

Statewide Unemployment **Rate Inches Lower**

ment situation improved sector accounted for the again in October as the largest number of new statewide jobless rate jobs. The professional dropped for the fifth and business services consecutive month. Ac- sector saw the next highcording to the latest data est increase, followed by from the Department of the trade, transportation, Labor and Workforce and utilities sector. Development (TDL-WD), the state's season- ally adjusted unemployally adjusted unemploy- ment rate also dropped ment rate came in at by 0.2 of a percent-4.2% for the month.

of a percentage point 2.3 percentage points lower than the previous lower than it was in Oct. month's rate. Looking back one year, Tennessee's rate was 7.8%, which produced a complete is 3.6 percentage points economic analysis of higher than the current October's rate.

unemployment has been tails on specific industry in the state since March 2020, which was the last month before COVID- employment numbers 19 business closures continue to improve, impacted Tennessee's many Tennesseans are economy. Then, the rate still searching for meanwas 4%, just 0.2 of a ingful percentage point lower than the state's latest of services that can help statistic.

added 6,800 nonfarm than 100 American Job jobs across the state between September and October. The manufacturing sector experienced the largest increase in jobs, followed www.TNWorkReady. by the professional and com is the site where all business services sector and the mining, logging, and construction sector.

Between Oct. 2020 and Oct. 2021, the see will release unem-

Tennessee's employ- leisure and hospitality

The nation's seasonage point in October to October's rate is 0.2 4.6%. That number is 2020.

The TDLWD unemployment WIRED division has unemployment data. You can find This is the lowest statistics, including desectors, here.

While the state's unemployment. TDLWD offers a variety job seekers land their Tennessee employers next gig. From the more Centers across the state to Jobs4TN.gov with its 420,000 job postings, that assistance is available online or in person. those services are listed and made easily available.

The state of Tennesnumber of nonfarm ployment data for each

Anderson And Haile Robbed



SENTINEL Photo / Darlene Dean

Anderson And Haile Robbed - Early Friday morning, Nov. 19 at approximately 3:40 a.m. two subjects broke into Anderson and Haile Drug Co. They broke in through the front door by throwing big rocks through the windows. As of now a large quantity of high strength medication is missing. The Tennessee Bureau of Investigations is currently investigating the robbery. The Jackson County Sentinel will update readers at a later date.

Christmas In Granville Celebration

Town opened the 2021 Christmas Season entitled Holiday Magic on November 12 as it developed its annual Christmas Characters on Parade like a Hallmark Movie Town. The town has had 225 hand painted Christmas Characters and scenes done to decorate the streets of Granville. The town has thousands of lights as well as the turn has the Christmas Magic thru out the town. Christmas Characters on Parade is great to view during the day as well as night.

Granville is celebrating the Christmas Season with their annual Festival of Trees with some 25 beautiful decorated Christmas Trees in Exhibition Center of Granville Museum, Christmas Tours of

shops.

A town tour ticket entitles you to celebrate Holiday Magic in Tennessee's Mayberry Town. Granville is open Wednesday thru Friday from 11 a.m. to 3 p.m. and Saturday 11 a.m. to 5 p.m. The Sutton Ole Time Music Hour has Christmas Bluegrass Dinner Shows beginning on November 27 by reservation.

> 22nd Annual The

Tennessee's Mayberry the Historic 1880 Sutton Granville Country Christ- for Children's Activities Home, Antique Toy Show, mas will occur on Dec. 11 Christmas in the Country from 10 a.m. to 4 p.m. with at Farm to Table Museum, Christmas Musicals, Craft Pioneer Christmas at 1820 Booths, Children Events, Log Cabin, Special Christ- Children Rides, Holiday mas Celebration at May- Tours, Craftsmen and a berry Lucy Museum and Parade at 3 p.m. followed Decanter Museum, great by visits with Santa. The holiday southern cooking Granville Event Center at Sutton General Store will be transformed into and unique shopping at all Holiday Magic stations

from 12:30 p.m. to 2:30 p.m. Children may make an ornament to take home or prepare as a gift, participate in Christmas stories and songs, make Reindeer food to sprinkle in your yard on Christmas Eve, get a glitter tattoo and enjoy magic shows by Magician Roger Reeves.



Christmas In Granville

Hunters Can Help Fight Hunger

jobs across the state in- county on Wednesday, creased by 80,700. The Nov. 24 at 1:30 p.m.



State Unemployment - The nation's seasonally adjusted unemployment rate also dropped by 0.2 of a percentage point in October to 4.6%. That number is 2.3 percentage points lower than it was in Oct. 2020.

BRIAN WILMOTH Editor

With the opening of rifle season this past weekend, local hunters with a bountiful harvest may find themselves with an abundance of venison.

One thing they could consider is donating meat to Hunters for the Hungry. According to Matt Simcox, Manager of Hunters for the Hungry, the program began over 20 years ago to help address hunger in Tennessee.

"A partnership between Tennessee Wildlife Federation and Tennessee Wildlife Resources Agency began in 1998 when both parties agreed that there was a need to help Tennessee's hungry," Simcox said. "Tennessee Wildlife Federation has been running the statewide program ever since."

With over 55 deer processors across the state accepting donations of

deer, Simcox said the or- are overseen by five large donations.

at a participating processor," Simcox said. "The relief organizations. Right now, hunters can drop off a whole deer donation at no cost to them. Hunters processor near them at tnwf.org/processors."

donations themselves, partnered with agencies that reach most of Tennessee.

tribute food assistance," Simcox said. "We manage donations from deer hunters that are then state.

Those food pantries the Hungry covers tens nessee at (865) 243-8242

ganization tries to make it agencies. If you contact easy for hunters to make the agency for your area, they should be able to di-"When hunters harvest rect you to a food pantry a deer, they may donate it that serves your community."

In Middle Tennessee, venison is processed and donations are handled then provided to hunger through Second Harvest of Middle Tennessee, which can be reached at (615) 329-3491.

Simcox said the procan find a participating gram helps address two problems in Tennessee.

"Hunters for the Hun-Although the organi- gry is dedicated to the zation does not distribute well-being of our neighbors in need, while con-Simcox said they have tinuing our mission of stewarding Tennessee's natural resources, like the state's deer herd," Simcox "Hunters for the Hun- said. "The program stewgry does not directly dis- ards natural resources by encouraging hunters to harvest an over-populated deer herd."

packaged and provided to drop off a whole deer dofood pantries across the nation at no cost to them. Each year, Hunters for ond Harvest of East Ten-

of thousands of dollars in processing fees for donations. If deer donations surpass available funding for this season, hunters can pay a reduced, \$60 processing fee or redeem a Deer Coin, which can be purchased through the Tennessee Wildlife Federation by visiting visittnwf.org/Huntersing ForTheHungry.

A complete list of food banks distributing venison for Hunters for the Hungry includes:

West Tennessee Mid-South Food Bank at (901) 527-0841

Middle Tennessee -Second Harvest of Middle Tennessee at (615) 329-3491

Northeast Tennessee -Second Harvest of North East Tennessee at (423) 279-0430

Southeast Tennessee -Right now, hunters can Chattanooga Food Bank at (423) 622-1800

East Tennessee - Sec-

COVID-19 Update...

This snapshot was made available on: Nov. 19. Total Active: 49 (-10) Total Recovered: 2,057 (+14) Hospitalizations: 90 (+ 1) Deaths: 40 (No Change) Positivity Rate: 5.7 % (- 11.6 %) Fully Vaccinated: 47.77 % (+ 0.43 %)

Office Hours.....

Monday 8 a.m. - 5 p.m. Tuesday 8 a.m. - 5 p.m. Wednesday Closed Thursday 8 a.m. - 5 p.m. Friday 8 a.m. - 5 p.m. After Hours Contact 268-9725 or Email jcsentineloffice@twlakes.net











ourt & rime



Jackson County General **Sessions Court Docket** November 18, 2021 Judge Tiffany Gentry **Gipson Presiding**

Dylan Anderson Simple possession/casual exchange.

Lee Austin Forkum Aggravated assault/ domestic, burglary/other than habitat or non public building and interference Disorderly conduct. with emergency calls.

Katrina S. Gober -Probation violation.

Kyle W. Hoffstatter State park rules and regulations and theft of services/\$1,000 or less.

Kevin M. Poole – DUI first offense and implied Domestic assault. consent/enhancement only.

Christopher Porterfield - Underage consumption.

Brian E. Stilwell-Aggravated assault, domestic assault and contributing to the delinquency of a minor.

Chelsea Faye Williams – State park rules of less.

Wendy G. Adams – sponsibility law. Kimberlee

fense.

– Disorderly conduct. Josilyn Hensley – Domestic assault.

sess, Schedule VI drugs/ possess, prohibited weapsession unlawful drug in possession of methamparaphernalia uses and activities.

James R. Jackson -

Trevarian Jenkins – Carry weapon on public parks/playgrounds/civic center and responder, reckless ensimple possession/casual dangerment/vehicle, asexchange/marijuana <1/2 ounce.

park rules and regulations notice of accident, leave and public intoxication.

Tammy L. Jones – Probation violation.

Ricky Jan Lott Jr. -Violation of a protective criminal exposure. order and violation of order of protection/restrain- Meth/manufacture/deing order.

Michael C. Poston - Driving while license and regulations and theft revoked/second or subservices/\$1,000 or sequent, light law/motor vehicle and financial re-

Children's Book Sale

Previously read books \$2 each December 3 10 a.m. to 4 p.m. December 4, 10 a.m. to Noon At **Charles Ralph Holland** Memorial Library Sponsored by Friends of the Library



f (firing

Jason D. Sherfield Brown-Probation viola- exchange. Hyde – Driving while license tion, DUI fourth, driving Baldwin - DUI first of- revoked, registration expired, light law/motor Donna Lee Cleghorn vehicle and financial responsibility law.

Meth/manufacture/deliv- or subsequent, financial Caleb J. Hunt - er/sale/possess with in-Schedule I drugs/manu- tent, Schedule IV drugs/ facture/deliver/sell/pos- manufacture/deliver/sell/ manufacture/deliver/sell/ ons/switchblade/knuckpossess, possess firearm les/other, three counts of intent to go armed/dan- simple possession/casual gerous felony and pos- exchange, driving while phetamine, possession unlawful drug paraphernalia uses and activities Theft of property/\$2,00 the printing of this report and display of registra-Lamont tion plates.

gravated assault on first sault on first responder, vandalism/up to \$1,000, Curtis J. Johnson - DUI first offense, resist stop/arrest/search/ Olivia T. Jones - State no weapon, immediate scene of accident/property damage, drivers to exercise due care and hepatitis (HBV or HCV)

> Cody H. Sturgill liver/sale/possess with intent and possession unlawful drug paraphernalia uses and activities.

Kathleen E. Vandyck Meth/manufacture/deliver/sale/possess with intent, violation of order of protection/restraining order, contra in penal facility, resist stop/arrest/ search/no weapon and public intoxication.

Peggy F. Woody -Driving while license revoked.

bation violation.

Daniel

and open container. Ronald David Fulton - Driving while li-

Billy J. Spivey responsibility law and driving unregistered vehicle on highway. session unlawful drug paraphernalia uses and activities and seat belt/18 and older. Probation violation. assault.

Shawn Strahin – Ag-

Brian D. Biggs - Pro-

Shalae Stewart – Prowhile license suspended bation violation, vandalorderly conduct.

Zachary M. Yates cense suspended/second Probation violation.

> Editor's Note: The Jackson County Sheriff's report is obtained from the Jackson County Sheriff's Department and is a matter of public record. The Sentinel appreciates the cooperation from the Jackson County Sheriff's Department in providing the report and we hope

Melissa L. Potts - jects are innocent until violation of probation.

Belva E. Lyle - Pos-

Caleb S. Minshall -

Troy D. Pharris –

Grants Available To Expand Child Care Capacity

nessee is now available.

tinued nity Foundation of Mid- existing agency. dle Tennessee, and the Human Services (TDHS) care providers to open or

ents in the state say they careTennessee struggle to find childcare grant manager. at all, according to a 2019 study by Tennesseans for providers to apply for up The same study reported childcare slot, up to a that 48 percent of Tennes- maximum of \$100,000 seans live in a childcare per program. desert.

light on the importance of through decades.

program to establish and to apply for furniture, expand childcare in Ten- equipment, supplies, curriculum and other items As part of their con- and services associated partnership, with opening a new child ChildcareTennessee, an care agency or expanding initiative of The Commu- licensed capacity at an

"These grants will Tennessee Department of enable prospective child have a new addition expand programs creat-- administering Estab- ing increased access to lishment and Expansion child care for families Grants across Tennessee. across Tennessee," said Two-thirds of par- Cassandra Brown, Childsenior

Each grant allows

"This grant process While the coronavi- is establishing the tone rus pandemic cast a spot- that providers are valued pre-licensure childcare, the need to cre- criteria, training and supsionalism and the im-"Since 1994, The portance of child care. thanks to the partner-

Raymond Meth/possess or casual proven guilty in a court of law.

SENTINET

Sheriff's Report

On Nov. 12, Ronald ism/up to \$1,000 and dis- David Fulton was arrested on a warrant for driving on revoked/suspended license.

> On Nov. 12, Zachary Mark Yates was arrested on a warrant for violation of probation.

On Nov. 15, Katrina Sheree Gober was arrested on a warrant for violation of probation.

On Nov. 16, Kevin Michael Glasscock was arrested on a warrant for violation of probation.

On Nov. 17, Skyler to \$10,000 and domestic *helps as a deterrent in* Trey Bowman was arcriminal activity. All sub- rested on a warrant for

A \$5 million grant providers will be able with administrative tasks, from human resources to staying compliant with federal and state regulations. These resources alleviate some of the administrative load so directors can focus on what matters most — more than 162,000 of Tennes-

see's children. By logging onto ChildcareTennessee.com,

childcare directors also can browse multiple local and national businesses offering discounts that provide cost savings in child care administration. Directors can then reallocate those savings to bet-Quality Early Education. to \$1,000 per licensed ter support the children they serve.

The organizations also are administering a new round of Support and Enhancement Grants for existing child care providers. Applications are open until Sept. 1, 2022. ate more accessible child- port," Brown said. "That Providers can apply at care has been an issue for sets the tone for profes- ChildcareTennessee.com.

Since October 2019,

Beginning Black Friday

Enter the Twin Lakes 2021 Christmas Giveaway from 11/26–12/13 at twinlakes.net! We will start announcing winners on 12/4. Follow us on Facebook - more than 75 gifts will be given away!

Christmas Bonus! Upgrade to any faster broadband speed up to 1 GIG and pay the same price for 6 months!

800.644.8582 | twinlakes.net

0) 🔰 Some restrictions apply.



Foundation has worked Paired with business diligently with organiza- management resources careTennessee has distions to create and ex- on ChildcareTennessee. pand child care access com, this partnership is in Tennessee," said El- positioning providers for len Lehman, president of success right from the be-The Community Foundation of Middle Tennessee. "These grants are an see/TDHS important investment in also provides other ser- careTennessee.com child care providers and vices. An administrative free for licensed pro-Tennessee's children and website, ChildcareTen- grams. Childcare direchave been needed in all nessee.com, features more tors can register now and the intervening years."

New and existing assist child care directors utilizing services.

Baby Announcements

ginning."

The ChildcareTennespartnership than 2,000 resources to set up an account to start

ship with TDHS, Childtributed nearly \$71 million in Support and Enhancement and Disaster and Emergency Grants to licensed child care programs across the state.

Registering on Childis



Engagements, Weddings, Birthdays, and Baby Announcements are no charge.



Deadline: 4 p.m. Friday prior to following week's edition. Email jcsentinel@twlakes.net or bring by the office at 211 S. Main St., Gainesboro



Gainesboro Head Start How To Cook A Turkey!

bucket. Cook it for 5 hours in the oven. Then eat it.

home. Put it in the microwave for 3 minutes. Then eat it with mama and daddy.

Peyton: Go to woods with daddy. Get turkey. Cook it in a pot in the oven. Eat it with them.

Aspen: Go to the dollar store. Get a turkey. Go home, put it in a basket. Cook it in the microwave for 5 seconds, get it out, eat it.

pot, cook it in the oven for 1 minute and eat it with my family.

store and get a turkey. Take it home. I am going to help mommy cook it. Get a pan and put it in

Myleigh: Get turkey there. Put pepper, cheese it. at my house. Put in pot and bologna on it. Cook it in the smoker for 3 days. Get it out and eat it with Everly: Get turkey at a fork and spoon with the dollar store. Take it mommy and daddy. I will snack on it for days!

ifestyles

Gunnar: Daddy is going to buy a turkey, put take it out and eat it. it in a pan, cook it in the and eat with my mommy.

Journey: My mommy will buy the turkey, cook it in the oven for 3 days, get it out and put some eat it. sprinkles on it. Sauce on it and eat it with mommy.

Phoebe G.: Cook it Savannah: Put it in the

Kynslee: Put turkey in pan, cook it, then eat it. Emma: Go to the grocery store and buy a turkey. Take it home, Josiah: Go to grocery mommy will wash it. Put the turkey in a pan, put

Corbin: Go in the woods with mama and daddy. Kill a turkey. Take it home and daddy will clean it, put it in a big pan, put some mustard sauce

on it. Cook it in the stove, eat it. oven for hours, get it out turkey forest and shoot a turkey. Cut the feath-

ers off and put it in a pot. Cook it in the oven until it's brown, then cut it and

Bennett: Go to the turkey store and buy a red turkey. Bring it home and put it in the oven for 55 minutes. Put salt and pepper on it then 55 more minutes and accelerate the speed. 100 more minutes and eat it.

Bryson: Buy turkey at sprinkles on it and cook it the store, put it in a pan. Put ketchup and ham on Johnny: Cook it. Eat it and cook it for 1 hour.

Eat it!

Matthew: Go buy a turkey at Walmart and go home. Cut it, put ketchup and mustard on it then put a lot of stuff in it. Put it in the oven, make a pie and

Mailee: Go to the farm then cook it for 2 days. Jaykob: Go to the and kill a white turkey. Take it home and put salt and pepper on it. Put teeth on it then cook it in the oven with hot sauce for 15 minutes and 2 hours. Eat it with ketchup!

Heaven: Get a turkey at the farm and take it home. Cut feathers off then put salt and pepper. Cook it on 300 for 3 hours,

Beckett: Buy a turkey

Avery: Buy a turkey at Dollar Store. Cook it in the frying pan with salt, pepper and butter for 12 hours then eat it on a plate with Papa.

Hadley: Buy turkey at Walmart and take it home. Cook it in the kitchen. Put it in a pan, put salt and pepper on it. Cook it in the oven for 100 minutes then eat it.

Phoebe K.: Get a tur-Hamlet: key at the Dollar Store. Bring it home. Put salt and sprite on it. Cook it on the stove in a pot for 20 minutes then eat it at the kitchen table.

Alexis: Go to the turkey store and buy a turkey. Take it to your house and fix it in the oven for a long time. Wait until it's done and eat it.

Taylor: Get a turkey out of the freezer. Put it in a pan with sugar, ice cream and a pumpkin. Cook it feathers and all in the oven for 10 minutes then eat it.

Adelaide: Buy a turburgers, pickles, carrots, pan- apples, bananas, snacks, hot sauce. Then put ketch-

one home. Put it in a pan with mustard and mayonnaise then cook it for 4 minutes. Eat it.

Airowynn: Go to a turkey store. Buy a turkey and all the ingredients. Put it in a pan with seasoning

Brantley: Go where daddy gets his turkeys and buy it with dollars. Take it home, put it in a big bowl with butter and sauce. Cook it for 5 hours then eat it.

Isabella: Season it then put it in the oven!





The Best Thanksgiving **Dinner Ever**

in the oven.

The Jumping Jax pre-k class at GES planned Thanksgiving dinner with anges, salad, tomatoes, strawberries. all their favorites.

Keep reading to find out what's on the menu!

Adrian McKay: ta-

cos, pizza, Taco Bell, bananas, apples, oranges, jell-o...I strawberries, love ice cream, pie, and cake...and apple juice.

Alexis Tooley: pizza, tacos, tomato soup, pineapple, grilled cheese, soup-the one with the sauce in it, cookies-the milk. chocolate with ones chips, and orange juice.

Ethan cupcakes, cake, shrimp, the soup mushrooms,

Faith Tooley: apples, fins, popsicles, cookies, bananas, tomato soup, mac 'n cheese, chocolate strawberries, a drink, apchip cookies, and apple ples, banana, blue juice, a juice.

Jaxon Smith: chicken, rice, fries with ketchup & ranch, broccoli & chicken, grapes, kool-aid popsicles, and sweet tea.

Jayden Long: fries with Oreo ice cream, pizza, red popsicles, gummy eyeballs, sour gummy worms, apple juice, and

Lennox Gonzalez: McDowell: nuggets, apple sauce and peanut butter, and chips. strawberry mac 'n cheese.

grapes, strawberries, or- milk, chocolate milk, and

Owen motorcycle, and oranges.

Rylee Evins: peanut butter & jelly sandwich, cookies, gravy & biscuits, apples, pizza, cupcakes, and chicken.

Titus Marker: spaghetti and noodles and meatballs, apples, hamburger, mac 'n cheese, and meat that Daddy makes.

Zach Lilly: pizza, steak, deer meat, chicken noodles, chicken, fries,

Zaden Corbin: pizza, Maggie Meadows: my lunch, peanut butter with the white stuff & noodles, cereal, apples, & jelly sandwich, chips, key, cook it with salt and

cut it and eat it.

at the store. Cook it in the kitchen and eat it.

chicken nuggets, fries cakes, bacon, chicken, yogurt, and apple juice. with ketchup, and red and strawberries. kool-aid.

Everlee Cheez-its, salsa, crack- and guacamole. ers, apple juice, and fruit punch.

Jones: ples, grapes, avocados,

real, French toast, muf- late milk.

Carter Smit: bacon, oven and eat it. **Ophelia Ebling**: ap- waffles, and apple juice.

Reese Trisdale: the turkeys are and take chicken ranch. and Brynlee Givens: ce- French fries, and choco-

up on it. Cook it in the

Hensley: Go where

931-528-6403 • 800-339-2899 Mon-Thurs: 8 a.m. to 3 p.m. Fri: 8 a.m. to noon



Success - The first ever Sweet Belle's Farm Sale in North Springs was recently held. According to Lindsey Kennedy to was a huge success. She had a vision and made it happen. She is already planning for October 2022.

1500 Shepardsville Hwy., **Granville, TN 38564** Monday-Friday 7:00-4:00

Source and the second s

Saturday 7:00-4:00 • Sunday 1:00-4:00

We buy all scrap aluminum & metal

Roll off container bins available for landfill & scrap metal

From Gainesboro, take Hwy. 56 South, turn right on Shepardsville Hwy./290, go 8 miles and turn left at 1500 Shepardsville Hwy.

Office (931) 653-4355 • Cell (931) 510-4138



We want to wish all of our Clients, friends and family a blessed and bountiful Thanksgiving. We are thankful for each and everyone of you!







⁵⁰⁵ North Main St. • Carthage, TN 615-735-2244 Firm # 2547

Points Of View

Send Letters to the Editor to b.wilmoth@livingstonenterprise.net or P.O. Box 129, Livingston.



IP Protections Won't Help Developing Nations

GARY LOCKE

Special To The Sentinel

As of November 2021, a majority of developing countries have vaccinated less than a quarter of their populations.

The Biden administration needs to immediately convene an accelerated global vaccination campaign to stop the delta variant in its tracks.

At this time last year, many people thought it would be years until the world had effective shots. But not only have companies invented multiple inoculations, they've pulled out all the stops to maximize production.

For instance, the biggest vaccine developers have licensed their formulas and technology for free to generic manufacturers in India and South Africa. Pfizer-BioNTech teamed up with Novartis countries. and Sanofi to expand production, and Johnson & Johnson did the same with Sanofi and Merck.

company that knows how freezers to developing around the world.

doing so.

Simply put, current production capacity is the coronavirus -- we maxed out. World leaders should spare no expense must focus on expanding fighting it. production.

to donate 580 million doses on an initiative that won't to other countries. Indeed a few weeks ago, more than 188,000 of those doses were shipped to Rwanda. That's a welcome step, but we can and must do more.

By the end of 2021, even counting "booster" shots, America will likely have hundreds of millions necessary, given that WTO of surplus doses, while rules already allow governmany countries still lack enough shots to vaccinate their populations. We should immediately start sending surplus vaccines to India and other developing so would help end a pub-

to make the vaccines is al- countries that otherwise ready working to scale pro- can't store mRNA vacduction. And every facility cines. We could deploy on earth that can safely and FEMA teams and even the reliably produce shots is military to airlift supplies into remote locations.

We're in a war against

Unfortunately, too PresidentBidenpledged much energy is being spent provide immediate relief. The Biden administration announced support for a petition before the World Trade Organization that would suspend intellectual property protections on Covid-19 vaccines.

A suspension is not ments to issue compulsory licenses -- which require drug makers to license products to local manufacturers -- when doing lic health crisis. Countries To solve such local haven't used this provision distribution problems, the to fight Covid-19 because United States and other it wouldn't solve the acwealthy countries could tual obstacles. Licenses Every scientist and donate ultra-cold-storage have already been granted

Likewise, no expert seriously thinks suspending IP protections will boost vaccine supply, given that we're already maxing out manufacturing capacity. Legal negotiations surrounding the scope of the required tech transfers would stretch into December. And it would take years for new companies to learn to make the vaccines and build specialized factories.

People in developing countries are dying at an alarming rate. They need America and other wealthy nations to do the hard work of expanding manufacturing capacity and distributing vaccines. Some members of Congress seem to think an IP waiver is good politics. But it won't get shots into arms when people really need it -- which is right now.

Gary Locke served as the U.S. Ambassador to China and the U.S. Secretary of Commerce under President Barack Obama. From 1997 to 2005, he served as the Governor of Washington.

New Hires to Process VA Claims Backlog



The Department of Veterans Affairs has hired 2,000 claims processors to deal with the claims backlog. They're going to be busy, once they're trained.

As of early October, the VA was sitting on over 200,000 backlogged claims, meaning that of the 600,000 claims in hand, one-third were over 125 days old. now found more than 70,000 claims that must be reviewed after three new presumptives were added for Agent Orange logged claims.

The three new presumptives -- Parkin- an eye on how the new sonism, bladder cancer claims processors are and hypothyroidism -have been added to more than a dozen existing ones. Those three conditions had never been approved as presumptives, but now that they are, we rying. Again, don't ashave the Nehmer lawsuit sume the new processors of 1986 to thank for the are reviewing your old need to review those claim. Call and find out. claims. Nehmer concluded that if you ever tures Synd., Inc.

filed and were turned down for illnesses that later made the accepted list of presumptives, the VA is automatically required to go back and review your claim. The bonus here is that any disability pay you receive now will be retroactive to the date of your original claim.

You don't have to refile, but as a precaution, check in with the VA and make sure it didn't lose your original claim. Be certain you're among those whose claim is being looked at.

In addition, there are In addition, they have three new presumptives for airborne particulate exposure -- asthma, rhinitis and sinusitis -for those who served in the Gulf during a certain exposure, bringing the period of time. If you've total to 270,000 back- already put in a claim, it will be reviewed.

If you want to keep doing, check www. benefits.va.gov/reports/ detailed claims data. asp for weekly reports. Note the accuracy-level reports. Those are wor-

(c) 2021 King Fea-

The U.S. Department of Labor, in collaboration with departments of Health and Human Services, Treasury and the Office of Personnel Management, announced the "Prescription Drug and Health Care Spending" interim final rule with comment period and the implementation of a reporting requirement for the cost of prescription drugs and certain medical expenses.

The action is the lat-

health plans and issuers top 50 drugs across key to submit key data to the areas of concern, includdepartments, which will use this information to publish and better understand prescription drug pricing trends and their impact on premiums and consumers' out-of-pocket costs. Reporting requirements include requests for information on average monthly premiums over the previous year. and drug spending for enrollees est in a series of efforts employers and/or health by drug manufacturers to thereafter. by the Biden-Harris ad- insurance issuers. Plans plans, issuers and pharministration to deliver on and issuers will also need macy benefit managers announced supports imto report total healthcare - including details on spending by the type of the top 25 drugs genercare patients receive. ating the highest rebate dated Appropriations Act This includes spending amounts - will provide of 2021, and builds on care and specialty care, complete picture of preas well as on prescription scription drug costs and This includes two earlier drugs and wellness pro- fluctuations in their costs. grams. Since drugs account for a sig- ing data are as valuable nificant portion of health- as possible for experts care spending for con- and consumers, the rule sumers, plans, issuers, allows for data collection and the government alike, at an aggregate level and the interim final rule also on a calendar-year basis. includes unique require- Plans and issuers will be "Prescription Drug and ments to identify specific able to provide informa- Health Care Spending" cost drivers. Plans and is- tion based on all their interim final rule in its suers must now provide offerings

The interim final rule the departments with an rather than the more difannounced today requires annual overview of their ing:

Requirements Will Help Identify Impacts

The brand prescription drugs dispensed most frequently.

The prescription drugs generating the highest total annual spending.

The drugs that resulted in the greatest increase in total annual spending

Additional informaversus their tion on drug rebates paid on hospital care, primary the departments with a To reduce administraprescription tive burden while ensurcollectively, Nov. 23 edition.

ficult details associated with plan-specific data. The Centers for Medicare and Medicaid Services' Fact Sheet provides additional details on reporting requirements, including the processes of data collection and analysis. New reporting requirements will apply beginning with data for calendar year 2020. The departments anticipate the release of their first full report in 2023 and every two years

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

The First Amendment to the Constitution



its commitment to protect millions of consumers and reduce high and unexpected healthcare costs.

"Today's interim final rule is a step towards making sure that Americans can receive affordable care," said Acting Assistant Secretary for Employee Benefits Security Ali Khawar. "The No Surprises Act has helped to end surprise billing. This rule monitors pricing trends and builds on that work so we can find other barriers to affordable care."

The interim final rule plementing title II of division BB of the Consoliearlier progress with title I, the "No Surprises Act." interim final rules (issued on July 13, 2021 and Oct. 7, 2021) and a notice of proposed rulemaking (issued on Sept. 16, 2021).

The interim final rule is available for public inspection. The Federal Register will publish the

 \mathbf{SS} **USPS 271-900** SSOCIATION

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Subscription Rates: Jackson and Adjoining Counties: \$22.00 / Year; \$21.00 / Senior Elsewhere in Tennessee: \$32.00 / Year; \$31.00 / Senior Out of State: \$38.00 / Year; \$37.00 / Senior

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Adam Johnson, Publisher

Second Class Postage Paid At Gainesboro, Tennessee 38562, Under An Act Of Congress March 3, 1879. POSTMASTER: Send address changes to Jackson County Sentinel, P.O. Box 37, Gainesboro, TN 38562.

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Strategies To Overcome Seasonal Affective Disorder

Winter can be an awe- der, or SAD. inspiring time of year. Snow-covered landscapes and opportunities to enfor nature enthusiasts and athletes.

er and reduced hours of sociation says symptoms phenomenon is known as functioning. seasonal affective disor-

What is seasonal affective disorder?

joy sports like skiing and tional Institutes of Men- and less sunlight in winsnowboarding make win- tal Health, SAD is a type ter. As the seasons change, ter a favorite time of year of depression. The NIH a shift in a person's bionotes that a person must logical internal clock or meet full criteria for ma- circadian rhythm can lead As fun as winter can jor depression coinciding to them being out of step be, many people struggle with specific seasons for with their normal rouwith the transition from at least two years to be tines. That can contribute light therapy involves sitwarm weather and long, diagnosed with SAD. The to various symptoms, insunny days to cold weath- American Psychiatric As- cluding: sunlight. Sometimes mis- of SAD can be distressing pressed, Loss of interest taken or misidentified as and overwhelming and or pleasure in activities the "winter blues," this even interfere with daily once enjoyed, Changes



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biochemical imbalance in death or suicide the brain that's prompted According to the Na- by shorter daylight hours

Feeling sad or dein appetite, usually eating The APA notes that more and craving carbohydrates, Loss of energy or increased fatigue despite increased sleep hours, usually continued through-Increase in purposeless physical activity or slowed movements or speech that may be noticed by oth- lective serotonin reuptake ers, Feeling worthless or inhibitors, or SSRIs, are a guilty, Difficulty thinking, concentrating or making are sometimes prescribed

SAD has been linked to a decisions, Thoughts of to treat SAD.

Overcoming SAD

The weather can't be cians about the following the temperatures dip may SAD.

Light therapy

ting in front of a light therapy box that emits a very bright light. In the winter, patients typically sit in front of the box for 20 minutes each morning, and they may see some improvements within one to two weeks of beginning treatment. Light therapy is out the winter.

Medication

The APA notes that setype of antidepressant that

Spending time outdoors

People with SAD who changed, but people can don't typically spend speak with their physi- much time outdoors when strategies to overcome notice their symptoms im- concern for millions of prove if they make a concerted effort to spend time According to the APA, outdoors in winter.

Rearrange rooms in the home

The APA notes that re-

arranging rooms and furniture in a home or office to allow more natural light in during the daytime can help improve symptoms of SAD.

SAD is a legitimate people across the globe. Working with a physician to overcome SAD can help people successfully transition to days with fewer hours of sunlight.





HE LONGEST PSALM IN THE BOOK OF PSALMS IS THE ONE HUNDRED AND NINETEENTH, WITH 176 VERSES! IN A NUMBER OF WAYS, IT IS PROBABLY THE MOST INTERESTING AND OF ITS TWENTS TWO STANZAS IS HEADED BY ONE OF THE HEBREWALPHASETS TWENTY WO LETTERS, FORMING AN

WHEN THE ANCIENT JEWS TRAVELED BY NIGHT THERE WERE NO STREET LIGHTS, NO AUTO LIGHTS, TO DISPEL THE DARKNESS-THE ROCKY ROADS AND RUTTED FOOTPATHS THEY USED WERE PERILOUS PITFALLS TO THE NIGHT TRAVELER AND SO ALLEGORICAL DESCRIPTION OF GOD'S LAW AS A LAMP TO LIGHT THEIR WAY WAS READLY UNDERSTANDABLE - THIS PEALM IS A POWERFUL TRIBUTE TO THE MOSAIC LAWS. ALL PIOUS JEWS BELIEVED THE SE LAWS TO BE BOTH TEACHER AND GUIDE, LIGHTING THEIR WAY THROUGH LIFE'S PRECARIOUS JOURNEY FOR ONLY BY A STRICT ADHERENCE TO THE LAWS COULD THEY BE SURE OF LIVING A LIFE FREE ROM SLOTH AND SIN !

> NEXT WEEKS THE WORLD'S LARGEST HAND-WRITTEN



griculture



Food Safety Tips For The Holidays Cattle Report



Melton Family and Consumer Science Extension Agent

Rebekah

The holidays are quickly approaching and we all need to be reminded of important food safety tips. To have a happy and healthy holiday season practice these safe food tips.

When buying a Turkey

Frozen – Allow 1 pound per person. Buy anytime but keep frozen until ready to thaw.

Fresh – Allow 1 pound per person. Buy 1 to 2 days before cooking. Do not buy fresh prestuffed turkeys. Purchase only frozen pre-stuffed turkeys with the USDA or state marks of inspection.

Safely handle your turkey

poultry can Raw contaminate anything it touches with harmful bacteria.

Clean your hands and surfaces often

Wash hands for 20 seconds with soap and water before, during, and after preparing food and before eating.

Wash your utensils, cutting boards, and countertops with hot, soapy water.

Separate raw turkey and the juices from other foods.

Use separate cutting boards and plates for raw meat, poultry, and seafood

Keep raw turkey and juices away from other foods when shopping and in the refrigerator

Do not wash your tur- (whole turkey) key or other raw meats - washing will spread hours bacteria in your kitchen

and on you. **Thawing your Turkey**

The safest method for thawing turkey is in the refrigerator. This method takes time, so allow one of weight. If your turkey weighs 16 pounds, it will take about four days to thaw. Once thawed, the turkey is safe for another two days, so you can the size of the turkey that start thawing it six days before Thanksgiving.

other foods.

refrigerator at 40 °F or Use the defrost funcbelow

Approximately (whole turkeys)

days

4 davs

5 days 20 to 24 pounds 5 to

6 days

The other two methods (cold water and microwave) must be done key in a casserole dish immediately before you makes it less risky and it start cooking the turkey, will make sure it is thorso you'll have to wait oughly cooked. If you do until the day it will be cook them together, stuff cooked.

Cold Water Method

the turkey in its original to make sure the turkey it in a sink or container reaches 165 °F. Wait 20 turkey from absorbing stuffing from the turkey's change the water every kill harmful bacteria. 30 minutes. Empty out the water and replace it

4 to 12 pounds 2 to 6

8 hours

16 to 20 pounds 8 to 10 hours

20 to 24 pounds 10 to 12 hours

Thawed turkey by day for each 4-5 pounds the cold-water method should be cooked immediately.

Microwave Method

Check the manufacturer's instructions for will fit into your oven, the minutes per pound Thaw in a container and the power level to or pan to prevent the use when thawing a turjuices from dripping on key. Remove all outside wrapping and place on Thawing time in the a microwave-safe dish. tion based on weight. As 24 a general rule, allow 6 hours per 5 pounds minutes per pound when thawing a turkey in the 5 to 12 pounds 1 to 3 microwave. Be sure to rotate it several times, 12 to 16 pounds 3 to and even flip it, during the thawing process. 16 to 20 pounds 4 to Cook immediately after thawing.

Safely Stuff Your Turkey

Cooking the stuffing separately from the turthe turkey loosely and do so just before cooking. For this method, leave Use a food thermometer wrapping and submerge and stuffing's center full of cold water. This minutes after removing will prevent cross-con- the bird from the oven tamination and keep the before removing the water. It is important that cavity; This time allows the water be cold so that the turkey and stuffing to the turkey stays at a safe remain at 165 degrees or temperature. You should more for enough time to

Safely Cook Your Turkey

with the breast side up in a roasting pan that is 2 to 2 $\frac{1}{2}$ inches deep. To 12 to 16 pounds 6 to make sure the turkey has reached a safe internal temperature of 165 °F, insert a food thermometer into the center of the stuffing and the thickest portions of the breast, thigh, and wing joint. Let the turkey stand 20 minutes before removing all the stuffing from the cavity and carving the meat.

Т

Storing leftovers Debone turkey and refrigerate all leftovers into shallow containers within 2 hours of cooking.

Use leftover cooked turkey, stuffing, and gravy within 3 to 4 days.

Boil leftover gravy before serving.

If freezing leftovers, use within two to six months for best quality. **Reheating your**

Turkey

Cooked turkey may be eaten cold or reheated. Reheat turkey, stuffing and gravy thoroughly to an internal temperature of 165 °F.

If you choose to buy a frozen stuffed turkey, look for the USDA mark of inspection. USDA does not recommend buying stuffed turkeys prepared at store or restaurant. If not prepared and handled carefully, the stuffing can be a source of bacteria.

For more information about food safety, contact Rebekah Melton, FCS Extension agent at 931-268-9437 or email tmelton9@utk.edu

Meat and Poultry safety questions also may be directed to the USDA's Meat and Poultry Hotline: 1-888-MPHotline (1-888-674-6854).

10

35

4

7

1

12

615

650-686

730-740

716

760

795

862

615

666

733

716

760

795

862

131.00

115.00

124.00

115.00

122.50

105.00

115-127.00

131.00

125.02

115.00

124.00

115.00

122.50

105.00

Source: Janie Burney,

Smith Coun	ty Commission	
Livestock Weighte		
11/19/2021 - I	Final AUCTIO	N
This Week	Last Reported	Last Year
	11/19/2021	
Total Receipts: 526	643	1,011

Feeder Cattle: 398 (74.3%) 478(78.8%) 793(79.5.7%) Slaughter Cattle:103(14.6%) 94(13.6%) 151(12.2%) Replacement Cattle: 25(11.0%) 71(6.6%) 67(8.4%)

Compared to last week, Feeder Steers/Bulls 2.00-5.00 higher; Feeder Heifers 4.00-10.00 higher; Slaughter Cows steady to 2.00 higher; Slaughter Bulls mostly steady. Supply included: 76% Feeder Cattle (20%

Steers, 43% Heifers, 37% Bulls); 20% Slaughter Cattle (83% Cows, 17% Bulls); 5% Replacement Cattle (100% Bred Cows). Feeder cattle supply over 600 lbs

was 32%.

STEI	ERS - Mediu	m and L	arge 1-2 (Per C	wt / Actual Wt)
	Wt Range		Price Range	
1	235	235	165.00	165.00
7	300	300	150-159.00	156.46
9	420-445	423	146-154.00	146.94
1	475	475	146.00	146.00
26	500-525	519	145-155.00	
38	570-598	587	136-143.00	140.86
4	649	649		133.00
45	660-698	671	135-142.25	140.47
13	720-736	729	129-140.00	134.02
6	770-785	778	131-137.00	133.97
1	820	820	120.00	120.00
3 4	840	840	128.00	128.00
4	856	856	128.00	128.00
				wt / Actual Wt)
Head	0	0	Vt Price Rang	
1	420	420		133.00
2	635	635	121-124.00	122.50
HEIF	FDS Modiu	um and I	argo 1 2 (Por C	Cwt / Actual Wt)
Head	Wt Range			e Avg Price
1	245	245		
7	314	314		
23	350-376			
70	450-493			
4	454	454		141.00
	524-532			
80	559-592		126.50-133.0	
13	624-633	627	120-129.00	

Transfer raw turkey with fresh cold water. from packaging to the pan

Approximately minutes

30 ture to at least 325 °F. Family and Consumer per pound Place the thawed turkey Sciences.

Set the oven tempera- Professor, Department of

Shop Early And Shop With A Budget

The 2021 holiday sea- expenses. son is set to be different from previous years and fect storm of mismatched treats. Involving children these purchases avoid the will present unique challenges when compared to unmet expectations at ev- in the creative process mated shipping time and past holidays. To assist ery turn," adds Sneed. consumers, University cialist Christopher Sneed ers can take right now to the holiday shopping.

"By this point in the pandemic, we're all fashelves, delayed arrivals of online orders and Sneed. "But the key is to planning and a head start, you and your family will be all set to ring in the stick to it) most festive time of year, now."

Sneed comments the COVID-19 pandemthe production, shipping and stocking demands of consumers. But consumers, fresh out of a long

supply and demand, with or other family members dreaded question of esti-

of Tennessee Extension ation may sound, there memories. consumer economics spe- are several steps consumprovides tips and ideas to enter into the pandemic local businesses is always missed family time or remove the hassle from holiday season ready to in season. You may find altered holiday plans by celebrate fully.

Plan

miliar with empty store consumers start their holiday shopping and shipping now. Waiting could higher prices due to a mean a lack of choices as mismatch between sup- the peak holiday season ply and demand," states nears or delays in those packages arriving at their avoid panic. With a little final destination in time for celebrations.

Make a Budget (and

Strain between high but the time to start those consumer demand and holiday preparations is low or unavailable stock has led to significant price increases, and conthat much of the holiday sumers should keep this shopping crunch is due to in mind as they shop and the ongoing challenges of mark items off their list. Sticking to a budget may ic, including a reduced mean adjusting purchasworkforce unable to meet es, and going into debt in order to buy gifts should be avoided.

Get Creative

Gift giving does not

surprising loved ones and local is an especially "Altogether, it's a per- with homemade gifts and good idea this year as can help create both gifts potential delays. As bleak as this situ- and treasured holiday

Shop Small and Local

Supporting small and make up for last year's that perfect and unique spending more or purgift waiting at your lo- chasing more elaborate It is imperative that cal store. Shopping small gifts this year.

Be realistic

The holidays of 2020 are past. Don't try to



period of lockdown, have always mean a trip to the Shop Smart - Holiday shopping may feel a bit difgreater demand and in store or purchases from ferent this year amid supply chain issues related to some cases more money large online merchants. the COVID-19 pandemic. UT Extension consumer to spend as the pandem- Instead, some of the best economics specialist Christopher T. Sneed gives ic led to reduced travel gifts can be those that you ideas and tips to take the stress out of shopping. costs and other decreased create yourself. Consider Image courtesy Unsplash.

HEIF	ERS - Mediu	m and La	rge 2-3 (Per Cw	t / Actual Wt)
Head	Wt Range	Avg Wt	Price Range	Avg Price
3	605-610	607	115.00	115.00
BULL	S - Medium	and Larg	ge 1-2 (Per Cwt	t / Actual Wt)
Head	Wt Range	Avg Wt	Price Range	Avg Price
17	375-378	376	145-156.00	153.40
36	458-473	461	140-149.00	146.95
42	513-525	524	134-146.50	145.92
28	576-590	579	129-137.00	135.25
28	655-665	663	127-130.50	129.88
23	753-764	763	106-112.00	111.23
6	863	863	91.00	91.00

BULLS - Medium and Large 2-3 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
8	443	443	133.00	133.00
2	470	470	125.00	125.00
7	500-510	501	120.00	120.00
10	561-563	561	113-114.00	113.80
6	650-680	660	108-113.00	111.28

SLAUGHTER CATTLE

COWS - Breaker 75-80% (Per Cwt / Actual Wt) Head Wt Range Avg Wt Price Range Avg Price Dressing 1185-1680 1404 64.00-75.00 69.94 Average 21 1305 77.00 1 1305 77.00 High

COWS - Boner 80-85% (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price	Dressing
39	940-1400	1145	62.00-73.00	66.94	Average
2	1270-1285	1278	76.00-79.00	77.49	High
1	1305	1305	61.00	61.00	Low

COWS - Lean 85-90% (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price	Dressing
35	825-1335	1035	54.00-65.00	59.54	Average
4	865-1085	1000	67.00-69.00	68.25	High
4	790-1015	901	50.00-53.00	51.45	Low

Please Note:

The above USDA LPGMN price report is reflective of the majority of classes and grades of livestock offered for sale. There may be instances

where some sales do not fit within reporting guidelines and therefore will not be included in the report. Prices are reported on an FOB basis, unless otherwise noted.

ifestyles





OLD-FASHIONED CHRISTMAS – This Christmas tree was adorned with strings of in-popcorn and other decorations from the past, ie with circa 1900 toys arranged beneath it. The tree was on display at the Historic during the Heritage Christmas a the past two weeks in Gainesboro. From Dec. 18, 1991



Blast From The Past Weather Folklore



Here are some interesting weather folklore related to the Appalachian area that says the following:

If a fire makes a sound if the smoke travels down the side of the chimney and clings to the ground, it will soon snow.

If a wooly worm has winter.

When cows bunch toing to storm.

bad winter.

it will rain soon. If they will arrive soon.

When the wind blows storm soon.

in July, winter will be nesia in 1815. A tremensnowy.

and a rain means snow in stratosphere where it rewinter.

When leaves fall early, the fall and winter will be mild; when the leaves fall late, the winter will be severe.

a cold February.

means a bad winter coming.

sunburned. Planting them seed. on the dark of the moon most impossible to dig.

A woman should not can food during her monthly cycle. Anything skins or corn husks. she cans will spoil.

Don't swim in a river during "Dog Days" of summer. This one doesn't like someone walking, or explain what will happen if you do swim in a river during "Dog Days."

To make it rain, kill a fall. snake and turn it belly up.

The following is some more brown fur instead of information about the year black, we will have a mild 1816 being designated as "The Year Without A tree. Summer." The article tells gether in a huddle, it's go- how record heavy snows chimney. fell in New England be-If hornets build their tween June 6 and 11th, nest in the lower branches 1816, and an exceptionalof a tree, we are in for a ly cold summer featuring frosts in July and August If an owl hoots on the occurred. There was also east side of the mountain, a drought during early fall bad weather is on the way. that culminated in a killing When ants are observed frost well before the end traveling in a straight line, of September. Crop failures were widespread, not scatter out, fair weather only in New England, but fogs in August. also across Canada and Western Europe. The apleaves on trees so that parent cause of this wintry their backs show, it will anomaly was the eruption of the Tambora Volcano If ant hills are high half a world away in Indodous cloud of fine ash and Three morning frosts dust was ejected into the duced the heat and light of the sun, causing 40 degree temperatures in Georgia in July."

Another story is told that by taking seeds out of A warm October means some persimmons and then slicing the seeds open, the A warm November shape that shows up inside the seed will indicate what last request to be buried in kind of winter to expect. California, his family had A green Christmas There are three shapes to his body shipped home. means a white Easter. look for: A knife shape But wouldn't you know A full moon in Octo- means there will be a cold, you like a knife. A spoon Here are some other shape means there will be plenty of snow to shovel. Don't go barefoot or A fork shape means there

them to grow closer to the different pieces of the fruit top of the ground and be and then slice open each

The following are will cause them to grow some other natural signs deep roots and make it al- of a rough winter that have been collected over the years.

* Very thick onion

* Woodpeckers sharing a tree.

* Early arrival of crickets on the hearth

* Lots of acorns.

* Trees are laden with green leaves late in the

* Hickory nuts having heavy shells.

* Tree bark is heaviest on the north side of the

* Crickets are in the

* Hoot owls call late into the fall.

* Raccoons have thick tails and bright bands.

* Squirrels gathering nuts early in the year. *

Pigs gathering sticks.

* Frequent halos/rings around the sun or moon. * Heavy and numerous

There is also a folktale about the state of California being the healthiest state in the union. And the reason this was told is because an old fellow who lived there all his life was said to be more than two hundred years old. The old man got awfully tired of living after a while, but couldn't seem to sicken and die. Finally, his relatives tactfully suggested he try traveling away from California, and sure enough, it worked. He took sick and died not long after leaving. Since it was his it, as soon as he crossed the border into California. the old man revived and rose right out of his coffin, as spry as ever. His family suggested more travel, but the old man decided to stick it out until his time came. The story goes he's still waiting to meet his

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ber without frost means icy winter, as in the wind no frost until November's will slice right through full moon.

folklore beliefs:

without your longhandles will be a mild winter. before May 10.

Instructions on the in-Planting potatoes on ternet say to randomly sethe full moon will cause lect at least 10 seeds from Maker.

Sentinel **RECIPES** of the WEEK

Veggie Pizza **Pinwheels**

6. 8 inch flour tortillas fine

³/₄ cup chopped fine

3/4 cup carrots chopped fine 1, 8 ounce pkg cream serving, cut or uncut.

cheese, softened 1 cup sour cream

1, 1 oz. Pkg ranch for anything. dressing mix

Chop up your vegetables fine and combine in a large bowl and mix together. In another bowl mix together your cream cheese, sour cream and ranch mix until smooth.

Spread 1/3 cup of your onions mixture onto each of your tortillas and then sprinkle with the same amount of veggies. Roll up and wrap in Saran Wrap and refrigerate for at least 30 minutes. Once chilled cut into $\frac{1}{2}$ inch to 1 inch slices and serve.

cream cheese is at room onions and dice ham. temperature, makes it easier to combine.

erate the better they will hold up when cutting.

Cut with a serrated ³/₄ cup broccoli chopped knife, I have found that pinwheels with this type cauliflower of knife makes it so much roll in crushed pecans. easier to slice through.

You can store in refrigerate up to 24 hours before

You can switch up your vegetables that you like

Ham and Pineapple Cheese Ball

8 ounce cream cheese

8 ounce crushed pineapple (canned, drained)

1 tablespoon powdered powder sugar

2-3 tablespoons green

1/3 cup ham, chopped 1/2 cup chopped pecans Soften the cream cheese, drain the pineapple, chop the green onions, dice the ham.

In a large bowl, mix the softened cream cheese, drained pineapple, pow-Notes: Make sure your dered sugar, chopped green butter

Shape the mixture into a ball. Line a small The longer you refrig- bowl with plastic wrap topping, serve hot.

and scoop the mixture in. Close the plastic wrap around the mixture and shape a ball.

Chill until firm, then

Return to the fridge and store until you want to serve.

Devour.

French Breakfast Puffs

1/3 cup shortening ¹/₂ cup sugar

1 egg

 $\frac{1}{2}$ cup milk

1 ¹/₂ cups flour

1 ¹/₂ teaspoons baking

¹/₂ teaspoon salt

¹/₄ teaspoon nutmeg

Mix together first 3 ingredients, add flour mixture, alternately with milk. Fill greased muffin tines 2/3 full. Bake 350 degrees for 20 minutes. Remove from tins and roll in the following topping:

Topping

2 tablespoons melted

¹/₂ cup sugar

1 teaspoon cinnamon

After rolling puffs in

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eisure







week's edition of

the Sentinel

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0 1 2 8 5 4 3 <u>5</u> 9

50

52

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from $M\underline{A}STER$ for an I, you get MISTER. Do not change the order of the letters.



by Linda Thistle

		2			3		5	
4			6			3		
	7			9				8
			<u> </u>					

HOROSCOP ARIES

Mar 21/Apr 20

Aries, family tops your list of priorities. You are likely to spend considerable time with loved ones in the days to come. Relish in all the opportunities to enjoy one another.

TAURUS Apr 21/May 21

You may feel uneasy or in this instance and steer clear of trouble should it try to find you.

GEMINI May 22/Jun 21

Gemini, focus on keeping your cool even if others are trying to provoke you. Be the bigger person in all of your interactions. You have great control of your emotions.

CANCER Jun 22/Jul 22

Cancer, you have been working very hard lately and this may result in an overactive and tired mind. You should factor in a break so you can recharge your

body and spirit. LEO Jul 23/Aug 23

for finishing important tasks, Leo. You will be able to come up with wonderful ideas that have true staying power. Pursue your options.

VIRGO Aug 24/Sept 22

Virgo, your energy will worried for unknown rea- remain high this week, ensons, Taurus. Trust your gut abling you to get many things done. Additionally, you may have a big change coming, like buying property or landing a new job.

LIBRA Sept 23/Oct 23

Be confident and listen to your instincts, Libra. Do so before undertaking any important tasks that turn up in the days or weeks ahead. **SCORPIO**

Oct 24/Nov 22

Scorpio, it may be tempting to shirk your responsibilities right now, but resist that temptation. Keep your head down and keep working. It will all soon prove worth it.

SAGITTARIUS Nov 23/Dec 21

SENTINEL

Sagittarius, you may The conditions are right have to reset your priorities, as new information has come to the surface. Prioritize responsibilities so major issues are taken care of first.

CAPRICORN Dec 22/Jan 20

Capricorn, unavoidable situations may cross your path and it is important that you stay the course. Committing to tackling things head is the most productive approach.

AQUARIUS Jan 21/Feb 18

Aquarius, you treasure friends and family, and this week calls for an important decision that could affect them all. It may be tough but you will make the right call.

PISCES

Feb 19/Mar 20 Pisces, minor obstacles

are in your path and it's easy to get frustrated. Once you clear the hurdles it will be smooth sailing before long.

6

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26 Ornamental garden



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LEGAL

STATE OF TENNESSEE **PROBATE COURT OF** JACKSON COUNTY AT GAINESBORO **NOTICE TO** CREDITORS ESTATE OF: Kenney

Reeves Garrison

Notice is hereby given that on the 15th day of November, 2021, Letter of Testamentary, in (4) months from the date respect to the estate of of the first publication of Kenney Reeves Garrison, this notice, or twelve (12) deceased, who died Sep- months from the decetember 29, 2019 were is- dent's date of death, othsued to the undersigned by the Probate Court of Jack-

LEGAL

son County, Tennessee. All persons, resident November, 2021. and non-resident, having claims, matured or unmatured, against the estate are required to file same with the Clerk of the above named Court at the Jackson County Court House, P.O. Box 342, Gainesboro, TN 38562 within the earlier of four erwise their claims will be forever barred.

LEGAL

HELP WANTED

Busy accounting office

needs a full time Secre-

tary/Accounting Clerk.

Good communication

and computer skills required. Send resume to:

Accounting P.O. Box

NOTICE TO FURNISHERS

OF LABOR

AND MATERIALS TO Pavement Restorations, Inc.

PROJECT NO .:

44004-8242-14, 44004-3242-94 CONTRACT NO.: CNV121

COUNTY: Jackson

The Tennessee Department of

129 Livingston,

38570. 11-9 TFC

WANTED:

TN

HELP

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NOTICE OF PUBLIC HEARING

A public hearing will be held **January 2**, **2022**, at **4:00 p.m.** at the Jackson County Courthouse, County Mayor's Office, 101 Main Street, Gainesboro, TN. The purpose of the hearing is to assess the community development needs of Jackson County and to solicit comments from citizens regarding the possible filing of a Community Development Block Grant (CDBG) application with the Tennessee Department of Economic and Community Development.

This hearing is open to the public and all interested persons are encouraged to attend. Jackson County adheres to the provisions of all state and federal civil rights laws and policies that prohibit discrimination of persons on the basis of race,

Add recycled to your spring gardening kit

- containers

We have **bundles** 3 for \$1

PUBLIC NOTICE

The Jackson County Courthouse will be closed November 25 to November 27, 2021 in observance of Thanksgiving. Regular hours will resume Monday, November 29, 2021.



2021 G.E.S Veterans Poster Winners



Jumping Jax – Maggie Meadows was the first place winners.



Second Grade Winners – First place winner was Avery Birdwell, second place winner Jaycie Lynn, third place winner, Ava Thomas, fourth place winner Kamryn Price and fifth place winner Nevaeh Maynord.



Third Grade Winners – First place winners Mason Montgomery and Sadie Hix, second place winner was Abigail Stafford, third place winners were Weston Brown and Madlyn Scantland and fifth place winner was Wyatt Flatt. Not pictured was the fourth place winner, Christian Edwards.



Kindergarten Winners - First place winner was McKenna Birman, second third place winner was Luke Flatt.



place winner was a tie with Carson Scantland and Gunner McCoin and the First Grade Winners - First place winner was Lexi Russell, second place winner Mark Woodward and third place winner Ariel Nicholson.

Discover Something New Together

Build Vocabulary

Improve Reading & Critical Thinking Skills

 Promote Social Consciousness

When You Read The Newspaper *Together*, You Learn *Together*



211 S. Main St., Gainesboro, TN (931) 268-9725