

# **Reviews Budget**

MEGAN REAGAN Editor

The Jackson County Board of Education (JC-BOE) met in regular session last Thursday and reviewed next year's fiscal year budget.

Kristy Brown informed the budget has been balanced and is similar to that approved so that that of last year.

Brown said the budget will not be approved until the Jackson County Commission approves a tax levy and revenues are established, but she wanted to present the efit to our families and budget in a work session to allow for review and questions from the board.

one that I will feel confident to recommend for approval," she said. "When we know a more solid tax rate, know the value of the penny and for: take into account all of there is anything else we \$93,000. know of... That kind of stuff will be added."

Brown says the projected operational budget is balanced at \$17 million for the 2021-2022 fiscal year with \$350,000 in reserves.

with this budget if unexpected repairs or costs services be needed.

"We have done sev-

dents will receive free meals for an extended period of four years.

Brown said there are many low-income families with at-risk children and it is important the system seeks aid from every program available Director of Schools that will help families in Jackson County.

> "We were able to get ensures that for the next four years, that all of our students in all of our schools will continue to get free breakfast and free lunch," Brown said. "Which is a huge benwe're glad that we're able to do that."

The free meal program is called the Com-"In July, I'll have munity Eligibility Provision. It is a universal meal plan under the National School Lunch Program.

Bids were approved

Two buses in the the possible grants or if amount of \$85,200 and

> Flooring installation in the amount of \$6,268.

> In the director's report, the board approved hiring the following:

Lindsey Way, Jennifer Brown, Chelsea Brown informed that Slagle, Kely Whittaker, Jennifer York, Holly Martin, Jo Beth Collins, arise, permissions from Alexxis Flynn, Tomthe county would not be my Hinch, Alexandria needed nor would loan Grace, and Renee Dillahunty.

The board also aperal projects like that," proved the resignation

# Board Of Education Firework Safety Guidelines

MEGAN REAGAN Editor

Despite annual safety warnings, firework celebrations still end in painful injuries for too many people, including very young children.

Yet fireworks can be great fun for families not just on Independence Day, but also Diwali, New Year's Eve and Chinese Children and young peo-New Year.

Injury statistics support the advice that the safest place to enjoy fireworks is at a large public display—far fewer people are injured there than at parties.

But if you'll be having a firework party at home, you can make the occasion

tips. **Firework code** 

Code, as well as some

Only adults should deal with setting up firework displays, the lighting of fireworks and the once they have been used (and remember, alcohol and fireworks don't mix!) ple should be supervised, and watch and enjoy fire- them. works at a safe distance.

tips for a safer fireworks spectators. party:

Plan your firework dis- gasoline on a bonfire. smaller family or private play to make it safe and enjoyable, and ensure it is out and surroundings are of cold water. finishes before 11p.m.

Only buy fireworks that carry the CE mark, keep

by following the Firework use them one at a time. sparkler and bonfire safety instructions on each firework using a torch to light them if necessary.

> Light the firework at arm's length with a taper and stand well back.

Keep naked flames, old. safe disposal of fireworks including cigarettes, away from fireworks.

Never return to a firework once it has been lit.

pockets and never throw

Direct any rocket fire- close to other people. Follow these top 10 works well away from

Never use paraffin or holding a sparkler.

made safe before leaving.

Sparkler safety

less but they burn at fierce Read and follow the temperatures, equivalent to a welding torch.

Follow these top tips for sparkler safety:

It is recommended that sparklers are not given to children under five years

Make sure everyone handling sparklers wears gloves.

Hold sparklers at arm's Don't put fireworks in length while being lit and light them one at a time.

Don't wave sparklers

Never hold a baby in your arms while you are

When the sparkler has Make sure that the fire finished put it in a bucket

By following these basic tips, you and your Sparklers are often family can have a safe and fun and safe for everyone them in a closed box and viewed as being harm- enjoyable 4th of July.

**Pooky's Great Escape** 



Great Escape -Pooky the Cockatiel decided that it wanted to soar through the sky.

It escaped from there home and decided to perch high in a tree. Flynns Lick Volunteer Fire Department assisted by Nameless Volunteer Fire Department was able to capture Pooky and return it safely home.

Pictured along with Pooky are Daniel Favor of the Flynns Lick VFD and Chad Mull of

SENTINEL Photo / Social Media

she said. "Projects we could outright pay for a loan. It always feels nice to be able to do is sound and our reserve will meet again in reguis healthy."

that Jackson County Stu- School.

for Carolina Jerome. With no further without having to get business to discuss, the meeting adjourned.

The Jackson Counthat. I think our budget ty Board of Education lar session Thursday. In other business, July 22 at 6 p.m. at Brown inform the board Gainesboro Elementary



SENTINEL Photo / Matthew Stafford

**BOE Meeting –** Pictured is Director Of Schools Kristy Brown and other board members during a recent meeting.

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# **Operation Dry Water Is Underway**

(TWRA) will be participating in Operation Dry Water, July 3-5.

Operation Dry Water is a weekend of education and enforcement about the dangers of impaired boating throughout the state.

The July 4th holiday means an increase in boater activity on the water, and there is also an increase in the number on incidents during this time. The TWRA is teaming with the U.S. Coast Guard and started by the NASBLA in our state's waterways, prosuccessful campaign draw- experience for boaters.

The Tennessee Wild- ing public attention to the the influence (BUI).

heightened alert for boat- weren't for the presence of fractions. Over the course is to protect those in the of the July 4th holiday, law communities we serve and enforcement officers will to ensure that recreational also be working to increase boaters, paddlers, fisherpublic awareness of the men, and others who visit dangers of boating under our waters are able to enthe influence of alcohol or joy their time with family drugs, for both operators and friends safely," said crease in officer patrols on Agency is joining all states the water. The combined and U.S. territories to do the National Association efforts of the participating our part in keeping boatof State Boating Law Ad- law enforcement agencies ers safe and preventing inministrators (NASBLA). will result in the removal cidents caused by boating Operation Dry Water was of impaired operators from under the influence." 2009. It has been a highly viding a safe and enjoyable eration Dry Water, there visit www.operationdry-

"Each year, our state boating-related incidents. life Resources Agency dangers of boating under suffers boating incidents and tragedies that could The TWRA will be on have been avoided if it ing under the influence in- drugs or alcohol. Our job a Blood Alcohol Content and passengers. Boaters Cpt. Matt Majors, TWRA ing contributing factor in will notice an overall in- Boating Investigator. "Our

were eight serious injury water.org.

There were 11 boating under the BUI arrests made across Tennessee.

Operating a boat with of .08 percent or higher is illegal in Tennessee, the same as operating a motor vehicle. Penalties may include fines, jail, boat impoundment and the loss of boat driving privileges.

Alcohol use is the leadrecreational boater deaths. Sun, wind, noise, vibration, and motion intensify the effects of alcohol, drugs, and some medications.

For more information In 2020 during Op- on Operation Dry Water,

**COVID-19** Update Lifestyles Lifestyles This snapshot was made available on: June 25. Total Active: 40 Local Library Helps Out. Two UCHRA Employees Total Recovered: 1,326 Receive ROMA Certification. Hospitalizations: 41 ■ See page 6 ■ See page 5 Positivity Rate: 3.6 % Fully Vaccinated: 33.1 % BUICK 2021 BUICK SUV MODELS /ROLET • BUICK Up to 16% below MSRP Sales: (931) 836-3157 • Toll Free: (888) 332-7034

for current eligible Buick or GMC owners/lessees when you finance through GM Financial.<sup>1</sup>



Deaths: 37

# **Joints Of View**

Send Letters to the Editor to m.reagan@livingstonenterprise.net or P.O. Box 129, Livingston.



# **Tennessee Should Allow Public Review Of Redistricting Maps Before Finalizing Them**

### DEBORAH FISHER Tennessee Coalition For Open Government

The redrawing of congressional and state legislative districts every 10 years can make and break political careers, providing new opportunities for some and placing brick walls in front of others.

But beyond an individual politician's future, the most significant impact of redistricting is the potential reshaping of political power in a state by packing or cracking districts for a particular advantage. We know this as "gerrymandering" and the ultimate goal of some politicians is to increase or decrease the number of Republicans or Democrats in Congress or statehouses.

There are other interests as well, such as keeping communities of interest together to preserve representation. For example, splitting a city or county when it could be kept together could be viewed as weakening that community's voice.

In Tennessee, as in most states, the process is done by state lawmakers, and more precisely, by House leadership and Senate leadership of the majority party. Others may submit proposed redistricting maps, but it's

adopted.

Despite concrete steps toward more openness in the last redistricting, which included a website with information and a hotline, the opportunity for the public to view the draft state legislative maps was still only about one week before they were adopted, and even less for the congressional map.

A recent report by ThinkTennessee compares the redistricting process in our state with others. It points out that Tennessee citizens have had less access to draft district maps than those in most other states.

Citizens in 33 other states are allowed to view draft maps, with many of those states inviting public comment about the maps. Leaders in 32 states hold public meetings to gather community input before maps are drawn.

A growing number of states, 15 to date, have created commissions, to handle redistricting. Some of them are independent.

leaders up their game on transparency and open the door for more public discussion?

should.

House and Senate lead- political environment in Court that federal courts to the public earlier.

ership maps that will be which high stakes are could rule on challenges regularly attached to de- to congressional reapcisions and events. In Tennessee, Democrats fear that Republicans could try to take away a congressional seat by slicing up Davidson County, a solidly blue dot in an otherwise sea of red voters in the state. Republicans want to take back the U.S. House after a contentious and challenged presidential election, and Tennessee could help.

> Some think engineering districts to be "too red" or "too blue" further deepens the political divisions.

Population has shifted away from rural areas and small towns, such as in West Tennessee, and surged in others, particularly in the counties surrounding Nashville. Decisions on how to rebalance political districts to match updated population numbers will not be easy.

On a practical level, lawmakers must develop a plan that will withstand any potential legal challenge in court.

Legislative district Can and should state maps must meet certain state rules and congressional plans must not violate the equal protection clause of the Fourteenth Yes, they can and they Amendment. In fact, the

portionment plans was from a Tennessee case, Baker v. Carr.

TCOG has advocated for access to public records and public meetings since 2003. Citizens deserve to know what their government is doing. They deserve to know what their representatives will be voting on in plenty of time before the vote — whether that's at a meeting of a city planning commission or a state legislative committee.

Here, their government leaders are redrawing lines, possibly changing who will represent them in the General Assembly or in Congress. Citizens need a chance to understand the concepts and priorities for the maps before they are a done deal. A chance to provide feedback.

We know from previous years that concept maps for new legislative districts circulate internally months before they ever make it in front of a committee of the General Assembly. Last time, a candidate for a yet-to-beannounced new district in Williamson County even put information on his website.

Those maps, those 1962 landmark decision concepts for change, We are in a fractious by the U.S. Supreme should be made available

# **Veterans Village**



#### by Freddy Groves

The older veterans stood in a semi-circle in the rear parking lot of the coffee shop, watching the activity and drinking coffee. What they were watching was the creation of the first two tiny homes that would eventually launch the Veterans Village.

Sarge had found construction drawings in the trash done by one of his homeless dormitory veterans, David, who had finally confessed that, yes, he used to be the owner of a construction company.

"But that was before," David said. Before his life took a nosedive. Before he'd ended up homeless.

"And this is now," said Sarge, spreading out the drawings.

After many discussions, after conferences with Sarge's attorney and banker, after breaking through David's fear-induced resistance, papers were signed. The plan was to sell several homes and generate enough cash to buy a small piece of land. On that spot Veterans Village would rise, tures Synd., Inc.

tiny homes for homeless veterans, all built by David. The construction site in the back parking lot was a busy place during the day, with experienced veteran carpenters doing the work.

The minute the roofs were shingled, a local man stepped up and asked how much the tiny houses were going to sell for. Sarge eased into the periphery of the conversation, staying silent but also staying nearby in case David faltered.

But he didn't.

Instead, David smiled, confident and in charge, and said, "Now that's going to depend on the finishes you'd want, sir. If you step over here, I can show you the flooring choices, the exterior cladding, the appliances you can choose from ..."

One of the elderly veterans waved Sarge over and whispered a question: "Does he know yet?"

Sarge shook his head. No, David didn't know that the elderly veterans and their families had banded together, hunted for land and opened their wallets. David was closer to creating the Veterans Village than he ever imagined.

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Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances. The First Amendment to the Constitution



JOSEPH REAGAN Director of Military and Veterans Outreach for Wreaths Across America

have a clinical diagnosis

The mental health stagreater. A recent survey get your sheet stamped and knew if I said no it would

I said yes, partially befor post-traumatic stress. tion was no different, walk cause I thought it was true, That number is likely far in, answer a few questions, but partially because if I



Traumatic Stress Disorder and is a condition that lieves PTSD is incurable many veterans and nonveterans alike suffer.

Sunday, June 27 was National Post Traumatic Stress Disorder and Injury Awareness Day.

raising awareness around the signs, symptoms, and stigma, associated with PTSD.

As a former Infantry Officer with two deployments to Afghanistan this issue is deeply personal to me. The U.S. Department of Veterans Affairs (VA) has reported that somewhere between 10-15 percent of Veterans

PTSD stands for Post- suggests at over a quarter of our population beand those who have it are dangerous and mentally unstable – it is for this reason that so many Veterans

refuse to seek help. Twenty-two Veterans It is a day dedicated to will take their own life today, two thirds of them will have never stepped foot inside a VA facility – 15 Veterans will die today without ever asking for help.

> The redeployment process was like an assembly line, 2,600 soldiers going from office to office getting their checklist signed off by each office (dental, vision, finance, etc.).

leave.

It was June of 2006, I had returned a week earlier from a 16-month deployment to Afghanistan. I walked into the mental health office and without looking up a man asked, "what was the worst thing you experienced while you were deployed?"

I proceeded to tell him, in detail, about the suicide bomber attack on my platoon that resulted in every member of the platoon being awarded the Purple Heart. He looked up at me and said "Lieutenant, that is the worst story I've heard all day." He left me with one question "am I still me?"

mean an early end to my career. Over 30 soldiers would recount the same attack that day, 30 soldiers would answer "Yes, I'm good" and walk out of the office with their paper stamped "cleared MEN-TAL HEALTH" and start preparing for the next deployment.

Fast forward a few years, I left the military, used my GI bill to get a master's degree, and had started a new career in management consulting. The guidance most people gave to Veterans starting

> Please See PTSD Pg. 14

**USPS 271-900** 

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#### Adam Johnson Publisher

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results are taken from court records. Persons in the community may have similar names. Every effort is taken to ensure accuracy and completeness.

**Jackson County** General **Sessions Court Docket** June 24, 2021

Judge Tiffany Gentry **Gipson Presiding** Brian D. Biggs -

Theft of merchandise/ shoplifting.

Melissa G. Brown Schedule VI drugs/ manufacture/deliver/sell/

Editor's Note: Court possess, possess firearm Aggravated assault. intent to do armed/dangerous felon, possession – Custodial interference/ manufacture/deliver/ of handgun/convicted felony. felon, possess ion unlawful drug paraphernalia Driving while license uses and activities and display of registration plates.

> Olivia T. Jones – State park rules and regulations and public activities, window tintintoxication.

> park rules and regula- and driving on roadways tions and public intoxi- laned for traffic. cation.

Matthew Hester – Domestic assault. Domestic assault.

Michael L. Allen – revoked/second or subsequent, driving while license suspended, possession unlawful drug paraphernalia uses and ed, two counts of finan-Alshing King - State cial responsibility law

Donnie A. Scott –

Curtis Senters – Pro-

William C. Sliger Glen A Robichaud – Two counts of meth/ lic intoxication. sale/possess with indeath or injury/vehicle, Schedule II drugs/manufacture/deliver/sell/posunlawful drug paraphernalia uses and activities, suspended, nancial

*Editor's Note: The* iff's Department and is a matter of public record. The Sentinel appreciates the report and we hope the printing of this report criminal activity. All subresponsibility proven guilty in a court of law.

Leo F. Tam Jr. - Pub- Gene Denson was arrested on warrants for two counts of failure to appear.

On June 17, Leo Franklin Tam was arrested on a warrant for public intoxication.

On June 22, Christopher James Sheridan was arrested on a warrant for driving under the influence.

On June 23, Bobby Cravens was arrested on warrants for simple possession of Schedule IV/Alprazolam/2mg simple and possession of Schedule V/ Gabapentin/400mg.

On June 23, Eddie Lee Walker was arrested on warrants for two counts of failure to appear.

On June 24, Johnny ed on a warrant for violation of probation.

On June 24, Rodney Trov Spivev was arrested on a warrant for solicita-



School opportunity to join the sion networks. Attorneys tentionally marketing to requirements. young students.

Knox Knox County Board of ney Chris McCarty of of current and future pre- tems suffer costs of prevention programs, coun- vention programs and addicted students.

The manufacturer of to e-cigarettes." vaping products, JUUL Labs, Inc., is the subject attorney with the Frantz product to children. As of the lawsuit that as- Law Group in Califor- far as detrimental imserts that the company nia and counsel on the pact, Shinoff pointed to van County and Warren fraudulently and inten- national lawsuit, said a U.S. Surgeon General tionally marketed to the potential benefits advisory on e-cigarette

across the state have the ing and children's televi-Knox County Board of contend JUUL marketed districts are not forced to Education and 18 other candy and fruit-flavored Tennessee school dis- vapes, or pods, to appeal for prevention and treattricts in a pending law- to young people, and suit against the world's vaping products were for education programs largest manufacturer of sold online, making it vaping products for in- easier to avoid legal age ful health effects of vap-

County were misled when JUUL school grounds; Coun-Schools, with 58,000- said vaping was not selors to handle social plus students and 88 harmful, because we and emotional issues schools, became the lat- now know vaping prodest and largest system ucts actually can have addiction; Placement of in Tennessee to thus far 10 times the nicotine of vaping detectors in bathjoin the lawsuit. The a cigarette," said attor-Education voted unani- Lewis Thomason law from school districts is mously this month to firm, which is the Ten- not required to join the join other districts seek- nessee counsel on the lawsuit, and attorneys ing to recover the costs lawsuit. "School sys- are working on a continseling and treatment for counseling when stu- seeks intervention to dents become addicted ban the sale of the flavor

children through social for school districts par- use among youth.

systems media, online advertis- ticipating in the lawsuit include:

Compensation so that draw from general funds ment programs; Funding to warn about the harming; Additional staffing "Tennessee students to prevent vaping on that result from nicotine rooms.

> In addition, funding gency basis.

The lawsuit also pods and stop the inten-William Shinoff, an tional marketing of the

ter in Lebanon, TN. The

Fair theme is Honoring

ity will be celebrating the

Show your support to

website at www.wilson-

"The advisory said JUUL e-cigarettes have a high level of nicotine, and nicotine use duradolescence ing can harm the developing brain and impact learning, memory and attention," Shinoff said. "To protect our children and students, this is an issue that needs to be stopped in its tracks, and school boards are on the front lines of the battle."

Tennessee school systems that have joined the lawsuit so far include Bledsoe County, Bristol City, Cannon County, Chester County, Claiborne County, Cumberland County, Elizabethton City, Etowah City, Greeneville City, Greene County, Humphreys County, Knox County, Lincoln County, Millington Municipal, Oneida Special School District, Putnam County, Roane County, Sulli-County.





Joseph E. Oakes – bation violation. law.

# tent, possession unlaw- Jackson County Sheriff's

ful drug paraphernalia, report is obtained from evading arrest/risk of the Jackson County Shersess, Schedule V drugs/ the cooperation from the manufacture/deliver/ Jackson County Sheriff's sell/possess, possession Department in providing driving while license *helps* as a deterrent in speeding, window tinted and fi- jects are innocent until

Sheriff's Report On June 17, Melissa

Gail Brown was arrested on warrants for possession of drug paraphernalia, unlawful possession of weapon, possession of Lin Cantrell was arrestfirearm during comm. of felony and manufacture/ deliver/sale or possession of Schedule VI marijuana

On June 17, Travis tion prostitution.

# **Heroes By Decorating** Your Mailboxes and Doors

**Honoring Hometown** 

ored and thanked in many on from August 1st to State Fair will be open different ways. Join the the 7th. Watch our Fair Aug. 12 and run through 2021 Wilson County Fair Facebook page (@Wil- Aug. 21st at the James E. - Tennessee State Fair in Honoring Hometown He- chance to pick your faroes by decorating your vorite mailbox and door. mailboxes and doors. across the state can be and celebrate our heroes. Pictures of your mailbox-2021 Mailbox and Door at the Fair!

"We encourage everyone across the great state of Tennessee to decorate their mailboxes and/or doors by July 3," stated Randall Clemons, President of the Wilson County Fair-Tennessee State Fair. "We hope to see our state really go all out to honor heroes who have done so much for all of us especially in the past year." To enter the competitions, submit your pictures by July 16 as judging will begin the week of July 19th.

The judging categories for these contests include Most Attractive, Most Theme Related, and Most Creative. Premiums in each category will be \$50 for 1st Place, \$30 for 2nd Place and \$20 for 3rd Place. Best of Show will be awarded from the 1st place winners of all the categories with a prize of \$100. In addition, there will be a People's Choice award (with a prize of

Heroes can be hon- \$75) that will be voted County Fair-Tennessee sonCountyFair) for your Ward Agricultural Cen-

Entering these com- Hometown Heroes and Mailboxes and doors petitions can be done by the agricultural commodemailing your name, adadorned to thank, honor, dress, and a picture of Year of Beef. There's so your mailbox or door to much to see and do that office@wilsoncounty- you can't see it all in one es can be entered in the fair.net OR drop off this visit. information at the Fair Decorating Competitions Office at 945 Baddour ALLOUR HEROES, and we'll see you at the Fair! Parkway Lebanon, TN 37087. \*This competition For more information is for Tennessee residents about the Fair, visit our ONLY.

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- Save-A-Lot
  - Dairy Queen
  - Allen's Market

- Gainesboro Drugs

# Investing In Tech Is An Investment In Health

"I'm a third generation physician in my family," he said.

had an impact in CRMC's growth over the century.

His father, J.T. "Jack" Moore Jr., was one of the Sr., known affectionately around town as Dr. Tom, had a well-established medical practice in Algood that he opened in 1899.

Between the two of attract surgeons here." them, they treated thousands of patients in the ultimately the factor that healthcare of the region area in a different era of helps patients and that kind and how this hospital has healthcare. His grandfather of attitude is what a lot of conducted house calls and recruits are looking at.

Dr. Lee Moore, urolo- rode all over the region on gist with Upper Cumber- horseback. His father was Cookeville Regional goes this area and our facility nancially secure operation, a relevant, competitive or land Urology Associates, one of the first 10 physi- back into it," he said. grow to well over 2,400 which is unique for a rural profitable facility. has quite the legacy with cians to join the hospital "None of the profits goes employees on staff. And hospital of its size. Cookeville Regional Medi- medical staff and deliv- to shareholders. It goes to that growth is due to the cal Center and Cookeville. ered his last baby April 16, the citizens of Cookeville physicians, the board, and at CRMC are 100 percent and is a large factor in new 1991, before passing away and the surrounding areas in 1999.

Lee joined the urol-He is also a third gen- ogy practice in 1989 and the hospital has grown treeration physician who has has been here ever since, mendously, not only in the seeing the hospital grow, number of employees, but through many boards and the services offered. administrators.

first members of medical the administration and the fourth generation phystaff at then-Cookeville board are behind us (physi- sician to join CRMC's General Hospital. His cians)," he said. "Whether ranks. He is a general surgrandfather, Dr. J.T. Moore it's Cookeville, Nashville, geon who joined the staff Chattanooga or Knoxville, in 2008, working with we have to have the tech- Drs. Scott Copeland, Brian nology and the willingness Gernt and Jeff McCarter at to acquire the equipment Middle Tennessee Surgical that is needed to be able to Specialists.

in the form of growth."

Just in the last 25 years,

Jeff, Lee's Nephew and "It's nice to know that the Son of Jim Moore, is

"The Moore family has That type of support is had a great impact on the grown over the past century," said Paul Korth,

every single employee reinvested in the medical supporting this operation. center through technologi-It takes a team to run this cal advancements, operafacility as efficiently as it tions and hiring of the best orthopedic, robotic surgery is.'

staff, including physicians, and more, look no further

CRMC has no corpo- nurses and other team than Cookeville Regional rate or taxpayer backing, members. Without that re- Medical Center.

"Everything made at CRMC CEO. "I've seen as it is a stand-alone, fi- investment, CRMC is not

CRMC's presence also The profits generated attracts industry to the area companies and jobs locating here.

From cardiac, cancer,

## THE ILLUSTRATED BIBLE

For even when we were with you, we commanded you this: If anyone will not work, neither shall he eat. For we hear that there are some who walk among you in a disorderly manner, not working at all, but are busybodies. Now those who are such we command and exhort through our Lord Jesus Christ that they work in quietness and eat their own bread.

2 THESS. 3:10-12

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# Anderson Upper Cumberland Funeral Home

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#### **Mary Katherine** Rector

Mary Katherine Rec-Cumberland Home.

She was born July 30, 1943 in Cookeville. She death by: parents, Cortez Dakota Rector, both of was a former employee of Greenwood and Henrietta Cookeville; and cousins, tor, 77, of Cookeville, Acme Boot Company and Hembree Greenwood. passed away June 18 at retired as an administraher residence. Funeral tive assistant with the State clude: husband, Gary Dale friends. services were held June of Tennessee, Division Rector of Cookeville; 21 at Anderson Upper of Property Assessments son and daughter-in-law, Cumberland Funeral and was a member of the Greg and Cynthia Rector Home was in charge of Shiloh Church of Christ.

of Cookeville; grandchil- arrangements.

She was preceded in dren, Preston Rector and other family members, Surviving relatives in- her church family and

Anderson Upper Funeral

# **Two UCHRA Employees Receive ROMA Certification**

Megan Community Assistant Director, completed training to be- try. come a certified ROMA Trainer while TaShana ROMA Hooks, Community Ser- Hooks will be charged certified ROMA Implementer

ROMA Trainer, Spur- needs to be done to ful- plains. geon has demonstrated ly implement ROMA;

Two employees of basic concepts related to understanding of the full federal, state, and local the Cookeville-Putnam Results-Oriented Man- ROMA Cycle. County office of Upper agement and Account-Cumberland Human Re- ability, the ability to plishment," said LaNelle framework for continusource Agency (UCHRA) present these concepts Godsey, Community Ser- ous growth and improveare now certified in Re- in a training setting, and vices Director. "I am very ment; being defined as a sults-Oriented Manage- acceptance of the role of proud of both Megan and performance-basedinitiament and Accountability the ROMA Trainer in the TaShana. In the state of tive designed to preserve (ROMA) for the Com- national training network Tennessee, there are less the anti-poverty focus of munity Action Network. to promote the use of than 20 certified ROMA community action and Spurgeon, ROMA within UCHRA, Trainers and Implement- to promote effectiveness Services the state of Tennessee, ers. Megan and TaShana among state and local and throughout the coun- worked very hard and agencies receiving Com-

Implementer, tests." vices Manager, complet- with providing informa- the use of outcomes/ ed training to become a tion within UCHRA to results into the adminfurther develop under- istration, management, munities, and agencies standing throughout the operation, and evaluation working together to help As a newly-certified agency related to what of services, Godsey ex-

"This is a huge accomspent a lot of time prepar- munity Services Block Meanwhile, as a ing for their certification Grant (CSBG) funds.

her understanding of the demonstrating a deep an ongoing task force of cient.

community action officials ROMA provides a

premise of The ROMA incorporates ROMA is built on six national goals centered around families, comlow-income people and vulnerable populations Created in 1994 by become more self-suffi-

# **Renovated And Expanded OCHR Opens**

nounced the new Overton County Health and Rehabilitation Center will opening on July 2.

Updates to the facility include a building addition and interior renovations.

The original 11,000- the new center." square-foot nursing 1960s and most recently used as office space. The building was in dire need of a complete overhaul and had to be demolished before a complete renovation and addition could begin.

The updated 17,500square-foot facility features a new entrance lobby and reception area. 20 new private patient rooms, a large skilled rehabilitation space, dining room, day room and reading room. The facility can accommodate 20 residents.

"This renovation and ronment for our residents Street.

Overton County an- and allows us to better provide them with superior care," said Jennifer Bouldin, Overton County be celebrating its grand Health and Rehabilitation Center Administrator. "We are thrilled with the results and look forward to our community members experiencing

"We're proud of this home was built in the new facility and the excellent service it will provide the community for many years to come, said Ron Franks, principal at Wold | HFR Design, the project's architect. "Our team, along with Mid-State Construction, the project's construction manager, worked closely with the county to design and construct this facility and ensure that the community's residents can receive high quality care in a renovated, modern setting. We're pleased we were able to bring the county's vision to life."

Overton County expansion have created a Health and Rehab Center modern, home-like envi- is located at 318 Bilbrey





ROMA Certified - Pictured are TaShana Hooks (left) and Megan Spurgeon (right). Both have recently received Results-Oriented Management and Accountability certifications. The premise of ROMA is built on six national goals centered around families, communities, and agencies working together to help low-income people and vulnerable populations become more self-sufficient.

# A Week In Jackson County History

July 1, 1971

#### **Ray Harvey Jumps Bond At Third Trial**

Ray Harvey, twice convicted of murder and arson in the death of William Daniel Golden on March 24, 1965, jumped bond in Gainesboro Tuesday as the selection of jurors for a third trial on the charges was underway in Jackson County.

Harvey, who lived in the Highland Community of Overton County, was found guilty of the burning death of Golden in his first trial in October 1965 and was sentenced to 89 years and one day in the state penitentiary.

tiary.

**State Will Prosecute** 

**Fraud In Food Stamps** 

cure food stamps through

fraud will be prosecuted

In 1966, Harvey won

a new trial on an opin- law, according to an anion handed down by the nouncement from State State Supreme Court Welfare Commissioner that he (Harvey) was not Fred E. Friend. The same holds true sentenced in accordance

with provisions of the for anyone who makes state law. In the second false statements in ortrial in 1968, Harvey was der to help a person get again found guilty of the stamps to which he is not charges and sentenced to entitled.

99 years in the peniten- A & W Workers Return **To Work** 

Striking workers at A & W Manufacturing Co. Tennesseans who se- returned to work Monday.

According to comto the full extent of the pany officials, an agree- \$0.89.

ment has been reached between the firm and member of United Furniture Workers of America No. 370.

**Montgomery Electric &** Hardware Co.

U.S. Coast Guard Approved Life Vest \$2.99.

4-Qt. Ice Cream Electric Freezer \$14.97.

6-12 Insect Repellent..effective "sprayon" for mosquitoes, chiggers, gnats, tick and flies \$0.73.

Anderson-Haile Drug Co. Desenex Oint. \$0.79. Corn Server Set \$1.29.

Excedrin 100 count





BIDDING ENDS: FRIDAY • JULY 16 • 12 PM



**ONSITE PREVIEW: SUNDAY • JULY 11 • 2-5 PM** 

769 Acre Estate with Tara inspired Mansion & Guest Home Exceptionally built homes like this one are a rare offering at an absolute auction! Have the honor of owning a true Southern Estate when you step into this Tara inspired 3 story brick home with a fully finished basement that is nothing short of breathtaking.



# ifestyles



# **Blast From The Past**



Special Guests - Parents and students enjoyed lunch together at Gainesboro Elementary School during "invite a parent to lunch month." During the month, each student sent written invitations to their parents inviting them to come to lunch at school. Brenda Hawkins, Supervisor of Child Nutrition Programs in Jackson County, stated the event was extremely successful. No special menus were planned and parents had the opportunity to view the Child Nutrition Program as their children see it. "We are proud of our school cafeterias and we want parents to see that we are providing nutritious, well-prepared meals for their children in a clean, pleasing environment," Mrs. Hawkins stated.

# **Local Library Helps Out**



New Children's Computer At The Library – As recipients of the FRS Community Grant through Twin Lakes Telephone Cooperative, the Charles Ralph Holland Memorial Library was able to purchase a



Happy Residents – A few months ago, the Charles Ralph Holland Memorial Library partnered with Mabry Health Care and Rehabilitation Center to provide books for the new library that has been

# **LOC Announces Summer Concert Series**

Commerce is excited to announce the much-anticipated lineup and sponsors for this summer's ingston" concert series.

Locals and visitors have been anticipating the return of this concert series with the first show to kick off Saturday, July 17 with Jake Hoot playing on the Rotary Main Stage at Central Park.

Outstanding talent will play fun dance music suitable for all ages.

Other shows will include Stacey Mitchart on Saturday, Aug. 17 and Aaron Tippin on Saturday, Aug. 29.

Chamber Direcinformed this series is support of the Livingston stontn.com/.

The Livingston-Over- Downtown Revitalization ton County Chamber of Committee, City of Livingston, Life Church -Livingston and Swallows Insurance.

"We are all very excitreturn of the "Live In Liv- ed to bring Livingston to life again with the 'Live In Livingston' concert series," Cantrell said.

"We are extremely grateful for the support from our sponsors, Life Church and Swallows Insurance as well as our partnership with the City of Livingston and the Livingston Downtown Revitalization Committee," she added. "We're looking forward to these events and we anticipate a wonderful time for the whole community."

Learn more about the tor Shannon Cantrell concert series at the "Live In Livingston" website at made possible with the http://www.liveinliving-

# **National Guard Aircrew Rescue Bear Attack Victim**

National Guard medical Tim Allen, Crew Chief, flight crew responded to an emergency air evacuation mission after a camper was attacked and injured by a bear while sleeping in the Great Smoky Mountain National Park area, June 18.

Shortly before 7 a.m., the Tennessee Military Department and Tennessee Emergency ManagementAgency were notified of a camper in distress at a backcountry campsite 5.7 miles from the Maddron Bald Trailhead. Requiring immediate medical care,

A Tennessee Army Philip Webster, Pilot, Sgt. and Sgt. 1st Class Tracy Banta, Critical Care Flight Paramedic.

Once the rescue aircraft arrived on scene, the flight crew began hoist operations. With the aircraft unable to land due to terrain, Allen lowered Banta to the patient via rescue hoist where he performed a medical assessment with the park rangers who were providing initial medical care, and ensured that the patient was stable enough for hoisting. Once complete, Banta and the pathe Tennessee National tient were lifted safely Guard was alerted for a into the helicopter, which departed for the Univer-A UH-60 Blackhawk sity of Tennessee Medical helicopter from Detach- Center in Knoxville. The ment 1, Company C, entire hoisting operation 1-171st Aviation Regitook 14 minutes to complete. While onboard, the aircrew continued medical aid to the patient during the 20-minute flight to the hospital. This is the third search sisted of Chief Warrant and rescue mission by the Officer 3 Andrew Redley, Tennessee National Guard Pilot in Command, Capt. this year.

new AWE children's computer. This computer is started for the residents, and was furthermore able filled with educational programs, games, and learn- to locate and donate a book cart to Mabry so that ing aids for all ages. It is a wonderful addition to the the books can be moved around more easily. The library and a great resource for the children of our community. The library is grateful and would like to extend many thanks to the Foundation for Rural Services and to Twin Lakes for their generosity through this grant.

library was glad to help with this project and looks forward to more partnerships with the staff and residents at Mabry in the future. Pictured left to right are: Adrianna Scoggins and Megan Wiseman with the new book cart.

Sentinel



**Baby Announcements** 

helicopter rescue.

ment based in Knoxville

assembled in under an

The flight crew con-

# **RECIPES** of the WEEK

#### Summer Bean Salad

- 1 1 lb. can cut green beans, drained
- 1 1 lb. can cut yellow beans, drained
- 1 1 lb. can red kidney beans, drained
- 1 green pepper, cut up
- 1 onion, sliced
- 3/4 cup sugar
- 1/2 cup vinegar
- 1/2 cup salad oil
- Salt and pepper to taste

Combine sugar, vinegar, oil, salt and pepper. Mix until sugar is dissolved. Pour er ingredients. Chill at least 1 hour before over beans, green pepper and onion and let stand in refrigerator for a day before serving. Note: Store in covered dish and before serving turn over so sugar-vinegar and oil cover all beans.

#### **Foil-Wrapped Dinners**

- $1 \frac{1}{2}$  lb. round steak
- 1 pkg. (10 oz. frozen green peas)
- 4 med. Carrots
- 4 med. Potatoes, pared
- $1 \operatorname{can} (10 \ 1/2 \text{ oz.}) \operatorname{cream} \operatorname{of} \operatorname{mushroom}$
- soup

1 envelope (1 1/2 oz.) onion soup mix

8 cherry tomatoes

Preheat over to 450 degrees. Cut meat mixture. into 1" pieces. Place frozen peas in colander and run cold water over them until broken apart. Drain.

Tear off 4 pieces of aluminium foil. Serves 4. On center of each piece, place 1 carrot, thinly sliced, 1 potato, cut into quarters and <sup>1</sup>/<sub>4</sub> of the meat. Combine mushroom soup and onion soup mix. Spoon soup mixture over meat and top with peas. Inc. Wrap securely in foil and place on un-

greased baking sheet. Bake 50 minutes. Before serving, add 2 cherry tomatoes, halved.

- **Heavenly Hash**
- 1 8 3/4 oz. can pineapple 2 cups thawed cool whip
- 1 cup coconut
- 1 cup miniature marshmallows
- <sup>1</sup>/<sub>4</sub> cup chopped maraschino cherries
- 3 TBL. Milk

Drain pineapple and mix with all othserving.

#### **Asian Noodles**

Peanut butter isn't just for kids' lunchboxes anymore! It adds protein and flavor to family meals from breakfast to dinner.

12 ounces fettuccine

1 package (10 ounces) shredded carrots

1 package (6 ounces) snow peas

1/2 cup peanut butter

1/2 cup low-fat ginger vinaigrette

1. In saucepot, cook fettuccine as label directs, adding carrots and snow peas during last 2 minutes of cooking. Reserve 1/2 cup cooking water; drain fettuccine

2. In same saucepot, blend peanut butter, vinaigrette and reserved cooking water. Add fettuccine mixture; toss well.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/food-recipes/.

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Engagements, Weddings, Birthdays, and Baby Announcements are no charge.



Deadline: 4 p.m. Friday prior to following week's edition. Email icsentinel@twlakes.net or bring by the office at 211 S. Main St., Gainesboro





# **CRA Applauds Meat Processors Investment**

special to the Sentinel

The Center for Rural Affairs applauds the launch of a new grant program aimed at building capacity and increasing economic opportunity for small and mid-sized meat and poultry processors.

On Monday, the U.S. Department of Agriculture (USDA) announced it will provide \$55.2 million in competitive grant funding through the new Meat and Poultry Inspection Readiness Grant (MPIRG) program. The program is funded by the Consolidated Appropriations Act of 2021.

"Demand for local foods has grown steadily over the past 16 months. and producers have risen at an existing facility; to meet the challenge," said Johnathan Hladik. policy director for the equipment; meeting occu- be accepted electronically email mpirg@usda.gov.

"Our processors are our standards; and any costs partners, and they have associated with becomdone all they can to keep up. This program will help them make the efficiency and capacity improve- strictions may make it ments needed to keep this difficult for otherwise important piece of our rural economy growing."

Under the MPIRG Hladik said. program, small and mid sized meat and poultry slaughter and processing available to businesses facilities can cover the costs for necessary improvements to achieve a out many processors that Federal Grant of Inspection or to operate under a didates for expansion," he state's Cooperative Interstate Shipment program.

funding include modernizing or expanding a new facility are also inmodernizing processing, packaging, and labeling

CENTER FOR RURAL AFFAIRS Center for Rural Affairs. pational and food safety through grants.gov until ing a federally inspected facility.

> However, some reeligible businesses to fully utilize the program,

"Unfortunately this program is entirely unthat are already USDA inspected, which leaves are otherwise prime cansaid. "For those interested in becoming inspected, Activities eligible for costs associated with purchasing land and building an existing facility; new eligible, which will limit For more information construction of buildings processors that are unable about grant eligibility and to expand at their current location."

Aug. 2. Commercial businesses, cooperatives, and tribal enterprises are eligible to apply. The USDA encourages applications aimed at increasing access to slaughter or processing facilities for smaller farms and ranches, new and beginning farmers and ranchers, socially disadvantaged producers, and veteran producers.

USDA's Agricultural Marketing Service is offering webinars for applicants to help walk them through the Request for Application. Additionally, grants management specialists are available to answer questions during regular business hours. program requirements, visit the ams.usda.gov/ Grant applications will services/grants/mpirg, or

# **Cattle Report**

## Livestock Weighted Average Report for 6/16/2021 - Final AUCTION

	This Week	Last Reported	Last Year
Total Receipts:	730	566	1,155
Feeder Cattle:	661(90.5	%) 482(85.2%)	1,040(90.0%)
Slaughter Cattl	e: 52(7.1	%) 54(9.5%)	104(9.0%)
Replacement C	Cattle: 17(2.3	3%) 30(5.3%)	11(1.0%)

Compared to last week, Feeder Steers steady to 5.00 higher; Feeder Bulls steady to 5.00 lower; Feeder Heifers steady to 4.00 higher. Supply included: 91% Feeder Cattle (22% Steers, 58% Heifers, 20% Bulls); 7% Slaughter Cattle (100% Cows); 2% Replacement Cattle (100% Bred Cows). Feeder cattle supply over 600 lbs was 51%.

#### STEERS - Medium and Large 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg W	t Price Range A	vg Price
2	258	258	180.00	180.00
8	390-395	393	148.00-157.00	152.47
5	427	427	150.50	150.50
8	455	455	162.00	162.00
10	523-539	536	143.00-154.00	151.85
21	558-597	584	145.50-153.50	151.97
2	600	600	135.00	135.00
4	605-620	609	146.50-149.00	147.14
22	668-687	674	126.00-137.50	130.76
14	666-671	669	138.50-140.50	139.79
8	709-748	727	119.50-125.00	123.08
4	763	763	129.00	129.00
2	815	815	122.00	122.00
8	891	891	121.00	121.00
1	910	910	109.00	109.00

#### STEERS - Medium and Large 2-3 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
3	320	320	130.00	130.00
2	393	393	138.00	138.00
2	443	443	137.00	137.00
3	468	468	145.00	145.00
1	545	545	139.00	139.00
1	560	560	129.00	129.00
2	615-645	630	119.00-130.	00 124.63

HEIFERS - Medium and Large 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
5	339	339		
7	368-385		132.00-141.00	
1	435	435		
31	450-470		134.00-143.50	
9	488	488		
21	514-540	526		
14	520-523		141.50-143.00	
18	584-587	585		
27	553-580	564		
16	642-647	645		
71	606-647			
13	667-693		117.00-125.00	
42	694	694		
1	715		112.00	
19	760-769		105.00-117.00	
36	849		119.50	
8	928	928		
0	120	120	15.50	75.50
HEIFE	BS - Modiur	n and I a	rge 2-3 (Per Cwt /	Actual Wt)
	ino - meului		ige 2-3 (i ei Cwt7	Actual wil)
Head	Wt Range	Avo W	t Price Range	Avg Price
2			114.00-125.00	
5			120.00	
1	680	680		103.00
*	000	000	102.00	100.00

# te Celebrates Po

(June 21-25), the Tennessee Departments of Transportation, Environment & Conservation, and Agriculture promoted pollinator health and awareness in Tennessee State Parks.

In June 2019, the three agencies announced a partnership with 64 acres of pollinator meadows at about this partnership," eight state parks. Since that time, meadows have been planted, and new public education signage has been installed to interpret each location.

**Pickwick Landing** Paris Landing Big Hill Pond Montgomery Bell Seven Islands Henry Horton Sycamore Shoals Warriors Path.

Each blooming mead-

National Pollinator Week also assist with TDEC's decline because of habitat Honey Project, which al- loss, pests and pathogens, lows the public to purchase exposure to pesticides, and honey harvested annually within each park. For more information about an excellent collaboration TDEC's "The Honey Project," please visit https:// tnstateparks.com/honeyproject.

"TDOT is excited said Commissioner Clay Bright. "This effort is an this initiative contributes excellent way to educate to the natural beauty of our the public about the threats state. It also blends in well to pollinators and a valuable part of TDOT's Pollinator Habitat Programming."

of animals, such as bees, healthy and abundant food moths, butterflies, birds, supply," Agriculture Comand small mammals such missioner Charlie Hatcher, as bats, which carry pol- D.V.M. said. "Tennessee len between plants' male has more than 6,000 liand female parts. They censed apiaries statewide. environmental-highwayow contains a mix of are vitally important to We appreciate the nu- beautification-office/beau-

In conjunction with pollinators. The meadows pollinators are in steady these vital insects. TDA is other stressors.

> "This has proved to be for TDEC with the departments of Transportation and Agriculture," TDEC Commissioner David Salyers said. "Pollinators are important for agriculture and the environment, and with the Honey Project in our state parks."

"Like farmers, pollinators are hard workers, and Pollinators are a mix we depend on them for our

pleased to join TDOT and TDEC in highlighting the importance of protecting bees and other pollinators."

National Pollinator Week was June 21-25 and is a nationwide effort at building awareness and attention to the steps everyone can take to protect and restore pollinator populations. Please follow @myTDOT on Facebook, Twitter, and Instagram for our Pollinator Week social media campaign. Pollinators are critically important to life, growing food, and the economy of Tennessee. For more information about TDOT's Pollinator Habitat Program, please visit https://tnpollinator.org or www.tn.gov/ tdot/environmental-home/

nectar-bearing plants and maturing crops and grow- merous beekeepers dedi- tification-pollinator-habimilkweed, which sustain ing food. Unfortunately, cated to the well-being of tat-program.

# **Food Safety For A Tasty Fourth**

As more and more individuals across the poultry and fish last; In- should be marinated in the eter is the only definitive nation are vaccinated against COVID-19, more and more families are planning reunions and get togethers to coincide with the July 4th holiday. Cookouts and grilling are popular ways to celebrate, and University of Tennessee Extension recommends food safety guidelines to follow to keep everyone safe while home, place them in the is prepared. Any person celebrating our country's independence.

"The first step in food safety is following strict guidelines while shopping for ingredients and the trip home," says Janie is always best to make the grocery store the last stop before going home. This will help ensure food products do not fall outside of the safe temperature zones."

Burney says to keep these suggestions in mind while shopping for and storing groceries:

spect packaging to be refrigerator and any addisure it is not open, torn tional marinade that will or damaged; Check expiration and sell-by dates. and stored separately. Meats should be frozen or cooked within one to two is imperative to make sure days of the sell-by date; the prepping and cooking Place any meat, poultry areas along with utensils and fish in separate bags for preparing the food are from other foods, such as vegetables and fruits; ing to Burney, "This must For transporting groceries coolest place the vehicle that will be handling food will allow. For a bus ride, must wash their hands bebring a canvas tote or dou- fore and after with soap ble bag cold items; During and warm water for 20 warm July days, get meats seconds. Ensure that any from the grocery store to cutting boards, utensils a refrigerator within an and countertops have Burney, UT Extension hour. If this is not possible washed with hot, nutrition specialist. "It ble, bring a cooler and ice soapy water." packs with you.

to July 4, it is important tant to have an additional to allow enough time to cutting board for any raw safely defrost meat. Bur- meats to keep them sepaney recommends defrost- rate from any other food ing meat in the refrigera- products. Any utensils tor one to two days before that come into contact July 4. Marinating meat is with raw meat should a popular way to add fla- not touch any other food

Shop for all meat, should be followed. Meat meats, a meat thermombe used should be chilled

Once July 4 arrives, it properly cleaned. Accordbe done before any food

Burney states that it In the days leading up is also extremely imporvor, but certain guidelines products. While cooking decreased to one hour.

way to be certain that the minimum food temperatures are met. Please refer below for correct internal cooking temperatures.

Cook beef, lamb, pork and veal steaks and roasts, medium rare 145 F (160 F for medium) allow meat to rest for three minutes. fish with fins; Ground meat and meat mixtures, egg dishes to 160 F; Ground turkey and chicken, all poultry, stuffing and casseroles, leftovers to 165 F; Shrimp, lobster, crab and scallops until flesh is pearly or white, and opaque; Clams, oysters, mussels until shells open during cooking.

As the celebrations and cookouts come to an end, Burney also suggests that any perishable food items that have been out of a cooler or refrigerator for two hours or more should be thrown away. If the outside temperature is 90 F or more, that time is



BULLS - Medium and Large 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
6	392	392	156.00	156.00
9	448	448	144.00	144.00
13	455-480	461 1	55.00-157.00	155.48
22	531	531 1	35.00-148.50	145.43
28	570-586	580 1	31.00-145.00	137.33
23	665-695	677 1	15.00-124.50	119.74
9	758-759	7591	06.00-111.00	109.89

BULLS - Medium and Large 2-3 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
2	383	383	140.00	140.00
1	425	425	134.00	134.00
1	495	495	123.00	123.00
3	527	527	129.00	129.00
1	595	595	118.00	118.00
1	640	640	111.00	111.00
3	690-695	693	107.00-113.00	108.99
1	745	745	110.00	110.00

#### Please Note:

The above USDA LPGMN price report is reflective of the majority of classes and grades of livestock offered for sale. There may be instances where some sales do not fit within reporting guidelines and therefore will not be included in the report. Prices are reported on an FOB basis, unless otherwise noted.

# eisure

## IGER

















# Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Medal or trophy	D	Cognizant	E
2. Food cupboard	N	Insignificant	L
3. Actress Bette	S	Goliath's foe	D
4. Scour	С	Bush	Н
5. Pledge 10%	H _	Deed	L
6. Artist Wood	R	Titan	_ I
7. Chatty crow	Р	Homer's youngest	G
8. Complete disarray		Cowboy leggings	P
9. Make haste	U	Wizard Potter	A
10. Park officer	А	Horseshoes score	I. I.
	@2021 King	Features Synd., Inc.	
Weekly	/ SUDC	KU	See this week's answers in next week's edition of the Sentinel
by L	inda Thistle	•	8 9 1 4 6 2 3 3 5
8 2 4	5 9		2       4       2       5       3       6       6       1       8         6       5       3       8       2       1       4       2       6       1       8

# HOROSCOPES by BUD BLAKE

HE ALWAYS FURS

... AND, BEING A GENTLEMAN I ACCEPTED

ARIES Mar 21/Apr 20

Aries, you may have to tend to family matmembers and work tolution that everyone can time to tackle projects. embrace.

#### TAURUS Apr 21/May 21

offering your input.

### **GEMINI** May 22/Jun 21

Things that appear ing your research and dends down the road. don't be scared away.

CANCER

## Jun 22/Jul 22

Cancer. want them to treat you. times a fresh perspec-This simple approach is a tive is all that's needed to

## relationships. LEO Jul 23/Aug 23

put from trusted family possible this week, Leo. You may soon be pressed gether to come to a so- for time, so now is the VIRGO

## Aug 24/Sept 22 Have fun with family

Taurus, it can be dif- and friends in the days ficult to know when to to come, Virgo. Make stop talking and start lis- the most of this precious tening. It is a fine line to time to relax with those walk, but be patient and you love. It will provide pend as much time as feel out the room before the kickstart you've been possible with those you seeking.

## **LIBRA** Sept 23/Oct 23

Devote some time to to be confusing or in-figuring out the details of come to the surface when timidating may not be your spending habits. A as complicated as they little financial discipline seem, Gemini. Keep do- now may pay big divi-

## **SCORPIO** Oct 24/Nov 22

Scorpio, seek others' remember input when faced with a to treat others how you tricky situation. Some- community in any way

## **SAGITTARIUS** Nov 23/Dec 21

Sagittarius, expect Get as much work to make some progress ters this week. Seek in- done around the house as on financial situations that may have seemed daunting in the past. A financial professional can help you navigate some confusing waters.

### **CAPRICORN** Dec 22/Jan 20

Connecting with friends has been a priority for you lately, Capricorn. In the days ahead, hold near and dear.

### **AQUARIUS** Jan 21/Feb 18

Hidden strengths you are thrust into an unfamiliar situation, Aquarius. When forced to think on your feet, you realize you can adapt on the fly.

PISCES

## Feb 19/Mar 20

Connect with your you can this week, Pisces. Give back by volunteering or by offering financial support.







 Moderate
 Moderate
 Moderate HOO BOY!

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21007 portrayer Daniel 22 Legendary French actress 23 "The King --" 24 Falls on the U.S./ Canadian border 25 German pronoun 26 Draw a conclusion 28 Big wheels at sea 29 Leek's kin 30 Metric measures 31 Simple 32 Retired jet 34 Lectern locale 35 "Once -- a time ..."





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# **HELP WANTED**

### **IN THE CHANCERY COURT JACKSON** COUNTY, **TENNESSEE RIS R. WOODY and** KAREN M. WOODY, Plaintiffs, VERSUS NO. 2021-**CV-29 KRISTINE RAUM** and NARAYAN RAUM, **Defendants. ORDER OF PUBLICATION**

Whereas Plaintiff's Motion for Publication pearing from the allega- vertising the following Backwater Farm Nurs- Package or higher.) Call (TnScan) tions contained in said job vacancy: Central Of- ery Plants, handpainted for more details today! Motion, being sworn to fice Data Entry Assistant distressed wood, antique (some restrictions apply) DENTAL INSURANCE or affirmed by Plaintiffs Cookeville, TN \$12.39 furniture and nic naks. Call IVS 1-844-794-0819 from Physicians Mu- ALL THINGS BASEand the Private Process per hour, 8 hours per day. Home cooked meals and (TnScan) Server, this court finds Fringe Benefits: Health, Funnel Cakes. Thursdaythat the Private Process Dental, Vision, and Life Chicken Alfredo, garden DISH Server has made returns Insurance, Retirement salad, Cowboy Tacos, \$59.99 for 190 Chan- tal insurance - NOT just Crawl Spaces. We can leading process indicat- Program, Paid Holidays, strawberry cheesecake nels! Blazing Fast Inter- a discount plan. Do not help! ing that Defendants Kris- Sick and Annual Leave cobbler and Chocolate net, \$19.99/mo. (where wait! Call now! Get your Concrete Leveling & Lifttine Raum and Narayan Employment Application Chess pie. Friday-Mes- available.) Switch & Get FREE Dental Information ing - Foundation Repairs Raum cannot be found must be in the L.B.J.& quite grilled chicken and a FREE \$100 Visa Gift Kit with all the details! - Humidity & Mold Conin Jackson County, Ten- C. Central Office by July BBQ nachos, Chocolate Card. FREE Voice Re- 1-844-278-8285 nessee, that the current 2, 2021 or postmarked cobbler, Gooey Butter mote. FREE HD DVR. dental50plus.com/tnpress ect (restrictions apply) residence(s) of Defen- by July 2, 2021. An Em- cake. Saturday-Smoked FREE Streaming on #6258 (TnScan) dants Kristine Raum and ployment Application is pulled pork and chicken, ALL Devices. Call to-Narayan Raum cannot be available at the L.B.J.& drinks, sweet/unsweet- day! ascertained upon diligent C. Central Office, Head ened and fruit teas, Coke, (TnScan) inquiry. Therefore, De- Start Center, Indeed.com, Diet Coke, Mtn Dew and fendants Kristine Raum or www.lbjc.org. For in- Bottled Water. 6-29 1TP and Narayan Raum can- formation contact Gale not be served within Stone at (931) 528-3361, YARD SALE: Saturday, the ordinary process of ext. 228 6-29 1TC law. It is therefore OR-DERED, that:

tive weeks in the Jack- needed son County Sentinel, a newspaper with regular circulation in Jackson County, Tennessee. The real property, which is the subject of this lawsuit, being 1685 Morrison Creek Road, Gainesboro, Jackson County, Tennessee.

Said Defendants Kristine Raum and Narayan Raum appear before the Chancery Court of Trousdale County, Tennessee, in Hartsville, Tennessee on August 6, 2021 at 9:00 a.m., and defend the claim of Plaintiff's, or judgment by default may be taken against the Defendants Kristine Raum and Narayan Raum for the relief demanded in Plaintiff's Complaint. This the 10th day of June, 2021.

# Hourly pay rate will in- 615-281-2350. crease after 90 day pro- 5-25, 6-1, 6-8, 6-15, Save Time & \$\$\$. One HBO Max FREE. Dipaidholiday's, sick, vaca- 7-20 10TP tion after a 90 day probation. All applicants must provide a High School Diploma or GED upon submitting your applica- GAINESBORO MARtion. Please submit ap- KETPLACE: Will be boro, TN 8-13, TFC

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#### NOTICE OF SUBSTITUTE TRUSTEE'S SALE STATE OF TENNESSEE, JACKSON COUNTY

### THIS IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION GATHERED IN CONNECTION HEREWITH WILL BE UTILIZED FOR THAT PURPOSE.

WHEREAS, default has occurred in the performance of the covenants, terms and conditions of a Deed of Trust Note dated March 18, 2021, and the Deed of Trust of even date, securing said Deed of Trust Note recorded on April 28, 2004 in Record Book 32, at Page 1744 as Instrument No. 04019062, in the Register's office of Jackson County, Tennessee, executed by James Cothern and Linda Cothern, conveying certain property described therein to Craig R. Allen, as Trustee, for the benefit of Walter Mortgage Company, LLC (the "Holder") and to Mickel Law Firm, P.A., having been appointed as Substitute Trustee by instrument of record in the Register's office for Jackson County, Tennessee.

WHEREAS, the owner and holder of the Deed of Trust Note has declared the entire indebtedness due and payable and demanded that the hereinafter described real property be advertised and sold in satisfaction of indebtedness and costs of foreclosure in accordance with the terms and provisions of the Deed of Trust Note and Deed of Trust.

NOW, THEREFORE, notice is hereby given that an agent of Mickel Law Firm, P.A., as Substitute Trustee, pursuant to the power, duty and authority vested in and conferred upon said Substitute Trustee, by the Deed of Trust, will on Wednesday, July 7, 2021, at or about 10:00 AM at the front entrance of the Jackson County Courthouse, 101 E Hull Ave., Jackson County Courthouse - East Door, Gainesboro, Tennessee, 38562, or the sale will be held in the place at said venue where foreclosure sales are customarily advertised and/or conducted, offer for sale to the highest bidder for cash, and free from all legal, equitable and statutory rights of redemption, exemptions of homestead, rights by virtue of marriage, and all other exemptions of every kind, all of which have been waived in the Deed of Trust, certain real property located in Jackson County, Tennessee, described as follows:

Land lying in the 6th Civil District of Jackson County, Tennessee, and more particularly described as follows:

Being one acre of Lot 11, Eagle Ridge, Part I: Beginning on a 1/2 inch pipe set in the center of Booger Ridge Road, the northwest corner of this tract, a point in the boundary of a tract of land belonging to William Newman, and the northwest corner of the parent tract; thence leaving the boundary of Newman and with the center of the road, South 47 degrees 31 minutes 10 seconds East, 206.33 feet, and South 45 degrees 19 minutes 27 seconds East, 65.96 feet to a 1/2 inch pipe in the center of the road, the easternmost point in the boundary of this tract, and a point in the outer perimeter of the parent tract; thence leaving the center of the road and severing the parent tract South 44 degree 40 minutes 33 seconds West, 210.37 feet to a 1/2 inch pip, the southernmost point in the boundary of this tract; thence further severing the parent tract, North 37 degrees 33 minutes 50 seconds West, 179.09 feet to a 1/2 inch pipe, the westernmost point in the boundary of this tract; a point in the boundary of a tract belonging to Kenneth Barger, also a point in the boundary of the aforementioned tract of land belonging to William Newman, and a point in the outer perimeter of the parent tract; thence leaving the boundary of Barger, and with Newman's east boundary North 16 degrees 42 minutes 07 seconds East, 201.87 feet to the point of beginning, containing 1.0000 acres, and being a portion of Tract 11 of Eagle Ridge Subdivision.

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#### Parcel ID: 046 06635 000

More Commonly Known As: 552 Booger Ridge Ln, Gainesboro, TN 38562.

The sale of the property described above shall be subject to all matters shown on any recorded plat; any and all liens against said property for unpaid property taxes; any restrictive covenants, easements or set-back lines that may be applicable; any prior liens or encumbrances as well as any priority created by a fixture filing; a deed of trust; and any matter than an accurate survey of the premises might disclose; and

All right and equity of redemption, statutory or otherwise, homestead, and dower are expressly waived in said Deed of Trust, and the title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above.

The sale is subject to Occupants(s) rights in possession, if applicable.

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the purchase price. The Purchaser shall have no further recourse against the Grantor, the Grantee or the Substitute Trustee.

To the best of the Trustee's knowledge, information, and belief, there are no Federal or State tax lien claimants or other claimants upon the subject property which would require notice pursuant to the terms and provision of T.C.A. § 35-5-104, T.C.A. § 67-1-1433 or 26 U.S.C. § 7425.

If a high bidder fails to close a sale, the Substitute Trustee shall have the option of making the sale to the next highest bidder. The sale held pursuant to this Notice may be rescinded at the Substitute Trustee's option at any time.

The sale will be conducted subject (1) to confirmation that the sale is not prohibited under the U.S. Bankruptcy Code; and (2) to final confirmation and audit of the status of the loan with the holder of the Deed of Trust. This property is being sold "as is." Additionally, no representation as to the condition of any structure(s) thereon or the accuracy of the above legal description is being or has been made. Transfer taxes and recording fees are the responsibility of the purchaser.

The following individuals or entities have an interest in the above-described property: James Cothern, Linda Cothern, Tenants of 552 Booger Ridge Ln, Gainesboro, TN 38562, President, Midland Funding, LLC, assignee of Columbus Bank and Trust.

DATED this 3rd day of June, 2021.

Stephen P. Lowman TN Bar No. 038269 MICKEL LAW FIRM, P.A., SUBSTITUTE TRUSTEE 222 2ND AVENUE SOUTH, SUITE 1700 NASHVILLE, TN 37201 PHONE: (615)514-0138 FAX: (501)664-0631 File No. 106223-1 **INSERTION DATES:** June 15, 2021; June 22, 2021; June 29, 2021

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## CAREER OPPORTUNITY **Technical Support Representative**

### **General Summary:**

Twin Lakes Communications is seeking an energetic, customeroriented person for a full time Technical Support Representative position to provide help desk support to our valued customers. This position provides the first level technical support in a collaborative work environment utilizing various communication methods. This position will work directly with customers to provide technical support and problem resolution using various means of communications such as phone calls, e-mail, and chat. This is a call center environment requiring professional level customer service. Technical Support Representatives may be required to work evenings, weekends, and to be on-call as scheduled.

#### Functions of the Position\*:

- Provide technical assistance to answer questions or resolve problems for customers and/or technicians over the phone.
- Assist with installation and testing of customer premise equipment over the phone.
- Utilizes team collaboration, diagnostic tools, service aids, product schematics, and all other available product information in the assessment and resolution of customer issues.
- Remotely monitors Network Management Systems to proactively identify and resolve network issues before customers call support.
- Performs all record keeping functions as directed, including but not limited to, detailed comments on service orders, trouble tickets, time sheets, work report, expense reports, and timely updates to plant records.

\*Functions and abilities listed are not all inclusive of the job description. **Qualifications and Requirements:** 

Must possess a High School diploma or equivalent. Candidates possessing IT certifications and technical support experience are preferred. Possess comprehensive knowledge of personal computer uses and solid understanding of basic IT concepts. Proficient in using and supporting common IT related systems, including various versions of Microsoft Windows, Office (Word, Excel, Outlook email, etc.), macOS, mobile devices, networking components, remote access software, and antivirus software. • Ability to work days, evenings, and weekends, and to be on-call as scheduled. Must be an adaptive problem solver with well-balanced technical experience. Must possess effective communication and time management skills while working in a team environment. Must possess strong oral/written communication, organizational, decision-making, customer service with the ability to handle multiple tasks and work under pressure. Must be a team player within the organization with a commitment to excellence, integrity, and driven by results.

procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your **FREE Dental Information** Kit with all the details! 1-844-278-8285 WWW. dental50plus.com/tnpress #6258 (TnScan)

ATTENTION VIA-GRA USERS: Generic

NOTICE TO FURNISHERS OF LABOR AND MATERIALS TO: Volunteer Highway Supply Co., Inc. PROJECT NO.: 44945-3488-94 CONTRACT NO.: CNU170 COUNTY: Jackson The Tennessee Department of Transportation is about to make final settlement with the contractor for construction of the above numbered project. All persons wishing to file claims pursuant to Section 54-5-122. T.C.A. must file same with the Director of Construction, Tennessee Department of Transportation, Suite 700 James K. Polk Bldg., Nashville, Tennessee 37243-0326, on or before 8/13/2021

**James Fouts** 2940 Jennings Creek Hwy. Whitleyville, TN 38588

# PUBLIC NO

The Jackson County Courthouse will be closed July 3 through July 5, 2021 in observance of Independence Day.

All dumpsites will be closed July **5, 2021**.



## Job Location:

Livingston, Tennessee

Applications for this position must be submitted on the Twin Lakes website at https://twinlakes.workable.com. Questions can be directed to careers@twinlakes.net.

Online applications and resumes will be accepted until July 9, 2021. Twin Lakes is an Equal Opportunity Provider and Employer.





# PUBLIC NOTICE PUBLIC NOTICE

# **2020 CONSUMER CONFIDENCE REPORT**

Jackson County Utility District #1 serves Shepardsville Hwy.

# **Jackson County Utility District #1** 2020 Consumer Confidence Report

Is my drinking water safe? Yes, our water meets all of than the general population. Immuno-compromised persons EPA's health standards. We have conducted numerous tests for contaminants that may be in drinking water. As you'll see in the chart on the back, we only detected a few of these contaminants. We found all of these contaminants at safe levels

What is the source of my water? Your water, which is surface water, comes from Old Gaines-

boro Road Utility District, which comes from the Center Hill Lake (Mine Lick creek). Our goal is to protect our water from contaminants and we are working with the State to determine the vulnerability of our water source to *potential* contami-nation. The Tennessee Department of Environment and Conservation

(TDEC) has prepared a Source Water Assessment Program (SWAP) Report for the untreated water sources serving this water system. The SWAP Report assesses the susceptibility of untreated water sources to *potential* contamination. To ensure safe drinking water, all public water systems treat and routinely test their water. Water sources have been rated as reasonably susceptible (high), moderately susceptible (mod-erate) or slightly susceptible (low) based on geologic factors and human activities in the vicinity of the water source. The

Jackson County Utility District sources rated as reasonably susceptible to potential contamination. An explanation of Tennessee's Source Water Assessment Program, the Source Water Assessment summaries, susceptibility scorings and the overall TDEC report to EPA can be viewed online at https://www.tn.gov/environment/program-areas/wr-water-resources/water-quality/source-waterassessment.html or you may contact the Water System to obtain copies of specific assessments

Why are there contaminants in my water? Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. Community water systems are required to disclose the detection of contaminants; however, bottled water companies are not required to comply with this regulation. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

Is our water system meeting other rules that govern our operations? The sources of drinking water (both tap and bottled water) includes rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturallyoccurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water: · Microbial contaminants, such as viruses and bacteria,

which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife. · Inorganic contaminants, such as salts and metals, which

can be naturally-occurring or result from urban storm water runoff, industrial, or domestic wastewater discharges, oil and gas production, mining, or farming.

 Pesticides and herbicides which may come from a variety of sources as agriculture, urban storm water runoff, and residential uses.

· Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff, and septic systems.

ring or be the result of oil and gas production and mining activities.

such as persons with cancer undergoing chemotherapy, persons who have under-gone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about not only their drinking water, but food preparation, personal hygiene, and precautions in handling infants and pets from their health care providers

EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

Water System Security Following the events of September 2001, we realize that our customers are con-

cerned about the security of their drinking water. We urge the public to report any suspicious activities at any utility facilities, including treatment plants, pumping stations, tanks fire hydrants, etc to 931-268-2880

Lead in Drinking Water If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The Water system is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking and cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http://www.epa.gov/ safewater/lead

Pharmaceuticals In Drinking Water Flushing unused or expired medicines can be harmful to your drinking water. Learn more about disposing of unused medicines at http:// www.tnpharm.org/patient-resources/disposing-of-unwant ed-drugs/

How can I get involved? If you have any questions or concerns, please call or come by our Office. Our Board meets on the third Monday of each month at 7:00 p.m. at the utility office. Please feel free to participate in these meetings. If you have any items that you wish to address, please call the office at 931-268-2880 to be placed on the agenda.

For more information about your drinking water, please call Brandon Holland at 931-268-2880 or come by our office between 8:00am to 4:00pm, Monday-Friday, at 1478 N. Grundy Quarles Highway, Gainesboro TN 38562.

#### Este informe contiene información muy importante Tradúscalo o hable con alguien que lo entienda bien.

A cross connection is a connection between a drinking water pipe and a polluted source. The pollution can come from your own home. For instance, you're going to spray fertil-izer on your lawn. You hook up your hose to the sprayer that contains the fertilizer. If the water pressure drops (say because of fire hydrant use in the town) when the hose is connected to the fertilizer, the fertilizer may be sucked back into the drinking water pipes through the hose. Using an attachment on your hose called a backflow-prevention device can prevent this problem.

The Jackson County Utility District recommends the installation of backflow prevention devices, such as a low cost hose bib vacuum breaker, for all inside and outside hose connections. You can purchase this at a hardware store or plumbing supply store. This is a great way for you to help protect the water in your home as well as the drinking water system in your town! For additional information on cross connections and on the status of your water system's cross connection program contact our office.

# **2020 CONSUMER CONFIDENCE REPORT**

Jackson County Utility District #2 serves York Highway (Columbus Hill to Overton County Line).

# Jackson County Utility District #2 **2020** Consumer Confidence Report

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Is my drinking water safe? Yes, our water meets all of EPA's health standards. We have conducted numerous tests for over 86 contaminants that may be in drinking water. As you'll see in the chart on the back, we only detected a few of these contaminants. We found all of these contaminants at safe levels except one.

What is the source of my water? Your water, which is surface water, comes from the City of Livingston. They have two intakes. One intake is located on

Carr Creek impoundment (city lake) a 52 acre reservoir, while the other is located on Roaring River to supplement the supply in the impoundment. In August of 2009 they started get-ting water from Cumberland River **Our Commitment** Our Profession

is to protect our water from contam-

inates and we are working with the State of Tennessee to determine the vulnerability of our water source to potential contamination. The Tennessee Department of Environment and Conservation (TDEC) has prepared a Source Water Assessment Program (SWAP) Report for the untreated water sources serving this water system. The SWAP Report assess-es the susceptibility of untreated water sources to *potential* contamination. To ensure safe drinking water, all public water systems treat and routinely test their water. Water sources have been rated as reasonably susceptible (high) moderately susceptible (moderate) or slightly susceptible (low) based on geologic factors and human activities in the vicinity of the water source. The Jackson County Utility District sources rated as reasonably susceptible to potential contamination An explanation of Tennessee's Source Water Assessment Program, the Source Water Assessment summaries, susceptibility scorings and the overall TDEC report to EPA can be viewed online at https://www.tn.gov/environment/program-areas/wr-water-resources/water-quality/source-waterassessment.html or you may contact the Water System to obtain copies of specific assessments.

Why are there contaminants in my water? Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. Com-munity water systems are required to disclose the detection of contaminants; however, bottled water companies are not required to comply with this regulation. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Envi-ronmental Protection Agency's Safe Drinking Water Hotline (800-426-4791)

Is our water system meeting other rules that govern our operations? The sources of drinking water (both tap and bottled water) includes rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturallyoccurring minerals and, in some cases, radioactive material and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water:

 Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

· Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial, or domestic wastewater discharges, oil and gas production, mining, or farming. • Pesticides and herbicides, which may come from a vari-

ety of sources as agriculture, urban storm water runoff, and residential uses.

• Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also

Do I Need To Take Special Precautions? Some people may be more vulnerable to contaminants in drinking water than the general population. Immune-compromised persons such as persons with cancer undergoing chemotherapy persons who have under-gone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about not only their drinking water, but food preparation, personal hygiene, and

precautions in handling infants and pets from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection On Tap! by Cryptosporidium and other micro-biological contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

Water System Security Following the events of September 2001, we realize that our customers are concerned about the security of their drinking water. We urge the public to report any suspicious activities at any utility facilities, including treatment plants, pumping stations, tanks, fire hydrants, etc to 268-2880

Lead in Drinking Water If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primar-ily from materials and components associated with service lines and home plumbing. The Water system is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking and cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http://www.epa.gov/safewater/lead.

Pharmaceuticals In Drinking Water Flushing unused or expired medicines can be harmful to your drinking water. Learn more about disposing of unused medicines at http://tdeconline.tn.gov/rxtakeback/.

How can I get involved? If you have any questions or concerns, please call or come by our Office. Our Board meets on the third Monday of each month at 7:00 p.m. at the utility office. Please feel free to participate in these meetings. If you have any items that you wish to address, please call the office at 268-2880 to be placed on the agenda.

For more information about your drinking water, please call Brandon Holland at the Utility District at 931-268-2880 or come by our office between 8:00am to 4:00pm, Monday- Friday, at 1478 N. Grundy Quarles Highway, Gainesboro TN 38562.

Este informe contiene información muy importante. Tradúscalo o hable con alguien que lo entienda bien.

A cross connection is a connection between a drinking water pipe and a polluted source. The pollution can come from your own home. For instance, you're going to spray fertilizer on your lawn. You hook up your hose to the sprayer that contains the fertilizer. If the water pressure drops (say because of fire hydrant use in the town) when the hose is connected to the fertilizer, the fertilizer may be sucked back into the drinking water pipes through the hose. Using an attachment on your hose called a backflow-prevention device can prevent this problem.

The Jackson County Utility District recommends the installation of backflow prevention devices, such as a low cost hose



In order to ensure that tap water is safe to drink, EPA and Tennessee Department of Environment and Conservation prescribe regulations which limit the amount of certain contaminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottled water which must provide the same protection for public health. For more information call EPA hot line at (800-426-4791).

The State and EPA require us to test and report on our water on a regular basis to ensure its safety. We have met all of these requirements. Results of unregulated contaminant analysis are available upon request. We want you to know that we pay special attention to all the rules.

Other Information Due to all water containing dissolved contaminants, occasionally your water may exhibit slight discoloration. We strive to maintain the standards to prevent this. We at Jackson County Utility District work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future.

Do I Need To Take Special Precautions? Some people may be more vulnerable to contaminants in drinking water

#### Selection of Jackson County Utility Board Members.

The Commissioners of The Jackson County Utility District serve four year terms. Vacancies on the Board are filled by appointment by the Jackson County Mayor from a list of three nominees certified by the Board of Commissioners to the Jackson County Mayor to fill a vacancy. Decisions by the Board of Commissioners on customer complaints brought before the Board of Commissioners under the District's customer complaint policy may be reviewed by the Utility Management Review Board of Tennessee Department of Environment and Conservation pursuant to Section 7-82-702(7) Of Tennessee code annotated

"In accordance with the Federal law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination. write USDA, Director, Office of Civil Rights, 1400 Independence Avenue., S.W., Washington, D. C. 20250-9410, or call (800) 795-3272 (voice), or (202) 720-6382 (TDD).

#### 2020 Water Quality Data (JCUD#1 PWSID# 0000252)

#### What does this chart mean?

MCLG - Maximum Contaminant Level Goal, or the level of a contaminant in drinking water below which there is no expected risk to health. MCLGs allow for a margin of safety.

• MCL - Maximum Contaminant Level, or the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. To understand the possible health effects described for many regulated constituents, a person would have to drink 2 liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect.

<u>MRDL</u>: Maximum Residual Disinfectant Level or MRDL: The highest level of a disinfectant allowed in drinking water. is convincing evidence that addition of a disinfectant is necessary for the control of microbial contaminants.

· MRDLG: Maximum residual disinfectant level goal. The level of a drinking water disinfectant below which there is no wn or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

AL - Action Level, or the concentration of a contaminant which, when exceeded, triggers treatment or other requirements which a water system must follow. Non-Detects (ND) - laboratory analysis indicates that the contaminant is not present. • Parts per million (ppm) or Milligrams per liter (mg/l) – explained as a relation to time and money as one part per million

corresponds to one minute in two years or a single penny in \$10,000. • Parts per billion (ppb) or Micrograms per liter - explained as a relation to time and money as one part per billion corre-sponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

• TT - Treatment Technique or a required process intended to reduce the level of a contaminant in drinking water.

	•	•	•					0
Contaminant	Violation Yes/No	Level Detected	Range of Detections	Date of Sample	Unit Measurement	MCLG	MCL	Likely Source of Contamination
Total Coliform Bacteria <sup>1</sup>	YES	0		2020		0	<2 positive samples	Naturally present in the environment.
Turbidity <sup>2</sup>	NO	0.18	0.03 to 0.18	2020	NTU	N/A	TT	Soil runoff.
Copper <sup>3</sup>	NO	90 <sup>th</sup> %= 0.0701		2020	ppm	1.3	AL=1.3	Corrosion of household plumbing systems.
Fluoride	NO	0.108	0.0627 to 0.108	2020	ppm	4	4	Water additive, to promote strong teeth. Erosion of natural deposits, discharge from fertilizer and aluminum factories.
Lead	NO	90 <sup>th</sup> %= 1		2020	ppb	0	AL=15	Corrosion of household plumbing systems; erosion of natural deposits.
Sodium	NO	24.7		2020	ppm	N/A	N/A	Erosion of natural deposits; used in water treatment.
TTHM [Total Trihalomethanes]	NO		24.9 - 71.6	2020	ppb	N/A	80	By-product of drinking water chlorination.
Haloacetic Acids (HAA5)	NO		10.7 - 40.1	2020	ppb	N/A	60	By-product of drinking water disinfection.
Total Organic Carbon <sup>4</sup>	NO			2020	ppm	TT	TT	Naturally present in the environment.
Barium	NO	0.016	0-0.016	2020	ppb	2	2	Discharge from drilling waste, metal refineries and erosion from natural deposits.
Chlorine	NO	1.7 AVG.	1.4-2.0	2020	ppm	4 MRDLG	4 MRDL	Water additive used to control microbes.

December 1, 2020 to December 31, 2020 we only pulled three samples and our requirements are four. Double check charts every month to make sure we have pulled he correct amount of samples

the correct amount of samples. Turbidity does not present any risk to your health. We monitor turbidity, which is a measure of the cloudiness of water, because it is a good indicator of the effectiveness of our filtration system. 100% of our samples were below the turbidity limit. During the most recent round of Lead & Copper testing, only 0 out of 30 households sampled contained concentrations exceeding the action level. We meet the Treatment Technique for Total Organic Carbon.

come from gas stations, urban storm water runoff, and septic systems.

Radioactive contaminants which can be naturally-occurring or be the Result of oil and gas production and mining activities

In order to ensure that tap water is safe to drink, EPA and Tennessee Department of Environment and Conservation prescribe regulations which limit the amount of certain contaminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottled water which must provide the same protection for public health. For more information call EPA hot line at (800-426-4791).

The State and EPA require us to test and report on our water on a regular basis to ensure its safety and quality. We have met all of these requirements. Results of unregulated con-taminant analysis are available upon request. We want you o know that we pay attention to all the rules.

Other Information Due to all water containing dissolved contaminants, occasionally your water may exhibit slight discoloration. We strive to maintain the standards to prevent this. We at Jackson County Utility District work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which is the heart of our community, our way of life and our children's future.

bib vacuum breaker, for all inside and outside hose connec tions. You can purchase this at a hardware store or plumbing supply store. This is a great way for you to help protect the water in your home as well as the drinking water system in vour town! For additional information on cross connections and on the status of your water system's cross connection program contact our office.

#### Selection of Jackson County Utility Board Members.

The Commissioners of The Jackson County Utility District serve four year terms. Vacancies on the Board are filled by appointment by the Mayor from a list of three nominees certified by the Board of Commissioners to the Jackson County Mayor to fill a vacancy. Decisions by the Board of Commissioners on customer complaints brought before the Board of Commissioners under the District's customer complaint policy may be reviewed by the Utility Management Review Board of Tennessee Department of Environment and Conservation pursuant to Section 7-82-702(7) Of TCA

"In accordance with the Federal law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue., S.W., Washington, D. C. 20250-9410, or call (800) 795-3272 (voice), or (202) 720-6382 (TDD).'

#### 2020 Water Quality Data (JCUD#2 PWSID# 0000817)

#### What does this chart mean?

MCLG - Maximum Contaminant Level Goal, or the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

• <u>MCL</u> - Maximum Contaminant Level, or the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. To understand the possible health effects described for many regulated constituents, a person would have to drink 2 liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect.

MRDL: Maximum Residual Disinfectant Level or MRDL: The highest level of a disinfectant allowed in drinking water. <u>There is convincing evidence that addition of a disinfectant is necessary for the control of minerchart addition of a disinfectant is necessary for the control of microbial contaminants.
 <u>MRDLG</u>: Maximum residual disinfectant level goal. The level of a drinking water disinfectant below which there is no
</u>

wn or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

AL - Action Level, or the concentration of a contaminant which, when exceeded, triggers treatment or other requirements which a water system must follow. Non-Detects (ND) - laboratory analysis indicates that the contaminant is not present. • Parts per million (ppm) or Milligrams per liter (mg/l) – explained as a relation to time and money as one part per million

corresponds to one minute in two years or a single penny in \$10,000. • Parts per billion (ppb) or Micrograms per liter - explained as a relation to time and money as one part per billion corre-sponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess

of 5 NTU is just noticeable to the average person. • TT - Treatment Technique or a required process intended to reduce the level of a contaminant in drinking water.

Contaminant	Violation Yes/No	Level Detected	Range of Detections	Date of Sample	Unit Measurement	MCLG	MCL	Likely Source of Contamination
Total Coliform Bacteria <sup>1</sup>	NO	0		2020		0	<2 positive samples	Naturally present in the environment.
Turbidity <sup>2</sup>	NO	0.29	0.04 to 0.29 NTU	2020	NTU	N/A	TT	Soil runoff.
Copper <sup>3</sup>	NO	90 <sup>th</sup> %= 0.0330		08/18	ppm	1.3	AL=1.3	Corrosion of household plumbing systems.
Fluoride	NO	0.31 AVG.	.1942 ppm	2020	ppm	4	4	Erosion of natural deposits. Water additive which promotes strong teeth: Discharge from fertilizer and aluminum factorie
Lead	NO	90 <sup>th</sup> %= 0.00050		08/18	ppb	0	AL=15	Corrosion of household plumbing systems.
Sodium	NO	4.53		2020	ppm	N/A	N/A	Sodium Hydroxide is added to the treatment process for corrosion control and water stabilization.
Nitrate	NO	.43		2020	ppm	10 ppm	10 ppm	Runoff from fertilizer use, erosion of natural deposits, leaching from Septic tanks, sewage.
TTHM [Total Trihalomethanes]	NO		36.7 - 64.3	2020	ppb	N/A	80	By-product of drinking water chlorination.
Haloacetic Acids (HAA5)	NO		37.6 - 60.4	2020	ppb	N/A	60	By-product of drinking water disinfection.
Total Organic Carbon⁴	NO	30% removed	0.735 - 1.07	2020	ppm	30% required	TT	Naturally present in the environment.
Chlorine	NO	1.6 AVG.	1.0-2.2	2020	ppm	MRDG=	MRDL=	Water additive used to control microbes.

All samples were negative for Total Coliform Bacteria. Turbidity does not present any risk to your health. Turbidity is the measure of the cloudiness of water. We meet the Treatment Technique for Turbidity with 100% of monthly samples below the turbidity limit of 0.3 NTU. During the most recent round of Lead & Copper testing, only 0 out of 10 households sampled contained concentrations exceeding the action level. We meet the Treatment Technique for total Organic Carbon.



# PUBLIC NOTICE PUBLIC NOTICE

# **2020 CONSUMER CONFIDENCE REPORT**

Jackson County Utility District #3 serves Hillcrest to Flynns Lick and Granville, Celina Hwy., Big Bottom, Dodson's Branch Road to Roaring River Road, and Morrison Creek Road.

# Jackson County Utility District #3 **2020** Consumer Confidence Report

Is my drinking water safe? Yes, our water meets all of EPA's health standards. We have conducted numerous tests for over 80 contaminants that may be in drinking water. As you'll see in the chart on the back, we only detected a few of these contaminants. We found all of these contaminants at safe levels.

What is the source of my water? Your water, which is surface water, comes from Gaines-boro Water System, which comes from the Cumberland River. Our goal is to protect our water from contaminants and we are working with the State to determine the vulnerability of our water source to **Our Commitmen** *potential* contamination. The Tennessee Department of Environment

and Conservation (TDEC) has prepared a Source Water Assessment Program (SWAP) Report for the untreated water sources serving this water system. The SWAP Report assesses the susceptibility of untreated water sources to potential contamination. To ensure safe drinking water, all public water systems treat and routinely test their water. Water sources have been rated as reasonably susceptible, moderately susceptible or slightly susceptible based on geologic factors and human activities in the vicinity of the water source. The Jackson County Utility District sources rated as reasonably susceptible to potential contamination. An explanation of Tennessee's Source Water Assessment Program, the Source Water Assessment summaries, susceptibility scorings and the overall TDEC report to EPA can be viewed online at https://www.tn.gov/environment/ program-areas/wr-water-resources/water-quality/source-water-assessment.html or you may contact the Water System to obtain copies of specific assessments.

Why are there contaminants in my water? Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

Is our water system meeting other rules that govern our operations? The sources of drinking water (both tap and bottled water) includes rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioac tive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water: -Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife. -Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial, or domestic wastewater discharges, oil and gas production, mining, or farming.

-Pesticides and herbicides, which may come from a variety of sources as agriculture, urban storm water runoff, and residential uses.

-Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff, and

septic systems -Radioactive contaminants, which can be naturally -occur ring or be the result of oil and gas production and mining activities.

persons such as persons with cancer undergoing chemo therapy, persons who have under-gone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about not only their drinking water, but food preparation, personal hygiene, and precautions in handling infants and pets from their health care providers. EPA/CDC guidelines on ap-propriate means to lessen the risk of

infection by Cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

Water System Security Following the events of September 2001, we realize that our customers are con-

cerned about the security of their drinking water. We urge the public to report any suspicious activities at any utility facilities, including treatment plants, pumping stations tanks, fire hydrants, etc. to 268-2880

Lead in Drinking Water If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The Water system is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking and cooking. If you are concerned about lead in your water, you may wish to have your wa-ter tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http:// www.epa.gov/safewater/lead

Pharmaceuticals In Drinking Water Flushing unused or expired medicines can be harmful to your drinking water. Learn more about disposing of unused medicines at http:// tdeconline.tn.gov/rxtakeback/

How can I get involved? If you have any questions or con-cerns, please call or come by our office. Our Board meets on the third Monday of each month at 7:00 p.m. at the utility office. Please feel free to participate in these meetings. If you have any items that you wish to address, please call the office at 268-2880 to be placed on the agenda.

For more information about your drinking water, please call Brandon Holland at the Utility District at 931-268-2880 or come by our office between 8:00am to 4:00pm, Monday – Friday, at 1478 N. Grundy Quarles Highway, Gainesboro, TN 38562.

Este informe contiene información muy importante. Tradúscalo o hable con alguien que lo entienda bien.

A cross connection is a connection between a drinking water pipe and a polluted source. The pollution can come from your own home. For instance, you're going to spray fertilizer on your lawn. You hook up your hose to the sprayer that contains the fertilizer. If the water pressure drops (say because of fire hydrant use in the town) when the hose is connected to the fertilizer, the fertilizer may be sucked back into the drinking water pipes through the hose. Using an attachment on your hose called a backflow-prevention device can prevent this problem.

# **2020 CONSUMER CONFIDENCE REPORT**

Jackson County Utility District #4 serves Fairgrounds to Highland and Wartrace, Haydenburg and Goosehorn to Cubb Creek and Hensley Creek.

# **Jackson County Utility District #4 2020** Consumer Confidence Report

Our Profession

Is my drinking water safe? Yes, our water meets all of EPA's health standards. We have conducted numerous tests for over 80 contaminants that may be in drinking water. As you'll see in the chart on the back, we only detected a few of these contaminants. We found all of these contaminants at safe levels.

What is the source of my water? Your water, which is ground water under direct influence of surface water, comes from Red Boiling Springs, which

comes from the McClellan Springs and the Sabin Spring. Our goal is to protect our water from contaminants and we are working with the State to determine the vulnerability of our water source to *potential* contamination. The Tennessee Department

of Environment and Conservation (TDEC) have prepared a Source Wa

ter Assessment Program (SWAP) Report for the untreated water sources serving this water system. The SWAP Report assesses the susceptibility of untreated water sources o potential contamination. To ensure safe drinking water, all public water systems treat and routinely test their water. Water sources have been rated as reasonably susceptible, moderately susceptible or slightly susceptible based on geologic factors and human activities in the vicinity of the water source. The Jackson County Utility District sources rated as reasonably susceptible to potential contamination. An explanation of Tennessee's Source Water Assessment Program, the Source Water Assessment summaries, susceptibility scorings and the overall TDEC report to EPA can be viewed online at https://www.tn.gov/environment/program-areas/ wr-water-resources/water-quality/source-water-assessment. html or you may contact the Water System to obtain copies of specific assessments.

Why are there contaminants in my water? Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. Com-munity water systems are required to disclose the detection of contaminants; however, bottled water companies are not required to comply with this regulation. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Envi-ronmental Protection Agency's Safe Drinking Water Hotline (800-426-4791)

Is our water system meeting other rules that govern our operations? The sources of drinking water (both tap and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturallyoccurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water:

Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial, or domestic wastewater discharges, oil and gas production, mining, or farming. -Pesticides and herbicides, which may come from a variety

of sources as agriculture, urban storm water runoff, and resi dential uses

-Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also

be more vulnerable to contaminants in drinking water than the general population. Immune-compromised persons such as persons with cancer undergoing chemotherapy, person who have under-gone organ transplants, people with HIV/ AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about not only their drinking water but food preparation, personal hygiene, and precautions in handling infants and pets from their health care providers

EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbiological contaminants are available On Tap: (800-426-4791).

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A cross connection is a connection between a drinking water pipe and a polluted source. The pollution can come from your own home. For instance, you're going to spray fertiltizer on your lawn. You hook up your hose to the sprayer that contains the fertilizer. If the water pressure drops (say because of fire hydrant use in the town) when the hose is connected to the fertilizer, the fertilizer may be sucked back into the drinking water pipes through the hose. Using an attachment on your hose called a backflow-prevention device can prevent this problem The Jackson County Utility District recommends the installation of backflow prevention devices. such as a low cost hose bib vacuum breaker, for all inside and outside hose connections. You can purchase this at a hardware store or plumbing supply store. This is a great way for you to help protect the water in your home as well as the drinking water system in your town! For additional information on cross connections and on the status of your water system's cross connection program contact our office.

In order to ensure that tap water is safe to drink, EPA and Tennessee Department of Environment and Conservation prescribe regulations which limit the amount of certain contaminants in water provided by public water systems. The treatment processes are designed to reduce any such substances to levels well below any health concern. FDA regulations establish limits for contaminants in bottled water which must provide the same protection for public health. For more information call EPA hot line at (800-426-4791).

The State and EPA require us to test and report on our water on a regular basis to ensure its safety. We have met all of these requirements. Results of unregulated contaminant analysis are available upon request. We want you to know that we pay attention to all the rules.

Other Information Due to all water containing dissolved contaminants, occasionally your water may exhibit slight discoloration. We strive to maintain the standards to prevent this. We at Jackson County Utility District work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future.

Do I Need To Take Special Precautions? Some people may be more vulnerable to contaminants in drinking water than the general population. Immune-compromised The Jackson County Utility District recommends the installation of backflow prevention devices, such as a low cost hose bib vacuum breaker, for all inside and outside hose connections. You can purchase this at a hardware store or plumbing supply store. This is a great way for you to help protect the water in your home as well as the drinking water system in your town! For additional information on cross connections and on the status of your water system's cross connection program contact our office.

#### Selection of Jackson County Utility Board Members.

The Commissioners of The Jackson County Utility District serve four year terms. Vacancies on the Board are filled by appointment by the Jackson County Mayor from a list of three nominees certified by the Board of Commissioners to the Jackson County Mayor to fill a vacancy. Decisions by the Board of Commissioners on customer complaints brought before the Board of Commissioners under the District's customer complaint policy may be reviewed by the Utility Management Review Board of Tennessee Department of Environment and Conservation pursuant to Section 7-82-702(7) Of Tennessee code annotated

"In accordance with the Federal law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue., S.W., Washington, D.C. 20250-9410, or call (800) 795-3272 (voice), or (202) 720-6382 (TDD)."

#### 2020 Water Quality Data (JCUD#3 PWSID# 0000845)

What does this chart mean?

MCLG - Maximum Contaminant Level Goal, or the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MCL - Maximum Contaminant Level, or the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. To understand the possible health effects described for many regulated constituents, a person would have to drink 2 liters of water every day at the MCL level for a

lifetime to have a one-in-a-million chance of having the described health effect. • <u>MRDL</u>: Maximum Residual Disinfectant Level or MRDL: The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for the control of microbial contaminants.

<u>MRDLG</u>: Maximum residual disinfectant level goal. The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

AL - Action Level, or the concentration of a contaminant which, when exceeded, triggers treatment or other requirements Action Letter, or interforment of a community methy with executed, inggest relatively other requirements of which a water system must follow. Non-Detects (ND) - laboratory analysis indicates that the contaminant is not present.
 Parts per million (ppm) or Milligrams per liter (mg/l) – explained as a relation to time and money as one part per million

corresponds to one minute in two years or a single penny in \$10,000.
 Parts per billion (ppb) or Micrograms per liter - explained as a relation to time and money as one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess

5 NTU is just noticeable to the average person.

TT - Treatment Technique or a required process intended to reduce the level of a contaminant in drinking water.

Contaminant	Violation Yes/No	Level Detected	Range of Detections	Date of Sample	Unit Measurement	MCLG	MCL	Likely Source of Contamination
Total Coliform Bacteria <sup>1</sup>	NO	0		2020		0	<2 positive samples	Naturally present in the environment.
Turbidity <sup>2</sup>	NO	0.20	0.02 to 0.20	2020	NTU	N/A	TT	Soil runoff.
Copper <sup>3</sup>	NO	90 <sup>th</sup> %= 0.0827		08/18	ppm	1.3	AL=1.3	Corrosion of household plumbing systems.
Lead	NO	90 <sup>th</sup> %= 0.00460		08/18	ppb	0	AL=15	Corrosion of household plumbing systems.
Sodium	NO	11.0		2020	ppm	N/A	N/A	Erosion of natural deposits; used in water treatment.
TTHM [Total Trihalomethanes]	NO		27.8 - 98.3	2020	ppb	N/A	80	By-product of drinking water chlorination.
Haloacetic Acids (HAA5)	NO		16.9 - 53.0	2020	ppb	N/A	60	By-product of drinking water disinfection.
Total Organic Carbon <sup>4</sup>	NO			2020	ppm	TT	TT	Naturally present in the environment.
Chlorine <sup>5</sup>	NO	1.6 AVG.	1.0-2.2	2020	ppm	MRDLG= 4	MRDL= 4	Water additive used to control microbes.

All our samples were negative for Total coliform Bacteria

Turbidity does not regarine on rotat contont batterna Turbidity does not present any risk to your health. Turbidity is the measure of the cloudiness of water. Our levels were below the turbidity limit. During the most recent round of Lead & Copper testing, only 0 out of 10 households sampled contained concentrations exceeding the action level. We meet the treatment technique for Total Organic Carbon.

During the month of April 1, 2019 to June 30, 2019 we failed to pull the correct amount of chlorine samples. This is added into the 2020 CCR due to not putting in the 2019 CCR

come from gas stations, urban storm water runoff, and septic systems.

Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining

In order to ensure that tap water is safe to drink, EPA and Tennessee Department of Environment and Conservation prescribe regulations which limit the amount of certain conraminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottled water which must provide the same protection for public health. For more information call EPA hot line at (800-426-4791).

The State and EPA require us to test and report on our water on a regular basis to ensure its safety. We have met all of these requirements. Results of unregulated contaminant analysis are available upon request. We want you to know that we pay attention to all the rules.

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Do I Need To Take Special Precautions? Some people may

Selection of the Jackson County Utility Board Members The Commissioners of The Jackson County Utility District serve four year terms. Vacancies on the Board are filled by appointment by the Jackson County Mayor from a list of three nominees certified by the Board of Commissioners to the Jackson County Mayor to fill a vacancy. Decisions by the Board on customer complaints brought before the Board of Commissioners under the District's customer complaint policy may be reviewed by the Utility Management Review Board of Tennessee Department of Environment and Conservation Pursuant to Section 7-82-702(7) Of Tennessee code annotated

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2020 Water Quality Data (JCUD#4 PWSID# 0000859) What does this chart mean?

MCLG - Maximum Contaminant Level Goal, or the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MCL - Maximum Contaminant Level, or the highest level of a contaminant that is allowed in drinking water. MCLs are set • <u>MCL</u> - Maximum Contaminant Level, or the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. To understand the possible health effects described for many regulated constituents, a person would have to drink 2 liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect. <u>MRDL</u>: Maximum Residual Disinfectant Level or MRDL: The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for the control of microbial contaminants.

• <u>MRDLG</u>: Maximum residual disinfectant level goal. The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

AL - Action Level, or the concentration of a contaminant which, when exceeded, triggers treatment or other requirements which a water system must follow. Non-Detects (ND) – laboratory analysis indicates that the contaminant is not present. • Parts per million (ppm) or Milligrams per liter (mg/l) – explained as a relation to time and money as one part per million

• Parts per billion (ppb) or Micrograms per liter - explained as a relation to time and money as one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

TT - Treatment Technique or a required process intended to reduce the level of a contaminant in drinking water.

Contaminant	Violation Yes/No	Level Detected	Range of Detections	Date of Sample	Unit Measurement	MCLG	MCL	Likely Source of Contamination
Total Coliform Bacteria <sup>1</sup>	NO	0		2020		0	<2 positive samples	Naturally present in the environment.
Turbidity <sup>2</sup>	NO	.28 EP-A .02 EP-C	.0228 NTU	2020	NTU	N/A	TT	Soil runoff.
Copper	NO	90 <sup>th0</sup> %= .928		2018	ppm	1.3	AL=1.3	Corrosion of household plumbing systems.
Lead <sup>3</sup>	NO	90 <sup>th</sup> %= .00217		2018	ppb	0	AL=15	Corrosion of household plumbing systems.
Sodium	NO	5.37 EP-A 3.42 EP-C		2019	ppm	N/A	N/A	Erosion of natural deposits; used in water treatment.
TTHM [Total Trihalomethanes]	NO		27.8 - 98.3	2020	ppb	N/A	80	By-product of drinking water chlorination.
Haloacetic Acids (HAA5)	NO		16.9 - 53.0	2020	ppb	N/A	60	By-product of drinking water disinfection.
Total Organic Carbon <sup>4</sup>	NO			2019	ppm	TT	TT	Naturally present in the environment.
Chlorine	NO	1.7 AVG.	1.2 - 2.2	2020	ppm	4	4	Water additive used to control microbes.
Nitrate	NO	1.8 EP-A .794 EP-C		2020	ppm	10ppm	10ppm	Runoff from fertilizer use.

All our samples were negative for Total Coliform Bacteria

Turbidity does not present any risk to your health. Turbidity is the measure of the cloudiness of water. Our levels were below .3 NTU. During the most recent round of lead and copper testing, only 0 out of 20 households sampled contained concentrations exceeding the action level. We meet the treatment technique for Total Organic Carbon.

#### PTSD **Continued From Page 2**

civilian careers was to not talk about being a Veteran, so I did not. During a conversation with a colleague. I happened to mention my service because it was related to the topic at hand.

My colleague stopped and said, "I didn't know you were in the Military, adjusted."

Not exactly a compliment but also not far from the truth - from the outside I was a normal businessman, from the outside you could never tell that had it not been for an Afghan guard who grabbed the suicide bomber at the last minute I probably wouldn't have seen my 26th birthday, from the outside I was still me.

On the inside, these memories are defining moments, "you can't unsee a suicide bomber attack" or all the other memories associated with combat. Again, from the outside for the most part you can't tell what another person has experienced but these memories tend to pop up at the unexpected times.

A child's nosebleed triggers a memory you're not equipped to deal with as you comfort the child in the middle of the night.

That's PTSD.

Its your past fighting with your present and no one on the outside can see that battle.

I cannot describe the weight of command, especially in a combat environment. As a junior officer I was given the responsibility of leading an amazing team of men and women.

The mantra of "mission first, people always" was a heavy reminder that

it was my job to maintain a balance of keeping my soldiers safe and accomplishing our mission. I wasn't always successful at either, but we all came home alive.

Today, my office is built loss. for our "zoom world". Behind me hang the awards and pictures that represent the proverbial "T-shirt" as in been there, done that, you're remarkably well I've got the T-shirt to cebook message – which is prove it.

> In front of me, out of view of the camera, a collection of bracelets, each inscribed with the name of a friend or colleague I've lost, either to our enemies abroad, or the demons within. So, while the world see's all my accomplishments I am confronted with my why – the friends I've lost. There is one in particular that inspires me to do more every day – the one I couldn't save.

Every loss is painful. As I mentioned I was lucky. I had amazing NCO's and soldiers, they are truly exceptional and many continue to serve our great nation. During our deployment in 2006 I honestly lost count of how erans take their own life, many times we came into contact with the enemy, the suicide bomber was the worst, but not the only attack.

We were lucky, we lost friends while we were out on mission, but when those wheels touched U.S. soil, we had all made it back.

June 16, 2019, it was Father's Day, and I was up early, partially because I don't sleep well, and partially because I enjoy the peace of the early morning. I learned through Facebook that I had failed. That night one of my soldiers had taken his own life

This was not my first, second, or 10th time dealing with suicide, but it was by far the most personal.

There is a certain power and resolve that comes with acceptance of a great

After that day it became clear that while I couldn't change the past we could do more moving forward.

We have a running Famostly filled with the type of dark and profane humor that only an Infantry Soldier would understand but it connects us, a constant reminder that there's always someone there who "gets it."

In the Ranger's Creed there is a line "I will always shoulder more than my fair share of the task, whatever it may be;" with every loss, whether by combat or suicide, it's our responsibility to shoulder their load and to carry the memory of them forward.

On any given day there are around 19 million Veterans, living and thriving in communities across the country.

Approximately 22 Vetevery day.

This is nothing less than a national tragedy and we've dedicated an enormous amount of resources to trying to solve this issue.

A recent survey found that almost 70 percent of Americans believe that most Veterans struggle with PTSD, while 25 percent of Americans believe PTSD is untreatable, and those with PTSD are violent and dangerous.

The truth: PTSD is treatable, and many of those who carry a PTSD diagnosis are able to thrive in their post service life

with minimal, if any, clinical intervention. The biggest threat to our Veterans is the stigma we attach to mental health issues like PTSD as it prevents us from seeking help.

As a society, and as Veterans we must do better, this same survey showed the misperceptions about PTSD were even more prevalent amount the Veteran community then our civilian counterparts.

Steven Ambrose once best years of their lives in

the defense of our country. when they leave the service there is a strong desire to make up for lost time. Veterans thrive in civilian life when they are able to find their why, their new purpose.

By having these candid conversations, we can break the stigma associated with mental health and make it easier for a Veteran to seek help when they stop being themselves.

Joseph Reagan is the said that Veterans gave the Director of Military and Veterans Outreach for

Wreaths Across America. He has over 10 years' experience working with leaders within Government. non-profit. and Fortune 500 companies to develop sustainable strategies supporting National Security, and Veterans Health. He served 8 years on active duty as an officer in the U.S. Army including two tours to Afghanistan with the 10th Mountain Division. He is a graduate of Norwich University. the oldest private military college in the country.

# **Family Acquires Nielsen Bainbridge in Gainesboro**

owners of Crescent Cardboard, the leading provider of high-quality paper and board products, has acquired the US businesses of Nielsen Bainbridge from NBG Home. Crescent Cardboard was founded in 1902 by the Ozmun family. now in their 5th generation of leadership and commitment to the company. The Ozmuns recognize the importance of investing in the communities they have become a part of as a result of this acquisition. For this reason, they plan to expand the business of Nielsen Bainbridge. One of their first steps toward achieving this goal is to make investments in their Gainesboro facility, especially by filling several new positions there as soon as possible.

Scott Ozmun and his son Matt understand that Nielsen Bainbridge has always been another valuable and leading provider of high-quality products for framing professionals

The Ozmun family, and conservators. They feel this acquisition will enhance their leadership in the manufacturing and marketing of high-quality paper and board products for artists, custom framers and other institutions worldwide. They hope to focus this leadership not just on maintaining the Gainesboro facility, but on potentially expanding it.

In a subsequent move, Crescent Cardboard Company will be rebranding as Crescent Brands. Crescent Brands will operate as a portfolio company that will utilize its resources to manufacture, supply, promote and support brands such as Crescent, Bainbridge, Nielsen, Nurre Caxton, and more. The Ozmun family made this decision out of respect for Nielsen Bainbridge brands. Investment in the future of the Gainesboro plant and its current and future employees is an outgrowth of that respect.

management Upper at Crescent is confident that reinvesting in the Gainesboro facility will be beneficial to everyone involved. For Crescent, the growth of Nielsen Bainbridge in Gainesboro is an opportunity to widen the product offerings of Nielsen Bainbridge, products people have come to know and love. Regarding the future of these products. Matt Ozmun. Executive Vice President of Crescent Brands, said "having all the brands and lines all together under one house will give us the opportunity to expand offerings... This will allow us to bring more to the table. not less."

"This is an exciting opportunity for Crescent Brands to strengthen and expand the products of both Crescent and Nielsen Bainbridge. Both companies have always maintained the same core principles of manufacturing the highest quality products in our industry, and that will always continue," said Matt Ozmun.



# Your health means everything.

If you suffer from knee, hip, or other joint pain, we can help you with treatments and solutions. Don't make your health wait. Take our free, online joint pain assessment today.

# **Are You Experiencing Joint Pain?**

Take our online joint pain assessment at https://mylivingstonhospital.com/orthopedic-sports-medicine

> To schedule an appointment, call 931.823.2336(BONE)

