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Lifestyles 6

Tuesday,  
January 4, 2022

BRIEFLY

Gas Prices  
Drift Lower In  
The Face Of  
Uncertainty

Tennessee gas prices fell another 1.5 cents last week bringing the Tennessee Gas Price average to \$2.99. Prices are now one cent cheaper than last month, but still 95 cents more than this time last year.

Across the nation, gasoline prices fluctuated as fears of an omicron-driven economic slowdown were countered by news of a severe fire at a major oil refinery. Last Thursday, four people were injured when a fire erupted at the Exxon Mobil Corp refinery in Baytown, Texas. The plant is one of the largest refining and petrochemical facilities in the United States. If the damage forces the plant offline for long, the disruption could push gasoline prices higher. Before the fire, the national average had declined steadily. Now the decline has slowed, but the national average for a gallon of gas still fell two cents on the week to \$3.28.

"We should learn more in the coming days about the extent of the damage to the refinery," said Stephanie Milani, Tennessee Public Affairs Director, AAA-- The Auto Club Group. "If it can be back up and running in a few weeks, the effect could be minimal. But if repairs take months, consumers could begin seeing higher prices again at the pump."

At the close of last week's formal trading session, WTI increased by \$1.03 to settle at \$73.79. Despite demand concerns over the omicron variant of COVID-19, crude prices increased after the EIA reported that total domestic crude stocks decreased by 4.7 million bbl last week to 423.6 million bbl. The current stock level is 15.2 percent lower than in December 2020.

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First Snow Of The Season

BRIAN WILMOTH  
Editor

The region experienced its first snow of the season overnight Sunday into Monday.

According to the National Weather Service, the Upper Cumberland region received between two-to-six inches of snow in places.

Both UCEMC and Volunteer Electric reported scattered power outages in parts of Overton, Jackson, Fentress, Cumberland, and Pickett Counties.

Although the accumulation was significant, according to law enforcement, most roads remained passable.

The NWS forecasts another chance of snow on Thursday before temperatures are expected to rise back into the 50s over the weekend.



Water to Flatt  
Creek Discussed

BRIAN WILMOTH  
Editor

A project extending water to Flatt Creek Road could be reconsidered.

Alderman David Langford brought the item to the Board of Aldermen's attention at the board's December meeting.

"It's my understanding that the water lines go pretty close to them," Langford said. "I think we had promised them that we were going to send it to them. To make a long story short, I was told that they would have it by fall, and I was approached this week by a group of folks down there, and they said, 'Hey, it's Christmas. Where is my water?'"

Mayor Curtis Hayes said that, at no time, has he, or anyone else on the city council that he know of, promised anyone water in the Flatt Creek area. He did say there had been discussions, but it has not continued in almost a year.

"The water project is on if they want to get the water from the road and cross that creek and get to them," Hayes said. "I spoke to them, David, a year ago. I've met with four or five residents on Flatt Creek. Greg Davenport was here as well."



Curtis Hayes

Hayes said when the project was first considered, residents were told they needed to buy into the water service first before water connections could extend to Flatt Creek Road. He said, so far, they have been unwilling to do that, but with American Rescue Plan funding on the way, the project could be reexamined.

"We've had water in Hilham for a very long time," Hayes said. "Now, there's some creek crossings I think that would be an added expense to the city of Livingston. If that's something we want to entertain again, we can certainly entertain it. I'm not opposed to it."

Langford said Flatt Creek Road residents have wanted city water for sometime. He said around 10 residents live in the area.



ENTERPRISE Photo / Brian Wilmoth

Cheer And Dance Teams  
Perform At Citrus Bowl



Livingston Academy Cheer and Dance teams earned invitations to perform in the Citrus Bowl PreGame on Jan. 1.

Invitations to the Citrus Bowl are earned by teams at Universal Cheer and Dance Camps each summer. All teams who win trophies are invited. The LA Dance team earned their invitation by winning a trophy for their home routine. The LA Cheer team earned their invitation by win-

ning trophies for camp routine, sideline chants, band chant and cheer. Ultimately, 7 dancers and 1 cheerleader accepted the invitation and made trip to Orlando to perform in the Citrus Bowl in Orlando, Florida on Jan. 1.

Squad members traveled to Orlando for a week of rehearsals dedicated to preparing them for their Citrus Bowl pregame performance. The dancers and cheerleaders performed in front of

60,000 fans in the Camping World Stadium in Orlando, Florida right before the Kentucky Wildcats took on the Iowa Buckeyes. While not in practice, the girls had time to visit Universal Studios.

Representing LA at the Citrus Bowl were dancers Darbie Bull, Hailey Winningham, Emily Hill, Abigail Deck, Brianna Guerrero, Kaylea Abbott,

Please See "Cheer"  
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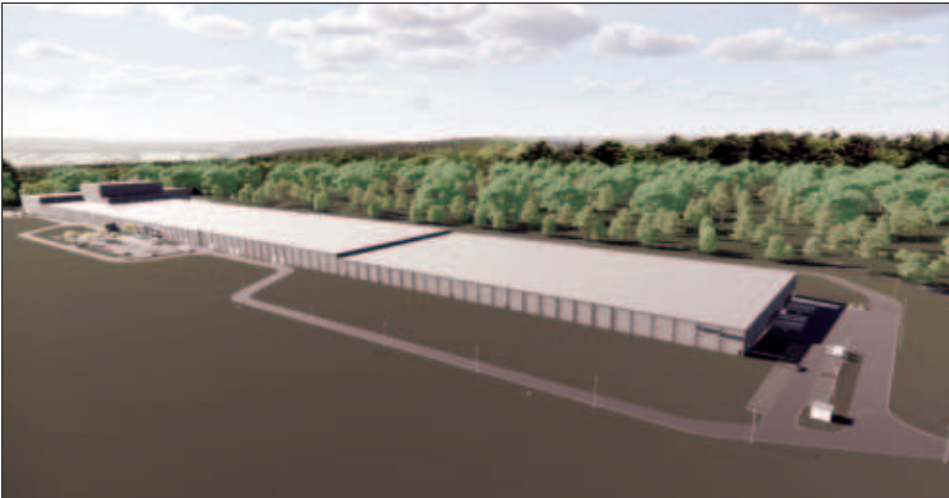
# Portobello Begins Construction

Portobello Group, a leading producer of porcelain and ceramic tile in Brazil, announces the beginning of construction of its U.S. factory in Baxter.

“Growing and developing in the American market, incorporating the local culture, generating job opportunities and investments as the result of ‘production to partnership relationships’ with distributors, is what guides this new challenge,” stated Portobello Group’s CEO, Cesar Gomes, Jr. “We are proud to soon present Portobello America’s new United States-based factory. We believe in the strategy,

the market potential and, above all, the combination of our know-how with the American team and culture.”

The planned facility is slated to be approximately 895,000 square feet in size, and is located in Baxter, roughly 70 miles east of Nashville. Total investment is expected to reach \$160 million USD, of which \$80 million will be allocated to the construction of the new facility. The remaining \$80 million will focus on the investment in world-class tile production machinery. Construction is projected to be completed by the end of Q4 2022. Portobello estimates the new, state-of-



**Under Construction** – The Portobello factory in Baxter is now under construction. The Brazilian porcelain and ceramic tile manufacturer is expected to employ 220 workers when the plant is completed in late 2022.

The art facility will create 220 local jobs.

The 92-acre project site is located on the south

plies of clay and feldspar.

The company currently has two distribution centers in the U.S. market, strategically located in Florida and Tennessee (where the future industrial facility will be located as well as Portobello America’s U.S. headquarters). According to Luiz Felipe Brito, Portobello America’s CEO, “The construction of the factory is the next step of our strategy that began in 2018. We have assembled a world-class team, curated a product portfolio that has proven to be very successful and have partnered with the best independent distributors in the country.”

## How To Be More Organized At Work

The dawn of a new year is a time when change is readily welcomed by millions of people across the globe. Many people see a new calendar year as a great time to turn over a new leaf, and New Year’s resolutions are often made with the intention of making positive changes.

Committing to being more organized is a popular goal each January, and it’s one that can pay some surprising dividends if individuals can see it through to fruition. For example, in 2011 researchers utilized functional magnetic resonance imaging and other measurements to determine that clearing clutter from a home and work environment improved individuals’ ability to focus and process information. That study, published in the Journal of Neuroscience in 2011, also concluded that clearing clutter increased

productivity.

Professionals can take note of the relationship between being organized and being productive and embrace certain strategies to be more organized at work. While organizing at home may be as simple as emptying the pantry or tossing out old magazines, organizing at the office is more likely rooted in minimizing distractions that can make it hard to maintain focus and complete tasks. The following are some strategies to clear clutter in office environments.

Communicate during your commute. Professionals who take mass transit or carpool to work can use their commutes to comb through their emails. That may seem like an insignificant strategy, but it’s not. In 2018, Adobe surveyed more than 1,000 office workers in the United States and found that the

average worker spent more than three hours per day on work emails, and an additional 2.5 hours on personal email. Professionals can use their commutes to organize emails and respond to those that are most pressing. That should free up time to get more done during the workday.

Turn off unnecessary notifications. Smartphone and device notifications provide an endless stream of distractions that can make it hard for professionals to organize their days and maintain their productivity. A 2020 study from the multinational telecommunications firm Telefonica found that the average smartphone user gets as many as 63.5 notifications per day. During the workday, individuals can clear some mental clutter by turning most app notifications off.

Keep a clean professional pantry. A disorganized kitchen cabinet can make it hard to find ingredients when preparing a meal at home, and that sense of disorganization can compromise efforts to complete projects at work. A system for naming and storing files can make it easy to access documents quickly throughout the day. Keep separate folders for each project as well as subfolders for each component of the project.

## What Every Small Business Should Know

Given how much has changed about the way people do business over the last few years, experts say it may be time for entrepreneurs to re-think how they store and protect company data, and collaborate with their teams.

According to Brian Mallari, a marketing director in Western Digital’s hard drive business unit, a shared storage or network attached storage (NAS) solution can help, and here’s why:

- **Cost:** As every owner of a small- or mid-sized business (SMB) knows, cutting costs without cutting corners is key to protecting the bottom line. While cloud storage fees can incur ongoing costs, adopting a NAS solution is a great way to pay once while keeping sensitive data local to the office or home.
- **Capacity:** Before selecting a storage solution, consider your needs. From wedding photographers to graphic designers, many businesses need a storage solution that can grow over time. Popular NAS storage drives for small and medium businesses, such as the WD Red family of products from Western Digital, range in capacity from 1 terabyte (TB) to 18TBs, mak-



ing them a good solution for those who work with large amounts of data.

- **A shifting workplace:** With hybrid and remote workplaces becoming the norm for businesses of all sizes, this has added new challenges for business owners and their staff wishing to easily collaborate, edit files and work with shared files and databases. With a NAS storage system, all users’ PCs and laptops can be assigned permission to access the storage solution, giving them the ability to load files and data wirelessly or via connected ports. What’s more, such a system can help protect your team’s work and data against loss from a network outage or potential cyberattacks, as remote/home data can be backed up to the storage device itself at the office. Because NAS solutions use several hard drives, they can provide protection of data via redundancy, also referred to as RAID. In other words, should one

drive fail, the data lives on.

- **Getting set up:** Getting set up with a SMB NAS storage system is easy. The solutions are available at consumer electronics stores and online, and you can choose from a NAS system that includes from two to 24 slots or “bays” for hard drives to make sure all your data is covered. Most NAS solutions, especially two- and four-bay solutions, can simply plug into an internet router via Ethernet.

To learn more about NAS-ready data storage options, visit [western-digital.com](http://western-digital.com).

“In today’s world, small- and mid-sized businesses need both reliable, affordable data storage solutions, as well as tools that allow for collaboration among workers near and far,” says Mallari. “Rethinking how data is stored can help entrepreneurs achieve both these goals.”



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**Harold Leon Reeder**  
Harold Leon Reeder, 76, of Monroe, passed away Dec. 30 at the Cookeville Regional Medical Center. No services will be planned, the family has chosen cremation.  
He was born May 11, 1945 in Akron, Ohio. He was a dairy farmer for many years and raised his

family working hard.  
He was preceded in death by: parents, George and Lorene (Conner) Reeder; and wife, Linda Carol Reeder.  
Surviving relatives include: daughters, Melanie Matthews and Marla Simpson; son, Glen Reed and wife, Susie; grandson, Colby Simpson, Matthew Reeder and Dustin Mat-

thews; granddaughters, Abby Reeder and Ashley Hillabrand; great grandsons, Kasyn Hillabrand and Clark Reeder; great granddaughters, Bexley Hillabrand, Everly Matthews and Cara Reeder; and a host of family and friends.  
**Hall Funeral Home of Livingston** was in charge of arrangements.

**Valerie Ann Barlow**  
Valerie Ann Barlow, 66, of Livingston, passed away Dec. 26 from the Smith County Health and Rehab Center. There will be no services scheduled.  
She was born July 2, 1955 in Fentress County.

She enjoyed growing flowers, traveling and listening to country music.  
She was preceded in death by: parents, James and Hester Hargis Murphy; husband, Kevin Barlow; son, Kevin Abston; brothers, James

Coleman, David Murphy, Samuel Murphy and Joseph Wayne Murphy; and sisters, Teddy Rose Simpson, Elizabeth Murphy and Sharon Raines.  
**Speck Funeral Home** was in charge of arrangements.

Relapse Odds Rise During Holidays

AARON OLSON  
Special to the Enterprise

The holiday season can be very stressful; whether it is trying to find the perfect gifts, family drama, or financial stress, there is a good chance everyone will at least have one moment of stress during the holidays. Unfortunately, this stress also affects those struggling with drugs and alcohol.  
According to the National Institute on Drug Abuse, relapse rates year-round are between 40 to 60 %. From what we have seen at Narconon New Life Retreat, many of these relapses occur during the holiday season. Although the reasons for the relapse may vary between the temptation

of alcohol at Christmas Parties or money from gifts they received, we regularly hear many stories of relapse from the holidays.  
In addition to this, many families discover for the first time, their loved one is struggling with substance abuse. The holidays are often the primary time of the year that families see each other. If you are concerned your family member may be using drugs or drinking excessively, you should learn the signs of drug and

alcohol abuse. Being able to spot the characteristics could make the difference between your loved one getting treatment or ending in tragedy.  
If you find yourself in either of these situations, do not wait but start working on getting your loved one into treatment as soon as possible. To read more on the subject, visit:  
<https://www.narcononnewliferetreat.org/drug-rehab-info/give-your-loved-one-the-gift-of-sobriety-this-holiday-season.html>



\$6.5 Million In Grants To Support Children's Mental Health

The Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) has selected a total of ten programs across the state to receive \$6.5 million in new funding to expand mental health services for children and youth. The new state funding was budgeted by Governor Bill Lee and appropriated by the Tennessee General Assembly in the TDMHSAS budget for state fiscal year 2022.

In the department's announcement of funding, grantees were instructed to collaborate with community stakeholders including local education authorities and other partners to design proposals that would have the greatest impact and address outstanding needs. The selected proposals increase school-based services and respond to the increasing need for emergency psychiatric services for children and youth.

Grantees also designed proposals focusing on early intervention services for children from birth to 8 years old. Infant and early childhood is a critical period for determining a person's lifetime mental health, and funding will allow for the expansion of early childhood mental health training, coaching and consultation, as well as capacity development and awareness building.  
"Tennessee is a state

blessed with a wide variety of resources and challenges when it comes to children's mental health. That's why we took a bottom-up approach to this funding opportunity to empower the amazing mental health providers we work with to design approaches to meet the biggest needs that they see in the communities they serve," said TDMHSAS Commissioner Marie Williams, LCSW.  
"We are so grateful to Governor Bill Lee for his vision in budgeting this funding and to the members of the General Assembly for their investment in the mental health of our state's most precious resource."

Available funding under this announcement was divided proportionally among the department's seven planning regions based on the number of children and youth living in each re-

gion. Programs selected under this announcement of funding include:  
Region 1 Northeast Tennessee: Frontier Health, \$424,000 – Expanding school-based services through the School-Based Behavioral Health Liaison program and Project BASIC, enhancing crisis care with an additional master's-level therapist  
Region 2 East Tennessee: McNabb Center, \$1.1M – Creating three Crisis Response Teams which will partner with schools, East Tennessee Children's Hospital, and detention centers to improve outcomes from a child's mental health crisis  
Region 5 Middle Tennessee: Volunteer Behavioral Health, \$594,000 - Expanding school-based services through the School-Based Behavioral Health Liaison program and Project BASIC.

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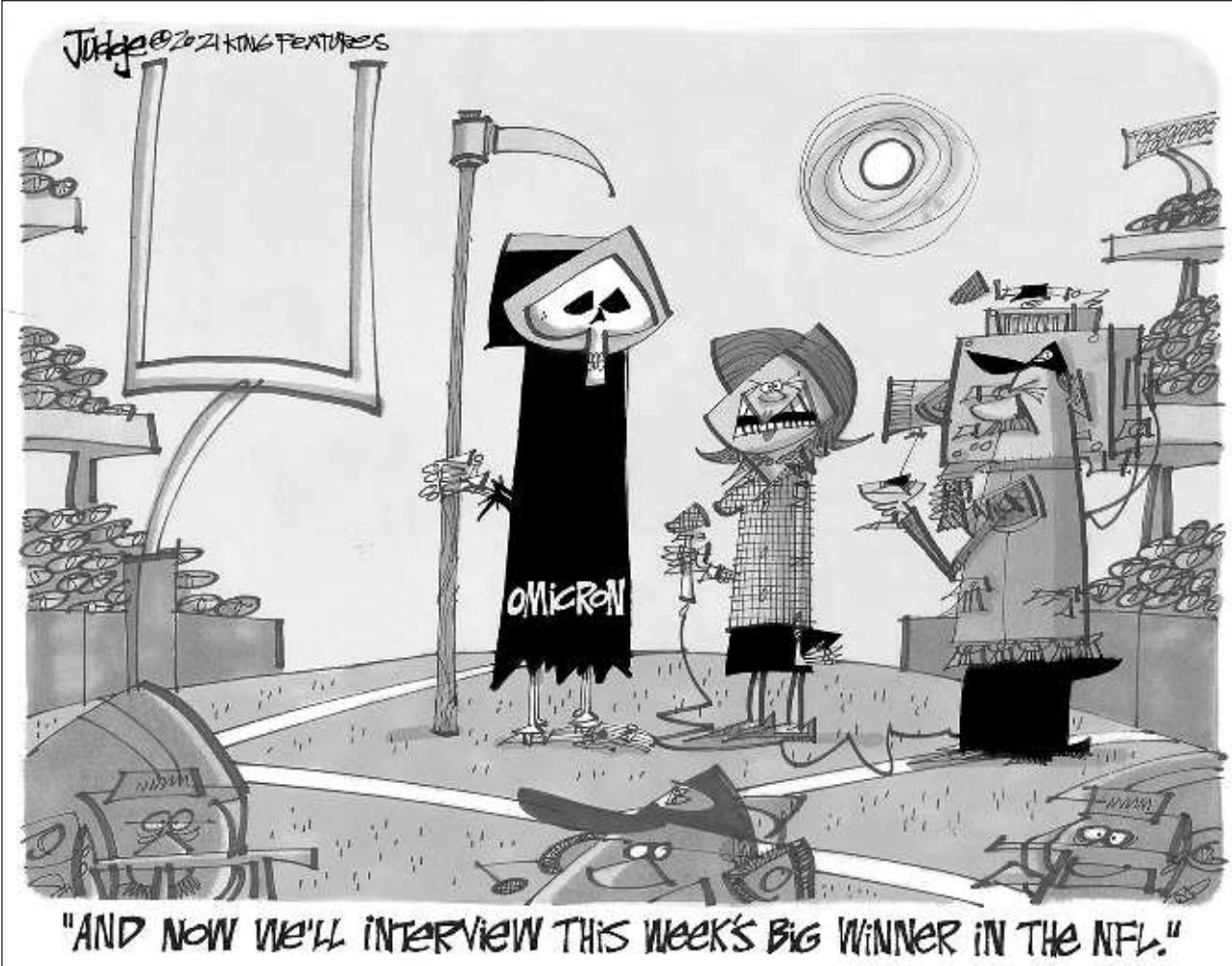


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# Our Most Difficult Decision for 2022

GLENN MOLLETTE  
special to the *Enterprise*

2022 will be over almost quicker than you can say Happy New Year! Just look how fast 2021 sped by us all. Time rarely feels as if it’s standing still unless we are waiting on something to happen. Time only drags when we need something to happen like a cure for a disease, a job to open or a relative to come home. When time drags, we make the mistake of wishing it away.

We only have a little bit of time. We all have the same in a day, a week or a year. Every year that we live we are extended the same number of days and minutes. We do all kinds of things with time. We waste time, kill time, try to make up time, lose track of time or don’t pay attention to time. Regardless of how we treat time it’s only doing one thing moving swiftly through the hourglass one grain or second at a time.

I’m thankful for time. I’m grateful for time with my wife and each family member. I’m grateful for this moment to sit here and type a few words out on my keyboard. I suppose one of my problems is how do I fit all I want to do into my time? I guess I enjoy doing too much. If I only enjoyed doing one or two things then my time spent might be a little easier. Each day and moment I would simply devote my full attention to one particular aspect of life. Actually, that might not be a bad idea. Could I devote 24 hours a day to my family? I could, but they really don’t want me in their

hair 24/7. I could devote 24 hours a day to prayer and reading the Bible or reading other good books. But then, I don’t want to be an isolated religious person who never enjoys this incredible world or people. I could devote 24 hours a day to my educational work and do a lot of the work that others do. However, institutions are stronger and better when the work is spread around to others. I could spend more time simply writing books or pursuing other hobbies I enjoy.

Somehow, we have to determine what is best. I heard about this farmer who hired a man to sort potatoes. The man’s job was to put the bad potatoes in one pile, the good potatoes in another pile and the best potatoes in another pile. The man agreed to the job. At the end of the day the farmer came to see how his new employee was doing and he had not done anything. He was simply standing looking back and forth at two potatoes. The farmer bewildered asked? “Why haven’t you done what I asked you to do?” The hired man responded, “I just can’t decide between the good and the best potatoes.”

Our dilemma in 2022 may not be in deciding between good and bad but between good and best. There are a lot of good things we can do with our time in 2022. Using our time to do the best things may be our most difficult decision.

*Hear Glenn Mollette every weekday morning at 8:56 EST on XM radio 131.*

# Collaboration Key To Ag Initiative

KAYLA BERGMAN  
special to the *Enterprise*

With the Biden administration focused on addressing climate change, the U.S. Department of Agriculture (USDA) recently announced plans for the Climate-Smart Agriculture and Forestry Partnership Initiative.

As they move forward with development, it’s crucial USDA works with existing private sector markets. However, the support should not duplicate efforts, nor should a federal program facilitate transactions of carbon sequestration payments to producers.

Instead, leaders of this proposed program should consult farmer participants and private sector leaders to identify needs and barriers to scaling up these efforts. These collaborative efforts will help producers feel secure and confident about the program they are entering. Additionally, federal guidelines on transparency, data security, and verification protocols will make significant progress in helping producers feel comfortable with the opportunity to receive financial incentives to implement additional conservation practices.

The program can also

support private sector markets by providing data to ensure the verification of carbon being sequestered by individual climate-smart practices. Standard data to reference no matter the program a producer enters will eliminate a current barrier to entry for many producers.

To successfully expand markets, the program needs to consider additional conservation practices beyond those currently being incentivized. Cover crops and no-till are vital practices in sequestering carbon, but there are others that need to be implemented,

including extended crop rotation, science-based trials of row crops integrated with prairie strips, wetlands, riparian buffers, and filter strips.

Other keys to the program’s success will be making sure partnerships include a wide range of landowners and producers by requiring a certain percentage of services go to farms under the state’s average farm size and that underserved producers and landowners have equal access.

*Kayla Bergman is a senior policy associate at the Center for Rural Affairs*

# OIG Is VA’s Crime Dog



by Freddy Groves

Despite COVID and all the restrictions from it, the Department of Veterans Affairs Office of Inspector General has been busy. Here are a few of the scams they’ve uncovered and pursued:

Two men in New Jersey pleaded guilty to paying and soliciting kickbacks and bribery. They roped in telemedicine doctors who faked orders for items such as braces and prescriptions. The thieves then billed Medicare, the Department of Veterans Affairs, TRICARE and other programs while hiding behind fake company owners. The tab to the government when they were caught was approximately \$50 million.

In Chicago, two VA prosthetics clerks took cash from vendors after sending business to them for medical equipment. Bribery, wire fraud, conspiracy -- this case had it all. The thieves used government purchase cards to place those orders and rented the equipment instead of buying it as the

VA doctors had ordered. One of those companies was paid almost \$1.4 million.

In Florida, two men were nabbed for much the same thing -- soliciting and paying for bribes, then getting kickbacks for ordering medical equipment such as braces that weren’t actually medically necessary. Again, this involved telemedicine. And again, this involved compounded medication prescriptions. The hit to TRICARE, ChampVA and Medicare came to \$25 million.


But a final case at a rooming house tugs at the heartstrings. The thief grabbed Social Security and VA benefits that belonged to the mentally ill, disabled, veterans and elderly for their care and housing. There were 35 counts to the indictment, which included wire fraud, document tampering, making false statements, mail fraud and first-degree theft. The thief managed to get herself named as Representative Payee and spent the money on herself instead of on her tenants.

As always, a big thumbs-up to the OIG.

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Publisher

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# New Parent-Child Connection Series Beginning

The Stephens Center Parent-Child Connection Spring 2022, Series I begins Wednesday.

All classes in the series, entitled “Nurturing Parenting Skills for Families”, will be held at the Stephens Center, located at 616 North Church Street in Livingston, from 1 p.m. until 2:30 p.m.

The topics in the Spring Series I include:

Jan. 5: Orientation and “Assessing Nurturing Skills”

Jan. 12: “Why Parents Spank”

Jan. 19: “Doing This for Your Own Good”

Jan. 26: “This Hurts Me More Than You”

Feb. 2: “My Way or the Highway”

Feb. 9: “Self-Esteem”

Feb. 16: “Supporting Your Partner”

Feb. 23: “10 Things Every Child Needs”

March 2: Make-Up Session

There is no charge for the PCC sessions. Certificates will be awarded to parents attending eight sessions within the series.

The Parent-Child Connection aims to support parents by providing

support for any specific issues or challenges they may face in the course of raising their children.

The purpose of the class is not only to educate, but also to offer parents the opportunity to give and get support from others who may be facing similar problems, situations, or circumstances. The curriculum is an evidence-based curriculum approved by the Tennessee Dept. of Children’s Services.

For more information, contact the Stephens Center at (931) 823-6432 or 1-800-635-5199.

# Mental Health Care And Suicide Prevention During The Holidays

For some people, stress increases during the holiday season, leading to physical illness, depression, anxiety, and substance misuse.

If you or a loved one experience a mental health crisis, live with substance misuse or exhibit suicidal behavior during the winter holidays, there are resources and services available through the Tennessee Department of Health (TDH) and the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) to help navigate those challenges and strengthen community connections.

“Saving a life, your own or someone else’s, should never be a solo effort,” said Tennessee Department of Health Commissioner Lisa Piercy, MD, MBA, FAAP. “Support is available to help Tennesseans who are living with mental health challenges, and we urge you to learn what to look for, when to act, and who to contact if faced with a mental health emergency or suicidal crisis.”

“The holiday season can be a tremendously stressful time for many individuals who are living with mental health challenges such as depression and anxiety,” said TDMH-

SAS Commissioner Marie Williams, LCSW. “No matter what you’re going through, please know this: there is hope, and help is available.”

The Mental Health and Suicide Prevention Services Directory provides a comprehensive list of suicide prevention resources available across the state to support efforts to reduce deaths by suicide. The directory includes all suicide prevention, intervention and postvention resources throughout the state, such as training, resources and services for help, support groups, fact sheets, and infographics and data. Developed through a partnership of the Tennessee Department of Health and the Tennessee Suicide Prevention Network, the directory can be downloaded at <https://www.tn.gov/content/dam/tn/health/program-areas/vipp/TDH-Suicide-Prevention-Resource-Guide-Final-Draft-9-24-2021.pdf>.

The Tennessee Statewide Crisis Line, available 24 hours a day/365 days a year is a free resource for anyone experiencing a mental health crisis. All calls are routed to a trained crisis counselor in your area, who will provide you support and guidance and work to connect you with

appropriate community supports. Call 855-CRISIS-1 (855-274-7471) or text “TN” to 741-741.

ResilienTN is an initiative that works to prevent the loss of life to overdose and suicide by empowering Tennesseans with the tools and knowledge to overcome their personal challenges and watch out for and help those around them. The campaign includes training in overdose reversal and suicide prevention; events focused on addiction recovery efforts on college campuses, and suicide prevention among people living with substance use. A calendar of events and other resources are available at <https://tntogether.com/shareables/>.

The Tennessee RED-Line offers a convenient and confidential 24/7/365 resource for substance misuse treatment referrals. The service is provided by the Tennessee Association for Alcohol, Drug and other Addiction Services (TAADAS) through a contract with the TDMHSAS. Referrals are available by phone call or text at 800-889-9789. <https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/tennessee-redline.html>

# Health Dept. Releases 2021 COVID Data

The Tennessee Department of Health (TDH) has released year-end, reconciled COVID-19 data, process improvements and previewed 2022 operational priorities.

“Year-end data reconciliation is an important step to ensure the public has an accurate view of how COVID-19 has affected our state this year and also identify areas where the department can improve services,” said Tennessee Department of Health Commissioner Lisa Piercy, MD, MBA, FAAP. “Data reporting for COVID-19 is unique, as it is the only infectious disease where real-time progression is tracked from positive test to death, compared to typical monthly or annual reports.”

TDH anticipates chang-

es to national COVID-19 reporting standards in early 2022 based on recommendations from the Council of State and Territorial Epidemiologists (CSTE) and has reconciled data to comply with upcoming standards. This data update will be completed the week of January 4. “This enhanced review is a valuable process, and I’ve encouraged my colleagues in other states to do the same,” said Piercy. “Trust in public health data is key to our response and data accuracy is a top priority for TDH.”

2021 Key COVID-19 Data Points

• Total tests processed this year: 5,394,058 • Total cases reported this year: 762,964 • Total vaccines administered this year: 8,280,246

The TDH Office of State Chief Medical Examiner reconciled outstanding death certificates with COVID-19 as an underlying cause of death, bringing COVID-19 fatalities spanning spring 2020-December 2021 to 20,644.

The lag in death reporting data can be contributed to many factors including the manual process most providers and facilities undertake, the increase in at-home deaths, and the strain on the public health infrastructure during case surges. On average, the Centers for Disease Control and Prevention (CDC) notes that approximately 75 percent of mortality data is complete by eight weeks, given the time it takes to determine the cause of death in some cases.



## PUBLIC NOTICE

### Notice of Primary Election

Pursuant to TCA 2-12-111, notice is hereby given that a Republican Primary election will be held in all voting precincts in Overton County on **May 3, 2022** for the purpose of selecting nominees for the following office: County Executive, County Trustee, Circuit Court Clerk, Register of Deeds, General Sessions Judge, Sheriff, County Clerk, County Commission Districts 1-5 (3 from each district) School Board Districts 1-5 (1 from each district).

Pursuant to TCA 2-12-111, notice is hereby given that a Democratic Primary election will be held in all voting precincts in Overton County on **May 3, 2022** for the purpose of selecting nominees for the following offices: County Executive, County Trustee, Circuit Court Clerk, Register of Deeds, General Sessions Judge, Sheriff, County Clerk.

In addition, a Republican and Democratic Primary will be held for the purpose of helping select nominees for the following offices of the 13th Judicial District:

Circuit Court Judge Part 1  
Circuit Court Judge Part II  
Criminal Court Judge Part I  
Criminal Court Judge Part II  
Chancellor  
District Attorney General  
Public Defender

The qualifying deadline for candidates is **February 17, 2022 at NOON**. Candidates who intend to run as Independents on the **August 4, 2022** ballot must also file their nominating petitions prior to **12:00 NOON on February 17, 2022**.

Candidates for the office of Sheriff must submit affidavits of qualification with the Tennessee Peace Officer Standards and Training Commission (P.O.S.T.) by **February 3, 2022**. Nominating petitions may be obtained from the Overton County Election Commission Office, located at 312 W Broad Street, Suite 2, Livingston, TN 38570. Office hours are Monday – Friday 8:00 AM – 4:30 PM.

The last day to register to vote in the **May 3, 2022** election is **April 4, 2022**. If you have any questions, please contact the Overton County Election Office at 823-5985.

### Overton County Election Commission

Larry Duewer, Chair  
Sonny Parsons  
Kelly Hull

Jack Kirby, Secretary  
Cathryn McNeely Murphy  
Craig Story, Administrator

## Notice of Meeting

The Overton County Election Commission will meet on **Friday, January 14, 2022 at 1:00 P.M.** at the Election Commission Office. The agenda for the meeting will be as follows:

1. Approval of agenda
2. Approval of prior minutes
3. Appointment of machine techs for 2022 election cycle
4. Consider moving Monroe Precinct to Monroe Fire Department
5. Review of 4th quarter applications for registration
6. Any other business before the commission



# What Is A Whimmy-Diddle-Gee-Haw?

*Looking  
Backward  
By Phoebejane*

(Emily Sells)

If you're over the age of 50 and grew up in the country, you probably know what a whimmy-diddle-gee-haw is. If you don't know what that is, more than likely, you probably grew up in town, like I did, and wouldn't have a clue as to what a whimmy-diddle-gee-haw is. Several years ago, I got acquainted with someone who not only knows what a whimmy-diddle-gee-haw is, but can make one too. The trunk of his car is often loaded down with similar contraptions, all of which he has made by hand. The owner of all these duplicates from the past is a resident of Clay County and retired school teacher by the name of Roy Henson. Here is a little background information about Roy and how he came to be a toy maker.

The younger son of Elmo and Oma Henson, Roy grew up in the Oak Grove community of Clay County. He received his elementary school education at Mt. Vernon, and went on to graduate from high school at Hermitage Springs. He went on to obtain a B.A. degree at David Lipscomb College (now University), and received an M.A.T. at Memphis State University (now University of Memphis).



**Unique Toy** - Roy Henson, retired Clay County school teacher, demonstrates how to use an Appalachian toy called the Gee-Haw-Whimmy-Diddle.

Roy's father made a living for his family by farming and part-time carpenter work. It was after the death of Roy's grandmother Birdwell that his grandfather, William (Billy) Birdwell, a skilled carpenter by trade, moved in with Roy's family. Roy credits his "Pappy" Birdwell with instilling in him an interest and passion for woodworking

that began when Roy was just 10 years old and continues on today. Hours spent around the wood stove in the winter months, or on the front porch in the summer, resulted in Roy's learning how to make some very unique toys that most country kids had at least one or more of. Many who read this will recognize or recall the names of these toys: Slide

whistles; bull roarer; pop guns; squirt guns; bow and arrow; poke-stalk noise makers; pumpkin-razzer noise makers; corn stalk fiddles; clothes pin corn shooters; spinning tops out of gourds; wheel rollers; button-on-a-string; and pool tractors.

Some other toys Roy has added to the list of those his Pappy Birdwell introduced him to include the preacher and the bear, the dancing man, Humpty Dumpty, climbing bears, and a climbing sailor. More than thirty different toys are included in the programs Roy holds.

He always reminds children that trips to museums have rules or signs that say "Do Not Touch." With Roy's demonstrations, everyone is invited to get involved in a "Hands On" way. Kids who, in the beginning, often show indifference and no interest soon become spellbound with these simple but creative homemade toys. After over 30 years of teaching, 25 of which spent in the Clay County school system, he describes toy making and demonstrations as nothing but fun. Students don't always realize they are getting a lesson in the history of early toys, but in science too. Sometimes Roy leaves a test paper with some of the classes to see if students connect the scientific principles involved in the construction of the toys.

I must admit that I amazed at how much fun these simple objects create, and I will also confess that even though I had no idea what it was, my very favorite of all is the whimmy-diddle-gee-haw. As strange as it looks, I think a good description would be that it's not only a lot of fun, but it's also an amazing piece of art.

## PICTURES FROM THE PAST



**SENTIMENTAL JOURNEY** ... The portrait of the 1938 Alpine Mountaineers men's basketball team will bring back a lot of good memories to several area residents. Members of the team, who were crowned county champs that year, are front row, from left,

Bethel Ledbetter, Clifford Smith, Duval Franklin, Durward Sells and Benton Cantrell, coach and principal. Back row, Cletus Newberry, Veon Linder, Terry Bilbrey and Marshall Collins.

## Tips to Lower Your Heating Bills

(StatePoint) A frosty winter wonderland is fun to experience -- outside. Inside is another story. By keeping your home heating system running at peak performance, you'll lower your winter utility bills and experience increased comfort.

According to North American Technician Excellence (NATE), here's how to stay toasty this winter without breaking the bank.

### Get the Right Equipment

It all starts with the right heating equipment. Choosing a furnace with an ENERGY STAR logo is important, however, it's also a good idea to understand standard efficiency ratings so you can easily compare the performance of different systems.

When you need to measure the thermal efficiency of your furnace or water heater, Annual Fuel Utilization Efficiency (AFUE) helps determine the actual, annual, average efficiency of that piece of equipment. It measures the amount of heat delivered to your house compared to the amount of fuel that you must supply to the furnace. The U.S. Department of Energy determined that all furnaces sold in the U.S. must have a minimum AFUE of 78%.

The Heating Seasonal Performance Factor (HSPF) is the most commonly used measure of the heating efficiency of heat pumps. Typically, a high-efficiency heat pump pays for itself in savings in a few years.

### Take These Steps

A little DIY can work wonders. Follow this checklist for improved efficiency of heating equipment:

- Check heating filters every couple weeks and change them at least twice in the season, or as directed by the manufacturer.
- Check and maintain insulation. Improperly insulated walls, floors, attics, basements and crawlspaces drain away heat and can also lead to moisture imbalance.
- Check ductwork for insulation and leaks. No matter how "state of the art" your heating system is, if your ductwork is bad, it will diminish efficiency.
- Turn down the thermostat by a few degrees and dress more warmly.
- Clean the furnace area. Don't keep chemicals or cleaning products near your heater, and don't store anything next to it that could impede ventilation.
- Keep vents and returns free of obstructions.
- Install a humidifier to make indoor air feel warmer.

### Work With Experts

Be sure all work performed on your heating equipment is carried out by a trustworthy, NATE-certified technician. Even the most efficient system can suffer if it's not properly maintained. NATE-certified technicians have demonstrated knowledge of today's heating and cooling systems. Better installation and service means your equipment will run at peak efficiency. Visit [natex.org](http://natex.org) for additional winter tips and resources, and to find a NATE-certified technician in your area.

If you do call in a technician, prep for their arrival. You can help your technician diagnose a potential problem with your heating equipment by being prepared to share important information, such as the age, brand and model of your furnace and whether it's been leaking, making unusual noises or emitting odors.

With a combination high-efficiency equipment, a little DIY and the help of professional expertise, you can stay warm and cozy on-budget, all season long.

## Wanting What You Can't Quite Have

Human nature is such that most of us aren't seduced by what is completely beyond our reach, but by the thing that is just out of reach. Employees who pilfer from their companies are often just trying to live a slightly more lavish lifestyle than they can afford. We see the same thing in matters of romance. Most of us know that the beauty queen or the captain of the football team is "out of our league"?? and we don't even try for them, but we are drawn to the attractive boy or girl who sits next to us in class and who kindly helps us with our homework, even if we know she's not interested in us. Wanting what we can't quite have isn't necessarily a bad thing. It's good to aim high in life, but desiring things we can't have is also a source of considerable pain and frustration. Keeping up with the Jones's and pining after someone who isn't interested in you is unsatisfying in the short run and in the long run it can lead to a sense of deep disappointment and even resentment. We start to have a sense that life is unfair and we envy those who appear to have the things we want, and moreover appear to have achieved those things so effortlessly. Appearances can be deceiving, however, and you might be surprised to find that Mr. Jones down the street isn't so happy with his big house or his beautiful wife. Strive to be content with what you have, and thank God every day for the blessings he has bestowed on you.

- Christopher Simon

*But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that.*

1 Timothy 6:6-8

## CHURCH DIRECTORY



Discover the Disciples!  
**First Christian Church**

[www.livingstonfcc.com](http://www.livingstonfcc.com)  
320 Oakley Street  
(931) 823-2413

### SERVICES:

Casual Worship 8:30 a.m.  
Christian Education 9:30 a.m.  
Traditional Worship 10:30 a.m.

### WEDNESDAY PROGRAM:

5 p.m. Dinner  
5:30 p.m. Classes/Groups for all ages  
7:15 p.m. Adult Choir

**Come Grow With Us!**

**James Shenko,  
Senior Minister**

## Walnut Grove Church of Christ

1732 Upper Hilham Road • Livingston, TN  
Preacher Danny Staggs  
(931) 823-1911 • Cell (931) 704-1208



### Services

Sunday Bible Class ..... 9:30 a.m.  
Sunday Worship ..... 10:30 a.m.  
Sunday Evening ..... 6:00 p.m.  
Wednesday Evening ..... 6:00 p.m.



# Make Gardening Your New Year’s Resolution

MELINDA MYERS  
special to the *Enterprise*

The New Year is filled with resolutions that usually involve dieting and exercise. Gardening is a great way to help accomplish these two resolutions, while also improving your mood, reducing blood pressure, maintaining flexibility, burning calories and much more.

Resolve to grow your own vegetables and eat healthier in the New Year. Get your family and friends involved in planning ways to include gardening into your lives.

Explore ways to incorporate vegetables and herbs into your landscape. Vegetable gardens are not the only option. Tucking vegetables into flowerbeds, mixed borders and container gardens can expand your planting space. Look for new compact and colorful vegetable varieties that fit nicely into small spaces, planters, and ornamental gardens.

Take an inventory of any leftover seeds and

make a list of those seeds and any plants you need to purchase. The earlier you order, the more likely you are to obtain the items on your list.

Don’t wait to start your year of healthful gardening and eating habits. Start by growing microgreens in January. They are quick, easy and require no special equipment. Plus, recent research found that many contain as much as 25 times more nutrients than the leaves of the full-grown plant.

Organize a seed swap with family and friends in winter. It is a great way to extend your plant budget and experiment with new seeds. Turn old seeds that are no longer viable into artwork with sheets of paper or small pieces of wood, glue, and some creativity.

Start vegetable, herb, and flower seeds indoors in late winter through mid spring. Check the seed packet for timing and planting directions. Create a seed starting chart



Photo courtesy of MelindaMyers.com

**Save Space** - Compact vegetable varieties can be tucked into ornamental container gardens if space is an issue.

or mark planting dates on your calendar to ensure seeds get planted at the recommended time.

Monitor the weather and follow the recommended planting dates for sowing seeds directly in the garden and moving seedlings outdoors. Use homemade or DIY cloches, floating row covers and cold frames to jump start the season. These

capture warmth near the plants for an earlier start in the garden. They can also be used to extend the end of the growing season.

Start removing weeds as soon they appear throughout the season. These unwanted plants compete with desirable plants for water and nutrients, and many are host to disease and insect

pests. Pulling weeds is also a great way to reduce stress while improving the health and beauty of your garden beds.

Harvest flowers to enjoy in summer bouquets and arrangements. Pick a few extras to share with friends. Research has found immediate and long-lasting benefits generated from the gift of fresh flowers.

Pick vegetables regularly when they are at their peak for maximum productivity, flavor, and nutritional value. Share extra produce with family, friends, and the food insecure – many of which are children – in your community. Contact your local food bank, food pantry or Feeding America to donate garden fresh produce.

Cap off your efforts with a garden party. Invite fellow gardeners to bring a dish to share that incorporates homegrown vegetables. Share recipes, garden success stories, and begin planning for the season ahead.

For the recommended timing to do these and other gardening projects, check my monthly gardening checklists.

*Melinda Myers has written more than 20 gardening books, including The Midwest Gardener’s Handbook and Small Space Gardening. Her web site is [www.melindamyers.com](http://www.melindamyers.com).*

## Upcoming Events At The Library

At Your Library

1/4 Tuesday-Book Club Meeting 11:00am-12:00pm  
1/4 Tuesday-Overton Co. Historical Society Meeting 5:30pm-6:30pm  
1/6 Thursday-Preschool Story Time 10:30am-11:30am  
1/13 Thursday-Preschool Story Time 10:30am-11:30am  
1/17 Monday-Closed for MLK Day  
1/18 Tuesday-Library Board Meeting 4:30pm-5:30pm  
1/20 Thursday-Preschool Story Time 10:30am-11:30am  
1/20Thursday-Friends of the Library Meeting 11:30am-12:30pm  
1/27 Thursday-Preschool Story Time 10:30am-11:30am  
**New items added to the library:**  
**Adult Fiction**  
Mercy by David Baldacci  
Better Off Dead by Lee Child  
The Love Hypothesis by Ali Hazelwood  
The Song of Achilles by Madeline Miller  
A Christmas Legacy by Anne Perry  
Flying Angels by Danielle Steel

The Lincoln Highway by Amor Towles  
Attic on Queen Street by Karen White  
**Westerns**  
Then Came Mulvane by William Heuman  
Smash the Wild Bunch by Giles A. Lutz  
Shoot-Out at Sugar Creek by Mickey Spillane  
**Adult Non-Fiction**  
Milk and Honey by Rupi Kaur  
You are Stronger Than You Think: Unleash the Power to Go Bigger, Go Bold, and Go Beyond What Limits You by Joel Osteen  
Herbalism at Home: 125 Recipes for Everyday Health by Kristine Brown  
Briggs and Stratton Service and Repair Instructions  
Outlander Kitchen: To the New World and Back Again: The Second Official Outlander Companion Cookbook by Theresa Carle-Sanders  
100% real: 100 Insanely Good Recipes for Clean Food Made Fresh by Sam Talbot  
New Homemade Kitchen: 250 Recipes and Ideas for Reinventing the Art of Preserving, Canning, Fermenting, Dehydrating, and More by Joseph Shuldiner  
Childe Hassam: American Impressionist by Ulrich W. Hiesinger

Tutankhamun: His Tomb and Its Treasures by Iorwerth Edwards  
**Inspirational**  
To Write a Wrong by Jen Turano  
Piecing it All Together by Leslie Gould  
A Patchwork Past by Leslie Gould  
Bookshop by the Sea by Denise Hunter  
The Thief of Lanwyn Manor by Sarah E. Ladd  
A season of grace by Lauraine Snelling  
**Adult Large Print Fiction**  
Lost and Found Sisters by Jill Shalvis  
The Lemon Sisters by Jill Shalvis  
**Sci-Fi/Fantasy**  
Ninth House by Leigh Bardugo  
**Magazine**  
Muse Magazine  
PEOPLE Magazine  
**Juvenile Fiction**  
Son by Ariel Andres Almada  
Never Grow Up by Karen Kingsbury  
Evelyn Del Rey is Moving Away by Meg Medina  
A Big Day for Baseball by Mary Pope Osborne  
Library Alive! by John Szaklis  
**Children’s Fiction**  
Goodnight Baseball by Michael Dahl  
See the Cat: Three Stories About a Dog by David LaRochele  
The Bear in my Fam-

ily by Maya Tatsukawa  
**Juvenile Non-Fiction**  
Mother Jones and Her Army of Mill Children by Jonah Winter  
Clean Water and Our Future by Kathy Furgang  
Plastic Pollution and Our Earth by Gene Brooks  
Clean Air and Our Future by Kathy Furgang  
**Tween Fiction**  
The Invisible Invasion by Dustin Brady  
Prairie Lotus by Linda Sue Park  
Dead Wednesday by Jerry Spinelli  
Turtle Boy by Evan M. Wolkenstein  
**Juvenile Graphic**  
Navy SEALs: The Capture of Bin Laden! by Sarah Eason  
Big Nate. Aloha! By Lincoln Peirce  
Young Adult Fiction  
King of scars by Leigh Bardugo  
Siege and Storm by Leigh Bardugo  
Escaping eleven by Jerri Chisholm  
It sounded better in my head by Nina Kenwood  
**Young Adult Graphic**  
Stranger Things: Into the Fire #4 by Jody Houser  
**DVD’s**  
You: Seasons 1 & 2  
My Favorite Martian: Season 2  
All in the Family: The Complete Second Season

Moments  
in time  
THE HISTORY CHANNEL

On Jan. 9, 1493, Christopher Columbus, sailing near the Dominican Republic, sees three “mermaids” and describes them as “not half as beautiful as they are painted.” They were in reality manatees. Mythical mermaids have existed in seafaring cultures since the time of the ancient Greeks.

On Jan. 6, 1759, a 26-year-old George Washington marries Martha Dandridge Custis. Historical documents have revealed that Martha may not have been the great love of his life. Washington wrote cryptic yet passionate love letters to Sally Fairfax, the wife of a friend.

On Jan. 4, 1847, Samuel Colt rescues his faltering gun company by winning a contract to provide the U.S. government with 1,000 of his .44 caliber revolvers. Though never cheap, by the early 1850s, Colt revolvers were inexpensive enough to be a favorite with Americans headed westward during the California Gold Rush.

On Jan. 5, 1945, Japanese pilots receive the first order to become kamikaze, meaning “divine wind.” They needed little training to take planes full of explosives and crash them into ships. At Okinawa, they sank 30 ships and killed almost 5,000 Americans.

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## Good Housekeeping

**Stovetop Chili**  
A quick weeknight chili that’s packed with buttery black soybeans, tender-crisp green beans and melt-in-your-mouth sweet potatoes. Serve with a chunk of warm cornbread.  
1 tablespoon olive oil  
1 medium onion, chopped  
2 tablespoons chili powder  
1 teaspoon ground cumin  
1 teaspoon ground coriander  
2 cloves garlic, crushed with garlic press  
1 jalapeno chile, seeded and minced  
1 can (28 ounces) whole tomatoes in juice  
1/2 pound green beans, trimmed and each cut crosswise in half  
3 (about 1 1/2 pounds) medium sweet potatoes, peeled and cut into 1 1/2-inch chunks  
1 teaspoon sugar  
1 salt  
2 cans (15 ounces) black soybeans, rinsed and drained, substitute black beans

Sour cream (optional)  
1. In nonstick 5-quart to 6-quart Dutch oven, heat oil over medium heat until hot. Add onion and cook 10 minutes or until tender, stirring occasionally.  
2. Add chili powder, cumin, coriander, garlic and jalapeno, and cook 1 minute, stirring. Add tomatoes with their juice, green beans, sweet potatoes, sugar, salt and 2 cups water; heat to boiling over medium-high heat, breaking up tomatoes with side of spoon.  
3. Reduce heat to low; cover and simmer 25 minutes or until sweet potatoes are tender, stirring occasionally. Add soybeans and cook 2 minutes longer to heat through. Serve with sour cream, if you like.  
Each serving: About 275 calories, 5g total fat (1g saturated), 0mg cholesterol, 635mg sodium, 45g carbohydrate, 11g dietary fiber, 14g protein.  
For thousands of triple-tested recipes, visit our website at [www.goodhousekeeping.com/food-recipes/](http://www.goodhousekeeping.com/food-recipes/).

top ten

World’s Costliest  
SPICES

1. Saffron  
2. Vanilla  
3. Mahlab  
4. Long pepper  
5. Black cumin  
6. Kaffir lime leaver  
7. Grains of Paradise  
8. Cardamon  
9. Cloves  
10. Cinnamon

Source: [agronomag.com](http://agronomag.com)

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“Cheer”  
Continued From Page 1

Raelyn Buck and cheerleader Marissa Speck.

The Citrus Bowl has been a college football tradition since 1947. The game gives cheerleaders and dancers the opportunity to perform at the 7th oldest collegiate bowl in the country, as well as the opportunity to visit Universal Orlando Resort parks.



For more than 45 years, Varsity Spirit has been the leading organization training cheerleaders and dancers and their coaches in proper safety technique, progressions and spirit leading activities. Cheerleaders and dancers are taught spirit leading essentials like game cheers and pep rally fundamentals as well as proper progressions, a part of a highly acclaimed Safety Awareness Program.

# Vaccine Anniversary Celebrated

The Tennessee Department of Health is recognizing the one-year anniversary of the first COVID-19 vaccine administered in the state. The first dose of the COVID-19 vaccine was given at Vanderbilt Medical Center on December 16, 2020. In following days doses of the first available COVID-19 vaccine, Pfizer BioN-Tech and Moderna, arrived and were distributed according to the state’s COVID-19 Vaccination Plan.

Since the first vaccine was administered in December 2020, 8,334,635 vaccine doses have been given to Tennesseans across the state.

“I cannot thank the entire health care community enough for the effort put into ensuring Tennesseans have access to this vaccine,” said Tennessee Department of Health Commissioner Lisa Piercey, MD, MBA, FAAP. “From the first days when vaccine was in high demand with limited supply, to today where it is widely available to everyone, public health and health

care frontline workers have been the steady force.”

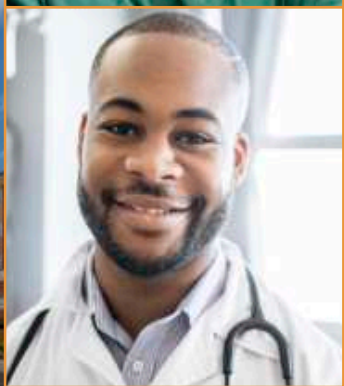
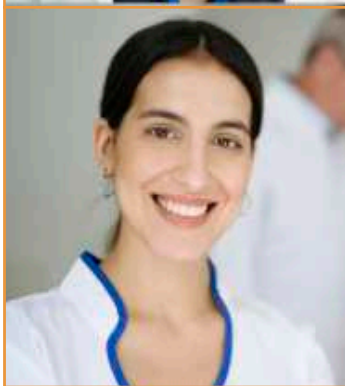
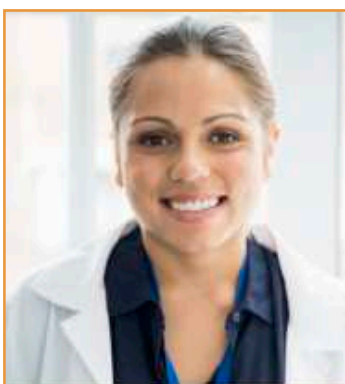
The Pfizer-BioNTech COVID-19 vaccine is approved for Tennesseans ages 5 and above. Moderna and Johnson & Johnson are approved for individuals ages 18 and above. In addition to the recommendation that everyone ages 5 and above should get the COVID-19 vaccine, the CDC recently announced individuals aged 16 and above should get a COVID-19 booster dose.

“The COVID-19 vaccine is the best defense we have against the continued spread of the virus,” said Piercey. “As we continue to see new variants, we must understand we now live in a world where COVID-19 is present. The vaccine drastically reduces serious outcomes and protects you and those in your closest circles.”

Individuals seeking more information on the COVID-19 vaccines can visit covid19.tn.gov or www.vaccines.gov to schedule an appointment with a local vaccine provider.

## RN’S AND LPN’S

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**Cookeville Regional Medical Center**



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E.O.E.





High School Basketball  
Livingston Academy Girls

Last Week's Games

Livingston Academy 46  
New Hope (AL) 39

Livingston Academy 49  
Summerville (SC) 34

Cannon (NC) 69  
Livingston Academy 67

Coming Up

Livingston Academy at Dekalb Co. Jan.4  
Cumberland Co. at Livingston Academy Jan 7  
Livingston Academy at White Co. Jan. 11

District 7-4AAA Standings

	District	Overall
Cumberland County	2-0	8-7
White County	2-0	12-3
Livingston Academy	1-0	13-2
Stone Memorial	1-1	6-7
Upperman	0-1	13-2
Dekalb County	0-2	9-6
Macon County	0-2	3-11

Livingston Academy Boys

Last Week's Games

Livingston Academy 59  
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Trousdale County High School 59  
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Livingston Academy 55  
Eagleville High School 53

Coming Up

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District 7-4AAA Standings

	District	Overall
White County	2-0	9-4
Livingston Academy	1-0	7-7
Cumberland County	1-1	5-10
Dekalb County	1-1	8-5
Stone Memorial	1-1	7-7
Upperman	0-1	5-6
Macon County	0-2	3-8

Golden Eagles  
Rally To  
Overthrow Racers

THOMAS CORHERN  
TTU Sports Information

Murray State entered Saturday's game as the top team in the Ohio Valley Conference at 9-3. When Saturday's game ended, the Racers had another notch in the loss column as the Tennessee Tech women learned from its mistakes in Thursday's heartbreaking overtime defeat at Tennessee State, topping Murray 65-62.

After trailing by as many as seven points with 7:15 remaining in the contest at 52-45, Tech (6-6, 1-1 OVC) used a 11-2 run late in the fourth quarter to take a 56-54 lead with 3:46 left as Megan Clark hit back-to-back 3-pointers.

Macey Turley returned to the other end and made a jumper, tying the game at 56-all. Tech then got three buckets in succession as Anna Walker scored off of a Mackenzie Coleman steal with a feed from Jada Guinn. Guinn then picked up another dime on feed to Walker for a layup.

Guinn was there once more with the assist as she put the ball into Coleman's hands for a layup with 1:52 remaining, Tech leading by six.

Across the next 90 seconds, missed shots and turnovers kept the score from advancing, but Turley cut the Racer deficit to three, knocking down a trey with 32 seconds remaining on the clock. With fouls to give, Murray collected three fouls in succession, the third putting Guinn at the line for two. She knocked down both shots to put Tech back up by five, 64-59.

Vols Suffer Overtime Loss In  
Music City Bowl

UT Sports Information

In a game that spanned more than four and a half hours in front of the largest crowd in TransPerfect Music City Bowl history, Tennessee suffered a heartbreaking overtime loss to Purdue Thursday evening at Nissan Stadium, 48-45.

Both teams combined for 29 points over the final 4:58 of game action, and the score was knotted 45-45 at the end of regulation. Tennessee (7-6) took the ball first and faced 4th-and-goal from one yard out, but the Vols were unable to score. Freshman running back Jaylen Wright appeared to have extended the ball into the end zone, but it was ruled that his forward progress had been stopped short of the goal line.

Tennessee's defense held the Boilermakers (9-4) to just four yards on the ensuing possession before placekicker Mitchell Fineran knocked the game-winning field goal through the uprights from 39 yards out.

Redshirt senior quarterback Hendon Hooker led an explosive Volunteer offense that piled up 663 yards, shattering the all-time program bowl record for total offense. The UT signal caller threw for a career-high 378 yards and five touchdowns in Nashville, completing 26-of-41 passes with no interceptions. Adding 56 yards on the ground, Hooker set the Tennessee bowl record for individual total offense at 434.

Hooker finished his debut season on Rocky Top breaking UT single-season records for passing efficiency (182.01) and completion percentage (68.2) while tying for third in program history with 31 touchdowns on the season.

Redshirt junior receiver Cedric Tillman capped his impressive 2021 campaign with another fantastic outing, hauling in seven catches for 150 yards and a Music City Bowl record three receiving touchdowns. The Las Vegas native rounded out his season with 1,081 yards, becoming the eighth Vol to crack 1,000 receiving yards in a single season and the first since Justin Hunter in 2012.

Velus Jones Jr. ended his collegiate career with an electric performance for the Big Orange, totaling a game-high 225 all-purpose yards. The redshirt senior receiver reeled in a career-high 10 receptions for 85 yards and dashed 140 yards in the kick return game to spark the Vols on special teams.

Sophomore running back Jabari Small had a career day on the ground, leading all rushers Thursday with 26 carries for 180 yards and a touchdown. His 180 yards tied Travis Henry in the 2001 Cotton Bowl for the second-highest rushing output in a bowl game in program history.

Redshirt junior linebacker Jeremy Banks was a menace on the defensive side of the ball, totaling a career-best 20 tackles, 2.5 TFLs and two pass breakups. His 20 tackles tied the



Photo / Andrew Ferguson/Tennessee Athletics

**Deep Ball** - UT Quarterback Hendon Hooker launches a pass during the Music City Bowl in Nashville. The Vols dropped the contest, losing to Purdue 48-45 in overtime.

Tennessee single-game bowl record and were the most by a Vol in any game since Daniel Bituli had 23 in the 2017 season opener vs. Georgia Tech.

After the Tennessee defense forced a turnover on downs on Purdue's opening possession, the quick-strike Vols needed just 44 seconds to draw up a four-play, 56-yard scoring drive to take the initial lead. Hooker went deep over the middle to Tillman, who made a spectacular jumping grab at the goal line before landing squarely in the end zone for a 41-yard touchdown. Senior place-kicker Chase McGrath knocked home the PAT to give the Vols a 7-0 lead with 10:28 remaining in the first quarter.

Tillman's first-quarter TD helped him set a Tennessee single-season record, as he became the first player in program history to haul in a receiving touchdown in seven consecutive contests. The previous record of six was set by Joey Kent in 1995.

The Boilermakers immediately responded as quarterback Aidan O'Connell launched a touchdown pass to junior receiver Broc Thompson for 75 yards on the first play of the ensuing drive. Fineran's PAT went through to tie it up, 7-7, with 10:15 left in the opening stanza.

Tennessee regained its lead on another long bomb to Tillman, as Hooker found his top wideout down the right sideline and connected for a 61-yard score. McGrath knocked his school-record 62nd PAT of the season through the uprights to make it 14-7 Vols with 6:31 to go in the first quarter.

Purdue looked to even the score once again on its next possession, but redshirt sophomore Kamal Hadden denied the Boilermakers with his first career interception in the end zone painted Tennessee orange. The Vols proceeded with an eight-play, 80-yard drive punctuated by Small's ninth rushing touchdown of the season from two yards out. McGrath remained true on the extra point and improved UT's lead to 21-7

with 3:29 remaining in the first quarter.

Purdue tallied 16 unanswered points, all in the second quarter, to gain a 23-21 edge heading into the halftime locker room. Fineran connected on field goals from 24, 36 and 29 yards before the Boilermakers capitalized on a UT fumble and went ahead on tight end Payne Durham's two-yard touchdown catch with 19 seconds left in the half.

Out of halftime, Tennessee orchestrated a seven-play, 71-yard scoring drive to go back on top. Small provided 24 rushing yards on the series while Hooker accounted for 37 yards of total offense, including a 15-yard scoring strike to Jones Jr. on a wide receiver screen to the left side. McGrath's fourth PAT of the afternoon gave the Big Orange a 28-23 edge with 12:45 to play in the third quarter.

The back-and-forth affair continued as Purdue strung together a nine-play, 75-yard touchdown drive. O'Connell connected on his third touchdown of the day, finding sophomore receiver T.J. Sheffield in the far right corner of the end zone to put the Boilermakers back ahead, 30-28.

After a pair of stagnant offensive drives, the Volunteers received a boost of vitality when defensive end Byron Young dropped back into coverage and nabbed his first career interception. UT promptly marched into Purdue territory to set up a 30-yard field goal try for McGrath, who sailed it through the uprights to put the Vols up by one, 31-30, with 3:44 left in the third quarter.

Tennessee claimed its second turnover in a row and third interception of the night on the ensuing Purdue series, as O'Connell faced pressure from the UT blitz package and lobbed a pass into the waiting arms of senior defensive back Trevon Flowers. The Vols were unable to capitalize, however, turning the ball over on downs at the Purdue 24-yard line with 12:03 remaining in the fourth.

Trailing 31-30, Purdue grabbed the lead once again as Durham broke

numerous tackles, kept his feet churning and plodded into the end zone for a 62-yard touchdown. O'Connell found his tight end again on the two-point conversion to advance the lead to 38-31 with 4:58 to go in the contest.

The Vols came fighting back on the next possession, as Small broke free for a career-long 60-yard rush and was downed in the red zone to set up Tillman's third TD reception of the night. Hooker found the Las Vegas native on a 13-yard slant over the middle as Tillman became the first Vol with three receiving touchdowns in a single bowl game. McGrath's fifth PAT tied it up, 38-38, with 3:37 left on the clock.

Purdue kept its composure and generated another long passing play from O'Connell with a 70-yard touchdown connection down the left sideline to Thompson to retake the lead, 45-38, with 2:57 left in regulation.

When the breaks went against Tennessee, the Vols put on more steam, using four plays to go 72 yards in 77 seconds of game action. The series was highlighted by redshirt senior tight end Princeton Fant's career-long 58-yard reception and punctuated by Jalin Hyatt's touchdown catch in the back of the end zone. It was Hooker's fifth touchdown pass of the night, breaking an overall Tennessee bowl game record and tying the most thrown in a Music City Bowl contest.

The Vols had one last chance to avoid extra periods, starting with the ball at their own 40-yard line with 44 seconds left in regulation. After the drive stalled at the Purdue 39, McGrath stepped up for a 56-yard try, his fifth career attempt from beyond 50 yards. The kick fell short and wide right as time expired to force overtime in Nashville.

Tennessee rounded out the first season of the Josh Heupel era with a 7-6 overall record and featured one of the most prolific offenses in Tennessee history. The 2021 squad finished the year setting programs records for points scored (511) and touchdowns (67) in a single season.



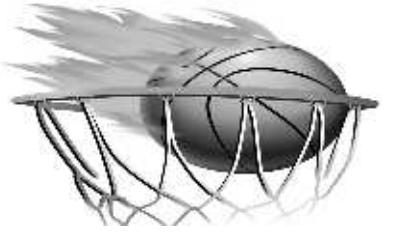
# Go Wildcats!



*Congratulations to the Livingston Academy Cheer and Dance Teams on their performance at the Citrus Bowl in Orlando, Fla.*



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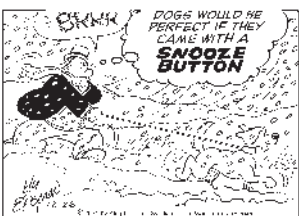
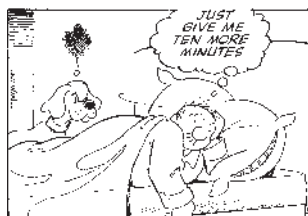
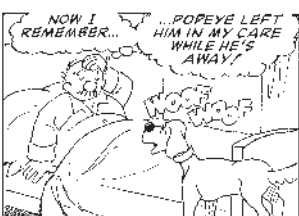
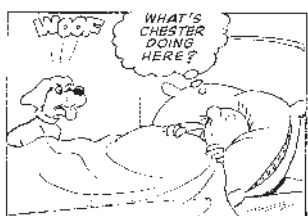
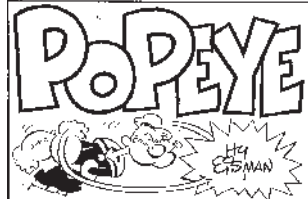
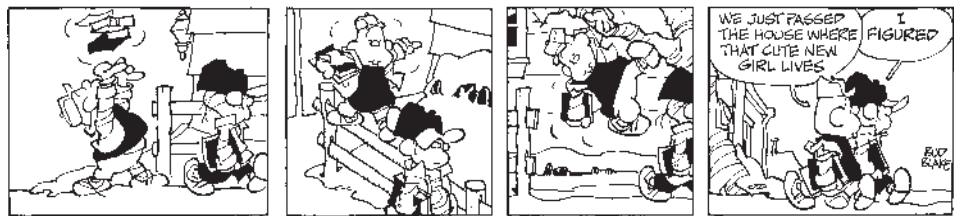
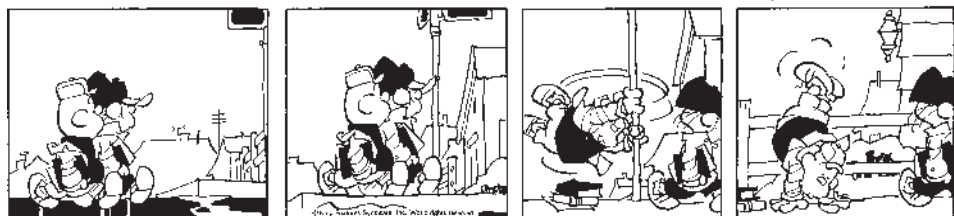
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# HOROSCOPES

## ARIES

Mar 21/Apr 20

Your finances need a little extra work, Aries. Start to focus on investments, money and other financial matters. Your mind is quick and you catch on quite fast.

## TAURUS

Apr 21/May 21

Romance is on your mind this week, Taurus. This is the time to focus on solidifying your relationship with someone special in your life or to find that perfect match.

## GEMINI

May 22/Jun 21

Matters involving work are at the forefront of your mind, Gemini. You may need to put in some extra hours on the job this week. Keep your head down and your efforts will be noted.

## CANCER

Jun 22/Jul 22

Cancer, you may be longing for an encounter with your romantic partner, but other factors keep getting in the way of your date. You have to make romance a priority.

## LEO

Jul 23/Aug 23

An unexpected financial windfall lands in your lap, Leo. It is just the good news you need at this point in time. Start thinking about how to invest this unexpected gift.

## VIRGO

Aug 24/Sept 22

Business and personal successes are coming your way soon, Virgo. It could be a project that brings you financial gain or the development of a new friendship.

## LIBRA

Sept 23/Oct 23

Libra, whether it's a hunch or a tip from someone close to you, you have some valuable information that will come in handy in the coming days.

## SCORPIO

Oct 24/Nov 22

A relationship reaches new heights, Scorpio. If you are unattached, you might find a partner soon. If you have a significant other, he or she will become even closer.

## SAGITTARIUS

Nov 23/Dec 21

Sagittarius, draw your closest friends together and plan a gathering where you can exchange ideas and rekindle friendships. It's been a while since you socialized.

## CAPRICORN

Dec 22/Jan 20

A long journey is in your near future, Capricorn. It may come by way of a much-needed vacation, or you may make a move across country to follow a job or passion.

## AQUARIUS

Jan 21/Feb 18

Finances dominate your week, Aquarius. This could be related to a pay raise at work or a personal investment that pans out. One way or another, success isn't too far away.

## PISCES

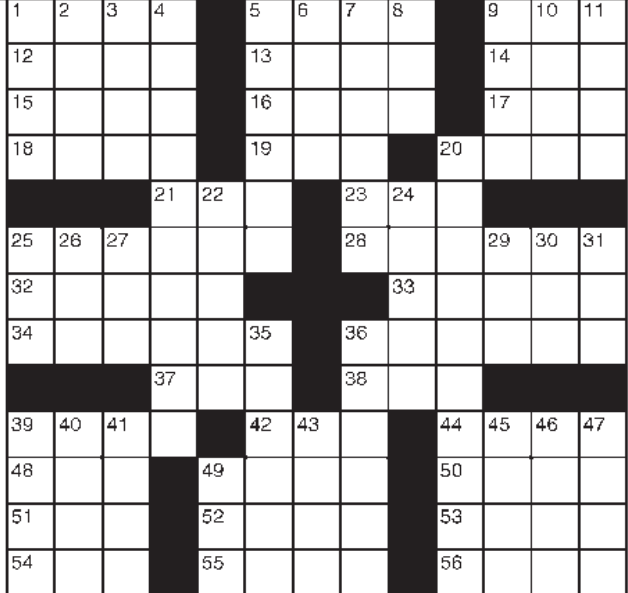
Feb 19/Mar 20

Pisces, a business partner may contact you with some good news after returning from a trip. Prepare to join this person in a promising venture.

# CROSSWORD

## ACROSS

- Biting remark
- Spheres
- Victory
- Skin care brand
- Joel or Ethan of Hollywood
- Parisian pal
- Hourly pay
- Batman's hood
- Beer container
- Rebuff
- Acting coach Hagen
- Crazy
- Actor Brynner
- Old Olds
- Mourn
- Hit song by the Oak Ridge Boys
- Grown-up
- Snake poison
- Autobiography
- Herbal tea
- Geese formation
- Computer key
- Lose color
- TiVo precursor
- Idle or Clapton
- Khan title
- Close
- Handle
- Dict. info



- Adriatic port
- Author Hunter
- Bygone jet
- Staff leader?
- Faxed
- Caveat word
- NBC sketch show
- Texas city
- Apple computer
- Boy, in Barcelona
- Features of romantic comedies
- Loosen
- Graceland idol
- Felon's flight
- Citric beverage
- Silent
- Pig-poke link
- Director Howard
- Soul, to Sartre
- Disclose
- "Fab!"
- Crazes
- Mellows
- Loony
- Give a darn
- Carry on
- One-named supermodel
- Penny
- "The Voice" network

## DOWN

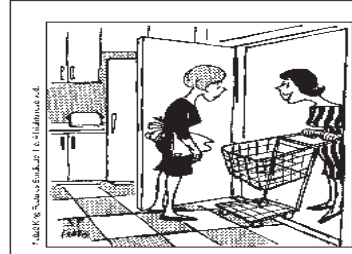
- Fiddle sticks
- Arkin of "Argo"
- Prego rival
- 1957 Everly Brothers song
- Supernatural
- Cheer (for)

## STICKELERS

Below are four squeezer puzzles. Can you find the correct word to be placed in the middle of each to create two new words, one front-end, one back-end? We'll give you one set of answers but there may be more. Here's an example of how it works:

ever **G R E E N** horn  
shark \_\_\_\_\_ tight  
free \_\_\_\_\_ stone  
touch \_\_\_\_\_ wall  
ring \_\_\_\_\_ fully

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## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Escort  
**DAGUR**  
Wander  
**BLAME**  
Sway  
**WROPE**  
Creak  
**ARGON**

TODAY'S WORD

## Even Exchange

by Donna Pettman

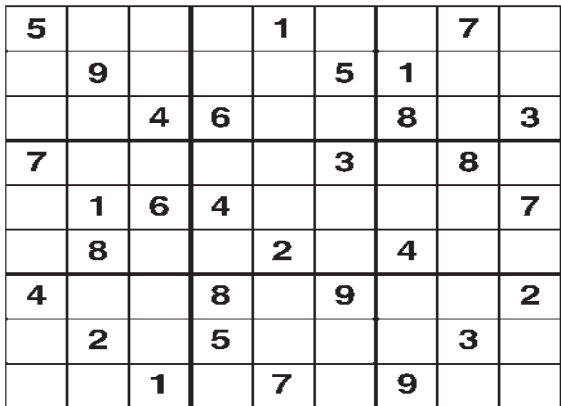
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                        |           |                        |           |
|------------------------|-----------|------------------------|-----------|
| 1. Acrid to taste      | ___ I ___ | Toast topping          | ___ U ___ |
| 2. Pearl gatherer      | ___ V ___ | Eatery                 | ___ N ___ |
| 3. Compose             | ___ R ___ | Vanna or Betty         | ___ H ___ |
| 4. Physical well-being | ___ L ___ | Fireplace              | ___ R ___ |
| 5. Subsequent          | ___ F ___ | Star-shaped flower     | ___ S ___ |
| 6. More secure         | ___ F ___ | Calvary sword          | ___ B ___ |
| 7. Trumpet's cousin    | ___ T ___ | Hollywood & Vine, e.g. | ___ R ___ |
| 8. Convenient          | ___ N ___ | Robust                 | ___ R ___ |
| 9. Finn's buddy        | S ___     | Perry Mason's job      | L ___     |
| 10. Combine            | ___ E ___ | Mrs. Simpson           | ___ A ___ |

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## Weekly SUDOKU

by Linda Thistle



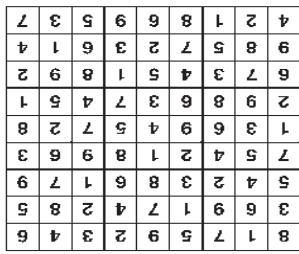
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

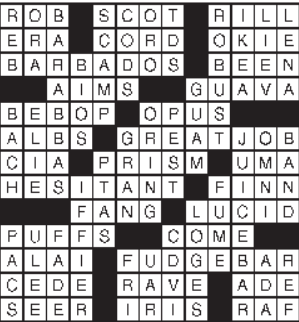
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See this week's  
answers in next  
week's edition of  
the Sentinel



Answer

Weekly SUDOKU



Even Exchange  
1. Miss, Miss  
2. Packer Packer  
3. Note, Noise  
4. Cart, Castle  
5. Score, Sore  
6. Racket, Sticker  
7. Truck, Track  
8. Cart, Castle  
9. Racket, Sticker  
10. Weaver, Webber

## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: U equals K

VID LMBULJSDE VIZED TAXE TJHD  
VIDSEDPHDE JFD ZU, WAV VIDX  
BZAPG IJHD WDDL IJLPGPDG WDVVDF.

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Sticklers Answer  
Mindy is the oldest.  
Alison is the second-oldest.

SCRAMBLERS  
Today's Word  
1. After 2. Ardent  
3. Layer, 4. Shrine  
AFRAID



# Agriculture

## Gains Made In All Agricultural Sectors

Researchers from the University of Tennessee Institute of Agriculture outline gains in all major agricultural sectors in this year’s economic report to the governor, a marked improvement from the previous fiscal year that reflected depressed global demand for U.S. exports tied to the COVID-19 pandemic and continued trade tensions.

Tennessee’s agri-forestry industrial complex encompasses the supply chain from farm and forest to the manufacturer and is a vital part of the state’s economy. Accounting for multiplier effects, the complex provides an estimated \$79.3 billion to Tennessee’s economy and accounts for 339,400 jobs.

Farm receipts in Tennessee totaled \$3.6 billion, with approximately 65.5% of this value coming from crops and 34.5% from animals and animal products. In terms of harvested acreage, Tennessee’s four largest row crops include soybeans (1.47 million acres, down 9% from 2020); corn (970,000 acres, up 18%); wheat (330,000 acres, up 43%); and cotton (270,000 acres, down 4%).

“The dominant factors for producer profitability in 2022 will be input prices and availability, particularly fertilizer and crop protection products,” said crop marketing specialist Aaron Smith, an associate professor in the De-

partment of Agricultural and Resource Economics.

Cattle and calves represent the third largest agricultural sector in the state with cash receipts totaling \$512.5 million, which accounts for 14.3% of total agricultural cash receipts. Total beef export value over the first eight months of 2021 totaled nearly \$5.96 billion, an increase of 36% compared to 2020. “Looking into 2022, the livestock, poultry and dairy industries will continue to navigate the changes to the domestic and international markets brought on by the pandemic,” said livestock marketing specialist Andrew Griffith, an associate professor of agricultural and resource economics. “The cattle and beef industry will look to expand as prices increase, while the hog and pork industry will follow export demand. Beef and pork demand are both expected to remain strong, which will further support prices.”

Total U.S. agricultural and related exports were \$186.8 billion in 2021, up 23% from 2020. This overall increase is attributed to the nation recovering from the pandemic and increased export sales to China, up 89% from the previous fiscal year. The increase is a result of the U.S.-China Phase One Trade Agreement where the Chinese government agreed to purchase \$80 billion in

U.S. agricultural products over a two-year period. In 2021, China surpassed Canada as the leading destination market for U.S. agricultural and related exports, with purchases totaling \$36.2 billion.

The factors affecting exports at the national level directly impact Tennessee exports. The state’s agricultural and related exports totaled \$2.2 billion in 2021, up \$325 million or 17% when compared to the previous fiscal year. Tennessee experienced increases in all major categories in 2021. Consumer-oriented exports, which includes meat and dairy products, processed food products and distilled spirits, were up \$138 million. Exports of bulk agricultural commodities, which include cotton, tobacco and soybeans, were up \$104 million. Exports of intermediate products, such as soybean meal and oil and other feeds, were up \$51 million. Related products exports, mostly comprised of forest products, were up \$32 million.

The U.S. Department of Agriculture projects 2022 agricultural exports could reach a record year at \$177.5 billion, primarily due to higher projected exports of soybeans and cotton. “While these projected increases should bode well for Tennessee in the coming year, there are two major issues that could affect Tennessee agricultural production

and trade: the recent rise in fertilizer prices and container freight rates,” said UTIA trade expert Andrew Muhammad, a professor of agricultural and resource economics.

The report also highlights Tennessee’s rural infrastructure needs. The state’s off-farm storage capacity is projected to be short by roughly 57 million bushels, while the state’s road and highway system — the major mode of transporting agricultural products — has deteriorated due to insufficient state and federal funding. As of 2021, approximately 14% of Tennessee’s major roads are in poor or mediocre condition, while 4% of the state’s bridges are rated poor or structurally deficient. Other infrastructure needs highlighted in the report include broadband and water/wastewater.

The following researchers from the Department of Agricultural and Resource Economics provided the agri-forestry analyses: Kimberly Jensen, Burton English, Jamey Menard, Andrew Griffith, David Hughes, Andrew Muhammad, Aaron Smith, Sreedhar Upendram and Edward Yu.

The complete economic report to the governor is prepared by the Boyd Center for Business and Economic Research at UT’s Haslam College of Business. The full report is available online.

## Changes To Bolster Assistance Program

For more than 26 years, the Tennessee AgrAbility Project has been working to improve the lives of farmers, farm family members and farm workers who may be dealing with a physical challenge in their farming operation. A new influx of funding from the USDA and a new nonprofit partner organization will ensure the program’s continued impact and success into 2022 and beyond.

In November the USDA National Institute of Food and Agriculture (NIFA) announced an investment of more than \$1.2 million initially, with possible follow-on investments totaling more than \$5 million over four years, through USDA’s AgrAbility Program. Five agrability projects across the nation are included in the funding, and the Tennessee AgrAbility Project is one of the five recipients.

Tennessee AgrAbility is a collaboration between the University of Tennessee Extension, Tennessee State University Extension and NIFA. Tennessee AgrAbility assists farmers and farm workers with disabilities and their family members by providing support, resources and equipment that allow them to be independent and productive. The project’s mission is to enhance the quality of life for farmers, ranchers and other agricultural workers with disabilities, so that they, their families, and their communities continue to succeed in the agricultural sector. Success may be defined by gainful employment in production agriculture or a related occupation; access to

appropriate assistive technology needed for work and daily living activities; evidence-based information related to the treatment and rehabilitation of disabling conditions; and targeted support for family caregivers of AgrAbility customers. Since 1994, Tennessee AgrAbility has helped more than 1,200 Tennessee farmers.

In addition to this new funding from NIFA, Tennessee AgrAbility is also teaming with a new non-profit partner, The STAR Center in Jackson, Tennessee. From humble beginnings in borrowed space, located in the basement of West Jackson Elementary School, the STAR Center has impacted tens of thousands of families since their founding in 1998. The STAR Center was also recently awarded the Tennessee State Vocational Rehabilitation Services contract and went from a regional provider to a statewide provider of assisted technology resources starting October 1, 2021. As part of that responsibility, the Star Center now provides assistive technology, employment and educational training for Tennesseans with disabilities and now also covers all 95 counties like Extension does.

Troy Dugger, the Tennessee AgrAbility Project director with UT Extension, says “Tennessee AgrAbility will continue to reach farmers with disabilities statewide with our great team of partners and with the valuable new resources that the STAR Center provides. Among these are new occupational therapists, rehabilitation engineers and certified assistive technology

professionals.”

“Our person-centered approach is one of the things that makes the STAR Center different. This is a recognition that we all are created unique and should be treated as such,” says Jennifer Cunningham, the Star Center’s vice president of client services.

Joetta T. White, Extension area specialist for AgrAbility in West Tennessee adds, “We see so much diversity in the farmers we help in their disabilities. AgrAbility can help the farmers, farm family members, youth, and farm employees. The possibilities are endless in helping farmers overcome their physical challenges, and we are happy to assist.”

AgrAbility services are meant to help all farmers with impairments and needs. There is no limit on the size of farm a producer owns to be considered for assistance in AgrAbility. Impairments include arthritis, spinal cord injuries, paralysis, back impairments, amputations, brain injury, visual impairments and hearing impairments, as well as other challenges.

Another part of AgrAbility is helping farmers who are military veterans, and who also wish to farm, gain the information and knowledge they need to do so. Eileen Legault, Extension area specialist in AgrAbility in East Tennessee, has worked with this group to officially form the Tennessee Chapter of the Farmer Veteran Coalition (FVC) in partnership with their national organization. “I feel like Extension makes a difference across Tennessee,

and I believe in the mission of AgrAbility. We appreciate the leadership of Kim Lilley, the Tennessee Technology Access Program executive director who helps mainstream assistive technology services statewide, and we look forward to helping more veteran farmers and farmers with disabilities with our new partner the Star Center,” Legault says.

AgrAbility also assists beginning farmers through the Tennessee New Farmer Academy at Tennessee State University. Finis Stribling, who started the academy, is also the Tennessee AgrAbility Project director for TSU Extension. He emphasizes the importance of utilizing AgrAbility, if needed, and all the assistive technology services available so farmers can continue doing what they love. “Plus, The Tennessee New Farmer Academy is an opportunity to introduce beginning farmers to a little bit of all types of Tennessee farming with hands-on experiences.”

Three Tennessee New Farmer academies across the state are now accepting new students for the March 2022 classes: tnstate.edu/extension/NFA.asp

To learn more about the National AgrAbility Project visit www.agrability.org and to learn about the Tennessee AgrAbility Project visit agrability.tennessee.edu. Through its land-grant mission of research, teaching and service, the University of Tennessee Institute of Agriculture (UTIA) touches lives and provides Real. Life. Solutions. utia.tennessee.edu.

## Cattle Report

Smith County Commission Livestock Weighted Average Report for 11/19/2021 - <b>Final AUCTION</b>			
	This Week	Last Reported	Last Year
	11/19/2021		11/19/2021
Total Receipts:	526	643	1,011

Feeder Cattle: 398 (74.3%) 478(78.8%) 793(79.5.7%)  
Slaughter Cattle:103(14.6%) 94(13.6%) 151(12.2%)  
Replacement Cattle: 25(11.0%) 71(6.6%) 67(8.4%)

Compared to last week, Feeder Steers/Bulls 2.00-5.00 higher; Feeder Heifers 4.00-10.00 higher; Slaughter Cows steady to 2.00 higher; Slaughter Bulls mostly steady. Supply included: 76% Feeder Cattle (20% Steers, 43% Heifers, 37% Bulls); 20% Slaughter Cattle (83% Cows, 17% Bulls); 5% Replacement Cattle (100% Bred Cows). Feeder cattle supply over 600 lbs was 32%.

STEERS - Medium and Large 1-2 (Per Cwt / Actual Wt)					
Head	Wt Range	Avg Wt	Price Range	Avg Price	
1	235	235	165.00	165.00	
7	300	300	150-159.00	156.46	
9	420-445	423	146-154.00	146.94	
1	475	475	146.00	146.00	
26	500-525	519	145-155.00	152.18	
38	570-598	587	136-143.00	140.86	
4	649	649	133.00	133.00	
45	660-698	671	135-142.25	140.47	
13	720-736	729	129-140.00	134.02	
6	770-785	778	131-137.00	133.97	
1	820	820	120.00	120.00	
3	840	840	128.00	128.00	
4	856	856	128.00	128.00	

STEERS - Medium and Large 2-3 (Per Cwt / Actual Wt)					
Head	Wt Range	Avg Wt	Price Range	Avg Price	
1	420	420	133.00	133.00	
2	635	635	121-124.00	122.50	

HEIFERS - Medium and Large 1-2 (Per Cwt / Actual Wt)					
Head	Wt Range	Avg Wt	Price Range	Avg Price	
1	245	245	133.00	133.00	
7	314	314	141.00	141.00	
23	350-376	369	125-137.00	135.13	
70	450-493	466	128-140.00	134.42	
4	454	454	141.00	141.00	
53	524-532	527	125-133.00	129.83	
80	559-592	583	126.50-133.00	128.93	
13	624-633	627	120-129.00	126.20	
10	615	615	131.00	131.00	
35	650-686	666	115-127.00	125.02	
4	730-740	733	115.00	115.00	
7	716	716	124.00	124.00	
1	760	760	115.00	115.00	
12	795	795	122.50	122.50	
3	862	862	105.00	105.00	

HEIFERS - Medium and Large 2-3 (Per Cwt / Actual Wt)					
Head	Wt Range	Avg Wt	Price Range	Avg Price	
3	605-610	607	115.00	115.00	

BULLS - Medium and Large 1-2 (Per Cwt / Actual Wt)					
Head	Wt Range	Avg Wt	Price Range	Avg Price	
17	375-378	376	145-156.00	153.40	
36	458-473	461	140-149.00	146.95	
42	513-525	524	134-146.50	145.92	
28	576-590	579	129-137.00	135.25	
28	655-665	663	127-130.50	129.88	
23	753-764	763	106-112.00	111.23	
6	863	863	91.00	91.00	

BULLS - Medium and Large 2-3 (Per Cwt / Actual Wt)					
Head	Wt Range	Avg Wt	Price Range	Avg Price	
8	443	443	133.00	133.00	
2	470	470	125.00	125.00	
7	500-510	501	120.00	120.00	
10	561-563	561	113-114.00	113.80	
6	650-680	660	108-113.00	111.28	

### SLAUGHTER CATTLE

COWS - Breaker 75-80% (Per Cwt / Actual Wt)						
Head	Wt Range	Avg Wt	Price Range	Avg Price	Dressing	
21	1185-1680	1404	64.00-75.00	69.94	Average	
1	1305	1305	77.00	77.00	High	

COWS - Boner 80-85% (Per Cwt / Actual Wt)						
Head	Wt Range	Avg Wt	Price Range	Avg Price	Dressing	
39	940-1400	1145	62.00-73.00	66.94	Average	
2	1270-1285	1278	76.00-79.00	77.49	High	
1	1305	1305	61.00	61.00	Low	

COWS - Lean 85-90% (Per Cwt / Actual Wt)						
Head	Wt Range	Avg Wt	Price Range	Avg Price	Dressing	
35	825-1335	1035	54.00-65.00	59.54	Average	
4	865-1085	1000	67.00-69.00	68.25	High	
4	790-1015	901	50.00-53.00	51.45	Low	

Please Note:

The above USDA LPGMN price report is reflective of the majority of classes and grades of livestock offered for sale. There may be instances where some sales do not fit within reporting guidelines and therefore will not be included in the report. Prices are reported on an FOB basis, unless otherwise noted.



Community Calendar

Narcotics Anonymous Meetings

Every Friday beginning at 7 p.m.; every Sunday at 5 p.m.; second Tuesday of every month at 7 p.m. All held at the Overton County Library. The program is not sponsored by the library. For more information call (931) 303-2132.

Relative Caregiver Program Support Group Meeting

Are you raising a relative child or need housing assistance? For more information on assistance

and support, please contact Melissa Allison at the Upper Cumberland Development District toll-free at 1-877-275-8233. A support group meeting will be held for relatives that are caring for relative children during this month. Please contact Melissa Allison at (931) 476-4127 if you are interested in attending this meeting. For housing assistance, while caring for minor child contact Myra Walker at 931-432-4111.

Homeless Advocacy

Homeless Advocacy

for Rural TN (HART) has a homeless/homeless prevention referral line for 18 counties that include the Upper Cumberland. HART has funding available to help with rent and utilities for the homeless people/families and those at risk of losing their housing. They also have COVID-19 funds for people struggling with rent and utilities due to loss of income because of COVID. Anyone in need of assistance is encouraged to call the referral line at 844-556-7626

Livingston Mayor and Aldermen

The January City Council meeting has been cancelled due to no items on the agenda. The next City Council meeting is scheduled for February 7, 2022 at 6:00 p.m. at Livingston City Hall.

Daughters of the Confederacy

The United Daughters of the Confederacy, Captain Sally Tompkins 2123 will have its monthly meeting Friday,

January 7, 2022 at 1:00 in the upper level of the Putnam County Library.

The Stephens Center Parent-Child Connection

Spring 2022, Series I: Wednesdays 1 p.m. until 2:30 p.m. Sessions are held at the Stephens Center, located at 616 North Church St., Livingston. Certificates will be awarded to parents attending eight sessions within the series. There is no charge for PCC sessions. January 5: "Orientation, Assessing Nur-

turing Skills" For more information, call 823-6432.

Legion Dance

The Quittin' Tyme band is starting the 2022 dance schedule in Livingston with a fun-filled evening of dancing and country music on Friday January 7th from 7pm until 10pm at the American Legion Post in Livingston located at 121 S. Church St. All dances are family friendly and open to the public, membership not necessary. Concessions are available.

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LEGALS

OVERTON COUNTY CHANCERY COURT, PROBATE DIVISION NOTICE TO CREDITORS

ESTATE OF: Ricky Allen Sells (deceased) CASE NO. 21-PR-107

Notice is hereby given that on the 28th day of December, 2021, Letters Of Administration, in respect to the estate Ricky Allen Sells, deceased who died on December 11, 2021, were issued to the undersigned Shannon Lee Winters by the Chancery Court/Probate Division of Overton County, Tennessee.

All persons, resident and non-resident, having claims, matured or not, against the estate are required to file same with the Clerk and Master of the above named Court on or before the earlier date prescribed in (1) or (2), otherwise their claims will be forever barred:

(1) (a.) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if he creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of the first publication (or posting);

(b.) Sixty (60) days from the date the creditor received an actual copy of this notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication (or posting) as described in (1) (a); or

(2) Twelve (12) months from the decedent's date of death.

This the 29th day of December, 2021.

Shannon Lee Winters  
Executrix for said Estate of: Ricky Allen Sells  
Dorothy B. Stanton, Clerk & Master  
Chancery Court/ Probate Division  
Post Office Box 127  
Livingston, Tennessee 38570  
(931) 823-2536  
Lynda W. Patterson  
Attorney for the Estate  
209A West Main Street  
Livingston, Tennessee 38570  
(931) 823-8487  
1-4, 1-11 2TP

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UPPER CUMBERLAND ELECTRIC MEMBERSHIP CORPORATION

NOTICE OF POSITION OPENING

The Upper Cumberland Electric Membership Corporation (UCEMC) has an opening for an **Administrative Assistant**. The successful applicant for the position will be assigned to **UCEMC's Corporate Office**. UCEMC offers a competitive salary and benefits package together with a working environment conducive to personal and professional growth. UCEMC is a Tennessee Drug-Free Workplace and an Equal Opportunity Employer. Applicants must be presently legally authorized to work in the United States. UCEMC will exercise its right to select an applicant for hire. Persons interested in applying for the position may read the Notice of Position Open and the position's description at [www.ucemc.com](http://www.ucemc.com); [www.JOBS4TN.GOV](http://www.JOBS4TN.GOV); or the local Tennessee Department of Labor & Workforce Development Office. **Application forms must be obtained from UCEMC's website [www.ucemc.com](http://www.ucemc.com) through Friday, January 14, 2022. No application will be accepted after 4:00 p.m. Friday, January 14, 2022.** For more information on this position contact UCEMC's Human Resources Department at 800-261-2940 ext. 123.

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**PUBLIC NOTICE**

**INVITATION TO BIDDERS**

Sealed bids are invited on the Livingston Academy Football Stadium, located at 120 Melvin Johnson Drive, Livingston, TN 38570.

Bids will be received at **Overton County Board of Education, 302 Zachary Street, Livingston, TN 38570 on or before 2:00 pm, Local Time, January 25, 2022**, at which time said bids will be publicly opened and read aloud and the Contract awarded as soon thereafter as practicable.

Qualified Bidders (General Contractors) shall obtain electronic copies of Plans, Specifications and Contract Documents at no charge by emailing Haley McManigal at [hmcmanigal@copearchitecture.com](mailto:hmcmanigal@copearchitecture.com) beginning on **Monday, December 27, 2021**.

A mandatory pre-bid meeting will be held at **1:00 pm local time, January 11, 2022** at the job site. Bidders must be present at the mandatory pre-bid meeting for their bid to be considered.

The Owner reserves the right to waive any informalities in or to reject any or all bids and to accept the bid deemed most favorable to the interest of the Owner.

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**CAREER OPPORTUNITY**

**Plant Engineer**

Twin Lakes is seeking an energetic problem solver to join our team as a Plant Engineer. A Plant Engineer works to ensure all telecommunication plant facilities are designed and constructed in the most efficient manner possible while delivering the safest, most reliable system for our valued customers. A Plant Engineer utilizes engineering best practices in planning and designing telecom facilities. This position also works with others within the company to perform tasks ensuring the efficacy and accuracy of plant records and the timely construction of work orders. The Plant Engineer must stay informed of technological advancements to assist with development of engineering processes to ensure continued proficiency in all engineering operations.

**Functions and Abilities of the Position:**

- Assists with cost estimates and timelines for general work orders and large outside plant construction projects.
- Utilizes engineering best practices in planning and designing telecom facilities.
- Works with IS team on software related suggestions and/or to resolve software related issues.
- Works with OSP Engineering Manager to design and map Fiber-to-the-Home networks.
- Responsible for coding contractor invoices with correct account codes and work orders.
- Assists with plans and preparations for copper and fiber facilities, outside plant designs, and master plans. Coordinates staking of new fiber lines, relocations, and maintenance of lines.
- Obtains right-of-way easements from property owners, governmental agencies, and private businesses where plant facilities are located and on whose property the company proposes to construct fiber plant or place electronic equipment.
- Works with Federal, State and County planners in moving, relocating, or building telecommunication lines to make way for construction.
- Ensures compliance with company rules and regulations.
- Ensures safety of personnel, equipment, and the public by complying with, and enforcing, guidelines found in the current National Electric Safety Code (NESC).
- Must have knowledge of Rural Utilities Service (RUS) specifications and regulatory guidelines regarding telecommunication line construction.
- Must have knowledge and understanding of Fiber-to-the-Home and PON networks.
- Must have skill in reading and interpreting technical documents and forms including staking sheets, schematics, and specification manuals.

\*Functions and abilities listed are not all inclusive of the job description.

**Qualifications:**  
Bachelor's degree in Engineering. Outside plant engineering experience including knowledge of aerial, buried, underground and building entrance design is preferred. Continuing professional development is required to ensure best practices and innovative technological solutions.

**Job Location:**  
Gainesboro TN

Applications for this position must be submitted on the Twin Lakes website at <https://twinlakes.workable.com> . Questions can be directed to [careers@twinlakes.net](mailto:careers@twinlakes.net). Applications will be accepted until **January 14, 2022**. Come and be a part of a dynamic culture and team that rewards success. We are committed to attracting talented and motivated individuals



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HUNT'S DICED TOMATOES, PASTA SAUCE, TOMATO PASTE OR SAUCE OR MANWICH..... 6-24 OZ. 8/\$10

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HUNT'S KETCHUP..... 20 OZ. 8/\$10

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10.75 OZ. 10/\$10

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PILLSBURY GRANDS BISCUITS..... 16 OZ. 2/\$4

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