

The Eagle Democrat

SINCE 1885

YOUR HOMETOWN PAPER

138th Year

Warren, Arkansas, Wednesday, December 7, 2022

No.23



Photo submitted by City of Hermitage

The Spirit of Christmas Pageant was held at the Hermitage Community Center on Saturday. Vendors were on site selling a variety of goods and the city of Hermitage held its annual Christmas parade that evening. The Spirit of Christmas pageant winners are (from left to right): Ava Jackson (Tiny Miss), Addison Scogin (Petite Miss), Brentley Burch (Tiny Mr.), Hazel Robbins (Toddler Miss), Kylie Kendrix (Little Miss), Anna Ross (Pre-Teen Miss), Kehlan Davis (Baby Miss), and Gracen White (Teen Miss).

BCMC Board approves annual hospital policies

The Bradley County Medical Center board went over the annual approvals at their meeting last Tuesday.

There were also policy approvals that were approved. The communication protocols for a nuclear or chemical accident were updated. Changes were also made to the mass casualty plan that was based on the results from the drill they performed in August. The other policies remained similar. The policies that were approved were: nuclear or chemical accident, travel/expense reimbursement policy, mass casualty plan, collections policy, financial assistance policy, BCMC employee discounts on BCMC medical bills, BCMC Sunshine Committee policy, and the Facility EMR Outage Plan.

The following annual approvals were also approved: conflict of interest policy, code of conduct plan, compliance plan, auxiliary policy, Bradley County Medical Center Board bylaws, Bradley County Medical Staff bylaws, medical staff required committees, medical staff officers, home health bylaws, quality improvement plan, financial assistance policy, exposure plan, HIPAA, emergency pre-



paredness manual, and the fire and safety policy and procedure manual.

In regular business, a motion was made to keep the same board officers on the Bradley County Foundation board and the Bradley County Medical Center board.

Controller Matt Pace reported a loss of \$275,000 in October. The hospital had a gross of \$3.9 million and \$1.6 million in revenue. He also said accounts receivable increased. CEO Leslie Huitt said there was a \$519,000 loss for the fiscal year.

Chief Nursing Officer Jamie Wolfe reported there was an increase in COVID cases, but it was not a drastic increase. He also said flu was very active in the community. COVID and flu was impacting the staff with them being out sick.

See BCMC on page 2



The BCEDC heard from Glenn Howie, who talked about the broadband expansion and answered questions from the board.

BCEDC hears broadband updates

By Zach Killian

The Bradley County Economic Development Corporation Board met last Monday for their last meeting of the year before the annual meeting on January 30.

The guest speakers were Glenn Howie, the director of the Arkansas Broadband Office, and Mark Golden, from the University of Arkansas for Medical Sciences (UAMS).

Howie provided updates on the broadband expansion in the county. The state of Arkansas was managing a \$1 billion broadband expansion program that would be mapped out throughout the state. Bradley County received around \$6.5 million in grants for broadband expansion. The state will receive more funds next year with the infrastructure bill that was passed.

Warren Mayor-elect Gregg Reep asked if the city of

Warren was covered. Howie said there was still some problems in the city getting high-speed broadband internet.

Morgan Meeks said she works from home and she has issues with the internet speed in the city limits. She commented it was why she decided not to build a new house because of the internet speeds.

Bradley County Judge Klay McKinney said his main concern with the broadband expansion was cost and affordability.

In regular business, it was reported the funding request of \$20,000 was still being decided by the Warren City Council.

James Wells, Morgan Meeks, and Carlton Davis were named to the nominating committee. They will nominate new board mem-

bers and officers for the annual meeting.

It was reported that deer hunting was being done on the Griggs property when a deer stand was placed without permission. The deer stand was taken down by the city.

Banks mayor Keeton Hudson reported he was waiting to get a grant approval for a water improvement grant.

Judge McKinney said the county received additional funds for the bell tower project. He said they received an extra \$9,000 grant to work on the clock part.

John Lipton reported the intermodal committee had gotten the railroad crossing done after working with Union Pacific on the project.

The BCEDC will have their annual meeting at 5:30 p.m. on Monday, January 30 at the BCEDC Building. There will be no meeting in December.

Decorating for Christmas



Scott Steadman, James Cantrell, and Terrie White set up the toy soldier decorations at the old Martin lot.



The city of Warren employees and members of the Chamber of Commerce decorated the old Martin lot.

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By REV. JIM BALES
Pastor - First Assembly of God
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Reminiscing from the past . . .



Oldtimer's Notebook

By
Robert L. Newton

The publishers of *The Eagle Democrat* have chosen to publish articles from the past *Oldtimer's Notebook* in memory of Robert L. Newton. This article was first published October 25, 2000.

We start home today from a two-week cruise on the Crown Dynasty, a rather new ship built in Spain during the past two years.

The Crown Dynasty normally operates out of Aruba in the Caribbean but on this trip, it started from Baltimore two weeks ago today and wended its way northward up the Atlantic Coast, visiting places like New York City, Newport, Rhode Island, Bar Harbor, Nova Scotia, Newfoundland, and finally down the St. Lawrence River to Quebec.

We stayed in the venerable Canadian city two nights, then retraced our route back to Baltimore.

Crown Dynasty carried about 800 guests and three to four hundred crew members.

We asked for seating at a large table in "second seating", which takes place at eight o'clock at night.

Large tables are preferable to those for only four or six: sometimes you get seated, as we once did, with a gentleman from Taiwan who didn't speak English: his girlfriend didn't either.

We did a lot of gesturing back and forth.

Something noticed on recent cruises: the ever-larger number of elderly people traveling together who just don't happen to be married to each other.

Of course, considering the

age of these folks, there is no real danger of unwanted pregnancies or things of this nature.

We were sure glad, on this cruise, that we brought along jackets and sweaters. The Atlantic, and the St. Lawrence River, can get very coolish in October.

As usual, Canada was delightful: the place is marvelous, save, of course, deep winter when you are buried in snow.

Many Canadians routinely repair to Florida to spend the months of November through April: snowy weather, you know.

Just about the only thing wrong with this trip was the fact that our plane from Little Rock to Atlanta (you have to go to Atlanta to get ANYWHERE) left at six in the morning, meaning we had to be there at five: dark-thirty city.

Still, there was time to catch up on sleepy time on the ship. Food was too fattening, of course.

But we have the winter in which to fast...

What's wrong with trips at this time of year is that you miss Lumberjack football: like the Fordyce game and the McGehee game.

Warren's got some kind of team this year.

New coach Bo Hembree has 'em eatin' up the ground.

He's assisted, creatively, by Alonzo Hampton, the defensive guru who played at what's now Louisiana-Monroe and who earned a graduate degree



Hermitage Junior Rotarians: Reece Reep and Ricky Robinson.



Warren Junior Rotarians: Kailey Henry and Braniya Davis

Junior Rotarians speak at Rotary Club

The Rotary Club of Warren met for its weekly meeting Tuesday, Nov. 29. The group heard from a couple of Junior

Rotarians and also announced that the club had received its first portion of grant money for its project. Braniya Davis,

Junior Rotarian from Warren High School spoke first as Reece Reep from Hermitage High School followed. Next

week the club will hear from Junior Rotarians Kailey Henry and Ricky Robinson prior to the program.

BCMC

Continued from page 1

Wolfe reported also the emergency room had been "extremely busy" with a record number of patients in the emergency room.

Vice President of Support Services Marilyn Johnson reported they purchased white boards. She told the board the BCMC Foundation

Board was planning a fundraiser dinner to raise money for laptops and charge carts for the hospital.

She also reported the thrift store, run by the Auxiliary Board, was doing well. Kids First is also being renovated.

Johnson reported there were maintenance issues they were aware of. She said supply chain issues were affecting maintenance work. The

maintenance department had concerns about the roof and that it needed to be replaced. The board approved for the BCMC to apply for a grant to pay for the roof repair.

The board approved the budget.

There is no meeting in December. The next meeting will be on Thursday, January 26.

there. He's been a protégé of Doug Spencer, the CPA here in town. Hampton played for Barcelona the European champ football team a couple of seasons ago. We were fortunate to have ducats to the Alabama game (fun) and the Georgia game (not fun) a week later.

Former Warrenites Beverly and Steve Loomis accompanied us to the 'Bama game, showing us their handsome new four-bedroom home in Springdale before the kickoff (Dr. and Mrs. J.W. Marsh and their daughters also got to see the handsome adobe).

The Fayetteville newspaperman, Maylon Rice, and his attractive new wife (since last December) Becky, went to the Georgia contest with us.

Becky has a son in the Navy: she is a New Jersey native who works for the J.B. Hunt trucking interests in Springdale. Maylon has three kids: two almost-grown daughters and a 240-pound junior high lineman named Isaac (for his grandmother's brother, Isaac McClellan).

Beverly is back teachin' kindergarten: one of her earlier students was our youngest daughter, 31, now the mother of two down at Crossett.

Steve, a son of the Dick Loomis' of Banks, went to the Warren schools from the seventh grade on and worked at Kroger as a student both here and Monticello. He says H.P. Reeves, the longtime Kroger manager here, was his best boss ever throughout his career.

Steve is a manufacturers' representative: his main customer is Walmart.

Joe Hurley, the Morrilton native, the son of the late Curtis Hurley, longtime publisher of the Morrilton DEMOCRAT, says he is retired now and living in Fayetteville...he works for four days a week for Walmart.

Hurley, a first cousin to the late Jim and Ted Hurley, Warren says he attends the Presbyterian Church in Fayetteville: the church organist is Mark Scobey, youngest of the children of the late John N. and Mildred Axley Scobey. The church minister is the Rev. Norwood Brown, III, a protégé of the Rev. Arthur Fogartie, formerly of Warren, and a native of Pine Bluff, where his dad, the late Dr. Norwood Brown, was a pediatric dentist.

The late Mary Frances Hurley was a cousin too.

Mary Frances first married Carroll Johnson of Gallatin,

Tenn. He died young and she was a widow for over two decades and more before marrying her physician and friend in Gallatin, Tenn., Dr. Blackshear.

Mary Frances was one of the beauties in the class of '44 at WHS: others included Joyce Godwin Moore, Frances Irene Horne, the late Mary Lillian Waites Hilton.

There were others, too.

Some of us, upset with the proceedings, left the Georgia game at Fayetteville in the middle of the third quarter.

Two of us made it to Hot Springs before six: a certified public accountant friend here in town, with his wife, left the game at the same time and they were in Warren at six, thanks to the highway improvements we're all enjoying these days in the Pennington Township area.

Game started at 11:40 and concluded sometime after three.

Up early the other morning, we decided to repair out into West End for an Egg McMuffin as provided by



young Phillips, Jack's son.

Darned good, too.

And we got to see a favorite twosome (they're one, really) Tommie and Buddy Wolfe. You never see one without the other (they're the parents of the elegant Rhonda Maxwell, who goes to our church).

We got a look at Main Street with those new lights aglow, too: most-impressive.

All these proceedings took place ere dawn.

A good exercise, on occasion.

Not too often...



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It's beginning to look a lot like Christmas in downtown Warren with the streets lit up and decorated for the holidays.

BCMC purchases new bathroom chairs



The BCMC Auxiliary recently purchased some new bathroom chairs for the Senior Care Unit. The chairs include a pair of Lumex Steel Drop Arm 3-1 Portable Adult Toilet Seat Bathroom Chairs, an Aquatec Ocean Ergo XL Shower and Commode Chair, and a Healthline Heavy Duty Drop Arm Geriatric Commode Chair. Pictured are members of the BCMC Auxiliary with two of our Senior Care staff members.

Biotech research brought to UAM

This semester at the University of Arkansas at Monticello (UAM), under the direction of Dr. Arturo Quintero Ferrer, students have successfully experimented with tissue culture using potato plants in a biology lab. In 2021, Dr. Quintero Ferrer joined UAM's faculty as an assistant professor of biology in the UAM School of Mathematical and Natural Sciences. His expertise is in genetics and synthetic biology, and one of his research focuses is in plant pathology. He is the owner and CEO of PlanTech, a plant biotechnology lab in Guadalajara in Jalisco, Mexico, which he founded in 2016. The lab offers products and services to the state of Jalisco and is currently working with potato and agave plants, providing growers with certified seed that is lab-confirmed to be pathogen-free.

Dr. Quintero Ferrer previously worked on potato seed certification at the University of Idaho. During the past year, he has brought his expertise to his lab at UAM. His current student lab interns are learning to implement medical and molecular techniques to clone plants. The primary student researchers for the project include Kaylee Beck, an agriculture major from Hamburg, Arkansas, and Macie Carter, a pre-medical biology and biochemistry double major from East End, Arkansas. After purchasing a potato from a grocery store, students attest it in the lab to confirm that it is pathogen-free. Upon confirming that the seed is clean, students establish the plant in vitro by putting it in media to germinate. After germination occurs, students micropropagate, or clone, the clean plant

by cutting it and reestablishing each new piece in the media. This process ensures that each plantlet, known as an explant, that they create from the original potato plant is genetically the same, and the seed can be certified as clean. Dr. Quintero Ferrer has been working for over ten years with certified seed projects. He aims to develop a lab that is self-sufficient, providing academic and economic benefits, explaining, "I would like to create an academic experience that is active. I want students to participate in active learning and be exposed to real-world projects. Working in a lab like this one offers students many opportunities, and they gain hands-on experience that can make them attractive to future employers." He plans to expand the lab's scope to work with Arkansas-grown, state-relevant crops, such as tomatoes and rice. "In the future, we may be able to offer products to growers in the state, such as seed-certified plants, as well as phytopathological services," Dr. Quintero Ferrer said.

Dr. Shuneize Slater, dean of the UAM School of Mathematical and Natural Sciences, stated, "We are very excited about this opportunity for our students and the possibility of future interdepartmental collaboration. It will be an excellent research project for all of us." For more information about this research and the UAM School of Mathematical and Natural Sciences, contact Dr. Slater at 870-460-1116.

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News Briefs

- "Cookies and Cocoa with Santa" will be at the Banks Community Center on 218 North Pine Street in Banks at 6 p.m. on Saturday, December 10. There will be photos with Santa, story time with Mrs. Claus, cookies and cocoa with Santa, and coloring with the clauses. Donations will be accepted for Banks Angel Tree. The event is hosted by the town of Banks.

- SEACBEC will host a public open house and EAST Night Out on Tuesday, December 13 from 5-7 p.m.

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Editorial

Arkansas History Minute

by
Dr. Kenneth Bridges



Samuel West Peel led a life that brought him from destruction to wealth and the halls of Congress. In the process, Peel became the first man born in Arkansas to represent Arkansas in Congress.

He was born into a farming family in Independence County in North-Central Arkansas in 1831. After his mother died in 1835, he and his father moved west to what had been the growing community of Carrollton in Carroll County, where his father remarried and opened a store.

He later became a clerk at the store and also as a deputy circuit clerk to his father, who had grown quite prominent in Carroll County. In 1853, Peel married Mary Berry, and the two had nine children. He grew to be respected in his own right, serving as circuit clerk from 1858 to 1863.

As the Civil War arrived in 1861 and fearful of Union raids into Northwest Arkansas from Missouri or Kansas, Peel quietly hid the county's records in a local cemetery. He soon enlisted in a Confederate unit as a private. He fought at the Battle of Prairie Grove in Washington County in 1862 and eventually rose to the rank of lieutenant colonel.

The inability of either side to maintain order in the last years of the war led to chaos across the region. Bandits ransacked and destroyed the their modest home, forcing the family to spend the end of the war living in a barn. The county records he had worked to carefully store for safe-keeping during the war survived, only to be lost when the new county courthouse burned down in 1866.

Nevertheless, what was a time of trial for so many, the Peels among them, was the beginning of a time of opportunity for Peel. One of his sisters had married a local judge, who allowed him to study law under him and become a practicing lawyer in the county in 1865. He began a law firm in Hindsville and moved to Bentonville in 1867. His wife's brother, future governor James H. Berry, joined him at his Bentonville firm, and the two grew very successful. In 1873, he returned to elected politics and was appointed prosecuting attorney for the region. Voters elected him to a full term later that year.

In 1875, Peel built what came to be known as Peel Mansion on 180 acres in Bentonville. The ornate, fourteen-room mansion became the most renowned home in the city. Most of the 180 acres became a thriving orchard, but the home itself was surrounded by oaks, leading the Peels to simply refer to it as "The Oaks."

He ran for the U. S. House of Representatives in 1880 but lost. However, in 1882, he was elected to the first of five terms in Congress. In Washington, he was a voice against corruption and favored new agricultural research. He served for four years as chairman of the Indian Affairs Committee, often meeting with tribal officials at his home in Bentonville as he lived so close to the Indian Territory. In spite of his work, he lost the Democratic nomination for his re-election in 1892 to Hugh Dinsmore of Fayetteville. He never sought elected office again.

Peel spent his remaining years in Bentonville. After his wife died in 1904, he sold his stately home and moved across town. He continued to practice law until 1915, retiring at the age of 84. He died quietly in 1924. The Peel Mansion and portions of its extensive gardens, however, operate as a museum today. In 1994, the home was placed on the National Register of Historic Places.



Senate Week in Review from Ben Gilmore Senator

Arkansas has been developing a statewide response to the growing health crisis created by Alzheimer's disease and dementia.

During the 2023 session the legislature will consider a series of proposals brought by the Alzheimer's and Dementia Advisory Council, which was created by Act 319 of 2021.

Measures include enhancement of services for caregivers. Many wear themselves out physically caring for loved ones, and many receive no compensation for the long hours they devote to care.

Although most people have heard of Alzheimer's disease, public awareness campaigns are necessary to improve early detection, and educate people about

the early warning signs. Although there is no cure for Alzheimer's, there are treatments that can slow its progression and soften the impact of its symptoms.

State governments began responding to Alzheimer's in the 1980s, and their responses amplified as public health officials became more aware of the wide-ranging effects of the disease.

Alzheimer's is the most common form of dementia, accounting for 60 to 80 percent of all dementia cases. Dementia is a general term to describe loss of memory and mental abilities. There is no single test for Alzheimer's. Physicians rely on blood tests, scans, interviews with family members and tests of memory and cognitive skills.

How a person gets Alzheimer's is not known exactly. The major risk factor is old age. It can run in the family. Obesity, diabetes and cardiovascular disease may be risk factors. That means you may be able to ward off the disease by exercising, keep-

ing mentally active and eating healthily.

The most common early symptom is the inability to remember newly learned information. Other warning signs include difficulty completing familiar tasks, losing things, being disoriented, withdrawal from social activities, no longer being able to plan ahead or work with numbers, changes in judgment and decision making that are out of character and finally, mood swings and personality changes.

In Arkansas, an estimated 93,000 people provide unpaid care to loved ones with Alzheimer's. The majority are women and two-thirds are older than 50, so the physical challenges of caregiving are daunting. The majority of caregivers have been providing care for more than four years.

Caregivers have to leave work early or take time off. They lose benefits and have to turn down promotions. Due to the demands of caregiving, nine percent have had to quit work entirely

and 18 percent have had to leave a full-time job and take a part-time job.

In 2020 about 58,000 Arkansans had Alzheimer's and by 2025 that will increase to 67,000 people, in part because of the general aging of the population.

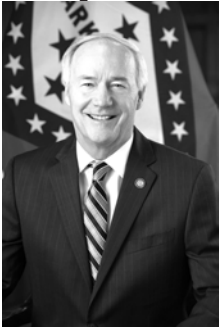
It is expensive to care for Alzheimer's patients, more so than caring for people with cancer and heart disease.

Patients with Alzheimer's and dementia tend to have more incidents entailing higher costs for coronary artery disease, diabetes, strokes, chronic kidney disease and cancer.

Overall, people without dementia don't need care as often for those same medical conditions as do people who also suffer from dementia.

For people 65 and older with dementia, the rate of hospitalization is twice what it is for people who don't have dementia. It is 538 hospital visits for every 1,000 people compared to 266 hospital visits per 1,000 people.

Gov. Hutchinson's Weekly Address



When I ran for Governor in 2014, I wanted to be the jobs governor, and today I'd like to talk about our work to bring firearm industry jobs to our state.

On my first day in office I made calls to six CEOs across the country to recruit them to Arkansas. One of those calls was to Ron Cohen, CEO of Sig Sauer.

Just over one year later we announced that Sig Sauer would be relocating its Elite Performance Ammunition manufacturing operation to Jacksonville. But this wasn't the beginning of the firearms

industry in the state.

In 1969, Governor Winthrop Rockefeller joined Remington Arms to break ground on their new plant in Lonoke. He even proclaimed July 23, 1969, as "A Day to Welcome Remington Arms." The proclamation states, "this multi-million-dollar plant will employ approximately 1,000 people, thereby bringing new prosperity to the community and to the State."

Today, more than 50 years later, that same Remington plant in Lonoke continues to thrive and grow under the ownership of Vista Outdoor, employing hundreds more people than when the plant first opened in the late 1960s.

When I took office I tried to recruit industries that would be mesh with the culture of the state. I knew of the history of the Remington plant and Arkansas's respect of the Second Amendment, so the firearms industry was a

natural fit.

In 2015, I was the only governor to attend the SHOT Show, the industry's leading trade show. Since then, I've taken a delegation from Arkansas every year they've held the event. Governors from states like Georgia, Oklahoma, South Dakota, and Montana have since followed our lead and attended the SHOT Show in an effort to recruit these companies.

Because of our rich history and continued efforts to attract these businesses, we've seen steady growth over the past eight years. While it began in 2016 with Sig Sauer in Jacksonville, that's not where it ended. In 2017, Gamo/Daisy Outdoor, the maker of the legendary Red Ryder BB gun, expanded their production in Rogers. Ammunition manufacturer American Marksman in Searcy and high-end firearm creator Nighthawk Custom in Berryville have also expanded their presence in the

Natural State.

During the pandemic in 2020, Fiocchi of America announced their decision to move primer production to Arkansas. When they made this decision they also acquired some of the assets of Grandeur Fasteners in Danville, which was a supplier for Sig Sauer. Just last month, Fiocchi announced the largest investment in the firearms industry in Arkansas with over \$41 million dollars and 120 new jobs coming to the Port of Little Rock.

The Remington Arms factory that Governor Rockefeller helped bring to our state was also purchased by Vista Outdoor in 2021 and reopened to bring an additional 450 jobs back to the state.

As governor, I focused on job creation and the growth of the firearms industry is a great fit for Arkansas. Now our state is known as a premier destination for the firearm industry.

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Letter Policy

The Eagle Democrat urges all responsible persons to express opinions on any subject of general interest to the community by way of a letter to the editor. Letters submitted for publication must bear the signature, address, and telephone number of the writer and should be limited to 300 words. Letters should be mailed to *The Eagle Democrat*, 200 West Cypress, Warren, AR 71671.



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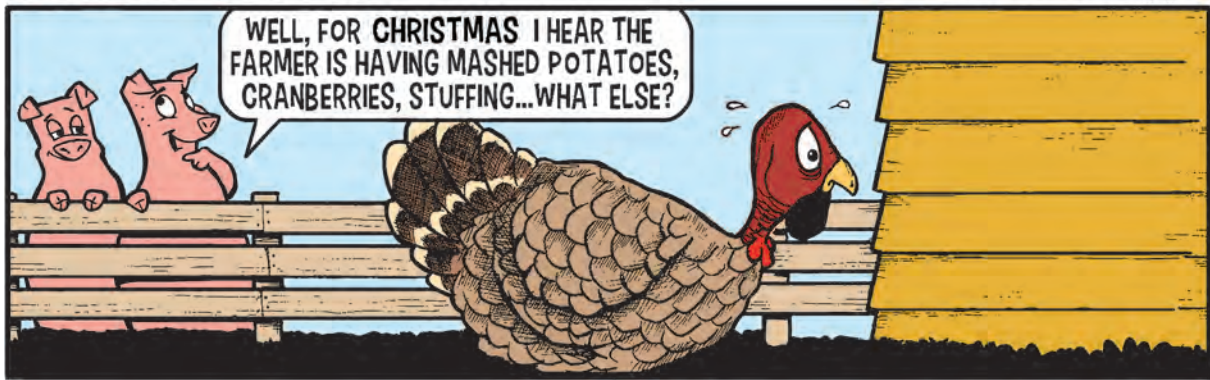
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Family Practice/OB

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Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



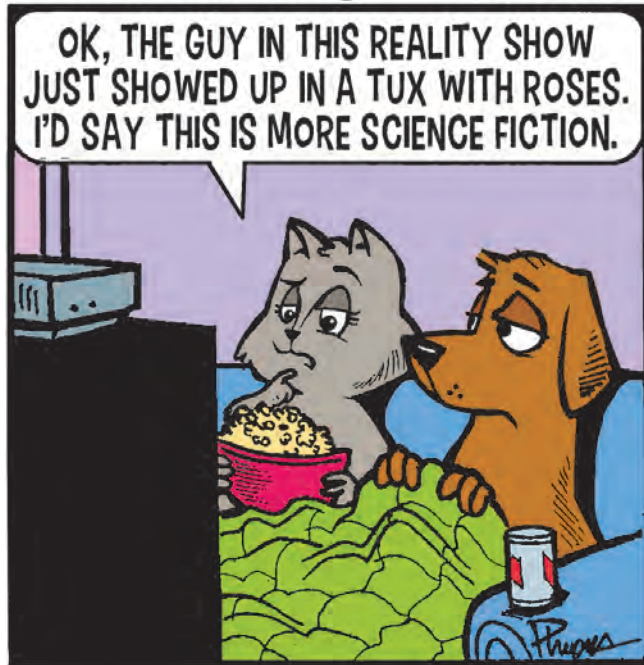
The Spats

by Jeff Pickering



Just Like Cats & Dogs

by Dave T. Phipps



OLIVE



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

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Mean **DINES**

Subtle **INFAT**

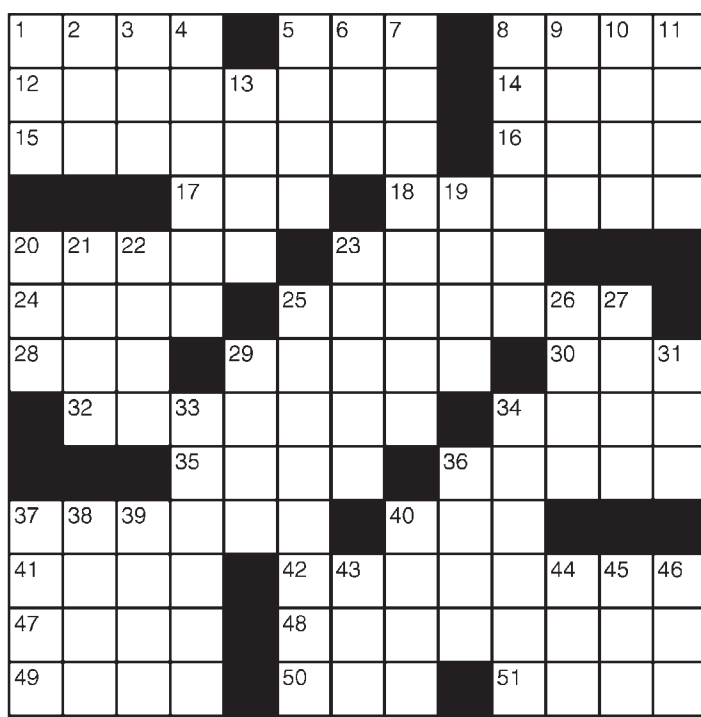
Assist **VERSE**

TODAY'S WORD

King Crossword

ACROSS

- 1 Singer Lovett
- 5 "Ben-Hur" studio
- 8 Beansies
- 12 "Madam Secretary" actress
- 14 Opposite of "sans"
- 15 Very hungry
- 16 Gambling city
- 17 Coq au —
- 18 Painter Georges
- 20 Watched surreptitiously
- 23 Pot covers
- 24 Any time now
- 25 Stuffed Italian pasta
- 28 Boy king
- 29 Doctrine
- 30 NYPD alert
- 32 Gulches
- 34 Potter's medium
- 35 New newts
- 36 Tint
- 37 Import duty
- 40 JFK info
- 41 Portent
- 42 Enraptured
- 47 Theater award
- 48 Eternally
- 49 Variety
- 50 Still, in verse



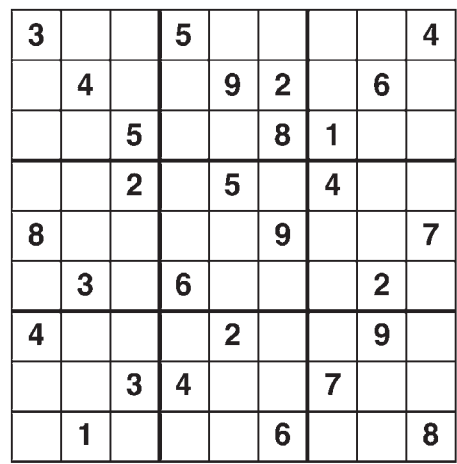
DOWN

- 1 USPS delivery
- 2 Pro vote
- 3 Restroom, for short
- 4 Football team
- 5 Earth circler
- 6 Bearded beast
- 7 Written messages
- 8 Tenor Enrico
- 9 Say it's so
- 10 Elizabeth of "Jacob's Ladder"
- 11 Highlander
- 13 Oklahoma city
- 19 Redact
- 20 Retired jet
- 21 Serve coffee
- 22 Greek vowel
- 23 Highway divisions
- 25 Cheap way to live
- 26 Chorus syllables
- 27 Apple tablet
- 29 Squabble
- 31 "See ya!"
- 33 Like marble
- 34 Great divides
- 36 Commotion
- 37 Grabbed
- 38 Both (Pref.)
- 39 Check
- 40 Divisible by two
- 43 St. crosser
- 44 Weed whacker
- 45 Notable time
- 46 Lair

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

- ◆ Moderate
- ◆◆ Challenging
- ◆◆◆ HOO BOY!

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Trivia test

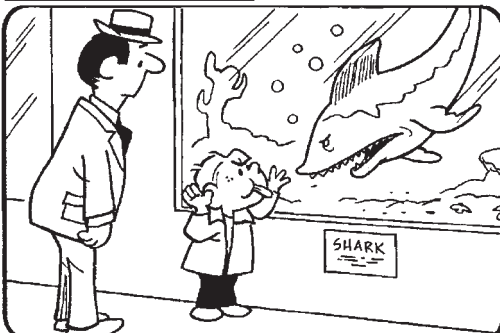
by Fifi Rodriguez

- MOVIES: What does Susan Walker want as a gift from Santa in the movie "Miracle on 34th Street"?
- MUSIC: Which famous rock band once called itself The New Yardbirds?
- GEOGRAPHY: Where is the Thar Desert located?
- TELEVISION: Which TV sitcom's theme song was "Thank You for Being a Friend"?
- FOOD & DRINK: When was frozen food invented?
- MOVIES: Which Disney princess is modeled after a real person?
- ANATOMY: What is the only human organ capable of natural regeneration?
- ANIMAL KINGDOM: What are male and female swans called?
- U.S. STATES: Which state's motto is "Excelsior!"?
- HISTORY: How many people signed the U.S. Declaration of Independence?

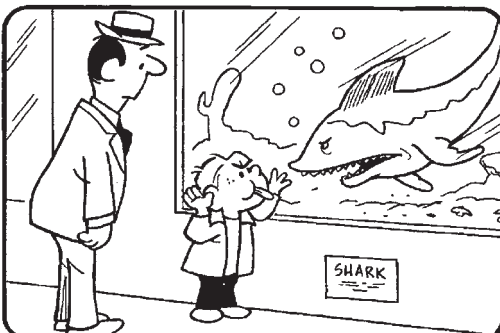
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Hair is different; 2. Pocket is missing; 3. Coral is different; 4. Jacket is open; 5. Shark is moved; 6. Sign is moved.

STARVED

Today's Word

- 1. Warble
- 2. Snide
- 3. Faint
- 4. Serve

SCRAMBLERS

Today's Word

- 1. Warble
- 2. Snide
- 3. Faint
- 4. Serve

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals N

Z VSE'R HDDL RN RCJHR FDNFQD
 XMN ON SCNJEA LSTZEO CNJOM
 ACSXZEOH. RMDK'CD SQQ HN
 HTDRVMK.

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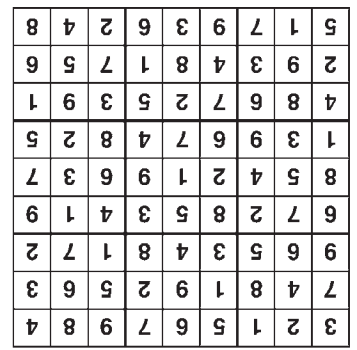
- Answers
- A house.
 - Led Zeppelin.
 - India and Pakistan.
 - "The Golden Girls."
 1924. Clarence Birdseye invented the quick freezing process.
 - Pocahontas.
 - The liver.
 - Cobs and pens.
 - New York ("Ever upward!").
 - 56



Solution time: 22 mins.

Answers

King Crossword



Answer

Weekly SUDOKU

Answers

I can't seem to trust people who go around making rough sketches.

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FEATURES FROM THE BIBLE

TRUTH IN SCRIPTURE


Cain and Abel
Cain and Abel were the first two children of Adam and Eve (Genesis 4).



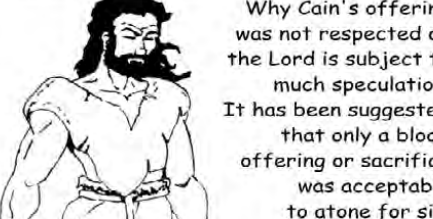
Abel was a keeper of sheep and Cain was a tiller of the ground. Both brought offerings to offer to the Lord.



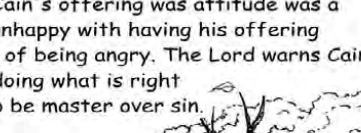
Cain brought fruit of the ground. Abel brought of the firstling of his flock. Abel's offering was acceptable to God. Cain's was not acceptable.



Why Cain's offering was not respected of the Lord is subject to much speculation. It has been suggested that only a blood offering or sacrifice was acceptable to atone for sin.



Others suggest that Cain's offering was attitude was a selfish one. Cain was unhappy with having his offering rejected, to the point of being angry. The Lord warns Cain of the danger of not doing what is right and encouraged him to be master over sin.



Cain did not listen and invited Abel out to the field, where he killed Abel. Thus we have the first murder.
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Warren Middle School Students compete in spelling bee



The winners of the Warren Middle School Spelling Bee are: Addysen Powell (1st place), Aaliyah Ross (2nd place), and Faith Strong (3rd place). Addysen and Aaliyah will move on to compete in the Bradley County Spelling Bee.



Warren Middle School students recently competed in a school spelling bee. Pictured above are many of the studious participants.

Tips for staying healthy during the holidays

As many families resume in-person gatherings this holiday season, it's important to follow health guidelines that keep everyone safe from COVID-19, the flu and other respiratory diseases.

Bryan Mader, extension assistant professor and health specialist for the University of Arkansas System Division of Agriculture, said the first step in staying safe and healthy during holiday gatherings is to encourage friends and family who will be present at these events to get their flu shots and COVID-19 bivalent boosters.

"While we have seen a reduction in COVID-19 cases over the last several months, we are seeing an uptick in the number of flu cases and other respiratory diseases like RSV, which makes the flu and COVID-19 vaccines all that much more important," Mader said.

RSV, or respiratory syncytial virus, is a common cause of bronchiolitis and pneumonia and can be dangerous for infants and older adults, Mader said.

In addition to getting boosted and vaccinated, those who are not fully vaccinated or have a weakened immune system – or are planning to be around friends and family members who have weakened immune systems – should consider wearing a mask indoors when not eating or holding gatherings outdoors if weather permits.

The third and simplest step in staying healthy is washing hands regularly, Mader said.

"We all became professional hand washers during COVID-19, and continuing this practice can help defend against flu, COVID-19, and other respiratory illnesses," he said.

In addition to these steps, Mader said it is also important to stay home when sick, even if it means missing out on time with loved ones.

"As difficult as it might be to miss getting together with

family and friends, if you are sick, you should stay home and plan to make alternative arrangements, such as virtual gatherings, or if possible, reschedule in-person holiday events until recovered," he said.

Avoiding a 'triple-demic'

Mader said "flu season" generally begins in September and lasts through March, though the season can be longer in certain parts of the country.

"As the weather cools down and people are spending more and more time indoors, including at larger holiday gatherings, flu is certainly one of the most common health concerns for this time of year," he said.

COVID-19, which spreads easier than flu, remains a health concern year-round, especially if contracted in conjunction with flu and RSV.

"More concerning still is what has been termed a 'triple-demic,' meaning the combination of flu, COVID-19 and RSV, and the potential for contracting one or more of these diseases at the same time," Mader said. "As we have seen a reduction in COVID-19 cases recently, the number of cases of both RSV and influenza are rising, especially in young children."

By washing hands regularly, getting vaccinated and staying home when sick, one can avoid contracting these respiratory diseases and spreading them to others.

Set health boundaries with "we" approach to health

Gathering with family during the holidays can sometimes include difficult conversations or social interactions, such as a parent not allowing a newborn baby to be held by relatives. Mader said that the first strategy for easing these "sometimes awkward conversations" is to realistically set one's expectations.

"This means understanding and accepting that there

are differences in opinion surrounding health," he said. "Knowing this going into a situation like a holiday gathering is a good place to start."

Mader said he also recommends a "we" approach to health conversations, which means "framing the decisions we make about our health in a way that asks, 'What is best for all of us?' instead of 'What is best for me?'"

Lastly, Mader said people tend to respond better when a health issue is communicated using a story or personal anecdote, rather than "simply providing statistics and figures." For example, if a parent wants to set boundaries around who is allowed to hold an infant, "explaining that a friend or co-worker's newborn became ill after interacting with an ill relative provides some re-

al-world context and gives a tangible reason for denying someone access to your newborn."

Taking the time to consider and communicate one's health boundaries can help set individuals and families up for success – and hopefully less stress – this holiday season.

"I would encourage everyone to set their own boundaries about health decisions, which may be something to consider doing prior to a holiday gathering," Mader said. "Simply setting the boundaries upfront – and letting others know them – rather than in the moment can help to avoid disagreements or hurt feelings."

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UAMS HOUSE CALL



Dr. Daniel Knight is a professor in the Department of Family and Preventive Medicine in the College of Medicine at the University of Arkansas for Medical Sciences.

Q: What are some causes for muscle weakness?

A: Muscle weakness can be caused by many conditions. While it can happen suddenly, it usually develops gradually. It's normal to lose some muscle mass and become weaker with age, usually in your 60s or 70s.

Some medications can weaken muscles as can a bad cold, the flu or COVID-19. A muscle injury can also be to blame. For injuries that aren't too severe, rest, ice, compression and elevation should help.

Muscle weakness can also be a symptom of a serious health condition like multiple sclerosis, with symptoms often including weakness or numbness in

one or both legs and arms. This disease causes the immune system to attack the protective layer surrounding your nerve fibers, which can result in a disruption of communication between the brain and other parts of the body.

A stroke may cause a sudden weakness in muscles, usually on just one side of the body. Other conditions that include muscle weakness as a symptom include heart failure, diabetes and thyroid disorders.

Anyone experiencing unexplained muscle weakness should visit with their doctor.

Americanisms



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— Bayard Rustin

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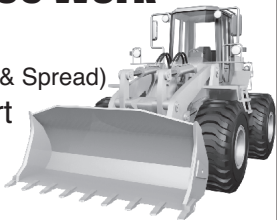
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1. **Black Panther: Wakanda Forever**
(PG-13) Letitia Wright, Lupita Nyong'o
2. **The Menu**
(R) Ralph Fiennes, Anya Taylor-Joy
3. **Homecoming**
(NR) Shahar Isaac, Jonathan Roumie
4. **Black Adam**
(PG-13) Dwayne Johnson, Aldis Hodge
5. **Ticket to Paradise**
(PG-13) George Clooney, Julia Roberts
6. **She Said**
(R) Carey Mulligan, Zoe Kazan
7. **Lyle, Lyle, Crocodile**
(PG) Constance Wu, Scoot McNairy
8. **Smile**
(R) Sosie Bacon, Jessie T. Usher
9. **Prey for the Devil**
(PG-13) Jacqueline Byers, Virginia Madsen
10. **The Banshees of Inisherin**
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Dr. Tabitha Norris



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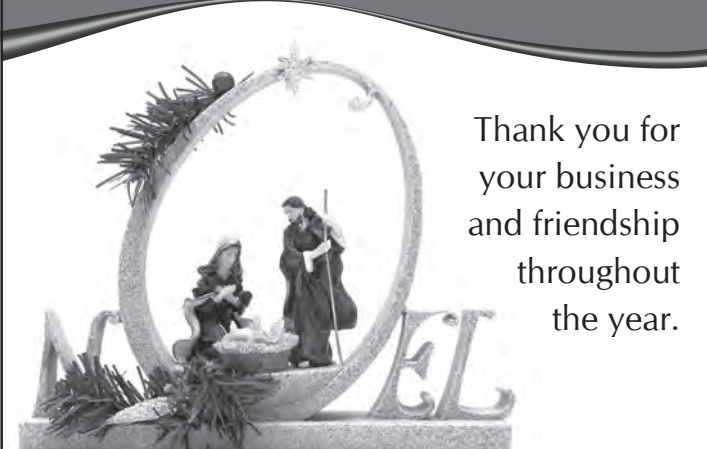


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Merry Christmas



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throughout
the year.

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Americanisms



"Create the highest, grandest
vision possible for your life
because you become what
you believe."
— Oprah Winfrey

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CLASSIFIEDS

WARREN SCHOOL DISTRICT JOB OPENINGS 2021-2022: Certified Job Openings: Elementary Reading Specialist; Eastside Elementary Instructor; Brunson Elementary Instructor; Middle School Instructor; High School Dean of Students/Driver's Education; High School Spanish Instructor. Classified Job Openings: SEACBEC Secretary; Technology Technician; High School Media Specialist Aide/Paraprofessional; Food Service; Paraprofessionals; Bus Drivers. Applications may also be picked up from 8 a.m. to 4 p.m. at the Warren School District Administration Office located at 408 Cherry Street in Warren, Arkansas. Website: warrensd.org. Application and supporting documents may be emailed, faxed, mailed, or delivered to: Warren School District, Office of the Superintendent, P.O. Box 1210, Warren, AR 71671. Ph. 870-226-6738; Fax: 870-226-8531. Email address - catrina.tatum-roberson@warrensd.org, Attention: Catrina.

DOZER, TRACKHOE & BACKHOE WORK - Hauling Gravel, Top Soil and Sand, Clearing, Grubbings, Ponds, Pads, Driveways, Yard Leveling, Drainage, Chicken House Pads. Contact Tracy Rawls, 870-226-7034 or 870-820-1013.

BROWNSTONE APTS. FOR RENT: Remodeled studio apartments, all utilities paid. 870-820-4389.

tfn

LOOKING TO BUY: International 140 Tractors. Call 870-866-7639. Leave message if no answer and will call back.

FOR SALE: Solid oak bookshelf, with three shelves on top and two double doors on bottom with two shelves each. All shelves are adjustable. Measurements are 71" x 76" x 17 1/4 inches. Priced at \$500 and you move. Very solid and custom made. Call 226-2993.

FOR SALE: Hog traps. 4ft x 4ft x 8ft, made out of 3/4 tubing and

cattle panels. Heavy duty. Call Mark at 870-4095 \$600.00

Hermitage Housing Authority is taking applications for a part time Grounds Keeper. (Pays minimum wage) Pick up an application at 900 S. Walnut, Hermitage, AR. Equal Housing Opportunity.

FOR SALE: 1999 Ford Econo Club Van. Only 82k miles. Sold as is. Call 870-226-9036.

MISSING: Keys for a Hyundai is missing between Warren and Monticello. If found contact 870-226-3151 or 870-820-8479.

FOR SALE: Swing set \$25, full size metal head board \$10, Bassinet \$5, fan on pedestal \$5, 12" girls bike \$2, Call 870-226-5396

FOR SALE: Sofa \$25. Call 870-226-5396

FOR SALE: 150-gallon butane tank. Call 870-952-0547.

House For Sale: 4 bedrooms, 1 1/2 bath. Large yard, garage apartment. Warren location- 410 S. Myrtle. Call 870-820-4084

Casa de Venta: 4 recamaras, 1 bana ymedio, yarda grande, garage apartamento. Para mas Informacion, solo personas interesadas. 870-820-4084.

FOR SALE: Firewood. \$75 a rick. Call Don Hamilton at 870-918-5362. 10-12-12tp

For Sale: 1995 Mercedes S320, 160,000 miles, champagne color. Asking \$4,000. For information or to see car, call 870-820-5749.

FOR SALE: One Jack Russell male dog, color black and white with papers. Has had shots and is spayed. Birthdate is 3/22/21. For additional information call 870-820-3113

FOR RENT: 3 bedroom, 2 bath. Water, trash, and Internet included. \$1,000. Security deposit \$600. Located in Warren. For more info, call 602-688-9103.

LEGALS

NOTICE OF BIDS

The Hermitage School District is accepting bids on the disposal of surplus property. Items up for bid include:

- 2000 W&W Stock Trailer (gooseneck),
- 1998 International School Bus (Bus 19),
- 1998 International School Bus (Bus 26),
- 1992 GMC Box Truck, and
- Used Chain Link fencing.

Additional information may be obtained from the Superintendent's Office at (870) 463-2246 between Monday, November 28 and Thursday, December 8, 2022. All items are available for viewing at the district and will be sold in the as-is condition. Bids should be submitted to the Office of the Superintendent, P.O. Box 38, Hermitage, AR 71647. Bids may also be delivered in person to the Superintendent's Office at 310 N. School Drive between the hours of 8 AM and 3:30 PM. Bids must be received by 3:30 PM on Thursday, December 8, 2022 and will be opened in the Board Meeting on Monday, December 12, 2022. It is requested that bids be sealed. The Hermitage School District reserves the right to reject any and all bids, or any part thereof, and to waive informalities or irregularities. 11-23-3tc-h.s.

NOTICE OF PUBLIC HEARING

A public hearing will be held by the Warren Planning Commission at 5:30 pm in the Municipal Courtroom on January 30, 2023 to consider a request for a special use permit for a mobile home at Beavers St. Being more fully described as: Lot One (1) and the East Half (E 1/2) of Lot Two (2) in Block Ten (10) of Lincoln Park Addition to the City of Warren, Arkansas. SUBJECT, however, to all rights-of-way and easements apparent and of record, and all prior leases, reservations, exceptions and conveyances of the oil, gas, coal, lignite and other minerals in, upon, and under said lands.

That property belonging to Dwight and Sandra Atkins.

All persons having any interest in the above mobile home request are urged to attend this meeting.

12-7-1tpSA

NOTICE

IN THE CIRCUIT COURT OF BRADLEY COUNTY, ARKANSAS, 2ND PROBATE DIVISION IN THE MATTER OF THE ESTATE OF ROBERT NEWTON RUSHING, DECEASED NO. 06PR-22-88

Last known Address: 934 Bradley Road 57 County Hermitage, Ashley County, Arkansas Date of Death: July 12, 2022 NOTICE OF APPOINTMENT OF EXECUTOR AND PROBATE OF WILL An instrument dated July 12, 2002 was admitted to probate on October 17, 2002 as the last will of Robert Newton Rushing, deceased, and the undersigned has been appointed executor thereunder. Contest of the probate of the will can be effected only by filing a petition within the time provided by law. All persons having claims against the estate, including claims for injury or death caused by the negligence of the decedent, must exhibit said claims, duly verified, to the undersigned within six (6) months from the date of the first publication of this notice, or they shall be forever barred and precluded from any benefit in the estate.

This notice first published on the 7th day of December, 2022.

Richard N. Rushing, Executor By and Through his Attorney, William G. Almand P.A., ABN 86001, P.O. Box 26049 Little Rock, AR 72221 Tel: (501) 219.8500, galmand@wgalmandlaw.com 12-7-2tcpna

ARREST REPORT

- Martagus Stovall, 28 of Fayetteville, was arrested December 3, for driving on suspended license.



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JOHN BOOZMAN

U.S. SENATOR for ARKANSAS

Growing up in a military family, Richard McKinney learned at an early age about service and sacrifice. These lessons inspired him to follow in his father's footsteps and join the U.S. Air Force after graduating from Greenwood High School.

He trained as an electrician and eventually moved into management with the civil engineering division, but found his true calling when an Office of Special Investigations (OSI) officer said they were looking for new agents. The selection process was rigorous, but it was rewarding.

Throughout his career as an OSI agent, McKinney was involved with investigations that ranged from narcotics and fraud to counterintelligence. He also served on teams to help maintain security for U.S. military programs.

Recalling how commanding officers would charge him to search for leaks about information regarding a unit's operations, McKinney described his special agent duties and career in uniform to my staff as part of the Veterans History Project (VHP), a Library of Congress program preserving the history of our nation's veterans. This collection of former servicemembers' accounts ranging from World War I to the present day is the largest oral history archive in the country.

Arkansas has a storied legacy of brave citizens answering

the call to serve in our nation's uniform. It's fitting their personal reflections will be preserved for future generations, and we're working to ensure more Arkansas veterans are part of this record.

My staff and I have helped expand the collection. We recently hosted Arkansas veterans at the Van Buren Public Library to record their experiences. Soon, the archive will hold the memories McKinney and others who participated in the event shared as part of this initiative.

I'm proud of the work we've done and are continuing to do to encourage more Arkansans to participate by hosting workshops around the state teaching others how to get involved. There is a lot of enthusiasm to honor our veterans by preserving their experiences.

More than 1,200 Arkansans have been trained to participate. Civic organizations, public entities and schools have also joined in this worthwhile endeavor. Arkansas PBS has promoted the program and shared some of the interviews in its archive with the VHP. Arkansans seeking to earn their Eagle Scout badge have arranged interviews and trained volunteers while some schools have incorporated the VHP into their coursework.

The Arkansas Democrat-Gazette recently reported Little Rock Central High School students are now taking part

and have begun scheduling interviews with veterans for submission to the VHP.

It's exciting to know young people around our state are demonstrating an interest in history and honoring the men and women who served in uniform by recording their memories for the benefit of future generations. The personal reflections help us better understand the sacrifice of all who are called to defend our country.

I encourage more Arkansans to join us in the effort to document and preserve the experiences of family and friends who have been willing to give their all. I'm appreciative of those volunteering their time to recognize veterans in this manner.

The VHP is a valuable resource to learn about the realities of war. It's worth exploring the archive to hear the personal stories and dedication of Arkansans and all brave American veterans. The accounts are nothing short of inspirational.

In recent years, communities in our state have made this a special time to recognize our veterans by blanketing national and veterans cemeteries with Christmas wreaths. In that same spirit, we can launch a new tradition demonstrating our thanks and gratitude by sharing the experiences of a loved one's service in uniform.

Just about everything you need can be found in Bradley County. Shop locally and support local businesses in our area.

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- HEALTH, DENTAL, VISION INSURANCE
- PAID HOLIDAYS
- PAID MATERNITY LEAVE

The Garden Bug

Count birds at your feeder

Project FeederWatch Tally Sheet

Project FeederWatch is an ongoing research project of the Cornell Lab of Ornithology and Birds Canada. 4,000 people enrolled when this project began in 1987, and it has grown to 20,000 people in the U.S. and Canada collecting data on the birds visiting their feeders. The information is used to learn more about the current distribution and abundance of birds that exist in North America. - Brenda Weaver

Source: feederwatch.org

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top ten

GREATEST MALE ATHLETES OF ALL TIME

1. Michael Jordan
2. Hank Aaron
3. Wayne Gretzky
4. Babe Ruth
5. Muhammad Ali
6. Pele
7. Jim Thorpe
8. Wilt Chamberlain
9. Jim Brown
10. Lance Armstrong

Source: BleacherReport.com

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Marketing/Admission CNA's all shifts

Chapel Woods HEALTH AND REHABILITATION

1440 E. Church St., Warren 870-226-6766

JOB OPPORTUNITY IN SOUTHEAST ARKANSAS.

Delta Family Center, a psychiatric residential treatment center for adolescents, is looking for qualified individuals to work as a

- COOK •
- BEHAVIOR COACH •

Qualifications: Must be 21 years of age, pass state police and child maltreatment background checks, and possess a high school diploma or equivalent.

Applications may be obtained at:
815 East St. Louis St. • 870-853-4224 • Hamburg, AR
Equal opportunity employer.

Lumberjack and Hermit basketball season begins



Photo by Robert Camp

Lady Jacks open the season with two losses in the Drew Central Mini State Classics tourney. Tessa Andrus drives for a shot to the basket.



Photo by Robert Camp

Lady Hermits entertain Crossett at home last Monday. Crossett won 32-23. Aislin England spots up for a three.

Obituaries

Alejandro Villeda

Alejandro "Alex" Villeda, 33, of Warren, died December 4 in North Little Rock. He was born August 10, 1989 in Warren.

Survivors include his parents, Mauro Villeda and Teresa Trejo Villeda; brother, Andres Villeda "Andy" and wife Elizabeth; sister, Sarah Villeda; nephew, Andrew Villeda and niece, Ellie Villeda.

Funeral will be held at 11 a.m. on December 10 at Grace Covenant Christian Church. Burial will be in Oakland Cemetery by Frazer's Funeral Home

Jerry Lawrence

Jerry Lindsey Lawrence 84, of Little Rock died November 28, 2022. He was born March 17, 1938 in Warren, son of the late Herbert Lawrence and Velma Bradford Lawrence.

Survivors include wife, Carolyn; sons, Jerry Lawrence (Reta) and David Lawrence (Robin); daughter, Elizabeth Dolman; grandchildren, Grace Dolman Peck (Evan) and Emma Dolman.

Graveside service was 2 p.m. Sunday, December 4, 2022 at Oakland Cemetery by Frazer's Funeral Home.

Travaris Clary

Travaris Clary, 29, of Monticello, died November 20, 2022. Born October 30, 1993, a son of Scicily Clary and Vertrell Davis.

Survivors include son, Travaris Clary Jr.; parents, Scicily Clay (Kenneth), and Vertrell Davis; grandfather, Dexter Campbell (Janet); brothers, Dontavia, Kenneth Jr., Raphael, Martgus, Marvontre; and special friend, Taiosha Pettit

Funeral services were held December 3 at St. James AME Church, Warren. Burial in St. John Cemetery, New Edinburg. Arrangements by Hammons Funeral Home.

Elijah Ware

Elijah Ware, 80, of Harrell, died November 23, 2022. Born February 14, 1942, a son of Jessie and Ossie Ware.

Survivors include wife, Ruth Ware; children, Malik, Kevin, Jeffery, Gwen, Phyllis, Bernita and Jacquelyn; siblings, Woody, Celestine, Jessie Mae, Georgia, Glenda, Vivis and Loretta; 25 grandchildren; 55 great grandchildren; two daughters of the heart, Netra and Ashley

Funeral services were held December 3, at Pleasant Grove Baptist Church, Harrell. Arrangement by Hammons Funeral Home.

Deacon Childs

Deacon Leandro "Prunt" Childs, 84, of Warren, died November 23, 2022. Born April 18, 1938, a son of Adelbert Childs and Ada Thomas.

Survivors include wife, Alice Childs; daughters, Henrietta Collins, Jerrilyn Childs and

Kathy Tillman; siblings, Walter Thomas, James Callum, Scicily Clay (Kenneth), and Nancy Floyd and Mary Callum; and seven grandchildren.

Funeral services were held December 4 at New Bethel Primitive Baptist Church, Banks. Burial in Childs Cemetery, Banks. Arrangements by Hammons Funeral Home.

DeWana Runion

Holley Runion passed away on Thursday, November 24, 2022 in Warren. She was born on March 10, 1966 in Warren to Patsy Henderson Holley and the late Jimmy Joe Holley.

Other than her mother she is survived by her son, Justin Wright; daughter, Larra Wright Compton and 6 grandchildren.

Arrangements are by Frazer's Funeral Home.

Brenda Slaughter

Brenda Slaughter, 58 of Warren died November 28. Born on February 10, 1964 in Warren to the late Mack Clay and Elvia Marie Raney Nutt.

Survivors include husband, James Slaughter Sr.; sons, James Slaughter, Jr. (Sarah Beth) and Daniel Slaughter (Lengy); daughter, April Bradley (Chance); brother, Billy Dean Clay, Sr.; sisters, Barbara Clay, and Tammy Deal; grandchildren, Paisley, Dominic, Gabriel, Izzy, Lilli Marie and Carter.

Arrangements by Frazer's Funeral Home.



Photo by Robert Camp

The senior Hermits lost to Crossett last Monday 78-39. John Robert Ellis takes the ball to the basket.

OBITUARY POLICY

The Eagle Democrat publishes obituaries edited to The Eagle's format, up to 70 words, free of charge. All words over the 70 word limit will be charged at a rate of 30 cents per word. Obituaries that are requested to be published "exactly as the furnished copy" will be charged 30 cents per word for the entire obituary. No form of "thank you" will be published within the obituary. No exceptions. The cost to publish a picture with the obituary is \$10.

Miss Merry Christmas



Miss Merry Christmas Tabitha White

Poke Chop New and Used Thrift Store



Miss Merry Christmas Tabitha White stopped by Poke Chop New and Used Thrift Store, owned by her parents Wayne and Hajime White. Stop by and see what items you might find. They also provide various services ranging from small engine repair to tax prep. Wayne and Hajime White wish everyone a Merry Christmas and a Happy New Year.

The Eagle Democrat



The staff at The Eagle Democrat presented a gift to Miss Merry Christmas for her hard work with Paula Herring on getting the photos taken. The staff wish everyone a Merry Christmas and Happy New Year.

Photos by Paula Herring

Tabitha White is the youngest daughter of Wayne and Hajime White of Warren.

She has five older sisters, Majestic, Gwendolyn, Leslie, Elaine, and Elaina.

She was born November 29, 2004 in Pine Bluff, with a birth deformity known as club feet.

"Throughout my life, I have looked upon God and my doctors and I thank them today for helping me receive the life I have today," White stated.

She grew up going to church at Mt. Zion Missionary Baptist Church in Warren where she would sing in the choir with her sisters and listen to the preachings of Pastor Robert Cook.

During the pandemic, the family stopped attending church services in person, but White says that did not alter her faith in God.

"Every morning, I would wake up around 4:30 a.m. to read scripture and pray," White stated. "Now, I wake up around the same time to read, write my opinions about scripture, and then pray. I also read and pray before I go to bed."

This year, I became a member of Second Chance Worship Center West.

"Going to church at Second Chance was a big change for me, but my faith has grown and my mindset has changed," White added.

While attending Warren High School, White was chosen to be a graduation attendant, a Junior Rotarian, a Beta Club member, a member of the track team and an honor graduate. She also received many honors in her five years as a Lumberjack Cheerleader.

After graduating high school, White intends to invest in her own business while in college and travel around the country to teach cheer teams.

"My goal is to stay positive and be a good role model for kids and adults," White added.

First State Bank



The friendly staff of First State Bank welcomed Miss Merry Christmas in for a visit. They welcome you to come by anytime and let them help meet your financial needs. Pictured left to right is: Todd Smith, James Wells, Hugh A. Quimby, Derek Grice, and Jessica Bradley.



Miss Merry Christmas

Warren Bank and Trust



Miss Merry Christmas Tabitha White stopped in at Warren Bank and Trust to visit with them about all the financial needs they provide. Pictured left to right: Nora Pacheco, Cathay Young, Neeley Vance, Tabitha White, Kelly Ashcraft, and Thomas Frazer.

Nancy's Boutique and Florist



Miss Merry Christmas Tabitha White took time to do some Christmas shopping at Nancy's Boutique and Florist. Ms. Nancy Weaver showed her lots of beautiful Christmas flowers and gifts that she has available.

Gannaway Drug



The staff at Gannaway Drug greeted Miss Merry Christmas Tabitha White and showed her their full assortment of Christmas Items, Tyler Candies and Swan Creek Wax Melts. Tabitha visited with Crystal Harrelson, Allison Johnson, Tyler Staten PharmD, Jeffery McGaha PharmD, Isabel Winkle and Jaqueline Solis.

Tony Cathey Realty and Auctions



Miss Merry Christmas Tabitha White stopped by to wish Tony and Kim Cathey, owners of Tony Cathey Realty and Auctions, a Merry Christmas. Go by and see Tony or Kim for all your realty and auction needs. Merry Christmas and Happy New Year from the Cathey's.

Smalling Eye Clinic



Miss Merry Christmas Tabitha White visited with the staff of Smalling Eye Clinic about colored Contact Lens and what she needed to do to be fit for them. Helping her decide on just the right color was Ann Castleberry, Destiny Hearnberger, and Shelby Bars.

Hammons Funeral Home



The staff of Hammons Funeral Home takes pride in serving the families of Bradley County during their time of loss. They want to wish everyone a Merry Christmas and Happy New Year.

Donald W. Reynolds YMCA



Donald W. Reynolds YMCA's CEO David Richey took time out of his busy schedule to visit with Miss Merry Christmas Tabitha White and tell her about all the fine programs that they offer to our community.

Robert Milton Accounting



Tina Milton and Taylor Curry, from Robert Milton Accounting, are available to assist your accounting needs for both individuals and businesses. They wish everyone a Merry Christmas and Happy New Year.

Miss Merry Christmas

SuperValu



The Staff at SuperValu showed Miss Merry Christmas all the delicious fresh cut meats and cheeses they have in stock for all your holiday gatherings. She was greeted by Madison Nickolson, Anthony Brown, Connor Horton, Jeffery Dawkins, JoJo Harrison, Colton Davis, Nacole Allred.

Warren Motor Supply



Miss Merry Christmas stopped by Warren Motor Supply on her tour of businesses. They would like to wish everyone a Merry Christmas and a Happy New Year. Come by and see them for all your vehicle part needs.

Farm Bureau Insurance



Reid McKinney, Lindsey Belvadresi, and Mickey Cathey of Farm Bureau Insurance visited with Miss Merry Christmas about all her insurance needs. They wish everyone a very Merry Christmas and a safe and Happy New Year.

Clearwater Paper Products



Clearwater Paper Products specializes in tissue and high-quality board products. Miss Merry Christmas Tabitha White stopped by their office where she learned that all their products were made using fiber from responsibly-managed forest. They wish everyone a Merry Christmas and Happy New Year.

Johnson's Hardware



Darrell Harvey Jr., of Johnson's Hardware, showed Miss Merry Christmas Tabitha White all the hunting supplies and deer corn they have in stock for the hunting season. They wish everyone a very Merry Christmas.

Johnson's Quick Lube



Johnson's Quick Lube wants to wish everyone a Merry Christmas. They are here and ready to serve you. When your vehicle needs an oil change, come by and see the friendly staff and they will fix you up quickly while you wait in your vehicle. Pictured are Luis Franco, Justin Johnson (owner), Jonathan Smith, Hunter White, and James McCloud.

The Mad Butcher



Miss Merry Christmas stopped by The Mad Butcher and visited with manager Patrick Marshall. The Mad Butcher has everything you need for your holiday meals this season. They have everything from fresh meat and produce to hot deli meals, including delicious fried chicken.

E&M Tire and Lube



E&M Tire & Lube provides a variety of services for your vehicle including tires repair and replace, oil changes and other minor repairs. Miss Merry Christmas enjoyed visiting with Nick Mann/owner.

Miss Merry Christmas

Harold's Processing, LLC



Harold's Processing LLC processes deer, cows and farm-raised pigs. They also have a wide variety of steaks, hamburger, sausage, and specialty ideas for purchase in their store. Come out and see Daniel and his staff for all your holiday meats and processing needs. Miss Merry Christmas is pictured with Daniel Robinson/owner. Daniel and his staff would like to wish everyone a Merry Christmas and Happy New Year.

Two Rivers Outdoors



Miss Merry Christmas Tabitha White stopped in at Two Rivers Outdoors and checked out all the rifles and shotguns they have in stock for the hunters on her Christmas list. If you have outdoorsmen on your Christmas list stop by and let them help you find that perfect gift.

Sonic Drive-In

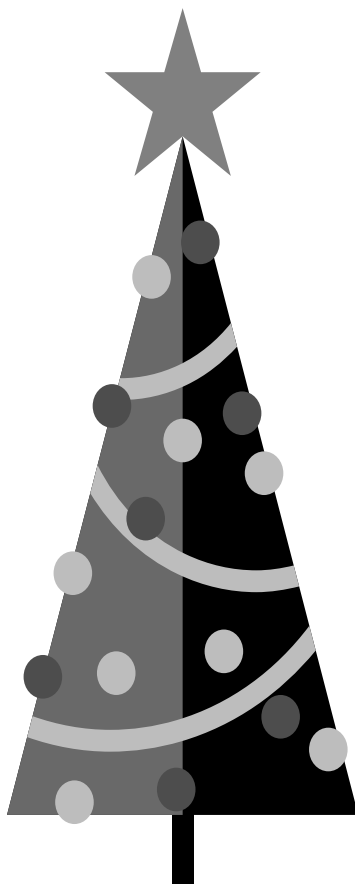


After a busy day of picture taking Miss Merry Christmas stopped by Sonic Drive-in for a refreshing drink. Her drink was delivered by one of the Sonic Drive-In friendly staff, Penolia Penister.

James Glass and Body Shop



James Glass & Body Shop can put your vehicle back together after an accident or replace your windshield after those rock pecks have destroyed it. Come by and see them next time you need glass or body work done on your vehicle. Miss Merry Christmas was welcomed by Asher and Arielle Weaver, the youngest children of owners Bobby and Jamie Weaver.



ESCO Termite and Pest Control



Miss Merry Christmas visited the office of ESCO Termite & Pest Control. She was welcomed by Owner Kim Tillman and his grandchildren Dalton Jester, Jaylee Jester, and Ozzy Jones. For all your pest control needs call ESCO. Kim and her staff wish all of their customers a very Merry Christmas and a Happy New Year.

Mitchell's Lumber & Hardware



Miss Merry Christmas stopped by Mitchell's Lumber & Hardware and picked out a new Bad Boy zero turn mower to add to her Christmas List. Mitchell's would like to wish everyone a Merry Christmas and Happy New Year.

Merchants and Planters Agency



The staff at Merchants & Planters Agency would love to help you with all your insurance needs. They can help you find a plan that suits your personal or business needs. Pictured with Miss Merry Christmas: Starr Richey, Robin Hairston, Julie Ashcraft, Whitney King, Ron St. John, Kayla Boyd, Jennifer Jarvis, Roger George, Beth Langdon, Lori Davis, and Kristin Emridge.

Marsha's Pastime



Miss Merry Christmas Tabitha White stopped in at one of Warren's newest shops, Marsha's Pastime and found lots of unique and one of a kind gifts for Christmas. She was greeted by Sandra Barnett, Sharon Young, and Marsha Berry/Owner. Merry Christmas from Marsha's Pastime.

Miss Merry Christmas

U Smell Good Fashions



Come by and see all the special things they have at U Smell Good Fashions. They have colognes, ladies & men's fashion clothes and shoes. They can help you pick out something special for the people on your Christmas List. Miss Merry Christmas had a good time visiting with K'Mora Sumler and Ja'Vondric Beavers.

Donut Palace



Miss Merry Christmas Tabitha White picked up some delicious donuts for breakfast from the Donut Palace. She was greeted by Phary, Saw, Mummum, and Mao. They hope everyone has a Merry Christmas and a Happy New Year.

Robert's Welding and Heavy Duty Parts



Robert's Welding & Heavy Duty Parts offers a full line of heavy duty parts and equipment repair. Alex Villeda visited with Miss Merry Christmas about all the parts and services they offer. The staff wishes everyone Merry Christmas.

Lumberjack Farm and Ranch



Miss Merry Christmas stopped by Lumberjack Farm and Ranch and was welcomed by owner Tracy Savage, Josie Hargis and Dolly. They would like to wish you a Merry Christmas and Happy 2023.

Frazers Funeral Home



Frazers Funeral Home has served Bradley County for decades and has helped families in their time of mourning. Miss Merry Christmas was greeted by Kim McGaha and Elizabeth Britton. The staff at Frazer's wishes everyone a Merry Christmas.

Select Concrete



Miss Merry Christmas visited with Gary Pruitt, of Select Concrete. In need of a load of Concrete? Call Select Concrete and let them bring it to you. They wish everyone a Merry Christmas.

Nana's Cafe



Miss Merry Christmas Tabitha White started off her day with an early morning breakfast and visit with the owners of Nana's Cafe. They serve breakfast Lunch and Dinner. Pictured is left to right: Jane Franco, Tabitha White, and Franco.

Russell's Body Shop



The team at Russell's Body Shop is available to tackle any and all vehicle needs you have. Stop by and see them next time your vehicle needs a repair. Pictured with Miss Merry Christmas are Tommy Best, Bart Russell, Sam Russell and Basco. Merry Christmas from Russell's.

Miss Merry Christmas

B&M Automotive



B&M Automotive offers brake, tires, alignment, and vehicle repairs. They also do historic restorations on antique vehicles. They wish a Merry Christmas and Happy New Year to everyone.

Chapel Woods Health and Rehab



Miss Merry Christmas Tabitha White stopped by Chapel Woods Health & Rehab to wish all the residents and staff a Merry Christmas. Tabitha was greeted by Vanessa Wheeler, Christina Marshall, Shannon Marlar, LaTasha Jones, Margaret Norris, Kenisha Hoard/Admin, Ja'Ton Oglesby, Chastity Clary and Jessica Jones.

Gardner Body and Glass Shop



Michael Gardner, owner of Gardner Body and Glass Shop would like to wish everyone a Merry Christmas. Michael and his staff are there to serve you with all your vehicle body repair and windshield replacement needs.

El Ranchito



El Ranchito serves delicious authentic Mexican cuisine. Rigoberto Bocel and Wilson Castro welcomed Miss Merry Christmas in and invited her to enjoy some delicious food. They would like to wish all their customers a very Merry Christmas and Happy New Year.

Tri-County Title Company, Inc.



Miss Merry Christmas stopped by Tri-County Title Company, Inc. to wish them a Merry Christmas and was welcomed by Judy Garrett and Megan Watt. They wished all their clients a Merry Christmas and Happy New Year.

C2 Floor & More, LLC



C2 Floor & More, LLC is available to help with any flooring needs you have this holiday season. Miss Merry Christmas visited with Alaina Burns and Faith Cox about all flooring options they have available and picked out her favorites. The Cox family would like to wish everyone a Merry Christmas.

Representative Jeff Wardlaw



Representative Jeff Wardlaw would like to thank everyone for their votes and support during the recent election and wish everyone a very Merry Christmas and Happy New Year. Pictured with Miss Merry Christmas is Army Strickland, with Mallard Medical.

Union Bank and Trust



Miss Merry Christmas stopped by Union Bank and Trust to ask for financial advice before heading off to college. The friendly staff at Union Bank and Trust would like to wish everyone a Merry Christmas and invited everyone to stop by and see them for all your financial needs. She was welcomed by Brenda Gonzalez, Ana Angeles, Connie McKiever, Tara Smith, and Randy Rawls.

Miss Merry Christmas

Barton & Roper



The legal team at Barton & Roper is ready to help you with your legal needs. Come see how they can assist you. Miss Merry Christmas Tabitha White enjoyed her visit with their Attorneys and staff: Sandra Langford, Manda Robinson, Attorney Ben Barton, Becky Branch, Rexann Boothe, Attorney Ricky Roper, Joan Jones, and Attorney Whit Barton. Not pictured Tonya Bryant.

Golden Girls



Miss Merry Christmas stopped by Golden Girls to visit with Cathey Rice/owner and sample some of her delicious food. Golden Girls provide meals that range from sandwiches to delicious fried fish plates. Ms. Rice and staff hope everyone has a Merry Christmas and Happy New Year.

The Medicine Cabinet



The Medicine Cabinet has lots of Christmas gifts to help you fill your Christmas list. They are also available to provide quality pharmaceutical services for all your pharmacy needs. Miss Merry Christmas enjoyed her visit with Tanisha David, Dana Orton, pharmacist Ashley Lucky, and pharmacist Lauren Lynch. They wish all their customers a Merry Christmas and Happy 2023.

Redneck Gourmet



It is time for all those Holiday parties. Come by and see the Redneck Gourmet, Doug Thornton, for your catering needs. Doug wishes everyone a Merry Christmas and Great 2023.

Emrich & Scroggins



Miss Merry Christmas stopped in at Emrich & Scroggins to wish them a Merry Christmas. Emrich & Scroggins is there to help you with all your accounting needs. Come by and visit with Janie Thomason and Leslie Adams and see how they can help you. They want to wish everyone a Merry Christmas.

Bradley County Chamber of Commerce



Miss Merry Christmas stopped by the Bradley County Chamber of Commerce and met with James Wells/Vice President and Terrie White, President and Executive Director. She learned about all the local businesses that make up the Chamber of Commerce. They would like to wish all the residents of Bradley County a Merry Christmas.

Angela Marshall Insurance



Miss Merry Christmas Tabitha White stopped in to wish Angela Marshall and Lauren Jackson, of Angela Marshall Insurance, a Merry Christmas and receive a free quote on all her insurance needs.

Hooper's Body Shop



Miss Merry Christmas Tabitha White stopped by Hooper's Body Shop and visited with James Hooper, Tia Hooper, and Lee Smith. Mr. Hooper and his team are available to help you with any vehicle repairs you need. They want to wish everyone a Merry Christmas.

Miss Merry Christmas

Torres Tire



Miss Merry Christmas was welcomed at Torres Tire (formerly Warren Tire) by Jeziel, Jose, Lily, Angel, and Everardo. They would like to invite everyone to come by and visit with them for all your tire and vehicle service needs. Marcos Torres is the owner.

Timber Logistics



Miss Merry Christmas Tabitha White stopped by Timber Logistics during her tour of Warren. They would like to wish everyone a Merry Christmas and Happy New Year. Pictured left to right: Dakota Taylor, Joe Huit, Michael Stanfield, Clint Horn, Alleyssa Horn-Taylor, Allana Horn, Stacy Parker, and Reagan Parker.

Bella Grace



Bella Grace welcomed Miss Merry Christmas into their store where she found lots of stylish clothes to add to her Christmas wish list. They have clothes, jewelry, shoes, and more. Come shop with India McDougald, Dana Herring, and Sandra Gatling today. Merry Christmas from the staff at Bella Grace.

W&A Auto



W&A Auto has been serving Southeast Arkansas auto needs for over 30 years. They offer quality auto repair and parts. They are also an authorized dealer for American Steel Carports Inc. Miss Merry Christmas was greeted by owner Eddie West and his lovely granddaughter Halen. They wish everyone a Merry Christmas and Happy New Year.

Stella's Girl



Miss Merry Christmas Tabitha White looked around Stella's Girl to see what she could find to wear to those Christmas Parties she will attend. They have everything you need to dress for those holiday gatherings. Come by and visit with Laura Wagnon/Owner and Melissa Wilson and let them help you pick out that perfect ensemble. Laura wishes all her many customers a Merry Christmas.

Arkansas Superior Federal Credit Union



Arkansas Superior Federal Credit Union would like to wish all their members a Merry Christmas and Happy New Year. Pictured with Miss Merry Christmas Tabitha White is Greg Morman/CEO.

Mayor Denisa Pennington

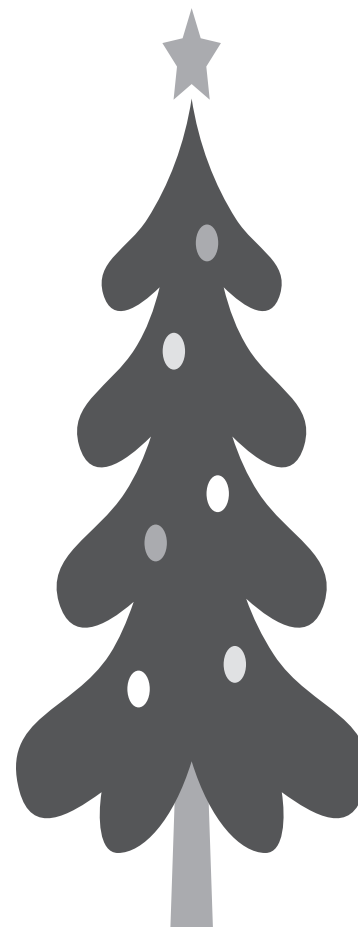
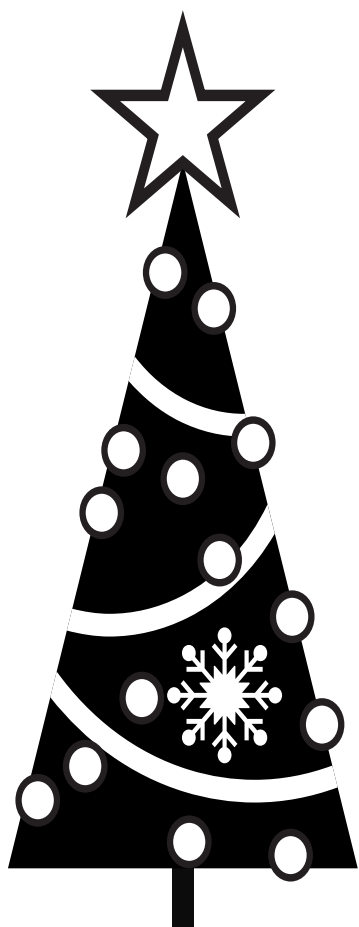


Miss Merry Christmas Tabitha White visited with Mayor Denisa Pennington to wish her and all the city employees a Merry Christmas. The city of Warren hopes everyone has a Merry Christmas and Happy New Year.

New Outlook Counseling



Merry Christmas from New Outlook Counseling. Miss Merry Christmas is pictured with Alleyssa Horn-Taylor, owner/counselor. New Outlook Counseling offers treatment to clients throughout the area for a wide range of mental health concerns. They are located at 810 W. Pine Street in Warren.



Miss Merry Christmas

Alon Food Mart



When starting on your holiday trips, stop by Alon Food Mart to fill your tank and go inside and pick out some snacks and drinks to take along with you. Karan Sinha was there to help assist Missy Merry Christmas with her selections.

Burgess Sales & Service



Miss Merry Christmas stopped by Burgess Sales & Service to visit with Sandra Williams, Mike Williams, Christina Forrest, and Vivian Stucks. Burgess Sales & Service sells all the new farm equipment and service what they sell as well as other machines and farm equipment. They wish everyone a Merry Christmas and Happy New Year.

Robertson's Smokehouse



Miss Merry Christmas was greeted by Cassandra Belin when she stopped by to have lunch at Robertson's Smokehouse. Robertson's has a variety of meats such as pulled pork, brisket, smoked sausage, and more to choose from their menu. The owners, Cody and Jana Robertson, and their staff wish everyone a Merry Christmas.

WINTER WORD SEARCH



- | | | |
|--------------|----------------|-----------------|
| Candles | Festivus | Shopping |
| Celebrations | Hanukkah | Sleigh |
| Christmas | Humbug | Snow |
| Cookies | Kwanzaa | Stockings |
| Decorations | Menorah | Traditions |
| Dreidel | New Year's Eve | Trees |
| Excitement | Parties | Winter solstice |
| Family time | Presents | Wintertime |
| Feast | Reindeer | Wish lists |
| Festivals | Santa | Wrapping paper |

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Gifts for Seniors Who Have Everything

By Matilda Charles

Seniors have acquired so much "stuff" over the years that we have nearly everything we need ... and more. If you've held off buying a gift for a senior in your life because you don't know what to get someone who already has everything, here are a few gift ideas that would be most welcome.

— Coupons for cab rides or gift certificates for restaurant meals, laundry services, auto detailing, spa day or hair salon services.

— Gift basket created especially for your seniors, such as gourmet food, cheese, jams or chocolate. Or, consider a subscription to a quarterly or monthly gift club. Options range from fruit baskets or flowers to bacon, coffee and cigars.

— Pay for a year of cable TV, the daily newspaper, magazine subscription or Netflix.

— Two tickets to a play or other event where you'll accompany your

senior or a pair of movie passes so your senior can take a friend.

— Pay for a senior's lifelong learning class, either at the senior center or nearby university, and arrange for transportation.

— Put together a box of useful things, like stamps, note cards, address labels, batteries, razor blades and calendar with large print. Include a list of important phone numbers printed out in a large font that can be taped to the inside of a cupboard door. (Keep the file and make changes whenever your senior needs to update it.)

— Make single serving meals for the freezer.

— Don't leave out your own participation and that of your children. A small coupon book full of services you can do year-round, such as cleaning, painting a room, weeding the garden, raking leaves and checking expiration dates on food in the cupboard — all will be appreciated.

What do seniors really want most? The gift of your time.

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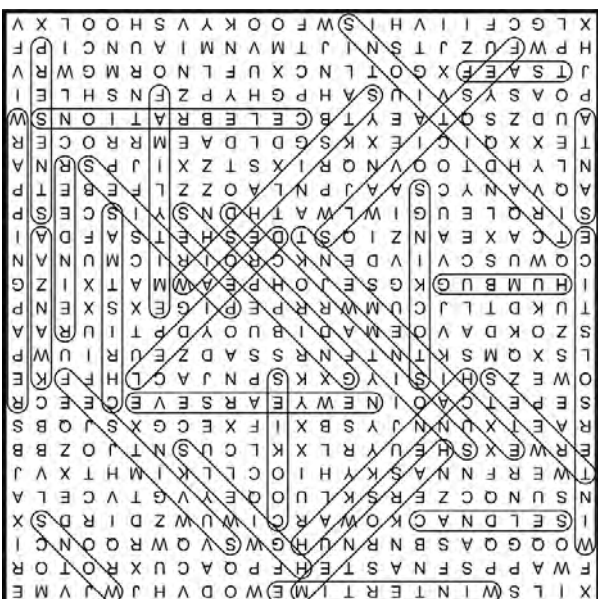
2022 HOLIDAY SHIPPING DEADLINES

Between the astronomical rise in online shopping and workforce shortages, it's more important than ever to mail and ship early!

| | Coast to Coast | Cutting It Close | Where To Take It | Contact |
|----------------------------|--|---|---|---|
| U.S. Postal Service | First-class letters and cards, plus ground parcels by Dec. 17. | Priority (1-3 day) service by Dec. 19 Express Overnight by Dec. 23 | Your local post office. Use usps.com to order supplies, print postage and arrange pickup. | www.usps.com |
| UPS | Dec. 15 (for ground service); check ups.com/ctc for exact dates | Ship 2-Day Air by Dec. 21 or Next-Day Air as late as Dec. 22 for delivery by Friday, Dec. 23. | UPS Stores nationwide. Visit ups.com or call to find a location or to schedule pickup. | www.ups.com ; 1-800-PICK-UPS |
| Fed Ex | Dec. 14 for all FedEx Ground packages (12/8 for economy). | Express by 12/20; 2-Day Air by Dec. 21; Same-day packages go on Dec. 23. | Any FedEx Office location or FedEx authorized shipper. | www.fedex.com ; 1-800-GO-FEDEX |

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WINTER WORD SEARCH



Miss Merry Christmas

Plug Into These Electrical Safety Hints From the Experts

ESFi offers Twelve Holiday Safety Tips to keep your home protected from household electrical fires during the season of decoration.

1. Keep decorations at least 3 feet away from heat sources — especially those with an open flame, like fireplaces and candles. And remember to blow out your candles when you leave the room or go to sleep.

2. The best decorations are safe decorations, so when you are decorating, make sure not to run cords under rugs or furniture, out of windows, or across walkways and sidewalks.

3. If you have a natural Christmas tree water it to keep it fresh and safe. Real trees can dry up and turn into kindling in no time at all. Get rid of the tree after Christmas. Dried-out trees are a fire hazard and should not be left in the home or garage.

4. Always turn off your decorations when you leave your home and when you're sleeping. Most deadly fires happen while people are asleep.

5. Be mindful of how you are using electrical outlets. If you're using extension cords or adapters that add receptacles, consider having a qualified electrician add more outlets to your home. Extension cords are a common cause of home fires.

6. Only use electronics in dry areas. As tempting as it is, you just can't decorate your aquarium with icicle lights.

7. Remember that phones and tablets should stay on your nightstand. We all love falling asleep to the muffled crooning of Bing Crosby and Michael Bublé, but overheated electronics under pillows and blankets are dangerous.

8. Need a perfect gift idea? How about a smoke alarm? Every home needs a working smoke alarm in each bedroom, outside sleeping areas, and on every level, including the basement. And remember to test your own to make sure they're working.

9. If you're using a space heater, switch it off before leaving the room. It only takes seconds for a fire to start if a space heater tips over or comes in contact with something combustible, like a blanket or curtains.



Photo by Thalia Ruiz on Unsplash

10. Inspect your decorations and discard any that are damaged or worn out. Talk to your aunt about that life-sized Elvis-dressed-as-Santa statue — it's falling apart, it's creepy, it's got to go.

11. Keep batteries stored safely in their packaging and out of reach of anything that might try to eat them, like small children and pets. Eating a battery can be deadly.

12. The best gift for your family is to upgrade to arc-fault circuit interrupter breakers or outlets. It is estimated that half of the electrical fires that occur every year could be prevented by AFCIs. All upgrades should be completed by a qualified electrician.

Visit esfi.org for a ton of information on keeping your home and workplace safe. The Electrical Safety Foundation International (ESFI) is the premier nonprofit organization dedicated exclusively to promoting electrical safety at home and in the workplace.

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Christmas Carol Criss Cross

ACROSS

2 "Good King ___" (9)

7 "Rudolph the Red-Nosed ___" (8)

9 "___ the Halls" (4)

11 "We ___ You a Merry Christmas" (4)

12 "Away in a ___" (6)

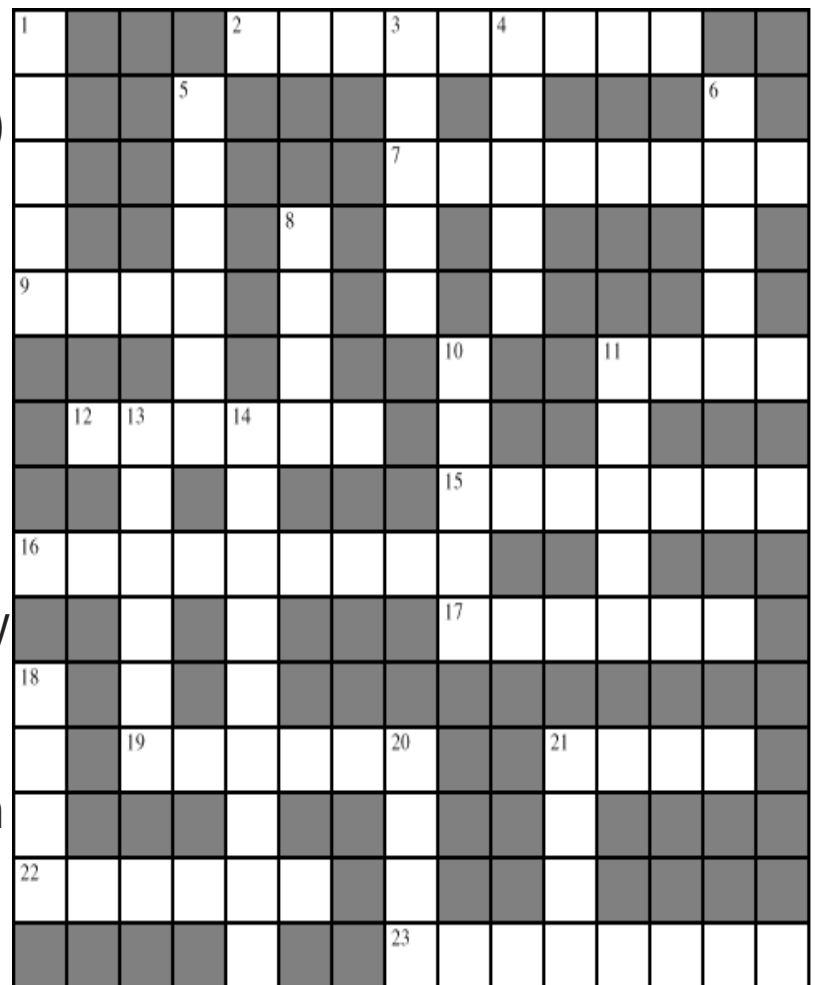
15 "Feliz ___" (7)

16 "It's ___ To Look a Lot Like Christmas" (9)

17 "___ Night" (6)

19 "___ Ride" (6)

21 "I'll Be ___ for Christmas" (4)



22 "___ Wonderland" (6)

23 "Have ___ a Merry Little Christmas" (8)

5 "___ Around The Christmas Tree" (6)

6 "Silver ___" (5)

8 "___ Christmas" (4)

10 "We Three ___" (5)

11 "___ Christmas" (5)

13 "___ We Have Heard on High" (6)

14 "God Rest Ye Merry ___" (9)

18 "Let it ___" (4)

20 "O ___ Night" (4)

21 Do You ___ What I ___?" (4)

DOWN

1 "What ___ Is This?" (5)

3 "___ of the Bells" (5)

4 "Little ___ Nick" (5)

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1. Is the book of Luke in the Old or New Testament or neither?

2. For the journey to Bethlehem, how did Mary and Joseph travel? *Bible not specific, Walked, Rode donkey, Boat*

3. When Mary became pregnant, she and Joseph were "what"? *Married, Engaged, Just friends, Strangers*

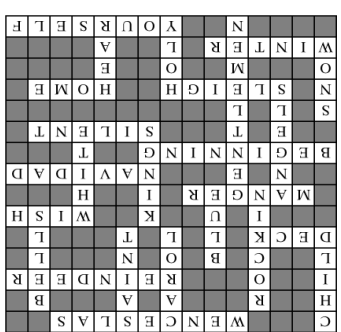
4. At the birth of Jesus, who was king of Judaea? *Solomon, Herod, Balak, Belshazzar*

5. What was the home city of Mary and Joseph? *Capernaum, Nazareth, Aphek, Shechem*

6. Of these, which wasn't a gift from the wise men? *Silver, Myrrh, Gold, Frankincense*

ANSWERS: 1) New; 2) Bible not specific; 3) Engaged; 4) Herod; 5) Nazareth; 6) Silver

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WEDNESDAY



Fewer Gifts This Year? Give Kids More Love

Parents hit hard by the struggling economy might wonder how to explain to their children why there aren't as many presents under the tree this year.

Christy Buchanan, professor of psychology at Wake Forest University, reminds parents that "children, in their heart of hearts, don't want a lot of things from their parents as much as they want love from them and time with them. In the long run, it's love, shared time and quality interactions that they'll remember."

"The problem is, we often express love through gifts," says Buchanan, who studies parent-child relationships and teaches courses on effective parent-child relations. "We worry they won't feel loved if we don't provide material things."

She offers a few suggestions for families who are cutting back this holiday season:

— Don't be overly apologetic for what children are not getting. Although it's OK to acknowledge a child's desires or even disappointment, parents should focus on the things for which the child and family can be grateful.

— Try to be upbeat and positive. Children are more likely to be positive if the parents are. Focus on the gift of time. Think about what the family can do together that is fun and memorable, and treat it like a gift.

— Instead of going shopping, design time around what your kids enjoy, and

make that special. Make plans to bake cookies and drink hot chocolate, play a favorite board game or shoot baskets at the park.

— Try to minimize exposure to commercials and marketing. The more children see, the more they think they want and the more likely they are to be disappointed.

— For younger children who expect Santa to bring lots of presents, small, inexpensive gifts like a ball or a game can be the basis for fun family time on Christmas Day. Shift the focus to a group activity and away from items that may be missing from under the tree.

— For teenagers, things often become more important. But, teens also are old enough to understand when parents explain that money for expensive items just isn't in the family budget this year. For the items they most want, parents can work with them on a longer-term plan to save for those things.

— At all ages, parents should convey a confidence that things will be OK.

— Parents should not make promises they cannot keep. Be honest with children about what you can or cannot afford.

— If a family is having to cut back, a parent can use the opportunity to emphasize that their relationships are the most important thing.

"It comes down to communication," Buchanan says. Parents can look for ways beyond presents to convey their love for their children

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