly PG
Fri, 1:30; Sat, Sun 12:45, 3:00

Black Bag
7:00, 9:00 pm Nightly R
Fri, 1:30; Sat, Sun 12:45, 3:00

Mickey 17
6:45, 9:30 pm Nightly R
Sat, Sun 1:30

Captain America: Brave New World
6:50, 9:20 pm Nightly PG-13
Fri, 1:30; Sat, Sun 12:30, 3:00

Paddington in Peru
6:50 pm Nightly PG
Fri, 1:30; Sat, Sun 12:45

Day The Earth Blew Up: A Looney Tunes Movie
9:00 pm Nightly PG
Fri, 1:30; Sat, Sun 3:00

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NORTH COUNTRY SENIORS

18 |



NORTH COUNTRY THIS WEEK | MASSENA-OGDENSBURG, NY | MARCH 22-28, 2025

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Grieving in uncertain times for St. Lawrence County residents

Change and uncertainty is in our conversations and often in the news.

Questions about everything from grocery and energy costs wondering to if the adorable image of a penguin snuggling a polar bear cub is real or AI generated surround us.

Concerns about employment, retirement, and other personal life events also play into this uncertainty.

Dismissing the emotions these issues bring up as stress or worry does not allow you to see things for what they are; losses which need to be grieved.

Getting to Know Grief

Kate Favaro
Hospice of St. Lawrence Valley



These are not traditional (death related) losses but rather losses of plans, dreams, and for some, a sense of security.

Taking the time to step back and recognize you've lost what you'd planned for allows you time to grieve rather than focusing on just shifting to a Plan B.

Hospice of St. Lawrence Valley offers the following suggestions for grieving in uncertain times:

- Recognize job loss has many layers. You may recognize losing a job, for any reason, as a loss of a place to go each day, and financial security, perhaps even a purpose. Another layer is the loss of connection with co-workers. These are people you've spent 8+ hours a day with most of the week, and now your interaction and communication look very different and may end all together. Seeing the layers of loss can help you pin down which areas you'll need to cope with first.

- Take your time. When someone is grieving the death of a person, we strongly suggest not making any major changes (selling the house, getting a pet) for at least a year. Grieving in times of uncertainty, regardless of the type of loss, should also follow this suggestion. If you're grieving something like a divorce you may want to pack up and move but doing this early in the grief pro-

cess can lead to regret later. Grieving what you thought your future would look like based on financial security can also drive you to want to move or make a major career change. Be patient; learn about your grief and how to cope before making major changes.

- Be kind. Due to the nature of these uncertain times, and the layers of loss, many people are grieving at the same time and tensions may be high. If you're in a place and find someone is being short with you or rude, be kind. Take a moment to think about shared losses you may have with them. A lot of our friends and neighbors are experiencing the same uncertainty and loss as us. Recognize their attitude may be their grief coming to the surface. More than this, be kind to yourself. You're doing your best in a very hard situation; everyone who is grieving is.

Seeing the losses the changes and uncertainty all around us bring gives you a huge advantage.

Recognize these losses, grieve them, and then work to make them part of your story moving forward. Recognizing them as losses also gives you the ability to be a more understanding and supportive community member.

You do not have to agree with people on any issue.

You simply have to realize that, much like you, they're grieving.

If you're looking for support in managing grief, Hospice of St. Lawrence Valley has a community bereavement program. For more information call 315-265-3105.

Kate Favaro is Grief Services Coordinator for Hospice of St. Lawrence Valley.

St. Lawrence County Office for the Aging urgently seeks volunteer meal drivers

CANTON — The St. Lawrence County Office for the Aging is issuing an urgent call for volunteer meal drivers to support staff at its five Nutrition Centers across the county.

Volunteers are particularly needed in Brasher Falls, Canton, Gouverneur, Morristown, and Potsdam.

Home-delivered meal drivers play a crucial role in ensuring homebound seniors receive nutritious lunchtime meals from Mon-

day through Friday.

Volunteers have the flexibility to choose their own schedule, whether they can contribute a few hours a week or just once a month.

To support their efforts, drivers receive a mileage reimbursement of 70 cents per mile for their routes.

Those interested in volunteering can contact the Office for the Aging at 315-386-4730 for more information on how to get involved.

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Common financial scams that target senior citizens

Financial scams are as old as the concept of currency. But consumers' vulnerability to scams has seemingly increased in the twenty-first century, when the Internet and devices like smartphones have enabled scammers to gain access to potential victims' financial information and even gain virtual entry into their homes.

Seniors are targeted by financial scammers with such frequency that the term "elder fraud" has entered the English lexicon and is now widely recognized as a notable threat to individuals age 60 and older. Below are some notable scams that criminals use to target older adults.

• Social Security Administration Impostor Scam: When perpetrating this scam, criminals typically contact prospective victims via telephone and falsely claim that suspicious activity has prompted the suspension of their Social Security number. Scammers may also indicate money must be withdrawn from a potential victim's bank and

stored on gift cards for security's sake. It's important to note caller ID spoofing is often utilized when perpetrating this scam so an incoming call appears to be coming from the Social Security Administration.

• Tech Support Scam: This scam involves criminals claiming to be representatives from widely recognized companies who are calling to inform seniors that viruses or malware have been detected on their devices. Some also may claim a target's computer has been hacked. The Federal Trade Commission notes perpetrators of this scam pretend to be tech support and request victims enable them to remotely access their devices or computer. Granting such access provides an avenue to view sensitive information, but scammers also may diagnose nonexistent problems and charge a fee. But the scam does not always stop there. Some call back later and offer a refund to account for services that can no longer be rendered or to correct an overcharge. The scammers then

request victims' specific banking details under the guise of "correcting" these alleged oversights.

• Lottery Scam: The lottery scam involves scammers calling potential victims and informing them they have won a foreign lottery or sweepstakes. Perpetrators of this scam typically identify themselves as lawyers, customs officials or lottery representatives. The telemarketers behind this scam may be based in Jamaica, but the U.S. Embassy in Jamaica warns that those behind the scam will ask winners to pay various fees, including shipping and customs duties, until victims' funds are exhausted.

• Romance Scam: The FTC warns that wildly popular dating sites, social networking platforms and chat rooms provide opportunities for scammers to identify and exploit potential victims. The aim of these scams, which many victims are too ashamed to report even after they realize they've been victimized, is to convince targets to send money in the name of love.

Benefits of socialization for seniors

Social isolation often goes overlooked, but it's a key contributor to poor mental health.

Experts state that it is increasingly important for adults to maintain an active social life as they age. The following is a look at seven ways socialization benefits seniors.

1. Regular social interactions can help older adults avoid depression, anxiety and feelings of isolation, according to Integracare, a senior living company.

2. Social engagement can help reduce the risk of cognitive decline and dementia because socializing helps to keep the mind sharp through new experiences.

3. Socialization often revolves around an activity that gets seniors up and moving. While being sedentary is alright on occasion, consistently sitting or laying around can lead to high cholesterol, weight gain and high blood pressure.

4. Regular social interaction may compel seniors to embrace healthier eating habits. Social events expose seniors to different types of food, which can help them get the nutrients they need to live healthy.

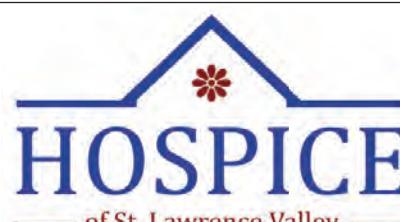
5. Regular socialization can help seniors feel they are needed and have a sense of purpose, which can boost self-esteem. Engaging with others often means contributing to a community, and that can be satisfying.

6. Getting out and interacting

with others can serve as an informal wellness check, potentially alerting family and friends to issues that may need attention.

7. Getting outside and interacting with others can open seniors

up to new hobbies. Whether that is participating in a new sport or joining a club, there are mental and physical advantages to engaging socially.



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Rent is based on income!



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How seniors can overcome lack of motivation to exercise

Exercise has its fair share of devotees and millions of others who recognize its value but still struggle to include workouts in their daily routines. Motivation can be a significant hurdle when it comes to exercise, and recent studies are a testament to that difficulty.

Seniors who aspire to exercise more frequently can consider these strategies if motivation becomes an issue.

- Exercise away from home. During the early days of the COVID-19 pandemic, a phenomenon that has been characterized as "basement burnout" developed. That referred to the lack of enthusiasm to exercise at home when gyms and other fitness facilities were forced to close as a public safety measure. Home workouts can become monotonous since most people do not have enough room at home to house the same array of equipment that's available at their local gym. Seniors can overcome monotonous workouts by purchasing a gym membership at a local facility. Many clubs offer discounted rates to seniors and some even offer senior-specific fitness classes like yoga and Pilates.

- Be flexible with your routine. Mobility issues and other physical limitations may affect seniors. But such issues need not prevent aging men and women from exercising, even if it does mean they won't be able to hit the gym four or five days per week. Mix up your routine so you can still exercise even if physical limitations make traditional workout routines more challenging. Go for nature walks on days when your body needs a break from strength-training, and check the forecast at the start of each week so you can rearrange your routine if Mother Nature makes outdoor exercise impossible on certain days.

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ACROSS

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18				19					20			
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38	39	40							41			44
45									46			47
48									49			50
51									52			53

DOWN

47	Tic-tac-toe loser	8	Thesaurus compiler	31	Western ranges
48	Hindu royal	9	Competent	32	Swiss artist
49	Bern's river	10	Hammer or sickle	Paul	"That'll be — day!"
50	— carte	11	Gives a darn?	33	Drag
51	Journey	12	Nile wader	34	Vegas area
52	Dance move	13	Sweetie	35	Cognizant
53	Tourist's chart	14	"Dilbert" engi- neer	36	Fraction
54		15	Sharif of film	37	MGM rival
55		16	Author	38	Still
56		17	Morrison	39	Soccer's
57		18	Hamm	40	Physical
58		19	Barkeep	41	Pants part
59		20	The Simpsons'	42	Classic Kinks song
60		21	barkkeep	43	Econ. statistic
61		22		44	Bath bar
62		23		45	Plopped down

Answers found elsewhere in this paper.

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- GENERAL KNOWLEDGE: Who was Time Magazine's First Man of the Year in 1927?
- MOVIES: Who was the male lead in the film "Risky Business"?
- LITERATURE: In which novel does the character of Emma Woodhouse appear?
- LANGUAGE: What does the acronym "sonar" stand for?
- TELEVISION: What was the name of the Dukes' car on the show "The Dukes of Hazzard"?
- HISTORY: The first atomic submarine was built in which decade?
- GEOGRAPHY: What modern-day country is in the area known in ancient times as Lusitania?
- MEDICINE: What disease is caused by a deficiency of Vitamin A?
- U.S. PRESIDENTS: Which U.S. president's image appeared on a dollar coin in 1971?
- MATH: What does the symbol "r" stand for in geometry?

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1st shot, wormed, Kennel cough, papered.
FB Creekside Kennel Waddington for pics,
text John 315-323-6068 to reserve a pup.

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**ST. LAWRENCE
UNIVERSITY**

Administrative Assistant I Dining & Conference Services

St. Lawrence University invites applications for an 11-Month, **Administrative Assistant I** position. The salary range is \$17.72 - \$24.49/hr. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/4078> or <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.



City of Ogdensburg Employment Opportunity

Senior Planner

(Planner III) A Leadership Pathway!

The City of Ogdensburg is seeking a highly motivated and experienced Planner III to join our team! This senior-level position is a key part of our succession plan to become the next **Director of Planning and Development**—an incredible opportunity for career advancement and leadership.

Why Join Us?

- **Competitive Salary:** \$75,000–\$85,000 (DOQ)
- **Outstanding Benefits Package**, including:
 - Platinum-level health insurance (significantly covered by the City)
 - Generous vacation and paid time off for work-life balance
 - NYS Retirement System for long-term financial security
 - Additional fringe benefits that set us apart

Who We're Looking For:

We need a visionary planner with a passion for shaping communities! The ideal candidate will have expertise in urban planning, public administration, environmental studies, or a related field, along with hands-on experience in municipal, community, or regional planning.

Minimum Qualifications:

- **Master's Degree** in planning, public administration, or a related field + 1-3 years of relevant experience; OR
- **Bachelor's Degree** in a related field + 4 years of planning experience

How to Apply:

Download the Civil Service application at www.ogdensburg.org or pick one up at City Hall (City Clerk's Office, 330 Ford Street, Ogdensburg, NY 13669).

- **Rolling Application Review** – Applications are accepted on a continuous basis and reviewed weekly until the position is filled.

Make a Difference. Lead the Future. Apply Today!

The City of Ogdensburg is an Equal Opportunity Employer.

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Sudoku

1	4		8		3		6
3	2	5	1	4		7	9
	9				2		
	5	4					
1	9	3			4		
					5		9
4	3		6	1	8		5
5		1			8		4
9			5	2			6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

Answers found elsewhere in this paper.



LISBON CENTRAL SCHOOL DISTRICT CLERK OF THE WORKS

The Lisbon Central School District has an opening for **Clerk of the Works/Project Representative** for a Capital Improvement Project. The District is planning to hire a single Clerk. The \$9,396,000 Capital Project will include the new construction of a transportation maintenance facility and main school building improvements beginning on or about January 2026.

For additional project details please click on this link <https://www.lisboncsd.org/page/capital-improvement-project-vote-december-17-2024>. There will be some instances of planning and preparation prior to this start date that the Clerk would also be responsible for duties.

Applicants must be knowledgeable and experienced in the inspection of general building construction, new construction, roofing work, earth work, mechanical, plumbing and electrical systems. A detailed list of roles and responsibilities of the Clerk(s) can be obtained by contacting the District Office. A competitive salary will be offered to the selected candidate.

Interested applicants should send a letter of interest, resume and letters of reference no later than **March 31, 2025** to:

Mr. Patrick Farrand, Superintendent of Schools
Lisbon Central School District
6866 County Route 10
Lisbon, NY 13658
woodsk@lisbon.k12.ny.us



**ST. LAWRENCE
UNIVERSITY**

Skilled Trades Facilities Department

St. Lawrence University invites applications for a **Skilled Trades** position. The salary is \$18.63 - \$27.09/hr. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/4005> or <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.

Customer Service Representative needed at Canton Animal Clinic, Call center and front desk duties. apply to info@canton-animalclinic.com \$32,240+ with experience. Greenwood dairy is seeking individuals to join our outside crew. Task include operating farm equipment and performing maintenance on equipment and in the barns. Pay from \$18 to \$22 an hour or more depending on experience. Stop by and fill out the application or call 315-386-3048 and leave a message.

Patient Registration Coordinator: Under the direction of the Accounts Receivable Supervisor, the Patient Registration Coordinator in Patient Registration will gather and enter the necessary patient visit information and promote positive public relations with patients at Health Services in a manner consistent with medical, administrative, ethical, legal and regulatory requirements in all areas of the Business Office. Patient Registration assumes responsibility for registration of all patients who present for health services to ensure timely and accurate billing. Status: Non-Exempt, Full Time, Permanent Salary: \$15.63-\$31.68 Deadline: April 2, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Program Accountant: Under the direction of the Senior Accountant/Programs, the Program Accountant is responsible for the analysis, compilation and distribution of financial reporting requirements utilizing MIP Accounting System software and Microsoft Office applications. The Program Accountant assists Division Directors and Program Managers with budgets and operational revenue/expenditure forecasts. In addition, the Program Accountant is to follow the guidelines of the Saint Regis Mohawk Tribe policies and procedures, internal control standards and objectives. Status: Full-Time, Non-Exempt Salary: \$15.63 - \$27.02 Deadline: April 2, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Administrative Assistant Position: Position Summary: This is a part-time 20 hour per week professional position to provide administrative and secretarial services to the pastor. Minimum Qualifications: • High School Diploma, secondary diploma preferred. • Clerical Experience. • Experience with technology such as Microsoft Word and social media. Salaried position: \$18 per hour. Please submit a letter of interest and a resume including references by April 4, 2025 to the address below: Attention: Personnel Committee; First Presbyterian Church; 311 Franklin Street Ogdensburg, NY 13669

The Town of Lisbon is accepting applications for 2025 Seasonal workers: Park/Custodial worker and a Highway Department worker with driver's license. Please contact the Town Clerk at 315-276-5370, 6963 CR 10 Lisbon, NY 13658 for more information. EOE

Millwright wanted in Ogdensburg. The successful candidate will be responsible for the maintenance of plant equipment and property. A good working knowledge of mechanical systems and good trade skills of plumbing, electrical and hydraulics. Must have welding experience. Must be able to perform job duties on multiple decks and some heights of at least 30'. May be required to lift 50 pounds or more. Position will require rotating shifts monthly. Starting wage between \$20.00 and \$32.00 dependent on experience. Competitive benefit package offered. Interested applicants may drop resume off to 110 Denny Street or email kim@hoosiermagnetics.com

Tuscarora Construction Co., Inc. will be bidding the following projects: Skinner Road Culvert over Blind Creek in the town of Sandy Creek on 03/26/2025 as well as the Bridge project on Oxbow Rd over Vrooman Creek on 03/27/2025. Tuscarora Construction Co., Inc. requests bids from MBE/VBE firms for materials and subcontracts. Contact Tuscarora Construction, Inc. PO Box 520, Pulaski, NY 13142 or phone (315)298-5147. Tuscarora Construction Co., Inc. is an Equal Opportunity Employer. Thank you.

Part-time help wanted. Some heavy lifting. Call Ed at Auction Express 315-244-4823

Home Health Aide: Under the supervision of the Home Health Aide Supervisor, the Home Health Aide is responsible for providing various tasks such as personal care, housekeeping, range of motion exercises, medication prompts, meal preparation, and companionship to patients in their homes in accordance with an established care plan. Status: Non-Exempt, Full Time, Permanent Salary: \$16.10 - \$19.26 Deadline: March 26, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Registered Nurse: Under the direction of the Assistant Program Manager, the Registered Nurse is responsible for overseeing the medical and clinical conditions of the individuals. Interacts with and works closely with the individual's physicians and medical specialists, to promote their medical well being. Status: Exempt, Full Time, Permanent Salary: \$56,763.20-\$85,342.40 Deadline: March 26, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov



VACANCY ANNOUNCEMENT

Salmon River Central School District is currently accepting applications for the following positions for the 2024-2025 school year:

• Bus Driver / Laborer

Starting Date: ASAP

Application Deadline: Immediately-Until Filled
Location: Salmon River Central School

Full job descriptions and applications can be found at

www.srk12.org/employment/

Queries directed to/ Submit a completed application to:
Angela Robert-Assistant Superintendent
Salmon River Central School
Fort Covington, NY 12937
518-358-6669

The Salmon River Central School District does not discriminate on the basis of race, color, religion, creed, national origin, political affiliation, gender, age, marital status, sexual orientation, pregnancy, military status, veteran status, genetic pre-disposition or carrier status, ancestry, disability or any other legally protected status in regard to employment opportunities or educational/vocational programs or activities which it operates.



City of Ogdensburg Employment Opportunity

Maintenance Worker

The City of Ogdensburg has an immediate opening for a full-time **City Maintenance Worker** position in the Ogdensburg Public Works Department and is accepting applications.

Starting salary is \$25.00/hour, 40 hours per week. In accordance with the collective bargaining agreement, following completion of the 12-month probationary period, salary is \$28.58/hour.

MINIMUM QUALIFICATIONS: One year of full-time paid experience in general laboring; construction; road building and/or maintenance; or building and grounds maintenance; or any equivalent combination of training and/or experience.

SPECIAL REQUIREMENT FOR THE ACCEPTANCE OF APPLICATION: Eligibility for any appropriate class New York State driver's license and possession of license at time of appointment.

Civil Service applications are available at the Department of Public Works, City Clerk's Office at City Hall or at www.ogdensburg.org.

Completed applications will be accepted at the Department of Public Works, 901 Champlain Street, Ogdensburg, NY 13669 until Friday, March 28, 2025 at 2:00 PM or until the position is filled.

The City of Ogdensburg is an equal opportunity employer.



ST. LAWRENCE UNIVERSITY

Principal Clerk

SLU Bookstore

St. Lawrence University invites applications for a 12-Month, **Principal Clerk** position. The salary range is \$17.72 - \$24.49/hr.

To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/3974> or <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.



ST. LAWRENCE UNIVERSITY

Chief Clerk, Constituent Records

Advancement Operations

St. Lawrence University invites applications for a 12-Month, **Chief Clerk, Constituent Records** position. The salary range is \$18.84 - \$25.94/hr. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/4033> or <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.



ST. LAWRENCE UNIVERSITY

Skilled Trades - HVAC

Facilities Department

St. Lawrence University invites applications for a **Skilled Trades HVAC**. The salary is \$18.63 - \$27.09/hr. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/3624> or <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.



ST. LAWRENCE UNIVERSITY

General Laborer

Facilities Operations Department

St. Lawrence University invites applications for a Full-time **General Laborer**. The salary is \$15.50 - \$20.38/hr. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.



ST. LAWRENCE UNIVERSITY

Food Service Generalist

Dining Services

St. Lawrence University invites applications for a **Food Service Generalist**. The salary is \$15.50 - \$20.90/hr. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/4014> or <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.



ST. LAWRENCE UNIVERSITY

Principal Clerk Bookkeeper

SLU Bookstore

St. Lawrence University invites applications for a 12-Month, **Principal Clerk** position. The salary range is \$17.72 - \$24.49/hr.

To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/3982> or <https://employment.stlawu.edu/> for all positions available.

All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

St. Lawrence University is an Equal Opportunity Employer.



**St. Lawrence County
COMMUNITY DEVELOPMENT PROGRAM, INC.
HEAD START
has the current openings:**

Health/Disabilities Coordinator: Canton Administrative Office. Bachelors in Community Health or an RN. The position is full time, 35 hours per week, 43 weeks/year following the school calendar. The salary is \$21.20 per hour.

Health Professional for Brasher/Norwood and around the county: Experience in the Medical Field. Medical Professional, CNA, etc. Experience with young children preferred. The salary range is \$17.69 to \$18.87 per hour depending on the degree/certification.

Bus Monitor/classroom for Gouverneur: Candidates must have a minimum of a high school diploma or its equivalent. Candidates should enjoy working with preschool-aged children. The salary is \$16.76 per hour.

Bus Monitor for Potsdam Center: Persons must have a minimum of a high school diploma or its equivalent. Person should enjoy working with preschool-aged children. The salary is \$16.76 per hour.

Home Based Visitors in various areas in St. Lawrence County: Must be at least 21 years of age and have a valid and clean NYS Driver's license. CDA credential, Early Childhood Education or plan of study required. Experience with preschool children preferred. Position includes weekly home visits with families. An agency vehicle is provided. The salary range is \$17.69 to \$18.87 per hour depending on the degree.

Family Advocate/Monitor/Aide – Parishville Center: Prefer Associate Degree in Human Services, Family Development Credential, or Social Service Competency Based training. The person will be responsible for parent involvement in the program. Home visits are required with families to assist them in securing services. Individuals must have a valid NYS Driver's License and mode of transportation to complete job requirements. Prefer a candidate with good communication, organizational, computer skills, and enjoy working with pre-school aged children. The salary range is \$16.76 to \$17.69 per hour.

Substitutes in the following positions are needed: Teacher, Assistant Teacher, Classroom Aides, Cooks and Bus Drivers.

Job Descriptions are available on our website at www.slccdp.org

Positions follow the BOCES Calendar.

Send letter of interest, resume and three current, signed and dated written letters of reference including phone number, address, and email address to Head Start, One Commerce Lane, Canton, NY 13617.

Deadline is until the positions are filled. Head Start is an EOE. Call 315-386-8574 ext.: 111, 114 or 119 for further information.

**St. Lawrence County
Community Services Department
is in search of the following positions:**

- **Licensed Mental Health Counselor (LMHC)** - *NO civil service exam required
- **Licensed Master Social Worker (LMSW)** - *NO civil service exam required
- **Supervising Social Worker (LCSW)**
- **Senior Chemical Dependency Counselor**
- **Case Aide** - *NO civil service exam required
- **Peer Advocate**

Applications accepted until position filled. You can apply online at <https://stlaw-portal.mycivilservice.com>.

Applications can also be obtained from St. Lawrence County's website, <https://stlawco.org/Departments/HumanResources>

or by contacting Human Resources

315-379-2210

Send application to:

St. Lawrence County
Human Resources Office

48 Court Street, Canton, NY 13617

AA/EEO



CANTON

STATE UNIVERSITY OF NEW YORK

EMPLOYMENT OPPORTUNITIES

EARLY CHILDHOOD LECTURER

SALARY RANGE: \$50,000-\$65,000

11-Month position

Required Qualifications:

- Master's degree in early childhood, child development, or related field with emphasis on children from infancy to age 5.
- Minimum 3 years' experience in the field of early care and

education working with children from birth to age 5 years.

- Knowledge of Child Care Regulations and Licensing.
- College teaching at the undergraduate level in both online and in person settings.
- Experience designing and developing undergraduate courses relevant to the early childhood discipline.
- Knowledge of Online Learning Management Systems.

LECTURER - ACCOUNTING

SALARY RANGE: \$65,000-\$70,000

REQUIRED QUALIFICATIONS:

- Master's degree in accounting or an MBA with accounting and finance focus from an accredited institution.
- Previous teaching experience in college-level courses (face-to-face, online, and flex (hybrid) modalities

preferred).

- Ability to develop and deliver business courses across online, face-to-face, and flex (hybrid) modalities.
- Strong commitment to academic mentoring and student development.

INSTRUCTIONAL DESIGNER / SL-2

SALARY RANGE: \$45,156 - \$47,000

11-MONTH POSITION

REQUIRED QUALIFICATIONS:

- Bachelor's degree in a relevant field – education, instructional media/technology, curriculum design, or related field.
- Knowledge of learning theories and instructional design models.

- Experience in course design.
- Demonstrated commitment to student success in online and other environments.
- Clear, concise, and friendly communication skills.
- Organizational and time management skills.
- Commitment to service excellence.

BUSINESS DEPARTMENT DIRECTOR / FACULTY

SALARY RANGE: \$95,000 - \$105,000

REQUIRED QUALIFICATIONS:

Advanced degree in Business Administration or a related field (Ph.D. or DBA).

The School of Business and Liberal Arts invites applications for the Director of the Business Department position.

We are seeking an energetic and forward-looking leader with strong academic and professional accomplishments who can serve in this key leadership position to drive the department to new heights. The director will have the opportunity to shape the business department and collaborate with the visionary dean to advance the department and help define the new future for the department.

CLEANER

SUNY Canton is seeking applicants for the position of Cleaner. Cleaners perform a variety of routine manual tasks requiring light, medium and heavy physical effort in cleaning and caring for an assigned area in public buildings and adjacent grounds and sidewalks.

Cleaners work independently or as part of a work team that performs a wide range of specialized and routine cleaning activities such as stripping and polishing floors, window washing, vacuuming, trash and recycling removal, dusting and cleaning walls, office space, kitchens and common areas, hospitals and clean rooms, laborato-

ries, residential facilities, and restrooms. This position is non-supervisory.

MINIMUM QUALIFICATIONS: Applicant must be physically able to perform medium to heavy physical labor, and able to understand and carry out written or oral instructions. Prior to final offer of employment, the selected candidate will be required to submit to a background check including, but not limited to, employment verification, educational and other credential verification, and criminal background check.

Prior to final offer of employment, the selected candidate will be required to submit to a background check including, but not limited to, employment verification, educational and other credential verification, and criminal background check.

Application Deadline: open until filled; application review begins immediately. For more information or to apply for the above positions, please visit:

<https://employment.canton.edu/>



OCCUPATIONAL, PHYSICAL AND SPEECH THERAPY, PLLC

NORTH COAST

Occupational, Physical and Speech Therapy PLLC is seeking part-time/full-time

Occupational Therapists, Physical Therapists, Special Education Teacher and Speech Therapists to provide services to children in St. Lawrence County in home and school settings. We offer competitive rates and benefits. Interested applicants can email their resume to office@northcoasttherapypllc.com.

ADMINISTRATIVE ASSISTANT/BOOKKEEPER

Potsdam Volunteer Rescue Squad (PVRS) is seeking a dynamic, highly dependable individual with strong financial and written/verbal communication skills to fulfill a full-time administrative assistant/bookkeeper position. This individual will be responsible for overseeing billing, financial reporting, and accounts payable. In addition, they will help ensure that agency certifications are kept current, serve as an agency point of contact for business purposes, and perform general office duties. Knowledge of QuickBooks® and familiarity with Emergency Medical Services preferred, but not required. Minimum Qualifications: Associates Degree in Accounting/Business Administration and at least two years of experience in the field.

Salary range: \$40,000 – \$50,000, which dependent upon experience Qualified candidates should submit a cover letter, resume, and at least three professional references to admin@pvrs.org or mail to Potsdam Volunteer Rescue Squad, PO Box 700, Potsdam, NY 13676 Application deadline: March 31,

ALL EMPLOYMENT ADVERTISING in this newspaper is subject to section 296 of the human rights law, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, US Code, Chap. 630 excludes the federal government from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

2025

Primary Care medical office seeking a full-time temporary receptionist. Medical office experience preferred. Please email your resume to drguptamassena@gmail.com

Hospice Social Worker. Hospice has an immediate opening for a full time Social Worker to provide support in the home to patients and families at end of life. Responsibilities: assisting with access to community resources, caregiver support, End of Life counseling, and developing and updating individualized care plans. The successful candidate will demonstrate flexibility, knowledge of community resources, the ability to work with a team, strong time management skills and health care experience. Candidates must possess either a Bachelor or Master's degree in Social Work (LMSW) with a NYS licensure. Driver's license and vehicle required. Salary Range \$24-\$28/hr plus competitive benefits. Send resume to Mary Jones at mjones@hospiceslv.org.

R&R Automotive is looking to hire a full time experienced Mechanic. Pay based on experience, must have own tools, and transportation. Hours are Monday thru Friday 8-5. Paid Holidays and vacation, plus 401k contribution. Apply within, 1145 SH 345, Potsdam, or call 315-322-5815.

We are looking for a part-time employee for our stone quarry. Job Description: Operating computerized scale program, logging inventory, filing invoices, answering phone calls and relaying information to customers, taking material orders, and some light duty housekeeping. Other duties may be required as requested by management. Job Requirements: Valid NYS driver's license, ability to work flexible hours, computer & typing skills, experience with Excel & Word, ability to work with customers, contractors and other employees in a sometimes fast paced environment. Pay will be based on experience. For more information or to apply, please send resume to: catamount134@hotmail.com

FAST-PACED DENTAL OFFICE IS SEEKING a temporary position, now through mid-June, an energetic and motivated FRONT OFFICE COORDINATOR to join our team. This position requires an assertive, yet warm and friendly person to assist us in creating and caring for our patients. Coordinator must be detail-oriented and accurate in record keeping and updating patient insurance information. We are a busy office that is expanding and growing rapidly. Hours are 7:30am-4:30pm, Monday-Thursday. Responsibilities: • Provide excellent customer service to all patients and visitors • Coordinating patient check in/ check out • Scheduling appointments and identifying/addressing schedule needs • Conducting insurance verification • Providing any additional assistance or support in daily operations • Handle multi-lined phones • Process basic accounting needs. Requirements: • A minimum of one year experience in a fast-paced dental office • Ability to multi-task • Impeccable attendance and punctuality • Ability to be self-directed and motivated, while being a team player • Excellent phone and computer skills • Experience with dental software (Patterson EagleSoft) preferred. Mail or drop off resumé to Adirondack Dental, 145 1/2 Market Street, Suite A, Potsdam, NY 13676.

The Town of Morristown is accepting applications for a Part-time Employee to work May through September, Wednesday – Saturday, 24 hours per week. The job duties include maintaining the Bay Side Park and assisting with tasks throughout the hamlet. Applicants must be self-motivated and able to work independently. A driver's license is preferred but not required. The rate of pay being offered is \$20.00 per hour. Additional information can be obtained at the Town Clerk's office at 604 Main Street, Morristown, NY 13664 or by calling 315-375-6510. All applications must be submitted to the Town Clerk's office by 4:00 pm on Wednesday, March 31, 2025. Applications can be found on the Town's website: www.townofmorristownny.org.

IMMEDIATE OPENING: Bronson Service Corp is looking for a highly motivated heating service technician with great oil burner skills as well as well-rounded, overall heating knowledge (Plumbing skills a plus). Wages and commission from \$47,500 to \$69,500 for the right technician. Stop by at 7585 US Highway 11, Potsdam for an application or email pbronson@nnymail.com. EOE

CANTON RECREATION DEPARTMENT MULTIPLE PT SUMMER POSITIONS - Village of Canton, New York • The Village of Canton is currently recruiting for multiple seasonal summer positions within the Recreation Department. Positions include laborers, lifeguards, lead lifeguard(s), learn-to-swim instructors, recreation attendants, and recreation leader. Positions are eligible for NYS Retirement. For full consideration, please apply by March 14, 2025 at 4p.m. For a complete job descriptions go to https://cantonny.gov/services/parks_recreation/hiring.php. EOE

The Director of Procurement is responsible for all phases of the University's procurement process for goods and services with annual outlays of approximately \$10 million. The Director provides leadership and strategic planning to meet the needs of Potsdam for strategic sourcing, category management, purchasing operations, card solutions, and accounts payable, ensuring



Construction Management: Field Superintendent (FS)

Watchdog Building Partners is seeking a highly qualified individual(s) to act as Owners Representative. This individual will be responsible for managing various prime contracts associated with public work projects in the Potsdam, New York area. The FS will oversee and manage the day-to-day coordination and operations of the project site. The FS will work closely with all Prime Contractors and assigned Project Manager to ensure a safe and quality project that is completed on time and within budget. Maintaining a work environment that values planning, collaboration, communication and being solution oriented is essential.

SKILLS AND EXPERIENCE

- Minimum of 10 years of experience in a construction environment. Experience in HVAC preferred, but not required
- Possess at least 5 year's supervisory experience
- Proven ability to read and fully understand construction drawings
- Strong working knowledge of contracts, subcontracts, purchase orders and other agreements to ensure that the scope, terms and conditions are consistently and proactively being met
- Must be able to develop entire job schedules, 90 day schedules and 2 week schedules
- Familiar with Wicks Law and Public Work Projects in NY State

SALARY AND BENEFITS

- Salary range \$75k-\$105k (based on experience)
- Offer health and dental insurance
- Paid time off
- Mileage reimbursement
- 401k option

Qualified and interested applicants, please send an email to jclingerman@watchdogbp.com or call (585) 760-7855 to speak with Jeramy Clingerman.



LUPINI CONSTRUCTION LLC

NOW HIRING MASONS!

UP TO \$87.65/HOUR

INCLUDES HEALTH, RETIREMENT, BENEFITS.

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CONTACT JENN- 315-736-8397
jwilliams@lupiniconstruction.com

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FULL-TIME SERVICE TECHNICIAN & DETAILER NEEDED

Benefits Include:

- Medical, dental, life insurance and 401k
- Uniforms provided
- Paid holidays, vacation, and sick days
- Discounts in sales and service/parts

Candidates can visit in person to speak with Paul Dalton or contact him at Paul.Dalton@billrappodg.com or (315) 393-6000.

Starting pay depends on experience and qualifications.



Together let's drive™



Assistant/Associate Director Campus Programming & Engagement

The Assistant/Associate Director is a key member of the Student Activities team and supports efforts in positioning student activities as a hub for campus engagement, student connection, and co-curricular learning. This position provides leadership and vision within the functional areas of major campus programming and alternative programming. Leads efforts to establish a programming calendar that facilitates student belonging and engagement with particular attention to evening, weekend, and alternative programming. In addition, this position oversees the training and supervision of Orientation Leaders, organizes the annual Student Activities club fair, and advises clubs and organizations that aim to provide healthy alternative programming to campus.

To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/4077>.

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University at Buffalo

EXPLORE MANUFACTURING CAREERS OPPORTUNITIES

SELF-PACED ONLINE COURSE

TOPICS INCLUDE:

- Introduction to Energy
- Wind Energy
- Offshore Wind (OSW) Industry
- OSW Careers
- Manufacturing Opportunities & Equipment
- OSW Manufacturing Career Exploration Activity

COURSE BENEFITS:

- Grow Your Knowledge in Renewable Energies
- Gain Advice from OSW Experts
- Free Access to Training and Educational Resources
- Map Your Ideal Career in the Industry
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SCAN THE QR CODE TO COMPLETE A SHORT INTAKE SURVEY FOR FREE ENROLLMENT!



QUESTIONS?
 Contact our Project Manager:
fariidaho@buffalo.edu



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TOPICS INCLUDE:

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- Solar Energy
- Wind Energy
- Nanotechnology
- Career Pathways

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- Self-Paced Learning
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- Stand Out Among Other Applicants
- Access From Any Device
- Master Language & Terminology for Interviews

Questions?
 Contact our Project Manager:
fariidaho@buffalo.edu

University at Buffalo



VACANCY ANNOUNCEMENT

Franklin-Essex-Hamilton BOCES (EO/AE) is currently accepting applications for the following positions:

PRINCIPAL

Location: Franklin-Essex-Hamilton BOCES- Malone, NY

Salary: 85,000-\$100,000

STARTING: ASAP

DEADLINE TO APPLY: 4/11/2025

Applications can be found at:

www.fehb.org/careers

Queries should be directed to:

Candace Poitras- Administrative Assistant

Franklin-Essex-Hamilton BOCES

P.O. Box 28, Malone, NY 12953

(518) 483-6420 • Email: cpoitras@fehb.org

EOE

Always Growing

Across the North Country, United Helpers has earned a reputation 125 years in the making. A reputation for caring for those in need with reassuring expertise and warmth.

Growing, supporting, teaching, learning. Making a difference. Always.

Accounts Payable Clerk

We are seeking an Accounts Payable Clerk to work at our RiverLedge campus in Ogdensburg.

This person will work closely with the director of finance, and other staff on payroll, as well as accounts payable and receivable.

Applicants should have a knowledge of accounting, data, and administrative management practices, as well as knowledge of clerical practices and procedures, business management principles and computer skills with knowledge of a variety of software packages.

Responsibilities include tasks related to accounts payable and purchasing from a variety of facilities. Other duties may also include processing and auditing of accounts payable, verifying the accuracy of requisitions, purchase orders, invoices, billing statements, and department coding.

Applicants should have the ability to create, edit and manage spreadsheets in Excel.

An Associate's Degree in business or a high school diploma with three years of applicable service is required.

Benefits include paid time off, health insurance, with vision and dental plans available, 401-K, life insurance, an employee assistance program, FREE telehealth appointments and more!

Salary for this position begins at \$18.85 to \$20.74 per hour, based on qualifications and experience.



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www.unitedhelpers.org/employment

or call/text (315) 276-6413 to learn more.

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WWW.UNITEDHELPERS.ORG



Student Success Initiative Advisors

SUNY Potsdam is seeking professional academic advisors to serve students as part of the campus' new STUDENT SUCCESS INITIATIVE.

Advisors will work with first and second-year students in the School of Arts & Sciences, Crane School of Music, and School of Education & Professional Studies and provide initial advising for all transfer students. It is anticipated that there will be multiple appointments made from this search.

For more information and to view the required and preferred qualifications, please visit:

<https://employment.potsdam.edu/postings/5318>



Join our Team!



St. Lawrence
Psychiatric Center



Employment Opportunities

- Adult Psychiatrist 1 or 2 (Ogdensburg)
- Associate Director of Human Resources
- Children's Licensed Master Social Worker or Licensed Mental Health Counselor (Ogdensburg)
- Children's Psychiatrist 1 or 2 (Gouverneur, Massena)
 - Dental Assistant
 - Dental Hygienist
 - Dentist 1 or 2
 - Housekeeper
 - Licensed Practical Nurse
- Outpatient Licensed Clinical Social Worker (Ogdensburg, Massena)
- Mental Health Therapy Aide (Adult, Children)
- Nurse Practitioner, Psychiatry (Ogdensburg, Massena)
 - Office Assistant 2 (Keyboard, Ogdensburg)
- Office Assistant 2 (Keyboard, Ogdensburg Outpatient)
 - Outpatient Licensed Master Social Worker or Licensed Mental Health Counselor (Massena)
 - Principal Psychologist
 - Registered Nurse 1 (Adult, Children)
 - Registered Nurse 3, (Nurse Educator) Evenings
 - Treatment Team Leader (Massena)
 - Social Work Assistant 2 (Massena)
 - Social Work Supervisor 1 (Massena)
- Social Worker (Children's Inpatient, Massena Outpatient)

Comprehensive Health Coverage Free Dental & Vision NYS Pension & Retirement Programs Generous Paid Time Off

For more information, please visit:

<https://omh.ny.gov/omhweb/facilities/slpc>

or contact Human Resources at:

315.541.2179 or slpc.humanresources@omh.ny.gov



LEGAL PROCESSING REPRESENTATIVE

Community Financial System, Inc is searching for a Full-Time, 40 Hour Legal Processing Representative for the Deposit Operations department, located in Canton, NY!

The legal Processing Representative is responsible for review of legal restraints information, subpoenas, Grand Jury subpoenas, Summons, and multi state and IRS levies; processing the documents required by law to restrict/or not restrict customer's accounts; providing documents and answers to attorneys and courts as requested.

Education, Training and Requirements:

A High School diploma or equivalent required. An Associate's Degree in Business or Legal Studies preferred.

Skills:

Proficient reading, writing, grammar, and mathematical skills. Strong computer skills with proficiency in Microsoft Word and Excel required. Must be able to carry out written and oral instructions. Must be detail oriented and have excellent communication, customer service, organization and data entry skills. Must be able to prioritize and work effectively under time constraints.

Experience:

At least one year of office related experience in a legal position required. One year of banking experience preferred.

To ensure our people can enjoy long and successful careers here at CFSI, we offer competitive compensation, that is commensurate with experience, great benefits, and professional development and advancement opportunities.

To apply to this position or to see a full listing of current openings please go to: <https://careers.cbna.com/communitybankna>

The Company is an Affirmative Action, Equal Opportunity Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex (including pregnancy, sexual orientation and gender identity), national origin, citizenship status, age, disability, genetic information, veteran status, or any other characteristic protected by applicable federal, state or local law.

compliance with all SUNY, New York State and SUNY Research Foundation policies, procedures, and regulations. In this role, the Director leads institutional efforts to introduce new procurement, operational and customer service strategies, techniques, technologies, and workflows to the procurement and accounts payable process in order to minimize costs and improve services to the University community. The Director also leads or participates in the final negotiation of University contracts for goods and services, resolves bid and contract disputes in consultation with other University departments and with SUNY and/or government entities as appropriate, and maintains compliance required under applicable laws, regulations, and University policy. For full details, including required and preferred qualifications, and to apply please visit <https://employment.potsdam.edu/postings/5315>

JobsRUs.com, formerly Penski Staffing, is a service-oriented staffing/recruiting company dedicated to working closely with our clients. We are currently hiring for Production Workers, Facility Cleaners, Food Service Workers, and various other positions with salaries ranging from \$15.50/hr to \$20.00/hr. We also have several other positions available at this time. For more information, please apply at www.jobsrus.com or Contact our office at (315)265-8860.

Customer Service Representative needed at Canton Animal Clinic. Call center and front desk duties. apply to info@cantonanimal-clinic.com \$32,240+ with experience.

Greenwood dairy is seeking individuals to join our outside crew. Task include operating farm equipment and performing maintenance on equipment and in the barns. Pay from \$18 to \$22 an hour or more depending on experience. Stop by and fill out the application or call 315-386-3048 and leave a message.

Patient Registration Coordinator: Under the direction of the Accounts Receivable Supervisor, the Patient Registration Coordinator in Patient Registration will gather and enter the necessary patient visit information and promote positive public relations with patients at Health Services in a manner consistent with medical, administrative, ethical, legal and regulatory requirements in all areas of the Business Office. Patient Registration assumes responsibility for registration of all patients who present for health services to ensure timely and accurate billing. Status: Non-Exempt, Full Time, Permanent Salary: \$15.63 - \$31.68 Deadline: April 2, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Program Accountant: Under the direction of the Senior Accountant/Programs, the Program Accountant is responsible for the analysis, compilation and distribution of financial reporting requirements utilizing MIP Accounting System software and Microsoft Office applications. The Program Accountant assists Division Directors and Program Managers with budgets and operational revenue/expenditure forecasts. In addition, the Program Accountant is to follow the guidelines of the Saint Regis Mohawk Tribe policies and procedures, internal control standards and objectives. Status: Full-Time, Non-Exempt Salary: \$15.63 - \$27.02 Deadline: April 2, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Administrative Assistant Position: Position Summary: This is a part-time 20 hour per week professional position to provide administrative and secretarial services to the pastor. Minimum Qualifications: • High School Diploma, secondary diploma preferred. • Clerical Experience. • Experience with technology such as Microsoft Word and social media. Salaried position: \$18 per hour. Please submit a letter of interest and a resume including references by April 4, 2025 to the address below: Attention: Personnel Committee; First Presbyterian Church; 311 Franklin Street Ogdensburg, NY 13669

The Town of Lisbon is accepting applications for 2025 Seasonal workers: Park/Custodial worker and a Highway Custodial worker with driver's license. Please contact the Town Clerk at 315-276-5370, 6963 CR 10 Lisbon, NY 13658 for more information. EOE

Millwright wanted in Ogdensburg. The successful candidate will be responsible for the maintenance of plant equipment and property. A good working knowledge of mechanical systems and good trade skills of plumbing, electrical and hydraulics. Must have welding experience. Must be able to perform job duties on multiple decks and some heights of at least 30'. May be required to lift 50 pounds or more. Position will require rotating shifts monthly. Starting wage between \$20.00 and \$32.00 dependent on experience. Competitive benefit package offered. Interested applicants may drop resume off to 110 Denny Street or email kim@hoosiermagnetics.com

Tuscarora Construction Co., Inc. will be bidding the following projects: Skinner Road Culvert over Blind Creek in the town of Sandy Creek on 03/26/2025 as well as the Bridge project on Oxbow Rd over Vrooman Creek on 03/27/2025. Tuscarora Construction Co., Inc. requests bids from MBE/WBE firms for materials and subcontracts. Contact Tuscarora Construction, Inc. PO Box 520, Pulaski, NY 13142 or phone (315)298-5147. Tuscarora

Construction Co., Inc. is an Equal Opportunity Employer. Thank you.

Part-time help wanted. Some heavy lifting. Call Ed at Auction Express 315-244-4823

Home Health Aide: Under the supervision of the Home Health Aide Supervisor, the Home Health Aide is responsible for providing various tasks such as personal care, housekeeping, range of motion exercises, medication prompts, meal preparation, and companionship to patients in their homes in accordance with an established care plan. Status: Non-Exempt, Full Time, Permanent Salary: \$16.10 - \$19.26 Deadline: March 26, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Registered Nurse: Under the direction of the Assistant Program Manager, the Registered Nurse is responsible for overseeing the medical and clinical conditions of the individuals. Interacts with and works closely with the individual's physicians and medical specialists, to promote their medical well being. Status: Exempt, Full Time, Permanent Salary: \$56,763.20-\$85,342.40 Deadline: March 26, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Program Accountant: Under the direction of the Senior Accountant/Programs, the Program Accountant is responsible for the analysis, compilation and distribution of financial reporting requirements utilizing MIP Accounting System software and Microsoft Office applications. The Program Accountant assists Division Directors and Program Managers with budgets and operational revenue/expenditure forecasts. In addition, the Program Accountant is to follow the guidelines of the Saint Regis Mohawk Tribe policies and procedures, internal control standards and objectives. Status: Full-Time, Non-Exempt Salary: \$15.63 - \$27.02 Deadline: April 2, 2025. Complete announcement and application instructions are available online at: www.srmt-nsn.gov

Administrative Assistant Position: Position Summary: This is a part-time 20 hour per week professional position to provide administrative and secretarial services to the pastor. Minimum Qualifications: • High School Diploma, secondary diploma preferred. • Clerical Experience. • Experience with technology such as Microsoft Word and social media. Salaried position: \$18 per hour. Please submit a letter of interest and a resume including references by April 4, 2025 to the address below: Attention: Personnel Committee; First Presbyterian Church; 311 Franklin Street Ogdensburg, NY 13669

The Town of Lisbon is accepting applications for 2025 Seasonal workers: Park/Custodial worker and a Highway Department worker with driver's license. Please contact the Town Clerk at 315-276-5370, 6963 CR 10 Lisbon, NY 13658 for more information. EOE

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Seaway Valley Plumbing and Heating+LLC. Wide variety of residential services offered. Give us a call at 315-212-3578 or 315-323-8909

MISCELLANEOUS

Do you need a Roof or Energy Efficient Windows & Help paying for it? YOU MAY QUALIFY THROUGH NEW RELIEF PROGRAMS (800) 944-9393 or visit NYProgramFunding.org to qualify. Approved applications will have the work completed by a repair crew provided by: HOMEOWNER FUNDING. Not affiliated with State or Gov Programs.

Do you know what's in your water? Leaf Home Water Solutions offers FREE water testing and whole home water treatment systems that can be installed in as little one day. 15% off your entire purchase. Plus 10% senior & military discounts. Restrictions apply. Schedule your FREE test today. Call 1-866-247-5728

AGING ROOF? NEW HOMEOWNER? STORM DAMAGE? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. Call 1-888-920-9937

ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 1-855-399-2719

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Excellent Benefits!

Health Plan: Single(30.90); Dual(101.97); Family (147.29)

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Office of Mental Health
St. Lawrence Psychiatric Center

Join Our Team
at our
Massena
Wellness Center



Licensed Clinical Social Worker (Adult or Children's Services),
Salary \$84,156 - \$106,545 - Job Requirements: Possession of a license and current registration as a Licensed Clinical Social Worker in New York State.

Licensed Master Social Worker,
Salary \$72,032 - \$91,381 - Job Requirements: Possession of a license and current registration as a Licensed Master Social Worker in New York State.

Social Worker,
Salary \$65,001 - \$82,656 - Job Requirements: Possession of a limited permit to practice social work in New York State.

Social Work Assistant 2,
Salary \$61,516 - \$78,307 - Job Requirements: Bachelor's degree in human services field and two years experience in social work experience.

All positions include:

- Comprehensive NYS medical, dental, and vision plans
- NYS pension and retirement programs
- Generous paid time off

**HOW TO
APPLY** | sipc.humanresources@omh.ny.gov or
fax 315-541-2034, or call 315-541-2189



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Contact us at:

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69 Truck Road
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\$25/hr.**

Family Owned and Operated since 1970.
We have years of trucking experience to provide our employees with the tools to make your job easier and rewarding.

Always Growing

Across the North Country, United Helpers has earned a reputation 125 years in the making. A reputation for caring for those in need with reassuring expertise and warmth.

Growing, supporting, teaching, learning. Making a difference. Always.

Behavioral Health Clinics Director

The Clinic Director reports to the Director of Behavioral Health Programs and is responsible for managing and overseeing all clinical, administrative, and operational aspects of the United Helpers Behavioral Health Clinics. This position ensures regulatory compliance, supervises clinical staff, maintains high-quality service delivery, and promotes strong community partnerships. This is a hybrid position with both in-person and remote work opportunities and requires flexibility in scheduling based on program needs.

Benefits include paid time off, health insurance, with vision and dental plans available, 401-K, life insurance, a FREE telehealth program, an employee assistance program, and more!

The starting salary for this position ranges from \$67,000 to \$75,000, based on experience and qualifications.

Qualifications:

Master's Degree in Social Work (LCSW required) OR a Master's in Social Sciences/Human Services with 5+ years of experience in mental health counseling.

Minimum of 2 years of supervisory or administrative experience in a clinical setting.

Strong knowledge of state and federal regulations (OMH, DSS, CPS, etc.) governing mental health services.

Key Responsibilities:

Clinical Oversight – Supervises and supports clinicians, ensures treatment plan compliance, facilitates case conferences, and monitors service delivery.

Administrative Leadership – Manages clinic operations, referrals, and regulatory compliance, and ensures adherence to documentation standards.

Staff Management – Oversees hiring, training, performance evaluations, and professional development for clinical staff.

Client Care & Compliance – Maintains a therapy caseload, models best practices, and ensures adherence to person-centered treatment planning.

Community & Agency Collaboration – Develops positive relationships with external agencies, responds to crisis situations, and participates in leadership team initiatives.

Quality Assurance & Safety – Ensures audits, compliance inspections, and agency goals are met while upholding best practices and safety standards.

Apply on-line:

www.unitedhelpers.org/employment
or call/text (315) 276-6413 to learn more.



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REHABILITATION & SENIOR CARE • INDEPENDENT SENIOR LIVING • BEHAVIOR HEALTH & LIFE SKILLS
WWW.UNITEDHELPERS.ORG



Assistant Director Fraternity & Sorority Life & Volunteer Services

The **Assistant Director** supports efforts in positioning student activities as a hub for campus engagement, student connection, and co-curricular learning. This position provides leadership and vision within the functional areas of Fraternity and Sorority. Salary range \$60,405.80 - \$64,000. The anticipated start date for this position is June 1, 2025. This position has the option to be a live-in position with occasional on-call responsibilities in exchange for a furnished on-campus apartment and campus meal plan.

To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/4076>.

St. Lawrence University is an Equal Opportunity Employer.



LABOR RELATIONS SPECIALIST Canton, New York

CSEA, one of New York State's largest public employee unions, is seeking resumes for a **LABOR RELATIONS SPECIALIST** for our Canton office.

The position requires extensive knowledge of labor relations, ability to negotiate/administer collective bargaining agreements, resolve employer/employee conflicts, represent members in employment matters, prepare cases for arbitration.

Responsibilities include working with union activists to engage members at their worksites and in their communities.

A successful candidate should be self-directed, maintain schedule and workload, and be able to operate within a team. Operate independently and schedule workload.

SALARY: \$73,409 with excellent benefits including health, vision, and dental coverage; generous paid time off, defined pension and transportation stipend.

QUALIFICATIONS: High School/Equivalency with 3 years full time related experience OR BA in labor relations or a related field or acceptable combination of work experience and education. Drivers license/car for business use.

TO APPLY: cseany.org/jobs

email to cseajobs@cseainc.org or send resume to
**Director of Human Resources, PO Box 7125,
Capitol Station, Albany, NY 12224.**

Please note LRS-C-ny on all correspondence. Equal Opportunity Employer



Northern Lights Home Health Care seeks qualified individuals who want to make a difference in home care. We are dedicated to supporting professionals to do what they do best in a home-based environment.

RN Case Manager - Updated Wage Scale

- Mileage Reimbursement!
- Manageable Caseloads!
- Flexible Schedules!
- Case Management Support!
- Looking for more? On call shifts are available!
- Need a day off? We find your coverage!
- Not feeling well? Utilize our Telemedicine benefit at ZERO cost to you!

We are seeking full-time RNs in St. Lawrence County. If you are seeking a rewarding career that gives you the flexibility to balance work and life, then contact us to discuss opportunities within Northern Lights Home Health Care.

Salary for these positions starts at \$72,000 to \$74,000, based on experience.

To apply, visit mynorthernlights.org.

Northern Lights Organization is a Non-Discriminatory and Equal Opportunity Employer.



Canton Central School is accepting applications for the following 2025-26 anticipated position:

• Art Teacher

Applications are due by 4 pm Monday, April 7, 2025.
NYS Certification is required.

Applications can be found at

www.ccsdk12.org/employment

Please include a cover letter, resume, transcripts, copies of certifications/licensures, and three letters of reference with your application.

Canton Central School District is an Equal Opportunity Employer.

St. Lawrence County's

#1 Site for News!

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Valet Attendant
Lead Housekeeper
Housekeeper
Security Officer
and more!

\$250

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PROBATIONARY
PERIOD

APPLY TODAY!
mohawkcasino.com/careers



**Development Authority
OF THE NORTH COUNTRY**

Supervisor of Outside Plant Engineering & Construction

Successful candidate must reside within Northern New York and be able to perform frequent day travel within the Authority's service area. (Hybrid Role)

Salary range: \$90,127 – \$130,684

About: The Development Authority of the North Country (Authority) is looking to grow our team with people who are ready to serve the common interests of Jefferson, Lewis and St. Lawrence Counties by providing technical services and infrastructure, which will enhance economic opportunities in the region and promote the health and well-being of its communities and Fort Drum.

Job Summary: The Supervisor of Outside Plant (OSP) Engineering & Construction (E&C) performs a variety of fully skilled tasks and duties associated with the management and operation of the Authority's Open Access Telecommunications Network (OATN). The Supervisor of OSP E&C's primary responsibility is for overseeing network facilities and outside plant functions including central office maintenance, OSP engineering, construction, facility assignment and contract administration. The Supervisor of OSP E&C directs the daily activities of OSP engineering, construction, maintenance and contractors to achieve the short and long-term telecommunications requirements. The Supervisor of OSP E&C is responsible for establishing process and quality control to ensure that provided telecom services meet or exceed the Authority's defined service level agreements and partners with Network Engineering and Service Delivery to maintain continuity across the network.

Benefits: The Authority provides a robust compensation package that includes: NYS Pension or NYS Voluntary Defined Contribution (VDC) Plan, NYS Deferred Compensation Plan, medical, dental, and vision insurance, Paid Time Off consisting of 12 holidays, 15 days of vacation, 2 personal days, tuition reimbursement, and opportunities for professional development.

To be considered for this position, please apply through the Authority's website at:

www.danc.org/employment

The Development Authority of the North Country
is an Equal Opportunity Employer.

Northern Lights
Home Health Care

Northern Lights Home Health Care seeks qualified individuals who want to make a difference in home care. We are dedicated to supporting professionals to do what they do best in a home-based environment.

Director of Patient Services

We're seeking a Director of Patient Services with Medicare experience to guide, lead and direct a fast growing, result oriented Certified Home Health Agency. The Director of Patient Services will work with the team on coordination of services, the development and management of policies and procedures for home health clinical personnel, quality assurance program, and for providing professional input to related administrative systems.

Qualifications:

Currently licensed as a registered professional nurse in New York State, AND such individual shall meet the following:
(i) bachelor's degree in nursing or a health or human services field and two years' experience in home care, OR
(ii) four years' experience in home care and six credit hours, or the equivalent, of education/training in public health and principles of management.

The starting salary for this position ranges from \$93,000 to \$95,000, based on experience and qualifications.

Northern Lights Home Health Care is owned and operated by Canton-Potsdam Hospital, Claxton-Hepburn Medical Center and United Helpers Management Company, Inc.

To apply, visit mynorthernlights.org.

Northern Lights Organization is a Non-Discriminatory and Equal Opportunity Employer.

NORTH COUNTRY SCHOOLS

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NORTH COUNTRY THIS WEEK | MASSENA-OGDENSBURG, NY | MARCH 22-28, 2025



Heuvelton Central School | Courtesy

Heuvelton students strumming up fun

Heuvelton Central fourth grade students enjoyed a recent field trip to Crane School of Music at SUNY Potsdam for the instrument petting zoo. Students tried out new instruments and learned techniques from professionals. Above, Jayce Phillips, Oscar Leonard, Wyatt Armstrong, Ryker Neuhaus, play some guitar together.

OFA student honored by Chamber

OGDENSBURG – Mason Hess, a junior at Ogdensburg Free Academy was selected as the Ogdensburg Community office of the St. Lawrence County Chamber of Commerce Student of the Month for January.

Mason was nominated by Steve Smithers, Video Production teacher at OFA.

"Mason is extremely polite, always on task, and takes on a leadership role within his class and groups. He puts great time, effort and creativity into all his projects," said Smithers.

Mason received a Certificate of Achievement from OFA and a

Heuvelton seniors assist with ESPN broadcasts

HEUVELTON – Two seniors from Heuvelton Central School are gaining valuable hands-on experience in broadcast media by working behind the scenes at St. Lawrence University men's and women's hockey games.

Willem Gleeson and Shane Mudge had the unique opportunity to join Connor Mudge, a 2023 Heuvelton graduate currently attending St. Lawrence University, working in the Appleton Arena broadcast room. After struggling to fill positions internally, Connor reached out to the students, inviting them to fill key roles contributing to high-quality game coverage.

"Shane and Willem have taken on important roles within our broadcast team. They have been a vital addition throughout the season, especially during university breaks when some of our SLU student employees, who aren't local, leave for a time," Mudge said.

Throughout the 2024-25 season, Shane and Willem have taken on various responsibilities including operating replays, managing in-arena graphics, running broadcast advertisements, and coordinating with referees and ESPN broadcast officials.

"It is no surprise that worker shortages exist beyond the field of education. I'm glad that Shane and Willem are interested and able to get paid for their efforts while gaining work experience in broadcast media. Beyond the broadcast work, they can apply and refine their skills related to teamwork, problem solving and professionalism," said Heuvelton superintendent Jesse Coburn.

"The ESPN broadcasts are high-quality collegiate productions. I'm glad that Connor is able to continue learning and apply his talents, and I'm grateful that he is able to share the experience with others."

St. Lawrence University men's and women's hockey games are broadcast on ESPN, providing a significant platform for the students to gain exposure to the professional world of sports broadcasting. To learn more or view their work, visit [ESPN.com/Women's Hockey](https://ESPN.com/Women's_Hockey):

<https://www.espn.com/espnplus/collections/44028/ncaa-women-s-hockey-live-upcoming>

Men's Hockey:

<https://www.espn.com/watch/catalog/383aeb8b-cbb8-379f-9ef4-8a5c69f60702/ncaa-men-s-hockey-key>



Ogdensburg Free Academy | Submitted

OFA cheerleaders score big for charity

Ogdensburg Free Academy cheerleaders recently held the annual 'Cheer For A Cure' cheerleading competition. Funds are raised from t-shirt sales, concession stand as well as donations. The OFA team raised \$1,000 for the Richard E. Winter Cancer Center. From left: Back row: Abigail Conger, Delia Payne, Aiyah Montoya, Gina Puello, and Katie Jenks. Middle row: Teeghen Erickson, Destiny Brown, Addison Reed, Kaydence Ashley, Ann Sovie, Maddy Fennessy, Jessica Morley (with check), Brooke Barr (with check), Gabi Ott, Chloe Harper, Gaby Paradis, Mya Wells. Front row: Aliyah Kendall, Savannah Cardinal, Kassidy Mitchell, Havyn-Skye Addison, Avery Beyette, Khloe Fraser, Chloe Duprey, Brelynn Edwards, and Payton Riske. Coaches that are not featured in the photo are Head Varsity Coach: Victoria Peabody-David, Head Modified and Assistant Varsity Coach: Alexa Hooper and Assistant Modified Coach: Delia Hooper.

In the SPRING every puddle is a reflection of NEW BEGINNINGS

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