

SPORTS

Blue Devils Battle Wildcats.

■ See page 8

LIFESTYLES

Be sure to check out this weeks Blast From The Past.

■ See page 7

COVID-19 UPDATE

This snapshot was made available on: April 9.

As of April 2 Jackson County is in the Orange Zone.

Total Active: 45

Total Recovered: 1,247

Hospitalizations: 38

Deaths: 35

Positivity Rate: 3.5 %



JACKSON COUNTY SENTINEL

50
cents

Volume 124, Number 15

Gainesboro, Tennessee, Tuesday, April 13, 2021

1 Section, 12 Pages

Tournament Finalist

SENTINEL Photo / Submitted

Team Hunter – Student Korra Phillips was a finalist in the Bowling Green, Ky. Tournament of Champions open karate tournament on March 21. She is the daughter Steven and Carol Phillips of Jackson County.

MEGAN REAGAN

Editor

The Town of Gainesboro has been on a four-month search for a new officer, and after their most recent Board of Mayor and Alderman meeting, she has been found.

The hire of Ashley Griggs was approved recently in their regularly scheduled meeting.

According to Police Chief Mike Head, Griggs was the only qualified candidate from Jackson County.

"Hiring someone local who knows the community and its citizens is always a benefit to the department," he said.

According to Head, Griggs started this week and will hopefully begin training at Walter State Community College soon.

The training program at Walter State is a 10-week program that would cost the city \$3,300.

With the city paying for training expenses, Al-

derman raised a concern about her commitment to Gainesboro.

Head informed the Alderman that Griggs expressed her commitment to the community during the application process.

In the past, Mayor Lloyd Williams resonated the issue of former employees taking advantage

of the city paying for the their training.

Despite this concern, Head informed he is confident in the new hire.

The board discussed paying the city back based on how long she is with the department, if she leaves.

In related business, the board also hired Darla

Pippin for the position of town recorder.

Williams informed several qualified candidates had applied, but Pippin stood out.

"She stood out and I think we made a good choice," he said.

With no further business to discuss, the meeting adjourned.



SENTINEL Photo / Darlene Dean

New Officer – Ashley Griggs hire as the new city cop was recently approved by the board.

Jackson County Deputy Arrested

On March 19 deputies with the Jackson County Sheriff's Office seized several pills during an investigation into unlawful possession.

While processing the evidence a deputy observed Deputy Michael Moon close to the evidence and acting in manner that appeared to be suspicious. The deputies observed

that there were missing pills from the location when Deputy Moon left the room.

The deputies immediately contacted Sheriff Marty Hinson who responded along with Captain Dennis Thrasher to investigate the allegations. Sheriff Hinson and Captain Thrasher were able to recover the evi-

dence from Moon as well as other evidence that led to Captain Thrasher bringing criminal charges for tampering with evidence, theft and possession of Schedule IV and V narcotics.

Sheriff Marty Hinson also terminated his employment.

Sheriff Hinson thanks the deputies for reporting suspected wrongdoings of another deputy. "The integrity they displayed serves as an example to the community that these deputies will uphold the law no matter who is in violation," stated Sheriff Hinson.



Michael Moon

Tennessee Offers Free Online Courses

Tennessee workers displaced by the economic disruption caused by COVID-19 can enroll in free online classes to advance their skill set. The Tennessee Department of Labor and Workforce Development (TDLWD) has partnered with Coursera, one of the world's leading online learning platforms, to help Tennesseans skill up and get back to work.

The success and impact of the TDLWD-Coursera Workforce Recovery Initiative program last year helped thousands of Tennesseans learn critical, job-relevant skills.

Through the Coursera Workforce Recovery Initiative, unemployed Tennesseans have free access to 4,000 courses that will help them develop the knowledge and skills needed to find meaningful employment.

Coursera partners with 200 of the world's leading university and industry

educators to offer courses teaching job-relevant skills across business, technology, and data science.

"This type of training and education helps develop a stronger workforce development pipeline across the state," said TDLWD Commissioner Jeff McCord. "Coursera provides courses for Tennesseans to learn new, marketable skills so they can advance their careers or start down the path to a new career."

Through this partnership, Tennesseans can earn professional certificates from leading companies like Google. These courses are designed to prepare people with no degree or technology background for entry-level careers in high-growth fields such as IT Support, Project Management, UX Design, and Data Analytics.

"Google wants to ensure all Tennesseans have access to the job training

needed to unlock their full economic potential," said Lisa Gevelber, vice president, Grow with Google.

"Through our partnership with Coursera and the state of Tennessee, we're thrilled the local workforce can access the Google Career Certificates to help make them job-ready for high-paying, high-growth jobs."

With 4,000 courses available, Tennesseans can acquire a wide range of skills through Coursera.

Students can earn certificates in everything from social media marketing to Excel skills, web development, the business of health care specialization, and IT security.

"Our work with the state of Tennessee has already helped thousands of hard-working citizens prepare for high-demand local jobs, including roles in IT support and contact tracing," said Jeff Maggioncalda, Coursera CEO.

"As the state prepares for the post-COVID economy, we're excited to expand our partnership and provide Tennesseans with a wider selection of skills-based learning and job-relevant credentials to rebuild a thriving workforce."

Coursera allows students to start most classes at their convenience and set work deadlines that accommodate their other time commitments.

To register, Tennesseans need to create an account with Jobs4TN.gov. Once they have an account, they can send an email with their name and phone number to coursera@jobs4tn.zendesk.com to start the enrollment process.

Tennessee will offer free access to learning on Coursera Classes through Dec. 31, 2021. You can learn more about the courses offered and how to enroll by following this link: <https://www.tn.gov/workforce/coursera.html>.

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Court

Editor's Note: Court results are taken from court records. Persons in the community may have similar names. Every effort is taken to ensure accuracy and completeness.

Jackson County

JACKSON COUNTY
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General Sessions Court Docket April 8, 2021
Judge Tiffany Gentry Gipson Presiding
Rebekah Ann Davidson – Speeding.
Jennifer D. Kelley – Five counts of simple

possession/casual exchange, financial responsibility law and driving on roadways laned for traffic.

Laura Sue Pariso – Tampering with evidence, simple possession/casual exchange and possession unlawful drug paraphernalia uses and activities.

Edward L. Rollins – Criminal trespass and possession unlawful drug paraphernalia uses and activities.

Jimmy L. Stafford – Prohibited weapons/attempt.

Brian E. Stilwell – Aggravated assault and aggravated assault/domestic.

Dylan Scott Thompson – Probation violation.

Chasity Gail Bennett – Driving while license suspended, vehicle registration/improper use, driving unregistered vehicle on highway, financial responsibility law and driving on roadways laned for traffic.

Ralph D. Buckner – Theft of property/\$2,500 to \$10,000.

Haley N. Gray - Possession unlawful drug paraphernalia uses and activities, simple possession/casual exchange/marijuana less than 1/2 ounce, financial responsibility law, registration expired and driving on right.

Just B. Hurt – Driving without license, financial responsibility law and driving unregistered vehicle on highway.

Larry S. LaFever – Simple possession/casual exchange/marijuana less

than 1/2 ounce, possession unlawful drug paraphernalia uses and activities, registration certificate must be carried, light law/motor vehicle and financial responsibility law.

Sierra Sircy – Allowing dogs to run at large.

Dakota Leigh Spicer – Domestic assault.

James L. Vaughn – Two counts of driving while license suspended/second or subsequent, seat belt/18 and older, two counts of registration expired and two counts of financial responsibility law.

Ricky Robert Carr – Schedule I drugs/manufacture/deliver/sell/possess, possession unlawful drug paraphernalia uses and activities, driving on roadways laned for traffic and financial responsibility law.

Timothy Ford – Theft of property/\$10,000 to \$60,000.

Joseph David Pack – DUI first offense.

Troy D. Pharris – Probation violation, evading arrest flight/vehicle,

simple possession/casual exchange, possession unlawful drug paraphernalia uses and activities, driving while license suspended and unlawful removal/alteration of

registration tag.

Coreene Cortnee Fitzsimmons – Schedule I drugs/manufacture/deliver/sell/possess and possession unlawful drug paraphernalia uses and activities.

drug paraphernalia.

On April 4, Joseph David Pack was arrested on a warrant for failure to appear.

On April 4, Jimmy Leon Stafford was arrested on a warrant for prohibited weapons.

On April 5, Ricky Robert Carr was arrested on warrants for unlawful drug paraphernalia and manufacture/delivery/sale of Schedule I.

On April 5, Coreene Cortnee Fitzsimmons was arrested on warrants for manufacturing/delivery/sale of Schedule I and unlawful drug paraphernalia.

On April 5, Dylan Scott Thompson was arrested on a warrant for violation of probation.

On April 7, Josilyn Linda Hensley was arrested on a warrant for public intoxication.

On April 8, Troy Wendell Tuck was arrested on warrants for unlawful carrying or possession of a weapon and theft of property.



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- City Hall

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Editor's Note: The Jackson County Sheriff's report is obtained from the Jackson County Sheriff's Department and is a matter of public record. The Sentinel appreciates the cooperation from the Jackson County Sheriff's Department is providing the report and we hope the printing of this report helps as a deterrent in criminal activity. All subjects are innocent until proven guilty in a court of law.

Sheriff's Report

On April 1, Timothy Wade Ford was arrested on a warrant for motor vehicle theft.

On April 2, Jennifer Diane Kelley was arrested on warrants for simple possession Schedule II, simple possession Schedule V and three counts of simple possession Schedule IV.

On April 3, Laura Sue Pariso was arrested on warrants for fabricating/tampering with evidence, simple possession/casual exchange and unlawful

A Week In Jackson County History

April 9, 1970

Court Approves School Funds

New JCHS Gym Up For Bids

The regular session of the Jackson County Quarterly Court met Monday, April 6, with Judge Vernon Carver presiding.

The primary item of business acted upon by the magistrates was the approval of a \$783,791 school budget for the 1970-71 school year. Of this sum, \$595,000 is designated for a school bond issue to complete the new Jackson County High School complex. The funds will

be used to construct a gymnasium and auditorium.

Still Seized at Union Hill

A moonshine still was seized Sunday morning, April 5, in the Union Hill section of Clay County by Rudolph Pardini and Harold Burks, Federal Alcoholic and Tobacco agents, and Joe Cummings and Charles Carter, Tennessee Alcoholic Beverage agents.

Lewis Garth Anderson, 34, Route 1, Whitleyville, was charged with possessing and operating an unregistered still, ac-

cording to the authorities. Children Will Attend School Saturday, April 11

Supt. Ed Meadows Smith announced Tuesday that school will be in session Saturday, April 11 until 1 p.m. For the purpose of making up lost days earlier this year due to inclement weather.

Dycus Super Market

Pork Roast \$0.55 a pound.

Eggs large dozen \$0.49.

Oranges dozen \$0.25.

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Teacher Celebrates 35 Years



35 Years of Service - Mrs. Cheryl Allen celebrates 35 years of service with the Jackson County High School's Beta Club. Pictured with Mrs. Allen are current and former presidents that served JCHS. JCHS Principal Jason Hardy, who was a Beta president from 1992-1993, JCMS Teacher Toni Bowman, who was Mrs. Allen's first president from 1986-1987, and Kylie Porter, now the current 35th president serving 2020-2021. From 1991-1993 Mrs. Allen served as a Beta State Sponsor helping to put on the state convention and is now a Beta Status Sponsor.

Obituaries



Anderson Upper Cumberland Funeral Home

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www.ucfuneral.com

Tammy Hinson Crockett

Tammy Hinson Crockett, 42, of Gainesboro, passed away April 4 at her residence. Funeral services were held April 9 at **Anderson Upper Cumberland Funeral Home** with Bro. Jimmy Anderson, Bro. Duane Gossett and

Bro. Matthew Scoggins officiating. Interment followed in the John L. Clark Memorial Cemetery.

She was born July 22, 1978 in Cookeville. She was a homemaker and a member of the McCainsville Church of Christ.

She was preceded in death by: father, Douglas

Calvin; and father in law, Bill Crockett.

Surviving relatives include: husband, Jamie Crockett of Gainesboro; daughters, Lauren Crockett and Emma Crockett, both of Gainesboro; brothers, Scottie Hinson and Sheriff Marty (Tammy) Hinson of Hilham; and nieces and nephews other relatives and many friends.

Shirley "Sharon" Lee Hawkins

Shirley "Sharon" Lee Hawkins, 65, of Hilham, passed away April 6 at her residence. Funeral services were held April 10 at

Anderson Upper Cumberland Funeral Home with Tim McHenry officiating.

She was born April 11, 1955 in Jackson County. She worked at Nielsen Manufacturing

for 32 years before her retirement.

She was preceded in death by: parents, Charlie "Greasy" Lee and Mildred Carwile Lee; and brother Gary Lee.

Surviving relatives

Herbert Lee Fox

Herbert Lee Fox better known as Herbie Fox, 49, passed away April 4 at Vanderbilt University Medical Center. Funeral services were held April 8 at **Anderson Upper Cumberland Funeral**

Home with Bro. Jimmy Anderson officiating. Interment followed in the Byers Cemetery.

He was born Dec. 2, 1971 in Cookeville. He was a mental health worker and a member of the Shiloh Church of Christ.

He was preceded in death by: paternal grandparents, Herbert and Frances Fox; and maternal grandparents, Virgil and Addie B. Haney.

Surviving relatives include: wife, Kimberly Fox of Cookeville, sister,

Kitten Season Is Anything But Cute

BEST FRIENDS ANIMAL SOCIETY
special to the *Sentinel*

What may sound cute to the general public causes a shudder every year among animal shelter staff across the country.

"Kitten Season," as it's known in the animal welfare field, starts each spring and lasts through fall. Like the term implies, it's the time of year when un-spayed female cats have most of their litters and animal shelters are inundated by orphaned kittens who need intensive care.

"Cats can become pregnant at just four months old and the duration of feline pregnancy is approximately two months, so un-spayed community cats can have many litters in one season," said Erin Katrice, veterinarian and medical director for Best Friends Animal Society.

So, what can you do to help? The path often starts with leaving outdoor kittens in place, according to Dr. Katrice, even if it seems like they've been abandoned or homeless and should be taken to a shelter right away.

"In most cases, removing the kittens away from where their mother is most likely going to return may end up putting them in even greater danger," she said. "For shelters with already limited resources—such as money, food, space, and staffing—Kitten Season equates to making difficult life or death decisions for these fragile creatures that require 24-hour care. The large population causes an increased risk of illness and stress-induced problems, often making tiny kittens the most at-risk animals for being killed in shelters."

"The best thing to

do for healthy kittens," Katrice explained, "is to leave them with their mother, who is often nearby planning to return and care for her babies."

But watch closely. If mom hasn't returned for 10 to 12 hours or if the kittens appear unhealthy, then it's time to step in. Sick kittens may need veterinary attention right away. But if they are healthy, you can care for the kittens yourself, right from the comfort of your home.

"While caring for neonatal kittens can seem daunting, it is completely doable, and very rewarding. Bestfriends.org offers resources and a video on caring for kittens," Katrice said. "You

can also contact your local shelter, as they may be able to provide training or supplies, especially if you are able to foster the kittens in your home and ultimately, spay or neuter surgery and adoption resources once they are of age to be fixed and find a home."

Helping kittens that are already at shelters is another way to alleviate the stress of kitten season. "Some shelters have kitten nurseries that operate nonstop, including

bottle-feeding every two hours, which requires a lot of people throughout the day and night. Volunteers can help by feeding, preparing food, doing laundry and cleaning cages," Katrice said.

"Fostering is also extremely helpful, as kittens can get even better individualized care in a home environment."

Kitten fosters can make a short-term commitment that may range from just a week or two to a month or two, depending on the age of the kittens and the foster's schedule. Fosters care for the kittens in the comfort of their own homes. Education, supplies and vet

veterinary care are provided by the shelter or rescue, while fosters provide love and attention.

"The goal with neonatal kittens is to get them to about six to eight weeks of age, so they can be spayed or neutered and adopted out," Katrice said. "We have fosters that will care for several litters during a season and others who help out with single kittens. Either way, it all adds up to saving as many lives as possible. Any contribution, no matter the size, is meaningful."

Here are some other ways to help cats and kittens in your community:

Spay or neuter your pets and encourage your friends and family to do the same.

Choose to adopt a cat or kitten from a shelter or rescue group.

Support local efforts to Trap/Neuter/Return community cats.

Share about kittens in need on your social media channels and encourage followers to help.

For more information, visit www.bestfriends.org.

About Best Friends Animal Society

Best Friends Animal Society is a leading animal welfare organization working to end the killing of dogs and cats in America's shelters by 2025. Founded in 1984, Best Friends is a pioneer in the no-kill movement and has helped reduce the number of animals killed in shelters from an estimated 17 million per year to around 625,000. Best Friends runs lifesaving programs all across the country, as well as the nation's largest no-kill animal sanctuary.

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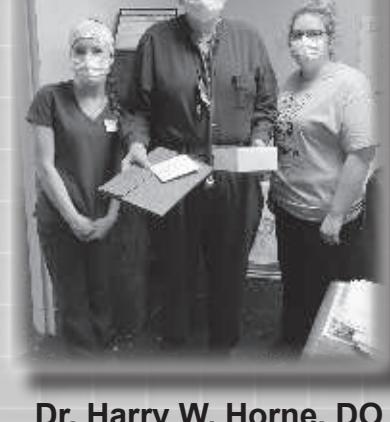
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Pictured with the
doctors and NPs
are: Brittney Hix, RN/
Director of Nursing and
Elizabeth Key, RN/Asst.
Director of Nursing.

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HEALTH & REHABILITATION

Parents Can Exercise Caution With Youth-Based Social Apps

Internet access is no longer limited to desktop or laptop computers. World Advertising Research Center, using data from mobile trade body GSMA, says almost three-quarters of internet users, or roughly 3.7 billion people, will access the internet exclusively via smartphones by 2025.

Young people are one of the largest demographics utilizing smartphones today. A Common Sense Media survey says just over half of children in the United States now own a smartphone by the age of 11. In addition, 84 percent of teenagers have their own phones.

Most youth grew up with the internet, and they have embraced a variety of apps, particularly social media apps, that connect them to the world.

TikTok

This app (formerly Musical.ly) is designed for creating and sharing short videos, notably music videos. Users are urged to express their creativity, and special effects can be added. While minimum age for use is 13, there is no real way to validate users' ages so anyone can download the app. Parents say the vid-

eos are plagued by inappropriate language and content, including pornographic material. Also, some have warned that when sexual predators are identified, the app is slow to flag and remove these users.

Kik

This is a cross-platform messaging app that enables users to chat anonymously without the need for phone service. Users also can share most digital media and video chat with one another. Forbes reports that Kik has had issues with child exploitation and sexual harassment.

Tellonym

The web resource Family Education says this messenger app allows kids to ask and answer questions anonymously, purporting to be the "most honest place on

the internet." Cyber bullying and violent threats are common, according to watchdog groups.

MeetMe

warning is that Bigo has a lot of mature content and predatory commentary.

Yolo

Yolo is an easy add-on for Snapchat, which also is a popular app among children. Yolo lets users ask anonymous questions and receive feedback.

The anonymity of commentary can be a recipe for bullying, trolling and hurt feelings.

Parents can safeguard their children by monitoring internet access and understanding popular apps used by today's youth.



Youth Based Apps – A Common Sense Media survey says just over half of children in the United States now own a smartphone by the age of 11



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METHODIST CHURCH

FAIRVIEW FREE
METHODIST CHURCH

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UNITED METHODIST

GRANVILLE UNITED
METHODIST CHURCH

MOUNT UNION UNITED
METHODIST CHURCH

OTHER

WARTRACE COMMUNITY
CHURCH

MOUNTAIN CHAPEL
MINISTRY

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POSTON'S COMMUNITY
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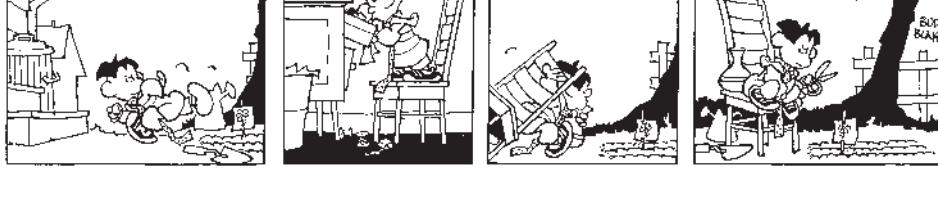
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TIGER

HOROSCOPES

ARIES**Mar 21/Apr 20**

Aries, if you feel like every day is the same thing, then figure out a way to add some spark to the week. Invite friends for an adventure or embrace a new hobby.

TAURUS**Apr 21/May 21**

Taurus, find ways to entertain your family and yourself without breaking the bank. Recreational centers and parks are often free and have many possibilities.

GEMINI**May 22/Jun 21**

Gemini, explore more creative pursuits in the days to come. You can find many great ideas and starter kits for arts and crafts projects at your local craft store.

CANCER**Jun 22/Jul 22**

Cancer, don't pressure yourself into taking on more than you can handle. Even though you may feel up to the challenge, there's no shame in accepting help.

SCORPIO**Oct 24/Nov 22**

Scorpio, when another person confides in you, it is up to you to keep his or her secret, unless you believe doing so would be harmful to that person. Maintain your trustworthiness.

LIBRA**Sept 23/Oct 23**

Financial uncertainty has you rethinking things this week, Libra. Just be sure you are not being pennywise but dollar foolish. Make cuts across the board.

thy reputation.

SAGITTARIUS**Nov 23/Dec 21**

Sagittarius, don't rush ahead on a project, even if you think you are ready to move forward. Give it a few more days of careful consideration before diving right in.

CAPRICORN**Dec 22/Jan 20**

Capricorn, as tedious as research can be, it is ultimately necessary if you are planning a big move or a change in your financial situation. Seek professional advice, if necessary.

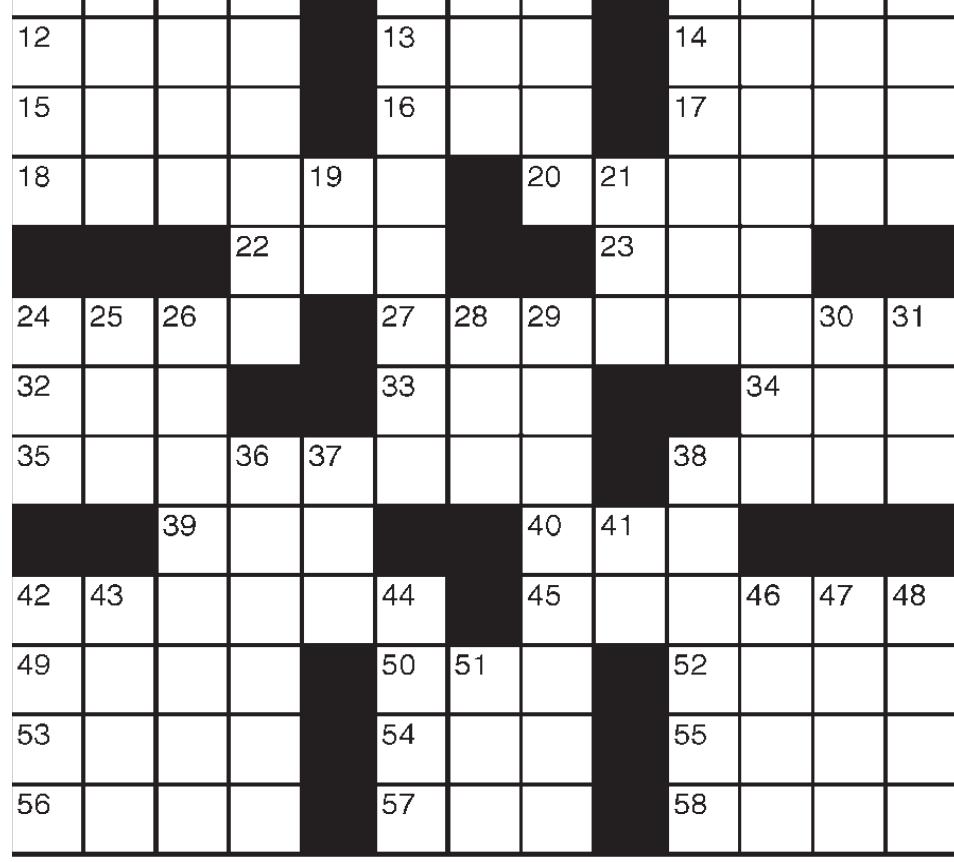
AQUARIUS**Jan 21/Feb 18**

Aquarius, some details are still up in the air about a potential trip or adventure. But that doesn't mean you can't get excited about the prospects.

PISCES**Feb 19/Mar 20**

Pisces, if you are being too critical of yourself, change your way of thinking. Others do not view you in the same manner.

CROSSWORD

**ACROSS**

- 1 Repast
- 5 "Ben--"
- 8 Lawman Wyatt
- 12 "Frozen" snow queen
- 13 "Right you--!"
- 14 Computer brand
- 15 Slightly
- 16 Actress Long
- 17 Hindu royal
- 18 Tidy up
- 20 Toto, to Dorothy
- 22 Peyton's barother
- 23 Commonest English word
- 24 Easter entrees
- 27 Vinegar variety
- 32 X-ray's cousin
- 33 Chopper
- 34 Hostel
- 35 "Becoming" author Obama
- 38 Read quickly
- 39 Knock
- 40 Wildebeest

42 "Yippee!"

45 Held up

49 "Mamma Mia" group

50 Gardner of Hollywood

52 Actress Kate

53 Fibs

54 Diarist Anais

55 Footnote abbr.

56 Minus

57 Young fox

58 Till bills

DOWN

1 Intend

2 North Sea feeder

3 Largest continent

4 Coffee bar orders

5 Carthaginian general

6 Swiss canton

7 Harvest

8 Sultry singer Kitt

9 Campus figure

10 Gambling mecca

11 Bluenose

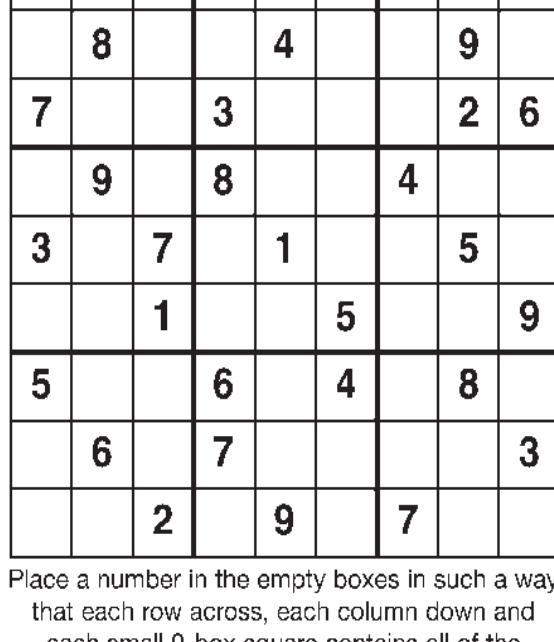
12 Chicago transport

ANSWER

Weekly SUDOKU

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

- ♦ Moderate
- ♦♦ Challenging
- ♦♦♦ HOO BOY!

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Even Exchange

Answers

Even Exchange

Points Of View

An April Reminder for Men: Testicular Self-Exams Matter

UT MEDICAL CENTER
special to the *Sentinel*

April begins with April Fools' Day, but it is also a month in which we are reminded that testicular cancer is no laughing matter. April is Testicular Cancer Awareness Month, a time to educate the public about this type of cancer, which is most common in men ages 15 to 35. According to the American Cancer Society (ACS), approximately 440 men are expected to die in 2021 from the disease which, if caught early, has a nearly 100% cure rate.

While those numbers may sound low, the reality is that one in 250 men will be diagnosed with the cancer in their lifetime. Dr. Wesley White, a urologic oncologist at The University of Tennessee Medical Center, explains the risk factors as well as how and why men need to take their health in their hands, quite literally.

"Due to the treatments we have today, a man's

lifetime risk of dying from the cancer is very low, at about 1 in 5,000," said White. "But, early detection makes a world of difference. If it's belatedly caught and the cancer has metastasized, the five-year survival rate drops from 99% to 71%."

White men have the highest risk of developing the cancer, with the other major risk factor being men who have an undescended testicle, reports the ACS, which notes the average age of diagnosis is 33.

But, because the risk for testicular cancer begins in adolescence, White says it is important for young men to begin conducting regular self-exams once puberty hits. In fact, it is usually men, not their doctors, who discover the presence of cancer in the first place.

According to White, the most common symptoms are swelling or discomfort in the scrotum or a painless lump in the testicles.

"Note the word pain-

less," said White. "When the cancer is caught early there is generally no pain or feelings of illness."

Still, it is good to know what other symptoms can be present. White lists these: an enlargement or loss of size of one of the testicles; a dull ache in the lower abdomen, back, or groin; fluid in the scrotum; or swollen or tender breasts. If the cancer spreads to other major organs, headaches and pain in the back, belly, or lungs are possible.

"Know thyself" definitely applies here," said White. "It is normal for testicles to be slightly different sizes, or for one to hang lower than the other. Being familiar with their current appearance will help you notice if something changes."

But, the most tried-and-true way to detect the possibility of testicular cancer is through a monthly self-exam, which White recommends doing during or after a shower or bath, as the warm water helps relax the scro-

tum. Cup one testicle in both hands and roll it between your thumbs and middle fingers firmly but gently.

"There are two main goals," said White. "To feel for lumps and to notice any changes in size, shape, or consistency as compared to the previous month."

The self-exam should not feel painful. If it does, White recommends contacting your physician.

For reliable information on taking care of your health or a loved one's health, contact UT Medical Center's Health Information Center at 865.305.9525 or online at www.utmedicalcenter.org/hic. Staffed by medical librarians and certified health information specialists, the Health Information Center offers an extensive health library, digital and printed resources, walk-in assistance, and help with the research on specific health conditions – all free of charge and available to the public.

Why Such A Long Wait For Copies Of Records?

**VETERANS
★ POST ★**

by Freddy Groves

actions where getting medal replacements for an elderly, ill veteran might well be considered an emergency if that veteran wants to see his medals one last time, and tell stories and maybe give them in person to a grandchild.

If you've been waiting for copies of military records so you can apply for benefits from the Department of Veterans Affairs, you've likely been waiting for a long time. Unfortunately, your wait might continue, depending on the reason for your request.

Due to COVID, the National Personnel Records Center is closed, with a 10% staffing level and a backlog of half a million records requests. Most of the 60 million older records are on paper, so they must be accessed and touched by humans. The only exceptions are emergencies: burials, medical treatments or homeless veterans who are trying to get into a homeless shelter.

It could be much worse: In 1973, up to 18 million files were destroyed in a fire at the St. Louis record center. Plus, VA had loaned the NPPC millions of records, which also went up in smoke.

For anything else, the NPPC is specifically requesting that you don't ask for records. If it's records research, corrections to records or replacement medals, it's not an emergency... at least for the NPPC.

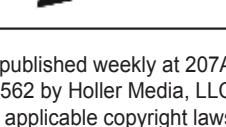
I can foresee situ-

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Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

The First Amendment to the Constitution

Jackson County Sentinel



USPS 271-900

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Deadlines

News Copy	4 p.m. on Fridays
Classifieds	4 p.m. on Fridays
Display Advertising	4 p.m. on Fridays

All advertising space contracted for must be used.

Adam Johnson
Publisher

Second Class Postage Paid At Gainesboro, Tennessee 38562, Under An Act Of Congress March 3, 1879.
POSTMASTER: Send address changes to Jackson County Sentinel, P.O. Box 37, Gainesboro, TN 38562.

Americanisms



"A stumbling block to the pessimist is a stepping-stone to the optimist."
— Eleanor Roosevelt

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Your Elected Officials

Gainesboro Aldermen

Ricky Head
268-9315

Travis Agee
268-9315

Wayne Strong
268-9315

Lloyd Williams - Mayor
268-9315

Jackson County Commissioners

Josh Denson

268-1521

Troy York

704-2183

Brian Lee

268-9454

Darrell Church

265-4137

Shelby Fox

268-9047

Gary Garrison

261-3270

Paul Ballard

858-8119

Thomas Wilmoth

252-9633

Doh Chinoy

261-0575

Josh Locke

267-9588

Richard Head

268-8253

Anthony Buck

268-2825

Jackson County School Board Members

Kristy Brown, Superintendent

268-0119

Amanda Taylor

268-0119

Kim Denson

268-0119

Mark Allen

268-0119

Marty Woolbright

268-0119

Mark Brown, Chairman

268-0119

Mitchelle Hix

268-0119

Representatives

John Rose

1232 Longworth HOB

Washington, DC 20515

Phone: (202) 225-4231

Bill Hagerty

B11 Russell Senate Office Building

Washington DC 20510

Phone: (202) 224-4944

Marsha Blackburn

B40B Dirksen Senate Office Building

Washington, DC 20510

Phone: (202) 224-3344

Chris Carter
268-2305

Douglas D. Stafford
268-3171

Joey Denson
397-9440

Jim Morgan
268-0866

Glenda Mayberry
678-4754

Ricky Head
268-9315

Travis Agee
268-9315

Wayne Strong
268-9315

Lloyd Williams - Mayor
268-9315

John Mark Windle
24 Legislative Plaza

Nashville, TN 37243

Phone: (615) 741-3978

Paul Bailey
304 War Memorial Building

Nashville, TN 37243

Phone: (615) 741-3978

Lifestyles

RECIPES of the WEEK

Sentinel

Mayonnaise Cake

1 package (17 1/2 oz.) Pillsbury Fudge Cake Mix
 1 1/2 cups water
 2 eggs
 1/2 cup mayonnaise

Generously grease and lightly flour 13 x 9 inch pan. In large mixing bowl combine cake mix, water, eggs and mayonnaise. Blend and beat as directed on package. Pour into prepared pan. Bake at 350 degrees for 25-35 minutes or until toothpick inserted in center comes out clean.

Susie Grant

Italian Shrimp and Rice Salad

1-8 teaspoon garlic powder
 1/2 teaspoon salt
 1/4 teaspoon pepper
 1/2 cup bottled Italian style dressing
 1/2 teaspoon leaf basil (crumbled or dried)
 2 tablespoon chili sauce
 2 cups diced, cleaned and cooked shrimp
 3 cups chilled cooked rice
 1/8 cup coarsely grated or fine sliced raw cauliflower
 1/2 cup sliced, pitted, ripe olives
 1-3 cup thinly sliced green onions
 Crisp chicory or romaine
 1 firm ripe tomato, cut in wedges
 1 tablespoons grated Parmesan cheese

Blend garlic powder, salt, pepper, dressing, basil and chili sauce in small bowl. Combine shrimp, rice, cauliflower, olives, and green onions in large bowl. Pour dressing mixture over shrimp mixture. Toss well. Serve in salad bowl lined with green garnish and tomato wedges. Sprinkle with Parmesan cheese.

Susie Grant

Spinach and Strawberry Salad

1 pound strawberries, hulled and sliced
 3 tablespoon lime juice
 2 teaspoon honey
 1 teaspoon olive oil
 Salt and pepper
 1 container (12-ounce) baby spinach
 10 ounce (2 cups) chicken breast meat, coarsely shredded
 3/4 cup walnuts, toasted and coarsely chopped

1. In blender, puree 3/4 cup strawberries with lime juice, honey, oil, 1/4 teaspoon salt and 1/8 teaspoon freshly ground black pepper. Transfer dressing to large serving bowl.

2. To bowl with dressing, add spinach, chicken and remaining strawberries; toss to coat. Sprinkle salad with walnuts to serve. Serves 6.

* Each serving: About 220 calories, 13g total fat (2g saturated), 40mg cholesterol, 220mg sodium, 10g total carbohydrate, 8g dietary fiber, 19g protein.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/food-recipes/.

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Congressman Rose Accepting Art Competition Submissions

U.S. Representative John Rose (TN-6) announced he will start accepting submissions for the 2021 Congressional Art Competition. Each spring, the House of Representatives and the Congressional Institute sponsor a nationwide high school arts competition as an opportunity for high school students residing in the Sixth Congressional District of Tennessee to showcase their talents.

"It is my honor to invite and encourage students throughout the Sixth Congressional District to share their artistic creations by participating in the annual Congressional Art Competition, where the winning entry will be proudly displayed at the U.S. Capitol. I'm continually amazed by the remarkable talents of these young artists, and I'm positive this year will be no different," said Representative Rose.

High school students residing in Tennessee's Sixth Congressional District are eligible to enter. All submissions must be original in concept, design and execution and may not violate any U.S. copyright laws. Artwork entered in the contest may be up to 26 inches by 26 inches, may be up to 4 inches in depth, and not weigh more than 15 pounds. If the artwork is selected as the winning piece, it must arrive framed and must still measure no larger than the above maximum dimensions.

Accepted mediums for

the two-dimensional artwork are as follows:

Paintings - including oil, acrylics, and watercolor.

Drawings - including pastels, colored pencil, pencil, charcoal, ink, and markers (It is recommended that charcoal and pastel drawings be fixed.)

Collages - must be two dimensional.

Prints - including lithographs, silkscreen, and block prints.

Mixed Media - use of more than two mediums such as pencil, ink, watercolor, etc.

Computer-generated art.

Photography.

Artwork submissions are due to one of Representative Rose's district offices (Gallatin or

Cookeville) by close of business on April 23. For complete details about requirements, please click here.

U.S. Representative John Rose is currently serving his second term representing Tennessee's Sixth Congressional

District and resides in Trousdale, White, and Cookeville with his wife, Chelsea, and their son, Guy. The Sixth District includes Cannon, Clay, Coffee, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Robertson, Smith, Sumner, District and resides in Trousdale, White, and Cookeville with his wife, Chelsea, and their son, Guy. The Sixth District includes Cannon, Clay, Coffee, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Robertson, Smith, Sumner, and Wilson counties as well as portions of Cheatham and Van Buren counties. Representative Rose is an eighth-generation farmer, small business owner, and currently serves on the Financial Services Committee.

Weddings



Birthdays



Share Your Life Events With Sentinel Readers

Engagements, Weddings, Birthdays, and Baby Announcements are no charge.

JACKSON COUNTY
SENTINEL

Deadline: 4 p.m. Friday prior to following week's edition. Email jcsentinel@twinkles.net or bring by the office at 211 S. Main St., Gainesboro.

Baby Announcements



Submissions - High school students residing in Tennessee's Sixth Congressional District are eligible to enter. All submissions must be original in concept, design and execution and may not violate any U.S. copyright laws.

Sports

Blue Devils Battle Wildcats



SENTINEL Photos / Matthew Stafford

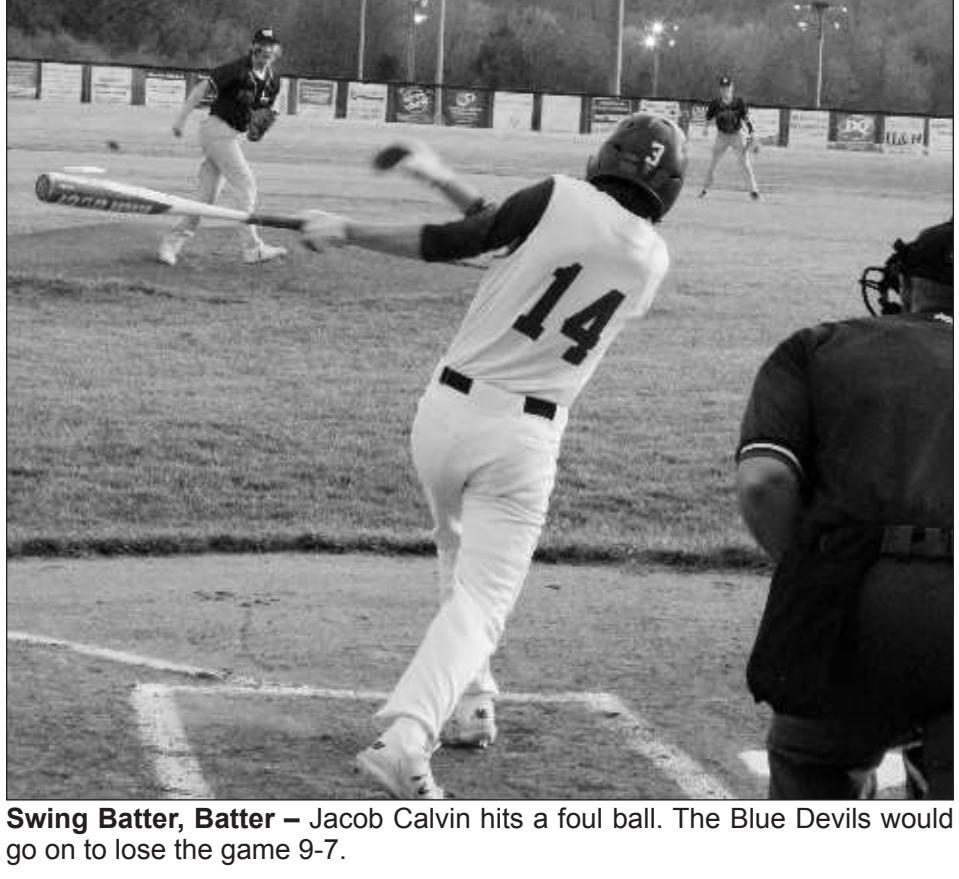
Try To Hit This – Grayson Smith puts all he has in a pitch to the Wildcat batter.



Here I Go – A Wildcat runner tries to steal another base.



Run – Grayson Smith runs to a base after a hit.



Swing Batter, Batter – Jacob Calvin hits a foul ball. The Blue Devils would go on to lose the game 9-7.

Lady Devils Battle Bulldogs



You Ready For This – Rachel Harris gets ready to pitch the ball.



Here I Come – Olivia Scott runs to a base after a hit.

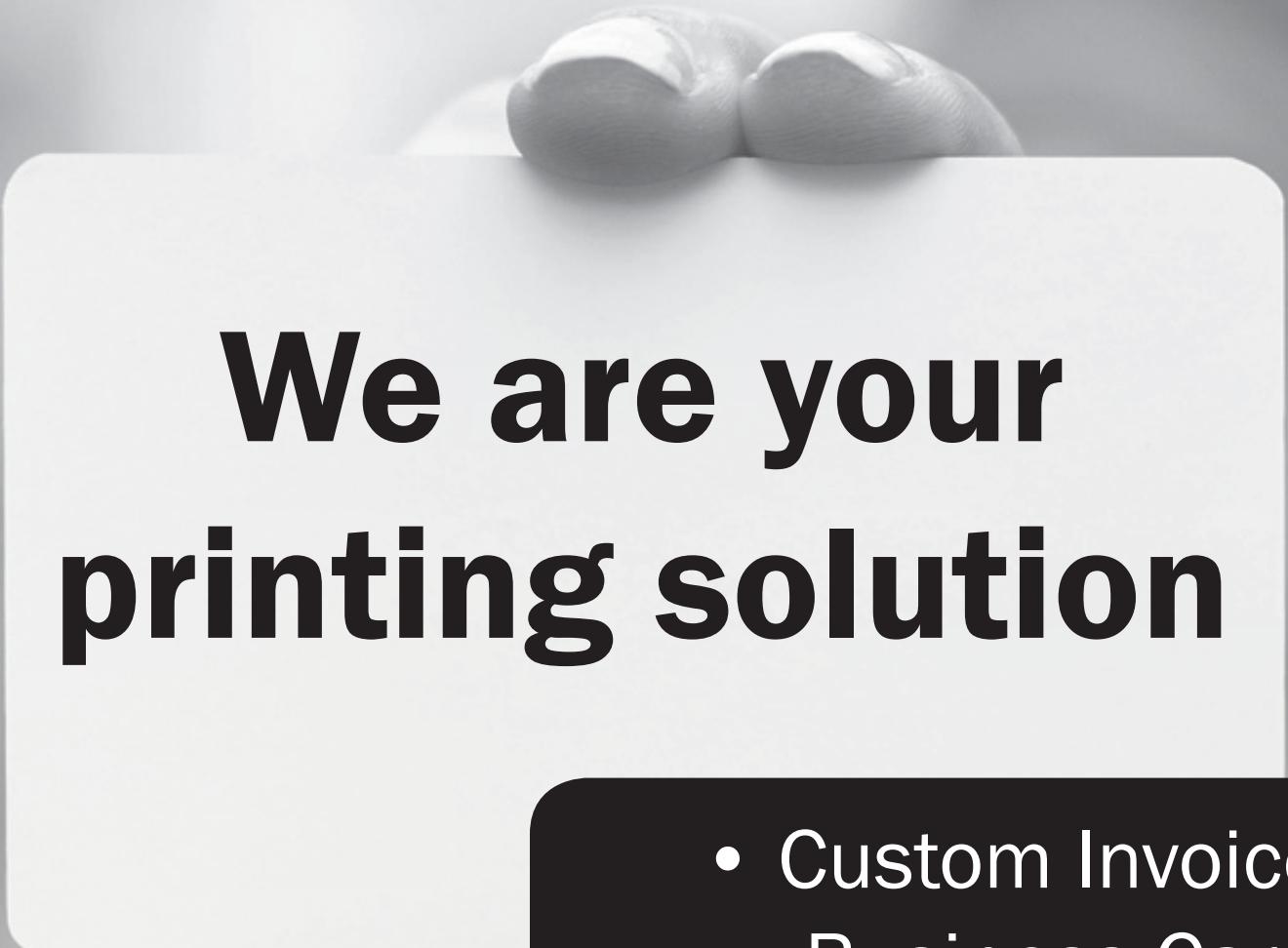
SCORE BOX

Baseball	
April 5 JC @ Monterey L	16 - 1
April 9 JC vs. York L	13 - 1
April 10 JC vs. Smith Co. L	6 - 2
Soccer	
April 8 JC @ Watertown T	2 - 2



I'm Going To Hit It – Rebecca Harris gets ready to swing at the ball. The girls would go on to lose 7-3.

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Website: www.poindexerrealty.com
Email: poindexerrealty@comcast.net

CD967 - HIGHWAY 56



In a great location, we have 1.16 acres improved with a large concrete slab and a paved driveway and parking area. This property was used as a market and garage in the past. There is a small portable bank building on site, along with a septic system and water tap. Natural gas is available. This would be a great place for a business. Priced at only \$50,000.00. MLS # 1817603

CDP155 - CARL DIXON LANE



Offering a seasonal lake view and the lake just across the road, we have this nice three-bedroom, two-bath brick home with a new metal roof and really nice kitchen with granite counter tops and stainless steel appliances. Other amenities are a two-car garage, 28x48 barn, and a large front deck overlooking the Corp property where you can sit and watch the various wildlife. This home is priced at \$274,900.00.

CDP193 - EAST FORK ROAD



We have a choice one-acre lot close to Cordell Hull Lake. You can have a singlewide home, cabin, or camper. Yours for only \$15,900.00.

CDP194 - EAST FORK ROAD



Having a drive already installed, this one-acre lot is level with long road frontage. Mobile homes allowed. A deal at \$16,900.00.

CDP152 - WEBSTER ROAD



Convenient to Cordell Hull Lake and Indian Creek Campground, we have approx. 84 acres +/- with long road frontage. This property is mostly wooded and offers bench and ridge fields that are grown up currently but can be cleared back out. City water and electric is available and wildlife is plentiful. Priced to sell at \$141,000.00.

CDP190 - SMITH BEND LANE



Within walking distance of Cordell Hull Lake we are offering 1.11 acres of pasture. This lot has long road frontage, creek frontage and is septic approved. This would be a great lot for camping or fishing. Priced at only \$17,500.00.

STATE OF TENNESSEE PROBATE COURT OF JACKSON COUNTY AT GAINESBORO NOTICE TO CREDITORS

ESTATE OF: Ralph Goolsby

Notice is hereby given that on the 9th day of April, 2021, Letter of Testamentary, in respect to the estate of Ralph Goolsby, deceased, who died September 22, 2020 were issued to the undersigned by the Probate Court of Jackson County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file same with the Clerk of the above named Court at the Jackson County Court House, P.O. Box 342, Gainesboro, TN 38562 within the earlier of four (4) months from the date of the first publication of this notice, or twelve (12) months from the decedent's date of death, otherwise their claims will be forever barred.

This the 9th day of April, 2021.

Mary Lou Goolsby,
Personal Representative
Sherrie Pippin-
Loftis, Clerk and Master
Lynda Patterson,
Attorney for Estate
4-13. 4-20 2TP

HELP WANTED

HELP WANTED: Ansei America is accepting applications for the following position: 1st shift Assembly position, starting \$9.50 an hour, 2nd shift

Assembly position, starting \$9.65 an hour. Hourly pay rate will increase after 90 day probation. Health Insurance, paid holiday's, sick, vacation after a 90 day probation. All applicants must provide a High School Diploma or GED upon submitting your application. Please submit applications Monday thru Friday 8 a.m. – 2 p.m. at 1659 North Grundy Quarles Hwy, Gainesboro, TN 8-13, TFC

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STATEWIDE
QUINTIN SMITH FAMILY Angus Sale 1:00 PM, Sunday, April 25, 2021 At the Horn
LAND & LOTSESTATE

PUBLIC NOTICE**SELLING TO HIGHEST BIDDER**

Climate Control Storage of Gainesboro will be selling to highest bidder the contents of the following Tenant's leased space to satisfy the owners liens.

Please mail bids to **CC Storage of Gainesboro 2584 Hwy 833 Monticello, Ky. 42633** by the **19th of April 2021**.

Unit #1 size 7x10 David A. Martin located at 699 Grundy Quarles Hwy Gainesboro, Tn. 38562

PUBLIC NOTICE

**JACKSON COUNTY, TENNESSEE
2019 ARC WATER LINE EXTENSION PROJECT
ADVERTISEMENT FOR BIDS**

Sealed Bids for the construction of the **2019 ARC Water Line Extension Project** will be received, by **Jackson County**, at the office of the **Mayor, Randy Heady**, located at **101 N Main St., Gainesboro, TN, 38562** until **10:00 a.m.** local time on **May 5th, 2021**, at which time the Bids received will be publicly opened and read. The Project consists of the installation of approximately 17,860 linear feet of 4-inch diameter and 8,070 linear feet of 2-inch diameter PVC, SDR 21, Class 200 water line and appurtenances along Mate Allen Rd., Sneed Hollow Rd., and Sycamore Hollow Ln. Work will also include erosion control, fertilizing, seeding, and mulching.

The Issuing Office for the Bidding Documents is: Mid-Tenn Engineering Company, 648 Highway 52 Bypass W. Lafayette, Tennessee 37083, Direct questions to Evan White, Project Engineer, Phone: 615-666-2385, or Email: ewhite@midtennengineering.com. Prospective Bidders may examine the Bidding Documents at the Issuing Office on Mondays through Fridays between the hours of 8:00 a.m. – 5:00 p.m., and may obtain copies of the Bidding Documents from the Issuing Office as described below.

Bidding Documents may be obtained from the Issuing Office indicated above. Bidding Documents are available as portable document format (PDF) files for a non-refundable charge of **\$50.00**. Alternatively, printed Bidding Documents may be obtained from the Issuing Office, either in-person or through the mail, upon receipt of payment. The non-refundable charge for printed Bidding Documents is **\$150.00 per set, made payable to "Mid-Tenn Engineering Company"**. Upon receipt of payment by the Issuing Office, printed Bidding Documents will be sent via the prospective Bidder's mail carrier of choice, with shipping charges dependent upon the chosen method. Date of Bidding Documents transmittal by the Issuing Office will be considered as the prospective Bidder's date of receipt thereof. Partial sets of Bidding Documents will not be available from the Issuing Office. Neither Owner nor Engineer will be responsible for full or partial sets of Bidding Documents, including Addenda if any, obtained from sources other than the Issuing Office.

Bid security shall be furnished in accordance with the Instructions to Bidders.

Owner: **Jackson County**
By: **Honorable Randy Heady**
Title: **Mayor**
Date: **April 1, 2021**

PUBLIC NOTICE

NOTICE OF MEETING OF THE LEGISLATIVE BODY OF JACKSON COUNTY, TENNESSEE

Notice is hereby given that the Legislative Body of Jackson County, Tennessee, will meet in regular public session **Monday, April 19th, 2021 7:00 p.m.** for the purpose of considering and transacting all business which may come before such body.

Additional information concerning the above may be obtained from the **County Mayor's office (931) 268-9888**.

PUBLIC NOTICE

NOTICE TO CUSTOMERS OF BANGHAM UTILITY DISTRICT OF PUTNAM AND JACKSON COUNTIES TENNESSEE

A vacancy will occur on the Board of Commissioners of Bangham Utility District of Putnam and Jackson Counties Tennessee due to the expiration of term of a current member of the Board. The Board plans to certify a list of three nominees to the County Mayor to fill this vacancy at its regular meeting on **April 21, 2021**.

All nominees must be residents of Jackson County and a customer of the Bangham Utility District. A customer may submit a name for consideration to the board for the list of nominees.

To be considered the name must be received no later than **10:00am on April 21, 2021** by mail or hand delivered to the attention of the Board of Commissioners of the District. Submit nominees to the District office address at **3694 Hilham Rd, Cookeville TN 38506**.

Qualifications established by the board for nominees are available upon request from the District office at phone number 526-1455.

UT Business Project For Farmers Among The Nation's Best

A project led by the University of Tennessee Center for Profitable Agriculture's Megan Bruch Leffew and Hal Pepper has received two awards for excellence in risk management education. The project was recently named one of three 2020 Southern Risk Management Education Center (SRMEC) Projects of Excellence and was also awarded the 2021 Extension Risk Management Education Center (ERME's) Outstanding

ERME Project for the Southern Region.

The Business Planning and Online Marketing Education for Tennessee Farmers project provided educational opportunities to help participants manage financial and marketing risk by developing business plans and implementing cost-effective online marketing strategies. The project targeted Tennessee farmers involved in value-added, direct marketing and agritourism

enterprises. Funding for the project was provided through a USDA National Institute of Food and Agriculture grant administered through the Southern Risk Management Education Center.

The SRMEC's Advisory Council convenes each summer to evaluate the top three projects from the Center's recent round of completed projects. The council ranks the projects by evaluating four factors :the importance of outcomes; audi-

ences reached; realized and potential impacts and quality and value of project communications.

The selected Projects of Excellence provided outstanding educational and promotional mate-

rials, innovative use of technology to deliver programming, exceptional evaluation results, and collaborations across disciplines and regions. The goal is to promote exemplary scholarship and the Extension Risk Management Education program.

Center Director Ron Rainey noted, "Our projects of excellence demonstrate the types of aligned outreach activities that empower producers to manage risk on their farms. These outstanding projects have transparently developed, delivered, and evaluated farmer trainings with documented impacts and success stories."

The ERME Outstanding Project award was established by the ERME centers to recognize an outstanding project from each of the four regions across the country each year.

Megan Bruch Leffew, project director, along with representatives of the other award-winning projects, were invited to make brief presentations at the Virtual 2021 Southern Agricultural Economics Association Annual Conference in February and the Virtual 2021 Extension Risk Management Education National Conference in late March. The project team and major collaborators included:

Megan Bruch Leffew, project director, UT Extension, Center for Profitable Agriculture; Hal Pepper, project co-director, UT Extension, Center for Profitable Agriculture; Adam Hopkins, team member, formerly area farm management specialist with UT Extension, Eastern Region, now with UT Extension Sevier County Les Humpal, team member, UT Extension, Central Region, Area Farm Management Specialist Danny Morris, team member, formerly area farm management specialist with UT Extension, Western Region, now with UT Martin Department of Agricultural Economics; David Yates, team member, UT Extension, Eastern Region, Area IT Specialist; Jade Clark, AgLaunch Initiative; Pete Nelson, AgLaunch Initiative; Joey Mehlhorn, UT Martin Department of Agricultural Economics; Ross Pruitt, UT Martin Department of Agricultural Economics; Rachna Tewari, UT Martin Department of Agricultural Economics.

April is National Safe Digging Month

811 before you dig.

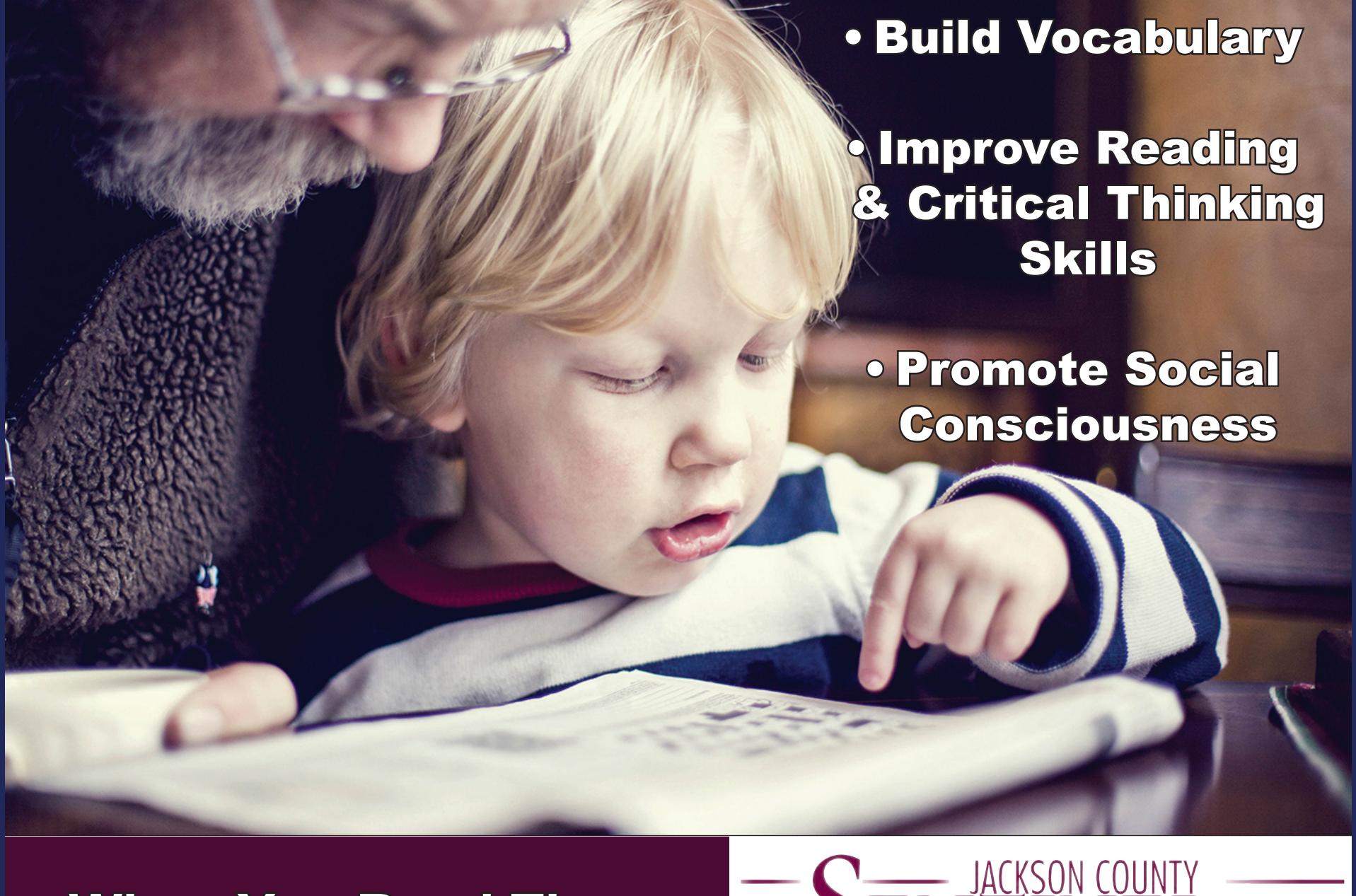
Call 811 or click TN811.com

Spring is here. Outdoor digging projects abound. Always remember to notify 811 beforehand to protect underground utilities and keep your family safe. For more information visit www.mtnaturalgas.com.



Marketing Program – Pick your own strawberry patches are popular and among the numerous agritourism venues targeted by the UT Extension project "Business Planning and Online Marketing Education for Tennessee Farmers."

Discover Something New *Together*



**When You Read The
Newspaper *Together*,
You Learn *Together***

JACKSON COUNTY
SENTINEL

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