MIRKSVILLE Daily Express

KIRKSVILLEDAILYEXPRESS.COM

WEDNESDAY

MAY 3, 2023 **\$2**

Kirksville Diversity Festival

Festival highlights the city's many cultures

Truman State University

The Kirksville Diversity Festival was held Saturday, April 29, at the Rieger Armory and Community Center. The event was sponsored by the city of Kirksville, A.T. Still University and Truman State University. The unique and free event celebrated the breadth and depth of the community's diversity through food, performances and activities for all ages.



PHOTOS BY TIM BARCUS





















Truman State University President Sue Thomas and Moberly Area Community College President Jeff Lashley sign an MOU between the two schools, celebrating the schools' partnership in the DATA Science Pathway Initiative. PHOTOS BY MARTY BACHMAN

MOU signed between Truman State and community college over data science program

Staff Reports

Truman State University is working with education partners in an effort to be at the forefront of an emerging career field and put students on a path to employment in one of the fastest growing sectors in the country.

The Data Science Pathway Initiative is designed to inspire students to consider a career in data science. The program is funded through MoExcels, an initiative of Governor Mike Parson, and managed by the Department of Higher Education and Workforce Development. Truman is using the Data Science Pathway Initiative to promote the University's various degree and certificate options in the field and to encourage exploration of data science for students of all ages. In addition to traditional undergraduate and graduate programs, the University has avenues for working adults and individuals who already have a degree to supplement

their education and increase their earning potential.

A key ally in connecting individuals with careers in data science is Moberly Area Community College. Truman President Sue Thomas and MACC President Jeff Lashley signed a memorandum of understanding April 25 celebrating the schools' formal partnership in the Data Science Pathway Initiative. Truman and MACC faculty have worked for several months to align their curricula to help MACC students prepare for eventual bachelor's level study in data science and to jointly promote the career path to their students. MACC benefits by having a wider array of opportunities to present to students while enrolling students who wish to take advantage of their A+ scholarships. Truman benefits by introducing the career path to more prospective students, including the many students in MACC's dual credit courses in high schools throughout the region.

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A ribbon cutting and open house were held for the new Data Science Teaching Lab in Violette Hall at Truman State University.

Missouri State Highway Patrol recognizes 21 employees at annual awards banquet

By Missouri State Highway Patrol

Colonel Eric T. Olson, superintendent of the Missouri State Highway Patrol, congratulated the following employees who were recognized for their actions at the awards ceremony April 29, 2023. This year's award ceremony took place at the Holiday Inn Executive Center in Columbia.

"Our award winners are a reflection of the high caliber of individuals the Missouri State Highway Patrol employs," said Olson. "Every day, our employees go above and beyond to serve and protect Missourians. Congratulations to this year's award recipients."

Four Career Milestone awards were presented

During his career, Cpl. Aaron A. Engelhart (Troop A) has made over 1,000 driving while intoxicated arrests.

During his career, Sgt. Jeffery D. Johnson (Q/ DDCC) has completed more than 750 polygraph examinations.

During his career, Sgt. Scott E. Rawson (Q/ DDCC) has completed more than 750 polygraph examinations.

The Superintendent's Award for Excellence in Public Service recognizes a civilian employee who has been actively involved in public service whether performed on or off the job.

Public Information Specialist III Cheryl D. Cobb (Q/PIED) has served for over 25 years with the Missouri State Highway Patrol. She ensures priority events are publicized. She is organized and has built strong relationships with every component within the agency. Last fall, she volunteered to present a Highway Patrol history course to new recruits and immersed herself in updating the course.

Cobb also coordinates care packages to employees assigned to active military duty and formed a network of employees who donate their person-

al money, write thoughtful notes, and provide requested items. Outside her Patrol duties, she serves her church, community, and the Boy Scouts of America. Cobb serves on her church's marriage enrichment team and directs the annual fundraising craft sale. She also trains commissioners for the Boy Scouts of America.

Public Information Specialist III Cheryl D. Cobb exemplifies the Patrol's core values on a daily basis and her



knowledge, skills, and abilities radiate enthusiasm throughout our agency. The Superintendent's Award for Excellence in Public Service honors her professional and personal service to the citizens of Missouri.

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Community

KIRKSVILLE'S AIRPORT AND TRANSPORTATION COMMISSION CHAIR SPEAKS TO KIRKSVILLE KIWANIS CLUB



The Kirksville Kiwanis Club welcomed Dr. Randy Smith to speak at their April 27 meeting. Smith is the chair of the city of Kirksville's Airport and Transportation Commission (ATC). He presented on recent developments at Kirksville Regional Airport, including the official announcement of the city's new Essential Air Service (EAS) carrier, Contour Airlines. Flights to Chicago will begin Aug. 1, so book your tickets now at contourairlines.com. Pictured are Kirksville Kiwanis Club President Elect Daniel "Dan" McGurk (left) and Smith. KIRKSVILLE KIWANIS CLUB

UPCOMINGE

Kirksville Area Calendar of Events

Kirksville Tourism Advisory Board meeting

The city of Kirksville's Tourism Advisory Board will hold a meeting at 8 a.m. on Wednesday, May 3, in the Small Conference Room at the EDA Building, 315 S Franklin Street.

Hospice of Northeast Missouri to hold **Grief Support Group**

Hospice of Northeast Missouri is offering a six-week grief support group for anyone who has experienced the death of a loved one. Topics include: understanding the grief process; personal loss history and its impact on the grief process; distinguishing between grief and mourning; dealing with insensitive people; grief's impact on a family system; self-care and observing special occasions and the holidays. Group facilitators are John Bambrick, chaplain and social worker, and Carrol Davenport, spiritual care and bereavement coordinator. Sessions will take place from 5:30-6:30 p.m., May 3, at 201 S. Baltimore Street in Kirksville. There is no charge for the six-week support group, but advance registration is required. To register for the group, contact Carrol Davenport at 660-627-9711.

Prayer gathering to be held At Cornerstone Church

In recognition of the National Day of Prayer, Thursday May 4, a prayer service will be held on the lawn at Cornerstone Church in Kirksville beginning at noon The prayer gathering involves pastors and other community leaders offering prayers for our national, state and community governments, schools, families, churches, youth, media and for area businesses. The public is highly encouraged to attend. If weather conditions do not permit an outdoor gathering, it will be held inside the church.

Truman Steel Spring Concert

The Truman Steel Spring Concert will be held at 7:30 p.m. on May 4 at the Baldwin Hall Auditorium on the Truman State University campus.

Kirksville High School Music & Theatre present: 'The Musical of Musicals: The Musical'

In this hilarious satire of musical

theatre, one story becomes five delightful musicals, each written in the distinctive style of a different master of the form, from Rodgers & Hammerstein to Stephen Sondheim. The basic plot: June is an ingenue who can't pay the rent and is threatened by her evil landlord. Will the handsome leading man come to the rescue? Over 40 local teens will be involved in the production, either onstage or behind to make this musical theatre scavenger hunt come to life on the William Matthew Middle School Auditorium stage, Tickets are now on sale. All tickets are for an assigned, reserved seat so plan ahead with your family and friends to get seats together. Tickets for the show are \$12 for general admission and \$7 for students. Tickets can be purchased online at showtix4u. com/events/khstheatre, at the high school office, or at the door. Performances will take place at the William Matthew Middle School auditorium on Thursday, May 4 and Saturday, May 6 at 7 p.m. and Sunday, May 7 at 2 p.m. The box office will open one hour before show time and the doors will open 30 minutes before show time. The show is rated PG 13 with some adult humor references to alcohol and innuendo.

Spring Choral Concert at Truman State

The Spring Choral Concert, Voci and Cantoria, will be held at 7:30 p.m. on May 5 at the Ophelia Parrish Performance Hall on the Truman State University campus, 100 E. Normal Avenue.

Kirksville Kiwanis Farmers' Market opens May 6

The Kirksville Kiwanis Farmers' Market will run each Saturday from May through October, 7 a.m. to noon on the square in downtown Kirksville. Come support your local farmers, growers, bakers, and crafts-

people at the longest continual community service project in the city of Kirksville. For more information, contact the Kirksville Kiwanis Club at (660) 988-0419 or via email at kirksvillemarket@gmail.com. or see the Kiwanis Facebook page at https://www.facebook.com/kirksvillekiwanisfarmersmarket/

Piano Student Recital at Truman State

A Piano Student Recital will be held at 2 p.m. on May 6 at the Ophelia Parrish Performance Hall on the Truman State University campus, 100 E. Normal Avenue.

The Kohlenberg **Lyceum Series 'Films** and Finger Foods'

The Kohlenberg Lyceum Series is introducing "Films and Finger Foods" in the Del and Norma Robison Planetarium. The second movie will be screened May 6 and has yet to be determined. Hors d'oeuvres will be served in Magruder Hall prior to the show. A special guest speaker will provide background information and insight on the film. Seating is limited. All events will take place at 7:30 p.m. Admission is free but tickets are required and can be reserved at the Sue Ross Arts Center in downtown Kirksville, the Advancement Office in McClain Hall 205 and the SAR window in the Student Union Building. For additional information, visit lyceum.truman. edu, call 660-785-4133 or email lyceumseries@truman.edu.

Thousand Hills State Park Amphibian Activities Table

An Amphibian Activities table will be available at Thousand Hills State Park on May 7 from 2-3 p.m. Come celebrate the end of Amphibian Week. There will be a table set up where you can learn about amphibians found in Missouri, make an origami frog, and see if you can jump as far as a native frog. Table located near the beach parking lot. All programs are weather permitting. Check out Thousand Hills State Park on Facebook for cancellations, location changes, and other park information.

Curtain Call's annual Cemetery Theatre seeks actors

Would you like to take part in Curtain Call's annual Cemetery Theatre? This year's event will take place on Saturday, May 13 as part of the city's Founders Day events. You will be provided with a short script to memorize portraying a historic member of our community. Please let us know if you are interested in participating in this

year's festivities. Email to curtaincallboard@gmail.com. We look forward to hearing from you!

Founder's Day to celebrate the life of **Charles Rorabaugh**

Founder's Day will be celebrated with a ceremony to be held on May 13 at 10 a.m. at Forest-Llewellyn Cemetery. This year, the Kirksville Historic Preservation Commission will erect a tombstone for Charles Logan Rorabaugh, who is buried at Forest-Llewellyn without a stone. Rorabaugh was killed on a flight from Kansas City to Kirksville in 1919. His mother, who later passed away, was buried next to him and she will be named on the tombstone as well.

Plant Sale – Kirksville **Area Master Gardeners**

Look for the black and gold MU Extension canopy at the Kiwanis Farmers' Market on the Kirksville Square, May 13 between 7 a.m. and noon. Your local Kirksville Area Master Gardeners will have for sale three types of milkweed, herbs, perennials (including natives), "Pass-along" plants, flowering annuals, vegetable plants. houseplants, and a few gardening items. Master Gardeners will be on hand to answer gardening questions or direct you to where the information can be found.

Acrylic Painting Workshop at Sue Ross Arts Center

Join the Kirksville Arts Association for a workshop on acrylic painting taught by Anna Dabnev on Saturday, May 13, from 1:30-3:30 pm. Anna recently took first place at the Regional Artist Exhibit earlier this year. She will be teaching three separate painting techniques. The cost is \$45 for Kirksville Arts members and \$55 for non-members. All supplies and materials will be provided. It is suggested each participant bring a hair dryer. Class size is limited. To register stop by the Sue Ross Arts Center from 11 a.m. to 4 p.m., Monday through Friday and between 10 a.m. to 2 p.m. on Saturday or call 660-665-0500. This workshop is geared for beginning and intermediate artists.

Stamp Out Hunger Drive

The "Stamp Out Hunger Drive" is a nationwide food drive to help neighbors facing hunger. Participating post offices ill leave a bag and/or envelope so you can donate right at your mailbox on May 13. Not on a participating route? They encourage you to donate to your local pantry or give a gift online at sharefogodbringhope.org.

May activities at the Community **Learning Center**

By Adair County SB40

Coffee & Cards - Each Tuesday at 9:30 a.m., join us for coffee and card or board games. We also have tea and hot chocolate if you would prefer. You can also bring your own drink to enjoy!

Dance Aerobics -Come dance with Angela and get your workout in at the same time!

Nature Time - Join us to learn more about the outdoors and nature you can explore in our community. Each class will be different with some community outings (outings to be announced).

Music Moves -Join Kaelie for our bi-monthly free music therapy group! This a fun activity for people of all ages to explore music and movement while having fun and making connections.

Movie Party - Come enjov a fun movie and light snacks and drinks. Feel free to bring your own! Wednesday, May 3.

Severe Weather Safety - This class will review ways for you to prepare for and stay safe during sever weather.

Crafts - Each Wednesday you are invited to join us for a fun and simple craft at 10 a.m. Come ready to explore your creativity!

Get Fit - Have fun while getting heathy! Angela will help you get moving with fun workout videos, walks in the community, and more.

Project STIR - This class is for self-advocates age 18+ and will help you learn to become your own best self-advocate, how to problem solve and negotiate, and what it means to be self-determined. Registration is required for this class.

BINGO - Join us each Friday at 10 a.m. to play BINGO and win BINGO Bucks to spend in our BINGO Store while having fun with your friends.

Other Activities and **Information to Know:**

Parent-to-Parent Group – This group is for any parent/guardian of a child, birth-through the end of school, with a disability. Your child does not need to be receiving services through Adair County SB40 Developmental Disability Board to participate. May's meeting will be held on Wednesday, May 18 5:30-6:30 p.m. at the Community Learning Center. Guest speaker, Kristin Lovin with MPACT, will talk with us about what Missouri Parent's Act (MPACT) is and all that their organization has to offer for supporting parents of children with Intellectual/Developmental Disabilities in Missouri. Childcare will



May Calendar

be available during the meeting. Please email (clc@sb40life.org) or call (660-665-9400) the CLC by Wednesday, May 17 if you will need this service.

40th Annual Jim Baker - John McConnell Bass 'n Kids Fishing Tournament and Clinic - May 20 at Thousand Hills State Park. Registration begins at 8:30 a.m.

Young Adults 20's/30's Something Neuro-Divers Social Group - This new social group for neuro-diverse and autistic adults in their 20s and 30s will meet on Saturday, May 27 at the Community Learning Center from 5-7 p.m. Please note the different date for May! Come meet new people while playing games and listening to music in a relaxed and fun environment. This month, bring your favorite ice-cream toppings. SB40 will provide the ice-cream (including lactose free). Please contact the Community Learning Center to let us know if you plan to attend or have questions about the group.

People First Callout Meeting — WE NEED YOU! Invite all of you friends and come find out what's in store for a new People First Chapter in Northeast Missouri! We will be discussing the mission and vision for the chapter. possible goals, and the next steps to becoming a chapter. Join us for an informational interest meeting to find out more on Wednesday, May 31 from 5-6 p.m. at the Community Learning Center.

Don't forget about the Youth Employment Program Camp! The deadline for apply is coming up quickly. This year's program will be structured differently than in previous years. The program will be a two week camp designed for youth between the ages of 13-15 and is designed to develop and practice life skills, social skills, community skills, and soft skills needed for employment while having fun. SB40 is currently accepting applications from youth in Adair County through May 26. You won't want to wait to get your application since spots are limited! The program description is attached along with the application that can be returned to the Community Learning Center.

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KEIM LUMBER COMPANY LLC

HOW TO CONTACT THE KIRKSVILLE DAILY EXPRESS

MARTY BACHMAN Managing Editor

news @kirksvilledailyexpress.com **ADAM TUMINO** Sports Editor

sports @kirksvilledailyexpress.com **DAWN BURGIN** Circulation

dburgin @kirksvilledailyexpress.com

SCOTT JARVIS Advertising sjarvis @kirksvilledailyexpress.com

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Obituaries

OBITUARIES

Georgia Kachulis

May 28,1941 — Apr 29, 2023

Georgia Kachulis, 81, of Kirksville, Missouri, passed

away Friday, April 28, 2023, at Northeast Regional Medical Center in Kirksville.



Georgia was born May 28, 1941,

in Kirksville, Missouri, the daughter of the late Pete Peteros and Mary (Chambers) Kachulis. Georgia was also preceded in death by one brother Bill Kachulis; one sister, Athena Korellas; one great-nephew, Kenneth Bare; and one great-niece, Debbie Ann Kincade.

Georgia is survived by three nephews, Paul W. Kachulis of St. Louis, County, Pete N. Kachulis of O'Fallon, MO, and Phillip E. Kachulis also of St. Louis, County; one niece, Sophia Korellas of Kirksville, MO; as well as three great-nieces, Christina Kachulis of Anchorage, AK, Andrea Kachulis of Everett, WA, and Brenda Bare Smith of Wentzville, MO.

Georgia was a graduate from Kirksville High School with the Class of 1959. She resided her entire life in Kirksville, where she worked a number of years for the family candy store (Pete's Candyland). She later worked for Solar Gas Company until receiving her real-estate license in 1983 and brokers license in 1984, as well as obtaining her GRI and CRS. Georgia was then employed forty years for Whitney Century 21, was a Multi-Million Dollar Producer, and retired in 2022 after her health begin to fail. She loved selling real-estate and was well known as a very likeable agent that people return to for their real-estate needs. Georgia was a member of the Northeast Central Association of Realtors, Missouri Association of Realtors, National Association of Realtors, and the MLS Service. She was also a member and president of the Women's Business Association and attended the First United Methodist Church of Kirksville.

Public visitation will be held Thursday, May 4, 2023, from noon to 2:00 p.m. service time at the First United Methodist Church in Kirksville, with Reverend Jennifer Finley officiating. Interment will follow the service at Maple Hills Cemetery in Kirksville.

Expressions of sympathy in memory of Georgia may be made to Shiner's Children's Hospital or to the American Cancer Society and may be left at or mailed to Travis-Noe Funeral Home, P.O. Box 306, Kirksville, MO 63501.

Adair County Health Department provides help to keep infants and children safe

By Adair County Health Department

The Adair County Health Department is offering services to the community designed to increase the safety of infants and children. New measures include distribution of child safety seats, cribs, and adult bloodstream carbon monoxide monitoring services.

The Health Department, located at 1001 S. Jamison Street in Kirksville, is a child safety seat inspection station. Residents can have staff inspect children's car seats and educate them about proper installation and use. Moreover, the health department will provide one free safety seat to qualifying Adair County households.

The Health Department's Safe Cribs Program provides education about child sleep safety and how to properly set up children's cribs. Free cribs are available to qualifying women who are at least 34



FILE PHOTO

weeks pregnant or have delivered a child within the past six months. Eligibility is need-based. Recipients of free cribs must be WIC recipients, have Medicaid (MO HealthNet) insurance coverage, or have an income of at or below 185 percent of the federal poverty level. Those who apply for a free crib must agree to a home visit, as well as crib use and set-up, and safe sleep education.

The health department has also purchased a handheld device, similar to a breathalyzer, that tracks carbon monoxide levels in the blood. In pregnant women, the device will measure lung function of the mother as well as the fetus.

The carbon monoxide monitoring device will make it easier for residents to find out how smoking is affecting their lung health. This biomarker feedback can assist them in their own smoking cessation efforts if they are attempting to stop using nicotine. The health department can also make referrals to the Missouri Tobacco Quit Line, coordinated by the Missouri Department of Health and Senior Services. The program offers smokers a free "quit kit," as well as free nicotine gum and patches to qualified individuals while supplies last.

For information about any of these services, call the Adair County Health Department at 660-665-8491.

KIRKSVILLE AREA NEWS BRIEFS

Planned upcoming roadwork

The following is a list of general highway maintenance and construction work the Missouri Department of Transportation has planned for this week. All road closures and planned roadwork may be viewed on the Traveler Information Map at http://traveler.modot.org/map/. Inclement weather may cause schedule changes in some of the planned work. There also may be moving operations throughout the region, in addition to the work mentioned below. For more information, please visit the Traveler Information Map at www.modot.org

Adair County

Weather permitting, May 1, contractor crews will begin resurfacing 17.3 lane miles on Route K in Adair County from Missouri Route 6 to Missouri Route 11 Resurfacing operations will then move to the routes listed below, located in Scotland, Schuyler, and Adair counties, which are part of Gov. Parson's Rural Road program.

Adair County, Route J – From Route A to Missouri Route 6 (27.2 lane miles) Scotland/Schuyler County, Route T – From Route A in Schuyler County to Missouri Route 15 in Scotland County (20.6 lane miles)

Traffic will be reduced to one lane at the location where crews are actively working with flaggers and a pilot car utilized for traffic control to guide traffic through the work zone. Workers will be present during daylight hours. All work will be completed by June 30, 2023.

For the safety of the crews and the traveling public, drivers are reminded to be attentive in work zones and put down your cell phones to eliminate distractions. Signs and message boards will be in place to alert motorists, as schedule changes occur. All work is weather dependent and schedules are subject to change.

Route O – May 8 – 12, Closed for culvert replacement operations from Route D to Missouri Route 6 between 7:30 a.m. and 4:30 p.m. daily.

Macon County

Route P – May 9, Closed for culvert replacement operations from Destiny Avenue to 2 miles north of Dynamo Place between 8 a.m. and 3 p.m. daily.

Missouri Route 149 – May 1 – May 9, Lane Restriction from one-half mile before and after the bridge over Painter Creek, for bridge maintenance between 8 a.m. and 3 p.m. Monday through Thursday. A 10-foot width restriction will be in place where crews are actively working.

Sullivan County

Route E – Closed for a bridge replacement project at the West Locust Creek Bridge, eight miles northwest of Milan, through May 2023.

Route T – Closed at the East Locust Creek Bridge after an inspection found bridge beam deterioration. A closure timeframe has not yet been determined.

DELAYED: Sullivan County bridge to be replaced—Route C over Yellow Creek

A project to replace the Sullivan County Route C bridge over Yellow Creek has been delayed and is now expected to begin Monday, May 8. The bridge, located approximately 1.5 miles east of Route U, southeast of Milan, was originally scheduled to close as part of the FARM (Fixing Access to Rural Missouri) Bridge Program on May 1. Once closed, construction is anticipated to continue through late September. There is no posted detour on most of these projects. The Yellow Creek Bridge was built in 1952 and has a traffic volume of approximately 300 vehicles per day.

Indoor walking activity for seniors at the Crossing Church

The RSVP (Retired Senior Volunteer Persons) office sponsors a walking activity five days a week during winter months for seniors to walk inside the Crossing Church location on Shepard Street from 9:30 a.m. until noon, Monday through Friday. This is only for senior citizens — 55 or older. They have volunteers "manning" the location and seniors are welcome any time during that time period. They ask that you sign in. There is no charge and you may come any or all days. If the schools are closed, they are not open because of weather. As of April 1, the Crossing will only be open on Monday, Wednesday, and Friday each week. It will be rain free, wind free, and cool on hot days. Citizens above 55 years of age.

NEMO senior citizen nutrition site chronic disease self-management class series

Do you need help with arthritis, asthma, cancer, diabetes, heart disease, depression, osteoporosis, firbromyalgia, lupus and other chronic conditions? Join us for Better Ways for Better Days, a chronic disease self-management class series. Class is free supported by a grant and NEMO Regional Arthritis Center/ ATSU-AHEC. Learn effective ways to manage your symptoms, medication, deal with stress, healthy eating habits, sleep improvement, communication and overall development of a healthier lifestyle. Program dates are May 4 and 11, 1:30-3:30 p.m. Register or further information email toniaschlecht@atsu.edu or call 660-626-2061. NEMO senior citizen nutrition site, 100 Valley Forge Drive, Kirksville.

Kirksville Arts Association to honor former military with summer exhibit

Kirksville Arts Association is seeking former military members to photograph for an exhibit titled "Thank You for Your Service" to be held at the Sue Ross Arts Center. The exhibit will open June 28 and run through Aug. 26. The Sue Ross Arts Center is located at 215 S. Franklin in Kirksville. A reception will be held on Aug. 24 and will include presentation of quilts by the Hands of Friendship Quilt Guild to some of the veterans. A professional photographer is scheduled to take photographs of the men and women holding a photo of when they were in the service in mid-May. Following the close of the exhibit, the photos will be given to the former military members. Anyone interested in participating in this exhibit is encouraged to contact the Kirksville Arts Association at 660-665-0500. There is no charge and all branches of the military are being honored including the reserves and guard.

Missouri Livestock Symposium accepting applications for the Missouri Livestock Achievement Award

The Missouri Livestock Symposium is currently accepting applications for the Missouri Livestock Achievement Award. This award recognizes an individual or organization demonstrating outstanding achievements and distinguished contributions to the livestock industry. Eligible applicants can be producers of livestock, agribusiness personnel, agency personnel, or agriculture educators in the state of Missouri. Other parties who have been long-time supporters of the Missouri livestock industry

will also be considered. The award recognizes livestock industry leaders from across the state. The selected applicant will become a member of the Missouri Livestock Symposium Hall of Fame and will be inducted during the Friday evening program of the Missouri Livestock Symposium on Dec. 1. The award nomination form can be received by emailing missourilivestock@gmail. com and requesting the form, or by contacting the Adair County Extension office at 660-665-9866. The Missouri Livestock Symposium is Dec. 1-2, at William Mathew Middle School. Go to missourilivestock.com or our Facebook page @MissouriLivestock for more details.

Healthy living program at NEMO Senior Center

A.T. Still University Area Health **Education Centers and Northeast** Missouri Area Agency on Aging are hosting a healthy living program: "A Matter of Balance: Managing Concerns About Falls." This program is designed to reduce falls and the fear of falling, setting realistic goals for increasing activity and evaluate and modify the environment to reduce risk factors. Friday afternoon beginning May 5 through June 23, from 1:30 to 3 p.m. at the NEMO Senior Citizen Service, Inc.: Senior Center located at Village 76 in Kirksville. Contact Tonia Schlecht ATSU AHEC 660-626-2887 or Debbie Blessing Northeast Missouri Area Agency Aging 660-665-4628 to regi

Adair County SB40 Youth Employment Program Camp

Spring is just around the corner and warm weather is finally here! That means it is time to begin planning for the summer and the Youth Employment Program Camp. This year's program will be structured differently than in previous years. The program will be a two week camp designed for youth between the ages of 13-15 and is designed to develop and practice life skills, social skills, community skills, and soft skills needed for employment while having fun. SB40 is currently accepting applications from youth in Adair County through May 26. You won't want to wait to get your application since spots are limited. The program description is attached along with the application that can be returned to the Community Learning Center.

PROGRAM

Continued from Page A1

"Data is an integral component of every industry, and understanding how to work with data will continue to be a more and more valuable skill in the years to come," said Kevin Minch, associate provost. "By making it easier for more Missourians to get into the field, we are setting them up for personal success, as well as meeting the needs of the future job market."

Data science professionals are responsible for taking large volumes of information and interpreting them to be used in actionable ways by businesses and organizations. Through a multitiered approach, Truman and partner schools are training participants

in data collection and analysis, as well as on techniques to effectively communicate its insights and use data to solve important problems.

During the April 25 signing ceremony, Truman also hosted a ribbon cutting and open house for its new Data Science Teaching Lab in Violette Hall.

"This new Data Science Teaching Lab and our expanded cloud computing resources will give our students a real edge," said Scott Alberts, professor and chair of Truman's Statistics Department. "Building on Truman's excellent backbone of quality teaching and student support, and working with MACC and our other partners, we can prepare students across our data science pipeline, giving

them endless experiences and opportunities working with real-world big data. We have current students working in genomics, text recognition, geographic information systems, astronomy, insurance, marketing and pharmaceuticals who will all benefit from these expanded capabilities."

As Truman has created and invested in its data science programs in recent years, the University is also taking a longterm approach to secure future students. The Data Science Pathways Initiative includes K-12 outreach efforts to inspire students to consider the field as early as the third grade. A team of high school and Truman faculty worked together to develop a series of lesson plans and activities for teachers to incorporate data science concepts into their classes. These have since been presented at a series of workshops in St. Louis, Kansas City and Kirksville. Classroom posters, career brochures and other learning materials have been developed and distributed widely throughout the state.

"This project gets students as early as elementary school thinking about the concept of data and related careers so that when they are in high school and college they can pursue relevant coursework," said Jeanne Harding, director of Truman's Institute for Academic Outreach. "Data scientists are strategic problem solvers. Anyone with an inquisitive nature and critical thinking skills can be successful in the field, and there are a number of ways they can get through Truman and its started." through Truman and its partner organizations,

For more information about all of the data science options available

through Truman and its partner organizations, visit data.truman.edu or contact gradinfo@ truman.edu.

The LaPlata Community Fire Protection District

is accepting sealed bids for the following equipment:

A 1986 Chevrolet 5/4-ton truck 4-wheel drive with a 6.2 diesel engine with 21,160 miles and a 2004 Chevy Tahoe 4-wheel drive with electric locks, windows, mirrors, and AC. It has a 5.3 vortex engine, and it has 164,185 miles. Mileage may go up as both vehicles are still in service. Bids must be received by 5 pm on Friday, May 12, 2023. Bid opening will be 8 pm on Monday, May 15, 2023.

If sold to an individual all lights and sirens will be removed, if sold to another fire department they will remain on the vehicle.

Bids may be mailed to: LaPlata Community Fire Protection District, 1001 Amoco Rd, LaPlata, MO 63549 The Board reserves the right to accept or refuse any and all bids.

For information or viewing contact:

Chief Bob Couch at 660-216-6752.
Viewing can be done at 1001 Amoco Road, LaPlata, MO.

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News

PATROL

Continued from Page A1

The Patrol's Lifesaving Award is presented to an active or retired employee who is distinguished by saving the life of another person. Eight employees accepted Lifesaving awards.

On Jan. 9, 2022, Commercial Vehicle Officer Gary W. England (Troop D) was working at weigh station D4 East in Joplin, when a traffic crash occurred just west of his location. He notified Troop D then ran to the scene, where he found one commercial vehicle was on its side and a second semi-tractor had exploded. One driver was stuck in the burning truck, and the fire had reached the cab area. Commercial Vehicle Officer England used three fire extinguishers he procured from vehicles involved in the crash attempting to keep the fire away from the driver while awaiting the arrival of the fire department. While he was looking for a fourth fire extinguisher, the driver was able to move a lever, free his leg, and exit the cab. The driver was taken to the hospital with life-threatening injuries. He survived the incident.

On Jan. 16, 2022, Trooper Justin L. Dedmon (Troop G) heard Wright County communications dispatch a deputy to an address in Hartville, in response to an accidental gunshot incident. Dedmon responded to the scene where he observed a female and a male subject. The male was standing by a passenger car and the female was holding a towel over his upper arm. Dedmon noticed a large pool of blood on the ground near the man and the towel was blood soaked. He removed his tourniquet from his boot carrier and applied it above the wound. This immediately stopped the bleeding. Apparently, the male had purchased a rifle from a friend aware the safety was not operating properly. When he dropped the rifle, it discharged, and wounded him. After approximately 15 minutes, emergency medical personnel arrived on scene and transported the man to the hospital. He has since recovered.

On July 2, 2022, Trooper James P. Lewis (Troop E) attended a family friend's birthday party at the Neptune Club in Caruthersville. During the swimming party, he noticed a four-year-old child had apparently jumped into the deep end of the pool. Lewis observed the child floating facedown and immediately jumped into the pool and pulled the child to safety. Once out of the pool, Lewis provided several brisk pats on the back to clear the child's airway of pool water. The child recovered from the incident.

On Aug. 14, 2022, Cpl. Joseph D. Hall (Troop A) overheard radio traffic from the Kansas City (Missouri) Police Department regarding a suicidal subject located near U.S. Hwy. 169 and Missouri Hwy. 9 in Clay County. Hall responded to the area to assist. Radio traffic provided a possible location and when Hall arrived, he observed a male lying in a pool of blood. A KCPD officer arrived at the same time. The subject appeared to have lacerations to his right and left wrists from an unknown object and was unresponsive. Hall retrieved tourniquets and gloves from his patrol vehicle. He gave gloves and one tourniquet to the KCPD officer and they each applied a tourniquet to the subject's upper arms. The officers rendered first aid until emergency medical services arrived and transported the man to the hospital. This man is alive today because Hall recognized the seriousness of the situation and reacted quickly.

On Jan. 31, 2022, Cpl. Jason M. Hurt (Troop I) responded to a call of a child who had broken through the ice on a private lake in Cuba. He arrived at the scene and observed that the child had broken through

the ice approximately 75 feet from the bank and was floating using a personal floatation device. Hurt and a paramedic attempted to toss throw bags to the victim, but the rope was falling short of the victim's location. After attaching safety gear, Hurt crawled on the ice toward the victim on his stomach to distribute his weight. After breaking through the ice into the frigid water, he attempted to swim toward the child. The ice became too thick, so he returned to the bank. A small Jon-boat was located, and Hurt began paddling with his hands until he reached the victim. He then pulled the small child from the water into the boat. Hurt then maneuvered the boat back to one of the throw bags and was pulled to shore by emergency medical services and deputies. The child was flown to Children's Hospital due to extreme hypothermia. The child survived the incident.

On July 27, 2022, while traveling northbound on Interstate 435 in a torrential downpour, Cpl. Louis B. Lairmore (Q/GD) encountered a four-vehicle crash that had just occurred. One vehicle was on the concrete median wall of a bridge overlooking the railyard more than 100 feet below. The vehicle was perched precariously with both driver side wheels hanging over the wall. Lairmore activated his emergency equipment and stopped behind the vehicle. He attempted to contact the driver, who was disoriented and unaware of his surroundings. Both doors on the right side of the vehicle had been wedged into the vehicle frame. The right front door would not budge. In the pouring rain, Lairmore coached the driver to climb carefully into the back of the vehicle. He forced the right rear door open, pulled the driver from the vehicle, and then escorted the driver to the safety of his patrol vehicle. Lairmore prevented this disoriented motorist from exiting his vehicle and falling from the bridge. He also removed the possibility of the driver being injured if the precariously positioned vehicle was struck by another vehicle and plunged from the bridge.

On Sept. 1, 2022, Major Scott A. Shipers and Lt. Collin M. Stosberg (Q/ESB) were having lunch with members of the General Assembly at Oscar's Diner in Jefferson City. Stosberg observed an individual stand from an adjacent table in distress and apparently choking. Stosberg quickly approached the gentleman, confirmed he was choking, and repeatedly administered an abdominal thrust. Major Shipers also responded to the gentleman's location. As the item did not completely dislodge, Stosberg began communicating with the gentleman in an attempt to keep him calm while Major Shipers administered two additional abdominal thrusts. The food blocking the man's airway was then completely dislodged and he recovered.

The Meritorious Service Award is presented to employees for exemplary service who performed beyond the call of duty in unusual circumstances. Two employees accepted Meritorious Service awards.

On May 3, 2022, a Kansas City (Missouri) Police Department officer identified a vehicle and its driver wanted on several Kansas City, Kansas, warrants for violent felonies, including murder. He followed the vehicle and requested additional officers respond. The suspect fled from police. The vehicle pursuit lasted over 30 minutes. Trooper John L. Colwell (Troop A) was one of the officers who responded to assist. He deployed a tire-deflation device across southbound I-435 at NW 120th Street and was able to bring the pursuit to an end. The armed suspect fled on foot into a nearby subdivision, and Colwell joined other law enforcement officers in pursuing him. Colwell assisted in containing the suspect near the backyard of a residence. The suspect pointed his handgun toward officers, ultimately placing them in immediate danger. Colwell fired his patrol-issued rifle, which stopped the threat the suspect posed. Colwell's actions and involvement with this incident directly resulted in stopping a dangerous chain of events and a dangerous suspect, who was endangering the lives of others.

On June 27, 2022, an Amtrak train carrying approximately 289 passengers hit a dump truck on Porche Prairie Avenue near Mendon, and derailed. Sgt. Timmy D. Shoop (Troop B) overheard the radio traffic and immediately responded to the scene. He climbed down inside a hot, heavily occupied rail car, helping to calm the passengers. Some of the injured passengers were incapable of climbing out of the rail car. Thus Shoop cleared a path for a ladder to be inserted through a window and assisted passengers in climbing up and out. He remained inside the rail car until only one crew member was left. This gentleman had suffered severe injuries and his arm was pinned under the train. Shoop helped the gentleman remain calm until emergency personnel were able to free his arm. Shoop remained by the man's side then helped lift the patient, ensured he remained level on a long spine board, and climbed his way out of the car. After the injured man was removed from the rail car, Shoop then went from car to car ensuring all passengers were out and accounted for. Passengers not transported to the hospital were taken to a nearby school, which quickly became an emergency operations center. Shoop became the liaison between the Highway Patrol, National Transportation Safety Board, and the school ensuring everyone's needs were met. Once the NTSB was prepared for the crashed rail cars to be removed, Shoop was placed in charge of escorting the over dimension loads safely by highway to their final destination.

Every year, a civilian of the year is chosen. The 2022 Matilda "Tillie" Sonnen Civilian Of The Year is Public Information Specialist III Meghan E. Basinger.

Public Information Specialist III Meghan E. Basinger (Q/PIED) creates content, and manages and monitors the Patrol's multiple social media accounts, as well as the email addresses linked to the accounts. In addition to her assigned duties, Basinger has fulfilled the role of the patrol's graphic artist since April 2022. On Aug. 25, 2022, an email to the social media account contained information from a female about a traffic crash she was involved in without providing a location. The female admitted her depression was "90 times worse," and she was having "some very bad thoughts." Basinger shared the information with her lieutenant, who responded to the email. Basinger utilized the email address, name, and a nickname within the email address to attempt to identify the female through her social media accounts. Basinger received a second email in the social media account indicating the female felt she should take her own life. Utilizing the information provided by the female and Basinger's research, the patrol was able to locate the traffic crash and determine it was in the Troop I, Rolla area. The information was provided to Troop I communications personnel. Members of Troop I communications, troopers, and the Rolla Police Department developed further information, identified the female, and located her. Mental health services were provided to prevent a tragic outcome.

Basinger is not provided indepth training on recognizing a person experiencing a mental health crisis and the actions to take. Yet Basinger quickly identified the sender of this email as a person in need. She took the appropriate actions and assisted in the timely identification of the female. Basinger's attention to detail, dedication to her duties, and her strong work ethic led to a positive outcome to what could have been a tragic loss of life.

Every year, an officer of the year is chosen. The 2022 Benjamin Oliver Booth Officer Of The Year is Sgt. Patrick D. Sublette.

Sgt. Patrick D. Sublette (Q/DDCC) joined the Digital Forensic Investigative Unit in 2011. He expanded its mission of assisting troops by initiating peer-to-peer file sharing investigations to identify suspects sharing child pornography files over the internet. Sublette then developed teams in different parts of the state to serve search warrants.

Sublette is the resource for computer-facilitated crimes. He consistently connects the digital dots during an investigation, and other law enforcement officials seek out his expertise. He explains complex computer communications to officers, prosecutors, and juries across Missouri. Sublette is certified in the United States District Court for the Eastern District of Missouri as an expert witness regarding child pornography investigations and peer-to-peer BitTorrent investigations, the first member of the patrol to be certified as an expert witness for these investigations. In 2022, Sublette was the main witness in a federal court case where he explained in detail, over four hours, about the peer-to-peer file sharing investigation. The jury handed down a conviction.

Sublette seeks new ways to leverage technology, using the Webex service enabling the team to communicate while working the case, serving search warrants, and during suspect interviews. Every detail is known to every investigator and forensic analyst the moment it happens; thus, calls or group messages do not interrupt the flow of investigations. He built a small remote computer network specifically for use by DFIU investigators, allowing files to be shared and eliminating hundreds of messages. In 2022, Sublette expanded the network further by placing servers and mass storage in several troops and service centers across the state.

The Valor Award is presented to an employee who performs an extraordinary act of heroism in a situation involving considerable danger to the employee and the possibility of injury or death to citizens or other officers. Four troopers accented Valor awards

accepted Valor awards. On June 2, 2019, Trooper David A. Beck (Troop E) and his field training officer, Cpl. James C. Cooksey (Troop E), were traveling east on U.S. Hwy. 60, just east of U.S. Hwy. 61 in New Madrid County, when they observed a pickup truck on the right shoulder of westbound U.S. 60. The truck had its hazard lights activated. Beck made a U-turn onto westbound U.S. 60 to check on the vehicle. As Beck parked his vehicle, he observed a male subject standing in the shallow ditch next to the open passenger door. He exited his patrol car and approached the truck. As Beck reached the right rear corner of the truck, the subject turned and fired several shots at him using a semi-automatic handgun. Beck began moving to a position of cover while drawing his patrol issued firearm. The subject continued to fire while moving quickly toward him. Beck returned fire and the subject fell to the ground. Beck and Cooksey administered first aid until paramedics arrived. The subject sustained gunshot wounds; he survived the incident. On Thursday, March 17,

2022, a traffic crash involving approximately 50 vehicles occurred on Interstate 57 in Charleston. Due to unusually dense fog, visibility was nearly nonexistent. Trooper Joshua J. Schuenemeyer (Troop E) was the first trooper to arrive

on scene and recognized the magnitude of this crash scene, which spanned nearly a quarter of a mile and blocked both northbound and southbound lanes. Schuenemeyer requested additional resources and informed troop communications this area of the interstate would need to be closed. He then ran toward a group of eight vehicles engulfed in flames. The fire was moving to a nearby commercial vehicle. The driver of this truck was trapped and screaming for help as the truck began to burn.

Schuenemeyer and a deputy attempted to remove the driver from the truck and found his leg was pinned under the dash. Schuenemeyer knew the truck would burn before fire personnel could arrive. Without hesitation or regard for his own safety, Schuenemeyer ran to the driver's side of the truck, placing himself between two burning trucks. As he approached the driver's door, oxygen fed the fire and sent flames shooting over his head. He persevered and was able to free the driver's leg as the deputy pulled him out from the passenger side. Sadly, the driver later succumbed to his injuries.

On Jan. 25, 2022, Trooper Adam R. Shipley (Troop E) overheard radio traffic of an aggravated rape in progress at the Amidon Conservation Area in Madison County. While responding to the area, he encountered the female victim and a male who was forcing her to his vehicle. The female ran toward Shipley's patrol vehicle and identified herself as the victim. Shipley exited his patrol vehicle to detain the man, who then ran into a wooded area. He caught the suspect and while attempting to take him into custody he observed him reaching for a knife in his waistband. After a physical altercation, Shipley and the man separated and began standing. Again, Shipley observed the man reaching for the knife in his waistband. In response, Shipley drew his patrol issued firearm and discharged one round, striking the man in the chest. Despite Shipley's attempt to administer medical aid, the man died at the scene.

On Sept. 10, 2022, Cpl. Terry A. Bible (Troop D) responded to a crash on Interstate 44 in Lawrence County. A deputy on scene made him aware of a secondary crash and Bible immediately redirected. The second crash involved two commercial vehicles. A man at the scene informed him a driver was stuck in the truck that was on fire. Bible grabbed his fire extinguisher and sprinted to the burning truck. He confirmed the driver was trapped inside with his leg pinned. The exterior and rear of the cab was on fire, so Bible used his fire extinguisher and asked others at the scene for additional fire extinguishers. He entered the cab of the truck and attempted to free the driver's leg, but was unsuccessful. The flames grew stronger, but Bible remained with the driver and worked to remove him from the burning truck. When the fire department arrived on scene, Bible exited the cab, ran to the firetruck, and helped pull the fire hoses to the crash site to increase the speed of the response. He also alerted the fire chief of the need for the jaws of life and secured gear from the firetruck to cover the driver to protect him from the flames.

A Lawrence County deputy arrived to assist Bible in applying pressure to the seat as the fire chief used the jaws of life. Firefighters sprayed water onto the three men with the hope of preventing serious injuries as they worked near the ever-growing flames. A second attempt with the jaws of life was successful, and the driver was removed from the cab for medical treatment. Both Bible's and the deputy's hair was singed from their arms and head as they worked to save the driver.

A5

Health

Tobacco is changing:

DHSS launches campaign aimed at parents of teens

By Missouri Department of Health and Senior Services

JEFFERSON CITY — Missouri's campaign, "Tobacco is Changing," launched this week to educate parents about the different candy-flavored tobacco products tempting kids into addiction. It is also the reality of the tobacco landscape – especially when it comes to e-cigarettes.

"Remember how shocked you were when you first heard about JUUL, the disposable e-cigarette that looks like a flash drive? Well, that's a drop in the bucket compared to the many shapes that e-cigarettes now take, including smart watches, makeup compacts — they're even hidden in hoodies and backpacks," said Valerie Howard who leads Missouri's Tobacco Prevention and Control program within the Department of Health and Senior Services (DHSS). "When parents familiarize themselves with these new products, they will

know what to look for."

E-cigarettes continue to be the tobacco product of choice for teens. The 2021 Missouri Youth Risk Behavioral Survey shows that 40 percent of Missouri's high school students have tried an e-cigarette, and 19 percent, or close to one in five, have used an e-cigarette in the last 30 days. There are currently more high school students in Missouri using e-cigarettes than adults who smoke (17 percent).

Parents can view the tobacco products at TobaccoIsChangingMO. org. Site visitors will find photos of tobacco products ranging from different varieties of e-cigarettes, little cigars and cigarillos, menthol tobacco products, and even new smokeless tobacco products like toothpicks. In addition, parents can get information on tobacco industry tactics like flavors and packaging, how to talk to their child about this sometimes difficult topic and actions they can take to reduce youth tobacco use and exposure.

In addition to the Comprehensive Cancer Control Program within DHSS, the department's Tobacco Prevention and Control Program has partnered with the Missouri Academy of Family Physicians, Missouri American Academy of Pediatrics, Missouri Association of Rural Educators, Missouri Departments of Elementary and Secondary Education, Mental Health, Public Safety and Social Services, Missouri Hospital Association, Missouri Parents as Teachers Association, Missouri School Boards Association and Tobacco Free Missouri on this campaign to help educate Missouri parents about youth e-cigarette and other tobacco product use.

The Tobacco is Changing site includes a media toolkit with fact sheets, social media content and videos for communities and partners to use in their own communication efforts.

TC BACCO IS CHANGING

Learn the Products

Cigarette use may be dropping among Missouri's youth, but newer, less recognizable tobacco products are gaining popularity fast. And that's not good, because there's no such thing as a safe tobacco product.



For more information about the Tobacco Is Changing campaign, visit TobaccoIsChangingMO. org. Free help for teens to quit using e-cigarettes is

available by texting VA-PEFREEMO to 873873 or at YouCanQuit.org.

COVID-19 UPDATES

Occludin protein plays key role in spread of coronavirus throughout body's cells

By University of Missouri

COLUMBIA — While the coronavirus continues to infect people around the world, researchers at the University of Missouri have identified a specific protein inside the human body that plays a critical role in how the virus spreads from cell to cell after infection — a discovery that will help better understand the Covid-19 disease and could lead to the development of new antiviral

drugs in the future.

The finding provides new insight into how the protein, known as the occludin protein, serves as a mediator for cell-to-cell transmission of the virus.

"Despite all the mitigation strategies implemented since the start of the pandemic, including the vaccines and antiviral drugs, we are still working to effectively control the spread of this disease, which continues to infect people each day, including those who have been vaccinated and exposed to the virus before," said Wenjun Ma, an associate professor in the MU College of Veterinary Medicine and the MU School of Medicine and lead author of the study. "This basic, scientific research is very important to better understand the underlying mechanisms of disease progression inside the body's cells so that the proper countermeasures can be identified and developed."

Ma and his team examined how the coronavirus spreads throughout cells by analyzing cell samples at the MU Laboratory for Infectious Disease Research. The lab serves as a critical resource for MU faculty and collaborating scientists who perform research on infectious diseases to help protect public health in the United States and abroad.

In the study, Ma found that when the occludin protein in a single cell is damaged by the coronavirus, the virus is able to quickly replicate and spread to neighboring cells throughout the body, making the infection worse and symptoms potentially more severe.

Ma said this newly discovered knowledge could assist developers of antiviral drugs by examining the potential impact the antiviral drugs have in strengthening the occludin protein against infection.

"Whether it is studying how the virus enters the cell in the first place or studying the virus replication process, this basic, scientific research helps us learn more about how the disease progresses," Ma said. "We learned that the virus may only start off by infecting a singular cell, but cells are incredibly complex,

and when the occludin protein gets damaged, the virus quickly replicates and spreads to neighboring cells. For example, if only one cell in the lungs is infected at first, the ability to breathe may not be significantly impacted. However, once the virus spreads to neighboring cells throughout the lungs, it can lead to difficulty breathing and other respiratory problems."

Going forward, Ma plans to study if other viral infections also impact the occludin protein in an effort to better understand how viruses interact at the cellular level with the hosts they infect.

"Tight junction protein occludin is an internalization factor for SARS-CoV-2 infection and mediates virus cellto-cell transmission" was recently published in PNAS. Funding for the study was provided by the University of Missouri start-up fund, the National Institutes of Health, the Centers of Excellence in Influenza Research and Response, the Kansas University Medical Center and the Peachtree Collaborative Orthomolecular Medicine, Education, and Research Foundation. Co-authors on the study include Jialin Zhang, Wenyu Yang, Sawrab Roy, Heidi Liu, R. Michael Roberts, Liping Wang and Lei Shi.

ATSU student says school providing path toward career goals in dentistry

By Courtesy of A. T. Still University

When Ruth Wilkinson, D2, finishes her dental education with the class of 2025, her goal is to serve in a federally qualified health center. In A.T. Still University's Missouri School of Dentistry & Oral Health (ATSU-MOSDOH), Wilkinson has found the perfect place to help her achieve that goal.

"ATSU stresses the importance of serving public health in its mission statement. ATSU-MOSDOH has provided me with multiple opportunities to go into the community and help serve vulnerable populations, which has only solidified that my decision to go into public health is the right one," she said.

Wilkinson is from Overland Park, Kansas, and has an undergraduate degree in biology with minors in chemistry, physical science, and public health.

ATSU-MOSDOH made her feel welcome and like a member of the community when she interviewed and toured, and those feelings have only grown stronger during her time on the Kirksville campus.

"I enjoy feeling a part of the

ATSU family," she said. "My class is super close and I know if I am needing assistance with anything, or just someone to hang out with, I have people to support me." A unique factor in AT-SU-MOSDOH's favor, Wilkinson said, is the four-year program being split between two locations. Students spend their first two years in Kirksville, working in the simulation lab, and then relocate to St. Louis and the St. Louis Dental Center, a dental clinic operated in partnership between AT-

SU-MOSDOH

and Affinia

"The split

something differ-

ent than other schools

campus was

Healthcare.

and has allowed me to experience dental school in both a small town and a large city. I have been provided with numerous experiences to work with patients, which helps me learn how to better operate with my patients when I get to St.

Wilkinson serves as a member of Delta Sigma Delta and a student ambassador, organizations which allow her to grow as a team member and gain leadership experiences.

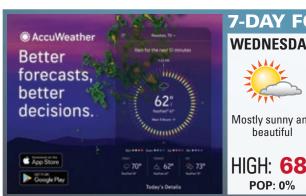
Louis," she said.

"Part of dentistry is being a team player, and I have learned how to become a more valuable team player," she said. "I was a student ambassador in undergrad and I loved being able to share my experiences with prospective students. I enjoy getting to meet new people and serving as a resource for them. I get emails from students who have toured, announcing their acceptance to ATSU-MOSDOH, and it makes me feel proud to have been part of their journey to dental school."

Weather

AccuWeather | Get the NEW app

MONDAY



7-DAY FORECAST FOR KIRKSVILLE

WED. NIGHT WEDNESDAY

beautiful

Mostly sunny and Clear and moonlit

LOW: **41**

THURSDAY

A blend of sun and clouds

55

Cooler with

65 55

POP: 90%

FRIDAY

Breezy and periods of rain

warmer with low clouds **76** 60

POP: 15%

SATURDAY

SUNDAY

A couple of t-storms; storms can be severe

56 78 POP: 90%

80

Cloudy and very Mostly cloudy, a warm with a

POP: 55%

City

thunderstorm or thunderstorm two: warm 58

Wed.

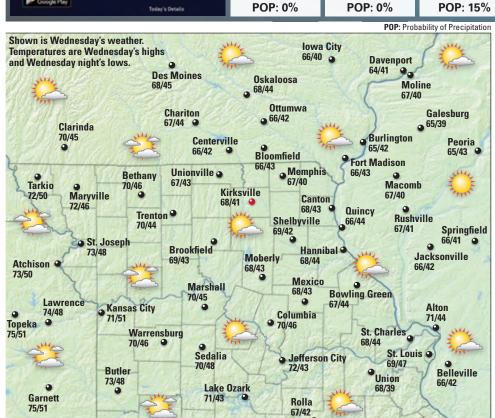
Hi/Lo/W

81 **60 POP: 65%**

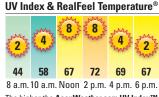
Thu.

Hi/Lo/W

TUESDAY



Conditions Wednesday



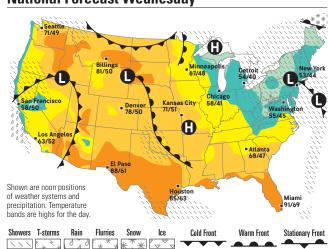
The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection. **0-2**: Low; **3-5**: Moderate; **6-7**: High; 8-10: Very High: 11+: Extreme. The patented AccuWeather.com RealFeel Temperature is an exclusive index of effective temperature based on eight weather factors.

feels very uncomfortable

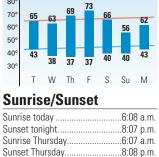
Comfort Index A rating of 10 feels very comfortable while a rating of 0



National Forecast Wednesday



Kirksville through	Monday
Temperature	
High/low Normal high/low Record high Record low	67/45 86 in 1965
Precipitation	
Monday Past week's total Month to date Normal month to date Year to date Normal year to date .	
Winds	
Average direction Average speed Highest speed	15.5 mph 26 mph
Monday's Tempera Midnight - Midnight	tures
80° 70° 60° 50°	High 62
40° 12am 6am	12pm 6pm 12am
Last Week's Tempe	' '
Actual and normal his	
80°	J, . J
700 05 69	73
70° 65 63	66 62



Moon	Moon Phases									
Full May 5		Last May 12								
New May 19		First May 27								

The Region Wed. Thu. Hi/Lo/W City Hi/Lo/W Branson 74/46/s 72/55/t Burlinton, IA 65/42/s 75/52/pc Cape Girardeau 68/44/s 70/56/c Carbondale 72/56/pc 64/39/9 74/49/pc 65/40/s 74/51/pc Champaign 58/41/pc 68/51/pc Chicago Columbia 70/46/s 71/54/sh 62/40/pc Danville 71/50/s 64/41/s 74/51/pc Davenport 65/41/s 73/51/pc Decatur Des Moines 68/45/s 76/53/s Evansville 65/43/s 71/51/s Galesburg 65/39/s 76/50/pc 62/45/pc 58/36/0 60/41/pc 69/47/pc Indianapolis Iowa City 66/40/s 76/50/pc Jefferson City 72/43/s 70/57/sh Joliet 63/39/pc 71/51/pc Kansas City 71/51/pc 66/57/t Lafavette, IN 62/38/pc 72/49/pc 66/41/s 74/53/pc Lincoln Madison 69/43/s 72/55/pc Milwaukee 54/41/c 61/46/s Omaha 72/50/pc 78/55/pc 66/42/s 76/54/s 65/43/s 76/52/pc Peoria 72/52/pc Rockford 62/40/c St. Louis 69/47/s 75/55/pc Springfield, II 66/41/s 75/53/nc 71/46/s Sprinafield, MO 71/58/t 75/51/pc 68/58/t Topeka

72/55/pc 77/60/t Weather (W): s-sunny, pc-partly cloudy, r-rain, sf-snow flurries, sn-snow, i-ice

	Flood Stage	Mon. 7 a.m.	24-hr +/-
Chariton River			
Chariton	19.5	4.20	-0.10
Rathbun Tail		3.60	none
Moulton	36	18.50	+0.10
Novinger	20	0.95	-0.03
Prairie Hill	15	1.95	-0.03
South Fork Charit	on Riv	er	
Promise City	25	2.90	none
Mississippi River			
Keokuk	16	17.21	+0.14
Quincy	19	20.60	+0.46
Quincy Lock & Dam	18	19.70	+0.39

The Nation

Albany, NY	49/42/c	57/42/sh
Albuquerque	81/55/pc	77/48/c
Anchorage	41/34/sn	49/34/c
Atlanta	68/47/s	76/55/s
Baltimore	54/41/c	63/45/sh
Billings		
U	81/50/pc	79/52/c
Birmingham	71/46/s	75/56/s
Boise	84/56/pc	74/50/c
Boston	54/43/pc	50/44/sh
Buffalo	45/41/sh	53/40/c
Charleston, SC	75/47/s	74/53/s
Charleston, WV	53/39/sh	65/41/pc
Charlotte	66/43/pc	72/50/s
Cleveland	50/41/r	57/41/c
Columbia	71/44/s	76/48/s
Columbus	53/40/sh	63/43/c
Dallas	79/62/pc	83/70/c
Denver	78/50/pc	69/45/t
Detroit	54/40/c	61/42/pc
Fargo	73/44/s	71/43/s
Grand Rapids	58/37/c	62/41/pc
Hartford	54/42/c	55/41/sh
Honolulu	85/74/pc	85/74/sh
Houston	85/63/pc	83/71/c
Jackson, MS	75/49/pc	82/63/pc
Jacksonville	80/48/s	81/55/s
Las Vegas	76/55/pc	68/52/sh
Little Rock	74/50/pc	79/63/c
Los Angeles	63/52/sh	62/52/sh
Louisville	65/44/s	71/52/pc
Memphis	71/50/s	76/61/c
Miami	91/69/pc	88/72/s
Minneapolis	67/48/pc	73/47/t
Nashville	68/44/s	72/54/pc
New Orleans	83/65/pc	84/69/pc
New York City	53/45/pc	54/47/sh
Norfolk	60/47/sh	64/49/pc
Oklahoma City	72/55/t	79/63/t
Orlando	84/60/s	84/64/s
Philadelphia	55/43/c	60/47/sh
Phoenix	89/62/s	79/59/s
Pittsburgh	45/40/sh	57/39/c
•		
Portland, ME Portland, OR	50/40/sh 70/52/sh	50/42/sh
		57/47/c
Rapid City	78/47/pc	75/47/c
Sacramento	69/51/pc	66/49/c
Salt Lake City	79/57/pc	70/46/t
San Diego	65/56/sh	64/57/sh
San Francisco	58/50/pc	59/51/c
Seattle	71/49/pc	59/46/c
Shreveport	79/55/pc	86/70/pc
Tampa	82/66/s	87/65/s
Tucson	85/57/s	80/54/s
Tulsa	74/54/pc	77/66/t

Wife incensed when secret is revealed

DEAR ABBY: My son recently confided that his fiancee is pregnant with our first grandchild. He asked me not to share this information with my wife, his mother. He knew she would be upset because he was in the process of breaking up with his fiancee. I told him I would keep his confidence for a short while, but that he should please tell Mom soon.

before my son finally told his mom about the pregnancy. She was shocked. On the way home, she asked if I had known about it. Well, my life flashed before my



eyes. I couldn't lie, so I admitted I knew. She became furious with me and said I should have prepared her for this news and had thrown her under the bus. A big argument followed. Was I wrong to keep my son's confidence? -- IN RET-ROSPECT IN GEORGIA

DEAR IN RETRO-

not wrong. Because you were asked to keep this in confidence, it was not "your" news to share. Your adult son asked you to keep this to yourself, and it would have been wrong to betray it before he was ready to tell his mother himself. Even if he breaks up with his partner, that baby will be a part of all of your lives for the foreseeable future. Move forward and put this spat to rest.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440,

Los Angeles, CA 90069. COPYRIGHT 2023 ANDREWS MCMEEL SYNDICATION

DEAR ABBY Two weeks went by

SPECT: No, you were

NEWS OF THE WEIRD procedure, he punched two officers, com-

Creme de la Weird

For the first time since the COVID-19 pandemic began, a ritual event took place at the Sensoji Temple in Tokyo on April 22, The Guardian reported. The traditional "crying sumo" event features pairs of infants, held up by the parents facing each other, who are frightened into crying by staff wearing "oni" demon masks. The first baby to cry wins the match. "We can tell a baby's health condition by listening to the way they cry," said Hisae Watanabe, mother of an 8-month-old. "I want to hear her healthy crying." Crying sumo events are held throughout the country. "In Japan, we believe babies who cry powerfully also grow up healthily," explained Shigemi Fuji, chairman of the Asakusa Tourism Federation, which organized the event.

Clothing Optional

Police in Mesa, Arizona, responded to the One Life Church on April 16 after receiving a call about a naked man in the church's baptismal fountain, AZCentral reported. Officers said Jeremiah Sykes, 20, was asked to leave repeatedly but wouldn't comply; he then wrapped himself in a blanket and wandered about the property. Sykes told officers he was baptizing himself. During his booking

pounding his charges.

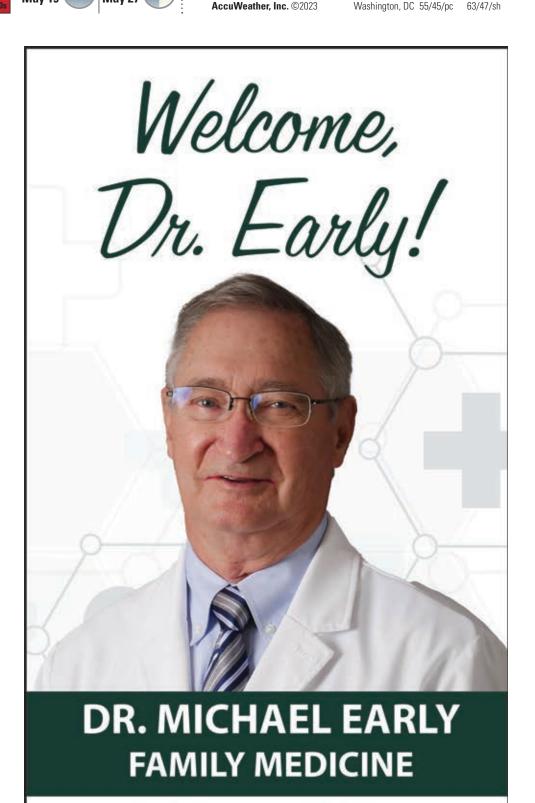
Wrong Place, Wrong Time

Shivdayal Sharma, 82, died in a freak accident in the Alwar region of India on April 19, LBC reported. As Sharma urinated near a train track, a Vande Bharat express train struck a cow, launching it 100 feet into the air before it landed on him. Sharma was killed instantly, and another man narrowly escaped being hit also. Ironically, Sharma worked at Indian Railways before retiring 23 years ago. Officials are calling for metal fencing to keep cows away from the tracks, along with the removal of garbage and vegetation.

It's a Dirty Job

The Blackpool Zoo in England is hiring! Wanted: "A team of people to join our Visitor Services team as 'Seagull Deterrents.'" You, too, can dress up in a large bird costume and scare away pesky seagulls, which steal food from both visitors and animal enclosures. The Daily Mail reported that candidates must be "outgoing, as you need to be comfortable wearing a bird costume," and hours will be variable.

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1 CROWN DRIVE | STE 200

KIRKSVILLE, MO

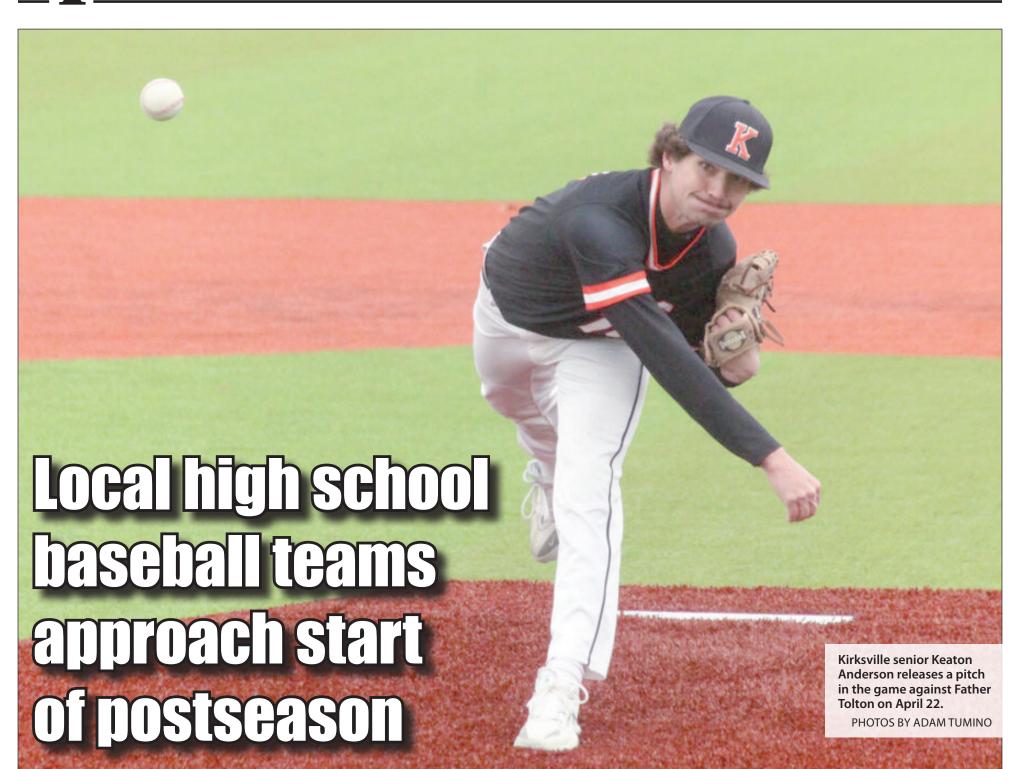
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TO SCHEDULE AN APPOINTMENT

Complete Family Medicine

Crown Clinic

Sports



By Adam Tumino Daily Express

Time is rapidly running out on the 2023 high school baseball regular season. Some local teams are slated to begin their district tournaments in less than a week and a half, leaving a limited number of games for them to get ready for the postseason. All records and statistics are as of March 1.

Atlanta

The Hornets have hovered around .500 throughout the season, and a loss to Milan on Monday dropped them to 6-7 with three games left on the schedule. They have not had a losing record since 2017 and have posted winning records in the past two years.

They are allowing 5.8 runs per game, the most since they allowed 10.8 in 2017. Their scoring average has dropped from 10 in each of the past two seasons to 6.3 this season.

Brashear

The Tigers snapped a four-game losing streak last week, but a loss in the following game sent their record this season to 4-6. They have scored 11 or more runs in each of their four wins, and in one of their losses as well, but have scored just one run three times this season.

still have a Thev chance to record their second-straight winning season, and have been scoring well with an average of 7.4 runs per game. They are allowing 10.6 runs per game, however, and have allowed nine or more runs in all of their losses.

Green City

The Gophers had won six games in a row before a one-run loss to Putnam County snapped it last week. Despite the loss, Green City still sits comfortably with a 12-4 record. During that sixgame streak, they outscored opponents 77-11.

That margin is a bit



Kirksville senior Kendrick Hartman steps in for an at bat in the game against Father Tolton on April 22.

higher than their season averages of 10.1 runs per game and four runs allowed per game, which puts them in line with their averages from recent seasons. It also puts them in good shape to make a run for their fifthstraight district title.

Kirksville

The Tigers are, somewhat miraculously, above .500 this season. They started 0-6 and were 3-11 before they rattled off a 10-game winning streak to go to 13-11. A loss to Macon in the Chillicothe on Saturday snapped the streak, but the Tigers are still riding high.

The Tigers allowed 14 runs in the loss to Macon after allowing just 17 runs during their winning streak. The Tigers are now averaging 5.8 runs per game and allowing 4.8. This is after they were being outscored on average for most of the season.

Knox County

The Eagles have managed to stay hot for much of the season, only losing consecutive games once

and posting a 13-6 record so far. Those consecutive losses came against teams that currently have a combined record of 30-7, and all six losses have come against teams with records of .500 or

above. They are outscoring opponents by an average of 3.4 runs per game this season, which is actually lower than the last two seasons despite their 2023 record being comparable to those two years.

La Plata

The Bulldogs started 7-1 before entering a four-game losing streak. A win against Linn County last Friday snapped that streak and gave La Plata an 8-5 record with five games to go. They have not had a losing season since 2012, an 8-10 season that was sandwiched between a state championship and backto-back district titles.

They are allowing 6.2 runs per game this season, atypical for a program that has allowed fewer than three runs per game the last four seasons in a row. They are averaging a robust 9.5 runs per game, however, to make up for the increase in opponent scoring.

Macon

The Tigers just became the first team to beat Kirksville since April 11, but given their 17-3 record this season, that comes as no surprise. They opened the season on a threegame winning streak and then posted a fourgame streak, which was snapped and then led into a six-game streak. Their win against Kirksville was their fourth in a row once again.

Having been long locked in to their sixthstraight winning season, Macon is averaging 8.6 runs per game and allowing just 3.7 runs per game. They have three shutout wins this season by double-digit runs, including a 19-0 win.

Milan

The Wildcats had a strong start to the season before hitting a rough patch. They were 4-1 before a 10-game losing streak ended any chance for the program's first winning season since 2017. They did snap the streak with a win over a solid Atlanta team on Monday and still have a

chance to finish strong. They are allowing 7.2 runs per game, which is down from the last two seasons, but their scoring average is also down a bit. They are scoring 4.8 runs per game after averaging 6.2 last year, 7.5 in 2021 and 7.7 in 2019.

Novinger

The Wildcats have had a strong schedule this season, and it shows in their record. They are 1-13 with most of those losses coming against winning teams. Three of their losses have come by only two runs.

They are scoring 3.6 runs per game, which is the lowest in the last five seasons, while allowing 11.8 runs per game, also the highest in the last five seasons. Three of their last four opponents have losing records, giving Novinger a chance to pick up another win or two by season's end.

Putnam County

With a seventh-straight winning season under their belt, the Midgets can now focus on finishing the regular season strong and heading toward a thirdstraight district championship. They are 15-6 on the season.

Their scoring average of 6.2 runs per game is actually the lowest it has been during the seven-season streak of winning records. They are allowing just 3.8 runs per game, though, which is the third-lowest during that span.

Schuyler County

The Rams were 4-4 early on, but have gone 2-6 since to fall to 6-10 on the season. Their first winning record since 2015 is unfortunately out of reach, but they still have a chance to get close.

They are allowing 6.8 runs per game and scoring 4.9 runs per game, but the margin has been slightly closer in the past four games. They have been outscored 24-19 in that span, which featured a 4-3 win over a strong Putnam County team on April 25.

Scotland County

The Tigers have been exactly .500 at six different points this season, most recently at 8-8. They finished three games under .500 last season and one game under the year before. That came after nine-straight winning seasons.

They are outscoring opponents by scoring 6.8 runs per game and allowing 6.1. They were outscored on average last season, but have outscored their opponents every other season since 2010. The last time they had a winning record was in 2019, when they finished 14-6 and won the district title.

Sports

Strong pitches salvages series finale for Truman

By Adam TuminoDaily Express

The Truman State base-ball team played its penultimate conference series of the season over the weekend, hosting a ranked Illinois-Springfield. The Bulldogs dropped the first three games of the series to the No. 22 Prairie Stars, but finished the series strong with a win. Truman is now 6-22 in conference play with only a four-game home series against McKendree left on the schedule.

The series opener ended in a 13-3 run for Illinois-Springfield, which ended after seven innings via the run rule. Illinois-Springfield scored six runs in the top of the second inning and had two in both the third and fourth innings as well.

Truman scored a run in the bottom of the second on a solo home run from Dylan Thompson. They added two more runs in the fourth on RBI doubles from Jack Darwin and Grant Beck. That was it as far as scoring was concerned for the Bulldogs, although they did have eight hits in the game.

The Prairie Stars scored two runs in the sixth and another in the seventh to put them up 13-3. Truman went down in order in the bottom of the inning to end the game. Thompson was 2-for-3 in the game with an RBI and two runs scored. Darwin also had two hits.

The Bulldog offense was stymied by the Illinois-Springfield's pitching in a doubleheader on Saturday, combining for just seven hits and losing the games 10-1 and 11-1.

Thompson, Dakota Spicer and Tyler Tieman had the three hits in the first game, all singles. Spicer's single in the sixth drove in Luke Roussel, who was pinch running for Thompson. Simon Murray was hit by a pitch twice in the game, and stole second base both times he was on base.

The only run for Truman in the second game on Saturday came on a solo home run from Luke Turner in the sixth inning. The other hits came from Holden Missey, who was 2-for-2 with a walk, and Beck, who was 1-for-2 with a walk.

The Bulldogs found much more success in the series finale on Sunday, despite having just four hits in the game. They took 12 walks as a team, however, and stole five bases on their way to an 8-1 win.

Truman executed a double steal to score their first run in the bottom of the third, with Missey taking second base and Turner swiping home. They added four more runs in the fifth inning, the first coming on a single from Missey before a three-run home run from Spicer put the Bulldogs up 5-0. With the bases loaded in the seventh inning, Will Fromm hit a bases-clearing double to left field to extend the lead to 8-0.

That was much more run support than Truman starter Isaac Epp would need. He pitched eight stellar shutout innings, allowing just four hits while walking two batters and striking out four. He earned his second win of the season to move to 2-5. Michael Daggett came on to pitch the ninth inning, allowing a solo home run with two outs before getting a flyout to end the game.

Fromm's double was the only extra-base hit for the Bulldogs Sunday. Missey was 1-for-1 with three walks, two steals, two runs and an RBI. Spicer was 1-for-3 with a walk, two runs and three RBI. Turner was 0-for-3 but had two walks and stole two bases. Murray had no hits, but took a walk, stole a base and scored a run.

Truman will now wrap up the season at home with a four game series against McKendree starting May 5. McKendree is 10-18 in conference play and needs to sweep the series to have any chance to make the GLVC Tournament. They are coming off a 3-1 series win over Missouri S&T. If Truman sweeps, they have a chance of jumping from 12th to 10th in the final standings.



TRUMAN STATE UNIVERSITY ATHLETICS



TRUMAN STATE UNIVERSITY ATHLETICS

Truman softball team ends season with winning weekend

By Adam Tumino Daily Express

The Truman State softball team was able to finish the season strong over the weekend, going 3-1 over their final four games to finish with an overall record of 17-37 and conference record of 7-17. They split a road doubleheader with Rockhurst on Saturday before heading home and sweeping William Jewell on Sunday.

In the opener against Rockhurst, the Bulldogs mounted a small comeback in the late innings to turn a 2-1 deficit into a 6-2 win, their second conference win in a row. They grabbed a 1-0 lead in the top of the first inning when Cassie Smith led off with a single, stole second, advanced to third on an error and then scored on a McKenzie West single.

A two-run home run put Rockhurst on top in the bottom of the fourth, which was the only damage allowed by Truman starter Breianna Klein. An Emily Eberwine sac fly tied the score in the top of the fifth before Klein hit a two-run home run in the sixth to give the Bulldogs a 4-2 lead and put her in line for her sixth win of the season.

Truman got two insurance runs in the top of the seventh when Cameryn Patterson doubled in Alex Beard and West. Rockhurst loaded the bases with one out in the bottom of the seventh, putting the tying run at the plate, but Klein got a strikeout and fielder's choice to end the game. She went seven innings, allowing just two runs on six hits while walking two and striking out five.

Klein was also 2-for-4 at the plate with two RBI and a run scored. Beard had two hits and Eberwine had a hit and a walk, making them the other two Truman players to reach base twice.

Truman mounted another comeback in the second game with Rockhurst to force extra innings, but Rockhurst managed to walk off with a 6-5 win in the eighth inning.

The Bulldogs once again pulled ahead in the top of the first when Beard singled home Smith, but this time Rockhurst tied it up in the bot-

tom of the inning. The Hawks added another run in the third inning and then three more in the fourth before then being held scoreless for the next three innings.

Truman began its comeback after this, scoring a run in the fifth on another Beard single and another in the sixth on an error to cut the deficit to 5-3. In the seventh, Truman tied the score on back-to-back RBI doubles from Beard and Patterson.

In extras, Truman went down in order in the top of the eighth before Rockhurst quickly had two outs in the bottom of the inning. Then a single, a walk and another single brought home the winning run for the Hawks.

Beard was 3-for-4 in the game with three RBI and a run scored while Patterson was 2-for-4. Annabel Zimmer allowed five earned runs over five innings of work before being replaced by Brooke Nutter, who went 2.2 innings and allowed just the one run in the eighth while allowing two hits and issuing two walks.

The Bulldogs then returned home to wrap up the season with Senior Day against a lowly William Jewell team that entered the day with an 0-22 conference record this season. Truman took care of business, beating the Cardinals easily in both contests.

Neither team scored in the first two innings of the first game, but William Jewell then grabbed a 2-0 lead off of Zimmer in the top of the third. The Bulldogs responded in the bottom of the frame, getting four runs on two singles and a two-run error, which proved to be all the runs the team would need.

Zimmer got two popouts to begin the fourth before issuing a walk and then ending the inning with a strikeout. The offense then pulled further ahead with a five-run inning, starting the scoring with an RBI double, then two RBI singles and a two-run double.

William Jewell added another run in the top of the fifth, but Truman shut the door in the bottom of the inning. An RBI single put Truman up 10-3 and on the verge of ending

the game. The end came one batter later when Macy Taylor doubled in two more runs and clinched 12-3 the win.

Taylor was 3-for-4 with four RBI and two runs scored. Eberwine was 2-for-3 with two RBI and two runs while Beard was 1-for-3 with a pair of RBI. Truman had four doubles, a triple and four stolen bases in the game. Zimmer allowed three runs on six hits while striking out four in her final start.

The season finale saw Truman jump ahead early, scoring five runs in the bottom of the first inning. The runs came in on a sac fly, single, double, fielder's choice and groundout. Another run came in via an RBI groundout in the second inning.

William Jewell scored in the third on a bases-loaded walk and then got a solo home run in the fourth before Truman responded with two more runs in the fifth, the first coming on another RBI groundout and the second coming on a single.

Another home run from William Jewell brought the score to 8-3 in the sixth, but West answered with a two-run home run in the bottom of the inning to put Truman up 10-3, which would be the final score.

Klein allowed just four hits in the game while pitching all seven innings. She walked two batters and struck out five. She was also 2-for-4 at the plate with two doubles, two runs and an RBI. Smith was also 2-for-4 with two runs scored. West, Beard and Callie Unrein recorded two hits as well.

With the season now in the books, Truman had some standout performers throughout the year. Beard led the team with a .347 batting average and 52 hits. West and Klein tied for the team lead with three home runs each while Cassie Smith led the team with 21 stolen bases on 25 attempts, just ahead of Macy Taylor's 20 steals on 25 attempts.

Klein and Zimmer each started 25 games on the season and threw eight complete games each. Klein has the edge in innings pitched and strikeouts but Zimmer led the team with a 4.53 ERA.

Jacob Morris, Drake Relays Discus Champion

By Truman State University Athletics

DES MOINES — Jacob Morris won the "invited" Discus throw at the historic Drake Relays on Friday evening over some of the top throwers in the nation. Morris' second throw, of the spotlight event, flew 57.29 meters (187-11 feet) and stood up for the championship.

Morris was the only one of the eight individuals to record marks in each of the six throws. His first flew 53.65 meters and placed him first then he unleashed his winning mark of 57.29 on the second toss. Iowa State's Kevin Sakson placed second at 56.49 meters and Minnesota's Kaleb Siekmeier placed third at 55.93 meters.

The women's 4x400 relay team of Sophie Oxandale, Raina Baker, Kendall Dasher and Alayna Pipkin posted a season-best time in the prelims on Friday afternoon. The group ran 3:57.46, which is the second fastest time in the Great Lakes Valley Conference to date heading into the championship

meet next weekend.

The rest of the teams competed at the Kip Janvrin Invite at Simpson College as they wrapped up the second day of the event.

Ellie Weltha placed second in the shot put (13.59 meters) and third in the discus (41.72 meters) while Addison Walker was seventh in the long jump (5.01 meters).

Top ten finishes on the men's side came from Cooper Doolin in the 400 meter dash (50.21) with a seventh, an eighth in the discus by Hayden Long (41.48 meters), a ninth by Kelly Hoskins in the triple

jump (11.66 meters) and 10th by Tyler Davis in the hammer (13.77 meters).

Saturday Update:

Natalie Telep earned three extra throws by making the finals in the women's javelin and finished ninth overall. Telep's final throw of her flight of 39.92 moved her into the finals. It was her longest throw of the javelin since winning the GLVC Championship in the event back in 2021. Jaylynn Martin just missed the finals and placed 10th with a mark of 39.78 meters



TRUMAN STATE UNIVERSITY ATHLETICS

and Quinn Albertson was 12th at 38.33 meters.

Morris competed in the men's hammer on Saturday morning and placed seventh with a throw of 58.62. It was on his second attempt of the event.

He will head to the GLVC Championships next weekend seeded first in the javelin, discus and shot put and second in the hammer. Nationally, he is first in Division II in the discus and 12th in the hammer.

ARLO AND JANIS



BIG NATE



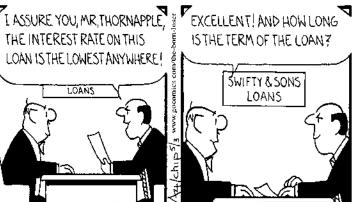






THE BORN LOSER



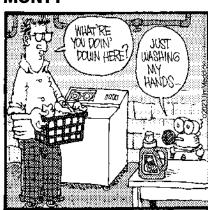




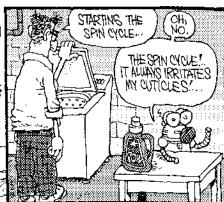
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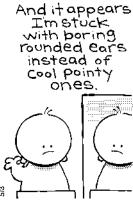




THAT A BABY









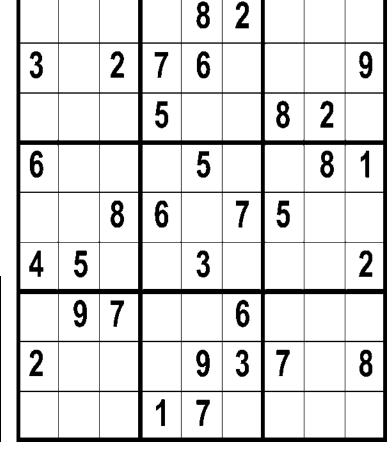
SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

5	1	7	8	6	2	3	9	4
3	9	4	1	7	5	2	6	8
8	6	2	4	3	9	1	5	7
9	4	6	7	1	8	5	2	3
7	5	1	9	2	3	8	4	6
2	3	8	5	4	6	7	1	9
4	7	3	6	5	1	9	8	2
6	8	5	2	9	7	4	3	1
1	2	9	3	8	4	6	7	5



CROSSWORD

ACROSS 1 Station 6 Trophies 12 Eye parts 14 Picket fence 15 Treaty

ratifier 16 Not sinking 17 Large green

parrot 18 Road map no. 19 "So!"

21 Be a landlord 23 Doze 26 "Give - -

27 Not masc. 28 Own up to 30 Website address 31 Spud st.

break"

32 Vex 33 Ravi's forte 35 Ego companions 37 Martini

base 38 Minds 39 Fib 40 Aardvark prey

"Mrs." 42 Adder's cousin 43 Weathervane dir. 44 Pipe material 46 Position 48 Calorie

41 Tijuana

counter 51 Wiped out data 55 Time of the mammals 56 Maraud

57 Pony noises 58 Flowerpot spot

DOWN

1 Bad-mouth 2 Previous to 3 Fasten temporarily 4 Honshu port

5 Monsieur's pate 6 Not touching

7 Blow gently 8 Chilean novelist **Answer to Previous Puzzle**

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9 Big carnival city

10 Molecular bio. topic 11 Pfc. boss 13 Waterproof 19 Condor

nests 20 Horse's lead 22 Network notes

24 Popular watches 25 Celestial 26 Sentimen-

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units 43 Barrel slat 45 Opening for air 47 River in

36 The Big -

42 Surveyor's

Asia 48 - Plaines, III.

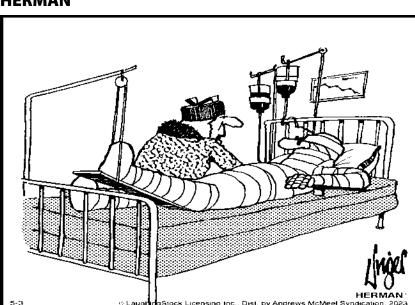
49 Na+ or CI-50 Author Umberto -52 Unhappy 53 Poultry

product 54 Ruby or Sandra

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HERMAN



"Your boss says you can have the rest of the afternoon off."

ASTROGRAPH BY EUGENIA LAST

You must be direct this year if you want to get things done. Action rather than conversation will be called for when trying to get others on board. People from your past will be eager to reconnect. Be careful not to forgive and forget too quickly. Make your thoughts and feelings clear to avoid disappointment.

TAURUS (April 20-May 20) -- Make home and family your priorities. Implement changes that are cost-efficient and inventive. Refuse to let your emotions override common sense. Pay attention to what others do and say.

GEMINI (May 21-June 20) -- Stop worrying about what others do and take care of your responsibilities. Taking on too much or expecting too much from others will cause anxiety and a falling-out with one of your peers.

CANCER (June 21-July 22) -- Do what you can to help someone, but don't take on debt. Be clear what you are willing to contribute before you begin. Don't let your personal life interfere with your professional duties.

LEO (July 23-Aug. 22) -- Keep your thoughts to yourself, and don't reveal your financial situation. Someone will be eager to take advantage of you if you are too open. Be a good listener. Home improvement is favored.

VIRGO (Aug. 23-Sept. 22) -- Don't take on someone else's debt or share revealing information. Learn, travel and attend meetings that offer insight into the changes going on in your field.

Advancement depends on you. LIBRA (Sept. 23-Oct. 23) -- Pay attention to

your needs. Pick up information that encourages

emotional growth. A domestic change you want

to make will cost more than you expect. Revisit your plans.

SCORPIO (Oct. 24-Nov. 22) -- Overspending will lead to stress. Consider sharing expenses with someone who shares your values and respects your privacy. Lowering your overhead will give you peace of mind.

SAGITTARIUS (Nov. 23-Dec. 21) -- Work alongside someone who shares your goals, but do not promise more than you can deliver. Honesty will protect you from sending the wrong message. Stay on track and under budget.

CAPRICORN (Dec. 22-Jan. 19) -- Take the initiative and get organized. Have a budget in mind and be wiling to do the work yourself. Be patient with partners, but don't make any undue com-

AQUARIUS (Jan. 20-Feb. 19) -- Conversations will get out of control if you or another person is stubborn or pushy. Sort out in your mind what you want and figure out how to reach your goal without disturbing others.

PISCES (Feb. 20-March 20) -- Keep your plans secret until you have everything in place. A problem that surfaces at home will be the result of a misunderstanding. When in doubt, go directly to the source.

ARIES (March 21-April 19) -- Stop before you say something you'll regret. Bide your time and pay attention to taking care of your responsibilities. Problems at home will surface if you overreact or let anger take control.

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CROSSWORD PUZZLES

ACROSS 1 Gloating cry 4 Advanced

degs. 7 Note taker's

need 10 DDE's org. 11 Small amount

12 Davidson or Seeger 13 Beluga delicacy

14 Playwright Coward commonly 16 Disney site 61 Deli

18 Live in 20 Shade 22 She has a habit

23 Valuable fur 26 Curtail 30 Novelist Levin

31 Enter data 33 Rattan stalk 34 Faces the target

36 Verdi opera 38 Frozen water 39 Sherpa's

country 41 Shrill insect

43 Flutter, as evelashes 45 Letter after

zeta 46 Soup or salad 49 Mover's

rental (hyph.) 53 Sea eagle 54 Defendant's

answer 57 Hosp. scan 58 Luau keepsakes

59 Countess' spouse 60 Epoch

salmon 62 It banned DDT 63 Farm layer

> DOWN 1 Hideous

monster 2 Barrel part 3 Fuel cartel 4 Heifer's hello

5 Lunched 6 Beauty shop 7 Pizarro's conquest

8 Standing on 9 Turn down **Answer to Previous Puzzle**



11 Have a hunch 12 Outdoor

meal 17 German physicist 19 - -de-sac 21 "Water-

mark" chanteuse 23 Cleveland's lake 24 Gangplank 25 Typical

DeMille

flick 27 — Marian 28 Machu Picchu builder 29 Golf peg

30 Fleming of 007 novels 32 Adams or Brickell

35 Buffalo pucksters

37 Real 40 Scale notes 42 Contented sigh 44 Conical

46 Amoebas have one 47 Hydrox rival

home

48 PC system 50 Memsahib's nanny

51 Natural impulse 52 Debt securer

55 Racing circuit 56 Victorian. e.g.

ACROSS

1 Rocker part 4 Tall bird

7 Uris novel "The —" 10 Potpie

veggie 11 Opens the window 13 Surrealist

painter 14 Gas pump abbr.

15 Logical 16 Squared

away 17 Diplomacy 19 Strong,

dark beer 20 North Dakota state tree

21 Tap 23 Batter's ploy 26 Torch's

misdeed 28 Ms. Hagen of films

29 Purpose 30 Sturdy fabric 34 Profundity

36 Make a hole-in-one 38 Conclusion

39 Bizarre

41 Lad's sister

42 Kauai hello 44 One's good

name 46 RBI or ERA 47 Smooth talk 51 Seep

52 Glittery fabric 53 Bail out 55 Made a fast

exit 56 Clapton of

"Layla" **57 ER**

practice 58 Pacino and Unser 59 Perform in

a theater 60 Attentiongetter

DOWN

1 Calendar abbr. 2 Coral ridge 3 Noted star-

seekers 4 Palette adjunct

5 Foulsmelling gases

Answer to Previous Puzzle

MAS GOP IOTA PIE TE IRON RIOE NOEL EPCOT OCCUPY H|U E N|U|N |E|R|M|| N|E|||L|||M|||T I R A TYPE CANE IMS AIDA ICE NEPALCICADA BAT ETA |C|O|U|R|S|E| |U|H|A|U|LERNE PLEA M|R|IEARL L|E|1|S| AIGIE EPA |L|O|X| $|\mathsf{H}|\mathsf{E}|\mathsf{N}|$

6 Samovars 7 Widespread destruction 8 Noted wiseguy

9 Quick turn 12 Looks for 13 Fillet 18 Make after taxes

22 Centering point 23 Comedian

Abbott 24 Salt Lake 25 Take a snooze

child 29 "Forget it!"

(hyph.)

43 Relaxes 45 Put up 46 Lobby City player 27 Bring up a

furnishing 48 Superman's mother 49 Every 50 "Ouch!" 54 Good for cactuses

31 Teachers'

holders

readers

37 Made of clay

40 Eating place

worker

island

org.

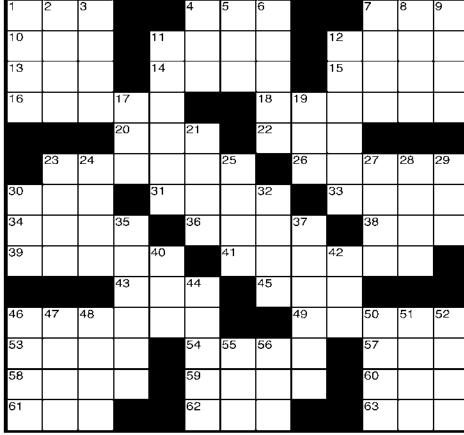
32 Office

33 JAMA

35 Honked

41 Hosp.

42 Coral



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1	2	3		4	5	6				7	8	9
10				11			12		13			
14				15					16			
	17		18						19			
			20				21	22				
23	24	25			26	27						
28				29				30		31	32	33
34			35			36	37			38		
			39		40				41			
	42	43					44	45				
46					47	48				49	50	
51					52					53		54
55					56					57		
58						59				60		

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SUDOKU

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already

PREVIOUS ANSWER

provided in the boxes. The more

numbers you name, the easier it

gets to solve the puzzle!

5	4	9	3	8	2	1	6	7
3	8	2	7	6	1	4	5	9
7	1	6	5	4	9	8	2	3
6	7	3	2	5	4	9	8	1
9	2	8	6	1	7	5	3	4
4	5	1	9	3	8	6	7	2
1	9	7	8	2	6	3	4	5
2	6	5	4	9	3	7	1	8
8	3	4	1	7	5	2	9	6

					9		1	
	7		8	4		5		3
				3	1	4		
6	9							8
		7				9		
2							6	4
		5	6	2				
8		3		1	5		2	
	6		3					

Here's How It Works:

5-5

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

				<u> </u>				•
3	8	4	5	6	9	7	1	2
1	7	6	8	4	2	5	9	3
5	2	9	7	3	1	4	8	6
6	9	1	4	5	3	2	7	8
4	3	7	2	8	6	9	5	1
2	5	8	1	9	7	3	6	4
7	1	5	6	2	4	8	3	9
8	4	3	9	1	5	6	2	7
9	6	2	3	7	8	1	4	5

					7		2	9
4	5							
	7			4				8
	6		5	7				4
		9		1		6		
7				6	3		~	
8				3			5	
							9	2
3	2		7					



Celebrate your joyful news with your community through the local newspaper.

Graduations • Memorials Milestone Birthdays • Weddings Retirements • Engagements Birth & Adoption Announcements Promotions • Achievements

CALL TODAY TO PLACE A CELEBRATORY AD!

Kirksville Daily Express

OPEN 8:00AM - 5:00PM MONDAY - FRIDAY | 701 EAST LAHARPE SUITE C, KIRKSVILLE, MO

660.665.2808 | WWW.KIRKSVILLEDAILYEXPRESS.COM

TRUCKS AND CARS

- 25 Words
- Plus Photo
- 3 Days

PETS

- 25 Words
- 3 Days

HOUSING FOR RENT

- 25 Words
- 3 Days

SHOP THE MARKETPLACE IN PRINT OR ONLINE!

WE MAKE IT SO EASY TO SELL YOUR STUFF AND

HOLIDAY SPECIAL/ BUSINESS SPECIAL

- 25 Words
- 3 Days

DEADLINES: Classifieds: 2 Days prior at noon Display: Friday noon for Wednesday and Wednesday noon for Saturday.

AGRI-BUSINESS

Cattle

Registered red Angus bulls, 18 month old, very gentle with, very good EPD's. Phone 660-216-3301.

Livestock

Registered red Angus bulls, 18 month old, very gentle with, very good EPD's. Phone 660-216-3301.

EMPLOYMENT

Professional

Manager/Social Case Worker-ADAIR AND SUR-ROUNDING COUNTIES: Come join the LFCS Team and work for one of the largest and most well respected non-profit organizations in the state of Missouri! Please apply at: https://lfcsmo.org/.

MERCHANDISE

Lawn & Garden

Garden and food plot tilling services. Contact Kevin Blackorby at 660-216-8568 or 660-216-9560.

Miscellaneous

Reloading supply sale-Gun safe, bullets, brass, powder, dyes and accessories. No live ammo. 2102 Washington, Quincy, Il. May 12 4-8pm, May 13 8a to 12p

RECREATION

Campers & Trailers

2017 Wolf Pup Limited, 16' QF, 30 amp. Great condition on interior. No leaks, everything works, could use polish on exterior. Pulls nice. Stored inside during winter. Located in \$10,500.00. Kirksville. 660-341-5004.

Other-Recreation

For sale or trade: Club golf cart, gas motor, new body and tires, chrome wheels, lifted, LED lights, shield. 573-721-2319.

BE AN EARLY BIRD! Place your ads before Tuesday and beat the rush!

YARD SALES

Garage Sale

College Park neighborhood garage sales on May 5th (4-7 PM) and May 6th (8 AM-12 PM). College Park Drive Kirksville. Multiple sales in the neighborhood

15929 Fountain road, Friday, 8-5, Saturday, 8-12 Young men and girls clothing, home decor, rolltop desk, dishes furniture and more. Fresh homemade donuts.

Need something? Let us help you. You can advertise that you are looking for a special item.Call 660-665-2808 for more information.

IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI PROBATE DIVISION

In Re The Estate of: MARGERY SUSAN BRYANT

Estate No: 22AR-PR00086

NOTICE OF FILING FINAL SETTLEMENT AND PETITION FOR DISTRIBUTION

TO: All persons interested in the above referenced estate:

You are hereby notified that the undersigned Personal Representative of the above styled estate will file the Final Settlement and Petition for Distribution in the Probate Division of the Circuit Court of Adair County, Missouri on the 10th day of May, 2023, or as it may be continued by

That objection to the Final Settlement or Petition for Distribution shall be in writing and filed within twenty (20) days after the date the Final

If no objections to the Final Settlement or Petition for Distribution are filed within twenty (20) days after the filing thereof, the Court will consider said Final Settlement and Proposed Distribution and upon approval the Court will determine the persons entitled to decedents descendible interest in the estate and the extent and character of their

Upon Proof of Compliance with the Court's Order of Distribution by the Personal Representative the Court will discharge the Personal Representative and his successors, if any for further claim or demand by any interested parties.

Dates of Publication: 4/12; 4/19; 4/26; and 5/3

/s/ John Bryant - P.R.

There's a better way to get noticed.

Keep life simple. Take out an ad.



PUBLIC NOTICE

The Board of the Adair County Health Department has received cost information for a possible change in retirement benefits for its employees under the Missouri Local Government Employees Retirement System. Section 105.675 RSMo. provides that (a) when a political subdivision is making a substantial proposed change in benefits, a prepared statement regarding the cost of such change shall be prepared in accordance with Section 105.665 RSMo.; (b) the statement of cost shall be made available as public information for at least 45 calendar days before taking final action to adopt the change in benefits; and (c) the statement of cost shall be filed in the office of the clerk, secretary or other individual responsible for keeping the official records, and with the joint committee on

public employee retirement In accordance with Section 105.675 Revised Statutes of Missouri. In compliance with section 105.675 RSMo, said cost information shall be made available for public inspection for at least 45 calendar days from today prior to adoption of the benefit change. Interested parties may view a copy of this cost information at Adair County Health Department and/or by contacting Jim Lebaron (660) 665-8491.

IN THE 2ND JUDICIAL CIRCUIT. ADAIR COUNTY. MISSOURI

Case Number: 23AR-CV00167 Judge or Division:

Plaintiff/Petitioner: MYRANDA WATTS

Defendant/Respondent:

Nature of Suit: CC Change of Name

Notice Upon Order for Service by Publication

The State of Missouri to: BRANDON STARK

Last known address: 1000 N. Luther Street, Apt. A Kirksville, Missouri 63501

You are notified that an action has been commenced against you in the Circuit Court of Adair County, Missouri, the general nature of which is Change Of Name of minor child, M.M.S. DOB 9-22-2017.

The names of all parties in this action are stated in the caption above and the name(s) and address of the attorney for the petitioner is:

LANCE M MCCLAMROCH

1003 E JEFFERSON, KIRKSVILLE, MO 63501

660-665-7777 You are further notified that, unless you file an answer or other pleading or otherwise appear and defend against this action within 45 days after

MAY 3, 2023, judgment by default will be entered against you. 4-28-2023 Date

/s/MARTHA COLE Clerk

Directions to Clerk

The name of all parties must be included in the caption. The date to be inserted from which the 45 days begin to run is the date of the first publication. If the plaintiff/petitioner has no attorney, the order of publication of notice must recite the address of the plaintiff/petitioner. Only the object and general nature of the civil action is to be stated, for example "for dissolution of marriage." If the address of any of the parties to be served by publication is given in the verified statement, the clerk shall: (A) within ten days after such order of publication mail a copy of the order of publication of notice and a copy of the petition to each such defendant and (B) file a certificate that such copies have been mailed. An affidavit shall also be filed showing the publication dates and the name of the newspaper in which the notice was published. A copy of the published notice shall be attached to the affidavit. (See Rules 54.12 and 54.20)

Certificate of Mailing

I hereby certify that on APRIL 23, 2023, I mailed a copy of the foregoing notice and a copy of the petition to each person whose address was stated in the verified statement filed by the party desiring service by publication.

/s/MARTHA COLE

PUBLICATION DATES: MAY 3, 10, 17, 24, 2023

685571jt



The La Plata R-II School District is accepting bids for athletic field turf management services at the District's athletic complex, approximately 14 irrigated acres. Turf services include, but are not limited to: mowing, deep tine aeration, core aeration, topdressing, over-seeding, dethatching and fertilizing. Acreage indicated in the scope of services is for informational purposes and for comparison of bids. The La Plata R-II School District reserves the right to change any of the acreage amounts as needed. The term of this Contract shall be for one year from June 1, 2023 through May 31, 2024. The District shall reserve the right to extend the contract for two additional one-year terms. Bids are due by 5 p.m. on Monday, May 8.

NOTICE TO BID

The City of Kirksville will accept sealed bids for the supply, delivery and placement of:

One (1) Double plumbed ADA accessible prefabricated restroom facility with the following options:

- All Stainless Steel fixtures
- Electric Hand warmer
- Exterior mounted, stainless steel Dual ADA accessible
- Other accessories as described in specifications and drawings.

One (1) Single plumbed ADA accessible prefabricated restroom facility with the following options:

- All Stainless Steel fixtures
- Electric Hand warmer
- Exterior mounted, stainless steel Dual ADA accessible
- Other accessories as described in specifications and

The bids will be opened and publicly read at 3:00 pm CST on Thursday, May 18, 2023. All bids must be submitted on blank forms furnished by the City of Kirksville. Responses that contain any omission, erasures, or alterations, or responses that contain any irregularities of any kind may be rejected as unresponsive. No proposal will be considered unless properly signed by the bidder, or a legally authorized agent or representative.

As required by Section 70914 of the Bipartisan Infrastructure Law (also known as the Infrastructure Investment and Jobs Act). P.L. 117-58, on or after May 14, 2022, none of the funds under a federal award that are part of Federal financial assistance program for infrastructure may be obligated for a project unless all of the iron, steel, manufactured products, and construction materials used in the project are produced in the United States, unless subject to an approved waiver. The requirements of this section must be included in all subawards, including all contracts and purchase orders for work or products under this program.

St., Kirksville, Missouri, 63501-3508, until 3:00 pm CST on May 18. 2023. Regardless of the method of delivery, bids must be plainly marked in the lower left corner of the envelope: Sealed Bid -Prefabricated Concrete Restrooms Spur Pond & Patryla Park

Bids will be accepted at the office of the City Clerk, 201 S. Franklin

Any bids received after the designated time of the announced bid opening shall be refused and returned unopened to the Bidder. All bids shall be F.O.B. Kirksville, Missouri.

Copies of the bid specifications may be obtained from Rodney Sadler, Parks & Recreation Director, by calling 660.627.1485 or emailing rsadler@kirksvillecity.com.

The City of Kirksville reserves the right to reject any and all bids and to waive any informality or technicality in any bid and to award the bid in the best interest of the City.

The City of Kirksville hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, businesses owned and controlled by socially and economically disadvantaged individuals will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of age, ancestry, color, disability, creed, gender, gender identity, marital status, national origin, race, religion, sexual orientation, or on any other basis that would be in violation of any applicable federal, state, or local law in consideration for an award. Federal Land and Water Conservation Funds are being used in this project, and all relevant federal, state, and local requirements apply.

FIND THE

PERFECT PET

FOR THE

PERFECT PRICE

Find your next fluffy, furry or feathered friend in your local newspaper classifieds!



News

Patient & Family Advisory Council established at **Scotland County Hospital**

By Scotland County Hospital

At Scotland County Hospital and Clinics in Memphis, they believe patient and family voices matter. You and/or your loved one's healthcare experience gives you knowledge and insight about what could improve the health care experience for others.

Scotland County Hospital is looking for patient and family advisors to serve on our newly established Patient & Family Advisory Council (PFAC) for the hospital and clinics. Their patient and family advisory council is made up of current and former patients, family members and health caregivers that works together to advance best practices at the hospital and rural health clinics.

Former patients and families collaborate with employees (clinical, administrative and support staff) to provide guidance on how to improve the patient and family experience. Patient and Family Advisory Councils are an excellent way to help health care institutions better understand the perspective of patients and families while also helping clinical and administrative staff better identify the needs of their patient population and bring patient and clinicians views closer together.

The goal of patient and family engagement is to create an environment where patients, families, clinicians, and other team members collaborate as partners to improve the patient experience and quality of care.

Who can be a patient & family advisor?

* You can be an advisor if you or a family member received care at Scotland County Hospital or one of their Rural Health Clinics in the last five years

* You are a community member from Schuyler, Scotland, Clark or Knox Counties

* You are a Scotland County Hospital & Clinics employee

You do not need any special qualifications to be an advisor

What is a patient & family advisor?

• A patient and family advisor is someone who wants to help improve the quality of the hospital and clinic's care for all patients and family members



PHOTO BY MISSOURI INDEPENDENT

- Gives feedback to the hospital based on his/her own experiences as a patient or family member
- Helps plan changes to improve how they take care of patients
- Works with the hospital and either short-term or long-term committees, depending on the project
- Volunteers his/her time for at least one hour and not more than four hours a month.

Is being a patient & family advisor right for you? Being a patient and family advisor may be a good match with your skills and experience if you can:

- Speak up and share suggestions and potential solutions to help improve hospital & clinic care for others
- Talk about your experiences as a patient or family member but, also think beyond your own personal experiences
- Talk about both positive and negative care experiences and share your thoughts on what went well and how things could have been done differently
- Work with a diverse group of people
- Listen and think about what others say,

- even when you disagree • Bring a positive attitude to discussions
- Keep any information you may hear as an advisor private and confidential

If this type of volunteer position interests you and you would like more information about becoming a patient and family advisor at Scotland County Hospital & Clinics, there is an application process. The application can be found at www.ScotlandCountyHospital.com. Join us! Together we can work to make our hospital the best it can be!

NEMR selected as a pilot partner for the launch of Fiber Gaming Network

By NEMR

GREEN CITY NEMR, a leading fiber internet provider, has been selected as one of 30 pilot partners for the launch of Fiber Gaming Network (FGN), a nationwide gaming platform that connects fiber internet users across the country for weekly community game nights and tournaments.

FGN, which is set to launch in May, will host

a series of online gaming events every week featuring popular games such as Super Smash Bros Ultimate, Madden NFL 23, Brawlhalla, Fortnite, Rocket League, NBA2k23, and Valorant. Participating players must register beforehand and have the chance to win cash prizes of \$500-\$1,500 every week.

"We're thrilled to partner with FGN to offer our customers a unique

gaming experience that takes full advantage of our fiber network's speed and reliability," said Michele Gillespie, general manager of NEMR. "With FGN, our customers can enjoy a seamless online gaming experience while competing with gamers from all over the country."

According to a 2021 study, fiber internet is 10 times faster than cable and offers better latency, resulting in a smoother and more responsive online gaming experience. This partnership between NEMR and FGN highlights the importance of fiber internet for online gaming and solidifies NEMR's position as a forerunner in providing top-quality internet service.

"FGN is excited to partner with NEMR to offer gamers across the country access to highspeed, reliable fiber in-

California, 86,55c/gal

Illinois, 78.0c/gal



ternet that allows for seamless online gaming experiences," said Robert Gilbert, co-founder of Fiber Gaming Network. "We look forward to seeing how NEMR's

customers will fare in our upcoming events."

For more information on FGN and to register for the upcoming gaming events, visit FiberGamingNetwork.com.

KIRKSVILLE NEWS BRIEFS

Food Bank Adopt a Buddy Pack program

The Food Bank for Central & Northeast Missouri invites you to Adopt a Buddy Pack. 1,928 children in Adair County qualify for free or reduced-price meals at school. Many of these children do not have access to nutritious meals during the weekend. The Food Bank's Buddy Pack program aims to fill that gap by providing Buddy Packs full of nutritious food for children to take over the weekend. You can help fed a child with Buddy Packs. A gift of \$270 allows them to provide a Buddy Pack to a child in Adair County for an entire school year. Donate at sharefoodbringhope.org/give-help or in-person at Alliant Bank, 201 S. Baltimore Street in Kirksville. Check by Mail: Make payable to "The Food Bank" with "Adair County

Buddy Pack" in the memo to: The Food Bank, 2101 Vandiver Drive, Columbia, Mo. 65202. All funds stay in the county. Participating schools include Kirksville Primary, Ray Miller, Brashear and Novinger. Sponsored by Alliant Bank and Kirksville Daily Express.

Professionals Committee

of Commerce encourages businesses and their employees (ages 21-40) to become involved in the Kirksville Young Professionals Committee, which focuses on retaining and engaging young professionals in the area through lunch & learn opportunities, professional development, and other various events. KVYP is here to help them connect with the community. They meet on the second Tuesday of the month at 9 a.m., in

the Hampton Inn Truman Room or via zoom. Feel free to reach out to KirksvilleYP@gmail.com for more information about KVYP or to get the Zoom Link for meetings. You are also more than welcome to join them at future events.

Hospice of Northeast Join the Kirksville Young Missouri to facilitate ongoing support group The Kirksville Area Chamber around the grief of aging

An ongoing support group around the grief of aging will explore dealing with getting older and experiencing the reality of "life is NOT what I thought it would be when I got to this point." All are welcome to attend this monthly support group that will meet from 1–2 p.m. on the third Tuesday of each month at the First United Methodist Church on 300 E. Washington St. in Kirksville. Attendees are asked to enter through the south door. The ongoing support group is sponsored by Hospice of Northeast Missouri, a partner agency of the United Way of Northeast Missouri. For more information, call 660-627-9711.

Catch-and-keep trout season begins at Spur Pond

Catch-and-keep trout season at Spur Pond in Kirksville until Oct. 31. Anglers can keep trout and remove the artificial bait only restriction. The Kirksville Police Department would like to remind citizens that even though there are ice-covered portions of Spur Pond, it may not be safe to venture out on the ice. According to the Missouri Department of Conservation, only ice that is four inches thick or more is safe to walk and fish on. For more information on ice safety and fishing regulations, visit the Missouri Department of Conservation webpage at https://mdc.mo.gov/.

Pennsylvania, 77.1c/gal New Mexico, 37.3c/gal Hawaii, 70.1c/gal Arizona, 37.4c/gal New Jersey, 69.1c/gal Missouri, 38.3c/gal **TAXED OUT:** Americans pay

\$78 billion in gasoline taxes in 2023

Alaska, 33.5c/gal

Mississippi, 37.2c/gal

Taxes on gasoline amount to \$215 million every day, one penny rise costs \$1.38 Billion/Year

States with the highest and lowest state gasoline taxes:

DALLAS — While Americans raced to file their taxes ahead of this year's April 18 deadline, Tax Day is every day for U.S. drivers. Gas prices have been rising over the past several weeks as Americans get back on the road and gear up for summer road trips but there are some hidden costs buried in what Americans pay for gasoline that are driving up prices even more for many motorists around the country.

Every day, Americans spend \$215 million on federal, state and local taxes on gasoline, with some states having lower taxes, and some having higher taxes. Some states also benefit from higher gasoline prices, with percentage-based sales taxes applied, helping the state to capture additional revenue when motorists are already getting hit with higher gas prices.

"While most Americans blame oil companies or gas stations for the high price of gasoline, few remember or are reminded by the portion Uncle Sam takes at the gas pump: 18.4 cents on every gallon, but most states take even more than that, and most never disclose at the pump how much tax is charged per gallon, making motorists target gas stations or oil companies instead of disclosing they are charging an average of 38.7 cents on every gallon," said Patrick De Haan, head of petroleum analysis at Gas-Buddy.

"Some states pinch motorists even more by having a percentage-based sales tax on gasoline, so that when gas prices rise, their coffers are filled at a faster pace. When gas prices hit a record last year, states saw money rolling in around the clock, more than ever before in some states."

Motorists spend some \$483 million on federal gasoline taxes every week, or \$25 billion every year, while state taxes amount to \$145 million per day, totaling \$53 billion per year. Raising gasoline taxes at the state and federal level by just a penny would raise consumer's tax bill by \$2.75 billion per year. To save money at the pump, GasBuddy recommends drivers always shop around for the best prices in their area. While traveling this summer, drivers should watch out for state lines, where gas prices can significantly increase or decrease over a short distance.



