# Volume 127 Number 48

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# GSTON **Overton County's Local Newspaper** www.livingstonenterprise.net



Sports 1B

Tuesday,

**Self-Care Key To Fighting Depression BRIAN WILMOTH** 

BRIEFLY

editor

anxiety.

state.

1,200 suicides last year,

an 11-percent increase

It is the leading cause of

joyous," said Director of

Plateau Mental Health

November 30, 2021

# Falling **Oil Prices** Could **Bring** Relief

The Tennessee gas price average declined for the second week in a row, falling two cents over last week. The Tennessee Gas Price average is now \$3.11 which is 4 cents cheaper than one month ago and \$1.25 more than one year ago. However, gas prices during the Thanksgiving travel period are on pace to be the highest since 2013. But, that won't stop the more than 48.3 million Americans planning to hit the roads this holiday.

"The price of crude oil accounts for about 50%-60% of what consumers pay at the pump, so a lower oil price should translate into better gasoline prices for drivers," said Stephanie Milani, AAA - The Auto Club Group spokeswoman. "But until global oil production ramps back up to pre-pandemic levels, this recent dip in the price of crude may only be temporary."

After stubbornly staying above \$80 a barrel since Labor Day, the price of crude oil tumbled this week into the mid-\$70s. Fears of slowing economic activity in the U.S. and Europe due to a resurgence of COVID-19, along with reports that the Biden Administration is calling for a simultaneous release of stockpiled oil by large oil-consuming nations, including the U.S., China, Japan and South Korea, is putting downward pressure on crude prices. The national average price for a gallon of gas is \$3.40, down a penny since last week. According to new data from the Energy Information Administration (EIA), total domestic gasoline stocks decreased by 700,000 bbl to 212 million bbl last week. Gasoline demand also dropped slightly from 9.26 million b/d to 9.24 million b/d.

### stressful."

Stamps said there are Although the holi- a number of things you days can be a festive can do to fight depression time surrounded by loved over the holidays. ones, they can also be a "Think about yourself

time filled with stress and and what your needs are," Stamps said. "Because we Tennessee saw over all need to take care of ourselves."

Although it can seem over the last five years. that practicing self-care can be off-putting to some death for people between people, Stamps said your 10-14-years-old in the own mental health is a positive not just to you, "The holidays are very but it can help others, as well.

"Self-care is not self-Anne Stamps, "and we ish," Stamps said. "Selfenjoy being with our fam- care is to help us be preily and our friends, but pared to so we can help sometimes it can be very other people and meet

their needs, as well."

worth stressing yourself much, which can possibly lead to being overwhelmed.

"Manage your time and don't try to over-do," Stamps said. "Sometimes take yourself out of the when the holidays come situation and focus on around, we feel like we need to do this, that, and the other, and make 1900 for yourself to just kind different kinds of cookies of regroup if needed," and things like that. Don't do that. Just set some limits and set some boundaries for yourself."

maintaining a healthy lifestyle can help fight off seasonal depression.

Stamps said it is not diet and exercise is important every day of the out by trying to do too week, not just around the wonderful thing to do," holidays," Stamps said. "And, of course, avoid alcohol and drugs."

start to feel overwhelmed, you

Stamps said. "Practice grumpy."

Stamps said, is find ways Cookeville.

"Remember, a healthy to serve others during the holidays.

**Lifestyles 6** 

"Volunteering is a Stamps said. "Especially around the holidays because you're able to help Stamps said when you other people, and that can make you feel good, as well."

There are multiple crisis options available "Set some time out in the Upper Cumberland. The crisis service number for adults is 800-704-2651. The number some relaxation and be for children and youth sure to get enough sleep. is 866-704-2651. In ad-Sleep deprivation is a bad dition, Plateau Mental According to Stamps, thing. It makes a lot of us Health also has a Crisis Stabilization Unit located One thing you can do, at 1200 S. Willow Ave., in



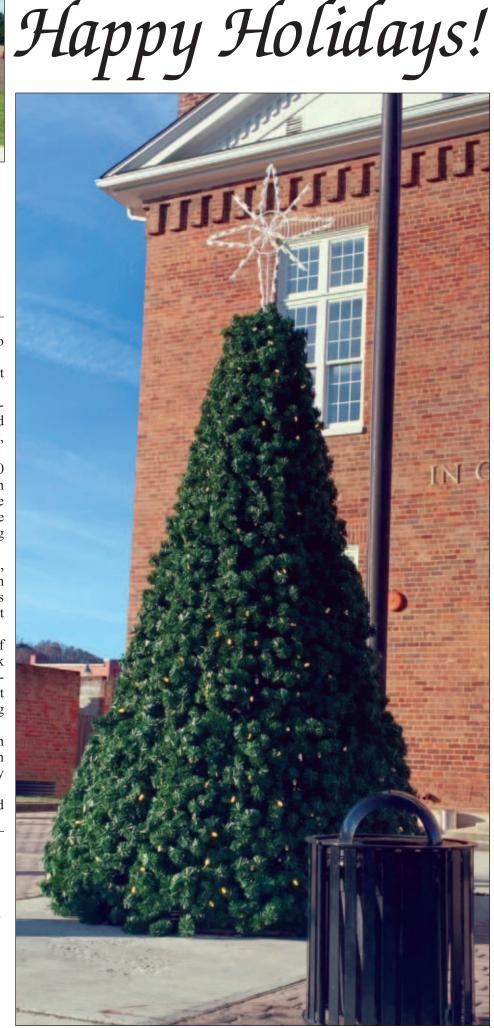
# **Overton Schools Applying for JROTC** Program

### **BRIAN WILMOTH** editor

The Overton County School Board has voted to apply for a JROTC program.

If approved, the program would become the first such program in the county's history.

According to board chairman Mike Hayes, 10percent of students would need to participate. He said around 130 current students have expressed interest,



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which meets that benchmark.

"Once we get approved, we have to maintain the 100 students or 10 percent year-after-year or the program would be pulled," Hayes said. "If it is approved, the district would be put on a waiting list. There could be openings right now. There could be 50-school waiting list. We don't know that until we do an application."

To gauge the interest in the JROTC program, Overton County Schools surveyed students from 7th to 12th grade. The system had a total of 436 students that responded to the survey, with around 30-percent approving of the program.

"Dr. Donnie Holman had Leslie Riddle to kind of lead this up," Hayes said. "She did a great job. I think Brent Thrasher helped out with the survey. They surveyed everybody from 7th grade to 12th grade. That way it kind of gives us the upcoming kids that are going to be in high school in the next couple of years."

Hayes said the program requires the school system to hire a retired officer and a retired non-commission officer. Hayes said financially, the district would only be responsible for half of the two position's salaries.

In addition, Hayes said classroom space would need to be considered, as well.

# Unemployment Down

New data revealed the employment situation ties reported October continued to improve for a majority of Tennessee's counties in Oct. 2021, according to the Department of Labor and Workforce Development.

Unemployment rates decreased in 65 counties during the month, while they remained the same in 20 counties, and increased in ten counties.

Ninety-three counjobless numbers lower than 5% and two counties had unemployment rates slightly higher than 5%.

Williamson County's unemployment rate was the lowest of all the counties for the month. At 2.2%, its October

> Please See "Down" Page 5

ENTERPRISE Photo / Brian Wilmoth

Christmas Time - Christmas in the Country got underway Friday night with the lighting of the Christmas Tree on the square in Livingston. Holiday activities will continue this Friday with a 20-horse carousal and on Dec. 10 with a mini Ferris Wheel. In addition, Christmas in the County will conclude over the last weekend before Christmas, Dec. 17-19 with an eco-friendly synthetic ice skating rink at Livingston's Central Park.



# LIVINGSTON NTERPRISE

# **D11101**



# "JUST LIKE WE'VE PROTECTED OUR AIR, WATER AND EARTH." For mRNA Vaccines, **Thank Animals**

# MATTHEW R. BAILEY special to the Enterprise

To the delight of high school biology teachers everywhere, messenger RNA is having a moment.

It's the technology behind Moderna's and Pfizer-BioNTech's vaccines against COVID-19, the safest and most effective yet developed.

These vaccines are the first successful biomedical application of mRNA technology. But they won't be the last. Moderna, BioN-Tech, and other firms are working on mRNA therapies that could prevent or cure everything from HIV and cancer to malaria and the flu. They're dangerous variants. All this progress is the product of animal research. When the next generation of vaccines and therapeutics fueled by mRNA technology arrives, we'll have animal research to thank. The tale of mRNA vaccines begins in the 1990s. Inspired by University of Wisconsin researchers who successfully injected mRNA encoding luciferase -- the enzyme that makes fireflies bioluminescent -- in laboratory mice, scientists at the University of Pennsylvania recognized the potential for mRNA to carry genetic information to cells



They discovered mRNAbased vaccines could compel cells to develop disease-fighting proteins.

It wasn't until 2005 that mRNA's scientific pioneers developed a method that would allow the vaccines to do their work without triggering an inflammatory response in mammals including humans.

The next challenge was to figure out how to deliver mRNA without of multiple sclerosis in having it degrade imme- mice. The experimental also harnessing mRNA diately upon injection. It treatment stopped muscle technology to develop took decades of research deterioration and restored vaccines against the most with animal models and some lost motor functhen human patients to tions without impairing develop the lipid nano- the entire immune sysparticles that serve as the tem. Future research with escorts for the mRNA nonhuman primates could molecules with their immunization instructions.

for therapeutic purposes. the COVID-19 vaccine generated a decade's worth of work into one year.

FOUNDATION FOR

Potential mRNA vaccines for other respiratory viruses, autoimmune disorders, cancer, and congenital genetic disorders are already showing promising results with animals. Moderna announced it would begin human trials for two mRNA-based vaccines against HIV.

BioNTech is using mRNA to combat a form lead to a vaccine against this debilitating disease for use in humans.

delphia and the University of Pennsylvania injected mouse fetuses with RNA that instructed the cells to produce certain proteins necessary for health after birth. This experiment could be among the first steps toward developing preventative treatments for genetic diseases. Animals are the closest

living systems for predicting how a potential therapy -- mRNA or otherwise -- might perform in a human. Rhesus macaques share about 93% of their DNA with humans.

In order to keep advancing mRNA science so that vaccines and therapeutics can deliver on their potential, scientists must rely on laboratory animals before attempting new therapies in humans.

Like so many medical

# **VA Expands Assistance To Homeless Veterans**



# by Freddy Groves

With prices soaring all around us, imagine how bad it must be in places that already had high costs when it came to rental housing.

In an effort to help homeless veterans, the Department of Veterans Affairs has updated its grant program to raise assistance caps in housing and subsidies.

Specifically, in certain areas, the Supportive Services for Veteran Families (SSVF) rent grant will increase from 35% to 50% of reasonable rent, without a need for recertification for two years.

That has to be a huge aid to eligible veterans with families who are seeking stability.

Additionally, the length of time a veteran and the family can stay in emergency housing has increased 15 days to a maximum of 60 days. This will be especially helpful in places with few rental vacancies.

The SSVF program is a series of grants to private non-profit organizations that provide support services to very-low-income veterans and their families. The role of these nonprofits is to get them into permanent housing that includes a lease, either annual or month-to-month, or even home ownership.

They determine eligibility for assistance in part by considering whether the veteran is at risk of becoming homeless without the grant, doesn't have a fixed place to sleep at night and will likely continue in that condition without the grant, or is at risk of becoming homeless within 90 days

If you're a homeless vet with a family or are in danger of becoming homeless, hook up with Supportive Services for Veterans Families as soon as possible. There are several eligibility conditions, and you might qualify for Rapid Rehousing.

Call them 24/7 at 1-877-424-3838.

You also can call the nearest VA medical center and ask for the Homeless Coordinator.

The VA is behind this change so much that it finalized the rule without even waiting for the typical public comment period after publication in the Federal Register.

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Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

The First Amendment to the Constitution

# Livingston Enterprise

And yet, time has a way of racing forward when success is at hand. According to Pfizer CEO Albert Bourla, the allhands-on-deck push for dren's Hospital of Phila- Herald.

Another promising application of mRNA technology is in prenatal gene org). This piece origirepair. Researchers at Chil- nally ran in the Boston

advancements before, if mRNA lives up to its potential, we'll have animal research to thank.

Matthew R. Bailev is president of the Foundation for Biomedical Research (www.fbresearch.

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publishers or editors of the Livingston Enterprise Adam Johnson

### Publisher

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# Livingston Aldermen

	ex Dale Dr. 0-5955	John Clough 823-3030	David Langford 823-5598	Chris Speck 823-1201	Kelly Coleman 823-7345	Ken Dodson 403-2866
		Overt	on County Co	mmissionei	^s —	
Roger Carr 397-3873	Jesse B 445-3		Cindy Robbin 397-3455	S	Phillip Talley 498-3393	Donna Savage 823-7007
Darwin Clark 644-3917	Robbie Melton 823-6933		Jeff Long 510-8613	Ge	eraldine Walker 397-4165	Billie G. Phipps 498-3347
Shane Walker 644-5408	Lee Rid 397-7		Gail McCowa 445-7838	n R	andall Boswell 445-7004	Gregg Nivens 823-8589
		Overton (	County School	<b>Board Men</b>	nbers -	
Bruce Hudgens 823-1404		Mike Hayes 970-405-5926 William Abston 445-3482		Dolphus Dial 823-2455 Mitchell Stonecipher 261-2590		Wayne Taylor 823-2991
Alice Reed						Ricky Dodson 498-2776
267-9967		Jarman Hi 823-248	6	Mike Gilpa 823-258		496-2770
			Representat	cives —		
Paul Bailey 304 War Memorial Building Nashville, TN 37243 (615) 741-3978	John Mark Wir 24 Legislative F Nashville, TN 3 (615) 741-12	Plaza 1232 7243 Washi	John Rose Longworth HOB ngton, DC 20515 02) 225-4231	B11 Russell Sena	, DC 20510	Marsha Blackburn B40B Dirksen Senate Office Building Washington, DC 20510 (202) 224-3344





# bituaries

Say "Thank You" with a Card of Thanks in The Enterprise. Deadline 12 p.m. Mondays.



# **Matthew David** Hargis

Matthew David Hargis, 46, of Livingston, passed away Nov. 23 at the Cookeville Regional Medical Center. Funeral services were held Nov. 26 from the chapel of Interment followed in the Overton

# Thrasher

loved working on trucks, fixing things, he loved the rivers and the woods. He was preceded in

death by: grandparents, Herbert and Elizabeth H. Qualls and Rheubin Clinton and Juanita Bowman Hargis.

Surviving relatives include: mother and step father, Clara and Ronnie Smith; father, David Hargis; children, Mikala Taylor Strong, Lily Hargis, Caleb Hargis and Quaid Hargis; grandchildren, Millie Gray and Hudson Womack; brothers, Brian Smith and

Hall Funeral Home

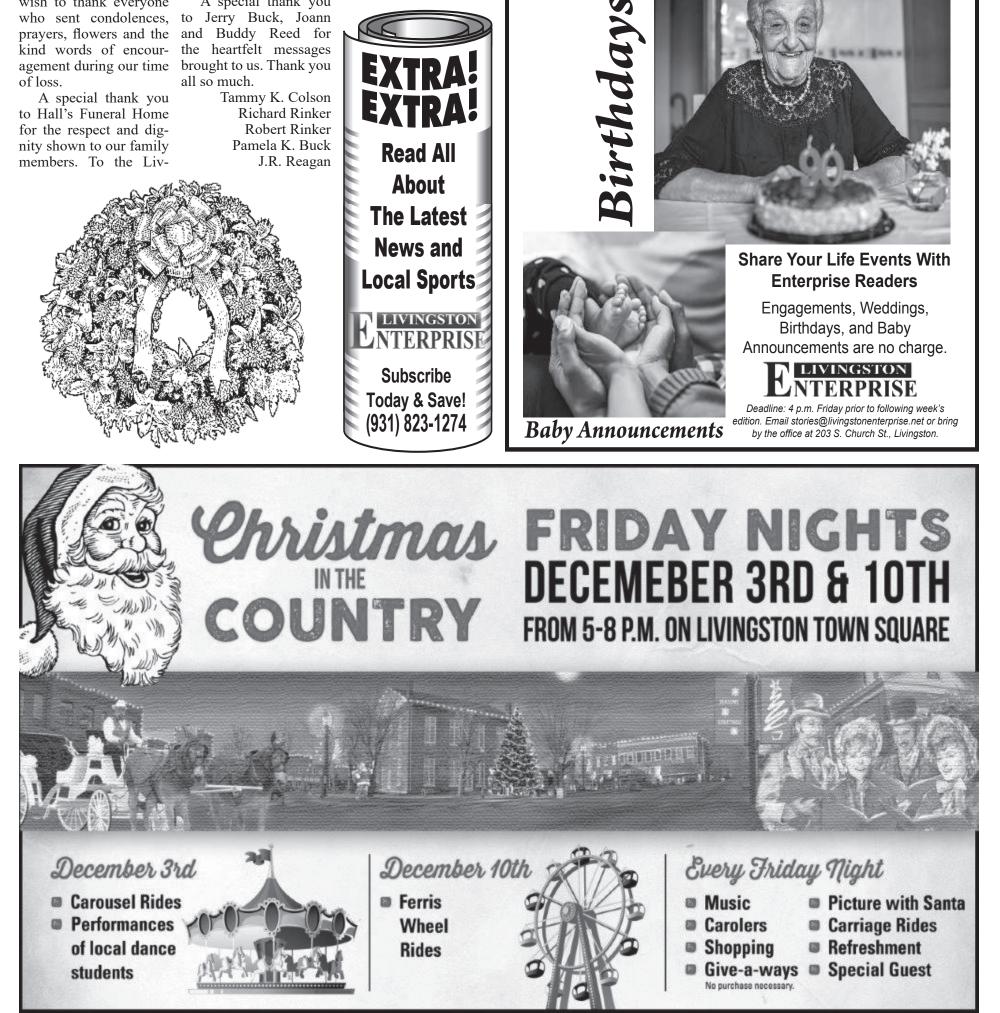
Surviving relatives

A special thank you



# Max E. Bilbrey

Max E. Bilbrey, 82, of Hargis Gray, Jayce Gray, Dalton, Ga. and formally of Rickman, passed away Nov. 20 at the Pruitt Healthcare in Fort Oglethorpe, Ga. Funeral services were held Nov. athe Hall Funeral Home



He was born June 6, 1939 in Rickman. He worked as a auto mechanic for many years and was Baptist in faith.

He was preceded in death by: parents, Cecil Floyd and Lonnie Estell (Walker) Bilbrey; wife, Carol Bilbrey; daughter, Cheryl Bilbrey; and brother, Glenn Bilbrey.

Surviving relatives include: sons, Dale Bilbrey, Sr., Craig Bilbrey and Keith Bilbrey; and a host of family and friends.

Pallbearers were Dale Bilbrey, Sr., Dale Bilbrey, Jr., Bobby Bilbrey, Bailey Bilbrey and Curt

charge of arrangements.



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LIVINGSTON

**NTERPRISE** 

# **The Clayton Catechism**

Rusiness

Pecunia Non Olet

Adam Johnson, Publisher

One of the most unpleasant but necessary parts of being an employer or manager is firing people. Because of the unpleasantness of firing people, an employer or manager can be slow to pull the trigger. It may mean an awkward or even pugnacious encounter, and it may be disruptive in the immediate term, and it may create an understaffing problem, which can be stressful on or annoying to everyone else. So when is the best time to fire someone?

I graduated in 2002 from the University of Tennessee, and Jim Clayton, founder and largest shareholder of his eponymous mobile home business, had entered into an agreement with investor Warren Buffett to sell Clayton Homes to Berkshire Hathaway, Buffett's investment vehicle. The 2003 Berkshire Hathaway Annual Report recaps the story of a group of University of Tennessee students who brought Clayton Homes to Buffett's attention.

were about a dozen of us enrolled for credit or otherwise participating in Professor Al Auxier's TVA Investment Challenge group representing the University of Tennessee, and though I would like to take credit for it, the idea of giving Jim Clayton's recentlywritten autobiography to Warren Buffett belongs to my friend Michael Daniels. The TVA Investment Challenge was a realmoney investing competition using money freed up from decommissioned TVA power plants' operating budgets in which universities in TVA's domain would compete and gain experience in investing. While most universities followed textbook "investing" dictates – still popular at the time was the Efficient Markets Hypothesis – Auxier's team followed value-investing principles, which diverge ily might have brought in flavor but essentially mean buying assets at discounts to those assets' intrinsic values. The result was that our Investment Challenge team dominated the competition in the and Buffett read the book years I was on the team. over the weekend and But I digress...

Indoctrinated Warren Buffett-style value investing principles, Michael Daniels suggested that we present Buffett with a copy of Jim There Clayton's autobiography process, eventually was



First a Dream on our next approved by Clayton ment portfolios.) trip to visit Buffett in his Omaha, Nebraska headquarters. So in the place of the Pat Summitt-signed Lady Vols basketball or the Phillip Fulmer-signed Vols football we ordinaras a memento to Buffett, we took a signed copy of Clayton's book. Michael told Buffett, "This is your kind of people," as he handed him the book, then called Clayton on with Monday, offering to acquire Clayton Homes.

The acquisition of Clayton Homes by Berkshire Hathaway, despite a sometimes-rocky proxy

Homes shareholders for \$1.7 billion, of which some \$600 million+ in cash went to Jim Clayton, Clayton Homes's largest shareholder. With the newfound need of managing his family's cash, Jim Clayton interviewed the three top graduates from the University of Tennessee and selected me from that group to manage a \$25 million investment his "Buffett cash." a shameless moment of self-promotion, I confide that I worked 3 <sup>1</sup>/<sub>2</sub> years for Clayton and his family foundation and his banking organization and generated market-beating

Real-world investing experience aside. I learned a few things from Jim. Billionaires are a quirky lot, and they often offer lessons that others are too timid to impart or find indecorous to say. Here, we return to the original purpose of this article after a background detour and a near-20-year trip down Memory Lane. Michael and I are now portfolio, carved from 41, Jim Clayton is 87, (In and Warren Buffett is 91. I know that Clayton and Buffett still are sharp, I need to call Michael because I haven't talked to him in a few months, and I have reached what traditionally is considered returns in several invest- middle aged and am ques-

tioning all the decisions I have made over the last half of my life. But I teased out more than just misty-eyed memories for this article, and I now get back to the point of it all.

So when is the best time to fire someone? Jim Clayton had immense success, and he contributed a few gems to my treasure chest of experience, and the most vivid one of those gems is the answer to this question. The answer is so simple that it naturally is equally nonobvious, and Jim phrased it as part of a business catechism of sorts:

Q: "When is the best time to fire someone?"

A: "The first time you think about it."

investing, the above concept is simple, but it isn't easy. Whenever I have violated the Clayton Catechism, I have regretted it, and procrastination is not the way to approach dealing with personnel decisions. Like breaking up with a girlfriend or boyfriend when the love has faded or ending a failed marriage, it seems the Clayton Catechism, when implemented faithfully, will contribute greatly to your success. Business doesn't magically get better when you kick the can down the road; it starts to become manageable once you pull off the Band-Aid.

# Labor Dept. Urges Employers **To Avoid Compliance Issues**

With the National Retail Federation expecting retailers to hire more than 500,000 seasonal workers and employers hopeful for a busy holiday season,



# **Business Today Minimum Wage Rising For Contract Workers**

The U.S. Depart- by 2024. ent of Labor today an-

improves the economic Ensures a \$15 mini- security of these work-

the U.S. Department of Labor reminds them not to overlook their worker's rights to a safe and healthy workplace and to be paid all of their legally earned wages. With many businesses open for in-person shopping in 2021, employers must also take steps to control and prevent coronavirus spread.

The department's Occupational workplace safety for prevent hazards." delivwarehousing, Guidance is also available for protecting rethose in high customervolume environments, docks, and package delivery from coronavirus exposure.

OSHA offers additional information on workers' rights and protections, the protection of temporary and seasonal workers, as workers.

is typically a very busy must an employer's awareness of keeping their employees safe," said Assistant Secretary of Labor for Safety and

"All workers - from workers deserve dignity Safety those starting their first and respect from their and Health Administra- job to those making employers," said Acting tion urges employers to some extra money as a Wage and Hour Adminensure it properly trains seasonal worker to those istrator Jessica Looman. all workers - especial- year-round employees - "Employers should enly new and seasonal are entitled to a work- sure their payroll pracworkers - to recognize place free from hazards tices comply with all and prevent workplace and to be trained in a minimum wage, overhazards. OSHA offers language they under- time and child labor resources on holiday stand to recognize and requirements so those

ery and retail workers. encourages employers, selves and their families miliar with seasonal their hard work." tail workers, including and part-time hiring, to familiarize themselves with federal wage rules stockrooms and loading to make sure they pay temporary and seasonal workers all of the wages they earned, and as the law requires. The Wage and Hour Division finds failing to pay salespeople and cashiers for time spent prepping or closing out registers, well as safety for young requiring stock room and warehouse person-"The holiday season nel to work through breaks without pay, time for businesses, and not paying workand just as consumer ers overtime pay when demands increase, so required are among the most common violations cited in holiday employment investigations.

"This holiday sea-

Health Doug Parker. son, and all year round, who depend on their The department also wages to care for themespecially those unfa- are able to benefit from

nounced a final rule that mum wage for workers implements Executive with disabilities per-Order 14026 to increase forming work on or in the hourly minimum connection with covwage for employees on ered contracts. federal contracts beginning Jan. 30. President wage protections to out-Biden signed the order fitters and guides operon April 27.

The rule applies in all 50 states, the District by does the following:

workers tion with 2022.

ture years to inflation.

minimum wage for fed- Walsh. "Implementing

Restores minimum ating on federal lands.

"The workers helped Jan. 30. Executive Order of Columbia, and speci- 14026 and today's final fied U.S. territories, and rule do essential work on our nation's behalf. Increases the hour- They build and repair ly minimum wage for the federal infrastrucperforming ture, clean and mainwork on or in connec- tain our national parks, covered monuments and other federal contracts to federal facilities, care \$15 beginning Jan. 30, for our veterans, and ensure federal work-Continues to index ers and military service the federal contract members are provided minimum wage in fu- with safe and nutritious food," said U.S. Sec-Eliminates the tipped retary of Labor Marty eral contract employees this Executive Order

ers and their families, many of whom are women and people of color."

Executive Order 14026 applies to new contracts, and renewals and extensions of existing contracts, beginning

"In addition to promoting efficiency in federal contracting, the implementation of Executive Order 14026 has other benefits," said Wage and Hour Division Acting Administrator Jessica Looman. "The final rule adds value for taxpayers by boosting worker productivity and reducing employee turnover and absenteeism. It also allows federal contractors to retain top talent, and reduce recruiting and training costs."

# Market Recap



# **New Items Added To The** Library

# At Your Library



**Adult Fiction** The Bright Side of Disaster by Katherine Turano Center

State of Terror by Louise Penny

Lady Whistledown Strikes Back by Julia R.L. Stine Ouinn

**Adult Non-Fiction** Raise a Fist, Take a Knee: Race and the Illusion of Progress in Modern Sports by John Feinstein

Chase Darkness with Me: How One True-Crime Writer Started Solving Murders by Billy Jensen

The Race and The Extraordinary Voyage of rari Apollo 11 by Jim Dono-

van **Science Fiction**/ Fantasy

Graham Inspirational

A Dangerous Legacy by Elizabeth Camden To Steal a Heart by Jen

**Juvenile Fiction** 

Legend of the Lost Legend by R.L. Stine Chicken Chicken by Stay Out of the Base-Faker by Sarah Smith ment by R.L. Stine Juvenile - Non-Fiction

Why Seasons Change by Marie Rogers

**Juvenile Graphic** Novel

Sturm

Tim Burton's the Shoot for the Moon: Nightmare Before Christmas by Alessandro Fer-

**Children's Fiction** 

Santiago Stays by Angela N. Dominguez Goodbye Autumn, Forbidden by Heather Hello winter by Kenard We Came to America by Faith Ringgold

**Young Adult Graphic Novel** Stranger Things Into the Fire #1 by Jody Houser

Magazines CAR AND DRIVER Consumer Reports Magazine Food Network Magazine

The Family Handyman

> **DVD's** The Jolly Holiday Col-

lection Super why! 'Twas the Hocus Focus by James Night Before Christmas and other Fairytale Adventures

Santa Clause 2

Hitched for the Holidays

Mixed Nuts

# Walden Selected to Lead CTAS

The UT Institute for Public Service (IPS) has named Jon Walden as executive director of the County Technical Assistance Service (CTAS). Walden has served for a year as interim director of the agency following the retirement of Robin Roberts.

"Jon has been a dedicated public servant since joining CTAS in 1993. He's widely respected by staff and customers, and



Jon Walden

we're fortunate to have Byrd III. "He's done an him in this executive di- outstanding job serving rector position." said IPS as the interim director. I Vice President Dr. Herb know he'll continue to role on December 1.

use his vision, institutional knowledge and relationships to lead CTAS in the years to come."

Walden joined CTAS in 1993 as administrator of information technology before being promoted to manager of information technology in 2002. He has a bachelor's degree in computer science from Tennessee State University and earned his master's in leadership and public service from Lipscomb University.

He will begin his new

# **Governor Awards Rural Workforce Grants**

ing through the second round of the Governor's cal education statewide. Tennessee has made notable progress in rural workforce development in recent years which has resulted in securing over 24,000 new jobs and nearly \$13 billion in capital investment in rural

Since creating GIVE, Gov. Lee's first legislative priority, he has invested \$50 million in the program to support rural workforce development through technical education. The first round of GIVE funding in 2019

Tennessee Governor served an estimated 8,000 has been one of my top Bill Lee has announced students, and this second priorities since day one, projects receiving fund- round will serve an estimated 7,500 students.

Investment in Vocational proud to announce these highly skilled workforce, Education (GIVE) pro- well-deserved grants durgram which prioritizes ing National Workforce transformed, and comlearning opportunities Development Week," in rural counties and en- said Gov. Lee. "Rural invest and expand in our hances career and techni- workforce development state at record rates."

and I'm glad to see the remarkable progress we're "We are especially making. By developing a Tennesseans' lives are panies are choosing to

Got

This week, the Tennessee Department of Education released the graduation rate for the 2020-21 school year.

Of the 2020-21 cohort, 88.7% of students graduated on time this year compared to 89.6% last year, 37 districts improved their graduation rates, and 37 districts graduated 95% or more of their cohorts.

As the COVID-19 pandemic spanned the entirety of the 2020-21 academic year, the department offered several interventions to mitigate learning loss and provide necessary student supports to ensure they were prepared for ondary success, such as summer programming,



year. For the 2020-21 of Schools, Huntingdon table takeaways in the state are:

County, and Tennessee School for the Deaf improved their graduation rate by 5 percentage points or more

95% or more of their cohorts

graduation and postsec- their graduation rates from 2020 to 2021

school year, the most no- Special School District. "Our staff have worked tirelessly to truly know Jackson County, Lewis who our students are, what they dream of being, and exhausting all efforts to equip them to be ready once they graduate."

"Across the schools in 37 districts graduated our district, our educators and staff are dedicated to ensuring that our students 37 districts improved are prepared for graduation and postsecondary success, whatever path 34 districts improved they choose once they leave our classrooms, said Tim Haney, Director of Schools, Trenton Special School District. "This is exemplified by the proven history of high graduation rates over the past 38 years and count-1,231 fewer students ing that our district continues to see and we are dedicated to providing our students with the needed "It is essential we are supports to graduate and succeed in the future." For more information are graduating on-time on graduation rates for individual districts and schools, please visit the department's Data Down-

# Released

# Education

# **Graduation Rate Data** Department of

**Parkinson's?** You Are Not Alone. You are invited to join the counties since 2019.

Parkinson's Support Group of Cookeville & Surrounding Areas Meetings are held on the first Tuesday of every month beginning at 10:00 a.m. at Caney Fork Baptist Church. 2404 Hwv 70 East. Cookeville. TN 38506 For more information, contact Roxanne Self at 931-261-4037

free ACT prep workshops, and AP Access for All.

"Our state remains committed to swift and urgent action to mitigate graduation cohort graduthe negative effects of ated on time with a regular COVID-19 on our students," said Commissioner Penny Schwinn. "The department was prepared for the negative impacts of the pandemic on our statewide graduation rate, but we are confident that utilizing all of our resourcwith the right investment and the partnership and dedication of our districts and schools, we can resume the upward trajectory in graduation rate and ensure we are preparing Tennessee students for success."

While several districts saw gains in their graduation rate, Tennessee's statewide graduation rate declined compared to last

# Down"

Continued From Page

rate dropped by 0.1 of a percentage point when compared to September.

Moore County had the second-lowest rate at 2.3%, which was unchanged from the previous month.

While Perry County once again had Tennessee's highest unemployment rate in October, the county's jobless number showed significant improvement for the month. The latest statistics show its rate dropped 3.1 percentage points, from 8.4% to 5.3%. Shelby County had the second-highest

the Students with Disabilities subgroup by 5 percentage points or more

88.7% of the 2021 diploma, which is lower than last year

graduated in the 2021 cohort compared to last year, for a total of 63,283

es to ensure our students and prepared for any postsecondary opportunity they are pursuing," said Dr. Jonathan Kee, Director loads webpage.

rate, but it also showed

month-to-month improvement, as it de-

creased from 5.3% to

ployment in Tennessee

was lower for the fifth

rate of 4.2% was 0.2

of a percentage point

less than September's

revised rate of 4.4%.

The employment

situation also improved

nationally. The United

States unemployment

rate for October was

4.6%, down 0.2 of a

the previous month.

percentage point from

The state and

national unemployment

consecutive month. The

new seasonally adjusted

Statewide unem-

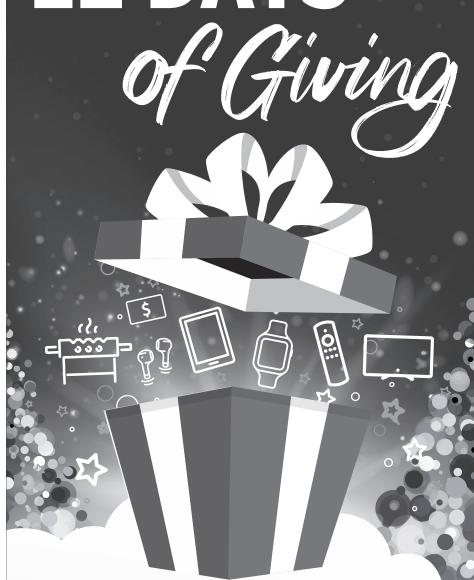
5%.

rates are seasonally adjusted to factor in seasonal economic influences such as school breaks and severe weather conditions, while county unemployment rates are not.

The state has complied all of October's county unemployment data into a report which is available here.

Job seekers can find online and inperson assistance by visiting www. TNWorkReady.com.

The state of Tennessee will release the unemployment rate for November 2021 on Thursday, Dec. 16, at 1:30 p.m.



# **Beginning Black Friday**

Enter the Twin Lakes 2021 Christmas Giveaway from 11/26-12/13 at twinlakes.net! We will start announcing winners on 12/4. Follow us on Facebook - more than 75 gifts will be given away!

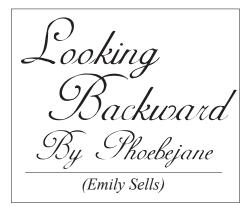
**Christmas Bonus!** Upgrade to any faster broadband speed up to 1 GIG and pay the same price for 6 months!

800.644.8582 | twinlakes.net Some restrictions apply.





# 



This story was shared with me several years ago. It reads as follows:

A few years after I was born, my Dad met a stranger who was new to our small town. From the beginning, Dad was fascinated with this enchanting newcomer and soon invited him to live with our family. The stranger was

# then on.

As I grew up, I never questioned his place in my family. In my young mind, he had a special niche. My parents were complementary instructors: Mom taught me good from evil, and Dad taught me to obey. But the stranger... he was our storyteller. He would keep us spellbound for hours on end with adventures, mysteries and comedies.

If I wanted to know anything about politics, history or science, he always knew the answers about the past, understood the present and even seemed able to predict the future! He took my family to the first major league ball game. He made me laugh, and he made me cry. The stranger never stopped talking, but Dad didn't seem to mind.

Sometimes, Mom would get up quiquickly accepted and was around from etly while the rest of us were shushing

each other to listen to what he had to rassing. say, and she would go to the kitchen for ever prayed for the stranger to leave.)

fanity, for example, was not allowed in to leave. our home... not from us, our friends or any visitors. Our longtime visitor, how- since the stranger moved in with our ever, got away with four-letter words family. He has blended right in and that burned my ears and made my dad is not nearly as fascinating as he was squirm and my mother blush.

of alcohol. But the stranger encouraged still find him sitting over in his corus to try it on a regular basis. He made ner, waiting for someone to listen cigarettes look cool, cigars manly and to him talk and watch him draw his pipes distinguished. He talked freely (much too freely!) about sex. His comments were sometimes blatant, sometimes suggestive, and generally embar- call her "Computer."

annual Christmas Lun-

cookbooks.

Cumberland

Women's

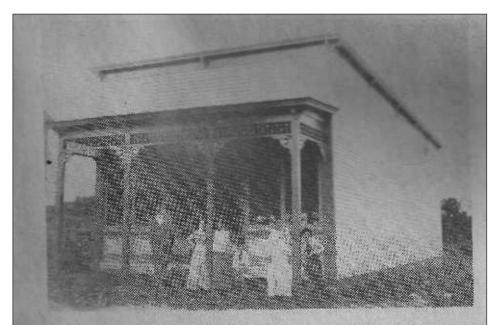
I now know that my early conpeace and quiet. (I wonder now if she cepts about relationships were influenced strongly by the stranger. Dad ruled our household with cer- Time after time, he opposed the valtain moral convictions, but the stranger ues of my parents, yet he was selnever felt obligated to honor them. Pro- dom rebuked... and NEVER asked

More than fifty years have passed at first. Still, if you could walk into My Dad didn't permit the liberal use my parents' den today, you would pictures. His name?....

We just call him, "TV."

He has a younger sister now. We

Pictures From The Past



The Dr. Burks family pictured in front of Dr. Burk's Drug Store on northeast corner of square where Morgan's Dry Goods was located for years.

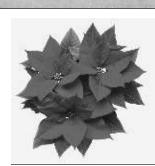
# **Good Housekeeping**

## Salt-Baked Fish

Baking a whole fish in a crust of kosher salt seals in the juices and guarantees exquisitely moist - and surprisingly unsalty - fish.

4 cups kosher salt

1 whole ( $1\frac{1}{2}$  to 2 pounds) red snapper, striped



# **Women's Club Annual** Luncheon Dec. 2

The Upper Cum- and enthusiasm to bear can be told about the berland Women's Club for the good of the Upper people and the promise (UCWC) is holding their Cumberland."

cheon at the Grey Ga- collected prior to and Historic Rugby Inc. was bles Inn, located at 2487 at the event to bless the Rugby Parkway, Rugby, Stephens Center and the Tenn., on Thursday, Dec. women they serve in the 2 at Noon. Lunch will be Upper Cumberland. Durprepared by Proprietor ing the luncheon, Grey Linda Brooks Jones who Gables Inn will surprise is known throughout the one lucky attendee with a and has authored several & breakfast. Andrea Bur-"When Linda and I tours of Rugby from 1:30

first started the Upper -3:30 p.m. "I am so pleased to Club, our goals were to host the Christmas Luninspire, motivate and edu- cheon at the Inn this five counties - Cumbercate women in the region year," said Linda Brooks to help each other and Jones, co-founder of give back to their com- UCWC. "Historic Rugby munities," said Andrea is one of the best kept se-Burkhard, co-founder of crets of the Upper Cum-UCWC. "This year we berland. It is a living Vichave experienced a surge torian village, originally in growth and are excited founded in 1880 as the organization supported to see more women join- Rugby colony by British Hope Pregnancy Center ing the group and bring- author Thomas Hughes. ing their ideas, contacts, Many interesting stories in Cookeville.

of this utopian society in Gift baskets will be the Upper Cumberland.

established in 1966 to preserve, protect, and interpret the man-made and natural historic resources and heritage of the British Isles and of Appalachia."

The Upper Cumregion for her cooking one-night stay at the bed berland Women's Club is the fastest growing khard will also be hosting networking and service organization for professional and retired women in the Upper Cumberland. Serving land, Putnam, Overton, Pickett and White – the organization prides itself on giving back to charities who best serve the women in our communities. This year, the and the Stephens Center

bass or porgy, cleaned and scaled

1 lemon

3 sprigs rosemary or thyme

1. Preheat oven to 450 F. Line 13-inch-by-9inch baking pan with foil; spread 2 cups salt in bottom of pan.

2. Rinse snapper inside and out with cold running water; pat dry with paper towels. From lemon, cut 3 slices. Cut remaining lemon into wedges. Place lemon slices and rosemary in cavity of fish. Place fish on bed of salt; cover with remaining 2 cups salt. Bake until fish is just opaque throughout when knife is inserted at backbone, about 30 minutes.

3. To serve, tap salt crust to release from top of fish and discard. Slide cake server under front section of top fillet and lift off fillet; transfer to platter. Slide server under backbone and lift it away from bottom fillet; discard. Slide cake server between bottom fillet and skin and transfer fillet to platter. Serve with reserved lemon wedges.

Makes 2 main-dish servings.

• Each serving: About 188 calories, 3g total fat (1g saturated), 66mg cholesterol, 800mg sodium, 6g total carbohydrate, 37g protein.

### Snow Pea, Radish and Celery Sauté

Serve this light, lemony vegetable sauté with roast chicken or a light fish dish.

- 2 large green onions
- 2 large celery stalks
- 1 bunch radishes
- <sup>1</sup>/<sub>2</sub> pound Chinese pea pods (snow peas)
- 1 tablespoon salad oil
- 1/2 teaspoon salt
- 1 large lemon

1. Cut green onions into 1-inch pieces. Slice celery diagonally into thin slices. Cut each radish in half. Remove stem and strings along both edges of each pea pod.

2. In nonstick 10-inch skillet over mediumhigh heat, in hot salad oil, cook green onions, celery, radishes, pea pods and salt until vegetables are lightly browned and tender-crisp.

3. Cut lemon in half. Squeeze juice from half of lemon over vegetables. Spoon vegetables onto platter. Slice remaining lemon into thin slices. Garnish vegetables with lemon slices.

• Each serving: About 65 calories, 4g total fat, 0mg cholesterol, 300mg sodium.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/foodrecipes/.

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# **Three Indoor Trees for** the Holidays

# MELINDA MYERS

# special to the Enterprise

Add a small-scale living evergreen to your holiday celebrations. Consider one that is suitable for growing indoors so you can enjoy it throughout the year.

The Lemon Cypress makes a great miniature holiday tree, centerpiece, or gift for a friend. The fragrant chartreuse foliage of this dwarf evergreen continues to brighten your winter décor long after the holidays are over. You can find them as topiaries or in their more natural pyramidal form.

Grow them in a sunny window and turn the plants occasionally to ensure all parts receive equal sunlight and grow evenly. You'll have the best results if you keep your plant in a cool location free of cold and hot air drafts.

Water your mini holiday tree whenever the top few inches of soil are dry. Wait until spring when plants begin to actively grow and need a nutrient boost before applying fertilizer.

The Norfolk Island pine has long been a favorite of indoor gardeners. Its pine-like appear- in the saucer. Set the pot ter meals and beverages.



Photo courtesy of MelindaMyers.com

Indoor Trees - Norfolk Island pine makes a great indoor holiday tree especially when combined with holiday plants or decorated with garland and small ornaments.

holiday tree. Add a bit of water. As the water evapgarland and a few small orates, it increases the huornaments for a festive midity around the plant. effect.

cool, well-lit location other holidays. Use hearts free of drafts of hot and cold air. Avoid dry air and soil to keep the needles and branches green, flexible, and healthy. Wa- tree topiaries are festive ter thoroughly whenever as well as fragrant and the soil is just slightly moist. Boost the humidity around this and other and lift your spirits. Or plants with a gravel tray. pluck a sprig to add wel-Place pebbles and water come flavor to your win-

ance makes it a great on the pebbles above the

Switch out the orna-Grow this plant in a ments when celebrating for Valentine's Day, eggs for Easter and orange lights for Halloween.

Rosemary wreath and edible. Give the leaves a pet to enjoy the fragrance

Rosemary was as popular a Christmas plant as mistletoe and holly until the 20th Century. It's not clear why this plant fell out of favor, but it is growing in popularity as a holiday plant. You can find it in many garden centers and florists this time of year.

Rosemary represents love and remembrance, a great sentiment to share during the holidays. Growing Rosemary indoors can be challenging. Don't let past failures stop you from trying. Just keep experimenting until you find the location and maintenance routine that keeps your Rosemary thriving. If the plant turns brown, move it out of sight to the back of your indoor garden. It still smells good when you give it a pet and no one, but you will know.

Change things up this season with the addition of one or more of these indoor evergreen trees. They are sure to brighten your spirits and holiday décor.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening.

# **Bring New Life To Holiday Traditions**

(StatePoint) Bringing new life to classic holiday traditions starts with understanding the origins of how these traditions came to be.

The Olesen family of O&H Danish Bakery knows how important it is to share such stories. The family-owned and operated bakery is offering fun facts and inspiration for celebrating classic Christmas traditions. And because some of these particular traditions are Danish. you'll also be embracing "hygge." Pronounced "hoo-ga," this Nordic concept is all about creating a cozy atmosphere and enjoying the good things in life.

# **Something Sweet**

Forty-four percent of people in a survey commissioned by O&H Danish Bakery and conducted by SWNS Media Group and OnePoll say the holiday spirit wouldn't be the same if they didn't have their traditional holiday dessert. For many families, that dessert is Kringle. Approximately 43% of respondents in the same survey enjoy this treat – which is made of 36 layers of butter and pastry -- on Christmas Day. While Kringle is a traditional Danish delicacy, it's actually savored worldwide. O&H Kringle has been shipped to more than 100 countries and has made landfall in all seven continents -- including Antarctica!

"The holiday season is the most magical time of year for our family. It's such a privilege to spread cheer and be a part of family traditions across the



country. As a family-owned business started by my great-grandfather, an immigrant from Denmark, traditions rooted in our heritage mean so much to us, and we pass down their origin stories to each generation," says Eric Olesen, the third-generation co-owner of the Racine, Wisconsin-based bakery.

When it comes to traditions, the bakery remains steadfast in unveiling a new holiday flavor every December, its busiest season, making more than 7,000 Kringle every day. This year's "Christmas Fudge Kringle" is a riff on the traditional pastry. Featuring scratch-made premium dark chocolate filling, frosted in chocolate icing and garnished with Christmas nonpareils, it was inspired by O&H customers' favorite holiday cake, "Ohhhh Fudge! Layer Cake," the name of which comes from the movie, "A Christmas Story." To place your Kringle order for the holidays, visit ohdanishbakery.com.

# **Decorating the Tree**

As you select your tree and decorate information. it with treasured ornaments, consider this tradition's long and storied history. holiday traditions. At the same time, Did you know that bringing trees into don't be afraid to put new twists on one's home during winter is a centuries- these classics -- whether it's livening old tradition? The custom's exact ori- up family recipes or buying new ornagins are debatable -- with some histori- ments for your tree.

ans believing the ancient Egyptians first adopted the practice and others attributing its invention to pagan Europeans. However, the modern Christmas tree, much like we know it today, became a widespread practice throughout Europe beginning in the 16th century.

# **Fun Food Traditions**

As a family-owned food business, it's no surprise that the Olesen family has a few of their own delicious holiday traditions. After dinner on Christmas Eve, they serve Risalamande, a Danish rice pudding dessert typically containing a whole almond. Serving as a fun Christmas-lottery, the one who finds the almond wins a small present. The bakers at O&H even created a Kringle, called A Very Danish Christmas Kringle, in honor of this dessert! Christmas morning, the family prepares Aebleskiver, which are Danish pancake balls commonly served with such toppings as lingenberries, powdered sugar and fruit preserves. O&H offers the pre-made mix and even the specialty pans for this purpose to those who want to try this at home. Visit their site for more

This holiday season, embrace

# 'Craft Day at the Museum' Dec. 11

The Tennessee State Museum and Tennessee Craft invite the public to "Craft Day at the Museum," a family-day holiday celebration and demonstration with some of Tennessee's best craft artists, on Saturday, Dec. 11 from 10 a.m. to 3 p.m. Participating craft artists, all of whom have work in the Best of Tennessee 2021 Biennial exhibition currently on view at the Museum, include keynote speaker JoEl Levy LoGiudice, along with Chris Armstrong, Richard Dwyer, Monya Nikahd, Ashley Seay, and Betty Ziemer. Visitors will get to meet the artists, see them demonstrate their craft and how they approach their work, learn what inspires them, and discover why they work in their mediums.

To inspire Tennessee's future craft artists, the Tennessee State Museum's Children's Gallery will host a day of kids' crafts and activities, including the creation of holiday ornaments and decorations. Adults are also invited to guided tours of the Best of Tennessee Craft 2021 Biennial. The lunch time keynote in to the art form that produces piles of wood shavings. the Museum's Digital Learning Center by LoGiudice Dwyer has been involved in the Best of Tennessee will include an audience Q & A.



# EXPERIENCE TENNESSEE

Tennessee, enabling him to fulfill a life-long wish to add a lathe to his collection. He then became addicted place in 2018's juried contest. His work is part of the create Tennessee's fine craft tradition. With more than Monya Nikahd is an Iranian-American handweavcompleted her Bachelor of Fine Arts in Fibers from Tennessee Tech University in 2020. She has received Tennessee State Museum, and the Praxis Fiber Workinto our digital era. Her approach to weaving is exunconventional use of materials and methods. Ashley Seay is the owner of SuperNatural Relief, 2 p.m. - Kids' Craft Hour in the Children's Gal- a printmaking studio that offers original art with a fowood sculpture and design, pattern design, and fabric and events, please visit tnmuseum.org.

printing. She has over 10 years of experience in the printmaking medium. Woodblock printing is done by reversing an image, carving it on a piece of wood by leaving the image's outline on the wood, and then the block is inked and printed on a substance like paper or fabric. A printing press is used to reproduce prints with even pressure. Her artwork is inspired by history, nature, Ancestors, Universe, and family and friends.

As a child, Becky Ziemer had many different interests and enjoyed all forms of artistic expression, but none of them captured her attention like clay. After getting a BFA in graphic design from the University of Mississippi and spending 15 years in that profession, she realized that her heart kept going back to ceramics. That, along with rising Etsy sales and a wholesale inquiry from a nationally known gift catalog, convinced her to drop graphic design and take the leap to become a full-time ceramics artist in 2015. Becky Zee loves to make whimsical creatures, or "critters," of all shapes, sizes, and colors.

Tennessee Craft, formerly The Tennessee Associa-Craft Art show for several years, winning second tion of Craft Artists (TACA), works to continue and permanent collection of the Tennessee State Museum, 500 members throughout the state, Tennessee Craft the Reece Museum on the campus of ETSU, and in serves as the premier connecting point for local, independent makers and their audiences through craft fairs, exhibitions, professional development, net-10:30 a.m. - Kids' Story Time in the Children's er and emerging artist from Nashville, Tennessee. She working, mentorship and other educational programs. Visit tennesseecraft.org to learn more. The Tennessee State Museum, on the corner of awards such as the 2021 Windgate Lamar Fellowship Rosa L Parks Blvd. and Jefferson Street at Bicentennifrom the Center for Craft, Best Emerging Maker from al Capitol Mall State Park, is home to 13,000 years of the Tennessee Craft Fair. Other accomplishments to Tennessee art and history. Through six permanent exdate include work displayed at Appalachian Center hibitions titled Natural History, First Peoples, Forging for Craft, Number Magazine, Techspressionism, the a Nation, The Civil War and Reconstruction, Change and Challenge and Tennessee Transforms, the Mushop Digital Weaving Residency in Cleveland, Ohio. seum takes visitors on a journey - through artifacts, Her goal as a handweaver is to push the boundaries of films, interactive displays, events and educational a medium typically perceived as 'soft' and domestic and digital programming - from the state's geological beginnings to the present day. Additional temporary perimental and relies on trial-and-error because of her exhibitions explore significant periods and individuals in history, along with art and cultural movements. The Museum is free and open to the public Tuesdays to Saturdays from 10 a.m. - 5 p.m.. and Sundays from cus in woodblock printing, custom logo woodblocks, 1 p.m. - 5 p.m. For more information on exhibitions

Admission to the Tennessee State Museum and Craft Day activties is free.

Schedule of Events (Subject to Change)

10 a.m. - 12 p.m. - Artist Demonstrations in the several private collections. Grand Hall

Gallery: Curious About Curious George (Kids Craft: Snowflake Art)

11 a.m. - Kids' Craft Hour: Make Holiday Cards (based on Carrie Anne Parks's work in the exhibition)

11 a.m. - Best of Tennessee Craft 2021 Biennial **Highlights Tour** 

12-1 p.m. - Keynote Address by JoEl Levy Lo-Giudice and Q & A with Craft Artists

1 - 3 p.m. – Artist Demonstrations in the Grand Hall

1 p.m. - Kids' Craft Hour: Paper and Ornament Weaving

2 p.m. - Best of Tennessee Craft 2021 Biennial **Highlights Tour** 

lery: Holiday Art

Artist Biographies:

As a practicing weaver/designer/jewelry maker and bead maker, Keynote Speaker JoEl Levy Lo-Giudice is a prolific artist. She is also an in-demand workshop leader at numerous craft schools nationally, sharing her technical and creative skills in various medium manipulation and in design. JoEl is also a seasoned arts administrator who served as a Vanderbilt University art force for over 30 years. Within this realm, JoEl is well known and respected amongst her higher education peers, artists, and members of the community within Tennessee and beyond. She joined the Tennessee Craft Board in 2021 after a long history with the organization.

Chris Armstrong learned to needle felt wool into small sculptures from a teacher at his daughter's school in 2003. It was fun and people liked what he made. Ten years later, with some time on his hands, he took it up again with dedication. It was still fun, and he now sells his pieces at a few craft shows a year. Usually he makes animals, dressed up like people, in unlikely situations. His goal is to make people smile and to tell just enough of a story to let folks imagine their own.

Richard Dwyer spent the beginning of his adult life on college campuses earning degrees and teaching at Rutgers University and the State University of New York in New York City. Throughout his busy career he maintained a fascination and passion for working with wood in his free time. In retirement Dwyer moved to the beautiful mountains of northeast

# **Governor Announces Christmas Events**

Bill Lee and First Lady refreshments and musi-Maria Lee announced the cal performances from state's holiday events, the 129th Army Band including Christmas at jazz ensemble and the the Capitol and "A Story- Belmont University BSA book Christmas" tour of gospel choir. Christmas the Tennessee Residence. at the Capitol is open to

"This Christmas is especially meaningful as we reflect on 225 years a Norway spruce, will of Tennessee statehood," said Gov. Lee. "Maria and I are grateful to gather with Tennesseans as we look toward the season of peace and hope, while celebrating all of our Tennessee traditions."

The annual Christmas at the Capitol celebration will take place on Monday, Nov.at 5:30 p.m.

The event will include profits across the state.

Tennessee Governor a tree lighting ceremony. the public.

The Christmas tree, be donated by Thomas and Patricia Washer of Murfreesboro.

Holiday tours at the Tennessee Residence will be available December 10-12 and December 16-19. All tours are selfguided, free to the public and require a reservation. Guests are also invited to bring donations for non-

# **Cookeville Depot Holding Open House**

will have plenty of "Elfin" Around at the Depot."

"This event has been going on for so long – over 30 years now!" Beth Thompson, Cookeville museums manager, said of the Cookeville Depot Museum's annual Christmas Open House, which is set for Dec. 4 from 10 a.m.-3 p.m. at 116 W. Broad St.

"Many of our visitors elves. attended this event as children and now bring their own children to take photos with Santa and soak up some warm holiday spirit."

In addition to warm

A long-time Cookev- historic setting-the depot ille Christmas tradition was built in 1909 and is on the National Register of Historic Places - this free event features holiday games, treats, train displays by the Central Tennessee Model Railroaders, caroling with Cookeville's Barbershop Harmony Society, a special mailbox to drop off wish-list letters and visits with Santa.

And of course – lots of

Santa will be available in the double doorway on the west patio from 10 a.m.-noon and 1-3 p.m. A line will form outdoors, and a limited number of visitors will be allowed feelings of nostalgia in a inside the depot at a time.

8 Livingston Enterprise, Tuesday, November 30, 2021



# Section B

# High School Basketball

# **Livingston Academy Girls**

Livingston Academy CAK	54 38
Livingston Academy	63
Knoxville West High School	16
5 5	50 46
Livingston Academy Bo	oys
Blackman High School	48 12

LIVINGSTON NTERPRISE

	43
Livingston Academy	60
Rockvale High School	58

# **High School Football**

**Region 4 Class 4A** Livingston Academy Stone Memorial **Cumberland County** DeKalb County Macon County Uppperman

# Last Week's Scores **Class 4-A State Tournament** Quarterfinals

Upperman High School	42
Redbank High School	28
Elizabethtown High School	13
Greenville High School	7
Tullahoma High School	21
Pearl Cohn High School	7
Haywood High School	35
South Gibson High School	28

# This Week's Games **Class 4-A State Tournament** Semifinals

# **Golden Eagles Push Vols**

### MIKE LEHMAN TTU Sports Information

An incredible defensive effort and resilience like you read about would be the best description for the Tennessee Tech men's basketball team Friday afternoon, as the Golden Eagles left it all on the court in an 80-69 loss at No. 15 Tennessee at Thompson-Boling Arena.

<u>Sports</u>

In front of a crowd of 16,909 roaring Vols fans, the purple and gold controlled the first half of the contest, using a relentless defensive showing to hold a Tennessee squad averaging more than 80 points per game to just 34 at the break. With just over a second to play in the opening 20 minutes, junior guard Jr. Clay hit a triple, pushing the Golden Eagles out front, 35-34, heading into the locker room.

"The one thing that we're starting to develop as an identity is that we're going to get great effort and good toughness," Tech head coach John Pelphrey said. "We're not going to check out and we're going to stay with it. I thought we just kind of stayed with it there in the first half. They turned it over a couple of times and that helped us. We got a steal or two, but if you asked what I thought we did the best tonight, I think we just stayed together and stayed with it."

In the second half, the Vols came out firing, hitting an immediate shot from deep to take back over the lead. Without sophomore flinching, guard Keishawn Davidson answered with his



TTU Photo / Thomas Corher

**Passing Lane** – Tennessee Tech's Jr. Clay makes a pass during TTU's game against the Tennessee Vols Friday. Clay had 19 points as Tech fell 80-69 at Thompson-Boling Arena in Knoxville.

ond trey of the half.

Eagles had a response, with Clay burying a 25footer to put the Cookevfollowed with a layup to for Tech, its largest of the game.

paint, chipping away out front for good at the 13:11 mark of the second half. The Vol defense also in the contest, providing more possession and field.

that there are two halves of basketball," Pelphrey our guys' effort. We just have to continue to grow and learn to play basket-

jump shots before UT's wasn't so much of them leading scorer, Santiago doing a whole lot defen-Vescovi, buried his sec- sively that we haven't seen, I just thought they Again, the Golden were very, very aggressive.

"We were just not able to consistently handle ille crew back on top. He getting the ball popped out of our hands, reachmake it a three-point lead ing for it with one hand, grabbing a rebound with one hand, or trying to fin-Tennessee kept work- ish a play with one hand. ing the ball inside the The problem with that stuff, is those are situaand eventually pushing tions that immediately lead to baskets that you return to Cookeville for can't defend."

Clay led the Golden forced 19 Tech turnovers Eagles in the contest with a season-high 19 points, including 12 in the second eight more shots from the half alone. He added three assists and a pair of steals "It's just a recognition while shooting 50 percent from 3-point range. Davidson also finished in explained. "I don't fault double figures, contributing 10 points and a teamhigh four dimes.

own make from beyond ball better. Certainly, 19 Daniel Ramsey deliv- yours today.

the arc. Both sides traded turnovers is not clean. It ered 12 points on 5-for-8 shooting. Junior big man Amadou Sylla was a beast on the glass, hauling in a game-high nine rebounds while chipping in eight points to the mix as well.

"At the end of the day, Tennessee is a very good team. They're physical, well-coached, they win a bunch of basketball games. We love Coach [Rick] Barnes and appreciate the opportunity to come up here and play."

The Golden Eagles a rematch with in-state rival Chattanooga on Tuesday, Nov. 30 in the Hooper Eblen Center. Tip for the contest is set for 6:00 p.m. with the game set to be streamed on ESPN+. Season tickets for Tennessee Tech basketball are on sale now. Call (931) 372-3940, visit the Hooper Eblen Center ticket office, or log on to Sophomore forward TTUSports.com to order

**CWD Deer Found In** Golden Eagles Rally

Elizabethton High School	23
Upperman High School	6
Tullahoma High School	44
Haywood High School	19

# Next Week's Game **Class 4-A Final**

**Elizabethon High School vs** Tullahoma High School

# Young Sportsman **Squirrel Hunt Set For Dec. 18**

The Tennessee Wildlife Resources Agency will hold a Young Sportsman Squirrel Hunt at Buffalo Ridge Refuge in Humphreys County on Saturday, Dec. 18. There is no cost to participate in the hunt for youth ages able at noon. 6-16. This hunt will replace the hunt that was held in February at the refuge.

The hunt will be limited to 30 participants. Breakfast and lunch aspx?id=43056 will also be furnished. The day will begin with breakfast and mandatory safety talk at 6 a.m. The hunt starts at 7 a.m. and lunch will be avail- tn.gov



Interested hunters may register through the TWRA website at: http://license.gooutdoorstennessee.com/ Event/ViewEvent.

For more information, contact Donald Hosse, TWRA Wildlife Education Program Coordinator at don.hosse@

# **Two More Counties**

County are now positive and high-risk counties for chronic wasting dis- to best manage CWD ease (CWD) after con- in the state. Only apfirmation through mul- proved parts, including tiple tests from hunter de-boned meat, cleaned harvested deer.

the CWD status of both & teeth, hides & tanned counties from high-risk products, to positive and makes and antlers- including Carroll County high- those attached to clean risk because of the skull plates may be proximity to the new positive deer. As a result, carcass transport, feeding, and mineral placement regulations ing of wildlife is banned are immediately enacted. For more information visit CWDinTen- placement of grains, nessee.com.

know that it is impera- for wildlife is prohibtive to move only ap- ited. proved deer parts out of a county that is positive or high-risk for CWD," said Stephanie Durno feed placed in a manner Karns, assistant chief of game species. "These two positive deer found enact changes to the transport laws and wildlife feeding laws in these counties and we need everyone to follow those to slow the spread of CWD. With deer season in full swing, it is the most popular time for hunting. There are no changes to hunting regulations in Gibson, McNairy, or Carroll counties at this time."

The Tennessee Fish and Wildlife Commission instituted deer carcass exportation and wildlife feeding

Gibson and McNairy restrictions to positive (free of meat and tis-These results change sues) skulls/skull plates taxidermy, transported out of positive and high-risk counties.

Supplemental feedin high-risk and positive counties. Therefore, salt products, and other "We want hunters to consumable products

> The ban does not apply to feed placed within 100 feet of a residence, not accessible to deer, or feed and minerals as the result of normal agricultural practices.

Food plots are still legal in affected counties.

information More about CWD is available at CWDinTennessee. com.



# **But Fall To NMSU**

THOMAS CORHERN TTU Sports Information

The Tennessee Tech women's basketball team made a valiant comeback on Saturday against New Mexico State, but the Aggies' 20-point lead in much to overcome as the Isbell and Jade Bradley – with a 66-54 loss.

for a 5:30 p.m. contest.

The Golden Eagles 2-for-3 at the line. had three players score Mackenzie Coleman and Anna Jones each with 13 points, while Jada Guinn had 12 points. Jones had seven of her points at the free-throw line as contest.

time at the charity stripe the game, going 2-foras the Golden Eagles drew 24 fouls and went Megan Clark and Maa-18-for-30 at the line. In liva Owens knocking addition to Jones' seven down the two successful points, Guinn was 6-for-8 on free throws.

Tech in assists as well.

tutes. Deja Terrell played the line.

18:36 in relief and went on to become NMSU's top scorer in the game, tabbing in 11 points as she was 4-for-6 from the field and 3-for-3 at the free-throw line.

A trio of Aggie startthe third quarter was too ers-Bigue Sarr, Melanie Golden Eagles close out had nine points. Sarr was the San Juan Shootout 3-for-5 from the field and 3-for-4 from the line, Tech (2-4) return to while Isbell was 3-for-5, action on Wednesday as hitting all three of her the Golden Eagles head 3-point tries and had a to Knoxville to take on team-best four assists. the Tennessee Lady Vols Bradley was 3-for-7, 1-for-1 from three and

After trailing by three in double-figures, led by at the end of the first quarter, the Aggies outscored Tech 13-7 in the second to take a 26-17 advantage at the half. The Golden Eagles went 3-for-14 during the 10she went 7-for-12 after minute span, including drawing 10 fouls in the 0-for-6 from 3-point range. It was a recur-Tech spent a lot of ring theme for Tech in 16 from long range with shots in the game.

The Golden Eagles Guinn and Coleman fared better in the third each had a team-best quarter, bolstered by seven rebounds, while a 7-for-14 effort at the Coleman and Jones led free-throw line as Tech shot 3-for-10. However, New Mexico State the Aggies extended (3-2) emptied the bench, their advantage using getting 14 players in ac- a 10-0 run, outscoring tion in the contest as the Tech 24-13 as NMSU Aggies scored 31 of their was 8-for-14 from the 66 points from the substi- field and 6-for-9 from



# Team Hunter Karate



**Karate Championships** - The grandfather-and-grandson tandem of Mike Baker (left) and Michael Baker (right) were successful at the 47th Tri-State karate championships in Dalton, Ga. on Nov.6. Mike Baker won 1st place for sparring in the adult men green belt division, while Michael Baker finished in 3rd place for sparring and 2nd in forms in the 16 yr blue belt division.



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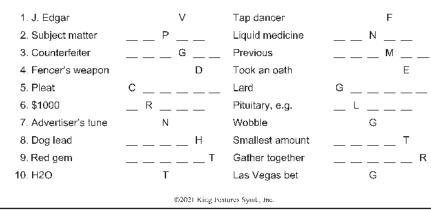
by BUD BLAKE

I'LL SHOW YOU HOW WRONG YOU ARE

IN TH'

# Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.



### See this week's Weekly SUDOKU answers in next week's edition of by Linda Thistle the Sentinel 2 7 9 1 5 3 7 2 6 7 8 3 7 6 4 5 8 4 6 5 4 8 2 3 4 8 4 6

# HOROSCOP ARIES

\_eisure

Mar 21/Apr 20

Aries, when life gives you lemons, you should make lemonade. Take that to heart and try to see the silver lining when an obstacle gets in your way.

# **TAURUS** Apr 21/May 21

It's one thing to stand by your views, Taurus. It's another to stubbornly refuse to listen to others when they make good points. Be open-minded this week. GEMINI

# May 22/Jun 21

You may be juggling too to manage your time, reach out to a friend or colleague for help. They're ready and willing.

# CANCER

Jun 22/Jul 22 been a person of few words, and others may be wondering what is going on. Confide in someone close to a measured approach. vou if the need arises.

# LEO Jul 23/Aug 23

an adventure, look to those around you for inspiration. Maybe you'll overhear a the people whose company coworker talking about a you most enjoy. dream getaway.

### VIRGO Aug 24/Sept 22

to rethink a decision you made a while ago when an unexpected hiccup occurs. Reevaluate your decisionmaking process.

# LIBRA Sept 23/Oct 23

Good times are ahead, much at one time, Gemini. Libra. Focus on the fun that If you're finding it difficult is coming your way and make an effort to include more good times in the weeks ahead.

# **SCORPIO** Oct 24/Nov 22

Scorpio, a situation at Cancer, lately you have work will require the utmost patience and perseverance. The outcome will be in your favor if you take **SAGITTARIUS** 

Nov 23/Dec 21

You could use a night Leo, if you are up for out with friends, Sagittarius. Make a concerted effort to get together and invite

# CAPRICORN Dec 22/Jan 20

Capricorn, you may Virgo, you may start have to reexamine your priorities. Don't let something pull you in one direction when a friend or family member may need you more.

# **AQUARIUS** Jan 21/Feb 18

Aquarius, you're not much of a fan of waiting games, but you will have to stick things out a little longer until your plan can come to fruition. Patience will pay off.

# PISCES Feb 19/Mar 20

overzealous Avoid spending in the weeks ahead, Pisces. Find ways to be generous with your time rather than with your wallet.

ACROSS Creche trio The whole enchilada 5 8 Outlet letters 12 Teensy bit 13 Irish actor Stephen 14 Vivacity, in music 15 At the summit of 16 Her bed was too soft 18 Jungle trek 20 Make happy 21 Swindles 23 Workout site 24 Spaghetti topper 28 Whirled 31 Hosp. area 32 Small stream 34 "As I see it," to a texter 35 Lavish affection (on) 37 Lunar light 39 Family card game 41 Greek letters 42 Regard highly 45 Morals 49 Legume used in Asian cuisine

51 Acknowledge

1

2

3

4

5

10 12 13 14 15 16 18 20 19 25 26 28 29 30 31 32 33 35 36 37 38 40 42 43 44 46 47 48 45 49 50 51 52 53 54 55 56 57 9 Slapstick missile 56 Shrill bark 10 "Buenos --!" 57 "Hey!" **DOWN** 11 Apple center 17 H.S. math "Serpico" author 19 Eldest Stark child on Peter "-- girl!" "Game of Thrones" Blunder 22 Sailing vessel Influence 24 Central How lovers may 25 Green prefix 26 Fall-related stroll







# **UT Launches Farm-to-Table** Cattle Report **Beef Program**

High-quality, locally model across the state beef-producing counties. Knoxville campus.

Produced at UT's Northeast Tennessee AgResearch and Greeneville, and being prepared and served through an agreement managed by Aramark, the farm-to-table effort supports sustainable agricultural production by utilizing locally grown beef as a reliable food supply chain resiliency.

another way we bring to a variety of livestock David White, a food life the mission of a land- operations across the scientist and associate grant university," says state while minimizing dean of UT AgResearch, UT Knoxville Chancellor environmental impact. Donde Plowman. "Beef production is a huge serve producers and part of our agriculture industry in this state and across the nation, and this new program is providing the same ability to grow working out the business sustainable solutions that will benefit our students of supporting a complete Aramark and with the as well as people and communities across Tennessee."

sourced 'UT Beef' is and for other institutions Approximately 70,000 interim senior now being served on the to adopt and provide cattle roam its hills and chancellor and senior University of Tennessee alternatives for locally valleys. high-quality, sourced, humanely protein products," says McKinney to join UT Justin McKinney, director AgResearch two years Education Center in of the UT Northeast ago after a national Tennessee AgResearch search and charged him

and Education Center. The beef cattle in beef with UT Dining Services this program are raised operation to handle a primarily on a pasture- small finishing number forage consisting of cool- center's direct marketing season perennials-tall capability. The program fescue and orchardgrass— also had to support interseeded with red UTIA's ongoing and source while maximizing and white clover. The future research projects in sustainable, "This partnership is grazing system can support and veterinary medicine.

consumers Appalachia as well as production focused on those in other regions with their own forages capable details in partnership with McKinney. The Northeast administrators, UT Beef Tennessee AgResearch hamburgers, casseroles "I hope that this UT and Education Center sits and other tasty dishes are Institute of Agriculture in Greene County, which now being prepared and pilot program will be a is among the state's top served across campus.

Hongwei Xin, dean of produced UT AgResearch, asked with developing a robust backgrounding based system utilizing of steers to maximize the also a Ph.D. candidate in intense plant and animal sciences challenged McKinney "This model should to go a step further and design a system as a model across for sustainable protein local sales. After months of livestock enterprise," says support of UT Knoxville

Linda C. Martin, vice vice president of the UT Institute of Agriculture says, "It is exciting to see the meaningful and impactful work at our AgResearch centers practically applied in the form of sustainably produced nutrition for our students and others."

McKinney, who is the Department of Plant Sciences, is pleased to help UT lead the charge for locally sustainable beef. "I desire to develop programs that support long-term solutions to complex challenges facing agriculture throughout the southeastern U.S. As a UT student and employee, I have a vested interest in the success of current and future programs that address sustainability for Tennessee agriculture."

Through its landgrant mission of research, teaching and extension, University the of Tennessee Institute of Agriculture touches lives and provides Real. Life. Solutions. utia.tennessee. edu.

Smith County Commission				
Livestock Weighted Average Report for				
11/19/2021 - Final AUCTION				
This Week	Last Reported	Last Year		
	11/19/2021			
Total Receipts: 526	643	1,011		

Feeder Cattle: 398 (74.3%) 478(78.8%) 793(79.5.7%) Slaughter Cattle:103(14.6%) 94(13.6%) 151(12.2%) Replacement Cattle: 25(11.0%) 71(6.6%) 67(8.4%)

Compared to last week, Feeder Steers/Bulls 2.00-5.00 higher; Feeder Heifers 4.00-10.00 higher; Slaughter Cows steady to 2.00 higher; Slaughter Bulls mostly steady. Supply included: 76% Feeder Cattle (20%

Steers, 43% Heifers, 37% Bulls); 20% Slaughter Cattle (83% Cows, 17% Bulls); 5% Replacement Cattle (100% Bred Cows). Feeder cattle supply over 600 lbs

was 32%.

ST	EE	RS	- Medium	ı an	d Lai	rge	1-2	2 (Per	Cwt /	Actual	Wt)
	1	** * *	D		** * *	D		D		<b>D</b> '	

Head	wt Range	Avg W1	t Price Range	Avg Price
1	235	235	165.00	165.00
7	300	300	150-159.00	156.46
9	420-445	423	146-154.00	146.94
1	475	475	146.00	146.00
26	500-525	519	145-155.00	152.18
38	570-598	587	136-143.00	140.86
4	649	649	133.00	133.00
45	660-698	671	135-142.25	140.47
13	720-736	729	129-140.00	134.02
6	770-785	778	131-137.00	133.97
1	820	820	120.00	120.00
3	840	840	128.00	128.00
4	856	856	128.00	128.00

STEERS - Medium and Large 2-3 (Per Cwt / Actual Wt)						
Head	Wt Range	A vg Wt	Price Range	Avg Price		
1	420	420	133.00	133.00		
2	635	635	$121_{-}124.00$	122 50		

# **Tennessee Farm Bureau's President Recognized**

Agriculture Award.

president in the Tennesits insurance arm, the currently organization serves more than 680,000 members. Along with his two brothers, Aiken and his wife, Carol, manage more than 900 acres where they raise tobacco, beef cattle and hay. Aiken first became involved with Farm Bureau through the Young Farmer and Rancher's organization. He served as the YF&R state chair in 1992, and in 1993 he and Carol were named the Tennessee Young Farmers of the Year. He is also the first state YF&R chairman to go on to serve as the Farm Bureau state president.

The Tennessee Chap- ing on the state Board of ible honor, including the Sunday School Superinter of Gamma Sigma Del- Directors in 1998 when wonderful staff at TFBF. ta, the International Hon- he was elected a director- Agriculture is our most or Society of Agriculture, at-large by the Farm Bu- important industry, and has honored Tennessee reau's county leadership we have to keep sharing Farm Bureau President statewide. He continued our story to ensure a sus-Jeff Aiken with its 2021 to serve in that posi-tainable future." Distinguished Service to tion until 2013 when he A lifelong resident of the organization's vice dean for agricultural and Telford, Tennessee, in president. During his community

Rob Holland, UT Exwas elected to serve as tension interim assistant Washington County, Ai- tenure on the state board development programs Aaron Smith, associate ken is a third-generation he headed-up numerous and director of the Cen- professor of agricultural farmer and the eighth committees including ter for Profitable Agri- and resource economics chairing the State Reso- culture, nominated Aiken with UTIA, is serving as see Farm Bureau Federa- lution's Committee from for the award. "There is the chapter's president. tion's history. Including 2013-2015. He served on no argument that Jeff Annette Wszelaki, UTIA the Washington County Aiken has provided dis-Farm Bureau board from tinguished service to ag-1982 until 2015 and dur- riculture," says Holland. "He is certainly worthy 2008 he served as county of the utmost recognition and appreciation for the Aiken currently serves countless ways he conand a mentor." Earlier in the year, Ai-Washington County. The Aikens are memthe best people all our bers of Oakland Cumberlives. Many of them de- land Presbyterian Church winners is available at serve to share this incred- where he has served as

tendent, teacher, deacon and elder.

Headquartered at the UT Institute of Agriculture, the Tennessee Chapter of Gamma Sigma Delta recognizes leaders of Tennessee agriculture and exceptional students economic and faculty. This year professor of plant sciences, served as chair of the awards committee. Founded in 1913, Gamma Sigma Delta is the oldest and largest honor society emphasizing scholarship and achievement in agriculture and natural resources. A virtual celebration for all 2021 award winners and student initiates was held online on November 19. Anni Self, plant certification administrator and state plant regulatory official with the Tennessee Department of Agriculture received the organization's Alumni Award. A complete list of award utianews.tennessee.edu.

HEIFF	ERS - Mediur	n and Lar	ge 1-2 (Per Cwi	t / Actual Wt)
Uand	Wt Dongo	Ave W/t	Drice Denge	Ava Drigo

Head	Wt Range	Avg W	t Price Range	Avg Price
1	245	245	133.00	133.00
7	314	314	141.00	141.00
23	350-376	369	125-137.00	135.13
70	450-493	466	128-140.00	134.42
4	454	454	141.00	141.00
53	524-532	527	125-133.00	129.83
80	559-592	583	126.50-133.00	128.93
13	624-633	627	120-129.00	126.20
10	615	615	131.00	131.00
35	650-686	666	115-127.00	125.02
4	730-740	733	115.00	115.00
7	716	716	124.00	124.00
1	760	760	115.00	115.00
12	795	795	122.50	122.50
•	0.60	0.00	10500	10500

105.00

105.00

Aiken first began serv-

ing the period from 1995president.

on the Board of Directors tributed to and supported of the American Farm the agriculture industry in Bureau, the Tennessee our state and throughout FFA Foundation, First the U.S. I'm glad to call Farmers and Merchants him friend, a colleague, Bank, and the Maury County Chamber and Economic Alliance. "I ken announced he will not am truly honored by this seek re-election as presirecognition from Gam- dent for a fourth term. He ma Sigma Delta," Aiken is excited to be returning said. "Carol and I have to his farm full time in been blessed to work in the best industry and with

HEIFERS - Medium and Large 2-3 (Per Cwt / Actual Wt)							
Head			Price Range	· · · ·			
3	605-610	0	0	0			
BULI	LS - Medium	and Larg	ge 1-2 (Per Cwt	: / Actual Wt)			
Head	Wt Range	Avg Wt	Price Range	Avg Price			
17	375-378	376	145-156.00	153.40			
36	458-473	461	140-149.00	146.95			
42	513-525	524	134-146.50	145.92			
28	576-590	579	129-137.00	135.25			
28	655-665	663	127-130.50	129.88			
23	753-764	763	106-112.00	111.23			
	863	863	91.00	91.00			
6							

### BULLS - Medium and Large 2-3 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
8	443	443	133.00	133.00
2	470	470	125.00	125.00
7	500-510	501	120.00	120.00
10	561-563	561	113-114.00	113.80
6	650-680	660	108-113.00	111.28



President Honored - Jeff Aiken and his wife Carol stand in a field on their farm in Telford, Tennessee. Image courtesy Tennesse Farm Bureau Federation.

### **SLAUGHTER CATTLE**

COWS - Breaker 75-80% (Per Cwt / Actual Wt) Head Wt Range Avg Wt Price Range Avg Price Dressing 1185-1680 1404 64.00-75.00 69.94 Average 21 1305 77.00 1 1305 77.00 High

### COWS - Boner 80-85% (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price	Dressing
39	940-1400	1145	62.00-73.00	66.94	Average
2	1270-1285	1278	76.00-79.00	77.49	High
1	1305	1305	61.00	61.00	Low

### COWS - Lean 85-90% (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price	Dressing
35	825-1335	1035	54.00-65.00	59.54	Average
4	865-1085	1000	67.00-69.00	68.25	High
4	790-1015	901	50.00-53.00	51.45	Low

### Please Note:

The above USDA LPGMN price report is reflective of the majority of classes and grades of livestock offered for sale. There may be instances

where some sales do not fit within reporting guidelines and therefore will not be included in the report. Prices are reported on an FOB basis, unless otherwise noted.





### **Narcotics Anonymous** Meetings

Every Friday beginning at 7 p.m.; every Sunday at 5 p.m.; secondTuesdayofevery information call (931) 303-2132.

# **Relative Caregiver Program Support Group Meeting**

Are you raising a relative child or need Myra Walker at 931-432housing assistance? 4111. For more information

assistance on and support, please contact Melissa Allison at the Upper Development toll-free at 1-877-275- are held at the Stephens Baptist Church, 2404 St. All dances are family in our armed forces to month at 7 p.m. All held 8233. A support group Center, located at 616 Hwy 70 East, Cookeville friendly and open to the come and have coffee, at the Overton County meeting will be held for North Library. The program relatives that are caring Livingston. Certificates speaker, but there will necessary. Concessions the comradeship. is not sponsored by for relative children will be awarded to the library. For more during this month. Please parents attending eight your home and recycle contact Melissa Allison sessions within the series. at (931) 476-4127 if you There is no charge for are interested in attending PCC sessions. December this meeting. For housing 1: "Coping With Stress" assistance, while caring For more information, for minor child contact call 823-6432.

The Stephens

### **Center Parent-Child** Connection

Fall Cumberland II: Wednesdays 1 p.m. Church

# **Parkinson's Support** Group

The

Parkinson's be a gift exchange. Shop are available. something you already **American Legion** Dance

group meeting will be a from 7 p.m. until 10 p.m. St., Livingston. We are 2021, Series Christmas brunch. We at the American Legion inviting the public and will meet December 7 Post in Livingston those who have served or District until 2:30 p.m. Sessions at 10:00 at Caney Fork located at 121 S. Church who are currently serving St., TN. There won't be a public, membership not conversation, and enjoy

### **Coffee With A Veteran**

have. Call Peggy Nesmith American Legion Post Auxiliary will hold their (932)854-5799 to RSVP. 4 and Auxiliary Unit 4 monthly meetings on along will be hosting Tuesday, December 7th at "Coffee with a Veteran" The Slick Nickel band on Saturday December at 121 S. Church St. The is returning to Livingston 4th from 8 a.m. until 11 Auxiliary meets at 5:30pm for a fun-filled evening a.m. at American Legion and the Legion meeting December of dancing and country Post 4 headquarters begins at 6:00pm.

support music on Friday Dec. 3 located at 121 S. Church

# **Monthly Meeting**

The Livingston Livingston's American Legion and post headquarters located



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Highland Mary China head doll

1940's Tenn license plates Half tables Ashtravs Vintage seashells display French Provençal night stands Fire kina 1940's Bedroom Suite Blonde Waterfall Bedroom suite Art Deco China cabinet Mahogany Desk 1940's Dinning Room Suite Roseville McCoy Cookie Jars Linens & Tablecloths Vintage Typewriters White Ironstone Liberty Blue Dishes Glass Showcase Chenille bedspreads **Collectible Pixies** Many glass figurines Hall Teapots Packard motor car Thermometer Vintage slips and shoes Collection of vintage Trolls Black Americana Nodder Snow White and 7 dwarfs metal ironing board Christmas collection Pocket Knives Some war medals More to be added as we are still unpacking More Treasures !!!



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# **PUBLIC NOTICE OF CONTRACT COMPLETION**

**Owner:** Tennessee Board of Regents **Contractor:** W&O Construction Engineer: Johnson Johnson Crabtree Architects PC Project: 58055 2017 CDBG, TBR Workforce Development

The Tennessee Board of Regents hereby gives notice to the public of the apparent completion of the project listed above. All persons, suppliers, laborers, and any other parties with claims against the contractor related to the recently completed project should notify the Office of the Upper Cumberland Development District in writing at valexander@ucdd.org within 10 days of this publication, after which time the project will be closed out subject to any documented claims.

> Virginia Alexander **Community Development Planner**, **Grant Administrator Upper Cumberland Development District**



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