



THE GATESVILLE MESSENGER

SATURDAY | Jan. 27, 2024

\$1.00



SERVING CORYELL COUNTY SINCE 1881 | VOLUME 122, No. 10, ISSN No. 0894-4954

City approves application for new, affordable rental housing

BY KAYLEE DUSANG
Staff Writer

The Gatesville City Council approved the submission of two new mixed-income residential communities to the Texas Department of Housing and Community Affairs (TDHCA) at a regular meeting on Tuesday.

The decision follows a presentation of the proposed communities, Gatesville Crossing and Gatesville Terrace, given by Trinity Housing Development at a previous meeting in early January. Trinity

Housing will submit the projects to TDHCA's low-income housing tax credit program, which allows the developer to utilize housing tax credits to finance the building and offer more affordable rent based on household income.

"The staff is pleased to announce that the city council approved resolutions last night in support of the Trinity Housing Development group's submission of applications to the Texas Department of Housing and Community Affairs

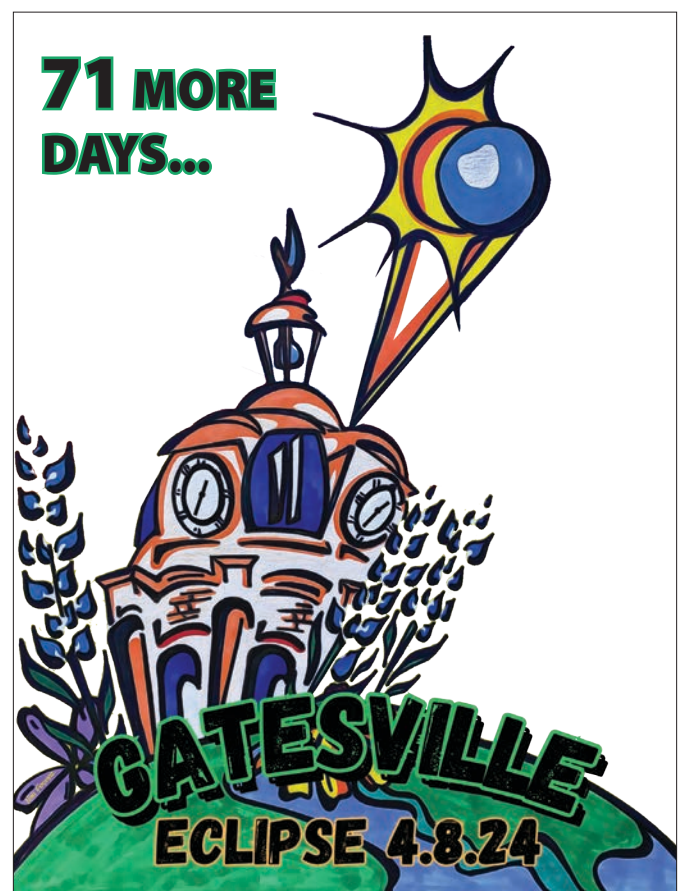
for two housing projects," City Manager Scott Albert said in an email. "The first proposed project is Gatesville Crossing, which will consist of approximately 36 apartments, and the second project is Gatesville Terrace, comprising approximately 52 senior living homes."

Although TDHCA will only fund one of the projects, the council voted to submit both developments. The priority project is Gatesville Crossing, a community targeting

families that would be located east of state Highway 36 and south of Walmart. Gatesville Terrace, a senior living community, will be submitted if Gatesville Crossing is not awarded by the TDHCA program.

Alice Woods and Michael Fogel with Trinity Housing Development recommended the development of Gatesville Crossing due to a higher demand for mixed-income housing for all ages, and that it's de-

PLEASE SEE **HOUSING** | A2



Second town hall for eclipse highlights public safety, community involvement

BY KAYLEE DUSANG
Staff Writer

Ahead of the total solar eclipse on April 8, the City of Gatesville held its second town hall on Thursday, Jan. 18 to share plans for the rare event.

Gatesville Police Chief Brad Hunt kicked off the meeting with a presentation about the plans to keep residents and visitors safe as Gatesville prepares to receive thousands of visitors from across the globe. With Gatesville being one of the cities in the path of totality, the Central Texas region will become a prime viewing spot.

After meeting with cities that experienced a total solar eclipse in 2017, Hunt explains that many smaller communities in the path of totality experienced up to ten times their population in the week leading up to the eclipse. Traffic not only became heavier than normal, but also caused lines of traffic that tripled travel times. The majority of traffic jams occurred following the end of the eclipse when people began to exit the cities.

"We know there are lessons that they learned that we are trying to then apply to having less of an issue even though there is no eliminating it," Hunt said.

Hunt shared recommendations for citizens when it comes to preparing for severe traffic. This includes making sure vehicles have a full tank of gas, carrying a tire repair kit and emergency supplies in the

car, or staying off the road the evening of April 8.

"If you do need travel, try to treat it like it's a cold weather or blizzard situation where you have a full tank of gas and where you have water, food, and ways to take care of your car with you because you could get stuck in traffic for a long period of time," Hunt said.

The biggest traffic concerns include congestion on U.S. Highway 84 and State Highway 36, two major highways utilized by emergency vehicles and that lead to larger cities like Waco and Temple. Hunt said the police department plans to work with the Texas Department of Transportation and Coryell County to develop a traffic plan that will allow ambulances access to the hospital despite stop-and-go traffic.

Hunt said the Gatesville Police Department is doubling their patrol presence the week of the eclipse as well as working with area partners and nearby cities to plan for any potential emergencies, such as Coryell County Sheriff's Office, Fort Cavazos, Texas Department of Public Safety, and others.

"We know that these partnerships are important," Hunt said. "If they need help, we need to be able to help them, and if we need help, we need them to agree to come help us."

With most hotels, campsites, and parks in the area already fully booked for the weekend of the eclipse,

PLEASE SEE **ECLIPSE** | A2



ALEXANDRA MEELBUSCH | THE GATESVILLE MESSENGER

Jo Ann Sugg named Gatesville's Citizen of the Year

Gatesville Chamber holds banquet

BY KAYLEE DUSANG
Staff Writer

The Gatesville Chamber of Commerce held its annual member banquet on Saturday, Jan. 20 at the Gatesville Civic Center.

The chamber presented five awards to chosen members, along with six honorary certificates of appreciation. The categories awarded at the banquet were for Business of the Year, People's Choice Award, Director of the Year, Ambassador of the Year, and Citizen of the Year.

Various members from the chamber and the community helped present each award. The winners of each category for the 2023 year are as follows:

- Scott's Funeral Home as Business of the Year
 - Member Jo Ann Sugg as Citizen of the Year
 - Studebakers Pizza as People's Choice Award
 - Tina Zimmerman as Director of the Year
 - Nancy Germain as Ambassador of the Year
- "This year's chamber banquet was a great success," Chamber President Mason Matthews said in an email. "I want to thank all of those who attended and want to

congratulate again all of the award winners. It is always important that every year the chamber showcases the outstanding businesses and volunteers that help serve our great community."

Certificates of appreciation were also presented to six individuals who are no longer members but have contributed many years of service to the chamber:

- Abi Cozart, 5 years
- Monica Hinds, 8 Years
- Scott Harper, 8 Years
- Barbie Klecka, 8 Years
- Susie Meelbusch, 10 Years
- Lute Sullins, 10 Years

The purpose of the banquet is to honor the service and achievements of local businesses and individuals of the chamber. This year's banquet featured a Las Vegas casino theme, which provided an evening full of entertainment that included games, cards, music, and drinks.

To learn more about the Gatesville Chamber of Commerce, visit www.gatesvillechamber.com/home



Trinity Baptist Church

A Church That Cares

Bible Study at 9:45 am
Worship:
First service at 8:15 a.m.
Second service at 11:00 a.m.

Bro. Sam Crosby,
Pastor

1506 W. Main Street
Gatesville, TX
Church 865-8495
Pre-school 248-0041

Mission Statement:

"For the glory of God, we exist to make fully devoted followers of Jesus Christ by every means possible."



ALEXANDRA MEELBUSCH | THE GATESVILLE MESSENGER

Gatesville Police Department's Chief Brad Hunt visited the Senior Center on Thursday, Jan. 18 to explain to senior citizens about the importance of the department's new Care Call program.

Senior Center welcomes new Care Call program

BY ALEXANDRA MEELBUSCH
Staff Writer

As the Gatesville Police Department continues to introduce its new Care Call program to the community, Chief of Police Brad Hunt decided to make a visit to the local Senior Center to express the significance of the program.

The congregation of the Senior Center was able to ask questions and get information on the program as well as having applications provided to sign up.

The Care Call program is designed for seniors living within the city limits of Gatesville who are currently living alone.

"We make weekly phone calls to offer assistance or to provide a chance for a conversation," Hunt said.

This program is a free service that requires a prearranged day and time for participants to receive regular phone calls. If a resident needs help or does not answer, a police officer will stop by the resident's home to check on them.

Through the program, volunteers with the Gatesville Police Department will make regularly scheduled phone calls to residents to not only check on their welfare, but to also have a simple conversation

about their week.

"I will train the volunteers," Hunt said. "We give our volunteers a background check to make sure that you are getting someone over the phone that we can trust."

If you are interested in the program and are not a senior citizen living alone, there are exceptions made for individuals who have health conditions or limited family contact.

"I think more people should know about what is available," Hunt said. "We want to know what your concerns are, because your concerns are our concerns."

Those interested in joining the Care Call program are to contact the Gatesville Police Department at 254-865-2226.

The program comes after police announced an investigation involving the home break-in and assault of an elderly person in early December. Police are still actively seeking a suspect in this case.

They encourage anyone with information to contact Gatesville PD's Criminal Investigation Unit at 254-865-2226 or by submitting tips anonymously to Centex Crime Stoppers at 254-865-8477 or online at centexcrimestoppers.org.

HOUSING

FROM PAGE A1

velopment would open up opportunity for additional commercial or residential developments.

"If you choose to support both Gatesville Crossing and Gatesville Terrace, we'll most likely move ahead with an application for Gatesville Crossing but

will have Gatesville Terrace as a back-up option should any unforeseen issues arise," Woods said. "Therefore, supporting both deals gives Gatesville the best chance of getting one, which would most likely be Gatesville Crossing."

Council Member Barbara Burrow weighed in on the support for the Gatesville Crossing development and the opportunities it could

present to families.

"We're trying to get young families here, so there's a greater return on investment that way versus dedicating to a senior facility which is kind of a plateau already," Burrow said. "A hand-up through this other method I think is something that would be welcome in our community, because it's going to offer them a little ease,



COURTESY PHOTO

Gatesville Crossing Map: Potential location for Gatesville Crossing just south of Walmart Supercenter on State Highway 36.

and they have access to so much within that area."

Gatesville Crossing would serve individuals of all ages earning between \$26,500 and \$50,000 per year.

Rental costs for the units would range between \$700 and \$1,100 each month.

Gatesville Terrace, for ages 55 years and older, would be built north of Walgreens and south of Hillside Medical Lodge. The units would serve

individuals with yearly incomes between \$26,500 and \$36,000. Rent for Gatesville Terrace would range between \$700 and \$1,000 per month.

According to Zillow data, the average rent for a two-bedroom property in Gatesville is around \$1,000.

Rental pricing for Gatesville Crossing and Gatesville Terrace is based on number of bedrooms and household income. Ac-

ording to Trinity Housing Development's presentation to the council, the income range for both communities is about 50% of the area median income for Coryell County.

The communities feature amenities such as fitness centers, community kitchens, BBQ areas, shared green spaces, and more. Units normally include full kitchens, ample storage, vinyl plank flooring, and



COURTESY PHOTO

Gatesville Terrace Map: Potential location for Gatesville Terrace north of Walgreens on State Highway 36.

washer and dryer hookups. Trinity Housing Development specializes in affordable housing development for seniors and low-to-moderate income families. The company also constructed Gatesville

Trails, which is a senior living community located off Highway 36.

The projects will require a financial contribution of \$250 from the city for waiver or reduction fees, such as those for a build-

ing permit.

Albert said the city expects to receive a decision from TDHCA sometime in August regarding the approval of one of the projects for construction in Gatesville.

ECLIPSE

FROM PAGE A1

Hunt also shared guidelines for those who are considering renting out an RV or spaces in their home or property to visitors. He said residents can find resources for how to avoid rental scams and safely host visitors via a rental platform through the Better Business Bureau website or on the Gatesville Police Department's Facebook page.

Eclipse Coordinator Cheri Shepherd said Faunt Le Roy Park will also open additional camping spots around the walking trail for eclipse visitors.

Hunt recommends people sign up for code red alerts on the City of Gatesville website, which will notify citizens of any emergency situation, traffic, or internet issues.

Shepherd provided additional information about where to view the eclipse and plans for the "Block Out the Sun" festival that will take place on the square the Saturday and Sunday before the eclipse.

The festival will include activities such as an art show, petting zoo, goat roping, food trucks, a cornhole and pickleball tournament, musical entertainment, and more. A NASA ambassador will also provide a presentation called Syzygy on Saturday, April 6, at 6 p.m. in the City Auditorium, which is free but requires ticket reservations.

"We don't know how many people will be at the event because we've never had it

before, but we think we will attract a lot of people," Shepherd said. "We also think people passing through (highway) 84 when they see an eclipse-related event are likely to stop to check out what's going on."

Along with encouraging businesses and organizations to sign up as vendors for the festival, Shepherd also said they are looking for volunteers to help out with the festival and run information booths.

"We want to make it a fun event for everyone who attends, but we also want to make it a profitable event as well," Shepherd said.

Shepherd also shared Gatesville eclipse t-shirts that can be purchased at the Gatesville Fitness Center as well as special eclipse glasses that can be purchased at the fitness center, city hall, and various local businesses.

Designated viewing spaces for the eclipse in Gatesville will include the McKamie Stadium, the Gatesville Sports Complex and Gatesville Civic Center, and various churches and businesses that are planning eclipse events.

"This is an opportunity for our community, not only just for our residents to have this incredible experience of having this right in our front yard but for our visitors, and for our businesses to get to promote themselves," Shepherd said.

The city will plan one more public town hall ahead of the eclipse in April.

Residents and visitors can learn more about Gatesville's eclipse plans, lodging, parking, and how to get involved in the festival at gatesvilletxeclipse.com

From the Neck Up, WE'VE GOT YOUR BACK

STAY LOCAL FOR YOUR EAR, NOSE & THROAT NEEDS

Coryell Health is committed to providing high-quality, comprehensive ENT care for all ages.

DR. HOLLAND TREATS:

- ALLERGIES
- DIFFICULTY SWALLOWING
- EAR INFECTIONS
- FACIAL OR NECK MASS
- HEARING LOSS
- HOARSENESS & VOICE DISORDERS
- SNORING
- SLEEP APNEA
- TONSIL PROBLEMS
- ADENOID PROBLEMS

- THYROID PROBLEMS
- SINUS INFECTIONS/NASAL OBSTRUCTION

DR. BRINDLEY SPECIALIZES IN:

- CUSTOM HEARING PROTECTION
- DIAGNOSTIC HEARING EVALUATION
- TREATMENT FOR TINNITUS (RINGING IN THE EARS)
- HEARING AID FITTINGS

ACCEPTING NEW PATIENTS

(254) 865-2166 | CoryellHealth.org

Coryell
HEALTH
MEDICAL CLINIC
GATESVILLE

FROM MY FRONT PORCH

Without a map, how would you know where you were going?

BY SAM HOUSTON

Sam Houston is a syndicated columnist and newspaper executive. He is also an author, playwright, actor, and entertainment producer/promoter.

In 1856, William Rand opened a printing shop in Chicago and two years later hired an Irish immigrant named Andrew McNally to work in his shop.

The shop became very prosperous, and in 1859 was hired to run the Chicago Tribune's entire printing operation. By 1868 the two men established Rand McNally Co.

By 1873, the company made its first map included within its Railroad Guide. By 1904, Rand McNally published its first road map and by 1917 had started numbering highways. In addition to creating maps with numbered roads, Rand McNally also erected many of the actual highway road signs. This system was eventually adopted by state and federal highway authorities and is how and why high-

ways are numbered.

The oil companies quickly took an interest in road maps, urging Americans to explore the world outside their own backyards, thus creating a need to buy gas to make the trip. By 1920, Rand McNally began publishing maps for Gulf Oil Company, which were distributed free of charge at its service stations. Until the invention of the GPS system, Rand McNally maps were how Americans found their way.

I remember as a youth seeing a collection of maps in the glove box of my dad's automobile. There was a map of the city in which we lived, of the state where we resided, and a couple of maps of the surrounding states. The maps were folded very neatly and concisely and waited in their assigned spot until such a time they were needed.

Of course, on those occasions when dad needed some directional assistance when he was driving, he would ask mom to open a map and give him instructions on how to reach our destination. It didn't take long before my two sisters, who were sitting in the backseat of the car with me, realized opening that glove box and unfolding a map was a sure-fire recipe for comedy.

Mom would copiously peer over the map, seeking to find the best route, while Dad would be firing questions at her in an almost machine gun-like fashion. Mom would get flustered, unable to answer the questions fast enough to suit him. Dad's blood pressure and voice would noticeably rise as indicated by his red face and the bulging veins on his forehead. The entire encounter usually resulted in Dad

grabbing the map out of mom's hands so he could try and examine the map for himself, all while trying to navigate the car down the road.

My favorite part would be seeing dad hand the map back to Mom, all while muttering under his breath inaudible comments about my mother's map reading skills. Who could forget the sound of her attempting to fold the map back into its precision format, getting flustered, and basically cramming the map into the glove box in a shape more like a softball rather than a map? For Mom, it usually led to her turning her body in the car seat, so her shoulders were facing out the window and away from the direction of dad. I found a "map event" was usually followed by periods of silence in the car, and I feel pretty sure led to further discussion outside of the hearing of us children.

When I am driving and need directions, I merely speak into my phone and ask. In just a matter of seconds a voice is telling me where to turn, how much further I must go, and letting me know my estimated time of arrival. It is one of the many blessings of the internet and sure makes life a lot simpler. On the other hand, asking Siri for directions will never be as memorable or entertaining as watching my folks.

Thought for the day: Why is it we don't worry about a compass until we're lost in a wilderness of our own making?

Until next time...I will keep ridin' the storm out!

Lawrence presents program at CCGS

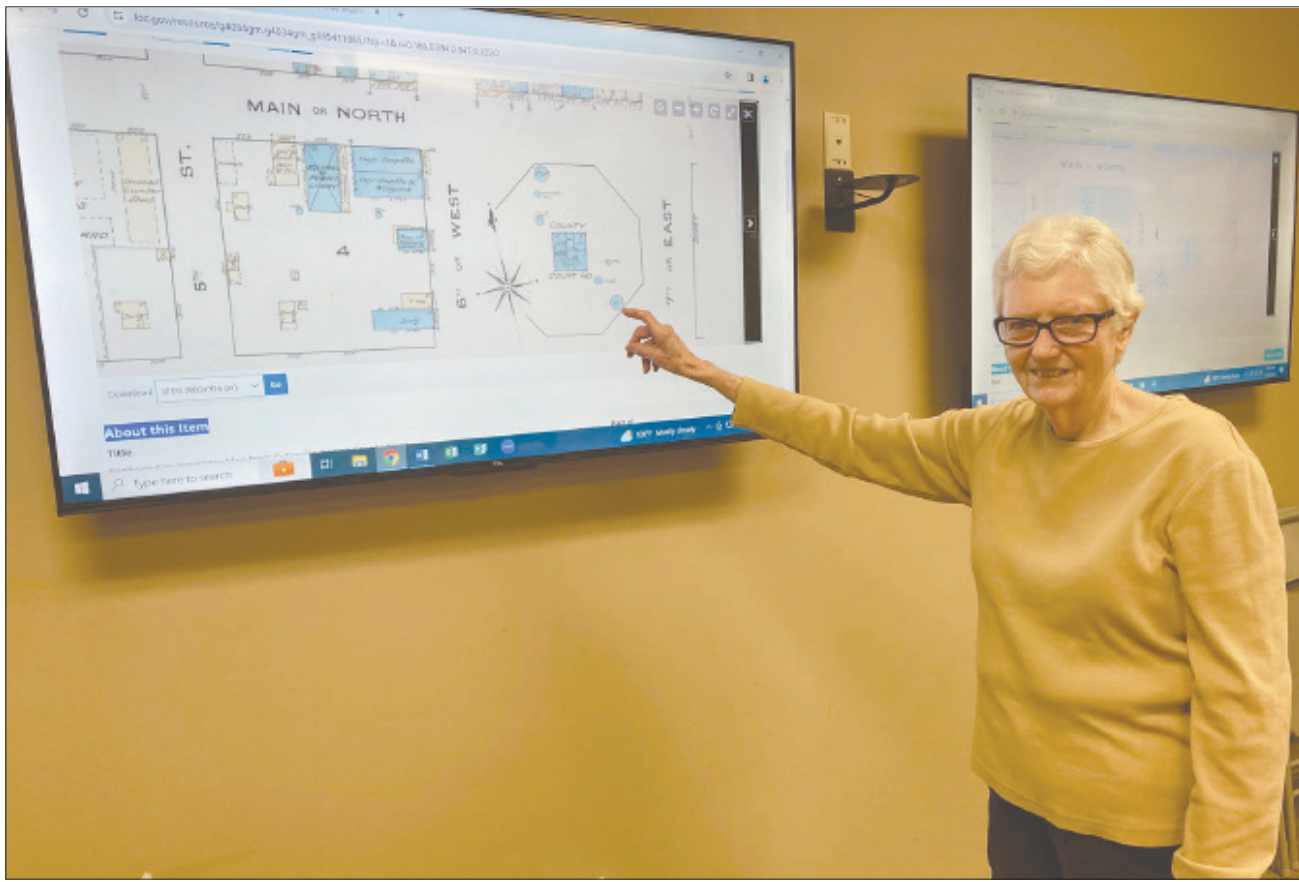


PHOTO BY DAVID SCOTT

Local historian, Sherry Lawrence, recently presented a program to the Coryell County Genealogical Society about the historic Sanborn Maps.

BY DAVID SCOTT
Staff Writer

Local Coryell County historian, Sherry Lawrence, recently presented a program to the Coryell County Genealogical Society about the Sanborn Map Company which was founded in 1867.

According to Lawrence, the maps were intended for use by fire insurance companies and showed details of buildings, fire safety features such as construction materials, types of businesses, and entrances.

Lawrence said that these maps are often used by historical societies for restoration purposes and are also used by genealogists who may have had family members who were business owners. Unfortunately, Gatesville is the only Coryell County town with maps in the online collection.

"The Gatesville series has maps for 1885, 1891, 1896, 1902, 1907, 1912, and 1920," Lawrence said. "This covers a large number of the buildings currently around the pub-

lic square and allows us to see the changes in the use of these familiar buildings," she said.

The earliest map for Gatesville is 1885, which shows the courthouse, the Faunt Le Roy home, saloons, the Atkinson Hotel, the Saunders Bank, the Opera House, a soda bottling plant, a roller-skating rink, the Baptist Church, the Methodist Episcopal Church, a calaboose (jail), the Knights of Pythias Hall, and the Chandler Flour Mill.

Lawrence stated that

the maps were often color coded to indicate what type of building material they were constructed from. Yellow, meaning a frame (wooden) structure; red, meaning brick; blue, meaning stone; brown, meaning adobe; and green, meaning special.

The Sanborn Map Company, which is still in existence to this day, has provided invaluable sources for those involved in historical research and can be included in the history of Gatesville as well.

Folks
around town

ALEX MEELBUSCH | THE GATESVILLE MESSENGER

Britt Clay

Say hello to our neighbor, Britt Clay!

Doctor of Veterinary Medicine (DVM) Britt Clay opened Coryell County Veterinary Clinic in April 2001 and expressed, "The best part about my job is getting to work with a variety of animals including dogs, cats, horses and cows, sheep, goats, pigs, deer and exotics, pocket exotics, birds, chickens, and even an occasional snake, lemur, or tiger. He has lived within the community since 2001 and admits that his favorite part about Gatesville is the people and the history. "I am a fan of James Coryell and the early pioneers and rangers that settled the harsh, wild country of Central Texas," Clay said. "My great-grandfather settled and farmed in Turnersville in the late 1800's."

Clay reads The Gatesville Messenger and said, "I like reading the Messenger for high school and local sports, weddings, obituaries, and history articles."

If you happen to see Britt around town, say hello! He is one of us!

Pills with possible traces of fentanyl found in high school, Gatesville Independent School District reports

Staff Reports

Two white pills that might contain traces of fentanyl were discovered in the Gatesville High School cafeteria, Gatesville ISD said in an alert to parents on Friday, Jan. 19.

According to the statement, campus custodians found the pills on the floor while cleaning in between lunches. High school administrators were able to safely retrieve the pills before sending them to a campus police officer for testing. Preliminary results from a drug test kit indicate that the pills could contain fentanyl.

"We want to be very transparent with

this incident, because fentanyl is extremely dangerous and is prevalent in every community," Gatesville ISD's statement read.

Campus administrators reviewed security footage but could not find the origin of the pills. The school district's statement said they called in a drug dog from the Coryell County Sheriff's Office to inspect the campus but found no other issues.

"Our high school custodial staff did a great job of being attentive and noticing two very small pills on the cafeteria floor that could have easily gone unnoticed," Superintendent Barrett Pollard said in an email. "Liz Shoaf, high school principal, also showed great forethought by not using

her bare hands to retrieve the pills. We will now use this incident as an opportunity to retrain our staff and speak to our students again about the extreme dangers of fentanyl."

Fentanyl is a synthetic opioid drug that is approximately 100 times stronger than morphine and 50 times more potent than heroine, according to the United States Drug Enforcement Administration.

Following the incident, Gatesville ISD wrote on their Facebook page that they will go over the dangers of fentanyl with students and staff this week, including the following reminders:

- Never touch a pill with your bare

hands.

- Never accept or ingest a pill or gummy from another student.

- Each campus has Narcan available in the event someone is exposed to fentanyl.

The school will also review with staff the location and procedures for how to administer Narcan.

"Please talk with your children as well about the dangers of fentanyl and any unknown pills found lying around," Gatesville ISD said on Facebook.



THE GATESVILLE MESSENGER

Publisher
SAM HOUSTON
sam@hcnnews.com

Director of Operations
JANICE VELASQUEZ
ad2@gatesvillemessenger.com

DEADLINES:

Submit all news articles, classifieds and display advertising by 10am Tuesday for the Saturday issue. Articles about events that have occurred 30 days prior to submission

will not be accepted. However, they will be accepted as paid advertisements.

All articles and advertisements must meet our standards and newspaper format as determined by management.

The Gatesville Messenger is not responsible for copy omission, typographical error or any unintentional error other than to publish a correction.

(ISSN-08944954) | P.O. Box 799, Gatesville, TX 76528 | 116 South 6th St., Gatesville, Texas 76528 | 254-865-5212
The Gatesville Messenger is published every Saturday by Messenger Publishing Co. Inc., Periodical class postage paid at Gatesville, TX 76528.

OUR MISSION: The Gatesville Messenger shall provide news and insights to our readers through the independent and impartial presentation of information that educates, enriches and entertains. We are proud to be a community newspaper committed to the people we serve.

Gatesville Lions Club hosts chili supper, Feb. 2

Staff Reports

The Gatesville Lions Club will host its 47th annual Homer Davis Chili Supper on Friday, Feb. 2, at the Gatesville High School cafeteria. The supper will begin at 5 p.m. and continue through 7 p.m.

There will be a choice of chili or soup served with beans, a drink, and dessert. The cost for adults is \$6 per person, and \$3 for children. Tickets may be purchased at the door. The Gatesville Lions Club is a strong supporter of many Gatesville com-

munity functions and humanitarian programs. Weekly meetings are held at the Junction on Route 36 every Wednesday starting at noon. Gatesville High School is located at 205 S. Lovers Ln. in Gatesville.

Coryell Health to host Health & Recruiting Fair Feb. 21

Staff Reports

Local hospital Coryell Health will host a Health and Recruiting Fair on Wednesday, Feb. 21. The fair will be held in the public conference room on floor two of the Coryell Health facility. The fair will feature free screenings, including pulmonary function testing, blood pressure, body mass index (BMI), cholesterol testing, and more.

Job recruiting will include Ideal Protein, Advanced Wound Care, Cardiology, etc. There will be door prizes and raffle drawings as well as snacks and refreshments. For more information, contact Coryell Health at 254-865-8251. Coryell Health is located at 1507 W. Main St. in Gatesville.

Whatever happened to ...

20 YEARS AGO (2004)

After receiving 7.85 inches of rain, a burn ban was lifted in Coryell County. Coryell County commissioners discussed the need to have a plan in place to address the issue of limited office and storage space. The Exchange Club of Gatesville sponsored the annual Taste of Gatesville where food vendors offered samples of their favorite items. A county-wide chili cookoff was set to be held in Oglesby. The Jonesboro Lady Eagles took down Oglesby, 65-45.

30 YEARS AGO (1994)

A Gatesville High School freshman who was expelled from school for bringing a handgun to school earlier in the school year was readmitted as part of a probationary sentence. Construction was about to begin on a 600-plus-bed addition to the Alfred D. Hughes Unit. LaVega beat Gatesville 69-59 at a girls' basketball game, taking sole possession of first place in the District 17-3a race. Christi Parrish, a junior at Gatesville High School, won for grand champion and five reserve champions in the Home Economic Division of the Coryell County Youth Fair. Lone Star Santa's, a program sponsored by Bank of America, was the recipient of a \$500 check from the Hughes Unit. The funds were given to the Gatesville Care Center for the purchase of toys for the needy during Christmas.

40 YEARS AGO (1984)

Members of the Coryell County Democratic Executive Committee elected Gatesville attorney Allen D. Place, Jr. as party chairman. Gatesville baton-twirling sisters Deda, Shana, and Lisa Barba brought home a collection of trophies from the Pre-Regional Twirling Contest held in Temple. Gatesville Postmaster Joe R. Skelton suggested addressing Valentines properly to make sure they were delivered on time. The Drive-In was showing "Trading Places" starring Dan Aykroyd and Eddie Murphy. HEB advertised 6-packs of Dr Pepper bottles for 89 cents.

50 YEARS AGO (1974)

Then 10-year-old Kay Miller received \$2,200 for her 220-pound hog at the 15th annual Coryell County Fair and Livestock Show auction. The Evant school district opposed annexation of 900 acres to the Gatesville school district. State Schools for Boys students David Warren and James Phillips were credited with saving the life of Leon Lofland, a school maintenance man seriously injured by an electrical shock and 27-foot fall. Tommy Davidson and Shelly Morris were elected by the student body as Gatesville High School's best all-around boy and girl for 1973-1974. Gatesville Band Boosters made plans for their annual carnival to be held on the courthouse square and to include an outdoor band concert on the lawn.

Volunteer drivers needed for Meals on Wheels program

BY ALEXANDRA MEELBUSCH
Staff Writer

Meals on Wheels is in need of volunteer drivers to deliver meals to local, homebound, elderly folks. Meals on Wheels is a federally-funded program for older adults who are homebound, unable to prepare a meal, don't drive, and have no one to cook for them. The Meals on Wheels program provides home-delivered, nutritious meals that provide seniors in the community with support, which allows them to remain living in their

own homes. This typically involves delivering a nutritious meal, a friendly visit, or a quick safety check. The volunteers are expected to deliver a meal while generally checking in with the clients to make sure they are doing well through a friendly greeting or small talk. Gatesville needs volunteer drivers Monday through Friday with meals picked up at the Senior Center. Drivers are needed for four different routes. There are four different routes in Gatesville, and

each Wednesday a route to Hamilton is taken. Anywhere from 10 to 14 clients are seen each day per route. At the end of last year, the Meals on Wheels program stopped reimbursing volunteers for their mileage driven. Vehicles need to be provided by the volunteers as well. To volunteer, contact the Senior Center Director Pam Rudolph at 254-865-8234. The Gatesville Senior Center is located at 208 North Lutterloh Ave. in Gatesville.

Gatesville Police Department to host citizen's academy Feb. 22

BY ALEXANDRA MEELBUSCH
Staff Writer

The Gatesville Police Department has recently made applications available for a Citizen's Police Academy to give locals an inside look at what it is like to be in the law enforcement field. The academy seeks to enhance understanding and communication with citizens of Gatesville and is open to ages 18 and up. If you are 16 or 17 years of age, a parent or

guardian is required to be present. Gatesville Police Chief Brad Hunt expressed that for now the academy is limited to those who live or work within the city limits to accommodate for the number of students attending each course. Classes will be held each Thursday from 6 p.m. to 9 p.m., with one session conducted at the shooting range. The first class will take place on Thursday, Feb.

22, with the last being Thursday, May 21. The courses will include high risk stops, building searches, animal control operations, mental health services, and more. Applications are to be picked up from the main lobby at the Gatesville Police Department, which is located at 200 N. 8th Street. For more information, visit gatesvillex.com/police, or email bhunt@gatesvillex.com.

ZED by Duane M. Abel



www.corkeycomics.com

Eric Lindsey
1/27/1976 - 7/18/2021

Missing you and wishing you a Happy 48th Birthday!!!
Keep flying high my sweet angel.
Love ya lots!!!
Momma & your Walter family

We're sad to be closing our doors and would like to thank the community for all of your support.

Customer Appreciation Sale
Sunday, Jan. 28 • 9am-1pm

Everything in the store **\$10 or less** | All Jewelry **\$5 each**

Gypsy Jazz Shoes • Very G Shoes
Lots of Clothing & Bags

The Hummingbird Boutique
600 E. Main Street (On the square), Gatesville, TX

Clifton Livestock Commission LLC

3199 Hwy. 6, Clifton, Texas
254-675-7717
HAULING AVAILABLE ANY DAY:
JARED HUNT 254 223 2486

SALE EVERY WEDNESDAY AT NOON

1-24-24 SALE		Cow Calf Pairs	No Test
Weigh Bulls	115-115	Bred Cows	No Test
Weigh Cows	70-105	Replacement Bulls	No Test
#1 Type Steers		#1 Type Heifers	
200-300 lb.	290-325	200-300 lb.	No Test
301-400 lb.	290-325	301-400 lb.	260-277
401-500 lb.	265-283	401-500 lb.	230-247
501-600 lb.	240-269	501-600 lb.	No Test
601-700 lb.	210-241	600-700 lb.	No Test

ANDY'S SALE BARN CAFE
WEDNESDAYS @ 11 AM - BUFFET • BURGERS • SANDWICHES

MOUND NEWS

Mound families celebrate winnings from the Coryell County Youth Fair



BY BARBARA HOPSON

Mound News Correspondent

Kinsley McPherson won Reserve Champion Senior Commercial Steer. Anna McPherson won Grand Champion Senior Commercial Steer, and Allie McPherson won Grand Champion Junior Commercial Steer in Gatesville at the 65th Annual Coryell County Youth Fair.

Aubree Ann Long, Olivia Lois Long, and Noah Truett Hopson won first place on their entries in the Pee Wee division in Gatesville at the Coryell County Youth Fair.

Aubree Ann Long will be competing in the Coryell County Youth Fair in 2025.

Elli Kinnear participated in Gatesville at the Coryell County Youth Fair. Elli won first place with her decorated Bunny theme cake, fourth place with her handmade jewelry, third place with her cranberry pie, fourth place with her toffee cookies. Second place, three first places, grand and reserve breed champion with her breeding rabbits. Elli made the sale, and her lot was purchased by Clawson Ranch.

Michael and Faye Horton hosted Mike's cousin and husband, Rosa Lee and Bob, of Phoenix, AZ. The weekend celebration was for Mike's mother who turns 100 this week! They had a fun visit with family and friends at an

afternoon party in Killeen last Saturday.

Liz McCorkle and Sue Jones had lunch in Temple Monday.

Cindy McCarthy, of Boston, MA, and Elizabeth Phillips visited Thursday with Martha Lawhorn.

John Stephens and Karen Lee had lunch in Hamilton Thursday.

Those who had birthdays in this month were Joe Don Mangum, Skyler Carothers, Katie Webb, Bridgette Novosad, Jimbo Stephens, Ryan Phillips, Oren Montgomery Jr, Gene Watson, Kristine Mansell, Mary Faye Bomar, McKenzie David, Sue Stalnecker, Braydie Barnard, Martha Hopson, Holly Jones, Carla Braziel, Eric McCorkle, Yessi Argabright, Robin Culp, Natalie Cox, Lanelle Lemon, Gina Foster, Cris Cole, Jaylean Bomar, Staci Botkins, Matti Mann and Stacy Smith.

Barbara's Notes: Happy birthday to Tammy Roe and Lanelle Lemon.

City of Gatesville to host "Art in the Shadow" art exhibition

Staff Reports

The City of Gatesville will host an art exhibition called Art in the Shadow Saturday, April 6. The event will be held at Leaird's Furniture & Appliance at 10 a.m.

The city encourages the entire community, regardless of age, to submit their artwork for selection by a committee in an art exhibition centered around the state of Texas and the upcoming solar eclipse.

Selected artists will be invited to display their work during the Block out the Sun Party for the solar eclipse.

The theme for the art exhibition will be anything related to Texas, the eclipse,

Gatesville, or Coryell County. Artists are expected to explore various elements, including landscapes, culture, history, landmarks, people, and unique aspects that make this region special.

Multiple art forms will be accepted such as painting, drawing, photography, and sculptures, and artists may submit up to five pieces. The artwork submitted does not have to be new but must be original.

All the entries must have a brief description highlighting the inspiration and relevance to the theme of the exhibition.

Submission guidelines include:

- Paintings and drawings should be

ready for display and framed if necessary.

- Sculptures should be easily transportable and not exceed 30 inches.

Photographs can be submitted either as prints or in digital form, adhering to the specified technical requirements.

To place your submission, email your artwork to candypetpalaceevents@gmail.com. Be sure to upload the images of your work, ensuring they meet the specified qualifications as well as providing a brief artist biography and description of each piece submitted.

The deadline for submission will be on Friday, March 1.

This event aims to foster creativity, showcase local talent, and bring people together through various art forms. Visitors will have an opportunity to appreciate the event, connect with artists, and may even purchase artwork during the exhibition.

This event serves as a platform for local artists to showcase their talent, engage with the community, and celebrate the remarkable features of this state, event, and the community.

For more information, contact the City of Gatesville at 254-865-8951.

Leaird's Furniture & Appliance is located at 108 S. 6th Street in Gatesville.

Staff Spotlight



DAVID SCOTT | THE GATESVILLE MESSENGER

Shawna Martin and Philip Martin, both holding certificates, were joined by, from left to right, Charles Alderson, Dr. Barrett Pollard, Liz Shoaf, Susan Penrod, Calvin Ford, Eric Herbelin, Ally Penrod, and Bethany Penrod.

Martins are in the GISD Staff Spotlight

Staff Reports

During the Jan. 22nd meeting of the Gatesville Independent School District Board of Trustees, educators Phillip and Shawna Martin were honored during the Staff Spotlight presentation.

GISD Athletic Director Rickey Phillips had the following to say about Phillip and Shawna Martin: "They have been home-run hires for Gatesville ISD. They go above and beyond the job description to help wherever needed. They are

both great at their respective jobs - Phillip as high school cross country and girls track head coach and Shawna as the junior high girl's coordinator. They are great with our students, they support all other GISD athletic teams and programs, and they have a genuine interest and love for being a Hornet."

Suzy Penrod, principal at Gatesville Junior High, had the following to say about Shawna Martin: "Shawna's dedication to her students and athletes is unparalleled. Her tireless efforts go well

beyond the classroom and the court, directly contributing to the development of every student and athlete she mentors. Her ability to consistently support our campus and her ever-present smile makes her a source of positive energy and inspiration. We are so grateful to have Shawna as part of the junior high."

Liz Shoaf, principal at Gatesville High School, had the following to say about Phillip Martin: "From the moment he set foot on the GHS campus, Phillip has modeled an amazing work

ethic and commitment to doing whatever it takes to make sure students succeed. In addition to coaching and working with special education students, Phillip teaches a homeroom group of students, so our core academic teachers have time to teach intervention groups. He also collaborated with our adopt a school battalion in the fall so they could take part in our cross country meets. His team player mindset is cultivating strong relationships on campus and in the community."

Gatesville Public Library to hold genealogy class through February

Staff Reports

The Gatesville Public Library is offering the community a chance to experience its brand-new genealogy class.

The class is for community members who are interested in discovering the depths of genealogy. Participants will learn about resources the library provides as well as how to navigate other resources within Coryell County.

The first class was held on Friday, Jan. 19, where community members were introduced to online research.

The next class will be on Friday, Feb. 2, at 10 a.m. and will include information on Coryell County websites and resources.

The last class will be held on Friday, Feb. 16, at 10 a.m. and will entail how to navigate ancestry and state library archives.

For more information, contact the Gatesville Public Library at 254-865-5367.

The Gatesville Public Library is located at 111 N. 8th Street.

O & J SUPERIOR PLUMBING

 RMP M41774 **CAMERA LOCATOR RPZ Backflow**
Jeff Tesar
 Office: (254) 404-2242

real estate auction

 EMORY, TX • 269 Rs County Road 3346
 3BR 2.5BA 2,438+/-sf lake home on 0.74+/-ac ww/attached 2-car garage. Perfect for end-user, vacation home, or investment property.
Open to the Public: 1-4pm Sunday January 28 & February 11
 GILMER, TX • 105 Oasis Street
 4BR 3BA 2,438+/-sf lake home on 0.74+/-ac. Ideal for end users and investors alike. New roof, new AC, large shed in backyard, and more!
Open to the Public: 1-4pm Sunday February 11
 Bid Online Feb 19 - 21 at auctionnetwork.com
 Pre-Auction Offers Encouraged!
 800.801.8003 • williamsauction.com/TXHomes
TX WILLIAMS & WILLIAMS WORLDWIDE REAL ESTATE, LLC, DAVID MONTALVO, LIC. NO. 595997, KEITH W. BABB - TX - AUCTIONEER 6701, 5% BUYER'S PREMIUM.

MEMBER 2024

TEXAS PRESS ASSOCIATION

47th Annual Home Davis Memorial
Lion's Club Chili Supper

 Friday, February 2, 2024
 5:00 - 7:00 PM
Gatesville High School Cafeteria
 Tickets available at the door
 Adults \$6 Children \$3
 Desserts for sale at \$2 each

ADOPT LOCAL GATESVILLE ANIMAL SHELTER

Come meet your new best friend!
 We have many loving dogs who need a family to love them back.
FOR INFO: 254-865-2226



DAVID SCOTT | THE GATESVILLE MESSENGER

Members of the Southern Plainsmen Quartet who were inducted into the Gatesville Country Music Hall of Fame include, from left, Tim Thomas, Jeff Bordelon, Marcelle Slaughter, Robert Jackson, and Jeremy Glass.

Hall of Fame inducts Southern Plainsmen Quartet

BY DAVID SCOTT
Staff Writer

The Gatesville Country Music Hall of Fame was recently pleased to welcome the Southern Plainsmen Quartet to the stage at the Gatesville City Auditorium.

The Plainsmen Quartet are often recognized throughout the United States for fine harmonies and their renditions of Southern Gospel songs.

Members of the quartet include Robert Jackson, lead singer; Jeremy Glass, lead singer and piano; Jeff Bordelon, bass; Tim Thomas, baritone; and Marcelle Slaughter, tenor.

While on stage, the group performed old favorites along with some of their new songs, including their most recent release, "Roll Back River Jordan."

During their performance, the group was honored to be inducted into the Gatesville Country Music Hall of Fame and receive the key to the city presented by Gatesville mayor, Gary Chumley. In addition, the quartet received a proclamation from Governor Greg Abbott in honor of their induction into the hall of fame.

Quartet member Tim Thomas said that although the quartet had performed in Coryell County in the past, this was the first time they had performed at the Gatesville City Auditorium. The group was very honored with the induction, proclamation, and the key to the city. "We are very honored to play here," Thomas said.

The late Mike Kuzenka first started the Gatesville Jamboree, and eventually the Hall of Fame was formed about 2007. After Roger Viersse, now known as the director, took over in 2007, he inducted Kuzenka as the first Hall of Fame inductee.

In the past, Viersse has been quoted as saying that the Hall of Fame's purpose is to recognize people who have talent and play on a semi-professional or professional level.

As always, the Gatesville Country Music Hall of Fame seeks to provide good, wholesome music with a family-oriented flavor at free concerts held at the Gatesville City Auditorium stage located at 110 N. 8th Street.

Meals on Wheels program to host fundraiser dance

BY ALEXANDRA MEELBUSCH
Staff Writer

The Meals on Wheels program will host a benefit at the Texas Station Event Center on Saturday, Feb. 10. The benefit will begin at 12 p.m. with a cornhole tournament that will last until 6 p.m. Sign-up will be the day of the event, and the winners of the tournament will receive half of the jackpot prize.

Following the cornhole tournament, there will be a performance by the Texas Connection Band from 7:30-11:30 p.m. The admission will be \$10 per person or \$15 per couple.

The benefit will feature Frank's Kettle Corn out of Waco. The company will set up a kettle machine and cook the kettle corn fresh on site. There will also be a meal provided by Nutrition Supervisor Camilla Edge, which will be fried rib baskets with fries.

The public is reminded that alcoholic beverages will be BYOB.

If you are not able to attend the benefit but still want to donate, visit <https://givebutter.com/MealsonWheels>. The website allows the community to make a one time or recurring donations to the Meals on Wheels program.

"We will be appreciative of anything we get," Rudolph said. "If we can have people come out and enjoy their time while learning more about what we do here, that would be the ultimate goal."

For more information or to become a vendor, contact Senior Center Director Pam Rudolph at 254-865-8234.

Texas Station is located at 4604 TX-36 in Gatesville.



Feed My Sheep to host free medical clinic at Gatesville Primary School

Staff Reports

The Gatesville Primary School will hold a free, one-day medical clinic, which will be hosted by Feed My Sheep on Saturday, Feb. 10, from 9 a.m. to 12 p.m.

The clinic will offer a complete medical checkup, a well or sick visit, and medicine if it is available.

There is no age requirement to attend the clinic. Parents will need to complete a one-page, consent-to-treat form before treatment.

Feed My Sheep provides free monthly medical clinics for children. The organization is comprised of volunteer doctors and nurses from local hospitals and medical schools who provide care to families who need access to care for their children.

For more information, contact 254-865-8281, ext. 5856.

As well as holding a free medical clinic, the Gatesville Primary Community Outreach program will also host a coat, hat, and sock drive on Saturday, Feb. 10, for families in need. The items will be free while supplies last.

The Gatesville Primary School is located at 308 Hornet Way.

SUDOKU

Sudoku results from the Jan. 20 puzzle.

4			8	7				
						7	8	
	3						2	6
	1				8			9
9		4	2	6	3	8		5
5			1				3	
1	4						5	
	2	5						
				1	4			8

Puzzle by websudoku.com

4	8	6	5	2	7	9	3	1
2	7	1	6	9	3	5	8	4
3	9	5	1	4	8	6	2	7
5	4	8	2	6	1	3	7	9
1	6	7	8	3	9	2	4	5
9	2	3	4	7	5	1	6	8
8	3	4	9	1	6	7	5	2
7	5	9	3	8	2	4	1	6
6	1	2	7	5	4	8	9	3

Puzzle by websudoku.com

CORYELL COUNTY COMMISSION
Sale Every Saturday • Cattle at Noon
Saturday, Jan. 20, 2024
Jody & Robin Thomas (254)223-2958

No. 1 Steers
Under 300 lb. 275-325
300-400 lb. 290-370
400-500 lb. 270-310
500-600 lb. 240-300
600-700 lb. 235-260
700-800 lb. 215-235

No. 1 Heifers
under 300 lb. 260-310
300-400 lb. 275-320
400-500 lb. 250-295
500-600 lb. 215-250
600-700 lb. 200-235
700-800 lb. 175-210

Slaughter Cows
High Yielding 100-117
Low Yielding 80-90
Fats 90-100
Thin & Shelly 50-70

Packer Bulls (1250-2075 lb.)
Yield Grade 1&2 105-130

Cow & Calf Pairs
Young Choice 1850-2350
Young Fair 1500-1850
Aged Pairs Split & weighed

Young Pregnancy Test Stocker
Replacement Cow 900-1725

Number of Head 519

Hwy. 36, Gatesville
(254) 865-9121
www.coryellcommission.com

Get your message HEARD!

THE GATESVILLE MESSENGER

Advertise with us
254-865-5212

Serving All Of Central Texas Area

FERGUSON ROOFING

Locally Owned Company

Free Estimates
Call 254-466-5128

COMMERCIAL AND RESIDENTIAL

JOHNSON VETERINARY SERVICES

Gerald D. Johnson, DVM
254-784-5151

LIVESTOCK & EQUINE
Mobile Veterinary Services

Shops • Garages • Houses • Agriculture • Commercial

405-595-0770

30'x40'x10'..\$20,400
30'x40'x12'..\$22,600
30'x50'x10'..\$24,600
30'x50'x12'..\$26,700

With 4" Concrete, Fully Insulated,
1" Commercial Overhead Door,
1 Entry Door, #1 28 Ga. 40yr. Painted
Metal. Built on your level site.
Additional Sizes Available. Mileage
or Higher Concrete Prices May Apply.

Gober Post Frame Buildings

Protect Your Home and Property!!
Make Sure Your Contractor is Following the Law.
Ask For General Liability and Works Comp. Insurance

www.goberconstruction.com

Subscribe Today. Call 254-865-5212.

OBITUARIES

Klevon Smith

Nov. 26, 1933 - Jan. 11, 2024

Klevon Smith, of Izora, departed from this world on Thursday, January 11, 2024, leaving behind a legacy of craftsmanship, generosity, and a passion for building.

Funeral services were held at 10:30 a.m. on Friday, January 19, at School Creek Baptist Church, with Rev. Jerry Perkins officiating. Visitation with the family will be one hour prior to services at the church. Interment will follow at Hillsdale Cemetery.

Klevon Smith was born on November 26, 1933, in Izora, Texas to the late Thomas Dewitt Smith and Addie Hammett Smith. He grew up in Izora while attending school in Lampasas, graduating from Lampasas High School in 1950 at the young age of 16. Believe it or not, he never missed a single day of school. He married his loving wife, Frances Krempin, on June 4, 1955. Klevon and Frances continued to reside in Izora for almost all their married lives.

Shortly after his marriage, he was drafted into the United States Army, and was stationed in the Marshall Islands during the Korean War. Klevon was discharged into the Army Reserves in 1957, then worked as a civil service employee at Ft. Hood. He celebrated his retirement in 1989 after serving a combined 38 years.

Klevon's skilled hands and tireless efforts went into the creation of numerous construction projects. Many families are sheltered under the roofs of homes that bear the mark of Klevon's craftsmanship, including the home in which he and his wife raised their beautiful family. Beyond residential projects, Klevon lent his expertise to the development of the current church and fellowship hall for School Creek Baptist Church, of which he was a member for most of his life. Klevon had a unique penchant for repurposing materials. He took

great joy in dismantling old buildings, salvaging the lumber, and giving it new life through innovative projects. However, Klevon's most renowned skill was his mastery of rock masonry. His hands transformed raw stone into structures that stood as testaments to both strength and beauty. The artistry and precision with which he worked will continue to inspire generations to come. When not working on a construction project, Klevon enjoyed reading, working puzzles, playing dominoes, and in his younger years, deer hunting. Regardless of his task, he could always be found with a Dr. Pepper in one hand and a chocolate chip cookie in the other!

Klevon was preceded in death by his children: Myrna, Deanna, and Jerry Smith.

He is survived by his wife of 68 years, Frances Smith; sons, Dean Smith and wife Marcella, James Smith; daughter, Darlene



Kyle and husband, Mark; seven grandchildren, Brandon Smith and wife, Angela, Cheryl Simmons and husband, Mitch, Sean Smith, Jordan Smith, Justin Kyle and wife Gabby, Bethany Warner and husband Joseph, Kady Carter and husband Jordan; fifteen great grandchildren and four great-great grandchildren.

In lieu of flowers, the family requests that memorials be made to School Creek Baptist Church, 11228 County Rd 3500, Lampasas, TX 76550, or a charity of choice.

A week in a dark cave



BY TUMBLEWEED SMITH

Tumbleweed Smith of Big Spring is a newspaper columnist and producer of The Sound of Texas radio series.

Jeff Tucker, of Brownwood, spent twenty years as a fireman, ten years as a fire fighter, then ten years as an arson investigator.

"I put in twenty and got out because I saw a lot of firemen who, as they got older, didn't move as well as they used to. I knew I had a lot of good years left and wanted to do something else. I'm a bit of a serial entrepreneur. As a fireman I was on 24 hours, off 48, so I mowed yards, painted houses, built houses, and ran businesses. If there was something I was interested in, I went in neck deep."

In Brownwood, he turned a historic building into a brewery, sold that, and is now restoring a twelve-story hotel. Part of his inborn sense of adventure made him audition for a television series called "Darkness."

"It was an extreme survival series," says Jeff. "The experiment was to put three guys in a dark cave, each in a different area, and try to find each other, then find a way out. We each had six ounces of water, a blanket, and a helmet. No food, no light. So, it was a light deprivation experience. But, for five and a half days, I never got to see anything but dark. I couldn't see my hand in front of my face."

"The cave was just outside Hannibal, Missouri and was twenty-nine square miles or something like that. The three of us had never met. They put us in at different entry points and we would try to find each other. Supposedly there were caches of food down there, but we never found them. Two of the guys found some crawdads and earthworms. I found a natural

spring and got water. "We were constantly trying to focus but we could never make out anything. I bumped into one guy who happened to be a fireman from Louisiana. Then we found the other guy who was a former Green Beret. Then the fight was on to get out."

"What happened was your mind started to play tricks on you. Light deprivation is a very serious thing. Some people who had been on the program before wanted out after twenty-four hours. It was that extreme. I had worked in a dark environment as a fireman, so that worked to my advantage. One day in the cave, I saw Porky Pig. It was so strange. It was like he was across from me just looking at me."

"At one point, one of the guys had fallen. I didn't know how far he fell but I felt he was going away from me. I thought he had fallen off a cliff. We would throw rocks out in front of us and once we threw a rock and never heard it hit bottom. There were a lot of things that would mess up your mind mentally."

"Now, the crew that was filming us wore night goggles that allowed them to see in the dark. When one of us got close to the edge of a cliff they would tell us to stop, that we couldn't go that way. But we were fortunate enough to find our way out in five and a half days. It was an emotional moment when we got out. After that I didn't sleep good for about a year."

The DISPATCH

The following is a breakdown of activity reported through dispatchers during the period of January 17- January 23. While there were many calls to the dispatcher, this is a partial list of more significant activity. People are reminded that only emergency calls should be made to 9-1-1, while all other calls to the police department should be made to 865-2226 or to the Sheriff's office at 865-7201.

CITY OF GATESVILLE POLICE DEPARTMENT

Jan. 17

6:36 a.m., a disturbance was reported in the 2100 block of County Road 100.

8:37 a.m., suspicious activity was reported in the 2500 block of Bridge Street.

10:10 a.m., criminal mischief was reported in the 500 block of Andrews Street.

5:39 p.m., a structure fire was reported in the 100 block of North 28th Street.

Jan. 18

11:37 a.m., a theft was reported in the 2400 block of East Main Street.

12:45 p.m., criminal trespass was reported in the 100 block of County Road 193.

3:16 p.m., suspicious activity was reported in the 100 block of College Street.

4:17 p.m., criminal trespass was reported in the 1700 block of Waco Street.

Jan. 19

11:17 a.m., a theft was reported in the 2200 block of East Main Street.

1:55 p.m., a theft was reported in the 2400 block of Business Hwy 36.

2:34 p.m., suspicious activity was reported in the 200 block of Carroll Drive.

5:12 p.m., criminal mischief was reported in the 200 block of North Lovers Lane.

Jan. 20

4:26 a.m., suspicious activity was reported in the 400 block of South 5th Street.

11:41 a.m., a theft was reported in the 280 block of South State Highway 36.

10:16 p.m., a disturbance was reported in the 2300 block of East Main Street.

11:19 p.m., criminal mischief was reported in the 2400 block of Business Highway 36.

Jan. 21

1:12 a.m., criminal trespass was reported in the 2200 block of East Main Street.

1:37 a.m., suspicious activity was reported in the 1500 block of East Main Street.

10:02 p.m., suspicious activity was

reported in the 1000 block of Scenic Drive.

11:12 p.m., a disturbance was reported in the 100 block of Elm Street.

Jan. 22

1:14 a.m., suspicious activity was reported in the 100 block of Mulberry Avenue.

8:30 a.m., a burglary was reported in the 300 block of South State Highway 36.

3:40 p.m., criminal trespass was reported in the 100 block of North 8th Street.

8:21 p.m., a disturbance was reported in the 300 block of North 9th Street.

Jan. 23

4:35 a.m., suspicious activity was reported in the 2200 block of East Main Street.

2:15 p.m., criminal mischief was reported in the 1400 block of Bridge Street.

2:50 p.m., a gas leak/fire was reported in the 1000 block of Carroll Street.

6:17 p.m., a brush/grass fire was reported in the 2000 block of Ransom Road.

CORYELL COUNTY SHERIFF'S OFFICE

Jan. 17

12:49 p.m., a welfare concern was reported in the 4000 block of FM 1829.

2:31 p.m., a grass fire was reported in the 900 block of FM 182.

4:10 p.m., a burglary of a vehicle was reported on FM 2412.

6:55 p.m., a scam was reported in the 200 block of County Road 330.

Jan. 18

12:57 p.m., found livestock reported on County Road 266 near County Road 292.

2:43 p.m., suspicious activity was reported in the 300 block of Cedar Ridge Road.

4:01 p.m., an attempted break-in was reported in the 100 block of College Avenue.

6:59 p.m., a domestic dispute was reported in the 100 block of County Road 332.

Jan. 19

11:18 a.m., a theft was reported in

the 900 block of County Road 273.

11:29 a.m., a burglary of a vehicle was reported in the 1700 block of Old Osage Road.

2:26 p.m., a welfare concern was reported in the 1100 block of Indian Creek Road.

8:17 p.m., stolen property was reported in the 1500 block of Quail Creek Drive.

Jan. 20

8:44 a.m., a livestock complaint was reported in the 4200 block of FM 1113.

2:23 p.m., animal cruelty was reported in the 100 block of East Walker Avenue.

5:15 p.m., an animal complaint was reported in the 200 block of Harrell Drive.

7:13 p.m., a livestock complaint was reported in the 7600 block of FM 2412.

Jan. 21

1:26 p.m., criminal trespass was reported in the 2700 block of Tanglewood Drive.

5:31 p.m., a suspicious vehicle was reported on County Road 274 and the low water crossing.

4:43 p.m., a minor accident was reported in the 14000 block of South Highway 36.

5:45 p.m., a minor accident was reported in the 2300 block of North Highway 36.

Jan. 22

4:14 p.m., a livestock complaint was reported on Alfred Drive.

4:48 p.m., a welfare concern was reported on County Road 107.

6:13 p.m., suspicious activity was reported in the 2800 block of County Road 137.

8:29 p.m., a suspicious vehicle was reported on South Highway 36 and River Oaks.

Jan. 23

4:27 a.m., a livestock complaint was reported on FM 2412 and Indian Hills Road.

8:41 a.m., a theft was reported in the 900 block of Sierra Vista.

12:28 p.m., a threat was reported in the 300 block of County Road 232.

3:23 p.m., identity theft was reported in the 300 block of County Road 230.

BASTROP DENTURE AND IMPLANT CENTER

NOW OFFERING "Standard Dental Implants" for \$995

Walk-ins Welcome

CHECK OUR WEBSITE

bastropdentureandimplant.com

For Information And Prices

FREE Consultation

Call For Appointment

Gregory Kon D.D.S. • Orville Sadler, C.D.T.

301 Hwy. 71 West, Suite 102 • Bastrop, Texas 78602

Toll Free 1-866-584-6900 • Local 512-303-6900

Hours: M-F 7am - 5pm

We'll Buy Your Gold & Silver

Coins, Jewelry, Etc. for Cash!

GOLD & SILVER PRICES

GOLD (XAU/USD 1/23/24).....\$2023.30

SILVER (XAG/USD 1/23/24).....\$22.30

Robert L. Berry, 512-810-1002

DBA Christian Brothers Ltd., An Ebay Store

Serving the Gatesville & Goldthwaite areas

716 E. Leon St., Gatesville, TX 76528 | Mon.-Fri., 9-5 & Sat., 9-1

WE BUY OIL, GAS, & MINERAL RIGHTS

Both non-producing and producing including Non-Participating Royalty Interest (NPRI)

Provide us your desired price for an offer evaluation.

CALL TODAY: 806.620.1422

LOBO MINERALS, LLC

PO Box 1800 • Lubbock, TX 79408-1800

LoboMineralsLLC@gmail.com

Coryell County

DEVOTIONAL PAGE



THIS DEVOTIONAL DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES.

TG UTILITIES
305 Memorial Drive, Suite B
Gatesville, Texas 76528
Phone: 254-248-1151

Church & Family Go Together

**YOU WILL SEEK ME
AND FIND ME WHEN
YOU SEEK ME WITH
ALL YOUR HEART.**

HEART

JEREMIAH 29:13

JHL CONSTRUCTION

GATESVILLE, TEXAS
(254) 865-8489

Eastwood Baptist Church
"Sharing, caring & inspiring for Jesus"

SUNDAY SCHOOL 9:45 AM
SUNDAY WORSHIP 10:50 AM
WEDNESDAY SERVICES 6:00 PM

2518 East Main Street • Gatesville, Texas 76528
254-865-2948 • www.ebcgatesville.org

Tim Beck's
Maytag Home Appliance Center
4829 E. US Hwy. 84, Gatesville • 254-865-5705

NAME BRAND SALES:
MAYTAG
Whirlpool • Amana • Kitchen Aid

ADVERTISE With us

Coryell Feed & Supply

Purina

213 Main Street • (254) 865-6315

Leaird's Furniture & Appliance
"A Central Texas Tradition Since 1898"

108 S. 6th St., Gatesville, TX | (254) 865-2615
www.leairdsfurniture.com

McDonald's

2302 Main Street
Gatesville, TX
(254) 865-8884

ADVERTISE ON THIS PAGE FOR ONLY \$12.00 PER WEEK! CALL 254-865-5212.

BAPTIST BETHEL HEIGHTS

3835 CR 127, Gatesville; Sunday School 10 a.m. Sunday worship 11 a.m.

BETHLEHEM PRIMITIVE

Elder Hugh Montgomery, pastor; 4555 FM 1690, Gatesville; Worship 4th Sunday of each month at 10:30 a.m. & 1:30 p.m.

CALVARY

Steven L. Bogan, pastor; Hwy. 84 & FM 116; Sunday Bible study 10 a.m., Sunday worship 11 a.m. & 6:30 p.m.

CANAAN

Jim Keever, senior pastor; 177 Coryell City Road, Crawford; Sunday School 9:30 a.m., Sunday worship 10:30 a.m., Wednesday Bible Study 7:00 p.m.

COLD SPRINGS

Bob Phillips, pastor; Sundays - Sunday School 10 a.m., worship 11 a.m. & 5:30 p.m.

EASTWOOD

Lynn Parks, pastor; 2518 East Main, Gatesville; Sundays - Sunday School 9:45 a.m., worship 10:50 a.m. & 6 p.m.

FIRST BAPTIST EVANT

Dane Barron, pastor; 200 Live Oak Street, Evant; Sundays - Sunday School 9:45 a.m., worship 11 a.m., adult Bible study 6 p.m.; Wednesday services - kids' & youth Bible study 6 p.m.

FIRST BAPTIST FLAT

9775 TX-36, Gatesville; Sunday School 9 a.m.; Sunday Worship 10:15 a.m.; Wednesdays - Prayer & Bible Study 7 p.m.; Youth Group & Kid Knights 7 p.m.; Supper first Wednesday of each month at 6 p.m.; Men's Breakfast second Saturday of each month at 7:30 a.m.

FIRST BAPTIST GATESVILLE

Dr. Pete Keough, Pastor; 912 E. Main St., Gatesville; Sunday School 9:30 a.m., Sunday Worship 10 a.m.

FIRST BAPTIST OGLESBY

Jeremy Sanders, Pastor; 120 College Ave., Sunday School 10 a.m., Sunday worship 11 am; Wednesdays - supper at 5:40 p.m., Kids & Youth Group 6 p.m., Prayer meeting 6 p.m.

FIRST BAPTIST PURMELA

875 FM 932, Purmela; Sunday School 10 a.m., Sunday worship 11 a.m.

GATEWAY

Michael Bragdon, Pastor; 2819 S. Hwy. 36, Gatesville; Sunday School 10 a.m., Sunday worship 11 a.m. & 1:30 p.m.; Wednesday Service 7 p.m.

HARMONY

A.C. Painter, pastor; 1750 FM 215, Gatesville; Sunday School 10 a.m., Sunday worship 11 a.m. & 6:30 p.m.; Wednesday evening worship 6:30 p.m.

HAY VALLEY

3110 Hay Valley Road; Sunday School 10 a.m., Sunday worship 11 a.m. AWANA children's ministry Sundays 5-7 p.m. Bible Study for men & women on Wednesday at 6:30 p.m.

JONESBORO

Matt Dossey, pastor; 11420 N. State Hwy. S; Sunday School 10 a.m., Sunday worship 10:50 a.m.

KING

Charles W. McKamie, pastor; 6730 FM 1783, Gatesville; Sunday School 10 a.m., Sunday worship 11 a.m. & 6 p.m.

LIBERTY

Royce T. Cockrell, DMin., Pastor; Corner of FM 107 & HWY 36, Gatesville; Sunday School 10:00 a.m., Sunday Service 11 a.m. & 1 p.m., Family Bible Study Wednesdays 6:30 p.m.

LIVE OAK

Pastor Matthew Hamilton; 113 FM 107, Gatesville; Sunday School 9:15 a.m., Sunday worship 10:30 a.m., Wednesday evening Youth & Children's Bible Study 6 p.m.

MOUNTAIN

Rev. Kurt Fuessel, pastor; 6319 US-84, Gatesville; Sunday School 10 a.m., Sunday worship 11 a.m. & 6 p.m.

PEARL COUNTRY CHURCH

2082 FM 1690, Gatesville; Sunday worship 10 a.m.

PECAN GROVE

6545 FM 107, Gatesville; Sunday School 10 a.m., Sunday worship 11 a.m.

PIDCOKE

Donald McConaughay, pastor; 11125 FM 116, Gatesville; Sunday School 10 a.m., Sunday service 11 a.m.

PLEASANT VALLEY

Chris Post, Pastor; CR 301, Jonesboro; Sunday school 10 a.m., Sunday worship 11 a.m.

PRIMERO IGLESIA EMANUEL

One mile north of Evant, Hwy. 281; Sunday School 10 a.m., Sunday worship 11 a.m.

PURMELA BAPTIST CHURCH

Pastor: Brenden Hough; 875 FM 932, Purmela, TX 76566; Sunday School 10 a.m., Sunday Worship 11 a.m.

SWEET HOME

511 N. 14th, Gatesville; Sunday school 9:30 a.m., Sunday worship 11 a.m.; Wednesday worship 7 p.m.

SPANISH

Ezequiel Casas, pastor; 113 Veazy Dr., Gatesville; Sunday School 10 a.m., Sunday worship 11 a.m., Wednesday Prayer Meeting 6 p.m.

TRINITY

Bro. Sam Crosby, Pastor; 1506 W. Main, Gatesville; Sunday School 9:30 a.m., Sunday worship 10 a.m. and 11 a.m. Wednesday - activities for adults, youth, & children 6:30 p.m.; 254-865-8495 or Pre-school: 254-248-0041.

JUSTIN HALL, MINISTER; 2417 E. Main, Gatesville; Sunday Bible class 9:30 a.m., Sunday service 10:30 a.m.; Wednesday Bible classes 6:30 p.m.

LA IGLESIA DE CRISTO

2413 E. Main, Gatesville; clases y servicios en Español, 10-11:30 a.m., Solamente en domingos.

MIDWAY

1955 CR 3640, Copperas Cove; Sundays - worship 9:30 a.m. Bible Study 10:30 a.m. Wednesdays - Bible Study 5:30 p.m.; Royce 512-734-5390 or Steve 254-865-3559.

PEARL

6790 FM 183; Sunday worship 10:30 a.m.

CHURCH OF GOD CORNERSTONE

Greg Demmitt, pastor; 338 State School Rd., Gatesville; Sunday worship 11 a.m.

LUTHERAN IMMANUEL

David Reedy, International Interim Pastor; 922 Lutheran Church Rd., Copperas Cove; Sunday Bible Study 9:15 a.m.; Sunday worship 10:30 a.m.

ST. JOHN

Rev. Christopher Richman, PhD; 10801 FM 929, Coryell City; Sunday worship 9 a.m., Sunday School 10:15 a.m.

ST. PAUL

Rev. John Heckmann, pastor; Hwy. 36 & FM 1114, The Grove; Sunday School 9 a.m., Sunday worship 10:15 a.m.

METHODIST BETHEL UNITED

2 miles north of Irel & on FM 932; 11 a.m. 2nd & 4th Sundays.

EVANT

235 US-281, Evant; Dennis Dutton, Pastor; Sunday worship 10 a.m.

FIRST METHODIST GATESVILLE

2600 E. Main St.; Stephen Schmidt, pastor; Sunday worship 8:30 a.m. & 10:30 a.m., Sunday School at 9:30 a.m. WEDNESDAY WORD: Meal at 5:30 p.m. \$3; youth, Children & Adult Bible Studies at 6 p.m. AA meets Monday, Wednesday & Friday at 6:30 p.m.

OGLESBY UNITED

Kent Berry, pastor; 109 College St.; Sunday worship 9 a.m.

PIDCOKE

Bill Jones, Pastor; Hwy. 116 N., Pidcoke; Sunday worship service 10 a.m.; 254-677-6242.

MORMON CHURCH OF JESUS CHRIST LATTER-DAY SAINTS

Bruce Cox, pastor; Sunday worship 9 a.m., Sunday school 9:30 a.m. Men's breakfast every third Saturday at 8 a.m. Inside: 3075 FM 931, outside: 2000 CR 321. Mailing address: P.O. Box 103, Mound, TX 76558.

NON-DENOMINATIONAL CHRISTIAN LIFE

Frank Rosenstern, pastor; Hwy. 84 W.; Sunday services 10:30 a.m.; Thursday services, 7 p.m.

CORYELL COMMUNITY

Eric Moffett, Pastor; 115 N. Levita Rd., Gatesville, 248-0849. Sunday worship 9 a.m. & 10:30 a.m. Wednesday services 6 p.m.; Adult Bible Study, Children's Ministry & C3 Student Ministry.

CORYELL FELLOWSHIP

Doran Belknap III, Pastor; Sunday service 11 a.m., 8205 FM 182, Turnersville; 254-218-5901.

COVER2COVER MINISTRIES

Pastor: Rev. Brandy Spiker, Sunday service 10 a.m. & 6 p.m., Wednesdays 6 p.m. 407 SH-36, Ste. 4 & 5, Gatesville.

GATESVILLE REVIVAL CENTER

Wes Covey, Pastor; Sunday school 10 a.m., Sunday services 11 a.m. & 6 p.m., Thursdays 7 p.m.; 2518 Bridge St.; 254-392-9472.

GRACE ASSEMBLY CHRISTIAN

Wray Nunn, pastor; Sunday worship 10:30 a.m., Wednesday worship 6:30 p.m.; Gateway Learning Center, 2315 Osage Rd., Gatesville.

HARVESTING SOULS INTERNATIONAL

Mike & Martha Johnson pastors, 503 N. 11th St., Gatesville; 865-6222. Sunday worship 11 a.m. Wednesday Bible Study Ministries (Men, Women, children) 6 p.m. "Overcomers" a TDC & state approved 12-step recovery program meets Tuesday 6 p.m.

JOHNNY WATKIN'S MEN'S SUNDAY SCHOOL CLASS

Sundays, 8:30-9 a.m. aqui se reune La Iglesia de Cristo, in the 2400 Block of E. Main St., Gatesville.

LEVITA BIBLE FELLOWSHIP

4460 FM 930, Levita; Sunday worship 10:45 a.m.

MOTHER NEFF FAITH TABERNACLE

William Bertelsen, Pastor; 1415 Texas Hwy. 236; Sunday worship 10:30 a.m. & 6:30 p.m.; Wednesday Bible Study 7 p.m.

PEARL COMMUNITY FELLOWSHIP

6735 FM 183, Pearl; Sunday Services 9 a.m.

THE HOUSE THAT GOD BUILT

Bill Trotter, pastor; 3412 E. Main St., Gatesville; Sunday service 11 a.m., Wednesday service 7 p.m.

PENTECOSTAL TABERNACLE OF PRAISE

Rev. Jimmy Skiles, pastor; 202 E. Main, Gatesville; Sundays 10 a.m.; Wednesdays 7 p.m.; 254-206-1826.

MOUNT CALVARY CHURCH OF GOD IN CHRIST

Rev. Lee O. Ford, pastor; 514 N. 13th St., Gatesville; Sunday School 9:45 a.m., Sunday worship 11 a.m., Wednesdays Bible Study 6:30-7:30 p.m., Wednesday service, 7:30 p.m.

PRESBYTERIAN THE PRESBYTERIAN

Rev. Dr. Buddy Wheat, pastor; 1110 E. Main, Gatesville; Sunday School 9:45 a.m., Sunday worship 11 a.m.

Conventional prescription filling Immunizations • Health screenings Medication Compounding

Gatesville Drug Co.

Delivery Available Drive Thru Curbside Pick Up
254-865-2417
2513 S. State TX 36

First Baptist Church
GATESVILLE, TEXAS

SUNDAY SCHOOL 9:30 A.M.
SUNDAY WORSHIP 10:45 A.M.

912 E. Main St. | 254.865.2014
www.fbcgatesville.com

Lawn & Garden • Tools • Paint Plumbing • Electrical Outdoor Living • Much More

ACE Hardware

2820 S. State Hwy. 36
Gatesville, TX 76528
254-865-6900

Haynes Jewelry
Serving Gatesville Since 1971

Watch & Jewelry Repair
Circle E Candles

103 C. Hwy. 36 Bypass North
Gatesville, Texas 76528
254-865-6131

WholeHouse PEST MANAGEMENT
TPCL 13187

Professional expertise for all pest control needs in Central Texas!

FREE ESTIMATES: (254) 865-9926

GRIB'S CONSTRUCTION & SEPTIC TANK SERVICE

STATE CERTIFIED INSTALLER OF SEPTIC SYSTEMS

ASPHALT • DIRTWORK • GRAVEL ROADS & DRIVES • BACKHOE & MAINTAINER

OWNER: GARY GRIBBLE
254-865-1236 254-248-4171

GOSSETT TRANSMISSION SERVICE

JIM GOSSETT RAY GOSSETT

1900 Main St.
Gatesville, TX 76528 254-865-5791

The Presbyterian Church
Rev. Dr. Buddy Wheat, DMin., Pastor

1110 E. Main Street
Gatesville, TX
254-865-5328
WWW.TPCGATESVILLE.ORG

WESLEYAN CORYELL VALLEY
Worship Saturdays 5 p.m., Bible fellowship Sundays 10 a.m.; 4995 FM 929

INTER-DENOMINATIONAL BOOTS-N-SADDLE COWBOY CHURCH
Max Gunn, pastor; 254-216-1537; 10 miles west of Gatesville on HWY 84; Sundays 10:30 a.m.; Wednesdays 7 p.m.; Youth Sunday Service 9:45 a.m.

HIGHWAY 2 HEAVEN BIKER CHURCH
Monty & Tammy VanHorn, pastors; 1608 W. Main St., Gatesville; Sunday Praise & Worship 11 am, Wednesday Bible Study Rally-6 p.m.; 254-865-4076.

First Methodist Church
Sunday Worship 8:30 & 10:30 a.m.
Sunday School 9:30 a.m.

2600 E. Main, Gatesville, TX
(254) 865-2520 • www.fumcgatesville.org

Local • Honest • Community

Subscribe Today 254-865-5212

THE GATESVILLE MESSENGER

CLASSIFIEDS

015 FARM & RANCH

Backhoe, Dozer, Maintainer, Dump Truck: brush clearing, roads, driveways, waterlines, pits, demolition, fence row clearing, culverts. Small jobs ok. Ben Roberts, 254-248-4707 or 254-865-5754. 00030555

037 HELP WANTED

NOW HIRING

Job summaries at
www.CoryellHealth.org

- RN – FT & PRN; All Shifts for Charge Nurse and Nursing
- LVN – FT & PRN; All Shifts for Charge Nurse and Nursing
- CNA/NA – FT All Shifts

****FULL TIME SIGN ON BONUS MAY BE AVAILABLE WITH ONE YEAR COMMITMENT FOR SPECIFIC AREA'S LVNS, CMAS, CNAS**

BENEFITS OFFERED:
Competitive compensation • Paid Vacation • Sick time accrual • Matching 457B investments
Tuition Reimbursement • Health, Dental, Life and Supplemental Insurances.
EOE.

APPLY IN PERSON OR DOWNLOAD AN APPLICATION FROM WEBSITE:

110 Chicktown Rd. off: (254) 404-2500
Gatesville, TX 76528 fax: (254) 248-6288
humanresources@coryellhealth.org

015 FARM & RANCH

037 HELP WANTED

NOW HIRING

Job summaries at
www.CoryellHealth.org

- CMA/CNA – FT All Shifts
CNA Class starts 01/04/2023:
Apply today for Paid Certified
Nurse Aide class with on-the-job
training!

****SOME POSITIONS MAY BE ELIGIBLE FOR A SIGN ON BONUS WITH ONE YEAR FT COMMITMENT FOR SPECIFIC AREAS**

BENEFITS OFFERED:
Competitive compensation • Paid Vacation & Sick Leave
Matching 457B investments • Tuition Reimbursement
Health, Dental, Life and supplemental Insurances EOE.

APPLY IN PERSON OR DOWNLOAD AN APPLICATION FROM WEBSITE:

1507 W. Main St. off: (254) 248-6386
Gatesville, TX 76528 fax: (254) 248-6288
humanresources@coryellhealth.org

099 PUBLIC NOTICES

NOTICE OF PUBLIC SALE

Pursuant to Chapter 59 of the Texas Property Code, Ideal Self Storage-Gatesville, located at 425 SH-36 Bypass N, Gatesville TX 76528, is having an online auction. The property is being sold to satisfy a landlord's lien. The sale will be held at storageauctions.com beginning Monday, February 12, 2024 at 11A.M. Seller reserves the right to withdraw any property from the sale upon payment in full. Bidding sale will end on Monday, February 19, 2024 at 11A.M. Units to be sold: STEPHANIE HENDERSON, TIFFANY HINES, RICKY MCDANIEL. Inventory: Household goods, clothing, tools and misc.

00030577

NOTICE OF PUBLIC SALE

Pursuant to Chapter 59 of the Texas Property Code, Ideal Self Storage-Gatesville, located at 1611 E. Main St., Gatesville TX 75628, is having an online auction. The property is being sold to satisfy a landlord's lien. The sale will be held at storageauctions.com beginning Monday, February 12, 2024 at 11A.M. Seller reserves the right to withdraw any property from the sale upon payment in full. Bidding sale will end on Monday, February 19, 2024 at 11A.M. Units to be sold: DANNYELL SUNIGA, SHANNON OCHOA. Inventory: Household goods, clothing, tools and misc. items.

00030578

NOTICE TO CREDITORS

Notice is hereby given that original Letters Testamentary for the Estate of John Thomas Edward Spruiell, Deceased, were issued on December 1, 2023, in Cause No. 23-10920, pending in the County Court-at-Law of Coryell County, Texas, to: Trilby Louise Spruiell.

All persons having claims against this Estate which is currently being administered are required to present them to the undersigned within the time and in the manner prescribed by law.

c/o: Trilby Louise Spruiell
2314 Whitney Dr.
Copperas Cove, Texas 76522

DATED the 7th day of December, 2023.

Chuck P. Stermer
Attorney for Trilby Louise Spruiell
State Bar No.: 24094964
619 E. Main St.
Gatesville, Texas 76528
Telephone: (254) 865-6003
Facsimile: (254) 323-0070
E-mail: chuck.stermerlaw@gmail.com

00030585

PUBLIC NOTICE

The City of Gatesville, Texas will be conducting an online auction of surplus fitness equipment. The auction will open for bidding on February 2, 2024, at 9 a.m. and will end at 5 p.m. CST on February 16, 2024. You can view and bid on these items online at: <https://www.govdeals.com/gatesville>.

Wendy Cole
City Secretary

00030581

NOTICE TO CREDITORS

Notice is hereby given that original Letters of Guardianship for the Person & Estate of MARSHA RENEA DUNN, an Incapacitated Person, were issued on January 17, 2024, in Cause No. 22-396, pending in the County Court at Law of Coryell County, Texas, to: JESSICA JOHNSON.

All persons having claims to this Estate which is currently being administered are required to present them to the undersigned within the time and in the manner prescribed by law.

c/o: Mary Wiley
Attorney at Law
100 W. Central Texas Expressway
Suite 302
Harker Heights, Texas 76548

DATED the 23 day of January, 2024.

Mary Wiley
Attorney for JESSICA JOHNSON
State Bar No.: 24032669
100 W. Central Texas Expressway
Suite 302
Harker Heights, Texas 76548
Telephone: (254) 634-6969
Facsimile: (254) 634-6587
E-mail: mary@lindleylawoffices.com

00030586

PUBLISHER'S NOTICE:

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.



102 REAL ESTATE

BURKS REAL ESTATE

"Committed to Excellence"

BROKER: CALVIN BURKS
Bus. 254-471-5738 • Cell 254-865-3601

AGENTS:
JOHNNY BURKS 254-223-0833
LINDY BURKS 254-206-0643

715 E. U.S. Hwy. 84, Evant, TX 76525

For complete listings, go to www.burksrealestate.com

- ▶ 117 N. Rice St., Hamilton, TX. Rustic Lantern, over 7,000 sq ft, 2 stories w/ 2 staircases, kitchen area, old safe, great commercial property for restaurant, office, or retail. \$549,000
- ▶ 1.469 ac. Lampasas River Place Subdivision, Lampasas River frontage, good tree cover, electricity along property line, Kempner water along front of property, \$125,000
- ▶ 5 ac. 4/2 brick home, 1960 CR 158 Evant, fireplace, open floor plan, recently remodeled kitchen, breakfast bar, pantry, second living area, office, ceramic tile floors, large front porch, fiber optic internet service, Multi-County Water, 2 car carport, storage that is 24'x19' w/ attic lift, \$599,000.
- ▶ 5.078 ac. East of Gatesville, Greenbriar Ranch Estates, Lot No. 4, North Greenbriar Creek, good tree cover, rolling terrain, electricity & water at the road. \$123,500
- ▶ 10.01 ac. East of Evant TX, Coryell County on CR 160. Lot 39, Buffalo Creek Ranch Subdivision. Rolling terrain, good tree cover, OWNER FINACING, TERMS, 15% DOWN, 7.5 % INTEREST, & CAN DO 10-15- OR 20-YEAR NOTE. \$139,900
- ▶ 10.01 ac, Lot 41 Ph 6 Rio Escondido Subdivision Evant, TX., Good Tree cover, Rolling Terrain, Fiber Optic Internet. \$149,500
- ▶ 11 +/- ac, Arnett, TX Coryell County, good tree cover, nice home site, will need to be fenced. MCWSC may be available. \$179,500
- ▶ 11.01 ac. Lot 5 Ph 2 Rio Escondido, 3180 PR 42111 Evant, TX. Ready to build on w/ house pad, electricity, septic system, water well, Fiber-optic internet, small cabin w/kitchenette, bathroom, covered patio, & RV pad, 1 tank. \$212,500
- ▶ 15 ac. East of Evant, great views, scattered tree cover, small pond, electricity across road, will need to drill water well for water. \$150,000
- ▶ 16.5 ac. Turnersville, open pasture, good views, paved CR 220. electricity across road, check w/ Coryell City Water on availability of water meter. \$206,500
- ▶ 17.85 ac. 296 Cross Timbers Lane, Gatesville, 2 homes, 3/2 brick home, open floor plan, 2nd home 2/2 single wide, good tree cover, rolling terrain, storage building, excellent fences, 1 stock pond. \$749,500
- ▶ 18.1 ac. south of Evant, near Adamsville, Lampasas County, Hwy 281 & CR 2830. water well, electricity, carport, rolling terrain, good tree cover. \$260,000
- ▶ 20 ac. Evant, TX, Rio Escondido Subdivision, Lot 23 Ph 1, good tree cover, rolling terrain, gated subdivision, electric available, Fiber Optic Internet. \$215,000
- ▶ 20.02 ac. Evant, TX, PR 42107, Hamilton County, Lot 43 Ph 6 Rio Escondido, rolling terrain, good tree cover, season creek. \$265,000.
- ▶ 20.33 ac 3/2 modular home 714 CR 415, Evant, open floor plan, vaulted ceiling, hardwood floors, pantry, free standing wood stove, 10'x60' front porch, multi-county water, 1 tank, fiber optic internet, small workshop, chicken coop, greenhouse, storage buildings and carport. \$498,000
- ▶ 22.2 Ac, 4/2 Palm Harbor Manufactured Home, 812 Blakley Rd, open floor plan, large master bedroom, his & her closets, 2 living areas, 14'x35' sunroom, laminate floors, ceramic floors in kitchen, laundry room & bathrooms, 8'x40' container w/ lean-to for a carport, outbuildings, water well, rolling terrain, good tree cover. \$649,500
- ▶ 30.528 ac. East of Evant, great views, scattered tree cover, small pond, electricity across the road, you will need to drill a water well. \$305,280
- ▶ 33.43 ac. near Coryell City, Coryell County, FM 929 & CR 260 frontage, rolling terrain, good views. \$295,000
- ▶ 38 +/- ac. South of Pearl, TX, Coryell County, FM 183 frontage, rolling terrain, scattered tree cover, nice views, great home site. \$372,400
- ▶ 39.378 ac West of Gatesville, Hwy 36 frontage, scattered tree cover, rolling terrain. Good fences, water meter on property & electric available, Jonesboro ISD \$395,000
- ▶ 41.0457 ac. Hamilton, CR 404, rolling terrain, scattered tree cover, approx. 25 acres farmland, 2 tanks, & good fences. \$449,000
- ▶ 47.332 ac. South of Ireland, TX, good tree cover, rolling terrain, good fencing on 3 sides, southside will need to be fenced. \$395,000
- ▶ 50.24 ac. 3/2.5 home, 2171 CR 419 Evant, rolling terrain, good tree cover over 40% of property, remaining balance open pasture, great views. \$649,500.
- ▶ 58.51 ac. 3/2 frame home, 6630 FM 183 Evant, TX, water well, several outbuildings, rolling terrain, scattered tree cover, 2 tanks. \$585,000
- ▶ 60.23 ac. CR 238 near Turnersville, TX, 1 stock tank, good fences, scattered tree cover, rolling terrain, \$361,380.
- ▶ 68.9 ac, 3/2.5 rock home 101 Mac Dr., Gatesville, approx. 2900 ft Leon River frontage, ceramic tile floors, carpet in bedrooms, vaulted ceiling, rock fireplace, granite countertops, breakfast bar, garden tub, metal building 45'x24' barn, cattle pens, 1 tank, approx. 48 ac of coastal. \$1,249,500
- ▶ 74.264 ac. West of Purlmela, FM 1241 & CR 181, 1 tank, barn w/cattle pens, good exterior fences, approx. 65 acres good pasture w/coastal & native grasses, \$508,709
- ▶ 82.43 ac. West of Evant, Mills County. Open pasture, scattered mesquite tree cover, native grasses, 1 tank, fenced on 3 sides. \$560,524
- ▶ 88.007 ac, Hamilton CR 614 36 ft. Travel Trailer, 25'x30' metal barn, electricity, 1 tank, seasonal branch, water well, scattered tree cover, \$650,000
- ▶ 89.862 ac. 3/2 home 1784 CR 610 Hamilton, open floor plan, vaulted ceilings, fireplace, breakfast bar, stainless steel appliances, pantry, ceramic floors, carpet in bedrooms, Large front porch, 2 carports, 50'x 30' metal building, 8'x 40' storage container, well, 1 tank. great views, good tree cover, rolling terrain. \$975,000
- ▶ 105 ac. South of Pearl, TX, Self Rd. good tree cover, rolling terrain, small branch, 38'x42' barn w/rain harvest system, electricity along property line, will need to drill well for water. \$743,775
- ▶ 106 ac. CR 180 Purlmela, Coryell & Hamilton County, good tree cover, rolling terrain, 1 tank, paved road frontage, electricity across road. \$832,100
- ▶ 154.904 ac. Turnersville, paved CR 226, Coryell County, brick home in need of repair, water well, 1 tank, 1 barn 100'x 50', 1 barn 50'x 48' & 1 barn 120'x 48', cattle pens, grain storage bin, open pasture w/ native grasses, 24-ac. field. Jonesboro I. S. D., Owners will consider owner financing. \$929,424
- ▶ 179.562 ac. 1.6 miles South of Gatesville, TX FM 116 frontage, great views, stock tank, rolling terrain & scattered tree cover. \$1,166,255
- ▶ 199.86 ac. 4/2 Manufactured Home, 1805 CR 180 Purlmela, fully furnished, 2 tanks, 8'x40' container, storage building w/water storage tank, barn, cattle pens, water well, rolling terrain, good tree cover, paved road frontage. \$1,568,901
- ▶ 210 ac. Carlton, Comanche County, approx. 5000 ft Resley Creek frontage, small cabin, water well, electricity, cattle pens, 2 tanks one approx. 2.4 ac, good tree cover, 48 ac. improved grass, good exterior & interior fences. \$1,450,000

045 SERVICES

TREE WORKS Tree Service: tree trimming, removal & stump grinding. Free estimates. Call Lloyd, (254)223-3287. 00030554

CS Handyman Service

Home, Farm and Ranch
Maintenance and Repair

Carroll Starkey, Owner
Text/Call 254-736-0240
carmec1981@gmail.com

R&M FENCING & DOZING: barbed wire, custom pipe, entryways, corrals, barns, fence row clearing, metal buildings, residential & game fencing, solar gate openers, dozer work. Free estimates. **Larry Riddle, 254-248-2205; Joyce McAdams, 254-248-4318.** 00030556

FERGUSON ROOFING
Locally owned company serving all Central Texas area. Commercial and Residential. Free Estimates! 254-466-5128 00030552

CENTRAL TEXAS REMODELING AND HANDYMAN
Tile, sheetrock, painting, decks, fences, flooring, windows, siding, roofing, texturing.
Cecil Woodson, 254-216-3835.
00030557

045 SERVICES

Dry Creek Trash Service
Weekly Pickup and Roll-off container rentals
Ofc. (254) 463-4988
Cell (254) 206-1512
drycreektrashservice.com
00030553

Schuman's
HEAT & AIR, Inc.

Residential & Commercial Service • Installation
Refrigeration
Servicing All Brands
Gatesville & Surrounding Areas
Darrel Schuman - Owner
254-499-0054
TACLA2784C www.schumansair.com

060 GARAGE SALE

ACCESSORIES! Tues., 01/30 - Sat., 02/03. The Boys & Girls Club Resale Shop, 1706 E. Main. Tuesday-Friday, 8a.m.-5p.m. & Saturday, 9a.m.-3p.m. 00030544

You never know what you might find...

EDUCATION

Gatesville ★ Evant ★ Jonesboro ★ Oglesby

Oglesby ISD announces list of second nine weeks awards

Staff Reports

As the second nine weeks come to an end at Oglesby Independent School District, the campus has honored students from prekindergarten through high school with awards.

The following awards were given to students throughout the district:

Prekindergarten

Academic award: Laikyn Goff, Na'Ryah Smith, and Ivy Earle

Perfect Attendance award: Parker Hess and Blakely Rodriguez

Tiger award: Parker Hess

Gratitude award: Ivy Earle

Responsibility award: Laikyn Goff

Kindergarten

Academic award: Jameson Featherston, Gracie Hess, Jaxxon Hooker, Jack Hughes, Kye Martinez, Finley Standridge, Alex Williamson, and Adaline McGough

Perfect Attendance award: Ramsey Beard, Kinley Brinkley, Jameson Featherston, Logan Licea, and Grayson Mainez

Tiger award: Gracie Hess

Gratitude award: Lucky Donaldson

Responsibility award: Adaline McGough

First Grade

A Honor Roll: Noah Crell, Jordan Gann, Stran Hill, Anderson Hopkins, Maya Martinez, Brooks Seymour, Lincoln Taylor, and Paisley Wisheart

A/B Honor Roll: Karter Robinson and Annaya Smith

Perfect Attendance award: Stran Hill

Tiger award: Anderson Hopkins

Gratitude award: Karter Robinson

Responsibility award: Noah Crell

Second Grade

A Honor Roll: Jaylynn Taylor

A/B Honor Roll: Dixon Bond, Xander

Goff, Brennan Hill, Ranger Jeffcoat, Chad Kasting, Lucas Licea, Max Martinez, Saylor McGovern, Crystal Mejia, Karen O'Campo-Mendoza, Brody Smith, Christian Tamayo, and Freddy Vandiver

Perfect Attendance award: Ranger Jeffcoat, Max Martinez, Karen O'Campo-Mendoza, Brazos Regan, and Jaylynn Taylor

Tiger award: Jaylynn Taylor

Gratitude award: Saylor McGovern

Responsibility award: Crystal Mejia

Third Grade

A Honor Roll: Ariel Crell, Kinzlee Gray, Braxton Henry, Radlee Nichols, and Kimberly Uribe

A/B Honor Roll: MKynzlynn Brand, Mad-die Chapman, Caymbir Fisher, Madilynn Hopkins, Kynnidee Martin, Briley Martinez, Ansley Riley, and Thomas Riley

Perfect Attendance award: MKynzlynn Brand, Kinzlee Gray, Jaxon Melton, Radlee Nichols, Ansley Riley, Thomas Riley, and Kimberly Uribe

Tiger award: Ariel Crell

Gratitude award: Briley Martinez

Responsibility award: Kinzlee Gray

Fourth Grade

A Honor Roll: Dylan Chrisner, Bentley Goff, Ally Thompson, and Judd Wulfkuhle

A/B Honor Roll: Colton Anderson, Colton Finch, Abram Gomez, Caden Henderson, Grayson Hopkins, Brayden Roedler, and Hudson Seymour

Perfect Attendance award: Abram Gomez and Caden Henderson

Tiger award: Grayson Hopkins

Gratitude award: Abram Gomez

Responsibility award: Colton Anderson

Fifth Grade

A Honor Roll: Brook Hamilton, McKayla Regan, and Dexter Veraza Solis

A/B Honor Roll: Kristy Anderson, Arell Augeri, Slayton Fisher, Jasmine Gonzalez,

Joseph Hamilton, Jayden Hopkins, Judson Marquez, Jana Ortiz, Rainie Owens, Peyton Schu, Gracie Thompson, and Fernando Uribe

Perfect Attendance award: Jayden Hopkins, Judson Marquez, McKayla Regan, and Fernando Uribe

Tiger award: Fernando Uribe

Gratitude award: Dexter Veraza Solis

Responsibility award: Joseph Hamilton

Junior High

A Honor Roll: Sterlin De La Torre, Abigail Insall, Holden Goff, and Evan Williamson

A/B Honor Roll: Ayleen Aviles, Alianna Chrisner, Perla Coca, Skyler Dickson, Brylee Griffith, Hunter Insall, Adilynn Margoitta, Brody Martinez, Victoria Mejia, Scarlet Aaron, Rancher Jeffcoat, Brynley Puryear, Alisyn Smith, Ranger Dalton, Blayze Fisher, Cierra Ingram, and Makenzie Wright

Perfect Attendance award: Sterlin De La Torre, Jovani Gonzalez, Adilynn Margoitta, Victoria Mejia, Rancher Jeffcoat, Brynley Puryear, and Alisyn Smith

High School

A Honor Roll: Caitlyn Battreal, Alisa Contreras, Sydney Folan, Jaxon Markum, Autum Meyers, Kelsey Ritchie, Presley Robinson, Allison Uribe, Andrea Licea-Perez, Taelym Sanders, Hunter Ewing, Tyler Fossett, Landon Robinson, Matti Dixon, Addi Hamilton, Cash Lee, Hunter Walter, Landon Williamson, and Drake LeBlanc

A/B Honor Roll: Hannah McFadden, Aram Shaw, EJ Aviles, Alex Castillo, Rian Chapman, Marlee Henderson, Blissany Ramos, Jackson Tippit, Johnny Gomez, Ian Phillip, and Charolette Ritchie

Perfect Attendance award: Caitlyn Battreal, Tucker Melton, Presley Robinson, David Mejia, Collin Walker, Blissany Ramos, and Hunter Walter

Oglesby ISD is located at 125 College Ave. in Oglesby.

Oglesby ISD hosts FAFSA Night

Staff Reports

Oglesby Independent School District will hold a Free Application for Federal Student Aid (FAFSA) night for students Wednesday, Jan. 31, from 5 - 6 p.m. The event will be held in the computer lab on campus.

The first step is to create an FSA ID. To begin, visit <https://studentaid.gov/fsaid/create-account/launch> and click get started. To start the next phase, a social security number will be required. If you need to obtain your number, contact the school guidance counselor, Mrs. Nichols.

The approval process typically takes two to three days, meaning it is important to complete this first step as soon as possible.

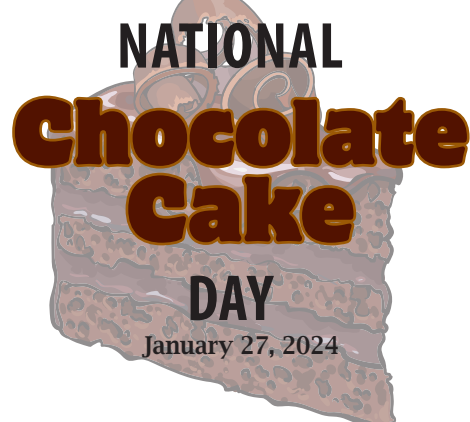
The following list entails what to bring to FAFSA night:

- Parent's 2022 tax returns (1040 or 1040A and W-2).
- Student's 2022 tax return or W-2 (if the student worked).
- Parent's social security or ITIN number (if they have one).
- Student's social security number (to create FSA ID).
- Parent's date of birth, email, and phone numbers.
- Balance of parent's cash, savings, and checking accounts.
- Parent's marriage date (if separated or divorced, date is needed as well).
- Records of untaxed income (child support, worker's comp., etc.).
- Net worth of parent's businesses or investments (if applicable).

Oglesby ISD can schedule appointments during the day if the evening of the FAFSA night does not work for you.

For more information, or further questions, contact Oglesby ISD at 254-456-2271.

Oglesby ISD is located at 125 College Ave. in Oglesby.



Easy Chocolate Cake

Ingredients

Cake:
 1 ½ cups all-purpose flour, 3 Tablespoons cocoa powder, 1 cup Sugar, 1 teaspoon baking soda, 1 teaspoon salt, 6 Tablespoons vegetable oil, 1 Tablespoon white vinegar, 1 teaspoon vanilla extract, 1 cup cold water

Frosting:
 4 Tablespoons Butter, 2 Tablespoons cocoa powder, 1 ½ Cups Powdered Sugar, dash of salt, 2 Tablespoons milk

Instructions

1. Preheat Oven to 350 degrees.
2. Grease an 8" square casserole dish (for a round cake you can use one 9" cake pan).
3. Sift the dry ingredients together and stir with a fork until well-mixed. Make three wells in the dry ingredients. Pour the oil into the first well, the vinegar into the second, and the vanilla into the third. Pour the cold water over the top of it all, then stir with a fork until well-blended. Pour into greased pan and bake at 350 for about 25 minutes, until a toothpick inserted in the center comes out clean. Let it cool, then frost.
4. For the frosting:
5. Cream together the butter, sugar, cocoa and salt until well-mixed. Add the liquid and beat until fluffy.



National Chocolate Cake Day on January 27th is a day made for sweet celebrations and indulging in the chocolaty goodness of everyone's favorite dessert - chocolate cake! Imagine a day where you get to dive into a slice of rich, moist chocolate cake topped with velvety frosting.

Kids can join the fun by baking their own mini

chocolate cakes or helping decorate a larger one with sprinkles and chocolate chips. Parents can turn this day into a tasty family activity, creating delicious memories in the kitchen. Teachers might organize a virtual baking class, sharing simple chocolate cake recipes for kids to try at home.

Whether it's a gooey

chocolate lava cake or a classic chocolate layer cake, National Chocolate Cake Day is a time to savor the joy that comes with each decadent bite. So, on January 27th, let's celebrate the magic of chocolate cake and enjoy a delightful treat that's sure to make taste buds dance with happiness!

Sponsor the weekly Coryell Kids section by calling 254-865-5212.



DAVID SCOTT | THE GATESVILLE MESSENGER

School Board members accept a proclamation from Coryell County Judge Roger Miller in honor of School Board Recognition Month. Pictured from left to right are Cheyenne Kizer, Mary Anne Leib, Charles Ament, Judge Roger Miller, Calvin Ford, Loyd Hopson, Linda Maxwell, Charles Alderson, and Dr. Barrett Pollard.

Gatesville Independent School District School Board honored

Staff Reports

At the Jan. 22nd meeting of the Gatesville Independent School District Board of Trustees, Coryell County Judge Roger Miller made it a point to recognize and urge all citizens to honor the hard work and dedication of the school board members and (in

working with the board members) to mold an education system that meets the needs of both today's and tomorrow's children.

The proclamation was signed by Miller and by county commissioners Kyle Matthews, Ryan Basham, Scott Weddle, and Keith Taylor.

Business Directory

<p>Billy Latham Sales</p> <p>Office (254) 865-2190 Cell: (254) 223-2272 billy@wbsupplies.com</p> <p>1411 N. Hwy. 36 Bypass Gatesville, Texas 76528</p>	<p style="text-align: center;"><i>R & M Fencing & Dozing</i></p> <p style="text-align: center;">FREE ESTIMATES</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p>Fence Row Clearing Barbed Wire Custom Pipe Fencing Entryways & Corrals Barns & Metal Buildings Residential Fencing Game Fencing Dozer Work Available</p> </div> <p style="text-align: center;">LARRY RIDDLE 254-248-2205</p> <p style="text-align: center;">JOYCE MCADAMS 254-248-4318</p>	<p style="text-align: center;">GOSSETT TRANSMISSION SERVICE</p> <p style="text-align: center;">P.O. Box 291 • 1900 Main St. Gatesville, TX 76528</p> <p>JIM GOSSETT RAY GOSSETT</p> <p style="text-align: right;">254-865-5791</p>
<p>DOZER WORK LAND CLEARING STOCK TANKS</p> <p style="text-align: center;">TC BROOKSHIRE, OWNER</p> <p>(254) 223-1817 / (254) 216-9572</p>	<p>Tyler Powell 254-223-3551</p> <p>Zach Hodges 254-383-6267</p> <p>120 Reno Rd. Gatesville, TX 76528</p> <p>Master Lic. No. M-42617 midtexplumbing@gmail.com</p>	<p style="text-align: center;">Brandon Latham Owner / President</p> <p>1411 N. Hwy. 36 Bypass Gatesville, Texas 76528</p> <p style="text-align: right;">mobile: 254-223-1723 Office: 254-865-2190</p>
<p style="text-align: center;">GRIBS CONSTRUCTION State Certified Installer of Septic Systems</p> <p>BACKHOE & DIRT WORK GRAVEL • ASPHALT ROADS • DRIVES</p> <p>Owner--Gary Gribble</p> <p>2000 VIOLET LANE GATESVILLE, TX 76528</p> <p style="text-align: right;">254-248-4171</p>	<p style="text-align: center;">FERGUSON ROOFING</p> <p style="text-align: center;">Serving Central Texas</p> <p style="text-align: center;"><i>Locally Owned Company</i> COMMERCIAL AND RESIDENTIAL</p> <p style="text-align: center;">Free Estimates.....254-466-5128</p>	<p style="text-align: center;">O & J SUPERIOR PLUMBING</p> <p style="text-align: center;">RMP M41774</p> <p style="text-align: center;">CAMERA LOCATOR RPZ Backflow</p> <p style="text-align: center;">Jeff Tesar Office: (254) 404-2242</p>
<p>Home • Auto • Motorcycle • Boat/Personal Watercraft</p> <p style="text-align: center;"><i>Call Amy or Shawn today for a price quote and insure your peace of mind.</i></p> <p>2707 E. HWY. 190 COPPERAS COVE, TX 76522 SHAWNCAMPINSURANCE@HOTMAIL.COM</p> <p style="text-align: right;">Tel 254-865-2002 Fax 254-547-5778</p>	<p>CHRIS WINKLER SALES</p> <p>1411 N. Hwy. 36 Bypass Gatesville, Texas 76528</p> <p>254.865.2190 Office 254.444.9040 Cell 254.865.9137 Fax chris.winkler@whittbuildingsupplies.com</p>	<div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; margin-right: 5px;">Jaydie Dixon Owner</div> <div style="text-align: center;"> <p style="font-size: 1.2em;">DIXON ROOFING</p> <p style="font-weight: bold; color: red;">FREE ESTIMATES</p> <p style="font-weight: bold; color: red;">Insurance Claims Specialist</p> <p style="font-weight: bold; color: red;">254.248.4053</p> <p style="font-size: 0.8em;">Residential & Commercial P.O. Box 67, Gatesville, TX</p> </div> </div>

DIRECTORY DISPLAY RATES
3 Months: \$26/week

PEARL NEWS

Valentine auction and other events taking place in February



BY BETSY CLARK
Pearl News Correspondent

Get ready for the upcoming Pearl Church of Christ annual Valentine Auction benefiting His Kids which is held in honor and memory of Richard Williams, the founder of this wonderful program.

The auction will be held after services, Feb. 11, and the bidding will close at 1:30 p.m. If you would like to view the items for auc-

tion in advance, they will be out and ready to bid upon Feb. 4 through Feb. 10 in the fellowship rooms of the

church. Among the numerous other items for bid are many pairs of new, men's size 11 name brand shoes, including Adidas, Nike's, etc., glassware, and crystal. I'll give you more details about the bid items next week. Everyone is invited to participate, and you are always welcome at the Pearl Church of Christ. Services are held each Sunday at 10:30 a.m.

Ronald and Linda Ray would like to thank everyone for their prayers, cards, letters, phone calls, and food during Linda's cancer treatments. You are greatly loved and appreciated. They would also like you to know that they are doing well as they continue treatments

for the next six to eight months at Texas Oncology. Please continue to keep these dear ones in your prayers.

Pearl residents appreciate Multi-County Water for their hard work during the freezing cold weather. It was reported that the repairmen worked through the night to make sure the water service was restored! (I can't imagine those harsh working conditions, and I bet they would appreciate a box of chocolates, or some such treat, if you have time to drop one by their office on Highway 84 west of Gatesville).

The next Pearl Cottage Bookstore Day is Feb. 3. The bookstore opens at 9 a.m.

and closes at 3 p.m. Please pray for tolerable, warm weather for the bookstore ladies. They "like to have froze to death" (literally!) last bookstore day, but in their dedication, they stuck it out. The Pearl Community Center Bluegrass Day is also Feb. 3, but jamming usually starts the day before. Let's hope for good weather for both of these events. There's no place like Pearl!

This week's Bible verse comes from Psalm 23, a passage even with which the smallest child is familiar. Today, I read these scriptures in the New Living Testament, and I was touched. I'll give you just a taste of it, but I want you to be sure and look this up

to read the whole Psalm in this version... "The Lord is my Shepherd; I have all that I need... Even when I walk through the darkest valley, I will not be afraid, for you are close beside me..." Blessed assurance, indeed. (I use the free Bible Gateway app to access the different versions. Won't cost you a cent, but you can pay for "extras" if you wish).

Pray! Be sure and like the Pearl Community Center, Texas Facebook page, and the Pearl Cottage Bookstore and Resale Shop Facebook page. Please submit any Pearl news to betsyclark47@yahoo.com

RECIPE

This recipe appeared in the "Methodist Best" cookbook in 2008. The Gatesville Messenger is running a series of recipes from that cookbook. If your church has a cookbook, or if you would like to submit your own recipe of a favorite dish for possible publication, please email it to: editor@gatesvillemessenger.com.

SQUASH CASSEROLE

BY ANITA DAVIDSON

- 2 lb. squash, - sliced (yellow and zucchini)
- ½ c. sour cream
- ¼ c. chopped onions
- 1 c. grated carrots
- ½ tsp. salt
- 1 c. margarine, melted
- 1 can cream of chicken soup
- 1 (8-oz.) pkg. Pepperidge farm stuffing

Mix squash, onion, and salt. Cover with water. Boil for 5 minutes or until tender. Drain. Then add soup, sour cream, and carrots and mix well. Mix stuffing and margarine. Line pan with half the stuffing mix. Add squash mixture and top with remaining stuffing mixture. Bake at 350 for 1 hour.



PHOTO COURTESY OF COOKING CLASSY
Yellow Squash Casserole

Student Spotlight



DAVID SCOTT | THE GATESVILLE MESSENGER

Landry Pritchett shown holding his certificate was joined by GISD Supt. Dr. Barrett Pollard, 4th grade teachers Tobi Shirley and Mary Tipton, and Gatesville Intermediate principal Bridgett Register.

Happy New Year!

Your Extraco Banks Gatesville team wishes you a Happy New Year!



We offer the financial tools to help you kickstart the new year on the right track!



LEARN MORE!
or visit extracobanks.com/resources



Member FDIC.



Pritchett shines in Gatesville ISD Student Spotlight

Staff Reports

During the Jan. 22nd meeting of the Gatesville Independent School District Board of Trustees, Landry Pritchett was honored during the Student Spotlight presentation.

GISD Superintendent Dr. Barrett Pollard had the following to say about Pritchett:

Landry Pritchett is a 4th grader at Gatesville Intermediate School. He is very knowledgeable and passionate about all things military. This is very evident in his conversations with others as he loves to talk about military events, past and present. He also exhibits this through his acts of patriotism.

A few weeks ago, social worker Joyce Cole observed Landry in the foyer of a gym. No one else was around, and Landry did not see Mrs. Cole. When the National Anthem started playing, Landry very quickly stood at attention and saluted the flag. This made a fantastic impression on Mrs. Cole, and she recommended this recognition.

Landry's teachers also commented on his enthusiasm pertaining to subjects of interest to him. An example of this was when he got into character during a recent drama unit. His performance was entertaining to watch and enjoyed by the rest of the class. For all of these reasons, we want to recognize Landry Pritchett.

A NEW CAREER IS WAITING FOR YOU!



RN or LVN
Full-time Night shift

We also also hiring for:

- CNAs – All Shifts
- Dietary Cook
5am-1:30pm or
1pm-7:30pm

Benefits include Health, Dental, Vision, Competitive Pay & 401K.
APPLY AT: HILLSIDEML.COM



300 S. Hwy. 36 Bypass
Gatesville, TX 76528
254-865-7575

Gatesville hoops blasts Robinson, back in playoff hunt



BY CHRIS ALLMAN
Contributing Writer

Gatesville basketball stopped their longest losing streak in two years with a 71-59 win over Robinson on Jan. 23 in a game that was not nearly as close as the score would indicate.

On Jan. 19, Gatesville fell to La Vega 74-57 to drop to 0-3 in district play. It was their first three-game losing streak since January of 2022, but, in their first must-win game of the year, they blasted the Rockets to get right back into the playoff hunt.

The Hornets never trailed in the game and led 17-6 after the first quarter. They broke the game open midway through the second quarter. West Allman and Kase Cox keyed an 8-2 run that turned a 24-12 lead into a 32-14 lead.

Allman started the run with a runner in the lane to give Gatesville a 26-12 lead. Follow-

ing a Robinson timeout, Charlie Winkler found Allman for an alley-oop dunk and a 28-12 lead. Allman stole the ensuing inbounds pass and converted to push the lead to 30-12. After a Robinson bucket stopped the bleeding, a Cox putback pushed the lead to 32-14.

Allman finished the game with 17 points, and Cox had 12. Rayshon Smith led all scorers with 19 points in his best offensive game of the season. Smith, who came off the bench for the first time this season, scored 14 of his points on layups and connected on 5-of-7 free throw attempts.

Winkler, Graceson Stewart, and Scout Hall each had six points in the game. Winkler buried the Hornets' only two three-pointers of the night, and Hall was also a disruption for the Hornets on the defensive end.

Against La Vega, the Hornets fell behind 11-0 and never

recovered. They battled back and were down eight after the first quarter, but the Pirates seemingly did not miss over the second and third quarters to blow the game open. They shot 57% over the middle periods and connected on seven of their nine three-pointers in the second and third quarters.

Smith led Gatesville in scoring with 12 points against La Vega, while Allman had 11, and Winkler had 10. Cox had six points and pulled down nine rebounds.

Through four games of district play, La Vega sits atop the standings at 4-0. Connally is 3-1, and Robinson is 2-2. Salado, China Spring, and Gatesville are all 1-3.

Gatesville and China Spring faced off on Jan. 26 in the final game of the first round of district, and the winner would likely jump into the third-place spot in the playoff standings.



Gatesville Hornets basketball standouts West Allman and Rayshon Smith.

CHRIS ALLMAN | THE GATESVILLE MESSENGER

Oglesby Junior High Lady Tigers defeat Mt. Calm Lady Panthers 12-9, head into Walnut Springs Tournament

BY TOM NORRELL
Contributing Writer

The Oglesby Junior High Lady Tigers defeated the Mt. Calm Lady Panthers 12-9 in a district contest Jan. 18, in Mt. Calm.

The Lady Tigers played well defensively. The top scorer for the Lady Tigers was Scarlet Aaron with eight points, three steals, and one rebound. Cierra Ingram scored two points, three steals, and one rebound. Delaney Marfa scored two points, four rebounds and one assist.

Makenzie Wright did a good job on offense and defense, grabbing four rebounds and four steals. Adelyn Gomez also played well.

The Lady Tigers hosted the Gholson Lady Wild Cats on Jan. 22, defeating them, 18-10. Turnovers plagued both teams, but the Lady Tigers rallied in the end for the victory.

Several Lady Tigers got in the scoring action tonight including Ayleen Aviles with four points. Delaney Marfa led the scoring with

six points and one rebound. Scarlet Aaron scored two points, four rebounds, and three steals. Ali Chrisner scored two points, one rebound, and three steals. Makenzie Wright scored two points, four rebounds, and three steals. Adelyn Gomez scored two points, three rebounds, and one steal.

The Lady Tigers record stood at two to four for the season going into the Walnut Springs tournament that began Jan. 25.

Lady Hornets fall to La Vega and Robinson

BY CHRIS ALLMAN
Contributing Writer

Despite a pair of losses to No. 2 ranked La Vega and Robinson, the Gatesville Lady Hornets still have a path to the post season.

La Vega, Connally, and Salado have firm holds on the top three spots in District 23-4A, while Gatesville, Robinson, and China Spring will likely battle for the fourth and final playoff spot.

Through district games Gatesville and Robinson are both 1-5 while China Spring is 2-4. Gatesville and China Spring faced off on Friday night, and a Lady Hornets win would put them into a tie with the Lady Cougars for fourth place in the district.

China Spring and Robin-



CHRIS ALLMAN | THE GATESVILLE MESSENGER

Lady Hornets basketball standout Emma Pollard.

son face off on Feb. 2, and a Lady Cougar win would likely eliminate Robinson from playoff contention.

In their 47-37 loss against Robinson, Gatesville battled back from an early hole and took a lead

in the fourth quarter.

Down 31-24 in the third quarter, Gatesville scored 11 straight points to take a fourth-quarter lead. They closed the quarter on a 6-0 run thanks to back-to-back three-pointers from Taylor Coward that then tied the game at 31-31 on a free throw from Emma Pollard early in the fourth quarter.

Pollard took a feed from Taylor Sanderson and converted a three-point play for a 34-31. Pollard hit again for a 36-31 lead before Robinson closed the game on a run for the 47-37 win.

Gatesville traveled to China Spring on Jan. 26 and will host No. 19 Connally on Jan. 30. They will close the regular season at La Vega on Feb. 6.

Oglesby Tigers Junior High boys' basketball remain 5-1 this season

BY TOM NORRELL
Contributing Writer

The Oglesby Junior High Tigers Boys basketball team dropped their first game of the season to Mt. Calm Panthers with a score of 48 to 30 in Mt. Calm. In a district contest, Oglesby's record is now four to one for the year.

The leading scorer for the Tigers was Holdyn Goff with 17 points, including three 3 pointers, five rebounds, two steals, two

assists, and one blocked shot. Evan Williamson scored seven points and had one assist. Caiden Brinkley scored four points for the Tigers. Blayze Fisher finished out the scoring with two points. Mason Marquez grabbed five rebounds and two steals for the Tigers.

The Tigers hosted the Gholson Wildcats Jan. 22, defeating them, 46 to 5. All Tigers saw action in the district contest.

Holdyn Goff continued to lead the team in scoring, dropping in 22 points, seven rebounds, one assist, two steals, and one blocked shot. Evan Williamson scored 14 points, four rebounds, two steals, and one blocked shot. James Bankhead hit five points, including one three-pointer. Liam Ammerman scored two points and one steal. Couper Wulfkhule made two free throws. Caiden Brinkley made one free

throw.

Other Tigers that saw action were Aiden Aviles, Blayze Fisher, Mason Marquez, Kaden Bagley, Jacob De La Torre, Hunter Insall, AJ Marfa, Brody Martinez, Rancher Jeffcoat, and Ashton Thompson.

The Tigers' record was five to one going into the Walnut Springs tournament that began Jan. 25.

First National Bank

P.O. Box 309, Evant, TX 76525
Phone: 254-471-5531. Fax: 254-471-3180
www.fnbevant.com

P.O. Box 659, Gatesville, TX 76528
Phone: 254-865-2783, Fax: 254-865-1293
www.fnboglesville.com

P.O. Box 127, Oglesby, TX 76561
Phone: 254-470-2261, Fax: 254-456-2517
www.fnboglesby.com



"Always Putting You First!"



LAW ENFORCEMENT PROGRAM IN GATESVILLE HIGH SCHOOL



COURTESY PHOTOS

Head of the Law Enforcement Program is Gatesville High School educator Star Hamilton. Hamilton has a few years under her belt with the school and continues to provide students with lessons that give them the opportunity to demonstrate their understanding of law enforcement procedures. This past week, her students have been learning how to transport offenders, search suspects, restrain, and book. Students pictured in the photos successfully put this process into action and put their partner in full restraints and escorted them to booking.

Annual Susan Patricia Pitts Memorial Scholarship now open

Staff Reports

The ladies of the John H. Reagan, Chapter 325 UDC, Gatesville, are offering their 11th annual Susan Patricia Pitts Memorial Scholarship to high school seniors, as well as home-schooled and college-level students who reside in Coryell and Hamilton Counties.

To determine who will re-

ceive the scholarship, an essay will be required to apply.

The essay will have a topic provided and must be submitted by 11:59 p.m. on Monday, April 15. Essays that are received after that Monday will not be accepted.

When completed, email the essay to Jane Pitts at johnhregan325udc@yahoo.com.

The essays will be emailed

to the membership and voted upon during their May meeting in which the final decision will be announced.

The essay winner will receive a note of winning at their designated school's annual scholarship banquet.

For further information, contact Jane Pitts at 254-723-4724.

Texas Farm Bureau scholarship applications now available

Staff Reports

The Texas Farm Bureau's annual scholarship opened on Friday, Dec. 1, 2023, for undergraduate degree programs.

Every year, the Texas Farm Bureau awards over \$235,000 in scholarships in a variety of packages designed to meet dif-

ferent student needs.

Application requirements:

- You must be a Texas Farm Bureau member to apply.
- You must have a MyTFB account to apply.
- Each scholarship has a unique set of eligibility requirements which are located online by visiting <http://texasfarmbu>

<http://texasfarmbu>

texasfarmbu.org/youth/youth-opportunities/ within the Youth Opportunities page.

The 2024 scholarship applications will close on Friday, March 1.

For more information, or to apply, visit texasfarmbureau.org/scholarships.

Evant Independent School District to hold FAFSA meeting on February 1

Staff Reports

Evant Independent School District will host a Federal Student Aid (FAFSA) information night for seniors on Thursday, Feb. 1, at 6 p.m.

Students and parents are invited to attend the event together, as it is important to begin planning for college and financial aid.

FAFSA is responsible for managing the student financial assistance programs authorized under Title IV of the Higher Education Act of 1965. These free programs provide grant, work-study, and loan funds to students attending college, career, or trade school.

It is recommended to create a StudentAid.gov account be-

fore starting your FAFSA form. When you create your account, be careful to enter your name and social security number (SSN) exactly as they appear on your social security card.

For more information, visit studentaid.gov.

Evant ISD is located at 339 Memory Lane in Evant.

Local adult education classes

Staff Reports

Adult education classes are now available in Gatesville at the Primary School.

The classes are provided by Central Texas College (CTC) and are held every Monday and

Wednesday from 6 p.m. to 8 p.m.

For more information, or to register for classes, contact 254-526-1120.

Central Texas College is accredited by the Southern Association of Colleges and Schools

Commission on Colleges (SACSCOC) to award associate degrees. Central Texas College may also offer credentials such as certificates and diplomas at approved degree levels.

Gatesville Primary School is located at 308 Hornet Way.

Gatesville High School Athletics Hall of Fame nominations now open

Staff Reports

Nominations are currently being accepted for the Gatesville High School Athletics Hall of Fame regarding the class of 2024.

The hall of fame recognizes:

- Athletes that excelled at Gatesville High School and received significant recognition.
- Coaches with significant achievements during their career at Gates-

ville High School.

- Teams that won state championships, advanced to state-level competition, or attained other significant play-off/postseason achievements.
- Friends of the program that contributed extraordinarily to Gatesville ISD athletics in a capacity other than a coach or athlete.

To receive a nomination form, contact Ricky Phillips by email at

rgphilli@gatesvilleisd.org. All nominations are due by Friday, Feb. 9, and are to be turned in by email to Ricky Phillips, GISD Athletic Director, 215 South Lovers Lane, Gatesville TX 76528.

Inductees will be announced the week of Monday, Feb. 12 through Friday, Feb. 16, and the induction banquet will be held next fall.

Alumni games start January 27

Staff Reports

Gatesville High School will host two alumni games in honor of the community's past hornet athletes.

The first game will be the alumni baseball players vs the varsity high school team on Saturday, Jan. 27, at 3 p.m., located at the Ryan Powell Memorial Park/Danny Loerwald

Field.

The second game will be the alumni softball players vs the varsity high school team, which will take place on Saturday, Feb. 10, at 1 p.m. This will be located at the Gatesville High School Softball Field.

For more information, contact Gatesville High School at 254-865-8281.

Daughters of the Republic of Texas set to meet on February 1

Submitted item

The Sterling C. Robertson Chapter of the Daughters of the Republic of Texas will meet on Thursday, Feb. 1, at 1 p.m. The meeting will be held at the new location, Greater Waco Chamber of Commerce Building, located at 101 S. 3rd Street in down-

town Waco. There is a meeting room there, and parking is available.

Jeff Pirtle, Executive Director of the Texas Collection at Baylor University, will be the speaker. This is the 100-year anniversary of the collection.

This meeting is free and open to the public. Prospective members are encouraged to attend.

Submit your school and sports stories to alex@gatesvillemessenger.com

TARLETON STATE UNIVERSITY™

Tarleton breaks ground on Health Professions Building

Tarleton State University

STEPHENVILLE — Tarleton State broke ground Jan. 17 on a \$80 million Health Professions Building that will further establish the university as the leader of rural healthcare throughout the state.

The project was approved by The Texas A&M System Board of Regents last November, with move-in planned for summer 2025.

"Tarleton State is poised to be the educational epicenter for rural healthcare, not only in our region but beyond," said university President Dr. James Hurley. "Nestled in the heart of rural Texas, our thriving comprehensive national university is ready to heed the call with the unwavering support of our state legislators, the Texas A&M System Board of Regents and Chancellor John Sharp."

Nearly 20% of the U.S. population calls rural communities home, with these areas facing significant shortages of physicians and specialists. In Stephenville, the patient-physician ratio is 1,779 to 1.

Three new degree programs are set to be added in conjunction with the new facility, including physical therapy,



COURTESY PHOTO

On hand for the ceremony, from left, were Dr. Ramona Parker, executive dean of the College of Health Sciences; Erath County Judge Brandon Huckabee; District 59 Texas State Rep. Shelby Slawson; Student Regent Elizabeth "Annie" Valicek; Texas A&M University System Chancellor John Sharp; Tarleton State President Dr. James Hurley; District 22 Texas State Senator Brian Birdwell; District 58 Texas State Rep. DeWayne Burns and Stephenville Mayor Doug Svien.

occupational therapy and physician assistant studies. Specialized laboratory space and public clinics will allow students to gain important hands-on experience in these areas. The new degree options join existing programs in kinesiology, nutrition science, social work, public health, athletic training, and

communication sciences and disorders.

"It's good to be back in Stephenville for yet another groundbreaking," A&M System Chancellor John Sharp said. "Texas A&M System Regents are committed to making Tarleton into one of the state's finest public universities."

With nearly 40% of community hospitals in Texas in jeopardy of closure, Tarleton State is now positioned to serve a critical role in elevating healthcare in the Lone Star State by adding to the workforce in these locations of immense need.

State Senator Brian Birdwell (District 22) highlighted the

significance from his perspective. "Healthcare that is accessible without having to drive to major metro areas is regularly discussed across our entire state. Today's groundbreaking at Tarleton affords them the opportunity to lead in taking the necessary step in addressing those concerns and moving in the right direc-

tion to improve healthcare in our rural communities."

As a Tarleton State graduate himself, state Rep. DeWayne Burns (District 58) emphasized the educational opportunities for future students that will result from the new facility. "Today is just the most recent example of the university's steadfast focus on developing and graduating students who are ready to enter the workforce to benefit our region and beyond."

With the impressive growth of Stephenville and Erath County in recent years, state Rep. Shelby Slawson (District 59) focused on how the new programs at Tarleton State will provide a strong public health infrastructure to assist with the demands of an increasing population.

"Today's groundbreaking marks a historic day for rural healthcare in our region," she said. "This facility will positively impact the lives of rural Texans for years to come."

At 92,000 square feet, the new Health Professions Building will be located adjacent to the Nursing Building.

Perkins & Will is the architect, and Vaughn Construction is the contractor.



COURTESY PHOTO

After a tough start, the Texans climbed their way back into their rivalry matchup against Abilene Christian, taking the game 73-51 Jan. 18.

Tarleton State University

ABILENE — After a tough start, the Texans climbed their way back into their rivalry matchup against Abilene

Christian, but the Wildcats forced a tough shooting night overall for Tarleton State and avoided fouling, taking the game 73-51 Jan. 18. The Texans (4-11, 1-5

WAC) have a tied-season-long skid of four games after losing in Abilene, dropping to 3-6 on the road this year. The Wildcats (8-7, 4-2 WAC) improved to 6-3 at Moody

Texans drop rivalry matchup at Abilene Christian University

Coliseum.

ACU was whistled for just seven fouls in the game, which led to a season-low four free throw attempts for the Texans, who made all four. The Wildcats got to the line 14 times (10-14) on 13 Texan fouls, and outshot Tarleton from the field 27-of-58 (.466) to 19-of-65 (.292). The Texans won the turnover battle, forcing 17 takeaways to 11 giveaways, but ACU pounded the boards 49-29 and outscored Tarleton in the paint 34-18.

Tarleton's Teresa Maggio had a team-high, and career-high, 11 points on 4-of-5 shooting (3-4 3PT) off the bench. Jakoriah Long chipped in nine points, Karyn Sanford

(2-4 3PT) eight points, and Lexi Bull finished with six points, five rebounds, two steals and two blocks in 18 minutes.

ACU jumped out to a 15-2 start six minutes into the game. Tarleton fought back to within nine thanks to a Bull buzzer-beating jumper, with ACU leading 20-11 after one. The Texans then cut the deficit to one nearly three minutes into the second quarter, 23-22. ACU got back the nine-point lead at the break, 36-27.

The Wildcats took control of the second half early, part of a 13-3 run carried over from the second quarter, to go up 13, 40-27, 24 seconds into the third. After some back-and-forth, ACU led by

13 after three, 55-42. Tarleton remained as close as 13 back in the fourth, but the Wildcats stayed at arm's length and ended the game on an 8-0 run to win by 22.

ACU had five reach double-digit scoring, powered by Bella Earle, who finished with 12 points, 12 rebounds and six assists. Payton Hull (12 points, seven rebounds), Aspen Thornton (11 points, three rebounds), Zoe Jackson (11 points, three rebounds) and Emma Troxell (11 points) also scored 10-plus points, while Meredith Mayes (nine points, nine rebounds, three assists) flirted with a double-double.

Texans erase 17-point deficit in final ten minutes to be victorious at UTRGV

Tarleton State University

EDINBURG — Tarleton State Men's Basketball outscored UTRGV 33-12 in the final nine minutes of action to secure a 77-73 come-from-behind win Jan. 20 at the UTRGV Fieldhouse.

For the sixth time as a Western Athletic Conference program, the Texans (12-6 overall, 5-2 WAC) sweep a season series after beating the Vaqueros (6-13, 2-6), 77-75, in Wisdom Gym in December.

"I am very proud of how our guys were able to keep their heads down and battle through the deficit," said acting head coach Joseph Jones postgame. "We were able to keep ourselves in the game and when the opportunities presented themselves in the second half, we were able to make the most of it and in the end come out with the victory."

Lue Williams played one of his best games as a Texan, posting a season-high 28 points. The Atmore, Alabama native, shot 13-for-21 from the floor setting a new Tarleton WAC record and tying Shamir Bogues for the most field goals made in a single game in the D1 era. A trio of Texans also scored

in double figures. KiAndre Gaddy and Jakorie Smith contributed 11 apiece and Devon Barnes added 10. Gaddy also posted a game-high eight rebounds. Emmanuel Innocenti dished off a game-best seven assists and notched nine points.

Trailing 61-44 with 9:42 remaining, it seemed as if the home team in WAC contests would win its 15th game of the last 16 conference game played this year. The Texans proved otherwise. Barnes and Smith helped the Texans cut into the Vaquero lead with a 14-4 run over the next four minutes. The duo scored six points each during the run. Barnes turned two steals into four points for his squad.

With the Texans still not having a lead the entire game, the crowd was still behind the Vaqueros even when the Texans cut their deficit to five, 63-58 with 5:57 to go. UTRGV's Daylen Williams settled at the top of the arc and buried a three to reset the UTRGV lead to eight, seeming to respond that this was the home team's game to lose. It was.

Over the next 2:23, the Vaqueros shooting drought turned fatal, allowing the Texans to take their first lead

of the game on a 12-0 run. Smith countered the UTRGV triple with a floater of his own, followed by heading to the line on the next possession and sinking one of his two freebies. Williams was responsible for the next two and Innocenti was sent to the line with the Texans down by three. He sank both of his shots from the charity stripe bringing TSU within a single point for the first time all game.

UTRGV missed a jumper and fouled Dario Domingos on the rebound, sending him to the line with the opportunity to tie or take the lead. He missed the first but sunk the second to tie the game at 66 with 3:53 to go. Williams broke through for a layup on the next possession to give the Texans the 68-66 lead.

Trailing 70-66, UTRGV broke its scoring drought with a pair of free throws to cut it to two. The Texans gave the ball to Williams who converted a layup giving the Texans their four-point lead back and taking the air out of the Vaqueros sails. In the final minute, Tarleton closed out the game, connecting on five of its final six free throws to take the 77-73 victory in Edinburg.



COURTESY PHOTO

Tarleton State Men's Basketball outscored UTRGV 33-12 in the final nine minutes of action to secure a 77-73 come-from-behind win Jan. 20 at the UTRGV Fieldhouse.

The Vaqueros controlled the first half leading at the half, 40-26. UTRGV led the entire 20 minutes except for a 2-2 tie. The Texans were unable to find their offensive rhythm with the Vaqueros breaking out to an early 18-8 led. Later in the half, UTRGV used an 8-0 to take its largest lead of the half, 38-18. The Texans closed the half with an 8-0 run in the final three minutes, before the Vaqueros extended their lead to 14 with a bucket in the final minute. The home team relied on

the triple shooting 6-for-15 from behind the arc and forced the Texans to miss all four of their shots from deep. Williams was a bright spot for Tarleton scoring 14 points in the first 20. Gaddy grabbed seven boards to lead the squad.

The Purple and White attempted a Texan WAC record 67 shots while seeing 31 of them fall at a 46.3% rate. The Vaqueros took fewer shots but had a slightly better percentage shooting 25-for-53 from the floor (47.2%). UTRGV

took advantage of its three-point shooters, shooting 11-for-26 from deep compared to the Texans' one-for-11 effort.

The Texans won the battle of the boards, 38-31 and the turnover battle, 15-10. Tarleton blasted in the paint outscoring UTRGV, 46-28. In a change of recent past, the Purple and White shut down opponent second chances outscoring the Vaqueros, 14-3.



Health

• MIND & BODY •



Your Partners in a Strong Recovery

We're here to help you get back to doing what you love.



Physical, Occupational and Speech Therapy
Post-hospital Rehabilitation
Long-term Care

WE ACCEPT ALL INSURANCES, MEDICARE AND MEDICAID

24-hour Skilled Nursing

Director of Public Relations/
Marketing and Hospital Liaisons:
Susie Meelbusch 254-383-2307



300 S. Hwy. 36 Bypass
Gatesville, TX 76528
254-865-7575
www.hillsideml.com

HEART CARE

FROM A

Doctor

You Trust!



**Dr. Daniel Jipescu, DO
Cardiologist**

BIG CITY MEDICINE,

Small Town Care



1507 West Main Street,
Gatesville, TX 76528

CoryellHealth.org
(254) 865-2166

PREDIABETES



COURTESY PHOTO

WHAT IS IT?

(StatePoint)

Type 2 diabetes is a serious condition that affects millions of people across the globe. In the United States alone, more than 37 million people have diabetes, with approximately 90 to 95 percent of those individuals diagnosed with type 2 diabetes.

When a person has type 2 diabetes, their body either doesn't produce

enough insulin or it resists insulin. Without treatment, type 2 diabetes can lead to serious health implications.

Before an individual develops type 2 diabetes, a precursor known as prediabetes may be diagnosed. Johns Hopkins Medicine says having prediabetes means blood glucose levels are higher than normal, even if they have not yet reached

the point that indicates diabetes. Prediabetes is nothing to take lightly, as even this condition can increase risk of injury or illness to the heart, kidneys and nerves.

Prediabetes typically does not show any signs or symptoms. One possible sign, darkened skin on certain parts of the body like the neck, armpits and groin, may be overlooked, states

the Mayo Clinic. Still, of those with prediabetes, 80 percent do not know they have it, according to the Centers for Disease Control and Prevention. Routine physical examinations and bloodwork are a key tool in diagnosing prediabetes and getting people the care they need.

The CDC indicates a fasting blood sugar level of 100 to 125 mg/dL (99 or lower is normal) is considered prediabetes. A level of 126 mg/DL or higher indicates diabetes. The good news is that prediabetes does not need to turn into full-blown diabetes if people embrace various

strategies.

ASPIRE TO LIVE A HEALTHIER LIFESTYLE

Exercising more, losing weight and changing the foods one eats can stop and even reverse the progression of prediabetes, says Johns Hopkins Medicine. A doctor may suggest a diabetes prevention program.

MEDICATION

Medications to lower blood sugar may be prescribed.

MANAGE STRESS

High stress levels may exacerbate hormonal responses and lead to prediabetes. Finding ways to

reduce stress can help.

QUIT SMOKING

There are scores of reasons to quit smoking, and avoiding a diabetes diagnosis is just one of them.

Prediabetes is a serious concern that may escalate and turn into type 2 diabetes if left unchecked. Individuals who are overweight, have large waist sizes, are sedentary, are over the age of 35, and have a family history of type 2 diabetes should talk to their doctors about their own risk for the disease.



**HAMILTON
HEALTHCARE
SYSTEM**

Cardiac Rehabilitation

KEEP IT PUMPING

Hamilton Healthcare System offers a Cardiac Rehabilitation program accredited by the American Association of Cardiovascular and Pulmonary Rehabilitation.

If you or someone you know has had a heart attack, heart catheterization, stent replacement, heart surgery, or has stable chest pain, talk to your doctor or call our Cardiac Rehabilitation department for more information.

Cardiac Rehabilitation has many benefits including:

- Improving cardiovascular fitness
- Lowering blood pressure & cholesterol
- Managing weight with customized exercise plan
- Improving psychological well-being
- Reducing Risk Factors

For more information please call

(254) 386-1675

400 North Brown | Hamilton, TX 76531
www.hamiltonhospital.org

WELCOME



COURTESY PHOTO

Live Oak Baptist Church has welcomed Matthew Hamilton as their Lead Pastor.

LIVE OAK GETS NEW LEAD PASTOR

Greetings! My name is Matthew Hamilton, and I am the new Lead Pastor of Live Oak Baptist Church in Gatesville. I recently moved to Gatesville with my wife, Michelle, and my 4-year-old daughter, McKinley, to become involved in God's work through the church to "make disciples of all nations." I arrived on the field having been trained for ministry through the Master of Divinity Program at New Orleans Baptist

Theological Seminary and through specialized studies at Fresno Pacific University. I have a bachelor's degree in English / Secondary Education from Tarleton State University. I have participated in lay ministry for many years; filled the pulpits of a number of churches in Texas, Louisiana, Oklahoma, and Kansas; and was a pastor of a church in Cimarron, Kansas for 6 years.

My first Sunday as

Lead Pastor of Live Oak Baptist Church was January 7. I am stepping into this role with the knowledge that our congregation is healing after having experienced a fire that destroyed our educational space and fellowship hall. The church has been without a pastor for over a year, is currently without a paid youth minister, and without a paid music minister. There are obvi-

PLEASE SEE **PASTOR** | B10



COURTESY PHOTO

THE LINK BETWEEN SLEEP AND MENTAL HEALTH

(StatePoint)

Sufficient sleep is often an unsung hero of overall health. When people get enough sleep, their bodies are in better position to fend off illness and the rest ensures they have enough energy to tackle whatever challenges they confront.

The American Academy of Sleep Medicine and the Sleep Research Society jointly recommend that adults get at least seven hours of sleep per night. A good night's sleep is often discussed in terms of how it can affect physical health, but adequate rest also can have a profound impact on mental health. Sleep and mental health are intertwined, and the link between the two may be even more significant than was once believed.

SLEEP AND DEPRESSION

The Sleep Foundation notes that sleeping issues have historically been seen as a byproduct of depression. Indeed, the National Center for Biotechnology Information indicates that roughly three in four individuals with depression exhibit symptoms of insomnia. However, the Sleep Foundation reports that growing evidence now indicates poor sleep may induce depression.

SLEEP AND ANXIETY DISORDERS

Data from the National Institutes of Health indicates that one in five adults are affected by an anxiety disorder. The Mayo Clinic reports that feelings of nervousness and fear are hallmarks of anxiety disorders, and such feelings can make it hard to fall asleep. However, a 2013 study pub-

lished in the journal *Neuroscience* found that poor sleep can activate anxiety. In addition, the Sleep Foundation reports that chronic insomnia may be a predisposing trait among individuals who eventually develop anxiety disorders.

SLEEP AND BIPOLAR DISORDER

A 2015 study published in the journal *Sleep Medicine Clinics* found a strong association between sleep disturbances and symptom worsening in bipolar disorder. The study highlighted evidence that suggests sleeping problems worsen or induce the manic and depressive episodes that are a hallmark of bipolar disorder. Researchers believe that successful treatment for insomnia, which would produce fewer sleep disturbances, can reduce the impact of bipolar dis-

order.

SLEEP AND ADHD

The Sleep Foundation notes that sleeping problems are common in people with ADHD. Difficulty sleeping is commonly and correctly seen as a side effect of ADHD. However, the Sleep Foundation indicates sleep problems also may aggravate issues affecting attention and behavior that characterize ADHD.

The link between sleep and mental health is noteworthy. Sleep issues were once believed to be a byproduct of mental health issues. Though that remains true, there's growing evidence that sleeping problems also can exacerbate or even trigger mental health problems. More information is available at sleepfoundation.org.



ITS MANY BENEFITS

(StatePoint)

There has never been a better time to be a reader. Self-proclaimed book nerds and those who look forward to the next book club gathering can rejoice knowing that a good story isn't the only benefit associated with reading. In fact, there are numerous health benefits to cracking a book.

READING SLOWS COGNITIVE DECLINE

Natural aging results in a decline in memory and brain function over time, but reading can help. According to research published in the journal *Neurology*, reading may help slow

that process and keep minds sharp.

READING IMPROVES CONCENTRATION AND FOCUS

Technology draws a lot of attention, and those fast processing times and almost instant gratification can shorten attention spans. Reading requires undivided attention and focus, which can improve one's ability to concentrate.

READING PRODUCES A SENSE OF ACCOMPLISHMENT

Reading anything from a newspaper article to a novel helps people check off measurable goals. When done reading a given

piece, the mental boost from finishing can enhance your mood.

READING IS FREE ENTERTAINMENT

Provided a person gets books from a library or a loaner from a friend, reading is free. It's possible to educate oneself, travel to far off lands or even solve mysteries having making a major financial investment.

READING ENHANCES LITERACY

Frequent reading introduces the reader to new vocabulary and information. This enhances both literacy and intelligence.

PLEASE SEE **READING** | B8



CUTTING DOWN THE RISK

(StatePoint)

Cancer affects people from all walks of life. According to the World Cancer Research Fund International, there were an estimated 18.1 million cancer cases around the world in 2020, and the breakdown was almost even among men (9.3 million) and women (8.8 million).

Great strides have been made in cancer research in the twenty-first century, and that has led to countless lives being saved. Cancer prevention strategies are another potentially lifesaving tool in the fight against the disease. A significant percentage of cancer

deaths could be prevented. In fact, the Prevent Cancer® Foundation reports that research indicates about 50 percent of cancer deaths are preventable with the knowledge individuals have today.

Perhaps the most comforting aspect of cancer prevention is that many of the strategies that can reduce instances of the disease are simple. That means individuals won't have to go to great lengths to include these strategies in their approach to cancer prevention.

AVOID TOBACCO

The link between tobacco use and cancer

has been known for a long time, and the good news is the message touting the importance of avoiding tobacco is working. The American Cancer Society reports that cigarette smoking rates had reached historic lows in 2019. While that's great news, it might not tell the whole story, as consumers now have many other ways to use tobacco, each of which have been linked to cancer. So it's not simply avoiding cigarettes, but also cigars, hookahs, chewing tobacco, vaping products, and more, that is necessary to reduce cancer risk.

PLEASE SEE **CANCER** | B8



SENIORS

Organization reports that at least one in four older adults experiences a mental disorder such as depression, anxiety or dementia. And those figures will likely only grow, as population estimates indicate seniors will make up a greater percentage of the global population in the years to come. Seniors dealing with mental health issues may feel helpless, but there's much they can do to safeguard their mental health.

that is prompting seniors to seek help and offer suggestions that can improve overall health and quality of life. Roundstone Insurance notes that reliance on digital behavioral health tools, including telehealth, was turned to both during the pandemic and ever since, and seniors can utilize such services if they have limited mobility and/or no one to help them make it to in-person appointments.

SOCIALIZE REGULARLY.

A 2019 study published in The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences found that older adults who socialized with people beyond their circle of family and close friends were more likely to have greater positive moods and fewer negative feelings. Unfortunately, a significant percentage of older adults report feeling isolated from others. According to the University of Michigan National Poll on Healthy Aging that was conducted in January 2023, one in three older adults reported infrequent contact (once a week or less) with people from outside their home.

VOLUNTEER.

Many older adults are retired, and while ample free time may have seemed like the ultimate reward after a lifetime of working, many retirees experience a void once their life no longer has the structure that work can provide. According to the independent nonprofit HelpGuide.org, retirement depression can compel retirees to feel as though they miss the sense of identity, meaning and purpose that came with their jobs, which can make some feel depressed, aimless and isolated. Volunteering can help fill the void created by retirement, and the positive mental health effects of volunteering are well-documented. According to the Mayo Clinic, studies have shown volunteering increases positive, relaxed feelings and gives volunteers a sense of meaning and appreciation.

SPEAK WITH A MENTAL HEALTH PROFESSIONAL.

Among the more troubling aspects of the mental health crisis affecting seniors is that the PAHO reports two-thirds of older adults with mental health problems do not get the treatment they need. Speaking with a mental health professional can help older adults in myriad ways. Such professionals can identify the issue

No one is immune to mental health issues, including seniors. But older adults can take various steps to address their mental health and improve their overall health as a result.

TIPS FOR SENIORS TO SAFEGUARD THEIR MENTAL HEALTH

(StatePoint)

The wide-ranging impact and reach of mental health issues garnered considerable attention during the COVID-19

pandemic, when the virus as well as mandates designed to reduce its spread led to increased feelings of anxiety and isolation. Since then, life has returned to normal

for billions of people across the globe, but many people, including seniors, continue to experience mental health issues.

The Pan American Health

READING

FROM PAGE B7

READING LEADS TO HIGHER INTELLIGENCE LATER ON

A study of 1,890 iden-

tical twins in the United Kingdom found that the twins who had early reading skills seemingly

had more positive results for higher intelligence later in life.

READING CAN HELP A PERSON RELAX

Reading may help reduce stress and even

induce relaxing feelings so that a person can drift off to sleep. A 2009 study by Sussex University researchers showed that reading may reduce stress by as much as 68 percent. Furthermore, reading takes a person away from screens (provided they're reading paper books and not

e-books), which can contribute to losing 20 minutes of sleep on average, according to research published in Pediatrics.

There are many reasons to curl up with a good book, as reading is beneficial to both mind and body.

Advertising that WORKS

In a survey of Texas residents, the Texas Press Association found that newspaper advertising remains one of the most effective ways of getting your message to your customers.

85% of Texas adults read print or digital newspapers every month

Of those 85%:

79% get their news online

69% read a print newspaper.

The readers of newspapers, both online and print are:

83% under the age of 65

57% have a household income > \$50K

62% are home owners

63% are college educated

41% have children in the household.

HYDE
MEDIA GROUP



Hood County News

TRI
COUNTY
REPORTER



THE GATESVILLE MESSENGER

CANCER

FROM PAGE B7

SHIELD YOUR SKIN FROM THE SUN

The PCF notes that exposure to the sun's ultraviolet rays causes the most skin cancers. The WCRFI reports that melanoma of the skin is the thirteenth most common cancer in men and the fifteenth most common cancer in women across the globe. Protecting the skin from the sun is as simple as applying a sunscreen with a minimum sun protection factor (SPF) of 30 and covering up when spending long periods of time in the sun. The PCF urges individuals to avoid tanning beds and protect their skin year-round, including in winter.

according to data from the Plant Based Foods Association. A greater reliance on plant-based diets could go a long way toward reducing cancer deaths, as the PCF notes a 2021 study found that three servings of vegetables and two servings of fruit each day reduced the risk of cancer death by 10 percent.

AVOID EXCESSIVE ALCOHOL CONSUMPTION

The PCF notes that alcohol has been linked to cancers of the breast, liver, esophagus, and colon. When consuming alcohol, women are urged to limit their consumption to one drink or fewer each day, while men should limit their consumption to two or fewer alcoholic beverages per day. The science is simple: the more alcohol a person drinks, the greater his or her risk for cancer.

UTILIZE FRUITS AND VEGETABLES IN YOUR FIGHT AGAINST CANCER

The popularity of plant-based diets is on the rise. In fact, retail sales of plant-based foods in the United States increased by 11 percent in a single year between 2018 and 2019,

Cancer prevention is a vital component of a healthy lifestyle, and there are many simple ways people can cut their cancer risk.



PROVIDING EXCEPTIONAL CARE THROUGH THERAPY

BY ALEXANDRA MEELBUSCH
Staff Writer

Hillside Medical Lodge has offered physical, speech, and occupational therapy since its doors opened in 1978, and the need for those services has drastically increased over the last 10 years.

Part of that growth is due to the exceptional care by Jennifer Boyd, director of therapy, and her team of therapists. Boyd said, "I have been blessed through my 15 years here with therapists who support me to fulfill patients' outcomes by being compassionate, caring, and hardworking. I couldn't do anything without my staff."

Boyd studied at Texas Tech University obtaining her general studies degree, and later went to graduate school at Texas Women's University Houston where she earned her master's degree. She began her career at Hillside Medical Lodge as an occupational therapist and then became director of therapy around 2010 and has served her patients for over a decade.

Patient care is a main priority at Hillside Medical Lodge. That includes building relationships with patients and helping them to feel at home during their stay. Boyd says, "I reach out to the patients' families to find out their likes and dislikes, that way we try to fit what they enjoy into our therapy to make it more pleasurable for them."

Home evaluations play a big role in Boyd's patient care as well. Depending on the patient's needs after checking out, she will evaluate their homes, making sure everything is safe and convenient for them to maneuver around on their own without any complications.

It makes Boyd happy to know that what she does is very holistic, meaning when she provides care for her patients, she is also healing the mind, body, and spirit to make her patients better in every way possible. Especially when she sees a patient making the best of therapy. Her oldest patient was 108 years old. Boyd said she was walking down her unit and saw the 108-year-old, who



Hillside's therapy team includes, pictured left to right, Mandy Myatt, COTA, Madeleine Lam, COTA, Cara Bradford, SLP, Jennifer Boyd, OTR/DOR, Eric Alexander, PT, Ethan Perez, PTA, Libia Sabras, PTA, and Makaylee Mueller, OT (not pictured).

HITT PHOTOGRAPHY

was a retired ballerina, doing her version of a plié on the handrails. It warmed her heart.

Boyd stated, "We love seeing our therapy patients able to return home and we hold graduation celebrations for each one."

There are several success stories, but one of the most memorable was a six-time

national roper. The roper couldn't walk when he arrived but walked right out of the building during graduation. Hillside states, "It is an honor to share these moments with each graduate of therapy."

Hillside Medical Lodge is also well known for long-term care as well as short-term. For any questions or

further information, contact (254) 865-7575.

ACTIVITIES TO STRENGTHEN THE HEART

(StatePoint)

The heart is a vital component of the human body. Without a functional heart, life is simply not possible. As with other muscles in the body, it is important to give the heart a workout to improve its strength and vitality. Intermountain Health says an individual who does not exercise is more than twice as likely to get heart disease as someone who does. UCI Health says heart disease is the No. 1 cause of death worldwide.

Exercise is an ideal way to strengthen the heart and reduce your risk for heart disease and other conditions. Certain activities are prime for boosting heart health.

AEROBIC EXERCISE

Aerobic exercise raises heart rate and gets the blood pumping throughout the body. Aerobic activity improves circulation, and over time it ensures the heart does not have to work as hard to pump blood, thus potentially lowering blood pressure. Also, aerobic exercise can reduce the risk for type 2 diabetes and can help those with diabetes to control blood glucose more readily. Aerobic exercises include brisk walking, running, swimming, cycling, playing tennis, and other activities that get the heart pumping. Aim for 30 min-

utes each day, for at least five days a week.

RESISTANCE/WEIGHT TRAINING

Building muscle can help the body burn fat and boost metabolism. This type of training can use weights or the body's own resistance. Improving muscle mass while reducing body fat and excess weight are heart-healthy steps to take.



Strength training can be incorporated into a routine two to three days a week.

BALANCE AND FLEXIBILITY EXERCISES

A person may wonder what flexibility and balance has to do with heart health. While there isn't a

direct correlation to how the heart works, these types of activities will help reduce the risk of falls or injuries to muscles and joints while working out. Inactivity is dangerous for the heart, so ensuring that physical activity can continue is important. Flexibility and balance exercises keep the body limber, and can be incorporated into daily workouts. Stretching, tai chi, yoga, and pilates can be included two or three times a week.

HEALTHY EATING

The foods people eat can affect heart health. Opt for lean protein sources and foods that include healthy fats. Salmon, avocados and olives are some options. Balance these foods with whole grains that are full of fiber, which can help a person feel fuller longer. Fiber also is essential for preventing atherosclerosis, a condition that causes hardening of the arteries.

MEDITATION

Slowing down, performing deep-breathing exercises and meditation can reduce stress. That, in turn, can help prevent damage to the heart.

Strengthening the heart and maintaining its health involves various activities that can be incorporated into daily routines.

Live Oak Baptist Church



Lead Pastor: Matthew Hamilton

"You will seek me and find me when you seek me with all your heart."

Jeremiah 29:13 (NIV)

Come join us!

SUNDAYS

Sunday School at 9:15 a.m.

Worship at 10:30 a.m.

WEDNESDAYS

Meal for Students at 5:45 p.m. followed by Bible Study for ages 4 years through 6th grade and Youth Group for 7th-12th graders

113 FM 107, Gatesville, Texas 76528

DETERMINING YOUR RISK OF A HEART ATTACK FOR JUST \$50



COURTESY PHOTO

You may benefit from a cardiac calcium CT scan if you're between 40 and 70 and at increased risk for heart disease.

Are you keeping score? There is no better time to schedule a cardiac calcium CT scan than American Heart Month. This month and next, Coryell Health is charging half price, or \$50, for patients to find out their calcium scores. Your score can help determine your future risk of having a heart attack or stroke. A cardiac

CT scan of the heart detects plaque or calcium accumulation in the arteries. The higher the patient's calcium score, the more aggressive the treatment will be. "Knowing a patient's cardiac calcium score helps us develop targeted therapy for patients, including allowing us to optimize medications, such as statin dose,

for preventing plaque buildup," Coryell Health cardiologist Dr. Phillip Myatt explains. "Many patients may have otherwise had no idea of their risk." **MORE ON THE SCORE** So, what's so bad about plaque? Plaque is a buildup of calcium and cholesterol on the artery walls that can narrow

blood and oxygen flow. The more plaque in your heart, the higher your risk of a cardiac event. In this scenario, the lower your score, the better. You should get a cardiac calcium CT scan if you are between ages 40-70 and at increased risk for heart disease but do not have symptoms. People at increased risk include those with the following traits:

- HAVE A FAMILY HISTORY OF HEART DISEASE**
- Have a family history of high cholesterol
- Are overweight
- Are or have ever been a smoker

Have a history of high blood pressure, high cholesterol or diabetes

BENEFITS OF KNOWING YOUR SCORE

While advanced CT technology allows doctors to visualize any plaque buildup in a patient's arteries, the calcium score can indicate to the physician that he or she may want to initiate or change preventive therapy to lower your risk.

Don't Risk Waiting
Take advantage of Coryell Health's half-off special for American Heart Month by scheduling your calcium scan

before the end of March! You'll be glad that you determined your risk of developing heart problems sooner rather than later. The test is painless, non-invasive and fast (it typically takes about 20 minutes). You will be able to resume all regular activity immediately after the procedure. You can request that the results be sent to any medical provider, or Coryell Health Cardiology will contact you in an average of 3-5 business days. Schedule your calcium score scan today by calling (254) 248-6238.

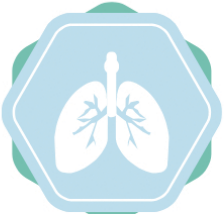


HAMILTON HEALTHCARE SYSTEM

Breathe Better



Hamilton Healthcare System provides a Pulmonary Rehabilitation Program designed to help patients breathe easier and reduce hospitalizations. The program offers education, medical weight loss management, wellness support, physical therapy, custom nutrition, breathing techniques, and more to help patients return to a healthy lifestyle.



Hamilton Healthcare System also offers Pulmonary Function Tests to show how well the lungs are working. If your or your doctor think you can benefit from our Pulmonary Rehabilitation Program, give us a call today!

Goals of Our Pulmonary Rehabilitation Program:

- 1
Decrease respiratory symptoms and complications
- 2
Improve quality of life
- 3
Encourage self management and control over daily functioning
- 4
Reduce the need to smoke
- 5
Improve physical conditioning and exercise performance

For more information please call
(254) 386-1651
 400 North Brown | Hamilton, TX 76531
www.hamiltonhospital.org

PASTOR
FROM PAGE B6

ous obstacles to God's work at and through Live Oak Baptist Church.

However, I am not discouraged or dismayed, because God, my God, the God of Live Oak Baptist Church, is the Great I Am! He is the Almighty! He was, is, and will always be faithful! In Matthew 7:7 Jesus tells us, "Ask, and it will be given to you; seek, and you will find; knock and the door will be opened to you" (NIV) In Jeremiah 29:13, God reminds us, "You will seek me and find me when you seek me with all your heart." (NIV) Rather than being discouraged or dismayed, I am excited to see what God is going to do at and through Live Oak Baptist Church as we ask, seek, and knock. I am excited to see what God is going to do as the truths of His Word are proclaimed and lived out. I am also excited to see what God is going to do as we follow His marching orders to "make disciples of all nations."

Come join us on Sunday for Sunday school at 9:15 a.m. and worship at 10:30 am. On Wednesdays, we currently have a meal for students that begins at 5:45 p.m. The meal is followed by separate, age-appropriate Bible Studies for ages 4 years through 6th grade, and youth group for 7th-12th graders. In the near future, we are in high hopes to offer relevant, weekly Bible Study opportunities for adults.

Live Oak Baptist Church is located at 113 FM 107 in Gatesville.

Get your message HEARD!



Advertise with us

254•865•5212