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POTSDAM-
CANTON, NY
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NORTH COUNTRY THIS WEEK

ST. LAWRENCE COUNTY'S MOST-READ PAPER

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Back to Basics plan already happening locally

BY MATT LINDSEY
North Country This Week

State officials say they are taking steps to improve reading proficiency by requiring all schools to use "Science of Reading" by 2025, but many St. Lawrence County schools shifted to science-based reading instruction several years ago.

The new "Back to Basics" reading plan was announced recently by Governor Kathy Hochul as part of her 2024 State of the State address.

According to state officials, students who do not achieve proficiency in reading by the end of grade three are four times as likely to drop out of school.

"There has been both regional and national evidence that reading proficiency has been declining among school children, in particular over the past 20 years," said Viola Schmid-Doyle, Banford Elementary principal at Canton Central School.

Dropout rates have steadily increased in recent years, officials say, with student from disadvantaged backgrounds being even more likely to drop out of school.

As part of the new plan, schools will

SEE PHONICS PAGE 19



Emily Shaw | Submitted

Winter fun at Higley Flow

Enjoying their first cross-country skiing of the season at Higley Flow State Park are Potsdam residents, from front, Mabel, Casper and Astrid Shaw.

Volunteer EMS shortage raises concerns about response times

BY JIMMY LAWTON
North Country This Week

Imagine experiencing a medical emergency, calling for an ambulance and waiting more than an hour for help to arrive.

Although uncommon, that's happening more frequently in St. Lawrence County as emergency medical providers struggle with volunteer shortages.

With the new year underway, St. Lawrence County Bureau of Emergency Medical Service issued a letter to St. Lawrence County EMS agencies and municipal leaders showing that a high number of turnover calls occurred last year.

"Call turnovers are considered any call in which the agency is toned and is unable to respond with an ambulance, thus requiring mutual aid," the report says.

This can be due to a variety of reasons including inability to staff an ambulance with the appropriate personnel, multiple calls for the agency resulting in no apparatus available and a variety of other issues.

"It is important to note that a call turnover results in having to dispatch an ambulance from another jurisdiction, reducing that mutual aid ambulance service's availability to provide coverage for those in their primary response territory," the notice says.

The notice notes that intervention is needed, but exactly what that might look like remains to be seen.

"EMS in our County is struggling, and intervention is necessary to keep the system afloat and operational. County call turnover statistics, as displayed above, are at an all-time high (2020: 94% coverage rate, 2021: 90% coverage rate, 2022 88% coverage

SEE EMS PAGE 19



Photo submitted

First baby of year

Kinleigh Lynn Parmeter was welcomed into the world at Canton-Potsdam Hospital's Birthplace on Tuesday, Jan. 2. She weighs 6 pounds, 4.2 ounces, and is 19 inches long, hospital officials said. She is the daughter of Briony Hobkirk and Bo Parmeter, who received a gift basket from St. Lawrence Health.

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See Page 9

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islative, education, recreation and business backgrounds,” she noted.

“In today’s world, Town Board duties take a lot of time, energy and true grit due to the issues we face on a daily basis. We certainly don’t serve for the money. We do it for the love of our town as a whole community and our citizens.”

teach phonemic awareness, phonics, decoding, vocabulary, and comprehension, state officials said. By September of 2025, all school districts will need to certify with SED that their curriculum, instructional strategies, and teacher professional development align with all elements of the instructional best practices, officials say.

Local superintendents and principals voiced support for the statewide changes, but say they have been using evidence-based teaching for a few years and have seen improvement.

“Our student performance is not where it needs to be, according to Norwood-Norfolk Central Superintendent Jamie Cruikshank. “I cannot attribute this entirely to the state’s initiative, or lack of a literacy initiative until this point, as several factors influence student performance.”

Canton Central officials shared similar concerns, leading elementary teachers and administrators to study the issue and participate in a Science of Reading professional study group.

“I am confident that we are ahead of the game here in Potsdam,” said Potsdam Central Superintendent Jerry Griffin.

SLC Schools Ahead of Curve

“It is heartening to see the state leadership prioritize evidence-based methods for teaching reading, as these approaches have consistently proven to be effective in fostering literacy skills among young learners,” said Griffin.

Potsdam school teachers are in the third year of a systematic phonics program for kindergarten through fourth-grade students. Griffin said the program has dedicated learning time for phonics instruction, providing a solid foundation for student reading skills.

PCS also implemented a comprehensive reading and writing program tied directly to the Next Generation Learning Standards. “This initiative is aligned with the governor’s vision, and I am confident it will enhance our students’ literacy development,” Griffin said.

Canton Central also adopted a “Structured-Literacy” program, Fundations, which is based on the Science of Reading, as a foundational component of reading instruction.

Funding will be key in the implementation of new programs and the required training.

“Adequate financial support is crucial to ensuring educators have the resources to execute these evidence-based techniques successfully,” Superintendent Griffin.

Gov. Hochul has signaled that she will seek a \$10 million investment from the state to train 20,000 teachers in Science of Reading instructional best practices.

As part of the new plan, state leaders will also seek to expand SUNY and CUNY micro credentialing programs for teachers focused on the Science of Reading.

Changes Leading to Improvement

As a result of these changes and more, Doyle says students are improving their reading fluency and comprehension. “Notably, the struggle to decode language, which had become all-too-common, has been dramatically reduced,” she said. Given our experience, teachers are pleased that there are efforts and support being provided for instruction based on the Science of Reading, with the caveat that careful thought must be given to how it is implemented.”

The improvements were noted in other districts as well.

“Over the past three years, we have been collaborating with Keys to Literacy consultants to enhance

our literacy practices, using the science of reading as our guide,” said Colton-Pierrepont Central School District Superintendent Jim Nee. As a result, our teachers and students have experienced positive outcomes from the adjustments implemented and have found validation in strategies many teachers have been utilizing for years.”

“The ‘Science of Reading’ is a combination, of sorts, of the systems from the Reading Wars from back in the 90’s,” Cruikshank said. “As the pendulum swung away from phonics during the Reading Wars towards using solely contextual clues, the Science of Reading reconsiders the pendulum back towards the middle.”

Cruikshank said feedback from teachers was positive.

Beyond Science of Reading, students are encouraged to read grade-level books, and students are offered support in reading to target their needs,” Cruikshank said.

Nee credited teachers for the gradual improvements in reading proficiency of students.

“We are dedicated to fostering reading proficiency throughout our entire organization and have observed gradual improvements over an extended period,” he said.

Griffin praised the efforts by his staff as well.

“I continue to be impressed with the efforts of our staff and look forward to witnessing the positive impact on our students’ literacy development,” he said.

In total, over 30 states have transitioned back to a “back-to-basics” teaching model to improve reading efficiency.

Solar development staying on track

BY PAUL MITCHELL
North Country This Week

CANTON — Concerns expressed earlier by the developers of a 240-megawatt solar center on the Rich Road in the Town of Canton surrounding proposed changes to the Canton Town Code law now appear to be moot points.

EDF Renewables recently received word that the New York State Office of Renewable Energy Siting (ORES) has issued a notice of completion to EDF Renewables' Rich Road project application.

With that, according to the town's solar attorney William M. Buchan, changes to the proposed zoning law will not apply to EDF.

The zoning law, that still needs to be passed by the town board, includes wording to regulate battery storage facilities, which is part of EDF's Rich Road project.

"We intend to fully participate in the ORES permitting process as it moves forward. As the permit application is considered by ORES, we will continue to advocate the interests of the Canton community and to contribute to the creation of a complete record before the per-

mitting authority," said Buchan.

Project developer Jonathan Geldard describes the ORES notice of completion as the next favorable step in the still-to-be thorough process.

"Having been able to have our 94-c Application Deemed Complete is a big milestone for the project, however, we still have a bit of runway ahead in the process until a final decision will be made," said Geldard. "The next step is for the Office of Renewable Energy Siting to issue a draft of the Siting Permit for public review within 60 calendar days from deeming the application complete. The draft permit will include all of the applicable requirements and conditions that will apply to the facility during construction, through operation, and upon decommissioning at the end of life."

Geldard noted that after the Draft Permit is released, participating parties such as the Town and Village, will have an additional 60 calendar days for the opportunity to prepare and issue a Municipal Statement of Compliance, which will assess the Project and its application in comparison to the local

laws as are in effect today.

"Upon the closure of the public comment period, the Office of Renewable Energy Siting will review the project record and oversee any remaining discussions that may be ongoing related to specific topics of concern until a Final permit decision can be issued," he continued.

"In the meantime, we will continue to collaborate with the Town and the community to establish agreements pertaining to items ranging from tax and community benefit payments from the project to details on how the project will be constructed and operated. The project anticipates providing the town, county, and school district approximately \$30 million dollars in tax revenues over the first 20 years in operation and desires to manage our construction force of approx. 250 union personnel within the expectations of the community," Geldard remarked.

The town board is holding a public hearing on the proposed Town Zoning law on Wednesday, Jan. 10, at 5 p.m. at the Canton Municipal Building.

DA office to receive share of seized funds

BY JEFF CHUDZINSKI
North Country This Week

CANTON — St. Lawrence County law enforcement agencies and the District Attorney's office are set to receive a share of funds seized by federal agencies in St. Lawrence County after legislators approved a resolution to sign off on the Federal Equitable Sharing Program.

Legislators approved the resolution during the Jan. 8 Operations Committee meeting.

According to St. Lawrence County District Attorney Gary Pasqua, the funds are part of a

recurring program that is awarded every January and February.

Pasqua said he applies every year through an electronic program, giving the county access to the seized assets.

"Whenever federal law enforcement agencies seize any money in a federal investigation in St. Lawrence County, my office has any nexus to that. They share that with my office, as well as local law enforcement agencies," Pasqua told legislators.

The funds, which are seized by agencies like Customs and Border Protection (CBP) and the Drug Enforcement Agency (DEA), come

from busts that occur within the county throughout the calendar year, Pasqua said.

Legislators and the chairman of the legislature work in conjunction with Pasqua to keep track of the funds and to ensure the application is submitted and approved on time to ensure the flow of funds, he said.

"The chairman has to sign off every year. This resolution needs to be done so that when I go and fill out that paperwork before March 31 we can say we've met as a group," Pasqua said.

The resolution now moves to the full board for approval in February.

Alleged shoplifter injures Price Chopper worker

POTSDAM — An Ogdensburg woman was charged after allegedly injuring a Price Chopper employee who attempted to stop her from shoplifting Jan. 5, according to village police.

Billie Jo Planty, 44, was charged with second-degree harassment

and petit larceny at 3:10 a.m. last Friday, officers said.

Planty allegedly left the store with a cart full of groceries without paying for them.

A store employee attempted to grab the cart from her in the parking lot and Planty grabbed his hand

and bent his finger back, causing minor injury, police said.

Planty reportedly fled the scene before police arrived.

She was picked up by other law enforcement and turned over to Potsdam police and charged, officers said.

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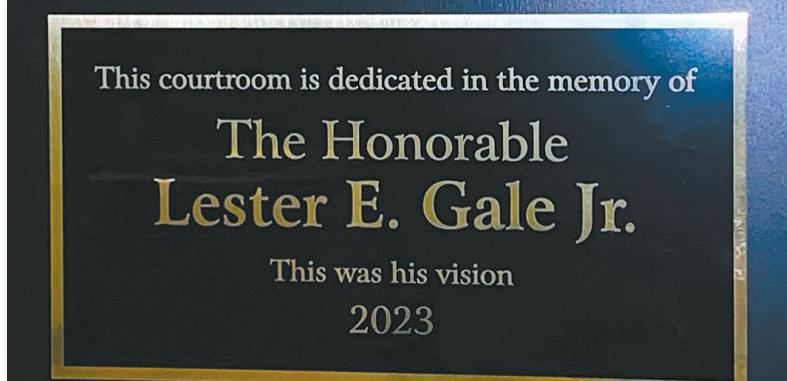
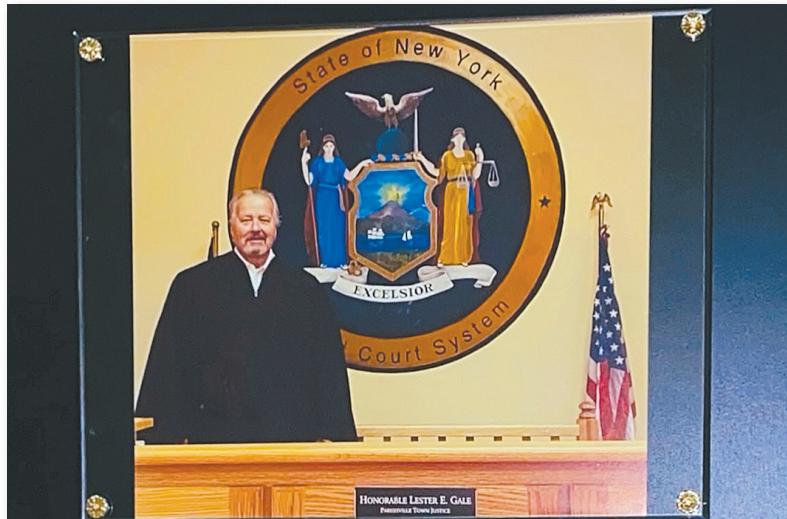
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A ceremony was held in December dedicating the courtroom to Town Justice Lester E. Gale who passed away last September. A plaque now hangs in the Town of Parishville courtroom.

Parishville judge honored with dedication of town courtroom

By ADAM ATKINSON
North Country This Week

PARISHVILLE — A well-respected local judge who passed away last fall was honored in December with a dedication of the town courtroom.

A small gathering of friends and family were on hand on Dec. 3 for a ceremony to dedicate the courtroom to former Town Justice Lester E. Gale.

"Lester passed away unexpectedly on September 10th as he was serving his second term as Judge. His vision was to update the courtroom and make it something the community could be proud of, and he did this through working to obtain grants from the New York State Court System, as well as working with the Town Supervisor and the Town Board," said Town Clerk Connie Maguire.

Gale was a Potsdam native and worked for Canton-Potsdam Hospital and Mort Backus and Sons. He became town justice in 2016 and served in that capacity until he passed away after battling cancer.

"Lester served as Town Judge from 2015 until his untimely death

in September of 2023. Throughout his years as the duly elected Judge, Lester brought to fruition his vision of the courtroom located on the second floor of the Parishville Town Office building," said Town Supervisor Rod Votra. "In large part the project was made possible by grants obtained through the hard work and dedication of Lester and Town Clerk Connie Maguire."

"Judge Gale, often referred to as 'The Gentle Giant' was adored by the community for his genuine respect and ability to communicate in a manner that brought out the best in everyone. As a Judge he was always fair, empathetic and consistent with those that came before him," Votra told North Country This Week.

"Throughout his final years as he endured his battle with cancer, Judge Gale continued to be optimistic, always encouraging others with his genuine compassion for the community he was such a large part of. It is and will always be a great honor to remember Judge Lester E. Gale Jr. for his dedication and commitment to the Town of Parishville," the supervisor said.

Canton library renovations postpone children's activities

By PAUL MITCHELL
North Country This Week

CANTON — The renovation work in the downstairs area of the Canton Free Library is underway, forcing a temporary postponement of children's programming.

Valerie White, the library's youth services specialist, reported the restrooms are completely unavailable with the exception of the Porto outside.

"This may be the case for weeks," she stated on Facebook. "We will take one more week off from programming, and resume our Early Literacy (Baby, Toddler, and Preschool) Storytimes the week of the

15th.

With the Martin Luther King holiday falling on Monday, Jan. 15, the Toddler program will actually resume the following Monday, Jan. 22.

School-age programming (Books & Beyond, Tween Time, and Lego Club) will remain on break until the bathrooms are restored because White said she cannot send kids in attendance without parents out to the Porto alone, nor can she leave the room during a program to escort kids outside who have to use the facilities.

White said information will be made available when school age programming resumes.



Doreen Tolman | Submitted

Trees weep in Canton

Doreen Tolman took this photograph recently in Upper and Lower Lakes, Canton.

BRIEFLY

Felony drug charge

GOUVERNEUR — A DeKalb man was charged with drug possession following a traffic stop Sunday evening, according to state police. Joshua D. Martin, 44, was charged with fifth-degree criminal possession of a controlled substance, felony, officers said. He was additionally charged with two counts of seventh-degree criminal possession of a controlled substance and third-degree aggravated unlicensed operation, police said.

Burglary arrest

HERMON — A Hermon woman was charged with burglary Sat-

urday stemming from a Nov. 24 complaint, according to state police. Nikkole R. Bloodgood, 31, was charged with third-degree burglary, felony, at 3:47 p.m., officers said.

Fraud investigation

MADRID — A Madrid resident was charged Saturday stemming from a fraud complaint made to state police Dec. 24, according to state police. Leslie A. Merrick, 42, was charged with first-degree possession of a forged instrument, felony, at 4:14 p.m., police said.

Merrick was released on his own recognizance, police said.

St. Lawrence County residents can soon opt into new emergency notification program

BY JEFF CHUDZINSKI
North Country This Week

CANTON — Simply text Lawrence to 67283 and you will be among the first to know about potential emergencies that may occur when thousands of tourists flock to St. Lawrence County to view the full solar eclipse on April 8.

During the operations committee meeting on Jan. 8, legislators approved a contract with Rave Mobile Safety to implement an alert notification program. Legislators also approved a budget modification to fund the program. The cost will be \$23,941 and will come from a contingency account.

In a presentation to the board prior to the vote, Joseph Braun, account executive for Motorola Solutions, gave legislators a preview of the program's capabilities.

Braun detailed the opt-in process for those interested, saying that texting Lawrence to 67283 is the easiest and fastest method, but residents can also sign up online.

When first signing up, users will receive a text with a message to opt-in to receiving alerts. Once the user has opted-in, messages sent by the Emergency Services Department, Sheriff's Office and other support services can be received via text, email, voice call, RSS or social media.

Users are able to opt out at any time if so desired and are even able to opt-in for a set period.

"They can opt in for any length of time or forever if they want to. Even just a weekend," Braun said.

With the new program, Emergency Services will be able to craft messages from scratch and send to designated users or use more general template-style messages.

Predetermined lists of recipients can also be set up prior to use for

'They can opt in for any length of time or forever if they want to.'

Joseph Braun
Motorola Solutions
Account Executive

would be able to send a followup message, Braun said.

The learning curve for the program will be slight as training is available for county officials, free of charge.

Braun said Rave Mobile has a training mode that allows emergency personnel to complete every step short of sending a message.

A library of step-by-step training is also available along with weekly webinars and personnel to assist with any questions during training, according to Braun.

According to Denner, the program is the same used by SUNY schools to message students.

Denner said the county reviewed numerous programs and spoke to many parties who had experience with similar systems but said county officials felt Rave offered "the best bang for the buck."

"This platform has more bells and whistles for the money," he said.

Denner said the program is a more efficient way to get information out to residents compared to other programs that the county reviewed.

Legislator Harry Smithers questioned whether elderly residents in the county would be able to receive messages given that many may not be technologically savvy or have apps on their cell phones. He also questioned how many would even have a cell phone to receive such messages.

Denner and Braun both said the county and Rave Mobile would take steps to mark the program and encourage residents to sign up to receive alerts.

"We will help with marketing with fliers, QR codes and other ways to link to the system," Braun said.

The new system should be online sometime in February, officials say.

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Legislators name Forsythe SLC chairman

BY JEFF CHUDZINSKI
North Country This Week

CANTON -- The St. Lawrence County legislature has voted and Legislator David Forsythe will once again serve as chairman.

The vote came during the Jan. 2 organizational meeting, with Forsythe winning by a 12-3 margin along party lines.

Legislator Rick Perkins was also re-elected to serve as vice chairman again.

Forsythe thanked his fellow legislators, saying the past year has been an enjoyable experience that went by much faster than anticipated.

"Thank you from the bottom of my heart. I would like to thank all of the legislators who voted for me to continue to chair in 2024. It's hard to believe it's already been a year," he said.

"I have truly enjoyed the last year (as chairman)," he continued.

In his brief speech to the legislature, Forsythe highlighted the projects completed or underway in the last year, including renovations to the county jail, approval of a \$7.5 million upgrade to the county public safety complex, as well as the completion of the third and final highway department outpost that is now operational.

"We also paved an additional 10 miles of highway on top of what was originally scheduled," he said.

Other highlights include opening a new satellite office for the Department of Social Services in Massena,

'I would like to thank all of the legislators who voted for me to continue to chair in 2024.'

David Forsythe
St. Lawrence County Legislator

opening a new recycling facility in Lisbon with new scales and updates to the county clerk's office and community services department.

"Our new mobile clinic is also operational and our true value tax rate is at its lowest since 1980," Forsythe said.

Under his watch, Ogdensburg also began taking action to collect property and sales tax on their own as well, he said.

"Everyone here, all of the staff, you all made it happen," he said.

Forsythe also spoke to the new sheriff and under-sheriff in town, with Rick Engle and Shawn McCagger taking the reigns following the retirements of Sheriff Brooks Bigwarfe and Under-Sheriff Sean O'Brien.

Forsythe was complimentary of Engle and new Under-Sheriff Shawn McCagger, saying both will continue

to do good work for the county.

"I, along with this board, look forward to working with you in the coming year," Forsythe said.

Forsythe said he did not know Engle well previously, despite both being from Lisbon, but throughout the year and through many conversations he quickly learned what an asset Engle would be to the county.

"I wanted to introduce him to the people of our group and let him know that we've got his back," Forsythe said.

"They will do an outstanding job. I've been impressed with both of them," he continued.

Though focused on the present, Forsythe also spoke to the future of the county and local politics, calling on younger generations to engage in politics.

That notion is not a new one for the Forsythe family, with the chairman's son Hunter Forsythe officially taking his seat on the Lisbon Town Board.

"We were able to attend his swearing in and it was a very proud moment for our family," the chairman said.

He went on further, encouraging the public to get involved locally and to engage with community leaders to find the best path forward for the North Country.

Forsythe said he looks forward to the year ahead and is hopeful the legislature will be able to continue to better the county in the months ahead.

ONNY nears fundraising goal for season

BY ADAM ATKINSON
North Country This Week

POTSDAM — The Orchestra of Northern New York is in the process of raising funds for its coming season of performances and is now at 82 percent of its goal with \$113,406 raised.

And, there is still time to chip in to help and donate to the region's only professional symphony orchestra.

"Bringing live, orchestral music to this rural region is a labor-intensive and expensive undertaking. ONNY's budget this year is \$203,555 for just four concerts," said ONNY executive Director Kathy Del Guidice.

"Artistic fees and travel paid to the wonderfully talented musicians who perform for you along with

other concert-related expenses represent 50% of the budget," she said.

"Ticket prices to cover our expenses would have to be astronomically high for this region. The North Country market could not bear a \$50 or \$75 ticket, and the orchestra would fold. Donors, willing to share their resources, are the lifeblood of the Orchestra. We are grateful beyond words for their support which keeps ticket prices affordable," Del Guidice said.

The executive director said that ticket sales and contract fees only generate 19% of the revenue needed to produce a season.

Fundraising, which keeps ticket prices affordable and subsidize discounts for seniors, military, healthcare workers, and first responders, accounts for 67% of ONNY's revenue, she said.

So far the \$113,406 raised thus far is coming from a variety of sources. Del Guidice said \$48,444 in individual contributions, \$375 in music contributions, \$3,337 in advertising, \$6,250 in outreach income, \$15,000 from the Northern New York Community Foundation and \$40,000 from the NYS Council on the Arts make up the amount raised to date.

Del Guidice said ONNY will start its business fundraising campaign soon to help raise more.

There is still time to help by donating to the Orchestra and its mission and bring them from 82 percent to 100 percent of their goal. To donate online visit <http://tinyurl.com/5da72ksk>.

Contributions can also be mailed to: ONNY, PO Box 488, Potsdam, NY 13676.



Stacey Tarbox | Submitted

Nature at its finest

'Winter beauty in Potsdam,' said Stacey Tarbox who took and submitted this photo.

Deputy town supervisor named

CANTON — Councilman Jim Smith will continue his role as deputy town supervisor following his reappointment at Thursday night's organizational meeting of the Canton Town Board.

Other appointments included Linda Casserly as Historian, Michael McQuade and Erik Johnson as Fire Wardens, and Ian McKellar as Planning Board Chairperson.

Regular Board meetings will continue to be the 2nd Wednesday of each month at 6 p.m. in the Canton Municipal Building boardroom. Joint meetings are scheduled for Jan. 24, April 24, July 24, and Oct. 23 at 6 p.m. in the municipal building courtroom.

North Country This Week and Watertown Daily Times were designated official newspapers.

The official bank depository will be Community Bank.

Mileage increased from 65.5 to 67 cents per mile to stay in alignment with IRS rates

Procurement policy passed with added verbiage regarding an increased spending limit for highway superintendent.

The following contracts were approved:

- Pease and Gustafson, LLP - town attorney retainer
- Roemer, Wallens & Mineaux - labor relations retainer
- Gray & Gray CPA agreements
- Buchan & Sutter, P.C., renewable energy retainer.

NORTH COUNTRY THIS WEEK

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Arthur L. "Art" Robinson, 91

Louisville

LOUISVILLE -- Arthur L. "Art" Robinson, age 91 of Louisville, NY, passed away on Friday, December 29, 2023, in Lakeland Florida, he died peacefully with his family by his side.

Art was born on April 28, 1932, in Massena, NY, the son of the late Arthur T. Robinson and Katherine (Sutton) Robinson.

He grew up in Massena, and attended Massena schools, working on his grandfather's farm.

He enlisted in the United States Army during the Korean War as a machine gunner/paratrooper with the 82nd Airborne Division and was wounded in action and awarded the Purple Heart.

He married Doris (Yvonne) Duquette on February 11, 1956, and together they raised their five children.

He worked as a forklift operator at the Reynolds Metals Aluminum Plant in Massena and retired in 1991. He spent his winters in Florida.

For hobbies, he liked to play online games, bongo drums, solitaire, shut the box, and ladder ball. He also was an avid woodworker.

Brian Paul Davis, 62

formerly of Potsdam

POTSDAM -- Brian Paul Davis died unexpectedly on Tuesday, December 5, 2023.

He was born on February 19, 1961 in Massena, New York to Parley and Constance Bryant Davis.

At the time of his death, he was employed at Cornell Dubilier Electronics in South Carolina.

Brian is survived by his wife, Karen; his daughters, Katelynn Davis and Rachel Weaver; as well as by his mother, Constance Leach; brothers, Randy (Kelly) Davis and Kevin Davis, his sister, Diane (Darren) Mitchell and a stepsister, Christine (Patrick) Patell. He is also survived by his grandchildren, Ausley Kirschner, Riley and Jacob Weaver, and Angela (Joshua) Siquin; several aunts, uncles, cousins, nieces, and nephews.

Brian was predeceased by his father Parley.

There will be a private celebration of life at the convenience of his family.

He will be laid to rest in the West Stockholm Cemetery.



Arthur Robinson

and a loyal Syracuse basketball and football fan. Art loved camping, boating, fishing, and spending time with family and friends.

Art is survived by a daughter, Donna Chartrand of Lakeland FL, daughter-in-law, Sandra, son, Greg and Carleen of Lakeland FL, son, Martin and Allison of Madrid, NY, and son, Earl and Karen of Dexter, NY and his many grandchildren, nieces and nephews.

Arthur was predeceased by his wife of 64 years, Doris in 2020, a son, Ronald Robinson along with brothers, Herbert, Earl, and Robert, sisters, Ruth, Erma, and Anita.

Burial to take place in the spring with full Military Honors at the convenience of the family.

Memories, condolences, and pictures may be shared with the family by visiting www.PhillipsMemorial.com.

RECENT DEATHS

ISIS MELHADO, 98, Canton. Arrangements with Lawrence Funeral Home, Canton.

ROBIN RATHBUN, 62, Gouverneur, Dec. 28. Arrangements with French Funeral Home, Gouverneur.

TERRY MOREHOUSE, 66, Potsdam, Dec. 31. Arrangements with Lawrence Funeral Home, Canton.

MARLENE BOPREY, 85, Norwood, Jan. 1. Arrangements with Buck Funeral Home, Norwood.

PORTIA BUSH, 96, DeKalb Junction, Jan. 1. Arrangements with Green Funeral Home, Gouverneur.

MARION HUNTER, 89, Cranberry Lake, Jan. 3. Arrangements with French Funeral Home, Star Lake.

ROGER SMITH JR., 34, Parishville, Jan. 3. Arrangements with Hammill Funeral Home, Winthrop.

HOWARD RUTHERFORD, 91, Madrid, Jan. 3. Arrangements with Phillips Memorial Home, Madrid.

BERNADINE PECK, 96, Nichols/Potsdam, Jan. 4. Arrangements with Hammill Funeral Home, Winthrop.

CHARLES FARRELL, 79, South Colton, Jan. 5. Arrangements with Buck Funeral Home, Colton.

JAMES LARUE, 77, DeKalb, Jan. 6. Arrangements with French Funeral Home, Gouverneur.

ETHEL FOOTE, 100, formerly of Canton, Jan. 8. Arrangements with Lawrence Funeral Home, Canton.

OBITUARIES AND death notices are posted as soon as they are available at NorthCountryNow.com/obituaries

SUBMITTING OBITUARIES: Families now have the option of publishing obituaries in North Country This Week -- ask the funeral home to submit the obituary for publication in the paper as well as on NorthCountryNow.com. For more information or to submit an obituary for a former St. Lawrence County resident, email obituaries@northcountrynow.com or call 315-265-1000 ext. 33.

Keep INFORMED!
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LEGAL NOTICES

Howard A. Rutherford, 91

Madrid

MADRID, NY: Howard A. Rutherford, 91, passed away with his family by his side after a lengthy illness on Wednesday, January 3, 2024.

Howard was born to the late Dewitt and Christine (Morris) Rutherford on April 20, 1932 in Madrid, NY.

He attended Madrid schools and then enlisted in the United States Army and served honorably during the Korean Conflict.

He served in the 11th Airborne Division (The Angels) as a paratrooper specializing in parachute assault operations, and was stationed at US Army Sheridan Kaserne in Augsburg, Germany.

He returned home and worked as a contract employee during the St. Lawrence Seaway Project until 1959.

He also worked for the Tree Preservation Company, St. Lawrence County Soil and Water Conservation District, and then later went to work at Madrid-Waddington Central School District as a bus mechanic, retiring in 1995 after 28 years of service.

After serving in the army, he developed a passion for flying. He took flying lessons from his friend and flight instructor Clarence Petty at the Potsdam Airport and pur-

chased an Aeronca single-engine 2-seater airplane.

Many family members and

friends have fond

memories of tak-

ing to the skies

with him to see

the Madrid area

from a different

perspective!

He also loved gardening, fishing, hunting, beekeeping, being outdoors cutting wood, and making maple syrup "liquid gold" at his sugar shack. He took great pride in producing the purest maple syrup.

Howard is survived by his loving children, Irene (Leland) Oshier, Christopher (Shirley) Rutherford, Thomas (Carrie) Rutherford, Daniel (Nicole) Rutherford, Robert (Christine) Rutherford and John (Jennifer) Rutherford. Howard is also survived by his grandchildren; Christie, Gregory, Adam, Emily, Evan, Noah, Ethan, Cooper, Gianna, Luke, Kara and Chloe and great-grandchildren Carson, Sophie and Leo along with a brother Morris Bruce Rutherford. He is also survived by brothers-in-

Howard Rutherford

and their families in Germany, along with several nieces, nephews and cousins.

He is predeceased by his wife of 63 years, Elisabeth, who he met while stationed in Germany and who passed away November 10, 2023. He was also predeceased by a daughter Lori Ann in 1969, his sisters and brothers-in-law; Doris (Harry) Williamson, Beverly (Robert) Irving, Noreen (Robert) Seaman and sister-in-law Barbara Rutherford.

The family is thankful for the compassionate care that he received at Ogdensburg Family Practice, Claxton-Hepburn Medical Center and Hospice of St. Lawrence Valley.

Per Howard's wishes, there will be no calling hours or funeral services.

There will be a private graveside service held at the convenience of the family at a later date in Madrid Cemetery.

If you wish, donations can be made to Hospice of St. Lawrence Valley; 6805 US Route 11, Potsdam, New York, 13676 or Madrid Fire Department; P.O. 69 Box, Madrid, New York 13660 in his memory.

Family and friends are encouraged to share memories, online condolences and photos of Howard by visiting www.PhillipsMemorial.com

Paula J. Gray, 69

Helena

HELENA, NY -- Paula J. Gray died at her home here surrounded by her family on Wednesday, January 3, 2024. A Mass of Christian Burial will be held at 10:00 am at the Church of the Sacred Heart with Rev. Mark Reilly officiating.

Burial will be held in St. Patrick's Cemetery in Hogansburg, NY in the spring at the convenience of the family. Friends and family may call at the Phillips Memorial Home, in Massena located at 64 Andrews Street, from 4:00 pm to 7:00 pm on Tuesday, January 9, 2024.

Born December 7, 1954, Paula Jean Derouchie was the second oldest of five children of the late Paul and Jean Derouchie of Brasher Iron Works.

She attended local schools, graduated from St. Lawrence Central High School in 1973, and after school received a certificate from the Massena School of Business.

She worked for many years with public accounting firms in Potsdam and Massena, most of those with Dragon Benware Co. She went on to work at the St. Regis Mohawk Tribe as a senior accountant for 17 years, where she made many lasting and meaningful friendships.

She is also survived by three sisters, Christine and John Gray, Colton, Noreen Bouchard and Jeffrey Covell, Parishville, and Valerie

In 1980, she married her longtime love Gerald J. Gray of Helena. They built a lovely home on the Deer River in Helena and set about raising a family of five children, who survived her, along with three grandchildren.

Jerry predeceased her in 2021.

Paula was a very proud mother to Stephanie and Justin Williams of Schenectady, Matthew and Trisha Gray, of Brasher; Nicholas Gray of Oswego and his significant other, Jessica Mashewske; Andrew Gray and his fiancée, Niccee Harris of Helena; and Christopher Gray, of Helena, and his significant other, Carli Cartier; as well as her three grandchildren, Avery Williams of Schenectady, Lucian Gray and Andre Gray of Brasher.

She attended local schools, graduated from St. Lawrence Central High School in 1973, and after school received a certificate from the Massena School of Business.

She worked for many years with public accounting firms in Potsdam and Massena, most of those with Dragon Benware Co. She went on to work at the St. Regis Mohawk Tribe as a senior accountant for 17 years, where she made many lasting and meaningful friendships.

She is also survived by three sisters, Christine and John Gray, Colton, Noreen Bouchard and Jeffrey Covell, Parishville, and Valerie

Master's Degree in Education at St. Lawrence University.

Vicky worked as an eighth-grade science teacher for over 30 years.

Her last teaching position was at Brasher Falls Central Middle School from September 1986 to June 2014.

She was well respected by the faculty and admired by her students. She belonged to the St.

Lawrence County Science Teachers Association and the NYSUT Teachers Union.

In her spare time, she enjoyed socializing with friends, family vacations, watching movies, great food, and anything to do with water activities.

Family, friends, and colleagues are welcome to share stories, photos, and condolence online, by visiting www.PhillipsMemorial.com.

Victoria J. Belfy, 69

Massena

Victoria was preceded in death by her sisters, Celeste Johnson, Pauline Belfy, and brother, Ralphie Belfy.

Vicky was born on July 24, 1954, in Ogdensburg NY, a daughter of the late Ralph and Elizabeth (LeClair) Belfy. She graduated from Ogdensburg Free Academy, Class of 1972, and continued her education at SUNY Canton with an Associate's Degree as a Laboratory Technician and worked in Houston, Texas as a laboratory technician before attending Eastern Kentucky College where she earned a Bachelor's Degree followed by a

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St. Lawrence County extends state of emergency related to migrant crisis

CANTON -- St. Lawrence County has once again extended the county's state of emergency, which was first declared last May.

The extension now means the state of emergency will run until at least February 4, at which time county officials will once again

assess the ongoing situation and decide whether to extend the state of emergency for an additional 30 days.

County officials have said in the past that the state of emergency was put in place to address concerns surrounding the ongoing migrant crisis in the state.

St. Lawrence County shares 75 miles with Canada, which some officials say poses a risk of migrants crossing to seek shelter in the state.

County officials say St. Lawrence County consistently ranks in the state's top ten most impover-

ished counties in the state, saying the county is "ill-equipped" to meet the potential needs of migrants.

Local officials have also voiced numerous concerns, saying municipalities are unable to properly care for everyone in need currently while noting an influx of migrants would exacerbate the existing situation.

Most recently, Massena faced two potential influxes with the owner of the Quality Inn Hotel attempting to persuade New York City officials to send migrants to Massena, along with Massena International Airport being considered for housing migrants as part of a list by the Department of Homeland Security.

The hotel, which has a 40% occupancy rate according to owner Gary Melius, previously owed St. Lawrence County over \$386,000 in back taxes and was nearly foreclosed upon by the county as a result.

Payment for the back taxes was received in August, however according to St. Lawrence County Attorney Steve Button the back taxes were paid by the lien holder and not Melius himself.

Button said the move by the lien holder to pay the back taxes on Melius' behalf was likely done to protect the asset and could be the first step towards foreclosing on the property.

Massena village officials also spoke to the situation in August and September, saying "it would never happen."

"I think if you ask everyone if we had the resources, my god, yeah, we'd do it with open arms. We don't and I think what a lot of people forget is we do have migrants in this community. They come across the northern border. If you don't think we do, you're turning a blind eye. They're already here. This county has over 200 people that are homeless, and we struggle even to help them. I'm very confident that the

state government's aware of that," Mayor Greg Paquin said previously.

Paquin also pointed to the village code, saying that if the state did attempt to house migrants at the hotel, it would be in direct violation of village code.

Boarding houses are not allowed under village code, Paquin said.

"If they house them here, that would make the hotel a boarding house. That is not allowable under our code, so unless the state wants to override our code, it's just not going to happen," Paquin said.

As for the airport, city officials first spoke about the possibility of placing migrants at that location in September, raising concerns in the community.

News of the possible plan broke on Aug. 29 with a CBS News story that included a list of 11 sites in consideration to house migrants who illegally entered the country and are now housed in New York City. The list was provided to city officials by the Department of Homeland Security. No official action has yet been taken.

At the time, Town Supervisor Sue Bellor said the town was left completely in the dark and had zero communication with the state regarding the situation.

"We have not been communicated with in any way. We have yet to hear anything from state officials regarding the situation. It makes me wonder if they have done their due diligence and actually researched what the airport has to offer. There certainly are no living quarters or housing options there," Bellor previously said.

Bellor elaborated further, saying the hangers at the airport are small in size and almost all are rented for small aircraft storage.

When considering locations for housing migrants, Bellor also questioned if state and federal officials had sat down to lay out the options available to the state.

CHMC plans public forum to discuss facility transition

BY JIMMY LAWTON
North Country This Week

OGDENSBURG - Claxton-Hepburn Medical Center officials will hold a public forum for those looking to learn more about the transition to a critical access facility.

The meeting will be held at 4:30 p.m. at the Ogdensburg Elks Lodge Jan. 18.

The news comes on the heels of a recent announcement from CEO Richard Duvall that CHMC is now under management of Carthage Area Hospital as part of the North Star Alliance.

"We are pleased to provide an update to the North Star Health Alliance strategic plan. This past summer we shared information with the public that included shared services with Carthage Area Hospital and Claxton-Hepburn Medical Center, the CHMC hospital campus conversion to critical access and the creation of a standalone mental health hospital," a recent announcement from the hospital said.

Duvall explained that the most recent update involves outpatient services at Claxton-Hepburn Medical Center (CHMC) and Carthage Area Hospital.

He said the New York State Department of Health has granted approval for the first phase of the Critical Access Transition, which involves a strategic shift in the

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“ STUDENT TESTIMONIAL

Tai Chi with Master Sean has helped me with arthritis and balance and is helping me to recuperate from two major surgeries. His sense of humor and encouragement make Tai Chi class fun!

-Linda

“ STUDENT TESTIMONIAL

I am so grateful for this opportunity to join. I have been able to do movements that I have not been able to do for years. I enjoy every class and highly recommend trying it. I am sure once you try, you will enjoy it as much I do. Thank you, Master Sean.

-Ranny

“ STUDENT TESTIMONIAL

I joined North Country Tai Chi while living in the North Country, and Master Sean's excellent teaching and the practice helped me maintain health and focus during a stressful time. When I moved away I was very sad to leave the school behind. However, when the pandemic started Master Sean was quick to move classes online - and I could join in again! I am grateful to have access to the school once more, and the online resources are very helpful.

Anne

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Submitted

From left Schyler Oakes, David Valeske, Michael Bernard, Jennie Hutton, Ciara Spicer, and Olivia Goodrow are shown with their 'Isabella Graham Hart School of Practical Nursing' pins which exemplifies their completed coursework and clinicals. The group of LPNs graduated Dec. 15.

Local residents earn nursing degrees

CANTON — The second class has graduated from the Isabella Graham Hart School of Practical Nursing.

Their official ceremony was held on December 15, 2023 at the Fairfield Inn.

Michael Bernard, Olivia Goodrow, Jennie Hutton, Schyler Oakes, Ciara Spicer, and David Valeske spent the last 10 months attending the school located in The Quarry building on Elm Street in Potsdam, and have earned their Licensed Practical Nurse (LPN) degrees.

The LPN school is operated through the efforts of St. Lawrence Health (SLH) and its parent system, Rochester Regional Health.

St. Lawrence Health President Donna McGregor stated she and the whole of SLH are extremely proud of the recent graduates.

"It's not every occupation where you make a difference in someone else's life on a daily basis. Nursing is more than a career title, it is a combination of education, training, and inner being. It is also a line of work where you never stop learning," McGregor said.

SLH Chief Nursing Officer Lisa Lougheed pointed out the LPN program continues to offer an excellent opportunity for individuals to further their education locally.

"The IGH School of Practical

Nursing enables our own team members from throughout St. Lawrence Health, along with area residents, to grow into a professional development career track to become an LPN," Ms. Lougheed said. "We have another group of students who will graduate this coming June, which will produce an additional six LPNs to support our community."

To learn more about the nursing program, visit <https://stlawrencehealthsystem.org/education/igh>. To learn about being a St. Lawrence Health nurse, visit <https://www.stlawrencehealthsystem.org/nursing>.

American Legion Post 68 has donated \$500 to the Norwood Norfolk Raymondville Outreach Program. The funds will be used to support the program, which provides food to families in need throughout the holiday season. The Post and Songs of the Legion provided matching funds for the program.

Blue Knights donation

POTSDAM -- The Potsdam Humane Society has received a dona-

tion from the Blue Knights Chapter 27, based in Watertown. Tim Rivers of the Blue Knights was unhand to present the donation to Potsdam Humane Society Manager Karissa Bertrand.

SUNY Potsdam gears up for total solar eclipse April 8

BY ADAM ATKINSON
North Country This Week

POTSDAM — Various organizations, local government and the region's universities are already gearing up for the total solar eclipse slated on April 8 and SUNY Potsdam is no exception.

The college plans to rent rooms to visiting umbraphiles who will be in the region to view the celestial event which will culminate perfectly over the North Country in a path of totality.

The rare occurrence will mark the first time Potsdam has ever been in the direct path of a total eclipse and the April 8 event will be the last time the U.S. will see another total eclipse for more than two decades.

The college plans to make some of its spare dorm rooms available from Friday, April 5 until Wednesday, April 10 for those visiting the region for the event.

The rooms, all in Knowles Hall North, will cost \$60 per night, in cash or check.

"The amount charged will cover the expenses for the event, including prepping and cleaning the space before and after the event," said Joshua D. McLear, SUNY Potsdam associate director of residence life.

The rooms will contain the typical dorm furniture, two twin extra long beds, two desks, two closets and access to shared bathrooms on each floor. Those renting must provide their own bedding.

Check out time is noon.

Those interested in a room rental can fill out an application online at <http://tinyurl.com/mr3nm7ne>.

The application page clarifies that those filling out the online form are not guaranteed a reservation. Confirmation will be emailed out.

Potsdam alumni will be given priority for available rentals, the college said.

Grants to assist food banks

CANTON -- Six St. Lawrence County Community Development Program Neighborhood Center food pantries will be supported with a \$4,000 grant from the Northern New York Community Foundation.

The six pantries are based in Neighborhood Centers located in Canton, Colton/Pierrepont/Parishville, Gouverneur, Massena, Ogdensburg, and Potsdam.

Officials with the Community Foundation say since Sept. 2022 the pantries have combined to help an average of 647 families per month, cumulatively serving more than 2,000 St. Lawrence County households.

Funds from the grant will be used "to purchase healthy foods to aid the most vulnerable individuals and families during a particularly challenging time of year."

"As our work in St. Lawrence County continues to grow, we see this as an important way of helping address essential needs

and supporting the organizations working to alleviate them," said Rande S. Richardson, Community Foundation executive director. "Strengthening the resources of food pantries has always been a core part of our annual grant making and a way to broadly impact the community."

The St. Lawrence Community Development Program reports that the county has an overall higher percentage of food insecurity than national and state averages.

Overall, in St. Lawrence County, 13.5 percent of the population, or 14,509 adults, are classified as food insecure. Child food insecurity in the county is 17.7 percent with 18,808 children considered food insecure.

Nationally, 11.8 of U.S. adults and 16.1 percent of children are classified as food insecure, while 9.6 percent of adults in New York state and 14.6 percent of the state's children are food insecure.

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NORTH COUNTRY OPINION

10 |

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For many communities this month brings a fresh start.

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Editor's Notebook

Jimmy Lawton



For those of you new to the jobs, I wish you well and I appreciate your willingness to serve the public. I also invite you to help us share the work you're doing.

I want to let you know that we can help each other and I look forward to working with you.

You can make North Country This Week a better publication by keeping us in the loop about what

you're doing, what your plans are and what struggles your communities are facing.

We have a small staff that works very hard to cover news happening across St. Lawrence County, but it's not easy. With instantaneous news cycles, 32 towns and villages in St. Lawrence County and 18 school districts in our region it's truly an impossible task, we'll always have room for improvement here.

In recent years there has been an unfortunate move by government and school organizations to use social media to share news rather than sending it to the local news organizations.

While platforms like Instagram and Facebook can be great, if you look at the traffic you'd find that you're reaching very small niche circles. Mind you, there is value in that, but undoubtedly your message would have further reach if

you shared it with us as well.

I'm asking our public officials, schools and community groups to buck that trend.

Share your news with us, so we can share it with others.

Let us highlight the work you're doing, let's make it reach more people.

I extend this offer further to our viewers as well.

Over the years we've been asked many times about our ability to cover sports. The reality is that it is a monumental task because of the number of communities we cover.

That said athletic directors, parents and those attending games can help us share some of those achievements.

If you send us photos from these events or call us with stories of successes we'll do our best to share them.

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I'm asking public officials, schools and community groups to buck that trend. Share your news with us, so we can share it with others.

from the public sent to us, just make sure you cite your sources and keep them within our 400 word limit.

If you're a public employee looking to share news and you're taking the time to post it to social media, consider shooting it to us as well. Those few extra minutes could help you reach thousands of more viewers.

You can send your news and photos to news@northcountrynow.com. If you're sending photos please include some basic information, like who is in it, where it was taken and when.

Include some contact info so we can properly attribute the photo credit and give us a number so we can follow up with questions.

We appreciate the help and we hope you give it a shot.

Jimmy Lawton is news editor of North Country This Week and NorthCountryNow.com

LETTERS TO THE EDITOR

Red Kettle campaign a success

Once again through the generosity of our local community, the 2023 Potsdam Salvation Army Red Kettle Campaign was a great success.

We would like to thank all the organizations, teams, families and individuals who volunteered as bell ringers. Your time and dedication were instrumental in helping us achieve our goals.

Thank you to our local merchants - IGA, Price Chopper and Walmart - that allowed us to have volunteers at their locations throughout the season.

Finally, we want to thank all who made donations throughout the Red Kettle Campaign. The generosity of our community has been overwhelming.

Through the kindness of our North Country friends and neighbors we raised over \$13,000, which will go to help those in need in our community. Thanks again to all who participated in some way for your support.

Kate Mikel
Volunteer Coordinator
Salvation Army Red Kettle Campaign

Views expressed on electric vehicles

To add to the discourse on electric vehicles by Ron Shirtz and Scott Shipley, Dec 18th and 15th, I'd like to take a middle position that discusses the strengths and weaknesses of electric vehicles in a

nuanced manner.

The typical EV has a range of 110 to 300 miles per charge. While they certainly aren't for everyone, families whose primary daily commuting needs are a 10 to 12 mile hop from say, Potsdam to Canton, or Rensselaer Falls to Canton will likely find a lot to love from an EV. As mentioned in prior letters to the editor on the subject, EVs battery charges a rate of 2 to 5 miles per hour charged, at a cost of \$0.95 per 25 miles of driving.

Assuming that a family is able to charge their car for at least 10 hours a day, it's not unreasonable to assume that the example family mentioned earlier who commutes around 20 miles total per day could easily keep their EV battery fully topped off, at all times.

Additionally, the average cost to charge an EV at a gas station is around \$10 to \$30, and can potentially achieve that charge as quickly as 20 to 30 minutes at a fast charge station, or up to 8 hours via a more conventional commercial charger.

These restrictions are in fact limiting, and do require EV users to modify their driving habits.

Most EV users tend to bring their car back up to max charge after every use, rather than refilling only at low tanks the way drivers of gas cars typically do.

They also make EV cars better suited for light to moderate daily commutes, and not suitable for longer commutes or long trips.

That being said, there are many families in the North Country who live in, or near enough to their

workplaces for an EV or hybrid vehicle to make a lot of sense in terms of fuel savings.

And for those whose commuting needs would not be well served by an EV, that's okay too!

All I ask from them is to know the facts, and to keep a nuanced perspective on the issue.

Willow Shirtz
Canton

Humble appreciation for acts of kindness

United Helpers Rehabilitation and Senior Care-Canton, wishes to express our humble appreciation for the many acts of kindness and generosity this holiday season.

Special thanks to the Kinney Drugs Potsdam and Canton stores for the Santa for a Senior program which provided many wonderful gifts to our residents.

We would also acknowledge the many veterans' groups for their gifts and monetary contributions.

Additional thanks go to the church and community program and the Knapp station church for their gift baskets, the local school systems for the cards and handmade crafts, community members who made donations of homemade blankets as well as their time to make the holiday season bright, and to the community in general for their generosity to the residents of United Helpers.

Happy New Year to all.

**Patience Boswell, Activities Director,
Lauren Martinchek,
Activities Leader**

LETTERS TO THE EDITOR of North Country This Week are welcome and should be 400 words or fewer and are subject to editing. They can be e-mailed to Letters@NorthCountryNow.com, faxed to 315-268-8701, mailed to P.O. Box 975, Potsdam, NY 13676 or dropped off at our new office location, 4 Clarkson Ave. in Potsdam. North Country This Week does not independently check all facts and figures presented in letters to the editor.



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NCNOW SURVEY



Debbie Morgan | NCTW

NCNow Survey

Do you support a new law banning some hunting and fishing competitions in NYS?

GOVERNOR KATHY Hochul has signed legislation that largely outlaws some hunting and fishing competitions in an effort to curb 'the wasteful taking of certain wildlife.' In a press release issued by the governor's office, Hochul said the legislation targets contests, competitions, derbies and tournaments held for prize money or entertainment. The new regulations will go into effect in November 2024. Do you support a new law banning some hunting

and fishing competitions in New York State?

TO TAKE THE CURRENT SURVEY, visit bit.ly/3tKzzGu.

THIS WEEK'S QUESTION: Do you support moving a number of local elections to even-numbered years?

The NCNow Survey is an unscientific poll of visitors to NorthCountryNow.com who choose to participate.

NORTH COUNTRY COMMUNITY

JANUARY 12 - 18, 2024 | NORTH COUNTRY THIS WEEK

| 11



Photo submitted

Jack Vaisey and Evan Stone have launched a new YouTube channel detailing local folklore and hauntings.

Paranormal investigation show focuses on local lore

BY ADAM ATKINSON

North Country This Week

OXBOW — An online show featuring the sites of local folklore, history, hauntings, suspected cryptids and other phenomena is gaining popularity.

Popular TikTok Live paranormal investigator Jack Vaisey from Massena has teamed up with L.A.-based digital creator Evan B. Stone for a new show titled "SVC Explorers Of The Unknown."

And, the first few episodes online, focusing on the small historical community of Oxbow, are getting some attention. The channel has racked up 2,350 subscribers and more than 18,000 views thus far and some established networks have taken notice, Vaisey said.

Visit the channel at <https://www.youtube.com/@SVCEExplorersOfTheUnknown/videos>.

Vaisey, a former videographer for Channel 7 covering Section 10 sports, has garnered a following for his TikTok paranormal investigations over the last few years. This time he has teamed with Stone who has worked as a director of photography and creator on programs such as Expedition Unknown, Destination Truth, Naked & Afraid, Finding Bigfoot, Exped X and Ghost Nation.

Explorers of the Unknown offers high end production quality on its episodes thus far as the stories unfold of the pair researching the history of Oxbow and its local lore. Drone footage, handheld camera work from Stone, dash cams and a first person documentary style combine to tell stories about the small and old community of Oxbow where Catherine Bonaparte, a princess of Spain and Napoleon Bonaparte's niece is buried. The historical little hamlet features some of the oldest buildings in the North Country with centuries of history at this point.

Vaisey believes the community is a perfect backdrop for a deeper dive into the local folklore which includes Bonaparte's life, the Underground Railroad, old stone houses and yes, ghosts.

"There are two bridges there and stories about the ghost of a lady in white that walks the bridge. And, we think it's Caroline Bonaparte," Vaisey said. The content creator said he and Stone are interested in Bonaparte's history of helping ferry escaped slaves along the Oswegatchie River in Oxbow as part of the Underground Railroad network and how that might explain the bridge sightings.

"It's just a really cool story and we want to cover it," he said.

"Within Northern New York there is a lot of opportunity for the paranormal," Vaisey said.

The video episodes and accompanying review videos posted thus far range in length from around 10 minutes to about 50 and Stone and Vaisey are planning about 20 episodes overall. New content is posted on Fridays.

For more information about Explorers of the Unknown visit <https://linktr.ee/thesvchronicles>.

Live jazz concerts planned at UU church

CANTON — The Unitarian Universalist Church in Canton serving the North Country is hosting Winter Jazz Nights with a Coffee Bar on Friday, January 12, February 16, and March 15 from 6:30-8:30 p.m.

The group, called 4 All You Know, is local musicians John Danis on an electric wind instrument and vocals, the Rev. James Galasinski on bass, Steve Manders on drums, and Tim Savage on piano.

The quartet will play two sets of jazz music by Herbie Hancock, Miles Davis, Stan Getz, and other legendary jazz artists spanning the jazz history timeline from Swing, Bebop, and Cool jazz to Latin and Fusion.

It was John Coltrane who said, 'My goal is to live the truly religious life and express it through my music.' I believe, "jazz and blues confront despair and suffering and create joy in the process. Jazz is a unique art form

because it's about the present moment. We can't go back and fix things, so the important thing is to be listening to each other. If we are truly doing that, then our mistakes become opportunities," said Rev. Galasinski, Minister of the church.

The coffee bar will include café americano, espresso, decaf coffee, various teas and herbals, and hot chocolate.

All jazz and coffee bar nights are free and open to the public and welcoming to all. Attendees may bring a non-perishable food item to support the Church and Community Program.

4 All You Know will set up in the social room at the Unitarian Universalist Church located at 3 1/2 East Main Street in Canton, across from the village park.

Community Band plans winter concert

POTSDAM — Potsdam Community Band will host its winter concert "A Musical Melting Pot: American Band Music to Warm Your Winter," Sunday, Jan. 21 at 3 p.m. at SUNY Potsdam's Hosmer Concert Hall.

Admission is free, but donations to the now-famous PCB "donation tuba" in the Hosmer Hall lobby are gratefully accepted.

The wide variety of wind band literature to be performed truly represents a melting pot of styles, eras and genres. From music from the movies and TV, to concert marches; from folk songs from the Balkans and the American heartland, to mid-20th century wind band classics.

The concert will feature Claude T.

Smith's march Black Watch and the Symphonic Suite from Star Trek, by Michael Giacchino. Continuing in the "Trek" vein, PCB will be offering a new piece by the American composer Erika Svaneke entitled Where No One Has Gone Before. Another more recent work to be played is a wonderful setting of the American folk song Shenandoah by the African-American composer Omar Thomas.

January 21st's Community Band performance will also include two compositions featuring members of the trumpet section by the 20th Century composer Leroy Anderson. Bugler's Holiday will feature the playing of Paul Buell, Diana Martin and Steve LaMere, while Buell will solo again on the beautiful Trum-

peter's Lullaby. Selections from Carol Barnett's evocative Cyprian Suite will transport you to the Balkans through the magic of folk music of the region.

Fred Steiner's Rocky and Bullwinkle Strike Again! will take many back to carefree days of TV cartoons, and Selections from "Annie" by Charles Strouse brings music from the Broadway musical to life. Finally, a transcription of the orchestral work Juba Dance by Florence Price rounds out the afternoon.

Movie Schedule

JANUARY 12-18

\$10/person; \$7/child
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Matinees: \$7.50 all seats, \$6/child/
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3D films additional \$1.00/ticket

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Night Swim

9:00 pm Nightly PG-13

Anyone But You

7:00, 9:15 pm Nightly R
Sat, Sun, Mon 12:30, 3:00

Mean Girls

6:50, 9:15 pm Nightly PG-13
Sat, Sun, Mon 12:30, 3:00

The Beekeeper

7:00, 9:15 pm Nightly R
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Sat, Sun, Mon 1:00, 3:00

Aquaman & The Lost Kingdom

6:50, 9:30 pm Nightly PG-13
Sat, Sun, Mon 12:20, 3:00

Night Swim

7:00, 9:15 pm Nightly PG-13
Sat, Sun, Mon 12:45, 3:00

The Beekeeper

7:00, 9:15 pm Nightly R
Sat, Sun, Mon 12:45, 3:00

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WHAT'S GOING ON

FRIDAY, JAN. 12

Art trivia night

POTSDAM -- SLC Arts invites the public to its ArtPOP Culture: Trivia Night Fundraiser on Friday, Jan. 12, at its temporary storefront located at 45 Market St. Doors will open at 6:30 p.m., and trivia will start promptly at 7. Organize your group of 1 to 4 trivia enthusiasts and register for \$60 per team. Pre-registration is required, as only 15 teams can be accommodated. There will be prizes and an art raffle. Winning teams will take home prizes. This event is for ages 18+, with a beer/cider/wine cash bar for those 21+. Register at <https://slcarts-council.myshopify.com/products/artpop-culture-trivia-night>.

Jazz night

CANTON - The Unitarian Universalist Church in Canton serving North Country is hosting Winter Jazz Nights with a Coffee Bar on Friday's, Jan. 12, from 6:30-8:30 p.m. The group called, 4 All You Know, is local musicians John Danis on an electric wind instrument and vocals, the Rev. James Galasinski on bass, Steve Manders on drums, and Tim Savage on piano. The coffee bar will include caf? americano, espresso, decaf coffee, various teas and herbals, and hot chocolate. All jazz and coffee bar nights are free and open to the public and welcoming to all. Attendees may bring a non-perishable food item to support the Church and Community Program.

Music workshop

POTSDAM - The New Horizons Bands of Northern NY will sponsor an afternoon of music making on Friday, Jan. 12. Open to Seniors age 55+ as well as New Horizons Band members, the workshop is entitled "Beats, Buckets and Boomwhackers." Dr. Caron Collins, retired Crane School of Music Professor, will lead participants through various types of drumming and focus on the techniques of listening, call response and improvisation. The workshop will be held on Friday, Jan. 12 (snow date Jan. 19) from 1 to 2:30 p.m. at New Hope Community Church, 33 Grant St. Admission is free for New Horizons members and \$10 for non-members. To register, email Diane Mathie at [NewHorizonsNNY@gmail.com](mailto>NewHorizonsNNY@gmail.com) or call Kathy Calcagno at 315-344-7518. 1:00 p.m., - 2:30 p.m., Friday, January 12, 2024. Free for New Horizons members, \$10 for non-members. Diane Mathie at [NewHorizonsNNY@gmail.com](mailto>NewHorizonsNNY@gmail.com). New Hope Community Church 33 Grant St., Potsdam, NY.

Yoga in the Dark

CANTON -- The Canton Yoga Loft invites you to attend a unique yoga experience "Yoga in the Dark!" taught by Lori Dye on Friday, Jan. 12, 6-7 p.m., at 21 Miner St. An immersive yoga flow experience enhanced by aromatherapy & a sound ceremony from the Amazon rainforest. All levels of experience are welcome, register at www.yoga-loft.org.

SAT., JAN. 13

Forest bathing walk

HERMON - Lazy River Forest Therapy will offer its first winter forest bathing walk in a series led by Sarah Pickard, certified ANFT forest therapy guide and reiki master, on Jan. 13 from 1-3:30 p.m. at the Lazy River Playground and Retreat Center, 456 Lazy River Road. Cost: \$20. Register: <https://tinyurl.com/5yjmxwd>, 860-488-1895. Participants will reconnect with nature and sync with the natural rhythms helping to reduce anxiety and stress. Dress warmly with hats, mittens and snow pants if you have them. There will be a warming station and bathrooms available. Snowshoes and walking poles are welcome. Arrive 15 minutes before the walk start time.

Frozen Foote Race

CANTON -- Frozen Foote 2023 Race Series starts Jan. 13. Registration opens at 9:30 a.m. with a starting time of 10:30 a.m. from the circle by Newell Field House on the St. Lawrence University campus. Race fee will be \$10 for the series and \$4 for an individual race. Walkers encouraged to begin early so everyone is off the course before noon. Runners and walkers of all ages and abilities are encouraged to participate. This is a 4 mile out-and-back route along Miner Street Road.

Open mic night

NORFOLK -- An open mic night hosted by the BackWater Duo will be held Saturday, Jan. 13 at 8 p.m. at The Coach Tavern, 3 West Main St. Will focus on performance arts like comedy (sketch or stand-up), music (singer-songwriters, rappers, musicians and karaoke singers), magicians, poets, and spoken word.

Snowshoe hike

CLARE -- The Black River Chapter of the Adirondack Mountain Club will host a Tooley Pond Mountain Snowshoe hike Saturday, Jan. 13 at 11 a.m. Hikers

will meet and park in the parking lot, snowshoe to the further trailhead and complete the 2-mile loop. Afterwards the group will gather at Linda B.'s house in Harrisville for hot chocolate and snacks around the fire pit, weather permitting. Distance: 2 mile loop. Rating Level: C. RSVP: 516-662-5020 or email: lindaburns1008@gmail.com.

Learn about Dr. King

RICHVILLE -- The Richville Free Library is holding a reading and crafting event called "Learning More About Martin Luther King" on Jan. 13 at 10 a.m. at 41 School St. The event is free and for children of all ages but pre-school kids must be accompanied by an adult. Reservations are not required but Nancy Garrand, library manager, requests a text at 315-323-9102 so they can get a head count. Info: 315-287-1481.

Prime rib fundraiser

MASSENA -- The Massena VFW 1143 will host a prime rib dinner to benefit the VFW Rifle Squad on Saturday, Jan. 13 from 3-6 p.m. at 101 W. Hatfield St. First come, first served. Cost: \$17. Includes mashed potatoes, vegetable, caesar salad, rolls, dessert.

MONDAY, JAN. 15

Snow Much Fun

NORFOLK -- "Snow Much Fun for the Little Ones" is being held at Hepburn Library of Norfolk on Monday, Jan. 15, from 10 a.m.-2 p.m. Neighbors Helping Neighbors and the Community Lunch Program for Kids is hosting this free event with cookies, crafts, games and friendly competition. Children can bring home snowman soup when they leave.

TUESDAY, JAN. 16

Gentle yoga

NORWOOD - Gentle yoga with Kathy Wilcox will be offered Tuesday, Jan. 16 at 6 p.m. at Norwood Public Library, 45 N Main St. This class is suitable for individuals at any level of Yoga experience. RYT-200 Yin and Hatha Yoga Instructor Kathy Wilcox will guide you through some gentle, balancing breathing exercises, followed by a seated warm up before transitioning to a gentle flow of standing poses. Class will conclude with a guided meditation. Bring a yoga mat, water bottle, and blocks if you have them. A limited supply of extra mats and blocks will be available for your use. Limited to 8 students. Call (315) 353-6692 to reserve a spot.

Screenwriting class

POTSDAM -- Explore the art of screenwriting with author Craig Thornton. This 4-part online screenwriting series organized by SLC Arts will explore structure, which includes: normal situation, inciting incident, three acts and climax. Other topics will include screenwriting format, character arc and scene analysis. Although the emphasis will be on feature screenplay length (approx. 2 hours), writing for television will be presented as well. Classes will meet via zoom on Tuesdays, Jan. 16, 23, 30, and Feb. 6 from 6 to 8 p.m. Registration is \$65. Register at slccouncil.org/education.

THURS., JAN. 18

Folk art expressions

CANTON -- Join WPBS on Thursday, January 18th at 6:30 pm at The TAUNY Center in Canton, NY for a screening and reception of Folk Art Expressions of St. Lawrence County. Co-hosted by TAUNY (Traditional Arts in Upstate New York), a nonprofit organization dedicated to showcasing the folk culture and living traditions of New York's North Country, the screening will include 5 segments featuring folk culture in St. Lawrence County. Register at wpbstv.org/events. Free admission, refreshments.

LaMora on acoustic

DEKALB JUNCTION -- Andrew LaMora will perform live acoustic music at The Olde DeKalb Hotel, 4348 US Highway 11, on Jan. 18 from 8-11 p.m. Info: 315-302-4200.

FRIDAY, JAN. 19

Exhibit reception

POTSDAM -- An opening reception for the 2024 Potsdam Town Hall Exhibit titled New Work for a New Year will be held Jan. 19 at 5 p.m. at the hall, 18 Elm St. The 2024 Potsdam Town Hall Exhibition Series is developed and curated by Sharon H.J. Cheng, an artist working with SLC Arts through the Creatives Rebuild New York grant program.

VFW fish fry

CANTON -- VFW Post 1231 Auxiliary, Gouverneur Street Canton, will host an in-house dining fish fry on Friday, January 19th from 4pm till 7pm. Price will be \$14.00 per dinner. Menu will consist of (breaded) deep fried fish or oven baked fish, macaroni & cheese or french-fries, coleslaw, roll, and dessert. Take outs will be available by calling Post @ 315-386-8953. Thank you for your continued support of our organization. . Friday, January 19, 2024. , , .

SAT., JAN. 20

Howl Grand Slam

CANTON - The Adirondack Center for Writing and St. Lawrence University will host the Howl Grand Slam at St. Lawrence University on Saturday, Jan 20 at 7-9 p.m. Winning storytellers from this year's slams will compete head-to-head, telling stories in line with this year's theme, Achilles Heel. Admission is a \$15 donation and can be purchased now at <http://tinyurl.com/4c34asx4>. Tickets at the door will be \$20.

Exhibit opening

OGDENSBURG — The Frederic Remington Art Museum announces the opening of its 40th annual Elementary Art Exhibit with a reception on Saturday, Jan. 20, from 2-4 p.m. The reception is free and all are welcome. The exhibition includes work by elementary students from schools throughout the North Country. The 40th Annual Elementary Art Exhibit will be on view in the Museum's Richard E. Winter Gallery through Feb. 24.

Math competition

CANTON -- SUNY Canton will be hosting a Mathematical Association of America (MAA) American Mathematics Competition (AMC) 8 at 1 p.m. Saturday, Jan. 20, in Dana Hall, Room 230. The competition provides an opportunity for middle school students to apply classroom skills to real-world problem-solving challenges in a low-stress and friendly environment. The AMC 8 is a 25-question, 40-minute, multiple-choice examination in middle school mathematics for students in grades 5-8 who are 14-and-a-half or younger (as of the end of January 2024). For those looking to help prepare their child for the AMC 8 competition, SUNY Canton Professor Jiayuan Lin is offering a free review book. Lin teaches mathematics for the college's Canino School of Engineering Technology and is reachable by email at linj@canton.edu.

Mimosa & Make

POTSDAM -- SLC Arts is hosting the class Mimosa & Make: Intro to Watercolor on Saturday, Jan. 20 from 10 a.m. to 12 p.m. at 45 Market St. \$45 per person, ages 21 and older. Register at slccouncil.org/education.

Rabbit Derby

HEUVELTON -- Doug's Tavern Rabbit Derby will be held Jan. 20, with entry time from 2-4 p.m. The event will be a cottontail and snowshoe division. Pre-register at Doug's Tavern, Bradley's Service, Gray's Gun Shop or Waddington True Value. Food raffles, 50/50, DJ. Benefits the Heuvelton Trap Team.

Rock N' Skate

POTSDAM -- Rock N' Skate with the Potsdam Boys' Varsity Hockey team on Saturday, Jan. 20, at Pine St. Arena, starting at 3 p.m. The family fun event is a fundraiser for St. Lawrence Health Center for Cancer Care. Cost is \$5 per person. Skate rentals are available for \$3

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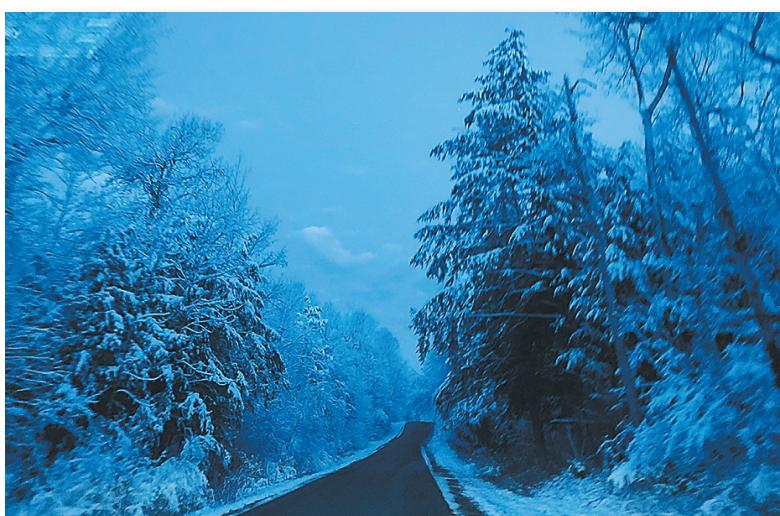
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| 13



Kathy Moulton | Submitted

A female northern cardinal and a squirrel share breakfast during this weekend's snow storm in Stockholm.



Winter at dusk in Pierrepont.

Enjoying a winter wonderland



Cheryl Shumway | NCTW

Above, Snowshoeing on the Higley Falls State Park trails after the first significant snowfall of the season on January 7 are, from left, Carol Rossi-Fries, Potsdam, and Eleanor Menz, Colton.



Cheryl Shumway | NCTW

Pictured at left, Alexandra Jacobs Wilke gives her children Edith and Matilda a push on their sled at Clarkson University on Sunday, after the first significant snowfall of the season hit January 7.



Gaige Murdie | Submitted

In the photo at right, Gaige Murdie of Pierrepont captured this scenic winter photo along the Grasse River in Canton.

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Registration open for youth skiing

COLTON — Registration is now being taken for the youth ski program, aka "Ermines," at Higley Flow State Park.

The Friends of Higley Flow State Park will offer lessons and group activities for youths ages 4-14.

Older youths/teens are encouraged to meet up to go for a ski together.

Ski instruction and activities will be offered Saturday afternoons at 1:00 in January and February, weather/snow permitting. All ability levels are welcome.

To register your family for Winter 2024, please sign up here: <https://forms.gle/7Knj7HowfPyPh1eR8>

This FREE program depends on support from parent volunteers. If you are willing and able to help, please indicate this on the form. Many thanks!

Please note that while ski lessons are offered for free, families must be members of Friends of Higley Flow State Park. Join/renew here: <http://higleyfriends.org/join-us.html>.

A limited number of ski rentals are available at the park for families who don't have their own equipment, available on a first come, first served basis.

'Snow Much Fun' planned at library

NORFOLK — "Snow Much Fun for the Little Ones" is being held at Hepburn Library of Norfolk on Martin Luther King Jr. Day, Monday, Jan. 15, from 10 a.m.-2 p.m.

Neighbors Helping Neighbors and the Community Lunch Program for Kids is hosting this free event with cookies, crafts, games and friendly competition.

Children can bring home snowman soup when they leave.

1. Jan. 6, the 12th day of Christmas.
2. Coca-Cola.
3. An archipelago.
4. Paris, France.
5. A simulated court to give law students a chance to practice what they have learned.
6. Hester Prynne.
7. Almond.
8. 11 pipers piping.
9. Almost 71%
10. Hiroshima and Nagasaki.

A	H	A	B	C	O	B	S	P	O	I
D	A	V	E	H	M	O	S	A	P	P
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Photo courtesy of Norfolk Rod and Gun Club

The Norfolk Rod and Gun Club's Junior Archery Program for ages 4-17 has restarted. From left, Hunter Francis, Collin Earl and Gavin Bertrand practice shooting at the indoor range.

Junior Archery Program underway in Norfolk

NORFOLK — The Junior Archery Program with over 60 participants ages 4-17 has restarted at the Norfolk Rod and Gun Club.

The program runs from January to mid March, on Monday, Thursday and Friday nights.

Each night has its own group of about 20 archers.

The Norfolk Archer's Adult Indoor League also started in January.

Sign ups start in the fall. Check the Norfolk Rod and Gun Club Facebook page for registration information and an email address to contact.

BRIEFLY

Rock N' Skate planned

POTSDAM — Rock N' Skate with the Potsdam Boys' Varsity Hockey team on Saturday, Jan. 20, at Pine St. Arena, starting at 3 p.m.

The family fun event is a fundraiser for St. Lawrence Health Center for Cancer Care.

Cost is \$5 per person. Skate rentals are available for \$3.

Housing Authority to meet

POTSDAM — The Village of Potsdam Housing Authority will meet Jan. 22 at 3:30 p.m. at Midtown Apartments.

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Goldenaires preparing for Singing Valentine season

CANTON — The Goldenaires are preparing their quartets for another day of fun with surprise deliveries of Singing Valentines.

Valentines Day falls on a Wednesday, Feb. 14, this year and the barbershop groups will deliver the singing celebrations throughout St. Lawrence County.

Proceeds are used to provide financial support to graduating high school seniors in St. Lawrence County.

To date, the Goldenaires have

awarded over \$30,000 to local students.

Every high school in our county has had at least one recipient of this award, officials said.

The \$40 cost includes a rose, candy and a song sung by a barbershop quartet.

In the past, they have been delivered to spouses, parents, employees, and others.

Order by calling Vickie at 315-379-9848 or 315-261-9828.

Annual North Country Chili Cook-Off planned in February

The Volunteer Transportation Center Foundation will mark the 25th anniversary of its Annual North Country Chili Cook-Off this February. The event will return in the hybrid format it adopted last February, being offered first at participating restaurants and businesses in Jefferson, Lewis and St. Lawrence Counties and culminating with its in-person event at the Dulles State Office Building in Watertown. Denoting them winner of the People's Choice Award for the tri-county competition. In addition, participating locations will again be able to compete for the Top Fundraiser Award by collecting donations for the Volunteer Transportation Center Foundation. The participating team with the highest amount raised will receive this special recognition.

Winners of both awards will be recognized at the in-person event at the Dulles State Office Building on Saturday, Feb. 24.

"We're excited to be back for what will be our 25th anniversary of this fun community event and crucial fundraiser," said Jeremiah S. Papineau, Director of Communications and Foundation Director for the VTC. "We had great success last year by marrying the restaurant-to-restaurant format we offered during the COVID-19 pandemic with our traditional in-person event. It was the best of both worlds."

The North Country Chili Cook-Off has historically been a one-day event at the Dulles State Office Building, held on the first Saturday in February. However, as Mr. Papineau stated, the event was modified during the COVID-19 pandemic in 2021 to focus on hosting a month-long competition among participating restaurants and businesses in Jefferson, Lewis and St. Lawrence Counties throughout February. That format repeated in 2022 while large gatherings were still frowned upon and, earlier this year, the VTC merged the two formats, with nearly 30 restaurants in the tri-county area participating and 17 teams competing at the Dulles State Office Building.

The restaurant-to-restaurant format started as a way to keep the spirit of our event alive until we got back to our in-person event and as a way to shine a light on local businesses as they were facing challenges brought on by restrictions related to the pandemic," said Mr. Papineau. "It became so popular we decided it made sense to keep that format going as a way to lead up to our in-person event."

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St. Lawrence Health is restarting its volunteer program

POTSDAM -- St. Lawrence Health is restarting its volunteer program and is seeking help from the local community.

Following a hiatus due to the COVID pandemic, hospital officials say it is time to welcome back volunteers to the system's three hospitals.

Volunteers will have many opportunities to participate each week.

"The Volunteer Program is being restarted with a focus on Patient Experience. We are looking for individuals who are interested in assisting with patient rounding at the hospitals and helping to fulfill non-clinical requests. This could include getting warm blankets, visiting patient rooms with a care cart, reading to a patient, or a similar activity that enhances their comfort during their stay with us," noted SLH Patient Experience Coordinator Danielle Caskinett.

Volunteers support the health system in running smoothly and efficiently by helping with non-clinical tasks that afford SLH team members additional time to focus directly on medical and clinical care, officials say.

"Volunteers also provide extra caring support to patients whose loved ones may not be able to be at their bedside as often as they would like," Mrs. Caskinett said.

"We are looking for individuals who want to spend time helping patients to be as comfortable as pos-

'We are looking for individuals who want to spend time helping patients to be as comfortable as possible during their stay in the hospital.'

Daniel Caskinett
Patient Experience Coordinator

process.

As with hired team members, SLH conducts background checks on all volunteers, and assures they have performed their health screening requirements – all at no cost to the

individual.

To learn more about volunteering, visit <https://www.stlawrence-healthsystem.org/join-our-team/volunteers>, where an electronic copy of the Volunteer Handbook is available

for viewing.

Those interested in becoming a volunteer member of a hospital Guild or Auxiliary, will also find information on this web page.



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How seniors can overcome a lack of motivation to exercise

Exercise has its fair share of devotees and millions of others who recognize its value but still struggle to include workouts in their daily routines.

Motivation can be a significant hurdle when it comes to exercise, and recent studies are a testament to that difficulty.

In a 2021 survey from the global fitness brand Orangetheory® Fitness and Kelton Global, 43 percent of respondents indicated they suffered from a lack of motivation to exercise. Lack of motivation can affect people of all ages, including seniors. However, seniors may be uniquely positioned to overcome their lack of motivation to exercise,

particularly if they're retired and have time on their hands.

Seniors who aspire to exercise more frequently can consider these strategies if motivation is an issue.

- Exercise away from home. During the early days of the COVID-19 pandemic, a phenomenon that has been characterized as "basement burnout" developed. That referred to the lack of enthusiasm to exercise at home when gyms and other fitness facilities were forced to close as a public safety measure. Home workouts can become monotonous since most people do not have enough room at home to house the same array of equipment that's available at their local gym. Seniors can overcome monotonous workouts by purchasing a gym membership at a local facility.

- Employ the buddy system. Seniors also can enlist friends and family members to join them when they exercise. Encourage neighbors or friends to come along to the gym for a favored fitness class, or invite friends and family on hiking excursions or daily walks. The National Institute on Aging notes that turning exercise into a social activity is

a great way for seniors to maintain their motivation to exercise.

- Track your progress and celebrate your successes. The NIA touts the benefits of tracking progress when trying to stay motivated to exercise. As exercise efforts pay increasing dividends, seniors may find it's no longer hard to stay motivated. Success can be measured in various ways. Some might aspire to produce healthier blood test results at the doctor's office, while others may hope to lose a few pounds. Celebrate when you achieve your fitness goals.

- Be flexible with your routine. Mobility issues and other physical limitations may affect seniors. But such issues need not prevent aging men and women from exercising, even if it does mean they won't be able to hit the gym four or five days per week. Mix up your routine so you can still exercise even if physical limitations make traditional workout routines more challenging. Go for nature walks on days when your body needs a break from strength-training, and check the forecast so you can rearrange your routine if Mother Nature makes outdoor exercise impossible.

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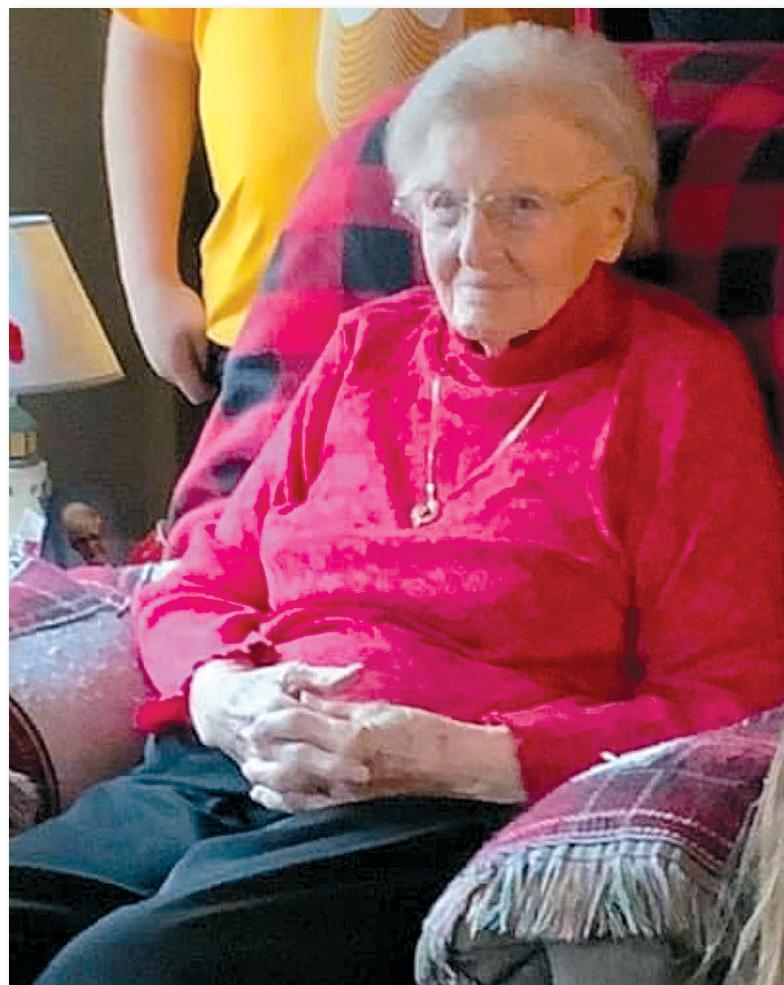
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Abigail Bonno | Submitted

Hermon woman turns 102

Hermon resident Agnes Woodrow turns 102 years old Jan. 8. She worked on the farm growing up and ran a store in Hermon. She loves to spend time with family, including her great-grandchildren.

Seniors can boost energy

Food can be a helpful ally for seniors dealing with fatigue and low energy.

Some nutritious food are:

- Whole grains: Switching refined grains for whole grains is a good way to boost energy. They'll work longer in the body than the more refined options. Swap out "white" products like breads and rices for whole wheat or brown rice.

- While protein does not give the same quick boost of energy as a high carbohydrate meal, it will help fuel the body and keep a person feeling full longer. Chicken, tuna and legumes are some notable protein sources.

- Fruits and vegetables: Berries,

sweet potatoes, dark, leafy greens, and other produce are low-calorie, low-sugar options for snacks and sides that boost health. They're full of fiber and antioxidants that can ward off illness, and they can provide an energy boost as well. Berries and vegetables can be added to smoothies or salads.

- Nuts: Most nuts are a complete package that provide healthy fats, proteins and amino acids that are good for the body. The fiber and carbohydrates in nuts digest more slowly and help provide a steady supply of energy throughout the day. Replace croutons in salads with nuts, or sprinkle some nuts on oatmeal at breakfast.



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How caregivers can alleviate stress

Whether one is a formal or informal caregiver, researchers have long known that caregiving can adversely affect a caregiver's mental and physical health. The AARP Public Policy Institute says 17 percent of caregivers feel their health in general has gotten worse due to caregiving responsibilities. The National Alliance for Caregiving and AARP also indicate older caregivers caring for persons age 65 and older report a higher degree of physical strain.

Caregivers need to put themselves first at times in order to help

avoid health complications that can come from the stress and demand of caregiving. Make use of these caregiver stress management tips, courtesy of the Mayo Clinic and Penn Medicine.

- Ask for help. Figure out ways that others can help out and then be sure to let them know and accept anything that is provided.

- Do the best you can. Every caregiver feels they are not doing enough at some point in time. Do whatever you can manage and know that it is adequate.

- Set small goals. Categorize

responsibilities into smaller, more manageable tasks. Make lists of what is most important and tackle those goals, moving on as needed.

- Reach out to a support group. There are support groups for many different types of needs, including caregiver support. People who are experiencing the same highs and lows as you can offer advice or just be there to listen.

- Find ways to rest and sleep. Many caregivers are sleep deprived. If sleeping has become an issue, discuss potential remedies with your own doctor.

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New year, new...relationship with the deceased

BY KATE FAVARO

Hospice of St. Lawrence Valley

Grief around the holidays is tricky. You may have felt as though people were walking on eggshells around you, fearful to so much as mention the name of the

person who died. Maybe people kept asking how you were, but you truly did not even know how to answer, so you simply smiled and said "I'm ok." until your face hurt. Now you're in a new year, perhaps the first calendar year without the person you're grieving, and you're

entering uncharted grief territory.

This new year may not be the year for a "new you", the challenges of grieving do not make space for this type of change. (As a quick aside, I've always found the idea of "new year, new you" to be confusing. What happens if I, usually,

like who I am, find purpose in my work, and know people love me? Why would I change that?) Rather than trying to change yourself, while trying to adapt to a world without the person who died and grieving, why not change the type of relationship you have with the person who died. If you're looking for ways to have a healthy relationship with a person who died Hospice of St. Lawrence Valley offers the following:

- The death of a person does not erase the relationship that existed. I have a friend whose sister died. When we first met and were discussing family structure she said, "I have two sisters, one is dead." She still considers herself to be a sister to the young woman. I have a relative who simply tells people she has "two living sons and one who is no longer with us," she will forever be the mother to her deceased son. It is ok to still refer to the person who died as your friend, mom, significant other, husband, etc. Who they were to you, whatever title they had, does not change simply because they're deceased.

- Communication with them looks different now. It is ok to still talk to people who are dead. I'll just say that once more: it is ok to still talk to people who are dead! As long as the thin air or picture you're talking to does not start

talking back then you're doing fine. Did you call your mom most days on the way home from work just to talk about the mundane? You can still talk to her during the drive. Find the perfect meme to send a friend who has died? Send it anyways. Communication is different in that it may feel more one-sided, but if it brings you comfort that's all that matters.

- They can still be included in big events. The fact a grandfather did not live to see a grandson's high school graduation does not mean he cannot still have a place there. If possible, place pictures of the person on a special table at the graduation party. Light a candle for those who cannot be at the wedding. Take a moment to acknowledge the grief happening at the same time as the happiness.

Adjusting to a whole new calendar year, one the person who died will never see, is a huge undertaking. Redefining who you are in relation to them is even larger. Rather than working to make a "new you" work to create a connection which brings you comfort. For more information on continuing bonds with people who have died call Hospice of St. Lawrence Valley at 315-265-3105.

Kate Favaro is a C.T. Bereavement Coordinator at Hospice of St. Lawrence Valley.

Keep your brain sharp as you age

Cognitive decline is on the minds of many adults as they get older. Memory loss and trouble processing things can sometimes be a side effect of aging, as Everyday Health says the brain changes in size and structure as a person gets older. These changes can affect how well the brain works over time. Furthermore, illnesses affecting the brain, such as Alzheimer's disease, may start showing their symptoms in people when they've reached their mid-60s, says the National Institute on Aging.

Cognitive decline and dementia are not a certainty of aging. But older adults interested in strengthening their brains may want to consider these strategies.

Address high blood pressure

High blood pressure can increase the risk of heart disease and stroke. Maintaining healthy blood pressure and cholesterol levels is associated with better cog-

nitive function, according to data published in 2021 in the Journal of Alzheimer's Disease.

Use all your senses

Harvard Health says the more senses used in learning something, the more of the brain that is involved in retaining the memory. Studies have shown that images paired with pleasant aromas leads to better recall later on.

Exercise regularly

Staying physically active helps maintain blood flow to the brain, which also helps reduce the risk for hypertension.

Eat brain-healthy foods

According to Cone Health Medical Group, studies show eating fish rich in omega-3 fatty acids, like tuna, salmon and mackerel, decreases risk for cognitive decline. People should avoid saturated fats, trans fats and hydrogenated oils.

Read and write frequently

According to a study in the journal Neurology, regular reading and writing in one's older years reduced the rate of memory decline by 32 percent. Joining a book club or simply reading more on one's own can improve cognition. Similarly, writing improves memory and communication abilities and can help strengthen the brain as well.

Drink healthy beverages

Tea and coffee can improve alertness and focus, as they're rich in polyphenols and antioxidants. A Place for Mom says caffeine in these beverages can help solidify new memories. Avoid drinking sugary beverages and limit consumption of alcohol, as neither boasts brain-boosting properties.

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rate, 2023 89% coverage rate), which has resulted in overutilization of mutual-aid ambulance companies; companies that may see little-to-no financial reimbursement for coverage. Average ambulance response times have increased 5 minutes 13 seconds from 2019, with the longest response time of 2021 being 1 hour and 43 minutes, and the second longest being 1 hour and 26 minutes," the letter says.

The problem isn't new. In recent years Ogdensburg Volunteer Rescue Squad Chief Ken Gardner has been vocal about the shortage of volunteers. He said there are a number of contributing factors which were exacerbated by the pandemic. However, more stringent state regulations, training requirements, the reduction in dairy farms and the need for multiple people to work full-time jobs to support families have made things more difficult for those who traditionally volunteer.

In 2022 St. Lawrence County Emergency Medical Services Advisory Board Chair Mark Deavers and Jonathan Mitchell, County EMS Coordinator, issued a letter to legislators noting the Emergency Medical Service is collapsing due to a lack of volunteers.

According to that letter, most SLC EMS agencies were formed in the 60's and 70's and were largely staffed by volunteers, but volunteerism has declined significantly.

"This trend has been evident in both EMS agencies and Fire Departments across rural America. This can also be seen in the number of people enrolling in EMT classes. In the 1990's and early 2000's, St. Lawrence County would typically run two EMT classes a semester with a combined enrollment of 72. In 2021, the two original EMT certification courses had a combined enrollment of 39," the letter says.

The letter says the state also phased out a program that allowed volunteers to provide advanced level care including narcotic administration, intubation, cardiac monitoring, and advanced level cardiac arrest management.

Legislator David Forsythe has said that he'd like to see a multi-pronged approach to addressing the problem, including cross training for other emergency responders such as police officers who are often first on the scene.

CANTON...

to invest in these areas as well," she said. Nearly five years of work on a major revision to the Town Code law is expected to come to fruition in the near future.

"The proposed updated Canton Zoning Law started as a direct result of the Canton Comprehensive Plan for future growth and development of land use projects. A major change in the code is the map and adding another framework for mixed use allowances. It opens up the zoning areas to make it easier for applicants/developers to apply for a project in a certain area. It still protects rural and agricultural areas of Canton," Ashley remarked.

Also, the solar law is now part of this law instead of being separate. The Code will now be in one place and gives the Code Enforcement Office and Planning Board a consolidated framework and direction when reviewing projects, Ashley noted.

"This venture was a tremendous amount of work that started almost five years ago. I am proud of the due diligence of so many people tackling this long overdue update. Kudos to both past and present town board members, legal counsels, staff, volunteer planning and zoning board members, complete streets task force and sustainability committee members."

Another key issue facing the town board [and village board] is what to do with the Canton Municipal Building.

"Since 2019, the Town and Village have been purposely taking action studying the need for a new municipal building. A lot of progress has occurred with professional studies, jointly purchasing the old McDonald's that is earmarked for demolition, and going back to the drawing board to try to get the cost of a new building down," said Ashley. "We have looked at different properties throughout the village, including the reserve center. It was with hope that this property was going to be decommissioned. Conversations with our federal representatives indicate, at this time, it is not going to be decommissioned."

"Our mission is to clear the 15 departments of approximately 30 employees who deserve the most modern working environment that is in everyone's best interests for good health, safety and welfare as a top priority. As a start, one major accomplishment was moving the Historian's Department to 7 Main Street to relieve the congestion of departments on the second floor of the municipal building. Forging ahead is all about the money."

Throughout her tenure as town supervisor, Ashley said she and board members have always had a vested interest in recreational opportunities.

"The Town, for the past six years, has increased our contributions to Village recreational services. We have injected more funds in equipment and the annual allocation," she said. "Taylor Park and the Pavilion are necessary services, along with programming, for the health of our community."

Now a week or so into the new year, Ashley is confident a diverse town board with lots of public service experience will be able to tackle issues brought before the board.

"Town governance is a layered and complicated system. What the public needs to remember is that the Town Council make up is five elected officials that have an equal vote. Current council members bring individual strengths to the Town board. What is unique is that there is a combined almost 150 years of public service experience from the fields of agriculture, legislative, education, recreation and business backgrounds," she noted.

"In today's world, Town Board duties take a lot of time, energy and true grit due to the issues we face on a daily basis. We certainly don't serve for the money. We do it for the love of our town as a whole community and our citizens."

PHONICS...

teach phonemic awareness, phonics, decoding, vocabulary, and comprehension, state officials said. By September of 2025, all

school districts will need to certify with SED that their curriculum, instructional strategies, and teacher professional development align with all elements of the instructional best practices, officials say.

Local superintendents and principals voiced support for the statewide changes, but say they have been using evidence-based teaching for a few years and have seen improvement.

"Our student performance is not where it needs to be, according to Norwood-Norfolk Central Superintendent Jamie Cruikshank. "I cannot attribute this entirely to the state's initiative, or lack of a literacy initiative until this point, as several factors influence student performance."

Canton Central officials shared similar concerns, leading elementary teachers and administrators to study the issue and participate in a Science of Reading professional study group.

"I am confident that we are ahead of the game here in Potsdam," said Potsdam Central Superintendent Jerry Griffin.

SLC Schools Ahead of Curve

"It is heartening to see the state leadership prioritize evidence-based methods for teaching reading, as these approaches have consistently proven to be effective in fostering literacy skills among young learners," said Griffin.

Potsdam school teachers are in the third year of a systematic phonics program for kindergarten through fourth-grade students. Griffin said the program has dedicated learning time for phonics instruction, providing a solid foundation for student reading skills.

PCS also implemented a comprehensive reading and writing program tied directly to the Next Generation Learning Standards. "This initiative is aligned with the governor's vision, and I am confident it will enhance our students' literacy development," Griffin said.

Colton-Pierrepont Central School District Superintendent Jim Nee. As a result, our teachers and students have experienced positive outcomes from the adjustments implemented and have found validation in strategies many teachers have been utilizing for years."

Leading to Improvement

As a result of these changes and more, Doyle says students are improving their reading fluency and comprehension. "Notably, the struggle to decode language, which had become all-too-common, has been dramatically reduced," she said. Given our experience, teachers are pleased that there are efforts and support being provided for instruction based on the Science of Reading, with the caveat that careful thought must be given to how it is implemented."

The improvements were noted in other districts as well.

"Over the past three years, we have been collaborating with Keys to Literacy consultants to enhance our literacy practices, using the science of reading as our guide," said Colton-Pierrepont Central School District Superintendent Jim Nee. As a result, our teachers and students have experienced positive outcomes from the adjustments implemented and have found validation in strategies many teachers have been utilizing for years."

The 'Science of Reading' is a combination, of sorts, of the sys-

tems from the Reading Wars from back in the 90's," Cruikshank said. "As the pendulum swung away from phonics during the Reading Wars towards using solely contextual clues, the Science of Reading reclaims the pendulum back towards the middle." Cruikshank said feedback from teachers was positive.

Beyond Science of Reading, students are encouraged to read grade-level books, and students are offered support in reading to target their needs," Cruikshank said.

Nee credited teachers for the gradual improvements in reading proficiency of students.

"We are dedicated to fostering reading proficiency throughout our entire organization and have observed gradual improvements over an extended period," he said.

Griffin praised the efforts by his staff as well.

"I continue to be impressed with the efforts of our staff and look forward to witnessing the positive impact on our students' literacy development," he said.

In total, over 30 states have transitioned back to a "back-to-basics" teaching model to improve reading efficiency.

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NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of CS NY Miner Holdco, LLC. Arts. of Org. filed with NY Dept. of State: 12/22/23. Office location: St. Lawrence County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: Corporate Creations Network Inc., 600 Mamaroneck Ave. #400, Harrison, NY 10528. Purpose: all lawful purposes.

LOUISVILLE PUBLIC NOTICE PUBLIC NOTICE

PLEASE TAKE NOTICE THAT the Town of Louisville Board of Appeals will hold a public meeting on January 22nd, 2023 at 6:30pm at the Thomas J. Carroll Louisville Municipal Building located at 14810 SH 37. The meeting will be held for an area variance request for property located at 62 Wolverine Point, Town of Louisville, with tax map number 8.048-1-23 and such other and further business as may come before the board.

January 3, 2024
Louisville Board of Appeals
Chloe Harvey, Water Clerk

NORTH COUNTRY THIS WEEK

COLTON PUBLIC NOTICE NOTICE OF RECEIPT OF TAX ROLL AND WARRANT

PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Colton, has received the tax roll and warrant for the collection of taxes for the Town of Colton for the fiscal year January 1, 2024 to December 31, 2024.

PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said roll at his/her office located at 94 Main St.,

Town of Colton, St. Lawrence County, New York, during usual business hours, i.e. 8:30AM to 4PM on the following days: Monday-Thursday. For the month of January only, Fridays as well.

PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the undersigned without interest on or before the thirty first day of January.

Taxes received after the 30-day penalty free period shall have interest added

at the rate of one per cent for each month or fraction thereof until such taxes

are paid or until return of unpaid taxes to the County Treasurer pursuant to law.

The date for the return of unpaid taxes to the County Treasurer is June 1, 2024

DATED: December 29, 2023
Jennifer R. Cole
Collector of Taxes
Town of Colton

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of Sleeping Fox LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-06. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Austin Bailey: PO Box 751 Canton NY 13617. Purpose: Any lawful purpose

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of Bent Beam Brewing LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-04-14. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Timothy J. Wagoner: 5 Market St Alexandria Bay NY 13607. Purpose: Any lawful purpose

HEUVELTON PUBLIC NOTICE PUBLIC NOTICE

The Village of Heuvelton will hold monthly Board meetings the second Wednesday of every month at 6pm at the Town Hall 51 State Street Heuvelton.

RUSSELL ADVERTISEMENT FOR BID

The Town of Russell is taking sealed bids on replacing the Town Hall Entrance Steps. We offer prevailing wages.

Engineered plans are available at request from the Town Clerk 315-347-2350 or

russellnycyclerk@gmail.com

. The town will do the demolition and disposal of the existing steps and railings. The completion date should be June 30, 2024. Sealed bids are to be in by February 13, 2024 and will be opened at the February 20, 2024 board meeting. Sealed bids will be accepted at the Town Office at PO

Box 628, 4 Pestle Street Russell, NY 13684. Office hours are Monday thru Friday 9am to 4 PM. Submittals shall be placed on a clean sheet of paper with the amount of bid legibly and clearly written or typed along with contact information including name, address, and phone number for said bidder. A 10% bid bond and proof of certificate of liability is needed. Place the bid in a sealed envelope with the project name on the front. The Town of

Russell has the right to accept or reject any or all bids.

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of 15 Lincoln Street LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Saint Lawrence County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to

Timothy J. Wagoner: 5 Market St Alexandria Bay NY 13607. Purpose: Any lawful purpose

STOCKHOLM NOTICE OF TAX COLLECTION NOTICE OF RECEIPT OF TAX ROLL AND WARRANT

PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Stockholm, has received the tax roll and warrant for the collection of taxes for the Town of Stockholm for the fiscal year January 1, 2024 to December 31, 2024.

PLEASE TAKE FURTHER NOTICE, that the

undersigned will receive the taxes listed on said roll at

her office located at 540 State Highway 11C, Winthrop,

NY, Town of Stockholm, St. Lawrence County, New

York, during usual business hours, 8:00 AM to 4:00 PM

on the following days: Monday – Thursday.

PLEASE TAKE FURTHER NOTICE, that taxes may

be paid to the undersigned without interest on or

before the thirty-first day of January. Taxes

received after the 30-day penalty free period shall

have interest added at the rate of one per cent for

each month or fraction thereof until such taxes are

paid or until return of unpaid taxes to the County

Treasurer pursuant to law. The date for the return

of unpaid taxes to the County Treasurer is June 1,

2024.

DATED: January 2, 2024

Heather Kish
Collector of Taxes
Town of Stockholm

BRASHER NOTICE AND RECEIPT OF TAX ROLL AND WARRANT

PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Brasher, has received the tax roll and warrant for the collection of taxes for the Town of Brasher for the fiscal year January 1, 2024 to December 31, 2024.

PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the

taxes listed on said roll at her office located at 11

Factory Street,

Town of Brasher, St.

Lawrence County, New

York, during usual

business hours, i.e. 7 AM

to 4 PM on the following

days:

Monday-Thursday.

PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the

undersigned without

interest on or before the

thirty first day of January.

Taxes received after the

30-day penalty free

period shall have interest added

at the rate of one per

cent for each month or

fraction thereof until such taxes

are paid or until return of

unpaid taxes to the

County Treasurer

pursuant to law.

The date for the

return of unpaid taxes to the

County Treasurer is

June 1, 2024

DATED: December 29, 2023

Bethany St. Hilaire

Collector of Taxes

Town of Brasher

NORTH COUNTRY BUSINESS

JANUARY 12 - 18, 2024 | NORTH COUNTRY THIS WEEK



Adam Atkinson | NCTW photo

McDuff's Pub in Potsdam is under new ownership. Manager Willy Shuster and new owner Will Pena.

McDuff's Pub in Potsdam under new ownership

BY ADAM ATKINSON

North Country This Week

POTSDAM — An iconic local tap room with a storied history supporting the local music scene has been purchased by a new owner.

McDuff's Pub was purchased by physical therapist and local real estate business man Will Pena in November from previous owner Nick Zern.

And, the new owner is excited to continue the pub's 40-year-plus history of being the local destination for good brews, good food and good live music.

"I had been looking at this for a couple years," Pena said.

Restaurant and pub ownership is something new for Pena.

"I've been working with patients my whole career. I'm not a restaurant owner, but I'm learning," he said.

Before purchasing McDuff's from Zern in November, Pena was on site since the summer familiarizing himself with operations at the pub, and managing a bit here and there.

He said he brings some of his work experience to bear on the issue as well, having been a director at several major hospitals in NYC before moving to the area a couple decades ago. He said the key is consistency and customer service.

"As long as we are bringing in people we all win," he said.

Pena hired on nephew Willy Shuster to help manage McDuff's and increased the number of days the bar will be open.

But perhaps the biggest chang-

SeaComm donates to Power Museum

MADRID — SeaComm recently presented \$10,000 to the St. Lawrence Power & Equipment Museum in Madrid.

The funds will be used to support the museum in its mission to preserve and showcase the power systems and equipment that helped build the North Country.

This financial support is made in conjunction with the Small Business Recovery Grant Pro-

es the public will notice is update of the interior, and a total remodel of the lower level bar and performance space.

"It needed a makeover," he said. Pena gutted the entire interior for the remodel except for the classic bar that past patrons may remember there. The total renovation is expected to take a few weeks but once complete the new owner envisions the space as once again being one of the premier local performance stages.

"This is going to be a music venue," he said. "We want to bring it back to its glory days."

Customers have taken notice of the new changes. Pena said the feedback he has been getting from regulars and new customers has been favorable and he has been getting a good deal of support from the public.

Besides the surface level improvements Pena wants to get the word out that the pub also sells food including big wings and big burgers from its full kitchen. "People don't know we sell food," he said.

"It's exciting to know we are building something," the new owner said.

A grand opening is planned once the downstairs is complete, and Pena will be using social media to post announcements and to advertise live music, taste testing and other events.

In the meantime, the bar is staging several bands in January, February and March.

Visit McDuff's events page at <https://www.mcduffspub.com/events> for a full schedule.

gram provided by the Federal Home Loan Bank of New York.

"We are extremely pleased to partner with the Federal Home Loan Bank of New York (FHLBNY) in putting needed funds into five not-for-profits hands to assist them in their vital missions and carrying out our mission of people helping people," said Scott A. Wilson, SeaComm President & Chief Executive Officer.

County Chamber hires Canton representative

CANTON — The St. Lawrence County Chamber of Commerce welcomes Katie Berry as the Canton Community Coordinator & Communications Specialist.

This position was established to represent, support, and promote the businesses and community of Canton in the integration of the Canton and St. Lawrence County Chambers of Commerce.

In her new position, Berry will coordinate events, programs, and networking opportunities that promote Canton area member businesses, foster collaboration, and strengthen the local business ecosystem.

As the Chamber's Communications Specialist, she will help communicate business opportunities and Chamber programming across the County and beyond.

Katie Berry is a recent graduate of Clarkson University and brings several years of experience in communications and marketing, in which she has worked at Clarkson University and the Potsdam Chamber of Commerce.

"I am so grateful to have the opportunity to join the team at the St. Lawrence County Chamber of Commerce," said Berry. "I look forward to building a relationship with the business community and being able to provide support throughout the region. Being a recent college graduate who fell in love with this area, I'm hoping to provide another perspective when engaging with the community."

"The St. Lawrence County Chamber of Commerce is thrilled to have Katie on board and working with us in our Canton offices," said Ben Dixon, the Chamber's Executive Director.

Katie Berry can be reached at the St. Lawrence County Chamber of Commerce, located at 101 Main Street in Canton, at 315-386-4000x6, or katie@slcchamber.org.

NOTICE to BIDDERS

The Board of Fire Commissioners of the West Stockholm Fire District, West Stockholm, New York, seeks the submission to them of sealed bid proposals for the price of sale and delivery to the Fire District of one (1) new fully equipped diesel engine pumper tanker fire truck, so designed, constructed and equipped to comply with the specifications prescribed by the Board of Fire Commissioners. Bidders must also comply with the specifications required of them. Bids shall be sealed and marked "New diesel engine pumper tanker fire truck" and must be delivered by mail or in person to the Board of Fire Commissioners of the West Stockholm Fire District not later than 5:00 p.m. on Monday January 22, 2024. All bids are to be opened publicly and read aloud at 5:00 p.m. on Tuesday, January 23, 2024 at West Stockholm, New York. The Board of Fire Commissioners expressly reserves the right to reject any or all such bids for whatever reason they deem appropriate.

A bid bond in the amount of not less than ten percent (10%) of the highest , alternate bid, with the manufacturer of the apparatus as principal, shall accompany all bids. Upon award of the contract, a performance bond must, at the option of then Board of Fire Commissioners, be supplied at one hundred percent (100%) of the amount of the accepted bid.

Prospective bidders shall also take notice that the obligations of the Board of Fire Commissioners are expressly contingent upon the obtaining of necessary financing and voter approvals as required by law.

Prospective bidders should also take note of the time limitations and constraints for delivery of the vehicle and performance of the obligations as set forth in the bid specifications, together with the liquidated damages clause as is set forth in the bid specification in the event of late delivery and/or noncompliance.

Complete sets of the bid specifications and related documents may be obtained from the Fire District Treasurer; to wit, Sheryl A. Campbell, West Stockholm Fire District, Post Office Box 1, West Stockholm, New York 13696. Email address: weststockholmfiredistrict@gmail.com.

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NORTH COUNTRY THIS WEEK

RUSSELL
NOTICE AND RECEIPT OF TAX ROLL AND WARRANT

PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Russell, has received the tax roll and warrant for the collection of taxes for the Town of Russell for this fiscal year **January 1, 2024 to December 31, 2024**.

PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said tax roll at her office in the Town Hall at 4 Pestle Street Town of Russell, County of St. Lawrence, State of New York, during regular business hours from 9:00a.m.to12:00 noon and from 1:00 p.m. to 4:00 p.m. Monday thru Friday, except holidays.

PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the Tax Collector without interest on or before the **Thirty First day of January**. Taxes received after the 30- day penalty free period shall have interest added at the rate of one per cent for each month or fraction thereof until such taxes are paid or until the return of unpaid taxes to the County Treasurer, pursuant to law. The date for the return of unpaid taxes to the County Treasurer is **June 1, 2024**.

Dated: December 27, 2023

Darcie Cross
Collector of Taxes
Town of Russell

ST. LAWRENCE COUNTY
LEGAL NOTICE
NOTICE OF SPECIAL SCHOOL DISTRICT MEETING
OF THE VOTERS OF THE
ENLARGED OGDENSBURG CITY SCHOOL DISTRICT

THE BOARD OF EDUCATION OF THE
ENLARGED OGDENSBURG CITY SCHOOL DISTRICT
HEREBY GIVES NOTICE that pursuant to a Resolution adopted by the Board of Education of the District on December 4, 2023, a special meeting of the qualified voters of said School District County of St. Lawrence, State of New York, will be held in said District on January 23, 2024, between the hours of 12:00 P.M. and 9:00 P.M. prevailing times, for the purpose of voting upon the following proposition:

PROPOSITION

Shall the Bond Resolution adopted by the Board of Education authorizing a project consisting of reconstruction, renovations and improvements to the John F. Kennedy Elementary School, Ogdensburg Free Academy and the Golden Dome, and renovations, improvements and an addition to the Grant C. Madill Elementary School, acquisition of approximately 28 acres of land on NYS Rt. 37 across from the Ogdensburg Free Academy and the construction thereon of a new transportation facility, all of the foregoing to include construction, reconstruction, renovations, alterations, grading and site work, parking, athletic field and facility improvements, original furnishings, fixtures, equipment, machinery and apparatus required for such purposes, architectural fees, and all other necessary costs incidental to such work at a total estimated cost not to exceed \$65,500,000 and to pay such costs by using \$1,500,000 from the Capital Reserve approved by the District voters on May 18, 2021 and \$2,500,000 from the Capital Reserve approved by the District Voters on May 17, 2022, any available EXCEL aid and, for the balance of the project costs, by the levy of a tax in installments upon all the taxable real property of the District and, in anticipation of such tax, the issuance of bonds and bond anticipation notes in the principal amount not to exceed \$61,500,000 and the levy of a tax to pay the interest on said obligations be approved?

NOTICE IS GIVEN that voting upon the foregoing Proposition will be by voting machine or paper ballot and will take place on January 23, 2024, between the hours of 12:00 P.M. and 9:00 P.M. prevailing time at the District's election district polling places hereinafter described. A description of the boundaries of the school election districts is on file and may be inspected in the Business Office of the District, Monday through Friday, 8:00 A.M. through 4:00 P.M.

NOTICE IS FURTHER GIVEN that, pursuant to Section 2606 of the Education Law, personal registration of voters is required, and no person shall be entitled to vote at said special election whose name does not appear on the register of the election district in which he or she claims to be entitled to vote or who does not register. Voter Registration will be held on January 9, 2024 at Ogdensburg Free Academy in the front entrance from 12:00 P.M. – 8:00 P.M.

NOTICE IS FURTHER GIVEN that, pursuant to Section 2606 of the Education Law, personal registration of voters is required, and no person shall be entitled to vote at said special election whose name does not appear on the register of the election district in which he or she claims to be entitled to vote or who does not register. Voter Registration will be held on January 9, 2024 at Ogdensburg Free Academy in the front entrance from 12:00 P.M. – 8:00 P.M.

NOTICE IS FURTHER GIVEN that qualified voters of the District may obtain applications for an absentee ballot from the office of the Clerk of the District. Completed applications must be received by the Clerk of the District no later than 4:00 p.m. on January 22, 2024 and must be received no later than 4:00 p.m. on January 16, 2024, if the absentee ballot is to be mailed to the voter. Completed applications received after 4:00 p.m. on January 16, 2024, will require the voter to personally appear at the office of the Clerk of the District to receive an absentee ballot. A listing of all persons to whom an absentee ballot is issued will be available for inspection by any qualified voter in the office of the Clerk of the District between the hours of 9:00 a.m. and 4:00 p.m. during each of the 5 days business days prior to the election.

NOTICE IS FURTHER GIVEN that military ballots may be applied for by qualified voters by requesting an application from the District Clerk at (315) 393-0900 or rachel.barr@ogdensburg12.org.

Completed applications for military ballots must be received by the District Clerk no later than 4:00 p.m. on December 29, 2023. In a request for a military ballot application or ballot, the military voter may indicate their preference for receiving the application or ballot by mail, facsimile transmission or electronic mail. An individual will qualify as a military voter if he or she (1) is a qualified voter of the State of New York, who is in actual military service, and by reason of such military service is absent from the District on the day of the election, or is a voter who is discharged from military service within 30 days of an election; or (2) a spouse, parent, child, or dependent of such service member who is a qualified voter and is absent due to accompanying or being with the military service member.

DATED: December 5, 2023

BY ORDER OF
THE BOARD OF EDUCATION

CANTON
NOTICE OF TAX COLLECTION
NOTICE OF RECEIPT OF TAX ROLL AND WARRANT

PLEASE TAKE NOTICE, that the undersigned, the collector of taxes of the Town of Canton, has received the tax roll and warrant for the collection of taxes for the Town of Canton for the fiscal year **January 1, 2024 to December 31, 2024**.

PLEASE TAKE FURTHER NOTICE, that the undersigned will receive the taxes listed on said tax roll at his/her office located at 60 Main Street, Town of Canton, St. Lawrence County, New York, during usual business hours i.e. 9:00 AM to 3:30 PM on the following days: Monday-Friday (except holidays).

PLEASE TAKE FURTHER NOTICE, that taxes may be paid to the undersigned without interest on or before the **thirty first day of January**. Taxes received after the 30- day penalty free period shall have interest added at the rate of one per cent for each month or fraction thereof until such taxes are paid or until return of unpaid taxes to the County Treasurer pursuant to law. The date for the return of unpaid taxes to the County Treasurer is **June 1, 2024**.

Dated: January 2, 2024
Heidi L. Smith
Town Clerk/Tax Collector
Town of Canton

WellNow clinics no longer accepting BCBS insurance

BY JEFF CHUDZINSKI
North Country This Week

MASSENA -- North Country residents who have health insurance through Excellus BlueCross BlueShield (BCBS) will now have to pay out of pocket for medical care at WellNow clinics after the insurance giant and urgent care provider failed to strike a deal.

WellNow, which operates urgent care clinics in Massena and Ogdensburg, said the crux of the issue was due to reimbursement rates for services provided.

The two sites, which have been open for a little over a year now, have provided a crucial service to the communities as area hospitals continue to reduce services and endure financial hardships.

WellNow President Sam Meites previously said the company made the "difficult decision" to notify BCBS in September of the pending decision to potentially end the partnership.

That came to fruition on Jan. 1 when WellNow reps say they could not come to an agreement on what a "reasonable rate" would be.

Unfortunately, the rates we receive from Excellus BCBS for the care provided to their members have been flat for the past decade. At the same time, over the past five years, Excellus BCBS has continued to drive average rate increases to their members of

more than 8 percent every year, generating more than \$130 million in profits a year. It's a simple equation: charge you more, pay your WellNow providers the same or less, boost profits for the insurance company," Meites previously wrote in an October letter to WellNow patients.

At the time, Meites said the rate of reimbursement was not sustainable for WellNow Clinics, which would potentially lead to the closure of clinics in a number of communities throughout the state.

No specific locations were mentioned in the letter.

In a separate link provided by Meites in October, WellNow detailed Excellus BCBS's financial status, saying that since 2017 Excellus has profited around \$130 million per year.

The page also stated that Excellus' CEO salary has averaged more than \$3 million annually.

Since 2017, the state of New York has approved an average rate increase to Excellus' patients of more than 8% per year, according to WellNow officials.

Despite the profits and rate increases, WellNow rates with Excellus have remained flat, WellNow officials said.

"The 2,500 healthcare professionals at our 75 WellNow Urgent Care sites in the state of New York have worked tirelessly to provide

high quality, convenient care to our patients in communities across the state," Meites previously said.

Meites went on further, saying the essential care provided by WellNow is needed for patients that are seen "seven days a week for up to 16 hours per day."

"We also provide 24/7 access to care through our telehealth services. We have worked hard to play an essential role as a provider of quality, dependable healthcare in your community," he previously wrote.

Now that WellNow clinics are no longer accepting BCBS insurance plans, those on such plans will have to visit urgent care clinics run by St. Lawrence Health, Claxton-Hepburn or private providers that accept BCBS insurance.

St. Lawrence Health operates an urgent care facility located at 49 Lawrence Avenue in Potsdam, as well as an urgent care facility at 80 East Main Street, Canton.

In Massena, those in need of an urgent care facility can go to Mountain Medical Services Urgent Care at 2 Hospital Drive.

In Ogdensburg, the Claxton-Hepburn Convenient Care facility is located at 100 Horwood Pl.

Claxton-Hepburn also operates clinics in Waddington, Hammond and Canton as well.

North Country CLASSIFIEDS

Auctions

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Over 550 lots

Selling U.S. & Canadian Gold Coins in Various Denominations; Hundreds of Morgan, Peace & Silver Eagle Dollars; Walking Liberty, Ben Franklin & Kennedy Silver Half Dollars; Seated Liberty, Standing Liberty, Barber & Washington Silver Quarters; U.S. Two & Three Cent Pieces; Canadian Silver Dollars; Barber, Mercury & Roosevelt Silver Dimes; Buffalo Nickels & Silver War Nickels; Wheat & Indian Head Pennies.

A great opportunity to stock up on Silver and Gold.

Terms: Online & Absentee Bidding Available. 13% Buyer's Premium with a 3% cash discount. All major credit cards, NYS check or cash. All items are sold as is.

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Monday, January 15 • 9am-4pm
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16 HOUR PISTOL COURSE**

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2 Hour LIVE FIRE Training

CLASS DATES

January 20/21	March 2/3
January 27/28	March 16/17
February 3/4	April 20/21
February 10/11	April 27/28

RESERVE YOUR SPACE TODAY!

CLASS SIZE IS LIMITED!

f FOR DETAILS: Contact Jeff, NRA Certified Instructor

REVISITING OUR PAST

Canton

Dog Sled Race. The master of this Great Dane dog sled team is Russell B. ("Biscuit") Lawrence, Sr. Enamored with the Alaskan Iditarod while stationed there in the Army, Biscuit became interested in the Lake Placid dog sled races when he returned to the North Country. In the 1930s, he trained his Great Danes on "the five-mile square" and kept the shorthaired dogs inside as pets. His family recalls quite a number of blue-ribbon wins. (Photo courtesy of Judy Lawrence Gray.)

Do you have an interesting old photo you would like to share from the Greater Potsdam-Canton area? Email photo jpeg & description to: thisweek@NorthCountryNow.com



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Sudoku

5			1					7
3			4	2				9
			2			9	6	
7	3	6					8	
8				1			5	
	9			5				4
2			3					9
	4			6		8		
	5	8	7			1		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

Answers found elsewhere in this paper.

JANUARY 12 - 18, 2024 | NORTH COUNTRY THIS WEEK

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VEHICLES FOR SALE

2017 Ram 2500 Laramie Limited. Crew cab w/6.5' bed. 6.4 liter, fully loaded. Hot/Cool seats. Sunroof. Ram box. 121,000 miles. asking \$35,000 315-323-3224

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Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 1-800-245-0398

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Do you need a Roof or Energy Efficient Windows & Help paying for it? YOU MAY QUALIFY THROUGH NEW RELIEF PROGRAMS (800)

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944-9393 or visit NYProgramFunding.org to qualify. Approved applications will have the work completed by a repair crew provided by: HOMEOWNER FUNDING. Not affiliated with State or Gov Programs.

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Now is the time to take control of your money, by taking Financial Peace University. Visit <https://www.fpu.com/4D4C89> to join my virtual class starting Sunday, January 14, 2024, and start making your money work

MISCELLANEOUS

for you.

PETS & PET PRODUCTS

AKC Pure Bred Silver Lab Puppies for Sale. Avail on December 8th. 5 M and 3F. 2 rounds of vaccines and dewormer included. Contact 315-212-9257.

AKC Lab pups. \$800. Black and chocolate. The pups come with first shots, vet checked, papers and wormed. They are raised in my house and come from a wonderful pedigree. I have lots of references and you can view them on facebook at Creeksidekennel Waddington, NY. Text John at 315-323-6068 they will be ready for Christmas.

Purebred AKC Newfoundland Puppies. Ready to go the week before Christmas.

St. Lawrence County's

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Taking applications...

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TOWNHOUSE STYLE ~ Tenant Based Vouchers Accepted ~

Rent Includes: Utilities • Heat • Water
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2 Bedroom, \$860/mo.

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**Stop by today to apply at Potsdam Housing Authority
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All applicants are subject to suitability screening based on criminal, credit, landlord history. Project eligibility guidelines apply based on income, assets and student status. No pets allowed. Potsdam Housing Authority provides Equal Housing Opportunity.



Luxury Efficiencies Town of Canton

- Private kitchen, private bath
- Fully furnished, cable TV, wifi, all utilities included
- Weekly housekeeping
- \$1075-\$1375/month all included

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[https://www.whitepillars.com/efficiencies/](http://www.whitepillars.com/efficiencies/)

STUDENT RENTALS

Canton. (2) 4 BR units. 28-30 Park Street. Near SLU. Available now for winter/spring semesters. \$2,500/psps. Utilities not included. 315-955-2057

Canton. 5 BR, 2 bath. Near SLU. 14 Pine St. Newly renovated. \$3,200/psps. Utilities included. Available now for 2023-24 school year. 315-955-2057

Canton. 5 BR, 2 bath. Near SLU. 15 Lincoln St. Newly renovated. \$3,200/psps. Utilities included. Available now for 2024-25 school year. 315-955-2057

STUDENT RENTALS

year. 315-955-2057

Two apts - 3 person, 3 bedroom. Furnished. Located at 28 Market Street, Potsdam. Available August 2024. \$2,500/pp/per semester. Utilities are included. Call 315-323-4419 for further info.

DGR RENTALS: Potsdam, Student Housing. Hamilton St.; Pierrepont Ave.; 315-952-2136. tn

NORWOOD • 1 Bedroom includes all utilities. \$2000 per semester. 315 261 1815.

2 Bedroom Apts. Fall '23 - Spring '24

FREE Heat • Electricity
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Available for Rent 2 BR Apts Terra Development

CANTON

West Gate Terrace

- 2 BR • Heat & Hot Water Included
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49 West Main St., Canton

Close to SUNY & SLU

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- 2 BR • Heat & Hot Water Included
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- No Pets Allowed

45 Lawrence Ave., Potsdam

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TRADESMAN PROPERTIES INC.

Crescent Meadow Rentals:

Located: 7581 US Highway 11, Potsdam NY 13676

• 1, 2, 3 Bedrooms starting at \$515/month

Norwood Rentals:

Located: 33 Mechanic St., Norwood NY 13668

• 1 Bedrooms starting at \$450/month

Maple Street Apartments:

Located: 31 / 32 Maple Street, Potsdam NY 13676

• 1, 2, & 4 Bedrooms starting at \$515/month

Apply Online [For additional information, pictures, etc. on all the units:
TODAY! https://www.potsdam-rentals.com](https://www.potsdam-rentals.com)

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Opposite Clarkson
On Rt. 11, Maple St.

10 miles from SUNY Canton

1 mile from SUNY Potsdam

Studio Apartment

\$650 PER MONTH

Includes All Utilities

4 Bedroom

Furnished House

\$1,175 PER MONTH

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\$29,900. MLS# 48899.



CR 51, North Lawrence -
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BETH REASONER, CBR • 315-276-5668
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Great Potsdam Location!

MLS# 49287 • 362 Outer Main St., Potsdam • \$375,000
6 BR, 3 bath. On 1.4 acres. Tastefully restored 4,000+ sf.



Real Estate Professionals with over 100 Years of Experience!

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Patricia (Pat) Collins - 315-322-1235
LICENSED R.E. ASSOCIATE BROKER,
CBR, GRI
Sandra Santamoor - 315-244-2058
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Jacob (Jake) Newman - 315-323-3771
Mary (Colleen) Brown - 315-276-0011



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HALEY
BILLINGS
RE Salesperson
315-262-5213

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GARWOOD, JR.
RE Salesperson
315-323-0757



454 Sissonville Rd., Potsdam -
What an opportunity! This 4/2 farmhouse has a bonus - a separate income-producing 1-BR apartment to help with your ownership costs. Spacious living areas, oak kitchen, first-floor bedroom/bath, plus screen porch and roomy garage. Listed at \$249,000. MLS# 48811

**285 Marshville Rd.
Hermon**
MLS#49264 • \$112,000



A framed cabin in a wooden oasis is ready for you to make it your own! With over 14 acres of land, both wooded and partially cleared, the recreational opportunities are endless. House has been completely wired, and electricity is already available on the property. Plus, all of the siding materials for the house are included!

**1937 State Highway 68
Canton**
MLS#49246 • \$209,000



You need to see this multi-level home situated on 1 acre of land and conveniently located just outside Canton village limits. This home offers a spacious floorplan just under 2,000 sq. ft. of living space with att. garage & finished basement. 4 nicely sized BRs and 2.5 bathrooms, 2 BRs conveniently on the main level and 2 BRs located in the basement.



Thank you...
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& customers
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LIC. R.E. Tammy Gary • 315-244-2951
Salespersons: Joe Siematkowski • 315-854-0844
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* Based on the St. Lawrence County MLS data January 23' - December 23'



NEW YEAR, NEW HOME? If you're buying or selling in 2024, let us help!



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22 Depot St., Market Square Mall • Potsdam • 315-274-0041 • www.slcmls.com



WINTHROP. Building zoned as residential, was used as an apartment. Unfinished structure with a new electrical entrance box, offers better usage of the building. Many possibilities! **\$37,500.** MLS # 48968

NICHOLVILLE. 3 BR Fixer-Upper. With careful planning, could be a very good investment. Maple trees at front door. 200' drilled well. 500 gal. concrete septic and leach field. 100 amp. breaker box. Heated by a newer gas hot air furnace. **\$34,900.** MLS# 48375



NORWOOD. 1 acre with 200' of road frontage. Level uncleared building lot located on the Reynolds Road. Great place to build your dream house. Property will be sold with a Quitclaim deed. **\$4,000.** MLS# 49132

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LICENSED R.E. BROKER/OWNER DOUG HAWKINS

**1937 State Highway 68
Canton**
MLS#49246 • \$209,000

You need to see this multi-level home situated on 1 acre of land and conveniently located just outside Canton village limits. This home offers a spacious floorplan just under 2,000 sq. ft. of living space with att. garage & finished basement. 4 nicely sized BRs and 2.5 bathrooms, 2 BRs conveniently on the main level and 2 BRs located in the basement.

Equal Housing Opportunity

All real estate advertising in this newspaper is subject to the federal Housing Act of 1968, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or any intention to make such a preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in the newspaper are available on an equal opportunity basis.

HOMES FOR SALE

Camp. Town of Macomb on Black Lake. 29 Thornton Lane. 40' of waterfront. Sleeps 6. Heat, electric, new well. 1/2 acre. Dock. \$165,000. 315-719-2730.

HOMES FOR RENT

SMALL TWO BR house. Canton Village. Quiet location. Large yard. \$725/mo + sec. dep. Tenant pays heat, electric, water/sewer, trash removal & snow removal. No smoking, no pets. 315-714-2241. Leave message w/name & #, no texts.

Canton home for rent! 3-bedroom home in a quiet neighborhood close to Canton College. \$1600 per month. Must pay own utilities. Available on a month-to-month basis. References required! Contact 315 212 5629. 3 BR House near Clarkson. 315-244-1385 or 315-265-3452. No texting please. tn

APARTMENTS FOR RENT

Ogdensburg - Bright, clean and cozy. Heated one bedroom downstairs apartment. Quiet, non-smoking home with W/D on premises. Pet considered. Pays only electricity, \$680/month. Pay First & Sec Dep, 1 year lease. 315-276-0214

Spacious 1 BDRM main floor, washer/dryer, \$675/mo + security deposit plus utilities. No pets. 5 minutes from Potsdam. Available now. 315-212-7323

Exceptional 1 bedroom apt. Professionally appointed. Hardwood floors. Oak cabinets. All appliances, including washer/dryer. Off street parking. 1 block from river & park. \$900/mo includes heat, hot water. Owner pays electric. No pets, no smoking. 1st floor apt. Call 772-215-1165.

2 Bedroom Apartments. Free utilities. 315-386-2166.

Clean, spacious, furnished 3BR apartment available January 1, 2024. Recent upgrades include kitchen cabinets, new paint, doors, and carpet. Lease can be tailored to semester (\$2800 pp/sem) or monthly (\$600 pp/mo). Rent includes all utilities except internet. Unbeatable location- only a one block walk from downtown campus! No pets/no smoking. Will consider renting as 2BR apartment as well. Potential tenants can call/text/FaceTime to view the apartment. 315-212-9749

Multiple Efficiency Apts. available. Village of Massena. No pets. No smoking. \$625/month includes gas/electric/trash removal. Call/text (585)217-1443

Bay Street on Ives Park. 2 BR, 1 Bath. No pets, non-smoking. Lease and deposit required. Ideal for professionals. Available Immediately. 315-244-0653. tn

2 Bedroom Apartments. Free utilities. 315-386-2166.

STUDENT RENTALS

2 BR Apartment, Potsdam. High ceilings, skylights, dishwasher. Laundry on premises. \$1,100.00/month includes water, sewer, trash. Tenant pays electric, heat. Semester terms available for students. No pets. No smoking. (315) 869-2021

Canton. (2) 4 BR units. 28-30 Park Street. Near SLU. Available for 2024-25 school semester. \$3,250/psps. Utilities included. 315-955-2057

Two and three downtown Potsdam apartments available immediately. Call Lisa at 315 265 3420 after 3 pm.

NORTH COUNTRY THIS WEEK

SECTION

B

JANUARY 12 - 19, 2024 | NORTH COUNTRY THIS WEEK



Now starting at \$15.70 per hour with a sign-on bonus!

Northern Lights Home Health Care seeks qualified individuals who want to make a difference in home care. Northern Lights Home Care is dedicated to supporting professionals to what they do best in a home-based environment.

Home Health Aides (Potsdam & Massena areas)

Are you struggling with

- Day care
- Children's sports and activity schedules
- Making time for routine appointments and/or
- Overall work-life balance?

We are looking for experienced, energetic and enthusiastic caregivers that demonstrate a commitment to caring for people in a home-based setting. If you are not already certified, training will be provided.

A valid driver's license is needed, as travel is required.

Northern Lights Home Health Care is supported by the consortium of Canton-Potsdam Hospital, Claxton-Hepburn Medical Center, and United Helpers Management Company, Inc.

To apply, visit mynorthernlights.org or mail resume to:

Northern Lights Home Health Care

Attn: Kathy Race
91 Main Street, Canton, NY 13617
kathyrace@nlchha.org
(315) 714-3135

Northern Lights Organization is a Non-Discriminatory and Equal Opportunity Employer

PARISHVILLE-HOPKINTON CENTRAL SCHOOL DISTRICT



seeks candidates for the following positions:

SPEECH & LANGUAGE PATHOLOGIST

NYS Certification required.

Salary: \$49,169-\$73,225 (commensurate with experience))

BASEBALL AND SOFTBALL COACHES

NYS Certification required.

Stipends commensurate with experience (\$2,196-\$6,720)

Please contact: **District Office, P.O. Box 187, Parishville, NY 13672**

or submit the SLL BOCES Regional Application

<https://forms.sllboces.org/Forms/CommonApplication>

by: **January 24, 2024 or until positions are filled**

College Association, Inc. at SUNY Canton has the following position open: Facilities Associate- The Facilities Associate uses established work procedures, performing all tasks related to the operation of Chaney Dining Center and the Retail Food operations as assigned. Maintains cleanliness and sanitary conditions including but not limited to main dining hall, all retail dining and concession locations on campus, and residential laundry rooms. Responsible for proper placement and storage of goods including food, paper, and chemical supplies. This is a full-time seasonal position based on the academic year and includes a generous benefits package. Hours for this position are Monday, Wednesday-Friday 9:00am-5:00pm, and every other Saturday and Sunday 9:00am-5:00pm. Starting pay is \$15.00 per hour. Send resumes to Nichole Todd, Human Resources Representative, College Association, Inc. SUNY Canton,

34 Cornell Drive, Canton, NY 13617 or at oshea109@canton.edu. College Association, Inc. is an Equal Opportunity/Affirmative Action Employer. All offers of employment are subject to the applicant successfully passing a background (including criminal records) check.

Agriculture Laborer: The Agriculture Laborer is responsible for performing all labor related tasks involved with program activities. Status: Full-Time, Non-Exempt. Salary: \$15.02 - \$21.49. Deadline: January 24, 2024. Complete announcement and application instructions are available online at: www.srmrtnsn.gov.

Registered Nurse: Under the direction of the Assistant Program Manager, the Registered Nurse is responsible for overseeing the medical and clinical conditions of the individuals. Interacts with and works closely with the individual's physicians and medical

specialists, to promote their medical well-being. Status: Full-Time, Exempt. Salary: \$27.29 - \$41.03. Deadline: Open Until Filled. Complete announcement and application instructions are available online at: www.srmrtnsn.gov.

JANITOR wanted in Ogdensburg. The successful candidate maintains the plants physical appearance so it is clean and neat, including floors/walls/windows/common spaces and non-manufacturing equipment and grounds. He/she will keep inventory of lunchroom and cleaning supplies. May be required to lift 50 pounds or more. Starting wage between \$17.00 and \$20.00 dependent on experience. Competitive benefit package offered. Interested applicants may drop resume off to 110 Denny Street or email kim@hoosiermagnetics.com

CHEF POSITIONS at Hazen Enterprises. Email resume to Lawrencehazen@gmail.com

PRINT | ONLINE | MOBILE | SOCIAL

North Country EMPLOYMENT

Pages B1 - B8

| B1



NOW HIRING CDL DRIVERS & TECHNICIANS AT OUR POTSDAM LOCATION

Drivers and Technicians at Casella participate in a Career Pathways Programs that offer exceptional advancement opportunity and regular merit increases.

RECEIVE A
\$5,000 HIRING BONUS



MECHANICS
EARN UP TO
\$67,000 IN THE
FIRST YEAR!

BENEFITS INCLUDE:
Medical, Dental, Vision, Life & Disability Insurance, Maternity & Parental Leave, Flexible Spending Accounts, Discounted Stock Program, 401(k), Work Boot, Clothing, & Tool Allowance, Safety Awards, Employee Assistance Plan, Wellness Incentive, Tuition Assistance, Career Pathways, and More

To apply, call **315-265-3860**, text **CASELLA** to **97211**, or scan here >



Your Local Waste & Recycling Service Provider Since 1975!

Equal Opportunity & Affirmative Action Employer



Canton Central School

is accepting applications for the following anticipated positions:

SCHOOL YEAR 2024-25 TENURE TRACK POSITIONS

- 7-12 Physics Teacher
- 7-12 Spanish Teacher
- K-12 Art Teacher
- 7-12 English Teacher
- Physical Education Teacher
- Special Education Teacher, Students with Disabilities certification in Grades 5-9

Applications are due by 4:00 PM Wednesday, January 17, 2024.
NYS Certification is required.

Applications can be found at www.ccsdk12.org/employment. Please include a cover letter, resume, transcripts, copies of certifications/licensures, and three letters of reference with your application.

Canton Central School District is an Equal Opportunity Employer

ALL EMPLOYMENT ADVERTISING

in this newspaper is subject to section 296 of the human rights law, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, US Code, Chap. 630 excludes the federal government from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.



TEMPORARY CUSTOMER CARE SPECIALIST POSITIONS

At Community Bank System, Inc. (CBSI), we are dedicated to providing our customers with friendly, personalized, high-quality financial services and products. Just as our employees are committed to helping our customers manage their finances, we're committed to our employees. After all, they make it happen for our customers every day.

We are currently seeking applicants for Temporary Customer Care Specialists in Canton. This position is responsible for answering incoming bank calls while adhering to customer service standards and department policy. The CCC Specialist will also provide technical support and assistance to customers and branches for all Customer Care Center products and services as well as general customer assistance with basic deposit and loan questions.

QUALIFICATIONS:

BI-LINGUAL IN SPANISH A PLUS!

Call Center or customer service and banking experience preferred. Two (2) year degree in Business or Finance with emphasis on communications or equivalent related experience, preferred. Proficient PC Skills including typing. Experience with e-mail software and the Internet. Excellent oral and written communication skills. Proficient in letter-writing using business letter skills.

Hours: Typically 40 hours a week but may consider part-time hours if Bi-lingual in Spanish.

Compensation: Minimum of \$18.25

To apply to this position or to see a full listing of current openings please go to: <https://cbna.com/careers/work-happy>

An Equal Opportunity Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, or protected veteran status and will not be discriminated against on the basis of disability.



Clarkson™

Employment Opportunities

Per Diem Campus Safety & Security Officer (Potsdam, NY)

Position Summary Guidelines: The Campus Safety Officer is responsible for providing campus safety services to the university community, which includes enforcing university regulations, vehicle and traffic laws, local, state and federal laws. Providing emergency response on campus and protecting life and property within the Clarkson community. In addition, the Campus Safety Officer/ Staff engage in outreach and communication efforts to women and/or underrepresented student groups on campus around issues of alcohol consumption, sexual misconduct, sexual harassment and bias-related conduct.

Minimum qualifications: High School Diploma required. New York State driver's license and a driving record acceptable to the University.

Range: \$16.00 based on experience

Research Accountant (Potsdam, NY)

Position Summary Guidelines: The Research Accountant shall be responsible for performing a variety of accounting activities associated with sponsored research in accordance with accounting principles and standards to control the University's financial resources and ensure that it complies with all relevant regulations, laws and reporting requirements

Minimum qualifications: Associate Degree in Accounting or Business Administration or at least 5 years of relevant accounting experience.

Range: \$20.00- \$26.40 based on experience

Review of applications will begin immediately and continues until the position is filled. To submit your application, go to www.clarkson.edu/hr and click "Career Opportunities" below Careers at Clarkson section. An equal opportunity /affirmative action employer, Clarkson actively seeks and encourages applications from minorities, women and people with disabilities. [https://www.clarkson.edu/human-resources/career-opportunities](http://www.clarkson.edu/human-resources/career-opportunities)

Prior to a final offer of employment, the selected candidate will be required to submit to a background check including, but not limited to, employment verification, educational and other credential verification, and criminal background check.

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HEUVELTON Central School District

is accepting applications for the following positions:

2024-25 TENURE TRACK POSITIONS

- (1) Library Media Specialist
- (1) Chemistry Teacher (or alternate science)
- (1) Secondary Math Teacher
- (0.5) Physical Education/(0.5) Health Teacher OR
- (1) Physical Education Teacher AND (0.5) Health Teacher
- (1) Special Education Teacher
- (1) Elementary Teacher

Deadline: Monday, January 15

2024-25 LONG TERM SUBSTITUTE

Secondary Social Studies Teacher is needed starting

Sept 1, 2024 for 20 wks.

Applications accepted until filled.

IMMEDIATE POSITION

A floating long-term substitute teacher for all grade levels.

Applications accepted until filled.

NYS certification required.

Applications available to submit online at
<https://www.heuvelton.k12.ny.us/>

Direct Inquiries to:

Tessa Herron, District Clerk

therron@heuvelton.k12.ny.us or 315-344-2414 x28891

Equal Opportunity Employer

NURSE PRACTITIONERS

Hospice is expanding the AIM palliative care program and has immediate openings for **full time, part time and per diem Nurse Practitioners** to provide home-based palliative care consultations throughout St. Lawrence County. AIM provides pain and symptom management and education and support to families and caregivers, while working with and supporting patients' primary care physicians.

Applicants should have some familiarity with palliative care, broad clinical knowledge, and excellent interpersonal and communication skills. Experience and certification in palliative care, hospice and/or pain treatment preferred; if not certified in hospice and palliative care, must obtain certification within 2 years of employment. NYS license required.

Salary range \$57-\$60/hr. Paid CME and competitive benefits. Send resume to Ruth Fishbeck, CEO, Hospice of St. Lawrence Valley, PO Box 510, Potsdam NY 13676. Email: rfishbeck@hospiceslv.org.

Office Manager / Bookkeeper Part Time / Full Time

Pay \$17.50 to \$21.00 depending on experience

Apply within or call

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excellent benefits. For more information please visit <https://stlaw-portal.mycivilservice.com>. Applications will be accepted until 01/19/24. Please send applications to: Human Resources Office, 48 Court Street, Canton, NY 13617. Applications can be obtained from the St. Lawrence County Human Resource's webpage: <https://stlawco.gov/Departments/HumanResources> or by contacting Human Resources (315)379-2210. AA/EEO



HERMON-DEKALB CENTRAL SCHOOL is accepting applications for 7-12 Tenure Track Special Education Teacher. Applications are available at <http://www.hdcsk12.org> or at HDCS. Please send letter of inter-



Part-Time HOSPICE PHYSICIAN

Hospice is looking for a part time hospice physician to review admissions Monday through Friday during office hours. Hospice is committed to admitting patients within 24 hours of referral so the physician must be able to review and respond to admissions several times throughout the workday.

Responsibilities include reviewing documentation for eligibility, determining hospice diagnosis for admission, and completing required documentation within 2 days of admission. The position typically requires 5-7 hours per week.

Interested applicants should contact

**Ruth Fishbeck, CEO,
for more information at 315-
265-3105 or
rfishbeck@hospiceslv.org.**

or by email to: mikehamlin@tjtoyota.com
NEW CAR DEALERSHIP HIRING: Full time Technician for our "Express Maintenance Team". Primary duties include basic auto maintenance task such as: oil/filter changes, tire rotations, airfilter changes and wiper changes. Previous experience in the automotive field is a plus, but will train the right fast-paced person. Please submit resume to Mike, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56 Potsdam, NY 13676 or mikehamlin@tjtoyota.com

NEW CAR DEALERSHIP HIRING: Full time Technician needed for fast paced car dealership. Primary duties include: oil/filter changes, tire rotations/changes, Air filter changes and wiper changes, Brake diagnosis and repairs, Suspension diagnosis and repairs, Electrical diagnosis and repair etc. ASE Certification preferred but not required. Please submit resume To Mike, Service & Parts Manager, TJ Toyota, Inc., 6706 SH 56 Potsdam, NY 13676 or Email: mikehamlin@tjtoyota.com. Please no phone calls.

St. Lawrence County is in search of: SENIOR FISCAL OFFICERS (3). Salary: \$53,044 with benefits. These are provisional appointments. The successful applicants will need to take a Civil Service exam and score within the top three interested candidates in order to be permanently appointed. Applications accepted until positions have been filled. Applications and qualifications may be obtained from the County's Website at: <https://stlaw-portal.mycivilservice.com/> or by calling 315-379-2210. AA/EEO.

Cook needed at Potsdam Sergi's. Call Lisa after 3 pm at 315 265 3420.

Farm / Truck mechanic wanted. A CDL license is helpful. Operating Equipment will also be part of the job. Call Tony 315-244-1422 or Nick 315-244-6505

AJs Portables is Hiring ! Must have a clean driving record and pass a DOT physical. Tasks include truck driving, cleaning porta potties, picking up and delivering toilets. For more information call 315 393 6152. EOE

The Town of Oswegatchie is accepting applications for a full-time Motor Equipment Operator (MEO). The successful applicant must have a valid and clean Class B license. Excellent benefit package; HSA health insurance, NYS retirement, holidays, vacation, personal & sick time, paid shutdown week, overtime, etc. Applications may be obtained by calling the Highway Superintendent at 315-393-2039.

Potsdam Specialty Paper, Inc. is looking for a Compliance Manager to handle Environmental and Quality. Duties not limited to: Solicit necessary information on raw materials and respond to customer product stewardship inquiries. Acquire environmental data and submit required reports to the Local, State and Federal government, and represent the organization before environmental regulatory agencies. Manage the organization's Quality Management System. Accountabilities include: Oversee operation of Wastewater and Raw Water. Accumulation, storage and disposal of all hazardous and non-hazardous waste. Perform the duties of the Emergency Management Coor-

Office for People With Developmental Disabilities

Career Opportunities

Start Your Career with New York State in St. Lawrence County, Franklin County, Essex County, Clinton County, or Hamilton County

Enjoy Great Benefits:

- Health Insurance • Retirement Plan • Paid Vacation • Paid Holidays • Veteran's Job Training Stipend • Paid Sick Leave • Opportunities for Advancement • Loan Forgiveness And Much More!

As a Direct Support Assistant Salary Range: \$45,457-\$49,405

As a Developmental Disabilities Secure Care Treatment Aide Salary Range: \$56,623 - \$64,693

The Sunmount Developmental Disabilities State Operations Office (DDSO) is seeking DSAs and DDSCTAs.

Minimum Qualifications: A High School Diploma or GED and a valid Driver's License.

As a Licensed Practical Nurse (LPN)

Salary range: \$52,009* to \$56,146* (* Includes Geographic Pay of \$4,000)

The Sunmount Developmental Disabilities State Operations Office (DDSO) is seeking LPNs.

Minimum Qualifications: Must have a current license and registration to practice in New York State, or a limited permit to practice in NYS, or an application on file for a limited permit to practice in NYS.

For more information:

Sunmount DDSO NYS Office for People with Developmental Disabilities (OPWDD)
Office of Human Resources:
518-359-4150
or Sunmount.Careers@opwdd.ny.gov
Sunmount DDSO, 2445 State Route 30, Tupper Lake, NY 12986

An Affirmative Action/Equal Opportunity Employer

dinator, TSCA Coordinator, Radiation Safety Contact, Certified Pesticide Applicator, and ELAP Quality Manager. Qualifications: Associates degree with a technical background preferred. Two years work experience in Environmental and Quality a plus. We are willing to train the right candidate who portrays the following: Leadership, analytical and organizational skills, excellent communication skills, excellent Excel skills. Salary range is: \$60,600-\$75,000. DOE. Competitive benefits package: Medical/prescription, dental, life, vision, generous PTO and matching 401(k). Interested candidates should send cover letter and resume' by January 19, 2024 to: Business Leader, Potsdam Specialty Paper, Inc., 547A Sissonville Road, Potsdam, NY 13676. tracy.champion@pspi.us.com

Now Hiring: Full-time PFS Project Director - PAL of Massena, serving the kids of our community since 2013, has an immediate opening for Project Director of our Partnerships for Success (PFS) Program. This is a full-time, grant-funded position to oversee the planning and implementation of evidence-based prevention programs. Review of applications and interviews begin immediately, until position is filled. For complete details, visit: www.MassenaPAL.com/careers EOE

St. Lawrence County Department of Social Services is in search of a Clerk. Starting salary is \$35,101 with excellent benefits. Generous vacation and sick time allowance, and the option to enroll in the St. Lawrence County's health insurance or opt out of the insurance and receive a buyout in the amount of \$2,000 for single coverage or \$4,000 for family. This is an entry-level class involving the performance of a variety of systematized clerical tasks. This is a provisional appointment. The successful applicant will need to take a civil service examination and score within the top three interested candidates in order to be permanently appointed. You can apply online at <https://stlaw-portal.mycivilservice.com> or by contacting Human Resources at 315-379-2210.

HOUSEKEEPER. 1 day a week. General cleaning, tidying up. No cleaning services please. Experience helpful but not required. Potsdam village. 315-244-0912

The Counseling Center at SUNY Potsdam is accepting on-line applications to fill the key position of Case Manager (Senior Staff Assistant) who will report to the Director of the Counseling Center and will be responsible for providing holistic wrap-around support services by assisting students with negotiating access to campus and community resources for behavioral, financial, and social service needs. The Case Manager will provide assessment, case management, and follow-up support services and referrals to community services providers and college specific resources for students who are experiencing non-academic difficulties that may impede their persistence and academic success. Specifically, the Case Manager works with, supports, and connects students to resources; develops preventative identifi-



Part-Time Code Enforcement Officer

DISTINGUISHING FEATURES OF THE CLASS: The work involves responsibility for administering and enforcing the New York State Uniform Fire Prevention and Building code or a local fire and/or building code if approved by the State Fire Prevention and Building Code Council. Under general supervision, provides for the coordination of all activities relevant to ensuring compliance with the appropriate laws, codes, rules and regulations.

MINIMUM QUALIFICATIONS:

- A) Possession of a Bachelor's Degree in Architecture, Civil Engineering, Civil Engineering Technology, Construction Technology or Fire Protection and Safety; OR
- B) Possession of an Associate's Degree in Architecture, Civil Engineering, Civil Engineering Technology, Construction Technology or Fire Protection and Safety and one (1) year of full-time paid experience in building or fire prevention inspection, building construction work or in a building trade; OR
- C) Currently possesses a New York State Department of State Code Enforcement Certification as mandated in the State of New York Title 19 NYSCRR Part 434.5 (Certification of Code Enforcement Personnel) and has completed any necessary In-service Code Enforcement Personnel Training to maintain proper certification; (Candidates stating they possess the NYS Department of State Code Enforcement Certification will be required to provide proof of such certification and that the certification is currently in compliance with the regulations set forth under the State of New York Title 19 NYSCRR Part 434.5 (Certification of Code Enforcement Personnel) OR
- D) Three (3) years of full-time paid experience as described in (B) above.

SPECIAL REQUIREMENT: Pursuant to the Department of State Division of Building Standards & Codes in the State of New York the incumbent must:

- Complete Basic Training requirements within eighteen (18) months of appointment.
- Obtain certification after completing the required Courses 9A16, 9B16, 9C16, 9D16, 9E16 and 9F16.
- Maintain the required yearly in-service training (24 hours annually) and any required advanced in-service training.

This is a non-competitive appointment and St. Lawrence County will qualify before hiring for this part time job that will pay from a range of \$10,575 - \$12,000 commensurate with experience. The applicant must pass drug/alcohol screening.

Application Deadline: **Monday January 22, 2024 at 4pm.**

Job application is available by contacting the Town Clerk's office.

Send letter of interest, completed application, resume and letters of recommendation and copy of certification to:

Town Clerk Jeannine Brouse, 60 Main Street, Massena, NY 13662



Principal Clerk - Cafe & Accounting

St. Lawrence University has a part-time, Principal Clerk- Cafe & Accounting position at our beautiful Brewer Bookstore. This position is responsible for performing routine clerical duties including cash register operation, customer service, purchasing, stock-keeping, accounting, and store maintenance for the Brewer Bookstore, including the Brewer Café. Supervision and store open/closing responsibilities.

Qualifications: High school diploma. One year of bookkeeping/accounting experience, or equivalent formal training. At least one year of customer service required and food service experience preferred. Ability to follow instructions and complete projects, and understand basic arithmetic to include percentages, discounts, and simple formulas. Ability to lift and manage a 50lb box of books. Ability to stand for long periods. Microsoft Excel. Wage range is \$17.37 - \$24.01 per hour. For more information and to apply, please go online to <http://employment.stlawu.edu> uploading all required materials which are defined in the "special instructions to applicant" section.

All offers of employment are subject to the applicant successfully passing a background (including criminal records) check. SLU is an Equal Employment Opportunity employer.



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Mail Resume To:

6334 US 11, Canton, NY 13617

mail@lebergeandcurtis.com

www.lebergeandcurtis.com

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POTSDAM CENTRAL SCHOOL VACANCIES FOR 2023-2024 SCHOOL YEAR

- Modified Baseball Head Coach
- Varsity Boys Outdoor Track & Field Assistant Coach
- Modified Softball Head Coach
- Varsity Boys Lacrosse Assistant Coach

Application deadline: **January 19, 2024**

An application link and additional information is available on the PCS webpage.

For questions, contact:

Ms. Davida M. Martin, Office of the Superintendent
29 Leroy St., Potsdam, NY 13676
315-265-2000, ext. 36733 • EOE

**Madrid-Waddington
Central School**
is accepting applications for the
2023-2024 school year



FULL-TIME CUSTODIAN PART-TIME CUSTODIAN DRIVER / CUSTODIAN

Applications available online at
www.mwcks12.org or call 315-322-5746, Ext. 35221.

Mail applications:
Eric Burke, Superintendent, Madrid-Waddington
Central School, PO Box 67, Madrid, NY 13660

APPLICATIONS ACCEPTED UNTIL FILLED

MWCS is an affirmative action, EOE.



**Morristown
Central School**

408 Gouverneur Street
Morristown, NY 13664

COME JOIN OUR MCS FAMILY!

WE CURRENTLY HAVE THE FOLLOWING JOB OPENINGS:

- Modified Baseball Coach
- Modified Softball Coach
- Substitute Bus Driver
- Substitute School Nurse (R.N.)

Positions will remain open until filled.

To apply, please visit www.GreenRockets.org

(under the District & Human Resources tabs)

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Responsibilities include:

- Development of clinical programs
- Financial management
- Oversight of clinical management
- Regulatory compliance, audits, and education
- Staff management including hiring, onboarding, and training

Pay Range: \$87,800.00 - \$114,100.00

The listed base pay range is a good faith representation of current potential base pay for successful applicants. It may be modified in the future. Pay is determined by factors including experience, relevant qualifications, specialty, internal equity, location, and contracts.

To apply, visit careers.rochesterregional.org

Rochester Regional Health is an Equal Opportunity/Affirmative Action Employer.
Minority/Female/Disability/Veteran

**ST LAWRENCE
HEALTH**
An Affiliate of
Rochester Regional Health



RECRUITING FOR THE NEXT ST. LAWRENCE COUNTY Public Health Director

St. Lawrence County is seeking an exemplary candidate to lead the Department of Public Health with a \$8.4M Budget and talented staff of over 35 employees. The Public Health Director is responsible to the Board of Health for the implementation and enforcement of the State and County Sanitary Code and other public health programs, and is responsible to the County Administrator for the implementation of the financial, personnel, and administrative policies. The ideal candidate will bring knowledge and experience in exemplary public health practice, outstanding leadership, effective communication, and administrative skills. General Supervision is exercised over programs of the Health Department such as the Clinic functions, Emergency Preparedness, Maternal Child Health, Early Intervention, Lead Poisoning Prevention, Pre-School Transportation, Preventive Health, and Communicable Disease control, Immunizations, and general health promotion and education. Work location is in person.

MINIMUM QUALIFICATIONS: Master's Degree in Public Health or related field*, and two (2) years of administrative experience in a health related organization or government agency. Experience should demonstrate effective knowledge and communication skills to administer public health programs, manage staff and budget, establish and implement policy and goals, and compliance with legal requirements.

NOTE: *Related field includes; health administration, nursing, environmental health or community health education. Appointment to the Director Position is subject to approval of New York State Commissioner of Health.

SALARY RANGE: \$102,890 to \$127,809 w/excellent benefits package that includes health, vision, dental insurances, health buy out option, life insurance, flexible spending account, NYS Retirement, Deferred Compensation, and paid accruals for sick, vacation, personal, and compensatory.

Send a letter of interest and resume to:

Ruth Doyle, County Administrator

48 Court Street, Canton, NY 13617

Deadline for applications will be Wednesday, January 31, 2024. AA/EOE

Apply today ONLINE at:

<https://stlaw-portal.mycivilservice.com>



cation, education, and response strategies; and tracks student outcomes. To review the complete job description: requirements and essential functions of the job, required and preferred qualifications, and/or apply, visit employment.potsdam.edu, job posting No. U-00535. Position is open until filled. EOE

Hiring Journeyman Shift Electricians (Full Time) Average Annual Pay 85K+ BioOrigin Specialty Products (formerly Dunn Paper) in Gouverneur has been mastering the art of crafting sustainable specialty paper and tissue products for years, and now we want you to be part of our dynamic team. Join us on our journey of growth and innovation and support the manufacture of some of the most outstanding sustainable paper and tissue products in all of North America. We are looking for qualified Journeyman Electricians for plant maintenance. This position works a 12-hour Dupont shift schedule (work only 14 days with one full week off per month). This role will take on the daily tasks of trouble shooting electrical issues around the mill using electrical

Trivia Test

1. GENERAL KNOWLEDGE: When is Three King's Day celebrated typically?
2. TELEVISION: In the drama series "Mad Men," what product is presumed to be Don Draper's last advertisement?
3. GEOGRAPHY: What is a chain or collection of islands called?
4. MOVIES: To which city is the McCallister family traveling in the holiday classic "Home Alone"?
5. LEGAL: What is a moot court?
6. LITERATURE: What is the name of the heroine in "The Scarlet Letter"?
7. FOOD & DRINK: What kind of nut is used in marzipan?
8. MUSIC: What is the gift on the 11th day in the song "The Twelve Days of Christmas"?
9. SCIENCE: How much of the Earth's surface is covered with water?
10. HISTORY: What are the two Japanese cities that the United States hit with atomic bombs in WWII?

Answers found elsewhere in this paper.



**St. Lawrence
Psychiatric Center**



Join our Team!

Licensed Practical Nurse

**Make a difference in the lives
of individuals with
mental illness!**

Minimum Qualifications:

Current License or Eligible to
Obtain New York State
Licensure

For More Info, Please Call
**Human Resources
at 315-541-2179**
Fax resume to (315)541-2034 or
send via email to
sipc.humanresources@omh.ny.gov

Salary \$52,009 - \$56,146
(Includes \$4,000 Geo Pay)

Comprehensive Health Coverage

Individual - \$72.68 per paycheck

Family - \$280.06 per paycheck

Free Dental & Vision

Individual & Family Plans Available

NYS Pension & Retirement Programs

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12 Weeks Paid Parental Leave

Must be employed by NYS for at least
6 months to use

**St. Lawrence
Federal Credit Union**

PART-TIME TELLER

St. Lawrence Federal Credit Union is currently seeking a part-time teller for the Ogdensburg and Heuvelton branches. Responsibilities include providing excellent member service, performing member transactions (deposits, withdrawals, loan payments, etc.), directing members to the appropriate department for services and building lasting relationships with members and potential members.

After an appropriate training period, the position will consist of approximately 20 to 25 hours per week with limited Saturday rotations. There may be a potential that the position will develop to full-time status. The pay rate is \$19.00 per hour. Previous teller experience is preferred but not necessary.

Please submit cover letter and resume to Jean M. Clouse, Vice President of Human Resources, at jclouse@stlawrfcu.com no later than January 26. Applications may also be obtained at any branch.

St. Lawrence Federal Credit Union is an Equal Opportunity Employer.



HERMON-DEKALB CENTRAL SCHOOL
is accepting applications for
CSE Secretary/Guidance Secretary

This is a provisional appointment. The successful applicant will need to take a civil service examination (Secretary I) and score within the top three interested candidates in order to be permanently appointed.

Applications are available at
<http://www.hdcsk12.org> or at HDCS

Please send letter of interest, application, resume, and letters of recommendation to:
Mark White, Superintendent, Hermon-DeKalb Central School District
709 East DeKalb Road, DeKalb Junction, NY 13630

Application deadline is at noon on January 12, 2024

The Hermon-DeKalb Central School District offers employment and educational opportunities without regard to sex, race, color, national origin, or handicap.



Alumni Events
Coordinator

College Advancement is accepting on-line applications for an **Alumni Events Coordinator (Staff Associate)** to join a team of dedicated professionals tasked with engaging members of the SUNY Potsdam family. This 10-month position is responsible for coordinating all regional, local, and virtual alumni events, including management of regional alumni volunteers, planning and implementation of the College's annual Reunion celebration, and electronic communications to alumni which includes social media, email, and website updates.

The successful candidate will bring exceptional interpersonal, organizational, and writing skills; flexibility, professionalism, and capability to manage multiple events, projects, and deadlines.

To review the complete job description and/or apply, visit employment.potsdam.edu, job posting number U-00540. SUNY Potsdam alumni are encouraged to apply. EOE



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**ST. LAWRENCE
UNIVERSITY**
Facilities Operations - Project Manager

One-Year Position

Facilities Operations at St. Lawrence University invites applications for a one-year, Project Manager position. To view the complete position description, including minimum qualifications required, as well as application instructions please visit: <https://employment.stlawu.edu/postings/3543>.

St. Lawrence University is an Equal Employment Opportunity employer.

King Crossword

ACROSS

- 1 Melville captain
- 5 Male swans
- 9 Luau dish
- 12 Humorist Barry
- 13 Med. plan options
- 14 PC program
- 15 Barrel bottom bit
- 16 Concerning
- 17 Old Olds
- 18 Voice in an iPhone
- 19 Half of XIV
- 20 Rooters
- 21 Formerly called
- 23 "Morning Edition" airer
- 25 Humidor contents
- 28 Salad base
- 32 Maxim
- 33 Sean of "Rudy"
- 34 Bequest
- 36 Surround with light
- 37 Judge Lance
- 38 Approves
- 39 Iowa crop
- 42 WWII service member
- 44 "See ya!"
- 48 Some
- 49 "Legally Blonde" role

DOWN

- 5 Branches
- 51 Wish otherwise
- 52 Intend
- 53 Harvest
- 54 Curvy letter
- 55 "Garfield" dog
- 56 Catches some rays
- 58 Totals
- 59 Mata —
- 60 Say it's so
- 61 2013 Keira Knightley film
- 62 Sour cream tidbits
- 63 Hotel chain
- 64 Ho-hum
- 65 Away from NNW
- 66 Brazilian rubber
- 67 Frank
- 68 Wall St. debuts
- 69 Clean slate
- 70 Upright
- 71 Bit of mischief
- 72 Baseball's Ripken
- 73 Knightley film
- 74 Chemical suffix
- 75 Joke
- 76 Sour cream tidbits
- 77 JFK info
- 78 Goose egg
- 79 —cone
- 80 Cried in pain
- 81 Tertiary Period epoch
- 82 Give a darn
- 83 Burden
- 84 Deli loaves
- 85 Jai —
- 86 Bailiwick
- 87 Eliot Ness, e.g.
- 88 Nile vipers
- 89 Punk rock offshoot
- 90 Chemical suf-fix
- 91 Joke
- 92 JFK info

Answers found elsewhere in this paper.

**First Presbyterian Church
CHURCH CHOIR
DIRECTOR /
ORGANIST**

Position Summary:
Seeking church choir director/organist at the First Presbyterian Church in Ogdensburg.

If interested please contact the church office at clergyopc@gmail.com for a complete job description and application for more information.

**Deadline for applications is
January 17, 2024.**

test equipment, assisting the operations and mechanical maintenance departments with their day-to-day tasks, and operating the steam plant. Successful candidates will join the United Steel Workers Union Local 0687. Come join our dynamic team as we grow our business in specialty tissue products. You will have the unique opportunity to work with all levels of staff, from mill manager to new hires to help find solutions to key safety and production goals, along with developing new environmentally sustainable paper products in the movement to eliminate single use plastics. To find out more and apply go to www.bioriginsp.com/careers

Frederic Remington Art Museum in Ogdensburg, NY is hiring an Executive Assistant. Applicants should have a proven record in office administration, excellent communication, and meticulous attention to detail. Full-time, \$40,000 salary + benefits. For full job description, visit fredericremington.org. To Apply: Send resume, 3 references, and cover letter to director@fredericremington.org.

SUNY Potsdam Child Care Center is accepting applications for a Lead Teacher in our Preschool 4 classroom. Qualifications needed: B.A in Early Childhood or Childhood Education, A.A.S. in Early Childhood Education or CDA Credential in Preschool care and experience working with young children. Wage range: \$15.40 - \$15.85 per hour. Apply online at www.potsdam.edu/community/sppcc. Email letter of interest, an updated resume and three current reference letters to: Lori Moulton at moulton@potsdam.edu or mail to SPCCC, 185 Outer Main Street, Potsdam, NY 13676. Applications accepted until position is filled. Anticipated start date of January 2, 2024. SPCCC, Inc. is an affirmative action/equal opportunity employer.

Administrative Assistant: Local law firm with



St. Lawrence Psychiatric Center



Join our Team!

Licensed Master Social Workers & Licensed Mental Health Counselors

Positions Available in Watertown, Gouverneur, Massena & Ogdensburg

Minimum Qualifications:

Current License or Eligible to Obtain New York State Licensure

For More Info, Please Call
Human Resources at 315-541-2179 or
Fax resume to (315)541-2034 or send via email to
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Individual - \$74.68 per paycheck
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Generous Paid Time Off

12 Weeks Paid Parental Leave

Must be employed by NYS for at least 6 months to use



St. Lawrence Psychiatric Center



Direct Care Job Opportunity

Mental Health Therapy Aide

Make a difference in the lives of individuals with mental illness!

Minimum Qualifications:

High School Diploma or High School Equivalency Diploma (GED)

License Requirement: Depending on assignment, you may be required to possess a valid license to operate a motor vehicle in New York State at the time of appointment and continuously thereafter.

For More Info, Please Call

Human Resources at 315-541-2179

Fax resume to (315)541-2034 or send via email to

sipc.humanresources@omh.ny.gov

Salary \$49,457 - \$53,405
(Includes \$4,000 Geo Pay)

Comprehensive Health Coverage

Individual - \$54.51 per paycheck
Family - \$235.13 per paycheck

Free Dental & Vision

Individual & Family Plans Available

NYS Pension & Retirement Programs

Generous Paid Time Off

12 Weeks Paid Parental Leave

Must be employed by NYS for at least 6 months to use

offices in Ogdensburg, Malone, and Watertown looking for an individual to primarily answer phone calls and assist as needed with the operation of the office. Must possess computer skills and should be comfortable working with Microsoft applications including Outlook, Word, and Teams. This is an in office position which may be performed in any of our offices. The position is

full time, Monday-Friday from 8:00-4:00, pay will be \$15-\$18/hour depending on qualifications. Benefits include paid days off, medical and dental insurance, and 401(k). Please email cover letter, resume, and references to lgrandy@carlislefirm.com.

JobsRUs.com is a service-oriented staffing/recruiting company dedicated to working

closely with our clients. We are currently hiring Machine Operators, Assembly Technicians, and Facility Cleaners with salaries ranging from \$14.20/hr to \$20.00/hr. We also have several other positions available at this time. For more information please apply at www.jobsrus.com or Contact our office at (315)265-8860.

Cornell Cooperative Extension St. Lawrence County After School Educator 21st Century Program

Deadline to Apply: January 17, 2023

POSITION SUMMARY:

This position will serve as an After-School Program Educator for Cornell Cooperative Extension Association of St. Lawrence County in support of the 21st Century After School Program, and will provide comprehensive 4-H youth development opportunities for youth in grades K-8 in the Parishville- Hopkinton Central School District, Edwards-Knox Central School District, Hermon-Dekalb Central School District or Colton-Pierrepont Central School District. This position will provide established guidance and direction for program participants and after-school activities, including club and life skills, as well as assisting the collaborating teachers during the academic study portion of the program. This position will provide instruction utilizing established 4-H curriculum in the areas of, but not limited to: STEAM, environmental science, natural resources, community service, life skills development, and agriculture. This position will utilize existing program resources and materials in program work, assist in the creation of program lesson plans, utilize a variety of delivery methods and assist in delivering established innovative educational programs as assigned.

Required Qualifications:

- Associate's Degree in child development, recreation, related field or equivalent education (GED/High School Diploma and 2 year transferrable/program experience).
- Experience relevant to the role of the position.
- Valid NYS Driver's License and the ability to meet travel requirements associated with this position.
- Ability to meet acceptable background check standards (DMV and criminal background checks).
- Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, training requirements).
- Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, background check, and training requirements).
- Ability to work flexible hours which may include evenings and/or weekends, as appropriate.

<https://stlawrence.cce.cornell.edu/administration/employment-opportunities>

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

Cornell Cooperative Extension St. Lawrence County After School Educator

Deadline to Apply: January 17, 2023

POSITION SUMMARY:

This 10-month position will serve as an Afterschool Program Educator for Cornell Cooperative Extension of St. Lawrence County and will provide comprehensive 4-H youth development opportunities for youth in grades K-5 at the Extension Learning Farm of St. Lawrence County. This position will provide established guidance and direction for program participants and after-school activities, including club and life skills, as well as assisting youth during the academic study portion of the program. This position will provide instruction utilizing established 4-H curriculum in the areas of agriculture, environmental science and natural resources, science, technology engineering, and math (STEM). This position will utilize existing program resources and materials in program work, assist in the creation of program lesson plans, utilize a variety of delivery methods and assist in delivering established innovative educational programs as assigned.

REQUIRED QUALIFICATIONS:

- Specify required minimum equivalency for education, experience, skills, information systems knowledge, etc.
- Associate's Degree or equivalent education (GED/High School Diploma and 1 year transferrable/program experience).
 - Experience is relevant to the role of the position.
 - Ability to meet travel requirements associated with this position, including valid NYS driver's license.
 - Ability to meet acceptable background check standards (DMV and criminal background checks).
 - Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, background check, and training requirements).
 - Ability to meet acceptable background check standards (After-School Checks – Grant Based).
 - Ability to meet all School Age Child Care (SACC) and Office of Children and Family Services (OCFS) licensing requirements (i.e. Tuberculosis Test, physical exam, background check, and training requirements).
 - Ability to work flexible hours which may include evenings and/or weekends, as appropriate.

<https://stlawrence.cce.cornell.edu/administration/employment-opportunities>

***Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.*



St. Lawrence University has a full-time, 11 months, seasonal **Utility** opening in Dining and Conference Services. Under supervision from the management team, performs a variety of tasks concerned with the sanitation, maintenance and up-keep of a Dining Services Unit. Drives catering vehicle as needed.

Qualifications: High school diploma (or equivalent) required; must have the ability to operate mechanical cleaning devices and to correctly measure, weigh and apply simple cleaning solutions. Requires the ability to move objects 50 pounds or more a distance of 10 feet or more. Must be able to meet University requirements to be authorized to drive University vehicles on and off campus and work with cleaning chemicals. Wage range is \$15.00 - \$19.98 per hour.

Qualified and interested applicants must apply online at: <https://employment.stlawu.edu>. Review of applications will begin immediately and continue until the position is filled. SLU is an Equal Employment Opportunity employer.

All offers of employment are subject to the applicant successfully passing a background (including criminal records) check.



POTSDAM CENTRAL SCHOOL VACANCIES FOR 2023-2024 SCHOOL YEAR

Building Maintenance Worker

Must have a valid NYS CDL

Application deadline: **January 19, 2024**

An application link and additional information is available on the PCS webpage.

For questions, contact:

Ms. Davida M. Martin, Office of the Superintendent
29 Leroy St., Potsdam, NY 13676
315-265-2000, ext. 36733 • EOE



Network Infrastructure & Media Technician

The Computing & Technology Services Department at SUNY Potsdam is seeking a Network Infrastructure & Media Technician (Instructional Support Associate – budget title), to join a team of technical support professionals to provide support and maintenance to campus network infrastructure and telecommunications infrastructure, A/V classroom technology, and occasional event support.

To review complete job description: the job requirements & essential functions of the job, required and preferred qualifications, and submit resume, cover letter, application, and references apply on-line at employment.potsdam.edu, job posting number U-00533.

Position is open until filled.

EOE



FOUR-HOUR FOOD SERVICE WORKER

Applications available online at www.mwcks12.org or call 315-322-5746, Ext. 35221.

Mail applications:

Eric Burke, Superintendent, Madrid-Waddington Central School, PO Box 67, Madrid, NY 13660

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Office for People With Developmental Disabilities

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As a Direct Support Assistant

Salary Range: \$45,457-\$49,405

As a Developmental Disabilities Secure Care Treatment Aide

Salary Range: \$56,623 - \$64,693

The Sunmount Developmental Disabilities State Operations Office (DDSO) is seeking DSAs and DDSCTAs.

Minimum Qualifications: A High School Diploma or GED and a valid Driver's License.

As a Licensed Practical Nurse (LPN)

Salary range: \$52,009* to \$56,146* (* Includes Geographic Pay of \$4,000)

The Sunmount Developmental Disabilities State Operations Office (DDSO) is seeking LPNs.

Minimum Qualifications: Must have a current license and registration to practice in New York State, or a limited permit to practice in NYS, or an application on file for a limited permit to practice in NYS.

For more information:

Sunmount DDSO NYS Office for People with Developmental Disabilities (OPWDD)

Office of Human Resources:

518-359-4150

or Sunmount.Careers@opwdd.ny.gov

Sunmount DDSO, 2445 State Route 30, Tupper Lake, NY 12986

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Tuition Reimbursement

Public Loan Forgiveness Eligible

12 Weeks Paid Parental Leave

Must be employed by NYS for at least 6 months to use

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SERIOUS COLLECTOR interested in buying antique wood-working tools, old planters, Victorian era glassware, old bottles. Individual or collection. 315-262-7073

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