

KIRKSVILLE Daily Express

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SATURDAY

NOVEMBER 26, 2022 | \$2

Fouch family to serve as grand marshals for 11th Annual Kiwanis Christmas Parade

Staff Reports

The Fouch name has been synonymous with Christmas in Kirksville for several decades. Their family tree farm created many memories and was a tradition for many area families. David and Janie Fouch retired last year, but their connection to the season remains strong. That is why David, Janie and Sara Beth Fouch were no-brainer choices to serve as grand marshals for this year's Kirksville Kiwanis Christmas Parade.

Along with leading the parade, they will help start a new tradition. The Fouch family will flip the switch to illuminate the new tree display at Dover Park.

"We thought it was a good opportunity to give back to the community that has supported us so well during the past 37 years," Janie said.

Janie said they have received many friendly comments since their involvement in Kirks-



ville's Hometown Holiday was announced. She said it is nice that many people connect her family to this time of year.

That kindness and generosity, and time spent with family and friends, remain a strong foundation for the holidays.

"I think (this time of year) brings out the best in people," Janie said. "I see the food drives, I see Adopt-A-Child,

Operation Christmas Child and all the things that go on. I think people stretch to help other people out and I love to see that characteristic in people."

The Kirksville Kiwanis Christmas Parade returns as part of Kirksville's Hometown Holiday celebration in downtown Kirksville. The 11th annual parade begins at 5:30 p.m., starting along Franklin Street and traveling around the Square. The theme for this year's parade is "Winter Wonderland!" In lieu of an entry fee, the Kiwanis Club of Kirksville this year asked parade participants to donate new children's mittens, gloves, hats, coats, and scarves. This warm clothing will then be donated to children in need in the community. Parade-goers can also bring warm children's clothing to the parade, which will be collected along the parade route.

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Truman Steel to perform holiday concert as next Lyceum event

By Truman State University

Truman's own University Steel Band will perform a holiday concert at 7:30 p.m. Dec. 3 in Baldwin Auditorium as part of the Kohlenberg

Lyceum Series.

The University Steel Band, also known as Truman Steel, offers a tangible connection to the traditional steel pan music of Trinidad and Tobago. Under the direction of Michael

Bump, professor of music, the ensemble serves as a unique ambassador for Truman to the local and national communities for which it performs.

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Donors continue to contribute to Hope's Kitchen fundraiser

Staff Reports

The Kirksville Daily Express is continuing its fund-raising drive to raise money for Kirksville's Hope's Kitchen, which is in its 23rd year of operation. Daily Express readers can continue to donate through Dec. 10. Money raised is used by ATSU students to feed locals in need of

food during the school year on two Saturdays a month. This is the primary fundraiser for the program. For information on the Saturdays meals are available, follow the Hope's Kitchen Facebook page.

Donors so far include:

Paul E Morris, Louise Morris, Bruce and Paula McCartney, Briana

McCartney and Hayden, Brice McCartney, Alon Sanders, Jon Sanders and Lucy, Lawrence and Louise Newman; Ben Beard; Kelley Snipes, Dorothy Snipes, Kevin Snipes, Cynthia Snipes, Korinne Snipes, Keith Snipes, Kole Snipes, Kent Snipes, Kathleen Snipes, Kale Snipes,

See **HOPE**, Page A5



Liberty gas customers in Kirksville to see rates more than triple

By Missouri Public Service Commission

J E F F E R - S O N C I T Y — To reflect estimated changes in the wholesale cost of natural gas as well as a change in the company's Actual Cost Adjustment (ACA) factor, Liberty Utilities (Midstates Natural Gas) Corp. d/b/a Liberty Utilities customers will see natural gas rates change under a filing that takes effect on Dec. 4, according to the Missouri Public Service Commission.

In a press release, the commission stated that in Kirksville District, where residential customers currently pay approximately \$0.38 per Ccf of natural gas, under this filing, the rate will increase to approximately \$1.27 per Ccf. Liberty Utilities serves Kirksville District customers in the Missouri counties of Macon, Adair and Schuyler.

Northeast District residential customers currently pay approximately \$0.60 per Ccf (per hundred cubic feet) of natural gas. Under this filing, the rate will increase to approximately \$0.98 per Ccf. Liberty Utilities serves Northeast District customers in the Missouri counties of Clark, Lewis, Knox, Marion, Pike, Ralls and Scotland.

The ACA factor is a mechanism which tracks any over-collection or under-collection of actual natural gas costs over a 12 month period. The net over- or under-collected balances are subsequently either refunded or collected the next year.

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Annabel L. Crow, 88



KIRKSVILLE AREA NEWS BRIEFS

Hometown Holiday Festival parking information

The Kirksville Police Department would like to remind residents that there will be no parking along certain streets for Saturday's Hometown Holiday festival. The Kirksville Kiwanis Christmas Parade begins in the downtown at 5:30 p.m., and the Tree Lighting will occur at Dover Park at 6 p.m., this Saturday, Nov. 26. No parking will be in effect from 3:30 p.m. to 6:30 p.m. in the following areas: North Franklin Street from West Missouri Street to West Washington Street; West Washington Street, between North Franklin Street and North Elson Street; and North Elson Street, from West Washington Street to West Missouri Street. The Police Department will attempt to contact violators prior to the parade and may tow. For any questions, contact the police department at 660-785-6945.

Adair County Health Department December Covid-19 vaccine schedule

The Adair County Health Department continues to administer Covid-19 vaccines and bivalent boosters for residents ages 12 and older as long as vaccine supplies last. December vaccine clinic are scheduled from 2-4 p.m., Dec. 1, 6, 13, 20 and 27 at the health department, 1001 S. Jamison Street in Kirksville. To schedule a Covid-19 vaccine, call the health department at 660-665-8491. Parents of residents under age 12 should contact their child's doctor or pharmacy about getting Covid-19 vaccines.

For the first time, the Kirksville Area Chamber of Commerce, located at 304 S. Franklin in Kirksville, will be closed the week between Christmas and the New Year. The office will close at 5 p.m. on Friday, Dec. 23 and reopen on Monday, Jan. 2, 2023 at 8 a.m. You may leave a message on their machine and someone will return your call after the new year. Community members are encouraged to Shop Local and Shop Small as they kick off the annual Shop Small contest at participating merchants. Visit their website for a list of those businesses and the discounts they are offering, https://www.kirksvillechamber.com/shop-small.html and to see how to enter.

Third Annual Holiday Marketplace returns to the Sue Ross Arts Center

Kirksville Arts Association will again be hosting area artists and crafters in the Third Annual Holiday Marketplace at the Sue Ross Arts Center, located at 215 S. Franklin in Kirksville. The Marketplace opens Wednesday, Nov. 30 and will run through Saturday Dec. 10. This event, which began when the Red Barn Arts and Crafts Festival was cancelled in 2020, has grown in the number of artists and crafters who exhibit and the number of visitors to the marketplace. New this year will be a fine art sale in the Gaber Gallery in the mezzanine level of the Sue Ross Arts Center. The sale will include paintings and other unique items that have been donated to Kirksville Arts and will now be made available for purchase. The Holiday Marketplace provides an opportunity to purchase hand crafted items at affordable prices. The Sue Ross Arts Center will be open Monday through Friday 11 a.m. to 4 p.m. and Saturdays 10 a.m. to 2 p.m.

Free visits with Santa Claus

Main Street Kirksville and Downtown Cinema 8 are partnering to provide free visits with Santa Claus. Visits with Santa Claus will take place the following Saturdays in December from 10 a.m. — Noon in the lobby of downtown Cinema 8, 115 N. Elson, Kirksville: Saturday, Dec. 3, Saturday, Dec. 10, Saturday, Dec. 17. The event is open to the public. Bring your camera and be sure to capture the moment! For additional information, contact kvdowntown@gmail.com or call Main Street Kirksville's Kirk Ranson at 660-342-0208.

Breakfast with Santa tickets now on sale

Tis the season for Breakfast with Santa! Tickets are now on sale for the city of Kirksville's annual Breakfast with Santa program. This year's event will be held at Mi Casa Restaurant, located at 512 S. Baltimore Street in Kirksville. Come enjoy a delicious breakfast buffet featuring breakfast burritos, hash browns, breakfast nachos, donuts, muffins, and fruit, along with a special visit from Santa! Tickets are \$15 per person for ages 5 and up. Children 4 and under eat for

free. There are four separate opportunities for Breakfast with Santa: Saturday, Dec. 3, at 8:30 a.m. and 10 a.m., and then Saturday, Dec. 10, again at 8:30 a.m. and 10 a.m. Seating is limited, and all tickets must be purchased in advance. Tickets are available at the Kirksville Parks and Recreation office located at the Kirksville Aquatic Center, or online at parks.kirksvillecity.com. For more information, contact the Parks and Recreation Department at 660-627-1485.

Paint the Ville – Holiday Cactus

Register your first through eighth grade artist for one or all of the monthly Kid's Club events. Artists will create a masterpiece under the direction of Paint the Ville instructor, Rachel Messer. Classes are held from 5:30-7:30 p.m. at the Kirksville Aquatic Center, 801 E. Mill St. All participants must pre-register, and class size is very limited. To register your child, visit the Kirksville Parks and Recreation Office at the Kirksville Aquatic Center, or online at https://parks.kirksvillecity.com/! Each course is \$20 and all supplies are included. Featured paintings will be Dec. 8: Holiday Cactus. For more information, contact Luke Callaghan with the Parks and Recreation Department at 660-627-1485.

CAPNEMO Winter Clothing Drive

Community Action Partnership of Northeast Missouri presents a Winter Clothing Drive through Dec. 21. The drop off location is at the Community Action Partnership of NEMO, 215 N. Elson Street in Kirksville. Drop off times are Monday through Thursday, 8 a.m. to 5 p.m. All gently used items are welcomed. Help keep our community warm by donating winter coats, blankets, gloves and winter hats. For more information or arranging pickup, email athurman@capnemo.org or lplat@capnemo.org.

Adair County Public Library Book Club is Back

Join the Adair County Public Library for their 2022-23 Friends of the Library Book Discussion group. Meetings will be held in the Special Collections Room at 5:30 p.m. Talk to the front desk staff if you would like to purchase these books through the library. Cost for an entire set of the books is \$72. Jan. 10, 2023: Our First Civil War by H.W. Brands; Feb.

14: Has It Come to This? By Kimberly Tilley; March 14: Booth by Karen Joy Fowler; April 11: Tied Up in Knotts: My Dad and Me by Karen Knotts.

OATS Transit offers regular transportation services

OATS Transit offers regular transportation services for the rural general public of any age, seniors, and individuals with disabilities. Please call the local OATS Transit office at 660-415-0901 or 800-654-6287 to schedule a ride or find out about services in your area. You can also visit their website at oatstransit.org and view the local schedule under "Bus Schedules". Their offices will be closed, and regular routes will not be running on Monday, Dec. 26, and Monday, Jan., for the Christmas and New Year's holidays. Please keep this in mind as you schedule trips near these holidays.

Kirksville Area Chamber of Commerce Shop Small Season

From Nov. 26 until Dec. 31, when you spend \$10 or more at participating locations, you can fill out a shopped small ticket, drop it in the Spend \$10 Box, and enter to win. Grand Prize is a large gift basket made up of items donated by participating locations. Each item is worth at least \$10 or more in value. Last year's basket was worth over \$200. Second and third prize winners will also win smaller gift baskets of donated items and gift cards. Last year's baskets were worth \$150. As a thank you to participating business, the business name on the winning shopped small tickets will win \$25 in Kirk\$ville Ca\$h. As a thank you to shoppers from participating businesses, specials and deals are being offered during this event, from discounts on items and gift cards to BOGO sales, local businesses are ready to save you money on all of your holiday needs. In early January, they will collect the boxes containing entries and combine all of the tickets into one big drawing. On Jan. 6, the Kirksville Area Chamber of Commerce will draw three Shop Small tickets and declare the Shopped Small winners.

Truman State University Art Gallery Exhibit

The Motion of the Crowd – Gregory Rick and Ryan Fontaine in Conversation- The Motion of the Crowd will combine

Gregory Rick's large-scale paintings with Ryan Fontaine's kinetic sculptures. Rick's narrative paintings explore his personal experiences and the contemporary moment in the sprawling context of empire and colonization. The sounds and atmospheric effects of Fontaine's kinetic sculptures provide multi-sensory layers to the dynamic scenes. Rick recently completed his MFA at Stanford University, winning a Dedalus Fellowship and SFMOMA's SECA Art Award. The exhibition is organized in collaboration with HAIR + NAILS Gallery in Minneapolis, run and curated by Ryan Fontaine and Kristin Van Loon since 2016. The event will run through Dec. 1.

Adopt-A-Child sign up open through Dec. 2

The annual Adopt-A-Child Christmas Program is designed to provide a special Christmas gift for more than 300 children in Adair County, 0 to 16 years of age, who otherwise might not receive a gift. Sign up for Adopt-A-Child runs through Dec. 2. You can do so at the Salvation Army, 1005 W. Gardner Street, on Monday, Wednesday and Friday, from 9 a.m. to noon by calling 660-665-7885, or via Facebook Messenger at facebook.com/TSAkirkville. Only the child's legal guardian may apply. Please provide proof of address, income, and ID, which are required for eligibility. Adopt-A-Child is sponsored by the city of Kirksville, 93.7 FM KTUF, and the Salvation Army. For more information, contact the Fire Department at 660-665-3734.

Missouri Route 149 in Macon County to close for bridge maintenance

Weather permitting, Nov. 28, MoDOT crews will be performing bridge maintenance on Missouri Route 149 in Macon County. The road will be closed at Route J to Bighorn Street between 8 a.m. and 4 p.m. Motorists will need to use alternate routes for closures during these times. Signs and message boards will be in place to alert motorists, as all work is weather dependent, and schedules are subject to change. For more information on this and other roadwork in your area, you can visit us online at www.modot.mo.gov/northeast, or call our customer service number at 1-888 ASK MoDOT (275-6636).

Gov. Mike Parson picks staffer to replace Eric Schmitt as Missouri attorney general

The governor is picking a new attorney general for the second time, after Eric Schmitt won a seat in the U.S. Senate

By Jason Hancock Missouri Independent

A top staff member in the governor's office will be Missouri's next attorney general. Andrew Bailey, 41, who has served as general counsel for Gov. Mike Parson for the last year, will replace Attorney General Eric Schmitt, who was elected to the U.S. Senate earlier this month. Bailey will complete Schmitt's term, which ends in 2024. Parson made the announcement Wednesday morning before the Thanksgiving weekend. According to the governor's office, Bailey has roughly eight years of professional experience as an attorney, including stints working as an assistant prosecuting attorney in Warren County and as an assistant attorney general. His previous jobs in the Parson administration were as deputy general counsel for the governor and general counsel for the Missouri Department of Corrections. He is an army veteran that was awarded two Army Achievement Medals, an Army Accommodation Medal, a Combat Action Badge and two Bronze Star Medals for his service. Bailey has never held elected office. "My entire career has been defined by public service, and now I'm

ready to continue that service as your Attorney General," he said, "where I will work tirelessly to earn your trust and never stop fighting on your behalf." Bailey has been Parson's top choice for the job all along. But his appointment has not been greeted by universal support among Republicans. On Tuesday, Jackson County Republican Chairman Mark Anthony Jones sent a letter to the governor on behalf of his organization begging Parson not to appoint Bailey. "PLEASE DO NOT appoint Andrew Bailey as Attorney General for Missouri!!" the letter said. "He has little experience in the attorney general's office, and what he has is from Democrat Chris Koster's office. He has only been an attorney for eight years. There MUST be other choices." The governor spoke with other potential candidates — former U.S. Attorney Tim Garrison, Cole County Judge Chris Limbaugh, former state Sen. Kurt Schaefer and state Sen. Tony Luetkemeyer —but never wavered from Bailey. On Wednesday, Bailey pushed back on any suggestion he doesn't have the needed experience to be attorney general. "I'm battle tested," he said, "and I am ready for this job." Parson said one of his top considerations on who to appoint was stability in the office that has seen the last two incumbents leave for higher office.

"Stability was critical when considering the next attorney general," Parson said. Bailey vowed to run for the office in two years. Parson said Bailey was critical to much of the governor's agenda over the last few years, pointing specifically at efforts to "end elective abortions in Missouri." and "strengthen the Second Amendment protections." He also gave Bailey credit for efforts the governor's office has made to close over 2,000 clemency files and fill more than 100 judicial openings. In the weeks leading up to the announcement, The Independent and other media have filed requests under Missouri's

Sunshine Law for access to records documenting internal discussions with Bailey about the appointment. The office has said the records may not be turned over until January, after the new attorney general will already be sworn into office. Kelli Jones, Parson's taxpayer-funded spokeswoman, has ignored inquiries about the records requests and whether the governor would consider expediting the release of those records. Asked about whether the governor's office should release the records quickly, Bailey didn't answer directly, saying "the people out there absolutely deserve a government that is responsive and transparent."

During his tenure with Parson, Bailey has kept a relatively low public profile. His closest brush with headlines came after records revealed he helped craft talking points the governor's office used to advocate for the criminal prosecution of a journalist who uncovered a security problem in a state website. The reporter discovered a security flaw that left more than 500,000 teacher Social Security numbers exposed. Parson accused the reporter of being a hacker. Bailey helped come



Andrew Bailey

up with the governor's argument that the reporter engaged in illegal hacking because he took "eight separate steps" to get the Social Security numbers. According to Bloomberg News, one of the eight steps included opening a new tab in Google Chrome.

See ATTORNEY, Page A5

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KIRKSVILLE LIVESTOCK LLC

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www.kirksvillivelivestock.com

Special Feeder Cattle Sale Monday, November 28, 2022 * 11:00 a.m.

- Shane Linhart - 150 Blk & Red str & hfrs, some weaned, balance unweaned, 2 & 3 round shots, 450-600#
- Anthony Linhart - 70 Blk str & hfrs, 2 round shots, 70 days weaned, 450-600#
- Matt Greathouse - 80 RRWF & mix styrs & hfrs, 2 round shots, 500-625#
- Turner & McElroy - 70 BBWF & Red str & hfrs, 1 round shots, 450-550#
- Curtis Sidwell - 60 Blk str & hfrs, 1 round shots, 550-650#
- Elsie Wybrant - 18 Blk str & hfrs, 1 round shots, 500-600#
- Al Ashmead - 83 BBWF hfrs, 2nd round shots, 80 days weaned, 650-700#
- David Mohr - 45 BBWF & RWF str & hfrs, 1 round shots, 80 days weaned, 450-550#
- Mark McIntyre - 10 CharX str, 1 round shots, 30 days weaned, 650-750#.
- Mary Melvin - 40 Blk str & hfrs, 2nd round shots, 450-550#
- Steve Toohill - 25 Blk (few color) str & hfrs, 2nd round shots, 60 days weaned, 450-550#

Check website for updated listings: www.kirksvillivelivestock.com

We are open on Sunday to Receive Your Livestock "Your Business is Very Much Appreciated" "Proud to Serve Area Livestock Producers" For more information or Someone to Look at your Livestock Phone:

Patty Foster, Office Manager - 660-665-9804 Chuck Ambrosia - 660-342-3530 Luke West 620-215-5770 Mark Herbold - 515-720-8667 - Al Ashmead - 660-216-8730 Jeremy Jarman - 660-341-9879 - Daniel Smith - 660-341-8396 Caleb Randolph - 641-919-8539 - Doug Fleshman 660-626-7148

COLUMN

\$50 safety pin

I would have been a perfect contestant for “Let’s Make A Deal”. Not because I like to trade doors for boxes. And not because I want to dress like a housewife in pink sponge curlers (the most common costume, as I recall).

No—I have a special talent that would have wiped the smug smirk from Monty Hall’s face and forced him to peel “Twenty-Forty-Sixty-Eighty...ONE HUNDRED!” dollars from his wad of bills if I were chosen to play one of the audience quick-money purse searches.

After years of practice and lots of kids, I am the proud owner of the world’s junkiest purse. It wasn’t something I planned or had to work hard to accomplish. All I had to do was carry my purse around. It filled itself up.

In my earlier days, I could take off for town with a cute little wallet. Checkbook, driver’s license. Maybe a couple dollars shoved in my back pocket. Off I flew, light as a billfold and capable of navigating through my day with calm security.

But that didn’t last long. Children burst from my body, and my little wallet couldn’t hold the pacifiers, toys, baby wipes, and photos that were included in the deal. I bought my first “real” purse, and was amazed at how much stuff I could fit inside.

Now I had room to bring along lots of extra things. Maybe I wouldn’t need ‘em,

but I had ‘em if I did. There were church things (pencils, paper, gum, Lifesavers, Kleenex). Important papers (immunization charts, emergency numbers). Items to protect baby (Band-Aids, Bactine, tweezers).

Before I knew it, I had an entire daycare’s supply of goodies in my purse. They fell to the bottom, along with the odd change that jangled there. The weight of my purse increased in direct proportion to my child’s weight; I carried one on each shoulder and was perfectly balanced.

The kids grew. School needed Room Mothers with big purses to bring things for parties. I could do that. My purse was huge by then, the size of an American Tourister Carry-on.

There were all kinds of pockets and sections I could fill with cotton balls and plastic spoons for relay races. Balloons and crepe paper for decorating. And still have space for the camera to record every priceless second.

I carried food in collapsible cups on car trips. Washrags in sandwich bags for carsickness, and little bottles of Airwick for car freshening afterwards. I was ready for any emergency and—like a stage magician—there was nothing I couldn’t produce from my bottomless purse.

My fingertips became as sensitive as a safecracker’s. In the dead of night, I could plunge my hand into zippered pockets and find anything I



ROBIN GARRISON LEACH
ROBIN WRITES

needed. Like the Metal Claw game at the carnival, I hovered. Grabbed. And whisked the item into my lap without missing a beat.

“Let’s Make A Deal” is back on, without the magic of Monty to make it the frenetic fun it was. But if I ever go to Hollywood, I’m ready.

Need a fuzzy butterscotch Lifesaver? I’ve got one! What’ll ya give me for a half-dozen pens whose combined total ink could maybe write a single word? Need some confetti-shredded scraps of nameless phone numbers?

I have an AA battery that is ALMOST dead. A coupon for 25 cents off Cheez-it crackers (maybe expired by now). And I’m pretty sure I’m carrying a couple ketchup packets and a pile of leaking salt packets.

Watch for me. I’ll be the wild woman wearing an old bathrobe and clawing at Wayne Brady’s stylish sports jacket, yelling, “GIMMEE FIFTY DOLLARS! I HAVE A SAFETY PIN/SPOON/COMPASS/UNPAID BILL/HALF-EATEN CANDY BAR...RIGHT HERE IN MY PURSE!!”

Contact Robin at
robinwrites@yahoo.com

COLUMN

A lesson on turkeys

Happy Thanksgiving, world! One of my favorite days, but I couldn’t tell you why ... exactly. Oh, it’s time to get the clan together around the table and compliment Grandma on how yummy the world’s dumbest bird is this year, like always.

The complete stupidity of the turkey is legendary. Of course, they have been domesticated since Miles Standish was in Pampers, and domestication gave them large breasts but didn’t help the thinking process much. You know, like some actresses we could name.

And of course, there is the family entertainment. We get to check out the elderly uncle to see if he’ll tell the same stories as last year and if he can keep cranberry sauce off his white shirt. It’s always fun to tease old folks, of course, because since I happen to BE the old folks these days, it sometimes hits close to home.

Some Native American tribes referred to November as the Hunger Moon. Sure has seemed to be that way for a lot of the people I know. Folks who don’t have a nine-to-five like smart



SLIM RANGLES
HOME COUNTRY

people have. Outdoor-type folks just have to tolerate November until Thanksgiving, because then it’s okay to consider the remainder of November to be “almost December.”

Did you know that domesticated turkeys can’t reproduce without help? Yep. The tom turkey is now so heavy if he tried the traditional method on a hen he’d break her legs. Turkeys have to be bred artificially.

But fat or stupid or not, the turkey deserves our respect for one thing at least. There have been some changes over the past 250 years. There are today more turkeys in America than there are Pilgrims.

Has turkey become boring?
Here's one alternative. <https://www.townandcountrymag.com/leisure/g41429719/easy-thanksgiving-cocktails/>

LETTER

Write-in campaign

We are delighted to support your unofficial results of the November 12 recent elections, with some further information in gratitude for our supporters.

Because we are further hereby pleased to complement these unofficial results of the November 8th contest in that last issue by reporting the official result thanks to our good friend Democratic Clerk of the County Sandy Collop as given to us by her number #2 deputy last Tuesday, November 15.

In the contest for state legislature House of Representatives seat #3, there were 146 write-in votes which will be entered into the official record with TSU professor Dr. Betty L. McLane-Iles the big beneficiary, in thus offering otherwise uncontested GOP incumbent Busick a real choice, with leaflets delivered by the first of us in most TSU departments, and a huge swath of apartment blocks going from approximately Dodgson Street to ATSU apartments alongside the hospital complexes. All insuring in just two weeks and around \$50 expenditure that the pro-choice pro-gun-control anti-election-denier and LGBTQ platform against Mr. Busick’s known views on these positions was properly and explicitly upheld. Young people and women voters in particular were strongly interested, as they were in the other contested four legislative party-contested elections.

We draw from our rather exhaustive but happy experience the following

deductions which we know will be debate-welcomed by the many of the TSU Political Science professors of all ideologies who kindly supported explicitly our humble effort. One, it is essential that particularly the Democratic Party put forth a proper full candidacy for any such vacancy anywhere with credible local candidates if they are to have any integrity and viability in their otherwise just claims against GOP election deniers of your and our votes. Two, it really is high time as the citizens of Michigan in the USA and British Columbia in Canada have locally demonstrated that there be set up truly independent commissions to stop gerrymandering grotesquely of election boundaries and thus costs.

It is monstrous that when Mexico Mayor Dr. A. Shivers took on the neighboring Senate District, she had to somehow find the funds and time to cover nearly one hundred miles and three towns, Kirksville, Macon and Moberly, all of which should have at least three seats and not the one manipulated to support one rural-minded GOPer representative. Until we have democracy in the truer sense, even Election Day freed-up classes will not suffice to give you the future generations the chance to get your views really expressed as much as we sixty and seventy years olds have ours overexpressed at the present too-rigged time.

Larry and Betty Iles,
Kirksville

KIRKSVILLE AREA CALENDAR OF EVENTS

Celebrate the season with Kirksville’s Hometown Holiday

It’s almost time to get in the holiday spirit with Kirksville’s Hometown Holiday, scheduled for Saturday, Nov. 26. Some of the city’s favorite traditions return, along with some new events and activities for people to enjoy. Get a head start on your shopping by visiting local businesses as part of Small Business Saturday from 10 a.m. to 8 p.m. Waiting at Dover Park is a new tree fixture created by local artist Brandon Crandall. The Fouch Family, former owners of Fouch’s Christmas Tree Farm, serve as this year’s parade grand marshals. They will flip a switch at 6 p.m. to light up the trees. After that, several activities will be going on around the square from 6:15 p.m. to 8 p.m. Stop by Pickler’s Famous to grab some cookies and get your picture taken with Santa. Enjoy Living Windows in several storefronts. And hot chocolate stations will be setup on the square.

Kiwanis Christmas Parade

The Kirksville Kiwanis Christmas Parade returns as part of Kirksville’s Hometown Holiday celebration in downtown Kirksville. The 11th annual parade will be held Saturday, Nov. 26 at 5:30 p.m., starting along Franklin Street and traveling around the Square. The theme for this year’s parade is “Winter Wonderland!” In lieu of an entry fee, the Kiwanis Club of Kirksville asks parade participants to donate new children’s mittens, gloves, hats, coats, and scarves. This warm clothing will then be donated to children in need in the community. Parade-goers can also bring warm children’s clothing to the parade, which will be collected along the parade route. There is still time for local groups to sign up for the parade. Email kirksvillekiwanis@gmail.com for registration information. The deadline is Monday, Nov. 21. If you are part of a local business, organization or group, then enter a float in the parade.

Major announcement by USDA Rural Development regarding funding application

On Monday, Nov. 28 at 11 a.m. at the Milan Community Center, 205 N. Market Street, the North Central Missouri Regional Water Commission (NCMRWC) will host USDA Rural Development (USDA RD) who will be on-hand to make a major announcement regarding a funding application that was made by the NCMRWC. While the details of the announcement are not known, the NCMRWC applied for a loan and grant package that would refinance existing bonds, pay for water plant enhancements, cover certain elements of

the Roy Blunt Reservoir construction and provide the final loan to finish construction that will be serviced by the NCMRWC and the state of Missouri. State and federal executives and elected officials will be on-hand for the announcement, along with Kyle Wilkens, Missouri State Director of USDA Rural Development.

NRMC and ATSU to hold Covid-19 Memorial Service, Tree Dedication

A.T. Still University (ATSU) Still OPTI Well-Being Committee and Northeast Regional Medical Center (NRMC) are hosting a Covid Memorial Service and Tree Dedication at 6 p.m. on Nov. 29 at Denslow Park. The event is being held in remembrance and honor of loved ones lost in the Covid-19 pandemic. The Reverend Dr. Maria Evans, will provide a welcome and remarks at the event. Dr. Evans is the laboratory medical director at NRMC. Members of Kirksville and surrounding communities are invited to attend the event. Denslow Park is located between NRMC and ATSU. In the event of inclement weather, the service may be relocated to the lower level lobby outside of the NRMC cafeteria. The event is free and open to the public.

Socket Ribbon Cutting

Join the Kirksville Area Chamber of Commerce at El Kadir Shrine Club, 2401 S. Baltimore Street, Kirksville, to celebrate the expansion of new chamber member “Socket” into the Kirksville area. The ribbon cutting ceremony will take place at 11 a.m. on Wednesday, Nov. 30.

Third Annual Holiday Marketplace at Sue Ross Arts Center

Kirksville Arts Association will again be hosting area artists and crafters in the Third Annual Holiday Marketplace at the Sue Ross Arts Center, located at 215 S. Franklin in Kirksville. The Marketplace opens Wednesday, Nov. 30 and will run through Saturday Dec. 10. This event, which began when the Red Barn Arts and Crafts Festival was cancelled in 2020, has grown in the number of artists and crafters who exhibit and the number of visitors to the marketplace.

‘Christmas on the Radio: Miracle on 34th Street’ – Curtain Call Theatre

Enjoy this Christmas classic with voice acting and live sound effects in a 1940s style “radio broadcast.” Dec. 2, 3, 9, 10 at 7 p.m. each night. Tickets are \$12 and on sale at Hy-Vee or at the door. Curtain Call Theatre Building, 512 W. Elizabeth Street, Kirksville.

Hospice of Northeast Missouri presents ‘Dealing With Grief During the Holidays’

The holidays are generally perceived as “the most wonderful time of the year.” But for those who are facing grief after the death of a loved one, the holidays may instead be a time filled with pain and sadness. Even those for whom grief is not as fresh, the holidays may serve as an annual reminder of the loss—not only of that person, but of tradition and celebration. If you are struggling to figure out how to celebrate this holiday season without a loved one or if you are supporting someone who is struggling join us for this free seminar. The free seminar will take place from 12:30 – 1:20 p.m. on Dec. 14, at the First United Methodist Church on 300 E. Washington St. in Kirksville. Attendees are asked to enter through the South door. Questions about the free seminar may be directed to 660-627-9711.

Missouri Livestock Symposium

The Missouri Livestock Symposium, the premier educational event and trade show for livestock producers, will be held on Dec. 2-3 at William Matthew Middle School, 1515 S Cottage Grove in Kirksville. The trade show opens on Dec. 2 at 4 p.m. and there will be a free supper at p.m. If you’re serious about livestock production, don’t miss their lineup of nationally-known speakers covering timely topics, and their large agricultural trade show. There’s no cost to attend and no pre-registration required. Just show up and enjoy their educational programs, trade show and free meals. If you’re interested in becoming a sponsor of this event or would like to have a trade show booth, call the Adair County MU Extension Center at 660-665-9866.

Kirksville Area Chamber of Commerce After Hours

The Kirksville Area Chamber of Commerce will host an After Hours 2022 Holiday Celebration on Thursday, Dec. 15 at 5 p.m. The event will be sponsored by Alliant Bank and catered by Wooden Nickel, Dan Vogt family. Music will be performed by Randy Smith. Additional parking will be available in Lincoln Square with a shuttle escort provided for guests.

Winter Ball to be held at Moose Lodge

Restoring Hope and The Excel Day Program invite you to the Winter Ball on Thursday, Dec. 15. The Ball will be held at the Loyal Order of the Moose Lodge (2405 E. Illinois St., Kirksville) from 5-8 p.m. with a meal served from 5-6 p.m. Semi-formal attire is encouraged! RSVP by Friday, Nov. 18 to Veronica (660-341-3940) or Kristin (660-216-5698).



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SUBSCRIPTION RATES* (by mail within the state) Wednesday, Saturday home delivery+digital access

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1 year	\$223.34

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OBITUARIES

Annabel L. Crow

Jun 12, 1934 – Nov 21, 2022

Annabel L. Crow, 88, of Kirksville passed away Monday, November 21, 2022 at Northeast Regional Medical Center.

The daughter of Jim and Grace Long, she was born June 12, 1934 in Lebanon, Missouri.

Annabel is survived by her step daughter, Sherri Green of Kirksville; two grandchildren, Jeffrey Crow and Tonja Green Schlessman and husband Donnie; four great grandchildren, Trevor Crow, Matthew, Ezra and Leanna Schlessman; and two special friends, Melissa Herleth and Marsha Stewart.

She was preceded in death by her parents; her husband, Gerald in 2018; and one step son, Larry Edwin Crow in 1969.

Annabel was born and raised in Missouri. She graduated from LaPlata High School in LaPlata, Missouri. She was working at the KOH Pharmacy in 1963 when she met Gerald Crow. They were married July 27, 1964. For 54 years she was a devoted wife to Gerald, always by his side. Along with Gerald she was an active member in the Moose organizations. She was a life member of Women of the Moose Kirksville chapter #824 and the Kirksville Moose Lodge#1751. She was recently recognized for 55 years of service in many capacities.

In her early marriage she rode with him on his Harley Davidson motorcycle. They enjoyed many years of traveling with their camper to Concordia. When Gerald drove a school bus, she was an aide on the little bus. She was skilled in gardening and working right along with Gerald, helping with the yardwork and mowing.

Visitation will be from 1:00 to 2:00 p.m. Friday, November 25, 2022 with funeral service at 2:00 p.m. at Davis-Playle-Hudson-Rimer Funeral Home. Burial will be in Park View Memorial Gardens.

In lieu of flower memorials are suggested to Mooseheart or Hazel Creek Church.

Arrangements in the care of Davis-Playle-Hudson-Rimer Funeral Home; www.davisplaylehudsonrimer.com.



What you need to know about buying recreational marijuana in Missouri

By Meg Cunningham
Missouri Independent

This story was originally published by the Kansas City Beacon.

On Nov. 8, Missourians voted “yes” on Amendment 3, which legalized recreational use of marijuana, meaning you’ll now be able to buy weed, like marijuana flower or edibles, in the coming months.

Starting Dec. 8, the state will begin transitioning its medical marijuana licenses to recreational licenses, but that doesn’t mean that you’ll be able to walk into a dispensary and buy cannabis flower right away. The transition process will take until February, according to the Missouri Department of Health and Senior Services, the agency that manages the state’s marijuana industry.

The transition process can get complicated, so The Beacon compiled a list of frequently asked questions about the process.

The state is accepting public feedback on the rules for the recreational program until Nov. 25.

Q: When can I buy legal weed in Missouri?

A: Recreational marijuana should be available by early February 2023. The DHSS will start accepting requests to transition medical facility licenses to full recreational facilities



on Dec. 8, and it will have 60 days to approve those changed license requests.

You’ll be able to walk into a dispensary with your ID (to prove you are over 21) and leave with cannabis flower, edibles, prerolls or vapes.

Q: How much marijuana can I have?

A: Amendment 3’s language allows for consumers to have three ounces of dried marijuana flower or its equivalent.

Q: Will I be able to grow my own at home?

A: Yes. Under Missouri’s medical marijuana law that passed in 2018, Missourians were granted the ability to grow their own cannabis at home if they registered as a patient cultivator.

DHSS will start accepting applications for personal cultivation for recreation as soon as Feb. 6. Once applications are

accepted, Missourians 21 and older can cultivate marijuana for personal, noncommercial use at an enclosed and locked facility at their homes. Those licenses cost \$150 and are valid for three years.

Missourians will be allowed to have six flowering plants and up to 18 non-mature plants.

Q: Am I allowed to smoke marijuana in public?

A: Unless there is a dedicated smoking area for public consumption of marijuana, smoking in public could still make you subject to a civil penalty and a fine of up to \$100.

Q: Do I still need my medical marijuana card if I don’t use cannabis recreationally?

A: No, you don’t need to keep your medical marijuana card, but you can. As of Dec. 8 of this year, all approved medical marijuana cards will be valid

for three years. Current medical cardholders will stick to their existing expiration dates. Cards are valid for three years upon the card’s next renewal.

Q: Do I still need to renew my medical card to keep patient status?

A: Yes, you’ll have to get approval from your physician to submit a patient renewal application. But under the new law, you’ll only have to get your card renewed every three years, instead of every year as the law currently stands.

Q: Do I need a patient card if I am going to grow for myself at home for medicinal purposes?

A: Yes, you’ll need a medical marijuana card if you’d like to become a patient cultivator for yourself at home.

Q: Are there fees I should know about?

A: Yes, if you’re still a medical marijuana cardholder or caregiver, renewal and application fees are \$27.76 each, but will only need to be renewed every three years. If you’re a patient cultivator, new application and renewal fees are \$110.99.

The Kansas City Beacon is an online news outlet focused on local, in-depth journalism in the public interest.

STEEL

Continued from Page A1

Its intercultural perspectives prerequisite course, “Steelpan Music of Trinidad and Tobago,” was created in the fall of 2012, following Bump’s research sabbatical to the birthplace of the steel drum. Celebrating its 10th anniversary, Truman Steel continues to grow in size and attracts interest from students, faculty and the surrounding northeast Missouri community. International guest pan artists who have performed and worked with the ensemble have praised the band for its authentic roots in the origins of pan while exploring new arrangements in non-traditional genres.

Admission is free but tickets are required. Tickets can be obtained at the ticket window in Baldwin Hall the night of the event, or they can be reserved in advance at the Sue Ross Arts Center in downtown Kirksville, the Advancement Office in McClain Hall 205, the Admissions Office in the Ruth W. Towne Museum and Visitors Center or the Union and Involvement Office main desk in the Student Union Building.

For additional information, visit lyceum.truman.edu, call (660) 785-4133 or email lyceumseries@truman.edu.

LIBERTY

Continued from Page A1

Liberty Utilities’ ACA includes costs associated with the February 2021 Cold Weather Event (Winter Storm Uri) which had a significant impact on certain natural gas prices. Last November, the Missouri Public Service Commission approved a request filed by Liberty Utilities extending the ACA recovery period in the Northeast, West and Southeast Districts from 12 months to three years, thereby spreading the costs from the February 2021 Cold

Weather Event over a longer period of time to mitigate the impact on customer bills.

The cost of natural gas from wholesale suppliers generally makes up approximately 50 to 55 percent of a customer’s total monthly natural gas bill. The wholesale cost of natural gas (the cost your local natural gas company must pay to its suppliers for natural gas) is not regulated by the Missouri Public Service Commission. The wellhead cost of natural gas is unregulated and is primarily driven by supply, demand and the weather. The Missouri Public Service Commission

does conduct an annual regulatory review to ensure that regulated natural gas companies make prudent decisions in securing natural gas supplies for their customers.

What you can do to help manage your utility bill:

- Add attic insulation if necessary.
- Place weather stripping around doors, use plastic film covering and caulk windows to keep heat from escaping from your home.
- Change or replace furnace filters each month when dirty.
- Have your chimney

checked for blockage.

- Close fireplace dampers when the fireplace is not being used.
 - Have your heating system checked and tuned-up if needed.
 - Place an approved insulated cover-jacket around the hot water heater.
 - Consider getting professional help for any projects that are beyond your capabilities. · Contact your local utility company to ask about energy saving tips and programs.
- Liberty Utilities serves approximately 52,500 natural gas customers in Missouri.

ATTORNEY

Continued from Page A3

That effort by the governor’s office was widely panned, and a 158-page investigative file produced by the Missouri State Highway Patrol and Cole County prosecutor showed no evidence of anything that even resembled computer hacking.

Asked about the push to prosecute a journalist Wednesday, Bailey stood behind the office’s strategy though acknowledged “the issue has been resolved and put to bed.”

Bailey’s appointment marks the second time Parson has selected a new attorney general. Schmitt got the job in 2018, after then-Attorney General Josh Hawley was elected to the Senate.

“Few Missouri governors have had the opportunity and responsibility to appoint an attorney general on the behalf of the people of Missouri once,” Parson said, let alone twice.”

Parson will also have to pick a new state treasurer. Scott Fitzpatrick, who was appointed treasurer in 2018 and elected to a full term in 2020, won the race for state auditor on Tuesday.

HOPE

Continued from Page A1

Kenna Snipes, Emma Honn; Marty and Tena Yadon; Robert and Jane Dager; Dr. and Mrs. W. E. Stock. Bob and Hilary Giovannini, David Giovannini and Annette Kenney, John Giovannini and Tinley Giovannini, Hunter Giovannini, Bri Schimanski, Andrew Giovannini, Beth and Bobby Poston, Dillon, Monika, Claire and Anna Poston, Travis and Angela Poston, Katy Poston and Brayton Glaspie, Mary and Charles Giovannini; Richard Crawford and Family; Bill and Mary Kay Crnic; Jerry Finding Family; Scott and Heidi Templeton; Phillip and Pamela Ryan; John and Jack Settlege. Jim and Carroll Snyder; Bonnie McCollum; Gene and Karen Croarkin; Wayne and Jane Lovstuen; Su-

san Limestall; Heinz and Mary Lou Woehl; Janet White in memory or Raymond “Ray” White, Robert “Bob” Goodwin and Charles and Ida Gregg; Ron Mikel in memory of Geraldine Mikel, Jon and Carolyn Schwartz, John, Kelli, Garrett, Gracie and Grant Henry, Jerry and Sharon Bunch, Scott, Robin and Kelsey VanWye, Bill and Marla Goring, Troy, Mardi and Mia Smith; Marilyn Gibbons; In memory of Tom “T.K.” Murphy, Carole Murphy, Alan and Sheila Hubbard, Austin and Alyssia Hubbard-Thompson, Deegan Thompson, Korbin Thompson, Justin and Trinity Hubbard-Day, Brees Day; John and Ronna Mihalovich.

Total for this week is \$754. Total collected this year is \$2,990.

Since the Daily Express began organizing the fundraiser in 2001, it has

raised more than \$136,000 for the kitchen. Last year’s fundraiser raised more than \$4,100. That money goes directly into feeding folks who need it. Approximately 150 meals are made each time and they are available for pickup or delivery.

The kitchen began in 1999 when Kirksville High School students Rachel Higgins and Megan Lesczynski started the volunteer effort. Today, more than 100 ATSU students volunteer to cook, man the phones taking orders and delivering the meals.

To donate, people can bring a check to the Daily Express office, located at 701 E. LaHarpe Street, Suite C. Money can also be mailed to “The Kirksville Daily Express,” PO Box 809, Kirksville, MO 63501 or ATSU (800 W. Jefferson Street), with “ATSU/Hope’s Kitchen” in the address line.

And there is also a PayPal link on the kitchen’s website (hopes-kitchen.com). Donations are tax deductible.

With a minimum donation of \$1, donors can have their names published in each week’s

Daily Express fundraising summary, as well as in a giant Christmas card that will appear in the Dec. 24 Daily Express, so include your name, business or organization when you donate and include at least \$1

for each name you would like to see published. The list for that card will be finalized on Dec. 16.

For more info about Hope’s Kitchen, contact them at 319-883-0123 or email them at hopeskitchen@atsu.edu.

Embracing Local History Part 26 - EARLY SETTLER, DAVID ELY, CHAPTER II

By Blytha Ellis, President
Adair County Historical Society and Museum

In our last episode, we learned about David Allen Ely (1815-1886) who settled in Adair County in 1840. He had temporarily left nine years later to become a 49er in the California Gold Rush, leaving his slaves and his pregnant wife, Maryann, to manage his Adair County farm by themselves. This was in addition to caring for his five children.

David and the men he hired to work for him in California were, unfortunately, not successful at striking it rich. However, David, who always had a keen eye for good farm land, spent some of his time looking over property in this frontier along the Pacific Ocean. Since he still had money with him, David purchased land in the rich agricultural area around Salinas, California. David then returned to his home in Missouri with little money left. He would one day, many years later, go to live on his California land and purchase more.

David arrived home in the fall of 1852, still a young man at thirty-seven years old. Could he re establish himself in Missouri? Rebuild his wealth in Adair County? Yes, he could, and he did.

In 1852, David purchased a farm six miles north of Kirksville near what we now know as Sublette. Before the Gold Rush, the Elys had lived near the Chariton River where bottom lands were easily watered by the river. Now, they were moving into prairie land where it has been said only the bravest attempted to settle because of the difficulty of obtaining water except from rain, small streams or springs. But, hard work, wise planning and perseverance made their home on the prairie prosperous.

David Ely dealt extensively in real estate, buying and selling and making a profit. At one time, he owned 5,000 acres of land and was the largest taxpayer in Adair County. David became interested and active in many affairs of the county. He was involved in several progressive movements. Often, important councils were held in his home.

In 1853, David was appointed as a member of the Adair County Court. In 1856, he was elected to that body, serving until 1864. In 1875 when the County Court consisted of judges elected by townships, he was chosen from Polk Township. In 1877 after a reorganization of the court to consist of three judges, David was elected to a two-year term. His entire period of service on the Adair County Court covered fifteen years. As David became more prestigious in the community, he became known in a more formal way as D. A. Ely.

In 1857, a man named William Thomas Baird came to Kirksville from Kentucky. He would later become a well-known banker, but he started out as a school-teacher. He was first hired at a school in the D. A. Ely District. The school, located in a hickory thicket, was a log structure with a puncheon floor and split log seats. Of course, the Ely children attended this school. Later, the Ely children were involved in literary societies, debates, orations, mock trials and the highest forms of local education known in that day.

Because of David Ely's honesty and integrity, his hardworking and adventurous nature, entrepreneurship, and interest in community affairs, he became a trusted and well-respected citizen of Adair County. When the Bank of St. Louis was looking to start a branch bank in Kirksville in 1859, David Ely was appointed as President of that banking board. William T. Baird, the schoolteacher, was hired as the bank clerk. In 1865, this branch bank was closed, and another banking company took over. They made Mr. Baird the manager, and he would later become bank president.

By the 1860 census, David Ely's holdings had increased substantially over the 1850 census. He was 45 years old and he and Maryann had 7 children in the home. Their real estate was valued at \$15,000 and personal property at \$13,000. The 1860 Agricultural Schedules for Adair County showed David Ely as owner of 480 improved and 200 unimproved acres valued at \$9,600. Machinery was valued at \$1,015. He had 23 horses, 2 mules, 8 milk cows, 8 working oxen, 24 other cattle, 20 sheep and 80 swine, all together valued at \$2,335. The farm produced 5,000 bushels of Indian corn, 60 pounds of wool, 18 bushels of peas and beans, 50 bushels of Irish potatoes, 10 bushels of sweet potatoes, 700 pounds of butter, 100 tons of hay, 50 bushels of grass seed, and 30 gallons of molasses. David owned seven slaves at this time.

A man named Joshua Ely Briggs wrote of his experiences in A Pioneer Missouri-an when he was in his 80s. He twice drove



mules to California. Of the 1864 trip, he wrote, "We went through Adair County to Kirksville, out to Dave Ely's, and camped on his farm. Dave Ely was kinfolk of mine. He had lots of land and lots of money. I never saw so many barns and stables on any one place before in my life."

By 1870, David Ely's real estate was valued at \$50,000 and his personal property at \$10,500, very large sums for those days.

In 1872, D. A. Ely was elected President of the Board of Directors of the Masonic Association. They were involved in building a Masonic Hall at that time which was dedicated in 1873. By that time, D. A. Ely held the office of "Grand Architect." Also in 1873, D. A. Ely was President of the Agricultural Board of the Adair County A. & M. Association.

In September 1873, a local newspaper reported that Judge Ely had purchased machinery for his cheese factory, which would be able to process the milk of 600 cows. He planned to have a building erected by spring for this operation. At the first of April 1874 it was reported that Judge Ely had purchased the engine, boiler, vat, etc. for his cheese factory near Sublette which would be going "full blast" by the first of May and could handle the milk of 1,000 cows.

In 1875, the County Court authorized D. A. Ely as their agent to transfer stock from one railroad to another. In July 1875, D. A. Ely was one of six named from Adair County by the Missouri governor as honorary members of the State Board of Centennial Managers for the celebration of the American Centennial. D. A. was later appointed to a local committee to furnish samples of Adair County coal for the centennial exhibit. David reportedly mined "excellent coal" on his property. In 1875 and 1876, D. A. Ely was the trustee of Polk Township of Adair County and, therefore, an associate judge of the County Court.

D. A. Ely was also involved in politics. At one time, he ran for and lost the election as state representative. Although he was often described as a "leading" and "respected" citizen of the community, it did not stop individuals and newspapers from other political parties taking pot shots at him and criticizing his opinions.

In 1883, David purchased 2,400 acres in California and returned to the place where he had once prospected for gold. He, as well as several of his children and grandchildren and their families, moved there. Family members made many trips back and forth between California and Missouri. Needless to say, transportation had much improved by then from his days of being stranded in Death Valley when his mules died in 1849.

In 1886, David returned to Missouri for the last time. He died in Adair County on October 14, 1886, at the age of 71. He was buried in a family graveyard on his farm which is now close to Highway 63 near Sublette. His and his wife's bodies were later moved to the Refuge Church Cemetery on their son's property. It is easy to recognize their tombstone; it is the tallest one in this cemetery.

David Allen Ely was a farmer, banker, dealer in real estate, miller, judge, and politician about whom much has been written. He was described as a man of great energy and endurance, progressive and ambitious, who worked for the improvement of the county and who assisted greatly in laying out the town of Kirksville. He was a strong advocate of education and was on the committee to consider building the State Normal School at Kirksville.

See **HISTORY**, Page A7

Local History

TURNING THE PAGE: This Week in Local History

By Larry Evans

180 Years Ago, November 23, 1842

David Sloan, first settler in the city of Kirksville died on this date in 1842 and was buried in the Sloan Cemetery which was located on his farm in what is now the city of Kirksville. He was born in Kentucky May 4, 1794, and married Mary East in Kentucky in 1815. In 1821 the family moved to Boone County, Missouri, and in 1840 Sloan staked out a claim for a farm in the center of what would a year later become Adair County. Here they built a cabin of hewn logs in the location that is now 119 North Main Street (formerly the Stamper Feed Company). The farm apparently extended southward to the site of the original shoe factory on Michigan Street. Prior to his death in November 1842, Sloan requested that he be buried on his farm. The location of his grave became the site of the first cemetery in Adair County (Sloan Cemetery, not to be confused with the Sloan's Point Cemetery). Subsequently, family members and others were buried there also. Later most of the bodies were removed and buried elsewhere. David Sloan's body remained at the burial site he requested, and his grave may be observed on the east side of the 1200 block of South Osteopathy Street. The original stone has been pieced together and placed in a concrete slab.

100 Years Ago, November 23, 1922

Dr. George A. Still, head of the American School of Osteopathy (ASO) since 1918 and chief surgeon at the ASO Hospital since 1907, accidentally shot and killed himself. The tragedy occurred at the conclusion of a party Dr. and Mrs. Still (Ardella Dockery Still) had given for nurses and interns at the ASO Hospital. All the guests had left except for three. Dr. Still was showing the remaining guests an automatic revolver he recently purchased. He dropped the pistol from his hand, and as he was picking it up from the floor, it discharged striking Dr. Still in the left cheek. The bullet penetrated his brain and caused instantaneous death. Coroner Bigsby was called and ruled the death accidental. The news of Dr. Still's death saddened the osteopathic world as well as the local community. Dr. Still graduated from high school in Kirksville in 1897 and the Teachers College in 1900. He attended osteopathic college in Des Moines, Iowa, and studied surgery under Dr. John D. Murphy, who was probably the most renowned American surgeon of his day. Dr. Still also held M.D. and M.S. degrees and studied surgery at the Mayo Clinic as well as in Europe. Under his administration the ASO Hospital gained a wide reputation, and patients were brought to Kirksville from all parts of North America for treatment. Dr. Still was admired and respected. He devoted a large amount of time to Adair County's servicemen during World War I by offering his medical services to them for free or at little cost. His humanitarian spirit led him to take an active role in the Red Cross, Salvation Army, and other organizations that came to the aid of sick, poor, and suffering persons. He was a leader in the movement to bring Rotary Club to Kirksville. Dr. Still was the great nephew of Dr. A. T. Still, founder of osteopathic medicine. Funeral services were held at the Christian Church and burial followed at Forest-Llewellyn Cemetery.

100 Years Ago, November 25, 1922

Two days after the accidental death of Dr. George Still, his father-in-law, Thomas J. Dockery, a well-known pioneer resident of Adair County died. Dockery was born in Indiana and came to Missouri in 1855. At the age of sixteen he answered President Lincoln's first call for troops at the start of the Civil War. After the war he married Julia Linder, and they raised three daughters including Mrs. George A. (Ardella) Still. Thomas Dockery was



one of the largest landowners in Adair County where he served as county surveyor and county bridge superintendent. He supervised the construction of the building of the bridges over the Chariton River at Youngstown and Connelssville. Dockery served two terms as Kirksville's mayor and was a delegate to the Republican National Convention in 1900. He was engaged in the real estate and insurance business for over forty years, and his vast land holdings ran into the thousands of acres. He also owned numerous properties in Kirksville including the Dockery Hotel building which bore his name. Thomas Dockery was buried in Forest-Llewellyn Cemetery.

90 Years Ago, November 25, 1932

Excavation work on a basement for a new 16x36 White Cabin building at the corner of Jefferson and Elson Streets was started. Proprietor Dave Whiteside was planning to erect a stucco structure larger than the present frame building that was moved to one side and was to be used while the new building was completed. The White Cabin provided many osteopathic and teachers college students as well as Kirksville residents outstanding meals at reasonable prices.

60 Years Ago, November 21, 1962

Kirksville Rotary Club in observing its "visitors day" on Wednesday before Thanksgiving provided a pleasant and unusual experience for Mr. and Mrs. Bob Curtis and their four daughters of Chariton, Iowa. They were stopped by the highway patrol and invited to be lunch guests of the club. The Curtis family was enroute to Cabool, Missouri, when stopped by the highway patrol car containing the Rotary Club committee. The Curtis car was the third one stopped, but the others had commitments they could not alter. The club and its guests heard the Rev. Ralph M. G. Smith, minister of the First Baptist Church, deliver the Thanksgiving message.

35 Years Ago, November 27, 1987

Under the provisions of a new state statute that returned decisions of county official's salaries to the county, Adair County officials voted themselves a pay increase that caused an uproar on the part of some Adair County taxpayers. The state legislature in hasty last-minute action during their last session set maximum salaries for county officials and instructed county salary commissions to agree what percentage of the maximum salary level they would accept. Since the new salary structure was not proportional to the old salary structure, Adair County officials would be cutting the salary of some positions unless they accepted 100 percent of the maximum salaries. Adair County's elected officials voted themselves a salary increase that set county salaries at 95 percent of that allowed under Missouri State Statute. Three county officials, Alvin Henderson and Myrl Ferguson, County Commissioners, and Max Patterson, Adair County Clerk, voted against the proposal, while the remaining county officials voted in favor. All of Adair County's elect officials received a pay increase except Sarah Grossnickle, County Public Administrator, who took a pay decrease of \$200. The sheriff, Randy Forquer, received a pay increase of \$11,650. Total salary increases were to cost the county \$54,180. In voting against the salary increase, County Clerk, Max Patterson stated: "I realize it was a tough decision, but I couldn't vote to spend money I'm not sure we are going to have."

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ATSRI hosts 14th annual Interdisciplinary Biomedical Research Symposium in Kirksville

By Courtesy of A.T. Still University

A.T. Still Research Institute (ATSRI) hosted the 14th annual Interdisciplinary Biomedical Research Symposium (IBRS) on Nov. 12, in Kirksville, featuring nearly 100 presenters.

The keynote speaker was Alonso Carrasco-Labra, DDS, MSc, PhD, associate professor at the Department of Preventive and Restorative Sciences and the Center for Integrative Global Oral Health at the School of Dental Medicine, University of Pennsylvania.

Winning research presentations were:

Overall, Brooke Johnson, OMS II, A.T. Still University-Kirksville College of Osteopathic Medicine (ATSU-KCOM), “Characterization of Colorectal Polyps in Cadavers”

First runner-up, Justine Farrell, ATSU-KCOM bio-



medical sciences student, “Fetal Bovine Serum Induces Chemotaxis and Chemokinesis by *Trichomonas tenax*”

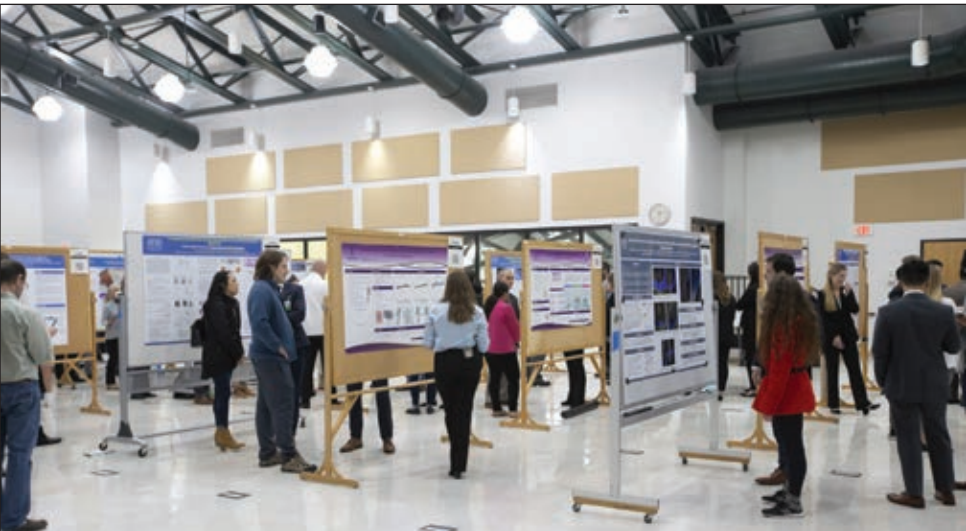
Jack Magruder Award (best undergraduate research), Sarah Holmes, Truman State University biochemistry major, “Computational drug design of aromatase inhibitors to treat endometriosis”

Neil Sargentini Award (best biomedical sciences student research), Farrell, “Fetal Bovine

Serum Induces Chemotaxis and Chemokinesis by *Trichomonas tenax*”

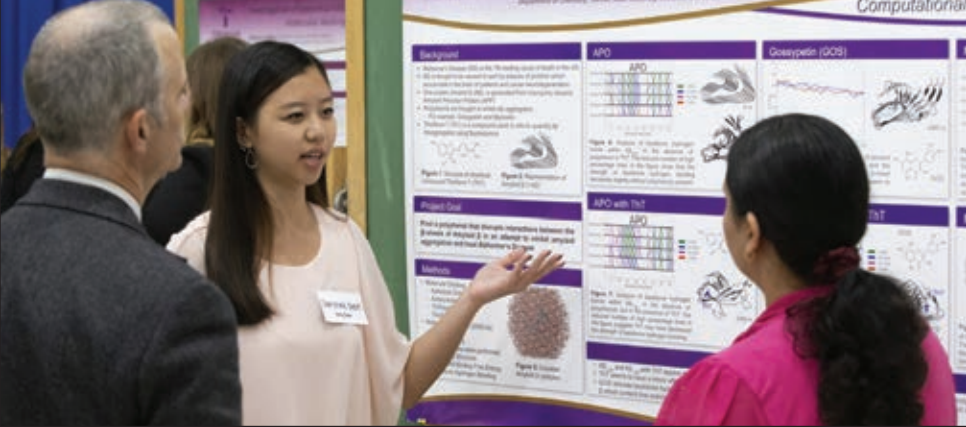
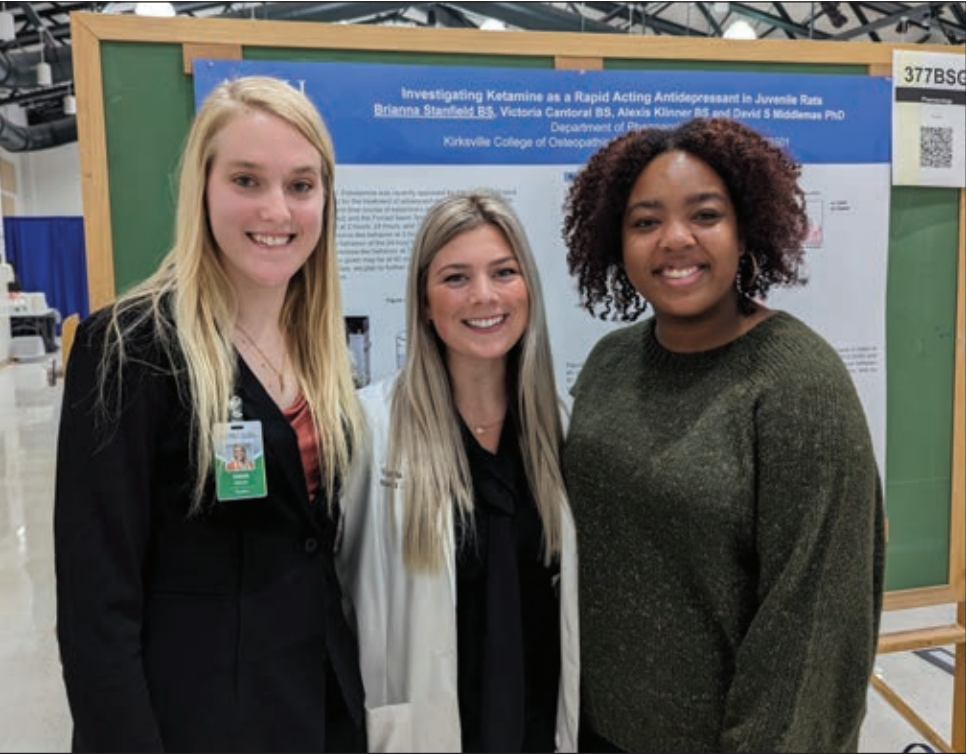
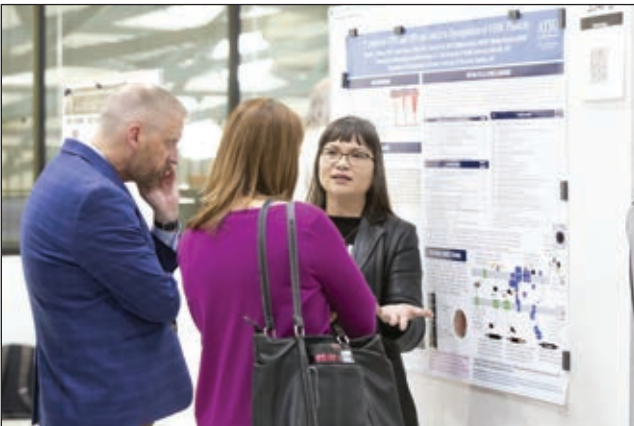
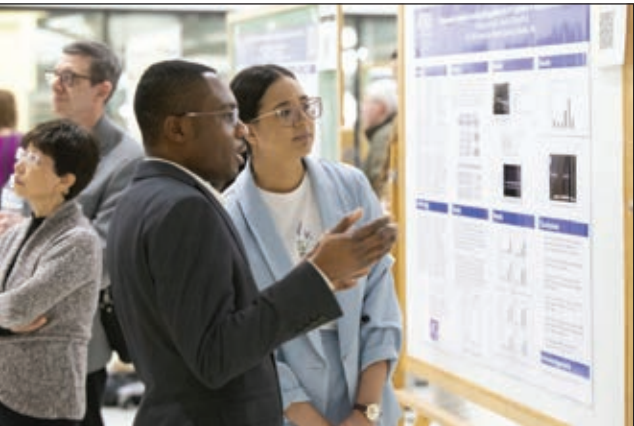
Clinical/Educational Award, Nancy Nguyen, OMS III, ATSU-School of Osteopathic Medicine in Arizona, “Community centered approach to educating mothers on health-related topics”

Max Gutensohn Award (best resident research), Giulia Tomassone, resident, Italy, “Does experience affect diagnostic palpatory force?” and



Jazmine Nesvik, DO, dermatology resident, ATSU-KCOM, Northeast Regional Medical Center, “Nodular Fasciitis of the Finger: An Unexpected Location”

Best Oral Presentation, Brynn Schubert, ATSU-KCOM biomedical sciences student, “Protective effects of melatonin on elevated homocysteine in human RPE cells”



Take poinsettia off Santa’s ‘naughty’ list

By University of Missouri Extension

COLUMBIA, Mo. – A century ago, poinsettia was added to Santa’s “naughty” list, but the plant’s reputation for being poisonous is unfortunate, says University of Missouri Extension horticulturist David Trinklein. Its pretty bracts and leaves pose no danger to people and pets, other than possible allergic reactions.

The myth that poinsettia is toxic can be traced back to a 1919 incident in Hawaii involving the death of a 2-year-old child, presumably after eating poinsettia leaves. Later, it was revealed that the child died from other causes and poin-

settia was not involved. However, the damage to poinsettia’s reputation was done and word of its toxicity spread quickly.

“You cannot un-ring a bell,” Trinklein said. “Once a myth gains traction, dispelling it becomes quite a challenge.” Modern-day media unfortunately often continue to include poinsettia on lists of toxic holiday plants, he said.

In a 1971 study funded by the Society of American Florists, scientists at Ohio State University fed lab rats “extraordinarily high doses of various portions of the poinsettia.” A human would have to devour several pounds of poinsettia to get an equivalent dose. Yet the rats

appeared to be fine. Scientists observed “no mortality, no symptoms of toxicity nor any changes in dietary intake or general behavior pattern.”

In the 1990s, researchers at Carnegie Mellon University in Pittsburgh analyzed almost 23,000 cases of poinsettia ingestion reported by poison control centers. More than 92% of patients showed no ill effects at all, and no one died or became critically ill.

However, Trinklein notes that poinsettia’s sap, which has several proteins in common with natural latex rubber, can cause allergic skin reactions. Therefore, the plants should be kept out of the reach of children.

Of bracts and cyathia Poinsettia remains the nation’s top-selling potted flowering plant. The fact they are sold only in a narrow span of time between Thanksgiving and Christmas is testimony to Americans’ admiration for the plant, Trinklein said.

The colorful part of the poinsettia that we enjoy isn’t a flower. What look like petals are specialized leaves called bracts. The true flowers, called cyathia (from the Greek for “cup”), are the small, yellow structures in the center of the bracts.

When choosing a poinsettia plant, look closely at the cyathia. Their presence indicates the plant is still young. If the cyathia



are missing, it’s likely the plant is past its prime.

Also, check leaves and bracts for wilting, which could indicate root problems, Trinklein said. Examine the underside of the leaves for insect infestation or damage.

Sun, little water Proper care helps the poinsettia stay vibrant throughout the holiday season. Two things

are key: Place them in bright, indirect light and avoid overwatering.

If your plants came wrapped in decorative foil, make sure there’s a hole in the foil so water can drain. Water if the pot feels light when you pick it up. If the soil’s surface is clammy or moist to the touch, wait to water. Fertilizer and plant food are unnecessary.

HISTORY

Continued from Page A6

There is an Ely street in Kirksville and a former railroad crossing known as Ely Crossing north of town. David Ely joined the Masonic Lodge in 1844 in Ralls County and is recognized as the father of the Masonic Order at Kirksville.

The Knights Templar Lodge in Kirksville is called Ely Commandery. He was one of the charter members of Ely Commandery and six times the Eminent Command-

er. His son, David Ely, Jr., was Eminent Commander three times. (Next time: Maryann Jane (Jones) Ely – An Amazing 19th Century Woman)

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7-DAY FORECAST FOR KIRKSVILLE

SATURDAY

Increasing cloudiness

HIGH: 54

POP: 15%

SAT. NIGHT

Rain

LOW: 37

POP: 100%

SUNDAY

Cooler; a passing morning shower

42 23

POP: 60%

MONDAY

Not as cool with sunshine

52 38

POP: 0%

TUESDAY

Low clouds may break; milder

60 29

POP: 25%

WEDNESDAY

A shower in the a.m.; breezy, much colder

36 21

POP: 55%

THURSDAY

Mostly cloudy

37 28

POP: 10%

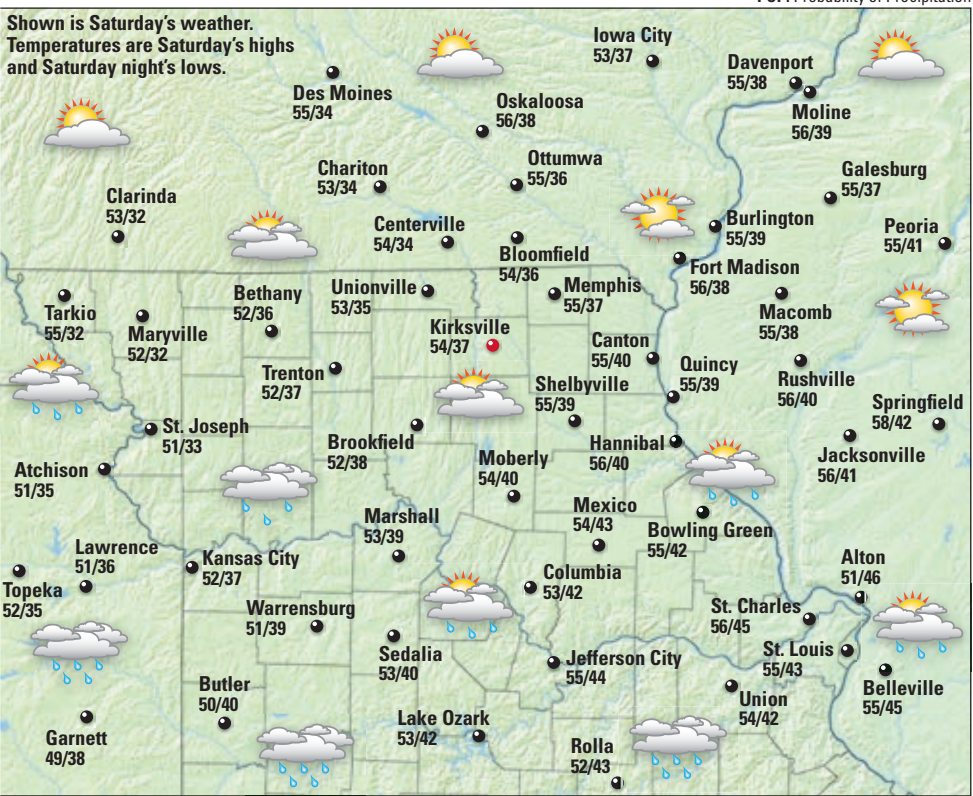
FRIDAY

Not as cold with sunny intervals

45 23

POP: 0%

POP: Probability of Precipitation



Conditions Saturday

UV Index & RealFeel Temperature®

1

2

2

2

0

0

29 40 46 52 49 43

8 a.m. 10 a.m. Noon 2 p.m. 4 p.m. 6 p.m.

The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection. 0-2: Low; 3-5: Moderate; 6-7: High; 8-10: Very High; 11+: Extreme. The patented AccuWeather.com RealFeel Temperature® is an exclusive index of effective temperature based on eight weather factors.

Comfort Index™

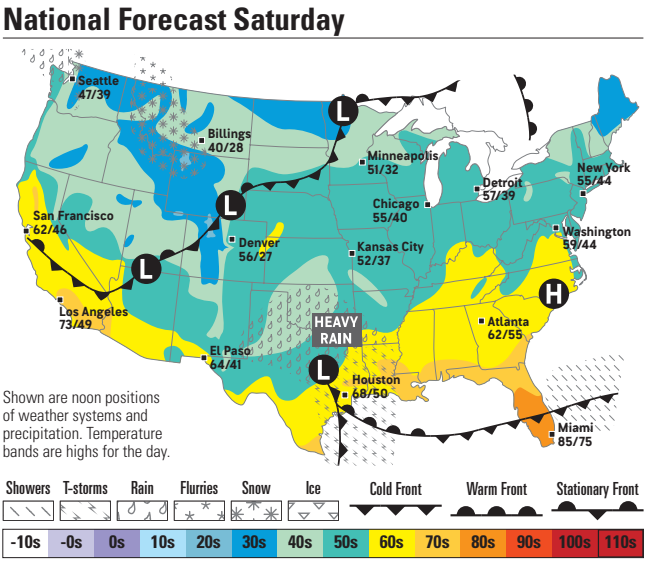
7

A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

Outdoor Activity Forecast

6

Ratings: 0-2: Poor; 3-4: Fair; 5-6: Good; 7-8: Very Good; 9-10: Excellent.



Almanac

Kirksville through Thursday

Temperature

High/low.....59/36

Normal high/low.....47/27

Record high.....68 in 1905

Record low.....3 in 2013

Precipitation

Thursday.....0.00"

Past week's total.....0.00"

Month to date.....2.74"

Normal month to date.....1.91"

Year to date.....29.05"

Normal year to date.....40.28"

Winds

Average direction.....WSW

Average speed.....6.9 mph

Highest speed.....13 mph

Thursday's Temperatures

Midnight - Midnight

Last Week's Temperatures

Actual and normal highs/lows

The Region

City	Sat. Hi/Lo/W	Sun. Hi/Lo/W
Branson	49/43/r	45/30/pc
Burlington, IA	55/39/pc	42/26/sh
Cape Girardeau	55/49/sh	55/38/pc
Carbondale	56/37/sh	53/34/c
Cedar Rapids	53/34/pc	40/23/sn
Champaign	57/43/pc	49/33/sh
Chicago	55/40/pc	44/30/sh
Columbia	53/42/sh	44/30/pc
Danville	58/43/pc	52/33/sh
Davenport	55/38/pc	41/24/sn
Decatur	56/44/pc	48/32/sh
Des Moines	55/34/pc	43/26/pc
Evansville	60/50/pc	54/39/sh
Galesburg	55/37/pc	42/27/sh
Green Bay	53/35/s	39/26/sn
Indianapolis	57/46/pc	53/36/sh
Iowa City	53/37/pc	42/24/sn
Jefferson City	55/44/pc	47/28/pc
Joliet	57/40/pc	44/27/sh
Kansas City	52/37/sh	48/29/s
Lafayette, IN	57/43/pc	51/34/sh
Lincoln	56/42/pc	43/30/sh
Madison	55/41/sh	43/25/pc
Milwaukee	57/40/pc	43/31/sn
Omaha	57/32/s	45/27/s
Ottumwa	55/36/pc	40/23/pc
Peoria	55/41/pc	44/29/sh
Rockford	55/37/pc	40/27/sn
St. Louis	55/43/sh	47/32/c
Springfield, IL	58/42/pc	45/29/c
Springfield, MO	49/42/r	45/29/pc
Topeka	52/35/sh	48/27/s
Wichita	47/35/r	49/32/s

Weather (W): s=sunny, pc=partly cloudy, c=cloudy, sh=showers, t=thunderstorms, r=rain, sf=snow flurries, sn=snow, i=ice

River Stages

(in feet)	Flood Stage	Thu. 7 a.m.	24-hr +/-
Chariton River			
Chariton	19.5	3.80	none
Rathbun Tail	--	2.20	none
Moulton	36	18.30	none
Novinger	20	0.23	-0.13
Prairie Hill	15	1.36	-0.13
South Fork Chariton River			
Promise City	25	3.00	none
Mississippi River			
Keokuk	16	4.40	+0.34
Quincy	19	11.92	+0.16
Quincy Lock & Dam	18	3.68	-0.17

Forecasts and graphics provided by AccuWeather, Inc. ©2022

The Nation

City	Sat. Hi/Lo/W	Sun. Hi/Lo/W
Albany, NY	51/33/s	47/42/r
Albuquerque	54/31/s	55/31/s
Anchorage	18/5/s	13/1/s
Atlanta	62/55/pc	69/49/pc
Baltimore	59/39/s	57/49/r
Billings	40/28/c	43/25/c
Birmingham	63/55/c	66/46/s
Boise	43/27/pc	46/29/c
Boston	51/42/s	54/47/r
Buffalo	50/40/pc	49/39/r
Charleston, SC	68/56/pc	76/53/t
Charleston, WV	58/44/pc	65/45/sh
Charlotte	66/51/pc	71/46/t
Cleveland	56/43/pc	54/38/sh
Columbia	65/51/pc	75/50/t
Columbus	55/44/pc	55/39/sh
Dallas	54/47/r	62/40/pc
Denver	56/27/pc	51/30/pc
Detroit	57/39/pc	46/35/sh
Fargo	39/17/s	33/23/pc
Grand Rapids	54/36/pc	40/34/sh
Hartford	52/34/s	49/46/r
Honolulu	80/65/pc	82/70/c
Houston	68/50/t	74/46/s
Jackson, MS	67/50/t	67/45/s
Jacksonville	72/67/c	79/50/t
Las Vegas	62/44/s	62/43/s
Little Rock	57/50/r	61/38/pc
Los Angeles	73/49/pc	68/53/pc
Louisville	60/52/pc	59/42/sh
Memphis	60/50/r	60/41/pc
Miami	85/75/pc	86/71/pc
Minneapolis	51/32/s	37/27/pc
Nashville	63/54/pc	59/43/pc
New Orleans	72/56/t	75/55/s
New York City	56/45/s	55/51/r
Norfolk	58/42/pc	68/52/r
Oklahoma City	47/38/r	51/35/s
Orlando	83/70/c	86/65/c
Philadelphia	55/41/s	57/48/r
Phoenix	67/44/s	71/46/s
Pittsburgh	53/39/pc	55/38/r
Portland, ME	46/31/s	50/42/c
Portland, OR	47/42/pc	48/35/r
Rapid City	51/21/pc	48/25/pc
Sacramento	69/37/pc	65/41/pc
Salt Lake City	43/29/c	46/32/pc
San Diego	67/48/s	64/55/pc
San Francisco	62/46/pc	60/49/pc
Seattle	47/39/c	44/30/sh
Shreveport	68/49/r	67/41/s
Tampa	84/72/c	81/67/c
Tucson	68/38/s	70/44/s
Tulsa	51/43/r	55/34/pc
Washington, DC	59/44/s	59/49/r

Wife is a second-class citizen in her own home

DEAR ABBY: I have been married for five years. My husband and I are both past middle age and have been married before (me twice; three times for him). For much of our early marriage, my husband was ill. He required several surgeries and a lot of care. I never complained or felt burdened, yet the smallest ache or pain I have is, apparently, a "pain" for him.

As time has gone on, there are some things in our marriage that I frankly don't understand. We celebrate Father's Day and his birthday, but never Mother's Day or my birthday. My husband is sweet and charming to everyone, but often ignores or becomes very angry with me.

He has called me things he promised never to say. He makes excuses for not wanting to do things together. He spends upwards



JEANNE PHILLIPS
DEAR ABBY

of 12 hours a day outside and seems to want to avoid me. He defends his friends when they say disrespectful things about me, citing the fact that he "doesn't want to lose old friends." He believes that whatever is said by others -- friends, family, etc. -- is my problem and I should just accept it. We have seen a marriage counselor and it has not helped us. Help me understand, please. -- UNDERVALUED IN NEBRASKA

DEAR UNDERVALUED: From your description, your husband is self-

ish, self-centered, lacks the ability to empathize or nurture and would rather allow his "friends" to disrespect the woman he married than confront them. (What a prize!) I hope you felt some psychic gratification from taking care of him when he so badly needed it, because it appears that is all you are going to get from this relationship.

My question for you is: How long are you willing to tolerate being treated this way? Many women would prefer to be alone than living the life you are. You deserve better than what you have been getting, and I sincerely hope you will have the courage to go for it.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

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NEWS OF THE WEIRD...

The Tech Revolution

Talk about taking your gaming seriously. Palmer Luckey, a defense contractor and, according to Vice, the father of modern virtual reality, has invented a VR headset that literally presents a life-or-death outcome. Inspired by the NerveGear VR headsets in the anime "Sword Art Online," Luckey's headset features three explosive charge modules that detonate and instantly destroy the user's head if the user dies during gameplay. "Pumped-up graphics might make a game look more real, but only the threat of serious consequences can make a game feel real to you and every other person in the game," Luckey said. He admits, though, that he needs to keep tinkering: "There are a huge variety of failures that could occur and kill the user at the wrong time. This is why I have not worked up the (nerve) to actually use it myself. At this point, it is just ... a thought-provoking reminder of unexplored avenues in game design."

Money To Burn

A pair of "well used" Birkenstock sandals once worn by Steve Jobs has sold at auction for almost \$220,000, the Associated Press reported. The brown suede sandals, which date to the mid-1970s, retain "the imprint of Steve Jobs' feet," the auction said in describing the listing. The buyer was not named. Jobs' home in

Los Altos, California, where he and Steve Wozniak co-founded Apple, is now a historic landmark.

Ironies

-- The Buckingham and Villages Community Board in England admitted that the irony was running thick when, on Nov. 15, it had to cancel a program about protecting your home from flood damage due to heavy rains in the area. The board hoped to provide residents with demonstrations of flood resilience equipment and what to do in case of a deluge, according to the BBC. "However, it was due to take place outside in pouring rain and high winds, so there was concern ... that people would not turn out for this important event," the BVCB said. "A new date will be arranged as soon as possible."

-- In Norway, energy firm Equinor produced its first energy from floating wind turbines on Nov. 13, CNBC reported. The installation, called Hywind Tampen, lies about 87 miles off the coast of Norway, with 11 total turbines, four of which will come online in 2023. Ironically, the turbines will be used to produce energy for Equinor's oil and gas fields in the North Sea. "This is a unique project, the first wind farm in the world powering producing oil and gas installations," said Geir Tunesvik, the company's executive vice president for projects, drilling and procurement.

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Truman State football team well represented with GLVC honors

By Adam Tumino

The Truman State football team was well represented when the GLVC announced its postseason honors last week, with 18 players being named to All-Conference teams and head coach Gregg Nesbitt being named Co-Coach of the Year.

The Bulldogs finished the season with an 8-2 overall record, a 5-1 conference and were ranked No. 23 in the AFCA Coaches Poll at the end of the regular season.

Nesbitt, who is in his 13th season as Truman's head coach, split Coach of the Year honors with Indianapolis head coach Chris Keeves. Indianapolis finished the season with an identical record to Truman but beat the Bulldogs in the final game of the season to clinch the GLVC title.

Of the 18 players recognized, 13 were named first team All-GLVC. They were running back Shamar Griffith, tight end Matt Hall, quarterback Collin Sutton, kicker Grant Ross, long snapper Casey Voichahoske, linebacker Isaiah Estes, offensive linemen Justin Watson and Dane Eggert, defensive linemen Robert Greco and Ben Miller and defensive backs Ben Thomas, Ben Watson and Jake Closser.

Watson and Greco were both unanimous selections. Linebacker Ulysses Ross, defensive back Peyton Carr and punter Taylor Cornish were all named second team All-GLVC while quarterback Nolan Hair and Watson, who was also named to the first team for defense, were given honorable mention honors. Watson was named honorable mention for his play

on special teams.

Several of the Truman players given conference honors were at or near the top of the conference leaderboards in several statistical categories.

Griffith finished third in the conference with 881 rushing yards and fourth with nine rushing touchdowns. Hall's five receiving touchdowns ranked sixth in the GLVC.

Defensively, Estes was eighth in the conference with 71 total tackles. Thomas led the conference with 14 passes defended and tied for second with four interceptions. He also led the conference with 214 punt return yards on the season.

Ross was the most accurate kicker in the conference, succeeding on nine of his 11 field goal attempts for a percentage of 81.8. His 62 points scored tied for eighth in the GLVC.

Truman also received the GLVC Sportsmanship Award for the sixth time in the seven years the award has been presented.

Of the four major awards for GLVC players, three went to players from Missouri S&T.

The Miners' senior linebacker Ben Straatmann was named Defensive Player of the Year after being an impact player throughout the season. He led the conference with eight sacks and 20 total tackles for loss. He became the second Missouri S&T player to be named Defensive Player of the Year. He was also one of five unanimous selections to the All-GLVC first team.

See **HONORS**, Page B2



Truman quarterback Nolan Hair throws on the run against McKendree on Nov. 5.



Truman head coach Gregg Nesbitt watches from the sideline during the game against Davenport on Sept. 3.



Truman defensive back Ben Watson celebrates a tackle against Tiffin on Sept. 24. PHOTOS BY ADAM TUMINO



Truman running back Shamar Griffith runs by a defender against Tiffin on Sept. 24.



Truman tight end Matt Hall turns upfield after making a catch against McKendree on Nov. 5.



Truman quarterback Collin Sutton celebrates a touchdown run against McKendree on Nov. 5.

COLUMN

Is it possible to ethically enjoy the World Cup?

The 2022 World Cup in Qatar presents a dilemma for soccer fans all over the world. How can they enjoy the games with all of the ethical problems that surround them?

Sure, it is not just this year's World Cup that presents this dilemma, and it is not a problem that is unique to sports. But it is hard to ignore the fact that this particular World Cup is being played among an unusual amount of controversy.



ADAM TUMINO
DAILY EXPRESS SPORTS

This all started when FIFA awarded Qatar the World Cup in 2010, despite not having facilities to host the event and the fact the summer temperatures in Qatar often reach 125 degrees Fahrenheit. There have been numerous allegations that Qatar bribed FIFA officials into awarding them the cup, and Qatar's problems have only grown since then.

Stadiums and other facilities had to be built between the selection in 2010 and the start of the World Cup. Qatar often uses migrant workers for a variety of purposes given its relatively low population, and many migrant workers were used to build the stadiums. Almost immediately, there were reports of migrant workers dying and being forced to work and live in deplorable conditions.

It was reported by The Guardian that at least 6,500 migrant workers have died in Qatar since the nation was awarded the World Cup. That is a total death count from across Qatar and not limited to the number of workers that died building the stadiums, although that number alone is suspected to be quite high.

There are many other problems in Qatar as well. Homosexuality is illegal in Qatar. FIFA president Gianni Infantino defended the organization's involvement in Qatar, arguing that other countries have laws against homosexuality, as if that makes FIFA's partnership with Qatar in any way defensible.

Women's rights are also an issue in Qatar. Women need the permission of male guardians to marry, work certain government jobs and study abroad, among other things. Women also face possibly being punished by flogging and can go to prison for up to seven years if they have sex outside of marriage. There are many other problems that are too numerous to mention here.

Knowing all of this, is it acceptable to watch the World Cup and enjoy the games?

I think that it is, but only if they acknowledge the things that are happening in Qatar and not simply ignore them. Each person has to justify their viewership in their own way, and that is fine.

I am not a soccer fan and will not be watching the World Cup, but there are many other things I enjoy that may have problematic things happening behind the scenes.

Frankly, it is impossible to consume anything in our society and do so completely guilt free. It is not a problem limited to sports or entertainment. Every day we all enjoy something that was produced in a way that goes against our values. It is all about how much we are willing to accept.

If you are able to watch the World Cup and be entertained for a few hours a day, that is fine. Just do not let your enjoyment cause you to forget the problems with FIFA and Qatar.

If not watching makes you feel better, that's fine. If you want to watch but are feeling guilty about it, donating to an LGBTQ+ charity for each game you watch can help turn a negative into a positive in a small way.

It is impossible to go through life and be both well-informed and guiltless. It is all about balancing the information we have and the guilt we feel.

Truman State basketball teams set for start of conference season

By Adam Tumino
Daily Express

The start of the conference basketball season is here for the Truman State men's and women's basketball teams. Both teams will host McKendree on Saturday to start GLVC competition in what will also be the home opener for the women's team.

The men's and women's teams are each 3-3 so far this season and both have faced some tough tests in the early part of the season.

The men's team opened the season with a loss to Cedarville in the GLVC/G-

MAC Challenge. Truman fell behind early and trailed 44-17 at halftime. The Bulldogs were able to keep up with Cedarville in the second half, only being outscored 35-34. But the slow start was too much to overcome.

They bounced back in the next game of the GLVC/GMAC Challenge with an 85-74 win over Findlay. They then played their home opener, falling behind to Upper Iowa early. But unlike the season opener, the Bulldogs were able to overcome the deficit in time.

They trailed by 13 points with seven minutes left in the first half, but began to

climb back and only trail by six at halftime. They then outscored Upper Iowa 50-31 in the second half to get the 91-78 win.

The next game for Truman was not nearly as high-scoring, but the Bulldogs still picked up a win, beating Southwest Minnesota State 64-63. For the third time in four games, the Bulldogs found themselves down big in the first half. They trailed 41-25 at the half and then outscoring the Mustangs 39-22 in the final 20 minutes.

They then faced a tough test in Northwest Missouri State, the top-ranked team

in the nation. The Bearcats controlled most of the game, missing only four shots in the first half and beating Truman 92-47. The Bulldogs then had their lowest-scoring game of the season in a 63-42 loss to Emporia State.

Individually, Truman has been led by Elijah Hazekamp so far. He is averaging a team-high 14.8 points per game, which is tied for eighth in the conference. His average of 9.3 rebounds per game also leads the team and ranks second in the GLVC.

See **TRUMAN**, Page B2

Rams to face Chiefs for first time since 2018 thriller

By THE ASSOCIATED PRESS

LOS ANGELES RAMS (3-7) at KANSAS CITY (8-2) Sunday, 4:25 p.m. EST, FOX

FANDUEL SPORTS-BOOK NFL LINE: Chiefs by 14 1/2

AGAINST THE SPREAD: Rams 2-7-1; Chiefs 4-6

SERIES RECORD: Chiefs lead 7-5

LAST MEETING: Rams beat the Chiefs 54-51 on Nov. 19, 2018, in Los Angeles

LAST WEEK: Rams lost to Saints 27-20; Chiefs beat Chargers 30-27

RAMS OFFENSE: OVERALL (31), RUSH (31), PASS (20), SCORING (29)

RAMS DEFENSE: OVERALL (10), RUSH (4), PASS (17), SCORING (17)

CHIEFS OFFENSE: OVERALL (1), RUSH (18), PASS (1), SCORING (1)

CHIEFS DEFENSE: OVERALL (20), RUSH (5), PASS (27), SCORING (21)

TURNOVER DIFFERENTIAL: Rams minus-7; Chiefs minus-3

RAMS PLAYER TO WATCH: QB Bryce Perkins. Matthew Stafford was in the concussion protocol after taking a hit last week against New Orleans, and it's likely that Perkins will get the start in Kansas City. John Wolford started a week earlier when Stafford was out against Arizona, but has a neck injury.

CHIEFS PLAYER TO WATCH: TE Travis Kelce had six catches for 115 yards and three TDs last week against the Chargers, including the go-ahead score in the final minute. His value has always been high, but with injuries to wide



Kansas City Chiefs linebacker Willie Gay, left, celebrates after sacking Los Angeles Chargers quarterback Justin Herbert during the second half of an NFL football game Sunday, Nov. 20, 2022, in Inglewood, Calif. AP PHOTO/JAYNE KAMIN-ONCEA

receivers Mecole Hardman, JuJu Smith-Schuster and Kadarius Toney, he is the most reliable pass catcher in the Kansas City offense.

KEY MATCHUP: Chiefs RB Isiah Pacheco against the Rams run defense, which ranks fourth in the league and has been one of their rare bright spots this season. Pacheco ran for 107 yards last week against the Chargers, giving the air-it-out Chiefs offense some semblance of balance for the first time this season.

KEY INJURIES: Stafford is in the concussion protocol for the Rams. ... OG Joe Thuney (ankle) and WR Kadarius Toney (hamstring) missed practice for the Chiefs, though Smith-Schuster (concussion) is expected to return.

SERIES NOTES: Kansas City has won five of the past six games in the series, but the lone loss was one of the memorable regular-season games in NFL history. Jared Goff threw the go-

ahead 40-yard touchdown pass to Gerald Everett with 1:49 left to give the Rams a 54-51 victory. Goff finished with 413 yards and four touchdowns passing while Chiefs counterpart Patrick Mahomes threw for 478 yards with six TD passes and three interceptions.

STATS AND STUFF: The Rams have lost four straight games for the first time under Sean McVay. ... Rams WR Tutu Atwell scored his first NFL touchdown on a 62-yard pass from Stafford last week against New Orleans. ... Rams WR Allen Robinson II has at least one catch in all 110 games of his career. He had four for 47 yards and a score against the Saints. ... The Rams ran for a season-high 148 yards against New Orleans. ... Rams LB Leonard Floyd and DT Greg Gaines had two sacks apiece against the Saints. ... The Chiefs have had at least 400 yards in four straight games. The franchise record is five set in

2004 and matched in 2020. ... Kelce has 33 games with at least 100 yards receiving, a record for tight ends. His streak of 136 consecutive games with a catch trails only Arizona's DeAndre Hopkins (140). ... Mahomes and Kelce have connected for 45 touchdown passes, trailing only Tom Brady-Gronkowski and Drew Brees-Jimmy Graham for most for a quarterback and tight end. ... Mahomes has thrown at least one TD pass in 15 straight games. ... Chiefs DE Mike Danna and DT Chris Jones had two sacks apiece last week against the Chargers.

FANTASY TIP: The Rams are second to last in the league against the pass, and that bodes well not only for Mahomes but whomever he has available. Hardman, Smith-Schuster and Toney could all miss the game, so grabbing WR Marquez Valdes-Scantling or up-and-down rookie Skyy Moore could be a wise move this week.



Kansas City Chiefs quarterback Patrick Mahomes celebrates with fans after the Chiefs defeated the Los Angeles Chargers 30-27 in an NFL football game Sunday, Nov. 20, 2022, in Inglewood, Calif. AP PHOTO/JAE C. HONG

Chiefs could have Smith-Schuster back from injury for Rams

By THE ASSOCIATED PRESS

KANSAS CITY, Mo. — The Chiefs could have wide receiver JuJu Smith-Schuster back for this weekend's game against the Los Angeles Rams after he returned to practice Wednesday for the first time since landing in the concussion protocol two weeks ago.

Chiefs coach Andy Reid said that Smith-Schuster would need to get through a workout to officially clear the protocol, but signs point toward him being available Sunday. And that would be a major boost for a Chiefs offense missing wide receiver Mecole Hardman and potentially Kadarius Toney, who missed Wednesday's practice with a hamstring injury.

"Hopefully everything goes well with the protocol and stuff like that, he's ready to go," Chiefs quarterback Patrick Mahomes said. "To have that energy on the sideline — he's a great player and a great teammate, and you always want to have those guys back in the huddle."

Right guard Joe Thuney missed practice Wednesday with an ankle injury, though Reid said it's getting better. Safety Juan Thornhill worked out despite a calf injury and cornerback Jaylen Watson despite an ailing hand.

The Chiefs also made a series of roster moves, putting running back Clyde Edwards-Helaire on injured reserve with a high ankle sprain; they activated offensive lineman Lucas Niang to the 53-man roster after he spent the start of the season on the PUP list; and they signed tight end Kendall Blanton to the practice squad after an injury to Jordan Franks.

The decision to put Edwards-Helaire on IR comes shortly after the 2020 first-round pick ceded the starting job to seventh-round draft pick Isiah Pacheco. The Chiefs

also have Jerick McKinnon in the backfield, though he's primarily a threat in the pass game, and veteran Ronald Jones II could be active for the first time Sunday.

"There's a chance he plays. I mean, a legitimate chance," Reid said, "but within that he has to make sure he has all the protections down, the timing of the runs. Those are the things we look at. But he's been working at it."

Smith-Schuster wound up missing only last week's 30-27 win over the Chargers after a vicious helmet-to-helmet shot from Jacksonville safety Andre Cisco the previous week left him laying motionless on the Arrowhead Stadium turf.

Smith-Schuster, who signed a one-year prove-it deal with Kansas City, has been more productive as he became more familiar with Mahomes and the offense. He caught five passes for 113 yards and a touchdown against Buffalo, seven for 124 yards and a score against San Francisco and 10 for 88 yards against Tennessee before getting hurt.

Justin Watson led the Chiefs with three catches for 67 yards against the Chargers last Sunday. Skyy Moore had the best game of his rookie season with five catches for 63 yards. The only other wide receiver in their depleted group to catch a pass was Marquez Valdes-Scantling, who had an 18-yard grab to show for his four targets.

The performance by Moore, a second-round draft pick, was perhaps the most encouraging of them.

"He's been struggling at times but you know what? It never put him in a dark place," Chiefs offensive coordinator Eric Bieniemy said. "We always knew exactly what he can do. He just needed that opportunity to just go out there and shine."

Rams QB Stafford back in concussion protocol, out Sunday

By THE ASSOCIATED PRESS

THOUSAND OAKS, Calif. — Quarterback Matthew Stafford will miss his second game in three weeks for the Los Angeles Rams after going back into the NFL's concussion protocol.

Sean McVay confirmed Stafford will sit out when the Rams (3-7) visit the Kansas City Chiefs on Sunday, but the coach said his Super Bowl-winning quarterback doesn't necessar-

ily have a concussion.

Instead, McVay described Stafford's injury as a "neck issue."

The Rams' season of miserable injury news continued Wednesday with Stafford's latest setback and the loss of key defensive tackle A'Shawn Robinson, who is out for the season after tearing the meniscus in his knee.

Stafford left the Rams' loss at New Orleans early last Sunday when he felt numbness in his legs



Los Angeles Rams quarterback Matthew Stafford is sacked by New Orleans Saints defenders Tanoh Kpassagnon (90) and Demario Davis (56) in the second half of an NFL football game in New Orleans, Sunday, Nov. 20, 2022. AP PHOTO/GERALD HERBERT

following a hit in the third quarter. Stafford has been examined by doctors who haven't yet determined whether he incurred a concussion,

but Stafford is still back in the protocol because of the way he exited the game, McVay said.

See **RAMS**, Page B3

HONORS

Continued from Page B1

The conference's Special Teams Player of the Year was Gideon Niboh of Missouri S&T. As a kick and punt returner, Niboh led the conference in average punt return yards and average kickoff return yards and had two punt return touchdowns.

Missouri S&T's third award winner was running back Cameren Smith. He was named Freshman of the Year. He finished fifth in the conference with 816

rushing yards and tied for fifth with eight rushing touchdowns. He was one of six freshmen to be named second team All-GLVC.

The conference's Offensive Player of the Year was McKendree quarterback Turner Pullen. He had perhaps the best offensive season in program history, finishing the year with 3,541 passing yards and 30 touchdowns, leading the conference in both categories. He finished third in the nation in passing yards and completion percentage while leading the nation in total yards per game with 341.

TRUMAN

Continued from Page B1

The women's team has gotten its 3-3 record through alternating wins and losses so far. The Bulldogs opened the season with a 98-90 overtime loss to Hillsdale in the GLVC/G-MAC Challenge. The game was back-and-forth throughout before Hillsdale pulled away in overtime, outscoring the Bulldogs 18-10 in the period.

Truman responded with a win in the final game of the challenge, beating Ursuline 67-53. A dominant third quarter set up the win, with Truman outscor-

ing Ursuline 27-6 in the quarter after a close first half.

The Bulldogs then lost to Missouri Western 81-72. They led by one point entering the fourth quarter before the Griffons outscored them 27-17 in the fourth. Truman then had its second high-scoring overtime game of the season, this time winning 97-90 over Upper Iowa. The Bulldogs outscored Upper Iowa 16-9 in overtime.

The Bulldogs' last two games came in the Drury Thanksgiving Classic, the first being a 96-88 loss to Ashland. Truman trailed by 17 at halftime. A comeback bid came up short for the Bulldogs.

They got a win in the final game of the classic, beating Cederville 70-63. Truman held off a possible second-half comeback from Cedarville to finish off the win.

The Bulldogs have been led so far by Hannah Belanger with 24.7 points per game, which leads the GLVC. She had a 36-point performance in the win over Upper Iowa, which tied for the fifth-most points in a game in program history. Ellie Weltha is averaging 8.7 rebounds per game, which is the third-most in the conference.

The women's game against McKendree is scheduled to kick off at 1 p.m. with the men's game to follow at 3 p.m.

Missouri needs to beat Arkansas to qualify for bowl game

By THE ASSOCIATED PRESS

Arkansas (6-5, 3-4 SEC) at Missouri (5-6, 2-5), Friday, 3:30 p.m. EST (CBS)
FANDUEL SPORTS-BOOK COLLEGE LINE: Arkansas by 3
Series record: Missouri leads 9-4

WHAT'S AT STAKE?

The Razorbacks have already clinched a bowl berth, and they can improve the destination by beating Missouri for the second straight time. But the Tigers need to beat their border rival if they want to qualify for a bowl game.

KEY MATCHUP

Arkansas RB Raheim Sanders against the Missouri run defense, which gave up 264 yards and five touchdowns in its last SEC game against Tennessee. Sanders is just six

yards behind Quinshon Judkins of Ole Miss for the league lead with 1,379 yards this season.

PLAYERS TO WATCH

Arkansas LB Drew Sanders had 10 tackles, an interception and two fumble recoveries in a 42-27 win over the Rebels last weekend. Before that, the SEC's leader in sacks had one in back-to-back games against Liberty and LSU.

Missouri WR Luther Burden had two touchdown receptions in last week's 45-14 win over New Mexico State, giving the five-star recruit five in his freshman season. It was a nice bounce-back performance after the Volunteers held him to two catches for 15 yards in Knoxville.

FACTS & FIGURES

Sam Pittman is the fourth Arkansas coach

to take the program to bowl games in his first three seasons. The others are Lou Holtz, Ken Hatfield and Houston Nutt. ... Arkansas has never won a game in Columbia, Mo. Its last road win over Missouri came in 1944 in a game played in St. Louis. ... The Razorbacks have 37 sacks, leading the SEC and tied for fourth nationally. ... Arkansas has had a 100-yard rusher in 10 of its last 12 games. ... Raheim Sanders had a career-best 232 yards last week against Mississippi. The Razorbacks ran for a season-high 335 yards. ... Arkansas scored 35 points in the first half against the Rebels. It was the highest-scoring first half for the program since 2016. ... Razorbacks QB KJ Jefferson had three first-half TD passes against



Missouri running back Tavorus Jones, right, runs pasts New Mexico State defensive back BJ Sculark during the fourth quarter of an NCAA college football game Saturday, Nov. 19, 2022, in Columbia, Mo. Missouri won 45-14. AP PHOTO/L.G. PATTERSON

Ole Miss. He finished 17 of 22 for 168 yards. ... Missouri has qualified for bowls the past two seasons and four of the past five. ... The Tigers

scored 45 points against New Mexico State last week, their most since scoring 52 against Louisiana Tech in their opener. ... Missouri RB Cody

Schrader had two TD runs against the Aggies. ... The Tigers did not allow New Mexico State into the red zone until late in the third quarter.

ATSU-CGHS kinesiology professor is helping shape the future of at-home fitness

By Courtesy of A.T. Still University

It's no surprise that Michael Ryan, MS '19, CSCSD, Pn2, adjunct professor, A.T. Still University-College of Graduate Health Studies (ATSU-CGHS), ended up studying kinesiology.

"Human movement is a universal language that everyone can speak and recognize," Ryan said.

"I grew up in a household where my mom had a chronic illness, cystic fibrosis, and I'm an only child. So I don't think it's a coincidence that my career turned out to be a health coach, helping others stay well and achieve their goals," he added.

After receiving a bachelor's degree in health education from Queens College, Ryan worked as a strength and conditioning coach and as a personal trainer. Eventually, he would go on to work with Equinox, a luxury fitness company, in New York City for 13 years.

"During my commute to New York City on the Long Island Rail Road every morning, I was reading a ton of books, and I said I want to put this time towards a goal, so I applied for the kinesiology graduate program at ATSU in 2017, and I was accepted. I finished, and I loved the program," he said.

Ryan received his Master of Science in Kinesiology degree from ATSU-CGHS in 2019, with a concentration in



Michael Ryan

Exercise and Sports Psychology.

Today, he is the director of live curriculum development for FORME, an at-home fitness company that brings live personal training into customer's homes. Through a 43-inch touchscreen mirror, trainees have access to immersive personal fitness training.

"This is to improve your way of life. It's to improve effectiveness, and it's to stay current with the way the industry is changing," he said.

With the arrival of the COVID-19 pandemic almost three years ago, the fitness industry has gone through major changes. According to IHRSA, The Global Health & Fitness Association, 17% of fitness clubs had permanently closed by the end of 2020.

This radical shift in the fitness industry led to a boom in at-home fitness, which is continuing to grow today. But with these growing changes, health professionals in the industry have had to learn how to adapt their training to be as effective as possible.

"To be a successful virtual coach, I believe there's even more planning that has to go into

each session that you have to be ready for. Then as a follow up to that, at least for a virtual coach, your skill set on cueing has to be elevated," Ryan said.

In the at-home fitness industry, instructors have to discover innovative ways to connect with their trainees. As part of Ryan's position as director of FORME's curriculum development, he develops training systems to help instructors figure out how best to communicate with their trainees.

One approach to this is using analogies and language trainees are more familiar with. This is what Ryan calls figuring out "What is the language of you?", although trainers do not ask this specific question directly.

Through metaphors, analogies, and external cues that are relevant to a trainee's own life experiences, trainers can develop a more personalized approach to their curriculum.

"If you come from a dancing background, I use analogies that are appropriate to dancing, and it speaks your language. It's client-centered rather than coach-centered," Ryan explained.

Ryan hopes to see the at-home fitness industry continue to grow and evolve, and said although it is important to stay on top of trends in the industry, it is also important to continually develop new and innovative approaches.

Rivalry week should bring SEC bowl forecast into clear focus

By THE ASSOCIATED PRESS

GAINESVILLE, Fla. — It's rivalry week for most of the Southeastern Conference. The Egg Bowl. The Iron Bowl. The Palmetto Bowl. The Sunshine Showdown. Clean, Old-Fashioned Hate. The Battle Line Rivalry.

It's a chance for everyone to either avoid or add to the powerhouse league's recent chaos. Thirteen of 14 SEC teams — everyone except Texas A&M (4-7) — are eyeing various levels of postseason play.

Auburn, Missouri and Vanderbilt need upset victories to become bowl eligible. Given how games have unfolded the last two weeks — South Carolina stunned Tennessee, Arkansas shocked Ole Miss and Vanderbilt upset Kentucky and Florida for consecutive SEC wins for the first time in four years — no one should be surprised by any outcome this holiday weekend.

"I don't know if parity is the right word but having the ability to perform on a consistent basis," first-year Gators coach Billy Napier said. "We live in a time where you just see a lot of inconsistency. ... There's a number of challenges that come with roster attrition and retention, the addition of players, all those things that contribute to your stability of the program. Things can change dramatically in a hurry."

Several coaches are counting on it. Here's a look at where the SEC stands as teams jockey for postseason positioning:

GEORGIA (11-0)

Although the top-ranked and defending national champion Bulldogs have

looked vulnerable at times, nothing short of losing to Georgia Tech and then LSU in the SEC title game would keep them from the College Football Playoff.

LSU (9-2)

The sixth-ranked Tigers would make a strong case for the CFP with wins at Texas A&M and against Georgia in Atlanta. But coach Brian Kelly's team has been far from impressive on the road and is more likely to land in a New Year's Six bowl, the Sugar, Orange or Cotton.

ALABAMA (9-2)

The eighth-ranked Crimson Tide needs a few upsets over the next two weeks to sneak into the playoff for the eighth time in nine years. If not, it's likely the Sugar or Orange.

TENNESSEE (9-2)

Unless the ninth-ranked Volunteers lose at red-hot Vanderbilt, they appear destined for the Sugar, Orange or Cotton.

"We know that we still have the chance to play for a New Year's Six bowl," Vols defensive lineman Omari Thomas said. "That's a big thing for this program. I don't really know when the last time was that we played for a New Year's Six bowl."

MISSISSIPPI (8-3)

The 20th-ranked Rebels look like a lock for the Capital One Bowl in Orlando, Florida, but losing a third straight game could put that in jeopardy.

MISSISSIPPI STATE (7-4)

The Bulldogs are likely to be among SEC teams in a pool for the ReliaQuest Bowl (formally the Outback Bowl in Tampa, Florida), the Gator Bowl (Jackson-

ville, Florida), the Music City Bowl (Nashville, Tennessee), the Texas Bowl (Houston), the Vegas Bowl (Las Vegas) and the Liberty Bowl (Memphis, Tennessee). Scratch the Liberty Bowl, since the Bulldogs went there last year.

One of those bowls would seemingly have to go outside the SEC if Auburn, Missouri and Vandy all lose.

SOUTH CAROLINA (7-4)

A bowl trip to the Sunshine State (ReliaQuest or Gator) looks promising for the Gamecocks.

ARKANSAS (6-5)

The Razorbacks should expect to something west of the Mississippi River, probably Texas or Vegas.

FLORIDA (6-5)

The Gators would prefer to stay close to home to help Napier's recruiting efforts.

KENTUCKY (6-5)

The Wildcats haven't been to the Liberty Bowl since 2009 and haven't been to the Music City Bowl since 2017. Both are in play.

AUBURN (5-6)

The Tigers last won in Tuscaloosa in 2010 and enter this one as 22 1/2-point underdogs.

MISSOURI (5-6)

These Tigers already would be bowl eligible had they been able to pull out a one-score game against Auburn, Georgia, Florida and Kentucky.

VANDERBILT (5-6)

No one wants to play the Commodores right now. Tennessee has to do it without quarterback Hendon Hooker (knee) and with Vandy trying to get to a bowl for the first time since 2018.

RAMS

Continued from Page B2

"We're checking all those boxes and going through all that," McVay said. "There's a lot of layers to it, but you certainly want to make sure you're doing everything in your power to (address) exactly what went into that feeling, and letting the experts be able to give their opinion, look at the MRI and those scans, and be able to give the right information so that we can move forward accordingly with him."

Stafford missed the Rams' loss to Arizona two weeks ago after going into the protocol the first time. The Rams still haven't confirmed whether Stafford incurred a concussion in that instance, either.

McVay said Stafford and the Rams haven't decided whether the quarterback could go on injured reserve or even be shut down for the season. Los Angeles has only six games remaining after Sunday and a daunting road to playoff contention.

The Rams are uncertain who will play quarterback when they face the Chiefs on Sunday.

Third-stringer Bryce Perkins will get most of the snaps in practice because backup John Wolford has a lingering neck injury that forced him to miss last week's game at New Orleans. Los Angeles signed quarterback Case Cookus — a Thousand Oaks native who most recently played in the USFL — to the practice squad for depth.

Stafford is one of the NFL's most durable quarterbacks over the past 12 years. He had missed only eight games in that stretch — all in the 2019 season with Detroit because of a back injury

— before his absence against the Cardinals.

Robinson was hurt against the Saints, and his season-ending injury means he might have played his final snap for the Rams entering free agency. Robinson left Detroit to sign with the Rams in 2020, and he played a key run-stopping role on Los Angeles' defense while playing in all 21 games on the way to a championship.

Robinson's absence and the Rams' decision to waive linebacker Justin Hollins one day earlier mean the LA defense will have significant changes before it tries to slow down

Patrick Mahomes and the Chiefs. Defensive linemen Marquise Copeland and Bobby Brown will get additional playing time in Robinson's absence, while Hollins' pass-rushing role will be filled by Terrell Lewis and possibly by Michael Hoecht, a 310-pound defensive lineman with athleticism.

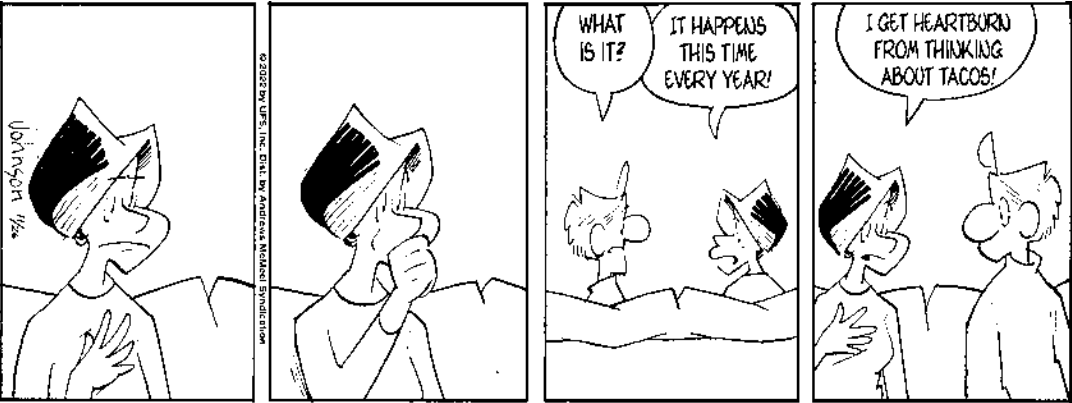
McVay said the Rams waived Hollins and leading rusher Darrell Henderson to create opportunities for other players in front of two soon-to-be free agents unlikely to return to the team. Henderson was claimed by Jacksonville, and Hollins was

claimed by Green Bay.

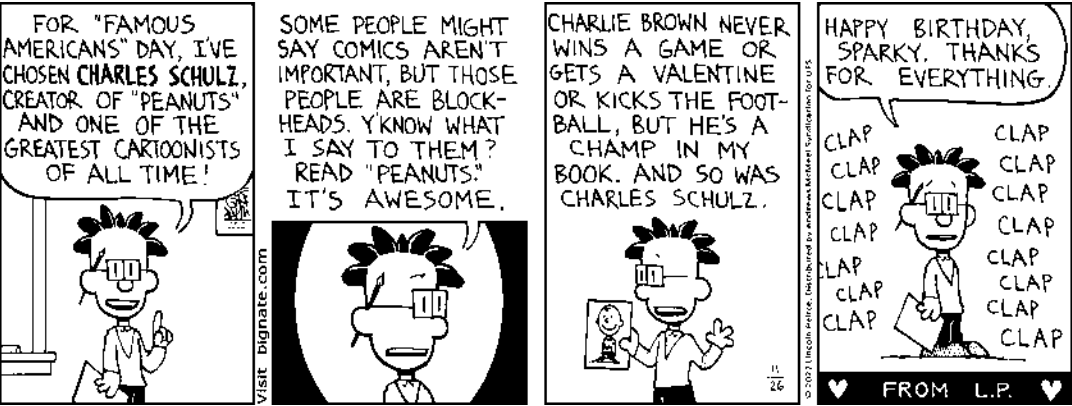
The Rams' top running backs at Kansas City will be Cam Akers and rookie Kyren Williams, who recently returned from a long-term injury absence. Los Angeles has the NFL's 31st-ranked rushing offense.

Los Angeles' injury-riddled offensive line is still struggling with problems for center Brian Allen (thumb) and left tackle Ty Nsekhe (knee), who both missed practice Wednesday. McVay said he's optimistic Nsekhe — the Rams' third different starting left tackle this season — will be able to play Sunday.

ARLO AND JANIS



BIG NATE



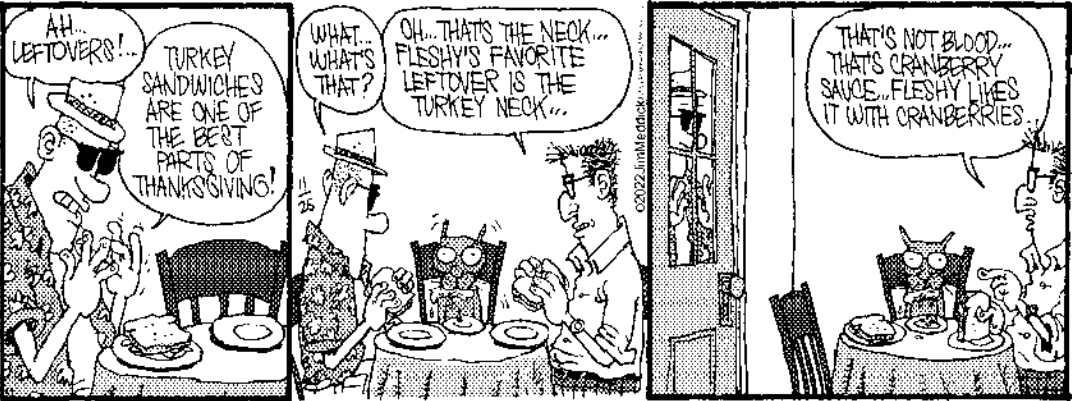
THE BORN LOSER



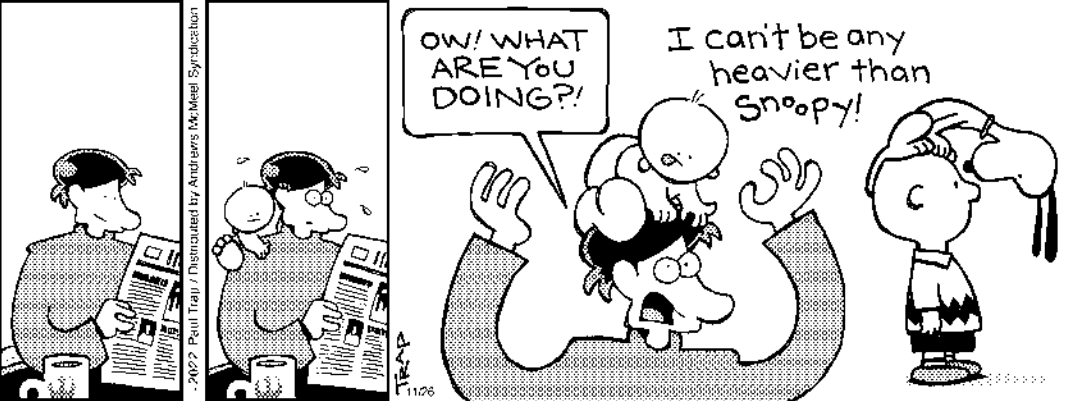
FRANK AND ERNEST



MONTY



THAT A BABY



SUDOKU

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

5	2	1	8	3	4	6	7	9
3	8	6	9	5	7	1	2	4
7	4	9	2	6	1	8	5	3
1	5	3	7	4	6	9	8	2
6	9	2	3	1	8	5	4	7
8	7	4	5	2	9	3	6	1
9	6	8	1	7	2	4	3	5
4	3	7	6	9	5	2	1	8
2	1	5	4	8	3	7	9	6

			5	1			6	9
	6				9			5
		5		6		8		
	3			4	7			1
		6				2		
5			1	2			4	
		4		8		7		
7			4				9	
3	9			5	1			

CROSSWORD

- ACROSS**
- 1 The works
4 Vet patient
7 Language of Pakistan
11 Avril follower
12 Take on cargo
13 Oddball
14 Dessert favorite
15 Region
16 Steak-house temperature
17 Plaster
19 Florida city
21 Pen part
22 Kind of jockey
23 Teatime treat
26 Burrito morsel
28 Yes, in Paris
29 Sincere
31 Icicle site
35 Canine noise
37 Odd notion
39 Treat somebody
40 Has bills
42 Atmospheric layer
44 Make brownies
46 In addition
47 Gaelic people
- DOWN**
- 49 Satirical, maybe
53 Crusty cheese
54 Not in use
56 Alien spacecraft
57 Ben Jonson works
58 Marsh grass
59 Rocky Mountain hrs.
60 D.A. backup
61 Subway opposites
62 Tarzan's kid
- DOWN**
- 1 Hi-fi components
2 Milk, to Yves
3 "Instead of" word
4 Faux chocolate
5 Fruit cooler
6 Group of players
7 Black Sea nation
8 Prowls
9 Greek column type

Answer to Previous Puzzle

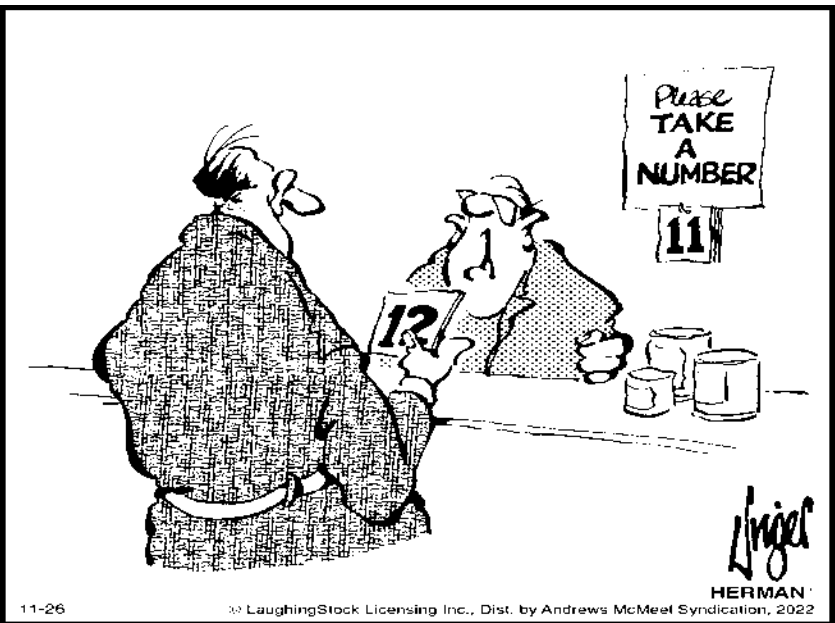
FUROR				PETAL
ENAMEL				LEGACY
WAPITI				APOGEE
	TIN		UPS	
GAL	READY		RAY	
ERA	EAR		FETE	
MIDTERM			AGHA	
ISLE			AVENGER	
NEED			DAP	ANN
IND	OPALS		ESS	
	SKI		LIE	
AFGHAN			ELDEST	
ARRAYS			YONDER	
HARMS			NASTY	

- 10 Hawaiian guitar
12 More frilly
18 "New Day" airer
20 Wyo. neighbor
23 Tofu base
24 Stage signal
25 Shale extract
26 Words from Scrooge
27 Yale alumnus
30 Wool giver
32 Gl mail drop
33 Furniture mover
34 Cyclops had one
36 Slowest
- 38 Secured a boat
41 NBA coach — Unseld
43 Where monkeys swing
44 Fledglings
45 Ram, in astrology
46 Roofing pieces
48 Rent, as a limo
50 Make insensitive
51 In that case (2 wds.)
52 Cosmetics brand
53 Elegant accessory
55 N.J. neighbor

1	2	3		4	5	6		7	8	9	10
11				12				13			
14				15				16			
17			18			19	20				
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23	24	25				26	27				
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			40	41				42	43		
	44	45				46					
	47				48		49		50	51	52
53					54	55			56		
57					58				59		
60					61				62		

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HERMAN



"Eleven and three-quarters."

ASTROGRAPH BY EUGENIA LAST

Put your time and energy into something that leads to monetary, physical or emotional gains. Speak up about how you want things to unfold this year and discuss your plans with anyone who may challenge or oppose you. Let your power of persuasion, coupled with incentives and a solid plan, encourage the people you need on your team to pitch in and help.

SAGITTARIUS (Nov. 23-Dec. 21) -- Take the plunge and follow your plans. Don't let a misunderstanding ruin your schedule or set off an argument with a loved one. Be willing to meet halfway and engage in fruitful talks.

CAPRICORN (Dec. 22-Jan. 19) -- Change is up to you, so stop procrastinating and start making moves. Look for unique ways to make your assets grow and your liabilities diminish. Don't give others the right to decide things for you.

AQUARIUS (Jan. 20-Feb. 19) -- If you search, you will find answers. Go directly to the source when looking for information and you'll save yourself time. Ask questions and assess situations based on truth and what's possible.

PISCES (Feb. 20-March 20) -- What you contribute will affect your reputation. Don't let anyone take advantage of you or shut the door on those in need. Maintain a firm but positive attitude.

ARIES (March 21-April 19) -- Don't complain or criticize others. Go about your business and take care of your responsibilities. The more you get done, the better you will feel. Do what makes you happy.

TAURUS (April 20-May 20) -- Learn as you go. Incorporate what you discover into your everyday

routine. Try to fix what isn't working for you and replace it with a cost-effective, healthy alternative.

GEMINI (May 21-June 20) -- Target what you want to achieve and get moving. Hard work will give you a sense of accomplishment. Make plans with someone you enjoy being around and discuss how to pool your resources.

CANCER (June 21-July 22) -- Test the waters, embrace what life has to offer and share your fears and thoughts with someone who can help you change your life. Refuse to let outside influences lead you astray.

LEO (July 23-Aug. 22) -- Be honest with yourself and those you deal with, and you'll speed up the process of getting what you want. An opportunity to learn something new can change the way you do things moving forward.

VIRGO (Aug. 23-Sept. 22) -- Take a break, do something fun, engage with people you love and discuss the changes you want to make that will improve your life. Problems will surface if you haven't found a way to accommodate someone.

LIBRA (Sept. 23-Oct. 23) -- Keep an open mind and discuss alternatives that won't upset someone going through a rough patch. An open-minded approach that is enthusiastic and filled with hope will draw interest.

SCORPIO (Oct. 24-Nov. 22) -- If you feel comfortable, you'll find it easier to function and take care of your responsibilities without feeling overwhelmed. The changes you make at home will have a big effect.

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Kirksville Daily Express

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OPEN 8:00AM - 5:00PM MONDAY - FRIDAY | 701 EAST LAHARPE SUITE C, KIRKSVILLE, MO
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IN PRINT OR ONLINE!

WE MAKE IT SO EASY TO
SELL YOUR STUFF AND

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cash!

TRUCKS AND CARS

• 25 Words
• Plus Photo
• 3 Days

\$7

PETS

• 25 Words
• 3 Days

\$5

HOUSING FOR RENT

• 25 Words
• 3 Days

\$5

HOLIDAY SPECIAL/ BUSINESS SPECIAL

• 25 Words
• 3 Days

\$750

DEADLINES: Classifieds: 2 Days prior at noon Display: Friday noon for Wednesday and Wednesday noon for Saturday.

AGRI-BUSINESS

Equipment & Supplies

1985 Liebherr 731-C, 150 HP Dozer, 12' Blade, ONLY 4989 hours. Farmer owned last 25 Years. Excellent condition. \$32,000. 660-676-9676

Wanted: gravity box also McCormick No200 manure spreader, also buying unwanted horses, will pay cash. 660-956-2774.

WANTED TO BUY: Farm Machinery and Estates. Call James L. Johnston. 573-473-4904

ANNOUNCEMENTS

Personals

Wanted: Single female, age 30-50 to date. I am 50 from Seattle. Good looking and personable. Text me at 425-501-2202. Mark

MERCHANDISE

Miscellaneous

4 used 15 inch tires in serviceable condition. Text location and details to 217-653-7100.

REAL ESTATE RENTALS

Office/Commercial Rentals

360 sq ft office space, \$450 a month, lease and deposit required. All utilities furnished. Kirksville, Mo. 660-626-7483.

REAL ESTATE SALES

Mobile Homes For Sale

USED DOUBLE WIDE \$34,900 WOW!!!! This won't last 573-657-2176 amegamobilehomes.com

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WE HAVE MOBILE HOMES Instock new arrivals (8) homes, need to go as soon as possible! 573-499-9993 columbiadiscounthomes.com

TINY HOMES - We gottem 573-881-3283

TRUE MODULARS - 30 to 60 day delivery available, 3 and 4 bedroom. 573-657-7040 chateau-homes.net

RECREATION

Motorcycles

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

Wanted

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

SERVICES

Chat/Dirt/Gravel

DIRT WORK All types of excavation, reclaiming overgrown fields, including CRP and WRP. Building site preparation, creating new trails and crossings, Food plot development and maintenance. Leveling and grading, wetland construction and maintenance. Pond and lake cleaning and construction. Call for quotes. 660-342-2701

Construction-Services

DJ's Construction; roofing, polesheds, garages, decks and more. Specializing in steel roofing. Free Estimates. 660-956-2774.

TRANSPORTATION

Wanted

4 used 15 inch tires in serviceable condition. Text location and details to 217-653-7100.

Let us help you with all your advertising needs. Don't know what to say? Call us we can help! 660-665-2808.

RE: Dan Anderson For default in the payment of rent due under a rental agreement with Ice House Mini Storage, the contents of the leased storage space number 9 will be sold for cash at public sale to the highest bidder on the 28th day of November, 2022 at 9 am 201 N Marion to satisfy said debt and cost.

Notice is given that by and order of the Circuit Court of Adair County, Missouri, Associate Division, Case No. 22AR-CV00688, made on the record on November 7, 2022, the name of Lester James Alexander was changed to Star Giselle Alexander.

There will be an election Tuesday, April 4, 2023. The Village of Millard, MO has openings for THREE (3) 2-year positions on its Board of Trustees. A candidate must be 21 years of age, a citizen of the United States, have lived within the Village for one (1) year and be a registered voter. First day to file is Tuesday, December 6, 2022 at 8:00 am; filing deadline is Tuesday, December 27, 2022 at 5:00 pm. Interested persons may contact Felicia Scott or Margaret Ferrell.

Margaret Ferrell, Clerk

Road & Bridge
Job Opening

The Putnam County Commission will be accepting applications for a Full-time position for the County Road and Bridge Crew until position is filled. Experience in welding, construction, and heavy equipment operation is preferred but willing to train. CDL preferred but not required. Pay will be based on skills and experience. If interested please pick up an application at the Courthouse in the Putnam County Clerk's Office, 1601 Main Street, Room 101, Unionville, MO 63565

Putnam County is an
Equal Opportunity Employer

ROAD AND BRIDGE
JOB OPENING

The Putnam County Commission will be accepting applications for a Full-time position for the County Road and Bridge Supervisor until position is filled. Experience in welding, construction, heavy equipment, and class A CDL is required. Pay will be based on skills and experience. If interested please pick up an application at the Courthouse in the Putnam County Clerk's Office, 1601 Main Street, Room 101, Unionville, MO 63565

Putnam County is an Equal
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NOTICE OF PUBLIC HEARING BEFORE THE PLANNING AND ZONING COMMISSION OF THE CITY OF KIRKSVILLE, MISSOURI

Notice is hereby given that the Planning and Zoning Commission of the City of Kirksville, Missouri will conduct one (1) public hearing at Kirksville City Hall, 201 S. Franklin St., 6:00 pm on Wednesday, December 14, 2022, concerning: a rezoning application for 1120 N. Green St. from R-3, Multifamily Residential, to C-3, Extensive Business District.

Notice of Disability Accommodations

Any person with a disability desiring reasonable accommodation to attend this meeting may contact the City Clerk at 660.627.1225 to make such arrangement.

Kirksville, Missouri
KIRKSVILLE LIVESTOCK LLC

24295 Benton Road * P O Box 242 * Kirksville, MO 63501
www.kirksvillivelivestock.com
Special Feeder Cattle Sale
Monday, November 28, 2022 • 11:00 a.m.

- Shane Linhart - 150 Blk & Red str & hfrs, some weaned, balance unweaned, 2 & 3 round shots, 450-600#
- Anthony Linhart - 70 Blk str & hfrs, 2 round shots, 70 days weaned, 450-600#
- Matt Greathouse - 80 RRWF & mix styrs & hfrs, 2 round shots, 500-625#
- Turner & McElroy - 70 BBWF & Red str & hfrs, 1 round shots, 450-550#
- Curtis Sidwell - 60 Blk str & hfrs, 1 round shots, 550-650#
- Elsie Wybrant - 18 Blk str & hfrs, 1 round shots, 500-600#
- Al Ashmead - 83 BBWF hfrs, 2nd round shots, 80 days weaned, 650-700#
- David Mohr - 45 BBWF & RWF str & hfrs, 1 round shots, 80 days weaned, 450-550#
- Mark McIntyre - 10 CharX str, 1 round shots, 30 days weaned, 650-750#.
- Mary Melvin - 40 Blk str & hfrs, 2nd round shots, 450-550#
- Steve Toohill - 25 Blk (few color) str & hfrs, 2nd round shots, 60 days weaned, 450-550#

Check website for updated listings: www.kirksvillivelivestock.com

We are open on Sunday to Receive Your Livestock
"Your Business is Very Much Appreciated"
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For more information or Someone to Look at your Livestock Phone:
Patty Foster, Office Manager ~ 660-665-9804
Chuck Ambrosia ~ 660-342-3530 Luke West 620-215-5770
Mark Herbold ~ 515-720-8667 ~ Al Ashmead ~ 660-216-8730
Jeremy Jarman ~ 660-341-9879 ~ Daniel Smith ~ 660-341-8396
Caleb Randolph ~ 641-919-8539 ~ Doug Fleshman 660-626-7148

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PERFECT PLACE
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newspaper classifieds.

CROSSWORD PUZZLES

- ACROSS
- 1 Trolley

5 London's Old —

8 A Kardashian

11 About 2.2 pounds

12 Parrot

14 2,001, to Ovid

15 Ginza purchases

16 "Faint heart — won ..."

17 IRS time

18 Lieu

20 Without bias

22 Mo. multiples

23 Cosmetics brand

24 Confidence

27 Bantu language

29 Grayish-brown

30 Like some appetizers (hyph.)

34 Cease to flow

37 Big snake

38 Asian princess
- 39 Comedy

41 Unhappy fate

43 Royal pronoun

44 Haggle

46 Striped African grazer

49 Devotee

50 Construc-tion toy

52 Is not well

54 First-rate

55 Wild tale

56 Bump or knot

57 Building site

58 Opposite of "post-"

59 Iowa, to Jacques
- DOWN
- 1 Prizefight-er's stat

2 Joshes

3 Perched

4 Saunters (along)

5 Markets

6 Chill

7 Gourmet cook

8 Disappear-ing retail giant

Answer to Previous Puzzle

A	L	L		C	A	T		U	R	D	U	
M	A	I		L	A	D	E		K	O	O	K
P	I	E		A	R	E	A		R	A	R	E
S	T	U	C	C	O		M	I	A	M	I	
			N	I	B			D	I	S	C	
S	C	O	N	E		B	E	A	N			
O	U	I		R	E	A	L		E	A	V	E
Y	E	L	P		W	H	I	M		P	A	Y
			O	W	E	S		O	Z	O	N	E
	B	A	K	E			T	O				
	I	R	I	S	H		I	R	O	N	I	C
B	R	I	E		I	D	L	E		U	F	O
O	D	E	S		R	E	E	D		M	S	T
A	S	S	T		E	L	S			B	O	Y

9 Suggest

10 Like a swamp

13 Soothsayer

19 Museum contents

21 Promises to pay

24 Gridiron stats

25 Habit

26 Spanish article

27 Type of pasta

28 Sporty truck

30 Keep off the air

31 Apple rival

32 Elephant's quarters

33 Pitcher handle

35 Empathize

36 To wit

39 Coloration

40 Sophisti-cated

41 Music with a beat

42 Four duos

43 — layer

44 Use the phone

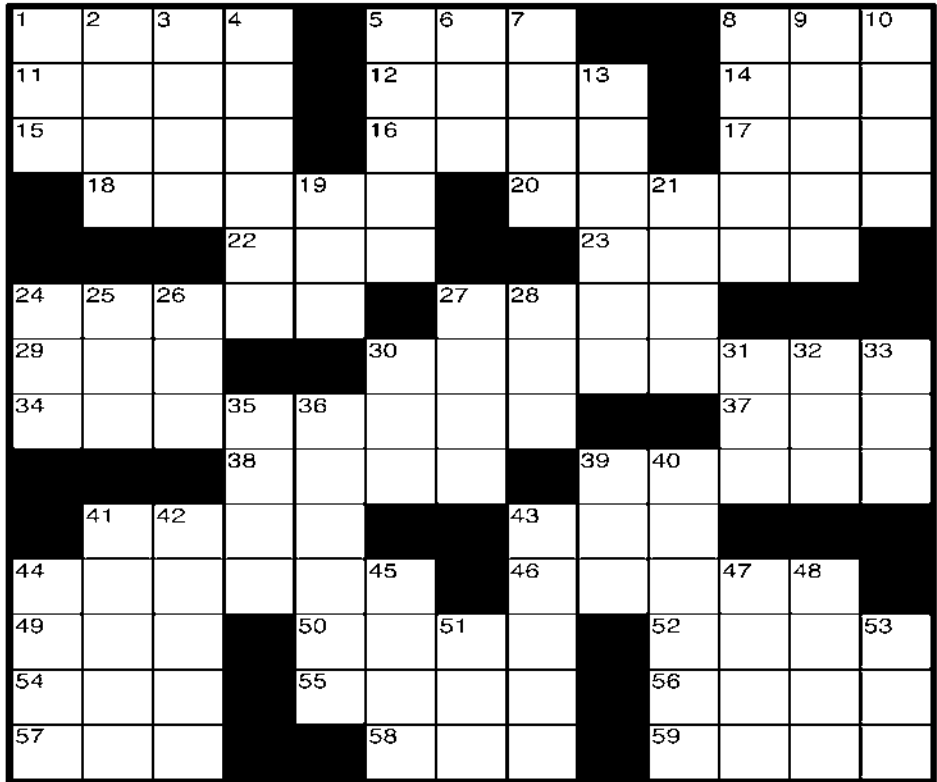
45 Swing a sickle

47 Civil disorder

48 Emmy-winner Alan

51 Menacing sound

53 Movie lot locale



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- ACROSS
- 1 Gift tag word

5 "— you asleep?"

8 Took the trolley

12 Statistics

13 Wimple sporter

14 Folk-dance shoe

15 Virus fighter

17 Well-ventilated

18 In a row

20 Big shot

21 Knight's journey

24 Vote in

26 Explosive letters

27 Prudently

31 Role model, maybe

33 Witnessed

34 Stir up

38 Cornbread

39 Percent ending

40 Chalet feature

41 Bwana's trip

44 "Star Wars" rogue

45 Tattered
- 48 Apple-shaped

50 Ms. Hagen

51 Win over

55 Collars

57 Artillery

61 "— Enchanted"

62 Furnish

63 Place to hibernate

64 Arctic transport

65 Copy

66 Burn
- DOWN
- 1 Watchdog org.

2 Moved swiftly

3 New York Giants hero

4 Uses stamps

5 Unknown auth.

6 Not courteous

7 Popular one-named singer

8 Electronics mfr.

9 Martini extra

10 Column order

11 Sphinx locale

Answer to Previous Puzzle

T	R	A	M		V	I	C			K	I	M	
K	I	L	O		E	C	H	O		M	M	I	
O	B	I	S		N	E	E	R		A	P	R	
	S	T	E	A	D		F	A	I	R	L	Y	
			Y	R	S			C	O	T	Y		
T	R	U	S	T		Z	U	L	U				
D	U	N			B	I	T	E		S	I	Z	
S	T	A	G	N	A	T	E			B	O	A	
			R	A	N	I			H	U	M	O	R
	D	O	O	M			O	U	R				
D	I	C	K	E	R		Z	E	B	R	A		
I	S	T		L	E	G	O		A	I	L	S	
A	C	E		Y	A	R	N		N	O	D	E	
L	O	T			P	R	E		E	T	A	T	

16 Drill at-tachments

19 Fam. member

21 Swab (hyph.)

22 Loosen

23 007's alma mater

25 Harp kin

28 — — by magic

29 Festivity

30 Big pitcher

32 Perchance

35 Kauai neighbor

36 Russian czar

37 Provide temporarily

42 Skipper's OK

43 Tehran's country

45 Old Norse poems

46 "I don't mind — —"

47 Eating place

49 Paperless exams

52 Director — Ephron

53 Melt, as an icicle

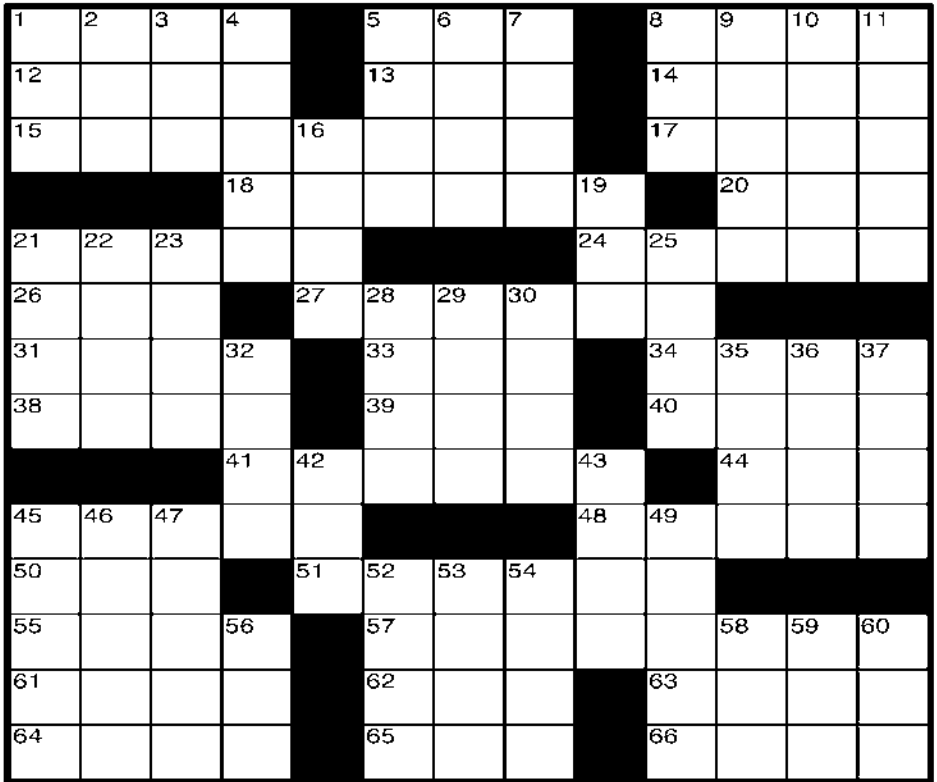
54 Verge

56 In the doldrums

58 Kilt-wearer's refusal

59 Hush-hush org.

60 Use poor judgment



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Share Some

GOOD NEWS!

Birth Announcements



Welcome, Hayley Ryan!

Born April 22, 2019

• 9 lbs. 22 inches

Proud Parents

Lydia & Mike Ryan

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Playing in grain: A deadly risk

Anytime a child plays in grain, there's potential for tragic results.

By Central States Center for Agricultural Safety and Health

Even those who grew up on the farm may not realize how dangerous it is to allow children to play in grain in any setting or for any reason. Jana Davidson, program manager at Progressive Agriculture Foundation (www.progressiveag.org), had not fully realized until she began working with the Foundation the hidden and deadly dangers associated with grain storage. "Several years ago, I participated in a mock grain entrapment rescue a few years ago," Davidson says. "It was so eye opening. Even though everyone involved knew it was a controlled and safe situation, we all felt the solemn impact of realizing the consequences of grain entrapment. Even the person being rescued was

somewhat traumatized afterward by the event." Davidson points out that parents are the first teachers their child will encounter, which makes serving as a role model and placing safety first in every agricultural setting so important. "Parents should always role model safe behavior," she says. "Sometimes our children experience ag safety training and come home to serve as our trainers and safety advocates. Even though we've done something hundreds of times without incident, we must understand tragic incidents can happen if we aren't working in a safe manner." Often, the public believes that victims of injury and accidents on the farm involve youth who are working there. However, 60 percent of farm-related accidents involve children who were in an agricultural setting but not engaged in any farm work. "Some children are in the wrong place at the wrong time," Davidson says. "There are times when a child's per-

ception of the dangers is skewed because at some time they may have had a fun experience without realizing the inherent danger of activities such as petting a calf, playing in grain, or being close to a farm animal or equipment." Children should be taught that petting a calf at a fair or agritourism event in a controlled setting is far different than attempting to pet a calf while it's in a pasture or pen with the mother cow or other cattle. It's important for them to recognize the dangers of encountering farm animals outside a controlled situation. "If you see things involving children in a farm setting or at events such as a festival or ag tourism activity that concern you, it can be addressed without a confrontation," Davidson says. "Approach the person in charge of the event and explain your concerns. Have some options and alternative suggestions to share. We want to avoid being just negative, but also try to offer one or more solutions to the issue."



Corn boxes which children can play in like a sandbox are popular at many agritourism and farm festival events. However, inherent dangers associated with this type of activity include choking hazards if a child attempts to swallow corn kernels, allergic or asthmatic reactions to the grain or chemicals used to grow it, kernels of corn stuck in a child's ear or nose, etc. Animals may be attracted to the grain and leave behind feces. Playing in corn may be seen by the child as appropriate, leading children to enter grain bins and other grain storage units, sometimes with tragic consequences.

An alternative to a corn box is a sand box or a water table, which have become very popular with children. Davidson and her colleagues have also witnessed safe play areas for children being added at various farm shows to not only provide a safe space for the children to play, but to educate both parents and attendees on how these can be replicated on the farm to ensure the play area is separate from the busy, working farm. Funding for this educational article comes from the Central States Center for Agricultural Safety and Health and the University of Nebraska Medical Center.



Missing a few winks each night? The cost may be high for farmers and ranchers

By University of Nebraska Medical Center

It's no big deal to lose a couple hours of sleep for a few months, right? A recent sleep study conducted by University of Nebraska Medical Center's Amanda Prokasky, PhD, Education and Child Development, Munroe-Meyer Institute in Omaha and retired Susan Harris, Nebraska Extension educator, Institute of Agricultural and Natural Resources, reveals that sleeplessness leads to lack of concentration, slower reaction times, or distractibility. Losing 30 minutes for one night has little effect, however a 30-minute deficit each night for four to six weeks will take a physical and mental toll. "Susan Harris and I met after I completed a five-year federally funded research study examining sleep habits of toddlers," Prokasky says. "Susan was interested in measuring the effects of sleep loss in farmers and ranchers, but we were unsure how to measure that. Written surveys completed by participants are generally somewhat skewed as many of us perceive that we sleep longer than we actually do." Prokasky and Harris enlisted 40 farmers/ranchers in the Midwestern states of Nebraska, Iowa, Kansas, North and South Dakota, and Missouri who raise crops and livestock. Ranchers who don't raise crops are likely to lose sleep during calving season. They used an Actigraph Spectrum Plus, a wrist device (essentially an expensive Fitbit) that monitors and records continuous data on daily motion and activity levels, to obtain data for the study. Study participants wore the device for one week during harvest or planting, then again during a more routine week. "The device gives a clear and objective picture of actual sleeping time during the night, measuring sleep quantity and quality," Prokasky says. The data collected allowed the researchers to compare the amount of nighttime sleep, bedtimes and wake times, and the number and length of night wakings between busy and slower weeks. In addition to the Actigraph data, participants also completed post-project surveys. The data verified that participants lost on average 30 minutes of sleep per night during peak activity times versus more routine periods.

"That doesn't sound like a lot," Prokasky says. "And for one night, the sleep loss doesn't have much effect. However, over several weeks, the loss accumulates and has huge impacts on our health and well-being." Sleep flushes diseased and damaged bits of toxins and waste from our brains. It also performs a process called consolidation, which cements information in the brain that was learned throughout the day so the brain retains it. Sleep plays a role in metabolism and helps control hunger hormones. Sleeping triggers tissue growth that heals injuries and creates virus-fighting cells to boost immunity to illness. During sleep, creativity, energy levels, and positive moods increase, and stress is reduced. Muscles and organs rebuild critical cells during sleep. Lack of sleep may result in irritability, confusion, memory loss, concentration problems or depression. All these consequences can be deadly for producers working with heavy equipment, chemicals, or livestock. "Taking brief breaks or naps during busy times like planting and harvest could help lessen these consequences," Prokasky says. "However, ongoing sleep deprivation will take a toll." Prokasky points to a New Zealand study of dairy farmers who were getting up during the night to milk cows as was part of their schedule for milking three times per day. Researchers were able to convince the farmers to change their milking schedule so their nighttime sleep wasn't disturbed. "Their overall sleep quality was noticeably improved as a result," Prokasky says. "When we're losing sleep over several weeks, we may believe we can 'catch up' at some point, but that rarely happens. If it's not possible to avoid depriving yourself of some sleep each day for a long period, take 20-minute naps during the day, which can have a positive impact on overall sleep quality." "There are many things about agriculture that farmers cannot control," she adds. "Weather and equipment issues are just two factors. By using this data, we can provide practical advice to farmers and ranchers so they can make quality decisions that affect their health and well-being as they accomplish their tasks." Funding for this educational article comes from the Central States Center for Agricultural Safety and Health and the University of Nebraska Medical Center.

Demand for houseplants is thriving

By University of Missouri Extension

CARTHAGE, Mo. – Spending on houseplants and office plants has flourished in recent years, says University of Missouri Extension horticulturist Robert Balek. The act of giving houseplants as get-well gifts surged in 2019, and the increase has continued since then, Balek says. According to a 2021 survey by the National Gardening Association, spending on houseplants grew a whopping 30% in 2021 compared to 2020. Plants with certain trendy characteristics such as colorful foliage took center stage, he says. Variegated selections such as Monstera deliciosa, or Swiss cheese plant, became sought-after choices. They are stunningly attractive yet difficult to find, says Balek. The oddly cut leaf shapes are part of the trend, but variegated selections, with white areas of the leaf, became the rage in 2020 and 2021. Varieties such as Thai Constellation, Albo Borsigiana and adansonii topped the trend.

Unlike some houseplants, the variegation in monstera is genetically stable. "This is to say the variegation does not fade out over time," Balek says. "But there is one big drawback for those who would like to have a trendy monstera. These variegated selections do not produce the desired variegation from seed. It is necessary to propagate by cuttings." Unfortunately, the plant grows slowly, and cuttings can be a challenge to root, driving up the price. Cuttings of Thai Constellation can sell for \$100 each, with a mature plant selling for more than \$1,000. A variegated Monstera adansonii has been reported to sell for up to \$38,000 for one large plant, he says. Among the more recent trends is the Pink Princess philodendron. The plant is similar to the common heartleaf philodendron but with pink portions on the leaves. For Pink Princess, prices are now like the variegated monstera, with small propagules selling for upward of \$100 each and larger plants selling for around \$1,000 each.

Not all trending plants are variegated or pink, Balek says. Currently popular green plants include fiddle-leaf fig, Hoya carnosa "Compacta," Philodendron minima and various bonsai plants. For flowering plants, among the most trendy is Shenzhen Nongke orchid. This very rare orchid, after painstaking cultivation by horticultural scientists, has sold for up to \$200,000. But not all houseplants are expensive, Balek says. Last year, 38.1 million U.S. households participated in indoor houseplant gardening. Current trends include using houseplants as centerpieces and decor at baby showers, wedding showers and other celebrations. Balek says there is a measurable increase in demand for plants for commercial spaces, especially corporate offices, to help ease the transition back into the workplace. Houseplants create healthier, more vibrant and productive workplaces for employees, customers and guests, he says.

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KIRKSVILLE AREA CHURCH DIRECTORY

This Directory is made possible by these businesses who encourage all of us to attend worship services. The Church Listings below are provided at NO CHARGE to our area churches in Kirksville. If your Church is not listed, please call us at 660-665-2808.

THIS WEEK’S FEATURED CHURCH

Church of God Holiness



21

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and do good;
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and cultivate
faithfulness.

Psalm 37:3

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John 14:16

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1820 S. Baltimore, Baltimore & LaHarpe
David Lukefahr, Pastor
7:30 a.m. The Lutheran Hour KLTE
8:15 a.m. Worship Service Peace, Milan
9:00 a.m. Adult Bible Study Faith
9:00 a.m. Sunday School Faith
10:15 a.m. Worship Service Faith
10:00 p.m. Issues, Etc. 107.9 KLTE
www.faithkirkville.org

Hamilton Street Baptist Church
802 W. Hamilton
8:30 a.m. Worship Service
9:45 a.m. Bible Study
11:00 a.m. Worship Service
www.hamiltonstreet.org

Rehoboth Baptist Church
100 Pfeiffer Rd.
Curtis Ferguson, Pastor
9:45 a.m. Sunday School
10:30 a.m. Fellowship
11:00 a.m. Worship Service
rbchurch.net • 660-665-7577

First Presbyterian Church (USA)
201 S. High at McPherson
Communion 1st Sunday
9:30 a.m. Morning Worship.
10:30 a.m. Fellowship Time.
11:00 a.m. Church School/all ages
5:30 p.m. College Fellowship

Kirkville Church of Christ
110 Pfeiffer Ave.
Elders/Pastors: Dan Green,
Dean Hansen
10:00 a.m. Bible Study
11 a.m. Worship
Weds 6:30p.m. Bible Study
www.kvccoc.org

First Baptist Church
207 E. Washington
Jason Marlin, Pastor
9:30 a.m. Bible Study for all ages
10:45 a.m. Worship & Kidz Worship
firstbaptistkirkville.com

Faith United Methodist Church
1602 E. Illinois
Pastor: Joshua Ritzheimer
9:45 a.m. Sunday School
10:45 a.m. Worship

Southside Baptist Church
1010 W. Burton
Pastor: Aaron Rodgerson
10:00 a.m. Sunday School
11:00 a.m. Preaching
6:30 p.m. Evening Service

First Church of God
2900 S. Halliburton
Chad Earhart
9:00 a.m. Sunday School
10:30 a.m. Morning Worship
www.kirkvillechurchofgod.com

Kirkville Nazarene Church
2302 N. Lincoln Road
Mark Czanderna, Lead Pastor
9:15 a.m. Sunday School
10:30 a.m. Worship Service
www.kvnazarene.org==

Central Church of Christ
2010 S. Halliburton
9:30 a.m. Sunday School
10:30 am. Worship Service

Faith Christian Church
502 N. Florence
Pastors: Brandon Rhea & Robert Price
10:00 a.m. Bible Study
11:00 a.m. Morning Worship
12:00 p.m. Noon Lunch
1:30 p.m. Worship

The Crossing Church
810 E. Shepherd Ave.
9 a.m. & 10:45 a.m. Sunday Service
www.thecrossing.net

Grace Community Bible Church
1501 E. Northtown Rd.
Benjamin Jorden, Pastor
Affiliated with the Evangelical Free Church of America
9:30 a.m. Worship
11:00 a.m. Sunday School for all ages
12 p.m., 5 p.m., 6 p.m. Small groups
KirkvilleGCBBC@gmail.com
www.KirkvilleGCBBC.com • 660.665.1615

First United Methodist Church
300 E. Washington
Pastors - Rev. Scott Beard & Rev. Jennifer Finley
9:30 a.m. Worship In Person & Online
kvumc.org

Pure Air Baptist Church
9:45 a.m. Sunday School
11:00 a.m. Morning Worship
TBA Bible Study

Church of God of Prophecy
300 E. Benton Way
Pastor: Rob Linhart
10:00 a.m. Sunday School
6:30 p.m. Evening Service

Fellowship Baptist Church
1701 S. Jamison St., Kirksville
Larry Gibson, Pastor
9:00 a.m. Sunday Worship
10:30 a.m. Sunday Bible Study
fbck@sbglobat.net
www.fellowshipcbc.org • 660-665-0633

Yarrow Methodist Church
Highway N., Yarrow
Guest Pastors
10:00 a.m. Sunday School
11:00 a.m. Worship Service

Mary Immaculate Catholic Church
Weekday Masses: Tuesday: 5:30 p.m.
Wed. & Friday: 7 a.m. Thursday: 8 a.m.
Weekend Masses: Saturday: 5:30 p.m.
Sunday: 9 a.m. & 11 a.m.

Catholic Newman Center
11:00 a.m. and 7:00 p.m. Sunday
7:00 a.m. Monday
9:00 p.m. Wednesday

Union Temple Church Southwest of Kirksville
Alan Coonfield, Pastor
Every Sunday Evening
5-5:30 p.m. Bible Study
5:30-6:30 p.m. Church Service

Sugar Creek Baptist Church
5 mi South on Hwy 3
Pastor, Virgil K. Jones
10:00 a.m. Worship Service

Hazel Creek Primitive Baptist Church
2 mi. W. Greentop on Rt. K then 1/2 mi. S.
Elder Dillion Thurman, minister
Services on 1st, 3rd & 5th Sundays
10:30 a.m. Song Service
11:00 a.m. Preaching

Meadow Brook Christian Church
602 E. Washington
9:30 a.m. Sunday School
10:30 Morning Worship

St. Rose of Lima Catholic Church
Novinger, Mo.
7:30 a.m. Sunday

Life Church of Kirksville
112 W. Potter
Jeremy Pingle, Pastor
10:00 a.m. Sunday Morning Service

Community Presbyterian Church
210 N. Owensby, LaPlata, Mo
Rev. John Becker, Pastor
9:30 a.m. Sunday School
10:40 a.m. Worship Service

Cornerstone Church
1702 N Elson St Kirksville, MO
Jeremy Broach, Senior Pastor
Chad Stearman, Associate Pastor
Sunday 10 am - Morning Worship
Wednesday 6:30 pm-8 pm Family Ministry Night
www.cornerstonechurch.faith

Countryside Christian Church
S. Boundary St. Rt. H, Troy Mills
Preacher, Harold R. Engel
8:30 - 9:45 a.m. Blended Worship
10:00 - 10:45 a.m. Sunday School
11:00 a.m. - 12:15 p.m. Worship
6:00 p.m. High School-College Youth meet
www.countrysidekv.com

Gifford Christian Church
Minister: Darren Potter
9:30 a.m. Sunday School
10:30 a.m. Morning Worship

Lake Road Chapel
22963 Potter Trail
Pastors: Andrew Turner, Andy Thompson, David Kelly
10:00 a.m. Sunday Morning Worship Service
www.lakeroadchapel.org

Church of God (Holiness)
1601 N. Elson
Pastor Ralph E. Wheeler, Jr.
9:45 a.m. Sunday School
10:45 a.m. Morning Worship
6:00 p.m. Evening Worship

New Hope Evangelical Church
620 Steer Creek Way
9:30 - 10:20 a.m. Bible Class
10:20 - 10:30 a.m. Fellowship time
10:30 a.m. Praise & Worship
7:00 p.m. Evening Worship

Darrell Draper, Pastor
660-341-0000
Jim Maxey, Calling Pastor
660-665-6949 or 660-216-4183

First Assembly of God
2401 S. High
Jeff Arp, Pastor
9:30 a.m. Sunday School
10:40 a.m. Morning Worship
(Communion First Sunday of the Month)
6:30 p.m. Evening Praise
www.KirkvilleFirst.com

First Liberty Full Gospel
1302 E. Filmore
Rev. Fred Baker, Pastor
10:00 a.m. Sunday School
11:00 a.m. Morning Worship
6:00 p.m. Evening Worship

Novinger Baptist Church
Highway 6 & 149
Rev. Darrell Crooks, Pastor
10:00 a.m. Sunday School
11:00 a.m. Morning Worship
7:00 p.m. Evening Worship

First Christian Church
(Disciples of Christ)
High & Harrison
9:30 a.m. Worship Service
10:30 a.m. Sunday School

The Church of Jesus Christ of Latter Day Saints
2000 E. Normal
Kirkville First Ward Bishop John Grider
11 a.m. - 2 p.m. Sunday Services
Kirkville Second Ward Bishop Isaac Ison
9 a.m. - 12:00 p.m. Sunday Services

Trinity Episcopal Church
124 N. Mulanix
Rev. Amy L. Fallon, Pastor
10:00 a.m. Holy Eucharist

Seventh Day Adventist Church
1301 N. Elson
Curtis Denney, Pastor
9:30 a.m. Sabbath School (Saturday)
11:00 a.m. Worship Service (Saturday)
Fellowship Dinner on 4th Saturday.

United Methodist Church
Brashear Charge, Brashear
Lay Minister, Nancy Douglas
10:00 a.m. Sunday School
11:00 a.m. Worship
7:00 p.m. Singspiration - 1st Sunday

Willow Bend Association East Center Community Church
10:00 a.m. Sunday School
10:45 a.m. Worship

Illinois Bend Community Church
Highway 3
Pastor Terry Hunsaker
8:30 a.m. Worship
9:30 a.m. Bible Study
660-349-0052

Baring Community Church
11:00 a.m. Worship.

Downing Christian Church
430 E. Prime Street
Minister Walker Franke
Associate Minister Larry Smith
9:30 am Sunday School
10:30 am Worship Service
6:00 pm Evening Service
660-379-2329

Willow Bend Church
Find Us on Facebook for Event Schedule

New Hope Methodist Reformed Church - Millard
9:15 a.m. Bible Study
10:00 a.m. Worship

Greentop Community Church
Highway K, Greentop, Mo.
Pastor: Lynae McFarland
10:30 a.m. Worship Service

Trinity United Fellowship Church
Pastor: Lorne Arber
9:00 a.m. Worship
10:00 a.m. Sunday School

Lancaster United Methodist Church
Pastor: Joshua Ritzheimer
9:00 a.m. Worship
10:00 a.m. Sunday School

Shekinah Mennonite Church
15981 Blueberry Way, Kirksville
John Mark Miller, Pastor Roger Berry
9:30 a.m. Bible Study
10:30 a.m. Worship
6:00 p.m. 2nd Sunday - hymn sing
6:00 p.m. 4th Sunday of month Topic

Bethel Community Church
12 miles NE of Kirksville on Rt. T
Marvin Cross, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship
6:00 p.m. Kid's Klub/Youth Fellowship
7:00 p.m. Evening Worship.

Lancaster Baptist Church
Southeast Side of Square, Lancaster
Lonnie Johnson, Pastor
9:45 a.m. Sunday School
10:45 a.m. Morning Worship
6:00 p.m. Evening Worship

Grace Bible Baptist Church
Greencastle, Mo.
Rev. Earl Baker, Pastor
10:30 a.m. Morning Worship
5:00 p.m. Evening Service

Winigan Christian Church
Ryan Crist, Pastor
9:30 a.m. Sunday School
10:30 a.m. Worship Service

First Baptist Church
Winigan, Winigan, Mo.
Sam Burkholder, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship
6:00 p.m. Evening Worship

Fairview Baptist Church
53610 Knob Hill Road, Pollock
Sam Burkholder, Pastor
10:00 a.m. Sunday School
11:00 a.m. Worship Service
6:00 p.m. Sunday Evening

Bible Missionary Church
508 S. Main St.
Bro. Glenn Kiger, Pastor
10:00 a.m. Sunday School
11:00 a.m. Worship Service
7:00 p.m. Evening Worship

LaPlata Christian Church
Scott McNay, Pastor
9:30 a.m. Sunday School
10:40 a.m. Worship Service

Christ's Family Church
531 N. Baltimore
Glenn Berry, Pastor
9:00 a.m. Adult Sunday School
10:00 a.m. Worship Service
www.cfckvmo.com • cfckvmo@gmail.com

Queen City Christian Church
Queen City, Mo.
Bud Cornwell, Pastor
9:30 a.m. Bible School
10:30 a.m. Communion/worship Hour

United Pentecostal Church
1502 E. Northtown Road
David E. Brown, Pastor
10:00 a.m. Sunday School
6:30 p.m. Sunday Evening Worship

Brashear Community Bible Church
Donny Powell, Pastor
9:30 a.m. Sunday School
10:45 a.m. Morning Worship
660-323-5305

First Baptist Church of LaPlata
B. J. McAlpin, Pastor
9:00 am "Donut Hole" Fellowship
9:00 am Sunday School
10:00 am Worship Service
6:00 pm Evening Worship
6:00 pm Monday – AWANA
http://laplatabc.org/
Email: laplatafbc@gmail.com

Hazel Creek Free Will Baptist Church
8 mi. N.W. of Kirksville on Rt. B.
Tim Hodges, Pastor
10:00 a.m. Sunday School
11:00 a.m. Morning worship
7:00 p.m. Evening Worship

Worthington Baptist Church
Worthington, Mo.
Roger Busnell, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning worship
7:00 p.m. Evening Worship

The Salvation Army
1004 W. Gardner
Brian and Michelle Bump, Pastors
9:30 a.m. Sunday School
10:45 a.m. Worship Service
5:00 p.m. Evening Worship

Queen City First Baptist Church
6th at Washington St.
Robert Smith, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship
7:00 p.m. Evening Worship

St. John's Lutheran Church ELCA
North of Queen City go East on Rt. O
Pastor, Bill Iammatteo-Code
10:00 a.m. Sunday School
11:00 a.m. Worship Service

Hurdland First Baptist Church
Robert Shobe, Pastor
9:30 a.m. Sunday School
10:30 a.m. Worship Service
7:30 p.m. Sun. & Weds. Worship and/or Bible Study

Colony Baptist Church
9:30 a.m. Sunday School
10:30 a.m. 4th Sunday worship

Cornerstone Community Church
Meeting at the Fohn Family Center 404 N. Elson
9:30 a.m. Sunday Small Group Bible Study designed for adults

Locust Hill Community Church
Rt. I, Novelty, Mo
William Gaines, Pastor
9:30 a.m. Sunday School
10:30 a.m. Morning Worship

New Harmony Free Will Baptist
3 miles West of Greentop on Rt. K
10:00 a.m. Sunday School
10:45 a.m. Morning Worship

Word Alive! Family Church of Faith
Hwy 63, Greentop
Pastors: Robert Gange
10:00 a.m. Sunday Worship, Adult service, Childrens Church

Schuyler County Church of Faith
Highway 136 East, Lancaster
Sonny Smyser, Pastor
8 a.m. & 10 a.m. Sunday Services
11:00 a.m. Adult Sunday Class
3rd Sunday Fellowship dinner 12 noon

Gospel Outreach Church
209 W. Washington
Norman Keller, Pastor
Gonda Manning, Co pastor
7:00 p.m. Thursday Services
7:00 p.m. Sunday Services

Victory Baptist Church Of Greentop
-Meets at the Willmathsville Community Church on Hwy A.
Pastor Joshua Wesley
10:30 a.m. Worship

Come worship
with us!



NEMO CPA's L.L.C.

Laurie Love, CPA

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Fax: 660-332-4811
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DIABETES AND NUTRITION CENTER

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"I can do everything through him who gives me strength."
Philippians 4:13