

KIRKSVILLE Daily Express

KIRKSVILLEDAILYEXPRESS.COM

WEDNESDAY

AUGUST 10, 2022 | \$2

Kirksville Parks & Recreation holds final summer block party

By Marty Bachman
Daily Express

The city of Kirksville Parks & Recreation Department held their final block party of the summer last Sunday afternoon at Brashear Park.

There were free hot dogs, chips, snow cones, cotton candy, water games, a petting zoo, a bubble suds machine and water balloons. The park's pool was full of kids and there was also a water sprinkler set up for kids to run through.



Highway Patrol offers back to school safety guidelines

By Missouri State
Highway Patrol

August has arrived and with it the 2022-2023 school year. The Missouri State Highway Patrol would like to encourage parents to include conversations about safety when preparing their student for school. It's also important that drivers be prepared for the change in traffic patterns as students begin another year of instruction. In 2021, one person was killed and 217 injured in traffic crashes involving a school bus. In Missouri last year, 794 traffic crashes involved school buses. Troopers hope everyone will review these safety tips:

Motorists

Always be vigilant, but especially near school zones, playgrounds, bicycle paths, and crosswalks when schools are in session. Expect pedestrian and bicycle traffic to increase near schools on days where the weather is good. When schools are in session, drivers should expect a change

in traffic patterns—school buses, parents taking their children to school, and many young drivers will join other motorists on the road and affect the morning and afternoon commute. Whatever route you drive, expect this additional traffic and prepare by allowing extra time to reach your destination.

Missouri law states that on a two-lane road, if a school bus is stopped and displaying warning signals while loading or unloading children, drivers must stop when meeting and following the bus. However, it is only necessary to stop on a four-lane highway when following the bus. Drivers, when you see a stopped school bus, stay alert and follow the law. Children may not be aware of traffic and dart unexpectedly into the roadway.

Students

If you're walking to school, stay alert! Cross the street at intersections or marked crosswalks and never between parked cars. Use

See **SAFETY**, Page A3

Deadline to respond to Ameren Missouri electric rate increase proposal

By Press Release

JEFFERSON CITY — The Missouri Public Service Commission has established the deadline for those wishing to intervene and participate in an electric rate case filed by Union Electric Company d/b/a Ameren Missouri.

On Aug. 1, Ameren Missouri filed an electric rate case with the Missouri Public Service Commission seeking a net increase in its electric base rates of ap-

proximately \$316 million. An average residential electric customer (using approximately 1,017 kilowatt-hours of electricity a month) would see a rate increase of approximately \$12 a month according to the filing.

Applications to intervene and participate in this case must be filed no later than Sept. 6, with the Secretary of the Missouri Public Service Commission, P.O. Box 360, Jefferson City, Missouri 65102, or by us-

ing the Commission's Electronic Filing and Information System (EFIS) at www.psc.mo.gov.

Individual citizens wishing to comment should contact either the Office of the Public Counsel (Governor Office Building, 200 Madison Street, Suite 650, P.O. Box 2230, Jefferson City, Missouri 65102-2230, telephone (866) 922-2959, email opcserve@opc.mo.gov) or the Public Service Commission Staff (P.O. Box 360,



Jefferson City, Missouri 65102, telephone 1-800-392-4211, email pscinfo@psc.mo.gov). The Office of the Public Counsel is a separate state agency that represents the general public in matters before the Commission. Ameren Missouri provides service to approximately 1.29 million electric customers in Missouri.



Larry Whitney honored for 52 years of Rotary Service

By Rotary Club of Kirksville

The program at the Aug. 3 Rotary Club of Kirksville meeting, presented by Rotarian Ralph Cupelli, was entitled Recognition of Service. It included new

members plus members serving in five-year increments up to 50 years. Larry Whitney, pictured with President Marie Murphree, is the club's longest serving member with 52 years of service as of Aug. 1, 2022.

INSIDE

COMMUNITY A2
OBITUARIES A3
BUSINESS A4
HEALTH A5

SPORTS A6
COMICS A7
CLASSIFIEDS A8-A9
WEATHER A10

OBITUARIES INSIDE

No obituaries reported



Kirksville R-III School District revises its free and reduced price policy for school children

By Press Release

Kirksville R-III School District announced its revised free and reduced price policy for school children unable to pay the full price of meals served in schools under the National School Lunch Program and the School Breakfast Program.

Local education officials have adopted the following family-size income criteria for determining eligibility in the accompanying graph.

Children from families whose current income is at or below those shown are eligible for free or reduced price meals. Applications are available at the school office. To

apply, fill out a Free and Reduced Price School Meals Family Application and return it to the school. The information provided on the application is confidential and will be used only for the purpose of determining eligibility. Applications may be submitted any time during the school year. A complete application is required as a condition of eligibility. A complete application includes: (1) household income from all sources or Food Stamp/TANF case number, (2) names of all household members, and (3) the signature and last four digits of social security number or indication of no social security

number of adult household member signing the application. School officials may verify current income or other information provided on the application at any time during the school year.

Foster children may be eligible regardless of the income of the household with whom they reside. Households with children who are eligible under the foster, Head Start, homeless, migrant, or runaway programs should contact the school for assistance in receiving meal benefits. Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) participants may be eligible for free or

reduced price meals.

Children who are members of households currently certified as receiving Food Stamps, TANF or FDPIR are eligible for free meals. To complete an application, the household must provide the names of the children, a statement that the household receives the qualifying benefits, the Food Stamps/TANF/FDPIR case number, and the signature of the adult household member making application. When known by the school that members of a household are receiving assistance from Food Stamps, TANF or FDPIR, households will be notified of their children's eligibility for

Household Size	Maximum Household Income Eligible for Free Meals			Maximum Household Income Eligible for Reduced Price Meals		
	Annually	Monthly	Weekly	Annually	Monthly	Weekly
1	\$17,667	\$1,473	\$340	\$25,142	\$2,096	\$484
2	23,803	1,984	458	33,874	2,823	652
3	29,939	2,495	576	42,606	3,551	820
4	36,075	3,007	694	51,338	4,279	988
5	42,211	3,518	812	60,070	5,006	1,156
6	48,347	4,029	930	68,802	5,734	1,324
7	54,483	4,541	1,048	77,534	6,462	1,492
8	60,619	5,052	1,166	86,266	7,189	1,659
Each add'l member	+ 6,139	+ 512	+ 118	+ 8,732	+ 728	+ 168

free school meals. If any children in the household were not listed on the eligibility notice or not listed on the application, the household should contact the school to have benefits extended to all children in the household.

If a family member becomes unemployed or if family size changes, the family should contact the school to file a new application. Such changes may make the children of the family eligible for these benefits.

Under the provisions of the policy, the Food

Service director will review the applications and determine eligibility. If a parent is dissatisfied with the ruling of the determining official, they may wish to discuss the decision with the hearing official on an informal basis or he/she may make a request either orally or in writing to Tricia Reger. Hearing procedures are outlined in the policy. A complete copy of the policy is on file in each school and in the central office where any interested party may review it.

Commission awards \$29.3 million to improve rural roads in Northeast Missouri

By Press Release

HANNIBAL – During its regular meeting on Aug. 3, the Missouri Highways and Transportation Commission awarded \$29.3 million in contracts for projects covering 370 lane miles of resurfacing

on rural roads in Northeast Missouri.

Contract information and project locations are as follows:

Awarded to Emery Sapp & Sons, Inc., Columbia, MO (\$19.1M)

Scotland/Schuyler County, Route T – From Route A

in Schuyler County to Missouri Route 15 in Scotland County (20.6 lane miles).

Schuyler County, Route E – From U.S. Route 63 to Route A (19.1 lane miles).

Schuyler County, Route N – From Iowa state line to U.S. Route 136 (16 lane miles).

Schuyler/Adair County, Route A – From U.S. Route 136 in Schuyler County to U.S. Route 63 in Adair County (42.5 lane miles).

Adair County, Route J – From Route A to Missouri Route 6 (27.2 lane miles).

Scotland/Knox County, Route M – From Missouri Route 15 in Scotland County to Route K in Knox County (35 lane miles).

Scotland County, Route W – From Missouri Route 15 to Route M (9.6 lane miles).

in Monroe County (14.2 lane miles).

Randolph County, Route P – From Route NN to U.S. Route 63 (12.7 lane miles).

Additional information, regarding timelines and impacts to traffic, will be released prior to the start of construction with all projects scheduled to be completed by June 30, 2023. These projects are included as part of Gov. Parson's Rural Road program. The state's approved Fiscal Year 2023 budget provided an additional \$100 million in General Revenue for work on Missouri's low volume rural roads. Using asset management data, MoDOT has identified approximately 1,700 lane miles of low volume roads ranked in Poor Condition. By next summer, these 113 locations will receive resurfacing treatments of hot mix asphalt to improve the road conditions. For more information on the Governor's Rural Roads Program, visit Governor's Rural Roads Program | Missouri Department of Transportation (modot.org).

Welcome,
Dr. Spencer!



DAVID SPENCER, D.O.

INTERNAL MEDICINE / OMM

1605 S BALTIMORE | FIRST FLOOR

KIRKSVILLE, MO

CALL (660) 665-3599

TO SCHEDULE AN APPOINTMENT



CFM Specialty Group

KIRKSVILLE AREA CALENDAR

Kirksville Planning & Zoning Commission

The city of Kirksville's Planning & Zoning Commission will hold a meeting at 6 p.m. on Wednesday, Aug. 10, in the Council Chambers at City Hall, 201 S. Franklin Street.

Source Solar-Missouri, Ribbon Cutting

The Kirksville Area Chamber of Commerce will be holding a ribbon-cutting ceremony for Source Solar-Missouri, 18062 Round Barn Way in Kirksville, on Aug. 31 at 10 a.m. Formerly known as 1 Solar Source-Missouri, the company is celebrating a grand re-opening.

28th Annual Kirksville Chamber Golf Outing

The 28th Annual Kirksville Chamber Golf Outing is on Friday, Aug. 12. This is known as one of Kirksville's most fun golf tournaments. For more information and registration forms for teams and sponsorships, visit: www.Kirksville-chamber.com. Check in opens at 8 a.m. Tee Off at 9 a.m. Kirksville Country Club, 1115 Country Club Dr., Kirksville.

Thousand Hills State Park programs

Friday, Aug. 5 — 7 p.m. Bug Bingo
Learn all about bugs through this interactive game of bingo. Discover which bugs match the clues given to complete your bingo board. Meet at the Special Use Area.

Saturday, Aug. 6 — 10 a.m. Petroglyph Tour
Thousand Hills State Park is home to a collection of petroglyphs or rock carvings made by ancestors of today's American Indians. Join park staff for a slideshow presentation to get a close up look and learn more about this unique piece of history. Meet at the petroglyph shelter next to the beach.

Friday, Aug. 12 — 7 p.m. Drawn to Nature
Art is a wonderful way to connect ourselves to nature. Join park staff to creatively reconnect with nature through drawing, coloring, and painting. Supplies will be provided but you may bring your own if you prefer. Meet at the Special Use Area.

Saturday, Aug. 13 — 10 a.m. Native Reptiles
Join park staff to learn about some of Thousand Hills native reptiles. From snakes, to lizards, to turtles, there is always some-

thing fascinating to discover. Meet at the Beach Shelter.

11 a.m. Songs & Stories
Join Professional Storyteller Heather Harlan as she shares songs and stories that are enjoyable for all ages. Meet at the Beach Shelter.

Friday, Aug. 19 — 7 p.m. Petroglyph Tour
Thousand Hills State Park is home to a collection of petroglyphs or rock carvings made by ancestors of today's American Indians. Join park staff for a slideshow presentation to get a close up look and learn more about this unique piece of history. Meet at the petroglyph shelter next to the beach.

Saturday, Aug. 20 — 10 a.m. And 1 p.m. Learn 2 Aim
Begin your archer journey by attending a hands-on workshop this summer! Prior Registration is required. Register at: mostateparks.com/learn2 Questions? Contact the park office at 660-665-6995.

Summer is almost over and school is just around the corner for many families, but there is still plenty to do before it's here. Attached you will find information for many of these including our newsletter and the activity calendar for the Community Learning Center.

Kirksville Daily Express

Published Biweekly
701 E. LaHarpe St., Suite C,
Kirksville, MO, 63501
P.O. Box 809 h
Phone 660-665-2808
kirksvilledailyexpress.com

Phillips Media Group, LLC.
Phone: 660.826.1000 or 800.892.7856
©2022 Phillips Media Group | All Rights Reserved

CONTACT THE KIRKSVILLE DAILY EXPRESS

Marty Bachman, Managing Editor
editor@kirksvilledailyexpress.com

Dawn Burgin, Circulation
dburgin@kirksvilledailyexpress.com

Scott Jarvis, Advertising
sjarvis@kirksvilledailyexpress.com

SUBSCRIPTION RATES*

(by mail within the state) Wednesday, Saturday home delivery+digital access

1 month.....\$27.50

3 months.....\$70.63

1 year\$159.97

EZ Pay.....\$13.33

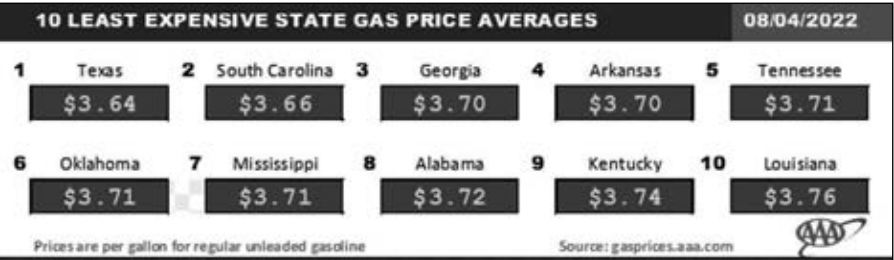
OUT OF STATE RATES

3 months.....\$81.21

1 year\$223.34

USPS 296-060; periodicals postage paid at Kirksville, Mo., and at additional mail offices. Postmaster: Send address changes to 701 E. LaHarpe St., Suite C, Kirksville, MO, 63501 (P.O. Box 809).

Published Wednesdays and Saturdays, it may not be published on the following holidays: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and Christmas.



Missouri pump prices continue to fall; Crude oil reaches lowest price since February

By AAA

The statewide gas price average in Missouri is \$3.76 for a gallon of regular unleaded fuel, according to the AAA Missouri Weekend Gas Watch. That price is 18 cents less compared to this day last week and is 89 cents more per gallon compared to this day last year. Of the major metropolitan areas surveyed in Missouri, drivers in Jefferson City are paying the most on average at \$3.91 while drivers in Joplin are paying the least at \$3.52 per gallon. The national average price for a gallon of regular unleaded is \$4.14, which is 14 cents less compared to this day last week and 95 cents more than the price per gallon at this same time last year, according to AAA Gas Prices.

Several market forces continue to push pump prices lower. On Wednesday, crude oil prices reached their lowest point since Russia's invasion of Ukraine as the energy industry braces for a possible global

economic slowdown. Demand for gasoline fell week-to-week and regional supplies remained steady. In addition, the Organization of the Petroleum Exporting Countries and allies (OPEC+) has agreed to a small boost in crude oil production, which may support falling retail pump prices in the weeks to come.

"Missouri drivers saw another substantial weekly decrease in prices at the pump," said AAA spokesperson Nick Chabarria. "It is still unclear how far gas prices will fall as market volatility remains high."

Drivers in Missouri are paying the 12th lowest gas price average in the country, according to gasprices.aaa.com. Meanwhile, drivers in California are the paying the most at \$5.54 on average for a gallon of regular unleaded.

Prices up to date at press time using market prices posted at 3:41 a.m. Motorists can find current gas prices along their route with the free and revamped AAA App for iPhone, iPad and Android.

Missouri State Highway Patrol seeking applicants for 118th Recruit Class

By Missouri State Highway Patrol

The Missouri State Highway Patrol, a premier law enforcement agency, is testing for new troopers. The Patrol is encouraging qualified individuals of all backgrounds to apply, and will offer testing at nine different locations in Missouri. Those who successfully complete testing will be eligible to continue in the selection process for the 118th Recruit Class, scheduled to begin training on July 3, 2023. The application deadline is Dec. 9, 2022.

To be eligible, candidates must possess a high school diploma or GED equivalent and be 21 years of age upon graduating from the Patrol's Law En-

forcement Academy. Upon graduating from the Patrol's Academy, troopers are eligible to earn 46 credit hours through Mineral Area College in Park Hills, Mo., or 30 credit hours through the University of Central Missouri in Warrensburg, Mo., toward a degree.

The Missouri State Highway Patrol's uniform guidelines allow troopers to have tattoos or brands as long as they meet two requirements: 1) The tattoos or brands cannot depict or support criminal behavior, drug usage, nudity, profanity, promiscuity, subversive groups, bigotry, etc. 2) Tattoos/brands cannot be located on the head, neck, hands, wrists, or any part of the body which would be visible during movements

in the performance of their duties while wearing an official uniform or civilian attire. Troopers with tattoos on the arms that would be visible in the class B uniform (short sleeves) will wear the class A uniform (long sleeves).

The starting annual salary for trooper is \$53,328, and following three years of service, the trooper first class' salary is increased to \$56,208. Other benefits include group health insurance, contributory retirement, career advancement, and more.

Interested persons can find out more about the qualifications by contacting a Patrol recruiter at telephone number 1-800-796-7000, or may apply online at www.motrooper.com.

KIRKSVILLE AREA NEWS BRIEFS

3rd Annual Kids Mini Mud Mile scheduled for Aug. 13

Are you ready to get dirty? Registration is now open for the 3rd Annual Kids Mini Mud Mile. Children ages 3 to 15 are invited to take on this one-mile, mud-filled obstacle course on Saturday, Aug. 13, at the North Park Sports Complex. Children ages 5 and under may have a responsible adult run the course with them free of charge. Thanks to generous local sponsors, registration is just \$10 per child. Each child will receive a Mini Mud Mile t-shirt and free post-race refreshments. Choose a 9 a.m., 10 a.m. or 11 a.m. start time when registering at parks.kirksvillemc.org or in person at the parks and recreation office located at the Kirksville Aquatic Center. For more information, contact Luke Callaghan with the Parks and Recreation Department at 660-627-1485.

City seeking applicants for Housing Authority Board

The city of Kirksville is eager to involve community-minded citizens in the process of local government through one of our many Citizen Advisory Commissions. The city council is currently accepting citizen applications for the following position: Kirksville Housing Authority Board: one position on the commission for a partial term ending in September 2024. Visit www.kirksvillemc.org/citizensserve and submit your application before Friday, Aug. 19, at 5 p.m., to be considered for the opportunity to serve on this commission. For more information, contact Wanda Cagle, City Clerk, at 660-627-1225.

Paint the Ville Kid's Club!

Register your first through eighth grade artist for one or all of the monthly Kid's Club events. Artists will create a masterpiece under the direction of Paint the Ville instructor, Rachel Messer. Classes are held from 5:30-7 p.m. at the Kirksville Aquatic Center, located at 801 E. Mill St. All participants must pre-register, and class size is very limited. To register your child, visit the Kirksville Parks and Recreation Office at the Kirksville Aquatic Center, or online at https://parks.kirksvillemc.org/! Each course is \$20 and all supplies are included. Featured paintings will be: Aug. 15: Octopus. For more information, contact Luke Callaghan with the Parks and Recreation Department at 660-627-1485.

Summer 'off' the Square dates

The Kirksville Art Association's annual Summer on the Square concert series will be held Fridays at 7 p.m. on the north side of the Sue Ross Arts Center at 215 S. Franklin Street in Kirksville. Following is a list of concerts for the summer series: Aug. 12 — StoneHouse, Sponsored by Pepsi Cola. High Energy Rock & Roll; Classic Rock. Aug. 19 — Demi Michelle, t. Acoustic Country and Pop. Aug. 26 — Deadwood, Sponsored by Kirksville Tourism. Rockin' Blues. All concerts are also sponsored by Sparklight and the City of Kirksville Tourism.

Kirksville Parks & Recreation Master Plan community meeting on Aug. 17

The city of Kirksville has formally kicked off the Kirksville Parks & Recreation Master Plan 2032 that will guide city-wide parks and recreation improvements for the next 10 years. This master plan will include recommendations for advancing and maintaining the parks and recreation system that enhances the quality of life for all citizens and creates a joyful environment for all ages, abilities and backgrounds. This process will last approximately seven months and offers multiple ways of getting involved with the project. A community open houses is planned for Aug. 17, 5-8 p.m. at the Rotary Park Ray Klinginsmith Amphitheater. For more infor-

mation, contact Rodney Sadler with the Parks and Recreation Department at 660-627-1485.

Mascots Marching For Meals for Adair County

The Food Bank For Central & Northeast Missouri will be hosting the 4th annual Mascots Marching For Meals for Adair County on Sept. 17 at 9 a.m. beginning at the YMCA Pavilion (1922 Jamison Street) in Kirksville. The walk will continue around the school campus which is a 1.8 mile trail. School and local business mascots will be present along the route. The registration fee is \$20 which includes a t-shirt. Proceeds from this event will benefit the buddy pack program in Adair County.

Lawson Hill Pop-Up Market & Store-Wide Sale

Lawson Hill Pop-Up Market & Store-Wide Sale will be held on Sept. 24 from 9 a.m. to 5 p.m. at Lawson Hill Antique Mall, 4414 N. Baltimore Hwy 63, Kirksville. They will be taking vendor applications until Aug. 24. Spaces are on a first come first serve basis. Bring your own tents, tables, and chairs. No electricity can be provided except for food trucks. Spaces are 10x10 and are \$50. Contact Stacey Kramer at 660-627-4646).

Marion Street construction continues

Concrete repairs will continue on Marion Street from Jefferson Street to Illinois Street. Damaged street curb, pavement and sidewalk will be replaced. Traffic control will be in effect, and the street may be reduced to one lane. There may be total closures during construction to accommodate equipment. No parking will be allowed during construction where indicated by traffic control devices. The traveling public is strongly encouraged to use caution, drive slowly through work areas, and use alternate routes. For more information, contact the Engineering Department at 660-627-1272.

Missouri Livestock Symposium

The Missouri Livestock Symposium, the premier educational event and trade show for livestock producers, will be held on Dec. 2-3 at William Matthew Middle School, 1515 S Cottage Grove in Kirksville. The trade show opens on Dec. 2 at 4 p.m. and there will be a free supper at p.m. If you're serious about livestock production, don't miss their lineup of nationally-known speakers covering timely topics, and their large agricultural trade show. There's no cost to attend and no pre-registration required. Just show up and enjoy their educational programs, trade show and free meals.If you're interested in becoming a sponsor of this event or would like to have a trade show booth, call the Adair County MU Extension Center at 660-665-9866.

Routes in Adair County to Close for Pavement Work

Weather permitting, MoDOT crews will be performing pavement work on routes in Adair County. See below for locations and additional information.

Route E- Aug. 15, the road will be closed at U.S. Route 63 to Route V between 7 a.m. and 4 p.m.

Route F- Aug. 16, the road will be closed at Route V to Missouri Route 6 between 7 a.m. and 4 p.m.

Route KK- Aug.17, the road will be closed at Route F to U.S. Route 63 between 7 a.m. and 4 p.m.

Motorists will need to use alternate routes for closures during these times. Signs and message boards will be in place to alert motorists, as all work is weather dependent, and schedules are subject to change.

SAFETY

Continued from Page A1

sidewalks when they are available. If it is necessary to walk on the roadway, stay close to the left edge and step off to the left when traffic approaches. Never dash into the street after a friend or to retrieve something.

Riding a bicycle to school is a fun way to travel. If you're riding your bike, be sure to wear a helmet and obey all traffic signs and signals. Ride as near to the right side of the roadway as is safe and use the proper hand signals when you plan to change directions, slow, or stop. Never carry passengers. Keep both hands on the handlebars except when signaling. It's important to maintain your bicycle in good condition.

If you ride a school bus, check the weather and dress accordingly. Wait in line for the bus on the shoulder or sidewalk. Use the handrail when getting on or off the bus. Never try to retrieve items that fall

under the bus and walk at least 10 feet in front of the bus when crossing the street. Sit quietly on the bus and keep the aisle clear. If anything goes wrong, stay calm and follow the instructions of the bus driver.

Most traffic crashes involving young drivers (under the age of 21) occur between 3 p.m. and 4 p.m., when school typically lets out. Many of these drivers are young and inexperienced. Parents: It is important to encourage those young drivers to remember driving is a full-time job. Using a cell phone, texting, or adjusting the radio can be the distraction that leads to a traffic crash. Texting is against the law for anyone under the age of 22.

Parents

Parents are encouraged to talk to their children about riding a bus, walking, or driving to school in a safe manner. If they ride a bike, please make sure they wear a helmet and follow traffic laws.

Please talk to your children about the Cour-

age2ReportMO program, which provides a safe and confidential way to report any concerns regarding their safety or the safety of others. These concerns may include: assault, bullying/repeated harassment, cyber bullying, fighting, guns, homicide, human trafficking, knife, planned school attack, imminent school shooting, school shooting threat, sexual offense, suicide-other person (3rd party), or a terrorism threat (extremism). Those reporting their concerns may remain anonymous. C2R provides a "sooner is safer" tool to report real time concerns 24 hours a day. There are several ways concerned persons may submit a C2R report:

- through an Apple or Google Play Courage2Report mobile app,
- by making an online report via http://www.mshp.dps.missouri.gov/MSHPWeb/Courage2ReportMO/index.html, or
- by speaking confidentially to a trained professional at 866-748-7047.

C2R Missouri calls and tips (web and mobile app) are answered 24 hours a day, 365 days per year by trained communications professionals.

C2R Missouri requires a disposition report be returned on each tip report, notifying the Missouri State Highway Patrol of the outcome. For

more information about C2R Missouri awareness and education resources, call the C2R Missouri Administrative Office at 866-362-6422.



PAID FOR BY GRAVES FOR CONGRESS

Thank You!

"Thank you for your support in the August 2nd primary election. I appreciate your trust in me as we fight Joe Biden's radical socialist agenda in Congress. Together, we can continue our hard work doing what's right for everyday Missourians and protecting our shared values."

I look forward to the general election in November when we will take back the House and can bring real results to help make America great again."



660676cb

Unique ways local businesses can work together

By Special to The Express

The effects of a thriving small business sector are undeniable. Though the Covid-19 pandemic challenged the small business sector in various ways, one study from the U.S. Small Business Administration conducted prior to the pandemic found that small businesses account for 44 percent of economic activity in the United States. A post-pandemic return to normal could help small businesses regain that influence, especially if such establishments work together.

A recent study from Red Egg Marketing found that 82 percent of consumers indicate they would spend more to support small businesses after the pandemic. That support should go a long way toward aiding the recovery of small, locally owned businesses.

But such establishments can do themselves a favor by finding ways to work together. Such collaborations can be a great way for local companies to connect with new customers while also supporting fellow small businesses. The following are a handful of ways local businesses can work together as they recover from the economic effects of the pandemic.

- Consider cross-promotional events. Cross-promotion is a marketing endeavor in which two or more businesses work together to promote a service or product. For example, a local brewery may partner with a local restaurant to showcase a new beer release and a special menu item that pairs well with that particular beer. These types of promotions shed light on what each business can offer, and many consum-

ers would be happy to learn they're supporting at least two local businesses at the same time.

- Change suppliers. Many partnership opportunities can be effective even if they're less public in nature. Global supply chains were in flux during the pandemic and have yet to return to normal. That makes now a great time for local businesses to reconsider their suppliers. When doing so, look into local suppliers and let it be known that your products are locally sourced. For example, local restaurant owners can highlight the fact that their foods are sourced from local farms and manufacturers. That may impress foodies with a fondness for freshness, and also should reassure customers who want to keep as many of their dollars in the local community as possible.



- Form a local business network. When one business on Main Street is thriving, others tend to follow suit. That's especially true when businesses network in the hopes of creating a bustling local shopping district. Local business owners can organize a

network via social media or in person communication. Encourage business owners to share what worked, and didn't work, as they built their businesses. Local networks also can be a great forum to plan and pitch community-based events like festivals, holiday

bazaars and other functions designed to bring more consumers to Main Street.

Rebuilding after the pandemic poses some unique challenges to small business owners. Working together can be an effective way to overcome those challenges.



Four unique ways to help small businesses grow

By Special to The Exprtress

The role small businesses play in thriving local communities cannot be overstated. Vibrant downtown areas that feature independently owned shopping, dining and entertainment options help distinguish communities from surrounding towns and generate tax revenue that is ultimately funneled back into the community.

Many small business owners are active members in their communities, which made it even more heart-breaking to see so many locally owned establishments struggle during the Covid-19 pandemic. Even as the world gradually began to emerge from the pandemic, more than half of small business owners expected their struggles to continue. In late 2020, the Small Business Pulse Survey from the U.S. Census Bureau found that 53 percent of small business owners expected it would be at least six months before they could return to pre-covid operations. That survey was conducted months before the Delta variant of the virus began to spread. When the Delta variant began to spread, three effective Covid-19 vaccines had already become widely available, but scientists warned that Delta could be one of the most transmissible respiratory viruses in the world. That prompted many consumers, even those who were fully vaccinated, to wonder if it was still safe to spend time in public. Such fears once again put small businesses in the financial crosshairs.

Only time will tell if the Delta variant puts more small businesses in jeopardy. In the meantime, local residents and professionals can make a concerted effort to shop local. In addition to offering their financial support to the small businesses that make their communities special, residents can em-

brace four unique strategies to help locally owned establishments stay afloat.

1. Offer pro bono professional expertise. Successful professionals can help small business owners by offering their services free of charge. Financial planners can pitch in and help secure small business loans, while attorneys can provide pro bono legal advice.
2. Help small businesses strengthen their digital presence. Individuals with web design and e-commerce experience can help small businesses revamp their websites and improve their online shopping offerings. This can be a vital way for small business owners to attract new business and generate revenue should consumers express concerns about in person shopping in the months ahead.
3. Support legislation that benefits small businesses. Many small businesses would not have survived the pandemic without government assistance programs like the Small Business Administration's Paycheck Protection Program. Voters should carefully consider programs and proposals before voicing any support, but they should not hesitate to promote programs they believe in that are designed to help local businesses. Write to local elected officials to encourage their support, and share news about proposals with fellow voters when given the chance.
4. Spread the word. Take to social media to spread the word about a local business. Share stories about positive interactions with a given business and use social media platforms to share news about sales or special events they're hosting.

There's much individuals can do to support small businesses as they continue to recover from and confront the Covid-19 pandemic.

Keeping employees safe in the workplace

By Special to The Express

The Covid-19 pandemic has taught the world many things, including the need to prioritize public health. Protecting those you rely on ensures they'll be there when you need assistance.

Business owners must prioritize the health and safety of their employees. Data from the U.S. Bureau of Labor Statistics indicates that 5,333 fatal work injuries occurred in 2019, which marked a 2 percent increase over 2018. The most common causes of workplace injuries include overexertion and bodily reaction, falls, slips, and trips. When implementing safety precautions comes with a high price tag or is met with resistance by workers, it is up to business owners to dig deep and put protection over profit. Various strategies can help business owners as they navigate a post-pandemic land-

scape that may require a new approach to employee safety.

- Recognize the threat of potential safety issues. Accidents will happen regardless of how much business owners try to prevent them. But prevention efforts still greatly reduce the risk of accident and injury. Make a list of more common dangers (falls or injuries from equipment) and less common ones (fires or criminal perpetrators). Once the list is compiled, develop a plan to reduce the risk of accidents on both lists.
- Perform risk assessments. Conduct a risk assessment on your own or hire a third party to review the business and make recommendations. Note potential hazards and what must be done to remedy them promptly.
- Create a custom health and safety policy. Make a safety plan a key part of the employee handbook. Employees should be well



versed in existing and newly adopted safety protocols and what's expected of them in case of emergency.

- Be mindful of requirements. The Occupational Safety and Health Administration's OSH Act includes statutory requirements. Some of these include providing OSHA training, keeping records of work-related illnesses and accidents and providing personal protective equipment. Properly maintaining tools and equipment is another requirement.
- Utilize safety equipment and label hazards. Anti-slip mats on floors, properly locked cabinets for combustibles and other chemicals, warning signs and labeling in hazardous zones, and guards or kill switches on heavy machinery can great-

ly reduce the risk of employee injury.

- Provide safety training. Employees won't know how to do their jobs safely without training. Routinely assess employees to ensure compliance and install a reward system to commend those who make safety a priority.
- Perform safety drills. Ensure employees know how to react quickly in emergency situations by routinely going over protocols, including emergency evacuation drills. Consult with law enforcement professionals if guidance is needed.

Safety should be a goal for any business owner. Providing resources, maintaining equipment, conducting safety assessments, and educating employees can make a real difference in reducing injuries.

IRS summer tax planning reminders

By IRS

WASHINGTON — Most people are thinking about summer vacations, not taxes, but summer is a great time to see what summertime tax situations will affect next year's tax return.

Remember to file

People who missed the April deadline or requested an extension to Oct. 17 should be sure to file their return. Filing electronically is fast, accurate and secure. Eligible individuals can use the IRS Free File program to prepare and file their 2021 federal tax return for free. MilTax online software is offered through the Department of Defense for members of the military and certain veterans, regardless of income. "Those who requested an ex-

tension can file as soon as they have all the information needed to file an accurate return and avoid a last-minute rush in October," said IRS spokesman Michael Devine.

Getting married

Newlyweds should report any name change to the Social Security Administration. They should also report an address change to the United States Postal Service, their employers and the IRS. To report a change of address for federal tax purposes, taxpayers must complete Form 8822, Change of Address and submit it to the IRS. This will help make sure they receive the documents they will need to file their taxes.

Sending kids to summer day camp

Unlike overnight camps, the cost of

summer day camp may count towards the child and dependent care credit.

Working part-time

While summertime and part-time workers may not earn enough to owe federal income tax, they should remember to file a return. They'll need to file early next year to get a refund for taxes withheld from their checks this year.

Gig economy work

Taxpayers may earn summer income by providing on-demand work, services or goods, often through a digital platform like an app or website. Examples include ride sharing, delivery services and other activities. Those who do are encouraged to visit the Gig Economy Tax Center at IRS.gov to learn more about how par-

ticipating in the gig economy can affect their taxes.

Adjust withholding now to avoid tax surprises next year

Taxpayers can avoid a tax surprise next filing season by reviewing their withholding now. Life events like marriage, divorce, having a child, or a change in income can all affect taxes. The IRS Tax Withholding Estimator on IRS.gov helps employees assess their income tax, credits, adjustments and deductions and determine whether they need to change their withholding by submitting a new Form W-4, Employee's Withholding Allowance Certificate. Taxpayers should remember that, if needed, they should submit their new W-4 to their employer, not the IRS.

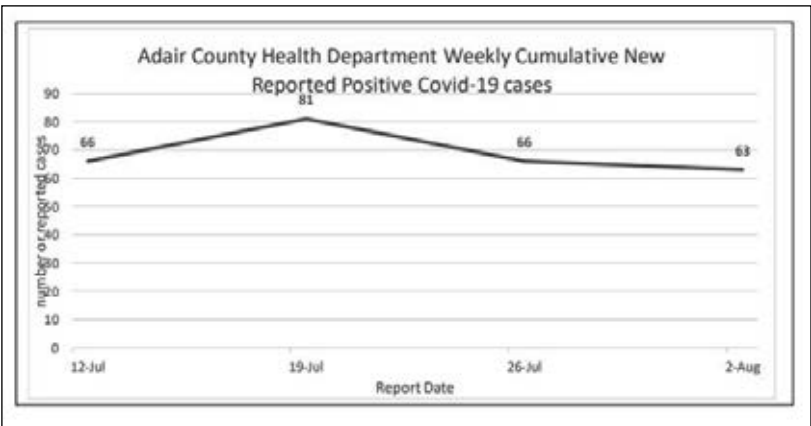
Adair County seven-day count of new Covid cases holds steady

By Adair County Health Department

There were 63 new cases of Covid-19 reported to the Adair County Health Department during the most recent 7-day period, July 26 through August 2, 2022. That number is down three from the previous reporting period.

The Centers for Disease Control and Prevention (CDC) reports that being fully vaccinated and taking precautions as the Omicron variants continue to infect people are the best ways to slow that spread. The CDC reported more than 877,000 new cases in the U.S. from July 25 through August 1.

The CDC recommends that children ages 6 months to 4 years be vaccinated, and that everyone ages 5 and older be fully vaccinated and receive one booster dose. Moreover, it recommends that those ages 50 and



older and some individuals ages 12 to 49 who are moderately or severely immunocompromised also receive a second booster.

The Adair County Health Department continues to administer Pfizer Covid-19 vaccines and boosters. Vaccines are administered to those ages 12 and older on Tuesdays from 2 to 4 p.m., and to those ages 5 through 11 on Thursdays from 3 to 5:30 p.m.

The Health Department is now administering the Pfizer vaccine to children ages 6 months to 4 years old from 9 to 11 a.m. on Thursdays.

To schedule an appointment for the appropriate dose of vaccine or booster, or if you have questions regarding the timing of primary vaccines and booster doses, call the Adair County Health Department at 660-665-8491.



A Healthy family is a wealthy family

By Northeast Regional Medical Center

We lead busy lives so it's easy to understand why we feel a little guilty sometimes about not eating better, sleeping more soundly or getting more exercise.

And, while we might think of New Year's Eve as the time to set new goals or resolutions, another time to make a fresh start is when your children start the new school year. Here's how to help your family focus on what's truly important—your bond with each other and your collective health.

Eat dinner as a family—without devices. Around 40 percent of adults battle obesity and another 39 percent of Americans are overweight. However, it's not just a problem that adults face. Between 2017 and 2018, an estimated 19 percent of children were also affected by obesity. However, studies have found that device-less dinners gave families time to bond, increased communication and made them 37 percent less likely to develop obesity. When families eat together at least three times per week, kids tend to eat more fruits and vegetables—and less fried foods and sugary drinks.

Snack better. Buying and serving more fruits and vegetables is a great start, but let your children help pick the menu or select produce at the store. Also, be sure that the portion sizes are correct. While it might be easy to choose that for ourselves, a tablespoon

per year old for young children is a good place to start. Some great choices are raisins, yogurt, fruit, reduced-fat cheese, baby carrots and peanut butter. Mom and dad can set a good example by putting down the junk food, too.

Get enough sleep. A 2019 study found that 30% of American children do not get enough sleep. And unfortunately, adults aren't the best example when it comes to shut-eye. The National Sleep Foundation reports that over 70% of adults don't get the recommended seven hours of sleep per night. For us, sleep deprivation might present as brain fog and forgetfulness, but it can also contribute to obesity, insulin resistance, heart disease and high blood pressure risks. For kids, a lack of sleep can decrease their learning ability, increase tantrums and make them more accident-prone. Children need between eight and 17 hours of sleep per day, depending upon their age, so make sure sleep is a priority.

Play together. Exercise is no fun if it's something you dread doing. Instead, make it a family affair through play. Set specific goals for movement at least five days per week so it's easier to stick to your plan. If something arises, don't cancel—reschedule. Activities you can do together include walking, jumping rope, hula-hooping, playing putt-putt, riding your bikes or playing basketball. Stuck inside? Try yoga or roll up soft socks into balls and have a "snowball" fight.

Highlights from the Alzheimer's Association International Conference 2022

By Press Release

SAN DIEGO., CALIF. — New research reported at the Alzheimer's Association International Conference® (AAIC®) 2022 covered the breadth of Alzheimer's and dementia research, including the basic biology of aging and the brain, risk factors and prevention strategies, caregiving and living well with the disease.

AAIC is the premier annual forum for presentation and discussion of the latest Alzheimer's and dementia research. This year's hybrid conference event took place both virtually and in-person in San Diego and attracted over 9,500 attendees and more than 4,000 scientific presentations. Some of the findings include:

Ultra-Processed Foods May Speed Cognitive Decline

A study presented at AAIC 2022 finds that people who eat large amounts of ultra-processed foods have a faster decline in cognition. Researchers studied 10,775 people over eight years and found that high consumption (more than 20 percent of daily intake) of ultra-processed foods led to a 28 percent faster decline in global cognitive scores, including memory, verbal fluency and executive function. Ultra-processed foods go through significant industrial processes and contain large quantities of fats, sugar, salt, artificial flavors/colors, stabilizers and/or preservatives. Examples include sodas, breakfast cereals, white bread, potato chips and frozen "junk" foods.

Persistent Loss of Smell Due to Covid-19 Closely Connected to Long-Lasting Cognitive Problems, and ICU Stays May Double Risk of Dementia in Older Adults

New insights into factors that may predict, increase or protect against the impact of Covid-19 and the pandemic on memory and thinking skills were revealed by multiple studies at AAIC 2022. A research group from Argentina found that persistent loss of the sense of smell may be a better predictor of long-term cognitive and functional impairment than severity of the initial Covid-19 disease. In a large study population from nine Latin American countries, experiencing a positive life change during the pandemic, such as more quality time with friends and family, reduced the negative impact of

the pandemic on memory and thinking skills. Finally, hospitalization in the intensive care unit (ICU) was associated with double the risk of dementia in older adults, according to Rush Alzheimer's Disease Center in Chicago. These findings could be significant given the tremendous upsurge in ICU hospitalizations during the Covid-19 pandemic.

Experiences of Racism Associated with Poor Memory, Increased Cognitive Decline

Experiences of structural, interpersonal and institutional racism are associated with lower memory scores and worse cognition in midlife and old age, especially among Black individuals. In a study of nearly 1,000 middle-aged community-dwelling adults (55 percent Latinx; 23 percent Black; 19 percent White), exposure to interpersonal and institutional racism was associated with lower memory scores; the associations were strongest in Black individuals. Experiences of structural racism were associated with lower episodic memory among all racial and ethnic groups included in the study.

In a study of 445 Asian, Black, Latino, White and multiracial people age 90 and above, individuals who experienced wide-ranging discrimination throughout life had poorer long-term memory in late life compared to those who experienced little to no discrimination.

Low Socioeconomic Status, Persistent Low Wages Linked to Dementia Risk and Faster Memory Decline

Socioeconomic status (SES) — reflecting both social and economic measures of a person's work experience, and of an individual's or family's economic access to resources and social position — has been linked to both physical and psychological health and well-being. Socioeconomic deprivation, including neighborhood disadvantages and persistent low wages, are associated with higher dementia risk, lower cognitive performance and faster memory decline, according to several studies:

Individuals who experience high socioeconomic deprivation — measured using income/wealth, unemployment rates, car/home ownership and household overcrowding — are significantly more likely to develop dementia compared to individuals of better socioeconomic status,



even at high genetic risk.

Lower-quality neighborhood resources and difficulty paying for basic needs were associated with lower scores on cognitive tests among Black and Latino individuals.

Compared with workers earning higher wages, sustained low-wage earners experienced significantly faster memory decline in older age.

Higher parental SES was associated with increased resilience to the negative effects of Alzheimer's marker ptau-181, better baseline executive function and slower cognitive decline in older age.

History of Hypertensive Disorders During Pregnancy Linked to Increased Risk of Dementia

Hypertensive disorders of pregnancy (HDP) — conditions of high blood pressure including chronic/gestational hypertension and preeclampsia — have been strongly linked to heart disease in later life, but before today, little research has connected these disorders with cognition. Experiences of high blood pressure disorders during pregnancy are associated with an increased risk of vascular dementia and accelerated brain aging.

Women with a history of HDP were more likely to develop vascular dementia — a decline in thinking skills caused by conditions that block or reduce blood flow to the brain — later in life, compared to women with non-hypertensive pregnancies.

Experience of HDP, specifically high blood pressure during pregnancy, was associated with white matter pathology, a predictor of accelerated cognitive decline, 15 years after pregnancy.

Women with severe preeclampsia had significantly higher levels of beta amyloid, an Alzheimer's-related brain change, as measured in blood compared to those with non-hypertensive pregnancies.

About the Alzheimer's Association®

The Alzheimer's Association is a worldwide voluntary health organization dedicated to Alzheimer's care, support and research. Our mission is to lead the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia®. Visit alz.org or call 800.272.3900.

Missouri's maternal mortality report published

By Press Release

JEFFERSON CITY — The Missouri Department of Health and Senior Services (DHSS) has published A Multi Year Look at Maternal Mortality in Missouri: 2017-2019 Annual Report on behalf of the state's Pregnancy-Associated Mortality Review (PAMR) board. The report is an aggregate of three years' worth of work of the PAMR and is based upon the most recent data available.

PAMR is a multidisciplinary board of experts from across the state tasked with examining the causes and contributing factors associated with maternal mortality and ultimately forming recommendations that could prevent these deaths from occurring in the future.

The 2017-2019 annual report contains data including the timing and leading causes of pregnancy-related deaths, and factors that contributed to these deaths, such as mental health conditions and substance use disorder (SUD). The report also reflects the disparities that exist in our state and among our most vulnerable populations, including our Black and pub-

licly insured communities.

Report highlights include:

- Mental health conditions were the leading underlying cause of pregnancy-related deaths, followed by cardiovascular disease.
- All pregnancy-related deaths due to mental health conditions were determined to be preventable.
- Black women living in Missouri are three times more likely to die within one year of pregnancy than those with private insurance.
- Women on Medicaid in the state of Missouri are eight times more likely to die within one year of pregnancy than those with private insurance.

The PAMR board found that the pregnancy-related mortality ratio (PRMR) in Missouri was 25.2 deaths per 100,000 live births from 2017-2019 and that 75 percent of these deaths were determined to be preventable.

The PAMR board continues to review cases and is nearly finished reviewing 2020 deaths and will begin reviewing 2021 deaths soon after. These reports will be made available once all cases have been reviewed. The 2017-2019 annual report can be viewed at Health.Mo.Gov/data/pamr.

Chiefs running back job surprisingly up for grabs in camp

By THE ASSOCIATED PRESS

ST. JOSEPH, Mo. — Clyde Edwards-Helaire and Isiah Pacheco were chosen by the Kansas City Chiefs on opposite ends of the draft spectrum, one of them a first-round pick with the accompanying expectations and the other a seventh-round longshot. Midway through training camp, they might as well have been picked one after the other. That’s because Edwards-Helaire, the incumbent-if-injury prone starter, and Pacheco, the unheralded rookie, have swapped first-team reps on a near-daily basis. And while veterans Jerick McKinnon and Ronald Jones II are fighting for roster spots of their own, the competition between Edwards-Helaire and Pacheco has become must-watch stuff for fans at camp. “I’m curious to see those guys compete in games,” Chiefs coach Andy Reid admitted. “We know a couple of (the running backs) because they’ve been here and we’re learning about the others. But it looks like a good group.” The first chance to see them in games comes Saturday, when the

Chiefs visit Chicago for their preseason opener. Edwards-Helaire, the 32nd overall pick in the 2020 draft, is the known quantity in Kansas City, where he has started 23 games over his first two seasons. He’s averaged nearly 4 1/2 yards per carry, caught 55 passes and has proven that despite his small, 5-foot-8 stature that he can protect Patrick Mahomes from would-be blitzers. His biggest problem, though, has been that he’s only played 23 regular-season games, thanks to a litany of injuries that put him on the sideline nearly as much as on the field. And along with missing seven games last season, Edwards-Helaire also missed the Chiefs’ wild-card game before serving as a backup to McKinnon in the divisional round and AFC title game. “Clyde has done a heck of a job — a heck of a job — staying healthy this entire offseason,” said Chiefs offensive coordinator Eric Bieniemy, who spent nine seasons playing running back in the NFL. “At the end of the day we’ve just got to make sure that we’re emphasizing putting him in position to have an opportunity to make plays.”

What could give Edwards-Helaire an advantage in the race for the No. 1 job? His ability to catch the ball out of the backfield — “I am a thousand-and-ten percent confident in my hands,” he said — and his experience in Reid’s offense. The playbook is thick. The terminology is complicated. The entire system takes time to learn. Pacheco seems to be picking it up in a hurry. He was the 251st overall pick in April’s draft, which means only 10 players were selected after him, and his resume at Rutgers hardly made him a hot prospect. Pacheco only averaged 3.9 yards per carry last season, when he finished with 647 yards rushing for a 5-8 team, and he had a relatively modest 2,442 yards rushing in his four-year career. Those numbers can be misleading, though. Pacheco was on a rapid rise before the pandemic caused chaos with his junior season, and the offensive line blocking for him the past few years wasn’t exactly the best in the Big Ten. It was at the NFL scouting combine that Pacheco jumped onto the radar of scouts. He ran the 40-yard dash



FILE — Kansas City Chiefs rookie running back Isiah Pacheco goes through a running drill during a morning workout at the team’s NFL football training camp facility in St. Joseph, Mo., Sunday, July 24, 2022. Edwards-Helaire and Isiah Pacheco were drafted on opposite ends of the spectrum, one a first-round pick with high expectations and the other seventh-round selection chosen almost as an afterthought. Yet a third of the way through training camp, the two are in a heated race to be the starting running back of the Kansas City Chief. AP PHOTO/COLIN E. BRALEY, FILE

in 4.3 seconds, the best among running backs, and backed up that sizzling speed with good numbers in just about everything else. Based on raw athleticism, many teams no doubt would have made Pacheco a priority among undrafted free agents had the Chiefs not spent a seventh-round pick on him. But it was clear their gamble could pay off big as early as voluntary summer workouts, when

Pacheco began turning heads in Kansas City every time he stepped on the field. “The thing you’re guaranteed of is he’s going to run hard. That’s what he’s going to do,” Reid explained. “Will he have to learn the different schemes and how they work against certain defenses and at times be patient? He’ll learn that. But you’re guaranteed he’s going to run hard. He’s a good catcher. The

rest of all that we can work with.” Notes: WRs Daurice Fountain (groin) and Gary Jennings (concussion), DT Taylor Stallworth (bruised knee) and TE Jody Fortson (quad strain) missed Monday’s practice. ... The Chiefs waived DE Shalique Calhoun and signed DE Matt Dickerson, who appeared in 18 games with the Titans. Dickerson was released by the Cardinals on July 30.

PGA Tour says players knew consequences of joining LIV Golf

By THE ASSOCIATED PRESS

The PGA Tour asked a federal judge in San Francisco to deny the appeal of three suspended players who joined Saudi-backed LIV Golf and now want to compete in the tour’s lucrative postseason, arguing the players knew the consequences two months ago. Talor Gooch, Matt Jones and Hudson Swafford are seeking a temporary restraining order. They are among 10 players who filed an antitrust lawsuit against the PGA Tour last week. The hearing is scheduled for 1 p.m. PDT Tuesday in San Jose, California, two days before the first of three FedEx Cup playoff events in the chase for the \$18 million top prize. The FedEx St. Jude Championship in Memphis, Tennessee, has a \$15 million purse, and the top 70 players advance to the second postseason event in Wilmington, Delaware. Gooch (No. 20), Jones (No. 65) and Swafford (No. 67) are among nine players who have joined LIV Golf and finished the regular season among the top 125 in the FedEx Cup standings. The other six who joined LIV Golf are not asking to play in the tour’s postseason. In a court filing Monday to oppose the temporary restraining order, the tour argued antitrust laws do not allow the three players “to have their cake and eat it, too.” Gooch, Swafford and Jones used the same phrase in separate, legal-heavy letters to tour officials last month in protesting their suspensions and claiming the regulations were onerous and kept them from playing elsewhere. “I am a free agent and independent contractor. The Tour cannot have its cake and eat it too by trying to control me as one might an employee, while not providing me the rights and benefits an employee would receive,” each letter said. The PGA Tour argued in its opposing motion, “Despite knowing full well that they would breach TOUR Regulations and be suspended for doing so, Plaintiffs have joined competing golf league LIV Golf, which has paid them tens and hundreds of millions of



The “4 Aces” team celebrates with champagne after winning the team competition during a ceremony after the final round of the Bedminster Invitational LIV Golf tournament in Bedminster, N.J., Sunday, July 31, 2022. From left to right, Pat Perez, Talor Gooch, Patrick Reed and Dustin Johnson. AP PHOTO/SETH WENIG

dollars in guaranteed money supplied by Saudi Arabia’s sovereign wealth fund.” LIV Golf CEO Greg Norman said in a statement, “I believe players have the right to play when and where they choose so their talents can take them as far and high as possible.” “I believe all players — whether they choose to play with LIV or the PGA Tour — understand and appreciate the purpose and importance of the players’ legal actions, across the globe,” Norman said. “The PGA Tour is trying to cast this as ‘us’ against ‘them.’ The players know better.” The three players were not among the highest-sought players for Norman’s rival league, though they were among the initial group of players who signed with LIV Golf. Gooch was the only one among the top 50 in the world, mainly from his only PGA Tour win last November. “Plaintiffs have waited nearly two months to seek relief from the Court, fabricating an ‘emergency’ they now maintain requires immediate action,” the filing said. “It doesn’t.” The tour contends player knew they would be ineligible for the FedEx Cup playoffs “when they accepted millions from LIV to breach their agreements” with the tour. Players were not suspended until they actually teed off in a LIV Golf event. The LIV Golf events, with a 48-man field, consist of 54 holes and offer \$25 million in total prize money for each event.

Seventeen players already have earned \$1 million or more in three or fewer events. Five more events remain on this year’s schedule, and LIV Golf already has announced a 14-tournament schedule for 2023. The next LIV event does not start until after the PGA Tour’s season ends at East Lake in Atlanta with the FedEx Cup, which pays \$18 million to the champion. Even though LIV Golf players have been suspended, they remain eligible for the FedEx Cup bonus package. Anyone finishing in the top 125 gets \$120,000. Those who finish inside the top 150, such as Pat Perez and Paul Casey, would get \$85,000. Dustin Johnson, Patrick Reed and Sergio Garcia are among LIV Golf players who chose to resign their PGA Tour membership. Reed is playing two Asian Tour-International Series tournaments this month. The lawsuit was filed Aug. 3 by 11 players. The manager for Carlos Ortiz told The Associated Press that Ortiz is no longer part of the lawsuit, though it has not been reflected in court documents yet. “Carlos does not want to be involved in any legal battles,” his manager, Carlos Rodriguez, said in a text message. “He is thankful for the opportunity he had to play on the PGA Tour and Korn Ferry Tour the last few years.” Ortiz in two LIV events has made nearly \$3.5 million, about 44% of his career PGA Tour earnings from 160 tournaments.



Alabama head coach Nick Saban speaks during NCAA college football Southeastern Conference Media Days Tuesday, July 19, 2022, in Atlanta. AP PHOTO/JOHN BAZEMORE

Alabama No. 1 in preseason coaches’ poll; Ohio St. 2, UGA 3

By THE ASSOCIATED PRESS

Alabama was voted No. 1 in the preseason USA Today coaches’ poll released Monday, with Ohio State second and defending national champion Georgia third. The Associated Press preseason Top 25 will be released Aug. 15. The Crimson Tide received 54 first-place votes from a panel of 66 major col-

lege football coaches. Alabama is coming off a loss in the College Football Playoff title game to Georgia. The Buckeyes received five first-place votes and the Bulldogs got six. No. 18 Texas also received a first-place vote. Clemson was No. 4 and Notre Dame was No. 5. Michigan, coming off its first CFP appearance, was sixth, followed by Texas A&M, Utah, Oklahoma and Baylor.

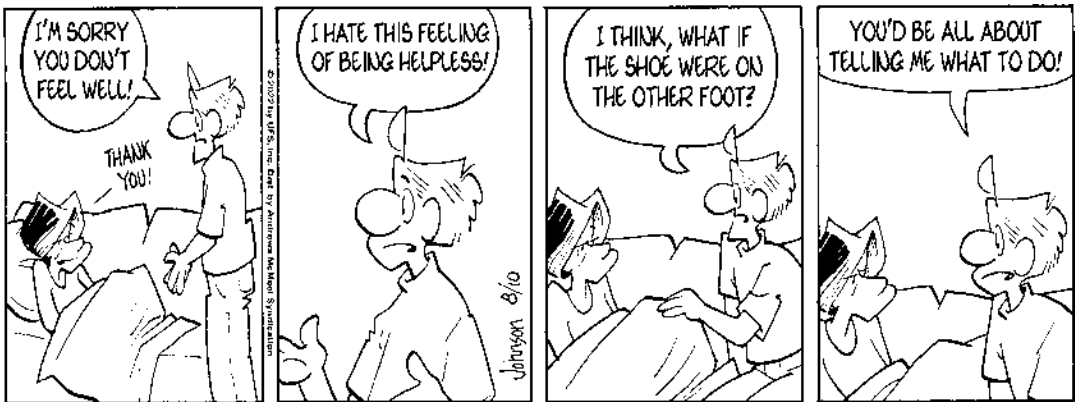
USA Swimming cuts deal to simplify anonymous abuse reporting

By THE ASSOCIATED PRESS

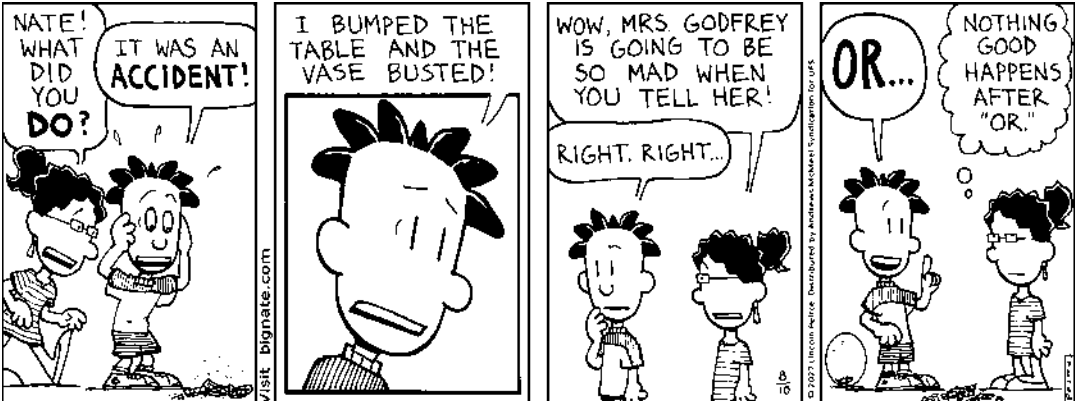
DENVER — USA Swimming has added technology to its abuse-reporting systems that will allow better communication between those coordinating investigations and reporters who want to remain anonymous. The organization announced a deal with RealResponse on Monday, which is international Safe Sport Day. One feature in RealResponse’s technology is the ability to exchange information with anonymous reporters via text without the reporters having to identify themselves. Though organizations can often act more decisively when victims or witnesses attach their names to reports, anonymous reporting is crucial because

often victims fear retribution if their names become public. RealResponse has developed technology that allows reporters to file reports about abuse via text and for those who receive the reports to follow up while the name of the reporter remains concealed. “Previously, we could receive an anonymous report, but we had no way to follow up with that individual if we had additional questions or didn’t have enough information, or wanted to let them know what we were doing to follow up,” said Abigail Howard, who oversees the director of USA Swimming’s safe sport program. USA Swimming plans to make the technology available to its approximately 400,000 members.

ARLO AND JANIS



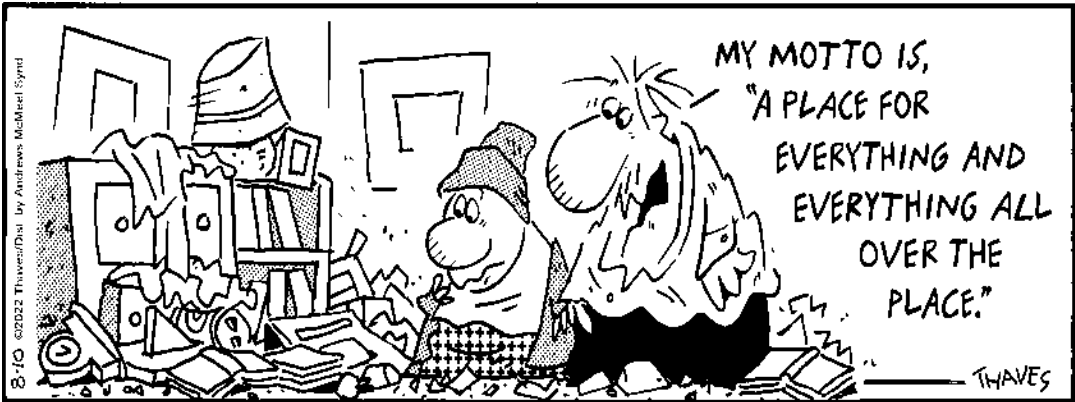
BIG NATE



THE BORN LOSER



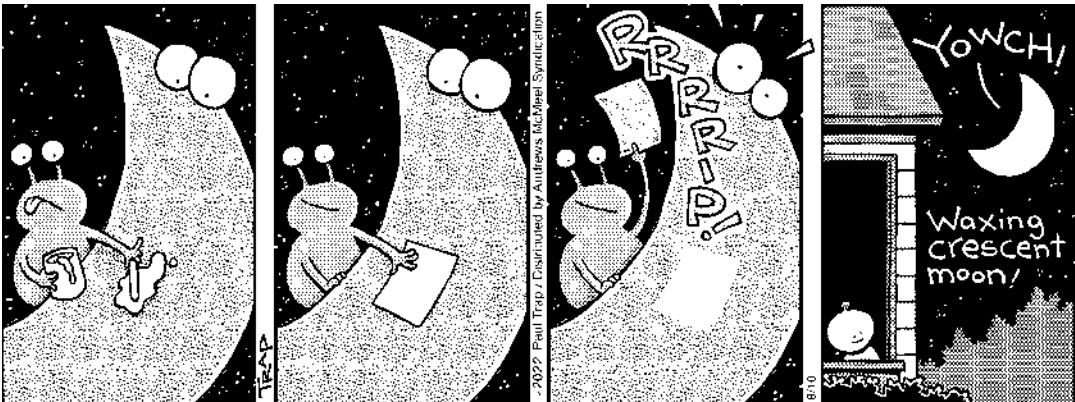
FRANK AND ERNEST



MONTY



THAT A BABY



SUDOKU

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

3	4	5	2	8	9	1	6	7
7	8	6	3	1	5	2	4	9
2	9	1	6	4	7	8	5	3
5	3	7	9	2	1	4	8	6
1	6	9	8	7	4	5	3	2
4	2	8	5	6	3	9	7	1
6	7	2	4	9	8	3	1	5
8	1	3	7	5	2	6	9	4
9	5	4	1	3	6	7	2	8

	4	2	1	3		5	8	
	6	7		8			9	
	1	8		7	9			
		6		4		8	9	
	3	9		6		4		
				7	9		5	4
4				2		3	7	
2	7			1	4	9	8	

CROSSWORD

ACROSS

1 Mature
6 Draw forth
12 Talks pompously
14 "Kubla Khan" locale
15 Prestige
16 Tarzan's moniker (2 wds.)
17 Prior to
18 Paramedic's skill
19 Put a dent in
21 Chinese zodiac animal
23 Kitchen meats.
26 Groundhog mo.
27 Foundation
28 Landing places
30 Famous numero
31 "Maggie May" singer
32 Art store buy
33 Pie chart lines
35 Fortune 500 abbr.
37 Military addr.

DOWN

1 Transport for Sinbad
2 Retiree's kitty
3 "— -Man Fever"
4 Anesthetic
5 "Faint heart — won ..."
6 Demand

38 Movie part
39 Turndowns
40 West of old movies
41 Lisper's problem
42 In time gone by
43 "You, there!"
44 Jowly canine
46 — Paulo, Brazil
48 South Seas paradise
51 Hire
55 Tree with shiny leaves
56 Less fresh
57 Omelet ingredient
58 Use the door

7 Reindeer herder
8 Sluggishness
9 Engine part
10 Eddie Cantor's wife
11 Winery cask
13 Sound system
19 Threat
20 Houses
22 Affixing
24 Tahini base
25 End a debt early
26 Pelts
27 Camembert kin
28 Torso muscles

29 Gin fizz flavor
34 Be a role model
36 Snares
42 Lithe
43 "Crocodile Dundee" star
45 Sporty trucks
47 Before, in combos
48 "Waterfalls" group
49 Long sigh
50 Blue or green
52 Hgt.
53 "I'm impressed!"
54 Be mistaken

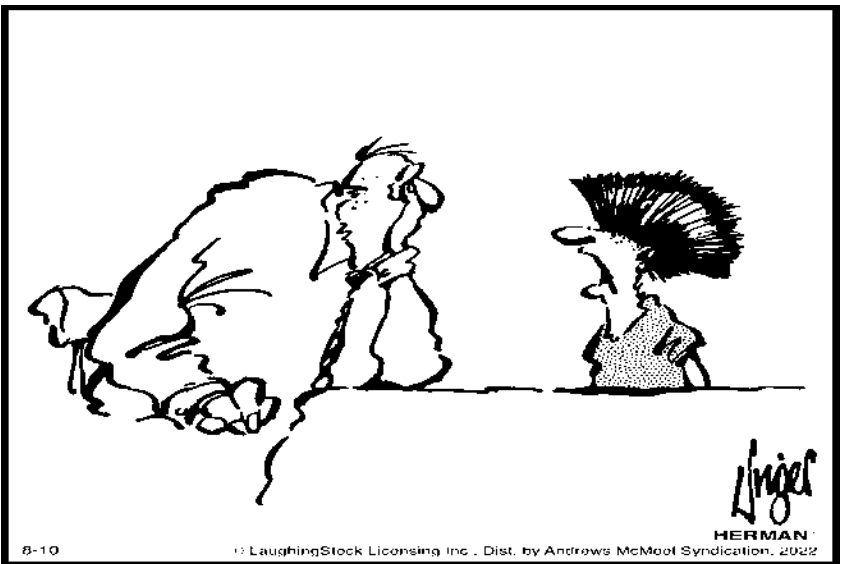
Answer to Previous Puzzle

M	A	P		H	E	L	M		C	O	R	E
I	F	S		A	L	O	E		A	P	E	D
S	R	S		L	I	A	R		L	A	N	D
S	O	T	T	O		V	O	L	L	E		
				U	S	O		R	U	S	E	
A	N	O	N		C	O	N	E	S			
D	I	C	E		E	R	A	S		T	O	T
O	P	T		P	A	L	I		C	U	R	E
				V	I	N	Y	L		O	B	O
	A	N	N		S	A	P					
P	L	I	E	R	S		T	Y	I	N	G	
A	L	E	C		A	R	G	O		S	E	E
R	O	C	K		L	O	O	M		M	A	T
E	W	E	S		K	I	T	S		S	P	A

1	2	3	4	5		6	7	8	9	10	11	
12					13		14					
15						16						
			17			18						
	19	20			21	22			23	24	25	
26				27			28				29	
30				31			32					
33			34			35	36			37		
38						39				40		
	41				42				43			
			44	45			46	47				
48	49	50					51			52	53	54
55							56					
57								58				

8-10 © 2022 UFS, Dist. by Andrews McMeel Syndication for UFS

HERMAN



ASTROGRAPH BY EUGENIA LAST

Dive in and get things done your way. Don't waste time waiting for someone to come to your rescue or solve your problems. Trust in your ability to get things done, and take advantage of opportunities that develop. Make this a pivotal point in your life and follow your way. Please yourself instead of vying for other people's approval.

LEO (July 23-Aug. 22) -- Someone will make you look bad if given a chance. Use your charm and attributes to get your way. Monitor any change to your earnings until you gain the financial comfort you desire.

VIRGO (Aug. 23-Sept. 22) -- A change of attitude coupled with an aggressive, hands-on approach will help you build momentum and clear a passage for bigger and better opportunities. Positive change leads to personal happiness.

LIBRA (Sept. 23-Oct. 23) -- Avoid getting involved in situations that ask too much of you or cause you to overreact or overindulge. Find a nice way to say no to something that isn't inviting.

SCORPIO (Oct. 24-Nov. 22) -- Observing how others react will give insight into how to go about your business without taking on responsibilities that don't belong to you. Romance will improve a personal connection.

SAGITTARIUS (Nov. 23-Dec. 21) -- Offer only what you know you can handle, and spend more time with people who are likely to stand up for you. Educational pursuits will help you modify your plans to fit trends.

CAPRICORN (Dec. 22-Jan. 19) -- Go over every detail and you will avoid unwanted surprises on your quest for success. Choose simplicity and moderation. Be yourself, and you'll discover where you stand and what you can achieve.

AQUARIUS (Jan. 20-Feb. 19) -- Concentrate on personal improvements and looking and feeling your best. Ignore what others do or suggest if it doesn't fit your routine. Satisfy your needs first.

PISCES (Feb. 20-March 20) -- Consider how to amplify your skills, and you'll discover how to bring in extra cash. Be aware of financial trends and investments that raise your profile and your ability to expand your pursuits.

ARIES (March 21-April 19) -- Reach out to people you feel comfortable working alongside, and you'll form a group that will help you make a difference. Your determination will offer insights into exciting alternatives to how you work and live.

TAURUS (April 20-May 20) -- Change the dynamics of a situation to ensure you don't miscalculate. If you want something, it's up to you to physically make it happen. Choose to live a healthy lifestyle.

GEMINI (May 21-June 20) -- Take a unique path, but be honest regarding the outcome. What you learn will help you differentiate between what you want and what you need. Put less pressure on yourself to visualize what's possible.

CANCER (June 21-July 22) -- The help you offer others will not be in vain. Reach out and use life experience to encourage others to strive to reform or be their best. Those you help will reciprocate with love and gratitude.

COPYRIGHT 2021 United Feature Syndicate, Inc.
DISTRIBUTED BY ANDREWS MCMEEL SYNDICATION FOR UFS

Kirksville Daily Express

CLASSIFIEDS

OPEN 8:00AM - 5:00PM MONDAY - FRIDAY | 701 EAST LAHARPE SUITE C, KIRKSVILLE, MO
660.665.2808 | WWW.KIRKSVILLEDAILYEXPRESS.COM

SHOP THE MARKETPLACE
IN PRINT OR ONLINE!

WE MAKE IT SO EASY TO
SELL YOUR STUFF AND

Make some
cash!

TRUCKS AND CARS

• 25 Words
• Plus Photo
• 3 Days

\$7

PETS

• 25 Words
• 3 Days

\$5

HOUSING FOR RENT

• 25 Words
• 3 Days

\$5

HOLIDAY SPECIAL/ BUSINESS SPECIAL

• 25 Words
• 3 Days

\$7.50


DEADLINES: Classifieds: 2 Days prior at noon Display: Friday noon for Wednesday and Wednesday noon for Saturday.

**KIRKSVILLE HOUSING AUTHORITY
ANNOUNCES A PUBLIC HEARING**

The Housing Authority of the City of Kirksville will hold a **Public Hearing** on September 18, 2022 at 4:00 pm – 5:00 pm in the Village 76 Community Building located at 100 Valley Forge Drive, Kirksville, MO 63501.

The purpose of the hearing is to obtain input from residents of the City of Kirksville in reference to the Housing Authority's Five Year/Annual Plan to be submitted to the U.S. Department of Housing and Urban Development. Total Capital Funds for this year are estimated at \$304,252.00. A copy of the Five Year/Annual Plan is available for public review at the Housing Authority's main office located at 100 Valley Forge Drive, Kirksville, MO 63501 or on the agencies website at www.kirksvillehousingauthority.com. Persons may also submit written comments

For further information please call Patti Preston, Executive Director at 660-665-8539.

Equal Housing Opportunity, EOE 

NOTICE OF TRUSTEE'S SALE

A default has accrued on a certain note secured by a deed of trust executed by, **Taunji J. Waterman AND Darrell W. Waterman** dated **7/21/2006** and recorded on 7/21/2006 in **Book 874 Page 903**, in the Recorder's office for **Adair County, Missouri**. The successor trustee will on **August 15, 2022** between the hours of 9:00 am and 5:00 pm, more particularly at **1:00 PM**, at the **South Front Door of the Adair County Courthouse, 106 West Washington, Kirksville, Missouri** sell at public venue to the highest bidder for cash (certified funds only), the following real estate:

COMMENCING 50 FEET EAST OF THE NORTHEAST CORNER OF BLOCK 6, NORTHEAST ADDITION TO KIRKSVILLE, MISSOURI THENCE EAST 108 FEET, THENCE SOUTH 54 FEET, THENCE WEST 108 FEET, THENCE NORTH 54 FEET TO THE POINT OF BEGINNING AND BEING A PART OF THE SOUTHWEST QUARTER OF THE SOUTHEAST QUARTER OF SECTION 4, TOWNSHIP 62, RANGE 15, ADAIR COUNTY, MISSOURI.

Commonly known as: **716 North Florence, Kirksville, Missouri 63501**

for the purpose of satisfying said indebtedness and the costs of executing this trust.

CSM Foreclosure Trustee Corp.
Successor Trustee
(800) 652-4080
4x 07/20/2022, 07/27/2022, 08/03/2022, 08/10/2022
CSM File 26-21-00613
NOTE: This office is a debt collector.

IN THE 2ND JUDICIAL CIRCUIT, ADAIR COUNTY, MISSOURI
Judge or Division: Case Number: 22AR-PR00077
PROBATE
In the Estate of DORIS F. HAMILTON, Decedent.

Notice of Hearing-Determination of Heirship
Petitioners:
Keith B. Hamilton Scott E. Hamilton Rebecca J. Miller
8321 Trails End Dr. 21865 Shirk Rd. 1801 N. Main St.
Dublin, OH 43016 Marysville, OH 43040 Ostrander, OH 43061

To:
All unknown heirs of the decedent and all persons known or believed to claim any interest in the property outlined below as an heir or through an heir of the decedent. You are hereby notified that you are entitled to appear and be heard at a hearing to be held on 6th day of September, 2022 at 9:00 am in the Probate Division of the Circuit Court of Adair County, Missouri on a petition to determine the heirs of the above-named decedent, who died on June 3, 2021, and their respective interests as heirs in the following described property. Should you fail to appear, judgment and decree may be entered in due course upon said Petition.

Description of Property	Value
Real Property (Including Legal Description) The North Half of the NW Quarter of Section 20, Township 61 North, of Range 15 West of the Fifth Principal Meridian, In Adair County, Missouri	\$240,000

Petitioner's Attorney is JOSHUA E. DELEEUEW, 210 N. ELSON ST. STE. A, KIRKSVILLE, MO 63501.

First Date of Publication: August 3, 2022.
(Publication to run 4 consecutive weeks)
Publication Dates: August 3, 10, 17, 24 2022

Linda Decker
Adair County Circuit Clerk

AGRI-BUSINESS
Equipment & Supplies

WANTED TO BUY: Farm Machinery and Estates. Call James L. Johnston. 573-473-4904

MERCHANDISE
Wood & Accessories

Wevers Outside Wood Furnaces, have an assortment of parts, line, and etc. Call 660-423-5242, cell 660-216-9885. Open 6 p.m. - 9 p.m. Monday - Friday, Saturday anytime, call first.

**KIRKSVILLE DAILY EXPRESS ADS
SELL!** Call for more information and specials. 660-665-2808.

REAL ESTATE SALES
Mobile Homes For Sale

I Buy.....used mobile homes. Call or text 573-338-6250 or email GregS.CDH@outlook.com

We Have Mobile Homes - instock new arrivals (8) homes, need to go as soon as possible! 573-499-9993 columbiadiscounthomes.com

New Mobile Home Stock - just received (5) new units, they gotta go! 573-657-2176 amegamobilehomes.com

TINY HOMES We gottem 573-881-3283

True Modulares 30 to 60 day delivery available, 3 and 4 bedroom. 573-657-7040 chateauhomes.net

RECREATION
Motorcycles

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

Call us for all your advertising needs. 660-665-2808.

RECREATION
Wanted

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

Let us help you with all your advertising needs. Don't know what to say? Call us we can help! 660-665-2808.

SERVICES
Chat/Dirt/Gravel

DIRT WORK All types of excavation, reclaiming overgrown fields, including CRP and WRP. Building site preparation, creating new trails and crossings, Food plot development and maintenance. Leveling and grading, wetland construction and maintenance. Pond and lake cleaning and construction. Call for quotes. 660-342-2701

Construction-Services

SPRAY FOAM INSTALLATION! We install open and closed cell spray foam. Strengthen your building and block drafts! Over 1 Million bd. ft. applied. Contact Lester at 641-208-7071, Spray Tex LLC 16302 192nd Street Bloomfield IA 52537

Miscellaneous

SCOTT HUSKEY'S HOME SERVICE R-10 Foundation Enclosure Systems for manufactured, modular, & site built homes. Saves on utilities and prevents freeze ups. General maintenance and repairs since 1972 573-696-3468 "GO DAWGS"

Tomatoes \$2.00 lb, Zucchini \$.50, Cucumbers \$.50, Green Onions and More Produce Coming Soon. Kauffman Produce 11538 Iceberg Ave, LaPlata MO 63549

FIND THE
PERFECT PET
FOR THE
PERFECT PRICE
IN THE
PERFECT PLACE
FOR DEALS

Find the stuff you want
and sell the stuff you don't with
the newspaper classifieds.



THE ONLY THING MISSING IS YOU!

SEND RESUME TO:
melaniea@phillipsmedia.com

Needing a Graphic Designer

OUR COMMUNITY NEWSPAPER GROUP IS LOOKING FOR A DESIGNER TO COMPLETE OUR TEAM.

FULL TIME . BENEFITS . PAID TIME OFF
INDESIGN . PHOTOSHOP . ILLUSTRATOR

INSERT MUG SHOT HERE

Share Some

GOOD NEWS!

Birth Announcements

Welcome, Hayley Ryan!

• Born April 22, 2019

• 9 lbs. 22 inches

Proud Parents

Lydia & Mike Ryan

Celebrate your happy news with your community through the local newspaper.

Birthdays • Birth/Adoption Announcements • Engagements

Weddings • Anniversaries • Retirements • Memorials

Call today to place your celebratory ad!

