KIRKSVILLE Daily Express

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WEDNESDAY

JUNE 15, 2022 **\$2**



Aquatic Center Water Park opens

By City of Kirksville

The Aquatic Center Water Park officially opened on Saturday. Required infrastructure repairs were completed at the park and all of the outdoor amenities, the splash pad, current channel and all three slides, were open as well.

Water park hours are Monday, Wednesday, Friday: 6- 9:30 a.m. (Lap Swim Only), Tuesday, Thursday: 11 a.m. — noon (Lap Swim & Water Walking Only), Monday

— Saturday: Noon — 7 p.m. and Sunday: 1-6 p.m.

Wading pools and the indoor pool at the Kirksville Aquatic Center resumed their normal hours of operation Saturday. Pricing is available at the city of Kirksville's website.





Car accident

By Marty Bachman

Daily Express

Two vehicles collided at the corner of Franklin and LaHarpe on Friday afternoon. According to police, a witness reported that a white, Pontiac G6 head-

ed westbound and driven by Brianna McCartney of Kirksville, failed to stop at the red light, hitting a white Ford Ranger pickup truck driven by Monica Williams of Novinger, who was driving south on Franklin. No injuries were reported.



Kirksville Council approves facade improvement bid

By Marty Bachman Daily Express

The Kirksville City Council, at their June 6 meeting, approved a resolution accepting a bid from Sparks Constructors, Inc. for the Downtown Revitalization Program -Facade Improvement Project, Phase XI at 111 S. Elson St.

According to Assistant City Manager Ashley Young, this is the latest project as part of the downtown revitalization program. The location is the northern of the two buildings that make up the DuKum Inn.

According to a staff report, the city advertised for bids on April 19 and opened them on May 5. The city received one bid from Sparks Constructors, Inc. that totaled at \$153,991.

"That would make the total amount paid back to the downtown TIF [Tax Increment Finance] by the property owner, \$38,497.15," Young told the council.

The staff report states that the property owner's share of the cost is 25 percent while Downtown Tax Increment Finance District funds pay 75 percent of the cost. Young said that the facade improvements will include the tuckpointing of the bricks, the replacement of windows, new awnings and new signage.

"This project just continues to be beautiful all around town," said Mayor Zac Burden. "I'm admiring the work across the street that's being completed still on that property there. It is really enhancing our entire downtown. I'm excited to see this one next on the block."

The motion to approve the resolution passed unanimously.

In other action, the council approved a special event request to allow the consumption of alcohol on city property during the Adair County Democratic Club's Juneteenth Picnic at the Ray Klinginsmith Amphitheater in Rotary Park on Thursday, June 16, between 3 and 6 p.m.

According to Parks Director Rodney Sadler, representatives from the Adair County Democratic Club reserved use of the Ray Klinginsmith Amphitheater in Rotary Park to host a special event and also submitted a special event application to provide alcohol to those attending.

"The purpose of the event is to allow Adair County Democratic Club members and guests to listen to speakers and celebrate Juneteenth," Sadler wrote in a staff report.

See **FACADE**, Page A3



The DuKum Inn will be a beneficiary of the city's facade improvement program.

Blue Velvet headlines Friday night concert

By Al Maglio

Blue Velvet brought their big band era sound to the Kirksville Art Association's annual Summer off the Square concert series last Friday. The concert series will con-

tinue next Friday at 7 p.m. with the band Keota playing Americana, bluegrass, country and classic rock. Concerts are held on the north side of the Sue Ross Arts Center at 215 S. Franklin Street in Kirksville.





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OBITUARIES INSIDE

Aaron Jack Allison, 44

Community









Farmer's Market held at the courthouse square

By Marty Bachman

Daily Express

The Kirksville Kiwanis Club Farmers' Market is open every Saturday morning from 7 a.m. until noon on the Elson Street side of the Kirksville Downtown Square through October. The market is open to the public and the items available will include fruits, vegetables, plants, baked products, eggs, meats, crafts, and many others.













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June and July events at the Adair County Public Library

By Adair County Library

June and July Summer Reading Program Challenges for all ages. Stop by the Adair County Public Library or call (660) 665-6038 for more information.

Tuesdays in June and July — Ukelele Club beginners meet 6-7 p.m. and experienced players 7-8 p.m.

Saturdays in June and July —Storytime at 10:30 a.m. — Craft Time 11 a.m.-1 p.m.

Wednesday, June 29 at 1 p.m. — Magician Max Meystrik will perform at the Adair County Public Library.

Friday, July 1, 10 a.m.-noon and 1-4 p.m. -Dunk Tank at the Adair County Public Library.

Saturday, July 2 — A Night of Stargazing at the beach at Thousand Hills State Park.

Friday, July 8 at 10 a.m. — Laughing Matters: A comedy juggling show at



the Adair County Public

Friday, July 15 at 2 p.m. — Maples Repertory Theater will perform "Furry Tales with a Twist" at the Adair County Public Library.

Friday, July 29 at 5 p.m. — End of Summer Reading Celebration. Picnic at the Point Pavilion at Thousand Hills State Park.

Call (660) 665-6038 for more information on any of these events.

Community

Kirksville Area Calendar of Events

Kirksville City Council meeting

The Kirksville City Council will hold its regular meeting on Monday, June 20 at 6 p.m. in the council chambers at city hall, 201 S. Franklin Street

Summer off the Square concert

The Kirksville Art Association's annual Summer on the Square concert series will feature Keota on June 17, sponsored by Sparklight. Keota plays Americana, bluegrass, country and classic rock. Concert will be held on the north side of the Sue Ross Arts Center at 215 S. Franklin Street in Kirksville.

Parks department offers free movies, dollar swims

The Kirksville Parks and Recreation Department is holding "Saturday's Under the Stars" Free Movies in the Park and Dollar Swim Nights. The movies include Sing 2 on June 18, Spirit Untamed on July 9 and Spiderman, No Way Home on July 23. The Dollar Swim Nights will be June 25, July 16 and July 30, all from 6-9 p.m. The movies will be at the Rotary Park amphitheater and the swims will be at the park's Aquatic Center.

Community Learning Center to hold two June events

The Adair County SB40 Community Learning Center (CLC), 1107 Country Club Drive, Kirksville, will have two will have two special fun events in June.

· Saturday, June 18 is National Picnic Day. Join them for a Picnic Carry-in and Yard Games. The CLC will provide the main dish and drinks. They ask that you bring a side dish or dessert to share. RSVP by Friday, June 17 at 5 p.m. to let them know that you will be coming.

· Monday, June 27, the CLC will have a special Sensory Fun Time. They have lots of fun sensory items that will be out for you to explore. Join them and try out different auditory, tactile, visual, olfactory, and vestibular items. Everyone is welcome.

Fresh Apple Pie with Ice Cream — **United Way of NEMO Fundraiser**

The Fresh Apple Pie with Ice Cream — United Way of NEMO Fundraiser will be held on July 2 from 8 a.m. until noon in the Bank Midwest parking lot in Kirksville. \$2 a slice, \$2 ice cream, \$3 slice and ice cream. Apple pie slices are donated by Colton's and ice cream is donated by Mark Whitney, Century 21 Lifetime Realty.

CAPNEMO — Mobile Unit Ribbon Cutting

The Kirksville Area Chamber of Commerce will hold a ribbon-cutting for CAPNEMO - Mobile Unit on Wednesday, June 22 at 10 a.m., 215 N. Elson Street, Kirksville.

Adair County SB40 June schedule of activities

Here are the many activities going on through Adair County SB40 Developmental Disability Board and throughout the community in June.

Coffee & Cards – Join your friends at the Community Learning Center (CLC) 1107 Country Club Drive, Kirksville, each Tuesday at 9 a.m. to play cards (or a game of your choice) and enjoy a favorite drink. They will have coffee, tea, hot chocolate and water available. If you would prefer, feel free to bring your own drink to enjoy.

Guided Art – Join Angela on Tuesday the 14th and 28th at 1 p.m. to try out new types of art and create some pieces that could be submitted in the annual art show. These are projects that have more steps and use different mediums that used during crafts.

Tuesday Fun – Come enjoy participating in game time and yard games with your friends on Tuesday the 7th and 21st at 1 p.m. They have a cabinet full of games to play or bring your favorite game to share. They love learning new ones.

Employment 101 – This class will introduce you to tools that can be used in achieving your goal of getting your dream job or improving in your current one. They will be exploring the Charting the LifeCourse tools during this class in addition to topics such as how to interview, filling out applications, work appropriate social skills and more. The class will meet each Tuesday and Thursday at 2:30 p.m. during the month and registration is required.

Breathe Clean – Join Libbi each Tuesday at 3:30 p.m. to learn the dangers of tobacco use along with how to avoid social pressure to begin or continue using tobacco products and build self-efficacy. Registration for this class is required.

Crafts – Every Wednesday at 10 a.m., the CLC offers a fun and relaxed craft time where you can make many things while enjoying music and visiting with your friends. You never know what we will come up with and each week is a new craft.

Get Fit - Come get healthy with your friends at the CLC on Wednesdays at 1 p.m. Each week the group will choose the type of fitness activity they would like to do such as going for a walk, dancing, stretching, chair exercises, yoga, and more. All of the activities, with the exception of going for walks, can be done from a seated position so don't let that stop you from coming and having fun while getting fit.

Feel Better Now – Come join trainers from the MU Extension Office on Wednesdays at 2:30-5 p.m. beginning June 15 to learn how to care for yourself in a healthy way and keep chronic pain, disease and fatigue under control by setting goals and living a healthy, active life. Registration for this class is required. This class has a limited number of seats so hurry before they are gone.

BINGO – Join them at the CLC each Friday at 10 a.m. for BINGO and win BINGO Bucks to spend in their BINGO Store. Every player will earn at least one BINGO Buck a Caweek that they can spend immediately or save for other items. If you aren't able to join them in person, they offer a Zoom link so you can play from home. Give them a call or send an email and they will get it to you.

Lunch & Learn – Bring you lunch (and a friend J) on Fridays and join them at 11:30 a.m. to learn about ways to keep yourself and your home healthy and safe. Each week they will have a new topic to share with you.

Autism Advisory Board Meeting – If you are autistic or have a family member who is, you are invited to attend the Autism Advisory Board Meetings the 1st and 3rd Wednesday of the month at 5:30 p.m. This group meets at the CLC.

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Obituaries

OBITUARIES

Aaron Jack Allison

Nov 21, 1977 — Jun 10, 2022

Aaron Jack Allison, age 44, of Kirksville, Missouri, passed away Friday, June 10, 2022 at his home.

Born November 21, 1977 in Hillsboro, North Dakota, the son of Jack William, Jr. and Deanna Kaye (Nelson) Allison.

Surviving are his parents of La Plata, Missouri; four brothers, Adam Duane (Eden) Allison of Springfield, Missouri, Spencer Wayne (Sheree) Allison of West Valley City, Utah, Alma Leonard Allison of La Plata, Missouri, and Zebedee Jo-

seph Allison of La Plata, Missouri; two sisters, Norene (Matt) Potter of Enoch, Utah and Naomi (Chris) Baker of Kirksville, Missouri; nine nieces and eight nephews.

Aaron was a 1999 graduate of Macon High School in Macon, Missouri. He was a member of The Church of Jesus Christ of Latter-Day Saints in Macon, Missouri. Aaron was seriously handicapped all of his life. He enjoyed walks with his family.

Funeral services will be 11:00 a.m. Friday, June 17, 2022 at The Church of Jesus Christ of Latter-Day Saints in Macon, Missouri. Burial will be in the La Plata Cemetery, La Plata, Missouri.

Visitation will be one hour prior to the services at the









Antique Show

By Marty BachmanDaily Express

Lawson Hill Antique held an outdoor "popup" market on Saturday, June 11. The event featured vintage goods from 35 "unique" vendors. Lupita's food trailer and Wallace Concessions were also on-site as well as a handful of classic cars. The market featured antiques, collectibles, repurposed and recycled items, home decor, farmhouse decor, cast iron, organic healthcare products, hand-crafted soaps, yard art, furniture, glassware, pottery, jewelry and other items.

KIRKSVILLE AREA NEWS BRIEFS

Driver examination stations close statewide For Juneteenth

The Missouri State Highway Patrol would like to remind the public that driver examination stations throughout the state will be closed on the following date: Monday, June 20, in observance of Juneteenth. Normal operations will resume on Tuesday, June 21.

Starting a Business 101 — KVYP Lunch & Learn

Pack a lunch & Join KVYP and Anastasia Tiedemann, small business counselor, for a special lunch and learn on Thursday, June 16, from noon to 1 p.m. at the Hampton Inn Truman Room Learn:

-ls business ownership

right for you?
-Business Planning and

Research Funding your plan

-Filing at the Federal and State levels.

You will also be educated about tools and resources available to you right here in our hometown through the local Small Business Development Center.

Novinger to Host History Day

The former coal mining boom town of Novinger will relive its past during Novinger History Day on Sunday, June 26.

From 2 – 4 p.m., the Novinger Log Homestead, Coal Miners Museum and former Methodist Church will be open for tours. Homestead visitors will learn about life in the mid-to-late 1800s, have the chance to hold a conversation with a frontier family, watch demonstrations of basket weaving, darning, leather working and other old-time skills. Museum guests will have an opportunity to talk with former coal miner Emmet Blacksmith about his experience and how the mines worked. One of the town's oldest remaining buildings, the former Novinger United Methodist Church (built in 1903 and located at 606 Davis Street) will be open to allow attendees to hear about its history. At the same time visitors can view displays inside the Community Center by the Adair County Historical Society and hear Larry Evans speak on the former local rural schools. History books, souvenirs and bottled water will also be available. On the fairgrounds attendees can learn Bocce Ball, a lawn game often played

in the town's earlier days.

Attendees can meet at the town jail at 2:30 p.m. to learn about how the town came to be and its growth thru the heydays. At 3 p.m. people have the opportunity to gather at the caboose to learn more about the former business area. An ice cream social is also scheduled to begin inside the Community Center at 3 p.m.

The Novinger Legends
Come to Life program begins
at 4 p.m. inside the Community Center. Local actors and
some descendants will portray earlier citizens and share
the hardships and joys experienced during their lifetime.

For more information about the event call 660-342-6455.

2022 All American Red, White and Blue Festival

The city of Kirksville Office of Tourism is presenting the 2022 All American Red, White and Blue Festival the weekend of July 1-4. Themed "Living the American Dream", the festival kicks off on Friday, July 1, with the Summer on the Square concert featuring the Kirksville Community Band at 5 p.m., followed by Springfield-based The Aaron Russell Band at 7 p.m.

On Saturday, July 2, the Kiwanis Farmer's Market will open at 7 a.m. in the 100 block of North Elson Street and a joint service clubs pancake breakfast will be held at 7 a.m. on Washington Street. At 8 a.m., the All American Red, White & Blue Classic Car Show will open in the downtown Cinema 8 parking lot and in the 200 block of West Washington Street. At 9 a.m. on Saturday, The United Way of Northeast Missouri will be holding a pie sale and silent auction in the Bank Midwest parking lot at 201 N, Elson Street, At 10 a.m., the Red, White & Blue Parade will be held downtown.

On Sunday, July 3, the Cemetery Theatre will hold performances at the Forest-Llewellyn Cemetery at 5 p.m.

On Monday, July 4, the 6th Annual FLATS Uncle Sam 5k run/1.2-mile walk will be held at the DuKum Inn at 9 a.m. As the evening arrives, the events will conclude with a fireworks show at North Park. (July 5 if it rains).

United Way golf tournament fundraiser

The Wooden Nickel is sponsoring a four-person golf team tournament for the United Way on July 15 at the Kirksville Country Club. Registration is 8:30 a.m. on Friday and tee-off will be 10 a.m. Hole/Tee sponsors are \$125 with signs by the hole/tee. Sponsors are welcome to set promotional items at the hole.

Teams cost \$275 before June 30 (\$300 after). Mulligans (per team) are one for \$25 and two for \$40. Prizes and awards will be given out following the tournament. Carts are available for \$36 through the Kirksville Country Club. The number of teams is limited so register early.

Classic prizes include
the top hole-in-one prize,
which is one of six vacation
destinations. Other prizes
for longest putt overall on
18th hole, longest drive per
woman or man, and cash
prizes for top three finishers.

Registration forms are available at the Wooden Nickel, United Way's local office at 201 N. Elson, Suite 204, by calling the office at 660-665-1924, email at uwnemo@gmail.com or on Facebook at United Way of Northeast Missouri.

Summer 'off' the Square dates

The Kirksville Art Association's annual Summer on the Square concert series will be held Fridays at 7 p.m. on the north side of the Sue Ross Arts Center at 215 S. Franklin Street in Kirksville. Following is a list of concerts for the summer series: June 17 — Keota, sponsored by Sparklight. Americana, Bluegrass, Country, Classic Rock. June 24 — No Apology, Sponsored by Sparklight. Outlaw Honkytonk. July 1 — Aaron Russel Band, sponsored by Chariton Valley Association, Inc. & Sparklight. Country from 60's - 90's, Classic Rock, Gospel. July 8 — Mercy's Bridge, Sponsored by Sparklight. Uplifting Country Gospel. July 15 — Kirksville Community Band, Sponsored by Sparklight. Concert Band Music. July 22 — No Performance (NEMO Fair Week). July 29 — Pumptown Family Band, Sponsored by Sparklight. High Energy; Eclectic mix of new and old with a beat. August 5 — Bootcut, Sponsored by Lovegreen Ford & Sparklight. Southern Rock. August 12 -StoneHouse, Sponsored by Sparklight. High Energy Rock & Roll; Classic Rock. August 19 — Demi Michelle, Sponsored by Sparklight. Acoustic Country and Pop. August 26

Sparklight. Rockin' Blues.

Kirksville Parks & Recreation Master Plan community meeting on Aug. 17

The city of Kirksville has formally kicked off the Kirksville Parks & Recreation Master Plan 2032 that will guide city-wide parks and recreation improvements for the next 10 years. This master plan will include recommendations for advancing and maintaining the parks and recreation system that enhances the quality of life for all citizens and creates a joyful environment for all ages, abilities and backgrounds. This process will last approximately seven months and offers multiple ways of getting involved with the

project. A community open houses is planned for Aug. 17, 5-8 p.m. at the Rotary Park Ray Klinginsmith Amphitheater. For more information, contact Rodney Sadler with the Parks and Recreation Department at 660-627-1485.

Summer Candidate Forum

Join the Kirksville Area Chamber of Commerce and event moderator Sheri Eklof, KITE Bott Radio Network, for a Q&A session with contested candidates running for Adair County offices and District #3 state representative. Doors will open at 5:30 p.m. for a meet and greet with candidates. The forum will begin at 6 p.m., with plans to post the recording on social media platforms the following day.

This forum will be held for contested candidates of the same party whose race will be determined during the August Primary.

Kirksville City-Wide Sidewalk Sales

Area businesses are planning to host sidewalk sales on Friday, July 29 and Saturday, July 30. Spend the day out on the town, enjoy the July weather and save some money! No sign-ups required. Plan to have clearance/discount racks/items on your sidewalks and promote those sales on your own Facebook page as well as in the discussion section of the Smart Shopper- Kirksville Retail & Services page. Hours of sales depend upon store location.



FACADE

Continued from Page A1

Sadler told the council that if they approved the request and it becomes an annual event, the city manager would have the authority to approve subsequent applications each year. He told the

council that organizers are expecting about 50 people to attend the event and that the DuKum Inn would be in charge of the distribution of alcohol, which will not be sold.

which will not be sold.

"It would just be there available to anybody who wants to partake and is of the legal age," he said

of the legal age," he said. He said that in order to serve alcohol in that area, it needed to be barricaded or roped off.

—Deadwood, Sponsored by

"If approved by city council tonight, then we'll be working through that with the police chief as we normally would," he said.

The council unanimously approved the special event request.

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TO SCHEDULE AN APPOINTMENT



Business

IRS increases mileage rate for remainder of 2022

By Press Release

WASHINGTON — The Internal Revenue Service today announced an increase in the optional standard mileage rate for the final 6 months of 2022. Taxpayers may use the optional standard mileage rates to calculate the deductible costs of operating an automobile for business and certain other purposes.

For the final 6 months of 2022, the standard mileage rate for business travel will be 62.5 cents per mile, up 4 cents from the rate effective at the start of the year. The new rate for deduct-

Mileage Rate Changes				
Purpose	Rates 1/1 through 6/30/22	Rates 7/1 through 12/31/22		
Business	58.5	62.5		
Medical/Moving	18	22		
Charitable	14	14		

ible medical or moving expenses (available for active-duty members of the military) will be 22 cents for the remainder of 2022, up 4 cents from the rate effective at the start of 2022. These new rates become effective July 1, 2022. The IRS provided legal guidance on the new rates in Announcement 2022-13, issued today.

In recognition of recent gasoline price increases, the IRS made this special adjustment for the final months of 2022. The IRS normally updates the mileage rates once a year in the fall for the next calendar year. For travel from Jan. 1 through June 30, 2022, taxpayers should use the rates set forth in Notice 2022-03.

"The IRS is adjusting the standard mileage rates to better reflect the recent increase in fuel prices,"

said IRS Commissioner Chuck Rettig. "We are aware a number of unusual factors have come into play involving fuel costs, and we are taking this special step to help taxpayers, businesses and others who use this rate." While fuel costs are a significant factor in the mileage figure, other items enter into the calculation of mileage rates, such as depreciation and insurance and other fixed and variable costs.

The optional business standard mileage rate is used to compute the deductible costs of operating an automobile for business use in lieu of tracking actual costs. This rate is also used as a benchmark by the federal government and many businesses to reimburse their employees for mileage.

Taxpayers always have the option of calculating the actual costs of using their vehicle rather than using the standard mileage rates.

The 14 cents per mile rate for charitable organizations remains unchanged as it is set by statute.

Midyear increases in the optional mileage rates are rare, the last time the IRS made such an increase was in 2011.

How to show your appreciation for postal workers

By Special to The Express

Postal employees work tirelessly to ensure that parcels are sent through the system efficiently and delivered on time. According to the United States Postal Service, the agency handled 152.6 billion in mail volume and 6.2 billion in shipping and packaging volume in 2019. The public relies on the postal system for medications, business packages, retail items, and millions of letters and other correspondence sent each year.

The postal system continued to run during the pandemic, despite shutdowns and other setbacks. In fact, with more individuals staying close to home, mail carriers served as links to the outside world and a vital cog in the delivery machine that helped keep the world running.

No matter the situation, postal employees are vital. Whether postal employees are processing and sorting mail or delivering it to homes across the nation, the public can express their gratitude to these essential workers in various ways.

Offer a gift

According to federal regulations in the United States, postal employees are eligible to receive a gift worth \$20 or less from a customer per occasion, such as a birthday or holiday. That gift cannot be cash, check or a gift card that can be exchanged for cash. No USPS employee may accept more than \$50 worth of gifts from one customer in a calendar year. A pair of gloves, sunglasses, food gifts, and the like may be suitable, provided they are not valued at more than \$20.



Make things convenient

Ensure that postal employees can reach the mailbox and front of the home safely. Remove any tripping hazards from pathways, which may include repairing cracked walkways or uneven brick or stone paths. Promptly shovel snow during snowstorms. Secure pets so they cannot get outdoors when postal workers approach.

Prepare a grab-and-go basket

Postal workers may appreciate a small refreshment during their shifts. Fill a basket or box with snack-sized offerings of cookies, chips, trail mix, bottled water, or juices. Carriers can grab an item as they leave your porch.

Leave a note

Place a thank you note addressed to the carrier on the mailbox. Convey your feelings and express appreciation for all he or she does.

Provide a meal

During busy times of year, such as the holiday season and Mother's Day, postal employees in mail branches may work long hours and interact with hundreds of people. Visit your local post office and provide a lunch as a token of your appreciation.

Little gestures of gratitude and kindness can go a long way for postal employees who are working hard to keep mail moving.

How to plan for a

How to plan for a post-50 career change

By Special to The Express

Professionals change careers for many reasons. Some do so in pursuit of a higher salary, while others seek a more even balance between their personal and professional lives.

Career changes can renew a person's passion for working, which can grow stale for individuals who have been doing the same job for years on end. Though there's not necessarily a bad time to change careers, there are times when making such a transition carries more risk. Such is the case for individuals over 50. Many individuals over 50 may not have the financial obligations they had when they were younger, as children may have grown up and moved out of the house. That can make changing careers after 50 more palatable. However, some individuals in their 50s may be hesitant to leave the security of an established career behind in favor of something new. Hesitance about job prospects after 50 also can make some less likely to take the plunge into a new career.

Though hesitancy about a career change after 50 is understandable, a recent survey from the American Institute for Economic Research found that 82 percent of workers who responded to the survey were able to successfully transition to a new career after age 45. In addition, projections from the U.S. Bureau of Labor Statistics estimated that labor force participation among individuals aged 65 and over would increase significantly by 2022, nearly doubling the rate of participation in 1990. Those figures suggest that a midlife career change is not necessarily the same thing as a late-career career change. That should give professionals the confidence they need to successfully transition to a new career.

Individuals mulling a career change after 50 also can take these steps to make such a transition less risky.

· Pay down as much debt as possible. Financial freedom can be an ally for individuals 50 and over who want to change careers. Career changes often require a pay cut, so individuals who can pay off their mortgages, consumer debts and/or auto loans prior to making a career change may find the transition to a lower income goes more smoothly than it might if they're still carrying such sizable

financial commitments.

• Make plans to delay retirement. As BLS data indicates, individuals who want to delay retirement certainly won't be alone. Delaying retirement affords individuals more time to save, and a financial advisor can help adults over 50 come up with a new retirement plan that reflects their willingness to work longer. Delaying retirement also means delaying withdrawals from retirement savings accounts, which can provide peace of mind against a loss of income resulting from a career change. • Downsize your life-

style. Even a post-50 career change that will require a significant drop in income can be doable for professionals who downsize their lifestyles. Empty nesters can consider moving into a smaller home, while travelers can cut back on the number of trips they take each year. Cutbacks won't necessarily be easy, but they can be worth it for individuals looking for new career challenges. · Go back to school.

Much like young people go to college before entering the professional arena, adults over 50 who want to change careers may need to go back to school to improve their career prospects. Remote learning and part-time schooling can make juggling a career and school more manageable.

A successful career change after 50 is entirely possible for individuals willing to make some sacrifices to be happier in their professional lives.

How employers benefit from engaging employees more effectively

By Special to The Express

The Covid-19 pandemic prompted millions of people to reconsider their careers. That reflection has had a profound effect on the labor market. Data from the U.S. Department of Labor indicates that 4.5 million people quit their jobs in the United States in November 2021, which led to a near record-high number of job openings around the end of 2021 and the beginning of 2022. Though the pandemic

may have led millions of people who were previously dissatisfied with their careers to make positive changes, employers forced to confront staff shortages may be wondering what they can do to attract qualified and talented candidates. Finding ways to engage workers more completely could benefit companies in various ways. A recent poll from Gallup found that companies suffer some pretty significant consequences when their employees are disengaged. Gallup reports that such companies suffer from 16 percent lower profitability, 18 percent lower productivity and 37 percent lower job growth.

No two workers are the same, so there's no magic wand employers can wave that will ensure everyone is suddenly engaged and satisfied with their jobs and career prospects.

However, recognition of what employees value most could help businesses retain workers longer and keep those workers engaged. A recent survey of 540 fulltime employees from the market insight firm Clutch found that the most important workplace values for fulltime employees are fair pay and fair treatment.

It's no surprise that compensation bears such significance, as pandemic-related inflation and global conflicts have led to rising costs on everything from food to fuel. However, a survey from the risk management experts at Willis Towers Watson found that there's a disconnect between employees and employers in regard to the importance of fair pay and its relation to workplace stress.

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EDAILY YONDER KEEP IT RURAL



dailyyonder.com

H.I.I.T. workouts explained

By Special to The Express

Insufficient time to exercise often is the biggest obstacle for individuals looking to get in shape. There is no denying that life is busy, but it's not impossible to find time to exercise, particularly when people engage in high intensity interval training, or H.I.I.T.

H.I.I.T. incorporates effective movements in a 30-minute exercise routine. The American College of Sports Medicine says that H.I.I.T. has commanded a top spot on popular fitness trends lists since 2014. H.I.I.T. combines resistance training with aerobic exercises to produce a complete workout.

How does H.I.I.T. work?

The Harvard T.H. Chan School of Public Health says H.I.I.T. is a rigorous workout of interval training. It features several rounds that alternate between high-intensity movements followed by shorter periods of lower-intensity exercises. This format enables the workout to increase the heart rate to at least 80 percent of a person's maximum. H.I.I.T. programs are based on interval training first introduced in the 1950s to improve performance of elite Olympic athletes.

Examples of H.I.I.T. workouts

A person can use H.I.I.T. with any type of cardiovas-



cular workout, whether stair climbing, rowing, running, or jumping rope. Higher intensity portions include working harder than one is used to for spurts of 30 seconds to three minutes, according to Web-MD. The times of "rest" aren't completely rest, just lower intensity. The progress of the workout alternates accordinglv. Most people quickly increase their heart rates and work up a sweat, which helps them lose weight and boost metabolism. The post-workout bonus includes burning calories for roughly two hours following an H.I.I.T. regimen.

Different types of H.I.I.T.

There are two different types of H.I.I.T. Regular H.I.I.T. is recommended for the general public or average gym user. There also is a more intense version, called S.I.T,

which stands for Sprint Interval Training. S.I.T is especially intense, so it should only be performed by people who are already well-conditioned, according to Nuffield Health.

Who can benefit from H.I.I.T.?

Just about anyone medically cleared can utilize H.I.I.T. Since it is vigorous aerobic exercise, individuals must assess their physical condition and health before beginning. The main reason to use H.I.I.T. is to enjoy a time-efficient workout and vary the pace to stay engaged. H.I.I.T. can be done at home or at the gym. In fact, many gyms have specialized H.I.I.T. classes in their group class offerings.

H.I.I.T. has become a popular way to get in shape by packing high-intensity movements into a short period of time.

MO HEP C Show Me the Cure

Missouri health leaders announce plan to eliminate hepatitis C among residents

By Press Release

JEFFERSON CITY - The state's first-ever hepatitis C elimination plan, Show Me the Cure, will improve access to equitable testing and patient-centered treatment services to combat the hepatitis C virus (HCV). The Missouri Department of Health and Senior Services (DHSS), Bureau of HIV, STD and Hepatitis is working to eliminate hepatitis C in Missouri by ensuring universal testing, improving health care outcomes for people living with hepatitis C and preventing new infections.

The plan was announced at an event n Jefferson City alongside public health stakeholders and planning collaborators. The hepatitis C virus is one of the most significant health problems affecting the liver. More than half of the individuals diagnosed with HCV will develop chronic infection, while the other half may experience acute infection that may spontaneously clear.

"With an estimated 2.4 million Americans living with hepatitis C, it is important that Missourians have access to services for testing and treatment," said Paula Nickelson, acting director of DHSS, "With the establishment of the Missouri Hepatitis C Elimination Planning Committee and Show Me the Cure plan, DHSS can assist with the resources and tools Missourians need to better understand hepatitis C. We will use this plan to increase prevention, testing and treatment services through policy development and advocacy efforts."

The Show Me the Cure plan focuses on access to services, provider development, education, collaboration and awareness, surveillance, and policy and

advocacy.

"Missouri's hepatitis C plan provides a roadmap for the state to use to eliminate hepatitis C. This plan was developed in collaboration with diverse partners from across the state, which was essential for ensuring that the needs of Missourians were addressed in the plan," said Alicia Jenkins, Chief, DHSS Bureau of HIV, STD, and Hepatitis.

Access to Services

· Increase the proportion of people who are tested and aware of their hepatitis C status.

· Develop linkage to care for confirmatory testing and treatment.

Provider Development

· Increase the number of health care providers who are trained to identify, diagnose and treat people with hepatitis C.

Education, Collaboration and Awareness

· Increase awareness of testing and treatment for people living with hepatitis C.

· Educate Missourians on health equity, stigma and cultural humility regarding hepatitis C.

Surveillance

· Evaluate the current hepatitis C surveillance system.

- · Improve the quality and completeness of hepatitis C data, including improved demographics and risk factor data reporting.
- Routinely analyze, disseminate findings and utilize hepatitis C data to develop and improve testing and linkage to care programs.
- · Identify data resources and collaborate with other organizations to compile information regarding HCV populations.

Policy and Advocacy

- · Increase awareness of services for patients, and increase opportunities for advocacy.
- · Increase awareness regarding policies and laws that create barriers to hepatitis C testing and treatment.
- · Encourage and promote hepatitis C universal screening in primary care and other settings that provide services to those at highest risk.

The plan was developed in collaboration with MO HealthNet, Missouri Department of Corrections. Missouri Department of Mental Health, Hep C Alliance, Missouri Telehealth Network & Show-Me ECHO, St. Louis County Department of Public Health, City of St. Louis Department of Health, AIDS Project of the Ozarks, Missouri Primary Care Association, Swope Health, Washington University - Project ARK, KC Care Health Center, Clay County Public Health Center, CoxHealth, Missouri Rural Health Association and AbbVie.

The Show Me the Cure plan and more information about hepatitis C can be found by visiting Health. Mo.Gov/MoHepC.

Online map and text number will help families locate local summer food programs

Free meals are being served to children at hundreds of locations in Missouri

By DHSS

(JEFFERSON CITY) - The Missouri Department of Health and Senior Services Summer Food Service Program is designed to provide breakfast, lunch and/or snacks to children living in eligible areas during the summer months and during times of public emergencies, when children do not have access to free or reduced-price meals at school.

An online interactive map is provided to help families in Missouri find out where their children can receive free meals this summer.

Community organizations serve the meals at schools, churches, parks, swimming pools, YMCA facilities, Boys and Girls Clubs, and other spots where children gather when school is not in session.

The meals are provided to all children, regardless of family income, that attend the meal service location. Children do not have to register and there is no fee to participate in the program.

The map and more information about the Summer Food Service Program can be found



at www.health.mo.gov/sfsp/. For families without access to the internet, summer meal sites in the area can also be found by texting the phrase "Summer Meals" to the text number 914-342-7744.

Meals will be served to children age 18 and under. They are also provided to individuals age 18 to 21 that have been determined by a state or local educational agency to be mentally or physically disabled and who participate in an established school program for the mentally or physically disabled.

Funding for the Summer Food Service Program is provided by the U.S. Department

More information about the Summer Food Service Program is available online at www.health.mo.gov/sfsp or by telephone at 888-435-1464 (toll-free). Individuals who are deaf, hard-of-hearing, or have a speech disability can dial 711 or 1-800-735-2966. Community organizations that would like to become sponsors may also email the Summer Food Service Program at sfsp@health.mo.gov or write to the Missouri Department of Health and Senior Services, Summer Food Service Program, P.O. Box 570, Jefferson City, MO 65102 for more in-

of Agriculture.

formation.





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Sports

Judge throws out \$4 million award for transgender student

By THE ASSOCIATED PRESS

KANSAS CITY, Mo. — A judge has thrown out a \$4.2 million jury award in a lawsuit filed by a transgender student in the Blues Springs School District who was denied access to male locker rooms and bathrooms.

The student, identified in court documents as R.M.A., sued in 2015. A Jackson County jury found in December that the Blue Springs School District had discriminated against the student while he attended middle and high school.

He participated in male sports but was required to use separate unisex bathrooms.

Jackson County Circuit Judge Cory Atkins ruled last month that R.M.A. had not proven that his male sex was "a contributing factor" in the district's refusal to let him

reported.

Atkins ruled the sole, uncontradicted evidence at the trial was that the student was excluded from male facilities because of his female genitalia.

The Missouri Supreme

use male facilities, KCUR Court ruled in 2019 that the state's human rights laws against sex discrimination could be extended to those who don't conform to gender stereotypes, which was considered a significant decision for transgender rights at the time.



International Boxing Hall of Fame class of 2021 inductee Floyd Mayweather acknowledges paradegoers during the annual Parade of Champions on Sunday, June 12, 2022, in Canastota, N.Y. JOHN HAEGER/STANDARD-SPEAKER VIA AP

Floyd Mayweather Jr. touched by Hall of Fame induction

By THE ASSOCIATED PRESS

VERONA, N.Y. — Reduced to tears at a banquet on the eve of his big day, Floyd Mayweather Jr. was inducted into the International Boxing Hall of Fame on Sunday, just a tinge of emotion in his voice as he accepted the honor.

"I done a lot in my career, but this is by far the best," said Mayweather, who credited his mom, dad and sister for much of his success. "I want to thank the International Boxing Hall of Fame for giving me this. This right here is going to my dad because he deserves it. Bernard Hopkins said it best — 'You've got to earn it.' — and my dad earned this ring.

"I want to say thank you to everybody for your support. I want to tell all the fighters - thank you, you guys are remarkable. There wouldn't be no me without you guys."

Mayweather, who retired unbeaten in 50 fights, headlined the three classes that were inducted Sunday. The pandemic forced the postponement of the previous two induction ceremonies, making 2022 a crowded affair. The ceremony was

moved from the Hall of tired unbeaten in 24 fights. Fame's home in Canastota, New York, to Turning Stone Resort and Casino in nearby Verona to accommodate the 36 honorees.

Roy Jones Jr., Miguel Cotto, James Toney and female champions Regina Halmich and Holly Holm were part of this year's class. The Class of 2020 included multi-division champions Hopkins, Juan Manuel Marquez, and "Sugar" Shane Mosley. The Class of 2021 included Mayweather, Wladimir Klitschko, and Andre Ward.

ored were the first female on social media to acknowlfighters — Christy Martin, Laila Ali, Lucia Rijker, Regina Halmich, and Holly Holm — to be enshrined. Martin shot to fame when she was featured on some of Mike Tyson's fight cards in the 1990s. Induction came on her 54th birthday.

For Laila Ali, it was a return to where her career started — and against the advice of her famous father. She won her first match in October 1999 against April Fowler at Turning Stone.

"He told me not to do it. I had to earn his respect in the ring," said Laila, who re-

All but one of the 27 fighters inducted were scheduled to be at the ceremony. The one missing was former heavyweight champion Wladimir Klitschko. He's in Ukraine helping his brother, Vitali, a Hall of Famer himself and now the mayor of the capital city of Kyiv, during the ongoing war against invading Russia.

Instead, Wladimir Klitschko, who was heavyweight champion for 12 years and 2 days, longer than anyone in history, and finished with a pro record of 64-5 (53 KOs), Also among those hon- released two short videos edge the honor.

> "Thank you fans. I never ever dreamed of getting that far in the sport. Amazing," Klitschko said. "Boxing just made me a better person, period. It taught me a lot."

> Although his videos were short, Klitschko made a point of criticizing fellow inductee Jones for traveling to Russian-occupied Crimea.

> "So Roy, whose side are you on? " Klitschko said. "I really respect you as a fighter, but I really question your moral compass."

> Jones had other things on his mind.



Major League Baseball Leaders

By THE ASSOCIATED PRESS

NATIONAL LEAGUE

BATTING: Goldschmidt, St. Louis, .327; Harper, Philadelphia, .322; M.Machado, San Diego, .320; Cooper, Miami, .315; McNeil, New York, .312; Bell, Washington, .305; Iglesias, Colorado, .305; Canha, New York, .301; T.Turner, Los Angeles, .299; Lux, Los Angeles, .296.

RUNS: Betts, Los Angeles, 52; Edman, St. Louis, 48; Harper, Philadelphia, 44; Goldschmidt, St. Louis, 41; Lindor, New York, 40; M.Machado, San Diego, 40; Alonso, New York, 39; Freeman, Los Angeles, 38; Schwarber, Philadelphia, 38; Drury, Cincinnati, 37; Profar, San Diego, 37.

RBI: Alonso, New York, 55; Goldschmidt, St. Louis, 47; T.Turner, Los Angeles, 46; Harper, Philadelphia, 45; Lindor, New York, 45; Cron, Colorado, 42; Chisholm Jr., Miami, 40; Arenado, St. Louis, 39; Betts, Los Angeles, 39; Tellez, Milwaukee, 38.

HITS: Goldschmidt, St. Louis, 72; M.Machado, San Diego, 71; T.Turner, Los Angeles, 69; Freeman, Los Angeles, 68; Bell, Washington, 67; Cron, Colorado, 67; Harper, Philadelphia, 67; Hernández, Washington, 67; Betts, Los Angeles, 66: Alonso, New York, 63: Edman, St. Louis, 63; McNeil, New York, 63; Swanson, Atlanta, 63.

DOUBLES: Olson, Atlanta, 24; Freeman, Los Angeles, 21; K.Marte, Arizona, 21; Goldschmidt, St. Louis, 19; Harper, Philadelphia, 19; E.Escobar, New York, 16; M.Machado, San Diego, 16; J.Turner, Los Angeles, 16; Albies, Atlanta, 15; Cooper, Miami, 15; Franco, Washington, 15.

TRIPLES: Chisholm Jr., Miami, 4; Nimmo, New York, 4; Edman, St. Louis, 3; E.Escobar, New York, 3; Joe, Colorado, 3; J.Sánchez, Miami, 3; C.Taylor, Los Angeles, 3; Wong, Milwaukee, 3; 17 tied at 2.

HOME RUNS: Alonso, New York, 17; Schwarber, Philadelphia, 16; Betts, Los Angeles, 16; Riley, Atlanta, 16; C.Walker, Arizona, 15; Harper, Philadelphia, 15; Cron, Colorado, 14; Pederson, San Francisco, 13; Soto, Washington, 13; Chisholm Jr., Miami, 12; Wisdom, Chicago, 12; Soler, Miami, 12; Goldschmidt, St. Louis, 12.

STOLEN BASES: Edman, St. Louis, 15; Bader, St. Louis, 14; T.Turner, Los Angeles, 13; Acuña Jr., Atlanta, 11; Berti, Miami, 11; Chisholm Jr., Miami. 10; Swanson, Atlanta, 9; Yelich, Milwaukee, 9; 6 tied at 8.

PITCHING: Musgrove, San Diego, 7-0; T.Anderson, Los Angeles, 7-0; Gonsolin, Los Angeles, 7-0; Carrasco, New York, 7-2; K.Thompson, Chicago, 6-1; Alcantara, Miami, 6-2; Fried, Atlanta, 6-2; Wright, Atlanta, 6-3; Buehler, Los Angeles, 6-3; Gray, Washington, 6-4.

ERA: Musgrove, San Diego, 1.50; Alcantara, Miami, 1.61; P.López, Miami, 2.30; Wright, Atlanta, 2.39; Burnes, Milwaukee, 2.48; Fried, Atlanta, 2.64; Wainwright, St. Louis, 2.84; Wheeler, Philadelphia, 2.84; Mikolas, St. Louis, 2.93; M.Kelly, Arizona, 3.32.

STRIKEOUTS: Burnes, Milwaukee, 92; Aa.Nola, Philadelphia, 85; H.Greene, Cincinnati, 79; Alcantara, Miami, 77; Rodón,

San Francisco, 75; Wheeler, Philadelphia, 75; Bassitt, New York, 74; Mahle, Cincinnati, 74; Wright, Atlanta, 73; P.López, Miami, 72; Musgrove, San Diego, 72.

AMERICAN LEAGUE

BATTING: Arraez, Minnesota, .367; J.Martinez, Boston, .347; Devers, Boston, .335; France, Seattle, .329; Bogaerts, Boston, .321; Judge, New York, .313; Benintendi, Kansas City, .308; J.Crawford, Seattle, .304; Alvarez, Houston, .302; Mancini, Baltimore, .297.

RUNS: Judge, New York, 50; Devers, Boston, 46; Trout, Los Angeles, 42; Ohtani, Los Angeles, 41; Alvarez, Houston, 38; Straw, Cleveland, 38; Bogaerts, Boston, 37; J.Ramírez, Cleveland, 37; Springer, Toronto, 37; Buxton, Minnesota, 35; J.Martinez, Boston, 35.

RBI: J.Ramírez, Cleveland, 56; Judge, New York, 48; Story, Boston, 41; Rizzo, New York, 40; A.García, Texas, 40; Alvarez, Houston, 39; France, Seattle. 38: Stanton, New York, 37; Ohtani, Los Angeles, 37; Tucker, Houston, 36; Walsh, Los Angeles, 36.

HITS: Devers, Boston, 82; France, Seattle, 77; Bogaerts, Boston, 70; Judge, New York, 68; J.Martinez, Boston, 68; Arraez, Minnesota, 66; Benintendi, Kansas City, 66; Bichette, Toronto, 65; Mancini, Baltimore, 63; J.Crawford, Seattle, 62.

DOUBLES: Devers, Boston, 23; J.Martinez, Boston, 21; Gurriel, Houston, 17; Andrus, Oakland, 16; Bogaerts, Boston, 16; Espinal, Toronto, 16; K.Hernández, Boston, 16; J.Ramírez, Cleveland, 16; Bichette, Toronto, 15; O.Miller, Cleveland, 15; Trout, Los Angeles, 15.

TRIPLES: J.Ramírez, Cleveland, 4; Witt Jr., Kansas City, 4; Gordon, Minnesota, 3; Rivera, Kansas City, 3; Rosario, Cleveland, 3; 20 tied at 2.

HOME RUNS: Judge, New York, 24; Buxton, Minnesota, 17; Alvarez, Houston, 17; Trout, Los Angeles, 16; J.Ramírez, Cleveland, 16; Rizzo, New York, 15; Stanton, New York, 13; Guerrero Jr., Toronto, 13; Ohtani, Los Angeles, 13; Devers, Boston, 13.

STOLEN BASES: J.Rodríguez, Seattle, 17; Mateo, Baltimore, 14; Mullins, Baltimore, 12; White, Texas, 12; Straw, Cleveland, 11; Tucker, Houston, 11; Arozarena, Tampa Bay, 10; Robert, Chicago, 10; Semien, Texas, 10; Witt Jr., Kansas City, 10.

PITCHING: Manoah, Toronto, 7-1; McClanahan, Tampa Bay, 7-2; Verlander, Houston, 7-2; Taillon, New York, 6-1; Gilbert, Seattle, 6-2; Cimber, Toronto, 6-2; F.Valdez, Houston, 6-3; Lorenzen, Los Angeles, 6-3; Cole, New York, 5-1; 5 tied at 5-2.

ERA: Manoah, Toronto, 1.81; McClanahan, Tampa Bay, 1.87; Cortes, New York, 1.96; Verlander, Houston, 2.13; M.Pérez, Texas, 2.18; Blackburn, Oakland, 2.31; Skubal, Detroit, 2.33; Gilbert, Seattle, 2.41; F.Valdez, Houston, 2.64; Gausman, Toronto, 2.68.

STRIKEOUTS: McClanahan, Tampa Bay, 98; Cease, Chicago, 89; Cole, New York, 84; Montas, Oakland, 80; Gausman, Toronto, 77; Ray, Seattle, 77; Verlander, Houston, 73; Eovaldi, Boston, 72; Cortes, New York, 71; Ohtani, Los Angeles, 71; L.Severino, New York, 71.

MLB BASEBALL STANDINGS

AL East Division				NL East Division					
	W	L	Pct	GB		W	L	Pct	GB
New York	44	16	.733	_	New York	40	22	.645	_
Toronto	36	24	.600	8	Atlanta	35	27	.565	5
Tampa Bay	35	25	.583	9	Philadelphia	31	30	.508	81/2
Boston	32	29	.525	121/2	Miami	27	32	.458	111/2
Baltimore	26	36	.419	19	Washington	23	40	.365	171/2
AL Central Division			NL Central Division						
	W	L	Pct	GB		W	L	Pct	GB
Minnesota	36	27	.571	_	St. Louis	35	27	.565	_
Cleveland	29	27	.518	31/2	Milwaukee	34	28	.548	1
Chicago	28	31	.475	6	Pittsburgh	24	35	.407	91/2
Detroit	24	36	.400	101/2	Chicago	23	37	.383	11
Kansas City	20	40	.333	141/2	Cincinnati	22	39	.361	121/2
AL West Division			NL West Division						
	W	L	Pct	GB		W	L	Pct	GB
Houston	37	24	.607	_	Los Angeles	37	23	.617	_
Texas	29	31	.483	71/2	San Diego	38	24	.613	_
Los Angeles	29	33	.468	81/2	San Francisco	34	26	.567	3
Seattle	27	34	.443	10	Arizona	29	34	.460	91/2
Oakland	21	41	.339	161/2	Colorado	27	34	.443	101/2

AMERICAN LEAGUE

Wednesday's Games

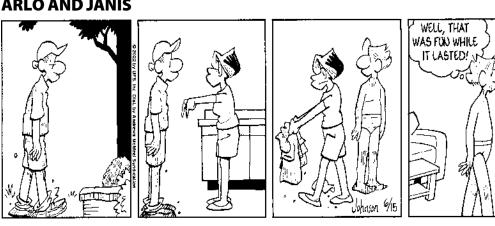
Chicago White Sox at Detroit, 12:10 p.m. Houston at Texas, 1:05 p.m. Kansas City at San Francisco, 2:45 p.m. Minnesota at Seattle, 3:10 p.m. Tampa Bay at N.Y. Yankees, 6:05 p.m. Baltimore at Toronto, 6:07 p.m. Oakland at Boston, 6:10 p.m. Cleveland at Colorado, 7:40 p.m. L.A. Angels at L.A. Dodgers, 9:10 p.m.

NATIONAL LEAGUE

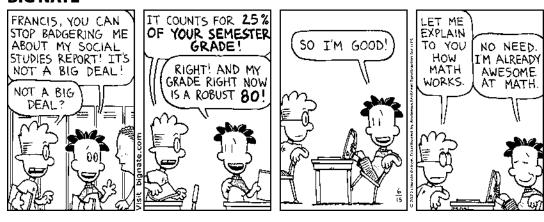
Wednesday's Games

Miami at Philadelphia, 12:05 p.m. Cincinnati at Arizona, 2:40 p.m. Kansas City at San Francisco, 2:45 p.m. Atlanta at Washington, 6:05 p.m. Milwaukee at N.Y. Mets, 6:10 p.m. Pittsburgh at St. Louis, 6:45 p.m. San Diego at Chicago Cubs, 7:05 p.m. Cleveland at Colorado, 7:40 p.m. L.A. Angels at L.A. Dodgers, 9:10 p.m.

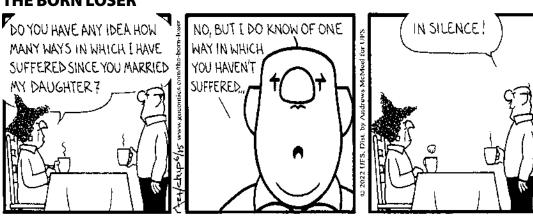
ARLO AND JANIS



BIG NATE

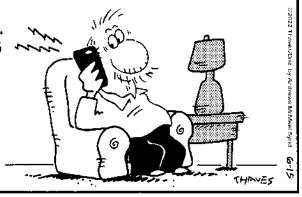


THE BORN LOSER

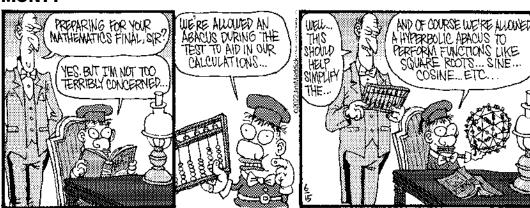


FRANK AND ERNEST

"HELLO, THIS IS A RECORDING... THAT IS, IT ISN'T A RECORDING ~ WHILE I'M MAKING IT. OF COURSE, BUT IT WILL BE. OR RATHER IS, A RECORDING WHEN YOU HEAR IT ... OR IN OTHER WORDS..."



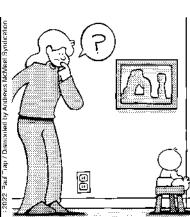
MONTY



THAT A BABY







Ιm getting timeout out of the way early.

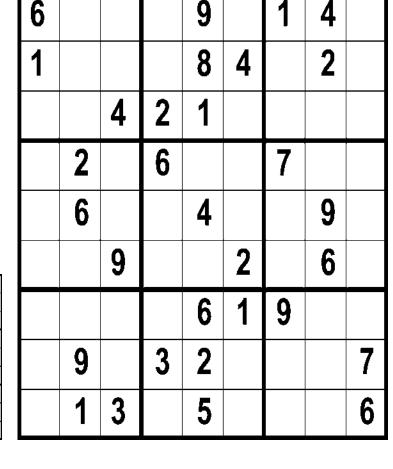
SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PREVIOUS ANSWER

I	1	4	5	9	3	8	7	6	2
	2	7	9	4	1	6	8	3	5
	3	6	8	5	2	7	9	1	4
	8	1	3	2	7	5	6	4	9
	5	9	6	3	4	1	2	8	7
	7	2	4	8	6	9	1	5	3
	6	3	7	1	5	2	4	9	8
	4	8	2	6	9	3	5	7	1
	9	5	1	7	8	4	3	2	6



CROSSWORD

ACROSS 1 Suppress 6 Speedy twowheelers 12 Audition 14 Bearded

flowers 15 Heavy hammer 16 Lustrous fabric

17NASA counterpart 18 Pointy-

shoe wearer 19 Almostgrads

21 Subzero comment 23 Way back when

26 Teachers'

org. 27 Yes, in Tokyo 28 Like storm clouds

source 31 Custard ingredient 32 Comic

30 Bran

DeGeneres 33 Different

35 Youth org. 37 Bullring

yell 38 Laments loudly 39"A mouse!"

40 Ticket info 41 JAMA readers 42 ASAP 43 Guinea pig, maybe

44 Wood ash product 46 lck!

48 Mind 51 Pressed 55-Cromwell

> 56 The outdoors 57 Impose taxes 58 Tourist

> > **DOWN**

1 Gal. fractions 2 Home page addr.

4 Ore 6 Penny

stop

3 Needle hole deposits 5 Hauls

pincher

|S|T A|G 7 Vaccine type

river 11 Tax-form ID

packet (2 wds.) 19 At the table 45 - St.

24 Aplenty 25 Spotted wildcat

26 Alcove 27 Towel word

Answer to Previous Puzzle



8 Drawback

9 Wind dir. 10 Aberdeen's

13 Pekoe

20 Newsman Dan 22 Outfitted

28 Prominent nose 29 Had down

pat 34 Subjugate 36 Bit of glitter 42 Looks

curiously 43 Passport requirement

Laurent 47 Lab weight 48 Jungle crusher

49 Urban trains 50 — Majesty 52 Weirdo 53 Previous

54 Dover's st.

10 12 15 16 18 22 20 19 24 28 30 31 32 33 35 38 39 40 46 51 52 53 55 56

6-15

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HERMAN



"So I said, 'Bake me a cake with a hacksaw in it."

ASTROGRAPH BY EUGENIA LAST

Keep life simple and affordable. Refuse to let others coerce you into participating in things that don't interest you. Discipline and hard work are the best ways to reach your goals and comfort your soul. Knowing that you've done your best will help you go above and beyond.

GEMINI (May 21-June 20) -- Apply for something, take advantage of an opportunity, mix business with pleasure and network your way to success. Don't believe everything you hear, and get what you want in writing.

CANCER (June 21-July 22) -- Cutting back and minimizing your expenditures will put your mind at ease and give you the wiggle room you require to xraise your earning potential. Opportunity will

LEO (July 23-Aug. 22) -- An emotional situation will wreak havoc on your plans. Don't overspend, exaggerate or let anger set in when moderation and peace of mind will make things better. Avoid risky situations

VIRGO (Aug. 23-Sept. 22) -- Make changes that showcase how versatile you are. How you present yourself to those around you will affect your reception. Love yourself, and others will see you through the same lens.

LIBRA (Sept. 23-Oct. 23) -- Make your surroundings more comfortable, but don't overspend. You'll find a discrepancy in your financial papers or when sharing expenses. Catch up; leave nothing to chance or unfinished.

SCORPIO (Oct. 24-Nov. 22) -- Travel, sign up to learn something new or update your image. Making a change will encourage you to get out more. Don't take on any responsibilities you can't handle. Get out and be happy

SAGITTARIUS (Nov. 23-Dec. 21) -- You'll attract interesting people, but don't put your trust in them. Show your intelligence, and know when to say no or move on to more critical tasks. Consider making changes at home.

CAPRICORN (Dec. 22-Jan. 19) -- Put your energy into something that encourages better health and self-improvement. A physical change will help you leave the past behind. Choose peace and love over chaos.

AQUARIUS (Jan. 20-Feb. 19) -- Don't let anyone ruin your plans. Keep your intentions secret until you are confident that nothing will stand in your way. Dig in and do the groundwork. Home improvement is encouraged.

PISCES (Feb. 20-March 20) -- Stop dreaming and start doing. Call in those you can trust to do things your way. A change of heart will give you a different perspective regarding lifestyle and love. Embrace what feels right.

ARIES (March 21-April 19) -- Back away from drama and focus on what you need to accomplish. Overreacting will put a costly dent in your reputation, position or status. Think before you act, and say only what's necessary.

TAURUS (April 20-May 20) -- Change what isn't working for you. Don't put up with people or situations that drain you. Don't dismiss or hide your ideas. Look for an affordable way to achieve your objective.

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Kirksville Daily Express CLASSIFIEDS

OPEN 8:00am - 5:00pm MONDAY - FRIDAY | 701 EAST LAHARPE SUITE C, KIRKSVILLE, MO

660.665.2808 | WWW.KIRKSVILLEDAILYEXPRESS.COM

TRUCKS AND CARS

- 25 Words
- Plus Photo
- 3 Days

PETS

- 25 Words
- 3 Days

HOUSING FOR RENT

- 25 Words
- 3 Days

\$5

SHOP THE MARKETPLACE IN PRINT OR ONLINE!

WE MAKE IT SO EASY TO SELL YOUR STUFF AND

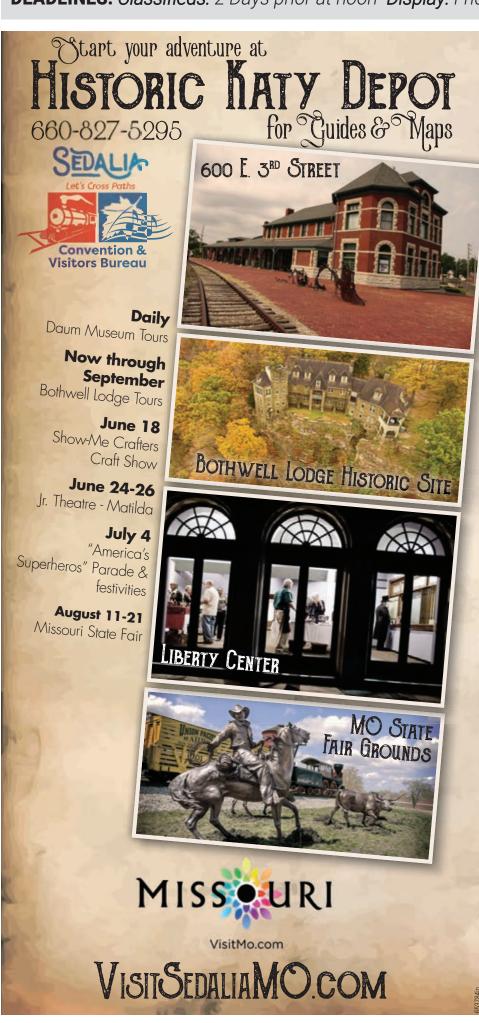
Make some cash!

HOLIDAY SPECIAL/ BUSINESS SPECIAL

- 25 Words **\$**
- · 3 Days

\$750

DEADLINES: Classifieds: 2 Days prior at noon Display: Friday noon for Wednesday and Wednesday noon for Saturday.



AGRI-BUSINESS

Equipment & Supplies

WANTED TO BUY: Farm Machinery and Estates. Call James L. Johnston. 573-473-4904

MERCHANDISE

Appliances

Harvest Right freeze dry machine complete used about 6 times new, \$3500.00 sell for \$1500.00 OBO. 217-242-9976

Musical Instruments

Harvest Right freeze dry machine complete used about 6 times new, \$3500.00 sell for \$1500.00

OBO. 217-242-9976 **Wood & Accessories**

Wevers Outside Wood Furnaces, have an assortment of parts, line, and etc. Call 660-423-5242, cell 660-216-9885. Open 6 p.m. - 9 p.m. Monday - Friday, Saturday anytime, call

REAL ESTATE SALES

Mobile Homes For Sale

AVAILABLE stock mobile homes immediately, double wide and single, 3 and 4 bedroom. 573-499-9993 columbiadiscounthomes.c om

Stock mobile homes available: We gottem, single and doublewide 3 and 4 bedroom! Call Tuffy 573-657-2176

amegamobilehomes.com



ADVERTISING AND MARKETING SALESPERSON

Are you a people person looking for a new career opportunity? The Kirksville Daily Express/Nemo Trader, with a long history of success in Northeast Missouri, is looking for its next full-time Advertising and Marketing Salesperson.

Our sales staff help current and prospective customers with their advertising and marketing needs. This is the chance for you to get creative and help bring a client's vision to life. Knowledge of the Kirksville area is a plus.

Our ideal candidate is self-motivated and independent. You need to be focused on developing new business as well as maintaining current customers. You also need to be organized and have computer skills. We expect enthusiastic, goal driven people. We offer excellent training and advancement opportunities, plenty of support and the latest in research and marketing tools.

Applicants must have a valid driver's license with a good driving record and a reliable, insured vehicle in order to travel within your territory. No overnight travel is required.

No previous sales experience required, although previous sales experience in any industry is a plus. Kirksville Daily Express/Nemo Trader is known for quality training and support. We offer a base salary, commissions and bonuses.

Our benefit package includes vacation and sick time, health, dental, vision and life insurance, 401K, expense reimbursement, reimbursed mileage and cellphone. Send cover letter and resume to:

Kirksville Daily Express/Nemo Trader

Attn: Nicole Stevens/Human Resources 130 South 5th Street | Quincy, IL 62301 or email to: nstevens@whig.com

RIRKSVILLE Daily Express



PERFECT PET FOR THE PERFECT PRICE

Find your next fluffy, furry or feathered friend in your local newspaper classifieds!



Have items to sell? Have too much stuff? Let us help you get the most for it! Call 660-665-2808.

Mobile Homes For Sale

True modulars 30 to 60 day delivery available, 3 and 4 bedroom. 573-657-7040 chateauhomes.net

RECREATION

Motorcycles

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

Wanted

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-2 660-537-0068 660-263-1356

SERVICES

Chat/Dirt/Gravel

DIRT WORK All types of excavation, reclaiming overgrown fields, includ-ing CRP and WRP. Building site preparation, creating new trails and crossings, Food plot development and maintenance. Leveling and grading, wetland construction and maintenance. Pond and lake cleaning and construction. quotes. for 660-342-2701

Need something? Let us help you. You can advertise that you are looking for a special item.Call 660-665-2808 for more information.

Construction-Services

SPRAY FOAM INSTALLA-TION! We install open and closed cell spray foam. Strengthen your building and block drafts! Over 1 Million bd. ft. applied. Contact Lester at 641-208-7071, Spray Tex LLC 16302 192nd Street Bloomfield IA 52537

Miscellaneous

SCOTT HUSKEY'S HOME SERVICE R-10 Foundation Enclosure Systems for manufactured, modular, & site built homes. Saves on utilities and prevents freeze ups. General maintenance and repairs since 573-696-3468

Tomatoes \$2.00 lb, Zucchini \$.50, Cucumbers \$.50. Green Onions and More Produce Coming Soon. Kauffman Produce 11538 Iceberg Ave, LaPlata MO

Tree Service

Pacific Islander Services, we offer tree work, tree trimming, tree removal; stump grinding. Concrete work, masonry work, decking and fencing, yard clean up, mowing and hauling, free est. 660-591-6112.

YARD SALES

Garage Sale

1809 Meadow View Drive, Saturday, June 18, 8 a.m. - 12 p.m. Furniture, weed eater, table saw, decorations, books, school supplies and more

Case Number: 22AR-JU00037

JUVENILE DIVISION



Get more money in your pocket when you sell your stuff in the newspaper classifieds. Ask about our affordable advertising rates to fit any budget!

IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI

JUDGE MATTHEW WILSON

In the Interest of A.T.C. DOB: 4/24/2020

Male Age: 2

Notice Upon Order for Service by Publication The State of Missouri to: UNKNOWN FATHER

You are notified that an action has been commenced against you in the Juvenile Division of the Circuit Court of Adair County, Missouri, the object and general nature of which is to terminate your parental rights in and to A.T.C., a minor child born April 24, 2020.

The names of all parties in this action are stated in the caption above and the name and address of the Juvenile Office attorney is:

C. David Rouner ROUNER LAW OFFICE LLC

400 N. Franklin Street

Kirksville MO 63501

(P) 660.665.7515 F) 660 665 7514

You are further notified that, unless you file an answer or other pleading or otherwise appear and defend against this action within 45 days after June 15, 2022, judgment by default will be entered against you.

Date of first publication is June 15, 22, 29 & July 6 2022 Linda Decker

Adair County Circuit Clerk

Call us for all your advertising needs. **660-665-2808.**

Call about our classified ad specials. 660-665-2808.

ANNUAL MEETING NEMR > NEMR > **NOTICE**

65th Annual Membership Meeting of Northeast Missouri Rural Telephone Company Thursday, June 16, 2022 at 6:30 pm Live on NEMR's Facebook page Every Member who votes will receive a \$10 Bill Credit **AND** will be entered into a Drawing for Cash Prizes

To vote go to: https://www.directvote.net/NEMR (Voting deadline is Tuesday, June 14, 2022 at 11:59 p.m.) OR

Call 660-874-4111 and one of our friendly Customer Service Representatives will gladly help you! Please plan to watch the NEMR meeting

IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI Case Number: 22AR-JU00038 **JUVENILE DIVISION**

JUDGE MATTHEW WILSON In the Interest of A.R.S.

DOB: 9/04/2020

Notice Upon Order for Service by Publication The State of Missouri to: BRIANNA STARR JONES and UNKNOWN

You are notified that an action has been commenced against you in the Juvenile Division of the Circuit Court of Adair County, Missouri, the object and general nature of which is to terminate your parental rights in and to A.R.S., a minor child born September 4, 2020.

FATHER

Female

Age: 1

The names of all parties in this action are stated in the caption above and the name and address of the Juvenile Office attorney is: C. David Rouner

ROUNER LAW OFFICE LLC 400 N. Franklin Street Kirksville MO 63501 (P) 660.665.7515

(F) 660.665.7514 You are further notified that, unless you file an answer or other pleading or otherwise appear and defend against this action within 45 days after June 15, 2022, judgment by default will be entered against you. Date of first publication is June 15, 22, 29 & July 6 2022

Linda Decker Adair County Circuit Clerk



Conagra Brands in Macon is now hiring for all shifts, both full-time and part-time positions in Production, Sanitation and Maintenance.



Join the Conagra Brands team in Macon with competitive hourly starting pay of \$18.37 per hour, and an excellent benefit package that includes medical, dental, vision and life insurance.

Salary positions in Sanitation and Maintenance are also available.

Open interviews are conducted each Wednesday in the plant between 9 AM and 11 AM, and other times by appointment.

Apply online at jobs.conagra.com/careers and follow the links to submit your application OR text Conagra to 25000.

ATTENTION HVAC CONTRACTORS

Capnemo is seeking qualified HVAC contractors to bid for the Weatherization Program serving Adair, Clark, Knox, Schuyler, & Scotland counties.

Info and documents are available at: www.capnemo.org or 215 N. Elson Kirksville, MO 63501 660.665.9855 Accepting bids until COB June 23rd, 2022

> IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI JUVENILE DIVISION JUDGE MATTHEW WILSON

In the Interest of K.D.B., Jr. Male child DOB: 02/10/2010 Case Number: 22AR-JU00033

Notice Upon Order for Service by Publication The State of Missouri to: Kevin Dean Burwell, Sr.

You are notified that an action has been commenced against you in the Juvenile Division of the Circuit Court of Adair County, Missouri, the object and general nature of which is to terminate your parental rights in and to K.D.B., Jr., a minor child born February 10, 2010.

The names of all parties in this action are stated in the caption above and the name and address of the Juvenile Office attorney is:

C. David Rouner ROUNER LAW OFFICE LLC 400 N. Franklin Street Kirksville MO 63501 (P) 660.665.7515 (F) 660.665.7514

You are further notified that, unless you file an answer or other pleading or otherwise appear and defend against this action within 45 days after JUNE 8, 2022, judgment by default will be entered against you.

Dates of Publication: JUNE 8, 15, 22, 29, 2022

LINDA DECKER ADAIR CO. CIRCUIT CLERK

IN THE 2ND JUDICIAL CIRCUIT COURT, ADAIR COUNTY, MISSOURI

Judge or Division: KRISTIE JEAN SWAIM

Case Number: 22AR-PR00031

In the Estate of ROBBY LEE KING, Deceased.

Notice of Letters Testamentary Granted (Supervised Administration)

To All Persons Interested in the Estate of ROBBY LEE KING. Decedent. On May 25, 2022, the last will of the decedent having been

admitted to probate, the following individual was appointed personal representative of the estate of ROBBY LEE KING, decedent by the Probate Division of the Circuit Court of Adair County, Missouri.

The name, business address of the personal representative is: Rodney D. King, 603 Coal Street, P.O. Box 69, Novinger, MO 63559The personal representative's attorney's name, business address and phone number is: Mark Williams, 1003 E. Jefferson, Kirksville, MO 63501, 660-

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law. Such six-month period and such two-month period do not extend the limitation period that would bar claims one year after the decedent's death, as provided in Section 473.444, RSMo, or any other applicable limitation periods. Nothing in Section 473.033, RSMo, shall be construed to bar any action against a decedent's liability insurance carrier through a defendant ad litem pursuant to Section 537.021, RSMo.

Date of the decedent's death: March 29, 2021 Date of first publication: June 1, 2022

Receipt of this notice by mail should not be construed by the recipient to indicate that the recipient necessarily has a beneficial interest in the estate. The nature and extent of any person's interest, if any, can be determined from the files and records of this estate in the Probate Division of the above eferenced Circuit Court

Publication Dates: 6-1-2022, 6-8-2022, 6-15-2022, 6-22-2022



Weather

AccuWeather | Get the NEW app

MONDAY



7-DAY FORECAST FOR KIRKSVILLE

WEDNESDAY WED. NIGHT

Winds subsiding

and hot with

some sun

Humid; a gusty thunderstorm in the evening

LOW: **70**

92

Hot with clouds and breaks of sun

68

THURSDAY

Sunshine

90 66

POP: 15%

FRIDAY

SATURDAY

Mostly sunny

89 62

POP: 0%

SUNDAY

Mostly sunny and

POP: 5%

67

91

Sunny and hot

97

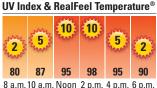
Mostly cloudy and hot; a p.m.

TUESDAY

t-storm 99 **72 POP: 55%**



Conditions Wednesday

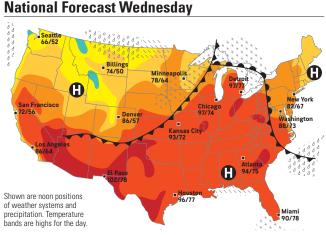


8 a.m. 10 a.m. Noon 2 p.m. 4 p.m. 6 p.m The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection. **0-2**: Low; **3-5**: Moderate; **6-7**: High; 8-10: Very High: 11+: Extreme. The patented AccuWeather.com RealFeel Temperature is an exclusive index of effective temperature based on eight weather factors

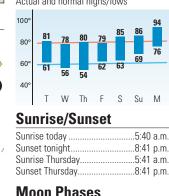
Comfort Index A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable

Boating Index

Ratings: 0-2: Poor; 3-4: Fair; 5-6: Good; 7-8: Very Good; 9-10:



Almanac	The Regio
Kirksville through Monday	:
Temperature	City
High/low	BransonBurlinton, IACape GirardeauCarbondaleCedar Rapids
Precipitation	Champaign
Monday 0.00" Past week's total 2.53" Month to date 2.87" Normal month to date 2.61" Year to date 15.76" Normal year to date 18.56"	Chicago Columbia Danville Davenport Decatur Des Moines
Winds	: Evansville : Galesburg
Average direction	Green Bay Indianapolis Iowa City
Monday's Temperatures	Jefferson City
Midnight - Midnight	: Joliet : Kansas City
100° 80° Llow High 94	Lafayette, IN Lincoln Madison Milwaukee Omaha
60° 12am 6am 12pm 6pm 12am	Ottumwa Peoria Rockford
Last Week's Temperatures	St. Louis
Actual and normal highs/lows	Springfield, ILSpringfield, MO
100°	Topeka



Sunset Thursday	
Moon Phase	: S
Full Jun 14	Last Jun 20
New Jun 28	First Jul 6

The Region Wed. Thu. City Hi/Lo/W Hi/Lo/W Branson 95/74/s 97/73/pc Burlinton, IA 95/70/pc 90/68/c 98/74/s 99/75/t Cape Girardeau Carbondale 99/74/s 98/73/pc Cedar Rapids 90/62/pc 99/74/s 96/69/pc 97/74/s 91/69/pc Chicago Columbia 95/74/pc 95/74/pc Danville 98/75/s 94/70/pc 90/65/pc 96/68/pc Davenport 97/75/s 94/71/pc Decatur Des Moines 91/66/pc 89/63/t Evansville 96/74/pc 98/77/s Galesburg 96/69/s 93/66/c 88/66/1 97/77/s 93/71/t Indianapolis 97/66/pc Iowa City 91/65/pc Jefferson City 98/76/s 99/75/t Joliet 98/74/s 93/72/pc 93/72/t Kansas City 94/73/c Lafavette, IN 97/76/s 94/67/pc 99/75/s 97/73/c Lincoln Madison 96/73/pc 98/72/c 93/69/pc Omaha 85/63/s 92/68/pc 89/65/pc Ottumwa 93/64/pc 97/74/s 92/69/c Peoria Rockford 96/69/pc 90/63/pc St. Louis 100/78/s 98/77/pc Springfield, IL 99/74/s 94/70/pc

River Stages Mon. (in feet) Stage 7 a.m. Chariton River Rathbun Tail 9.20 Moulton 36 25.50 -0.10 Novinger 20 4 85 +0.21 Prairie Hill 15 5.20 +0.36**South Fork Chariton River** Promise City Mississippi Rive

93/73/s

95/72/t

Weather (W): s-sunny, pc-partly cloudy, r-rain, sf-snow flurries, sn-snow, i-ice

96/74/pc

Quincy Lock & Dam 18 12.40 Forecasts and graphics provided by AccuWeather, Inc. ©2022

19

13.27

The Nation Wed. Alb

74

POP: 15%

Washington, DC 88/73/pc

93/72/pc

95/74/pc

98/74/pc

The Nation								
	Wed.	Thu.						
City	Hi/Lo/W	Hi/Lo/W						
Albany, NY	84/63/pc	80/66/t						
Albuquerque	95/68/s	95/68/c						
Anchorage	66/52/s	66/53/s						
Atlanta	94/75/t	92/77/t						
Baltimore	89/72/pc	86/70/t						
Billings	74/50/s	82/55/s						
Birmingham	93/76/t	92/75/t						
Boise	76/55/s	92/60/s						
Boston	70/59/pc	77/67/pc						
Buffalo	87/75/t	86/66/t						
Charleston, SC	95/77/pc	92/77/pc						
Charleston, WV	95/70/t	92/69/t						
Charlotte	97/74/t	95/75/c						
Cleveland	95/79/t	90/70/t						
Columbia	99/76/pc	99/77/c						
Columbus	98/78/t	93/71/t						
Dallas	96/77/pc	99/78/pc						
Denver	86/57/s	93/64/s						
Detroit	97/77/t	91/69/pc						
Fargo	79/60/pc	78/54/pc						
Grand Rapids	95/72/t	86/65/pc						
Hartford	83/60/s	78/68/pc						
Honolulu	86/75/pc	87/74/sh						
Houston	96/77/pc	99/75/pc						
Jackson, MS	92/74/s	93/73/pc						
Jacksonville	94/74/t	93/73/pc						
Las Vegas	102/79/s	108/84/s						
Little Rock	94/75/s	98/75/pc						
Los Angeles	86/64/s	85/65/s						
Louisville	98/79/s	99/78/c						
Memphis	96/78/s	97/78/s						
Miami	90/78/t	89/77/pc						
Minneapolis	78/64/t	83/63/pc						
Nashville	98/76/t	98/76/pc						
New Orleans	91/78/s	92/77/t						
New York City	82/67/s	77/69/pc						
Norfolk	84/70/s	85/74/c						
Oklahoma City	90/73/pc	92/71/pc						
Orlando	95/76/t	95/74/t						
Philadelphia	87/69/s							
Phoenix		86/73/pc						
	107/83/s	112/89/s						
Pittsburgh Portland, ME	95/74/t	88/67/t						
	73/55/pc	69/63/pc						
Portland, OR	71/53/c	71/55/pc						
Rapid City	76/50/s	82/56/s						
Sacramento	96/58/s	86/52/s						
Salt Lake City	77/57/s	97/73/s						
San Diego	73/62/pc	73/63/pc						
San Francisco	72/56/s	71/54/s						
Seattle	66/52/c	68/51/c						
Shreveport	97/75/pc	99/77/pc						
Tampa	93/80/t	94/80/pc						
Tucson	105/76/s	110/82/s						
Tulsa	92/78/pc	97/76/pc						

Lonely widow mulls offer from younger acquaintance

Rain

Showers T-storms

DEAR ABBY: My husband died recently. I have been approached by a much younger man for a sexual relationship. I want to, but I feel he is too young. I'm 61, and he's 37, the same age as my son. We have been friends for years, and I am unsure if I should change the relationship. I see no future in it except occasional sex. Should I drop it or consider the possibilities? -- THINK-ING ABOUT IT IN OHIO

DEAR THINKING: Before dropping it, carefully consider the "possibilities." At 37, this person is not a kid, he's an adult. Something like this happened in my family years ago. A close friend of a relative's son announced he had fallen in love with her. It took her a little while to adjust her thinking, but the result was a

very happy marriage. DEAR ABBY: My sister "Rebecca" is in her early 40s and has been blind for more than 20 years. She has low self-esteem and gets depressed when she can't do things. Right now she wants to babysit a 1-year-old boy in our family by herself. Rebecca's husband is legally blind, closets himself in his home office all day and ignores everything around him.

Although my sister is confident she could take



DEAR ABBY

care of the baby, the boy's parents and I are not comfortable with the idea. Rebecca often runs into things in her own house, can't find something she has dropped -- and sometimes even has difficulty understanding what is going on around her.

When we mention these problems or the fact that the baby is fast and rambunctious, she gets angry and tearyeyed and won't listen to reason. How can we help her to understand we can't leave the baby alone with her? -- OUT

OF THE QUESTION DEAR OUT: You have already tried to get through to someone who refuses to accept reality. There is no reason why Rebecca can't "assist" in babysitting the child, but she should not attempt to do it alone. It's important that you and the child's parents stick to your guns. Do what is best for the little one. And if that means making other arrangements for a babysitter, so be it.

DEAR ABBY: I recently received a text from my nephew asking that I cosign on a loan for a car. Abby, I am estranged from this person. I have met him only a handful of times, and I haven't seen him in years. I was, as you can imagine, put

off by his request. I responded that I couldn't cosign because it would make me legally responsible for the debt. My entitled nephew's response was dead silence, not an "I understand," not an "OK, sorry." Nothing! I never heard from him again. Am I wrong for feeling offended that he asked? -- TOO SMART

FOR THAT DEAR TOO SMART: Stop wasting your time preoccupying yourself with thoughts of this relative. He likely asked you to cosign because no one else in the family would. His attitude was, "Nothing ventured, nothing gained." You did the right thing to refuse to be used. There is no need to dwell on it further.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

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NEWS OF THE WEIRD

Inexplicable

Down at the Amarillo (Texas) Zoo, it isn't the animal exhibits inside that are sparking excitement among the city's residents. "In the dark and early morning hours" of May 21, the city reported in a June 8 news release, security cameras captured a mysterious creature outside the fence -- part "person with a strange hat," part "large coyote on its hind legs," part "Chupacabra," the Fort Worth Star-Telegram reported. "We just want to let the Amarillo community have some fun with this," director of Parks and Recreation Michael Kashuba said, asking locals to weigh in with their ideas about what the Unidentified Amarillo Object -- UAO -- might be. "It is important to note that this entity was outside the Amarillo Zoo," he added. "There were no signs of criminal activity or vandalism."

Special Delivery

When Fort Lauderdale Fire Rescue responded to a crash on June 2, they found an SUV that had slammed into a FedEx truck, and it was guickly apparent what had caused the collision, WPLG-TV reported. Inside the SUV were a man and woman, both naked, and at the time of the crash, the woman was performing a sex act on the male driver, first responders reported. Two people in the FedEx truck sustained minor injuries; the male SUV driver had injuries to his "private area."

Don't Bug Me!

During court proceedings on June 7 at the Albany City Court in New York, a defendant who started filming an arraignment was asked to stop, NBC New York reported. During the altercation that followed, a 34-year-old woman in the audience allegedly released hundreds of cockroaches from plastic containers into the courtroom, resulting in the courthouse being closed for the rest of the day for fumigation. "What transpired is not advocacy or activism, it is criminal behavior with the intent to disrupt a proceeding and cause damage," noted a statement from the Office of Court Administration.

Gassed

Reynold Gladu took over his gas station in Amherst, Massachusetts, in 1973. But at least for now, he no longer sells fuel, the Daily Hampshire Gazette reported on June 7. When his pumps ran dry this month, he didn't refill them because he can't abide the prices. "I don't want to be a part of it anymore," he said. "This is the biggest rip-off that ever has happened to people in my lifetime." His station will continue to do oil changes and other service, but, he said, "Enough is enough." A spokesperson for ExxonMobil said prices are out of her company's control, being "influenced by the price of crude and wholesale price of products which fluctuate according to demand and supply factors." But Gladu isn't buying it -- "It seems like the oil industry is in this together" -- or selling it.

The Litigious Society

GEICO General Insurance Co. must pay a woman identified only as M.O. a \$5.2 million settlement, the Missouri Court of Appeals ruled on June 7, after she contracted the sexually transmitted disease HPV from an insured member during intimate relations in his automobile. The Kansas City Star reported that the Jackson County woman contacted GEICO in February 2021, and the company sent the case to arbitration. Four months later, the arbitrator found that the man was liable for not disclosing his infection status, and M.O. was awarded the large sum, to be paid by GEICO. The company appealed, but the three-judge panel upheld the decision.



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CALL TODAY TO PLACE A CELEBRATORY AD!