

# KIRKSVILLE Daily Express

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WEDNESDAY

APRIL 30, 2025 | \$2

## Mallory King honored with Gaber Founder's Award for Excellence in Hospice Services

By Hospice of Northeast Missouri

Mallory King, RN, BSN, CHPN, nursing supervisor at Hospice of Northeast Missouri (a service of Hannibal Regional), has been awarded the Ron and Elsie Gaber Founder's Award for Excellence in Hospice. This recognition, established through a generous donation from Ron and Elsie Gaber of Kirksville, aims to recognize outstanding individuals who demonstrate unwavering commitment and exceptional service in providing comfort and

support to hospice patients and their families.

King's nominator for this award described her as "a great leader on a team of great leaders that populate the hospice organization." Her nominator had this to say about the care given his loved one: "I will never forget what Mallory did for me that last week of Lisa's life. Mallory treated Lisa, and all of us, with absolute dignity and respect. I am so thankful to have had Mallory with me that last week of Lisa's short life. I will never forget what

she did for me."

King earned her Bachelor of Science in Nursing from Central Methodist University in Fayette, Mo., in 2017. She began her nursing career on the Surgical Specialties Unit at Boone Hospital Center, where she gained valuable experience over two years. In 2019, King returned to her hometown to join Hospice of Northeast Missouri as an RN Case Manager. Her dedication and leadership led to her promotion to RN Nursing Supervisor in November 2023.



From left: Ron Gaber, Mallory King, Elsie Gaber, Linnette Baker, Hospice of Northeast Missouri director and Todd Ahrens, president and chief executive officer at Hannibal Regional Healthcare System.

Hospice of Northeast Missouri, a service of Hannibal Regional, is a non-profit hospice that focuses on quality of life for people and their caregivers who are experiencing an advanced, life-limiting illness. Hospice of North-

east serves Adair, Clark, Knox, Lewis, Macon, Putnam, Schuyler, Scotland, Shelby and Sullivan counties. To learn more about Hospice of northeast Missouri, visit [hospiceofnortheastmissouri.org](http://hospiceofnortheastmissouri.org) or call 660-627-9711.

## Stream Cleanup

Kirksville Watershed Management Commission hosts stream cleanup on Earth Day

By Marty Bachman  
Daily Express



Kirksville Watershed Management Commission member John Nash explains to local volunteers the goals of the day's activities.

Kirksville Watershed Management Commission member John Nash and Kirksville Public Works Director Adam Dorrell, hosted an Earth Day stream cleanup on Saturday, April 26. The two gathered a couple dozen volunteers from local organizations to clean streams in the city's watersheds that supply

water to Kirksville residents. They also hoped to raise public awareness of the importance of caring for the environment and to make sure that the drinking water is clean. The groups were dispersed around town to clean

the different creeks that feed into Forest Lake as well as creeks south of town that feed into the Salt River, which eventually feeds into the Mississippi River.

See **CLEANUP**, Page A3

## Regional High School Exhibit award winners announced

By Kirksville Arts Association

Kirksville Arts Association has announced the winners of the 2025 Regional High School Showcase awards. This is the third year Kirksville Arts has hosted this event at the Sue Ross Arts Center.

Fifty area high school students from Scotland County, La Plata, Knox County, Green City, Schuyler County and Kirksville entered 87 pieces of art into the exhibit. Work entered included: ceramics, watercolor, graphite, acrylic, digital printing and photography among others.

The show was judged by artist and art educator, Deb Myers, who is retired from Culver Stockton College in Canton. The awards were given at the reception held on April 24 at the arts center. The teacher of the top winning student was also presented with a cash prize to help with art supplies for the classroom.

### Awards were presented to:

- Best of Show:** Mya Bryant for "Mother Gorilla" from La Plata
- 1st Place:** Aria Misha for "Candles of Solitude" from Scotland County
- 2nd Place:** Grace Hoffmeyer for "Deer Skull" from Schuyler County
- 3rd Place:** Cailyn Adams for "Chase Elliott & Car" from La Plata

### Honorable Mention Awards were presented to:

- Peyton Dowell** "Northern Lights" Green City
- Emma Fagin** "Stained Glass" Knox County
- Paxton Cook** "Tearing up the Night" La Plata
- Bryant Maize** "Tribes of Citalli" Kirksville
- Lydia Melvin** "Butterfly Tile" Schuyler County
- Samuel Thatcher** "Paradise Found" Kirksville



Best of Show: Mya Bryant for "Mother Gorilla" from La Plata.



1st Place: Aria Misha for "Candles of Solitude" from Scotland County.

The exhibit was sponsored by Hearing Care Partners and with public support from the Missouri Arts Council, a state agency. The next exhibit at the Sue Ross Arts Center will feature the Truman Graphic Arts Senior Capstone project.

## Kirksville Police Sgt. Chairez receives Life Saving Award

The Kirksville Police Department announced that Sgt. Juan Chairez received the Life Saving Award during Monday's city council meeting, for his actions while on duty.

On Jan. 8, at about 1:15 a.m., officers were dispatched to a residence in the 700 block of South Sixth Street for a reported burglary in progress. Chairez made contact with an adult male who said an unknown man had his girlfriend on the floor in a bedroom.

The door to the bedroom was blocked, and Chairez forced it open. Upon entering, he observed a man on the floor, choking an adult female to unconsciousness. Chairez deployed his Taser and pulled the man off the victim. Once the suspect was in custody, assisting officers started first aid on the victim until medical personnel arrived. The victim was transported to Northeast Regional Medical Center and has recovered from her physical injuries.



Chairez (center) is pictured with his sons (bottom), Police Chief Scott Williamson (left) and Mayor Pro Tem John Gardner (right).

"Based on the victim's unconscious status, there is no doubt that she would have suffered serious permanent injury or death had Sgt. Chairez not taken de-

cisive action," police officials said in a press release. "Join the Kirksville Police Department in recognizing Sgt. Chairez for his actions during this incident."

## Volunteers sought for 2025 Special Olympics Missouri State Summer Games in Kirksville

By Kirksville Tourism

Kirksville will be the site of the 2025 Special Olympics Missouri State Summer Games, May 30 through June 1, and the Truman State University campus will host all the events.

Volunteers are a crucial component of making the games a special event for athletes, families and spectators. There are more than 300 volunteer opportunities available during the event, from help at the athletic competitions to many of the

support efforts. In addition to assistance for swimming, track and field, and powerlifting, volunteers will be needed for the opening ceremony, the Healthy Athletes stations, move in, bingo, crafts, photography and more.

Individuals and organizations can sign up for multiple volunteer opportunities as long as there is no time conflict between events. A complete list of volunteer needs can be found online at [somo.volunteerhub.com/vv2/lp/state](http://somo.volunteerhub.com/vv2/lp/state) or scan the QR code on the picture. Special Olympics Missouri is

a year-round program of sports training and athletic competition for children and adults with intellectual disabilities. Thousands of athletes participate in 13 Olympic-type sports throughout the state. Special Olympics Missouri provides people with intellectual disabilities continuing opportunities to develop physical fitness, demonstrate courage and experience joy as they participate in the sharing of gifts and friendship with their fellow athletes, their family and friends, and communities across Missouri.



2nd Place: Grace Hoffmeyer for "Deer Skull" from Schuyler County



3rd Place: Cailyn Adams for "Chase Elliott & Car" from La Plata.

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### OBITUARIES INSIDE

No obituaries reported



KIRKSVILLE AREA CALENDAR OF EVENTS

Kirksville Parks and Recreation Water Wednesday

Kirksville Parks and Recreation's Water Wednesday will be held on April 30 from noon to 5 p.m. at the Kirksville Aquatic Center, 801 E. Mill Street. Open to children under 6 and their parents. Children must be accompanied by an adult in the water.

Truman State Concert Band Performance

Truman's Concert Band performs on April 30 at 7:30 p.m. at the Ophelia Parrish Performance Hall on the Truman State University campus.

Kirksville Parks and Recreation Imagination Playground

Kirksville Parks and Recreation's Imagination Playground will be held on May 1 from 9 a.m until noon at the Adair County Family YMCA, 1708 Jamison Street in Kirksville. Stop by and build your dream creations.

Truman State Brass Studio Recital

Truman's Brass Studio students will perform on May 1 at 6 p.m. at the Ophelia Parrish Performance Hall on the Truman State University campus.

Truman State String Studio Recital

A performance featuring the students of Truman's string studios. May 1 at 8 p.m. at the Ophelia Parrish Performance Hall on the Truman State University campus.

Truman State Steel Spring Concert

Truman's Steel Band in concert, May 2 at 7:30 p.m. in Baldwin Auditorium on the Truman State University campus.

TriFAHL triathlon for men and women

TriFAHL, a short distance triathlon for men and women of all athletic abilities, will be held on May 3 at 8 a.m. at Truman State University. First-timers and experienced racers are all welcome. You can race as an individual or a relay team. The

event begins with a 150-yard swim at the Truman State University Natatorium, followed by a 9-mile bike ride that is two loops on the city streets in Kirksville and ends with a 2.4-mile run on mostly sidewalks through and around the edge of campus. Registration is \$55 and closes on April 28. Contact the race director at trifahl@gmail.com with questions.

Thousand Hills State Park Amphibian Week activity

Thousand Hills State Park Amphibian Week will be celebrated on Sunday, May 4 from 2-3 p.m. There will be a table where you can learn about amphibians found in Missouri, make an origami frog, and see if you can jump as far as a native frog. Meet at the picnic tables in between the playground and the Oak Trail.

Kirksville Community Chorus Spring Concert

Kirksville Community Chorus Spring Concert will be held on May 5 from 7-8:30 p.m. at the First Christian Church, 100 N. High Street. Music concert featuring Folk Music of America. No charge. Donations accepted but not required. Open to all ages.

Community Connections — Home Safety program

Community Connections — Home Safety program will feature Kirksville Fire Chief Jon Cook talking about home safety and preventing emergencies. Be prepared! May 7 from 11 a.m. to noon at Lifeline Services, 1515 N. New Street. Join them on the first Monday of the month as community experts talk about their area of expertise.

Mark Twain Behavioral Health open house

Mark Twain Behavioral Health, 105 Pfeiffer Avenue in Kirksville, will hold an open house on Thursday, May 8 from 2-5 p.m. to celebrate their 50th anniversary.

Thousand Hills State Park Petroglyph Tour

Thousand Hills State Park Petroglyph Tour will take place on Friday, May 9 at 7 p.m. Thousand Hills State Park is home to a collection of petroglyphs or rock carvings made by ancestors of today's American Indians. Explore the petroglyphs with park staff to learn more about this unique piece of history. Meet at the petroglyph shelter located next to the beach.

Thousand Hills State Park Birding for Beginners

Thousand Hills State Park Birding for Beginners will be held don Saturday, May 10 at 8 a.m. In honor of World Migratory Bird Day, join park staff to learn some birding basics and enjoy a leisurely hike! Binoculars, field guides, and cameras are welcome. Limited binoculars and field guides will be available to borrow during the program. Please wear closed-toed shoes and bring water. Meet at the Beach Shelter. The Bird Hike will be on the paved trail.

Truman State University graduation

Truman State University graduation will be held on Saturday, May 10, at 2 p.m. at Stokes Stadium.

Thousand Hills State Park Endangered Species Day

Thousand Hills State Park Endangered Species Day will be held on Friday, May 16 at 7 p.m. In honor of Endangered Species Day, join park staff to learn about the Plains Spotted Skunk, White Ash Tree, and Indiana Bat which are some of Missouri's endangered species. Learn about each and how we can help them and other species. Meet at the Campground 1 Amphitheater.

Curtain Call Theatre Classic Film

Curtain Call Theatre will show the classic film, "Where Eagles Dare", on May 16 from 7-9 p.m. at the theatre, 512 W. Eliz-

abeth Street in Kirksville. Doors open at 6:30 p.m., admission is free, concessions available.

Thousand Hills State Park for Kids to Parks Day

Come out to Thousand Hills State Park for Kids to Parks Day, Saturday, May 17, 11 a.m. Join them to celebrate Kids to Parks Day with a variety of tabletop activities for kids and kids at heart. They will set up between the playground on Big Loop Road and the Oak Trail. Kids to Parks Day is a national day of outdoor play celebrated annually on the third Saturday of May. The day connects kids and families with the outdoors through events that promote discovery and exploration in the great outdoors. All programs are weather permitting.

Kirksville Community Horse Center free open barn event

A free open barn event will be held on May 17 from 11 a.m to 6 p.m. at 25161 Laurel Lane, KCHC (Kirksville Community Horse Center). It's the biggest event of the year—and it's free! Join them as they say "Thank You!" to the community with a full day of fun, games and majestic horses (plus unicorns!) Enjoy live demos from their talented students; Interactions with eight stunning horse breeds; Free Icees, cotton candy and T-shirts (while supplies last). All-day activities and surprises. Special guests: The Kirksville Circus! Catch their first-ever public performance, featuring Regina Armenta on stilts and aerials, and Courtney Eisenbeisz with her horse, Calypso. Follow the Kirksville Circus on Facebook. Come celebrate, explore, and stay for a full day of family-friendly fun! Full schedule coming soon at: KirksvilleCommunityHorseCenter.com

ATSU Graduation

ATSU Graduation will be held on May 17 at Truman State's Baldwin Hall Auditorium at 10 a.m.

Kirksville High School graduation

Kirksville High School graduation will be held on May 18, at 2 p.m. at Spainhower Field.

Abstract Citizen to perform at the Sue Ross Arts Center

Abstract Citizen, a jazz quartet from Miami will be performing at the Sue Ross Arts Center on Sunday, May 18. The concert is free to the public and no reservations or tickets are required. Q&A begins at 4 p.m. and performance begins at 5 p.m.

Thousand Hills State Park World Turtle Day

Thousand Hills State Park World Turtle Day will be held on Friday, May 23, at 7 p.m. Come shellebrate turtles with park personnel at Thousand Hills. Learn why they are important, what unique adaptations they have, and more. Meet at the Campground 1 Amphitheater.

Thousand Hills State Park Guided Hike of the Redbud Trail

Thousand Hills State Park Guided Hike of the Redbud Trail will take place on Saturday, May 24, at 10 a.m. The forest of Thousand Hills is a never-ending story where every plant, animal, and even person has a part to play. Join park staff to uncover more of this story. Please wear closed-toed shoes and bring water and bug spray. Meet at the Redbud Trailhead on Big Loop Trail Rd., across from the playground.

Thousand Hills State Park Petroglyph Tour

Thousand Hills State Park Petroglyph Tour takes place on Sunday, May 25, at 10 a.m. Thousand Hills State Park is home to a collection of petroglyphs or rock carvings made by ancestors of today's American Indians. Explore the petroglyphs with park staff to learn more about this unique piece of history. Meet at the petroglyph shelter located next to the beach.



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# Kirksville Diversity Festival draws hundreds

By Marty Bachman  
Daily Express

Hundreds of people attended the Kirksville Diversity Festival, which was held on Saturday, April 26, at Ray Miler Elementary School.



# 2025 Ruby Green-Frank Baldwin Free Enterprise Award to be given to local business on May 14

Staff Reports

The 2025 Ruby Green-Frank Baldwin Free Enterprise Award, which honors a local business that successfully engages in free enterprise, demonstrates commitment to the community and practices high ethical business standards, will be awarded on May 14, at the Rotary Club of Kirksville noon luncheon at the Kirksville Country Club.

According to Rotary officials, for more than four decades Ruby Green and Frank Baldwin were outstanding community leaders, model Rotarians and highly respected business leaders.

The Rotary Club of Kirksville has presented this award since 1994 and businesses are nominated by club members and the Ruby Green-Frank Baldwin Free Enterprise Award Committee, which carefully evaluates and selects one recipient.

The award recipient will be presented with a recognition plaque and financial award.

## AWARD HISTORY RUBY GREEN

Ruby Green used his life savings of \$600 to open a produce company in 1931. The produce company was followed by a grain elevator in 1938 and the Ruby Green Seed House in 1943. Green joined the Kirksville Rotary Club in 1934 and held his membership for almost 60 years. He served as club president in 1949-50 and district governor in 1969-70. In 1974, Green was leader for the Rotary Group Study Exchange Team that visited New Zealand.

He was active in his community for 50 years. He served on the board of directors of the Country-side Rehabilitation Center, was a long-time board member of Citizen's National Bank and remained

on the board when the bank became associated with Commerce Bank.

Green's long-time association with Boy Scouts of America began in 1927 when he served as Troop Master. He later served as president of the Great Rivers Council and received scouting's Silver Beaver Award in 1970.

In 1985, Green received the Hall of Fame Award from the Kirksville Chamber of Commerce. He also served as a member of the Missouri State Chamber of Commerce, the Missouri State Park Board, and the Missouri Grain Dealers Association.

## FRANK BALDWIN

Frank Baldwin moved to Kirksville early in 1946 and established the Baldwin Typewriter Company, which he operated from his home. From one man operating out of his home, Baldwin's business grew to 30

employees providing office supplies and equipment to schools and businesses in 22 north Missouri counties and a portion of southern Iowa.

Baldwin joined the Kirksville Rotary Club in 1947 and served as president during the 1958-59 year. He served as governor of Rotary District 605 in 1979-80. His sons, Carl and Charles, also served as president of the club.

On the community level, Baldwin was instrumental in the establishment of the Kirksville Jaycee's Chapter and was named Employer of the Year by that organization twice. He served as chairperson of the Kirksville Planning and Zoning Commission and was also active in the Boy Scouts of America. On the state level, Baldwin served on the board of directors of the Missouri State Chamber of Commerce.



# The biggest trivia night in Northeast Missouri is back!

By United Way of  
Northeast Missouri

The United Way of Northeast Missouri has announced their 4th annual Charity Trivia Night, with all proceeds benefiting their 10 local United Way agencies.

Grab your smartest friends — or at least some fun ones — and sign up for this fun-filled night and a chance to win the \$500 1st place payout! Each team can consist of eight players and team registration is

\$150 — or \$200 including mulligans.

They will also hold cash prize games throughout the night including: Heads/Tails; 50/50 cash drawing; High/Low and Bonus Round. This event will take place on Saturday, May 10 from 7-10 p.m. at the Kirksville Moose Lodge.

To sign up your team or for more information, contact Bill Castles at 660-665-1924 or via e-mail at uwnemo@gmail.com. Tables are extremely limited so sign up soon



Volunteers picks up litter and debris from alongside the creek.



## CLEANUP

Continued from Page A1

"The whole idea is to raise awareness and good stewardship of our environment because this is where our water comes from," Nash said, explaining that both Forest Lake at Thousand Hills State Park and Hazel Creek north of town, are the city's sources for clean and fresh water.

Nash said the city's water is cleaned at a treatment facility on Potter Street but there's also a treatment plant on the south side of town on Bear Creek that cleans the water downstream leaving town and merging into the Salt River. "Around town, you see

a lot of litter in the creeks and along the side of the road, and we're just going to go around cleaning it up," Nash said, explaining the gathered groups' intent, volunteers made up of Truman and ATSU students, as well as local scout packs and Rotary Club members.

Nash said that while the litter in the streams was not at a level where it would cause problems, it was important to get a step ahead before there is a problem by making residents aware of the damage trash and erosion do to the creeks.

Nash and Dorrell partnered with the Missouri Department of Conservation, which he said plays an important role in maintaining the local creeks on

private and public lands.

"In general, litter is always a problem," Nash said. "You'll see some of these creeks down here are just full of old debris like glass bottles, plates, things like that. Over decades, people have been dumping things in there and so we're trying to clean that up."

Nash said the Earth Day volunteers were primarily concerned with small litter, items like bottles, both plastic and glass, as well as trash bags picked up by the wind.

"You also see a lot of fast food containers in the creeks and I think a lot of it is coming from when the trash service picks up dumpsters and they shake it out and some of that just blows off," he said.

# Johnny Lay's Pork Steak Dinner Saturday May 10th, 2025 5:00pm - 7:00pm

Johnny Lay is hosting his famous pork  
steak dinner with side dishes,  
desserts, and drinks.

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ROBIN WRITES

Driven by technology

Our vehicles are smarter than we are. Their manuals are as thick as dictionaries, and few of us have taken the time to read them—much less utilize all the features they explain.

The touchscreen in my car is a wealth of entertainment, instructions, and settings. And most everything it displays requires the press of a finger to access. A precise, well-aimed press.

Sometimes I miss, and accidentally enable something that causes a light to go on or a sound to blare its displeasure. Then, I scramble to undo my mistake. Bifocal-ed eyes lift and dunk like a Whack-a-Mole game, and I pray I won't crash before I settle things down.

It used to be much simpler to drive a car, back when an action triggered an equal and sensible reaction. There was little-to-no computer intervention, and everything that happened was the result of deliberate intention on the part of the driver.

Manual steering and brakes, along with that attention-seeking clutch, made driving a skill that took brain power and muscle dexterity. No buttons or chips could handle the jobs.

Gauges were basic: Fuel, temperature, oil level, speed, tachometer. Any other particulars were the realm of your mechanic, as far as I remember.

If you had a low tire, you knew by looking or by wobbling down

the road. Your attendant checked the oil when you stopped for gas, and it seemed every car on the road was often 'a quart low.'

Windshield wipers could only wipe two ways. Slow as a church fan or smacky-fast. If you wanted "intermittent" action, you wrenched the lever up and down.

Headlights were fun in old cars. You pulled a knob to turn them on, and—with no alert to remind you—had to remember to turn them off in daylight or risk a dead battery.

I loved the satisfying click of the bright/dim headlight switch on the floorboard, next to the clutch. We learned to watch the telephone wires for illumination, hinting at a vehicle just over the hill. A courteous driver was a good dimmer-clicker.

The radio was AM only and we were fine with that for many years. You turned one knob to 'on' and twisted another knob (or pushed the square-silver buttons below the radio window) to hop to your favorite stations.

In moments, a tinny tune blasted from one or two (sometimes crackling, but always good-enough) speakers.

The ashtray was a tiny pull-out cup that reeked of sooty butts. The lighter was right next door. We pushed it in to engage its heating and waited for it to pop out with jarring aggression.

In seconds, that unassuming metal plug became an evil-hot thumb of red-black coils; to a novice smoker it was the most dangerous thing



ROBIN GARRISON LEACH  
ROBIN WRITES

inside the car.

Over the years, our cars evolved. Power steering made it easier to do other things besides wresting the wheel. We could drink a soda and even wolf down a snack without needing a free hand to shift, thanks to automatic transmission.

The dashboard changed from simple dials and knobs to complicated displays and computer-generated information we didn't know we needed. And the more sophisticated our automobiles became, the deeper our descent into distracted driving dove.

But we love every new gadget. We can slide into our streamlined car, start her up, put her in gear, and roll away without much thought at all.

Our bodies hold our heads windshield-high, and our fingers and voices control most every modern feature we could possibly imagine...from phone to climate to driving mode to directional guidance.

When we all have self-driving vehicles, I think I'll miss the fun of doing it myself, back when the only thinking part of my car was me.

Columns

HOME COUNTRY

Definition of being a real cowboy

There are those who believe that old sayings are wise because someone now dead said them or wrote them or carved them into the cave walls a long time ago.

But it's our journalistic duty to laugh at ones that are just ridiculous.

Case in point "There's something about the outside of a horse that's good for the inside of a man."

Have you ever brushed the outside of a horse? I don't mean just getting the Cretaceous crust off him with a curry comb. I mean getting a soft brush in there all the way to bed-rock (or his skin) whichever comes first.

Depending on where you live, you will find hidden in that soft brush such things as yellow snow, goatheads, trail dust, horse slobber from one of his corral mates that settled in and dried, and dead grass. If you're fortunate enough to share your world with bugs, you might come across a cockroach corpse or two.

Protein!

With the benefit of hindsight, which occurs in mule



SLIM RANGLES  
HOME COUNTRY

packers with great experience, such as myself, I figured out we weren't supposed to eat horse brushings, but absorb them into our souls, so we can fool others into thinking we know a lot.

One question here: How smart does a horseman have to be to mount up on top of some mangy volcano who's dedicated to the random scattering of cowboy parts on at least 17 acres?

Of rocks.

But the final definition of being a real cowboy is then to sit up in that convenient pile of cactus and horse manure and grin and say, "I told you he was spirited!"

Brought to you by old bunkhouse cowboys like Windy Wilson, who always have something to say to enrich our lives.

PUBLIC HEALTH CORNER



Mental Health Awareness Month

By Kirstyn Dietle, MPH, CHES®  
Health Educator  
Adair County Health Dept.

Welcome to the Public Health Corner: Mental Health Awareness Month

Each May, Mental Health Awareness Month shines a spotlight on the importance of mental well-being and the need to break the stigma surrounding mental health challenges. It's a time to promote understanding, encourage open conversations, and ensure that individuals know they are not alone.

Mental health impacts every area of life—from relationships and work performance to physical health and overall quality of life. Conditions like anxiety, depression, PTSD, and bipolar disorder are more common than many realize, and they affect people of all ages, backgrounds, and walks of life. Early recognition and support can make a significant difference in someone's journey toward healing.

**The Importance of Awareness**

Raising awareness helps remove the shame and misunderstanding often associated with mental health challenges. When communities are informed and supportive, people are more likely to seek the

help they need. Mental Health Awareness Month reminds us to check in with ourselves and others, and to make mental health a consistent priority—not just during moments of crisis.

**Promote Mental Well-Being**

- Practice self-care: Make time for rest, hobbies, connection with loved ones, and physical activity.
- Recognize the signs: Be aware of symptoms like persistent sadness, anxiety, changes in sleep or appetite, or withdrawal from others.
- Reach out: Whether it's talking with a trusted friend or seeking a mental health professional, asking for help is a sign of strength.
- Support others: Listen without judgement and encourage others to access care if they're struggling.
- Create a positive environment: At home, school or work, promote kindness, inclusion, and healthy communication.

Mental health matters every day—not just in May. Mental Health Awareness Month is a reminder that support is available, healing is possible, and together we can build a community full of compassion and understanding. Whether you're seeking help, offering support, or simply learning more, your actions contribute to a healthier, more connected community.

THE ROCKWOOD FILES

Is there a cobra in the dryer?

How to stop an anxiety spiral

A windsock shaped like a hot air balloon with a spiral tail is suspended above our backyard deck. When the wind blows, the balloon spins, and the spiral twirls below it, catching my eye when I walk past the window.

Maybe I notice that spiraling tail because the windsock isn't the only thing around here that spins. I do it, too, except my version isn't nearly as pretty. Unlike the windsock, my spiral is powered by thoughts — random ones, weird ones, and scary ones.

Here's an example of how it happens. The other day, I was folding a warm load of towels I'd just scooped out of the dryer. Just a normal chore on a normal day full of mostly normal thoughts. But then one thought went rogue and offered up a disturbing "what if." I don't even remember the specifics of it now, but in the moment, it was so bad that my brain latched on and ran with it. I imagined the shock, the fallout and the grief. Within moments, my throat tightened, my stomach felt sick, and tears were in my eyes.

If my husband had walked into the room then, he would've said, "What happened?" And the truthful answer would've been this: In reality, absolutely nothing. Inside my mind, soul-crushing tragedy.

A few minutes in, I noticed the absurdity of it. Then I went from miserable straight to mad. Why do I do this to myself? How is it possible that one crazy thought, like a sudden gust of wind, can send me on an anxiety spiral so intense that my body reacts as if that imagined scenario were actually happening?

I decided to look into it. I figured if I better understood how anxiety works in the brain, I might get better at stopping the

spiral before it picks up speed. I consulted a new book written by Martha Beck called "Beyond Anxiety." Beck is an American sociologist, life coach, and a person Oprah Winfrey once called "one of the smartest women I know."

In a CNN interview about her book, Beck explained the difference between fear and anxiety. "Healthy fear is a response to something dangerous that we experience as an intense burst of energy that subsides almost immediately when the danger passes. Anxiety is a response to our thoughts. We feel fear responses to things that are not present, may not have happened, may never happen. The feelings can linger even when we're completely safe. Anxiety is like being haunted."

The word "haunted" feels particularly accurate to me. But why does this happen? Beck says it's because the human brain has a "negativity bias," which means we're constantly looking for potential threats. She illustrates it by saying that if you walk into a room where there are 15 puppies and one cobra, your attention will shoot straight toward that cobra. We pay attention to what scares us.

But sometimes, that cobra is just a random thought that slithers across your mind. Or an elaborate "what if." Beck says, "...humans are the only animal that can take an imagined fear and turn it into a consistent, sustained experience of anxiety."

So, how do we sidestep the anxiety spiral? That's a longer story than one column can explain, so I'll let the book do the teaching. But here are three important things I learned from reading it.

1. You can't horsewhip your anxiety into submission. Self-criticism won't work. Researchers estimate that we have more than 6,000 thoughts per day. A few of them are bound to be star-



GWEN ROCKWOOD  
THE ROCKWOOD FILES

ting, but we can choose not to feed those thoughts more of our attention and time.

2. Try treating anxiety the same way you'd treat a small, frightened kitten who showed up on your doorstep during a thunderstorm. Keep in mind that this kitten has just been fully freaked out by a cobra. Use a calm, gentle voice. Slow movements. Kind words. Deep breaths. Give it time and space. Tell her she's safe.
3. Finally, remember that anxiety is produced in the left hemisphere of the brain (which thinks it's correct about everything even when it's not.) So, do something that forces your brain to use the right hemisphere, which likes to solve problems using creativity and inventiveness. The human brain turns off anxiety when it turns on creativity. Artistic masterpieces aren't necessary here. Just use your hands to make something (even a sandwich and a jigsaw puzzle would work). It'll help your right brain work its magic while your anxious left brain backs off to let you rest and reset.

From one cobra tamer to another, may we all be kind to our wild and precious minds. As author and former world champion athlete Dan Millman once said, "You don't have to control your thoughts. You just have to stop letting them control you."

Gwen Rockwood is a syndicated freelance columnist. Email her at [gwenrockwood5@gmail.com](mailto:gwenrockwood5@gmail.com). Her book is available on Amazon.

POETRY CORNER

These Words You See

I've written several poems... that touch on life...  
that touch on issues I've faced,  
As I read each verse... digest each rhyme...  
I see me all over the place.  
Some paint a picture... of happy days...  
that happened so long ago,  
Others reflect struggles...

we continually face...  
struggles so well I know.  
I've often felt... deep down inside...  
another's composing these words you see,  
I hope they give you... a thought or inspiration...  
I know they do for me.

— Daniel D. Donovan



TURNING THE PAGE

This Week in Local History

By Larry Evans

110 Years Ago, April 25, 1915

Kirksville and Adair County residents were shocked when it was learned that the former Adair County Treasurer, H. Clay Workman, who suddenly disappeared on November 9, 1914, had been issued a marriage license in Clay County, Missouri. The license was issued to Workman and his former deputy recorder, Miss Fannie Berry, 32, of Kirksville. Workman had abandoned his wife of 27 years and left the area. It had been learned that he went to Reno, Nevada, where he got a divorce, although Mrs. Workman never received notice of the divorce decree. Miss Berry had worked in the Adair County Courthouse for ten years, serving in several capacities in various offices. She was reported to be a highly capable employee. She continued working in the courthouse for the then current county clerk, George Lorton. Clerk Lorton said that about two weeks earlier, in mid-April, Berry asked him for a leave of absence, telling him that she need to go to Texas to see her sister who was ill. She stated that she did not know how long she would be gone and advised him to get someone else to help in her absence. Lorton granted her request. She left Kirksville on April 19, 1915, the same day that she met Workman in Liberty, Clay County, Missouri, and they were issued the marriage license. Miss Berry's family in Kirksville denied that they knew anything about the disappearance of Workman or the abrupt departure of Fannie Berry. Mrs. Workman in the meantime, said that she had at one time suspected that there might be something between her husband and Miss Berry, but when he disappeared and Miss Berry remained in Kirksville, she concluded that it was another woman. When Workman departed the county, the county treasurer's books were in good order having been kept that way by Miss Berry.

110 Years Ago, April 27, 1915

O. S. Reynolds of Kirksville, was arrested and placed in the Adair County jail. He was accused of throwing car-bolic acid on the clothes of May Morgan and her escort. According to the story Miss Morgan told, Reynolds, her former boyfriend, had given her the dress which she was wearing while in the company of another man. Reynolds got wind of it, and when he met them on the street, he threw car-bolic acid on them. Apparently, his intention was to ruin her dress as he did not hit either of the couple in the face with the acid. The clothes of the couple were ruined, but neither was injured, although the fumes got in their eyes for a short time.

110 Years Ago, May 3, 1915

A severe rain and hail storm in Adair County left automobiles that were caught in the storm stuck in the mud. In many cases the vehicles were abandoned as their drivers and passengers sought other means of getting home—train, horse drawn vehicles, or on horseback.

100 Years Ago, April 27, 1925

The infant mortality rate in one district in Adair County consisting of Benton and Pettis townships showed an infant mortality rate of 46 infant deaths per 1000 births for the period, April 1, 1924, to April 1, 1925. The United States rate for the same period was just 6.6 infant deaths per 1,000 births.

100 Years Ago, May 3, 1925

By a vote of approximately five to one, the residents of the Benton School district, at a preferential election, voted to change the location for the new Benton elementary school building to the tract of land lying at the corner of Patterson and First Streets. The vote was 462 to change the school site and 96 votes against the proposition. The election brought out a large vote, showing the interest that was taken in the matter. The preferential election was held by the Board of Education to determine how the residents of the district felt about the change, as they had been petitioned by 478 of those interested in in changing the site. The previous Benton School was



located at the site of the present day Rieger Armory, and most residents of the district felt that location was not centrally located for the convenience of the majority of the school district residents. In a meeting following the preferential election, the Kirksville Board of Education stated that the new building would be erected on the site the voters favored consisting of two acres, belonging to Dr. Ezra Grim, to be purchased for \$5,000. By erecting the new building at this site it will not interfere with the upcoming school year's work.

90 Years Ago, April 26, 1935

A Schuyler County man who was being escorted to the state hospital for the insane at Fulton by the Schuyler County Sheriff, his deputy, and a justice of the peace in Schuyler County, caused quite a disturbance at the Janes Restaurant in Kirksville. The party had stopped in Kirksville to eat lunch. The sheriff and his deputy went to the restroom, and while they were gone the insane man attempted to escape. Fortunately, off duty highway patrolman Parker and two civilians, Ralph Goodwin and Ralph Janes, were in the restaurant and provided assistance. The insane man ran out of the restaurant and made his way down an alley. The law enforcement officials in pursuit fired a tear gas cartridge at him and he was captured.

80 Years Ago, May 3, 1945

With the announcement of the deaths of Adolph Hitler and Benito Mussolini, the leaders of the Axis Powers, the world began to believe that World War II might be drawing to a close with peace on the horizon. Kirksville Retail Merchants Association adopted a resolution providing for the observance of Victory in Europe Day (VE-Day). The resolution stated that if Germany's surrender came before 4 p.m., the stores would be closed for the balance of the day. If surrender came after 4 p.m. the stores would close for the remainder of that day and the following day. Other good news in the wake of the anticipated surrender of the Axis Powers was the word that PFC Dean Funk, the son of Mr. and Mrs. Claude E. Funk of Kirksville, had been liberated from a German POW camp and flown to Paris, France. He was expected to return to the United States as soon as transportation could be provided.

70 Years Ago, May 3, 1955

The Markham's Store on the south side of the Kirksville square that was burned out in December 1954 was celebrating its back in business grand opening. The entire store had been completely remodeled with all new fixtures and stock. It featured an all-glass front flush with the sidewalks, a green terrazzo floor and light wood paneling on the wall. The manager of the store was I. E. Markham. The store featured greeting cards, stationery, toys, and children's clothing.

65 Years Ago, April 25, 1960

Tragedy and misfortune on the highways had plagued Adair County's census takers. Mrs. Roy Byrd, of rural Greentop, was struck and seriously injured by an automobile. She was taken to a Kirksville hospital in critical condition but survived the accident. She was a census taker, but the accident was in no way related to her duties as census taker. Not more than one half a mile from the site of Mrs. Byrd's accident, another Adair County Census taker, Gayle Platz of Brashear, was involved in a serious collision. He was not seriously injured, but three people in the other car were hospitalized. Both of these accidents took place near the Kirksville air base at Sublette. A month earlier, Charles Cox of Kirksville, also a census leader in the area, was killed in a collision with a bus near Renick, Missouri.

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EMBRACING LOCAL HISTORY

Part 152

James Bowcock, the ice king

By Blytha Ellis, President Adair County Historical Society and Museum

James “Jim” Baynes Bowcock (1867-1940) was a Kirksville man who became a legend in his own time. He dubbed himself “The Ice King” because his profession was selling ice all over town in an era before refrigeration when people and businesses used ice boxes. Jim was said to be jovial, witty and friendly. He is remembered for his love of his town, his family and for his patriotism.

Jim was born near Silver Creek in Randolph County, Missouri, on June 12, 1867, soon after the Civil War. His parents, John Dabney Bowcock and Lucy Ann (Ellis), both natives of Virginia, moved to Adair County after 1870, and Jim was raised in a cabin west of Kirksville. Jim had two older brothers, one older sister, and one younger sister, plus two older half-siblings from his father's first marriage.

Jim was working in a creamery in Kirksville in the 1890s where they used big blocks of ice to keep the ice cream and butter fresh. One day, Jim said it dawned on him that he could go into the ice business and supply ice to all the businesses and homes in town who needed to keep food cold.

Near what was called the circus grounds back then was a building called the Porter Ice House. It was available for an annual rent of \$350. Jim saved up \$120, and a friend loaned him \$230 to rent the building. He was undaunted by the fact that four predecessors in the ice business had gone broke. During the winter, Jim filled the building with ice which he cut from local ponds and soon had a successful business.

In the early 1900s, Jim was able to buy five acres of land at the north end of Luther Street in Kirksville. There, he dug his own pond from which he could cut ice, and he built his own ice house. This saved him a lot of rental money.

In warm weather, Jim had a quaint horse drawn wagon which he filled with ice blocks and made his rounds in town to homes and businesses. He had a big striped umbrella which he used to shade the ice from the sun. Accompanying him for years was his faithful dog, Rover.

Jim once said, “The most money I ever made was when I had four or five saloons on my route and 100 private homes. One year, I made \$1,800. It was hot and dry that year, and I had my big ice house full. I shot the price up to 50 cents.”

Jim Bowcock became one of Kirksville's most picturesque characters, seen daily around town in the late 19th and early 20th centuries on his ice delivery route. He became popular with the kids in town who followed his ice wagon for the chance to get a chip of dirty, pond-water ice. Invariably, chips would break from the large ice blocks each time one was removed from the wagon with big, sharp-pointed ice tongs.

Harvey B. Young, Jr. (1919-2022) whom many will know as a banker in Kirksville, once told the

Historical Society that he was one of those young boys who used to follow the Bowcock ice wagon. Ice was a treat in those days because no one could make ice cubes at home before the advent of electric refrigerators. So, one of the ways children cooled off in summer was by following the ice wagon. Harvey said when he thought about it later, he couldn't imagine why they ever wanted that dirty ice.

About the kids and ice chips, Jim said, “I used to take a 20-lb. piece of ice and bust it up on purpose for the kids. Then, when I got to a saloon who ordered 100 blocks of ice, I'd just charge them for the kids' block.” Jim said that although saloons provided him with income, he always viewed liquor as a great evil.

After World War I was over in 1918, Jim was deeply saddened that 35 young men from Adair County had lost their lives, many of whom he knew. He used part of the acreage on the east side of his home to build a park in honor of those men. He planted 35 catalpa trees, one for each soldier who had died. Each man had a brass tag and a copper wire stuck in the ground and his name on the tag. He placed a large 4' x 3' frame in the park with the pictures and names of the 35 soldiers. In a memorial rock, he also chiseled the letters “Co. C” for the company of men from Kirksville who served in WW II. Although this park was on private property, he shared its use with his community during his lifetime.

Bowcock Park still exists today on the north side of Hope Street in the north part of Kirksville, but it is overgrown, unusable and located on private property. The city of Kirksville at one time was looking into the possibility of buying this property and revitalizing the park, but this never materialized.

Although Jim had very little education, in 1925, he decided to write his own history of Kirksville. A local banker lent him a bank stenographer, Kirksville Mayor Az Stookey sponsored him, and Charles Link at Journal Printing Co. published his 24-page, pamphlet type book. Jim sold these for \$1 each. It was an interesting, haphazard memory journal of all the people and places Jim had known in Kirksville. The Adair County Historical Society reprinted this booklet in 2018, and it is still available at the museum for a donation of \$3. Although Jim's frame containing pictures of the 35 men from Adair County who died in WW I is no longer in Bowcock Park, there is a booklet available at the Historical Society with all their pictures and a brief description of each one.



Jim Bowcock and his faithful dog, Rover

Here is a sample of what Jim wrote in his book: “In the early days, we fought fires with a pump engine, ten men on a side. Four big wells, one on each side of the square. They pulled the fire truck by hand. I belonged to the company for about ten years. We didn't get any pay. Today [in 1925], we have one of the best water systems and fire companies in the State.”

In his book, Jim gave this advice to young people: “Boys and girls, go to school and get an education. Go to Sunday School. When your mother and father are down and out, take care of them. Boys, go to work and quit your stealing. Don't gamble; don't fool with whiskey. I am going to put it up to you, if you won't work, we will give you a place to sleep, plenty to eat and put you in striped clothes, then you will work!” [This was back when jail inmates were required to work on community projects.]

Jim died at his home in Kirksville on September 22, 1940, at the age of 73. He had retired from the ice business only two years before. He outlived two wives and was survived by his third. They were: Lyda F. (Wimber) Bowcock (1868-1912), Emma Mary (Beardsley) Bowcock (1853-1936), and Stella Mae (Burchett) Eitel Bowcock (1878-1948). Jim and his first wife, Lyda, had three daughters, Lyda May (Bowcock) Dollard, Hyla Claire (Bowcock) South, and Helen Frances Bowcock. Jim had two grandsons, Henry Louis Dollard Jr. and John Taff Dollard. His first two daughters married and moved to California, and his third daughter, Helen, never married and worked as a nurse in Tucson, Arizona.

Jim's funeral was held at the Summers and Flinchpaugh Funeral Home in Kirksville, conducted by the Rev. S. A. Rear, Methodist minister. Burial was in Forest-Llewellyn Cemetery beside his first wife, Lyda. (Plot LF-1)

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For more For For more stories on the history of Adair County, Missouri, subscribe to the quarterly magazine of the Adair County Historical Society, “THE ADAIR HISTORIAN.” It is \$25 for 4 issues in 2025 (raising to \$30 for 2026). We also have all previous issues dating back to 2015 still available. ACHS, 211 S. Elson, Kirksville, MO 63501, 660-665-6502, adaircohistorical@gmail.com

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# Spring Outdoors: Turkey and morels draw attention in Adair County

By Missouri Department of Conservation

As spring unfolds across Adair County, outdoor enthusiasts are hitting the woods in search of two seasonal favorites—wild turkeys and morel mushrooms. Whether it's the thrill of calling in a gobbler at sunrise or the quiet reward of spotting a prized mushroom under a sycamore, spring offers plenty of ways to enjoy Missouri's natural beauty. Hunters and foragers alike are reminded to follow all rules and regulations to ensure a safe and sustainable season.

The spring turkey hunting season officially began on April 21 and runs through May 11. According to the Missouri Department of Conservation, youth

hunters kicked off the season with success, harvesting a total of 4,428 turkeys statewide between Saturday, April 12 and Sunday, April 13. During the regular season, hunters are allowed to take up to two bearded turkeys, but only one turkey may be harvested during the first week. If a hunter has not taken a bird during that time, they may take two in the later weeks—but not on the same day. Hunting hours vary: on conservation areas, hunting ends at 1 p.m., while on private land, hunting is permitted until sunset.

Morel mushroom hunting is also in full swing, especially on Missouri's conservation areas. These tasty mushrooms are a spring delicacy and are often found near dead trees or in

damp wooded areas. Foragers are welcome to gather morels on conservation areas, but it's important to remember they are for personal use only and cannot be sold. Mushrooms harvested from private property may legally be sold. For your safety, especially during turkey season, mushroom hunters are strongly encouraged to wear blaze orange so they remain visible to others in the woods.

Respect for private property is just as important as following hunting and foraging rules. Always be aware of property lines and avoid trespassing. A ditch or creek running alongside or across a road is not an invitation to enter private land. Many properties are clearly marked with "No Trespassing" signs or purple paint, which under



Missouri law carries the same legal weight. Respecting land boundaries helps maintain good relationships with landowners and protects the opportunity for everyone to enjoy the outdoors.

As with any outdoor activity, rules are in place to protect people and wildlife. If you witness any violations or suspicious activity while out in the woods, report them to your local agent or contact Conservation Agent Kevin Powell at 660-216-1389

Home and yard care

10 essential springtime tasks

The days are growing longer and warmer, coaxing you to step outside and enjoy the invigorating spring air. Warmer weather also means it's time to tackle some important chores. Here's an overview:

1. **Inspect the roof.** Check for missing shingles, popped nails, standing water, membrane damage and signs of mould. If you notice any of these signs, repairs are needed.

2. **Clean the gutters.** Look for cracks and remove debris that could prevent water from draining. Make sure water drains away from the foundation.

3. **Look at the attic and ceiling.** Look for signs of leakage, such as rings, mould or peeling paint. Check also for nests or droppings that indicate the presence of unwanted pests.

4. **Inspect the foundation.** If you notice narrow cracks, seal them with an appropriate product. Consult an expert if the cracks are wider than a centimetre.

5. **Examine the windows.** Check for damaged caulking and replace it if necessary. Ensure all your windows open and close smoothly and the screens are intact.

6. **Deal with exterior taps.** Turn on the water and inspect the tap for leaks. Cover the mouth of the faucet with your thumb. If everything is functioning properly, you shouldn't be able to stop the flow easily.

7. **Prepare the soil.** Fertilize and amend the soil as needed. If you haven't done this in a few years, consider getting a soil analysis to determine how to boost plant growth.

8. **Trim vegetation.** Cut back perennials you didn't get to in the fall and trim any branches that are dangerously close to your house. Remove broken branches that didn't survive the winter.

9. **Maintain your gardening tools.** Ensure your hedge trimmer, lawnmower, edger and other tools are ready to use. Sharpen the blades, check the oil levels and clean or replace any parts as necessary.

10. **Test your air conditioner.** Follow the manufacturer's recommendations on changing or cleaning your air conditioner's filters and coils. Then, turn it on, test it and fix any issues before the first heat wave hits.

Call a maintenance professional or get started right away and make the most of this spring.

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# Absurd tiebreaker fracas keeps ‘Dogs out of conference tourney

By Henry Janssen & Truman Athletics  
henry.janssen@kirksvilledailyexpress.com

“It’s for sure one of the strangest afternoons I’ve ever had,” Truman Sports Information Director Kevin White said. “It was a myriad of bad situations.”

The short of things is that Truman, Rockhurst, and Missouri S&T found themselves in a three-way tie for the seventh and eighth final spots into the Great Lakes Valley Conference tournament entering Sunday. They had defeated each other circularly in two-game sweeps, and so the 13-13 Bulldogs believed all they needed to do with identical records was win the first half of an afternoon doubleheader.

Rockhurst’s games got started two hours late because Kansas City was hit with weather, but by then S&T had a lock on the seventh-seed because it had a better record versus the highest-seeded teams in the conference. The Miners advanced to 14-13 with a win, but the Bulldogs thought an 11-5 victory in Sunday’s first game locked them in because they were also 14-13 at that point.

The ‘Dogs didn’t play their regular 10-lady lineup in the second game for that exact reason, and players left the bench to go get Gatorade or something to eat only to return and find out that this game mattered.

“(GLVC Communications Coordinator) Tyler Madsen texted me early in our game to let me know that it was all of a sudden important,” White said. “Once we’d figured out what was going on, the dugout knew, and (Truman head coach Ron Ferrill) came up to the press

box mostly to confirm that’s how the rules worked.”

By the time the Conference was communicative with White, it was too late and the ‘Dogs fell 8-6 in what they certainly didn’t think was going to be their final game.

## Saturday

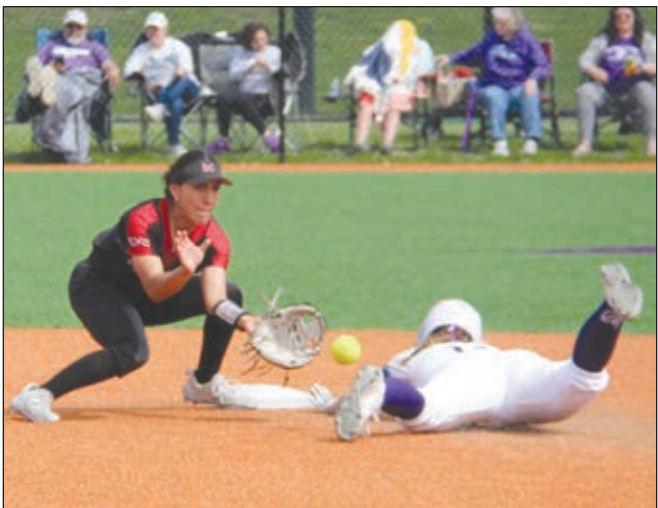
The Truman State softball team inched closer to securing their spot in the Great Lakes Valley Conference postseason tournament with a split against Maryville (Mo.) on Saturday. A nine-run third inning propelled the Bulldogs to a 12-0 win in the opener, but the Saints grabbed the nightcap 3-2.

Truman State will host Missouri-St. Louis on Sunday in the regular season finale with a one-game lead over Southwest Baptist for the final tournament spot. The Bulldogs hold the edge, having swept the Bearcats earlier this season.

The Bulldogs made the Saints pay for their mis-cues in the third inning, which resulted in nine runs crossing the plate. Leadoff walks to Maddie Hickman and Kyleia Salyers rolled the lineup to the top, and a dropped fly ball loaded the bases. Nina Fenasci drew a run-scoring walk, and Emily Wood followed with a two-run single.

The parade continued with walks issued to two of the next three hitters before Charlotte Chelich knocked a two-run single through the right side to make it 6-0. The Bulldogs scored nine runs on only three hits.

Truman added three more runs in the fourth on a steal of home by Wood, a score by Lily Arndt on a



Maddie Hickman, one of the team’s few sophomores, sneaks her hand into second base just before the tag can be applied against Maryville on Saturday.

wild pitch, and a single by Hickman.

Chelich pitched four innings, not allowing a run while striking out four.

Game two came down to the wire.

Early troubles led to three runs for the Saints, with a single and a hit-by-pitch both coming around to score in the top of the first, and a leadoff double touching home on a second hit batsman. The Bulldogs managed to escape both innings without giving up additional runs.

The Bulldogs had base-runners in three of the first four innings but came up empty. In the fifth, Salyers smacked a one-out single, and Madi McCarty drew a walk. After a lineup to center, Fenasci came up clutch with a two-run single to pull the Bulldogs to within one.

After throwing out a potential insurance runner at home in the top of the seventh on a double steal play, Hickman started the bottom of the inning with a single to left. Ryleigh Jones pinch-ran and moved up on a sac bunt, but two ground-

outs on the infield ended the game.

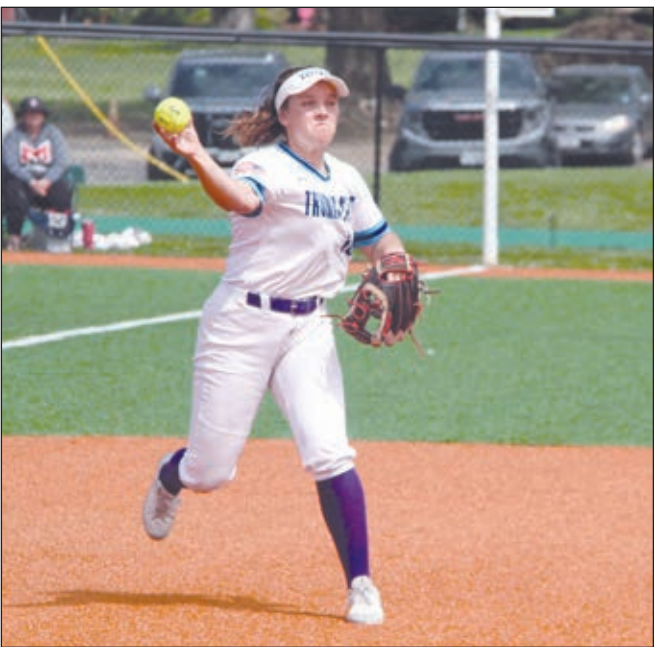
## Sunday

Truman won the opener 11-5 over Missouri-St. Louis on Sunday but dropped game two, 8-6. The Bulldogs will await their fate for the Great Lakes Valley Conference (GLVC) tournament field, as the bracket will be announced Sunday evening.

The Bulldogs could potentially secure the eighth spot or be in a three-way tie with Rockhurst and Missouri S&T, depending on the outcome of their game in Kansas City. A tie at 14-14 would not favor the Bulldogs in the GLVC tiebreaking scenarios.

Back to the field action: The Bulldogs flirted with danger early in game one as the Tritons loaded the bases to start. A strikeout and a flyout ended the threat, and the Bulldogs turned the tide in the bottom of the first.

Truman sent nine hitters to the plate, recording six hits, including three doubles, to score five runs and take the early lead. A dou-



Senior third baseman Caragan Baker puts out a runner at first on a routine ground ball on Saturday against Maryville. In bizarre fashion, Sunday’s first game to get the ‘Dogs to 2-1 on the weekend with a dominant 11-5 over Missouri-St. Louis was the final afternoon of her career. After the victory, she and her fellow seniors thought they’d clinched a GLVC Tournament berth, although Baker finished 2-for-3 at the plate in the ensuing loss. PHOTOS BY HENRY JANSSEN/DAILY EXPRESS

ble by Emily Wood broke the school’s single-season record with her 22nd of the season, surpassing Elizabeth Economon’s 2001 total of 21.

The Tritons broke through with three runs in the second to tighten the game.

Things settled down until a triple by Caragan Baker scored Madi McCarty in the fifth, and Baker came home on a groundout by Charlotte Chelich to make it 7-3.

UMSL got those runs back in the sixth, but the Bulldogs put the game away with a four-run frame.

Maddie Hickman went 3-for-3 with two RBIs, Nina Fenasci was 3-for-4 with two doubles, and Cassie Smith was 2-for-4 with two runs scored.

Lydia Feiste picked up the win in relief, tossing five-plus innings.

Game two saw early fireworks, with UMSL plating two runs in their first at-bat while the Bulldogs’ first five hitters all singled, scoring

two runs. A caught stealing at home shifted the momentum, and UMSL escaped the jam with the game tied.

The Tritons took advantage of three Bulldog errors in the second, scoring five runs to go up 7-1, forcing Truman to play catch-up.

The Bulldogs got a run back in the second and scored two in the fourth to make it 7-5.

They had runners on first and third with one out in the fifth but failed to score.

UMSL added an insurance run on a sacrifice fly in the sixth to make it 8-5.

In their last at-bat, Ava-ree Taylor singled to start, and Baker followed with a double. On the relay home, the ball skipped away, and Taylor tried to score but was tagged out at the plate. Baker scored on a sacrifice fly by Michaela Goad, but that was as close as the Bulldogs got.

Fenasci collected three more hits in the second game, with Taylor also recording three hits.



Cedric Cook backhands a return. HENRY JANSSEN/DAILY EXPRESS

# Tiger tennis finishes second in regular-season NCMC play

By Henry Janssen  
henry.janssen@kirksvilledailyexpress.com

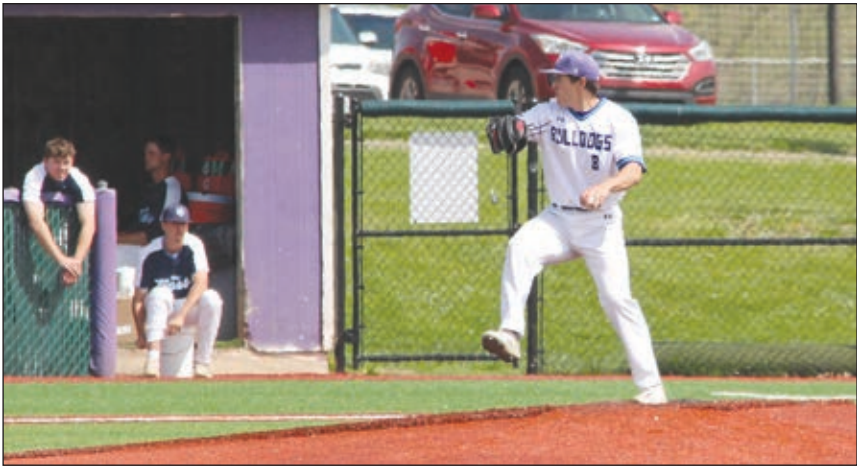
With a commanding 9-0 victory at home against Mexico on Friday, Kirksville advanced to 10-4 ahead of hosting Tuesday’s conference tournament.

The Tigers beat Marshall 7-2 earlier in the week.

“Throughout our lineup, we’ve been cooking,” Kirksville coach Lee Riley offered.

Kirksville’s only loss in conference play was at home against a now 22-1 Moberly side on April 3. Even then, the Tigers still took three of the nine matches.

Both Truman’s tennis courts and Kirksville’s were the host sites for the NCMC tournament that will have taken place by the time of this publication.



The Lincoln bench is trying to figure out what grip Isaac Epp is even using. The junior from Maize South (Wichita, Ks.) threw a gem on Saturday afternoon in the first game. In seven full innings, he allowed one earned run on four hits and did not walk a single batter. Although he’s now just 4-7 on the season, Daily Express will have the southpaw as a pre-season player to watch for spring 2026 season as their current one comes to a cold hard close. Epp has allowed 6 or fewer hits in five of his last six starts. HENRY JANSSEN/DAILY EXPRESS

# Kirksville drops a pair of one-run games, wins one in Boonville wood bat weekend

By Henry Janssen  
henry.janssen@kirksvilledailyexpress.com

The Tigers dropped games against Centralia (13-9) and Boonville (13-8) over the weekend, and picked up a victory versus Knob Noster (11-10).

Kirksville is now 7-12.

The first game versus Centralia on Friday, the Ti-

gers fell 2-1. They bounced back to defeat Knob Noster 8-0 before losing to the host 3-2 in an extra inning.

On an interesting if trivial note, scoring eight runs Saturday and at Mexico on April 1 are the only two times this season that the Tigers have scored greater than five but fewer than 13 runs.



Senior Ryder Lyons in a game versus Maryville in late March. FILE PHOTO

# ‘Dogs eliminated from postseason contention, top Lincoln two games to one

By Henry Janssen & Truman Athletics  
henry.janssen@kirksvilledailyexpress.com

The Bulldogs scraped out two of three victories versus a subpar Lincoln team, but give themselves no mathematical hope of entering the eight-team GLVC Tournament. A third win would’ve theoretically kept them in the fold but the ‘Dogs still would’ve needed a lot of help.

Truman State batted around twice early in Sunday’s 11-1 victory over Lincoln (Mo.) to take the weekend series, three games to one. Starter Cole Eggerding worked four strong innings to claim his first collegiate victory after giving up a run to consecutive Blue Tiger hitters to open the game down 1-0. The junior southpaw gave up just one hit the rest of the way, but the second inning single was erased by a 5-4-3 double play to get out of the frame. His three strikeouts all came in the third, and he finished without allowing a base on balls.

A trio of Bulldogs came in out of the bullpen to keep Lincoln shut down at the plate following Eggerd-

ing’s departure. Jackson Mitchell, Noah Frailey, and Kyle Stratman preserved the 11-1 lead. The defense handled a lead-off walk in the sixth with a 6-4-3 double play, and back-to-back strikeouts finished off Lincoln in the seventh despite a second lead-off walk.

Truman State got things going at the plate with the top of the order accounting for eight of the 13 hits and five of 11 runs. Rawlins Brant and Oliver Degenhardt each collected three RBI – Degenhardt with a second-inning bases-clearing triple and Brant knocking in three on a double in the third – scoring three runs combined. A 2-4 day for Dakota Joggerst included two doubles who clubbed five two baggers in the series for 13 on the season. Lead-off man Colin Mueth went 2-4 with two runs and an RBI.

The win gets the ‘Dogs to 12-31 overall, 9-19 GLVC, while Lincoln drops to 5-39, 3-25. The series win was the third out of four in 2025 for the Purple and White with Quincy (Ill.) vising May 1-3 to finish the 2025 campaign.

# Combs and Wilson take top two spots in Moberly

By Henry Janssen  
henry.janssen@kirksvilledailyexpress.com

The Kirksville golf team took second in a four-team meet at Moberly’s Heritage Hills Golf Course on Friday afternoon. Hunter Combs and Camden Wilson were both two strokes over par at 37, and the winner was determined by a scorecard playoff.

Moberly won as a team, Fulton was third, and Hannibal was fourth.

On Monday, the Tigers traveled to New Bloomfield and finished 12th as a team.



Camden Wilson and Hunter Combs finished Friday’s round in Moberly with matching scores of 37. COURTESY OF KIRKSVILLE COACH MASON SWISHER





# Powderpuff Flag Football

Kirksville High School Student Council to host powderpuff girls flag football game to benefit Kirksville Humane Society

By Kirksville High School Student Council

The Kirksville High School Student Council will host powderpuff girls flag football game to benefit Kirksville Humane Society on May 16 at 7 p.m. at Spainhower Field. “We wanted to host a fun community event to end the school year off on a good note,” said Ella Seedorf, the council president. “There will be six different clubs hosting various concessions, a raffle with over 25 prizes

from local Kirksville businesses (all money goes directly to the Humane Society), and a halftime performances from the KHS color guard and dance team along with Jazz Band playing at the event.” There are four different teams of 7-11 KHS girls that will play flag football games in a tournament style. Last year was a huge success with raising over \$1,000 for Lifeline, “Seedorf said. “Please show up and support for such an important cause.”

# 42nd Annual Jim Baker and John McConnell Bass-N-Kids Free Fishing Clinic, Tournament

By Kirksville Parks and Recreation

Join a host of local organizations for the 42nd Annual Jim Baker and John McConnell Bass-N-Kids Free Fishing Clinic and Tournament. Kirksville Parks and Recreation, the 1000 Hills Bass Fishing Club, and the Missouri Department of Conservation invite you and your family to a fun-filled day of fishing and outdoor adventure at this long-standing community event, Saturday, May 10 at the Thousand Hills State Park Marina. Registration opens at 8:30 a.m. and the clinic begins at 9 a.m., with the tournament to follow. This free event is open to kids up to 15 years old and offers a great opportunity for kids to learn about fishing and enjoy a little friendly competition. Participants will enjoy free hot dogs and refreshments, and everyone will be entered into a



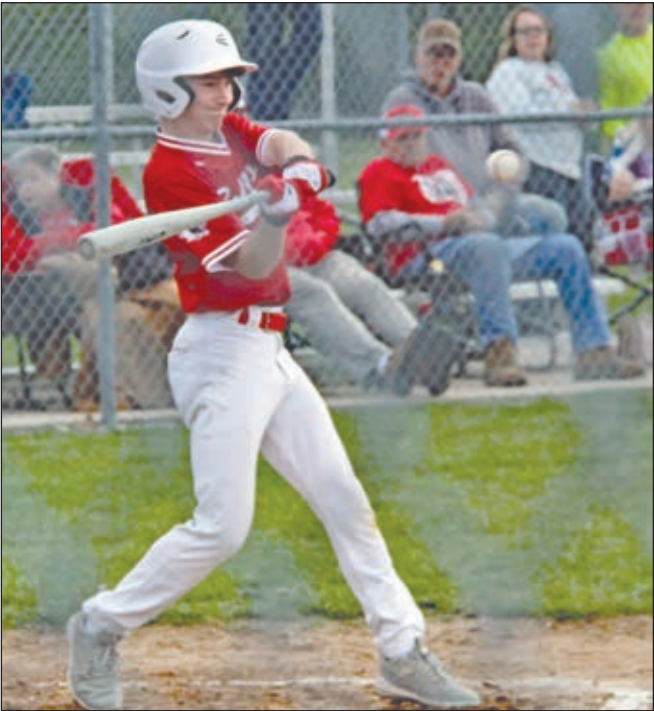
drawing for awesome door prizes. Kids are encouraged to bring their own fishing rods and bait. A limited number of rods and bait will be available for those who need them. For more information, contact the Kirksville Parks and Recreation Department at 660-627-1485.

# La Plata stumbles as Atlanta continues to rock

By Henry Janssen  
henry.janssen@kirksvilledailyexpress.com

On March 29, La Plata defeated Atlanta 7-2, and now they look like two entirely different teams. In the final of the schools’ three scheduled meetings – one was in a Marion County three-team gig on April 12 – an Atlanta team that now finds itself with a 15-3 record mangled the Bulldogs, 14-2, on Thursday. The Hornets won the next evening in New Franklin, 10-2.

La Plata falls to 3-7. Its win versus Atlanta at the end of March was its first win of the season. By the time of this print publication, La Plata will have traveled to Canton on Tuesday. They finish the week hosting Northeast (Cairo) on Thursday and the Linn County/Meadville co-op on Friday. Atlanta will have hosted North Shelby on Tuesday. Atlanta hosts a very strong Putnam County (17-3) on Wednesday and the Northwestern/Brunswick co-op (12-3) the following evening.



La Plata junior Joel Hunt takes a hack in his team’s 14-2 loss to Atlanta on Thursday. La Plata slides to 3-7 while Atlanta has now won as many games consecutively as the Bulldogs have even played. The Hornets are winners of 10 straight and 15-3 overall. HENRY JANSSEN/DAILY EXPRESS

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TRIO Programs Office

To apply, visit employment.truman.edu or contact HR at hrstaff@truman.edu EOE/AA/ADA

Miscellaneous

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First Christian Church, 100 North High, Kirksville, May 2 and May 3, 7:30 am - 1:00 pm.

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NOTICE OF PUBLIC SALE

Self-storage Unit contents of the following customers containing household and other goods will be sold via online auction by Smartlock Self Storage®

- Kirksville 2104 S Baltimore St, Kirksville, MO, 63501 to satisfy a lien on May 15, 2025 at approx. 11AM online at: www.Lockerfox.com, Lillie Tallman

NOTICE OF PUBLIC HEARING BEFORE THE PLANNING AND ZONING COMMISSION OF THE CITY OF KIRKSVILLE, MISSOURI

Notice is hereby given that the Planning and Zoning Commission of the City of Kirksville, Missouri will conduct seven (7) public hearings at Kirksville City Hall, 201 S. Franklin St., 6:00 pm on Wednesday, May 14th, 2025 concerning: seven (7) nominations to designate 606 E. Washington St.; 707 N. Centennial St.; 408 E. Illinois St.; 101 W. Washington St.; 401 E. Missouri St.; 711 E. Harrison St.; and 500 S. Elson St. as Landmarks with Historic zoning, an overlay of the current zoning.

Notice of Disability Accommodations

Any person with a disability desiring reasonable accommodation to attend this meeting may contact the City Clerk at 660.627.1225 to make such arrangement.

THE NORTH CENTRAL MISSOURI REGIONAL WATER COMMISSION SOLICITATION FOR QUALIFICATIONS STATEMENTS TO CONSTRUCT ROY BLUNT RESERVOIR DAM SULLIVAN COUNTY, MISSOURI

The North Central Missouri Regional Water Commission (Commission), as the project's local sponsor in Milan, Missouri, is soliciting qualifications from companies or teams to perform tasks in pursuit of all necessary construction related to the Roy Blunt Reservoir Dam in Sullivan County, Missouri.

Specialty contractors may submit their qualifications independently of a general contractor or as part of a general contractor submittal for prequalification consideration. The Commission will accept statements of qualifications for the following specialties:

- Slurry wall construction
- Concrete spillway construction
- Grout curtain construction

A general description of the project is provided below. Current drawings, project manual and technical data will be provided at a later date to prequalified contractors.

Description of work:

- A 2,580-foot-long earthen zoned embankment dam will be constructed with the following components:
  - The embankment will be constructed of on-site materials, mainly clays of varying plasticity. The embankment is 78 feet tall.
  - The upstream slope protection will consist of rock riprap. The owner will assist contractors finding quarries that have material meeting the project specifications
  - The foundation will contain a bentonite slurry wall that extends 70 feet below existing grade, a clay core trench and a grout curtain
- A reinforced concrete labyrinth weir spillway. The spillway is 55 feet wide and 700 feet long. Wall heights range from 12 feet to 27 feet tall and will require mass placement of concrete.
- A reservoir drawdown system will be constructed with the following components:
  - A 30-foot-tall reinforced concrete riser structure with multiple gates
  - An intake structure on the upstream end
  - An impact basin at the downstream endpoint
  - A 60-inch drawdown pipe
  - An ecological flow intake and pipe to the riser structure

A non-mandatory prequalification conference will be held on Wednesday, April 30, 2025 at 1:00 PM CST. All interested parties should notify the engineer of record, Brent Johnson (Olsson) bmjohnson@olsson.com by email or in writing to receive an invite to the conference.

All questions regarding the solicitation for qualifications shall be emailed or sent in writing to Brent Johnson prior to **Friday, May 9, 2025**. If necessary, an amendment will be issued to answer all questions submitted prior to the above deadline and provided to all interested parties. If changes, additions, and/or revisions are made to the qualification solicitation requirements, all interested parties will be notified.

Following the selection of qualified contractors there will be a pre-bid meeting and tour available on **Friday, June 27, 2025** at the Milan Community Center, 205 N. Market Street, Milan, Missouri.

The RFQ documents and proposal forms **MUST** be obtained from www.questcdn.com for a fee of \$22 (nonrefundable). Once logged into the site, insert eBidDoc project number **NCMRWC Roy Blunt Reservoir Dam, Quest Number: 9654940**.

All qualifications submittals are to include one hard (paper) copy and one electronic (PDF) copy by **Friday, May 30, 2025 at 5 PM CST**. Late submittals will not be considered.

Miscellaneous

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YARD SALES

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First Christian Church, 100 North High, Kirksville, May 2 and May 3, 7:30 am - 1:00 pm.

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IN THE 2ND JUDICIAL CIRCUIT COURT, ADAIR COUNTY, MISSOURI

Case Number: 25AR-PR00015

Judge or Division: PROBATE

In the Estate of WANDA FAY VANSICKEL, a Disabled Person.

Notice of Appointment of Conservator

To All Persons Interested in the Estate of WANDA FAY VANSICKEL, a Disabled Person:

On April 14, 2025 RHONDA NOE, Adair County Public Administrator was appointed conservator of the estate of WANDA FAY VANSICKEL, a person adjudicated disabled under the laws of Missouri by the Probate Division of the Circuit Court of ADAIR COUNTY, Missouri.

The business address of the conservator is:

300 N. Franklin, Kirksville, Missouri, 63501

All creditors of said disabled person are notified to file their claims in the Probate Division of the Circuit Court.

PUBLICATION DATES: 4-23-2025, 4-30-2025, 5-7-2025, 5-14-2025

TRUSTEE'S SALE

IN RE: Nancy James, a married person Carlin James Trustee's Sale:

For default in payment of debt and performance of obligation secured by Deed of Trust executed by Nancy James, a married person Carlin James dated December 14, 2021 and recorded in the Office of the Recorder of Deeds of Adair County, Missouri in Book 1128, Page 734 the undersigned Successor Trustee, at the request of the legal holder of said Note will on Tuesday, May 27, 2025 between the hours of 9:00 a.m. and 5:00 p.m., (at the specific time of 3:30 PM), at the South Front Door of the Court House, City of Kirksville, County of Adair, State of Missouri, sell at public vendue to the highest bidder for cash the following described real estate, described in said Deed of Trust, and situated in Adair County, State of Missouri, to wit:

ALL OF LOT 6 AND THE EAST 10 FEET OF LOT 5, BLOCK 2, KINGSRIDGE ADDITION TO KIRKSVILLE, MISSOURI.

to satisfy said debt and cost.

MILLSAP & SINGER, P.C.,  
Successor Trustee  
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File No: 226067.052725.454051 FC

Notice

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. §1692c(b), no information concerning the collection of this debt may be given without the prior consent of the consumer given directly to the debt collector or the express permission of a court of competent jurisdiction. The debt collector is attempting to collect a debt and any information obtained will be used for that purpose.

PUBLISH ON: April 30, 2025 05/07/2025, 05/14/2025, 05/21/2025

NOTICE OF TRUSTEE'S SALE

For default in the payment of debt secured by a deed of trust executed by Philippe A. Herrera; Christie M. Herrera, dated December 14, 2020, and recorded on December 15, 2020, Document No. 202000003485, in Book No. 1106, at Page 362 and re-recorded on December 16, 2020, Document No. 202000003496, in Book No. 1106, at Page 465 in the Office of the Recorder of Deeds, Adair County, Missouri, the undersigned Successor Trustee will on May 5, 2025, at 10:00 AM, at the South Front Door of the Adair County Courthouse, Kirksville, Missouri, sell at public vendue to the highest bidder for cash:

Beginning at the Southeast corner of the Northeast Quarter of the Southwest Quarter of Section 14, Township 62 North, Range 15 West; thence North 4 degrees 30 minutes West along the Quarter Section line, 420.90 feet; thence South 85 degrees 30 minutes West, 328.75 feet; thence South 4 degrees 30 minutes East, 420.90 feet to the Quarter Quarter Section line, thence North 85 degrees 30 minutes East along said Quarter Quarter Section line, 328.75 feet to the point of beginning, Adair County, Missouri, commonly known as 21715 Radical Ridge Way, Kirksville, MO, 63501

subject to all prior easements, restrictions, reservations, covenants and encumbrances now of record, if any, to satisfy the debt and costs.

SouthLaw, P.C. Successor Trustee

First Publication: April 9, 2025. For more information, visit www.southlaw.com

NOTICE

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IN THE 2ND JUDICIAL CIRCUIT, ADAIR COUNTY, MISSOURI

Case Number: 24AR-PR00138

Judge or Division: PROBATE

(Date File Stamp)

In the Estate of KENNETH V. MILLHOUSE, Deceased.

Notice of Letters of Administration Granted (Supervised Administration)

To All Persons Interested in the Estate of KENNETH V. MILLHOUSE, Decedent:

On March 31, 2025, the following individual was appointed the personal representative of the estate of KENNETH V. MILLHOUSE, decedent, by the Probate Division of the Circuit Court of Adair County, Missouri.

The personal representative's business address:

Barbara J. Millhouse, 302 West Missouri Street, P.O. Box 274, Downing, Missouri 63536.

The personal representative's attorney's name, business address and phone number is:

Diane Barker, 1506 Chapel Hill Road, Suite H, Columbia, Missouri 65203, 573-303-0595

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law. Such six-month period and such two-month period do not extend the limitation period that would bar claims one year after Decedent's death, as provided in Section 473.444, RSMo, or any other applicable limitation periods. Nothing in Section 473.033, RSMo, shall be construed to bar any action against a decedent's liability insurance carrier through a defendant ad litem pursuant to Section 537.021, RSMo.

Date of the decedent's death: June 24, 2024

/S/Martha Cole  
Adair County Circuit Clerk

Date of first publication: April 9, 2025

Receipt of this notice by mail should not be construed by the recipient to indicate that the recipient necessarily has a beneficial interest in the estate. The nature and extent of any person's interest, if any, can be determined from the files and records of this estate in the Probate Division of the above referenced Circuit Court.

PUBLICATION DATES: 4-9-25, 4-16-25, 4-23-25, 4-30-25



# Sister Ruth Ann Klauser enjoying a busy retirement at Mary Immaculate

By Jay Nies

When Sister Ruth Ann Klauser was young, several older sisters in her congregation gave her clear advice on how to live like they were living.

She takes it all to heart now in her own season of retirement.

“To live one day at a time and to always be thankful for the many blessings that I have received,” she recounted.

“To be myself and to be thankful to God for all the gifts he has given to me. To not take life for granted, but to open my eyes and see the surprises and miracles that God shares with me daily and to help others do the same.”

Sixty years after entering religious life as a School Sister of Notre Dame (SSND), Sr. Ruth Ann — formerly an educator for nearly half a century, formerly a teacher and principal at Holy Family School in Hannibal, formerly principal of St. Brendan School in Mexico, formerly principal of Mary Immaculate School in Kirksville, formerly general secretary and archivist for the SSND International Generalate in Rome — no longer has an official title.

She’s simply a member of Mary Immaculate Parish in Kirksville.

A very active member.

She serves as an extraordinary minister of Holy Communion on week-ends at Mary Immaculate.

She’s part of the parish’s Ministry of Visitation, taking Holy Communion to people who are home-bound or living in local nursing homes.

She has been a facilitator for several “Parishes as Communities of the Beatitudes” faith-sharing groups.

She participates in the monthly gatherings of Mary Immaculate’s Young at Heart group, where members enjoy social time, Mass, the Sacrament of Anointing of the Sick, and a meal.

She joins a group of 12 or more women of the parish who pray the Rosary for peace and for other prayer intentions.

She recently joined Mary Immaculate’s Order of Christian Initiation of Adults (OCIA) team, helping people who are entering full communion with the Church learn more



Sister Ruth Ann Klauser SSND, left, a retired School Sister of Notre Dame who served for many years in this diocese as an educator and is now a member of Mary Immaculate Parish in Kirksville, takes part in a weekly Rosary group to pray for people’s prayer intentions. “So, the busier I am, the more persons I meet each day, the closer I feel to God,” she says. PHOTOS BY ADAM DAVIS

about their faith.

“These activities enable me to stay in touch with the lives of many people, which helps me grow in love with them and with God,” said Sr. Ruth Ann.

She also represents the religious sisters in this diocese as a member of the Diocesan Pastoral Council (DPC), which assists the bishop in his governance of the diocese.

Some days, she’s as busy in retirement as she was in full-time ministry.

“I’ve been blessed with good health,” she said. “So, the busier I am, the more persons I meet each day, the closer I feel to God.”

“God has blessed me abundantly throughout my life, and I want to share as many of those blessings as I can while I’m still able to do so each day,” she stated.

## A time to sow

Sr. Ruth Ann dreams in color.

“I dream about a rainbow and how my life has so many times received a rainbow after a rainstorm,” she said. “This reminds me of God’s love and faithfulness to me throughout my life, and how many blessings he continues to shower on me.”

She grew up on a farm in Quincy, Ill., and attended Catholic grade school and high school taught by the SSNDs.

Her parents were strong Catholics who instilled a deep faith and love for God and service to others throughout her early life.

Working on the farm and out in the fresh air



helped her maintain great health. She never missed a day of school through all of her grade school and high school years.

“That aspect of good health was a drawing card to becoming a sister,” she said.

Sr. Ruth Ann worked as a bookkeeper for six months after high school before entering religious life as an SSND on Jan. 2, 1965.

“Religious life is a special call from God to a woman who desires to love God and to serve his people,” she said. “A person who wants to live her life to someday be a saint and to help others become saints.”

The bulk of Sr. Ruth Ann’s ministry has been as an educator, serving in Catholic schools as a teacher and principal for nearly 50 years.

She was the principal of Mary Immaculate School when she got summoned to be the General Secretary and Archivist at the SSND International Congregation’s Generalate in Rome.

She returned to Kirksville after eight years in Rome, and officially retired.

She said the SSND congregation has consistently trusted her and her gifts throughout these past 60 years.

“They have encouraged me and challenged me to listen to my God and to follow his call,” she said.

She’s convinced that all religious sisters, regardless of which order or congregation they belong to have a true love for God and his people.

“They value prayer and openness to recognize the many surprises and miracles that God puts in their daily lives,” she said.

## Yes or no

Sr. Ruth Ann said that in retirement, she has more time to simply “be” and to appreciate her life.

“I’m not busy about doing something at all times,” she said.

She has more time to pray throughout the day, and gets to spend more time with people and share their life experiences.

Retirement allows her to visit family and friends on weekdays, to enjoy a meal with some of her loved ones at any day of the week, and to sleep longer each morning.

She enjoys putting jigsaw puzzles together and taking walks and enjoying God’s gift of nature.

“I find that my relationship with God has grown stronger in retirement, since I have more time to speak to God and listen to God frequently during the day,” she said.



Sister Ruth Ann Klauser SSND brings Holy Communion to home-bound parishioners of Mary Immaculate Parish in Kirksville.



In short, it’s a wonderful gift and blessing to have time to enjoy life to the fullest.

“It feels great to get up each morning and to welcome the day with gratitude to the Lord,” she stated. “To have time each day to pray in the peace and quiet of the morning. To say ‘yes’ or ‘no’ to each moment that the Lord gives to me.”

She said it’s always a joy for her to stay in touch with many of her former students.

Some of them are now retired and enjoying being grandparents and great-grandparents.

Some have followed in her footsteps and become teachers.

She’s been invited to be a godparent at Baptism and a sponsor at Confirmation.

“So many persons who have crossed my life have shown gratitude to me, and I am so thankful to each of them,” said Sr. Ruth Ann.

“They support me with their prayers, with their continual communications, and sometimes I attend their weddings and the baptism of their chil-

dren,” she stated. “They share so much with me, and I believe that because of them, I am who I am today.”

## To be

Sr. Ruth Ann anticipates a time when she won’t be able to do as much but will still present herself as an offering to God.

“I believe that it is so important to be my best self that God wants me to be,” she said. “The doing will come along. So, when I no longer can do because of illness, old age or whatever, I am still able to be, and my prayer and presence are of utmost importance.”

She suggested offering prayers of praise and gratitude to God for the many gifts that he gives each day, especially his love.

She also asked for prayers for God to continue to summon persons who will be faithful to his call to live lives that will lead to being a saint.

How could people help God answer that prayer?

“By being faithful to your individual call that God has given to you,” said Sr. Ruth Ann.

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# Earth Day celebrated at Thousand Hills State Park

By Marty Bachman  
Daily Express

Earth Day was celebrated on Saturday, April 26 at Thousand Hills State Park in Kirksville, with a dozen informational tables laid out at the beach park-

ing lot, sponsored by local organizations. Visitors came to connect with the earth and nature through the unique opportunities facilitated by community members. Organizations provided activities and educational booths for all ages.



## THIS WEEK'S FEATURED CHURCH Faith Baptist Church



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# KIRKSVILLE AREA CHURCH DIRECTORY

This Directory is made possible by these businesses who encourage all of us to attend worship services. The Church Listings below are provided at NO CHARGE to our area churches in Kirksville. If your Church is not listed, please call us at 660-665-2808.

**Faith Lutheran Church**  
1820 S. Baltimore, Baltimore & LaHarpe  
David Lukefahr, Pastor  
7:30 a.m. The Lutheran Hour KLTE  
8:15 a.m. Worship Service Peace, Milan  
9:00 a.m. Adult Bible Study Faith  
9:00 a.m. Sunday School Faith  
10:15 a.m. Worship Service Faith  
10:00 p.m. Issues, Etc. 107.9 KLTE  
www.faithkirksville.org

**Hamilton Street Baptist Church**  
802 W. Hamilton  
Pastor Tim Ingle  
9:00 a.m. Sunday School/Small Groups  
10:15 a.m. Worship Service  
www.hamiltonstreet.org

**Rehoboth Baptist Church**  
100 Pfeiffer Rd.  
Curtis Ferguson, Pastor  
9:45 a.m. Sunday School  
10:30 a.m. Fellowship  
11:00 a.m. Worship Service  
rbchurch.net • 660-665-7577

**First Presbyterian Church (USA)**  
201 S. High at McPherson  
Communion 1st Sunday  
10:30 a.m. Morning Worship.  
11:30 a.m. Fellowship Time.

**Kirkville Church of Christ**  
110 Pfeiffer Ave.  
Elders/Pastors: Dan Green,  
Dean Hansen  
10:00 a.m. Bible Study  
11 a.m. Worship  
Weds 6:30p.m. Bible Study  
www.kvccoc.org

**First Baptist Church**  
207 E. Washington  
Jason Marlin, Pastor  
9:30 a.m. Bible Study for all ages  
10:45 a.m. Worship & Kidz Worship  
firstbaptistkirksville.com

**Faith United Methodist Church**  
1602 E. Illinois  
Pastor: Joshua Ritzheimer  
9:45 a.m. Sunday School  
10:45 a.m. Worship

**Southside Baptist Church**  
1010 W. Burton  
Pastor: Aaron Rodgerson  
10:00 a.m. Sunday School  
11:00 a.m. Preaching  
6:30 p.m. Evening Service

**First Church of God**  
2900 S. Halliburton  
Tiffany and Michael Vincent  
10:30 a.m. Morning Worship  
www.firstchurchoflove.com

**Central Church of Christ**  
2010 S. Halliburton  
9:30 a.m. Sunday School  
10:30 am. Worship Service

**Faith Baptist Church**  
502 N. Florence  
Pastor: Brandon Rhea  
10:00 a.m. Bible Study  
11:00 a.m. Morning Worship  
12:30 p.m. Noon Lunch  
**The Crossing Church**  
810 E. Shepherd Ave.  
9 a.m. & 10:45 a.m. Sunday Service  
www.thecrossing.net

**Grace Community Bible Church**  
1501 E. Northtown Rd.  
Benjamin Jorden, Pastor  
Affiliated with the Evangelical Free  
**Church of America**  
9:30 a.m. Worship  
11:00 a.m. Sunday School for all ages  
12 p.m., 5 p.m., 6 p.m. Small groups  
KirkvilleGCBC@gmail.com  
www.KirkvilleGCBC.com • 660.665.1615

**First United Methodist Church**  
300 E. Washington  
Pastor: Choongho Kwon  
9:30 a.m. Worship In Person & Online  
kvumc.org

**Pure Air Baptist Church**  
9:45 a.m. Sunday School  
11:00 a.m. Morning Worship  
TBA Bible Study

**Church of God of Prophecy**  
807 Benton Way  
Pastor: Rob Linhart  
10:00 a.m. Sunday School  
6:30 p.m. Evening Service

**Fellowship Baptist Church**  
1701 S. Jamison St., Kirksville  
Larry Gibson, Pastor  
9:00 a.m. Sunday Worship  
10:30 a.m. Sunday Bible Study  
fbck@sbcglobal.net  
www.fellowshipbc.org • 660-665-0633

**Yarrow Methodist Church**  
Highway N., Yarrow  
Pastor David Stuckey  
10:00 a.m. Sunday Services

**Mary Immaculate Catholic Church**  
Weekday Masses: Tuesday: 5:30 p.m.  
Wed. & Friday: 7 a.m. Thursday: 8 a.m.  
Weekend Masses: Saturday: 5:30 p.m.  
Sunday: 9 a.m. & 11 a.m.

**Catholic Newman Center**  
11:00 a.m. and 7:00 p.m. Sunday

7:00 a.m. Monday  
9:00 p.m. Wednesday  
**Union Temple Church**  
**Southwest of Kirksville**  
Alan Coonfield, Pastor  
Every Sunday Evening  
5-5:30 p.m. Bible Study  
5:30-6:30 p.m. Church Service

**Sugar Creek Baptist Church**  
5 mi South on Hwy 3  
Pastor, Virgil K. Jones  
10:00 a.m. Worship Service

**Hazel Creek Primitive Baptist Church**  
2 mi. W. Greentop on Rt. K then 1/2 mi. S.  
Elder Dillion Thurman, minister  
Services on 1st, 3rd & 5th Sundays  
10:30 a.m. Song Service  
11:00 a.m. Preaching

**Meadow Brook**

**Christian Church**  
602 E. Washington

9:30 a.m. Sunday School

10:30 Morning Worship

**St. Rose of Lima Catholic Church**  
Novinger, Mo.

7:30 a.m. Sunday

**Life Church of Kirksville**  
112 W. Potter

Jeremy Pingle, Pastor

10:00 a.m. Sunday Morning Service

**Community Presbyterian Church**  
210 N. Owensby, LaPlata, Mo

Pastor Rev Jeff Carter

9:30 a.m. Sunday School

10:40 a.m. Worship Service

**Cornerstone Church**  
1702 N Elson St Kirksville, MO

Jeremy Broach, Senior Pastor

Chad Stearman, Associate Pastor

Sunday 10 am - Morning Worship

Wednesday 6:30 pm-8 pm Family Ministry

Night

www.cornerstonechurch.faith

**Countryside Christian Church**  
S. Boundary St. Rt. H, Troy Mills

Preacher, Harold R. Engel

9:00 a.m. Worship

10:15 a.m. Bible Study

www.countrysidekv.com

**Gifford Christian Church**  
Minister: Darren Potter

9:30 a.m. Sunday School

10:30 a.m. Morning Worship

**Lake Road Chapel**  
22963 Potter Trail

Pastors: Andrew Turner,

Andy Thompson

10:00 a.m. Sunday Morning Worship

Service

www.lakeroadchapel.org

**Church of God (Holiness)**  
1601 N. Elson

Pastor Ralph E. Wheeler, Jr.

9:45 a.m. Sunday School

10:45 a.m. Morning Worship

6:00 p.m. Evening Worship

**New Hope**

**Evangelical Church**  
620 Steer Creek Way

9:30 - 10:20 a.m. Bible Class

10:20 - 10:30 a.m. Fellowship time

10:30 a.m. Praise & Worship

7:00 p.m. Evening Worship

Sean Killin, Pastor

816-351-0623

Jim Maxey, Calling Pastor

660-665-6949 or 660-216-4183

**First Assembly of God**  
2401 S. High St., Kirksville

Shawn Meintz, Pastor

Sundays:

9:30 a.m. Sunday School

10:40 a.m. Worship Wednesdays:

6:30 p.m. Family Night

www.kirkvillefirst.org

info@kirkvillefirst.org

**First Liberty Full Gospel**  
1302 E. Filmore

Rev. Fred Baker, Pastor

10:00 a.m. Sunday School

11:00 a.m. Morning Worship

6:00 p.m. Evening Worship

**Novinger Baptist Church**  
Highway 6 & 149

Rev. Darrell Crooks, Pastor

10:00 a.m. Sunday School

11:00 a.m. Morning Worship

6:00 p.m. Evening Worship

7:00 p.m. Evening Worship

**First Christian Church**  
(Disciples of Christ)

High & Harrison

Timothy Polley, Pastor

9:30 a.m. Worship Service

**The Church of Jesus Christ**  
of Latter Day Saints

2008 E. Normal

**Kirksville First Ward Bishop John Grider**  
11 a.m. - 2 p.m. Sunday Services

Kirksville Second Ward Bishop Isaac Ison

9 a.m. - 12:00 p.m. Sunday Services

**Trinity Episcopal Church**  
124 N. Mulanix  
Rev. Amy L. Fallon, Pastor  
10:00 a.m. Holy Eucharist

**Seventh Day**

**Adventist Church**  
1301 N. Elson

Kent Dunwoody, Pastor

9:30 a.m. Sabbath School (Saturday)

11:00 a.m. Worship Service (Saturday)

Fellowship Dinner on 4th Saturday.

712-541-4675

**United Methodist Church**  
Brashear Charge, Brashear

Lay Minister, Nancy Douglas

10:00 a.m. Sunday School

11:00 a.m. Worship

7:00 p.m. Singspiration - 1st Sunday

**Willow Bend Association East**

**Center Community Church**  
10:00 a.m. Sunday School

10:45 a.m. Worship

**Illinois Bend Community Church**  
Highway 3

Pastor Terry Hunsaker

8:30 a.m. Worship

9:30 a.m. Bible Study

660-349-0052

**Baring Community Church**  
11:00 a.m. Worship.

**Downing Christian Church**  
430 E. Prime Street

Minister Walker Franke

Associate Minister Larry Smith

9:30 am Sunday School

10:30 am Worship Service

6:00 pm Evening Service

660-379-2329

**Willow Bend Church**

Find Us on Facebook for Event Schedule

**New Hope Methodist**

**Reformed**

**Church - Millard**  
9:15 a.m. Bible Stud

10:00 a.m. Worship

**Greentop Community Church**  
Highway K, Greentop, Mo.

Pastor: Lynae McFarland

10:30 a.m. Worship Service

**Trinity United**

**Fellowship Church**  
Pastor: Josh Botello

9:00 a.m. Worship

10:00 a.m. Sunday School

660-626-4446

**Lancaster United**

**Methodist Church**  
Pastor: Joshua Ritzheimer

9:00 a.m. Worship

10:00 a.m. Sunday School

**Shekinah Mennonite Church**  
15981 Blueberry Way, Kirksville

John Mark Miller, Pastor Roger Berry

9:30 a.m. Bible Study

10:30 a.m. Worship

6:00 p.m. 2nd Sunday - hymn sing

6:00 p.m. 4th Sunday of month Topic

**Bethel Community Church**  
12 miles NE of Kirksville on Rt. T

Marvin Cross, Pastor

9:30 a.m. Sunday School

10:30 a.m. Morning Worship

6:00 p.m. Kid's Klub/Youth Fellowship

7:00 p.m. Evening Worship

**Lancaster Baptist Church**  
Southeast Side of Square, Lancaster

Lonnie Johnson, Pastor

9:45 a.m. Sunday School

10:45 a.m. Morning Worship

6:00 p.m. Evening Worship

**Grace Bible**

**Baptist Church**  
Greencastle, Mo.

Rev. Earl Baker, Pastor

10:30 a.m. Morning Worship

5:00 p.m. Evening Worship

**Winigan Christian Church**  
Ryan Crist, Pastor

9:30 a.m. Sunday School

10:30 a.m. Worship Service

**First Baptist Church**  
Winigan, Winigan, Mo.

Sam Burkholder, Pastor

9:30 a.m. Sunday School

10:30 a.m. Morning Worship

6:00 p.m. Evening Worship

**Fairview Baptist Church**  
53610 Knob Hill Road, Pollock

Sam Burkholder, Pastor

10:00 a.m. Sunday School

11:00 a.m. Worship Service

6:00 p.m. Sunday Evening

**Bible Missionary Church**  
508 S. Main St.

Bro. Glenn Kiger, Pastor

10:00 a.m. Sunday School

11:00 a.m. Worship Service

7:00 p.m. Evening Worship

**LaPlata Christian Church**  
Scott McNay, Pastor  
9:00 a.m. Sunday School  
10:00 a.m. Worship Service

**Queen City Christian Church**  
Queen City, Mo.

Justin Briney, Pastor

9:30 a.m. Bible School

10:30 a.m. Communion/worship Hour

**United Pentecostal Church**  
1502 E. Northtown Road

David E. Brown, Pastor

10:00 a.m. Sunday School

6:30 p.m. Sunday Evening Worship

**Brashear Community Bible Church**  
Donny Powell, Pastor

9:30 a.m. Sunday School

10:45 a.m. Morning Worship

660-323-5305

**First Baptist Church of LaPlata**  
B. J. McAlpin, Pastor

9:00 am "Donut Hole" Fellowship

9:00 am Sunday School

10:00 am Worship Service

6:00 pm Evening Worship

6:00 pm Monday - AWANA

http://laplatafbc.org/

Email: laplatafbc@gmail.com

**Hazel Creek Free Will Baptist Church**  
8 mi. N.W. of Kirksville on Rt. B.

Tim Hodges, Pastor

10:00 a.m. Sunday School

11:00 a.m. Morning worship

7:00 p.m. Evening Worship

**Worthington Baptist Church**  
Worthington, Mo.



# 47th annual Kirksville Easter Egg Hunt

By NEMO Photography

The 47th annual Kirksville Easter Egg Hunt was held on Saturday, April 19, at

the Truman State University Quad. Kirksville Parks and Recreation, Kraft Heinz and Truman State University's Cardinal Key partnered to host this event free of

charge. Children ages 2 to 12 were invited to join and find as many eggs as possible. Participants were also able to have a picture taken with the Easter Bunny.



PHOTOS BY NEMO PHOTOGRAPHY



Kirksville Area Chamber of Commerce

May 2025

Executive Director: Marie Murphree

Monday - Friday  
8:00 AM - 5:00 PM  
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## Chamber Annual Banquet 2025


**Chamber Choice Awardees**

Clockwise from top left  
**Laci Cook**-Entrepreneur of the Year  
**NEMR** - Business of the Year  
**Bill Jecusco**-Volunteer of the Year  
**Pantry for Adair County**-Nonprofit of the Year





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### KVYP's 5 Under 40 Awardees

(L-R)

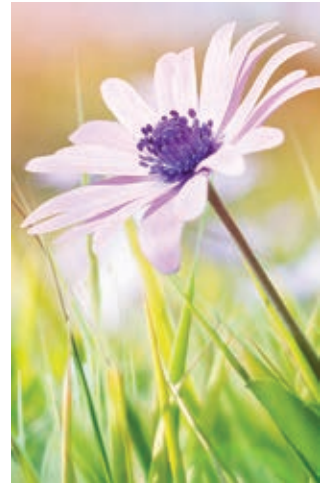
Lauren Platz, Nathan Fajkus, Hayden Wilsey, Linda Duncan, Jake Sevits



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Heetco

THANK YOU!  
RENEWING MEMBERS

Upcoming Events  
May 29: RAIL - Business After Hours and Ribbon Cutting  
June 6- ArtWalk



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