KIRKSVILLE Daily Express

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JANUARY 11, 2023 **\$2**

Community partnerships will boost local workforce and economy

WEDNESDAY

By City of Kirksville

Area partners in northeast Missouri are coming together for a unique pilot program that will create jobs and support the local economy.

In an effort to help Kraft Heinz meet workforce needs, the company has implemented a program to recruit employees through Hawaii and the American territory of Guam. This collaborative effort is designed to find permanent employees for Kraft Heinz.

"The Kraft Heinz plant in Kirksville has seen New employees will be

unprecedented economic success for several years now, and that growth has been fantastic," said Kirksville City Manager Mari Macomber. "Because of already low unemployment in the region, Kraft Heinz and leaders in northeast Missouri are being proactive to meet workforce demands, and their efforts will contribute to continued economic growth."

Representatives from Kraft Heinz are in Hawaii Jan. 7-14 for a recruiting event, seeking as many as 25 employees to relocate to Kirksville.



hired at the recruiting event before they are eligible to begin work in Kirksville. All new hires will be subject to the Kraft Heinz Global Code of Conduct, as well as all federal, state and local laws.

All of the individuals

participating in the program are English speakers and have valid Social Security numbers. All of the recruitment territories are part of the Compact of Free Association, a longstanding partnership with the United States, meaning

all of the new employees can legally live and work in the country.

"These citizens will live and work in our community and contribute to the local economy," Macomber said. "They are seeking the American Dream, and if Kirksville can play a part in them achieving this dream, our community is better for it."

Furthering the local partnership, Truman State University will provide transitional housing in a currently unused residence hall while the new employees secure living arrangements in Kirksville. Centennial

Hall was taken offline this year and scheduled to receive partial renovations. A portion of the building will be utilized to accommodate the employees, and Truman will enroll all of the new employees in a one-credit course designed to familiarize them with the area and ease their transition to the community.

Kraft Heinz has been part of the Kirksville community since 1985. In 2016, the company announced a \$250 million expansion project that added 200 jobs and seven new production lines to the facility.

'She doesn't have a tribe': Cindy O'Laughlin's new role tests ability to bridge factions

As the new Missouri Senate Majority Leader, the Shelbina Republican must smooth over past GOP disputes without triggering partisan rancor

By Rudi Keller Missouri Independent

Ask around the Missouri Capitol, and there Senate — will depend on her ability to finesse those traits within a chamber plagued with GOP infighting for two years. While the conservative caucus has disbanded, fights such as when Rowden called the caucus "a clown show" and in turn leaders were accused of "tyranny" won't be forgotten.



Senate Majority Leader Cindy O'Laughlin, R-Shelbina PHOTO COURTESY OF SENATE COMMUNICATIONS

"Some people do have We were able to develop

Kirksville High School Basketball Pink Out Night

By Kirksville R-III

On Friday, Jan. 13, starting at 5 p.m., Kirksville **R-III School District will** be hosting a special Pink Out Night at the Kirksville Primary School, sponsored by Complete Family Medicine, as the Kirksville Tigers basketball teams take on the Hannibal Pirates.

Throughout the evening's slate of basketball games, the players, jazz band, and dance team will be wearing special "Fight Family Medicine, a not Like a Tiger to Defeat Cancer" t-shirts. The basketball players will also



have special jerseys to commemorate the event. T-shirts will be for sale for those attending the games with proceeds going towards a local Patient Assistance Cancer Fund organized by Complete for-profit organization.

is one trait people bring up over and again to explain how Cindy O'Laughlin became one of the most influential lawmakers in the state.

"She has the ability to tell me I was an idiot," said Senate President Pro Tem Caleb Rowden, "and tell those guys they were idiots. And that is an endearing quality in today's political world."

"Those guys," were the members of the Senate's conservative caucus, and Rowden was sharing an anecdote about O'Laughlin shepherding a major education bill to passage last year despite the conservative caucus' best efforts to derail it.

She went to battle over the bill and "said you are not going to kill this thing," Rowden said. "And she won."

O'Laughlin laughed when she heard Rowden's quote during an interview last month at her family's trucking and concrete business in Shelbina. But those who know her say it's that honesty — even, at times brutal honesty --coupled with a willingness to admit she was wrong that has served her so well during her time in the Senate.

Success in her next role — as the first woman to serve as majority leader in the state

It's a job no one would have pegged her for when she joined the Senate four years ago.

"She continues to be someone people underestimate," said Sen. Lauren Arthur, a Kansas City Democrat who has become close friends with O'Laughlin after they both entered the Senate in the same year. "It is really a credit to her that she was able to build a coalition. Unlike some of the other Republicans in the Senate, she doesn't have a tribe."

O'Laughlin says it will be her job to get lawmakers to agree on major bills and tell them when they aren't helping.

"These are all smart people, right? They're all smart people," O'Laughlin said. "And so if they're attempting to do something that any rational person would say, 'it's not going to work,' I feel like somebody needs to say, 'you know, that's not going to work. And here's why.' And I don't have a problem saying that.

a problem saying that or they can't say it in a way that doesn't make the other person mad. And I think I can communicate it without making people mad."

One reason O'Laughlin can tell people they are wrong — and make them like it — is because she accepts being told when she is wrong, said Otto Fajen, long-time lobbyist for the Missouri National Education Association.

The education bill she passed over conservative caucus objections includes several innovative ideas, he said. One is a pilot project to allow districts in four metropolitan areas to establish "recovery high schools" to serve students with substance abuse issues. The idea began in 2021 as a bill to create them as charter schools.

Because expanding charter schools beyond the current law is politically impossible, Fajen said, he convinced O'Laughlin to make it a district-based initiative. O'Laughlin has made education issues a personal priority since she took office in 2019 and chaired the Senate **Education** Committee for the past two years.

The first time they met, Fajen said, "she was wary of my employer, but not unwilling to talk.

an ability to talk because we were able to listen to each other, develop a degree of 'what I say to you is what I really think, what she says to me is what she really thinks.""

When Fajen explained her original bill couldn't pass and a changed bill could, O'Laughlin said, she learned a lesson.

"Nothing opens your eyes more than to get a smackdown," she said. "So if you think you have a great idea, and it goes absolutely nowhere, if you're smart, you'll take time to regroup, think it through and think to yourself, 'what are we trying to achieve,' not 'is my pride hurt, because it didn't go just the way I wanted it to?"

Rise to power

In 2018, O'Laughlin was a political newcomer. A mother and grandmother, she worked alongside her husband Russ as vice president of Leo O'Laughlin, Inc., a concrete and trucking company based in Shelbina. She was elected to the Shelby County R-IV Board of Education for one term, but she had never sought partisan office. That doesn't mean she wasn't familiar with politics.

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Left to right: Dr. Jordan Palmer, Food Bank's Northwest Regional Coordinator Teresa Ross, Dr. Justin Puckett and Dr. Aurora Bell.

Hannibal Regional Healthcare makes donation to Food Bank's Buddy Packs program

By The Food Bank For Central & Northeast Missouri

The Food Bank For Central & Northeast Missouri has partnered with Hannibal Regional Healthcare Systems in supporting the buddy pack program with a donation of \$2,500. This donation will benefit students in Adair, Shelby, Schuyler, Macon and Linn Counties. Buddy Packs are pre-packaged bags

with a variety of food each week — with items like easy-to-make meals, cereal and peanut butter. Buddy Packs provide food to 7,500 children each week during the academic year. The Food Bank's focus is to reach as many students as possible and generous partnerships like Hannibal Regional helps them to accomplish that mission.

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Community

Breanne Hunt is guest speaker at Kirksville Kiwanis Club

By Kirksville Kiwanis Club

The Kirksville Kiwanis Club welcomed Breanne Hunt to speak at their Jan. 5 meeting. Hunt is the executive director for Lifeline Pregnancy Help Clinic. She presented on the work of their organization. Pictured. from left, are Kirksville Kiwanis Club member Chris Koch, Hunt, and Kirksville Kiwanis Club President Elect Daniel "Dan" McGurk.



KIRKSVILLE AREA NEWS BRIEFS

Food Bank Adopt a Buddy Pack program

The Food Bank for Central & Northeast Missouri invites you to Adopt a Buddy Pack. 1,928 children in Adair County qualify for free or reduced-price meals at school. Many of these children do not have access to nutritious meals during the weekend. The Food Bank's Buddy Pack program aims to fill that gap by providing Buddy Packs full of nutritious food for children to take over the weekend. You can help fed a child with Buddy Packs. A gift of \$270 allows them to provide a Buddy Pack to a child in Adair County for an entire school year. Donate at sharefoodbringhope.org/give-help or in-person at Alliant Bank, 201 S. Baltimore Street in Kirksville. Check by Mail: Make payable to "The Food Bank" with "Adair County Buddy Pack" in the memo to: The Food Bank, 2101 Vandiver Drive, Columbia, Mo. 65202. All funds stay in the county. Participating schools include Kirksville Primary, Ray Miller, Brashear and

Keep an Eye on What's Happening Locally

Regional Visions Exhibit at the Sue Ross Arts Center

Regional Visions Exhibit will be at the Sue Ross Arts Center, Jan. 9—Feb. 24, 2023. The art center is open Monday through Friday, 11 a.m. to 4 p.m. and Saturdays 10 a.m. to 2 p.m. There is no charge to visit the exhibit and children are welcome. Sue Ross Arts Center is located at 215 S. Franklin Street in Kirksville.

2023 Indoor Triathlon Challenge continues

Join Kirksville Parks and Recreation and the Adair County Family YMCA for the 2023 Indoor Triathlon Challenge. The event will run through March 15, 2023. During this eight-week challenge, participants will complete either a full triathlon, half triathlon, or ultra triathlon. Participants will have full ment at 660-627-1485.

Hospice of Northeast Missouri to facilitate ongoing support group around the grief of aging

An ongoing support group around the grief of aging will explore dealing with getting older and experiencing the reality of "life is NOT what I thought it would be when I got to this point." All are welcome to attend this monthly support group that will meet from 1-2 p.m. on the third Tuesday of each month at the First United Methodist Church on 300 E. Washington St. in Kirksville. Attendees are asked to enter through the south door. The ongoing support group is sponsored by Hospice of Northeast Missouri, a partner agency of the United Way of Northeast

Please call the local OATS Transit office at 660-415-0901 or 800-654-6287 to schedule a ride or find out about services in your area. You can also visit their website at oatstransit.org and view the local schedule under "Bus Schedules". Their offices will be closed, and regular routes will not be running on Monday, Dec. 26, and Monday, Jan., for the Christmas and New Year's holidays. Please keep this in mind as you schedule trips near these holidays.

Truman State University Art Gallery Exhibit

A Truman State University Art Gallery Exhibit will be held from Jan. 24— March 3, 2023.

Exercises in Letting Go – Nirmal RajaExercises in Letting Go explores loss through Nirmal Raja's expansive practice, including painting, fibers, ceramics, photography, installation, and video. In part, Raja instrumentalizes objects and clothing left behind by loved ones to make work about burden, grieving, caregiving, memory, and the mystery of death and

KIRKSVILLE AREA CALENDAR OF EVENTS

Adair County E-911 Joint Services Board meeting

The Adair County E-911 Joint Services Board will hold a meeting at 1:30 p.m. on Wednesday, Jan. 11, in Kirksville City Council Chambers, City Hall, 201 S. Franklin Street.

Kirksville Planning and Zoning Commission meeting

The city of Kirksville's Planning and Zoning Commission will hold a meeting at 6 p.m. on Wednesday, Jan. 11, in the Council Chambers at City Hall, 201 S. Franklin Street.

Fly-tying class

Learn fishing skills with the Missouri Department of Conservation's (MDC) free fly-tying classes in Kirksville, Saturday, Jan. 14 from 9 a.m. to noon. Spend a few relaxing hours with MDC staff learning the art of fly-tying. Many different materials will be available for use, and participants will be taught how to fly-tie. Limited number of participants allowed. To register for this, go to https://short.mdc. mo.gov/4xW. All participants must be older than 13 and register prior to attending. All questions can be directed to the instructor, Pat Rigby, at patrick.rigby@mdc.mo.gov. Missouri Department of Conservation Northeast Regional Office and Interpretive Center, 3500 S. Baltimore, Kirksville.

Auditions for "The Murder Room"

Auditions for Curtain Call Theatre Company's production of the comedy whodun-it "The Murder Room" by Jack Sharkey, will be held on Jan 17, from 6-9 p.m. and Jan. 21, 10 a.m until noon at 512 W. Elizabeth Street in Kirksville. Curtain Call Community Theatre building, 512 W Elizabeth Street, Kirksville. Call 660-626-8100 for details.

Driver examination stations to close statewide for Martin Luther King Jr. Day

The Missouri State Highway

Tim AuBuchon Little Big Band Concert

Truman Jazz Studies Director Tim AuBuchon will present a program of original music for little big band (nonet) featuring Truman students and professional musicians from around Missouri. Jan. 22 at 6 p.m. in the Ophelia Parrish Performance Hall on the Truman State University campus.

Andrew Schaper Conducting Recital

Andrew Schaper conducting recital featuring Schubert's Symphony No. 8 with the Truman State Symphony Orchestra, Jan. 24 at 5:30 p.m. at the Ophelia Parrish Performance Hall on the Truman State University campus.

Rhonda Vincent headlines next performance of The Kohlenberg Lyceum Series

Northeast Missouri's own Rhonda Vincent will headline the next performance of the The Kohlenberg Lyceum Series, Jan. 27. Vincent and her band, The Rage, are the most awarded band in bluegrass history. She is an eight-time Grammy nominee and was inducted as a member of the Grand Ole Opry in 2020. All events will take place at 7:30 p.m. Admission is free but tickets are required and can be reserved at the Sue Ross Arts Center in downtown Kirksville, the Advancement Office in McClain Hall 205 and the SAB window in the Student Union Building. The event will be held at the Baldwin Auditorium, 100 E Normal in Kirksville.

For additional information, visit lyceum.truman.edu, call 660.785.4133 or email lyceumseries@truman.edu.

Vivian Scott Recital with Wind Symphony I & II

Vivian Scott Recital with Wind Symphony I & II on Jan. 29 at 2 p.m. at the Baldwin Hall Auditorium on the Truman State University campus.

Special Olympics Missouri Polar Plunge

Special Olympics Missouri Polar Plunge will be held at Thousand Hills State Park— Forest Lake Swimming Beach in Kirksville, Feb. 25 from 1-3 p.m. This amazing event is a unique opportunity to show your bravery as you support local Special Olympics Missouri athletes by walking, running or crawling into the frigid winter waters. In 2022, the Kirksville Plunge had 100 plungers and raised more than \$26,380! This one-of-a-kind event promises a fun atmosphere complete with music, funny costumes and lasting memories for everyone. All participants must raise a minimum of \$75 by event day. Your \$10 registration fee will apply towards your \$75 minimum. For kids ages 9 and under: All participants must raise a minimum of \$25 by event day. There is no registration fee.

Novinger. Sponsored by Alliant Bank and Kirksville Daily Express.

Join the Kirksville Young Professionals Committee

The Kirksville Area Chamber of Commerce encourages businesses and their employees (ages 21-40) to become involved in the Kirksville Young Professionals Committee, which focuses on retaining and engaging young professionals in the area through lunch & learn opportunities, professional development, and other various events. KVYP is here to help them connect with the community. They meet on the second Tuesday of the month at 9 a.m., in the Hampton Inn Truman Room or via zoom. Feel free to reach out to KirksvilleYP@gmail.com for more information about KVYP or to get the Zoom Link for meetings. You are also more than welcome to join them at future events.

access to the YMCA and the Aquatic Center, as well as all classes offered at those facilities. Those who complete the mileage goals will receive the 2023 Indoor Triathlon sweatshirt. Biking mileage can be earned through the use of a rowing machine, recumbent or spin bike, outdoor cycling, or participation in group aerobic classes. Swim distance can be accumulated by lap swimming, water walking, or water aerobics classes. Running mileage can be tallied while on the treadmill, elliptical machine, running outside, or participating in group aerobic classes. Registration is \$40 for members of either facility, or \$80 for non-members. If you have an active membership at the YMCA or the Aquatic Center, register at that facility. Non-members may register at either facility or online at parks.kirksvillecity.com. For more information about this program contact the Kirksville Parks

and Recreation Depart-

Missouri. For more information, call 660-627-9711.

Adair County Public Library Book Club is Back

Join the Adair County Public Library for their 2022-23 Friends of the Library Book Discussion group. Meetings will be held in the Special Collections Room at 5:30 p.m. Talk to the front desk staff if you would like to purchase these books through the library. Cost for an entire set of the books is \$72. Jan. 10, 2023: Our First Civil War by H.W. Brands; Feb. 14: Has It Come to This? By Kimberly Tilley; March 14: Booth by Karen Joy Fowler; April 11: Tied Up in Knotts: My Dad and Me by Karen Knotts.

OATS Transit offers regular transportation services

OATS Transit offers regular transportation services for the rural general public of any age, seniors, and individuals with disabilities. other types of loss. Raja is an interdisciplinary artist and curator based in Milwaukee.

Home/Body – Madeleine LeMieux – in the Charlyn GalleryHome/Body is a series of works that combine fibers, sculpture, and painting to explore the relationship between embodied experiences and the domestic environment that often contain them. Madeleine LeMieux is Art on the Move coordinator and instructor at the University of Missouri.

Gallery hours are: Monday-Thursday 8:30 a.m. to 7 p.m., Friday 8:30 a.m. to 5 p.m., Saturday Noon to 4:30 p.m. Art Gallery exhibits are free and open to the public. The art gallery is closed between exhibitions and during all Truman State University breaks. Additional information at gallery.arttruman.com The Art Gallery is located on the first floor of the Ophelia Parrish Fine Arts Center, entrance on the west side of the building.

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SUBSCRIPTION RATES*

(by mail within the state) Wednesday, Saturday home delivery+digital access

\$27.50
\$70.63
\$159.97
\$13.33
RATES
\$81.21
\$223.34

Patrol would like to remind the public that driver examination stations throughout the state will be closed on the following date: Monday, Jan. 16, in observance of Martin Luther King Jr. Day. Normal operations will resume on Tuesday, Jan. 17.

Kraft Heinz Kardboard Boat Race scheduled for Jan. 22

Get ready to put those leftover Christmas gift boxes to good use. Join the Kirksville Parks & Recreation Department at the Kirksville Aquatic Center on Sunday, Jan. 22, from 2-4 p.m., and take part in the Kraft Heinz Kardboard Boat Race. Children ages 5 to 16 can sign up as an individual or as a team of up to four people and put their building skills to the test. Participants must construct a boat structure using cardboard, duct tape and water-based paint, and attempt to make it across the pool in the fastest time. Teams will compete in age divisions based on the average age of the team and can win in multiple categories, such as Fastest Time and Best Design. This event is completely free for all participants and spectators thanks to event sponsor, Kraft Heinz. Register today at parks. kirksvillecity.com. For more information, contact Luke Callaghan with the Parks and **Recreation Department at** 660-627-1485.

Kirksville Area Chamber of Commerce Annual Banquet

The Kirksville Area Chamber of Commerce Annual Banquet will be held on Thursday, March 2, at the White Oaks Barn, 23255 State Hwy. 11, Kirksville. Among the evenings activities will be the Kirksville Young Professionals "5 Under 40" Awards.

2023 Community Engagement Conference

The 2023 Community Engagement Conference will be held at Kirksville R-III William Matthew Middle School, 1515 S. Cottage Grove, Kirksville, on Saturday, March 25,. Registration and more details to come.

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Obituaries

OBITUARIES

Carolee Wilhite

Dec 15, 1936 – Jan 6, 2023

Carolee Wilhite, 86, of Donnellson, Iowa, passed away at 3:00 a.m. Friday, January 6, 2022 at the Southeast Line Pa

2023, at the Southeast Iowa Regional Medical Center in West Burlington, Iowa.

She was born on December 15, 1936, in Kirksville, Missouri, the daughter of John Elmer and Margie Bernadine (Jacobs) Harris. On March 12, 1955, she married Ronald A. "Pappy"



Wilhite in Kirksville, Missouri. He preceded her in death on March 6, 2007.

Survivors include her two sons: Ronald (Paula) Wilhite of Wever, Iowa and Lennie (Stacie) Wilhite of Donnellson, Iowa; two granddaughters: Jessica Major of North Liberty, Iowa and Ashley (Brent) Wilson of Washington, Iowa; two grandsons: Austin Wilhite of Donnellson, Iowa and Adam Wilhite of Donnellson, Iowa; five great grandchildren: Westin, Luke, Blake, Ryland and Carsten and one sister: Joyce Wait. Also surviving are several nieces and nephews.

She was preceded in death by her parents; husband: Ron and sister: Dana.

Carolee was a member of the Donnellson United Methodist Church and the United Methodist Women. She retired from Borg-Warner. She then worked at Raisin' Em Up Day Care. She enjoyed reading, camping, traveling, gardening and her cat "Keyto".

Visitation will begin at 12:00 noon Thursday, January 12, 2023, at Schmitz Funeral Home in Donnellson, where the family will receive friends from 5:00 p.m. to 7:00 p.m. that evening.

A graveside service will be held at 11:00 a.m. Friday, January 13, 2023, at Maple Hills Cemetery in Kirksville, Missouri with Carolyn Pundt officiating.

Burial will be at Maple Hills Cemetery in Kirksville.

A memorial has been established in her memory for Donnellson Fire and Rescue or PAW Animal Shelter.

Schmitz Funeral Home of Donnellson is assisting the family with arrangements. Online condolences may be made to the family at www. schmitzfuneralhomes.com.

William Ronald Lake

Feb 27, 1941 – Dec 6, 2022

William Ronald Lake, 81, died in North Port, Fl. on December 6, 2022. He was born in Bloomington, Ind. on February 27, 1941, to Ollie Lake and Anna Lake (née Doglione), one of their five children.

He attended Bloomington High School, Indiana University for his Bachelor's degree, and Depauw University for his Master's degree. Bill dutifully served his country in the United States Army from 1960-1963, including a de-

Eldon Keith Simler

Aug 28,1933 — Jan 5, 2023

Eldon Keith Simler, 89, of Kirksville, Missouri, passed away Thursday, January 5, 2023, at Kirksville Manor Care Center.

The son of the late Arthur Holland and Gracia Ella (Waddill) Simler, he was born August 28, 1933, in Kirksville, Missouri. On June 24, 1956 in Green Castle, Missouri, Keith was united in marriage to Wanda Parmley who preceded him in death on March 6, 2014. He was also preceded in death



by one brother, Darrell Simler, and three sisters, Margie Wood, Mavis Young, and Neva Jean Barnhill.

Keith is survived by two sons and daughters-in-law, Mark and Sandi Simler and Paul and Kristi Simler all of Kirksville, MO; six grandchildren, Jennifer (Robert) McGlothlin of Ft. Worth, TX, Nathan (Crystal) Simler of Kirksville, MO, Wesley (Celia) Simler of Kirksville, MO, Justin Simler of Kirksville, MO, Haleigh (Dakota) DeVolld, and Eliott and fiancé Grace Mountain of Kirksville, MO; four great-grandchildren, Rian McGlothlin and Jaida McGlothlin both of Ft. Worth, TX, Addison Simler and Parker Simler both of Kirksville, MO; as well as a number of nieces and nephews.

Keith was a graduate of Kirksville High School. In 1956, Keith served his country in the United State Army overseas in France. After being honorably discharged he returned home and attended Northeast Missouri State Teachers College where he graduated with a BS in Industrial Arts. He began teaching in a one room school house in Southwest Adair County before transferring to Callao public school where he taught industrial arts over thirty years and served as Elementary Principal. Keith and his wife Wanda owned and operated Simler Dog Kennel, L.L.C. for a number of years.

Keith enjoyed deer hunting and arrowhead hunting, but most of all he loved time spent with his family.

Keith was a member of Kirksville Moose Lodge #1751, served on the Union Temple Cemetery Board, and was a member of Union Temple Church.

Public visitation will be held Sunday, January 8, 2023 from 5:00 to 7:00 p.m. in the chapel of Travis-Noe Funeral Home in Kirksville.

Funeral services will be held 11:00 a.m. Monday, January 9, 2023 a Travis-Noe Funeral Home, with Philip Lyon officiating. Interment will follow the service at Union Temple Cemetery, west of Kirksville.

Pallbearers will be Nathan Simler, Wesley Simler, Justin Simler, Eliott Simler, Dakota DeVolld, and Rian McGlothlin. Honorary pallbearers will be Jennifer McGlothlin, Haleigh DeVolld, Crystal Simler, Celia Simler, and Grace Mountain.

Expressions of sympathy in memory of Keith may be made to the Union Temple Church or to Union Temple Cemetery and may be left at or mailed to Travis-Noe Funeral Home, P.O. Box 306, Kirksville, MO 63501.

Terry Dwane Stewart

Harry S Jonas, Jr., M.D.

Dec 3, 1926 — Dec 24, 2022

Harry S Jonas, Jr., M.D., 96, obstetrician/gynecologist and medical educator, whose career

in medicine was interwoven with a life-long interest in government and community service, passed away on December 24th, 2022, surrounded by family.





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school, he served in the U.S. Navy as a hospital corpsman during World War II. He graduated from Washington University in St. Louis, earning both his Bachelors and M.D. degrees and where he was a member of the Alpha Omega Alpha chapter of Beta Theta Pi fraternity. He married his childhood sweetheart, Connie Kirby, in 1949 and they enjoyed sixty-one years of happy marriage.

After completing his residency training at St. Luke's and Barnes Hospitals in St. Louis in 1956, he began private practice of obstetrics and gynecology in Independence, Missouri. He and Connie soon became leaders in the effort to pass a home rule charter and help reform the Independence city government. He was elected Independence city councilman, serving from 1962 to 1966.

Dr. Jonas once estimated that he delivered 7,000 babies during his nineteen years of practice, but still found time to teach resident physicians at what was then called Kansas City General Hospital No. 2 before it merged with KC General Hospital No. 1 (Truman Medical Center).

Kansas City General Hospitals No. 1 and 2 were segregated until 1957. Dr. Jonas at great personal peril, played a vital role in desegregating the two facilities, thus remarkably improving the health care for the area's minority population.

He held numerous positions of leadership in local and regional sections of the American College of Obstetricians and Gynecologists, capping his involvement as national President of the College in 1986-87.

Dr. Jonas also had leadership roles in many civic organizations, including Rotary International, Junior Chamber of Commerce, Community Welfare League, Planning and Zoning Board, and Planned Parenthood. In 1970 Jackson County voters approved a new charter, creating a 15-member county legislature to be elected in 1972 when Dr. Jonas was elected 4th District legislator. He was then chosen as the first Chairman of the inaugural legislature, serving a four-year term. Following the death of President Harry S. Truman, and at the request of First Lady Bess Truman, he chaired the committee to raise funds to erect the statue of President Truman that has stood on the Independence Square since it was dedicated by President Gerald Ford in 1976.

In 1975 as the new UMKC School of Medicine was getting under way, Dr. Jonas left private practice to chair the OB/GYN department at the school, which utilized the newly opened Truman Medical Center as its teaching hospital. In 1978 he was appointed Dean of the school and remained in that position for another decade. Nearing the end of his deanship term, Dr. Jonas accepted the position of Vice-President, Undergraduate Medical Education with the American Medical Association in Chicago, with responsibility for accrediting the nation's medical schools. He traveled extensively in his capacity as Secretary for the Liaison Committee of Medical Education, visiting every one of the 126 medical schools in the U.S. and many in Canada. He visited China four times, most of Europe, and served as a The United States Agency for International Development (USAID) consultant to Kazakhstan and Uzbekistan. After retiring from the A.M.A. in 2000 he returned with his wife Connie to the Kansas City area and became a special consultant to the Dean at the UMKC School of Medicine. He was also a founding partner of DJW & Associates, a consulting firm helping medical schools prepare for accreditation, as well as advising those seeking to establish new medical schools. He was granted positions of Faculty Emeritus and Dean Emeritus at UMKC. In 2002 Attorney General Jay Nixon asked Dr. Jonas to serve on the board of the newly organized Health Care Foundation of Greater Kansas City (now known as Health Forward Foundation), whose mission is to aid the medically underserved in the Kansas City area. He chaired the group for two years and served another three years on the board. Throughout his life Dr. Jonas was a passionate supporter of women's health. He took great delight in his grandchildren and great-grandchildren, enjoying their frequent visits to his home. Dr. Jonas was predeceased by his beloved and dedicated wife Connie. He is survived by his sister Marietta Jonas Jayne of Kirksville Missouri, sons Harry (Hank) Jonas III (Beverly) of Painted Post, New York, and William Reed Jonas (Maria) of Independence, and daughter Sarah Jonas Dau (Mark) of Lee's Summit, grandsons Harrison Jonas, Daniel Jonas (Meghan), and Andrew Dau, granddaughters Kristen Jonas Hazelrigg (Andy), Becca Jonas and Katie Dau, great-granddaughters Charlotte Jonas and Piper Hazelrigg, and great-grandson William Jonas. A special tribute to Dr. Jonas will be held on Friday, February 10 at 11 am at the Truman Library in Independence, Missouri. In lieu of flowers, donations may be made to the Truman Library Institute or Ascend Hospice, Lee's Summit.

ployment to Germany.

After completing his education, he started a career in public education across the Midwest, serving at the following schools: Mooresville Indiana Public Schools (Teacher & Coach); Brown County Indiana Schools (Assistant Principal & Athletic Director); North Spencer County Indiana School Corporation (Principal, Heritage Hills High School); Paducah Kentucky Public Schools (Assistant Superintendent); Attica Indiana Public Schools (Superintendent); St Anne Illinois Community School District (Superintendent); & Adair County Missouri Public Schools (Superintendent, Novinger Public Schools). A lifelong sports fan, he cheered on the IU Hoosiers, St Louis Cardinals, and Green Bay Packers.

He loved his two children, Tony and Debbie; three granddaughters; one great-granddaughter; and countless friends across the country.

PINK

Continued from Page A1

Around 7 p.m. that evening, between the varsity girls' and varsity boys' basketball games at the Kirks-

a special presentation will be given to honor those that have fought or are fighting cancer, which will include a special video slideshow and flowers for those present.

ville Primary School,

FOOD

Continued from Page A1

"Thank you to Hannibal Regional Healthcare System for partnering with The Food Bank For Central & Northeast Missouri and having a passion for your community!" Food Bank officials wrote in a press release.

The Food Bank for Central & Northeast Missouri is a regional disaster and hunger-relief network that distributes more than 30 million pounds of food annually to partners across a 32-county service area. A member of Feeding America, The Food Bank works with manufacturers, wholesalers, processors, growers, retailers and restaurants to secure donations and food at reduced costs. The Food Bank works with more than 145 food pantries, soup kitchens, shelters and other agencies to ensure food gets into the hands of those who need it most. They are the only food bank in the state to provide to partner agencies at no charge. For more information about The Food Bank For Central & Northeast Missouri visit: www.sharefoodbringhope.org

Apr 1, 1949 - Jan 7, 2023

Terry Dwane Stewart, 73, of Kirksville, Missouri, passed away Saturday, January 7, 2023, at Macon Health Care Center in Macon, Missouri.

The son of the late Andrew and Eliza Jean (Beall) Stewart, he was born April 1, 1949, in Kirksville, Missouri. On May 18, 1979, in Kirksville, Missouri, Terry was united in marriage to Marsha Ann Seavey.

Terry is survived by his wife Marsha of forty-three years; two sons and

daughters-in-law, Jeff and Tammy Crow of LaPlata, MO, and Josh and Laci Stewart of Novinger, MO; three daughters and a son-in-law, Donnita Shultz of Kirksville, MO, Kay and Albert Hawkins of Columbia, MO, and Angie Stewart of Columbia, MO; one brother, Randy Stewart of Kirksville, MO; four sisters and two brothers-in-law, Andrea VanDyke and Priss and Dave Coy all of Kirksville, MO, Donna Steele of Novinger, MO, and Mickey and Donnie Watts of Milan, MO; twenty-four grandchildren; twenty-six great-grandchildren, as well as a number of nieces and nephews.

In addition to his parents, Terry was also preceded in death by one daughter, Teresa Stewart; one son Jerry G. Garrett; two brothers, John and Danny Stewart and one sister, Joyce Stewart.

Terry received his education in the Kirksville public schools. He was a Marine Corp Veteran serving in the Vietnam War. He worked several jobs before retiring in 2002 from the Kirksville Fire Department after twenty-one years.

Terry enjoyed golfing, bowling, playing cards, fishing, camping, and playing soft ball. He was a life member of Kirksville Moose Lodge #1751 (Moose Pilgrim), life member of the D.A.V. and member of V.F.W.

Funeral services will be held 2:00 p.m. Wednesday, January 11, 2023 at Travis-Noe Funeral Home in Kirksville, with Ray Rogers presiding. Interment with military honors will follow the service at Highland Park Cemetery in Kirksville.

Family will receive friends on Wednesday, January 11, 2023 from 1:00 to 1:45 p.m. followed by a Pilgrim Ritual that will be held prior to the 2:00 p.m. service time in the chapel of Travis-Noe Funeral Home.

Pallbearers will be Andrew Shultz, Caleb Shultz, Timothy Garrett, Tyler Garrett, Chris Cunningham, and Mike Gosemeyer. Honorary pallbearers will be J.D. Coy, Logan Garrett, Koenn Stewart, Aiden Stewart, and Keagan LaCost.

Memorial donations in memory of Terry may be left to his wife Marsha and may be left at or mailed to Travis-Noe Funeral Home, P.O. Box 306, Kirksville, MO 63501.



News

Missouri State Highway Patrol participates in human trafficking awareness initiative

the most vulnerable among us

for \$150 billion annually. This

crime is occurring through-

out North America and has

been reported in every U.S.

and Mexican state, and in all

Canadian provinces. In addi-

tion to being trafficked within

their own nation's borders, our

citizens are being exploited

volves our nation's transporta-

tion systems, including Missou-

ri's roadways," said Col. Olson.

"Human trafficking often in-

across national borders.

By Missouri State Highway Patrol

Colonel Eric T. Olson, superintendent of the Missouri State Highway Patrol, announced that the Commercial Vehicle Enforcement Division will participate in a five-day Human Trafficking Awareness initiative Jan. 9-13. This initiative is a concentrated effort to educate commercial motor vehicle drivers, motor carriers, law enforcement officers, and the general public about human trafficking, what signs

to look for, and what to do in tivated by greed, exploiting these situations.

Human trafficking is illegal exploitation of a person through force, fraud, or coercion. It can take the form of sex trafficking, forced labor, or domestic servitude. Human trafficking is not specific to age, race, or gender, and it occurs in rural, suburban, and urban areas across Missouri. The victims of human trafficking are from all socioeconomic backgrounds and levels of education.

Human traffickers are mo-

TRIBE

Continued from Page A1

She was a member of the state board of Club for Growth, a conservative anti-tax organization, and told the Linn County Leader in 2018 she had been active "against EPA overreach and Obamacare." In a four-way contest against three incumbent state representatives, O'Laughlin campaigned as an outsider, aligned herself with President Donald Trump and provided about half of the \$312,000 her campaign raised. She took 37 percent of the vote in the 14-county 18th District in northeast Missouri. All three of her opponents were men she knew and had supported in the past, O'Laughlin said. But she thought she had something more to offer voters.

"You need to be able to tell people things that they're not going to want to hear, but it's the truth," she said. "And only when, when you're operating from the basis of truth, can you come to a good conclusion. And I felt like maybe I was more able to do that. Because I don't have to have this job."

Her adherence to Trump and the tone of her campaign made some of her future colleagues uneasy. On her 2018 campaign website, she told voters she was "tired of society raising kids that are snow-flakes and will focus on education that teaches people to work with their hands." On another page, she said she was "a critic of the Black Lives Matter movement and the University of Missouri's liberal policies on inclusion. "I came in with very unfair assumptions about her and she has really proven me wrong and shown me the ways it is unhelpful to make assumptions about people," said Arthur, who won a special election in the 17th District in Clay County the same day O'Laughlin won her primary. The Missouri NEA did not support O'Laughlin in her first campaign, Fajen said. He was worried she would freeze him out.

of Fajen when she met him. But she found they could work together by being respectful.

"One of the things that I like about Otto, and I have not really seen it in some of the other establishment education people, is he's always honest, I believe, and he's always very cordial, even if he disagrees," O'Laughlin said. "It gives you, vou know, a good environment to exchange ideas."

When she reached the Senate, O'Laughlin joined the conservative caucus, a group that included five other senators intent on pushing the GOP further right in its legislative actions.

"We all have an interest in achieving our goals through the most fiscally conservative route," O'Laughlin said in a Senate-produced podcast about the caucus in 2019.

But she quit in 2021, turned off by the group's disruptive tactics. Last year, the conservative caucus tied up the Senate for weeks on the question of how to draw congressional districts, then battled over other Republican sponsored bills, complaining their proposals on social issues such as transgender participation in sports were being ignored.

A bipartisan group of 22 senators - not including O'Laughlin — led by Sen. Holly Rehder, R-Sikeston, demanded in March that the conservative caucus back down to allow the Senate to function. Rehder called the tactics "constant adversarial and classless actions."

Open warfare between the GOP factions continued into the August primaries, when candidates aligned with the conservative caucus won four of five open GOP contests and Assistant Majority Leader Bill White, R-Joplin, lost his contest for renomination. White was expected to run for majority leader. That opened the path for O'Laughlin. Sen. Mike Bernskoetter of Jefferson City was seeking the job, as was Sen. Andrew Koenig of Manchester. Bernskoetter sponsored the congressional district bill that the conservative caucus declared war over. Koenig was a member of the conservative caucus. He withdrew before the

to be someone who is not seen as part of either group," O'Laughlin said. "And the only person that I can think of was myself. Which sounds kind of, well, you know, sounds bad. But the only reason that I felt like I might qualify was because people trusted me," she said. "From all corners, I felt like they trusted me."

Common ground

While Republicans hold 24 of the 34 seats in the Senate, it is difficult for the majority to impose its will by sheer weight of numbers. That means that no matter how attractive a bill might be to a partisan base, the minority party — or a strong faction can filibuster it on the floor.

"When you get to the floor with something, everybody has input," O'Laughlin said. "So okay, let's hear what that is, before we get there. And let's see, do we have, you know, potentially some landmines that we can get around without blowing up the building."

Two early tests of her leadership will come on culture issues.

"One of them's going to be something to do with (critical race theory) and the 'Parents Bill of Rights,' and the other will be women's sports that has to do with transgender issues," O'Laughlin said.

The key to success on both issues, she believes, is communication.

"These are issues that matter in everyday people's lives," O'Laughlin said. "And we need to really look into it as far as we possibly can, to be sure we're doing the right thing. And I think to do that, you have to listen to people who don't have the same view that you do." Shira Berkowitz, senior director of public policy and advocacy for PROMO, the state's largest LGBTQ advocacy organization, said they are skeptical of the chances for finding common ground on transgender participation in sports. "I think talking about a middle ground is a fallacy," Berkowitz said.

"Our commercial vehicle drivers, inspectors, law enforcement officers, and the general public need to know what to look for and how to respond to these situations to help rescue the vulnerable people being exploited."

Signs of human trafficking are not always obvious, and may include:

• The presence of an older "boyfriend" or "girlfriend;"

• Travel with an older male/ female who isn't a guardian:

• Signs of psychological coercion, such as depression, anxiety, and/or an overly submissive attitude;

 Lack of control over his/ her schedule, money, and/or items proving identification;

• Physical trauma (bruises, cuts, burns, scars);

• Poor health;

· Coached/rehearsed responses to questions;

 Substance abuse or addictions, selling drugs; or,

• Homelessness.

Suspected human trafficking can be reported by calling 1-888-373-7888.

have had their gender changed by medical treatment.

"Politicians are just putting the vulnerability of transgender children on the front line of a culture war that they have invented," Berkowitz said. "It is not something the legislature should be toying with."

O'Laughlin has an enormous task if she wants to find common ground on the cultural issues, Arthur said.

"If you put your stake in the ground and you are unable to achieve that goal it makes you look weak," Arthur said. "That looms as a threat over any leader's ability to move the Senate toward their goals."

Arthur believes O'Laughlin understands that rolling over the minority isn't practical in the Senate. And Democrats, she said, understand the limits of their power. She trusts O'Laughlin will lead good-faith efforts to find common ground

"Our working relationship has restored my hope that lawmakers, whether in the Missouri State Senate or Congress, can find bipartisan solutions and work on things that matter," Arthur said.

Abortion-rights supporters and opponents last year found rare common ground in support of a bill extending Medicaid coverage for pregnant woman to one year after delivery. The bill failed, but it has been named as a top priority this year by leaders of both parties in both chambers of the legislature.

"That is a good example of solutions that are based in science and best practice identified in other states," said Mallory Schwarz, executive director of Pro-Choice Missouri. "At the same time, that is one piece of the puzzle of supporting pregnant people and their families." If O'Laughlin wants to hear the science showing the connection between restrictions on reproductive health decisions and poor health outcomes, Mallory said, her organization is ready to provide it. 'We welcome Sen. O'Laughlin to give us a call and have access to that information and resources," Schwarz said. "Missouri deserves more than the status quo." While O'Laughlin is unlikely to change her stance on abortion, Sam Lee, lobbyist for

the anti-abortion Campaign Life Missouri, said the postpartum coverage bill is an example showing O'Laughlin listens and can be persuaded. At first, he said, she likened it to an issue she has vehemently opposed: Medicaid expansion.

"We talked out her doubts," Lee said, "and she voted for it in committee."

Democrats who will be negotiating over bills will find another refreshing trait, he said.

"She's never left me guessing what she thinks," Lee said. "That is certainly not a universal quality among lawmakers."

Political future

Whether O'Laughlin has a future after the Senate — she is in the second of her two allotted terms — is an open question.

"I'm not always looking ahead to my next job," she said. In 2026, when term limits force her out of the Senate, she will be 70.

"I wish I was 45," O'Laughlin said, "because the answer might be a little different."

In a Facebook post in late December, O'Laughlin argued for a change in legislative term limits — from eight years in the House and eight in the Senate to 16 years in either chamber. Short tenures in office radicalize politicians, she wrote.

"Right or wrong they throw out an idea that might sound good but in reality isn't good," O'Laughlin wrote. "They do this because they want a future in politics and they hope to 'stand out' to the voters; many times playing to the fears of the base which is not good. Meaningful policy takes an incredible amount of time; both to come up with it and then to get it through." O'Laughlin has already made history as the first woman to lead the majority in the Senate. Holding that post makes her the likely choice as president pro tem starting in 2025. That would also be a first for a woman in Missouri. But for O'Laughlin, even that is looking too far ahead. She said her own future success is tied to the success of the Senate. "I feel like certainly for this first year, the most important thing for me is to be sure that I'm helping everyone else succeed," she said. "Because if I can't do that, then I'll feel like I have failed."

"I had heard from other people, she's going to come in and be difficult to deal with and have an anti-public education orientation," Fajen said.

O'Laughlin was also wary

"I thought, you know, I really feel the only person that can maybe be successful at this is going

caucus vote.

Three of the four bills filed by Senate Republicans on the subject require students to compete in gender-based activities based on the gender they were assigned at birth and make no allowance for participation by students who

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Business

A5

Farmers endured a rough year, but fertilizer companies cashed in

By Monica Cordero Missouri Independent

This story was originally published by Investigate Midwest.

Lance Lillibridge, a farmer in east central Iowa, knows farming's ups and downs. He has been in this business since he was "knee-high to a grasshopper" and is the first of a family of farmers to own his land. But he said the sharp increase in fertilizer prices this year has put him in a challenging position.

"It's very gut-wrenching," he said. "It's very difficult to be optimistic about the future because these prices are so high."

This year's drastic increase in fertilizer prices has hit farmers' pockets, and many have opted to buy less fertilizer and look for other alternatives to nourish the soil. However, fertilizer manufacturers have largely escaped unscathed: The high prices — which have soared past inflation have cushioned their bottom lines from any decline in sales, according to financial reports.

This year, giant fertilizer companies hauled in hundreds of millions in net earnings. The rise in profits represents massive percentage increases since last year. One major producer's earnings jumped more than 1,000 percent in the first nine months of 2022 than in the same time period last vear.

• Lillibridge's 2,500acre farm in Vinton, a town in Benton County, mostly grows corn, a crop that requires a lot of fertilizer compared to sovbeans or wheat. Although corn has sold at high prices over the last two years and grain is expected to remain high, Lillibridge said it's "very frustrating as a farmer" right now. Farmers could be paying hundreds of thousands more for fertilizer, he said. "It's difficult to be able to pencil this out," he said of planning the year ahead. "Right now, I can't even get a price on fertilizer for spring. So how do I make any decisions?"

makes soil more productive — can be the difference between a good and bad harvest in many cases. Because of that, modern American row crops have become dependent on fertilizer, after generations of farming have degraded topsoil. Runoff from fertilizer also can have disastrous downstream effects. It exacerbates the "dead zone" - an area where fish can no longer live — in the Gulf of Mexico, and it poisons drinking water.

Midwestern farmers spent nearly \$4 out of every \$10 of the cost of growing corn on fertilizer in 2021, according to the most recent data of the USDA's Commodity Costs and Return. For soybeans, fertilizers account for less than \$2 out of \$10 of operating costs.

"The increase in fertilizer prices has probably been the number one issue" for farmers, said Nicholas Paulson, professor in agricultural economics at the University of Illinois at Urbana-Champaign.

Paulson said fertilizer use is significant for soybeans, but corn is more dependent on fertilizers — especially nitrogen fertilizer, one of the main types of fertilizer, along with phosphate and potassium.

Fertilizer prices have risen for the past two years but reached record highs last spring. Multiple factors have driven the increase. Russia's invasion of Ukraine (both countries are major producers), the subsequent economic sanctions and disruptions to Black Sea trade routes have further increased trade costs and uncertainty for Russian and Belarusian exports. Prices for fertilizer have fallen since spring but remain high. While not as high as in the spring, fertilizer costs are significantly higher than a year ago and remain higher than in 2019. This increase is considerably higher than for other prices across the economy. From the third quarter of 2019 to the same period this year, the average price

Fertilizer — which of two of the most widely used types of fertilizer, diammonium phosphate (DAP) and potash, doubled in cost, according to an analysis of DTN/ The Progressive Farmer fertilizer price data by Investigate Midwest. In contrast, overall inflation in that period was 20 percent.

But the most significant price increase over that same time period has been for anhydrous ammonia, an effective and widely used nitrogen fertilizer. The price of anhydrous ammonia fertilizer increased by 152 percent.

"This is not normal," said Lillibridge, who also is a member of the board of directors for the Iowa Corn Growers Association. "In years past, we've had a pretty good idea what we could buy fertilizer for in the fall and what we could buy it for in the spring."

He said that's a burden for farmers because they have had to triple their fertilizer budget. If they had planned to invest \$400,000, that means they now have to spend \$1.2 million, he explained.

"I hear more of my farmer friends say, 'I don't even know why I do this anymore," Lillibridge said.

Frustrations with a concentrated market

Multiple factors influence the price of fertilizers. The price of natural gas, which is used in nitrogen-based fertilizers production, affects the cost, as do farmers' returns. When farmers make more money, fertilizer companies charge more, agricultural economist Carl Zulauf said.



Lance Lillibridge is a farmer in Benton County in his machine shed at his farm on Dec. 17, 2022. EMILY KESTEL FOR INVESTIGATE MIDWEST

tion president, attributing price increases to a concentrated fertilizer market made up of a few giant players. "They have total control over whatever price they charge."

Two companies supply most of North America's potash fertilizers, while four supply 75 percent of U.S. nitrogen fertilizers. according to a March 2022 U.S. Department of Agriculture report. The report even warned of concentration: "These companies' possession of scarce resources, often in other countries, and control over critical production, transportation, and distribution channels raises heightened risks relating to concentration and competition," it read.

Nutrien, a Canadian company formed through the January 2018 merger between PotashCorp. and Agrium, and Mosaic, based in Florida, dominate the potassium fertilizer market. Meanwhile, the major players operating in the nitrogen fertilizer market included CF Industries, an Illinois-based company; Nutrien; Mosaic; and the Norwegian chemical company Yara. Wes Shoemyer, a former state senator in Missouri and a corn farmer who said the high prices made him find a biological alternative to fertilizer from a company named Pivot Bio, said he thinks the Biden administration should investigate the concentrated market.

A year of cash flow for manufacturers

Although the rise in fertilizer prices has hurt farmers, it has led fertilizer manufacturers to record triple-digit profit increases for most of this year, according to reports that Mosaic and CF Industries filed with the U.S. Securities and Exchange Commission and the Canadian company Nutrien publishes on its website.

For example, Mosaic's net earnings totaled \$842 million in the first nine months of 2022, representing an increase in profits of 217 percent over the same amount of time last year. A company's net earnings indicate how much money it made in a given period after factoring in expenses, like operating costs.

Mosaic did not return requests for comment.

CF Industries and Nutrien also saw windfalls. CF Industries reported more than \$2.49 billion over the first nine months of 2022 — a 1,075 percent bump compared to the same amount of time last year. When asked about its earnings, a CF industries spokesperson pointed to a post on its website. The post said prices for nitrogen fertilizer, the company's focus, are determined by high natural gas prices. "European natural gas prices have hit record highs in early March 2022 due to the uncertainty created by the invasion of Ukraine by Russia, which is a major supplier of natural gas to Europe" the post reads in part. "This affects prices worldwide."

explaining key drivers of fertilizer costs, including natural gas prices. The company's president and CEO, Ken Seitz, touted his company's high earnings in a press release: "Nutrien has delivered record earnings in 2022 due to the strength of agriculture fundamentals, higher fertilizer prices and excellent retail performance."

In their reports, the companies mentioned that high fertilizer prices have caused farmers to buy less fertilizer. However, this drop in sales does not affect their earnings growth.

"They make excuses for price gouging," said Joe Maxwell, president of Farm Action and former Democratic lieutenant governor of Missouri. "They have blamed high natural gas prices. They blamed hurricanes in Louisiana and Florida, and they blamed COVID. ... The truth is that they're exhibiting monopolistic practices within the marketplace."

This story is a product of the Mississippi River Basin Ag & Water Desk, an editorially independent reporting network based at the University of Missouri School of Journalism in partnership with Report For America and the Society of Environmental Journalists, funded by the Walton Family Foundation. Investigate Midwest is an independent, nonprofit newsroom. Its mission is to serve the public interest by exposing dangerous and costly practices of influential agricultural corporations and institutions through in-depth and data-driven investigative journalism. Visit online at www.investigatemidwest.org.

Higher grain prices from corn to wheat to sunflower oil — have boosted farmers' profits to nearly \$161 billion this year, up 14 percent from the previous year, according to U.S. Department of Agriculture estimates.

"We as farmers feel very offended that just because corn prices went up, the fertilizer prices went up," said Dennis Friest, Iowa Corn Growers Associa-

"We have to enforce the antitrust rules," he said. "We're seeing this administration become more aggressive on many antitrust laws."

Nutrien also pointed to a post on its website

SURVEY: Hiring plans weaken in December as labor shortages challenge small businesses

Forty-four percent of owners are raising compensation

By National Federation of Independent Business

JEFFERSON CITY -Small business owners' plans to add positions remain elevated, with a seasonally adjusted net 17 percent planning to create new jobs in the next three months, down one point from November and 15 points below its record high reading of 32 percent reached in August 2021.

"Small business owners remain frustrated with the current labor situation," said NFIB Chief Economist Bill Dunkelberg. "The trend in planned hiring eased slightly as labor quality and labor cost are two top issues for owners. Owners raised compensation again in December to attract and retain employees."

State-specific data is unavailable, but NFIB State Director Brad Jones warned how the labor shortage continues to harm Main Street businesses.

"Although Missouri's unemployment rate is well below the national average, small business owners continue to struggle to fill open positions and keep their doors open," Jones said. "We'll continue to work with the General Assembly to bolster our skilled workforce and stabilize our economic recovery."

Forty-one percent (seasonally adjusted) of all owners reported job openings they could not fill in the current period, down three points from November. The share of owners with unfilled job openings continues to exceed the 49-year historical average of 23 percent but 10 points below its record high of 51 percent last reached in July.

Overall, 55 percent of owners reported hiring or trying to hire in December, down four points from November. Ninety-three percent of those hiring or trying to hire reported few or no qualified applicants for the positions they were

trying to fill. Twenty-six percent of owners reported few qualified applicants for their open positions and 25 percent reported none.

The percent of small business owners reporting labor quality as their top small business operating problem remains elevated at 23 percent, up two points from November. Labor costs reported as the single most important problem to business owners decreased one point to 8 percent.

Seasonally adjusted, a net 44 percent of owners reported raising compensation, up four points from November. A net 27 percent of owners plan to raise compensation in the next three months.

Thirty-five percent of owners have openings for skilled workers and 16 percent have openings for unskilled labor.

About NFIB:

For nearly 80 years, NFIB has been the voice of small business, advocating on behalf of America's small and independent business owners, both in Washington, D.C., and in all 50 state capitals. NFIB is nonprofit, nonpartisan, and member driven. Since our founding in 1943, NFIB has been exclusively dedicated to small and independent businesses and remains so today. For more information, please visit www.NFIB.com.

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Wednesday, January 11, 2023 | KIRKSVILLE DAILY EXPRESS

Weather



Anger issues become hurdle in romance and on the road

DEAR ABBY: I have a problem I just can't identify. I suppose it's a combination of a lot of issues 1 live with my boyfriend and work from home. When it comes to patience about almost anything, I have the shortest fuse. Simple things trigger me, and I flare up quickly. If I see someone driving faster than me on the road, I resent it. Something on TV or even the wrong food will trigger me. My boyfriend takes the brunt of it. Other than my lack of patience and flying off the handle, everything is going relatively well. How can I get a grip and stop overdoing it when I get angry? -- SHORT FUSE IN NEW MEXICO **DEAR SHORT FUSE:** You need to deal with two separate issues. Your tendency toward competitive driving is dangerous to your health and others you encounter on the road. Our streets and highways are dangerous enough without motorists treating the privilege of driving as a competition.



necessarily the cause. I publish a booklet. "The Anger in All of Us and How to Deal With it " It contains suggestions for managing and constructively channeling anger or frustration in various situations. It can be ordered by sending your name and address, plus a check or money order for \$8 (U.S. funds) to Dear Abby Anger Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. Shipping and handling are included in the price. It takes self-control to react maturely without exploding. If the suggestions in my booklet do not help vou overcome vour problem, consider discussing it with a licensed mental health professional. Becoming more in touch with your emotions will help you not only calm yourself without losing it, but also maintain the respect of others.



JEANNE PHILLIPS DEAR ABBY

The purpose of driving is to arrive at one's destination safely rather than to compete with other commuters. When your stomach starts to tighten, ask yourself: "Could something other than road conditions be what's bothering me?" Then give yourself a pat on the back for your insight and ease up on the accelerator.

Although your boyfriend may have the patience of a saint, unless you learn to control your impulses, you will drive him and others away. There, too, it's important to identify what may really be making you fly off the handle. "The wrong food" or "something you saw on TV," while frustrating, are excuses -- not

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

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NEWS OF THE WEIRD...

Bright Idea

Dog owner Erik Torres, who owns a pet store in Doral, Florida, is facing charges after he brought his Pomeranian -- dyed to look like Pikachu -- to a Miami Heat game on Dec. 26, WPTV reported. "It made NBA history because nobody's ever seen a Pikachu dog sitting next to an NBA player before," Torres said. But Miami-Dade County Animal Services officials were unamused: "No animal should be dyed, regardless of whether there's an ordinance prohibiting that," said assistant director Kathleen Labrada. She noted it is "unlawful for any person to possess, sell or otherwise transfer within the county any dyed or artificially colored rabbit or other animal." Torres is fighting the charge, saying the dog is not for sale and he used dye that is safe for consumption. He also has no plans to remove the dye.

Nay-chur

In Derbyshire, England, Phil and Jane Carter are used to seeing foxes on their lawn. But, the Telegraph reported, a Dec. 17 visitor to their garden caught their attention. Jane spotted a fox nosing around their turf looking for something to eat while balancing on its front legs -- the only legs it had -- and yelled at her husband to come see it. "It was fascinating," Phil said. "It stood bolt upright and ran like a human being on two legs." He got in touch with experts at the Derbyshire Nature Reserve, who told him the fox was likely born with the disability and had learned to survive. While foxes are usually shy, the special animal hung around for about 45 minutes before it took off "like a rocket," Phil said.

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R KIRKSVILLE DAILY EXPRESS | Wednesday, January 11, 2023

Sports

Kirksville's Meng sings to play softball at Green Bay

By Adam Tumino Daily Express

Last Friday marked a monumental day for Kirksville senior softball player Jordan Meng. That was the day she officially signed on to play softball at University of Wisconsin Green Bay, becoming one of a relatively small number of high school athletes who go on to play at the NCAA Division I level.

Family, friends, coaches, teammates and classmates were in attendance at the Kirksville High School library on Jan. 6 when Meng committed to Green Bay. After signing, Meng said she was very grateful to have been given the opportunity to play collegiately.

"It means everything," she said. "Just being able to have an extra four years to be able to play the sport I love and I've played all my life, it means everything to me just being able to have that opportunity that I know a lot of people don't get."

Meng said that throughout her high school career, she was able to enjoy the time playing softball, and that positive energy she gets from the game is one of the most important things for her.

"Basically here in high school, it was a lot about having fun," Meng said. "I enjoyed playing with the girls around me, and that was a big turning point for me. The more I enjoyed the girls and the







Kirksville senior Jordan Meng (center) smiles after signing to play softball at the University of Wisconsin Green Bay. Sitting with Meng are her parents Jeff and Angie Maggart. PHOTOS BY ADAM TUMINO

energy we all had, the more fun I had playing the game and the better I got."

I was not all just fun for Meng, though. Kirksville head softball coach Derek Allen said that Meng made sure to put in all the work necessary to be able to reach the next level.

"Obviously she's blessed with some natural talent and can do some things that not all girls can do, but she never quit working," Allen said. "She was always taking extra ground balls and extra hacks. Her determination to make it is the reason she's here."

Among the family in attendance were Meng's parents, Angie and Jeff Maggart. Both were of course happy for Meng and proud of her ability to achieve one of her dreams.

"I'm just really excited for her," Angie Maggart said. "She's worked for this for a long time and she's had a passion for softball since she was 10 years old. To see her dream realized is pretty amazing,"

Meng said that the dream started to take shape in the summer after her junior year. During that summer, she played for a team that competed in tournaments across

the country. That is when Meng started to see the interest schools had in her talents, with one of those schools being Green Bay. A visit there helped Meng make her decision.

"When I went up for my visit, I just loved the campus," she said. "It was beautiful and I felt like that was going to be my home for the next four years."

Green Bay competes in the Horizon League at the NCAA Division I level. The Phoenix are coming off a 2022 season in which they went 25-25 overall and 15-10 in conference play, finishing in

fifth place. They start the 2023 season in just under a month with their first game set for Feb. 10.

Meng said she had a chance to meet some of her future teammates on a recent visit and is looking forward to the future with them.

"I went up there and the entire 2023 freshman class was there, so I got to meet my new teammates and I met my roommate, and I love all of them," she said. "That's the biggest thing for me, is the energy and chemistry everyone had. We immediately got along and it was a lot of fun too."





Kirksville senior Jordan Meng (seated left) sits next to head softball coach Derek Allen with teammates standing behind them after Meng signed to play softball at Green Bay.

Kirksville High School Basketball Pink Out Night Sponsored by Complete **Family Medicine**

By Kirksville High School

Kirksville, 01/06/23 — On Friday, January 13, 2023, starting at 5pm, Kirksville R-III will be hosting a special Pink Out Night at the Kirksville Primary School, sponsored by Complete Family Medicine, as the Kirksville Tigers Basketball Teams take on the Hannibal Pirates.

Throughout the evening's slate of basketball games, the players, jazz band, and dance team will be wearing special "Fight Like a Tiger to Defeat Cancer" t-shirts. The basketball players will also have special jerseys to commemorate the event. T-shirts will be for sale for those attending the games with proceeds going towards a local Patient Assistance Cancer Fund organized by Complete Family Medicine, a not-forprofit organization.

Around 7pm that evening, between the Varsity Girls' and Varsity Boys' basketball games at the Kirksville Primary School, a special presentation will be given to honor those that have fought or are fighting cancer, which will include a special video slideshow and flowers for those present.



Kansas City Chiefs running back Isiah Pacheco celebrates following an NFL football game against the Las Vegas Raiders Saturday, Jan. 7, 2023, in Las Vegas. The Chiefs won 31-13. AP PHOTO/DAVID BECKER

Top-seeded Chiefs await opponent as AFC playoffs begin

By THE ASSOCIATED PRESS

Even if Kansas City doesn't get the coveted home-field advantage in the conference championship that typically comes with being the AFC's top seed, coach Andy Reid said the important thing is the Chiefs are still playing.

Reid said Monday he was too preoccupied last week with preparing for Saturday's game against the Las Vegas Raiders to worry about whether the Chiefs would be at home or elsewhere should they make it that far. The NFL made the decision last week to alter the playoff format.

The Chiefs took care of the business of capturing the No. 1 seed with their 31-13 victory at Las Vegas.

"They understand the magnitude of

where they sit right now and the opportunity that they have," Reid said of his players. "It's not a lot of teams playing right now, so it's a great opportunity and you want to take full advantage of that, the best you can."

If Kansas City faces the Bills in the AFC championship, that game will be played at a neutral site because Buffalo's game at Cincinnati on Jan. 2 was declared a no contest. The Buffalo-Cincinnati game was stopped when safety Damar Hamlin went into cardiac arrest. He has recovered enough to be transferred Monday from a Cincinnati hospital to one in Buffalo.

The Chiefs, of course, have some work to do before they can think about the AFC championship.

They will get a break because of

the bve that comes with the top seed. Kansas City will host one of four teams on Jan. 21 and 22.

Reid is a master of the bye weeks, with a career record of 21-3 after a week off

"I think he has a great balance of the amount of time he gives guys off and the amount he gets guys in there to get them moving and prepare for the next week, and then obviously the coaches did a great job of game planning," quarterback Patrick Mahomes said. "I'm sure this week they'll game plan like three or four different teams and try to get a good game plan to the guys early in the week so they can execute it at a high level."

No. 1 Georgia bullies TCU 65-7 to win 2nd consecutive title

By THE ASSOCIATED PRESS

INGLEWOOD, Calif. -Stetson Bennett flashed a wry grin as he walked off the field, stopping to hug coach Kirby Smart as the crowd roared.

It was all standing ovations and sideline snacks in the fourth quarter of college football's most lopsided title game.

In emphatic and overwhelming fashion, Georgia became the first team to repeat as College Football Playoff national champions and left no doubt the 'Dawgs are the new bullies on the block.

Bennett threw two touchdown passes and ran for two scores — in the first half — as No. 1 Georgia demolished No. 3 TCU 65-7 on Monday night.

The Bulldogs (15-0) are the first repeat champs in major college football since Alabama went back-to-back a decade ago. There appears to be a new dynasty emerging from the Southeastern Conference.

"We wanted our kids to play without fear," Smart said. "All year I told them, I said, 'We ain't getting hunted guys, we're doing the hunting, and hunting season's almost over. We've only got one more chance to hunt,' and we hunted tonight."

TCU (13-2), the first Cinderella team of the playoff era, never had a chance against the Georgia juggernaut. Unlike Michigan in the Fiesta Bowl semifinal, the Bulldogs would not succumb to the Hypnotoads' spell.

Georgia turned in one of the all-time beatdowns in a big game, reminiscent of Nebraska running over Florida by 38 in the 1996 Fiesta Bowl, USC's 36-point rout of Oklahoma in the 2005 Orange Bowl and Alabama's 28-point BCS blowout over Notre

But this was worse. Too much talent. Too well-coached. Two straight titles for the 'Dawgs.

No team has ever scored more points in a national championship game, dating to the beginning of the BCS in 1998.

With 13:25 left in the fourth quarter, Smart called timeout in the middle of an offensive drive so Bennett could exit to hero's ovation in the final game of his circuitous college career.

"That was special," said Bennett, who finished 18 for 25 for 304 yards and four touchdown passes. "I'll remember that for the rest of my life."

Georgia offensive linemen were munching on chicken wings on the sideline as the game wound down. Then, for the second straight year, the Bulldogs were showered by confetti and presented a championship trophy.

"I love this team, I love those fans, I love our

Bennett said during the presentation ceremony. "Back-to-back, baby. Back-to-back."

Smart is now 81-15 in his first seven seasons at Georgia with two national titles. His mentor, Alabama coach Nick Saban, was 79-15 with three titles in his first seven seasons with the Tide.

The Bulldogs were a different kind of dominant this season after losing 15 NFL draft picks from the 2021 team: not quite as stingy on defense, but more explosive on offense.

"Last year's team probably had more talent on it," Smart said. "But this year's team was different, like they had this eye of the tiger. They weren't going to lose."

Earlier in Smart's tenure at his alma mater, Georgia fans worried about whether the former defensive coordinator for Saban would be able to build an offense to match this high-scoring

Under third-year coordinator Todd Monken, the Bulldogs have become prolific, creative and diverse offensively. They picked apart TCU's 3-3-5 defense from all angles.

Versatile tight end Brock Bowers had seven catches for 152 yards. Receiver Ladd McConkey caught two TDs. Georgia ran for 254 yards with seven players gaining at least 10.

The Bulldogs scored all six times they touched the ball in the first half. Twice Bennett ran it in himself; the former walk-on turned two-time national champion was barely touched on the two quarterback keepers.

He hit a wide-open Mc-Conkey for a 34-yard score in the first quarter, a perfectly executed play out of a bunched formation that had TCU's defensive backs in disarray. Bennett's 22-yard score to Adonai Mitchell was a higher degree of difficulty, dropped in over a defender who had

Bennett hit Bowers for a 22-yard score with 10:52 left in the third quarter to make it 45-7. The sophomore from Northern California signaled touchdown while lying on the turf at Sofi Stadium. Bennett smiled as he tapped helmets with one of his linemen.

Sports

"He's got GOAT status and in Athens, Georgia forever," Smart said.

Georgia's famous bulldog mascot UGA could not make cross-country trip to root on his team, but it still felt a little like Sanford Stadium in SoCal.

Many of the TCU fans cleared out with more than half the fourth quarter left, choosing to venture out into a rainy and chilly night rather than watch any more of the massive mismatch.

"I'm disappointed we didn't make a better show tonight because that's not indicative of who we are. But we'll look back — it's going to take some time for the sting to go away, I assure you — but we'll look back on the season and build on it from here," first-year coach Sonny Dykes said.

Heisman Trophy runner-up Max Duggan threw two first-half interceptions in the final game of his roller-coaster TCU career. A fouryear starter who never played in a bowl before this season, Duggan led TCU on one of the most improbable runs in college football history.

Unranked after a losing 2021 season and picked seventh in the Big 12, the Frogs won nine games by 10 or fewer points. They were within a victory of the program's first national title since 1938.

But they ran into a monster.

"As long as you don't have entitlement in your program, you've got a shot," Smart said. "And right now we don't have that."

Georgia head coach Kirby Smart kisses the championship trophy after the national championship NCAA College Football Playoff game against TCU, Monday, Jan. 9, 2023, in Inglewood, Calif. Georgia won 65-7. AP PHOTO/ASHLEY LANDIS It looked a lot like the

Dame in 2013.

band. I love everybody,"

era of college football.

tight coverage.

a loss to learn?" Smart said. "I mean, why?"

Bennett-to-Mitchell touch-

down that gave Georgia

a fourth-quarter lead

it would not relinquish

against Alabama in last

Georgia vanquished the

Tide to break a 41-year

national title drought last

season, avenging its only

regular-season loss in the

There was no such dra-

"The journey was

great. It's something

I'll never forget," TCU

running back Emari

Demercado said. "Obvi-

ously, didn't end how we

wanted it, but at the end

of the day this journey

These Bulldogs never

had to worry about Ala-

bama. They rolled through

the SEC, survived Ohio

State in a classic CFP

semifinal and then com-

pleted a perfect season

with an historic blowout.

"Do you have to take

was something great."

ma against the upstart

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Horned Frogs.

year's CFP title game.

AFC title game will be at neutral site if Bills vs. Chiefs

By THE ASSOCIATED PRESS

The AFC championship game will be played on a neutral site if the Chiefs and Bills reach that point.

Buffalo's 35-23 win over New England on Sunday coupled with Kansas City's 31-13 victory at Las Vegas on Saturday means the No. 1 seed Chiefs (14-3) can't host the conference title game against the Bills (13-3) because the teams played an unequal number of games.

NFL owners approved a resolution Friday that implemented new rules for this postseason in response to the cancellation of the Bills-Bengals game after Buffalo safety Damar Hamlin collapsed on the field Monday night.

The Bills were trailing the Bengals 7-3 in the first quarter when Hamlin went into cardiac arrest and needed to be resuscitated after making a tackle. The league chose to cancel the game to avoid disrupting the start of the postseason and impacting the remainder of the playoff field.

The 24-year-old Hamlin is breathing fully on his own while also able to speak, though he was still listed in critical condition at the University of Cincinnati Medical Center. His neurological function was deemed excellent on Saturday.

If the Bills would've defeated the Bengals, they would have earned the No. 1 seed and homefield advantage through-

out the playoffs because a 24-20 win in Kansas City in October gave Buffalo a tiebreaker edge. Instead, the Bills finished with the No. 2 seed and will host the Miami Dolphins (9-8) in a wildcard game next weekend.

The Bills lost a thrilling overtime game at Kansas City in the divisional round last year. The Chiefs have hosted the last four AFC championship games, going 2-2. They would host it again if their opponent is not Buffalo.

Cincinnati's 27-16 win over Baltimore eliminated the rule change that called for a coin flip to determine home-field advantage for the Ravens-Bengals matchup in an AFC wild-card game. The Bengals (12-4) will



Buffalo Bills wide receiver John Brown (16) celebrates his touchdown with quarterback Josh Allen (17) during the second half of an NFL football game against the New England Patriots, Sunday, Jan. 8, 2023, in Orchard Park. AP PHOTO/ADRIAN KRAUS

next weekend. The Ben- running back Joe Mixgals had criticized the on mocked it Sunday

host the Ravens (10-7) coin flip proposal, and by flicking a coin and

kicking it after scoring a touchdown.

CHIEFS

Continued from Page B1

WHAT'S WORKING

It starts with Mahomes, who set an NFL record with 5,608 yards of total offense even with deep threat Tyreek Hill having been traded to Miami in the offseason. With Mahomes again calling the shots, the Chiefs this season ranked first in the league in total offense (413.6 yards per game), passing yards (297.8) and scoring offense (29.2 points).

WHAT NEEDS HELP

The Chiefs won the turnover battle against the Raiders, getting two takeaways while not losing the ball. That was a rare win for Kansas City, which even after that game is minus-three in turnover margin. For the Chiefs to achieve their postseason goals, they need more games like the win over Las Vegas. Otherwise, they'll likely watch someone else hold up the Lombardi Trophy.

STOCK UP

Breaking a record held by Derrick Johnson is notable any

time. Linebacker Nick Bolton made 180 tackles this season, one more than Johnson had in 2011. Johnson sent a congratulatory tweet, saying he was "not surprised at all" that Bolton beat his Chiefs record.

STOCK DOWN

Even though the Chiefs are 14-3, they haven't always looked impressive over the final month. They beat struggling Denver by six and three points and Houston by six. Even against the Raiders, Kansas City sleep-walked through the second half and was outscored 10-7. That level of play won't cut it in the postseason.

INJURED

WR Mecole Hardman (abdomen) continues to recover. Hardman came off injured reserve last week but didn't play against Las Vegas.

"He's trying to get this thing right," Reid said. "It's just a matter of time. He's really day to day, although he feels better today than he did on Saturday. So we'll just see how it goes during practice."

Reid said DE Frank Clark (groin), who was injured against the Raiders, wasn't seriously hurt.

KEY NUMBER

2 — Two of the Chiefs' losses were to the Bills and Bengals. Both were close, a four-point loss to Buffalo and a threepoint defeat to Cincinnati. Both teams are potential AFC championship opponents.

NEXT STEPS

Kansas City will play the Chargers, Dolphins, Jaguars or Ravens the weekend of Jan. 21-22 in the divisional round.

ARLO AND JANIS



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HERMAN

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THAT A BABY





"Did your mother say you could build a nuclear device?"

SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

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ASTROGRAPH BY EUGENIA LAST

Position yourself for success. Make a to-do list and reach out to those you need on your side. Your objective should be to keep moving forward, regardless of what happens around you. Stay true to yourself and those you love, and ignore what's in your way. The changes you make will greatly impact what's important to you moving forward.

CAPRICORN (Dec. 22-Jan. 19) -- Broaden your horizons and see what others offer. Look at your investments and consider the best place to put your money. A change at home may not please everyone. Stop talking and start doing.

AQUARIUS (Jan. 20-Feb. 19) -- Discover possibilities through trial and error. Listen to the experts, then develop a plan that follows the rules and links you directly to someone who can make your dreams come true.

PISCES (Feb. 20-March 20) -- Your imagination will lead to ideas that capture the attention of someone who can see your vision and help you realize it. Don't be offended by suggestions or advice; you might learn something!

ARIES (March 21-April 19) -- Negotiate on your behalf. What you propose will lead to success and financial gain. Paying attention to detail and going the extra mile will impress people who can help you advance.

TAURUS (April 20-May 20) -- Sit tight and let the dust settle. Check out ways to keep up with trends and ensure you have the latest technology working for you. A meeting with someone will help you solidify your plans.

GEMINI (May 21-June 20) -- A partnership may entice you, but be wary. Put greater emphasis on how you present yourself. If you communicate your thoughts, someone unexpected will back you.

CANCER (June 21-July 22) - Help someone going through a rough time. Your kindness and patience will help you recognize something valuable. Rethink a certain plan to ease stress. Don't overextend yourself.

LEO (July 23-Aug. 22) -- Your choices will be up for review, and the outcome will impact your next move. Be true to yourself. A networking event will lead to a tempting deal. Don't invest cash; offer your services.

VIRGO (Aug. 23-Sept. 22) -- If you follow your heart, something good will transpire. Criticism will distance you from what you want. Focus on dealing with people openly and incorporating suggestions offered.

LIBRA (Sept. 23-Oct. 23) -- Emotions will spin out of control if you don't address issues head-on. Listen to the input offered and do what's best for the majority. A short trip or meeting will point you in the right direction.

SCORPIO (Oct. 24-Nov. 22) -- Work quickly, leave nothing to chance and shoot for the stars. Make your plans known. Establishing yourself in a community that welcomes cutting-edge ideas will boost your ego and promote success.

SAGITTARIUS (Nov. 23-Dec. 21) -- When you think you have everything in place, someone will offer profound insight into something you must consider. Honesty will be necessary if you want to put uncertainty to rest.

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Welcome, Hayley Ryan! • Born April 22, 2019 • 9 lbs. 22 inches Proud Parents Lydia & Mike Ryan

Health



Artificial intelligence tool advances radiotherapy cancer treatment at MU Health Care

By MU Health Care

COLUMBIA — Advancing the treatment for cancer patients in central Missouri. MU Health Care's Ellis Fischel Cancer Center is now using the Ethos[™] therapy system from Varian, a Siemens Healthineers company.

Ethos therapy is an artificial intelligence (AI)-driven holistic solution designed to increase the capability, flexibility and efficiency of radiotherapy. This new solution is designed to deliver an entire adaptive treatment efficiently, within a timeslot that is comparable to standard treatment. Unlike traditional methods, adaptive therapy provides the ability to modify the treatment plan based on tumor and anatomical changes. The goal is to better target the tumor, reduce dose to healthy tissue, and improve overall outcomes.

"We are proud to offer Ethos therapy treatment," said Gerhard Hildebrandt, MD, director of Ellis Fischel Cancer Center and chief of hematology/oncology. "Our clinical staff was impressed by the capabilities and the

ability to deliver this advanced treatment in a timely manner. Ethos therapy will enable our physicians to better visualize the changes in a patient's anatomy and quickly adapt the therapy accordingly."

"Every cancer patient deserves access to personalized, precise care," said Kevin O'Reilly, president of **Radiation Oncology Solutions** at Varian. "Expanding access to adaptive radiotherapy represents an important step toward achieving this and delivering on our mission of a world without fear of cancer. Powered by AI, Ethos allows doctors and clinicians to adapt and personalize doses to every patient, every day in a typical treatment timeslot. We are excited Ellis Fischel Cancer Center has chosen Ethos therapy."

Informed by AI, Ethos therapy facilitates dose delivery to the target as planned, helps to spare organs at risk, and enables more customized margins to potentially reduce toxicity. The installation of Ethos at Ellis Fischel is one of the reasons Bo Lu, MD, decided to come to MU Health

Care as chair of the inaugural Department of Radiation Oncology.

"Ethos uses seamless imaging and individualized planning for every radiation treatment, delivering treatments designed to be more effective and less toxic," said Lu. "It's critical to ensure precision for each radiotherapy because cancer patients are now frequently treated with higher daily doses. In addition, cancer patients routinely receive other cancer therapy such as immunotherapy at the same time, exposing them to higher risks for treatment-related side effects. At Ellis Fischel Cancer Center, we strive to maintain the well-being and quality of life for cancer patients undergoing treatment."

"By being able to view the patient's anatomy on a daily basis, Ethos therapy allows us to be more confident in the dose that is being delivered, and be more flexible in day-today treatment decisions," said Gregory Biedermann, MD, director of radiation oncology imaging. "This technology allows us to be more accurate with our dose and more precise with our delivery."

State of Missouri announces grant program to provide water safety and swimming lessons to underserved populations

By State of Missouri

JEFFERSON CITY - The Missouri Department of Public Safety today announced the availability of a total of \$300,000 in grant funding to assist Missouri community-based nonprofit organizations to provide water safety and swimming lessons to underserved populations.

Eligible grant expenses include personnel costs, including benefits and overtime; training- and travel-related expenses; equipment; and supplies. The projected period for the expenditure of grant funds is from Feb. 1 to May 30, 2023.

Eligible applicants include nonprofit 501 © (3) corporations providing standardized water safety education and swim lessons to underserved populations in Missouri. For-profit, governmental, and nonprofit organizations that are not registered with the U.S. Internal Revenue Service as 501 © (3) corporations are not eligible to apply for the grant.

Applications will only be accepted through the Missouri Department of Public Safety online WebGrants system: https://dpsgrants. dps.mo.gov/index.do

Applicants will be notified of funding determinations in February.

The Water Safety and Swim Lessons Grant was established through House Bill 3008, approved by the 101st General Assembly, which designated DPS as the grant administrator.



Temporary benefit increase extended to September for Missouri WIC participants

The future of remote medicine: The AMA presents a framework for measuring telehealth quality

By Stuart Long, CEO InfoBionic

Waltham, Mass. — Under the simultaneous pressures of a pandemic-driven explosion in the use of telehealth, a growing emphasis on value-based care, and the current state of medical technology, the healthcare industry is undergoing what appear to be fundamental changes as a consequence of the high and irreversible growth of telehealth. The evolution of medical technology enables effective virtual care in the home for patients with increasingly serious conditions. Stuart Long, CEO of InfoBionic, observes, "One of the most important lessons we learned is that telehealth and virtual care are really important augmentations to our healthcare matrix, and they're here to stay." Info-Bionic is pioneering the first virtual care, hospital-grade telemetry platform capable of supporting low- to high-acuity cardiac patients anywhere virtual care is delivered.

In December 2022, the American Medical Association (AMA), in partnership with Manatt Health, released the "Return on Health" report that develops a framework to more precisely and holistically measure the value of telehealth through detailed case studies. This initiative also focuses on the challenges and opportunities for virtual care.1 The adoption of the latest technology is essential to the expansion of telehealth beyond routine patient care.

Long notes, "Where telehealth's primary focus is on convenience, virtual care is focused on bringing the richness of healthcare to patients in a variety of settings, and harnessing technology to accelerate time to diagnosis and improve health outcomes. While the pandemic was an accelerator of this shift, cardiology was actually an early luminary in first demonstrating the value and potential of virtual models."

Medicare visits conducted through telehealth increased 63-fold in one year, from approximately 840,000 in 2019 to 52.7 million in 2020. Though the Covid-19 pandemic primarily drove this increase, all indications are that extensive use of telehealth is now a permanent feature of the modern face of healthcare. In 2021, 37 percent of adults in the United States used telehealth for appointments or communication with healthcare professionals. After the initial adjustment period, providers and patients realized that the flexibility, convenience, and potential for cost savings make telehealth a valuable addition to the healthcare delivery system.

InfoBionic is developing a spectrum of devices capable of dealing with cardiology problems from the simplest to the most complex to create the hospital experience in a virtual-care world. InfoBionic's MoMe ARC platform is remote monitoring designed for virtual cardiology. Long says, "Our vision is to support continuous monitoring in real-time to near real-time in hospital-to-home scenarios. that ensures complete data continuity with no compromises. We can monitor patients anywhere virtual care is delivered without missing a beat."

Incorporating state-of-theart remote patient monitoring technology within the virtual healthcare system can reduce the risk of avoidable hospital visits, extended stays, and readmissions. For every 500 highrisk Medicare patients with multiple chronic conditions, health systems can realize \$5.2 million in annual cost savings.

The emphasis of the AMA and Manatt framework for telehealth is not narrowly focused on cost savings; it measures the benefits of these additional value streams for healthcare providers and patients:

• Clinical outcomes, quality, and safety.

• Access to care.

• Patient and family experience.

• Clinician experience.

• Financial and operational impact.

• Health equity.

Long remarks, "So, what's next for virtual care? As providers navigate the new virtual care reality, cardiology is being called upon yet again to lead the way. What began as remote patient monitoring has been replaced by a powerful new model for virtual telemetry that enables high-integrity patient monitoring for a wide variety of virtual clinical use cases - from preventive care to advanced hospital-to-home scenarios."

JEFFERSON CITY, MO -Missouri WIC announced the extension of the temporary increase of the Cash Value Benefit for Fruit and Vegetable Purchases (CVB) starting Jan. 5. The new amounts will be \$25 per month for child participants, \$44 per month for pregnant and postpartum participants and \$49 per month for breastfeeding participants. Previous CVB values range from 9 - 11. WIC is the Department of Health and Senior Services (DHSS) Special Supplemental Nutrition Program for Women, Infants and Children.

Eligible participants need to contact their WIC local agency starting Jan. 5, to schedule an appointment to load the additional benefits on their eWIC card before redeeming any January benefits. Participants who redeem any January benefits before receiving the increase will not receive the increase until February.

Missouri WIC provides additional healthy fruits and vegetables for up to 60,000 women and children per month. WIC families have the opportunity to shop for nutritious foods at approximately 600 authorized WIC retailers throughout Missouri and can receive services at any of the 115 local agencies. WIC serves financially eligible under the age of five. Fathers, stepparents, foster parents, grandparents and guardians are also encouraged to apply for WIC benefits for any children in the household under the age of five.

Missouri WIC provides quality nutrition education, breastfeeding promotion and support, nutritious foods and referrals to health services. It is also one of the most successful. cost-effective and important nutrition intervention programs in the country.

Missourians interested in learning about the benefits of WIC may visit wic.mo.gov or call TEL-LINK at 1-800-835-5465 to find the WIC local agency closest to them.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age or reprisal or retaliation for prior civil rights activity. Nondiscrimination and complaint information can be found on our website at wic.mo.gov.

WIC is funded by the USDA and is administered by the Missouri Department of Health and Senior Services. This institution is an equal opportunity provider.



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SUNDAY, JANUARY 8, 2023 | PARADE.COM

"One of the BEAUTIES of getting older is that the roles get RICHER"

ANDIE MacDowell

TR

ON BEING A GRANDMA, LEARNING FROM HER MISTAKES AND HOW SEX, LIES, AND VIDEOTAPE CHANGED HER LIFE

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Personality

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Walter Scott Asks... HARRY HAMLIN

The L.A. Law and Mad Men star, 71, joins Anne Rice's Mayfair Witches (Jan. 8 on AMC+) in the role of Cortland Mayfair, the reigning patriarch of the Mayfair clan of witches. Cortland may not have the magical power that the females do, but he has a voracious appetite for money, earthly power and life, so when the new heir— Rowan (Alexandra Daddario)—is revealed, he attempts to lure her into his circle.

While the Mayfair Witches deals with magic and its abuse of power, isn't it also a dysfunctional family story? Absolutely. And Cortland is trying to hold it together. As the patriarch, I'm doing the best I can to make sure that whatever the Mayfair Witches do, they do it right, and with élan. I don't have any powers What kind of man is Cortland? He's extremely narcissistic. He doesn't give a damn what people think about him. He wants to have fun all the time and spend money; there's got to be money to spend because he lives a very lavish lifestyle in a big mansion. So yeah, he wants to make sure that the monies will keep coming in. But he's a lush.

where I can lift things or see through things or breathe fire, or anything like that, but I'm still powerful.

What's the craziest thing that happened while you were filming? They

originally introduced me in episode 1 and it was a rather tepid introduction. They decided to rewrite the first scene, my opening scene, and said, "Well, you're going to either have an alligator or a snake in your hands." And so I had to audition this alligator and this 10-footlong snake. They came to my trailer and the alligator failed miserably; his audition did not go well. He didn't move at all. So, it was like, "Okay, that's not going to work." But the snake was very lively and moved around a lot. It's the first time my costar was a 10-foot-long python, so that was kind of interesting.

And they didn't ask you if you were afraid of snakes? Yeah, they asked. I'm not afraid of snakes or reptiles. I'm only afraid of one animal, and that's a skunk.

As the father of two daughters, do you think that a female-centric show like this is a positive step for women in the industry? Absolutely. Yeah, this is about empowerment. It's a kind of tweak on empowerment, but it is empowerment, nevertheless. I think it's going to be well-received within the feminist community, for sure.

Yo're in *80 for Brady* (Paramount, in theaters Feb. 3). What was it like to



work with Lily Tomlin, Jane Fonda, Sally Field and Rita Moreno? It was

amazing. I just saw the movie a couple of days ago and it's really great. It's so charming and it's got a great sweet spot in it. Look, these are iconic women. They are extraordinary and they're great to work with. They're so open and so heartfelt in the way that they work. I was very, very fortunate to be in that cast.

When you look back, what would you tell your younger self when you were just starting out? "Do exactly what you did. Don't change a thing." Because I've had exactly the career that I wanted to have. I wanted to be an actor and do character work in films and on stage. And that's exactly the career I've had, and I've been able to raise my two kids and put them to bed every night, I didn't have to be on location for years.

Was L.A. Law one of the best times of

your career? It certainly was. It was five years of being deeply involved in something that I loved doing. And the cast, a better bunch of people you couldn't find. So, it was definitely a highlight. But there have been others.

What are some of the other highlights?

Your first movie is always an important milestone in your life, and it was *Movie Movie* with George C. Scott. This character that I'm playing now is as much fun as I had playing that character, and that's been 40-some-odd years since I've had as much fun playing a character.

The **Parade** Don't Miss List

MOVIE DAD: FINDING MYSELF AND MY FAMILY, ON SCREEN AND OFF (APPLAUSE THEATRE & CINEMA BOOKS, IN STORES AND ONLINE, \$30)

In a career that spans nearly seven decades, Emmy-nominated actor **Paul Dooley**, 94, has worked in film, TV and stage, appearing in hundreds of movies, shows and plays. You probably recog-



Paul Dooley





film classics as **Break**ing Away, Sixteen Candles, and Runaway Bride, and on the small screen in **Modern Family**, Curb Your Enthusiasm and The Practice. So you can imagine that his book is brimming with show business anecdotes and plenty of personal insights.

nize him from such

"Movie Dad captures the extraordinary life of this legendary character actor," says actor Bryan Cranston. "What a life! It's a really fun read." Paul Dooley isn't just a wonderful actor and all-around funny person, he's a masterful storyteller, actor-director Bob Balaban says. "His transformation from a quirky little kid in a

tiny West Virginia town to one of Hollywood's most iconic character actors is filled with unforgettable encounters with everyone from Carol Burnett to Buster Keaton to Robert Altman. His ongoing search for a meaningful relationship is touching, endearing and every bit as compelling." Here's what's on our radar for the week ahead. Go to **Parade.com/entertainment** for more.

THE TRAITORS

Alan Cumming is always interested in trying something new, so when he was asked to host *The Traitors*, a nail-biting psychological game show in which treachery and deceit are the name of the game, he thought, *Why not*? Especially since the host



could be eccentric and a little villainous.

"What appealed to me is just how crazy it sounded and what a real departure it was from anything I had done previously," Cumming, 57, said. "I talked to the producers, and I realized they wanted me to do a heightened theatrical version of myself. The fact that I pretend it's my castle that I'm inviting all these people to, and the outfits that I wear are very camp and over the top, it's just such fun. It's like playing a Bond villain."



Based on a popular Dutch series of the same name, the show pits three contestants called "the traitors" against other contestants coined "the faithful." The contestants will be a mix of sports and reality celebrities, including Brandi Glanville, Kate Chastain, Kyle Cooke and Ryan Lochte.

"I like having gatherings, and game nights are definitely part of my life, and so to have my job be one big game was really such fun," Cumming said. "I became obsessed with the game, and I really threw myself into it."

What's Alan Cumming really like? Go to **Parade.com/cumming** to find out.



No babysitters? No problem. Krakowski caught the theater bug when her dad and mom (who was a theater instructor and artistic director) took her with them to the local New Jersey theater scene.

Krakowski was just 18 when learned to roller skate for the Broadway musical, Starlight Express (1987).

That's her as cousin Vicki Johnson in National Lampoon's Vacation (1983).



▶ Krakowski's first major television role was that of Theresa Rebecca (TR) Kendall, on the soap opera *Search for Tomorrow* in 1984, which she played until the show ended in 1986.

► Horrors! A death scene that involved a curling iron inspired Krakowski to drop out of the horror film *Sleepaway Camp* (1983).

► Krakowski is famous for her aerial work during the number "A Call from the Vatican" from *Nine*, for which she won the Tony Award for Best Featured Actress in a Musical in 2003.

CELEBRITY NAME THAT TUNE

(JAN. 11 ON FOX)

Tony-winning actress **Jane Krakowski**, 54, demonstrates both her hosting and singing skills when the new season of *Celebrity Name That Tune* is back this month. The show will test the musical knowledge of Craig Ferguson, Johnny Weir, Tara Lipinski, Clay Aiken and others, who will compete to win big bucks for their favorite charities. Now, we'll test your knowledge of the Emmy-nominated actress (four times for *30 Rock* alone!). Check out these fun facts about Krakowski.

> Krakowski met her future Ally McBeal co-star Calista Flockhart when they both attended Rutgers University Mason Gross School of the Arts.



► She dropped the "j" from her family name—Krajkowski—because people kept trying to pronounce the letter even though it should be silent.

Krakowski is a rare non-British winner of a Laurence Olivier Award for Best Actress in a Musical for her performance in a revival of *Guys and Dolls* in London's West End in 2005.

► She has an 11-year-old son with a former lover, fashion entrepreneur Robert Godley.



Krakowski released her debut solo album,called *The Laziest Gal in Town*, on July 13, 2010.



ALERT: MISSING PERSONS UNIT (JAN. 8 ON FOX)

Scott Caan, 46, spent 10 years playing Danny 'Dano' Williams, a member of the elite *Hawaii Five-0* task force, so you would think he would have had enough of playing a TV cop. But when the script came along for *Alert: Missing Persons Unit*, it was special enough for him to make a return to police procedurals.

"There are a lot of things that make this show something different than anything out there," Caan said. "If there's something that makes me immediately feel uncomfortable and I don't know exactly how I am going to approach it, that turns me on when it comes to digging into a part. If I get a little nervous, then that's a good sign that I should probably move forward and do it."

Alert is set in the Philadelphia Police Department's MPU, with each episode featuring a search for a missing person that parallels police officers Jason Grant (Caan) and Nikki Batista's (**Dania Ramirez**) quest to find the truth about their own longlost son, Keith, who was abducted, but turns out to still be alive six years later.

"The idea of finding your son after not knowing where he's been for six years, I don't think that that's an experience that anybody on the planet's actually had," Caan continued. "So, to me, it's an acting [challenge] that I've never read before."



Colors -WELCOME TO THE Magentaverse

Brighten the dark days of winter with Pantone's color of the year. It's called VIVA MAGENTA and it's "a brave and fearless red," says Leatrice Eiseman, executive director of the Pantone Color Institute. But you don't have to be too brave to work its exuberance into your own home or wardrobe. We have a few suggestions.

Each CERAMIC WALL FLOWER is carefully handsculpted, sometimes using hundreds of petals to form each bright blossom. They can bloom on the wall or be used in tablescapes. In magenta and other hues. vivaterra.com, \$40

The magentaverse is cozy when you're wearing this ULTRALIGHT PACKABLE DOWN VEST in Verbena. landsend.com. \$115

You know you want these **PANTONE** VIVA CANVAS HIGH-TOPS for men or women. Nearly 9,000 reviews say they're comfy and stylish. cariuma.com, \$110

Big pops of color in jewelry will be redhot in 2023, says BriteCo jewelry expert Rachel Akmakjian-and magenta fits right into that trend. Besides gemstones in that hue-think rubies and garnetsyou'll see more big earrings, cuffs and pendants in enamel, brass and glass, she says. We like these **SCARLET MAGENTA** EARRINGS made by artisans in India from recycled brass topped with a powder coat that really pops. Inkalloy.com, \$50



PANTONE® 18-1750 TCX Viva Magenta

All natural wool, these **KRYGIES SLIDES** are handmade by artisans in Bishkek, Kyrgyzstan. **kyrgies.com, \$70**



Perk up your couch with the **SAUDADES THROW PILLOW** from the Brasil collection of husband-and-wife design duo Robert and Cortney Novogratz. **cb2.com**, **\$30**



Printable art is an affordable way to add color and style to any wall. Download these **HENRI MATISSE ART POSTERS** from The Mercury Digital and print them at home or at a local print shop. **etsy.com**, **\$5 for two**

Your thank-you notes can be magenta-bright and fragrant if you use the **SCENTED FLAIR FELT TIP PENS** from Paper Mate. **amazon. com, \$18**



Here's how to wake up a room! **THE CASIUS SIDE CHAIR** pops whether it's pulled up to your desk or your dining table. **wayfair.com**, **\$123** What's the link between color and mood? Go to **Parade.com/hue** to find out.

To see the new optimistic red on your walls, try **DUNN-EDWARDS PAINT** in Cherry Berry, Merlot or Pink Dahlia hues. They're in the magenta family and are sure to enrich any room. **dunnedwardsdura.com, \$54/gallon**

Even just one wall covered in MAGENTA POMEGRANATES WALLPAPER from WX Studio will make a statement. And it's peel-and-stick so it's super easy to install or remove. spoonflower.com, \$90 for 2 feet by 12 feet



Designed to take the place of multiple traditional pieces of cookware, the **ALWAYS PAN** lets you braise, sear, steam, strain, sauté, fry and boil. And it adds a splash of cheery color to your kitchen. fromourplace.com, \$145



JAMIE OLIVER'S

Get the year off to a flavorful start with this veggie chili adapted from **Jamie Oliver**'s new cookbook, **One**. Using sweet potatoes is a tasty twist, plus Oliver offers simple tips for using chili in quesadillas, nachos and much more. Enjoy! —Alison Ashton



OLIVER BY PAUL STUART; CHILI BY RICHARD CLATWORTHY; ADAPTED FROM ONE BY JAMIE OLIVER IS PUBLISHED BY FLATIRON BOOKS © JAMIE OLIVER ENTERPRISES LIMITED (2022 ONE). PHOTOGRAPHY © RICHARD CLATWORTHY, 2022.

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SWEET POTATO CHILI

This recipe calls for chipotle chile paste, such as **Gran Luchito** (**\$7**, **amazon.com**). If you don't feel like tracking it down, make your own by pureeing chipotle chiles canned in adobo sauce. This recipe makes a generous amount of chili. Refrigerate leftovers up to 4 days or freeze up to 2 months.

- 1 Tbsp olive oil
- ▶ 6 (8-oz) sweet potatoes, peeled
- ▶ 1 tsp cumin seeds
- ▶ 3 oz chipotle chile paste
- 1 lb fresh or frozen chopped mixed onion, carrot and celery
- ▶ 1/2 bunch cilantro (1/2 oz)
- 3 (15-oz) cans black beans, undrained
- ▶ 3 (15-oz) cans plum tomatoes
- Salt and black pepper, to taste
- ▶ 2 oz feta cheese, crumbled

1. Preheat oven to 350°F.

2. Heat oil in a large, deep, stove-top and oven-safe casserole pan over medium-high. Add sweet potatoes; fry 5 minutes, turning occasionally, until starting to turn golden. Push sweet potatoes to one side, add cumin, let it sizzle, then stir in chipotle chili paste and ¾ cup water. Stir in chopped onion, carrot and celery. Finely chop cilantro. Add chopped cilantro stems to pan, reserving leaves. Transfer pan to oven; bake 1 hour.

3. Remove pan from oven. Stir in beans and their liquid. Add tomatoes, scrunching them with clean hands, along with 1 can's worth of water. Stir well. Return pan to oven; bake 1 hour or until sweet potatoes are tender. Season with salt and pepper. Serve garnished with cilantro leaves and feta. **Serves 12**. Go to **Parade.com/jamie** for Oliver's scrumptious steak dinner recipe.



SWEET POTATO CHILI NACHOS

Top tortilla chips with piping-hot chili, and garnish with grated Cheddar cheese, sliced pickled jalapeños and fresh cilantro.



SWEET POTATO CHILI QUESADILLA

Smash leftover sweet potato and grated melty cheese (such as Monterey Jack) between two tortillas and toast on both sides in a hot frying pan until golden. Serve with hot chili, yogurt and sliced pickled jalapeños.



SWEET POTATO CHILI SALAD BOWL

Reheat some chili until hot, then serve with cooked rice, shredded carrot and juicy tomatoes, dressed with lemon and fresh cilantro. Finish with yogurt or sour cream, a drizzle of hot sauce and crumbled feta.



Slice some leftover sweet potato. Blitz some chili in a blender, loosening with a little water, if needed. Reheat both in a pan until hot, then serve garnished with cubed ripe avocado, cilantro, yogurt or sour cream, and warm tortillas.

MacDowell

note to anyone who's ever felt physically selfconscious during a Zoom chat: Not even Andie MacDowell—as in, fashion-model-turned-impossibly-graceful-actress Andie MacDowell—is immune from those pangs of doubt. "I'm sorry, I look so horrible!" she says at the very top of her interview. "But maybe the lights are dim and you can't even see me."

For the record, MacDowell looks radiant sitting on a couch with her trademark curly hair pulled up in a bun and chic aviator eyeglasses perched on her nose. But her appearance is actually secondary to what she has to say for the next hour—especially when it comes to the topic of, well, appearances. No longer the romantic muse in comedies such as *Green Card* (1990), *Groundhog Day* (1993), *Four Weddings and a Funeral* (1994) and *Multiplicity* (1996), she talks with excitement about reaping the benefits of her Act Three.

THE STAR TALKS WITH PARADE ABOUT FIGHTING AGEISM IN HOLLYWOOD,LEARNING FROM HER MISTAKES, THE ROLES THAT CHANGED HER LIFEAND HER NEW HALLMARK SERIES.BY MARA REINSTEIN

"One of the beauties of getting older is that you get more opportunities, and the roles become more multi-dimensional, and richer," she explains in her native South Carolina drawl. "I'm really enjoying it because these roles are not dependent on how I look; it's all about how I think and feel."

Her new Hallmark Channel series, *The Way Home*, checks all those important boxes. The poignant drama, premiering Jan. 15 at 9 PM, follows the lives of three generations of strong-willed women (played by MacDowell, Chyler Leigh and Sadie Laflamme-Snow). In the first episode, MacDowell's character, Del Landry, welcomes her estranged daughter and teen granddaughter at the family farm in rural Canada. Still reeling from decades-old traumatic events, the women slowly work on finding their footing together. Before arriving at the destination, they navigate a journey that involves a bit of time-traveling mysticism.

The role of a no-nonsense matriarch proved especially appealing, MacDowell says. "I wanted to play a real grandmother like my own grandmother—a beautiful woman who was fearless, vital, dynamic, mature and interesting, and who embraced her age."

For the 64-year-old MacDowell, that characterization meant showing off her now-silver hair as well as her well-earned lines and creases. She also drew on her experience as the mom of three kids (with ex-husband, Paul Qualley): Justin, 36, who works in real estate, and actresses Rainey, 32, and Margaret, 28. Justin welcomed a daughter, Cosette, last summer. "I'm happiest when I'm with my children," MacDowell says.

During the tail-end of production in Toronto ("I've got two days left!"), MacDowell spoke to *Parade* about how she found her own way at home and in Hollywood.



MacDowell as Del Landry with estranged grandaughter Alice (Sadie LaFlamme-Snow) in Hallmark's *The Way Home*.

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The Way Home features several flashback scenes set in the late 1990s. How did you feel about playing a younger version of yourself? It was scary. I wasn't sure I could pull it off. I was also thinking about how my neck looked, those kinds of things. The wig helps. And the director of photography used a softer lens to add a certain ambience. This was a time before my character experienced so much pain, so I made sure to keep my voice lighter and happier. I changed my posture, too.

How would you describe Del in the present-day? I chose to be as natural as possible. I play her a lot rougher. She's gone through a lot and being alone, she's had to get tough. There is still a gruffness to her. I could only imagine what it's like to have a granddaughter that you haven't been able to spend time with. But then the relationship opens, and the story becomes very rewarding.

Your parents divorced when you were six and your mom was an alcoholic. Did you bring that kind of intense life experience to your performance? One of the beautiful things about acting is that you do have experience than can inform your choices. And I did talk to [the producers] about how you hold the tragedy of your family in your body. It helps determine who you are because it manifests in some shape and form.

How did it manifest for you? I'm a very sensitive person. I think I have a sensitive personality disorder. I'm hard on myself. And if I'm hard on myself, then I can probably be hard on others. But I don't know if my childhood has led to what would necessarily be "faults." I'm a really complex person because of my upbringing. I played someone with bipolar disorder [in the 2021 Netflix series *Maid*], and I have friends who are bipolar. It doesn't mean they're bad human beings. They're complex, too.

You started your career as a successful model in the early 80s. Did you enjoy that lifestyle? It had a very positive effect on me. I grew up in a really small town [Gaffney, S.C.] and wasn't exposed to a lot of culture. And even though I went to college for a few years, living in places like Paris was my greatest education. I explored that city and traveled all over Europe. I took advantage of every opportunity. I got to work with wonderful people. So, I do feel like it was a huge enrichment in my life. But I need somebody to help me put together a portfolio of everything I did. All those magazines are collecting dust!

When and why did you decide to transition to acting? My mother [Pauline] was a music teacher and took me to a play when I was probably 10 years old. That's when I realized that adults played make believe, which was my favorite game in the whole wide world. So, the seed was planted. I did some theater in college, but I didn't think acting was a thing I could do until I moved to New York for modeling and started taking acting lessons. That's it in a nutshell!

You make it all sound pretty effortless. Was it? It's funny, because my sister would say "Everything just kind of happened." I'm like, "What are you talking about?!" I mean, I struggled a lot. I got rejected and turned down. In the late 80s, I was at the point where I was ready to quit because I wasn't getting consistent work and didn't think a career would ever happen to me.

Role Call



SEX, LIES, AND VIDEOTAPE (1989)

This independent film from Steven Soderbergh "changed my life," MacDowell says. She costarred with **Peter Gallagher, Laura San Giacomo** and **James Spader**.

ST. ELMO'S FIRE (1985)

Emilio Estevez's character falls for MacDowell's doctor character in this coming-of-age film.





Is it true that Glenn Close was asked to dub your lines in your first movie [1984's Greystoke: The Legend of Tarzan, Lord of the Apes] because your accent was too thick? I was devastated by that. People have a tendency to kick the person who's down because somehow it gives you someone to kick. I was that person [for a while]. But then Joel Schumacher cast me as a doctor in [1985's] St. Elmo's Fire, which was the greatest gift. I will forever be indebted to him because I had no competence at the time.

Andie Answers

FAVORITE PART ABOUT GROWING UP IN THE SOUTH The nature that it provides. I mean, you've got Spanish moss down at the beach and the most beautiful white sand you've ever seen, and here in the mountains outside of Asheville [N.C.], you see the leaves change in the fall.

FAVORITE CHILDHOOD MOVIE I would say *The Wizard of Oz* [1939] because, like most kids, I thought it was so magical and dreamy and scary. And I loved that it was a musical, as well.





BOOK ON MY NIGHTSTAND *Crying in H Mart* [by Michelle Zauner]. It's fiction, but kind of a memoir. It's absolutely fantastic. You have to read it!

LAST TV BINGE I've been watching 1899 on Netflix.

FAVORITE HOBBY I'm an avid hiker. My sister actually leads hikes in North Carolina in the wilderness. And I'd love to start horseback riding again.

GO-TO SING-ALONG SONG In L.A., I do these plunges where you put your body in cold water. It's good for your knees and joints. I always like hearing George Harrison's "My Sweet Lord" when I do it! It's only four minutes long; I know I can make it through.



SECRET TALENT I can make a clover with my tongue.

NEW YEAR'S RESOLUTION FOR 2023 I want to get back into therapy. I haven't gone in a while but I'd like to try some new stuff that's more modern and contemporary. I'm trying to continue to live my best life.

GREEN CARD (1990)

Her character married a stranger, Georges (**Gerard Depardieu**), in this romantic comedy.





GROUNDHOG DAY (1993)

FAVORITE VACATION SPOT

Kiawah Island, S.C.

MacDowell says she wouldn't change a thing about this fantasy comedy movie with **Bill Murray**, directed by Harold Ramis.

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Then you received great reviews for [the 1989 indie smash] *Sex, Lies, and Videotape.* Was that a real turning point for you and your career? It changed my life. There are two things you need to do to be successful in Hollywood: Be seen in a movie that makes money; and be seen as a really good actress. Just doing one is not enough. But that's what happened with *Sex, Lies, and Videotape.* Suddenly everybody wanted to work with me. It was literally a paradigm shift—the old me disappeared and came back as someone else.

Did you like the romantic comedy portion of your career? I do think it was a genre that appealed to me and I felt comfortable in it. And I got some scripts that just blew my mind. I thought *Four Weddings and a Funeral* had this classic old-fashioned feeling of romance and wit.

It's hard to believe, but we're coming up on the 30th anniversary of *Groundhog Day*. Do you have fond memories of the production? I wouldn't change anything about it. And that's because of [director] Harold Ramis, who made my every day perfect. I knew that he really enjoyed watching my performance and was extremely supportive of me and what I brought to the table. I have nothing but beautiful things to say about it.

What's your personal interpretation of a person constantly reliving the same day? I realized the concept right away: You have to just keep making mistakes until you learn your lesson. I think all of us tend to keep going through a situation over and over and over. It's like choosing really bad relationships until you say "Oh, OK, I'm not going to do that anymore." It's a tough lesson when you must learn to be a better person.

How did you reconcile with aging in your business? Hollywood informs our social ideas and our culture. If you look at a lot of old films, you see an older man with a younger woman like Audrey Hepburn and Cary Grant or Lauren Bacall and Humphrey Bogart. We've bought into the idea that men can age but women cannot. And we didn't have a choice. It's the sad truth. And like every other woman, I was



Which film or performance do you appreciate more now? I did a movie directed by Diane Keaton called *Unstrung Heroes* [in 1995]. I think it's beautiful. I wish she would have directed more films because she's very talented.



UNSTRUNG HEROES (1995)

MacDowell co-starred with John Turturro in this comedy-drama directed by Diane Keaton. The young stars are **Kendra Kull** and **Nathan Watt.**

FOUR WEDDINGS AND A FUNERAL(1994)

Richard Curtis of *Love Actually* fame wrote this movie that starred MacDowell, **Hugh Grant**, Kristin Scott Thomas and featured Rowan Atkinson.



CLOCKWISE FROM TOP: GERARD FOUET/AFP VIA GETTY IMAGES; HOLLYWOOD PICTURES/MELINDA SUE GORDON/ALAMY; GRAMERCY PICTURES/GETTY IMAGES affected by that. But I do think that concept is slowly changing. It's a very slow process. Men are still glorified as they age, and women are not.

Well, you're constantly asked about your silver hair. But Hugh Grant, your Four Weddings co-star, has been silver for years and nobody cares! Believe me, I know this. I know this. I know this. It's so sad because I was really worried about [going grey] and felt like I had to ask permission for people to accept me. A man would never have felt like that. It would actually look bizarre for a man to keep dyeing his hair. We could choose to maintain the facade that we are younger, but I just didn't want to anymore.

Is all this pressure a big reason why you didn't want to raise your family in Hol-lywood? Yeah, I didn't move to Hollywood until Margaret was in the 12th grade. I raised my kids in Montana and North Carolina. I'm sort of a quiet person and wanted to have a real private life. I liked it that way!

You played Margaret's mother on *Maid*. Was that one of your proudest achievements? Oh, doing that with her was amazing. We had a lot of trust with each other and I hope I get another chance to do it before it's all said and done. Rainey sings and dances and acts as well.

Do you all get together a lot? Well, Rainey lives in L.A., Margaret lives in Brooklyn and Justin has a ranch in Montana. I took a lot of parenting classes, and I learned that the greatest thing that you can do for your children is make them independent. And I succeeded! But someday we may be all together again somewhere.

And you're keeping very busy these days, too! I'm working a lot and I enjoy it. I love feeling like I belong and showing up on set. I'm very creative and always looking for new ideas and new experiences. And I've got a grandbaby! There's a lot to look forward to.



Did it surprise you that your daughters Rainey [left] and Margaret [right] wanted to pursue the arts? Well, it was not encouraged. I wanted them to have a real childhood because I didn't have great experiences watching children work. It's a job. So, they did normal kid things and studied dancing and got a really good education. Then when they were mature enough, they made that decision for themselves.

Want more Parade? Go to **Parade.com/newsletters** to sign up for daily stories.

MULTIPLICITY (1996)

Harold Ramis directed MacDowell and **Michael Keaton** in this sci-fi comedy about cloning and juggling work and family.





BEAUTY SHOP (2005)

MacDowell played a friendly, collard-greensloving Southern Belle in this comedy with **Queen Latifah**.



MAID (2021)

This series based on a memoir by Stephanie Land was critically acclaimed. MacDowell's daughter Margaret Qualley costarred.

CLOCKWISE FROM TOP: EMMA MCINTYRE/GETTY IMAGES FOR NATIONAL WOMEN'S HISTORY MUSEUM; RICARDO HUBBS/NETFLIX; MOVIESTORE COLLECTION LTD/ALAMY; COLUMBIA PICTURES/GETTY IMAGES

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Ask Marilyn

BY MARILYN VOS SAVANT



Send questions to *marilyn@parade.com*

Numbrix

Complete 1 to 81 so the numbers follow a horizontal or vertical path—no diagonals.

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41				67
37				65
7				27
5	3	13	15	25

For more Numbrix puzzles, go to **Parade.com/numbrix**.

Isn't it about time to stop putting power transmission lines above ground, where they are subject to damage from snowstorms, tornados and hurricanes?

-Eric Goodman, Las Vegas, Nevada

The benefits of "undergrounding" may be great, but so are the drawbacks. Depending on the location, the process can cost millions of dollars per mile, and that cost is borne by customers and taxpayers. Underground systems are disruptive to vegetation as the relevant areas must be cleared for access. And in areas with rocky soil or a high water table, moving power lines underground simply isn't feasible.

While above-ground systems are prone to damage by weather and falling trees, belowground systems are difficult to maintain and can be exceedingly slow to repair, mostly due to the inherent problem of locating the trouble spot, which cannot easily be seen. And even when major obstacles such as frozen ground or flooding aren't present, the area of damage must be excavated and then repaved or re-landscaped.

Another drawback is that underground systems cannot be upgraded to allow them to carry more power. So decisions on whether to bury transmission lines are made on a localityby-locality basis, and those decisions may not be easy.

CLASSIC ASK MARILYN

These two "weighty" questions came from Ask Marilyn columns in the 1980s.

THE BRICK QUESTION

I've had a lot of fun with the following question, and hardly anyone has been able to figure out the answer: If a brick weighs 3 pounds plus half a brick, how much does a brick and a half weigh?

—Marjorie Lakin, Ocala, Florida

THE DOG QUESTION

If a dog weighs 10 pounds plus half its weight, how much does it weigh? And why?

> —Frank McCafferty, Tempe, Arizona

Ask Marilyn

SOLUTIONS

THE BRICK QUESTION

The brick and a half weighs 9 pounds. If a brick weighs 3 pounds plus half a brick, then a brick weighs 6 pounds (if 3 pounds = half a brick then the other half also = 3 pounds). So a brick and a half must weigh 9 pounds (6 pounds plus half of 6 pounds).



Numbrix® January 8, 2023												
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Can you solve Marilyn's classic Monty Hall problem? Go to *Parade.com/goats* to find out.



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