



FEBRUARY 3-9, 2024

VOL. 11, NO. 38

MASSENA-OGDENSBURG, NY

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Local News
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Despite financial difficulties, OVRs responds to nearly 3,000 calls in 2023

BY JIMMY LAWTON
 North Country This Week

OGDENSBURG — Despite ongoing financial difficulties Chief Ken Gardner says the Ogdensburg Volunteer Rescue Squad remains on its feet and continues to have the lowest “scratch rate” in the county.

“The Ogdensburg Volunteer Rescue Squad continues to fight financial hardships and volunteer shortages which is no different from any Emergency Medical Service in New York State as well as our Country as a whole. The past few years have been rough on the OVRs, to the point of threatening the organizations very existence,” Gardner said in the annual report released recently by the squad.

The scratch rate is the number of calls received that the squad responds. The OVRs rate is 99%.

More calls

In 2023, OVRs responded to 2,987 service calls in 2023, up by more than 300 calls from the previous year, according to the annual report.

“Even with the increased call volume, our total number of mutual aided calls went down from 54 in 2022 to only 37 in 2023. I’m extremely proud to say that the Ogdensburg Volunteer Rescue Squad had the lowest scratch rate of any transporting agency in St. Lawrence County at 99% and the only other agency that could match us, answered 1200 fewer calls,” he said.

In other words, Gardner says the Ogdensburg Volunteer Rescue Squad



Ogdensburg Volunteer Rescue Squad purchased a new ambulance in August of 2023.

has had an ambulance on-scene for 99% of the 911 calls for service and that includes 2nd, 3rd or even fourth calls for service at the same time as well as Mutual Aid’s to other communities.

“As an example, in St. Lawrence County the overall scratch rate was 89%. Unfortunately, we continue to see our travel distances and mutual aids to other volunteer departments increase significantly this is due to EMS pro-

viders dwindling in our surrounding communities,” said.

In 2023, the squad responded to 1630 calls in the City of Ogdensburg.

In other surrounding communities, the squad answered 1002 additional calls including 268 in the town of Oswegatchie, 139 in the Village of Heuvelton, 231 in the Town of Lisbon, 57

SEE OVRs PAGE 16

Ogdensburg Expo returning in March

BY JIMMY LAWTON
 North Country This Week

OGDENSBURG -- After a four-year hiatus, Ogdensburg Boys and Girls Club’s largest fundraiser, the Ogdensburg Expo, is returning this March.

OBGC Director Tom Luckie said that complications related to the pandemic had previously sidelined the expo which had long been one of the city’s largest annual events.

He said people have been asking for the expo’s return and this year it’s happening.

The expo is a community event that allows sponsors to promote their services and goods while visitors enjoy live entertainment, carnival games and a variety of snacks and crafts.

Luckie said the club has been fortunate that despite the expo’s absence the club has still done very well with sponsors and its annual raffle.

He pointed to the successful completion of the gym, which was made possible with major donations from the Carlisle family and others. He says the support for the club has been amazing, but with the success the club is growing its expenses as well.

He said the club has 150 or more kids bused to the club after school and that the place has never been busier.

Luckie said that the club now has eight employees to help out.

He said the club is important to the city and notes that many of those who come there have been visiting since they were six or seven.

Luckie said bringing back the expo hasn’t been easy. He noted that many of the volunteers who were vital to the

SEE EXPO PAGE 16

Massena preps for ‘Rockin’ The River’ event

BY JEFF CHUDZINSKI
 North Country This Week

MASSENA -- The 2024 iteration of the “Rockin’ the River” event will likely feature a music act from Nashville, offering a different vibe compared to the 2023 event.

Planning is underway already and Jason Hendricks of H3 designs said organizers are just waiting on a few final approvals before moving forward with the next phase of planning.

The event is tentatively scheduled for Aug. 3 “pending any last minute snafu’s,” according to Hendricks.

Hendricks spoke to the success of the 2023 event, which featured Draw the Line, the only tribute band endorsed by Aerosmith.

Over 3,000 people attended the 2023 event at the Massena Town Beach with an evening of live music, food and drink vendors all capped off by a fireworks display.

“It was a phenomenal night,” Hendricks recently told town board members.

Though the headliner was not a local band, many local artists opened for the main act, including Adam Ghost, Chris Cole and Tap to Toe Studio of Dance.

Hendricks previously said it was a great opportunity for local

acts to showcase their talents to hundreds of north country residents.

According to Hendricks, organizers are hopeful for an even larger crowd and good weather for the event. The 2023 edition started out gloomy but luckily cleared up just in time for the music acts.

“We had a beautiful sunset over the St. Lawrence. You couldn’t ask for a better night,” Hendricks said.

Along with the “Rockin’ the River” event, officials are planning a special event for the April 8 total solar eclipse that is expected

SEE ROCKIN PAGE 16



Jeff Chudzinski | NCTV

The event drew hundreds to Massena last summer and organizers are hopeful to do the same again this year.

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Photo courtesy of PAL of Massena

Tubing at Titus Mountain

About two dozen members of the Police Activities (PAL) of Massena had a day of tubing at Titus Mountain on Saturday, Jan. 27. "The kids had a blast," said Noelle LaTrace, Program Director. Here, Dawson Grow, Liam Herbstler, Camden Caskinette and staff members Trevor Kemison and Nick Rubacha enjoy tubing.

Village board reminds residents to allow DPW staff to inspect water meters

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- If a Massena Department of Public Works employee is requesting access to check a water meter, village officials say residents should because it may just save them money.

In a discussion during the village board's Jan. 16 meeting, both DPW Superintendent Marty Miller and Mayor Greg Paquin urged residents to allow DPW workers access in the event a meter reading is out of the ordinary.

According to Miller, a "handful of individuals" do not want to accommodate village employees "to come in and look at their meters when there may be an issue with their meters."

"It's right in the code, you know. We've tried to make reasonable accommodations and it's document-

ed all the times we've tried to reach out," Miller said.

Miller requested the board take action to address the individuals who are not compliant with village code that gives public service staff the right to enter a home if there is an issue, such as with water meters.

"What is the next step, sending them a certified letter saying that we're giving you 30 days and we're gonna shut your water off," Miller asked.

"The amount of times that, forgive me, the one gentleman when I first started, he refused to let us in because he didn't like the former superintendent. But then when we sent him his water bill and we kept increasing and all of a sudden became very accommodating in that area," Paquin said.

Paquin reiterated that if DPW workers are requesting to look at a water meter, it is in the individual's

best interest to accommodate them. "When the DPW comes in to look at those, those water meters, in most cases, it's saving them money," he said.

Paquin said fundamental distrust of authority figures may also be a factor that leads residents to resist allowing those workers into their homes.

"I realize there's a distrust of government but when they knock on your doors, you need to look at your water meter. It's only going to help you," he said. Paquin said a certified letter to notify the resident that their water would be shut off in 30 days would be the next step in this specific case, at which point the village would then take action to turn the water off to the property. "Again, you know, reiterate to them we're going to save you money. You may have something going on you don't know about," Paquin said.

City renews efforts to build watch program

BY JIMMY LAWTON
North Country This Week

OGDENSBURG -- Hundreds recently gathered at city hall to share concerns about a growing crime problem in Ogdensburg, but despite apparent public interest, plans to bolster a neighborhood watch program are falling short.

Recently the city has seen an uptick in homelessness, drug related crimes, homicides and thefts. In September a teenager was murdered in Ogdensburg, and weeks later a woman shot a man with a shotgun. While the victim received only minor injuries, police said it's clear that the city is on edge.

Complicating matters are cuts made to the police force in recent years and perhaps worse are changes in state law which Lieutenant Jarret

LeClair says have made policing harder than ever.

He recently spoke at length about the massive strain on the department, which is often fielding just two patrols during a night shift. Although city councilors approved hiring more officers, the spots have not yet been filled.

He said the state has created a revolving door for small offenses and has the department flooded with paperwork for criminals who aren't seeing any repercussions. Worse yet, LeClair said the criminals know it.

LeClair said the department is struggling to keep up with major crimes, let alone smaller crimes and that the city's lack of detectives makes it nearly impossible to build drug cases, as the former narcotics detective is dealing with an abundance of sex crimes, which LeClair said take priority.

Since that meeting Sgt. Danelle Pryce, who serves as the department's Neighborhood Watch liaison, has been seeking the public's help by rebuilding the neighborhood watch program.

"With the new trends in crimes occurring every day, the Ogdensburg City Police Department needs the City of Ogdensburg residents' assistance with information in your area in hopes to reduce the chance that crime will happen to you or your neighbors," said Pryce in a statement made to the public.

Pryce said that more than 200 residents attended the October public safety meeting but reported that in December only 29 residents

showed interest in becoming a member of the Neighborhood Watch Program throughout the City of Ogdensburg.

Although the public response has been lackluster so far, the city isn't giving up on the plan.

On Jan. 24, the city issued a press release regarding the neighborhood watch program and urged residents to consider joining.

"Crime Prevention is the anticipation, recognition, and appraisal of a crime risk and the initiation of action to remove or reduce it. The benefits of Crime Prevention are the overall decline of crime rate, increased reporting rate of crimes, the increased clearance rates of crime, a more informed public, and an increased positive interaction between citizens and law enforcement. An integral part of Crime Prevention is our Neighborhood Watch Program. Periodically and as needed or requested by City of Ogdensburg residents, there will be Neighborhood Watch Meetings scheduled and announced in the local newspapers," she said.

"With the volume of complaints the City of Ogdensburg Police Department receives, we would appreciate your help in deterring certain activities, as well as other types of criminal activity, from becoming a recurring problem in your area," Pryce said.

Anyone interested in participating in the Neighborhood Watch Program should contact Pryce via email at dharte@ogdensburg.org or by phone at (315) 393-1551.

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Photo submitted

VFW donates to rifle squad

The Massena VFW presented the Honor Guard/Rifle Squad with a check from their benefit prime rib dinner held on January 13. The squad is available to help grieving families with military honors. Pictured from left sitting are Fred Cockayne, HGRS, Tim Mattice, HGRS, Barb Gray, Pres VFW Aux, Leo Murphy, HGRS, Steve O'Brien, Commander VFW, Gene Barto, HGRS, Jerry Rubado, HGRS, George Francia, HGRS, Ken Sequin, HGRS, Larry Paige, HGRS, Ed Gebeault, HGRS, Ron Marshall, our chef and supporter.

Candidates sought to fill board vacancy

BY JIMMY LAWTON
North Country This Week

OGDENSBURG -- The Ogdensburg Vacancy Committee is seeking candidates interested in filling a vacancy that will soon exist on city council.

At the most recent council meeting Councilor Michael Powers announced he would be retiring from council in order to maximize retirement benefits as he is also ending his lengthy career at the department of corrections.

Powers had also served as New York State Corrections Officers and Police Benevolent Association President from 2014 to 2023.

Powers said he was acting on advice from the state comptroller's office.

Such retirements are not uncommon among public officials holding office, in most cases they are simply reappointed, sometimes even at the same meeting.

Although Powers is hoping to be reappointed to the positions, the city's charter establishes a process for filling vacancies and so Powers will need to go through that process in order to recover his seat.

Powers could also face challengers should the vacancy committee receive interest from other potential

candidates.

The Vacancy Committee met on Thursday, Jan. 25, to establish the submission procedure for those individuals interested in being considered to fill the current vacancy on Ogdensburg City Council.

Interested candidates must submit a resume outlining their experience as well as a cover letter explaining why they would like to serve as a member of Ogdensburg City Council to City Clerk Cathy Jock by 4 p.m. on Friday, Feb. 2, 2024.

The required documents can be submitted in-person at the City Clerk's Office, 330 Ford Street, Room #4, Ogdensburg, NY 13669, by mail, by fax to 315-393-1136 or by email to cjock@ogdensburg.org. Office hours are Monday through Thursday 8:00 a.m. to 4:00 p.m. (closed for lunch 12:30 p.m. to 1:30 p.m.)

Documents can also be submitted outside of regular office hours by placing a sealed envelope marked "City Clerk Cathy Jock" in the drop box at City Hall (located just left of the handicap entrance on Caroline Street and marked "Envelope Depository").

Emailed submissions will receive a delivery confirmation response. If delivery confirmation is not

received within 24 hours following submission, candidates should contact City Clerk Cathy Jock at 315-393-3540 to verify email delivery.

All questions should be directed to committee members Laura Ashley (315-323-2768), Mark Knowlton (315-322-1714) or Doug Loffler (315-528-2351).

Norfolk man hospitalized, faces felonies following crash after fleeing police

OGDENSBURG — A Norfolk man faces nearly 20 charges after leading police on a pursuit that ended in a crash near Hammond, according to city police.

Preston S. Premo, 34, reportedly fled from police in a vehicle on Jan. 19 in the city and the chase ended on County Route 6 in Hammond, police said.

Premo reportedly crashed his vehicle and was taken to Claxton-Hepburn Medical Center and treated for injuries.

Two days later police charged him with: Second-degree possession of a forged instrument, two counts of third-degree criminal possession of a weapon, all felonies.

Premo was also charged with third-degree unlawfully fleeing police in a motor vehicle, three counts of speeding, reckless driving, crossing road hazard mark-

ings, passing a flashing red light, and failure to obey a police officer, police said.

He was also cited for second-degree aggravated unlicensed operation, failure to stop a stop light, no seat belt, operating without vehicle inspection, false inspection, operating motor vehicle without insurance, improper plates, operating an unregistered motor vehicle, officers said.

He was arraigned in city court and released under the supervision of probation, police said.

City police said state police and St. Lawrence County sheriff's deputies assisted during the incident.

Jailed for strangulation

OGDENSBURG — An Ogdensburg man was jailed following an alleged domestic dispute Jan. 18 on Jay Street, according to city police.

Officers said they charged 42-year old Benjamin Ramsey with second-degree strangulation, felony, at 11:03 a.m. that day.

He was ordered held on \$2,000 bail following arraignment by Judge Lemay, police said.

A stay away order of protection was reportedly issued.

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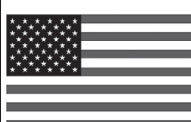
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OBITUARIES

Jacqueline L. "Jackie" Fifield, 61

Winthrop

WINTHROP -- The family of Jacqueline L. "Jackie" Fifield, age 61, are saddened on her untimely passing, Monday, January 15, 2024.

Arrangements are under the care and guidance of the Phillips Memorial Home, Massena.

A Memorial Service to be held in the summer at the convenience of the family, with burial to take place in Hermon Cemetery.

Jackie was born in Canton, on November 11, 1962, she was the daughter of the late Howard Jr. and Lula (Holliday) Fifield.

A graduate of Heuvelton High School in 1980. Jackie went on to continue her education at Canton ATC, and later began work as a civilian for the NYS Department of Corrections. Jackie graduated from the Academy and went on to serve for nearly 26 years until her retirement from Bare Hill Correctional Facility in Malone, NY of October 2022.

Jackie was a people person. During her time studying at Can-

ton ATC, she befriended other classmates with similar common core beliefs.



Jacqueline Fifield

She and her late sister, became active in the Canton Chapter of Zonta International.

She enjoyed spending time outdoors, camping, kayaking and spending time at the family camp in Parishville, NY. She enjoyed the time spent with her niece when shopping, and at campfires along with visiting her nephew, Ryan and his family in Plattsburgh.

Jackie is survived by her loving companion for nearly 20 years, Robert L. "Rob" Rotonde of Winthrop, NY; her siblings, Terry Fifield of Heuvelton, NY, Gary F. Fifield of Ogdensburg, NY, Everett R. and wife Judy Fifield of

Deltona, FL, Orval L. and Cabrina Fifield of Plattsburg, NY; along with a uncles, Cecile Wells and companion Nancy from Heuvelton, NY, Jay and companion Kathy of Old DeKalb, NY, and aunt Shirley Briggs of Canton, NY and Edith Rathburn of Gouverneur, NY. Jackie is also survived by numerous nieces, nephews' great-nieces, great-nephews and cousins.

In addition to her parents, Jackie was predeceased by a by one brother, William "Billy" Fifield of De Peyster; a sister, Penny Rooker of Star Lake, NY; and most recently her sister, Rebecca D. Fiacco in April, of 2022.

In lieu of flowers the family wished memorial contributions to be shared with Zonta International; 1200 Harger Road, Suite 330, Oak Brook, IL 60523.

Family and friends are encouraged to share online condolence, memories, photos and plant trees, in her memory by visiting www.PhillipsMemorial.com.

Roland J. Gagner, 88

South Colton

SOUTH COLTON -- Graveside services for Roland J. Gagner, 88, a resident of Cove Road, South Colton, will be held at a later date in the Southville Cemetery.

Mr. Gagner passed away early Friday morning, January 26, 2024, at the North Country Center for Nursing and Rehabilitation in Massena after a brief stay.

Roland is survived by his loving wife of 49 years, Myrna, South Colton; a son, Michael J. Gagner, Massena; a stepdaughter, Tamara and Steve Chambers, Potsdam; eight beloved grandchildren and several great-grandchildren as well as nieces and nephews.

Roland was pre-deceased by a stepson, Raymond Scott and a sister, Jeanette Bouchey.

Born in Cornwall, Ontario, Canada on April 3, 1935, to the late Alexander and Clephire Bouvier Gagner, Roland graduated from Massena Central School and Canton ATC.

Roland worked in the Meter and Test Department for Niagara Mohawk for over 35 years, retiring in 1991.

Roland served as a past presi-

dent of the Lions Club and was a member of the Elks Club and also served in the United States Army.



Roland Gagner

There was no game or sport Roland couldn't master, he thoroughly enjoyed winning, one of his favorite quotes was, "you know what Gagner means in French, it means to win" and that is what he did at everything.

Roland was a key figure on his High School Football team at Massena Central as well helping lead his High School Hockey team to go undefeated throughout his high school year's, serving as Captain of his team.

He was also a referee for numerous years at many levels, and a JV High School coach. Roland also led a Norfolk minor hockey team to a state title.

Roland was an avid follower of the NY Rangers hockey team where he almost never missed a

game, hence where he earned the nickname to some as Ranger Ron.

During retirement, Roland also did his best to master the game of golf, he loved fishing and mentored many in his time. He created the annual fishing event "The Higley Cup" with his grandsons, and never lost of course.

Roland loved playing cards, especially with his beloved wife, daily throughout his retirement.

He was a competitor no matter the game, a pool and horseshoe master. He truly loved beating his son at any game they played.

His positive nature and kind, gentle loving way of life will be remembered by his family and those that knew him.

Memorial contributions can be made in Roland's memory to the Colton Fire or Rescue Department, The Southville Cemetery or to the St. Lawrence River Walleye Association and memories and condolences may be shared online at www.buckfuneralhome.com.

The Buck Funeral Home in Colton is serving the family of Ronald J. Gagner.

Norma Margaret (Hallahan) Rombach, 90

formerly of North Lawrence

NORTH LAWRENCE -- Norma Margaret (Hallahan) Rombach, 90 of Ocala, FL passed away on Sunday, December 3, 2023, at the Bridgewater Assisted Living.

Norma was born on May 12, 1933, in North Lawrence, New York, the daughter of Carl and Vivian Hallahan.

She was one of eight children and is survived by Eleanor Marjorie (Hallahan) Wilcox, Patsy (Hallahan) Libby and Sister Mary Audrey, RSM along with many nieces and nephews.

She was predeceased by John Hallahan, Daniel Hallahan, Genevieve (Hallahan) Adkins, Sister Mary Hallahan, Ursuline, and her devoted husband, Alex Rombach.

Norma served in the Women's Marine Corps from Nov. 1952 until Nov. 1958 and later worked as a

receptionist to the Secretary of Defense at the Pentagon in Washington, D.C.



Norma Rombach

A memorial service will be held at the Queen of Peace Catholic Church, Ocala, Florida on February 27, 2024, at the 8:30 a.m. Mass with burial following at the National Cemetery in Florida.

Donations in Norma's memory may be made to Bridgewater Park Assisted Living, 9174 SW 81st Court, Ocala FL 33481.

Rita A. Adams, 71

Norfolk

NORFOLK - The family of Rita A. Adams, age 71, of Hutchins Street, Norfolk, are saddened to report her passing, after a brief illness at Carthage Area Hospital on Thursday January 25, 2024.

The family has entrusted arrangements to the care and direction of the Phillips Memorial Home, Madrid.

Family and friends are welcome to call the Phillips Memorial Home, located at 20 Church Street in Madrid, NY, on Sunday, January 28, 2024 from 3:00 pm until time of services at 6:00 pm with Minister Paul D. Slayko presiding.

Rita was born on August 13, 1952, to the late Alfred and Charlotte (Rookey) White in Potsdam, NY. She attended Madrid-Waddington schools. She was married to Steven W. Adams Sr. in February of 1970, that later ended in divorce.

She was employed with ARC for nearly 10 years in Norwood, NY as a direct care provider.

Rita enjoyed the time spent with family and her fur babies "Chuck and Riley".

She also enjoyed spending time on word searches and puzzle books.

Rita is survived by her loving

and devoted children, Kirstie LaVare and companion Michael Abar of Nicholville, NY, Steven W. Adams Jr.



Rita Adams

of Canton, NY, a family friend Frankie Driscoll, of New York City; grandchildren, Dustin Woods and companion Maranda LaPage of Malone, NY,

Dawson Lavare of Nicholville, NY, Wyatt Abar and Cyrus Abar both of Ogdensburg, N; along with three great-grandchildren, Carson, Wyatt and Jaxson.

Rita is also survived by a sister, Connie White and brother, Randy and wife Darleen White both of Madrid, NY, along with many nieces and nephews.

Memorial contributions for Rita may be acknowledged with the Potsdam Humane Society; 17 Madrid Ave, Potsdam, NY 13676.

Family and friends are encouraged to plant memorial tress, share memories and photos along with condolence online by visiting www.PhillipsMemorial.com.

Carol D. Wallace, 81

Burke

BURKE -- Carol D. Wallace, 81, of Burke, passed away Wednesday, January 24, 2024, at Wynn Hospital, Utica, NY with her family by her side.

Born on March 2, 1942, in Burke, NY she was the daughter of Charles and Luna (Pillings) Crippen.

She was married to Kenneth Wallace in 1962. He predeceased her in 2009.

Carol graduated from Franklin Academy. She worked as a sales clerk for Newbury's in Canton for many years and as a waitress at the hospital snack bar. She enjoyed reading, playing cards and spending time with her family.

Carol is survived by her sons, Kevin Wallace and his wife, Elizabeth of Harrisville, Corey Wallace and his companion, Theresa Banker of Cadyville; five grandchildren, Allyson Delair and her companion John Duvall, Melissa Wallace, Brent Enslow and his wife, Rikako, Sara Frank and Nicolas Banker; two great grandchildren, Blake and Hiroki; as well as several nieces and

nephews.

She was predeceased by her parents; her husband, Kenneth; her long-time companion Carlos Griffith; siblings, Jeanette LaValley, Ida LaPlant, Grace LaPlant, Martin Crippen, Ethel LaValley, Marion Ouimet and Beverly Lamb.



Carol Wallace

Calling hours will be held at the Chateaugay Funeral Home on Friday, February 2, 2024, from 11 a.m. to 1 p.m.

A funeral service will immediately follow in the funeral home chapel at 1 p.m.

Burial will be held in Constable Cemetery in the spring.

Donations in Carol's memory may be made to Cerebral Palsy Foundation.

Online condolences may be offered at www.chateaugayfuneralhome.com.

RECENT DEATHS

SHIRLEY HAWES, 87, Ogdensburg. Arrangements with Frary Funeral Home, Ogdensburg.

VIOLET ASHLEY, 74, Massena, Jan. 27. Arrangements with Frary Funeral Home, Ogdensburg.

DANIEL BARR, 88, Ogdensburg, Jan. 27. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

SHIRLEY MCGREGOR, 84,

Raymondville, Jan. 26. Arrangements with Buck Funeral Home, Norwood.

DWYANA SCOTT, 77, Massena, Jan. 25. Arrangements with Flint Funeral Home, Moira.

MARTIN GLEESON JR., 74, Heuvelton, Jan. 25. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

PATRICIA MILLER, 68, Ogdensburg, Jan. 25. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

MARY KOTHRAD, 83, Ogdensburg, Jan. 23. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

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62 RIVERSIDE DR., COLTON
315-262-2050
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NORTH COUNTRY THIS WEEK

Assemblyman critical of state plans to cut school foundation aid

BY JEFF CHUDZINSKI
North Country This Week

CANTON -- Multiple school districts may see a significant reduction in foundation aid from the state, state aid that has been essential to school districts' fiscal health.

In his "Gray Area" address on Jan. 22, Assemblyman Scott Gray spoke to the proposed cuts which he said disproportionately affect a handful of districts within the county.

Gray pointed to the proposal in the executive budget to remove the hold harmless clause, which would allow the state to cut foundation aid as they see fit.

With the clause in place, the state is required to offer at least as much foundation aid each year as it did the year prior, essentially ensuring the state is unable to reduce aid indiscriminately.

"That would be removed under the executive budget," Gray said.

Gray said those funds, which were largely used for salaries, academic development and emergency projects up to a certain dollar

amount, would be heavily cut. "That has basically kept districts whole so they didn't see a decrease year over year in their foundation aid funding," Gray said.

Gray said those funds will be shifted to other areas the governor has prioritized in the proposed executive budget.

"This year that's been removed and we're seeing significant shifts in where the school aid is going," he said.

Districts that would be affected include Canton, Hammond, Madrid-Waddington, Morristown and Ogdensburg.

"The majority of those districts have waterfront property, that's where the significant shift has been made," Gray said.

Gray said under the proposed budget, funds typically earmarked for the county would also be intercepted.

"This is a property tax shift and places the burden on the taxpayers," Gray said.

Just where those funds are going is not cut and dry but Gray did point to the significant increase in aid the

governor hopes to put aside to handle the migrant crisis.

"Let's keep in mind, last year we put in the budget \$1 billion to deal with the migrant crisis," he said.

Now, Hochul is hoping to secure \$2.4 billion to assist with the crisis. "We are cutting district aid as we're raising revenue for the migrant crisis," he said.

Gray suggested that the model is one that is not sustainable for the taxpayer.

"A budget is a set of priorities and this is a misaligned priority," Gray said.

Critics of the budget proposal

also point to budget cuts for rural and smaller suburban school districts, while aid will be increased for city districts as well as larger suburban districts.

That move, critics say, could hurt smaller and rural districts with low student populations.

Assemblyman Ken Blankenbush was equally critical of the proposal, saying that over half of individual school districts in predominantly rural and suburban areas are expected to experience a \$168 million decrease in aid.

"Don't be fooled! It's important to point out how this will affect

North Country and Mohawk Valley students. School districts will now be forced to scramble and amend their upcoming budgets to make up for any losses. Many heavily rely on the state to alleviate the financial burden on local taxpayers," said Blankenbush.

"This is not an equitable solution when we're throwing extra funding into foolish city projects. Communities will be forced to make tough decisions about what areas to cut while Albany Democrats push our children's education further down the list of priorities," Blankenbush said in a press release.

Trustees approve modified contract with Rescue Squad

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- Massena village trustees signed off on an amended five-month contract with the Massena Rescue Squad and E5 Services that includes an 89% fee increase.

Trustees agreed to the deal during the Jan. 16 board meeting in a move that corrects an error from the December meeting when trustees initially sought to approve a six-month contract.

Officials say the move to sign a short-term deal was to better align contracts with the fiscal year so bookkeeping and budget negotiations would be easier in the long term, however the first contract agreed upon in December would not have accomplished the task.

The village's fiscal year begins June 1, while the contract would have expired June 30.

Now with the proper contract in place, Mayor Greg Paquin said the Rescue Squad can continue to service the community at a record pace with Advanced Life Support.

But that comes at a higher cost due to the nature of the services offered.

The contract is valued at \$222,985.65 for the five months.

When compared to the 2023 deal, the cost per month will rise from \$23,533.89 per month to \$44,597.13 per month.

"So even though we passed this last month, new numbers came in and we're just passing it again," Paquin said.

Paquin also pointed to an extra shift per day that also drove the costs up.

"They get reimbursed at a much

higher rate and as you can see, our rate of calls and our rate of response are pretty impressive," he said.

"We have the best response rate and the largest number of calls and it's not even close. So this (contract), it'll remain neutral and it will continue not to be a burden on top of the taxpayers," Paquin said.

Paquin said the new contract should be cost-neutral and the rescue squad should be self-sufficient.

"The rescue squad has been answering calls at an unbelievable rate for some time now and hopefully the new laws will help with reimbursement," Paquin said.

The law he spoke of is one passed in 2023 by state officials that will allow emergency services to receive reimbursement for services rendered directly from insurance companies.

In years prior, insurance companies would send those funds to the patient, who in turn were to submit the payment to the service provider.

"Obviously, that didn't always happen but with the new law in place it should make things go much smoother," Paquin said.

That law will be in effect beginning in Jan. 2025.



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Accused of felony assault

OGDENSBURG -- A Rensselaer Falls man was charged with assault Jan. 23, according to city police.

Eric N. Stewart, 28, was charged with second-degree assault, felony, officers said.

He was arraigned by Judge Lemay and released on his own recognizance, police said.



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Federal program funds \$1 million in lead abatement for 23 housing units

BY JEFF CHUDZINSKI
North Country This Week

CANTON — St. Lawrence County officials are praising a federal program that assisted the county in lead-paint abatement work for 23 housing units throughout the county to the tune of \$1 million.

Legislators and public health officials say the cooperative effort had a number of challenges throughout the course of the four-year program, the first of its kind in the county, however it eventually aligned with county expectations.

Initially awarded \$1 million in 2018, county officials were able to put the program into effect in 2019

after identifying the properties eligible for abatement work.

Officials say the program delivery method and standard operating procedures were based upon many years of experience running Community Development Block Grant-funded housing rehabilitation programs.

Partners in the program included the St. Lawrence County Planning Office (SLCPO), St. Lawrence County Public Health Department (SLCPHD) and the North Country Housing Council (NCHC).

Primary target areas in the county included the village of Gouverneur and Massena and the City of Ogdensburg, which have popula-

tion centers that were identified as target areas “due to concentrations of children with elevated blood lead levels (EBLL) being monitored by SLCPHD on its State-mandated Lead Poisoning Prevention case-load.”

In total, the homes that were part of the program included four pregnant women, 35 children under six, 25 children between the ages of six and 17-years-old and three visiting children under six-years-old.

Two visiting children under six and 17 of the resident children under six had EBLL, officials say.

Eight units were located in Ogdensburg, while two more were

in Gouverneur and one in Massena. The remaining properties were distributed throughout the county, officials say.

Of the properties included, 17 of 23 were built before 1920, while five were built between 1920 and 1945 and one was built between 1946 and 1979.

A total of seven lead abatement contractor trainings were conducted, with 67 individuals in total in attendance.

But that figure was not nearly enough, with officials saying that if such a program were undertaken in the future, additional contractors and laborers to ensure the projects can be completed in a

timely fashion.

Officials say each project is required to be completed within 10 days of entry, per HUD regulations, further complicating the program that was initially delayed by the COVID pandemic.

County officials were successful in obtaining a one year extension to complete the program, pushing the end date to Oct. 2023, which also enabled the county to expend all funds on the projects.

In some cases, those projects went well over the \$20,000 budget originally allotted to them.

Legislator Jim Reagen questioned whether HUD gave the county any leeway given the remote nature of the projects, which were spread across the county.

Public Health officials say after lengthy conversations and constant communication, HUD allowed the county more leeway to ensure the work could be completed.

Of the projects completed, 13 required special dispensations to utilize more funds to complete the work.

Those requirements added time to the process but the “handlers were able to understand the processes and housing needs of St. Lawrence County,” public health officials said.

Additional grant funding was also secured and used on four specific units to leverage beyond the initial \$20,000 awarded, officials say.

In many cases, older farmhouses were included on the list of homes to receive funds, a far cry from the multi-unit apartment complexes seen in the urban centers the program was originally intended for.

“We’re trying to teach folks that Northern New York is different from the Bronx. There is life above the thruway,” Reagen said.

Reagen said county officials need to do a better job of engaging with high ranking state and federal representatives, pointing to a local connection with Senator Chuck Schumer’s director of economic development who is from Ogdensburg.

“We’ve spent a lot of time fighting the minions who have very little interest and compassion for the needs of northern New York. We need to (get them) to stop being stupid and listen to what these people are saying,” he said.

Reagen offered his assistance to reach out to such reps, saying their engagement can be crucial in ensuring the long term success of such programs.

“This is a political body but it often seems that we don’t make use of the way politics actually works,” he said.

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Massena woman jailed on drug counts

MASSENA — A Massena woman was jailed on felony drug charges Jan. 25, according to St. Lawrence County sheriff’s deputies.

Mairkey E. LaBrake, 31, was charged with two counts of third-degree criminal possession of a controlled substance and two counts of third-degree criminal sale of a controlled substance, all felonies, officers said.

LaBrake was arraigned in Massena court and remanded to St. Lawrence County jail, deputies said.

School board tables policy change for video conferencing requirements

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- Massena Central School Board of Education members who wish to attend a meeting remotely may soon have to indicate where they are attending the meeting from.

That policy change was a topic of discussion during a recent school board meeting, though the board decided to table a potential policy change in the meantime.

The decision to table the potential change comes in light of a number of concerns from board members after the Policy Committee brought the proposal to the full board.

The new policy came to the board for a first reading but Policy Committee members wanted to discuss it in open session as well, Policy Committee Chair Jodie Hammock said.

Multiple board members, including Board President Paul Haggett and Board Member Susans Lambert called the language and wording "confusing."

"Maybe just the fact of having

to open up your place of residence perhaps if you were on remotely," said Board Member Joyce Giroux.

Haggett told board members he would like to attend a Policy Committee meeting to discuss his concerns and ask his questions to "get some of those (issues) fixed" that came to mind upon his first reading of the policy.

One such issue is what Haggett described as "two distinct, separate sets of rules for video conferencing."

Haggett touched on the two different sets of rules that govern what he called "routine" video conferencing and "extraordinary circumstances," in particular how much notice should be given prior to utilizing video conferencing for each situation.

In the instance a board member is unable to attend for a non-emergency situation, such as a vacation, Haggett questioned how that individual would advertise their location for the meeting and how long they would have to do so.

"The proviso being that it has to be advertised and you have to allow anyone who wants to but

who's going to want to, and the other part being that we have to have a quorum here, wherever the location of the main meeting is being held," Haggett said.

Haggett was not alone in questioning the two scenarios, with Lambert pointing out that technically the alternative location could be that person's home or an alternative location.

Under the proposed policy, anyone who wished to attend from an alternative location is allowed to do so.

The notification timeline was also questioned by Board Member Daniel Susa, who said he wanted further clarification before moving forward.

"When I read it, I wondered about how much notice do you have to give the public, like 10 minutes notice, 20 minutes, should it be 24 hours," he asked.

To go along with the "routine" meeting requirements, Policy Committee members also included a different set of rules of "extraordinary" meeting scenarios, in which case a board members is not required to disclose their location

under the proposed policy change.

One such instance would be if a board member is quarantining due to COVID, Haggett said, which happened during the Jan. 18 meeting.

"So there's no requirement to hold the video conference part of the meeting in a public place that's open to the public," Haggett said.

Regardless of the situation, Haggett and other board members said the policy would need to be clarified and concerns would have to be addressed before the full board would hear the proposal again.

It is expected that the full board will revisit the topic again during the next meeting in February after the Policy Committee meets again.

County approves budget modifications

BY JEFF CHUDZINSKI
North Country This Week

CANTON -- Healthcare providers and organizations that participate in the Youth with Special Health Care Needs (CYSHCN) Program will receive payment for participating in community events.

County legislators approved the measure during the Jan. 22 services committee meeting.

As part of the program, providers and organizations will disseminate resources available to families, community members and area

providers at various community events.

Those providers and organizations who participate will receive a rate of \$250, legislators say.

According to the resolution, the opportunity to involve various providers and organizations throughout the county to share essential information "would be beneficial for all involved."

In other action, legislators approved a budget modification for the COVID-19 Vaccine Response Grant for \$24,353.

The county Public Health

Department was awarded \$313,036 as part of the grant with "objectives and goals to focus primarily on COVID-19 vaccine implementation."

Officials say the program has incurred higher than anticipated operating expenses and fringe benefits related to the program, necessitating the modification.

Appropriations were decreased for salary expenses while those funds were moved to increase appropriations for advertising fees and expenses.

Shed burns in Nichoville Sunday morning

NICHOLVILLE -- A shed burned Sunday morning on Converse Road, according to Hopkinton Fort Jackson Fire, Tri Town Rescue.

Fort Jackson Fire, Tri Town Rescue, and Car 36 responded to a structure fire on Converse Road threatening a home, according to an online statement from the department.

Officials said Engine 61 arrived on scene to a well involved fire in a shed near the home.

Nichoville was requested to respond with engine, tanker, and manpower.

Firemen were reportedly on scene for several hours.

"Thank you to the Hopkinton

Highway Department for their assistance today," fire officials said.

American Red Cross volunteers provided immediate emergency aid to two people following the blaze.

The Red Cross provided financial assistance which can be used for necessities such as shelter, food, and clothing to two adults.

Volunteers also offered health services, comfort kits containing personal care items, and blankets.

One resident is eligible for veterans' services, Red Cross officials said.

In the coming days, Red Cross staff and volunteers will remain available to help those affected by

the fire as they navigate the road to recovery.



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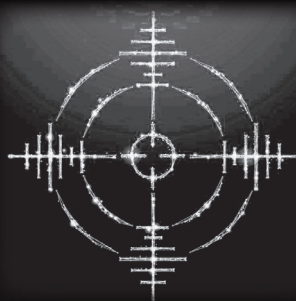
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NORTH COUNTRY THIS WEEK | MASSENA-OGDENSBURG, NY | FEBRUARY 3-9, 2024

LETTERS TO THE EDITOR

Ministry extends heartfelt thanks

St. Peter's Outreach Ministry extends our heartfelt thanks to the entire community for support of our 2023 Christmas Program. Your generosity enabled us to provide food to 352 families and gifts to 449 children ensuring a brighter holiday for those in need.

Thanks to all those who donated financial support and purchased gifts for the children. We are so grateful to those who volunteered their time to pack food boxes and assist with our distribution. Thank you to Dollar Tree for the donation of toys. And we are most grateful to McDonald's for their donation of hundreds of boxes. Our food boxes literally would be impossible without their generosity.

We thank the parishioners of St. John's Episcopal Church and St. Peter's Parish who purchased gifts; Arconic for their Action Grant donation and their team of Tammy Lakins, Susan Hauer, Ken Hurlbut and Eowyn Doud who assisted with the Christmas Distribution; the Knights of Columbus, Massena Fire Department, AmVets Post #4, AmVets Ladies Auxiliary, Moose Lodge, Massena Figure Skating Club, IBEW, Italian-American Club Association, Italian-American Club Ladies Christmas Dinner, Local 1822 International Laborers Union, Hoot Owl Enterprises, Laughing Hyena, Johnson's H2O, JC Towers, Dufresne Real Estate, Rochester Regional Health/Massena Hospital, Community Bank, Twin

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We are most grateful to those who responded to our Christmas Letter with donations, offers to volunteer and prayers. Every donation enabled us to make Christmas merrier for so many in our community. Your generosity was remarkable and most appreciated.

Our gratitude is extended to Border Patrol Agents Sean Fay, Andrew Lawall and Mat Miller, and State Trooper Mike Roman for assistance with deliveries. We thank Pizza Hut and Subway for providing food for our volunteers as well as Alex's Ice House for help with storage. Without the efforts of cart pushers Doug Premo, Mike DeRosie, Larry French, Dave Gerace, Jerry Manning, Steve O'Shaughnessy, Dave Gagne, Jim Deshaies, Vance Fleury, and Matt Beard our program wouldn't have run as smoothly as it did. Thank you to North Country Now for advertising and communicating information about our program.

St. Peter's Outreach Ministry's 2023 Christmas Program was successful because of all those who gave so selflessly of their time, talent, and treasure. May God bless you all in 2024 and beyond.

Kitty Samuel, Elaine LaPage, Carole Toomey, Beverly Robinson, and Marylou Francia,
Christmas Program Chairs
on behalf of members and benefactors
of St. Peter's Outreach Ministry

Figure skaters are applauded

Congratulations to the Ogdensburg Figure Skating Club skaters who participated in our annual exhibition of competitors and test skaters Sunday, January 28.

The following Junior and Senior

level skaters performed their solo programs for a wonderful audience full of family and friends: Averie Farrand, Emma Barr, Isabella McCarthy, Ella Ramsdell, Marina Perry, Raegan Hunter Jordana Cook, Abby Smith, Sophie Nugent, Brynn Morley, Kyra McCarthy, Madison Miller, Maci Dishaw, Danica Cook, Madison Hunter, Mia Downie, Tinley Charlton, Khloee Fraser and Hannah Costello.

We were excited to welcome our local synchronized skating teams; St. Lawrence Figure Skating Club sponsored, Ice Angels and Potsdam Figure Skating Club sponsored Rainbow Connection. Both teams are coached by Lisa Cardinal and made up of skaters from around the North Country.

The teams are excited to get back to competing after three years away due to Covid. Their first competition will be the Empire State Games this coming weekend in Lake Placid. Skating on the Ice Angels Synchronized Skating Team from the OFSC are Lauren Beldock and Sophie Nugent; skating on the Rainbow Connection Synchronized Skating Team from the OFSC are Emma Barr, Madalynn Costello, Averie Farrand, Ann Sovie, Ella Ramsdell, Brynn Morley, Marina Perry and Madison Miller.

The exhibition also provided a wonderful opportunity to honor our graduating seniors and their families: Hannah Costello, daughter of Kelly and Al Costello; Mia Downie, daughter of Danielle Armstrong and Ryan Downie; Madison Miller, daughter of Melinda and Eric Miller; Marina Perry, daughter of Denise and Erik Perry. These young ladies have enjoyed wonderful figure skating careers, accomplishing some of our club's highest tests passed and most successful competitive accolades. It is impressive to reflect on everything these four ladies have done in their time on the ice.

Hillary Skelly, Danielle Armstrong, Lisa Cardinal and Lauren Morley are the coaches for the

Ogdensburg Figure Skating Club.

Thank you to all who came out to support our skaters and coaches. Congratulations to all of our skaters on a terrific season thus far. Best wishes as you prepare for Empire State Games, the Malone, Snowtown USA and Port City

Competitions as well as remaining test sessions.

We look forward to seeing you at our annual ice show: A Night at Times Square; Saturday, March 16, at 6:30 pm.

Lauren Morley
OFSC President

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Last Week's Question

What type of parking payment system would you prefer in Potsdam?

THE VILLAGE OF POTSDAM is trying to determine how best to handle street and in-lot parking. Many current paid parking meters need updating. Police officers handle tickets for any infractions. Furthermore, a recent study by a Clarkson University civil engineering group

revealed the village doesn't have much of a problem with lack of parking turnover. The village board is still planning and has a few options on the table. Digital parking kiosks (with a high upfront cost) located at various points throughout the village's downtown, more meters, a smart-phone app system, a parking permit system, or a two-hour limited parking policy with signage are all being suggested.

What type of parking payment system would you prefer in Potsdam??

TO TAKE THE CURRENT SURVEY, visit bit.ly/3HEEQCJ.

THIS WEEK'S QUESTION: As Donald Trump nears a presidential Republican nomination for 2024, he has yet to name who his running mate will be. One name strongly being considered for Trump's vice presidential choice is North Country Congresswoman Elise Stefanik. Stefanik, who is the highest-ranking woman in the Republican conference in the House of Representatives, has been campaigning with Trump. She was also one of the first members of Congress to endorse Trump. Would you like to see Elise Stefanik named Donald Trump's vice presidential pick for 2024?

The NCNow Survey is an unscientific poll of visitors to NorthCountryNow.com who choose to participate.

NORTH COUNTRY THIS WEEK

Massena - Ogdensburg Edition

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At Samaritan, making a difference is the job

According to the U.S. Chamber of Commerce, individuals are now changing jobs — or more appropriately, careers and industries — more than ever before.

Among their top reasons for switching are pursuit of a more suitable work-life balance; scheduling to better accommodate a modern world; and most importantly, the need to be part of a positive workplace culture where they feel they're making a difference in people's lives.

Thankfully, those at Samaritan understand this impact and appreciate the chance to be a significant part of people's lives, every day.

"Samaritan was originally founded as a place to care for our neighbors," says Tom Carman, president and CEO of Samaritan.

"Nearly 150 years later, caring is at the heart of everything we do. Our staff feel this, and it makes work a welcoming and rewarding experience for all of us."

Nestled within the natural beauty of Northern New York, Samaritan offers dedicated candidates rewarding career opportunities, excellent benefits and professional development, and the ability to make a real difference in healthcare throughout our surrounding communities.

Vicky Steen, a 50-year employee of the Samaritan Keep Home, said, "My favorite part of my job is that I met so many amazing staff members I also work with an awesome group of girls within my department I love to put smiles upon the residents faces and they make my day as well. It's just a great place to work."

Opportunities across different departments

No matter the position—from registered nurse to certified nursing assistants to environmental services or office support—everyone's job is critical to the care of Samaritan's patients and residents. Bound by a common set of values known as HEART (honest, empathetic, accountable, respectful, and trustworthy) values employees are dedicated, enthusiastic and truly care about making a difference—and are surrounded by others who feel the exact same way.

This common focus helps to create a great place to work and



Samaritan Health | Submitted

'Caring is at the heart of everything we do. Our staff feel this, and it makes work a welcoming and rewarding experience for all of us.'

Tom Carman
CEO of Samaritan Health

practice. Our patients and residents needs drive every decision.

Candice Matthews, a 19-year employee of Samaritan Medical Center, said, "What I love about my job is everything. I love interacting with patients. I love interacting with staff. I love seeing new things and every day you learn something new or meet someone new."

Together, they're supported by an organization whose ongoing strategic planning drives Samaritan forward, sets the tone for future growth and development, and offers stable, market rate paying jobs with guaranteed hours—all while providing a high quality of care for the

community.

"We're looking for employees who not only want to contribute to Samaritan's growth, but grow with us," says Cynthia Cassell, nursing recruiter for Samaritan.

"This is a place of collaboration, driven by a team togetherness that translates across all departments. People love to be a part of this, even in the bustling world of healthcare."

Supported by superior benefits

Samaritan and its affiliates offer a robust and competitive benefits package to its employees. These packages are the finest among Northern New York businesses; and

with their combination of sign-on bonuses, tuition reimbursement, comprehensive health insurance, retirement support, paid time off (PTO) and community discount programs, each are a clear reflection of how much Samaritan cares about its employees, their health and their families.

"Each benefits package was developed with our employees in mind and how best to support them both inside and outside of work," says Chris Rowe, executive director of human resources at Samaritan. "Our caregivers are what make our care exceptional, and their well-being means everything."

Benefits available to employees at Samaritan include:

- Medical, dental, vision and life insurance
- Short-term and long-term disability
- 401(k) retirement benefit + employer match
- RN, LPN, tech retirement
- Long-term sick time
- Employee fitness rebate
- Quit for Life smoking cessation
- Aflac cancer coverage
- Employee Assistance Program

(EAP)

- Tuition reimbursement
- Select Loan forgiveness
- QuickCharge (payroll deduction for on campus purchasing)

Encouraged to develop

Samaritan is proud to invest in the future of its employees by providing financial assistance and professional guidance to individuals interested in enhancing job knowledge or developing skills that foster growth in healthcare careers.

"One of the best ways we can support our employees is by encouraging their development," says Rowe. "The more they can grow in their careers, the more they can accomplish for themselves, their families and our entire community. There are countless stories of employees that started in dietary and are now RNs and other roles. We helped them achieve their career goals."

Some of the ways Samaritan helps its employees develop—and make an even bigger difference—include the following:

Tuition assistance or reimbursement – Some employees are eligible for tuition assistance or reimbursement. There are various requirements and each case may differ. Potential employees or current employees are encouraged to contact Human Resources to see if there are options available to them.

Excellence through Collaboration Education and Leadership EXCEL Program – This program is designed to cultivate promising leaders within Samaritan who create and promote an engaged workforce and a culture of excellence; and focuses on such leadership competencies as delegating responsibility, communicating with impact, and building organizational talent.

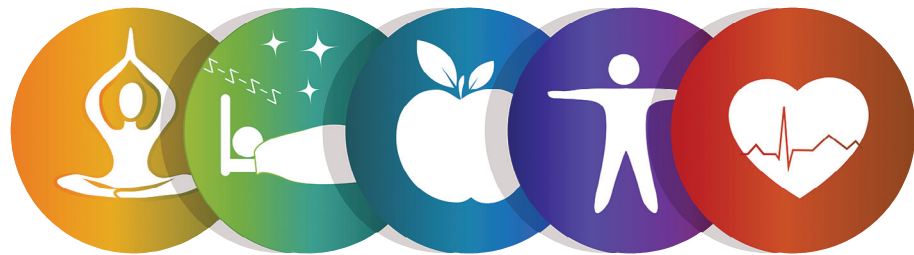
Upon completion, learning to leading the Samaritan Way will enable leaders to learn practical leadership skills; provide opportunities for personal and professional growth and development; and much more.

Find out more

Interested in joining our Samaritan team?

If so, learn about career opportunities and much more at www.samaritanhealth.com/careers or call (315) 779-5236.





Treat your body well: Put regular exercise on your schedule

CANTON – Instead of making a resolution to lose weight this year, make an intention to do something about it.

January is Healthy Weight Awareness Month and most of us are probably thinking the choice of selecting the first month of the new year for this campaign is undoubtedly intentional. While we may go into 2024 with the determination and grit to eat better and

exercise more, we may want to rethink the reasoning behind that decision.

Treating our bodies well means we are also working at lowering cholesterol, improving blood pressure, reducing the risk of type 2 diabetes, and having a better mental outlook.

Being overweight and/or obese will increase the risk for diseases such as hypertension, high cho-

lesterol, coronary heart disease, or osteoarthritis, which may subsequently lead to a poor quality of life.

Canton-Potsdam Hospital Family Medicine physician Benjamin Collard, MD, noted he hopes everyone enjoys the holiday season, and are ready to make their health a priority in their own lives.

“For anyone who struggles with

weight loss, I want you to know you are not alone. There are many options for weight loss including behavioral interventions (exercise, low calorie diet, and counseling), pharmacotherapy, and/or surgery,” Dr. Collard added.

In general, approximately 150 minutes of moderate intensity exercise per week, with three days of aerobics and two days with a resistance-based activity, will

assist in losing and maintaining a healthy weight.

“I do, however, recommend individuals meet with their family medicine provider before initiating any exercise regimen,” Dr. Collard said.

To find a St. Lawrence Health provider, visit <https://www.stlawrencehealthsystem.org/>, click on Provider, and search the Specialty field for Family Medicine.

Kids have many of the same disorders as adults

POTSDAM – Feelings of depression, anxiety, or trouble focusing are not concerns faced by adults alone, children may also experience such emotions.

February is Youth Mental Health Awareness Month, and while many people may correctly associate ADD or ADHD (attention-deficit/hyperactivity disorder) as the main childhood behavioral health diagnosis, there are, in fact, several others.

“Over the past couple of years, rates of anxiety and depression have significantly increased, and this trend is consistent with children St. Lawrence Health is treating in its psychiatry offices,” stated St. Lawrence Health Senior Director of Behavioral Health Jayme Smith, PhD. “In addition, we have seen an increase in referrals for eating disorders, obsessive-compulsive disorder, self-injurious behaviors, suicide ideation, and coping with bullying and cyberbullying.”

If a parent or adult notices changes in a child’s behavior, it is important to check in with the child to communicate those concerns. This support encourages the child to open up about how they are doing.

“Showing children you are listening, understanding, and validating their feelings encourages further communication. Often, adolescents do not want their parents to ‘fix’ the

problem; they want to be heard and supported,” she added.

While the COVID pandemic may now be in the past, youngsters are still feeling its effects. Remote schooling during the pandemic affected peer interactions, due to a lack of face-to-face social connections, which in turn affected social relations related to support, problem solving, and a sense of belonging. According to the Center for Disease Control and Prevention (CDC), “Mental disorders among children are described as serious changes in the way children typically learn, behave, or handle their emotions, causing distress and problems getting through the day.”

Mental health includes our social, emotional, behavioral, and mental functioning. While parents can observe their children’s behaviors, they cannot see their thoughts and feelings. It is also important to realize the behaviors they are observing may not necessarily reflect their child’s mental health or feelings. When concerns arise about a child’s mental health, it is beneficial to seek interventions with a trained professional.


Approaching a child about the topic of speaking with a mental health professional needs to be done in a supportive way. Conveying concern for the child and offering a way

to help them feel better and improve their distress is essential. As schools recognize the increased need for mental health support for students, some districts now have social workers along with counselors, who are available to work with children. Some youngsters may be more open to talking with a counselor at school, as it is a familiar environment.

Another factor for parents to take into consideration when dealing with their child is to be sure and talk with them at their age level; children are not mini-adults.

“Their brains process information very differently than an adult’s. Children are developing and maturing socially, physically, emotionally, and cognitively. It is important to provide mental health interventions that are age-appropriate for their developmental level.

St. Lawrence Health offers outpatient Behavioral Health services in Gouverneur, Massena, and Potsdam. For more info, visit <https://stlawrencehealthsystem.org/services/behavioral-health>.



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Ogdensburg Behavioral Health Clinic expands, relocates

OGDENSBURG -- Since opening its doors in 2016, the United Helpers Behavioral Health Clinic has gone from a brand new practice looking for patients to booking more than 1,500 appointments each month.

The clinic, which has been located at 221 Hamilton Street since its inception, is now located at United Helpers RiverLedge Campus, 8101 State Highway 68 in the former Ogdensburg Rehabilitation and Senior Care Building.

"We were really maxed out at our original location," said Director of Behavioral Health Services David K. Nelson. "This move will allow us to bring on additional practitioners, which in turn will allow us to see additional patients and help more people than ever

before."

People who receive services through the clinic in Ogdensburg will be receiving notification of the move through a postcard sent to their home address. The clinic's telephone number did not change.

United Helpers CEO Todd R. Amo said the move comes as part of the organization's effort to centralize their operations.

"It's not often that you can say you're growing while also streamlining operations, but that's exactly what is happening here," Amo said. "All areas of our mental health services continue to grow exponentially including Care Coordination, the ACT Team, Supportive Housing and both of our Behavioral Health Clinics."

Patrons receiving services in Ogdensburg are asked to enter the building through its main entrance on the back side of the property by the flagpole. Guests will be greeted upon entry and accompanied to the clinic space.

For an appointment in Canton, call (315) 386-0264.

1. His full name is Kenneth Sean Carson.
2. Scranton, Pennsylvania.
3. Switzerland.
4. Destiny's Child.
5. Arizona.
6. "Through the Looking-Glass."
7. IV (Four).
8. Having an extra nipple, which affects about 1%-5% of the population.
9. 118.
10. 1924

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9	7	6	3	8	2	1	5	4
3	8	5	4	1	9	6	7	2

Superfood or super fooled?

Many foods are healthy, some less so. But are there really "superfoods" that are much healthier than others?

It's believed the term superfood originated in the early twentieth century as part of a food marketing strategy by the United Fruit Company to promote its major import of bananas around the time of World War I.

Later, bananas were touted as superfoods in medical journals, which gave the term some additional credibility.

Seeing as the superfood moniker translates to superior sales, it's had some staying power, if also a little controversy. Consumers must wade through the hype and realize they can vary their diets accordingly to maximize nutritional focus without being lured in by a superfood characterization.

Many foods are beneficial. And as always, questions regarding health and nutrition can be discussed with a health care provider.

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Massena tourism director says fishing brings millions of dollars to region

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- Millions of dollars have flowed into towns and villages along the St. Lawrence River due to the success of bass fishing tournaments, according to Don Meissner.

During a recent Massena Town Board meeting, which he assists as the town's fishing and tourism director, Meissner informed town officials he had been invited to and planned to attend a meeting with state officials to discuss the town's efforts to promote bass fishing.

Topics of discussion that were planned included the future of the river and bass fisheries in the region, however the meeting was canceled due to inclement weather, he said.

That hasn't deterred Meissner however, as state officials have been in communication by email to discuss those issues at hand.

According to Meissner, state officials are hoping to engage the public more to learn about potential "concerns and reactions from the people living along the St. Lawrence River."

State officials are also soliciting feedback from fisherman attending the events as well to discuss the quality of fishing along the river, he said.

Meissner said with the popularity of bass fishing growing every year and fishermen coming to Massena and the surrounding areas from all around the country, a large influx of money has come to the communities

hosting the events and personnel. Meissner said state officials indicated that the tournaments have generated \$140 million of revenue for communities along the St. Lawrence River due to the river "becoming so famous" as a result of the tournaments.

"These communities are benefiting," he said.

In conversation with Chris Hoover from Major League Fishing, Meissner said he was told that communities are benefitting from anglers "traveling right along the river to come to Massena," which in turn leads to anglers stopping for food, gas and other needs along the way.

Meissner said Hoover spoke to the great distances anglers have to travel with Massena being "at the top of the stat", noting "it's a long journey and they're stopping to eat and so forth at these places."

While tournaments may be months away, Meissner said he will continue to promote the region and tournaments at sport shows.

Meissner recently secured additional funding for promotion through the St. Lawrence County Chamber of Commerce after presenting to the St. Lawrence County legislature last month.

County officials say it is in the best interest of the entire county to assist in promotion because so many neighboring communities can benefit from the additional traffic and tourism such events bring to the

region.

Major League Fishing announced in Aug. 2023 that the league would once again be hosting a tournament in Massena.

The event, part of the sixth season for the league, will be part of the most competitive circuit, the 2024 Bass Pro Shops Bass Pro Tour.

Stage Seven at the St. Lawrence River in the 2024 tour will be hosted by the town of Massena Aug. 6-11, 2024.

The St. Lawrence River and Massena, New York, will play host to Stage Seven of the 2024 Bass Pro Tour season. The event, hosted by the Town of Massena, will showcase the world's top professional bass anglers competing for hundreds of thousands in cash, along with valuable points in the Bally Bet Angler of the Year race, and qualification into REDCREST 2025 and the General Tire Heavy Hitters all-star event.

Each stage of the 2024 Bass Pro Tour features six days of competition using the catch, weigh, immediate-release format, broadcast live on MLFNOW! and streamed to the Major League Fishing app, MyOutdoorTV (MOTV) app, and at MajorLeagueFishing.com.

For complete details and updated information on Major League Fishing and the Bass Pro Tour, visit MajorLeagueFishing.com. For regular updates, photos, tournament news and more, follow MLF's social media outlets at Facebook, Twitter, Instagram and YouTube.



PAL of Massena | Courtesy

Tube time at Titus

Khyla Jones, of Massena, is all smiles as she tubes down Titus Mountain. About two dozen members of the Police Activities (PAL) of Massena had a day of tubing at Titus Mountain on Saturday, Jan. 27. "The kids had a blast," said Noelle La-Trace, Program Director. Photo courtesy of PAL of Massena

Featured artist in Waddington

WADDINGTON -- Artist Steven Cobb will be featured by The Gallery at Lake Saint Lawrence Arts, 14 Main St., from Feb. 1-24, on Thursdays, Fridays, and Saturdays from 11 a.m.-3 p.m.

On February 24, he will be available for demonstration and/or discussion at those times.

Cobb was born, raised, and has lived in the North Country all his life. He paints mostly in acrylics and oils, and creates works that deal with his admiration of nature and the outdoors. The nearby countryside, rivers and mountains of New York's Adirondack Park provide much of his inspiration.

A passionate fly fisherman, his depictions of various trout and other fish, are not only from his own creel, but from references graciously supplied to him from anglers around the world.

His landscapes and other work often document scenes from the rivers, lakes and countryside he frequents, and portray the isolation and solitude of nature, while at the same time welcoming the viewer

into it.

With the onset of the pandemic, and moved by the bleakness of the times, he turned his attention to depicting the remains of old barns throughout the north country.

The grayness of the weathered barn-wood led him to simplify his palette to black and white, concentrating strictly on value to capture mood. His foray into black and white continues into other subject matter, but is frequently interrupted with a more colorful palette.

His work has been exhibited throughout New York and Vermont, and has won numerous local awards.

He is an active member in the local art community, and belongs to various art organizations in and around the area.

He is represented by Gallery 46, Lake Placid NY and The Gallery at Lake St. Lawrence Arts in Waddington.

Cobb currently lives and works out of his Quiet Raquette Studio at 4 Woodland Drive in Raymondville.

Masonic Charities citrus sale

St. Lawrence Masonic Charities is holding its annual citrus sale. Orders are taken now until Feb. 16.

Citrus will be delivered March 2. Citrus available are: navel oranges 2/5 bushel for \$31, red grapefruit 2/5 bushel for \$31, navel/grapefruit mix 2/5 bushel for \$38 and anjou pears 1/4 bushel for \$28.

Proceeds from the sale are used to help those in need in the area.

To place an order call a salesman in your area:

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- Waddington/Madrid, Robert Crump, (315) 244-4150
- Parishville/Potsdam, Dallas Robinson, (315) 705-9064
- Colton, Adam Connelly, (315) 323-5280
- Edwards/Hermon, Ed Snow, (315) 347-3282
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WHAT'S GOING ON

SATURDAY, FEB. 3

Groundhog Day 5K

CANTON -- The St. Lawrence County Public Health Department, in partnership with the Youth Bureau, will offer a Groundhog Day 5K(ish) event at participating local schools on Saturday, Feb. 3, from 9-10:30 a.m. Three schools hosting this event are Heuvelton Central, Colton-Pierrepont Central, and Madrid-Waddington Central. Walking loops will be mapped out in each school for participants to walk or run at their own pace. Individuals can choose how many laps they complete. For some, it could be a 5k, for others it could be a quarter mile or less. In lieu of paying a registration fee, attendees are asked to bring one canned or pantry item to donate to the school's food pantry. Contact the Youth Bureau by emailing Alexa Chase at ACHase@stlawco.gov or calling 315-379-9464 with any questions.

Winter carnival

NORWOOD -- The Norwood-Norfolk Student Council's Winter Carnival will be held on Saturday, Feb. 3 from 10 a.m.-noon in the high school cafeteria and outside on the soccer field near the cafeteria (weather permitting). **THE** free event is designed for students, families, and community members of all ages. There will be both indoor and outdoor activities available.

Rock N' Skate

NORFOLK -- A Rock N' Skate will be held at Norfolk Zappia Community Center Sat., Feb. 3, from 4:30-6:30 p.m. Proceeds will support the renovation project at the Creative Spirit Community Arts Center. For more info, contact host SLC Arts at arts@slcartscouncil.org or 315.265.6860.

Used book sale

BRASHER FALLS -- Friends of the Badenhausen Public Library will hold a used book sale Saturday, Feb. 3 from 9 a.m. to 1 p.m. at the Badenhausen Library, 897 Main St. Book prices are as follows: Adult Hardcover \$2, Adult Paperback \$1, Children's Hardcover \$1, and Children's Paperback and Board Books 2/\$1. Funds raised will benefit the Badenhausen Public Library. Friends of the Badenhausen Public Library will hold book sales on the first Saturday of each month as an on-going fundraiser.

Snow Dash 5k

MASSENA -- A "Snow Dash 5k" fundraiser will be held at the Nicandro Nature Center Saturday, Feb. 3, at 10 a.m., as a fundraiser for the Massena High School Class of 2025. The 3.1 mile/5k course takes place on the nature center trails on skis or snowshoes. It is a stop watch time "fun run" style event. Shorter distances are available for those that wish to support the class but aren't up to a 5k. Free equipment loans are available for all ages and sizes at the nature center. Arrive by 9:30 if you are borrowing equipment. Treats and door prizes after the race. Register is available on site day of the race, by emailing for a form, or via the facebook event posting. Suggested donation of \$20. Co-sponsored by the Massena Drug Free Community Coalition.

Tastes & Treasures

OGDENSBURG -- The Remington Museum's annual food, beverage, and artisanal goods show, newly renamed Tastes & Treasures will be held Saturday, Feb. 3, from 10 a.m.-4 p.m. Admission to the event, including access to the Museum galleries for the day, is \$5 per person

and children under 5 are free. Local wineries, breweries, distilleries, bakers, soap makers, candy and food makers, and artisans will display and sell their wares across the entire Museum. Learn more about this event and see a full list of vendors at <https://fredericremington.org/tastes-treasures-2024.php>.

SUNDAY, FEB. 4

Black Lakers Band

HEUVELTON - Amvets Post 1997, 107 State St., will host a dance featuring the Black Lakers Band on Feb. 4 from 1-5 p.m. Cover charge is \$5.

Sports card show

MASSENA -- The Massena Sports Cards, Coins and Collectibles Show will be held at the American Legion Feb. 4 from 10 a.m.-3 p.m. Entry is \$1 at the door; but first 20 people will be admitted free courtesy of The Hobby Corner. Door prizes every hour. Vendors will be on hand with everything from Funko Pops, sports cards, coins, jerseys, hobby boxes and more. The event is sponsored by Perry's SportsCards.

Fiddlers jam

POTSDAM -- North Country Fiddlers invites acoustic players of all kinds and listeners to its February Jam for some tunes Sunday, Feb. 4, at 2 p.m. at the Potsdam Public Library. A workshop tune at the beginning will be followed by a few familiar jam favorites, and then some round robin at a quicker pace. The North Country Fiddlers is a chapter of the NYS Old Time Fiddlers.

MONDAY, FEB. 5

Microplastic pollution

CANTON -- "Microplastic Pollution in the Raquette and Grasse Rivers" will be a free presentation to be held Monday, Feb. 5, from 6:30-8 p.m. at the St. Lawrence Health Regional Administrative Campus, 6196 US Hwy 11, Canton. Dr. Abul Baki, of Clarkson University, and graduate student Adrita Haque will discuss research findings on microplastics in rural areas of North Country, how microplastics harm the aquatic environments and human health, and what can be done to protect North Country waters from this pollution. Event organizers: Potsdam Climate Smart Committee, the Canton Sustainability Committee, St. Lawrence Health, and Talking Rivers.

TUESDAY, FEB. 6

Norwood Lake group

NORWOOD -- Norwood Lake Association will hold a regular meeting on Tuesday, Feb. 6 at 6 p.m. at the Norwood municipal building. The meeting is open to all members and individuals interested in joining the association.

WEDS., FEB. 7

Science talk on food

POTSDAM -- The next Clarkson University Science Café will be Play with your Food and Learn: Farm to Fork Mathematics, Wednesday, February 7, 7:15 p.m. When you think about where your food comes from, how to prepare it, and why it tastes good, you probably don't think mathematics has much to do with it. Join mathematicians Drs. Joe Skufca and Katie Kavanagh (Clarkson University) in an exploration of agriculture processes, cooking techniques, and food pairings, and for a hands-on (and tasty!) insight to the ways in which mathematics plays a role in what we eat. The informal talks about science and research topics with a local researcher or expert will be held in the community Room at the Potsdam Civic Center, 2 Park St. Info: <https://>

www.clarkson.edu/science-cafe, science-cafe@clarkson.edu.

THURSDAY, FEB. 8

BOCES board meets

CANTON - The St. Lawrence-Lewis Board of Cooperative Educational Services will hold a regular board meeting on Thursday, Feb. 8, at the Educational Services Center, 40 W. Main St., beginning at 6 p.m. Board member James Lattimer will join via zoom from 4800 SW Federal Highway Lot 39, Stuart, Florida.

FRIDAY, FEB. 9

'Consider This' art study

OGDENSBURG -- An on-site/virtual hybrid program over Zoom or in person at the Museum on Friday, Feb. 9 at noon, offering guided exploration of Frederic Remington's ca. 1888 oil painting Lieutenant Powhatan H. Clarke, Tenth Cavalry. Museum docent Luanne Herzog will facilitate this on-site discussion at the Remington Museum. Call (315) 393-2425 or email info@fredericremington.org to sign up. On-site participation is free with admission to the Museum. Sponsored by The Enchanted Edible Forest at Cross Island Farms.

Rock N' Skate at Oburg

OGDENSBURG -- A Rock N' Skate will be held at Ogdensburg Lockwood Civic Center Friday, Feb. 9, from 6:00-8:00 p.m. All ages are invited. Entry is \$5. Skate rentals available. Proceeds will support the renovation project at the Creative Spirit Community Arts Center. For more info, contact host SLC Arts at arts@slcartscouncil.org or 315.265.6860.

Strictly Hip Tribute Band

BRASHER FALLS -- 'The Strictly Hip, ' a tribute band to The Tragically Hip Band, will perform Friday, Feb. 9, at Pike's Place, Brasher Falls, 7:30 - 10:30 p.m. Based in Buffalo, the band performs for The Hip's American fan base across North America. Cost is \$28.52. To order tickets: TheStrictlyHip.com.

SATURDAY, FEB. 10

80s Trivia Night

MASSENA -- An 80s Trivia Night will be held to benefit the Police Activities League of Massena (formerly known as the Boys and Girls Club) on Feb. 10 at 6 p.m. at the Massena VFW, 101 West Hatfield St. Cost: \$120 per team of four. Entry fee includes 4 meal tickets to our Taco/Nacho Bar, Cash Bar available. Prizes for top teams and best costumes. Dress in your best 80s wear (we know you've still got them). Noelle LaTrace, noelle@massenapal.com, 315-705-6075.

Amvets Auxiliary meets

HEUVELTON -- Amvets Auxiliary 1997 meets at the post, 107 State St., on Feb. 10 at 11 a.m.

Cardboard sled races

CANTON -- Nature Up North's 6th Annual Cardboard Sled Race will be Saturday, Feb. 10, 10 a.m.-1 p.m., 34 Cornell Dr., SUNY Canton sledding hill. Sled racers can use cardboard, duct tape, and recyclable plastic bags to build their championship racer. Organizers will also have sleds to borrow for those who just want to take some runs down the hill. Nature Up North will hold several cardboard sled-building workshops before this event. Visit the Nature Up North website for more information. . 0:00 a.m., - 1 p.m. a.m., Saturday, February 10, 2024. Free. SUNY Canton Sledding Hill 34 Cornell Drive, Canton, NY.

Free tax prep

MASSENA -- Free tax prep MASSENA - A Super Saturday tax preparation event will be held Feb. 10 from 8-11:30 a.m., at SeaComm's Main Office, 30 Stearns St. These tax preparation events provide the opportunity for low and moderate-income working individuals and families to have their income tax returns prepared free of charge. Eligibility is generally limited to taxpayers with an income

under \$63,398. IRS-trained volunteers will be on hand to prepare returns for qualified individuals. Appointments for Super Saturday are required, as walk-ins will not be allowed. To make an appointment or for more information, call toll free 1-800-764-0566. Information is also available on the SeaComm website, www.seacomm.org and on the SeaComm Facebook page.

Open mic

NORFOLK -- Singer-Songwriter Shawn Stoddard will host a Valentine's Day Open Mic at The Coach Tavern, 3 West Main St., Saturday, Feb. 10 at 8 p.m. Free Valentine's Day Swag basket giveaway.

Poker run

BRIER HILL -- The Brier Hill Fire Department Poker Run will be held Saturday, Feb. 10. Stops include Langbrook Meadows, Turner Inn, Doug's Tavern, Sid's Place, Iron Horse, East Branch, Char's Bar and JK Roadhouse. Riders must go to at least four stops. The final stop will be at the fire department. More stops means more cards. \$15 to enter. For more information and to register, call 315-323-4096. Trailer parking available. Food, drinks, music, cash prizes, raffles.

Ice fishing derby

WADDINGTON -- Sons of the American Legion Waddington Post 420 will host its

22nd annual ice fishing derby Saturday, Feb. 10, from sunrise until 4 p.m. Boundaries are from Iroquois Dam to the Coles Creek Marina and all connecting water in between. Entry fee is \$25 per person, under 16 free. Cash awards to paid registrants with the heaviest northerns announced at award ceremony, 5 p.m. at the Waddington American Legion. Sign up at American Legion Waddington, Pig and Moo BBQ, Sugar Shack Bait & Tackle (Lisbon), Strike Fear Bait (Massena), Northern Harness Bait & Tackle (Massena) or weigh in station at the American Legion day of the derby til 9:00AM. For information contact Derby Chairman Mike Tiernan, 315-250-5252.

SweetHeart Ball

OGDENSBURG -- Ogdensburg Elks Lodge 772 are hosting a SweetHeart Ball for parents to bring their children ages 3-13 out for an evening of dancing and memories on Saturday, Feb. 10 from 6-9 p.m. Children must be accompanied by a parent, grandparent, aunt, uncle or parental figure. Pre-sale tickets for the event cost \$15, which includes admission for one adult and child). An additional \$5 will be required for an extra adult or child. Admission at the door night of event will be \$20 plus the additional \$5 if applicable. For tickets, contact Stacey at 315-854-2106 or buy them at the Ogdensburg Elks Lodge, 332 Caroline St. There will be a DJ providing the tunes, pizza & snacks and photo opportunities.

COLTON TOWNSHIP

Winterfest

February 9 - 11

Friday, Feb. 9.....

Spaghetti Dinner: 2:45 - 5 p.m. (grab & go), 5 - p.m. (dine in or until sold out) CPCS Cafeteria, sponsored by CPCS Class of 2025

Boys JV vs Tupper Lake: 5:30 p.m.

Boys Varsity vs Tupper Lake: 7 p.m.

Ski Challenge with distance markers at Higley Flow State Park: 9 p.m. until midnight, sponsored by Friends of Higley

Music: sponsored by Robideau's Mahogany Ridge

Saturday, Feb. 10.....

White Elephant Sale: 9 a.m.- 4 p.m., Colton Community Church Soup & Sandwiches, Bake Sale from 11 a.m.- 3 p.m.

Craft & Vendor Show: 10 a.m.- 2 p.m., Colton Amvets Post 262 (downstairs), sponsored by Lisa Fisher. All proceeds from tables reserved to go to the Katherine Hayes food pantry.

FREE Clothing Giveaway, 9 a.m. - 6 p.m., Colton Pierrepont School

Introduction to Archery: 12 p.m., Fish & Game Club

Cardboard Sled Races with Prizes: 1 p.m., sponsored by the Fish & Game Club **The hill for sliding will be open for the weekend**

Ski challenge with distance markers at Higley Flow State Park: 11 a.m.- 4:30 p.m., sponsored by Ed & Judy Fuhr

Wood Carver's Event: held at and sponsored by Robideau's Mahogany Ridge

Shrek the Musical: 1 p.m. and 7 p.m., CPCS, sponsored by Musical Department

Chili Dinner & Hot Dogs: 11 a.m. - 2 p.m. at CPCS, sponsored by the Well

Trivia: 3 p.m., Raquette River Pub

Live Music, Tropical Theme: 8 p.m, Raquette River Pub

Quilt Show: 9 a.m. - 3 p.m., Colton Community Center

Sunday, Feb. 11.....

Free clothing giveaway: 9 a.m. - 2 p.m. at CPCS

Kids' Fest: 11 a.m.- 2 p.m., pancake eating contest, buddy sled race, s'mores, snow painting, face painting, sponsored by Red Pine Cone

1 - 3 p.m., fish crafts by South of the Rock Bait, Beer & Tackle Shop, South Colton Community Center

Fry pan toss followed by Cornhole Tournament: 10 a.m., sponsored by and held at Colton Amvets 262

Ski Challenge with distance markers at Higley Flow State Park

White Elephant Sale: 11 a.m. - 2 p.m., Colton Community Church

Superbowl Festivities: 6:30 p.m., Raquette River Pub

'Consider This' programs at Remington Museum

OGDENSBURG — The Frederic Remington Art Museum invites the public to participate in one of February's "Consider This" programs. This program offers guided exploration of a single work of art on display at the Remington Museum. "Consider This" is for all ability levels, and no art background is required. Participants simply need an interest in joining the conversation. A different artwork is featured each month, with three program sessions to choose from in February: Friday, February 9 (in-person), Thursday, February 15 (hybrid), and Thursday, February 29 (hybrid).

Two sessions are offered in an on-site/virtual hybrid format, in which participants can join the conversation remotely via Zoom or in person at the Museum. The other session is offered only on-site at the Museum. Programs are offered at noon, so that even working people can join the conversation during their lunch and bring art into their workday. Participation via Zoom is free, and on-site participation is free with admission to the Museum.

Free participation in "Consider This" is made possible by the generous support from this program's

sponsor, The Enchanted Edible Forest at Cross Island Farms.

In February there will be three opportunities to spend quality time with Frederic Remington's ca. 1888 oil painting Lieutenant Powhatan H. Clarke, Tenth Cavalry. Each session features 30 minutes of focused looking, consideration, conversation, and interpretation of the artwork. For the hybrid sessions, Museum Curator & Educator Laura Desmond will broadcast from the Museum, teaming up with a docent to facilitate discussion among participants. Active participation is strongly encouraged.

Museum docent Luanne Herzog will facilitate an on-site session at the Remington Museum on Friday, February 9 at noon.

For the hybrid sessions, Laura Desmond will team up with Museum docents Anne Skelly and Patti Mahoney on Thursday, February 15 at noon, and with docent Johnny Mróz on Thursday, February 29 at noon.

To learn more and to register, you can call 315-393-2425 or email desmond@fredericremington.org. For ease of conversation, registration will be limited to eight participants.

Snow Dash 5k in Massena

MASSENA — A "Snow Dash 5k" fundraiser will be held at the Nicandri Nature Center Saturday, Feb. 3, at 10 a.m.

The Massena High School Class of 2025 will be running the fundraising event for class activities.

The 3.1 mile/5k course takes place on the nature center trails on skis or snowshoes. It is a stop watch time "fun run" style event. Shorter distances are available for those that wish to support the class but aren't up to a 5k.

Free equipment loans are available for all ages and sizes at the nature center, please arrive by

9:30 if you are borrowing equipment.

Following the race there will be s'mores, hot cocoa, and treats for all participants.

Participants will have the chance to win door prizes as well.

Registration is available on site day of the race, by emailing for a form, or via the facebook event posting. There is a suggested donation of \$20.

The event is co-sponsored by the Massena Drug Free Community Coalition who will provide t-shirts (limited quantities) and will be on hand with information and prizes.

Microplastic pollution talk

CANTON — "Microplastic Pollution in the Raquette and Grasse Rivers" will be a free presentation to be held Monday, Feb. 5, from 6:30-8 p.m. at the St. Lawrence Health Regional Administrative Campus, 6196 US Hwy 11, Canton.

Microplastics are everywhere. These tiny pieces of plastic, smaller than 5mm in length, have been found in the water we drink, the food we eat, and even our very own blood. Want to know how this affects the North Country? Dr. Abul Baki is doing groundbreaking research about microplastic pollution in the Raquette and Grasse Rivers.

Join us to learn about his findings, how the abundance and risk of microplastics in rural areas of North Country, how microplastics harm the aquatic environments and human health, and what can be done to protect North Country waters from this type of pollution.

Dr. Baki will be joined by Clarkson University graduate student Addrita Haque, who will discuss microplastics sources, impact, and mitigation strategies.

This event was organized by the Potsdam Climate Smart Committee, the Canton Sustainability Committee, St. Lawrence Health, and Talking Rivers.

Tri-Town's Miss Winter Carnival Pageant

BRASHER FALLS — Tri-Town's Miss Winter Carnival Pageant 2024 is accepting registrations through Feb. 2 for its 1950's themed pageant. The pageant will be held Sunday, Feb. 18, at 1 p.m. at the

Brasher Falls Elementary School. For more information, or to register by Feb. 2, message on Facebook, text/call 518-256-2878 or email dancingchica02@hotmail.com

'The Strictly Hip' to perform in Brasher

BRASHER FALLS — "The Strictly Hip," a tribute band to The Tragically Hip Band, will perform Friday, Feb. 9, at Pike's Place, Brasher Falls, 7:30 - 10:30 p.m.

Originally started in 1995 in St.

Catharines, Ontario, The Strictly Hip is now based in Buffalo, performing for The Hip's American fan base across North America.

Admission is \$28.52 and can be purchased on their website: TheStrictlyHip.com

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of CS NY Miner Holdco, LLC. Arts. of Org. filed with NY Dept. of State: 12/22/23. Office location: St. Lawrence County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: Corporate Creations Network Inc., 600 Mamaroneck Ave. #400, Harrison, NY 10528. Purpose: all lawful purposes.

MASSENA NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Insulation Solutions of NNY, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 09/12/2023. Office location: St. Lawrence. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Michael Baxter: 27 Riverside Parkway, Meassena, NY 13662. Purpose: Any lawful purpose.

COLTON NOTICE OF MEETING
NOTICE IS HEREBY GIVEN that the Colton-Pierrepont Central School Board of Education will hold its regularly scheduled board meeting @ 5:30 p.m., February 13, 2024, in the library.
Jennifer Fleury
Board Clerk

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Next LVL Consulting LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 01/24/2024. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Emma Slate: 210 Main St. - Haillesboro Road, Gouverneur, NY 13642. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
585 HOCKEY DEVELOPMENT LLC Arts of Org. filed SSNY 11/8/23, St. Lawrence Co. SSNY design agent for process & shall mail to Zenbusiness Inc. 41 State St #112 Albany, NY 12207 General Purpose

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Bent Beam Brewing LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-04-14. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Gary Hammond: 470 County Route 19 Hermon NY 13652. Purpose: Any lawful purpose

ST. LAWRENCE COUNTY NOTICE OF MEETING TOWN OF STOCKHOLM LEGAL NOTICE
PLEASE TAKE NOTICE that the Stockholm Town Board will hold their Annual Audit meeting on Tuesday, February 13, 2024 at 5:30 P.M. at the Municipal Building, Winthrop.
The regular meeting will immediately follow at 6:00 P.M. These meetings are open to the public.
DATED: January 12, 2024
Heather Kish
Stockholm Town Clerk

POTSDAM NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Stone and Steel Gym LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 01/17/2024. Office location: St. Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Timothy A. Vollmer: 8242 US Highway 11, Potsdam, NY 13676. Purpose: Any lawful purpose.

POTSDAM NOTICE OF PUBLIC HEARING PUBLIC NOTICE OF HEARING BEFORE THE ZONING BOARD OF APPEALS
A Public Hearing before the Zoning Board of Appeals of the Village of Potsdam will be held on Thursday, February 8, 2024 @ 7:00 p.m. in the Civic Center Board Room, Park Street, Potsdam, NY to consider the following:
1. Use Variance Application #2024-1-24 submitted by Michael Barnum for 5 Division Street. Variance is being sought to allow front yard parking in R-2 zoning district.
The above application is open for inspection at the Code Enforcement Office, Civic Center, Potsdam, NY. Persons wishing to appear at the hearing may do so and will be permitted to speak to the subject application. Communications in writing may be filed with the Board before or at this hearing and will be read into the official record.
Lisa Thompson
Code Enforcement Officer

ST. LAWRENCE COUNTY NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Joyful Paws, LLC was formed on December 7, 2023. The principal offices are located in St. Lawrence County and the Secretary of State has been designated as the agent upon whom process may be served. The Post Office address which the Secretary of State shall mail a copy of any process is 634 State Highway 420, Brasher Falls, NY 13613. Joyful Paws, LLC is engaged in any lawful business activity.

BRASHER LEGAL NOTICE PLEASE TAKE NOTICE
NOTICE that the Regular Meeting of the Brasher Town Board will be held on Wednesday, February 14, 2024 at 4:00 PM it will be held at the Municipal Building in Brasher Falls, NY. All meetings are open to the public and all are welcome to attend.
DATED: 01/29/24
Bethany St. Hilaire
Brasher Town Clerk

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Sleeping Fox LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-06. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Austin Bailey: PO Box 751 Canton NY 13617. Purpose: Any lawful purpose

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of 81 Pierrepont Avenue LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Timothy J. Wagoner: 5 Market St Alexandria Bay NY 13607. Purpose: Any lawful purpose

COLTON PUBLIC NOTICE
Colton Planning Board
Please Take Notice The Town of Colton's Planning Board will hold a meeting February 13, 2024 at 6:00 pm at the Town Hall, 94 Main Street, Colton NY. The Board will continue work on a comprehensive plan for the town.
Respectfully submitted,
Kirke Perry
Chair, Planning Board
Town of Colton

CANTON LEGAL NOTICE
NOTICE IS HEREBY GIVEN by the Town Board of the Town of Canton, that pursuant to the provisions of Town Law of the State of New York, a public hearing will be held at 5:00 PM on the 14th day of February, 2024 at the Canton Town Hall, 60 Main Street, Canton New York to consider the adoption of a local law entitled LOCAL LAW AMENDING THE TOWN ZONING LAW AND OTHER LAND USE LAWS. This proposed Local Zoning Law would repeal and replace the existing Zoning Law and Zoning Map of Chapter 70 of the Town of Canton Code; and repeal Local Law No. 3 of 2019 Solar Energy Facilities of the Town of Canton Code. The Town Board determined that this local law would have no significant environmental impacts pursuant to the New York State Environmental Quality Review Act. A complete copy of the proposed local law is available for public inspection at the Town Clerk's office and on the Town's website. **NOTICE IS HEREBY FURTHER GIVEN** that all interested persons will be given an opportunity to be heard. Written comments will be accepted by the Town Clerk. townclerk@canton.ny.gov, until no later than 2:00 p.m. on February 14, 2024.
Heidi L. Smith
Canton Town Clerk
January 30, 2024

STOCKHOLM PUBLIC NOTICE TOWN OF STOCKHOLM PLANNING BOARD MEETING'S LEGAL NOTICE
PLEASE TAKE NOTICE that the Stockholm Planning Board will meet on the third Tuesday of the month to conduct regular business. If there is no business to transact, the meeting will be canceled. Please call the Town Clerk to determine if a meeting has been canceled. Separate notices will be sent when the Board meets to address permits, site plan review, and other similar business. Action that is not subject to separate notice includes such activities as training and reviewing current laws and regulations.
They will meet on the 3rd Tuesday of each month in 2024:
February 20, 2024
March 19, 2024
April 16, 2024
May 21, 2024
June 18, 2024
July 16, 2024
August 20, 2024
September 17, 2024
October 15, 2024
November 19, 2024
December 17, 2024
These meetings are open to the public. Any written comments may be submitted to the Town of Stockholm Planning Board, 540 State Highway 11C, Winthrop, NY 13697.
DATED: January 23, 2024
Robin McClellan, Chairman
Stockholm Planning Board

OGDENSBURG LEGAL NOTICE
The City of Ogdensburg is inviting all interested parties to consider this exciting opportunity to develop a .58-acre parcel in the City's Marina District. The request for proposals (RFP) is available by contacting Director of Planning and Development, Andrea Smith at asmith@ogdensburg.org. All submissions must be received no later than 2:00 PM EST February 16, 2024. The submission shall be sent by email in a single merged file (PDF format) to: asmith@ogdensburg.org.

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY
Articles of Organization of Green Coat Photography, LLC (the "LLC") were filed with the Secretary of State of New York ("SSNY") on January 5, 2024, effective upon the date of filing. Office Location: St. Lawrence County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC at 11681 State Highway 37, Lisbon, New York 13658. Purpose: General.

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of 15 Lincoln Street LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Timothy J. Wagoner: 5 Market St Alexandria Bay NY 13607. Purpose: Any lawful purpose

INVITATION TO BID AND LEGAL NOTICE TO BIDDERS - TOWN OF COLTON:
Notice is hereby given that the Town of Colton, County of St. Lawrence, New York will be accepting two separate sealed bids. 1) For the wall and ceiling restoration at the Hepburn Library. 2) New replacement custom trim for the Hepburn Library. Sealed bids should be labeled as bid 1 and/or 2.
Submit sealed bids to Colton Town Hall, 94 Main St., Colton, NY 13625. Sealed bids will be accepted until 12 noon on Tuesday, February 20th, 2024. Sealed bids will be opened for review at noon on Tuesday, February 20th. Contract will be awarded on Friday, February 23rd, 2024.
The Town of Colton reserves the right to refuse any and/or all bids, and a non-collusive statement must accompany all bids.

ST. LAWRENCE COUNTY LEGAL NOTICE
The resolution, a summary of which is published herewith, has been adopted on December 7, 2023, and an abstract thereof has been published and posted as required by law and the period of time has elapsed for the submission and filing of a petition for a permissive referendum and a valid petition has not been submitted and filed. The validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the Town of Rossie, in the County of St. Lawrence, New York, is not authorized to expend money or if the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of publication of the notice, or such obligations were authorized in violation of the provisions of the constitution.
Jennifer Gardner
Town Clerk
BOND RESOLUTION OF THE TOWN OF ROSSIE, NEW YORK, ADOPTED DECEMBER 7, 2023, AUTHORIZING THE ACQUISITION OF A NEW TRUCK; STATING THE ESTIMATED MAXIMUM COST THEREOF IS NOT TO EXCEED \$249,655, APPROPRIATING SAID AMOUNT FOR SUCH PURPOSE, INCLUDING GRANT FUNDS IN THE AMOUNT OF \$50,000 EXPECTED TO BE RECEIVED FROM THE UNITED STATES OF AMERICA AND AVAILABLE FUNDS OF THE TOWN IN THE AMOUNT OF \$655 TO PAY A PORTION OF SAID APPROPRIATION, AND AUTHORIZING THE ISSUANCE OF BONDS OF SAID TOWN IN THE PRINCIPAL AMOUNT OF NOT TO EXCEED \$199,000 TO FINANCE THE BALANCE OF SAID APPROPRIATION
The object or purpose for which the bonds are authorized is the acquisition of a new truck, including equipment and apparatus used in connection therewith.
The period of probable usefulness is fifteen (15) years.
The maximum amount of obligations to be issued is \$199,000. Available funds of the Town in the amount of \$655 and \$50,000 in grant funds expected to be received from the United States of America shall be applied towards the cost of said new truck.
A complete copy of the bond resolution summarized above shall be available for public inspection during normal business hours at the office of the Town Clerk, Town Hall, 908 County Route 3, Redwood, New York.
Dated: December 7, 2023

Notice of Public Sale: On March 7, 2024 at 10:00 A.M. at the St. Lawrence County Courthouse, 48 Court Street, Canton, NY 13617, the following goods will be exposed to sale at public auction without reserve:
Premises known as 6937 State Highway 56, Potsdam, NY 13676
Tax ID Number 63.058-3-7
All that certain plot piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Town of Potsdam St. Lawrence County and State of NY
This sale is held to enforce the rights of Community Bank, N.A., of 201 North Union Street, Olean, NY 14760, as the secured party arising under a Mortgage executed with Gordon D. Nehm and Lisa S. Nehm, as debtor(s); said Mortgage was duly recorded in the Office of the Clerk of the County of St. Lawrence on February 11, 2019, Instrument No. R-2019-00001485
Thomas R. Adams, Esq., Referee, 2 Judson Street, Canton, NY 13617
Morgan & Associates, PLLC, attorneys for the Plaintiff, 201 N. Union St., Ste. 410, Olean, NY 14760, 716-373-2165



BOCES | Submitted

Above, Cooper Rutheford, stands with family, coaches and staff during his recognition for scoring 1,000 points in basketball.

Lisbon players join 'Hardwood Club'

LISBON — This winter sports season, Lisbon Central School District has seen three student-athletes achieve significant success in their basketball careers as they joined the LCS Hardwood Club.

The Hardwood Club is a group of Lisbon Central School Dis-

trict basketball players who have scored 1,000 points or more during their career.

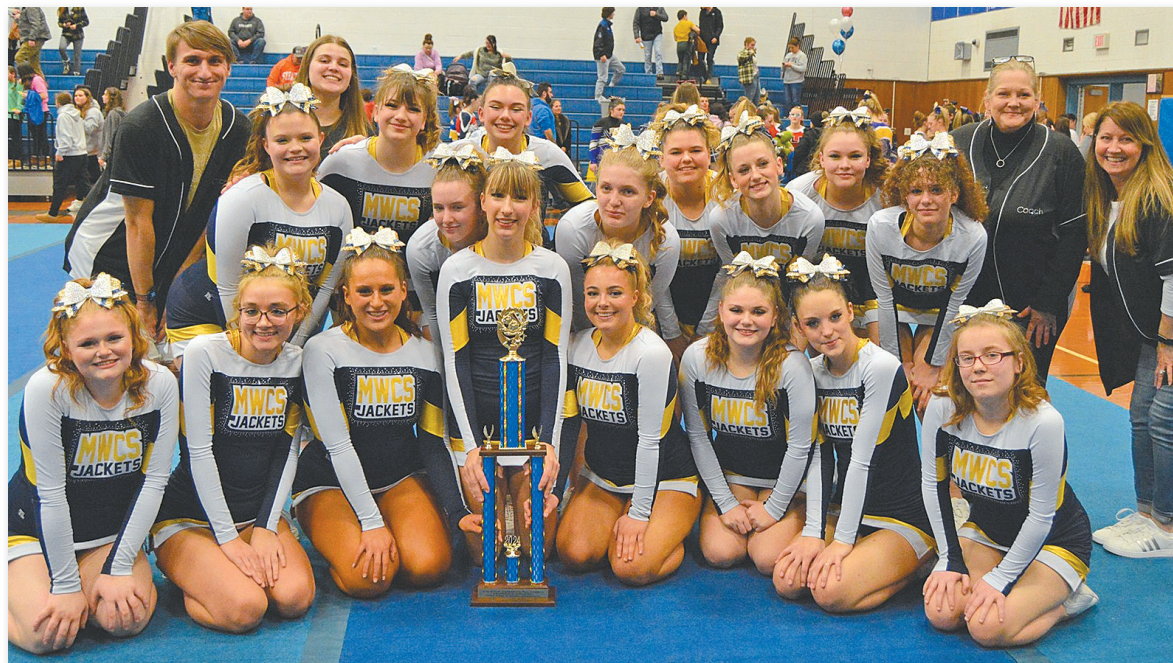
Rachel LaRock scored her 1000th combined JV & Varsity Basketball career point on Dec. 17.

Cooper Rutheford was recognized on Jan. 16 for his 1000th varsity basketball career point

that was scored on Dec. 20.

Most recently, Allison Bell scored her 1,000th combined JV & Varsity Basketball career point on Jan. 18.

Both Rachel and Allison are fewer than 200 points away from achieving their varsity-only 1,000 point achievement.



Courtesy | Madrid-Waddington Central School

Yellowjackets take first place

The Madrid-Waddington Central School Yellowjackets cheerleading squad earned first place honors at the OFA invitational Section 10 competition Sunday, Jan. 28. The team competed in the Class D: Small School Division, against Edward-Knox, St. Lawrence Central, and Heuvelton Central. The team includes Lilly Burwell, Francesca Ashley, Hailey Harvey, Phebe Grandy, Kadence Bowman, Zoie Howes, Rileigh Stebbins, Danika Sheffield, Savannah Tracy, Lydia Baxter, Aoife Burke, Abigail Burwell, Grace LaMora, Zoey French, Grace Mayette, Hailie Paquin, and Kyleeann Kriegel. Coaches include head coach Danielle Armstrong and assistant coaches Austin Plante, Halleigh Lucy and Melissa Marlin.

Groundhog Day 5K planned

CANTON -- The St. Lawrence County Public Health Department, in partnership with the Youth Bureau, will offer a Groundhog Day 5K(ish) event at participating local schools on Saturday, Feb. 3, from 9-10:30 a.m.

Three schools hosting this event are Heuvelton Central, Colton-Pierrepont Central, and Madrid-Waddington Central.

"Our organizations recognize that winter in the North Country is long and it can be easy to get stuck on the couch hiding from the cold. It is our goal to get community members up and moving, even if only for one day," said Jena Sloan, Public Health Specialist.

Walking loops will be mapped out in each school for participants to walk or run at their own pace.

Individuals can choose how many laps they complete. For some, it could be a 5k, for others it could be a quarter mile or less.

Participants are encouraged to show their school spirit by wearing their school colors or consider wearing Groundhog Day themed attire.

In lieu of paying a registration fee, attendees are asked to bring one canned or pantry item to donate to the school's food pantry.

Contact Alexa Chase at AChase@stlawco.gov or 315.379.9464 with any questions. Other schools are encouraged to participate and may contact us for information. The school with the highest amount of participation will receive an honorary trophy and featured in a press release.



Massena Rod and Gun Club | Submitted

Ed Rider, of Waddington, waits to shoot clays birds once the trapper is set at the Massena Rod and Gun Club.

Gun club ranges open to all

MASSENA — The Massena Rod and Gun Club has a number of options to offer sportswomen and sportsmen on their 378 acres of land on Patterson Road.

The Club has three covered shooting rifle ranges; one set up for 200 and 300 yards; and two set up for 6, 15, 25, 50, 75, and 100 yards.

A pistol range is set up for 25 and 50 yards.

The club has 30 archery targets,

along wood trails, in addition to an indoor archery range.

For shotgun shooters, the Club has a 16-station sporting clay field, trap, skeet and a 5-stand. Members also shoot indoor air rifle.

The Club hosts the Massena High School Air Rifle team.

For more details, visit their Facebook page: "Massena Rod-Gun Club"

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OVRs...

in the Town of Morristown, 39 in the Town and Village of Waddington, 30 in the Town and Village of Hammond, 6 in the Village of Rennselaer Falls and 26 in the Town of Depeyster. We also took calls in the towns of Canton, Macomb, Russell, Hermon, Gouverneur, Dekalb, Madrid, Massena, Potsdam, Rossie and even Alexandria Bay.

"In addition, we were available to assist many other agencies for ALS intercepts. In 2023, the OVRs transport division exploded in call volume. These transports end up being life-saving calls just as crucial as a 911 call would as we have to get these critically ill patients to a higher level of care. These used to be to Syracuse or Burlington VT however, due to nursing shortages across New York State we have found ourselves taking patients to further and further destinations. We have transported patients to Massachusetts, Westchester (numerous times recently), Albany, Rochester and Buffalo. This ends up being extremely costly for OVRs due to staffing needs and vehicle wear and tear," he said.

Call types & overdoses

The Ogdensburg Volunteer Rescue Squad treated patients for the following complaints: Abdominal Pain – 76, Allergic Reactions – 9, Altered Mental Status – 53, Animal bites – 3, Assaults – 20, Back Pain – 25, Breathing Problems – 190, Cardiac Arrests – 26, Chest Pains – 140, Seizures – 102, Diabetic Problems – 31, Falls – 223, Hemorrhage/Lacerations – 54, Overdose – 89, Pain – 91, Sick person – 380, Traffic Accidents – 111, Traumatic Injuries – 48, Stroke/CVA – 40, Unconscious/Fainting – 101 and many other miscellaneous calls for service. 2023 OVRs continued to see increases in unconscious/fainting and overdose calls.

"Unfortunately, this remains a

true crisis for the City of Ogdensburg. Drugs of all kind are being "laced" with a drug called Fentanyl, which is a powerful opioid," he said.

"Many of these patients are not breathing when either OVRs, OPD or OFD arrive first. Once again if not for the incredible system we have built in the City of Ogdensburg, many of these would have become deaths. Instead, the patients are administered a drug called Narcan, which reverses the causes of an opioid overdose."

On average, Ogdensburg Volunteer Rescue Squad was enroute and out of service to first calls within 2.45 minutes and arrived on scene in less than 4.48 minutes of dispatch in the 13669-zip code.

Their on-scene time is 7 minutes, which Gardner says is amazing when considering some calls over 20 minutes.

"The Members of OVRs are extremely thankful for all of our First Responders, especially the City of Ogdensburg Fire Department, the City Police Department, the Heuvelton Fire Department and all of the other departments we have the pleasure of working with every year. They are an intricate part of the EMS System and continue to help deliver fast and quality care to our communities. Our working relationships are outstanding and enable our Community Members to receive excellent Medical Services," he said.

Membership

"The COVID epidemic saw our volunteer membership drop and with the decline in membership, together with a steady increase in the number of calls meant that we had to hire more full time and part time staff to meet our obligation to provide services. The constant increase in the cost of doing business obviously causes OVRs to have to find other ways to maintain our on-going service to the City of Ogdensburg but also all of the surrounding areas we service. Our members take pride in being able to provide and maintain the highest quality of care."

Gardner said that in March of 2022 volunteers were asked to begin doing their duty shifts and making their required monthly hours., but some of the volunteers decided to not return, due to changes in their personal lives and other

extenuating circumstances.

"Luckily, many other dedicated members realized the importance of serving their community and did return to make sure our organization continues to function as well as we always have," he said. "Lately, we have been receiving new Member applications and in 2023 we added 10 new Volunteers. OVRs has Volunteer Members that travel from as far away as Montreal and Ottawa."

Gardner says he's amazed by the commitment

"Once again, the communities we serve are extremely fortunate to have an organization like the Ogdensburg Volunteer Rescue Squad that continues to function and be there when people are having their worst moments."

The OVRs has 30 volunteers and has received one more application recently.

"At the current average rate for paid providers, this represents a savings of over \$864,000 to the communities we serve in salary and benefits such as health insurance and pensions. The Volunteers of the Ogdensburg Volunteer Rescue Squad receive no compensation for their service to their community. There is one (1) with 50+ Years of service, one (1) with 43 years, two (2) volunteers with 30 years+ of service, four (4) with over 20 years of service, two (2) with 10-14 years of service, seven (7) with 5-9 years of service and 12 with fewer than five years of service," the report says.

"The volunteer membership consists of: Three (3) Paramedics, one (1) Advanced Critical Care EMT, ten (10) Basic EMT's, fifteen (15) Certified Divers the Ogdensburg Volunteer Rescue Squad also has a paid staff that consists of one Advanced Life Support provider & Basic EMT on duty 24 hours a day, seven days a week. We also have two full-time ALS providers and drivers staffing our transport division. Our paid staff consists of: Two (2) Critical Care Paramedics, Eight (8) Paramedics, four (4) Advanced Critical Care EMT's and Nine (9) Basic EMT's. All of the Volunteer members and paid staff must stay current with the latest technologies and medications in the field of Emergency Medicine by recertifying with New York State every three years," according to the report."

'Once again, the communities we serve are extremely fortunate to have an organization like the Ogdensburg Volunteer Rescue Squad that continues to function and be there when people are having their worst moments.'

Ken Gardner
OVRs Chief

ROCKIN...

to draw thousands to the region. Massena and the surrounding communities will be near the very center of the eclipse, offering one of the best viewing opportunities for visitors.

Hendricks said meetings are ongoing with organizers "bouncing ideas back and forth" for a potential event that might take place at the Massena International Airport.

"We're in the preliminary stages of that. Right now we're looking at possibly like a 2 to 5 (p.m.) time frame, your mid-afternoon into the evening on the day of April 8, the day of the total eclipse. We're going to continue to work and bounce ideas off (each other) and hopefully solidify something here in the coming weeks. We have a premise, but we're open to any input," Hendricks said.

County officials are also taking major steps to prepare for the eclipse.

County officials say the event could draw over 100,000 people to the north country, quite literally doubling the population of the county for the event.

Hotels are beginning to book up quickly and restaurants will likely be stretched thin as they serve visitors, county officials say.

Despite the positives that will come with enhanced tourism, officials say the influx of visitors will

contribute to a "short, although tremendous impact on resources available in the county."

That impact could greatly and negatively affect emergency services and response times, officials say.

In the best interest of public safety, officials opted to organize a local planning effort and committee to advise and make recommendations to the board of legislators on a formal safety plan.

The committee will advise legislators policies related to public safety, public health, traffic control, community events, marketing and emergency planning sufficient to address the crowds expected in St. Lawrence County.

According to Emergency Services Director Matt Denner, Emergency Services has been drafting an emergency management plan for the event and has distributed it to legislators for consideration.

Denner said some of the unique challenges the county will face include transportation, with limited highways in the central zone of the eclipse.

Some areas may face mass congestion, especially with viewers pulling off to the side of the highway or other public highways for viewing.

That mass congestion will also potentially cause issues with cell phone coverage, with thousands of extra devices taking up the already limited bandwidth in many areas.

The inability to make calls in the event of a medical emergency are a concern, especially now that land lines are no longer prevalent, Denner previously told legislators.

Denner said the influx of tourists will also provide Emergency Services with an opportunity to exercise multiple plans and annexes that typically are only simulated as well.

One concern many at the state and county level have raised is the potential for cell coverage to be limited as a result of the influx of people.

Denner said cell phone coverage is a primary concern that has already been identified by the state, noting that the possibility of adding temporary cell towers has been raised to mitigate those concerns.

This will be the last total solar eclipse until 2144.

EXPO...

event aren't around any now. However, he said the board has been wanting to make it happen.

If you grew up in Ogdensburg odds are you've spent some time at the club and odds are even better that you've been to the expo.

The expo has always been a community oriented event. People often planned trips home around the expo, much like the Seaway Festival. It's an Ogdensburg event where you're likely to bump into friendly faces you've been missing.

Although this year's event will be scaled back a bit, taking place largely within the dome, Luckie says it should still be a big draw.

He said they are hoping to bring in 60 to 70 vendors and said there will still be room for crafters and carnival games.

He said live entertainment including local dancers and musicians as well as the concessions.

"Our board of directors have been great. They kept coming up with ways to support the club through the pandemic and have been the driving force behind bringing back the expo," he said.

Those looking to rent a table, donate or volunteer can do so by reaching out to obgc@hotmail.com .

The expo is set to kick off March 23 from 10 a.m. to 7 p.n. And March 24 from noon to 4:30 p.m.

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Sat, Sun 12:30, 3:00

The Beekeeper
7:00, 9:15 pm Nightly **R**
Sat, Sun 12:45, 3:00

Night Swim
7:00, 9:15 pm Nightly **PG-13**
Sat, Sun 12:45, 3:00

Wonka
6:50, 9:20 pm Nightly **PG**
Sat, Sun 12:30, 3:00

Migration
7:00, 9:00 pm Nightly **PG**
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5				4			9
2		7			6	3	
		1		3		7	
	4		9				8
7					8		6 1
1			7		5	9	
		6	3				5
	8			1			2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

Answers found elsewhere in this paper.

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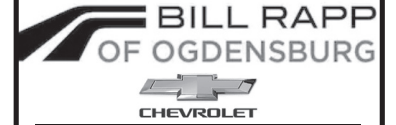


NURSE PRACTITIONERS

Hospice is expanding the AIM palliative care program and has immediate openings for **full time, part time and per diem Nurse Practitioners** to provide home-based palliative care consultations throughout St. Lawrence County. AIM provides pain and symptom management and education and support to families and caregivers, while working with and supporting patients' primary care physicians.

Applicants should have some familiarity with palliative care, broad clinical knowledge, and excellent interpersonal and communication skills. Experience and certification in palliative care, hospice and/or pain treatment preferred; if not certified in hospice and palliative care, must obtain certification within 2 years of employment. NYS license required.

Salary range \$57-\$60/hr. Paid CME and competitive benefits. Send resume to Ruth Fishbeck, CEO, Hospice of St. Lawrence Valley, PO Box 510, Potsdam NY 13676. Email: rfishbeck@hospiceslv.org.



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The Town of Madrid is seeking an Animal Control Officer (ACO) for an individual with skill in handling the general control of animals, including their seizure, impoundment, and disposal. Applicant must be able to deal effectively with the public. This is a board appointed position, the salary for this job is \$4,458.00, with an additional monthly mileage stipend. If interested in filling out an application, please contact Zoe Hawkins at the Madrid Town Office. The Town of Madrid is an equal opportunity employer.

Home Health Aide: The overnight home care aide will carry out health care tasks under the supervision of the home health care supervisor or nurse case manager. Home health aides shall have successfully completed a basic training program in home health aide services or an equivalent exam approved by the Outreach Department and possesses written evidence of such completion. The home health aide will provide personal care, housekeeping, ROM (Range of Motion) exercises, assist with medications, and most importantly provide companionship to the elderly and medically ill patients. Status: Full-Time, Non-Exempt. Salary: \$15.02 - \$19.26 Deadline: Open Until Filled. Complete announcement and application instructions are available online at: www.srmt-nsn.gov.

Security Guard: Under the direction of the Head Security Guard, the Security Guard is responsible for providing the proper security needed for the Tribal Courts and maintaining order in court proceedings. Status: Full-Time, Non-Exempt. Salary: \$18.15 - \$36.41 Deadline: February 14, 2024. Complete announcement and application instructions are available online at: www.srmt-nsn.gov.



HERMON-DEKALB CENTRAL SCHOOL is accepting applications for a full-time custodial worker. Applications are available at <http://www.hdcsk12.org> or at HDCS. Please send letter of interest, application, resume, and letters of recommendation to Mark White, Superintendent, Hermon-DeKalb Central School District, 709 East DeKalb Road, DeKalb Junction, NY 13630. The Hermon-DeKalb Central School District offers employment and educational opportunities without regard to sex, race, color, national origin, or handicap. Application deadline is February 9, 2024.

Greenwood Dairy has positions available on its outside crew for Equipment Operators and Maintenance Work. Full or part time call 315-386-3231, or stop by for an application.

NORTH COAST Occupational, Physical and Speech Therapy PLLC is seeking part-time/full-time Occupational Therapists, Physical Therapists, Special Education Teacher and Speech Therapists to provide services to children in St. Lawrence County in home and school settings. We offer competitive



Budget and Administrative Coordinator Information Technologies & Libraries

St. Lawrence University invites applications for the position of **Budget and Administrative Coordinator, Information Technology and Libraries** for the Information Technology Department. Reporting to the AVP and working closely with IT and Library leadership, this position is responsible for managing IT and Library operating, capital, grants, gifts, and project budgets. The individual in this position understands the technology and risks associated with contracts and payment. This position will track expenses while forecasting future payments and renewals. This position also assists the AVP, IT and Library leadership with administrative operations and support. The position is responsible for coordinating IT and Library budgets in a strategic fashion allowing for transparency, communication, and efficiency gain. All transactions must be processed in compliance with the University's policies and procedures.

Qualifications: High School diploma (or equivalent) required and at least five years of professional experience in an office-based position which required budget management, customer service, organization skills, multi-tasking, significant use of technology, and critical thinking.

Salary: \$24.00 - \$26.00/hr.

Interested candidates please apply at <https://employment.stlawu.edu/>.

St. Lawrence University is an Affirmative Action/Equal Employment Opportunity employer. All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.



Dining Services - Utility

St. Lawrence University has a full-time, 11 months, seasonal **Utility** opening in Dining and Conference Services. Under supervision from the management team, performs a variety of tasks concerned with the sanitation, maintenance and up-keep of a Dining Services Unit. Drives catering vehicle as needed.

Qualifications: High school diploma (or equivalent) required; must have the ability to operate mechanical cleaning devices and to correctly measure, weigh and apply simple cleaning solutions. Requires the ability to move objects 50 pounds or more a distance of 10 feet or more. Must be able to meet University requirements to be authorized to drive University vehicles on and off campus and work with cleaning chemicals. Wage range is \$15.00 - \$19.98 per hour.

Qualified and interested applicants must apply online at: <https://employment.stlawu.edu>. Review of applications will begin immediately and continue until the position is filled. SLU is an Equal Employment Opportunity employer.

All offers of employment are subject to the applicant successfully passing a background (including criminal records) check.



VACANCY ANNOUNCEMENT

Salmon River Central School District is currently accepting applications for the following positions for the 2023-24 School Year:

- Art Teacher
- Driver Education Teacher
- Elementary Teacher
- Reading Teacher
- Home & Careers Teacher
- Math Teacher • Music Teacher
- Science Teacher
- Biology & General Science
- Special Education Teacher
- Technology Teacher

Application Deadline: Until Filled

Full job descriptions and applications can be found at www.srk12.org/employment/

Submit a completed application to:

Angela Robert

**Assistant Superintendent for Curriculum and Instruction
Salmon River Central School
637 County Route 1
Fort Covington, NY 12937**

The Salmon River Central School District does not discriminate on the basis of race, color, religion, creed, national origin, political affiliation, gender, age, marital status, sexual orientation, pregnancy, military status, veteran status, genetic pre-disposition or carrier status, ancestry, disability or any other legally protected status in regard to employment opportunities or educational/vocational programs or activities which it operates.

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rates and benefits. Interested applicants can email their resume to office@northcoasttherapyllc.com

Experienced bookkeeper for Maxfield's, Mama Lucia & Cactus Grill. Mon - Fri. 9 am - 3 pm, Proficiency in Excel & Quickbooks. Hazen Enterprises, Potsdam. Email resume to Lawrencehazen@gmail.com. EOE

College Association, Inc. at SUNY Canton has the following position open: Production Cook- The Production Cook is responsible for taking an ongoing inventory of ingredients to ensure nothing is running low, cutting up vegetables, preparing side dishes and getting salads ready for special events and regular dining hours. This is a full-time seasonal position based on the academic year and includes a generous benefits package. Hours for this position are Sunday 9:00am-8:30pm, Monday-Thursday 1:00pm-8:30pm. Starting pay is \$15.00 per hour. Send resumes to Nichole Todd, Human Resources Representative, College Association, Inc. SUNY Canton, 34 Cornell Drive, Canton, NY 13617 or at oshea109@canton.edu. College Association, Inc. is an Equal Opportunity/Affirmative Action Employer. All offers of employment are subject to the applicant successfully passing a background (including criminal records) check.

Daytime Cleaner for Potsdam restaurant. call Larry 315 212 2707. EOE

The Village of Canton is in search of a Deputy Treasurer to join our team. Starting pay is \$42,900/year with an excellent benefit package. It is a highly responsible, confidential, and professional position. Areas of responsibility include but not limited to utility billing, tax collection and accounts payable. Extensive computer skills are a must. A complete job description is available @ www.cantonny.gov. Submit letter of interest, application, resume and three references to Sharon Brunet, Treasurer, 60 Main St, Canton, NY 13617 or email to sbrunet@cantonny.gov. AA/EOE Employer.



City of Ogdensburg ASSISTANT TO CHIEF OF POLICE

The City of Ogdensburg is currently accepting applications for the position of ASSISTANT TO CHIEF OF POLICE. The starting salary is \$52,500 with fringe benefits.

MINIMUM QUALIFICATIONS:

A) Graduation from a regionally accredited or New York State registered college or university with an Associate's degree in legal, business or criminal justice field and two (2) years of experience in an office setting, law enforcement field or records management position; OR

(B) Graduation from High School and four (4) years of experience in an office setting, law enforcement field or records management position.

Applications must be received by **Thursday, February 8, 2024 at 4:00 p.m.** This posting is scheduled to remain open until Thursday, February 8th, however, please note that the recruitment may be cancelled or the position filled before the February 8th deadline.

To apply, please submit a Civil Service application along with a resume and cover letter to: "Assistant to Chief of Police Search" c/o Cathy Jock, City Clerk, 330 Ford Street, Room #4 Ogdensburg, NY 13669.

Applications are available at the City Clerk's office or on the City website at www.ogdensburg.org.

Please contact **City Clerk Cathy Jock** at cjock@ogdensburg.org or (315) 393-3540 with questions.

The City of Ogdensburg is an equal opportunity employer.



RN CASE MANAGERS

Hospice of St. Lawrence Valley is currently seeking **full-time RN Case Managers** who are independent and patient-focused to provide skilled nursing care in patient's homes and facilities, and part time and per diem RNs for admissions, home visits and vacation coverage. If you are looking for flexibility and a positive, team-centered work environment, Hospice may be for you!

Candidates must have a current New York State RN License, 1-2 years in an acute care setting and a valid New York State Driver's license.

Salary range is \$35.50/hr - 37.50/hr with generous on-call pay, travel reimbursement and paid time off. Contact Tammy Hayes, DPS, with questions or to get an application, 315-265-3105 or thayes@hospiceslv.org.

King Crossword

ACROSS

- 1 Hot tub
- 4 Pack (down)
- 8 Honeycomb division
- 12 Joke
- 13 Teen fave
- 14 Celestial bear
- 15 Capote nickname
- 16 Difficult problem
- 18 Celery unit
- 20 Pantheon member
- 21 Morays
- 24 Twilight, poetically
- 28 "Bravo!"
- 32 Wry
- 33 Bombeck
- 34 Raw rock
- 34 Begets
- 36 Melody
- 37 Actress Meg
- 39 Maintains
- 41 Wheel connectors
- 43 Bake sale orgs.
- 44 - Victor
- 46 Dugout seating
- 50 Sociable and lively
- 55 "Caught ya!"
- 56 Medicinal plant
- 57 Vogue rival
- 58 Singer Phair
- 59 Reporter's quest

1	2	3	4	5	6	7	8	9	10	11
12			13					14		
15			16				17			
18		19				20				
			21	22	23		24	25	26	27
28	29	30				31		32		
33			34				35		36	
37			38		39			40		
41			42		43					
			44		45		46	47	48	49
50	51	52				53	54		55	
56					57				58	
59					60				61	

- 60 Workout count
- 61 Mimic
- DOWN**
- 1 Boot camp
- 2 Section
- 3 Water, in
- 4 Hearts, slangily
- 5 Big fuss
- 6 Calendar abbr.
- 7 Advertise
- 8 Get cozy (with)
- 9 Blunder
- 10 Baton Rouge sch.
- 11 Felon's flight
- 17 Eggy quaff
- 19 Triathlon segment
- 22 Secular
- 23 Razor sharpener
- 25 Algerian port
- 26 During
- 27 Red planet
- 28 Mrs. Dithers of "Blondie"
- 29 African antelope
- 30 "Hud" actress
- 31 Faxed
- 35 Equine homes
- 38 Butterflies
- 40 Language suffix
- 42 High school subj.
- 45 Declare
- 47 "The Lion King" lion
- 48 Intel product
- 49 Visibility hindrance
- 50 Fire
- 51 Flamenco cheer
- 52 At once
- 53 - de-France
- 54 Jungfrau, for one

Answers found elsewhere in this paper.



Ogdensburg City School District

is accepting applications for the following anticipated openings for the 2024-2025 school year:

- *CERTIFIED SCHOOL PSYCHOLOGISTS*
 - *CERTIFIED SECONDARY SPECIAL EDUCATION TEACHERS*
 - *CERTIFIED ELEMENTARY SPECIAL EDUCATION TEACHERS*
 - *CERTIFIED SECONDARY HEALTH TEACHER*
 - *CERTIFIED SECONDARY MATHEMATICS TEACHER*
 - *CERTIFIED SECONDARY SOCIAL STUDIES TEACHER*
 - *CERTIFIED SECONDARY CHEMISTRY TEACHER*
 - *CERTIFIED PHYSICAL EDUCATION TEACHERS*
 - *CERTIFIED ELEMENTARY TEACHER*
- (BA+30+M / STEP 1 = \$51,012.00/yr. or Salary Commensurate with Experience)
- *CERTIFIED TEACHING ASSISTANT*
- (\$27,072.00/yr.)

FULL-TIME DISTRICT EMPLOYEES LIVING OUTSIDE OF THE OGDENSBURG CITY SCHOOL DISTRICT HAVE THE OPTION OF ENROLLING THEIR CHILDREN IN THE OGDENSBURG DISTRICT

- All interested candidates must submit the following:
- Cover Letter
 - Application (can be obtained in the Superintendent's Office at OFA or downloaded from our school website)
 - Resume
 - Copy of New York State Teaching Certificate(s)
 - Copy of New York State Teaching Assistant Certificate
 - Original College Transcript(s)
 - Letters of Reference (3 Current)
 - Application deadline is February 12, 2024
 - Failure to provide all requested materials will result in disqualification of the candidate's application

All requested materials are to be submitted to:

Sabrina Charleston
Ogdensburg City School District
 1100 State Street, Ogdensburg, NY 13669
scharleston@ogdensburgk12.org
 315-393-0900 (p) • 315-393-2767 (f)
 EOE



VACANCY ANNOUNCEMENT

Franklin-Essex-Hamilton BOCES (EO/AE) is currently accepting applications for the following position located at North Franklin Educational Facility in Malone.

Director of Facilities II

Salary: \$80,000 - \$90,000 (2023-24 Base Salary)
 Additional compensation based on education and experience

Application Deadline: Until Filled

Applications can be found at: www.fehb.org/careers

Queries should be directed to:

Brittany Susice - Administrative Assistant
 Franklin-Essex-Hamilton BOCES
 PO Box 28, Malone, NY 12953
 (518) 483-6420, Ext 1012 • Email: bsusice@feh.org EOE

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MASSENA BRANCH SUPERVISOR

Do you have a passion for helping customers, building relationships, and delivering extraordinary customer service? We're looking for a strong leader to oversee daily operations in our Massena Branch.

Position Vacancies:

Massena Branch Supervisor

Desired Skills:

■ Display strong interpersonal skills, including the ability to easily engage others in dialogue, convey sincere interest in building/deepening relationships, and demonstrate a commitment to providing personalized service.

■ Demonstrate customer service skills and the ability to resolve problems independently; utilizing critical thinking, and problem-solving skills, or escalating as needed to promote member satisfaction.

■ Establish solid relationships with teammates, business partners and internal network by fostering teamwork and collaboration.

■ Demonstrate initiative and a commitment to continuous learning, and the ability to adapt to changing demands and requirements. Focus on adoption of digital self-serve technology.

■ Strong organizational skills including the ability to manage multiple responsibilities and prioritize

Qualifications: High school diploma or GED Equivalent required, Bachelor's degree preferred or 2+ years of relevant experience.

Compensation:

■ Hourly wage range \$18.00-\$22.50, dependent on qualifications.

■ Additional employee incentives ■ Opportunities for Advancement

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We are looking for highly motivated people who want to enhance present skills or train for a new career.

Hours are 8 to 5 Monday to Friday and excellent benefits including medical and dental insurance and retirement. Starting at \$16.50/hr.

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Please submit letters of interest and resume to:

Randy Beeson
DeFelsko Corporation
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Ogdensburg, NY, 13669
P 315-393-4450 • F 315-393-8471
www.defelsko.com
randy.beeson@defelsko.com



EOP Director

Senior Staff Associate SL5

Job Summary: SUNY Canton seeks an inspiring, dynamic leader to lead its Educational Opportunity Program (EOP). In this role, the Director will be responsible for the overall coordination of the Program, including operating within the SUNY EOP guidelines to achieve student recruitment, matriculation, persistence, and completion goals. The State University of New York's Educational Opportunity Program provides access, academic support, and financial aid to students who show promise for succeeding in college but who may not have had access otherwise. The ultimate goal of EOP is to make higher education possible for high potential students from historically underserved backgrounds. The Program is jointly funded by SUNY Canton and the State University of New York State-wide System Office of Special Programs.

The Director is responsible for creating a supportive environment that promotes academic and personal success, through high quality advising, academic interventions, transitional support, and student engagement. The Director is responsible for all aspects of the Program's operations, budget, recruitment, retention, and programming, with a strong emphasis on creating a sense of community among students. The Director will be committed to incorporating the Program into the university's overall educational mission and supporting the Program's contribution to university-wide goals, strategic priorities, and initiatives.

Supporting more than 100 students annually, the EOP annual budget includes staff salaries, direct aid, tutoring, summer orientation, and special projects. The Director supervises a staff of 4 full-time employees and 6-12 part-time employees including counselors, instructors, an administrative assistant, and professional and peer tutors.

Minimum Qualifications:

- Master's degree by time of appointment from a college or university accredited by the U.S. Department of Education or an internationally recognized college or university.
- Minimum of 3 years of experience in a leadership role in an opportunity program and/or academic success department or related field.
- Experience in supervision of professional staff.
- Deep understanding, dedication, expertise in supporting the needs and success of students from educationally and/or under resourced and/or underserved backgrounds.
- Demonstrated experience with diversity, equity, and inclusion efforts.
- Demonstrated experience developing, organizing, and administering budgets.
- Strong personnel management skills including team development, goal setting and measurement, strategic planning, and the ability to manage multiple functions and organize institution resources to meet goals and objectives.
- Excellent interpersonal, verbal, and written communication skills.

Preferred Qualifications:

- Terminal degree.
- Progressively responsible leadership experience at a college or university.
- Ability to foster an environment of exemplary professionalism and commitment among staff to build strong working relationships with other university departments.
- Professional experience working in an EOP/HEOP program or sister opportunity program from out-of-state.
- Experience with collective bargaining and union environments.
- Experience with Banner, MS Teams, or other relevant technology.
- Knowledge of applicable federal and state laws, statutes, campus processes, and awareness of law and policy proposals affecting EOP students.
- * Valid driver's license

Work Schedule: Monday-Friday, 8:30-4:30 and availability to work nights and weekends

Salary: \$73,000 to \$75,000

Prior to final offer of employment, the selected candidate will be required to submit to a background check including, but not limited to, employment verification, educational and other credential verification, and criminal background check.

Application Deadline: Open until filled; application review begins immediately. Persons interested in the above position should apply online at <https://employment.canton.edu/> SUNY Canton, a unit of the State University of New York, is an affirmative action, equal opportunity employer. SUNY Canton is building a culturally diverse and pluralistic faculty and strongly encourages applications from minority and women candidates.

The college is located in Canton, a village in the St. Lawrence River valley of northern New York. Located 20 miles from the St. Lawrence River and the Adirondack Park, and 70 miles from the Canadian capital city of Ottawa, Ontario, Canton holds excellent opportunities for the outdoor or cultural enthusiast. SUNY Canton is a member of the Associated Colleges, a consortium of four colleges.



City of Ogdensburg ASSESSOR

The City of Ogdensburg is accepting applications to fill the position of Assessor.

Salary is \$48,100; 20-25 hours per week on site.

Civil Service applications are available at the City Clerk's Office at City Hall or at www.ogdensburg.org. Completed applications must be returned to Cathy Jock, City Clerk, 330 Ford Street, Ogdensburg, NY 13669 by **Tuesday, February 20, 2024 at 4:00pm.**

Please review the full job posting at www.ogdensburg.org or contact City Clerk Cathy Jock at cjock@ogdensburg.org for the minimum qualifications.

The City of Ogdensburg is doing immediate review of applications received and will contact qualified applicants to schedule first interviews following review. This posting is scheduled to remain open until Tuesday, February 20th, however, please note that the recruitment may be cancelled or the position filled before the February 20th deadline.

The City of Ogdensburg is an equal opportunity employer.



Canton Central School

is accepting applications for the following anticipated positions:

- **Modified Boys Lacrosse Head Coach and Modified Boys Lacrosse Assistant Coach** must meet NYSED coaching requirements
- **Certified Long Term Substitute** must be certified in 7-12 Math

Applications and employment criteria can be found at

www.ccsdk12.org/employment

Applications are due by 4:00 pm Monday, February 12, 2024.

NYS Certification is required.

Canton Central School District is an Equal Opportunity Employer

CHEF POSITIONS at Hazen Enterprises. Email resume to Lawrencehazen@gmail.com Experienced Chef, organize kitchen activities, control & direct food prep, ensure food quality, experienced in all positions of cooking.

New Car Dealership in Potsdam, NY seeks Building/Grounds Keeper. This is a full time, permanent position. New York state drivers license required. Duties include indoor and outdoor maintenance of facilities. Must possess basic mechanical, electrical, and plumbing skills. Position requires frequent lifting of heavy objects. Submit resume to: Mike Hamlin, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56, Potsdam, NY 13676, or by email to: mikehamlin@tjtoyota.com

NEW CAR DEALERSHIP HIRING: Full time Technician for our "Express Maintenance Team". Primary duties include basic auto maintenance task such as: oil/filter changes, tire rotations, air filter changes and wiper changes. Previous experience in the automotive field is a plus, but will train the right fast-paced person. Please submit resume to Mike, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56 Potsdam, NY 13676 or mikehamlin@tjtoyota.com



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cdp

St. Lawrence County
COMMUNITY DEVELOPMENT PROGRAM, INC.

HEAD START has the current openings:

Assistant Teachers – Gouverneur & Norwood Head Start Centers: Individuals must have a minimum of a CDA (Child Development Accreditation), or a written plan of study. Early childhood experience preferred. Starting pay: \$15.00 - \$15.84.

Classroom Aide – Gouverneur, Massena, Norwood & Potsdam Head Start Centers: Individuals must have a minimum of a high school diploma or its equivalent. Boces Certificate of Early Childhood, CDA, or experience in early childhood daycare preferred. Individuals should enjoy working with preschool-aged children. Starting pay: \$15.00.

Teachers – Massena Head Start Center: Bachelor's degree preferred including 12 credits in Early Childhood Education with child day care teaching experience preferred or Associate's degree in Early Childhood Education with a plan of study to complete Bachelors. Experience supervising staff preferred. Starting pay: \$17.95 - \$19.01.

Anticipated Temporary Teacher/Center Director - Gouverneur Head Start Center: Bachelor's degree preferred including 12 credits in Early Childhood Education with child day care teaching experience preferred or Associate's degree in Early Childhood Education with a plan of study to complete Bachelors. Experience supervising staff preferred. Starting pay: \$19.01.

Bus Driver - Massena Head Start Center: Responsibilities include the safe transporting of preschool children to & from the Head Start Center. The position requires a clean NYS Driver's license. Must be at least 21 years of age. Candidates must have a minimum of a Class C CDL with an "S" and "P" endorsement license. Follow NYS Article 19A regulations. Willing to train. Starting pay: \$16.02

Bus Monitor - Gouverneur & Massena Head Start Centers: Individuals must have a minimum of a high school diploma or its equivalent. Boces Certificate of Early Childhood, CDA, or experience in early childhood daycare preferred. Individuals should enjoy working with preschool-aged children. Starting pay: \$15.00.

Health/Disabilities Coordinator: Canton Main Office - Individuals should have a Bachelor's Degree in Public Health, Health Education, or a related field, or be Registered Nurse. Administrative experience and training are desirable. Plan, develop, and coordinate the health and disabilities service areas of Head Start. Individuals must possess strong management, communication, and organizational skills. Starting pay: \$19.01.

Health Professionals - (2) St. Lawrence County Area: Experience in the medical field. Medical professionals, CNAs, Home Health Aids, etc. Experience with young children is a plus. Starting pay: \$15.84 - 16.90

Mental Health Coordinator - Canton Main Office: Individuals should have a master's degree in social work, psychology, counseling, or related field. A social worker, psychologist, professional counselor, mental health counselor, or clinical license with experience in early childhood health, mental health, and development as well as with families. Must be licensed or certified. Plan, develop, and implement mental health services for Head Start children, their families, and staff (as needed) to provide quality mental health services and consult with Head Start staff to meet the emotional needs of Head Start children. Work in conjunction with Head Start staff to make appropriate referrals to existing community mental health resources. Observe and document Head Start classrooms minimally two times yearly, and once a year for Home Based Socialization experiences. Starting pay: \$38.00/hour at 25 hours a week.

Cook - Massena Head Start Center: Individuals must have some knowledge of food preparation, kitchen sanitation, and nutrition, and be receptive to training in this area. Individuals must have a valid Driver's license and transportation. Starting pay: \$15.00

Home Based Visitors (4) - St. Lawrence County area: Individuals must be at least 21 years of age and have a valid driver's license. The person must have a Home Based C.D.A. (Child Development Associate), Associate's or Bachelor's Degree in Early Childhood Education, or related field, or be willing to pursue a Home Based C.D.A. or Degree in Early Childhood. Experience with preschool children preferred. Starting pay: \$15.84- 16.90

Full job descriptions are available at <https://slccd.org/employment>
 Substitutes in all positions are needed.
 Positions follow the BOCES schedule/holidays. Call 315-386-8574 ext.: 111, 114 or 119 for further information.

Send a letter of interest, resume, and three current, signed, and dated written letters of reference to **Head Start, One Commerce Lane, Canton, NY 13617.** The deadline is until the positions are filled.

Head Start is an EOE.

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NEW CAR DEALERSHIP HIRING: Full time Technician needed for fast paced car dealership. Primary duties include: oil/filter changes, tire rotations/changes, Air filter changes and wiper changes, Brake diagnosis and repairs, Suspension diagnosis and repairs, Electrical diagnosis and repair etc. ASE Certification preferred but not required. Please submit resume To Mike, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56 Potsdam, NY 13676 or Email: mikehamlin@tjtoyota.com. Please no phone calls.

St. Lawrence County is in search of: SENIOR FISCAL OFFICERS (3). Salary: \$53,044 with benefits. These are provisional appointments. The successful applicants will need to take a Civil Service exam and score within the top three interested candidates in order to be permanently appointed. Applications accepted until positions have been filled. Applications and qualifications may be obtained from the County's Website at: <https://stlaw-portal.mycivilservice.com/> or by calling 315-379-2210. AA/EEO.

Cook needed at Potsdam Sergi's. Call Lisa after 3 pm at 315 265 3420.



ST. LAWRENCE
UNIVERSITY

Dining Services - Catering Cook

St. Lawrence University has an opening for a full time/ Seasonal (9 month) **Catering Cook** for the Dining and Conference Services Department. Duties include: The Catering Cook position is a top-level position in the dining unit with broad responsibilities including: Preparing all test recipes and final products for the scheduled catered events. Make recommended changes after items have been tested. Attend and assist with the event. Develops recipes for the Dining Service unit according to the Dining Service standards of St. Lawrence University. Estimate food quantities to be used and the supplies needed for the menu and recipes. Works under the direction of the Production Manager, Unit Manager and Assistant Catering Manager. Prepare all items (entrees, vegetables, soup, sauces and other items) according to the recipe, including displaying and carving meats. Prepare and complete pertinent forms and reports. Properly store and utilize excess food according to New York State Health Department Food Service Health Code. Maintain standards of cleanliness and safety. Maintain standards of good personal and public relations. Flex Schedule rotating every two weeks. Schedule consists of days, evenings, weekends and holidays.

Minimum Qualifications: High School diploma. Experience in upscale food preparation and presentation necessary. Must be able to meet the university's requirements to be authorized to drive a university vehicle. Operate standard cooking machinery and equipment. Ability to work independently and well under pressure. Ability to move 25 lbs. a minimum of 10 Ft. Develop positive and productive working relationships with co-workers and supervisors. Effectively present information and respond to questions from managers, customers, co-workers and the campus community in a professional manner. Support a positive work environment through teamwork, honesty, approachability and a commitment to customer service.

Interested candidates please apply at <https://employment.stlawu.edu/>. St. Lawrence University is an Affirmative Action/ Equal Employment Opportunity employer.


All offers of employment are contingent upon the finalist successfully passing a background (including criminal records) check.

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SOCIAL
WORKER

Hospice has an immediate opening for **full time or part time Social Workers** to collaborate with the interdisciplinary team to provide support to patients and families at end of life in the home and in facilities.

Responsibilities: assisting with access to community resources, End of Life counseling for both patient and family, and developing and updating care plans based on individual need. The successful candidate will demonstrate flexibility, knowledge of community resources, the ability to work with a team, strong time management skills and health care experience. Candidates must possess either a Bachelor of Social Work or a master's degree in social work with a NYS licensure. Driver's license and vehicle required.

Salary Range is \$24-\$28/hr plus competitive benefits. Send resume to Mary Jones, Hospice of St. Lawrence Valley, PO Box 510, Potsdam NY. 13676 or mjones@hospiceslv.org. Application deadline is February 16, 2024. EOE.



**Construction Management:
Field Superintendent (FS)**

Watchdog Building Partners is seeking a highly qualified individual to act as an Owners Representative, who is responsible for managing various prime contracts associated with public work projects in the North Country Region of New York. The FS will oversee and manage the day-to-day coordination and operations of the project site. The FS will work closely with all Prime Contractors and assigned Project Manager to ensure a safe and quality project that is completed on time and within budget. Maintaining a work environment that values planning, collaboration, communication and being solution oriented is essential.

SKILLS AND EXPERIENCE

- Minimum of 10 years of experience in a construction environment
- Possess at least 5 year's supervisory experience
- Proven ability to read and fully understand construction drawings
- Strong working knowledge of contracts, subcontracts, purchase orders and other agreements to ensure that the scope, terms and conditions are consistently and proactively being met
- Must be able to develop entire job schedules, 90 day schedules and 2 week schedules
- Familiar with Wicks Law and Public Work Projects in NY State

SALARY AND BENEFITS

- Salary range \$65k-\$95k (based on experience)
- Offer health and dental insurance
- Paid time off
- Mileage reimbursement
- 401k option

Qualified and interested applicants, please send an email to jclingerman@watchdogbp.com or call (585) 760-7855 to speak with Jeramy Clingerman.



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Salary range: \$52,009* to \$56,146* (includes Geographic Pay of \$4,000)

As a Registered Nurse 1 – Part-Time or Full-Time!

Salary Range: \$89,685-\$97,912

Posted Hiring Salary includes the sum of the statutory hiring rate for PS&T Grade 18 (\$69,686), and Geographic Pay Differential (\$20,000); Geographic Pay Differential is added to the job rate (\$77,912) for the PS&T Grade 18; Additional Compensation may apply based on shift assignment.

These positions may be eligible for Loan Forgiveness via the Public Service Loan Forgiveness program

For more information:

Sunmount DDSOO NYS Office for People With Developmental Disabilities (OPWDD)
Office of Human Resources:
518-359-4150
or Sunmount.Careers@opwdd.ny.gov
Sunmount DDSO, 2445 State Route 30, Tupper Lake, NY 12986

An Affirmative Action/Equal Opportunity Employer



**NORTH COUNTRY
SAVINGS BANK**

**PART-TIME
TELLER**

The neighbor you can depend on.

Do you have a passion for helping customers, building relationships, and delivering extraordinary customer service? We're looking for energetic, enthusiastic people to be the face of North Country Savings Bank and serve our retail branch customers.

Position Vacancies:

1 Part-Time Teller – Canton Branch; 1 Part-Time Teller – Ogdensburg Branch

Desired Skills:

- Display strong interpersonal skills, including the ability to easily engage others in dialogue, convey sincere interest in building/deepening relationships, and demonstrate a commitment to providing personalized service.
- Demonstrate customer service skills and the ability to resolve problems independently; utilizing critical thinking, and problem-solving skills, or escalating as needed to promote customer satisfaction.
- Establish solid relationships with teammates, business partners and internal network by fostering teamwork and collaboration.
- Demonstrate initiative and a commitment to continuous learning, and the ability to adapt to changing demands and requirements.
- Strong organizational skills including the ability to manage multiple responsibilities and prioritize.
- Provide assistance performing cash transactions when necessary to meet customer needs and deliver best in class customer experience.
- Support additional North Country Savings Bank initiatives to support the needs of customers, and the business.

Qualifications: High school diploma or GED Equivalent required, Bachelor's degree preferred or 2+ years of relevant experience.

Compensation:

- Hourly wage range \$16.50-\$18.50, dependent on qualifications.
- Additional employee incentives ■ Opportunities for Advancement

START YOUR CAREER TODAY AT NORTH COUNTRY SAVINGS BANK

Please apply online www.ncsb.bank

North Country Savings Bank is an Equal Opportunity/Affirmative Action Employer

**LISBON CENTRAL
SCHOOL DISTRICT**



is accepting applications
for the following positions:

• **Certified School Guidance Counselor/
School Counselor**

Minimum Starting Salary: \$47,330 (to be negotiated based on experience)

• **Certified Elementary Special
Education Teacher**

Minimum Starting Salary: \$47,330 (to be negotiated based on experience)

***Proper Certification Required**

All interested candidates must submit the following to be considered for some positions:

- Cover Letter
- Application (Please apply using the Regional Common Application)
- Application and information about Lisbon CSD may be found at: <https://www.lisboncsd.org/>
- Resume'
- Letters of Recommendation (three)
- Original College Transcripts(s)

Application deadline is February 16, 2024.

Failure to provide all requested materials may result in disqualification of the candidate's application. Please submit information attention to:

**Please submit information attention to:
Mr. Patrick J. Farrand, Superintendent of Schools
LISBON CENTRAL SCHOOL DISTRICT
6866 County Route 10, Lisbon, NY 13658**

EOE



**Morristown
Central School**

408 Gouverneur Street
Morristown, NY 13664

COME JOIN OUR MCS FAMILY!

WE CURRENTLY HAVE THE FOLLOWING JOB OPENINGS:

- **Modified Softball Coach**
- **Substitute Bus Driver**
- **Substitute School Nurse (R.N.)**

Positions will remain open until filled.

To apply, please visit www.GreenRockets.org

(under the District & Human Resources tabs)

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Do you need a Roof or Energy Efficient Windows & Help paying for it? **YOU MAY QUALIFY THROUGH NEW RELIEF PROGRAMS** (800) 944-9393 or visit NYProgramFunding.org to qualify. Approved applications will have the work completed by a repair crew provided by: **HOMEOWNER FUNDING**. Not affiliated with State or Gov Programs.

AGING ROOF? NEW HOMEOWNER? STORM DAMAGE? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. Call 1-888-920-9937

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AKC Chocolate Labs. \$500.00. Come with first shots, wormed, vet checked and papers. Ready to go 1/20/24. 2 males. Text John 315-323-6068 or facebook creekside-kennel Waddington.

AKC Pure Bred Silver Lab Puppies for Sale. Avail on December 8th. 5 M and 3F. 2 rounds of vaccines and dewormer included. Contact 315-212-9257.

Massena Central School District

is currently accepting applications
for the following coaching positions:

- Varsity Softball
- JV Softball
- Modified Softball
- Varsity Girls Lacrosse
- JV Baseball
- Modified Baseball

Applications can be accessed at

www.mcs.k12.ny.us under Human Resources.

Application Deadline is February 12, 2024

EOE



Start Your Career with New York State in St. Lawrence County, Franklin County, Essex County, Clinton County, or Hamilton County

Enjoy Great Benefits:

- Health Insurance • Retirement Plan • Paid Vacation • Paid Holidays • Veteran's Job Training Stipend • Paid Sick Leave • Opportunities for Advancement • Loan Forgiveness And Much More!

As a Direct Support Assistant
Salary Range: \$45,457-\$49,405

As a Developmental Disabilities Secure Care Treatment Aide
Salary Range: \$56,623 - \$64,693

The Sunmount Developmental Disabilities State Operations Office (DDS00) is seeking DSAs and DDSCTAs.
Minimum Qualifications: A High School Diploma or GED and a valid Driver's License.

As a Licensed Practical Nurse (LPN)
Salary range: \$52,009* to \$56,146* (* Includes Geographic Pay of \$4,000)
The Sunmount Developmental Disabilities State Operations Office (DDS00) is seeking LPNs.
Minimum Qualifications: Must have a current license and registration to practice in New York State, or a limited permit to practice in NYS, or an application on file for a limited permit to practice in NYS.

For more information:

Sunmount DDS00 NYS Office for People with Developmental Disabilities (OPWDD)
 Office of Human Resources:
 518-359-4150
 or Sunmount.Careers@opwdd.ny.gov
 Sunmount DDSO, 2445 State Route 30, Tupper Lake, NY 12986

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ALL EMPLOYMENT ADVERTISING in this newspaper is subject to section 296 of the human rights law, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, US Code, Chap. 630 excludes the federal government from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

NORTH COUNTRY SAVINGS BANK **Relationship Specialist AND Relationship Banker**

The neighbor you can depend on.

Do you have a passion for helping customers, building relationships, and delivering extraordinary customer service? We're looking for energetic, enthusiastic people to be the face of North Country Savings Bank and serve our retail branch customers face to face and over the phone.

Position Vacancies:
 1 Relationship Specialist – Location to be determined;
 1 Relationship Banker – Potsdam Branch

Desired Skills:

- Display strong interpersonal skills, including the ability to easily engage others in dialogue, convey sincere interest in building/deepening relationships, and demonstrate a commitment to providing personalized service.
- Demonstrate customer service skills and the ability to resolve problems independently; utilizing critical thinking, and problem-solving skills, or escalating as needed to promote member satisfaction.
- Establish solid relationships with teammates, business partners and internal network by fostering teamwork and collaboration.
- Demonstrate initiative and a commitment to continuous learning, and the ability to adapt to changing demands and requirements.
- Strong organizational skills including the ability to manage multiple responsibilities and prioritize.
- Assist customers face to face and over the phone with banking needs.

Qualifications: High school diploma or GED Equivalent required, Bachelor's degree preferred or 2+ years of relevant experience.

Compensation:

- Hourly wage range \$16.50-\$18.00, dependent on qualifications.
- Additional employee incentives ■ Opportunities for Advancement

START YOUR CAREER TODAY AT NORTH COUNTRY SAVINGS BANK

Please apply online www.ncsb.bank

North Country Savings Bank is an Equal Opportunity/Affirmative Action Employer

Trivia Test

1. GENERAL KNOWLEDGE: What is the last name of Ken, who was Barbie's boyfriend?
2. TELEVISION: In the sitcom "The Office," the company is in which U.S. city?
3. GEOGRAPHY: In which country is The Matterhorn located?
4. MUSIC: Which 1990s group was the singer Beyonce a part of?
5. U.S. STATES: In which state is Monument Valley located?
6. LITERATURE: In which children's book do the characters Tweedledee and Tweedledum appear?
7. MATH: In Roman numerals, what is XLVIII divided by XII?
8. MEDICAL: What is a common name for polythelia?
9. CHEMISTRY: How many elements are listed on the Periodic Table?
10. MOVIES: What is the year of the Olympics in the movie "Chariots of Fire"?

Answers found elsewhere in this paper.

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SAVE 10% ON YOUR FULL KITCHEN REMODEL*

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STUDENT RENTALS

Two and three downtown Potsdam apartments available immediately. Call Lisa at 315 265 3420 after 3 pm.

Two apts - 3 person, 3 bedroom. Furnished. Located at 28 Market Street, Potsdam. Available August 2024. \$2,500/pp/per semester. Utilities are included. Call 315-323-4419 for further info.

APARTMENTS FOR RENT

4 miles from Potsdam: Old Potsdam-Parishville Rd. 2 BR duplex, all utilities included. Washer/dryer, garbage, lawn care, plowing. 1 year lease, security deposit \$1,150, \$1,150 rent monthly. Available now. 315-265-0716, or 315-244-8355.

Available now. Village of Canton. Two bedroom, one bath apartment. One car garage. \$750 a month. 1st month rent and security deposit. Includes heat, hot water water/sewer, trash. One year lease. One pet/\$300 pet security. No smokers. Call 315-212-0169

2 Bedroom Canton House. Beautiful Area, Large Yard, Includes Snow Removal & Water. \$ 945 Per Month Plus Security Deposit. 631 942 2717

420 South Main Street, Massena. 2 bed, 1 bath, single unit. \$1000/mo. +utilities & sec. dep. Available March 1st. NO PETS. ALSO: 389 South Main Street, Massena. 1 bed, 1

APARTMENTS FOR RENT

bath, downstairs \$750/mo. +utilities & sec. dep. Available March 1st. NO PETS. Call/text 970-644-2271.

Ogdensburg - Bright, clean and cozy. Heated one bedroom downstairs apartment. Quiet, non-smoking home with W/D on premises. Pet considered. Pays only electricity, \$680/month. Pay First & Sec Dep, 1 year lease. 315-276-0214

Spacious 1 BDRM main floor, washer/dryer, \$675/mo + security deposit plus utilities. No pets. 5 minutes from Potsdam. Available now. 315-212-7323

Exceptional 1 bedroom apt. Professionally appointed. Hardwood floors. Oak cabinets. All appliances, including washer/dryer. Off street parking. 1 block from river & park. \$950/mo includes heat, hot water. Owner pays electric. No pets, no smoking. 1st floor apt. Call 772-215-1165.

Multiple Efficiency Apts. available. Village of Massena. No pets. No smoking. \$625/month includes gas/electric/trash removal. Call/text (585)217-1443

Bay Street on Ives Park. 2 BR, 1 Bath. No pets, non-smoking. Lease and deposit required. Ideal for professionals. Available Immediately. 315-244-0653. tn

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42 West Main St.
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MLS#49192 • \$345,000



Commercially zoned property with beautifully renovated commercial space with 5 units above, and commercial space on the main level consisting of approx. 1,311 sq ft. and includes main road window frontage, a renovated half bathroom, a separate electrical meter, plus a utility room with coin laundry. This space is offers many opportunities!!

45 Blanchard Rd.
Potsdam
MLS#48983 • \$459,900



West Potsdam's Volunteer Fire Department Hall offers just under 10,000 sq. ft. of commercial building space with 60+ parking spaces. Commercial-grade kitchen w/walk-in pantry areas, multiple spacious storage rooms, elevated banquet area, and much more! Property will be re-surveyed to reflect +/- 7.50 ACRES. Most furniture & equipment come with the sale!



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5 bedrooms,
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TOWNHOUSE STYLE

~ Tenant Based Vouchers Accepted ~

Rent Includes: Utilities • Heat • Water
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Wait List
is Open... **Apply Now!**

Stop by today to apply at **Potsdam Housing Authority**
100 Racquette Road • Potsdam • 315-265-3680

All applicants are subject to suitability screening based on criminal, credit, landlord history. Project eligibility guidelines apply based on income, assets and student status. No pets allowed. Potsdam Housing Authority provides Equal Housing Opportunity.

**Make the smart and ONLY CHOICE
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Limited Time offer! **SAVE!**
UP TO **50% OFF** + **10% OFF**
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Equal Housing Opportunity

All real estate advertising in this newspaper is subject to the federal Housing Act of 1968, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or any intention to make such a preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in the newspaper are available on an equal opportunity basis.



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House for rent, 3 miles outside of Heuvelton. 4 beds, 2 bath, laundry room, enclosed porch \$1100/month, utilities not included, no pets, 1 year lease preferred. Text 214-683-4832 for more info.

SMALL TWO BR house. Canton Village. Quiet location. Large yard. \$725/mo + sec. dep. Tenant pays heat, electric, water/sewer, trash removal & snow removal. No smoking, no pets. 315-714-2241. Leave message w/name & #, no texts.

HOMES FOR SALE

Camp. Town of Macomb on Black Lake. 29

HOMES FOR SALE

Thornton Lane. 40' of waterfront. Sleeps 6. Heat, electric, new well. 1/2 acre. Dock. \$165,000. 315-719-2730.

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