

Don't Let Diabetes Win

The statistics are astounding. There is no cure for diabetes, but managing it and staying healthy can have an impact. Thirty-seven million Americans have diabetes. One in 5 don't know it. Nearly 100 million Americans have prediabetes, a number that has increased since 2019.

Education can go a long way and that's where Cookeville Regional Medical Center's Diabetes Center plays a role.

"The staff at the Diabetes Center offers education services focusing on teaching self-management skills to patients with diabetes and their families," said Kim Mayberry, director of the Diabetes Center. "The program utilizes a team approach in developing an individualized plan for each participant."

Mayberry will be talking about the program and more during the next Health Talks, set for Tuesday, Nov. 29, at noon.

Mayberry is a registered nurse with more than 26 years of experience. She is a certified diabetes care and education specialist as well as board certified in advanced diabetes management.

She is also a certified insulin pump trainer for Insulet – Omnipod, Medtronic and Tandem. In addition to that, she also provides training for continuous glucose monitoring with products such as Dexcom, G6, FS libre 2 and Medtronic Guardian Connect Systems.

What is diabetes? Diabetes occurs when your blood glucose, also called blood sugar, is too high. High blood glucose can cause health problems over time. The main types of diabetes are type 1, type 2 and gestational.

Type 1 diabetes is usually diagnosed in children and young adults, although it can appear at any stage. If you have type 1 diabetes, your body does not

make insulin. Your immune system attacks and destroys the cells in your pancreas that make insulin. People with type 1 diabetes need to take insulin every day to survive.

Type 2 diabetes is when your body does not make or use insulin well. You can develop type 2 diabetes at any age, even during childhood. However, this type of diabetes occurs most often in middle-aged and older people.

Gestational diabetes develops in some women when they are pregnant. Most of the time, this type of diabetes goes away after the baby is born. However, if you've had gestational diabetes, you have a greater chance of developing type 2 later in life. Sometimes diabetes diagnosed during pregnancy is actually type 2 diabetes.

Risk factors

You are more likely to develop type 2 diabetes if you are age 45 or older, have a family history of diabetes or are overweight. Physical inactivity, race and certain health problems, such as high blood pressure, also affect your chance of developing type 2 diabetes.

What health problems can people with diabetes develop?

Over time, high blood glucose leads to problems such as

- Heart disease
- Stroke
- Kidney disease
- Eye problems
- Dental disease
- Nerve damage
- Foot problems

To join the next Health Talks event, visit <https://tinyurl.com/3hkc82su> to get the booking information.

We hope to see you there!

In the meantime, please visit our website, crmchealth.org, and sign up for our newsletter so you won't miss a thing.

You can also follow Cookeville Regional Medical Center on all the social media channels



Food Safety Key At Thanksgiving

BRIAN WILMOTH
Editor

According to the CDC, on Nov. 28, 1995, the county coroner's office notified the Clark County Health District in Las Vegas, Nevada, about a death suspected to have resulted from a foodborne disease.

This report summarizes the investigation of the outbreak of stomach flu among attendees of a Thanksgiving dinner. The investigation documented Salmonella serotype Enteritidis (SE) infection associated with eating improperly prepared turkey and stuffing containing eggs and emphasizes the need to use a meat thermometer to ensure complete cooking of turkey and stuffing.

Between Nov. 25-28, 1995, all six persons who attended a Thanksgiving dinner at a private home on Nov. 23 and a seventh person who on Nov. 25 ate food remaining from the dinner had onset of abdominal cramps, vomiting, and diarrhea. Two persons were hospitalized because of dehydration; a third person was found comatose at home and died from severe dehydration and sepsis. Cultures obtained from three of the people, including the deceased, yielded SE phage type 13a. Turkey and stuffing were the only foods eaten by all seven ill persons. No leftover food was available for culture.

The Clark County Health District eventually interviewed the ill persons, including the cook, obtaining details about the preparation and cooking of the turkey and stuffing. On Nov. 22, the cook thawed a 13-pound frozen turkey for 6 hours in a sink filled with cold water. After thawing, the packet of giblets was removed, and the turkey was stored in a refrigerator overnight. On Nov. 23, parts of the turkey were noted to be frozen. The turkey was then filled with a stuffing made from bread, the giblets, and three raw eggs, and then placed for 1 hour in an oven set at 350-degrees. The setting was lowered to 300-degrees while the turkey cooked for an estimated additional 4 hours, and the turkey was removed from the oven when the exterior

had browned. The stuffing was removed immediately and was served with the turkey. A meat thermometer was not used.

The CDC estimates that between 2-4 million cases of salmonella occur each year in the United States, with a sharp increase around Thanksgiving. The CDC issues warnings annually on the proper way to prepare your Thanksgiving turkey to keep your family and friends safe.

According to the CDC, food safety begins long before you are even ready to cook your bird. Storage and thawing are important as you approach Thanksgiving.

The CDC says you should store turkey in a freezer set at 0-degrees until you are ready to thaw it. They point out that you should never store your turkey in a place you cannot monitor, such as your car's trunk, back porch, or in snow.

When you are ready to thaw the turkey, the CDC suggests several options. One of the safest is to thaw the turkey in the refrigerator. It says to allow about 24 hours of thawing for each 4-5 pounds, and it can remain in the refrigerator thawed for 1-2 days before cooking.

The CDC also suggests thawing turkey in cold water using a leak-proof bag. Cover the turkey completely in cold tap water, replacing the water every 30 minutes. Figure in about 30 minutes of thawing for each pound of turkey. A turkey thawed in cold water must be cooked immediately after thawing.

The CDC also said turkeys can be thawed safely in the microwave, following the manufacturer's instructions for thawing a turkey. The turkey should also be cooked immediately after thawing.

The CDC warns to never thaw a turkey on the counter. It says that a turkey at room temperature for more than two hours, even if the center is still frozen. Germs in the raw meat can grow rapidly within the "danger zone" between 40-degrees and 140-degrees.

Handling the turkey



is another way to help prevent the spread of germs as you get ready for Thanksgiving. The CDC recommends washing your hands thoroughly both before and after handling the turkey, use one cutting board for raw turkey and a separate one for uncooked items, never put cooked food or fresh produce on any surface that held raw turkey, and wash cutting boards, utensils, dishes, or countertops with hot, soapy water after preparing your raw turkey.

Since 2005, several federal agencies have recommended not washing turkey or chicken, but a 2020 survey found that most participants reported washing or rinsing turkey before cooking. The CDC suggests if you do wash your raw turkey to immediately clean and sanitize the sink and surrounding counters. A USDA study found that 1-in-7 people who cleaned their sink after washing chicken still had germs in the sink.

Now that your turkey is ready to cook, the CDC says to take special care in cooking the stuffing. The CDC recommends cooking your stuffing in a casserole dish instead of inside the turkey, as that method makes it easy to ensure the stuffing is thoroughly cooked. However, if you do cook stuffing, it suggests putting it in right before cooking.

However you cook your stuffing, the CDC says to use a food thermometer to make sure

the stuffing's middle reaches 165-degrees, as stuffing that does not reach that temperature can still harbor germs. If you did cook the stuffing inside your bird, the CDC recommends waiting 20 minutes before removing it from the turkey, allowing the stuffing to cook a little longer.

As for your turkey itself, there are many ways to properly cook it, including roasting, deep frying, smoking, or cooking in a crockpot. The most popular (and classic) way to prepare your turkey is roasting it in the oven. The CDC recommends setting the oven temperature to 325-degrees, placing the thawed turkey in a roasting pan, and ensuring the turkey reaches the safe internal temperature of 165-degrees. The CDC says to check the doneness by inserting the thermometer into three places: The thickest part of the breast, where the body and thigh join, and where the body and wing join, all while trying to avoid any bones.

The CDC says that even if your turkey has a pop-up timer, you still need to use a food thermometer to make sure the turkey is cooked safely.

For other methods of cooking your turkey, the CDC suggests checking out resources from the USDA at <https://www.fsis.usda.gov/food-safety/safe-food-handling-and-preparation/poultry/turkey-alternate-routes-table#8>

The Jackson County Sentinel office will be closed November 24 and 25 to spend time with family for Thanksgiving.
Advertising and stories for the November 29 edition will need to be submitted by November 23 at Noon.



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Court & Crime



Editor’s Note: *Court results are taken from court records. Persons in the community may have similar names. Every effort is taken to ensure accuracy and completeness.*

**Jackson County General Sessions
Court Docket
Nov. 17, 2022
Judge Tiffany Gentry Gipson
Presiding**

Daniel Garza – Driving while license suspended, immediate notice of accident, leave scene of accident- property damage and drivers to exercise due care.

Ralph T. Phy – DUI:second offense and immediate notice of accident.

Roy L. Stafford – Driving while license suspended.

Mazy Stevens – Driving while license canceled and seat belt – 18 or older.

Samuel W. Stimits – Domestic assault.

Lindsey D. Woodard-Stewart – Vandalism (up to \$1,000).

Lukas Bowder – Domestic assault and interference with emergency calls.

Billy J. Kirk – Criminal Trespass.

Kevin M. Poole – DUI: first offense and implied consent – enhancement only.

Ryan P. Allison – Meth- manufacturing, deliver, sale, possession with intent, possession weapon – convicted felon, possession without prescription unlawful and possession unlaw drug paraphernalia use & activities.

Kayla D. Chaffin – Meth – manufacturing, deliver, sale, possession with intent, false reports to officer and possession unlaw drug paraphernalia uses & activities.

Cara J. Foster – Meth – manufacturing, deliver, sale, possession with intent, DUI: first offense, simple possession/casual exchange and possession unlaw drug paraphernalia uses & activities.

Tommy W. Garrett – Theft of property - >\$1000 to \$2500.

Daniel Jones - Meth – manufacturing, deliver, sale, possession with intent, possession unlaw drug paraphernalia uses & activities, driving while license suspended and driving while in possession of methamphetamine.

Jennifer D. Kelley – Probation vio-

lation – booked, meth- manufacturing, deliver, sale, possession with intent and criminal impersonation.

Robert E. Loftis Jr. - Abuse resulting in serious bodily injury and aggravated assault.

Makenzie Melton – Two counts of probation violation- booked-drug related.

Jessica M. Montgomery – Meth – manufacturing, deliver, sale, possession with intent, possess firearm intent to go armed – dangerous felony, Schedule VI drugs: manufacturing, deliver, sell, possession and possession unlaw drug paraphernalia uses & activities.

Scott Pryer – Aggravated assault – domestic.

Editor’s Note: *The Jackson County Sheriff’s report is obtained from the Jackson County Sheriff’s Department and is a matter of public record. The Sentinel appreciates the cooperation from the Jackson County Sheriff’s Department in providing the report and we hope the printing of this report helps as a deterrent in criminal activity. All subjects are innocent until proven guilty in a court of law.*

Sheriff’s Report

On Nov. 2, Thurman Jay Paul Lawson was arrested on warrants for domestic assault and violation of order of protection (domestic).

On Nov. 3, Kelli Christina Allen was arrested on warrants violation of probation x 2.

On Nov. 3, James Gerald Cross was arrested on warrants for evading arrest and driving under the influence.

On Nov. 3, Darrell Gean Thomas Stewart was arrested on a warrant for domestic assault.

On Nov. 4, Billy Joe Nix was arrested on warrants for driving while in possession of methamphetamine, resisting stop, arrest, altering, falsifying or forging auto tit, immediate notice of accident, driving on revoked/suspended license, unlawful drug paraphernalia, simple possession/casual exchange, introduction of contraband into a penal institution, manufacturing delivery sale or possession of methamphetamines, driving under the influence, vandalism of state highway structures and accidents involving damage to vehicle.

On Nov. 4, Roy Lee Stafford was arrested on a warrant for driving while suspended.

On Nov. 5, Jason Lewis Brazle was arrested on a warrant for violation of probation.

On Nov. 5, Richard Arthur Dutra was arrested on warrants for violation of probation and amendment to warrant.

On Nov. 5, Pedro Mendez was arrested on warrants for driving on revoked for DUI and driving under the influence, 2nd offense.

On Nov. 7, Billy Jack Stacy was ar-

rested on a warrant for violation of probation.

On Nov. 8, Cara Jean Foster was arrested on warrants for driving under the influence, possession of drug paraphernalia, misdemeanor, methamphetamine manufacture delivery sell or possession and simple possession/casual exchange.

On Nov. 8, Aaron John Moore was arrested on warrants for prohibited, altering, falsifying or forging auto tit, theft of property, manufacture delivery sale or possession of methamphetamines and failure to appear.

Real Estate

Jayson D. Lee and Lorrie D. Lee to Jacob Groat and Christina Turner, 9th District.

Richard Sheridan to Allan Lee Sheridan and Arin Bowen, 14th District.

James B. Whitaker and Deborah D. Whitaker to Trillium Management Company LLC, 1st District.

Jeffery D. Spivey to Trillium Management Company LLC and Tennessee Limited Liability Company.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Diane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Garry Maxey.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Diane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Enoch, 14th District.

Arnold Edward Sullivan and Carol R. Kearney to Angelica Maria Sosa, 9th District.

Ronnie D. Smallwood to Matthew Spurlock, 9th District.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Diane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Kevin Cummins and Pamela Cummins, 14th District.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Di-

ane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Marie Poindexter, 14th District.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Diane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Chip Eckert and Monna Eckert, 14th District.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Diane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Spencer Farley, 14th District.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Diane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Debra Saponetti, 14th District.

Katherine Ashworth, Constance C Caleb, Daniel W. Brown, Barry Brown, Jan B. Gatten, Ricky H. Huffines, Stephen K. Huffines, Grace Evelyn Davis , Mike Smith, Marcia West, Bobby Borum, Larry K. Borum, Diane Scott, Thomas R. Amato, Teri Wilkinson, Randy F. Huffines and Jennifer Schafluetzel to Alice Leonard, 14th District.

Tina Dawn Peiffer to Kurt W. Speir and Shirley L. Speir, 6th District.

Tina Renee Richmond, Mark David Pryor and Randal Thomas Pryor to Austin Blake Allen and Kristen Sydney Allen, 2nd District.

Frank E. Starling and Kimberlee D. Starling to Adam Donato and Alicia.

Holiday Music Special

Producers of the Nashville Holiday Music Special announced the entertainment lineup for the 2022 program, which will premiere on Saturday, Dec. 3, on WKRN News 2.

The special will benefit Monroe Carell Jr. Children’s Hospital at Vanderbilt and share inspiring stories of hope from within the hospital.

This year’s one-hour broadcast will feature performances from Dailey & Vincent, Debbie Gibson, Fisk Jubilee Singers, J.D. McPherson & Lucie Silvas, Hardrive Dancers, Music City Strings, Old Crow Medicine Show, Pistol Annies, Runaway June, Kyla Jade, Jake Hoot, Walker Hayes and The War & Treaty. Santa Claus will make a special appearance as well.

Artists will perform from iconic Nashville locations, including the Ryman Auditorium, The Place at Fifth + Broadway, GEODIS Park, Skyway Studios and the Glen Campbell Museum.

Viewers can also expect special holiday messages from Brad Paisley, Tyler Hubbard, Maddie & Tae, Reba McEntire, Kacey Musgraves, The Oak Ridge Boys, Jon Pardi, Keith Urban and Dolly Parton.

The program will be hosted by News 2’s Good Morning Nashville anchors Nikki Burdine, Meaghan Thomas and Neil Orne. Singer, songwriter and music producer Chris Kirkpatrick will join in as the program’s national host. Former Miss Tennessee USA and Miss USA finalist Allee-Sutton Hethcoat will serve as a special correspondent.

Local viewers will be able to watch the program three times on News 2 during the holiday season: Saturday, Dec. 3 at 9 a.m., Friday, Dec. 9 at 12:30 a.m., and Saturday, Dec. 24 at 4 p.m. The Nashville Holiday Music Special will also air nationwide throughout the season by Timeless Syndication.

“This program is a beloved community tradition and such a festive way to kick off the holiday season,” said Julie Carell Stadler, co-producer and daughter of the late Monroe Carell Jr. and Ann Scott Carell. “The special brings so much joy to the patients and families of Monroe Carell Jr. Children’s Hospital at Vanderbilt. We love that the special is a holiday gift for all, and we are ecstatic to share the program with families nationwide to continue supporting Monroe Carell, our incredible children’s hospital.”

At the heart of the Nashville Holiday Music Special is a mission that is making a difference for children and families across the community, region and beyond. As a nonprofit organization, Monroe Carell provides pediatric specialty care to all children, regardless of the family’s ability to pay.

The Nashville Holiday Music Special is made possible with the support of the presenting sponsor, Nashville Convention & Visitors Corporation, as well as additional sponsors, Amazon, Coca-Cola Consolidated, DaVita, Gaylord Opryland Resort, Goldman Sachs, Gray Line of Tennessee, The Incredible Christmas Place and News 2. Executive producers include Stadler, John M. Best, Pamela Bolling and David Medeiros.



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Some restrictions apply.



Obituaries



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Margarite Diane Roberts

Margarite Diane Roberts was born June 10, 1956, in Jackson County, TN, and she passed away on Sunday, November 13, 2022 at her residence in Cookeville, TN, at the age of 66. She was the daughter of Margarite Sullivan and the late William Donald Sullivan. On February 16, 2013, she was married to Jeff Roberts, who survives. She was a housewife.

In addition to her father, she was preceded in

death by her Brother-in-Law: Richard Sharp.

Survivors include her Husband: Jeff Roberts of Cookeville, TN; Sons: Randy Dale (Lisa) Sullivan, Paul Ray Sullivan, and Joshua Johnson all of Jackson County; Step Son: James (Donna) Hastings of Sparta, TN; Daughter: Pachia (Richard Sheraton) Renee' Sullivan of Jackson County; Step Daughter: Jenny (Brian) Smith of Sparta, TN; Brother: Donnie (Kay) Sullivan of Gainesboro, TN; Sisters: Valerie Lucille

Simms of Nashville, TN, and Wanda Carol Sharp of Gainesboro, TN; her Mother: Margarite Sullivan of Gainesboro, TN; Grandchildren: Jessica Oakley, Brittany Franklin, Charlie Savage; Step Grandchildren: Tiffany (Tristan) Johnson, Brett (Karen) Hastings, Lexie (Matt) Feiden, Conner (Rachel) McBroom, Connor Smith, Weston Smith; Great Grandchildren: Xavier Oakley, Ollie Oakley, Abigail Franklin, Carson Franklin, Cooper Savage, Cheyne Savage, Cambry

Savage; and Step Great Grandchildren: Taryn Johnson, Kennedy Feiden.

The family received friends at Anderson Upper Cumberland Funeral Home on Thursday, November 17, 2022, from 4 P.M. – 8 P.M. The family has chosen cremation.

Memorial donations may be made to the Putnam County Animal Shelter by contacting the funeral home.

Anderson Upper Cumberland Funeral Home in charge of arrangements

Herman "Booger" Jones

Herman "Booger" Jones was born August 14, 1945, in Gainesboro, TN, and he passed away on Saturday, November 12, 2022 at Celina Health and Rehab Center at the age of 77.

He was the son of

the late Bedford Jones and Lena May Keith Jones. He was married to the late Thelma Dean Jones, and was retired from termite spraying.

Survivors include his Son: John Wayne Jones of Gainesboro, TN; Daughter: Christina (Ray) Burgess of Gainesboro, TN; and

Grandchildren: Eric Jones, Ethan Burgess, and Elijah Burgess.

Funeral services were held on Saturday, November 19, 2022, at 1 P.M. at Anderson Upper Cumberland Funeral Home, with Bro. Jimmy Anderson officiating. Burial will follow in the John L.

Clark Memorial Cemetery in the Stone community. Visitation was Thursday from 4 P.M. – 8 P.M., Friday from 12 Noon – 6 P.M., and Saturday from 10 A.M. until time of services.

Anderson Upper Cumberland Funeral Home in charge of arrangements

Erika Gentry

Erika Gelinda Lachman Gentry was born September 21, 1942 in Germany and she passed away on Friday, November 11, 2022 in Gainesboro at the age of 80.

She was the daughter of Paul and Ana Lachman. She was a cook and a member of the Baptist Church.

Erika was preceded in death by parents.

Survivors include her sons, Johnnie Gentry of Granville and Stanley Russell of Arkansas; daughters, Sandra Stafford of Gainesboro and Anna Marie Hodges of Maryville, TN; grandchildren, Natasha Stafford, Linda Christian, Cinda Stafford, all of Gainesboro,

Jessica Gentry, Rachel Farley and Jacob Gentry, all of Livingston and Jonah Gentry of Gainesboro, great grandchildren, Tristan Stafford, Adrianna Doney, Michael Doney, Travis Christian, Taylor Christian, Bailey Rai, Kenzie Grace and Riley Blake all of Gainesboro along with other relatives and friends.

Memorial donations may be made to assist with funeral expenses by contacting the funeral home.

Family has honored her wishes to be cremated and a memorial service will be announced at a later date.

Anderson Upper Cumberland Funeral Home in charge of arrangements.

Tony Alan Way

Tony Alan Way was born April 2, 1966, in Cookeville, TN, and he passed away on Wednesday, November 9, 2022 in Cookeville, TN, at the age of 56.

He was the son of Doyle Way and Margaret Wilson Way. He worked in house construction,

and was a member of the Willow Ave. Church of Christ.

He was preceded in death by his Sister: Tammy Young; and Brother: Tommy Lane Way.

Survivors include his Son: Cody Way of Cookeville, TN; Parents: Doyle and Margaret Way of Cookeville,

TN; and the Mother of his child: Rita Way.

Funeral services were held on Thursday, November 17, 2022, at 1 P.M. at Anderson Upper Cumberland Funeral Home. Burial will follow in the Union Hill – Flatt Cemetery on Shepardsville Hwy. in Jackson County. Visitation was Thursday from 11:30 A.M. until time of services.

Memorial donations may be made to assist with funeral expenses by contacting the funeral home.

Anderson Upper Cumberland Funeral Home in charge of arrangements.

Bettye Allen

Bettye Ruth Allen was born March 18, 1942, in Jackson County, TN, and she passed away on Monday, November 14, 2022 at Bethesda Health Care in Cookeville, TN, at the age of 80.

She was the daughter of the late Howard Lee and Decie Kay Ramsey Lee. She was married to

the late Paul Edward Allen, who passed away in 1997. She was a factory worker, and a member of the Dodson Branch Baptist Church.

In addition to her husband and parents, she was preceded in death by her Sister: Joann Ross.

Survivors include her Sons: Jeffrey Wayne Allen and Ricky Allen,

both of Cookeville, TN; Brothers: David Lee, Donnie Lee, Dale Lee, and Mark Lee, all of Cookeville, TN; Sisters: Linda Ward and Brenda Oakley, both of Cookeville, TN; Grandchildren: Jessica, Leanna, Micayla, and Malickaie Allen; and 1 Great Grandchild.

Funeral services were held on Friday,

November 18, 2022, at 1 P.M. at Anderson Upper Cumberland Funeral Home, with Bro. Bill Haney officiating. Burial will follow in the Dodson Branch Cemetery. Visitation was Friday from 10 A.M. until time of services.

Anderson Funeral Home in charge of arrangements.

Diana Nau

Diana Gayle Nau was born February 28, 1943, in Evansville, IN, and she passed away on Saturday, November 12, 2022 at her residence in Cookeville, TN at the age of 79.

She was the daughter of the late Bill Williams and Hazel Williams, and was a housewife.

In addition to her parents, she was preceded in death by her Son: Clifford Nau, Jr.; several brothers and sisters; and her Grandchild: Brandy Nau.

Survivors include her Sons: Dennis Nau of Indianapolis, IN, and Mark Allen Nau of Henderson, KY; Brother: Hillary Johnson of Evansville, IN;

Sisters: Mary Cobb of FL, and Lanie Short of Evansville, IN; Grandchildren: Chris and Cason Nau; and several great grandchildren.

The family has chosen cremation, with no services at this time.

Memorial donations may be made to assist with funeral expenses by con-

tacting the funeral home.

Anderson Upper Cumberland Funeral Home in charge of arrangements.

Betty J. Dillon

Betty J. Dillon was born January 16, 1958, in Logan, WV, and she passed away on Thursday, November 17, 2022 at her residence in Gainesboro, TN, at the age of 64.

She was a truck driver, and served in the U.S. Navy.

She was preceded in death by her Mother: Louis Hatfield; and Sister: Edith.

Survivors include her Daughters: Rebecca Dillon of Sparta, TN, and Emily Cordeiro of CT; Step Daughter: Angela Moses of Vevay, IN; Brother: Danny Hatfield of WV; Sister: Kathy Hatfield of WV; and Grandchildren: Kayley Cordeiro, Kayden Cordeiro, and Rayleigh Eury.

The family has chosen cremation, with no services at this time.

Memorial donations may be made to the Wounded Warrior Project by contacting the funeral home.

Anderson Upper Cumberland Funeral Home in charge of arrangements.



The Family of Kenneth F. Fielder would like to Thank everyone who helped us through this difficult time. A Special Thank You to Hooper Huddleston and Horner Funeral Home and all those who traveled to be with us. We are so Thankful for the overwhelm-

ing amount of love, prayers, food, cards, money and hugs we have been Blessed to receive. It is with Your Prayers and God's Love that we go forward day by day.

The Fielder Family,
Rhonda, Lori and Kathy and The Hensley Family



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Points Of View

Send Letters to the Editor to
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Thanksgiving And A Lifestyle Of Saying Thank You

GLENN MOLLETTE
special to the *Sentinel*

Thanksgiving is coming and it’s never out of season to say thank you. Say thank you to your local politicians. The majority of those who pursue an office, lose. Losing is tough and usually expensive. Thank them for their interest in your community or state and for the time they gave making their case and pursuing votes. Our world would be better if we all said thank you and please as often as possible. Amazingly many people don’t know how to say thank you, or please. If someone does anything for you say thank you. Even if they haven’t necessarily done it for you but are helping others then say thank you. Thank your community leaders, teachers, politicians, clergy, this media source, family, friends and anyone who is somehow positively impacting your life. Teaching our kids to say thank you and to say it often is well worth our time for us and them. Here are some thank you notes from Reader’s

Digest:

- About 15 years ago, we purchased a dining set from an older couple after seeing their ad. When we went to pick it up, it was apparent to me that the lady was having a hard time seeing it go, although it hadn’t been used for many years. On Thanksgiving, I set the table, took a picture, and sent it to her, saying we were thankful to be enjoying the beautiful set. She sent a note back that read, it looks like it was meant to be. It really has helped me, seeing it happy. Thank you from my heart. — Diane Ensich, Mansfield, Texas
- As a volunteer, I recorded several audiobooks for the blind. I received a braille card that said thanks for my work. Fortunately, the sender also enclosed a reading chart for the braille words. It took me 90 minutes to figure out what the card said. It reminded me of how blessed I am and how much I can keep giving. — Yen Chou, Taipei, Taiwan
- My coworker sent me this heartwarming e-mail after I was laid off: Thank you for giving me a chance way back

when. This position got me off state assistance, paid for my car, and has blessed me and my son in so many ways. You have been an amazing mentor and friend, Mike. The best! I’ve learned so much and not just about pest control. To speak up for myself. To be less emotional when things go wrong. To have patience with myself and others. Thank you for being so incredibly patient with me and my thousands of questions and mistakes! It has helped my confidence in so many ways. Thank you! Thank you! It was humbling for me to know that I had that kind of impact on someone’s life by just being myself, doing my job. — Michael Shearing, Port Angeles, Washington.

- After I had worked as a mail carrier for 30 years, it was time to retire. I put a note in each of my 436 customers’ mailboxes, thanking them for allowing me to serve them over the years. I never expected that on my last day so many would hang balloons on the boxes and put out so many beautiful thank-yous. I hope I de-

livered all the mail properly that day, as there were tears of gratitude filling my eyes. — Kay Scott, Bucyrus, Ohio

- I was gram’s favorite, and she was mine. She passed away in September 2016, at 100½—she always said you earned the “half” when you got to be her age. To my surprise, I received a card in the mail that my sweet grandma had tucked away for my aunt to send after she passed. It read, Melis, thank you for all the nice things you did for me. Remember, this is the year you’ll meet your man. Be cool and play it safe. Don’t screw it up. Be careful. I’ll be watching you. All my love, Gram. — Melissa Wegman, Cincinnati

You can find these and other thank you notes on RD.com.

Thanksgiving season is here. Let’s all aim for a lifestyle of saying thank you.

Glenn Mollette, of Newburgh, Indiana, is a graduate of numerous schools, including Georgetown College and Southern and Lexington seminaries in Kentucky. His email address is GMollette@aol.com.

The PACT Act And You



by Freddy Groves

The Sergeant First Class Heath Robinson Honoring our Promise to Address Comprehensive Toxics, also known as the PACT Act, adds a number of important modifications to veteran health care. Among other benefits, PACT requires the Department of Veterans Affairs to do a toxic exposure screening on each veteran who’s enrolled in VA health care. That’s a good start. Additionally, it extends eligibility for veterans who were exposed, adds more exposure locations for radiation and Agent Orange, and adds over 20 more presumptive conditions for AO and other toxin exposure, as well as exposure to burn pits. That word “presumptive” is key. It means you don’t have to fight tooth and nail to prove that an illness came from being stationed at a particular location. It’s “presumed” that your illness came from being there and that the surrounding conditions were the cause. You don’t have to prove a thing. If you’ve been get-

ting VA care for several years, the name can be confusing because “PACT” used to mean something else: Patient Aligned Care Teams. In that incarnation of PACT, personalized primary care was the objective. It started in 2010 with the creation of teams made up of nurses, providers, social workers, pharmacists, nutritionists and many others. They would employ e-health visits, phone calls, monitoring at home, group visits, the whole medical gamut, to give individualized care to veterans. Surveys done then indicated that the program was modestly successful, at least when it came to reducing the number of urgent care visits (33%) and hospital admissions (12%). Let’s just hope that the current incarnation of PACT is at least that successful. To read about the current PACT, go to va.gov/resources/the-pact-act-and-your-va-benefits. You can read about eligibility of various eras, screenings, filing claims, info for survivors and more. For specific help with how you can file a claim, call them at 800-698-2411. Or go to va.gov and file Claim Form 21-526ez online. (c) 2022 King Features Synd., Inc.

SSI: 50 Years of Financial Security

The Social Security Administration is celebrating 50 years of the Supplemental Security Income (SSI) program. President Nixon signed the SSI program into law on October 30, 1972. Two years later, in January 1974, the agency began paying SSI benefits to people who meet the eligibility requirements. SSI recipients have limited income and resources, and this monthly payment helps meet basic needs for food, clothing, and shelter. Fifty years later, SSI remains a lifeline program for millions of people and households. SSI helps children and adults under age 65 who have a disability or are blind and who have income and resources below specific financial limits. People age 65 and older without disabilities—who meet the financial qualifications—may also receive SSI payments. If you know someone who wants to apply for SSI, it’s best to

start the process online. The online process takes about five to ten minutes, and no documentation is required to start. The SSA will need the following basic information about the person applying or the person helping someone to apply:


- * The name, date of birth, Social Security number, mailing address, phone number, and email address (optional) of the person who is interested in applying for SSI.
- * If helping another person, we need the name, phone number, and email address (optional) of the person helping.

Once you or your client provide this information and answer a few questions, the SSA will schedule an appointment to help them apply for benefits. They will send a confirmation with the appointment date and time by mail and email (if provided). In some cases, SSA may call to schedule the appoint-

ment. If you or your client are unable to begin the process online, your client may schedule an appointment by calling 1-800-772-1213 (TTY 1-800-325-0778) from 8:00 a.m. to 7:00 p.m.


local time, Monday through Friday. You may also contact your local Social Security office. You and your clients can find the phone number for their local office on the Social Security website.

Americanisms



“Thanksgiving is so called because we are all so thankful that it only comes once a year.”
— P. J. O’Rourke

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Adam Johnson, Publisher

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Kristy Brown, Superintendent 268-0119 Amanda Taylor 268-0119	Kim Denson 268-0119 Mark Allen 268-0119 Marty Woolbright 268-0119	Mark Brown, Chairman 268-0119 Mitchelle Hix 268-0119
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Representatives

Paul Bailey 304 War Memorial Building Nashville, TN 37243 Phone: (615) 741-3978	Michael Hale 425 Rep. John Lewis Way N. Nashville, TN 37243 Phone: (615) 741-2192	John Rose 1232 Longworth HOB Washington, DC 20515 Phone: (202) 225-4231	Bill Hagerty B11 Russell Senate Office Building Washington DC 20510 Phone: (202) 224-4944	Marsha Blackburn B40B Dirksen Senate Office Building Washington, DC 20510 Phone: (202) 224-3344
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Crustless Pie A Treat For Those With Gluten Intolerance

The holiday season is a popular time to entertain. Food is often a focal point of holiday season entertaining. Individuals who navigate food allergies or intolerances may shy away from certain celebrations out of fear that a nibble of this or a bite of that may trigger an allergic response. In such instances, concern about ingredients can cast a pall over normally festive occasions.

Those with Celiac disease or gluten intolerances must be mindful of the foods they consume. Meals or desserts containing gluten, a protein found in grains like wheat, semolina, rye, barley, graham, spelt, farina, and more, can trigger intestinal distress and other symptoms. With delicious pies, cakes and cookies on the holiday serving table, gluten is likely to make an appearance. However, with

careful planning, people who cannot stomach foods that contain gluten can still indulge in their favorite holiday flavors. “Crustless Libby’s® Famous Pumpkin Pie” is a variation on traditional pumpkin pie served at Thanksgiving and Christmas gatherings. Without the crust, individuals who avoid gluten can still dive into that pumpkin-and-spice combination that’s so popular around the holiday season. Enjoy this recipe, courtesy of Libby’s® Pumpkin.


Crustless Libby’s® Famous Pumpkin Pie Makes 8 servings
3/4 cup granulated sugar
1 teaspoon ground cinnamon
1/2 teaspoon salt
1/2 teaspoon ground ginger
1/4 teaspoon ground cloves

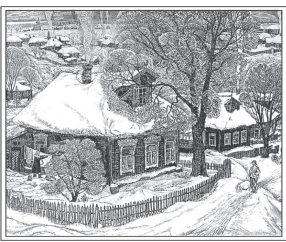
2 large eggs
1 can (15 ounces) Libby’s® 100% Pure Pumpkin
1 can (12 fluid ounces) Nestlé® Carnation Evaporated Milk
Nonstick cooking spray
Whipped cream (optional)
1. Preheat oven as directed below. Glass baking dishes without crust require a cooler oven, and in most cases, a longer baking time.
2. Spray baking dish with nonstick cooking spray or lightly grease bottom of baking pan or baking dish.
3. Mix sugar, cinnamon, salt, ginger and cloves in a small bowl. Beat eggs in a large bowl. Stir in pumpkin and sugar-spice mixture. Gradually stir in evaporated milk.
4. Bake as directed below or until a knife in-

serted near center comes out clean.
5. Cool on wire rack for 2 hours. Serve immediately or refrigerate.
Cooking times
9-inch-round glass pie dish: 325 F; bake for 55 to 60 minutes
10-inch-round glass pie dish: 325 F; bake for 45 to 50 minutes
8-inch-round cake pan: 350 F; bake for 45 to 50 minutes
9-inch-round cake pan: 350 F; bake for 35 to 40 minutes

8-inch-square baking pan: 350 F; bake for 45 to 50 minutes
8-inch-square glass baking dish: 325 F; 50 to 60 minutes
9-inch-square baking dish: 350 F; bake for 35 to 40 minutes
11x7-inch glass baking dish: 325 F; bake for 45 to 50 minutes
13x9-inch baking pan: 350 F; bake for 35 to 40 minutes
13x9-inch glass baking dish: 325 F; bake for 40 to 45 minutes




**THE ILLUSTRATED BIBLE**



Perhaps I will stay with you for a while, or even spend the winter, so that you can help me on my journey, wherever I go.

1 CORINTHIANS 16:6

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IF YOU WANTED BREAD, YOU HAD TO MAKE IT—FROM START TO FINISH!



IN BIBLICAL TIMES, THE MISTRESS OF THE HOUSE, FIRST THING ON ARISING, WOULD ATTEND HER FAMILY'S DAILY NEED FOR BREAD. FIRST, THE GRAIN (USUALLY BARLEY OR RYE) HAD TO BE GROUND INTO MEAL, SIFTED TO FLOUR, THEN MIXED INTO A PASTE WITH WATER... NOW IT WAS KNEADED INTO DOUGH AND LEAVEN ADDED, LEFT STANDING LONG ENOUGH FOR IT TO RISE, THEN THE DOUGH WAS DIVIDED AND SHAPED INTO CAKES FOR BAKING. A FAMILY HAD ITS OWN PORTABLE OVEN OF STONE, WHICH STOOD ABOUT THREE FEET HIGH AND WAS HEATED ON THE INSIDE BY WOOD OR DRY GRASS FIRE, THE CAKES OF DOUGH BEING PLASTERED ON THE OUTSIDE TO BE BAKED....



...USUALLY, IT WAS ONE OF THE YOUNGER DAUGHTERS OF THE HOUSEHOLD WHO SUPERVISED THE BAKING OF THE CAKES, FOR THEY HAD TO BE CAREFULLY TURNED DURING THE PROCESS LEST ONE SIDE BE BURNT.



BREAD OVER 3,500 YEARS OLD EGYPTIAN LOAVES LIKE THIS ARE ON DISPLAY AT THE METROPOLITAN MUSEUM OF ART, NEW YORK CITY, HAVING BEEN FOUND IN ANCIENT TOMBS AT THEBES, EXACTLY AS THEY WERE BAKED!

NEXT WEEK: ONE STRAY ARROW!

SAVE THIS FOR YOUR SUNDAY SCHOOL SCRAP-BOOK

AREA CHURCHES		
BAPTIST	CHURCH OF CHRIST	JEHOVAH'S WITNESS
GLADDICE MISSIONARY BAPTIST	HURRICANE CHURCH OF CHRIST	JEHOVAH'S WITNESSES
NEW HOPE BAPTIST CHURCH	FREESTATE CHURCH OF CHRIST	METHODIST
NEW ZION MISSIONARY BAPTIST CHURCH	LAKEVIEW CHURCH OF CHRIST	CURRY CHAPEL UNITED METHODIST CHURCH
SPRING CREEK THE BAPTIST CHURCH	LIBERTY CHURCH OF CHRIST	FAIRVIEW FREE METHODIST CHURCH
DODSON BRANCH SOUTHERN BAPTIST CHURCH	MCCOINSVILLE CHURCH OF CHRIST	GAINESBORO FIRST UNITED METHODIST
GAINESBORO FIRST BAPTIST CHURCH	MORRISON CREEK CHURCH OF CHRIST	GRANVILLE UNITED METHODIST CHURCH
CUMMINS MILL BAPTIST CHURCH	NEW SALEM CHURCH OF CHRIST	MOUNT UNION UNITED METHODIST CHURCH
CATHOLIC	NORTH SPRINGS CHURCH OF CHRIST	SMITH MEMORIAL UNITED METHODIST CHURCH
ST. THOMAS AQUINAS	PLEASANT HILL CHURCH OF CHRIST	OTHER
CHURCH OF CHRIST	RICHMOND CHAPEL CHURCH OF CHRIST	WARTRACE COMMUNITY CHURCH
BEECH GROVE CHURCH OF CHRIST	SHILOH CHURCH OF CHRIST	MOUNTAIN CHAPEL MINISTRY
BAGDAD CHURCH OF CHRIST	STONE CHURCH OF CHRIST	SONLIGHT CHURCH
BURRISTOWN CHURCH OF CHRIST	SUGAR CREEK CHURCH OF CHRIST	POSTON'S COMMUNITY CHAPEL CHURCH
CENTER GROVE CHURCH OF CHRIST	WHITE'S BEND CHURCH OF CHRIST	MT. PLEASANT COUNTRY CHURCH OF GOD
CHURCH OF CHRIST	UNION HILL CHURCH OF CHRIST	OLD ANTIOCH COMMUNITY CHURCH
DUDNEY'S HILL CHURCH OF CHRIST	WHITLEYVILLE CHURCH OF CHRIST	NEW HOPE COMMUNITY
FREEWILL COMMUNITY CHURCH OF CHRIST	ZION CHURCH OF CHRIST	WORLD OUTREACH
FLYNN'S CREEK CHURCH OF CHRIST		PLEASANT GROVE PRESBYTERIAN CHURCH
GIBSON AVENUE CHURCH OF CHRIST		BURRISTOWN ASSEMBLY OF GOD
		DILLARD'S CREEK COMMUNITY CHURCH
		THE LIFE HOUSE CHURCH

Agriculture

Plan Now To Guarantee A Tree

Tennessee’s weather has been accommodat- ing for most Christmas tree farms this year, making it a great time for your family to pick the perfect tree to take home.

“Our producers have worked hard and this year’s crop of Christmas trees is the best quality,” owner of Big Sky Farm

in Sumner County and Tennessee Christmas Tree Growers Associa- tion executive director Justin Diel said. “As a result, there are plenty of locally-grown trees available across the state. A Tennessee Christmas tree purchased directly from the farm will often have better needle reten- tion than what you may

find at the store. To have the best opportunity to find the perfect tree for your home and family, visit one of Tennessee’s beautiful Christmas tree farms soon.”

Many Christmas tree farms will open sooner than usual this year; some as early as Nov. 19. We recommend visit- ing your local Christ- mas tree farm early in the season for the best selection. Regardless of when you go, producers recommend you contact them for tree availability and hours of operation before you travel.

This is the fifth year that Pinewood Christ- mas Tree Farm in Wil- liamson County has been open to the public, and it will be their first year offering choose-and-cut trees. “We are so excited to be a vital part of our customers’ treasured holiday memories and to provide real trees for their homes,” owner Jam- ie Faircloth said. “We are also looking forward to offering our customers species of trees that are locally grown in Middle Tennessee.”

If you’re not inter- ested in a tree, there are other farm-fresh deco- rating options. Lush,

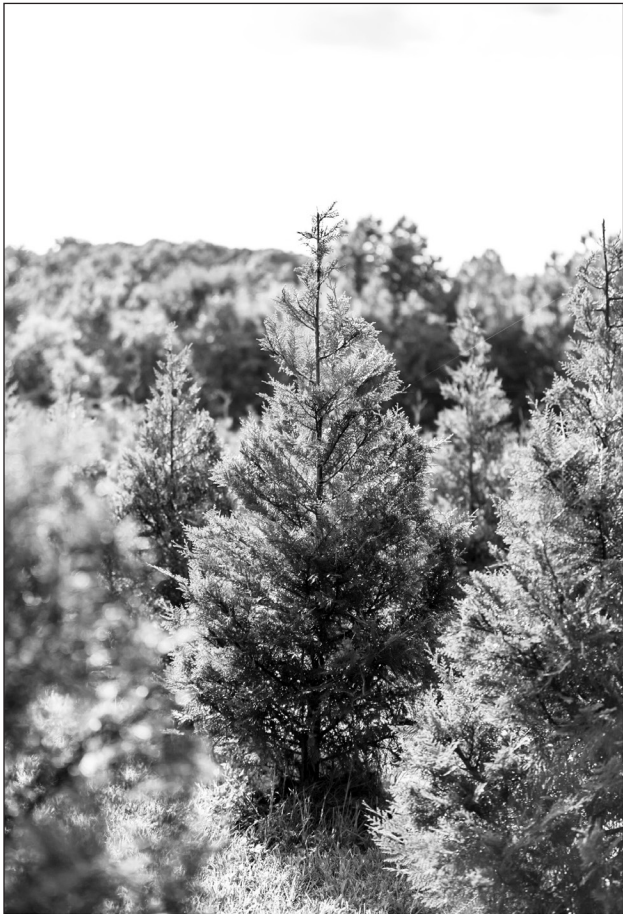
natural wreaths and garland for a home’s exterior are a perfect solution for those who want to enjoy aromatic holiday greenery. Many Christmas tree growers have special equipment for wreath and garland making, and they will work with customers to create the wreath that

is the ideal variety and size.

Whether you’re hop- ing to create the picture- perfect wreath, take a hike or wagon ride along the trails, sip some cider, or stroll through a gift shop, you will make memories that will last a lifetime at a Tennessee Christmas tree farm this

season.

Visit [www.PickTN- Products.org](http://www.PickTN-Products.org) or use the free Pick Tennessee mo- bile app to find a local Christmas tree farm near you. Follow @PickTN- Products on Facebook, Twitter, and Instagram to learn more about lo- cal activities, seasonal recipes, and products.



Teaming Up To Advance FFA Programs

The State of Tennes- see is implementing a new model for agricultural edu- cation that will advance op- portunities for students and enhance support for teach- ers.

The Tennessee Depart- ment of Agriculture (TDA) and the Tennessee Depart- ment of Education (TDOE) are partnering with a Mem- orandum of Understanding (MOU) to boost Tennes- see’s agricultural education programs through the FFA student organization. Tennes- see’s FFA enrollment has more than doubled since 2020, making it one of the largest FFA organi- zations in the nation.

Changes set forth in the MOU include creating six new staff positions at TDA that are focused on FFA members and their learning activities outside of the classroom, includ- ing the Supervised Agri- cultural Experience (SAE) programs and FFA com- petitions and events. The model creates an FFA State Director position under the purview of TDA. TDOE will continue to focus on in-classroom curriculum development and teacher support, and a new FFA Deputy State Director will be added to their staff.

“Agriculture is the top industry in the state, and developing future lead- ers in agriculture, food, fiber, and natural resource systems is essential to our economic outlook,” Ag- riculture Commissioner Charlie Hatcher, D.V.M. said. “TDA is pleased to be a part of this new struc- ture of collaboration with educators to better prepare the next generation of ag- ricultural and forestry pro- fessionals. Anytime we can enhance learning experi- ences for students, we are all in.”

Experience beyond the classroom will be extended into communities to help students develop compe- tencies in ag careers. TDA

will design and facilitate immersive SAE projects that align with principles of agricultural education stan- dards designed by TDOE.

“Tennessee under- stands the importance of agricultural education, and thanks to our state partners at TDA, Tennessee can provide even more sup- ports and growth opportu- nities for students across the state,” Education Com- missioner Penny Schwinn, Ph.D. said. “The depart- ment will continue support- ing teachers and ensure that this instruction is aligned with core FFA skills—sci- ence, math, communica- tions, leadership, manage- ment, and technology—to support the postsecondary success of our students.”

TDOE will design and implement K-12 agricul- tural education course standards and resources for classroom and labora- tory instruction with the application of skills dem- onstrated in SAE projects and programs.

“Tennessee FFA is growing faster than ever and the need for aspir- ing leaders and workers is strong,” State FFA Presi- dent Taylor Cantrell said. “This new partnership be- tween the Departments of Agriculture and Education will help students ultimate- ly meet the needs of indus- try and of our communities. FFA members now and in the future will benefit from this positive change.”

The Tennessee General Assembly and Governor Bill Lee established an Ag- ricultural Education and Youth Participation Task Force in 2019 to address the national decline in the number of young adults entering the agriculture workforce. A five-mem- ber, volunteer Agricultural Education Council will be established to serve as the primary advisory group for the agricultural education program model in Tennes- see.



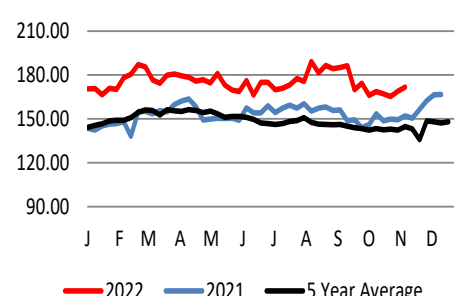
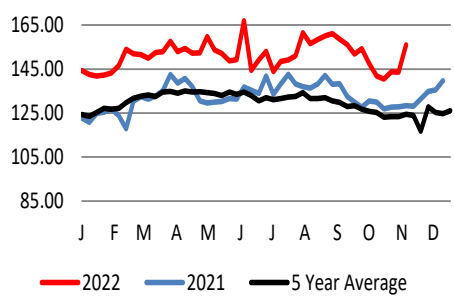
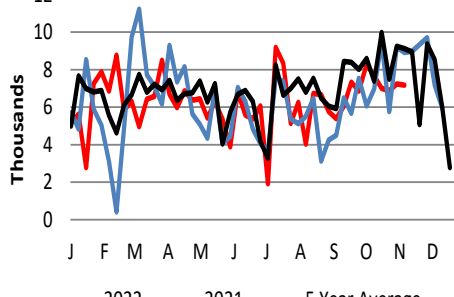
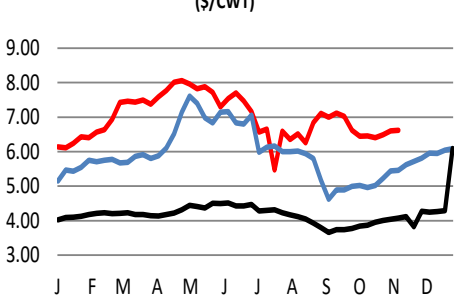
Cutting back perennials

When it comes to perennials, don’t cut them back until after several hard frosts. The roots are still reclaiming energy for healthy growth in the spring, and the decomposing leaves insulate the plant during freezes and thaws and provide fertilizer for spring growth. Leave seed- heads standing to feed the birds in cold weather. However, you should remove dead foliage containing pests or disease.

Source: www.almanac.com

– Brenda Weaver

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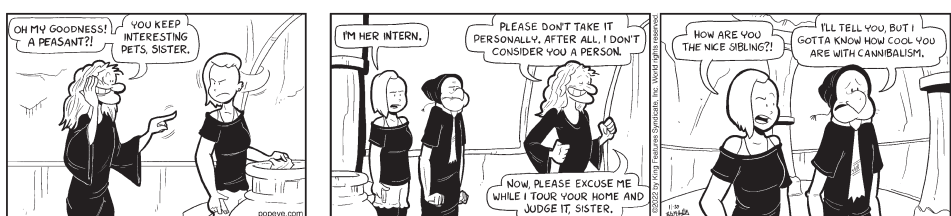
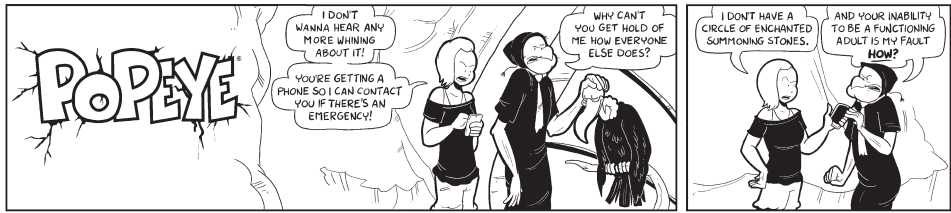
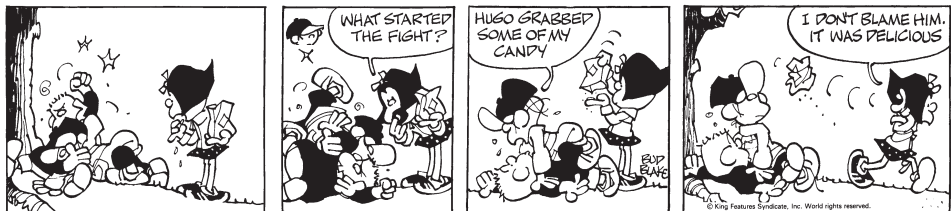
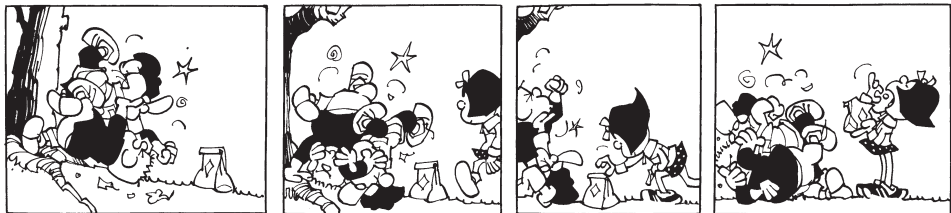
Weekly Tennessee Cattle and Grain Summary				USDA Livestock, Poultry & Grain Market News			
Nashville, TN				Monday, November 14, 2022			
For Week Ending:				Saturday, November 12, 2022			
Receipts: 7,178				Last Week: 7,238		Last Year: 8,912	
Compared to last week, all classes of feeder cattle were unevenly steady with mostly moderate demand. Slaughter cows were mostly steady with a lower undertone, and slaughter bulls were mostly steady				View Full Summary			
STATE AVERAGES				WEEKLY 400-600 LB FEEDER STEER M&L 1-2 WEIGHTED AVERAGE PRICE (\$/CWT)			
Steers (M&L 1-2)							
	This Week	Prior Week	Last Year				
300-350 lbs	178.76	173.58	166.67				
350-400 lbs	181.98	177.89	170.51				
400-450 lbs	178.11	178.35	161.26				
450-500 lbs	175.55	172.93	154.07				
500-550 lbs	170.25	163.39	147.05				
550-600 lbs	161.26	160.17	141.84				
600-650 lbs	157.51	155.48	137.78				
650-700 lbs	155.73	156.32	136.35				
700-750 lbs	146.18	149.18	131.09				
750-800 lbs	147.68	143.35	132.06				
Heifers (M&L 1-2)				WEEKLY 400-600 LB FEEDER HEIFER M&L 1-2 WEIGHTED AVERAGE PRICE (\$/CWT)			
							
300-350 lbs	157.57	152.21	136.94				
350-400 lbs	157.10	153.63	129.64				
400-450 lbs	152.55	151.10	130.33				
450-500 lbs	148.69	145.56	129.06				
500-550 lbs	143.30	141.50	124.99				
550-600 lbs	141.01	138.63	122.46				
600-650 lbs	138.32	134.50	119.85				
650-700 lbs	132.76	132.45	117.98				
700-750 lbs	129.42	129.12	113.28				
750-800 lbs	125.84	125.01	112.40				
WEEKLY COW SUMMARY				WEEKLY TENNESSEE CATTLE AUCTION RECEIPTS			
Slaughter Cows							
	Average	High	Low				
Breakers	58.00-78.00	66.00-84.00	53.00-64.00				
Boners	57.50-78.00	67.00-87.00	50.00-60.00				
Lean	43.00-68.50	62.00-84.00	35.00-52.00				
Slaughter Bulls				WEEKLY TENNESSEE CORN BID AVERAGE PRICE (\$/CWT)			
	Average	High	Low				
Yield Grade 1's	82.00-109.00	92.00-121.00	65.00-88.00				
October 24, 2022				Columbia, TN			
GOATS: 577							
KIDS-Selection 1 40 lbs 310.00-320.00; 50-55 lbs 330.00-335.00; 65-67 lbs 280.00-300.00; 84-85 lbs 250.00-255.00. Selection 2 49 lbs 300.00-302.50; 53 lbs 320.00; 60-68 lbs 250.00-290.00; 93 lbs 197.50.							
LAMBS: 412							
Woolled & Shorn-Choice and Prime 2-3 100-135 lbs 160.00-205.00; 158 lbs 160.00. Hair Breeds-Choice and Prime1-2 69 lbs 235.00. Choice and Prime 2-3 50-58 lbs 240.00-330.00; 67-69 lbs 215.00-245.00; 70-76 lb: View Full Report							
View Full Grain Report				USDA-TN Livestock, Poultry & Grain Market News			
GRAINS				Nashville, TN			
Corn				Jodee Inman, OIC 502-523-6961			
Soybeans				Email: Jodee.Inman@usda.gov			
New Crop Wheat				USDA Livestock, Poultry, and Grain Market News			

Leisure



TIGER

by **BUD BLAKE**



HOROSCOPES

ARIES
Mar 21/Apr 20
You have an energy to re-lease this week, Aries. But you are not sure if the world is ready for you. Don't expect the same reaction from everyone when you interact.

TAURUS
Apr 21/May 21
Something in your life that seems ordinary on the surface can turn into something that is rather special. Taurus. Keep your eyes peeled for every possibility.

GEMINI
May 22/June 21
Gemini, all of the fanfare you are about to receive can make it seem like you are the most popular person on the planet. Revel in the attention while you have it.

CANCER
June 22/July 22
Sometimes the less traveled path can take you to some pretty special places, Cancer. Don't be so quick to rule out opportunities that are right in front of you.

LEO
July 23/Aug 23
Start evaluating personal habits that may be holding you back, Leo. Upon closer examination, you may discover that there are some things you can easily change for the better.

VIRGO
Aug 24/Sept 22
Virgo, much to your relief, your hard work could start paying off very soon. It has been a long time coming, so enjoy any rewards that come from your efforts.

LIBRA
Sept 23/Oct 23
Consider a partnership that falls into your lap, Libra. It may provide you with some new social and business connections. There's a lot of opportunity coming down the pike.

SCORPIO
Oct 24/Nov 22
Scorpio, it is alright to desire some quiet, but too much excitement is surrounding you lately for things to settle down just

yet. Ride this wave a little longer.

SAGITTARIUS
Nov 23/Dec 21
A week full of possibilities and positivity lies ahead for you, Sagittarius. The only question is, "what are you going to do with it?" Bring a friend for the ride.

CAPRICORN
Dec 22/Jan 20
Capricorn, no matter how much work you have on your plate, rest assured that you have all of the resources available to get things done successfully.

AQUARIUS
Jan 21/Feb 18
The stars are interested in showering you with plenty of love right now, Aquarius. This could be one of the most enjoyable weeks you've had in quite a while.

PISCES
Feb 19/Mar 20
Romance could bloom this week if you are interested, Pisces. You also may be able to solidify an existing relationship.

Even Exchange

by **Donna Pettman**

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-----------------------|-------------|----------------------|-------------|
| 1. Flagmaker Ross | ___ _ _ S _ | Miss Boop | ___ _ _ T _ |
| 2. Miss Piggy's love | K _ _ _ _ _ | Loner | H _ _ _ _ _ |
| 3. Bench | ___ _ A _ _ | Church musical group | ___ _ O _ _ |
| 4. Live-in babysitter | ___ _ _ N _ | Ms Drew | ___ _ _ C _ |
| 5. Ballerina, e.g. | ___ _ _ C _ | Peril | ___ _ _ G _ |
| 6. Windy on and off | ___ _ _ _ Y | Enthusiasm | ___ _ _ _ O |
| 7. Interfere | _ _ E _ _ _ | In the center | _ _ I _ _ _ |
| 8. Change | _ _ _ _ E _ | Church table | _ _ _ _ A _ |
| 9. Airplane hobby kit | _ _ _ D _ _ | Lodger's inn | _ _ _ T _ _ |
| 10. Get the better of | _ _ _ _ W _ | Ensemble | _ _ _ _ F _ |

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Weekly SUDOKU

by **Linda Thistle**

5				2				7
	4		1			8		
		8	3		6		9	
1				6				3
	8				3		5	
		7	5			9		1
	9	1	2				6	
	3			5		2		
7				8				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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See this week's answers in next week's edition of the Sentinel

5	6	8	9	7	8	2	1	7
9	7	2	5	7	1	8	8	6
1	7	8	6	8	2	5	7	9
7	8	6	8	9	9	1	7	2
2	1	9	7	6	7	8	8	9
7	8	5	2	1	8	6	9	7
8	2	7	7	7	1	8	9	6
8	9	7	1	1	9	6	7	2
6	9	1	3	7	7	7	7	8

Answer

Weekly SUDOKU

A	N	I	E	T	S	E	T	S	D	S
S	O	O	R	C	S	E	N	E	G	E
A	C	N	T	A	V	U	S	O	B	L
N	I	K	I	P	A	V	E	R	B	I
S	D	N	A	B	A	C	E	G	O	T
O	E	N	A	V	I	N	G	S	V	T
P	A	V	E	D	H	A	O	O	A	V
T	O	A	T	H	G	I	L	L	I	S
S	U	N	S	T	A	N	E	N	D	S
P	R	E	S	S	O	F	F	E	S	S
A	C	H	E	S	E	I	T	A	D	A
S	M	O	G	A	R	G	N	W	E	N

- Even Exchange**
- | | |
|-------------------|--------------------|
| 5. Globe, Glove | 10. Polite, Polite |
| 4. Lunch, Hunch | 9. Chore, Chord |
| 3. Fight, Flight | 8. Reveal, Reveal |
| 2. Plaid, Plain | 7. Genre, Genre |
| 1. Spring, String | 6. Saddle, Paddle |

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: F equals T

Z'P OIYMPYAUCE FZMOV YR
WJNZIS IY TJMOOM JIV FWAU
UFMASSCZIS RZIJITZJCCE.
Z IOOV J NYTJFZYI!

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IN WHICH TENNESSEE COUNTY IS THIS COMMUNITY LOCATED?

- | | | | | |
|--------------------|----------------|-------------------|-------------|------------------------|
| 1. Hardy's Chapel? | 3. Deer Lodge? | 5. Grassy Cove? | 7. Robbins? | 9. Banner Springs? |
| 2. Moodyville? | 4. Manson? | 6. Dodson Branch? | 8. Windle? | 10. Hermitage Springs? |

CryptoQuip
What would you call actress Tomlin if her home were on a narrow side road? Lily of the alley.

Sticklers Answer
It should be CONCILIATION. CONCILIATION is spelled incorrectly.

SCRAMBLERS
Today's Word
1. Delve 2. Induce 3. Stable; 4. Lotter

STICKELERS by Terry Stickels

Match the words of the left with their meanings on the right.

1. palliate	a. pleasing, charming
2. paragon	b. a model of excellence
3. sagacity	c. radiant
4. winsome	d. to reduce severity
5. effulgent	e. shrewdness

SCRAMBLERS
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

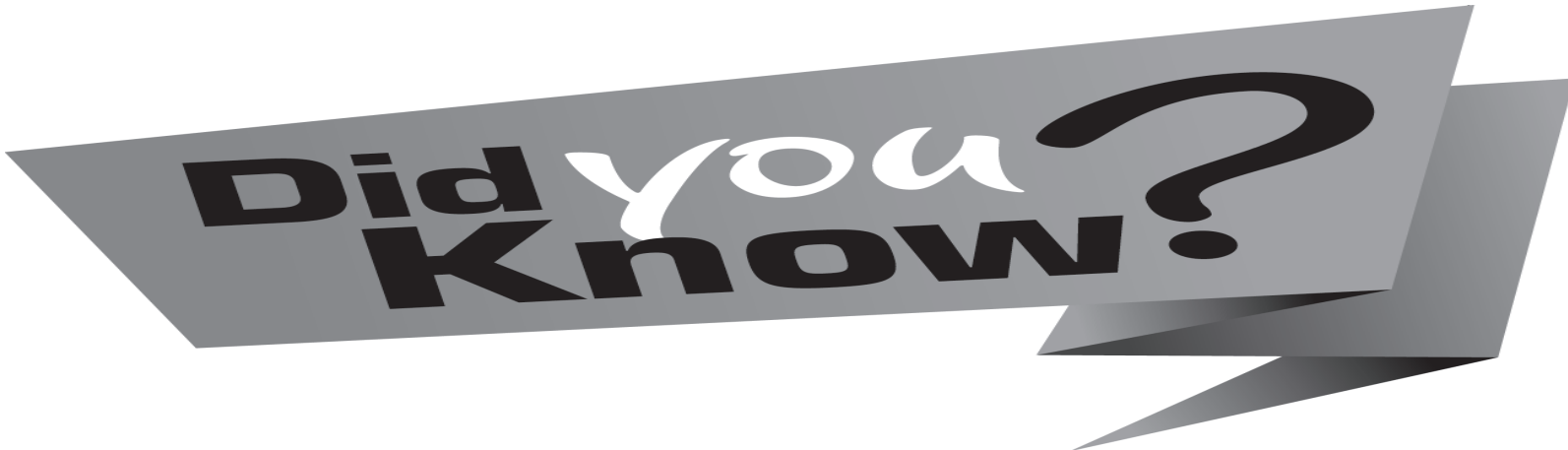
Look **RUPEES**

Grow **SPROUT**

Trap **RENCOR**

Think **NEEDS**

TODAY'S WORD



Lifestyles

How To Cook A Thanksgiving Turkey

From Mrs. Donna’s class at Over the Rainbow

I learned how to drive the side by side by myself. I will drive the side by side to the turkey on the farm and my daddy will shoot it with his big gun. Daddy gives me and sissy the super hero bucks feet so he will give us the turkey feet. Daddy will shoot the turkey and then chop it all up. We will put ice on it. We will take it home to mommy so that she can cook it. Mommy will cut it up more with daddy’s knife but she has to be real careful. It might cut you. She will lay it on its side, pull the feathers off, and put salad all over it. We will fix it in the garage. The turkey is too little to hang up with the bucks so we will have to lay it on the floor. Mommy will turn the oven all the way up to the hottest and cook it for like 10 years. We will have to wait, and wait, and wait, and then it will go DING and then it will be ready to eat. Mommy will cut it into little pieces and dip it in ketchup. We will use the metal forks because the plastic forks might break and we have to be careful because we might have to go to the doctor if we cut ourselves. They will call the doctor and say, “oh no, Hunter got cut”. We will eat it with French fries and chicken nuggets. Then we will get a happy meal at the happy meal store with some pizza and cheese. I am going to lay on the couch and read while I wait on my food because I love to read since my tablet just dies and dies. I will

have Thanksgiving dinner with my momma, daddy, and my sissy.

Hunter John Foster

I am going to the Dollar Store to get a turkey. I don’t like turkey but mommy does. Mommy will put bacon, hot-dogs, spaghetti, and pizza inside of the turkey to cook it. She will cook it at 1 degree for 6 minutes or 45 minutes. The turkey is done when it is 76 or 78 degrees hot. I will just eat the pizza instead of the turkey. I will take my turkey to school and give it to my friend Hunter. He likes turkey. I will have ice cream for dessert.

Alice Maynor

I will go to the dollar store and get a turkey for all of my friends and for everybody that lives near the dollar store. The dollar store goes to get the turkey from the turkey dollar store. My daddy will get the turkey and cook it. My dad will put hot dogs inside of it but I will tell him that won’t taste good. I will tell him that spaghetti will make it taste super good. Pizza will make it taste good too. We will turn the oven up until it gets so hot that I say “Ouchy”. The turkey will cook for 5 minutes. We will put some gloves on so that we can get the turkey out of the oven. I really don’t like turkey. I just want to eat good food, like mac n cheese. For dessert I only want to eat the good food and not turkey.

Mason Hammock

Mommy and daddy and me, all three of us will go to the store and buy a turkey. It’s that big blue door store with

the little yellow c stickers on the door. We have a little oven and a big oven. We will wash the turkey with soap, put seeds on it, and cook it in the oven that it fits in. We will cook it on 10 hot for 10 days. It takes a long time to cook a turkey. The turkey is done when there are all zeros on the thermometer. I don’t like turkey but I will eat the white, brown, and black beans and peas. I love peas. For dessert I will have peanut butter and crackers.

Raylan Gibson

My mommy and daddy will go to the store in Tennessee to get a turkey. It cost one dollar. My daddy will pay for it. We will put it in the floor and put it in the front of the car on the floor. Mommy will take it to a farm where me and daddy will pet the cows and a horse. I want to pet the fish but they bite my fingers and I don’t like that. I won’t pet the fish. We will take the turkey out of the floor and take it home. Mommy will cook it in the stove on hot till it’s done for 2 days. It is done when it doesn’t bite me. I will eat my turkey with ketchup and lemonade. For dessert, I will eat ice-cream at the train store with mommy, sisters, daddy, Kayla, the boys, Uncle Joe because that is my Uncle Joe. Don’t forget Aunt Kayla too.

Alex Cothern

My mommy will get a turkey at the store. We went to buy a turkey at the store the other day, but mommy said no! We can’t get a turkey not until its Thanksgiving and then she will buy it. Mommy will put

it in the oven with sauce and salt. It will be cold but then we put it in the oven until it is warm and then we will let it cool down a little bit. I am 3 years old but it is going to be done in 6 minutes. I will eat my turkey with eggs, sausage, and green beans. I love green beans. Mommy said I can’t have any ice-cream until Saturday. She says no ice cream until you eat all of your food. That is why we have iced tea.

Oliver Shelby

Mommy will go hunting for the turkey. Mommy runs real fast and she will chase it all the way home. She will catch that turkey and pull its feathers off. She runs faster than a turkey and so can I. We will put strawberries and ketchup on it. I don’t like salt so we won’t put salt on it. We will cook the turkey for a very long time for all day long. The turkey is done when it’s all gone and it’s in my tummy. I will eat beans, ranch, and a hot pocket with my turkey. I love cookies in my tummy after I eat my turkey dinner.

Ripken Pierce

I am going to have Thanksgiving with all of my family. Jamie, mommy, my doggie Bella, Christin, MEME, Kendall’s baby Ava, and Pa. My pa is gonna take me to get a turkey in the woods. I see turkeys in my garden every day. Pa will shoot the turkey with his gun. We will get a helicopter to get that turkey and fly it home. Me and mommy will pull the feathers off and mommy will cook it. Mommy will put watermelon on it so it will

taste good. My mommy likes to dance when she cooks. We will cook it for 4 days. I will eat the turkey with my family at home with pizza, a happy meal with chicken nuggets, and apples. For dessert I am going to have four pies. I only like my momma’s pies.

Remington Widner

My mommy gets the turkey out of the bathroom, sometimes shes sill She cuts it up, puts potato sauce on it and then puts it in the oven with muffins I sure do love muffins. The turkey will cook at 100 degrees for 5 minutes. The turkey is done when it gets a suntan in the oven then I give it to Pappy on a plate. I will eat cheese, sandwiches, and bacon with the turkey. For dessert we will have muffins but I already ate them all.

Emma Stafford

My daddy will get a turkey at the turkey store. Mommy and daddy will cook it in the garage. My stove is in the garage. Daddy will put ketchup, pickles, gummy bears, and gummy worms on the turkey. We will cook it on 1234 degrees for just a little bit of time. I know that it is ready to eat when feels warm. I will eat my turkey with pickles, ketchup, and gummy bears. I don’t like beans but I do like French fries, chips, peanut butter, Doritos, and gummy worms with my turkey. I will eat my turkey with Jake, mommy, daddy, granddaddy, grandmamma, and everybody else. I love my family lots and lots.

Jack Rice

Best Thanksgiving Day Meal

The Jumping Jax prek class at GES was asked to plan the best Thanksgiving dinner ever with all of their favorites. This is what each one said:

Arabelle: noodles, carrots, apples, strawberries, chips, Cheetos, burgers, broccoli, a pink & black cake, and Sprite

Aspen: pizza, broccoli, chips, spaghetti, mac & cheese, strawberry ice cream, chocolate, and orange juice

Brynlee: rice, pickles, spaghetti, chicken, hamburgers, bananas,

apples, cookies with icing, water and milk

Cirilla: chicken, turkey, hot dogs, cucumbers, carrots, mashed potatoes, watermelon, chocolate chip ice cream, and white and chocolate milk

Corbin: strawberries, pizza, hot dogs, french fries, mac & cheese, cheese sticks and ranch dressing, ice cream cake, brownies, Hugs and lemonade

Isaac: bacon, chicken, eggs, turkey, broccoli, apple, birthday cake,

and milk

Jenny: bologna, spaghetti, grapes, broccoli, carrots, rolls, ham, chicken, vanilla ice cream, and cocoa

Jon: animal crackers, goldfish, bananas, crackers, pepperoni pizza, breadsticks, chocolate cookies, and lemonade

Kaiden: ketchup and burger, french fries, biscuit, chicken, chicken nuggets, bananas, Skittles, and milk and water

Landon: pizza, ranch, applesauce, more pizza, spaghetti, fries &

ketchup, cheeseburger, cookies, and juice

Owen: mac & cheese, chicken, ravioli, noodles, carrots, cucumbers, salad, apples, strawberries, banana cake, and Oreo milkshake

Rebel: carrots, apple, chicken, pizza, sandwich, rice, strawberries, strawberry ice cream, and apple juice

Reese: spaghetti, eggs, bacon, pancakes, chicken, broccoli, apples, cherries, chocolate ice cream, and milk

Rylee: pineapples, berries, carrots, chicken, cherries, pizza, spaghetti, grapes, strawberries, vanilla cake, and orange soda

Sutton: chicken, mashed potatoes, ham, blueberries, carrots, pizza, strawberries, vanilla cake, chocolate vanilla ice cream, and strawberry lemonade

Titus: noodles, spaghetti, chicken on a bone, broccoli, mac & cheese, strawberries, pineapple, blueberry pie, and Coke

Warner: bologna sandwich with ketchup on it, turkey, broccoli, carrots, bananas, pineapple, chocolate chip cookies, and blue juice

Zach: noodles, chicken and fries, cheese, hamburger, cheeseburger, potatoes, carrots, apples, blueberries, bananas, chocolate ice cream, and chocolate milk

Zaden: tacos, pizza, cereal, apples, bananas, carrots, barbeque beans, chicken, Nerds candy, and milk

Sentinel

RECIPES of the WEEK

Honey Baked Ham in Slow Cooker

Ingredients
3/4 cup packed light brown sugar
1/2 cup honey
1/2 cup water
1/4 cup Dijon mustard
10 whole cloves
1 (8- to 10-pound) bone-in, spiral-cut ham

Instructions
Make the glaze. Place 3/4 cup packed light brown sugar, 1/2 cup honey, 1/2 cup water, 1/4 cup Dijon mustard, and 10 whole cloves in a small saucepan and bring to a simmer over medium-high heat, stirring to dissolve the sugar. Simmer until the glaze is homogeneous and fragrant from the cloves, about 5 minutes. Remove from the heat,

then remove the cloves with a spoon.

Prepare the ham. Place 1 spiral-cut ham in a 6-quart or larger slow cooker, making sure you can put the lid on. You may have to turn the ham on its side, or trim a bit off the top if your ham is too large. Gently pull apart the ham’s slices and separate them.

Add the glaze. Pour the glaze over the ham, trying to cover as much of the ham as possible, but not worrying too much, as the glaze will fall back into the slow cooker.

Cook and baste the ham. Cover and cook on the LOW setting for 4 to 5 hours. Every hour (or as you remember), baste the ham with the glaze. You can also flip the ham halfway

through cooking, if desired. The ham is ready when it reaches an internal temperature of 140°F. Serve with the thickened glaze.

Loaded Smashed Potatoes

Ingredients
1 lb. baby potatoes
kosher salt
1/4 c. melted butter
3 cloves garlic, minced
Freshly ground black pepper
2 c. shredded Cheddar
10 slices bacon, cooked and crumbled
Sour cream, for serving, if desired
Directions:
Preheat oven to 400°. Place potatoes in a large pot and cover with two inches of water. Season with salt. Bring to a boil and boil until tender, 15

minutes. Drain until cool enough to handle.

Transfer potatoes to a baking sheet. Pour over melted butter, garlic, and season with salt and pepper. Toss until totally combined.

Using the bottom of a small glass or jar, smash potatoes into flat patties.

Bake until crispy, 20 to 25 minutes more.

Top with cheddar and bake until melted, 3 minutes more.

Top with cooked bacon, green onions, and sour cream (if using) and serve.

Charlie Brown Thanksgiving Inspired Chocolate Bark

Ingredients
24 oz. semi-sweet chocolate chips
1 c. popped popcorn
1 c. Crushed Pret-

zels

1/2 c. Jelly beans

Directions
Microwave chocolate in 30-second intervals, stirring in between, until melted. Pour onto a parchment-lined baking sheet with edges (or a jelly roll

pan), spreading with a spatula until evenly coated.

Top with popcorn, pretzels and jelly beans, pressing them down to secure them in the chocolate. Place the baking sheet in the refrigerator to set, 25 to 30 minutes.



Classifieds

LEGAL

IN THE JUVENILE COURT OF JACKSON COUNTY, TENNESSEE

Kayla Leeann Roberts, Petitioner -VS-

Jimmy Bilbrey and Jacob Heady, Respondents

In Re: Boston Michael Kasion Bilbrey, a minor child under eighteen (18) years old

Case No: 22-JV-24

ORDER OF PUBLICATION

This cause came to be heard on the 25th day of October, 2022, before the Honorable Tiffany Gipson, Juvenile Court Judge of Jackson County, Tennessee, upon the Motion to Obtain Service by Publication heretofore filed in this cause.

The court having considered the Motion of Publication and their sworn testimony, finds the Respondent, Jimmy Bilbrey, cannot be served with the ordinary process of law as the Respondent's current where about are unknown. THEREFORE, it is hereby ORDERED, ADJUDGED, AND DECREED, that the Petitioner may obtain service on the Respondent by publication in this cause. That the Publication shall be ran in a paper of circulation in Jackson County, Tennessee for four consecutive weeks. After running of the aforementioned, the Respondent, Jimmy Bilbrey shall have thirty (30) days to answer to the Petition in this cause.

ENTERED this the 25th day of October, 2022.

HONORABLE TIFFANY GIPSON, JUDGE APPROVED FOR ENTRY:

Willard Landon Mullins, 037150

Attorney for Petitioner

240 Rickman Monterey Hwy.

Rickman, TN 38580

931-559-8985

STATE OF TENNESSEE PROBATE COURT OF JACKSON COUNTY AT GAINESBORO NOTICE TO CREDITORS

ESTATE OF: David M. Wilson

Notice is hereby given that on the 15th day of November, 2022, Letter of Testamentary, in respect to the estate of David M. Wilson, deceased, who died April 28, 2022

LEGAL

were issued to the undersigned by the Probate Court of Jackson County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file same with the Clerk of the above named Court at the Jackson County Court House, P.O. Box 342, Gainesboro, TN 38562 within the earlier of four (4) months from the date of the first publication of this notice, or twelve (12) months from the decedent's date of death, otherwise their claims will be forever barred.

This the 15th of November, 2022.

Deborah J. Wilson, Executrix

Sherrie Pippin-Loftis,

Clerk and Master

Lee. G. Richardson, Attorney for Estate

11-22, 11-29 2TP

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2 Day Firearms Auction Live & Online DECEMBER 2nd 2pm & 3rd 10am 1,000+ FIRE-

NOTICE TO FURNISHERS OF LABOR AND MATERIALS TO: H & H Construction, Inc. PROJECT NO.: 44NMSC-S3-002 CONTRACT NO.: CNW235 COUNTY: Jackson

The Tennessee Department of Transportation is about to make final settlement with the contractor for construction of the above numbered project. All persons wishing to file claims pursuant to Section 54-5-122, T.C.A. must file same with the Director of Construction, Tennessee Department of Transportation, Suite 700 James K. Polk Bldg., Nashville, Tennessee 37243-0326, on or before 12/23/2022.

PUBLIC NOTICE

ADVERTISEMENT TO BID JACKSON COUNTY PROPOSED REPLACE OF SURVEILLANCE EQUIPMENT AT JACKSON COUNTY JAIL.

The scope of the project will consist of a new state of the art CCTV System to be installed at the Jackson County Jail. The system will contain a total of 77 high-definition cameras throughout the facility. There will be a total of 18 outdoor bullet cameras, 36 indoor dome cameras, and 23 cameras located in the inmate pod areas. All new CAT 6 cable will be installed from the "IT" room to each new camera. All new switch gear will also be installed in the "IT" room, consisting of network POE switches, patch panels, servers and other related equipment. Specs for this project are available upon request.

Sealed bids will be received by the **Jackson County Mayors Office at 101 Main St., Gainesboro, TN 38562 at 2: 00 PM on Thursday, December 1, 2022**, and then will be publicly opened and read aloud.

Disadvantaged, woman, and minority owned businesses encouraged to participate. Invitation requests, copy of bid specs, or questions concerning the plans or bidding documents should be directed to the attention of: **Mayor Randy Heady 101 Main St. Gainesboro, Tn. at 931-268-9888 email: mayor@jacksoncotn.com or by contacting Tami Ryan, Jail Administrator, at 931-268-6226 email: tryan@jcsdept.com**

Jackson County is an equal opportunity provider and employer does not discriminate against or exclude any Bidder with respect to race, color, national origin, sex, age, or disability.

Jackson County does retain the right to reject any bid and all bids based on ability or cost.



AMONETT'S EAGLE AUCTION

NICE MOBILE HOME & LOT
** ADJOINING CORDELL HULL LAKE **
ONLINE ONLY ABSOLUTE AUCTION
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THURSDAY • NOVEMBER 17 • 4 - 6 PM

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Terms: 10% Buyer's Premium. 15% Deposit at conclusion of sale, with balance due in 30 days. Seller Pays 2022 Taxes. Possession with Deed. All Property selling "As Is, Where Is" both surface and subsurface with no warranties. Bidders should complete their own due diligence prior to the sale. Announcements & Updates Day of Sale Take Precedence Over All Other Advertising.

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615-735-2244 Firm # 2547

to view more photos and listing details go to

Website: www.poindexterrealty.com

Email: poindexterrealty@comcast.net

CDP227 - KEMPVILLE HWY



Near Cordell Hull Lake, we have 5.10 acres being open and wooded. This tract is septic approved with city water and electric available. Ready for your new home. Priced to sell - \$69,900.00

CDP263 - 1794 TRACE CREEK RD



You can walk right across the road for great fishing at this .85 acre lot, this is improved with a small cabin, two storage buildings, and a 16x25 barn and a covered deck ready for your camper to pull along the side. There are camper hookups for rental or family members. This property is priced to sell at \$109,500.00.

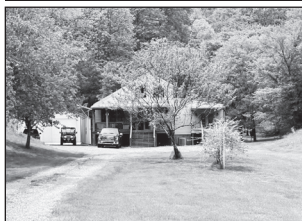
CDP260 - WARTRACE HWY



Offering a year round view of the Cordell Hull Lake, we are offering this four bedroom, two bath stone across the road and go fishing. home with an eat in kitchen, and

large den with wood burning fireplace. The new windows in the living, eat in and bedroom allow you to view the lake with ease. In front yard the home has new windows, ceramic tile, hardwood floors installed. This home has a lot of buildings and a tall 28x40 garage. You can walk across the road and go fishing. Priced to sell at \$332,700.00.

CDP252 - SANDERS LANE



Nestled at the foothills of the Cumberland Mountains is this private and secluded 3500 sq ft, four bedroom, three bath, cabin style home located at the end of a country road and surrounded by 18.6 surveyed open and wooded acres. Property is gated; driveway leading to home is lined with apple, pear, and peach trees, of-

- \$549,500.00

STATEWIDE

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PUBLIC NOTICE

2001 4 WD Chevy Blazer
1GNDT13W412142394

Request to any and all parties holding interest in the above vehicle to contact the person in possession of the vehicle by certified mail.

Return requested within ten (10) business days of the date of publication.

Betty Diminovich
765 Smith Bend Lane
Gainesboro TN 38562

PUBLIC NOTICE - JACKSON COUNTY

The Tennessee Highway Patrol has recovered the below listed vehicles:

YEAR:	MAKE:	MODEL:	VIN:
2004	Volkswagen	Beetle	3VWBK31C74M408489

Tennessee Highway Patrol Headquarters, 1291 South Walnut Ave., Cookeville, TN 38501, Phone 931-528-8496.

Failure to respond to this notice within ten (10) working days serves as a waiver of all ownership rights and gives consent to the holder of said vehicle for its sale.



Make Your Future Happen Today!

Distribution Engineer Leader: Looking for a change? Interested in Executive leadership?

Upper Cumberland Electric Membership Corporation (UCEMC) might have just what you're looking for in scenic Middle Tennessee. UCEMC's corporate office is located in an idyllic setting of charming Carthage, TN boasting surrounding beautiful lakes and streams. Less than an hour away is Nashville, TN (home to "Music City" and three major professional sports teams). And it gets better: No matter how they serve or what role they fill, UCEMC employees are a valued part of a community-oriented team with a mission to deliver safe and reliable power at the best value to enhance life in our community. UCEMC has a rare opening for **Executive Vice President of Engineering Services**. When you join us, you'll be offered more than a competitive salary. You'll have room to grow professionally and personally as part of our team serving our 52,000+ members. You'll enjoy paid vacation and holidays, healthcare packages, and a 401k plan. **Here's what you'll need to succeed:** A BS degree in Engineering (Power Option preferred) from an ABET accredited program; **minimum** of five (5) years of relevant leadership experience with an engineering team involved with an electric distribution utility system; working knowledge of government regulations affecting electric utilities and knowledge of TVA transmission processes; and advanced knowledge and understanding of the electric distribution utility industry in the TVA footprint. Must have (or be able to obtain) and maintain a valid Class D Tennessee Driver's License.

UCEMC is a Tennessee Drug-Free Workplace and an Equal Opportunity Employer. Applicants must be presently legally authorized to work in the United States. UCEMC will exercise its right to select an applicant for hire. Persons interested in applying for the position may read the Notice of Position Open and the position's description at ucemc.com; JOBS4TN.GOV; or the local Tennessee Department of Labor & Workforce Development Office. **Apply on UCEMC's website ucemc.com through December 2, 2022, or until this job is filled.** For more information on this position contact UCEMC's Human Resources Department at 800-261-2940, ext.122 or 123.

UCEMC is an EEO employer and an affirmative action employer. UCEMC is committed to guaranteeing to its employees and all applicants for employment equal employment opportunities regardless of race, gender, age, religion, national origin, genetic information, disability or veteran status, or any other protected status, except where such status is a bona fide occupational qualification.

PUBLIC NOTICE

The following vehicle have been left abandoned or unclaimed in the Jackson County Sheriffs Department impound. The owners of the said vehicles have until **December 1, 2022** to claim the vehicle, pay storage and towing or they will be sold at a public auction through govdeal.com or salvage.

Mindy Stover-TitleMax	1995 Toyota	JT3VN29V3S0041568
Ryan Cross	2000 Honda	1HGCG5540YA057176
Hannah Flatt -	2004 Toyota	JTLKT324940163693
Robert Sheppard		
Sherry Dilldine	1992 Chrysler	1C3XV66R8ND842095
Jessica Wilburn-	1999 Buick	2G4WB52K7X1559880
3D Financial		
Haskell Cox-	1998 Nissan	JN1CA21A8WT309030
TMX Finance		
Roy Stafford	1990 Chevy	1Y1S55161LZ031191
Sandra Coffman	1993 Nissan	1N6HD16Y2PC382306
Angela Craven-	2003 Ford	1FTRW07613KA29208
3D Financial		
Raymond Milby	Chevy	1G1JC124XX7130265
Amanda Bailey/	2007 Kia	KNAFE121475479931
John Randolph		
Fifth Third Bank		

ABSOLUTE AUCTION

SATURDAY – DECEMBER 3
GAINESBORO, TN
ESTATE OF THE LATE ALBERT L. GLOSSER, JR
TWO SALES ON DAY
2368 MCCOINSVILLE RD – 10:00 AM

DIRECTIONS: From Gainesboro Courthouse: Take Hull Ave to Hwy 56 S, turn right on Hwy 53 S, go approximately 4 miles, turn left onto McCoinsville Rd (Old State Hwy 56) go approximately 1.4 miles, sale on left. SEE SIGNS!

HOME & 2.23 ACRES

Home has approximately 1000+ sq ft, living room (15x16), eat in kitchen (11x20), two bedrooms (13x13) (9x11), utility room (6x18), concrete front porch (8x19), rear concrete patio (9x11)

253 HERRING HOLLOW LN – 11:00 AM
REAL ESTATE TO SELL AT 12 NOON

DIRECTIONS: From Gainesboro Courthouse: Take Hull Ave to Hwy 262 W/Hwy 85W, go approximately 7.1 miles, continue straight on Hwy 85 W approximately 2.2 miles, turn left onto Smith Bend Lane, go approximately 7/10 mile turn right onto Brooks Bend Lane, go approximately 3/10 mile, turn right onto Herring Hollow Lane, go approximately 3/10 mile, sale on left. SEE SIGNS!

COUNTRY HOME & 7.0 ACRES

VEHICLES - HOUSEHOLD ITEMS – FARM EQUIPMENT- GLASSWARE

Home has approximately 960 sq ft, living room (13x23), eat in kitchen (10x15), bedroom (9x23), two additional rooms (9x12) (9x31), single bath (5x8), utility room (5x5), two car garage (23x31), attached car shed (9x28).

Personal Property

Various Christmas Decorations
Various Sewing Materials
Canning Jars/Lids,
Miscellaneous Jars/Lids
Various VCR Cassettes, DVD
Cassettes, CD Cassettes, Etc.
Old Sink
Miscellaneous Pots, Pans,
Kettles, Coffee Pots, Etc.
Miscellaneous Hand Tools,
Toolbox, Buckets, Nails, Etc.
Miscellaneous Lights, Fixtures,
Old Lamps, Etc.
Various Gas/Fuel Cans
Miscellaneous Old Lawn Mower
Tires
Various Tables, End/Coffee/Card
Miscellaneous Pieces of Metal

Old Vinyl Records and Old
Record Player
Various Pieces of Vinyl Siding
Various Miscellaneous Baskets
Miscellaneous Mechanical Belts
Miscellaneous Glassware,
Household Dishes, Small
Appliances
Washer, Dryer, Freezer,
Refrigerator
Various Books
Old Window Fan
Miscellaneous Cooking Stove
Eyes/Elements
Toy Swords, Puzzles, Ball Gloves
Miscellaneous Plumbing Items
Humidifier
Various Shotgun Shells and Gun

Holster
Meat Grinder
Highway Maintenance Kit
Rabbit Ears Antenna
Old Kerosene Lamp
Weed Eater, John Deer Lawn
Mowers
Hand Jack, Ajay Compressor
GEO Tracker Jeep
Miscellaneous 4-Wheeler Parts
Clocks-Hanging and Wall
Two (2) Old Televisions
Farm Equipment -Hayfork and
Hay Mower Parts
Quilts
Old Vehicle Radio
Various Household Knickknacks
Various Lamps and Light Fixtures



AUCTIONEER'S NOTE: Both of these properties have lots of potential! If you're looking for an investment property to add to your monthly income here is your chance, if you are looking for a home with some acreage here is your chance or if you are looking for property to doll up and flip; well here is your chance! Plus there is a wide variety of personal items to be sold, be sure to set your calendar, make plans to attend, and spend this day with the "Poindexter Team." The oldest Real Estate and Auction Company serving both Smith & Jackson Counties, where we take the stress out of selling and handle everything for You!

TERMS: This is a Chancery Court Sale; the buyer will be required to pay 20% down to the Clerk & Master Office day of sale, sign a sales contract, with balance due at closing. Possession will be given with deed, after confirmation by CK Smith, Chancellor of Chancery Court of Jackson County, Tennessee.
Attorney for the Albert Glosser, Jr. Estate: Mr. Steve Cassetty
Seller: Mrs. Sherry Pippin Loftis, Clerk & Master as Special Commissioner for Chancellor CK Smith



Auctioneer, CD "Digger" Poindexter #2629
505 N. Main St. Carthage, TN
615-735-2244

PUBLIC NOTICE

IN THE PROBATE COURT OF JACKSON COUNTY AT
GAINESBORO, TENNESSEE

In the matter of the Estate of Albert L. Glosser, Jr.
Deceased
Case No. 2020-CV-68
Daisy G. Davis
Personal Representative

Sale 1

In Obedience to an order of the Chancery/Probate Court at Gainesboro, Tennessee made upon the 16th day of September, 2022 in the above styled case, I will on Saturday, the 3rd day of December, 2022 at 10:00 am on the premises at Absolute Auction sell to the highest and best bidder the property in said order described, being a tract of land lying and being in the First (1st) Civil District of Jackson County, Tennessee and described as follows, to-wit:

DESCRIPTION

2.23 acres as surveyed by Christopher M. Vick, R.L.S. #2164 on February 16, 2005 and being a portion of lands contained in Deed Book 75 page 1898 in the Register's Office of Jackson County, Tennessee. Tax Map 067, Parcel 012.00
Property address is 2368 McCoinsville Road, Gainesboro, TN 38562

Sale 2

In Obedience to an order of the Chancery/Probate Court at Gainesboro, Tennessee made upon the 16th day of September, 2022 in the above styled case, I will on Saturday, the 3rd day of December, 2022 at 11:00 am on the premises at Absolute Auction sell to the highest and best bidder the property in said order described, being a tract of land lying and being in the Fourteenth (14th) Civil District of Jackson County, Tennessee and described as follows, to-wit:

DESCRIPTION

7 acres as surveyed by Carman Surveying, R.L.S. 2053, plat dated September 26, 2022 and being a portion of lands contained in Deed Book 71 at page 1346 in the Register's Office of Jackson County, Tennessee. Tax Map 056, Parcel 008.01
Property address is 253 Herring Hollow Rd, Gainesboro, TN 38562

A complete legal description of the property may be had by calling the Office of the Clerk & Master during regular Office hours

TERMS OF SALE

20% down day of sale and balance when sale is confirmed by the Chancellor.
This 16th day of September, 2022

Steven A. Cassetty
Attorney for the Estate of Albert L. Glosser, Jr.
Sherrie Pippin Loftis, Clerk and Master
As Special Commissioner
Chancellor C.K. Smith



PUBLIC NOTICE

The Jackson County Courthouse will be Closed **Thursday, November 24 and Friday, November 25** to observe Thanksgiving. Solid Waste Sites will operate on a normal schedule.

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History

Below is a page taken out of the November 26, 1964 Edition of the Jackson County Sentinel.

JACKSON COUNTY SENTINEL

VOLUME 67 NUMBER 48

10 Cents Per Copy

ESTABLISHED IN 1886

An Informed People Means A Good Government

GAINESBORO, TENNESSEE, THURSDAY, NOVEMBER 26, 1964

Boys' State To Be Held At Tech In 1965

Tennessee Tech will be the site for the 26th annual American Legion Boys' State next summer.

Leonard Crawford, director of field services and assistant to the president at Tech, said that approximately 500 of Tennessee's most promising high school students will converge on Tech's campus the week of June 7.

The opening of Tech's summer quarter will be delayed a week so that Tech can focus its entire institutional attention on the Boys' State program.

This outstanding project, sponsored by the American Legion, is designed to train future citizens of America," Crawford said. "The seven-day project is so planned that the young men actually practice the theories of American government through the control of city, county and state offices as organized under plans of the "Mythical 51st State."

For the past 25 years Boys' State has been held at Castle Heights Military Academy in Lebanon, but Heights decided earlier this year to relinquish the program, Crawford said.

Tech was selected as the new site because of its central location, available dormitory space, infirmary facilities on campus, and opportunities for athletic and musical programs, he added.

An advisory staff for Boys' State will be selected from the Tech faculty.

"Only boys from the 11th grade, ranking in the upper third of their class scholastically and possessing such qualities as honor, courage, leadership and service are eligible to attend," Crawford said. "Each boy must be sponsored by a civic, patriotic, church or school organization."

Tech President Everett Derbyberry issued this statement: "For many years Boys' State has helped young men learn the principles of good citizenship and participation in government. We at Tennessee Tech have followed closely this program and have admired and appreciated both its goals and accomplishments in Tennessee.

"The 1965, we are deeply gratified to know that Tech will have a direct part in this most worthy project, by making available our staff and campus facilities for the next meeting of Boys' State. In a day when the widest possible knowledge of how government functions is not only desirable but almost a necessity if Democracy is to work, I can think of no more worthy project for any university to host than the American Legion Boys' State."

Each student attending Boys' State will be assigned to a "city" and also to a mythical political party. These parties will nominate candidates for city, county and state offices, followed by elections. Other governmental officials will be appointed.

"A rapidly growing Tennessee Tech... welcomes the opportunity to host the 26th annual American Legion Boys' State next summer."

State High School Seniors Should Apply For U-T Scholarships

High school seniors in Jackson County and other counties throughout the state should apply now for the more than 150 by the University of Tennessee for the 1965-66 school year, according to Dr. Ralph E. Dunford, dean of students.

The scholarships, valued at \$200 and above, will be awarded to qualified and deserving freshmen enrolling at U-T next fall.

To be eligible to receive one of the scholarships, the student must have a scholastic average in the upper fourth of class, be a resident of Tennessee, and an applicant for entrance as a freshman at U-T in Knoxville. The student must be a graduate or a member of a graduating class of Tennessee high or preparatory school.

Deadline for scholarship applications is March 15, 1965. Application blanks and further information may be obtained by writing or calling the Office of the Dean of Students, University of Tennessee, Knoxville.

Each scholarship will be paid to the student in quarterly amounts and must go toward the payment of University fees and the purchase of books and supplies.

Scholarships are available for study in all colleges and in all courses at the University including agriculture, business administration, education, journalism, engineering, home economics, liberal arts, and pre-law in either liberal arts or business administration.

Workshop For Prospective Business Owners

Curry K. White, Branch Manager of the Nashville Office, Small Business Administration, announces a one-day Workshop for Prospective Business Owners. The Workshop is designed for people who are just started a new business. Basic management principles, which can be applied to all classes of businesses, are discussed. These principles include the fields of financial, legal, and management problems.

The one-day Workshop will be held on Wednesday, December 9, 1964, in the auditorium of First American National Bank located at the corner of Fourth Avenue and Union Street, Nashville. The session will begin immediately at 9:00 a.m., after registration, which commences at 8:30 a.m. It will close promptly at 4:15 p.m.

The discussion leaders are specialists chosen from the SBA staff. In considering financial, legal, and management problems, they also suggest sources of additional information, advice, and assistance with explanations as to why it is important for businessmen to contact these sources.

Small Business Administration contemplates following this session with at least one other in the coming year. Dates and locations are announced prior to each meeting.

In order to do a thorough job and allow free participation by those in attendance, enrollment in each Workshop is limited to the first thirty applicants.

(Continued on page 2)

Smithville Takes Two Cage Wins Here Friday Night

The Jackson County Blue Devils lost to Smithville last Friday night, November 20, by the score of 61-61.

The Smithville cagey were the hottest shooting team seen here in a long time. According to unofficial statistics they made three out of every four attempts from the field and 88% from the free throw line.

The Blue Devils had trouble getting consistency into their attack, but, with experience this can be overcome.

The Smithville girls team, with Betty Fite leading the way, overachieved the Devil-city by the score of 66-55.

Next week the Blue Devils are idle. Their next game is scheduled for December 5 in Cookeville.

Monday night, November 23, Gainesboro will entertain Lebanon High School for games with Freshman and "B" teams. Everyone be sure to be present.

Road Rights Depend On Point Of View

Who has the road rights? The dispute in road rights may depend on whether you are a driver or a pedestrian. The Tennessee State Automobile Association finds the point of view changes when a driver parks and starts walking.

Traffic laws and rights apply to both, of course. The green light gives both the right to go — and the red light restricts right of movement for both. But, what happens at the sudden light change that catches the pedestrian or motorist in the middle? Courtesy must prevent the "every man for himself" attitude. Temper the rights by law with the rights of human courtesy.

The pedestrian wanting a courtesy of safe passage to the other side, but the waiting cars are due courtesy as well. Sauntering pedestrians should accelerate their pace and not be a traffic block. Be reminded, too, that pedestrian "right of way" is at corners or in specified and marked cross-ways. These rights should be respected by approaching motorists by not permitting him to become stranded in the center with traffic whizzing by, blocking his progress or retreat. The pedestrian must respect the motorist's right of way by not attempting to cross in the middle of the block, or where and whenever the need occurs.

Clearly, it is an obligation of both to keep traffic flowing smoothly — and safely — walking or riding.

Tech Cagers Lose Maxwell

Tennessee Tech's basketball hopes for 1964-65 suffered a major setback when it was learned recently that center John Maxwell will be lost for the season.

Maxwell, a 6-6 Cookeville resident, would have been a junior this year. He suffered a knee injury recently and doctors now have decided that he must undergo surgery, which will prevent his playing during the coming cage season.

Maxwell's loss is a severe jolt to the Eagles, who figured to be hampered by a lack of height even if all players were

State Physician

Ralph Ragland killed this five point buck while hunting in the Sixth District of Jackson County. Over sixty deer were reported in that section according to reports.

Surprise River Traffic On Cumberland River

Jackson County residents were treated to a rare sight Saturday morning, November 14, when they saw a tug and four large barges anchored below the bridge north of Gainesboro.

This equipment is owned by Cumberland River Coal Company and was headed for Cumberland Lake, above Wolf Creek Dam in Kentucky, Frank Townsend, assistant secretary of the company told the SENTINEL.

The company is under a long-term contract with R.E.C.C. at Burnside, Kentucky.

Townsend stated that the barges and the tug will be hauled around Wolf Creek Dam by dories, 50 ton low boy equipment and bulldozers. This will take approximately three weeks.

Captain of the tug and in charge of this part of the operation is Carl Sizemore. Captain Sizemore told the SENTINEL they had been in transit for twenty days and would be on the water three days from Gainesboro to the spot where the barges and tug will begin their land haul around the Dam.

Top speed for the tug and barges is between five and six miles per hour, but against the current along here they were making only two or three miles per hour.

The SENTINEL will bring pictures at a later date of the land transfer of the barges and the tug.

Santa Claus Letters To Be Published In SENTINEL This Year

Santa Claus notified the SENTINEL office this week he is expecting all the little boys and girls in Jackson County to get their letters to him mailed early so they can appear in the Christmas edition of the SENTINEL. We here in the office can't promise that Santa will deliver everything on each list but he is an avid reader and will give each letter careful attention.

First, second and third grade teachers are asked to collect all the letters to Santa written at school and pass them along to the SENTINEL.

Raymond Brazell killed this six point buck in the Big Bottom Community Monday. He was one of over two hundred hunters in that section according to reports.

Earl Hix is shown with an eight point buck which was killed at Brimstone. Hix was only a quarter of a mile from the highway when he shot his deer.

Don Maddux proudly shows off the three rabbits he killed while hunting Monday. The seventh grade student at Gainesboro High School joined the many hunters who were fortunate than many of the adult hunters.

Staff Photo

Don Maddux proudly shows off the three rabbits he killed while hunting Monday. The seventh grade student at Gainesboro High School joined the many hunters who were fortunate than many of the adult hunters.

Staff Photo

Ralph Ragland killed this five point buck while hunting in the Sixth District of Jackson County. Over sixty deer were reported in that section according to reports.

Staff Photo

John Maxwell will be lost for the season.

CNA Training Complete



Congratulations to Jacob Poteet for completing CNA at the Mabry Health Care & Rehab Center.

Tennessee Christmas In The Grove

It's beginning to look a lot like Christmas! Fiddlers Grove Historic Village located at the James E. Ward Ag Center in Lebanon is having its 3rd Annual Tennessee Christmas in the Grove through December 17, 2022. Self-guided tours will be Tuesday-Saturday, 10am-3pm. There will be admission fee. Walk through the Grove and see what the elves have been up to. Stop at the General Store for hot cocoa or coffee and receive a map to help you on your self-guided tour. Visit the Model Train Museum - it is sure to be a favorite for young and old alike. Visiting on the weekend? The Broom Shop will be open and the broom maker will be making and selling his brooms.

Feeling a bit crafty? Christmas workshops will be available on December 10, 2022. Make a handmade gift for someone or for yourself. Workshops include making a bicycle wheel wreath and/or making 5 special handcrafted ornaments. Space is limited so sign up online (deadline for sign up is Dec. 8). For more information and to sign up go to fiddlersgrovetn.com/workshop/.

There will be a cost for the workshop and will include all supplies needed. Follow us on Facebook @fiddlersgrovetn. Fiddlers Grove is located at the James E. Ward Ag Center, 945 E. Badour Parkway, Lebanon, TN.



Calendar

Gainesboro Christmas Lighting Ceremony Dec. 1 at 5:30 p.m.	Pictures with Santa and Mrs. Claus 1:30 p.m. - 4:30 p.m.
Gainesboro Christmas on the Square Christmas Parade Dec. 3 at 5:30 p.m.	Holiday Open House At Alana's Hair Shop Sat. Dec. 10 10 a.m. - 2 p.m.

Schools Recognized



UTrust recognizes efforts to appreciate school employees each year. Jackson County Schools was named Best Appreciation Program in Middle Tennessee. Thank you to all of our school appreciation teams! Our school sponsors and student A-teams do a great job!

Fun Facts

Thanksgiving Used To Look Like Halloween
At the turn of the 20th century, Thanksgiving was kind of creepy. Children and adults would dress up in masks and host costume crawls in cities like New York, Los Angeles and Chicago. The tradition of children dressing up as poor people in New York became so popular that Thanksgiving was nicknamed Ragamuffin Day.

There Are Three U.S. Towns Named Turkey
These towns are located in Texas, Kentucky and North Carolina. Other Thanksgiving-themed town names include Pilgrim, Michigan; Cranberry, Pennsylvania and the amusingly-named Yum Yum in Tennessee.

Macy's Thanksgiving Day Parade Balloons Used To Float Off All Willy-Nilly Into The Sky
Up until 1932, balloons from the New York parade were released into the sky when the festivities were over. Macy's offered a \$50 reward for those who found a deflated balloon and returned it. Unfortunately, it was a horrible idea because the giant balloons would burst after clearing the skyline. Science!

Turkey Doesn't Make You Tired
Myth has it that we're always so tired on Thanksgiving because of the tryptophan in turkey. According to WebMD, there is no more of the amino acid tryptophan in turkey than any other type of poultry. It's more likely that you feel exhausted because of the ungodly amount of carbohydrates you just stuffed your face with.

"Jingle Bells" Was Originally Written For Thanksgiving
Story has it that in 1850, James Lord Pierpont was at the Simpson Tavern in Medford, Massachusetts and was inspired by the town's famous sleigh races. So, he plucked out a little tune on the piano. Needless to say, it was a hit with children and adults, and the lyrics were later slightly altered to be sung around Christmas.

A Week In Jackson County History

Dycus Super Market
Fresh Picnics Ham- \$0.29lb.
Old Hickory Tray Bacon- \$0.69lb
Pinto Beans- 4 pound bag- \$0.39

Western Auto Store
Baby Hungry- \$12.50
Color TV- \$398.00
Big Burger Grill - \$12.41

Philip B. Brown, son of Mr. and Mrs. Homer T. Brown of Gainesboro has been accepted for admission at David Lipscomb College, Nashville, in Jan. 1969.
A graduate of Jackson County High School, Brown will transfer to Lipscomb from Tennessee Technical University, Cookeville, as a physical education major.

Brown will conclude three years of service in the United States Army about the first of the year. He spent one year in Korea and is now stationed in Georgia.

Lipscomb opened its 78th. year on Oct. 5 with a record enrollment of 2142 in the four college classes and an overall total of 2990 students in college, high school and elementary school divisions.

Granville Celebrates "A Victorian Christmas Comes to These Hills"

Historic Granville is currently celebrating "A Victorian Christmas Comes to These Hills" as part of their Christmas Celebration thru December 31st. The historic Sutton Home Is decorated in a Victorian Christmas with guided Holiday tours. Each room of the home has a Victorian Tree telling the story of A Victorian Christmas. The Granville Museum is Featuring Festival of Trees with a Victorian theme on the 20 Trees in the festival. The Pioneer Village is decorated in times Past in the Pioneer Cabin and also featuring an Antique Toy Show. The Farm to Table Museum is featuring Christmas In the Country. The Christmas Characters on Parade where the entire town is decorated also have a Victorian Theme as well. Great holiday lunches are served at Sutton General Store As well as great shopping at all the Granville shops.

There will be a charge for a town tour ticket it admits you to all the above plus the other eight museums including the new Tennessee Quilt Museum.

Granville is open Wednesday thru Friday from 11:00 a.m. to 3:00 p.m and Saturday from 11:00 a.m. to 5:00 p.m. When arriving go to Sutton General Store to obtain you town tour ticket for a great Christmas day of fun. For groups of 10 or more reservations are required. For more information call 931-653-4151 or granvilletn.com.

