

KIRKSVILLEDAILYEXPRESS.COM

AUGUST 9, 2023 **\$2**

Patrick J. Avila named CEO of Northeast Regional Medical Center

WEDNESDAY

By Northeast Regional Medical Center

Northeast Regional Medical Center has named Missouri native Patrick J. Avila, MBA, FACHE as chief executive officer, effective Sept. 11. Avila brings more than 25 years of healthcare operations experience.

"We are thrilled to welcome Patrick to Northeast Regional Medical Center as CEO," said Dr. Charles Zeman, Northeast Regional Medical Center Board of Trustees chairman. "Patrick's diverse operational experience and commitment to delivering high-quality care will be an asset to NRMC."

Most recently, Avila has served as president and chief executive officer at Merrick Medical Center in Central City, Neb. During his tenure there, the hospital experienced significant growth and moved into a newly constructed multi-million dollar critical access facility. Avila's focus at Merrick Medical Center, which is part of Bryan Health System, has been on rebuilding community relationships, re-establishing engagement with the medical staff and employees, and increasing market share by adding new and expanding existing service lines.

Prior to joining Merrick,

Avila held operations and compliance roles at three Missouri hospitals. As chief operating officer for Belton Regional Medical Center in Belton, Mo., he initiated the hospital's robotic surgery program, led physician recruitment efforts, enhanced employee and leader engagement. Avila has also served as vice president of operations and ethics and compliance officer at Research Medical Center in Kansas City, a 590-bed multi-campus facility.

He began his tenure at HCA as associate administrator and ethics and compliance officer at Lee's Summit Medical Center in Lee's Summit, Mo. Avila began his healthcare career at Liberty Hospital in Liberty, Mo. as a physical therapist, ultimately serving as director of Rehabilitation Services and Occupational Medicine and later interim assistant administrator.

A Fellow of the American College of Healthcare Executives, Avila holds a master's degree in business administration from University of Missouri-Kansas City and a master's degree in physical therapy from University of Kansas Medical Center in Kansas City, Kan. He earned a bachelor's degree in life sciences from Kansas State University in Manhattan, Kan.

About Northeast Regional Medical Center

NRMC is a 93-bed facility with a Level III trauma center, Level III STEMI center, Level III stroke center, and ACC Certified Chest Pain Center. With over 500 healthcare professionals, NRMC is a teaching hospital associated with the founding school of osteopathic medicine. NRMC has a 4-Star CMS Quality Star rating. To help the community live healthier, NRMC last year launched a free e-newsletter with a monthly dose of health and wellness inspiration sent directly to your inbox. Sign up at nermc.com/ enewsletter-sign-up. North-



Patrick J. Avila

east Regional Medical Center is directly or indirectly owned by a partnership that proudly includes physician owners, including certain members of the hospital's medical staff.



During the 2022 Missouri State Fair, a family has their photo made beside the Children's Barnyard. This year's MSF opens Thursday, Aug. 10, and wraps up on Sunday, Aug. 20. FILE PHOTO BY FAITH BEMISS | DEMOCRAT

'Where Traditions Grow': Missouri State Fair to open Aug. 10

Final summer city block party held at Brashear Park

By Marty Bachman Daily Express

The Kirksville Parks and Recreation Department held the last of their four summer block parties on Sunday, Aug. 6 at Brashear Park on East Normal Avenue. Families attending the event were treated to free hot dogs, lemonade, cotton candy, snow cones, water fights, a suds machine, a fire truck and more.







By Faith Bemiss

fbemiss@sedaliademocrat.com

The Missouri State Fair will open Aug. 10 in Sedalia with new and familiar traditions this year.

The 2023 theme is "Where Traditions Grow," in keeping with familiar traditions; this year, the Fair will see new projects transforming the landscape and the essential agbased customs in full swing.

MSF Director Mark Wolfe told the Sedalia Democrat on Wednesday, July 26, that they would continue to showcase agriculture and youth in ag at the Fair.

"I'd like folks to know that you are going to get to come to the fair and see those things that are important to what we do," he noted. "Which is in support of agriculture. We are very focused here at the Missouri State Fair on Missouri agriculture, with our emphasis being on the youth, 4-H, and FFA.

"So, with that in mind, we also know that we need to introduce new things," he continued. "Change the schedule up, and that's pretty easy to do with things like entertainment and things along those lines. But when it comes to the actual livestock, it's more geared around new breeds."

Wolfe said fairgoers will see new species and classes in the smaller breeds, such as chickens and rabbits. With the larger livestock, there will be new contests and competitions with some more unique breeds. "On the grounds in general, on our side of working the fair, we spend all year working on the facilities. We certainly have a lot of really exciting things coming up over the next couple of years," he noted. "For this year's Fair, I think the biggest change down in cattle-country is you'll see is a complete renovation of the Shorthorn Barn, which was probably our most dilapidated building on the facility.

"It had been needing a little TLC for a long time," he continued. "So, the (Missouri) General Assembly funded that project a couple of years ago, and it was completed over the winter."

The MSF also purchased 201 acres to the west of the fairgrounds, and the groundbreaking for the 600 new campsites will be hosted sometime after this year's Fair.

"Once that's completed in the next couple years, that will probably put the fair close to 2,400 full hook-up campsites," Wolfe said. "Which is fantastic."

A \$55 million arena will break ground in the fall. The project will take around two years to complete. The new arena will be constructed at the existing State Fair Arena site, which is currently an open-air facility. New restrooms on the fairgrounds are being built, and a complete renovation of the Grandstand is planned for the next two years.





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OBITUARIES INSIDE

No obituaries reported.

Community

Executive director of Mobility Worldwide MO-Columbia speaks to Rotary Club of Kirksville

By Rotary Club of Kirksville

At the Aug. 2 Rotary Club of Kirksville meeting, Gary Moreau, executive director of Mobility Worldwide MO - Columbia, spoke about Mobility Worldwide. The organization provides hand-powered mobility carts to individuals in developing countries who are unable to walk. The carts are built by volunteers at Mobility Worldwide's Columbia facility then shipped to many countries around the world. The carts are provided to needy individuals at no charge, with the costs being covered by donated materials and cart



sponsorships. More information on this project is available at giftofmobility. org. Pictured from left are

Club President Melissa Stuart, Gary Moreau and Rotarian Jeff Romine who introduced the speaker.

Anastasia Tiedemann speaks to Kirksville Kiwanis Club

By Kirksville Kiwanis Club

The Kirksville Kiwanis Club welcomed Anastasia Tiedemann to speak at their Aug. 3 meeting. Tiedemann is the new executive director for both Kirksville Regional Economic Development, Inc. (KREDI) as well as the Missouri Rural Enterprise and Innovation Center (MREIC). She spoke about each organization's role in local and regional economic development as well as upcoming trainings MREIC is hosting for the



community. To learn more, visit www.k-redi.com and www.mreic.org! Pictured

are Tiedemann (left) and Kirksville Kiwanis Club President Elizabeth Clark.

UPCOMIN

Kirksville Area **Calendar of Events**

Kirksville Planning & Zoning Commission meeting

The city of Kirksville's Planning & Zoning Commission will hold a meeting at 6 p.m. on Wednesday, Aug. 9, in the Council Chambers at City Hall, 201 S. Franklin St, Kirksville.

Kirksville Area Chamber of Commerce 29th Annual **Golf Outing**

The Kirksville Area Chamber of Commerce will hold its 29th Annual Golf Outing, presented by Northeast Missouri State Bank, on Friday, Aug. 11 at the Kirksville Country Club. Sponsorships are available by contacting Marie Murphree at the chamber: 660-665-3766.

Summer on the Square Concert Series with 'Shaky Ground"

"Shaky Ground" will perform Friday night, Aug. 11 at 7 p.m., as part of the Kirksville Arts Association's Summer on the Square concert series on the lawn of the Adair County Courthouse Square in downtown Kirksville. The concert is free to the public. The rain venue will be Club One at 301 W. McPherson Street.

Kids Mini Mud Mile returns

Mark your calendars for the 4th annual Kids Mini Mud Mile. Children ages 3-15 can embark on a one-mile mud-filled obstacle adventure right here in Kirksville. The run will take place Saturday, Aug. 12, at the North Park Sports Complex. Choose between a 9 a.m., 10 a.m. or 11 a.m. start time. Every child will receive a free Mud Mile t-shirt and post-race refreshments. Early registration is \$10 per child before July 1 and \$15 after. Children 5 and under can have an adult accompany them free of charge. Add an unlimited run wristband for just \$5 when registering and run the course as

many times as you would like until 12:30 p.m. Register today at parks. kirksvillecity.com or in person at the Kirksville Parks and Recreation office located at the Kirksville Aquatic Center, 801 E. Mill Street, Kirksville.

Thousand Hills State Park presents 'Nature Detective Hike'

Thousand Hills State Park presents 'Nature Detective Hike' on Saturday, Aug. 12 at 10 a.m. Animals leave behind clues to tell us they have been in the area. Join park staff to explore the many different clues animals leave behind and learn what animals share the park with us. Meet at the Oak Trail located next to the playground on Big Loop Road. Questions? Contact the park office at 660-665-6995.

New online Master Gardener training begins Aug. 14

A new session of online Master Gardener training begins Aug. 14. MU Extension horticulture specialists teach the 14 online sessions. Classes are delivered through the Canvas learning management system as a series of scripted and narrated video presentations. Students work at their own pace. A composite score of 70 percent on chapter quizzes is needed to pass the course. Topics include basic botany, soils and plant nutrition, vegetable garden ing, fruit production, landscape design, woody ornamental plants, herbaceous ornamental plants, turf management, insect and disease management and pesticide safety. Core training is the first step toward certification as an MU Extension Master Gardener. Trainees must also complete at least 30 hours of volunteer service. Local Master Gardener coordinators can help online trainees find volunteer opportunities to meet the service hour requirements. The deadline to register for the fall session is Aug. 13. For more information, visit mg.missouri.edu.

Quickbooks Online Internet/ Web Training class

A Quickbooks Online Internet/Web Training class will be held on Aug. 15 from 1-4 p.m., at the Kirksville Economic Development Building at 315 S. Franklin Street. The registration deadline is Aug. 15 at 8 a.m. and the fee is \$25, payable by check of cash. Contact Anastasia Tiedemann at (660) 665-3348. Are you considering using Quick-Books Online® (QBO) for your business? Or, maybe you already use it but know that you're not using it to its fullest potential? What's the difference between QuickBooks Desktop® and QuickBooks Online®? For those that are currently using Quick-Books Online®, or thinking of using this program, the Missouri **Small Business Development** Center in Northeast Region has put together a class to help small business owners gain a better understanding of the software. Please bring your own laptop. Presented by Kelly Dyer.

Thousand Hills State Park Petroglyph Tour

Thousand Hills State Park Petroglyph Tour will take place on Friday, Aug. 18 at 7 p.m. Thousand Hills State Park is home to a collection of petroglyphs or rock carvings made by ancestors of today's American Indians. Join park staff for a slideshow presentation to get a close up look and learn more about this unique piece of history. Meet at the petroglyph shelter next to the beach.

Thousand Hills State Park presents 'Native Reptiles'

Thousand Hills State Park presents "Native Reptiles" on Saturday, Aug. 19 at 2 p.m. Join park staff to learn about some of Thousand Hills native reptiles. From snakes, to lizards, to turtles, there is always something fascinating to discover. Meet at the Campground 1 Amphitheater.

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John DeLeeuw, D.O., joins Northeast **Regional Medical Group Clinic**

DeLeeuw to also serve as program director for NRMC Internal Medicine Residency program

By Northeast Regional Medical Group

program director for the Internal Medicine Residency program at Northeast Regional Medical Center, providing oversight for residents and equipping them with practical knowledge to manage acute and chron-

HOST AN EXCHANGE

STUDENT TODAY!

in Kirksville. DeLeeuw ic issues in both the inpawill continue to serve as tient and outpatient setting "We are extremely happy that Dr. DeLeeuw has agreed to take on this new role at our Northeast Regional Medical Group Clinic," said Dwayne Blaylock, interim CEO at Northeast Regional Medical Center.



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farm is located in Section 11, Nineveh Township, Adair County, MO to be sold in 1 tract approximately 7 miles northwest of Kirksville, MO.

We urge you to take a look at this small tract that is nicely located northwest of Kirksville, MO.

DOUG & JENNIFER HAMILTON

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John DeLeeuw, DO, has joined Northeast Specialty Group and will be accepting new patients at the Northeast Regional Medical Group Clinic at 1607 S. Baltimore Street

"Dr. DeLeeuw has spent many years with NRMC beginning with his Internal Medicine residency and was Chief of Medicine during the height of the pandemic."

DeLeeuw graduated from the Kirksville College of Osteopathic Medicine at A. T. Still University of Health Sciences in Kirksville. He completed his residency in Internal Medicine at Northeast Regional Medical Center in 2008 and is board certified in Internal Medicine and Obesity Medicine.

"I am excited to be joining the other fine primary care providers at Northeast Regional Medical Group," said Dr. DeLeeuw. "I look forward to working with patients and residents in spreading the word about Lifestyle Medicine. Lifestyle Medicine is a medical approach that is used to prevent, treat and manage chronic disease. It is evidenced based and requires a major commitment from both the physician and the patient, but the outcomes can be life changing."

If you are in need of a primary care provider contact Northeast Regional Medical Group at (660) 627-3363 or visit northeastspecialtygroup.com for additional information.

(for 3, 5 or 10 months) Make this year the most exciting, enriching year ever for you and your family. Welcome a high school student, 15-18 years old, from Belgium, Italy, France, Ukraine, Norway, Denmark, Spain, Germany or Thailand as part of your family for a school year (or less) and make an Pablo from Spain, 17 yrs. overseas friend for life.

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Loves soccer and would like

to learn to play baseball.

Pablo is a boy scout and

enjoys the outdoors.

www.whhosts.com World Heritage is a public benefit, non-profit

organization based in Laguna Beach, CA.

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Enjoys gymnastics, swimming

positive, fun loving and easy

and photography. She's

to get along with.

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News

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Tornado tears through small town of Baring destroying post office and other buildings

Staff Reports

A tornado swept through the small community of Baring on Hwy. 11 east of Hwy. 15, north of Edina at 11:13 p.m. on Aug. 4.

According to the National Weather Service, a mesoscale convective vortex (MCV) tracked east across northern Missouri and west-central Illinois, leading to several strong thunderstorms and heavy rainfall. Two of these thunderstorms briefly intensified and produced a tornado in the northern Knox County town of Baring (EF-2). The EF-2 tornado in Baring was only the fifth ever of such strength in the month of August within the St. Louis County Warning Area.

The National Weather Service reported that the tornado began on the southeast side of town just southeast of the Hwy. K and Dairy Avenue intersection.

'The tornado quickly strengthened as it moved northwest producing EF-2 damage southwest of the intersection," the Weather Ser-



A home in Baring that was damaged by an E2 tornado that touched down on the late evening of Aug. 4.

vice reported. "A farm outbuilding was completely destroyed, several grain bins were thrown 1/4 to 1/2 mile downwind, and a home was heavily damaged with the roof and several walls removed. The tornado then crossed Highway K and the railroad tracks and moved through the center of the town of Baring.'

The National Weather Service reported that in Baring, as many as seven businesses and 62 homes were damaged.

"Notable was the post office, which was heavily damaged with the removal of the roof and several walls," the Weather Service reported. "The tornado then exited town tracking to the northwest producing damage to a farm outbuilding on the east side of Hwy. 15 and damaged to trees on the west side of the highway. The tornado dissipated shortly thereafter.



The post office in Baring was destroyed by an E2 tornado.



A home in Baring that was damaged by an E2 tornado that touched down on the late evening of Aug. 4. PHOTOS BY NATIONAL WEATHER SERVICE



Matt Kennedy & Busted String **Band perform for Summer on** the Square Concert Series

By NEMO Photography

Matt Kennedy & Busted String Band performed at the Club One rain venue on Friday, July 28, as part of the Kirksville Arts Association's "Summer on the Square" con-

cert series." Shaky Ground" is scheduled to perform Friday night, Aug. 11 at 7 p.m., on the lawn of the Adair County Courthouse Square in downtown Kirksville. The concert is free to the public. The rain venue will be Club One at 301 W. McPherson Street.

ADAIR COUNTY SB40 AUGUST SCHEDULE

As always, there is a lot to do at the Adair County SB40 Community Learning Center (CLC) in August including a special Saturday event on Aug. 19. Join a few incoming Truman State University freshman at the CLC for yard ga.m.es and a carry-in lunch. The CLC will be providing hotdogs and drinks. Call (660-665-9400) to let them know if you plan to come

Crafts - Each Wednesday you are invited to join us for a fun and simple craft at 10 a.m. Come ready to explore your creativity.

Get Fit – Have fun while getting heathy. Angela will help you get moving with fun workout videos, walks in the community, and more

Game Time - If you love get-



NEMO PHOTOGRAPHY

or dessert to share. The CLC will

of school, with a disability. Your child does not need to be receiving services through Adair County SB40 Developmental Disability Board to participate. July's meeting will be a fun social time with sensory activities on Thursday, Aug. 17, 5:30-6:30 p.m. at the Community Learning Center. This month, Kelly Zeigenbein, with

DD Link. A portion of all proceeds and all donations will go towards purchasing books for area first grade students during 2024's Disability Awareness Month in March.

Friday, Sept. 15- Direct Support Professionals Appreciation Day and SB40 DDRC Open House at Detwiler Park from 3 p.m.-7 p.m. Come celebrate the wonderful DSP's in Northeast Missouri for all of the amazing work they do.

Nominations can be made in the four following categories: Kids Inclusion Spotlight Award (children in Kindergarten — 8th grade), Youth Leadership Spotlight Award (youth in grades 9-12), Community Volunteer Spotlight Award (any age) and Entrepreneur or Employee of the Year Award (any age). In March 2024, an overall winner will be selected from the monthly winners. All nominees must live and/or work in Adair, Putnam, Schuyler, Scotland or Sullivan County. Nominations can be made throughout the year by visiting sb40life.org or by contacting a SB40 staff member to assist you. You can also find more information about the four nomination categories by visiting Adair County SB40's website.

and sign up for a side or dessert to bring by Wednesday, Aug. 16.

August Activities at the Community Learning Center:

Coffee & Cards – Each Tuesday at 10 a.m. join them for coffee and card or board ga.m.es. They also have tea and hot chocolate if you would prefer. You can also bring your own drink to enjoy.

Dance Aerobics – Come dance with Angela and get your workout in at the same time.

Nature Time – Nature is all around us and summer is a perfect time to learn more about the outdoors and nature you can explore in our community. Each class will be different with a visit from Missouri Conservationist, Holly Whitacre, Aug. 22 and 29.

Sensory Time - Come explore the sensory room and the many hands-on activities that are have available.

ting together with friends and playing games, this activity is for you. Join them for lots of fun and maybe even learn how to play a new game.

Movie Party – Join them for a fun movie and enjoy light snacks and drinks. Feel free to bring your own. Wednesday, Aug 30.

Science Time – Science can be a ton of fun. Join them to do some fun hands-on experiments on Thursdays at 10 a.m..

BINGO – Join them each Friday at 10 a.m. to play BINGO and win BINGO Bucks to spend in the BINGO Store while having fun with your friends.

Yard Games and Carry-in Lunch – Join them to help welcome some of the new TSU Freshman for fun yard games and a carry-in lunch on Saturday, Aug. 19 from 9 a.m.-12 p.m. Call by the 16th to RSVP and sign up to bring a side

provide hot dogs and drinks.

Other Activities and Information to Know:

The Community Learning Center will close at 12 p.m. on Thursday, Aug. 3, Friday, Aug. 11, and Friday, Aug. 18 and will be closed all day on Thursday Aug. 10 and Thursday Aug. 19.

Young Adults 20's/30's Something Neuro-Divers Social Group This continuously growing social group for neuro-diverse and autistic adults in their 20s and 30's will meet on Saturday, Aug. 26 from 5-7 p.m.. Since this month's activity is the choice of the group, location will be announced by Monday, Aug. 21. Watch your email and Facebook for more details.

Parent-to-Parent Group - This group is for any parent/guardian of a child, birth-through the end

MPACT will present a training on understanding the IEP Process for Students with Autism Spectrum Disorders. Contact the CLC by Tuesday, Aug. 15 if you will need childcare during the meeting.

People First Meeting — We need you! Invite all of you friends and come find out what's in store for a new People First Chapter in Northeast Missouri. During this meeting we will review priorities and begin working on by-laws for the new chapter. We will meet on Tuesday, Aug. 29 at 6 p.m. This month's meeting is one week later due to the SB40 Board of Directors meeting on Tuesday, Aug. 22 at 6 p.m. Feel free to come to the meeting as it is open to the public.

Mark your calendars!

Friday, Sept. 15 – Tidal Wave Charity Day with Adair County SB40 — Bring your dirty car in for a bath while supporting the SB40

Finally, don't forget that you can make nominations for the Monthly Spotlight Awards throughout the year. One recipient will be chosen and recognized each month through February 2024. Remember, anyone can make a nomination, however, each nominator may only make one nomination per award.



FAIR

Continued from Page A1

The free entertainment during this year's Fair includes the Shenanigans Wild West Show, which hasn't been to the Fair since 2009.

"They are an absolutely hilarious comedy show," Wolfe said. "That will be over behind the Ag Building. We've got circus stuff, we've got comedy, magicians. We've got all kinds of music genres, ragtime (and) bluegrass. We've obviously got country music and rock music going on at our free stages around the fairgrounds."

A favorite returning show that many people may need to learn about is the Farm Toy Show in the Lowell Mohler Assembly Hall. The show will be hosted the first three days of the Fair.

"I mean, it is packed," Wolfe noted. "It's just incredible the amount of stuff that's in there for sale."

The Missouri State Fair Queen Contest is returning, as well as the annual Barbecue Competition on Aug. 11, the Championship Horseshoe Competition Aug. 11-13, the Missouri Waltz Competition on Aug 16, and the Missouri Fiddling Championship on Aug. 20.

There's a new twist on the Homegrown Singer Competition, which has been transformed into the Show Me Showcase featuring After-School Rock Band Lessons from Aug. 10-13 and Aug. 16-19.

Wolfe noted he's pleased with ticket sales for the State Fair Grandstand performances this year. Aug. 10 will feature Tyler Hubbard, formerly with Florida Georgia Line, then Lainey Wilson on Aug. 11. Wolfe added Wilson's show is already sold out.

"Lainey Wilson and Jackson Dean sold out in like four or five hours," he noted. "Which hasn't happened (before). In my 19 years, we've never had a concert sell out that quickly. So, that was pretty exciting."

Also performing this year is 3 Doors Down with Away from the Sun, Cory Asbury and Cain, The Country Comeback Tour, Nelly with Rahzel, and Riley Green with Randy Houser. Wolfe added he believes the Nelly concert will also be a sellout performance.

"The last time I looked (Nelly sales) were 7,500 to 8,000 tickets sold, and basically 11,000 is the sellout," he said. "If you want to get tickets to Nelly, you probably better do that pretty quick."

The 2023 MSF full admission prices have increased from \$12 to \$15 for adults, and Wolfe explained why. He noted COVID-19 sat the Fair back.

"We had a rate increase and didn't have the Fair,"

he added. "And the Fair took a pretty good hit from that COVID year ... the Fair lost a significant amount of money.

"Fortunately, we have turned that around and are back in good shape," he continued. "So, we never instigated that increase, and we carried it over another year, and it literally put us behind the eight-ball with rising costs."

He said the MSF is still comparable to other state fairs' admission prices. Wolfe added those wishing to purchase tickets for \$12 may do so in advance from Break Time Convenience Stores or Bomgaars until Aug. 9.

The 2023 Missouri State Fair will run from Aug. 10 through Aug. 20 on the Missouri State Fairgrounds in Sedalia. For more information, visit mostatefair.com.

Faith Bemiss can be reached at 660-530-0289 or on Twitter @flbemiss.



News

KIRKSVILLE AREA NEWS BRIEFS

Survey created to assess flood damage in Kirksville and Adair County

The city of Kirksville and Adair County are collecting data from residents to gather damage assessments and measure the impact recent flooding has had on the community. The city has created a survey for residents to complete to provide such information. That survey can be completed at this link: https://bit.ly/44Zoxug. This data will be used as disaster relief agencies determine which communities are eligible for assistance. Completing the form does not guarantee any help. This survey will be open until 5 p.m. on Friday, Aug. 11.

Kirksville Kiwanis Farmers' Market on Saturdays

The Kirksville Kiwanis Farmers' Market will run each Saturday from May through Oct., 7 a.m. to noon on the square in downtown Kirksville. Come support your local farmers, growers, bakers, and craftspeople at the longest continual community service project in the city of Kirksville. For more information, contact the Kirksville Kiwanis Club at (660) 988-0419 or via email at kirksvillemarket@ gmail.com. or see the Kiwanis Facebook page at https://www.facebook. com/kirksvillekiwanisfarmersmarket/

Food Bank Adopt a Buddy Pack program

The Food Bank for Central & Northeast Missouri invites you to Adopt a Buddy Pack. 1,928 children in Adair County qualify for free or reduced-price meals at school. Many of these children do not have access to nutritious meals during the weekend. The Food Bank's Buddy Pack program aims to fill that gap by providing Buddy Packs full of nutritious food for children to take over the weekend. You can help fed a child with Buddy Packs. A gift of \$270 allows them to provide a Buddy Pack to a child in Adair County for an entire school year. Donate at sharefoodbringhope.org/ give-help or in-person at Alliant Bank, 201 S. Baltimore Street in Kirksville. Check by Mail: Make payable to "The Food Bank" with "Adair County Buddy Pack" in the memo to: The Food Bank, 2101 Vandiver Drive, Columbia, Mo. 65202. All funds stay in the county. Participating schools include Kirksville Primary, Ray Miller, Brashear and Novinger. Sponsored by Alliant Bank and Kirksville Daily Express.

Join the Kirksville Young Professionals Committee

The Kirksville Area Chamber of Commerce encourages businesses and their employees (ages 21-40) to become involved in the Kirksville Young Professionals Committee. which focuses on retaining and engaging young professionals in the area through lunch & learn opportunities, professional development, and other various events. KVYP is here to help them connect with the community. They meet on the second Tuesday of the month at 9 a.m., in the Hampton Inn Truman Room or via zoom. Feel free to reach out to KirksvilleYP@gmail.com for more information about KVYP or to get the Zoom Link for meetings. You are also more than welcome to join them at future events.

Dance classes begin on Sunday, Sept. 10

Dance classes begin on Sunday, Sept. 10 at the Mary Immaculate Catholic School gym — 716 E. Washington Street in Kirksville. If you miss the first Sunday. begin Sunday, Sept. 17. Five-Week Dance Class Sessions: \$25 per person, payable at the door on first class night.

Line Dance at 4:30 p.m. is for everyone (No dance partner required). Learn a variety of steps. Basic Partner at 5:30 p.m. (A dance partner is required for this class.)

Learn two-step, waltz, swing, triple-step. Intermediate Partner at 6:30 p.m. (Have dance experience? This class is for you!) Learn turns, techniques and pattern dances (A dance partner is required.) Please wear soft sole shoes to protect the gym floor.

Five Weeks of Classes in Basic Partner, Intermediate Partner and/or Line Dance Classes, payable at the door on the first night of class. After completing a five-week session of classes, classes are only \$2.

Classes are open to all ages, starting at 12 years (12 to 15 years must be accompanied by an adult), Dance Classes are set up so that you can continue to take classes, learning new dances in partner and line, for as long as you wish. Celebrating 17 years of providing dance classes in the Northeast Missouri area. Whether you already know how to dance, or have never danced, we have a class for you! Questions? Call Mary at 660-342-0070, or Vickie at 660-342-6825.

'Thank You for Your Service' exhibit

For a second year the Kirksville Arts Association is honoring area men and women, who have served in the military with a photography exhibit at the Sue Ross Arts Center, located at 215 S. Franklin in Kirksville. The exhibit will run through Aug. 26. The exhibit includes 40 former military members from Adair, Macon, Schuyler, Sullivan and Putnam counties. The exhibit includes photographs of the veterans holding a photograph of when they were in the service. A closing reception will be held Thursday, Aug. 24 from 5:30 -7 p.m. and will include a presentation of five quilts by the Hands of Friendship Quilt Guild. The quilts will be on display at the arts center until the evening of the reception. The Sue Ross Arts Center is open Monday through Friday 11 a.m. to 4 p.m. and Saturdays 10 a.m. to 2 p.m. There is no charge to view the exhibit. Any former military member who is interested in participating in a future exhibit by the Kirksville Arts Association should call 660-665-0500 or email kirksvilleart@gmail.com.

Registration open for Tiny Tykes Soccer

with getting older and experiencing the reality of "life is NOT what I thought it would be when I got to this point." All are welcome to attend this free monthly support group that will meet from 1 – 2 p.m. on the third Tuesday of each month at the First United Methodist Church on 300 E. Washington Street in Kirksville. Attendees are asked to enter through the south door. The next scheduled meetings will take place on Aug.15 and Sept. 19. For more information call 660-627-9711.

Indoor walking activity for seniors at the Crossing Church

The RSVP (Retired Senior Volunteer Persons) office sponsors a walking activity five days a week during winter months for seniors to walk inside the Crossing Church location on Shepard Street from 9:30 a.m. until noon, Monday through Friday. This is only for senior citizens — 55 or older. They have volunteers "manning" the location and seniors are welcome any time during that time period. They ask that you sign in. There is no charge and you may come any or all days. If the schools are closed, they are not open because of weather. As of April 1, the Crossing will only be open on Monday, Wednesday, and Friday each week. It will be rain free, wind free, and cool on hot days. Citizens above 55 years of age.

Rotary Youth Exchange Committee in need of host families

The Kirksville Rotary Youth Exchange Committee is in need of host families for a German exchange student for the 2023-24 school year. Three host families are needed to provide room and board for three months each. The committee provides orientation to the families and the students go through a strong vetting process. Email acsweet12@gmail.com if interested.

Ld's Bar and Grill calendar

Ld's Bar and Grill, 33006 State Hwy M in Economy (three miles east of Atlanta on Hwy M), will hold the following events:

Pool tournaments every first and third Saturday of the month. Sign in at noon, play begins at 1 p.m.

- Saturday Aug. 19 Band "Fully Loaded" 8 p.m. to 12 a.m.
- Friday Sept. 15 Band "Boot Cut" 9 p.m. to 1 a.m.
- Saturday Sept. 30 Band "Keota" 8 p.m. to 11 p.m.
- Saturday Oct. 21 Band "Shakey Ground" 9 p.m. to 1 a.m.
- Friday Oct. 27 Band "Stone house" 9 p.m. to midnight
- Call 660-239-4576 for more information.

Accepting applications for the Missouri Livestock Achievement Award

The Misseuri Livesteck Symposium

OATS Transit offers new connections for Northeast Missouri residents

OATS Transit

MACON— OATS Transit announced their new InterCity Express service operating in Northeast Missouri. The company has added several new destinations to its schedule, which are designed to get rural residents into larger towns for goods and services such as medical appointments, business and more. These express routes can also connect you with other modes of transportation such as Amtrak, airports or other city bus services.

Reservations must be made at least 24 hours in advance and are made on a first come, first serve basis. For reservations call 800-654-6287, Monday through Friday 7 a.m. to 4 p.m. Appointments must be between the hours of 10 a.m. and 2 p.m. Be sure to schedule all the stops you plan to make when you call.

Riders are asked to meet the InterCity Express bus at the established pick-up point. The bus can deviate off the route up to five miles for people who cannot get to the pickup point. Service is open to anyone of any age. To see the full schedule, go to oatstransit.org/ schedules and click on Northeast Missouri Express Routes, or you can click on the county you live in to



Operating Above the Standard

see other travel options. There are 12 routes total, with eight of them being completely new this summer. Some existed previously but have added additional days of service to accommodate more ride options.

Fares for the InterCity Express routes are \$10 for round trip, or \$5 for one-way trip, plus \$1 for each en route stop. Fares need to be paid in advance. You can add funds to your account at the same time you schedule your trip, or mail a check, money order or cashier's check to the OATS Transit office.

OATS, Inc. (dba OATS Transit) is a private, not-for-profit corporation providing specialized transportation for rural residents of any age in 87 Missouri counties. OATS Transit is the largest and most unique transportation provider of its kind in the country. Follow them at www. Facebook.com/oatstransit or any of our other social media sites for more news stories.



Kirksville Area Road Report

Staff Reports

Mill and overlay work to start on East McPherson Street

is expected to be completed by Aug. 17, depending on the weather. For more information, contact the Public Works Department at 660-627-1291.

Kirksville Area Chamber of Commerce has moved

The Kirksville Area Chamber of Commerce has moved to 315 S. Franklin Street.

Curtain Call Theatre Company to hold auditions for 'Dracula'

The Curtain Call Theatre Company will hold auditions for Bram Stoker's "Dracula" on Aug. 23 and 24 from 7-9 p.m. at the theater at 512 W. Elizabeth Street in Kirksville. Performance dates are Oct. 26-28 and 31. Questions? Call 660-626-8100.

The city of Kirksville's Parks and Recreation Department is now accepting registrations for the Tiny Tykes Soccer program. Tiny Tykes Soccer is a four-week program, for children ages 3 through 5, that teaches soccer using play-based learning. Tiny Tykes Soccer will be held on Tuesdays and Thursdays starting Sept. 19. Registrants will choose either a 4:30 p.m. to 5:15 p.m. session, or a 5:30 p.m. to 6:15 p.m. session when registering online at parks. kirksvillecity.com or in person at the Kirksville Aquatic Center, 801 E. Mill St. Registration is \$30 per participant and each player will receive a Tiny Tykes Soccer t-shirt. All Tiny Tykes Soccer will be held at the Tiny Tykes Soccer Field located next to the Pee Wee Baseball Fields at the North Park Complex, 3000 Novinger St. For more information, contact the Parks and Recreation Department at 660-627-1485

Hospice of Northeast Missouri facilitating ongoing support group around the grief of aging

Hospice of Northeast Missouri's Spiritual Care & Bereavement personnel are facilitating monthly meetings where participants explore dealing

The Missouri Livestock Symposium is currently accepting applications for the Missouri Livestock Achievement Award. This award recognizes an individual or organization demonstrating outstanding achievements and distinguished contributions to the livestock industry. Eligible applicants can be producers of livestock, agribusiness personnel, agency personnel, or agriculture educators in the state of Missouri. Other parties who have been long-time supporters of the Missouri livestock industry will also be considered. The award recognizes livestock industry leaders from across the state. The selected applicant will become a member of the Missouri Livestock Symposium Hall of Fame and will be inducted during the Friday evening program of the Missouri Livestock Symposium on Dec. 1. The award nomination form can be received by emailing missourilivestock@ gmail.com and requesting the form, or by contacting the Adair County Extension office at 660-665-9866. The Missouri Livestock Symposium is Dec. 1-2, at William Mathew Middle School. Go to missourilivestock.com or our Facebook page @MissouriLivestock for more details.

The street maintenance division of the city of Kirksville's public works department will begin mill and overlay work on East McPherson Street, from Leisure Drive to South Cottage Grove Avenue, starting Monday, Aug. 7. The street will have alternating traffic lanes during construction. No street parking is allowed during the paving operation. This project is expected to be completed by Aug. 10, depending on the weather. For more information, contact the public works department at 660-627-1291.

Mill and overlay work to start on East Hamilton Street

The street maintenance division of the city of Kirksville's public works department will begin mill and overlay work on East Hamilton Street, from Jamison Street to South Cottage Grove Avenue, starting Thursday, Aug. 10. This work had to be rescheduled following utility work in the area. The street will have alternating traffic lanes during construction. This project

MoDOT

Sullivan County

Route C – Closed for a bridge replacement project at the Yellow Creek Bridge, 1.5 miles east of Route U, southeast of Milan, through September.

Route 5 – Intersection improvement project at Mid-Lake Road, Route N and Mayapple Road through early October.

Through late October: Intersection improvements at Route 5 and Mid-Lake Road.

Traffic Impacts: Roadway will be narrowed to one-lane with flaggers directing motorists through the work zone. Motorists may face travel delays.

Aug. 21 – mid-October: Intersection improvements on Route 5 at the intersections of Route N and Mayapple Road.

Traffic Impacts: Roadway will be closed during construction. Motorists will be directed to follow the signed detour on Routes 6, J, Y, N and B.



CALL CALL KIRKSVILLE DAILE EXPERSE

TODAY FOR SUBCRIPTION DETAILS 660-665-2808 EMAIL: DBURGIN@KIRKSVILLEDAILYEXPRESS.COM

WOW!

ARLO AND JANIS



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SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

2	6	7	1	5	8	4	9	3
3	9	4	6	2	7	5	1	8
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9	8	6	2	3	5	7	4	1
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"My life insurance company has offered me a reduction if I eat out."

ASTROGRAPH BY EUGENIA LAST

Take time, sort through information and consider every angle before considering a move this year. A steady pace forward, paying attention to detail and taking a minimalist approach to living and doing things your way will result in less stress and a chance to make healthy decisions. Stand by your word, and don't make unrealistic promises. Positive change begins with common sense.

LEO (July 23-Aug. 22) -- When in doubt, refrain from making a promise. A reserved approach will buy you time, offering the space you need to consider what's best for you. Make stress relief your priority.

VIRGO (Aug. 23-Sept. 22) -- Let your intuition guide you to what and who can help you succeed. A medical or financial situation will cause uncertainty if not handled with care. Don't share personal information.

LIBRA (Sept. 23-Oct. 23) -- Declutter your life and lower your overhead. A definitive attitude will help you refurbish your life and set higher standards. Surround yourself with people who share your concerns.

SCORPIO (Oct. 24-Nov. 22) -- Consider what you want and must do to position yourself for success. Don't give others the impression you are flexible when you are not. It's up to you to make things happen.

SAGITTARIUS (Nov. 23-Dec. 21) -- Be honest with yourself and others, and take the initiative to do things for yourself while being considerate of others. Protect your heart from anyone who sends mixed messages.

CAPRICORN (Dec. 22-Jan. 19) -- Speak up, run the show and embrace changes that help you live the life you long for. Don't give anyone the right or means to dictate your next move. Have no regrets, and be true to yourself.

AQUARIUS (Jan. 20-Feb. 19) -- Refuse to let the changes others make or the temptations you encounter throw you a curveball. Let your heart be the judge. With patience as your barometer, you'll find peace and happiness.

PISCES (Feb. 20-March 20) -- Don't allow anyone to use emotional manipulation to lead you astray. Use your intuition, experience and intelligence to maintain equality and take control. Map out the path that suits your needs.

ARIES (March 21-April 19) -- Refrain from signing up for something you cannot afford or that risks injury. Protect against people trying to coerce you. Focus on self-improvement and personal happiness.

TAURUS (April 20-May 20) -- Offer only what you can deliver, and be prepared to give a playby-play overview for those who need extra input. How you define yourself and what you offer will make a difference.

GEMINI (May 21-June 20) -- Be a good listener and decide what others want from you before you engage in plans that leave you at a disadvantage. Work by yourself to achieve the most with the least amount of interference.

CANCER (June 21-July 22) -- Someone will take advantage of you if you let them. Veer toward unusual situations that offer lessons, experience and connections. Use your skills to make home improvements.

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There's



and the name and address of the attorney for the plaintiff is, ANDRE R FARWELL, 715 NORTH BALTIMORE, KIRKSVILLE, MO 63501 660-665-6670.

The names of all parties in this action are stated in the caption above

You are further notified that, unless you file an answer or other pleading or otherwise appear and defend against this action within 45 days after AUGUST 9 2023, judgment by default will be entered against you. 8-01-23 Martha Cole, Circuit Clerk

To Be Published: 8-9-23 Dates of Publication: 8/9/23, 8/16/23, 8/23/23, 8/30/23 TOTAL TENTATIVE VALUATION

COMMERCIAL AIRCRAFT

\$428,947,469 \$428,590,863

\$564,871

Total Tentative Amount To be Budgeted

94044at

STATE ASSESSED

\$643,421,120

\$665,883

*Does not Include TIF funds

Final levy is subject to revised figures from State or County sources.

bon't be shy... share Some Share Some GOODD

VH:W

Wedding & Engagement Announcements

> Garrett-Vogel Nuptials Allison Jean Garrett and Carter James Vogel of Moberly, MO, were united in marriage on May 18, 2019.

Celebrate your happy life events with your community through the local newspaper.

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Sports

Offensive outlook for Truman football as camp opens

By Adam Tumino

Truman State's defense has been a formidable unit lately. In particular, the Bulldogs' run defense has been among the nation's best in the last two seasons. During that same time period, the offense has been solid as well.

Although not quite as prolific as the defense, the Truman offense has ranked fifth in the GLVC each of the last two seasons, although they have been much closer to the top of the conference in scoring than the bottom in both seasons. Last season, they were closer to first than sixth in scoring.

There are a lot of key contributors returning for the Bulldogs on the offensive, but as training camp gets underway this week, there are still some areas they are looking to shore up before the opener.

When it comes to running back, fifth-year transfer Shamar Griffith filled the role of the primary back perfectly last season. He finished just shy of 1,000 rushing yards for the Bulldogs, taking the place of star Cody Schrader after he transferred to Missouri after a



Truman running back Denim Cook dives over defenders for a touchdown in the game against Tiffin on Sept. 24, 2022. PHOTOS BY ADAM TUMINO

stellar 2021 season. Griffith made the most of his last year of eligibility, and now the task falls to a group of younger backs to keep the running game operating at a high level. Sophomore Denim Cook enters camp as the team's primary option out of the backfield.

Head coach Gregg Nesbitt said that Cook's physical style of running is something that fits in well



Truman quarterback Nolan Hair steps up to make a throw in the game against Davenport on Sept. 3, 2022.

with the team's offensive profile. "I think most teams would pre-

fer a power, physical back," he said. "We had to tweak more with Shamar last year from who we've been in past history. Denim is a violent runner. He is a tremendously physical, strong presence that last year showed the ability to protect the football."

Cook finished last season second on the team with 375 rushing yards and six touchdowns. His average of 7.5 yards per carry led the team and was the highest in the conference among players with more than 13 runs. Behind Cook was backup quarterback Collin Sutton with 321 rushing yards and Jake Tuttle with 116 yards. Neither player will be back with the Bulldogs.

Nesbitt said that backs Mason Huskey, Tim Johnson Jr., Gerry Marteen Jr. and Jack Butchko are among the other backs who figure to play a part in the running game this season.

None of these players saw the field much in 2022, but Butchko saw the most action. He had 15 carries for 61 yards on the season. Huskey had nine carries for 39 yards. Johnson had the highest Truman receiver Tate Crane runs toward the sideline in the game against Missouri S&T on Oct. 8, 2022. average out of this group, gaining 33 yards on five carries while also running for a touchdown. Marteen redshirted last season as a freshman, but came to Truman after an excellent career at Battle High School where he was given All-State honors as a junior.

While the running game finds its footing in camp and early on in the season, the continuity elsewhere on the offense can be beneficial. Quarterback Nolan Hair will be back for his fourth season as the team's starting quarterback. He has started every game for the Bulldogs over the last three seasons. A veteran offensive line, featuring 2022 first-team All-GLVC selections Justin Watson and Dane Eggert, will also provide a solid foundation for the offense.

Behind the reliable Hair is an inexperienced group of quarterbacks with Sutton's departure. Sophomore Bennet Ellsworth enters camp as the backup with three freshmen also on the roster. Getting them up to speed is a top priority at camp, and senior wide receiver Zach Zerwig said that building chemistry between all of the quarterbacks and receivers on the roster will be important.

"I think it goes both ways, where we have to, as receivers, make them feel comfortable as quarterbacks and have to get those younger receivers to feel comfortable with the quarterbacks too," Zerwig said.

Zerwig finished third on the team in receptions and receiving yards last season, trailing only fellow returning receiver Tate Crane and tight end Matt Hall, who will be playing out his final season on eligibility at Rice this season. Tight end Chris Kerr was the team's fourth leading receiver and Griffith was fifth. Six other players caught passes last season, combining for 18 catches and 189 yards.

The Bulldogs' offense will have its first test against Findlay's defense in the season opener on Sept. 2. The Oilers were a middling defensive team last season, ranking fourth in the Great Midwest Conference in scoring defense and fifth in total defense last season. Their rushing defense, however, ranked sixth in the conference and allowed 146.8 yards per game.

MJT Championship Concludes at Redfield Golf Course

Website: kirksvilledailyexpress.com

Missouri Golf Association

ELDON, Mo. (August 7, 2023) — The final round of

over, 174. Brandt won the chip off and placed second, while Hovis took third. The following flights

Hinds, Jefferson City, Mo. & Avery Wells, Eldon, Mo. 14-15 Male: Chancen Jordan, Rolla, Mo.

16-18 Female: Sophie

don, Mo.

12-13 Male (9 Holes): Graham Henley, Eldon, Mo. 10-13 Female: McKenzie

Abigail Neeley, Wardsville, Mo.

Congratulations to all of the flight winners, medal-

Knaebel, Columbia, Mo. & mer - we look forward to seeing you all again next vear!

> You can view full results at this link: https:// www.golfgenius.com/pages/4007246 For more information on upcoming MGA tournaments, visit www.mogolf.org

the Missouri Junior Tour Championship took place todav at Redfield Golf Course in Eugene, Mo. Throughout the summer, junior golfers have competed in MJT events leading up to the championship.

The following flights played 18 Hole Stroke Play:

Winning the 16-18 Male Flight after shooting six over par for a total gross of 150 is Max Templeman (Carthage). Teagen Hull (Eldon) shot 8 over par, 152 during the two rounds to take home second place. Dylan Bryan (Jefferson City) placed third, carding 10 over par, 154.

Sophie Hinds (Jefferson City) held the lead and won the 16-18 Female flight with a total gross score of 161, 17 over par. Audrey Duvall (Springfield) shot 18 over, 162, throughout the two days to bring home second. Avery Wells took third with a score of 19 over, 163.

Hagan Ritter (Macon) shot 11 over par, 155 during the two-round championship to claim first place in the 14-15 Male flight. Grayson Moore (Jefferson City) was a close second at 12 over par, 156. Jordan Shivers (Jefferson City) shot a total of 13 over par, 157, to place third.

Haven Evers (Eldon) shot 23 over par for 167 during the two rounds to win the 14-15 Female flight. Coming in second place is Madison Wolf (St. Peters), who shot a total gross of 188, 44 over. Lily Henley placed third with a score of 48 over, 192.

Crue Michel (Sunrise Beach) won the 12-13 Male flight. He carded 28 over par, 172, for the two rounds. There was a tie for second between Ty Brandt (Jefferson City) and Hunter Hovis (Jefferson City) at 30

played 9 Hole Stroke Play:

Winning the 12-13 Male flight is Graham Henley (Eldon). He shot one under par, 71, during the two rounds to win the flight by 13 shots. Coming in second at 12 over par, 84, is Jack Sinnett (Jefferson City). Grayson Atteberry (Jefferson City) placed third at 14 over, 86.

Winning the 10-13 Female flight with a total gross score of 95, 23 over par, is Haven Evers (Eldon). Coming in second is McKenzie Martin (Jefferson City) at 26 over par, 98. Ashlyn Sears (Columbia) was behind her at 37 over par, 109, to bring home third place.

Blaine Munzlinger (Columbia) shot four over par, 76, during the two rounds to win the 10-11 Male flight. Nine strokes behind him is Hunter Brown (Washington) with a score of 13 over, 85. Jagger Glaze (Eldon) took home third place in this division after shooting 18 over, 90.

Placing first in the 8-9 Female flight is Emerson Munzlinger (Columbia). She shot 31 over par, 103, during the tournament to win the flight. Allison Knaebel (Columbia) placed second with a total gross of 124, 52 over par. Coming in third is Abigail Neeley (Wardsville) at 64 over par, for a total gross of 136 from the two rounds.

Our only 8-9 Male junior golfer in this two-day championship was Logan Knabel. He shot nine over, 81, throughout the two days of play to place first in his division.

Listed below are the Missouri Junior Tour Players of the Year:

16-18 Male: Teagan Hull, Eldon, Mo.

14-15 Female: Haven

Evers, Eldon, Mo. 12-13 Male (18 Holes): Ty Brandt, Jefferson City,

Mo. & Eli Cummings, El-

Martin, Jefferson City, Mo. 10-11 Male: Hunter Brown, Washington, Mo.

8-9 Male: Henry Russell, Fulton, Mo. 8-9 Female: Allison ists and MJT Players of the Year! A big thank you to all of the junior golfers who participated in any MJT events throughout the sum-



All ads are in full color (October, January, April and July mag. available)

Sports



TRUMAN STATE UNIVERSITY ATHLETICS

Ragsdell named new head coach of Truman State Swimming

Truman State University Athletics

KIRKSVILLE, Mo. - Jacob Ragsdell has been named the next head coach for Truman State men's and women's Swimming. Ragsdell previously coached with the Columbia Swim Club from 2017-2018 where he worked to achieve best times at the end of the season and taught stroke technique, endurance, and anaerobic capabilities. Jacob swam at Ouachita Baptist University in Arkadelphia, Ark. from 2016-2021 and was an All-American at Hickman High School in Columbia, Mo.

"I am very excited to be the Head Swim Coach for the Truman State swim team," said Ragsdell. "I look forward to working with a group of talented student athletes.

The men and women's swim team at Truman has had a great history of success and I look forward to being a part of the team."

"We are excited for Jacob to join the Truman State community and lead our swimming program," said Truman State Director of Athletics Jerry Wollmering. "He and his family have been involved in the sport of swimming for many years at the club and collegiate level and his passion for the sport was very evident during his interview process. We look forward to his energy and commitment to Truman State swimming."

Ragsdell found success at Ouachita Baptist under then and current Head Coach Steven Bostick, winning backstroke events at several meets.

Chiefs' Chris Jones continues holdout as preseason opener in New Orleans approaches

Associated Press

ST. JOSEPH, Mo. (AP) — Chiefs coach Andy Reid had very little to say about missing All-Pro defensive tackle Chris Jones on Monday.

What he did say carried some weight. Jones, who is entering the final year of his four-year, \$80 million contract, skipped the entirety of the Chiefs' offseason program and has so far held out all of training camp

while trying to secure a new long-term deal. And with their first preseason game now less than a week away, Reid indicated that even superstars such as Jones are missing something by missing camp.

"I don't know when he'll be here," Reid said after Monday's padded practice on the campus of Missouri Western State University, "but I will tell you that any work he can get is important. It's a fast game."

When it feels like home, you know it's right.

COLUMN

Race for MLB's most-embarrassing team heating up

his time of year, the races for division titles and wild card spots are the talk of the baseball world. This season is sure to have some of its competitive divisions come down to the wire and the expanded playoffs will keep the wild card hunt hot until the season's final days.

While these races are ongoing, another race, albeit a much less exciting one, is also proving to be competitive. This is the race for the most embarrassing team of 2023.

Early on, it looked like the Oakland A's were going to run away with this title, and they still very well could win it. They are undeniably one of the worst teams in MLB history, getting to that point through the frankly unethical and shameful approach of team ownership. The biggest crowd of the year for the A's was during a reverse boycott, where unhappy fans packed the stadium to chant "sell the team" so loudly it captured the attention of players on the field and briefly distracted them from the game.

The A's recent history of jettisoning its top talent in an effort to produce the cheapest and least talented roster possible before moving the organization to Las Vegas, probably the single worst city in the nation to move a baseball team to. Some of the players who just a few short seasons ago made the A's one of the top teams in baseball are playing MVP-level baseball for legitimate World Series contenders. The A's are probably still the most embarrassing team in baseball, but thanks to the humiliating performances of some others, it is getting pretty close. Two of these teams are also two of the most well-respected organizations in the history of the sport. The New York Yankees and St. Louis Cardinals have the first

and second most titles in MLB history, but these legacies of success are not carrying over to 2023.

The Yankees are by no means awful, but at 58-55 on the season, are in last place in the AL East. There are many reasons for their relative struggles, and injuries have taken a toll on their production. These injuries also exposed massive flaws in their roster.

With reigning MVP Aaron Judge out of the lineup, as he was for nearly all of June and July with a toe injury, the Yankees are completely incapable of hitting as a team. No MLB offense should be fully reliant on a single player, especially if that team hopes to compete. On the pitching side, the Yankees' top offseason addition of Carlos Rodon missed the first 2 and a half months with injuries, came back for a few weeks where he was one of the worst pitchers in baseball, and then wound up back on the IL.

The Yankees have been surpassed in the division by the Orioles and Rays, two of the cheapest teams in the sport. The Yankees are always a threat to go out and spend in the offseason, and they will have to if they don't want to finish behind these teams for the next decade.

The Cardinals have been much worse in terms of winning this season. At 49-64 and in last place in the NL Central, there are just four teams in baseball with worse records. They team also took a hit to its professional reputation, with early season complaints from the team's pitching staff about newly acquired catcher Willson Contreras grabbing negative attention. The team seemed to have gotten over this, but positive results did not follow. Contreras also got over early struggles and is now producing near the levels he normally has in his career.



ADAM TUMINO DAILY EXPRESS SPORTS

The Cardinals had evident gaps in its pitching staff entering the season, but these were not addressed. Now the team's flawed roster is slightly worse with Jack Flaherty being traded to the Orioles at the deadline. The Cardinals are in a better position than the Yankees given the lackluster NL Central. but 2023 has been the worst season in St. Louis in decades.

But the Cardinals and Yankees will likely come up short in the race for most embarrassing team. The only club that is a real threat to the A's crown is the Chicago White Sox.

The White Sox were supposed to be in a window of contention. They brought in Tony La Russa prior to the 2021 season, a tragic misstep that seems to have completely derailed the organization. They have gotten drastically worse each season since then and are now the fourthworst team in baseball at 46-68.

There have long been reports that the White Sox have had a leadership void and a horrible clubhouse culture. These reports reached a peak Sunday when reliever Kevnan Middleton, who was traded from the White Sox to the Yankees at the deadline, unloaded on his former club to ESPN reporter Jesse Rogers.

Middleton said there were no rules in the clubhouse, players were falling asleep in the bullpen during games and missing meetings and practices with no consequences. Pitcher Lance Lynn, who was also traded by the Sox at the deadline. He basically confirmed Middleton's statements in an appearance on the Foul Territorv podcast Monday. saying he would tell the hosts what Middleton got wrong, smiled and did not say a word. The White Sox also had a truly humiliating on-field incident Saturday when shortstop Tim Anderson was knocked to the ground by Guardians third baseman Jose Ramirez in a fight that Anderson seemed to start. It is amazing that the White Sox run under manager Robin Ventura that came to an end in 2016 is not even the most toxic that clubhouse has been in the last decade. As a reminder, 2016 began with Adam LaRoche retiring prior to the season opener because he always brought his son to work and nobody liked it and featured a midseason incident where Chris Sale cut up throwback uniforms with scissors before a game because he did not like wearing them . The 2023 White Sox and A's are truly in a two-team race, but whoever wins, we all lose.

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