



PROGRESSIVE DENTAL

Stephanie L. Reimer, DDS
Dennis A. Romero, DDS

Looking for a dentist who truly knows YOU, your family, and cares about YOUR outcomes?

At Progressive Dental, we go beyond just being your dentist—we're a part of THIS community, and we live here too. We're the dentist you'll run into at Fleet Farm, and when we see you, we'll remember you (and say hi!) and be thinking about how your new filling or crown is working for you.

It's this level of caring that makes all the difference. With us, you're not just a number—you're OUR patient, and we care about your well-being. We're committed to providing the highest quality care because we hold ourselves to the highest standard: our work will always be top-notch, every time. We are not satisfied until it is, and we hold this internal standard for ourselves.

Invest in quality care at Progressive Dental, and **save** yourself **money in the long run**. You deserve a dentist who cares as much as you do (and probably much more!)

Dental care you can TRUST!

2010 Progress Blvd. • Antigo
(Down the road from Northside CoVantage.)

715-623-7221

Leave a message if you reach the voicemail - we will get it!

www.antigodentist.com

antigoprogressivedental@gmail.com



Happy holidays, neighbor!

My team and I want to wish you happy holidays. We hope this holiday is joyous and peaceful for you and yours.

Arika Alft
Agent

816 Superior St
Antigo, WI 54409-2052

Bus: 715-623-7673
www.arikaalft.com
arika@arikaalft.com

Like a good neighbor,
State Farm is there.®

StateFarm
Bloomington, IL



SAVE THE DATE!

Brian & Michele's
Old Mill
Bar & Grill

Join Us For A Celebration!

COME ON OUT & PARTY!

New Year's Eve

Tuesday, Dec. 31st

Party Hats & Favors

FREE Champagne at Midnight

RJC Seamless Gutters

Seamless Aluminum Gutters
Locally Owned & Insured
Free Estimates

Call Randy or Bill

715.851.7742 | 414.467.3296

info@rjcseamlessgutters.com

www.rjcseamlessgutters.com

From ours
to yours -
Merry
Christmas
&
Happy
New Year!

Integrity REALTORS^{LLC}



SERVING COMMUNITIES FOR THE PAST 14 YEARS!

510 ACKLEY ST. ANTIGO
715-627-4181

112 S LAKE AVE. CRANDON
715-902-0233

N11303 ANTIGO ST. ELCHO
715-275-3001

PRICE REDUCED	NEW LISTING	NEW LISTING	PRICE REDUCED	LOOK INSIDE
				
ANTIGO W9380 CTH F 2BD/1BA \$109,000	ANTIGO 226 GRUBER 3 BD/2 BA \$188,900	ANTIGO 302 DELEGLISE 3BD/3BA \$269,900	ANTIGO W9686 CTH D 3BD/2BA 2.2 ACRES \$319,900	ANTIGO 415 FREIBURGER 3 BD/3 BA \$344,900

← Advertise Your Business Here! →
 Contact us at 715.350.6866

PUBLISHER'S LETTER
A New Year With New Beginnings

Dear Reader,

As the calendar turns to another New Year, we find ourselves at a familiar crossroads, a time for renewal and reflection. It's a time when we take stock of our lives, weighing the good against the bad, and consider the impact we've had on the world around us. The New Year offers a chance to set new goals and make resolutions in the hopes of becoming the best versions of ourselves.



Yet, as many of us know, the resolve we feel on January 1st can be fleeting. How often do we revisit our resolutions a year later, only to find they've been forgotten, buried under the weight of daily routines and unexpected challenges? Despite our best intentions, life has a way of diverting our focus, and those grand plans can slip away unnoticed.

But perhaps that's okay. The beauty of the New Year lies not just in our ambitions but in the grace we grant ourselves when we fall short. It's a time to acknowledge our humanity, to understand that growth is not always linear, and that the journey itself—full of missteps and lessons—is what truly matters.

So as we step into this New Year, let's embrace the opportunity to dream, to set intentions, and to strive for better. But let's also be kind to ourselves when we stumble, and remember that each new day brings with it the possibility of renewal.

Wishing you a joyous New Year, full of hope, reflection, and the endless potential of new beginnings.

PATRICK J. WOOD Publisher

Author of "Reflections" a new book now available on Amazon.

NUESKE'S
 December 16th thru December 21st, 2024

APPLEWOOD SMOKED IRREGULAR BACON
 5 LB. BAG – ONLY 2 FOR \$50.00
THE PERFECT HOLIDAY PRESENT!!

APPLEWOOD SMOKED HAMS
 BONE-IN - \$5.49 lb.
 6 LB./UP BONELESS - \$6.99 lb.
 All Nueske's Hams on Sale!!

NUESKE'S HONEY HAM OR TERIYAKI
 STICKS – 2 lb. package
 \$5.00 off ea.

APPLEWOOD SMOKED BONELESS DUCK BREAST
 \$3.00 OFF PER UNIT • LIMIT 5

SARTORI BELLAVITANO GOURMET CHEESE WEDGES
 5.3 oz. – 2 for \$10

SCHOOLHOUSE MARKET
 Gift Shop

Shop Local for that extra special gift.
 Proudly representing Wisconsin businesses.

Nueske's Applewood Smoked Meats Company Store
 1390 East Grand Ave., Wittenberg, WI 54499
 (715) 253-4059 or nueskes.com

U Bake
 225758 Rib Mt. Dr.
 Wausau • 355-4462

SEASON'S EATINGS
 Your One-Stop Baking Headquarters

Mini Holiday Cookie Dough: Butter Spritz, Mexican Wedding, Toffee, Maple Walnut, Mint and More

Ready to Bake & Decorate Sugar Circle Cutouts, Assortment of Trees, Snowmen, & Stars 24ct., Gingerbread Men Cutouts 12ct.

We offer the largest selection of holiday Sprinkles & baking sugars you'll ever find.

Baking Flours • Candy Cherries Nuts Chocolate Chips
 Melting White Milk & Dark Chocolate
 Holiday Hours: M-F 9-8; Sat. 9-6; Sun. 11-5

Largest Selection of Frozen Pastry, Strudel, Scone, Roll & Bread Doughs in the country!

Quality and Value

Affordable and attractive buildings for suburban, equine, agricultural and commercial use.

When you are ready for a new building project, get all of the quality, value and service you deserve.

Wick Buildings
 Authorized Wick Builder

For more information contact
Willie Kimmons
 800-569-3090
 WillieAtWickBuildings.com

TerX
 Shredding & Recycling Co. LLC
 107 EVEREST AVE, BROKAW, WI
 715-675-0680
 TERXRECYCLING.COM
 M-F 7:30am-3:30pm FOR JUNK VEHICLES
 ALL OTHER METALS ACCEPTED UNTIL 3:45pm

UNPREPARED STEEL: \$190/NT
SHEET IRON: \$200/NT
ALUMINUM CANS: 73¢/LB
*PRICES SUBJECT TO CHANGE WITHOUT NOTICE. MUST BE 18.

NOW PAYING CASH

COMPLETE JUNK VEHICLES
\$300

PER NET TON

INCOMPLETE VEHICLES \$170/NT

NO TITLE NEEDED MUST BE LIEN FREE
 *MUST HAVE ENGINE, BATTERY & ORIGINAL FACTORY WELDED CATALYTIC CONVERTERS - WILL DEDUCT FOR TIRES LEFT ON.

HOLIDAY SPECIAL

PELLET WOOD GAS } STOVES

WARM WISHES FROM ESES

Our 33rd Year

FREE*

Basic DIY Install Kit

BASIC 3" VENT KIT
BASIC BLACK STOVE BOARD
 RETAIL VALUE \$582
 STRAIGHT OUT KIT & BASIC BLACK BOARD ONLY

1ST 25 CUSTOMERS RECEIVE Pellethead Ash Vault

FREE*
 WITH NEW STOVE PURCHASE!
 (\$140 VALUE)

SAVE UP TO \$2,000*

WITH THE 30% FEDERAL TAX CREDIT*

DALE GREEN BAY JUNCTION CITY

920.779.6647
PELLEHEAD.COM

* With approved credit. * Discounts cannot be combined *Certain restrictions apply.
 ** See ESES Associate for details.

NO CHIMNEY REQUIRED W/ PELLET STOVE*

SAVE UP TO 50% ON HEATING*

FREEDOM STOVES

BUILT-IN BATTERY BACK-UP* NO POWER? NO PROBLEM!

FEATURED STOVE OF THE MONTH

INDEPENDENCE PS21

VINTAGE EDITION

NEW PANEL DESIGN! AVAILABLE IN RED OR BLACK.

0% INTEREST*

EZ PAYMENTS (AS LOW AS \$2/DAY!)*

Evergreen 4H Club



The Evergreen 4H Club held a good drive for the White Lake Area Christian Food Pantry. The White Lake School, Wolf River Roots, Elton Mall and Cafe, and Lafaro's Fresh Market hosted donation drop boxes for the club. Food pantry volunteers were very excited when the food was delivered.



Tavern League Donation

Shown in picture is president Brian Miedl and vice president Sara Kings Langlade county tavern League raised money for Foster kids Christmas at Not Bobs in Antigo.

Holiday Lights Recycling Program is in Full Swing



HABITAT FOR HUMANITY OF WAUSAU, INC.

Habitat for Humanity of Wausau is excited to announce the return of the Holiday Lights Recycle Program! Habitat Wausau takes holiday lights that are new or old. Lights can twinkle or fizzle. Broken or tangled lights are gladly accepted. Every strand of lights contributes to increasing homeownership and critical home repairs for low-income families in the greater Wausau area. All lights collected support Habitat's Home Ownership Program, Critical Home Repairs and Veterans Build in the Wausau area. Habitat for Humanity of Wausau's goal is to collect 5,000lbs of lights this holiday season.

Collection boxes are convenient locations across the community and will be out now through January 15th. Wausau Habitat ReStore takes holiday lights all year round during regular store and donation hours of operation. New in 2024-2025 boxes are also available in Merrill and Stevens Point to support regional Habitat efforts.

Habitat for Humanity of Wausau has been recycling holiday lights since 2014 and has kept over 35,000lbs of lights out of our local landfill.

Spread joy and sustainability this holiday season by participating in the Holiday Lights Recycling Program!

- Keep the environment shining bright: Recycling old holiday lights prevents them from ending up in landfills, reducing waste and protecting our planet.
- Its easy and convenient: Drop off your old or broken lights at our designated collection points and do your part in the recycling effort.
- Make a positive impact: By recycling your lights, you're contributing to a greener and cleaner community for everyone while supporting homeownership.

Ace Hardware Grand Opening Celebrates Generosity and Community Commitment

NATASHA WINKLER

Antigo's new Ace Hardware, located at 715 Superior Street, has quickly become more than just a hardware store—it's a symbol of community partnership and generosity. During its grand opening celebration earlier last week, Ace Hardware demonstrated its dedication to Antigo and the surrounding area by donating \$10,000 to local organizations that play a vital role in the community.

Jeff Dodd, the store's manager, along with Greg Solberg, representing the T.A. Solberg Company presented the donations as part of Ace Hardware's mission to reinvest in the communities they serve.

Supporting Local Initiatives

Among the beneficiaries was AVAIL, Antigo's Domestic Abuse Shelter, which received \$2,500. AVAIL representatives Kay Sollitto, Jane Flores, Rev. Jennifer Sosinski, Tasha Barber, and Sharon Verbanac accepted the donation with gratitude. Director Tasha Barber emphasized the importance of such contributions, noting that funding for rural organizations like AVAIL has become increasingly limited.

Another \$2,500 was presented to Amanda Mohr on

See ACE page 4



Elcho Valedictorian Katrina McCarthy, Class of 2021, daughter of Jennifer McCarthy, will graduate from Mt. Mercy University in Cedar Rapids Iowa with a RN-BSN Degree. She has accepted a position in Stem Cell Transplant at the University of Iowa Hospital.

Congratulations Katt!

(Picture credit to "Aysia's Photography")



C/O Antigo Times: PO Box 408, Waupaca, WI 54981

Patrick J. Wood
Publisher
publisher@mmclocal.com

Tim Schreiber
General Manager
tschreiber@mmclocal.com

Natasha Winkler
CSR, Editorial
nwinkler@mmclocal.com

Lyn Gore
Marketing Consultant
lgore@mmclocal.com

Angela Taves
CSR
ataves@mmclocal.com

Tamara Mortensen
Graphic Designer
tmortensen@mmclocal.com

General Contact
antigotimes@mmclocal.com

Antigo Times is published weekly by Multi Media Channels LLC, N2919 County Road QQ, Waupaca, WI 54981. Periodic postage rates paid at Shawano, WI.

© 2024 Multi Media Channels LLC. All Rights Reserved. No part of this publication or any of its contents may be reproduced, copied, modified, or adapted without the prior written consent of Multi Media Channels LLC.

Representatives available Monday-Friday 8 am - 4 pm

Reach out via phone, text, fax or email.

Phone/Fax/Text: 715-350-6866

Advertising Deadlines Display ads and Classified ads Wednesday 4 pm



OBITUARIES

David C. Steger

February 1, 1947 - December 4, 2024



David C. Steger, of Antigo, died on December 4, 2024 at his home under the care of his family and LeRoyer Hospice. He was 77 years old. He was born on February 1, 1947 in Antigo, a son of the late Steve and Minnie (Kluball) Steger. He married Susan Oesterreich on November 19, 1966 at Peace Lutheran Church in Antigo.



He was a graduate of Antigo High School, class of 1965. He served in the Wisconsin Army National Guard from 1966 to 1973. While in the Guard he lived in Milwaukee where he worked construction. He returned to Antigo and owned the Texaco Service Station and tow-truck service. In 1981 he joined the Langlade County Sheriff Department as a deputy and in 1988 he began his 18 years as the Langlade County Sheriff, retiring in 2006. During his tenure as Sheriff he was instrumental in building the new jail.

David and Sue owned the Wagon Wheel Supper Club in Kempster and Northstar Lanes in Antigo.

He could fix anything, he was a true "MacGyver". David loved the outdoors, NASCAR, hunting, music, history, poetry, and storytelling. He also loved bowling achieving a 300 game on October 7, 2010.

Survivors include his wife of 58 years, Sue Steger; three daughters, Kelly (Christopher Honzik) Steger of Deerbrook, Brenda Sue (Todd) Mayr and Stephanie Steger; two sons, Matthew (Naomi) Steger and David (Tammy) Steger Jr. all of Antigo; ten grandchildren, Kelsey (Jon Schultz) Honzik, Kasey (Robert Theisen) Honzik, Wilhemina Steger, Jack Steger, Faith (Jasen) Bullock, Josh Steger, Maximus Steger, Leviticus Steger, Noah Nicholson, and Kendal Kickhaver; four great-grandchildren, Christopher, Tula, Cash, Jax and Lula; a sister, Lillian Novak of Deerbrook; three brothers, John (Jean) Steger of Antigo, Earl Steger of Antigo, and Edward (Kathy) Steger of Post Lake; a brother-in-law, Fred (Mary) Oesterreich; and sister-in-law, Rosemary Derrene of Antigo.

In addition to his parents, David was preceded in death by a granddaughter, Katie Jo Honzik, a brother, Clarence (Joanne) Steger; sister, Phyllis (Kenneth) Bastle; brother-in-law, Tony Novak; and sisters-in-law, Bessie Steger and Connie (Pete) Arrowood.

A funeral service will be held on Thursday, December 12 at 11 a.m. at Peace Lutheran Church with Rev. Jarod Fenske officiating. Military Honor will be held at the church following the service. Burial will take place in Town of Summit Cemetery.

Visitation will be held on Wednesday, December 11 from 4 to 8 p.m. at the Bradley Funeral Home and on Thursday from 10 to 11 a.m. at the church.

The Langlade County Sheriff's office will provide Honor Guard Wednesday from 6 to 7 p.m. and Thursday from 10 to 10:45 a.m.

Tap Tap "True story, happened a 100 years ago" Online obituary and condolences at www.bradleyfh.com.

Kelly Ann Cofer-Martin November 3, 1979 - October 13, 2024



Kelly Ann Cofer-Martin passed away unexpectedly on Sunday, October 13, 2024 in Tampa, Florida at the age of 44. Kelly was born on November 3, 1979 in Oshkosh, Wisconsin, a daughter of Dave Cofer and Rita (Sippl) Davis and granddaughter of Charlie and Ann Cofer and Ed and Jeanette Sippl.

A celebration of life for Kelly will be held on Saturday, December 14, 2024 at Northstar Lanes from 1:00 PM to 4:00 PM. There will be a time for sharing memories of Kelly at 1:30 PM.

In lieu of flowers, the family would ask that a donation be made in Kelly's name to the Pug Rescue of Florida. <https://pugrescuereflga.com>.

A full obituary can be found at stasserrollerfuneral-home.com.

Wisconsin's Top Tree Farms to Kick Off Your Holiday Traditions

A weekly column written by the staff of Discover Wisconsin highlights things to do and see throughout the State of Wisconsin.

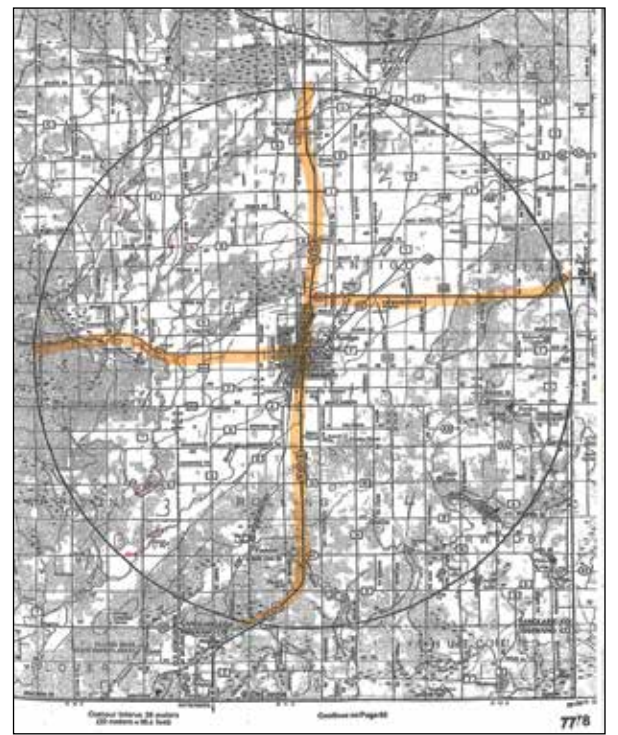


What better way to kick off the holiday season than by picking a fresh tree to spruce up your home? Wisconsin has a deep-rooted love for holiday traditions, and choosing the perfect tree is one cherished by many. Not only is it a fun and festive activity, but it brings a sense of nostalgia for those who have enjoyed this tradition since childhood. Keep reading to discover some of the best tree farms around the state to make your holiday season extra special!

Francis Trees | Rio, WI

Kicking off our list is Francis Trees in Rio, Wisconsin, a second-generation tree farm owned by Gerald and Mona Francis. They purchased the farm from Gerald's parents in 2002 and reopened it in 2007. Francis Trees offers a variety of options, including Fraser fir, Balsam fir, Canaan fir, and Concolor fir. This tree farm makes it easy for those who are looking for a convenient experience; you and your family can drive right out to the trees, pick your favorite, and even cut it yourself with a saw provided by the farm. If you're not comfortable with

See TREES page 12



Antigo Christmas Bird Count

Dear Feeder Watcher, The Antigo Christmas Bird Count is scheduled this year for Thursday December 19, 2024. Hopefully, you will have your bird feeders brimming with seeds and other avian forage.

Your help as a feeder watcher is greatly appreciated and the results of your efforts enable us to gain a much more complete understanding of winter bird populations than would otherwise be possible. The significance of this help can be seen in two principal ways. First, in most years, the feeder watchers add a few species to the count that were not otherwise observed.

And second, and probably of even greater importance, is that many birds (for example, Northern Cardinals, Mourning Doves, American Goldfinch, House Finches and sometimes Purple Finches) concentrate at feeders, so relying exclusively on field parties would produce totals that fall well below the actual populations of these species in the count area (fifteen-mile circle centered at Routes 45 and 64). When the temperatures are low and snow deep, feeders can have an even bigger impact on attracting birds.

Again, only count birds on December 19th, (In the comments feel free to make note of birds seen 3 days

See BIRDS page 6



ACE from page 3

behalf of the Red Robin Scholarship Program. Started by the Antigo Optimist Club years ago, the program has provided countless local students with the resources to pursue higher education. Dodd's personal connection to the program added extra significance to the gesture, as he shared that his own family members have benefited from these scholarships.

Dillon Gretzinger, CEO of the Boys and Girls Club of the Northwoods, accepted a \$2,500 donation to support programs that equip local youth with the skills they need to thrive. Gretzinger noted that this contribution would help offset reductions in grant funding that rural communities often face.

In addition, Dodd announced another \$2,500 donation to the Antigo Area Food Pantry, further demonstrating the T.A. Solberg Company's commitment to addressing essential needs in the community.

More Than a Hardware Store

Ace Hardware's grand opening was more than a celebration of a new business—it was a celebration of Antigo's spirit of collaboration and care. With this \$10,000 donation, Ace Hardware, under the leadership of Jeff Dodd and the T.A. Solberg Company, has shown that their mission goes beyond providing quality products and services. They are here to uplift the community, support its people, and strengthen the organizations that make Antigo a great place to live.

This meaningful investment in Antigo highlights Ace Hardware as not just "the helpful place" but also a key partner in fostering growth and resilience in the area.

Real Estate SHOWCASE
REAL ESTATE IN FOREST, LANGLADE AND OCONTO COUNTIES

~WE ARE MOVING~
Effective Dec 16th
Our New Address is
104 S. Lake Ave, Crandon, WI 54520
P.O. Box 144

Merry Christmas & HAPPY NEW YEAR
from all of us at RADenton Realty!

RAD
RADenton REALTY
RADENTON REALTY LLC
121 N Lake Ave, PO Box 144, Crandon, WI 54520
Office: 715-478-3744 • Fax: 715-273-7055
www.RADRealtyNorthwoods.com

NOW IS A GREAT TIME TO SELL YOUR PROPERTY!
FEATURED LISTINGS!

- 40 Acres (landlocked) - Deerbrook, WI \$39,900
- On Bluebird Rd - Birnamwood, WI \$175,000
- Rolling Stone Lake Lot (West Bay Ct) \$139,900
- Tyra Lake Fire Lane, White Lake, WI \$895,000

Visit our Website!
715-623-3729
BOLEN@BOLENREALTY.COM

BOLEN REALTY
INC
A NAME YOU CAN TRUST

FIND US ON FACEBOOK!

N 1466 HUTCHINS ANIWAIT RD
BIRNAMWOOD, WI
5 BD 3 BR 2 CAR
\$475,000

DUPEX
208 8TH AVE ANTIGO, WI
3 BD 4 BR 2 CAR
\$137,500

CONDO
410 MARY ST ANTIGO, WI
2 BD 3 BR 2 CAR
\$225,000

COMMUNITY CALENDAR

COMMUNITY EVENTS

Antigo Area Community Food Pantry Wednesdays 11am-1pm & Fridays 1-3pm. 2120 Progress Blvd., Antigo. All the time needs include: Low sodium canned vegetables, Low sodium canned beans, Low sodium condensed soups such as chicken noodle, tomato or cream of mushroom, Whole grain cereals, Canned fruit in 100% juice or sugar-free, Plain Oatmeal, Peanut butter, Brown rice/whole grain pasta. Personal Hygiene: Laundry detergent, dish soap, shampoo, conditioner, bar soap, toothpaste (these are not purchased by the pantry unless we are given a grant specifically for these items). For more information, go to AntigoFoodPantry.com or call 715-623-1103. For emergency food assistance needs after hours call 715-627-1818.

Elcho Area Community Food Pantry Mondays 2:30-4:30pm. Wednesdays 4-6pm, 11224 Antigo St., Elcho. Food will be distributed based on availability and # of family members. Note that the pantry is not open on holidays, or on days when the schools are closed because of snow. 715-275-5010. In accordance with federal civil rights laws and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Community Closet Open Mondays 10am-Noon, Wednesdays 4-6pm & Saturdays 9-10am, N9570 Hwy. B, Summit Lake (across from the Summit Lake Post Office) Free Clothing and Jackets (Baby to XXL). Clothing donations are welcome. Everyone is welcome!

Coffee and Conversation at the Senior Center of Langlade County Monday-Friday (except Holiday's) 9-11am. Senior Center of Langlade County, 623 Edison St., Antigo.

Senior Cribbage Group Mondays 1pm. Summit Lake Town Hall N 9575, County Rd B, Summit Lake. CURRENTLY ON HOLD DUE TO LOW PARTICIPATION- PLZ CALL IF INTERESTED: Judy Beecher 715-219-4333

Group Dance Class & Social Tuesdays 6pm. Northstar Lanes 400 Prosser Pl., Antigo. learn to dance in a fun, social setting! Each week the lesson rotates to another style of Latin or Ballroom dance (Salsa, Bachata, Cha Cha, Waltz, Rumba, Foxtrot, Swing, etc.) NO PARTNER (OR EXPERIENCE) REQUIRED! Doors open by 5:45pm. The 45-minute class begins at 6pm and afterwards we'll play a variety of music so everyone can dance and have fun!

White Lake Fitness & Fun Chair Yoga Thursdays 9-10am. White Lake Community Center 615 School St., White Lake.

Line Dancing Dec. 16th 1-2:30pm. Senior Center of Langlade County 623 Edison St., Antigo. Line Dancing- Instructions and handouts are provided for every dance. No prior knowledge of line dance is necessary. The goal of the class is to have fun while getting to know others and learning steps to dance.

Exercise Class Dec. 17th 4:45pm. Senior Center of Langlade County 623 Edison St., Antigo. This class is designed to get people stretching and moving in gentle ways. All levels are invited. The class costs \$5.

Cardio and Strength Training Dec. 18th 4:30-5:30pm. Senior Center of Langlade County, 623 Edison St., Antigo. Cardio and strength training at the senior center with Dawn. This is designed for all levels of fitness. There is no charge.

Unified School District of Antigo's Elementary Christmas Concert Dec. 18th & 19th & 20th 1-2pm. AHS Volm Theatre 1900 10th Ave., Antigo.

Visits with Santa Dec. 20th 6-8pm (21st & 22nd 1-4pm). Langlade County Historical Society Museum 404 Superior St., Antigo.

Holiday Cookie Decorating Dec. 17th 6-8:30pm. NTC Antigo Campus 312 Forrest Ave., Antigo. This course is a hands-on cookie decorating class. Learners will ice, decorate and enjoy holiday cookies. This course will provide 18 holiday cookies for the learner to decorate, take home and enjoy. The instructor will provide fun designs for the students to practice their skills.

A Winter Wonderland at Rondele Ranch December 17th, 22nd & 29th (Fridays & Saturdays 5-8pm Drive Thru) 4-9pm. Rondele Ranch, 8959 Cty. Rd. K, Harshaw. Walk through or take our wagon ride through our largest ever Christmas Lights display - at over A MILLION LIGHTS! Most of our animated displays were made here at Rondele Ranch so they're unique to any other Christmas light displays in the area. Cost is \$20 per vehicle and will help support local non-profits. For more info, call 844-947-2624 or visit the FB page or website www.rondeleranch.com NO PETS ALLOWED

Let Food Be Thy Medicine Dec. 17th 6:30pm (Every other Tuesday) Mosaic Massage and Float Center 533 Fifth Ave., Antigo. As a group we learn about how real food with its nutrients impacts the body as a whole to help the body to heal.

MEETINGS
Langlade County Broadband Commission Meeting Dec. 17th 5-6pm. NTC Antigo 312 Forrest Ave., Antigo.

Finance, Personnel, and Legislative Committee - Regular Meeting Dec. 18th 6pm. City Hall 700 Edison St., Antigo.

GROUPS
AA Support Group (Open) Wednesdays 7pm. 1005 Fifth Ave., Antigo.

AA Meetings Tuesdays at 7pm at the Elcho UCC Church N11291 Dorr St., Elcho.

AA Meetings Sundays 10am. White Lake Community Center 615 School St., White Lake. Any questions call 715-219-0305

Alanon/Nornon Group Mondays 1:30pm. Antigo Community Church School (old St. Mary's), 723 Deleglise St., Antigo. Enter in the back please. For more information including other meeting times and locations call (715-623-4904).

Alzheimer's Support Group Second Monday of the month 5-6pm. Rolalia Gardens Door #3 519 Flight Rd., Antigo. 715-610-6681

Alzheimer's Association Virtual Support Groups Coffee for Family Caregivers, 2nd Monday of the month 5:30pm-6:30pm. For Persons Living with Mild Cognitive Impairment, 2nd Wednesday of the month 10-11:30am. Family Caregivers for a loved one with Frontotemporal Degeneration 3rd Wednesday of the month 6-7:30pm. Family Caregivers for a loved one with Dementia in the early stages 4th Tuesday of the month 10-11:30am. Family Caregivers for a loved one with dementia living at a facility every other Friday 10-11:30am. Phone In Caregiver Support Group the last Tuesday of every month 10-11:30am. To register for any of the support groups contact the 24/7 helpline. 800.272.3900

AVAIL Support Group Meetings on Mondays, 5:30pm-7pm, Wednesdays 10:30am-12pm, Thursdays, 10:30am-12pm and again at 5:30pm-7pm, Fridays 3-6pm. AVAIL Inc. 1410 N. Superior St., Antigo.

Baby & Me Support Group Wednesdays from 1-2pm in the Langlade Birthing Center 112 E 5th Ave, Antigo, second floor. Facilitator: RN/International Board Certified Lactation Consultant. For more information please call 715-623-9280. No fee.

Broken Arrow Christian Recovery Meeting Thursdays 7pm. 1005 Fifth Avenue, Antigo.

Community Recovery Bible Study Fridays 6pm. Aspirus Langlade Hospital 112 E. Fifth Ave., Antigo- in the large conference room.

Life Recovery Group & Christian Recovery Meetings Wednesdays 8:30am. Church of the Nazarine 230 Elm St., Antigo. This group is for anyone struggling with addiction, anxiety, food, depression, relationships, etc. There will also be Christian Recovery meetings at the same place and time.

Narcotics Anonymous Mondays 8am, Tuesdays, Fridays & Saturdays 7pm. 1005 Fifth Ave., Antigo.

Overeaters Anonymous Mondays 7-8pm. SS. Mary & Hyacinth Parish Center, 819 3rd Ave., Antigo. Room #4 Contact: Rose Marie, 715-623-2128.

Stroke & Neurological Support Group (2nd Friday of the Month) Langlade Co. Senior Center 623 Edison St., Antigo.

If you have an upcoming event or ongoing group activity that you would like to include, please email the information to nwinkler@mmlocal.com

I ♥ the Classifieds

...and so will you, because there's everything for someone and something for everyone in our extensive listings.

Call 715-350-6866 today!



North Central Health Care
YOUR NEW CAREER STARTS HERE!

NCHC is hiring for a variety of positions in Wausau, Merrill & Antigo!

- ✓ Competitive Wages
- ✓ Health, Dental & Vision
- ✓ New State-of-the-Art Facilities
- ✓ Fun, Supportive Workplace

Learn More! Apply Online!
www.norcen.org/Careers

TUESDAY • DECEMBER 31
MILLION DOLLAR ENCHANTED ESCAPE
New Year's Eve Party

PARTY FAVORS
FREE PARTY FAVORS & CHAMPAGNE

ENTERTAINMENT
FIVE CLANS BALLROOM : SPIRIT ISLAND LOUNGE
VIVA Knievel : **BADGER STATE DJ'S**
8:00 pm - Midnight : 9:00 pm - 1:00 am

NEW YEAR'S EVE BUFFET
FOREST ISLAND RESTAURANT

DRAWINGS
POWERWHEEL
MILLION DOLLAR SPIN
DECEMBER 28 & DECEMBER 31
WIN UP TO \$1,000,000 CASH!

Where Fun & Excitement Meet

MENOMINEE CASINO RESORT
N277 Hwy. 47/55 • Keshena, WI 54135
800-343-7778 • MenomineeCasinoResort.com

Must be a Players Club member to receive Free2Play. Membership is FREE. Menominee Casino Resort reserves all rights to alter or cancel any promotion at any time without notice.

BIRDS

from page 4

before and after) Please remember to be conservative in your numbers: if you check your feeders three times during the day and you see three chickadees each time, put down a total of three for the day and not nine.

Often birds are reported at feeders that were not seen by field parties. If you are able, please try to photograph any bird you encounter that is not among those listed, for this makes confirmation easy.

The National Audubon Society, the major sponsor of the Christmas Bird Counts, wants all the material returned to them by January 31th, so it would be very

helpful if you can send me the results as soon as possible (by January 15th), either via post or e-mail at the addresses below.

Please include your e-mail address if you have one. Send your results to David Johnson, 504 Crown Point Drive, Buffalo Grove, IL 600089. Or e-mail them to djohnsoda@comcast.net

Your Name _____

Address _____

Phone # _____

E-mail _____

Time spent watching feeders _____

Species	Number of Individuals
Mallard	
Wild Turkey	
Rock Pigeon	
Mourning Dove	
Barred Owl	
Great Horned Owl	
Red-bellied Woodpecker	
Downy Woodpecker	
Hairy Woodpecker	
Pileated Woodpecker	
Blue Jay	
American Crow	
Black-capped Chickadee	
Red-breasted Nuthatch	
White-breasted Nuthatch	
American Robin	

Species	Number of Individuals
European Starling	
Bohemian Waxwing	
American Tree Sparrow	
Dark-eyed Junco	
Snow Bunting (open fields)	
Northern Cardinal	
Pine Grosbeak	
House Finch (in town)	
Purple Finch	
Red Crossbill	
Common Redpoll	
Pine Siskin	
American Goldfinch	
House Sparrow	
Other:	

MAIL TO: David B. Johnson, 504 Crown Point Drive, Buffalo Grove, IL 60089-1660



Come join us for lunch!

The Aging and Disability Resource Center of Central Wisconsin serves lunch at 11:30 am at:

- Antigo Community Church:**
 - Mondays, Tuesdays, Thursdays & Fridays
- Senior Center of Langlade County:**
 - Wednesdays
- St Mary's Church in Pickerel:**
 - Mondays & Wednesdays
- Elcho Community Center:**
 - Mondays, Wednesdays & Thursdays

Eligibility: Age 60+
Suggested contribution is \$6.00 a meal

Reservations Required
by noon the business day before
888-486-9545

Your contribution makes a significant difference to our program!

No eligible person is denied meals due to ability to contribute. Full meal cost \$14.86 per meal (for someone who is not eligible on a contribution basis). Senior Nutrition Program is funded by Federal, State, local funds and contributions.

Hip Replacement Surgery: Is Age Really a Limiting Factor?

The primary goal is to give patients the ability to live their lives comfortably and safely, no matter their age

ASPIRUS HEALTH

Maintaining mobility and a comfortable quality of life becomes increasingly important as we age. For many older adults, joint replacement surgery offers a path to greater independence, pain relief, and improved functionality.

Joe Mueller, DO, an orthopedic surgeon with Aspirus Health, explains that there is no age too young or too old for joint replacement, whether it be a hip, knee, or shoulder procedure. The decision to undergo surgery is more about the individual's life expectations and the severity of their condition rather than age.

"At Aspirus Health, our goal with joint replacement surgery is twofold: pain relief and improving mobility," Dr. Mueller shares. "Especially as we age, having a new joint can be life-changing. It might mean the difference between staying independent and being able to live alone versus requiring constant assistance."

The decision to move forward with surgery is not made lightly. Dr. Mueller notes that several factors are considered when determining if someone is a good



candidate for joint replacement, including the level of pain, the severity of the joint damage (as seen through X-rays), and the individual's overall physical health. "The goal is to ensure that the patient is in good enough health to handle a major surgery and that it will improve their quality of life," he explains.

For older patients, one of the biggest concerns is their ability to take care of themselves post-surgery.

"We often recommend a bit of help around the house in the first few days after

See **SURGERY** page 12



ANIWA

Bethany Lutheran Church
174071 Church Rd., Aniwa
Sunday Worship 10:30am

Church of Christ on Village Road
P4805 Village Rd., Aniwa
Sunday Bible Class 9:30am
Worship 10:30am & 6:00pm
Wednesday Bible Class 6:30pm
www.cocvr.org

St. Boniface Catholic Church
W19104 Church, Aniwa
Saturday 4:00pm

St. Paul's Lutheran Church
W18995 1st St., Aniwa
Sunday Service 8:30am
Sunday School 9:30am

ANTIGO

Antigo Church of the Nazarene
230 Elm St., Antigo
715-489-3405
Sunday 9:00am Worship

Antigo Church of Christ
1427 5th Ave., Antigo
715-627-4588
Sunday 9:30am Bible Class
10:30am Worship

Antigo Community Church
723 Deleglise St., Antigo
715-627-2805
www.antigocommunitychurch.org
Todd Stensberg - Executive Pastor
Steve Sanford - Teaching Pastor
Sunday 9:30am

Antigo Seventh-Day Adventist Church
1515 3rd Ave., Antigo
715-623-4168
www.antigo22.adventistchurchconnect.org
Saturday Worship Service 9:00am
Sabbath School 10:30am

Antigo United Methodist Church
2034 W. 5th Ave., Antigo
www.antigoumc.org
715-623-3802
Sunday 10:00am

Ascension Lutheran Church
1412 Neva Rd, Antigo
715-627-2232
www.ascensionantigo.com
Sunday 9:00am
Sunday Family Bible Hour 10:15am

Calvary Lutheran Church ELCA
310 S. Superior St., Antigo
715-623-3102
www.calvalylutheranantigo.com
Sunday Worship 8:30am
(September-December)

Christ Central Church
630 Superior St., Antigo
PO Box 482, Antigo, WI 54409
715-350-4242, 715-610-1787,
715-610-1788
Sunday 10:00am

Christ Gospel Church
840 7th Ave., Antigo
715-623-6367
Sunday School 10:00am
Sunday Morning 11:00am
Sunday Evening 6:30pm
Wednesday 7:00pm, Friday 7:00pm

Church of Jesus Christ of Latter Day Saints
717 Sunset Dr., Antigo
715-212-3188
Sunday 9:30am

Faith Center Church of God
N2142 Hwy 45 S, Antigo
715-627-7200
Wednesday 7:00pm
Sunday 10:30am

Faith United Church of Christ
628 Clermont St., Antigo
715-623-5717
Sunday 10:30am

First Baptist Church
414 Eckart St., Antigo
715-610-0774
Wednesday 6:00pm Prayer Meeting
Sunday 10:00am

Homestead Church
710 Center St., Antigo
715-623-5093
Sunday 10:00am
www.homesteadantigo.com

Liberty Baptist Church
311 2nd Ave., Antigo
715-623-4304
Sunday 10:30am
Kid's Club Wed. Evenings 6:30pm

Peace Lutheran Church
300 Lincoln St., Antigo
715-623-2200
www.peaceantigo.org
Saturday 6:00pm

SS Mary & Hyacinth Parish
819 Third Ave., Antigo
715-623-4938
Saturday 4:00pm, Sunday 7:00am

St. Ambrose Episcopal Church
Sixth Ave. & Clermont St.
715-551-6796
Wednesday Mass 10:00am

St. John Catholic Parish
415 Sixth Ave., Antigo
715-623-2024
www.stjohnantigo.com
Saturday 6:00pm, Sunday 9:00am

BIRNAMWOOD

First Congregational Church
417 Elm St., Birnamwood
715-524-5724
Sunday 10:30am

St. John Lutheran Church - ELCA
W17680 Church Rd., Birnamwood
715-449-3778
Sunday Service 10:30am
(September-December)

St. Paul's Lutheran Church
N9035 US Hwy 45, Birnamwood
715-449-2101
Thursday 7:00pm
Sunday 10:30am

St. Philomena Church
432 State Rd., Birnamwood
715-449-2104
Sunday 8:00am

Trinity Lutheran Church
407 Birch St., Birnamwood
715-449-3778
Sunday 10:00am

DEERBROOK

St. Matthew Lutheran Church (Miss. Synod)
N5674 Cty Rd E, Deerbrook
715-627-7989
Sunday 9:00am

ELCHO

Holy Family Parish
W10524 Cole St., Elcho
715-275-3750
www.hfstm.org
5893 Brook Trail, Eagle River
Thursday 10:15am
Sunday 10:30am

St. Luke Lutheran Church (Miss. Synod)
N11341 Antigo St. (Hwy 45), Elcho
715-275-3152
Sunday 10:45am

United Church of Christ
N11291 Dorr St., Elcho
715-275-3031
Sunday 10:30am

Upper Room Family Church
W10285 County Rd K, Elcho
715-275-3255
Wednesday Bible Study 7:00pm
Sunday Service 10:00am

HATLEY

St. Florian Parish
500 Church Ln., Hatley
715-446-3085
www.stflos.org
Saturday 4:00pm
Sunday 10:30am

St. Ladislaus Parish (Bevent)
6455 St. Hwy 153, Hatley
715-446-3060
www.stladislaus.org
Saturday 4:00pm, Sunday 10:10am

KEMPSTER

United Church of Christ
N7234 Keen Rd, Kempster
715-275-3031
Sunday 8:45am

MATTOON

St. John's Lutheran Church - LCMS
304 Flint Ave., Mattoon
715-489-3471
Sunday 9:00am
Sunday School 10:00am

MOUNTAIN

Risen Savior Evangelical Lutheran Church
13825 State Hwy 32, Mountain
715-473-5633
Saturday 6:30pm

NEVA

St. Wenceslaus Parish
N5340 Church Road, Deerbrook
715-627-2126
Tuesday 8:00am
Sunday 10:30am

PEARSON

Arbutus Lutheran Church - ELCA
N6607 Church Lane, Pearson
(Just North of Cty T on Hwy 55)
715-219-6363
Sunday 9:45am

PELICAN LAKE

St. John Evangelical Lutheran Church
4 Miles West of Hwy 45 on Cty Rd G, Pelican Lake
715-487-5484
Sunday 11:00am

PHLOX

St. Joseph Holy Family Catholic Church
W7365 Hwy 47, Phlox
715-489-3330
Father Edmundo Siguenza
www.sjhf-phlox.org
Saturday 6:00pm,
Sunday 10:00am

PICKEREL

St. John's Lutheran Church - LCMS
N8934 State Rd 55, Pickerel
715-484-3382
Mondays 10:30am

St. Mary's Catholic Church
N9155 State Rd 55, Pickerel
715-484-4300
www.hfstm.org
Thursday 9:00am
Saturday 4:00pm

POLAR

Polar Mennonite Church
N3480 County Rd. S
Antigo, WI 54409
Contact: Mervin Brubaker
715-921-2638
Sunday Morning 10:00am
3rd & 4th Sunday Evenings 7:00pm
Everyone Welcome

St. Peter Lutheran Church
N2891 Cty Rd S, Antigo
715-623-6921
Sunday 9:00am

WHITE LAKE

Four Corners Assembly of God
N3891 County Rd. P, White Lake
Corner of Hwy 64 and P
715-882-3021
Sunday 10:30am
Wednesday (Youth) 6:00pm

SS James & Stanislaus Catholic Parish
235 Bissell St., White Lake
715-882-2551
stjames2551@frontier.com
St. James - White Lake
Thursday 9:00am
Saturday 4:00pm (May 29-Sept. 4)
Sundays 8:00am Mass

St. Matthew Lutheran Church
138 Bissell Street, White Lake
715-882-3111
Sunday 10:00am
Worship: 8:45am Sunday
School & Bible Class

List your services here by calling 715-350-6867.



Holiday shopping tips you can't afford to miss

FOR MMC

The festive and fun nature of the holiday season can make it easy to forget the benefits of being frugal. Many people go overboard on holiday spending, making this time of year costly for consumers.

Sales between the beginning of November 2023 and Christmas Eve 2023 climbed 3.1 percent from the year earlier, according to the Mastercard SpendingPulse. The National Retail Federation reported in November 2023 that holiday spending was expected to reach between \$957 and \$966 billion. Trading Economics, a financial market indicator and forecast provider, said personal spending in the United States only rose 0.2 percent in May 2024 from the previous month, which marked the lowest increase since January 2024.

Shoppers who want to spend less and stick to a budget for holiday entertaining and gifting can keep these budgeting tips in mind.

- Set a value to gift recipients. It may sound harsh, but certain people on holiday shopping lists may be assigned a higher value than others. For example, you wouldn't necessarily spend the same amount on a gift for a child's teacher as you would for a grandmother. Putting a

dollar figure next to each name on the shopping list helps you identify your expected spending and where you can cut back, if necessary.

- Establish your overall budget. Once you have an idea of your potential holiday expenditures, set

See **TIPS** page 10



Ring in the Season 2024

Each year at this time we ask community residents to assist in the Salvation Army's bell ringing campaign. If we can only have an hour or two of your time, you can make a difference for families and individuals.

We use the funds to help Langlade County residents with emergency lodging, evictions, auto repair, utility shut offs, medical and other emergency transportation issues.

Last year we raised \$98,500. We are hoping to do even better in 2024. If you can "Ring the Bell" this holiday season, we will find a spot for you.

Please help us to help those in need by calling:

715-610-1313

Sign up to ring online!

www.SAlanglade.org



Salvation Army
1630 N. Superior St.
Antigo, Wisconsin
54409



"Doing The Most Good"

FULLER

SALES & SERVICE

715-623-4912

WWW.FULLERSS.COM

FULLERSS@FULLERSS.COM

One Stop Shop for all your Outdoor Equipment & Servicing Needs!

CFMOTO Zforce 950 Sport 4

Sale Price

\$13,199

(Plus Freight & Setup)

Valid until 12/31/24



2760 US Highway • Antigo, WI



Share Your Blessings. Be Blessed.

Many of our neighbors need food, shelter - and hope.

You can make a difference!

When you see the Red Kettles this year, please give generously. You'll be amazed at what you'll get out of giving.

86% stays local



THE SALVATION ARMY ANNUAL CHRISTMAS CAMPAIGN

Here is my donation of: \$20 \$35 \$50 \$100 \$_____

Name _____

Address _____

City _____ State _____ ZIP _____

E-mail _____ Phone _____

Please make your check payable to *The Salvation Army*, and mail it with this form, to the address below:

The Salvation Army Langlade County

1616 Clermont Street, Antigo, Wisconsin 54409 715-623-1313

Get your Bone-In & Boneless Christmas Hams at Peroutka's Sausage Shop

Don't Forget to Pick Up Our Delicious Perfectly Smoked Bacon & A Wide Variety of Our Fresh & Smoked Sausages!

We Accept Orders!

Peroutka's Meat Processing

Hwy 64 • East of Hwy 45 • 715-623-2227
Hours: Monday – Friday 8-5, Saturday 8-1



Faith United Church of Christ

628 Clermont St.
Antigo, WI 54409
715-623-5717
Tues., Dec. 24th
Candlelight Service
5:30pm

CRANDON

St. Joseph Catholic Church

208 N. Park Ave.
Crandon, WI 54520
715-478-3396
Tues., Dec. 24th 6pm
Weds., Dec. 25th 8:30am

MATTOON

St. John's Lutheran Church

304 Flint Ave.,
Mattoon, WI 54166
715-489-3471
Tues., Dec. 24th 4pm
Weds., Dec. 25th 9am

ANIWA

Zion Evangelical Lutheran Church

238145 Star Rd.
Aniwa, WI 54408
715-845-2014
Tues., Dec. 24th 4pm
Wed., Dec 25th 10am

First Baptist Church

414 Eckart St.
Antigo, WI 54409
715-623-2150
Tues., Dec. 24th 5pm
Homestead Fellowship
710 Center St.
Antigo, WI 54409
715-623-5093
Tues., Dec. 24th 4pm

DEERBROOK

St. Matthew Lutheran Church

N5674 Cty Rd E
Deerbrook, WI 54424
715-627-7989
Tues., Dec. 24th 6:30pm
Weds., Dec. 25th 9am

POLAR

St. Peter Lutheran Church

N2891 Co. Rd S
Antigo, WI 54409
715-623-6921
Tues., Dec. 24th
4pm & 7pm

ANTIGO

Antigo Community Church

Corner of 3rd Ave. &
Deleglise St.
723 Deleglise St.
Antigo, WI 54409
715-627-2805
Tues., Dec. 24th 6pm

Peace Lutheran Church & School

300 Lincoln St.
Antigo, WI 54409
715-623-2200
www.peaceantigo.org
Tues., Dec. 24th 3pm,
5pm & 7pm
Weds., Dec. 25th 9am

St. Luke Lutheran Church

N11341 Antigo St.
Elcho, WI 54428
715-275-3152
Tues., Dec. 24th 4pm
Weds., Dec. 25th
10:45am

WHITE LAKE

Four Corners Assembly of God

N3891 Cty Rd P
White Lake, WI 54491
715-882-3021
Tues., Dec. 24th 6pm

St. James & Stanislaus Catholic Parish

235 Bissell St.
White Lake, WI 54491
715-882-2551
Tues., Dec. 24th 7pm Vigil
Weds., Jan. 1st 9am

Antigo United Methodist Church

2034 W. 5th Ave.
Antigo, WI 54409
715-623-3802
Tues., Dec. 24th 5:30pm

BIRNAMWOOD

St. John Lutheran Church

W17680 Church Rd
Birnamwood, WI 54414
715-449-3778
Tues., Dec. 24th 4pm

HATLEY

St. Florian Parish

500 Church Ln.
Hatley, WI 54440
715-446-3085
Tues., Dec. 24th
4pm & 9pm
Weds., Dec. 25th
10:30am

St. Matthew Lutheran Church

138 Bissell St.
White Lake, WI 54491
715-882-3111
Tues., Dec. 24th
Children's Program 4pm,
Service 6pm
Weds., Dec. 25th 10am
Tues., Dec. 31st 7pm
New Years Service

Calvary Lutheran Church

310 S. Superior St.
Antigo, WI 54409
715-623-3102
Tues., Dec. 24th 6pm

St. Paul Lutheran Church

N9035 US Hwy 45
Birnamwood, WI 54414
715-449-2101
Tues., Dec. 24th 7pm
Weds., Dec. 25th

St. Ladislaus Church-Bevent

6455 St. Hwy 153
Hatley, WI 54440
715-446-3060
Tues., Dec. 24th 4pm
Weds., Dec. 25th
10:10am



MSM MOTOR SPORTS SERVICES, LLC
N10306 State Hwy 55, Pearson, WI 54462
(715) 484-2106
Hours: M-TH 9-5 • Fri 9-6 • Sat 9-3
Closed Mondays Sept 15th - April 15th

PERPETUAL MONUMENT SALES
P.O. Box 142 | ANTIGO, WI
715.216.1988 | 715.627.4776

QUINLAN'S EQUIPMENT
PARTS, SERVICE, AND SALES
Hwy.45 South, Antigo • 715-627-4331
www.quinlansequipment.com
Bobcat mahindra

Two Angels Family Restaurant
BREAKFAST • LUNCH • DINNER
All Items Available for Carry Out
800 Superior Street, Antigo, WI
715-623-2321

CHARLIE'S LAKE METONICA RESORT
Cabins Available for Rent
4163 E Lakeview Street
Crandon, WI (715) 478-1059
Open 7 Days a Week
On ATV & Snowmobile Trails

Skarlupka Service Diesel & Machining
182696 Cty. Rd. G - Antigo
715-623-6881
Truck, Ag & Auto Repair
Complete Machine Shop

Wolf River Realty
Phone: 715-627-4349
2032 Neva Road, Antigo, WI
www.wolfriverrealty.com

PROGRESSIVE DENTAL
Stephanie L. Reimer, DDS • Dennis A. Romero, DDS
Dental care you can trust!
2010 Progress Blvd. • Antigo • 715-623-7221
www.antigodentist.com

Schulz Heating & Cooling
Sales • Service • Installation
When you want it done right the first time, Call Us!
www.SchulzHeat.com
715-627-COOL (2665)

Builders Service
We're more than just a lumber yard!
N11173 Hwy 45 • Elcho, WI
715-275-3700 • 800-260-3631
www.builderserviceelcho.com

Northwoods Flooring
Carpet, Vinyl, Ceramic Tile, Laminate and Hardwood
431 Hwy 64 • Antigo (715) 623-4165
northwoodsflooringantigo.com

antigoDENTALclinic
"Your smile is important to us"
Dr. Meghan K. O'Brien
715-627-4391
707 6th Ave. Antigo, WI 54409 www.antigodentalclinic.com

Parsons OF ANTIGO
"Serving you with pride since 1935"
515 Amron Avenue Antigo, WI
(715) 627-4888
parsonsofantigo.com

Brickners
www.bricknersofantigorvcenter.com
123 E. Hwy 64 • Antigo
1-800-770-3935 • 715-623-3935

J.W. Mattek & Sons, Inc
715-623-6963
N5798 Star Neva Rd • Deerbrook

Peroutka's Sausage Shop
206 Hwy 64 • Antigo, WI.
715-623-2227
M-Th 8-5 • Fri 8-6 • Sat 8-1 • Closed Sun

BAHR & KILSDONK, SC
CERTIFIED PUBLIC ACCOUNTANTS
(715) 627-4334
Fax: (715) 627-4335
239 Superior St. • Antigo

AUTOMOTIVE

Mike's Service Center
 "Complete Auto Service & Repair"
Oil Change & Filter (Up to 5 qts.) **\$34.95**
 (Free Safety Inspection with every oil change)
 Large Selection of Used Tires For Sale
Pickup & Delivery Available
 133 Superior St., Antigo, WI.
 Call for Appointment for your convenience
715-623-3294
 Locally Owned and Operated for 64 Years

SCRAP METAL
 We'll Pick It Up
Prompt Service • Fair Prices
 Clam Truck Service • Dumpster Service • Buying Cars and Trucks
 Serving Central & Northern Wis. for over 50 years
Cousineau Recycling
 Hwy 45 South, Antigo • Toll Free 866-330-3730 or 715-623-2372

CONSTRUCTION/HOME IMPROVEMENT

N&W CONSTRUCTION LLC
 Nathaniel and Wilma Lambricht
 Free Estimates
 W8096 Hwy 64
 Antigo, WI 54409
 Work: 715-679-4859

JOHNSON BROTHERS CONSTRUCTION
 "Better Studs Build Better Homes"
 New Construction
 Siding • Remodeling
 Decks • Roofing • Flooring
 - FREE ESTIMATES - AFFORDABLE PRICING -
 Josiah Johnson
 715-216-0706 • jbrosl@yahoo.com

NEXT LEVEL CONSTRUCTION LLC
GENERAL CONTRACTOR
 Find Us On Facebook
715-219-2727
 FULLY LICENSED & INSURED

- ASPHALT & STEEL ROOFING
- SUB CONTRACTING
- RUBBER ROOFING
- INSULATING
- SIDING
- SOFFIT & FASCIA
- WINDOWS & DOORS
- PORCHES & DECKS
- VENEER
- STONE WORK
- PROPERTY MAINTENANCE
- CUSTOM HOMES

HANSON SANITATION & EXCAVATING INC.
 Wittenberg, WI. • Phone 715-253-2020
 Free Estimates

SEPTIC SYSTEMS • SOIL TESTING
 SEPTIC TANK PUMPING • SEPTIC EVALUATIONS
 SEWER LINE WATER JETTING
 Since 1962 • MPRS #227138 Stuart Hanson • MPRS #262025 Jason Hanson
 BUILDING SITE PREP • BASEMENT DUG • BACKFILL
 AGGREGATE MATERIAL • ROAD & DRIVEWAY BUILDING

Fraaza Overhead Door
Overhead Door Installation, Service & Repair
C.H.I. Overhead Door & Liftmaster Opener Dealer
 Residential, Commercial, Ag.
 Repair of All Makes 1 Ag Building Discounts
Jeff Fraaza
jbfraaza@gmail.com
715-851-6148

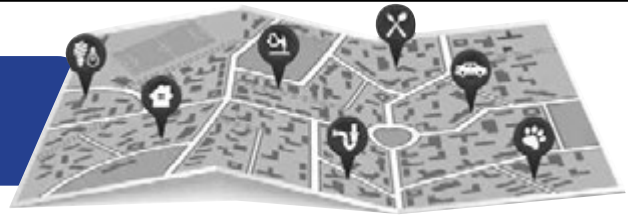
Call Vernon 715-618-8232

- Can Be Installed Over An Existing Roof
- 40 Year Factory Warranty
- 4-Star Hail and Fire Resistant
- Ventilated At Peak
- Energy Star Efficient
- Hidden Fastener
- 28 Colors Available
- Steel or Asphalt Roofing
- Top Quality Work for Less
- Individual Homeowners, Contractors, or Commercial

BADGERLAND STEEL ROOFING
 Tired Of Re-Roofing Your House?
 Try a Steel Roof!
 Do it Once. Do it Right!
CALL TODAY FOR YOUR FREE ESTIMATE

NEED TO ADVERTISE? CALL 715-350-6866

Local Businesses & Services Directory



CONSTRUCTION/HOME IMPROVEMENT

RJC Seamless Gutters
 Seamless Aluminum Gutters
 Gutter Cleaning & Maintenance
 We Install Snow Bars On Metal Roofs
 Locally Owned & Insured
 Free Estimates
Call Randy or Bill
715.851.7742 | 414.467.3296
info@ricseamlessgutters.com
www.rjcseamlessgutters.com
 Veteran Owned

ADVANCED PEST MANAGEMENT
Insect & Wildlife Services
715.350.1030
Northern Wisconsin's Pest Removal Experts
 MOSQUITOS, BATS, SPIDERS & MUCH MORE...
WWW.ADVANCEDPESTMGMT.COM

PLUMBING/HEATING/ELECTRICAL

Bauer Plumbing & Heating Inc.
715-623-5954
 N102 Old 26 Road, Aniwa
 (Corner of Hwy 45 and Old 26)
After hours emergency: 715-216-4793
 Master Plumber/Electrician no. 220601 • Pump Installer no. 6811

- Plumbing
- Heating
- Refrigeration
- Electrical
- Pump Installer
- Solar Systems
- Geothermal
- Delaval Dealer

Schulz Heating & Cooling Ltd.
 Emergency Service
 Licensed HVAC & Electrician
 Furnaces, Boilers, Infloor Heating, Fireplaces,
 Geothermal, Wood Boilers/Furnaces, Generac Generators
715-627-COOL (2665) • www.SchulzHeat.com
 VOTED BEST HVAC Company in the Area 7 Times!

John Filbrandt PLUMBING & HEATING, INC.
715-623-3661
 821 4th Avenue Antigo, WI
www.johnfilbrandtplumbing.com
 Family Owned

Diamond Water Conditioners & RO Systems • Tankless Water Heaters
 Water Systems • Pumps • Septic Systems • Well & Septic Inspections
 Sewer Cleaning & Telescoping

JEROME FILBRANDT Plumbing & Heating, Inc.
715-623-5379
 Antigo, WI 54409
www.filbrandtph.com
 "Making your life healthier for over 100 years"

Popelka's Electric LLC has merged with Atlas Electric & Control and is doing business as Atlas Electric & Control
 Residential • Commercial • Industrial
Jim Popelka Master Electrician
 White Lake, WI. 54491 • 715-219-2811

North Central Heating Mechanical Inc.
 Residential • Remodel • Commercial • Industrial
Phone: 715-623-4410 Fax: 715-350-6552
 930 Century Avenue, Antigo, WI 54409
 Wisconsin Certified Master Electrician • Certified HVAC Contractor
 Certified in Refrigerant Handling • Insured
www.northcentralmechanical.net

Looking for a new career?
 Your local community newspaper is the best place to look.
WWW.ANTIGOTIMES.COM

PLUMBING/HEATING/ELECTRICAL

Rheem SUPERIOR Heating & Cooling LLC
 The new degree of comfort.™ **W6904 Hwy 47 | Antigo, WI**
 Call us for your heating, cooling, refrigeration, ductwork, radiant infloor, and geothermal installation and service.
FREE ESTIMATES | Contact Bizzy or Dennis
715-489-3779

REAL ESTATE

Wolf River Realty
Leah Antoniewicz
 Broker/Owner, Realtor®, CRS
 Specializing in Homes & Recreational Properties
 2032 Neva Road, Antigo, WI
 Office: 715-627-4349 • Cell: 715-216-1263
www.wolfriverrealty.com

Ron & Cami Schroeffer
 Broker Associates
Ron Cell: 715-610-9100
Cami Cell: 715-610-7100
Office: 715-627-4663
 Email: ronncami@gmail.com
723 5th Ave., Antigo, WI 54409 • www.ccrealty.net

BOLEN REALTY
 A NAME YOU CAN TRUST
NICHOLAS BOLEN
 BROKER/OWNER
715-219-1560
 bolen.nick@bolenrealty.com
 701 S. SUPERIOR ST., ANTIGO, WI 54409

SERVICES

PERPETUAL MONUMENT SALES
 EXCELLENT QUALITY • LOW PRICES
 RICHARD MAJEWSKI
 410 S. HUDSON ST. | P.O. Box 142 | ANTIGO, WI 54409
 715.216.1988 | 715.627.4776
 WEBSITE: PERPETUALMONUMENTSALES.COM
 E-MAIL: RICHARDM@PERPETUALMONUMENTSALES.COM

SUDOKU

7	5		4					
		5						
		9				3		
	2			3	6	8		
	1	8		2				7
		6				9		
6			2	1				
3				4	8		9	
				7	2			


Level: Intermediate

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

9	4	2	7	5	3	6	8	1
1	6	5	8	4	9	2	7	3
3	7	8	6	1	2	4	5	9
2	1	6	5	8	7	9	3	4
7	5	3	9	2	4	8	1	6
4	8	9	3	6	1	7	2	5
5	3	7	2	9	6	1	4	8
8	9	4	1	7	5	3	6	2
6	2	1	4	3	8	5	9	7

CLASSIFIEDS

Deadline: Wednesday at 4:00 p.m. | Phone: 715-350-6866 | Email: nwinkler@mmclocal.com



WITTENBERG-BIRNAMWOOD SCHOOL DISTRICT

WITTENBERG-BIRNAMWOOD SCHOOL DISTRICT JOB POSTING

LEAD CUSTODIAN/CLEANING POSITION AT WITTENBERG-BIRNAMWOOD HIGH SCHOOL

Full-time, year round position with competitive full health/dental and benefit package
Starting rate \$16.21 with periodic wage increases. After 24 months \$20.14/hour
Hours are 1st shift: 5:00am-1:30pm

Start Date: January 15, 2025

General Responsibilities:

- Oversee the work of other custodial staff to ensure their assigned area has been cleaned properly.
- Keep lunchroom clean during and after lunches.
- Daily clean assigned rooms, hallways, offices, entrances and bathrooms.
- Empty trash receptacle and collect recycling.
- Maintain security by locking doors, closing windows, turning off lights.
- Assist teacher needs; such as moving desks, and replenishing soap, paper towels and other supplies.
- Occasionally assist with snow and ice removal.
- Maintain good public relations by demonstrating a positive and willing attitude in dealing with staff and the community.
- Any other duty as requested by supervisor or administration.

Successful candidates must be self motivated and have the ability to follow written and oral instructions as well as the ability to give written and oral instructions.

To apply: Send completed district support staff application to Jill Resch in the District Office at 400 West Grand Avenue, Wittenberg WI 54499, or email application to jeresch@wittbirn.k12.wi.us

Application Deadline: January 2, 2024

NONDISCRIMINATION POLICY
The Wittenberg-Birnawood School District does not discriminate in the employment of professional staff on the basis of the Protected Classes of race, color, national origin, age, sex, creed or religion, genetic information, handicap or disability, marital status, citizenship status, veteran status, or military service. The following person has been designated to handle inquiries regarding the non-discrimination policies: Megan Marcks, Pupil Services Director, 400 West Grand Ave, Wittenberg WI 54499, 715-253-2213 ext. 1106 or mmarcks@wittbirn.k12.wi.us



WWW.ANTIGOTIMES.COM
WWW.FACEBOOK.COM/ANTIGOTIMES
WWW.CLASSIFIEDSMMC.COM

WE'RE HIRING!

2 MERRILL LOCATIONS



YOUR WINDOW OF OPPORTUNITY JUST GOT BIGGER!

Crew Member

\$19.79-\$21.29/hr

Join our Team!

- 4 10-Hour Days
- Both shifts available
- Possible OT on Friday
- Attendance Bonus Program (up to an additional \$1.50/hr)
- Retirement & Life Insurance
- Paid Holidays and Vacations
- Excellent Low-Cost Benefits:
Individual: \$84/Month
Spouse: +\$134/Month
Child: +\$56/Month

2025 Monthly Rates



APPLY IN-PERSON
Two Locations:
605 N. Ohio St. | 1815 Water St.
Questions? Call: 715-722-1884
See all opportunities at: SPI.CAREERS
Sierra Pacific is an (EOE) Equal Opportunity Employer, including those with a disability and veterans.

General Labor 7180

MECHANICS HELPER: Full-time, Pay based on experience, Full Benefits- Health, Life, Disability, 401(k) and uniforms. Waldvogel Trucking, 715-489-3674

Guns 7264

CASH FOR GUNS

Antique or Modern Rifles • Pistols • Shotguns
HIGHEST PRICES PAID
Also Buying:
Scopes • Ammo • Knives
Shooting & Hunting Accessories
715-614-3560
Federally Licensed

Dogs 7272

ACA BLENHEIM KING CHARLES CAVALIER PUP. Cute cuddly Vet ck'd Shots \$500. 715-613-4663 (12/23)

AKC GOLDEN RETRIEVER PUPS. Ready to go 12/26. In Greenwood \$595 call 715-267-3271 (12/23)

AKC REG. CAVALIER KING CHARLES SPANIAL PUPS. DOB 10/24 Shots, DEW, Vet Ck'd \$800. Call 715-644-5726 (1/6)

AKC REG. CAVALIER KING CHARLES SPANIAL PUPS. DOB 10/24 Shots, DEW, Vet Ck'd Call 715-644-5726 (1/6)

AUSSIE DOODLE PUPS Shots/Worm/Vet ck'd, can deliver \$500 715-255-2661 (#269146)12/16)nw

AUSTRALIAN SHEPARD PUPS Red & Blue Merles & Tri 8 weeks Nov. 20th F-\$400. M-\$375 920-905-4665 (12/16)

SELL IT. Classifieds are the easy and effective way to attract buyer's for all kinds of items.

Dogs 7272

CUTE & CUDDLY PURE-BRED BOARDER COLLIE PUPS. Shots/Wormed Great Pets/Working Dog Parents /Site \$250 call 715-667-3342 (12/16)

FEMALE COCKOPOO PUPPY! Fluffy Christmas Present! \$275 OMO 715-669-3512 (12/16) 715-669-3847 (12/16)

For Sale BORDER COLLIE MIXED PUPS. People orientated Farm Raised. \$120. 715-223-1119 (12/16)

For Sale GOLDEN RETRIEVER PUPPIES. Registered, Shots, Dewormed \$450 OBO 715-773-1867 Greenwood WI. (12/23)

For Sale CAVALIER SHITZU CROSS PUPS. Friendly 4 POODLE BICHON PUPS Friendly, Shots, DEW, Vet ck'd 1 Month Guaranteed, 60 satisfaction guaranteed \$300 715-669-3356 Leave Message (12/16)

HAVAPOO & YORKI & YORKIPOO PUPS!! Shots, DEW & Vet Ck'd. Very cute nice colors ASK ABOUT OUR X-MAS SPECIALS Ready To Go NOW! 715-937-4425 (12/16)

MILLERS PRECIOUS PUPS Has Absolutely Adorable Westies, Beautiful Petite Yorkies And Cross/Bred Black Scotties. All Are Smart, Gentle And Loving. Shots-Vet Exam-Manner Training Begun. \$995-\$1,500 Cash. 715-850-2535

Miniature Australian Shepherd puppies. Registered, Blue Merles and Black Tris, Ready now shots/dewormed/, vet checked, born 10/12/24. \$500-\$700. 715-819-0865. No texts.

POLMARANIAN PUP! Shots Vet Ck'd \$600 call 715-654-5149 (12/23)

POMPSKI PUPPIES \$600. Ready 12/30. Cute friendly Call After 3pm 715-773-1643 (12/23)

PUGALIERS PUP CAVALIER KING CHARLES Mixed with PUG PUPS. DOB 10/24 Shots, DEW, Vet Ck'd \$600. Call 715-644-5726 (1/6)

REG. CAVALIER PUPS.. DOB 10/16 Ready 12/11 \$850. Vet ck'd, vaccinated, DEW. 715-669-7306 Ask for Karen (12/16)

TEDDY BEAR PUPS \$375 also BICHON POODLE \$325 All Shots, DEW, Vet ck'd 715-669-3607 Lic.# 268475 (12/16) pm

TEDDY BEAR PUPS! \$600., SHELTYE PUPS \$600., POODLE PUPS \$250., C/T 715-316-2617 (12/16)mk



Puppies- Australian Shepard / Border Collie w/ a little Lab Born Sept. 2024. Call or Text 715-216-6393



Purebred Jack Russell Terrier puppies. First shots and dewormed. \$350 each. 715-921-2989

REGISTERD CAVALIER KING CHARLES PUPS. Shots, Dew, Vet Ready Dec. 16 Can deliver \$950 Call 715-470-0458 (#509642) 12/09

WHOODLE PUPS Shots/Worm/Vet ck'd, can deliver \$700 715-255-2661 (#269146)12/16)nw

BOSTON TERRIER PUPPIES Males/Females Health Guaranteed Ready Now! \$600 Call 715-937-0916 No Text (12/23)

CAVAPOO PUPPIES 3-M 2-F Non-Shedding vet ck'd DEW Shots \$600. 715-701-2066 (12/16)

CAVAPOO PUPS \$700 Shots/Worm/Vet ck'd, can deliver 715-255-2661 (#269146)12/16)m

Livestock 7284

ALL NAT. GRASS FED BEEF. Butchered Jan 14th Vac. Pak. Incl. Processing \$6.50lb. 715-250-2793

Agriculture Services 7292

Hand Crafted Garden & Storage Sheds, Garages & Cabins. Many Styles and Options. Sizes from 8' x 8' up to 15' x 40' are available. Call **BAKER BARN, LLC** 715-873-3338 mile North of Gleason, Hwy 17

FIND IT. In the Classifieds. It's the key source for information you're seeking about job opportunities, homes for sale, pets, garage sales, automobiles and more.

Lots and Acreage For Sale 7466

For Sale 15.44 Acres, West of Appleton, WI On School Rd. Exc. Building site, priced to sell.

For Sale 15.44 Acres, West of Appleton, WI On School Rd. Exc. Building site, priced to sell. Jeremy 920-878-0288 or Herb 920-878-0005 No Answer, try again later. (12/16)

Motorcycles 7502

BUYING SALVAGE MOTORCYCLES-ATVS-WATERCRAFT 920-850-9299 Local Dealer Pickup

Wanted to Buy 7524

AUTOMOBILES WANTED: Running or not. Cash on the spot. Same day pick up. Paying Top Dollar. Call 920-290-6662.

SUVs 7544

2011 Jeep Compass Latitude, 4x4, 4 WD, Silver, Heated seats, 108,000 miles, \$6,750. Roggenbuck Auto N5336 State Rd. 17, Gleason. 715-846-1082

Trucks 7546



2004 Chevy for TRADE ONLY, for chevy extended cab, normal height to the road. White Lake area. 262-497-9417

Painting and Wallpaper 7364

FRITZ BARN PAINTING rusty Roofs, Metal Buildings Free Est. 608-221-3510 920-821-6311

Remodeling 7368

PLOVER VIEW CONSTRUCTION New Construction or Remodeling: Roofing, Siding, Flatwork, Drywall, Flooring. For all your construction needs, call Jody at 715-581-2603 **FREE ESTIMATES OVER 25 YRS. EXPERIENCE**


BUYING OR SELLING Classifieds can work for you.

TIPS from page 7

a firm budget. Avoid the temptation of impulse buys, which can make it easy to go over budget.

- Begin shopping early. Start scouring ads and looking for deals prior to Thanksgiving or Black Friday. Keep a running list of gift ideas and when the price is right, purchase those items.
- Price check «perfect gifts.» If you've spotted the perfect gift for someone but its beyond budget, see if you can find a better price elsewhere, says Better Money Habits. There are apps that allow users to scan barcodes and check items across various retailers. Many stores also have price-match policies that can save shoppers money.
- Look for deals all of the time. Many people get hung up on perceived deep discounts from Black Friday and Cyber Monday offers. However, industry experts say there often isnt a huge difference in markdowns between these promotions and those during other sales. Some retailers even increase prices on goods only to mark them down

See **TIPS** page 11



WITTENBERG-BIRNAMWOOD SCHOOL DISTRICT

WITTENBERG-BIRNAMWOOD SCHOOL DISTRICT JOB POSTING

SUBSTITUTE CUSTODIAN/ CLEANING POSITION AT WITTENBERG-BIRNAMWOOD SCHOOL DISTRICT

Sub Rate of \$17.68 per hour
Hours will generally be 2pm-10pm (flexible) on a per call basis

General Responsibilities:

- Daily clean assigned rooms, hallways, offices, entrances and bathrooms.
- Empty trash receptacle and collect recycling.
- Maintain security by locking doors, closing windows, and turning off lights.
- Assist teacher needs; such as moving desks, and replenishing soap, paper towels and other supplies.
- Occasionally assist with snow and ice removal.
- Maintain good public relations by demonstrating a positive and willing attitude in dealing with staff and the community.
- Any other duty as requested by supervisor or administration.

Successful candidates must be self motivated and have the ability to work independently.

To apply: Send completed district application to Jill Resch in the District Office at 400 West Grand Avenue, Wittenberg WI 54499, or email application to jeresch@wittbirn.k12.wi.us. Applications can be found on our website, or picked up from any WB school building.

NONDISCRIMINATION POLICY
The Wittenberg-Birnawood School District does not discriminate in the employment of professional staff on the basis of the Protected Classes of race, color, national origin, age, sex, creed or religion, genetic information, handicap or disability, marital status, citizenship status, veteran status, or military service. The following person has been designated to handle inquiries regarding the non-discrimination policies: Megan Marcks, Pupil Services Director, 400 West Grand Ave, Wittenberg WI 54499, 715-253-2213 ext. 1106 or mmarcks@wittbirn.k12.wi.us



Healthy Lifestyles

Common exercise injuries and how to avoid them



care provider before exercising again.

individuals must be aware of injuries that can arise during physical activity and what can be done to prevent them.

Elbow injuries

Elbow injuries also are common among individuals who engage in activities that require repetitive use. Such injuries may include tennis elbow, which is caused by the development of small tears in the tendons of the elbow that can wear them down and result in painful inflammation, and golfer's elbow, which begins with pain in the inner part of the elbow but can spread to the forearm and wrist.

The names of such injuries suggest tennis players and golfers are particularly vulnerable to them, but various physical therapy experts note that repetitive activities such as weightlifting can contribute to these conditions as well. Orthopedic professionals emphasize the importance of stretching arm and hand muscles regularly to reduce the risk of elbow injuries. In addition, avoiding overuse, which can happen when physically active individuals do not incorporate off days into their workout regimens, can help to reduce risk for elbow injuries.

Knee injuries

The NIAMS notes that the joints are particularly susceptible to injury since so much is asked of them, particularly during physical activities. So it's no surprise that knee injuries join issues affecting the shoulders and elbows among the concerns physically active individuals must be aware of. According to the NIAMS, a torn anterior cruciate ligament (ACL) can occur when the knee is overextended or twisted, while runner's knee affects runners, hikers and cyclists and causes pain or tenderness under the kneecap or at the front of the knee.

Torn ACLs might be most associated with physically active individuals who play sports like soccer and basketball, but improper form while lifting weights also can put stress on the knee, potentially leading to a tear in the ligament. Johns Hopkins Medicine recommends various strategies to individuals hoping to reduce their risk for runner's knee, including stretching before and after physical activity and running leaning forward with knees bent.

Physical activity is vital to long-term health, but

FOR MMC

Routine exercise is one of the pillars of a healthy lifestyle. Daily physical activity can help fend off a host of issues that can adversely affect quality of life and long-term health. But exercise carries the possibility of injury, and avoiding injuries involves both recognition of that risk and knowledge of what can be done to avoid issues that can sideline individuals looking to physical activity as a means to staying healthy.

Shoulder injuries

The National Institute of Arthritis and Musculoskeletal and Skin Diseases notes that exercises and sports that involve repetitive motion can contribute to various shoulder injuries. For example, an impingement can occur when the top of the shoulder blade applies pressure to the soft tissue beneath as the arm is lifted. Swimming is a highly effective and beneficial exercise, but the NIAMS notes it can increase the risk for impingement.

The Cleveland Clinic notes that shoulder impingements may be classified as rotator cuff tendinitis, shoulder bursitis or acromion deformity, while adding that impingements are estimated to be responsible for around half of all instances of shoulder pain. Shoulder impingement prevention strategies include warming up and cooling down prior to exercising. Such an approach can loosen muscles and prepare them for exercise. In addition, the Cleveland Clinic advises wearing the right attire for exercise and urges individuals to stop exercising the moment they feel pain. If pain persists, visit a health



536 5th Avenue - Antigo, Wisconsin

is it an allergy or a cold?

what's causing my allergies?

can Vitamins help?

Ask Your Local Pharmacists!

When it comes to your local pharmacist, keep in mind, they are the most accessible of all health care professionals. Pharmacists will help you with in-house remedies or recommend further medical treatment.



Voted Antigo's #1 Pharmacy

We're here to help you fight back.

- Over-the-counter & prescription remedies
- Pain relievers & fever reducers
- Cough drops & lozenges
- Humidifiers & foot baths
- Heating & cooling pads
- Immune-boosting vitamins & supplements
- Prescription delivery available within city limits



536 5th Avenue, Antigo • 715-623-2631

TIPS from page 10

for Black Friday to make it appear that there is a discount. Only by knowing the average price for items can you know if a sale is legitimate.

- Sign up for store rewards. If you don't want your regular email inbox inundated with offers, set up a separate email account for in-store and online shopping. Then you can sign up for the rewards programs at checkout. Utilize the coupon codes and advertisements for sales to save money without having your primary email data shared with other marketers.

- Track spending carefully. If you don't know how much you're spending, then you cannot possibly stick to a budget. After each purchase, keep a running tally of all holiday spending to see how far you are from the finish line.

The holidays can be expensive, but with smart budgeting and dedication to savvy shopping, it's possible to stay out of financial trouble.

HOP ON CASH OUT!

LUCK IS JUST A SHUTTLE RIDE AWAY



HAVE YOUR DRIVER INITIAL AND RECEIVE **\$10 REWARDS PLAY**

ONE-TIME OFFER

DRIVER INITIALS: DATE:

The Evergreen Shoppe

<p>Buffalo Chicken Regular Price \$5.99 lb Sale Price \$5.49 lb</p>	<p>Mozzarella Cheese Regular Price \$4.99 lb Sale Price \$4.49 lb</p>
<p>Sale! Golden Delicious Apples \$3.99 / 5lb \$6.99 / 10 lb</p>	<p>50 lb White Rice \$26.99 lb</p>
<p>50 lb Brown Rice \$27.99</p>	<p>Frozen Dough Cut out Cookies 12 / \$5.49</p>
<p>Frozen Dough Gingerbread Men Cookies 6 / \$4.09</p>	<p>Frozen Dough Candy Cane Cookie 24 / \$6.99</p>

Corner of P & 64 • Elton • 715-882-2600
Winter Hours: Monday - Saturday 8:00am-5:30pm

NEW YEAR'S EVE

CASH and keys



WIN ONE OF TWO

GMC TRUCKS

DEC 31

HO-CHUNK GAMING

WITTENBERG

TREES from page 4

cutting your own, don't worry—Francis Tree's staff will cut it for you, and even help secure it to your vehicle for you. Beyond trees, they also offer holiday gifts, handmade wreaths, pre-cut trees, and more. It's the perfect spot to bring the whole family—pets included!

Happ's Christmas Tree Farm Wild Rose, WI

Happ's Christmas Tree Farm in Wild Rose, Wisconsin, is known for its incredibly long-lasting trees—some customers have had them last until Easter! With over 35 years in business, this 40-acre farm offers a wide variety of trees including Black Hills Spruce, Douglas fir, Balsam fir, Fraser fir, White Pine, and Concolor fir. On weekends, Happ's adds a festive touch with hayrides, and they'll even take a photo of you with your freshly cut tree and send it to you afterward! In addition to trees, they sell boughs, roping, and wreaths to ensure you have all of the necessary holiday decor.

Steigerwaldt Tree Farms Tomahawk, WI

Last but not least is Steigerwaldt Tree Farms in Tomahawk, Wisconsin. If you're looking for a quick and easy tree-buying process, this is the place for you! With over 2,500 acres in five different counties of Wisconsin, Steigerwaldt Tree Farms makes finding your perfect tree a breeze. The farm grows Fraser fir, Balsam fir, and Black Hill Spruce trees, all nurtured by professional foresters and ISA Certified Arborists. This third-generation farm has been a trusted name in wholesale trees and wreaths since 1957. Steigerwaldt Tree Farms also offers delivery, so you can enjoy the beauty of a fresh tree without leaving the comfort of your own home.

If you're ready to start a new holiday tradition, or even continue an old one, these Wisconsin tree farms have you covered!

Megan Christian hosts the nation's longest-running tourism TV show, Discover Wisconsin. Watch the show on Saturdays at 10 a.m. on Fanduel Sports Network (formerly Bally Sports Wisconsin) or online at DiscoverWisconsin.com. Follow Discover Wisconsin on Facebook (facebook.com/discoverwisconsin), Instagram (instagram.com/discoverwisconsin), and TikTok (tiktok.com/discoverwisconsin).

School levies rise more rapidly, county levies slow down

NATASHA WINKLER

The full report can be found at: <https://wispolicyforum.org/research/school-levies-rise-more-rapidly-county-levies-slow-down/>

Summary of 2024 Wisconsin Property Tax Trends

Wisconsin residents are seeing notable changes in property tax levies on their December bills, with shifts influenced by state legislation, local referenda, and inflationary pressures. The property tax landscape is shaped by varying increases among schools, counties, technical colleges, and special districts.

Key Trends in Property Taxes

K-12 School Levies: Wisconsin's gross K-12 school property taxes have increased by 5.7%, the largest jump since 2009, totaling \$6.1 billion. This growth is driven by two key factors:

Per-Pupil Revenue Limits: The state's 2023-25 budget raised per-pupil revenue limits by \$325 for both the 2023-24 and 2024-25 school years, following a two-year freeze during a period of high inflation. This increase contributed significantly to higher property tax levies.

School District Referenda: A record 169 school district referenda passed in 2024, with nearly 400 referenda approved since 2021. These measures allow districts to exceed state-imposed tax limits to address operational needs or fund capital projects. As a result, districts that

passed referenda saw a 7.6% rise in levies compared to just 1% in districts without referenda.

Milwaukee Public Schools (MPS) accounted for the largest increase, with a 29.6% rise in levies, or \$94.7 million, following a \$252 million operating referendum passed earlier this year. The impacts of such referenda are significant, especially as state aid to MPS was reduced due to prior financial reporting errors.

County Property Taxes: County levies increased by 1.3%, the lowest year-over-year growth in a decade, totaling \$2.55 billion. Most counties implemented modest increases between 0% and 5%, while a few smaller counties saw rises exceeding 10%. Inflationary pressures and the effects of Wisconsin Act 12, which increased state aid to local governments, likely limited the need for larger levy hikes.

Technical College and Special District Levies: Levies for the state's technical colleges rose by 3.3%, totaling \$516 million. This increase is slightly smaller than last year's 4.9% growth. Special districts, such as those managing sanitation or lake services, saw a 4% increase to \$136.4 million. These levies remain a minor portion of overall property taxes, with the Milwaukee Metropolitan Sewerage District accounting for 85% of special district levies statewide.

Balancing Growth and Taxpayer

Concerns

Statewide, preliminary estimates suggest gross property taxes will rise by 4.0% in 2024, slightly lower than last year's 4.7% increase but above most recent years. However, the state's decision to increase the school levy tax credit by \$80 million helps offset these gross increases, reducing net bills for taxpayers.

Wisconsin's property tax trends reflect broader issues, including declining state and local taxes as a share of personal income. In 2022, Wisconsin ranked 35th nationally for state and local taxes relative to income, a sharp drop from 3rd in 2000. This decline aligns with reduced spending on public services, such as K-12 education, as a share of income.

Local referenda are filling funding gaps for schools but are creating disparities between districts that pass referenda and those that do not. These dynamics could exacerbate educational inequities and lead to ongoing debates about the balance between controlling property taxes and ensuring adequate school funding.

Looking Ahead

As Wisconsin lawmakers prepare for the 2025-27 state budget, they face the challenge of addressing these disparities while managing taxpayer concerns. Strategic decisions on state aid, revenue limits, and educational funding will be crucial to fostering fiscal equity across the state.

SURGERY from page 6

surgery to prevent falls, especially since balance can become more challenging with age," Dr. Mueller advises. However, he emphasizes that joint replacement surgery in older adults is typically very safe, provided the patient has appropriate support and follows recovery guidelines.

Joint replacement surgery,

whether in younger or older individuals, aims to restore quality of life by reducing pain and increasing mobility. For those considering the procedure, it's essential to discuss with a healthcare provider to assess whether it's the right option based on individual needs and health. As Dr. Mueller points out, "The primary goal is to give patients the ability to live their lives comfortably and safely, no matter their age."

NicoletCoffee.com
You'll Love Our Fresh as the Northwoods Tastes

Roasted and Shipped the Same Day!

Join Us On Facebook

Full Ad Flyer Available In Store!!

Lofaro's FRESH MARKET

115 S. Superior Street • Antigo, WI • (715) 623-5417

MON	TUES	WED	THURS	FRI	SAT	SUN
DEC 16	DEC 17	DEC 18	DEC 19	DEC 20	DEC 21	DEC 22

WE ACCEPT

We reserve the right to correct printing errors and limit quantities. All items in this ad may not be available at all locations.

5.99

24-Oz. Pkgs. • 8 Inch

5.49 lb. Small Packs

4.99 lb.

85% Lean • Family Pack

2.99 lb.

Wholesale All Natural

2.19 lb. Our Family Ham Butt Portions

1.99 lb.

2/\$5

8 to 11-Oz. Bags • Fresh Express

HOLIDAY SEAFOOD SALE!

7.99

5 to 8 Count • Wild Caught

6.99

4-Oz. Ea.

9.99

16/20 Count • Extra Jumbo

16-Oz. Pkgs.

6.99

31/40 Count • Tail-On Large

16-Oz. Pkgs.

5.99

Cooked with Sauce

10-Oz. Pkgs.

5.99

In Wine Sauce

16-Oz. Cartons

5.99

Selected Varieties

24.5 to 42-Oz. Pkgs.

2/\$7

Selected Varieties

7 to 10.75-Oz. Bags

3.99

Selected Varieties

12 Count Pkgs.

10/\$8

Selected Varieties

4 to 6-Oz. Cartons

2/\$12

Selected Varieties

12-Pks. • 12-Oz. Cans