

Who is the boys track athlete of the year?

SPORTS, 8A

Kirksville Daily Express

WEDNESDAY, AUGUST 11, 2021 | KIRKSVILLEDAILYEXPRESS.COM

PART OF THE USA TODAY NETWORK



More than 330 kids participate in the 2021 Kirksville Kids Mini Mud Mile Run on Saturday, Aug. 7. For a full photo gallery, visit KirksvilleDailyExpress.com. PHOTOS BY AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS

Children make mess with mud run







ATSU starts second year of Community Mentors Program with SB40 grant

Austin Miller

Kirksville Daily Express USA TODAY NETWORK

Jacob Speechley made a friend for life through one course at A.T. Still University.

Speechley, a third-year medical student, participated last year in the first edition of the Community Mentors Project, where ATSU students partnered with individuals with developmental disabilities to learn how to best serve

and accommodate those individuals in health care. Patty Sutton was his mentor and their relationship flourished beyond the program, still keeping in touch and joking with each other.

"The biggest thing that I walked away with was just confidence. I felt comfortable really being around members of the IDD community and feeling I knew how to interact with them," Speechley said. "There really is no secret to it. The IDD

See MENTORS, Page 3A



Patty Sutton, left, and Jacob Speechley show off some of the paintings Sutton made during the Community Mentors Project. AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS

More time?



NEWS

State expands emergency COVID-19 transport aid

Galen Bacharier

Springfield News-Leader
USA TODAY NETWORK

JEFFERSON CITY — Missouri is sending ambulance teams throughout the state to help transport COVID-19 patients in an escalation of statewide efforts to relieve straining hospitals, Gov. Mike Parson's office said Friday.

Thirty ambulances and more than 60 medical staff, sent in response to a FEMA request, are heading to five initial regions throughout the state, including southwest Missouri, to begin moving patients. They will travel wherever assistance is most needed until September 5, Parson's office said in a Friday news release.

A team of 10 ambulances sent to the Springfield area last month from Arkansas will be replaced by 13 ambulances from the FEMA request. Parson touted that initial team's help in lifting some strain from local hospitals, which have been packed with COVID-19 patients amid one of the worst Delta variant outbreaks in the country.

"The ambulance strike teams we positioned in Springfield have been ex-

See AID, Page 11A



Ambulance crews unload equipment July 23 at the DoubleTree Hotel. The crews are part of a medical team that was sent to Springfield to help transport COVID-19 patients in the area. Similar FEMA teams have been deployed throughout Missouri to transport patients starting this weekend. ANDREW JANSEN/NEWS-LEADER





Beginning today, Nationwide Coin & Bullion Reserve will take orders on a first-come, first-served basis for these beautiful one ounce \$50 Gold American Eagle coins. Gold Eagles are the perfect way for Americans to protect their wealth and hedge against inflation and global uncertainty. This offer is for new customers only. There is a strict limit of one coin per household, per lifetime. Nationwide has set these one ounce \$50 Gold Eagles at the incredible price of

only \$1,800.00* each. There are no mark ups, no premiums, and no dealer fees. This at-cost offer is meant to help ease the American public's transition into the safety of gold. Global turmoil, an overpriced stock market, and the recent gold correction make this the perfect time to move into gold. Everyday citizens make the decision to move away from a declining dollar and the dangers of Wall Street toward the safety of gold. Call today to order your one ounce \$50 Gold American Eagle at dealer cost for only \$1,800.00* each.

AT COST, ABSOLUTELY NO DEALER MARK UP! CALL NOW!

AT NATIONWIDE COIN & BULLION RESERVE WE GUARANTEE THAT YOUR FIRST PURCHASE OF ONE \$50 GOLD AMERICAN EAGLE WILL ALWAYS BE AT COST AND COMPLETELY FREE OF ANY DEALER MARK UP.

We cannot extend this invitation to the entire public. Hopefully, the lucky few who receive this offer will take advantage of this rare opportunity to learn about the safety in gold diversification.





Trustpilot



Rated "EXCELLENT"

Leading financial experts predict the gold market to continue in the same pattern witnessed over the last year. Due to ongoing international uncertainty, the price of gold is predicted to skyrocket. This may be your final opportunity to buy gold below \$2,000 an ounce. Contact NATIONWIDE COINS today to take advantage of this once-in-a-lifetime opportunity to own gold completely free of any and all dealer fees. CALL NOW!





855-228-2283

MENTION KEY CODE WHEN CALLING
KEY CODE: GAN-210703

*Advertised price at time of printing. Ad creation date 6/21/2021. Actual price may be higher or lower due to fluctuations in the gold market. Call for lowest At-Cost price. Nationwide Coins has the lowest advertised price for \$50 Gold American Eagles in the industry. We will match any other verified offer of the advertised coin. Nationwide Coin & Bullion Reserve is a retailer of precious metals and rare coins and does not provide investment advice or financial planning. Anyone considering purchasing metals or rare coins as an investment should consult an investment professional. All transactions with and purchases from Nationwide Coin & Bullion Reserve are subject to its Terms & Conditions, which are available for review on its website at www.nationwidecoins.com/terms-conditions.

Kirksville Daily Express

110 E. McPherson St., Kirksville, MO, 63501 P.O. Box 809 • 660-665-2808 kirksvilledailyexpress.com

CONTACT THE KIRKSVILLE DAILY EXPRESS

Austin Miller Editor
amiller@kirksvilledailyexpress.com

Dawn Burgin Circulation
dburgin@gannett.com

Scott Jarvis Advertising
sjarvis@localiq.com

SUBSCRIPTION RATES* (by mail within the state)

Wednesday, Saturday home delivery+digital access 1 month \$27.50
3 months \$70.62

3 months \$70.62 52 weeks \$199.95 *Please call for out-of-state rates. *Plus applicable tax **Disclaimer:** Print delivery available only within the newspaper distribution area. By submitting your address and/or email, you understand that you may receive promotional offers from Gannett and its related companies. You may unsubscribe from receiving any such offers at any time by contacting customer service at 660-665-2808.

The advertised price does not include the charges for any premium editions. Premium editions are published to provide additional information and value to our readers. You agree that you will be charged up to an additional \$5.00 for each premium edition published and delivered to you during your subscription period, in addition to the cost of your subscription.

The length of your subscription will be shortened by the publication of premium editions if those premium editions are delivered to you during your subscription. Thus, unless you elect to be billed separately up to an additional \$5.00 for each premium edition, you agree that the length of your subscription will be shortened in proportion to the value of the number of premium editions published and delivered to you during your subscription period.

As an illustrative example, if you select a subscription of up to 12 weeks at a cost of \$48.00, and two premium editions at \$2.00 each are published and delivered to you during that subscription period, your subscription will be shortened by 1 week because the weekly cost of the subscription is \$4.00 per week and the premium edition charges

Depending upon the length of your subscription and the timing of the publication and delivery of premium editions, you will not be charged for any premium editions if none are published and delivered to you during your subscription. As such, in that case only, the length of your subscription will

not be shortened. The timing of the publication and delivery of premium editions is variable. There will be no more than one premium edition published each month during the subscription term. If you sign up for our EZPay program, your subscription will automatically be charged to your credit card

automatically be charged to your credit card 0 to 14 days prior to your current expiration date, for the duration of your subscription or until you notify us otherwise.

For more information or to cancel your subscription please call 660-665-2808.

USPS 296-060; periodicals postage paid at Columbia, Mo., and at additional mail offices.

Postmaster: Send address changes to 110 E. McPherson St., Kirksville, MO, 63501, (P.O. Box 809). Published Wednesdays and Saturdays, it may not be published on the following holidays: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and Christmas.

State requests more time to implement Medicaid expansion

Galen Bacharier

Springfield News-Leade USA TODAY NETWORK

JEFFERSON CITY — Attorneys suing to expand Missouri's Medicaid program asked a judge Friday to order that expansion to proceed as quickly as possible, while the state is requesting two more months to prepare for the process.

The two sides met in a Cole County courtroom in front of Judge Jon Beetem, who has been tasked with deciding how expanded enrollment should proceed for the low-income health care program.

Friday's hearing was ordered by the Missouri Supreme Court after it unanimously overruled a previous Beetem decision and declared that an amendment approved by 53 percent of Missouri voters in 2020 was constitutional, paving the way for 275,000 additional Missourians to enroll in Medicaid.

Attorney Chuck Hatfield, who represents three women suing the state, told the judge he thought the matter at hand was simple, but that he and attorneys representing the state had a "fundamental disagreement" on the purpose of the hearing. Hatfield said he and his colleagues believed Beetem should forbid the state from denying anyone from MO HealthNet, the state's Medicaid program — operating under the assumption that the state would act "in good faith" to proceed with expansion as quickly as possible.

"Don't deny, that's what we're asking

you to tell them," Hatfield told Beetem. When they get around to enrollment, there's a series of steps and processes, but at this point, it doesn't really matter. We're not asking the court to get into the business of running the Medicaid pro-

Solicitor General John Sauer asked the judge to schedule another hearing in the future to further sort out details of the process, including testimony from someone at the Department of Social Services. The department, which oversees MO HealthNet, would need more time to prepare for the full program's implementation, Sauer argued - which could include updating technological capacity and hiring more staff.

"My understanding has been that the plaintiffs and the department have different expectations about how quickly the program can feasibly be implemented," Sauer said. "(The plaintiffs' request) appears to order the department to do things immediately that are not immediately feasible."

In comments both in the courtroom and following the hearing to reporters, Hatfield said he understood it would take some time to get the entire expanded program up and running, but he believed the state should immediately begin complying with what the Supreme Court ruled.

"We don't think they're entitled to another two months of not complying with the law," Hatfield said. "Yes, sometimes it's hard to comply with the law.



Cole County Circuit Courthouse on June 21 in Jefferson City. A hearing at the circuit court Monday was the first step in the legal battle over Medicaid expansion in Missouri. GALEN BACHARIER/SPRINGFIELD NEWS-LEADER

"Don't deny, that's what we're asking you to tell them. When they get around to enrollment, there's a series of steps and processes, but at this point, it doesn't really matter. We're not asking the court to get into the business of running the Medicaid program."

Chuck Hatfield

And we all need to do that."

The attorney also argued that the state had months prior to the legal battle to begin preparing for expansion — which was set to begin July 1 before the state legislature cut its funding from the annual budget and the issue went to the courts.

A ruling from Beetem on the next steps of enrollment is expected to come soon, the latest step in a legal process that has proceeded quickly due to the original July 1 deadline and the stakes of the case.



Participants of A.T. Still University's Community Mentors Project accept a ceremonial check from Adair County SB40 for the second year of the program. Pictured are, front row from left, Crystal Aminirad, Patty Sutton, Ashley Stribling, Dennis Miller; back row from left, Lisa Millar, Jacob Speechley, David Bailey, Chuck Comstock, Shelby Terrell and Ellen Cravens. AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS

Mentors

Continued from Page 1A

community is just like everyone else, and they're some of the most incredibly kind and funny and generous people that I've ever met. So this whole experience opened my eyes to that. Hopefully for Patty, my mentor, she realized all the doctors here ... are kind, caring and funloving people that want to help them."

Did Sutton feel the medical students gained a better understanding of how to work with individuals with developmental disabilities?

'Yep, but they've got to watch out for this one," Sutton said, nudging Speechley.

The Community Mentors Project started last year, aided by a \$25,000 grant from the Adair County SB40 board. That partnership continues into a second year this fall as SB40 awarded another \$24,390 to the project. SB40 generates funds through Adair County taxes and provides services for more than 400 individuals across Adair, Putnam, Schuyler, Scotland and Sullivan counties.

Last year, 46 ATSU students participated in the course, partnered with 23 IDD mentors. There was a waiting list for students last year, so the hope is to grow the program this fall. To do that, the course needs more mentors. A signup page is supposed to be added to SB40's website (sb40life.org) in the next few days to boost that.

"I've seen some of the inadequacies in our health care system, especially related to treating and working with individuals with intellectual and developmental disabilities, so I was super excited last year that we were able to get the elective started with the help of SB40," said Shelby Terrell, a second-year med student who is now on the course's advisory board. "So we're super excited that this year, they're going to help us get it rolling again."

Most of the program was done virtually due to the pandemic. Faculty from Truman's Disability Studies Minor program helped develop lectures. There were virtual health fairs, with one inperson event happening earlier this spring, and standardized patient encounters. Those were mock doctor visits where the students had to treat the mentors. The students learned the right and wrong ways to interact with individuals with developmental disabilities, while the mentors learned to better advocate for themselves in medical settings. It was a two-way learning oppor-

tunity that benefited all involved. "One of the things that a lot of us with developmental disabilities face in the medical community is, when we go into doctors offices or deal with nurses or other people in the medical profession, they are not comfortable around us, which is very apparent to us, which, in turn, makes us uncomfortable," said Dennis Miller, a lifelong Kirksville resident. "When you go to a medical facility for any reason, the thing that you want more than anything else is to be comfortable, and feel like the person treating you is going to do their best to give you whatever it is you need. ... When that person themself has a feeling of being uncomfortable, because they're not used to dealing with someone with a

disability, that can make for a very diffi-

cult situation.

"The ATSU students will go into their profession with an understanding of the fact that we are not that much different than they are," Miller said. "Therefore, they'll be able to go into this situation with the feeling of, 'Hey, this is no big deal.' Therefore, it's going to put us and future people with intellectual and developmental disabilities in a much better situation."

Only about 20 medical schools in the nation offer any education involving the IDD population. Speechley said those

topics were rare until he did the course. "That's not ATSU's fault, it's just medicine in general. If this can help start to bring about that change, then I think we've done what we set out to do," Speechley said.

Crystal Aminirad became SB40's Executive Director earlier this summer, so she didn't see much of the project in its first year. But she has previous experience supporting the IDD community in health care, so she was excited this project started. She said she took an individual with a disability to a doctor's appointment years ago, where that person was in the ICU and needed a minor surgery to help them. Their usual doctor was on vacation, so a different one handled this visit. Aminirad said the doctor refused the operation because the individual didn't have the quality of life to merit the procedure. That person waited several days for their doctor to return and order the treatment.

One doctor's judgment and misconception prevented someone from getting the care they needed. With the Community Mentors program continuing and growing, the hope is that will become less of a problem.

"All of these residents experienced first-hand in those appointments the level of care that those individuals need, and ensured that it is quality care. Then they will not only improve what's available to this community, but they will take those lessons out and share them around the world," Aminirad said.

The students and mentors certainly benefited from Year 1. So much so that the students feel the program should be a requirement, not just an elective. Ellen Cravens, a second-year med student and advisory board member, said that is their goal.

'We're trying really hard to get it implemented into our curriculum," Cravens said. "We think that every single student should take it. We're trying to push as many students and encourage as many students to join and get to know it. But that's definitely one of our main goals, to get it into the ATSU curriculum."

And Aminirad hopes it can expand from the Kirksville College of Osteopathic Medicine. She'd like to see AT-SU's Missouri School of Dentistry & Oral Health get involved, as well as Truman's nursing and speech pathology programs. But what's happening now is still a great step forward.

What these ATSU students have done is, plant a seed that has the potential of growing into something that literally will change our community, our outlook and inclusiveness, and the resources provided," Aminirad said.

OPINION

EDITORIAL USA TODAY

Eviction crisis has billions of dollars waiting in the wings

From COVID-19 to the collapse of the economy that followed, the nation has had plenty of disasters for which it was caught unprepared. But the brewing eviction crisis is not one of them.

Even as President Joe Biden took the legally questionable step Tuesday of partially reinstating a federal moratorium on evictions that had expired last weekend, the money for months has been there to

Congress allocated \$25 billion in rental assistance in December and an additional \$21.55 billion in March

The problem – quite simply – has been getting the cash from A to B. Only \$3 billion has gone out to renters since states received the first tranche of funds Feb. 10, and there's more than enough blame to go around. That leaves \$43.55 billion unspent.

Confusion about aid, how program works

The Biden administration and state governments could have done a better and more creative job of making Americans aware of the relief. Even as late as May, more than half of renters and 40% of landlords didn't even know the program existed. And among those aware of the program, there was confusion about how it worked.

The federal government took weeks to notify states they could ease back on some of the onerous paperwork the previous administration required to apply for relief.

And while it certainly isn't easy for any state to quickly implement a new federal benefit, some seemed to have moved at a glacial pace. Dozens of state and local governments didn't begin disseminating funds until May. Rhode Island, to name one, started issuing relief payments in May, but only to six households. By contrast, Virginia and Texas moved more rapidly, and had doled out tens of millions of dollars by early July.

In recent weeks, as a new variant of the coronavirus has caused the pandemic to come roaring back, liberal Democrats have angrily demanded that Biden issue an executive order extending the moratorium on evictions. It was originally issued by the Centers for Disease Control and Prevention last year, at a time when the viral outbreak was decimating the economy and nearly 30 million risked losing their homes for lack of rent money. The moratorium was extended several times since.

Biden initially complained that his hands were tied after a majority of the Supreme Court, in responding to a lawsuit by landlords in June, indicated the CDC exceeded its authority and the moratorium must end July 31.

But under intense pressure from his party's liberal wing and a plea from House Speaker Nancy Pelosi, Biden acquiesced Tuesday and the CDC issued a new moratorium through Oct. 3 targeting "counties experiencing substantial or high rates of transmission" of

If that holds up in court, which is open to question, the new eviction ban will allow additional time for rental relief payment to reach tenants. But through all this, the rights of landlords should not be dismissed. They have lost money for nearly a year under the previous moratorium. Forty-one percent of individual rental units are mom-and-pop operations, and many rely on that income to pay their own bills. In Arizona, 11% of landlords have been forced to sell property and 12% have gone out of business, according to an advocacy group.

Stakes are high, solution is waiting

The bottom line is that this is a crisis with a solution waiting in the wings. Federal and state governments could do a better job of raising awareness of the rental relief program. Biden could talk about it. Alerts could be issued at vaccination sites, or people could be informed about it when they visit food pantries and shelters, or through programs administering Medicaid or food stamps.

In communities where the new moratorium doesn't apply, or should it expire or be struck down by the courts, judges handling eviction cases could divert them until landlords and tenants cooperate to seek federal rental assistance – certainly the most effective way for property owners to recoup missed payments.

The stakes are high. More than a million people fear eviction without a moratorium.

Biden stood before a joint session of Congress in April to make the case that government can still get things done for the American public.

This eviction crisis could very well be a crucial test

of whether the president's right.



Why we need more conservatives to spread news of COVID-19 vaccines

David Plazas

Columnist Nashville Tennessean

USA TODAY NETWORK - TENNESSEE

Conservative leaders and influencers have started to become more vocal about urging their followers to get the COVID-19 vaccine.

This is an important development even if it has taken longer than necessary and even as vaccinated Americans have become frustrated with hesitant citizens over newly re-imposed COVID restrictions and protocols at places like Walmart, McDonald's and the NFL.

The virus has been politicized since the start with ideological fights over the origins, the science, the severity, the protocols, the press coverage and the reliability of the cures.

Tennessee, which by a 2-to-1 margin went red in the 2020 presidential election, has a fully vaccinated rate of only 39.3% compared with 58.2% for the U.S. The state is reaping the consequences of hesitancy in skyrocketing cases, hospitalizations and deaths, primarily among unvaccinated people.

It appears, however, we have come to a point where leaders are finally starting to agree on a common set of facts: COVID-19 is highly infectious and deadly to a significant group of citizens, the delta variant is even worse, vaccines are safe and effective, and citizens should get the jab in the arm.

Phil Valentine and Ben Shapiro get on pro-vaccine bandwagon

Consider:

• USA TODAY Network - Tennessee publications ran guest essays recently by 16 of 27 GOP state senators and state House Rep. Sabi Kumar, who happens to be a doctor, ramping up the urgency at which citizens should act to get vaccinated.

• Talk show host Phil Valentine, who whether for real or entertainment minimized the virus and mocked vaccines, is ailing in the hospital with CO-VID-19. His family is urging his listeners and the public to get inoculated.

• On Tuesday, former Trump administration Health and Human Services Secretary Alex Azar, the architect of Operation Warp Speed that expedited vaccine development, wrote an op-ed in The New York Times, urging Americans to set aside politics and get the cure.

• That same day, commentator and recent Tennessee transplant Ben Shapiro tweeted about the benefits of the vaccine versus the costs of hospitalization and potential death: "Here are your choices: (1) Get vaxxed, probably avoid covid altogether and if you do get it, get mildly ill and almost certainly avoid

death; or (2) Don't get vaxxed, likely get covid, most likely get somewhat ill, but retain a far higher chance of death than the vaxxed."

An Axios-Ipsos poll released Monday showed vaccinated Americans overwhelmingly placed the blame on unvaccinated citizens for rising cases of COVID-19. Unvaccinated Americans, on the other hand, mostly blamed foreign travelers and the "mainstream media."

But blame will not solve the problem. In an overwhelming conservative state, we need conservative voices to send the right messages about the virus and

But there's more they can do.

From personal choice to public responsibility

Politicians from Gov. Bill Lee to the state senators have emphasized that getting vaccinated is a personal choice and have gone out of their way to assuage the fears of people who want to be exempt from inoculation, whether for religious or medical reasons.

They ought to increase the level of urgency of their rhetoric, that while it is a personal choice, there is something to be said about being responsible and accountable to your community.

If our hospitals become overwhelmed again and patients could have done something to avoid it, who must shoulder the consequences? The answer is clear when more than 95% of those hospitalizations are among unvaccinated people.

Second, Tennessee has offered no incentives for people to get a vaccine, yet taxpayers are footing the bill for tourist airfare.

Other states have offered scholarships, money rewards, beer, etc., with mixed results. Tennessee should give it a go.

This leads to a final point: If people won't take the carrot, you are left with a stick.

This is difficult in Tennessee where top leaders are opposed to mask mandates and vaccine passports.

A few years ago, former Sen. Lamar Alexander told The Tennessean Editorial Board that the reason insurance companies went from offering employees who filled out annual health surveys monetary rewards to taking money away from those who didn't was because the stick worked better than the carrot.

This will neither be preferable nor popular, but when the COVID numbers are trending in the wrong direction with no short-term relief in sight, what other choice do you have?

David Plazas is the director of opinion and engagement for the USA TODAY Network Tennessee. He is an editorial board member of The Tennessean. He hosts the Tennessee Voices videocast. Call him at 615-259-8063 or email him at dplazas@tennessean.com or tweet to him at @davidplazas.



Conservative commentator Ben Shapiro delivers a lecture April 10, 2019, at Grand Canyon University. Ben Shapiro tweeted on Tuesday about the benefits of the vaccine versus the costs of hospitalization and potential death: "Here are your choices: (1) Get vaxxed, probably avoid covid altogether and if you do get it, get mildly ill and almost certainly avoid death; or (2) Don't get vaxxed, likely get covid, most likely get somewhat ill, but retain a far higher chance of death than the vaxxed." GRAND CANYON

The benefits of taking a phone break



Dear Annie: I made the decision to put down my phone for a while, and the results have been wonder-

Today was my "allowed" day to pick up my phone again. I had given myself a three-day restriction, and

today was the fourth day. During those three days, I only answered for my dad calling. He's 86, and I don't want to miss one minute of

his time with us. But that was all I allowed myself to do. I cannot believe how much I have gotten done in my little apartment. It's all shiny and organized again.

I am going to follow this rule weekly.

I believe it is the best idea I've ever had, and it's good to see others have come to the same conclusion.

I've got a great movie waiting for me, so I'm putting this phone down again to enjoy my time.

Feeling Free Again

Dear Feeling Free Again: When we say no to certain behaviors, we say yes and open the door to other positive behaviors. Thank you for sharing your experi-

Dear Annie: I was in an abusive, controlling marriage when my children were small, and I couldn't leave until they created their own lives. I finally got out of this marriage, after 37 years, thank God!

While I found my way out, my problem is in how best to move on – to create my own life away from him. Sometimes, I feel lonely and scared, and at times, I question whether I will be able to make it on my own.

I know that's how he made me feel – like I couldn't do anything for myself - and he has destroyed so many relationships in my life.

He has turned so many people against me.

He did this with lies and by making people believe

I finally realized that he was a narcissist who was very cunning and always fooling me. Please see if you can give me some support and advice not to let this person ever fool me again with his lies. Thank you. Married to a Narcissist

Dear Married: Congratulations on leaving what was a terrible situation for you. There are support groups you could join that would help you recover from the abuse that you suffered from your husband. Look up https://narcissistabusesupport.com/nar-

cissist-abuse-support-groups/. The best thing is that you are away from his toxicity, which can only leave you feeling drained and hollowed out. It's time to rebuild the pieces of your selfesteem that he spent years destroying. Allow other people, such as a good therapist or members of a support group, to help you put back those pieces.

Dear Annie: I just want to put this out there. I am a 63-year-old woman. I was bullied in school for no reason at all. I was never the type to fight back or say anything, and after all these years, it still bothers me. I was afraid to tell my parents what I was going through. I taught my kids to come to me if they were ever treated like this in school. Please, parents, question your children; ask them if things were OK in school. Bullying is not right at any age!

Still Have Scars

Dear Scars: I am sorry that you had to experience bullying at all. You are correct that the scars still remain. I hope that with the help of a good therapist, you can heal some of that past hurt so that you can be

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book - featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit http://www.creatorspublishing.com for more information. Send your questions for Annie Lane to dearannie@creators.com.

Obituaries

TODAY'S OBITUARIES AND DEATH NOTICES

Name *Bunch, Curtis Gene Age Town, State

Death Date Arrangements

05-Aug Travis Funeral Chapel

* Additional information in display obituaries Obituaries appear in print and online at legacy.com/obituaries/kirksvilledailyexpress



Curtis Gene Bunch

Curtis Gene Bunch, age 82 of La Plata, Missouri, passed away Thursday, August 5, 2021 at Samaritan Hospital in Macon, Missouri.

Born April 1, 1939 in St. Louis, Missouri, the son of Ernest and Zelma (Thurston) Bunch. On September 12, 1984 in Elko, Nevada, he was

united in marriage to Arlene Vaughn who survives. Also surviving are two sons, Randy and Danny (Teena) Bunch of La Plata, Missouri; one daughter, Kristina (Chris) Wolf of Columbia, Missouri; five grandchildren, Curtiss (Jess) Bunch, Christian (Jessica) Bunch, Braden, Hunter, and Tenley Wolf; one great granddaughter, Briley Bunch; and several nieces and nephews.

His parents and three brothers, Darrell, Paul, and Leon Bunch preceded him in death.

Gene was a 1956 Graduate of La Plata High School. He was an engineer with the BNSF Railway, retiring in 2001. He was a Past Master and 50-year member of the La Plata Masonic Lodge, and was a member and Deacon Emeritus of the La Plata Christian Church.

Gene was many things to many people; Beaky to some; Bunchie to others; husband, dad, grandpa to a special few; and a friend to many. He was a child of God. It made no difference if you were family, friend, fellow competitor, hunting companion, or teammate. He was admired for his innate ability to perform at a high level with grace and integrity, and had a great laugh when it fit. He was a man well respected.

Gene enjoyed hunting, golfing, and St. Louis Cardinal Baseball. Most of all, he loved his family. He took pride in the sporting and academic accomplishments of his kids and grandkids, but even more so in the fact the life values he strove to teach them were reflected in the good, honest people they have become.

Masonic services followed by the funeral service will be 1:00 p.m. Sunday, August 8, 2021 at the La Plata Christian Church. Inurnment will be in the La Plata Cemetery.

The family would like to encourage everyone

attending to wear a mask.

Memorials in memory of Gene may be made to the La Plata Christian Church or to the donor's choice. They may be sent to or left at Travis Funeral Chapel, 125 S. Church St., La Plata, MO 63549.



Hints From Heloise

Secret to fluffy rice

Dear Heloise: My rice always seems to stick together. I have no idea how to get fluffy rice. Do you? Please let me know what the secret is.

Candice G, Liberty, Pa.

Candice, yes and it's so easy. To make fluffy rice, add 1 teaspoon of white vinegar to the cooking water. You also can add a teaspoon of vinegar to the water while boiling potatoes to keep the potatoes a creamy white. There are so many uses for vinegar in food preparation and for household hints. However, we have it on good authority from the American Egg Board that adding vinegar to water in which eggs are being boiled does NOT make them easier to peel.

If you like simple and economical ways to use vinegar, then you'll enjoy my pamphlet Heloise's Fantabulous Vinegar Hints and More. It contains not only recipes, but many hints on how to use vinegar to save you time and money. To get a copy, go to Heloise.com, or send \$5, along with a stamped (75 cents), self-addressed, long envelope to: Heloise/Vinegar, P.O. Box 795001, San Antonio, TX 78279-5001. This is a pamphlet you'll refer to often.

Heloise

Dear Heloise: How can I kill bacteria on my sponges?

Georgia S., Boca Raton, Fla.

Georgia, the U.S. Department of Agriculture recommends two methods. First, place a sponge in bowl of water and microwave for about 50-60 seconds. Or place in the dishwasher and wash it with the rest of your dishes. Let it go through the entire wash and dry cycles. And remember, it will be very hot when it's done, so handle with care.

Dear Heloise: I have a very small apartment kitchen, but I love to cook. I've found that if I open a kitchen drawer and place my large cutting board on top of the open drawer, I have a little more counter space. This can also work if you have a sink and a large cutting board. Just place the board over the sink.

Christine D., Newport News, Va. Dear Heloise: Recently my family and I went to a vacation area to enjoy a few days of relaxing in the sun. Our daughter was celebrating her 16th birthday that week, and I bought a large birthday cake. Everything was fine until I went searching for a knife to cut the cake and realized I didn't have a large knife with me. My son said we could use clean dental floss to divide up the pieces, and we did. It turned out perfect and no messy, sharp knife to clean afterward!

Gloria M., Boston

Dear Heloise: From a very early age, I taught my children to enjoy growing things, and one of our favorite lessons was growing fresh herbs on our windowsill. Not only has it inspired them to prepare foods with fresh ingredients, it's also made them more aware of how good nutrition affects our bodies. They have also taught my grandchildren about the importance of a balanced diet. These lessons begin at home.

Margaret A., Foothill Ranch, Calif.

IN YOUR OWN BACKYARD

Debi Boughton, Kirksville Tourism Director, has some suggestions for enjoying time "In Your Own Backyard." For any activities, be sure to follow the CDC guidelines for health and safety. If you have ideas or suggestions email: debi.boughton@visitkirksville.com.

Friday, Aug. 13

Bring your lawn chair for the Summer on the Square concert. Lenny Spy, a rock band from Columbia, performs beginning at 7:00 p.m. on the courthouse lawn. For more information call 660-665-0500.

Saturday, Aug. 14

- The Kiwanis Farmers Market is downtown on Elson Street from 7:00 a.m.-12:00 noon. Stroll along and find wonderful fresh produce, baked goods and more. For more information call 660-988-0419.
- Today is World Honey Bee Day! World Honey Bee Day began as National Honey Bee Day in 2009 with a proclamation issued by the Secretary of Agriculture, Thomas J. Vilsek. The day grew rapidly bringing awareness to the benefits and environmental needs of honey bees, according to the National Day of Calendars. So, buy some local honey today. To get my honey cookie recipe email: debi.boughton@visitkirksville.com.

Monday, Aug. 16

The Adair County YMCA has posed their fall schedule of activities and classes for children and adults. Now is the time to register for fall classes. For more information call 660-665-1922 or go to: adairymca.org.

Tuesday, Aug. 17

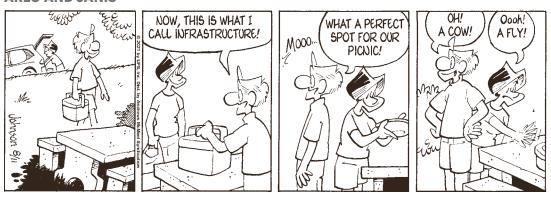
Have you tried the ukulele class at the Adair County Library? The class is each Tuesday at 6:00 p.m. on the lawn of the library, 1 Library Lane. Tim Cason teaches and plays the ukulele. This class is free. You may bring your own ukulele or borrow one from the library. Also, bring your own chair. For more information call 660-665-6038.

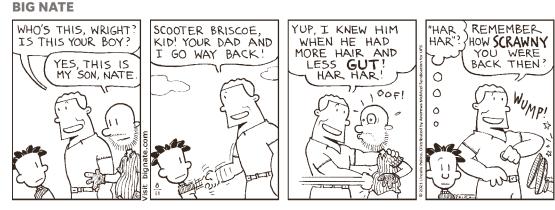
Wednesday, Aug. 18

Welcome, Truman Students! Today is move-in day at Truman State University. The dorms are open and new students arrive in town. When you see the new students, wave, smile and give them some Kirksville hospitality. For more information call 660-785-4000.

COMICS

ARLO AND JANIS

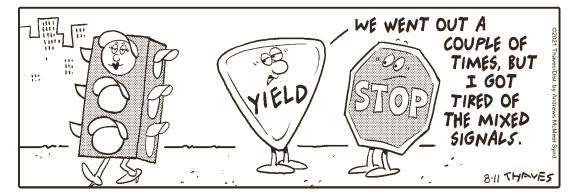




THE BORN LOSER



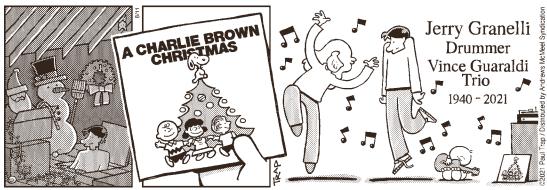
FRANK AND ERNEST



MONTY



THATABABY



SUDOKU

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS ANSWER

3 8 7

5 9 2

2 7 9

6 3 1

2

5

2 5

1 6 8 5 3

9 8 5 4 3 1 2

6 4

7 5 9

4 1

		3	4	1	5			
6		4	7	8				
1				2				7
	7	9	8	4				
2		6				4		8
				6	3	1	7	
4				3				1
				9	8	7		4
			5	7	4	3		

CROSSWORD

ACROSS 1 Nothing 6 Like magma 12 Island	40 Kitchen pest 41 Recipe amt. 42 Fabric
welcomes 14 Loath	43 Flavor
15 Dainty	enhancer, for short
16 Canal city	44 Columbus

17 Chi sch. follower 46 A Stooge 18 Goal 48 Less 19 Nov. and defined Feb. 51 Sibyl 21 Path to 55 Skeleton's

satori place? 23 "- take 56 Graduate, forever!" almost 26 Quick turn 57 Becomes 27 Danger edible

color 58 Raised 28 Pungent veggie 30 Building

wing 31 Do arithmetic 32 Playing marble 33 Glossy

37 Narrow inlet 38 Succinct 39 Sister of Helios

35 "Ugh!"

2 Seine ait 4 Casino "coins" 6 Connoisseur

7 Roast

cooker

DOWN 1 Use a microwave 3 "Thanks a 5 Chapeaux

platform

Answer to Previous Puzzle

V	Τ	S	Α		0	Р	Т		D	Α	Т	Ε
Т	R	Α	Ν		В	Ε	Α		Τ	О	W	Α
М	Е	М	0	R	Ι	Α	L		G	R	Α	S
			D	Τ	E	S	Е	L		Т	Τ	Ε
М	0	Ν	Ε	Т				Ε	L	Α	Ν	D
Α	Т	Ε		Z	П	Ν	Ν	Τ	Α			
R	Τ	S	K		С	Ε	Ε		U	K	Ε	S
E	S	Т	Α		0	Ε	R		D	Τ	Α	L
			R	Α	N	D	0	М		S	R	0
T	R	0	L	L				Α	Τ	S	L	Ε
Н	Α	L		S	М	0	С	Κ	S			
E	D	Τ	T		Α	D	Н	Ε	S	Т	0	Ν
F	Τ	٧	Е		Ι	Ι	-		U	Ν	D	0
Т	0	Ε	D		D	Ε	С		Ε	D	Ε	Ν

28 Shade 8 Kind of library trees 9 Part of TNT 29 Orderly 10 PC bailout 34 Adopt key

11 Social Register dwellings word 13 Confiscated

19 Birdseed 20 Gawkers 22 Swirled around 24 Small crowns

25 Foolishly fond 26 Tangy taste 27 Gather leaves

36 Universe 42 Nomad

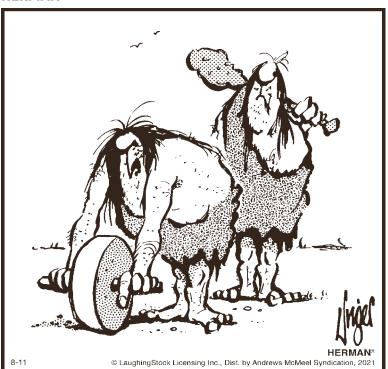
43 Intended 45 Detected 47 Raw minerals 48 Playback machine 49 - Baba

and the **Forty Thieves** 50 Pol. party 52 Spies' org. 53 Cut timber 54 Afore

16 15 26 28 29 30 33 35 36 38 39 40

© 2021 UFS, Dist. by Andrews McMeel Syndication for UFS 8-11

HERMAN



"I wanna try something. Grab both my legs and push."

HOROSCOPE BY EUGENIA LAST

Aries (March 21-April 19): Standing up for your rights, beliefs and reputation will impress someone who can see what you can bring to the table. An opportunity is apparent. ☆☆☆

Taurus (April 20-May 20): You know what's best for you, so don't put yourself in an awkward position unnecessarily. Concentrate on the people and pastimes that bring you joy. $\Leftrightarrow \Leftrightarrow \Leftrightarrow$

Gemini (May 21-June 20): You'll be forced out of your comfort zone if you let someone put you on the spot or take advantage of you, your skills or your clout. ☆☆

Cancer (June 21-July 22): Observe what's going on, and offset anything you feel can make you look bad or upset your plans. It's up to you to bring about change when necessary. ☆☆☆☆

Leo (July 23-Aug. 22): Look for a unique way to spend your spare time. Commit to a long-term plan that offers resolution emotion-

ally, physically and mentally. ☆☆☆ Virgo (Aug. 23-Sept. 22): Pursue knowledge that will encourage positive change. Let your imagination wander, and you'll come up with a unique plan that will lead to better relationships. ☆☆☆ Libra (Sept. 23-Oct. 22): Make a difference. Do something to help your community or someone you care about, and it will make you feel good and spark exciting ways to use your skills. ☆☆☆

Scorpio (Oct. 23-Nov. 21): Touch base with people who have something to offer. Make a proposal that can change the dynamics of a relationship. Take responsibility for your happiness. ☆☆☆☆ Sagittarius (Nov. 22-Dec. 21): Don't jump to conclusions or show

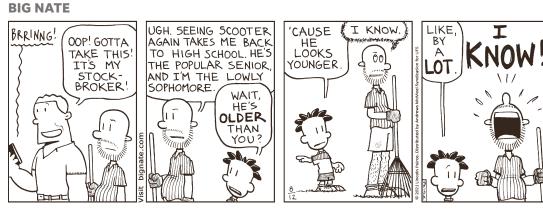
your gullibility. Take time to think, and you'll recognize when someone is trying to take advantage of you. ☆☆ Capricorn (Dec. 22-Jan. 19): Consider positive changes at home

that will add to your comfort and make your tasks and responsibilities easier to achieve. Do something special for someone. ☆☆ Aquarius (Jan. 20-Feb. 18): Pick up the slack and finish what you start. A unique connection with someone will lead to an unusual relationship that offers insight into different lifestyles. ☆☆☆☆ Pisces (Feb. 19-March 20): An opportunity will manifest if you are disciplined, organized and apply reason and intelligence to whatever challenge comes your way. Don't back down or give up. ☆☆☆

COMICS

ARLO AND JANIS





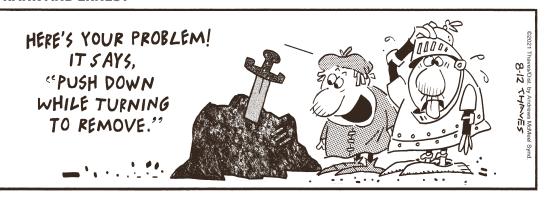
THE BORN LOSER



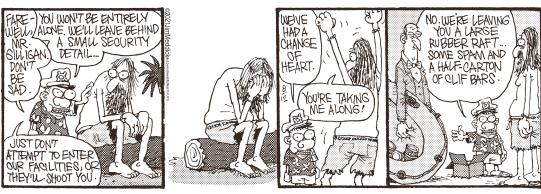




FRANK AND ERNEST



MONTY

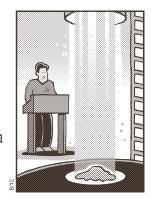


THATABABY









SUDOKU

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

				8				2
			9	3		4	1	
4	3				5			9
	4	6	1				8	
				7				
	7				3	6	9	
6			7				2	8
	5	4		2	9			
2				6				

O

PREVIOUS ANSWER

7	2	3	4	1	5	8	9	6
6	5	4	7	8	9	2	1	3
1	9	8	3	2	6	5	4	7
3	7	9	8	4	1	6	2	5
2	1	6	9	5	7	4	3	8
8	4	5	2	6	3	1	7	9
4	8	7	6	3	2	9	5	1
5	3	2	1	9	8	7	6	4
9	6	1	5	7	4	3	8	2

CROSSWORD

ACROSS 1 Butter

- square 4 Pecs' partners
- 7 Female deer 10 Conquista-
- 11 R2-D2's owner 13 Birds of
- prey 14 Interest amt.
- 15 Astronomer – Sagan
- 16 Thaw 17 Someone feted
- 19 Director - Kazan 20 Mortar-
- board 21 Filmy fabric 23 Army wear
- 26 Cheapen 28 Flying saucer 29 Main rte.
- anesthetic 34 Haggling point
- 38 A Gershwin 39 Competed

- 41 School period 42 Poet's blue 44 Environ-
- mental prefix 46 Car rental name
- dor's quest 47 Put off 51 Simpleton 52 Moisture
 - less 53 Pep 55 Has a fever 56 Peel 57 Be very
 - frugal 58 Rx givers 59 Typewriter part
 - 60 Table tennis divider

DOWN

- 1 Fireworks noise 2 Graceful entryway
- 3 Oz canine 4 Bauxite giant 30 Bygone 5 Like
- Winnie-the-Pooh's 36 Modicum hand (2 wds.)
 - 6 "Your highness" 7 Reside at Indy

Answer to Previous Puzzle



- 8 Dragon of puppetry 9 ls, in Segovia
- 12 Prince Val's wife 13 Short-

word

wrong

move

- 41 Monkey order fare with 18 Cpl. or Sgt. 42 Steer clear 22 Secondof
- hand 43 Belly 23 Tea holder dance 24 Botswa-
- clackers 45 Tea na's cont. container 25 Miss Piggy's
- 46 Bede or Sandler 48 — Estrada 27 Data unit

33 Barnyard

animal

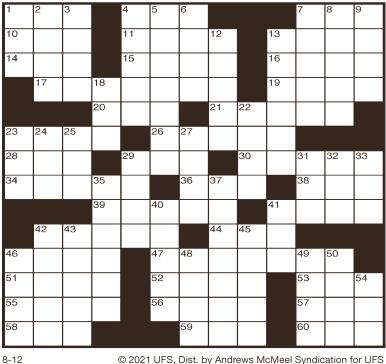
girl of song 40 Fragrant

35 Pie parts

37 "Sweet"

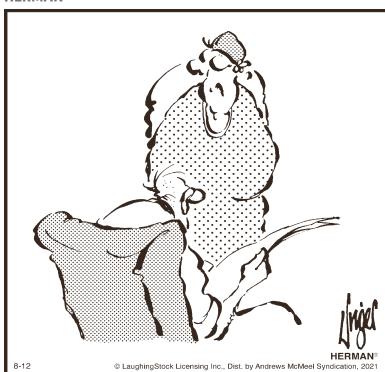
wood

- of film 29 Listen 49 Smooth 31 Dash off and level 32 Make a
 - 50 Netherlands sight 54 Assembled



© 2021 UFS, Dist. by Andrews McMeel Syndication for UFS

HERMAN



"Does car insurance cover ornamental fountains?"

HOROSCOPE BY EUGENIA LAST

Aries (March 21-April 19): Get involved in something that motivates you. The opportunities that develop will help you make a change that will allow you to accomplish goals. ☆☆☆

Taurus (April 20-May 20): You'll have an impact on others if you offer suggestions that address issues that concern you. Enjoy the company of someone special. ☆☆☆

Gemini (May 21-June 20): Focus on the here and now and what you can do to advance. Learn through experience, and leap in a direction that offers security and peace of mind. ☆☆☆☆☆

Cancer (June 21-July 22): Be careful how you handle investments and domestic affairs. Channel your energy into getting the most for the least and building equity and stability. ☆☆

Leo (July 23-Aug. 22): An offer will have pros and cons. Pay attention to the small but essential details that can alter the outcome.

Don't take an unnecessary risk. ☆☆☆☆ Virgo (Aug. 23-Sept. 22): Put your heart and soul into the people and pastimes that bring you the most joy. Spend time nurturing and exploring life, love and happiness. ☆☆☆

Libra (Sept. 23-Oct. 22): Don't make the same mistake twice. Do what's necessary to encourage better results. Indecisiveness will be your downfall. Do what needs to be done. ☆☆☆

Scorpio (Oct. 23-Nov. 21): When opportunity knocks, open the door. Embrace change, and enjoy the chance to experience something new and exciting. Use your imagination. ☆☆☆

Sagittarius (Nov. 22-Dec. 21): Know what you are getting into before you make a move. Consider the cost, challenges, and opposition and how best to handle matters. ☆☆☆☆

Capricorn (Dec. 22-Jan. 19): Take care of emotional matters before you get on with your day. It's essential to have a good understanding of how your decisions will affect the ones you love. ☆☆ Aquarius (Jan. 20-Feb. 18): Size up your situation, then proceed with your plans. Look for alternative ways to get around any challenge. A partnership will come equipped with benefits. ☆☆☆☆ Pisces (Feb. 19-March 20): How you handle money matters, people close to you, rules and regulations will set the mood for how things

will unfold. Be honest with yourself and those you love. ☆☆☆

SPORTS



Kirksville catcher Madi McCarty smiles and gets a pat on the helmet from coach Derek Allen after hitting a home run last season against Hannibal. AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS

Kirksville softball keeps high expectations as young players join the fray

Austin Miller

Kirksville Daily Express USA TODAY NETWORK

Sophie Stuart has lofty expectations for Kirksville softball this year.

And she's not the only one.

Coming off a 16-3 campaign last year, where the Tigers won the North Central Missouri Conference and were ranked in the state top 10 for most of the season, there was a lot to be happy about. But falling short of the program's third straight district title — and the team's desire of a Final Four trip — left a sour

After missing that big postseason meal, the Tigers are hungry this fall. But the team isn't getting ahead of itself yet. The players know the postseason is a long way away and that success will come.

"Right now, I'm thinking about right now," Stuart said. "What can we do right now to get us going and bonded as a team? We are so young, so these younger girls don't know us as well. Right now, we need to mesh as a team, and I think that will set us up as a team for the rest of the year."

The Tigers lost a big chunk of last year's starting lineup. Stuart, Madi McCarty, Jenna Jackson and Jessi Nigh

are the returning seniors, Kirksville's four horsewomen, with junior Jordan Meng starting as the designated player last year. The rest of the lineup will get filled with other underclassmen, many of who may see the field for the first

Sophomores Jada Jackson, Jersey Herbst and Adi Baumgartner served as pinch runners last fall, so they have an idea of the game's speed. Stuart and McCarty, two All-Express honorees from last year, are locks in the circle and behind the plate. Jackson and Meng will handle shortstop and third base. And Nigh will likely split time between right field and first base. Every other position is up for grabs.

Coach Derek Allen, now in his third campaign, likes the many young options he has. Who gets the nod on a given night depends on who is hitting well.

"I know it's coach talk that we've got a lot of competition, but really we do," Allen said. "I'm not ready to put a lineup out there and that's just being truthful. We've got a lot of girls fighting for five spots. If you look at it, we've got five starters coming back and we expect big things out of them. With the (designated player) in play, you're looking at four

See SOFTBALL, Page 9A



"Right now, I'm thinking about right now," Sophie Stuart said. "What can we do right now to get us going and bonded as a team? We are so young, so these younger girls don't know us as well. Right now, we need to mesh as a team, and I think that will set us up as a team for the rest of the year." AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS FILE

Green City's Asher Buggs-Tipton smiles while standing on the podium after winning the boys 110 meter hurdles race Saturday at the 2021 MSHSAA State Track Championships.

AUSTIN MILLER/KIRKSVILLE DAILY EXPRESS

Green City's Asher Buggs-Tipton becomes boys track athlete of the year

Austin Miller

Kirksville Daily Express USA TODAY NETWORK

It was a pre-season practice when Asher Buggs-Tipton saw something

With a large group of kids and just a few coaches to oversee workouts, it's not unreasonable that some lost focus and joked around. But when Buggs-Tipton saw teammates not taking practice as seriously as he did, he was surprised. Buggs-Tipton said he was mad and disappointed. Green City boys track coach Cody Moore said Buggs-Tipton was visibly bothered.

For him, with his love for the sport and his drive for greatness, slacking off is a foreign concept.

"If you're at practice, try to get better at something. Don't sit there and dog running. There's no point to that. It's not going to make you better," said Buggs-Tipton, the 2021 Daily Express Boys

Track Athlete of the Year. 'Say I go to practice and say, 'Oh, I'm not going to try because I don't feel like it,' then there's somebody out there on another team saying, 'I'm coming in here, I'm going to go 100 percent because I want to beat that Asher Buggs kid. That's what I'm going to do.' He's going to work harder than me, then that's going to show on the track. If that happens, he's probably going to beat me. So that's why I always go 100 percent when working."

That was the necessary mindset for his success last spring, where he won state track titles in 110m hurdles, 300m hurdles, long jump and triple jump. And he did that as a freshman. According to the Missouri Track and Cross Country Coaches Association, Buggs-Tipton is the first boy to win four titles as a freshman. Sandy Cummings from Smithville is the only other person who accomplished the feat, doing so in 1983.

"That is one of the biggest accomplishments I've ever had," Buggs-Tipton said. "That was crazy because nobody thought I could do it. I was always in my head like, 'I've got this, I can do it.' It was such a big accomplishment. All that hard work I put in definitely paid off."

At state, he set new personal and Green City records in the 300m hurdles

See TRACK, Page 9A

Mizzou names Reed-Francois new AD

Eric Blum

Columbia Daily Tribune USA TODAY NETWORK

The search took less than two weeks. Desiree Reed-Francois has been hired as Missouri's next athletic director, the school announced Sunday.

Reed-Francois, 49, will be the first Hispanic woman to oversee a Power Five Conference program. She also becomes the Southeastern Conference's second female athletic director. Vanderbilt hired Candice Lee in February 2020.

This is a transformational day for Mizzou athletics," UM System President and MU Chancellor Mun Choi said in a statement. "Desiree Reed-Francois brings an unsurpassed passion for student-athletes and bold, visionary skills that will propel a championship culture at MU. As a proud member of the SEC, we are energized to go into the next era of Mizzou athletics with Desiree Reed-Francois at the helm."

Reed-Francois has been UNLV's athletic director since April 2017. Her original contract ran through 2022 with an annual salary of \$350,000. That deal was extended four more years in April alongside a raise to \$420,000. In moving from Las Vegas to Columbia, Reed-



Francois

Francois should stand to approximately double her annual salary.

Since 2017 at UNLV, Reed-Francois has hired a new head football coach, former Oregon assistant Marcus Arroyo, and a new head men's

basketball coach, Kevin Kruger, formerly a player and assistant coach at the school. Also as part of her tenure, she oversaw the building of a \$35 million football complex, something she will do again with the Tigers' soon-to-be-built full-length indoor football practice fa-

"It is truly an honor to join Missouri's flagship institution, and I am extremely grateful to search committee chair (Jeff) Layman and members of the search advisory committee for this incredible opportunity," Reed-Francois said in a statement. "The University of Missouri is a world-class academic institution with a strong commitment to athletics and a resolve to further enhance its athletics programs to achieve elite national status in all of our endeavors.

"We have a proud and storied tradition; we compete in the premier athletic conference in the country; and, perhaps most importantly, we have a collective desire to be great. My family and I are excited to join the Mizzou family, and I cannot wait to get started."

Missouri announced July 26 that Jim Sterk and the university "mutually agreed" he would step down from leading the athletic department. Sterk will still be paid the remainder of his contract - \$1.5 million combined over the next two years.

Missouri put an emphasis throughout its search on hiring an individual with Power Five experience, ideally landing a sitting athletic director from such a school.

Reed-Francois was a deputy athletic director at Tennessee from 2009-13. with one of her main priorities overseeing men's basketball. The Volunteers' head coach for three seasons during that span was current Missouri head coach Cuonzo Martin.

"Desiree brings a variety of quality experiences to student-athletes as a leader on many campuses and in many conferences," SEC Commissioner Greg Sankey said in a statement. "As she continues to build the University of Missouri athletics program, I look forward to working with her in her new role as we continue the progress of the SEC."

Reed-Francois worked at Cincinnati for a year, which included serving a stint as interim athletic director. She worked at Virginia Tech from 2014-17. While in Blacksburg and Cincinnati, she was on the staff of former MU administrator Whit Babcock.

Reed-Francois becomes the second consecutive Missouri athletic director hired from the Mountain West Conference. Sterk led San Diego State's athletic department before coming to Missouri.

'She is a tough, dynamic, innovative leader who can help build upon Mizzou's successes and position us to regularly compete for championships in the SEC and beyond. The SEC is the toughest conference in the nation, and we are poised for continued success with Desiree as our leader," Layman said in a statement. "I'm indebted to members of the search committee for their tremendous effort. We had an exceptionally strong pool of candidates."

The MU Board of Trustees will meet on Tuesday to approve Reed-Francois' contract, with an introductory news conference to be held in the coming days.

Contact Eric Blum at eblum@columbiatribune.com. Follow @ByEricBlum



at the 2021 MSHSAA State Track Championships. AUSTIN MILLER/ KIRKSVILLE DAILY EXPRESS

Track

Continued from Page 8A

(39.11 seconds), long jump (22 feet, three-quarters of an inch) and triple jump (45 feet, one-quarter inch). And not to be left out, he already broke the school record in the 110m hurdles.

His hard work covers an entire year. When state ended, Buggs-Tipton took the next day off and then went back to the weight room, which might as well be a second home to him.

"He's always in the gym. If he's not at practice, he's working at stuff on his own," Moore said. "He's in the weight room almost daily, if not daily. He's putting in the work there, not just lifting weights, but with agility. He goes on the weekends and gets extra work at allweather tracks and puts in that extra time. I think those special kids that have a lot of success are generally gym rats and spend a lot of time and effort making themselves better. Asher is no exception to that. He puts in a lot of work and deserved everything he got."

Buggs-Tipton ran in rain, wind and cold - very mailman-like in his commitment to delivering on the track. There was a practice about a month out from state where his shin splints were bothering him, so much so that he fell when trying to clear a hurdle. He was rattled and knew he got little out of that practice. So he went home, iced his legs with Epsom salt, and committed to a harder practice the next day.

Taking time off wasn't an option. He knew times to pull back and not push himself too hard, but he was still going to work. That work cost him time to relax and hang out with friends. Several months removed from his state victories, he feels he made the right choices.

"I just felt I had to set my priorities apart," Buggs-Tipton said. "I knew that if I wanted to have this big of a goal, then I had to make some sacrifices, so that's what I did."

A competitive fire burns in Buggs-Tipton's heart, fueled by the desire to win and stand out over his opponents. At state, he said he didn't want to embarrass himself in front of all the Green City fans that attended. He wasn't joking, which is a tough sentiment to hear based on how he performed that day. He feels he has shed those freshman nerves, but he judges himself harshly if

"Say I go to practice and say, 'Oh, I'm not going to try because I don't feel like it,' then there's somebody out there on another team saying, 'I'm coming in here, I'm going to go 100 percent because I want to beat that Asher Buggs kid. That's what I'm going to do.' He's going to work harder than me, then that's going to show on the track. If that happens, he's probably going to beat me. So that's why I always go 100 percent when working."

Asher Buggs-Tipton Green City freshman

he falls short of his goals.

And that's a big reason why he loves track so much.

"I like winning," Buggs-Tipton said. "I like winning and I just like watching people run, especially the competitive people that love track just as much as me. When they run against each other, everyone, in their head, is saying, 'I want to beat the person right beside me.' They're always just going head-to-head at it and I love that kind of atmosphere."

The collegiate offers and feelers haven't come yet. Buggs-Tipton was a little disappointed those messages haven't come, but he understands he's still young. He knows if he keeps shrinking his running times and increasing his jumps — and winning — those coaches will reach out.

So that's one side of motivation for him. Another motivator is not letting anyone else take his crowns from him next spring.

"I can't go in there thinking it's going to be any easier than last year," Buggs-Tipton said. "And it wasn't easy. I just have to go in knowing what I need to get done, keep practicing as hard as I did last year. I can't let up at all."

Buggs-Tipton should always be in contention at state based on his work ethic, but he's not a Jefferson City surprise anymore.

"It's hard to imagine that he was able to do what he did, going down there and winning four gold medals," Moore said. "One gold medal as a freshman is something to be proud of, and he came back with all four. Just a phenomenal athlete. And not only a phenomenal athlete, but a tremendous work ethic too. He's a kid that really lives for track."

Softball

Continued from Page 8A

or five more starters. And I think that could be a lot of different people. That could be different people on different nights."

The team had a strong summer, likely with the influx of young players vying for playing time. So the senior leaders expect the best underclassmen will join them on the field.

"Getting a spot on varsity is like no other. You have to work for that spot, and I think, honestly, all of these girls are capable of doing it," Stuart said. "They just have to work for it. I think that's what's going to set us apart from other teams. ... Their spots are earned. New girls are coming in, having to earn their spots, and I think that's going to

push us and make us a better team."

Stuart steps in as Kirksville's primary pitcher this year, the only other player on the roster with varsity experience. She pitched the Tigers to a district title in 2018 as a freshman, but injuries and two big seasons from Audrey Danielson — limited Stuart's time in the circle. She went 6-0 with a 1.53 ERA last year, someone who can be dominant and reliable for the Tigers.

This is the first time in her career where she's entered the fall without any injuries, so Stuart thinks that bodes well for her. Knowing what would be expected of her in the fall, she had an intense offseason with workouts and travel

As he looked back at last year, Allen said it went better than he gave it credit for as it happened. Losing in the district semis as the No. 1 seed - and to the team that had eliminated them in sectionals the previous two years — was hard. But it was a 3-0 game where the Tigers were in it. In that game, and Kirksville's two other losses, offense was lacking. So that's been a big focus of Allen and the Tigers.

"Our three losses were by a combined nine runs, and the one thing I take away is that those were three best pitchers we saw," Allen said. "And we got shutout in all three of those. So that's the big thing for us. If we want to make a run and do what this team is capable of doing — or what they want to do — we're going to have to find a way against really good pitching to get two or three runs, manufacture and make things happen."

With the middle of the order back and Allen having high expectations that his returning starters can match or exceed their output from last year — the Tigers still have plenty of juice. With greater team speed, they should steal

and bunt more.

Entering his third season with the Tigers, Allen is happy with the state of his program. The success has been there, the desire is there with the players, and the results come as the snowball rolls from there. That's why big goals are the norm for this bunch.

"This softball program's had a lot of success for a lot of years," Allen said. "Obviously, you have those years where you ebb and flow, but there's a good history with our program. Maintaining that history and maintaining that success is important. I think the key is realizing it doesn't come without hard work. We're not going to show up on the field and beat anyone just because we're the Kirksville softball program. Having those high expectations but matching with a high work ethic is going to be the key, and so far we're doing that."

CLASSIFIEDS

Reader Notice: This newspaper will never knowingly accept any advertisement that is illegal or considered fraudulent. If you have questions or doubts about any ads on these pages, we advise that before responding or sending money ahead of time, you check with the local Attorney General's Consumer Fraud Line and/or the Better Business Bureau. Also be advised that some phone numbers published in these ads may require an extra charge. In all cases of questionable value, such as promises or guaranteed income from work-athome programs, money to loan, etc., if it sounds too good to be true -- it may in fact be exactly that. This newspaper cannot be held responsible for any negative consequences that occur as a result of you doing business with these advertisers. Thank you.

FINANCIAL SERV

CREDIT CARD DEBT? Financially Stressed Out? Stop the harassment! Make one monthly payment YOU can AF-FORD! Get Help Now and Save! Call Toll Free 888-925-5404

ARE YOU BEHIND \$10k OR MORE ON YOUR TAXES? Stop wage & bank levies, liens & audits, unfiled tax returns. payroll issues, & resolve tax debt FAST. Call 855-820-8878

HEALTH/BEAUTY

BECOME A PUBLISHED AUTHOR! We edit, print and distribute your work internationally. We do the work, you reap the Rewards! Call for a FREE Author's Submission Kit: 844-261-5841

HEALTH/WELLNESS

CANCER GENETIC SCREENING KIT. Protect yourself and your family with early genetic screening! See if you qualify for a test at no cost to you with your Medicare Part B coverage. Call 855-623-4490. (Mon-Sun 9am-8pm ET)

INSURANCE/ COMMERCIAL

ATTENTION SMALL **BUSINESS OWNERS!** Are you protected in case of property damage or if you have an interruption in service due to a property event? Business Owner Property insurance IS AF-FORDABLE and WILL PROTECT YOU when the unexpected happens! For free quote, call 844-877-9891 (M-F 7:30am-9:30pm ET)

MISCELLANEOUS

BATHROOM RENOVA-TIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 855-980-4002

BEST SATELLITE TV with 2-Year Price Guarantee! \$59.99/mo with 190 channels and 3 months free premium movie channels! Free next day installation! Call 888-986-4740

SAVE YOUR HOME! Are you behind paying your MORTGAGE? Denied a Loan Modification? Is the bank threatening foreclosure? CALL Homeowners Relief Line! FREE CONSULATATION! 855-624-8601.

HughesNet - America's #1 Choice for Satellite Internet. Call Today and Save! More Data. Free Installation. Available Everywhere. No Hard Data Limits. Call 855-248-7966

NEED NEW FLOOR-**ING? Call Empire Today** to schedule a FREE inhome estimate on Carpeting & Flooring. Call Today! 877-866-8797

NEED NEW WINDOW TREATMENTS? Call Empire Today to schedule a FREE in-home estimate on blinds & shades. Call Today! 877-710-4641

Over \$10K in debt? Be debt free in 24-48 months. Pay a fraction of what you owe. A+ BBB rated. Call National Debt Relief 877-278-4861.

SelectQuote is dedicated to finding a Medicare plan right for you and your wallet. Call 844-361-4727 today and receive a free quote from one of our multiple carriers.

Attention: Auto Injury Victims. If you have suffered a serious injury in an auto accident, call us! Our attorneys have the experience to get you the full compensation you deserve! Call Now: 877-496-3293

BEAUTIFUL BATH UP-DATES in as little as ONE DAY! Superior quality bath and shower systems at AFFORD-ABLE PRICES! Lifetime warranty & professional installs. Call Now! 844-980-3902

BOY SCOUT COMPEN-SATION FUND - Anyone that was inappropriately touched by a Scout leader deserves justice and financial compensation! Victims may be eligible for a significant cash settlement. Time to file is limited. Call Now! 866-395-0568

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 855-986-8602

FREE AUTO INSUR-ANCE QUOTES for uninsured and insured drivers. Let us show you how much you can save! Call: 888-320-7567.

WE'RE HIRING!

Starting pay \$16+ with growth opporunities

Benefits start DAY 1

Medical, dental, vision,

life insurance,

401k, & paid vacation

Strong safety culture

YOU MAY QUALIFY for disability benefits if you have are under a doctor's care for a health condition that prevents you from working for a vear or more. Call now! 877-430-9760

PROBLEM CREDIT RE-PORT? Lexington Law works to challenge inaccurate negative items including: identity theft, collections, late payments, liens and more from your credit report. Call for a free credit repair consultation: 855-622-0369. John C. Heath, Attorney at Law, PLLC, dba Lexington Law Firm.

SAVE BIG on HOME IN-SURANCE! Compare 20 A-rated Insurance companies. Let us do the shopping & save you time & money. Get a quote within minutes. Average savings of \$444/ year! Call 877-594-0878. (M-F 8am-8pm Central)

Attention Viagra users: Generic 100 mg blue pills or Generic 20 mg yellow pills. Get 45 plus 5 free \$99 + S/H. Guaranteed, no prescription necessary. Call 877-801-

A.T. Still University is seeking a full-time

• SERVICE WORKER •

in its Environmental Services Department on the Kirksville, Missouri, Campus. The service worker will perform diversified cleaning duties throughout campus. For more info and to apply, please visit jobs.atsu.edu.

IN THE CIRCUIT COURT OF ADAIR COUNTY PROBATE DIVISION

In Re: The Matter of: E.A.T., DOB:5/10/2019

Case No. 21AR-PR 00085

Minor. NOTICE UPON ORDER FOR SERVICE

THE STATE OF MISSOURI TO: NATURAL FATHER, UNKNOWN

You are hereby notified that an action has been commenced against you, in the Circuit Court of Adair County, Missouri, Probate Division, the object and general nature of which is for guardianship of your minor child.

BY PUBLICATION

The names of all parties to said action are stated above in the caption hereof and the name and address of the attorney for Petitioner is Josh W. Meisner, The Meisner Law Firm, LLC, 201 N. Rollins Street, PO Box 405, Macon, Missouri 63552.

You are further notified that unless you file an Answer or other pleading, or shall otherwise appear and defend against the aforesaid Petition within 45 days after the 4TH of AUGUST, 2021, Judgment by default will be rendered against you.

Clerk: Linda Decker

Public Notice

The City of Kirksville will hold a public hearing on Monday, August 16, at 6:00 p.m. in the Council Chamber of City Hall, 201 South Franklin Street to discuss the City's submission of an application for the Community Development Block Grant (CDBG-CV) program. The City is interested in obtaining all citizens' input on community development needs within the city. As part of the hearing process, citizens will be asked to assist in the completion of a Needs Assessment document. The document will detail what the residents feel are the strengths and weaknesses of the community. The City needs as much local participation as possible in order to reflect the true desires of the community as a whole, as well as the comments relating to the proposed project application. The State has established a maximum application request for each funding category. Activities that are eligible for funding include the improvement of public works, public facilities, housing rehabilitation, community facilities, and others allowed by law. No displacement of persons will be proposed.

The City is proposing to replace an outdated 911 System that will allow for advanced geo-location and data services, while also adding text to 911, pictures and videos to aide in communications to assist hearing and speech-impaired, and improve language barriers as well as obtain funds to replace two existing work stations and adding a third station. The 911 Center provides emergency dispatch service to all of Adair County, and travelers through the area. In addition to the replacement of equipment, the 911 Center will be expanded to provide needed space for Center operations. The total cost is estimated at \$609,603.18 with a grant request from CDBG of the same.

All citizens are encouraged to attend in order to comment on the proposed activities. For more information, or if you require special accommodations at the hearing, contact Jon Cook, 660-665-5621.

careers.dovercorporation.com

IN THE CIRCUIT COURT OF ADAIR COUNTY, MISSOURI

PROBATE DIVISION IN THE ESTATE OF LINDA LOU WOOD

ESTATE NO: 21AR-PR00050

Hillphoenix

NOTICE OF LETTERS GRANTED

TO ALL PERSONS INTERESTED IN THE ESTATE OF LINDA LOU WOOD, A DISABLED PERSON.

On the 13TH day of July, 2021, Jeffrey Baker, was appointed conservator of the estate of Linda Lou Wood, a person disabled under the laws of Missouri by the Probate Division of the Circuit Court of Adair County, Missouri.

The business address of the conservator is Jeffrey Baker, 1305 Courtland Street, Brookfield, MO 64628 and the attorney is Crystal Lovett, 6 South Green Street, P.O. Box 190, Green City, Missouri

All creditors of said disabled person are notified to file their claims in the Probate Division of the Circuit Court or be forever

Date of first publication: July 21, 2021

Linda Decker Circuit Clerk of Adair County, Missouri

Publication Dates: July 21, 28, August 4, 11, 2021.



Adair County remains high-risk area for COVID-19

Daily Express staff

The Adair County Health Department confirmed 14 new cases of CO-VID-19 Friday, raising the overall case total to 2,852. The county recorded 93 new cases in the past seven days. There are 104 active cases and 2,721 people who have left isolation.

Nearly all of Missouri, including Adair County, remain in the high-risk category for COVID-19 transmission. This means the order temporarily halting evictions issued by the Centers for Disease Control and Prevention (CDC) applies to Adair County residents at present. Information about the eviction moratorium can be found at the CDC website.

Friday's cases include females ages 18, 39, 57, 60, 67, 71 and 97. Males are ages 24, 25, 28, 42, 50, 52 and 82. One case is a resident in a skilled nursing

The county had 107 active cases on Thursday, Aug. 5, the most since Jan. 18. The health department also reported 27 new cases that day, the largest single-day increase since Jan. 6.

A 96-year-old woman died Wednesday, Aug. 4, after being released from Boone Hospital into hospice care. She was admitted to that hospital on July 28. She was the county's 27th death from the virus. Seven of those deaths have been reported since July 13.

Contractors who powered US war in Afghanistan stuck in Dubai

Isabel Debre

ASSOCIATED PRESS

DUBAI, United Arab Emirates - Some of the foreign contractors who powered the logistics of America's "forever war" in Afghanistan now find themselves stranded on an unending layover in Dubai without a way to get home.

After nearly two decades, the rapid U.S. withdrawal from Afghanistan has upended the lives of thousands of private security contractors from some of the world's poorest countries – not the hired guns but the hired hands who serviced the American war effort. For years, they toiled in the shadows as cleaners, cooks, construction workers, servers and technicians on sprawling American bases.

In the rushed evacuation, scores of these foreign workers trying to get home to the Philippines and other countries that restricted international travel because of the pandemic have become stuck in limbo at hotels across Dubai.

As the U.S. brings home its remaining troops and abandons its bases, experts say the chaotic departure of the Pentagon's logistics army lays bare an uncomfortable truth about a privatized system ise of steady employment and wages long susceptible to mismanagement one largely funded by American taxpayers but outside the purview of American

"It's the same situation that affects foreign contractors all over the world, people who have little understanding of where they're going and very uncertain relationships once they arrive determining their legal status and movements," said Anthony Cordesman, a national security analyst at the Center for Strategic and International Studies in Washington.

"The terms of contracts in war can really absolve the employer of major responsibility ... even the right of return can be uncertain."

While it's unclear just how many remain stuck abroad after the evacuation, an Associated Press journalist saw at least a dozen Filipino contractors for engineering and construction company Fluor stranded at the Movenpick hotel in Bur Dubai, an older neighborhood of the city-state along the Dubai Creek.

The hotel management declined to comment, saying it "has no authority to disclose presence and information of any hotel guests nor hotel corporate partners details due to privacy reasons."

The U.S. military's Central Command declined to comment on private security contractors, referring all questions to their companies. The U.S. military's contracting office and the Philippines Consulate in Dubai did not respond to repeated requests for comment on the stranded Filipino contractors.

As of early June, 2,491 foreign contract workers remained on American bases across Afghanistan, down from

6,399 in April, according to the latest figures from the Special Inspector General for Afghanistan Reconstruc-

With the U.S. set to formally end its military mission at the month's end, most of these workers have since made it home on flights arranged by their employers – the private military behemoths that over years of war won Pentagon logistics contracts in Afghanistan worth billions of dollars.

But other employees, brought first to Dubai on their way home after an abrupt departure on June 15, weren't so lucky. The Philippines, along with Bangladesh, Nepal and Sri Lanka, halted flights to the United Arab Emirates in mid-May over fears of the fastspreading delta variant of the coronavirus and repeatedly renewed the trav-

Thus began a seemingly interminable layover that some Filipino workers described to the AP as one of anxiety and unrelenting boredom. The contractors spoke on condition of anonymity, citing the precariousness of their situation.

Drawn to Afghanistan by the promfar higher than in the Philippines, several of the stranded Fluor contractors spent years working in construction, equipment transport, visa processing and other military logistics. Some worked at Bagram Air Base, the largest military compound in the country, and at Kandahar Airfield in southern Afghanistan. They had nothing to do with combat operations but described nonetheless facing rocket attacks and other risks of war on base.

Those who spoke to AP said they knew of scores more contractors from the Philippines and other countries including Nepal stuck in Dubai, but couldn't provide more specific infor-

With their cash dwindling over the two-month layover, most said they couldn't afford to do anything but wait. They while away their time watching TV and video-calling with family in the Philippines from the hotel, where Fluor provides daily meals.

Construction giant Fluor, the Irving, Texas-based firm that was the biggest defense contractor in Afghanistan, released a statement after publication saying "we continue to do everything we can to repatriate all employees required to leave Afghanistan." The company blamed virus-related travel restrictions for the troubles, said it was caring for everyone affected and promised to "continue to work closely with the U.S. government to remove these barriers as quickly as possible."

The Defense Department has spent \$3.8 billion for Fluor's work in Afghanistan since 2015, federal records show, most of it for logistics services.

Virginia contends with Confederate names on streets

Matthew Barakat

ASSOCIATED PRESS

McLEAN, Va. – It came as a surprise to Mottrom Drive resident Beau Fitzpatrick that he lives on a street named for a Confederate soldier.

"Really? I always assumed it was named for an apple, or apple juice," he said, referring to the Mott's brand of apple products.

In fact, the street in McLean, Virginia, not far from the nation's capital, is named for Mottrom Dulany Ball, a captain in the Fairfax cavalry who was among the first Confederate officers taken prisoner in the Civil War. He became a Republican after the war and later a founding father of Alaska.

Mottrom Drive is among scores of side streets identified last year by a Fairfax County commission tasked with ferreting out forgotten names of the Confederacy. Northern Virginia, which saw some of the biggest battles of the Civil War and for decades was an indisputable part of the South, is now one of the wealthiest regions in the country with waning ties to its South-

As such, it has been swifter than other spots in the South to rid itself of Confederate names and memorials that dominated the region. A database maintained by the Southern Poverty Law Center shows nearly 2,300 roads, schools and monuments linked to the Confederacy spread across 23 states. In recent years, fewer than 400 have been removed or renamed.

In northern Virginia, the trend began in 2017, several years before the most recent wave of name changes. Fairfax County's former J.E.B. Stuart High School - named after the Confederate general – is now called Justice

Fairfax and Loudoun counties are also continuing to pursue changes for names of major highways running through their territory. In Fairfax, the effort is focused on Lee Highway and on Lee-Jackson Highway, which are named for generals Robert E. Lee and Stonewall Jackson. Loudoun County solicited the public for new names for John Mosby Highway, named for a Confederate cavalry commander who conducted raids throughout northern Virginia, as well as Harry Byrd Highway, named after a 20th century politician who led the state's massive resistance campaign against federal demands to desegregate public schools.

But the counties are taking a different approach to the many side streets in the region that also carry Confederate names, both well known and long forgotten.

Fairfax is leaving it up to residents to seek a name change on those streets identified by its history commission. So far, not a single street has come forward with a petition to do so.

Jeff McKay, chairman of the Fairfax County Board of Supervisors, said he

doesn't see the inaction as an endorsement of the Confederacy.

"We've raised awareness about where these streets are, and we're leaving it up to the petition process" to allow those who are motivated to press for a change, he said.

He said he suspects a majority of county residents oppose naming streets for members of the Confederacy, but that doesn't necessarily translate into wanting to change your own street name. He acknowledged it's a hassle to do so, requiring changing the plats on file with the county and a whole host of address-change notifications a resident must make to all the banks, businesses and utilities with whom they conduct their daily affairs.

Neighboring Loudoun County, meanwhile, is not leaving the decision up to its residents. County staffers in Loudoun identified a smaller number of side streets, fewer than a dozen, that are linked to the Confederacy.

A formal vote on whether to change the names is scheduled for September, but at a meeting this month, a majority of board members made it clear they intend to change all of the names. Indeed, they sent county staff back to find out how much it would cost to do even deeper research to identify even more streets that might possibly carry a Confederate or segregationist connection that has thus far gone undetected.

Koran Saines, a county supervisor who supports the name changes, said the issue is a simple one.

'You're a part of the Confederacy, you should not be recognized with the honor of a street name. I'm sorry to tell you that. If the Confederacy had their way, three of us would not be sitting here, said Saines, one of three African Americans on the board of supervisors, at a

On Early Avenue in western Loudoun County, longtime resident Bertie Jones is unhappy with the change.

"I think it's a crock of bull," said Jones, who has lived on the street since

Jones said she knows that her street is named for Confederate Gen. Jubal Early, who led a campaign through Union territory in 1864, demanding ransoms from towns to avoid setting them ablaze and menacing the nation's capital. But she's not particularly bothered

"Does this mean that everyone with the last name Early is going to have to change their name? It just makes more division than anything," she said.

And back in Fairfax County, Fitzpatrick said he doesn't see a need to rename Mottrom Drive. He said he understands the rationale for changing major highways named for prominent Confederate figures, but doesn't see the point in erasing an already forgotten figure from a rarely traveled side street.

"I feel like there's a middle ground,"



A sign for the Lee Jackson highway in Fairfax County, Va., is seen July 26. The names of Confederate leaders are being stripped from schools and major highways throughout Virginia. But when it comes to the many side streets in the state that carry Confederate names, it's a different story. DAN HUFF/AP

Aid

Continued from Page 2A

tremely effective in helping save lives and ease the pressure on local hospitals," Parson said.

The Arkansas ambulance teams transported 223 patients from Springfield to St. Louis and Kansas City hospitals, Parson's office said, traveling 53,000 miles since their arrival. Greene County requested the teams and an antibody treatment facility, which continues to treat COVID-19 patients in

Springfield, from the state on July 14.

Upon the fulfillment of that county request, Parson's office said similar aid would be available federally if need be. Continually rising COVID-19 cases, hospitalizations and deaths in Missouri, driven by the more infectious Delta variant of the virus, prompted the expanded

Galen Bacharier covers Missouri politics & government for the News-Leader. himgbacharier@news-leader.com, 219-7440 or on Twitter @galenbacharier

Dazzling daylilies flower each day, all season long

Mike Hogan

Special to Columbus Dispatch
USA TODAY NETWORK

In nature, many beautiful things are fleeting. Such is the case with the daylily, with flowers that last for no more than one day. Luckily, daylilies are profuse bloomers producing a new flower each day, with many varieties flowering from spring until autumn.

Daylilies belong to the genus Hemerocallis and are not true lilies. The word Hemerocallis is derived from two Greek words: hemera meaning day and kallos meaning beauty.

Daylilies are native to Asia where they were used for medicinal purposes and as a food source for thousands of years. Two millennia ago, Confucius first documented these plants in a poem. In the 1500s, these plants were brought to Europe where they were prized as a hardy, diverse ornamental plant in many European gardens.

The perfect perennial

Daylilies are often referred to as the perfect perennial because they grow in a variety of soil and climatic condition, and seem to thrive on neglect. Just drive down any rural road in Ohio at this time of year and you will see them thriving untended in roadside ditches. They also can be found blooming in many challenging urban environments such as parking lot islands and road medians.

They are also perfect for home landscapes because they rarely are attacked by insects or infested by disease, and they flourish in hot, dry summer weather. In addition, because they are perennials, gardeners will enjoy the color that these beauties provide for years.

Diverse daylilies available

There are thousands of varieties of daylilies available in a variety of colors, shapes, sizes and growth habits. Most daylilies are 12 to 18 inches tall with some varieties reaching four feet. Daylily varieties are available in nearly every color of flower including white, yellow, orange, pink, red, crimson, purple, true blue and many blends of colors.

Daylilies are available with various



Daylilies are a blooming wonder during the summer months. PIXABAY

flower textures, including smooth, creped and ribbed. Several different flower forms are also available including single, double, spider and sculpted forms.

Most daylilies begin to open and bloom in the early morning and last until the evening. These daytime bloomers are referred to as diurnal. The flowers of nocturnal daylilies open late in the afternoon, remain open through the night and close the following morning. Yet other types of daylilies have extended blooming habits, remaining open for 16 hours each day or night.

Cultural requirements

Daylilies are not very picky about where they are planted but locating them in areas that get at least 6 hours of direct sunlight will result in the best bloom. Daylilies will tolerate locations that experience some shade throughout the day, but I would avoid planting them in woodland garden environments with full shade all day.

I would also avoid planting them in the root zones of large trees and shrubs, which will out-compete the daylilies for soil moisture.

Daylilies are best planted in spring through midsummer to allow them time to develop root systems before going dormant for winter. Daylilies do not require a high level of soil fertility, but when planting them in heavy clay and shale-based soils, adding compost or peat moss to the planting hole will provide organic matter, which will be important to holding moisture. Plant daylilies 18 to 24 inches apart.

During extended dry periods, daylilies benefit from a less frequent deep watering more than several frequent light waterings.

Learning more about daylilies

The American Daylily Society (daylilies.org) sponsors conferences and shows for daylily enthusiasts and is affiliated with regional daylily clubs around the country.

Very few perennial plants provide nearly season-long flowers with such little care. If they are not a part of your landscape, think about adding some color to your life with these beauties.

Mike Hogan is an associate professor at Ohio State University and an educator at the OSU Extension. He can be reached at hogan.1@osu.edu



