

# KIRKSVILLE Daily Express

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WEDNESDAY

NOVEMBER 2, 2022 | \$2

## Kirksville Rotary Club celebrates World Polio Day

By Marty Bachman  
Daily Express

The Rotary Club of Kirksville held a special program on Wednesday, Oct. 26, to celebrate World Polio Day. World Polio Day is celebrated on Oct. 24 but the local club meets on Wednesdays.

Rotary Club member Ralph Cupelli said that the international club's efforts to eradicate polio has been continuing for 45 years now and that it is one of the club's signature programs, having saved millions of lives and children around the world.

"There were over 500,000 cases of polio every year, worldwide when Rotary started getting involved in eradication," Cupelli said, noting that since their efforts began in 1978, they've raised almost \$2 billion. "That's our contribution and if you look at all the money given in the world to combat polio, Rotary is number two only behind the United States."



Rotary Club Member Matt Eichor speaks to the club at their World Polio Day meeting.

He talked about what a frightening time it was when polio was raging across the world, how they closed swimming pools and maintained large wards to house patients

and iron lungs to keep them breathing.

"It was a pretty scary time for people," Cupelli said. "We don't think about it today but children are still getting vac-

inated to combat it."

Ray Klinginsmith, a former Rotary International Club president from Kirksville, explained the history of Rotary's commitment to eradicate polio,

speaking about the then, 1978 international president from Australia, Clem Runoff, who visited Kirksville in 1979 after igniting the campaign.

"He had to overcome a number of big obstacles to get it going," Klinginsmith said. "But he did. He was that kind of a person."

Klinginsmith shared with the club details of Runoff's visit, how he spent the night in town and surprised them by showing up for the club's 75th anniversary banquet.

"He spoke briefly at our banquet so we have that connection with the founder of PolioPlus," Klinginsmith said.

Another connection Klinginsmith pointed out, was when Dr. Albert Sabin, who invented the oral vaccine, spoke to Rotary Club members at their Kansas City Convention in 1985, where 12 Kirksville Rotary Club members attended the event.

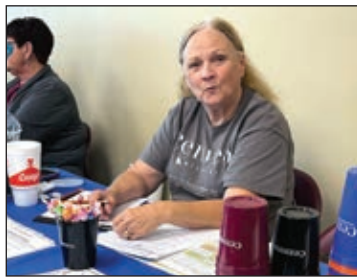
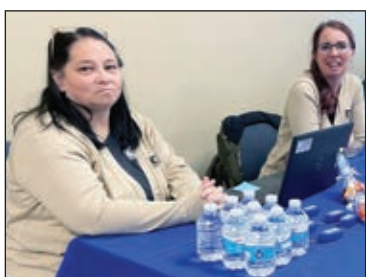
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## 2022 NEMO Job Fair held at Moberly Area Community College

Staff Reports

Dozens dressed to impress when they attend the 2022 NEMO Job Fair at Moberly

Area Community College last Friday, Oct. 28. Area employers were on-site ready to meet with potential employees with some even conducting interviews.



**This library expansion sounds great...but what is it going to cost me?**

To figure out your residential\* property tax increase:

- 1 Go to <https://adair.missouriassessors.com/search.php>**  
Type your name on the deed holder line. Click "view results." Select your property from the list.
- 2 Find Your Market Value**  
This number is on the right hand side, usually above the second blue bar.
- 3 Time for Math**
  - Take your market value and multiply by .19. This is your assessed value.
  - Divide your assessed value by 100.
  - Multiply that number by .12. This is your tax increase.
  - Example for a \$100,000 market value home.  
 $100,000 \times .19 / 100 \times .12 = \$22.80/\text{year increase or less than } \$2/\text{month!}$
- 4 Is there an easier way to just estimate? YES!**  
Locate your tax bill from last year. Find the line that shows what you paid for the library. If your market value stays the same, your increase will be less than that amount!!

\*Note: 19% of market value only applies to residential property. Other types of property have different rates.

## Library graphic explains how to calculate tax levy cost to property owners

By Adair County Public Library

The Adair County Public Library is asking voters for a 12 cent increase to the current \$0.1436 per \$100 of assessed valuation. The increase will amount to \$0.2636 per \$100 assessed valuation. The last time

the tax levy was increased was 36 years ago in 1986. Pictured is a graphic that will explain the way the tax will be calculated so that voters can know how much it is going to cost them.

The General Election will be held on Nov. 8.

## Kirksville woman in custody after vehicle pursuit

By Kirksville Police Department

On Friday, Oct. 28, at approximately 9:14 p.m., a Kirksville Police sergeant was conducting traffic observation near Illinois Street and U.S. Hwy. 63 when he observed a green Ford F150 turn northbound onto U.S. Hwy. 63. The sergeant observed the truck veering into the southbound lane of U.S. Hwy. 63 and then stopped in the roadway.

The sergeant stopped and attempted to contact the driver, who fled north in the vehicle. The sergeant noted there were sparks and flames coming from the wheels of the truck. The sergeant continued behind the vehicle with emergency lights and sirens. Missouri State Highway



Jeanne Sumerix

Patrol and the Schuyler County Sheriff's Department were notified of the truck as it continued northbound. While attempting to stop the truck, officers were advised it had been reported stolen.

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**OBITUARIES INSIDE**

Shirley Jean Elam, 88



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Volume 121, No. 85



# Missouri Cold Weather Rule takes effect on Nov. 1

By Missouri Public Service Commission

JEFFERSON CITY—The Missouri Public Service Commission’s Cold Weather Rule, designed to help customers with heat-related utility bills, begins on Nov. 1. The rule will remain in effect through March 31, 2023. It has been a part of the Commission’s rules and regulations since 1977.

The Cold Weather Rule applies to natural gas and electric utilities under PSC jurisdiction that provide heat-related service. Municipally operated systems, cooperatives and those that provide propane delivered by truck are not under PSC jurisdiction.

The Cold Weather Rule:

- Prohibits the disconnection of heat-related service when the temperature is predicted to drop below 32 degrees during the following 24 hour period.
- Provides more lenient payment terms permitting reconnection of service for natural gas and/or electric customers.
- Allows customers to budget payments over 12 months.
- Requires that customers be notified by mail 10 days before the date the utility intends to shut off service; an attempt be made to contact the customer within 96 hours before the shut off; an attempt be made to contact the customer right before

the shut off; and that notice is left at the home when service has been shut off.

- Requires the customer be notified of possible financial help in paying the utility bill.
- Allows for the reconnection of service for less than the full amount owed.

A customer may register with the utility if:

- They are 65 years of age or older;
- Disabled to the extent that they have filed with the utility a form submitted by a medical physician attesting that their household must have natural gas or electric utility service provided in the home to maintain life or health; or

- They have obtained a formal award letter issued from the federal government of disability benefits.

A customer who is registered with the utility company as elderly or disabled will receive additional notifications prior to a proposed discontinuance of service during the Cold Weather Rule period. They may also be eligible for additional minimum payment arrangements.

If a customer is faced with a heat-related utility bill that cannot be paid in full, it is important to:

- 1) Contact the utility company.
- 2) State an inability to pay the bill in full.

- 3) Provide monthly or annual income information.
- 4) Make a minimum payment.
- 5) Enter into a payment agreement.

For more information on the PSC’s Cold Weather Rule, please see the Commission’s website at [www.psc.mo.gov](http://www.psc.mo.gov) or call the Commission’s Consumer Services hotline at 1-800-392-4211. Consumers can also receive Cold Weather Rule information from their local natural gas or electric company or the local community action agency. In addition, there may be additional programs available to consumers seeking assistance in paying their heating bills.

## KIRKSVILLE AREA CALENDAR OF EVENTS

### Public hearing on Roy Blunt Reservoir Water Supply Project

On Thursday, Nov. 3 from 5-6 p.m. at the Community Center in Milan at 205 N. Market Street, the North Central Missouri Regional Water Commission will be hosting a public hearing to receive comments on the proposed grant and loan package application for the Roy Blunt Reservoir Water Supply Project. Members of the lake project team will provide an overview of the lake project, a status update and the final plan of finance, which includes the United States Department of Agriculture – Rural Development Grant and Loan package for which the NCMRWC is applying. There will be displays on-hand for public review. The public is welcome to ask questions or make comments about the application. Minutes will be recorded and provided to the United States Department of Agriculture – Rural Development for review. The public is asked to limit comments to five minutes each. Unlimited written comments are welcome. There will be a sign-in sheet available upon arrival.

### Adair County Veterans Organizations will host a Veterans’ Day Ceremony

The Adair County Veterans Organizations will host a Veterans’ Day Ceremony at 11 a.m., Friday, Nov. 11, at Kirksville’s Rieger Armory. Commander Corey Pritchard, United States Navy (retired) will be the featured speaker. Music will be provided by an ensemble from the Kirksville High School band. Doors will open at 10 a.m., representatives of the Missouri Veterans Commission and local

veterans service organizations will be available for informal meetings. The public is encouraged to join local veterans as they remember and honor those who have served and continue to serve the nation to protect freedom. If you have any questions, contact our Secretary, John Buckwalter at (660) 626-3626 or Chairman, Michael Elmore at (660) 627-0328.

### Blessing of the Hunt

Cornerstone Church will be holding its annual Blessing of the Hunt beginning at 5:30 p.m. on Nov. 10 at the NEMO Fairgrounds. Doors open at 5 p.m. and the event runs until 8 p.m. Speakers include Doug Laird, who, in the state of Missouri owns the antlered doe world record, as well as an update from members of the Outdoor Dream Foundation, which takes terminally-ill and disadvantaged youth on hunts, both locally and nationwide. There will be a talk on conservation hunting safety and there will be hundreds of door prizes, including the top prize of an enclosed tower deer stand with a Ruger deer rifle for those who remain for the entire program.

### Women in Agriculture workshop in Green City

Women with an interest in agriculture and wanting to learn about current agricultural topics are invited to attend a Women in Agriculture workshop, Thursday, Nov. 10, from 9 a.m.-3:15 p.m., at City Hall in Green City, Mo. This free workshop is an opportunity to bring together farm women and those who work in the agriculture industry to engage with other women with similar interests. Topics to be presented include succession and estate

planning, weed management, farm leases, current farm rental rates, live life in full bloom, and NRCS/SWCD/FSA farm programs. All programs are taught by University of Missouri Extension field specialists and USDA personnel. Lunch will be provided. The workshop is free but pre-registration is required by Nov. 7. For more information or to register, contact the Adair County Extension Center at 660-665-9866. This free workshop is sponsored by the University of Missouri Extension and local Soil Water Conservation Districts.

### Drinking Habits performed at Truman State University

Accusations, mistaken identities, and romances run wild in this traditional, laugh-out-loud farce. Two nuns at the Sisters of Perpetual Sewing have been secretly making wine to keep the convent’s doors open, but Paul and Sally, reporters and former fiancées, are hot on their trail. They go undercover as a nun and priest, but their presence, combined with the addition of a new nun, spurs paranoia throughout the convent that spies have been sent from Rome to shut them down. Wine and secrets are inevitably spilled as everyone tries to preserve the convent and reconnect with lost loves.” Play-scripts, Inc. By Tom Smith and directed by Senior Courtney Kopp, performances are Nov. 9-12, at 7:30 p.m. at the James G. Severns Theatre, Ophelia Parrish Building. Appropriate for ages 13 and up.

### Truman State University stargazing events

Truman State University and the Adair County Public Library will help the local community

appreciate the wonders of the night sky by hosting an event from 5:30-7:30 p.m. Nov. 15 at the Adair County Public Library in Kirksville. In addition to community outreach events, the Truman Observatory, located at the University Farm on Boundary Street, hosts open house events throughout the year. Details can be found online at [observatory.truman.edu](http://observatory.truman.edu).

### Kirksville’s Hometown Holiday

Kirksville’s Hometown Holiday will be held on Nov. 26. There will be a “Shop Small” event from 10 a.m. to 8 p.m., The Christmas Parade at 5:30 p.m., the Tree Lighting at 6 p.m. and Living Windows and Santa from 6:15 to 8 p.m.

### Kirksville Kiwanis Christmas Parade

The Kirksville Kiwanis Christmas Parade returns as part of Kirksville’s Hometown Holiday celebration in downtown Kirksville. The 11th annual parade will be held Saturday, Nov. 26 at 5:30 p.m., starting along Franklin Street and traveling around the Square. The theme for this year’s parade is “Winter Wonderland!”

In lieu of an entry fee, the Kiwanis Club of Kirksville asks parade participants to donate new children’s mittens, gloves, hats, coats, and scarves. This warm clothing will then be donated to children in need in the community. Parade-goers can also bring warm children’s clothing to the parade, which will be collected along the parade route.

If you are part of a local business, organization or group, then enter a float in the parade. For registration information, email [kirksvillekiwanis@gmail.com](mailto:kirksvillekiwanis@gmail.com).

## Delegates to the Silver Haired Legislature choose their priorities for 2023

By Delegates to the Silver Haired Legislature

The 49th Annual Conference of the Silver Haired Legislature took place at the Capitol Plaza Hotel in Jefferson City on Oct. 18, 19, and 20. The 65 delegates in attendance chose their Top Five Priorities and formulated plans to advocate for senior issues during the coming legislative session.

After spirited debates in the Legislative chambers, the delegates chose these issues as their Top Five Priorities for the 2023 legislative session:

1. No Income Tax on Social Security Income
2. Real Estate Tax Relief for Seniors
3. Absentee and Early Voting for Seniors
4. Increase Medicaid Asset Level
5. Authorize the Department of Health and Senior Services, Section for Long

Term Care, to Include Dementia Specific Training in Licensure for Health

Facilities Accepting Dementia Patients

Anyone interested in learning further details about the priorities of the Silver Haired Legislature is encouraged to call Northeast delegation chair Laura Burnham at 573-929-3642 or email [lauraburnham@windstream.net](mailto:lauraburnham@windstream.net). Their Northeast Missouri area covers Adair, Clark, Knox, Lewis, Lincoln, Macon, Moberly, Montgomery, Pike, Ralls, Randolph, Schuyler, Scotland, Shelby and Warren counties and has room for more delegates. Anyone 60 or older who is interested in representing seniors in the above listed areas is eligible.

The is also a Public Advocacy Program of anyone who wants to stay informed about senior issues. You can sign up at [www.againahead.org/missouri-shl/](http://www.againahead.org/missouri-shl/).

Missouri’s Silver Haired Legislature was founded in 1973, the first in the nation after the Older Americans Act was amended to include advocacy groups. The SHL is composed of up to fifteen volunteers from each of the ten statewide Area Agencies on Aging. These 150 senior advocates, elected by their peers, identify and advocate for issues critical to older Missourians.




Alliant Bank Welcomes Andy Gerdes

Bill Lymer, President and Chief Executive Officer of Alliant Bank recently announced the employment addition of Andy Gerdes to their Kirksville lending staff.

He noted “Andy is a respected banker in Kirksville and surrounding areas and will be an excellent addition to our lending staff. Andy has over 16 years of lending and banking experience in the community, and will assist Alliant Bank in continuing to meet the requests of our growing customer base.”

Andy adds, “I am excited to join Alliant Bank and look forward to working with their team.”

Andy can be contacted at [andy.gerdes@alliantbank.com](mailto:andy.gerdes@alliantbank.com), 660-665-3494 (work) or 660-349-7336 (mobile).





201 S. Baltimore  
Kirksville, MO  
660-665-3494



Member FDIC


Carol Jam

Beginning  
Wednesday, November 9, 2022, 7-8:30pm  
at the \_\_\_\_\_, we will EXPLORE the  
heritage of Christmas Carols and Caroling.

- SINGING carols old and new
- ENJOYMENT developing confidence singing in harmony and solo
- Looking for ways to ENGAGE THE COMMUNITY through Advent, Christmas, Christmastide


This is a FAITH JOURNEY - open to gifted and seekers alike - as in “Shepherds out in the fields at night..(and) spread the word..”

We'll meet November 9, 16, 23 and 30 open to a variety of caroling experiences, including November 26 Kirksville Hometown Holiday on the square.




Coordinator, Loyd Johnson  
319-240-5540

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Thanksgiving and Christmas.



OBITUARIES

Shirley Jean Elam

July 2, 1934 – Oct. 29, 2022

Shirley Jean Elam, 88, of Kirksville passed away Saturday, October 29, 2022.



The daughter of William and Viola (Shelton) Harnish, she was born July 2, 1934 in Cedar Rapids, Iowa. On December 14, 1957 in Edina, Missouri she married Len-ville Elam.

Shirley is survived by her children, William Elam of Cedar Rapids, IA, Michael (Wanda) Elam of Brashear, MO, Dolly Peek of Kirksville, Earlene Knoche and Michael Gosnyer of Kirksville, Lenda Wachter of Kirksville, and Lougene Hindman of Kirksville; one brother, Reverend William Harnish of Cedar Rapids, IA; 14 grandchildren, 20 great grandchildren and 3 great great grandchildren.

She was preceded in death by her parents; her husband; one daughter, Gloria Schmickle and two sisters, Betty Watson and Dolly Watson.

Shirley grew up and attended Catholic School in Cedar Rapids, Iowa. She worked for the Florsheim Shoe Factory and Truman State University until she retired.

She was a member of the Salvation Army Church. She enjoyed sewing, collecting dolls, crocheting, traveling and camping.

She was a wife, sister, mom, grandma, great grandma, and wonderful dog mom. She loved her family deeply. She was silly, made us laugh, drove her children crazy, and was always up for shenanigans. She is now free to live eternally with her husband who she missed dearly. She will be missed by all those who loved her.

Visitation will be from 3:00 to 4:00 p.m. Wednesday, November 2, 2022 with funeral service at 4:00 p.m. at Davis-Playle-Hudson-Rimer Funeral Home, Kirksville, MO. Entombment will be in Park View Memorial Gardens.

Memorials in memory of Shirley are suggested to the Salvation Army.

Arrangements in the care of Davis-Playle-Hudson-Rimer Funeral home; [www.davisplaylehudsonrimer.com](http://www.davisplaylehudsonrimer.com).

Kirksville R-3 honors support staff for October

By Kirksville R-03

The Kirksville R-3 School District honored support staff members for the month of October. Pictured with staff is Superintendent Robert Webb.



Donna Vincent



Gabby Playlet, a nurse since 2019, is in her second year at Kirksville as a nurse at William Matthew Middle School. Originally from Peoria, Ill., she said that she is thankful for the opportunity to serve the students and staff at WMMS. "Go Tigers!"



Debra Grgurich works with kindergartners at Kirksville Primary School. She is from Kirksville and has 15 years total service with the district. "I've enjoyed all my years working with so many wonderful teachers and paras, but mostly the children who always brighten my day with their smiles and hugs," she said.



Linda Luu works at Kirksville High School. Originally from California, she has 20 years experience working in schools, 12 years in special education and eight months in Kirksville Special Ed having recently moved here from Mesa, Ariz.



Mary Elam is at the Early Childhood Learning Center in Kirksville and is in her 15th year with the district.



Stephanie Jones is from Kirksville and works in the district's central office and has four-plus years of service at Kirksville R-3.

Hospice of Northeast Missouri celebrates National Hospice and Palliative Care Month

By Hospice of Northeast Missouri

Throughout the month of November, Hospice of Northeast Missouri will be joining organizations across the nation in recognizing National Hospice and Palliative Care Month (NHPCM). This year's NHPCM theme is "meeting you where you are."

For more than 40 years, hospice has helped provide interdisciplinary, supportive care to millions of people nationwide, allowing them to spend their final months wherever they call home and surrounded by their loved ones. Hospice teams, such as the team at Hospice of Northeast Missouri, craft plans of care that ensure pain management,



therapies and treatments all center on the patients' and their loved ones' goals and wishes. Hospice care also provides emotional support and advice to help family members become confident caregivers and adjust to the future with grief support for up to a year.

Hospice of Northeast Missouri, a service of Hannibal

Regional, is the only nonprofit hospice health care service in the northeast region and they provide care to about 200 patients a year. Hospice of Northeast Missouri, a partner agency of the United Way of Northeast Missouri, serves Adair, Clark, Knox, Lewis, Macon, Putnam, Schuyler, Scotland, Sullivan, and Shelby counties.

Hospice services are covered by Medicare, Medicaid and many private insurances.

"The theme "meeting you where you are," is so appropriate as our staff at Hospice of Northeast Missouri go wherever the patient and their loved ones need care, whether that is in their home, the home of a family member, a nursing home or an assisted living facility" said Linnette Baker, director of Hospice of Northeast Missouri.

For more information about Hospice of Northeast Missouri, visit their website at [hospiceofnortheastmissouri.org](http://hospiceofnortheastmissouri.org) or call 660-627-9711. Additional information about hospice care can be found at NHPCO's CaringInfo.org.

ROTARY

Continued from Page A1

"So when they came home, they were prepared for PolioPlus," he said.

He told of how the local club, as well as the international Rotary organization has continually gone beyond any goals they set in fundraising, at one point beating a \$120 million goal by raising \$247 million.

"Our club has a lot to be proud of as Rotary has led this fight to eliminate polio," he said. "What I hope today is you understand the importance of eliminating polio."

Kirksville Club Member Matt Eichor reported that there's been major progress in eradicating polio from the planet.

"We've gone from several hundred thousand cases a year to just a few of the wild polio virus cases," he said.

Eichor said that he expected that India would be the last country to be polio free, but thanks to the huge commitment of Rotarians in India, that country was declared polio free in 2014. He said that today, the two remaining countries that have reported cases of the

wild polio virus are Pakistan and Afghanistan.

"So that's not good news," he said.

He said that recently cases have been found in the United States, the United Kingdom and Israel.

"It is a reminder that as long as the polio virus is found anywhere, it is a potential problem everywhere and no one is safe until everyone is safe," Eichor said.

He said that earlier this year he was listening to the NBC evening news when a report came on about a case of polio in New York of someone that had not been vaccinated. He said that same evening a report came across CBS News of the same case, that made him realize the importance of what was being reported. It was the first case of polio in the U.S. since 2013 and it occurred in a county where only 60 percent of the children were vaccinated. He said that as of Aug. 12, the polio virus was still being detected in the sewer systems of New York City and other counties in New York State.

He said that for years wastewater monitoring has routinely been implemented

in many countries and this acts as a warning system to identify and rapidly mitigate the spread of diseases including polio virus, hepatitis viruses, and recently even used to identify Covid.

"There's still a lot of work to be done to totally eradicate polio," Eichor told the club members. "And as you would expect, this costs money. The effort is a public private partnership led by Rotary, a group of national governments, the World Health Organization, U.S. Centers for Disease Control, and numerous others especially in many other countries."

Club Member Jeff Romine said that just 10 days ago, the Gates Foundation announced that it will commit \$1.2 billion to continue the effort to eradicate all forms of polio.

"We hope that you will remember that Rotary is still heavily involved and needs our support and contributions as well," Romine said, noting that those that are having trouble making a contribution, can get the check to him and he'll make sure it ends up in the right place.

Romine then spoke about

the current Rotary International Club President Jenifer Jones, the first female international club president, and her connections to Ray Klinginsmith, the former Rotary Club International President that dates back to 2010. Romine said that he was the one to invite her to speak at the foundation dinner in 2010 and thus, felt a connection to her as well. Romine said she was the first female international club president, and that the current Kirksville Rotary Club president and the Thousand Hills Rotary Club president were both women as well.

A short video was played with Jones speaking to club members about her fight on behalf of the club to eradicate polio in foreign lands.

"Polio was returned to the headlines, and it's again striking fear," she said. "We know that the whole world is watching and while we don't want anyone to live in fear, we should be grateful for this focus. We know that if the polio virus exists anywhere, it threatens children everywhere."

Go to [kirksvilledailyexpress.com](http://kirksvilledailyexpress.com) to see a video of the meeting.

PURSUIT

Continued from Page A1

The Schuyler County Sheriff's Department deployed spike strips on the truck in Greentop and the truck ran off the roadway, stopping near U.S. Hwy. 63 and Hwy. J. The driver, Jeanne Sumerix, was found to be the sole occupant of the vehicle and was not injured. Sumerix, 26, of Kirksville, has been charged in Adair County Court with Tampering with a Motor Vehicle in the 1st Degree and Resisting Arrest/Lawful Stop. Sumerix is currently being held at the Adair County Detention Facility.

"The Kirksville Police Department would like to thank the Schuyler County Sheriff's Department, Adair County Sheriff's Department, Missouri State Highway Patrol and the Schuyler County Rural Fire & Ambulance for their assistance in this incident," department officials said.

Anyone with information regarding this incident or any suspicious activity is encouraged to contact the Kirksville Police Department at 660.785.6945, Central Dispatch at 660.665.5621, Adair County Sheriff's Office at 660.665.4600 or anonymously at 660.627.BUST (2878) or email [police@kirksvillecity.com](mailto:police@kirksvillecity.com).

A criminal charge is merely an accusation and a defendant is presumed innocent until and unless proven guilty.

OBITUARIES

Avis McBee

MEMPHIS, MO – Funeral services for Avis McBee, 88, of Memphis will be at 1 p.m., Thursday, November 3 at the Gerth Funeral Chapel. Burial will be in the Memphis Cemetery. Visitation is prior to the service from 11 a.m. to 1 p.m. on Thursday at Gerths. Avis McBee died Sunday evening, October 30, 2022 at the LaBelle (MO) Manor Care Center.

KIRKSVILLE AREA NEWS BRIEFS

CAPNEMO Winter Clothing Drive

Community Action Partnership of Northeast Missouri presents a Winter Clothing Drive, Nov. 1-Dec. 21. The drop off location is at the Community Action Partnership of NEMO, 215 N. Elson Street in Kirksville, Drop off times are Monday through Thursday, 8 a.m. to 5 p.m. All gently used items are welcomed. Help keep our community warm by donating winter coats, blankets, gloves and winter hats. For more information or arranging pickup, email athurman@capnemo.org or lplatz@capnemo.org.

Adair County Public Library Book Club is Back

Join the Adair County Public Library for their 2022-23 Friends of the Library Book Discussion group. Meetings will be held in the Special Collections Room at 5:30 p.m. Talk to the front desk staff if you would like to purchase these books through the library. Cost for an entire set of the books is \$72.

Nov. 8, 2022: About Grace by Anthony Doerr; Jan. 10, 2023: Our First Civil War by H.W. Brands; Feb. 14: Has It Come to This? by Kimberly Tillery; March 14: Booth by Karen Joy Fowler; April 11: Tied Up in Knotts: My Dad and Me by Karen Knotts.

OATS Transit offers regular transportation services

OATS Transit offers regular transportation services for the rural general public of any age, seniors, and individuals with disabilities. Call the local OATS Transit office at 660-415-0901 or 800-654-6287 to schedule a ride or find out about services in your area. You can also visit their website at oatstransit.org and view the local schedule under "Bus Schedules". OATS Transit offices will be open for all routes on Friday, Nov. 11 (Veterans Day). Their offices will be closed, and regular routes will not be running on Thursday, Nov. 24, and Friday, Nov. 25, for the Thanksgiving holiday. Keep this in mind as you schedule trips near this holiday. OATS Transit is hiring drivers statewide in case you know of someone who would make a great driver, so we can continue serving our riders

Shop Small Season

From Nov. 26 until Dec. 31, when you spend \$10 or more at participating locations, you can fill out a shopped small ticket, drop it in the Spend \$10 Box, and enter to win. Grand Prize is a large gift basket made up of items donated by participating locations. Each item is worth at least \$10 or more in value. Last year's basket was worth over \$200. Second and third prize winners will also win smaller gift baskets of donated items and

gift cards. Last year's baskets were worth \$150.

As a thank you to participating business, the business name on the winning shopped small tickets will win \$25 in Kirksville Ca\$h. As a thank you to shoppers from participating businesses, specials and deals are being offered during this event, from discounts on items and gift cards to BOGO sales, local businesses are ready to save you money on all of your holiday needs.

In early January, they will collect the boxes containing entries and combine all of the tickets into one big drawing. On Jan. 6, the Kirksville Area Chamber of Commerce will draw three Shop Small tickets and declare the Shopped Small winners. If you are interested in participating, visit [www.kirksvillechamber.com/shop-small](http://www.kirksvillechamber.com/shop-small) for more information on participating locations, in-store offers and business registration! Registrations may be returned to [kelly.jones@kirksvillechamber.com](mailto:kelly.jones@kirksvillechamber.com) by Nov. 8.

Watercolor artist Dana Forrester exhibit at Sue Ross Arts Center

The Kirksville Arts Association currently has a new exhibit at the Sue Ross Arts Center — a large collection of original paintings by nationally recognized watercolor artist Dana Forrester. Forrester is a native of Kirksville and now resides in Independence. Forrester is a graduate of Truman State University and was elected as a Signature member to the American Watercolor Society in 1981 and to the National Watercolor Society in 1980. The exhibit will run through Nov. 23. A reception and meet and greet with the artist will be held Thursday, Oct. 27 from 5:30-7 p.m. at the Sue Ross Arts Center, 215 S. Franklin Street in Kirksville. The gallery is open Monday through Friday, 11 a.m. to 4 p.m. and on Saturdays from 10 a.m. to 2 p.m. There is no charge to visit the arts center.

City seeking applicants for Kirksville Housing Authority

The city of Kirksville is eager to involve community-minded citizens in the process of local government through one of their many citizen advisory commissions. The city council is currently accepting citizen applications for the following position: Kirksville Housing Authority Board: one position on the commission for a four-year term ending in November 2026.

Visit [www.kirksvillecity.com/citizensserve](http://www.kirksvillecity.com/citizensserve) and submit your application before Friday, Nov. 4, at 5 p.m. to be considered for the opportunity to serve on this commission. For more information, contact City Clerk Wanda Cagle at 660-627-1225.



## We Need Your Help!

If your company has hired anyone new, promoted anyone, had an employee win an award or attend a conference, we want to publicize that. We want to share with the public your success and the many good things you might be doing that benefit and/or affect the community. While our sales staff can help you promote a big event you have planned, the news department is here to share with the community the successes your business and employees have achieved. If you feel what you've done as a business is important, submit a picture and/or story so that everyone can know.

USDA Rural Development provides \$58 million to bring high-speed internet to communities across rural Missouri

By U.S. Department of Agriculture

COLUMBIA — U.S. Department of Agriculture (USDA) Rural Development Missouri State Director Kyle Wilkens announced that the department is awarding over \$58 Million to bring high-speed internet access to people living in rural Missouri.

“High speed internet is crucial for rural Missouri residents and businesses to be competitive and connected to the world,” Wilkens said. “With high-speed internet, rural communities can thrive in the global community. There will be greater opportunities to attract new businesses, grow existing businesses, and attract new residents.”

As part of the announcement:

Grand River Mutual Telephone Corporation is receiving a grant of over \$15 Million to deploy a fiber-to-the-home network to connect 3,107 people, 521 farms, 59 businesses and nine educational facilities to high-speed internet in Daviess, Gentry, Grundy, Harrison, Livingston, Mercer, and Nodaway counties in Missouri. Grand Mutual Telephone Company will make high-speed internet by participating in the FCC’s Affordable Connectivity and Lifeline programs.

IAMO Communications Inc. is receiving a grant of over \$3 Million to deploy a fiber-to-the-premises network to connect 291



people, 57 farms and six businesses to high-speed internet in Atchison and Nodaway counties in Missouri. IAMO Communications Inc. will make high-speed internet affordable by participating in the FCC’s Affordable Connectivity and E-Rate programs.

Kingdom Telephone is receiving a grant of over \$23 Million to deploy a fiber-to-the-premises network to connect 4,941 people, 611 farms and 84 businesses to high-speed internet in Audrain, Boone, Callaway, and Montgomery counties in Missouri. Kingdom Telephone Company will make high-speed internet affordable by participating in the FCC’s Affordable Connectivity and Lifeline programs.

Rock Port Telephone Company is receiving a grant of over \$15 Million to deploy a fiber-to-the-home network to connect 1,121 people, 297 farms and 30 businesses to high-speed internet in Holt and Atchison counties in Missouri. Rockport Telephone Company will make high-speed internet affordable by participating in the FCC’s Affordable Connectivity and Lifeline programs.

Background: ReConnect Program

To be eligible for ReConnect Program funding, an applicant must serve an area that does not have access to service at speeds of 100 megabits per second (Mbps) (download) and 20 Mbps (upload). The applicant must also commit to building facilities capable of providing high-speed internet service with speeds of 100 Mbps (download and upload) to every location in its proposed service area.

To learn more about investment resources for rural areas, visit [www.rd.usda.gov](http://www.rd.usda.gov) or contact the nearest USDA Rural Development Missouri office.

USDA Rural Development provides loans and grants to help expand economic opportunities, create jobs, and improve the quality of life for millions of Americans in rural areas. This assistance supports infrastructure improvements; business development; housing; community facilities such as schools, public safety, and health care; and high-speed internet access in rural, tribal, and high-poverty areas. For more information, visit [www.rd.usda.gov](http://www.rd.usda.gov).

USDA touches the lives of all Americans each

day in so many positive ways. In the Biden-Harris Administration, USDA is transforming America’s food system with a greater focus on more resilient local and regional food production, fairer markets for all producers, ensuring access to safe, healthy and nutritious food in all communities, building new markets and streams of income for farmers and producers using climate-smart food and forestry practices, making historic investments in infrastructure and clean-energy capabilities in rural America, and committing to equity across the Department by removing systemic barriers and building a workforce more representative of America. To learn more, visit [www.usda.gov](http://www.usda.gov).

Contact USDA Rural Development

Information on programs available through USDA Rural Development is available by visiting [www.rd.usda.gov/mo](http://www.rd.usda.gov/mo), by calling (573) 876-0976, or by emailing [RD-Missouri@usda.gov](mailto:RD-Missouri@usda.gov).

USDA Rural Development has 25 offices across the state to serve the 2.2 million residents living in rural Missouri. Office locations include a state office in Columbia, along with local offices in Butler, Charleston, Chillicothe, Clinton, Dexter, Eldon, Farmington, Higginsville, Houston, Kennett, Kirksville, Maryville, Mexico, Moberly, Neosho, New London, Poplar Bluff, Richmond, Rolla, Sedalia, Springfield, St. Joseph, Troy, and West Plains.

Quiet Quitting: What to know and why business owners need to stop calling It a ‘problem’

By Ethan Drower

It seems like just yesterday ‘The Great Resignation’ was the biggest phenomenon being experienced and discussed across virtually every industry. Now, however, there is a whole new trend happening in the workplace that is swiftly gaining traction with employees: quiet quitting. Countless news outlets are currently abuzz with this topic, and many business owners are now wondering what this movement is all about. A lot of company leaders are also labeling “quiet quitting” a “problem” and trying to figure out how to prevent it from happening in their enterprise.

Are you worried about quiet quitting happening in your own business? Do you want to know the signs that your employee is quiet quitting and what it means? Well, in my own journey as the co-founder and Operating Partner of CiteMed, I have seen other business leaders in my network experience quiet quitting in their own enterprise. Here is what to know about this movement and where the “problem” actually lies:

**What Exactly is Quiet Quitting?**

Let me say this first: quiet quitting has always been seen in the workforce — it just wasn’t a popular topic until a TikTokker posted a video about it that went

viral in July 2022. In the video, he says that when you quiet quit, you don’t outright quit your job; you just quit the idea of going above and beyond at work, as your life isn’t defined by your work output. So basically, when an employee quiet quits, they perform the duties they are being paid to do but don’t take on additional projects or responsibilities, strive to over-achieve, or allow their work to cause them any stress in their personal lives.

**Signs an Employee Has Opted to Quiet Quit**

It is quite easy to tell if your employee has quiet quit at work. Do they log off their computers or leave the office at the exact same time every day? Do they refuse to work more than the eight hours a day they were hired to do, even if projects are not yet complete? Do you ever ask them to take on additional tasks and they flat out tell you “no” without explaining why? Do they show no interest in team bonding activities outside of work hours? If you answered “yes” to any of these questions, then your employee has likely quiet quit.

**How the Covid-19 Pandemic Boosted the Quiet Quitting Phenomenon**

While quiet quitting has always been apparent in the workforce, I definitely believe that it has increased since the

pandemic began. This is because the pandemic forced employees to stay at home for long periods of time, which gave them a lot more time to reevaluate their lives and what they consider to be the most important for their overall fulfillment. They also have seen their peers join the Great Resignation that stemmed from the pandemic, which showed them that they too are not stuck in the companies they work for.

Employees are now in the driver’s seat and know companies are desperate to prevent the high turnover that is seen in virtually every industry. So these employees know they can work the minimum they are expected to work without being fired.

**Are Certain Age Cohorts More Likely to Quiet Quit Than Others?**

Gen Z and millennials are definitely more susceptible to quiet quit than older generations. This is because they are much more connected on social media networks, where they are heavily influenced by others who post their journeys of quiet quitting and finding paths towards greater life fulfillment. Older generations will stay and grow with the same company for decades because they place high importance on security and comfort, while Gen Zers and millennials have no issue



Ethan Drower

leaving jobs that don’t make them feel fulfilled.

**How Quiet Quitting Varies Between Work Operation Models**

Remote workers are much more susceptible to quiet quit than in-person employees. This is because those who work from home can easily turn off their laptops or computers for the day once the clock hits 5pm, while in-person employees can have trouble saying “no” when their bosses ask them face-to-face if they can work late. Also, in-person employees can be influenced to work longer hours when they see their coworkers also working longer hours.

**STOP Calling Quiet Quitting a “Problem”**

While I believe that quiet quitting is very apparent all over the workforce right now, I wouldn’t label it a “problem”. Employees are just standing up for their rights and ensuring they are not being taken advantage of by the businesses and large corporations they work for. And why should employees be expected to work more and take on more projects than they are being paid to do? Why should they “go above and beyond” for companies that don’t compensate them for it?



National Prescription Drug Take-Back Day celebrates 23 years

By Adair County Health Department

The U.S. Drug Enforcement Agency (DEA) has sponsored National Prescription Drug Take-Back Day for 23 years. The program offers people the opportunity to drop off out-of-date and unused prescription medications to keep them out of landfills, wastewater systems, and out of reach for children and

those who may try to use or sell medications not prescribed for them.

This year’s national event was held Oct. 29, but in Adair County, the opportunity is there nearly every weekday throughout the year.

The Adair County Sheriff’s Office allows people to drop prescription medications into a collection box at its offices every Monday through Friday during



regular office hours. To return yours, just buzz the office door at 215 N. Franklin Street in Kirksville and wait to

be admitted into the lobby. Staff will assist you with disposing of your medication in the collection box.

People can dispose of prescription and over-the-counter medications, ointments, and patches, as well as pet medications. However, thermometers, needles, hydrogen peroxide, aerosol cans, inhalers, and illegal drugs will not be accepted. Once a year, the sheriff’s office delivers boxes of collected medications to a DEA drop-off center for disposal.

“Outdated and unused prescription and over-the-counter medications are dangerous,” said Jim LeBaron, administrator of the Adair County Health Department. “To keep our residents safe from the harms of outdated and unused medications, the Adair County Health Department encourages residents to take advantage of the drug drop-off at the Adair County Sheriff’s Office.”

Dr. Jeff Davis elected to American Osteopathic Assoc. Board of Trustees

By Scotland County Hospital

Scotland County Hospital announced that Jeffrey D. Davis, DO, CMD, of Memphis, was recently elected to serve as the 1st Vice President of the American Osteopathic Association (AOA) Board of Trustees. Additionally, the AOA President, Ernest Gelb, DO, appointed Dr. Davis to serve as the AOA’s Liaison to the American Association of Colleges of Osteopathic Medicine (AACOM) for 2022-2023 and he has also been appointed to serve on the Committee for AOA Governance and Organizational Structure (CAGOS), the AOA’s Bureau of Membership, and the AOA’s Audit Committee.

The AOA Board of Trustees (BOT) is the administrative body of the AOA with authority to conduct all business when the House of Delegates is not in session and when such policies are essential to the management of the AOA. Such duties include: management of the Association’s finances; appointments to bureaus, councils, and committees; decisions on all questions of ethical/judicial issues; and review and approval of amendments to the constitution, bylaws and regulations of affiliated organizations.

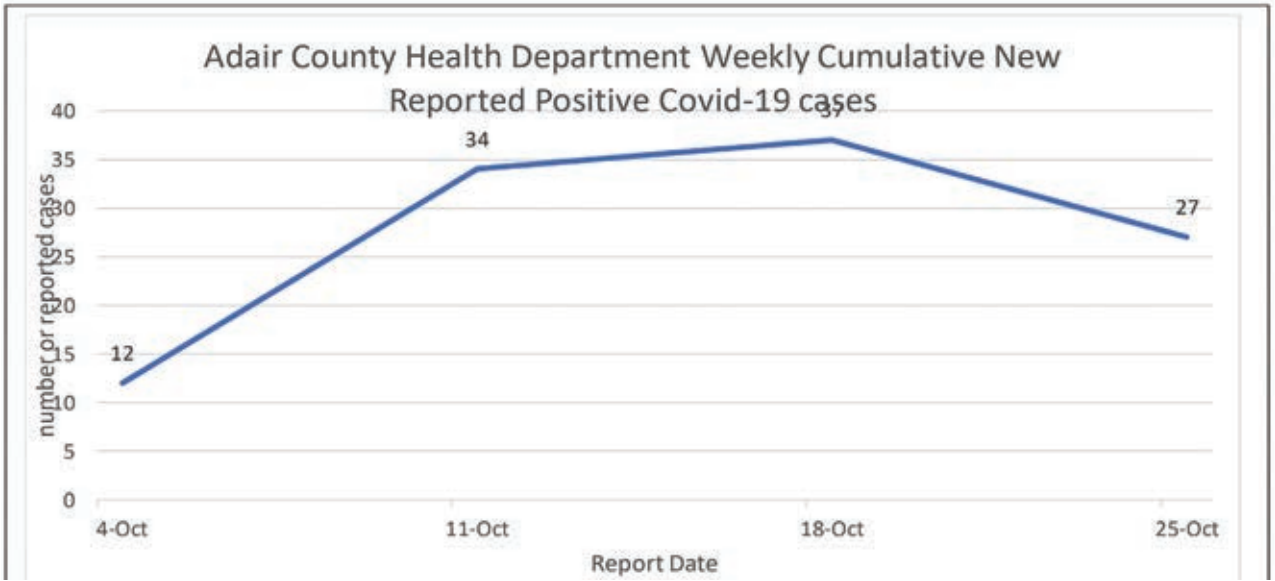
Dr. Davis is AOA board-certified in osteopathic family medicine and osteopathic manipulative treatment, and is an American Board of Post-Acute and Long-Term Care certified medical director. He serves as the Assistant Dean of Clinical Affairs and is an Assistant Professor of Family and Community Medicine at A.T. Still



Dr. Jeff Davis

University – Kirksville College of Osteopathic Medicine in Kirksville.

Dr. Davis continues to practice part-time at Scotland County Hospital and Clinics approximately one day per week. Dr. Davis is the Medical Director of Lancaster Medical Services and Edina Medical Services, and serves as the Physician Champion of population health with the Caravan ACO and Crossrivers clinically integrated network. He continues to supervise and serves as the collaborating physician for three of our nurse practitioners and one physician assistant. He is the attending physician for his patients that are residents of the Clark County, Knox County, and Schuyler County Nursing Homes. Dr. Davis also provides periodic daytime and nighttime inpatient medicine, pediatric and OB coverage at SCH and performs gastrointestinal endoscopy in the Surgery Center. He continues to serve as the Medical Director of Clark County Nursing Home and Ambulance District in Kahoka as well as the Knox County Nursing Home and Ambulance District in Edina.



Covid cases fall in Adair County

By Adair County Health Department

The number of Covid-19 cases reported to the Adair County Health Department during the seven-day period, Oct. 18-24, fell

from 37 to 27. The Adair County Health Department continues to administer Covid-19 vaccines and boosters for residents ages 12 and older. Clinic dates are Nov. 8, 15 and 29, from 2-4 p.m. To

schedule a Covid-19 vaccine, call the Health Department at 660-665-8491. Parents of residents under age 12 should contact their child’s doctor or pharmacy about vaccines.

Understanding PTSD, it’s effects, and treatments

By Wayne Kleinschmidt, PTSD first responder, and Military Social Worker

As a new generation of service members returns from deployment, the Department of Defense (DoD) is faced with the challenge of identifying the most effective methods of treatment to address posttraumatic stress disorder (PTSD). Prevalence estimates of PTSD symptoms based on self-report surveys among warriors in the conflicts in Iraq and Afghanistan vary, but it has clearly been shown to be a significant problem, especially for those exposed to sustained ground combat.

There are several treatment options that health professionals and clinicians can use to effectively treat service members with PTSD. Since there are a number of factors to consider in treating PTSD (e.g., access to services, availability, safety, patient preferences, etc.), it is important to understand the different types

of treatments available to service members.

Treatment Options for PTSD

The main treatments for people with PTSD are counseling (known as “talk” therapy or psychotherapy), medications, or both. Although there are a number of treatment options for PTSD, and patient response to treatment varies, some treatments have been shown to have more benefit in general.

Cognitive-behavioral therapy (CBT) is one type of counseling. With CBT, a therapist helps the service member dealing with PTSD understand and change how thoughts and beliefs about the trauma, and about the world, cause stress and maintain current symptoms. The table below describes several types of CBT:

CBT has been shown to be successful in treating PTSD in a number of well controlled studies. However, there are a handful of service members for

whom certain interventions may be inappropriate or for whom other treatment problems (e.g., co-occurring conditions) may also need to be addressed. Visit this fact sheet from the VA National Center for PTSD for more information on cautions regarding cognitive behavioral interventions within the first month of trauma.

In addition to cognitive behavioral therapy, eye movement desensitization and reprocessing (EMDR) is another type of therapy for PTSD. EMDR uses a combination of talk therapy with specific eye movements. Like the CBTs listed above, EMDR has also been shown to be effective in treating PTSD. In general, it appears that the talk therapy component is helpful, but most evidence suggests that the eye movement component does not add much, if any, benefit. Like other kinds of psychotherapy, the talk therapy component of

EMDR can help change the reactions to memories service members experience as a result of their trauma(s).

Additional Types of Counseling

In addition to the treatments described above, other types of counseling may be helpful in treating PTSD.

Through group therapy, service members can talk about their trauma or learn skills to manage symptoms of PTSD (depending on the focus of the group). Many groups are effective and popular among those who have had similar traumatic experiences. Group therapy can help those with PTSD by giving them a chance to share their stories with others, feel more comfortable talking about their own trauma, and by connecting with others who have experienced similar problems or feelings. Some types of cognitive behavioral therapy can also be provided in a group setting.

QUITTING

Continued from Page A4

Quiet quitting isn’t the problem — the main issue is these businesses that think it’s fine to overwork their employees without giving them a pay raise. This is what causes a major drop in employee morale and costly turnover for businesses. Employees want to work for businesses that care about them. Thus, the real changes need to happen in the companies’ operations — if projects will require longer hours or more manpower, businesses should hire a contractor or give their employees a pay raise to incentivize them to take on the extra work.

Find the Opportunity When an Employee Quiet Quits

Staff members are the backbone of a company, and their wellbeing should be of utmost importance to any business leader. Quiet quitting is an employee’s way of ensuring that they can maintain a healthy work-life balance while still doing the required work they are being paid to do. That said, if you notice that a staff member is showing any of the aforementioned signs of quiet quitting, this can be a real opportunity to enact positive change in your enterprise and enhance employee loyalty across your whole organization.

For example, quiet quitting can be a sign that you are not giving your staff members

enough opportunities to level up their careers with exciting promotions and associated pay increases. Providing these opportunities can really enhance your employees’ morale and pique their interest in excelling in their positions and growing with your company.

Or, quiet quitting can be a sign that your work culture has become stale and boring, which could lead to other staff members actually flat out quitting to pursue positions at other companies. So it would be in your best interest to set up fun events and employee engagement initiatives that will help create a positive culture in your enterprise.

To Wrap It All Up

Quiet quitting is a major movement happening in

workplaces across virtually every industry. However, rather than calling it a “problem”, it can be a major indicator of issues in a company’s overall operations and culture. So quiet quitting really presents an opportunity for business leaders to enact positive change in their enterprise.

Ethan Drower is the Co-Founder and Operating Partner of CiteMed, which is revolutionizing the European Union Medical Device Regulation (EU MDR) process. Literature Search and Review is the cornerstone of medical device companies’ Clinical Evaluation Report, and CiteMed has made this process more streamlined and optimized than ever. The CiteMed team was formed to deliver a high volume of beautifully written and formatted Literature Reviews on timelines that will enable companies to meet their EU MDR

goals. CiteMed’s top goal is to help companies get their medical products to market as quickly as possible, all while maintaining state-of-the-art compliance with the European Commission reg-

ulations. A renowned business expert, Ethan educates others on the fundamentals of launching a successful software product, tips for aspiring entrepreneurs, and more. www.citemedical.com

## Help Our Health Page!

For our Health page, we know there are a lot of medical clinics and affiliated healthcare providers in the local area that have a message that they wish to share with the public. Whether it’s the findings of local research, ways to promote a healthy diet or lifestyle, or the best treatments for common ailments, we’re sure that the local medical community has a lot to share with the people of our community. Same as with our business page, we would also like stories about new training that your staff has received, a new hire with an exclusive area of expertise, a promotion of a staff member or the attendance at an important conference by clinic staff. Whatever is important to you, it’s important to us and we want to provide you the recognition you deserve.



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Back for the next 30 minutes

62°

High 70° Low 62°

Today's Details

7-DAY FORECAST FOR KIRKSVILLE

WEDNESDAY

Mostly sunny and warm; breezy in the p.m.

HIGH: 75

POP: 0%

WED. NIGHT

Mainly clear and mild

LOW: 54

POP: 0%

THURSDAY

Breezy and very warm with sun and clouds

75 61

POP: 5%

FRIDAY

Showers and a heavier t-storm in the p.m.

73 57

POP: 75%

SATURDAY

Breezy and cooler with periods of rain

63 45

POP: 90%

SUNDAY

Mostly cloudy and mild

66 37

POP: 25%

MONDAY

Partly sunny

59 39

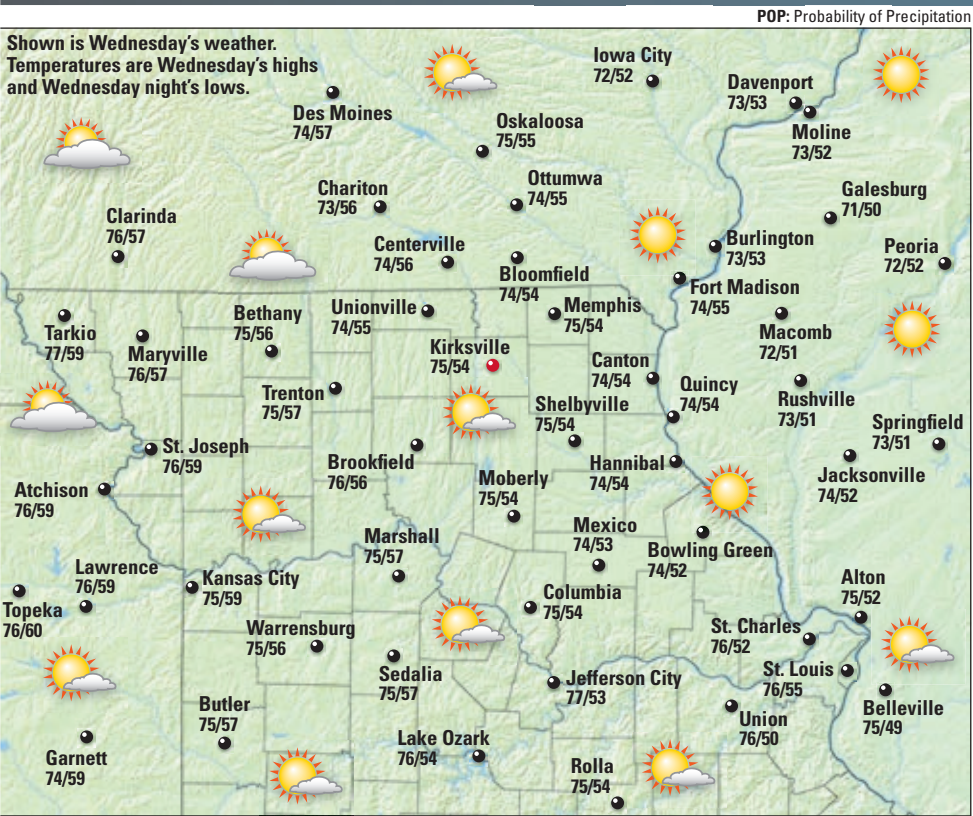
POP: 15%

TUESDAY

Mostly cloudy with a shower

60 36

POP: 55%



Conditions Wednesday

UV Index & RealFeel Temperature®

0

2

3

3

2

0

46 59 67 72 71 65

8 a.m. 10 a.m. Noon 2 p.m. 4 p.m. 6 p.m.

The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection. 0-2: Low; 3-5: Moderate; 6-7: High; 8-10: Very High; 11+: Extreme. The patented AccuWeather.com RealFeel Temperature® is an exclusive index of effective temperature based on eight weather factors.

Comfort Index™

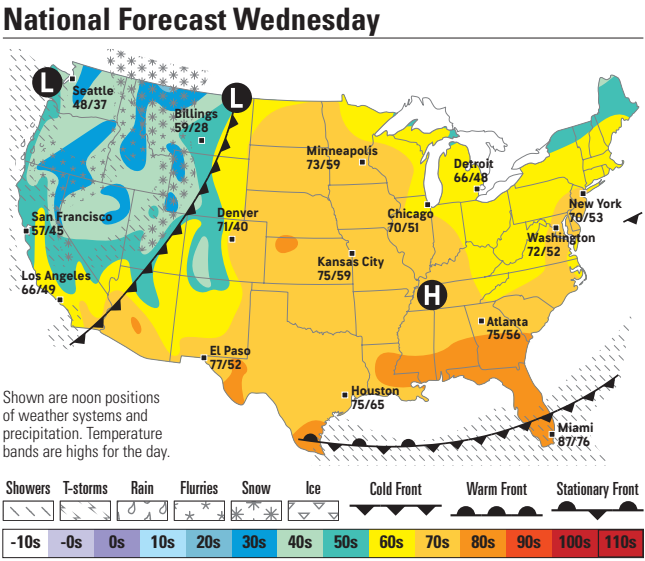
10

A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

Outdoor Activity Forecast

9

Ratings: 0-2: Poor; 3-4: Fair; 5-6: Good; 7-8: Very Good; 9-10: Excellent.



Almanac

Kirksville through Monday

Temperature

High/low.....69/39

Normal high/low.....58/37

Record high.....87 in 1950

Record low.....19 in 1993

Precipitation

Monday.....0.00"

Past week's total.....1.03"

Month to date.....1.42"

Normal month to date.....3.29"

Year to date.....26.31"

Normal year to date.....38.37"

Winds

Average direction.....WNW

Average speed.....4.8 mph

Highest speed.....10 mph

Monday's Temperatures

Midnight - Midnight

Last Week's Temperatures

Actual and normal highs/lows

Sunrise/Sunset

Sunrise today.....7:40 a.m.

Sunset tonight.....6:07 p.m.

Sunrise Thursday.....7:42 a.m.

Sunset Thursday.....6:05 p.m.

Moon Phases

First Nov 1

Full Nov 8

Last Nov 16

New Nov 23

The Region

City	Wed. Hi/Low/W	Thu. Hi/Low/W
Branson	75/54/s	77/60/pc
Burlington, IA	73/53/s	73/59/pc
Cape Girardeau	76/49/s	76/51/s
Carbondale	75/48/s	76/54/s
Cedar Rapids	72/53/s	72/60/pc
Champaign	71/49/pc	73/53/s
Chicago	70/51/s	72/56/s
Columbia	75/54/s	76/61/pc
Danville	71/49/pc	72/53/s
Davenport	73/53/s	73/60/c
Decatur	72/49/s	74/55/s
Des Moines	74/57/s	74/61/pc
Evansville	75/49/pc	77/52/s
Galesburg	71/50/s	72/58/c
Green Bay	70/50/s	68/57/pc
Indianapolis	70/50/pc	72/53/s
Iowa City	72/52/s	73/60/pc
Jefferson City	77/53/s	79/63/pc
Joliet	70/50/s	72/56/s
Kansas City	75/59/s	76/63/pc
Lafayette, IN	70/49/pc	72/52/s
Lincoln	71/50/s	73/56/s
Madison	75/54/s	75/61/pc
Milwaukee	66/52/s	67/57/c
Omaha	76/58/pc	75/55/pc
Ottumwa	74/55/s	74/62/pc
Peoria	72/52/s	73/58/pc
Rockford	69/51/s	71/58/pc
St. Louis	76/55/s	75/62/s
Springfield, IL	73/51/s	74/57/s
Springfield, MO	73/54/s	76/61/c
Topeka	76/60/pc	79/65/pc
Wichita	75/59/s	74/64/pc

Weather (W): s=sunny, pc=partly cloudy, c=cloudy, sh=showers, t=thunderstorms, r=rain, sf=snow flurries, sn=snow, i=ice

The Nation

City	Wed. Hi/Low/W	Thu. Hi/Low/W
Albany, NY	66/39/pc	63/46/s
Albuquerque	65/47/c	61/33/pc
Anchorage	35/26/sn	32/19/c
Atlanta	75/56/pc	76/56/pc
Baltimore	72/47/pc	69/48/s
Billings	59/28/c	39/24/sn
Birmingham	76/52/pc	79/57/s
Boise	48/26/sh	45/30/pc
Boston	66/47/s	60/48/s
Buffalo	63/46/pc	65/50/s
Charleston, SC	78/58/pc	76/58/pc
Charleston, WV	67/49/c	70/49/pc
Charlotte	73/52/pc	74/52/pc
Cleveland	65/47/pc	67/53/s
Columbia	77/56/pc	77/53/pc
Columbus	68/49/pc	71/53/s
Dallas	76/64/s	81/68/c
Denver	71/40/s	53/22/sh
Detroit	66/48/pc	68/52/s
Fargo	73/44/pc	57/30/sh
Grand Rapids	67/48/s	65/53/pc
Hartford	69/41/pc	68/41/s
Honolulu	85/74/sh	87/75/pc
Houston	75/65/pc	80/68/pc
Jackson, MS	79/52/pc	80/54/s
Jacksonville	81/62/c	77/58/s
Las Vegas	64/44/c	53/40/pc
Little Rock	78/54/s	80/59/pc
Los Angeles	66/49/pc	63/46/pc
Louisville	72/51/c	74/55/s
Memphis	78/56/s	79/58/s
Miami	87/76/sh	86/72/t
Minneapolis	73/59/pc	73/47/pc
Nashville	73/48/pc	76/54/s
New Orleans	79/61/pc	79/64/s
New York City	72/54/s	66/52/s
Norfolk	66/57/pc	68/59/pc
Oklahoma City	71/59/s	72/64/c
Orlando	87/70/pc	85/65/s
Philadelphia	72/50/pc	67/50/s
Phoenix	80/56/pc	64/45/c
Pittsburgh	65/45/pc	69/48/s
Portland, ME	64/36/s	57/45/s
Portland, OR	50/39/pc	50/44/c
Rapid City	74/33/pc	42/23/c
Sacramento	60/41/c	63/38/s
Salt Lake City	53/32/sh	43/27/c
San Diego	66/55/pc	65/50/pc
San Francisco	57/45/sh	59/46/s
Seattle	48/37/sh	47/44/c
Shreveport	79/59/pc	82/62/s
Tampa	88/72/sh	86/67/s
Tucson	79/55/pc	59/37/sh
Tulsa	75/59/s	77/66/c
Washington, DC	72/52/pc	70/52/pc

Divorcee's dating life has been a roller coaster ride

DEAR ABBY: Since my divorce, I have started dating again. I was seeing a firefighter until I realized he was married with kids. Yes, I was angry with him for hiding the truth from me from the start. Then I started dating another guy I thought was the one for me. I even had him move in with me.

At the beginning things went well, but now he has started to change. He doesn't pay as much attention to me as he did, and he thinks when I point out something I'm not comfortable with that I am trying to start a fight, which I'm not.

Since COVID started and I got injured and haven't been able to work, his attitude has been very off with me. Unless it's all about him or his job, he doesn't talk to me. My kids don't like him as much as they did, either.

I never lost touch with the firefighter. He is deeply

JEANNE PHILLIPS

DEAR ABBY

in love with me, and I do still love him. He says when I kick the current man out he would move in and take care of me and treat me the way I should be treated. If the firefighter moves in, would that make me a homewrecker? He has told me he and his wife aren't doing well as a couple. I'm confused. I was very happy with him and also happy with the man who moved in with me -- at first -- but no more. What should I do?

-- THINKING TWICE

DEAR THINKING TWICE: Neither of these men is "The One." Because it's apparent you aren't getting what you need from

the man who is living with you, tell him, as nicely as you can, you are no longer happy with the arrangement, and then set a date for him to move.

If the firefighter moves in, you WILL appear to be a homewrecker. Expect the fallout to be nasty. He is married and has kids for whom he will have to provide until they are adults. He should not move in until he has at least filed for divorce and some kind of legal settlement is in the works. His moving in will not guarantee that life will be bliss from then on. It is very important you learn how to be on your own before jumping into any relationship without knowing the men better -- and longer -- than you have been doing.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

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NEWS OF THE WEIRD...

Suspicious Confirmed

Amou Haji, 94, of Dezhgah, Iran, also known as the World's Dirtiest Man, refused to bathe for more than 60 years because he was afraid doing so would make him sick, Fox News reported. Apparently, he was right: For the first time, "villagers had recently taken him to a bathroom to wash," the Islamic Republic News Agency reported. "Not long after, he fell ill and finally ... he gave up his life," the report went on. Haji had no family, but villagers had built him a cinder-block dwelling for shelter on the outskirts of town.

Everyone Needs a Hobby

-- Rosie Grant, 33, of Takoma Park, Maryland, stumbled upon a new hobby while finishing an internship at the Congressional Cemetery in Washington, D.C., a year ago, The Washington Post reported. Her studies revealed her own interest in cemeteries, and she found social media threads of other taphophiles like her. On one of those, Grant noticed a list of ingre-

dients engraved on a headstone in Brooklyn, New York, and thought she'd give the spritz cookies a try. Naomi Odessa Miller-Dawson's recipe didn't include instructions, but even so, Grant said the results were heavenly. "Cooking these recipes has shown me an alternative side to death," Grant said. "What a cool gift (Miller-Dawson) put on her gravestone." Grant has found other gravestone recipes -- several in the U.S. and two in Israel, all from women.

-- Remember the scene in "The Empire Strikes Back" when Han Solo gets frozen in carbonite? Catherine Pervan and her daughter, Banalee, owners of One House Bakery in Benicia, California, have brought Solo back to life -- in bread, The New York Times reported. The two worked together for more than a month to create the 6-foot-tall "Pan Solo" sculpture from bread dough; now he stands outside their store as part of downtown Benicia's scarecrow contest. "People are just super interested in it, and you see people smelling it and poking it," said Hanalee.

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Dominant 1st half propels Kirksville to 59-0 victory over Winfield

By Adam Tumino  
Daily Express

The Kirksville football team took control early Friday and did not relinquish that control, beating Winfield 59-0 in the quarterfinal round of the Class 4 District 5 Tournament. Kirksville improves to 6-4 with the win while Winfield ends the season at 3-7.

The Tigers put 25 points on the board in the first quarter and added 14 more before the half while their defense stifled the Warriors throughout the game.

Kirksville head coach Kevin Krietemeyer said that the team came out strong in all phases and was able to do what was necessary to win.

"I thought our kids did a good job of playing hard and came ready to play," he said. "We battled and did a good job of just playing hard and doing the things we needed to do to be successful."

On the other side, the loss for Winfield marked a disappointing end to the season for head coach Cody Spegal and his team.

"Our year didn't go really as we wanted it to," Spegal said. "We were able to win a conference championship last year, first time in school history. They've been able to do that, now we've got work to do for next year."

He also said that the team had a hard time getting going early on, and was unable to recover.

"We really struggled getting off the bus today, had a three hour bus ride, and the kids didn't really come out ready to go. That's on me," Spegal said. "We've got a long offseason to go. We've got to figure out where we want to go, and we'll see."

The slow start for Winfield became an advantage for Kirksville. The Tiger offense scored touchdowns on their first three possessions after forcing two turnovers of downs and a punt on defense.

Field position was a key, especially early on. The Tigers' average starting field position in their five first-quarter possessions was the Winfield 38-yard line with their worst starting field position of the quarter being at midfield.

Winfield's offense was unable to reach Kirksville territory until there was 3:13 remaining in the second quarter and had just four snaps on the Kirksville side of midfield in the half. Conversely, Kirksville's offense had just four snaps in their own territory in the first half, spending almost all of their time in Winfield territory.

Kirksville's defense forced seven turnovers on downs and five punts in the game, with Winfield's other possessions ending one three interceptions, the end of the first half and the end of the game.



PHOTOS BY NEMO PHOTOGRAPHY



Coming off a loss against Capital City in which the Tiger defense allowed a season-high 68 points, Krietemeyer said that he thought the unit was able to be successful by focusing on doing the simple things well, and moving on from there.

"I think we got back to basics this week and were pretty sound defensively," he said. "Our kids did a good job reading their keys and not giving up vertical seams like we've been."

While the defense took care of business, the offense was able to capitalize on the optimal field position and turnovers, despite a couple of missed scoring chances and three lost fumbles in the game.

Drew Chrisman opened the scoring

with a three-yard rushing touchdown on the Tigers' first possession, followed up by a four-yard touchdown run from Jackson Farwell two minutes of game time later.

A 25-yard run from Chrisman on the Tigers' third drive set up an 11-yard touchdown pass from Isaac Danielson to Jalen Kent, putting Kirksville up 19-0. Chrisman struck again in the final minute of the first quarter, running for a 50-yard touchdown on the first play of the drive for Kirksville.

The next score did not come until there was 3:30 left in the second quarter, when who else but Chrisman intercepted a Conner Martin pass and ran it back for a touchdown. Kent and Logan Lehmann also had interceptions in the game.

The first-half scoring came to a close when Danielson hit a wide open Kendrick Hartman for a 28-yard score with 34 seconds left before halftime.

The high scoring margin instigated a running clock for the second half, and Kirksville added to its lead midway through the third quarter on Farwell's second rushing touchdown of the game.

See KIRKSVILLE, Page B2



Local high school football results from first week of playoffs

By Adam Tumino  
Daily Express

The district playoffs began Friday across the state, and six of the seven local teams were in action. Five teams picked up wins in the opening rounds of their various tournaments, setting up some interesting matchups this upcoming Friday.

Kirksville bounced back in a big way from its week nine loss, blowing out Winfield 59-0 to advance to the semifinals of the Class 4 District 5 Tournament. It was the second blowout, shut-out win in the last three weeks for the Tigers, who beat Fulton 42-0 in week eight. It was also the most points scored by Kirksville since a 63-point output on Sept. 17, 2021, against Moberly.

Third-seeded Kirksville will travel to play two seed Jefferson City.

Macon also picked up a big win in the Class 2 District 8 Tournament, beating Lathrop 35-8. The Tigers came into the game after finishing the

regular season 8-1, and their nine wins so far are the most since 2016.

Macon, which is the three seed, will travel to play second seed Richmond in a matchup of 9-1 teams.

Putnam County continued its resurgent season, beating South Harrison in the first round of the Class 1 District 7 Tournament by a score of 44-14. The Midgets are now 8-2 so far on the season, posting their most wins in a season since 2005.

Their win sets up the only local matchup this week, as they will meet Milan in the semifinals.

Milan is coming off a thrilling 22-20 win in double overtime over Maysville. The Wildcats have now won four games in a row while Putnam County has won three in a row. These are the longest active winning streaks of any area teams, and one of those streaks will be snapped in the semifinals.

See RESULTS, Page B2



PHOTOS BY ADAM TUMINO

Truman rides offensive explosion to 59-32 win over Quincy

By Adam Tumino  
Daily Express

Truman State's offense exploded once again on Saturday, scoring a season high in points in a 59-32 win over Quincy. The Bulldogs have now won seven games in a row, are 7-1 on the season and 4-0 in conference play. Quincy fell to 4-5 overall and 1-3 in conference.

With the win, Truman climbed into the top 25 in the AFCA Poll, entering the poll as the No. 21 team in the nation.

Coming into the game, Quincy's offense had outperformed Truman's on the season. The Bulldogs were averaging just under 27 points per game coming in and were fresh off a 42-point performance against William Jewell.

The Hawks did come out strong, jumping out to a 10-0 lead in the first quarter before Truman freshman running back Denim Cook scored on a 44-yard touchdown run to cut the lead to 10-7. Quincy pulled ahead on a field goal before Truman took a 14-13 lead on a 38-yard pass from Nolan Hair



PHOTOS BY ADAM TUMINO

to Zach Zerwig with 8:30 to go in the first half.

The Hawks reclaimed the lead about four minutes of game time later on a 10-yard touchdown run from quarterback Tionne Harris. This was the last time Quincy would have the lead.

Truman responded on the next drive when Cook once again broke free for a touchdown, this time running it in from 47 yards out. A Grant Ross field goal in the final seconds of the half put the Bulldogs up 24-19 at halftime.

That five-point led turned into a 33-point lead in the first 11 minutes of the third quarter as Truman drastically outpaced the Hawks' offense, seizing control of the game in dominant fashion.

Cook opened the scoring in the second half, running into the endzone from nine yards out to cap off the first drive of the half. Just six seconds came off the clock before Truman's next touchdown, which came on a 26-yard interception return from Jake Closser on the Hawks' first



play of the drive. It was the second-straight in which Closser recorded a pick six.

Truman again intercepted the first play of the Hawks' ensuing drive, this time with Ryan Olivas picking off the pass and returning it down to the five-yard line. Two plays later, Collin Sutton scored on a four-yard run to put Truman up 45-19.

The Bulldogs capped off a 38-0 with a four-yard touchdown run from Shamar Griffith with 3:43 left in the third quarter.

Quincy was finally able to respond after this touchdown, driving 75 yards to score with

just over a minute left in the third quarter. Harris hit Jalen Lawrence on an eight-yard pass to end the Hawks' scoring drought.

The Hawks also had the first touchdown of the fourth quarter when Quincy's Trevon Rhodes sacked Hair, forcing a fumble that was recovered by David Tabakovic, who ran it back for a 54-yard touchdown. It was the only sack allowed by Truman but one of three lost fumbles from the Bulldogs.

Following the fumble, Truman was able to run out much of the time remaining on the clock with a seven minute, 48 second drive that was capped off with a two-yard touchdown run from Cook with 3:34 left in the game. Quincy ran out the clock from there to end the game.

Griffith and Cook were the stars of the game for the Bulldogs. Griffith ran for a season-high 177 yards and a touchdown on 29 carries. He has now set a new season high in rushing yards six games in a row.

See TRUMAN, Page B2



# TIPOFF: Big 12 has upper hand from recent postseason success

By THE ASSOCIATED PRESS

Arguments over conference supremacy have begun well before the start of the college basketball season. Syracuse coach Jim Boeheim offered one of the most quotable remarks of the preseason when he pointed out the Big Ten's failings in the postseason.

"At the end of the day, you play for the tournament," Boeheim said. "That's what you play for. It's simple. You can say all you want about the Big Ten. They sucked in the tournament. So to me, that's what they did. I don't care what they did in the regular season."

The Big Ten led all conferences with nine NCAA Tournament bids last season but sent only two teams (Michigan and Purdue) to regional semifinals and didn't have anyone last beyond the Sweet 16. Syracuse plays in the Atlantic Coast Conference, which got five bids but sent three teams to the Sweet 16 and had North Carolina and Duke reach the Final Four.

One year earlier, the Big Ten had nine NCAA Tournament bids to again lead all leagues but advanced only Michigan beyond the round of 32.

"That's what you play for, to get in the tournament and to win in the tournament," Boeheim said. "If you don't do that, then you're not good."

As we rank the top six conferences for the up-



FILE — Kansas' Jalen Wilson (10) celebrates after a college basketball game against North Carolina in the finals of the Men's Final Four NCAA tournament on April 4, 2022, in New Orleans. Kansas will start off its season on Nov. 7, against Omaha. AP PHOTO/GERALD HERBERT, FILE

coming season, we don't give the No. 1 spot to either the Big Ten or the ACC. That honor instead goes to the league that has produced the last two NCAA Tournament champions.

## 1. BIG 12

The Big 12 kept its hold on the national title when Kansas won last season after Baylor earned the crown a year earlier. The Big 12 nearly had three straight championships by three different schools, as Texas Tech lost the 2019 championship game to Virginia in overtime. The Big 12 has five teams in the preseason Associated Press Top 25. Kansas and Baylor are tied for fifth. The other ranked teams are No. 12 Texas, No. 14 TCU and No. 25 Texas Tech.

## 2. SOUTHEASTERN CONFERENCE

A look at the preseason Top 25 indicates the SEC could emerge as the best conference of all. The SEC has five ranked

teams, all in the top 20: No. 4 Kentucky, No. 10 Arkansas, No. 11 Tennessee, No. 15 Auburn and No. 20 Alabama. Arkansas, Alabama and Kentucky brought in three of the nation's top five freshman classes according to composite rankings of recruiting sites compiled by 247Sports. Kentucky's Oscar Tschiebwe was the consensus national player of the year last season.

## 3. ATLANTIC COAST CONFERENCE

The ACC has the nation's top-ranked team in North Carolina, which returns preseason AP All-America selection Armando Bacot from a team that lost to Kansas in last season's championship game. No. 7 Duke begins the post-Mike Krzyzewski era by welcoming in new coach Jon Scheyer and the nation's top-ranked recruiting class. The only other ACC team in the preseason Top 25 is No. 18 Virginia.

## 4. BIG TEN

The Big Ten figures to take a step back this season after having three players (Iowa's Keegan Murray, Purdue's Jaden Ivey and Wisconsin's Johnny Davis) among the top 10 picks in the NBA draft. No. 13 Indiana is the only Big Ten team ranked higher than 22nd in the preseason Top 25. The league's only other ranked teams are No. 22 Michigan and No. 23 Illinois. Perhaps this is the year the Big Ten gets fewer NCAA Tournament bids but ends up lasting longer in the tournament.

## 5. PAC-12

The Pac-12 sent just three teams to the NCAA Tournament despite benefiting from the resurgence of Arizona in coach Tommy Lloyd's debut season. The Pac-12 heads into this season with three ranked teams in No. 8 UCLA, No. 17 Arizona and No. 21 Oregon.

## 6. BIG EAST

The retirement of Villanova coach Jay Wright could shake things up in this league. No. 9 Creighton is the preseason pick to win the Big East by the league's coaches, the first time the Bluejays have had that honor since joining the conference for the 2013-14 season. The only other ranked Big East team is No. 16 Villanova under first-year coach Kyle Neptune. Providence must replace all five starters from the team that won last year's Big East title.



NEMO PHOTOGRAPHY

## KIRKSVILLE

Continued from Page B1

The Tigers scored again on the first play of the fourth quarter when Kent ran a punt back for a touchdown from around midfield. The final score came in the final minutes of the game on a run from backup quarterback Hayden Davis.

Krietemeyer said that the opportunity to rest some starters was welcome at this point in the season, as was the fact that Kirksville was able to get out of the game without any injuries.

"Getting some guys off the field and giv-

ing them some time to breathe is nice," he said. "That was the key, making sure all our kids were healthy and ready to play next week."

Up next for Kirksville is a trip to the capital and a game against Jefferson City. These two teams also met in the semifinals last season, with Jefferson City winning 61-19. The Jays are 5-4 on the season.

"We played Jeff City last year, and not much has changed," Krietemeyer said. "Hopefully we're better prepared and understand what it means to travel down there and play in Pete Adkins Stadium."

## RESULTS

Continued from Page B1

The only area team with a loss on Friday was Scotland County. The Tigers fell 48-3 in a tough quarterfinal matchup against second seed South Shelby. Scotland County ends the season at 1-9, their fewest wins since their 1-8 record in 2012.

As for the eight-man teams, only Knox County was in action Friday while Schuyler County had a bye.

Knox County snapped a two-game losing streak with a 48-6 win over Northwest. It was the fewest points allowed in a game this season by the Eagles' defense. They



ADAM TUMINO

will now have a tall task when they face top-seeded St. Paul Lutheran in the quarterfinals.

A rested Schuyler County team will be playing Santa Fe on the road in a matchup of the fourth and fifth seeds in

the tournament.

### The full schedule for Friday's game is as follows:

Kirksville at Jefferson City  
Knox County at St. Paul Lutheran  
Macon at Richmond  
Milan at Putnam County  
Schuyler County at Santa Fe

## TRUMAN

Continued from Page B1

Cook ran for 154 yards on just 12 carries after having 94 yards on six carries two games ago. He had just two touchdowns on the season before running for four on Saturday. Sutton added 43 rushing yards and a touchdown.

Hair did not have to do much in the passing game considering the 381 rushing yards for the Bulldogs. He was 8-of-11 passing for 115 yards and a touchdown. Zerwig led the team with three catches for 61 yards and a touchdown.

The Truman defense held Quincy's offense slightly below its season averages in points and yards, with the Hawks recording 396 yards of total offense. Most of those yards came through the air with Harris completing 28 of 38 passes for 320 yards and a pair of touchdowns to



ADAM TUMINO

Lawrence, who had nine catches for 149 yards. Harris was also intercepted three times.

In addition to Closser's pick six and the ensuing interception by Olivas, Ben Thomas also intercepted a pass for Truman.

Quincy's running backs averaged just 2.6 yards per carry and were led by Tremayne Lee with 42 yards on 18 carries.

Truman defensive back Kendall Hutchison led the team with seven total tackles while linebacker Ulysses Ross and defen-

sive end Alec DeVecchi each recorded a sack.

Truman will be back at home for its next game, playing at Stokes Stadium for the first time since Oct. 15. The Bulldogs will be hosting McKendree and quarterback Turner Pullen, who is the top quarterback in the nation this season. Pullen leads the nation with 3,063 yards while ranking second with 28 touchdown passes. He only has six interceptions on the season.

The game will kick off at noon.

## KIRKSVILLE Daily Express

Dear Reader:

### Important Information Concerning Parade Magazine, Relish, and Spry Living

Our printing partner has made the difficult decision to wind down the print distribution of Parade, Relish, and Spry Living. The last print issue of Parade will be inserted in the **Kirksville Daily Express** on **November 12th** and they will no longer publish Relish and Spry Living after their October issues.

Even though Parade Magazine will no longer be included in the print edition of the **Kirksville Daily Express**, you can continue to enjoy the same premium content experience of Parade in an e-Edition format that will be included with the **Kirksville Daily Express** e-Edition each week at no additional cost.

As a valued reader, we want to ensure that you can continue to enjoy this content along with the convenience of accessing our other digital offerings. Need help setting up a digital account? Please give our customer service team a call at **417-777-9775** or you can email us at **circulation@phillipsmedia.com** for login setup and assistance.

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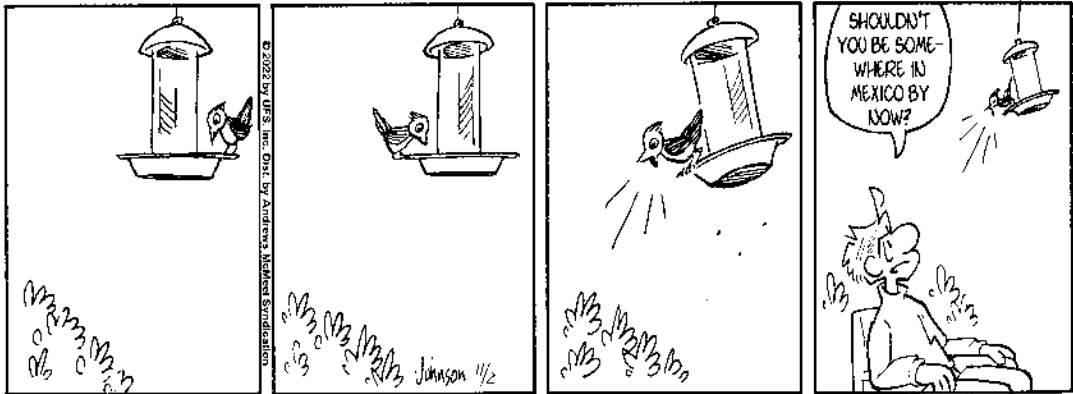
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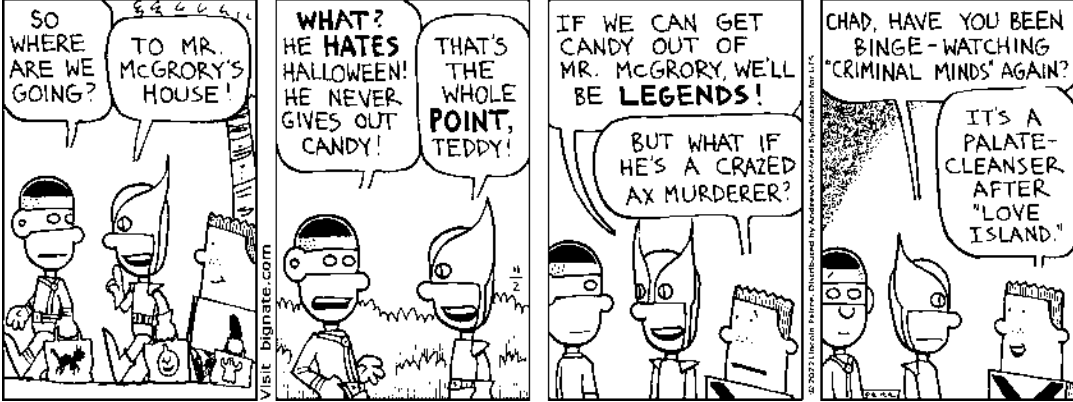
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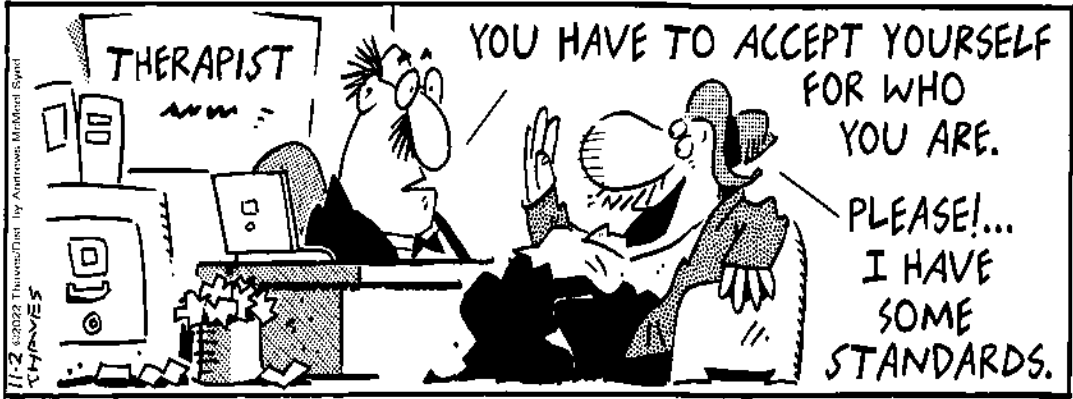
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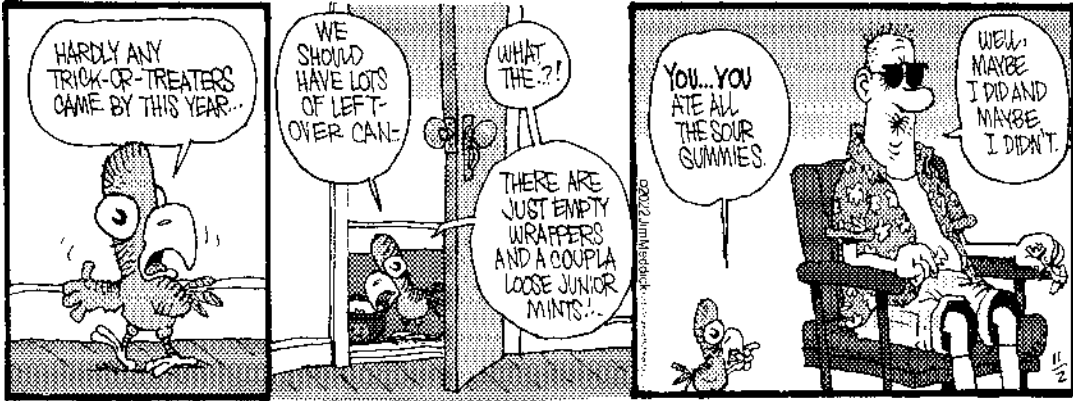
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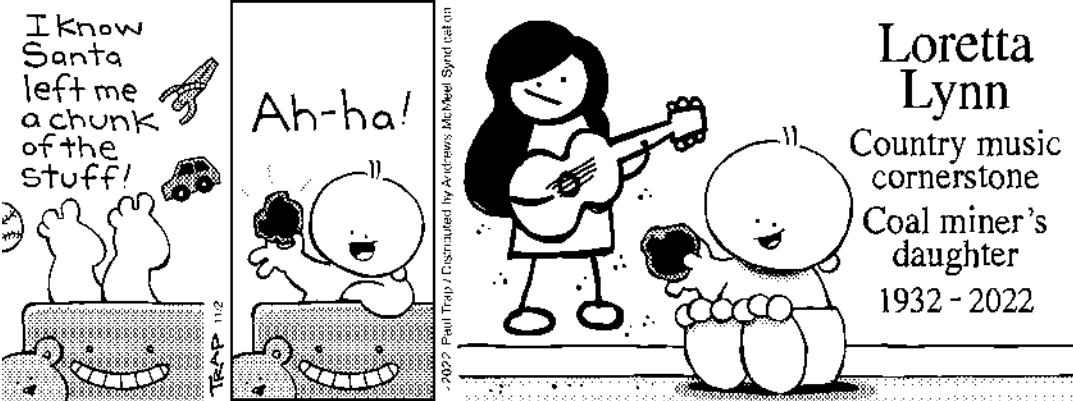
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MONTY



THAT A BABY



SUDOKU

**Here's How It Works:**  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

3	4	7	8	5	9	6	1	2
6	2	1	3	4	7	8	9	5
8	5	9	6	1	2	3	4	7
1	6	8	5	9	4	7	2	3
2	9	3	1	7	8	4	5	6
4	7	5	2	6	3	1	8	9
7	1	2	9	8	6	5	3	4
9	8	6	4	3	5	2	7	1
5	3	4	7	2	1	9	6	8

	7	3	5	9	1			
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	3			2		6		
								9
		8	2		4	1		
			9	7	8	4	2	

CROSSWORD

**ACROSS**

1 Escapade  
6 Like Las Vegas  
12 Eyetooth  
14 Dampened a stamp  
15 Without a beard  
16 Liver go-with  
17 Fleece provider  
18 Muscle used in pushups  
19 Bask at the beach  
21 Hwys.  
23 Felon's flight  
26 Forbid  
27 Boss, briefly  
28 Meat avoider  
30 HMO staffers  
31 Wood ash product  
32 Major Japanese port  
33 Without a flaw  
35 Immediately  
37 Waiter's reward

**DOWN**

1 Email senders  
2 Stadium noise  
3 Literary collection  
4 Actor David —  
5 Had been informed  
6 Mashed potato servings

**38 Leggy bird**  
**39 Vaccine amts.**  
**40 Space widths**  
**41 Pub order**  
**42 "Murder, — Wrote"**  
**43 Flavor enhancer, for short**  
**44 Cut down grass**  
**46 Excitement**  
**48 Tried hard**  
**51 Scatter-brain**  
**55 Poured**  
**56 Lampoon**  
**57 Unit of current**  
**58 Dazed, with "out"**

**7 Queue**  
**8 Eaves hangers**  
**9 Prizefighter's stat**  
**10 Kind of meditation**  
**11 Fabric meas.**  
**13 Power**  
**19 Oh or Dee**  
**20 Open a letter**  
**22 Wet thoroughly**  
**24 Banded stones**  
**25 Building**  
**26 — -a-brac**  
**27 Fr. miss**

**28 Swears solemnly**  
**29 Dozes off**  
**34 Windflower**  
**36 Dolphins' homes**  
**42 Stockholm native**  
**43 Slogan**  
**45 Walkie-talkie word**  
**47 Cameron — of films**  
**48 Tijuana "Mrs."**  
**49 Soft lid**  
**50 Pants problem**  
**52 Come out on top**  
**53 Rage**  
**54 Spread hay to dry**

1	2	3	4	5		6	7	8	9	10	11	
12					13		14					
15							16					
			17				18					
	19	20			21	22			23	24	25	
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55							56					
57								58				

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HERMAN



"If we can break up the kidney stones, we don't have to operate."

ASTROGRAPH BY EUGENIA LAST

Expanding your interests and circle of friends will seem like a good idea, but before you make time-consuming and costly changes, put together a financial plan. Choose a responsible course of action to help you maintain a healthy, affordable life-style. A trendy new look will attract attention and give you the boost you need to follow your heart.

**SCORPIO (Oct. 24-Nov. 22)** -- Manage domestic responsibilities. Do what you can to improve your surroundings, but budget for and hire an expert if necessary. A change of heart will leave you uncertain.

**SAGITTARIUS (Nov. 23-Dec. 21)** -- Stick to the truth and take care of business. Refuse to let anyone stand between you and what you want to achieve. Be realistic regarding relationships. Know when to say no and walk away.

**CAPRICORN (Dec. 22-Jan. 19)** -- Establish what you are willing and capable of doing, and go about your business. A discussion with a friend or relative will offer insight into options you hadn't considered.

**AQUARIUS (Jan. 20-Feb. 19)** -- Learn from experience and make decisions that will help you ward off disruption and encourage you to focus on putting your responsibilities behind you. Finish what you start.

**PISCES (Feb. 20-March 20)** -- If you pay attention to money matters, a financial gain will come your way. An unexpected opportunity will take you on an adventure that will give you hope for better days ahead.

**ARIES (March 21-April 19)** -- Take responsibility and finish what you start. Refuse to let anyone interfere with your plans or promises. Be straightforward regarding what you can do and what you need others to contribute.

**TAURUS (April 20-May 20)** -- A change will give you a different perspective on life, love and what's possible. Dig in and try your hand at something new. The impact your success has will encourage you to be less fearful.

**GEMINI (May 21-June 20)** -- Offer explicit information and call out anyone who offers hypothetical plans with no real potential to manifest into something lucrative or special. Trust in your judgment and ability.

**CANCER (June 21-July 22)** -- Consider what you enjoy doing most and head in that direction. Find additional information, skills and qualifications to help you succeed. Connect with people who can help you reach your goal.

**LEO (July 23-Aug. 22)** -- Prepare to do the work yourself. It's up to you to concentrate on reaching your target on time and within budget. Take measures to lower your overhead. Efficiency will count for much.

**VIRGO (Aug. 23-Sept. 22)** -- Not everything will make sense or fit into your plans. Listen to suggestions, but in the end, head down the path that provides you with satisfaction, joy and concrete results.

**LIBRA (Sept. 23-Oct. 23)** -- A passionate attempt will turn out just the way you want. Use your talent, discipline and enthusiasm to get yourself where you want to go. You have what it takes to succeed.

\*\*\*  
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DEADLINES: Classifieds: 2 Days prior at noon Display: Friday noon for Wednesday and Wednesday noon for Saturday.

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Notice is given that by and order of the Circuit Court of Adair County, Missouri, Division No. 2, Case No. 22AR-CV00699, made on the record on October 24, 2022, the name of Elsa Marie Stickann was changed to Octavian Grey Dean Stickann.

669162cb

IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI  
PROBATE DIVISION

IN THE ESTATE OF MORGAN ABBI RICH ESTATE NO: 22AR-PR00073

NOTICE OF LETTERS GRANTED

TO ALL PERSONS INTERESTED IN THE ESTATE OF MORGAN ABBI RICH, A DISABLED PERSON.

On the 11th day of October, 2022, Julie Jo Rich was appointed conservator of the estate of Morgan Abbi Rich, a person adjudicated disabled under the laws of Missouri by the Probate Division of the Circuit Court of Adair County, Missouri.

The business address of the conservator is 101 W. Northtown Road, Lot 20, Kirksville, Missouri 63501 and the attorney is Evan Shoemaker, 1103 East Broadway, Columbia, Missouri 65201.

All creditors of said disabled person are notified to file their claims in the Probate Division of the Circuit Court.

Date of first publication: October 19, 2022.

Clerk of the Probate Division  
Circuit Court of Adair County, Missouri

Linda Decker  
Adair County  
Circuit Clerk

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NOTICE OF TRUSTEE SALE / UCC SALE / NOTIFICATION OF  
DISPOSITION OF COLLATERAL

By authority granted by Bhaktel LLC ("Debtor") to Celtic Bank Corporation ("Secured Party"), for default in the payment of debt and performance of obligations secured by (a) that certain Deed of Trust executed by Debtor, dated December 30, 2015, recorded on January 8, 2016 as Document No. 201600000059 in Book No. 1024, Page 865, Office of the Recorder of Deeds, Adair County, Missouri (the "Deed of Trust"), and (b) that certain Commercial Security Agreement executed by Debtor, dated December 30, 2015 (the "Security Agreement"), the undersigned will on Tuesday, November 29, 2022, at 01:00 PM at the South Front Door of the Adair County Courthouse, 106 West Washington Street, in Kirksville, Missouri, sell at public vendue to the highest bidder for cash (subject to the terms of sale stated below), the following property situated in the County of Adair, State of Missouri, as described in said Deed of Trust and Security Agreement, to wit:  
A part of Lot 1, Block 2, of COUNTRY CLUB PLAZA, a subdivision filed for record in Plat Book 7, Page 6 of the Adair County Records; situated in Section 15, Township 62 North, Range 15 West, City of Kirksville, Adair County, Missouri, and being more particularly described as follows:  
  
Beginning at an iron rod found at the Southwest corner of Surveyors Record Book 4, Page 228; thence along said Survey as follows: North 00 degrees 04 minutes 49 seconds East a distance of 369.81 feet to an iron rod found; thence South 82 degrees 55 minutes 01 seconds East a distance of 151.71 feet to an iron rod found; thence South 00 degrees 00 minutes 41 seconds East a distance of 350.72 feet to an iron rod found; thence 22.59 feet along an arc to the left with a radius of 530.00 feet and a chord that bears North 89 degrees 06 minutes 21 seconds West a distance of 22.59 feet; thence South 89 degrees 40 minutes 23 seconds West a distance of 127.52 feet to the point of beginning.  
  
As set forth on Survey by Cleaver and Associates, L.L.C., dated December 12, 2015; revised December 17, 2015 by Order No. 10846 (hereinafter described as the "Real Property") and the following personal property described below and in the Security Agreement:  
All Inventory, Chattel Paper, Accounts, Equipment, General Intangibles and Fixtures. In addition, all of the following, whether now owned or hereafter acquired, whether now existing or hereafter arising, and wherever located:  
  
All accessions, attachments, accessories, tools, parts, supplies, replacements of and any additions to any of the collateral described herein, whether added nor or later;  
  
All products and produce of any of the property described in the Collateral section of the Security Agreement;  
  
All accounts, general intangibles, instruments, rents, monies, payments, and all other rights, arising out of a sale, lease, consignment or other disposition of any of the property described in the Collateral section of the Security Agreement;  
  
All proceeds (including insurance proceeds) from the sale, destruction, loss, or other disposition of any of the property described in the Collateral section of the Security Agreement, and the sums due from a third party who has damaged or destroyed the Collateral or from that party's insurer, whether due to judgment, settlement or other process; and,  
  
All records and data relating to any of the property described in the Collateral section of the Security Agreement, whether in the form of a writing, photograph, microfilm, microfiche, or electronic media, together with all of Debtor's right, title, and interest in and to all computer software required to utilize, create, maintain, and process any such records or data on electronic media.  
  
(hereinafter collectively referred to as the "Personal Property"). (The Real Property and the Personal Property are collectively referred to as the "Property")  
  
to satisfy said debt and costs.  
  
The terms of the sale are that the highest bidder for the Property must deposit at least 10% of the winning bid with the party conducting the sale immediately after the conclusion of the sale in the form of cashier's check, payable to AT, Inc. The balance of the bid price will be due in the form of wire transfer by 5:00 p.m. Kirksville, Missouri time on November 29, 2022, at the offices of AT, Inc., 7700 Forsyth Boulevard, Suite 1800, St. Louis, Missouri 63105, (314) 621-5070. No Property, trustee's deed, or bill of sale will be delivered until all funds have cleared and are available for use. The successful bidder shall be solely responsible for the payment of applicable sales taxes, if any.  
Debtor is entitled to an accounting of the unpaid indebtedness secured by the Property that Secured Party intends to sell. Debtor may request an accounting by contacting AT, Inc., Attn: Gregory D. Todd, at 314-620-5070.  
THERE SHALL BE NO WARRANTY RELATING TO TITLE, POSSESSION, QUIET ENJOYMENT, OR THE LIKE IN THIS DISPOSITION OF PROPERTY TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW. FURTHER, THERE SHALL BE NO WARRANTY OR REPRESENTATION WITH RESPECT TO THE LOCATION OF THE PROPERTY TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW. ANY CONVEYANCE BY SECURED PARTY SHALL BE MADE WITHOUT REPRESENTATION, COVENANT, OR WARRANTY OF ANY KIND (WHETHER EXPRESS, IMPLIED, OR, TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW) BY SECURED PARTY OR ANY PARTY CONDUCTING THE SALE. AS A MATERIAL PART OF THE CONSIDERATION FOR DELIVERY OF ANY TRUSTEE'S DEED OR BILL OF SALE, ANY PURCHASER OF THE PROPERTY SHALL AGREE TO ACCEPT THE PROPERTY ON AN "AS IS" AND "WHERE IS" BASIS WITHOUT RECOURSE OF ANY KIND, WITH ALL FAULTS, AND WITHOUT ANY REPRESENTATION OR WARRANTY WHATSOEVER. ANY PURCHASER SHALL ACKNOWLEDGE THAT SUCH PURCHASER IS A SOPHISTICATED PURCHASER AND IS FAMILIAR WITH THE PROPERTY AND THE SUITABILITY OF THE PROPERTY FOR SUCH PURCHASER'S INTENDED USE.

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CROSSWORD PUZZLES

ACROSS

1 Bungle

5 Wrench or saw

9 Popular pet

12 Care about

13 Best or Ferber

14 Thurman of "The Golden Bowl"

15 Allowing for change (hyph.)

17 Canine command

18 Boor

19 Allows to use

21 Long sighs

23 New Jersey cager

24 Fast food acronym

25 Cry of surprise

28 Deli order (2 wds.)

32 Not her

33 Baste

34 Nobel Prize city

35 Furrows

37 Spanish article

38 Kissin' kin

39 Sir — Guinness

40 "Water-mark" singer

42 Gladiator's hello

43 Behave

45 Steak temperature

47 Singing cowpoke

50 Tpk.

51 Levin or Gershwin

52 Required

58 Hoover or Aswan

59 Scamps

60 Comic strip dog

61 Jungfrau

62 Short-spoken

63 Round veggies

DOWN

1 Sitcom waitress

2 Gloss target

3 Hawaiian guitar

4 Long seat

5 Mind

6 Goofy

7 United

8 Dipper

9 Caribbean island

Answer to Previous Puzzle

P	R	A	N	K				G	L	I	T	Z	Y
C	A	N	I	N	E			L	I	C	K	E	D
S	H	A	V	E	N			O	N	I	O	N	S
				E	W	E		P	E	C			
	S	U	N		R	D	S		L	A	M		
B	A	N		M	G	R		V	E	G	A	N	
R	N	S		L	Y	E		O	S	A	K	A	
I	D	E	A	L			N	O	W		T	I	P
C	R	A	N	E			C	C	S		E	N	S
A	L	E			S	H	E		M	S	G		
					M	O	W		A	D	O		
S	T	R	O	V	E			N	I	T	W	I	T
R	A	I	N	E	D			S	A	T	I	R	E
A	M	P	E	R	E				Z	O	N	E	D

10 Parson's exclamation

11 Luggage IDs

16 A piece of cake

20 Dog in "Beetle Bailey"

21 Run — (go against)

22 Intense

23 Full of the latest stories

24 Actress Sedgwick

26 Dot in a river

27 Unskilled laborer

29 Sesame Street grouch

30 Winter wear

31 Percolate

36 Lasting aftereffect

41 The A in BA

44 Skeptic

46 Famed fabulist

47 Verdi opera

48 Siberian river and range

49 Pack firmly

50 Remainder

53 Rhea cousin

54 EMT technique

55 Citrus drink

56 Narrow inlet

57 "Indeed!"

ACROSS

1 German pronoun

4 Zoo animal

7 Amt.

10 Forest grazer

11 Edinburgh girl

13 Halo, of sorts

14 Drag into court

15 Singer — James

16 Mouse appendage

17 Level off

19 Leaf source

20 — Mineo of films

21 Boors

23 Running wild

26 Livy's language

28 Float (along)

29 Zig's opposite

30 Gets closer

34 Porcupine quill

36 Puffin kin

38 Decline, as stock prices

39 Reversal (hyph.)

41 MLB maneuver

42 Hannibal's foe

44 Tavern

46 Auto import

47 Future bride

51 Ditka of football

52 Creep along

53 Auto fuel

55 Software buyer

56 Polynesian carving

57 Crude metal

58 Ike's rank

59 Kitchen meas.

60 Exercise place

DOWN

1 Badges

2 Sudden ouster

3 Scoundrel

4 Prince

5 Kneecap

6 Are, in

7 Motor oil amount

8 Gives it a go

Answer to Previous Puzzle

F	L	U	B			T	O	O	L		C	A	T	
L	I	K	E			E	D	N	A		U	M	A	
O	P	E	N	E	D						B	E	G	
				C	A	D				L	O	A	N	S
	A	A	H	S			N	E	T					
K	F	C		Y	I	P	E		T	O	G	O		
Y	O			S	E	W				O	S	L	O	
R	U	T	S		L	O	S				C	O	Z	
A	L	E	C		E	N	Y	A			A	V	E	
				A	C	T				R	A	R	E	
A	U	T	R	Y				R	T	E				
I	R	A			N	E	C	E	S	S	A	R	Y	
D	A	M			I	M	P	S		O	D	I	E	
A	L	P			C	U	R	T		P	E	A	S	

9 Kind of lock

12 — Ste. Marie

13 Bring into accord

18 Inquire

22 Piglet plea

23 Weightlifter's pride

24 Unruly mane

25 — -Wan Kenobi

27 Culture medium

29 Sweater letter

31 Tempe inst.

32 Turned chicken

33 PFC boss

35 Figure

37 Empties a suitcase

40 Not in shape

41 U.K. network

42 Employee's request

43 Bucket of song

45 Not with-it

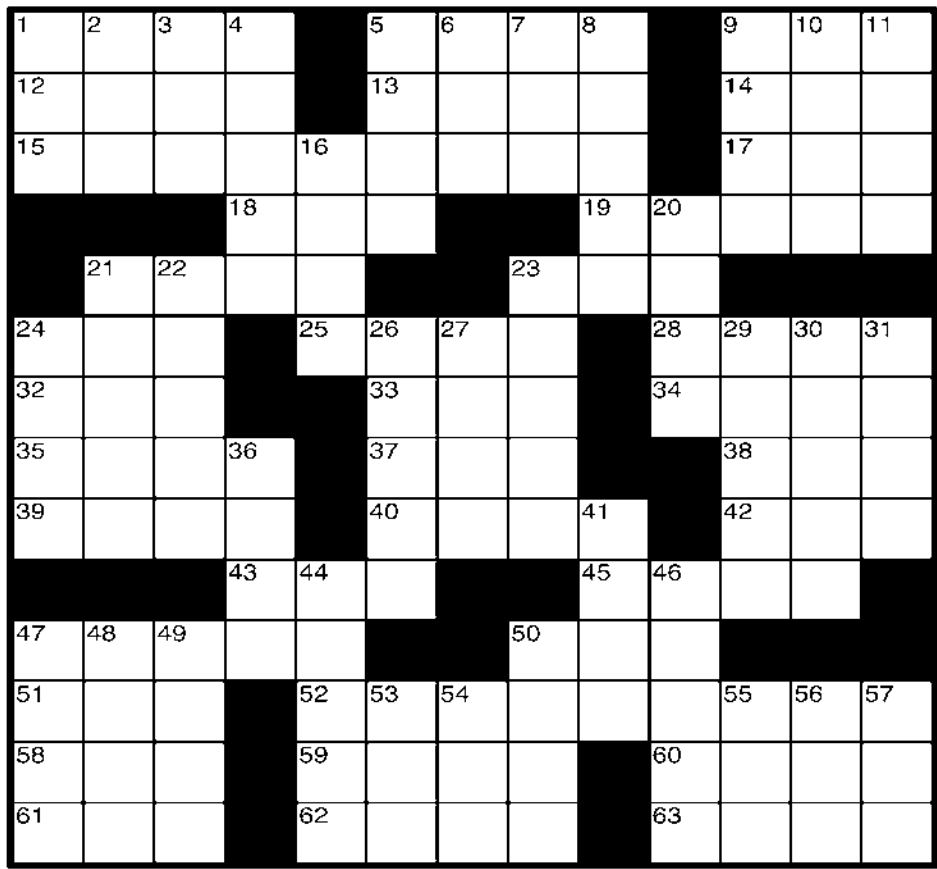
46 Overconfident

48 No future — —

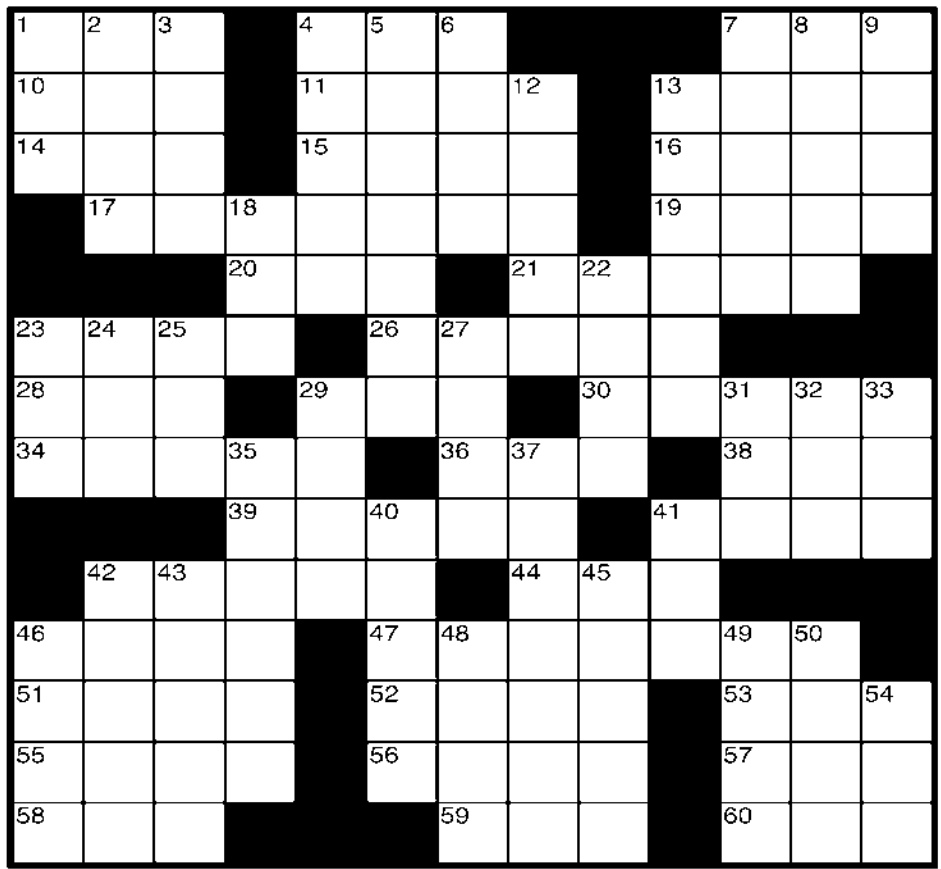
49 They're often inflated

50 Dodge City marshal

54 Octopus home



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GOOD NEWS!

Wedding & Engagement Announcements

Garrett-Vogel Nuptials  
Allison Jean Garrett and Carter James Vogel of Moberly, MO, were united in marriage on May 18, 2019.

Birth Announcements

Welcome, Hayley Ryan!  
Born April 22, 2019  
9 lbs. 22 inches  
Proud Parents  
Lydia & Mike Ryan

Celebration Announcements

Cunningham Graduation  
Allison Jean Cunningham, daughter of Pam and Mark Cunningham, graduated from Mizzou on October 6, 2019.

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WIN		KIRKSVILLE, HS	LOSS	WIN		KNOX COUNTY, HS	LOSS
5			4	2			7
27	HOME TEAM	VS	AWAY TEAM	65	HOME TEAM	VS	AWAY TEAM
	MACON	8/26	KIRKSVILLE		SCHUYLER CO.	8/26	KNOX COUNTY
	DATE		DATE		DATE		DATE
40	HOME TEAM	VS	AWAY TEAM	50	HOME TEAM	VS	AWAY TEAM
	KIRKSVILLE	9/2	CHILlicothe		SWEET SPRINGS	9/2	KNOX COUNTY
	DATE		DATE		DATE		DATE
0	HOME TEAM	VS	AWAY TEAM	12	HOME TEAM	VS	AWAY TEAM
	KIRKSVILLE	9/9	SAVANNAH		NORTHLAND CHRISTIAN	9/9	KNOX COUNTY
	DATE		DATE		DATE		DATE
14	HOME TEAM	VS	AWAY TEAM	38	HOME TEAM	VS	AWAY TEAM
	MOBERLY	9/16	KIRKSVILLE		KNOX COUNTY	9/16	STANBERRY
	DATE		DATE		DATE		DATE
17	HOME TEAM	VS	AWAY TEAM	20	HOME TEAM	VS	AWAY TEAM
	MARSHALL	9/23	KIRKSVILLE		KNOX COUNTY	9/23	NORTH SHELBY
	DATE		DATE		DATE		DATE
25	HOME TEAM	VS	AWAY TEAM	76	HOME TEAM	VS	AWAY TEAM
	KIRKSVILLE	9/30	HANNIBAL		WORTH COUNTY	9/30	KNOX COUNTY
	DATE		DATE		DATE		DATE
42	HOME TEAM	VS	AWAY TEAM	66	HOME TEAM	VS	AWAY TEAM
	MEXICO	10/7	KIRKSVILLE		KNOX COUNTY	10/7	NORTHWEST
	DATE		DATE		DATE		DATE
42	HOME TEAM	VS	AWAY TEAM	56	HOME TEAM	VS	AWAY TEAM
	KIRKSVILLE	10/14	FULTON		ST. PAUL LUTHERAN	10/14	KNOX COUNTY
	DATE		DATE		DATE		DATE
68	HOME TEAM	VS	AWAY TEAM	8	HOME TEAM	VS	AWAY TEAM
	CAPITAL CITY	10/21	KIRKSVILLE		KNOX COUNTY	10/22	BISHOP LeBLOND
	DATE		DATE		DATE		DATE
11 MAN CLASS 4 DISTRICT 5 TOURNAMENT				8 MAN CLASS 1 DISTRICT 2 TOURNAMENT			
N/A	HOME TEAM	VS	AWAY TEAM	N/A	HOME TEAM	VS	AWAY TEAM
	JEFFERSON CITY	11/4	KIRKSVILLE		ST. PAUL LUTHERAN	11/4	KNOX COUNTY
	DATE		DATE		DATE		DATE
WIN		SCHUYLER CO., HS	LOSS	WIN		MACON, HS	LOSS
4			5	8			1
65	HOME TEAM	VS	AWAY TEAM	27	HOME TEAM	VS	AWAY TEAM
	SCHUYLER CO.	8/26	KNOX COUNTY		MACON	8/26	KIRKSVILLE
	DATE		DATE		DATE		DATE
40	HOME TEAM	VS	AWAY TEAM	0	HOME TEAM	VS	AWAY TEAM
	SCHUYLER CO.	9/2	PATTONSBURG		NORTH CALLAWAY	9/2	MACON
	DATE		DATE		DATE		DATE
46	HOME TEAM	VS	AWAY TEAM	26	HOME TEAM	VS	AWAY TEAM
	KEYTESVILLE	9/9	SCHUYLER CO.		MACON	9/9	CLARK COUNTY
	DATE		DATE		DATE		DATE
74	HOME TEAM	VS	AWAY TEAM	14	HOME TEAM	VS	AWAY TEAM
	NORTH SHELBY	9/16	SCHUYLER CO.		PALMYRA	9/16	MACON
	DATE		DATE		DATE		DATE
84	HOME TEAM	VS	AWAY TEAM	45	HOME TEAM	VS	AWAY TEAM
	KANSAS CITY EAST CHRISTIAN	9/23	SCHUYLER CO.		MACON	9/23	HIGHLAND
	DATE		DATE		DATE		DATE
28	HOME TEAM	VS	AWAY TEAM	53	HOME TEAM	VS	AWAY TEAM
	SCHUYLER CO.	9/30	BRAYMER		MACON	9/30	BROOKFIELD
	DATE		DATE		DATE		DATE
22	HOME TEAM	VS	AWAY TEAM	26	HOME TEAM	VS	AWAY TEAM
	SCHUYLER CO.	10/7	KING CITY		SOUTH SHELBY	10/7	MACON
	DATE		DATE		DATE		DATE
58	HOME TEAM	VS	AWAY TEAM	32	HOME TEAM	VS	AWAY TEAM
	SCHUYLER CO.	10/14	NORTHLAND CHRISTIAN		MONROE CITY	10/14	MACON
	DATE		DATE		DATE		DATE
0	HOME TEAM	VS	AWAY TEAM	20	HOME TEAM	VS	AWAY TEAM
	NORTHWEST	10/21	SCHUYLER CO.		MACON	10/21	CENTRALIA
	DATE		DATE		DATE		DATE
8 MAN CLASS 1 DISTRICT 2 TOURNAMENT				11 MAN CLASS 2 DISTRICT 8 TOURNAMENT			
N/A	HOME TEAM	VS	AWAY TEAM	N/A	HOME TEAM	VS	AWAY TEAM
	SANTA FE	11/4	SCHUYLER CO.		RICHMOND	11/4	MACON
	DATE		DATE		DATE		DATE

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