



Putnam County ends regular season with 8-game win streak

SPORTS, 9A

Kirksville Daily Express

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2021 Kirksville homecoming parade takes place Oct. 8. PHOTOS BY NEMO PHOTOGRAPHY



Celebrating homecoming with parade



ATSU honors Martin with court name

Mayor issues university's longtime director a city proclamation

Austin Miller Kirksville Daily Express
USA TODAY NETWORK

Compassion, integrity, ability. Those words greet you on your entrance into the gymnasium at A.T. Still University's Thompson Campus Center. However, following a dedication ceremony Friday, Oct. 8, that court has a new name.

The renovated maple court has now been named Dan Martin Court, in honor of the university's longtime director of the Thompson Campus Center and head of wellness programs.

"Those words appearing over the entrance are descriptive of the values we promote at ATSU, and they're the embodiment of our friend and colleague, Dan Martin," said ATSU President Dr. Craig Phelps.

The TCC renovation has been a multi-year project for the university. The

See MARTIN, Page 2A



Kirksville Mayor Zac Burden, left, is with Dan Martin during a ceremony Friday, Oct. 8, at the Thompson Campus Center. Burden issued a proclamation declaring that day as Dan Martin Health and Fitness Day in Kirksville. PROVIDED BY A.T. STILL UNIVERSITY

Getting spooky

Paranormal society plans virtual ghost hunt, 2A

In limbo

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NEWS

Paranormal society plans virtual ghost hunt

Charles Dunlap

Columbia Daily Tribune
USA TODAY NETWORK

If you want to watch how paranormal researchers do their work, the Jefferson City Paranormal Society has an event lined up just for you.

The society will host a virtual ghost hunt on Halloween at the Lemp Mansion in St. Louis.

The live feed will start at 9 p.m. Oct. 31 and will go through most of the night. Guests can RSVP for the event through its Facebook event page.

The society is using a different streaming software to offer a higher-quality overnight event than just through a cellphone, said co-founder Matt Ousley.

The Lemp Mansion is one of the top five haunted locations in North America, Ousley said.

Society members will listen for electronic voice phenomenon as part of the investigation. Other parts of the investigation include the members' own personal experiences, such as what they may hear, feel or even smell.

Part of their equipment includes motion-activated toys that light up if touched by anything metaphysical, Ousley said.

Due to COVID-19 and other considerations, there is no public admittance to the ghost hunt site during the event.

"We are excited to bring this amazing location to another national audience. We are also a little on edge because we know what this location brings with its history and previous investigations," Ousley said in a news release.

Once home to the Lemp family in the late-19th century, it now is a fine dinner theatre, restaurant and bed & breakfast, according to Legends of America.

The mansion allegedly has apparitions and ghostly sounds and voices.

"On other occasions, doors are said to lock and unlock by themselves, lights



The Jefferson City Paranormal Society will host a virtual ghost hunt on Halloween at the Lemp Mansion in St. Louis. Guests can RSVP for the event through its Facebook event page. RALPH MORANG/USA TODAY NETWORK

inexplicably turn on and off of their own free will, and the piano bar often plays when no one is near," the Legends of America entry on the mansion notes.

The paranormal society has four permanent and four auxiliary members. It hosts annual ghost hunts. The 2020 hunt was at the Hobo Hill House in Jefferson City. The society wanted to step up its game this year, the release noted.

The society has conducted more than 50 investigations paid for out of pocket.

There are plans to hold a public event in Jefferson City this month, but nothing is definitive, Ousley said during an interview. The event would take the form of a ghost walk, where participants visit historic houses in Jefferson City with alleged supernatural ties. It would be in the area of the Missouri Capitol.

"We have been floating the idea. We are working on it," Ousley said. "I can't put anything to paper yet as far as if it actually is going to happen."

Even if the event does not happen this year, the paranormal society would like to host the event next year, possibly in more than one central Missouri community.

Martin

Continued from Page 1A

gym project was funded by more than \$320,000 in donations from university alumni, friends and family. Phelps said the idea of naming the court, which was the final piece to the renovation and was completed last year, after Martin was a crucial part of the fundraising effort. Martin joked that he thought the project would receive less money because of it.

"You know, I sure didn't want this to be like I'm retiring or dying or something else," Martin said, jokingly. "You wouldn't believe how many alumni contacted me saying, 'Oh my god, what's happened?' I said, 'You can just send a few dollars and that would be fine.'"

But the ATSU community made its presence known in supporting the project.

"We didn't have much of a problem when we went to alumni and said, 'We'd like to do something for Dan.' They were tripping over themselves. Even folks no longer living in the immediate area said, 'For Dan, we want to be a part and we want to participate,'" Dr. Phelps said.

The court was officially celebrated as part of the university's Founder's Day events on Friday after pandemic precautions halted the event from happening sooner.

After graduating from Truman in 1979, Martin was hired at ATSU in 1982, just before the TCC first opened. Since then, Martin has been a champion of health and wellness in Kirksville. Phelps and Martin first met in 1980 when Phelps was a first-year student at the Kirksville College of Osteopathic Medicine. They both played in the court-



Dan Martin Court is at A.T. Still University's Thompson Campus Center. PROVIDED BY A.T. STILL UNIVERSITY

house racquetball club.

"In those 39 years, thousands of individuals have used the TCC and have been encouraged to make positive and lasting lifestyle choices through Dan's influence," Dr. Phelps said.

Martin has since served on a number of city commissions and committees regarding health. He is currently the vice-chair for the city's Planning and Zoning Commission.

Martin has also been a key figure in developing the Forest Lake Area Trail System in Kirksville, as well as organiz-

ing more than 200 community races in the city. So to go along with the court dedication, Mayor Zac Burden issued a proclamation to declare Oct. 8, 2021, as Dan Martin Health and Fitness Day in Kirksville.

"Dan, you're a true asset to this community," Burden said. "We are a better, kinder, healthier, more engaged community because of everything that you have brought to us today."

Martin humbly thanked his family, friends and the university for the honor. "I would only tell you my hope is to

encourage healthy lifestyles for the students, and to try to enhance their campus experience and make them remember it fondly," Martin said. "That's what I've tried to do. I thank KCOM for hiring me back then and ATSU for the tremendous opportunity that I've been given to be part of this school that you all went to and I love so dearly. I'm grateful for the students, the employees, the administration, and the very meaningful, collegial friendships I've developed."

Kirksville Daily Express

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Families with disabled children in limbo as Missouri aid program remains stalled

Tessa Weinberg
Missouri Independent

The seizures started hours after Gabriella Cotton was born.

In the neonatal intensive care unit at St. Louis Children's Hospital, "there were tubes everywhere," said her mom, Stephanie Currie. They protruded from Gabriella's belly button and mouth, wires were strapped to her head and IV's snaked out of the newborn's five-and-a-half-pound body.

"All of my attention was on her at the time, just if she would be OK," Currie said, who braced herself for the possibility of losing her newborn child. "I didn't get to hold her until she was a week old."

After MRI scans, Gabriella was diagnosed with a grade three bilateral brain bleed. It's what caused her cerebral palsy and epilepsy — just two of the conditions that the now-3-year-old lives with daily.

The brain bleed also led to a build up of fluid known as hydrocephalus, requiring a ventriculoperitoneal shunt to be placed to drain extra fluid. She relies on being fed through a gastrostomy tube and physical movement can be difficult, requiring assistance with standing, sitting and controlling her head.

Gabriella can't talk. But in the three years Currie has cared for her, as a mother and full-time caregiver, they've developed a bond that doesn't need words to define it.

Families like Currie's are ones that a new pilot program funded by the state aims to help. Included in this year's state budget was nearly \$3 million in federal stimulus funds to launch a program to train family members to be certified home health aides.

It would be small to start, with just 50 families in the St. Louis area. After being trained, the family members could be hired by a home health agency and be paid to provide care for their medically fragile children.

Team Select Home Care, an Arizona-based company that has lobbied for the program for the past three years, argues it's a solution that will help tackle a shortage of private duty nurses, ensure children with disabilities receive consistent care and ultimately save both the state and company money.

"A parent never misses a shift, never calls in sick, there's never a gap in care like there is when we're only able to use nurses," Fred Johnson, the company's president and CEO, said.

But the program has yet to be implemented. The company said top state officials told them the budgeted funds were diverted to respond to COVID-19 needs instead. State agencies have ignored questions on the program for weeks. A state lawmaker and Team Select Home Care are raising questions as to why.

But while the program's implementation remains in limbo, families like Currie's are left to get by with the resources they have on hand, even when it's not enough.

Without help

After being born in October 2018, Isabella Bisher kept turning blue.

Isabella would stop breathing. At first, she was sent home with oxygen. But five days later she developed a rhinovirus infection, and from there her oxygen levels and respiratory rates kept dropping. She was eventually diagnosed with congenital central hypoventilation syndrome, a rare neurological disorder that results in impaired breathing.

Like Gabriella, Isabella spent the



Three-year-old Gabriella Cotton during play and therapy time. PROVIDED

early days of her life in the neonatal intensive care unit, where she experienced seizures and underwent a tracheostomy surgery to provide an alternate way to breathe. She stayed at St. Louis Children's Hospital for nine months and wasn't able to come home until August 2019.

Despite Isabella qualifying for 16 hours of nursing a day, her family could only secure one part-time nurse for four nights a week.

"Nursing was a nightmare," Amanda Bisher, Isabella's mom, said.

She's gone through six or seven day nurses and nearly as many night nurses. One of the nurses who was a great fit and going through nursing school later left for a better paying job with better hours at a hospital when she graduated.

Low wage is a persistent problem within the private duty nursing industry that makes it difficult to attract staff. Advocates are hopeful increased Medicaid reimbursement rates that lawmakers passed this year will help.

As of right now, two different nurses cover six nights, along with help from Bisher's mom, who is 60 years old and also helps care for Isabella.

"She's here full time and helps us because Isabella is a full-time job," Bisher said. "And I have five other children. It is not an easy task."

'I wouldn't give it up for anything'

Both Bisher and Currie described at first being in shock as they learned how to navigate their daughters' care and the rollercoaster of being in the neonatal intensive care unit.

But they're now experts. Bisher can now launch into a detailed explanation

of steps to tie and change Isabella's tracheostomy tube — a process that initially terrified her and took a year until she felt comfortable doing it without a nurse's help.

She's become unfazed when Isabella has a spell of holding her breath and Bisher needs to step in and manually resuscitate her to jumpstart her breathing.

Currie knows the nonverbal cues to look for to understand Gabriella's needs. A smile or a little chuckle means yes. Sucking on her hands a lot and cranky could be that her muscles are tight or she's hungry.

"You kind of have to just learn. You learn smells, you learn what things look like, the differences," Bisher said. "There's a lot that goes into it, and you just can't learn it all at once. It totally comes from experience."

Currie didn't return to her job as a sales associate at the Gateway Arch or her side job as a baker after Gabriella was born. Instead, she began caring for her full time. Without a day nurse, Bisher also provides full-time care for Isabella, on top of home-schooling her other kids.

Both are single-income families of eight.

"She's kind of like my best friend. I spend everyday with her. So I really love it," Currie said. "It is a lot of work. I think a lot of people would think that it's very overwhelming. But I love it. I wouldn't give it up for anything."

Currie already went through the steps of becoming a certified home health aide, and was hired by Team Select Home Care when it initially started a pilot program before state officials said it needed to secure approval from

the legislature in 2019.

It was devastating when the pilot got shut down, Currie said. Being paid to care for Isabella meant her husband didn't have to work so many hours of overtime as a forklift operator at a freight company and could be with the family more. They felt like they could put savings aside and plan for the future.

"So when it stopped, our whole life kind of stopped," Currie said. "And we had to think, 'OK, well now, what do we do now?'"

Bisher is part of the Caring for Complex Kids Coalition, which is a part of a federal lawsuit alongside nine families that sued the state last year. The lawsuit argued the state violated the Medicaid Act and Americans with Disabilities Act, in part, for failures to arrange for private duty nursing. As a result, the state has since agreed to a plan outlining steps it will take to ensure plaintiffs receive services.

While many of Isabella's needs require higher certifications of care, Bisher said it would be "a huge help" and amazing to be able for her mother to be paid for the care she helps provide.

Currie has never sought out an in-home nurse, and she ultimately doesn't want to. She feels she is best for the job. She doesn't understand why she can hire a stranger to care for her daughter, but isn't allowed to be paid to do so herself.

"Gabriella is my baby. And when your baby is sick, or when your baby doesn't feel good, your baby needs you," Currie said. "And being medically complex, she needs me every day. She needs me all the time, and I want to be able to do that for her."

IN YOUR OWN BACKYARD

Debi Boughton, Kirksville Tourism director, has some suggestions for enjoying time "In Your Own Backyard." For any activities, be sure to follow the CDC guidelines for health and safety. If you have ideas or suggestions email: debi.boughton@visitkirksville.com.

Saturday, Oct. 16

- The Forest Lake Area Trail System (FLATS) hosts the 11th annual Trail Half Marathon. Participants run 13.2 miles through the woods. The race begins at 8:30 a.m. at Thousand Hills State Park and ends at Jackson Stables on Rainbow Basin. Register at Ultrasignup.com or pick up a form at

the Thompson Center or the Chamber of Commerce. For more information, call 660-626-2213.

- Come watch the Scottish Highland Games today on the lawn at Faith Lutheran Church, 1820 S. Baltimore. Participants compete in feats of strength including tossing the caber and the Braemer stone and much more. For more information, email thomvanleck1@gmail.com.

- The Missouri Conservation Department is hosting Nature Scene Painting from 2-3 p.m. at the Conservation Center, 3500 S. Baltimore. Paint nature scenes and beautiful fall colors. The class is free. Registration is required. Go to: mdc.mo.gov/events

and register by 5 p.m. Oct. 15. For more information, call 660-785-2420.

- Join the Adair County Library and the Thousand Hills Park staff for a night of star gazing. Learn and explore the night sky from 7-9 p.m. Meet at the Point Shelter at Thousand Hills State Park. Telescopes will be provided but guests are welcome to bring their own. For more information, call 660-665-6995.

Tuesday, Oct. 19

Join art teacher Rachel Messer for a Full Moon Paint The Ville for adults only at the New Kirksville Aquatic Center, 801 E. Mill. All supplies will be provided. All participants must preregister at the

Parks and Rec office or online at: <https://parks.kirksvillecity.com/>. For costs and more information, call 660-627-1485.

Wednesday, Oct. 20

Enjoy a Jazz Combos Concert at the Ophelia Parrish Performance Hall on the Truman campus at 7:30 p.m. The performance includes a program of jazz standards as well as some transcriptions and originals by the group members. Combos are smaller groups (typically 4-6 players) and focus heavily on improvisation and group interaction. For more information, call 660-785-4417.



GETTY IMAGES

Prepare AND PLAN

4 fire safety products you should have at home

Felicity Warner Reviewed.com | USA TODAY NETWORK

It's always a good idea to bolster up your family's emergency response plan, taking into account various scenarios that can occur around the home. For example, natural disasters like hurricanes or tornadoes can happen depending on where you live. Accidents like pipe bursts or fires can happen. It's impossible to plan for every possible scenario or misfortune that could fall upon your home, but one thing is for sure – it's best to be prepared with a plan and tools to mitigate any potentially harmful situation.

While some emergency situations are more avoidable than others or have a lower likelihood of happening given one's geographic location, a house fire is something that can happen in any home, anywhere in the world. In just two minutes, a fire can become life-threatening. And in just five minutes, an entire residence can be engulfed in flames, according to Ready.gov. In this kind of emergency situation, when the safety of your family and property can be jeopardized in just a matter of seconds, it is crucial to be prepared with all the key essentials that can help you stay safe in the scenario you hope never happens.

From fire extinguishers to fireproof safes, here are just four products your home needs to keep your property, valuables, and most importantly, your family safe if a house fire breaks out.

1. A fire extinguisher

In case of a fire outbreak, every home should have a portable fire extinguisher on every floor of the home. This small yet mighty tool can save lives and property in an emergency.

Many people might not know that there are many different fire extinguishers out there: The five primary types according to FEMA are Class A, B, C, D and K, which are all designed to extinguish different kinds of fires. The National Fire Protection Association (NFPA) recommends the use of a multipurpose fire extinguisher at home – these are rated for Class A, B and C fires. These classes cover fires with ordinary materials wood, cloth and paper, combustible and flammable liquid and electrical equipment.

At Reviewed, we've tested several fire extinguishers in our labs to determine which was the best one for home use. While one isn't necessarily objectively better than the other, some proved to be more useful better for specific fire situa-

tions. For example, when we tested the Kidde Pro 210 fire extinguisher, we found it to be a small but powerful extinguisher that's easy to use on small to medium-sized fires. For medium to large fires, the Kidde Pro 10 MP holds a hefty 10 pounds of suppression agency, making it more of a similar model to ones that firefighters may use. While you may need to practice wielding the heavy extinguisher, it's useful for large spaces and those who have experience using fire extinguishers.

Make sure everyone in your household knows how to use a fire extinguisher in case of emergency, with the exception of small children, according to the NFPA, due to their physical ability and dexterity to handle a complex tool. If you or someone in your family isn't exactly sure how to use one, FEMA provides a helpful acronym – "PASS" – for proper extinguisher use:

P: Pull the pin. Make sure the extinguisher nozzle is pointing away from you when releasing the locking mechanism.

A: Aim low and point the extinguisher at the base of the fire.

S: Squeeze the lever slowly and evenly.

S: Sweep the nozzle in a side-to-side motion across the fire.

Lastly, while fire extinguishers are important to have, sometimes they aren't enough to contain certain fires, and a fire escape plan should be in order. The NFPA says every home should have a fire escape plan with specific plans on where you'll evacuate to and meet up, as well as how to escape the home. It's a good idea to practice your escape plan with your family members so everyone is on the same page.

Get the Kidde Pro 210 Fire Extinguisher at Walmart for \$44.22

Get the Kidde Pro 10 Fire Extinguisher at Walmart for \$50.91

2. Working smoke detectors

Smoke detectors are absolutely essential on every floor and in every bedroom of the home. But, smoke alarms are only as powerful as their batteries are. To ensure your smoke detectors are in good shape and working properly, you should test them on a monthly basis. The detector will typically have a 'test' button you can press to make sure the batteries are all good. For older smoke detectors, FEMA recommends replacing them 10 years after their manufacture date – no matter if it's working or not.

If possible, buy interconnected smoke detectors or hire a professional to connect the smoke detectors you already have. With interconnected detectors, if one alarm in the house goes off, all of the alarms will follow suit, alerting the entire household of a potential fire hazard.

Ideally, you should have a combination smoke detector and carbon monoxide (CO) detector to keep your home safe from both potential fires or carbon monoxide leaks. We've tested plenty of smart smoke and CO detectors and monitors on the market and found the Nest Protect to be our top choice. It offers all the safety basics you want in a monitor, plus smart upgrades like connectivity with a smartphone app, a monthly self-test feature, a low-battery alert and much more.

Get the Nest Protect Smoke/CO Detector at Amazon for \$119

3. A portable escape ladder

As part of your fire escape plan recommended by the NFPA, if your home has two or more floors, you and your household need to prepare for potentially needing to escape the upper levels without the use of your indoor stairs. For this reason, an escape ladder should be placed near windows as an "additional escape route," says the NFA.

Escape ladders can be stored away in an accessible location when not in use, but ensure that every member of the household knows where it is and knows how to properly use it. Before using one, carefully read the manufacturer's instructions and have both adults and children in the household practice setting it up and using it – from a first-story window only – to become comfortable with using it.

Get the Kidde Fire Escape 2-Story Ladder at Amazon for \$32.24

4. A safe that's fireproof

If a house fire occurs, your top priority is ensuring your household is safe and can escape if necessary. However, that's not to say that material items – such as valuable jewelry, sentimental objects or photos and hard-to-replace belongings like original birth certificates – aren't important to protect, too.

If a house fire is already occurring, consider it too late to protect any mementos or valuables you haven't previously secured. That being said, you can prepare well in advance by always storing these important items in a fireproof safe that can ideally be recovered, even after a worst-case scenario fire situation.

Several fireproof safes also happen to be waterproof, too, giving them double-duty protection against other emergencies like flooding from severe storms or hurricanes.

Get the SentrySafe Fireproof Waterproof Safe with Dial Combination at Amazon starting at \$350.27

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Prices were accurate at the time this article was published but may change over time.

Hints From Heloise
Heloise

Don't let those bread ends go to waste

Dear Heloise: I never throw away the ends of a loaf of bread. Instead, I freeze them until I have enough to make bread pudding. Sometimes I'll add a little butter-scotch liqueur at the end to spice up the flavor.

Grace T., Fostoria, Ohio

Grace: I love bread pudding with a little maple syrup on the top. It's one dessert that can be made with several variations.

Heloise

Dear Heloise: My grandkids love ice cream, so I usually keep some cones and ice cream on hand for when they visit. Unfortunately, they never seem to finish the cone until it's leaking at the bottom.

The next thing I know, I'm washing everyone's shirt. Finally, I started to place miniature marshmallows in the bottom of the cones, and no more leaky ice-cream cones!

Colleen F., Bainbridge, Georgia

Colleen: Here is a "Tasty Tidbit"! Do you know how many small marshmallows equal one large one? Did you guess five or maybe seven? Actually, it takes 10 small ones to equal one large marshmallow.

Heloise

Dear Heloise: You had a recipe for a cheddar soup that I really liked, but now I need the recipe. I'd ask my ex, but I'd rather not have to bother her. So, would you reprint it for me so I can make it myself?

Chuck N., Laramie, Wyoming

Chuck: Here is the recipe you've requested. You'll need:

- 2 carrots, peeled and sliced
- 2 small zucchinis, halved and sliced
- 2 tomatoes, peeled and cut into wedges
- 1 celery stalk, sliced
- 1 cup Portobello mushrooms, sliced
- 1 onion, halved and sliced
- 2 garlic cloves, minced
- 4½ cups beef broth
- 1½ cups tomato juice
- 1 tablespoon fresh basil, minced
- ½ cup dry red wine
- ½ teaspoon salt
- ½ teaspoon ground pepper
- 2 tablespoons fresh parsley, minced
- 1 cup shredded cheddar cheese

In a stock pot, add the first nine ingredients and heat to boiling. Reduce heat and simmer, covered, for 30 minutes, or until vegetables are tender. Stir in basil, wine, salt, pepper and parsley just before serving. Sprinkle top of each serving with cheddar cheese.

To get a copy of this and other delicious soups, just go to: Heloise.com, or send \$5 along with a stamped (75 cents), self-addressed long envelope to: Heloise/Soups, P.O. Box 795001, San Antonio, TX 78279-5001.

With cooler weather just around the corner, you'll be glad you have these easy to make soups handy and at your fingertips. The nice thing about soup is that besides serving it in a bowl, you can also serve it in a large mug while you watch one of your favorite television programs.

Heloise

Dear Heloise: I used to have a problem with my raisins sinking to the bottom of my loaves or cakes. Finally, a friend told me to dust the raisins with whatever flour I was using in my recipe, and sure enough, no more sinking raisins. It makes for a nicer dessert when the raisins are spread out through the loaf.

Esther A., Perry Hall, Maryland

IN BRIEF

Warm up fall dishes with season's spices

As we inch along through fall, I find myself shifting in cravings. Gone are the menus focused on beating the summer heat. Instead with cooler nights, I want to serve foods that exude warmth and mimic the season. Hence my love affair with Simply Organic spices has been renewed. I have been testing recipes with ground nutmeg, cinnamon and pumpkin pie spice for the past few weeks. Each time, I am reminded what truly flavorful, fresh, fall spices can do to enhance recipes galore.

I began with Pumpkin Pie Spice. To be honest, there was one time in my life that I made my own blend, and I won't do that again. It was tedious and quite expensive by the time I pulled together the eight spices required. Realistically, why go to that trouble when there is a perfectly blended and balanced option right in front of me that is delicious?

Don't let the name fool you, because it isn't just for pumpkin pies. I use it in spice cakes and cookies, add a sprinkling to apple and pear crumbles and tarts, dust baked winter squash and ham with it and enhance mashed or fried sweet potatoes with Pumpkin Pie Spice. Incredible!

My other two fall favorites are both ingredients in Pumpkin Pie Spice, and those are cinnamon and nutmeg. My supply was lacking the punch I expect from these spices, so to the rescue are new jars. Just opening and smelling them made me happy. These mahogany-colored spices add depth that is composed of a little heat and a lot of tang. It's no wonder they have inspired not just expeditions, but conquests since ancient times.

Like all spices, make sure you keep the containers tightly closed and stored in a pantry where it is cool and dark. They will serve you well with all your fall, winter and holiday baking.

Tammy Algood, Special to Nashville Tennessean

Wife struggles as husband checks out

Dear Annie
Annie Lane

Dear Annie: I'm struggling with a situation I can no longer handle. My husband has a long history of periodically "falling ill" with mystery illnesses the doctors treat as minor everyday issues, but which inevitably result in his being unable to function. He is not able to work, help with chores, attend family functions or care for our kid. It's most likely to happen when a commitment is coming up, such as the holidays, a work deadline or issues with my own chronic pain from stage 4 endometriosis.

We've adjusted our lives to accommodate this. First, he was a contract worker instead of 9-5; then, he was a stay-at-home dad. It's been stressful to constantly have to carry all the weight, but he's otherwise a lovely, funny, caring and supportive man. And when he's well, things are wonderful.

Things came to a head during the COVID-19 pandemic. I needed emergency surgery, and within minutes of hearing that a date was set, he announced he had a severe injury and basically checked out. I had to send my young son to stay with my parents for six weeks during my recuperation because I could not trust my husband to care for us both. It resulted in my caring almost entirely for myself during a very rough recovery.

After this, my mother-in-law approached me because she had come to believe his health issues were more psychological than physical. I agreed, and we started planning for an intervention.

Cue major mystery health issue – one so severe he's basically bedridden and can only eat and perform basic functions through the constant consumption of various types of medical marijuana. This episode is so severe that doctors have spent the last several months testing him for many very scary conditions. It's been terrifying and exhausting.

The doctors think he has a minor condition causing a lot of pain, but one that the doctors can't seem to find a cause or treatment for. We all suspect that at least some of his doctors no longer take him seriously. I know from my own medical experience that doctors can minimize chronic pain, but you need to be a strong and persistent self-advocate or you are unlikely to get effective treatment.

I've started pushing hard for a diagnosis and treatment plan. Ultimately, it's difficult to know whether I should be asking for a psychological evaluation instead of pushing so hard for a treatment plan.

I'm utterly and completely exhausted from working full time, caring for our son when he's not in school, handling both of our medical issues, and the general day-to-day. It's affecting my own health in serious ways, and my career is in free fall. I don't trust my decision-making on this. I'm too emotional and tired.

Burnt Out

Dear Burnt Out: If our bodies can be compared to car engines, yours is running on empty. You need to put some premium gas into your engine.

Ask yourself, what type of emotional and physical help would take off some of the pressure, and then act on that. Sometimes, chronic pain stems from unresolved anger. "The MindBody Prescription: Healing the Body, Healing the Pain" by Dr. John Sarno is a book that I would highly recommend for both of you.

If your husband is not interested, give it to yourself as a gift. Be selfish, at least until you feel filled up and can figure out how best to move forward. Even if his physical pain stems from the mind, he is clearly in emotional pain and needs help. I also think the constant consumption of marijuana is the worst possible solution for him.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit creatorspublishing.com for more information. Send your questions for Annie Lane to dearannie@creators.com.

Obituaries

TODAY'S OBITUARIES AND DEATH NOTICES

Name	Age	Town, State	Death Date	Arrangements
*Bruns, Dr. Mary Kelley	-	MO	07-Oct	Null and Son Funeral Home
*Kellison, Timothy O'Neal	70	Brashear	07-Oct	Davis-Playle-Hudson-Rimer Funeral Home

*** Additional information in display obituaries**

Obituaries appear in print and online at legacy.com/obituaries/kirksvilledailyexpress

Timothy O'Neal Kellison

BRASHEAR - Timothy O'Neal Kellison, 70 of Brashear, Missouri passed away on October 7, 2021, in his home.

The son of Bernita Lois Savant and Norman E Kellison was born on August 31, 1951, then raised by Bernita and Lloyd Bell in Beaumont, Texas. Tim was always a proud Texan but moved to Missouri to marry the love of his life, Cathy Louise Robertson, in 1983. They married on May 6, 1989.

Tim was preceded in death by his wife Cathy, his parents, his brother Ronald and his sister Amy.

Timothy is survived by his stepdaughter Gelana (Buess) McCloud and her husband Kevin of Bartonville Il and his stepson Timothy Matheney of Brashear Mo. Six grandchildren Matthew, Izaiah Siarra Journey Hailey and Chance, as well as one great-granddaughter Arabella. Two sisters Elizabeth Broussard of West, Tx, and Susan Long of Kountze, Tx, and several nieces and nephews.

Visitation with the family will be from 12:00 p.m. to 1:00 p.m. Tuesday, October 12, 2021 with a Funeral Service at 1:00 p.m. at Davis-Playle-Hudson-Rimer Funeral Home. Burial will follow in Park View Memorial Gardens.

Memorials can be made to the organization of the donor's choice.



Dr. Mary Kelley Bruns

Dr. Mary Bruns was born September 14, 1942 in her family farm home near Gibbs, Missouri. She died on October 7, 2021 in Rolla, Missouri of natural causes. After high school, she was graduated from Kirksville State Teachers College and then received her medical degree from A.T. Still University. While an undergraduate, she met and married her husband, Dr. Edward Bruns. Their marriage of 60 years enjoyed three daughters: Dr. Cynthia Bruns and her husband Dr. Phil Traino, Dr. Cathy Gaffney and her husband Dr. Frank Gaffney and Dr. Cris Bruns and her husband Dr. Matt Meyer. Dr. Mary "Granny" loved her six grandchildren; Katie and Tyler Traino, Montana Gaffney, Maddy Gaffney Gaskins, Grace Gaffney and Sam Meyer and they loved her. While most of the Kelley family preceded her in death, two cousins survive.

Dr. Mary Bruns and her husband moved to Rolla to join Drs. Joe and Cathy Bond in practice and formed the Bond Clinic in 1990. Dr. Mary loved her patients and her practice, so she chose not to retire until September 1, 2020, just two weeks before her 78th birthday. After retirement, she expanded her 15 year ministry of community service through feeding the needy by saving food. She was a Board member of the Rolla area Salvation Army, The ABLE Commission and the PCS Senior Center Board. She was especially proud of her Spirit of Rolla award from the Chamber. She kept fit by exercise at The Centre several times a week and encouraged others to do the same. Her interest in Oenology led to her being received as a member of the Daughters of the Revolution. She was proud of her patriot heritage.

A Celebration of Life for Dr. Mary Bruns will be conducted at 10 a.m. on Saturday, October 16, 2021 at the Greentree Christian Church in Rolla. A visitation for family and friends will be held from 5-7 p.m. on Friday, October 15 at the church.

Memorial contributions are suggested to the Church of the Nazarene, the ABLE Commission, or the Salvation Army, all of Rolla.

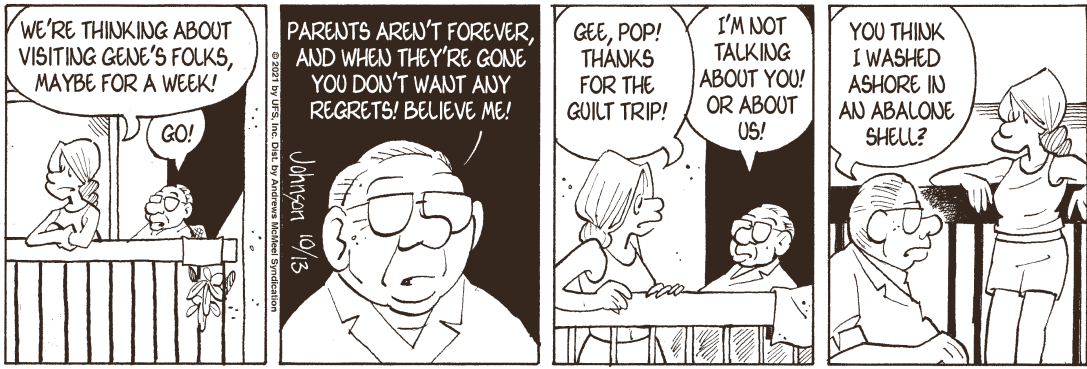
Online condolences may be offered at www.nullandsonfuneralhome.com.

All arrangements are under the direction of the Null and Son Funeral Home of Rolla.

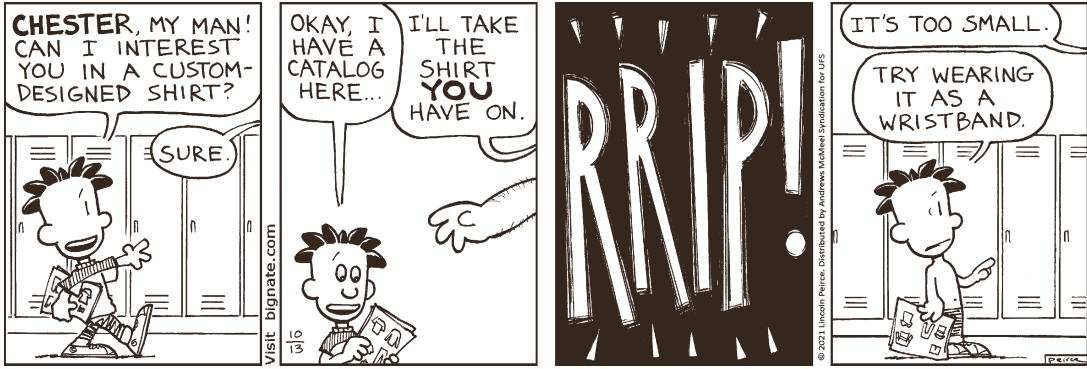


COMICS

ARLO AND JANIS



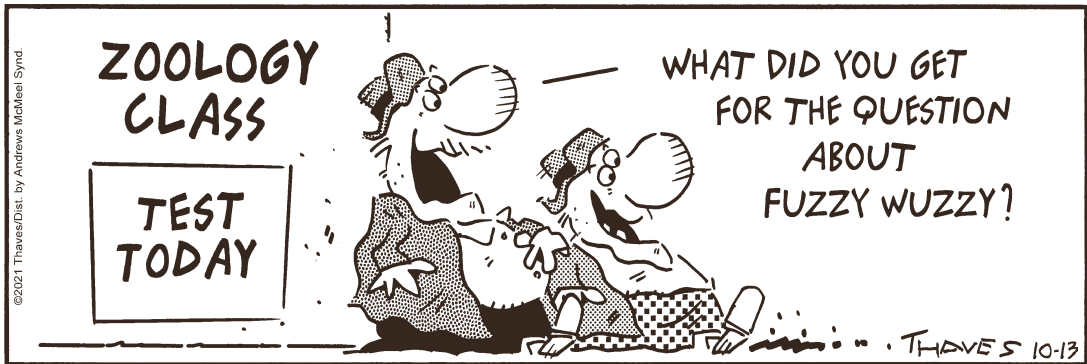
BIG NATE



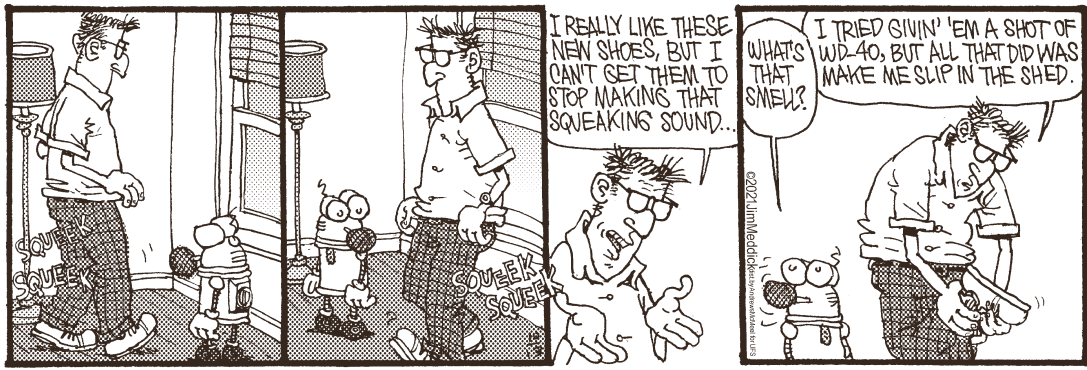
THE BORN LOSER



FRANK AND ERNEST



MONTY



THATABABY



SUDOKU

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS ANSWER

4	3	6	2	1	5	9	7	8
5	9	7	3	6	8	4	1	2
8	1	2	9	7	4	5	6	3
1	4	5	6	8	3	7	2	9
9	7	3	1	4	2	6	8	5
6	2	8	7	5	9	1	3	4
3	6	4	5	2	7	8	9	1
7	5	9	8	3	1	2	4	6
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	2		3	6	1	8		
		1	2				4	6
3					9			
7								1
			6					7
	8	5			6	3		
		2	4	1	5			7
				3	2			5

CROSSWORD

ACROSS

1 Lecture room
 5 Brindled cat
 10 Turned down
 12 Burrito kin
 13 Provoke
 14 Complete accord
 15 Lean toward
 16 Surfing duo — and Dean
 18 Society girl
 19 Oohed and —
 21 Festivals
 25 Stadiums
 29 By itself
 30 Hebrew scroll
 32 Light brown
 33 True inner self
 34 Packed away
 37 In secret writing
 38 Whinny
 40 Ring thing

DOWN

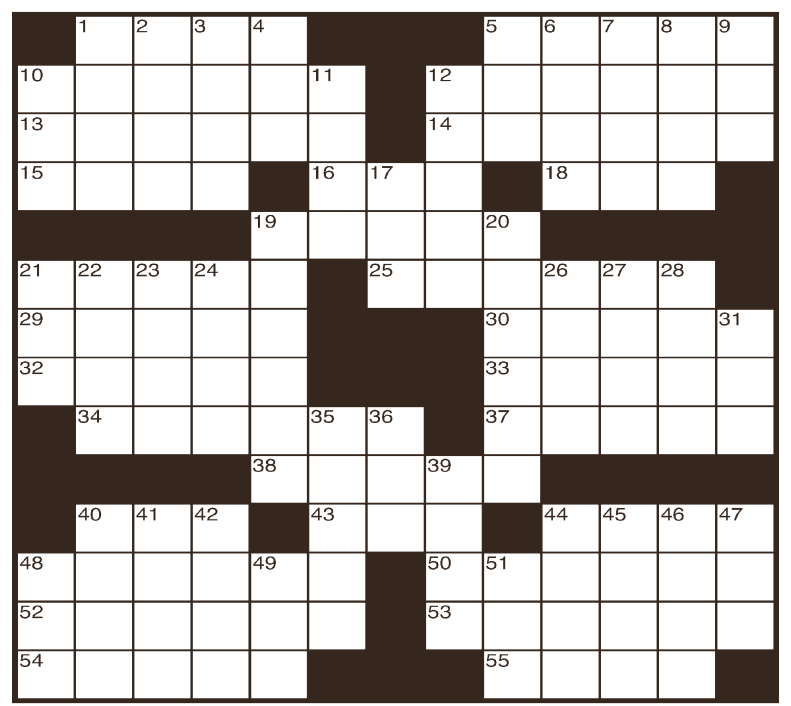
43 Country addr.
 44 Pine (for)
 48 Beach wear
 50 Wall Street broker
 52 Fifth —
 53 Next year's alumnus
 54 Put back to zero
 55 "Where have you —?"

Answer to Previous Puzzle

T	A	D	W	O	R	M	K	U	R	D
H	B	O	A	L	O	E	A	L	A	I
R	A	G	P	E	C	S	P	U	C	E
O	S	I	R	I	S	A	M	U	L	E
W	H	E	A	T			U	T	A	
			W	I	N	K	E	D	T	A
Z	E	A	L	E	E	K	W	E	L	D
I	N	D	Y	R	Y	E	A	S	P	S
P	E	A	T	O	S	S	E	D		
		M	A	O			L	E	A	C
O	R	B	I	T	S	A	U	R	O	R
P	O	E	M		T	E	N	D	R	E
T	I	D	E		E	R	N	E	T	A
S	L	E	D		M	E	A	D	A	M

11 — vu
 12 Radio dial
 17 Detective's cry
 19 Toward the rudder
 20 Tear off
 21 Chatter
 22 Tarzan's pals
 23 Cafe au —
 24 Cornstarch brand
 26 Banned thing (hyph.)
 27 Bone-dry
 28 Like it was
 31 Ate for dinner

35 Like a wolf's howl
 36 Morse click
 39 Figures out
 40 Collapse
 41 Barely manages
 42 Quarry
 44 Narrow street
 45 Comics canine
 46 Vegas sight
 47 Watch-dog's warning
 48 Prohibit
 49 Wrench target
 51 Yank's foe



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HERMAN



"I'll serve your dinner as soon as the smoke clears."

HOROSCOPE BY EUGENIA LAST

Aries (March 21-April 19): You aren't alone. You have more going for you than you realize. Step out of your comfort zone, and you'll recognize you have control. ☆☆☆

Taurus (April 20-May 20): Keep your focus where it will help you. Refuse to let emotions lead to poor decision-making or prolonged situations that will stand between you and what you desire. ☆☆

Gemini (May 21-June 20): Head in the direction that excites you the most. Follow your heart and enjoy the ride. Expand your mind, and your options will escalate. ☆☆☆☆

Cancer (June 21-July 22): You'll be insightful but fearful. Inconsistency will be your downfall. Look for the path of least resistance, and you'll find it easier to plot your course of action. ☆☆☆

Leo (July 23-Aug. 22): Pay attention to detail, rules and regulations. Stay focused on what you can contribute. Approach whatever you do with an open mind and reasonable expectations. ☆☆☆

Virgo (Aug. 23-Sept. 22): Take better care of your home, family and health. Don't trust others to tell you the truth. Research diligently, and take matters into your own hands. ☆☆☆☆

Libra (Sept. 23-Oct. 22): Deal with domestic issues carefully. Control your temper, and set guidelines that are easy to follow. Showing discipline will encourage others to do the same. ☆☆

Scorpio (Oct. 23-Nov. 21): Live and learn. Let experience be your teacher, and put mistakes to rest. Focus on getting ahead and what you can accomplish. ☆☆☆☆

Sagittarius (Nov. 22-Dec. 21): Proceed by doing your job. Letting what others do influence you will slow you down and make you look bad. Focus on getting ahead to ensure you don't fall behind. ☆☆☆

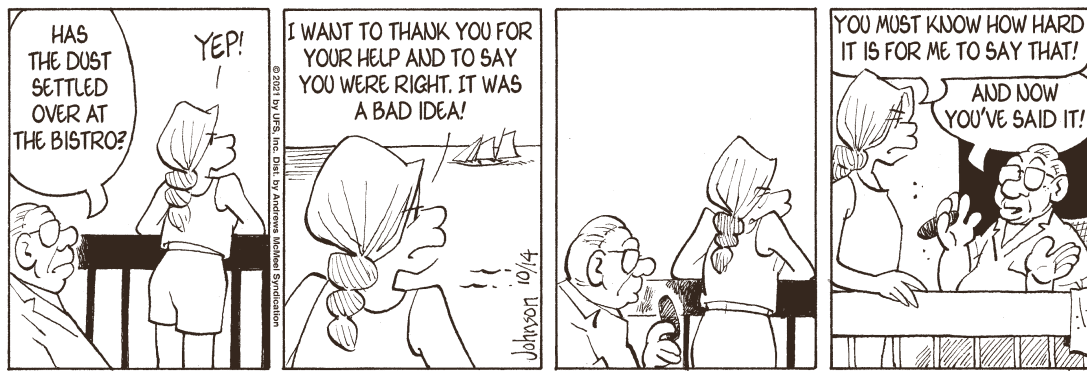
Capricorn (Dec. 22-Jan. 19): Categorize your thoughts, and prioritize how you want to proceed. Once you have a to-do list, you'll find it easier to get down to business and finish what you start. ☆☆☆

Aquarius (Jan. 20-Feb. 18): Address issues that entail government agencies, institutions, and legal or financial matters before you take on something new. ☆☆☆

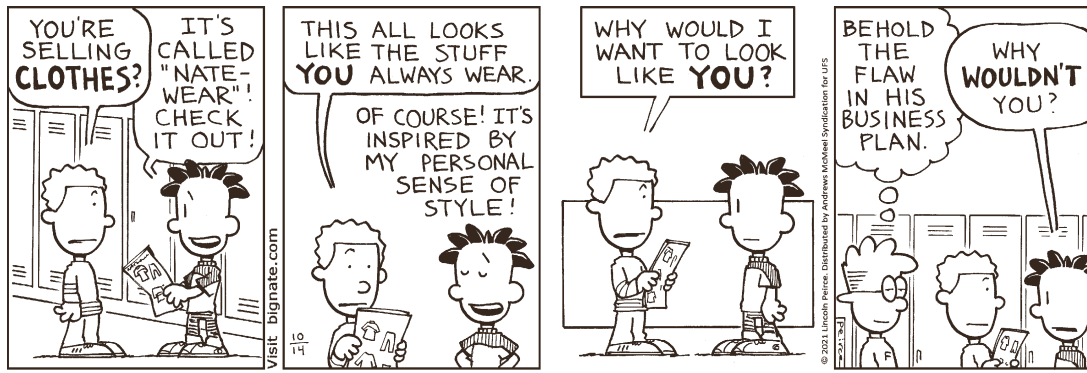
Pisces (Feb. 19-March 20): Participate in events or activities that have a purpose. How you contribute to something meaningful to you will influence how others respond to you. ☆☆☆☆

COMICS

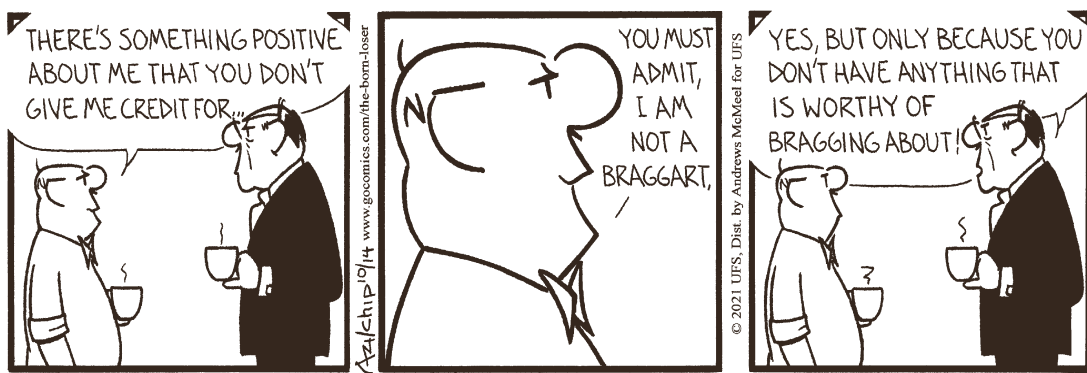
ARLO AND JANIS



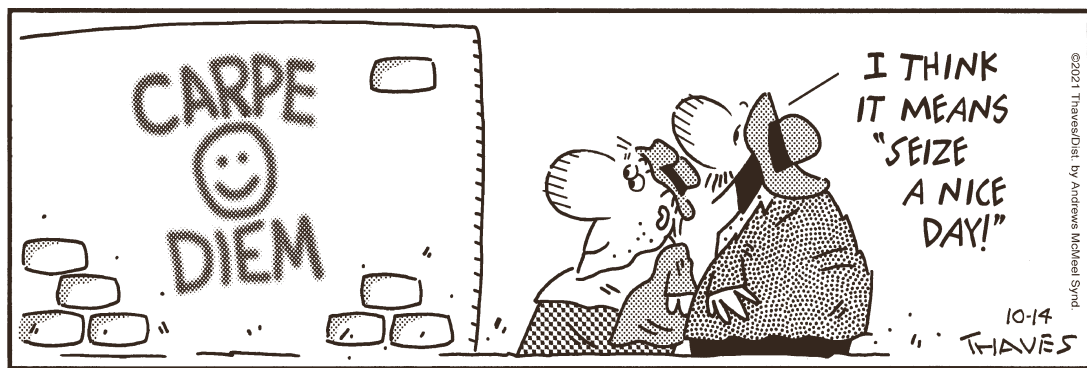
BIG NATE



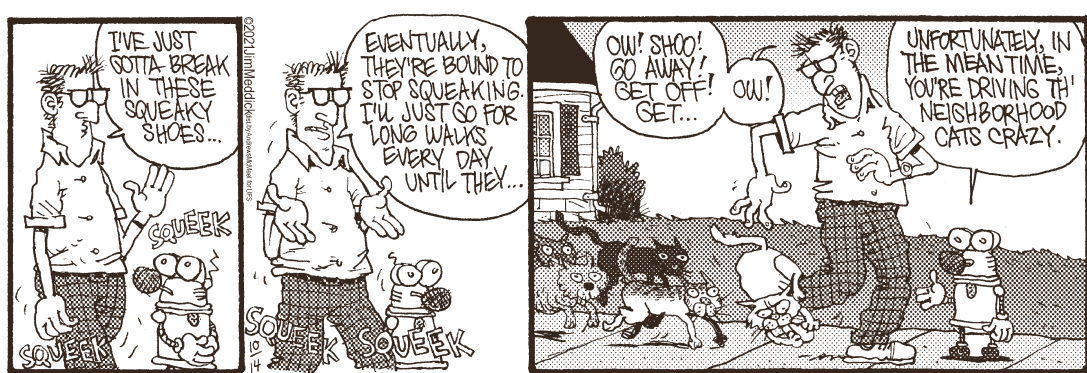
THE BORN LOSER



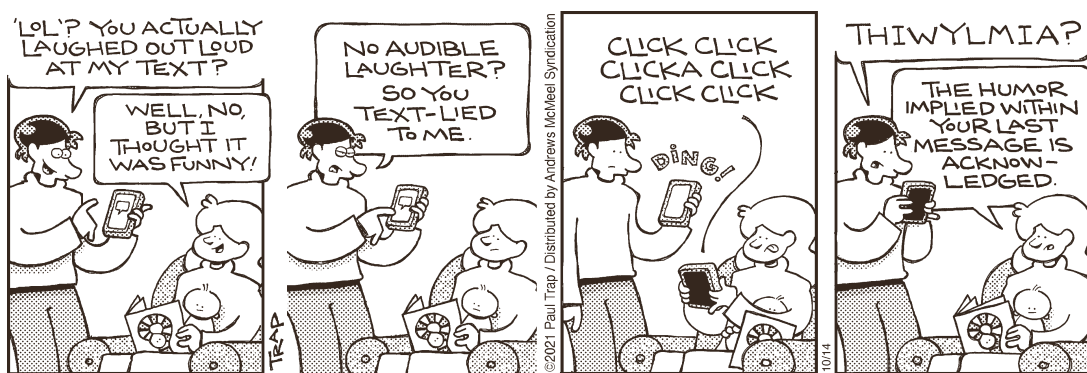
FRANK AND ERNEST



MONTY



THATABABY



SUDOKU

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS ANSWER

5	6	3	9	4	8	7	1	2
4	2	7	3	6	1	8	9	5
8	9	1	2	5	7	4	6	3
3	5	8	1	7	9	2	4	6
7	4	6	5	2	3	9	8	1
2	1	9	6	8	4	5	3	7
1	8	5	7	9	6	3	2	4
9	3	2	4	1	5	6	7	8
6	7	4	8	3	2	1	5	9

	9			6		7		
				7	2		1	
	7		4	2				6
				1		8		
6	8		7		5		2	
	3		9					
3			6	1			4	
5		7	4					
	4		7				6	

CROSSWORD

ACROSS

- Magnificence
- N.J. neighbor
- Packing crate
- Calcutta nanny
- Club for GIs
- Ocean eagle
- Prayer wheel
- Sauna site
- Name in fashion
- Blue moon, e.g.
- Import car
- Some
- Feminine pronoun
- Husband of Medea
- Arizona city
- Unit of length
- Lose hair
- Brink
- Safari animal
- Door part
- Splicing
- Compliment

DOWN

- Friend
- "Rubaiyat" author
- Informal parent
- Tomb builder
- Grimy
- Spot
- Hawaii's Mauna —

38 Sing like Como

39 Vexation

40 Mother rabbit

41 Sharp turns

43 Impassioned

46 Fit together

47 Thurman of "Gattaca"

48 lbs heroine

50 Perseverance

51 Toga party order

52 Churchill successor

53 Optimistic

54 Naval off.

55 Remainder

8 Fragrant trees

9 Prima donna's tune

10 Type of appeal

11 At all times, poetically

19 Motor lodge

20 Cult

22 Nut shell

23 Fishing lure

24 "— Karenina"

25 Race by, as clouds

26 Enameled metal

27 Two-color cookie

28 El — (ocean current)

30 Muck

32 Chaps

34 Gentlemen

35 Leafier

37 Powerful

38 Fish choice

40 Tows along

41 Aught or naught

42 Nile goddess

43 Grace ender

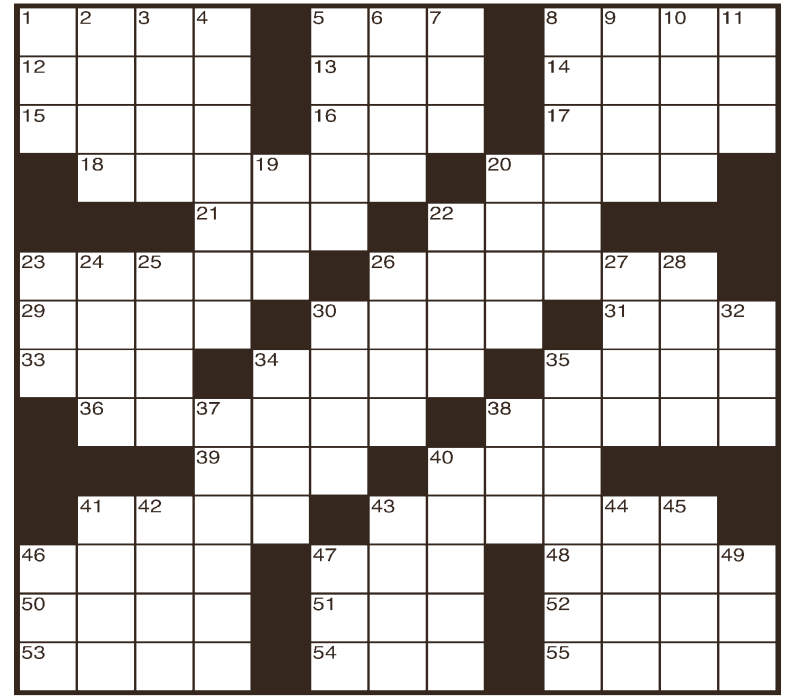
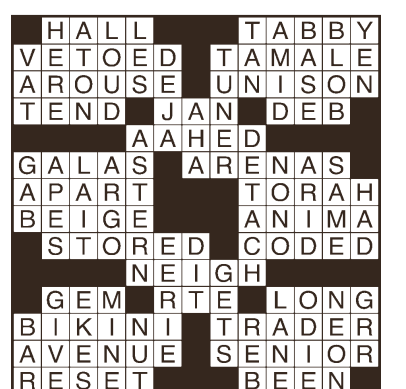
44 Knot

45 Uno y dos

46 Exec

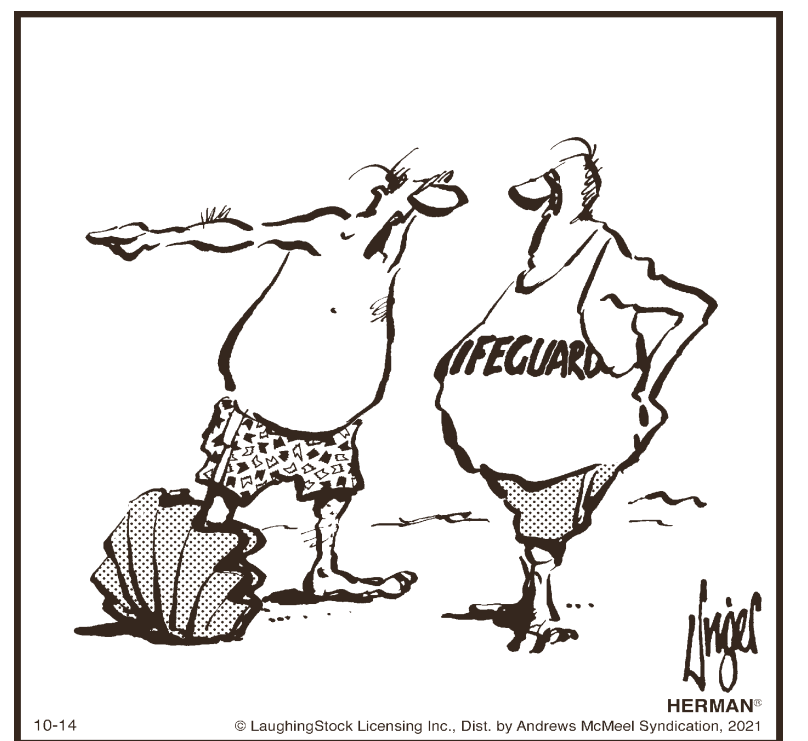
47 Small music maker

49 Kitchen pest



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HERMAN



"Couldn't you hear me shouting out there?"

HOROSCOPE BY EUGENIA LAST

Aries (March 21-April 19): Don't feel you have to pressure others to get what you want. Do what you do best, and everything will fall into place. A proposal you make will draw interest. ☆☆☆

Taurus (April 20-May 20): Don't get mixed up in someone else's business. Take on responsibilities that lead to a higher income, better cash flow and less debt. Learn from experience. ☆☆

Gemini (May 21-June 20): Look at the possibilities, then set your course of action. A disciplined approach to how you handle responsibilities will do wonders for your reputation. ☆☆☆☆

Cancer (June 21-July 22): Follow a path that allows you to use your skills uniquely. Taking a different approach to how you handle money will lead to greater control and less outside interference. ☆☆☆

Leo (July 23-Aug. 22): Map out your course and take flight. Don't waste your time following others. Take advantage of any opportunity that comes along, and you'll be calling the shots. ☆☆☆

Virgo (Aug. 23-Sept. 22): Learn from the changes others make. Be a good student and a better teacher. Set examples for others, and you will feel good about the decisions you make. ☆☆☆

Libra (Sept. 23-Oct. 22): Reconnect with someone you miss. A conversation will brighten your day and give you the reality check you need to recognize how far you've come. ☆☆☆☆

Scorpio (Oct. 23-Nov. 21): Take a wait-and-see approach to avoid getting caught up in someone's drama. Observation will help you make wise decisions when change is required. ☆☆

Sagittarius (Nov. 22-Dec. 21): Put on your hard hat, and take on physical tasks that need attention. What you accomplish will raise eyebrows and your reputation. ☆☆☆☆

Capricorn (Dec. 22-Jan. 19): Listen to what others say, and you'll learn information that will help you maneuver your way through a situation that has the potential to affect your livelihood. ☆☆☆

Aquarius (Jan. 20-Feb. 18): You can get ahead if you set up a safe long-term investment that will also add to your comfort and ease pent-up stress. ☆☆☆☆

Pisces (Feb. 19-March 20): Keep your business, passwords and plans to yourself. You will accomplish the most if you don't share your intentions with others. ☆☆☆

CLASSIFIEDS

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TRUE MODULARS 30 to 60 day delivery available, 3 and 4 bedroom. 573-657-7040 cha-teauhomes.net

TINY HOMES We gottem 573-881-3283

WANTED

WANTED TO BUY: Harley Davidson's, any year, any condition, cash money. Days 660-263-1356 or 660-537-0068

WANTED TO BUY: Farm Machinery and Estates. Call James L. Johnston. 573-473-4904

PASTURE AND HAY GROUND Needed around Adair & Knox County. Please Contact 660-216-5887 or 417-773-2507

FOR SALE:

FOR SALE: New 3 pt. tillers, heavy duty, gear driven, 7' to 10' starting at \$3050. 660-874-4455

FOR SALE: 2010 Case 8120 Combine, 2975 HR -2097 HR, NO DEF, RWA, DIF Lock, 620 Drive Tires, 28 Steer Tires, luxury cab, clean machine, \$85,000. 641-895-8014

FOR SALE: Registered AKC Labrador Retriever puppies, yellow. Farm-raised and loved! MO Health Certificate. Dam and Sire on farm. Ready to go now! Lay's Labs - LaBelle, MO 660-956-2482.

FOR SALE: Ford 4000 D SU, power steering, Live PTO, excellent paint & sheet metal, new tires, \$5500. 660-341-8089

FOR SALE: Homemade Candies, Fresh Garlic, Regular and Wide Mouth Jar Lids, Jams & Jellies, Spices, Honey S.S. One Piece Dippers 1oz to 8 oz S.S. Kitchen Wares, Air Freshness, Gift Items, Kerosene Lamps and Parts, Some Aladdin Parts, Poly and Wooden Clothespins, Filter Disks, Wooden handles, Blankets and Throws, Pint Jars, Boxed Cards, Coloring Books. Train Track Candies & More 11538 Iceberg Ave, La Plata 3rd Lane to your Left.

FOR SALE: Ford 5000 D, live PTO, power steering, good paint & sheet metal, good rubber, \$6500. 660-341-8089

FOR SALE: 5 X 5 1/2 big round bales of mixed grass hay, Baled dry no rain fertilized lab tested surface wrapped. Call 660-341-4031 Watson hay sales

MISCELLANEOUS:

Wevers Outside Wood Furnaces a dealer for Heatmor Stainless Steel Outside Furnaces, have an assortment of parts, line, and etc. Taking orders for new outside wood furnaces. Call 660-423-5242, cell 660-216-9885. Open 6pm-9pm Monday-Friday, Saturday anytime, call first.

HANDYMAN: Install interior and exterior doors and windows, siding, decks, showers and toilets, flooring and dry-wall, roofs and dirt work. 660-956-5135.

DIRT WORK All types of excavation, reclaiming overgrown fields, including CRP and WRP. Building site preparation, terrace and tiling maintaining and creating new trails and crossings, rock hauling, Food plot development and maintenance. Leveling and grading, wetland construction and maintenance. Pond and lake cleaning and construction. Call for quotes. 660-342-2701

IN THE 2ND JUDICIAL CIRCUIT COURT, ADAIR COUNTY, MISSOURI

Judge or Division: KRISTIE JEAN SWAIM	Case Number: 21AR-PR00078	FILED 09/15/2021 LINDA DECKER ADAIR COUNTY CIRCUIT COURT (Date File Stamp)
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In the Estate of SHIRLEY ANN MCAULEY, Deceased.

Notice of Letters Testamentary Granted
(Supervised Administration)

To All Persons Interested in the Estate of SHIRLEY ANN MCAULEY, Decedent:

On September 15, 2021, the last will of the decedent having been admitted to probate, the following individual was appointed personal representative of the estate of SHIRLEY ANN MCAULEY, decedent by the Probate Division of the Circuit Court of Adair County, Missouri.

The name and address of the personal representative is: Christopher J. Gardner, P.O. Box 831, Queen City, MO 63561

The personal representative's attorney's name, business address and phone number is: Mark Williams, 1003 E. Jefferson, Kirksville, MO 63501, 660-665-7777

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law. Such six-month period and such two-month period do not extend the limitation period that would bar claims one year after the decedent's death, as provided in Section 473.444, RSMo, or any other applicable limitation periods. Nothing in Section 473.033, RSMo, shall be construed to bar any action against a decedent's liability insurance carrier through a defendant ad litem pursuant to Section 537.021, RSMo.

Date of the decedent's death: July 18, 2020
Date of first publication: September 22, 2021
Linda Decker
Adair County Circuit Clerk

Receipt of this notice by mail should not be construed by the recipient to indicate that the recipient necessarily has a beneficial interest in the estate. The nature and extent of any person's interest, if any, can be determined from the files and records of this estate in the Probate Division of the above referenced Circuit Court.

KM-10KDE11739

IN THE 2ND JUDICIAL CIRCUIT COURT, ADAIR COUNTY, MISSOURI

Judge or Division: KRISTIE JEAN SWAIM	Case Number: 21AR-PR00052	FILED 9/16/2021 LINDA DECKER ADAIR COUNTY CIRCUIT COURT (Date File Stamp)
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In the Estate of JOE HENRY SHELTON, Deceased.

Notice of Letters Testamentary Granted
(Supervised Administration)

To All Persons Interested in the Estate of JOE HENRY SHELTON, Decedent:

On September 15, 2021, the last will of the decedent having been admitted to probate, the following individual was appointed personal representative of the estate of JOE HENRY SHELTON, decedent by the Probate Division of the Circuit Court of Adair County, Missouri.

The name, business address, and phone number of the personal representative is: Lisa Osborn, 34475 Highway 6 East, P.O. Box 46, Brashear, MO 63353

The personal representative's attorney's name, business address and phone number is: John Briscoe, 423 S. Main, P.O. Box 446, New London, MO 63459, 573-985-3411

All creditors of said decedent are notified to file claims in court within six months from the date of the first publication of this notice or if a copy of this notice was mailed to, or served upon, such creditor by the personal representative, then within two months from the date it was mailed or served, whichever is later, or be forever barred to the fullest extent permissible by law. Such six-month period and such two-month period do not extend the limitation period that would bar claims one year after the decedent's death, as provided in Section 473.444, RSMo, or any other applicable limitation periods. Nothing in Section 473.033, RSMo, shall be construed to bar any action against a decedent's liability insurance carrier through a defendant ad litem pursuant to Section 537.021, RSMo.

Date of the decedent's death: April 28, 2021
Date of first publication: September 22, 2021
Linda Decker
Adair County Circuit Clerk

Receipt of this notice by mail should not be construed by the recipient to indicate that the recipient necessarily has a beneficial interest in the estate. The nature and extent of any person's interest, if any, can be determined from the files and records of this estate in the Probate Division of the above referenced Circuit Court.

PUBLICATION DATES: SEPTEMBER 22, 29, OCTOBER 6, 13, 2021.


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SPORTS



Putnam County's Claire Tipton pitches Saturday during a 3-2 win over La Plata. AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS

Putnam County ends regular season

Midgets finish on 8-game winning streak, fends off La Plata

Austin Miller
Kirksville Daily Express
USA TODAY NETWORK

It's tough to enter the postseason with more momentum than Putnam County has right now.

After two wins Saturday against La Plata and Gilman City, the Midgets fin-

ished the regular season on an eight-game winning streak. With their renovated field in Unionville hosting the Class 2 District 6 tournament this week, the Midgets hope to keep rolling.

"Definitely playing our best softball at this particular time," said coach Mike Schmidli. "We've won eight in a row. We had a big win on Tuesday against Chilli-

cothe. That was by far our best outing. ... You have to play in competitively good ball games to learn how to win them."

As Schmidli said, Putnam (20-10) beat Chillicothe (25-4) this past week 2-1 in eight innings. The Hornets have been one of the top teams in Class 3 this fall, so that was a major feather in the Midgets' cap. So their confidence is ris-

ing at the right time.

Beating a tough La Plata (21-7) team was another boost, as the Midgets hung on for a 3-2 win on Saturday.

Senior third baseman Karlie Ingersoll smacked an RBI double in the first inning to put Putnam on the board. The Midgets added one more with an RBI single from Avigail Harlan. And they added one more in the fourth when

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Kirksville handles Mexico for big homecoming win

Austin Miller
Kirksville Daily Express
USA TODAY NETWORK

Friday was the last chance for Kirksville's seniors to get a homecoming win. And for a program that hadn't grabbed one of those in a while, the Tigers didn't want to go another year without some fun on a meaningful night.

The Tigers got that wish, beating Mexico 28-14 for Kirksville's first homecoming win since 2016.

"We talk about what kind of legacy you want to leave. How do you want your senior year to end? For our seniors, this was their last homecoming. They went out and battled and did a great job," said Kirksville coach Kevin Kriete-meyer.

"Homecoming obviously means a lot. It means a lot to everyone in this town. I'm just glad we didn't let anybody down," said senior receiver Randon Baumgartner. "Put on a show and got the W."

Kirksville (4-3) came into this week ready to flush away last week's 41-0 loss to Hannibal. Though the team thought the game was more competitive than the score indicates, it was a tough pill to swallow on the road. So having homecoming against a conference rival was just the motivation Kirksville needed.

The Bulldogs (5-2) were ranked ninth in Class 3 with the good start they've had, though four of their wins were against teams under .500. And a narrow Mexico victory last year was still on the



Kirksville quarterback Ike Danielson carries the ball on the scramble during Friday's 28-14 win over Mexico. AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS

mind of Kirksville this week.

"Coming back from last year, a one-point loss in overtime, it's a good revenge win," said senior lineman Owen Fraser. "It feels good to get 'em on homecoming, too."

Friday was a game the Tigers should have run away with early. They should have led 35-0 at halftime, but costly

mistakes hurt them.

The Tigers drove to the goal line late in the first quarter, only for quarterback Ike Danielson to lose the ball as he tried to get in the end zone. Mexico recovered the loose ball for a touchback. Kirksville later recovered a muffed Mexico kick to setup shop at the Bulldogs' 21-yard line. After moving up to the 11-yard line, Dan-

ielson stepped back to pass, throwing to end zone for Jaden Ballinger. But Mexico's Anthony Shivers beat Ballinger in the air for an interception, then returned it more than 100 yards for a score.

Those were two scoring opportunities that should have paired well with two big plays from Danielson to Baumgartner — one a 31-yard touchdown pass and the other a 65-yard score — to pull away. Instead, the Tigers clung to a 14-7 lead.

"I keep telling our kids that the only thing that stops us offensively is our mistakes and us," Kriete-meyer said.

Kirksville's offense stalled in the third quarter, leaving it to the defense to make key stops. That's just what the defense did, hanging in and making stops against Mexico's tricky veer offense.

With all of the moving pieces on Mexico's offense, it's easy to get confused and follow the wrong guy. But the Tigers kept their sight on the ball carrier and held them to minimal gains. The Bulldogs ran for nearly 300 yards, but those yards turned out to be pretty hollow.

"The defense played amazing and that's all that matters," Baumgartner said. "They did great, they've been doing great. But they've got to keep it up, (the offense) has to keep it up, and we have to keep rolling."

Mexico's lone offensive score came on a 40-yard run from Shivers. That made it a one-score game with 9:36 left

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Kansas City Chiefs quarterback Patrick Mahomes hangs his head during the second half of Sunday's game against the Buffalo Bills at Arrowhead Stadium. The defending AFC champion Chiefs struggled on both sides of the ball in a 38-20 loss.
ED ZURGA/AP

ANALYSIS

Chiefs are having issues on both sides of ball

Dave Skretta Associated Press

KANSAS CITY, Mo. — The raw statistics suggest the Kansas City Chiefs have one of the worst defenses in the NFL.

The eye test? Not much better. That was especially evident in a 38-20 loss to the Buffalo Bills on Sunday night, when the Chiefs gave up more than 315 yards passing and four total touchdowns to Josh Allen in losing the rematch of last season's AFC championship game.

Yet there is one problem on defense that is compounded by its partner problem on offense: turnovers. The Chiefs gave away the ball four times against the Bills — Patrick Mahomes threw two picks, one returned for a touchdown, and they lost a pair of fumbles — while their much-maligned defense failed to generate a single turnover of its own.

That dropped the Chiefs to minus-7 in turnover differential, better only than lowly Jacksonville in the entire NFL.

"It starts with me. Three of them were on me," Mahomes said. "It's something that I've not usually done in my career, but I have to reevaluate where I'm at, what decisions I'm making. We kind of hurt ourselves."

Indeed, Mahomes already has thrown six interceptions this season, the same number as last season and one

more than the Super Bowl championship season in 2019. His pick percentage has gone from a league-low 1.0% last season to 3.1% and twice he's thrown two interceptions in a game; he's thrown at least two just four other times in his career.

"Turnovers are a huge deal in this league. Turnover margin usually decides games," Mahomes said.

It's not just Mahomes, though. Clyde Edwards-Helaire's fumble in Baltimore cost the Chiefs (2-3) a chance to kick a winning field goal, and Byron Pringle has fumbled the ball on kickoff returns in each of the past two games.

"They've got to stop for us to be competitive. And that's my responsibility," Chiefs coach Andy Reid said, "so I've got to make sure the team plays the right way. Right now, we're not playing the right way."

That includes on defense, where the Chiefs have picked off just three passes and forced one fumble this season. They had 22 takeaways last season and 23 during their championship year but are on pace for less than 14 so far.

"We have just got to find a way to stop the bleeding," safety Tyrann Mathieu said. "If you look back we don't have a turnover the last three weeks. That is a big part of this game too, getting the ball back to your offense."

What's working

Harrison Butker is just about the only sure thing for Kansas City right now. The kicker is 5 for 5 on field-goal attempts after hitting both tries against Buffalo, and he is perfect on 19 extra-point attempts. He also hit a perfect pop-up kickoff late in the game that the Chiefs covered perfectly and nearly resulted in a turnover.

What needs help

Just about everything needs help, but a lot of it could be solved with better communication.

At least two blown coverages Sunday night were tied to miscommunication in the secondary and resulted in long pass plays, and on offense, Mahomes seemed out of synch with his wide receivers just about the entire night.

"Most of their explosive pass plays were guys running wide open down the field. Obviously, we don't practice that. Our coaches don't teach that," Mathieu said. "You've got to find a way to dig deep, man. Every team we play wants to beat us. They want to beat us bad. I think we have to understand that coming into these kind of games."

Stock up

Running back Darrel Williams ran five times for 27 yards, helping to give the Chiefs offense some balance. He'll be counted upon even more now that Edwards-Helaire is out for the foreseeable future with a left knee injury.

Stock down

Defensive end Frank Clark has been dealing with a hamstring injury and off-the-field legal trouble in California. When he's been on the field, things haven't been any better. Despite carrying a salary-cap hit of \$25.8 million — the highest in the NFL for a non-quarterback — he had just two tackles and a costly roughing-the-passer penalty against Buffalo.

Key number

0: Not only is that the number of turnovers the Chiefs forced Sunday night, it also was their sack total.

Next steps

The Chiefs have had one of the toughest five-game stretches to start a season in recent history. The road gets a bit easier beginning with a trip to Washington on Sunday.

LOCAL ROUNDUP

Oct. 9

High school softball

● Macon 14, Mexico 4 F/5

Macon — Brooke Weimer, WP, 10 Ks, grand slam, 4 RBI; Jacee Johnsen, 2B, HR, 3 RBI; Lexi Miller, HR, 3 RBI.

● Milan 10, Albany 0

Milan — Emerson Pauley, WP, 3-for-4, RBI; Amy Pickering, 3-for-4; Auburn Cole, 2 RBI.

● Gallatin 10, Milan 4

Milan — Amy Pickering, 2 RBI.

High school cross country

● Kirksville @ Hannibal

Kirksville — Boys, 3rd place; Jack Marlin, 15th; Girls, 4th; Addy Jorn, 7th; Kelsey Bird, 15th.

College football

● Truman 38, Missouri S&T 21

Truman — Cody Schrader, 278 rushing yards, 3 TDs; Nolan Hair, 155 passing yards, 1 TD, 1 INT; Tate Crane, 3 catches, 38 yards, 1 TD.

College women's soccer

● Truman 1, Indianapolis 1

Truman — Olivia Morris, goal.

College men's soccer

● Indianapolis 2, Truman 0

Oct. 8

High school football

● Milan 28, South Harrison 7

Milan — Deric Doport, 116 rushing yards, 2 TDs; Darren Doport, 76 rushing yards, 1 TD; Carlos Cotto, 78 rushing yards, 1 TD, 2 sacks, 1 fumble recovery.

● Scotland Co. 54, Miller 0

Scotland — Hayden Long, 124 rushing yards, 2 TDs, 100-yard pick 6; Alex Long, 66 rushing yards, 1 TD, 92 receiving yards, 2 TDs; Riley Small, 44 rushing yards, 1 TD; Elias Hatfield, 36 rushing yards, 1 TD.

● Gallatin 38, Putnam Co. 6

Putnam — Jake Rouse, 1 catch for 58 yards.

● King City 64, Schuyler Co. 0

No stats reported.

● Monroe City 58, Macon 38

No stats reported.

High school softball

● Schuyler Co. 17, Green City 0

Schuyler — Kyra Cullers, 2 HRs; Sidney Aeschliman, 3-for-3.

Green City — Maddie Lunsford, LP, 5 Ks.

● Brashear 8, Marion Co. 1

Brashear — Haley Mcnamar, 3-for-4, 2 RBI; Kynleigh White, 3-for-4; Sierra Snyder, 2 RBI; Paige Stutsman, 2 RBI.

High school girls tennis

● Kirksville @ individual sectionals

Kirksville — Maura Quigley (Ursuline Academy) def. Gracie Riemenschneider (KV), 6-3, 6-0.

Oct. 7

High school softball

● Kirksville 5, Battle 1

Kirksville — Jordan Meng, 2B; Gracelyn Johnston, 2B; Tacy Ensign, RBI; Jesi Night, RBI.

● Atlanta 2, La Plata 1

Atlanta — Wins Tri-County Conference title; Kaidyn Watson, RBI; Mati Pinkston, RBI; Abbie Farmer, WP, 1 hit allowed, 1 ER, 13 Ks.

La Plata — Brooklyn Carvajal, hit; Bryn Buescher, RBI.

● Schuyler Co. 7, Milan 0

Schuyler — Kait Hatfield, 2 2Bs, 2 RBI; Bailie Atkinson, 2 RBI.

Milan — Emerson Pauley, 2B.

● Blair Oaks 6, Macon 2

Macon — Lexi Miller, 2B; Brooke Weimer, HR, 2 RBI.

● Canton 5, Scotland Co. 1

Scotland — Kina Billings, 2-for-3.

● Putnam Co. 5, North Harrison 0

Putnam — Grace Schnelle, 2B, RBI; Karlie Ingersoll, 2B, RBI; Kora Bain, 2 RBI.

● Highland 11, Knox Co. 4

Knox — Daniela Dooley, RBI; Bri Miller, RBI; Taylor Walker, RBI.

High school volleyball

● Kirksville 3, Fulton 0 (26-24, 25-19, 25-22)

High school boys soccer

● Moberly 3, Kirksville 1

Homecoming

Continued from Page 9A

in the game. And an interception by Danielson on Kirksville's first play on the following possession didn't help. But the defense stood tall, and with 8:06 left, the Tiger offense put together a key drive to finish.

Three Mexico penalties aided Kirksville's effort to put the game away. After a defensive pass interference call, the Mexico sideline was flagged for its colorful disagreement with the call. An encroachment penalty a few plays later handed a great opportunity to Kirksville, which Danielson cashed in for a five-yard scoring run.

"To come around and play state-ranked and an extremely tough Mexico team ... that's a good statement for us," Krietemeyer said. "Obviously, we had the three turnovers and should've put more points on the board, but we did a great job. ... It's a tough, physical battle when you get in the NCMC."

Offensively, Danielson finished with 320 passing yards, 3 touchdowns, two interceptions and a fumble. Baumgartner was the main benefactor tonight, catching eight passes for 181 yards and two scores. Drew Chrisman hauled in a huge 27-yard score on 4th-and-10 in the first half.

With two weeks to go, the Tigers got a boost they desperately needed for the final stretch. On the road at Fulton (0-6) next week is a winnable game. Then

they host Capital City (1-6) on Oct. 22 to end the regular season.

The Tigers hope a strong finish helps them take the No. 2 seed in their district. Hannibal has a stranglehold on the top spot, but the Tigers could leapfrog Jefferson City with good finale. A higher seed helps them play at home longer.

If crowds remain strong — with Friday featuring packed bleachers and many more fans scattered around the outer ring of Spainhower Field — that hometown juice is key.

"This is the fullest I've ever seen the crowd," Fraser said. "Coming off of COVID last year where it was just a few people (in the stadium), it was great seeing everybody in the stands tonight."

Season

Continued from Page 9A

Karlie Seaton scored on a passed ball.

That was the crucial run after La Plata's offense came alive in the sixth after RBIs from Pieper Wood and Brooklyn Carvajal.

"Especially early, I thought we hit a lot of hard linedrives. We had runners on, I thought we did good executing bunts. We kept putting people in scoring position," Schmidli said. "You don't always score them, but that's your goal. ... That third run turned out to be huge because that was the difference. You never know when up 2-0, 3-0 what it's going to take, so you just try to add on. That's what our goal is."

Putnam ace Claire Tipton was steady in the circle to get the win. She looked forward to Saturday's game, excited to pitch against La Plata's lineup and duel with Bulldog ace Olivia Coy. With two of the top pitchers in the area meeting, runs are always at a premium. Tipton was just a bit sharper, allowing three hits, walking none, striking out seven, and allowing no earned runs.

Carvajal's double and a single from Kierstin Wood in the seventh were the only hard-hit balls against Tipton on the afternoon.

"She's talented enough that she can work through situations. She's going to be key for us next week, for sure," Schmidli said.

Putnam begins districts Wednesday against Trenton (9-18). Trenton beat Putnam 3-1 earlier this season, which now seems like forever ago. The Midgets hope to continue the hot streak they are on.

"Our theme is 'all in.' I think we have really just absorbed that as a mentality, and as a team to play our role no matter what it is on the field," Tipton said. "I think that's really clicked these last few weeks. We're here as a team no matter what the role is."

"We're here as a team

no matter what the role is."

Claire Tipton

Putnam County player