

KIRKSVILLE Daily Express

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WEDNESDAY

MAY 14, 2025 | \$2



Kirksville Mayor Zac Burden giving a tour in 2023.

Kirksville historic site tour scheduled for May 27

By City of Kirksville

The city of Kirksville invites you to celebrate Historic Preservation Month with a historic site tour at 5:30 p.m. on May 27. Mayor Zac Burden will lead this tour of seven properties proposed to become local historic landmarks, providing historical information on each building. The tour will

start in front of Pagliai's Pizza, 101 W. Washington Street. City officials encourage residents to park downtown because five sites are walkable from there, while two of them, the former Willard School and Rieger Armory, will need to be driven to. Come out for a great evening in Kirksville and learn more about our city's fascinating history.

Registration open for Show-Me Neighborhood Art Week

By University of Missouri Extension

SPRINGFIELD — From June 1 to June 15, Missouri neighborhoods will once again become outdoor art galleries celebrating local talent, civic pride and neighborly connections.

"After a wildly successful debut last year, Show-Me Neighborhood Art Week is back and bigger than ever," said David Burton, University of Missouri Extension community development specialist. Burton urges residents across the state to register their projects now at <http://muext.us/SMNAW2025>.

Organized by MU Extension, Show-Me Neighborhood Art Week invites neighbors to create and display art outside their homes, businesses, community centers and shared spaces. Art projects can include anything from sidewalk chalk murals and yarn-bombed fences to handcrafted sculptures or front-lawn displays, Burton said.

The goal is to make creativity visible and bring neighbors together in fun, meaningful ways to increase their sense of belonging, he said.

Last year's launch drew 73 registered sites, with projects ranging from murals and recycled art to community installations and kid-made masterpieces. More than 1,100 people voted online for the People's Choice Award, and 75% of

participants reported feeling more connected to their neighborhood because of the event.

"This event is proof that art can transform more than just walls; it can transform relationships," Burton said. "When neighbors create together, they get to know each other better, take pride in their community and form bonds that last long after the paint dries."

Participants can register individually or as teams and will be eligible for awards and recognition in categories such as "Best in Show" and "People's Choice" along with winners in each of the seven MU Extension regions.

Organizers encourage projects that use recycled materials, promote accessibility and celebrate the unique identity of Missouri's neighborhoods.

Last year's award-winning projects included:

- A mural in Versailles City Park by students in Jennifer Avery's class at Morgan County R-II School District.

See **ART**, Page A5

42nd Annual Jim Baker/John McConnell Bass-N-Kids Fishing Tournament held

By Marty Bachman
Daily Express

Over 60 kids showed up for the 42nd annual Jim Baker-John McConnell Bass n' Kids Fishing Tournament held last Saturday, May 10 at Thousand Hills State Park.

"We've been doing this for a long time and taught a lot of kids to fish," said tournament director, John McConnell. "I met some people out here, some adults that have their kids here fishing — so it's gone into the second generation."

The adult bass tournament started before the kids tournament, which began with a clinic, then fishing until noon. The event featured, trophies, door prizes, free hot dogs and soda for kids up to age 15, brought in Partnership with 1000 Hills Bass Club, 1000 Hills State Park and the Missouri Department of Conservation.



Public input sought to shape future of downtown Kirksville

By City of Kirksville

Main Street Kirksville and the Kirksville Tourism Department are inviting community members to help shape the future of downtown by participating in a brief online survey. Residents, students, business owners and visitors are encouraged to share their ideas about what they would like to see in downtown Kirksville—from new businesses and events to improvements in public spaces and infrastructure.

"Downtown is the heart of our city, and we want it to reflect the needs and aspirations of the people who live and spend time here," said Laci Cook, executive director of Main Street Kirksville. "This survey is a chance



for everyone to have a voice in our downtown's future."

The survey takes only a few minutes to complete and is open through June 6. The results will be used to guide planning efforts and inform future developments in the downtown area.

Visit bit.ly/MSksurvey to participate in the survey.

Let your voice be heard—help create a thriving downtown Kirksville.

Main Street Kirksville is a nonprofit organization dedicated to strengthening the center of the Kirksville community, promoting Downtown Kirksville as an exciting place to shop, dine, live and be entertained.

Northeast Regional Medical Center holds 2025 Resident Graduation

By Northeast Regional Medical Center

On April 24, Northeast Regional Medical Center held a graduation ceremony for the Resident Class of 2025. Nine residents from three medical education programs were recognized.

Several residents and faculty were also recognized at the graduation ceremony. Among those, Dr. Kade Kin-

ney, Family Medicine, and Dr. Stephen Doyle, Family Medicine, were both honored with the Resident of the Year Award. Dr. Kinney plans to remain in Kirksville to practice. Dr. Ming-Tse Kao and Dr. Meadow Will, Osteopathic Neuromusculoskeletal Medicine Residency graduates, also plan to remain in Kirksville to practice.

See **GRADUATION**, Page A5



Pictured left to right, front row: Katherine Holbrook, D.O., Associate Program Director; Dr. Kent Blanke, Director of Medical Education; Dr. Kade Kinney, Family Medicine Residency Graduate; Dr. Ming-Tse Kao, Osteopathic Neuromusculoskeletal Medicine Residency Graduate; Dr. Tristan Glenn, Osteopathic Neuromusculoskeletal Medicine Residency Graduate. Second row: Dr. Stephen Doyel, Family Medicine Residency Graduate; Dr. Jordan Lane, Dermatology Residency Graduate; Dr. Westley Carter, Dermatology Residency Graduate; Dr. Noor Yassine, Family Medicine Residency Graduate; Dr. Melissa Mann, Internal Medicine Residency Faculty; Dr. Emily Gibson, Osteopathic Neuromusculoskeletal Medicine Residency Graduate; Dr. Karen Snider, Osteopathic Neuromusculoskeletal Medicine Residency program faculty; Dr. Meadow Will, Osteopathic Neuromusculoskeletal Medicine Residency Graduate.

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OBITUARIES INSIDE

Maurine Pickens (Cochran) Crawford, 98

KIRKSVILLE AREA CALENDAR OF EVENTS

NEMO Nexus

NEMO Nexus (formerly Grounds for Discussion), will be held on May 14 at 8:30 a.m. at the Economic Alliance Building, 315 S. Franklin Street, in Kirksville. The May Speaker will be Chris Winter, VR Business Services. Join them on the second Wednesday of every month. All member of the community are invited to participate.

Kirksville Watershed Management Commission meeting

The city of Kirksville's Watershed Management Commission will hold a meeting at 5:30 p.m. on Thursday, May 15, in the Conference Room at EDA Building, 315 S. Franklin Street.

Kirksville Friends of Forest-Llewellyn Cemetery Committee meeting

Kirksville's Friends of Forest-Llewellyn Cemetery Committee will hold a meeting at 4 p.m. on Thursday, May 15, in Council Chambers at City Hall, 201 S. Franklin Street.

Thousand Hills State Park Endangered Species Day

Thousand Hills State Park Endangered Species Day will be held on Friday, May 16 at 7 p.m. In honor of Endangered Species Day, join park staff to learn about the Plains Spotted Skunk, White Ash Tree, and Indiana Bat

which are some of Missouri's endangered species. Learn about each and how we can help them and other species. Meet at the Campground 1 Amphitheater.

Powderpuff girls flag football game to benefit Kirksville Humane Society

The Kirksville High School Student Council will host powderpuff girls flag football game to benefit Kirksville Humane Society on May 16 at 7 p.m. at Spainhower Field. There will be six different clubs hosting various concessions, a raffle with over 25 prizes from local Kirksville businesses (all money goes directly to the Humane Society), and a halftime performances from the KHS color guard and dance team along with Jazz Band playing at the event. There are four different teams of 7-11 KHS girls that will play flag football games in a tournament style.

Thousand Hills State Park for Kids to Parks Day

Come out to Thousand Hills State Park for Kids to Parks Day, Saturday, May 17, 11 a.m. Join them to celebrate Kids to Parks Day with a variety of tabletop activities for kids and kids at heart. They will set up between the playground on Big Loop Road and the Oak Trail. Kids to Parks Day is a national day of outdoor play celebrated annually on the third Saturday of May. The day connects kids and families with

the outdoors through events that promote discovery and exploration in the great outdoors. All programs are weather permitting.

Kirksville Community Horse Center's free open barn event

A free open barn event will be held on May 17 from 11 a.m to 6 p.m. at 25161 Laurel Lane, KCHC (Kirksville Community Horse Center). It's the biggest event of the year—and it's free! Join them as they say "Thank You!" to the community with a full day of fun, games and majestic horses (plus unicorns!) Enjoy live demos from their talented students; Interactions with eight stunning horse breeds; Free Icees, cotton candy and T-shirts (while supplies last). All-day activities and surprises. Special guests: The Kirksville Circus! Catch their first-ever public performance, featuring Regina Armenta on stilts and aerials, and Courtney Eisenbeisz with her horse, Calypso. Follow the Kirksville Circus on Facebook. Come celebrate, explore, and stay for a full day of family-friendly fun! Full schedule coming soon at: KirksvilleCommunityHorseCenter.com.

Household hazardous waste drop-off happening May 17 for Kirksville residents

Household hazardous waste (HHW) drop-off for Kirksville city residents will be Saturday, May 17, between 8 a.m.

and noon at the Public Works Complex, located at 2001 N. Osteopathy Street. Citizens must call public works to schedule an appointment. Citizens will not be allowed to drop off waste without an appointment. Appointments are limited and no additional appointments will be made once the schedule is full. To make an appointment, contact the public works department at 660-627-1291.

ATSU Graduation

ATSU Graduation will be held on May 17 at Truman State's Baldwin Hall Auditorium at 10 a.m.

Kirksville High School graduation

Kirksville High School graduation will be held on May 18, at 2 p.m. at Spainhower Field.

Abstract Citizen performance at Sue Ross Arts Center

Abstract Citizen, a jazz quartet from Miami will be performing at the Sue Ross Arts Center on Sunday, May 18. The concert is free to the public and no reservations or tickets are required. Q&A begins at 4 p.m. and performance begins at 5 p.m.

Lemon Landscaping Ribbon Cutting

The Kirksville Area Chamber of Commerce will hold a ribbon-cutting ceremony for Lemon Landscaping on May 22 at 4 p.m. at 801 N. Green Street in Kirksville.

BIRTH ANNOUNCEMENTS

Charles LaVern Edward Dufur

By Scotland County Hospital

Baby boy Charles LaVern Edward Dufur was born at Scotland County Hospital in Memphis on April 15, 2025 at 4:49 a.m. He was 7 lbs., 2.4 oz. and 20.5 inches long. His parents are Preston and Karley Dufur of Glenwood. He has one sibling, Kolbi Jo. His grandparents are David and Marla Dufur of Queen City; Karla Weilbrenner of Ankeny, Iowa;



Terry and Jean Dufur of Queen City; LaVern and Verna Mae Weilbrenner of Bloomfield, Iowa.

Ravenna Iris Williams

By Scotland County Hospital

Baby girl Ravenna Iris Williams was born at Scotland County Hospital in Memphis on April 28, 2025 at 8:13 a.m. She was 6 lbs., 9 oz. and 18.25 inches long. Her parents are Matt and Ashley Williams of Lancaster. Siblings include Anthony, Ivory and Magnus. Grandparents are Darrell and Tracy Williams of Nevada, Mo. and Gary



and Glenda Lankford of Kirksville.

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OBITUARIES

Maurine Pickens (Cochran) Crawford
Dec 19, 1926 – May 2, 2025

Maurine Pickens (Cochran) Crawford, 98, died Friday, May 2, 2025 at The Arbors Assisted Living Facility in Kirksville, Missouri. She was born December 19, 1926 on the family farm north of Sperry, Missouri, the daughter of Maurice L and Beulah (Maltby) Pickens. On January 8, 1949 in Hiawatha, Kansas she married Jamie Allen Cochran, who died July 16, 1980. On October 20, 1984 in Kirksville, Maurine married Donald H. “Jack” Crawford, who died July 30, 2022.



In addition to her husbands, Maurine was preceded in death by her parents, a sister, Faye Farmer, a brother, Frank Pickens, a step-daughter, Mary Ann McAbery, and a step-son-in-law, John Butterfield.

She is survived by four sons, Steve (Sharon) Cochran of Litchfield Park, AZ, Richard (Cathy) Cochran of Easley, SC, Joe (Linda) Cochran of Burlington, IA and Pat (Kris) Cochran of Kirksville; two step-daughters, Julia Butterfield of San Pablo, CA and Denise (Joe) Bannon of Goodyear, AZ and a step-son, Donald (Sunny) Mowzoon of Chandler, AZ. She was also “Grandma Maurine” to 14 grandchildren and 17 great grandchildren.

Maurine enjoyed a full life to the end. In addition to raising her four sons with Jamie, she worked at various times as a one-room country school teacher, dental assistant and aid to the principal at LaPlata RII Schools and partnered with Jamie in owning and operating LaPlata Equipment Company. After Jamie died she worked as a real estate salesperson for Crossroads Realty and Century 21 Whitney Agency until her retirement. She and Jack traveled extensively during their 37 years together, including many driving trips around the United States to Navy reunions, snow skiing resorts and to visit family. They also visited family in Europe. Maurine was a member of ATALPAL II Club, the Country Cousins square dancers, the Sweet Adelines singers and several bridge clubs. She hosted many Pickens Family reunions over the years, as well as other social gatherings.

Final arrangements are under the direction of Travis Funeral Chapel in LaPlata, MO. Per Maurine’s wishes, she has been cremated and will be interred in the LaPlata Cemetery. A celebration of her life will be scheduled at a later date. The family requests in lieu of flowers that contributions be made to The Friends of LaPlata Preservation and Hospice of Northeast Missouri.

Former Macon County deputy arrested in connection to domestic assault investigation

By Missouri State Highway Patrol

The Missouri State Highway Patrol’s Division of Drug and Crime Control (DDCC) announced the arrest of former Macon County Sheriff’s deputy Brody C. Lewis, 26, of Tina, on May 6, in connection with a domestic assault investigation conducted by the Troop B Criminal Investigative Unit.

On May 6, allegations of domestic assault against Lewis were reported to the Macon County Sheriff’s Office, who, subsequently requested DDCC investigate the allegations. Investigators with the highway patrol learned that a woman had reported that she was assaulted by Lewis. After further investigation, DDCC investigators arrested Lewis.

The Macon County Prosecuting Attorney charged Lewis with three

counts of domestic assault and one felony count of unlawful use of a weapon on May 7. He was transported to the Randolph County Jail and is being held without bond.

The above charges are mere accusations and are not evidence of guilt. Evidence in support of these charges must be presented before a court of competent jurisdiction whose duty is to determine guilt or innocence.

May 17-23 Is National Safe Boating Week

By Missouri State Highway Patrol



Col. Michael A. Turner, superintendent of the Missouri State Highway Patrol, would like to stress the importance of safe boating and make the public aware of National Safe Boating Week, which takes place May 17-23. National Safe Boating Week is purposefully scheduled just prior to Memorial Day weekend, which many people consider the kickoff to the boating season.

Weather, time, and other elements may affect the readiness of your boat. Before taking that inaugural 2025 summer boat cruise, boaters are encouraged to make time for a thorough inspection of their boat. The patrol’s marine operations troopers make boating safety a priority and are available, at your request, to inspect the required equipment on your boat to make sure you’re in compliance with state law. To help facilitate these inspections, marine operations troopers will be at many state locations on Saturday, May 17.

In addition to an inspection, boaters should familiarize themselves with Missouri laws regarding boat operation and traditional navigational rules. Missouri law requires everyone born after Jan. 1, 1984, who operates a vessel on Missouri lakes to possess a National Association of Sate Boating Law Administrators (NASBLA) approved boating safety identification card. This includes those operating a personal watercraft. When boaters

understand and obey the law, and vessels are in good operating order, everyone’s experience becomes safer.

A drowning can occur quickly, with little or no sign the victim is struggling. Preliminary statistics indicate there were 35 drownings in Missouri in 2024. Each situation is unique and tragic, and many of these incidents are preventable. A life jacket may have saved these people’s lives.

When you’re boating, a life jacket for everyone on board is a must. Children under 7 years old are required to wear a personal flotation device while in a boat, but you are never too old to wear a life jacket. Although not required by law, children playing along the shoreline or on a dock should wear a life jacket. Life jackets save lives; please wear yours.

It is important for each boat operator to know the capabilities of their boat. Reducing your speed in unfamiliar areas and being aware of unusual water conditions depending on the size and type of boat you operate are just a couple of environmental considerations.

Extended time in the sun and the constant motion of the water affects every

vessel operator. It’s important to recognize the dangers of boater fatigue. Stay alert while enjoying Missouri’s lakes and rivers. Additionally, if you combine alcohol with boater fatigue, your reaction time and thought process will be much slower. Designate a sober captain if you choose to consume alcohol.

Additional safe boating tips:

- 1) Be a defensive boat operator ...creating distance from other boats gives you more reaction time.
- 2) Adjust your speed for the conditions ...if visibility is poor, or the water is rough, slow down!
- 3) Turn off the boat while passengers are entering/exiting the water.
- 4) If you will be out on the water after dark, check your navigation lights before you leave the dock or ramp.
- 5) Each boat operator is responsible for doing whatever they can to avoid a crash. Don’t expect other boats to move out of your way.
- 6) Be courteous with your wake.

Boaters are reminded to contact the Missouri State Highway Patrol by dialing *55 on a cellular phone if they need assistance or observe another boater operating a vessel in an unsafe manner.

Watercraft operators must consider the effect their actions have on others. Share the waterway and use common sense, good judgment, and courtesy to ensure the safety of all. Life jackets save lives; Wear them!

KIRKSVILLE AREA NEWS BRIEFS

Alice Allinson Quilt Exhibit

Quilter Alice Allinson will be held at the Sue Ross Arts Center from May 19 through June 27. A reception will be held n June 6 from 5:30-6:30 p.m. The exhibit can be viewed Monday through Friday from 11 a.m. to 4 p.m. and Saturday from 10 a.m. to 2 p.m. The Arts Center is located at 215 S. Franklin Street, in Kirksville. Visit www.kirksvillearts-scrac.org.

Curtain Call Theatre production of Neil Simon’s ‘Rumors’

The Curtain Call Theatre production of Neil Simon’s “Rumors” dates and times are: June 5-7 (Thursday to Saturday); June 12-14 (Thursday to Saturday). Curtain Call Theatre Building, 512 W. Elizabeth Street, Kirksville. Doors open at 6:30 p.m., all shows begin at 7 p.m. Tickets are \$15 and will be available at the HyVee service beginning Friday, May 23, or at the door.

Driver examination stations to close statewide for upcoming holidays

The Missouri State Highway Patrol would like to remind the public that driver examination stations throughout the state will be closed on the following dates: Monday, May 26, in observance of Memorial Day. Normal operations will resume on Tuesday, May 27.

Volunteers sought for 2025 Special Olympics Missouri State Summer Games in Kirksville

Kirksville will be the site of the 2025 Special Olympics Missouri State Summer Games, May 30 through June 1, and the Truman State University campus will host all the events. There are more than 300 volunteer opportuni-

ties available during the event, from help at the athletic competitions to many of the support efforts. In addition to assistance for swimming, track and field, and powerlifting, volunteers will be needed for the opening ceremony, the Healthy Athletes stations, move in, bingo, crafts, photography and more. Individuals and organizations can sign up for multiple volunteer opportunities as long as there is no time conflict between events. A complete list of volunteer needs can be found online at somo-volunteerhub.com/vv2/lp/state.

Kirksville Aquatic Center outdoor pool opening day

Kirksville Aquatic Center Opening Day will be Saturday, May 24 at the Kirksville Aquatic Center. Mark your calendars, grab your swimsuits, and get ready for a season of splashes, sunshine, and summer fun. For more information on pass prices and hours, visit: kirksvillecity.com/p/kac — and let the countdown to summer begin.

Kirksville Kiwanis Farmers’ Market

The Kirksville Kiwanis Farmers’ Market is open every Saturday morning from 7 a.m. until noon on the Elson Street side of the Kirksville Downtown Square, through October. The market is open to the public and the items available include fruits, vegetables, plants, baked products, eggs, meats, crafts, and much more.

MOSI (Missouri-Southern Iowa) Art Guild invites artists to monthly meeting

MOSI Art Guild encourages any artist, budding artist, and supporter of the arts to join them at their monthly

meetings. The MOSI (Missouri – Southern Iowa) Art Guild meets at 5:30 p.m. on the second Thursday of each month at the Adair County Annex Building in Kirksville. MOSI provides support, networking, exhibit opportunities, workshops and more. Members are encouraged to bring in their artwork. Also come see them at the Kirksville Downtown Art Walk on June 6, in front of Hidden Treasures. For more information visit facebook.com/mosi-artguild, www.mosiartguild.org or email us at info@mosiart-guild.org.

Paint The Ville registration now open

The popular Paint The Ville painting class series is back. Join painter and instructor Rachel Messer as she leads the day’s painting. Classes are held from 5:30-7:30 p.m. at the Kirksville Aquatic Center at 801 E. Mill Street. Painting schedule: June 17: Friendly Potted Cacti; July 23: Jolly Jellyfish. To register, visit the Kirksville Parks and Recreation Office at the Kirksville Aquatic Center, or online at Kirksville.gov/p/rec-login. All participants must pre-register, and class size is limited. Each class is \$20 and all paint supplies will be provided.

Novinger Area Yard Sales & Flea Market fundraiser held to benefit Novinger Renewal

By Novinger Renewal

The annual Novinger Area Yard Sales & Flea Market fundraiser was held on Saturday, April 26. Residents of Novinger and surrounding area (west of Kirksville, east of Green Castle, and along Highway 157) participated in selling yard sale items, funky junk, 2nd chance goods, antiques and collectibles, flea market items, crafts and commercial products. The annual event raises funds for Novinger Renewal and originally began as a yard and bake sale in the old Boring Barbershop in the former downtown area of Novinger nearly 40 years ago.



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ROBIN WRITES

Kite day

The end of the school year is almost here. In my hometown in the '60s, that meant one thing:

KITE DAY!!

Every kid in grade school felt the excitement flapping through the gusty winds of the playground as the day got closer.

And when Mr. Allen grumbled out the morning announcements over the intercoms each morning, we prayed he'd say it.

His voice held a smile wrapped in Principal gruffness. "Kite day is coming. The kite sticks are here. You can come to the office before school and buy them for ten cents each."

We jumped off the busses that afternoon and began begging. "Mom, I have to buy my sticks!" "Dad, it's time to make our kite!" "I need DIMES!"

Mom pried open the clunky clasp on her purse; Dad dug in the front pocket of his work pants. We gripped the dimes in our palms and dreamed of the tug we would feel when the wind carried our homemade kites to the sun.

The principal's secretary, Mrs. Burrows, met our onslaught the next day with a smile. She passed out the long, balsa, kite sticks to grubby fists offering sweaty dimes and gave us each a 'good luck' receipt for our purchase.

Most kids bought two sticks. But some bought more. We groaned in jealousy when we saw somebody with a fistful of kite sticks: they were gonna win the Kite Day contest for sure.

They were making a box kite. The Cadillac of kites. Only a few lucky kids made box kites, and we always had the same reaction to their entries:

"His DAD made that...that's no fair..." Somehow, it made us feel better.

We scurried home, sticks poking from bus windows and plans for the best kite ever scribbled on raggedly torn, lined notebook paper.

Nobody was ever absent from school on Kite Day. The kites came in cars and on buses. Hands cupped bundles of ripped-sheet tails and carefully-chosen kite string. We skulked through the hallways like shadows, guarding our kites against enemies and elbows.



ROBIN GARRISON LEACH
ROBIN WRITES

The teacher told us to prop our kites along the coat wall of our classroom. Bright blues and dragon eyes. Newspaper-print stark. Diamonds of all colors bowed outward, ready to catch the slightest breeze.

The box kites had a place apart. We jinxed them with slitte

ted eyes. After lunch, we streamed from every open doorway like ants. In minutes, the sun was blocked by what seemed to be hundreds of kites. Each carried with it the wonder of spring, the hope of a high flight, the wish for a winning ribbon.

Mr. Allen could even make the weather obey his command. The wind on Kite Day was perfect, the sun was as yellow as any crayon could ever color, and sweaters were unnecessary.

Faces tilted upward in determination and glee. We saw cloth tails flapping and whipping above us in a myriad of sheet remnants and shirt bits; a crazy quilt of laundry that carried pieces of our homes to the skies.

There were always problems; kites tangled together; kids clunked into one another as they ran. A kite or two would invariably refuse to lift off. Even the box kites, as fancy-schmancy as they were, had their share of difficulties. And some kids didn't have a kite.

But none of those things mattered. It was spring. And it was the best day of the school year.

As we shaded our eyes to spot that 'Highest Flying Kite' or 'Prettiest Kite' or 'Kite with the most Colorful Tail,' we saw all around us the wonder of being a kid. In grade school. On Kite Day.

On windy, spring days, when the sun filters through the dancing leaves on trees in my yard, I long for the tension of taut, kite string against my fist. Spring and KITE DAY—forever tethered in my memory.

HOME COUNTRY

Honorary diploma

Before we begin our regular commencement tonight," said combined elementary/high school principal Jim Albertson, "we have a special award to present. Will Windy Wilson please come up here on the stage with us?"

Windy looked up at the stage in the gymnasium and all he saw were black choir robes and smiles. He looked at his fellow spectators and all he saw were grins and people sitting down.

"Windy?" said Jim. Windy walked up to the stage and shook hands with the principal. "Put this on."

Windy draped a black robe around himself and put the mortarboard on his head.

Albertson pulled a piece of paper from his shirt pocket.

"Alphonse Wilson, it is the judgment of your community and friends that no one has ever worked harder for an honorary doctor's degree." He looked up at the stands. "Am I right on that?"

The young graduates clapped and hooted, and so did the audience. Windy looked at the floor and blushed right through his grey beard.

"We can't give you an honorary doctorate here because we don't have one. But your neighbors discovered that you only lacked one class to graduate from high school, and we can do something about that."

"Alphonse Wilson ... known to all as Windy ... this school ... these young graduates ... and all your friends and neighbors are proud to bestow upon you an honorary high school diploma."



SLIM RANDLES
HOME COUNTRY

Jim placed a ribbon with a medal hanging from it around Windy's neck and handed him a rolled-up certificate.

Not too many aging cowboy camp cooks and philosophers receive standing ovations, but then, there's nothing very ordinary about Windy Wilson and we all know that.

Brought to you by Saddle Up: A Cowboy's Guide to Writing, by Slim Randles, now available at Amazon.com. He does have an honorary high school diploma.

PUBLIC HEALTH CORNER

National Women's Health Week

By Kirstyn Dietle, MPH, CHES®
Health Educator
Adair County Health Department

Welcome to the Public Health Corner: National Women's Health Week

National Women's Health Week, observed annually beginning on Mother's Day, is a nationwide initiative led by the U.S. Department of Health and Human Services Office on Women's Health. It serves as a reminder for women to make their health a priority and take steps toward living longer, healthier lives.

Why Women's Health Matters

Women play vital roles in families, workplaces, and communities—but in caring for others, it's easy to overlook their own health. This week encourages women to check in with their physical and mental health, make preventive care a priority, and build healthy habits that support long-term wellness.

Whether it's scheduling a check-up, managing stress, getting more physical activity, or learning more about health conditions that disproportionately affect women, this is a time to take action.

Steps Toward Better Health

National Women's Health Week is a great time to:

- Schedule Preventive Screenings: Make time for well-women visits, mammograms, cervical cancer screenings, bone density tests, and other important checks.



- Eat a Balanced Diet: Nutrition plays a big role in maintaining energy levels, hormone balance, and chronic disease prevention.

- Stay Active: Physical activity strengthens the heart, boosts mood, and supports bone and joint health.

- Focus on Mental Health: Seek support, practice self-care, and talk to a provider if stress, anxiety, or depression arise.

- Understand Your Health Risks: Factors like age, family history, and lifestyle affect risk for conditions like heart disease, diabetes, and cancer.

National Women's Health Week is a valuable reminder that good health isn't one-size-fits-all. Each woman's needs are unique, and small, consistent changes can lead to meaningful improvements. Whether you're focusing on physical activity, emotional well-being, nutrition, or regular screenings, now is the perfect time to put your health first. Encourage the women in your life to prioritize their well-being this week and beyond—and don't forget to do the same for yourself.

THE ROCKWOOD FILES

Score one for the fidgeters

Can a Nervous Nellie burn her belly?

I used to be a fidgeter. I'd tap on things and bounce my leg so fast that Tom would sometimes reach over and put his hand on my knee as if to say, "Enough. That's driving me nuts." Fidgeters don't often realize that our small yet frenetic movements can make the table shake just enough to be annoying.

Over the years, I've calmed down the leg bouncing so I won't look like I just guzzled a gallon of energy drinks. But yesterday, I heard something that made me think maybe I was onto something with all that fidgeting, and I didn't even know it.

I was listening to a podcast by a neuroscientist named Andrew Huberman, Ph.D., who is also an associate professor of neurobiology at Stanford. He discussed how the nervous system can help accelerate the body's ability to burn fat. It's not a magic trick or anything. He acknowledges that the number of calories we eat versus how many we burn is an undeniable factor in how much we weigh. (Total buzzkill.) But it's also true that small movements — like leg bouncing, pacing, standing, taking the stairs, playing with the dog, and watering the plants — add up to a bigger calorie burn than you might expect. There are medical studies that prove it.

This type of fat-burning process is called NEAT, which stands for Non-Exercise Activity Thermogenesis. It's a mouthful, I know, but frankly, they had me at "non-exercise."

I wish I could tell you exactly how the body turns an individual fat cell into energy. I read the detailed explanation twice, but we'd probably need biology degrees to fully grasp it. So, I'll boil it down to the parts I understand: Movement, even muscle contractions as small as shivering, can help fatty acids break out of their cells like the Kool-Aid man busting through a wall. Once the acids are moving, hormones like adrenaline can help burn fat, which then leaves the body in urine or through exhaling carbon dioxide.

The podcast professor had plenty to say about shivering as a form of NEAT movement. He said some people mistakenly believe that plunging into ice-cold water will help burn fat. But that kind of shock to the system can potentially cause a heart attack. Instead, he said you can get cold enough to trigger a fat-burning shiver and keep it going for two to three minutes. Then, get out of the cold for about three minutes until you stop shivering. He suggested we could repeat the process about three times in a row, aiming for a shiver session twice a week. If it sounds unpleasant, that's because I'm sure it is.

Taking the stairs and bouncing my leg sounds easier, and I'm betting that no one has ever



GWEN ROCKWOOD
THE ROCKWOOD FILES

shivered herself skinny. But maybe next winter, when it's cold enough to be uncomfortable, I'll pace around our driveway without wearing a coat. Tom will likely see me and say, "It's freezing! What are you doing out here?"

And I'll say, "I'm mobilizing my fatty acids. It's science!"

Then he'll slowly shake his head, as he often does, and silently wonder what it would be like if his wife was not so weird. Guess he'll never know.

Experts agree that fidgeting and shivering can't counteract a chronic pizza habit. Still, it's great news that moving like a Nervous Nellie could help shrink my middle-aged belly. It's about time all this twitchy unease finally did me a favor. If only mental worries could burn fat like physical fidgeting does, I'd be only slightly thicker than a postcard. But we've got to take the wins where we find them.

I'm not willing to suffer like a wet kitten shivering in a sleet storm. But am I typing these words while bouncing my leg up and down like a hummingbird on cocaine? You can bet your fine fidgety behind on it.

Gwen Rockwood is a syndicated freelance columnist. Email her at gwenrockwood5@gmail.com. Her book is available on Amazon.

POETRY CORNER



Looking Back in Time

When I look back in time... at all of those years... and all of the different jobs I've had,

What products got built... how lives were improved... you know, it really wasn't bad.

It all started with furnaces... and solar collectors too... that's where my career got its start,

Air conditioners and heat pumps... a furnace providing hot water... those years are locked in my heart.

From there... industrial chillers came next...still conditioning air and that seemed good,

Those chillers we made... shipped all over the world... I saw big orders going to Fort Leonard Wood.

My focus then changed... to supporting our farmers... with mowers and rakes to put up hay,

Those big, round bales... all over the fields... this company paved the way.

My career wound down... and when it finally ended... I headed out the door,

It's kind of ironic... based on my final job... building storm doors for The Home Depot store.

— Daniel D. Donovan

Registration open for summer swim lessons

By Kirksville Parks and Recreation Department

The Kirksville Parks and Recreation Department announced its 2025 summer swim lesson schedule, offering a variety of group classes for swimmers of all ages and skill levels. Sessions are now open for registration, with multiple times and dates available to fit your family's schedule. Cost will be \$33 for members and \$66 for non-members. Scholarships are available to ensure all children have access to swim safety and water fun.

Afternoon Group Swim Lessons

Monday, Tuesday, Wednesday | Noon – 12:45 p.m.
Session 1: June 2 – June 11
Session 2: June 16 – June 25
Session 3: June 30 – July 9
Session 4: July 21 – July 30
Session 5: Aug. 4 – Aug. 13

Evening Group Swim Lessons

Tuesday and Thursday | 7:45 p.m.
Session 1: June 3 – June 19
Session 2: June 24 – July 10
Monday, Tuesday, Wednesday | 7 – 7:45 p.m.

Session 1: July 21 – July 30
Session 2: Aug. 4 – Aug. 13

Afternoon Water Exploration Classes

Designed for younger or first-time swimmers who are ages 3 and under, with a parent in the water. Each session includes six lessons (30 minutes each).
Monday and Wednesday | 11:30 a.m. – noon
Session 1: June 2 – June 18
Session 2: June 23 – July 9
Session 3: July 21 – August 6

Evening Water Exploration Classes

Tuesday and Thursday | 6-6:30 p.m.
Session 1: June 3 – June 19
Session 2: June 24 – July 10

Classes fill up quickly, so early registration is encouraged. Whether your child is just getting comfortable in the water or working toward more advanced skills, the Kirksville Aquatic Center's instructors are ready to help them dive in and succeed.

For more information or to register, visit kirksville.gov or contact Kirksville Parks and Recreation at 660-627-1485.

Department of Natural Resources awards \$115,000 loan to Atlanta to improve drinking water

City will plan and design drinking water system improvements

By Dept. of Natural Resources

JEFFERSON CITY – The Missouri Department of Natural Resources has awarded a \$115,000 interest-free loan to the city of Atlanta, for planning and design work related to its ongoing drinking water improvement project.

Provided through the department's Planning and Design Loan Program, the loan will supply vital interim financing to cover early engineering and administrative costs while the city works with the department to secure a larger funding package for their drinking water project. The city estimates the larger construction project to cost \$1.3 million and expects construction to start in 2025.

The early planning phase of a large project often represents a significant financial burden for cash-limited communities with water and wastewater needs. The department's goal is to provide a cost-effective alternative to expensive private financing that will allow Missouri communities to develop and deliver vital infrastructure projects for their citizens. These loans bear no interest and come with a five-year term. The department's assistance is estimated to save the city's ratepayers approximately \$21,000 in interest over the loan's five-year term.

"The financial assistance packages we offer can make all the difference in being able to provide safe drinking water to Missourians, support communities and ensure their infrastructure projects are successful and affordable," said Kurt Schaefer, director of the Department of Natural Resources.

The department's Drinking Water State Revolving Fund fi-

nances improvements to water treatment plants, distribution systems, water storage and supply facilities, and for interconnection or consolidation projects. Communities that borrow from the fund benefit from the below-market interest rate and from assistance a project manager provides throughout the project.

The department is committed to assisting Missouri communities with water and wastewater infrastructure improvement projects. Through its Financial Assistance Center, the department provides funding opportunities for qualified communities with water quality, wastewater and drinking water infrastructure needs. This project will be funded wholly or in part with monies received from the U.S. Environmental Protection Agency.

For more information on wastewater and drinking water funding opportunities, visit dnr.mo.gov/water/what-were-doing/state-revolving-fund-srf.

Kirksville Planning & Zoning Commission meeting

Staff Reports

Kirksville's Planning & Zoning Commission will hold a meeting at 6 p.m. on Wednesday, May 14, in the Council Chambers at City Hall, 201 S. Franklin Street.

The commission will hold a public hearing concerning an application for a historic landmark at 606 E. Washington Street and to adopt a resolution recommending the home located there be designated a landmark

The commission will hold a public hearing concerning an application for a historic landmark at 707 N. Centennial Street and to adopt a resolution recommending the Willard School located there be designated a landmark.

The commission will hold a public hearing concerning an application for a historic landmark at 408 E. Illinois Street and to adopt a resolution recommending the home located there be designated a landmark.

The commission will hold a

public hearing concerning an application for a historic landmark at 101 W. Washington Street and to adopt a resolution recommending the Citizen's National Bank located there be designated a landmark.

The commission will hold a public hearing concerning an application for a historic landmark at 401 E. Missouri Street and to adopt a resolution recommending the home located there be designated a landmark.

The commission will hold a public hearing concerning an ap-

plication for a historic landmark at 711 E. Harrison Street and to adopt a resolution recommending the home located there be designated a landmark.

The commission will hold a public hearing concerning an application for a historic landmark at 500 S. Elson Street and to adopt a resolution recommending the Rieger Armory located there be designated a landmark.

The commission will hear a request for a variance to add an additional sign on the fuel canopy



at 1009 N. Osteopathy, plus one detached sign at 1620 S. Baltimore Street.

The commission will hear a request for a temporary variance at 901 W. Shepherd Avenue.

The commission will hear a request for the vacation of a dead-end alley east of North New Street, between Illinois Street and Missouri Street of the city of Kirksville.

ART

Continued from Page A1

- Handcrafted driveway flowers in Springfield by Robin Kastner.
- A striking mural on the Chamber of Commerce building in Union by Donna Huellinghoff and Eileen Wade.
- A painted rock creation called "Susie the Snake" started by Marj Locker in Ludlow and added to by residents.
- Donovan Maldonado's fancy woman's face mural on Stanford Street in Springfield.
- A "Sweet Gum Gardener" scarecrow by Dale Naas, St. Louis.

Whether you're an experienced artist or simply want to bring color to your block, Show-Me Neighborhood Art Week is your chance to turn your street into a canvas and your neighbors into collaborators, Burton said.

Join the movement. Create something local. Inspire connection. Start today by registering at <http://muext.us/SMNAW2025>.



Pictured left to right: Dr. Kent Blanke Director of Medical Education; Dr. Kade Kinney, Family Medicine Residency Graduate; and Dr. Stephen Doyel, Family Medicine Residency Graduate.



Pictured left to right: Dr. Kent Blanke Director of Medical Education; Elaine Pipes and Dr. George Pipes, Family Medicine Residency Program.

GRADUATION

Continued from Page A1

"NRMC is proud of the rich heritage we share with the osteopathic profession and A.T. Still University and the tradition of training the next generation of compassionate and competent physicians" stated Kent Blanke, D.O., director of Medical Education at NRMC. "We are so proud of all of our residents. This year is really special with three residents choosing to remain in Kirksville to practice medicine."

A notable recognition was also given to Dr. George and Elaine Pipes for their longstanding support and dedication to graduate medical education at NRMC.

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Tigers coast to victory against Canton in Pink Out game

By Henry Janssen
henry.janssen@kirksvilledailyexpress.com

The Kirksville girls' soccer team improved to 13-6 with a 4-0 victory at home versus Canton on Thursday, and the Tigers dominated possession the vast majority of the game. Canton was seldom able to get more than just a touch or two all evening. The Tigers scored two goals in both halves in the teams' second meeting of the year. Kirksville's victory in Canton in late March was also 4-0. Canton's Tigers fall to 4-8-1.

"We've done a lot better playing off the ball," senior forward Zoe Cole said. "We've seen a lot of improvement communicating and letting the ball do a lot of the work."

"Getting good first touches and knowing where the next pass needs to go before we receive it has come a long way. It's something that's been a huge

point of emphasis since the beginning of the year and we finally feel like we're playing a more fluid style of soccer. It's clicking how we need it to be."

The Tigers have two left to play before facing Benton (2-14) in the opening round of the Class 2 District 8 tournament. The opening round matchup is set regardless of outcome in the two remaining games – Kirksville will be the second seed and Benton will be the seventh seed at 10 a.m. this Saturday in Maryville.

Between now and then, Kirksville will have hosted Chillicothe (6-9) on Monday — already played by the time of this print publication — and Battle w/ Columbia Independent (1-12) on Wednesday.

"I was really happy with the turnout we had (for the Pink Out)," Cole said. "The turnout and support was special for us, especially with how short of notice we got the word out that this was something the program wanted to do."



Senior Lydia Dawson gets around her defender and pushes toward the attacking third in Kirksville's 4-0 win on Thursday.



Madison Albright takes a shot on target in Thursday's victory. PHOTOS BY HENRY JANSSEN/DAILY EXPRESS

Dorrell advances to State meet individually, Kirksville's team season ends as District runner-up

By Henry Janssen
henry.janssen@kirksvilledailyexpress.com

With a second-place finish in the Class 1 District 8 Individual Tournament, Quin Dorrell advances to the State tournament on Thursday at Springfield's Cooper Tennis Complex. The Kirksville number one player fell to an opponent from Benton in the District championship to qualify.

Tiger coach Lee Riley said that despite drawing the short stick and facing the best player in the 16-man tournament right off the bat (Justin Janasz from St. Pius X), Dorrell has a very realistic chance to make some noise and scratch his way into the medal rounds.

"I told him to go for some runs and stay in shape over the course of these next handful of days," Riley said. "We're thinking he can keep winning and have a bunch of matches in a row."

In the Class 1 District 8 Team Tournament, Kirksville opened with a sweep of Trenton to win 5-0.

The Tigers beat Savannah 5-3 the following day in the District semis, 5-3, in what Riley called "the closest match ever." Four of the Tigers' solo matches went to a third set, and Jack Quinn and Jackson Meintz were able to make it out of their tiebreakers alive to give the Tigers the boost they needed. Dorrell also won his singles match, and Kirksville took two out of three of the doubles matches.

A very solid Maryville Spoofohounds team (16-2) handled Kirksville in the St. Joseph District championship, 5-0, and none of the completed matches were close.

The Tigers' team season ends 12-5.

Editor's note: In MSHSAA tennis, postseason match play works as a best-of-nine, so when one team picks up a fifth win, the rest of the matches drop dead be-



Kirksville number one Quin Dorrell slaps a return in the NCMC tournament hosted at the Truman tennis courts on April 29. Dorrell finished second in the Class 1 District 8 tourney in St. Joseph to advance to the State meet in Springfield. HENRY JANSSEN/DAILY EXPRESS

cause they are meaningless. In the regular season teams almost always play it out because, first of all, if an opponent is there anyway there's no reason not to keep playing, and secondly, individual records often come back to be significant later on in the season.



Senior Connor Hall makes a clean throw to first in Saturday's commanding win versus Chillicothe (16-11). He was 3-for-4 at the plate, batted in three runs, and scored twice in his sharpest offensive performance of the season. HENRY JANSSEN/DAILY EXPRESS

Kirksville bats finally heat up with 30 runs across past three games

By Henry Janssen
henry.janssen@kirksvilledailyexpress.com

It's no secret that the Tigers have had a tough time consistently getting runners across the plate throughout the course of the season, but Kirksville's fortunes have seeming taken a dramatic turn as the now 12-15 team toppled both Lafayette (St. Joseph) and Chillicothe at home on Saturday.

Kirksville traveled to Putnam County on Thursday and won 8-1, two nights after it concluded its conference season in a 3-1 home victory over Marshall. The Tigers then turned around and handled Chillicothe, 9-1, before spanking Lafayette, 13-0. The offensive infusion couldn't have been sparked at a better time, as the Tigers have just Palmyra left on the regular-season schedule. That game will be played at home on Wednesday to close things out.

The Tigers recorded 10 hits against Chilli, and Carter Pinkerton allowed just two hits while walking four and striking out eight batters in six innings of work.

Carson Kelly got the win in the Lafayette game that was put to rest after five innings.

After having dropped three in a row, the Tigers come down the stretch hot with a four-game winning streak.

The opening-round matchup of the Class 4 District 7 tournament is already locked in. The fourth-seeded Tigers will face fifth-seeded Hallsville (4-20) on Monday, May 19, in Moberly at 5 p.m. There are only five teams in the District, so Monday's game is essentially a play-in game to determine who faces top-seeded Moberly next Wednesday.

Another impressive start from Cahalan vaults Tigers to victory versus Marshall

By Henry Janssen
henry.janssen@kirksvilledailyexpress.com

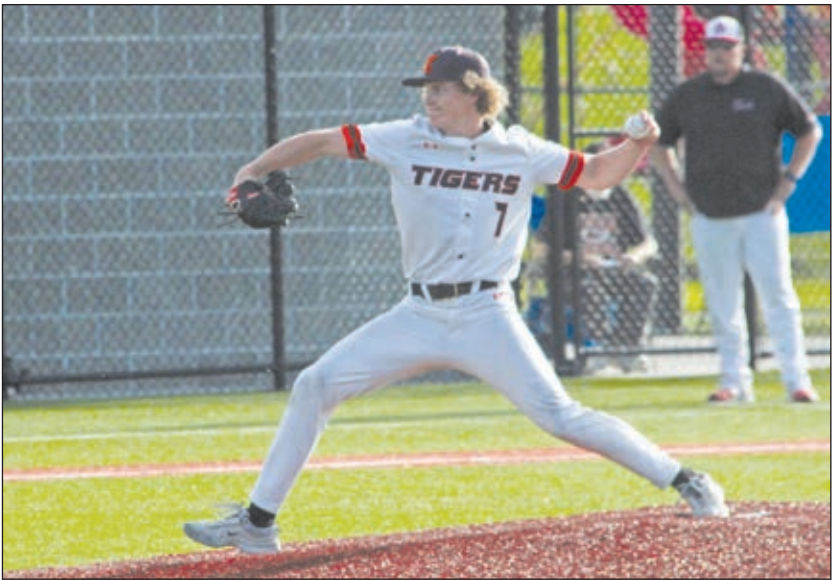
Senior southpaw Luke Cahalan has been one of the glimmering bright spots for Kirksville in something of a disappointing season, and his complete game last Tuesday in a 3-1 win was one of his highlights. Cahalan allowed four hits and walked just one batter while striking out seven.

"I've had to learn that fastball is always the number one pitch," Cahalan admitted. "Off-speed stuff follows, and that's held true. The coaching staff really loves change-ups, and thankfully I've found that that's my best combo. That's what worked tonight."

The win versus Marshall in the final NCMC game of the season advances the Tigers to 9-15, while Marshall falls to 1-16. Kirksville finishes the conference schedule 5-5.

The Tigers scored the first run of the game in the second inning when junior catcher Keegan Wehner reached on an error to begin the inning. The Owls tied the game in the fourth.

Kirksville had just six hits, but the two biggest ones of the game came consecutively. Cahalan gave himself support by slapping a triple into the gap in left center to lead off the sixth inning, then senior Cole Kelly did nearly the exact same thing, going opposite field to right center and finding himself on third as well.



Senior Luke Cahalan went the whole way in last Tuesday's win versus Marshall to finish the North Central Missouri Conference slate with a 5-5 record. The Tigers now have just a home game Wednesday versus Palmyra before District play. HENRY JANSSEN/DAILY EXPRESS

"In close games like that, down the stretch it comes down to us not dogging ourselves and just keeping everyone from getting quiet."

"Big hits are a pretty easy way to do that," Cahalan smirked.

A suicide squeeze from senior shortstop Connor Hall pushed Kelly across, and three runs was good enough for a win as the Tigers held off the side in the top of the seventh. Kirksville attempted another suicide squeeze later in the inning unsuccessfully. Hall and Cahalan

both recorded a pair of hits.

With a runner on first, Cahalan badly needed to record the final out when he did, otherwise he would hit his maximum pitch count and have to be pulled from the game.

"I knew I couldn't push my counts very much, so I really had to dial it in," Cahalan said.

The Tigers travel to face a solid Putnam County (20-4) and then host Chillicothe and Lafayette (St. Joseph) on Saturday in a three-way. The game against Chilli is at 9 a.m.

Kirksville golf finishes sixth at District, Wilson moves on to State meet

By Henry Janssen
henry.janssen@kirksvilledailyexpress.com

The Kirksville golf team traveled to Smithville last Wednesday for the Class 4 District 4 round, and finished sixth out of 11 with a team score of 352 on the par 72 course.

Camden Wilson tied for 15th with 83 strokes to earn a bid into next Monday and Tuesday's State tournament at Silo Ridge Country Club in Bolivar.

Hunter Combs finished 22nd and missed the cut to the State meet by just one stroke, shooting an 86. Ty Labeth was a stroke behind him for 24th.

Josh Hickman was 36th with a 96-stroke round, and Hayden Davis was 49th shooting 105.

Christian Summit Academy dominated, shooting a 287 and claiming all three of the top spots, and Smithville was second shooting a team 319.

Truman State Women's Soccer announces Summer 2025 Camp

By Truman Athletics

Registration for the Truman State Women's Soccer Summer ID Camp is now open.

Camp runs July 18th-20th at the Truman Soccer Park in Kirksville, Mo. for athletes entering 9th through 12 grades. Head Truman Women's and Men's soccer coaches, along with for-

mer Bulldog athletes now in the coaching stage of their career, will provide soccer instruction to campers.

All information for sign-ups and cost can be found at the following

link: <https://register.ryzer.com/camp.cfm?sport=7&id=289628>

View Summer ID Camp Details which is also: <https://register.ryzer.com/camp.cfm?sport=7&id=289628>

Kirksville pulls program's first-ever sweep of NCMC track and field titles

By From the desk of Kirksville coach Anna Grace

This week, for the first time in the history of the North Central Missouri Conference, the Kirksville Tigers took home Conference titles for both the girls' and boys' teams. It was a day of stand-out performances, personal records, suspense-building thunderstorms, and extreme Tiger excitement.

After a week of checking the weather for Moberly, Missouri, the Tigers hit the road to sunshine and blue skies. The vibe was high as we set up camp, warmed up and got ready for field events. And our field eventers set a tone for the day! With "PR pits," junior Payton Herbst set personal records in long jump and triple jump, earning team points, and junior Mya Harris tied her previous PR in triple jump. Seniors Kash Adams and Greysen Houser each PRed in long jump, securing points in third and fourth place, and Adams PRed in triple jump, where he and Houser also both scored team points. For the vertical jumps, both boys and girls high jump had a thrilling jump off with sophomore Joel Feeney and freshman Eva Danielson. Both ended up earning points in second, and were joined in point earning by fellow high jumpers junior Brennen Morgan and junior Ally Snyder. Senior Alepio Solmirin also earned points in pole vault.

The thrills didn't stop on the throws side, with javelin notching two exciting performances – senior

Sullivan Clark bested his own personal record by 20 feet to earn first place and junior Brooklyenn Rader-Johnson had an upset in javelin, with a PR earning her first. She was joined in points-scoring by fellow junior Paislee Clark. A not-uninjured junior Aline Guilavogui won shot put, junior Kylie Rebney earned points in discus, junior Bennett Fraser won shot put and was joined in point-earning by freshman Brandon Greathouse. Fraser and sophomore Andrew McVay snagged more points in the discus.

As we wrapped up field events and got onto the track, the energy from the field teammates transferred to the runners for excitement and nerves (perhaps mainly mine) to build. I'll pause a moment and recap how team scoring for track works – higher finishes earn more points. For the conference meet, the top six places earned points. Team standings shift and change as every event is completed. I had restrained myself from compulsively checking the team scores during field events, as they're really too early to mean much, but it was clear the Tigers were ready to fight.

That fight immediately showed up in the first event on the track – the 4x800 relay. The girls team of junior Concillia Kunseviko, junior Claire Brewer, freshman Mary Frushour, and junior Rosemary Shook earned the first gold on the track with room to breathe. The boys team of junior Forrest Cason, sophomore Mason Cassady, junior Eric Au-

Buchon, and sophomore Skyler Cook finished second behind Marshall but in front of Hannibal, who had come into the meet with a faster time.

Sophomore Christine Kiese ran the 100 hurdles for the Tigers, earning a point for the girls side. Sophomore Blane Byers won the 110 hurdles with a PR – which means the school record he now owns got a little bit faster. Once the hurdles were off the track, sophomore Megan Kinney and Harris each logged points for the girls in the 100, joined by senior Daimond Kangiela on the boys side of point-earning.

The 4x200 relays (4 athletes each running a 200) brought excitement. Danielson was mid-high-jump off at this point. She was grabbed and the team of Danielson, Kinney, Harris, and sophomore La Joie Kahindo ran the fastest 4x200 of the year by over 2 seconds, earning first. One the boys side, a strong race by a team of Byers, Kangiela, sophomore Brody Parsons, and Adams was interrupted by a rough hand-off, but the boys responded perfectly – in a points battle between six teams, it's most important to finish the race no matter what. The boys stayed cool, and while they were unable to best Moberly, they did finish ahead of Hannibal. Despite that handoff, they also ran the fastest time of the year.

In the 1600, Shook earned points as the midway of a very big distance day. On the boys side, Cook and Cason each earned points in third and fourth to only Fulton. In the 4x100



Never before have Kirksville's boys' and girls' track and field teams won the North Central Missouri Conference title in the same year. The girls won with 154 points, defeating Hannibal handily by 24. The boys edged Hannibal by just one point, scoring 146. Head coach Anna Grace (bottom row, far right, orange hat) said it was the top moment of her coaching career. PHOTO COURTESY OF KIRKSVILLE TRACK & FIELD

relays, both the boys and girls team earned points and I finally gave myself a chance to start looking at team standings. The girls top three was a mixing of Hannibal, Kirksville and Moberly and on the boys side, Hannibal was looking strong alongside us. Things were going to stay interesting!

The girls 400 was big for Kirksville, with Kunseviko and Kahindo earning first and second respectively. Kunseviko was on part one of a tough pair – the 400 and 800, which only have the 300 hurdles between them. In the boys 400, Cason was on part two of a tough pair of the 1600 and 400, joined by junior Sean James, who earned points.

Harris earned points and a new PR in the 300 hurdles on the girls side and the boys had a big event in the 300 hurdles with Byers and Kangiela snagging first and second. In the final event of what I consider the "brutal fourth" of the 12 running events (400, 300 hurdles, 800), Kunseviko won first and was joined in point-earning by Frushour. On the boys side, Cook way out-performed his sixth-place ranking coming in for third.

As the blocks were wheeled to the start of the 200, it was becoming more and more obvious that the once blue-skied day was taking a turn. As dark clouds built to the northwest, Kinney and Kahindo had brighter news on the track, getting second and third in the 200 and starting to make the girls team's lead look stronger. Kangiela earned points for the boys in the 200, too.

It was beginning to sprinkle as the call was made to combine the 3200 boys and girls event. With only two running events left for earning points, the drama of the skies was matched by the drama on the track. Can athletes hold their spots? Fight off surges from opponents? Battle through the downpour that hit halfway through the race? The Tigers answered yes. Shook ended her massive day of distance with a third place finish one second off her PR – despite running the 4x800 and running her fastest ever 1600 earlier in the day. Sophomore Amber Kottwitz finished fourth behind her, effectively ending any chance for any girls team but the Tigers to walk away with the Conference title – something that had not happened since my first year coaching here, back in 2015. (Not that I admitted it at the time, and I stand by that it's not over til' it's over!) On the boys side, freshman Noah DeBlauw pulled in points as well.

As the 3200 runners fought across the line, it became clear that there was no choice but to call a weather delay. As the already-drenched team sheltered as rain sheeted down, we updated live results to some unpleasant news – the team standings for first, between the Tigers and Hannibal, were much, much closer than they had appeared, as pole vault had been a late update. It would come down to the 4x400 and we all got to sit in the rain and think about that.

As the skies cleared and we all went back out to the track, the anticipation and nerves were high. The

girls (Kunseviko, Kinney, Kahindo, Danielson) were looking for one more set of relay gold medals and the boys were locked in. The girls got that gold, and as they came across in first, it was official official that they had won, with a final team score 24 points ahead of second-place Hannibal.

The boys' race began with a team of Cason, James, Cook and Byers. The math of points can have a lot of variables, but in this case as long as Hannibal got third and they finished in fourth, it would work. They did it – they held the spot and bested Hannibal by one team point.

As I recap this and reflect on what is undoubtedly one of the best days of my coaching career, my favorite part of the day was how the excitement and energy of teammates doing well was what fed the kids all day long. Whether it was jumping around in joy when they realized a teammate had earned points, spreading the word of the "PR pits" at the horizontal jumps, putting all their fight into a leg of a relay for their team, continuing their tradition of telling distance runners jokes on the lonely backstretch it was the magic of earning a title together, as a team that has us all smiling so big in that picture.

The season certainly isn't over yet – May 17, Districts, starts the path to State, so stay tuned for what Tiger track and field does next.

I also have to give a shout-out to the middle school team – they had a big Friday, earning both girls and boys conference team titles.

Kirksville golf finishes second at NCMC Tournament

By Henry Janssen
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The Tigers finished behind only the host school Hannibal in the conference meet last Monday. Camden Wilson was second individually with a 79-stroke round.

Hunter Combs was fourth, shooting an 83.

Ty Labeth's 87 was good for eighth, and Hayden Davis finished 10th, shooting an 88.

By the time of this publication, Kirksville will have competed again in the Class 4 District 4 tournament in Smithville at the Paradise Pointe Golf Complex.



DAILY EXPRESS FILE PHOTO

Cole signs with Simpson College

By Henry Janssen
henry.janssen@kirksvilledailyexpress.com

Senior forward Zoe Cole will be headed for Indianola, Iowa, to play soccer for the Simpson College Storm. Simpson participates in NCAA Division III as a member of the American Rivers Conference.

"I chose Simpson because for my academic career, I really like that smaller college environment and student-to-faculty ratio," Cole said. "They're a very competitive program, and all the girls want to be there and push each other every day."

The Storm finished its season 15-3-3, and was eliminated from the D-III tournament in the second round by overall top seed Washington University.

Cole thinks that the program and university combine to make her decision an ideal combination for her.

"I wanted to be a part of something where pushing for a national title is going



Zoe Cole has high hopes for her future program in Indianola as she matriculates to Simpson College in August. PHOTO COURTESY OF SARA WILLIAMS

to be realistic, and their thought is that the sky is going to be the limit for a long time to come," Cole said.

She said that she will be studying Business & Sports Management.

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AGRI-BUSINESS

Cattle

17 beef calves, mostly black, 240 - 450 pounds, more or less, \$1500 each, No Sunday calls, Wheeling. 660-639-2207.

Equipment & Supplies

New brush hog, 7 foot, 3 point, TW27Rino. Cost \$6200 take \$4500 or best offer. IH wide front 656, \$200. 217-985-4745

New Holland #56 Rolabar rake, good teeth, factory dolly wheels, stored inside, used as spare, cattle sold. \$1,200. 217-257-1385

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Percheron crossed yearling filly, gentle, broke to lead, \$1000.00. Yearling standard bred filly, broke to lead, \$700.00. 660-342-5314

Yearling paint colt, broke to lead and tie, \$550.00. Also 15 year old appy mare, gentle, broke. 660-342-5314

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17 beef calves, mostly black, 240 - 450 pounds, more or less, \$1500 each, No Sunday calls, Wheeling. 660-639-2207.

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Used garden tillers, all makes. Many Troy-Bilt, and BCS, DR brushmowers. 660-216-1809

Sports Equipment

Lazy Man deer blinds, Generation 2 Penthouse, \$1649.95, Fat Girl, Bow or Combo, \$1999.95. heindselmanfamilyfarms.com. 660-341-5692

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Welsh Corgi puppies in time for Mothers Day! Black tri-colors and brown tri-colors. Weekdays 573-934-0122.

Miscellaneous

SunSetter. America's Number One Awning! Instant shade at the touch of a button. Transform your deck or patio into an outdoor oasis. Up to 10-year limited warranty. Call now and SAVE \$350 today! 1-844-632-2169

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MTD Yard Machine, 46" rebuilt mower deck, new spindles and idler pulleys, 20 hp Briggs engine. New seat, year old battery. \$650.00. 660-665-1149.

Fish for stocking ponds: catfish, grass carp, crappie, redear, bass, and fathead minnows. Heindselman Family Farms. 660-341-5692.

New brush hog, 7 foot, 3 point, TW27Rino. Cost \$6200 take \$4500 or best offer. IH wide front 656, \$200. 217-985-4745

30 cases canning jars, pressure cookers, food processing knives, recipe books, 660-216-0033.

Old fireworks, pre 1972, some newer, leave message. Cell 573-288-4366, home 573-288-2703.

WWW.KIRKSVILLEDAILYEXPRESS.COM

Truman State University

is accepting applications for the following positions:

Assistant Registrar
Registrar's Office
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Business Office
Assistant Building Manager
Union and Involvement Services
To apply, visit employment.truman.edu or contact HR at hrstaff@truman.edu EOE/AA/ADA

Miscellaneous

Toro riding lawn mower. 42" deep freeze, small, \$95.00. 573-406-4468

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1 bedroom apartment, stove, refrigerator, washer, dryer, no pets. \$370 plus deposit. Located in Kirksville.

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High traffic area, great visibility. Perfect for small businesses or professionals looking for an affordable, well-located office space. Newly remodeled, 1,000 square foot, 4 private offices, \$650.00 per month. Call 660-341-0123 today for more details or to schedule a tour.

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2003 Kawasaki Vulcan 1500 Mean Streak (Police Version). 7,805 highway miles. Excellent appearance, excellent ride and clear title. Always garage kept with tarp and trickle charger. Comes with new fork springs, new rear suspension, new grips. \$3000 Firm. Contact me via email for pictures. Will throw in a new (unused) leather covered set of hard sided saddle bags (a \$450.00 value). No "Out Of State" sales, Missouri only. Contact kenchik99@gmail.com

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TINY HOMES - Missouri franchise 573-881-7965.

Call us for all your advertising needs. 660-665-2808.

ADVERTISEMENT FOR BID

Sealed bids for the Northeast Regional Office Windows and Skylight Replacement (00-02-13), Adair County, Missouri, will be received online at Virtubid with QuestCDN, UNTIL 2:00 PM, June 5, 2025, then publicly opened. A Non-Mandatory Pre-Bid meeting will be held for this project at 10:00 AM on May 20, 2025, at the Northeast Regional Office Conference Room 3500 S. Baltimore St. Kirksville, MO 63501. Project bid documents must be downloaded at https://mdc.mo.gov/bidding, Quest number 9668343, for a non-refundable cost of \$42.00, which will add your company to the Planholder List and allow access to VirtuBid for online submittal of your bid. For project questions contact Steve Dutrow, (573) 522-4115 3741, bidding questions contact Joe Lim, (573) 522-4115 ext. 3765. QuestCDN Customer Support is available at 952-233-1632 or info@questcdn.com

IN THE 2ND JUDICIAL CIRCUIT, ADAIR COUNTY, MISSOURI Judge or Division: PROBATE Case Number: 25AR-PR00026 (Date File Stamp) In the Estate of ELIZABETH ANN KURTH, Deceased.

Notice of Letters of Administration Granted (Supervised Administration)

To All Persons Interested in the Estate of ELIZABETH ANN KURTH, Decedent:

On April 25, 2025, the last will of Decedent having been admitted to probate, the following individual was appointed personal representative of the estate of ELIZABETH ANN KURTH, decedent by the Probate Division of the Circuit Court of ADAIR COUNTY, Missouri.

The name and address of the personal representative is: Michael Gelbach, 50587 Nature Trail, Edina, Missouri, 63537. The personal representative's attorney's name, business address and phone number is: C. David Rouner, 400 N. Franklin, Kirksville, Missouri, 63501, 660-665-7515

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law. Such six-month period and such two-month period do not extend the limitation period that would bar claims one year after Decedent's death, as provided in Section 473.444, RSMo, or any other applicable limitation periods. Nothing in Section 473.033, RSMo, shall be construed to bar any action against a decedent's liability insurance carrier through a defendant ad litem pursuant to Section 537.021, RSMo.

Date of the decedent's death: February 20, 2025 /S/Martha Cole Adair County Circuit Clerk

Date of first publication: May 7, 2025

Receipt of this notice by mail should not be construed by the recipient to indicate that the recipient necessarily has a beneficial interest in the estate. The nature and extent of any person's interest, if any, can be determined from the files and records of this estate in the Probate Division of the above referenced Circuit Court.

PUBLICATION DATES: MAY 7, MAY 14, MAY 21, MAY 28, 2025

Springfree Trampoline

Bounce safer this summer!

We offer delivery and Installation!

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SALE

Limited time offer!

springfree

THE NORTH CENTRAL MISSOURI REGIONAL WATER COMMISSION SOLICITATION FOR QUALIFICATIONS STATEMENTS TO CONSTRUCT ROY BLUNT RESERVOIR DAM SULLIVAN COUNTY, MISSOURI

The North Central Missouri Regional Water Commission (Commission), as the project's local sponsor in Milan, Missouri, is soliciting qualifications from companies or teams to perform tasks in pursuit of all necessary construction related to the Roy Blunt Reservoir Dam in Sullivan County, Missouri.

Specialty contractors may submit their qualifications independently of a general contractor or as part of a general contractor submittal for prequalification consideration. The Commission will accept statements of qualifications for the following specialties:

- Slurry wall construction
- Concrete spillway construction
- Grout curtain construction

A general description of the project is provided below. Current drawings, project manual and technical data will be provided at a later date to prequalified contractors.

Description of work:

- A 2,580-foot-long earthen zoned embankment dam will be constructed with the following components:
 - The embankment will be constructed of on-site materials, mainly clays of varying plasticity. The embankment is 78 feet tall.
 - The upstream slope protection will consist of rock riprap. The owner will assist contractors finding quarries that have material meeting the project specifications
 - The foundation will contain a bentonite slurry wall that extends 70 feet below existing grade, a clay core trench and a grout curtain
- A reinforced concrete labyrinth weir spillway. The spillway is 55 feet wide and 700 feet long. Wall heights range from 12 feet to 27 feet tall and will require mass placement of concrete.
- A reservoir drawdown system will be constructed with the following components:
 - A 30-foot-tall reinforced concrete riser structure with multiple gates
 - An intake structure on the upstream end
 - An impact basin at the downstream endpoint
 - A 60-inch drawdown pipe
 - An ecological flow intake and pipe to the riser structure

A non-mandatory prequalification conference will be held on Wednesday, April 30, 2025 at 1:00 PM CST. All interested parties should notify the engineer of record, Brent Johnson (Olsson) bmjohnson@olsson.com by email or in writing to receive an invite to the conference.

All questions regarding the solicitation for qualifications shall be emailed or sent in writing to Brent Johnson prior to **Friday, May 9, 2025**. If necessary, an amendment will be issued to answer all questions submitted prior to the above deadline and provided to all interested parties. If changes, additions, and/or revisions are made to the qualification solicitation requirements, all interested parties will be notified.

Following the selection of qualified contractors there will be a pre-bid meeting and tour available on **Friday, June 27, 2025** at the Milan Community Center, 205 N. Market Street, Milan, Missouri.

The RFQ documents and proposal forms **MUST** be obtained from www.questcdn.com for a fee of \$22 (nonrefundable). Once logged into the site, insert eBidDoc project number **NCMRWC Roy Blunt Reservoir Dam, Quest Number: 9654940**.

All qualifications submittals are to include one hard (paper) copy and one electronic (PDF) copy by **Friday, May 30, 2025 at 5 PM CST**. Late submittals will not be considered.

TRUSTEE'S SALE IN RE: Nancy James, a married person Carlin James Trustee's Sale:

For default in payment of debt and performance of obligation secured by Deed of Trust executed by Nancy James, a married person Carlin James dated December 14, 2021 and recorded in the Office of the Recorder of Deeds of Adair County, Missouri in Book 1128, Page 734 the undersigned Successor Trustee, at the request of the legal holder of said Note will on Tuesday, May 27, 2025 between the hours of 9:00 a.m. and 5:00 p.m., (at the specific time of 3:30 PM), at the South Front Door of the Court House, City of Kirksville, County of Adair, State of Missouri, sell at public vendue to the highest bidder for cash the following described real estate, described in said Deed of Trust, and situated in Adair County, State of Missouri, to wit:

ALL OF LOT 6 AND THE EAST 10 FEET OF LOT 5, BLOCK 2, KINGSRIDGE ADDITION TO KIRKSVILLE, MISSOURI.

to satisfy said debt and cost.

MILLSAP & SINGER, P.C., Successor Trustee 612 Spirit Drive St. Louis, MO 63005 (636) 537-0110 File No: 226067.052725.454051 FC

Notice

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. §1692c(b), no information concerning the collection of this debt may be given without the prior consent of the consumer given directly to the debt collector or the express permission of a court of competent jurisdiction. The debt collector is attempting to collect a debt and any information obtained will be used for that purpose.

PUBLISH ON: April 30, 2025 05/07/2025, 05/14/2025, 05/21/2025

IN THE 2ND JUDICIAL CIRCUIT, ADAIR COUNTY, MISSOURI Judge or Division: PROBATE Case Number: 25AR-PR00021 (Date File Stamp) In the Estate of MICHAEL EDWIN ANDERSON, Deceased.

Notice of Letters of Administration Granted (Supervised Administration)

On April 28, 2025 the following individual was appointed the personal representative of the estate of MICHAEL EDWIN ANDERSON, decedent, by the Probate Division of the Circuit Court of Adair County, Missouri.

The personal representative's name and address is: Jessica Dorie Penn, 509 N. 5th Street, Edina, Missouri, 63537

The personal representative's attorney's name, business address and phone number is: Vanessa Schwend, 1 Crown Drive, Suite 102, PO Box 267, Kirksville, Missouri 63501, 660-665-4070

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law. Such six-month period and such two-month period do not extend the limitation period that would bar claims one year after Decedent's death, as provided in Section 473.444, RSMo, or any other applicable limitation periods. Nothing in Section 473.033, RSMo, shall be construed to bar any action against a decedent's liability insurance carrier through a defendant ad litem pursuant to Section 537.021, RSMo.

Date of the decedent's death: December 30, 2024 /S/Martha Cole Adair County Circuit Clerk

Date of first publication: May 7, 2025

Receipt of this notice by mail should not be construed by the recipient to indicate that the recipient necessarily has a beneficial interest in the estate. The nature and extent of any person's interest, if any, can be determined from the files and records of this estate in the Probate Division of the above referenced Circuit Court.

PUBLICATION DATES: May 7, 2025, May 14, 2025, May 21, 2025, May 28, 2025

IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI	
DIVISION I	
OLIVIA KAY BERGFELD)
)
Plaintiff,)
)
vs.) Case No. _25AR-CV00383_
)
JOHN N. HOOK and)
BARKER PIERCE A/K/A BARKER PEARCE)
and their respective grantees, representatives,)
successors and assigns (known, unknown,)
and unborn), and if living, any unknown)
heirs, spouses, devisees, grantees, assignees,)
donees, alienees, legetees, beneficiaries,)
distributees, administrators, personal)
representatives, guardians, mortgagees, trustees,)
and legal representatives, and all other)
persons, corporations or successors)
claiming by, through or under them,)
Address: Unknown)
)
Defendants.)

NOTICE UPON ORDER FOR SERVICE BY PUBLICATION

The State of Missouri to the above-named Defendants, their successors and assigns.

You are hereby notified that an action has been commenced against you in the Circuit Court for the County of Adair, Missouri, the object and general nature of which is to quiet title, and which affects the following described real property situate in Adair County, Missouri:

All of the Northeast Quarter (NE ¼) of the Northwest Quarter (NW ¼) of Section 5, Township 61 North, Range 13 West, lying North of the railroad, all in Adair County, Missouri.

The names of all parties to said action are stated above in the caption hereof and the name and address of the attorney for the Plaintiff is: Robert Cowherd, of Chapman and Cowherd, P.C., 903 Jackson Street, P.O. Box 228, Chillicothe, MO 64601.

You are hereby notified that unless you file an answer or other pleading or shall otherwise appear and defend against the aforesaid Petition within 45 days after the _14TH_ day of _MAY_, 2025, Plaintiff's Petition will be taken as confessed and judgment rendered accordingly.

WITNESS my hand and the seal of the Circuit Court this 5TH day of MAY, 2025.

_____/s/ MARTHA COLE_____
Circuit Clerk

Publish: May 14, 21, 28 and June 4
(once weekly for 4 consecutive weeks)

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Need something? Let us help you. You can advertise that you are looking for a special item. **Call 660-665-2808 for more information.**



La Plata junior Lathe West deals from the mound earlier this spring. DAILY EXPRESS FILE PHOTO

La Plata to host Class 1 District 13 tournament

Atlanta and Green City likely to collide in Sectional

By Henry Janssen
henry.janssen@kirksvilledailyexpress.com

District play opens in La Plata (3-10) on Friday when the fourth-seeded host school faces fifth-seeded Marion County in the opening round of the five-team district. The game is scheduled for noon. The winner gets a date with top-seeded Atlanta (19-4) on Monday at 6:30 p.m. Brashear/Novinger (7-3) comes in as the three-seed, and the Tigers will

face North Shelby (10-6) in the game before, slated for 4:30. The championship will be played Tuesday at 6 p.m. The Sectional will be played versus the winner of the District that Green City is in, and the Gophers come in as the top seed at the District 14 tournament in Princeton. In that six-team District, Green City awaits the winner of the host school versus Newtown-Harris/Grundy County co-op. Green City plays in the District semi on Friday at 6 p.m. and the championship will be Tuesday at 6:30 p.m. The winner of the two Districts will play May 26.

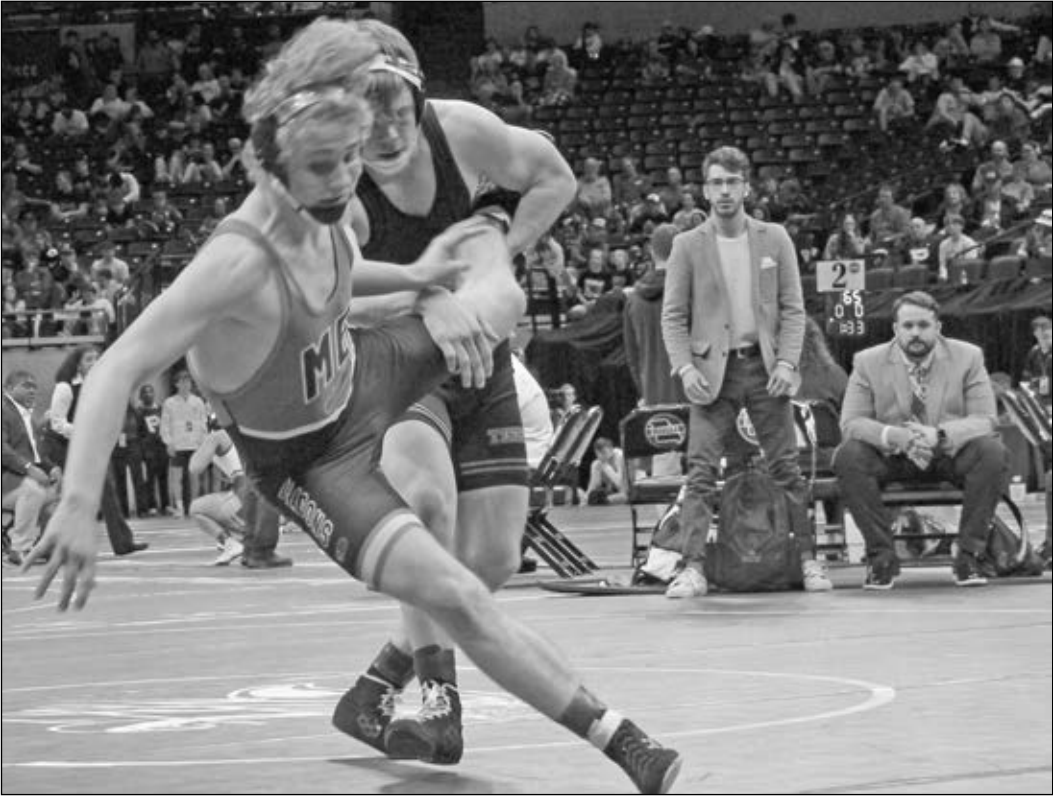
Key change in high school wrestling rules focuses on reducing injury risk

By NFHS news release

In an effort to minimize risk of injury in high school wrestling, a revision in the leg block or cut-back maneuver was recommended by the NFHS Wrestling Rules Committee at its April 6-8 meeting in Indianapolis. This revision to Rule 7-1-5n of the NFHS Wrestling Rules Book was one of eight changes recommended by the committee – all of which were subsequently approved by the NFHS Board of Directors. Although the leg block/cut-back maneuver already was an illegal move, the committee added “when leaving the feet and using the foot or leg to ‘cut out’ an opponent’s leg, to include from the rear-standing position.” Elliot Hopkins, director of sports and student services and editor of the NFHS wrestling rules, said the committee added language about leaving the feet to help ensure that this move is not attempted because of the significant risk of injury. In other rules changes, near-fall criteria language was added to the Technical Fall section in Rule 5-11. In Rules 5-11-2c and 5-11-4b, the following statement was approved: “If the near fall creates a 15-point advantage, the match shall continue un-

til the near-fall criteria is no longer met. Conclusion of the near-fall criteria is immediate.” “This change defines when a technical fall shall be awarded and eliminate any confusion between a pinning situation and near-fall criteria,” Hopkins said. “It also will make the technical fall consistent with the takedown or reversal that creates the 15-point advantage.” Two changes were approved regarding equipment and uniforms. While wrestlers cannot wear wristbands, sweatbands, bicep bands or arm sleeves that do not contain a pad, they now will be able to wear leg sleeves that do not contain a pad. Since wrestlers are allowed to wear tights on both legs, the committee agreed that wearing leg sleeves would be no different. In addition, effective July 1, 2027, the school’s name, school nickname, school logo, school mascot, weight classification and/or the wrestler’s name are permitted on the uniform top and/or bottom. Aside from the wrestling-specific terms, this is standard language approved for all NFHS sports rules publications. The final changes approved by the committee included another option for

conducting dual meets and a revision in the Technical Violation section. In Rule 1-2-2 regarding dual meets, the committee approved an option of conducting dual meets in order of lowest weight classes to the heaviest classes. In Rule 7-3-3 regarding technical violations, “arm” was replaced with “extremity.” The committee noted that locking hands and including a leg in the clasp around the trunk of the body is the same as locking hands with an arm included. A complete listing of the wrestling rules changes will be available on the NFHS website at www.nfhs.org. Click on the “Activities & Sports” at the top of the home page and select “Wrestling.” The print version of the 2025-26 Wrestling Spirit Rules Book will be available for purchase in July at www.NFHS.com, and the digital version will be available in the same timeframe via NFHS Digital at www.NFHS.org. According to the most recent NFHS High School Athletics Participation Survey, spirit is the sixth-most popular sport for boys with 291,874 participants in 11,149 schools nationwide. In addition, 64,257 girls are now competing in the sport at 7,138 schools.



By the National Federation High School’s new standards after its summit in Indianapolis last month, this maneuver by Austyn Hunter in the MSHSAA State Tournament might not be legal for much longer. DAILY EXPRESS FILE PHOTO

Truman softball’s Wood & Smith named to All-Region NFCA teams

By Henry Janssen & Truman Athletics
henry.janssen@kirksvilledailyexpress.com

The National Fastpitch Coaches Association (NFCA) selected Emily Wood and Cassie Smith to the All-Midwest region teams. Wood was a first-team selection and Smith garnered second-team honors. Wood was second in doubles among regional players with her school-record 22, which also ranked third among all Division II players. She was also ranked among the region leaders in batting average, runs batted in, runs scored, slugging percentage, stolen bases and total bases. She was a second team all-region pick last year. Smith was fourth among all regional hitters with a .418 average. She amassed 74 hits on the season and broke the school record for consecutive games with a hit at 22. She was ranked among the regional leaders in



PHOTO COURTESY OF TRUMAN ATHLETICS

runs scored, stolen bases, and toughest to strikeout. This is Smith’s first all-region selection. The Midwest regional team comprises the top players voted on by coaches who are members of the NFCA and reside within either the Great Lakes Valley Conference, Great Midwest Athletic Conference, or Great Lakes Intercollegiate Athletic Conference. First-team selections move on to the All-America ballot that will be voted on later this month.

-Classifieds

Notice is hereby given that by an order of the Circuit Court of the County of Adair, Case No. 25AR-CV00209 made entered on the record on April 24th 2025, the name of Klayton Lee Cornelson was changed to Klayton Lee Robinson.

ANYONE INTERESTED IN SERVING ON THE Adair County Public Library Board of Trustees, please submit a letter to the Adair County Commissioner and Adair County Board of Trustees. Appointment open for June 2025.

IN THE 2ND JUDICIAL CIRCUIT COURT, ADAIR COUNTY, MISSOURI Case Number: 25AR-PR00015
Judge or Division: PROBATE

In the Estate of WANDA FAY VANSICKEL, a Disabled Person.

Notice of Appointment of Conservator

To All Persons Interested in the Estate of WANDA FAY VANSICKEL, a Disabled Person:
On April 14, 2025 RHONDA NOE, Adair County Public Administrator was appointed conservator of the estate of WANDA FAY VANSICKEL, a person adjudicated disabled under the laws of Missouri by the Probate Division of the Circuit Court of ADAIR COUNTY, Missouri.
The business address of the conservator is:
300 N. Franklin, Kirksville, Missouri, 63501
All creditors of said disabled person are notified to file their claims in the Probate Division of the Circuit Court.
PUBLICATION DATES: 4-23-2025, 4-30-2025, 5-7-2025, 5-14-2025

There's a better way to get noticed.
Keep life simple. Take out an ad.

Mobile Homes For Sale

Used 4 bedroom double wide, very good shape Dutch 2 bath, Hurry this one won't last long, 573-657-2176. amegamobilehomes.com

Mobile Home Super Store-Big Chicken in Columbia, 573-499-9993. columbiaadis counthomes.com.

LOOK-true modular building your way, Call 573-657-7040. chateauhomes.net

Recreational For Sale

Ruger 308 bolt action, Ruger 338 bolt action, Savage 243 bolt action. 573-406-4468

NOTICE OF TRUSTEE'S SALE

A default has accrued on a certain note secured by a deed of trust executed by,
TERRY L. YARDLEY dated 7/13/2018 and recorded on 7/16/2018 in **BOOK 1063 PAGE 40**, in the Recorder's office for **Adair County, Missouri**. The successor trustee will on **June 6, 2025** between the hours of 9:00 am and 5:00 pm, more particularly at **11:30 AM**, at the **South Front Door of the Adair County Courthouse, 106 West Washington, Kirksville, Missouri** sell at public venue to the highest bidder for cash (certified funds only), the following real estate:
THE WEST 61 FEET OF LOTS 10, 11 AND 12, OF BLOCK 11, STILL'S ADDITION TO THE CITY OF KIRKSVILLE ADAIR COUNTY, MISSOURI.

for the purpose of satisfying said indebtedness and the costs of executing this trust.
CSM Foreclosure Trustee Corp.
Successor Trustee
(800) 652-4080
4x 05/14/2025, 05/21/2025, 05/28/2025, 06/04/2025
CSM File 26-25-00363
NOTE: This office is a debt collector.

SERVICES
Health Care

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-299-5183

Miscellaneous

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-844-211-0742

Miscellaneous

Freedom Care. Let your loved ones care for you and get paid! Paid by Medicaid. Choose family or friends as your paid caregiver. Check your eligibility today! Call Freedom Care now! 1-844-937-4179

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-866-686-8347 today to schedule a free quote. It's not just a generator. It's a power move.

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Up to \$15,000.00 of GUARANTEED Life Insurance! No medical exam or health questions. Cash to help pay funeral and other final expenses. Call Physicians Life Insurance Company- 844-491-2689 or visit www.Life55plus.info/Missouri

Are you having a garage sale or rummage sale? Call us to advertise. **660-665-2808.**

Have Clutter? Need room? Call the Kirksville Daily Express classifieds. We can help! **660-665-2808.**

Home Services

Does your basement or crawl space need some attention? Call Thrasher Foundation Repair! A permanent solution for water-proofing, failing foundations, sinking concrete and nasty crawl spaces. FREE Inspection & Same Day Estimate. \$250 off ANY project with code GET250. Call 1-855-460-1476

Roofing

Replace your roof with the best looking and longest lasting material steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-888-809-1119

TRANSPORTATION
Trucks, 4x4's, SUV's

Wanted: 1967 - 1972 Chevy pickup, 2 wheel drive to restore. 563-210-5046.

YARD SALES
Garage Sale

46595 State Hwy 15, Baring, Mo, Saturday, May 17, 10 am-5pm. Household, glassware, toys, medical equipment, mobility chairs are in OPT. Items to numerous to list, come look and make an offer.

TURNING THE PAGE

This Week in Local History

By Larry Evans

110 Years Ago, May 15, 1915

Construction of the new Kirkville High School building on East McPherson Street was completed and turned over to the Kirkville Board of Education by the contractors. After two days of inspections by the architect, the school board, and the Superintendent of Schools, the new structure was formally accepted. Their conclusions were that the new high school building was one of the best in the state of Missouri with the latest equipment and furnishings. The new building was to be opened to the public for the first time at the high school chorus' annual concert the following week. The chorus was to present the cantata, "The Ancient Mariner" and was to be assisted by the Normal School orchestra.

105 Years Ago, May 7, 1920

A rabid dog visited several farms in the Queen City area and bit a large number of livestock. The dog was finally shot by one of the farmers. Dr. S. G. Bandeen, of the Kirkville Osteopathic College (now A. T. Still University) with several osteopathic students went to the farms northwest of Queen City and began injecting cattle, horses, dogs, and hogs with anti-rabies serum in hopes their efforts would prevent an outbreak of rabies.

100 Years Ago, May 12, 1925

A full-fledged Junior High School for the Kirkville School District was assured when the Board of Regents of the Kirkville State Teachers College (KSTC, now Truman State University) approved an arrangement with the Kirkville Board of Education where by the Ophelia Parrish building on the college campus would house the Kirkville Junior High School. In return the Kirkville Board of Education turned over the Greenwood School to KSTC to be conducted as a demonstration school for the college. The plan called for the board of Regents and the Board of Education to select teachers for the two schools that were agreeable to both. Professor Felix Rothschild of KSTC was to direct the demonstration teaching in the two schools. The Kirkville school district was to pay the salaries of the teachers at the junior high school and the college would pay the salaries at the Greenwood School. The superintendent of the Kirkville Schools was to exercise the same supervisory power over the two schools as over the other public schools of the city. The Greenwood Demonstration School was to be conducted by regular teachers and college students would only do observation work. The new



Junior High School would be composed of pupils in the seventh, eighth, and ninth grades whereas before the Junior High School consisted only of ninth graders.

90 Years Ago, May 16, 1935

Provisions for a Civilian Conservation Corp (CCC) camp in Kirkville were announced by the Kirkville Chamber of Commerce. Ten acres of land had been leased by the federal and state CCC authority from J. I. Fowler. The Fowler property was located just outside the Kirkville City limits on East Normal Street. The CCC was a New Deal program established in 1933 to provide work relief for unemployed young men during the Great Depression and the Dust Bowl years. It focused on conservation and development of natural resources and provided jobs in forestry and soil erosion control. The program operated until 1942, employed over three million men, contributed significantly to the development of infrastructure and natural resource conservation efforts, and provided jobs for thousands of unemployed Americans. The camp was to include 15 or more frame buildings which were to be erected under the direction of federal engineering officers, and the materials were to be purchased under competitive bidding. The camp was expected to be completed by early fall and would employ local labor in the construction work. When operational the men in the camp would be assigned to soil erosion and reforestation projects. Most of the work would be done in a 20-mile radius of Kirkville so Adair County would be the recipient of most of the benefits. In addition to the 200 men enrolled in the camp, there would be about 25 men, officers and teachers, who were to be stationed in Kirkville. They would take up residency in the area thus contributing to the local economy.

85 Years Ago, May 15, 1940

Mary Jane (Laughlin) Denslow of Kirkville was the winner of the Kirkville Daily Express's "Four Leaf Clover Finding Contest." Denslow provided the Express with a large bouquet of 76 four leaf clover leaves. Despite winning the contest, Mrs. Denslow was doubtful of the good luck idea associated with finding a four-leaf clover. Her little girl, Martha, fell and broke her arm the day she won the contest.

75 Years Ago, May 12, 1950

A severe windstorm battered the Midwest from Canada to Texas leaving in its wake a large swath of death and destruction. In Kirkville and Adair County there were no deaths reported but extensive damage was done to homes and outbuildings. Many farm barns were damaged or destroyed and a large number of trees were downed. In Kirkville Day Mangus' new Drive-In Theater, which was under construction on Highway 63, north of Kirkville, sustained several thousand dollars in damages. An aluminum-panel fence surrounding the enclosure disintegrated and both wings of the high outdoor screen were torn off. In Kirkville, numerous trees were toppled over, streets blocked, and electrical lines down. A Kirkville woman residing on South First Street was injured while trying to close a barn gate. The wind whipped up tons of topsoil from newly plowed and cultivated fields, creating dust storms that halted traffic on area highways. Insurance agencies were deluged with over 300 damage claims.

65 Years Ago, May 16, 1960

A small tornado swirled over Kirkville at about 6 a.m. touching down in at least three places in the area, causing considerable damage. The tornado that struck without warning completely destroyed one mobile home and damaged four others at the M and G Trailer Sales on North Highway 63. Lorraine (Shockey) Mullenix estimated damage at \$15,000 which was primarily attributable to the complete demolition of a new \$7,500 trailer. The mobile home was caught up in the whirlwind and overturned a number of times, finally coming to rest in a nearby road. Earlier in its southwest-northeast route it knocked down a tile building at Anesi's packing plant in the southwest part of Kirkville. A few minutes later it destroyed two buildings at the farm home of Leland O'Brien in the Sperry community northeast of Kirkville. At the O'Brien farm a cattle barn was lifted and disintegrated, leaving splintered boards driven into the ground or scattered over a wide area. A sow and some pigs were in the barn at the time but were unhurt. Other scattered reports of damage, electric service interruptions, snapped trees and limbs, and heavy rain was reported.

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EMBRACING LOCAL HISTORY Part 155

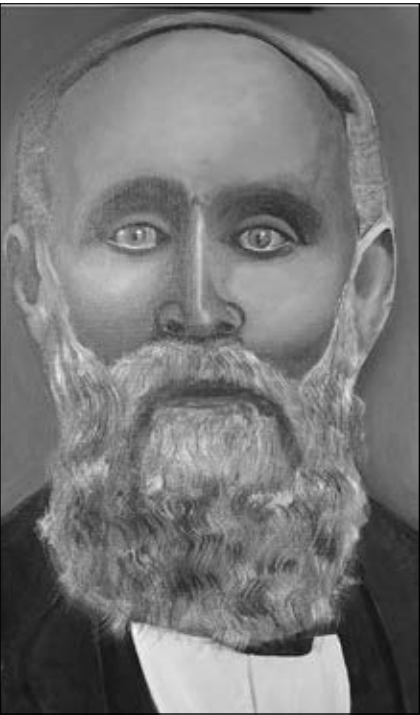
Joseph Baldwin and his Kirkville Normal School – Chapter 1

By Blytha Ellis, President
Adair County Historical Society and Museum

As most Adair Countians know, Kirkville once had a "normal school," but what is a normal school? It sounds like something opposite of an abnormal school, but that's not the case. A normal school simply means a place to train teachers how to teach. One has to go all the way back to the 17th century for the origin of the normal school. The first school of its kind was established in France. It was the goal of these early normal schools to train teachers how to instill the "norms" of society within students — behaviors, values and ideologies — in the form of curriculum. Pedagogy is another word used to describe normal schools, and that word simply means the approach to teaching or the theory and practice of learning as influenced by the standard of acceptable behavior of a society. In 1827 in Pennsylvania, a boy was born to Joseph and Isabella (Cairns) Baldwin and named Joseph after his father. This child would grow up to establish educational institutions in the U.S., which still today reflect his influence.

As a boy, Joseph Baldwin worked on his father's farm and plowed fields the old-fashioned way with a horse or oxen-drawn plow. He would often pause between furrows to read portions of books because of his love for learning. He also had a great interest in the Christian religion. After a serious illness while a teenager, Joseph dedicated his life to serving Jesus and was baptized. He loved to read history and biography books, but he was concerned that he might neglect his reading of the Bible, which he considered the most important of all books. At an early age, Joseph decided he wanted to teach the youth of his day not only in academics but also in their need for salvation through Christ. He resisted the "folly of youth" in favor of "doing good to his fellow man." Joseph completed his secondary education at Bartlett Academy in New Castle, Pa. In 1848, he went to live with Rev. Alexander Campbell, the founder and president of Bethany College in Bethany, West Virginia. Rev. Campbell was also the founder of the Disciples of Christ Church (Christian Church). Joseph Baldwin received a B.A. from Bethany College in 1852. While there, he helped form an "economical society" of which he became president. Joseph excelled in his classes but continued to be concerned for other students whom he considered foolish. He was especially distressed by dancing, card-playing and alcohol consumption. Joseph wrote that he knew there were still "vast heights to which he wished to ascend."

On August 26, 1852, Joseph married 24-year old Ellen "Ella" Sophronia Fluhart, a fellow teacher who was born in 1828 in Ohio. Joseph's heart was in ministry, but the responsibilities of marriage changed his plans. He could make a better living as a teacher than as a minister. The Baldwins' first child, a son named Icilius Victor Baldwin, was born in PA in 1853 but sadly died at age 2. After this sorrowful experience, Joseph took his family west to Missouri, near Kansas City, where he taught at a Platte City academy for men and women. By 1855, he was co-principal of Savannah Normal Institute in Savannah, Mo. In the spring of 1856, a happy event for the Baldwins was the birth of a daughter, Annabelle. Joseph also excelled in his profession at this time when he helped organize the Missouri State Teachers Association and became its Vice-President. In the fall of that year, the family returned to Pennsylvania so Joseph could train as a teacher in Lancaster County Normal School. In 1857, Joseph moved to Indiana where for the next six years he became the



Painting of Joseph Baldwin on display at the Adair County Historical Society Museum. This is prison art, painted by "Anton" in a prison in the State of Washington and given to Rayne Wells Jr. of Kirkville. Donated to ACHS Museum in 2023.

head of two normal schools, first the Farmington Seminary in Burnettsville, Ind., which Joseph renamed the Indiana Normal School. This was the first such school in Indiana and the 5th normal school in the U.S. He then organized a new normal institution at Kokomo, Ind. All of Joseph's educational projects featured three approaches, scientific, evangelical and entrepreneurial. Joseph's teaching was interrupted by the Civil War while he was at Kokomo. He organized his students into Co. B of the 118th Indiana Infantry, and he became captain of 30-50 men who served from July 1863 to March 1864 and saw action in three significant battles. Three more children were born to the Baldwins while they were in Indiana, Olivia in 1858, Cora in 1860, and Joseph Rolla in 1863. After the war, the Baldwin family moved to Logansport Ind., where Joseph became Principal of the Logansport Seminary and of Cass County Normal School. For some time, Joseph had aspired to start a normal school of his own where he could train teachers, and he had shared this desire with various members of his family. In about 1866, two of Joseph's cousins, Jesse Jackson Grigsby and Elizabeth (Grigsby) Richey, who lived in Kirkville, Missouri, wrote to him that a building was available in their town which they thought would make an excellent normal school. The building they were referring to was the Cumberland Academy, which stood on the west end of what is now Memorial Park in Kirkville. The exterior had been designed to look like a church, complete with a tall steeple. The interior was partially completed with a chapel on the first floor and five classrooms upstairs. However, all of the interior work had not been completed. The Civil War had impeded the finalization of this school facility, which was intended as a non denominational institution owned by the Presbyterian Church. The grounds around the Cumberland Academy had served as the forward camp of a detachment of Union soldiers during the war and had provided an emergency treatment center after the Battle of Kirkville in 1862. The fact that this building could now be rented in 1867 for \$100 per year drew the interest of Joseph Baldwin, so he came to inspect it. Would it be satisfactory for the start of his normal school?

For more stories on the history of Adair County, Missouri, subscribe to the quarterly magazine of the Adair County Historical Society, "THE ADAIR HISTORIAN." It is \$25 for 4 issues in 2025 (raising to \$30 for 2026). We also have all previous issues dating back to 2015 still available. ACHS, 211 S. Elson, Kirkville, MO 63501, 660-665-6502, adaircohistorical@gmail.com

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Kirksville Kiwanis Farmers' Market opens for summer season

By Marty Bachman
Daily Express

The Kirksville Kiwanis Farmers' Market opened on May 3 and will be open every Saturday morning from 7 a.m. until noon on

the Elson Street side of the Kirksville Downtown Square, through October. The market is open to the public and the items available include fruits, vegetables, plants, baked products, eggs, meats, crafts, and much more.



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KIRKSVILLE AREA CHURCH DIRECTORY

This Directory is made possible by these businesses who encourage all of us to attend worship services. The Church Listings below are provided at NO CHARGE to our area churches in Kirkville. If your Church is not listed, please call us at 660-665-2808.

- Faith Lutheran Church**
1820 S. Baltimore, Baltimore & LaHarpe
David Lukefahr, Pastor
7:30 a.m. The Lutheran Hour KLTE
8:15 a.m. Worship Service Peace, Milan
9:00 a.m. Adult Bible Study Faith
9:00 a.m. Sunday School Faith
10:15 a.m. Worship Service Faith
10:00 p.m. Issues, Etc. 107.9 KLTE
www.faithkirkville.org

Hamilton Street Baptist Church
802 W. Hamilton
Pastor Tim Ingle
9:00 a.m. Sunday School/Small Groups
10:15 a.m. Worship Service
www.hamiltonstreet.org

Rehoboth Baptist Church
100 Pfeiffer Rd.
Curtis Ferguson, Pastor
9:45 a.m. Sunday School
10:30 a.m. Fellowship
11:00 a.m. Worship Service
rbchurch.net • 660-665-7577

First Presbyterian Church (USA)
201 S. High at McPherson
Communion 1st Sunday
9:30 a.m. Morning Worship.
10:30 a.m. Fellowship Time.
11:00 a.m. Church School/all ages
5:30 p.m. College Fellowship

Kirkville Church of Christ
110 Pfeiffer Ave.
Elders/Pastors: Dan Green, Dean Hansen
10:00 a.m. Bible Study
11 a.m. Worship
Weds 6:30p.m. Bible Study
www.kvcc.org

First Baptist Church
207 E. Washington
Jason Marlin, Pastor
9:30 a.m. Bible Study for all ages
10:45 a.m. Worship & Kidz Worship
firstbaptistkirkville.com

Faith United Methodist Church
1602 E. Illinois
Pastor: Joshua Ritzheimer
9:45 a.m. Sunday School
10:45 a.m. Worship

Southside Baptist Church
1010 W. Burton
Pastor: Aaron Rodgers
10:00 a.m. Sunday School
11:00 a.m. Preaching
6:30 p.m. Evening Service

First Church of God
2900 S. Halliburton
Tiffany and Michael Vincent
10:30 a.m. Morning Worship
www.firstchurchoflove.com

Central Church of Christ
2010 S. Halliburton
9:30 a.m. Sunday School
10:30 am. Worship Service

Faith Baptist Church
502 N. Florence
Pastor: Brandon Rhea
10:00 a.m. Bible Study
11:00 a.m. Morning Worship
12:30 p.m. Noon Lunch

The Crossing Church
810 E. Shepherd Ave.
9 a.m. & 10:45 a.m. Sunday Service
www.thecrossing.net

Grace Community Bible Church
1501 E. Northtown Rd.
Benjamin Jorden, Pastor
Affiliated with the Evangelical Free

Church of America
9:30 a.m. Worship
11:00 a.m. Sunday School for all ages
12 p.m., 5 p.m., 6 p.m. Small groups
KirkvilleGCBC@gmail.com
www.KirkvilleGCBC.com • 660.665.1615

First United Methodist Church
300 E. Washington
Pastor: Choongho Kwon
9:30 a.m. Worship In Person & Online
kvumc.org

Pure Air Baptist Church
9:45 a.m. Sunday School
11:00 a.m. Morning Worship
TBA Bible Study

Church of God of Prophecy
807 Benton Way
Pastor: Rob Linhart
10:00 a.m. Sunday School
6:30 p.m. Evening Service

Fellowship Baptist Church
1701 S. Jamison St., Kirkville
Larry Gibson, Pastor
9:00 a.m. Sunday Worship
10:30 a.m. Sunday Bible Study
fbck@sbcglobal.net
www.fellowshipbbc.org • 660-665-0633

Yarrow Methodist Church
Highway N., Yarrow
Pastor David Stuckey
10:00 a.m. Sunday Services

Mary Immaculate Catholic Church
Weekday Masses: Tuesday: 5:30 p.m.
Wed. & Friday: 7 a.m. Thursday: 8 a.m.
Weekend Masses: Saturday: 5:30 p.m.
Sunday: 9 a.m. & 11 a.m.

Catholic Newman Center
11:00 a.m. and 7:00 p.m. Sunday
7:00 a.m. Monday
9:00 p.m. Wednesday

Union Temple Church
Southwest of Kirkville
Alan Coonfield, Pastor
Every Sunday Evening
5-5:30 p.m. Bible Study
5:30-6:30 p.m. Church Service

Sugar Creek Baptist Church
5 mi South on Hwy 3
Pastor, Virgil K. Jones
10:00 a.m. Worship Service

Hazel Creek Primitive Baptist Church
2 mi. W. Greentop on Rt. K then 1/2 mi. S.
Elder Dillion Thurman, minister
Services on 1st, 3rd & 5th Sundays
10:30 a.m. Song Service
11:00 a.m. Preaching

Meadow Brook Christian Church
602 E. Washington
9:30 a.m. Sunday School
10:30 Morning Worship

St. Rose of Lima Catholic Church
Novinger, Mo.
7:30 a.m. Sunday

Life Church of Kirkville
112 W. Potter
Jeremy Pingle, Pastor
10:00 a.m. Sunday Morning Service

Community Presbyterian Church
210 N. Owensby, LaPlata, Mo
Pastor Rev Jeff Carter
9:30 a.m. Sunday School
10:40 a.m. Worship Service

Cornerstone Church
1702 N Elson St Kirkville, MO
Jeremy Broach, Senior Pastor
Chad Stearman, Associate Pastor
Sunday 10 am - Morning Worship
Wednesday 6:30 pm-8 pm Family Ministry Night
www.cornerstonechurch.faith

Countryside Christian Church
S. Boundary St. Rt. H, Troy Mills
Preacher, Harold R. Engel
9:00 a.m. Worship
10:15 a.m. Bible Study
www.countrysidekv.com

Gifford Christian Church
Minister: Darren Potter
9:30 a.m. Sunday School
10:30 a.m. Morning Worship

Lake Road Chapel
22963 Potter Trail
Pastors: Andrew Turner, Andy Thompson
10:00 a.m. Sunday Morning Worship Service
www.lakeroadchapel.org

Church of God (Holiness)
1601 N. Elson
Pastor Ralph E. Wheeler, Jr.
9:45 a.m. Sunday School
10:45 a.m. Morning Worship
6:00 p.m. Evening Worship

New Hope Evangelical Church
620 Steer Creek Way
9:30 - 10:20 a.m. Bible Class
10:20 - 10:30 a.m. Fellowship time
10:30 a.m. Praise & Worship
7:00 p.m. Evening Worship
Sean Killin, Pastor
816-351-0623
Jim Maxey, Calling Pastor
660-665-6949 or 660-216-4183

First Assembly of God
2401 S. High St., Kirkville
Shawn Meintz, Pastor
Sundays:
9:30 a.m. Sunday School
10:40 a.m. Worship Wednesdays:
6:30 p.m. Family Night
www.kirkvillefirst.org
info@kirkvillefirst.org

First Liberty Full Gospel
1302 E. Filmore
Rev. Fred Baker, Pastor
10:00 a.m. Sunday School
11:00 a.m. Morning Worship
6:00 p.m. Evening Worship

Novinger Baptist Church
Highway 6 & 149
Rev. Darrell Crooks, Pastor
10:00 a.m. Sunday School
11:00 a.m. Morning Worship
7:00 p.m. Evening Worship

First Christian Church
(Disciples of Christ)
High & Harrison
Timothy Polley, Pastor
9:30 a.m. Worship Service

The Church of Jesus Christ of Latter Day Saints
2000 E. Normal

Kirkville First Ward Bishop John Grider
11 a.m. - 2 p.m. Sunday Services
Kirkville Second Ward Bishop Isaac Ison
9 a.m. - 12:00 p.m. Sunday Services

Trinity Episcopal Church
124 N. Mulanix
Rev. Amy L. Fallon, Pastor
10:00 a.m. Holy Eucharist

Seventh Day Adventist Church
1301 N. Elson
Kent Dunwoody, Pastor
9:30 a.m. Sabbath School (Saturday)
11:00 a.m. Worship Service (Saturday)
Fellowship Dinner on 4th Saturday.
712-541-4675

United Methodist Church
Brashear Charge, Brashear Lay Minister, Nancy Douglas
10:00 a.m. Sunday School
11:00 a.m. Worship
7:00 p.m. Singspiration - 1st Sunday

Willow Bend Association East Center Community Church
10:00 a.m. Sunday School
10:45 a.m. Worship

Illinois Bend Community Church
Highway 3
Pastor Terry Hunsaker
8:30 a.m. Worship
9:30 a.m. Bible Study
660-349-0052

Baring Community Church
11:00 a.m. Worship.

Downing Christian Church
430 E. Prime Street
Minister Walker Franke
Associate Minister Larry Smith
9:30 am Sunday School
10:30 am Worship Service
6:00 pm Evening Service
660-379-2329

Willow Bend Church
Find Us on Facebook for Event Schedule

New Hope Methodist Reformed Church - Millard
9:15 a.m. Bible Stud
10:00 a.m. Worship

Greentop Community Church
Highway K, Greentop, Mo.
Pastor: Lynae McFarland
10:30 a.m. Worship Service

Trinity United Fellowship Church
Pastor: Josh Botello
9:00 a.m. Worship
10:00 a.m. Sunday School
660-626-4446

Lancaster United Methodist Church
Pastor: Joshua Ritzheimer
9:00 a.m. Worship
10:00 a.m. Sunday School

Shekinah Mennonite Church
15981 Blueberry Way, Kirkville
John Mark Miller, Pastor Roger Berry
9:30 a.m. Bible Study
10:30 a.m. Worship
6:00 p.m. 2nd Sunday - hymn sing
6:00 p.m. 4th Sunday of month Topic

Bethel Community Church
12 miles NE of Kirkville on Rt. T
Marvin Cross, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship
6:00 p.m. Kid's Klub/Youth Fellowship
7:00 p.m. Evening Worship.

Lancaster Baptist Church
Southeast Side of Square, Lancaster
Lonnie Johnson, Pastor
9:45 a.m. Sunday School
10:45 a.m. Morning Worship
6:00 p.m. Evening Worship

Grace Bible Baptist Church
Greencastle, Mo.
Rev. Earl Baker, Pastor
10:30 a.m. Morning Worship
5:00 p.m. Evening Service

Winigan Christian Church
Ryan Crist, Pastor
9:30 a.m. Sunday School
10:30 a.m. Worship Service

First Baptist Church
Winigan, Winigan, Mo.
Sam Burkholder, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship
6:00 p.m. Evening Worship

Fairview Baptist Church
53610 Knob Hill Road, Pollock
Sam Burkholder, Pastor
10:00 a.m. Sunday School
11:00 a.m. Worship Service
6:00 p.m. Sunday Evening

Bible Missionary Church
508 S. Main St.
Bro. Glenn Kiger, Pastor
10:00 a.m. Sunday School
11:00 a.m. Worship Service
7:00 p.m. Evening Worship

LaPlata Christian Church
Scott McNay, Pastor
9:00 a.m. Sunday School
10:00 a.m. Worship Service

Queen City Christian Church
Queen City, Mo.
Justin Briney, Pastor
9:30 a.m. Bible School
10:30 a.m. Communion/worship Hour

United Pentecostal Church
1502 E. Northtown Road
David E. Brown, Pastor
10:00 a.m. Sunday School
6:30 p.m. Sunday Evening Worship

Brashear Community Bible Church
Donny Powell, Pastor
9:30 a.m. Sunday School
10:45 a.m. Morning Worship
660-323-5305

First Baptist Church of LaPlata
B. J. McAlpin, Pastor
9:00 am "Donut Hole" Fellowship
9:00 am Sunday School
10:00 am Worship Service
6:00 pm Evening Worship
6:00 pm Monday - AWANA
http://laplatafbc.org/
Email: laplatafbc@gmail.com

Hazel Creek Free Will Baptist Church
8 mi. N.W. of Kirkville on Rt. B.
Tim Hodges, Pastor
10:00 a.m. Sunday School
11:00 a.m. Morning worship
7:00 p.m. Evening Worship

Worthington Baptist Church
Worthington, Mo.
Roger Busnell, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning worship
7:00 p.m. Evening Worship

The Salvation Army
1004 W. Gardner
Brian and Michelle Bump, Pastors
9:30 a.m. Sunday School
10:45 a.m. Worship Service
5:00 p.m. Evening Worship

Queen City First Baptist Church
6th at Washington St.
Sam Burkholder, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship
7:00 p.m. Evening Worship

St. John's Lutheran Church ELCA
North of Queen City go East on Rt. O
Pastor, Bill Iammatteo-Code
10:00 a.m. Sunday School
11:00 a.m. Worship Service

Hurdland First Baptist Church
Robert Shobe, Pastor
9:30 a.m. Sunday School
10:30 a.m. Worship Service
7:30 p.m. Sun. & Weds. Worship and/or Bible Study

Colony Baptist Church
9:30 a.m. Sunday School
10:30 a.m. 4th Sunday worship

Cornerstone Community Church
Meeting at the Fohn Family Center
404N. Elson
9:30 a.m. Sunday Small Group Bible Study designed for adults

Locust Hill Community Church
Rt. I, Novelty, Mo
William Gaines, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship

New Harmony Free Will Baptist
3 miles West of Greentop on Rt. K
10:00 a.m. Sunday School
10:45 a.m. Morning Worship

Word Alive! Family Church
Hwy 63, Greentop
Pastors: Robert Gange
10:00 a.m. Sunday Worship, Adult service, Childrens Church

Schuyler County Church of Faith
Highway 136 East, Lancaster
Sonny Smyser, Pastor
8 a.m. & 10 a.m. Sunday Services
11:00 a.m. Adult Sunday Class
3rd Sunday Fellowship dinner 12 noon

Gospel Outreach Church
209 W. Washington
Norman Keller, Pastor
Gonda Manning, Co pastor
7:00 p.m. Thursdays Services
7:00 p.m. Sunday Services

Victory Baptist Church Of Greentop
-Meets at the Willmathsville Community Church on Hwy A.
Pastor Joshua Wesley
10:30 a.m. Worship

Union Temple
Pastor Alan Coonfield
Sunday evening worship
5:00 pm Bible Study
5:30 pm Worship