

# KIRKSVILLE Daily Express

KIRKSVILLEDAILYEXPRESS.COM

WEDNESDAY

DECEMBER 4, 2024 | \$2

## Prevent a home cooking fire this holiday season with tips from the Kirksville Fire Department

By Kirksville Fire Department

Thanksgiving is the peak day for home cooking fires in the United States. The Kirksville Fire Department has compiled a list of several tips to help residents have a safe and happy holiday.

- Stay in the kitchen while cooking on the stovetop.
- Keep children away from the stove. The stove will be hot, and kids should stay three feet away.
- Keep the kitchen floor clear to avoid a tripping hazard.
- Be sure electric cords from appliances aren't dangling off the counter.
- Keep matches and lighters out of reach of children.

- Don't leave children alone in a room with a lit candle.
- Make sure your smoke alarms are working.

Additionally, if you plan on frying your turkey this Thanksgiving, steps must be taken to prevent a major fire hazard. Cook your turkey, not your home.

- Make sure your turkey is properly thawed and has no frost before you fry it.
- Don't overfill your cooking pot with oil, and don't overheat.
- Don't fry in an enclosed space like your garage or porch, and be at least 10 feet away from your home.
- Cook on a sturdy, level surface.
- Always use protective oven mitts.



NEMO PHOTOGRAPHY

## Kirksville Kiwanis Club holds 13th Annual Christmas Parade

By NEMO Photography

The 13th annual Kirksville Kiwanis Christmas Parade, led by Grand Marshal John Garlock, was held on frosty Saturday night, Nov. 30, in downtown Kirksville. The theme for this year's parade was "Tinseltown," and the many floats and participants that marched along the parade route reflected that theme.



## 25th annual Missouri Livestock Symposium to be held this weekend

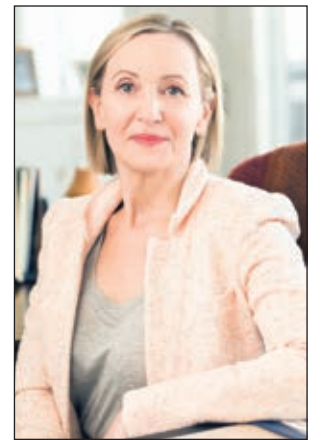
Staff Reports

Cassandra Fish, a livestock and meat industry expert, will be the keynote speaker on Friday evening, Dec. 6 at the 25th annual Missouri Livestock Symposium, the premier educational event and trade show for livestock producers held Dec. 6 and 7 at the William Matthew Middle School, 1515 S. Cottage Grove, in Kirksville. The hours are 4 to 10 p.m. on Friday, Dec. 6, and 8 a.m. to 4 p.m. on Saturday, Dec. 7.

Fish is a 30-year professional in the livestock and futures industries. She furnishes analysis, advice, risk assessment, and order execution to cattle feeders, meat packers, end-users, and futures traders. You may already be familiar with Cassie's perspective; her daily column, *The Beef*, is read and relied on by thousands of industry professionals in more than thirty countries.

If you're serious about livestock production, don't miss their lineup of nationally-known speakers covering timely topics, and the large agricultural trade show. The Symposium offers a complimentary beef dinner, at 6 p.m. on Friday and a sponsored lunch on Saturday, courtesy of the Missouri Department of Agriculture and Missouri commodity groups.

Also on the program are Jim Gerrish, an expert in forage management and University of Missouri Extension forage field specialist Rusty Lee. Na-



Cassandra Fish

tionally recognized horse trainers Ken McNabb and Richard Winters will lead the equine section with engaging presentations focused on horse health care, behavior, and tack tips.

### Other speakers include:

- Rachel Hopkins, University of Missouri Extension Field Specialist in Agribusiness will talk about "Stocker Financial and Production Tracker Tool."
- Dr. Craig Payne, University of Missouri Director of Veterinary Extension, will talk about "Emerging Issues in Beef Cattle Health."
- Dr. Eric Bailey, University of Missouri Extension State Beef Specialist, will talk about "Building Resilience in your Beef Cattle Operation through Diversifying Grazing Enterprises."
- Dr. Jamie Courter, University of Missouri Extension State Beef Genetics Specialist, will discuss "Genetics for a Better Cow Herd."

See **LIVESTOCK**, Page A6

## Last two weeks to donate to Kirksville's Hope's Kitchen

By Marty Bachman  
Daily Express

There are two weeks left to make your donation to Kirksville's Hope's Kitchen, which continues strong into its 25th year of operation. This year's annual Daily Express fundraiser will run through Dec. 16. Since the Daily Express began organizing the fundraiser in 2001, it has raised more than \$132,576 for the kitchen. Last year's fundraiser raised more than \$5,000. That money goes directly into feeding folks who need it.

The kitchen began in 1999 when Kirksville High School students Rachel Higgins and Megan Lesczynski started the volunteer effort.

The students make the free meals two Saturdays a month during the school year, August through May, at Mary Immaculate Catholic Church. About 150 meals are made and can be picked up or delivered. More than 100 ATSU students volunteer to cook, man the phones taking orders, and delivering the meals.

See **KITCHEN**, Page A3



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### INSIDE

Community .....	A2	Local History .....	A5	Classifieds .....	B4
Obituaries .....	A3	News .....	A6-A7	Puzzles .....	B5
Columns .....	A4	Sports .....	B1-B2	Church Directory .....	B8

### OBITUARIES INSIDE

Shirley Ann Birchler Schulze, 75  
Betty Jean Kimble Callaway Lyle, 99



## UPCOMING EVENTS

### Kirksville Area Calendar of Events

#### 'Begging to Stay' ribbon cutting

The Kirksville Area Chamber of Commerce will hold a ribbon-cutting ceremony for the grand opening of Begging to Stay, 2314 E. Illinois Street in Kirksville, on Thursday, Dec. 5 at 11 a.m.

#### Kirksville Affordable Housing Board meeting

The city of Kirksville's Affordable Housing Board will hold a meeting at 4 p.m. on Thursday, Dec. 5, in the Council Chambers at City Hall, 201 S. Franklin Street.

#### Missouri Health Symposium

The Missouri Health Symposium, Nurturing Wellness Through Self-Care & Humor, will be held on Friday, Dec. 6 from 9 a.m. to 2:30 p.m. at the Truman State University Student Union Georgian Rooms A & B. The program is free and offered both online and in person. Register online at [tinyurl.com/3dcdwutu](http://tinyurl.com/3dcdwutu).

#### Elara Caring ribbon cutting

The Kirksville Area Chamber of Commerce will hold a ribbon-cutting ceremony for the grand re-opening of Elara Caring, 403 E. Northtown Road, in Kirksville, on Friday, Dec. 6 at 11 a.m.

#### The Nutcracker at Truman State

Stage Babies Dance Company, under the direction of Kamerin Barnes, presents a Christmas classic, The Nutcracker, Saturday, Dec. 7 at 6 p.m. at the Truman State University Baldwin Auditorium. Come enjoy the young Clara and her Nutcracker as they embark on a journey filled with magic, joy and the spirit of Christmas.

#### Annual Reindeer Romp

The Annual Reindeer Romp will be held on Dec. 7 at 9 a.m. at the Dukum Inn, 111 S. Elson Street in Kirksville. The four-mile run & 1.5-mile walk is the perfect way to dash into the holiday season with a jolly heart, all while supporting two wonderful causes: The Salvation Army and the Radio Park Food Drive. On race day, they'll be

collecting food and toys at both the Dukum Inn and TCC, giving participants and spectators the chance to embrace the true spirit of giving. Every registered runner and walker will receive a long-sleeve T-shirt, jingle bells and festive post-race refreshments to refuel. Proceeds from the Reindeer Romp will go directly to support A.T. Still University's KCOM and MOSDOH Class of 2027.

#### Celebrating Christmas Thru Music

Celebrating Christmas Thru Music will be held on Sunday, Dec. 8, at 2 p.m. at the former Novinger Methodist Church, 606 Davis Street, Novinger. Join them for vocals, instrumentals, community singing and tours of the historic building. Free admission and refreshments, handicap accessible thru north door. Coordinated by Novinger Renewal.

#### Brashear Christmas in the Park

Come and enjoy some Christmas fun and see Santa with his Reindeer at Brashear City Park in Brashear from 10 a.m. to 5 p.m. on

Dec. 8. Yes, a real Reindeer! Take a photo with Santa and the Reindeer for \$20 and it's printed that day. Decorate a cookie or make an ornament or two. Hot chocolate will be available.

#### Northeast Regional Medical Center 'Cookies with Santa'

Northeast Regional Medical Center will hold a Cookies with Santa event on Sunday, Dec. 8 in the hospital's main lobby from 2-4 p.m. Enjoy cookies and crafts with Santa. RX/SVP at <https://forms.gle/b5xtvljapdwunl1aa> or contact Amanda Selby at [amanda\\_selby1@chs.net](mailto:amanda_selby1@chs.net)

#### Holiday Celebration Business After Hours

The Kirksville Area Chamber of Commerce will hold their annual Holiday Business After Hours Celebration at Alliant Bank, 201 S. Baltimore Street in Kirksville on Dec. 12 at 5 p.m. Free food, drinks and music. Catering by Wooden Nickel and music by Randy Smith. Additional parking is available in Lincoln Square with a shuttle ride provided for guests.

## 'A Christmas Carol' at the Curtain Call Theatre

By Curtain Call Theatre

Join the Curtain Call Theatre for their final film night of 2024, featuring the 1984 film, "A Christmas Carol", starring George C. Scott, at the theater (512 W. Elizabeth Street, Kirksville) on Friday, Dec. 6 and from Wednesday, Dec. 11 to Saturday, Dec. 14. All start at 7 p.m.

Originally aired as a television movie, this faithful rendition of Charles Dickens' classic story has come to be recognized as one of the best adaptations of the tale. Scott gives a memorable performance as Ebenezer Scrooge, a cruel miser whose Christmas Eve encounter with the three spirits of Christmas leads him to reevaluate his own life and relations. Free admission, donations appreciated. Refreshments available!

Also, tickets are now available for the live stage production of "A Christmas Story". This is an adaptation of the classic movie featuring a young boy's quest for the perfect Christmas present, a Red Ryder BB Gun, while being stymied by all the adults around him.

Tickets are available at the Hy-Vee service desk or at the door. \$15 general admission and \$5 for children 12 and under.



## Kiwanis Club hears from Kirksville Regional Airport director

By Kirksville Kiwanis Club

The Kirksville Kiwanis Club welcomed Jeff LaFountain to speak at their Oct. 3 meeting. LaFountain is the director of the Kirksville Regional Airport. He presented on improvements that have been made at the airport along with plans for a new airport terminal building. Pictured are Kirksville Kiwanis Club President Ted Frushour (left) and LaFountain.



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Northeast Regional Medical Center is owned in part by physicians. Physicians and allied health professionals are employed by Kirksville Clinic Corp. dba Northeast Specialty Group.

## KIRKSVILLE Daily Express

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## OBITUARIES

### Shirley Ann Birchler Schulze

Apr 13, 1949 – Nov 22, 2024

Shirley Ann Birchler Schulze, Longmont, CO, passed away peacefully at home on Friday, November 22, 2024, at the age of 75. She was born in Sparta, Illinois on April 13, 1949, to Paul and Clara (Wylie) Birchler. She grew up in Bartonville, IL and graduated from Limestone High School in 1967.



She is survived by her husband, Charlie; her daughters, Amy (Chris) Wathen of Longmont, CO and Jennifer Abram of Firestone, CO; and her grandchildren, Cody Wathen of Highlands Ranch, CO, Savannah Abram of Iowa City, IA, Jack Wathen of Loveland, CO and Brandon Abram of Firestone, CO.

Shirley's childhood on a farm was filled with adventures with her siblings, lots of cousins and friends, many of whom became lifelong friends. She didn't have an enemy and always had a smile for everyone. She enjoyed keeping in touch with family and friends. She had a spreadsheet of everyone's birthdays. Anyone who received a card or letter from her recognized her beautiful handwriting. She traced the cursive writing chart until that became her natural handwriting. Shirley attended church and bible school at Bartonville Methodist Church. She was a Brownie, a Girl Scout and a cheerleader. She had fun helping her brothers with their paper route. The Birchlers all love puzzles and games and Shirley passed this love on to her children and grandchildren.

In high school, Shirley was a good student and was on the student council. She worked at Hornsby's dime store and as a candy striper at Peoria State Hospital- a perfect job for her as she was sweet and caring. She was also funny, quick-witted and sarcastic.

Shirley met Charlie during their Junior year of high school, the year she was crowned Prom Queen. They married on November 18, 1967 and enjoyed 57 adventurous years together. Life took them from Illinois to Arkansas, Montana and Missouri before they retired in Colorado to be near their daughters and grandchildren.

After high school, Shirley and Charlie started working for Illinois Bell, she as a switchboard operator and he as an installer/repairman. After they married and she went back to work, someone asked her what her name was now that she was married. She replied, "It's still Shirley."

Shirley enjoyed sewing and would sew clothes for her girls; from matching dresses when they were young to specific outfits in high school. She continued sewing for her grandchildren, making costumes, doll clothes and themed pillowcases.

Shirley worked at KGCX Radio Station in Sidney, MT where one of her jobs was to schedule commercials. While in Montana, they often took road trips across the mountain west. Shirley and Charlie loved to travel and enjoyed taking their girls on road trips all over the country, visiting over 40 states and Canada. In retirement, they traveled to Hawaii and throughout Colorado with Shirley's sisters and their husbands.

Charlie and Shirley moved to Missouri where they built a timber frame home in the woods and raised their daughters. Shirley worked at Truman State University (formerly Northeast Missouri State) in the Admissions office. She especially loved getting to know her student workers and treated them like family. She liked to invite them for a home-cooked meal and include them in activities.

Shirley enjoyed nature, gardening, flowers and herbal remedies. She had a green thumb and was very creative. Her girls often called her "Martha". She began making handmade soaps that she and Charlie would sell at craft shows around Missouri. She named her company Maude McClinton Handmade Soaps after her great-grandmother.

Shirley loved genealogy and did a lot of research on family, making family trees for everyone she loved. Family was very important to her and she enjoyed researching the stories of those who came before, many of whose graves she found and visited.

In 1998, Shirley and Charlie retired to Colorado to be close to their daughters when their first grandchild was born. "Oma" loved her grandchildren dearly and shared her interests with them in a way that matched each of their unique personalities and interests.

Shirley loved attending every concert, game, recital, meet, performance, graduation, etc. Not only did she always show up for her grandkids, but she could tell you every teammate's number and position too. Many of the teammates and friends of her grandchildren referred to her as "Oma" as well. Oma thought of all the little things; making sure the grandkids got everything equally, making toys and games for summer road trips, making favorite meals such as Buttermilk Pancakes for sleepovers and Homemade Noodles on birthdays. She went all out with food and decorations on holidays. She convinced Opa to get a hot tub which she then kept cool so the kids could play in it. She made everything more magical. Oma was a researcher, printing out any information she could find if she knew you were curious about something. She loved to encourage curiosity.

Shirley was a voracious reader, always reading a book. She read all the time to her children and grandchildren and passed this love on to them. She kept lists of the books she wanted to read. She kept lists of the books she had read. Every home she lived in had a larger bookcase than the last. We counted at least 1,357 books; she left her family an official Library.

Shirley was dearly loved and will be greatly missed by everyone who knew her.

Shirley was preceded in death by her parents; her sister, Doris Birchler; her brother, Leo Birchler, and her niece, Sarah Schulze.

Shirley is also survived by her siblings, Norman (the late Connie) Birchler; Linda (the late Terry) Bealmer; Betty (Bill) Gibson; her sister-in-law Paula (the late Leo) Birchler; her brother-in-law Jim (Carol) Schulze; 13 nieces and nephews; 30 great-nieces and nephews; 1 great-great-nephew and numerous beloved cousins and dear friends.

Cremation Services have been entrusted to Howe Mortuary & Crematory, Longmont, CO

A Celebration of Life will be planned for summer 2025 in the Peoria IL area.

In lieu of flowers, memorial contributions may be made in Shirley's name to:

St Joseph's Indian School Memorial gifts may be made online at: [stjo.org/flowers](https://stjo.org/flowers)

Or to American Heart Association <https://www.heart.org/en/get-involved/ways-to-give?form=FUNQCSEKQD>

### Betty Jean Kimble Callaway Lyle

Sep 22, 1925 – Nov 22, 2024

Betty Jean Kimble Callaway Lyle, 99, of Olathe, Kansas, formerly of Kirksville, Missouri, passed away Tuesday, November 19, 2024, at home surrounded by family.

She was born on September 22, 1925, in Ethel, Missouri, the daughter of Bert Leroy Kimble and Mary Catherine Early Kimble.



She attended elementary School in Orrick, Missouri before her family moved to Baring, Missouri, and graduated from the Baring High School as Valedictorian in the Class of 1942. After graduation she was ask to teach at a one room country school, during the war and was able to take courses at the Northeast Missouri State Teachers College in Kirksville, Missouri, during the summer breaks.

On May 5, 1948, she married Leo Henry Callaway, and they made their home in Kansas where Leo worked for the Santa Fe Railroad and Betty taught school and raised six children.

In 1962, they moved to Belle, Missouri where Leo worked for the Federal Aviation Agency and Betty finished her Bachelor's in Education in 1972 and Masters in Education in 1973 at Lincoln University in Jefferson City, Missouri.

Betty was a lifelong Catholic and was a member of the St. Alexander Catholic Church in Belle, Missouri and the Mary Immaculate Catholic Church in Kirksville, Missouri. She was also a member of BETA Sigma Phi and Maris Stella Mothers.

Betty is survived by daughters, Cathy (Ike) Huffman, Elizabeth (Kurt) Clauss, Sharon (Jim) Etkorn and sons, Wade (JoAnn) Callaway, and John Kevin Callaway; many grandchildren, great grandchildren and great great grandchildren; along with numerous nieces, nephews, cousins and a host of friends.

She was preceded in death by her husbands, Leo Callaway in 1972 and Dean Lyle in 1990 and her son Richard Callaway in 2013; her parents, Bert Kimble and Mary Kimble Moore; brothers, Dick Kimble and Jack Kimble; and a grandson, Brady Callaway.

A Mass of Christian Burial will be at 11:00 a.m. Friday, November 22, 2024, at the St. Joseph Catholic Church in Edina, Missouri.

The family will receive friends on Friday from 10 to 11 a.m. at the Church.

Interment will be in the St. Joseph Catholic Cemetery in Edina, Missouri.

Father Boniface Kasiita will Celebrate Betty's Life and Pallbearers will be Matt Clauss, Michael Huffman, Michael Etkorn, Brant Callaway, Blake Callaway, and Alex Huffman.

An expression of sympathy in memory of Betty Lyle may be left as Masses to the Catholic Church of the Donor's Choice. A Mass may be left at or mailed to the Doss Funeral Home 208 N. 4th Street, Edina, Missouri 63537.

## KITCHEN

Continued from Page A1

To donate, people can bring money by or mail it to the Daily Express office, which located at 705 E. LaHarpe Street, #F. Money can also be mailed to ATSU (800 W. Jefferson Street), with "ATSU/Hope's Kitchen" in the address line. Donations are tax deductible.

With a minimum donation of \$1, donors can have their names published in each week's Daily Express fundraising summary, as well as in a giant Christmas card that will appear in the Dec. 23 Daily Express, so include your name, business or organization when you donate and include at least \$1 for each name you would like to see published.

The list for that card will be finalized on Dec. 20.

### Donors since the fundraiser began this year include:

David and Lynn Petre, Dawn and Delgean Burgin, Nicholas and Holly Bell, Curtis and Kira Burgin, Jacob Burgin, Sandi and Ron Darr, Grant Darr, Garrett Darr; In memory of Tom "T.K." Murphy, Carole Murphy, Alan and Sheila Hubbard, Austin and Alyssia Hubbard-Thompson, Degan Thompson, Korbin Thompson, Justin and Trinity Day, Brees Day, Colston Day; Lawrence and Louise Newman.

Dr. W. E. Stock and Mrs. W. E. Stock; Bob and Hilary Giovannini, David Giovannini and Annette Kenney; John Giovannini and Tinley Giovannini; Hunter Giovannini and Kernper; Andrew Giovannini, Beth and Bobby Poston, Dillon, Monika, Claire and Anna Poston; Travis and Angela Poston; Katy and Brayton Glaspie; Mary and Charles Giovannini; Mallory Jackson, Deborah Jackson; Roger J. Johnson, Connie J. Johnson, Patrick L. Johnson, David C. Johnson, Drennan J. Johnson, Tiffany Johnson, Na-

tasha Johnson, Anna Johnson, In memory of Bettie L. Johnson and Lois Rice, Tatum Johnson; Brian Noe, Eva Jane Noe, In memory of Donny and Bill Noe; Mark and Susan Martin; Gene and Karen Croarkin; Wayne and Jane Lovstuen; Gale and Mary Anne Gordon; Gaylene Jacobs and Pat Pulis.

Brad Beard, Betty Jay, Margaret King, Deborah and Daniel Slattery; Scott and Heidi Templeton; Mike Martin; Bonnie McCollum; Janet White, in memory of Raymond "Ray" White, Robert "Bob" Goodwin, Charles and Ida Gregg; Bob and Jane Dager; Marianna Giovannini, in memory of John and Anna Giovannini; Charles Thompson; Ron Mikel, in memory of Geraldine Mikel, Jon and Carolyn Schwartz, John, Kelli, Garrett, Grace and Grant Henry, Jerry and Sharon Bunch, Scott, Robin, Travis, Kelsey, Tyler VanWye, Bill and Marla Goring, Troy, Mardi and Mia Smith, Raymond Schwartz.

Total raised for this week: \$140.

For more info about Hope's Kitchen, contact them at 660-853-0167 or email them at [hopeskitchen@atsu.edu](mailto:hopeskitchen@atsu.edu). For information on the Saturdays meals are available, follow the Hope's Kitchen Instagram or Facebook page.

## Jacob Search earns 'Plant Operator of the Year' award

Staff Reports

North Central Missouri Regional Water Commission (NCMRWC) water plant operator Jacob Search received the Plant Operator of the Year Award from the Missouri Water and Wastewater Conference in Columbia on Wednesday Sept. 18. Search has been employed with the North Central Missouri Regional Water Commission's water treatment facility in Milan for a year and, according to NCMRWC officials, has shown tremendous initiative and aptitude from the outset. Within his first year of employment, Search attended a multi-day water treatment/water distribution course and passed his Water Treatment C test and his Water Distribution 1 test.

Search was nominated by Lawrence Allen, chief plant operator. Part of his nomination states;

"Jacob is always on-time and seldom misses a day of work. He is the first one to volunteer to work any odd shifts that we may have to spontaneously create due to all the projects currently going on at the NCMRWC water treatment plant. We are currently involved in a \$5 million plan enhancement which pulls me from my duties from time to time and Jacob is able to cover for me. Moreover, his mechanical ability and innate common-sense has helped immeasurably both in fixing problems at our aging plant and in providing suggestions on plant enhancements."



Jacob Search

Officials said that Search quickly mastered the wide variety of tests that are currently performed daily at the surface water treatment plant. He has learned how to make sure all the laboratory testing equipment is calibrated and/or standardized and working properly and is always helping solve issues that may arise at the water treatment plant and in the distribution system.

"Jacob is a team-player and has helped to create an extraordinary work culture and environment as he leads and follows with equal enthusiasm," officials said. "I am so grateful to have Jacob and he quickly became integral to our very capable team."

Harve Rhodes, chairman of the NCMRWC stated, "I am really proud of Jacob for receiving this award and I am proud of Lawrence Allen for recognizing him. Lawrence's team has done amazing things under his leadership and Jacob brought honor and distinction to all of us."

*In loving memory  
of my husband  
David Glen Halley "14"  
Aug. 4 1954 - Dec. 7, 2017*

*From the moment God called you to heaven my heart has been torn in half. Half is filled with so much unbearable heartache and the other half died with you. I often lay awake at night when the world is sleeping with a heavy heart and tears upon my cheeks. I pray for on more day with you. Remembering is a heartache that never goes away. I hold you close to my heart and you will remain there until we are together again someday.*

*Your little dog, Norman, watches down the driveway so many days like he expects you to come home to us. We love you and miss you so much, your loving and devoted wife, Kathy and devoted little pup, Norman.*

*"Love is never-ending"*

## Scrubby Duds

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## ROBIN WRITES

## Living 9 to 5

Now that Daylight Saving Time has ended, the activity pattern of my life—and maybe yours—has changed.

My schedule for frequent outdoor carousing is limited to an ever-shrinking handful of hours of solar lighting.

I know. We have streetlights. Headlights. Stripes on road pavements. And I can drive in the dark; I feel pretty confident doing it. I worked the evening shift for almost 20 years, and drove 25 miles home regularly, at 10 p.m.

I don't know when I began putting this curfew on my life. It's just that I don't have many reasons to go anywhere after dark nowadays.

Doctors know the cutoff time. Most have hours that match my driving times. Movie theaters have matinees. I can buy anything all day long, and I can eat at any restaurant while it's still daytime.

So, by the time the sun sets at seemingly mid-afternoon, there is nothing left to do but go home and watch TV.

It wasn't always this way. I used to go on dates. Attend cool concerts. I hoped for the dark of night to merit candlelight dinners at fancy restaurants on dimly-lit, uber-trendy neighborhoods.

It was as if the night belonged to me and everyone who wanted to have fun. Daylight was for work and school and everyday life with everyday obligations.

The dark of evening changed all that to mysterious, exciting escapades.

The idea of any real fun when the sun was still visible was doomed. Who wanted to gaze into eyes that were squinting? Put makeup onto too-visible daytime faces? Climb into a car and zoom off into glaring sunshine and the geriatric scrutiny of adults?

We planned our social lives for the time when the moon and streetlights led the way. Cruising down a dark road was never reason for discomfort. It was the stuff of romantic dreams.

Music from the radio thumped in syncopation with the tire treads against pavement. We couldn't see beyond the arc of the headlights. We didn't care.

Sometimes, we drove to places that left us lost. We just held hands, and laughed at the adventure.

We didn't worry about fog, or downpours, or even snowy, slick roads. By the will of our ignorance, we felt wrapped in the invincibility of youth.

We slept late the next day, wasting sunlight and counting the hours until the night was ours again.

Well, somewhere along the line, I changed from a prowling night animal to a lumbering bear who holes up until the early spring light calls me back into civilization.

It happened in tiny increments. I found it, well, easier to



ROBIN GARRISON LEACH  
ROBIN WRITES

get things done before dark. I wanted to be home to take care of my family. To wash those dreaded supper dishes. To plop onto the couch and watch the nightly news.

And, lest I omit the obvious, I grow slowly less confident about my ability to navigate the world of those younger, faster, more visually acute drivers who have taken my place in the night.

When I go to dinner or shop when it's dark, it's as if I'm in an alternate world. The cars around me are blurs of (probably imagined) aggression. Street lights seem to glitter instead of glow. I train my eyes to trail along the strips and curbs of roads, and find myself driving defensively to the point of crawling from one stoplight to the other.

It's just easier to do everything before 5 p.m. I can always start at dawn, after all.

It's sad to think I've relinquished part of the day to staying home. But in another way, I remind myself that I had my "Night Moves" time.

And right now, I'm living a "Sunrise, Sunset" kind of life.

Contact Robin at  
robinwrites@yahoo.com

## HOME COUNTRY

## Real cowboy measurements

When you been maturinatin' 'long as I have, they's a few ultimate facts about life that jest can't be ignored."

With that, our favorite old-time camp cook, mule packer and occasional predictor of things that haven't happened yet, Windy Wilson, stirred the sugar in his coffee and looked at the rest of us. Wisely. Well, as wisely as old Windy ever gets.

We knew we were in for another dose of campfire education, even if it's totally wrong. We smiled. Some people need cable TV to find this kind of fun.

"Like them measurements we use when we're cookin', he said. "If you look in them recipe books, they slam a buncha measurements on ya that you never heard of and no one to convert them into plain American, like we speak here."

"You jest take in there them bakin' recipes," he said. "Cups a this, then you gotta shift them so they don't stick together with stuff you already tossed in a bowl ... like a dramblin' of this or a sticker of butter. You ever see that stuff? How in the everlastin' hoot owl drumsticks they spect us, 'way over here in the United States of Our Country to figger that out?"

He sipped and stirred and looked up at us in that same way old Sam Elliott does when he finds a greenhorn he



SLIM RANDES  
HOME COUNTRY

wants to set straight.

"Let's figger out real cowboy measurements and use 'em. That's what I say."

"Like which ones, Windy? "Why, Doc, didya know there are them caf-ma terial ladies all over the place don't know what a herman is? Truth. A herman, as all of us know, is a cubic fistful.

Jest right handy fer makin' biscuits in a Dutch oven. Set 'er on that campfire and let 'er go! Gits too hot? Hey, jest pull 'er back a mite 'til she's settin' more in the coals out where the state line would be if campfires had states."

Our resident working cowboy, Steve, got up to pay his bill and leave.

"Don't run off, Steve," said Windy, "was jest 'bout to start 'luminatin' on stuff like gloogles, gurgles, bellyache triggers, slushes and nips."

"Next time, I guess," Steve said over his shoulder as he headed out the door for his getaway pickup truck.

Brought to you by  
that marvelous stocking stuffer,  
Home Country (the book on  
Amazon.com.

## THE ROCKWOOD FILES

## Love's twin sister

Two words we need to say and hear more of

I really do love words. For me, they've always been like magic. As a shy kid, I felt so fenced in by fear of nearly everything, but putting words on paper set me free. No pressure, no time limits, no judgment.

Most of us spoke our first words within a year of being born. And every single year, we learn more of them. This year alone, 200 words and phrases were added to the Merriam-Webster dictionary.

As cool as the new words are, the most powerful phrase is one you've heard all your life: "Thank you." This two-syllable saying does so much vital work in the world yet doesn't get nearly enough credit for it, probably because it's upstaged by "I love you." And I'm certainly not diminishing the value of those famous three little words. But I would argue that a genuine "thank you" is the indispensable twin sister. "Thank you" is love that has put on its work clothes.

If I had to translate what "thank you" means in most situations, I'd say it's code for "I see your work, and I know it matters." And we all need to be noticed. We need to know that who we are and what we do matters, so saying thank you is a social glue that holds us together.

We know it's important because we teach our kids to say it as soon as they start talking. We do it partly because it's a social custom but also because we instinctively know it's special.

Ironically, some people are much more likely to say "thank you" to strangers than they are in their own homes to the people they love most. They issue an automatic "thank you" to the waiter who serves them coffee, but it's been months or years since they thanked their spouse, siblings, parents, or kids for any act of kindness. This gradual "unseeing" of the people closest to us can crack and rupture our most valuable foundation.



GWEN ROCKWOOD  
THE ROCKWOOD FILES

I'm sure Tom and I did a million things wrong while raising kids, but at least one thing turned out right. Our kids say thank you — at home, in college, in drive-throughs, in friendships, in Ubers, and in countless other ways.

Like most parents, we taught them with reminders but mostly by example. In this house, we thank each other for acts of service both big and small — loading the dishwasher, folding the laundry, making the pie, paying for college, finding the lost remote, and so many things that are easy to overlook. We've seen and felt the ripple effects of being grateful for and to each other. We know that the daily "thank you's" of home life spread far beyond these walls and color other interactions. And I know for sure that life is better this way. I feel it in my bones.

Saying and sincerely meaning the words "thank you" defines how you treat people, which is the only identity that matters. And it's so moving when you realize how a simple phrase can make both the receiver and giver feel so much better. Suddenly, we're connected — two humans trying to be good to each other.

Brother David Steindl-Rast, who is a 98-year-old Benedictine monk, scholar, and author, distilled the world's knowledge about this topic into one memorable, beautiful line. I'm adding it to a list of quotes that make me love words more each year. You can carry it with you, too. "The root of joy is gratefulness. It is not joy that makes us grateful. It is gratitude which makes us joyful."

So, thank you for reading these words and for sending me some of your own from time to time. I treasure them and hold them close. From my home to yours, may your Thanksgiving be full of love, gratitude, and joy.

Gwen Rockwood is a syndicated freelance columnist. Email her at gwenrockwood5@gmail.com. Her book is available on Amazon.

## PUBLIC HEALTH CORNER

## National Influenza Vaccination Week

By Kirstyn Dietle, MPH, CHES®  
Health Educator  
Adair County Health Department

Welcome to the Public Health Corner: National Influenza Vaccination Week

National Influenza Vaccination Week (NIVW), observed in early December, serves as a reminder that it's not too late to protect yourself and others from the flu. This annual observance highlights the importance of flu vaccination as a key step in preventing the spread of this contagious virus.

## Importance of Flu Vaccinations

Influenza can lead to severe complications, hospitalizations, and even death, especially in high-risk groups such as older adults, young children, pregnant individuals, and those with chronic health conditions. The flu vaccine is a safe and effective way to reduce the severity of illness and protect against complications. While many people aim to get vaccinated in the fall, flu activity often peaks between December and February, making NIVW a timely reminder that vaccination remains beneficial throughout the flu season.

## Who Should Get Vaccinated?

The Centers for Disease Con-



trol and Prevention (CDC) recommends the flu vaccine for everyone aged 6 months and older, with rare exceptions. Specific groups that benefit the most from vaccination include:

- Seniors aged 65 and older
- People with chronic health conditions like diabetes, heart disease, or asthma
- Pregnant individuals
- Children under 5 years old
- Healthcare workers and caregivers

## Vaccine Accessibility

Flu vaccines are widely available at:

- Pharmacies and grocery stores
- Clinics and doctor's offices
- Public health departments

Many insurance plans cover the cost of the vaccine, and free or low-cost options are often

available through community health programs.

## Protecting Your Community

Getting vaccinated doesn't just protect you—it also helps protect others. By reducing the spread of the flu, you help shield those who are unable to get vaccinated due to medical reasons. This collective protection is essential for safeguarding vulnerable populations and reducing the burden on healthcare systems.

National Influenza Vaccination Week is a great time to prioritize your health. If you haven't received your flu vaccine yet, make an appointment today. By getting vaccinated, you're not only safeguarding your own health but also contributing to a healthier and more resilient community. Stay proactive, stay informed, and make flu prevention a priority this season.

## POETRY CORNER

## The Jock of Rock

I wish I could write music... with a driving beat... and a guitar that screamed in your ear,  
I wish I was 20... and I cranked up my amp... and I rocked so all could hear.  
I wish I was in a band... and we played the oldies... and every song was tight,  
Couples dancing... excitement in the air...  
the night would be perfectly right.  
But years have passed... the guitar's in its case... and it's not seen the light of day,  
The Jock of Rock... hasn't been around... it seems he's gone away.

— Daniel D. Donovan



## TURNING THE PAGE

### This Week in Local History

By Larry Evans

#### 110 Years Ago, December 7, 1914

Numerous reports were coming into the Kirksville Police Department regarding petty thievery taking place in all parts of Kirksville. The items stolen in the incidents were bottles of milk and fresh food from ice boxes, particularly those located in the back porches of residences. Many of the thieves operated on Friday and Saturday nights as though they were shopping for their Sunday dinner. Many people lost bottles of milk, as well as steaks, freshly dressed chickens, and other food items intended for the Sunday meal.

#### 100 Years Ago, December 3, 1924

The pride Adair County citizens had felt in the county's jail to hold the most elusive prisoners was badly shaken when it was learned that four men had escaped by sawing out of their cells. The men who escaped were Lee and Aubrey Meeker, Elmer Bozarth, and Otho Lunsford. The Meeker brothers and Bozarth had been sentenced to the state penitentiary for robbery of a store and Lunsford was awaiting trial on charges of burglary and larceny. Adair County Sheriff Waddill thought the foursome stole a 1924 automobile from A. N. Rogers, who lived south of Kirksville, and were making their way to Macon where the Meeker brothers were from. He believed the men escaped the jail around midnight, but were not missed until breakfast was served the next morning. There were eighteen prisoners in the jail and only fourteen showed up for breakfast. The men sawed their way through the bars using a hacksaw blade which was later found. The Adair County Court judges were amazed because the bars were over an inch in diameter, and they were supposedly made of chilled roller steel which could not be sawed through. They were surprised to learn that the bars were built of soft steel which could easily be sawed through.

#### 100 Years Ago, December 7, 1924

A number of cases of scarlet fever and diphtheria were reported in the Novinger area, and one death from scarlet fever was recorded. There was discussion among health officials as to the advisability of closing the schools to stop the diseases. Dr. C.M.C. Willcox, county physician, said that he was going to Novinger to investigate conditions there and if he determined that the contagious diseases had made advances it might be necessary to close not only the public schools, but the churches and other places where people congregated.

#### 65 Years Ago, December 4, 1959

An early morning fire destroyed the Kirksville Country Club. Ivan Hayden, president of the country club, said that the fire of an undetermined origin, resulted in a loss of roughly \$65,000. He said the building was about half insured and the approximate \$15,000 contents were insured for \$3,000. Clarence Babcock, chief of the Kirksville Fire Department, said that his fifteen men were out in full force. He cited possible causes of the fire as a burning cigarette or defective wiring. The Signa Tau fraternity held a smoker at the club just before the fire was reported. A fraternity spokesman said the members cleaned up before leaving and had cleaned all the ash trays. According to Bob Golden, club caretaker, an electrician had been called the previous day to take care of an electrical problem caused by a short circuit, but that was repaired. Golden discovered the fire at 1:30 a.m. He was working downstairs and heard noises, but he thought it was still some of the fraternity boys cleaning up. After the noise persisted, he investigated and upon opening a door to the upstairs, found it fully engulfed with flames. He then notified the fire department, which responded immediately. Babcock related that as the fire department was within view of the build-



ing an explosion occurred that sent flames out of control. He said that that point flames were shooting 25 feet into the air and all the firefighters could do was prevent the fire from spreading. Country club officials said the building was built 31 years earlier replacing the previous club house that was also destroyed by fire in 1926.

#### 30 Years Ago, December 7, 1994

Much of Kirksville and northeast Missouri was crippled by a massive ice storm that knocked out power in thousands of homes and businesses. Some 1.67 inches of freezing rain fell over the area during the night. It uprooted trees and broke limbs, leaving heaps of breakages not only of limbs but of power lines as well. Blanket cancellations of schools occurred, and law enforcement, utilities companies and fire departments struggled with the carnage and the backlog of emergency and service calls from citizens. Emergency shelters were set up at Mary Immaculate Parrish and First United Methodist Church in Kirksville. People were warned to stay in their homes, if possible, not only because of the extremely slick roads, but more importantly because of the many power lines that were on the ground. Kirksville City Hall was without power, but both of Kirksville's hospitals had electricity. The Kirksville Daily Express was without power, and the daily edition of the newspaper had to be printed in Macon.

#### 25 Years Ago, December 6, 1999

A Kirksville man who confessed to an unsolved Kirksville killing apparently killed the wrong person. Mable I. Richardson, age 80, of Kirksville, was the unintended victim. She was shot once in the lower back and once in the back of her head in her home in Adair County July 29, 1979. After an extensive investigation by the Missouri State Highway Patrol, it was learned the case involved a disgruntled man, John Quarles, who owed back child support to Machael Goodwin of Kirksville. In a written statement Quarles stated that he told his roommate, Anthony McNamara, that he was upset with Goodwin and "wished she were dead." McNamara said he "could do it," and Quarles, then living in Boonville, Missouri, gave McNamara a map of the location of Machael Goodwin's home in Kirksville. McNamara apparently did not decipher the directions correctly or was misdirected as to Goodwin's location. McNamara, then entered Richardson's home and killed her mistakenly.

#### 20 Years Ago, December 7, 2004

An 1842 five-dollar gold coin minted in Dahlonega, Georgia was discovered in a Kirksville Salvation Army bell ringer's red kettle. According to Captain Don Kincaid, Kirksville Salvation Army Corps officer, an official at Bank Midwest revealed that the kettle held the valuable collector's coin. Each day during the Salvation Army's "Tree of Lights" campaign, several pounds of coins were delivered to Bank Midwest from individual bell ringers' kettles. Each kettle had the paper currency counted and the coins were counted by the bank's counter. The gold coin was initially mistaken for a gold-colored Sacagawea one-dollar coin before it was correctly identified by a bank employee. Upon checking it was found that the Liberty Eagle gold coin was worth between \$750 and \$5,725 depending on its condition. Captain Kincaid said that their fund-raising efforts were a little sluggish, but this generous donation would give it a bid boost.

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## EMBRACING LOCAL HISTORY

Part 131

### Theaters of Kirksville - Chapter 4 - The Kennedy opens in 1926

By Blytha Ellis, President  
Adair County Historical Society and Museum

The large Kennedy Opera House/Theatre was built in 1925-26 of the best materials for its day. No expense was spared by the owner, Carrie (Miller) Kennedy to make it a spectacular place to look at as well as a building of the soundest construction. It was mostly red brick with marble trim and cement urns decorating the top. (Some of the marble trim is on display at the Adair County Historical Society Museum.) An impressive arched facade with a curved window stood above the front marquee on the west side of the building, and a tall, pointed portion of the building stood over the exits on the north

As with many buildings in Kirksville, especially those constructed by the Miller family, the Kennedy was made for multiple purposes and for maximum income. The Kennedy building was designed with five rentable storefronts on the street level, and the upstairs had several small apartments. Carrie (Miller) Kennedy would end up spending her last years living in one of her own apartments above her beloved Kennedy Theatre.

Opening night for the Kennedy Opera House/Theatre was Friday, March 26, 1926. This was still the age of silent films, and the feature was "Let's Get Married," a film described as "a splendid comedy." It starred actor Richard Dix (1893-1949).

This was a big night for Mrs. Kennedy who had financed the building of the Kennedy, and for her son, Sam Kennedy, who was to manage this theater as well as the Princess next door.

The house was packed on that night as guests were admitted past the ticket booth and through entrance doors on the west side of the building. This entrance was centered under the original marquee which was then a large rectangular, lighted canopy made in France.

Patrons would have also noticed a large sign displayed high in the air which vertically spelled out the name KENNEDY. It was attached out from the northwest corner of the new building by iron cables. In the 1940s, this sign and the square marquee would be removed when a newer triangular-shaped marquee was installed with the name KENNEDY on two sides of the triangle in neon lights. (See one of these neon signs on display at the Adair County Historical Society Museum.) On this newer marquee were many lights and plenty of room for advertising the acts or movies playing at the theater throughout the years.

Following the evening's entertainment, guests would exit the theater through several sets of doors on the north side of the building on McPherson Street under another large, lighted, rectangular canopy.

The admission price on opening night was 10 cents for children and 25 cents for adults. There was originally no concession stand in



The Kennedy Opera House / Theatre on the southeast corner of Elson and McPherson Streets in Kirksville, built in 1925-26. It sat back-to-back with the Princess Opera House / Theatre with an alley in between, both designed by architect Irwin Dunbar and financed by Carrie (Miller) Kennedy.



the theater like the one that many may remember from later years. However, there was a small cafe named the Kennedy Inn located in the northwest corner of the building, one of five storefronts on the street level of the Kennedy building. This was a popular hangout for theater goers from both the Kennedy and the Princess Theatres before and after the shows. Later, the Kennedy Inn would close and a concession stand set up inside. The Inn's glass front became a showplace for posters of coming attractions.

Next to the theater entrance to the south was a door which led to the upstairs apartments. Over the door were the words KENNEDY APARTMENTS engraved in marble. Four more storefronts stretched past the apartment entrance to the south end of the building at the alley between the Kennedy and the Sojourners Clubhouse (now the Historical Society Museum).

These storefronts were quickly rented out and housed several different businesses over the years. Counting the Kennedy Inn, they occupied street numbers 201 through 209 S. Elson. A few of the known occupants of these stores were Bell Telephone which originally had their office at 207, Whitney Insurance Agency at 209 beginning in 1959, Missouri Midland Gas Co. in one of the storefronts in 1946, a cafe in 207, and later Spencer's Photo Studio in 207.

According to the newspaper account following the grand opening, "The many hundreds who attended the Friday night opening not only enjoyed the performance ... but feasted their eyes on the artistic arrangement and furnishings, the tasteful draperies and hangings, and the many details, all carefully worked out to form the harmonious ensemble of the splendid theater interior."

The hallway leading guests to the theater was described as "lavish" with beautiful carpeting, expensive draperies and upholstered chairs. The flip up seats in the theater were covered in plush burgundy and made of ornate iron.

Exquisitely dressed ushers in tuxedo-type uniforms and matching bellboy caps guided guests to their seats with flashlights.

Walls in the theater were covered with ornate plaster moldings mixed with horsehair for strength and painted in appealing colors highlighted with gold-gilt trim. (Some of these plaster moldings are also on display at the Historical Society Museum.) Overhead were several large circular chandeliers hanging by chains from decorative medallions, the largest being in the center near the dome of the ceiling. The proscenium arch surrounding the large stage was embellished in fanciful trim. On either side of the stage were squares over which were hung large oval medallions. These would later be removed, and two Juliet balconies were installed with curtains and ornate railing for plays. Below these were doors covered in plush curtains. The stage featured a series of at least four sets of heavy curtains and several pull-down backdrop scenes for use with the various acts which would appear on this stage. A grand piano also sat majestically on stage.

In front of the stage, a 15-piece orchestra could play in the orchestra pit surrounded by a white classic balustrade railing made of marble posts. Steps to the stage were on either side of the orchestra pit. In later years when the orchestra pit was removed, additional seats were added to the front of the theater.

At the east end of the entrance hallway were stairs up to equally impressive balcony seats, and above those was the projection room.

Early advertisements for the Kennedy proclaimed that it was "North Missouri's Finest Theater" with "The best of entertainment at the lowest possible prices" and "1000 comfortable seats." Later additions to the Kennedy were "Installation of a \$10,000 Biophone for talking, singing and sound" and "a \$25,000 Robert Morton organ."

(Credit for part of this information on the Kennedy goes to Pam Sylvara who published an article on this theater in the January 2019 issue of "The Adair Historian," quarterly magazine of the Adair County Historical Society - copies still available at our museum, 211 S. Elson St. In Kirksville.)

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NEWSPAPERS MATTER NOW MORE THAN EVER

## Upcoming Northern Missouri road work

By MoDOT

The following is a list of general highway maintenance work the Missouri Department of Transportation has planned in the Northern Missouri region for the next few weeks. All road closures and planned roadwork may be viewed on the Traveler Information Map at <http://traveler.modot.org/map/>. Inclement weather may cause schedule changes in some of the planned work.

There may also be moving operations throughout the region, in addition to the work mentioned below.

### Adair County

U.S. Route 63 (Northbound and Southbound) Dec. 2-9, Lane restriction for transmission line installation approximately 1.6 miles south of U.S. Route 63 and Missouri Route 11 intersection between 8 a.m. and 5 p.m. daily.

U.S. Business Route 63 (Southbound) — Dec. 2-9,

Lane restriction for transmission line installation approximately 1.6 miles south of U.S. Route 63 and Missouri Route 11 intersection between 8 a.m. and 5 p.m. daily.

### Knox County

Route A – Dec. 3-5, Closed for patching operations from Missouri Route 6 to Missouri Route 156 between 8 a.m. and 3 p.m. daily.

### Macon County

Missouri Route 149 –

Dec. 9, Closed for bridge maintenance from Concord Street to Danube Street between 8 a.m. and 4 p.m.

### Putnam County

Route 129 – Closed at the North Blackbird Creek Bridge for a bridge rehabilitation project through February 2025.

Route M – Closed at the Medicine Creek Fork Bridge for a bridge rehabilitation project through January 2025.

## NRMC patient was in the right place at the right time

Tom Tangen's experience with interventional cardiology care at NRMC

By Northeast Regional Medical Center

A Saturday in June started out just like any other for Tom Tangen, who was in Kirksville visiting his mother. They started the morning by attending local yard sales; however, Tom's day would soon turn into the unexpected.

"It started with heartburn and kept getting worse. I started to get dizzy and got some pain in my chest and arm," said Tangen. He quickly found himself in the emergency room at Northeast Regional Medical Center, where he met Larry Handlin, D.O., a member of the medical staff and a board certified interventional cardiologist. "It was fate that I was in the right place at the right time with the right doctor."

After several tests, Tangen was told that he needed surgery. "Everything happened so fast; they got me in quickly, didn't want me to have any more stress, and really got to business."

Handlin and his team performed a heart catheterization and placed a stent to re-establish blood flow to Tangen's heart, which had become blocked. The procedure was deemed successful. While Tangen's

procedure is common, he wasn't a typical presentation, and his diagnosis could have easily been missed. Annie Tate, RN, director of the Cardiology Service Line at Northeast Regional Medical Center states, "Our accreditations, training, and technology help to catch events like Tom's early, minimizing poor outcomes." Tangen agrees, "We need more doctors like him, especially in smaller towns."

Tangen was amazed at the level of technology available at Northeast Regional Medical Center. "I was in and out in just six hours after having a heart stent and angioplasty; the technology is incredible and something unexpected in a small town like Kirksville."

Tangen was even more impressed by the care he received during his visit, going on to say, "The nurses were so nice. The one thing I noticed more than anything was how they treated me like a friend and not just a patient. I can't get over how nice the staff was, how they cared so much and were so friendly. Even the lady who brought my dinner was so nice, and everyone kept checking on me to make sure I was comfortable." Tangen said, "I would recommend this hospital to anyone because the staff was so wonderful and down to earth."

Tangen has been enjoying a smooth recovery. He completes his cardiac therapy three days a week in his home town and follows a

heart-healthy diet. "Since the surgery, I have more energy and have lost more weight. I feel 20 years younger, like I got my life back." Even though Tangen lives over two hours away from Kirksville, he still chooses to make the drive to keep his follow-up appointments.

Tangen is no stranger to hospitals and doctors. "I was an actor in the '90s, and the heavier I got the more I found I was cast in roles. Living this lifestyle over the years has taken a toll on my heart and my body."

Tangen went on to mention, "I've been to other hospitals and doctors over the years, and nothing compares to Northeast Regional—they treat you like family."

Northeast Regional Medical Center is Northeast Missouri's only accredited Chest Pain Center by the American College of Cardiology. Facilities that achieve accreditation meet or exceed an array of stringent criteria and have organized a team of doctors, nurses, clinicians, and other administrative staff that earnestly support the efforts leading to better patient education and improved patient outcomes.

Northeast Regional Medical Center provides cardiac catheterizations, diagnostic services, interventional services, and cardiac rehabilitation therapy. To learn more about heart health or to find a doctor to help monitor your overall health, visit [NERMC.com/cardiac-care](http://NERMC.com/cardiac-care).

## KIRKSVILLE AREA NEWS BRIEFS

### NEMO Fair Association presents 1st Annual 'The Christmas Lane Lighting'

NEMO Fair Association presents "The Christmas Lane Lighting," located at 2700 E. Illinois Street in Kirksville. Businesses, organizations and individuals are invited to participate in this first annual event. The competition will be held at the NEMO Fair Campground and spots are \$20 each and can be secured by messaging from their Facebook page. Contestants will have to Dec. 6 at 4 p.m. to complete their display for judging. The public is invited to drive through The Christmas Lane Lighting display on Dec. 6-7 from 6-9 p.m. at \$5 per car, cash only.

### Curtain Call Theatre Company live production of 'A Christmas Story'

Curtain Call Theatre Company invites you to their live production of the beloved holiday romp "A Christmas Story" on Dec. 6, 11, 12, 13, 14 at the theater, 512 W Elizabeth St. Kirksville. Doors open at 6:30 p.m., show time 7 p.m. Tickets are \$15 for adults, \$5 for kids 12 and under, and will be available at Hy-Vee two weeks before the event, and each performance night at the door.

### Free Movie: 'A Christmas Carol' at Curtain Call Theatre

Join the Curtain Call Theatre for their final film night of 2024, featuring the 1984 film, "A Christmas Carol", starring George C. Scott, at the theater (512 W. Elizabeth Street, Kirksville) on Friday, Dec. 6 and from Wednesday, Dec. 11 to Saturday, Dec. 14. All start at 7 p.m. Free admission, donations appreciated. Refreshments available.

### 5th Annual Holiday Marketplace

The 5th Annual Holiday Marketplace will be held at the Sue Ross Arts Center at 215 S. Franklin Street in Kirksville from 11 a.m. to 4 p.m., Monday through Friday and from 9 a.m. to 3 p.m. on Saturdays, through Dec. 20. Sponsored by the Missouri Arts Council and the Kirksville Arts Association.

### Breakfast with Santa tickets on sale now

The Kirksville Parks and Recreation Department announced that tickets are available for its annual Breakfast with Santa program. This year's enchanting event will happen on Saturday, Dec. 14 at 8:30 a.m. and 10 a.m. at Mi Casa, located at 512 S. Baltimore Street. Indulge in an all-you-can-eat breakfast buffet that includes an array of delicious offerings such as breakfast burritos, hash browns, breakfast nachos, donuts, muffins, and fresh fruit... and a special visit from Santa. Tickets are \$15 for each adult and child 5 and up. Children 4 and under eat for free. Seating is limited, and all tickets must be purchased in advance. Tickets are available at the Kirksville Aquatic Center or online at [parks.kirksvillemo.org](http://parks.kirksvillemo.org).

### MOSI (Missouri & Southern Iowa) Art Guild show

The 2024 10th Annual Truman State University MOSI Art Exhibition will run through Dec. 13 at the Pickler Memorial Library — Library Café.

### Scholarships available for city recreational programs and lessons

The Kirksville Parks and Recreation Department is excited to announce the launch of its new Scholarship Program, an initiative to reduce financial barriers for participation in the department's wide array of activities and programs. To be eligible for a scholarship, you must reside within the city limits of Kirksville and meet the household size/ yearly income requirements, which can be found on the application. Applicants meeting the eligibility guidelines are awarded a 50 percent scholarship on programs and events, including the Kirksville Baseball and Softball Leagues, Little Sluggers Tee Ball, Kids Mini Mud Mile, Group Swim Lessons and more. Guidelines and the scholarship application can be found online at [kirksvillemo.org/p/parks-recreation](http://kirksvillemo.org/p/parks-recreation), or picked up in person at the Kirksville Aquatic Center. For more information, contact the Kirksville Parks and Recreation Department at 660-627-1485.

### The Food Bank Children's Programs

You can help ensure all local children get the food they need to thrive by supporting The Food Bank for Central & Northeast Missouri's Children's Programs. Right now, 1 in 5 children in the state of Missouri faces food insecurity. While many qualify for free or reduced-price meals at school, some families do not have access to nutritious meals during the weekend. The Food Bank's Children's Programs help fill that gap. Children's Programs include School Markets, which are small school pantries that allow students to choose ingredients to take home for family-style meals, and Buddy Packs, which are bags of entrees and snacks that can feed a single child through the weekend. Help a child focus on the business of playing, learning and growing by making your gift today. Donate at [sharefoodbringerhope.org](http://sharefoodbringerhope.org) or send a check made payable to "The Food Bank" to: The Food Bank, 2101 Vandiver Drive, Columbia, MO 65202. You can choose to designate that funds stay in the county right on your check, if you choose. Participating schools include Brashear Elementary, Kirksville Area Technical Center, Kirksville Primary, Novinger Elementary and Ray Miller Elementary. Sponsored by Alliant Bank and Kirksville Daily Express.

### Join the Kirksville Young Professionals Committee

The Kirksville Area Chamber of Commerce encourages businesses and their employees (ages 21-40) to become involved in the Kirksville Young Professionals Committee, which focuses on retaining and engaging young professionals in the area through lunch & learn opportunities, professional development, and other various events. KVYP is here to help them connect with the community. They meet on the second Tuesday of the month at 9 a.m., in the Hampton Inn Truman Room or via zoom. Feel free to reach out to [kirksvillyp@gmail.com](mailto:kirksvillyp@gmail.com) for more information about KVYP or to get the Zoom Link for meetings. You are also more than welcome to join them at future events.

## LIVESTOCK

Continued from Page A1

Ashley McCarty will be this year's recipient of the prestigious Livestock Achievement Award. This esteemed recognition celebrates her dedication to advancing agriculture and significant contributions to the Missouri farming community.

McCarty serves as the executive director of Missouri Farmers Care, an or-

ganization that unites the agricultural community to advocate for the farmers and ranchers who sustain local economies. Under her leadership, the Agri-Ready County Designation program has flourished, with 73 counties across Missouri now recognized for their commitment to agricultural enterprise and workforce readiness.

"The Missouri Livestock Symposium focuses on finding the leading experts in their respective fields to

help educate farmers, ranchers, and the public on issues that affect all livestock production, and we are excited to bring Cassandra Fish to Kirksville in December," said Zac Erwin, MU Extension Livestock Specialist and Symposium vice-chair.

The program is free in large part due to the Platinum level sponsors: University of Missouri Extension, USDA-Natural Resources Conservation Service, Sullivan Auctioneers, LLC, Missouri Department of Ag-

riculture, Missouri Sheep Merchandising Council, FCS Financial, KTVO Studios, NEMO Feed, Pepsi-Cola Memphis Bottling, and the Missouri Beef Industry Council.

Event details and additional program sponsors are on the internet at [www.missourilivestock.com](http://www.missourilivestock.com), or ask at Adair County MU Extension Center, 660-665-9866, or Chairman Gary L. Mathes at 660-341-6625.

The Symposium draws visitors from across Missouri and nearby states.

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For more info: Zac Erwin, SMS Regional Coordinator, 660-665-9866  
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## Santa visits with local kids

By NEMO Photography

**S**anta Claus visited with local children at the Adair County Courthouse on Saturday evening, Nov. 30. Kids of all ages were able to share with Santa their holiday wish lists and a candy cane.



PHOTOS BY NEMO PHOTOGRAPHY



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## Scheib honored with AMEC Lifesaving Award

By Tri-County Electric Cooperative

Mike Scheib, CEO/General Manager of Tri-County Electric Cooperative, Lancaster, was honored with the Lifesaving Award by the Association of Missouri Electric Cooperatives (AMEC) at that organization's annual meeting Oct. 2 in Branson.

Because of the nature of the work they do, electric cooperative employees receive extensive life-saving training. They hope they never need these skills but are prepared to put their training to work whether it is helping an injured employee or a member of the public. The AMEC Lifesaving Award was created to recognize those employees who take action to save a life.

On Wednesday, Jan. 10, line crews went to dinner following extended outage restoration efforts in Tri-County's service territory. While a lineman was eating dinner, a piece of steak became lodged in his throat. The lineman began choking and indicated he could not breathe. One of the co-op's linemen tried performing the Heimlich maneuver but was unsuccessful. Scheib

jumped in without hesitation. He promptly performed the Heimlich on the lineman and successfully dislodged the steak, which allowed the lineman to breathe again.

If it weren't for Scheib's quick thinking and life-saving training, this routine day could have become tragic.

The Association of Missouri Electric Cooperatives, Jefferson City, is the statewide service organization for Missouri's electric cooperatives.

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## Bulldogs snap losing streak with old MIAA foe in home opener

By Henry Janssen  
Daily Express

Truman men's basketball team had lost to Emporia State at the Hornets' place in consecutive years, but got the best of them at Pershing Arena on Wednesday night, 91-79. The Bulldogs advance to 2-1, bouncing back from a loss at Findlay last weekend.

The 'Dogs came out slow as Emporia built an 8-0 lead while Truman couldn't get anything to fall in the early moments of the game. At the first media timeout, the Hornets held a 15-4 lead, then Truman's size and shooting finally came alive – the Bulldogs took a 24-23 lead with just under 10 minutes in the first half when Casen Lawrence knocked down one of his five three-pointers on eight attempts.

Emporia State took the lead back on the following possession, but that was the last time the Hornets would have the advantage. Truman tied the game at 31 apiece with a Chris Harris three-pointer on his only field goal attempt of the game with around eight minutes remaining in the first half.

"We switched the lineup from Ohio to here, and a little bit of that slow start is who's in, who's

out," Truman coach Jeff Horner said. "We started to get some stops, started to hit some threes, and that was the biggest thing that helped us."

"Hitting shots opens up space for our guards to be able to kick while also letting our bigs do their thing fighting down low, and that was really encouraging tonight."

The Bulldogs took a 50-41 lead into the halftime break, and an early 10-0 run pushed their lead to 70-54 until Emporia hit a couple free throws on the back side of the under-16 media timeout in the second half.

Truman's depth proved huge, as it will throughout the course of the season – eight guys saw at least 17 minutes on the floor, and freshman true big Quientan McCafferty got more than seven minutes as he continues to get comfortable in the Bulldogs' fast-paced offense.

The Bulldogs finished 14-of-32 from three-point range and 34-of-61 from the field overall, making seven more field goals than Emporia on one attempt fewer.

The biggest statistical discrepancy was assist totals; the 'Dogs finished with 22 to just six for the Hornets. Xavier Hall,

the "X-Man," finished with a team-high eight. Hall also had 10 points, and also led the team with eight boards.

Four other Bulldogs finished in double figures. Trey Shearer led the team with 16 points, Lawrence had 15 on those five three-pointers, Brennan Lovette posted a dozen and Matt Haefner had 10.

The Bulldogs won on the boards, out-rebounding Emporia State 36 to 29.

"We came out really slow, but we found our intensity. Our guys played a really physical game and that's what we've been working on all week," sophomore guard Kobi Williams said. "We have a lot of trust in our three-point specialists and that opened up what we wanted to do."

The Bulldogs have a week off before hosting Northeastern State (Ok.) on Nov. 20.



Redshirt junior Landon Eiland draws a foul on a floater.



Bulldog sophomore Kobi Williams slams it off of a backdoor cut in Wednesday's victory.



Junior guard Isaiah Reams finds the open outlet in the corner in Wednesday's 91-79 victory against Emporia State. PHOTOS BY HENRY JANSSEN/DAILY EXPRESS

## Truman accepts Crossroads Bowl berth

By Truman Athletics

INDIANAPOLIS – Truman State football will square off with Tiffin (Ohio) in the 5th America's Crossroads Bowl on Saturday, December 7 at 1 p.m. in Hobart, Indiana.

The Bulldogs enter the bowl game with a 7-4 record and finished in second place in the Great Lakes Valley Conference with a 6-2 mark. They won the tie-breaker over Upper Iowa by virtue of their 26-23 win over the Peacocks on October 5th.

Tiffin finished the regular season 8-3 and was 7-2 in the Great Midwest Athletic Conference. They defeated #22 Findlay (Ohio) 37-14 in the season finale on Saturday and share one other common opponent with the Bulldogs:

Wayne (Mich.) State, against which both teams hold victories. Findlay defeated Truman State 37-21 in Kirksville in the season opener on September 7th.

See **BOWL**, Page B2

## Truman men's cross country finishes season 24th at regional

By Truman Athletics

ROMEDEVILLE, Ill. — The Truman State Men's Cross Country squad wrapped up their 2024 season at the NCAA Midwest regional race on Saturday. Evan Aubuchon led the Bulldog contingent with a 10-kilometer time of 33:29.68.

Aubuchon, the team's lone senior runner, finished 120th and scored 118 points for the Bulldogs. He was followed across the finish line by Jacob Gutzman in 126th position and a time of 33:42.68. Gavin Hill was next in 154th and 34:36.50. Andrew Kuntz and Andrew Gonaski completed the team scoring by finishing in 164th and 176th place. Kuntz ran 35:04.31 and Gonaski ran 35:42.19.

Nolan Meara (36:10.81 — 183rd) and Brycen Crompton (36:33.03 — 189th) were the final two Truman runners in the race.

Truman State tallied 728 points and placed 24th as a team.

## Truman cross country women finish top 10 in regional thanks to late Mathis push

By Truman Athletics

ROMEDEVILLE, Ill. — Senior Addie Mathis put herself in position for a possible NCAA national championship bid and helped the Truman State Women's cross country team to their best team finish in 13 years on Saturday at the Midwest regional race.

Mathis jumped a race over the final kilometer in the 6K race and closed with a

time of 21:54.86 to place 19th overall. The NCAA Division II national committee will now compare results across all eight regional races with qualifying teams and then select at-large individuals to complete the field. They will notify schools later in the week with the national championship race set for November 23 in Sacramento, California. It is the best individual regional finish since Laura Tarantino

placed 18th in 2016.

Fellow senior Lexi Henriksen was the next Bulldog to finish as she ran 22:48.12 and was in 50th position. The next three Bulldog scorers all finished within two seconds of each other. Kate Yates was 57th in 23:04.06, Carmen Gentilia was 60th in 23:05.13 and Kati Schoeneberg was 62nd in 23:05.44.

That five-person unit gave the Bulldogs 248 points and

a seventh place team finish. They were second behind Lewis among Great Lakes Valley Conference teams and posted the highest team finish since a fourth place showing in 2011. Last year, the Bulldogs were 13th.

Lydia Lehmbeck (23:18.79 — 78th) and Cora Stimpson (23:25.29 — 84th) rounded out the Bulldogs squad on Saturday on the Lewis University course.

## Bulldog women cruise past Rockhurst in GLVC opener

By Henry Janssen  
Daily Express

Truman got off to the correct start to open conference play on Saturday afternoon, defeating Rockhurst 82-64 at Pershing Arena. After advancing to 4-5 overall, the 'Dogs next travel to Drury on Dec. 5. The Hawks fall to 1-4 in what was also their opening Great Lakes Valley Conference game.

After a rocky end to the first half, Truman still took a 45-41 lead into the halftime break before going on a 20-6 run to open the third quarter. From that point on, the Bulldogs never led by fewer than 10.

Graduate transfer Jordan Cunningham (Missouri Western) finished with a 25-point double-double, adding 10 rebounds. Sophomore guard Lexi White finished with a double-double herself, posting 12 points and 11 boards.

"They played really hard and continued to crash the boards, and I applaud them for battling and keeping it a game," Cunningham said. "Our shots were just falling when we needed them, and it seemed like every moment we needed a basket to deflate their momentum, we got it."



Gracie Neff seeks an outlet in Saturday's win.

Molly Joyce finished with 18 points.

The difference in the game was Truman's 46 percent shooting to just 29 percent from Rockhurst, holding the Hawks to just 23 second-half points. The Bulldogs finished with 43 rebounds to the

Hawks' 37, and Truman's 11 assists as a team was just one more than its opponent.

"We just got stops on consecutive possessions, and that's what we preach," Truman coach Theo Dean said. "We gave up a few more baskets than we would've



Truman sophomore guard Molly Joyce slashes to the rim in Saturday's conference-opening victory. PHOTOS BY HENRY JANSSEN/DAILY EXPRESS

liked in the first half. Our goal for today's game was the little things, and we were able to get out and attack.

"We were able to do some things to force them to start re-

ally attacking with their press, and we handled it well. Ball control and possession, getting stops, all of those things - I liked a lot from what I saw from these kids today."



Bulldog quarterback Dylan Hair finds senior tight end Chris Kerr open in the sophomore's conference Player of the Week performance against Southwest Baptist. HENRY JANSSEN/DAILY EXPRESS

## Hair earns first superlative of career as GLVC Offensive Player of the Week

By Henry Janssen  
Daily Express

With a six-touchdown, 277 yard passing performance against Southwest Baptist last Saturday at Stokes Stadium in Truman's final regular season game, sophomore quarterback Dylan Hair locked up his first career conference honors.

He finished with 18 completions on 23 attempts. Five of his six touchdowns were thrown in the first half, and after a third-quarter touchdown with his team up 48-

3, Hair had done enough and was removed from the game in favor of junior Bennett Ellsworth.

Hair finishes his regular season with 25 touchdowns to just five interceptions and 2235 yards on 60 percent passing.

He also was second on the team behind Denim Cook with 607 yards rushing.

The Bulldogs, sitting at 7-4 and 6-2 in the GLVC, will complete their season on Dec. 7 with an appearance in the America's Crossroads Bowl versus Tiffin (Ohio) in Hobart, In.

## Martin eager for regular season play to arrive

By Henry Janssen  
Daily Express

Kirksville boys' basketball coach Tyler Martin is excited for his team to finally be playing against someone aside from itself, especially after so many of his players were downtrodden with the way the Tigers' football and soccer seasons ended.

By the time of this publication, the Tigers will have opened versus Highland on Tuesday night, and Kirksville brings back a lot of its weapons from a season in which it went 17-9 before getting bounced in the second round of Class 4 District 8 play to eventual quarterfinalist Mexico.

Martin said that his team's depth is going to be its biggest strength - it's just a matter of getting into regular season play and seeing other opposition rather than seeing one another every day.

"To be honest with you, we have some ideas of how our rotations will work out, but that's just the challenge of all of it," Martin said. "Some of these kids have grown and matured, and one thing I'm really excited about is that they're all a year smarter."

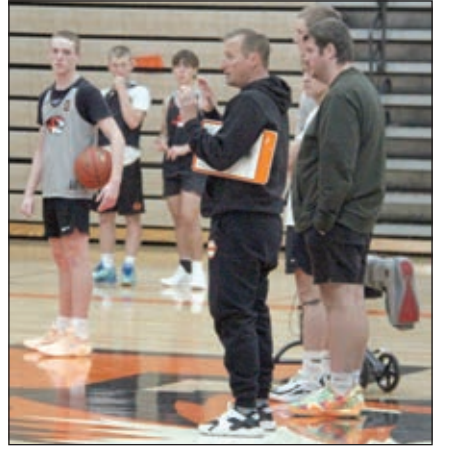
The Tigers bring back four of the six players who appeared in at least 25 of their 26 games last season, losing size with the loss of Justin McKim who attempted more field goals than anyone on the team behind now-senior Cole Kelly. Gavin Pike is also lost to graduation, and he was the only Tiger averaging better than 50 percent from the field, converting 115 of his 220 attempts.

As far as a big man that he believes will be an on-court extension of the coaching staff, Martin said that he is specifically excited to see what junior Kyle White will be able to do to keep his team steadfast.

"You have to go slow to go fast, and that's difficult to explain to these kids at times," Martin said. "(Kyle) kind of gets that, and he gets others to buy into it.

"If we're going to win a bunch of games, we have to play our type of game. Fortunately, I feel like we have a lot of chemistry types of guys, so we'll just see what some of those rotations play out to be."

Martin also specifically mentioned seniors Sam Snyder and Carter Pinkerton as guys who he trusts will step up into expanded roles.



Kirksville boys' basketball coach Tyler Martin gives his team instruction at the end of a practice last week. Martin's Tigers were 17-9 last season and return many of the team's key pieces. HENRY JANSSEN/DAILY EXPRESS

After traveling to Highland, the Tigers host South Shelby on Dec. 3 and travel to Macon two nights later. They finish up with Clarence Cannon Conference opponents hosting Clark County on Dec. 10.

"Early season against those Clarence Cannon teams, I like the schedule because of course you want to be in your best form when the season begins, but you just have to see," Martin said. "They'll roll out their best five every night, and it'll be huge toward seeing what we've got."

## BOWL

Continued from Page B1

It will be a rematch of the 2022 bowl game in which Truman State denied a two-point conversion with 46 seconds left to preserve a 28-27 win over the Dragons. The two schools played at each other's campus in

2021 and 2022 with both of those games coming down to the wire.

In 2021 at Tiffin, the Bulldogs trailed 35-17 and 35-24 heading into the fourth quarter and pulled to within five with a touchdown with 3:29 left to play. Truman State recovered the on-side kick and Cody Schrader capped off the comeback

with a three-yard touchdown run with 26 seconds left.

At Stokes in 2022 there were more dramatics. Grant Ross booted a 39-yard field goal with 50 seconds left to send the game into overtime tied at 10. After Tiffin scored a touchdown just two plays into the extra period, Shamar Griffith got the Bulldogs into the endzone on a six-yard run. Gambling for the two-point conversion, the first attempt saw a pass fall incomplete but the Dragons were flagged for holding. On the next try, Nolan Hair found Zach

Zerwig at the near pylon for the 18-17 Bulldog win.

The bowl game is a partnership between the Great Lakes Valley Conference, Great Midwest Athletics Conference, and the South Shore Convention and Visitors Authority. The game started in 2019 with Truman State defeating Ohio Dominican in the inaugural event. The Bulldogs were champions of the first three America's Crossroads Bowl games. Last season, Ashland (Ohio) defeated McKendree (Ill.) for the GMAC's first win in the game.

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## Missouri third graders harvest knowledge through 'Agriculture Education on the Move'

Milan FFA Members Engage Young Minds Through Hands-On Learning

By Agriculture Education on the Move™ (Ag Moves)

JEFFERSON CITY — This fall, third grade classrooms across Missouri are harvesting knowledge as students participate in Agriculture Education on the Move™ (Ag Moves). Through this initiative of Missouri Farmers Care, students discover how their lives are intertwined with agriculture through hands-on learning led by passionate educators in their classrooms.

"It's truly inspiring to see the seeds of knowledge being planted in classrooms across Missouri through Agriculture Education on the Move™. This program not only teaches students about the vital connection between their lives and agriculture but also ignites a passion for learning and understanding where their food comes from," said Denny Mertz, Missouri Soybean Merchandising Council outreach and education chairman. "We're proud of the dedication of our FFA partners and the enthusiastic educators who make this program possible, and we're excited to continue growing and expanding its impact in communities statewide."

Milan FFA members are teaching ten Ag Moves lessons to Milan C-2 Elementary students this



FFA members lead interactive Ag Moves lessons.

semester, while Memphis FFA members will teach to Scotland County R-1 Elementary students. During the ten-week program, students explore various topics, including crops, livestock, soil and water conservation, nutrition, and careers in agriculture. The STEM-focused lessons align with state learning objectives in science, math, social studies, and language arts. Each lesson includes hands-on

activities, allowing students to create soybean germination necklaces, make corn plastic, prepare butter, develop feed rations, construct soil profiles and more. Through this curriculum, students also gain insights into Missouri farm families and the dedication of farmers and ranchers throughout the year.

"The entire community benefits from Agriculture Education on the Move™ as local students

discover the excitement of germinating seeds, learn the fundamentals of food production, and gain a new awareness of the agriculture surrounding them," said Ashley McCarty, executive director of Missouri Farmers Care. "The connections these students make this semester will shape their perspectives as future consumers and highlight opportunities available in agriculture-related careers."

Ag Moves will engage over 5,000 third-grade students this fall bringing the total reach of the program to more than 12,000 students during 2024. This outreach is made possible through partnerships with 836 FFA members, professional educators and collegiate interns. The Missouri Farmers Care Foundation, which hosts Ag Moves, supplies curriculum, materials, and trained educators at no cost to participating schools. A list of elementary schools receiving Ag Moves programming this semester can be found here.

"We are incredibly proud of every Missouri FFA Partner Educator," said Heather Fletcher, Ag Moves program director. "The leadership and communication skills they are honing in the classroom will serve them well as future leaders in their communities and careers. We greatly appreciate their passion and dedication as mentors through Ag Moves and their commitment to sharing knowledge about Missouri agriculture."

Ag Moves is funded by Missouri Farmers Care, a coalition of over 40 agriculture groups in Missouri. Support comes from Missouri soybean farmers and their checkoff, as well as the MFA Oil Foundation, FCS Financial, MFA Incorporated, Missouri Corn Merchandising Council, the Missouri Beef Industry Council, and the Missouri Fertilizer Control Board. To learn more or to become a partner, visit [www.agmoves.com](http://www.agmoves.com).



## Northeast Missouri Women in Agriculture event offers fun learning for women in ag

By University of Missouri Extension

GREEN CASTLE — The Northeast Missouri Women in Agriculture event, Nov. 8 in Green Castle, offers fun and facts for women wanting to improve their gardens, forests and farms.

University of Missouri Extension horticulturist Jennifer Schutter says one timely topic will be disaster preparedness. MU Extension community development specialist Darla Campbell will give practical tips on how to plan for and survive a natural disaster.

Schutter will also share ways to make garden work easier, and agronomy specialist Valerie Tate will provide timely updates on how to be safer on the farm.

For cattle producers, MU Extension livestock specialist Zac Erwin gives tips for managing pastures and better nutrition for your herd.

Missouri Department of Conservation resource forester Yvette Amerman will discuss tree roots. A district conservationist with the USDA Natural Resources Conservation Service will give an update on services available through NRCS, Soil Water and Conservation District and Farm Service Agency programs.

Participants wind down the day by learning how to make a floral arrangement that they can take home.

The event is 9 a.m. to 3:30 p.m. at Wildflower Grove, 1119 Front Street, Green Castle. The town is on Missouri Highway 6, west of Kirksville and east of Milan.

Register online at <https://extension.missouri.edu/events/women-in-agriculture-1>, or contact the MU Extension Center in Adair County at 660-665-9866 or Schutter at [jschutterj@missouri.edu](mailto:jschutterj@missouri.edu). MU Extension and the Adair and Sullivan County Soil and Water Conservation Districts sponsor this event.

## Field of Dreams representatives speak to Rotary Club of Kirksville

By Rotary Club of Kirksville

The speakers at the Oct. 23 Rotary Club of Kirksville meeting were Field of Dreams President Katie Fine (left) and Keith Jackson (right), a board member. Since 2007, this 501(c)(3) facility's mission has been to provide long-term homes for animals, first through fostering. Fine said dogs and cats are accepted into foster homes on a space-available basis. Jackson has fostered dogs for years and highly recommends it. Once accepted, Field of Dreams provides necessary medical care (including spaying and neutering), socialization, love and training to prepare the dogs and cats for their permanent adoptive homes.



The speakers are pictured with Club President Ruth Bowers. For information about the facility, contact them at 660-342-6023, [fodro6FODRO6@yahoo.com](mailto:fodro6FODRO6@yahoo.com) or [www.fodrescue.org](http://www.fodrescue.org).

## Kirksville Kiwanis Club welcomes cast members of theatre production

By Kirksville Kiwanis Club

The Kirksville Kiwanis Club welcomed cast members of Curtain Call Theatre Company's upcoming production of "Angel Street (Gaslight)" to speak at their Oct. 10 meeting. The cast members performed an excerpt from their upcoming production. For show dates and times, visit [curtaincalltheatre.org](http://curtaincalltheatre.org). Pictured, from left, are Megan Witzenburg, Courtney Kopp, Kirksville Kiwanis Club President Ted Frushour, and Kirksville Kiwanis Club Immediate Past President, and member of Curtain Call Theatre Company, Dan McGurk.



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- &
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Round bales 5' wide 67" inches tall mixed grass hay with alfalfa. Baled dry fertilized, lab tested, net wrapped with plastic surface wrap on top. Load evenings and weekends Watson Hay Sales. 660-341-4031

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5 month old Boxer puppies, male and female available. Call or text 641-208-7546.

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Lazy Man deer blinds, Generation 2 Penthouse, \$1649.95. Fat Girl, Bow or Combo, \$1999.95. heindselmanfamilyfarms.com. 660-341-5692

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**Wanted**

Three generation family farm looking for tillable farm ground or pasture ground for rent. Please call 573-721-3260

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TINY HOMES - Missouri franchise 573-881-7965.

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Pickup bed for 2011 Chevy 3500 dually with spray on bed liner. Call 641-208-7546.

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2005 Ford F350, single rear wheel, 6.0 diesel with updates. 4 door long bed, 4x4, with B&W hitch, good tires, new battery, rebuilt title. \$7,750. 660-346-0438.

White aluminum cab high topper with side doors, locking keys by Unicover, off 2015 GM crew cab, fits others. \$2500.00 217-257-1385.

**NOTICE OF ELECTION AND DEADLINE FOR CANDIDATES FILING**

YOU ARE HEREBY NOTIFIED that an election for the directorship of Sub-District #4 and Sub-District #5 of Public Water Supply District #1 of Adair County will be held on April 8, 2025. Anyone desiring to file for said directorship may do so on or after 8:00 a.m. December 10, 2024 and up to December 31, 2024 at 12:00 noon in the office of Public Water Supply District #1 of Adair County at 1712 N. Osteopathy St., in the City of Kirksville, Missouri. Residents of Sub-District #4 and Sub-District #5 are qualified to file for the directorship of their Sub-District, excluding residents of Kirksville, Brashear, and Novinger, if they are otherwise qualified to vote, have resided in Public Water Supply District #1 of Adair County, Missouri, for at least one whole year prior to the election date, are at least 25 years of age, and are not delinquent in the payment of any taxes.

GINA MORAN, CLERK OF DISTRICT  
(660)665-4280

There will be an election Tuesday, April 8, 2025. The Village of Millard, MO has openings for THREE (3) 2-year positions on its Board of Trustees. A candidate must be 21 years of age, a citizen of the United States, have lived within the Village for one (1) year and be a registered voter. First day to file is Tuesday, December 10, 2024 at 8:00 am; filing deadline is Tuesday, December 31, 2024 at 5:00 pm. Interested persons may contact Felicia Scott or Margaret Ferrell.

Margaret Ferrell, Clerk

**IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI**

PROBATE DIVISION  
**Estate No. 23AR-PRO0115**  
In the Estate of SHANNON LEE JACKSON, Deceased

**NOTICE OF FILING OF STATEMENT OF ACCOUNT AND SCHEDULE OF PROPOSED DISTRIBUTION**  
(Sec. 473.840)

You are hereby notified that the undersigned Independent Personal Representative will file a Statement of Account and Schedule of Proposed Distribution of the assets of the estate, in the Probate Division of the Circuit Court of Adair County, Missouri, on December 12, 2024. If no objections are filed within twenty (20) days after the filing of the Statement of Account, the Independent Personal Representative will distribute in accordance with the Schedule of Proposed Distribution contained in the Statement of Account.

Your are further notified that if no proceeding is commenced in the Court within six months after the filing of the Statement of Account, the Independent Personal Representative will be discharged from further claim or demand by any interested party

Terry Leonard Jackson, Independent Personal Representative

Publication Dates: November 13, 20, 27, and December 4, 2024  
Newspaper: **Kirkville Daily Express**

**IN THE CIRCUIT COURT, ADAIR COUNTY, MISSOURI**

**Case Number: 24AR-CV00734**  
(Date File Stamp)  
In Re: The Marriage of:  
JENNIFER ANN LAFFEY and MARK AARON LAFFEY.  
JENNIFER ANN LAFFEY, Petitioner,  
v.  
MARK AARON LAFFEY, Respondent.

**NOTICE UPON ORDER FOR SERVICE BY PUBLICATION**

The State of Missouri to: MARK AARON LAFFEY, who is interested in the subject matter, address unknown. You are hereby notified that an action has been commenced against you in the Circuit Court for the County of Adair, Missouri, the subject and general nature of which is: Dissolution. The name of all parties to said action are: Jennifer Ann Laffey, 1403 East Jefferson Street, Kirksville, MO 63501, and as attorney of record, Leslie J. Silvernail, Silvernail Law Firm LLC, 803 South Baltimore Street, Kirksville, MO 63501, 660-956-0997. You are further notified that, unless you file an answer or other pleading or shall otherwise appear and defend against the aforesaid petition within 45 days after the date of first publication of notice which occurred on the 13th day of November, 2024, judgment by default will be rendered against you. It is ordered that a copy hereof be published according to the law in the Kirksville Daily Express, a newspaper of general circulation published in the County of Adair, State of Missouri.

A true copy from the record  
Witness my hand and the seal of the Circuit Court this 4th day of November, 2024.

Martha Cole  
Adair County Circuit Clerk  
PUBLICATION DATES: 11-13-2024, 11-20-2024, 11-27-2024, 12-4-2024.

**IN THE 2ND JUDICIAL CIRCUIT, ADAIR COUNTY, MISSOURI**

Judge or Division: Case Number: 24AR-PRO0108  
PROBATE  
In the Estate of EUGENE DWAINA AUSTIN SR, Deceased.

**Notice of Letters of Administration Granted (Independent Administration)**

To All Persons Interested in the Estate of EUGENE DWAINA AUSTIN SR, Decedent:  
On November 7, 2024, the following individual was appointed the personal representative of the estate of EUGENE DWAINA AUSTIN SR, decedent, by the Probate Division of the Circuit Court of Adair County, Missouri. The personal representative's business address is: Eugene Dwaine Austin Jr., 108 Baker Street, Villa Ridge, Missouri, 63089. The personal representative may administer the estate independently without adjudication, order, or direction of the Probate Division of the Circuit Court, unless a petition for supervised administration is made to and granted by the court. The personal representative's attorney's name, business address and phone number is: Joshua P. Fay, 406 Walker Street, Macon, Missouri, 63552, 660-395-3950

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law. Such six-month period and such two-month period do not extend the limitation period that would bar claims one year after Decedent's death, as provided in Section 473.444, RSMo, or any other applicable limitation periods. Nothing in Section 473.033, RSMo, shall be construed to bar any action against a decedent's liability insurance carrier through a defendant ad litem pursuant to Section 537.021, RSMo.

Date of the decedent's death: July 11, 2024 /S/Martha Cole  
Date of first publication: November 13, 2024 Adair County Circuit Clerk

Receipt of this notice by mail should not be construed by the recipient to indicate that the recipient necessarily has a beneficial interest in the estate. The nature and extent of any person's interest, if any, can be determined from the files and records of this estate in the Probate Division of the above referenced Circuit Court.  
Publication Dates: 11-13-2024, 11-20-2024, 11-27-2024, 12-4-2024

**CONSTRUCTION EQUIPMENT AUCTION**

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**EG6913 '13 CAT 930K** wheel loader  
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**LEGAL NOTICE  
Kirkville R-III School District  
Notice of School Board Candidate Filing**

The Kirksville R-III School District encourages qualified persons interested in running for a position on the School Board to file to be a candidate in the April 8, 2025, election. Interested persons may file at the Superintendent's Office located at 1901 East Hamilton Street, Kirksville, Missouri. For more information contact Mr. Robert Webb, Superintendent at 660-665-8658.

Filing will begin on December 10, 2024, at 8:00 a.m. and will continue during the district's regular business hours, which are Monday through Friday from 8:00 a.m. to 4:00 p.m. Except for the first and last day of filing, filing will not occur on days that the school district's central offices are closed due to inclement weather. Filing will also not occur on the following holidays and breaks when the school district's central offices are closed: December 25, 2024. Filing will end on December 31, 2024, at 5:00 p.m.

There are two positions available with three-year terms and one position with a one-year term.

Kirkville Area Technical Center is accepting bids for KATC Agriculture Kitchen Remodel to be completed at 1103 South Cottage Grove.

Prospective bidders can view the project and plans by contacting the school.

**For further information, please call  
Jesse Wolf at 660-665-2865.**

Sealed bids must be submitted to  
**Kirkville Area Technical Center, 1103 S.  
Cottage Grove, Kirksville, MO 63501  
prior to 12:00 PM, Monday, December 16, 2024.**

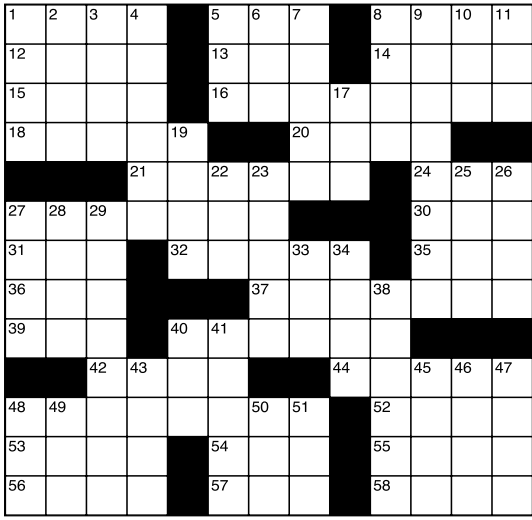
The Kirksville R-III School District and Kirksville Area Technical Center reserves the right to accept or reject any or all bids.

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# CROSSWORD

PUZZLE NO. 267



- 27. Ski-lift type: hyph.
- 28. Opera tune
- 29. Roofing material
- 33. Crafty
- 34. Slippery fellows
- 38. Recurring series
- 40. Occupied a chair
- 41. Investigate
- 43. Locate
- 45. Went by carriage
- 46. Strong impulse
- 47. Existed
- 48. Pro's opposite
- 49. Wood-chopping tool
- 50. Toss
- 51. Shed tears

**ACROSS**

- 1. Troubles
- 5. Small quantity
- 8. Land parcel
- 12. Beef or lamb, e.g.
- 13. Carpenter's device
- 14. \_\_\_-a-lug
- 15. Two of a kind
- 16. Hankering
- 18. Small branch
- 20. Swimming competition
- 21. Transcribed
- 24. Scoundrel
- 27. Snatched
- 30. Color shade
- 31. Swimsuit part
- 32. Test response
- 35. Had some popcorn

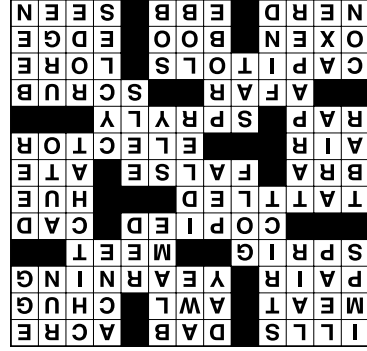
- 36. Atmosphere
- 37. Voter
- 39. Seance response
- 40. Nimble
- 42. Out of range
- 44. Rub vigorously
- 48. Statehouses
- 52. Folk stories
- 53. Beasts of burden
- 54. Heckler's cry
- 55. "The \_\_\_ of Night"
- 56. Dull person
- 57. Ease off
- 58. Recognized

**DOWN**

- 1. Mischief-makers
- 2. Dancer's jump

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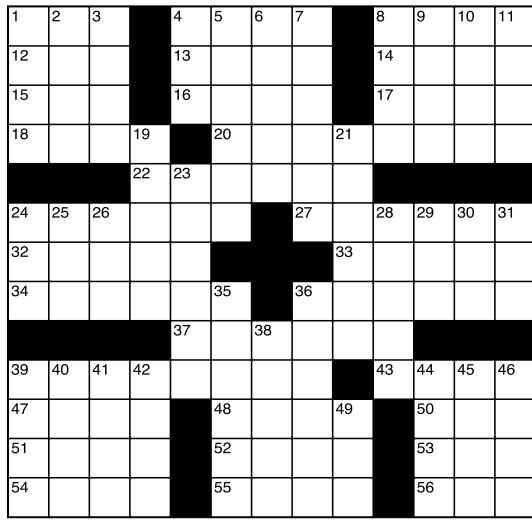
ANSWER TO PUZZLE NO. 267



CROSSWORD PUZZLE ANSWERS USE AMERICAN SPELLING

# CROSSWORD

PUZZLE NO. 268



- 40. Hawaiian dance
- 41. Matinee figure
- 42. Casual shirts
- 44. Thunderstruck
- 45. Saga
- 46. Pivot
- 49. Slippery fish

**ACROSS**

- 1. Hot spring
- 4. Mail drop
- 8. Paper money
- 12. Cured salmon
- 13. Listen to
- 14. Confused
- 15. \_\_\_ out a living
- 16. Lighten
- 17. Arctic transport
- 18. Ties the knot
- 20. Light
- 22. Immediately
- 24. Greeted
- 27. Flat
- 32. Of the eye
- 33. Kayak's cousin
- 34. Annoy
- 36. Minister
- 37. Omit
- 39. Small fib: 2 wds.

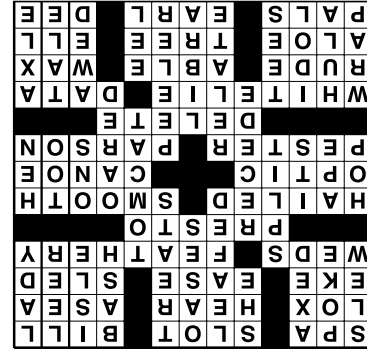
- 43. Information
- 47. Unmannered
- 48. Competent
- 50. Polish
- 51. Burn balm
- 52. Hickory, e.g.
- 53. Addition shape
- 54. Chums
- 55. James \_\_\_ Jones
- 56. Cee's follower

**DOWN**

- 1. Large number
- 2. \_\_\_ fun at
- 3. Cut down
- 4. Ship's pronoun
- 5. Paged (through)
- 6. Desert stops
- 7. Candies, e.g.
- 8. Crushing blow
- 9. Land amid water
- 10. Sly gaze
- 11. "\_\_\_ and the Tramp"
- 19. Sever
- 21. Male feline
- 23. Go backward
- 24. Bunny's step
- 25. Monkey
- 26. "\_\_\_ a Gift"
- 28. Rowed
- 29. Switch positions
- 30. Also
- 31. Bidly
- 35. Describe
- 36. Kitchen device
- 38. October sign
- 39. Mantle

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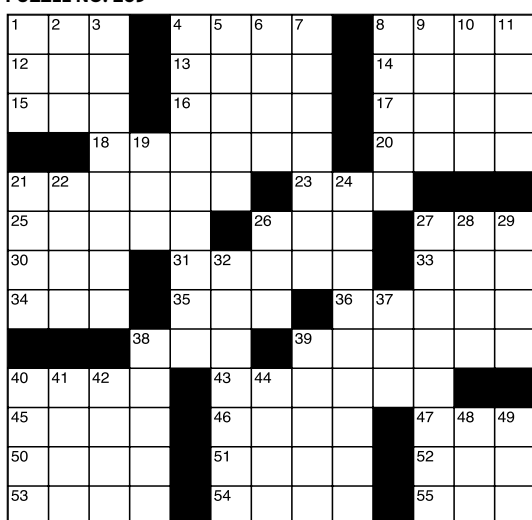
ANSWER TO PUZZLE NO. 268



CROSSWORD PUZZLE ANSWERS USE AMERICAN SPELLING

# CROSSWORD

PUZZLE NO. 269



- 32. Win out
- 37. Beret, e.g.
- 38. Aggravated
- 39. Scorches
- 40. Entanglements
- 41. Gather
- 42. And
- 44. Skin problem
- 48. Pigeon's cry
- 49. Mate of hither

**ACROSS**

- 1. Scoundrel
- 4. Came out on top
- 8. Rooster, e.g.
- 12. Work by Shelley
- 13. Scorch
- 14. Yoked beasts
- 15. Word of agreement
- 16. Pulled apart
- 17. Crack a book
- 18. Dangers
- 20. Totals
- 21. Shudder
- 23. Eye ailment
- 25. Desert springs
- 26. Steeped beverage
- 27. Uneven
- 30. Bring legal action

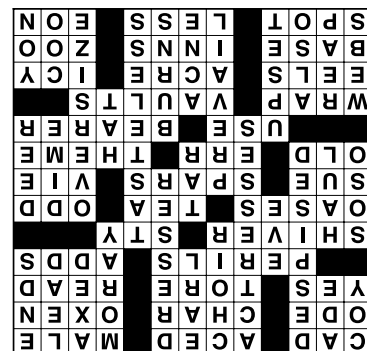
- 31. Masts
- 33. Struggle (for)
- 34. Antique
- 35. Misspeak
- 36. Subject
- 38. Take advantage of
- 39. Carrier
- 40. Cover
- 43. Safes
- 45. Snaky fishes
- 46. Yard unit
- 47. Slick
- 50. Foundation
- 51. Rustic hotels
- 52. Animal park
- 53. Glimpse
- 54. Fewer
- 55. Age

**DOWN**

- 1. Affectedly shy
- 2. Grape drink
- 3. Hated
- 4. Jolie et al.
- 5. Singing group
- 6. Nobleman
- 7. Chest of drawers
- 8. Wiggly fish
- 9. Chopped
- 10. Foremost
- 11. Football linemen
- 19. Adam's mate
- 21. Average: hyph.
- 22. Lug
- 24. Tacky
- 26. Surfacing material
- 27. Extra large
- 28. Ten cents
- 29. Elk

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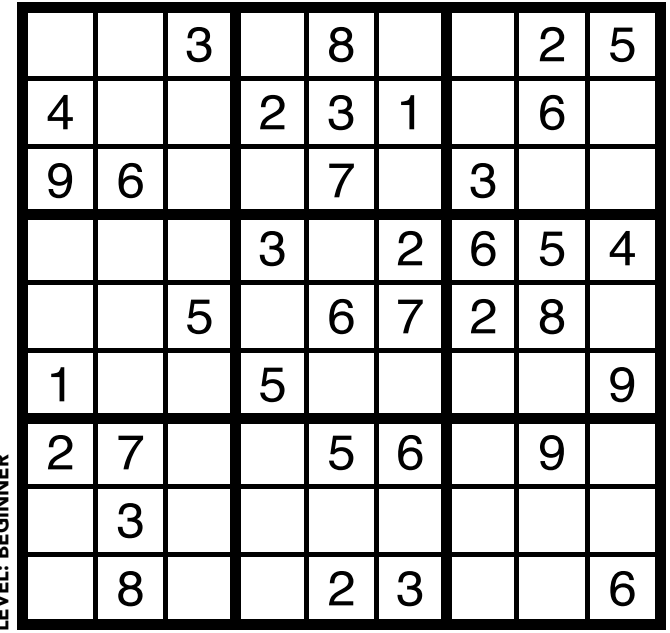
ANSWER TO PUZZLE NO. 269



CROSSWORD PUZZLE ANSWERS USE AMERICAN SPELLING

# SUDOKU

PUZZLE NO. 1006



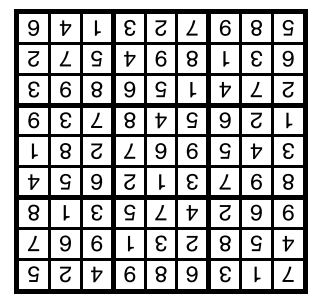
LEVEL: BEGINNER

**HOW TO PLAY:**

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: you must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.

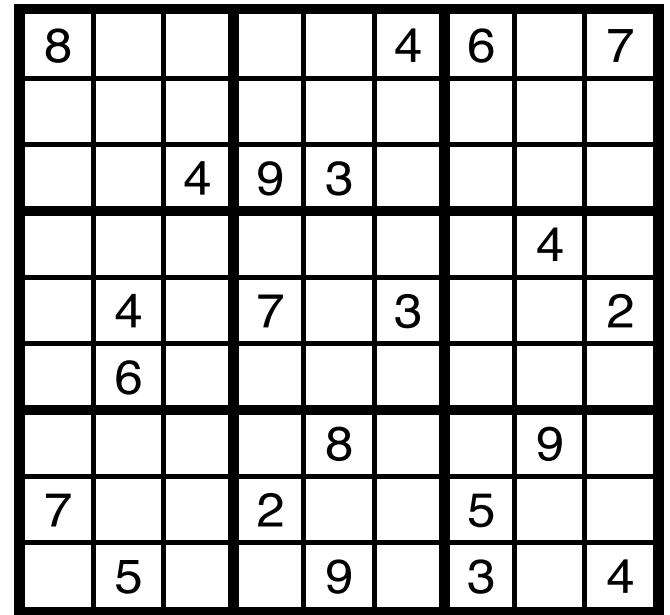
ANSWER TO PUZZLE NO. 1006



# Sudoku

PUZZLE NO. 1007

LEVEL: INTERMEDIATE

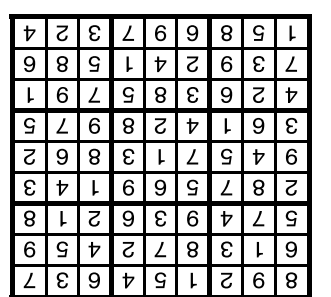


**How to play:**

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: you must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.

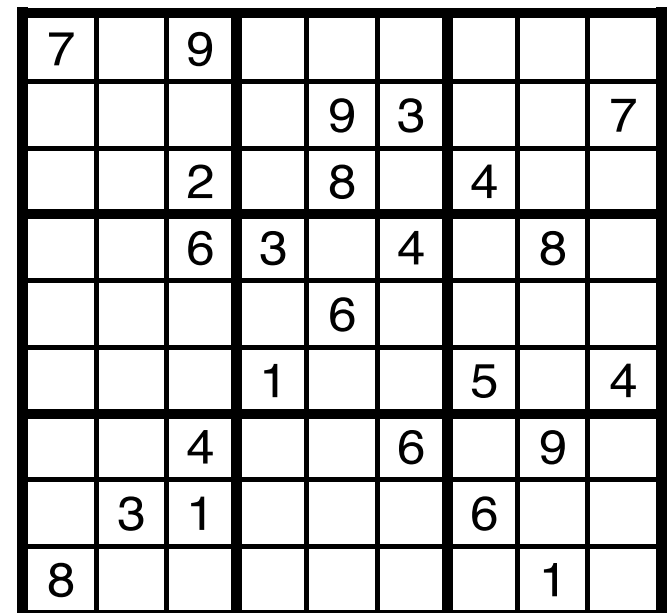
ANSWER TO PUZZLE NO. 1007



# Sudoku

PUZZLE NO. 1008

LEVEL: INTERMEDIATE

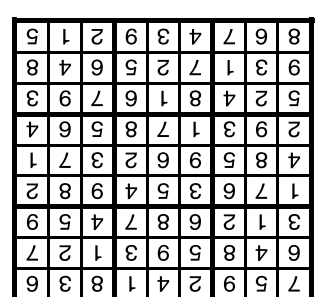


**How to play:**

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: you must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.

ANSWER TO PUZZLE NO. 1008





Western Smokehouse in Greentop.

## Greentop's Western Smokehouse to establish new facility in Mexico, Mo.

By Missouri Department of Economic Development

MEXICO — Western Smokehouse Partners, the leading co-manufacturer of better-for-you meat snacks, announced that it will establish a new manufacturing facility in Mexico, investing more than \$67 million and creating 280 new jobs.

“Western Smokehouse Partners’ new facility in Mexico is exciting news for the community and our state,” said Governor Mike Parson. “This company’s success is yet another example of the rapid growth of Missouri’s thriving manufacturing industry. We’re pleased to see a quality employer like Western Smokehouse Partners continuing to expand, create jobs, and make a positive difference for Missourians.”

Western Smokehouse Partners’ new facility in Mexico will span 300,000 square feet and specialize in the production of CHOMPS brand meat sticks. The location will feature state-of-the-art equipment and is expected to open by the end of summer 2025.

“We are very excited to continue our growth by opening this new plant in partnership with CHOMPS,” said Matt Bormann, CEO of Western Smokehouse Partners. “The city of Mexico and state of Missouri’s welcoming and support was essential to our decision to further expand our presence in Missouri. This expansion is a testament to our dedication to meeting the growing demand for better-for-you meat snacks and we look forward to growing in this location for years to come.”

Western Smokehouse Partners began in Greentop as two companies founded by Sam Western and Jim Hanks in 1978. A shared passion for meat snacks resulted in a com-

bined company dedicated to premium products, customer satisfaction, and world-class hospitality. Today, Western Smokehouse Partners continues to grow with a reputation for quality and excellence. After the establishment of its Mexico location, the company will operate a total of six facilities with more than 1,100 employees.

New jobs added as part of Western Smokehouse Partners’ new facility will pay an average wage well above the county average.

“We’re proud to support Western Smokehouse Partners as it embarks on the latest chapter of its Missouri-made success story,” said Michelle Hataway, director of the Department of Economic Development. “This leading manufacturer is once again demonstrating its ability to help Missourians prosper through an ongoing commitment to quality, growth, and community partnership.”

For this expansion, Western Smokehouse Partners will benefit from the Missouri Works program, a tool that helps companies expand and retain workers by providing access to capital through withholdings or tax credits for job creation. The company is also receiving assistance from Missouri One Start, a division of the Department of Economic Development. Missouri One Start assists eligible businesses with their recruitment and training needs.

### About Western Smokehouse Partners

Western Smokehouse Partners is the leading co-manufacturer of better-for-you meat snacks, with manufacturing plants in Greentop, MO, Galesburg, IL, Springfield, IL, Burlington, IA, and Shelley, ID. Western serves the leading brands and top retailers in the better-for-you meat snacking space. The business is built

on partnering with family-owned meat processors, investing and growing in small communities, and creating great jobs in the meat industry.

To learn more about Western Smokehouse Partners, visit [wspartners.com](http://wspartners.com).

### About the Missouri Department of Economic Development

The Missouri Department of Economic Development (DED) works to create an environment that encourages economic growth by supporting Missouri’s businesses and diverse industries, strengthening communities, developing a talented and skilled workforce, and maintaining a high quality of life. As one team built around the customer and driven by data, DED aspires to be the best economic development department in the Midwest. Through its various initiatives, DED is helping create opportunities for Missourians to prosper.

### About the Missouri Works Program

As the state’s number one incentive tool for expansion and retention, the Missouri Works Program helps businesses access capital through withholdings or tax credits to embark on facility expansions and create jobs. This program can also help businesses purchase equipment to maintain its facility in Missouri.

### About Missouri One Start

Missouri One Start is the state’s premier workforce recruitment and training division. It helps eligible businesses of all sizes stay competitive by providing customized recruitment assistance, along with resources to train and upskill new and existing employees. Its recruitment strategies and training programs are tailored to the specific workforce needs of the businesses it serves.

## MA Bank announces new branch location in Kirksville

By MA Bank



**MA Bank**  
It all happens here.

MACON — MA Bank, a community bank based in Macon, has announced plans to open a new branch location in Kirksville. The new branch will open on Oct. 28, at a temporary facility located at 2022 N. Baltimore Street. The bank also has a current branch in Monroe City.

“We are excited to deepen our commitment to the Kirksville community with the opening of this location,” said Rusty Neill, president/CEO at MA Bank. “As a locally owned and operated institution, we are proud to have a team with extensive banking experience and strong ties to this community ready to serve you. We are dedicated to making community-focused decisions that reflect our commitment to the growth and well-being of Kirksville.”

The MA Bank team in Kirksville is comprised of experienced banking professionals, including:

- Kevin Butner, vice president – Business Development
- Rebecca Perrigo, branch manager

- Jayne Sherman, universal banker
- Ellen Ordonio, universal banker
- Matilda Mock, universal banker
- Raelynn Lowe, universal banker

To learn more about MA Bank, visit: [mabank.com](http://mabank.com).

### About MA Bank:

MA Bank is a full-service community bank with branches in Macon (headquarters) and Monroe City. The bank was founded in 1893 by W.J. “Jett” Dearing, a farmer and school teacher from Greentop, Missouri, who rode on horseback to sell bank stock to area farmers. Built upon a long history of supporting the local agricultural economy, today MA Bank is a community bank offering a wide range of financial products and services to agricultural, commercial and personal banking customers.

## The new age of joint replacement: Why younger patients are choosing surgery

By Northeast Regional Medical Center

A growing trend in orthopedics reveals that younger people are undergoing hip and knee replacements, raising questions about the optimal age to undergo these procedures. According to the American Academy of Orthopedics, by 2030, people younger than 65 will account for more than half of hip replacements and more than 60 percent of knee replacements.

Only an orthopedic surgeon can help determine if a joint replacement is appropriate for a younger person, but they are becoming increasingly common among GenX and Millennials. Younger people are opting for the procedure due to advances in minimally invasive techniques and faster recovery times.

“We’re seeing patients in their early 60s, 50s and 40s say they are suffering from joint pain, and they don’t want discomfort to hold them back from the activities they enjoy,” said Dr. Kevin Marberry, Board-Certified Orthopedic Surgeon and member of the medical staff at NRMC. “What was once considered a last resort and only for seniors, joint replacement is now thought of as a viable option for younger generations who want to live an active lifestyle—and remain active for decades to come.”

Joint pain is a common complaint among all ages, and it affects each individual differently. Some people feel joint pain all of the time, or mostly when they’re moving. For others, it comes and goes, or radiates to other parts of the body. There are many treatments for joint pain, and orthopedic specialists may consider other interventions before surgery, including medications, physical therapy, injections like cortisone or hyaluronic acids, heat or cold therapies, and other options that can relieve pain.

For those seeking relief and weighing their options, Dr. Marberry highlights what to expect from an orthopedic evaluation:

- **Medical history:** Patients will go over their family medical history, other existing conditions they have been diagnosed with—such as arthritis, osteoporosis, anemia, diabetes, obesity and hypertension—and evaluate their overall pain.
- **Physical examination:** The doctor will assess the patient’s swelling, reflexes and range of motion, including ability to walk, sit, stand, climb stairs and bend over.
- **Diagnostic tests:** Patients can expect to undergo blood work and imaging, such as an x-ray to look for deterioration, cysts, deformity or incorrect alignment. The doctor may recommend an MRI to assess the joint and to evaluate the surrounding structures.

“The good news is that when joint replacement procedures are needed, they are usually successful and can greatly improve mobility and quality of life. Robotic joint replacement, like the type we use, adds to the accuracy and reproducibility of the procedure.” added Dr. Marberry. “If the evaluation reveals that a joint replacement is not the best option, other surgical or non-surgical treatments may be started. Thankfully, there are also steps younger people can take now to reduce the potential need for a joint replacement in the future.”

To protect joints, Dr. Marberry recommends:

- Eating a healthy diet that includes calcium.



Dr. Kevin Marberry



- Maintaining a healthy weight to reduce pressure on your joints.
- If you are a smoker, quit because smoking increases the risk of arthritis.
- And, exercise regularly, but consider embracing some lower impact exercises such as swimming, cycling or brisk walking.

To take Northeast Regional Medical Center’s free, five-minute joint risk assessment, visit [https://communityhealthsystems.forstack.com/forms/joint\\_pain\\_assessment\\_northeast?utm\\_campaign=ORTH-NRMG-0024-OrthopedicHRA&utm\\_source=hospital-websites&utm\\_medium=hospital-banner](https://communityhealthsystems.forstack.com/forms/joint_pain_assessment_northeast?utm_campaign=ORTH-NRMG-0024-OrthopedicHRA&utm_source=hospital-websites&utm_medium=hospital-banner)

Northeast Regional Medical Center is a 93-bed facility with a Level III trauma center, Level III STEMI center, Joint Commission Acute Stroke Ready certification, and ACC Certified Chest Pain Center. With over 500 healthcare professionals, NRMC is a teaching hospital associated with the founding school of osteopathic medicine, A.T. Still University. For more information, visit [nrmc.com](http://nrmc.com) or [www.facebook.com/NortheastRegionalMedicalCenter](http://www.facebook.com/NortheastRegionalMedicalCenter). Northeast Regional Medical Center is owned, in part, by physicians.

Source: American Academy of Orthopaedic Surgeons

## Free legal consultations for veterans offered in Macon

By University of Missouri School

The University of Missouri School of Law Veterans Clinic, through its Tigers for Troops program, will offer free legal consultations to veterans regarding their United States Department of Veterans Affairs disability compensation benefits, discharge upgrades, and VA healthcare from 9 a.m. to 4 p.m., Thursday, Nov. 21, at the Macon R-1 School District Central Office at 902 North Missouri Street, Macon.

Veterans can register for an appointment at <https://bit.ly/MaconTFT> or by calling the Veterans Clinic at (573) 882-7630. Walk-ins are welcome, but registration is highly encouraged to guarantee an appointment.

The Veterans Clinic is located in the University of Missouri School of Law. Under the supervision of experienced attorneys, law students help veterans, at no charge,

with their claims before the Department of Veterans Affairs. The Tigers for Troops program was created by the clinic to remedy unmet legal needs of rural veterans in Missouri. Under the program, the clinic partners with Mizzou Extension to travel to rural parts of Missouri to reach veterans without access to veterans’ services.

The Veterans Clinic also assists veterans in applying for and receiving discharge upgrades, helps train attorneys to help veterans navigate the VA appellate system, holds annual symposia highlighting the stories of veterans and developments within veterans law, and contributes to amicus briefs and other advocacy projects in support of veterans.

Since the Veterans Clinic’s inception in 2014, it has secured more than \$16 million in benefits for Veterans in Missouri and has helped more than 1,600 veterans.

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## Christmas in Novinger

Event draws large shopping crowds

By Novinger Renewal, Inc.

Christmas in Novinger was held on Saturday, Nov. 23, with three shopping locations providing a variety of gift selections. The 38th Country Christmas Craft Festival was held in the Novinger School with over 70 booths of all types of crafts filling both the gyms and all the hallways.

On the west side of town, the Novinger Community

Center hosted a Holiday Bazaar, while Shopper's Delight was held at the Novinger Firehouse on Hwy. 6 on the east side of town.

The Country Christmas Craft Festival and Holiday Bazaar are fundraising events for Novinger Renewal, Inc., a non-profit corporation whose mission is to preserve the history of the area. Proceeds from Shopper's Delight will assist the Friends of the Novinger Firehouse in providing maintenance of the building.



## Adair County SB40 October 2024 Spotlight Award recipient Ronnie Bean

By Adair County SB40

Adair County SB40 announced Ronnie Bean as the October Community Volunteer Spotlight. Bean was nominated by Michael Hartman, professional manager, with CVA/CHS.

Hartman stated, "Ronnie is, at heart, a helper. It's in his DNA. Since moving into the community where he currently lives, he has become known as the 'go to guy' to help with things. Ronnie lives in a senior community. He routinely checks in on all his neighbors to make sure they are doing OK. He often helps his neighbors take groceries into their home, carry heavy things to the garbage and do yard work. When anyone moves into the complex Ronnie is the first-person people ask to help. He does all these things without expecting anything in return."

Sean Jacob, Adair SB40 incoming executive director, enthusiastically supported the nomination for Ronnie.

"I'm so proud of Ronnie," Jacob said. "He has worked so hard over many years. He has grown into a great communicator and strong self-advocate."

Andy Magruder, SB40 service coordinator added, "Ronnie's the epitome of a selfless individual who's always looking to help others. He's such a valuable member of his organization and always goes above and beyond with anything that's expected of him. He has numerous responsibilities at

his job and has been employed at Centers for Human Services-Chariton Valley Association for many years. Ronnie continues to show that limitations don't define a person. His role is just as valuable as anyone else's, and he sets such a good example for others."

Hartman shared these recent stories of how Bean has been very instrumental in keeping check on other supported individuals in his community as well.

"One day Ronnie noticed his neighbors' support staff had not arrived," Hartman said. "The neighbor was standing outside of his home upset and confused. Ronnie checked in with the neighbor and brought him food, since he had not had breakfast that morning. Ronnie then called the on-call staff and stayed with his neighbor until staff arrived. On another day, the ambulance and fire department were on site treating a supported neighbor with an emergency. Ronnie noticed the emergency responders and realized that staff were not present. He called the support provider to make them aware. Even after the neighbor returned home, he checked on him every evening to make sure he was still doing well."

Bean has been helping the apartment manager as well. He's happy to help with cleaning out apartments so people can move in and assist with work that requires heavy lifting. Recently, the manager fell ill. Bean volunteered to make meals for her

and assisted with anything needed around the complex until she returned to work. He is never too busy to help.

Hartman added, "Ronnie goes above and beyond to support the community he stays in. He brings a smile to everyone who lives there." Ronnie's neighbor also said "he makes everyone feel seen and valuable. He's selfless and above all, caring."

Crystal Aminirad, Adair SB40 executive director, commented on the importance of community.

"A community helps all of us to feel connected to something larger than ourselves," she said. "A community provides a sense of belonging, support and identity. Actively including people with disabilities in our community fosters that sense of belonging for everyone who lives here. That connection is what makes our community a wonderful place to live. Ronnie is one of those people that goes out of his way to assure everyone feels accepted and welcome. His smile is radiant, his kindness is contagious. He works hard, he helps others. He is a vital member of our community. I feel so honored to be able to recognize him for the amazing man that he is."

If you would like to nominate a great candidate for a monthly Spotlight Award, Adair County SB40 is accepting nominations. Anyone can make a nomination. Nominations can be made in any of the four following categories:

- Kids Inclusion Spotlight

Award for children in kindergarten — 8th grade

- Youth Leadership Spotlight Award for youth in grades 9-12

- Community Volunteer Spotlight Award (any age)

- Entrepreneur or Employee Spotlight Award (any age)

In March 2025, a Spotlight Award of the Year winners will be selected from all of the monthly winners. Nominations can be made throughout the year by visiting the Adair County SB40 website or by contacting a SB40 staff member to assist you at (660) 665 — 9400. You can also find more information about the four nomination categories by visiting Adair County SB40's website, <https://www.sb40life.org>.



Michael Hartman, CVA/CHS (left) and Ronnie Bean.

## Left-hand turn leads to a \$50,000 Scratchers win in Kirksville

By Missouri Lottery

While stopping for his morning coffee, a Missouri Lottery player could have turned left to go to one Casey's location and right to go to another. His choice to turn left and go to the Casey's located at 503 S. Franklin Street in Kirksville, was a winning decision. The "\$5,000,000 Fortune" Scratchers ticket he purchased there ended up containing one of the game's \$50,000 prizes.

"There are two Casey's in town, and I can get to one by turning right or left," he shared, noting how it quickly became obvious he had a winning ticket.

"I knew I had won something when I saw one of my numbers matched one of the winning numbers," the winner explained. "I saw the '50' in the prize amount and then saw there were more zeros!"

Players of the "\$5,000,000 Fortune" Scratchers game have claimed more than \$45.5 million in prizes since the \$50 ticket was released

in May. Over \$207 million in prizes remain unclaimed — including two top prizes of \$5 million, three \$1 million prizes, and 32 additional \$50,000 prizes.

In FY24, players in Adair County won more than \$3.2

million in Missouri Lottery prizes, retailers received more than \$308,000 in commissions and bonuses, and more than \$5.6 million in Lottery proceeds went to education programs in the county.



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'Stuff the Cruiser for La Plata Food Bank' is a big success

Staff Reports

The La Plata Police Department held their "Stuff the Cruiser for the La Plata Food Bank" program on Saturday, Nov. 30, at the La Plata Dollar General Food Market. Volunteers gave

out a list of their needs to customers as they entered the store and they received so many donations, they had to close it down early because the police vehicle was full. The non-perishable food items that filled the cruiser were given to the local food pantry.



The back seat of the police cruiser was overflowing.



The front seat of the police cruiser is filled to the top.

Donors filled the police vehicle with food that was passed on to the La Plata food pantry.

THIS WEEK'S FEATURED CHURCH
Lancaster United Methodist Church
1820 S. Baltimore, Baltimore & LaHarpe
David Lukefahr, Pastor

KIRKSVILLE AREA CHURCH DIRECTORY

This Directory is made possible by these businesses who encourage all of us to attend worship services. The Church Listings below are provided at NO CHARGE to our area churches in Kirksville. If your Church is not listed, please call us at 660-665-2808.

- Faith Lutheran Church
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LaPlata Christian Church
Hamilton Street Baptist Church
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First Presbyterian Church (USA)
Kirkville Church of Christ
First Baptist Church
Cornerstone Church
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