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MASSENA-OGDENSBURG, NY
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NORTH COUNTRY NOW
 Local News updated all day long

Hydrogen plant plans moving forward

BY JEFF CHUDZINSKI
 North Country This Week

MASSENA -- LaBella Associates, D.P.C. will conduct an evaluation of the water treatment plan for a proposed hydrogen production facility in the town of Massena.

Village officials signed off on the deal during the board's Dec. 19 meeting, saying the green hydrogen production facility, which will be owned and operated by Air Products, will need to meet strict regulations.

The village was recently awarded an Empire State Development grant for \$38,500 to help cover the cost of the \$77,000 study.

Mayor Greg Paquin said the grant funding will be used to evaluate the village's water treatment facilities and water tower, which LaBella will assist with.

That process will help speed along development of the green hydrogen facility in the coming months, officials say.

The facility, which will inhabit over 84 acres on Pontoon Bridge Road, is in the planning stages currently, however land clearing has been underway for some time now with lumber being removed from the site.

Department of Public Works Superintendent Marty Miller said a verbal

SEE **HYDROGEN** PAGE 19



Cheryl Shumway | NCTW

Snow fun in Massena

JoAnn Adams, Ogdensburg, in front, and Joan DeRosie, Massena, said they enjoyed skiing with the light, newly fallen snow at Nicandri Nature Center Monday, Jan. 8.

City manager search now underway

BY JIMMY LAWTON
 North Country This Week

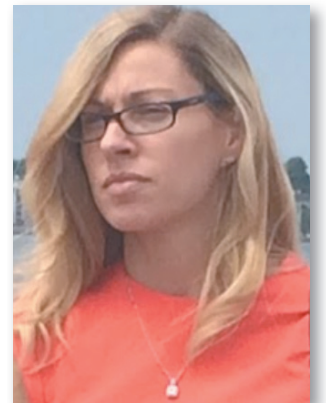
OGDENSBURG -- Ogdensburg's new city council has appointed Andrea Smith as interim City Manager until July and agreed to hire a consultant to begin searching for a permanent replacement.

Following an executive session the city also agreed to hire John Krol, a former Ogdensburg City Manager, to assist with a search for a new city manager.

Ogdensburg Mayor Michael Tooley said he was appreciative that the city could contract with Krol for the assistance.

Meanwhile City Planner Andrea Smith will continue to lead the city, which has been without a permanent city manager for months. The last three city managers hired by the city either resigned or retired before the end of their terms.

Over the years Smith has served as interim city manager on multiple occasions and has helped the city navigate



Andrea Smith

though difficult budget seasons.

She's been serving in the position since July after Mohadine Buharie resigned the position. She did the same when former City Manager Stephen Jellie cut ties with the city.

Smith will receive a stipend of \$9,000 per month while filling in on top of her planning duties.

Although there were discussions of naming Smith as

SEE **MANAGER** PAGE 19

Volunteer EMS shortage raises concerns about response times

BY JIMMY LAWTON
 North Country This Week

Imagine experiencing a medical emergency, calling for an ambulance and waiting more than an hour for help to arrive.

Although uncommon, that's happening more frequently in St. Lawrence County as emergency medical providers struggle with volunteer shortages.

With the new year underway, St. Lawrence County Bureau of Emergency Medical Service issued a letter to St. Lawrence County EMS agencies and municipal leaders showing that a high number of turnover calls occurred last year.

"Call turnovers are considered any call in which the agency is toned and is unable to respond with an ambulance, thus requiring mutual aid," the report says.

This can be due to a variety of reasons including

inability to staff an ambulance with the appropriate personnel, multiple calls for the agency resulting in no apparatus available and a variety of other issues.

"It is important to note that a call turnover results in having to dispatch an ambulance from another jurisdiction, reducing that mutual aid ambulance service's availability to provide coverage for those in their primary response territory," the notice says.

The notice notes that intervention is needed, but exactly what that might look like remains to be seen.

"EMS in our County is struggling, and intervention is necessary to keep the system afloat and operational. County call turnover statistics, as displayed above, are at an all-time high (2020: 94% coverage rate, 2021: 90% coverage rate, 2022 88% coverage

SEE **EMS** PAGE 19



Key Club | Submitted

Ogdensburg has talent

The Ogdensburg Free Academy Key Club Talent Show was held Friday with students from five schools competing in two divisions. Sydney Garno, a fifth grader at Kennedy took 1st place with her "A Thousand Years" dance routine.

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 See Page 13

Illegal border crossings raise concerns among state officials

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- Illegal border crossings rose over 550% in the Swanton Sector, which encompasses the entire north country, and state representatives want Governor Kathy Hochul to provide more resources to stem the tide.

Northern Border Crossings

According to U.S. Border Patrol officials, Border Patrol agents apprehended 1,850 subjects from 43 different countries in October and November 2023 alone. Those figures surpassed the number of apprehensions in fiscal year 2021 and 2022 combined, officials say.

In total, migrants from 79 different countries were caught in the Swanton Sector in 2023, officials say.

Though the numbers are nowhere near those seen on the southern border, Senators Dan Stec, Joe Griffo and Mark Walczyk submitted a letter to Hochul to request state resources to combat the rising numbers.

The three senators raised a number of concerns regarding the number of migrants entering the country illegally from Canada, saying policies need to be addressed.

"We are not insensitive to people fleeing oppression and seeking a better life elsewhere and recognize that federal immigration policies

need to be addressed, strengthened and revised to ensure that those entering our country do so legally and properly," the senators wrote. "However, we believe that it is imperative that New York take whatever actions are necessary to ensure that its residents, families and communities are protected and that its border is secure."

The senators spoke to the issues agents are having on the northern border, which encompasses roughly 295 miles across New Hampshire, Vermont and New York, saying there were more migrants caught crossing in 2023 than there had been in the previous 10 years combined.

Border protection is largely a federal issue, however the senators requested assistance from state law enforcement in the letter.

"Reports such as this highlight the need for further action from your administration, and we ask that you examine and consider all options that may currently be available to address this issue. This can include additional funding for increased state and local law enforcement patrols along the border as has been done recently in New Hampshire and further collaboration with local,

state and federal partners," they wrote.

St. Lawrence County Responds

In St. Lawrence County, legislators have continued to extend a state of emergency revolving around the migrant crisis.

The extension now means the state of emergency will run until at least February 4, at which time county officials will once again assess the ongoing situation and decide whether to extend the state of emergency for an additional 30 days.

County officials have said in the past that the state of emergency was put in place to address concerns surrounding the ongoing migrant crisis in the state.

St. Lawrence County shares 75 miles with Canada, which some officials say poses a risk of migrants crossing to seek shelter in the state.

County officials say St. Lawrence County consistently ranks in the state's top ten most impoverished counties in the state, saying the county is "ill-equipped" to meet the potential needs of migrants.

Massena Hotel Considered

Much of the attention on the

border crisis revolves around the thousands of migrants apprehended every day on the southern border but with Texas Governor Greg Abbott bussing migrants into New York City every day, state officials are looking for solutions. To date, well over 110,000 migrants have been shipped to New York City, despite city and state officials saying there are nowhere near enough resources to care for them.

New York City Mayor Eric Adams has made numerous requests to Hochul in the last year, including permission to send migrants to upstate communities.

That move prompted over 20 counties to pass resolutions that would make it illegal for private business owners like hotel and motel owners to house the migrants in exchange for financial assistance from the state. In response, lawsuits have been filed to contest the county restrictions, many of which are still playing out in court.

One such instance arose in Massena, when Gary Melius, owner of the Quality Inn Hotel in downtown Massena, attempted to lobby state officials and New York City Mayor Eric Adams to house migrants at the struggling hotel.

There was only one catch. Melius was behind on his tax payments and owed over \$385,000 to the county. Though that was averted, the back taxes were paid by the lien holder, according to St. Lawrence County Attorney Steve Button.

Local officials in Massena shot down the idea of housing migrants at the hotel, citing code regulations that would disallow the property from even being considered.

Massena Mayor Greg Paquin and Town Supervisor Sue Bellor both spoke to the situation, saying the state had "not done their research" and should go back to the drawing board.

"We would all be setup for failure. The migrants and village both would be set up for failure and I think the state knows that," Paquin said.

Bellor also spoke to the situation previously, saying the extensive needs of the migrants make it nearly impossible to care for them properly in Massena.

"While I understand that the migrants are in a challenging situation in the large cities, how will the situation be improved in a small village in a small town without any municipal transportation and with limited healthcare," Bellor asked.

Massena Airport on DOH List

Just two weeks after that news broke, Massena was once again in the cross hairs of Adams and city officials.

Homeland Security Secretary Alejandro Mayorkas provided Adams with a list of 11 potential sites to house asylum seekers last August, a list that included Massena International Airport.

The inclusion of the airport drew the ire of local, state and federal representatives who called on the city to address the migrant crisis by other means.

Bellor previously told NCTW that town officials were completely in the dark when the news broke.

"We have not been communicated with in any way. We have yet to hear anything from state officials regarding the situation. It makes me wonder if they have done their due diligence and actually researched what the airport has to offer. There certainly are no living quarters or housing options there," Bellor said.

It remains to be seen whether the governor will take direct action on the migrant crisis, however state officials say Hochul will cover the topic in her third star of the state address on Jan. 9.



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County launches emergency update text service

BY JEFF CHUDZINSKI
North Country This Week

CANTON — Simply text Lawrence to 67283 and you will be among the first to know about potential emergencies that may occur when thousands of tourists

flock to St. Lawrence County to view the full solar eclipse on April 8.

During the operations committee meeting on Jan. 8, legislators approved a contract with Rave Mobile Safety to implement an alert notification program. Legislators also approved a budget modification

to fund the program. The cost will be \$23,941 and will come from a contingency account.

In a presentation to the board prior to the vote, Joseph Braun, account executive for Motorola Solutions, gave legislators a preview of the program's capabilities.

Braun detailed the opt-in process for those interested, saying that texting Lawrence to 67283 is the easiest and fastest method, but residents can also sign up online.

When first signing up, users will receive a text with a message to opt-in to receiving alerts. Once the user has opted-in, messages sent by the Emergency Services Department, Sheriff's Office and other support services can be received via text, email, voice call, RSS or social media.

Users are able to opt out at any time if so desired and are even able to opt-in for a set period.

"They can opt in for any length of time or forever if they want to. Even just a weekend," Braun said.

With the new program, Emergency Services will be able to craft messages from scratch and send to designated users or use more general template-style messages.

Predetermined lists of recipients can also be set up prior to use for faster messaging, Braun said.

Doing so would allow the county to alert users of emergencies, road closures or other situations that may arise during the eclipse, according to Braun.

Another aspect of the program that the county will eventually opt into using is a wireless emergency alert system that is federally regulated through FEMA.

That program, which is how AMBER alerts are sent out, would allow the county to send emergency messages to any phone within a geographic zone, regardless of whether a resident had opted into receiving messages or not.

"We can message the entire county or draw a zone, a circle, square, whatever shape we need to (to mes-

sage residents)," Emergency Services Director Matt Denner said.

That system could prove crucial in the event of a larger emergency, Denner said.

When messages are sent, county personnel will be able to see who received the message and by what method. By doing so, the county will be able to ensure messages are being successfully received and progress can be tracked as they go out.

In the event an emergency situation continues to evolve, the county would be able to send a followup message, Braun said.

The learning curve for the program will be slight as training is available for county officials, free of charge.

Braun said Rave Mobile has a training mode that allows emergency personnel to complete every step short of sending a message.

A library of step-by-step training is available along with weekly webinars and personnel to assist with any questions during training.

OBITUARIES

Newell R. Stewart, 92

Heuvelton

HEUVELTON -- Graveside Services for Newell R. Stewart, 92, of Heuvelton will be held in the spring at Hillcrest Cemetery in Heuvelton with full military honors.

Mr. Stewart died on Friday evening, January 5, 2024, at North Country Nursing and Rehabilitation in Massena, where he had been a resident for the past few years.

Arrangements are under the care and direction of Frary Funeral Home.

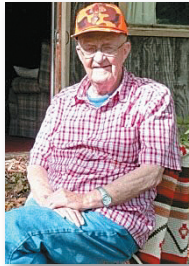
Newell R. Stewart was born on September 22, 1931, in Ogdensburg, NY.

He was the son of the late Roy E. and May (Steel) Stewart.

He was a graduate of Heuvelton Central School and enlisted in the United States Air Force. Upon his honorable discharge, he went to work for his father's business, Stewart Brothers Beauty and Barber Supplies, located in Heuvelton.

Newell was an honorary member of the Barney Pond Hunting Club and a founding member of the Diamond Sportsman's Club. He was also the oldest living member

of Alcoholics Anonymous in St. Lawrence County with 50 Years of sobriety.



Newell Stewart

He loved fishing and hunting, being in the woods, telling stories, and being a "snow-bird" wintering in Haines City, Florida.

He is survived by his children; Allen Stewart of Canton, Cynthia

Pratt of Massena, and Carolene Gordon of North Carolina. He is also survived by his grandchildren; Mason and Katlynn Pratt and Hannah, Jacob and Claire Gordon as well as his great-grandchildren Haiden and Wrenleigh Tyo.

Donations in Newell's memory may be made to the Heuvelton Fire and Rescue 95 State Street Heuvelton, NY 13654.

Online condolences may be made at www.fraryfuneralhome.com.

RECENT DEATHS

JOYCE STARK, 83, Massena, Dec. 30. Arrangements with Donaldson Funeral Home, Massena.

VICTORIA BELFY, 69, Massena. Dec. 31. Arrangements with Phillips Memorial Home, Massena.

DONNA DUNNE, 83, Ogdensburg, Jan. 1. Arrangements with Frary Funeral Home, Ogdensburg.

JENNIFER DOTY, 64, Lisbon, Jan. 2. Arrangements with Fox & Murray Funeral Home, Ogdensburg.

JASON NEWCOMBE, 41, Massena, Jan. 4. Arrangements with Flint Funeral Home, Moira.

NEWELL STEWART, 92, Heuvelton, Jan. 5. Arrangements with Frary Funeral Home, Ogdensburg.

ROBERT HAMPTON, 55, Massena, Jan. 5. Arrangements with Donaldson Funeral Home, Mas-

sen.

LINDA REDMOND, 78, Ogdensburg, Jan. 5. Arrangements with Frary Funeral Home, Ogdensburg.

BEVERLY NEWTON, 80, Ogdensburg, Jan. 6. Arrangements with Frary Funeral Home, Ogdensburg.

JOSEPH JOHNSON, 68, Ogdensburg, Jan. 6. Arrangements with Frary Funeral Home, Ogdensburg.

OBITUARIES AND death notices are posted as soon as they are available at NorthCountryNow.com/obituaries

SUBMITTING OBITUARIES: Families now have the option of publishing obituaries in North Country This Week -- ask the funeral home to submit the obituary for publication in the paper as well as on NorthCountryNow.com. For more information or to submit an obituary for a former St. Lawrence County resident, email obituaries@northcountrynow.com or call 315-265-1000 ext. 33.

Forsythe named SLC chairman

BY JEFF CHUDZINSKI
North Country This Week

CANTON -- The St. Lawrence County legislature has voted and Legislator David Forsythe will once again serve as chairman.

The vote came during the Jan. 2 organizational meeting, with Forsythe winning by a 12-3 margin along party lines.

Legislator Rick Perkins was also re-elected to serve as vice chairman again.

Forsythe thanked his fellow legislators, saying the past year has been an enjoyable experience that went by much faster than anticipated.

"Thank you from the bottom of my heart. I would like to thank all of the legislators who voted for me to continue to chair in 2024. It's hard to believe it's already been a year," he said.

"I have truly enjoyed the last year (as chairman)," he continued.

In his brief speech to the legislature, Forsythe highlighted the projects completed or underway in the last year, including renovations to the county jail, approval of a \$7.5 million upgrade to the county public safety complex, as well as the completion of the third and final highway department outpost that is now operational.

"We also paved an additional 10 miles of highway on top of what was originally scheduled," he said.

Other highlights include opening a new satellite office for the Department of Social Services in Massena, opening a new recycling facility in Lisbon with new scales and updates to the county clerk's office and community services department.

"Our new mobile clinic is also operational and our true value tax rate is at its lowest since 1980," Forsythe said.

Under his watch, Ogdensburg also began taking action to collect property and sales tax on their own as well, he said.

"Everyone here, all of the staff, you all made it happen," he said.

Forsythe also spoke to the new sheriff and under-sheriff in town, with Rick Engle and Shawn McCarger taking the reigns following the retirements of Sheriff Brooks Bigwarfe and Under-Sheriff Sean O'Brien.

Forsythe was complimentary of Engle and new Under-Sheriff Shawn McCarger, saying both will continue to do good work for the county.

"I, along with this board, look forward to working with you in the coming year," Forsythe said.

Forsythe said he did not know

Engle well previously, despite both being from Lisbon, but throughout the year and through many conversations he quickly learned what an asset Engle would be to the county.

"I wanted to introduce him to the people of our group and let him know that we've got his back," Forsythe said.

"They will do an outstanding job. I've been impressed with both of them," he continued.

Though focused on the present, Forsythe also spoke to the future of the county and local politics, calling on younger generations to engage in politics.

That notion is not a new one for the Forsythe family, with the chairman's son Hunter Forsythe officially taking his seat on the Lisbon Town Board.

"We were able to attend his swearing in and it was a very proud moment for our family," the chairman said.

He went on further, encouraging the public to get involved locally and to engage with community leaders to find the best path forward for the North Country.

Forsythe said he looks forward to the year ahead and is hopeful the legislature will be able to continue to better the county in the months ahead.

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OBITUARIES

Arthur L. "Art" Robinson, 91

Louisville

LOUISVILLE -- Arthur L. "Art" Robinson, age 91 of Louisville, NY, passed away on Friday, December 29, 2023, in Lakeland Florida, he died peacefully with his family by his side.

Art was born on April 28, 1932, in Massena, NY, the son of the late Arthur T. Robinson and Katherine (Sutton) Robinson.

He grew up in Massena, and attended Massena schools, working on his grandfather's farm.

He enlisted in the United States Army during the Korean War as a machine gunner/paratrooper with the 82nd Airborne Division and was wounded in action and awarded the Purple Heart.

He married Doris (Yvonne) Duquette on February 11, 1956, and together they raised their five children.

He worked as a forklift operator at the Reynolds Metals Aluminum Plant in Massena and retired in 1991. He spent his winters in Florida.

For hobbies, he liked to play online games, bongo drums, solitaire, shut the box, and ladder ball. He also was an avid woodworker

and a loyal Syracuse basketball and football fan. Art loved camping, boating, fishing, and spending time with family and friends.



Arthur Robinson

Art is survived by a daughter, Donna Chartrand of Lakeland FL, daughter-in-law, Sandra, son, Greg and Carleen of Lakeland FL, son, Martin and Allison

of Madrid, NY, and son, Earl and Karen of Dexter, NY and his many grandchildren, nieces and nephews.

Arthur was predeceased by his wife of 64 years, Doris in 2020, a son, Ronald Robinson along with brothers, Herbert, Earl, and Robert, sisters, Ruth, Erma, and Anita.

Burial to take place in the spring with full Military Honors at the convenience of the family.

Memories, condolences, and pictures may be shared with the family by visiting www.PhillipsMemorial.com.

Victoria J. Belfy, 69

Massena

MASSENA -- A Graveside Service for Victoria J. Belfy, age 69 of Massena, NY will be held at the convenience of the family at a later date in Notre Dame Cemetery in Ogdensburg, NY.

Family and friends are welcome to call the Phillips Memorial Home, located at 64 Andrews Street in Massena, NY on Saturday, January 6, 2024, from 4:00 pm to 6:00 pm.

Ms. Belfy passed away on Sunday (December 31, 2023) at Massena Rehabilitation and Nursing Center.

She is survived by one sister, Mary (Chuck) Janikowski of Norwalk, CA; two brothers, Bobby Belfy of Hudson Falls, NY, and Leo (Michelle) Belfy of Highland, OH, and several nephews and nieces, and great nephews and nieces.

In addition to her parents, Victoria was preceded in death by her sisters, Celeste Johnson, Pauline Belfy, and brother, Ralphie Belfy.

Vicky was born on July 24, 1954, in Ogdensburg NY, a daughter of the late Ralph and Elizabeth (LeClair) Belfy.

She graduated from Ogdensburg Free Academy, Class of 1972, and continued her education at SUNY Canton with an Associate's Degree as a Laboratory Technician and

worked in Houston, Texas as a laboratory technician before attending Eastern Kentucky College where she earned a Bachelor's Degree followed by a Master's Degree in Education at St. Lawrence University.



Victoria Belfy

Vicky worked as an eighth-grade science teacher for over

30 years. Her last teaching position was at Brasher Falls Central Middle School from September 1986 to June 2014.

She was well respected by the faculty and admired by her students. She belonged to the St. Lawrence County Science Teachers Association and the NYSUT Teachers Union.

In her spare time, she enjoyed socializing with friends, family vacations, watching movies, great food, and anything to do with water activities.

Family, friends, and colleagues are welcome to share stories, photos, and condolence online, by visiting www.PhillipsMemorial.com.

Joyce J. Stark, 83

Massena

MASSENA -- Joyce J. Stark, 83, a resident of State Highway 420, passed away Saturday, December 30, 2023, at Canton-Potsdam Hospital.

Joyce was born on December 21, 1940, the daughter of the late Gordon and Mildred (Richard) Holmes.

She attended St. Lawrence Central School.

In April 1958, she married Wayne A. Stark, Jr. at the Massena United Methodist Church.

Joyce owned and operated JJ Poodles, a dog grooming business in Massena for 13 years.

She loved her dogs, camping with her husband, going to garage sales, and for the past 18 years she and her husband volunteered at the St. Lawrence Power Museum in Madrid.

Joyce is survived by her husband and her brother and sister-in-law,

Richard and Mary Ann Holmes of Brasher.

In addition to her parents, she was predeceased by a sister, Marie; and brothers, Percy and Lloyd Holmes.



Joyce Stark

Arrangements are under the care and guidance of the Donaldson Funeral Home, Massena, where friends may call on January 9th, 3-6:00 PM.

Burial will be held at the convenience of the family in Bixby Cemetery.

In lieu of flowers, those wishing may consider memorial contributions to the Potsdam Animal Shelter.

HELENA, NY -- Paula J. Gray died at her home here surrounded by her family on Wednesday, January 3, 2024.

A Mass of Christian Burial will be held at 10:00 am at the Church of the Sacred Heart with Rev. Mark Reilly officiating.

Burial will be held in St. Patrick's Cemetery in Hogsburg, NY in the spring at the convenience of the family.

Friends and family may call at the Phillips Memorial Home, in Massena located at 64 Andrews Street, from 4:00 pm to 7:00 pm on Tuesday, January 9, 2024.

Born December 7, 1954, Paula Jean Derouchie was the second oldest of five children of the late Paul and Jean Derouchie of Brasher Iron Works.

She attended local schools, graduated from St. Lawrence Central High School in 1973, and after school received a certificate from the Massena School of Business.

She worked for many years with public accounting firms in Potsdam and Massena, most of those with Dragon Benware Co. She went on to work at the St. Regis Mohawk Tribe as a senior accountant for 17 years, where she made many lasting and

Paula J. Gray, 69

Helena

meaningful friendships.

In 1980, she married her long-time love Gerald J. Gray of Helena.



Paula Gray

They built a lovely home on the Deer River in Helena and set about raising a family of five children, who survived her, along with three grandchildren.

Jerry predeceased her in 2021.

Paula was a very proud mother to Stephanie and Justin Williams of Schenectady, Matthew and Trisha Gray, of Brasher; Nicholas Gray of Oswego and his significant other, Jessica Mashewski; Andrew Gray and his fiancée, Niccee Harris of Helena; and Christopher Gray, of Helena, and his significant other, Carli Cartier; as well as her three grandchildren, Avery Williams of Schenectady, Lucian Gray and Andre Gray of Brasher.

She is also survived by three sisters, Christine and John Gray, Colton, Noreen Bouchard and Jeffery Covell, Parishville, and Valerie and Neal Keller, Adams:

and a brother, Michael and Ginny Derouchie, Brasher, as well as many nieces, nephews and cousins. And who could forget her four-legged "boys," Freddie and Murphy, who were her constant companions at home and during her illness.

A lifelong member of the St. Patrick's Catholic Church, Paula worked hard for her church, and for many years as a member of the Helena Historical Society on the annual Old Home Sunday event at the Brasher Town Museum.

She loved to work in her flower beds. Paula and Jerry were avid landscapers who spent countless hours helping family members with their weeding, planting, and outdoor projects. They also tended large vegetable gardens over the years.

Memorial contributions may be made to Trinity Catholic School; 188 Main Street, Massena, New York 13662, the Akwesasne Boys and Girls Club P.O. Box 490, Akwesasne, New York, 13655 or the charity of one's choice.

Family and friends are encouraged to share memories, photos, and condolence online by visiting www.PhillipsMemorial.com.

Howard A. Rutherford, 91

Madrid

2-seater airplane.

Many family members and friends have fond memories of taking to the skies with him to see the Madrid area from a different perspective!



Howard Rutherford

He also loved gardening, fishing, hunting, beekeeping, being outdoors cutting wood, and making maple syrup "liquid gold" at his sugar shack.

He took great pride in producing the purest maple syrup.

Howard is survived by his loving children, Irene (Leland) Oshier, Christopher (Shirley) Rutherford, Thomas (Carrie) Rutherford, Daniel (Nicole) Rutherford, Robert (Christine) Rutherford and John (Jennifer) Rutherford. Howard is also survived by his grandchildren; Christie, Gregory, Adam, Emily, Evan, Noah, Ethan, Cooper, Gianna, Luke, Kara and Chloe and great-grandchildren Carson, Sophie and Leo along with a brother Morris Bruce Rutherford. He is also survived by brothers-in-law Josef and Werner Heimbach and their families in Germany, along

with several nieces, nephews and cousins.

He is predeceased by his wife of 63 years, Elisabeth, who he met while stationed in Germany and who passed away November 10, 2023. He was also predeceased by a daughter Lori Ann in 1969, his sisters and brothers-in-law; Doris (Harry) Williamson, Beverly (Robert) Irving, Noreen (Robert) Seaman and sister-in-law Barbara Rutherford.

The family is thankful for the compassionate care that he received at Ogdensburg Family Practice, Claxton-Hepburn Medical Center and Hospice of St. Lawrence Valley.

Per Howard's wishes, there will be no calling hours or funeral services.

There will be a private graveside service held at the convenience of the family at a later date in Madrid Cemetery.

If you wish, donations can be made to Hospice of St. Lawrence Valley; 6805 US Route 11, Potsdam, New York, 13676 or Madrid Fire Department; P.O. 69 Box, Madrid, New York 13660 in his memory.

Family and friends are encouraged to share memories, online condolences and photos of Howard by visiting www.PhillipsMemorial.com

Robert M. Hampton, 55

Massena

Everett and Judy; his brother and sister-in-law, Carson and Tawny Hampton of Upland, California; his



Robert Hampton

nieces and her husband, Brittany and Alden Kiertzner, and their children, Everett, Caroline, and Charlotte; a nephew, Zachary Hampton; two aunts, Minerva and JD White and Cynthia Warren; and several

cousins.

Arrangements are under the care

and guidance of the Donaldson Funeral Home, Massena, where friends may call Sunday 2-8:00 PM. Funeral services will be held at the funeral home on Monday at 11:00 AM.

Burial will be held at a later date in Massena Center Cemetery. A luncheon will follow the services in the fellowship hall of the First United Methodist Church.

Memorial contributions may be made in his memory to the Shriners Children's Hospital or the First United Methodist Church Memorial Fund.

Friends are encouraged to share memories and offer condolences online at www.donaldsonfh.com.

Several new state laws now in effect in New York

BY JEFF CHUDZINSKI
North Country This Week

In a flurry of action over Christmas weekend, Governor Kathy Hochul signed nearly 100 bills into law, including a handful that have stoked controversy in the North Country.

Hochul took action on hundreds of bills last year, from changing local elections to even-numbered years, to banning some hunting derbies and sealing criminal records of former convicts with the Clean Slate Act.

Election move to even-years

A number of local elections will now be moving to even-numbered years after Governor Hochul signed legislation in hopes of boosting participation in those elections.

The new law, which was signed around the Christmas holiday, moves the majority of town and county elections that were previously held during odd-numbered years to even-numbered years. In doing so, those elections will fall at the same time as state and federal elections that historically have a significantly higher voter turnout.

According to state officials, voter turnout in New York State was around 64% in 2020, the most recent presidential election.

That figure declined significantly in 2021, when local elections were held, to just 25%.

The legislation will impact all elections for which dates can be

changed through legislative action, though a number of offices like judgeships and offices in any city in the state must be changed through a constitutional amendment, state officials say.

Hochul claims the move would “be a fiscally responsible approach that would reduce the taxpayer cost of election administration by avoiding the need for elections to be held every single year.”

State officials say the move will ensure higher voter turnout for local elections “when most voters are already planning to participate in an election.”

State officials say the move to include all elections in even-numbered years will also assist voters and employers alike, making it easier to pay for time off and travel to polling sites.

Second Family Court Justice

St. Lawrence County will also see a second Family Court justice added in 2024 after Hochul signed a bill into law to add 21 justices throughout various courts around the state.

The move to add another justice is one the county has long explored, according to County Attorney Steve Button.

“When assessing the number of cases St. Lawrence currently has and after conversations with the Office of Court Administration it became apparent that St. Lawrence County has twice as many cases as the next closest court within the judicial district,” Button said.

That backlog has caused a number of problems in recent years with multiple parties arguing that the process to be heard in court is taking far too long.

County officials were joined by state representatives in recent years to request the addition of a second justice but it was just last week that the Governor signed legislation to add the position.

Button said adding a second justice to Family Court will provide relief and will hopefully speed up many cases but that relief is still some ways off.

“This will alleviate the significant delays in these sensitive matters and we are pleased to see this come to fruition,” Button said.

Button said the position is expected to be on the ballot in 2024 with the elected justice slated to take the seat in 2025.

Hunting Derbies

Governor Hochul has signed legislation that largely outlaws some hunting and fishing competitions in an effort to curb “the wasteful taking of certain wildlife.”

In a press release issued by the governor’s office, Hochul said the legislation targets contests, competitions, derbies and tournaments held for prize money or entertainment.

The new regulations will go into effect in November 2024.

The new law now makes it illegal to organize, conduct, sponsor or take part in such competitions.

Department of Environmental Competition officials will now be able to seize wildlife taken during such competitions and participants can be fined anywhere from \$500 to \$2,000, according to the legislation.

In the future, only competitions aimed at targeted wildlife management of certain populations will be lawful in New York.

Competitions excluded from the legislation include contests related to the hunting of white-tailed deer, turkeys, bears and fishing competitions.

Hochul said those competitions are being excluded due to the “careful regulations by the state.”

Clean Slate for convicts

Hochul also signed the “Clean Slate” Act into law, broadening the allowances for sealing criminal records.

The legislation would automatically seal certain criminal records after a required waiting period – three years after conviction or release from jail for a misdemeanor and eight years after conviction or release from prison for a felony – provided they have maintained a clean record and are no longer on probation or parole.

Proponents of the measure say it was enacted to protect public safety and ensure the state is “sealing the records of people who have truly committed to turning their lives around, there are instances where people will not be eligible for seal-

ing. Those with pending criminal charges, who are required to register as a sex offender, who received a life sentence, or who have been convicted of a class A felony – like murder – are ineligible to have their records sealed under Clean Slate,” a statement from the New York State Assembly states.

Detractors say it compromises public safety and have gone as far as to call the act “pro-criminal.”

Although records will be sealed, legislation provides access to otherwise sealed records for certain necessary and relevant purposes, including law enforcement purposes, licensing or employment for specific industries where a criminal background check is required to be performed employment where a fingerprint-based background is performed, extending employment to a person in jobs where they may work with such groups as children, the elderly or other vulnerable populations, when an individual

Forum planned as Ogdensburg hospital transitions

BY JIMMY LAWTON
North Country This Week

OGDENSBURG - Claxton-Hepburn Medical Center officials will hold a public forum for those looking to learn more about the transition to a critical access facility.

The meeting will be held at 4:30 p.m. at the Ogdensburg Elks Lodge Jan. 18.

The news comes on the heels of a recent announcement from CEO Richard Duvall that CHMC is now under management of Carthage Area Hospital as part of the North Star Alliance.

“We are pleased to provide an update to the North Star Health Alliance strategic plan. This past summer we shared information with the public that included shared services with Carthage Area Hospital and Claxton-Hepburn Medical Center, the CHMC hospital campus conversion to critical access and the creation of a standalone mental health hospital,” a recent announcement from the hospital said.

Duvall explained that the most recent update involves outpatient services at Claxton-Hepburn Medical Center (CHMC) and Carthage Area Hospital.

He said the New York State Department of Health has granted approval for the first phase of the Critical Access Transition, which involves a strategic shift in the management of rural health clinics in Ogdensburg, Canton, Madrid, Hammond, and Waddington to management under Carthage Area Hospital through the North Star Health Alliance.

“In our commitment to providing exceptional healthcare, we want to make it clear that there will be absolutely no interruption or reduction in the range of services offered. Patients can rest assured that they will continue to see their current healthcare providers and have access to the same services with the same provider at the same locations

‘There will be no job reductions and no service reductions.’

Richard Duvall
CHMC CEO

where they are currently receiving treatment,” Duvall explained.

This initiative marks the initial phase of the Critical Access Transition, which has received approval from the New York State Department of Health.

Duvall said it was a milestone in the plan.

“This initial phase of the Critical Access Transition, sanctioned by the New York State Department of Health, represents a pivotal step. It’s crucial in helping us meet our three core objectives: preserving our range of services, safeguarding jobs, and ensuring the honor of Claxton-Hepburn’s employee pensions.”

Last year Duvall went into detail about the changes needed to stay solvent.

He said the acute care center will be designated as a critical access hospital, which will help ensure the facility’s future because it is expected to then qualify for increased reimbursement rates for Medicare and Medicaid.

Duvall said the hospital currently employed 720 people at that time, all of whom would retain their jobs, salaries and benefits once transitioned to North Star.

North Star was established roughly seven years ago and at one time included CHMC, Carthage Hospital, Meadowbrook Terrace, North Country Orthopedics and

River Hospital. However, River Hospital has since broken away.

The Claxton-Hepburn Mental Health Center will continue to operate 40 beds while serving solely as a behavioral health clinic.

The biggest change will be at the acute care facility which will be downsized from 87 total beds to 40 beds to include 25 acute care, five observation and 10 mental health beds.

“There will be no job reductions and no service reductions,” he said.

Duvall said downsizing the number of beds is what allows the hospital to receive the critical access designation, which in turn will provide higher reimbursements and allow the facility to survive.

“We view this transformation plan as a continuation of years of effective collaboration and shared services agreements between two hospitals that understand the intricacies of providing high quality care in rural communities,” he said.

Duvall said many options were explored as the hospital sought to regain its footing following the pandemic, but this option yielded the best results for employees and the community alike.

Duvall said over the past 10 years, CHMC has seen about 25 to 30 inpatients per day and expects that number will continue. He believes the new critical access center will be able to meet that need.



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STUDENT TESTIMONIAL

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-Linda ”

STUDENT TESTIMONIAL

“ I am so grateful for this opportunity to join. I have been able to do movements that I have not been able to do for years. I enjoy every class and highly recommend trying it. I am sure once you try, you will enjoy it as much I do. Thank you, Master Sean.
-Ranny ”

STUDENT TESTIMONIAL

“ I joined North Country Tai Chi while living in the North Country, and Master Sean's excellent teaching and the practice helped me maintain health and focus during a stressful time. When I moved away I was very sad to leave the school behind. However, when the pandemic started Master Sean was quick to move classes online - and I could join in again! I am grateful to have access to the school once more, and the online resources are very helpful.
Anne ”

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Winter storm causes major damage with wind, rain and snow

More than 10,000 St. Lawrence County residents remain without power Wednesday following a winter storm that pounded the area with wind, snow and rain and ended early Wednesday morning.

Large portions of Canton and Potsdam lost power and a smattering of smaller outages were reported in Pyrites, Heuvelton and other towns throughout St. Lawrence County.

The hardest hit area appears to be the center portion of the county with river towns not receiving quite as much damage from the storm, but powerlines, trees and limbs were down in nearly all parts of the county, according to reports.

State police reports show they

were busy assisting people with disabled vehicles and accidents Tuesday evening and early Wednesday morning. There were also reports of attempts to locate people.

In Potsdam one side of Market Street appears to be without power, with no power on the McDonald's-side of town. A huge tree is reportedly down on the corner of Market and Canal Streets.

Along U.S. 11 from Canton to Potsdam power remains out, according to reports.

Crews in the Canton area had cleared branches from roadways, and power was restored to parts of downtown Canton. Canton firefighters were directing traffic there Wednesday morning after a traffic

light failed at the intersection of 310, Route 11 and State Highway 68.

In Colton, witnesses reported seeing multiple downed trees on back roads as well as damaged roofs and lawn furniture and debris blown about. Downed trees were also spotted in Hannawa Falls.

People started losing power late evening and into the morning hours as winds intensified. Many are still without power.

Many fire departments reported being out clearing trees, and assisting local residents in a variety of ways following calls to the station.

Witnesses reported down trees in some areas and a quick melt left a number of people with flooded basements.



Meals on Wheels | Submitted

Feeding families

The U.S. Customs and Border Protection prepared Christmas bags for all of the Massena Meals on Wheels recipients for the holidays. Stacie Sweet, center, is the new director at Massena Meals on Wheels.

Agencies will get share of funds seized by federal law enforcement officials

BY JEFF CHUDZINSKI
North Country This Week

CANTON — St. Lawrence County law enforcement agencies and the District Attorney's office are set to receive a share of funds seized by federal agencies in St. Lawrence County after legislators approved a resolution to sign off on the Federal Equitable Sharing Program.

Legislators approved the resolution during the Jan. 8 Operations Committee meeting.

According to St. Lawrence County District Attorney Gary Pasqua, the funds are part of a recurring

program that is awarded every January and February.

Pasqua said he applies every year through an electronic program, giving the county access to the seized assets.

"Whenever federal law enforcement agencies seize any money in a federal investigation in St. Lawrence County, my office has any nexus to that. They share that with my office, as well as local law enforcement agencies," Pasqua told legislators.

The funds, which are seized by agencies like Customs and Border Protection (CBP) and the Drug Enforcement Agency (DEA), come

from busts that occur within the county throughout the calendar year, Pasqua said.

Legislators and the chairman of the legislature work in conjunction with Pasqua to keep track of the funds and to ensure the application is submitted and approved on time to ensure the flow of funds, he said.

"The chairman has to sign off every year. This resolution needs to be done so that when I go and fill out that paperwork before March 31 we can say we've met as a group," Pasqua said. The resolution now moves to the full board for approval in February.

Shoplifter injures employee

POTSDAM — An Ogdensburg woman was charged after allegedly injuring a Price Chopper employee who attempted to stop her from shoplifting Jan. 5, according to village police.

Billie Jo Planty, 44, was charged with second-degree harassment and petit larceny at 3:10 a.m. last Friday, officers said.

Planty allegedly left the store with a cart full of groceries without

paying for them.

A store employee attempted to grab the cart from her in the parking lot and Planty grabbed his hand and bent his finger back, causing minor injury, police said.

Planty reportedly fled the scene before police arrived.

She was picked up by other law enforcement and turned over to Potsdam police and charged, officers said.

Settlement ends Akwesasne dispute

AKWESASNE — The U.S. District Court for Northern New York approved an agreement between the Saint Regis Mohawk Tribe (the "Tribe") and Franklin County (the "County") settling the parties' dispute over the County's assessment of its "Vehicle Use Tax" on members of the Tribe.

The Settlement will exempt qualified Tribal members from payment of a bi-annual County "Vehicle Use Tax" and provide refunds.

The Tribe filed a lawsuit in April 2023 as a result of years of unsuccessful efforts with the County to adopt and implement a tax exemption form for Mohawk Tribal members who live on and garage their motor vehicles on the Saint Regis Mohawk Reservation.

The Tribe's complaint in the case cites numerous instances going back over the last 10 years where the Tribe has complained about the tax assessments and formally requested action by the County to cease its collection. Under the terms of the settlement, Franklin County has revised its County Vehicle Use Tax Exemption Certificate to add a Tribal Member exemption on its exempt form.

Until now, there are only exemptions for non-county residents, non-profits, and farm vehicles.

In addition, the settlement will allow qualified Tribal members to obtain refunds for any Franklin County vehicle tax they paid within the last 10 years. Tribal members will be required to show proof of membership, paid the fee, and the fee was on a vehicle that was garaged on the Reservation. The Tribe will assist Tribal members

with their claim forms.

"The amount of the vehicle tax is relatively small--\$20 every two years, but no matter how small the amount, it is money that members should not have been charged

and should not be charged in the future," stated the Tribal Council.

The Tribe will be disseminating additional information about the exemption in the coming weeks.

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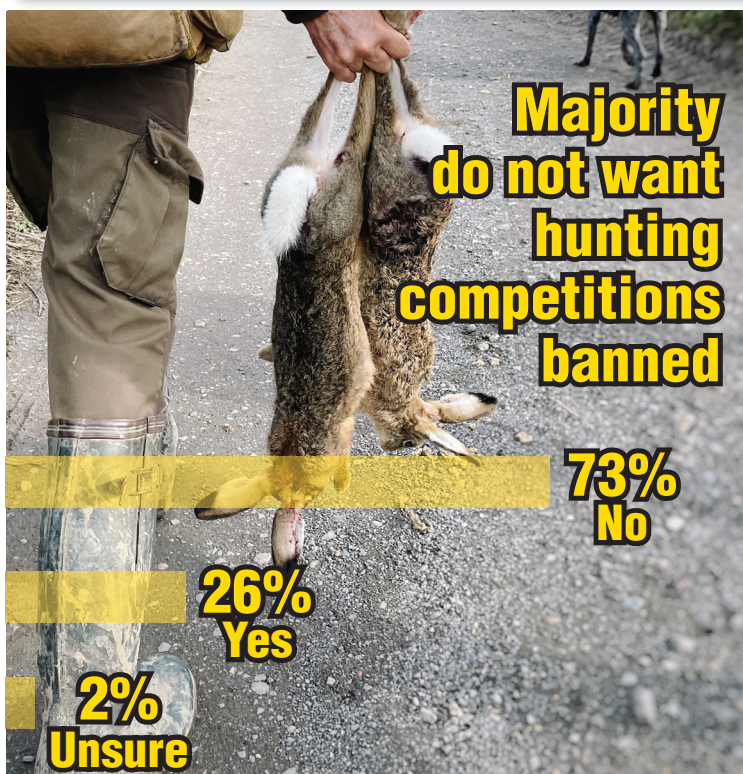
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NCNOW SURVEY



Debbie Morgan | NCTW

NCNow Survey

Do you support a new law banning some hunting and fishing competitions in NYS?

GOVERNOR KATHY Hochul has signed legislation that largely outlaws some hunting and fishing competitions in an effort to curb 'the wasteful taking of certain wildlife.' In a press release issued by the governor's office, Hochul said the legislation targets contests, competitions, derbies and tournaments held for prize money or entertainment. The new regulations will go into effect in November 2024. Do you support a new law banning some hunting

and fishing competitions in New York State?

TO TAKE THE CURRENT SURVEY, visit bit.ly/3tKzzGu.

THIS WEEK'S QUESTION: Do you support moving a number of local elections to even-numbered years?

The NCNow Survey is an unscientific poll of visitors to NorthCountryNow.com who choose to participate.

For many communities this month brings a fresh start. We have new mayors, new town supervisors, new council members and a new sheriff.

For those of you new to the jobs, I wish you well and I appreciate your willingness to serve the public. I also invite you to help us share the work you're doing.

Editor's Notebook

Jimmy Lawton



I want to let you know that we can help each other and I look forward to working with you.

You can make North Country This Week a better publication by keeping us in the loop about what you're doing, what your plans are and what struggles your communities are facing.

We have a small staff that works very hard to cover news happening across St. Lawrence County, but it's not easy.

With instantaneous news cycles, 32 towns and villages in St. Lawrence County and 18 school districts in our region it's truly an impossible task, we'll always have room for improvement here.

In recent years there has been an unfortunate move by government and school organizations to use social media to share news rather than sending it to the local news organizations.

While platforms like Instagram and Facebook can be great, if you look at the traffic you'd find that you're reaching very small niche circles.

Mind you, there is value in that,

but undoubtedly your message would have further reach if you shared it with us as well.

I'm asking our public officials, schools and community groups to buck that trend.

Share your news with us, so we can share it with others.

Let us highlight the work you're doing, let's make it reach more people.

I extend this offer further to our viewers as well.

Over the years we've been asked many times about our ability to cover sports. The reality is that it is a monumental task because of the number of communities we cover.

That said athletic directors, parents and those attending games can help us share some of those achievements.

If you send us photos from these events or call us with stories of successes we'll do our best to share them.

We have an entire section of our paper which is set aside to highlight the achievements of community members and we'd love to make it stronger.

So as we start this new year I'm asking for a little help from our leaders and community members.

I'd also love to see more letters from the public sent to us, just make sure you cite your sources and keep them within our 400 word limit.

If you're a public employee looking to share news and you're taking the time to post it to social media, consider shooting it to us as well.

Those few extra minutes could help you reach thousands of more viewers.

You can send your news and photos to news@northcountrynow.com

If you're sending photos please include some basic information, like who is in it, where it was tak-

I'm asking public officials, schools and community groups to buck that trend. Share your news with us, so we can share it with others. Let us highlight the work you're doing, let's make it reach more people.

en and when.

Include some contact info so we can properly attribute the photo credit and give us a number so we can follow up with questions.

We appreciate the help and we hope you give it a shot.

Jimmy Lawton is news editor of North Country This Week and NorthCountryNow.com

NORTH COUNTRY THIS WEEK

Massena - Ogdensburg Edition

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New year, new...relationship with the deceased

BY KATE FAVARO

Hospice of St. Lawrence Valley

Grief around the holidays is tricky. You may have felt as though people were walking on eggshells around you, fearful to so much as mention the name of the person who died.

Maybe people kept asking how you were, but you truly did not even know how to answer, so you simply smiled and said "I'm ok." until your face hurt. Now you're in a new year, perhaps the first calendar year without the person you're grieving, and you're entering uncharted grief

territory.

This new year may not be the year for a "new you", the challenges of grieving do not make space for this type of change. (As a quick aside, I've always found the idea of "new year, new you" to be confusing. What happens if I, usually, like who I am,

find purpose in my work, and know people love me? Why would I change that?) Rather than trying to change yourself, while trying to adapt to a world without the person who died and grieving, why not change the type of relationship you have with the person who died. If you're looking for ways to have a healthy relationship with a person who died Hospice of St. Lawrence Valley offers the following:

- The death of a person does not erase the relationship that existed. I have a friend whose sister died. When we first met and were discussing family structure she said, "I have two sisters, one is dead." She still considers herself to be a sister to the young woman. I have a relative who simply tells people she has "two living sons and one who is no longer with us.", she will forever be the mother to her deceased son. It is ok to still refer to the person who died as your friend, mom, significant other, husband, etc. Who they were to you, whatever title they had, does not change simply because they're deceased.

- Communication with them looks different now. It is ok to still talk to people who are dead. I'll just say that once more: it is ok to still talk to people who are dead! As long as the thin air or picture you're talking

to does not start talking back then you're doing fine. Did you call your mom most days on the way home from work just to talk about the mundane? You can still talk to her during the drive. Find the perfect meme to send a friend who has died? Send it anyways. Communication is different in that it may feel more one-sided, but if it brings you comfort that's all that matters.

- They can still be included in big events. The fact a grandfather did not live to see a grandson's high school graduation does not mean he cannot still have a place there. If possible, place pictures of the person on a special table at the graduation party. Light a candle for those who cannot be at the wedding. Take a moment to acknowledge the grief happening at the same time as the happiness.

Adjusting to a whole new calendar year, one the person who died will never see, is a huge undertaking. Redefining who you are in relation to them is even larger. Rather than working to make a "new you" work to create a connection which brings you comfort. For more information on continuing bonds with people who have died call Hospice of St. Lawrence Valley at 315-265-3105.

Kate Favaro is a C.T. Bereavement Coordinator at Hospice of St. Lawrence Valley.

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Michael T. Guldán, DDS

Backstroke to improved health

Exercise provides a number of measurable benefits for people of all ages, including older adults. Swimming is one exercise that may be especially beneficial for seniors.

Many people learn to swim in childhood and sharpen that skill as they get older.

Though swimming devotees may get in the water for fun rather than fitness, this popular, joyful and relaxing pastime may be the ideal exercise for seniors looking to improve their overall health, particularly because it is very low-impact.

Because the water provides buoyancy while swimming, there is little risk of injury and minimal strain on the body.

Water exercises, including swimming, work all the muscle groups, so it can be a complete exercise, says American Senior Communities. Swimming also is a great cardiovascular exercise that can strengthen

the heart muscle and improve lung function and endurance. Because it lowers blood pressure and improves circulation, swimming is a great way to get the heart pumping.

A gentle, 30-minute swim can burn up to 200 calories, which is more than walking. A faster swim can burn calories more quickly than running or cycling.

However, since water supports up to 90 percent of the body's weight, this activity will put less stress on muscles and joints while one is exercising.

Individuals with mobility issues or arthritis pain may find that swimming helps relieve discomfort and improves range of motion.

Again, because the water is doing much of the work holding up the body, it will take the stress off of joints, helping a person to feel better while stretching and moving gently in the water.

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SL Health seeks volunteer program members

POTSDAM -- St. Lawrence Health is restarting its volunteer program and is seeking help from the local community. Following a hiatus due to the COVID pandemic, hospital officials say it is time to welcome back volunteers to the system's three hospitals. Volunteers will have many opportunities to participate each week. "The Volunteer Program is being restarted with a focus on Patient Experience. We are looking for individuals who are interested in assisting with patient rounding at the hospitals and helping to fulfill non-clinical requests. This could include getting warm blankets, visiting patient rooms with a care cart, reading to a patient, or a similar activity that enhances their comfort during their stay with us," noted SLH Patient Experience Coordinator Danielle Caskinett.

Volunteers support the health system in running smoothly and efficiently by helping with non-clinical tasks that afford SLH team members additional time to focus directly on medical and clinical care, officials say. "Volunteers also provide extra caring support to patients whose loved ones may not be able to be at their bedside as often as they would like," Mrs. Caskinett said. "We are looking for individuals who want to spend time helping patients to be as comfortable as possible during their stay in the hospital. Our volunteers play a valuable role in our health system, and we look forward to once again partnering with our North Country neighbors in these efforts," she added. Interested individuals are invited to email slhvolunteers@rochesterregional.org, or call Mrs. Caskinett at (315) 261-6092. She will follow up by scheduling an online

interview with each candidate, and upon their acceptance into the program, new volunteers will be asked to complete an orientation process. As with hired team members, SLH conducts background checks on all volunteers, and assures they have performed their health screening requirements – all at no cost to the individual. To learn more about volunteering at Canton-Potsdam, Gouverneur, or Massena hospital, visit <https://www.stlawrencehealthsystem.org/join-our-team/volunteers>, where an electronic copy of the Volunteer Handbook is available for viewing. Those interested in becoming a volunteer member of a hospital Guild or Auxiliary, will also find information on this web page.

Exercise for adults remains beneficial for supers

Exercise is just as beneficial for older adults as it is for children and young adults. According to the Centers for Disease Control and Prevention, engaging in regular physical activity is among the most important steps older adults can take as they seek to safeguard their overall health. Such activity can prevent or delay many age-related health problems and strengthen muscles

while improving balance, which can reduce risk for falls and injuries such as broken bones. The CDC notes that certain physical activities can be characterized as multicomponent activities, which means they combine aerobic activity, muscle strengthening and balance training. Examples of such activities include dancing, yoga, tai chi, gardening, and even sports participation.

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How diet can combat age-related bodily changes

The human body is a marvel. How the body transforms over the course of an individual's life is one of its more remarkable qualities, and those changes never cease, even as individuals near retirement age.

The changes associated with aging include physical transformations but also more subtle shifts the naked eye cannot see. For example, metabolism slows as individuals grow older, and aging also can lead to a decrease in bone density and muscle mass. These changes affect how men and women at or nearing retirement age should approach their diets in recognition of the various ways their nutritional needs change at this point in their lives. Any modifications to a diet should first be discussed with a physician, but the following are some ways aging adults can use diet to combat age-related changes to their bodies.

- **Prioritize protein.** The authors of a 2010 study published in the journal *Current Opinion in Nutrition and Metabolic Care* recommended that older adults consume between 25 and 30 grams of protein with each meal. The researchers behind the study concluded that such consumption could limit inactivity-mediated losses of muscle mass and function.

- **Overcome reduced production of vitamin D.** WebMD notes that people over 65 typically experience a decrease in natural production of vitamin D. Vitamin D is not naturally found in many foods, so aging men and women may need to rely on supplementation to ensure their bodies get enough of it. Vitamin

D helps with anti-inflammation, immune system support and muscle function, among other benefits. So it's vital that aging men and women find ways to get sufficient vitamin D.

- **Consume ample dietary fiber.** The National Resource Center on Nutrition & Aging notes that fiber plays an important role in the health of older adults. Fiber has been linked with heart health, healthy digestion, feeling full, and preventing constipation, which the online medical resource Healthline notes is a common health problem among the elderly. Though the NRCNA notes that older adults need slightly less fiber than their younger counterparts, it's still a vital component of a nutritious diet. The feeling of fullness that fiber consumption can provide also is significant, as it can ensure adults who aren't burning as many calories as they used to aren't overeating in order to feel satisfied. That can make it easier for such adults to maintain a healthy weight.

- **Monitor intake of vitamin B12.** The NRCNA notes that vitamin B12 is involved in a host of important functions in the body, including nerve function and the formation of red blood cells. Vitamin B12 is most easily found in animal products, which many aging men and women must largely avoid due to other health concerns. In such instances, men and women can discuss supplementation with their physicians as well as alternative food sources of B12, such as fortified cereals, salmon and other items.

How caregivers can alleviate stress

Serving as a caregiver for a friend or loved one can be both rewarding and taxing at the same time.

The senior housing authority A Place for Mom indicates that 41 million Americans offer unpaid caregiving services, and that number is expected to increase as the aging population grows in the coming decades. Formal caregivers are paid care providers in a home or care setting.

However, an informal caregiver is an unpaid individual that assists others with activities of daily living as well as medical tasks.

The fatigue that arises from caring for another individual is often referred to as caregiver burnout. Since caregiving takes place over several years, the impact can escalate over time. Caregiver stress is directly related to burnout.

The Mayo Clinic says signs of caregiver stress include:

- worrying all the time
- feeling tired often
- changes in sleep
- gaining or losing weight
- becoming easily irked or angry
- losing interest in activities once enjoyed
- feeling sad or depressed
- experiencing frequent headaches, pains or other health problems
- misusing drugs or alcohol, including prescriptions
- missing your own medical appointments or other appointments

Caregivers need to put themselves first at times in order to help avoid health complications that can come from the stress and demand of caregiving. Make use of these caregiver stress management tips, courtesy of the Mayo Clinic and Penn Medicine.

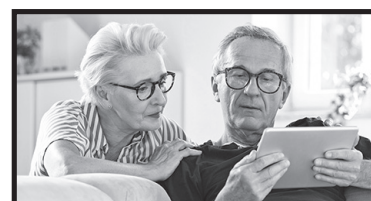
- **Ask for help.** Figure out ways that others can help out and then be sure to let them know and accept anything that is provided.

- **Do the best you can.** Every caregiver feels they are not doing enough at some point in time. Do whatever you can manage and know that it is adequate.

- **Set small goals.** Categorize responsibilities into smaller, more manageable tasks. Make lists of what is most important and tackle those goals, moving on as needed.

- **There are support groups for many different types of needs, including caregiver support.** People who are experiencing the same highs and lows as you can offer advice or just be there to listen.

- **Find ways to rest and sleep.** Many caregivers are sleep deprived. If sleeping has become an issue, discuss potential remedies with your own doctor.



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How to protect long-term cognitive health

Cognitive health is not something to take for granted. Although a certain level of memory loss can be expected as people age, when the ability to clearly think, learn and remember is compromised, those changes can affect an individual's ability to perform daily activities and should serve as a cause for concern.

Brain health should be a priority for everyone. The National Institute on Aging says brain health is an umbrella term that encompasses a host of factors, including:

- cognitive health, which is how well you think, learn and remember
- motor function, or how you make and control movements
- tactile function, which is how you feel sensations; and
- emotional function, or how emotions are interpreted and responded to.

Individuals can safeguard brain health - particularly cognitive health - by taking these steps.

Be more health-conscious
Working with doctors, individuals can put their health first. This

includes getting routine screenings, managing chronic health problems, limiting or avoiding alcohol and nicotine products, and getting the recommended amount of sleep each night.

Manage high blood pressure
All chronic conditions cause long-term repercussions, but the NIA indicates that observational studies show having high blood pressure in mid-life increases the risk of cognitive decline later in life. Lowering blood pressure lowers the risk for mild cognitive impairment and possibly dementia.

Challenge your brain
Harvard Medical School says nurturing social contacts, engaging in stimulating mental activities like reading and doing puzzles, seeing new places, and learning new things can help keep the brain in top form.

Manage stress
Stress can take its toll on the body, and there is reason to believe that it may adversely affect cognitive health as well. Make every stride to reduce stress, whether that involves taking vacations, meditat-

ing, laughing with friends and family, or engaging in relaxing activities that relieve stress.

Get enough vitamin D
Vitamin D is linked to a host health benefits, including its potential to promote a healthy brain. Individuals can get more time outdoors to get vitamin D naturally

from the sun and eat foods rich in vitamin D. If doctors find that vitamin D levels are exceptionally low, supplementation can help.

Pay attention to hearing loss
Certain hearing loss has been linked to cognitive decline, says Healthline. Researchers in Italy concluded that people with central

hearing loss had a higher risk of mild cognitive impairment than those with no hearing loss or peripheral hearing loss. Individuals with central hearing loss are urged to speak to their physicians to determine if they can take preventive action to stave off further decline.

Fight dementia by being social

The Alzheimer's Association® reports that remaining socially active throughout adulthood can possibly delay the onset of dementia.

And that's not the only benefit to remaining socially engaged as an adult, which researchers have linked to reduced rates of disability and mortality.

The Alzheimer's Association® also indicates that social engagement may reduce the risk for depression in older adults. That's a significant benefit, as the National Council on Aging notes that the risk

for depression is elevated among older adults compared to young adults.

Retirees can consider a host of ways to remain socially engaged, whether it's volunteering, participating in clubs or moving to communities tailored to individuals 55 and older.

Such communities may facilitate social engagement among residents by establishing or promoting clubs, organizing group sightseeing trips and arranging for other opportunities for inhabitants to get to know their neighbors.



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WHAT'S GOING ON

FRIDAY, JAN. 12

Blood drive

GOUVERNEUR - St. Lawrence Health is sponsoring a Red Cross Blood Drive on Friday, Jan. 12, at the Gouverneur Community Center, 4673 State Highway 58, from 11:30 a.m.-4:30 p.m. Donors must be healthy, at least 16 years of age, and weigh at least 110 lbs. Consider a Double Red donation if you are O Neg, O Pos, A Neg, or B Neg. Donors can pre-register using RapidPass (www.redcrossblood.org/rapidpass). Pre-registration can only be completed the day of the drive prior to arrival. Registration can be made online at www.redcrossblood.org, or by contacting 1 (800) RED CROSS. First time donors and walk-ins are welcome. For a list of upcoming blood drives sponsored by St. Lawrence Health, please visit <https://stlawrencehealthsystem.org/about/events>.

Glow 'n' Skate

MASSENA -- A free "Glow 'n' Skate" will be offered Friday, Jan. 12, from 11 a.m.-2 p.m. at Massena Arena. The event includes free skate rentals and food vouchers for youth, as well as free admission. Glow 'n'

Skate will be hosted by Horizons, Massena Drug Free Community Coalition, SVPC Tobacco Free Communities and Reality Check, and Northern Area Health Education Center, Inc.

Trivia Night

HEUVELTON - The Heuvelton Auxiliary is hosting their 3rd Annual Trivia Night on January 12 at 6 p.m. at the Heuvelton Fire Hall, 95 State St. Presale registration: \$10 per person before 1/6 (non refundable) OR \$15 per person at the door. Teams can have 4-6 players. Sign up using our public Facebook page or reach out to an auxiliary member. Cash or Venmo @ heuvelton-FireAux. Cash concession/limited bar menu will be available (alcoholic/non-alcoholic). Hotdogs, hamburgers, pizza logs & French fries. No outside coolers will be allowed.

SAT., JAN. 13

Auxiliary meets

HEUVELTON - Amvets Ladies Auxiliary 1997 will meet at the post at 107 State St. on Jan. 13 at 11 a.m.

Prime rib fundraiser

MASSENA -- The Massena VFW 1143 will host a prime rib dinner to benefit the VFW Rifle Squad on Saturday, Jan. 13 from 3-6 p.m. at 101 W. Hatfield St. First come, first served. Cost: \$17. Includes mashed potatoes, vegetable, caesar salad, rolls, dessert.

Learn about Dr. King

RICHVILLE -- The Richville Free Library is holding a reading and crafting event called "Learning More About Martin Luther King" on Jan. 13 at 10 a.m. at 41 School St. The event is free and for children of all ages but pre-school kids must be accompanied by an adult. Reservations are not required but Nancy Garrand, library manager, requests a text at 315-323-9102 so they can get a head count. Info: 315-287-1481.

Build a nature timeline

MASSENA -- "String of Time," an interactive program building a nature-based timeline for the past 12,000 years, will be offered January 13, at 2 p.m. at Nicandri Nature Center, 19 Robinson Bay Rd. For more info call 315-705-5022.

Open mic night

NORFOLK -- An open mic night hosted by the BackWater Duo will be held Saturday, Jan. 13 at 8 p.m. at The Coach Tavern, 3 West Main St. Will focus on performance arts like comedy (sketch or stand-up), music (singer-songwriters, rappers, musicians and karaoke singers), magicians, poets, and spoken word.

Seniors dance

MASSENA -- The Massena Senior Citizens will host a dance on Saturday, Jan. 13, from 5-9 p.m. at 61 Beach St. Cover charge is \$5 per person with Eagle Country playing. Kitchen is open 4:30-7 p.m. The public is welcome. 4:30 p.m., - 9 p.m., Saturday, January 13, 2024. \$5 cover. 61 Beach St., Massena, NY.

Sporting clays

MASSENA -- 50 bird sporting clay shoot, sign in starts at 9:30 am, and in the woods at 9:55 am. 9:55 a.m., - 12 p.m., Saturday, January 13, 2024. Club Membership required and \$12 per round. Edward Rider, trapclubmrrngc@twcny.rr.com, 3152506353. Massena Rod and Gun Club 155 Patterson Road, Massena, NY.

SUNDAY, JAN. 14

Make snow stakes

MASSENA -- Nicandri Nature Center is offering a free take-home craft of snow stakes to put in your yard to measure snowfall on Sunday, Jan. 14, at 2 p.m. All materials and instruction are provided. You will choose the colors to paint and a design for the stick and topper. Pre-registration is required and group size is limited. Register here: <https://signup.com/go/KyGjmLO>.

Sons of Amvets meet

HEUVELTON - The Sons of Amvets 1997 will meet at the post at 107 State St. on Jan. 14 at 1:30 p.m.

MONDAY, JAN. 15

Snow Much Fun

NORFOLK -- "Snow Much Fun for the Little Ones" is being held at Hepburn Library of Norfolk on Monday, Jan. 15, from 10 a.m.-2 p.m. Neighbors Helping Neighbors and the Community Lunch Program for Kids is hosting this free event with cookies, crafts, games and friendly competition. Children can bring home snowman soup when they leave. Monday, January 15, 2024. . .

TUESDAY, JAN. 16

Gentle yoga

NORWOOD - Gentle yoga with Kathy Wilcox will be offered Tuesday, Jan. 16 at 6 p.m. at Norwood Public Library, 45 N Main St. This class is suitable for individuals at any level of Yoga experience. RYT-200 Yin and Hatha Yoga Instructor Kathy Wilcox will guide you through some gentle, balancing breathing exercises, followed by a seated warm up before transitioning to a gentle flow of standing poses. Class will conclude with a guided meditation. Bring a yoga mat, water bottle, and blocks if you have them. A limited supply of extra mats and blocks will be available for your use. Limited to 8 students. Call (315) 353-6692 to reserve a spot.

THURS., JAN. 18

Community dinner

HEUVELTON - There will be a community dinner at the Heuvelton Presbyterian Church, 63 Lisbon St., on Thursday, Jan. 18 starting at 4:30 p.m. Donations are accepted but not required.

Lisbon school board

LISBON -- The Lisbon Central School District will hold a regular Board of Education meeting on Thursday, Jan. 18, at 6:30 p.m. in the school auditorium.

FRIDAY, JAN. 19

Exhibit reception

POTSDAM -- An opening reception for the 2024 Potsdam Town Hall Exhibit titled New Work for a New Year will be held Jan. 19 at 5 p.m. at the hall, 18 Elm St. The 2024 Potsdam Town Hall Exhibition Series is developed and curated by Sharon H.J. Cheng, an artist working with SLC Arts through the Creatives Rebuild New York grant program.

SAT., JAN. 20

Exhibit opening

OGDENSBURG -- The Frederic Remington Art Museum announces the opening of its 40th annual Elementary Art Exhibit with a reception on Saturday, Jan. 20, from 2-4 p.m. The reception is free and all are welcome. The exhibition includes work by elementary students from schools throughout the North Country. The 40th Annual Elementary Art Exhibit will be on view in the Museum's Richard E. Winter Gallery through Feb. 24.

Food distribution

MASSENA -- A food distribution for St.

Lawrence County residents is planned Saturday, Jan. 20 from 8:30-10 a.m. at St. Peter's Outreach Ministry, 128 Main St.

Wellness & Networking

MASSENA -- "Beat the Blues: Wellness & Networking" will be held Saturday, Jan. 20, from 12-2 p.m. at Nicandri Nature Center. It will feature Allison Courtney, from Massena Yoga Studio, and Tracy Thomas, Nicandri Nature Center Executive Director. The free event, hosted by North Country Women's Leadership Initiative, will also provide networking opportunities and local activity showcase. Attendees may cross-country ski or snowshoe before and after the event, with free equipment rentals and miles of groomed trails.

Howl Grand Slam

CANTON - The Adirondack Center for Writing and St. Lawrence University will host the Howl Grand Slam at St. Lawrence University on Saturday, Jan 20 at 7-9 p.m. Winning storytellers from this year's slams will compete head-to-head, telling stories in line with this year's theme, Achilles Heel. Admission is a \$15 donation and can be purchased now at <http://tinyurl.com/4c34asx4>. Tickets at the door will be \$20.

Wildlife photography

MASSENA -- Award winning wildlife photographer, safari leader, and veterinarian Dr. Yaron Schmid will give a free presentation on how to improve your wildlife photography. The event will be held Saturday, Jan. 20, at 10 a.m., aimed at an adult audience and those with an interest and/or experience in taking photos of wildlife.

Rabbit Derby

HEUVELTON -- Doug's Tavern Rabbit Derby will be held Jan. 20, with entry time from 2-4 p.m. The event will be a cottontail and snowshoe division. Only one rabbit per division is needed. It is a No Weigh In / No Registration Derby Day. Pre-register at Doug's Tavern, Bradley's Service, Gray's Gun Shop or Waddington True Value. Food raffles and 50/50 will be available, and DJ Dallas Denny will play after the event. The rabbit derby benefits the Heuvelton Trap Team.

Station 45

HOGANSBURG -- The band Station 45 will perform at the Akwesasne Mohawk Casino and Resort on Saturday, Jan. 20 from 9 p.m.-1 a.m.

Wildlife photography tips

MASSENA -- "How to Take your Wildlife Photograph to the Next Level," presented by photographer Yaron Schmid, will be held Jan. 20 at 10 a.m. at Nicandri Nature Center, 19 Robinson Bay Rd. The presentation will look at the photographer's work and give ideas how to improve your wildlife photography. It is for adults. For more info call 315-705-5022.

Skiing, snowshoeing at nature center

MASSENA -- Skiing and snowshoeing will open at Nicandri Nature Center, 19 Robinson Bay Rd, when there is enough snow to cover rocks and roots on the trails. Trails will then be groomed.

Free ski and snowshoe rentals will be available Wednesday-Sunday 9 a.m.-4 p.m.

Trails will be open dawn to dusk for those who have their own equipment.

Check Nicandri Nature Center's Facebook or call 315-705-5022 for check on snow conditions.

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Diverse entertainment at Key Club Talent Show

OGDENSBURG -- The Ogdensburg Free Academy Key Club Talent Show was held Friday with students from five different schools competing in two divisions.

In Division 1, Sydney Garno, a Kennedy School fifth grader, danced her way into the hearts of the audience, winning first place with her rendition of "A Thousand Years."

Tying for second place were Kennedy School fifth grade singer Landree Kelso and guitar player Matthew Sutherland performing "Save Me" while OFA Middle School 7th grader Sophie Gemmill sang the "World's Smallest Violin."

In third place, Madill School third grader sang "You Belong to Me" by Taylor Swift."

In Division 2, OFA 10th grader Logan Moran took first place, singing and playing the guitar, with a performance of "Everlong" by the Foo Fighters.

Tying for second place, Lisbon Central School's Alexander Dettmer, an eighth grader, played "Sullied Grace" on the piano while OFA Middle School eighth grader Olivia Sias sang a special selection.

In third place, OFA Middle School 8th grader Taylor Richer sang "from the Start."

The event was emceed by OFA Key Club Sophomore and Club Secretary Azin Paige.

The Key Club thanked the members of the OFA Audio Visual Club for their assistance with the event.

The celebrity judges included former Ogdensburg Free Academy Key Club President and SUNY Canton student Jaedyn Awan, Ogdensburg Real Estate Agent and OFA Key Club Alumni Myah Myers, New York University Performing Arts Major and former Key Club President Sloan Ryan and former OFA Key Club Officer and prominent Ogdensburg business owner Misty Fishel.

The Key Club presented a special honorary membership certificate to City School District Audio Visual Director Robert Ladouceur for his years of service to the OFA Key Club and Ogdensburg's young people.

"He has always been there for us," said Paige. "Whenever we have asked him for help, he is always there. Plus, just as importantly, he is also there behind the scenes for many organizations in our community. He makes a difference in our community. That's something our Key Club members do throughout the year. And that's why we want to make a special presentation to Audio Visual Director Bob Ladouceur who we would like to make an "Honorary member of the OFA Key Club. Thank you, Mr. Ladouceur," release form organizers said.

Elementary Art Exhibit set at Remington Museum

OGDENSBURG — The Frederic Remington Art Museum announces the opening of its 40th annual Elementary Art Exhibit with a reception on Saturday, Jan. 20, from 2-4 p.m. The reception is free and all are welcome.

The reception offers a chance to meet young artists—and some of their teachers—and is a great way to celebrate art education.

The 40th Annual Elementary Art Exhibit will be on view in the Museum's Richard E. Winter Gallery through Feb. 24.

During the reception, admission to the Remington Museum is free, and the Museum will be open for visitors to explore, with dedicated staff and volunteer educators on hand for questions and answers.

Sketching materials will be available in the Museum galleries for artists of all ages.

Light refreshments will be available in the Museum's Tiffany Room.

In addition to free admission during the reception, the Museum will offer pay-what-you-can admission for the entire day on Jan. 20.

Basket making, stories, Legos offered at Massena Library

MASSENA — A basket making class, Lego Club, story times, teen clubs and Friday Afternoon at the Movies are among the January events at Massena Public Library.

A French wall basket making class with Ann French will be held Jan. 22 starting at 10 a.m. Cost is \$45. Call the library to register.

Lego Club is available on Saturday, Jan. 27, for ages 6+ with caregivers from 11 a.m.-noon. Registration is required.

Roll for Initiative is Dungeons and Dragons For Teens & Tweens, a storytelling game that is acted out and teaches team building, is starting again. Call 315-769-9914 or e-mail lmarolf@ncls.org to register or request more information.

Tween book club for ages 10 - 13 will be held Mondays through January 22 from 3:30 - 4:30 p.m. Reg-

istration is required. "The Island of Dr. Libris" by Chris Grabenstein will be read.

Teen Anime Club for teens ages 13-18 only meets Fridays from 3 - 5 p.m. Watch a short anime film. Contact Liz at ecurrier@ncls.org for more information.

Babies Music and Movement for children ages birth -2 years is held Tuesday, Jan. 16, and Mondays, January 22 and 29, from 10:00-10:30 a.m. Registration is not required.

Family story time for children 2 years+ is on Thursdays in January from 10:00 - 10:30 a.m. Registration is not required.

Friday Afternoon at the Movies will be showing "The Blind : The True Story of the Robertson Family" on Friday, Jan. 19, at 1 p.m.

'Glow 'n' Skate at Massena Arena

MASSENA — A free "Glow 'n' Skate" will be offered Friday, Jan. 12, from 11 a.m.-2 p.m. at Massena Arena.

The event includes free skate rentals and food vouchers for youth, as well as free admission.

Schedule your Singing Valentine from Goldenaires

CANTON — The Goldenaires are preparing their quartets for another day of fun with surprise deliveries of Singing Valentines.

Valentines Day falls on a Wednesday, Feb. 14, this year and the barbershop groups will deliver the singing celebrations throughout St. Lawrence County.

Proceeds are used to provide financial support to graduating high school seniors in St. Lawrence County.

To date, the Goldenaires have awarded over \$30,000 to local students.

Every high school in our county has had at least one recipient of this

award, officials said.

The \$40 cost includes a rose, candy and a song sung by a barbershop quartet.

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NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of CS NY Miner Holdco, LLC. Arts. of Org. filed with NY Dept. of State: 12/22/23. Office location: St. Lawrence County.

LOUISVILLE PUBLIC NOTICE
PLEASE TAKE NOTICE THAT THE Town of Louisville Board of Appeals will hold a public meeting on January 22nd, 2023 at 6:30pm at the Thomas J. Carroll Louisville Municipal Building located at 14810 SH 37.

MASSENA NOTICE OF HEARING ON PROPOSED LOCAL LAW
Notice of Public Hearing on Proposed Local Law
No Parking on South Side of Willow Street from Somerset Ave. to Woodlawn Ave.

NOTICE IS HEREBY GIVEN that the Board of Trustees of the Village of Massena, New York, will conduct a public hearing on the 16th day of January, 2024, at 5:30 p.m. in the Town Hall Building, 60 Main Street, Massena, New York, to consider adopting a proposed Local Law to amend the Code of the Village of Massena, New York, CHAPTER 280 - VEHICLES AND TRAFFIC to designate NO PARKING on the South Side of Willow Street from Somerset Avenue to Woodlawn Avenue.

Copies of the proposed local law in its entirety are available in the Office of the Village Clerk located in the Town Hall Building, 60 Main Street, Massena, New York, during regular business hours, for the purpose of inspection or procurement by interested parties.
By Order of the Village Board of Trustees
Monique N. Chatland, Village Administrator/Clerk
Dated: January 3, 2024

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Bent Beam Brewing LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-04-14. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Gary Hammond: 470 County Route 19 Hermon NY 13652. Purpose: Any lawful purpose

LOUISVILLE PUBLIC NOTICE
PLEASE TAKE NOTICE THAT THE Town of Louisville Board of Appeals will hold a public meeting on January 22nd, 2023 at 6:30pm at the Thomas J. Carroll Louisville Municipal Building located at 14810 SH 37. The meeting will be held for an area variance request for property located at 62 Wolverine Point, Town of Louisville, with tax map number 8.048-1-23 and such other and further business as may come before the board.
January 3, 2024
Louisville Board of Appeals
Chloe Harvey, Water Clerk



COLTON PUBLIC NOTICE
NOTICE OF RECEIPT OF TAX ROLL AND WARRANT
PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Colton, has received the tax roll and warrant for the collection of taxes for the Town of Colton for the fiscal year January 1, 2024 to December 31, 2024. PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said roll at his/her office located at 94 Main St., Town of Colton, St. Lawrence County, New York, during usual business hours, i.e. 8:30AM to 4PM on the following days: Monday-Thursday. For the month of January only. Fridays as well. PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the undersigned without interest on or before the thirty first day of January. Taxes received after the 30-day penalty free period shall have interest added at the rate of one per cent for each month or fraction thereof until such taxes are paid or until return of unpaid taxes to the County Treasurer pursuant to law. The date for the return of unpaid taxes to the County Treasurer is June 1, 2024
DATED: December 29, 2023
Jennifer R. Cole
Collector of Taxes
Town of Colton

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Sleeping Fox LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-06. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Austin Bailey: PO Box 751 Canton NY 13617. Purpose: Any lawful purpose

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of 81 Pierrepont Avenue LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Timothy J. Wagoner: 5 Market St Alexandria Bay NY 13607. Purpose: Any lawful purpose

HEUVELTON PUBLIC NOTICE
The Village of Heuvelton will hold monthly Board meetings the second Wednesday of every month at 6pm at the Town Hall 51 State Street Heuvelton.

RUSSELL ADVERTISEMENT FOR BID
The Town of Russell is taking sealed bids on replacing the Town Hall Entrance Steps. We offer prevailing wages. Engineered plans are available at request from the Town Clerk 315-347-2350 or russellnyclerk@gmail.com. The town will do the demolition and disposal of the existing steps and railings. The completion date should be June 30, 2024. Sealed bids are to be in by February 13, 2024 and will be opened at the February 20, 2024 board meeting. Sealed bids will be accepted at the Town Office at PO Box 628, 4 Pestle Street Russell, NY 13684. Office hours are Monday thru Friday 9am to 4 PM. Submittals shall be placed on a clean sheet of paper with the amount of bid legibly and clearly written or typed along with contact information including name, address, and phone number for said bidder. A 10% bid bond and proof of certificate of liability is needed. Place the bid in a sealed envelope with the project name on the front. The Town of Russell has the right to accept or reject any or all bids.

STOCKHOLM NOTICE OF TAX COLLECTION
NOTICE OF RECEIPT OF TAX ROLL AND WARRANT
PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Stockholm, has received the tax roll and warrant for the collection of taxes for the Town of Stockholm for the fiscal year January 1, 2024 to December 31, 2024. PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said roll at her office located at 540 State Highway 11C, Winthrop, NY, Town of Stockholm, St. Lawrence County, New York, during usual business hours, 8:00 AM to 4:00 PM on the following days: Monday - Thursday. PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the undersigned without interest on or before the thirty-first day of January. Taxes received after the 30-day penalty free period shall have interest added at the rate of one per cent for each month or fraction thereof until such taxes are paid or until return of unpaid taxes to the County Treasurer pursuant to law. The date for the return of unpaid taxes to the County Treasurer is June 1, 2024.
DATED: January 2, 2024
Heather Kish
Collector of Taxes
Town of Stockholm

BRASHER NOTICE AND RECEIPT OF TAX ROLL AND WARRANT
PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Brasher, has received the tax roll and warrant for the collection of taxes for the Town of Brasher for the fiscal year January 1, 2024 to December 31, 2024. PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said roll at her office located at 11 Factory Street, Town of Brasher, St. Lawrence County, New York, during usual business hours, i.e. 7 AM to 4 PM on the following days: Monday-Thursday. PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the undersigned without interest on or before the thirty first day of January. Taxes received after the 30-day penalty free period shall have interest added at the rate of one per cent for each month or fraction thereof until such taxes are paid or until return of unpaid taxes to the County Treasurer pursuant to law. The date for the return of unpaid taxes to the County Treasurer is June 1, 2024
DATED: December 29, 2023
Bethany St. Hilaire
Collector of Taxes
Town of Brasher

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of 15 Lincoln Street LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Timothy J. Wagoner: 5 Market St Alexandria Bay NY 13607. Purpose: Any lawful purpose

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
585 HOCKEY DEVELOPMENT LLC Arts of Org. filed SSNY 11/8/23, St. Lawrence Co. SSNY design agent for process & shall mail to Zenbusiness Inc. 41 Sate St #112 Albany, NY 12207 General Purpose

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of BIGAREL WILDEWOOD, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-12-06. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to THE LLC: 56 BIRCHWOOD DRIVE GOUVERNEUR NY 13642. Purpose: Any lawful purpose

ST. LAWRENCE COUNTY PUBLIC NOTICE
HELP WANTED
Village of Potsdam. Full Time. Motor Equipment Operator. Job duties include operating and maintaining trucks and other equipment, manual labor, road construction, snow plowing, water line and sewer line installation and repairs. Minimum Class B Commercial Driver's License and one year demonstrated experience preferred. Competitive pay and excellent benefits. Complete job description and applications available at the Village Clerk's Office, Civic Center, 2 Park Street, Potsdam, NY 13676. Return completed application to the Village Clerk, PO Box 5168, Potsdam, NY 13676 or by emailing to gscott@vi.potsdam.ny.us, until 4:00 p.m. on Monday, January 22, 2024. AA/EOE

NORTH COUNTRY THIS WEEK Keep INFORMED! Read the LEGAL NOTICES

HOPKINTON LEGAL NOTICE
NOTICE PURSUANT TO GENERAL MUNICIPAL LAW SECTION 6-c
The Town Board of the Town of Hopkinton, New York (hereinafter referred to as the "Town", by the favorable vote of not less than two-thirds of all the members of such Board has, on January 8, 2024, adopted, pursuant to the General Municipal Law of the State of New York, a resolution stating that:
WHEREAS, pursuant to Section 6-c of the General Municipal Law, the Town Board of the Town of Hopkinton established a Equipment Reserve Fund to finance the cost of maintenance, repair, and other needs of town equipment, and
WHEREAS expenditures may be made from the Equipment Reserve Fund for the payment of all or part of the cost, of:
(a) the cash payment for any emergency repairs and/or maintenance of town equipment
(b) professional services rendered in the completion of such repairs/maintenance
(c) other needs regarding the town equipment, and
WHEREAS, the Superintendent of Highways has requested that the Town Board purchase a bat-wing mower at a cost not to exceed \$11,000, and
NOW, THEREFORE, IT IS RESOLVED that the Town Board authorizes the expenditure of \$11,000 from the fund to purchase the bat-wing mower, and it is
FURTHER RESOLVED that this resolution is subject to a permissive referendum, pursuant to General Municipal Law §6-c, and shall not be effective unless either no petition requesting a referendum meeting the requirements of Town Law §91 is filed on or before February 8, 2024 or this Resolution is approved by the affirmative vote of majority of the qualified electors of the Town of Hopkinton voting on approval of the Resolution, and it is
FURTHER RESOLVED that the Town Clerk shall publish a notice in North Country Now on or before January 16, 2024, which shall (1) set forth the date of the adoption of this Resolution; (2) contain an abstract of this Resolution concisely stating its purpose and intent; (3) specify this Resolution was adopted subject to a permissive referendum; (4) state that on or before February 8, 2024, a petition signed, and acknowledged or proved, or authenticated by electors of the town qualified to vote upon a proposition to raise and expend money, in number equal to at least five (5) per centum of the total vote cast for governor in the Town in 2023, but which shall not be less than 25, protesting against the Resolution and requesting that it be submitted to the qualified electors of the Town for their approval or disapproval; and it is
FURTHER RESOLVED the Town Clerk shall also cause a copy of the Notice to be posted on the sign board of the Town maintained pursuant to Town Law §30(6), and posted on the Town website, on or before January 16, 2024.
By order of the Town Board of the Town of Hopkinton, New York
DATED: January 9, 2024
Richard L Powers
Town Clerk
Town of Hopkinton, NY

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY
Notice of Formation of Camp HodgePodge LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-11-08. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Janet M. Hodge c/o Camp HodgePodge LLC: 406 Benjamin Drive Chambersburg PA 17201. Purpose: Any lawful purpose

Keep INFORMED! Read the LEGAL NOTICES NORTH COUNTRY THIS WEEK

Table with 3 columns: Date, Meeting, Date. Potsdam LEGAL NOTICE
At their Annual Meeting Held on December 4, 2023, the Village of Potsdam Board of Trustees passed a resolution setting the Board's meeting dates for 2024 as follows:
January 2, January 16, February 5, March 4, March 18, April 1, April 15
May 20, June 17, July 15, August 19
September 3, September 16, October 7, October 21, November 4, November 18, December 2 Annual, December 16

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MORRISTOWN NOTICE OF SPECIAL SCHOOL DISTRICT MEETING AND REGISTRATION OF VOTERS OF THE MORRISTOWN CENTRAL SCHOOL DISTRICT
THE BOARD OF EDUCATION OF THE MORRISTOWN CENTRAL SCHOOL DISTRICT HEREBY GIVES NOTICE that pursuant to a Resolution adopted by the Board of Education of the District on December 19, 2023, a special meeting of the qualified voters of said School District will be held at the Main Lobby of the Main School Building located at 408 Gouverneur Street, Morristown, New York, on February 13, 2024, from Noon to 8:00 p.m., prevailing time, for the purpose of voting on the following proposition:
PROPOSITION
Shall the Board of Education undertake a capital improvement project consisting of the reconstruction and renovation of, and the construction of improvements, additions and upgrades to the District's main school building, transportation building, and the sites thereof, the purchase of original furnishings, equipment, machinery and apparatus required in connection with the purposes for which such buildings, facilities and sites are used, all to include site, access, parking, athletic field and playfield improvements, demolition, utility, mechanical, plumbing and electrical improvements as well as payment of professional fees and all other necessary costs incidental to such work (the "Project") at a total maximum estimated cost of \$16,951,375 and to pay for the Project by (i) spending \$3,000,000 on deposit in the District's existing Capital Reserve Fund approved by the voters in May of 2021, (ii) by expending \$500,000 of available funds, and (iii) by the levy of a tax which is hereby voted in the amount of \$13,451,375, subject to available State aid or to any other revenues available for such purpose, which tax shall be levied and collected in annual installments in such years and in such amounts as may be determined by the Board of Education and in anticipation of the collection of such tax, bonds and notes of the District are hereby authorized to be issued at one time, or from time to time, in the principal amount not to exceed \$13,451,375, and a tax is hereby voted to pay the principal and interest on said obligations when due?
NOTICE IS FURTHER GIVEN that qualified voters of the District may obtain applications for an absentee ballot or an early voting ballot from the office of the Clerk of the District. Completed applications for an absentee ballot or an early voting ballot must be received by the District Clerk at least seven days before the election if the ballot is to be mailed to the voter, or the day before the election, if the ballot is to be delivered personally to the voter. A listing of all persons to whom an absentee or early voting ballot is issued will be available for inspection by any qualified voter in the office of the Clerk of the District during regular office hours until the day of the election.
NOTICE IS FURTHER GIVEN that military ballots may be applied for by qualified voters by requesting an application from the District Clerk at 315-375-8814, ext. 21001, or sbasford@mcsk12.org. Completed applications for military ballots must be received by the Clerk no later than 5:00 p.m. on January 19, 2024. In a request for a military ballot application or ballot, the military voter may indicate their preference for receiving the application or ballot by mail, facsimile transmission or electronic mail. An individual will qualify as a military voter if he or she (1) is a qualified voter of the State of New York, who is in actual military service, and by reason of such military service is absent from the District on the day of the election, or is a voter who is discharged from military service within 30 days of an election; or (2) a spouse, parent, child, or dependent of such service member who is a qualified voter and is absent due to accompanying or being with the military service member.
NOTICE IS FURTHER GIVEN that the Board of Education of the Morristown Central School District has previously complied with the requirements of the State Environmental Quality Review Act (the "SEQRA Act"), Article 8 of the Environmental Conservation Law, as amended, and the Regulations of the Department of Environmental Conservation thereunder (the "Regulations"). No further action under the SEQRA Act and Regulations is required.
DATED: December 19, 2023
BY ORDER OF THE BOARD OF EDUCATION:
Stacey L. Basford, District Clerk
Morristown Central School District



N CPR to co-host Howl Grand Slam on Jan. 20 at St. Lawrence University

CANTON – The Adirondack Center for Writing (ACW) and North Country Public Radio (N CPR) will celebrate the end of the Howl Story Slam’s seventh season with the Howl Grand Slam, held at 7 p.m. on Saturday, Jan. 20, at St. Lawrence University.

The Howl Grand Slam brings together nine winning storytellers from 2023’s Howl Story Slams to go head-to-head to be named the grand champion and receive a trophy.

The lineup includes storytellers who were victorious in Plattsburgh, Morristown, Newcomb, Lake Placid, Brant Lake, Ticonderoga, Old Forge, Keene, Keeseville, Potsdam, Saratoga Springs and Tupper Lake. Admission is \$15 pre-sale and \$20 at the door.

Tickets can be purchased now at adirondackcenterforwriting.org/event/the-howl-grand-slam-at-slu.

“The 2023 Howl season was exciting because we went to so many new communities—Morristown, Brant Lake, Ticonderoga, Keene—and each new venue was packed the same way it is at our mainstays like Tupper Lake, Lake Placid and Canton. It’s thrilling to see storytellers who we met in bars in a very casual setting all have their stories honored on a stage as prestigious as the Gulick Theatre at St. Lawrence University,” said Nathalie Thill, Executive Director at Adirondack Center for Writing.

The Grand Slam allows contestants to tell 8-minute stories, as opposed to the 5-minute limit of regular season story slams.

The other Howl Story Slam rules remain intact: stories must be true and no notes are allowed. Stories from the Grand Slam will also appear on the Howl podcast, produced and distributed by N CPR. The show’s first season was the fastest-growing and most popular podcast in the station’s history, with nearly 35,000 downloads to date. The Howl Podcast can be streamed on Spotify, Apple Podcasts, Google and Amazon.

“Howl Grand Slams are such special evenings,” said N CPR Station Manager Mitch Teich. “Having so many people in one place to celebrate storytelling makes for a truly unique experience. In 2023, we launched The Howl Podcast which has become a sort of online extension of the story slams where folks

can tune in from anywhere and hear some of the most entertaining and enlightening stories being told around the North Country.”

For more information about

ACW, visit adirondackcenterforwriting.org or follow @adkctr4writing on Facebook, Instagram and Twitter.

LEGAL NOTICES

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ST. LAWRENCE COUNTY LEGAL NOTICE NOTICE OF SPECIAL SCHOOL DISTRICT MEETING OF THE VOTERS OF THE ENLARGED OGDENSBURG CITY SCHOOL DISTRICT

THE BOARD OF EDUCATION OF THE ENLARGED OGDENSBURG CITY SCHOOL DISTRICT HEREBY GIVES NOTICE that pursuant to a Resolution adopted by the Board of Education of the District on December 4, 2023, a special meeting of the qualified voters of said School District County of St. Lawrence, State of New York, will be held in said District on January 23, 2024, between the hours of 12:00 P.M. and 9:00 P.M. prevailing times, for the purpose of voting upon the following proposition:

PROPOSITION

Shall the Bond Resolution adopted by the Board of Education authorizing a project consisting of reconstruction, renovations and improvements to the John F. Kennedy Elementary School, Ogdensburg Free Academy and the Golden Dome, and renovations, improvements and an addition to the Grant C. Madill Elementary School, acquisition of approximately 28 acres of land on NYS Rt. 37 across from the Ogdensburg Free Academy and the construction thereon of a new transportation facility, all of the foregoing to include construction, reconstruction, renovations, alterations, grading and site work, parking, athletic field and facility improvements, original furnishings, fixtures, equipment, machinery and apparatus required for such purposes, architectural fees, and all other necessary costs incidental to such work at a total estimated cost not to exceed \$65,500,000 and to pay such costs by using \$1,500,000 from the Capital Reserve approved by the District voters on May 18, 2021 and \$2,500,000 from the Capital Reserve approved by the District Voters on May 17, 2022, any available EXCEL aid and, for the balance of the project costs, by the levy of a tax in installments upon all the taxable real property of the District and, in anticipation of such tax, the issuance of bonds and bond anticipation notes in the principal amount not to exceed \$61,500,000 and the levy of a tax to pay the interest on said obligations be approved?

NOTICE IS GIVEN that voting upon the foregoing Proposition will be by voting machine or paper ballot and will take place on January 23, 2024, between the hours of 12:00 P.M. and 9:00 P.M. prevailing time at the District’s election district polling places hereinafter described. A description of the boundaries of the school election districts is on file and may be inspected in the Business Office of the District, Monday through Friday, 8:00 A.M. through 4:00 P.M.

NOTICE IS FURTHER GIVEN that, pursuant to Section 2606 of the Education Law, personal registration of voters is required, and no person shall be entitled to vote at said special election whose name does not appear on the register of the election district in which he or she claims to be entitled to vote or who does not register. Voter Registration will be held on January 9, 2024 at Ogdensburg Free Academy in the front entrance from 12:00 P.M. – 8:00 P.M.

NOTICE IS FURTHER GIVEN that qualified voters of the District may obtain applications for an absentee ballot from the office of the Clerk of the District. Completed applications must be received by the Clerk of the District no later than 4:00 p.m. on January 22, 2024 and must be received no later than 4:00 p.m. on January 16, 2024, if the absentee ballot is to be mailed to the voter. Completed applications received after 4:00 p.m. on January 16, 2024, will require the voter to personally appear at the office of the Clerk of the District to receive an absentee ballot. A listing of all persons to whom an absentee ballot is issued will be available for inspection by any qualified voter in the office of the Clerk of the District between the hours of 9:00 a.m. and 4:00 p.m. during each of the 5 days business days prior to the election.

NOTICE IS FURTHER GIVEN that military ballots may be applied for by qualified voters by requesting an application from the District Clerk at (315) 393-0900 or rachel.barr@ogdensburgk12.org. Completed applications for military ballots must be received by the District Clerk no later than 4:00 p.m. on December 29, 2023. In a request for a military ballot application or ballot, the military voter may indicate their preference for receiving the application or ballot by mail, facsimile transmission or electronic mail. An individual will qualify as a military voter if he or she (1) is a qualified voter of the State of New York, who is in actual military service, and by reason of such military service is absent from the District on the day of the election, or is a voter who is discharged from military service within 30 days of an election; or (2) a spouse, parent, child, or dependent of such service member who is a qualified voter and is absent due to accompanying or being with the military service member.

DATED: December 5, 2023

THE BOARD OF EDUCATION

BY ORDER OF

NORTH COUNTRY THISWEEK

RUSSELL NOTICE AND RECEIPT OF TAX ROLL AND WARRANT

PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Russell, has received the tax roll and warrant for the collection of taxes for the Town of Russell for this fiscal year **January 1, 2024 to December 31, 2024.**

PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said tax roll at her office in the Town Hall at 4 Pestle Street Town of Russell, County of St. Lawrence, State of New York, during regular business hours from 9:00a.m. to 12:00 noon and from 1:00 p.m. to 4:00 p.m. Monday thru Friday, except holidays.

PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the Tax Collector without interest on or before the **Thirty First day of January**. Taxes received after the 30-day penalty free period shall have interest added at the rate of one per cent for each month or fraction thereof until such taxes are paid or until the return of unpaid taxes to the County Treasurer, pursuant to law. The date for the return of unpaid taxes to the County Treasurer is **June 1, 2024**

Dated: December 27, 2023

Darcie Cross
Collector of Taxes
Town of Russell

CANTON NOTICE OF TAX COLLECTION NOTICE OF RECEIPT OF TAX ROLL AND WARRANT

PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Canton, has received the tax roll and warrant for the collection of taxes for the Town of Canton for the fiscal year **January 1, 2024 to December 31, 2024.**

PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said roll at his/her office located at 60 Main Street, Town of Canton, St. Lawrence County, New York, during usual business hours i.e. 9:00 AM to 3:30 PM on the following days: Monday-Friday (except holidays).

PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the undersigned without interest on or before the **thirty first day of January**. Taxes received after the 30-day penalty free period shall have interest added at the rate of one per cent for each month or fraction thereof until such taxes are paid or until return of unpaid taxes to the County Treasurer pursuant to law. The date for the return of unpaid taxes to the County Treasurer is **June 1, 2024.**

Dated: January 2, 2024
Heidi L. Smith
Town Clerk/Tax
Collector
Town of Canton

February break ‘Science Camp’ in Potsdam

POTSDAM -- The North Country Children’s Museum is offering a February Break “Adirondack Science” Camp.

Camp runs from Monday, Feb 19 through Friday, Feb 23 from 9 a.m. to 3 p.m.

In this camp, kids will explore scientific fields through the lens of the Adirondack Park.

With local experts and hands-on activities, they’ll dig into the

incredible geological origins of the Adirondack Mountains, experiment with concepts like human impact, sustainability, and invasive species, learn to see the forest from the trees, and so much more!

For children in grades 1-5. Bring a bag lunch and a snack. Camp will be held at the museum, in our new classroom.

\$195 per child with a member discount 10%.

Register for camp here, only a few spots left: <https://www.cognitiforms.com/northcountrychildrensmuseum1/februarybreakcamp2024>. There are scholarship spots on a first come first serve basis.

Family must be currently enrolled in NCCM discounted membership, email programs@northcountrychildrensmuseum.org for more information.

To register for the Jan. 23 event, go to www.visitslc.org and look for the “Business Connections: Spotlight on Resources” link on the Calendar of Events section.

For more information, contact STLC Chamber Workforce Development Coordinator Laura Pearson at Laura@SLCChamber.org or call (315) 393-3620.

Tour BOCES centers in Norwood, Ogdensburg

NORWOOD -- The St. Lawrence County Business Connections Committee is partnering with St. Lawrence-Lewis Board of Cooperative Educational Services (BOCES) for upcoming special informational programs and student-led tours at Tech Centers in Norwood and Ogdensburg.

The two program tours will be

held on:

- Tuesday, Jan. 23 from 8:30 to 11 a.m. in Norwood at Seaway Tech; and
- Tuesday, March 26 from 8:30 to 11 a.m. in Ogdensburg at Northwest Tech.

Advance registration is required, and space is limited. Breakfast will be provided.

Free Application Week

January 13 to 21, 2024



One week only! Submit your undergraduate application now & we will cover the fee.



Learn more:
potsdam.edu/freeapp



Helping out local causes



Submitted photo

The Massena Sons of Amvets recently made a \$500 donation to the Massena school initiative. Pictured above are Sons Jeff Laba, Travis Leggue, program director Emily Kimble, and Son Andy LaPointe.



Photo submitted

The Massena Sons of Amvets recently made a donation for six hours of free skating to the arena. Shown here are Sons member Andy LaPointe, Massena recreation director Mike McCabe and Sons member Gary Paller.



SeaComm photo

SeaComm recently donated \$1,000 in support of the Ogdensburg Neighborhood Center. On hand for a recent donation to the Ogdensburg Neighborhood Center were, from left, SeaComm Financial Service Representative Owen Warchol and Ogdensburg Neighborhood Center Director Tina Kellar.



Photo submitted by SeaComm

SeaComm recently donated \$400 to the Frederic Remington Art Museum in Ogdensburg. Pictured from left are SeaComm Branch Manager Liz Holliday and Remington Museum Board President Doug McDonald.

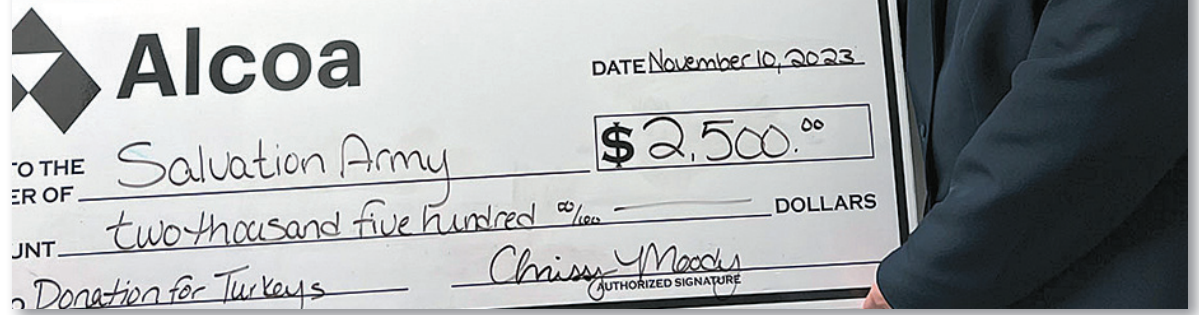


Photo submitted by Scott E. Hilyard

The Massena Neighborhood Center was the beneficiary of this year's food drive by the Northern Building Trades Council. From the left are Charles Gratton, Roofers Local #195, Robert Cole, Ironworkers Local #440, Scott Hilyard, Laborers' Local 1822, Anthony Tubolino, Operating Engineers Local #158, Dan LaFrance, Painters, Tapers, & Drywall Finishers Local DC#4, Darcy Dubuque, Massena Neighborhood Center, Tom Iorizzo (presenting check) and Bob Wilmott, Carpenters Union Local #277. Missing from photo are Brian Hammond, Teamsters Local #687, Eric Saunders, Plumbers & Steamfitters Local #81, Travis Fiint, IBEW Local #910, and Ken Williams, Heat/Frost Insulators Local #30.



Submitted photo



Alcoa Massena Operations made a \$2,500 donation to the Salvation Army for purchase of turkeys and hams for holiday food packages. Pictured are Chrissy Moody from Alcoa and Jennifer White of the Salvation Army.



Photo submitted by SeaComm

SeaComm recently donated \$450 to the St. Regis Falls American Legion Auxiliary. From the left are SeaComm Branch Manager Christine Marshall, American Legion Auxiliary President Terri Morris, American Legion Auxiliary Chaplain Nancy Martin, and SeaComm Financial Service Assistant Nicole Mallette.

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EMS...

rate, 2023 89% coverage rate), which has resulted in overutilization of mutual-aid ambulance companies; companies that may see little-to-no financial reimbursement for coverage. Average ambulance response times have increased 5 minutes 13 seconds from 2019, with the longest response time of 2021 being 1 hour and 43 minutes, and the second longest being 1 hour and 26 minutes," the letter says.

The problem isn't new. In recent years Ogdensburg Volunteer Rescue Squad Chief Ken Gardner has been vocal about the shortage of volunteers.

He said there are a number of contributing factors which were exacerbated by the pandemic.

However, more stringent state regulations, training requirements, the reduction in dairy farms and the need for multiple people to work full-time jobs to support families have made things more difficult for those who traditionally volunteer.

In 2022 St. Lawrence County Emergency Medical Services Advisory Board Chair Mark Deavers and Jonathan Mitchell, County EMS Coordinator, issued a letter to legislators noting the Emergency

Medical Service is collapsing due to a lack of volunteers.

According to that letter, most SLC EMS agencies were formed in the 60's and 70's and were largely staffed by volunteers, but volunteerism has declined significantly.

"This trend has been evident in both EMS agencies and Fire Departments across rural America. This can also be seen in the number of people enrolling in EMT classes. In the 1990's and early 2000's, St. Lawrence County would typically run two EMT classes a semester with a combined enrollment of 72. In 2021, the two original EMT certification courses had a combined enrollment of 39," the letter says.

The letter also points out that state laws have contributed to the problem. In 1999, lawmakers began requiring a certified EMT to be attending to a patient in ambulances. At the same time the state increased the minimum hours of Basic EMT education.

"To attend EMT class and receive certification, volunteers are required to drive to and attend class two nights a week and several Saturdays for four months, totaling 150 hours of instruction," the letter said.

The letter says the state also phased out a program that allowed

volunteers to provide advanced level care including narcotic administration, intubation, cardiac monitoring, and advanced level cardiac arrest management.

They also pointed out that the only available alternative to that program is paramedic which has significantly higher training requirements including 2,000 classroom hours, clinical rotations and significant tuition payment.

"These barriers to EMS education result in less people willing to become certified EMT's or paramedics and who receive no remuneration," the letter says.

The issue has been discussed many times by St. Lawrence County legislators but no action has been taken thus far.

Legislator David Forsythe has said that he'd like to see a multi-pronged approach to addressing the problem, including cross training for other emergency responders such as police officers who are often first on the scene.

HYDROGEN...

agreement will suffice in the meantime for the water treatment plant assessment.

Miller said he currently has to submit paperwork back to ESD but

once they send the incentive proposal to Mayor Paquin for his signature, the agreement with LaBella can be signed.

"Because of time being of the essence with Air Products and their engineering firm, we're hoping they can work together and expedite this with the piping from the intake to the plant," Miller said.

The study moving forward is welcome news to Massena with Air Products saying the facility will create a few hundred jobs during the construction phase and 90 or so jobs when it becomes operational.

Construction is expected to begin this spring with interior work slated for winter 2024, according to Air Products officials.

If all goes according to plan, the facility should be online by the first quarter of 2027.

Village officials previously signed an agreement with Air Products to supply Air Products with some water that will net the village \$300,000 per year.

The process to create green hydrogen will require 1 to 1.2 million gallons of water daily, according to officials.

MANAGER...

permanent city manager in the

past, she does not reside within the city limits, which is required according to the city charter.

Prior to being named mayor, Tooley asked former councilors on several occasions about plans to fill the vacancy.

Former Mayor Jeffrey Skelly told North Country This Week he believed it was more appropriate to let the new council select the next city administration rather than appoint a replacement with just months left on their terms.

1. Jan. 6, the 12th day of Christmas.
2. Coca-Cola.
3. An archipelago.
4. Paris, France.
5. A simulated court to give law students a chance to practice what they have learned.
6. Hester Prynne.
7. Almond.
8. 11 pipers piping.
9. Almost 71%
10. Hiroshima and Nagasaki.

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Land clearing to begin for hydrogen plant

BY JEFF CHUDZINSKI

North Country This Week

MASSENA -- Land clearing may be underway already but members of the public who wish to issue a public comment on the planned construction of a green hydrogen manufacturing facility in the town of Massena will now have their change.

Public comments are now being accepted regarding the planned discharge of treated water that would re-enter local waterways. The discharge of treated water is one phase in the manufacturing process of green hydrogen, which will be used for commercial vehicles.

Department of Environmental Conservation officials say the treatment system is in the design phase currently but Air Products must submit the final design before receiving approval.

As part of the process, Air Products has applied for a State Pollutant Discharge Elimination System (SPDES) permit with the DEC in order to be allowed to discharge treated water.

Officials say the water must meet DEC standards in order to be discharged into local waterways.

The draft permit has been issued by the DEC and is subject to public comment. This phase of the project will allow residents to comment on the potential discharge of treated water into local waterways, which would potentially be up to nearly 1

million gallons per day.

Officials say the treated water would be discharged into the Massena Power Canal.

Some residents raised concerns during public information sessions held by Air Products, with some wondering if chemicals would be discharged into waterways.

Representatives with Air Products say no chemicals would be in the water when discharged.

"The water that is being discharged is cooling water. We have

no processed water because we have no process," Air Products Senior Project Manager Jonathan Traynor said.

"There's no discharge. It's just oxygen and hydrogen as what's called the fuel because that's what the water is. As the fuel runs out we just put more water in there. There is no discharge from the facility from the process of splitting the oxygen and hydrogen."

Air Products Director of Large Product Business Development

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*Cornell University, Department of Food Science

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Exceptional 1 bedroom apt. Professionally appointed. Hardwood floors. Oak cabinets. All appliances, including washer/dryer. Off street parking. 1 block from river & park. \$900/mo includes heat, hot water. Owner pays electric. No pets, no smoking. 1st floor apt. Call 772-215-1165.
2 Bedroom Apartments. Free utilities. 315-

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Multiple Efficiency Apts. available. Village of Massena. No pets. No smoking. \$625/month includes gas/electric/trash removal. Call/text (585)217-1443

APARTMENTS FOR RENT
Bay Street on Ives Park. 2 BR, 1 Bath. No pets, non-smoking. Lease and deposit required. Ideal for professionals. Available Immediately. 315-244-0653. tn
2 Bedroom Apartments. Free utilities. 315-386-2166.
STUDENT RENTALS
Two and three downtown Potsdam apartments available immediately. Call Lisa at 315 265 3420 after 3 pm.
2 BR Apartment, Potsdam. High ceilings, skylights, dishwasher. Laundry on premises. \$1,100.00/month includes water, sewer, trash. Tenant pays electric, heat. Semester terms available for students. No pets. No smoking. (315) 869-2021.

STUDENT RENTALS
NORWOOD • 1 Bedroom includes all utilities. \$2000 per semester. 315 261 1815.
Canton. (2) 4 BR units. 28-30 Park Street. Near SLU. Available for 2024-25 school semester. \$3,250/psps. Utilities included. 315-955-2057
Canton. (2) 4 BR units. 28-30 Park Street. Near SLU. Available now for winter/spring semesters. \$2,500/psps. Utilities not included. 315-955-2057
Canton. 5 BR, 2 bath. Near SLU. 14 Pine St. Newly renovated. \$3,200/psps. Utilities included. Available now for 2023-24 school year. 315-955-2057
Canton. 5 BR, 2 bath. Near SLU. 15 Lincoln St. Newly renovated. \$3,200/psps. Utilities included. Available now for 2024-25 school year. 315-955-2057

STUDENT RENTALS
Two apts - 3 person, 3 bedroom. Furnished. Located at 28 Market Street, Potsdam. Available August 2024. \$2,500/pp/per semester. Utilities are included. Call 315-323-4419 for further info.
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285 Marshville Rd.
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A framed cabin in a wooden oasis is ready for you to make it your own! With over 14 acres of land, both wooded and partially cleared, the recreational opportunities are endless. House has been completely wired, and electricity is already available on the property. Plus, all of the siding materials for the house are included!

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Canton
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You need to see this multi-level home situated on 1 acre of land and conveniently located just outside Canton village limits. This home offers a spacious floorplan just under 2,000 sq. ft. of living space with att. garage & finished basement. 4 nicely sized BRs and 2.5 bathrooms, 2 BRs conveniently on the main level and 2 BRs located in the basement.



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* Based on the St. Lawrence County MLS data January 23rd - December 23rd

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(315) 265-7653

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Sudoku

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

Answers found elsewhere in this paper.

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SMALL TWO BR house. Canton Village. Quiet location. Large yard. \$725/mo + sec. dep. Tenant pays heat, electric, water/sewer, trash removal & snow removal. No smoking, no pets. 315-714-2241. Leave message w/name & #, no texts.

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.3 BR House near Clarkson. 315-244-1385 or 315-265-3452. No texting please. tn

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- Children's sports and activity schedules
- Making time for routine appointments and/or
- Overall work-life balance?

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If you are not already certified, training will be provided.

A valid driver's license is needed, as travel is required.

Northern Lights Home Health Care is supported by the consortium of Canton-Potsdam Hospital, Claxton-Hepburn Medical Center, and United Helpers Management Company, Inc.

To apply, visit mynorthernlights.org or mail resume to:

Northern Lights Home Health Care

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kathyrace@nlchha.org

(315) 714-3135

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or submit the SLL BOCES Regional Application

<https://forms.sllboces.org/Forms/CommonApplication>

by: **January 24, 2024 or until positions are filled**

College Association, Inc. at SUNY Canton has the following position open: Facilities Associate- The Facilities Associate uses established work procedures, performing all tasks related to the operation of Chaney Dining Center and the Retail Food operations as assigned. Maintains cleanliness and sanitary conditions including but not limited to main dining hall, all retail dining and concession locations on campus, and residential laundry rooms. Responsible for proper placement and storage of goods including food, paper, and chemical supplies. This is a full-time seasonal position based on the academic year and includes a generous benefits package. Hours for this position are Monday, Wednesday-Friday 9:00am-5:00pm, and every other Saturday and Sunday 9:00am-5:00pm. Starting pay is \$15.00 per hour. Send resumes to Nichole Todd, Human Resources Representative, College Association, Inc. SUNY Canton,

34 Cornell Drive, Canton, NY 13617 or at oshea109@canton.edu. College Association, Inc. is an Equal Opportunity/Affirmative Action Employer. All offers of employment are subject to the applicant successfully passing a background (including criminal records) check.

Agriculture Laborer: The Agriculture Laborer is responsible for performing all labor related tasks involved with program activities. Status: Full-Time, Non-Exempt. Salary: \$15.02 - \$21.49 Deadline: January 24, 2024. Complete announcement and application instructions are available online at: www.srmt-nsn.gov.

Registered Nurse: Under the direction of the Assistant Program Manager, the Registered Nurse is responsible for overseeing the medical and clinical conditions of the individuals. Interacts with and works closely with the individual's physicians and medical

specialists, to promote their medical well-being. Status: Full-Time, Exempt. Salary: \$27.29 - \$41.03 Deadline: Open Until Filled. Complete announcement and application instructions are available online at: www.srmt-nsn.gov.

JANITOR wanted in Ogdensburg. The successful candidate maintains the plants physical appearance so it is clean and neat, including floors/walls/windows/common spaces and non-manufacturing equipment and grounds. He/she will keep inventory of lunchroom and cleaning supplies. May be required to lift 50 pounds or more. Starting wage between \$17.00 and \$20.00 dependent on experience. Competitive benefit package offered. Interested applicants may drop resume off to 110 Denny Street or email kim@hoosiermagnetics.com

CHEF POSITIONS at Hazen Enterprises. Email resume to Lawrencehazen@gmail.com

com Experienced Chef, organize kitchen activities, control & direct food prep, ensure food quality, experienced in all positions of cooking.

The St. Lawrence County Information Technology Department is in search of a Network Technician. The starting salary is \$51,102 with excellent benefits. For more information please visit <https://stlaw-portal.mycivilservice.com>. Applications will be accepted until 01/19/24. Please send applications to: Human Resources Office, 48 Court Street, Canton, NY 13617. Applications can be obtained from the St. Lawrence County Human Resource's webpage: <https://stlawco.gov/Departments/HumanResources> or by contacting Human Resources (315)379-2210. AA/EE0

The St. Lawrence County Information Technology Department is in search of an Office Manager. The starting salary is \$47,372 with



Canton Central School

is accepting applications for the following anticipated positions:

SCHOOL YEAR 2024-25 TENURE TRACK POSITIONS

- 7-12 Physics Teacher
- 7-12 Spanish Teacher
- K-12 Art Teacher
- 7-12 English Teacher
- Physical Education Teacher

• Special Education Teacher, Students with Disabilities certification in Grades 5-9

Applications are due by 4:00 PM Wednesday, January 17, 2024. NYS Certification is required.

Applications can be found at www.ccsdk12.org/employment.

Please include a cover letter, resume, transcripts, copies of certifications/licensesures, and three letters of reference with your application.

Canton Central School District is an Equal Opportunity Employer

ALL EMPLOYMENT ADVERTISING

in this newspaper is subject to section 296 of the human rights law, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, US Code, Chap. 630 excludes the federal government from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.



TEMPORARY CUSTOMER CARE SPECIALIST POSITIONS

At Community Bank System, Inc. (CBSI), we are dedicated to providing our customers with friendly, personalized, high-quality financial services and products. Just as our employees are committed to helping our customers manage their finances, we're committed to our employees. After all, they make it happen for our customers every day.

We are currently seeking applicants for Temporary Customer Care Specialists in Canton. This position is responsible for answering incoming bank calls while adhering to customer service standards and department policy. The CCC Specialist will also provide technical support and assistance to customers and branches for all Customer Care Center products and services as well as general customer assistance with basic deposit and loan questions.

QUALIFICATIONS:

BI-LINGUAL IN SPANISH A PLUS!

- Call Center or customer service and banking experience preferred.
- Two (2) year degree in Business or Finance with emphasis on communications or equivalent related experience, preferred.
- Proficient PC Skills including typing.
- Experience with e-mail software and the Internet.
- Excellent oral and written communication skills.
- Proficient in letter-writing using business letter skills.

Hours: Typically 40 hours a week but may consider part-time hours if Bi-lingual in Spanish.

Compensation: Minimum of \$18.25

To apply to this position or to see a full listing of current openings please go to: <https://cbna.com/careers/work-happy>

An Equal Opportunity Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, or protected veteran status and will not be discriminated against on the basis of disability.



HEUVELTON Central School District

is accepting applications for the following positions:

2024-25 TENURE TRACK POSITIONS

- (1) Library Media Specialist
- (1) Chemistry Teacher (or alternate science)
- (1) Secondary Math Teacher
- (0.5) Physical Education/(0.5) Health Teacher OR
- (1) Physical Education Teacher AND (0.5) Health Teacher
- (1) Special Education Teacher
- (1) Elementary Teacher

Deadline: Monday, January 15

2024-25 LONG TERM SUBSTITUTE

Secondary Social Studies Teacher is needed starting Sept 1, 2024 for 20 wks.

Applications accepted until filled.

IMMEDIATE POSITION

A floating long-term substitute teacher for all grade levels.

Applications accepted until filled.

NYS certification required.

Applications available to submit online at <https://www.heuvelton.k12.ny.us/>

Direct Inquiries to:

Tessa Herron, District Clerk

therron@heuvelton.k12.ny.us or 315-344-2414 x28891

Equal Opportunity Employer



Part-Time HOSPICE PHYSICIAN

Hospice is looking for a part time hospice physician to review admissions Monday through Friday during office hours. Hospice is committed to admitting patients within 24 hours of referral so the physician must be able to review and respond to admissions several times throughout the workday. Responsibilities include reviewing documentation for eligibility, determining hospice diagnosis for admission, and completing required documentation within 2 days of admission. The position typically requires 5-7 hours per week.

Interested applicants should contact

Ruth Fishbeck, CEO,
for more information at 315-265-3105 or rfishbeck@hospiceslv.org.



NURSE PRACTITIONERS

Hospice is expanding the AIM palliative care program and has immediate openings for **full time, part time and per diem Nurse Practitioners** to provide home-based palliative care consultations throughout St. Lawrence County. AIM provides pain and symptom management and education and support to families and caregivers, while working with and supporting patients' primary care physicians.

Applicants should have some familiarity with palliative care, broad clinical knowledge, and excellent interpersonal and communication skills. Experience and certification in palliative care, hospice and/or pain treatment preferred; if not certified in hospice and palliative care, must obtain certification within 2 years of employment. NYS license required.

Salary range \$57-\$60/hr. Paid CME and competitive benefits. Send resume to Ruth Fishbeck, CEO, Hospice of St. Lawrence Valley, PO Box 510, Potsdam NY 13676. Email: rfishbeck@hospiceslv.org.

or by email to: mikehamlin@tjtoyota.com

NEW CAR DEALERSHIP HIRING: Full time Technician for our "Express Maintenance Team". Primary duties include basic auto maintenance task such as: oil/filter changes, tire rotations, air filter changes and wiper changes. Previous experience in the automotive field is a plus, but will train the right fast-paced person. Please submit resume to Mike, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56 Potsdam, NY 13676 or mikehamlin@tjtoyota.com

NEW CAR DEALERSHIP HIRING: Full time Technician needed for fast paced car dealership. Primary duties include: oil/filter changes, tire rotations/changes, Air filter changes and wiper changes, Brake diagnosis and repairs, Suspension diagnosis and repairs, Electrical diagnosis and repair etc. ASE Certification preferred but not required. Please submit resume To Mike, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56 Potsdam, NY 13676 or Email: mikehamlin@tjtoyota.com. Please no phone calls.

St. Lawrence County is in search of: SENIOR FISCAL OFFICERS (3). Salary: \$53,044 with benefits. These are provisional appointments. The successful applicants will need to take a Civil Service exam and score within the top three interested candidates in order to be permanently appointed. Applications accepted until positions have been filled. Applications and qualifications may be obtained from the County's Website at: <https://stlaw-portal.mycivilservice.com/> or by calling 315-379-2210. AA/EEO.

Cook needed at Potsdam Sergi's. Call Lisa after 3 pm at 315 265 3420.

Farm / Truck mechanic wanted. A CDL license is helpful. Operating Equipment will also be part of the job. Call Tony 315-244-1422 or Nick 315-244-6505

AJs Portables is Hiring ! Must have a clean driving record and pass a DOT physical. Tasks include truck driving, cleaning porta potties, picking up and delivering toilets. For more information call 315 393 6152. EOE

The Town of Oswegatchie is accepting applications for a full-time Motor Equipment Operator (MEO). The successful applicant must have a valid and clean Class B license. Excellent benefit package; HSA health insurance, NYS retirement, holidays, vacation, personal & sick time, paid shutdown week, overtime, etc. Applications may be obtained by calling the Highway Superintendent at 315-393-2039.

Potsdam Specialty Paper, Inc. is looking for a Compliance Manager to handle Environmental and Quality. Duties not limited to: Solicit necessary information on raw materials and respond to customer product stewardship inquiries. Acquire environmental data and submit required reports to the Local, State and Federal government, and represent the organization before environmental regulatory agencies. Manage the organization's Quality Management System. Accountabilities include: Oversee operation of Wastewater and Raw Water. Accumulation, storage and disposal of all hazardous and non-hazardous waste. Perform the duties of the Emergency Management Coord-



Clarkson

Employment Opportunities

Per Diem Campus Safety & Security Officer (Potsdam, NY)

Position Summary Guidelines: The Campus Safety Officer is responsible for providing campus safety services to the university community, which includes enforcing university regulations, vehicle and traffic laws, local, state and federal laws. Providing emergency response on campus and protecting life and property within the Clarkson community. In addition, the Campus Safety Officer/ Staff engage in outreach and communication efforts to women and/or underrepresented student groups on campus around issues of alcohol consumption, sexual misconduct, sexual harassment and bias-related conduct.

Minimum qualifications: High School Diploma required. New York State driver's license and a driving record acceptable to the University.

Range: \$16.00 based on experience

Research Accountant (Potsdam, NY)

Position Summary Guidelines: The Research Accountant shall be responsible for performing a variety of accounting activities associated with sponsored research in accordance with accounting principles and standards to control the University's financial resources and ensure that it complies with all relevant regulations, laws and reporting requirements

Minimum qualifications: Associate Degree in Accounting or Business Administration or at least 5 years of relevant accounting experience.

Range: \$20.00- \$26.40 based on experience

Review of applications will begin immediately and continues until the position is filled. To submit your application, go to www.clarkson.edu/hr and click "Career Opportunities" below Careers at Clarkson section. An equal opportunity /affirmative action employer, Clarkson actively seeks and encourages applications from minorities, women and people with disabilities. <https://www.clarkson.edu/human-resources/career-opportunities>

Prior to a final offer of employment, the selected candidate will be required to submit to a background check including, but not limited to, employment verification, educational and other credential verification, and criminal background check.

Office Manager / Bookkeeper
Part Time / Full Time

Pay \$17.50 to \$21.00 depending on experience

Apply within or call

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excellent benefits. For more information please visit <https://stlaw-portal.mycivilservice.com>. Applications will be accepted until 01/19/24. Please send applications to: Human Resources Office, 48 Court Street, Canton, NY 13617. Applications can be obtained from the St. Lawrence County Human Resource's webpage: <https://stlaw-co.gov/Departments/HumanResources> or by contacting Human Resources (315)379-2210. AA/EEO



HERMON-DEKALB CENTRAL SCHOOL is accepting applications for 7-12 Tenure Track Special Education Teacher. Applications are available at <http://www.hdcsk12.org> or at HDCS. Please send letter of inter-

est, application, resume, letters of recommendation and official transcripts to: Mark White, Superintendent, Hermon-DeKalb Central School District, 709 East DeKalb Road, DeKalb Junction, NY 13630. The Hermon-DeKalb Central School District offers employment and educational opportunities without regard to sex, race, color, national origin, or handicap. Application deadline is **January 31, 2024.**

New Car Dealership in Potsdam, NY seeks Building/Grounds Keeper. This is a full time, permanent position. New York state drivers license required. Duties include indoor and outdoor maintenance of facilities. Must possess basic mechanical, electrical, and plumbing skills. Position requires frequent lifting of heavy objects. Submit resume to: Mike Hamlin, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56, Potsdam, NY 13676,

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As a Direct Support Assistant
Salary Range: \$45,457-\$49,405

As a Developmental Disabilities Secure Care Treatment Aide
Salary Range: \$56,623 - \$64,693

The Sunmount Developmental Disabilities State Operations Office (DDSOO) is seeking DSAs and DDSCTAs.

Minimum Qualifications: A High School Diploma or GED and a valid Driver's License.

As a Licensed Practical Nurse (LPN)
Salary range: \$52,009* to \$56,146* (* Includes Geographic Pay of \$4,000)
The Sunmount Developmental Disabilities State Operations Office (DDSOO) is seeking LPNs.
Minimum Qualifications: Must have a current license and registration to practice in New York State, or a limited permit to practice in NYS, or an application on file for a limited permit to practice in NYS.

For more information:

Sunmount DDSOO NYS Office for People with Developmental Disabilities (OPWDD)
 Office of Human Resources:
 518-359-4150
 or Sunmount.Careers@opwdd.ny.gov
 Sunmount DDSO, 2445 State Route 30, Tupper Lake, NY 12986

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dinator, TSCA Coordinator, Radiation Safety Contact, Certified Pesticide Applicator, and ELAP Quality Manager. Qualifications: Associates degree with a technical background preferred. Two years work experience in Environmental and Quality a plus. We are willing to train the right candidate who portrays the following: Leadership, analytical and organizational skills, excellent communication skills, excellent Excel skills. Salary range is: \$60,600-\$75,000. DOE. Competitive benefits package: Medical/prescription, dental, life, vision, generous PTO and matching 401(k). Interested candidates should send cover letter and resume by January 19, 2024 to: Business Leader, Potsdam Specialty Paper, Inc., 547A Sissonville Road, Potsdam, NY 13676. tracy.champion@pspi.us.com

Now Hiring: Full-time PFS Project Director - PAL of Massena, serving the kids of our community since 2013, has an immediate opening for Project Director of our Partnerships for Success (PFS) Program. This is a full-time, grant-funded position to oversee the planning and implementation of evidence-based prevention programs. Review of applications and interviews begin immediately, until position is filled. For complete details, visit: www.MassenaPAL.com/careers EOE

St. Lawrence County Department of Social Services is in search of a Clerk. Starting salary is \$35,101 with excellent benefits. Generous vacation and sick time allowance, and the option to enroll in the St. Lawrence County's health insurance or opt out of the insurance and receive a buyout in the amount of \$2,000 for single coverage or \$4,000 for family. This is an entry-level class involving the performance of a variety of systematized clerical tasks. This is a provisional appointment. The successful applicant will need to take a civil service examination and score within the top three interested candidates in order to be permanently appointed. You can apply online at <https://stlaw-portal.mycivilservice.com> or by contacting Human Resources at 315-379-2210.

HOUSEKEEPER. 1 day a week. General cleaning, tidying up. No cleaning services please. Experience helpful but not required. Potsdam village. 315-244-0912

The Counseling Center at SUNY Potsdam is accepting on-line applications to fill the key position of Case Manager (Senior Staff Assistant) who will report to the Director of the Counseling Center and will be responsible for providing holistic wrap-around support services by assisting students with negotiating access to campus and community resources for behavioral, financial, and social service needs. The Case Manager will provide assessment, case management, and follow-up support services and referrals to community services providers and college specific resources for students who are experiencing non-academic difficulties that may impede their persistence and academic success. Specifically, the Case Manager works with, supports, and connects students to resources; develops preventative identifi-



Principal Clerk - Cafe & Accounting

St. Lawrence University has a part-time, **Principal Clerk- Cafe & Accounting** position at our beautiful Brewer Bookstore. This position is responsible for performing routine clerical duties including cash register operation, customer service, purchasing, stock-keeping, accounting, and store maintenance for the Brewer Bookstore, including the Brewer Café. Supervision and store open/closing responsibilities.

Qualifications: High school diploma. One year of bookkeeping/accounting experience, or equivalent formal training. At least one year of customer service required and food service experience preferred. Ability to follow instructions and complete projects, and understand basic arithmetic to include percentages, discounts, and simple formulas. Ability to lift and manage a 50lb box of books. Ability to stand for long periods. Microsoft Excel. Wage range is \$17.37 - \$24.01 per hour. For more information and to apply, please go online to <http://employment.stlawu.edu> uploading all required materials which are defined in the "special instructions to applicant" section.

All offers of employment are subject to the applicant successfully passing a background (including criminal records) check. SLU is an Equal Employment Opportunity employer.



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*Wells Fargo Home Projects credit card is issued by Wells Fargo Bank, N.A., an Equal Housing Lender. Special terms for 24 mo. apply to qualifying purchases of \$1,000 or more with approved credit. Minimum monthly payments will not pay off balance before end of promotional period. APR for new purchases is 28.99%. Effective: 01/01/2023 - subject to change. Call 1-800-431-5921 for complete details. The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the #1 rated professionally installed gutter guard system in America. *For those who qualify. One coupon per household. No obligation estimate valid for 1 year. Offer valid at time of estimate only. See Representative for full warranty details. Manufactured in Plainville, Michigan and processed at LAM/Meer Group in Ohio, AR #036620922, CA #1035795, CT #0166906, FL #48056078, IA #C172720, ID #85631604, LA #529544, MA #175447, MD #BABC148320, MI # 2102212786, #20200022, #202000403, #2106212046, MN #10723804, MT #226192, ND #7304, NE #50145-22, NJ #13VH09953900, NM #408693, NV #0086990, NY #H-19114, H-52229, OR #218294, PA #PA069383, RI #GC-41354, TN #7656, UT #10736368-5501, VA #2705169445, WA #L6AFNWB232, WV #WV056912.

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Part-Time Code Enforcement Officer

DISTINGUISHING FEATURES OF THE CLASS: The work involves responsibility for administering and enforcing the New York State Uniform Fire Prevention and Building code or a local fire and/or building code if approved by the State Fire Prevention and Building Code Council. Under general supervision, provides for the coordination of all activities relevant to ensuring compliance with the appropriate laws, codes, rules and regulations.

MINIMUM QUALIFICATIONS: Either:

A) Possession of a Bachelor's Degree in Architecture, Civil Engineering, Civil Engineering Technology, Construction Technology or Fire Protection and Safety; OR

B) Possession of an Associate's Degree in Architecture, Civil Engineering, Civil Engineering Technology, Construction Technology or Fire Protection and Safety and one (1) year of full-time paid experience in building or fire prevention inspection, building construction work or in a building trade; OR

C) Currently possesses a New York State Department of State Code Enforcement Certification as mandated in the State of New York Title 19 NYCRR Part 434.5 (Certification of Code Enforcement Personnel) and has completed any necessary In-service Code Enforcement Personnel Training to maintain proper certification; (Candidates stating they possess the NYS Department of State Code Enforcement Certification will be required to provide proof of such certification and that the certification is currently in compliance with the regulations set forth under the State of New York Title 19 NYCRR Part 434.5 (Certification of Code Enforcement Personnel) OR

D) Three (3) years of full-time paid experience as described in (B) above.

SPECIAL REQUIREMENT: Pursuant to the Department of State Division of Building Standards & Codes in the State of New York the incumbent must:

- Complete Basic Training requirements within eighteen (18) months of appointment.
- Obtain certification after completing the required Courses 9A16, 9B16, 9C16, 9D16, 9E16 and 9F16.
- Maintain the required yearly in-service training (24 hours annually) and any required advanced in-service training.

This is a non-competitive appointment and St. Lawrence County will qualify before hiring for this part time job that will pay from a range of \$10,575 - \$12,000 commensurate with experience. The applicant must pass drug/alcohol screening.

Application Deadline: **Monday January 22, 2024 at 4pm.**

Job application is available by contacting the Town Clerk's office.

Send letter of interest, completed application, resume and letters of recommendation and copy of certification to:

Town Clerk Jeannine Brouse, 60 Main Street, Massena, NY 13662



Long-Term Employment Opportunity With Well Established Local Business!

SERVICE TECHNICIAN!

- Mechanical / Technical background required
- Strong work ethic and solid work history a must
- Must be willing to work closely with others

BENEFITS/COMPENSATION: Paid training • Pay scale based on individual's qualifications and previous work history • Full benefit package including health insurance & retirement

LeBerge & Curtis, Inc.



Mail Resume To:
 6334 US 11, Canton, NY 13617
mail@lebergeandcurtis.com
www.lebergeandcurtis.com

Interviews by appointment • 315-386-2494



POTSDAM CENTRAL SCHOOL VACANCIES FOR 2023-2024 SCHOOL YEAR

- Modified Baseball Head Coach
- Varsity Boys Outdoor Track & Field Assistant Coach
- Modified Softball Head Coach
- Varsity Boys Lacrosse Assistant Coach

Application deadline: **January 19, 2024**

An application link and additional information is available on the PCS webpage.

For questions, contact:

Ms. Davida M. Martin, Office of the Superintendent
 29 Leroy St., Potsdam, NY 13676
 315-265-2000, ext. 36733 • EOE

Madrid-Waddington Central School
 is accepting applications for the
 2023-2024 school year



**FULL-TIME CUSTODIAN
 PART-TIME CUSTODIAN
 DRIVER / CUSTODIAN**

Applications available online at
www.mwcsk12.org or call **315-322-5746, Ext. 35221.**
 Mail applications:
**Eric Burke, Superintendent, Madrid-Waddington
 Central School, PO Box 67, Madrid, NY 13660**

APPLICATIONS ACCEPTED UNTIL FILLED
 MWCS is an affirmative action, EOE.



Morristown Central School
 408 Gouverneur Street
 Morristown, NY 13664

**COME JOIN OUR MCS FAMILY!
 WE CURRENTLY HAVE THE FOLLOWING JOB OPENINGS:**

- Modified Baseball Coach
- Modified Softball Coach
- Substitute Bus Driver
- Substitute School Nurse (R.N.)

Positions will remain open until filled.
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 (under the District & Human Resources tabs)

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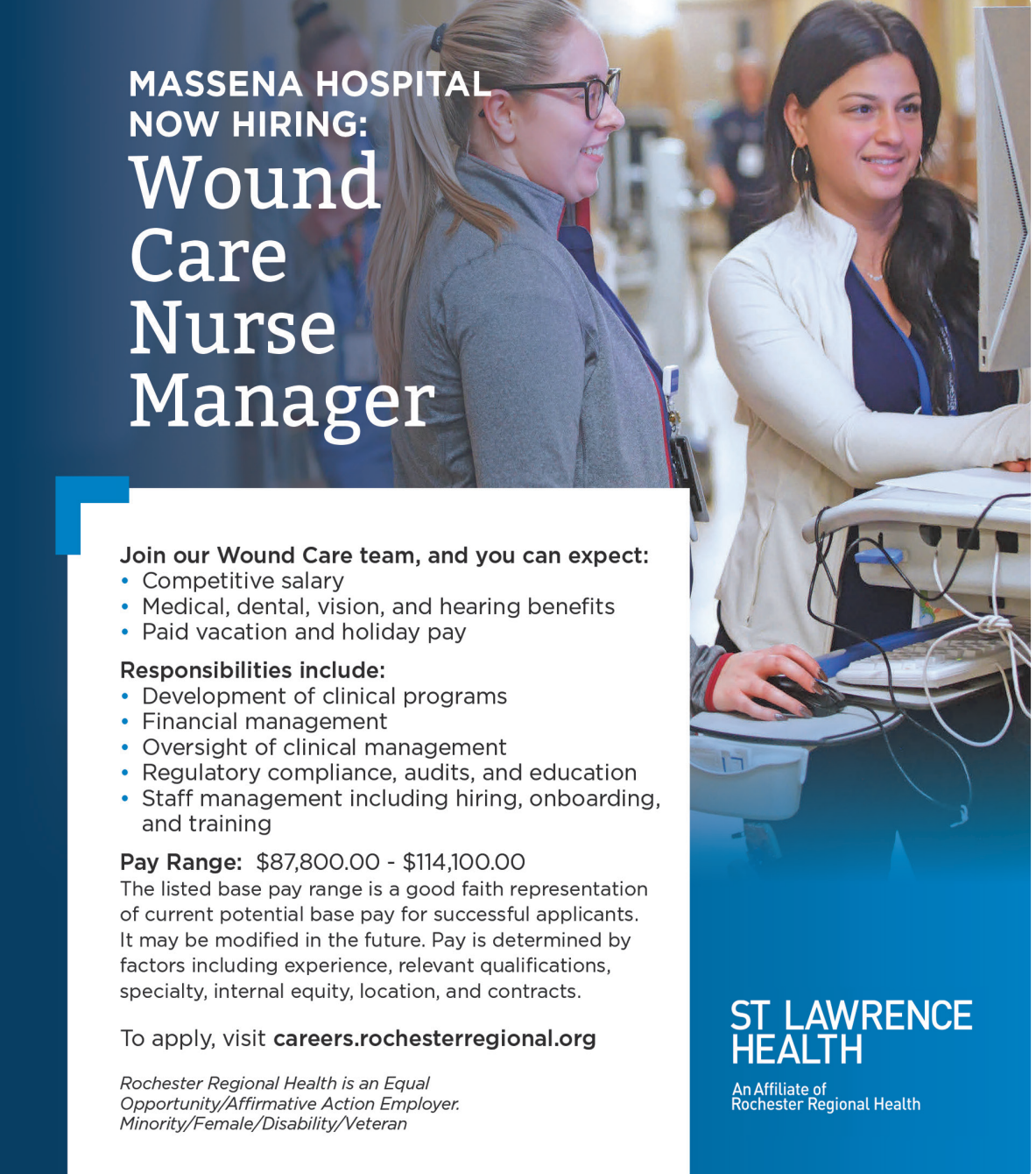


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Responsibilities include:


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Pay Range: \$87,800.00 - \$114,100.00
 The listed base pay range is a good faith representation of current potential base pay for successful applicants. It may be modified in the future. Pay is determined by factors including experience, relevant qualifications, specialty, internal equity, location, and contracts.

To apply, visit careers.rochesterregional.org

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ST LAWRENCE HEALTH
 An Affiliate of Rochester Regional Health



**RECRUITING FOR THE NEXT
 ST. LAWRENCE COUNTY
 Public Health
 Director**

St. Lawrence County is seeking an exemplary candidate to lead the Department of Public Health with a \$8.4M Budget and talented staff of over 35 employees. The Public Health Director is responsible to the Board of Health for the implementation and enforcement of the State and County Sanitary Code and other public health programs, and is responsible to the County Administrator for the implementation of the financial, personnel, and administrative policies. The ideal candidate will bring knowledge and experience in exemplary public health practice, outstanding leadership, effective communication, and administrative skills. General Supervision is exercised over programs of the Health Department such as the Clinic functions, Emergency Preparedness, Maternal Child Health, Early Intervention, Lead Poisoning Prevention, Pre-School Transportation, Preventive Health, and Communicable Disease control, Immunizations, and general health promotion and education. Work location is in person.


MINIMUM QUALIFICATIONS: Master's Degree in Public Health or related field*, and two (2) years of administrative experience in a health related organization or government agency. Experience should demonstrate effective knowledge and communication skills to administer public health programs, manage staff and budget, establish and implement policy and goals, and compliance with legal requirements.

NOTE: *Related field includes; health administration, nursing, environmental health or community health education. Appointment to the Director Position is subject to approval of New York State Commissioner of Health.

SALARY RANGE: \$102,890 to \$127,809 w/excellent benefits package that includes health, vision, dental insurances, health buy out option, life insurance, flexible spending account, NYS Retirement, Deferred Compensation, and paid accruals for sick, vacation, personal, and compensatory.

Send a letter of interest and resume to:
Ruth Doyle, County Administrator
48 Court Street, Canton, NY 13617
 Deadline for applications will be Wednesday, January 31, 2024. AA/EOE

Apply today ONLINE at:
<https://stlaw-portal.mycivilservice.com>



education, and response strategies; and tracks student outcomes. To review the complete job description: requirements and essential functions of the job, required and preferred qualifications, and/or apply, visit employment.potsdam.edu, job posting No. U-00535. Position is open until filled. EOE

Hiring Journeyman Shift Electricians (Full Time) Average Annual Pay 85K+ BiOrigin Specialty Products (formerly Dunn Paper) in Gouverneur has been mastering the art of crafting sustainable specialty paper and tissue products for years, and now we want you to be part of our dynamic team. Join us on our journey of growth and innovation and support the manufacture of some of the most outstanding sustainable paper and tissue products in all of North America. We are looking for qualified Journeyman Electricians for plant maintenance. This position works a 12-hour Dupont shift schedule (work only 14 days with one full week off per month). This role will take on the daily tasks of trouble shooting electrical issues around the mill using electrical

Trivia Test

1. GENERAL KNOWLEDGE: When is Three King's Day celebrated typically?
2. TELEVISION: In the drama series "Mad Men," what product is presumed to be Don Draper's last advertisement?
3. GEOGRAPHY: What is a chain or collection of islands called?
4. MOVIES: To which city is the McCallister family traveling in the holiday classic "Home Alone"?
5. LEGAL: What is a moot court?
6. LITERATURE: What is the name of the heroine in "The Scarlet Letter"?
7. FOOD & DRINK: What kind of nut is used in marzipan?
8. MUSIC: What is the gift on the 11th day in the song "The Twelve Days of Christmas"?
9. SCIENCE: How much of the Earth's surface is covered with water?
10. HISTORY: What are the two Japanese cities that the United States hit with atomic bombs in WWII?

Answers found elsewhere in this paper.



St. Lawrence Psychiatric Center



Join our Team!

Licensed Practical Nurse

Make a difference in the lives of individuals with mental illness!

Minimum Qualifications:

Current License or Eligible to Obtain New York State Licensure

Salary \$52,009 - \$56,146
(Includes \$4,000 Geo Pay)

Comprehensive Health Coverage

Individual - \$72.68 per paycheck
Family - \$280.06 per paycheck

Free Dental & Vision
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Fax resume to (315)541-2034 or send via email to
slpc.humanresources@omh.ny.gov




PART-TIME TELLER

St. Lawrence Federal Credit Union is currently seeking a **part-time teller** for the **Ogdensburg** and **Heuvelton** branches. Responsibilities include providing excellent member service, performing member transactions (deposits, withdrawals, loan payments, etc.), directing members to the appropriate department for services and building lasting relationships with members and potential members.

After an appropriate training period, the position will consist of approximately 20 to 25 hours per week with limited Saturday rotations. There may be a potential that the position will develop to full-time status. The pay rate is \$19.00 per hour. Previous teller experience is preferred but not necessary.

Please submit cover letter and resume to **Jean M. Clouse, Vice President of Human Resources**, at jclouse@stlawfcu.com no later than **January 26**. Applications may also be obtained at any branch.

St. Lawrence Federal Credit Union is an Equal Opportunity Employer.



HERMON-DEKALB CENTRAL SCHOOL

is accepting applications for
CSE Secretary/Guidance Secretary

This is a provisional appointment. The successful applicant will need to take a civil service examination (Secretary I) and score within the top three interested candidates in order to be permanently appointed.

Applications are available at
<http://www.hdcsk12.org> or at **HDSC**

Please send letter of interest, application, resume, and letters of recommendation to:
Mark White, Superintendent, Hermon-DeKalb Central School District
709 East DeKalb Road, DeKalb Junction, NY 13630

Application deadline is at **noon on January 12, 2024**

The Hermon-DeKalb Central School District offers employment and educational opportunities without regard to sex, race, color, national origin, or handicap.



Alumni Events Coordinator

College Advancement is accepting on-line applications for an **Alumni Events Coordinator (Staff Associate)** to join a team of dedicated professionals tasked with engaging members of the SUNY Potsdam family. This 10-month position is responsible for coordinating all regional, local, and virtual alumni events, including management of regional alumni volunteers, planning and implementation of the College's annual Reunion celebration, and electronic communications to alumni which includes social media, email, and website updates.

The successful candidate will bring exceptional interpersonal, organizational, and writing skills; flexibility, professionalism, and capability to manage multiple events, projects, and deadlines.

To review the complete job description and/or apply, visit employment.potsdam.edu, job posting number U-00540. SUNY Potsdam alumni are encouraged to apply. EOE



ST. LAWRENCE UNIVERSITY

Facilities Operations - Project Manager

One-Year Position

Facilities Operations at St. Lawrence University invites applications for a one-year, Project Manager position. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/3543>.

St. Lawrence University is an Equal Employment Opportunity employer.

First Presbyterian Church CHURCH CHOIR DIRECTOR / ORGANIST

Position Summary:
Seeking church choir director/organist at the First Presbyterian Church in Ogdensburg.

If interested please contact the church office at clergyopc@gmail.com for a complete job description and application for more information.

Deadline for applications is
January 17, 2024.



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*Terms and Conditions apply.



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ACROSS

- 1 Melville captain
- 5 Male swans
- 9 Luau dish
- 12 Humorist Barry
- 13 Med. plan options
- 14 PC program
- 15 Barrel bottom bit
- 16 Concerning
- 17 Old Olds
- 18 Voice in an iPhone
- 19 Half of XIV
- 20 Rooters
- 21 Formerly called
- 23 "Morning Edition" ailer
- 25 Humidor contents
- 28 Salad base
- 32 Maxim
- 33 Sean of "Rudy"
- 34 Bequest
- 36 Surround with light
- 37 Judge Lance
- 38 Approves
- 39 Iowa crop
- 42 WWII service member
- 44 "See ya!"
- 48 Some
- 49 "Legally Blonde" role

DOWN

- 1 Totals
- 2 Mata —
- 3 Say it's so
- 4 2013 Keira Knightley film
- 5 Sour cream tidbits
- 6 Hotel chain
- 7 Ho-hum
- 8 Away from NNW
- 9 Brazilian rubber
- 10 Frank
- 11 Wall St. debuts
- 20 Clean slate
- 22 Upright
- 24 Bit of mischief
- 25 Baseball's Ripken
- 26 Chemical suffix
- 27 Joke
- 29 JFK info
- 30 Goose egg
- 31 — -cone
- 35 Cried in pain
- 36 Tertiary Period epoch
- 39 Give a darn
- 40 Burden
- 41 Deli loaves
- 43 Jai —
- 45 Bailiwick
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- 47 Nile vipers
- 49 Punk rock offshoot

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| 54 | | | | 55 | | | | 56 | | | |

Answers found elsewhere in this paper.

test equipment, assisting the operations and mechanical maintenance departments with their day-to-day tasks, and operating the steam plant. Successful candidates will join the United Steel Workers Union Local 0687. Come join our dynamic team as we grow our business in specialty tissue products. You will have the unique opportunity to work with all levels of staff, from mill manager to new hires to help find solutions to key safety and production goals, along with developing new environmentally sustainable paper products in the movement to eliminate single use plastics. To find out more and apply go to www.bioriginisp.com/careers

Frederic Remington Art Museum in Ogdensburg, NY is a hiring an Executive Assistant. Applicants should have a proven record in office administration, excellent communication, and meticulous attention to detail. Full-time, \$40,000 salary + benefits. For full job description, visit fredericremington.org. To Apply: Send resume, 3 references, and cover letter to director@fredericremington.org.

SUNY Potsdam Child Care Center is accepting applications for a Lead Teacher in our Preschool 4 classroom. Qualifications needed: B.A in Early Childhood or Childhood Education, A.A.S. in Early Childhood Education or CDA Credential in Preschool care and experience working with young children. Wage range: \$15.40 - \$15.85 per hour. Apply online at www.potsdam.edu/community/spccc. Email letter of interest, an updated resume and three current reference letters to: [Lori Moulton at moultojl@potsdam.edu](mailto:Lori.Moulton@potsdam.edu) or mail to SPCCC, 185 Outer Main Street, Potsdam, NY 13676. Applications accepted until position is filled. Anticipated start date of January 2, 2024. SPCCC, Inc. is an affirmative action/equal opportunity employer.

Administrative Assistant: Local law firm with



**St. Lawrence
Psychiatric Center**



Join our Team!

**Licensed Master Social Workers &
Licensed Mental Health Counselors**

**Positions Available in
Watertown, Gouverneur,
Massena & Ogdensburg**

Minimum Qualifications:
*Current License or Eligible to
Obtain New York State
Licensure*

For More Info, Please Call
**Human Resources at
315-541-2179** or
Fax resume to (315)541-2034 or
send via email to
slpc.humanresources@omh.ny.gov

Salary \$63,108 - \$88,721

Comprehensive Health Coverage
Individual - \$74.68 per paycheck
Family - \$287.98 per paycheck

Free Dental & Vision
Individual & Family Plans Available

**NYS Pension &
Retirement Programs**

Generous Paid Time Off

12 Weeks Paid Parental Leave
Must be employed by NYS for at least
6 months to use

**Cornell Cooperative Extension
St. Lawrence County
After School Educator
21st Century Program**

Deadline to Apply: January 17, 2023

POSITION SUMMARY:

This position will serve as an After-School Program Educator for Cornell Cooperative Extension Association of St. Lawrence County in support of the 21st Century After School Program, and will provide comprehensive 4-H youth development opportunities for youth in grades K-8 in the Parishville- Hopkinton Central School District, Edwards-Knox Central School District, Hermon-Dekalb Central School District or Colton-Pierrepont Central School District. This position will provide established guidance and direction for program participants and after-school activities, including club and life skills, as well as assisting the collaborating teachers during the academic study portion of the program. This position will provide instruction utilizing established 4-H curriculum in the areas of, but not limited to: STEAM, environmental science, natural resources, community service, life skills development, and agriculture. This position will utilize existing program resources and materials in program work, assist in the creation of program lesson plans, utilize a variety of delivery methods and assist in delivering established innovative educational programs as assigned.

Required Qualifications:

- Associate's Degree in child development, recreation, related field or equivalent education (GED/High School Diploma and 2 year transferrable/program experience).
- Experience relevant to the role of the position.
- Valid NYS Driver's License and the ability to meet travel requirements associated with this position.
- Ability to meet acceptable background check standards (DMV and criminal background checks).
- Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, training requirements).
- Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, background check, and training requirements).
- Ability to work flexible hours which may include evenings and/or weekends, as appropriate.

<https://stlawrence.cce.cornell.edu/administration/employment-opportunities>

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.



**St. Lawrence
Psychiatric Center**



Direct Care Job Opportunity

Mental Health Therapy Aide

**Make a difference in the lives
of individuals with
mental illness!**

Minimum Qualifications:
*High School Diploma
OR
High School Equivalency Diploma
(GED)*

*License Requirement: Depending on
assignment, you may be required to possess
a valid license to operate a motor vehicle in
New York State at the time of appointment
and continuously thereafter.*

For More Info, Please Call
**Human Resources
at 315-541-2179**
Fax resume to (315)541-2034 or
send via email to
slpc.humanresources@omh.ny.gov

**Salary \$49,457 - \$53,405
(Includes \$4,000 Geo Pay)**

Comprehensive Health Coverage
Individual - \$54.51 per paycheck
Family - \$235.13 per paycheck

Free Dental & Vision
Individual & Family Plans Available

**NYS Pension &
Retirement Programs**

Generous Paid Time Off

12 Weeks Paid Parental Leave
Must be employed by NYS for at least
6 months to use

**Cornell Cooperative Extension
St. Lawrence County
After School Educator**

Deadline to Apply: January 17, 2023

POSITION SUMMARY:

This 10-month position will serve as an Afterschool Program Educator for Cornell Cooperative Extension of St. Lawrence County and will provide comprehensive 4-H youth development opportunities for youth in grades K-5 at the Extension Learning Farm of St. Lawrence County. This position will provide established guidance and direction for program participants and after-school activities, including club and life skills, as well as assisting youth during the academic study portion of the program. This position will provide instruction utilizing established 4-H curriculum in the areas of agriculture, environmental science and natural resources, science, technology engineering, and math (STEM). This position will utilize existing program resources and materials in program work, assist in the creation of program lesson plans, utilize a variety of delivery methods and assist in delivering established innovative educational programs as assigned.

REQUIRED QUALIFICATIONS:

- Specify required minimum equivalency for education, experience, skills, information systems knowledge, etc.
- Associate's Degree or equivalent education (GED/High School Diploma and 1 year transferable/program experience).
 - Experience is relevant to the role of the position.
 - Ability to meet travel requirements associated with this position, including valid NYS driver's license.
 - Ability to meet acceptable background check standards (DMV and criminal background checks).
 - Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, background check, and training requirements).
 - Ability to meet acceptable background check standards (After-School Checks – Grant Based).
 - Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, background check, and training requirements).
 - Ability to work flexible hours which may include evenings and/or weekends, as appropriate.

<https://stlawrence.cce.cornell.edu/administration/employment-opportunities>

***Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.*

offices in Ogdensburg, Malone, and Watertown looking for an individual to primarily answer phone calls and assist as needed with the operation of the office. Must possess computer skills and should be comfortable working with Microsoft applications including Outlook, Word, and Teams. This is an in office position which may be performed in any of our offices. The position is

full time, Monday-Friday from 8:00-4:00, pay will be \$15-\$18/hour depending on qualifications. Benefits include paid days off, medical and dental insurance, and 401(k). Please email cover letter, resume, and references to lgrandy@carlislefirm.com. JobsRUs.com is a service-oriented staffing/recruiting company dedicated to working

closely with our clients. We are currently hiring Machine Operators, Assembly Technicians, and Facility Cleaners with salaries ranging from \$14.20/hr to \$20.00/hr. We also have several other positions available at this time. For more information please apply at www.jobsrus.com or Contact our office at (315)265-8860.

ST. LAWRENCE UNIVERSITY

Dining Services - Utility

St. Lawrence University has a full-time, 11 months, seasonal **Utility** opening in Dining and Conference Services. Under supervision from the management team, performs a variety of tasks concerned with the sanitation, maintenance and up-keep of a Dining Services Unit. Drives catering vehicle as needed.

Qualifications: High school diploma (or equivalent) required; must have the ability to operate mechanical cleaning devices and to correctly measure, weigh and apply simple cleaning solutions. Requires the ability to move objects 50 pounds or more a distance of 10 feet or more. Must be able to meet University requirements to be authorized to drive University vehicles on and off campus and work with cleaning chemicals. Wage range is \$15.00 - \$19.98 per hour.

Qualified and interested applicants must apply online at: <https://employment.stlawu.edu>. Review of applications will begin immediately and continue until the position is filled. SLU is an Equal Employment Opportunity employer.

All offers of employment are subject to the applicant successfully passing a background (including criminal records) check.

POTSDAM CENTRAL SCHOOLS

20 Leroy St., Potsdam, NY
(P)315-265-2000 • (F)315-265-2048



POTSDAM CENTRAL SCHOOL VACANCIES FOR 2023-2024 SCHOOL YEAR

Building Maintenance Worker

Must have a valid NYS CDL

Application deadline: **January 19, 2024**

An application link and additional information is available on the PCS webpage.

For questions, contact:
Ms. Davida M. Martin, Office of the Superintendent
29 Leroy St., Potsdam, NY 13676
315-265-2000, ext. 36733 • EOE

Potsdam STATE UNIVERSITY OF NEW YORK

Network Infrastructure & Media Technician

The Computing & Technology Services Department at SUNY Potsdam is seeking a Network Infrastructure & Media Technician (Instructional Support Associate – budget title), to join a team of technical support professionals to provide support and maintenance to campus network infrastructure and telecommunications infrastructure, A/V classroom technology, and occasional event support.

To review complete job description: the job requirements & essential functions of the job, required and preferred qualifications, and submit resume, cover letter, application, and references apply on-line at employment.potsdam.edu, job posting number U-00533.

Position is open until filled.

EOE

Madrid-Waddington Central School

is accepting applications for the 2023-2024 school year



FOUR-HOUR FOOD SERVICE WORKER

Applications available online at www.mwcsk12.org or call 315-322-5746, Ext. 35221.

Mail applications:
Eric Burke, Superintendent, Madrid-Waddington Central School, PO Box 67, Madrid, NY 13660

APPLICATIONS ACCEPTED UNTIL FILLED

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Office for People With Developmental Disabilities

Career Opportunities

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Enjoy Great Benefits:

- Health Insurance • Retirement Plan • Paid Vacation • Paid Holidays • Veteran's Job Training Stipend • Paid Sick Leave • Opportunities for Advancement • Loan Forgiveness And Much More!

As a Direct Support Assistant

Salary Range: \$45,457-\$49,405

As a Developmental Disabilities Secure Care Treatment Aide

Salary Range: \$56,623 - \$64,693

The Sunmount Developmental Disabilities State Operations Office (DDSOO) is seeking DSAs and DDSCTAs.

Minimum Qualifications: A High School Diploma or GED and a valid Driver's License.

As a Licensed Practical Nurse (LPN)

Salary range: \$52,009* to \$56,146* (* Includes Geographic Pay of \$4,000)

The Sunmount Developmental Disabilities State Operations Office (DDSOO) is seeking LPNs.

Minimum Qualifications: Must have a current license and registration to practice in New York State, or a limited permit to practice in NYS, or an application on file for a limited permit to practice in NYS.

For more information:

Sunmount DDSOO NYS Office for People with Developmental Disabilities (OPWDD)
Office of Human Resources:
518-359-4150

or Sunmount.Careers@opwdd.ny.gov

Sunmount DDSO, 2445 State Route 30, Tupper Lake, NY 12986

An Affirmative Action/Equal Opportunity Employer



St. Lawrence Psychiatric Center



Part & Full Time REGISTERED NURSES

For More Info, Please Call **Human Resources** at **315-541-2179** or

Fax resume to (315)541-2034 or send via email to

slpc.humanresources@omh.ny.gov

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Public Loan Forgiveness Eligible

12 Weeks Paid Parental Leave

Must be employed by NYS for at least 6 months to use

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 TAKE AN ADDITIONAL 10% OFF
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SERIOUS COLLECTOR interested in buying antique wood-working tools, old planters, Victorian era glassware, old bottles. Individual or collection. 315-262-7073

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