

Hood County News

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The Garden

After planting seeds of abuse, did George Malone reap what he sowed?

BY KATHY CRUZ
HOOD COUNTY NEWS

"They're killing him! They're killing him!"

It was the woman's second call to 911, late in the afternoon on Sept. 28, 2009. An earlier call had reported yet another dust-up involving the Malones, a family that lived in the River Run subdivision not far from the front gate of Pecan Plantation in southeastern Hood County.

Deputies knew that tensions were high between George Malone and his adult children, David Malone and Deborah Malone Wilson, but the calls this day were different.

An argument in George's garden had quickly escalated into a fight.

David, then 58, had rushed to the aid of his 60-year-old sister after she and George became embroiled in a physical altercation. Witnesses said David kicked George repeatedly in the head, as if it were a football.

When deputies and other first responders arrived, they found the 82-year-old family patriarch sitting on the bed of his pickup, beaten and bloody.

His skull was visible through a laceration over his left eye. His right eye was swollen shut, and skin was torn from one of his fingers.

There were bite marks on the elderly man's body, including on his leg and back.

Deborah's teeth had also pierced the skin and cartilage of one of George's ears, nearly ripping it from his body.

Sitting in the garden, dirty, bloody and drunk, was Deborah.

"I beat my father's ass," she told a ranger with the Brazos River Authority.

It wasn't the only incriminating statement she made that day to first responders.

When George died 10 days later, charges of assault against Deborah and David were upgraded to murder.

They were tried separately, but the results were the same, and the maximum: 99 years.

But not everyone who knew the family feels that justice was served.



Part 1 of 2
Part 2 in next Wednesday's issue

Deborah's drunken ramblings that day were damning, but her statements - and her appearance - contained clues that there might be more to the story.

Some who were involved in the case are haunted by the belief that the jury was not given enough information to know the truth about Deborah.

Or George.

PLEASE SEE THE GARDEN | 6A-9A

Blaze destroys cleaners in Tolar

BY BETHANY KURTZ
HOOD COUNTY NEWS

An early morning fire destroyed a dry cleaners in downtown Tolar Thursday.

Rose Quality Cleaners, located at 8616 Highway 377, appears to have caught fire due to electrical components, said Fire Marshal Ray Wilson.

Firefighters received the call at 5:14 a.m. The fire looks to have started in the back of the building.

"Firefighters made a quick attack and extinguished it quickly," Wilson said.

"The building was unoccupied at the time, and there were no injuries to the firefighters. The damage appears to have been due to the heat and smoke inside the building. It appears most or all of the contents of the building may be destroyed."

Highway 377 was closed for an hour and 15 minutes due to the emergency personnel and vehicles on scene, he said.

Tolar, Granbury and Station 70 volunteer fire departments responded to the fire with additional help from the Indian Harbor and Lipan departments.

The fire departments cleared the scene at 7:10 a.m. No other buildings in the area were damaged, Wilson said.



LISA WILSON
BUSINESS FIRE: Firefighters battle a dry cleaners fire in downtown Tolar early Thursday. The fire gutted the building.

Tech department recognized for expanding learning

BY BETHANY KURTZ
HOOD COUNTY NEWS

Extreme Networks recognized Granbury ISD's technology staff for their work to improve student's ability to connect with learning.

The Granbury ISD Technology Department received the Exemplary School Award for excellence in education from Extreme Networks during the monthly school board meeting on Monday.

As part of the district's G2020 strategic plan, the technology department has been working to expand students' and teachers' access to devices and the web, said technology department director Amy Wood.

"We have more access in our high school than we did in our whole district two years ago," she said. "Our goal is for students to use technology like they do everything else in the classroom: a pencil, paper, a

marker. It is a tool that is there for when they need it, not a special event once a week."

Extreme Networks is a provider of network infrastructure equipment and services. The Exemplary Awards are given to schools that are encouraging 24/7 learning, facilitating individual instruction by using technology to allow every student to tailor their learning experience and encourage curricular growth by using infrastructure to encourage the use

of eBooks and streaming video. "Educators seldom get the credit they deserve," according to Extreme Networks. "We feel a responsibility to call attention to the innovative educational leaders who are advancing the state of education in the country."

Students and teachers have jumped in and are benefiting from the technology despite the growing pains with such rapid expansion, Wood said. "Students have access to

information. They are reaching out and collaborating with students in other countries and in other schools. It is adding the 21st century skills of communication, collaboration and critical thinking to evaluate information," she said.

One elementary class learning about Christmas celebrations around the world was able to communicate directly with a class in Cambodia, she

PLEASE SEE TECH | 2A



MARY VINSON | HOOD COUNTY NEWS | BUY REPRINTS AT HCNEWS.COM/GALLERIES

Rascally weasel

Nancy Burks Worcester and a few close friends treated Our Savior Lutheran Church Crosstown Preschool students to a fun-filled show Wednesday morning. Well known as an outstanding storyteller and ventriloquist, Worcester and her wacky friend Waco the

Weasel captivated their young audience during a sing-a-long. Worcester performs a variety of shows that blend education with entertainment and inspirational messages.

City: No date as yet for start of Granbury square project

BY KATHY CRUZ
HOOD COUNTY NEWS

It's almost the end of the month, but work has not yet started on the square improvement project.

The work was supposed to begin in January, but the city of Granbury is still waiting for Atmos to finish work on a gas line replacement, according to Public Information Officer Bethany Kyle.

"The most current informa-

tion I have from (Public Works Director) Rick Crownover is that they are working through the final steps of the project and will schedule a meeting for next week to have a more definite start date for us," Kyle wrote in an email to the Hood County News late Wednesday.

Atmos began work on Jan. 9 to replace a 4-inch gas line in the downtown area. The line replacement has caused traffic to be re-routed.

The work has been at Bridge

and Houston Streets on the square, continuing north down Houston.

The Downtown Square and Pedestrian Improvement Project, which involves widening sidewalks and making them safer for pedestrians, is expected to be finished by fall.

Work will stop and site clean-up will occur ahead of any scheduled festivals and special events, officials said.

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131st Year
Number 43
Local, zone(s):
2 sections
20 pages
plus supplements
State:
2 sections
20 pages

CALENDAR 8B
EDUCATION 5A
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LIFE 1B-3B, 8B
OBITUARIES 10A
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Have an opinion? Write a letter to the editor, editor@hcnews.com. Include your name and city.

HITS THE SPOT: This recipe for tamale soup really hits the spot on a cold, dreary day. Serve cornbread on the side and you've got a winning combination. 1B.



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Out with the old pews, in with the new

The pews inside the historic First Presbyterian Church at 303 W. Bridge St. were from different times, dating back to the 1950s and 1960s. The cost to refinish them proved greater than the cost to replace, so the church began a "new history" with new pews. Pictured Wednesday, crews take advantage of the empty sanc-

tuary to give the hardwood floor a fresh cleaning. According to church member Nancy Burks Worcester, all hands were on deck to unload the pews last Sunday, and the church will be bringing in the new ones this Sunday. The old pews were all taken by church members.

Suspects arrested in drug-free zone

Around 6 p.m. on Wednesday, the Sheriff's Office Street Crimes Unit was conducting a drug investigation at the 1000 block of Crossland Road, according to a press release from Public Information Officer Lt. Johnny Rose.



Rowe



Gatlin

substance in a drug-free zone, a third-degree felony with a bond of \$10,000 each.

They also received misdemeanor charges for possession of marijuana in a drug-free zone that carries a bond of \$5,000 and possession of drug paraphernalia that carries a fine of \$305.

Both were in possession of under 1 gram of cocaine, officers said.

During the investigation, officers arrested Joseph William Rowe, 19, and Tyler Day Gatlin, 22, and charged them with possession of a controlled

TECH: Offers richer content

FROM PAGE ONE

said. When students have a presentation to put together, they are able to produce richer content because they have access to more resources through the devices, Wood added.

Those improvements were funded by more than \$10 million of bond-approved money, she said.

Part of the technology was giving every teacher a microphone to wear so students can hear them clearly no matter where the teacher is in the room and which direction they are facing.

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Water meets standard again AMUD had higher than standard levels of cadmium in summer

BY BETHANY KURTZ
HOOD COUNTY NEWS

Acton Municipal Utility District (AMUD) managers have corrected conditions that allowed water with higher than standard levels of cadmium to enter the water supply.

Cadmium is a soft, bluish-white metal element.

The U.S. Environmental Protection Agency has established safe levels for cadmium in drinking water to be .005 milligrams per liter, according to a press release from AMUD.

The Texas Commission on Environmental Quality notified the Acton Municipal Utility District that the drinking water being supplied to customers from one of its 21 separate entry points exceeded the maximum contaminant level for cadmium during the third

quarter of 2016.

Analysis of drinking water originating from entry point 008 indicated .008 mg/l of cadmium.

AMUD water is tested four times a year, and only two samples from the second and third quarter of 2016 showed elevated levels of cadmium, said Greg Reynolds with AMUD.

SOLVING THE ISSUE

Water from the water treatment plant is mixed with chlorinated water from the entry point 008 well, Reynolds explained. Usually the water from the treatment plant dilutes the cadmium levels below the standard, he said. But during the summer when less water was drawn through the treatment plant, the treatment plant was producing slightly

more corrosive water than usual, allowing cadmium levels to remain high after mixing the two sources, he said.

A water sample taken in November of 2016 showed cadmium levels to be below measurable levels, according to the press release.

Residents of Acton, deCordova, Pecan Plantation and Indian Harbor should not be overly alarmed, Reynolds said.

"However, some people who drink water containing cadmium in excess of the MCL over many years could experience kidney damage," the press release stated. "If you have health concerns, you may want to talk to your doctor to get more information about how this may affect you."

Further questions should be directed to Reynolds at 817-326-4720.

FELONY ARRESTS

Six felony arrests were made between Jan. 12-18, according to Hood County law enforcement records.

Suspects were arrested in Hood County, but their alleged crimes may have occurred outside the county.

David Wayne Duncan, 51, Hamilton, driving while intoxicated third offense.

Heather Daine Larue, 27, Cedar Hill, possession of a controlled substance Penalty Group 1 less than 1 gram, possession of marijuana less than 2 ounces and driving while intoxicated probation violation.

Thomas Tyler Litke, 37, Lipan, indecency with a child sexual contact and indecency with a child exposure.

Chelsea Shey McCroskie, 25, Granbury, possession of a controlled substance.

Joe Reyes Jr., 22, Morgan, evading arrest or detention with a vehicle, driving while intoxicated with blood alcohol content greater than .15 and evading arrest or detention with a vehicle.

David Jonathan Solis Jr., 29, Granbury, sexual assault of a child.

County to unveil new website on Monday

BY KATHY CRUZ
HOOD COUNTY NEWS

The county will get a facelift on Monday - or at least its website will.

After five years or so of the same look, the IT department will roll out a refreshed website about mid-morning on Monday, according to IT Director Jackie Solomon.

He said that there is an upgrade clause in the county's contract with vendor CivicPlus that allows the county to freshen up the look of its website.

Also, Solomon said, it enables the county to "take advantage of new features from the vendor."

For the 5,000 or so visitors

that visit the website each day, the only thing different, really, will be the look.

All of the elements will still be there - information on each county department and elected official's office, meeting agendas, etc.

The refreshed website will allow each county office to control content relevant to that office.

"Departments and offices will have the ability to manage their own area of the website so that we can keep the content more fluid and up to date," said Solomon.

"There will be no waiting on the website administrator."

Solomon said that virtually every county in Texas features

its seal on the county's website, but Hood County will be doing something different this time.

Though the seal will be on the revamped website, most prominent will be a graphic showing the shape of the county with the words "Hood County 1866," denoting the year the county was born.

Solomon said that IT employee Andrea Sutton has worked closely with CivicPlus on all elements of the design and has spent the past two weeks training county officials and employees on details.

The county's web address is www.co.hood.tx.us.

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BETHANY KURTZ | HOOD COUNTY NEWS

IN THE LEAD: Mission Granbury Food Pantry manager Nancy Nowlin explains how the Kroger store in Granbury has partnered with Super Bowl of Caring to help shoppers donate much-needed food items to the pan-

try. So far, Kroger in Granbury is leading 18 other district stores to collect the most donations for their local food pantries.

Shoppers scoring big to help starve off hunger

BY BETHANY KURTZ
HOOD COUNTY NEWS

Cries of "TOUCHDOWN" rang back and forth through the Granbury Kroger store on Wednesday as shoppers help Kroger and Mission Granbury starve off hunger this year.

Under the organization of Super Bowl of Caring foundation, the Kroger store in Granbury is selling bags of food to be donated to Mission Granbury's food pantry.

Super Bowl of Caring is a non-profit organization using the hype around the NFL Super Bowl game to raise donations for food pantries.

Pre-packed bags can be purchased in Granbury Kroger for about \$6.26 each and are delivered to the food pantry. Customers can also donate cases of canned vegetables.

Cashiers celebrate each additional donation with a yell.

In the first seven days, Granbury Kroger customers donated \$6,422 in food goods. The

store's goal is \$20,000 by Feb. 5.

"We pick up these bags and hand them directly to people on our distribution days," said Nancy Nowlin, food pantry manager.

This year, the bags include pasta and meatballs, peanut butter, and cans of green beans and corn, Nowlin said. Shoppers can pick up a bag from the display in the food market or from behind the cashiers until the drive ends on Feb. 5.

"This is an awesome program we have been involved in for several years," said store assistant manager RayeAnn Hall. "It is a great way to replenish the food pantry after the holidays."

The canned vegetables are a particularly well-timed donation, Nowlin said.

"In August and September, right before the 'giving season' around Thanksgiving, the food pantry can't get canned goods," she said.

Even the Food Bank of Tarrant County where the pantry usually purchases reduced-price re-

stock supplies don't have many canned goods during those months, she said. Receiving the influx of storable food in January helps relieve that crunch.

Kroger in Granbury is competing against 18 other district stores to collect the most donations for their local food pantries, Hall said.

"We are No. 1 in our district and have been the whole time," she bragged.

That is even more impressive because they are not the store selling the most regular products, Hall said.

Beyond the Super Bowl of Caring, Kroger managers donate to the food pantry on a weekly basis, Nowlin said. The pantry serves about 80 families a week.

Food Pantry staff and volunteers are at the store from 9 a.m. - noon on Wednesdays and Saturdays to answer questions about the program and the food pantry. For more information about food pantry services, call 817-579-6866.

Family violence charges add up for man

Repeated family violence cases led sheriff's deputies to file a felony charge against a Granbury man.

James Roger Shackelford, 53, was previously charged with assaulting his 50-year-old wife on April 12, 2016, and his 75-year-old father on Dec. 17.



Shackelford

Neither victim was seriously injured in the assaults, Public Information Officer Lt. Johnny Rose said in a press release.

"When you have

two or more family violence cases in a 12-month period, it becomes a felony," Rose said.

The felony continuous family violence assault charges were filed on Jan. 23. Shackelford was already in the Hood County Jail for the family violence charge.

Police seek leads after two large trailers stolen

Granbury Police officers are looking for a suspect or suspects who stole two large trailers.

On Monday, officers responded to a call about the theft of

two trailers. Both were black 16-foot cross utility trailers and were for sale. The trailers had been located at 5900 E. U.S. Highway 377.

The trailers were stolen be-

tween 9 a.m. Saturday and 1 p.m. Sunday.

Anyone with information should call Hood County Crime Stoppers at 817-573-TIPS (8477).

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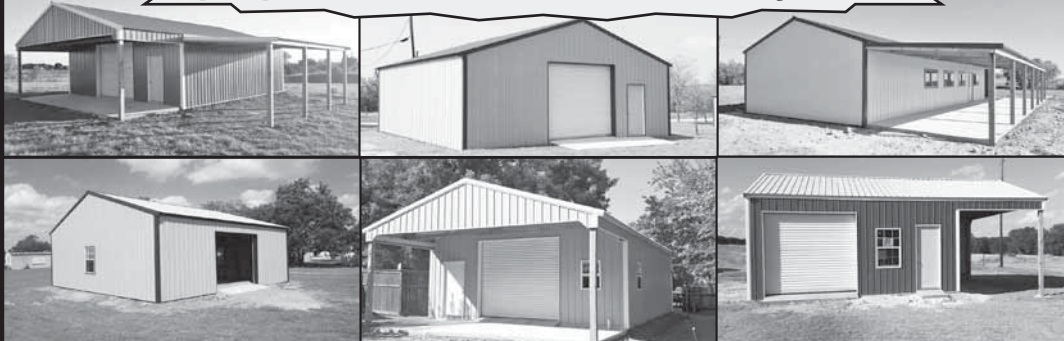
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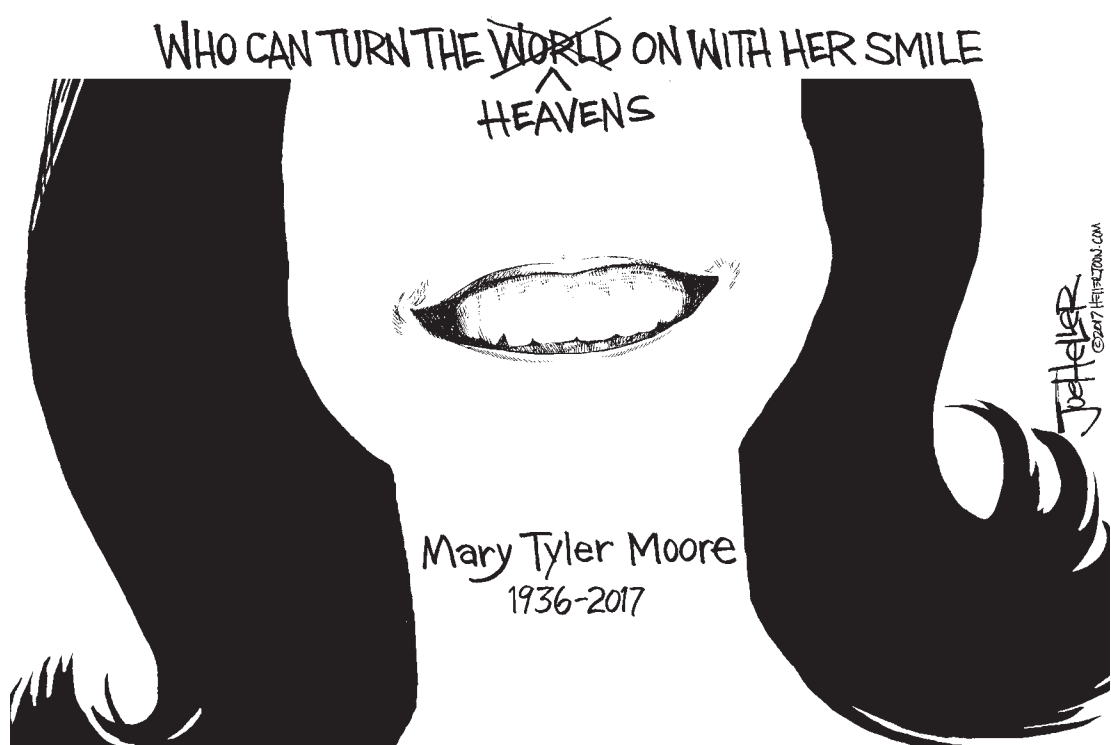


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JOE HELLER



Both ends against the middle?

If the old joke had whiskers, they'd drag the floor.

You've heard it - the one about a church with two worship services held concurrently at opposite ends of the building.

The pastor announced baptismal services for the upcoming Sunday, with "infants to be baptized at both ends."

Switch now to the "here and now."

A recently renovated Texas church also has concurrent services - one in the sanctuary and the other in a new, all-purpose venue down the hall, more than the length of a football field away. Each service, as one might guess, has age-sensitive music styles.

The pastor preaches "live" at one of the venues each week.

He issued a warning to congregants in whichever auditorium he's "piped in" via video on giant screens.

"Remote controls have been removed. Don't even think of changing the channel..."

--Speaking of channels, TV seemed to be "all inauguration all the time" on Jan. 20.

Words were on parade. (Maybe it was after an inauguration someone said, "Whenever all is said and done, usually more is said than done.")

Watching President Trump sign executive orders early on brings to mind a joke from the mid-1960s.

On the White House lawn, a worker - picking up refuse - was "semi-panicked" when a scrap of paper blew from his bag.

It floated lazily through a window into President Lyndon Johnson's office, and the worker's supervisor sent him to retrieve it.

"I was too late," he lamented upon return. "He's already

THE IDLE AMERICAN



Don Newbury
Guest columnist

signed it."...
--My 104-year-old Uncle Mort remembers inaugurations all the way back to Franklin Delano Roosevelt's.

Now, with cutbacks looming, Mort says he won't be surprised if they have a virtual 21-gun salute in 2021, as well as less "pompous circumstance and circumstantial pomp."

I hope he's wrong about his predictions of employment upticks in education.

"We may soon have tail gunners on school buses," he opined.

Mort figures increased numbers of secret service personnel will be needed, too, since we now have five living former presidents...

--First responders serving at the inauguration in record numbers made hearts hum with thanksgiving.

So did the wonderful musicians. Hearing the fife trilling away in the band dressed out in Revolutionary War garb caused me to rethink long-ago musical ambitions. Maybe I should have considered being a fifer.

I've long favored the trombone, thinking it best fits my life philosophy - letting things slide...

--A network newsmen caused me to cringe when he said the "podium" President Trump had used in NYC to practice his inaugural address was shipped to Washington, D.C. Say what? Did he mean lectern?

Podiums - OK, podia for purists - are "stood upon" (hint:

PODiatrists=foot doctors). Sometimes, "goldy-throats" talk about speakers "standing BEHIND podiums." What happens? Do they fall off?

Laughable during a recent TV newscast on a major station was the reporter's failure to read what viewers saw on the screen. What we saw was "circular saw." What she said was, "secular saw."

Wow, who knows what happens if "religious saws" are used. You think?...

--One last beef (for this piece, anyway): When will news people realize that folks are TAKEN to hospitals, not TRANSPORT-ED. The latter can be left to trains, delivery trucks and even drones.

The injured - and the deceased - deserve the dignity enhanced by the change of a single word...

Can I get an "amen"?...
--Finally, this "smile-maker" courtesy of longtime Texas minister, Dr. Russell Dilday.

Approaching the sanctuary on a Sunday morning, he paused to extend hallway greetings to a pair of kindergarten girls. They were excited about finding a dollar bill a few minutes earlier.

Joking, he asked: "Is it green? Does it have a picture of George Washington on it?"

Giggling, they nodded, breaking into laughter when he said it must have been a dollar he'd lost earlier.

Why were they laughing?
"We were wondering why you were in the ladies' room," one giggled...

Dr. Newbury is a speaker in the Dallas/Fort Worth Metroplex. Inquiries/comments to: newbury@speakerdoc.com. 817-447-3872. www.speakerdoc.com.

Close knit Caps worn by Tyler Moore, marchers ironic

Pulling up the website of my favorite news organization, I spotted the irony immediately and felt a mixture of sadness and fear.

Nestled amid political stories with startling headlines that have now become the norm was a photo of Mary Tyler Moore and an announcement of her death at the age of 80.

Tyler Moore was beloved for her roles in the 1960s sitcoms "The Dick Van Dyke Show" and "The Mary Tyler Moore Show."

But it was the latter for which she is most cherished and remembered.

Since the sad news of Tyler Moore's passing, female journalists have posted messages about how her role as an associate television producer at WJM in Minneapolis inspired them to go into the business.

I thought the show was funny, but when I grew up and became a reporter at a large newspaper, I never looked back at that show and thought, "Yeah, they really nailed it on what it's like to work in a newsroom."

But I don't think that was the real draw of the Mary Tyler Moore Show anyway.

There were deeper reasons why Tyler Moore was appealing, especially to women.

She was in her 30s, unmar-

LOOK AT IT THIS WAY



Kathy Cruz
Staff Writer

ried, childless, a career woman - and unapologetic.

Back then, when few TV shows featured single, professional women, that was ground breaking.

She confronted her boss, Lou Grant, when

she found out that the station's previous associate producer had made more money than her.

(The reason? He was a man.) It's been a long time since the 1970s, but many people feel that we are dangerously close to losing the ground that was gained through so much hard work by so many people over so many years.

Tyler Moore died just days after more than a million women (and men) marched in cities across this country. Similar marches took place across the globe. Reportedly, rallies were held in about 600 cities.

Though women's rights were a main issue, participants marched for a variety of reasons. Immigration. Health care. To promote "hope, not hate."

MAD HATTERS

The days of innocence symbolized by Tyler Moore's character, Mary Richards, are long gone.

There are some who believe that, in the current atmosphere, freedom of the press is at stake, along with other freedoms.

One of the most iconic images of Tyler Moore is her joyfully throwing her knit cap into the air.

A different kind of knit cap, worn by thousands of women, was evident at last week's marches. It was used to make a strong statement about the treatment of women.

We are living in frightening times, in a divided country. Hopefully, no matter what our beliefs or political persuasions, we will find a way to come together and treat each other with kindness and respect.

Sadly, this humble concept is starting to seem as outdated as the modest WJM "newsroom."

In 2002, Tyler Moore spoke with television host Larry King about the success of the sitcom that caused Americans across the country to come together around television sets on Saturday nights.

The show was "written honestly," she said.

"There was never compromising of character."

LETTERS TO THE EDITOR

WHO, EXACTLY, WON?

When I hear the hate speeches about how President Obama harmed them, I ask how?

All I get in response are shouts and insults, calling me a liberal as though that is an insult. No one has answered my question.

I wept when the electoral college refused to do their job, knowing that Trump was unqualified and displaying signs of being unhinged.

When I hear someone say "get over it, we won," I have to wonder who really won. When their insurance no longer covers them for preexisting conditions; when Medicare caps them out and they can no longer receive the rest of their chemo; when the news outlets are closed down because they don't spew the same party line (as what happened in Germany); who, exactly, won?

We are on a slippery slope, and the only way is a downward spiral that we may never recover from.

LaCelle Howard
Granbury

BUSINESSMAN APPROACH

The F-35 is the Pentagon's largest single program and was projected to cost the government around \$400 billion over the next 22 years.

Lockheed Martin's CEO has now reportedly said that they may be able to cut the cost by as much as 8-10%.

Let's see, 8%-10% of \$400 billion is between \$32 billion and \$40 billion.

How many social programs, jobs creation programs and infrastructure programs can be funded with \$40 billion?

Trump met with the CEO of

Boeing about the cost of the new Air Force One which was budgeted to cost over \$4 billion under the Obama administration. Now, it appears the cost will come in at around \$3.6 billion. That's a \$400 million dollar savings.

Trump took the businessman's approach. He talked to their competitors and worked the competitive angle to achieve the best price.

All of the bureaucrats in the DOD and the former administration used a methodology largely adopted over the last 40 years wherein suppliers documented their costs for manpower, materials, design, etc. plus a "reasonable" profit factor to arrive at the price.

The problem is that most of these people are closely involved with each other. Some of the bureaucrats used to work for the contractors, and many of the contractor's employees formerly worked for the DOD or National Transportation Safety Council.

It's not that there were "under-the-table" deals. It's just that they live in a world where they accepted each other's documentation as "proof" of what a fair cost should be.

But business people know that there is nothing like competition to achieve the true marketplace price of any item.

I did not vote for Trump or Clinton - preferring the Libertarians in the last election. But the fact is the Trump administration's new way of thinking may bring about very significant cost savings in a myriad of ways.

Changing the way our government spends money may end up being much more important than winning the "war of the words," which seems to

be the place where all liberals hang their hats. In the long run, results mean more than slogans.

Many of democracies' great leaders - Lincoln, Churchill, Kennedy, Reagan - often used words that the establishment found to be politically incorrect in their time, yet helped achieve meaningful change in the way the government worked through a crisis or social change.

Often, they offended their own party, as when Kennedy spear-headed a drastic cut in the federal income tax.

It will be interesting to see how Trump and his cabinet can effect true change in our federal government's spending and use other "out-of-the-beltway" methods to achieve the goals of protecting us, increasing our economy and rebuilding our infrastructure.

Gary Millhollon
Pecan Plantation

FIGHTING FOR AMERICA

Many Republicans are telling Democrats to "get over it" and live with the results of the election.

In response, I say that Mr. Trump's and the Republican Party's policies are un-American, unchristian, and, in some cases, unconstitutional, and we will continue to speak up and even fight, if necessary, for our rights as citizens.

And, for that matter, your rights as well.

Despite Mr. Trump's attempt to dismantle democracy, we will continue to fight for America.

Hal Schulz
Granbury

YOUR TURN

Who would you like to see entertain at next year's Super Bowl?



Randy Ellis

"Casting Crowns. I think they would deliver a better message than other bands."



Jose Ortiz

"It really doesn't matter to me who or what band just as long as they put on a good show."



Crystal Hamm

"Elevation Worship because they are amazing. I think they are the best worship band."



Ravin Harris

"Rascal Flatts. I listen to a lot of country music."

WRITE

Email letters to editor@hcnews.com or mail to P.O. Box 879, Granbury, Texas, 76048. Include your name, address and daytime phone number.

What Is It? Share your mystery item

Have a mystery item around your house? Something old you don't know much about? Hood County News wants to help.

Send us a photo and a short description of the item you want to learn more about. We will share the item in a future issue.

If you see something you recognize, give us a call, an email or a letter explaining what you know about the object and how you learned it. Submitted answers will be shared.

All entries are subject to editorial review and editing. All photos will be kept unless brought in person to the Hood County News office at 1501 S. Morgan St. and scanned when submitted.

Submitted items and answers must include a name and city for publication. Please also include a way to reach you if our staff need more information. Emails should be sent to Bethany Kurtz at bkurtz@hcnews.com. Calls related to mystery items should be directed to Kurtz by calling 817-573-7066, ext. 256.



MARY VINSON | HOOD COUNTY NEWS | BUY REPRINTS AT HCNEWS.COM/GALLERIES

'Grease' at Granbury High

Granbury High School fine arts students showcased their talents in the recent presentation of the musical "Grease." This scene shows "Pink Ladies" taking center stage to dance and sing about those duck-tailed, hot-

rodding "Burger Palace Boys." Students delighted their audience with this rollicking 1950s classic in three performances at the GHS Bagby-McMahan Performing Arts Center.

School board amends grade-point average policy

The Granbury School Board amended local policies affecting student grade-point averages and class rank.

The amendments apply to GHS juniors, sophomores, freshmen and future high school students.

GHS seniors will complete their high school education under the prior system.

Changes were recommended by GHS Principal Jeremy Ross to provide additional incentive for students to take Advanced Placement, dual credit and other advanced courses.

Some parents have been vocal about proposed changes. There were no public comments at Monday night's board meeting.

The policies were previously adopted by the board in 2014 to address new state graduation

requirements that emphasize endorsements as well as problems with the previous system, which led to over-inflated GPAs and had students choosing courses based on points and dropping extracurricular activities.

STARTING WITH CLASS OF '18

Beginning with the class of 2018, the new GPA system awarded a 1.1 multiplier for students who complete 16 advanced academic classes.

Four-year participation in athletic teams, fine arts organizations and other extracurricular activities would give students fidelity points - two of which could be used in place of two advanced academic credits.

Currently, students receive the multiplier once they com-

plete eight advanced classes, but they must receive all 16 to receive the weighted GPA for final class rankings and transcripts.

The changes increase the multiplier to 1.25 and allows it to kick in after students earn six advanced academic credits - and applies to current juniors, sophomores and freshmen. In addition, a student who cannot mathematically achieve the 16 credits will revert back to an un-weighted GPA.

The current senior class is still under the previous policy in effect when those students entered high school.

The full policy EIC (LOCAL) will soon be available on the district website at www.granburyisd.org/policy, school officials said.

GISD to have wiggle room

The Granbury School Board approved a District of Innovation designation for the school district.

Included in the GISD designation is waiving current requirements under state law.

Those items are: a campus behavior coordinator; teacher and principal appraisal systems; first day of instruction; class size waivers and notices to parents; teacher certification for dual credit, career and technical education, and hard-to-find courses; teacher probationary contracts; minimum salaries for rehiring retired educators; waiver requirements for English as a Second Language certifications; school day for pre-kindergarten; promotion requirements for fifth- and eighth-graders; and student fitness assessments.

Action was taken Monday in the new administration building. The innovation plan is available on the district website at www.granburyisd.org/innovation.

A-F ACCOUNTABILITY

The board also approved a resolution regarding the state A-F accountability rating sys-

tem for Texas public schools. GISD joins many districts throughout the state arguing for a better method of evaluating districts and campuses than this system recently unveiled by the Texas Education Agency.

EVALUATION

Trustees also completed Superintendent James Largent's formative evaluation and approved a list of goals for the 2017-18 academic year.

\$225,000 PARKING LOT

The school will add additional parking at the administration building (renovated Crossland Ninth Grade Center on Jones Street) for an estimated cost of \$225,000.

SEEKING TAX MONEY

The board approved continuing with sale of substandard properties struck in order to return the lots to the tax rolls.

DONATIONS

Donations reported to the board included \$400 to Brawner Intermediate from First Christian Church for a mobile planetarium and \$648 from the Mambrino PTO for student travel.

SCHOOL BRIEFS



COURTESY

Reserve champ

Granbury 4-H member Hayden Haedge exhibited the Reserve Champion heifer in the Junior Brown Swiss Dairy Cattle Show at the Fort Worth Stock Show & Rodeo.

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Son, daughter beat father, 82, officers say

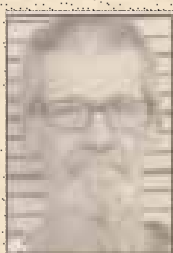
BY MARK WILSON
HOOD COUNTY NEWS

After what was reportedly a bloody, brutal physical attack by his own son and daughter, an 82-year-old Hood County man was taken to an area hospital in critical condition.

The son and daughter hit and kicked the man, then the woman held her father down while her brother continued the beating, according to Hood County Sheriff's Office captain Jerry East.

A heroic neighbor stepped in to stop it, East said.

"It was a considerable amount of blood at the crime



Malone



Wilson

Daughter held down father while her brother hit and kicked him, lawman said.

said Tuesday, adding that the motive for the attack had not been determined. "Alcohol was involved. There were several witnesses."

Hood County Sheriff's Office deputies were called to River Run Road in the River Run addition east of Granbury late Monday afternoon in response to a report of an assault

lone Wilson, 60, of Dove Court, were arrested and charged with injury to an elderly individual. They are in the Hood County Jail, each under bond of \$100,000.

The victim, George Earl Malone of River Run Road, was treated at the scene by paramedics, then airlifted to an area hospital, East said. He was treat

FAMILY TIES: On Sept. 28, 2009, deputies and other first responders who were called to River Run were shocked at the sight of a beaten and bloody George Malone. The 82-year-old patriarch of the family, who reportedly had abused his family for years, became embroiled in a fight in his garden with his daughter, Deborah Malone Wilson, then 60. Wilson's brother, David Malone, came to her aid. When the elder Malone died 10 days later, Wilson and David were charged with murder.



The Gardle

Who was the true victim?

BY KATHY CRUZ
HOOD COUNTY NEWS

Paul Hyde - former apartment maintenance man, paintless dent repair business owner and former member of the heavy metal band Criminal Sanity - was fresh out of law school and already disillusioned with the justice system.

As the "second chair" attorney in the Deborah Malone Wilson murder trial, he felt certain that her father, George Malone, had threatened and abused her and others for decades, yet very little testimony to that effect was making it into the record.

Any time a witness inched toward it, the state objected and that was the end of that.

At that time - September 2010 - section 38.371 had not been added to the Texas Code of Criminal Procedure. The statute is intended to give juries context that might help explain a single event, since single events often don't tell the full story in family violence cases.

Hyde said he recalls there being efforts during Wilson's trial to prevent "victim blaming" of the 82-year-old Malone, who later died from injuries sustained during a fight with Wilson in his garden.

There are some - Hyde included - who believe that the real victim was Wilson.

"I have no doubt that Deborah was a victim of George Malone her entire life. But how you get that in at trial is difficult," said Hyde, referring to how it was when Wilson was taken to trial almost six-and-a-half years ago.

Hyde also was second chair at the murder trial of Wilson's brother, David Malone, who had come to her aid. The new lawyer's role was to assist the more experienced lead attorneys.

Both Wilson and her brother received 99-year sentences.

Hyde said he does not doubt the stories of abuse told by Wilson and David because they were separated immediately at the scene and were never together again, yet both told the same or similar stories about their father.

Wilson, he stated, said that her father had sexually abused her and that as a child she had witnessed him brutally raping her mother.

Also, neighbors said they had seen how Malone treated his family, and they had stories about their own repeated run-ins with him.

But in court, Hyde said, Malone was portrayed as "a poor old man" who had been viciously attacked by two of his ungrateful adult children. Hyde believes that, had more testimony been allowed about



Attorney Paul Hyde



FINAL ENCOUNTER: George Malone, shown here being treated on the scene by an EMT, sustained a number of injuries, including bite marks and an eye that was so swollen it could not be opened. Nevertheless, he was able to walk to the air ambulance that transported him to a Fort Worth hospital. According to attorney Paul Hyde, doctors initially believed Malone would

survive, but he died 10 days later as a result of head injuries. Though the injuries were used to convince a jury that Wilson played a role in her father's murder, they may actually indicate something very different. Details will be in the Wednesday, Feb. 1, issue of the HCN.

Malone, the jury might have reached a different verdict.

At minimum, he believes Wilson would have received a lesser sentence.

According to former Travis County prosecutor Kelsey McKay, 38.371, which can be used by both the state and the defense, might have helped Wilson had it been in effect at the time she was taken to trial.

For instance, the judge might have allowed the defense to put on the stand a woman who had filed a harassment claim against Malone two years before the incident in the garden.

Wilson claims that the woman took the action after she warned her that Malone was a pedophile. The woman had been allowing Malone to pick up her young daughter from school.

Wilson said that her father's behavior toward her escalated after that, and that she feels the Protective Order he sought against her shortly before his death was retaliation.

According to McKay, Protective Orders are often used as a revenge tactic.

Allowing the woman to testify would have been up to the judge, McKay said, but it could have been used to show a motive for the Protective Order.

Instead, it was used by the state to prove that Wilson was abusive toward her father and that he feared her.

'ABUSIVE AND VIOLENT BEHAVIOR'

Courts of law operate by rules that are different from the court of public opinion. Not everything is allowed in a courtroom, even through 38.371.

One of the things that would not be allowed is a petition filed in Dallas County by Jose Garcia on Aug. 11, 1992.

Claims made in Garcia's lawsuit against Malone and D&M Steel Fabricating, Inc., of which Malone was executive vice president, are similar to claims made by Wilson, her siblings and Malone's River Run neighbors.

Garcia, a former employee of D&M Steel, accused Malone of assaulting him with a deadly weapon - in this case, "a pair of heavy gauge pliers used for welding."

The 24-year-old petition, unearthed by the Hood County News, states that on Aug. 16, 1990, Garcia sustained permanent injuries when Malone attacked him from behind.

The blow, he said, knocked him to the floor, where Malone continued to beat him until employees pulled him off.

Garcia sued Malone individually as well as the company, claiming that officers of the company failed to warn employees that Malone was "susceptible to outbreaks of abusive and violent behavior."

The jury didn't hear about any of that before finding Wilson guilty and sentencing her to what will likely be a life sentence. She'll be in her 90s before she's eligible for parole.

What Hyde viewed as an injustice caused him to turn his focus to divorces, custody cases, estate planning and such.

But the Deborah Malone Wilson case haunts him to this day.

As for George Malone, Hyde feels no guilt over speaking ill of the dead.

"I've said it, and I don't care how cold it sounds," he said. "The day that man died, we all woke up in a better world the next day."

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"I hit him like he was some guy who used to rape me when I was little."

n



'He can't hurt me anymore.'

From the outset, law enforcement viewed Deborah Malone Wilson as guilty, and claimed the evidence proved it. But, where cases of domestic violence are concerned, things aren't always black and white.

Sheriff, DA: Wilson never made outcry

BY KATHY CRUZ
HOOD COUNTY NEWS

The newspaper clippings about Deborah Malone Wilson have faded in the years since her conviction, but District Attorney Rob Christian's memory has not.

He believed then, and believes today, that she was a willing participant in the beating death of her elderly father, George Malone. She and her brother, David Malone, each received 99-year sentences.

"Of all the murder cases that I've tried, this is an especially bad case. I think she's where she needs to be," he said, referring to Wilson, who is housed at the Lane Murray unit in Gatesville.

Christian puts little stock in Wilson's claims of abuse at the hands of her father and, even if true, feels she bears responsibility for his death.

At any time, he pointed out, she could have made an outcry. She had the opportunity. There were many times over the years that deputies were called to the Malone family's adjoining properties in River Run.

Having been instrumental in starting the Paluxy River Children's Advocacy Center and helping children testify against their abusers, Christian can't understand why Wilson didn't report the abuse and face her father in a court that might have held him accountable.

"I see what little kids do, and what people with mental deficiencies do and the courage they have to sit up there and look eyeball to eyeball with people who have hurt them," Christian said.

"And I don't think it's asking too much of Deborah Malone, if she's going to say she's a victim of something, that she do what these kids do."

Christian also asserts that Wilson could have left River Run, but didn't.

She could have chosen that day not to violate a Protective Order by entering her father's garden, but didn't.

She could have taken the stand and testified on her own behalf, but didn't.

"I think she didn't testify because she didn't have a convincing story to tell - that's what I think," he said.

Wilson's silence - and the uncooperativeness of the family as a whole - were familiar to Sheriff Roger Deeds and his deputies.

Deeds, who recently began his third term as sheriff, remembers responding to calls in River Run about the family as far back as the late 1990s, when he was a patrol deputy.



District Attorney Rob Christian



Hood County Sheriff Roger Deeds

"My recollection of working with that family is that most of the time, they were uncooperative," he said. "They didn't like our intervention in a lot of things. The whole family has problems. They were always fighting."

TANGLED HISTORY

Despite the unwillingness of Wilson and other family members to cooperate with law enforcement, Deeds believes that what happened that day was rooted in the family's history.

"I feel now, and (felt) when I was an investigator myself, that there was some underlying reason of why this all transpired," he said.

"From what I know of the family, yeah, there's a lot more to the story. She didn't get represented very well to bring out a lot of this stuff. But I don't know if she ever made any outcries to us."

Deeds said that the role of his investigators in such situations is to package up materials pertinent to the case - videos, photos, witness statements, etc. - and turn them over to the district attorney's office. The district attorney decides whether to prosecute.

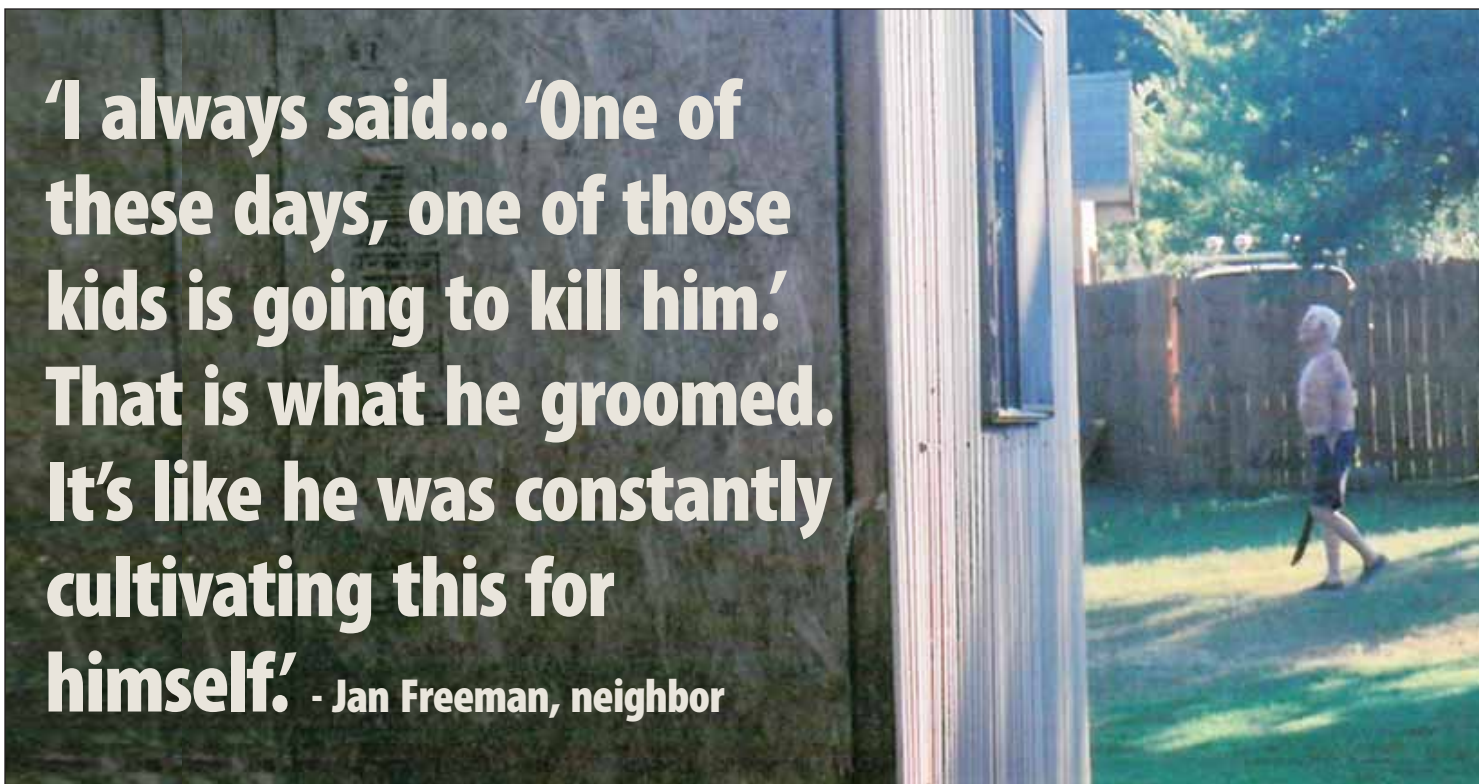
For Christian, Wilson's case was cut and dried. In his view, the evidence clearly points to her guilt.

"I believe as district attorney that you cannot go out and kill people just because they need killing. This isn't the wild west," he said.

"Probably the worst thing I can say about George Malone is he raised Deborah and David. And if he's responsible for how mean they are, then he's paid the price for that."

THE GARDEN

'I always said... 'One of these days, one of those kids is going to kill him.' That is what he groomed. It's like he was constantly cultivating this for himself.' - Jan Freeman, neighbor



CONSTANT THREAT? Neighbors back up claims by Malone family members that 82-year-old George Malone consistently threatened others, oftentimes pulling guns, walking the neighborhood carrying a machete and having to be restrained at HOA meetings. This photo of Malone - taken from between two buildings on his son David's property - appears to show

Malone carrying a machete. It was taken one month before the fight in Malone's garden that ultimately led to his death. It is not known who took the photo. It was nestled among documents related to Deborah Malone Wilson's murder trial provided to the HCN by her brother, Danny Malone.

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In their own words

Neighbors tell of living near the Malones

BY KATHY CRUZ
HOOD COUNTY NEWS

Current and former residents of River Run told the Hood County News about their experiences with Deborah Malone Wilson, the Malone family - and patriarch George Malone.

Two of them testified at Wilson's murder trial, but said they were not able to say everything they wanted to say about Malone.

One said she was scheduled to testify in defense of Wilson, but Wilson's attorney rested his case even though he knew she would be arriving from Fort Worth within minutes.

Here are their stories:

JAN FREEMAN

In 1986, Jan Freeman and her husband were walking the lot they had just purchased in River Run when they were approached by a man who was unaware that they had already sealed the deal.

"He said, 'Don't buy that lot,'" recalled Freeman.

"He said, 'The man across the street is crazy. He pulls guns on us, he flashes our children. He's just mean.'

"So that was the first knowledge I ever had of George Malone."

It didn't take long after the family moved to River Run for Malone to make himself known.

"He flipped us off. He stole from my children. He threatened lawsuits."

Freeman said that she made many attempts to thaw the ice with Malone, but nothing worked.

Freeman never saw Malone pull a gun, but "it was common knowledge that he would do that. It was common knowledge what he did to his own daughters. It was common knowledge that he beat his wife."

"I was able to get to know Deborah and (her sister) Vickie and some of the boys, and I knew (Malone's wife) Ann. Over the years of getting to know someone, you know whether they're truthful people, whether they're lying. I know everybody was scared of George."

Freeman's son was friends with some of Malone's grandsons, but would not go onto Malone's property unless Malone was out of town - as he frequently was, back in the days when he was still working.

The boy did not always succeed in avoiding the problematic neighbor.

"He told my son, 'Your mother has a big butt and your sister has big boobs.' I don't think that's the language he used. George used very vulgar language. Very vulgar."

Freeman said that Vickie, who is now deceased, told her that her father had sexually abused her.

"She told me that her daddy had abused her sexually as a child and continued to do as much as he possibly could get by with as an adult."

"She told me that while she was in their home taking care of their (sick) mother, that her father was still groping and grabbing. Vickie was tiny. She would not have been big enough to fight this man off. But she would not have left her mother for anything.



MARY VINSON | HOOD COUNTY NEWS | BUY REPRINTS AT HCNNEWS.COM/GALLERIES

VIEW FROM THE PORCH: Former River Run resident Lisa Johnson (left) and her daughter, Shelley Taylor, insist that, even from a distance, they could tell that the "red shirt" (George Malone) lunged at the "blue shirt" (Deborah Malone Wilson) that day in Malone's garden. Both women say they witnessed Malone's ill treatment of his family and said that he routinely threatened others in the neighborhood. Johnson's son, Tyler Dempsey, testified that Wilson appeared to hold her father down while her brother, David Malone, kicked him repeatedly in the head.

"Deborah would tell me that he would rip her shirt open and grab her breasts. She told me that there for a while she worked with him and would have to ride with him. He would grab her in the car."

Over the years, Freeman has become close with another Malone sibling - Danny, who continues to live at River Run, in a house just yards from where George's garden used to be.

"Danny Ray, I adore that man. He has cried recalling how he grew up and watching his mother being beaten and knowing that his father had other women."

Heavy drinking ran in the family, according to Freeman. But the Malone children, she said, were not like their father.

"When they were drunk, you stayed away from them. But when they were sober, they were just good, neighborly, hardworking people."

Freeman did not witness the incident in George's garden that led to his death and charges of murder against Deborah and David. She ran to the garden after the three had been separated and first responders were arriving.

"The first thing that came out of my mouth was, 'He deserved it.'"

Deputies quickly told her to go home, she said.

Later, after George died, Freeman regretted the remark. At the time, though, George was "coherent and talking" and she didn't think he would die.

Freeman said she made the comment because of all the abuse George had meted out to others over the years.

"I really thought that day that he got his butt whipped by his kids and he deserved it."

Freeman said she sat in the dirt with Deborah that day and perhaps, without mean-

ing to, destroyed evidence.

"I noticed her shirt was unbuttoned and all I could think of was, 'There's a crowd of people here; I'm going to button her shirt.'"

"And I thought about that later, and I thought I shouldn't have done that because I don't know that George didn't try to rip her shirt off of her. It wouldn't surprise me."

Deborah made incriminating statements that day, but Freeman views them differently than law enforcement.

"She was terribly inebriated. She was raw with emotion. Years of dealing with all of the crap came out of her and she was just purging herself."

In the years that have passed since the incident in the garden, some of the Malones' neighbors have moved away.

"There's not much talk about it anymore. But people have looked back and thought such things like 'George had it coming to him.'"

"I told my husband, after we got to know (the family) a little bit, I always said to him, 'One of these days, one of those kids is going to kill him.'"

"That is what he groomed. It's like he was constantly cultivating this for himself."

"There's no other way to put it. George was a violent man. He was a mean man. He brought up a bunch of children that were full of anger at him."

LISA JOHNSON

Like the Freemans, Lisa Johnson and her husband Gary had a run-in with George Malone immediately after moving to River Run.

Johnson said Malone threatened to call the Sheriff's Office when Gary briefly

PLEASE SEE NEIGHBORS | 9A

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PETS OF THE WEEK

At 14 years old, Molly is an older girl, but she is sweet, friendly and loves to play with toys. She's a Jack Russell mix, is spayed and weighs about 14 pounds.

Valentine is a short-haired, tri-colored female tabby cat. She is 2-3 months old, so she is very playful and inquisitive.

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THE GARDEN



COURTESY

EVIDENCE OF GUILT – OR COURAGE? While medical professionals tended to the injured George Malone, sheriff's deputies interviewed witnesses and handcuffed Deborah Malone Wilson and her brother, David Malone, both of whom were drunk. Wilson bragged about having beaten her father. However, neighbors who had long known about Malone's alleged sexual abuse of his daughter said they believe Wilson's statements were about fi-

nally fighting back. District Attorney Rob Christian said that Wilson was not interviewed by law enforcement after becoming sober, but that she could have asked to speak to an investigator. Blood spatter tests done on Wilson's shirt indicate that she was beneath Malone at least some of the time while he was bleeding.

NEIGHBORS: Threats, obscene acts toward children

FROM PAGE 8A

parked on Malone's side of the street while vehicles were being switched at the property they were renting. Gary was parked there "just minutes," Johnson said.

"This was maybe the first week (after) we moved in. It was right off the bat."

Johnson said that Malone would oftentimes urinate in his yard, in full view of her daughter and her friends.

"He's sit on the back of his truck under a big tree and just stare at them," Johnson said of the young girls.

Despite Malone's behavior, he was not disliked by everyone in the neighborhood.

"Other people you talk to, he was a saint – like (a neighbor) down the street. He did all kinds of stuff for her. She called him Papa. She said he was loving."

That, however, was not the Johnsons' experience with Malone – and it wasn't the experience of most of Malone's adult children. Johnson heard before she met the family about the way Malone treated his children.

"Deborah told me one time that the kids would hide when he came home from work because he was mean. Everybody that I talked to said he was just a snake."

Johnson said Malone pulled a gun on a couple to whom he had sold a lot, then pulled a gun on two men who were putting in a septic system on the property.

The incident with the septic workers happened the same day as the incident in the garden.

Johnson said she witnessed the fight between Malone and his daughter, and that it was instigated by Malone.

"Deborah was afraid of him, but she wasn't going to back down from him that day."

Johnson was on her front porch with her son, her daughter and some of their friends when the incident occurred. She said she happened to be looking in the direction of Malone's garden when the fight started.

"What I saw was Deborah standing in the garden and George was maybe 10 feet from her. And he just lunged at her, and they went on the ground

and all you could see was a red shirt and a blue shirt rolling around."

David's wife Sondra tried to break them up, then ran to get David, she said.

"Then here comes David, running, and he kicked George in the head two or three times. I called the cops. After I saw David kick him (again), I called back and said, 'They're going to kill him! I didn't mean they. I was just freaking out because help hadn't arrived yet.'"

Johnson said that her son, Tyler Dempsey, ran to the garden, yelling at Malone and Wilson to let go of each other.

"George has got Deborah's hair in his hands. He's got more of Deborah than Deborah's got of him."

Like Freeman, Johnson feels that she may have harmed Deborah's case by inadvertently destroying evidence. It happened when her son led Malone to the bed of his pickup truck, while she remained in the garden with Deborah.

"I was so stupid; I didn't even think. Deborah was sitting in the garden. I told Sondra to go get a paper towel and some water."

She realized later that wiping away some of the blood might have been a mistake.

"(Deborah) kept saying, more or less, 'I wasn't afraid this time. I took up for myself' and 'He's not going to do anything to me anymore.'"

"Deborah was just defending herself, whether she bit him or scratched him. She had scratches, too."

"George was always just a mean old man. You could talk to anyone out there and they would probably tell you how mean he was."

"A neighbor warned me when we moved in. She said, 'You better watch that George Malone. He's not a nice person.'"

Johnson is frustrated that she was unable to get into the record testimony that she felt was relevant about Malone.

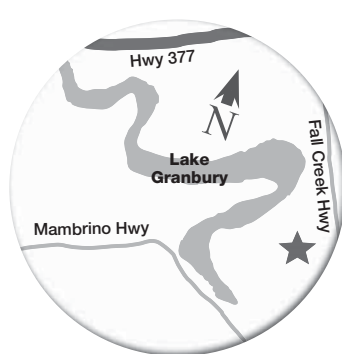
"They said, 'Didn't George beg someone to get her off of him?'"

"I was going to say, 'But he had ahold of Deborah, too. He was tangled up in Deborah as much as she was in him.'"

Today, Johnson has mixed feelings about Malone, who caused so many problems in the River Run neighborhood.

"I didn't think anybody should have gone through that," she said of the beating.

"But he started it."



★ River Run Development

DESIREE VENABLE

Desiree Freeman Venable is 34 now, and married. She moved away from River Run years ago, after she turned 18.

But she still remembers George Malone clearly.

When she was 8 or so, she angered Malone by repeating stories she'd heard about things he'd done to his daughters, and maybe even to other young girls.

He threatened to sue her parents and from that day forward made obscene gestures at her, she said – giving her the middle finger and making masturbatory gestures.

Years later, when she got a job at a store in town, he would

would do something like that.

"You take and take and take and finally you just explode. That's the first thing I remember telling my mom: 'It doesn't surprise me a bit.'"

"He was always stirring up trouble; I know that."

"Everybody just kind of knew that he was just a nasty, mean man, always staring people down. He was just waiting on an opportunity to start up something. Always."

SHELLEY TAYLOR

Shelley Taylor remembers a disturbing feeling while washing her car at her family's home in River Run when she was 16.

The reason was because her neighbor, George Malone, had set up a lawn chair across the street in order to watch her.

"He was creepy," said Taylor, who now is in her 20s and has two young children.

"It was so weird. I knew how mean he was. He was always just bitter and unfriendly. He always made me really uncomfortable."

Taylor said she saw "multiple arguments" between Malone and his adult children, Deborah and David.

"He was not nice to his children. That was normal," she said.

Taylor was with her mother, Lisa Johnson, and others on the front porch of their home when the fight in the garden occurred.

"George attacked Deborah. He lunged on her," she said.

Taylor is still angry over her first experience with the Hood County justice system.

She was set to testify for the defense in Deborah's murder trial and was rushing from her job in Fort Worth.

Taylor said that as she drove to Granbury from Fort Worth, she contacted Zach Wilson – Deborah's son – and asked him to get word to Deborah's attorney that she was just a few minutes away.

"I was four or five minutes late," she said.

Taylor arrived at the Justice Center to find that the attorney, Terence "Tiger" Russell, had rested his case without her. He had put just one witness on the stand.

"He told me that I didn't need to testify, that it wouldn't matter anyway," Taylor said. "It was like he wasn't even trying to help her."

"If he could kill me with his eyes, he'd do it."

--Desiree Venable, former River Run resident

show up and try to stare her down while she was working.

"It went well up into my adulthood," she said. "If he could kill me with his eyes, he would do it."

That's not all he did, she said. "I remember him making nasty comments about my boobs, my mom's butt – just nasty comments. I stayed as far away from him as possible."

Venable did, however, come to know Malone's adult children – Danny, Deborah, David and their younger brother, Yates.

"All four of those people were always super nice and would do anything for you. I enjoyed them, but I just didn't care to live across the street from George."

"I don't know that (the obscene gestures) scared me; it just made me uncomfortable. The fact that he was doing it, just an old man... it was gross. What are you trying to say when you're doing that?"

"I would just focus my eyes somewhere else because I knew he was going to do it."

Venable said there were times when she saw Malone with guns.

"I don't recall the situation, but I do remember seeing him holding up, I'm pretty sure it was a shotgun, and he was pointing it at someone or something."

Venable was grown and no longer living in River Run when the fight in the garden occurred.

"Honestly? Just knowing the history of what had transpired in the kids' younger lives, it didn't surprise me that they



COURTESY

PROBLEM WITNESS: This photo, taken on a septic worker's cell phone, shows Sondra Malone angrily yelling at George Malone. According to a witness, she told him that he had started the fight and that she would testify against him. However, Sondra, the wife of David Malone, gave several different statements to investigators.

Though a recently adopted law might have made a difference for convicted killer Deborah Malone Wilson, new evidence raises questions about whether she should have been charged to begin with. See part two of The Garden in the Wednesday, Feb. 1 issue.

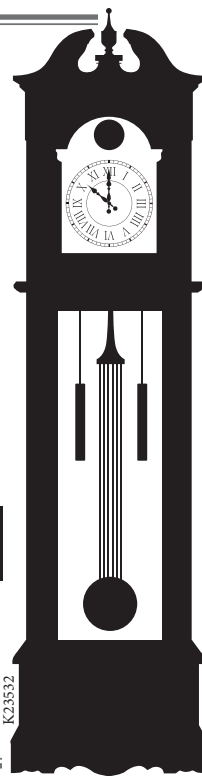
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Kenneth Edward Smith

Kenneth Edward Smith of Granbury was born in Amarillo, Sept. 28, 1930, to parents Randolph and Jewell Smith. He quietly and gently slipped into the arms of Jesus and went onward to his eternal home, Jan. 14, 2017.

Celebration of Life Service: 11 a.m. Saturday, Jan. 28, 2017, at Generations Church, Granbury.

He is survived by his loving wife, Barbara, whom he married March 15, 1952. They have four children, Suzanne, Bryan, Doug and Jim, as well as a granddaughter, Rachel, whom they raised as a daughter. The Smiths have been blessed with nine grandchildren and nine great-grandchildren.

Ken was a graduate of Amarillo High School and a U.S. Army veteran, having served in the Korean War. He earned his living as a tile setter and home builder and was an artist in his spare time. He was a founding



member of Shady Grove Church in Grand Prairie, as well as the Generations Church congregation.

Ken is also survived by his sister, Judy Burns (husband, Marty), and brother, Bob Smith (wife, Georgia) and numerous cousins, nieces and nephews.

He was preceded in death by his parents, Randolph and Jewell Smith; daughter, Suzanne; and great-grandson, Gideon.

Jaci Sandelin

Jaci Sandelin, 54, formerly of Granbury, passed away Thursday, Jan. 12, 2017, in College Station.

Memorial service: 2:30 p.m. Sunday, Jan. 29, 2017, at Terrace Acres Baptist Church, 632 N. Las Vegas Trail in Fort Worth.

Jacquelyn Ann Sandelin was born in Midland to the late Troy and Doris Colley, Nov. 16, 1962, and graduated from Midland High School. She attended Texas Tech University, pledged Alpha Chi Omega Sorority and earned a B.S. in advertising in 1985.

Jaci was an enthusiastic and energetic person in all her interests and had an ability to strike up a friendship immediately with people she met. Jaci enjoyed acting and attended both KD Studios and Neighborhood Playhouse acting schools in Dallas and New York City, respectively. Jaci worked for Delta Airlines, and later was a real estate agent in Granbury.



Most important to her were her three boys, Jake, Luke and Nick Sandelin, whom she loved deeply. She also had a lifelong love of animals.

Jaci is survived by her three sons; her brother, David Colley and sister, Terri Williams, both of North Texas.

Flowers may be sent directly to the church. In lieu of flowers, donations may be made to the Humane Society of Tarrant County.

Ronald L. Griffith

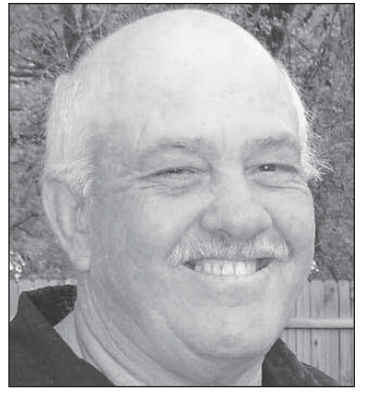
Ronald L. Griffith of Granbury, 61, went home to be with his Lord and Savior, Monday Jan. 23, 2017.

Service: 2 p.m. Saturday, Jan. 28, 2017, Laurel Land Memorial Park, Fort Worth.

Ronnie was born Aug. 5, 1955, in Fort Worth to Edward and Lois Griffith and was the youngest of four children. He married Geneva Stapp, Feb. 23, 1973, and graduated from O.D. Wyatt High School. Driving as a truck driver for several companies is how he provided for his family, until he started his own company, T & R Concrete. In 1986 he moved his family to Granbury where his business grew and so did his family.

Ronnie was truly one of the most caring and giving individuals you could have ever known. He was a born again Christian, and was called into the ministry as a youth pastor and evangelist. Isaiah 43:1, "Do not fear, for I have redeemed you: I have called you by name; you are mine" was one of his favorite scriptures.

There are many accomplishments to Ronnie's credit, but the greatest of all was winning many souls to the Lord. Outside of church, his family was his life. He loved his wife, his girls, their husbands, his grandchildren as well as his extended family. He always went out of his way to meet the needs of others. He never met a stranger and enjoyed spending time



with all his loved ones and friends. He enjoyed going to the races, fishing, watching the Dallas Cowboys and traveling. He was famous for his burgers and his hospitality. There is so much more that could be written about Ronnie Griffith, who was loved so dearly and will be missed greatly. We rest in the comfort of the Holy Spirit, knowing that he is in perfect peace for eternity.

Ronnie was preceded in death by his parents; son, Randel; brother, Eddie Jr.; sisters, Betty Day and Shirley Brown.

He is survived by his wife; daughters, Shelena Quillin, (husband, Brett), Jennifer Hall, (husband, Matt), Lemeasha Neill, (husband, Zack); grandchildren, Chase Quillin, Trey Quillin, Kendrick Hall, Brayden Hall, Rayna Neill, McKenna Neill; brothers-in-law; sisters-in-law; many nieces, nephews and cousins; and a multitude of dear friends.

Carol Ann Cotton

Carol Ann Cotton, 69, passed away Tuesday, Jan. 24, 2017, in Granbury.

Celebration of Life: 10 a.m. Monday, Jan. 30, 2017, at Lakeside Baptist Church.

Carol was born Dec. 8, 1947, in Dinuba, California, to Harvey and Betty Tarbell. She worked in school administration prior to being retired. Carol was an active volunteer, a member of the Pecan Plantation Women's Club, and was a member of the Lakeside Baptist church.

She was preceded in death by her parents.

Carol is survived by Ronald Cotton, her husband of 52 years; daughter, Laura Lee Spoonmore (husband, Jeff); son, Richard Lee Cotton; grandson, Haden Todd Cotton; granddaughter, Olivia Carol Spoonmore; sister, Jean Cotton (husband, Robert Gene); brother, James Ruben Tarbell (wife, Donna); and numerous nieces



and nephews.

In lieu of flowers, the family requests that a donation in Carol's memory be made to the "Green Thumb Garden Club" for the beautification project of the back circle in Pecan Plantation. Donations may be sent to Jonne Hough, GTGC Treasurer, 7404 Fox Run Ct. Granbury, TX 76049

Arrangements made by Wiley Funeral Home.

Albert Snell Parker

Albert Snell Parker, 84, of Granbury passed away Thursday, Jan. 19, 2017, in Glen Rose.

Service: 1 p.m. Monday, Jan. 23, 2017, at Wiley Funeral Home Chapel, Granbury.

Interment: 4 p.m. Mount Olivet, Fort Worth.

Albert was born Sept. 16, 1932, to the late Ben Parker and Eunice Ward. He grew up on a farm and after graduating high school he proudly served his country in the U. S. Air Force. When his tour of duty ended, he went to work for American Airlines as an aircraft mechanic. Albert was also an F.A.A. instructor and investigator.

He loved flying and enjoyed giving flying lessons. He was very active outdoors and also enjoyed dancing, traveling and fishing.

He was preceded in death by his parents, daughters, Kathleen Parker, Karen Real and



Deborah Brown; and several brothers and sisters.

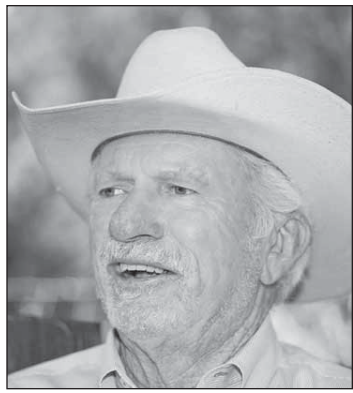
Survivors: Wife, Phyllis Parker; sons, Scott (Karen) Parker and Brian Parker; grandchildren, Jeremy Salazar, Amie Stacy, Amanda McGregor, Jessica Edgett, Kelsey Parker and Katie Parker; 10 great-grandchildren, two sisters, Wanda Adams and Evelyn Sue Parker.

David 'Papa' Hughes

David "Papa" Hughes, 76, of Granbury went home to be with his Lord, Tuesday, Jan. 10, 2017, after a year-long battle with Lewy Bodies Dementia.

Celebration of life: 11 a.m. Saturday, Feb. 4, 2017, at Cornerstone Chapel in Oak Trail Shores, Granbury.

Papa is survived by his wife of 35 wonderful years, Judy; mother, Goldie Hughes; brother, Larry Hughes; children, four sons, David Hughes Jr., Blake Hughes, Craig Hughes and Mark Landers; two daughters, Kim Carman and Donna Landers; 12 grandchildren including Chrys-



tal Russell (his baby girl) of Granbury; and 14 great-grandchildren.

Beulah S. Thomas

Beulah S. Thomas, born Feb. 27, 1935, died Jan. 24, 2017.

She resided in Arlington at the time of her passing.

She had lived in Granbury from 1990 to 2005.

Funeral service: 1:30 p.m.

The deadline for obituaries is noon Monday for the Wednesday paper, and noon Thursday for the Saturday paper. Obituaries can be emailed to obits@hcnews.com. If the deceased lived in Hood County, a standard obituary, under 200 words, is free in the Hood County News. A fee is applied for expanded or additional information.

Rob Murrell

Rob Murrell, 62, passed away Tuesday, Jan. 24, 2017, in Granbury.

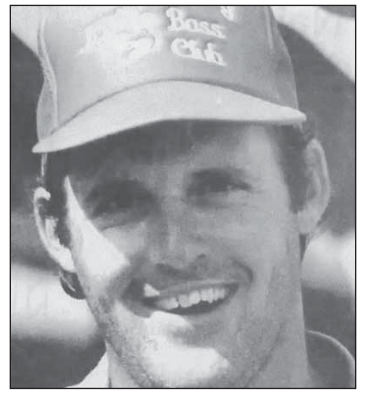
Graveside service: 2 p.m. Friday, Jan. 27, 2017, Holly Hills Memorial Park.

Memorials may be made to St. Jude Children's Hospital, Shriners Hospital or Ruth's Place.

Rob was born April 22, 1954, in Soap Lake, Washington to Leon and Karen Murrell.

He proudly served in the U.S. Army. He was an associate for the U.S. Postal Service. He was a member of the Granbury Bass Club and he won numerous first places in competitive bass fishing tournaments. He loved to watch University of Texas and Dallas Cowboy football dressed in full fan regalia. He loved his children and grandchildren dearly.

He was preceded in death by



his father, July 30, 2006.

Rob is survived by his wife of 40 years, Bertha McCauley Murrell; his loving children and grandchildren; mother, Karen Murrell; sister, Yvonne Carver; sister-in-law, Carol McCauley; several nieces and nephews; and his fur baby, Sam.

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BASKETBALL

LADY PIRATES 56, BURLESON 39

Gabbie Nunn scored 23 points to lead the Granbury Lady Pirates to a 56-39 home win over Burleson.

Granbury improved to 4-6 in district and 8-16 overall. Burleson fell to 0-10.

Amber Strange had 11 points for the Lady Pirates, Jayla Hall eight, Taylor Parrish six, Abby Jones four, Maddi Samuelson two and McKenzie Scott two.

The Lady Pirates play at Joshua Tuesday with tipoff at 6:30 p.m.

GRANBURY 59, BURLESON 52

Granbury sophomore Cade Dudley took dead aim and drilled in eight of nine three-pointers Tuesday night against visiting Burleson.

Dudley, a 5-8 guard, scored 27 points to guide the Pirates to a crucial 59-52 win.

Granbury improved to 3-5 in district while the Elks slipped to 2-6.

"He made everything he looked at," Granbury coach David Breazeale said of Dudley.

But the coach also praised the defensive play of 6-1 junior Kyle Beck.

Eric Kirchner added 13 points for the Pirates, Mason Hix and Michael Horne seven each, Dalton Kennington four and Beck one. Granbury travels to Joshua Tuesday with game time about 8 p.m.

EASTLAND GIRLS 48, TOLAR 30

Eastland defeated the visiting Tolar Lady Rattlers 48-30 in district basketball Tuesday night.

Tolar fell to 2-7 in district and 9-18 overall.

Lauren Franklin led Tolar with 10 points, Abby Leatherman had seven, Allison Lee five, Baylee Morton three, Grace Jones two, Shaely Nunley two and Kaitlyn Morphew one.

The Lady Rattlers travel to Brock Tuesday for a 6:15 p.m. tipoff.

TOLAR BOYS 60, EASTLAND 46

A trio of Tolar boys scored in double figures to lead the Rattlers to a 60-46 win over Eastland Tuesday night.

Bryce Farmer led with 18 points, Will Bonnell had 17 and Devin Hodges 15.

Tolar improved to 3-4 in district and 10-14 for the season.

Other Tolar scorers were Derian Morphew, six; and Michael Golba, four.

Farmer had five blocks, Bonnell had seven rebounds, Hodges had five assists, Morphew had nine rebounds and Golba had four steals.

Tolar plays at Brock Tuesday with tipoff about 7:30 p.m.

LIPAN DEFENDS HOME COURT

The Lipan girls and boys defended their home court Tuesday against Gorman.

The girls won 50-31, and the boys won 99-45.

The Lipan boys host Moran Tuesday night.



GIVE THAT BOY THE BALL: Granbury's Cade Dudley (00) had a brilliant night Tuesday at home against Burleson.

He sank eight of nine three-point attempts and finished with 27 points in Granbury's 59-52 win.

MARY VINSON | HOOD COUNTY NEWS | BUY REPRINTS AT HCNEWS.COM/GALLERIES

Warmer weather should bring plenty of action

When I was searching for fish to catch this past weekend, it was not surprising to find the majority of the fish still relatively deep (between 30 and 45 feet).

All the fish I caught this past week were on deep flats adjacent to main lake points. The predators were above most of the bait when I located them.

The warmer weather is bringing on some surface action, but I did not see any of that last weekend on Granbury.

Lake Whitney on the other hand has had a lot of surface action recently. Birds will point you to active fish.

Predators and baitfish will move back and forth from deeper water to shallower water depending on the weather (water temperature). I usually try to work different depths until I can mark fish, and then the real test is getting bit. There are still a lot of fish staging in the main lake on Granbury. Afternoon bite has been better for sand bass. Crappie are also being caught on those warm afternoons in the creek sloughs.

The next few weeks are sure to bring some great action for the sand bass spawning season and the striped bass as they move to the upper ends. The dark moon this week will have

HOOD OUTDOORS



Mike Acosta
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the fish feeding during the day.

REPORT

The majority of Granbury stripers and sand bass continue to be holding in deeper water on the main lake. Sand bass and stripers are being caught in

town as well.

Black bass action is best on the warmer days as fish move up in the water column. Small soft plastics fished on light line are working best. Crappie are being caught in the evenings in the backs of sloughs on small minnows and worms.

Squaw Creek continues to draw wintertime bass anglers. The warm power plant lake action is good for black bass on soft plastics. Numerous 3- to 5-pound fish are being taken with an occasional bigger fish to 7 pounds.

Whitney sand bass and stripers are being caught in numbers from McCown Valley to up in the river near Kimball Bend.

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 MSRP \$41,185
 VGK Discount \$7,186
 Sale Price \$33,999

2016 KIA SEDONA SX
 Stk# 186081
 MSRP \$41,420
 VGK Discount \$6,821
 Sale Price \$34,599



2017 KIA SPORTGAGE LX
 Stk# 072064
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2016 KIA SORENTO SX
 Stk# 164973
 MSRP \$40,010
 Factory Rebate \$2,000
 VGK Discount \$3,611
 Sale Price \$34,399



2016 OPTIMA SXL
 Stk# 035081
 MSRP \$37,090
 Factory Rebate \$2,500
 Year End Bonus Cash \$500
 VGK Discount \$3,591
 Sale Price \$30,499



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 Stk# 097221
 MSRP \$34,400
 VGK Discount \$3,901
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2012 CHEVY IMPALA LTZ #316609A 6 cyl, auto, Bluetooth, leather, power seats, heated/cooled seats, sunroof, camera, leather, power seats, alloys, keyless entry, remote start, CD, MP3, Sat radio, 59k miles \$13,000	2011 KIA SORENTO EX #187529A 4 cyl, auto, PL, PW, leather, power seats, alloys, keyless entry, Sat radio, 68k miles \$13,500	2014 KIA SOUL #V2727 4 cyl, auto, a/c, tilt, cruise, PL, PW, Bluetooth, keyless entry, Sat radio, 14k miles \$13,500	2014 KIA SOUL! #352832B 4 cyl, auto, Bluetooth, leather, power seats, keyless entry, Sat radio, X-tra Nice, 39k miles \$13,900	2014 CHEVY EQUINOX LT #055296A 4 cyl, auto, power seats, sunroof, luggage rack, PIONEER STEREO & MORE, 75k miles \$14,000	2011 TOYOTA VENZA #106953A 4 cyl, auto, a/c, tilt, cruise, PL, PW, leather, alloys, Affordable People Mover, 61k miles \$14,500	2014 CHEVY CRUZE LTZ #V2728 4 cyl, auto, Nav, Bluetooth, leather, power seats, heated/cooled seats, sunroof, alloys, keyless entry, remote start, Sat radio, RS Edition, 48k miles \$15,000	2013 KIA OPTIMA EX #V2886A 4 cyl, auto, Bluetooth, leather, power seats, alloys, keyless entry, Sat MP3, radio, LOW MILES, 34k miles \$15,000
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2014 MAZDA 6I GRAND TOURING #165938A 4 cyl, auto, tilt, cruise, PL, PW, NAV, alloys, TECHNOLOGY PACKAGE & MORE, MUST SEE! 35k miles \$19,500	2014 TOYOTA PRIUS 5 HYBRID #V2724A 4 cyl, auto, a/c, PL, PW, Nav, Bluetooth, alloys, keyless entry, Sat radio, LIKE NEW! 11k miles \$20,000	2015 CHRYSLER 300 LIMITED #185119B 6 cyl, auto, a/c, tilt, PL, PW, Bluetooth, leather, power seats, alloys, keyless entry, Sat Radio, 10k miles \$20,500	2015 KIA SORENTO EX #G194323A 6 cyl, auto, a/c, tilt, cruise, PL, PW, Bluetooth, leather, power seats, alloys, keyless entry, Sat radio, 69k miles \$20,500	2014 DODGE DURANGO SXT #194589A 6 cyl, auto, Bluetooth, power seats, alloys, luggage rack, 47k miles \$21,500	2014 KIA SORENTO EX #277372A 6 cyl, auto, NAV, Bluetooth, back-up camera, leather, power seats, sunroof, alloys, keyless entry, Sat radio, 43k miles \$23,500	2014 FORD MUSTANG GT #398967A 8 cyl, PL, PW, PL, Bluetooth, Tint, leather, power seats, alloys, Sat radio, ROUGH EXHAUST, MUST SEE!! 12k miles \$25,800	2013 EXPEDITION KING RANCH #170328A 8 cyl, auto, Nav, Bluetooth, backup camera, trailer tow, leather, power seats, sunroof, alloys, keyless entry 3rd row, luggage rack, MUCH MORE, 86k miles \$28,000

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Kicking around

First the beach, then the world

BY DEBBIE SCHNEIDER
HOOD COUNTY NEWS

As a member of the Padre Ladies, Janet Hanna has been traveling with her group of girlfriends since 1987.

The name, Padre Ladies, came about because they typically traveled to the Texas coast for an annual girls trip.

"When we first started, we used to go to Padre Island every year," Janet said. "We had a lot of fun going down there."

As the years passed, the ladies decided to expand their excursions.

"We kind of outgrew Padre," Janet said of the friends who knew each other from church, back when First Methodist was still on the square.

These days, the Padre Ladies each save \$100 a month to put toward their next trip.

To streamline finances during the trip, one person puts everything on their credit card. Following the trip, the bill is divided and each lady antes up.

The Padre Ladies continue to meet once a month at area restaurants, and go on a big trip every few years. They've been to London, Paris, Greece and have taken two river cruises through Europe.

'When we first started, we used to go to Padre Island every year.'

--Janet Hanna



DEBBIE SCHNEIDER | HOOD COUNTY NEWS | BUY REPRINTS AT HCNEWS.COM/GALLERIES

SEASONAL COOKING: Many of us tend to eat more soups in the winter and more salads in the summer. Janet Hanna is sharing recipes for tamale soup, corn bread and peachy potatoes.

Looking through a scrapbook chronicling their journeys, Janet laughed and pointed to a group picture of the ladies eating ice cream bars.



TAKES THE CHILL OFF: Corn bread casserole goes great with tamale soup on a chilly winter day. Janet Hanna is

also sharing a recipe featuring peaches in a sweet potato dish.

Girlfriends expand their travels beyond trips to Texas coast.

"After we got a picture of us eating ice cream on one of the first trips, we made it a tradition to always get a picture of us eating ice cream," she said. "Just a silly thing that we do."

In Granbury, Janet has been active with a variety of organizations, though she's put her efforts into the Salvation Army Women's Service League

in recent years.

Janet and her husband, Dale Hanna, live on a ranch in Johnson County. "We've got cattle and a dog named Pinto," she said.

Janet and Dale are sports fans and like to watch the Texas Rangers, Dallas Mavericks and the Dallas Cowboys. Some years it's more enjoyable than others.

Together they have seven children and 10 grandchildren. Janet has been a financial adviser in Granbury for the last 12 years.

Janet loves to cook ("We rarely eat out,") and enjoys many index card recipes that have been passed down by family and friends.

"Those cards bring back a lot of memories," she said.

dschneider@hcnews.com | 817-573-7066, ext. 255

JANI'S PEACHY BAKED POTATOES

- 4 Medium baked and peeled sweet potatoes
- 1 Can (16 ounce) diced peaches, drained
- 4 Tablespoons brown sugar
- 1 Tablespoons cinnamon
- 4 Tablespoons butter
- 1/2 Cup chopped pecans

- Pre heat oven to 350 degrees. Butter 9 x 13 baking dish.
- In large bowl mix the sweet potatoes, peaches, brown sugar cinnamon, and butter.
- Put mixture in baking dish and top with pecans.
- Bake at 350 for 45 minutes.

VERA'S CORN BREAD CASSEROLE

- 2 Large onions, chopped
- 2 Eggs
- 2 Tablespoons milk
- 6 Tablespoons butter
- 2 cans (15 ounce) creamed corn
- 2 boxes Jiffy corn bread mix
- 3/4 Cup sour cream
- 2 Cups shredded cheese

Preheat oven to 425 degrees. Butter 9 x 13 baking dish.

- Sauté onion in butter until clear, set aside.
- Mix eggs and milk until blended add corn mix and mix well.
- Spread batter in baking dish, spoon onions over batter, then spread sour cream over onions, and top with the shredded cheese.
- Bake 35 minutes until puffed and golden. Let stand 10 minutes before cutting.

TAMALE SOUP

- 1 Pound ground beef
- 1 Medium onion chopped
- 1 Green bell pepper, chopped
- 1 Can (14.5 ounce) stewed tomatoes, undrained
- 2 Cans (16 ounce) Ranch Style beans undrained
- 1 Can (15 ounce) creamed corn
- 1 Can (10.75 ounce) condensed beef broth
- 2 cans tamales (15 oz), drained

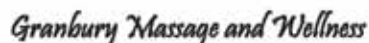
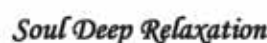
- and cut into 1 inch pieces
- Cook ground beef, onion and bell pepper in a Dutch oven until ground beef is browned.
- Add stewed tomatoes, beans, creamed corn and beef broth and simmer mixture 1 hour.
- Stir in tamale pieces and serve as soon as the tamales are warm.



The Granbury Citizen's Police Academy Alumni would like to thank all of the businesses and individuals that have supported us and the Granbury Police Department in the past year.

You helped us raise money for police equipment, not only through the Tip-A-Cop program, but also through generous donations for the Police Department Christmas party gift baskets.

You are appreciated.



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www.CPAAalumni.org



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Hoot and holler

Ruth's Place presenting Handsome Hunks on Feb. 9

BY DEBBIE SCHNEIDER
HOOD COUNTY NEWS

Thirteen contestants will be competing in the annual Handsome Hunks fundraiser Thursday, Feb. 9, at the Granbury Resort Conference Center, 621 E. Pearl St.

The fundraiser for Ruth's Place gets started at 6 p.m. and includes dinner, the program and live auction.

This year's contestants include:

- Aaron Lemons - Grumps
 - Cameron Hooper - Boucher, Morgan & Young
 - Marcus Chavez - Van Griffith Kia
 - Kevin Greene - Lake Granbury Medical Center
 - Leslie Tackitt - H-E-B
 - Cody Trahern - Sight Glass Flights
 - David Cowley - First Financial Bank
 - Cooper Dodd - Daffan Mechanical
 - Chris Vandenberg - National Oilwell Varco
 - Gary Folger - Christina's
 - Michael Alexander - entertainer
 - Ty Roberts - Christina's
 - Romeo Bachand - Ruth's Place
- Tables start at \$1,500. There



HANDSOME BENEFIT: Pat Wilson (center) leads the dancing men at last year's Handsome Hunks benefit for Ruth's Place. The annual event returns Thursday, Feb. 9, at the Granbury Resort Conference Center, 621 E. Pearl St. The fundraiser gets started at 6 p.m. and includes dinner, the program and live auction.

are a limited number of reserved seats available for \$150. Call 817-573-6800 for tickets. Ruth's Place is a nonprofit clinic providing medical, dental and social services to uninsured

Hood County residents with little or no access to care. "Volunteer providers help the clinic schedule nearly 2,500 appointments a year," Executive Director Craig Gossard said.

"Ruth's Place receives no payments from insurance or government healthcare programs making Handsome Hunks a very important night." dcsneider@hcnews.com | 817-573-7066, ext. 255

Remember The Days Of Old

When I was growing up in the 70's, my grandfather, Bob Bradley would often come by the house for a visit, either on his way to, or on his way from a game of dominos that some of the older men in town worked up just about every day. As soon as he came in the door, my mother asked him the same thing every time, "Daddy, do you want a cup of coffee?" And he gave the same answer every time, "Don't mind if I do." If you're like me, some of the most precious memories we have of years gone by are not necessarily "big things". They are the common things of everyday life. They are spontaneous, casual and real. They happen over a cup of coffee, a shared meal or a chance meeting at the store or post office. Last year my wife came up with an idea for an old dresser that belonged to my grandfather that has been in the garage for years. She decided to make a coffee bar out of it. So she did. For the crowning touch, she made a plaque for the top shelf which reads, "Don't Mind If I Do". That coffee bar is the material possession I value most. Because it not only serves my love for coffee, but because it reaches back and touches those days gone by. Next to the sign on the top shelf are coffee cups that belonged to our grandparents, a little coffee grinder, etc. "Remember the days of old; consider the years of many generations; ask your father, and he will show you, your elders, and they will tell you." (Deuteronomy 32:7) - Brad Fry

Please be our guest this Sunday and enjoy our potluck lunch with us after the morning service.

The Church of Christ in Tolar

P.O. Box 517, Tolar, TX 76476
tolarchurch@yahoo.com 254-835-4397
Visit our website at tolarchurchofchrist.com

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COURTESY

Rotary honors firefighter

Matt Hohon of the Granbury Volunteer Fire Department is the most recent recipient of the Rotary Vocational Service Excellence Award. Since moving to Granbury in 2010, he has demonstrated professionalism, dedication to duty and appreciation for other firefighters. In receiving the award, he indicated that he is only one member of a team of people working together. Hohon is a corporate pilot and has traveled extensively. The award recognizes excellence and reflects the Rotary motto of "Service above Self."

It's time to apply for scholarships

The Hood County Retired School Personnel Association seeks scholarship applications for the Willie Crossland Memorial Scholarships.

Completed applications and letters of recommendation are due by April 7 to Dr. Gail Hill at P. O. Box 1144, Granbury, TX 76048.

Applicants for the Willie Crossland Memorial Graduate Scholarship must be an educator in a Hood County school, and accepted into a graduate program in education. Graduate applicants must also submit a letter of recom-

mendation from an education professor, and a letter of recommendation from a school administrator.

Applicants for the Wanda Crossland Undergraduate Scholarship must be a graduate of a Hood County high school, and must be accepted into a college or university's school of education.

They must also submit a letter of recommendation from an education professor.

For more information contact Janie Bramlett at janie.bramlett@yahoo.com.

Students could win trip to Washington

United Cooperative Services seeks high school student applicants for the 2017 Washington Youth Tour trip.

With the Government-In-Action Youth Tour Contest, United will again sponsor a trip to Washington, D.C. June 7-16, for two fortunate high school students. The two students are selected through a contest.

The objectives of the Youth Tour are three-fold.

1. To educate youth on all aspects of rural electrification

in order to promote a better understanding of the value of rural electric cooperatives.

2. To provide an opportunity for youth to visit monuments, government buildings and cooperative-related organizations in order to become familiar with the historical and political environment of their nation's capital.

3. To provide an opportunity for youth to meet elected officials in order to better understand how their federal govern-

ment works.

This contest is open to high school sophomores, juniors and seniors who attend a high school or are home-schooled full-time in United's service area. Each contestant must complete and submit an application, which can be filled out online at www.united-cs.com.

The applicant is not required to be a member of United Cooperative Services.

Winners of any past Youth Tour are not eligible to enter

and immediate family members of United employees or directors are not eligible to enter.

Applications must be submitted no later than Feb. 9.

"The Youth Tour does more than provide students a tour of the important national monuments," said United CEO Cameron Smallwood.

"The trip gives these young people—the future leaders of our state and our country—a front row seat to democracy in action."

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TIME: 10:00 A.M.

PLACE: West Side of the Hood County Justice Center - facing the parking lot at 1200 W. Pearl St., Granbury, Hood County, Texas

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Pecan's annual employee recognition celebration recently saluted the best of the best among us. Pecaners' generosity spread to all employees, and several tremendous people were lauded with special recognition awards for outstanding performance and commitment this past year.

Hailed with accolades for going above and beyond the job were Deric Dudley, Bryan Glenn, Renee Sheffield, Jose Flores, Ashton Sheffield, John Ingram and Lula Pope.

Congratulations and hearty thanks to these Pecaners.

BON FETE

A gala of grand size comes to the clubhouse tonight when "Mardi Gras Meets the Big Screen" begins its festivities at 5 p.m. for folks with reservations.

NEWCOMERS GATHERING

The Lake Granbury Newcomers Club will meet again Thursday at deCordova Country Club from 9:30 a.m. to 1 p.m.

Ladies will hear from Granbury author Geri England Lowry when she shares portions of her novel "The Rats of Grandville."

Reservations are necessary and may be made by calling 817-243-9831 before noon today.

For more information on Newcomers and its presence in our community, contact Pat Hendricks at 817-579-2637 or visit www.granburynewcomers.org.

GOLF NOTE

The Ladies' Golf Association has low gross/low net scheduled for Tuesday's golf play.

PECAN BITS



Diane Long

BREAKFAST CLUB

Breakfast Club continues on Wednesday mornings with food service beginning at 7:30 a.m. and a program immediately following.

All Pecaners are welcome. Next Wednesday Breakfast Club will hear from Christana Middlebrook, Vice President of El Tesoro Camp, Pecan's front gate neighbor.

Christana will detail the history of and activities offered by El Tesoro.

EQUESTRIAN NEWS

Tammy Dressman writes that Pecan's Equestrian Center is pleased to have its concrete center isle completed and that it has been a great improvement to the stables. She sends gratitude to Daniel Van Patten and Pecan's Roads and Grounds Department for all of their labor on this project.

There is currently one space available in the Equestrian Center, and Pecan also offers temporary boarding for horse owners.

For more information on stable accommodations in our community, contact Tammy at 817-614-9744.

PICKLEBALL UPDATE

Pecan's Pickleball community continues to grow and ended 2016 with 57 registered players.

The third court at the Pecan Activities Center (PAC) has allowed more players to get into the game and cut down on wait time between matches.

Congratulations to players Damon Berry and Bob Myers,

who took a first-place finish in their men's doubles division in a recent Metroplex tournament, and also to Susie Dodson and Eva Myers, who won second place in the women's doubles category.

Many tournament opportunities exist for 2017, and for folks wanting more information about tournament play and the pickleball scene in Pecan, contact Miles Broughton at 214-587-3504.

COMMITTEE SIGNUP

A signup sheet for serving on Pecan's by-laws committee is at the clubhouse reception desk for any member who wishes to volunteer service with this group.

The board of directors will appoint committee members at the annual meeting in March. Sign ups will continue until Feb. 12.

PAC LIST

Winter activities continue at the PAC. Exercise classes, adult tap lessons, line dancing, art, pickleball and guitar are on the weekly schedule.

Special programs include a continuing healthy living series with instructor Patricia Green and healthy cooking classes with Li Cross.

For a complete list of times and details of classes, stop by the PAC front desk or call 817-573-7952.

COMING UP

Watch for more details on Pecan's Valentine's Day celebration scheduled for Feb. 14, Pecan Plantation Woman's Club on Feb. 16 and Pecan's election day and annual meeting on March 4.

dianelong@yahoo.com | 817-579-9360

Reece family gathers for reunion

The descendants of the late Emmett and Ethel Reece met recently near Weatherford in the home of their daughter and son-in-law, Martha and Don Baker. Martha's brother, James Reece of Lipan, was also in attendance.

Their sister Mary and her husband Gene Adams of Morgan Mill were there with their daughter, Pam Fry.

Martha has two sons, Bobby and Mark, and a daughter, Marrita. Her grandsons and their children were also able to attend.

The family enjoyed eating lunch together and visiting with each other.

Unfortunately, the weather was bad, so the little ones had to entertain themselves indoors.

The Reece descendants try to get together at least once a year.

LIPAN SMOKE SIGNALS



Debbie Compton

SCHOOL NEWS

On Monday, Jan. 30, there will be an AR (Accelerated Reader) field trip to the Granbury Skating Rink.

Second-graders have a field trip scheduled for Friday, Feb. 10. They will be going to Bass Hall in Fort Worth.

Monday, Feb. 20, Presidents Day, will be a student holiday and a teacher's in-service day for Lipan ISD.

GET WELL SOON

We are happy to report that Shirley Riddle is now back home after having back surgery on Jan. 6 and recovering for two

weeks at her daughter and son-in-law's home in Mineral Wells.

Doc York had an accident on his bulldozer, but thanks to the Lipan VFD, he suffered no serious injuries.

Arthur Edwards fell at his home in Patillo and broke his hip. He was due to have surgery this past week.

Best wishes for a quick and complete recovery.

BIRTHDAYS

Monday, Jan. 29, is Darcy Boyce's birthday. On Tuesday, Jan. 31, Dan Sears will be the BIG 70. Friday, Feb. 3, is Lori (Pendergrass) Ubinger's big day. Happy Birthday to you!

SEND IN THE NEWS

If you have birthdays, anniversaries, or news that pertains to the Lipan community, please contact me.

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Lot 10 • 1.74 Acres
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Heavily wooded and private property, peppered with oaks and evergreens. Back to non-public road, which affords maximum privacy!

ACTUAL PROPERTY PHOTO

Lot 14 • 1.74 Acres
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was \$109,900

Nicely wooded property that boasts some of the largest lake and hill country views in the entire community, plus it is one of our largest properties!

ACTUAL PROPERTY PHOTO

Lot 25 • 1.09 Acres
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Gorgeous cul-de-sac lot with huge hardwood trees, and seasonal creek that runs along the back of this extremely wide rear lot line!

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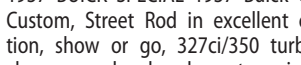
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6670
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8030
Pets

LOOKING FOR A COMPANION?
If you are looking for a companion
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OPT TO ADOPT!
Call or visit
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817-573-4277

8040
Pets Lost & Found

IF YOU HAVE
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please contact
Hood County Animal Control,
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Texas 76048. 817-573-4277

EMPLOYMENT

8510
General

Granbury ISD is now taking applications
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our maintenance department. Criminal
background checks and fingerprinting
are required. Competitive wages and ex-
cellent benefits, including health insur-
ance and retirement. Apply at
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now hiring dependable caregivers, full
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5330

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8510
General

Waterview
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Passenger endorsement and have a
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General

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computer, excel, word, ten key, filing
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Seeking transportation to & from For-
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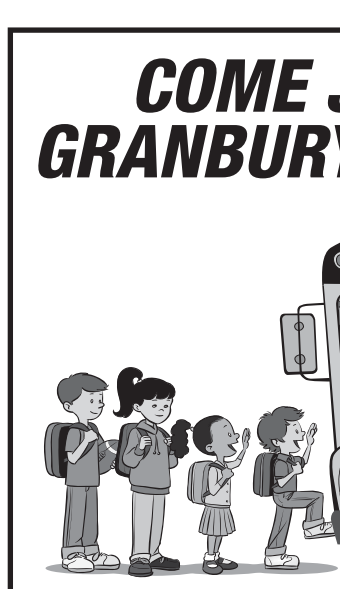
8510
General

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NewScope Marketing is looking for
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This amazing entry-level marketing
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COME JOIN THE GRANBURY ISD TEAM!

Now Hiring Drivers and Attendants
— Training Provided —

The Granbury ISD Transportation Department is now
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We offer competitive wages, excellent benefits, including
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Applicants must have an approved driving record.
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Please call 817-408-4150,
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8510
General

Welder: Part/full -time, MIG experience,
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Call 817-230-9144

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Tolar ISD is taking applications for bus
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ment and fingerprints are required. Insur-
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lar ISD is an equal opportunity employer.

\$14 per hour part time assistant manger
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tenance. Work schedule includes alter-
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Hood County News

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complete application form at
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NewScope Marketing is looking for
Rock star Drivers(CDL) and tour as-
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level. We are an industry-leading, enve-
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lifestyle to connect brands to people's
lives.
This amazing entry-level marketing
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responsible for day-to-day project
management including program coor-
dination, event coordination, event
re-capping, and staff management.
We are looking for an energetic and
hardworking team member for this
exciting opportunity. Please apply in
person. 5845 Acton Circle, Granbury
(817) 362-4277

www.hcnnews.com

General

Help Wanted: Looking for a full-time Shop Foreman or Sheet Metal Fabricator. Need someone with sheet metal fabrication knowledge. Plasma table experience would be a plus. Please call 682-936-2236 for more information.

Construction

- CARPENTER/LABORER Needed for Boat docks and fences. Need weekend workers. Must have valid driver's license and own vehicle. 817-408-0084
- EXPERIENCED ELECTRICIAN Minimum of 2 yrs experience with references. 817-894-1961

Food Services

COOK NEEDED at North Central Texas Academy. Please call 254-897-4822 for an application or pick one up at our front gate located at 3846 N. Hwy. 144, Granbury, TX 76048.

Waterview Independent Living is NOW HIRING Servers and Cooks. Please apply at 100 Watermark Blvd, Granbury, 817-573-3434
www.waterviewlife.com

F/T Manager at Mi Familia Stephenville needed. Looking for energetic manager that enjoys working w/public. Need 2Yrs restaurant/kitchen exp. and must be bilingual. Send resume to: tprosise@embarqmail.com or call: (254) 918-0900

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Medical/Dental

DENTAL ASSISTANT Full-time Registered Dental Assistant needed for growing dental office. Must have current RDA license. Experience is preferred, but must have good personal skills and be a quick learner. Position will include front office duties as well. Any self-motivated, team players please submit resume to info@dtheizer.com or fax to 817-573-9251. Applicants may also bring resume in person.

(PRN) CNA'S AND RESIDENT ASSISTANTS - all shifts. Waterview Assisted Living is NOW HIRING. Please apply at jobs.sagora.com
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Medical/Dental

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— Apply in person —
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Full Time
CNA's
Various Shifts Available
P23667

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PART TIME CLERICAL ASSISTANT Small HOA Water System. Proficiency in QuickBooks, RVS and Microsoft Office. Perfect opportunity to fill retirement hours. Email resume. csrodenburgh@netscape.net

MANUFACTURING-OTHER - PURCHASING CLERK Requirements: Computer skills, math skills, & good communication skills. MUST be detail oriented, & be able to multi-task. Email resume to: sbunce@oilfieldshop.com. NO phone calls or walk-ins will be accepted.

ALL - SERVICE COORDINATOR Manufactured Home Retailer looking for someone 3 days a week with the potential to turn in to full time. Position is responsible for scheduling property improvements, permits, deliveries and customer service. Must be very detail oriented. Knowledge of Quickbooks a MUST. Please email your resume to mark@westfrontier.net

Professional

EDUCATION - PRESCHOOL TEACHER Acton UMC Preschool is hiring. Your child can attend for free while you work! Call for info (817) 326-3615

The Paluxy River Children's Advocacy Center in Granbury is accepting applications for an LPC, LMFT, or LCSW experienced in working with victims of child sexual abuse and trauma. Training in TF-CBT and Spanish speaking are a plus but not necessary. Evening hours required. Send resume to Layna Lankford, MA, LPC-S at resumes@paluxyrivercac.org.

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EXCITING SALES OPPORTUNITY REAL ESTATE IS HOT!
Expanding, established land development co. in Granbury, TX area seeks honest, high energy, goal driven achievers for land sales career. Strong communication skills needed. All leads provided. We offer high commissions, bonuses, benefits including 401K, Health and Life Insurance. Extensive training & potential to grow. Opportunity to earn \$100,000+/yr. Must be able to obtain RE license & work weekends. Great environment to take control of your career and fulfill your potential. E-mail resume to: hmercado4NLP@gmail.com an EOE

Employment Information

WELLNESS DIRECTOR The Courtyards at Lake Granbury, an assisted living community, is looking for a responsible and organized individual to join our team as the Wellness Director. The Wellness Director is responsible for the overall implementation, delivery, and coordination of resident services at the community and directly supervises all employees of the nursing department. Qualified candidates must be currently licensed as an RN or LVN. Prior management experience preferred. Candidate must also be able to communicate effectively with residents, families, physicians and employees. Candidate must have the ability to be on call, and occasionally work nights, weekends and holidays. Please call to arrange an interview. (817) 736-4300

Carpool Information

Seeking transportation to & from Forest Hill, Ft. Worth, Monday, Tuesday & Thurs. between 7:30/8:30am and 3pm/4pm. Pays \$22. each way. (817) 243-6988

NOTICES

Happy Notes

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Free

FREE: Full size YAMAHA ORGAN. Works well. (817) 776-1878

Public Notices

LEGAL AD Hood County Commissioners' Court has received an application to consider a revision of the plat for: Lot 41-R-1 and Lot 41-R-1-2, Section D, The Old WD Ranch The Hood County Commissioners' Court will meet to consider the application and to hear any protest to the revision on Tuesday, February 14, 2017, at 9 a.m. in the Central Jury Room of the Hood County Justice Center, 1200 West Pearl Street, Granbury, Texas 76048.

Notice of Public Sale Property of Phillip King, consisting of appliances, furniture, misc. household items. Being sold to satisfy landlord's lien. Sale to highest cash bidder, 10am, Fri, 2/3/17 Mini Max Self Storage, 3713 Weatherford Hwy. Granbury TX 76049. 817-279-6300.

NOTICE TO CREDITORS Notice is hereby given that original Letters Testamentary for the Estate of Bryan Wesley Szatkowski, Deceased, were issued on January 17, 2017, in Cause No. P08154, pending in the County Court, Hood County, Texas, to Matthew Alan Szatkowski. All persons having claims against this Estate which is currently being administered are required to present them to the undersigned within the time and in the manner prescribed by law. c/o Corey Marie Weeks, Attorney at Law 3005 East Belknap Street, Fort Worth, Texas 76111. (817) 223-6887 corey@theweeksfirm.com

PUBLIC NOTICE Hood County, Texas will begin an online auction for the sale of a 2007 Saturn Vue, 2006 Dodge Pick Up, 1995 Chevrolet Blazer, 2004 Nissan Sentra, 2004 Ford Truck F-150, 2001 Toyota Corolla, 1999 Ford Expedition, 2001 Ford Explorer, 1993 Mercury Sable Station Wagon, 2002 Pontiac Sun Fire, 1991 Toyota Camry, 2013 Jeep Wrangler, 2004 Dodge Van, 1998 Dodge Truck Ram 9000 ton, 1994 Ford Explorer, 1974 Dodge Motorhome, 1998 Honda Accord, 2007 Suzuki Motorcycle, 1997 Honda Civic, 2003 Cadillac 2 door, 1994 Mazda Pickup, 2008 Ford Crown Vic, a Boiler, Air Conditioner, Bathroom Partitions and 2 Toilets that have been declared surplus property by the Commissioners Court of Hood County. Hood County online auction is with Rene Bates Auctioneer Inc. and will begin February 13, 2017 and run until February 27, 2017. Interested bidders can access the auction at www.renebates.com. Questions concerning this online auction should be directed to Hood County Purchasing Department 817-408-3440.

PUBLIC SALES

Auctions

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Located at our Auction House.
Preview Sunday Morning from 10:00 a.m. until Auction starts.
PARTIAL LISTING
Dining table w/4 chairs (1920s), draw leaf dining table w/6 chairs, matching buffet, matching china cabinet, entertainment center, 2 display cabinets, antique pine half round table, china cabinet w/glass door, open face cabinet, wagon seat, 6 Parson style dining chairs, 2 bar stools, assortment of china and glassware, set of Nancy Drew books, rugs, primitive wood box, jewelry, barber's chair (Koken), patio set, old radio cabinet, stool, coffee table, side table, lamps, dresser w/mirror, cloth chair, carpenter's box, sewing machine w/cabinet, old quilts, old telephone, and much more. Still unpacking.
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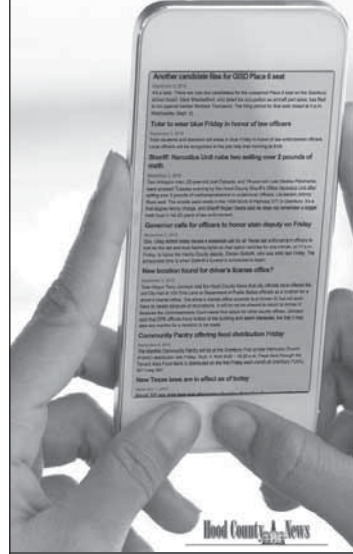
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Life

Realtor awards

NEAR RIGHT: Amy Clarkson (left), of Keller Williams, accepts the Most Dedicated Realtor award from Felicia Peters during the Granbury Association of Realtors banquet at deCordova Bend Estates Country Club.

FAR RIGHT: Felicia Peters (left), of Coldwell Banker United Realty, accepts the Humanitarian award from Laura Life at the GAR awards banquet. The caption for these pictures contained an error in Wednesday's issue.



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Legal clinic for veterans is free

TexasLawHelp, Texas Veterans Tarrant County Chapter and the Hood County Veteran Service Office are teaming up to give veterans a chance to get free legal advice from a real licensed attorney.

Mission Granbury will be hosting our very first Free Legal Advice Clinic for Texas Veterans on Friday, March 31 from 1 to 5 p.m.

Veterans will have an opportunity to speak with an attorney through a PC or laptop remotely through video conference face to face. We are looking forward to continuing this clinic on a monthly basis. It doesn't matter what your income level is; so long as you are a veteran this service is for you.

Flyers are in the works and appointments must be scheduled so we know what specialties we need to have available.

Flyers will be posted at Mission Granbury and the Hood County Historic Courthouse.

RULING ON CONTAMINANTS

The VA recently made a final rule regarding presumptive

VETERANS VOICE



Linda Mallon
Veteran Service Officer

illnesses associated with exposure to contaminants present in the water supply at U.S. Marine Corps Base Camp Lejeune, North Carolina from Aug. 1, 1953 to Dec. 21, 1987.

This rule establishes that veterans, former Reservist and National Guard members who served at Camp Lejeune for 30 days or more during that time who were diagnosed with any of eight diseases currently associated with exposure to contaminated water are presumed to have incurred or aggravated the disease in service and will be entitled to some VA benefits.

Veterans who meet this criteria and suffer from Adult Leukemia, Bladder Cancer, Kidney Cancer, Liver Cancer, Multiple myeloma, Non-Hodgkins lymphoma or Parkinson's Disease,

or other diseases not listed please call my office for an appointment.

Make sure you have a copy of your DD214 and medical records showing a clear diagnosis of your illness.

If you are a surviving spouse of a veteran who met this requirement and the cause of his death was attributed to the above listed diseases, you too may be eligible for VA compensation. Additionally, The Camp Lejeune Families Act of 2012 provides for no cost health care for the following 15 conditions; Esophageal Cancer, Breast Cancer, Kidney Cancer, Multiple myeloma, Renal Toxicity, Female infertility, Scleroderma, Non Hodgkin's lymphoma, Lung Cancer, Bladder Cancer, Leukemia, Myelodysplastic syndromes, Hepatic Steatosis, Miscarriage and Neurobehavioral effects.

For more information, please refer to www.publichealth.va.gov/exposures/camp-lejeune/

MILITARY HIRING FAIR

American Airlines Arena in

Dallas is hosting a Military Hiring Fair and Career Event on Tuesday, Jan. 31 from 9:30 a.m. to 2 p.m. Events include network opportunities, and workshops tailored to all military and former military.

Participants are eligible to receive two free tickets to see the Stars and Leafs evening game. Job seekers and employers are welcome to register at HireOurHeroes.org or email jrusell@uschampber.com for more information.

USE EMAIL AFTER HOURS

Emergency calls have been crossing my desk after hours and we are not able to respond until the next morning or after the weekend.

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As always, in case of a medical emergency or suicide threat, dial 911.

Calendar

The Community Calendar is a free listing in the Hood County news to inform readers of community programs, special meetings and nonprofit events.

To be considered for publication, organizations must include the agenda for the meeting, or the speaker's name and topic.

Information should be submitted two weeks prior to the event for consideration.

Monthly updates work best. Email information (including the location and street address) to calendar@hcnews.com.

Post 7835, 8 to 11 p.m., 3670 Highway 377 W.

MONDAY, FEB. 6

ALZHEIMER'S DISEASE support group discusses effective communication between caretaker and patient, 10 a.m., Acton United Methodist Church, 3433 Fall Creek Hwy.

TUESDAY, FEB. 7

OPERA GUILD welcomes Suzanne Cate and Tom Petry with accompanist Duncan McMahon performing "Love in the Second Act," 11 a.m., deCordova Bend Country Club, 5301 Country Club Dr. An optional buffet (\$13) is available with reservation, 682-936-9572 or granburyog@gmail.com

DARRELL COCKERHAM, Hood County judge, will speak at the Granbury Lions Club, noon, Spring Creek Barbeque, 317 Highway 377 E.

THURSDAY, FEB. 2

NEWCOMER'S CLUB luncheon includes program by author Geri English Lowry, 9:30 a.m. to 1 p.m., deCordova Country Club. Lunch is \$14 (checks preferred). Reservations required. Call 817-579-2637 by Monday, Jan. 28 at noon.

SPECIAL SCREENING of "The Enemies Within," a documentary by Trevor Loudon, 6:30 p.m., Harbor Lakes Country Club, 2100 Clubhouse Dr. No admission fee.

FRIDAY, FEB. 3

GRANBURY CHAMBER presents the "Best of Business Awards," annual banquet, 6 to 10 p.m., Granbury Resort Conference Center, 817-573-1622 for tickets.

COMMUNITY PANTRY offers fresh foods, 8:30 to 10:30 a.m., Granbury First United Methodist Church, 301 Loop 567, 817-894-0688.

SATURDAY, FEB. 4

KARAOKE NIGHT at VFW

THURSDAY, FEB. 9

HANDSOME HUNKS competition benefitting Ruth's Place includes dinner, program and live auction, 6 p.m., Granbury Resort Conference Center, 621 E. Pearl St. 817-573-6800. Tables start at \$1,500. Limited reserved seating \$150 per seat. Call 817-573-6800 for tickets.

GRANBURY CITIZENS Police Academy Alumni welcome Mission Granbury, 6 p.m., City Council Chambers at City Hall.

INAUGURATION SALE!

<p>2014 Ford F-150</p> <p>\$29,921</p> <p>4WD, Crew, 18K Miles</p>	<p>2015 Ford F-350 King Ranch</p> <p>\$52,921</p> <p>15K Miles</p>	<p>2009 Toyota Tacoma</p> <p>\$24,921</p> <p>4WD, 29K Miles, One Owner</p>
<p>2013 Ford Explorer</p> <p>\$19,521</p> <p>4WD, Leather</p>	<p>Shop Mike Brown For The Best Deals In Granbury!</p>	<p>2010 Jeep Liberty</p> <p>\$9,991</p> <p>2WD, Must See</p>
<p>2016 Chevrolet Impala LT</p> <p>\$18,921</p> <p>22K Miles, Like New</p>	<p>2014 Cadillac CTS</p> <p>\$26,921</p> <p>Turbo, 15K Miles</p>	

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Health, Mind & Body

January 2017

A Special Supplement to

Hood County  News

The Wonders of Water

Exploring the hidden
benefits of water

Dental Hygiene
Essential for
overall health

**Combatting
Inflammation**
The differences
between hot and
cold therapies

Health, Mind & Body

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- 6 Depression common but treatable
- 7 Recognize potentially dangerous household chemicals

Hood County News

Did you know?



Carbohydrates are seen as the enemy by many people looking to lose weight, but that reputation is ill-deserved for certain types of carbs. Carbohydrates referred to as “smart carbs” can boost energy and mood and help people, even dieters, maintain healthy weights. Smart carbs, which can be found in fruits, vegetables, minimally processed whole grain products such as brown rice and quinoa, and whole wheat bread among other foods, contain vital nutrients and fiber. The body takes longer to absorb whole grains than it does processed carbohydrates, stabilizing blood sugar and energy levels as a result. Because the body takes longer to absorb whole grains, feelings of satiety and fullness are extended. That reduces the likelihood of being hungry again shortly after eating, thereby helping people maintain healthy weights. Those who want to avoid carbohydrates should avoid products made with white flour, such as white bread, non-whole grain pastas, potato chips, and breakfast cereals with high amounts of sugar.

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Simple ways to avoid injuries when working out

not taking the appropriate measures to avoid injury while working out. While even professional athletes succumb to injury from time to time, there are steps everyone can take to avoid injury when working out.

Confirm your technique is the right one. Exercise science is continuously evolving, and that means workouts and fitness machines are evolving as well. When using a piece of equipment for the first time or altering a workout routine, men and women should consult with a gym employee or personal trainer to learn the correct technique. Incorrect technique can lead to minor and serious injuries because muscles are used in ways they are not intended to be used when exercises are performed properly. Research appropriate techniques, taking advantage of online video tutorials if you don't exercise at a gym, to ensure the exercises you want to perform are done properly. When beginning a new routine, ask a friend or gym employee to observe your workout and let you know if you are doing anything incorrectly.

Be patient. Lifting too much weight or pushing yourself too hard on the treadmill, exercise bike or elliptical machine will increase your risk of injury. This is especially true for men and women working out for the first time or after lengthy stretches of inactivity. Men and women who are elderly, inactive and/or overweight are likely to suffer from poor balance because their muscles are weak. Those muscles can be strengthened over time, but remain patient and stick to light weight during initial workouts so lack of balance

does not lead to pain or injury. Take the same approach with aerobic exercise to prevent muscle strains and pulls. Increase weight and the intensity of cardiovascular exercises as muscles gradually strengthen and become accustomed to exercise.

Allow for adequate time to warm up. Failure to warm up is another contributor to exercise-related injury. Before diving into a workout routine, spend between five and 10 minutes warming up your body with some low-intensity exercises. This increases blood flow to the muscles and makes them more elastic and pliable than cold muscles, thereby improving flexibility. Some low-intensity cardiovascular exercise on the stationary bike or treadmill can greatly reduce injury risk during the workout.

Vary workouts and exercise regularly. Varying workouts is a good idea because doing so can prevent repetitive-use injuries and prevent overuse of muscles. Repetitive-use injuries such as shin splints and tendinitis require extended rest to heal, and that can derail your routine and nullify your progress. Vary workouts so you are not always working the same muscles, and don't mistake varying workouts for varying workout schedules. Working out five days one week and one day the next increases your risk of injury. Injuries sometimes happen when exercising. But veteran and novice fitness enthusiasts can employ a handful of simple strategies to greatly reduce their risk of injury while working out.

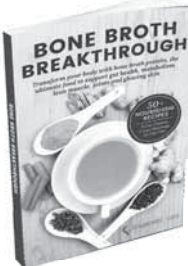
Five to 10 minutes of light aerobic exercise before working out can help men and women avoid injury.

A desire to live a healthy, active life compels many people to include exercise in their daily routines. Numerous studies have shown that regular workouts that include a combination of strength training and cardiovascular exercise can make bodies less susceptible to injury while reducing a person's risk for conditions such as heart disease, stroke and diabetes. Exercising is most effective when it's part of a daily routine, but that routine can be derailed if men and women are

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The health of teeth and gums can impact other parts of the body.

The importance of maintaining clean teeth and healthy gums goes beyond having fresh breath and a white smile. Many people are surprised to discover that oral hygiene plays an integral role in overall health. Research indicates that oral health mirrors the condition of the body as a whole. Also, regular dental visits can alert dentists about overall health and pinpoint if a person is at a risk for chronic disease. An oral health check-up also may be the first indication of a potential health issue not yet evident to a general medical doctor.

Why dental hygiene is essential for overall health

Heart disease

According to the Academy of General Dentistry, there is a distinct relationship between periodontal disease and conditions such as heart disease and stroke. Joint teams at the University of Bristol in the United Kingdom and the Royal College of Surgeons in Dublin, Ireland, found that people with bleeding gums from poor dental hygiene could have an increased risk of heart disease. Bacteria from the mouth is able to enter the bloodstream when bleeding gums are present. That bacteria can stick to platelets and subsequently form blood clots. This interrupts the flow of blood to the heart and may trigger a heart attack. Brushing and flossing twice daily and rinsing with mouthwash can remove bacteria and keep gums healthy.

Facial pain

The Office of the Surgeon General says infections of the gums that support the teeth can lead to facial and oral pain. Gingivitis, which is an early stage of gum disease, as well as advanced gum

disease, affects more than 75 percent of the American population. Dental decay can lead to its own share of pain. Maintaining a healthy mouth can fend off decay and infections, thereby preventing pain.

Pancreatic cancer

In 2007, the Harvard School of Public Health reported a link between gum disease and pancreatic cancer. In the ongoing study, 51,000 men were followed and data was collected beginning in 1986. The Harvard researchers found that men with a history of gum disease had a 64 percent increased risk of pancreatic cancer compared with men who had never had gum disease. The greatest risk for pancreatic cancer among this group was in men with recent tooth loss. However, the study was unable to find links between other types of oral health problems, such as tooth decay, and pancreatic cancer.

Alzheimer's disease

Various health ailments, including poor oral health, have been linked to a greater

risk of developing Alzheimer's disease. In 2010, after reviewing 20 years' worth of data, researchers from New York University concluded that there is a link between gum inflammation and Alzheimer's disease. Follow-up studies from researchers at the University of Central Lancashire in the United Kingdom compared brain samples from 10 living patients with Alzheimer's to samples from 10 people who did not have the disease. Data indicated that a bacterium — *Porphyromonas gingivalis* — was present in the Alzheimer's brain samples but not in the samples from the brains of people who did not have Alzheimer's. *P. gingivalis* is usually associated with chronic gum disease. As a result of the study, experts think that the bacteria can move via nerves in the roots of teeth that connect directly with the brain or through bleeding gums. These health conditions are just a sampling of the relationship between oral health and overall health. Additional connections also have been made and continue to be studied.

Did you know?

Halitosis, or "bad breath" as it's commonly known, can result from any number of factors. While food can be a culprit, some additional factors may be contributing to mouth odor as well. Poor dental hygiene is a particular concern. According to Colgate and the American Dental Association, failure to brush and floss teeth regularly leads to the accumulation of food particles in the mouth. This food can collect bacteria and begin to break down, causing a bad aroma. Dry mouth is another condition that causes bad breath. Without adequate saliva production, particles of food that may cause odor are not swept away regularly. Bad breath also may be an indication of a medical condition elsewhere in the body. Upper respiratory infections and gastrointestinal disturbances may contribute to halitosis.

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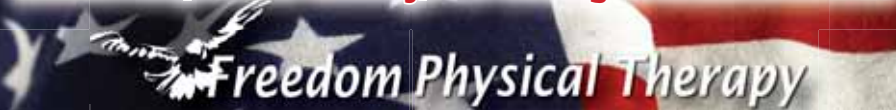
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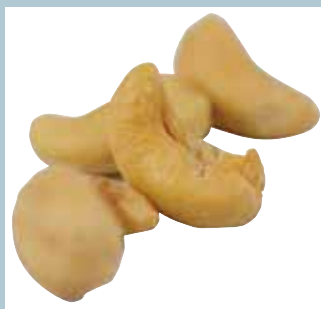
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4 foods that can boost energy levels

Diet can go a long way toward increasing or lowering energy levels. No one wants to consume foods that will make it harder for them to get through the day, so the following are a handful of foods that pack an energetic punch.



1. Cashews: Cashews, which are high in magnesium, help to convert sugar into energy. Magnesium deficiency can lead to low energy levels, so nuts that are high in magnesium, including cashews, can provide that mid-afternoon jolt that some people are seeking. Cashews are high in calories, so it's best for those looking to lose weight or maintain healthy weights to adhere to serving suggestion guidelines.



2. Skinless chicken: A study from researcher Judith Wurtman of the Massachusetts Institute of Technology Clinical Research Center found that alertness tends to increase when the brain produces the neurotransmitter dopamine and the hormone norepinephrine. Skinless chicken contains an amino acid known as tyrosine that helps in the production of both dopamine and norepinephrine. If skinless chicken is not available, other foods that may provide this same effect include fish, lean beef and eggs. In addition, lean meats like skinless chicken contain enough vitamin B to help ease insomnia.



3. Salmon: Omega-3 fatty acids can help the body fight inflammation, which has been linked to a host of ailments, including chronic fatigue. Salmon is also high in protein, which can eliminate the mid- to late-afternoon hunger pangs that can derail healthy diets and contribute to weight gain.



4. Beans: Beans are loaded with fiber, and that's a good thing for energy levels. Like magnesium, which can also be found in beans, fiber takes awhile to digest, extending the energy-boosting properties of foods loaded with fiber. In spite of the growing movement to eat and live healthier, many adults still do not include enough fiber in their diets. Men and women can consult with their physicians to determine how to make that happen, but eating more beans is a good start.

Kids and sleep

School-aged children are busier than ever before, and some may be sacrificing sleep to accommodate their lifestyles. The National Sleep Foundation says school-aged children need between nine and 11 hours of sleep each night to function at a healthy level. Sleep deprivation can be linked to a host of health ailments, including issues affecting the development of the brain. Growing evidence suggests that lack of sleep can cause disturbances in metabolic rates that could affect the risk for cardiovascular disease, diabetes and obesity. A recent study from Johns Hopkins University found that, for each additional hour of sleep a child gets, the risk of that child becoming overweight or obese decreases by 9 percent. Children who slept the least, according to the research, had a 92 percent higher risk of being overweight or obese compared to children with longer sleep duration. The NSF adds that poor or inadequate sleep can lead to mood



swings, behavioral problems and cognitive problems that impact kids' ability to learn in school. To promote good sleep habits in children, parents and other caregivers can establish consistent sleep/wake routines; ensure children avoid excess caffeine, particularly late in the day; create a cool, dark sleep environment; keep televisions and other media devices out of bedrooms; and help children work through stressors that may impact sleep.

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The hidden benefits of water

Dehydration is a dangerous condition that can cause a host of complications and even prove fatal in severe cases. But as dangerous as dehydration can be, many cases are entirely preventable. The best way to prevent dehydration is to drink enough water. When the body does not take in as much water as it puts out, it can become dehydrated. People who live in warm climates or in elevated altitudes may lose more water than those who do

not. In addition, water loss is accelerated during strenuous exercise, highlighting the emphasis men and women must place on drinking enough water during their workouts. But water does more for the body than prevent dehydration. The following are a handful of lesser known ways that water benefits the body.

Water can help people maintain healthy weights. Dieting fads come and go, but water is a mainstay for people who want to control their caloric intake in an effort to maintain healthy weights. Water has zero calories, so reaching for a bottle or glass of water instead of a soda, lemonade or another caloric beverage can help people keep the pounds off. A study from researchers at the University of Texas Health Science Center found that even diet soda enhances weight gain by as much as 41 percent. In addition, soda has

been linked to conditions such as obesity, diabetes and tooth decay. No such association exists with water.

Water helps to fight fatigue. The fatigue-fighting properties of water are another of its lesser known benefits. When the body is not adequately hydrated, it can experience muscle soreness. And fitness enthusiasts who do not drink enough water may notice their bodies require extensive recovery time after working out. Each of those consequences can be prevented by drinking enough water, and doing so can even improve performance, as studies have shown that just a 3 percent loss of body weight due to dehydration can cause as much as a 10 percent drop in performance level.

Water can improve the appearance of the skin. Skin that does not get enough water can turn dry and flaky and feel tight. In addition, dry skin is more likely to wrinkle than adequately hydrated skin. Getting water to the skin can be tricky, as the University of Wisconsin-Madison School of Medicine and Public Health notes that water will reach all the other organs of the body before it reaches the skin. But the school recommends applying a hydrating moisturizer within two minutes of leaving the bath or shower and drinking at least eight glasses of water a day to ensure the skin is getting enough water.

Water helps the gastrointestinal tract. Water can help maintain normal bowel function. When the body lacks sufficient fluid, the colon will pull water from stools in an effort to stay hydrated. That can lead to constipation, a condition in which people experience difficulty emptying their bowels. By drinking enough water, people can ensure their colon will not have to pull water from stools to stay hydrated, thereby helping them stay regular. Water helps the body in myriad ways, many of which might surprise people unaware of just how valuable water can be to the body.



Depression common but treatable

It's normal to experience feelings of sadness and grief from time to time. But when these feelings are prolonged or interfere with daily life, they may be symptomatic of depression.

Depression can affect anyone regardless of age, gender or economic status. The National Institute of Mental Health says around 350 million people worldwide suffer from depression. Understanding depression can help those dealing with the disorder.

What is depression?

Depression is a mood disorder that causes persistent feelings of sadness and loss of interest. The Mayo Clinic says depression can produce a variety of symptoms and affect the way a person thinks, acts and feels. Symptoms may include changes in sleeping patterns, anxiety, fatigue, weight gain or weight loss, unexplained aches and pains, and difficulty concentrating.

What causes depression?

Although the cause of depression remains a mystery, certain distinguishing factors are common among those who have the condition. People with clinical depression appear to have physical changes in their brains. In addition, naturally occurring brain chemicals known as neurotransmitters likely play a role in depression. The Mayo Clinic states changes in the function and effect of these neurotransmitters and how they interact with neurocircuits involved in maintaining mood stability may play a significant role in depression and its treatment. In addition to biological factors in the brain, hormones can impact rates of depression or even trigger it. These hormone shifts may be a leading reason why women have higher incidence rates of depression than men. Depression is more common in people whose blood relatives also have the condition. Therefore, those with a family history of depression may be more likely to get it than those without such a connection.

Different types of depression

There are different types of depression. A person may have a single bout of major depression or recurring episodes. Depression that lasts two or more years is called persistent depressive disorder. A less common type of depression is called manic-depressive illness. This involves cycles of depression that alternate with extreme highs, or manias.

Treating depression

Depression is a very treatable condition. Psychotherapy (talk therapy), medications or a combination thereof can be very effective in managing symptoms. Mental health professionals can work with individuals to find the right therapy based on symptoms and severity of the depression. Also, it may take some time to find the right medication or treatment; therefore, people are urged to remain patient and hopeful. The sooner action is taken, the more quickly the condition can be addressed.

Recognize potentially dangerous household chemicals



Homes are safe havens that people retreat to in an effort to relax and unwind. However, homes may be harboring some hazards that put their inhabitants at risk.

Cleaning products and chemicals can be found in every home, but some may be putting people in jeopardy. Even seemingly safe items can prove dangerous when they are used and/or stored incorrectly.

Individuals who make a concerted effort to educate themselves about common household chemicals can reduce the likelihood that such cleaners will hurt them in the long run. The following are some commonly used products that may prove dangerous or irritating with prolonged use.

Air fresheners

These seemingly innocuous products may be doing more harm than good. Information published in a 2015 issue of *The Journal of Toxicological Sciences* linked air fresheners to volatile organic compounds, or VOCs. They also may contain ultra-fine particles of formaldehyde and phenol. In addition, National Geographic's *The Green Guide* states that many air fresheners contain nerve-deadening chemicals that coat nasal passages and temporarily block one's sense of smell. Many widely available air fresheners use phthalates, which are linked to hormonal and reproductive issues, birth defects and

developmental disorders. In lieu of chemical air fresheners, spray diluted essential oils around the house.

All-purpose cleaners

Many cleaners list bleach and ammonia among their ingredients. Bleach may be listed as sodium hypochlorite. When used as directed in a well-ventilated space, bleach and ammonia can be relatively safe. However, fumes from bleach or ammonia can cause rashes and skin irritation and irritate the eyes and respiratory tract. Bleach and ammonia should never be mixed because mixing the two can produce a deadly chloramine gas. Vinegar and baking soda can be used as a replacement for many household cleaning products, and these alternatives have virtually no dangerous side effects.

Drain and oven cleaners

Many drain and oven cleaners contain lye (sodium hydroxide or potassium hydroxide), a chemical derived from salt or wood ash that is used to break down other substances, particularly those that are sticky. Lye is quite caustic in high amounts and extremely alkaline, which can cause burns and skin irritation. Lye is also found in soaps and detergents. When handled correctly in safe amounts, lye can be used safely. However, it can be dangerous if it gets into the hands of children or is touched by pets.

Antibacterial products

Antibacterial soaps, lotions and wipes may contain triclosan, triclocarban and at least 17 additional ingredients that are linked to various negative health effects. In September 2016, the U.S. Food and Drug Administration banned the use of these antibacterial agents. These chemicals can disrupt hormone cycles and cause muscle weakness. "There's no data demonstrating that over-the-counter antibacterial soaps are better at preventing illness than washing with plain soap and water," the FDA said in a press release issued shortly after the rule was announced.

In addition to the aforementioned products, some carpet cleaners, toilet cleaners and other detergents may prove harmful. Always read ingredient lists, use products in the proper fashion and keep any and all chemicals away from children and pets.

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The differences between hot and cold therapies

Inflammation can affect anyone, and those who have battled it likely have nothing positive to say. But while few people may associate inflammation with something good, inflammation is actually a process by which the body's white blood cells and the substances those cells produce protect the body from infection at the hands of bacteria, viruses and other foreign organisms.

While inflammation is protective by nature, sometimes an inflammatory response is triggered by mistake. When that happens, the body's immune system, which is designed to protect the body, begins to damage its own tissues. The resulting symptoms of this faulty immune system response may include joint pain, joint stiffness, loss of function in the joints, and swelling of the joints. None of those symptoms are comfortable, and people suffering from them may be on the lookout for ways to alleviate their pain and suffering.

While anyone battling persistent inflammation should speak with their physicians to explore their treatment

options, a preliminary search of how to best treat inflammation will no doubt turn up information about heat therapy and cold therapy. The following breakdown should not replace a physician's advice, but it can help patients battling inflammation better understand both treatment options.

Heat therapy

According to the *Merck Manual*, a reference book for physicians and patients alike, heat works against inflammation by increasing blood flow and making connective tissues more flexible. Heat also can be used to combat edema, a condition characterized by an excess of fluid in the tissues of the body. Upon application, heat can temporarily reduce pain and alleviate stiffness in the joints. Heat also may temporarily relieve muscle spasms. The Cleveland Clinic notes that heat can be effective at relieving pain associated with worn-away cartilage in the joints because it eases chronically stiff joints and relaxes tight muscles. In addition, moist heat can relax painful neck spasms linked



to nerves or blood vessels in the head or pain emanating from muscles in the neck. Heat can be applied via hot packs, infrared heat, paraffin baths, and hydrotherapy.

Cold therapy

Cold therapy, sometimes referred to as "cryotherapy," can relieve pain associated with inflammation that has developed recently. Cold can help numb tissues and relieve muscle spasms and can also be used to alleviate pain associated with injuries. The *Merck Manual* notes that ice bags or cold packs can be used to apply cold. In addition, fluids that cool by evaporation, including ethyl chloride, may be applied topically. Some medicines

may interact with ethyl chloride spray, so inflammation sufferers should consult their physicians before applying such sprays. According to the Cleveland Clinic, ice can be used to calm flare-ups and numb pain associated with chronic, inflammatory arthritis. Ice also can ease inflammation and numb pain linked to pulled muscles or injured tendons. Pain and inflammation resulting from the stretching or tearing of ligaments in the joints may also be eased by applying ice to the affected area. Heat and cold therapies can effectively combat symptoms associated with inflammation, but such treatments should always be discussed with a physician before being instituted.


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