

KIRKSVILLE Daily Express

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WEDNESDAY

DECEMBER 7, 2022 | \$2

Liberty officials say wholesale gas prices are the cause for the more than tripling in customer bills

Gas rate will change from 38 cents per Ccf to \$1.27.

By Marty Bachman
Daily Express

Kirksville and Adair County residents that are customers of Liberty Utilities for their home heating natural gas, will see the cost of gas more than triple on their January 2023 bill. According to the Missouri Public Service Commission, the

rate for local users will increase from approximately \$0.38 per Ccf (per hundred cubic feet) of natural gas to approximately \$1.27 per Ccf. The rate increase took effect on Dec. 4. Kirksville District customers include the counties of Macon, Adair and Schuyler.

Residential rates in the utility's neighboring Northeast District, which includes the Missouri counties of Clark, Lewis, Knox, Marion, Pike, Ralls and Scotland, currently pay ap-

proximately \$0.60 per Ccf of natural gas and will see their rate increase to approximately \$0.98 per Ccf.

According to the commission, the increased rates reflect estimated changes in the wholesale cost of natural gas as well as a change in the company's Actual Cost Adjustment (ACA) factor, a mechanism which tracks any over-collection or under-collection of actual natural gas costs over a 12 month period. The net over- or

under-collected balances are subsequently either refunded or collected the next year.

According to Liberty, in Missouri, the costs of natural gas paid by regulated utilities are fully recovered without markup from customers through the purchased gas adjustment (PGA) clause and actual cost adjustment (ACA) process where commission staff conducts an annual prudence review.

See **LIBERTY**, Page A4

ACCOUNT ACTIVITY	
Previous Balance:	
Payments Received:	
Balance Forward:	
Current Charges:	
Delivery Charge	22.00
ISRS Charge	1.11
Distribution Commodity 2.0000 units @ 0.32935	0.66
PGA 2.0000 units @ 0.38409	0.77
WNAR Charge 2.0000 units @ 0.04679	0.09
Taxes:	1.86
Miscellaneous Charges/Credits:	
Deposit Interest	0.21 CR
Total Amount Due:	

The PGA rate (highlighted in blue) will increase from .38 per Ccf to \$1.27 per Ccf. To estimate how much your bill will increase from last year, find the PGA unit on your bill from January last year and multiply it by \$1.27 instead of the 0.38409 shown on this bill. The new rates took effect on Dec. 4.



Missouri Livestock Symposium hosts hundreds at agricultural trade show

By Marty Bachman
Daily Express

The Missouri Livestock Symposium, the premier educational event and trade show for livestock producers, was held on Dec. 2-3 at William Matthew Middle School in Kirksville. The trade show offered a lineup of nationally-known speakers covering timely topics, and a large agricultural trade show.



Winners announced for Business Entrepreneurial Pitch competitions

By Truman State University

More than 50 high school and college students participated in the Bulldog B.I.T.E. competition and Bulldog Pitch Day.

The top six pitches in each competition advanced to the finals that took place on campus, Nov. 17. Finalists pitched their concept or idea for a product or service to a panel of live judges for the chance to win a portion of the \$7,000 in financial awards that were available. Pitches were limited to two minutes with a question-and-answer session of four minutes.

Bulldog B.I.T.E. was open to students from Truman and Moberly Area Community College. Out of 44 students that provided 31 pitches, six individuals/teams advanced to the finals.

Truman students Grace Johler and Esther Lee won first place in the Bulldog B.I.T.E. competition. As the winners they received the Amanda Gioia Excellence in Entrepreneurship Award and earned an award prize of \$3,000 for their pitch of a non-profit to support local immigrant-owned businesses.



Kaleb Fothergill and Lola Ellison from MACC placed second and received an award of \$2,000 for their pot and pan safety device to help prevent kitchen fires. Truman students, Jillian Pry and Justina Wimer, placed third and received an award of \$1,000 for their idea of supplement vending machines for gyms.

Bulldog Pitch Day had six finalist positions that was made up of 14 students from Kirksville High school. Ally Easdale, Camryn Martin and Veil Tipton won first place for their sleep assistance product

and received a \$500 award. Ellen McNeely, Pari Patel and Brianna Yowell placed second for their accessible and friendly local gym idea and received a \$300 award. Angely Pacheco-Gomez placed third for her sign language to text app and received a \$200 award.

These competitions were made possible through the generosity of Doug ('94) and Diane ('95) Villhard, Amanda Gioia ('93) and the School of Business.

For more information about this year's competition visit bulldogbite. truman.edu/winners.



Kirksville students make Missouri All-State Band

By Kirksville R-III School District

Students from around Missouri flocked to Hickman High School in Columbia on Saturday, Dec. 3 for the All-State Band auditions. With over 1,250 auditions for 150 musicians to perform in the All-State band, jazz band, and orchestra wind and percussion players, stakes were high for all. Kirksville R-III School District had two performing members and one alternate make All-State. Esme AuBuchon, senior clarinet player, and Isaiah Korte, senior tuba player, will be performing in the Missouri All-State Band. Benjamin Platte, a sophomore trumpet player, is an alternate and could be called to perform if one of the all-state trumpet members is not able to fulfill their obligations.



Show off your festive holiday decorating skills!
Register your home or business by Dec. 10th! All proceeds benefit the United Way of NEMO!
Sponsored by the Kirksville Daily Express



Scan the QR Code or go to
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Volume 121, No. 95

Hospice director speaks to Kirksville Kiwanis Club

By Kirksville Kiwanis Club

The Kirksville Kiwanis Club welcomed Heidi Templeton to speak at their Dec. 1, meeting. After retiring from a career as the public relations director for Truman State University, Templeton is now the Director of Development for Hospice of Northeast Missouri. She presented on their services, addressed frequently asked questions about hospice care, and discussed Hospice of Northeast Missouri's recent affiliation with Hannibal Regional Healthcare System. Pictured are Kirksville Kiwanis Club President Elizabeth Clark (left) and Templeton.



Truman State showcased work at KREDI Town Hall

By Kirksville Regional Economic Development

Kirksville Regional Economic Development (K-REDI) held an open Town Hall Meeting on Friday, Nov. 4. The meeting was held at the Economic Development Alliance and gave the opportunity for members of the community to be part of the economic development effort by sharing ideas, voicing opinions, and asking questions. KREDI members were also present to showcase the work being done by their businesses in the community. Truman participated in the town hall by sharing information about the new Greenwood Interprofessional Autism Center, scheduled to open in fall of



2023 and the Kirk building renovations, scheduled to be completed in January of 2025. The Kirk building will house the new Student Success Center and The Sustained Knowledge of Integrated Lifelong Learning Skills (SKILLS) Center. The SKILLS center will build upon the services of the departments in the Student Success Center, making key services available

to the local community, including rural telehealth counseling, writing center, and career services. K-REDI Executive Director Carolyn Chrisman, stated, “We appreciate the support of our businesses and the work they are doing to make our community and economy better. We congratulate Truman State University on their projects and future endeavors!”

Sparklight recommends consumers increase vigilance during online holiday shopping season

By Sparklight

With online sales expected to reach \$236 billion this holiday season, an increase of more than 15.5 percent over the same period last year, this significant increase in online holiday sales is good news for retailers but it may also present increased opportunities for cybercriminals. Sparklight encourages all consumers to be vigilant about their online safety when cyber-shopping this year. “Given the pervasiveness of cybercrime, it’s always very important to be cautious when sharing any personal data online,” said Ken Johnson, Senior Vice President of Technology Services. “However, with the expected significant increase in holiday purchases made via websites, apps and social media platforms this year, it’s more important than ever that shoppers use caution online during this holiday season.”

Think before you click

Scammers and hackers have multiple methods for obtaining shoppers’ financial and confidential information. Three of the most common methods used by cybercriminals to target online holiday shoppers include “phishing” emails, “smishing” text



messages or “vishing” voice calls, all designed to appear to be from a trusted source and to collect confidential account information. Online shoppers should always look out for one—or more—of the most common warning signs of phishing or smishing attempts. Indicators of attempted criminal activity often include a suspicious address from the sender, or misspellings and grammatical errors in the email or text message. Requests for personal information, or to click on a link, are also signs that the message may not be legitimate. “Cybercriminals have multiple methods of trying to reach consumers shopping online, and they have become far more sophisticated in recent years in their efforts to obtain personal information via unsolicited email, text messages or voice calls,” said Johnson. “Consumers may want to increase their online safety by taking a few simple

and effective steps, such as strengthening account passwords and updating computer software.”

Four simple steps to increased online safety

The federal government’s Cybersecurity and Infrastructure Security Agency (CISA) also urges online holiday shoppers to consider implementing four simple, effective methods to improve cybershopping safety.

These include:

Multi-factor authentication (MFA) for online accounts. MFA is a system requiring more than one distinct authentication factors to gain access to the account, which can be achieved via several methods, including an SMS text message with a security code, a security badge, or through use of one of the many popular MFA apps such as such as Microsoft Authenticator or Google Authenticator, among others.

Updated computer software. Ensuring a computer’s software is fully updated will make it more difficult for even sophisticated hackers to gain access to personal data.

See **ONLINE**, Page A5

KIRKSVILLE AREA CALENDAR OF EVENTS

‘Christmas on the Radio: Miracle on 34th Street’ – Curtain Call Theatre

Enjoy this Christmas classic with voice acting and live sound effects in a 1940s style “radio broadcast.” Dec. 9 and 10 at 7 p.m. each night. Tickets are \$12 and on sale at Hy-Vee or at the door. Curtain Call Theatre Building, 512 W. Elizabeth Street, Kirksville.

Truman Brass Showcase

Truman Brass Showcase will be held at the Ophelia Parrish Performance Hall on Normal Street at Truman State University on Dec. 7 at 7:30 p.m.

Paint the Ville – Holiday Cactus

Register your first through eighth grade artist for one or all of the monthly Kid’s Club events. Artists will create a masterpiece under the direction of Paint the Ville instructor, Rachel Messer. Classes are held from 5:30-7:30 p.m. at the Kirksville Aquatic Center, 801 E. Mill St. All participants must pre-register, and class size is very limited. To register your child, visit the Kirksville Parks and Recreation Office at the Kirksville Aquatic Center, or online at <https://parks.kirksvillecity.com/>! Each course is \$20 and all supplies are included. Featured paintings will be Dec. 8: Holiday Cactus. For more information, contact Luke Callaghan with the Parks and Recreation Department at 660-627-1485.

City of Kirksville offices closed during afternoon on Friday, Dec. 9

Beginning at noon on Friday, Dec. 9, all city of Kirksville offices, including utility billing, will be closed for the annual city-wide staff meeting. City utility payments can still be placed in the drop box located at City Hall. These payments will be processed when City Hall reopens for regular business hours on Monday, Dec. 12. For more information, contact administration at 660-627-1225.

Children’s Holiday Craft Fair

The Adair County Public Library will hold a Children’s Holiday Craft Fair on Saturday, Dec. 10 from 10 a.m. to 2 p.m. at the Adair County Public Library, 1 Library Lane in Kirksville. There will be seasonal crafts for children to make as gifts for family and loved ones. Sponsored by White Tails Unlimited.

2nd Annual 660 CMO Chili Cook-off for Toys for Tots

The 2nd Annual 660 CMO Chili Cook-off for Toys for Tots will be held on Dec. 10 from 5-8 p.m. at the El Kadir Shrine Club, 2401 S. Baltimore Street. \$10 entry fee into the chili cook-off, free entry to eat with new kids toy ages 1 to 12 years old, or any coat. There will be food, drinks and music. For more info or questions, contact Nick at 660-342-4603.

38th Annual ATSU Reindeer Romp run and walk

The 38th Annual ATSU Reindeer Romp will be held on Dec. 10 at 9 a.m., at the Dukum Inn, 111 S. Elson Street, Kirksville. Presented by A.T. Still University’s Kirksville College of Osteopathic Medicine and Missouri School of Dentistry & Oral Health classes of 2025, the event supports the Salvation Army and Radio Park Food Drive. There’s a 4-mile run and 1.5-mile run/walk. Age divisions include men and women, 19 and under, 20-29, 30-39, 40-49, 50-59 and 60-plus. There will be food and toy box collections at both the Dukum Inn and Thompson Campus Center on race day. All registered runners and walkers receive a long-sleeve T-shirt, jingle bells, and post race refreshments. After the race enjoy a soft tissue massage by the SAAO stretch clinic. The race will start at the same time promptly at 9 a.m. at the Dukum Inn and end there as well. Pick up packets at Thompson Campus Center (210 S. Osteopathy St., Kirksville) Dec. 9 from noon-8 p.m. or Dec. 10 at the Dukum Inn after 8 a.m. \$20 for early registration (Deadline of Dec. 7, 5 p.m.) \$25 for late registration. Make checks payable to ATSU TCC. You can also mail or bring payment to ATSU TCC, 210 S. Osteopathy St., Kirksville, MO 63501. You can deduct \$3 from the entry fee if you donate three non-perishable food items at the time of registration. If registering by mail, indicate food items to come later and deduct \$3 from entry fee. Top three runners in each age division receive medals. The 4 miles & 1.5 mile overall fastest male and female runners receive trophies. 1.5 mile participants receive certificates. Contact Dan Martin or Ramey Weichelt at 660-626-2213.

Novinger Renewal’s 2nd Annual ‘Celebrating Christmas thru Music’

Does Christmas music help to get you in the holiday spirit? Novinger Renewal is coordinating its 2nd Annual “Celebrating Christmas thru Music” event on Sunday, Dec. 11 at 4 p.m. in the former Novinger Methodist Church located at 606 Davis Street. The public is invited to attend the event that will fea-



ture vocals, instrumentals and community singing by a number of area residents. No admission will be charged, and free refreshments will be available. Attendees are also encouraged to tour this historic building, which is handicap accessible through the north door. Novinger Renewal, a non-profit organization established for historic preservation and community betterment, took on the task of maintaining the structure built in 1903 after the church closed in June of 2021. The building features many stained glass windows, the original woodwork and pews.

Third Annual Holiday Marketplace at Sue Ross Arts Center

Kirksville Arts Association will again be hosting area artists and crafters in the Third Annual Holiday Marketplace at the Sue Ross Arts Center, located at 215 S. Franklin in Kirksville. The Marketplace will run through Saturday Dec. 10. This event, which began when the Red Barn Arts and Crafts Festival was cancelled in 2020, has grown in the number of artists and crafters who exhibit and the number of visitors to the marketplace.

Five Star Nutrition ribbon cutting

The Kirksville Area Chamber of Commerce will hold a ribbon-cutting ceremony for Five Star Nutrition on Wednesday, Dec. 14 at 4 p.m. at 415 E. Northtown Rd, Kirksville. Five Star Nutrition is a new chamber member.

Hospice of Northeast Missouri presents ‘Dealing With Grief During the Holidays’

The holidays are generally perceived as “the most wonderful time of the year.” But for those who are facing grief after the death of a loved one, the holidays may instead be a time filled with pain and sadness. Even those for whom grief is not as fresh, the holidays may serve as an annual reminder of the loss—not only of that person, but of tradition and celebration. If you are struggling to figure out how to celebrate this holiday season without a loved one or if you are supporting someone who is struggling join us for this free seminar. The free seminar will take place from 12:30 – 1:20 p.m. on Dec. 14, at the First United Methodist Church on 300 E. Washington St. in Kirksville. Attendees are asked to enter through the South door. Questions about the free seminar may be directed to 660-627-9711.

Kirksville Area Chamber of Commerce After Hours

The Kirksville Area Chamber of Commerce will co-host with Alliant Bank, an After Hours 2022 Holiday Celebration on Thursday, Dec. 15 at 5 p.m., at Alliant Bank, 201 S. Baltimore Street in Kirksville. The event will be sponsored by Alliant Bank and catered by Wooden Nickel — Dan Vogt family. Music will be performed by Randy Smith. Additional parking will be available in the Lincoln Square Shopping Center, 510 S. Baltimore Street, with a shuttle escort provided for guests. There will be a cash bar as well as some non-alcoholic beverages.

Winter Ball to be held at Moose Lodge

Restoring Hope and The Excel Day Program invite you to the Winter Ball on Thursday, Dec. 15. The Ball will be held at the Loyal Order of the Moose Lodge (2405 E. Illinois St., Kirksville) from 5-8 p.m. with a meal served from 5-6 p.m. Semi-formal attire is encouraged! RSVP by Friday, Nov. 18 to Veronica (660-341-3940) or Kristin (660-216-5698).

Truman State Commencement scheduled for Dec. 17

The fall commencement ceremony to honor graduates will begin at 11 a.m. Dec. 17 in Pershing Arena. Allison Duncan, a bachelor of fine arts in creative writing and bachelor of arts in psychology candidate, will be the student speaker. Alumna Dusty Folwarczny will give the commencement address. A native of Winfield, Mo., Folwarczny earned her BFA in sculpture from Truman in 2003 and made her way to Chicago in 2006 to establish her sculpting practice and work in management consulting. Doors will open at 10 a.m. for seating on a first-come, first-seated basis. Guests are asked to use the main entrance on the west side of the building. Graduates, faculty members and those who need to utilize handicapped parking spaces can use the east entrance. Restroom facilities are accessible on the arena level by the east stairs. For those who cannot attend in person, livestreams will be available on YouTube and Facebook.

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OBITUARIES

Debbie Livingston

Apr 23, 1953 – Nov 16, 2022

Debbie Livingston, 69, of Macon, MO, was taken home to Heaven by her Savior on November 16, 2022, after a hard-fought battle with cancer. She departed this earth from the Samaritan Memorial Hospital in Macon, MO, surrounded by the love of family and caring medical staff.



Debbie was born on April 23, 1953, in Kirksville, Missouri, the daughter of Gene Leo and Donna Lou (Belt) McClanahan. On February 20, 1971, at age 17, Debbie was united in marriage with the love of her life, Kenny Livingston, in Rock Island, IL. Even though some said it would never last, they celebrated 51 years of marriage earlier this year.

Debbie is survived by her parents, Gene and Donna McClanahan, of Atlanta, MO; her loving husband, Kenny; two devoted sons, Ryan Livingston and his wife Mollie of Brookfield, MO, and Deron Livingston and Brenda Miller of Atlanta, MO; four precious grandchildren, whom she adored, Madison, Morgan, Kolby, and Karson; her sister and brother-in-law, Paula and Gary Thompson of La Plata, MO; many other relatives, and several communities of friends.

Debbie was preceded in death by her father-in-law and mother-in-law, Carl and Gladys Livingston, and by her grandparents, Gale and Beulah McClanahan, and Noel and Alma Belt.

Receiving her education at Atlanta C-3 School, Debbie was graduated as Valedictorian with the Class of 1971. She started college in the summer of that year as a secretarial student and began working for Dr. Charles Kauzlarich, Division Head of the Business Department at NMSU. After working there for a few years and making many friends, “Dr. K” talked her into pursuing a degree in business education. Debbie received her B.S.E. degree and began her teaching career at Atlanta C-3 High School. “Mrs. Livingston” taught typing, shorthand, accounting, general business, and sponsored proms and other student activities for several years. Debbie and Kenny, along with their two sons, then moved to New Cambria, MO, and Mrs. Livingston taught business classes to two generations of young people at Macon County R-IV Schools. While there, Debbie

became the K-12 Principal, and eventually the Superintendent of Schools. From there, Mrs. Livingston moved to Green City R-1 Schools as Superintendent, where she was welcomed into the community and made more lifelong friends. In 2004, Debbie went back closer to home to become the Superintendent of Macon County R-1 Schools and retired in 2012 after spending 35 years in education. After retirement, Debbie continued to work in education for MSBA and NEMO COOP. She served on the MSHSAA Board of Appeals and M.U.S.I.C. Board. At the local community level, she served on the Loch Haven Nursing Home Board and the YMCA Board. Debbie became well-acquainted with the neighbors through her multi-mile-long daily walks. She was also a member of Chapter BZ, P.E.O., Delta Chapter of Delta Kappa Gamma Society International, and Macon County Retired Teachers Association.

As a devoted wife, Mom, and Granny, her greatest joy was spending time with her family, whether it be deer camp, St. Louis Cardinals ballgames, holiday gatherings, or family reunions. Granny rarely missed being the front-row cheerleader at her grandchildren’s many school activities and sporting events.

Debbie was an active member at Mt. Tabor Baptist Church, where she had accepted the Lord and been baptized at age ten. She had taught children’s Sunday School, worked in VBS, helped several years at children’s camps, and was currently serving as church treasurer at Mt. Tabor. When cancer hit Debbie in 2019, her strong faith in God and trust in Jesus helped carry her through the difficult, and sometimes pain-filled, days. Debbie had made many friends and held many positions during her life, but her most important desire was to help others deepen their faith in God and draw closer to Jesus.

Funeral services will be held at 11:00 am on Monday, November 21, 2022 at the Hutton & McElwain Funeral Home in Macon, MO with Bro. David Gottman and Bro. Paul Martin officiating. Burial will be in the Mt. Tabor Cemetery, east of Atlanta, MO. Visitation will be from 3:00 pm to 6:00 pm on Sunday, November 20, 2022 at the funeral home. Family suggests memorials to the Mt. Tabor Cemetery.

Jimmie C. Robinson

May 4, 1943 – Dec 2, 2022

Jimmie C. Robinson, 79, of Hannibal, MO, passed away at 12:15 PM Friday, December 2, 2022, at Hannibal Regional Hospital in Hannibal, MO.



There will be no services at this time. Private burial will be at a later date at Maple Hills Cemetery in Kirksville, MO.

Arrangements for cremation are under the direction of the James O’Donnell Funeral Home in Hannibal, MO.

Jimmie was born May 4, 1943, in Gibbs, MO to Lowell D. Robinson and Nora Mae Sykes Robinson. He was married to Nancy Murdock Vaia on April 16, 1988, in Kirksville, MO. She survives.

Also surviving are his three adopted children: Arito Robinson, Cheryl Thompson, and Michael Sean Robinson all of the Denver, CO area; one stepson, Mike Vaia (Julie) of Hannibal, MO; four brothers: Lowell Robinson, Garland Robinson, Ron Robinson, and Terry Robinson all of the Kirksville, MO area; two special grandsons, Michael and Andrew Vaia; and close friends, Tom Peters and Richard Shearer.

Jimmie was preceded in death by his parents and one sister, Sherry Raerene.

Jimmie proudly served his country in the U.S. Army during the Vietnam War. He was a lifetime member of the Veterans of Foreign Wars, Post 4334 in Ault, CO.

Jimmie retired from the United States Postal Service, where he was a letter carrier for many years. Before entering the postal service, Jimmie was a junior partner in Robinson Tile in Denver for 20 years. He was especially proud to have applied his tile expertise in the governor’s mansion in Denver, CO.

Jimmie was a car buff; he enjoyed the Ford Mustangs of the 1960’s and early 1970’s. In his younger years, Jimmie enjoyed riding his Harley-Davidson with his brothers. An avid gun collector, Jimmie liked to collect handguns. During his years living in Denver, CO, Jimmie was a Denver Broncos season ticket holder and enjoyed attending games. Above all Jimmie treasured his family and he always took pleasure in the moments he shared with friends and family.

Jimmie was a Christian by faith.

Memorial contributions may be made to American Cancer Society or to an animal organization of donor’s choice.

Online condolences may be shared and video tribute may be viewed at www.JamesODonnellFuneralHome.com.

Larry Dale Findling

Jan 2, 1967 – Dec 3, 2022

Larry Dale Findling, 55, of Kirksville, Missouri, passed away unexpectedly, Saturday, December 3, 2022.

The son of Donnie Dee and Mary Elizabeth (Hodge) Findling, he was born January 2, 1967 in Kirksville, Missouri.

Larry is survived by his mother, Mary Findling of Kirksville, MO, and his sister and brother-in-law, Joyce and Terry Vice of Kirksville, MO.

Larry was preceded in death by his

father, Donnie Findling.

Larry received his education in the Kirksville public schools. He spent many years in construction and was a carpenter. He enjoyed farming, hunting, and fishing.

Larry has been cremated and no service will be held at this time. Inurnment will take place at Jewel Cemetery at a later date.

Arrangements were taken care of by Travis-Noe Funeral Home of Kirksville.

Ramona Gwendolin Pertl

May 2, 1934 – Dec 2, 2022

Ramona Gwendolin Pertl, age 88, of Saint Charles, Missouri, passed away Friday, December 2, 2022 at NHC Health Care in Saint Charles.



Born May 2, 1934 in Elmer, Missouri, the daughter of Wanda (Peavler) Tuttle. On November 19, 1966 in Saint Charles, Missouri, she was united in marriage to James Roger Pertl who preceded her in death on July 20, 2012.

Also preceding her in death are her

mother and one son, Butch Burch in July 1968.

Surviving are two daughters, Janet Hackemack (Larry) of Lewistown, Missouri and Jean Mackey (Joe) of Pekin, Illinois; three grandchildren, Tiffany Cascia, Thad Chaney, and Dana Simmons; ten great grandchildren and one great great granddaughter.

A private graveside service was held Monday, December 5, 2022, per her request, at La Plata Cemetery in La Plata, Missouri, under the direction of Travis Funeral Chapel.

Missouri experiences increase in respiratory viruses

By Missouri Department of Health and Senior Services

JEFFERSON CITY, MO – Like the majority of the United States, Missouri has been experiencing increased respiratory disease activity caused by multiple viruses, including flu and RSV that is occurring especially among children.

The Missouri Department of Health and Senior Services (DHSS) is now offering free testing for flu, RSV and SARS-CoV-2 (virus causing Covid-19) at several Missouri locations through March 2023. A single nasal swab will allow for detection of these three viruses. Patients of all ages can be tested. A map of locations and the sites’ schedules can be found at health.mo.gov/communitytest. Additional sites will continue to be added.

“Although cases overall have not increased in severity, the increased volume has caused a strain on our health care partners,” said Dr. George Turabelidze, state epidemiologist with DHSS. “Ultimately, we need families to remember how important it is that they stay home when sick. Also, we are fortunate to have vaccines available for flu and Covid-19, and it’s important to stay up to date on these.”

For the week of Oct. 30 through Nov. 5, there were 1,738 laboratory-confirmed cases of the flu, compared to 1,280 cases the week before, bringing the statewide total for the season which began Oct. 2, to 4,016 cases. While RSV is not a reportable condition to DHSS in Missouri, CDC tracks state-level trends that show an increase in RSV detections in Missouri.

The flu and Covid-19 have many similar symptoms including cough, shortness of breath or difficulty breathing, fatigue (tiredness), sore throat, runny or stuffy nose, muscle pain or body aches and headaches.

RSV is a common respiratory virus that usually causes mild, cold-like symptoms including fever, cough, congestion, runny nose, sneezing, and in infants, fussiness and poor feeding. It can progress to more severe symptoms such as fast or short breathing or wheezing, and in infants and young children, grunting noises when breathing or chest caving in during breathing. While persons of any age can develop RSV, it is most common in children under age 2 and can be severe, especially for infants and older adults. Most people will recover in one to two weeks.



Tis The Season To Be Generous

The Kirksville Daily Express and the Kirksville Crier plan to provide area residents with the opportunity to make the holiday bright for others.

We will be taking donations from our readers and contributing them to Hope’s Kitchen, which provides a meal for the hungry two Saturdays a month during the school year (August-May). Meals are prepared at Mary Immaculate Church and are available for pickup or delivery. Go to the Hope’s Kitchen Facebook page to find the dates meals will be made.

Every penny contributed will go to purchase food for Hope’s Kitchen. Each Saturday the Kirksville Daily Express will publish the name of each individual contributor of one dollar or more to the Hope’s Kitchen fund for that past week. (Please donate \$1 for every name you want listed). The names will also be part of a giant Christmas card published in the Dec. 24 Kirksville Daily Express, and Dec 28 Kirksville Crier.

To donate, make checks payable to Hope’s Kitchen and bring them by the Daily Express office, 701 E. LaHarpe Street, Suite C or mail it to The Kirksville Daily Express, PO Box 809, Kirksville, MO 63501. Money can also be mailed to ATSU (800 W. Jefferson Street), with “ATSU/Hope’s Kitchen” in the address line. There is also a Paypal link on the kitchen’s website www.hopes-kitchen.com. Donations are tax deductible.

All Contributions must be received by Dec. 10, and the Christmas card list will be finalized on Dec. 16.

Do you owe your brain a sleep debt?

By Northeast Regional Medical Center

Whether or not your clocks will “fall back” on Sunday, November 6, this time of year can be an opportunity to catch up on lost sleep. You might think an hour of sleep loss here or there is not a big deal, but as with money, the more we borrow, the harder it is to deal with the deficit. A study in Scientific Reports claims it would take four days of suffi-

cient rest to pay back an hour of sleep debt. It’s not just about borrowed time—lack of sleep can be dangerous. People who owe a sleep debt have higher rates of workplace injuries, and those injuries are often severe. It’s clear how this could happen. Short-term sleep deprivation causes brain fog, forgetfulness and impaired driving. In fact, if you’re awake 24 hours, the CDC reports it’s like having a 0.10% blood alcohol concentration (above the legal

limit). Owing a sleep debt long-term also raises the risks of obesity, insulin resistance, heart disease and high blood pressure.’ So what can we do to ensure we’re not over our heads in sleep debt? The National Sleep Foundation says we need at least seven hours of sleep per night to feel rested, but over 70% of Americans fail to get that much rest. They suspect we lose 30 to 60-minute sleep increments due to school, work and using

electronics. So, if you’re scrolling social media in bed, cut off your screens 30 minutes to an hour before you go to sleep. The blue light from your phone prevents melatonin production (the sleep-wake cycle hormone). Another sleep-friendly tip is to pay more attention to your lighting. Experts say light plays a big part in our circadian rhythms—and a time change means a change in sunlight. The CDC suggests we assist our internal clocks by ex-



posing ourselves to sunlight or bright indoor light during working hours/before nightfall. However, we should dim light levels at least two hours before bed. If we wake too early or get

up to go to the bathroom at midnight, we should keep the lights off until we’re ready to start our days. With these tips, you might be able to stay (sleep) debt-free.

Avoid stress during holiday celebrations

By University of Missouri Extension

SHELBYVILLE, Mo. – The Covid-19 pandemic made for some “hard candy Christmases.” Still sweet, Christmas in confinement was nevertheless hard and disappointing. Christmas 2022 will likely be one of adjustment as families try to restore traditions after several years of disrupted celebrations, says Jeremiah Terrell, University of Missouri Extension human development specialist. Holidays bring about stress, even in non-pandemic years. Concerns about finances, travel, food, gatherings and family dynamics heighten emotions, so don’t expect everything to go smoothly this year, Terrell says. Some traditions will fall to the wayside, but this creates an opportunity to create new ones.

Terrell says his extended family changed traditions in the COVID era. They now celebrate Christmas in July, when schedules are less busy, air travel is less expensive, daylight hours are longer and weather is more favorable. Immediate family members still gather during the traditional holiday season.

When things get too stressful during the holidays, step back and take a breath, says Terrell. If things become too much to handle on your own, give yourself the gift of seeking professional help.

- Terrell outlines four steps to getting back in the groove of celebrating:
1. Prioritize. Ask yourself what matters most to you. List times, dates and locations of events that family members want to attend. To avoid impulse buying, make lists when shopping for gifts and food, keeping your budget in mind.
 2. Plan. After prioritizing, plan what gatherings you will attend. “You’ll have a much better chance of getting to do what you want to do and not get derailed,” says Terrell. Communicate plans to each member of the family. Address any expected health practices in other people’s homes.
 3. Contingency. To avoid unnecessary stress, keep your plan simple and



expect changes. Be prepared to adapt. 4. Create. Create new traditions and rituals. Be thankful and enjoy the changes, says Terrell.

Terrell is part of MU Extension’s efforts to improve mental health for rural Missourians through the North Central Farm and Ranch Stress Assistance Network. If you feel stressed during or after the holidays, reach out to friends, family and MU Extension services. Some available services:

- The MU Psychological Services Clinic offers up to five free teletherapy sessions for farmers and ranchers and members of their immediate families. Learn more at muext.us/PSCFarm-Ranch, or contact the clinic at adpsc@missouri.edu or 573-882-4677. MU Extension and the Farm and Ranch Stress Assistance Network provide this service through two grants from the USDA National Institute of Food and Agriculture (NIFA).
 - The Missouri Department of Agriculture’s new AgriStress Helpline also offers free, confidential help to farmers and their families. Producers can call or text 833-897-2474 to speak to a health care professional. The helpline is available 24 hours a day, seven days a week. Learn more at agriculture.mo.gov/stress.php. NIFA awarded the Farm and Ranch Stress Assistance Network grant to MDA to support distribution of mental health resources and training through MU Extension.
 - Iowa Concern provides stress counselors, an attorney for legal education, information and referral services for farm families. The toll-free number is 800-447-1985. MU Extension is part of Iowa Concern through a federal North Central Farm and Ranch Assistance Network grant.
 - The 24-hour 988 Suicide and Crisis Lifeline provides free, confidential services. If you or someone you know is in crisis, call or text 988, or go to 988lifeline.org.
- Find other resources in the MU Extension and Missouri Department of Agriculture Mental Health Awareness Month Promotional Toolkit at muext.us/MHtoolkit.



Welcome home: Nutrient-enriched diets improve health of premature, underweight babies post-discharge

MU study finds adding additional nutrients to infant diet leads to improved weight, bigger head size, and stronger bones.

By University of Missouri

While smaller premature babies are given around-the-clock nutritional care in the Neonatal Intensive Care Unit (NICU), there has been debate among researchers on whether or not regular breastmilk or standard formula alone is enough nutrition for these babies to develop optimally after being discharged from the hospital.

Now, a meta-analysis — or detailed analysis of previous studies — conducted by researchers at the University of Missouri and University of Oxford, UK, suggests that adding nutritional fortification to human breastmilk or using a nutrient-enriched formula for those who are formula-fed, improves the size, weight and physical health of premature babies, as well as possibly improving their cognitive development.

Jan Sherman, a professor in the MU Sinclair School of Nursing, collaborated with Alan Lucas, a professor at University of Oxford, UK, to analyze 27 randomized trials that involved more 2,000 premature babies around the world, including in North America, Europe, Asia, and Africa. After comparing the physical and neurodevelopmental health outcomes, the researchers found that small premature babies who were given a nutrient-enriched diet after being discharged from the NICU weighed more, had larger heads and brains, and

stronger bones. Although the research is incomplete, some evidence suggests that improving growth in these babies may also benefit cognitive development. “This new research-based review can help providers decide on the best nutritional care for premature babies after they are discharged from the NICU,” Lucas said. “Breast feeding is the preferred way of feeding these babies, but whether they are breast or formula fed, we hope that this review will also help providers to appraise optimal levels of nutrients used for this important group of babies. It has also been questioned whether such nutrient-enriched diets would put these babies at potential risk of cardiovascular disease. However, the studies reviewed did not support this concern.” Lucas has been researching nutrition in premature babies for 45 years, and Sherman, a Neonatal Nurse Practitioner (NNP) as well as an expert in statistical analysis, has seen the health issues babies born prematurely face first hand while working in NICUs for nearly 40 years. “Every baby deserves the best possible care we can provide, and every parent wants the best outcome for their baby, so providing optimal nutrition is very important to us,” Sherman said. “The dietary choices that providers make for these infants is very important given that early nutrition is crucial for positive health outcomes later on in life.” “Post-discharge nutrition in preterm infants” was recently published in NeoReviews, a journal published by the American Academy of Pediatrics.

LIBERTY

Continued from Page A1

JR Derksen, a Liberty Central Region Business and Development manager, said the increased rate, which is adjusted annually in Missouri, unlike Illinois, which adjusts monthly, reflects only the wholesale cost of gas being purchased by the utility and is not an increase implemented by the utility itself. “This is a straight pass through, whether we’re paying 30 cents or \$3.30 on the PGA, that’s just a straight pass through, that’s what we pay for the gas,” Derksen said, describing it as similar to a local gas station that earns the same on gas sales no matter any increase or decrease in the price they pay wholesale. Derksen said that the commodity charge and the meter fee are charges that are specific to Liberty and cover the utility’s costs in delivering gas to consumers. He said that Liberty’s meter fee hasn’t increased since 2017. He said,

also, that Liberty is working to be able to adjust its costs monthly rather than annually. An explanation of the Liberty bill customers receive states that the PGA part of the filing calculates an estimate of natural gas supply, transportation, and storage costs for the upcoming winter. An ACA reconciliation is calculated that compares 12 months of actual gas costs to the PGA revenues billed to the customer for the 12-month period ending August. Liberty Utilities’ ACA includes costs associated with the February 2021 Cold Weather Event (Winter Storm Uri) which had a significant impact on certain natural gas prices. Last November, the Missouri Public Service Commission approved a request filed by Liberty Utilities extending the ACA recovery period in the Northeast, West and Southeast Districts from 12 months to three years, thereby spreading the costs from the February 2021 Cold Weather Event over a longer period of time to mitigate the impact on customer bills.

“Everybody’s paying more and there seems to be no relief in sight,” Derksen said, “Believe it or not, Liberty is a company that really does care. This is a PGA. It’s the cost of the gas. So whether that gas sells for 37 cents or \$1.27, we don’t make a penny more or a penny less.” Derksen said that since last December, the price of natural gas has been anywhere from 42 cents a therm to \$1.30, and that changes every day, but the price in Missouri is fixed for a year — “and that’s part of the problem,” he said. The cost of natural gas from wholesale suppliers generally makes up approximately 50 to 55 percent of a customer’s total monthly natural gas bill. The wholesale cost of natural gas (the cost your local natural gas company must pay to its suppliers for natural gas) is not regulated by the Missouri Public Service Commission. The wellhead cost of natural gas is unregulated and is primarily driven by supply, demand and the weather. The Missouri Pub-

lic Service Commission does conduct an annual regulatory review to ensure that regulated natural gas companies make prudent decisions in securing natural gas supplies for their customers. Kelli Price, Liberty Utilities Central Region senior manager for Communications and Marketing, said that for customers who may be struggling with their winter bills, Liberty asks that they call them. “We understand that rising costs may be challenging for some of our customers, and our team is here to help,” Price wrote in an email. “We have flexible payment options, a budget billing program and other programs, and access to community resources. Second, we offer a variety of tips on our website to help customers manage energy usage. Price said that some simple actions, like lowering your thermostat a few degrees and regularly changing the filter on your HVAC unit, can help lower customer bills. She provided a list of actions custom-

ers can take to help manage their gas bills:

- Add attic insulation if necessary.
- Place weather stripping around doors, use plastic film covering and caulk windows to keep heat from escaping from your home.
- Change or replace furnace filters each month when dirty.
- Have your chimney checked for blockage.
- Close fireplace dampers when the fireplace is not being used.
- Have your heating system checked and tuned-up if needed.
- Place an approved insulated cover-jacket around the hot water heater.
- Consider getting professional help for any projects that are beyond your capabilities. · Contact your local utility company to ask about energy saving tips and programs.

Here’s a link to that information: <https://missouri.libertyutilities.com/kirksville/residential/ways-to-save/natural-gas/energy-conservation-tips.html>.

Missouri state budget is bulging with \$6 billion in surplus cash

Three years ago, the general revenue fund took in \$8.9 billion. If growth rates continue at current levels, the current fiscal year could approach \$15 billion.

By Rudi Keller
Missouri Independent

For the first time in its history, the only real limit on what Missouri can buy on a cash-and-carry basis is the imagination of the people spending the money. The state treasury is bulging with more than \$6 billion in surplus cash, the result of 28 months of double-digit revenue growth and federal payments tied to Covid-19 relief and recovery. If growth rates continue at current levels, general revenue in the current fiscal year could approach \$15 billion. Three years ago, the general revenue fund took in \$8.9 billion.

Some foresee a slowdown starting next year, as inflation-fighting policies slow the economy and the state sees the actual impact of recent tax cuts. Lawmakers and Gov. Mike Parson’s administration are trying to account for those uncertainties as they negotiate the budget baseline for the coming legislative session, said Sen. Lincoln Hought, R-Springfield.

“It is almost kind of a wait and see game,” said Hough, who is expected to chair the Senate Appropriations Committee next year.

But the large surplus promises to smooth any downturn while also allowing for new spending initiatives.

The first priority should be state agencies at or near a crisis due to staff shortages and turnover, said state Rep. Peter Merideth, D-St. Louis. Merideth is the ranking Democrat on the House Budget Committee.

The Independent has documented staff turnover in the Children’s Division at nearly 50 percent, with children in foster care missing visits with parents and rushed abuse investigations. There are hundreds of people waiting for beds in Department of Mental Health facilities due to a lack of staff. To maintain minimum staffing, the mental health department uses expensive contract professionals. To cover the cost, the department is asking for a \$22 million supplemental appropriation through June 30.

Those agencies need targeted spending to recruit staff,

Merideth said. And state employees generally need a raise, he said.

“I think we need a very large investment and an increase in investment in what our state workers are paid, especially those state workers that take care of our most vulnerable,” Merideth said.

Last year, at the urging of Parson, lawmakers gave state employees the largest pay raise in decades, at least 5.5 percent for everyone on the state payroll, and approved a new base wage of \$15 an hour for state jobs. State agencies have submitted their budget requests for the coming fiscal year, and the next step in crafting the state budget is an estimate of revenues. Jim Moody, a lobbyist and former state budget director under Republican Gov. John Ashcroft, said he expects recession and tax cuts to start slowing state revenue in the second quarter of 2023.

“It is hard for me to imagine that in that quarter, it is going to keep pace with last year,” Moody said.

Revenue buoyancy

From 2016 to 2019, state revenues grew at a steady, if unspectacular, rate. Income tax and sales tax receipts mirrored inflation and grew about 6.5 percent. As profits increased, corporate income tax receipts rose at double the inflation rate. In the three years since, sales tax revenue has grown 50 percent faster than inflation, income tax receipts at double inflation and corporate income taxes at almost five times the inflation rate. Whether the current rush of revenue is high tide or a new base level will play out over the next couple of years.

The top income tax rate will fall to 4.95 percent for 2023. Triggered steps in earlier cuts will reduce taxes on many businesses. Moody estimates the cumulative effect of those cuts will be to reduce revenue by about \$680 million in 2023. By the time those cuts are taking hold, he said, the inflation-fighting interest rate hikes engineered by the Federal Reserve will be slowing economic growth. The economic slowdown, if one is coming, will be felt in the first half of

next year, Moody predicted.

“By April through June of next year,” he said, “you could have a confluence of things that turn things pretty quickly.”

So far, the only noticeable impact of interest rate hikes on state government has been to increase the surplus. General revenue interest earnings, \$50 million so far this fiscal year, are more than double the earnings for all of fiscal 2022. Tax receipts are rising faster than inflation through a combination of factors. Sales tax has been augmented by more revenue from internet retailers, while consumers are spending from savings and taking on large amounts of new debt.

Income tax receipts reflect rising wages and investment gains. The state minimum wage, \$11.15 an hour, is up 42 percent since 2018, or \$7,000 more a year for full-time work. When the state set \$15 an hour as a floor for its employees, large private employers near state facilities in central Missouri responded by boosting their starting pay. The Dollar General warehouse in Fulton, where the state operates a prison, a mental health hospital and the Missouri School for the Deaf, is now offering \$20.50 an hour, up from \$17 at the start of the year.

The decline in revenue due to tax cuts is predictable. The impact of a recession is uncertain. In the mildest recession of the past 30 years, state revenues continued to grow. In the worst, starting in 2008, revenues declined for three consecutive years and took five more years to recover to pre-recession levels. When lawmakers met in special session to cut taxes, Hough negotiated higher thresholds for revenue growth to trigger future cuts.

“We will see very quickly what kind of impact that really has,” Hough said. “The unknown is, where does this economy go?”

Spending demands

This year’s \$49 billion state budget, passed by lawmakers in May, is the state’s largest in history. While state budgets generally grow from year to year, two items totaling more



The Missouri Capitol in Jefferson City. PHOTO BY TESSA WEINBERG/MISSOURI INDEPENDENT

than \$5 billion were new. The largest, at \$2.9 billion, was a one-time appropriation of federal Covid-19 recovery funds. Much of the money will be used in local projects. Recipients for one big piece, \$410 million in grants to improve local water systems, were announced Thursday.

The second is the continuing expense for expanding Medicaid to cover lower-income adults from 18 to 64. The program budget was set at \$2.5 billion this year, with no general revenue needed to cover the state’s 10 percent share. In the coming year, the Department of Social Services anticipates the cost of Medicaid expansion will increase by \$373 million, again without needing general revenue for the state share.

Public education gets the biggest portion of general revenue. Funding through the foundation formula, which is the main source of state support, has been stagnant for several years. But public schools got a boost they didn’t expect when lawmakers included \$214 million to cover the full state obligation for student transportation. It was the first time since 1991 that the state had paid its full share.

The one-time extra cash has helped but the state needs to address public education’s staffing challenge, said Melissa Randol, executive director of the Missouri School Boards Association.

“We have a crisis in Missouri with our salaries impacting our teaching workforce,” Randol said. “We need more than just one-year commitments without the ability to sustain that long-term.”

Missouri ranks 47th in average teacher pay and second-to-last in the nation in starting salaries at \$33,234.

Lawmakers also funded a program proposed by Parson to help districts boost mini-

mum teacher pay to \$38,000 and resumed state funding for the Career Ladder program, which helps districts pay more for teachers with advanced education. In its budget request for next year, the Department of Elementary and Secondary Education is seeking funds to implement some recommendations of the Teacher Recruitment and Retention Blue Ribbon Commission. The commission recommended changing state law to set the minimum at \$38,000 a year, estimating the cost at \$29.5 million per year. Increasing the average teacher pay by \$1,000, the commission estimated, would cost \$81 million.

In its budget request for 2023, the department asked for the minimum pay funding but not the money to raise average salaries. The biggest new item in the education budget is \$77 million for increasing foundation formula payments to charter schools under a law passed this year. The department has also asked for \$233 million to continue fully funding transportation, up \$19 million, and \$31.8 million to expand the Career Ladder program.

Hough and Merideth said they expect bipartisan support for continuing full transportation funding and for the requests stemming from the task force report. But Merideth said he’s skeptical how far lawmakers will go to put money into education or other needs.

“I am not going to take for granted we have a huge surplus until we are doing the things our state needs to do,” Merideth said.

And Randol said she’s waiting to see the money in a spending bill.

“My grandfather said, ‘don’t tell me what your priorities are, show me your checkbook and I will know what your priorities are.’”

ONLINE

Continued from Page A2

Remain on guard for unexpected or unusual emails. Most successful cyberattacks begin with a phishing email.

Use a very strong password or consider utilizing a password manager to generate and store unique, individual passwords for each online account.

Johnson stressed the importance of also having a unique password for each online account.

“Passwords act as gatekeepers, your first line of defense against online scammers,” he said. “While it may be tempting to use the same password for multiple websites, doing so may allow a hacker who decipher your password to gain access to many personal online accounts using that single password. The key ingredients of a strong password are length, randomness, and uniqueness.”

A very strong password has between 16-24 random characters, and includes both uppercase

and lowercase letters, numbers, and symbols or four unrelated words strung together.

‘S’ is for secure

An important indicator of a website’s authenticity is its URL. Before completing an online purchase, confirm the website is security enabled by looking for the letters https:// at the beginning of the URL. The letter “s” stands for secure, and means the website is using encryption to help keep information protected. There will also be a padlock icon to the left of the URL in the address bar. Never share personal information, such as credit card numbers, when using an unsecure server (HTTP) or a public wireless network.

Shopping via Mobile App

When shopping online, and particularly during the busy holiday season, only purchase items from trusted and reputable websites. Cybercriminals have become more sophisticated and are very good at creating phony retail apps with logos that resemble legitimate businesses. Scammers often use these apps to steal identities or infect devices with malware. Verify an app’s authenticity by downloading it from the company’s official website. If downloading from an app store, avoid being the first to download a new shopping app, keep an eye out for misspellings in the app description, and read ratings and reviews prior to downloading the app.

Online vigilance is vital

While it’s always important to remain vigilant about online security, the need for caution when cybershopping is heightened during the holidays. Remember to keep receipts,

shipping and tracking information, and regularly monitor credit card activity to ensure there are no fraudulent charges. Online shoppers should also avoid using debit cards, because access to the card could provide a hacker with the

immediate ability to empty a shopper’s bank accounts. By contrast, many credit cards have theft protection in case of unauthorized use.

For more tips on how to optimize your online experience, visit support.sparklight.com.



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62°

Nowcast

70°

62°

73°

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7-DAY FORECAST FOR KIRKSVILLE

WEDNESDAY

Mostly cloudy

HIGH: 48

POP: 15%

WED. NIGHT

Mostly cloudy with a touch of rain late

LOW: 38

POP: 60%

THURSDAY

Periods of rain and a thunder-storm

44 37

POP: 95%

FRIDAY

Mostly cloudy

41 32

POP: 10%

SATURDAY

Low clouds

45 30

POP: 10%

SUNDAY

A couple of rain or snow showers

45 35

POP: 70%

MONDAY

Cloudy with a shower; ice at night

42 23

POP: 55%

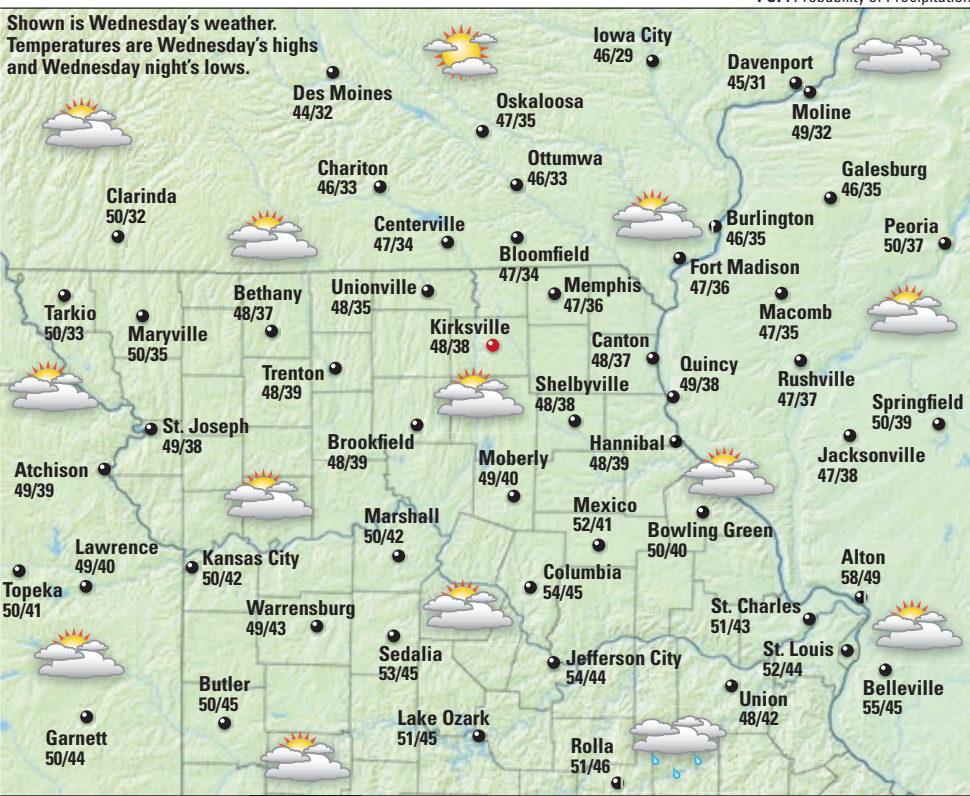
TUESDAY

Mostly cloudy with a few flurries

45 27

POP: 55%

POP: Probability of Precipitation



Conditions Wednesday

UV Index & RealFeel Temperature®

0

1

1

1

0

0

32 39 44 49 44 39

8 a.m. 10 a.m. Noon 2 p.m. 4 p.m. 6 p.m.

The higher the **AccuWeather.com UV Index™** number, the greater the need for eye and skin protection. 0-2: Low; 3-5: Moderate; 6-7: High; 8-10: Very High; 11+: Extreme. The patented **AccuWeather.com RealFeel Temperature®** is an exclusive index of effective temperature based on eight weather factors.

Comfort Index™

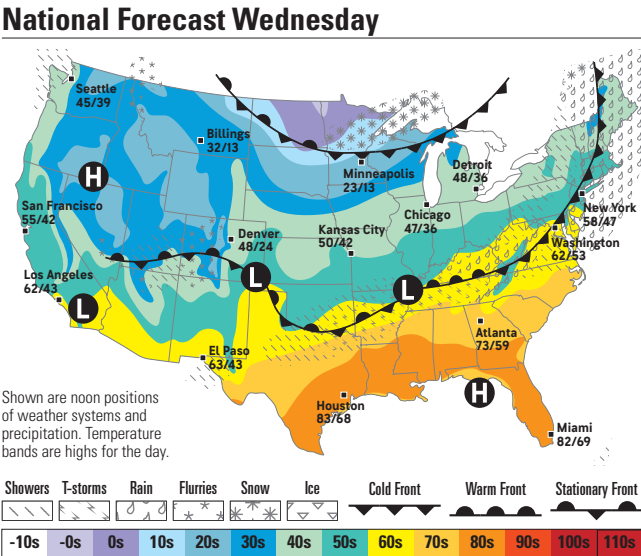
5

A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

Outdoor Activity Forecast

6

Ratings: 0-2: Poor; 3-4: Fair; 5-6: Good; 7-8: Very Good; 9-10: Excellent.



Almanac

Kirksville through Monday

Temperature

High/low.....50/24

Normal high/low.....42/24

Record high.....68 in 2017

Record low.....-4 in 1898

Precipitation

Monday.....0.00"

Past week's total.....0.00"

Month to date.....0.00"

Normal month to date.....0.35"

Year to date.....29.47"

Normal year to date.....41.04"

Winds

Average direction.....SSW

Average speed.....5.5 mph

Highest speed.....8 mph

Monday's Temperatures

Midnight - Midnight

Last Week's Temperatures

Actual and normal highs/lows

64 32 43 59 32 45 50

T W Th F S Su M

The Region

	Wed.	Thu.
City	Hi/Low	Hi/Low
Branson	57/51/r	65/39/t
Burlington, IA	46/35/c	43/40/r
Cape Girardeau	58/51/r	63/48/r
Carbondale	54/47/c	57/49/r
Cedar Rapids	44/29/pc	41/35/sn
Champaign	50/39/c	48/43/r
Chicago	47/36/c	44/37/r
Columbia	54/45/c	55/43/r
Danville	51/39/c	49/41/r
Davenport	45/31/c	44/38/r
Decatur	52/39/c	49/44/r
Des Moines	44/32/pc	42/35/r
Evansville	58/49/c	59/53/r
Galesburg	46/35/c	44/37/r
Green Bay	38/23/pc	37/28/c
Indianapolis	53/41/c	48/43/r
Iowa City	46/29/pc	40/36/sn
Jefferson City	54/44/c	55/41/r
Joliet	47/35/c	43/37/r
Kansas City	50/42/c	48/35/t
Lafayette, IN	50/38/c	47/42/r
Lincoln	49/37/c	45/43/r
Madison	50/40/c	47/37/r
Milwaukee	45/34/c	42/34/c
Omaha	46/28/c	41/33/r
Ottumwa	46/33/c	43/37/sn
Peoria	50/37/c	47/42/r
Rockford	43/31/c	42/38/r
St. Louis	52/44/c	51/43/r
Springfield, IL	50/39/c	48/43/r
Springfield, MO	53/49/r	60/37/t
Topeka	50/41/c	52/35/r
Wichita	50/43/c	56/29/r

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

The Nation

	Wed.	Thu.
City	Hi/Low	Hi/Low
Albany, NY	54/43/r	51/28/c
Albuquerque	56/33/sh	49/28/s
Anchorage	33/20/sn	24/4/s
Atlanta	73/59/c	76/58/pc
Baltimore	61/49/c	59/43/c
Billings	32/13/s	33/16/pc
Birmingham	74/61/c	78/61/c
Boise	34/16/s	34/28/pc
Boston	51/45/r	53/34/pc
Buffalo	48/38/c	46/34/c
Charleston, SC	78/60/pc	78/58/pc
Charleston, WV	65/52/c	60/55/c
Charlotte	70/57/sh	72/56/c
Cleveland	48/39/c	46/41/c
Columbia	76/60/c	76/56/pc
Columbus	56/42/c	52/45/c
Dallas	71/65/t	75/53/c
Denver	48/24/pc	45/22/sf
Detroit	48/36/c	43/36/c
Fargo	7/-1/sn	21/13/s
Grand Rapids	45/32/c	42/35/c
Hartford	56/46/r	55/31/c
Honolulu	84/74/pc	84/74/pc
Houston	83/68/pc	81/65/sh
Jackson, MS	83/62/c	80/62/pc
Jacksonville	81/57/pc	80/57/pc
Las Vegas	57/39/c	56/38/s
Little Rock	67/59/r	72/53/r
Los Angeles	62/43/s	62/44/pc
Louisville	61/51/c	61/51/r
Memphis	68/60/r	73/57/r
Miami	82/69/pc	81/70/pc
Minneapolis	23/13/pc	33/25/c
Nashville	68/57/r	69/63/r
New Orleans	80/64/pc	78/64/c
New York City	58/48/r	56/40/c
Norfolk	67/55/c	60/50/r
Oklahoma City	58/54/c	69/35/s
Orlando	82/62/pc	82/62/pc
Philadelphia	62/49/r	57/40/c
Phoenix	65/44/pc	64/44/pc
Pittsburgh	56/41/c	49/43/c
Portland, ME	47/41/r	52/28/pc
Portland, OR	45/41/c	45/37/r
Rapid City	30/15/s	38/16/s
Sacramento	55/38/s	53/43/c
Salt Lake City	33/24/c	39/26/pc
San Diego	61/47/s	62/47/pc
San Francisco	55/42/s	55/49/pc
Seattle	45/39/c	43/35/r
Shreveport	84/66/c	81/63/sh
Tampa	83/65/s	82/66/s
Tucson	64/39/pc	64/38/pc
Tulsa	56/54/sh	70/38/pc
Washington, DC	62/53/c	59/44/c

Newlywed divides time with wife and co-worker mistress

DEAR ABBY: I have been married to my wife for a little over a year. I love her. However, right before our wedding, I met a co-worker I'll call "Alexis." We hit it off, and I consider her a close friend.

Alexis and I hooked up a few times before and after my wedding. We never discuss the encounters after they happen. After we've had a few drinks, we both say things about being together, but usually, we're just best friends. While my friends believe this is odd, it's almost a blessing that the awkward conversation doesn't happen after a night of something happening.

There have been instances when I have ditched my wife to hang out with Alexis -- not to do anything, but just to hang out with her and her mother. My wife says I

JEANNE PHILLIPS

DEAR ABBY

spend too much time with Alexis between work and after work, but she's fun to be with. My wife is kind of a homebody. She doesn't like to go out and have a good time.

My wife doesn't trust Alexis, and while I can't blame her, I'm conflicted about what my next step should be. I love my wife, but I also love Alexis as more than a friend, and I know she feels the same. What should I do next? --

LOVES THEM BOTH

DEAR LOVES: You may love both of these women, but you are being fair to neither one. Your wife doesn't trust Alexis because she senses something is wrong -- and she's right. You and Alexis aren't buddies; you are lovers. That you have confided it to friends "who think this is odd" (in your words) means it is just a matter of time until your wife is in on the secret. Your first loyalty should be to your wife. At the very least, you owe it to her to have an honest discussion with her and figure out WITH HER what the next steps should be.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

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NEWS OF THE WEIRD...

The Rules

In Tennessee, it is legal to collect roadkill for consumption. WJHL-TV reported on Nov. 20. In fact, the Tennessee Wildlife Resources Agency encourages people to take home animals found on the road, with some strict rules in place. For example, deer and turkey must be reported to TWRA or local police within 48 hours of collection. But "bears, on the other hand, require that a TWRA agent come out and issue you a receipt for a black bear," said spokesperson Matthew Cameron. That's because the bear population is monitored, and the TWRA takes a tooth from the animal for the purpose of dating it. In addition, tracking bear kills helps the agency prevent the sale of bear parts on the black market. "It's highly illegal to sell any kind of bear parts in the state of Tennessee," Cameron said, "but it does happen." Small animals such as rabbits, raccoons, squirrels and skunks can be collected without notifying anyone.

Wiener War

A turf war of sorts broke out late on Nov. 19 in downtown San Diego, CBS8-TV reported: Interloper hot dog vendors from Los Angeles had set up outside Petco Park stadium, where Duke Dumont was playing, and the San Diego vendors weren't having it. A brawl involving 10 to 15 people ensued, with one 35-year-old man being stabbed in the back

during the fray. Police arrested Yoni Yates, 21, in the assault, which resulted in non-life-threatening injuries. No buns were injured in the incident.

Stowaway

TSA agents at John F. Kennedy International Airport saved the day on Nov. 16 when they spotted an unusual item in a passenger's checked baggage: a live cat. NBC2 News reported that the feline could be seen in an X-ray of the bag and was rescued before the suitcase went into the cargo hold. "The cat did not belong to the individual with the suitcase," TSA spokesperson Lisa Farbstein said. "It belonged to someone else in the household."

The Demands of the Job

In Paris, a court has ruled in favor of "Mr. T," a former employee of Cubik Partners who was fired in 2015 for being "insufficient professionally" because he wouldn't take part in "team-building" activities, i.e., going to the pub after work hours and on weekends. In his suit, Mr. T said the company encouraged a culture "involving promiscuity, bullying and incitement to various excesses." The Court of Cessation declared that Mr. T "could not be blamed for his lack of integration in the fun environment," The U.S. Sun reported. Cubik was forced to pay him about \$3,100 in compensation.

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Truman holds off Tiffin comeback to win 3rd-straight America's Crossroads Bowl

By Adam Tumino

Two-point conversions have been monumental in the Truman State football team's games against Tiffin this season. First was the game on Sept. 24, where Truman converted a two-point attempt in overtime to beat the Dragons 18-17.

Fast forward to Saturday when the two teams faced off once again, only in the America's Crossroads Bowl in Hobart, Indiana. This time it was Tiffin with a late two-point opportunity. The Dragons trailed 28-14 in the second half, but came back with a pair of touchdowns, the last one coming with just 46 seconds left in the game.

Rather than go for the game-tying extra point and likely sending the game to overtime, Tiffin went for two. Unlike Truman back in September, Tiffin's attempt was unsuccessful. The Dragons' pass fell incomplete in the end zone, giving Truman their second one-point win over Tiffin this season, this one ending with a final score of 28-27.

Truman also remained dominant in the America's Crossroads Bowl with the win. The Bulldogs have won the game all three times it has been played, with the first two wins coming in 2019 and 2021. The bowl was not played in 2020. With the win, the Bulldogs end the season with a 9-2 record.

Much like in the first matchup, Truman fell behind early. Tiffin went up 7-0 on a 13-yard run from Devin Nelson with 9:16 left in the first quarter. Truman would answer just seconds into the second quarter.

After the Bulldog offense was unable to capitalize on a Ben Thomas interception, Zach Jacobson intercepted another Tiffin pass on the Dragons' next possession, giving Truman the ball deep in Tiffin territory at the three-yard line.



Truman quarterback Collin Sutton celebrates a touchdown run against McKendree on Nov. 5. PHOTOS BY ADAM TUMINO

Collin Sutton ran into the end zone on the second play of that possession to tie the score 7-7. After the Truman defense forced a punt on the ensuing Tiffin drive, the offense got the ball back and Sutton struck again.

On the second play after the punt, Sutton ran untouched up the middle for 69 yards and another touchdown, his longest run of the season. It was also the second game this season for Sutton with multiple rushing touchdowns.

With Truman now up 21-7, the defense got another stop and the offense once again took advantage. A six-play drive ended with a 17-yard touchdown pass from Nolan Hair to Tate Crane, who was closely covered on the play and spun around to make a leaping catch in the end zone.

That Bulldogs' 21-7 lead would not last until halftime, however. With just over a minute left in the first half, Sutton was hit in the backfield and fumbled the ball back to the Bulldogs' five-yard line, where it was picked up by Tiffin's Zion Farmer who ran it in for a touchdown and sending the game to halftime with Truman up 21-14.

The Bulldogs were able to increase their lead back to two scores on their second possession of the third quarter. Run-

ning back Shamar Griffith took and handoff from Hair and was nearly tackled for a loss before breaking the run toward the sideline. He got a couple of key downfield blocks that allowed him to continue the run without another defender having a shot to bring him down, running 51 yards for a touchdown. Truman then led 28-14 with 11:04 left in the third.

Tiffin would not go away, scoring six minutes later when quarterback Drew Zaubi hit Zach Stultz for a 14-yard touchdown.

After the rest of the third quarter and most of the fourth commenced without another score, Zaubi and Stultz connected again on a 33-yard touchdown to cap off a 12-play, 80-yard drive and brought the score to 28-27 with just 46 seconds on the clock.

That was when the two-point conversion failed. Zaubi's pass came up short and Truman held on for a dramatic win.

Sutton and Griffith were perhaps the biggest standouts on offense for Truman. Sutton finished with 73 rushing yards and his two first-half touchdown runs while Griffith led the team with 92 rushing yards and his lengthy touchdown.

Hair only passed the ball 15 times, completing seven passes



Truman running back Shamar Griffith runs by a defender against Tiffin on Sept. 24.



Truman quarterback Nolan Hair throws on the run against McKendree on Nov. 5.

for 110 yards and a touchdown while crucially not turning the ball over. In addition to his stellar game on the ground, Sutton also completed both of his passing attempts in the game for 12 yards. Crane led the team

with four catches and 71 yards. Chris Kerr had just one catch, but it went for 38 yards and was the longest passing play of the game for either team.

See **TRUMAN**, Page B2

Updating GLVC basketball standings, stats early in conference season

By Adam Tumino
Daily Express

The Truman men's and women's basketball teams are off to quite different starts to conference play this season. Both have played four games against GLVC opponents so far, with the women's team winning all four and the men's team still searching for their first conference win.

The Truman women currently hold the top stop in the GLVC standings early on after being picked preseason to finish second in the conference. They are currently on a five-game winning streak overall, the longest in the conference.



Truman head coach Theo Dean addresses the team during a timeout against Indianapolis on Nov. 28. PHOTOS BY ADAM TUMINO

The Bulldogs high-scoring offense has been consistent throughout the

season, averaging 80.6 points per game overall, which ranks 16th in the

nation and leads the conference, and 80.5 in their four conference games.

Their defense has been stronger so far in conference games. Truman is allowing 72.8 points per game in conference play after allowing 80.2 points per game in six non-conference games to open the season. The defensive numbers in conference are promising considering that three of the Bulldogs' four conference opponents rank in the top six in the GLVC in scoring. Only McKendree, which ranks eighth, is outside of that group.

Truman is not the only GLVC women's team without a conference loss, however. Defending conference champs Drury are off to a 3-0 start in confer-



Truman senior Hannah Belanger attempts to put up a shot over two defenders against Indianapolis on Nov. 28.



Truman's Elijah Hazekamp keeps the ball away from a defender against Indianapolis on Nov. 28.

ence play, winning those games by an average of 21.3 points per game.

Maryville, Indianapolis, Lewis and McKendree are all at 3-1 so far while Missouri S&T is the last team over .500 with a 2-1 record. Quincy and Missouri-St. Louis

are both 1-2 while Rockhurst, Illinois-Springfield, Southwest Baptist and William Jewell are all still winless in conference play. The former two are 0-3 while the latter two are 0-4.

See **GLVC**, Page B2



Truman forward Dylan Peeters drives into the lane against Indianapolis on Nov. 28.

Burrow tops Mahomes again, rallies Bengals past Chiefs 27-24

By THE ASSOCIATED PRESS

CINCINNATI — Joe Burrow got a huge assist from his defense in another riveting duel with Patrick Mahomes. With the Chiefs leading Burrow’s Bengals 24-20 early in the fourth quarter on Sunday, Mahomes hooked up with Travis Kelce, who rumbled for a big gain. But while Bengals linebacker Germaine Pratt and other defenders were wrestling Kelce to the ground, Pratt forced the ball free and recovered the ensuing fumble. Burrow took it from there, completing 6 of 7 passes during a 53-yard drive that he finished with a go-ahead 8-yard touchdown to backup running back Chris Evans. The Bengals’ defense held Kansas City scoreless from there and Burrow closed out a 27-24 victory over the Chiefs. “He’s playing at an MVP level – absolutely,” Bengals coach Zac Taylor said. “He gives us a lot of confidence.” The Bengals (8-4) have won four straight overall and their last three meetings with Kansas City (9-3) — all in the same calendar year. Cincinnati won on Jan. 2 to clinch the AFC North title. Four weeks later, the Bengals beat the Chiefs at Arrowhead Stadium in overtime — also by a 27-24 score — to reach the Super Bowl for the first time in 33 years. This time, Burrow finished 25 of 31 with two touchdowns and ran in for a 4-yard score to get the Bengals on the board in the first quarter. He concluded his day by converting two



Bengals quarterback Joe Burrow (9) meets with Kansas City Chiefs quarterback Patrick Mahomes (15) following an NFL football game in Cincinnati, Fla., Sunday, Dec. 4, 2022. The Bengals defeated the Chief 27-24. AP PHOTO/JEFF DEAN

third downs on passes to Ja’Marr Chase and Tee Higgins, allowing the Bengals to run out the clock. “We left some points on the field, but we still find a way to win,” Burrow said. “We’ve still got five weeks left. Let’s keep this train rolling. This team knows what it takes to win these games. We’ve been there. It’s December. It’s time to separate ourselves.” Cincinnati running back Samaje Perine, subbing again for Joe Mixon (concussion), ran for a season-high 106 yards on 21 tough carries. Mahomes was 16 for 27 for 223 yards and a touchdown and ran for another score. But the Chiefs fell short on their final possession when Joseph Ossai sacked Mahomes on third-and-3 from the Bengals 33, and Harrison Butker missed a 55-yard field goal wide right. “We started off slow, we got back in the game, into the flow of things and (then) we had a turnover late

and a missed kick,” Mahomes said. “In the fourth quarter, those are the things that kind of bite you at the end.” Cincinnati led for the entire first half and took a 14-10 advantage into the locker room. Mahomes led Kansas City on two methodical third-quarter drives that ended in touchdowns — an 8-yard-run by Isiah Pacheco and a 3-yard scramble by the multi-talented QB — while the Bengals had to settle for a pair of field goals. That gave the Chiefs a 24-20 lead that held until the turnover and subsequent Cincinnati TD. **WELCOME BACK** Chase, in his return after missing four games with a hip injury, had seven receptions for 97 yards. He was also flagged for taunting after getting in the face of Chiefs defenders after Higgins caught a 12-yard TD pass to push Cincinnati’s first-half lead to 14-3. “I was surprised at

how quickly he was looking like the same Ja’Marr, even in practice last week,” Taylor said. “He’s a freak.” **INJURIES** Bengals TE Hayden Hurst suffered a right calf injury in the first half and was ruled out. ... Chiefs coach Andy Reid said Mahomes “hurt his foot there at the end of the game, but he’s going to be OK.” **DECISIONS, DECISIONS** Reid defended his decision to attempt a long field goal that would have tied the game instead of keeping Mahomes on the field. “If I don’t think he’s going to make that, I’m not going to do it,” Reid said. “It’s pretty simple. I feel like (Butker) has been in a good place, and we just have to execute it better all the way around. It really shouldn’t come down to that, but it did.” **UP NEXT** Chiefs: At Denver next Sunday. Bengals: Host Cleveland next Sunday.



Bengals running back Chris Evans (25) runs in for a touchdown past Chiefs defensive end George Karlaftis (56) in the second half. AP PHOTO/JEFF DEAN

Chiefs squander control of AFC playoff race in Cincinnati

By THE ASSOCIATED PRESS

KANSAS CITY, Mo. — With a rare fumble by Travis Kelce, a missed field-goal try by Harrison Butker and a woeful inability to pressure the quarterback on Sunday, the Kansas City Chiefs squandered a chance to control the AFC playoff race down the stretch. After losing their third straight game to the Bengals, blowing a fourth-quarter lead in a 27-24 defeat in Cincinnati, the Chiefs tumbled out of the top playoff position in the conference. They are now 9-3 and tied atop the standings with Buffalo, which handed the Chiefs one of their losses and thus holds the tiebreaker with five games left to play. Making things even more worrisome: The Bengals hold the tiebreaker over Kansas City, too. And they’re tied with the Ravens and Dolphins at 8-4, just a game behind the Bills and Chiefs in what is suddenly a tight playoff race. “They’ve beaten us three times in a row,” Chiefs running back Jerick McKinnon said, “so they obviously have our number right now. Looking at it and what we’re going through, a lot of times it comes down to just doing what it takes — a minor mistake here and there, and it will come back to cost you.”

“They just have a well-put together team,” Chiefs quarterback Patrick Mahomes said. “You saw the offense, even though it has the playmakers, they’ll take their time and kind of utilize the clock. Their defense changes up a lot of different coverages. They did a good job trying to take Travis away as much as possible and that’s why you saw a lot of the other guys making catches. I feel like we executed at a high level ... (but) it wasn’t high enough because we didn’t win.” In fact, the Chiefs have had a difficult time defeating both of their biggest rivals for AFC supremacy. Along with three straight losses to the Bengals, the Chiefs have lost two of their past three against the Bills, including the 24-20 setback at Arrowhead Stadium earlier this season that is suddenly looming large in the playoff picture. “It was a rematch of the AFC championship game and it lived up to it,” Chiefs safety Justin Reid said. “It isn’t a good feeling right now, but the good news is we have a lot of football left to play in December, and I’m sure we’re going to see those guys again come January.”

WHAT’S WORKING

The run game has given the Kansas City offense some balance, and a good argument can be made that the Chiefs didn’t utilize it enough Sunday. McKinnon carried eight times for 51 yards with a TD catch and Isiah Pacheco had 14 carries for 66 yards and a scoring run. All told, the Chiefs ran for 138 yards at 5.5 yards per carry; Mahomes was held to 223 yards on 27 attempts.

WHAT NEEDS HELP

The Chiefs have turned the ball over at least once in seven straight games, the longest streak during Andy Reid’s tenure. That includes two in the loss to Buffalo at the front end of the streak and one to Cincinnati on Sunday.

Nike says Kyrie Irving is no longer one of its athletes

By THE ASSOCIATED PRESS

Kyrie Irving’s relationship with Nike is officially over, the shoe and athletic apparel maker said Monday, a move that came a month after the company suspended the Brooklyn guard as part of the fallout over his tweeting a link to a film containing antisemitic material. It was not a surprise breakup, especially after Nike co-founder Phil Knight said in the days after the company sus-

pending Irving that he had doubts there would be any reconciliation. “Kyrie Irving is no longer a Nike athlete,” the company said in a statement. Irving’s agent and stepmother, Shetellia Riley Irving, told The New York Times that the sides “mutually decided to part ways and we just wish Nike all the best.” Irving, without mentioning Nike by name, appeared to address the matter on his Twitter account Monday afternoon.

“Anyone who has even spent their hard earned money on anything I have ever released, I consider you FAMILY and we are forever connected,” the Nets guard wrote. “it’s time to show how powerful we are as a community.” Irving has been wearing his signature line of Nike in recent games. It’s unknown if the formal ending of his relationship with Nike will affect that, at least in the short term. He had been a Nike athlete

for the entirety of his NBA career, starting in 2011, and got his first signature shoe with the company in 2014. When Nike suspended Irving in early November, the company was just days away from releasing the Kyrie 8, what would have been the latest in his signature line. “At Nike, we believe there is no place for hate speech and we condemn any form of antisemitism,” the Beaverton, Oregon-based company said at the time.

TRUMAN

Continued from Page B1

For Tiffin, Zaubi had his most active game of the season with 29 passing attempts in place of usual starter Christian Carter. Zaubi had just 36 passing attempts on the season prior to Saturday while also having thrown five touchdowns and one interception. On Saturday, he was 19-of-29 passing for 202 yards, two touchdowns and two picks. After leading Tiffin with 78 rushing yards and a touchdown in the previous matchup with Truman, running back Darius Pinnix was held to just 13 yards on nine carries Saturday. Devin Nelson led the team with 44 rushing yards and

a touchdown. Stultz had six catches for 109 yards and two touchdowns. For Truman’s defense, impact plays included the interceptions from Watson and Jacobson and a sack collected by Jack Weltha and Alec DeVecchi. Ulysses Ross led the team with nine total tackles. Brock Jones had eight total tackles and joined Weltha and DeVecchi with 1.5 tackles for loss. The 2022 season was the Bulldogs’ ninth season with nine or more wins and their third-straight season, excluding the shortened season played in the spring of 2021, with nine or more wins. The win in the America’s Crossroads Bowl was also the 80th win for head coach Gregg Nesbitt in his time as Truman’s head coach.

GLVC

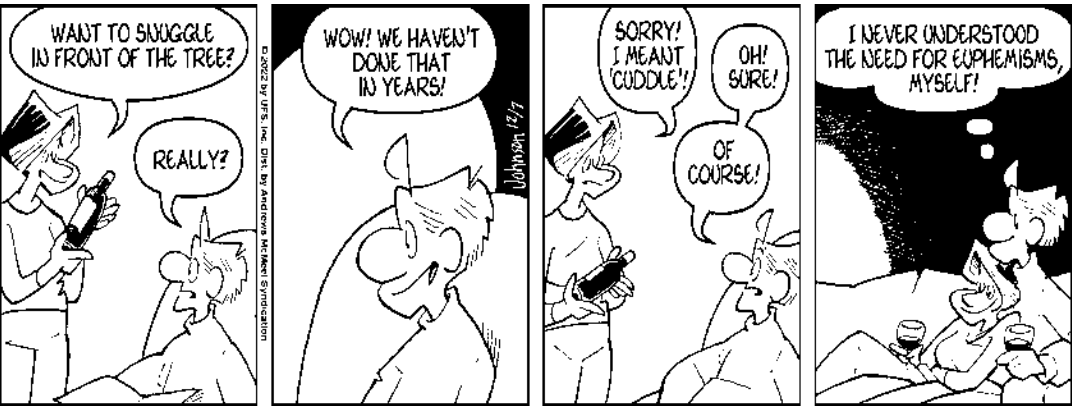
Continued from Page B1

Individually, Truman’s Hannah Belanger leads the conference with 22.9 points per game, which also is tied for eighth in the nation. She was also named the GLVC Player of the Week on Dec. 5. Truman’s Ellie Weltha is the conference’s leading rebounder at 10.2 rebounds per game while also ranking fifth with 16.2 points per game. Her four double-doubles on the season are tied for the 14th most in the nation. She was named GLVC Player of the Week last week, giving Truman back-to-back honors. Drury guard Terrion Moore leads the conference in both assists per game (4.5) and steals per game (2.5).

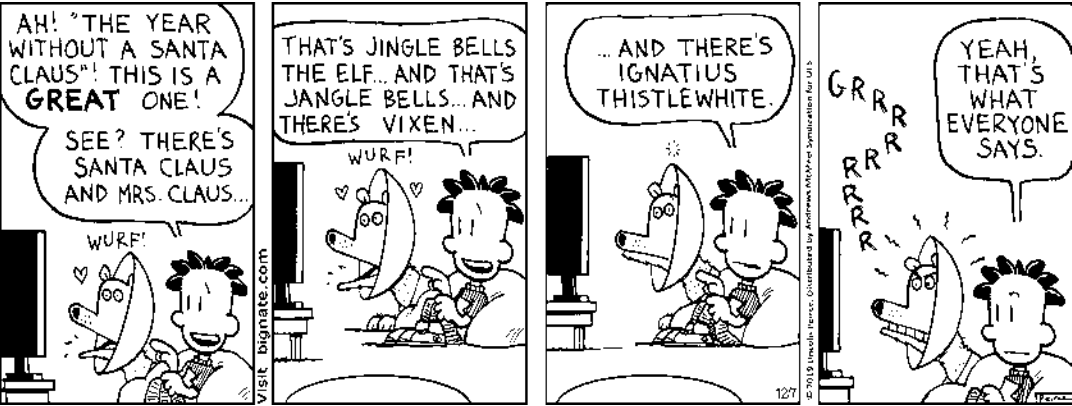
On the men’s side, Truman is not the only GLVC team still searching for its first conference win. Drury is 0-3 to start the conference season. It has been a tough start for the Bulldogs, who were picked to finish fourth in the conference in the preseason poll. Three of their conference losses have come against teams picked to finish in the top six, including the preseason No. 1 team Indianapolis and No. 3 team Lewis. The average margin this season is -12.5 points per game, the lowest in the GLVC. It is still early enough in the season, though, that this number is inflated by a few lopsided losses. The GLVC’s leading offense belongs to Missouri S&T with 84.9 points per game. Indianapolis and Missouri-St. Louis

are neck-and-neck defensively, with Indianapolis allowing 59 points per game and Missouri-St. Louis allowing 59.1 points per game. They rank 13th and 14th in the nation respectively. The Bulldogs are led by Elijah Hazekamp with 14.3 points per game and 7.9 rebounds per game. He ranks eighth in the conference in points per game and third in rebounds per game, making him one of three players in the GLVC to rank in the top 10 in both categories so far this season. He also leads the conference with a 93.8 free-throw percentage. The GLVC’s leading scorer on the men’s side is Rockhurst’s Rich Bhyre with 17.9 points per game. His 10.4 rebounds per game also lead the conference.

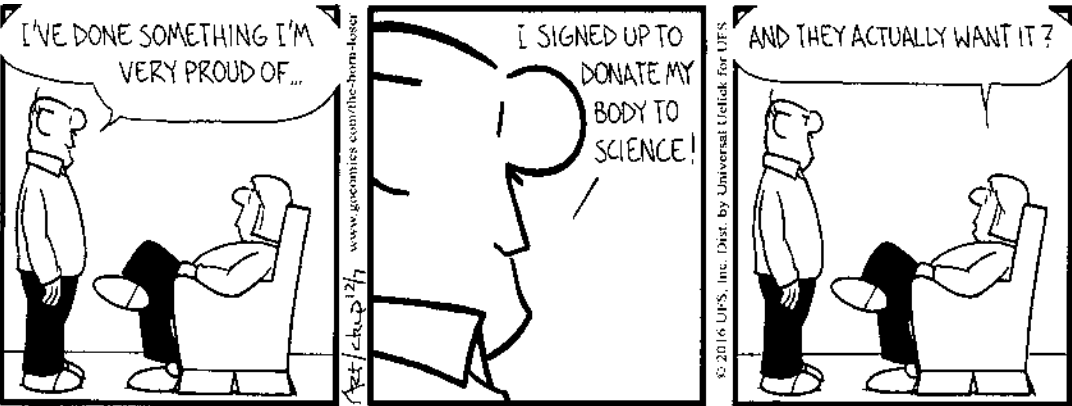
ARLO AND JANIS



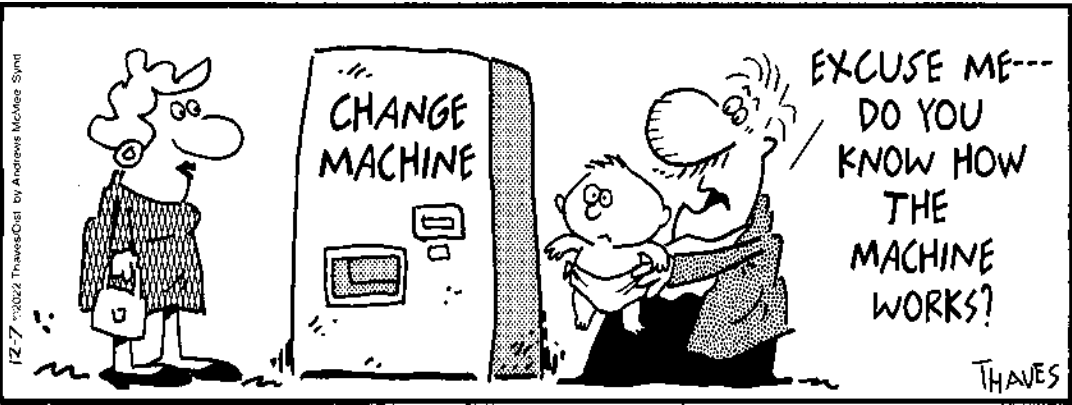
BIG NATE



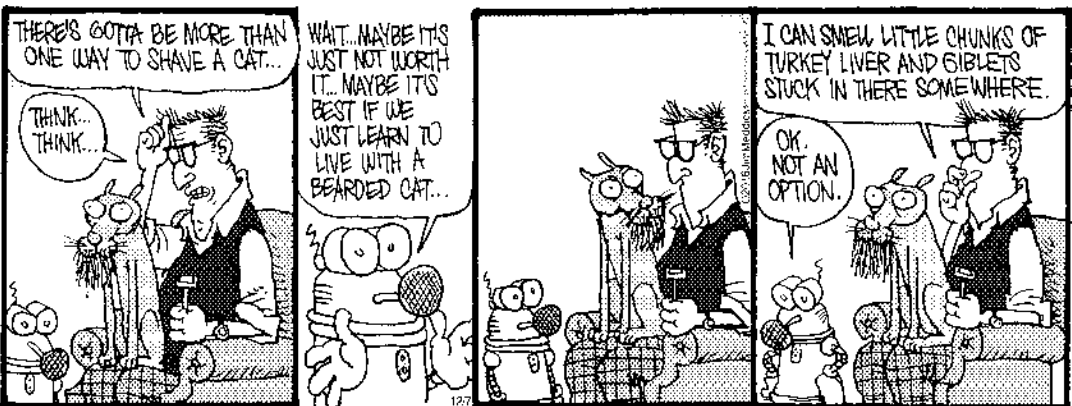
THE BORN LOSER



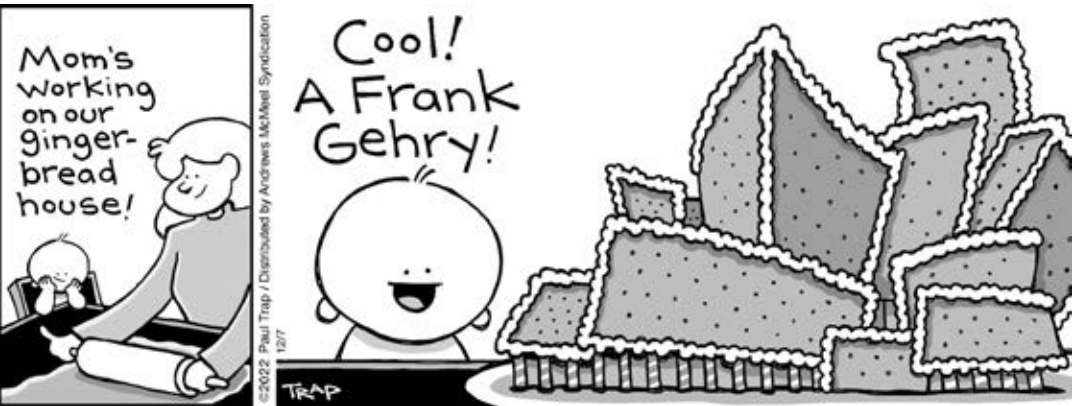
FRANK AND ERNEST



MONTY



THAT A BABY



SUDOKU

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

9	8	6	5	2	1	4	7	3
7	4	3	9	6	8	5	2	1
2	5	1	4	3	7	9	8	6
3	2	7	1	4	5	8	6	9
6	1	8	2	9	3	7	4	5
5	9	4	8	7	6	1	3	2
4	6	9	7	1	2	3	5	8
8	7	2	3	5	9	6	1	4
1	3	5	6	8	4	2	9	7

		7			2	3	8	
		4	8	3	1		5	6
	8				5			
	7	2	4					8
				9				
6					3	5	2	
			5				1	
4	5		6	7	8	9		
	9	6	3			8		

CROSSWORD

- ACROSS
- 1 Whale's diet
- 6 Surveyed
- 12 Whirlpools
- 14 Fill the lungs
- 15 Fall upon
- 16 Radio noise
- 17 "Norma —"
- 18 W-2 info
- 19 Gateway wares
- 21 English cathedral city
- 23 Cigarette goo
- 26 Pipe bend
- 27 "— had it!"
- 28 Peace Prize name
- 30 Quite small
- 31 Not masc.
- 32 Boxer — Griffith
- 33 Roof overhang
- 35 Be in debt
- 37 Loud noise
- 38 Old office worker
- 39 Doze off
- 40 Environ-mental prefix
- 41 Almost-grads
- 42 Grand Teton st.
- 43 Much spam
- 44 German pronoun
- 46 Lose brightness
- 48 Kind of switch
- 51 Spiral-horned antelopes
- 55 Street crosser
- 56 Turndown
- 57 Maiden
- 58 Maudlin
- DOWN
- 1 Large green parrot
- 2 Hwys.
- 3 Psyche parts
- 4 Fish story tellers
- 5 "Star Wars" princess
- 6 Rapper Elliott
- 7 Hill builders

Answer to Previous Puzzle

H	E	L	P		A	G	O	G		T	S	P		
O	L	E	O		C	O	I	L		R	A	E		
G	I	G	S		D	A	L	E		I	R	K		
S	T	A	T	I	C				A	G	G	I	E	
		E	L	A	N				A	N	N			
				L	I	B	E	L		A	F	A	R	
D	E	F		T	W	I	T			W	A	N	E	
R	O	L	E			A	R	E	A		Q	T	S	
S	N	A	G			N	E	R	D	S				
				A	G	A				Z	E	A	L	
F	R	O	D	O			J	E	L	L	E	D		
R	E	B			W	H	O	A			D	I	M	E
E	N	E			N	O	R	M			O	B	O	E
T	O	Y			S	N	O	B			M	I	N	T

8 Ghost

9 Apply makeup

10 Wallach or Lilly

11 Winter mo.

13 Record cover

19 Trouser features

20 Witty

22 Tart

24 Tolerated

25 Old keepsakes

26 Fleecy animals

27 In that case (2 wds.)

28 Must-have

29 Comedian Jay

34 Naval officers

36 Like the forest

42 Potter's device

43 Fridge maker

45 Sherlock's lead

47 Seine aits

48 Tiny amount

49 Biologist's eggs

50 Garnet or ruby

52 Playful bite

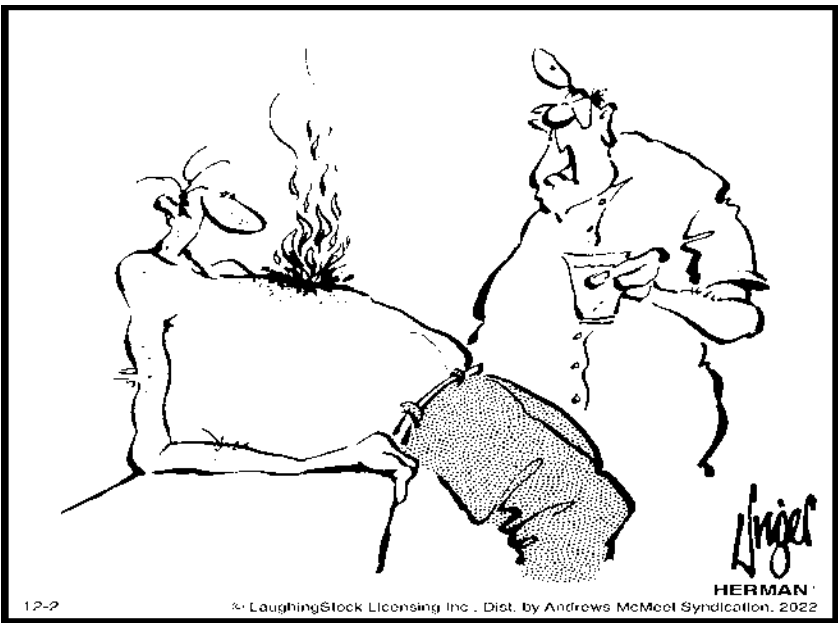
53 Skip stones

54 Wily

1	2	3	4	5		6	7	8	9	10	11	
12					13		14					
15							16					
			17				18					
	19	20			21	22			23	24	25	
26				27				28			29	
30				31				32				
33			34			35	36			37		
38						39				40		
	41				42				43			
			44	45			46	47				
48	49	50					51			52	53	54
55							56					
57								58				

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HERMAN



ASTROGRAPH BY EUGENIA LAST

Make clear what you want to achieve this year. Refuse to let any emotional manipulation sway you in a different direction. Take pride in what you do, and don't take your eye off your goal until you are satisfied with the results. Avoid over-the-top suggestions and stick to a simple, affordable strategy that takes you where you want to go.

SAGITTARIUS (Nov. 23-Dec. 21) -- Trust yourself and you won't be disappointed. Be aware of individuals who try to take advantage of you. Take the initiative to run the show instead of being an onlooker. Practice moderation.

CAPRICORN (Dec. 22-Jan. 19) -- Open your doors to people who make you think and offer ideas that can help you bring about positive change. Show enthusiasm; your input will boost morale and encourage others.

AQUARIUS (Jan. 20-Feb. 19) -- Make home improvements that add to your comfort or encourage you to live a healthy lifestyle. Pay attention to what others do or say, and associate with people who tend to pep you up.

PISCES (Feb. 20-March 20) -- Size up situations, see who is on your side and head in a direction that draws like-minded people. Don't trust anyone who uses niceties to persuade you to do things you shouldn't.

ARIES (March 21-April 19) -- Consider how you earn your living and what options you have that can bring in extra cash. Don't act prematurely; get everything in order before you change direction.

TAURUS (April 20-May 20) -- Changes that occur will cause confusion and uncertainty. When in doubt, take a step back and observe. Don't overreact or give the wrong impression to

someone who can influence your life, position or future. Don't spend or indulge foolishly.

GEMINI (May 21-June 20) -- Stick to what and who you know best. Trusting someone you barely know will put you in a vulnerable position. Be observant, but don't make promises that might jeopardize your status.

CANCER (June 21-July 22) -- Times are changing and so are you. Let your intuition lead the way. The ideas you come up with will allow you to help yourself and others. A plan to save money will work well.

LEO (July 23-Aug. 22) -- Plan to have fun and get things done. Surround yourself with like-minded people, and you'll find a way to protect what's important to you. Set the standard instead of adopting a plan you don't condone.

VIRGO (Aug. 23-Sept. 22) -- Stick to your original plan, regardless of what others decide to do. Be creative, use your imagination and seek out exciting experiences that lead to personal growth and new beginnings.

LIBRA (Sept. 23-Oct. 23) -- Work alone and control whatever situation you face, or someone else will step in and take charge. Don't believe everything you hear, trust someone pushy or fall prey to temptation.

SCORPIO (Oct. 24-Nov. 22) -- Pay attention to detail when negotiating or investing. Listen to your inner voice, not to a fast-talking salesperson, and you'll avoid buying things you don't need. Make saving money your goal.

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Kirksville Daily Express

CLASSIFIEDS

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WE MAKE IT SO EASY TO
SELL YOUR STUFF AND

Make some
cash!

TRUCKS AND CARS

• 25 Words
• Plus Photo
• 3 Days

\$7

PETS

• 25 Words
• 3 Days

\$5

HOUSING FOR RENT

• 25 Words
• 3 Days

\$5

HOLIDAY SPECIAL/ BUSINESS SPECIAL

• 25 Words
• 3 Days

\$7.50

DEADLINES: Classifieds: 2 Days prior at noon Display: Friday noon for Wednesday and Wednesday noon for Saturday.

AGRI-BUSINESS

Equipment & Supplies

WANTED TO BUY: Farm Machinery and Estates. Call James L. Johnston. 573-473-4904

EMPLOYMENT

Medical/Dental

Creating New Opportunities Everyday. Schuyler County Ambulance District is hiring EMT's and Paramedic's. Full-time, Part-time, and PRN available. Call for details or to set up interview. On-site training for everyone, health/vision/dental for full-time.

KIRKSVILLE DAILY EXPRESS ADS SELL! Call for more information and specials. 660-665-2808.

NOTICE

For failure to pay rent at Hwy 63 Mini Storage, the contents of Clifford Robinson, Derrell Kimble and Tasha McKim, storage units 97, B48 and 142 will be posted on storageauctions.com on December 15, 2022.

REAL ESTATE SALES

Mobile Homes For Sale

USED DOUBLE WIDE \$34,900 WOW!!!! This won't last 573-657-2176 amegamobilehomes.com

USED DOUBLE WIDE \$34,900 WOW!!!! This won't last 573-657-2176 amegamobilehomes.com

WE HAVE MOBILE HOMES Instock new arrivals (8) homes, need to go as soon as possible! 573-499-9993 columbiadiscountnhomes.com

TINY HOMES - We gottem 573-881-3283

TRUE MODULARS - 30 to 60 day delivery available, 3 and 4 bedroom. 573-657-7040 chateau-homes.net

For Failure to Pay Rent at A Heartland Storage Units 1L and 1K Megan Hughes 3Q Larry Freels c/o Kimberly Roark Storage items will be posted On Storageauctions.com

RECREATION

Motorcycles

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

Wanted

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

Are you having a garage sale or rummage sale? Call us to advertise. 660-665-2808.

SERVICES

Chat/Dirt/Gravel

DIRT WORK All types of excavation, reclaiming overgrown fields, including CRP and WRP. Building site preparation, creating new trails and crossings, Food plot development and maintenance. Leveling and grading, wetland construction and maintenance. Pond and lake cleaning and construction. Call for quotes. 660-342-2701

Are you having a garage sale or rummage sale? Call us to advertise. 660-665-2808.

KIRKSVILLE DAILY EXPRESS ADS SELL! Call for more information and specials. 660-665-2808.

NOTICE OF TRUSTEE'S SALE

WHEREAS, for default in the payment of indebtedness secured by Deed of Trust executed by EDWARD RAYMOND MAGERS, dated the 7th day of March 2014, and recorded in the office of the recorder of deeds for Adair County, Missouri, in Book 999, Page 538 on March 7, 2014, conveyed to Trustee, the following described property situated in the County of Adair, State of Missouri, to wit:

PART OF THE NORTHWEST FOURTH OF THE NORTHWEST QUARTER OF SECTION 10, TOWNSHIP 62, RANGE 15, IN THE CITY OF KIRKSVILLE, MISSOURI, DESCRIBED AS BEGINNING AT A POINT 266 FEET 1 INCH WEST AND 292 FEET 6 INCHES NORTH OF THE SOUTHEAST CORNER OF SAID NORTHWEST FOURTH OF THE NORTHWEST QUARTER OF SAID SECTION 10, THENCE WEST 70 FEET, THENCE NORTH 120 FEET, THENCE EAST 70 FEET, THENCE SOUTH 120 FEET TO THE POINT OF BEGINNING. (PART OUT OF LOT 6 NW 1/4 NW 1/4 10-62-15).

Conveyance was made to the Trustee, in trust to secure the payment of certain Promissory Note(s) in said Deed of Trust referred to above; and WHEREAS, the Lender has removed the Trustee named therein, and pursuant to the authority reserved in said Deed of Trust, the Lender and holder of the Promissory Note(s) secured thereby has named, constituted and appointed by a written instrument C. David Rouner to serve as Successor Trustee; and WHEREAS, default has occurred and default continues on the payment of said Promissory Note(s) referred to above;

NOW THEREFORE, at the request of the legal holder of said Promissory Note(s), who has elected to declare the entire indebtedness due and payable, and in accordance with the provisions of said Deed of Trust, C. David Rouner, Successor Trustee, will sell the property referred to above, at public venue, to the highest bidder for cash, at the South side of the Adair County Courthouse in the City of Kirksville, Adair County, Missouri, on the 15th day of December, 2022, between the hours of 9:00 A.M. and 5:00 P.M., and more particularly at 10:00 A.M., for the purpose of satisfying said indebtedness and the costs of securing the above referenced Deed of Trust.

This NOTICE constitutes an attempt to collect a debt as described within the Fair Debt Collection Practices Act (FDCPA), and any information obtained will be used for that purpose.

C. David Rouner, Successor Trustee
ROUNER LAW OFFICE LLC
400 N. Franklin Street
Kirksville MO 63501
(P) 660.665.7515
(F) 660.665.7514

Publication Dates: 11/23, 11/30, 12/7, and 12/14/2022

Communications Job Ad

Tri-County Electric is conducting a search for a qualified individual for the position of Manager of Communication. Applicant should possess a college degree in communications and marketing with 5 years' related experience and/or training. Additional information is available by our website www.tricountyelectric.org.

Tri-County Electric Cooperative is an equal opportunity employer.

Tri-County Electric Cooperative
PO Box 159, Lancaster, MO 63548-0159

Notice of Application for Formation of Bank Holding Companies; Notice for Bank Holding Companies to Operate a Savings Association; and Application for Formation of Savings & Loan Holding Companies

Fidelity Federal Bancorp, Evansville, Indiana, and its parent companies Pedcor Financial, LLC and Pedcor Financial Bancorp, both of Carmel, Indiana, all savings and loan holding companies, intend to apply to the Federal Reserve Board for permission to become bank holding companies for a moment in time by acquiring Rockhold Bancorp and thereby indirectly acquiring Bank of Kirksville, both of Kirksville, Missouri. In connection with this application, Fidelity Federal Bancorp, Pedcor Financial, LLC and Pedcor Financial Bancorp intend to file notice to engage in the nonbanking activity of operating a savings association, so that they may retain ownership of their existing savings association subsidiary, United Fidelity Bank, F.S.B., Evansville, Indiana, for the moment in time that they are bank holding companies. Finally, Fidelity Federal Bancorp, Pedcor Financial, LLC and Pedcor Financial Bancorp intend to apply to again become savings and loan holding companies following the merger of (1) Rockhold Bancorp with and into Fidelity Federal Bancorp, and (2) Bank of Kirksville with and into United Fidelity Bank, F.S.B. The Federal Reserve considers a number of factors in deciding whether to approve the application including the record of performance of banks we own in helping to meet local credit needs.

You are invited to submit comments in writing on this application to Colette A. Fried, Assistant Vice President Federal Reserve Bank of Chicago, 230 South LaSalle Street, Chicago, IL 60604. The comment period will not end before Friday, January 6, 2023 and may be somewhat longer. The Board's procedures for processing applications may be found at 12 C.F.R. Part 262. Procedures for processing protested applications may be found at 12 C.F.R. 262.25. To obtain a copy of the Federal Reserve Board's procedures, or if you need more information about how to submit your comments on the application, contact Jane Dokko, Assistant Vice President for Community and Economic Development and Policy Studies at (312) 322- 6023; to request a copy of an application, contact Colette A. Fried at (312) 322-6846. The Federal Reserve will consider your comments and any request for a public meeting or formal hearing on the application if they are received in writing by the Reserve Bank on or before the last day of the comment period.

NOTICE OF TRUSTEE'S SALE

A default has accrued on a certain note secured by a deed of trust executed by, Danny L. Covey dated 9/16/2013 and recorded on 9/17/2013 in Book 993 Page 130, in the Recorder's office for Adair County, Missouri. The successor trustee will on December 9, 2022 between the hours of 9:00 am and 5:00 pm, more particularly at 1:00 PM, at the South Front Door of the Adair County Courthouse, 106 West Washington, Kirksville, Missouri sell at public venue to the highest bidder for cash (certified funds only), the following real estate:

ALL OF LOTS FIVE (5), SIX (6), AND SEVEN (7), IN BLOCK SEVENTEEN (17), IN NORTHEAST ADDITION TO THE TOWN, NOW CITY, OF KIRKSVILLE, ADAIR COUNTY, MISSOURI.

Commonly known as: 502 North Davis St, Kirksville, Missouri 63501

for the purpose of satisfying said indebtedness and the costs of executing this trust.

CSM Foreclosure Trustee Corp.

Successor Trustee

(800) 652-4080

4x 11/16/2022, 11/23/2022, 11/30/2022, 12/07/2022

CSM File 26-22-00870

NOTE: This office is a debt collector.

Invitation to Bid

911 Phone System and Radio Dispatch Console

The City of Kirksville will accept bids for the replacement of 911 Phone system and Radio Dispatch Console, until 3:00 p.m., on Thursday, January 19, 2023 at the office of the City Clerk, 201 South Franklin, Kirksville, Missouri 63501. All erasures or alterations of any kind may be rejected as unresponsive. No bid will be considered unless properly signed by the bidder, his legally authorized agent, or representative, with address, phone number and date provided.

By action of the City Council, the municipal purchasing officers are encouraged to select products manufactured, assembled, or produced in the United States of America.

Attention of bidders is particularly called to the requirements as to conditions of employment to be observed and Davis Bacon and/or State Prevailing wage rates to be paid under the contract, Segregated Facility, Section 109, and E.O. 11246. MBE, WBE and Section 3-DBE bidders are encouraged to bid. The successful bidder shall be paid a lump sum price to fully complete the project.

All bids shall be F.O.B. City Hall, 201 South Franklin, Kirksville, Missouri 63501. The City of Kirksville reserves the right to reject any and all bids, and to waive any and all irregularities and/ or formalities as deemed appropriate in the sole discretion of Owner, and to negotiate contract terms with the successful Bidder, and the right to disregard all nonconforming, non-responsive or conditional Bids. Discrepancies between words and figures will be resolved in favor of words. Discrepancies between the indicated sum of any column of figures and the correct sum thereof will be resolved in favor of the correct sum.

Bid specifications are available by contacting Jon Cook, jcook@kirksvillemcity.com, 660-665-3734.

To be considered, submit three (3) copies of your bid addressed to City Clerk, City of Kirksville, 201 South Franklin, Kirksville, MO 63501, and plainly marked on the lower left corner of the envelopes - Sealed Bid – 911 Phone System and Radio Console. Any bids received after the designated time of the announced bid opening shall be refused and returned to Bidder. The City of Kirksville does not discriminate in its decisions on the basis of race, religion, color, national origin, gender, sexual orientation, age, disability or on any other basis that would be in violation of any applicable federal, state or local law.

FIND THE
PERFECT PET
FOR THE
PERFECT PRICE

Find your next fluffy, furry or
feathered friend in your local
newspaper classifieds!

CROSSWORD PUZZLES

ACROSS

1 Coffee holder

4 Prone to

7 Swimsuit half

10 "Foucault's Pendulum" author

11 Small alcove

13 Actor — Cumming

14 Diamond org.

15 Pierce with a tusk

16 Let borrow

17 Plane part

19 Shade trees

20 Dark brew

21 Tugs hard

23 Noisy birds

26 Cleansing agents

28 Ms. Thurman

29 Cash dispenser (abbr.)

30 Prepare an egg

34 Little kids

36 Butterfly catcher

38 King, to monsieur

39 Courtyards

41 Claims

42 Where Damascus is

44 Pentagon VIP

46 Survey chart

47 St. Patrick's land

51 Opulent

52 Mrs. Charles

53 Ode inspirer

55 "— -Breaky Heart"

56 Margarita rim

57 — Zedong

58 Bumped into

59 Blended whiskey

60 Yuppie's auto

Answer to Previous Puzzle

K	R	I	L	L		M	A	P	P	E	D		
E	D	D	I	E	S		I	N	H	A	L	E	
A	S	S	A	I	L		S	T	A	T	I	C	
		R	A	E		S	S	N					
	P	C	S		E	L	Y		T	A	R		
E	L	L		I	V	E		N	O	B	E	L	
W	E	E		F	E	M		E	M	I	L	E	
E	A	V	E	S		O	W	E		D	I	N	
S	T	E	N	O		N	O	D		E	C	O	
	S	R	S		W	Y	O		A	D	S		
			I	C	H			D	I	M			
T	O	G	G	L	E			E	L	A	N	D	S
A	V	E	N	U	E			D	E	N	I	A	L
D	A	M	S	E	L			S	A	P	P	Y	

8 Standings

9 Cookout intruders

12 Mombasa's country

13 Maria Conchita —

18 Spanish article

22 Dr.'s visit

23 Overhang

24 Tan or Grant

25 Wild ox of Tibet

27 Luxury hotel chain

29 — spumante

31 Meyers of "Kate & Allie"

32 Kernel holder

33 What's- — -name

35 Coarse

37 With enthusiasm

40 Downpours

41 Chromo-some material

42 Part of a loaf

43 Marina sight

45 Raise spirits

46 Nanny's vehicle

48 Ocean sound

49 Without feeling

50 Pharma-cist's weight

54 Immediate-ly

12-8

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ACROSS

1 Spielberg thriller

5 Hula accompaniments

9 Ginnie —

12 Novelist — Waugh

13 Not bogus

14 Purchase

15 In that case (2 wds.)

16 Revealed a secret (2 wds.)

18 Parisian street

20 Cry of discovery

21 Trail follower

24 Ocean phenomenon

25 Shelley offering

26 Chuckles

30 Onion's cousin

32 Sorority letter

33 Leered at

37 Harvard rival

38 Enjoyment

39 Prefix for second

40 Allergic reactions

43 Fix, as a boxing match

44 Desert feature

46 Rounds of applause

48 Gold diggers?

50 Happy sighs

51 Tire pressure increaser

53 Train for boxing

57 Flower adornment

58 Man with a fez

59 Funny Bombeck

60 Banned pesticide

61 Diminishes

62 Transport

Answer to Previous Puzzle

M	U	G		A	P	T		B	R	A			
E	C	O		N	O	O	K		A	L	A	N	
M	L	B		G	O	R	E		L	E	N	T	
		A	I	L	E	R	O	N		O	A	K	S
			A	L	E		Y	A	N	K	S		
J	A	Y	S		S	O	A	P	S				
U	M	A		A	T	M		P	O	A	C	H	
T	Y	K	E	S		N	E	T		R	O	I	
			A	T	R	I	A		D	I	B	S	
	S	Y	R	I	A		G	E	N				
P	L	A	T			I	R	E	L	A	N	D	
R	I	C	H			N	O	R	A		U	R	N
A	C	H	Y			S	A	L	T		M	A	O
M	E	T				R	Y	E		B	M	W	

7 Overhang

8 Gumshoe

9 Trimmed the grass

10 Fully aware

11 New Age singer

17 Cropped up

19 Web addr.

21 Grail descriptor

22 Inkling

23 Hull part

27 Barking noises

28 "Nope" (hyph.)

29 Vanished

31 Gist

34 Adventure tale

35 Wife of Geraint

36 Some boxers

41 Tend the aquarium

42 Library caution

44 Enjoyed a repast

45 Not qualified

47 Height, to a cager

48 Gentle

49 Blunt end

50 Scroll cabinets

52 Planet, in verse

54 NFL player

55 Invoice no.

56 Actress Issa —

12-9

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Share Some

GOOD NEWS!

Birth Announcements



Welcome, Hayley Ryan!
• Born April 22, 2019
• 9 lbs. 22 inches
Proud Parents
Lydia & Mike Ryan

Celebrate your happy news with your community through the local newspaper.

Birthdays • Birth/Adoption Announcements • Engagements

Weddings • Anniversaries • Retirements • Memorials

Call today to place your celebratory ad!

KIRKSVILLE AREA NEWS BRIEFS

12th Annual Coat Drive
RE/MAX Home Team will be holding their 12th Annual Coat Drive from Dec. 9 through Dec. 25. Help them share the warmth this holiday season by donating your new or gently used coats to those in need. Donations can be dropped off at their offices at 111 S. Baltimore Street, Suite A in Kirksville, between 8 a.m. and 5 p.m.

Capstone Exhibitions to be Displayed in Art Gallery
The Truman State University Art Gallery will present this semester's capstone exhibition through Dec. 10 in Ophelia Parrish 1114. A closing reception will take place from 6-7:30 p.m. Dec. 9 with refreshments provided. The exhibition features the work of three senior studio art students. Kameron Clark and Anna Grahliherr are completing a Bachelor of Fine Arts with a concentration in painting, and Kit Cork is completing a Bachelor of Arts with a concentration in ceramics. The bodies of work on display are the culmination of a semester of labor. This event is free and open to the public.

Adair County Health Dept. releases December Covid-19 vaccine schedule

The Adair County Health Department continues to administer Covid-19 vaccines and bivalent boosters for residents ages 12 and older as long as vaccine supplies last. December vaccine clinic are scheduled from 2-4 p.m., Dec. 1, 6, 13, 20 and 27 at the health department, 1001 S. Jamison Street in Kirksville. To schedule a Covid-19 vaccine, call the health department at 660-665-8491. Parents of residents under age 12 should contact their child's doctor or pharmacy about getting Covid-19 vaccines.

Third Annual Holiday Marketplace returns to the Sue Ross Arts Center

Kirksville Arts Association will again be hosting area artists and crafters in the Third Annual Holiday Marketplace at the Sue Ross Arts Center, located at 215 S. Franklin in Kirksville. The Marketplace will run through Saturday Dec. 10. This event, which began when the Red Barn Arts and Crafts Festival was cancelled in 2020, has grown in the number of artists and crafters who exhibit and the number of visitors to the marketplace. New this year will a fine art sale in the Gaber Gallery in the mezzanine level of the Sue Ross Arts Center. The sale will include paintings and other unique items that have been donated to Kirksville Arts and will now be made available for purchase. The Holiday Marketplace provides an opportunity to purchase hand crafted items at affordable prices. The Sue Ross Arts Center will be open Monday through Friday 11 a.m. to 4 p.m. and Saturdays 10 a.m. to 2 p.m.

Free visits with Santa Claus
Main Street Kirksville and Downtown Cinema 8 are partnering to provide free visits with Santa Claus. Visits with Santa Claus will take place the following Saturdays in December from 10 a.m. — Noon in the lobby of downtown Cinema 8, 115 N. Elson, Kirksville: Saturday, Dec. 10, Saturday, Dec. 17. The event is open to the public. Bring your camera and be sure to capture the moment! For additional information, contact kvdowntown@gmail.com or call Main Street Kirksville's Kirk Ranson at 660-342-0208.

Kirksville Area Chamber of Commerce to close between Christmas and New Year
For the first time, the Kirksville Area Chamber of Commerce, located at 304 S. Franklin in Kirksville, will be closed the week between Christmas and the New Year. The office will close at 5 p.m. on Friday, Dec. 23 and reopen on Monday, Jan. 2, 2023 at 8 a.m. You may leave a message on their machine and someone will return your call after the new year. Community members are encouraged to Shop Local and Shop Small as they kick off the annual Shop Small contest at participating merchants. Visit their website for a list of those businesses and the discounts they are offering, https://www.kirksvillechamber.com/shop-small.html and to see how to enter.

Breakfast with Santa tickets now on sale
Tis the season for Breakfast with Santa! Tickets are now on sale for the city of Kirksville's annual Breakfast with Santa program. This year's event will be held at Mi Casa Restaurant, located at 512 S. Baltimore Street in Kirksville. Come enjoy a delicious breakfast buffet featuring breakfast burritos, hash browns, breakfast nachos, donuts, muffins, and fruit, along with a special visit from Santa! Tickets are \$15 per person for ages 5 and up. Children 4 and under eat for free. There are four separate opportunities for Breakfast with Santa: Saturday, Dec. 10, at 8:30 a.m. and 10 a.m. Seating is limited, and all tickets must be purchased in advance. Tickets are available at the Kirksville Parks and Recreation office located at the Kirksville Aquatic Center, or online at parks.kirksvillecity.com. For more information, contact the Parks and Recreation Department at 660-627-1485.

CAPNEMO Winter Clothing Drive
Community Action Partnership of Northeast Missouri presents a Winter Clothing Drive through Dec. 21. The drop off location is at the

Community Action Partnership of NEMO, 215 N. Elson Street in Kirksville, Drop off times are Monday through Thursday, 8 a.m. to 5 p.m. All gently used items are welcomed. Help keep our community warm by donating winter coats, blankets, gloves and winter hats. For more information or arranging pickup, email athurman@capnemo.org or lplatz@capnemo.org.

Kirksville Area Chamber of Commerce Shop Small Season
Through Dec. 31, when you spend \$10 or more at participating locations, you can fill out a shopped small ticket, drop it in the Spend \$10 Box, and enter to win. Grand Prize is a large gift basket made up of items donated by participating locations. Each item is worth at least \$10 or more in value. Last year's basket was worth over \$200. Second and third prize winners will also win smaller gift baskets of donated items and gift cards. Last year's baskets were worth \$150. As a thank you to participating business, the business name on the winning shopped small tickets will win \$25 in Kirksville Ca\$h. In early January, they will collect the boxes containing entries and combine all of the tickets into one big drawing. On Jan. 6, the Kirksville Area Chamber of Commerce will draw three Shop Small tickets and declare the Shopped Small winners.

Adair County Public Library Book Club is Back
Join the Adair County Public Library for their 2022-23 Friends of the Library Book Discussion group. Meetings will be held in the Special Collections Room at 5:30 p.m. Talk to the front desk staff if you would like to purchase these books through the library. Cost for an entire set of the books is \$72. Jan. 10, 2023: Our First Civil War by H.W. Brands; Feb. 14: Has It Come to This? By Kimberly Tilley; March 14: Booth by Karen Joy Fowler; April 11: Tied Up in Knots: My Dad and Me by Karen Knotts.

OATS Transit offers regular transportation services
OATS Transit offers regular transportation services for the rural general public of any age, seniors, and individuals with disabilities. Please call the local OATS Transit office at 660-415-0901 or 800-654-6287 to schedule a ride or find out about services in your area. You can also visit their website at oatstransit.org and view the local schedule under "Bus Schedules". Their offices will be closed, and regular routes will not be running on Monday, Dec. 26, and Monday, Jan., for the Christmas and New Year's holidays. Please keep this in mind as you schedule trips near these holidays.

Bridge on Route A in Schuyler County to be replaced

Road to close Dec. 12 over North Fork Middle Fabius River

By MoDOT

Weather permitting, Dec. 12, Route A will close at North Fork Middle Fabius River, approximately one mile south of Downing in Schuyler County, for a bridge replacement project. Originally built in 1935, it is the eighteenth bridge to be replaced under the FARM (Fixing Access to Rural Missouri) Bridge Program. "We have 31 weight-restricted, poor condition bridges in northern Missouri to replace under this federally-funded program," Gander said. Lehman-Wilson was awarded the design-build contract by the Missouri Highways and Transportation Commission. "The MoDOT team has worked closely with the contractor to develop plans for these improvements, and by October 2023, all 31 bridges will be replaced," Gander noted. "We understand closing a road can be challenging, yet it's the best use of our tax dollars, it makes it safer for all the workers, and it speeds up construction," Gander explained. There is no posted detour on most of these proj-

ects. The average traffic volume on Route A is approximately 400 vehicles a day. All bridges in the program are expected to be closed during construction. The bridge is expected to re-open by mid-April. The program will replace deficient bridges on low-volume routes that are:
• Weight-restricted
• In poor condition
• On timber pile
• One-lane but carry two-way traffic
The full list of bridges to be replaced can be found on the FARM Bridge program web page. Design-build is a project delivery method in which one contracting team is selected to design and build the highway improvement under one contract. MoDOT provides the project goals, budget and schedule and the contractor team completes the work. This technique has been known to significantly save time and provide cost savings. "Signs will be placed several days before each closure, and we encourage residents in these areas to sign up to receive our email and text alerts," Gander said. MoDOT will continue to send information and updates to local media for their distribution. MoDOT's online traveler map also shows locations of work zones and road closures.



Shop Small Season!

Now through December 31st

Presented by the Kirksville Area Chamber of Commerce

Spend \$10 or more at participating businesses for your chance to enter to win!

Check out all the specials offered by these participating businesses!

kirksvillechamber.com/shop-small

Blossom Shop Flowers & Gifts

- 20% OFF of in-store purchases
- 10% OFF Gift Certificates

Offer Dates: 11/26/22 - 12/25/22

Carpet Plus / Floor Mart

- 10% OFF In-stock Child Recliners

Offer Dates: 11/26/22 - 12/31/22

Colton's Steak House & Grill

- 20% OFF of Gift Cards

ONE DAY ONLY: Saturday, November 26th • 8:00 am-4:00 pm

Dukum Inn

- FREE \$10.00 Gift Card with the purchase of a \$50.00 Gift Card

Offer Dates: 11/26/22 - 12/31/22

Five Star Nutrition

- BOGO deal on Mega Drys. When you purchase (3) Mega Drys, you will get (1) Made for ½ OFF

Offer Dates: 11/26/22 - 12/31/22

Gardner-Collier Jewelry

- 25% OFF of regularly priced Colored Stone Jewelry, Diamond Studded Earrings, Diamond Pendants, Watches, & MORE!

Offer Dates: 11/26/22 - 12/31/22

Grease Lightning

- Synthetic Blend Oil Changes for \$50.00

Offer Dates: 11/26/22 - 12/15/22

Hidden Treasures

- 10% OFF of 50% OFF Tags (that equals 60% OFF the months color)

Offer Dates: 11/26/22 - 12/24/22

Jim's Gems

- 10% OFF of any gold 10K or 14K Jewelry

Offer Dates: 11/26/22 - 12/31/22

Kirksville Brewing Company

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BLAKE SHELTON'S
NEW SHOW, P. 3

CHOCOLATE
COOKIES WITH
RUM! P. 8

SHERYL LEE RALPH

From *Dreamgirls* to *Abbott Elementary*, this award winner is living out loud and loving it

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WALTER SCOTT'S Personality

Parade



WALTER SCOTT ASKS...

BLAKE SHELTON

The Voice coach, 46, is partnering with Carson Daly on a new celebrity game show, *Barmageddon* (Dec. 5 on USA Network), taking place at Shelton's Nashville bar, Ole Red, where their celebrity friends will compete in over-the-top bar games. WWE Hall of Famer Nikki Bella will host, Daly will be behind the bar and Shelton will take the stage with his house band for music sing-alongs.

Was *Barmageddon* your idea? Well, this is a show about games and drinking, and it was definitely cocktail inspired! Carson and I came up with the initial idea backstage at *The Voice* after we finished taping one evening. One drink led to another and we talked about playing games...and *Barmageddon* was born. Or at least conceived!

Who will be some of your celebrity guests? Let's just start with my superstar wife, Gwen, playing against Sheryl Crow. My buddies and racecar champs Clint Bowyer and Jimmie Johnson face

off in an episode. We have singer Chris Young, who's had huge hits in country music, and we toured together, taking on singer Elle King in a hilarious episode. Trace Adkins—who's like a skin tag, I just can't get rid of him—takes on Tennessee Titans Coach Mike Vrabel. We've got Lil Rel and Malin Akerman from the acting world in an episode together, so it's really a fun mix of people from all realms.

What kinds of games will you be playing? We took games that everyone knows, like cornhole and curling, amped them up and now you have supersized air-cannon cornhole, drunken "axe hole" and my own version of darts, which is called "sharts." We also have curling, which we amped up to be "keg curling"—so yes, there's some actual drinking involved!

How much music will there be on each episode? The music is a mix of songs with me and the house band, and some surprise performances too.

What does Nikki Bella add to the camaraderie as the host? Nikki has been entertaining people for decades! She's dominated the world of wrestling with WWE, so she knows how to light up an audience and host a party. *Barmageddon* is all about having a good time, and Nikki fits right in!

Carson Daly is behind the bar. How good of a bartender is he? Carson is many things. A great friend, creative, hardworking, a talented host, but he's a terrible bartender! It shouldn't be that hard to mix a cocktail! Thankfully most of the drinks are simple or it's just refilling a beer. Otherwise, we would be in big trouble.



Blake Shelton is the reigning champ when it comes to choosing the winning performer on *The Voice*. As of press time, he'd won eight times in 22 seasons. His wife, coach Gwen Stefani, has won once.

Will season 23 of *The Voice* really be your last? *The Voice* changed my life for the better and it's been successful beyond my wildest dreams. The live [shows] for this season have already started and I'm looking forward to season 23 in the spring!

When you stop coaching, what will you do? Oh, there's lots to do! *Barmageddon*, tour, work on the farm—I'll be busy.

Do you and Gwen have plans for more duets? Music is one of the foundations of our relationship and we've had fun and been fortunate enough to have two number one songs together. I'm releasing some new Christmas songs this year and one of them is "Cheer for the Elves," a song she recorded on her last Christmas album. So, you can bet we're going to always collaborate on music in some way. It's just how we're wired.

Loretta Lynn made music until she was 89. Is that your plan? I'm not sure I'm worthy to be mentioned in the same breath as Loretta Lynn, but I've been singing since I was a kid. All I ever wanted to do was sing country music and record songs that people wanted to listen to and get played on the radio. Music is in my blood and that's never going to change. **P**

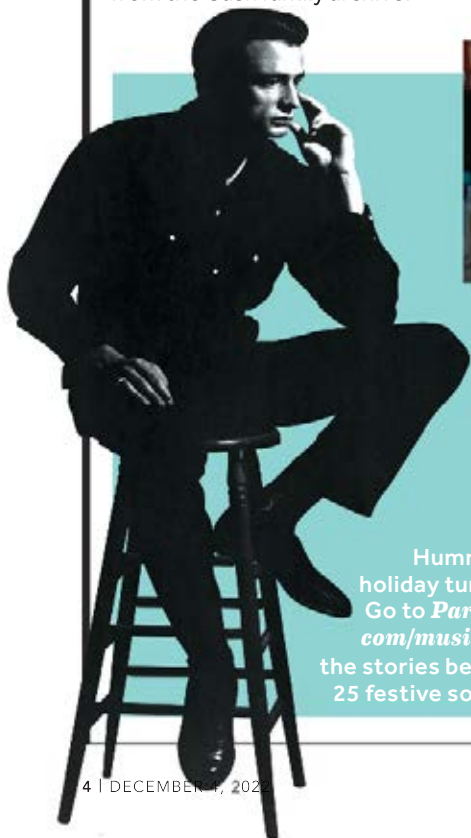
How much has Blake Shelton made on *The Voice*? Go to [Parade.com/blake](https://www.parade.com/blake) for his net worth.

The Parade Don't Miss List

Here's what's on our radar this week. Go to [Parade.com/entertainment](https://www.parade.com/entertainment) for more.

Johnny Cash: The Redemption of an American Icon (Dec. 5-7, in theaters)

This documentary recounts a low period in Cash's life and career, focusing on the making of his famous album, "Man In Black," while the legend was stuck in a cycle of depression and drug addiction. The core focus of the film is the iconic country star's road to redemption and his return to an "unshakable faith" that would influence some of his most famous songs, like "The Man Comes Around." The documentary features John Carter Cash, Sheryl Crow, Tim McGraw, Marty Stuart, Wynonna Judd, Jimmie Allen, Alice Cooper, Franklin Graham, Joanne Cash Yates, Greg Laurie and many others, along with tapes from the Cash family archive.



Humming holiday tunes? Go to [Parade.com/music](https://www.parade.com/music) for the stories behind 25 festive songs.

Idina Menzel: Which Way to the Stage? (Dec. 9, Disney+)

Idina Menzel may be one of Disney's most beloved princesses as *Frozen*'s Elsa, but the *Wicked* star had a dream of her own: to headline a concert at Madison Square Garden in her hometown of New York City. In the documentary, *Idina Menzel: Which Way to the Stage?*—which focuses on the life and career of the Tony

winner—we see that dream come true, following a national tour during which she juggles the challenges of being a working mom with a grueling travel schedule.

"We made this documentary to show firsthand how important it is to pursue your passions and lean on those around you in times of hardship," said Menzel, 51.

"This documentary was a joy to make, and I hope it resonates with my fans and

new audiences alike who find themselves balancing motherhood, work and marriage while chasing their own dreams. [I hope it] inspires others to keep pushing forward."



Pinocchio (Dec. 9, Netflix)

It took 14 years, but Guillermo del Toro is finally bringing his stop-motion vision of *Pinocchio*, the classic tale about a puppet magically brought to life, to the screen.

Newcomer Gregory Mann voices the title role, Cate Blanchett is Spazzatura, Tilda Swinton is the Wood Sprite, Finn Wolfhard is Candlewick and

Ewan McGregor is Sebastian J. Cricket.

"In our story, Pinocchio is an innocent soul with an uncaring father who gets lost in a world he cannot comprehend," said del Toro, 58. "He embarks on an extraordinary journey that leaves him with a deep understanding of his father and the real world." The director of *The Shape of Water* and *Pan's Labyrinth* saw the film as a kid.

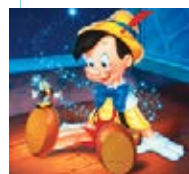
"Pinocchio saw the world the way I saw it. I was a bit enraged that people demanded obedience from him so I wanted to make a film about disobedience as a virtue, and to say that you shouldn't change to be loved."



SO MANY PINOCCHIOS

Italian writer Carlo Collodi wrote *The Adventures of Pinocchio in 1883*. Since then, there have been many depictions of the woodcutter and his wooden son (18 from Walt Disney Pictures alone!), including these.

PINOCCHIO (1940) The original animated film has scared and delighted children for decades.



THE ADVENTURES OF PINOCCHIO (1996) The wooden puppet was played by Jonathan Taylor Thomas, who was the voice of young Simba in *The Lion King* in 1994 and a regular on *Home Improvement*.



PINOCCHIO (2002) This live-action tale starred Italian Roberto Benigni, who also directed.

PINOCCHIO (2022) Robert Zemeckis's version featured Tom Hanks as Geppetto.





Something From Tiffany's (Dec. 9 on Prime Video)

"I'm just crazy about Tiffany's," says Audrey Hepburn's Holly Golightly in the 1961 film, *Breakfast at Tiffany's*. She claims a visit to the store can cure her "mean reds"—a case of depression worse than the blues. "Nothing bad could ever happen to you at Tiffany's," she says. Now, 60 years later, we have a second film with the iconic jewelry store in the title. The romantic comedy *Something From Tiffany's* stars Zoey Deutch, 28, and Shay Mitchell, 35, and follows a woman whose life gets upended when an engagement ring intended for someone else leads her to the person she's meant to be with.

It turns out that the iconic store on the corner of 57th Street and Fifth Avenue and its wares have been featured in a surprising number of movies and shows. Here are a few others.



FRIENDS SEASON 6, EPISODE 13 (2000)

Reese Witherspoon plays spoiled sibling Jill Green in "The One With Rachel's Sister," where she sports a blue bag from Tiffany's after a shopping spree.

SLEEPLESS IN SEATTLE

(1993) Walter (Bill Pullman) gives Annie (Meg Ryan) an engagement ring during a visit to New York on Valentine's Day. We see the interior and exterior of the store. Spoiler: We also see Annie returning the ring to Walter later.



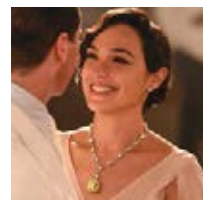
OCEAN'S THIRTEEN (2007) The heist in this third installment of the *Ocean* adventures is Tiffany diamonds, supposedly worth \$250 million.

SWEET HOME ALABAMA (2002) The mayor's son, Andrew Hennings (Patrick Dempsey), plans a surprise wedding proposal to Melanie Carmichael (Reese Witherspoon) in the Tiffany store. Like the character in *Sleepless in Seattle*, Melanie does not end up keeping the ring.



DEATH ON THE NILE (2022) Tiffany &

Co. jewelry is all over the place in this Kenneth Branagh remake of the Agatha Christie story. Linnet Ridgeway Doyle (Gal Gadot) receives a 128.54 carat yellow diamond necklace as a wedding present from her husband, Simon Doyle (Armie Hammer); Euphemia (Annette Bening) sports gold and diamond jewels from the Jean Schlumberger line, and Jacqueline De Bellefort (Emma Mackey) wears jewelry from the Victoria collection.



SEX AND THE CITY: THE MOVIE

(2008) This time Sarah Jessica Parker as Carrie is wandering around Tiffany's like a latter-day Audrey Hepburn in the opening of the movie. She sports a gold Elsa Peretti Bone Cuff during the scene.

Books

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TOP AUTHORS PICK THEIR

FAVORITE BOOKS

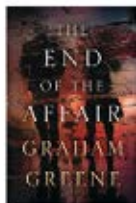
What are the brightest, most-popular authors reading this holiday season? *Parade* asked ten of them to share some of their all-time favorite books. For a comprehensive list, go to [Parade.com/bestbooks](https://www.parade.com/bestbooks) for the Top 222 Books of All Time. —Michael Giltz

PATTI
CALLAHAN
HENRY

Author of *Once Upon a Wardrobe*

Favorite: *The End Of The Affair* by Graham Greene

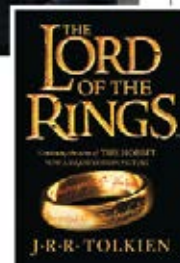
"Graham Greene was inspired to write this novel from his own affair with a woman named Catherine Walston. There is nothing like it and it reads better every single time I pick it up—or listen to Colin Firth read it. It's a love story, and yet it's so much more."



GEORGE
R.R. MARTIN

Author of *A Song of Ice and Fire*, adapted into the HBO series *Game of Thrones*

Favorite: *The Lord Of The Rings* by J.R.R. Tolkien
"It will surprise no one to learn that my favorite fantasy novel is *The Lord of The Rings*. Fantasy is the oldest branch of literature, with roots that go back as far as Gilgamesh and Homer, but Professor Tolkien redefined the genre, and every fantasist since has been writing in his shadow."



SCOTT
SPENCER

Author of *Endless Love*

Favorite: *Pale Fire* by Vladimir Nabokov

"You're always on thin ice



when you say a book is the greatest of all time—or even the greatest of the year in which it was first published. But I feel terra firma beneath my feet when I say *Pale Fire* by Vladimir Nabokov is the most astonishing work of fiction I have ever read."



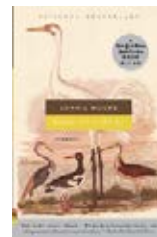
SHERMAN ALEXIE

Author of *The Absolutely True Diary of a Part-Time Indian*

Favorite: *Birds Of America* by Lorrie Moore



"It is hilarious and heart-wrenching in equal measure. I've reread this book at least 20 times and I think that's always the best sign of greatness."

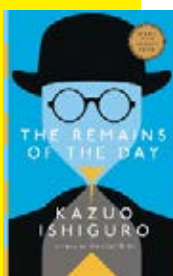
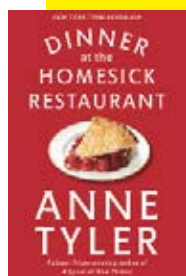


Love Outlander?
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scoop on the next book.



ANNE TYLER

Author of *Dinner at the Homesick Restaurant*



Favorite: *The Remains of the Day* by Kazuo Ishiguro

Writer Anne Tyler said yes when asked to contribute to *Parade*'s list of the best books of all time—on one condition: The only book she wanted to talk about was *The Remains of the Day*, the story of an English butler so devoted to service he misses his chance at love. "I don't think I'll ever forget the heart-stopping moment near the end when the central character all at once understands that his entire life has been wrong," she says of the book hailed as an instant classic on publication in 1989.

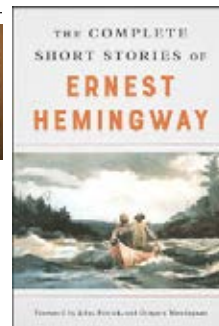


JULIE OTSUKA

Author of *The Buddha in the Attic*

Favorite: *The Complete Short Stories of Ernest Hemingway* by Ernest Hemingway

"I'd somehow managed to avoid reading Hemingway until my early 30s, when I was first beginning to write. I'd always thought he was 'not for me'—I'm not white, I'm not a man, I've never stalked a lion, I haven't been to war. And yet, as soon as I began to read him, I could not stop."



MATTHEW PAUL TURNER

Author of the children's book, *I Am God's Dream*

Favorite: *Where The Wild Things Are* by Maurice Sendak

"This is a perfect children's book because it's one of the most delightful to read aloud, offering moments to read quietly, in almost a hush, and also lines to read loudly with growls and snorts. I love that I was able to introduce my kids to a story that I loved when I was their age."

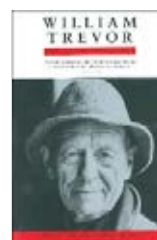


ELIZABETH STROUT

Author of *Olive Kitteridge*

Favorite: *The Collected Stories* by William Trevor

"William Trevor is so precise and so gentle and can flip over a sentence in a heartbeat. He writes about the lives of ordinary people, who are all—of course—extraordinary. One of my favorites is called 'Mrs. Silly' about a young boy sent to boarding school and his lovely mother who embarrasses herself on their visiting day. It's a quiet, honest killer of a story."



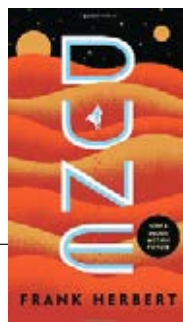
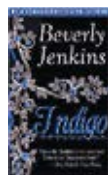
BEVERLY JENKINS

Author of *Indigo*

Favorite: *Dune* by Frank Herbert

"It appeals to the fantasy/sci-fi lover that I am," Jenkins says. "*Dune* is also the ultimate romance, and that appeals to me as well. Lady Jessica

was told by her Order to birth a girl child, but her love for her Duke overrode that directive. She gave Leto a son instead. Without that love, there'd be no Paul. And without Paul, there'd be no *Dune*."



TIM O'BRIEN

Author of *The Things They Carried*

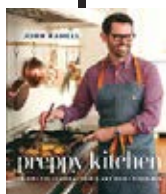
Favorite: *The Stranger* by Albert Camus

"I'm always moved by how unmoved the book's protagonist is in the midst of shattering circumstances. (Yet, by and large, don't we all 'recover' and somehow move on from lost loves and dead mothers and our own misdeeds?) The book is among the novels that made me dream about writing one of my own."



YOUR NEW FAVORITE

Christmas Cookies!



There's a good chance you have the ingredients to make these festive cookies from the new cook-book, *Preppy Kitchen*, by blogger and YouTuber John Kanell. In the book, the former middle-school math and science teacher shares the best-loved recipes he cooks for his husband and their twins, Lachlan and George, on their farm in Connecticut.

RUMMY CHOCOLATE CRINKLE COOKIES

- ▶ 1½ cups all-purpose flour
- ▶ ¾ cup unsweetened cocoa powder
- ▶ 1 tsp espresso powder (like Medaglia D'Oro Espresso Instant Dark Roast Coffee)
- ▶ ¾ tsp baking soda
- ▶ ½ tsp kosher salt
- ▶ ¾ cups granulated sugar, divided
- ▶ ½ cup firmly packed light brown sugar
- ▶ ½ cup (1 stick) unsalted butter, melted
- ▶ 1 large egg, at room temperature
- ▶ ¼ cup aged or spiced rum
- ▶ 2 tsp vanilla extract
- ▶ ½ cup powdered sugar, plus more for dusting

1. In a medium bowl, sift together first 4 ingredients. Whisk in salt. In a large bowl, combine ½ cup granulated sugar, brown sugar, butter, egg, rum and vanilla. Whisk until well combined. Using a silicone spatula, fold flour mixture into sugar mixture until dough is uniform. Cover; refrigerate at least 2 hours and up to overnight.

2. Preheat oven to 350°F. Line 2 rimmed baking sheets with parchment paper.

3. Sift ½ cup powdered sugar into a small bowl. In another small bowl, place remaining ¼ cup granulated sugar.



4. Scoop dough with a spoon and roll into 1-inch balls. Roll each dough ball in granulated sugar followed by powdered sugar. Place dough balls 2 inches apart on one of the prepared baking sheets. Lightly sift powdered sugar over the top. Chill remaining dough balls (probably about half the dough) and coat in sugars just before baking.

5. Bake 1 sheet at a time until cookie edges are set and cracks have formed, about 10 minutes for gooey-center cookies and up to 12 minutes for fully baked but soft cookies. Cool completely on pan. Store cookies in an airtight container for up to 4 days. **Makes about 2 dozen.**



John

ORANGE LINZER COOKIE WREATHS

"You can use any kind of jam sandwiched inside these cookies," says Kanell, "but I prefer orange marmalade because it's sweet but not too sweet, with just a little bit of bitter to keep you coming back for more." If you use marmalade with large, thick strips of zest, he advises pulsing it in a food processor to break them up.

Visit
Parade.com/chaicookie
for Taylor Swift's
Chai Cookies
recipe.

FIRST COOKING MEMORY

"Growing up, we had a weekly pizza night, and my brother and I would get to shape the dough, spread the sauce, choose toppings and add cheese to ours. It's a memory I've recreated with my children on our pizza nights."

FAVORITE HOLIDAY RITUAL

"Gathering around the table for a big meal with family. And we have certain Christmas recipes that get made every year. There's a roast turkey, a *bûche de Noël*, my mom's special herbed rice and, of course, holiday cookies!"



TOP BAKING TIP

Bake cookies one sheet at a time on the middle rack for the most consistent results. "Ovens also tend to have hot spots towards the top and bottom, so baking your cookies on the middle rack is one way to keep them nice and golden," he says.

MUST-HAVE INGREDIENTS

Cocoa powder, vanilla extract ("it really adds so much flavor"), superfine sugar for making meringues and a variety of flours (all-purpose, almond, bread and whole wheat). Kanell also favors European butter, which is richer and creamier than American butter, thanks to more butterfat.

In a large bowl, sift together $3\frac{1}{4}$ cups **all-purpose flour**, $\frac{1}{2}$ tsp **kosher salt** and $\frac{1}{4}$ tsp **baking powder**. In the bowl of a stand mixer fitted with a paddle attachment, beat 1 cup (2 sticks) **unsalted butter**, softened, and 1 cup **granulated sugar** on medium speed until creamy, about 3 minutes. Add 1 **large egg** and 1 tsp **vanilla extract**; continue beating until fluffy, about 2 minutes, stopping to scrape down sides of bowl as needed.

Reduce mixer speed to low and slowly add flour mixture. Beat just until a dough starts to form, 1-2 minutes. Turn out dough onto a lightly floured work surface; knead gently into a ball. Divide dough in half. Shape each half into a disk; wrap tightly in plastic wrap. Chill at least 45 minutes and up to 3 days.

Preheat oven to 350°F. Line 2 baking sheets with parchment paper.

On a lightly floured surface, roll out each dough disk to about a $\frac{1}{8}$ -inch thickness. Use a 2¼-inch round cutter to cut dough into rounds, rerolling scraps as needed. Place half the rounds 1 inch apart on one of the prepared baking sheets.

Using a $\frac{3}{4}$ -inch cutter, cut center out of remaining rounds. Place 1 inch apart on the other prepared baking sheet.

Bake cookies one sheet at a time 12-15 minutes or until edges are just starting to brown. Cool completely on baking sheets.

To garnish, use a fingertip to spread a spot of **orange marmalade** on top of cutout cookie. If desired, press on a piece of **fresh rosemary sprig** and thinly sliced **cranberry** and add **golden sprinkles**. Let marmalade dry a few minutes; lightly dust all over with **powdered sugar**.

On flat side (most likely underside) of each solid cookie, spread about $\frac{1}{2}$ tsp marmalade and top with a cutout cookie. Gently press to adhere. Repeat with remaining cookies. Store in an airtight container up to 4 days. **Makes about 20 sandwich cookies.**

LIVING OUT

A TONY NOMINEE, EMMY
WINNER FOR *ABBOTT
ELEMENTARY* AND SINGER
AND SPEAKER OF THE
TRUTH, SHERYL LEE RALPH
GIVES US A LESSON IN
BELIEVING IN YOURSELF.

BY NICOLE PAJER

When winning an award, most actors take the stage in awe, rattle through a list of names to thank and wipe a few tears from their eyes. But at this year's Emmys, Sheryl Lee Ralph used her moment to show her appreciation in a different way. She accepted her statuette for Best Supporting Actress in a Comedy Series by taking a deep breath to compose herself, then belting out the opening lines to "Endangered Species" by jazz artist Dianne Reeves: "I am an endangered species, but I sing no victim song. I am a woman. I am an artist. And I know where my voice belongs."

Ralph, 65, had everyone in the crowd standing and clapping wildly before transitioning into an inspirational monologue. The actress, who won for her role of Barbara Howard in *Abbott Elementary*—becoming the first Black woman to claim the category in 35 years—dedicated her award to her fellow dreamers, proclaiming "I am here to tell you that this is what believing looks like. This is what striving looks like. And don't you ever, ever give up on you." That's exactly what Ralph has done throughout her career, staying persistent in pursuit of her dreams. She spoke with *Parade* about her journey.

LOVE

Want more great TV?
Go to **Parade.com/
midseason**
for winter's
hottest shows.



Ralph's Emmy hit, the critically acclaimed *Abbott Elementary*, was created by Quinta Brunson (bottom, center).

CHASING THE DREAM

Ralph was born in Connecticut and raised in Jamaica and Long Island by a college professor dad, Stanley, and fashion designer mom, Ivy, whom she credits for much of her inspiration and drive. "I'm an immigrant child, and my mother came here with a dream, and it wasn't just for herself, but it was for her family as well," she says. "The people still to this day talk about Miss Ivy and what she meant to them, how she cared for them, how she inspired them," she says. Ralph became interested in acting at Rutgers University and after graduation, she embarked on what has become a nearly five-decade performing career, full of noteworthy performances.

On stage, she's portrayed Deena Jones in 1981's original *Dreamgirls* on Broadway, a role that landed her a Tony Award nomination, Madame Morrible in *Wicked* and Elyse in *The First Wives Club*. She starred alongside Denzel Washington on the big screen in *The Mighty Quinn*, and is known for roles in *To Sleep With Anger*, *The Distinguished Gentleman*, the *Sister Act* sequel, *Sister Act 2: Back in the Habit*, and as the voice of Rita in *Oliver and Company*. And on television, she's appeared in everything from *Moesha* to *The Jeffersons*, *Designing Women* and more. Along the way she had two children with first husband, Eric Maurice, divorced, and got remarried to Pennsylvania State Senator Vincent Hughes.

But continuing to stay relevant in show business throughout the years, Ralph admits, was not always easy, even for someone as driven as she was. And at one point along her journey, she almost quit acting. "My daughter was in junior high, and things had slowed down a bit," she recalls. She ran into a casting agent whose child went to her kids' school and was asked what she had been up to. "I said, 'Well, I haven't been acting much.' The agent stopped in her tracks and said, 'If you haven't been acting much, it's because you don't want to act much,'" Ralph recalls. This caused her to reexamine her entire career, from her goals to how she was being marketed to the industry. "It was a wake-up call and it worked great for me," she says. "I got new representation. I got new thoughts on myself. And I just went for it. That was the best thing I could ever do," she says.

Another best in her life has been ABC's new hit, *Abbott Elementary*. The mockumentary created by Quinta Brunson about a predominantly Black school in Philadelphia has been a dream. "I'm working with a great cast and crew on a series that is perfect for the time that we are in right now," she says. "I've got a boss that's half my age, and I adore



On Broadway, Ralph got a Tony nomination for her role in *Dreamgirls* and knocked everybody's socks off in *Reggae*, *Wicked* and *Thoroughly Modern Millie*.





Ralph married Pennsylvania State Senator Vincent Hughes in 2005.

ACCORDING TO *SHERYL*

FAVORITE HOBBY "Sleep! When we were first together, my husband would always laugh. He was like, 'Why do you sleep so much?' And I'm like, 'Why do you sleep so little? You think that four hours a night is good for you?' Give me seven to eight hours. I'm fine."



FAVORITE MOVIE
Black Orpheus (1959)



LAST BINGE
Succession

MORNING WAKE-UP ROUTINE Warm water, followed by tea or "fake coffee" made from barley or chicory root

EXERCISE MANTRA "Like the song says, you've got to 'Move it, move it...'"

RELAXATION TECHNIQUE Box breathing (inhaling for four seconds, holding for four seconds, exhaling for four seconds and repeating)

FAVORITE COLOR Bling!

SURPRISING FACT "I played the violin as a child."

FAVORITE TRADITIONS "Christmas on the beach in Jamaica, indulging in local cuisine like black cake and rum punch, and giving big gifts in tiny boxes."



her. And God is good." But she does acknowledge that the role of old-school kindergarten teacher Barbara Howard took her by surprise. "At first, I was just like, 'Oh, well, here we go. Another role that I can absolutely play with my eyes shut,'" she says. Ralph was initially interested in portraying Ava, the inept principal character. "It was something that I could do very easily, but people would probably not see me as that," she says. But when Brunson told her, "Absolutely not. You are the perfect Barbara Howard," Ralph found herself in a role she absolutely adores. "This is probably the first time that I've ever really watched myself in a show, because I just like it so much," she says.

PRACTICING SELF-CARE

Having a positive mindset is very important to Ralph, both on and off set. She starts her days off with an affirmation. "First thing I do every morning is look in the mirror and love what I see," she says. "That whole 'Good morning, gorgeous,' that's old news for me. It has always been 'Girl, look at you. You look fabulous. Just the way you are.' I love to encourage myself." She credits this to her parents who nudged her to appreciate herself at a young age. "I'm a child of the '60s. If you didn't encourage yourself, it was not easy to make it out of that time in life," she says, only half joking.

Ralph has a work ethic of steel but has learned if she doesn't balance it with some TLC, she's not able to devote her full self to her craft. That's why she makes a point to check in with herself daily. "I love having full-on conversations out loud, balancing the pros and the cons and saying, 'Okay, where are we going? How are we doing this? How are we making this happen? What is the plan? How are we feeling? How can we feel better?' I'm telling you some of the best conversations I've ever had have been with myself," she says.

Health and wellness are not new to Ralph. "My mother always believed that your body is your temple. My dad said it's your castle and you have got to take care of it," she says. Her parents, she says, were very clear about what happens in every decade of life and how



Ralph's mother "Miss Ivy" (who passed in 2018) taught her that "your body is your temple."

you need to adjust your routine accordingly. So, while aging in Hollywood means she's doing it in front of a lens, she's learned to see growing older as a privilege. "I'm doing what I can. And you look at me, what I can do is pretty damn good because I put my best into it," she says.

POWERING THROUGH THE HURDLES

Adopting a positive mindset hasn't always come easy to Ralph. "There are moments where you forget even the best lessons that you've learned," she says. She's made a point to be transparent throughout the years, speaking about some of the hardships she's experienced and the things she's done to bounce back. "In my 20s, when things were out of hand for me as a young actor, and it seemed as though everybody else was in control, I took control by not eating," she says. "We now know that that is called anorexia, but back in the day, they just thought I was losing my mind." She credits the support of her family and early intervention for getting back on track.

She also experienced depression in the aftermath of her 2001 divorce from first husband, Eric Maurice, with whom she shares two children (Etienne Maurice and Ivy Maurice, now 30 and 27). "I looked in the mirror and I just started crying. And it was so unusual for me," she says of the moment she realized she was more than just sad. "And I was just like, 'I think I need to talk to somebody; I need some help.'" Deciding to leave her marriage, she says, came down to wanting to have her children see her at her best. "I couldn't be my best in that relationship, so I had to make a choice to be my best outside of it," she says. With the help of her family, "a great therapist," who worked with her and her family together, and her friends, she was able to improve her mental health.

"You get challenges in life. And it's all about how you are going to work through those challenges," says Ralph. "For me, it has all been about how do you move forward?" She strives to not get "stopped by the negativity but propelled by the positivity," as she describes it. She's also learned that her state of mind is a choice, and choosing to be happy has become her default throughout the years. "A lot of people say, 'But it's not that easy,'" she says. But this is something Ralph practices daily. "I'm a pro at being my best self. I'm a pro at relaxing myself. I'm a pro in bad situations, finding my best self, because that's how I've managed to carry on. That's how I've managed to move forward."



Ralph's many TV and film roles include *The Mighty Quinn* with **Denzel Washington**, *The Jeffersons*, *Designing Women*, *Moesha* and *The Distinguished Gentlemen*.





Ralph's children Ivy and Etienne Maurice joined her on the red carpet for the film *Just Getting Started* in 2017.

THE JOY OF GIVING BACK

Another way that Ralph stays healthy is by focusing on others. She is a big proponent for animal adoption and loves to spend time with her rescue puppy, Oscar. "Rescue dogs, animals, cats can be great self-care," she says. "If you need one, don't go out and buy one, go to the shelter. Give the animal the patience that you probably should be giving yourself."

But her true life's work is her D.I.V.A. Foundation, which she founded in 1990 as a memorial to the many friends she lost to AIDS. "As an original company member of *Dreamgirls* on Broadway, it was the best time of my life. And then the worst happened when my friends were just dropping dead of this disease," she says. "I saw how the world's reaction was so terrible, how easy it was to hate on people for their sexual preference, or their gender or whatever." Ralph started D.I.V.A., "Divinely Inspired Victoriously Aware," to help raise both funds and awareness for HIV/AIDS and other life-threatening diseases. "And now we're focused on overall health awareness," she says.

These days she spends her downtime encouraging people to get their check-ups and prioritize preventative health. "We try to deliver messages even to men that say, 'I know you're afraid of getting your PSA numbers, but you can get a blood test [for prostate health]. Things have changed. Go take care of yourself.' For women, it is important to get your mammogram when you need it," she says. She's also pushing for open dialogue and support around women and their periods, pregnancy and the transition into menopause.

THE FUTURE IS BRIGHT

After an upcoming holiday trip to Jamaica, Ralph is excited to hop into whatever her career brings her next, she says. But at the moment, she's enjoying how every character she has portrayed in the past has led her to this Emmy award-winning point, noting that in so many ways she is living the life of Deena Jones from *Dreamgirls*. "Deena Jones came from a singing group, wanted to do something important, wanted to make a difference, wanted to have a family and a happy life," she reflects. Then, she thinks back to her first movie, *A Piece of the Action*, with Sidney Poitier and Bill Cosby,

where she played an unruly juvenile delinquent named Barbara Hanley. "I believe that Barbara Hanley has grown up to become Barbara Howard, understanding that she has done the best that she could for herself, and is now doing it for others as a teacher," says Ralph. She finds the circle revelation to be absolutely beautiful. "I'm very thankful!" she says.

And that Emmy? For Ralph, it is all about change. The recognition has caused her to reflect on the times in her life when she felt like she was doing her best work and was often overlooked. Nowadays, she's celebrating her persistence. "You can say the industry wasn't



Ralph was only the second Black woman to win the Outstanding Supporting Actress Emmy. The first was Jackée Harry for a show called *227*, 35 years ago.

ready, you can say that people didn't realize that diversity was important and other people should be invited to the party. But I believe my award is what change really looks like. Because I've been here doing the work that people say is outstanding," she says. Her Emmy is now right beside her bed, and she goes to sleep and wakes up next to it with a big smile on her face. **P**

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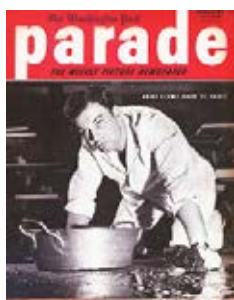


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WORKING FOR AMERICA

It was Dwayne “The Rock” Johnson who said, “Be humble. Be hungry. And always be the hardest worker in the room.” Johnson, who worked as a dishwasher when he was just 13 years old, would appreciate this peek into the *Parade* Vault. The magazine has told thousands of stories about jobs over 80+ years, but here are a few that capture that classic can-do American attitude. As former baseball player Sam Ewing said, “Hard work spotlights the character of people. Some turn up their sleeves. Some turn up their noses and some don’t turn up at all.” These folks? They turned up. —Anne Krueger



The World War II Years

During the 1940s, *Parade* highlighted dozens of men and women whose work involved serving our country on the battlefield and off. Among them was the “girl chemist developing secret weapons against battle-front diseases,” the soldier on KP duty, the military policeman, the female factory worker assembling a bomber’s nose and the parachuting marines.



“His Love Affair With Lady Liberty”

JULY 1, 1990

“I’m nobody special. How did I get so lucky?” That’s Vietnam veteran Charlie DeLeo, 42, the son of Greek and Italian immigrants talking about his place of employment. The job? Since 1972, DeLeo has been the sole “keeper of the flame” of the 305-foot Statue of Liberty, keeping every inch of the 29-foot, 2,500-pound torch clean and burning bright (that’s him in the torch on the cover). “Most men don’t ever discover their calling,” he told *Parade*. “I’ve found mine.”

“They Fight Oil Spills”

APRIL 10, 1977

Meet the Coast Guard’s four-year-old National Strike Force, a team of men who at a moment’s notice jumped on ships or planes with their pumps and other equipment to try to contain or clean up oil spills or other environmental disasters.

“We’re like a fire department,” Lt. Cmdr. Barry Chambers, 35, told *Parade*. “When the alarm sounds, we get moving.” Among them were divers, pumping mechanics and experts in cleaning and rehabilitating waterfowl. It was hard work—60 percent of it spent away from home with some jobs lasting three months. But it was also satisfying, said Lt. John Clay, 26, who had a degree in oceanography.

“I grew up in the environmental revolution. I’m excited about the freedom we have to experiment and get involved.” (The Force is still hard at work in 2022).



Want more *Parade*?
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to sign up for daily stories.



“Civilians Who Keep Traffic Moving”

MARCH 31, 1974

“That shapely blonde directing traffic at Broadway and 34th Street in New York isn’t a motorists’ mirage,” wrote *Parade*. “She’s a mother of six named Dorothy Donoghue.”

The sexist introduction aside, the article went on to celebrate the new 300-strong army of Traffic Control Agents (TCAs) who were keeping city streets unsnarled across the U.S. Donoghue, 32, who received a starting salary of \$8,500 and worked 11:30 a.m. to 7:30 p.m., had to learn the ropes. “I was shaky at first,” she said, especially when a bus approached. “If they don’t stop, you have to blow your whistle, walk up and put your hand right up in front of them. It’s not easy.” But, clad in her orange and white striped Day-Glo vest and white gloves, she’d learned some tricks: “Once you’re firm with drivers and keep them moving they’ll pay strict attention to you.”

Ask Marilyn

| BY MARILYN VOS SAVANT |

For more Numbrix puzzles, go to
[Parade.com/numbrix](https://www.parade.com/numbrix).



Send questions to
marilyn@parade.com



**CAN CHOCOLATE BE DECAFFEINATED?
I WOULD LOVE TO HAVE A CUP OF HOT
CHOCOLATE IN THE EVENINGS, BUT MY
REACTION TO CAFFEINE IS TOO STRONG.**

—Marie Travers, Hemet, California

Try a cup of hot white chocolate, which has no caffeine. The flavor is as delectable as its cousin, but a bit more buttery, with a hint of vanilla, along with creamy undertones. The color is actually a pale ivory, and, like commercial milk chocolate, it contains milk.

White chocolate drinks vary the way other chocolate drinks do, but all chocolate comes from cocoa beans. When liquefied, the chocolate liquor (which is not alcoholic) contains two components: cocoa solids and cocoa butter. Only the solids contain caffeine. The more cocoa solids are in the final product, the darker the chocolate and the more caffeine it contains. White chocolate contains only cocoa butter, so it has no caffeine.

Yet another ingredient in chocolate is highly stimulating: theobromine, which is a more potent cardiac stimulant than caffeine. (Caffeine, by contrast, penetrates the blood-brain barrier more readily.) Cocoa solids have even more theobromine than caffeine, but white chocolate has neither.

Find solutions to Marilyn's puzzles and this week's Numbrix on the next page!

Numbrix®

Complete 1 to 81 so the numbers follow a horizontal or vertical path—no diagonals.

	77	78				58	53	
	76			61			52	
		81				15		
	36			25			2	
	35	28				8	1	

CLASSIC ASK MARILYN

THE MATH PROBLEM

OCTOBER 2, 1994

By inserting any of the four mathematical signs (addition, subtraction, multiplication and division) between the digits 1, 2, 3, 4, 5, 6, 7, 8 and 9, can you make them equal 100?

All of the digits must remain in that order.

—Bobbie Ray Mazur,
Wellesley, Massachusetts

A BRAINTEASER FROM MARILYN

FEBRUARY 13, 1994

You have an aquarium with tropical fish, some of which are silver with blue stripes, while others are blue with silver stripes. One evening, you notice the cat staring at the water. Suddenly you notice that each silver fish with blue stripes has as many identically striped tankmates as oppositely striped ones, with each blue fish with silver stripes has only half as many identically striped tankmates as oppositely striped ones. How can that be? And what is the lowest number of fish that must be in the tank?

SOLUTIONS

THE MATH PROBLEM

The answer is: There are hundreds of solutions to that problem, so instead of listing them all, let's make it a little more difficult by restricting ourselves to the plus and minus signs. In that case, there are still many solutions, but perhaps the simplest one is:

$$123 - 45 - 67 + 89 = 100$$

MARILYN'S BRAINTEASER

The answer is: **SEVEN**

There are four silver fish with blue stripes, and three blue fish with silver stripes. Each silver fish with blue stripes, then, has three identical and three opposite tankmates. And each blue fish with silver stripes has two identical and four opposite tankmates.

Numbrix®

December 4, 2022

71	70	69	68	67	66	57	56	55
72	77	78	63	64	65	58	53	54
73	76	79	62	61	60	59	52	51
74	75	80	45	46	47	48	49	50
39	40	81	44	17	16	15	14	13
38	41	42	43	18	19	10	11	12
37	36	27	26	25	20	9	2	3
34	35	28	29	24	21	8	1	4
33	32	31	30	23	22	7	6	5



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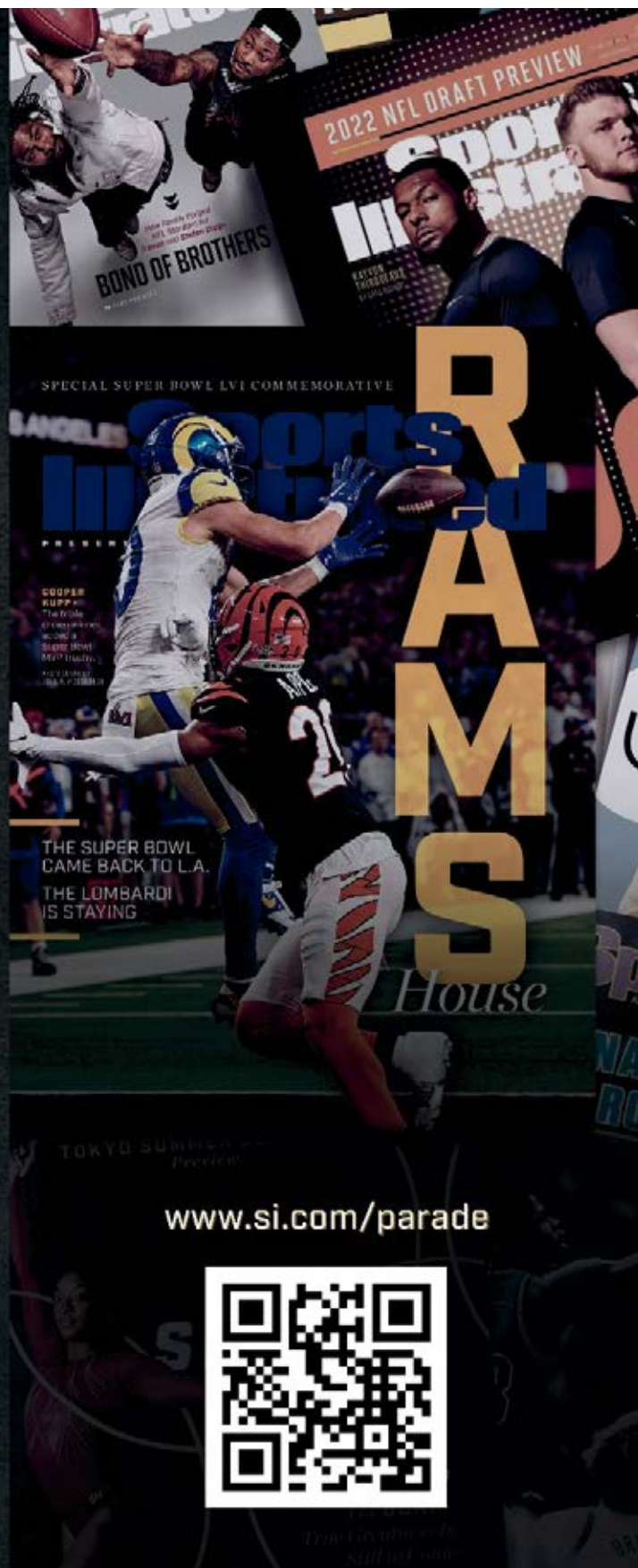


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