

COLUMNS

February 2024 | VOL. 52 NO. 2



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Randy Larson
Robert Taber, Jr.

2nd Year

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3rd Year

Thomas Mead

Officers

Thomas Mead, *President*
Doug Bacon, *Vice President*
Randy Larson, *Secretary*
Robert Taber, *Treasurer*

BOD Meeting:
Feb. 22, 2024, 6 p.m.

BOD Committee Workshop:
Feb. 8, 2024, 9:30 a.m.
Both meetings in Ballroom



COMMITTEE DIRECTORY

Committee	Frequency/Day	Time	Location
Airport	Feb. 8	8 a.m.	CH Conference Room
Appeals	Feb. 13	10 a.m.	S&S Conference Room
ACC	Feb. 1 & Feb 15	2 p.m.	S&S Conference Room
Bylaws	Feb. 12	1 p.m.	CH Conference Room
Communications	Feb. 12	10 a.m.	CH Conference Room
Entertainment	Feb. 7	2 p.m.	CH Conference Room
Finance	Feb. 14	3:30 p.m.	CH Conference Room
Golf	Feb. 7	8:30 a.m.	CH Conference Room
Horse Owners	Feb. 6	5 p.m.	CH Conference Room
Infrastructure	Feb. 6	9 a.m.	CH Conference Room
LRP	Feb. 19	1:30 p.m.	CH Conference Room
Marina	Feb. 14	3 p.m.	CH Bluebonnet Room
Safety & Security	Feb. 20	9:30 a.m.	S&S Conference Room
Sports & Rec (Grounds)	Feb. 6	1 p.m.	PAC
Wildlife	Feb. 9	8:30 a.m.	CH Conference Room

MEETINGS ARE OPEN. PLEASE CHECK WWW.PPOAWEB.COM OR CALL THE CLUBHOUSE FOR LATEST INFORMATION BEFORE ATTENDING A MEETING.

New Member Orientation

10 a.m. in the Terrace Room

To register for New Member Orientation, please contact Sarah Lord, Pecan Member Representative at sarahlord@ppoaweb.com or 817-573-2641 Ext. 335.

FEBRUARY

Saturday, February 3
Tuesday, February 20

MARCH

Saturday, March 2
Tuesday, March 19

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Controller	Kristi Nickel	kristi@ppoaweb.com	333
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Marina and Procurement Manager	Blake Sanders	blakes@ppoaweb.com	323
Operations Manager	Daniel Van Patten	daniel@ppoaweb.com	342
Security Director	Harold Aydelott	harold@ppoaweb.com	341
Sports & Recreation Manager	Joi Keahey	joi@ppoaweb.com	361
Tennis Pro	John H. Ingram III	johni@ppoaweb.com	817-579-9412

DEPARTMENT DIRECTORY

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Fire/EMS	817-573-1643
Code Enforcement/ACC	817-573-0594
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Back Gate	817-573-6561
Security Office	817-408-3511
Golf Pro Shop	817-573-2645
Tennis Shoppe	817-579-9412
19th Hole-2-Go	682-498-6319
PAC	817-573-7952
Marina	817-573-3201

GATE ACCESS

Please call the gate or use the ABDI app to put guests on the list before arrival - Security 817-408-3511.

Member tags and contractor decals issued at Security office Mon-Fri, 9 a.m. - 5 p.m.; and first Sat. of each month, 9 a.m. - 1 p.m. Member tags require registration, title or bill of sale, driver license and proof of insurance. Contractor decals require registration, driver license, proof of insurance.



PECAN
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ABOUT US



P.O. Box 879
1501 South Morgan St.,
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The Hyde Media Group, LLC
The Hood County News · The Tri-County Reporter
The Gatesville Messenger · Fairway Magazine · Columns Magazine
The Spur Magazine · The Gatesville Area Guide
The Azle Chamber of Commerce Directory
The Springtown Chamber of Commerce Directory

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Columns is the official magazine of Pecan Plantation and is distributed to each household every month. We strive to provide residents with news and information about events, activities and people in the community. The views expressed by contributors may not necessarily be those of Columns Magazine or Hyde Media Group. All rights reserved and no part of this publication may be reproduced or copied in any form or by any means without the written permission of Hyde Media Group, LLC. © 2023.

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CONTRIBUTORS



Darren Clark

Darren Clark can be found on the golf course (no, that guy is Darren Clarke—with an “e”), on the stage at the Granbury Opera House, or in his cubicle manipulating pixels into many of the Hyde Media Group’s publications. Darren is a designer, photographer and occasional writer.

Eden met Granbury 36 years ago and is grateful to have moved here in 2000. She and husband “Hug” raise/raised their two natives here. Eden loves her semi-bohemian lifestyle of hanging out with artists, writers and photographers both young and not as young. Her passions include coffee dates, succulents and making new friends.



Eden Duncan Gilbreath



Karen Gomez

Karen picked up her first camera in 2011, then quickly discovered her love of both wildlife and aviation photography when she and her husband, Doug, moved to Pecan Plantation in 2016. Karen’s photographs have been on the covers of Columns magazine, and the wildlife Christmas and note cards they design and produce are big sellers during the holidays.

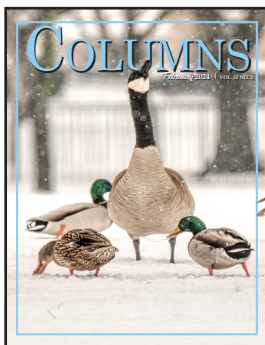


Want to Contribute to Your Neighborhood Magazine?

See something that makes you think “that ought to be in the magazine”? Send us ideas for stories or photos of friends, family, nature, wildlife, sports action, special moments, and you might see it in print!

A few tips: Photos should be high quality JPGs—at least 4x6 inches at 300 dpi. If you are sending them from a smart device, choose “Actual Size” or “Original Size” to send. Low resolution, out of focus, inappropriate or otherwise poor-quality photos, or those that have been heavily edited or filtered, will not be published. Contact us at columns@hcnews.com

ON THE COVER



DUCK, DUCK, GOOSE!

Karen Gomez, Pecan Plantation resident, found these ducks and a goose mesmerized by the falling snow during a past winter storm. You can always find wildlife inside the gates of this beautiful neighborhood.

COLUMNS MAGAZINE DEADLINES

If you have editorial or photography for Columns, please write to Columns@hcnews.com. The deadline for submissions is the first day of the month prior to publication date. EX: Jan. 1 for the February issue.

Advertising closes on the first of the month prior to publication date. Contact Brittany.Bowers@hcnews.com or call 817-559-5099 and ask for Brittany Bowers.



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GENERAL MANAGER

It's PPOA election time, and starting Feb. 9, members will have the opportunity to vote on multiple items that will affect the way business is done in Pecan Plantation. With voting opening in just a few days, I would encourage every member to take a moment and review the ballot measures for the March election in order to make an educated decision.

Normally, we have a mixed bag of candidates and proposals, but this year's election will be slightly different. Because there were only three candidates vying for three director posts, the BOD election is uncontested and will not appear on the ballot. And though those races are settled, it is still important for you to know about the "bookkeeping" items on the ballot.

Community members will be

presented with 11 potential bylaw changes ranging on subjects from how the board elects its president, to measures reflecting capital spending. All these documents can be found on the PPOA website in the governing documents tab under the Owners Association heading.

The ballot will also ask you to retain the special \$10-per-month road assessment as a regular Roads and Grounds Fund, otherwise the special assessment will sunset this year. If this measure is approved, the assessment for roads will not increase, but rather continue to fund road and grounds projects in Pecan. This assessment has been in place since 1998 and has been extended twice. A vote FOR would retain this as a regular assessment.

Finally, the PPOA EMS/VFD will have

its proposed assessment increase request on PPOA's ballot. This item is separate from the PPOA propositions; however, it will be on our ballot for our members and to the emergency services provider for our association.

If you haven't already done so, please sign up to receive your ballots electronically. You can do this on the webpage under the My Club tab. Halfway down the list you will see elections. Here you can request an electronic ballot. It is the simplest way to vote.

We live in a wonderful community which allows you to voice your views at the ballot box. I hope you will take the time to weigh in on these subjects, and we look forward to seeing everyone at the March members meeting!

From the desk
of Rick Lantgen

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MGA SCHEDULE

MGA TOURNAMENTS AND EVENTS
SAVE THE DATE!

FEBRUARY

FEBRUARY 1 -- LOW GROSS/LOW NET (PICK OWN FOURSOME)

FEBRUARY 10 -- SCRAMBLE (PSST)

FEBRUARY 15 -- 4 MAN SHAMBLE, COUNT 3 BEST BALLS
(PSST)

FEBRUARY 22 -- PAR 3 INDIVIDUAL (PICK OWN FOURSOME)

FEBRUARY 29 -- 2 MAN SHAMBLE, PICK OWN PARTNER



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LADIES GOLF ASSOCIATION



Happy New Year everyone!!!

2024 promises to be a great year for the Ladies Golf Association. This year is the 50th anniversary for the LGA and we will celebrate that fact all year long. It will be the running theme for all our activities and events. It is something to honor and celebrate.

It is an honor for me to serve as your president this year. I look forward to working with Duff and his staff in planning all our tournaments; Brenda Palmer and her staff for all our events; and the board and committee chairmen in pulling all these together.

Again, so to stay warm, golf in January and February will start at 1 p.m. Thanks to Suzy Stout for organizing our play days this year. The first event of the year is the Sadie Hawkins tournament March 19. Renee Sasser and Bev Franzen are planning a fun day. So ladies, start looking for your partner for a day of fun and friendly competition. I look forward to a great year serving all of you.

Marilyn Neely
President

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COMMUNICATIONS COMMITTEE

The New Year has come and gone and here we are at the beginning of February. Soon, we will be seeing spring blooms gracing beautiful Pecan Plantation once again. The communications committee is excited to unveil three yearly photo opportunities that are sure to showcase all the beauty and unique qualities that surround our community. And that's where you come in. The picture you submit could be on the cover of the Columns magazine!

The following are the details regarding submitting photos that all our wonderful shutterbugs will want to note:

- The cover photo will be selected by the Hyde Media Group and be published on the cover of Columns magazine.
- Please ensure the subject matter is positioned in a manner where the title of the magazine will not cover important photographic elements. See a previous issue of the Columns as an example.
- The March, June and September issues of the Columns will feature the member-submitted photographs.
- Pictures should be thematically relevant to the month at hand. (For example, Christmas photos would not be appropriate for March, however, springtime photos would be.)
- Pictures must be in portrait orientation, in color and high-quality JPGs — at least 10x14 inches at 300 dpi.
- The subject must be Pecan specific and taken on Pecan Plantation property.
- Deadline for consideration is Feb. 2 for March: May 30 for June; and July 30 for September.

• If the photo includes people, permission from those people must be obtained by the photographer prior to submitting. Send the photo as actual size or original size.

• Include a brief description of your photo, who or what is in it, what is taking place, etc., as well as your name, phone number and email address.

• The photographer must own all rights to the photo.
• Low resolution, out-of-focus, inappropriate or otherwise poor-quality photos, or those that have been heavily edited or filtered will not be published.

• Photos will remain the property of the photographer, but submission grants PPOA the rights to use the photo for Columns magazine.

• Please email original photos to communications@ppoaweb.com. We are unable to accept prints.

• The decision of the Hyde Media is final.

March, June and September! What perfect months to display the amazing pictures captured by so many of our talented photographers. Start snapping those photos now and keep your camera close by. You never know when a unique opportunity will present itself.

Don't forget the PPOA website has been revamped and updated, and now you can access all those items from the app on your phone and tablet. You don't need to have the app to access Tee Times, but they are much easier to access in that format.

The communication committee continues to make every effort to keep everyone informed of Pecan happenings.



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February 6

In the ballroom

Buffet 5:30 p.m. - 6:45 p.m.

Bingo 7 p.m. - 9 p.m.

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KARAOKE

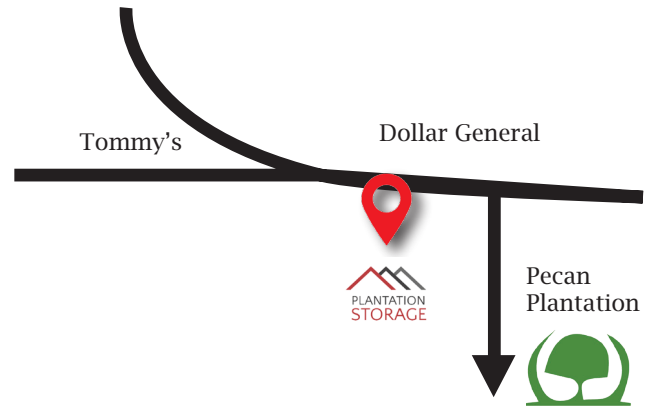


February 10

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COLUMNS



6 VALENTINE'S DAY TRADITIONS



Valentine's Day is a day of love nestled in the middle of February. Sweethearts use Valentine's Day as an opportunity to show the people they care about just how deep those feelings run. A 2023 survey from the National Retail Federation found consumers expected to spend \$25.9 billion on Valentine's Day, up from \$23.9 billion in 2022. Forecasters suspect spending is likely to increase this year as well.

Valentine's Day is awash in many different customs. Here's a deep look at some of those enduring traditions and others that some may feel should be brought back into favor or adopted entirely.

Handwritten cards

It's a common scene each year in card retailers and pharmacies: people three-deep in the aisle trying to pick out Valentine's Day cards in the eleventh hour. People can save themselves the hassle of fighting the crowds if they make their own handmade cards. In the eighteenth and nineteenth centuries, sweethearts created unique cards from scratch, according to Country Living. And prior to products produced by Hallmark and other greeting card companies, people used to send one another cards customized with personalized messages.

Pampering gentlemen

It is common in North America for Valentine's Day celebrations to lean significantly toward favoring women, who are often on the receiving end of flowers and chocolates. However, in South Korea and Japan, it is the men who are pampered with such gifts. Women purchase chocolates for their male partners, family members and coworkers as tokens of appreciation and affection. Never fear, a month later on White Day (March 14) men reciprocate with candy, cake and flowers.

Bouquets

These days a dozen long-stemmed red roses might be the norm for Valentine's Day gifting. However, roses weren't always the preferred flower for the holiday. History.com reports that, in the nineteenth century, bouquets might contain all sorts of flowers, each chosen to convey certain messages. Individuals can research the meanings behind certain flowers and put together a Valentine's Day gift this year that expresses exactly what they are feeling.

Puzzle purses

Sweethearts in Victorian England created "puzzle purses," which were a series of love letters that could be read separately, but also fit together to create a design and message. These intricately folded sheets of paper had parts of messages or verses written on different corners and were meant to be read in a specific order.

Heart-shaped chocolate boxes

British chocolatier Richard Cadbury is credited with creating the first heart-shaped box for Valentine's Day. The boxes were intended to be so beautiful they would be kept to hold trinkets or love letters. Ornate chocolate boxes are not quite as common today, although the gifting of chocolate for the holiday is still strong.

Celebrating in June?

Many Brazilians skip Valentine's Day in February and choose to celebrate Saint Anthony, the patron saint of marriage and matchmaking, on June 12. Celebrating both is fine for those who prefer to shower affection on loved ones multiple times a year.

Valentine's Day traditions are still strong and can add a little something extra to celebrations this February.

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EMS

By Brandl Stephenson BA, LP, NRP, FP-C, Chief, Pecan Plantation EMS

Good day, everyone. Today I'd like to discuss magnesium, its role in our bodies, and the signs and symptoms of magnesium deficiency.

Magnesium plays a critical role in almost every health process in our bodies, such as our metabolism, cognition, sleep/wake efficiency, digestion and blood pressure. Magnesium is required for energy production, oxidative phosphorylation and glycolysis. It contributes to the structural development of bone and is required for the synthesis of DNA, RNA and the antioxidant glutathione. Magnesium also plays a role in the active transport of calcium and potassium ions across cell membranes, a process that is important to nerve impulse conduction, muscle contraction and normal heart rhythm (1).

A deficiency in magnesium leads to a massive influx of calcium into our cells. Calcium is the fuel our muscle cells use for motion, both tension and relaxation. Too much calcium, precipitated by a reduction in magnesium, can lead to several health concerns, including:

- Insomnia
- Nausea
- Fatigue
- Headaches/migraines
- High blood pressure
- Poor memory
- Photosensitivity
- Diabetes

- Heart disease (2)

Some common things deplete our magnesium, such as:

- Sugar
- Coffee
- Stress
- Alcohol
- Excessive calcium intake
- Bariatric/GI surgeries
- Hyperthyroidism
- Kidney and liver disease
- Type 2 diabetes
- Pregnancy (2)

Magnesium is found in several common foods: dark chocolate, legumes, nuts, fatty fish, bananas and avocados (3). Personally, I include a magnesium supplement at night before bed.

If any of these symptoms sound familiar, schedule a check-up with your doctor. So many of our health concerns can be mitigated or even outright treated with proper nutrition.

1. <https://ods.od.nih.gov/factsheets/Magnesium-HealthProfessional/#ref>
2. James DiNicolantonio @drjamesdnic
3. <https://www.healthline.com/nutrition/10-foods-high-in-magnesium#nuts>

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ACC REPORT

The number of new home permits during December 2023 bottomed out as usual for this time of year with the ACC approving only (1) new residence construction permit, (6) miscellaneous construction permits, and no construction revisions or permit extensions.

The ACC construction permit list currently contains (55) active permits for new homes under construction and (24) active miscellaneous permits for various other improvements.

The following new home was approved to begin construction during December 2023:

Address	Sq/Ft Living Area	Owner	Builder
8301 W. Landings Rd.	3900	Stephen Good	John Askew

ACC members were shocked and greatly saddened upon learning about the recent and unexpected passing of ACC Vice-Chairman Victor "Vic" Schoepf. Vic was an experienced and very dedicated ACC member for many years; his wonderful wit, great sense of humor and amiable personality will be sorely missed by all who knew him.

COMPLIANCE CORNER

During December 2023, the compliance office received 28 calls and 11 emails reporting possible compliance issues, two calls and four emails regarding vacant property maintenance, plus 524 calls and 51 emails requesting ACC, plat/lot, rules, C&R or construction information.

HOME SALE NOTE

Upon the sale or transfer of home ownership by any other means, Section-15 of PPOA Rules & Regulations requires residential property to be in compliance with all applicable elements of PPOA's governing documents. If ownership is transferred with an existing non-compliant issue, the new owner will be responsible for bringing the property into compliance. When it is requested by a title company, lending institution or prospective buyer, PPOA will perform a compliance inspection and return a report stating whether or not the property is in compliance and detail any deficiency if it is not. Since compliance certification requests are frequently received only a few days before the scheduled closing date, we remind members contemplating the sale of their home to help avoid any last minute surprises or delays by contacting membership services at the PPOA business office to arrange an early inspection of the property to identify any existing issue that may require corrective action.

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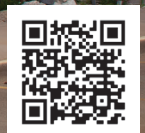
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Mon, Tues, Thurs, & Fri (9 a.m. - 10 a.m.)
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(8 classes) or \$95/month unlimited classes
Certified Instructor: DeDe Lamont

Chair Yoga with DeDe

Monday (10:15 a.m. - 11:15 a.m.)
Thursday (10:15 a.m. - 11:15 a.m.)
Cost: \$10/class or \$35/month (4 classes)
or \$65/month (8 classes)
Certified Instructor: DeDe Lamont

Pilates

Mon, Tues, Thurs, & Fri (8 a.m. - 8:45 a.m.)
Cost: \$3/class
Instructor: Shawn Farris (Please bring your own mat)

Low Impact Aerobics

Mon, Tues, Weds, Thurs, & Fri (8 a.m. - 9 a.m.)
Saturday (9 a.m. - 10 a.m.)
Cost: \$3/class

*Bring hand weights & a mat if possible

Hula Hooping to the Oldies Class - Free

Thursdays (1 p.m. - 2 p.m.)
This is a free, fun class that will teach you how to have
fun and burn some calories with the hula hoop.
Instructor: Sue Bagley 702-859-2017 for more information

Line Dancing - Free

Fridays (10:30 a.m. - noon) No Instruction.
Intermediate dancers meeting for practice, exercise, fun.

KIDS' PAINT PARTY (AGES 5-14)

Saturday, Feb. 3, 10 -11 a.m.
Cost: \$25 per child
Instructor: Heidi Easley
Music, fun & step-by-step instruction. Painting the Hearts &
Highlanders on 12x16 canvas. Pre-register at the PAC. Space
is limited.

DADDY DAUGHTER DANCE AT THE PAC

Saturday, Feb. 10, 1 p.m. - 3 p.m.
Cost: \$15 per couple (\$10 ea. additional daughter)
Join us for music, ballroom instruction, light refreshments
and a photo booth to capture memories. Formal attire is
welcome but not required.
RSVP required at PAC. Space is limited to 15 couples.

"LET'S KARAOKE" CLASS

Six week class: Five Tuesdays @ the PAC starting Feb. 6 thru

March 5. The final class will be a Karaoke Night performance
March 9 in the Ballroom.

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Instructor: Rebecca Faiola (510-326-3553)

Cost: \$70 per person

Sign up at the PAC-Space is limited.

PAINT ALONG WITH KATHY YODERS

Sunday, Feb. 11, 1 p.m. to 4 p.m.

Cost: \$75 - includes all supplies.

Bring a beverage of your choice and get step-by-step Acrylic
instruction on canvas.

Space is limited. New Workshop second Sunday of every
month.

INDOOR PICKLEBALL OPEN PLAY (in gym)

Monday thru Friday

9:30 a.m. - 12:30 p.m.

Ladies Only Open Play (in gym)

Tuesdays, 1 p.m. - 3 p.m.

Beginners' Clinic (in gym)

Monday, Feb 12 & 26, 11:30 a.m. - 12:30 p.m.

*Outdoor courts require reservations through
the "Pecan Plantation OA" app or PPOAweb.com .*

SAVE THE DATE.....

March 5: Primary Election Day, 7 a.m. - 7 p.m.

March 10: Paint Along w/ Kathy Yoders

March 11 - 15: Spring Break

March 30: Kids' Easter Egg Hunt

April 9 - May 7: "Let's Karaoke Pecan II" (Tuesdays p.m.)

SPANISH & FRENCH CONVERSATION (Free)

Every Thursday

Spanish (2 p.m. - 3 p.m.) French (3 p.m. - 4 p.m.)

For more info contact James Mayles 512-965-8836.

An opportunity for members to gather and speak a second
language with each other. No instruction.

RED CROSS BLOOD DRIVE

Wednesday, Feb. 14, 8 a.m. to 2 p.m.

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PICKLEBALL NEWS

By Jana Reeves

Pecan Plantation Pickleball Association is celebrating the replaced and improved floor in the PAC gym. During the December PPOA meeting, the board unanimously approved the project to replace the almost 10-year-old floor. The PPPA would like to thank PAC Director Joi Keahey, PPOA General Manager Rick Lantgen, and all the members on the committee who worked diligently to help make this improvement to our community amenity.

Indoor play at the PAC is every weekday from 9:30 a.m.-12:30 p.m. (except on Wednesday when play ends at 11:30 a.m.). Outdoor play is available from 7 a.m.-10 p.m. and reservations are required by using the Pecan Plantation OA app or the ppoaweb.com site. If there

are questions about this procedure, please check with a PPPA board member or the PAC staff.

The Ladies only play has returned after a long break. They meet every Tuesday from 1-3 p.m. All levels of play are welcome.

Beginners' Clinics have also been added back to the schedule. The clinics will be on Feb. 12 and Feb. 26 from 11:30 a.m.-12:30 p.m. Limited to eight participants and Pecan members may sign up at the PAC.

Later this month, the PPPA will elect a new board. All members should consider serving the association. If you would like to volunteer, please see any board member for information about the nominations committee. An email will be sent out at a later date with details about the annual members meeting scheduled for the end of the month.



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THE LINK BETWEEN A HEALTHY DIET AND A HEALTHY HEART

Heat disease is a leading cause of death across the globe. According to the World Health Organization, ischaemic heart disease is responsible for 16 percent of the world's total deaths. The WHO also points out that, between 2000 and 2019, deaths due to ischaemic heart disease rose by more than two million.

Though not all deaths due to heart disease are preventable, many are, and researchers have discovered various ways individuals can reduce their risk for heart disease. One way individuals can protect their heart health is to eat a healthy diet. The link between diet and heart health is significant. Recognition of that link can help people concerned about heart disease develop a dietary plan that reduces their risk for this all-too-common killer.

A healthy diet, weight and heart health

The Centers for Disease Control and Prevention note that a healthy diet is balanced and includes a variety of nutritious foods. In fact, one easy way to determine if a plate is healthy is to see how colorful it is. The CDC notes that "eating the rainbow" means a plate is filled with an array of colors, which typically means an individual is eating healthy foods. Such a plate may include dark, leafy greens; bright red tomatoes; colorful fruits like oranges; and even fresh herbs. Such foods tend to be loaded with vitamins, fibers and minerals and low in added sugars, sodium, saturated fats, trans fats, and cholesterol. That makes it easier for individuals to achieve and maintain a healthy weight, which in turn reduces their risk for heart disease. A recent study from researchers at Johns Hopkins found that obesity itself can lead to heart failure, even in the absence of markers for heart disease like high blood pressure, diabetes and elevated cholesterol that have long been used to determine an individual's risk for heart disease. So by using a nutritious diet to maintain or achieve a healthy weight, individuals are thus lowering their risk for heart disease, even if they do not presently have any of the established markers indicating that risk has been elevated.

A healthy diet, cholesterol and heart health

Of course, many people already have learned that they are at an elevated risk for heart disease due to certain lifestyle choices, including poor diet. A poor diet can cause a host of health problems, including elevating cholesterol levels. According to the Heart & Vascular Center at Valley View Hospital in western Colorado, a diet high in saturated fat can lead to heart disease because it can increase cholesterol levels. The Mayo Clinic notes that, when a person has high cholesterol, fatty deposits can develop in the blood vessels. Those deposits eventually grow, making it difficult for sufficient blood to flow through the arteries. The deposits also can break and form clots that can cause heart attack or stroke. Though Harvard Health notes that some people are genetically predisposed to high blood cholesterol, a diet that limits intake of saturated fat can help most people maintain healthy cholesterol levels, thus reducing their risk for heart disease. Foods high in saturated fat include pork, beef, lamb, cream, butter, and cheese.

Heart disease claims the lives of millions of people across the globe every year. Diet is an undeniable ally in the fight against heart disease, and individuals who commit to eating right can greatly reduce their risk for heart disease.

At Your Service

By John Ingram III
USPTA Master Professional

● Summer is indeed a long way off, but if you're making your plans, these are our Summer Camp dates:

SUMMER SPORTS CAMP (Golf, Tennis, Swim)

I June 11-14

II July 9-12

III July 30-Aug 2

"All Sports" camp (featuring tennis, basketball, soccer, and others!)

A June 4-7

B June 18-21

C June 25-28

D July 16-19

E July 23-26

● Note: For those new to Pecan (or who used to play and miss the fun), contact us here at the Shoppe and we will get you matched with some like-level players! We like newcomers too!

● PECAN WINTER/SPRING JUNIOR TENNIS
Wednesdays 4:30-5:30 p.m. (ages 6 to 9) 5:30-6:30 p.m. (ages 10 -12) All levels

I February 7-28

II March 6-27

III April 3-24

IV May 1-22



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PECAN PLANTATION TENNIS ASSOCIATION

POST HOLIDAY GREETINGS TO ALL TENNIS FANS AND SOCIALITES!

Hopefully, another Aussie play day is on the books now or check your email for the St. Paddy's Day make up. Next up will be the membership annual meeting in early April at an air park hangar. Check your emails! At that meeting, we will elect a new board and probably have another barbecue. Although we now have an energetic new treasurer named Sherry, two more positions are going to open up for new ideas on the board. Feel free to ask one of us about how much fun this volunteer position has been.

I am happy to report the work is complete after your affirmative vote to donate a metal roof to our oldest shade/viewing structure. We now have reliable structures for all six courts.

As I wind down my tenure as your president, hoping it's now better than I found it, I would like to continue

my 'strategic' long term discussion from the Christmas party. I mentioned we could look at some options like: 1) liquidate the PPTA funds and pay every member around \$500 due to lack of volunteers; 2) change the bylaws to reduce the number of board members required, due to lack of volunteers; 3) redirect the \$40,000 reserved for a seventh court into the creation of a scholarship fund. This idea is largely based on the possibility mentioned by our general manager of getting outside funding for a two-court/multi-use indoor court facility costing in the neighborhood of \$1,000,000+ where our mere \$40k would/could be used more meaningfully in a scholarship fund. Food for thought!

No reports from any league captains but enjoy the picture of our impromptu non-professional blowing crew with Sir John, the Ambassador of Tennis, serving up some motivation!

Cheers!

Prez Ken





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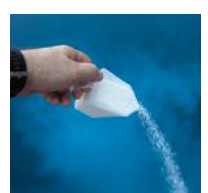
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PECAN PLANTATION FIRST WEDNESDAY BRIDGE

This club is open to all Pecan Plantation Women who would like to play bridge once a month with a fun group of ladies.

2024 has brought a few changes to the schedule:

- The club still meets the first Wednesday of each month
- Registration begins at 9 a.m.
- Play begins at 9:30 a.m.
- Lunch is from 11:30 a.m.-12:30 p.m. with a choice of Chef Jordan's entrée selection or a salad
- Play continues from 12:30-2:30 p.m.

Annual membership is still just \$20 per year and players may visit once before joining. Players must RSVP each month.

For more information please contact: Vicki Leggett at 903 388-2200 or vleggett19@gmail.com.



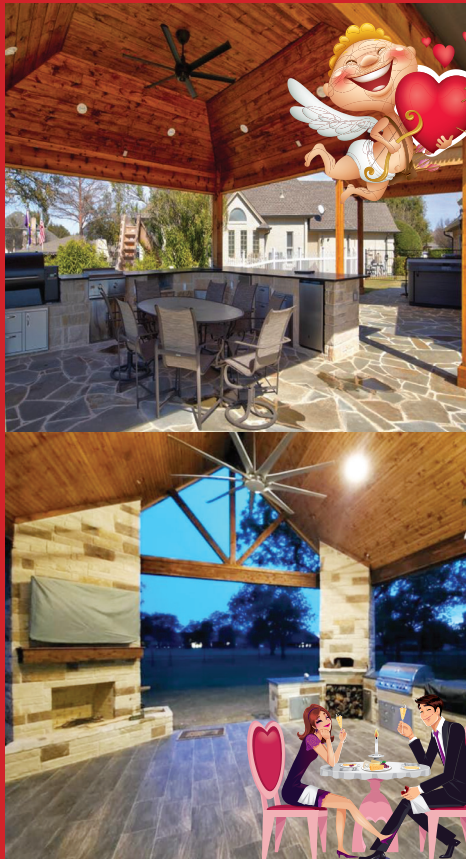
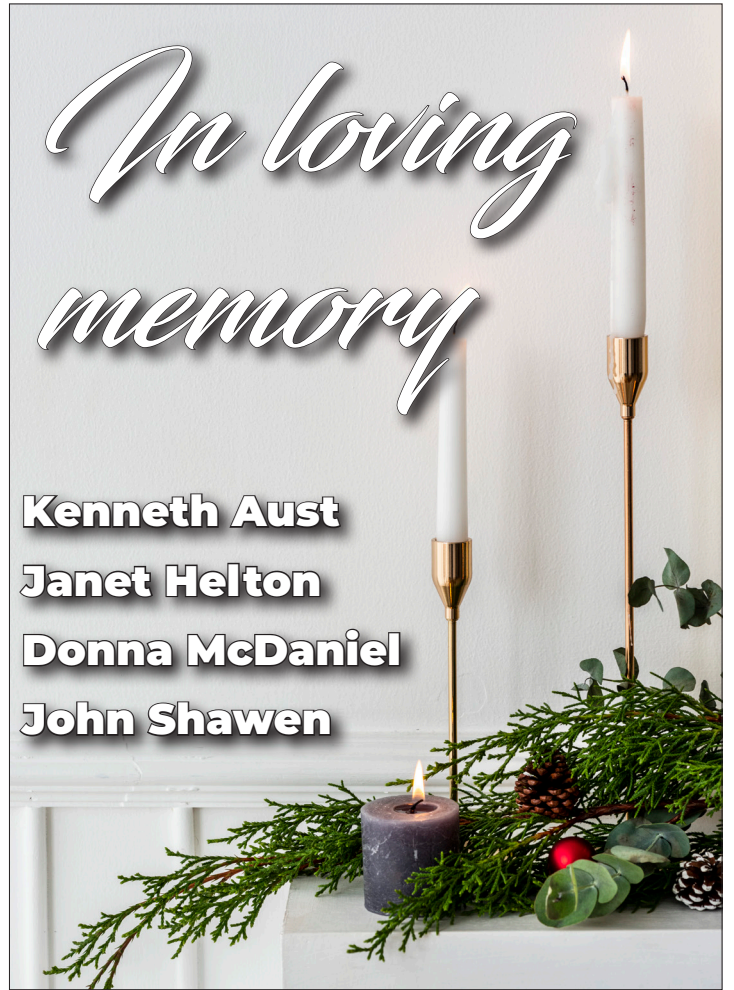
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Janet Helton

Donna McDaniel

John Shawen

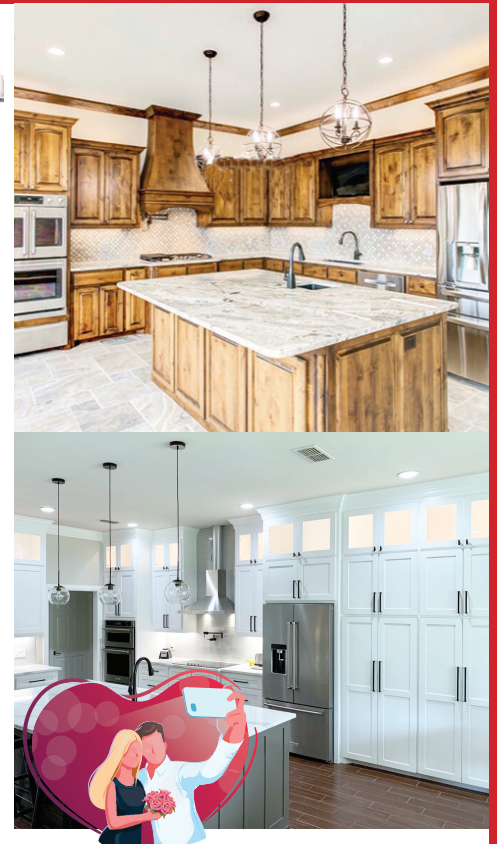


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AIRPARK NEWS

By Tom Woodward



From left to right: FAA's Joe Murphy, John McComas, Steve Wilson, John Bowen, Mike Brake, Ed Askins, Dave Cole, Jackie Vaughn, Neil Downing, Steve Thomas, Tom Thibault, Bill Eslick, Rusty Stricker, Robert Funk, Les Staples, Don Gardner, Paul Siedschlag, Jerry Scheeler, Jerry Gazda, Paul Pickering, Doug Green, Tom Pastusek, Don Gumm, Bob Moreau, Pat Hockett, Dave Moore, Bob Horton, Ken Miller, John Jaeckle, Mark McNair, Carl Keil, Daryl Hughes FAA, Dick Keyt, NOT SHOWN Jerry Winfield

The Wright Brothers Master Pilots Award and the Charles Taylor Master Mechanic Award are the most prestigious awards given by the FAA to pilots and mechanics. These awards are usually given to individuals and occasionally to two pilots at one time. But never in the history of the FAA have 32 applicants been awarded at one time at one ceremony — until now.

On Veterans Day, Nov. 11, EAA chapter 983 at Pecan Plantation, in conjunction with the FAA, awarded 31 Wright Brother Master Pilot Awards and one Charles Taylor Master Mechanic Award to members of EAA Chapter 983.

To be eligible for the WBMPA, pilots must have flown for 50 years without a revocation; mechanics must have at least 50 years of service to be awarded the CTMMA. In Granbury, there are 69 award winners; 63 of them are or were affiliated with EAA Chapter 983. There are two people in our city who have won both awards, which is a real accomplishment. They are Steve Wilson and Dave Smith, both EAA 983 members.

Tom Woodward WBA and CTA coordinator
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RV CLUB NEWS

By David Kroon

The month of February marks the birthdays of our first and sixteenth presidents of the United States. I'm sure you know the first is George Washington, but can you name the sixteenth without Google or a calendar? I recently watched a TV series about a lawyer who drove a car named after this president. It's a good show.

This month is also known as the time that love is in the air and Cupid is on his way. I actually saw him practicing at our Archery Range near Shady Campground. Be sure you make your Valentine feel loved on Feb. 14.

Our club has a big lineup of activities for 2024 beginning with a bonus mini rally April 6-8 to view the Solar Eclipse right here in Pecan at Shady Campground. Then it's off to Waco April 14-19 to see those famous Silos a.k.a. Magnolia Market during our main event Spring Rally. The last gathering before summer break, we'll be in Dinosaur Valley RV Park near Glen Rose for a mini rally May 19-22.

The last get together for 2023 was a fireside chat the evening of Dec. 27 at the pavilion. A roaring fire in the fireplace and a campfire nearby kept us warm while we enjoyed leftovers and snacks. The best part... no mosquitos. I've included a picture of our ladies who braved the chilly evening.

For information on the Pecan Plantation RV Club, contact our club via email at rvclub@ppoarv.org.



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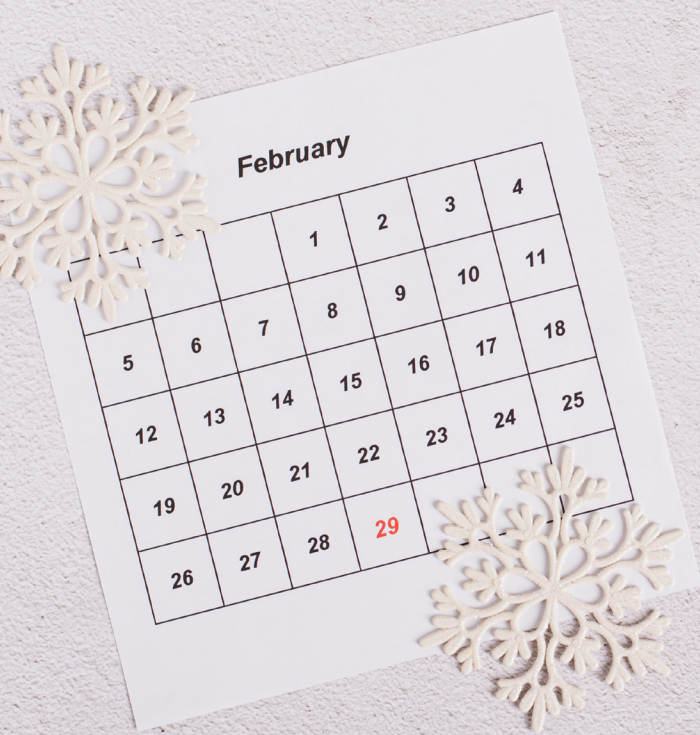
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LEAP YEAR

The rules about leap years

It's widely accepted that a year is 365 days long. However, that statement is not entirely accurate. In fact, it takes Earth a little more than 365 days (365.24223 days to be precise) to orbit the sun. A calendar cannot accommodate that small distinction every year. In order to ensure that seasons do not start drifting from the difference between the Earth's rotation and the time it takes to get around the sun, leap years were established to keep the calendar more consistent and working like clockwork. The first modern leap year took place in 1752.

Certain guidelines were established to determine which years would be leap years. A leap year typically arrives every four years. However, in terms of end-of-century years, they must be divisible by 400. That is why the year 2000 was a leap year but 1900 was not, according to Royal Museums Greenwich.

This approach is not an entirely foolproof plan since there still may be very small discrepancies in time. Leap seconds have been added to keep time ticking correctly at various points throughout the years. This occurred on December 31 in the years 2005, 2008 and 2012, and also on June 30, 2015.

In terms of adding a day to the calendar for the leap year, it is placed in February, which already is the shortest month. While February is typically 28 days, in leap years the month features 29 days. A leap year next occurs in February 2024, and then again in 2028, 2032 and 2036.

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Hidden sources of Caffeine

Caffeine is a stimulant that untold millions, if not billions, of people across the globe insist they cannot go without. Whether it's in a morning cup of coffee or a midday energy drink, caffeine serves as a vital kickstart for individuals whose energy levels could use a boost.

Caffeine is often painted in a negative light, but such characterizations are misleading. The Mayo Clinic notes that up to 400 milligrams of caffeine per day appears to be safe for most healthy adults. Coffee drinkers know that certain cups of coffee are stronger than others, but the U.S. National Library of Medicine indicates that a typical eight-ounce cup of coffee contains between 95 and 200 mg of caffeine, while a 12-ounce soda typically includes between 35 and 45 mg of caffeine.

Coffee and soda are widely recognized sources of caffeine, making it a lot easier for individuals who consume these popular beverages to track and control their caffeine consumption. In addition to coffee and soda, various other foods and beverages contain caffeine, some of which may surprise consumers. Manufacturers are not required by the U.S. Food and Drug Administration to cite caffeine content on nutrition labels, a controversial subject that various health advocates argue fails to protect consumers.

Without new rules that mandate manufacturers to cite caffeine content on nutrition labels, consumers are on their own to determine how much caffeine they're consuming each day. Recognition of these hidden sources of caffeine can help individuals avoid overconsumption of this powerful stimulant.

- **Decaffeinated coffee/tea:** The terms "decaffeinated" and "caffeine-free" are not interchangeable. That's because the process of decaffeination leaves trace amounts of caffeine, meaning decaffeinated coffees and teas contain a small amount of the stimulant.

- **Chocolate:** Consumers may or may not be surprised to learn that cocoa beans naturally contain caffeine. As a result, products that contain chocolate, which is made from cocoa beans, also contain caffeine. Dark chocolate generally contains more caffeine than light chocolate, with the U.S. Department of Agriculture reporting that a one-ounce serving of dark chocolate typically contains 12 mg of caffeine. However, various candies and other products that contain chocolate, including light



varieties, are fortified with extra caffeine.

- **Headache treatments:** Certain products that treat headaches contain caffeine. The manufacturers of two of the more popular pain relief products, Advil® and Tylenol®, assure consumers that their products do not contain caffeine. However, individuals who take Excedrin® to treat headaches should know that three Excedrin® products - Excedrin® Extra Strength, Excedrin® Migraine and Excedrin® Tension Headache - contain caffeine.

- **Breath mints:** Certain breath mints contain caffeine. For example, Viter Energy mints, which some consumers see as an alternative to coffee, contain caffeine. Viter notes that its Energy Mints contain 40 mg of caffeine per mint, or roughly the same amount as a 12-ounce can of soda.

Health care professionals feel that caffeine is generally safe for healthy individuals when consumed in moderation. But it behooves individuals to recognize hidden sources of caffeine that could potentially compromise their health if consumed to excess or along with other caffeinated products.

ENTERTAINMENT COMMITTEE

By Jan Boeckel

The entertainment committee has been busily planning for 2024. We will host a themed Bingo each month. The date for February Bingo is Feb. 6 and the theme is Valentines. So, dress in your red and pink and bring your favorite Valentine to join us for Bingo. Don't forget, as of this year, the meal will be served at 5:30 p.m. Bingo will begin at 6:30 p.m. Come and have fun with us.

For Valentine's Day, we will have a wonderful dinner with music. The theme will be Valentine's Day at the Speakeasy. You will need to know the password to enter the room. Dress in your 1920s attire, come have dinner and dance the night away.

See you there.
Jan Boeckel
Co-Chairman

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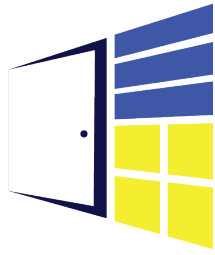
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PECAN PLANTATION COMMUNITY GARDENS

Steph Phalen

The PPCG is excited to introduce its 2024 board members who have committed to lead another year of planning, planting and harvesting organic produce. In the January Columns, we featured the new president and vice president. Following are snapshots of other officers and new members.

Mike Cross, treasurer, has been a Pecan resident for almost 23 years, moving here with his bride Rachel from Slidell, Louisiana. Before retiring in 2021, he spent 35 years as a data scientist focusing primarily on business intelligence. He began his career at age 22 at the Pentagon and ended in Plano. Mike was a founding member of the Community Gardens, building the first beds and planting the first vegetables. In addition, he served as vice president from 2018-2021. Rachel has created community gardens t-shirts for the members along with signage for the garden beds. Without the tireless efforts of this couple, the gardens would not exist today.

Sarah Naper, secretary, and her husband Matt recently moved to Pecan Plantation from San Marcos. She was a librarian in Houston, Colorado and at Texas State University. In early 2023, Matt retired from the Travis County Auditor's office. Sarah's maternal grandparents inspired her with their passion and knowledge about gardening. She hopes to develop her own gardening skills as she meets fellow enthusiasts. Welcome, Sarah and Matt!

New member Amy Herring moved from Midland after retiring from 27 years of teaching. Amy has always had a backyard garden and has been an enthusiastic participant since joining the community gardens. We are fortunate to have someone with Amy's know-how and energy as we begin 2024.

The Community Gardens is still alive and growing, even in the winter months. We are lucky here in North Texas to be able to grow vegetables year around. The summer plantings of oregano and chives are still thriving; kale, arugula, and Swiss chard planted in the fall are flourishing. Garlic transplanted in December and onions in January are well on their way. In February potatoes will go in the ground. Don't miss out on an opportunity to become part of the action.

The next garden workday is Saturday, Feb. 10, and a membership meeting is set for Tuesday, Feb. 13. For details email Susan at susanharris21@yahoo.com.

The members of the PPCG come from a variety of gardening backgrounds and are a mix of differing levels of expertise. The club welcomes anyone who is interested in organic gardening.

Annual membership is \$25 per family and applications are available at the PAC.

Come grow with us in 2024.



MEET YOUR NEIGHBORS

By New Member Orientation Committee

TODD BURSON AND TAMMIE CUYOS, Lot 3835.

Todd is employed by the Arlington Police Department and Tammie works for Ineos. They enjoy time with their two children and working out.

CHRISTIE CLARK, Ravenswood Road, relocated from Cheyenne, Wyoming. Christie has two children and six grandchildren. She is retired from the federal government. Christie grew up on a ranch raising cattle, sheep, and horses. Her interests include cooking, games, grandkids, and social activities.

MATT AND TERI COLEMAN, Wedgefield Road, moved from Little Elm. They have seven children and five grandchildren. Matt and Teri enjoy spending time with their grandchildren and church activities. Additionally, Matt enjoys football and hockey, and Teri enjoys gardening. She is employed by PDI Technologies. Matt and Teri share their home with her parents, Bill and Shari Geertgens, a retired pastor and Air Force Veteran.

STEVE AND TISH DEFFENBAUGH, Long Drive, relocated from Midland. They have two children and four grandchildren. Steve is retired from Anadarko Petroleum. They enjoy time together, golfing, gardening, and reading the Bible and Hebrew Roots of Christianity. Relocating to Pecan allows them to be closer to their family in Houston, the D-FW metroplex, and Louisville, Kentucky.

JAMES AND JUDITH FIELDEN, Lot 3834, will be relocating from Burleson. They have four children. Jim is employed with the US Army Corp of Engineers and enjoys art and woodworking. Judith (aka Tonni) works for Bank of New York Mellon and enjoys family, home projects, and pets.

C.T. AND ASHLYN FOX, Westover Drive, moved to Pecan from Maypearl. They have four children. C.T. works for the Texas Department of Public Safety and Ashlyn works for Cowpasture Insurance Company.

RICHARD AND LESKA GLIDEWELL, Riviera Lane, relocated from Wichita Falls. They have six children, 10 grandchildren, and two great-grandchildren. Richard is a Navy veteran and retired from Frito Lay as a district manager. Leska retired from Blue Cross Blue Shield as a broker. He enjoys boating, golf, hunting, fishing and cards. Leska enjoys boating, gardening, shopping, dominoes (42), dancing and fur babies.

BYRON AND WENDY HALE, Lot 3886, are relocating from League City. They have two children. Byron is employed by Southwest Airlines and enjoys photography and flying. Wendy is employed by BP America and enjoys golf, traveling and aviation.

DANIEL AND SANDY HAYENGA, Piper Drive, relocated from Ft. Walton Beach, Florida. They have three children and one grandchild. Daniel is retired from the US Air Force and Southwest Airlines. He enjoys flying, hunting and carpentry. Sandy is a retired schoolteacher and enjoys reading, flying and traveling. They discovered Pecan Plantation via the Internet while plane shopping.

SUSAN HULL, Long Drive, relocated from San Antonio. She has one daughter and two granddaughters. Susan is semi-retired and is the owner of Renovation Solutions. Her interests include cooking, reading, golfing and exploring new restaurants. She is enjoying meeting her neighbors, making new friends and life in general in Pecan.

BETTY HITCHCOCK, South Longwood, moved from Little Rock, Arkansas. She has two children, six grandchildren, and seven great-grandchildren. Betty is now living closer to her daughter's family who moved to Pecan in August. She is retired from Pleasant Hills Retirement Community. She loves dogs, reading and crafts.

VITAUTS JUREVICS, Bellechase Road. Vitauts has two children, two grandchildren and two great-grandchildren. He is retired from the Veterans Administration Medical Center.

RIC AND SINDY KERSEY, Ravenswood Road, relocated from Mansfield. They have five children and eight grandchildren. Ric is retired and enjoys golf, fishing, and woodworking. Sindy is employed with Costco and enjoys working out, lifting weights, crafts and shopping.

JIM AND KARI LEWIS, Ravenswood, moved from Tomball. They have four children, as well as two golden retrievers — Willy and Goose — who bring them daily joy. Jim is employed by Thomson Reuters and enjoys golf, football and watching baseball. Kari is retired and enjoys gardening, crafts and art.

RUSSELL AND TAMMIE MABRA, Wedgefield Road, are lifelong Texans who moved to Granbury five years ago and now to Pecan Plantation. They have five daughters and two granddaughters. Russell is employed by Siddons Martin Emergency Group and Tammie is with Perio Dental Office Management. He enjoys the outdoors, golf, fishing, travel and concerts. Tammie's interests include casinos, decorating, shopping, concerts and helping people in need. They are both small group leaders at The Bridge Church in Granbury. She is a member of the 2023-2024 Leadership Granbury Class.

Continued on page 38

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MEET YOUR NEIGHBORS (CONT.)

DOUG AND PAULA MCDANIEL, Pinehurst Drive, relocated from Battle Creek, Michigan. Doug is a retired dentist and Paula is a retired hygienist/office manager. Their son and daughter-in-law have purchased land and will also relocate to Pecan soon.

ERICK AND JENNIFER MCDANIEL, Landings East, will relocate from Keller. Erick is employed with NetJets Aviation and Jennifer is employed by Kelly, Hart and Hullman. They enjoy flying, golf and rocketry.

KEVIN MORENA AND ERIKA ALONZA, Landings East, will relocate from Texas and New Jersey. They have one child. Kevin is employed by Subcom Telecom and enjoys airplanes/aviation, horses, art and nature. Erika is employed

by ADT Security and enjoys decorating and kids' activities.

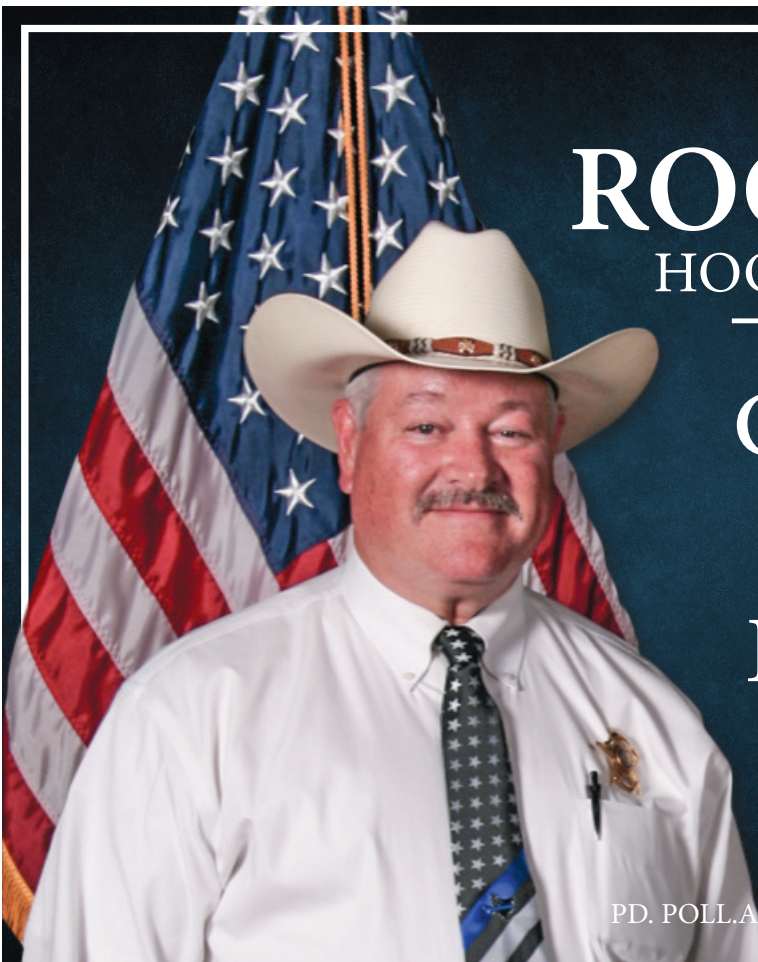
AMADU NYEHN AND KAYSHA GAMAGE, Hazelwood Road. They have one child. Amadu is

employed with Inmar and enjoys soccer (better known as football across the pond), traveling and road trips. Kaysha is retired from the Army and Air Force Exchange Service and enjoys shopping/fashion, walking, exercise and travel.

PHILLIP AND KATHLEEN OLIVEIRA, Briers Court, moved from Simi Valley, California. They have two children, whom Kathleen homeschools. Phillip is employed by Propell and is a classic car collector and retired musician. Kathleen works for Special Education Consulting Advocacy (SECA) and enjoys faith, family and cooking.

JOSE AND MARIA ORTIZ, Lots 3907/3908, will be moving to Pecan Plantation from Ft. Worth. They have four children and 12 grandchildren. Jose is employed by American Airlines as a pilot and Maria by HEB School District as a substitute schoolteacher. Jose enjoys aviation and is a private pilot and certified flight instructor. Maria enjoys reading and dancing.





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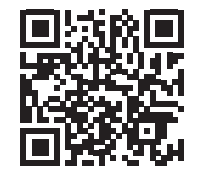
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**Pecan Plantation Owners Association
Pecan Plantation Country Club
For the One Month Ending November 2023**

CONSOLIDATED OPERATING STATEMENT

	Actual YTD	Budget	Variance
Operating Revenues	\$ 864,023	\$ 832,568	\$ 31,455
Cost of Goods Sold	<u>\$ (118,604)</u>	<u>\$ (109,205)</u>	<u>\$ (9,399)</u>
Gross Operating Profit	\$ 745,419	\$ 723,363	\$ 22,056
Labor, Taxes & Benefits	\$ (460,178)	\$ (477,634)	\$ 17,456
Other Operating Expenses	\$ (235,168)	\$ (282,220)	\$ 47,052
Income/(Loss) Before Depreciation	<u>\$ 50,073</u>	<u>\$ (36,491)</u>	<u>\$ 86,564</u>

RESERVE & REPLACEMENT FUND

	Actual YTD
Beginning Balance	\$ 3,431,261
Fund Deposits	\$ 162,836
Fund Expenditures	<u>\$ (30,012)</u>
Ending Balance	<u>\$ 3,564,085</u>

NEW CAPITAL FUND

	Actual YTD
Beginning Balance	\$ 1,050,920
Fund Deposits	\$ 88,319
Fund Expenditures	<u>\$ 3,225</u>
Ending Balance	<u>\$ 1,142,464</u>

ROAD & DRAINAGE FUND

	Actual YTD
Beginning Balance	\$ 1,364,734
Fund Deposits	\$ 151,776
Fund Expenditures	<u>\$ -</u>
Ending Balance	<u>\$ 1,516,510</u>

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BRAZOS RIVER SPORTSMAN'S CLUB

By Cecil Caldwell

With the holidays behind us, it is time to start planning those early Spring outings. Although most of the hunting season is over, we still have spring turkey hunting coming up and you may want to seek out that opportunity as there are numerous turkey in this area. Fishing will be picking up on local reservoirs, especially Comanche Reservoir which is warmed by the Luminant Power Plant.

Cold weather this time of year is great for the early spawn on that reservoir. It will remain open through March. On Lake Granbury striped bass is good during the cold weather and the sand bass will be biting at the first hint of warm spring weather. Also, here in Pecan there should be some left-over trout from the Kid's Tournament in December. Several club members were at the tournament, and it was exciting watching all the kids having such a good time, with several having nice stringers of trout.

Our shooting members have continued to meet and shoot as weather permits. The number of shooters has been down, but several are avid shooters and will go at any opportunity. Here are the scores from a recent outing. Scores are for 50 targets.

Shooter	Score
Mack Gilbreath	47
Milt Schrepel	41
Rusty Stricker	38
Jim Berzina	29

Some of our other members were on the water and in the field this winter with a fishing trip to Lake Texoma for striped bass and chasing upland game. Fishing was great on Texoma (picture attached) with Bob Price, Jerry Sprayberry, Cecil Caldwell, and David Pritchard getting a limit of stripers. We brought home a lot of filets.

The hunting members had a good trip to hunt various upland birds and reported a successful hunt although one of them said it seemed like they walked six miles, as the birds were not flying very good. The hunters were David Pritchard, Bob Price and Ron Croft (picture attached).

The Sportsman's Club meets monthly, the second Thursday of the month, at various locations depending on the weather. If you are interested, you can contact me at ccald67@gmail.com



PECAN PLANTATION WOMAN'S CLUB

Sandy Hoelting, President

The Pecan Plantation Woman's Club celebrated its 45th anniversary in January, while still catching its collective breath from a very busy December, highlighted by a successful Christmas Tour of Homes and several other events. The anniversary was noted by a show of fashions and history, which stepped back in time to focus on the eras from 1978 to present day. Music from various decades filled the ballroom while actors portrayed the women who originally gave life to our club. Original meetings were held in members' homes to get the club off and running, until the country club finally allowed us to meet in the clubhouse, albeit only downstairs at first. Over the years, we've grown into the vibrant organization we are today. We've raised thousands and thousands of dollars each year for our community, supporting scholarships for young ladies from Hood County high schools and supporting other charities throughout the county. We've certainly had a rewarding and exciting history.

But that was then and this is now. As we open February, our attention turns to the next fund-raising opportunity, "Boot Scootin'." Already the event of the year, it also aims to be the best fund-raising event yet. The Saturday, March 23, evening, Boot Scootin': Boots and Bluebonnets, will feature dinner and dancing to a live country western band. Members have been collecting great prizes for the Best Boot Scooter Contest, as well as a General Store, Big Tex Auction and Silent Auction. So, dust off your boots and put on your cowboy hats! Help us to raise funds to support our local community, raise money for scholarships, and give money to charities. Tickets are limited though, so early purchases are a must if you want to participate! Always a sold-out event, come dance your night away at this fun event!

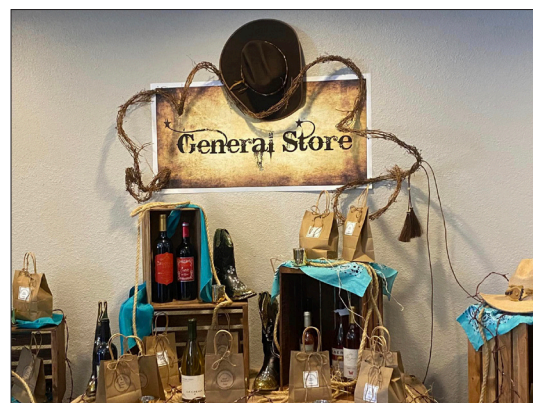
As always, information about joining Pecan Plantation Woman's Club is available by email to sandyh9911@gmail.com or by phone at (501) 922-7464,



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Pecan Plantation Woman's Club

Luncheon, Meeting & Program

Thursday, February 15, 2024

Clubhouse Ballroom

Gathering 9:30am - Meeting 10:00am

Sandy Hoelting, President - 501-922-7464

Menu

Meat Loaf with ketchup sauce

Mashed Potatoes

Zucchini & Squash Medley

Dessert: Cherry Cobbler

Luncheon: \$21.00

Reservation and Cancellation deadline

Noon Thursday, February 8, 2024

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BREAKFAST CLUB

We kicked off the New Year with some outstanding presentations. On Jan. 10, we were pleased to host Dan Vanderburg. As a sixth generation Texan, Dan grew up hearing how his ancestors worked to build their farms, ranches and their way of life on the Texas frontier. Those accounts lit a spark in Dan as a youngster to learn more about the people who built Texas. Dan develops strong characters with their own stories to tell, then places them in and around critical events in history.

In addition to Dan's activities as a novelist and poet, he is an accomplished lecturer and trainer. He speaks for social, fraternal and business organization, as well as church groups, schools and retirement complexes. In his presentation "Gone to Texas," Dan discusses what life was really like on the raw frontier of early Texas and includes book signings. Dan has many books on Amazon.

On Jan. 24, Breakfast Club hosted a meet and greet for the three candidates running for its board of directors. It was nice to hear from these members before we cast our ballots.

Feb. 14 brings one of our most exciting presentations. Lance Tahmakera is a direct descendant of Quanah Parker and Cynthia Ann Parker. Mr. Tahmakera will be speaking about his ancestors along with presenting the of history of the Comanches and telling stories he heard as a child. He will bring items for club members to view including a

buckskin dress, regalia, old photos, bow/arrow, beadwork, etc. If you are not familiar with Quanah or Cynthia Ann Parker, I encourage you to read about them beforehand. Theirs is an amazing story.

Feb. 28 brings us another author, Martin Brown. Martin is the author of the Glen Rose Moonshine Raid. "With hills studded with whiskey stills and cisterns brimming over with beer, Glen Rose operated in concerted defiance of one of Prohibition's chief champions, Governor Pat Neff. In 1923, Neff dispatched Texas Rangers and undercover agents to do the job of the unwilling local law enforcement. More than 50 men were arrested, including the sheriff and the county prosecutor. Outraged, the town's most prominent citizens stalked the Rangers and their agents, assassinating the primary operative in an ambush and further escalating the affair. Author Martin Brown follows the frenzy of the raid and its aftermath." How about that for a little local history?

Martin Brown is a native of Dallas. He was a patrol officer and detective with the police department in Garland, and left in the early 1980s to form a private detective agency in downtown Dallas. He retired to a small ranch in Glen Rose, where he lives today.

Be sure to join us at Breakfast Club. Call the clubhouse in advance to make reservations and order breakfast if you so desire.



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GREEN THUMB GARDEN CLUB

By Linda Kunzman

We'd like to first thank all the residents and businesses who support us. We appreciate the yearly donation and all those who attend our fundraisers. The club could not survive without that generosity happening. We are also appreciative of Daniel Van Patten and his crew who are there for us when we occasionally need help. It is nice to know that we can count on them.

I am so proud to be a part of the dedicated team of gardeners that continues to spend hours keeping the circles beautiful all year round. Each year, some of the funds are used to add a few more decorations for the holiday seasons as well as maintaining both circles to make Pecan proud. We hope you and your visitors enjoyed the holiday look. (See photos)

Plans for landscape and uplighting in the front circle are still in the works. The garden club needs to replace several trees lost after the last couple of years of challenging weather conditions. There are drainage issues to fix and pathway borders to better secure, as well as adding more crushed granite in the walkways that have washed out.

Let's grow more in 2024. If you are not yet on the \$25 annual auto-bill, please consider helping us in that way. You don't have to work in the garden. The volunteers who enjoy gardening have been doing the work since 2005. Remember, your annual donation also helps us pay for necessary labor when we can no longer handle certain jobs ourselves. If you want to become a member/volunteer, please contact Carol Walker, membership coordinator, at 817 658-8299. As a member, you will also receive notices of our fundraising events. Our next one will be our plant sale in late April.

Sincerely,
Linda





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WILDLIFE FOCUS

By Bob Lusk

The annual Dr. Barna Kid's fishing tournament, held Dec. 18, 2023 at the pond on #10, was a roaring success. Thirty-six kiddos registered, and 23 caught fish in the hour-long event, with 61 rainbow trout, a bluegill and two bass logged. Trout totaled almost 66 pounds. The biggest fish, a golden-colored beauty, tipped scales at 2.05 pounds. Wildlife committee chair Mike Hustak couldn't wipe the smile off his face. "It's so fun to watch kids and parents enjoy themselves during this event. The committee works hard to make this tournament happen. Our hat's off to our volunteers and especially Daniel Van Patten and his guys for helping set up and administer the tournament."

Your wildlife committee raises funds to cover cost of the trout, this year spending approximately \$6,000 on the 400+ pounds of catchable-size fish. Fish left over are fair game for the rest of the community to catch. Recipes not included. Fish come from Crystal Springs Trout Farm in Ava, Missouri.

Speaking of fundraising, the wildlife committee is about to start its main event, a gun raffle. Proceeds buy trout. Tickets go on sale in March; drawing is June 14. Teaser: Tickets are

\$25 each or five for \$100 for two — count them — two grand prizes. Details about those prizes and how to get your tickets will be in the next Columns magazine. Only 500 tickets will be sold.

There's more news in the offing. Committee member and resident, Bob Lusk (me), long time fisheries biologist, worked with several members of the committee to evaluate several ponds within Pecan Plantation to begin a pond management program. The pond behind the driving range, near the community garden, and the pond where the trout tournament is held were evaluated with electrofishing equipment to take inventory of the fishery for a baseline to create a management strategy for better fishing, especially for community youth.

Both ponds have a healthy fishery, but each needs some love and attention. A proposal has been written to be submitted to decision-makers. If you'd like a copy of the pond report, email boblusk@outlook.com and he'll send a copy of the findings.

Photos by Karen Gomez



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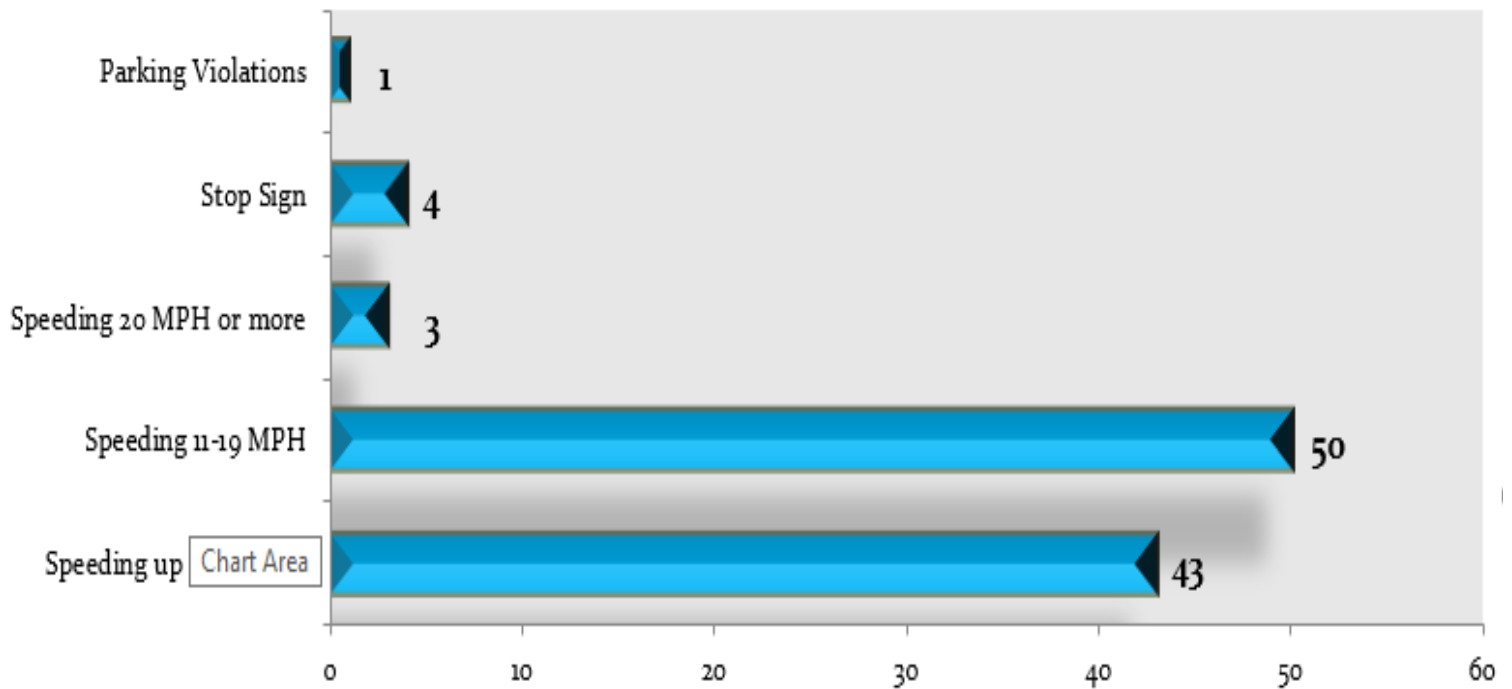
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Security Statistics

December 2023

Citations December 2023 Total: 101 Citations



Asset Type	Amount
Speeding up to 10 MPH	43
Speeding 11-19 MPH	50
Speeding 20 MPH or more	3
Stop Sign	4
Parking Violations	1
Total Warnings Among Citations	9

Areas of Citations Issued

Claremont - 11
 Front Circle Parking Lot - 1
 Monticello - 13
 Orchard - 7
 Plantation - 39
 Ravenswood - 6
 Wedgefield - 18
 Westover - 6

Breakdown by Violator Type

Member/ Guest - 73
 Contractor/ Vendor - 28

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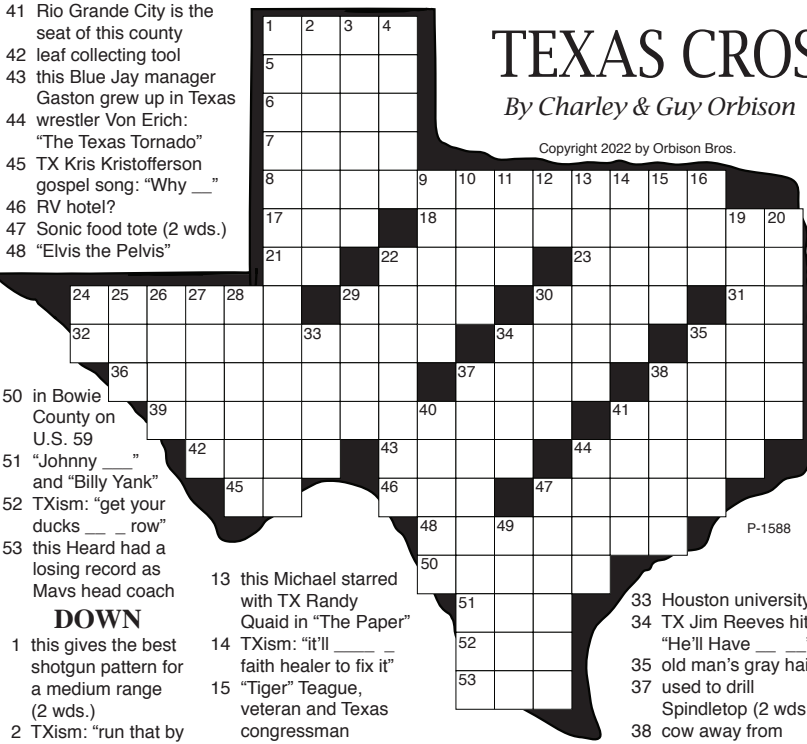
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TEXAS CROSSWORD PUZZLE

By Charley & Guy Orbison

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Solution is found on page 58



- ACROSS**
- this "Beetle Bailey" artist Walker lived in Texas as a child
 - Baird High class (2 wds.)
 - this Moore was co-star of TX Swayze in "Ghost" (1990)
 - "___ old Cowhand . . ."
 - seat of Pecos County (2 wds.)
 - irritate, annoy
 - auto sellers (2 wds.)
 - a boot width
 - TXism: "plain as the nose on your ___"
 - TXism: "restless as ___ church"
 - TX George W. lost ____, George H.W., in 2018
 - longtime U.S. rep. from the Valley: Kika ___ Garza
 - ___-gallon hat
 - Super Bowl ___ (Cowboys' first win)
 - TXism: "raised ___" (city boy)
 - Coleman High class (2 wds.)
 - "What's the ___?" (slang for what's happening)
 - these cranes migrate to Texas in the winter
 - horse coloring
 - boot bottom
 - beginning course in social behavior: "Intro ___"

- Rio Grande City is the seat of this county
- leaf collecting tool
- this Blue Jay manager Gaston grew up in Texas
- wrestler Von Erich: "The Texas Tornado"
- TX Kris Kristofferson gospel song: "Why ___"
- RV hotel?
- Sonic food tote (2 wds.)
- "Elvis the Pelvis"

- in Bowie County on U.S. 59
- "Johnny ___" and "Billy Yank"
- TXism: "get your ducks ___ row"
- this Heard had a losing record as Mavs head coach

DOWN

- this gives the best shotgun pattern for a medium range (2 wds.)
- TXism: "run that by me ___ time"
- make a comment
- TXism: "___ so" (not true)
- "___ up" (increase)
- org. that nurtures the arts in Dallas
- ___ City, Texas
- fixed term/interest savings tool (abbr.)
- this Michael starred with TX Randy Quaid in "The Paper"
- TXism: "it'll ___ faith healer to fix it"
- "Tiger" Teague, veteran and Texas congressman
- actor Beatty in film "Big Bad John"
- Odessa Permian has one with Mildland Lee
- military marksman
- horse's foot joint
- Santa's word
- agcy. now a part of Homeland Security

- shoo!
- benefactor
- Texas-based 1949 film: "Calamity Jane ___ Bass"
- H-E-B cold cuts and cheeses section
- TX Dobie Gray hit: "Drift ___" (1973)

- Houston university
- TX Jim Reeves hit: "He'll Have ___"
- old man's gray hair used to drill Spindletop (2 wds.)
- cow away from the herd
- cal ___ hummingbird is the smallest bird in Texas
- dry, arid
- Rusk AM/FM
- TXism: "busy ___ at happy hour"
- TX Buddy's wife: Maria ___ Holly



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2 YOUR RESCUE

Puzzle solution for Crossword
Puzzle on page 57.

Last Puzzle Solution

S-1588

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ANNUAL ELECTION
Electronic voting starts Feb. 9 at 8 a.m. and closes March 1 at noon.

Paper ballots will be mailed to the address on file no later than Friday, Feb. 9 and a ballot box will be located in the Clubhouse Lobby until Saturday, March 2, 2024 at 9:00am (if you opted-in for electronic only no paper ballot will be sent.) **If you vote electronically, do not vote via a paper ballot. More information to come prior to election.**

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RECYCLING

Residents of Pecan Plantation have three collection points for recycling.

Visit the Collection station at 6907 Cottage Court, off Ravenswood near the Stables.

- **LAST SATURDAY** of each month from 8 a.m. to noon. Bring recyclable items, branches and bulk trash.
 - **WEDNESDAYS** from 4 to 6 p.m. Only branches and recyclables are accepted.
 - **Never accepted at this location:** refrigerators, TVs, tires, paints or other hazardous materials.
- Call the Operations office 817-408-3511 for more info.

Pecan Plantation's Tennis Shoppe recycles aluminum cans, with proceeds benefiting Pecan tennis. All cans should be rinsed and free from residue.

Hood County Citizens Collection Station is located at 244 Bray St. Call 817-579-3288 for hours and information. This location does accept glass, aluminum and metal cans, cardboard, paper and most plastics. Follow the QR code for a detailed list and instructions on what and how to recycle.



Acceptable Recycling Items			
ITEMS TO BE RECYCLED	YES	NO	HOW
	METAL	Aluminum, tin food & beverage cans, up to 1 gallon in size; 3 gallon #10 cans such as coffee containers	Any other metal containers including aerosol cans containing hazardous chemicals, paints, cleaning fluids, poisons, no scrap metal
Newspaper, catalogs, magazine, junk mail, shredded paper	Clean, dry newspaper & inserts, magazines & catalogs, junk mail, computer paper, stationary, bills, shredded paper, envelopes with windows, NOTE: must be less than 2 months old or goes in the trash	All other paper including soiled paper, telephone books, non-paper bags such as plastic or Tyvek, overnight delivery envelopes, bubble wrap, books of any kind, greeting cards, gift wrap & product samples.	Place in brown paper grocery bags or cardboard & place on top of other materials. NO PLASTIC BAGS.
Plastic	Small & wide mouth containers up to 1 gallon marked on the bottom with a "1" or "2".	Containers with other numbers or no numbers; containers larger than three gallon; plastic bags, motor oil & anti-freeze containers...even if marked with a "1" or "2".	Make sure containers have a "1" or "2" on the bottom; remove cap or lid; labels okay; rinse & place in cart.
Boxboard	Cereal, cracker, shoe boxes, shirt boxes, beverage cartons & six-pack cartons	Boxboard containing wax, plastic or foil; or contaminated with food	Remove plastic cereal bag, flatten boxes, place in polly cart
Corrugated Cardboard	Clean cardboard with wavy middle layer of brown paper	Pizza boxes, wax-coated cardboard	Remove packing materials, flatten boxes

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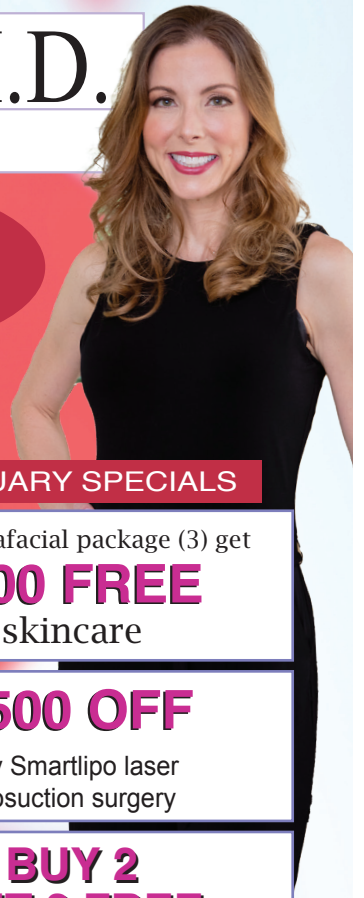
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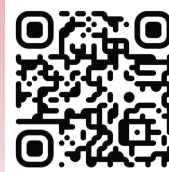
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