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2023

LIFE INSIDE DECORDOVA BEND ESTATES

VOL. 3 ISSUE 1 JANUARY 2023

magazine

It's still a *Great* time to sell your home

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| Average List Price (19 Listings) | . \$425,795 |
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| Avg. Sq. Ft List Price | . \$205.85 |
| Homes Under Contract Not Closed | 1 |
| Average Sold/Closed Price (4 Sales) | . \$289,000 |
| Avg. Sq. Ft. Sold/Closed Price | \$175.10 |
| Average Days on Market | 42 |
| 9 | |

Based on figures from the NTREIS Multiple Listing Service, November 4 to December 4 for DCBE. Information is believed to be accurate, but is not guaranteed. Remember, sale prices are set by buyers willing to buy. These statistics are averages which do not reflect particular important features of a home such as location, condition, updating, etc. Each property stands on its own merits with respect to its appeal to the individual buyer.

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Fairway is the official magazine of DeCordova Bend Estates and is distributed to each household every month. We strive to provide residents with news and information about events, activities and people in the community. The views expressed by contributors may not necessarily be those of Fairway Magazine or Hyde Media Group. All rights reserved and no part of this publication may be reproduced or copied in any form or by any means without the written permission of Hyde Media Group, LLC. © 2023.

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ESTATES & COUNTRY CLUB

DeCordova Bend Estates is a *gated golf course community* with beautiful waterfront views located near Granbury, Texas. DeCordova is a popular choice for newcomers.

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If you have editorial or photography for Fairway, please write to Fairway@hcnews.com. The deadline for submissions is the first day of the month prior to publication date. EX: Jan. 1 for the February issue.

Advertising closes on the fifth of the month prior to publication date. Contact Karen@hcnews.com or call 817-537-7066 and ask for Karen Chandler.

DECORDOVA BEND ESTATES CLUBHOUSE

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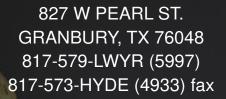
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FIND THE GOLF BALL

Let's have some fun! Somewhere in this issue of Fairway, there is a hidden golf ball for readers to find. Hint: it's on one of the advertisements. This ball doesn't play fair so you may have to search high and low.

When you think you have spotted the ball, send us an email with your answer. The deadline is 5 p.m. on Jan. 10. No mulligans!

Email your guess and contact info to fairway@hcnews. com. Those with the correct answer will be entered into a random drawing for a \$100 gift certificate and four movie passes. Happy hunting!

Winners will receive a call from the DCBE office to notify them when the prize is ready for pick-up.



CONTRIBUTORS



Before putting down roots in Texas, Dan Smock was a teacher, a soldier, and then project manager for the US government in places like Iraq and Afghanistan. He is now a writer from Granbury, where he lives with his wife and more cats than originally planned.

Dan Smock

A DCBE resident, Darren Clark can be found on the golf course, on the stage at the Granbury Opera House, or in his cubicle manipulating pixels into many of the Hyde Media Group's publications. Darren is a designer, photographer and occasional writer.



Darren Clark



Jay Ann Cox

Jay is a lifelong writer, educator and editor who wakes up early to drink coffee and do the crossword, plays word games for fun, always wins at Jeopardy! (when she is home alone), reads at the dinner table, and loves to talk about writing. Her six-word memoir is "I wish we had more time." What's yours?

Additional photos by Michael Acosta and Sam Houston

ONTHE COVER



NEVERTOO LATE

Hard to believe we turned another page on the calendar and it's now 2023. What's in store for you in this New Year? Are there new goals, new plans and a new you to go along with that fresh calendar on your wall? January is often a month of "new" but remember that what matters most is "now." It's never too late to start again.

Calling All Writers and Photographers

We want to hear from you. What do you see around the neighborhood that makes you think "that ought to be in the magazine!" Send us your ideas for stories, and even better, let us know if you would like to write for the magazine. Let's see what we can cook up. Contact us at fairway@hcnews.com.

Send us your photos too. Show everyone what you see that's beautiful about living here. Friends, family, nature, wildlife, sports action, special momentsshare it with your community. Send your JPG files along with your name and contact information to fairway@hcnews.com.

A few tips: Photos should be high quality JPGs—at least 4x6 inches at 300 dpi. If you are sending them from a smart device, choose "Actual Size" or "Original Size" to send. Low resolution, out of focus, inappropriate or otherwise poor-quality photos, or those that have been heavily edited or filtered, will not be published.

We are eager to kick off the New Year in style and are planning to make 2023 a great year for Fairway.

AMENITIES

The Fitness Center

Overlooking the marina, the Marshall Fitness Center houses state of the art equipment including exercise bicycles, treadmills, ellipticals and rowing machines. There are machine weights, free weights, dumbbells, and an array of other exercise equipment to help you achieve your fitness goals.

Open 24 hours a day, the Fitness Center is kept locked at all times. Only fitness club members have access to the Center.

SIGN IT

DCBE members apply for access and pay only \$8 a month (per household user), with a \$50 one-time initiation fee.

Visit the Fitness Center page on the member website to find the Fitness Center Agreement. Fill it out and take the signed form to the Admin offices between the hours 8 a.m. to 4:30 p.m., Monday-Friday. Scanned and signed copies of the form can be emailed to recreation@dcbeweb.com.

After Admin receives the signed agreement, access will be granted within 1-2 business days.

DOWNLOAD IT

The Fitness Center lock is accessible through the VIZpin Smart app that operates via Bluetooth. No need for a network connection. Download this free app from the Apple or Android Play stores.

Once the app is loaded, request access. The app will request onetime information and a location ID, provided to members through the fitness center page on the member website.

CRUSH IT

Reaching those New Year's goals could be just a short drive from home. Open all the time, the Marshall Fitness Center is ready when you are, no matter what your schedule looks like.

Please email recreation@dcbeweb.com or call 817-326-2381 to report any damaged equipment or if you experience any issues obtaining entry into the fitness center.







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- ❖2022 Forbes Top Women Wealth Advisors Best-In-State list,
- ❖2021, 2020 Forbes America's Top Women Wealth Advisors list,
- ❖2022, 2021 Forbes Best-In-State Wealth Advisor list,
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- ❖2020 Working Mother Magazine Top Wealth Advisor Moms list.

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Check out each list here:

https://www.forbes.com/top-women-advisors/#4f2d88d151f4; https://www.forbes.com/best-in-state-wealth-advisors/; https://www.forbes.com/top-women-advisors/#4f2d88d151f4; www.SHOOKresearch.com

The Forbes ranking of America's Top 1,000 Women Wealth Advisors, developed by SHOOK Research, is based on an algorithm of qualitative and quantitative data, rating thousands of wealth advisors with a minimum of 7 years of experience and weighing factors like revenue trends, AUM, compliance records, industry experience and best practices learned through telephone and in-person interviews. Portfolio performance is not a criteria due to varying client objectives and lack of audited data. Research Summary (as of February 2021): 32,810 nominations were received based on thresholds (9,785 women) and 1,000 won. This ranking is not indicative of advisor's future performance, is not an endorsement, and may not be representative of individual clients' experience. Neither Forbes nor SHOOK receive a fee in exchange for rankings. Raymond James is not affiliated with Forbes or Shook Research, LLC. Please visit https://www.forbes.com/top-women-advisors for more information.

The Forbes ranking of Best-In-State Wealth Advisors, developed by SHOOK Research, is based on an algorithm of qualitative criteria, mostly gained through telephone and in-person due diligence interviews, and quantitative data. Those advisors that are considered have a minimum of seven years' experience, and the algorithm weights factors like revenue trends, assets under management, compliance records, industry experience and those that encompass best practices in their practices and approach to working with clients. Out of approximately 32,725 nominations received, based on thresholds, more than 5,000 advisors received the award. Portfolio performance is not a criteria due to varying client objectives and lack of audited data. Neither Forbes nor SHOOK receives a fee in exchange for rankings. This ranking is not indicative of advisor's future performance, is not an endorsement, and may not be representative of individual clients' experience. Neither Raymond James nor any of its Financial Advisors or RIA firms pay a fee in exchange for this award/rating. Raymond James is not affiliated with Forbes or Shook Research, LLC. For more information, visit: https://www.forbes.com/best-in-state-wealth-advisors/

SHOOK™ Research considered Wealth Advisors who are mothers with children living at home and under the age of 21. Ranking algorithm is based on qualitative measures derived from telephone and in-person interviews and surveys: service models, investing process, client retention, industry experience, review of compliance records, firm nominations, etc.; and quantitative criteria, such as assets under management and revenue generated for their firms. Investment performance is not a criterion because client objectives and risk tolerances vary, and advisors rarely have audited performance reports. Rankings are based on the opinions of SHOOK Research, LLC. Neither SHOOK nor Working Mother receives compensation from the advisors or their firms in exchange for placement on a ranking. Research Summary (as of 3/31/2020): from a total universe of 300,000 advisors, based on our thresholds we received 32,350 nominations, of which approximately 20% (6,600) were women and less than a quarter (1,238) at the time were mothers with children under the age of 21 and living at home. A final list of the top 500 advisors was then compiled based upon the quantitative criteria. Raymond James is not affiliated with Working Mother or Shook Research, LLC. This ranking is not indicative of advisor's future performance, is not an endorsement, and may not be representative of individual clients' experience. Neither Raymond James nor any of its Financial Advisors or RIA firms pay a fee in exchange for this award/rating. For more information see www.SHOOKresearch.com.

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January in History

January 1, 1863 - The Emancipation Proclamation by President Abraham Lincoln freed the slaves in the states rebelling against the Union.

January 3, 1959 - Alaska was admitted as the 49th U.S. state with a land mass almost onefifth the size of the Lower 48 states together.

January 8, 1935 - Elvis Presley (d. 1977) was born in Tupelo, Mississippi.

January 11, 1755 - Alexander Hamilton (pictured right) (d. 1804) was born in the British West Indies. The sung-and-rapped musical "Hamilton" has been in continuous production around the world since its debut in 2015 off-Broadway.

January 11, 1964 - The U.S. Surgeon General declared cigarettes may be hazardous to health, the first such official government report.

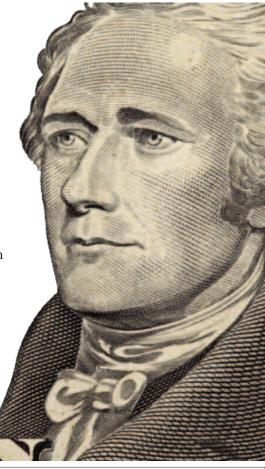
January 20, 1945 - Franklin Delano Roosevelt was inaugurated to an unprecedented fourth term as president of the United States. He had served since 1933.

January 20, 1981 - Ronald Reagan became president of the United States at the age of 69, the oldest president to take office at the time. During his inauguration celebrations, he announced that 52 American hostages that had been seized in the U.S. embassy in Tehran, Iran, were being released after 444 days in captivity.

January 24, 1848 - The California gold rush began with the accidental discovery of the precious metal near Coloma during construction of a Sutter's Creek sawmill.

January 28, 1915 - The U.S. Coast Guard was created by an Act of Congress.

January 28, 1986 - The U.S. Space Shuttle Challenger exploded 74 seconds into its flight, killing seven, including Christa McAuliffe, a teacher who was to be the first ordinary citizen in space.





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Senior Pinewood Derby New event revs up

New event revs up competition for the grown-ups this time

eCordova is where fun is happening!
Recently, DCBE residents Tom
Crossett and Jim Randle were
recollecting their experiences as
youths at the Cub Scouts Pinewood Derby.
One thing led to another, and the two seniors
decided it would be a wonderful idea to
have an adult Pinewood Derby right here in
DeCordova.

They soon laid out building plans and bought materials to make an authentic Pinewood Derby track. Tens of hours were spent as they worked laboriously, cutting, sanding and painting until the track was completed to specifications.

Tom and Jim reached out to the staff of the Club and secured the Yacht room. They invited nearly 50 friends and family to come and participate.

Transporting the track was a significant challenge as it required it to be dismantled and then reassembled on site. When completed, the track fit the room perfectly and allowed plenty of room for eating, drinking and socializing.

Finding 20 Pinewood cars proved to be a challenge, but after scrounging though garage sales, antique stores and calling friends and neighbors, the cars were secured. Contestants drew a number which corresponded with a car, and then "drove" in the preliminary heats, with the winners of those heats facing off in the finals.

The winner was DeCordova resident Teresa Houston, who blazed through the competition undefeated. As a reward, she received a first place medal and a handmade cheeseboard, but more importantly, created a great many memories with her friends.

What's down the road for the DCBE Pinewood Derby? Plans are already being made to make the event bigger and better in the future.



Above: Tom Crossett (left) and Jim Randle (right) wanted to relive the glory days of their Cub Scouts' Pinewood Derbys. So, they organized one for friends at DeCordova, complete with authentic track and cars.

Left: Teresa Houston was the lucky winner of the first (annual?) Pinewood Derby at DeCordova Bend Estates.

Photos by Sam Houston



SCHEDULE OF EVENTS

MGA — Every Wednesday @ 9am thru March LGA — Every Thursday @ 9am thru March Saturday Gangsome @ 12 noon Sunday Couples @ 9am Thursday Scrambles start March 16th; 5:30pm

UPCOMING DCBE TOURNAMENT SCHEDULE:

FEBRUARY

5 - SUPER BOWL SHOWDOWN 12 - Super Bowl Watch Party

16 - Thursday Evening 9-hole Scrambles begin

18 - YELLOW BALL TOURNAMENT

23 - LGA Guest Day

29-30 - MGA BROKEN CUP (rounds 1 & 2)

APRIL

5 - MGA BROKEN CUP (round 3)

19 - MGA Guest Day

20 - LGA Guest Day

26-27 - LGA MEMBER-MEMBER TOURNAMENT

6-7 - DCBE SPRING MEMBER-GUEST TOURNAMENT

10-11 - LGA RINGERS TOURNAMENT

24-25 - MGA FUN-IN-THE-SUN TOURNAMENT

29 - MEMORIAL DAY (course open)

JUNE

1 - LGA Guest Day

8-10 - LGA MEMBR-GUEST CLASSIC TOURNAMENT

24-25 - DCBE 3-Person SCRAMBLE

JULY

4 - INDEPENDENCE DAY (course open)

5 - MGA Guest Day

19-20 - MGA/LGA CHARITY BENEFIT

29-30 - DCBE 2-Person SHAMBLE

19-20 - DCBE CLUB CHAMPIONSHIP

SEPTEMBER

4 - LABOR DAY (course open)

6-9 - DCBE MEMBER-GUEST (CLUB BENDERS)

13 - MGA Guest Day

20-21 - MGA CHAMPIONSHIP/HANDICAP TOURNAMENT

27-28 - LGA CHAMPIONSHIP/HANDICAP TOURNAMENT



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January 2023

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------------|---------------------------------------|-----|-----------------------|-----------|--------------------------------------|----------------------------|
| New Year's Day Pro Shop Closed | 2 | 3 | 4 MGA Guest Day | 5 LGA | 6 | 7 Saturday Gangsome |
| 8 Sunday Couples | 9 NCAA NATIONAL CHAMPIONSHIP | 10 | 11 MGA | 12 LGA | 13 | 14 Saturday Gangsome |
| 15 Sunday Couples | 16 | 17 | 18 MGA | 19 LGA | 20 | 21 Saturday Gangsome |
| 22 Sunday Couples | 23 | 24 | 25 MGA | 26 LGA | 27 | 28 Saturday Gangsome |
| 29 Sunday Couples | 30 | 31 | | | wl Boards 7th, in Pro Shop | |

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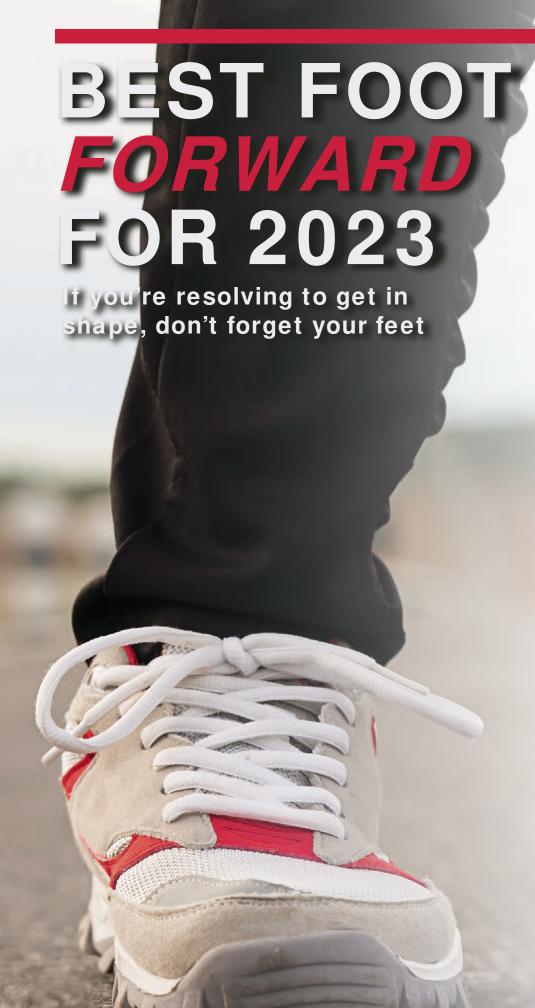
Aluminum Shutters

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Solar Screens

Retractable Screens

Motorization



hile you may want to tone your abs, glutes and triceps in the new year, there's one often-overlooked area of the body that deserves your attention too: your feet

"A lot of people hit the gym or dust off their home exercise equipment in January," said Danielle Butto, DPM, FACFAS, a board-certified foot and ankle surgeon and a Fellow Member of the American College of Foot and Ankle Surgeons (ACFAS). "But without proper precautions, a new exercise routine can cause foot and ankle injuries that could sideline you just as you're hitting your stride."

According to ACFAS, here's what to know as you follow through on your resolution to get fit:

COMMON INJURIES

Don't play through the pain of an ankle sprain. Avoiding treatment can not only cause further damage to the ligaments which may take much longer to heal or possibly require surgery, but you may be overlooking a more serious injury -- a stress fracture.

A stress fracture may feel like an ankle sprain at first, but you'll notice additional warning signs, such as swelling without bruising, and pain even during normal activities or when touching the area. If you have any of these symptoms, have your foot and ankle evaluated by a foot and ankle surgeon as soon as possible.

Pain or swelling around the Achilles tendon after a workout could be indications of Achilles tendonitis. Untreated, a stretched or strained Achilles tendon may worsen over time, leading to stiffness and fatigue in your injured leg. Worse yet, untreated Achilles tendonitis could result in a ruptured tendon requiring surgery and rehabilitation of several months.

Heel pain that lasts for more than a day or two, or pain that worsens when you stand after sitting for an extended amount of time, may be plantar fasciitis. This common condition is a result of inflammation of the tissue extending from your heel to your toes. If caught early, your foot and ankle surgeon can recommend at-home conditioning. In late stages, plantar fasciitis is harder to treat and takes longer to resolve.

PREVENTION TIPS

The good news? Many injuries are preventable. Foot and ankle surgeons offer five tips to help you keep your feet and ankles healthy:

BE SMART

Consider consulting a personal trainer at first to ensure you are practicing good form, and to increase the duration and intensity of your workouts gradually and safely.

STRETCH

Incorporate mobility and stretching into your fitness regimen, particularly before and after workouts.

BE FOOTWEAR AWARE

Wear properly-fitting athletic shoes that support the arch of the foot, provide heel cushioning and are designed for the exercise in which you're engaged. These measures can help you avoid plantar fasciitis and neuromas. Wear cotton or nonslip socks to help prevent painful blisters, which can become infected and cause more serious issues, especially if you have diabetes.

GUARD AGAINST BACTERIA

Sweaty shoes, public showers, exercise equipment and the pool deck are breeding grounds for fungus, viruses and bacteria. Wear water shoes in public areas, and after workouts, and get your feet clean and dry quickly.

BOOK AN APPOINTMENT

Foot and ankle pain isn't normal. It signals a problem that needs to be evaluated, diagnosed and treated by a specialist who fully understands this part of the body. To find a foot and ankle surgeon near you, use the "Find a Physician" search tool at FootHealthFacts. org.

"When you exercise, your feet and ankles do a ton of work holding you up and absorbing the shock of each step you take," said Dr. Butto. "So, as you kick off your new fitness routine, don't forget to protect them." 🟲

(Statepoint)

WALKING: YEAR-ROUND FITNESS

Whether it's making a circuit around the neighborhood or hitting the treadmill at the DCBE Fitness Center, walking is a superb exercise to fit into a fitness regimen. Even 10 minutes a day can add up to the target 75 minutes of vigorous activity, or 150 minutes of moderate activity a week that is recommended by the Department of Health and Human Services' "Move Your Way" program. Find out more at health. gov/moveyourway/activity-planner.

ALL-WEATHER ACTIVITY

When it's cold, you don't have to give up your workout. Bundle up in layers, covering head, ears, hands and throat before you go out. As your body warms, you can peel off hat, gloves, layers, or open up a zipper to dump heat. Carry water, even when it's cold, to stay hydrated.

MODERATE OR VIGOROUS?

Both kinds of walking intensity are good, depending on your fitness goals. To find out if your activity level is moderate or vigorous, use the "talk test."

- · If you're breathing hard but can still have a conversation easily, it's moderate intensity activity.
- · If you can only say a few words before you have to take a breath, it's vigorous intensity activity.
- · If you walk with friends, try singing together as you walk. What a joyful way to get your steps in! (And it qualifies as moderate.)

"GOOD FOR WHAT AILS YOU"

Walking is an ages-old form of exercise that is good for almost any body. Except in cases of foot, knee and leg limitations, walking benefits the cardiovascular system, helps prevent osteoporosis, improves balance and mobility issues and can boost your mood.

Source: health.gov.





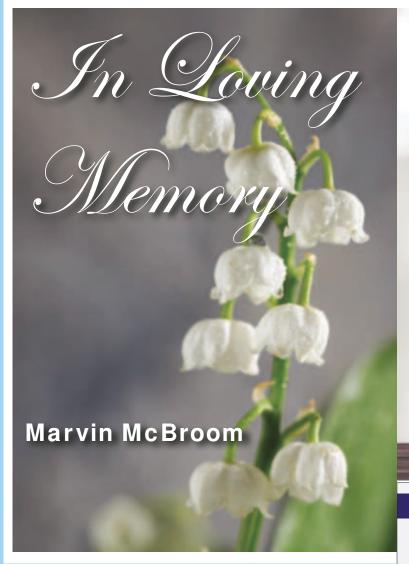






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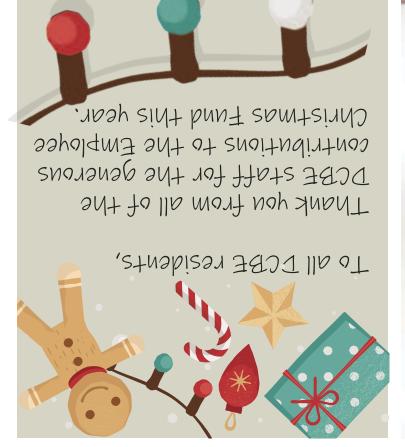




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ur pets are like family - no, they are family. That's why most pet owners will spend big bucks sometimes to shower them with love, in the form of toys and treats. In fact, the pet industry has grown to more than \$76 billion spent yearly in the U.S.

Because some pets are dead set on emergency room visits, pet owners should watch out for the dangers lurking in various human foods and pet toys that might turn into a costly vet treatment.

TOY JOY

Keep in mind, any toy can be hazardous. It depends on the pet more than the toy. Some pets embrace their instinct to "kill" the toy and ingest it. Thousands of dollars and lots of heartache can be saved if you catch that detached squeaker before it ends up in your dog or cat's intestines.

To prevent this type of hazard, check to see how easily parts can be removed, and how your pet is playing with the toy. Watch out especially for:

- Rope and knot toys (strings can cause intestinal blockage and distress)
- Feathers (quills can puncture or irritate digestive tract)
- Bells and squeakers (digestive tract blockage or perforation)
- Stuffed toys (stuffing if ingested doesn't pass very easily)

TREAT TROUBLE

Stick to treats made for pets. Dogs especially should not have any of the following ingredients that come in many household favorites:

- Chocolate/cocoa powder (contains theobromine which is toxic to dogs)
- Currants, raisins or grapes (cookies, muffins, fruit
- Alcohol (rum cake, unattended or forgotten glasses)
- Raw dough (may contain alcohol from the yeast)
- Garlic and onion (more than a little can be a
- Anything containing the sweetener xylitol
- Fatty and/or raw meat scraps (can interfere with normal pancreatic function)
- Bones (cooked or raw, bones can splinter)

DANGEROUS DECOR

If you still have holiday lights and garlands around the house, or in the yard, put these items on your radar that may cause big headaches for you and dangerous stomach aches for pets.

- Potpourri (some pets like the texture or smell; can be toxic)
- Mistletoe and holly (poisonous to both cats and
- Tinsel and garlands (lacerations in mouth and
- Decorations with wire or twinkling lights (burns, cuts and digestive blockage)



by Jay Ann Cox





CONSTRUCTION



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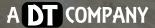
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PLAYINGTHROUGH

GOLF LEADS TO A LIFETIME OF COACHING



hen Doris Earls first told a golfing partner to keep their head down to improve their swing, she could not have known that those few words would lead to more than 40 years of service as a member of the Ladies Professional Golf Association (LPGA), eventually becoming a lifetime Senior Master in the Training and Coaching Program (T&CP) — something she never dreamed of achieving during her coaching career.

Growing up, Earls always liked sports, but they were not something her parents encouraged.

"I loved sports, but when I would come home, maybe excited about a volleyball game I had just played, my mom would just pat me on the head and say, 'That's nice, now you need to go practice the piano, you have a lesson tomorrow,'" Earls said.

And so, Earls started down a path toward music.

"I knew that if I wanted to please my parents, music was going to be the way to do that," she said. "I played just about every instrument I could: the piano, the oboe, the French horn."

An uncle who was in show business gave her a taste of what that life could be like when she got to go backstage during a production of "Showboat."

"That was the first time I heard live music," Earls said, "And it was just phenomenal."

While she loved playing music, Earls knew that was not the path her life would take.

"If I had any talent, I would have wanted to be a performer," Earls said.

Fortunately, for the world of golf and the students she has tutored over the years, Earls did find that she had a talent for coaching, in a sport she never played until after marrying her husband, Ken.

Ken Earls was a Marine officer, and that meant Doris was a Marine officer's wife, and it was on a day when Ken had gone out to play golf that another wife introduced her to the game that would change her life.

Ken had gone out to play golf on a Sunday afternoon with a friend, whose wife had invited Doris and her two children over so they could spend some time together.

A GOLFER'S LIFE: Doris Earls is pictured in this 1971 photo taking a big swing on a golf course in California, the state where she grew up. "She asked me, 'Have you ever played golf?'" Earls said.

Growing up where she did, golf was not something that had ever been on Earls' radar, so the question surprised her.

"I said, 'Do women play golf?' We didn't hear about golf where I was raised, at all," Earls said. "And when I reacted like I did, she took me out in her back yard and handed me her wedge and showed me how to hold it."

And then Earls took her first golf swing.

"She told me, 'You're a natural'," Earls said, "And she signed me up for the next ladies' day on the course."

Golf has given me so many great times over the years — it's been such a blessing. ~ Doris Earls

On that first golf outing, Earls was paired with a woman who introduced herself as May, and they teed off.

It was evident from the outset that May had more enthusiasm than skill and was increasingly frustrated as the game progressed.

"I just told her, 'Keep your head down'," Earls said. "And so, I was teaching before I knew what in the world I was doing."

A few weeks later, May introduced Earls as "my new golf buddy" to her husband, who turned out to be Ken Earls' commanding officer.

"You just didn't call senior officers' wives by their first name," Earls said, laughing at the memory.

Over the course of her husband's career, Earls went on to play and coach on courses all over the United States and the world, but she first became a course pro and joined the LPGA after her children had grown and left the house.

Earls was looking for something to do with her time, and her daughter had told her that there was a club position open at the course near them in Costa Mesa, California, that would involve things like calling people to the tee or ordering clothes for the pro shop.

But when she went in for an interview, the questions were a little different.

"He started asking me golfing questions, like what I would say to someone who had a constant hit to the right," Earls said.

Even though Earls was not expecting the question, she rallied and gave the answers they needed, and that led to three years working as the club pro — and several existing LPGA members asking her if she would like to join the LPGA.

Earls did, and has been coaching ever since, enjoying taking people from different backgrounds through the experience of their first round of golf.

"I approach coaching differently, depending on who I'm coaching," Earls said. "If I'm dealing with an engineer, then I can get into the science of the game, because golf is all about physics."

Explaining golf to a non-golfer can be the greatest challenge, but Earls has found a sport that most people have experienced helps explain golf, as well.

"I use bowling a lot as an example because so many of my students have had a chance to experience that," Earls said.

And she has passed on her love of the game to her two children, as well.

Daughter Lisa followed in her mother's footsteps and is a lifetime member of the LPGA.

Her son, Dennis, is the national director for fleet management for American Golf, a position he has held for more than 25 years.

Earls coaches less now than she has in the past, but is grateful for what the game has been in her life.

"Golf has given me so many great times over the years," Earls said. "It's been such a blessing." 🟲

SENIOR MASTER: Doris Earls, pictured in her home in DeCordova, discovered early in life that she had a talent for coaching other golfers. The longtime LPGA member now has accomplished something she had never dreamed of when she was younger becoming a lifetime Senior Master in the Training and Coaching Program.



PHOTOS COURTESY OF DORIS EARLS









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| Speeding | 2 | 8 | |
| Mis c. Tr affic/Accident | 4 | | |
| Hite/Broke Gate Arm | 4 | 7 | |
| Parking/Temp. Parking | 4 | | |
| No Driver's License/INS. | | 1 | |
| Underage Driving | | | |
| Faihıre to Stop | | | |
| Suspicious Vehicle | | | |
| Reckless Driving | 2 | 1 | |
| Anim als | | | |
| Bar king Dog | 5 | | |
| Leash Law | 1 | | |
| Aggress ive Animal | | | |
| Incidents | | | |
| Curfew Violation | | | |
| Mis conduct/D is or derly | | | |
| Failure to Provide ID | | | |
| Dmstic. Disturbance | | | |
| Disturbances | 1 | | |
| W Being Chks | 2 | | |
| Member Ass is ts | 38 | | |
| Theft | | | |
| Burglary | | | |
| Me dical Ass is ts | 6 | | |
| Misc. Rules Violations | | | |
| Vandalism | | | |
| Noise Complaint | 1 | | |
| False Alarm | 4 | | |
| Failur to Comply | | | |
| Ass cult | | | |
| Unauthorized Entry | 4 | 2 | |
| Misc. Complaints | | | |
| Fireworks/Firearms | | | |
| Mis chief | 1 | | |
| Fire | 1 | | |
| Burning on Property | 1 | | |
| Suspicious Person | 8 | | |
| Reports Not Listed Above Totals: | | 10 | |
| ioiais: | 89 | 19 | |

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November Security Report

FROM THE CHIEF

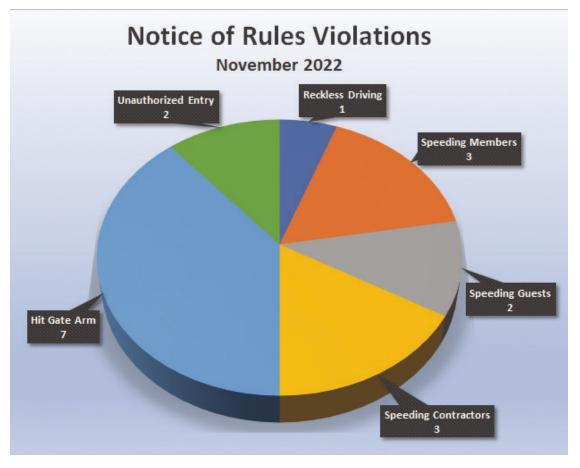
A reminder to members who are building homes or those who are doing remodeling or other construction projects: Please have a dumpster or large wooden trash box in place for the entire project. All trash should be inside the dumpster or box.

Please don't forget to check out the security page on the DCBE website and make sure to watch for security alerts.

- Always call 911 first if you have an emergency
- North/Back Gate 817-326-5277
- Main/Front Gate 817-326-4640
- Security Office 817-326-2677

ALWAYS AVAILABLE

I am asking all DCBE members to please contact me if you feel that security was unable to handle your complaint in an efficient professional manner so that I can address the situation. I am available 24/7 at 817-964-8114. You can also stop by my office or simply send me an email at chief@dcbewed.com.



Security responded to 89 calls for service, 19 Notice of Rules Violations

Happy New Year from your DeCordova Bend **Estates Security Department!**

Security would like to thank everyone who brought food and snacks to the gates over the holidays. Everything was really good and much appreciated.

We have had several members tell us that they did not know the rule after getting a NORV so start the year off by being informed. Please log in to the dcbeweb.com site and head to the Security page. Click on the rules and policies section - there is a link at the top of the page. I also have an area for security alerts as needed.

IMPORTANT NOTE: I have had some members try and call-in guests using the Security Office number. If you need to call in a guest, please call one of the gates.



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FEELING TIED TO YOUR TECH?

Three ways to disconnect more and stress less

evices are a big part of life in the 21st century. People may have access to tablets, laptops and even desktop computers, but it's unlikely they spend as much time on those devices as they do on their smartphones. A recent analysis of data for 11,000 users on RescueTime, an app designed to help people track their time and improve their productivity, found that 20 percent of smartphone users spend more than 4.5 hours on their smartphones on a typical weekday.

With a new year upon us, millions of people will no doubt be resolving to make better use of their time in the months ahead. Disconnecting from devices like smartphones can help individuals accomplish those goals. The following are some strategies individuals can employ as they aspire to spend less time on their devices in the year ahead.

■ Close some social media accounts. Social media can be a useful tool to stay connected with family, friends and the local community. But those connections can be maintained through one or two social media platforms. That's a lesson millennials or Gen Z-ers can take to heart, as the Global Web Index indicates that the average person has 8.4 social media accounts. Closing some social media accounts can reduce the temptation to pick up a device, ultimately paving the way to more time away from tablets, smartphones and laptops.

■ Turn off your notifications. According to research from the Business of Apps, the average smartphone user in the United States receives 46 push notifications from apps each day. The sound of a smartphone

notification has become as recognizable as any sound, and the volume of notifications the average users receive in a 24-hour period no doubt contributes heavily to how much time they spend on their phones. Turning off notifications makes it easier to disconnect from devices and may even make individuals more productive.

■ Change your reading habits. E-reader enthusiasts may have access to millions of books at their fingertips, but that access could come at a steep cost. Distractions abound when reading books on tablets, smartphones and e-readers. The internet is only a swipe or two away when reading e-books, while print books provide no such access to the internet. Tablets and e-readers employ the same notification system as smartphones, so readers who insist on going the digital route can turn those notifications off before cuddling up with a good book. But that might not be enough, as readers can still visit the home screen of their devices and begin browsing the internet. Print books are ideal for those who want to read with as little device-related distractions as possible.



BIRTHDAY WISHES

January **BIRTHDAY NIGHT**

Birthday Night will be held on the third Wednesday of every month from 5 p.m. to close. There will no longer be a monthly card mailed to you. Look for the dates, reservations and menus to be posted on ForeTees. Reservations will be required for proper service and ordering of products.



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January 10

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January 11

JACK CATES NELL DRYSDALE JACKIE GATTIS ALAN KONDZIOLA ALICE LANDERS JENNY LING **CALEB SATTERFIELD** JAMIE STAMPER RITA WEBB

January 12

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January 13

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January 14

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January 16

BILL BROWN JACK FALLIN GARY FISHER

January 17

JOY ARTHUR JEFFREY BURGESS DEBRA CLANTON DEBORAH HERNDON DON MCCURDY VICKIE D. PFLUEGER MONTE SMITH BRENDA SUMMERVILLE

January 18

IRVIN ASHLEY STEPHEN CLARK ROCHELLE DALY **HEATHER DOLLINS** DAVID GILL **BLAKE GOBER** JUDY MANOR MARY BETH MARSH

January 19

KIRK ALLMON PENNY HELSLEY **DOLORES LAWHORN BRADLEY MILLS** MARK C. SMITH

January 20

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January 21

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January 28

STEVE CANTER DALE COKER MICHELLE MOSELY JENNIFER PENNINGTON TEDDY WELDON LANDRA WHITE

January 29

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Keep resolutions easy so you can keep 'em

Resolutions to get in shape, exercise more and eat healthier foods are popular each January.

Optimism reigns when making resolutions, but for many, the difficulty lies in keeping them. Individuals looking to get healthier in the year ahead can try these strategies to stay the course.

- Wake up earlier. Waking up a half hour earlier each day can have a substantial impact. That small amount of extra time can be devoted to meditation, deep breathing exercises or even some yoga stretches.
- Move around more frequently. Many people with office jobs spend hours sitting in front of computers. A sedentary lifestyle can have an adverse effect on overall health. Set a timer or use a reminder on a fitness tracker to remind you to get up and move around for a little bit every hour.
- Eat more vegetables. Vague goals like "eating better" are difficult to maintain because there is no specific goal to achieve. Rather, a resolution like eating a fruit or vegetable each day at every meal is something measurable. Vegetables can be hidden in favorite foods, such as desserts. Swap pasta noodles for spiralized zucchini as another easy fix.

- Stand straighter. Posture tends to decline with age, advises AARP. This can cause the spine to lose flexibility. Stretches to maintain posture can help anyone stand straighter and improve long-term health.
- Add "bursts" to your walk. Researchers at the Mayo Clinic tout the benefits of interval training. While high-impact workouts may not be appropriate for everyone, adding little speed bursts to a daily walk can provide significant health benefits. Aim for 30 to 60 seconds of rapid walking at regular intervals to shake up the workout.
- Drink more water. Increasing water intake can help you feel fuller, thus reducing the likelihood that you will overeat. Gradually increase your water intake by adding a few ounces each day until drinking water becomes rote.
- Take a workout outside. Switch up your normal routine by making use of the great outdoors to exercise. Instead of three miles on the treadmill or elliptical machine at the gym, opt for three miles on a local hiking trail.

Healthy resolutions are easier to keep when you have firm ideas and choose reasonable goals.



Best time of day for workouts?

The right time to exercise is a different time of day for everyone. But there is good reason to consider moving your workout to the morning. The health experts at Healthline say that morning workouts are less vulnerable to distractions as phone calls and texts will typically take place later in the day.

Piedmont Medical group says there are mental health benefits of exercise, including the secretion of neurotransmitters that promote mental clarity and improve attention span. Working out first thing in the morning can help you focus and take charge at work or in school soon after. Since exercise can boost metabolism, it starts the day out well, and may help you make healthier decisions throughout the day, including choosing more nutritious

Healthline also says that cortisol is a hormone that keeps you awake and alert. Cortisol increases in the morning, peaking around 8 a.m. Working out around this time may make workouts more efficient and effective.

(Source: Metro.)

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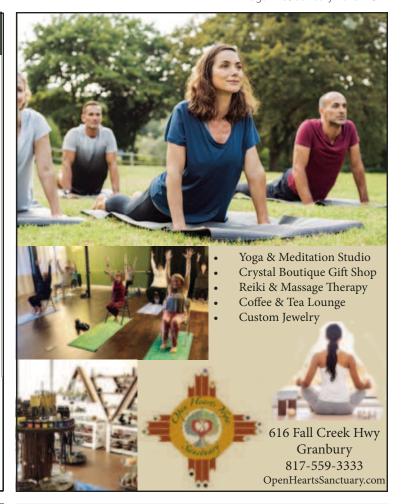


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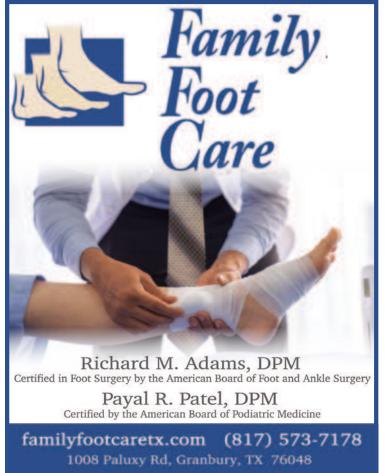
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PICTURETHIS

BIG BASS CATCH

Roger Lewis from DeCordova Bend Estates shows his two best striped bass — weighing 7 and 8 pounds — which he caught in Lake Granbury. Way to go, Roger!

PHOTO BY MICHAEL ACOSTA





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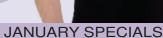
| 322 00 0112 968 0 188 6 6,000 | Current Month Budget 2,083 833 1,666 1,833 208 166 | This Year 475 500 1,490 -1,419 | Account Description General Income: Architectural Fees Rules & Policies Violation Collection Fees & Interest | This Year 14,877 | Budget 16,664 | YTDFY Budget | Last Year |
|--|---|---------------------------------|--|------------------|------------------|--------------|-----------|
| 3322 100 1012 1968 188 | 2,083 833 1,666 1,833 208 | 475 500 1,490 | General Income: Architectural Fees Rules & Policies Violation | 14,877 | - | | Last Year |
| 00 012 968 08 | 833 1,666 1,833 208 | 500 1,490 | Architectural Fees Rules & Policies Violation | | 16.664 | | |
| 00 012 968 08 | 833 1,666 1,833 208 | 500 1,490 | Rules & Policies Violation | | 16,664 | | |
| 012 068 8 | 1,666 1,833 208 | 1,490 | | | , | 25,000 | 21,630 |
| 8 | 1,833 208 | | Collection Eggs & Interest | 6,350 | 6,664 | 10,000 | 6,400 |
| 8 | 208 | -1.419 | Conection rees & Interest | 10,403 | 13,328 | 20,000 | 12,976 |
| 8 | | -, | Franchise Fees | 19,545 | 24,664 | 42,000 | 26,591 |
| | 166 | 80 | Interest - Capital Fund | 117 | 1,664 | 2,500 | 1,335 |
| | | 110 | Interest - Contingency Fund | 329 | 1,328 | 2,000 | 1,055 |
| 000 | 50 | 58 | Interest - Operating | 321 | 400 | 600 | 438 |
| | 65,000 | 26,000 | Owner Equity Fees | 409,500 | 520,000 | 780,000 | 590,500 |
| | 0 | 0 | Lessee Admin Charges | 3,747 | 5,620 | 8,430 | 11,146 |
| 00 | 3,700 | 2,700 | Lessee Charges | 21,700 | 29,600 | 44,400 | 27,400 |
| 2,730 | 232,730 | 232,498 | Member Assessments | 1,861,153 | 1,861,840 | 2,792,760 | 1,861,008 |
| 165 | 19,165 | 20,271 | Trash Revenue | 162,156 | 153,320 | 229,980 | 153,103 |
| | 458 | -2,540 | Miscellaneous | 660 | 3,664 | 5,500 | 17,228 |
| | 0 | 0 | Insurance Proceeds | 0 | 0 | 0 | 3,709 |
| 21 | 29,166 | 14,988 | Transfer Fees | 205,614 | 233,328 | 350,000 | 153,143 |
| | 0 | 0 | Contributed Assets | 4,505 | 0 | 30,000 | 0 |
| 3,592 | 0 | 14,256 | Unrealized Gains From Securit | -55,493 | 0 | 0 | -129,122 |
| 3,000 | 0 | 0 | Realized Gains From Securitie | 0 | 0 | 0 | 173,000 |
| ., | | 0 | Gain on Lot Sales | 0 | 0 | 0 | 0 |
| | 0 | | | 0 | | | |
| | 0 | 0 | Gain/Loss Fixed Assets | 0 | 0 | 0 | -14,208 |
| 5,343 | 357,058 | 309,467 | Total General Income | 2,665,485 | 2,872,084 | 4,343,170 | 2,917,332 |
| | | | Operating Net Income: | | | | |
| 400 | -1,606 | -40,818 | Food & Beverage | -119,998 | 17,578 | -5,930 | 6,235 |
| 29 | 7,357 | 10,205 | Marina | 50,799 | 61,392 | 88,530 | 48,229 |
| 29 | 5,751 | -30,612 | Total Net Operating Income | -69,199 | 78,970 | 82,600 | 54,464 |
| | | | | | | | |
| 3,472 | 362,809 | 278,854 | Total Gross Income | 2,596,287 | 2,951,054 | 4,425,770 | 2,971,797 |
| | | | Expenses: | | | | |
| 653 | 109,192 | 103 247 | Golf Course & Golf Shop | 853,909 | 017 025 | 1,215,743 | 748,813 |
| | | 103,247 | • | | 917,025 | | |
| 76 | -54 27 535 | 3,686 | Recreational Facilities Club House | 72,755 | 65,525 | 72,655 | 48,691 |
| 361 -74 | 27,535 | 70,383 | | 387,916 | 194,456 | 307,533 | 195,284 |
| 674 | 38,756 | 41,793 | Security | 315,202 | 305,140 | 415,825 | 331,873 |
| 159 | 16,030 | 12,281 | Streets & Grounds | 110,282 | 117,001 | 165,938 | 125,513 |
| 506 | 73,476 | 104,979 | General & Administration | 711,282 | 584,050 | 870,638 | 616,691 |
| | 0 | 300 | VFD Training | 300 | 0 | 0 | 0 |
| 273 | 19,165 | 20,514 | Trash Expense | 143,756 | 153,320 | 229,980 | 153,685 |
| | 166 | 0 | Miscellaneous Expense | 56 | 1,328 | 2,000 | 197 |
|) | 500 | 500 | Bad Debt | 4,000 | 4,000 | 6,000 | 4,000 |
|) | 200 | 181 | Property Tax | 1,450 | 1,600 | 2,400 | 1,603 |
| | 0 | 0 | Accrued Vacation Expense | 0 | 0 | 0 | 0 |
| ; | 750 | 6,354 | Interest Expense on Loan | 37,950 | 6,000 | 9,000 | 4,633 |
| 7,928 | 285,716 | 364,217 | Total Expenses | 2,638,857 | 2,349,445 | 3,297,712 | 2,230,983 |
| 544 | 77,093 | -85,362 | Income Before Depreciation | -42,571 | 601,609 | 1,128,058 | 740,814 |
| 286 | 73,704 | 0 | Depreciation | 301,984 | 538,816 | 833,632 | 507,078 |
| 258 | 3,389 | -85,362 | Net Margin | -344,555 | 62,793 | 294,426 | 233,736 |



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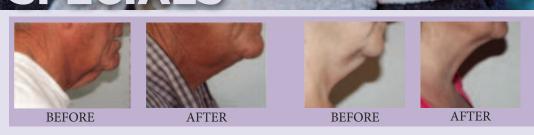
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ACROSS

- TX athlete " Didrikson Zaharias
- 5 an Oklahoma city 6 TX-born Kate
- Capshaw was on 'The _ of Night" 7 former Viking QB,
- Tarkenton 8 digital marketing
- strategy (abbr.) 9 this Rogers pitched the Rangers only perfect game (init.)
- 12 TX Kris 1976 film: Is Born"
- 17 TXism: "she would have to stand up cast a shadow" (skinny)
- 19 TX-born Tracy Lawrence hit: "Sticks and
- 21 endeavored
- _ City, TX 23 this pilot Earhart disappeared
- 28 Matt Damon was a Texas Ranger in _ Grit" 2010 "
- 29 TX horny 30 TXism: "she talks
- a blue 31 nursery
- 35 baby sickness
- 36 out of work (2 wds.) 42 flight_
- four yards in Texas TXism: "
- like a bug to light"
- 48 fit to be consumed 49 director of TX-filmed "JFK" (init.)

- 50 TXism: "useless as panty_ to a pig'
- 51 Hilton's first Texas hotel: "a cross between mine and a flophouse"
- 53 Russo of 2017 film "Just Getting Started" with
- 54 British young men
- 57 a Texas pecan, e.g.



32 TXism: "__ sits tall

"Monkee" (init.)

37 engrave or carve

38 TXism: "fight toe

Olde Shoppe"

in the saddle"

34 the Texas

36 sheep sound

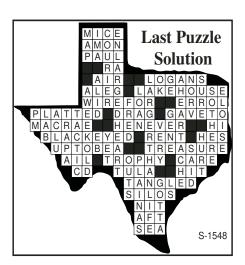
- T-bone, etc. (2 wds.) 2 hometown of noted football RB Shaud Williams
- 3 he's "hitched" twice at the same time
- 4 in Concho County on U.S. 83 and 87
- 9 Amarillo Telemundo TV station
- 10 rodeo event aka bulldogging (2 wds.)
- Pacific" has 11 this Steiger was in "Livers Ain't Cheap" with TX Gary Busey
 - 12 inquire 13 Sarah Hughes, first woman to be this in Texas (2 wds.)

- 14 mechanical bull in TX-based "Urban Cowboy": El
- 15 Santa____, TX 16 TX film critic, Rex
- 18 made at GM plant in Arlington, TX 20 init. of Spielberg
- who wrote film "Poltergeist starring TX JoBeth Williams
- 23 TXism: "bright a new penny"
- 24 multistate tax agcy.
- 25 Greek god of love 26 in Donley County:
- _ Lake, TX 27 TXism for "intend" (3 wds.)

- Creek" starts in Hays County 40 TXism:
- thumper" (preacher) 41 TXism: "he me a bill of goods"
- 43 this Linda sang TX Roy Orbison's "Blue Bayou" (init.)
- 45 dir. from El Paso to Plainview
- 47 seat of Wise County 48 TXism: "plain as the on a mule"
- 55 March 2 is the of Texas Independence Day

Puzzle solution for Crossword Puzzle on page 38.

TEXAS CROSSWORD PUZZLE



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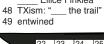
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ACROSS

- 1 rodents unwelcome in the house
- 5 Fort Worth's ' Carter Museum'
- 6 this Green wrote outdoor drama "Texas"
- 7 Egyptian sun god
- 8 football filler
- 9 TX Farrah 1976 _ Run" film: "_
- 15 TXism: "costs an arm and
- 16 residence on Cedar Creek Reservoir
- 19 TXism: "uses barbed dental floss" (tough)
- 21 Flynn of 1945 film "San Antonio"
- 22 land subdivided "don't _ your
- feet" (speed up) 28 ". . .my true love
- _ me" 29 TX actress Meredith
- 30 TX Clay Allison: killed a man who did not deserve killing"
- 32 Texas "howdy"
- 33 Athens: "_ Pea Capital of the World"
- 36 monthly lodging expense
- TXism: " lying through his teeth"
- 38 TXism: "he'd have to study half wit"
- 39 valuable gems, e.g.
- 41 feel sick

- 42 eight TX schools have had Heisman winners
- 45 TX George Jones' "She Thinks I Still _
- 46 music disc that is now obsolete (abbr.) 47 Cyd Charisse was
- born in Amarillo as Ellice Finklea





- 54 toward the rear of a ship
- 55 TXism: "caught between the devil and the deep blue

DOWN

- 1 road 2 "Well __ long tall Texan . . .'
- 3 newspaper for Elgin and Bastrop County
- 4 SMU-grad Payne Stewart had this condition (2 wds.)
- 8 "put _ ___ on it" (shut up)
- 9 TX McConaughey was in this 1996 comedy starring Bill Murray (3 wds.)
- 10 TXism: "mighty fine"

- 11 U.S. multinational conglomerate 12 TX Garv Morris
- tune: "Headed for " (1981) 13 former Cowboy offensive coordina-
- tor, Turner 14 TXism: "_ 15 TXism: "cold as _
- enchilada" 16 student
- "that's all I'm gonna say" (2 wds.)
- 18 TX model and actress, Broady 20 TX Gipson who wrote "Old Yeller"
- 22 afternoon abbr.

34 TX Ernie who was "Mr. Cub" (init.) 35 up to now

P-1548

By Charley & Guy Orbison

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12 13

48

39

55

23 science room

24 Texas has an

rights agev.

26 planned strategy

31 "muy" in Mexico

28 TX-born "Star Trek"

guy, Roddenberry

25 Texans can

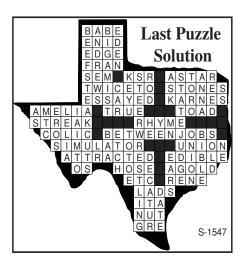
affiliate of this nat'l

fur-bearing animal

- 37 TX Dan Jenkins book: "You Gotta Play "(1991)
- 40 TX Ginger film "You a Mouthful" 43 TX Nolan Ryan
- pitched more strikethan anyone 44 TXism: "
- the ears on a mule'
- 50 TXism: "if you dance you pay the band'
- 51 Mr. Strauss (init.)

Puzzle solution for Crossword Puzzle on page 37.

TEXAS CROSSWORD PUZZLE



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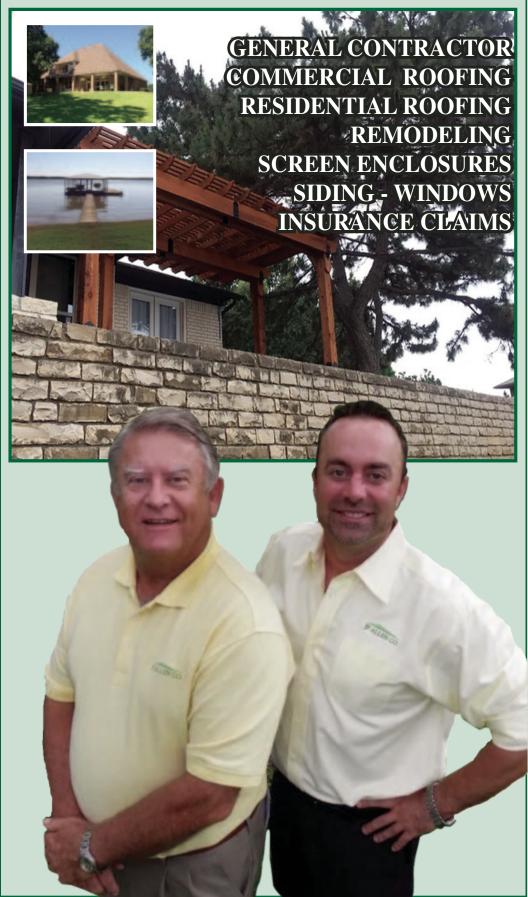
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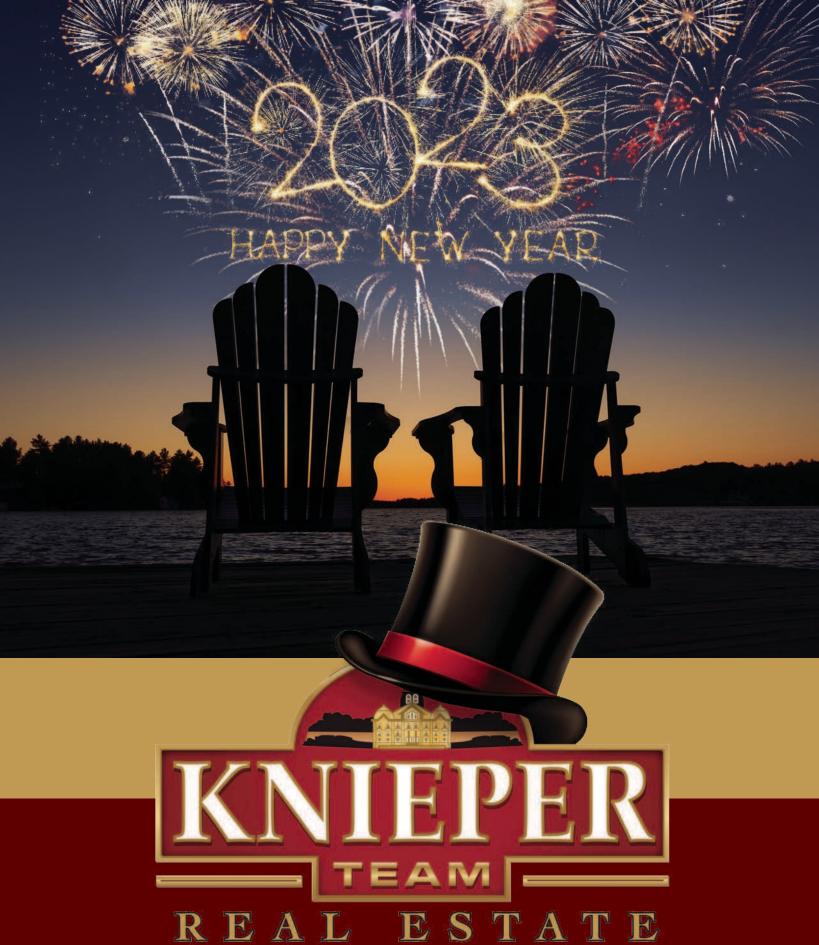
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