MIRKSVILLE Daily Express

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WEDNESDAY

JANUARY 17, 2024 | **\$2**

Heavy snow and sub-zero temperatures pummel Kirksville

Staff Reports

Heavy snow and sub-zero temperatures pummeled Kirksville and the local area this past week, paralyzing the city with icy streets and freezing temps.

Last Thursday, the National Weather Service issued a Winter Weather Advisory for the local area and all of northern Missouri and southern Iowa, that was in effect until late Friday evening. Kirksville and Adair

County residents, already buried under almost a foot of snow from storms the week prior, received another three or more inches as ice accumulated onto city street, making road conditions slippery and hazardous.

Gusty winds also brought down tree branches and a wind advisory was in effect from noon Friday (Jan. 12) to 6 a.m. on Saturday. Winds of 20 to 30 mph helped chill the area with gusts up to 45 mph wreaking havoc on

parts of the community.

Bitterly cold, sub-zero temperatures then moved into the area beginning Friday evening and by Saturday morning, temperatures dipped to minus 17 degrees with the wind chill set at minus 38.

The city of Kirksville declared a snow emergency on Thursday afternoon beginning at 8 p.m., with the city demanding all vehicles parked on designated Snow Emergency Routes,

including city streets in the downtown area, be moved.

"If vehicles are not moved by then, they are subject to be ticketed and/or towed," city officials wrote in a press release. "Please use caution when traveling during this round of winter weather since there are forecasts of snow and ice, along with high winds. If you can limit your time on the roads, please do so."

See **WEATHER**, Page A8



Traffic lights and street signs throughout Kirksville were covered with snow.

Kirksville City Council gets update on Contour Airlines local service

By Marty Bachman

Daily Express

Kirksville Regional Airport Director Jeff LaFountain, gave a report to the Kirksville City Council on the current status of airport service provider Contour Airlines and its reliability providing for the Kirksville market at a study session held on Jan. 8. Contour Airlines took over the essential air service role previously filled by Cape Air, on Aug. 1 of last year. The airline provides flights to Chicago's O'Hare Airport.

LaFountain gave a slide-show presentation that began with the reliability of previous tenant Cape Air in 2022, which had 2,002 flights scheduled for the year with 1,704 completed, a completion rate of 85.11 percent for the year. LaFountain said that 298 of those flights were cancelled, a rate of 14.89 percent. He said that the average cancellation rate for a month was an average of 25 flights.

In a graph comparing a three month history (October, November and December; 2022 for Cape Air and 2023 for Contour), Cape Air scheduled 550 flights (2,261 passengers), completing 77.64 percent of them. Contour scheduled 318 flights (2,767 passengers), and completed 88.99 percent of them.

"The passenger numbers were higher even with less flights," La Fountain said.

He said that cancellations were up in November due to mechanical issues and with Contour running larger planes than Cape Air, they need to bring in multiple mechanics.



Kirksville Regional Airport Director Jeff LaFountain

"Bigger parts takes more people and it takes a little bit more time to get it back up and running," LaFountain said.

He said that delayed flights had dropped down significantly since October as staffing has increased and Contour expected to be fully staffed by Wednesday of last week.

"It's a good thing to see that there's more passengers being served with less flights than there is with more flights and less passengers being served," La Fountain told the city council. "I kind of liked seeing those numbers the way they are and they're steadily improving."

See **COUNCIL**, Page A8



Janice Teter of Macontook first place for her oil painting titled "Pelicans".

Regional Artists Showcased at the Sue Ross Arts Center

By Kirksville Arts Association

Kirksville Arts Association currently has 64 pieces of art on display in the Ellebracht and Gaber Galleries at the Sue Ross Arts Center. Twenty-three area artists from Adair, Macon, Scotland and Sullivan counties are participating in the juried exhibit, which opened Monday Jan. 8 and will run through Feb. 23. A reception was held Jan. 11th with music provided by Contrafactuals.

See **ARTISTS**, Page A6



Greg Walter of Kirksville took second place for his pen and ink drawing titled "Skiff".

December Insulance of Concepts of Concepts

Pictured is Mrs. Jones's class. Left to right back row: Tierson Davidson, Carter Baird, Graham Dent, Liam Wiggins, Joel Mpanda, Autumn Wright, Elena Calcutt, Sophia Roberts, and Faith Wilson. Middle row: Meika Ramirez, Alexia Carter, Jackson Petty, Michael Chrisman, Gracie Bachman, and Pavlov Nbawati. Front row: Kaylee Hagberg, Edwyn Beckman, Olivia Bowen, and Shekinah Kambulu. Not pictured: Jett Hogan, Kaiden Stewart, and Isaiah West

KV pride by La Plata's side

By Kirksville R-III School District

Through the usual organized chaos of December, the Kirksville Tigers still found ways, and time, to come together in support of the La Plata community. When everyone heard of the devastating fire at La Plata Elementary on Dec. 1, neighbors and surrounding communities began to think about how they might help. This sentiment did not stop at the doors of Kirksville Schools. Tiger

students, teachers, and staff all began asking what they could do.

Various acts of kindness, solidarity, and giving occurred across the district. All six district buildings, plus central office, participated in a "Bucks for Bulldogs" campaign that collected over \$2,000 in cash for La Plata schools. The money came in mainly as single dollar bills and assorted coins—including a lot of pennies.

See **PRIDE**, Page A8

Scouts from Troop 404 enjoy a snow day

By Troop 404

Boy Scouts from Troop 404 declared a snowball fight on Tuesday, Jan. 9. The Scouts from Kirksville's took advantage of the snow day to sled, build snow forts and have a snowball fight at Rotary Park.



Star Scout Conner Dawson gets ready to throw a snowball at his fellow scouts at Rotary Park on Tuesday.



Star Scout Ira Frushour tries to escape the snow at Rotary Park on Tuesday.



Eagle Scout Cormac Nolan finds himself buried in the snow at Rotary Park on Tuesday.



Community	Α2
Obituaries	А3
Columns	A6

Local History	A7
Sports	
News	.B3-B4

Comics	B5
Classifieds	B6-B7
Church Directory	RQ

OBITUARIES INSIDE

David "Dave" Raymond Severns, 61 Thomas Manning, 82 Lois "Louise" Houston, 84

Community

Kirksville Area Calendar of Events

Adair County SB40 Parent-to-Parent Group

Parent-to-Parent Group — This group is for any parent guardian of a child, birththrough the end of school, with a disability. Your child does not need to be receiving services through Adair County SB40 Developmental Disability Board to participate. January's meeting is scheduled for Thursday, Jan. 18, 5:30-6:30 p.m. at the Community Learning Center. Contact the CLC by Friday, Jan. 12 if you will need childcare during the meeting.

Kirksville Watershed Management Commission meeting

The city of Kirksville's Watershed Management Commission will hold a meeting at 5:30 p.m. on Thursday, Jan. 18, in the Conference Room at EDA Building, 315 S. Franklin Street.

Kids Cardboard Boat Race

Join the Kirksville Parks and Recreation Department on Sunday, Jan. 21, from 2-4 p.m., and take part in the Kids Cardboard Boat Race. Children ages 5 to 16 can sign up as an individual or as a team of up to four people and put their building skills to the test. Participants must construct a boat structure using cardboard, duct tape and water-based paint, and attempt to make it across the pool in the fastest time. Teams will compete in age divisions based on the mean age of the team and can win in multiple categories, including Fastest Time and Best Design. This event is completely free for all participants and spectators. Register today at parks.kirksvillecity.com. For more information, contact Luke Callaghan with the Parks and Recreation Department at 660-627-1485.

Curtain Call Theatre auditions for 'Let's Murder Marsha'

Auditions for "Let's Murder Marsha" will be held on Monday, Jan. 22 from 7-9 p.m., 512 W. Elizabeth Street in Kirksville. Come out and audition for their Spring 2024 production. They are looking for three men and four women. The show will be in April 2024 (dates TBA). A happy housewife named Marsha, hopelessly addicted to reading murder mysteries, overhears her loving husband discussing her upcoming birthday surprise with an interior decorator. To her ears, though, it sounds like they are planning to murder her.

Adair County SB40 People First of Northeast Missouri meeting

People First of Northeast Missouri Meeting - CALLING ALL SELF-ADVOCATES! Kick off 2024 by becoming a member of People First where you will learn how to advocate for yourself and others, build self-determination skills, and stronger relationships with other self-advocates. They will meet on Tuesday, Jan. 23, 6-7 p.m. at the Community Learning Center.

Celebrating MLK Dinner

The Celebrating MLK Dinner will be held on Jan. 25 at 6 p.m. at the Truman State University Georgian Room. RSVP Required: https:// forms.gle/bvJD2A4c4fnjnpDA6

Curtain Call Theater's Classic Film - 'North by Northwest'

Curtain Call Theater's Classic Film series will feature "North by Northwest" on Friday, Jan. 26 at 7 p.m. Free Admission (Donations Welcome). Join in the excitement of one of Alfred Hitchcock's most famous films. Cary Grant stars as a mild-mannered advertising executive caught up in a case of mistaken identity. His attempt to elude a cabal of spies intent on his assassination leads him from the United Nations in New York City to Mount Rushmore. Eva Marie Saint co-stars as the stranger he meets along the way who is drawn into his web of intrigue.

2024 NEMO Bridal Expo

The 2024 NEMO Bridal Expo will be held on Jan. 28 from 1-4 p.m. at the NEMO Fairgrounds Multi-purpose building. Cost is \$2 at the door. Fashion, vendors, food and prizes. Hire your venue and wedding professionals at this event. Brides: Go to NEMO Bridal Expo Facebook page and message to pre-register for early prizes. Contact Donna Brown by email: nemobridalexpo@gmail.com or call/ text: 660-341-9992. Check the NEMO Bridal Expo Facebook page for updates.

Lecture by Rock and Roll Hall of Fame recording artist

In partnership with the Black History 101 Mobile Museum, the Kohlenberg Lyceum event series will host a lecture by Rock and Roll Hall of Fame recording artist Professor Griff on Feb. 1 at the Baldwin Auditorium on the Truman State campus (Call for details:

(660) 785-4133). As a co-founding member of the revolutionary hip hop group Public Enemy, Griff draws on his exemplary life of service and an impressive 20-plus-year musical career to captivate audiences with his universal call for social responsibility within both the hip hop community and larger culture. Tickets are required and are free for all Kohlenberg Lyceum Series events thanks to the generous support of the Friends of the Lyceum program and the Truman State University Foundation. Tickets are available approximately two weeks before the performance at the locations listed below.

- Truman State University Campus
- Advancement Office (McClain Hall 205) · Admissions Office (Ruth W. Towne Mu-
- seum and Visitors Center)

Union and Involvement Office Main Desk (Student Union Building)

Kirksville Arts Association/Sue Ross Arts Center (215 S. Franklin St.) and Kirksville Chamber of Commerce (315 S. Franklin St.)

If available, any remaining tickets will be available at the event starting 30 minutes before the show. Downtown Kirksville

Mary Immaculate's Night of **Merriment: Denim & Diamonds**

Formerly known as the Sweetheart Dinner, Mary Immaculate's Night of Merriment: Denim & Diamonds will be held at the White Oaks Barn on Saturday, Feb. 10 beginning at 5 p.m. Tickets are \$75 per person, \$600 for a table of eight. Price includes dinner, an auction and a live band. New this year, a special VIP table for \$1,000, which brings you special treatment all evening including preferred seating, special recognition, your own personal server and two bottles of wine + beer. You also get the pleasure of being served dinner before other patrons!

Thousand Hills State Park Star Party

The Thousand Hills Star Party will be held on Friday, March 22, for 8-10 p.m. at Thousand Hills State Park. Come out for a celebration of the night sky! Join others in the exploration of the stars and sky above you. There will be telescopes but everybody is welcome to bring their own telescopes, chairs, and binoculars. Meet at the Point Shelter.



Pantry for Adair County invites you to participate in the 2024 SOUPer Bowl

By Pantry for Adair County

The Pantry for Adair County invites you to participate in the 2024 SOUPer Bowl! A lofty goal of collecting 10,000 cans of soup has been set for this year's event, which runs from Jan. 14-Feb. 13. More than ever, they need your help to provide a warm meal option to the many citizens of Adair County that utilize their services. Last year they consistently provided food parcels to over 600 families monthly and they anticipate those numbers to continue to increase in 2024.

They are accepting cans of soup and/or funds for soup (\$1=1 can) at the Pantry, located at 2012 S. Halliburton Street. Monetary donations (cash/check/ Venmo) can be dropped off or mailed to PO Box 580, Kirksville. Please indicate "Souper Bowl" in the memo line.

:All donations remain local," organizers said in a press release. "Together, we can reach our goal and spread warmth and joy to our Adair County neighbors in need! Get in the Game - Tackle Hunger!"

ferred his Kiwanis mem-

Build A Buddy registration now open

By Kirksville Parks and Recreation Department

Looking for the perfect Valentine's Day activity with your kids? The Kirksville Parks and Recreation Department announced that its Build A Buddy program is back. Sign up for Build A Buddy and choose from five different kits.

Each kit contains everything you need to build your very own stuffed buddy. Each kit contains a 15-inch

stuffable animal, stuffing, mini heart, birth certificate, and step-by-step instructions. Build A Buddy kits may be picked up from Feb. 12 to 18 at the Kirksville Aquatic Center.

Register today for \$15 per kit at parks.kirksvillecity.com, or in person at the Kirksville Aquatic Center. Supplies are limited, so complete your registration soon.

For more information, contact Luke Callaghan with the Parks and Recreation Department at 660-627-1485.









Monday-Friday 8pm to 5pm • Saturday 8am to 1pm

MARTY BACHMAN

Managing Editor

news

@kirksvilledailyexpress.com



Kirksville Kiwanis Club

welcomes new member

By Kirksville Kiwanis Club

705 E. LaHarpe St., Suite F, Kirksville, MO, 63501 660-665-2808

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Obituaries

OBITUARIES

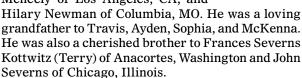
David 'Dave' Raymond Severns

Jan 28, 1962 — Jan 2, 2024

David "Dave" Raymond Severns, 61, passed away on Tuesday, January 2, 2024, at his residence after a re-

markable battle with lung cancer. He was born in Kirksville, MO on January 28, 1962, to James G. Severns (Professor Emeritus, Truman State University) and Patricia Severns.

He was a beloved father to his children Stephanie Severns Soto (George) of Summerville, SC, Alexia Meneely of Los Angeles, CA, and



David graduated from Kirksville Senior High class of 1980 and attended Truman State University and Moberly Area Community College with aspirations in engineering and mathematics. He honorably served in the US Army for 4 years where he earned the Army Achievement Medal and Parachutist Badge. He was well known for his hard work ethic and precise craftmanship as a carpenter and former business owner.

Aside from his professional life, David was an extraordinary individual with a brilliant mind. He had a love for classic rock music, playing golf, writing fictional stories, and drawing.

He will be deeply missed by family, friends, and all who knew him. David will forever be remembered. Services will take place at Travis-Noe Funeral

Services will take place at Travis-Noe Funeral Home, 1008 W Potter Ave, Kirksville, MO on Wednesday, January 17, 2024, 10:00 am -12:00 pm. Military honors will follow at the Missouri Veterans Cemetery, 1479 County Rd, Jacksonville, MO at 1:00 pm.

Lois 'Louise' Houston

Jun 19, 1939 - Jan 10, 2024

Lois "Louise" Houston, 84, of New Franklin formerly of Macon and LaPlata, passed away January 10, 2024, lovingly cared for by her family.

Louise was born in Queen City, Missouri on June 19, 1939, a daughter of Lester and Bertha Kelly Minic. She married Dennis Houston on April 25, 1965. Dennis preceded her in death on October 12, 2020.

She will be lovingly remembered by her daughter, Cindy Ridgwell and husband, Marvin of New Franklin; two sisters, Helen Pinkerton and husband, Eugene and Barbara Pipes; three grandchildren, five great-grandchildren, and nieces and nephews. Also surviving is her canine companion, Snickers.

In addition to her parents and husband, Louise was preceded in death by a brother, Harold Minic and by a sister, Faye Minic.

Services honoring Louise's life will be held at 1:00 PM, Wednesday, January 17, 2024, at Bible Baptist Church in New Franklin.

Church in New Franklin.

Visitation will be one hour prior to the service.

Interment will be at Highland Park Cemetery in

Kirksville on Thursday, January 18, 2024, at 1:00 PM. Condolences may be shared at www.marklandyager.com.

Thomas Manning

Sep 15, 1941 — Dec 28, 2023

Thomas Manning, 82, of Brashear, Missouri passed away Thursday, December 28, 2023, at Clarence Care Center in Clarence, Missouri.

The son of Thomas and Esther (Bartels) Manning, he was born September 15, 1941, in St. Louis, Missouri. On August 5, 1968, in Hawaii, he was united in marriage to Janet (Kraushaar) Manning.

Thomas is survived by one son, Thomas Manning of Brashear, MO; one daughter, Sarah Almond and husband James of Clo-

vis, CA; three grandchildren, Michael Almond, Cassidy Almond and Margaret Almond; his sisters, Carolyn Boyd and husband Gayle, Marilyn Kornberger of St. Louis, MO; brother, John Manning and wife Leslie of Fate, TX. He was preceded in death by his wife Janet, his parents, brother in laws John Kornberger and Carl Blackwood

Thomas grew up in St. Louis where he met Janet who lived across the street on Barry Ct. Thomas graduated from Kirkwood High School in 1960 and enrolled in University of Missouri Rolla to pursue a BS in Civil Engineering. His college years were interrupted by the Vietnam War, Tom was commissioned into the Quartermaster Corps after basic training and was stationed in San Francisco then Saigon during the war.

In 1968, Thomas and Janet were married in Hawaii while he was on leave from Vietnam. After Thomas returned home, they moved to St James, Missouri where he finished his degree and where Sarah was born in 1970. He then became the City Engineer in Bloomington, IL where Tom was born in 1972. They made many lifelong friends in St James and Bloomington, the Marcees, Gigers, Gradys, Liddles, and the Holtmans.

He became a City Engineer in Chillicothe, Missouri and finally they moved to the house on Saucier in Creve Coeur, Missouri in 1977 where they spent the next 32 years. He worked at PCA, HOK, Bi-State before becoming Director of Public Works for the city of Berkeley, MO then finally Director of Public works for the city of Hazelwood, MO where he retired in 2009. They spent many holidays and vacations with their families Leslie & John Manning, Marilyn & John Kornberger, Carolyn & Gayle Boyd, Jerry & Judy Kraushaar, Sandy & Rod Okayabashi and Steve & Mindy Chadwick.

Tom joined the army reserves in 1978 and advanced to the rank of Major and received the Meritorious Service Medal before retiring in 1999. Tom loved hunting and shooting and spent many hours walking properties and reloading ammunition. In 2002 the family purchased hunting land near Brashear Missouri and built the cabin where they spent a lot of weekends and holidays with the Bleything families. Tom was a very gracious host and encouraged family and friends to visit the ranch, and experience hunting, shooting and "nothing to do." In 2009, they built their retirement home in Brashear, Missouri where he resided till his death. Tom enjoyed hunting, shooting & reloading, golfing, canoeing, hiking and reading.

A memorial service will be held at 1:00 p.m. Friday, January 26, 2024, at the Davis-Playle-Hudson-Rimer Funeral Home, Kirksville, Missouri.

Memorials in memory of Thomas are suggested to the American Cancer Society.

Arrangements in the care of Davis-Playle-Hudson-Rim-

KIRKSVILLE AREA NEWS BRIEFS

Pantry for Adair County 'Souper Bowl'

Get ready for the 2024 Souper Bowl extravaganza! Join Pantry for Adair County in tackling hunger within Adair County by donating cans of soup or funds for soup to PAC. The Souper Bowl runs through Feb. 12. Donations accepted at 2012 S. Halliburton, Kirksville. Get in the Game – Fight Hunger.

Build A Buddy registration now open

Looking for the perfect Valentine's Day activity with your kids? The Kirksville Parks and Recreation Department announced that its Build A Buddy program is back. Sign up for Build A Buddy and choose from five different kits. Each kit contains everything you need to build your very own stuffed buddy. Each kit contains a 15-inch stuffable animal, stuffing, mini heart, birth certificate, and step-by-step instructions. Build A Buddy kits may be picked up from Feb. 12 to 18 at the Kirksville Aquatic Center. Register today for \$15 per kit at parks.kirksvillecity. com, or in person at the Kirksville Aquatic Center, Supplies are limited, so complete your registration soon. For more information, contact Luke Callaghan with the Parks and Recreation Department at 660-627-1485.

Registration Annual Community Engagement Conference open

Registration for the 15th Annual Community Engagement Conference is open. This year the conference will feature magician and self-advocate, Cody Clark. Clark will share his magic along with how he became successful in his career. In addition to Clark's keynote presentation, he will offer a 30-minute question and answer session, a breakout session and a full magic show at the end of the conference. This year's conference also offers five tracks of three breakout sessions with information for all.

Track 1 — The Magic of Advocacy: This track will offer information about advocating for yourself and living your best life.

Track 2 — The Magic of Childhood: At the request of conference attendees, this new track will offer information for parents and guardians of children from birth through pre-teen.

Track 3 — The Magic of Planning for Adulthood: In this track, attendees will learn about resources available for young adults preparing for adulthood.

Track 4 — Using the Magic of Assistive Technology — Breakout sessions in this track will provide information about how using various types of assistive technology can help you to live a more independent life.

Track 5 — The Magic of Resiliency — Attendees to breakout sessions in this track will learn how to be more resilient and care for themselves, as well as, the people they support.

NEW THIS YEAR — In honor of this being the 15th year for the conference, t-shirts are available for purchase. All t-shirt purchases must be submitted no later than Friday, Feb. 16. Contact Melissa Cline at melissacline@sb40life.org

Mobility: African-American Artists Abroad at Truman State Art Gallery

Mobility: African-American Artists Abroad will be showcased at the Truman State University Art Gallery, Jan. 23 -March 1. Mobility: African-American Artists Abroad, is work from the Petrucci Family Foundation Collection of African-American Art. An opening reception and talk will be held on Tuesday, Jan. 23, at 5 p.m. University Art Gallery Hours: Monday-Thursday 8:30 a.m. to 7 p.m.; Friday 8:30 a.m. to 5 p.m.; Saturday Noon to 4:30 p.m. Art Gallery exhibits are free and open to the public. Please note, the University Art Gallery is closed between exhibitions and during all Truman State University breaks.

Additional information at gallery.arttruman.com. The Art Gallery is located on the first floor of the Ophelia Parrish Fine Arts Center, at the corner of Normal and Mulanix Streets – entrance on the west side of the building.

NEMO Gun Show

The NEMO Gun Show will be held on Feb 16-18 at the NEMO Fairgrounds, hosted by BK Promotions. All federal and local firearm laws and ordinances must be obeyed. Friday: 4-8 p.m.; Saturday: 9: a.m. to 5 p.m.; and Sunday: 9 a.m. to 3 p.m. Admission: General: \$10; Children 12 & under, free. Admission good all weekend.

Dancing at Lughnasa

Dancing at Lughnasa will be held on Feb. 22, 23, 24 at Truman State University from 7:30-9 p.m. in the James G. Severns Theater in the Ophelia Parrish Building on campus. A show on Sunday, Feb. 25 will be held at 2 p.m. Set in 1936 rural Ireland, this poignant play follows five unmarried sisters trying to make ends meet. Set during the festival of Lughnasa, an ancient Celtic harvest celebration, the family's struggles are interrupted by brief, colorful bursts of music from the radio, their only link to the larger world. Told from the point of view of the seven-year-old son of one of the sisters, this memory play reveals this family's resilience in the face of change. Widely regarded as Brian Friel's masterpiece, this haunting play is Friel's tribute to the spirit and alor of the past. By Brian Friel and directed by Randall Bame.

Small Business Development Center Idea Lab

Interested in becoming an entrepreneur? Join the city of Kirksville, Missouri Small **Business Development Center,** Truman State University and Missouri Rural Enterprise & Innovation Center for a session where they will share ideas and explore how to take the leap into entrepreneurship. Whether you have an idea already or just want to learn more, they will help you refine your concept and get ready to take the next steps. Kirksville Aquatic Center, 801 E. Mill Street, Monday, Jan. 22 from 9 a.m. to noon. Register at https://missouri.ecenterdirect.com/events/24970 or contact Anastasia Tiedemann at 660-665-3348. A light breakfast will be provided.

Leap into Heart Health this Leap Year

with Northeast Regional Medical Center

By Northeast Regional Medical Center

It's a leap year, and that means we all can look forward to an extra day in February — an extra day to enjoy life, be well, and pursue the things that make us happy. And, while an extra day is nice, what if you could add more years to your life?

Caring for your heart is one of the best ways to increase longevity. Heart disease is the number one cause of death in the United States, responsible for one in five adult deaths in the U.S each year. The CDC (Centers for Disease Control and Prevention) estimates one person dies every 36 seconds from cardiovascular disease. But there are actions you can take right now to reduce the risk of heart disease.

This February, Northeast Regional Medical Center (NRMC) is marking American Heart Month and the 2024 Leap Year with its Leap into Heart Health educational email series. People who sign up will receive short, fun-filled, fact-filled, potentially life-saving emails designed to help improve heart health. Topics include ways to "spring" into action, "skip" past stress, "hurdle" over harmful habits, "hop" into bed earlier for better rest and other "steps" anyone can take toward a stronger, healthier heart.

"The risk of heart disease may be reduced for many by adopting a healthy lifestyle," said Dr. Larry Handlin, cardiologist at Northeast Regional Medical Center. "By not smoking, exercising regularly, maintaining a healthy weight, controlling blood sugar and cholesterol and treating high blood pressure, many people will see improvement in their heart health."

President Lyndon B. Johnson declared the first American Heart Month in February 1964. Several years before that, when he was Senate Majority Leader, Johnson was



a 60-cigarette-per-day smoker and suffered a near-fatal heart attack. He was only 46 years old. Every U.S. president since has recognized February as American Heart Month and a time to educate Americans about ways to prevent heart disease.

The Leap into Heart Health email series will be delivered to inboxes every other day in February with a short article and heart health tips you can try right away. The series also includes warnings about symptoms and conditions that may indicate you should see a doctor, especially high blood pressure, high cholesterol and genetic predisposition to heart disease.

"At Northeast Regional Medical Center, we are here for our communities when they need us, and we are also committed to helping people live healthier," said NRMC CEO Patrick Avila. "We hope that many sign up for our Leap into Heart Health campaign to learn ways to take better care of their hearts. It's easy to sign up, and

it only takes a couple of minutes a day to learn something new."

To "Leap into Heart Health," sign up at https://www.nermc.com/heart-challenge.

About Northeast Regional Medical Center

Northeast Regional Medical Center is a 93-bed facility with a Level III trauma center, Level III STEMI center, Joint Commission Acute Stroke Ready certification, and ACC Certified Chest Pain Center. With over 500 healthcare professionals, NRMC is a teaching hospital associated with the founding school of osteopathic medicine, A.T. Still University. NRMC has a 4-Star CMS Quality Star rating. Additionally, NRMC earned an "A" Safety Grade from the Leapfrog Group for Spring 2023. For more information, visit nermc.com or www. facebook.com/NortheastRegional-MedicalCenter. Northeast Regional Medical Center is owned, in part, by physicians.

LIVINGSTON COUNTY, MO LAND AUCTION FRIDAY, FEBRUARY 16, 2024 AT 10:00 AMCT The Sue Wiegand Trust farm is located on the east side of Livingston County Road 367 and is approximately 3.5 miles

Livingston County Road 367 and is approximately 3.5 miles north and east of Avalon, MO. The land is further described as being in Section 7, T56N-R22W, Grand River Township, Livingston County, Missouri.

The farm represents productive tillable cropland with a great income, outstanding northern Missouri whitetail deer, and other wildlife hunting acreage.

SUE WIEGAND TRUST RICHARD & SUE WIEGAND

Representing Attorney: Linn County Title Company, LLC 116 N. Main, Brookfield, MO 64628 | (660) 258-2260 Auction Manager: Steve Zeiger (573) 231-9802



Kirksville Daily Express

Enrollment Now Open Faith Lutheran School Preschool-8th Grade Kirksville, Missouri

At Faith Lutheran, you will find a Christian school community that supports and extends the loving home environment that you strive to create for your child.

CONTACT US

1820 S BALTIMORE, KIRKSVILLE, MO 660-665-8166 faithlutherankids@gmail.com

Wefre celebrating National Lutheran School Week January 22-26

> 2100 E. Shepherd Ave Kirksville, MO 63501

Service (660) 956-0809 Parts (660) 665-1936

660-665-2233

Invollment packets available online and in the school office



Our new gymnasium houses our very own 4th through 6th-grade basketball teams! The cheer team shows their school spirit during halftime.



Construction in the new building is now completed. Two additional classrooms have been added to support our growing environment.

Extended care available before and after school.

NOW HIRING FOR BOTH PART-TIME & FULL-IIME **POSITIONS FOR NEXT** YEAR



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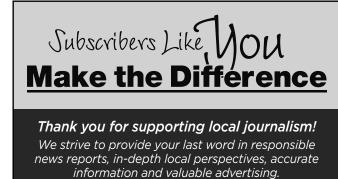
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Columns

ROBIN WRITES

Pillow talk

used to have the perfect bed pillow. It was filled with foam chunks and had gray, striped ticking on the outside. That pillow traveled through life with me for many, many years.

By the time I finally threw it away, it was disgusting; threadbare and smooshed. But I am mourning the loss of that pillow

mourning the loss of that pillow. Since then, I have been searching the world for a comfortable replacement.

I am as amazed as you that it is taking this long.

Now, I'm not a picky person. My life is a simple one, and I don't require fancy things. My clothes are nothing special and I'd rather have three cheap pairs of jeans in my closet than one pair of designer jeans. Quality matters, I know, but I'm a quantity girl

I love a good yard sale and I do my share of bidding on eBay. All in all, I think I settle for "good enough" in life.

But finding a comfortable pillow is something I've taken on as a kind of bucket list item. And I have wasted plenty of time and money looking for it.

Nothing is unusual in my upper body structure.

My head is normal, I think. Not brick-heavy or lopsided. My neck, while probably thicker than my teen years, still separates my face from my shoulders in the usual way. My shoulders are rounded, as always, and still jab into a mattress nicely.

Surely there is a pillow on earth that can please me.

The problem is, there are just too many options out there. From filling to size to thickness to cover material to health benefits to price. And since I'm easily swayed by ads online and on TV, my heavy-laden head is spinning.

The pillow filling is a big consideration. Feathers are out. I've tried them in hotels and they hurt my neck. Solid foam is too thick, but the pillows filled with cottony clumps of polyester slide around and feel lumpy. I've bought pillows with foam chunks, but the chunks are not the right size and shape.

I've cut open pillows and removed handfuls of filling, trying to find that perfect height and consistency. I save the filling just in case the pillow flattens. When I die, my daughter will forever wonder what I'd planned to do with that Walmart bag in the closet, filled with cotton clumps and foam pellets.

Since I'm mainly a side sleeper, I tried pillows designed for that. You know; the ones with a notch carved out of the middle to make it easier to tuck an arm under.

I felt as though my head was surrounded by a giant, smothering helmet.

I've bought and bought, tossing pillows into my car from both



ROBIN GARRISON LEACH ROBIN WRITES

discount stores and elite shops. I invested in a spine-aligning one from my chiropractor. I've ordered pillows filled with buckwheat.

I've tried ones with both memory foam and amnesia foam.

Memory foam denies my right to punch it into compliance, and amnesia foam flops flat in lazy defeat to the slightest pressure.

One by one, I ended up shoving pillow after pillow into the bottom of the closet. Surely, someone besides me will need a spare pillow. I have plenty and they are too expensive to throw out.

The pillow I had all those years ago was probably cheap. I'll bet Mom grabbed it from a bin in a now-defunct discount store when she was picking up her monthly box of Breeze detergent with a washcloth inside.

But it was my dream pillow, and life hasn't been the same since I had to let it go.

My pillow search continues. I hope I find the perfect one before I have to settle for the tiny (probably uncomfortable) satin one that will cradle me to eternity.

Contact Robin at robinwrites@yahoo.com

HOME COUNTRY

Musical talent

fully quiet all through the daily dissemination of anything on page one of the Valley Weekly Miracle, which wasn't like him at all. Just sucked down caffeine and silently shook his head now and then.

"Anita okay, Dud?"
"Oh ... sure, Doc."
"You okay?"

He nodded, then looked up with a wistful, philosophical look that our guys don't usually get until after the buttered toast. "Sometimes," he said, "I think it's pearls before swine, that's all."

We waited.

"Music, I mean. You know how you practice and practice and then you get good enough to actually do something? Well, I took the accordion and went to the accordion festival to compete ... well, you know I'm not really that bad any more..."

"You're getting pretty darn good on that thing, Dud."

"Thanks, Steve. Well, we drove down to the capital and I got in the competition and did okay. Placed third in polka. I played that new piece. It's kinda hard because it has those minor bass buttons in it and it took me forever to learn



SLIM RANDLES HOME COUNTRY

not to miss them.

"It was after that. You see, I put the accordion back in the car and we went in for a lunch they gave everyone."

"What's wrong with that?"

"I forgot to lock the car. We were halfway through lunch when Anita asked me if I'd locked the car and then it hit me that I might not have locked it. She insisted I run right out and check and that's what I did. And that's when I lost my faith in human beings."

"Oh, Dud," Doc said,
"someone stole your accordion?"

"No, it was still there in the back seat. But someone had put two more in there with it."

He shook his head. "Pearls before swine."

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THE ROCKWOOD FILES

Things that go squeak in the night

side effects of having an English degree is that I remember famous works of literature — but only the weird ones. The one I'm remembering lately is extra creepy. It's a short story told by a narrator who insists he's just nervous, not crazy. He's anxious because he killed an old man for a bizarre reason: He couldn't stand the sight of the old man's "vulture eye," — which is a pale blue eye with a cloudy film.

He became so obsessed with the old man's eye that he'd sneak into his house at night and watch him sleep. Eventually, the old man woke up scared because this weirdo was watching him. Then the watcher heard a loud thumping noise and assumed it was the terrified old man's heartbeat, so he killed him because he worried that the sound might wake the neighbors.

But it was too late because the neighbors did hear something — the sound of the old man screaming. They called the police to investigate. But the police didn't find anything because the killer had already hidden the old man's dismembered body under the floorboards. While the police asked questions, the killer kept hearing the thump-thump-thumping sound of the dead man's heart beating under the floor, and it drove him even crazier. He assumed the police could hear it, too (they couldn't), so he confessed to the crime and begged them to rip up the floorboards to make the sound stop.

There's a reason I keep thinking about Edgar Allan Poe's story titled "The Tell-Tale Heart." I'm hearing things, too. And I can't make it stop. It's not a thump-thump thump. It's a squeak-squeak.

It started a few months ago after a trip to Target. My teenage daughter and her service dog, Mac, went with me. He was such a good dog during this outing that we walked him through the aisle of dog toys, where he immediately fell in love with a large dog toy shaped like a carrot. He flashed those big brown puppy dog eyes at us, and we were goners. "Just one more dog toy," we said. "What could it hurt?" We let him pick up the carrot and carry it to the checkout counter.

But later that night, we made a discovery. The carrot squeaks. But it's not the ordinary squeak of an average dog toy. It's an ear-splitting, rapid-fire squeak at a pitch that's likely used in torture chambers. It's so loud we can't hear the TV. We can't hear each other talk. We probably couldn't even hear a herd of rhinos on our roof.

"Don't worry," I told my husband. "It's a cheap toy. He'll probably destroy the thing in a day or two." But he didn't. Mac loves the carrot. He squeak-squeaksqueaks it about once every second and never tries to disembowel its stuffing like he did to so many other toys.

But I couldn't stand the incessant squeaking one more minute! So, I stole the carrot when Mac wasn't looking, and I hid it. (Not under the floorboards.) But Mac is



GWEN ROCKWOODTHE ROCKWOOD FILES

a trained scent dog, so he followed his nose straight to the hiding spot. The second time I stole it, I

hid it on a high shelf.
For the past few
nights, Mac has roamed
the house searching for
the toy carrot. He sniffs
the air. He knows it's
here somewhere. I try
to distract him with the
silent tug rope, but he
quickly loses interest. He

craves the carrot.

And now my cowardly carrot crime is tormenting me. Sometimes, in the middle of the night, I think I hear it. But is it the carrot or my guilty conscience?

"Squeak, squeak, squeak. I know what you did."

"Squeak, squeak, squeak. You're a heartless monster."

"Squeak, squeak, squeak. I'm still here, waiting for justice."

Dear readers, I need your wise counsel. Should I destroy the evidence? Should I buy noise-canceling headphones, confess my crime, and return the toy to its furry owner? Should I sue the manufacturer for making a toy carrot that squeaks with the strength of a million angry door hinges?

If you have answers or tips for how to deactivate an internal squeaker without ripping apart a dog's beloved carrot, please let me know. In the meantime, I'll be hiding under the floorboards, telling myself over and over that I'm "just nervous, not crazy."

Gwen Rockwood is a freelance syndicated columnist. Email her at gwenrockwood5@ gmail.com. Her book is available on Amazon.

PUBLIC HEALTH CORNER

Glaucoma Awareness Month

By Brandon Carlyle, B.S., CHES®

Health Educator, Adair County Health Department

Welcome to this edition of Public Health Corner, where we focus on critical health issues, community resources, and topics that significantly impact the well-being of our community. In recognition of Glaucoma Awareness Month, we turn our attention to the importance of understanding, preventing, and detecting glaucoma—a leading cause of irreversible vision loss.

Glaucoma: The Silent Thief of Sight

Glaucoma is a group of eye diseases that damage the optic nerve, leading to vision loss and blindness if left untreated. Often referred to as the "silent thief of sight," glaucoma typically progresses without noticeable symptoms until significant vision loss occurs.

Key Facts about Glaucoma:

Risk Factors: Certain factors increase the risk of developing glaucoma, including age, family history, ethnicity (particularly for African Americans and Hispanics), and certain medical conditions like diabetes.

Prevention through Awareness: Early detection and management are crucial in preventing vision loss due to glaucoma. Regular eye examinations, especially for those at higher risk, contribute to early diagnosis and effective treatment.

Types of Glaucoma: There are various types of glaucoma, with primary open-angle glaucoma being the most common. Other types include angle-closure glaucoma and normal-tension glaucoma. Each requires specific approaches to diagnosis and treatment.

Glaucoma Awareness Month: A Call to Action

During Glaucoma Awareness Month, we encourage our community to take proactive steps toward eye health. Here are key actions you can consider:

• Eye Examinations: Schedule regular eye examinations, especially if you are at higher risk for glaucoma. Comprehensive eye exams can detect early signs of glaucoma and allow for timely intervention.

• Raise Awareness: Share information about glaucoma with family, friends and community members. Increased awareness contributes to early detection and the importance of regular eye check-ups.

• Know Your Risk: Understand the risk factors associated with glaucoma and discuss them with your healthcare provider. Awareness of personal risk allows for informed decisions about eye health.

• Community Resources: Explore local resources, including eye health initiatives, vision screening events and educational programs. Community engagement fosters a collective commitment to eye health.

• Support for Those Affected: If you or someone you know is dealing with glaucoma, seek support from healthcare professionals, support groups, and advocacy organizations. Understanding the condition and available resources is empowering.

Let's Focus on Eye Health Together

This Glaucoma Awareness Month, let's unite as a community to prioritize eye health. By spreading awareness, promoting regular eye examinations, and fostering a supportive environment, we contribute to the prevention and early detection of glaucoma.

For more information on glaucoma or to access resources, reach out to your physician or eye care professionals.

The National Eye Institute also has a wealth of information about Glaucoma on their website: https://www.nei.nih.gov/learn-about-eye-health/outreach-resources/glaucoma-resources/glaucoma-awareness-month

Thank you for your dedication to the health and well-being of our community.

POETRY CORNER

The Igloo

Another snow... the drive needs shoveled... and I knew how to make it fun,
With each scoop... I'd add it
to a pile... and back for more snow
I'd run.

The pile got higher... it began to take shape... and it was now ready for the next step,

That's where the shovel and scoop...

That's where the shovel and scoop...
carved out the middle... yielding a hideout, where I slowly crept.
Yes, life was good... for a young boy... on



a cold and snowy,
winter's day,
Memories from the past... locked in my
mind... and in my mind,
they'll always stay.

— Daniel D. Donovan

Local History

TURNING THE PAGE

This Week in **Local History**

By Larry Evans

120 Years Ago, January 15, 1904

The only legal hanging in Adair County, Missouri, took place January 15, 1904, in Kirksville. John Robertson had been convicted of killing his father-in-law, George Conkle (1842-1902) a resident of Brashear and a veteran of the Civil War. The murder occurred on November 13, 1902, in front of the Milstead Grocery in Brashear. According to court testimony, Robertson was desperate for money and had hoped Conkle, his wife's father, would buy some of their land. When Conkle refused, Robertson became irate and shot Conkle. After the shooting, 36-year-old Roberton, ran down the street and into a lumber vard where he tried to commit suicide. He was unsuccessful in his attempt as the gun jammed. He then tried to stab himself with a pocket knife, but he inflicted only superficial wounds. He was then arrested and placed in the Adair County jail. He went to trial on February 4, 1903, in the Adair County Circuit Court before Judge Shelton with the prosecution recommending that Robertson be found guilty of first-degree murder and sentenced to death. After hearing testimony that day and part of the next day, the case went to the jury. After less than two hours of deliberation the jury returned a verdict of guilty of murder in the first-degree. The judge determined that John M. Robertson would be sentenced the next morning. When the court reconvened the next day, Robertson appeared before the judge to hear his sentence. The courtroom was packed to capacity with residents of Kirksville and Brashear awaiting the sentence. Judge Nat M. Shelton announced the sentence: "I hereby sentence you to be hanged by the neck until you are dead, dead, dead, and may God have mercy on your soul." Robertson's defense attorney appealed the case, and a stay of execution was granted. After going through the judicial process, the Missouri State Supreme Court announced on December 9, 1903, that the case of the State versus John M. Robertson was affirmed, and January 4, 1904, was set for his execution. The execution was conducted by Adair County Sheriff, Charles N. Roberts in a private setting in the Adair County jail. Only a few invited observers were present. Robertson was led to the scaffold by Sheriff Roberts. Rev. Broadhurst prayed, and the sheriff placed the black cap over Robertson's head and the noose around his neck. At exactly 8:15 a.m. the trap was sprung. His body did not flinch, and it turned around three times. At 8:26 a.m. Doctors Rankin, Wilcox, and Quinn pronounced Robertson dead. His brother, James Robertson, claimed the body for burial at Kirksville's Forest

Llewellyn Cemetery.

110 Years Ago, January 20, 1914 An \$80,000 bond issue for a new high school building in Kirksville was passed by a vote of about seven to one. The exact figures were 1,043 in favor of the bond issue and 147 votes against. The approval of the construction of a new high school was the culmination of a highly publicized election that supporters said put "Kirksville well up in the ranks of towns of somewhat similar size in its desire for modern and up-to-date school structures." Much of the credit for the passage of the bond issue was given to the people at large for their interest in advancing education in the community, but it would not have been successful without the aide of Kirksville women and the teachers and students who would directly benefit from a new high school building. On the day before the election the women of the household economics clubs, a total of about 80 ladies, offered food to all the men in Kirksville. Apparently trying to prove the truth of the old proverb about winning a man's heart through his stomach, the ladies prepared about 2,000 sandwiches to feed the voters the day before the election. They obtained the use of the room formerly occupied by the Royal Theater, on the west side of the public square, and served sandwiches and coffee to



all who showed up. The students at the Kirksville public schools organized and conducted a campaign parade. One objection to the bond issue came from the Black residents of Kirksville whose children were not allowed to attend public white schools. That objection was soon overcome as the Kirksville Board of Education assured them that the Black students would be given high school courses in the Lincoln School. A location for the new high school building had not been determined by the school board, but some locations were discussed. The site finding the most general favor was at the corner of South Marion and Pierce Streets where it was stated that three lots might be purchased for \$5,000. It would be within a block of the city's population center. As it turned out, this location was not chosen, but rather a site on East McPherson Street.

65 Years Ago, January 19, 1959

Mrs. Carleta June Riley, a rural Adair County school teacher, was credited with saving the East Center rural schoolhouse when she extinguished a fire in the school cloakroom. During class in the middle of the afternoon a student noticed that the cloakroom was on fire. Within fifteen seconds, Mrs. Riley got her students out of the building and went back in, got the fire extinguisher, and put the fire out. The fire started from an electrical wall outlet where the hot water heater was plugged in. The damage was minor. Mrs. Riley and her students had been practicing fire drills regularly.

50 Years Ago, January 17,1974

Adair County Sheriff Leon Coy presented the county court with written notification that he was closing the Adair County jail immediately. He made his decision in view of a recent letter received from the Adair County Jail Board of Visitors and the tragedy at Milan a few days prior in which a prisoner burned to death in the Sullivan County jail. The letter from the Board of Visitors to the county court urged that the use of the jail facility be discontinued and pointed out the liability of the county and the sheriff in operating an unsafe jail. At the time Sheriff Coy informed the county court he was closing the jail, he indicated that he had spoken with the Macon County Sheriff who agreed to keep Adair County prisoners for \$4 per day for room and board. Adair County was housing three prisoners at that time. In taking this action Coy cited Missouri State Statutes which gave a county sheriff the right to transport prisoners to the nearest jail of some other county when he deemed the jail was insufficient to commit prisoners to it. Presiding Judge of the Adair County Court, Stanley Ambrosia, expressed his concern for the jail situation and stated that he hoped a new jail construction bond could be placed on the upcoming April ballot.

45 Years Ago, January 15, 1979

A large section of the roof of the Donaldson Manufacturing Plant collapsed under the weight of an additional 12 inches of snow that fell in Kirksville. Between 160 to 190 plant employees would be unemployed for an undetermined length of time. According to plant engineer, Fran Malloy; "A 3,000 square foot area of the roof in the middle of the plant collapsed when a large amount of snow drifted off the higher portion of the roof onto a lower section, and the roof caved in right over the end of the production lines." Some plant personnel reported to work to attempt to restore gas, water, and heat to some portions of the building. Malloy said that heat was restored to half of the plant and electricity was restored to part of the building. There was no estimate of the cost incurred by the roof collapse or when reconstruction might start.

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EMBRACING LOCAL HISTORY

Early Corbin - A radical thinker

By Blytha Ellis, President

Adair County Historical Society and Museum

Cassandra Elizabeth "Cassie" Ownbey (1839-1908) was the oldest daughter of Canada and Lucinda (Walker) Ownbey. She was the older sister of Ben Ownbey, founder and owner of Ownbey Lake, which we have just discussed in previous episodes. Cassie's familv moved from Macon County, Mo., to pre-Adair County in the spring of 1838. Cassie was born the next February and was believed to be the first white female child born in what would become Adair County.

Since her family was among the first pioneers to set foot on Embracing Local History

the prairies of pre-Adair County in 1838, there were no schools for Cassie to attend until she was older and the settlers had time to develop some schools of their own. However, her

family had what was described as the "old blue-backed Webster's Elementary Spelling Book," and Cassie memorized it. She later became a champion speller at the neighborhood "spelling schools." Her husband would become one of the early pioneers of education in Adair County.

When Cassie was 20, she married Early Corbin (1837-1912) who had been born in Harrison County, West Virginia. His mother, Margaret (Stout) Corbin, was a descendant of Samuel Fuller who came to America on the Mayflower in 1620. His father, Lovell Corbin, brought his family of eight children west to Indiana when Early was 13 and on to Kirksville, several years later. He settled on a farm in the Troy Mills area.

Early Corbin and Cassie Ownbey were married in February 1859, and set up housekeeping in a small log cabin on 80 acres southeast of Kirksville. They had two infant daughters, Emily and Lucinda, when the Civil War broke out. Early enlisted for six months in March 1862 in Co. M of the 11th Mo. State Militia Cavalry Regiment, which was assigned to duty in North Missouri. He served until September 1862.

When a son, William "Billy," was born to Early and Cassie in 1864, Early decided it was time to build his family a larger home, and this time it would be a frame house rather than one made of logs. It was at this time that Early had a grand idea. Since there was no school in his community and his family of children was growing and would soon need a school, he decided to use the log cabin house as a school. And, to top it off, he would be the teacher!

Now, something we should know about Early Corbin, he was a self-taught and highly confident man. It seems he knew a lot about many subjects. In his community, Early had come to be known among his neighbors and friends as a forward-thinking man for his day and at times even a radical.

When subjects were posed among his peers, Early was the one they consulted for advice and answers whether it was about politics, government, or law. It was said of him that he was "the acknowledged leader" in his community. Although he had never studied law, his knowledge of the subject seemed to be extensive from reading, associating with lawyers, serving as a justice of the peace and sitting on grand juries in St. Louis.

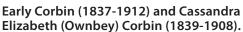
Whenever a neighbor wanted a contract written, a will drawn up, or a profit and loss statement figured, they always came to Early. Out of respect, some even called him Squire Corbin. Because of all these things, Early gained the confidence to become a teacher without any formal training.

Early's oldest daughter, Emily, would later write of him, "He was my first teacher. He was tall, straight, high-headed and handsome. How proud I was of him. To me, he knew everything and could answer all of my questions."

There were only a few students in Early's first school. They sat around the big fireplace in this, his former home, and did their lessons. Again, his daughter, Emily, wrote, "When I was about 8 years old, father called a number of the neighbors together and suggested that the time had come when we should have a [proper] school building. In a short time, lumber was on the ground." Many in the community joined together to build the school, and Emily recalled that she "carried drinking water for the workmen from our home three quarters of a mile" away.

When the job was finished, the school needed a name. Emily wrote, "My father's suggestion of a name to be given the new educational center was 'Radical Ridge.' The structure was located on a ridge in a beautiful grove of trees, and father, being somewhat ahead





of the pioneer procession in his thinking, was sometimes dubbed a radical; hence the name."

When a second son was born to Early and Cassie Corbin shortly after the Civil War, he was given the unusual name of General

Grant Corbin (1868-1953). He was, of course, named after General Ulysses S. Grant, the commanding officer who led the Union armies to victory over the Confederacy in the Civil War. As an American Hero, Ulysses Grant was later elected the 18th President of the United States.

During the latter part of the administration of the previous President, Andrew Johnson, Gen. Ulysses S. Grant argued with the President and aligned himself with the Radical Republicans. He was, as the symbol of Union victory during the Civil War, their logical candidate for President in 1868. Is it any wonder, then, that the "radical" Early Corbin named his son who was born July 26, 1868, during this presidential campaign, General Grant Corbin! (All his life, this child had to explain that "General" was not a title but his first given name. In daily life, he understandably went by "Grant.")

Despite a serious accident when he was 10 years old which broke his back and left him a hunchback, young Grant Corbin grew up to be the Adair County Recorder and a real estate agent at the beginning of the 20th century. In 1908, he moved to Oklahoma where he continued in real estate and developed several additions to Oklahoma City in the 1920s and 1930s, one of which was named Corbin Park. He and his wife, Annie (Caldwell), who was also from Kirksville, were described as "generous and civic minded." They donated land for two parks in Oklahoma City, Grant Corbin Park and E. B. Jeffrey Park (named for the Parks Board Chairman).

After Grant was born to Early and Cassie Corbin in 1868, six other children followed. Daughter Emily wrote that in the Radical Ridge school building, which her father had been instrumental in founding, all 10 of the Corbin children began their education. It was also used as a church where basket dinners and all-day meetings were sometimes held. "Father called them Hardshell Baptists." Emily recalled that this sect thought church was only for adults, but she remembered when a Sunday School was organized, "but not by the 'Old Baptist Meeting' denomination. When the Sunday School was organized, father bought a 'song book' for us ... I can still remember the page and position of many a song in those old 'Gospel Hymns.' "

In this school building, Emily remembered having exhibits, "literary societies, revival meetings, neighborhood spelling bees, singing schools and Christmas trees." At home, she recalled they had a book about the life of Lincoln and a large family Bible. The text books at school which she studied were Mc-Guffey Readers, Monteith's Geography, Swinton's History and Clark's Grammar. "As time went on, books accumulated in our home, slowly, and were eagerly read and enjoyed."

In December 1890, the Radical Ridge School was destroyed by fire, possibly from a defective flue. It was a while before voters could agree on building a new schoolhouse. On April 25, 1891, James Hayward deeded land for a new school. The school board paid \$40 for one acre of land known as "Havward Corner" and erected the school across the new highway one eighth of a mile from the old building, but kept the name Radical

After over 70 years of use, this new school closed in 1963 and was converted into a beautiful home which still stands today on State Highway 6 east of Kirksville.

(Quotes used in this article are from Emily (Corbin) Conklin's family history book, "Allied Families," the chapter entitled "My Years." Also, thanks to the book by Larry Evans and Vivian Vice Wright, "Rural Schools in the Heartland Adair County, Missouri," for additional information about Radical Ridge.)

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News

Tri-County Electric's Stephanie Mills to participate in Greater Missouri Leadership Challenge

By Greater Missouri Leadership Challenge

Stephanie Mills, Manager of Communications for Tri-County Electric in Kirksville, has been accepted into the 2024 Greater Missouri Leadership Challenge program. Mills, along with 40 other women professionals, will participate as a member of its 2024 class.

The Class of 2024 will be the 35th Class of the program with challenge participants totaling over 1,300 participants since its inception in 1990. The Challenge program is the premiere women's educational and professional development program in the state. This one-of-a-kind experience is designed to provide a unique, statewide traveling symposium composed of emerging and established women leaders to join together for insightful symposium sessions, personalized tours, issues discussions about each community, and receive training to further their leadership development within their organizations, communities and our state.

Cohort members attend twelve full-day educational & professional development sessions in four different regions of the state. The Challenge participants meet community leaders throughout the state and study aspects of each community including city, county, and state government, history, economic development, not-for-profit partnerships, education, public policy, various industries, and current issues impacting the local community, region, and state.

A sustained goal for the Greater Missouri Leadership Foundation is to increase the return on investment for organizations that have empowered their women leaders to take "The Challenge" by utilizing an evolving Strengths-Based Leadership component plus utilizing metrics to track progress and results amplifying GMLF's Guide-Star/CANDID Platinum Status. Upon graduation, each challenger joins an alumnae network that remains an empowering experience for proven women leaders and continues to offer lasting rewards for both employees and employers.

About Greater Missouri Leadership Challenge

Greater Missouri Leadership Challenge is an annual traveling symposium established in 1989. Each year, in a highly competitive



selection process, a limited number of emerging and established women leaders are accepted into program membership. The participants meet for four, three-day enriching sessions combining continuing education in leadership development, information and major discussion of state policy issues, and exposure to the philosophies and thoughts of the state's business, cultural, educational and political leaders. Applications for the 2025 challenge year are accepted through September 30, 2024, and are reviewed in the order in which they are received. greatermo.org.

KIRKSVILLE KIWANIS CLUB HEARS FROM FELLOW KIWANIAN, DR. CAROLYN CHRISMAN



The Kirksville Kiwanis Club welcomed fellow Kiwanian Dr. Carolyn Chrisman to speak at their Jan. 11 meeting. Chrisman is the Director of Development for the Hannibal Regional Healthcare System Foundation. She presented on the Foundation's "Inspire Hope" campaign, which is raising funds for a Cancer Patient Assistance Fund. Funds raised will provide care kits to cancer patients having to leave town for care. Pictured are Kirksville Kiwanis Club President Dan McGurk (left) and Chrisman. KIRKSVILLE KIWANIS CLUB

ARTISTS

Continued from Page A1

The first-place award was presented to Janice Teter of Macon for her oil painting titled "Pelicans". Second place was awarded to Greg Walter of Kirksville for his pen and ink drawing titled "Skiff". The third-place award went to Trish Hill-Bellington of Novinger for her watercolor of "Sunrise at Stonehenge".

The Sue Ross Arts Center is located at 215 S. Franklin in Kirksville and is open Monday through Friday 11 a.m. to 4 p.m. and Saturdays 10 a.m. to 2 p.m. There is no charge to visit the exhibit.



The third-place award went to Trish Hill-Bellington of Novinger for her watercolor of "Sunrise at Stonehenge".

WEATHER

Continued from Page A1

The Kirksville Daily Express office was closed Monday, Tuesday and Friday last week, due to the inclement weather, and Kirksville Regional Airport was closed from Jan. 12 through Monday, Jan. 15, due to ice and the prolonged freezing temperatures that held steady over the weekend and into the start of this week.

The National Weather Service in Kansas City/Pleasant Hill also issued a Wind Chill Warning for the city of Kirksville, Adair County and the surrounding area on Saturday, which remained in effect until noon on Tuesday. The Weather Service warned of dangerously cold wind chills as low as 40 degrees below zero, which could cause frostbite on exposed skin in as little as 10 minutes.

"Avoid outside activities if possible," the warning stated. "When outside, make sure you wear appropriate clothing, a hat and gloves."

Sunday's low was -14 and Monday morning fell to -14 as well with a wind chill feel in the minus 30 range. Monday's high was 1 degree and temperatures were expected to remain below freezing for at least another week.

The National Weather Ser-

vice also issued a Hazardous Weather Outlook for Saturday and Sunday last week, as snow fell on Saturday morning into mid afternoon with a dusting of at least one inch and dangerously cold temperatures and wind chills that befell the local area

Sunday and Monday.

Early Monday morning, the National Weather Service issued another Wind Chill Warning predicting dangerously cold wind chills as low as 35 below zero for northern Missouri until noon on Tuesday, Jan. 16

"Avoid outside activities if possible," the alert states. "When outside, make sure you wear appropriate clothing, a hat, and gloves."

COUNCIL

Continued from Page A1

He said that Contour has shown steady improvement with fewer long term cancellations and delays and that once fully staffed, which he expected by Jan. 9, there will be fewer delays as they will have more personnel on the ground to aid in loading the planes with passengers and their baggage as well personnel to aid in the de-icing of the plane before it takes off.

He said that replacement parts are becoming more readily available but that shipping parts to Kirksville has become more difficult now that UPS no longer operates flights in and out of the airport.

"I'm hoping that UPS jumps back on board with that flight service because it was a big thing for the airport," LaFountain said.

He told the council that areas for improvement include providing more information to passengers on reasons for delays and cancellations — and while the Kirksville side of this has been adequate, information coming from Chicago has been lacking.

"Contour is working really hard on fixing that, on getting more Contour employees based at the Chicago office rather than using those fill-in employees that Chicago uses for every ticketing station because those people don't know what every airline is doing and they don't ask the appropriate questions and they're iust kind of filler people just to scan tickets and get people on board," he said. "They don't have all the pertinent information whereas the Contour employees, that's their job, they deal with Contour on a daily basis, they know how they operate, and they can answer those questions."

He said they also need to continue to reduce cancellations

with spare airplanes and figure out ways to get passengers to their destinations when flights are cancelled.

He said that that was a function Cape Air, which flew to St. Louis, did well mainly because the commute to St. Louis was a three-hour drive and they could bus people there when no plane was available. He said it was harder with Contour going to Chicago, but they are working with Columbia Regional Airport because their partner airline, American Airlines, operates flights to Chicago out of there, and it's just an hour-anda-half drive.

"So that that is one of their resources that they're working on building," LaFountain said, noting that problems still exist in that those flights out of Columbia are often already booked so there may not be enough room.

He said that Contour will bring a new plane to Kirksville once it gets released from the FAA inspections but noted that here is talk of speeding up this option and bringing a 30-passenger CRJ to the airport that is more likely to arrive faster than the the Embraer aircraft planned. He said the CRJ is more reliable than the 16-seat planes Contour is currently using and that it's possible it will be here by the end of January, middle of February. Contour recently acquired the planes from SkyWest and while FAA certified, they are awaiting the transfer documentation.

LaFountain said that he continues to communicate with Contour by holding weekly meetings with Kirksville's station manager, a bi-weekly phone conference with Contour's regional station manager and in 2024, quarterly phone calls with Contour's president, Matt Chaifetz, which he said may be more often until start-up obstacles are ironed out and operations become more consistent.

PRIDE

Continued from Page A1

Imagine everyone around campus, from three and four-year-old Early Childhood Learning Center students bringing in those pennies, to teachers adding to the pot as they imagine what La Plata's teachers are going through. Student council members at the high school took on promoting the campaign on their campus.

The district also encouraged students and staff to wear red on Dec. 6, 2023; and for possibly the first time in history the halls of Kirksville school buildings were filled with more red than orange. They may have been Cardinals, Chiefs or Christmas reds, but that day all reds were Bulldog red.

Another specific act of kindness came from Jackie Jones's fourth grade class at Ray Miller. They got busy making Christmas cards for all La Plata Ele-

mentary employees, plus cards and goodie bags for each of their neighboring 4th graders to the south. Jones told her students, "I

am incredibly proud of you all!"
John Dewey, a famous American education influencer from 100 years ago was quoted as saying that school must be, "a genuine form of active community life, instead of a place set apart in which to learn lessons."
Dewey would most likely be as proud of Kirksville R-III as Jones is of her class.



Sports

Bulldogs snap 4-game losing streak, earn split in pair of conference road games

By Adam Tumino

The Truman men's basketball team earned a split in a pair of conference road games last week, at first falling to Quincy in a close game on Thursday before bouncing back and beating Illinois-Springfield on Saturday to snap a fourgame conference losing streak.

The Bulldogs are now 2-4 in conference play this season and 5-9 overall, putting them in 12th place in the GLVC.

Thursday's game against Quincy saw Truman jump out to a 12-point lead to open the first half, but Quincy battled back to retake the lead in the final minutes of the half. The Hawks led 33-28 at the half.

The second half was almost a mirror image of the first, with Quincy extending their lead to 11 points before Truman stormed back with a 20-6 run to take a 62-59 lead with 5:48 to go. Quincy retook the lead 64-62 and did not relinquish it, shooting 10-of-13 from the free throw line down the stretch to maintain the narrow lead.

The teams were almost even from the field in the game, with Truman shooting 43.9% and Quincy shooting 44%. The Bulldogs were much better from three-point range,



Truman freshman Kobi Williams looks to drive along the baseline in the game against Indianapolis on Jan. 3.

though, shooting 13-of-32 as a team while Quincy was 7-of-23. The Hawks made 14 more free throws than the Bulldogs on 22 more attempts, mitigating their poor percentage from the line.

Truman was led by a bounceback performance by freshman Kobi Williams. The team's leading scorer on the season, Williams had just six total points in the two games prior to Quincy. On Thursday, he had a career-high 29 points on 9-of-11 shooting and 6-of-7 from three. He also led the team with five steals. Trey Shearer had 14 points and Xavier Hall had 10 to go with five assists.

Williams followed up that performance with another nice game against Illinois-Springfield on Saturday. He once again led the team in scoring, this time with 19 points, as the Bulldogs got back into the win column with an 81-77 victory over the Prairie Stars.

Truman fell behind 13-8 early before pulling ahead for the middle section of the half. They again trailed 33-31 with 4:48 left, but snapped off a 13-5 run to end the half and take a 44-38 lead into the break.

The Bulldogs extended the lead to as high as 12 points in the second half, but Illinois-Springfield managed to cut it to a 74-73 Truman lead

with 2:15 to go in the game. Truman used another run to pull ahead, scoring the next seven points to go up 81-73 with just 22 seconds left. The Prairie Stars added a couple of layups in the final seconds to make the game a bit closer.

Behind Williams and his team-leading 19 points were Landon Eiland with 17 points, Hall with 15 and Shearer with 13. CE Talton added nine points off the bench. Eiland nearly had a double-double with a teamhigh nine rebounds. Hall, who leads the team with 4.7 assists per game, had just one assist but finished second on the team with six rebounds and only missed one shot from the field.

The Bulldogs will be back in action at home on Jan. 18 to host Southwest Baptist. The Bearcats are 1-6 in conference play, putting them in last place in the GLVC. They have dropped four-straight conference games, all by 15 or more points.



Truman guard Xavier Hall drives toward the basket in the game against Indianapolis on Jan. 3. PHOTOS BY ADAM TUMINO

Truman State women drop pair of conference road games, fall to 0-8

By Adam Tumino

The Truman State women's basketball team is still looking for its first conference win of the season after dropping a pair of games on the road last week. First came a 78-75 loss to Quincy on Thursday, the Bulldogs' fifth conference loss by five points or less. They then fell 75-56 to Illinois-Springfield on Saturday.

The close loss against Quincy once again saw turnovers kill chances for a win in a game where they played well in other areas. The Bulldogs outshot Quincy percentage wise 43.5% to 33.8%, but thanks to 21 turnovers, Quincy made just one less shot from the field than Truman. Quincy attempted 15 more shots than Truman. The Bulldogs forced just nine turnovers.

The teams were still close in points-off-turnovers, with Quincy scoring 18 such points while Truman turned Quincy's turnovers into 11 points. Three-point shooting struggles also played a major factor in Truman's loss as they made just five threes on 24 attempts.

Still, the Bulldogs managed to end the first quarter up 21-17 and still held a 41-40 lead at halftime. They led by



Truman guard Gracie Neff drives toward the basket in the game against Indianapolis on Jan. 3. PHOTOS BY ADAM TUMINO



Truman freshman Molly Joyce looks to finish a layup through contact in the game against Indianapolis on Jan. 3.

as many as nine points in the first half and trailed very briefly at 5-4 and again at 40-38 in the final seconds of the half before a Claire Rake three gave them the halftime lead. They only trailed for 40 seconds in the first half.

The Hawks retook a lead in the opening seconds of the third quarter, but Truman took it back soon after. The score remained close throughout the third and Quincy retook the lead at 52-50 midway through the quarter and would not trail again until the 3:42 mark of the fourth quarter.

That is when Truman took a 67-66 lead on an Ellie Weltha three, although Quincy jumped back ahead on their ensuing possession. Truman then went ahead again at 69-68 and held a lead until a pair of Quincy free throws put them back up by one point with 1:44 left. Quincy held a narrow lead from that point on. Truman's Gracie Neff's potential game-tying three was blocked at the buzzer, handing the Bulldogs their seventh-straight loss.

Weltha led the team with 24 points and 11 rebounds. Molly Joyce, Emma Bulman and Bailey Kliewer also scored in double figures with 12, 11 and 11 points respectively. Neff had two points but led the team with seven assists.

The game against Illinois-Springfield was not nearly as close as the Quincy

game. The Bulldogs did manage to jump out to a 7-2 lead Saturday, but were outscored 15-4 for the rest of the quarter. The six-point deficit at the end of the first quarter grew to 11 points by halftime and sat at 28 by the end of the third.

The Quincy led was as high as 30 points at two times in the fourth. Truman managed to cut the deficit to 19 points in garbage time after trailing by 29 with just under two minutes to go.

Truman once again had a higher shooting percentage than their opponent, but had 22 turnovers while only forcing 12. Quincy scored 24 points off turnovers while Truman scored eight, putting the Bulldogs in a 16-point hole in a 19-point game. Quincy did not shoot well by any stretch of the imagination, going 6-of-33 from three, but Truman made just three three pointers on 21 attempts

Weltha nearly recorded another double-double in the loss with nine points and 10 rebounds. Kliewer also had nine point to go with a team-high 11 rebounds. Joyce and Maddie Niemeier tied for the team lead with 11 points while Neff once again led the team in assists with five.

Truman will have another chance to pick up a conference win when they host Southwest Baptist on Jan. 18. The Bearcats are 4-5 in conference play and are coming off a loss to Maryville.

COLUMN:

The tricky situation of liking a team you're supposed to hate

s someone who has rooted for the Chicago Bears for my entire life, I am supposed to hate the Green Bay Packers. But on Sunday, I watched the Packers dismantle the Dallas Cowboys in the opening round of the NFL playoffs and had a lot of fun.

I am by no means a die-hard fan of any team. I root for the Bears and wish them to succeed, but have never invested a great deal of emotion in their successes or failures



DAILY EXPRESS SPORTS

es or failures throughout my adult life. Still, it has al-

Some of it may be rooted in envy. The Packers had just two starting quarter-backs for almost my entire life. Brett Favre's first start with Green Bay came on the same day my parents were married, 13 months before I was born. I was 14 when he left the Packers and Aaron Rodgers took over.

ways been easy to hate the Packers.

Rodgers was of course even better than Favre, and he led the Packers to victory after victory over the Bears from when I was 14 until I was 29. Then Jordan Love took the gig. Was it finally time for the Packers to have a bad quarterback? Will they finally have a taste of the chronically mediocre quarterback play that has plagued the Bears for decades? The answer seems to be no.

Jordan Love started the season slowly, providing a brief glimmer of hope to Bears fans that the Packers finally have a below-average quarterback. Love then crushed that hope by playing the final half of the season as one of the best quarterbacks in the game. As it looks now, he will be winning games for the Packers as I move into my 40s.

I should be sad about this, but I find myself in the uncomfortable position of not hating the Packers. It was easy to root against Favre and Rodgers, and has become even easier in recent years.

Favre has been implicated in a welfare scandal in Mississippi where money was diverted from assistance programs to instead support a variety of projects for Favre and other influential people.

Rodgers has become the world's loudest idiot whose ESPN appearances became so unhinged that Pat McAfee had to be the voice of reason. This is the same Pat McAfee who once got in trouble for swimming drunk and shirtless in a canal and used a discussion of Martin Luther King Jr. Day on Monday to complain about how cancel culture has come after him. Nothing shows how canceled you are by complaining about it on your three-hour long show on ESPN.

But Love seems like a nice guy. He apparently calls being ticklish having "silly body." Maybe we'll find out someday that Love runs an underground fighting ring for kittens or is embezzling money from people in nursing homes, but for now he is hard to root against.

Still, it is a bit frustrating to see the Packers have a quarterback who is playing lights out in the playoffs while the Bears have just wasted three years of the career of one of the most physically gifted quarterbacks of all time. The Bears also have a vital decision looming about whether to keep Justin Fields or draft top prospect Caleb Williams with the first pick of the 2024 draft.

It feels like a win-win situation. They can either keep a quarterback who has shown flashes of greatness and trade the top pick for a bounty, greatly improving an already-talented roster. Or they can draft a highly regarded prospect and try to build a foundation of success.

Unfortunately the Bears decided to ignore the most talented free agent head coaching class perhaps ever and retain the thoroughly mediocre Matt Eberflus as head coach. Still, if they pick the right guy to run the offense, the Bears could be entering an era where they can be very successful. Unfortunately, my faith in them getting anything right is very low.

The best quarterback in Bears history is Jay Cutler. The second-best quarterback in Bears history was born in 1916. The best quarterback in Packers history was the guy they had for half my life. The second-best quarterback in Packers history is also a guy they had for half my life.

Hopefully we are about to enter an era where both teams have great quarterbacks at the same time. That way I can like the Packers without hating the Bears. I wonder what that would be like.

Sports

Taking a look at GLVC basketball standings as conference play heats up

By Adam Tumino

The men's and women's basketball teams of the GLVC are now in the heart of conference season. There is still a month and a half to go before the end of the regular season, but the teams now have enough conference games under their belts to give the standings some substantive shape.

There is still time for plenty of movement in the standings, but for now let's take a look at how the conference races are shaping up.

Men's Basketball

The top spot of the standings on the men's side is currently occupied by Indianapolis. The preseason conference favorites are 5-1 in GLVC play so far and are 4-0 at home in conference contests this season. However, they are coming off their first conference loss

Indianapolis has a small



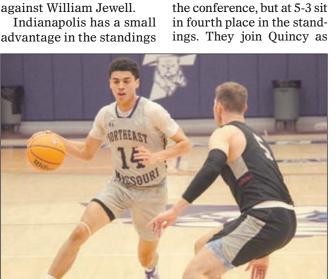
Truman guard Trey Shearer pass the ball in the game against Upper Iowa on Dec. 2, 2023.

over Missouri-St. Louis. The Tritons are 5-2 so far, but are also coming off a loss against McKendree. With this loss and an Upper Iowa win, Upper Iowa moved into third place in the standings at 4-2.

Illinois-Springfield is tied for the second-most wins in the conference, but at 5-3 sit the only GLVC teams with eight conference games played this season.

A trio of 4-3 teams sit behind Illinois-Springfield in the standings, led by reigning GLVC Tournament champions McKendree in fifth place. The Bearcats are 10-4 overall this season, which is the best overall record in the conference. In sixth place with a 4-3 conference record and 10-5 overall record is William Jewell. Their win over Indianapolis put the Cardinals into that spot in the standings and was their fourth win in the last five games. The last 4-3 team is Lewis. The Flyers have an 8-7 overall record

Quincy currently occupies the eighth spot in the standings with a 4-4 conference record. They are coming off a loss to Upper Iowa but won two games in a row prior to that. Nipping at Ouincy's heels and the final spot in the top eight are three teams with 3-4 conference records.



Truman guard CE Talton looks to drive into the paint in the game against Indianapolis on Jan. 3.



Truman guard Claire Rake looks to back down a defender in the game against Upper lowa on Dec. 2, 2023. PHOTOS BY ADAM TUMINO

Drury is in ninth place with that 3-4 conference record despite having the same overall record as firstplace Indianapolis. The Panthers are trending upward and have the longest active winning streak in the GLVC as three games.

Missouri S&T is in 10th place and are the lowest team in the standings with a winning record overall. The Miners started conference play 2-1 before dropping three of the next four. Rockhurst is also 3-4 and has gone 2-2 over their last four conference games.

Truman State sits in 12th thanks to a win over Illinois-Springfield in their last game. At 2-4 in conference play, the Bulldogs beat Upper Iowa in the conference opener before losing four in a row leading up to the recent win.

Maryville just won its first conference game of the season to climb out of last place. The Saints are now 1-6 in conference play. The team they beat is Southwest Baptist, who at 1-6 now occupies the last-place position in the standings.

Statistically, Upper Iowa is by far the conference's top-scoring team. The Peacocks are averaging 89.7 points per game, the most in the GLVC by 7.4 points per game and is the 12th-best scoring average in the nation. Illinois-Springfield and Missouri are behind Upper Iowa in that category, averaging 82.3 and 80.8 points per game respectively.

Indianapolis has claimed their first-place status behind the strength of their defense. They rank 10th in the conference in scoring offense, but are allowing just 62.7 points per game. This leads the GLVC by 5.3 points per game and ranks the Greyhounds fifth nationally. Despite being in last place, Southwest Baptist ranks second defensively and is allowing just 68 points per game. This puts them just ahead of Maryville and Quincy, who are allowing 68.6 and 68.8 points per game respectively.

Individually, Upper Iowa's Jake Hilmer is leading the conference with 25.1 points per game. He is just ahead of McKendree's Milos Vicentic. The pair rank second and seventh in the nation in scoring. Hilmer also leads the conference and ranks seventh nationally in assist-to-turnover ratio

Some big games are coming up this week, with the conference's top two teams squaring off on Jan. 18 when Indianapolis hosts Missouri-St. Louis. Indianapolis will have to face another tough test on Jan. 20 against McKendree as they look to get out of the weekend still in first place. Upper Iowa's high-scoring offense will face a challenge against Southwest Baptists' stout defense in a game where something will have to give.

Women's Basketball

McKendree has been one of the most successful teams in the nation so far, and with an 8-1 conference record and 12-3 overall record, are currently in first



Truman guard Lizzie Boehm shoots a three behind an Emma Bulman screen in the game against Indianapolis on Jan. 3.

place in the GLVC. Their only conference loss came to Upper Iowa, but the hot start has not allowed McKendree to pull too far ahead.

Also at 8-1 so far in conference play is Lewis, although the Flyers are 9-6 overall. They were in first place before dropping their most recent game against Rockhurst after an 8-0 start to conference season.

Two games separate Lewis and third-place Illinois-Springfield. The Prairie Stars are 7-3 in conference play and have the GLVC's longest active winning streak at four games. This streak has kept them ahead of a 6-3 Drury team that has won three games in a row. Drury occupies the fourth spot in the standings. Rockhurst is also at 6-3 and has won consecutive games to stay near the top of the

conference. A pair of 5-4 teams will be looking to stay above the .500 mark as the season rolls on. Indianapolis is in sixth place, having won their last game to climb over .500. That win snapped a two-game losing streak. Also at 5-4 is Missouri-St. Louis, but the Tritons have lost their last game but won three of four conference games before that.

Upper Iowa currently occupies the eighth spot in the standings with their 4-4 conference record. They beat Quincy in their last game to get back to .500 and snap a two-game losing streak. The win also kept them ahead of ninth-place Southwest Baptist.

The Bearcats have been climbing up the standings, though, winning four of their last six conference games after an 0-3 start. Also at 4-5 is Maryville. The Saints have been even hotter than Southwest Baptist, winning four of their last five conference games after starting 0-4.

Quincy is trending downward. The Hawks have dropped five of their last six conference games after starting 3-1. Now at 4-6 in conference play, they are in 11th place. William Jewell has dropped its last three conference games to fall to 2-7 and 12th place. Two of those three losses have been by just two possessions.

A pair of GLVC teams are still looking to break into the win column in con-

ference play. Truman has dropped each of its first eight conference games, five of which have come by five points or less. They have the longest active losing streak in the conference overall at eight games, all of which are

conference games. Missouri S&T is 0-9 in conference play and sits in last place. The Miners have just lost four in a row overall, with a pair of non-conference wins breaking up their conference losing streak. Their 14 total losses are the most

in the conference. Statistically, the conference's top offensive teams are close in scoring with just 4.3 points per game separating the top five scoring teams in the GLVC. Drury leads the way with 77.5 points per game, which ranks 10th in the nation. Illinois-Springfield is averaging 76.2 points per game while Upper Iowa and Indianapolis are third and fourth with an average of 75.3 points per game each. Southwest Baptist ranks fifth at 73.2 points per game.

Missouri-St. Louis has the conference's top ranked scoring defense, allowing 60.8 points per game. Maryville ranks second at 63 points per game. Southwest Baptist and Drury are the only two teams to be in the top five in scoring offense and defense. They rank third and fifth in scoring defense respectively. Drury's scoring average of +12.3 points per game leads the conference while Southwest Baptist is at +9.7 points per game.

Individually, Missouri-St. Louis star Jalysa Stokes leads the conference with 19.4 points per game. This ties her for 15th in the nation in scoring. Truman forward Ellie Weltha is second in the conference in scoring with 17.4 points per game. Weltha leads the conference in rebounds with 9.3 per game. She is also tied for 24th in the nation with six double-doubles.

On the schedule this week is a big game on Jan. 18 between the conference's top two teams. Lewis will host McKendree with the winner sitting alone atop the GLVC with the best conference record.



ROTARY CLUB OF KIRKSVILLE WELCOMES NEW MEMBER



At the Jan. 10 Rotary Club of Kirksville meeting, new member Aaron Thomas was inducted by club President Melissa Stuart (left). Thomas, sponsored by Elizabeth Gregory, is a licensed practical nurse with Complete Family Medicine. ROTARY CLUB OF KIRKSVILLE

ROTARY CLUB OF KIRKSVILLE MEMBERS LEARN HOW TO MAKE DOG TOYS



At the Jan. 10 Rotary Club of Kirksville meeting, fellow member Ramey Weichelt (right) led the club in producing braided dog toys as a community service project for the Adair County Humane Society (ACHS). Weichelt is pictured with fellow Rotarian Salvation Army Lt. Chris Clarke, who provided the tee shirts used in the project. Weichelt gave a short history of the ACHS, the recipient of the two dozen dog toys made today. ACHS started as a service project conducted by Girl Scout Cadette Troop 166 of Kirksville in 1971. ACHS was incorporated as a non-profit organization in 1972. ROTARY CLUB OF KIRKSVILLE

Missouri State Highway Patrol participates In Human Trafficking Awareness Initiative

By Missouri State Highway Patrol

Col. Eric T. Olson, superintendent of the Missouri State Highway Patrol, announced the Commercial Vehicle Enforcement Division will participate in a five-day Human Trafficking Awareness initiative Jan. 8-12. This initiative is a concentrated effort to educate commercial motor vehicle drivers, motor carriers, law enforcement officers, and the general public about human trafficking, what signs to look for and what to do in these situations.

Human trafficking is illegal exploitation of a person through force, fraud, or coercion. It can take the form of sex trafficking, forced labor or domestic servitude. Human trafficking is not specific to age, race, or gender, and it occurs in rural, suburban and urban areas across Missouri. The victims of human trafficking are from all socioeconomic backgrounds and levels of education.

Human traffickers are motivated by greed, exploiting the most vulnerable among us for \$150 billion annually. This crime is occurring throughout North America and has

been reported in every U.S. and Mexican state, and in all Canadian provinces. In addition to being trafficked within their own nation's borders, local citizens are being exploited across national borders.

Signs of human trafficking are not always obvious, and may include:

- The presence of an older "howfriend" or "girlfriend"
- "boyfriend" or "girlfriend;"
 Travel with an older male/
- female who isn't a guardian;
 Signs of psychological coercion, such as depression, anxiety, and/or an overly sub-
- Lack of control over his/ her schedule, money, and/or items proving identification;
- Physical trauma (bruises,
- cuts, burns, scars);Poor health;

missive attitude;

- Coached/rehearsed re-
- sponses to questions;Substance abuse or addic-
- tions, selling drugs; or,
 Homelessness.
- Suspected human trafficking can be reported by calling 1-888-373-7888.

The Missouri State Highway Patrol is joining agencies across the United States, Canada, and Mexico for this Commercial Vehicle Safety Alliance initiative.

State awards more than \$7.9 million in ARPA funding to expand cellular service statewide

By Missouri Department of Economic Development

JEFFERSON CITY — The Department of Economic Development (DED) announced today that it has awarded a total of more than \$7.9 million through the second round of the Cell Towers Grant Program. Grants will be awarded to 14 projects to construct new towers that provide quality cellular service and greater 911 connectivity to high-cost areas. The program, funded through the American Rescue Plan Act (ARPA), is focused on investing in the expansion of cellular service statewide.

"This second round of funding awarded through the Cell Towers Grant Program will further promote economic growth and public safety statewide," said Governor Mike Parson. "As we continue to improve Missouri's critical infrastructure, including cellular service, we appreciate the efforts of the Office of Broadband Development. As a result of this program, thousands of locations lacking adequate coverage will now receive quality, reliable cellular connectivity."

Projects receiving funds through the Cell Towers Grant Program's second round are expected to serve more than 18,000 high-need locations that previously lacked quality cellular service. The program, administered by DED's Office of Broadband Development, was launched in May 2023 and awarded competitive grants to applicants who also contributed private funding in addition to grant funds. Each project awarded through this round will result in the construction of one cellular tower, for a total of 14 new towers built statewide.

"Cellular connectivity is a musthave in today's economy, and we're grateful to help deliver this necessity to areas needing it most," said Michelle Hataway, Acting Director of the Department of Economic Development. "Thanks to partnerships with providers statewide, this grant program is helping Missourians prosper by ensuring that more businesses, communities, and families can get connected."

DED opened the second round of funding through the Cell Towers Grant Program on Oct. 20. The entirety of the \$20 million appropriated by Parson and the General Assembly has now been awarded to eligible providers and tower owners for the construction of new towers.

"We're thrilled to have awarded all of the \$20 million available through the Cell Towers Grant Program," said BJ Tanksley, director of the Office of Broadband Development. "While there remains plenty of work to be done, today's announcement is a major step forward in enhancing cellular coverage to the hardest-to-serve areas of our state. Our team is as committed as ever to ensuring we build on progress made and meet our goal of connecting all Missourians."

To learn more about DED's AR-PA-funded grant programs, visit ded.mo.gov/arpa.

About the Office of Broadband Development

The Office of Broadband Development (OBD) is focused on addressing broadband availability and non-infrastructure barriers to full participation in the digital economy in Missouri by working with providers, communities, and



stakeholders to expand and accelerate broadband deployment across the state. OBD's Connecting All Missourians initiative includes an extensive public engagement process to inform plans for programs funded by the Digital Equity Act (DEA) and the Broadband Equity, Access, and Deployment (BEAD) program, both part of the Infrastructure, Investment, and Jobs Act (IIJA).

To learn more about the Office of Broadband Development or its programs and initiatives, visit DED's website.

About the Missouri Dept. of Economic Development

The Missouri Department of Economic Development (DED) works to create an environment that encourages economic growth by supporting Missouri's businesses and diverse industries, strengthening our communities, developing a talented and skilled workforce, and maintaining a high quality of life. As one team built around the customer and driven by data, DED aspires to be the best economic development department in the Midwest. Through its various initiatives, DED is helping create opportunities for Missourians to prosper.

For the latest updates on DED's current or future programs and initiatives, visit DED's website.

MoDOT celebrates completion of Gov. Parson's Focus on Bridges Program

By MoDOT

JEFFERSON CITY – The Missouri Department of Transportation today celebrated the completion of Gov. Mike Parson's Focus on Bridges program that restored or replaced 250 of the state's poorest bridges over the last four years. Established in 2019, the Focus on Bridges program was one of Parson's first major investments in transportation infrastructure.

The final project replaced the Blue Ridge Boulevard bridge over Interstate 70 in Independence and made interchange improvements to the ramps and approaches. The bridge will officially reopen to motorists on Dec. 22, just four years after the first bridge under the program opened on Dec. 20, 2019, in Iron County.

"Infrastructure has been a top priority since day one, and four years ago, we set out to replace 250 of our poorest bridges through the Focus on Bridges program," Parson said. "Today, we are proud to celebrate the 250th bridge completed as promised. From St. Louis to Springfield, from the Bootheel to the great Northwest, this



program benefited Missourians everywhere. Focus on Bridges is a bold, one-of-a-kind program that leveraged general revenue to make far reaching improvements to our infrastructure for the first time in generations. While there is more to do, we know we have made a real difference and created a lasting model that will continue to serve Missourians now and into the future."

MoDOT is responsible for maintaining 10,424 bridges on the state system, the sixth most in the nation. The average age of the bridges is 49 years, and most of them were designed to last 50 years. Prior to Parson's focus on infrastructure, the number of bridges rated as "poor" using Federal Highway Administration criteria, were increasing year over year rather than declining as now seen in Missouri. Currently there are

804 bridges that have been rated "poor" using Federal Highway Administration criteria, down 19 from a year ago.

"The completion of the Focus on Bridges program is an example of the progress being made to Missouri's bridges and Parson's commitment to moving Missouri forward," MoDOT Director Patrick McKenna said. "I applaud the governor for his leadership and commitment to improving Missouri's bridges and roadways. We will continue to work towards reducing the number of poor bridges in Missouri as additional federal and state revenue becomes available."

Parson's Focus on Bridges program was truly innovative and was made possible through a \$50 million appropriation from General Revenue as well as \$301 million in bond revenue approved by the Missouri General Assembly in 2019. Maintaining the state's bridges helps provide a world-class transportation system that is safe, innovative, and reliable.

For a list of the projects completed under the Focus on Bridges program, visit Focus on Bridges (modot.org).

Two new troopers assigned to Troop B, Macon

By Missouri State Highway Patrol

Capt. Erik A. Gottman, commanding officer of Troop B, Macon, announced Trooper Kristopher B. Geren and Trooper Tristen C. Miller have been assigned to Troop B. Geren and Miller were members of the Missouri State Highway Patrol's 118th Recruit Class that began training on July 3, and graduated from the Patrol's Law Enforcement Academy on Dec. 22. Geren and Miller will report for duty on Jan. 8, 2024.

Trooper Geren has been assigned to Zone 9, Marion and Ralls counties. He is a native of Fowler, Ill., and graduated from Liberty High School in Liberty, Ill. Af-



Kristopher Geren

where he achieved the rank of sergeant.

Capt. Erik A. Gottman, commanding officer of Troop B, Macon, announced that Trooper Kristopher B. Geren and Trooper Tristen C. Miller have been assigned to Troop B. Troopers Geren and Miller were members of the Missouri State Highway Patrol's 118th Recruit Class that began training on July 3, and graduated from

the Patrol's Law Enforcement Academy on Dec. 22. Troopers Geren and Miller will report for duty on Jan. 8, 2024.

Geren has been assigned to Zone 9, Marion and Ralls counties. He is a native of Fowler, Ill., and graduated from Liberty High School in Liberty, Ill. After high school, Geren owned Tier Black Consulting LLC, in Center, Mo., until his appointment to the patrol.

Miller has been assigned to Zone 3, Linn and Chariton counties. He is a native of Shelby, Mo., and graduated from Linn County R-1 High School, in Purdin, Mo. After high school, Miller served in the United States Marine Corps, where he achieved the rank of sergeant.

ter high school, Geren owned Tier Black Consulting LLC, in Center, Mo., until his appoint-

ment to the patrol.

Trooper Miller has been assigned to Zone 3, Linn and Chariton counties. He is a native of Shelby, Missouri, and graduated from Linn County R-1 High School, in Purdin, Missouri. After high school, Miller served in the United States Marine Corps, 3, and

Training the immune system to prevent cancer - NextGen researchers discover paradigm-shifting approach

MU researchers Haval Shirwan and Esma Yolcu have designed a molecule that wakes the immune system and triggers its defense mechanism in cancerous environments

By University of Missouri

COLUMBIA — As one of the most insidious diseases in the world, cancer has few treatments that work to eradicate it completely. Now, a new ground-breaking approach pioneered by two researchers working at the University of Missouri's Roy Blunt NextGen Precision Health building shows promising results in preventing lung cancer caused by a carcinogen in cigarettes — a discovery that immunologists Haval Shirwan and Esma Yolcu rank among the most significant of their careers.

In the new study, Shirwan and Yolcu designed a molecule known as an immune checkpoint stimulator (SA-4-1BBL) — that can mobilize immune cells and guide them along the pathway that most efficiently attacks cancer cells. The molecule not only reduces the number of nodules on cancerous tumors, but it also has the potential to prevent lung cancer by triggering and mobilizing the immune system to recognize and target cells in the body that could potentially become cancerous.

"This is huge," said Shirwan, a professor in the Department of Pediatrics and Molecular Microbiology and Immunology in the MU School of Medicine. "I have not been, over the entire

course of my scientific career, as excited about a discovery as this one. When we started working with this molecule — a long time ago now - nobody thought the immune system had anything to do with cancer. Now, after years of immunotherapy advances, we know that's key to combating it."

Solving for solutions

The immune system works with checks and balances, said Yolcu, also a professor in the Department of Pediatrics and Department of Molecular Microbiology and Immunology in the MU School of Medicine.

"Two cells get together; one surveys the body for an unusual signal and presents to another cell for interpretation, and the other cell receives it and generates an immune response if deemed critical for the survival of the host," she said.

Most immunotherapies are specific to certain cancer types and only have about a 15 percent to 30 percent efficacy. This new molecule, however, protects against several cancer types by teaching the immune system how to recognize when a body's cells are becoming cancer cells.

Shirwan likens the process to how an army works - where leaders equip soldiers with the



University of Missouri School of Medicine researchers Haval Shirwan, PhD, and Esma Yolcu, PhD, have received a \$3.4 million grant to test an immunotherapy to treat Type 1 diabetes. University of Missouri

appropriate weapons they'll need to go into combat successfully.

"This molecule can train the immune system to react to unknown factors, which in this case are cancer cells," Shirwan said.

The immune system is perceived to have evolved to fight against infections as external dangers and works in two stages: Its first response is rapid and proceeds through a process called innate immunity, which is not very sophisticated and modestly effective, that keeps bacteria and viruses at bay. Then, the immune system transitions into a more sophisticated, effective, and long-lasting adaptive

immunity phase, which eliminates the pathogens and keeps them from coming back.

"Our data show that the immune system utilizes the same strategy against cancer as an internal danger," Shirwan said. "Preventing cancer, instead of treating it, is quite exciting from the efficacy as well as safety perspectives."

It's now possible to screen highrisk individuals for the genes that can predict common cancers like breast and lung cancer, Yolcu said. This research could also help doctors develop a revolutionary approach for identifying groups who have a high risk of developing lung cancer — including people who are exposed to harmful smoke fumes - and be able to treat them proactively.

This breakthrough, SA-4-1BBL, patented in the U.S., Japan and the European Union, could also be used with various other immunotherapy treatments in the clinic.

"A novel agonist of 4-1BB costimulatory receptor shows therapeutic efficacy against a tobacco carcinogen-induced lung cancer" was published in Cancer Immunology, Immunotherapy. Co-authors include Ayse Ece Gulen, Rakesh Rudrabonia, Mohammed Tarique and Vahap Ulker.\



Tips to prepare your home for a winter weather blast

With the season's most frigid temperatures on the way, AAA reminds homeowners and renters that preparing for inclement weather is essential to avoiding wintertime repairs. Prolonged periods of below freezing temperatures can wreak havoc on a home's heating system, plumbing and exterior features. Maintaining your property before the cold strikes is essential to reduce vour risk of winter damage.

"The time to prepare your home for the upcoming cold weather is right now" said Nick Chabarria, AAA spokesperson. "Taking small steps now can help you avoid high repair costs and headaches down the road."

AAA Insurance reports the average regional frozen pipe claim costs more than \$11,000, though the amount can be much higher depending on damage to personal property.

What You Can Do to Protect Your Home

- Remove hoses from exterior faucets.
- Repair or replace weather stripping around windows and doors, vents and fans, plumbing, air conditioners and electrical and gas lines.
- seal all cracks, holes and other openings on exterior walls.

• Use caulk or insulation to

- Let faucets drip a little bit to prevent freezing pipes.
- Well-insulated basements and crawl spaces will help protect pipes. Close foundation vents and windows to basements. Wrap vulnerable pipes with pipe insulation.
 - Know where your water

shutoff valve is so that you can turn off the water in case of an emergency.

• Air inside the walls, where pipes are, can be much colder than air in the room, so set the thermostat at a reasonable temperature, even if you will be away from home.

 Keep bathroom and kitchen cabinet doors open to let warm air circulate around the pipes.

• Close your wood burning fireplace flue damper when vou're not using it. Follow all manufacturer instructions for gas fireplaces including those with pilot lights, which may require the flue to be partial open at all times.

Winter Damages Covered by Homeowners Insurance

Winter comes with snow, and sometimes lots of it. If your roof collapses or is damaged due to the weight of snow or ice from a storm, a standard home insurance policy may cover the damage.

Another threat to your home in the winter season are cold snaps. Water left standing in pipes when the temperature drops may expand with enough force to cause it to burst, leading to serious water damage if the issue isn't immediately identified. Damage caused from burst pipes as well as the repair costs are covered by most standard home insurance policies, as long as regular maintenance is performed, and owners maintain heat in the building.

What's Not Covered by Homeowners Insurance

Most storm damage is covered under Home Insurance, however there are exclusions that could apply.

Flash floods caused by a sudden rise in temperature during the winter months can cause significant damage to your home that will not be covered by your standard home insurance policy, but flood insurance can be purchased separately.

Most damages not covered by insurance are due to homeowner neglect or lack of maintenance. These may include damages resulting from extreme cold due to failure to maintain heat in your house.

More Winter Liabilities

In addition to the above risks, slips and falls on your property are always a possibility in winter. Such incidents are likely covered by the liability coverage that comes with your home insurance policy, but it's a good idea to double check with your insurance agent. If you do experience an incident like this, help with potential legal aspects may also be included in your policy.

Is Your Home Insurance Ready?

By taking the necessary precautions and preparing your house for winter, you can avoid having to make an insurance claim this winter season. Trimming threatening trees, shutting off your water and drain pipes, and cleaning your gutters are all things that can be done before it gets too cold.

If a winter disaster does strike, having the right home insurance coverage will help. Review your policy with your agent to be sure you're ready.

Make sure your vehicle is winter weather ready

Winter weather, including snow, ice and sub-freezing temperatures is expected to impact travel in parts of Missouri over the coming days, according to the National Weather Service. If travel is necessary during winter weather events, AAA reminds drivers to make sure their vehicles are ready to hit the wintery

"The time is now, ahead of the bulk of the wintery mix, to make sure your vehicle is winter weather ready," said AAA spokesperson Nick Chabarria. "Even careful and experienced drivers can run into trouble on the roadways during winter storms. Basic, preventative maintenance can increase your chances of staying safe during winter weather and decrease your chances of winding up stranded

on the side of the road." AAA anticipates an increase in emergency roadside service calls as the wintry weather sweeps through and road conditions deteriorate, with slide-offs and crashes due to slick roads, battery/non-start problems and flat tires the main culprits. Last winter (Dec. 2022-March 2023), AAA Emergency Roadside Service crews assisted more than 107,000 motorists across Missouri, more than 112,000 in Illinois, and more than 34,000 in Kansas.

AAA tips to prepare vehicles for winter weather:

· Check tires for tread depth and air pressure. For every 10-degree drop in temperature, tires can lose one pound of air pressure.

An easy way to check tire tread for wear is by inserting an upside-down quarter into your tread groove. If the top of Washington's head is exposed, the tread depth is less than 4/32" and it's time to replace your tires. Also, check that your car has a spare tire and keep it properly inflated in case vou need it.

 Ensure good battery healthy. Have the battery checked by a professional to ensure it is strong enough to face cold weather. When the air temperature is 32 degrees, a battery's starting power drops 35 percent. Also, the average lifespan of a car battery is 3-5 years.

AAA members can request a visit from a AAA mobile battery service technician who will test their battery and replace it on-site, if necessary.

- Fuel up. Keep at least half a tank
- of fuel in your vehicle at all times. · Check wiper blades and fluid. Ensure that windshield wiper blades are in good condition and the wiper



fluid reservoir is full. A winter blend of wiper fluid that resists freezing is recommended.

- Be visible to other drivers. Make sure all lights (headlights, tail and brake lights, turn signals) are working properly so you can see and be seen in bad weather conditions.
- Preventive maintenance is essential for safe driving and greatly decreases the chances of being stranded in the cold. However, if you do break down in the cold you will want to have a winter emergency kit, which approximately 40 percent of American drivers do not carry, according to a AAA survey.

"AAA is reminding anyone who must drive on icy or snow-covered roads to be prepared for the conditions, travel with a full tank of gas, and carry a fully charged cell phone (with the Auto Club app downloaded and AAA Emergency Roadside Service number, 1-800-222-4357, saved) and a fully stocked emergency kit," Chabarria added.

AAA recommendations for winter emergency kit items to keep in your vehicle:

- · Bag of abrasive materials such as sand, salt or cat litter for gaining traction in snow/ice
- Snow shovel
- Ice scraper and snow brush
- Flashlight
- Jumper cables
- Warning flare or triangles
- Winter coat, hat and gloves or mittens for all passengers in your car
- Tarp, raincoat and gloves to help stay clean/dry if you must get out of the vehicle
 - Blanket or sleeping bag Cellular phone and emergency
- charger Food and water
 - First aid kit
- Basic toolkit (screwdrivers, pliers, adjustable wrench, duct tape, plastic zip ties)
- · AAA membership card or number if you need to call for roadside assistance.

For more winter driving tips, visit AAA Exchange.

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12	13		14	1	1			15	1	+	+			
16	+	17		+	1			18	+	+	+	19	20	21
22	+		+	1.7	+			23	-	+	+		+	+
24	-		1	10	-	25		26	1000		27	-	+	+
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31	32	33			34	-	+	+	35		3	36	1	+
37			38			39	+		1					
40	+		+		41			42	+	43	44	45	46	47
48	+		-	49	-	+			50	+	+	+	+	+
51	+	-	1	-	+	+			52	+	+-	+	+	+
			53		+	+			54	+	+		55	+
		56			+	+-	57		58	+	+			
		59	+	1.	+-	-	+		60	+	+			

CLUES ACROSS

1. Beats per minute

4. Hindu deity

10. Polynesian garland of flowers 39. Italian archaeological site

11. Not chained to 12. Metric ton

14. Tall, rounded vase 15. Musical composition

16. St. Francis of

18. Discover the location of

22. Compact group of mountains

23. Mend 24. Not current

26. Atomic #64 27. Young hawk

28. Or

30. Pouches

31. Southern Thailand isthmus

Mends with yarn Downwinds

37. One of two equal parts of a divisible whole

40. Cold appetizer

41. Yes

42. Peninsula

48. Of that

50. A way to divide

51. Relating to the physical senses

52. One who makes money

Spumante (Italian wine)

54. Inconvenience (abbr.)

55. South Dakota

56. Snow sport

58. The products of human creativity

59. Change mind 60. Born of

CLUES DOWN

- 1. Similar to the color of a clear unclouded sky
- 2. Former name of Iran
- 3. Made smaller
- Type of meter
- Revolt
- Killed with rocks
- 7. Gregory , US dancer
- 8. Nullifies
- 9. Home to the Flyers
- 12. Female parent
- 13. Pre-1917 Russian emperor
- 17. Outsourcing (abbr.)
- 19. Regal
- 20. Line
- 21. Hermann __, author of "Siddhartha"

- 25. Clearing up
- 29. No seats available
- 31. Leaves of an Arabian shrub
- 32. Groove in organ or tissue
- Not of this world
- Cooking device
- 38. Forget
- 41. Operational flight
- 43. Actress Danes
- 44. Poke holes in
- 45. A way to discolor
- 46. Shouts of welcome or farewell

Fun By The

Like puzzles?

sudoku. This

mind-bending

Then you'll love

puzzle will have

you hooked from

the moment you

square off, so sharpen your

pencil and put your sudoku

savvy to the test!

Numbers

- 47. Pharrell's group
- 49. Red fluorescent dye
- 56. Jr.'s dad
- 57. Electronics firm

14 15 16 19 20 22 25 29 30 34 36 40 41 42 44 51 52 56 58 60 61 62 63 64 65 67 69 70

CLUES ACROSS

- Spiritual leaders
- 7. Salt
- 13. Fortified wine
- Edible mollusk
- 16. It begins with them
- 17. A way to compare 19. Governmentt lawyer
- 20. Back parts
- 22. 8th month (abbr.)
- 23. Very willing
- 25. ex machina
- 26. Satisfies
- 28. Quebec river
- 29. A doctrine
- 30. Popular pickup truck
- 31. Dekagram
- 33. Naturally occurring solid material
- 34. Company officer
- 36. Villains
- 38. Cricket frogs

CLUES DOWN

- 1. Animal disease
- 2. Commercial
- Craft supply
- Storage units
- Investment vehicle 6. Colorado Heisman winner
- 7. In a way, sank
- 8. Post-birth brain damage (abbr.)
- Lay about
- Intestinal
- 11. The opposite of yes
- 12. Caused to be loved
- Messianic in Islamic eschatology
- 15. Showing since conviction
- 18. Not safe
- 21. The number above the line in a fraction

- 24. Yard invader
- 26. Pouch
- 27. Swedish krona
- 30. Start anew

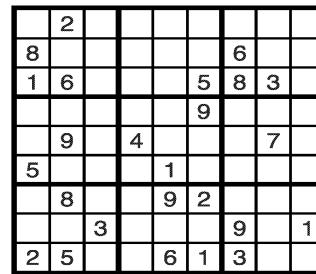
- 40. German founder of psychology
- 41. Endured
- 43. A female domestic
- 44. A "place" to avoid
- 45. Cigarette (slang)
- 47. Canadian politician Josephine
- 48. French ballet/acting dynasty 51. Employee stock ownership plan
- 53. Belonging to the bottom
- 55. Sound
- 56. Yankees' slugger Judge
- 58. Dickens character
- 59. More wise
- 60. Flash memory card
- 61. Exposing human vice or folly to ridicule
- 64. Atomic #79
- 65. Longtime Braves pitcher Julio
- 67. Humor 69. Shawl
- 70. Preliminary assessment of patients
- 32. While white or yellow flower
- 35. Fourteen 37. Graphical user interface
- 38. Up-to-date on the news
- 39. Campaigns
- 42. Touch softly
- 43. "Boardwalk Empire" actress Gretchen
- Violent seizure of property
- 47. One who supports the Pope
- 49. Anxiety
- 50. Body fluid
- 52. Phony person
- 54. Title of respect 55. Chilean city
- 57. City in central Japan
- 59. Silk garment 62. Draw from
- 63. Automobile 66. Man
- 68. Legal bigwig (abbr.)

SUDOKU



Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

SUDOKU



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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4840 John Deere, 9400 hours, 3 owner, \$18,000.00. John Deere 7000 planter parts, boxes, lids, row units, etc. 660-247-0613.

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Heritage hogs, ready now and all year long, to butchhalves and wholes, \$1.00 per pound, your locker or ours, 800-807-9612. delivered.

Hay/Feed/Seed

Large round bales straw, \$53.00. 3x3 square bales, \$43.00. Sorghum salvage, \$80.00 per ton. Delivery available James Port. 660-684-6930.

Excellent quality Alfalfa hay for sale, big square bales. Also grass hay available. Delivery available. 660-956-3420.

600 wire tied small square bales straw. Tight solid bales. Stored inside. Call 660-216-0618 Knox City area

Big square bales of wheat straw, \$60.00 per bale. Delivery Available. Available. 660-956-3420.

Hay/Feed/Seed

Wanted to buy hay. 641-895-3400.

MERCHANDISE

Miscellaneous

Downsizing, 120V heavy duty brake hammer with chisels and wheel cart. \$245.00, 217-257-4276, Quincy, make reasonable offer.

Downsizing, 450 Husqvarna chainsaw with 2 bars, 16' and 20" with chains. \$340.00, 217-257-4276, Ouincy, make reasonable offer.

Poulan Pro chainsaw. 18", 42cc, new in box, \$125.00. Kirksville. 660-342-4287.

Lawn & Garden

Poulan Pro Surefire gas pole saw. 12 foot, 28cc, new in box, \$125.00. Kirksville. 660-342-4287.

Wanted

00 1113

INVITATION TO BIDDERS

Kirksville R-III School District hereby solicits written, sealed

bids to be received (and subsequently publicly opened) for **HVAC Replacements 2024** no later than exactly 11:00

AM on Thursday February 8, 2024, at the Administration

Building, 1901 E Hamilton Street, Kirksville, Missouri

63501. Bidding documents will be available from BRS

Architects, LLP after January 17, 2024, by calling (314)

402-5183 X103. A Mandatory Pre-Bid Meeting is

scheduled for 10:00 AM on Tuesday, January 23, 2024, at

the Administration Building. The District reserves the right

to reject any and all bids for any reason; to accept any

bid which it deems to be in its best interest; and to reject

all bids and solicit new bids. The District also reserves

the right to waive any technicalities and negotiate any

particulars within any bid. Bidders must provide, with the

bid, a Bid Bond or cashier's check in the amount of 5% of

the proposed contract sum. The successful bidder will

be required to provide 100% Performance and Payment

Bonds and to comply with the Missouri Prevailing Wage

Law. All Bidders whose bids are in excess of \$5,000.00

must provide with their bid the Federal Work Authorization

Program ("FWAP") Affidavit of Compliance and Verification

Form with respect to employees working in connection

with the contracted services, affirming enrollment in a

FWAP. All workers on site must have completed OSHA

Ten-Hour Training, prior to working on site.

Looking for standing timber to harvest. William Plank, 12824 Highway D, Princeton, 660-748-4020. Mo 64673.

Have Clutter? Need room? Call the Kirksville Daily Express classifieds. We can help! 660-665-2808.

Pets & Supplies

Pure bred Cocker Spaniel pups, both parents on farm. Great temperament, used to children, Vet checked have shots and dewormed, wheeling, Mo, \$300.00. Not texts. 660-659-2625.

REAL ESTATE SALES

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DISCOUNT NEW MOBILE HOME-Prices start at \$64,900 delivered and set up. 573-499-9993. columbi adiscounthomes.com.

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effective by US CVM against hook & round worms, 3 year stability. At Orscheln Farm & Home

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Truman State University

is accepting applications for the following positions:

Office Assistant II Biology,

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Registered Behavior Technician

Greenwood Interprofessional **Autism Center**

TRIO Programs Assistant **Upward Bound**

To apply, visit employment.truman.edu or contact HR at hrstaff@truman.edu EOE/AA/ADA

PUBLIC NOTICE

Northeast Missouri Rural Telephone Company is a quality telecommunications service company that provides basic and enhanced services at reasonable rates within its service territory. Basic services are offered at the following rates.

Monthly Service Charge

Single Party Residence Service	\$ 18.00
Single Party Business Service	\$ 18.00
Federal Subscriber Line Charge – Single Line	\$ 6.50
Federal Subscriber Line Charge – Multi-Line Business	\$ 9.20

Touch Tone Service

Touch-tone service is provided on all lines as a part of the local service rate.

Available for low-income customers that qualify.

Toll Blocking Emergency 911 Services

Surcharges for 911 services are charged according to government assessments in counties that have initiated the service.

Low-income individuals eligible for Lifeline telephone assistance programs may be eligible for discounts from these basic local service charges through state specified telephone assistance plans.

Telephone service territory at the rates, terms and conditions specified in the Company's tariffs. If you have any questions regarding the Company's services, please call us at 660-874-4111 or visit our business office at 718 South West Street, Green City, Missouri.

Northeast Missouri Rural Telephone in 2023 paid a total of \$640,236.40 in property taxes to the counties that make up their service areas. Northeast Missouri Rural Telephone Company is an equal opportunity provider and employer.

Capital

Total

Adair County R-I School District For the Year Ended June 30, 2023

Summary Statement of Scope

Adair County R-I School District obtained an audit of the modified cash basis financial statements of the governmental activities and each major fund of the Adair County R-I School District, as of and for the year ended June 30, 2023, and the related notes to the financial statements, which collectively comprise the Adair County R-I School District's basic financial statements.

Auditor's Opinion

The auditor's opinion, dated December 28, 2023, on the modified cash basis financial statements for the year ended June 30, 2023, was as follows:

"In our opinion, the financial statements referred to above present fairly, in all material respects, the respective modified cash basis financial position of the governmental activities and each major fund of the Adair County R-I School District, as of June 30, 2023, and the respective changes in modified cash basis financial position for the year then ended in accordance with the modified cash basis of accounting described in Note 1."

Summary Statement of Fund Balances and Receipts & Disbursements By Fund Special Debt

	General Fund	Revenue Fund	Service Fund	Projects Fund	Governmental Funds
<u>RECEIPTS</u>					
Property taxes	\$ 782,493	\$ -	\$ 134,547	\$ -	\$ 917,040
Other local receipts	409,637	153,272	1,644	-	564,553
County receipts	1,205	146,299	13,705	-	161,209
State receipts	618,232	916,480	-	-	1,534,712
Federal receipts	<u>1,166,436</u>				1,166,436
Total receipts	<u>2,978,003</u>	<u> 1,216,051</u>	149,896		<u>4,343,950</u>
<u>DISBURSEMENTS</u>					
Instructional services	264,047	1,592,103	-	11,915	1,868,065
Support services	524,242	315,261	-	163,703	1,003,206
Food services	145,579	-	-	-	145,579
Building maintenance	333,195	-	-	-	333,195
Debt service principal & interest	-	-	148,725	10,057	158,782
Other	9,17 <u>9</u>	3,711	3,150		16,04 <u>0</u>
Total disbursements	<u>1,276,242</u>	<u> 1,911,075</u>	151,875	<u> 185,675</u>	<u>3,524,867</u>
Excess (deficiency) of receipts					
over (under) disbursements	1,701,761	(695,024)	(1,979)	(185,675)	819,083
Other financing sources (uses)					
Operating transfers (out)	(2,011,761)	-	-	-	(2,011,761)
in		<u>1,849,435</u>		162,326	<u>2,011,761</u>
Total Other Financing					
Sources (Uses)	<u>(2,011,761)</u>	<u>1,849,435</u>		<u>162,326</u>	
Change in Fund Balance	(310,000)	1,154,411	(1,979)	(23,349)	819,083
Fund Balance—Beginning	<u>1,826,399</u>		<u> 150,822</u>	<u>117,927</u>	<u>2,095,148</u>
Fund Balance—Ending	<u>\$ 1,516,399</u>	<u>\$ 1,154,411</u>	<u>\$ 148,843</u>	<u>\$ 94,578</u>	<u>\$ 2,914,231</u>

A complete financial report is available in the office of the superintendent for public inspection during regular business hours.

You are invited to submit comments in writing on this application filed with the Federal

Equity Bank, 345 N. Andover Road, Andover, Kansas 67002 intends to apply to the Federal Reserve Board for permission to merge with Bank of Kirksville, located at 214 South Franklin, Kirksville, Missouri 63501, and establish branches at the locations of Bank of Kirksville, Kirksville, Missouri. The Federal Reserve considers a number of factors in deciding whether to approve the application, including the record of performance of applicant banks in helping meet local credit needs.

NOTICE OF APPLICATION FOR BANK MERGER

Reserve Bank of Kansas City electronically to KCApplicationComments@kc.frb.org or in hard copy to: Jeff Imgarten, Assistant Vice President, Federal Reserve Bank of Kansas City, One Memorial Drive, Kansas City, Missouri 64198. The comment period will not end before January 16, 2024. The Board's procedures for processing applications may be found at 12 C.F.R. Part 262. Procedures for processing protested applications may be found at 12 C.F.R. 262.25. The Federal Reserve will consider your comments and any request for a public meeting or formal hearing on the application if they are received in writing by the Reserve Bank on or before the last day of the comment period.

IN THE 2ND JUDICIAL

Case Number: 24AR-PR00007 CIRCUIT COURT, ADAIR COUNTY, MISSOURI

(Date File Stamp)

Judge or Division:

In the Estate of WILLIAM MORRIS WADDINGTON, III, Deceased.

Notice to Creditors (Small Estate)

To All Persons Interested in the Estate of WILLIAM MORRIS WADDINGTON, III, Decedent.

On January 5, 2024 a small estate affidavit was filed by the distributees for the decedent under Section 473.097. RSMo. with the Probate Division of the Circuit Court of Adair County, Missouri.

All creditors of Decedent, who died on December 11, 2022, are notified that Section 473.444, RSMo, sets a limitation period that would bar claims one year after the death of Decedent. A creditor may request that this estate be opened for administration.

Receipt of this notice should not be construed by the recipient to indicate that the recipient may possibly have a beneficial interest in the estate. The nature and extent of any person's interest, if any, may possibly be determined from the affidavit on this estate filed in the Probate Division of the Circuit Court of Adair County, Missouri. Date of first publication is January 17, 2024

Martha Cole Adair County Circuit Clerk

PUBLICATION DATES: 1-17-2024, 1-24-2024

TRUSTEE'S SALE IN RE: Brian A. Jones, a single man Trustee's Sale:

For default in payment of debt and performance of obligation secured by Deed of Trust executed by Brian A. Jones, a single man dated July 15, 2020 and recorded in the Office of the Recorder of Deeds of Adair County, Missouri in Book 1096, Page 734 the undersigned Successor Trustee, at the request of the legal holder of said Note will on Tuesday, February 13, 2024 between the hours of 9:00 a.m. and 5:00 p.m., (at the specific time of 3:30 PM), at the South Front Door of the Court House, City of Kirksville, County of Adair, State of Missouri, sell at public vendue to the highest bidder for cash the following described real estate, described in said Deed of Trust, and situated in Adair County, State of

ALL OF LOT 2, IN BLOCK 3, IN PORTER'S HIGHLAND ADDITION TO THE TOWN, NOW CITY, OF KIRKSVILLE, ADAIR COUNTY, MISSOURI.

to satisfy said debt and cost.

MILLSAP & SINGER, P.C., Successor Trustee 612 Spirit Drive St. Louis, MO 63005 (636) 537-0110 File No: 216675.021324.438377 FC

NOTICE

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. §1692c(b), no information concerning the collection of this debt may be given without the prior consent of the consumer given directly to the debt collector or the express permission of a court of competent jurisdiction. The debt collector is attempting to collect a debt and any information obtained will be used for that

PUBLISH ON: January 17, 2024 01/24/2024, 01/31/2024, 02/07/2024

TRUSTEE'S SALE

IN RE: Sara Heimer, and John E. Heimer, wife and husband Trustee's Sale:

For default in payment of debt and performance of obligation secured by Deed of Trust executed by Sara Heimer, and John E. Heimer, wife and husband dated July 19, 2012 and recorded in the Office of the Recorder of Deeds of Adair County, Missouri in Book 971, Page 62 the undersigned Successor Trustee, at the request of the legal holder of said Note will on Tuesday, February 13, 2024 between the hours of 9:00 a.m. and 5:00 p.m., (at the specific time of 3:30 PM), at the South Front Door of the Court House, City of Kirksville, County of Adair, State of Missouri, sell at public vendue to the highest bidder for cash the following described real estate, described in said Deed of Trust, and situated in Adair County, State of Missouri, to wit:

COMMENCING AT THE SOUTHWEST CORNER OF THE SW1/4 SE1/4 SW1/4 OF SECTION 36, TOWNSHIP 64 NORTH, RANGE 16 WEST., NORTH 89 DE-GREES 15 MINUTES 30 SECONDS EAST A DISTANCE OF 608.0 FEET; THENCE ALONG THE CENTERLINE OF COUNTY ROAD THE FOLLOWING COURSES AND DISTANCES, NORTH 17 DEGREES 53 MINUTES 22 SECONDS WEST A DISTANCE OF 58.77 FEET; THENCE NORTH 34 DEGREES 48 MINUTES 30 SECONDS WEST. A DISTANCE OF 141.92 FEET TO THE POINT OF BEGIN-NING, THENCE NORTH 34 DEGREES 48 MINUTES 30 SECONDS WEST. A DISTANCE OF 38.11 FEET; THENCE NORTH 16 DEGREES 24 MINUTES WEST. A DISTANCE OF 108.43 FEET; THENCE NORTH 13 DEGREES 43 MINUTES 10 SECONDS EAST A DISTANCE OF 112.29 FEET; THENCE LEAVING SAID CEN-TERLINE NORTH 84 DEGREES 53 MINUTES WEST A DISTANCE OF 180.66 FEET; THENCE SOUTH 5 DEGREES 55 MINUTES 20 SECONDS WEST A DIS-TANCE OF 267.13 FEET; THENCE NORTH 88 DEGREES 43 MINUTES 10 SEC-ONDS EAST A DISTANCE OF 233.30 FEET TO THE POINT OF BEGINNING, SITUATED IN THE SE 1/4 SW 1/4 OF SAID SECTION 36.

to satisfy said debt and cost.

MILLSAP & SINGER, P.C., Successor Trustee 612 Spirit Drive St. Louis, MO 63005 (636) 537-0110 File No: 218163.021324.437747 FC

NOTICE

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. §1692c(b), no information concerning the collection of this debt may be given without the prior consent of the consumer given directly to the debt collector or the express permission of a court of competent jurisdiction. The debt collector is attempting to collect a debt and any information obtained will be used for that

PUBLISH ON: January 17, 2024 01/24/2024, 01/31/2024, 02/07/2024

SERVICES

Lawn/Garden/Landscape

New 3 pt. tillers, heavy duty, gear driven, 7' to 12' starting at \$4,150. 660-874-4455.

Have Clutter? Need room? Call the Kirksville Daily help! 660-665-2808.

Home Services

Scott Huskey's Insulated Skirting Systems-keeps your home cooler in the summer-warmer in the winter-saves on utilities and looks great! Since 1972, 573-696-3468.

BE AN EARLY BIRD! Place your ads before Tuesday and

IN THE 2ND JUDICIAL CIRCUIT COURT OF ADAIR COUNTY, MISSOURI PROBATE DIVISION

In the Estate of BARBARA E. HILL, a Disabled Person.

Estate No. 23AR-PR00104

Notice of Appointment of Conservator

To All Persons Interested in the Estate of BARBARA E. HILL, a Disabled

Person:

On December 18, 2023, TERESA J. BANKI was appointed conservator of the estate of BARABARA E. HILL, a person adjudicated disabled under the laws of Missouri by the Probate Division of the Circuit Court of Adair County, Missouri.

The business address of the conservator is respectively: 511 W. Illinois, Kirksville, Missouri, 63501

All creditors of said disabled person are notified to file their claims in

the Probate Division of the Circuit Court. Publication Dates: 12-27-2023, 1-3-2024, 1-10-2024, 1-17-2024

Martha Cole Adair County Circuit Clerk

TRANSPORTATION

Accessories-Transportation

New and used parts, "cars, pickups, semi's, farm/construction equipment" motors/trannys, body parts, paint matching your code, warrantied and delivered. 800-807-9612.

Trucks, 4x4's, SUV's

2004 Ford F150 extended cab, red with matching topper, little rust, will text photo, good interior, \$5,200.00, 641-895-7982.

2006 Dodge Hemi HD 2500 V8, gas, new shocks all around, 4 wheel drive, everything works, good \$9,500.00, truck, 641-895-7982.

Call about our classified ad specials. **660-665-2808.**

Need something? Let us help you. You can advertise that you are looking for a special item. Call 660-665-2808 for more information.

Looking to accelerate your career? Now's your opportunity!

The Kirksville Daily Express, a respected community newspaper, has a full time opening in our Advertising Department for account executive. Whether you are seek-

ing a career change or new to the workforce, come join an established company. This position is responsible for connecting businesses with their audiences in a variety of print and

online products, including but not limited to newspapers, magazines and websites. Some sales experience is desired, but we are seeking a person with personality, drive and ambition. We are always willing to train a person who shows the desire and willingness to grow and learn

Responsibilities:

- Grow advertising revenue with new and
- existing clients
- Create and deliver sales presentations to
- Answer customer inquiries in a timely and professional manner

Qualifications:

- Previous experience in sales, advertisement,
- or other related field helpful
- Strong negotiation skills • Ability to build rapport with clients
- Effective verbal and written communication
- Ability to thrive in fast-paced environment
- with multiple deadlines Must have valid drivers license and insurance

We offer a competitive salary with an uncapped commission plan. First year account executive can expect to earn over \$40,000, Full-time/

Valid drivers license & insurance required Job Type: Full-time

Salary: Base Plus Commission

- **Benefits:**
- 401(k)
- Cell phone reimbursement
- Dental insurance
- Disability insurance
- Health insurance
- Mileage reimbursement
- Paid time off
- Vision insurance
- **Experience level:** • No experience needed
- Schedule:
- Monday to Friday 8 hour day shift
- Travel requirement:
- Some travel

Ability to commute/relocate:

Kirksville, MO: Reliably commute or planning to relocate before starting work (Required)

License/Certification:

Driver's License (Required)

Work Location: In person

Send resume to jhart@whig.com



Virtual reality simulations can help autistic people complete real-world tasks, MU study finds

By University of Missouri

COLUMBIA — Many people associate virtual reality headsets with interactive video games, but a researcher at the University of Missouri is using them for something far more important — helping autistic people navigate public transportation on college campuses.

MU researcher Noah Glaser - in collaboration with Matthew Schmidt, an associate professor at the University of Georgia, and others — partnered with a program at the University of Cincinnati on a pair of studies geared toward providing autistic people virtual training opportunities to practice using a public bus to get around town.

Using artificial intelligence (AI), the research team found that autistic people often experience their environment differently than their neurotypical peers, and that their attention and gaze patterns are often diverted due to sensory processing challenges in overstimulating environments. These findings pave the way for future research exploring how virtual reality simulations can help autistic individuals increase their self-confidence and community engagement by providing a safe space to practice various tasks.

"There is an abundance of autism-related research in the medical industry, but we want to show how interventions beyond medicine can help autistic people feel more comfortable in society," said Glaser, an assistant professor in the MU College of Education and Human Development.

Practice makes perfect

One study examined how a group of young autistic adults navigated an on-campus bus system.

To gather data, Glaser and team created a virtual reality simulation that's an exact replica of a university's campus and shuttle system. They used an AI technique known as "computer vision" — or the ability for computers to detect objects and make informed decisions to analyze how participants wearing the virtual reality headset attended to physical objects along their virtual journey across campus to the bus stop. They then compared that data to neurotypical users to see what differences might exist.

"We know that neurodiverse individuals often have sensory processing challenges, and certain environments — like going to a bus stop on a busy college campus — can be overstimulating and anxiety-inducing,' Glaser said. "If we can identify which objects were most distracting to neurodiverse learners along their journey and what objects were being attended to the most, we can manipulate or reduce that extra stimuli in a safe, controlled environment before participants attempt that activity in the real world."

Part of the virtual simulation involved an instructor modeling the skills the participants would eventually perform in real life on a guided tour to the virtual bus stop.



MU's Noah Glaser

"This project helps us better understand the nature of human-computer interaction from a group of users who typically are left out of those conversations," Glaser said. "We need more research with neurodiverse individuals to better understand how they interact with virtual reality learning environments so we can adapt the interventions to become more accessible."

Applications going forward

Glaser said this research is just the tip of the iceberg into examining how AI and virtual reality simulators can help special education professionals, intervention specialists and instructional designers support neurodiverse individuals.

"Going forward, we can use these tools to help provide training opportunities for neurodiverse learners who are interested in cybersecurity and science, technology, engineering and math (STEM)-related fields," Glaser said. "These are industries that have historically been severely underrepresented in people with disabilities and neurodiverse individuals."

Glaser said he hopes his efforts can help translate the skills neurodiverse learners adapt virtually into the real world, which will improve both their own self-confidence and their contributions to society at-large.

"This work can spark more opportunities for promoting inclusive learning environments and better understanding of how neurodiverse individuals use and interact with technology," Glaser said. 'When learning interventions are being developed, it is important we include neurodiverse individuals as part of the design process."

"Through the lens of artificial intelligence: A novel study of spherical video-based virtual reality usage in autism and neurotypical participants," and "Programming for generalization: Confronting known challenges in the design of virtual reality interventions for autistic users" were published in Computers & Education: X Reality.

Editor's note: Matthew Schmidt was the primary investigator on the research project.

Weekly Horoscopes

ARIES - Mar 21/Apr 20

Aries, if resolutions seem slow-going, give it time to get into a groove and become part of your routine. You can handle anything when you put your mind to it.

TAURUS Apr 21/May 21

Taurus, there is a lot going on in your life at the moment, and you may need to accept that you can't do it all alone. Start farming out tasks to people you trust.

GEMINI – May 22/Jun 21 How will you know if you can do something unless you give it a try, Gemini? Be adventurous this week, whether it is enjoying a new ethnic cuisine or try-

ing a new activity. CANCER – Jun 22/Jul 22 Cancer, you may have a few plans on the horizon but aren't sure how to get started. Just like walking, take it one step at a time and soon you'll find that you're on your way.

LEO - Jul 23/Aug 23



Leo, you may think you're being humble and putting others' needs before your own this week. But if you look a little deeper, you may discover you have room to improve.

VIRGO – Aug 24/Sept 22 Virgo, if you commit to something, follow through this week. Others are counting on you for your portion of the work and letting them down now is not an option.

LIBRA – Sept 23/Oct 23 Health issues may have you taking inventory of your habits, Libra. It's a new year and the perfect time to start to make changes for the better. Ask for help if you need guidance.

SCORPIO Oct 24/Nov 2

You're not one for being bashful about things, Scorpio. But something could occur this week that leaves you a little red in the face and perhaps wanting to hide in the shadows.

SAGITTARIUS Nov 23/Dec 21

Someone new in your life is causing all types of changes to your schedule, Sagittarius. You're not quite sure if you enjoy it or not right now. Stay the course and wait to see.

CAPRICORN Dec 22/Jan 20

Capricorn, you will not make inroads with family or friends if you continue to play the victim. You must own up to any mistakes you've made and start making amends this week.

AQUARIUS Jan 21/Feb 18

Sometimes the best defense is remaining quiet and letting others dig themselves into a deeper hole, Aquarius. Others will see your positive efforts for and recharge right now. all they are.

Feb 19/Mar 20 Think about planning a getaway in the next month or so, Pisces. It doesn't have to be a grand voy-

age. Even a weekend re-

treat can be a way to rest

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JANUARY 14 LL Cool J, Rapper (56) **JANUARY 15**

(28)**JANUARY 16** Kate Moss, Model (50)

Dove Cameron, Actress

JANUARY 17 Jake Paul, YouTube Star (27)

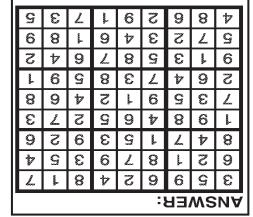
JANUARY 18 Karan Brar, Reality Star

JANUARY 19 Dolly Parton, Singer (78) **JANUARY 20**

Skeet Ulrich, Actor (54)

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Try these energy savings resolutions in 2024

By Ameren Missouri

ST. LOUIS — January is the perfect time to start smart new habits and refresh old ones. If one of your resolutions is to save money this year, some simple technology upgrades, minor maintenance and a couple small shifts in lifestyle can go a long way in reducing home energy costs year-round.

With National Cut Your Energy Costs Day being on Jan. 10, Ameren Missouri has put together a list of six energy savings resolutions for homeowners or renters to implement this year:

 Turn down your water heater - A water heater set to 140 degrees Fahrenheit or higher can waste \$36-\$61 each year. Turn yours down to 120 degrees to save energy without giving up warm showers in the cold winter months.



• Seal air leaks - It's never too late to caulk around windows and doors to prevent heat from escaping your home. It can even help you save up to 10 percent on your energy bill.

• Use advanced power strips Ideal for TV and PC setups, these power strips reduce the amount of standby power electronics waste, which can save the average household \$100 per year.

• Switch to LED lighting - The average home spends 11 percent of its energy budget just on lighting, but switching to ENERGY STAR certified LED specialty light bulbs uses 80 percent less energy and lasts up to 25 times longer than conventional incandescent lighting. Ameren Missouri offers discounts to its residential electric customers on LED specialty light bulbs through participating retailers.

• Lower the thermostat – By lowering the temperature to 68 degrees Fahrenheit for at least eight hours a day, it's possible to save as much as 10 percent on heating bills. Layer up with sweaters or sweatshirts to stay cozy on chilly days.

• Consider energy-efficient home upgrades - Ameren Missouri customers may qualify for a free home energy assessment to identify where energy is being lost and help them find cost-effective solutions.

"Customers tend to use more energy in the winter since we're usually spending more time inside," said Tony Lozano, director of energy solutions at Ameren Missouri. "Making a few small changes can add up to hundreds of dollars a year in savings and build lifelong good energy usage habits. We also recommend customers track their energy usage through their online dashboard and consider enrolling in usage alerts to help them track their costs throughout the month."

Additional savings on smart thermostats, advanced power strips, LED bulbs and more can be found at Ameren.com/Missouri. Ameren Missouri customers who own or purchase a qualifying smart thermostat can also earn a \$50 sign-up bonus and receive \$25 annually for enrolling in the Peak Time Savings Program.

Ameren Missouri is committed to helping customers save and stay warm during the winter months, especially during challenging times. Qualifying homeowners and renters can receive assistance in the form of weatherization improvements to their homes, such as caulking, weather stripping and more, through local agencies and contractors. For more information, visit Ameren-Missouri.com/EnergyAssistance.

THIS WEEK'S FEATURED CHURCH Church of Jesus Christ of Latter Day Saints





www.c21kirksville.com



TELEPHONES - SYSTEMS - SALES & SERVICE DATE & FIBER CABLING W INKLER **C** OMMUNICATION S ERVICES RON WINKLER AVAYA 2810 N. Baltimore www.wcs1.com P.O. Box 7507 660-665-1144

FAX 660-665-0776

Kirksville, MO 63501

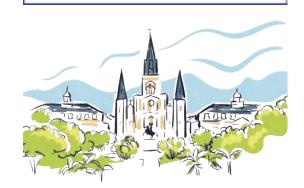


NEMO CPA's L.L.C. Laurie Love, CPA

202 East Sanders Street P.O. Box 25 La Plata, MO 63549 Phone: 660-332-7904 Fax: 660-332-4811 email: LLoveCPA62@gmail.com



1506 Crown Drive Kirksville, MO 63501 Phone (660) 627-4493 Ext. 412



KIRKSVILLE AREA URCH DIRECTORY

This Directory is made possible by these businesses who encourage all of us to attend worship services. The Church Listings below are provided at NO CHARGE to our area churches in Kirksville. If your Church is not listed, please call us at 660-665-2808.

Faith Lutheran Church 1820 S. Baltimore, Baltimore &

LaHarpe **7:30 a.m.** The Lutheran Hour KLTE **8:15 a.m.** Worship Service Peace,

9:00 a.m. Adult Bible Study Faith 9:00 a.m. Sunday School Faith 10:15 a.m. Worship Service Faith 10:00 p.m. Issues, Etc. 107.9 KLTE www.faithkirksville.org

Hamilton Street Baptist Church 802 W. Hamilton 9:00 a.m. Sunday School/Small

10:15 a.m. Worship Service www.hamiltonstreet.org

Rehoboth Baptist Church 100 Pfeiffer Rd.

Curtis Ferguson, Pastor 9:45 a.m. Sunday School 10:30 a.m. Fellowship 11:00 a.m. Worship Service rbchurch.net • 660-665-7577 First Presbyterian Church (USA)

201 S. High at McPherson Communion 1st Sunday 9:30 a.m. Morning Worship. 10:30 a.m. Fellowship Time. 11:00 a.m. Church School/all ages 5:30 p.m. College Fellowship

Kirksville Church of Christ 110 Pfeiffer Ave. Elders/Pastors: Dan Green, Dean Hansen

10:00 a.m. Bible Study 11 a.m. Worship weas 6:30p.m. www.kvcoc.org **First Baptist Church**

207 E. Washington Jason Marlin, Pastor 9:30 a.m. Bible Study for all ages 10:45 a.m. Worship & Kidz Worship firstbaptistkirksville.com

Faith United Methodist Church 1602 E. Illinois Pastor: Joshua Ritzheimer

9:45 a.m. Sunday School 10:45 a.m. Worship **Southside Baptist Church**

1010 W. Burton Pastor: Aaron Rodgerson 10:00 a.m. Sunday School 11:00 a.m. Preaching 6.30 p.m. Evening Service

First Church of God 2900 S. Halliburton Chad Earhart 9:00 a.m. Sunday School

10:30 a.m. Morning Worship www.kirksvillechurchofgod.com **Central Church of Christ** 2010 S. Halliburton

9:30 a.m. Sunday School 10:30 am. Worship Service **Faith Baptist Church**

502 N. Florence Pastor: Brandon Rhea 10:00 a.m. Bible Study 11:00 a.m. Morning Worship

12:30 p.m. Noon Lunch

The Crossing Church 810 E. Shepherd Ave. 9 a.m. & 10:45 a.m. Sunday Service www.thecrossing.net

Grace Community Bible Church 1501 E. Northtown Rd. Affiliated with the Evangelical Free

Benjamin Jorden, Pastor **Church of America**

9:30 a.m. Worship 11:00 a.m. Sunday School for all ages 12 p.m., 5 p.m., 6 p.m. Small groups KirksvilleGCBC@gmail.com www.KirksvilleGCBC.com • **First United Methodist Church**

300 E. Washington Pastors - Rev. Scott Beard &

Rev. Jennifer Finley 9:30 a.m. Worship In Person & Online

Pure Air Baptist Church 9:45 a.m. Sunday School 11:00 a.m. Morning Worship TBA Bible Study

Church of God of Prophecy 807 Benton Way Pastor: Rob Linhart 10:00 a.m. Sunday School 6:30 p.m. Evening Service

Fellowship Baptist Church 1701 S. Jamison St., Kirksville Larry Gibson, Pastor 9:00 a.m. Sunday Worship 10:30 a.m. Sunday Bible Study fbck@sbcglobal.net www.fellowshipbc.org • 660-665-0633

Yarrow Methodist Church Highway N., Yarrow Guest Pastors 10:00 a.m. Sunday School 11:00 a.m. Worship Service

Mary Immaculate Catholic Church Weekday Masses: Tuesday: 5:30 p.m. Wed.& Friday: 7 a.m. Thursday: 8

Weekend Masses: Saturday: 5:30 . Sunday: 9 a.m. & 11 a.m. **Catholic Newman Center**

11:00 a.m. and 7:00 p.m. Sunday 7:00 a.m. Monday 9:00 p.m. Wednesday **Union Temple Church**

Southwest of Kirksville Alan Coonfield, Pastor Every Sunday Evening 5-5:30 p.m. Bible Study 5:30-6:30 p.m. Church Service Sugar Creek Baptist Church 5 mi South on Hwy 3 Pastor, Virgil K. Jones

10:00 a.m. Worship Service

Hazel Creek Primitive Baptist Church 2 mi. W. Greentop on Rt. K then 1/2 mi. S. Elder Dillion Thurman, minister

Services on 1st, 3rd & 5th Sundays 10:30 a.m. Song Service 11:00 a.m. Preaching **Meadow Brook Christian Church**

602 E. Washington 9:30 a.m. Sunday School 10:30 Morning Worship St. Rose of Lima Catholic Church Novinger, Mo. 7:30 a.m. Sunday

Life Church of Kirksville 112 W. Potter Jeremy Pingle, Pastor 10:00 a.m. Sunday Morning Service **Community Presbyterian Church** 210 N. Owensby, LaPlata, Mo

Pastor Rev Jeff Carter 9:30 a.m. Sunday School 10:40 a.m. Worship Service

Cornerstone Church 1702 N Elson St Kirksville, MO Jeremy Broach, Senior Pastor Chad Stearman, Associate Pastor Sunday 10 am - Morning Worship Wednesday 6:30 pm-8 pm Family Ministry Night

www.cornerstonechurch.faith **Countryside Christian Church** S. Boundary St. Rt. H, Troy Mills Preacher, Harold R. Engel 8:30 - 9:45 a.m. Blended Worship 10:00 - 10:45 a.m. Sunday School

11:00 a.m. - 12:15 p.m. Worship 6:00 p.m. High School-College Youth meet www.countrysidekv.com **Gifford Christian Church**

Minister: Darren Potter 9:30 a.m. Sunday School 10:30 a.m. Morning Worship **Lake Road Chapel**

22963 Potter Trail Pastors: Andrew Turner, Andy Thompson, David Kelly 10:00 a.m. Sunday Morning Worship www.lakeroadchapel.org

Church of God (Holiness) 1601 N. Elson Pastor Ralph E. Wheeler, Jr. 9:45 a.m. Sunday School 10:45 a.m. Morning Worship 6:00 p.m. Evening Worship

New Hope Evangelical Church 620 Steer Creek Way 9:30 - 10:20 a.m. Bible Class 10:20 - 10:30 a.m. Fellowship time 10:30 a.m. Praise & Worship 7:00 p.m. Evening Worship Darrell Draper, Pastor 660-341-0000

Jim Maxey, Calling Pastor 660-665-6949 or 660-216-4183

First Assembly of God

2401 S. High St., Kirksville Shawn Meintz, Pastor Sundays: 9:30 a.m. Sunday School 10:40 a.m. Worship Wednesdays:

6:30 p.m. Family Night www.kirksvillefirst.org info@kirksvillefirst.org First Liberty Full Gospel 1302 E. Filmore

Rev. Fred Baker, Pastor 10:00 a.m. Sunday School 11:00 a.m. Morning Worship 6:00 p.m. Evening Worship **Novinger Baptist Church**

Highway 6 & 149 Rev. Darrell Crooks, Pastor 10:00 a.m. Sunday School 11:00 a.m. Morning Worship 7:00 p.m. Evening Worship **First Christian Church**

(Disciples of Christ)

High & Harrison 9:30 a.m. Worship Service

The Church of Jesus Christ of Latter Day Saints 2000 E. Normal

Kirksville First Ward Bishop John Grider 11 a.m. - 2 p.m. Sunday Services Kirksville Second Ward Bishop Isaac

9 a.m. - 12:00 p.m. Sunday Services **Trinity Episcopal Church** 124 N. Mulanix Rev. Amy L. Fallon, Pastor 10:00 a.m. Holy Eucharist

Seventh Day Adventist Church 1301 N. Elson Curtis Denney, Pastor 9:30 a.m. Sabbath School (Saturday) 11:00 a.m. Worship Service (Saturday)

Fellowship Dinner on 4th Saturday. **United Methodist Church** Brashear Charge, Brashear Lay Minister, Nancy Douglas 10:00 a.m. Sunday School 11:00 a.m. Worship

7:00 p.m. Singspiration - 1st Sunday **Willow Bend Association East Center Community Church** 10:00 a.m. Sunday School

10:45 a.m. Worship **Illinois Bend Community Church** Highway 3 Pastor Terry Hunsaker

8:30 a.m. Worship 9:30 a.m. Bible Study 660-349-0052 Baring Community Church 11:00 a.m. Worship.

Downing Christian Ch 430 E. Prime Street Minister Walker Franke Associate Minister Larry Smith 9:30 am Sunday School 10:30 am Worship Service 6:00 pm Evening Service 660-379-2329

Willow Bend Church Find Us on Facebook for Event Schedule

New Hope Methodist Reformed Church - Millard 9:15 a.m. Bible Stud 10:00 a.m. Worship

Greentop Community Church Highway K, Greentop, Mo. Pastor: Lynae McFarland

10:30 a.m. Worship Service **Trinity United** Fellowship Church Pastor: Josh Botello

9:00 a.m. Worship 10:00 a.m. Sunday School **Lancaster United Methodist Church**

Pastor: Joshua Ritzheimer 9:00 a.m. Worship 10:00 a.m. Sunday School Shekinah Mennonite Church

15981 Blueberry Way, Kirksville John Mark Miller, Pastor Roger Berry 9:30 a.m. Bible Study 10:30 a.m. Worship 6:00 p.m. 2nd Sunday - hymn sing 6:00 p.m. 4th Sunday of month Topic

Bethel Community Church 12 miles NE of Kirksville on Rt. T Marvin Cross, Pastor 9:30 a.m. Sunday School 10:30 a.m. Morning Worship 6:00 p.m. Kid's Klub/Youth Fellowship 7:00 p.m. Evening Worship.

Lancaster Baptist Church Southeast Side of Square, Lancaster Lonnie Johnson, Pastor 9:45 a.m. Sunday School 10:45 a.m. Morning Worship 6:00 p.m. Evening Worship

Greencastle. Mo. Rev. Earl Baker, Pastor 10:30 a.m. Morning Worship **5:00 p.m.** Evening Service Winigan Christian Church Ryan Crist, Pastor 9:30 a.m. Sunday School 10:30 a.m. Worship Service First Baptist Church

Grace Bible

Baptist Church

Winigan, Winigan, Mo. Sam Burkholder, Pastor 9:30 a.m. Sunday School 10:30 a.m. Morning Worship 6:00 p.m. Evening Worship

Fairview Baptist Church 53610 Knob Hill Road, Pollock Sam Burkholder, Pastor 10:00 a.m. Sunday School 11:00 a.m. Worship Service 6:00 p.m. Sunday Evening Bible Missionary Church

508 S. Main St. Bro. Glenn Kiger, Pastor 10:00 a.m. Sunday School 11:00 a.m. Worship Service 7:00 p.m. Evening Worship

LaPlata Christian Church Scott McNay, Pastor 9:00 a.m. Sunday School 10:00 a.m. Worship Service **Queen City Christian Church** Queen City, Mo.

Justin Briney, Pastor 9:30 a.m. Bible School 10:30 a.m. Communion/worship Hour **United Pentecostal Church**

1502 E. Northtown Road David E. Brown, Pastor 10:00 a.m. Sunday School 6:30 p.m. Sunday Evening Worship

Brashear Community Bible Church Donny Powell, Pastor 9:30 a.m. Sunday School 10:45 a.m. Morning Worship 660-323-5305

First Baptist Church of LaPlata B. J. McAlpin, Pastor 9:00 am "Donut Hole" Fellowship 9:00 am Sunday School 10:00 am Worship Service 6:00 pm Evening Worship

6:00 pm Monday – AWANA http://laplatafbc.org/ Email: laplatafbc@gmail.com **Hazel Creek Free Will Baptist Church** 8 mi. N.W. of Kirksville on Rt. B.

Tim Hodges, Pastor 10:00 a.m. Sunday School 11:00 a.m. Morning worship 7:00 p.m. Evening Worship **Worthington Baptist Church** Worthington, Mo. Roger Busnell, Pastor

9.30 a.m. Sunday School 10:30 a.m. Morning worship 7:00 p.m. Evening Worship **The Salvation Army** 1004 W. Gardner

Brian and Michelle Bump, Pastors 9:30 a.m. Sunday School 10:45 a.m. Worship Service 5:00 p.m. Evening Worship **Queen City First Baptist Church**

6th at Washington St. Sam Burkholder, Pastor 9:30 a.m. Sunday School 10:30 a.m. Morning Worship 7:00 p.m. Evening Worship St. John's Lutheran Church ELCA

North of Queen City go East on Rt. O Pastor, Bill lammatteo-Code 10:00 a.m. Sunday School 11:00 a.m. Worship Service **Hurdland First Baptist Church** Robert Shobe, Pastor

9:30 a.m. Sunday School 10:30 a.m. Worship Service 7:30 p.m. Sun. & Weds. Worship and/or Bible Study **Colony Baptist Church**

9:30 a.m. Sunday School 10:30 a.m. 4th Sunday worship Cornerstone **Community Church**

Meeting at the Fohn Family Center 404N. Elson 9:30 a.m. Sunday Small Group Bible Study designed for adults **Locust Hill**

Community Church Rt. I, Novelty, Mo William Gaines, Pastor 9:30 a.m. Sunday School 10:30 a.m. Morning Worship **New Harmony**

Free Will Baptist 3 miles West of Greentop on Rt. K 10:00 a.m. Sunday School 10:45 a.m. Morning Worship **Word Alive!**

Family Church Hwy 63, Greentop Pastors: Robert Gange 10:00 a.m. Sunday Worship, Adult service, Childrens Church

Schuyler County Church of Faith Highway 136 East, Lancaster

Sonny Smyser, Pastor 8 a.m. & 10 a.m. Sunday Services 11:00 a.m. Adult Sunday Class 3rd Sunday Fellowship dinner 12 noon **Gospel Outreach Church** 209 W. Washington Norman Keller, Pastor Gonda Manning, Co pastor

7:00 p.m. Thursday Services 7:00 p.m. Sunday Services Victory Baptist Church Of Greentop -Meets at the Willmathsville

Community Church on Hwy A.
Pastor Joshua Wesley 10:30 a.m. Worship

Union Temple Pastor Alan Coonfield Sunday evening worship 5:00 pm Bible Study 5:30 pm Worship