



## INSIDE

# Fall Fest Royalty to crown first court since 2019

By Logan Everson  
Record Editor

It was before covid shut the world down when the last Miss Cashton was crowned.

In the fall of 2019, Emma Gronemus was selected as Miss Cashton and held the title for two years in-a-row due to the cancellation of the pageant in 2020.

Everyone on the 2019 court decided to hold onto their titles for the consecutive year. In addition to Gronemus, the royalty group included Miss Cashton Attendant Larissa Ripley, Junior Miss Cashton Aubriana Cuarenta, Junior Miss Attendant Vanessa Hanke, and Little Miss Cashton Payten Peterson, and Little Miss Cashton Attendant Norah Bethke.

### Fall Fest Royalty Crowning

**When:** Saturday, Aug. 17 at 5pm  
**Where:** Cashton High School auditorium  
**Who:** Open to the public

Little Miss Cashton Payten Peterson, and Little Miss Cashton Attendant Norah Bethke.

After the cancellation in 2020, it was intended that the program would come back, but it never did.

Until this year, thanks to a group of former contestants.

Kortney Kuhse, Rachel 'ROYALTY' continued on page 4



A clipping from the Aug. 21, 2019 edition of the *Cashton Record* shows the newly crowned royalty of 2019. From left to right: Junior Miss Attendant Vanessa Hanke, Junior Miss Cashton Aubriana Cuarenta, Miss Cashton Emma Gronemus, Miss Cashton Attendant Larissa Ripley, Little Miss Cashton Payten Peterson, and Little Miss Cashton Attendant Norah Bethke. *Record file photo.*



Brody Steinhoff

## Westby/Coon Valley Legion Baseball falls at state

Sports  
See page 16

Hanley's Helpful Hints  
See page 5

Classifieds  
See page 13

QUESTIONS?  
COMMENTS?  
CONCERNS?

Stay in touch and let us know by mail or phone

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Mon-Thursday: 9am - 3pm  
Friday: 9am - 1pm

## Football season is here



Cashton's Kolten Volden and Bronson Hernandez lunge towards one another during linemen drills during the first day of football practice on Tuesday, Aug. 6. The Eagles enter the 2024 season as the three-time defending champions in the Scenic Bluffs Conference and finished the season 11-1 last year. *Record photo by Nate Beier/GX3 Media*

## Board learns more about TIDs

By Logan Everson  
Record Editor

The August Cashton Village Board of Trustees gathering was more of a math class than a meeting.

Sean Lentz of Ehler's, Inc. visited the August 7 meeting of the Cashton board to discuss Tax Incremented Financing (TIF) and Districts (TIDs) and affordable housing.

Lentz's visit is in regards to an inquiry during the May meeting by Jason Kuderer on developing a new residential area on Ontario Ave.

The Village of Cashton currently has two TIDs. Lentz, a senior municipal financial advisor, informed the board that Cashton has reached the maximum threshold that the state allows. According to the Dept. of Revenue website, that limit is "the equalized value of property in the TID, plus the value increment of all existing TIDs cannot exceed 12% of the total municipal equalized value."

The value of Cashton's TIDs is currently at \$948,000, with the Organic Valley district accumulating the lion's share at \$826k. The district which encompasses the Bank of Cashton sits at \$122k. Both TIDs will reach maturity in 2029.

When this happens, the Village of Cashton will receive around \$200k, which they can choose to spend as they wish within the TIDs.

'VILLAGE' continued on page 4

### THIRD CONGRESSIONAL DISTRICT

## Partisan primary election on Aug. 13

By Logan Everson  
Record Editor

Next week's partisan primary on Aug. 13 will decide the Democratic candidate who will run against incumbent Derrick Van Orden for the Third Congressional District of Wisconsin.

The primary serves as a warm-up for when pens go to paper in November to decide the new President of the United States.

Until then, Rebecca Cooke, Katrina Shankland, and Eric Wilson are vying for the Democratic spot.

All three will appear on the ballot for the upcoming partisan primary, but each candidate has their own unique experiences, different points of view,



Rebecca Cooke



Katrina Shankland



Eric Wilson

political priorities, and agendas.

**REBECCA COOKE**  
Cooke's campaign is focused on her experience as a small business owner and nonprofit organizer. She is proud of her family

history, which includes being raised on a dairy farm and the years of military service her brother, father, and grandfather put in. Growing up, Cooke, an Eau Claire native, showed cows at the fair and was a part of

the local 4-H club, serving as president during high school.

According to Cooke's website, her priorities are:

'PRIMARY' continued on page 3

## BANK OF CASHTON



Did you sign up for an HSA eligible Health Insurance Plan for the first time through Health Care Market Place, and you're not sure what to do next? Good news, we can help you open a Health Savings account.

For an explanation about Health Savings Accounts and their benefits, visit: [www.bankofcashton.bank](http://www.bankofcashton.bank) or call the Bank of Cashton at 608-654-5121 and ask for Ann today.





# FALL FESTIVAL

## ROYALTY SCHOLARSHIP PROGRAM

Join us as we crown the new Fall Festival Royalty

Saturday, August 17  
5 p.m.

Cashton High School Auditorium

### FALL FESTIVAL QUEEN CONTESTANTS



*Vanessa Hankee*

Daughter of Monte and Cherish Hankee  
Sponsored by Central Express



*Makaya Stanke*

Daughter of Kylene Brown & Andrew Stanke,  
Stepdaughter of Ashlee Stanke  
Sponsored by Mabel's on Main



*Phoebe Seay*

Daughter of Pene Enchante  
Sponsored by Cashton Chiropractic

### JUNIOR FALL FESTIVAL QUEEN CONTESTANTS



*Mya Dahl*

Daughter of Andrew and Emily Dahl  
Sponsored by Bank of Ontario



*Kabrina Erlandson*

Daughter of Chris and Alyssa Erlandson & Elizabeth Erlandson  
Sponsored by Badger Crossing



*Claire Everson*

Daughter of Russell and Julie Everson  
Sponsored by Mitby's TV & Appliance/  
Eagle Appliance



*Kaelynn Hankee*

Daughter of Monte and Cherish Hankee  
Sponsored by Countertops by Design



*Addison Johnson*

Daughter of Anita Reinart and Dennis Johnson  
Sponsored by Cashton Community Club



*McKenzie Johnson*

Daughter of Anita Reinart and Dennis Johnson  
Sponsored by AMKM Gymnastics



*Riley Leis*

Daughter of Jason and Heather Leis  
Sponsored by Ray's Gas & Goodies



*Claire Mlsna*

Daughter of Lee and Jocelyn Mlsna  
Sponsored by Cashton Building Supply

Learn about the various community service projects and scholarship opportunities, participate in the silent auction basket sale, and support our youth!



U.S. SENATE

# Hovde leads race for Republican nomination to run against Baldwin

By Nicolette Nauman  
Sentry-Enterprise Editor

The primary next week Tuesday will cement the partisan nominees for the Nov. 5 election.

Eric Hovde, Charles Barman, and Rejani Raveendran are vying for the Republican U.S. Senate ticket for Wisconsin. The winner will take on Democratic incumbent Tammy Baldwin in November.

Hovde has raised over \$16 million for his campaign, and has spent \$13 million so far, leaving \$3 million left in the bank.

Raveendran's campaign totals up to \$37,912. Barman's numbers are unknown.



Eric Hovde



Charles Barman



Rejani Raveendran

### ERIC HOVDE

Eric Hovde is the CEO of Hovde Properties, a real-estate company founded by his grandfather in 1933. He is also CEO and chairman of H Bancorp, a

banking company, and is the CEO of Sunwest Bank, a predominantly western U.S. company.

Hovde has highlighted his charitable endeavors, from his founding of

the Hovde Foundation (alongside his brother) to supporting research for a multiple sclerosis cure, which he was diagnosed with back in 1991.

Hovde has no known

political experience, but did run in the Republican primary in 2012 for the U.S. Senate seat, which he lost to former Governor Tommy Thompson.

On his campaign website, he identifies cost of living, immigration, foreign policy, and healthcare reform as his top priorities. He has also been vocal against abortion, supporting the overturn of Roe in his 2012 campaign, and has also called for the repeal of the Affordable Care Act.

### CHARLES BARMAN

A farmer from Sharon, WI, Charles "Chuck" Barman states that he entered the race because he was "tired of the 'same ole, same ole.'" He originates

from Indiana, relocating to his current Swingbely Farm in Sharon ten years ago. While in Indiana, he was involved with efforts to halt a \$1 billion earmark for the Chicago/Valparaiso super-train.

Despite running under the Republican Party, Barman has voiced criticism of both political parties, particularly for their handling of issues such as inflation. His top priorities are inflation and the economy, crime and safety, education, immigration, and veterans.

If elected, Barman plans to introduce legislation focused on curtailing

'REPUBLICAN' continued on page 4

## 'PRIMARY' continued from page 1

improving the healthcare system, boosting the economy for the working class, empowering unions, adding protection for voting rights, improving water quality, bettering the education system, connecting rural communities with broadband internet access, and reinstating reproductive rights for women. Details on each priority can be found at [cookeforwisconsin.com](http://cookeforwisconsin.com).

According to Wikipedia, Cooke leads in fundraising with over \$1.2 million raised. This more than doubles Shankland's efforts at \$515,964, and completely eclipses Wilson's piggy bank of \$42,495.

### KATRINA SHANKLAND

Currently, Rep. Shankland holds an elected position in the Wisconsin State Assembly, representing the 71st district since 2013. Shankland believes this experience is what makes her uniquely qualified to face Van Orden in the fall. According to Shankland's website, she has been a part of over 200 bills that have been signed into Wisconsin law.

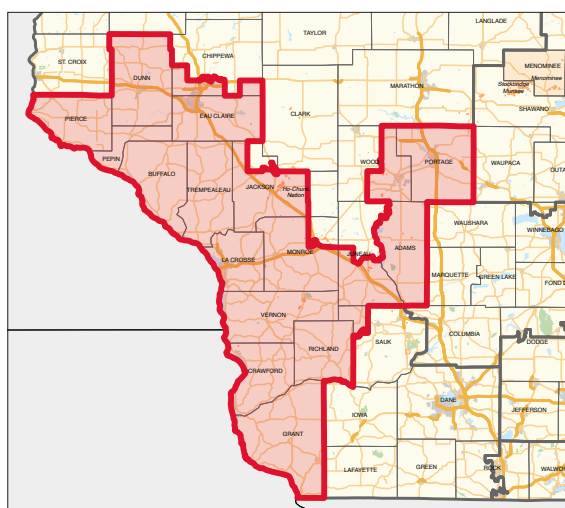
Staples of Shankland's campaign include increasing reproductive freedoms for women, raising wages for public school educators,



Scan QR code for Cooke's website



Scan QR code for Shankland's website



The Third Congressional District stretches down the southwest coast of Wisconsin from the top of Pierce and Dunn Counties to the Illinois border. Image source: Wikipedia.

cleaning and keeping water clean, lowering the cost of prescriptions, and protecting Social Security and Medicare. More can be found at [katrinasanklandforcongress.com](http://katrinasanklandforcongress.com).

### ERIC WILSON

Wilson, an information technology professional, says he is the "only Democratic candidate that supports Medicare for All, a ceasefire in Gaza, student loan forgiveness, Green New Deal, and responsible gun ownership."

In addition to these values, Wilson stands

for affordable housing, expanding education for children with disabilities, defending human (LGBTQ+) rights, supporting tribal communities, and helping the government embrace and understand "artificial intelligence, crypto, and consumer data/privacy".

At the age of 31, Wilson would be the youngest elected member of Congress for Wisconsin. Read about Wilson at [wilsonforwi.com](http://wilsonforwi.com).



Scan QR code for Wilson's website

### DISTRICTS OF WISCONSIN

The Third Congressional District of Wisconsin is made up of 741,433 people, consists of over 13.5k square miles, and reaches as far north as Chippewa Falls, east to Stevens Point, and down to the Illinois border along Grant County. It encompasses all of Vernon County and over 75% of Monroe County. The northeast corner of Monroe County is claimed by district 7, which is the largest district in Wisconsin in terms of physical area at 18,786.53 square miles. The Seventh Congressional District is represented by Tom Tiffany (R).

Wisconsin has eight districts and seats in the House of Representatives, five of which are held by Republicans and two by Democrats, and one seat remains vacant after District 8 Representative Mike Gallagher (R) resigned.

All eight congressional district seats are up for election this year.

## Editorial

### FOR THE RECORD

## Current Events: Who, What, When, Why, and How?

By Logan Everson  
Record Editor

If you haven't yet been made aware by the surplus of tv commercials, radio spots, or piles of junk e-mail - it's an election year.



If you didn't know, you might live under a really big rock. And I'm jealous. Who's your realtor?

I've been at odds with me, myself, and I on how to address the current events that are happening outside of our small town world. Ideally, the *Cashton Record* jurisdiction would span a 20-mile radius in all directions, because that's a nice round number.

But there are things happening outside of this invisible line that people who live under a rock - but somehow get this newspaper - should be made aware of. Or at the very least, events that have happened should be included in this publication so that they are documented for history when someone looks at this newspaper in 50 years.

Less than a month ago, former President Donald Trump was injured in an assassination attempt. It feels like we've lived a hundred lives since that moment. I was in Seneca when I saw the news on Twitter (actually called 'X' but I refuse to do that), and remember a very dismal feeling wash over me. It's the feeling I get whenever a school shooting happens, or whenever Russia bombs a hospital in Ukraine, or

whenever Israel does the same in Gaza against the Palestinians. It was this feeling that made me think that I should be writing stories about everything that is happening in the country, and perhaps the world. But then I remember something someone told me after I started working in Cashton: "All people want to read about is what their grandkids are doing."

That sentiment stuck with me, for better or for worse. I know this person doesn't mean that we should turn a blind eye to everything that's going on, but all that other national and global news I just described is regurgitated on 24-hour news stations in more detail than I could ever receive or convey to you in this newspaper.

Thankfully, there's no 24-hour news station that covers what the grandchildren of Cashton are doing, or we'd be out of business.

Another thing someone said to me was: "There's more to life than what's happening in Cashton."

They're not wrong. A lot is going on everywhere else, and I apologize if my column was your respite from the outside world as I'll try to be addressing these current events more in the future, just for posterity's sake. I read a lot of editorial columns and most of them are mumbo jumbo - this column is no different, but my conscience will feel better if I know that I'm at least recording some big headlines in here to coincide with local news. Only two days after the assassination attempt on



VEGGIE OLYMPICS: Local artist Eric Van Wyk created a 12-month calendar using vegetables that were grown in his garden. Van Wyk created the characters and scenes, then photographed and photoshopped them together. Have you played with your food lately? Artwork by Eric Van Wyk.

Trump, Ohio Senator J.D. Vance was announced as Trump's running mate. Then one week later, current President Joe Biden dropped out of the 2024 Presidential Race.

Shortly after that, Vice President Kamala Harris broke a record by raising \$81 million in 24 hours for her presidential campaign. The other day, Harris was officially selected as the Democratic nominee and then Harris chose Minnesota Governor Tim

Walz as her VP.

That's the short and sweet way to summarize the presidential election so far. For those reading this in the year 2074, you can Google it to get the rest of the story. If Googling is still a thing.

In other news, the 2024 Summer Olympics started two weeks ago in Paris, France. Team USA leads the world in number of medals with a total of 94 as of Wednesday, Aug. 7 at 8:07 p.m. central. This

includes 27 gold, 35 silver, and 32 bronze medals.

In other-other news, a delightful picture of cucumbers (and a squash?) diving has graced the inside pages of the *Cashton Record*. Look at those guys go. Beautiful form. Gold medals for all. And if you're reading this in 2074, yes those are real vegetables and that's what they looked like before they became powder that you mix into your liquid diets.

## Cashton Record

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Obits: Full \$50.00;  
Notice \$25.00 (no picture)  
Announcements  
(Anniversary, Wedding,  
Engagement): \$25.00 with  
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additional picture \$15.00;  
Calendar of Events:  
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Letters to the Editor are  
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Corrections Policy  
While it is our responsibility  
to publish only the most  
accurate information,  
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All clarifications and error  
corrections will be made as  
soon as possible and would  
appear in a relevant follow-  
up story or in an otherwise  
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2023 Awards

Best Overall Page Design  
by Logan Everson

Best Sports Action Photo  
by Logan Everson

Best Multiple  
Advertiser Spread  
by Logan Everson

# Meal Site Menu

## Cashton Nutrition Site

**Monday, August 12** – Pork Tips in Gravy, Roasted Potatoes, Tomatoe Juice, Whole Grain Baking Powder Biscuit, Butter, Fruit Cocktail, Black Bean Chocolate Cookie.

**Tuesday, August 13** – Spaghetti Pasta Bake with Meat, Garden Salad, Dressing, Garlic Breadstick, Parmesan Packet, Fresh Fruit Mix.

**Wednesday, August 14** – Glazed Chicken, Potato Wedges, Glazed Carrots, Applesauce, Whole Grain Bread & Butter.

**Thursday, August 15** – Beef Tips with Mushroom & Onion Gravy, Cavatappi Noodles, Broccoli, Creamy Cucumbers, Whole Grain Bread & Butter, Seasonal Fruit Mix.

**Friday, August 16** – Brat on Whole Grain Bun, Sauerkraut, Homestyle Potato Salad, Three Bean Salad, Ketchup & Mustard, Raspberry Pie Bar.

### Meal-site at the Cashton Senior Site is open!

There is suggested donation of \$4.00-\$7.00 per congregated and home-delivered meal. Please call by noon 2 days before to reserve your meal. Any questions, or to reserve a meal, call 608-377-3831.

# Calendar of Events

## Mondays

1 p.m.–1:45 p.m. - **Tai Chi Exercise** at Bethel Home Fellowship Hall, 614 S. Rock Ave., Viroqua & the Ontario Public Library. For more information, call Vernon County Over 50 at 262-384-0082.

## Tuesdays

1 p.m.–3 p.m. - **The Library Knitters** meet at the Cashton Memorial Library on a weekly basis.

## Wednesdays

10 a.m. - **RETURNS IN SEPTEMBER Read and Play Storytime** at Cashton Memorial Library. This free 20-30 minute program uses stories, songs and fun activities to promote early literacy and socialization skills. For information, call 608-654-5465.

1 p.m.–1:45 p.m. - **Tai Chi Exercise** at Bethel Home Fellowship Hall, 614 S. Rock Ave., Viroqua & Ontario Public Library. For more information, call Vernon County Over 50 at 262-384-0082.

## Friday, August 9

5 p.m. - **Norwalk Lion's Truck & Tractor Pull** fish fry begins. Farm class pulling starts at 6:30 p.m. with free admission. Parade at 7:30 p.m.

## Saturday, August 10

4 p.m. - **Norwalk Lion's Truck & Tractor Pull** weekend continues. Kids' pedal pull starts at 4 p.m. NTPA Region III Truck & Tractor classes start pulling at 6:30 p.m., \$15 admission. Free admission for children ages 8 & under. Music from 9 p.m. to 1 a.m.  
7:30 p.m. - **Swift Night Out** at Vernon County Museum and History Center parking lot. Dr. Stefan Gleissberg of the Wisconsin Chimney Swift Working Group and local bird enthusiast Dave Krier will speak. Bring your own chair.

## Sunday, August 11

11 a.m. - **Norwalk Lion's Truck & Tractor Pull** weekend continues. Charcoal chicken starts at 11 a.m., with duck races at noon. Truck and tractor pull at 12:30 p.m., \$7 admission, free admission for children ages 8 & under.. Polaris 570 UTV Ranger raffle drawing at 4 p.m.

## Tuesday, August 13

7 a.m. - **Partisan Primary Voting** until 8 p.m at your local polling place. Double-check your ballot at myvote.wi.gov

## Wednesday, August 14

10 a.m. - **Cashton School District 2024-25 Picture Day and Registration** at Cashton Elementary School. Jostens will be on-site to take your child's picture. All students will need to have their picture taken for the yearbook. Please plan on stopping into the elementary school anytime between 10AM and 7PM on Wednesday, August 14th. Registration for the 2024-2025 school year will be done online. If you encounter difficulty completing your child's registration electronically, assistance will be provided at school on Wednesday, August 14th, 2024. Computers and staff will be available to aid you in the process. You will receive an email notification once registration is open.

6 p.m. - **Cashton Fall Festival Carnival Ticket Presale** at Cashton Picture Day and Registration until 8 p.m. Buy a wristband for \$26 for a session pass on Fri. 6–10 p.m., Sat. 1–4 p.m. or 6 p.m. – 10 p.m., Sun. 12–4 p.m. or \$70 for a weekend pass. Two free buttons with a MegaBand, and/or one button per session. Pay via Venmo (search CashtonCommunityClub) or visit community club members at the elementary school.

6 p.m. - **Town of Jefferson** monthly meeting, 12035 Olympic Avenue, Cashton 54619

## Saturday, August 17

11 a.m. - Cashton Lions Club is hosting their annual **Stuff The Bus**. Brats, Hamburgers, and Pork Chops Sandwiches will be available for purchase. They're accepting donations of cash, backpacks, Kleenex, pens, pencils, notebooks, and more. View a complete list at [www.cashton.k12.wi.us](http://www.cashton.k12.wi.us).  
5 p.m. - **Fall Festival Royalty Scholarship Program Crowning Ceremony** at Cashton High School. Come support the contestants, participate in silent auction and bake sale, and support our youth.

## Wednesday, August 28

4:30 p.m. - **Meet the Teacher Night** at Cashton Elementary School This is for all students entering grades 4K to 5.

## Submit your event to our calendar

To submit events, email [cashtonrecord@mwt.net](mailto:cashtonrecord@mwt.net), send a letter to P.O. Box 100, Cashton, WI 54619, or call (608) 654-7330

While calendar listings are free, help support local journalism by purchasing a small ad to promote your event and keep calendar listings free.

# Registration open for library 5K run/walk

By Jill Bjornstad  
Cashton Memorial Library Director

"Lacing Up for The Library", a 5k run/walk benefiting the Cashton Memorial Library is set for Saturday, September 7, rain or shine!

This annual event, a part of Cashton's Fall Fest Weekend festivities, has been a library event and a community tradition for over 30 years. Whether you are a seasoned runner, a beginner or just someone who wants to get in a bit of a walk, we hope you will take part.

Registration is open for this year's run/walk. Forms are available at the library or can be printed off from the library's website (<https://cashtonlibrary.wrlsweb.org/>).

Pre-registration fees through September 4th are \$20 for adults and \$15 for youth ages 17 & under. After September 4th through race day fees are \$25 for adults and \$20 for 17 & under. Registration forms with payment can

## Lacing Up for the Library 5K

**When:** Saturday, Sept. 7 at 8:30 a.m., registration and packet pick-up at 7:30 a.m.

**Where:** Cashton Memorial Library, 720 Broadway St.

**Cost:** Before Sept. 4, cost is \$20 for adults and \$15 for 17 & under. After Sept. 4, \$25 adults, \$20 for 17 & under

be mailed or dropped off at the library located at 720 Broadway Street in Cashton. Registrants will receive a t-shirt while supplies last as they are given out on a first come/first serve basis.

Race day registration and packet pick-up begins at 7:30am and the race begins at 8:30am. The 5k course is mostly paved, it begins and ends at Cashton Library and runs through the village of Cashton. A water break table will be available about midway through the

course with refreshments available at the finish line. For safety reasons bicycles, scooters, rollerblades and skateboards are not allowed to be used during the race.

The race includes eight different age divisions ranging from 8 years and under to 60 years plus. Awards are given out to the overall male and female competitor, to 1st through 3rd placings in each age category, and to our youngest and oldest participant. Participation ribbons are available to finishers who wish to have them. The awards ceremony will be held immediately following the posting of the results. Awards will not be mailed.

This event is a fundraiser for the Cashton Library and your participation in our event helps us to provide technology and resources in a variety of media, as well as programs for all ages that are offered free of charge to the community. Sponsorships from the following businesses help to make this event possible:

American Family Insurance – Wright Insurance Agency, LLC; Bank of Cashton; Cashton Building Supply & CBS Designs; Cashton Chiropractic and Ubuntu Massage and Bodyworks; Cashton Central Express; Cashton Record; Hansen's IGA; Mitty's TV & Appliance; Scenic Bluffs Community Health Centers; Schaller's Olde Style Catering, LLC; Simonson Real Estate & Auction Service, LLC; Thrive Wellness – Martin Mytas, DC; Torkelsons; and WCCU.

We look forward to seeing everyone on race day! To register, sign up to volunteer or for more information, contact Cashton Library by calling (608) 654-5465.



Scan QR code for registration form

## 'REPUBLICAN' continued from page 3

government spending, which he believes will bring energy and grocery prices down. He also advocates for enforcing existing laws and supporting law enforcement, promoting "a traditional curriculum" in schools, and plans to introduce legislation providing for tariff protections for farmers.

**REJANI RAVEENDRAN** An immigrant from India, Rejani Raveendran came to the U.S. in 2011, surrendering her Indian citizenship in favor of U.S. citizenship. She has worked in healthcare as a Registered Nurse and a Certified Midwife, but returned to school in 2021 to study political science and international relations through UW – Stevens Point.

Rejani's platform identifies a variety of issues, ranging from agriculture to ending the war in Ukraine. She has also identified herself as opposed to abortion, in favor of medical freedom in terms of vaccinations, and desires to see America secure its energy independence. If elected, Raveendran has stated that she plans to introduce a bill seeking to ban insider trading for all Congressional members and establish term limits, introduce bills aimed at protecting children from sex trafficking, and introduce a bill geared towards protecting personal information, which she calls her Data Protection Bill.

## 'VILLAGE' continued from page 1

Lentz presented an alternative. "You could keep your districts open one additional year," said Lentz. "That money then goes in the Affordable Housing Fund, and you can use it anywhere in the village."

If the village chooses to delay the TIDs closure to 2030, the village would have access to over \$600k that could cover the cost of affordable housing. That number comes from the stipulation that 75% of the money collected from the TIDs must go towards the creation of affordable housing.

Affordable housing is defined as housing that costs 30% or less of a tenant's income. In this situation, and according to the state, the affordable housing that would be built using the money from the TIDs is determined by the median household income of Cashton or Monroe County as a whole. According to data.census.gov, and the 2022 American Community Survey five-year estimates, the median household income in Cashton is \$64,625. Teh Monroe County median household income is \$66,451.

Much of the discussion was hypothetical, but informed the board of their options if they were to proceed forward.

### OTHER BUSINESS

Jerome Weibel approached the board about buying recycled blacktop for the Home Cemetery. Amundson questioned

## 'ROYALTY' continued from page 1

Klinkner, and Kori Blank have been leading the charge for this year's new and improved Fall Fest Royalty program, along with other excited individuals, of which there are too many to name.

"We are excited to represent the Cashton Fall Festival by empowering and involving our youth," said Klinkner.

Klinkner earned the Junior Miss Cashton title in 2015.

"While I received personal and professional growth when I served as royalty, we hope that the new and improved program

allows participants to get more out of it," said Klinkner.

Kuhse said one of the goals for the royalty program is to help young individuals build confidence.

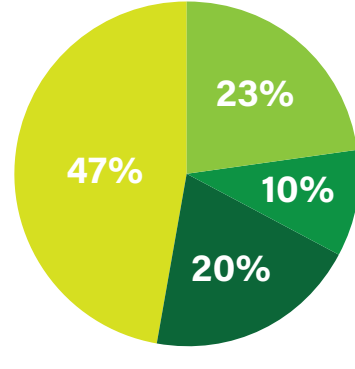
"This program means so much to me," said Kuhse "and it has my heart."

Kuhse was Little Miss Cashton in 2006, Junior Miss Cashton in 2008, and Miss Cashton and Miss Congeniality in 2010.

One of the changes made was the age requirements. The pageant is now open to girls ages 10 through 19, which Klinkner says has benefitted the program.

"Reviving the royalty scholarship program has come with challenges,

### WEEKLY POLL RESULTS



### How Many Different Vegetables Do You Grow in your Garden?

Out of 21 respondents  
None..... 5 / 23%  
1-4..... 2 / 10%  
5-9..... 4 / 20%  
10+..... 10 / 47%

Go to the Cashton Record Facebook page to vote on next week's poll

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# Looking Back



## 20 Years Ago *Week of Wednesday, August 4, 2004*

Cashton Troop 60 Boy Scouts came away with the Honor Unit of the Week at Camp Decorah last week. The boys did 45 camp improvements to their site for the week. Pictured above is Cashton Boy Scout Troop #60 shown at Camp Decorah. Jacob White, Jeremiah White, Garrett Kloety, Cody Eirschele, Cameron Onshus, (back) Caleb Mack, Todd Herricks, Derek Dickman and William Lightbody.

## 70 Years Ago

*Week of Friday, August 6, 1954*

Pfc. Walter Pulham, whose wife is former Esther Johnson, has been assigned to Div. Hq. Co. of the famous 11th Airborne division at Fort Campbell, Kentucky.

## 60 Years Ago

*Week of Friday, August 7, 1964*

Melvina rapped Coon Valley, 21-2, in a Wildcat league game at Coon Valley on Sunday. Chuck Jefferson scattered seven hits for the win. Gary (Juice) Bronson had a homer and triple for teh winners who had 19 hits.

## 50 Years Ago

*Week of Wednesday, August 7, 1974*

There was a total of 45 animals which paraded into the sale ring at the 1974 Junior Livestock Auction Saturday night, July 27 at the Monroe County Fair in Tomah. The grand champion beef show by Joan Vieregge of Norwalk, grading choice, sold for 56 1/2 cent per pound to Schreier Implement of Norwalk. The reserve champion beef, shown by Tim Liddane of Tomah, grading choice, sold for 53 1/2 cent to Leo's Trucking of Cashton.

## 40 Years Ago

*Week of Wednesday, August 8, 1984*

La Crosse area Jazzercise instructor Debra A. Dahl was a featured performer in teh opening ceremonies of the XXIII Olympiad, recently held at the Coliseum in Los Angeles, California, on July 28, 1984.

## 30 Years Ago

*Week of Wednesday, August 3, 1994*

A request to start a girls' softball program at Cashton High School next spring has been referred to Athletic Director David Milne. The issue was presented to the School Board last Wednesday by Diane Brueggen.

## 20 Years Ago

*Week of Wednesday, August 4, 2004*

*See photo above*

## 10 Years Ago

*Week of Wednesday, August 6, 2014*

A tractor owned by Town of Jefferson, and driven by Russell Mack, received substantial damage last Thursday when it was rear ended by a logging truck driven by Mark Heintz.

# Local libraries innovate with catalog upgrade to improve user experience

**Winding Rivers Library System**  
*Press release*

The shared network of libraries in the Winding Rivers Library System, who serve over 280,000 people in the counties of La Crosse, Buffalo, Trempealeau, Jackson, Monroe, Juneau, and Vernon, are preparing to improve user experience with a catalog upgrade. With this new catalog, materials will be easier to find in a cleaner and more modern system. Libraries are excited to offer a more intuitive user experience for their patrons.

Beginning September 18, library

users will interact with a new integrated library system (ILS) called Polaris. With this move to Polaris, these libraries in the Winding Rivers Library System have chosen a product that integrates a modern mobile app, website tool, and patron communication platform that allows the patron experience to connect seamlessly with the library catalog and behind-the-scenes library operations.

During this upgrade, staff at local libraries and the Winding Rivers Library System will work to keep this transition as seamless as possible. There will be limited time in which

typical user experience will be affected. As of August 12, patrons cannot place new holds on materials and beginning September 4, there will be checkout service limitations. These temporary service limits will expire as soon as we unveil our new catalog on September 18, 2024!

The Winding Rivers Library System and its member libraries will provide helpful information throughout this catalog upgrade on our website at [www.wrslweb.org](http://www.wrslweb.org) and at your local library. Visit your library today to learn more and to experience all that is waiting for you there.

# Crossword

|    |    |    |    |    |    |   |    |    |    |    |    |
|----|----|----|----|----|----|---|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7 | 8  | 9  | 10 | 11 |    |
| 12 |    |    | 13 |    |    |   |    | 14 |    |    |    |
| 15 |    |    | 16 |    |    |   |    | 17 |    |    |    |
| 18 |    |    |    |    | 19 |   | 20 |    |    |    |    |
|    |    |    | 21 |    | 22 |   | 23 |    | 24 | 25 | 26 |
| 27 | 28 | 29 |    | 30 | 31 |   |    | 32 |    |    |    |
| 33 |    |    | 34 |    |    |   |    | 35 |    |    |    |
| 36 |    |    | 37 |    |    |   |    | 38 |    |    |    |
| 39 |    |    | 40 |    | 41 |   | 42 | 43 |    |    |    |
|    |    |    | 44 |    | 45 |   | 46 |    | 47 | 48 | 49 |
| 50 | 51 | 52 |    | 53 | 54 |   |    |    |    |    |    |
| 55 |    |    |    | 56 |    |   |    | 57 |    |    |    |
| 58 |    |    |    | 59 |    |   |    | 60 |    |    |    |

### ACROSS

- Boat's front
- Tennis-game divisions
- Deadly snakes
- Mimic
- Instrument for an angel
- Kingly address
- Storyteller
- Be informed about
- Shine
- Category
- Beef or pork
- Supply weapons to
- Agitate
- TV host Leno
- Enemy
- Choir voice
- Wood cutter
- Refreshing drink
- Witches
- Expel
- Fasten again
- Chops
- President's no
- Rustic
- Too
- Everyday
- Behind
- Avails
- Shark appendage
- Town's kin
- Apartment fee
- Price add-on

### DOWN

- Explosion
- Whitish gem
- Lived
- Embarrass
- Take nourishment
- Harness racer: 2 wds.
- Active
- Inquisitive one
- Preacher's subject
- In favor of
- Embroider
- Crash into
- Docking place
- \_\_\_ code
- Partly open, as a door
- Cab
- Saw
- Off yonder
- Was a passenger on
- Come together
- Be defeated
- You, once
- Tusk material
- Spot for a watch
- Solar system's center
- Travel
- Huck's float
- Formal solo
- Wildcat
- Rainbow's shape
- Honolulu handout
- Posed
- Bear's abode

Last week's answers on page 11.

# Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 9 |   | 3 | 6 | 5 |   |   |
| 4 |   |   | 5 |   |   | 8 |   | 2 |
| 1 |   |   | 4 |   |   |   |   | 6 |
|   |   |   | 7 |   |   |   | 8 | 5 |
| 9 |   | 8 |   | 5 |   |   | 2 | 4 |
|   | 5 |   |   |   |   |   |   |   |
|   |   | 1 | 9 | 4 |   |   | 5 | 7 |
|   | 7 | 2 | 8 |   |   |   |   | 9 |
| 6 |   |   |   |   |   |   | 1 | 8 |

Last week's answers on page 11.

## eStatements

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## Hanley's Helpful Hints by Lorraine Hanley

*My sister shared another favorite recipe, my family loves it when she makes this spaghetti dish. I hope you all enjoy it as much as we do.*

*Thanks Lynda!*

### Dump Spaghetti

- 32 oz. bag frozen meatballs
- 45 oz. jar spaghetti sauce
- 3 cups water
- 4 cups rotini noodles (16 oz box)
- 1 teaspoon Italian seasoning
- 2 cups shredded cheese



Dump and stir together the meatballs, spaghetti sauce, noodles, water and Italian seasoning. Bake at 400 degrees for 45 minutes. Top with cheese and bake an additional 10-15 minutes.

## Thank you for reading the Cashton Record

To submit articles and/or photos, email [cashtonrecord@mwt.net](mailto:cashtonrecord@mwt.net).  
Questions? Comments? Call (608) 654-7330

## Museum Notes

### New Exhibit: History of Postcards



This postcard, dated 1952, is a depiction of the baseball field in Viroqua, now called the Park Bowl. Contributed photo.

By Carol Krogan  
Assistant Curator,  
Vernon County Museum  
& History Center

A new exhibit has recently been placed on the second floor called the History of Postcards. The museum has a large collection of postcards which reflect the history of how postcards were developed, different printing techniques and assorted themes.

The first postcards were produced in 1861 when the United States government authorized them to be sent through the U.S. Postal System and since then have been sent all over the world to express holiday and birthday greetings, wish you were here, thinking of you, etc.

When postcards were first established, a postcard could be sent for just one penny. This inexpensive mode of communication was so popular that when a Massachusetts company released their postcards to Springfield residents on May 12, 1873, 200,000 cards were sold in 2.5 hours on May 14; according to a New York Times article. By the end of June, 1873, 31 million cards were sold nationwide.

This exhibit also gives a concise version of the history of the Postal system in the U.S.

Thanks to everyone who attended the Pork Chop dinner on July 27. It was a successful evening and a total sell out. Your donations let us continue our mission to preserve and promote Vernon County history for the education of all. We can't do events like this without the support of all our volunteers who worked the event or donated supplies. You are appreciated!

The Vernon County

### Swift Night Out

**What:** Dr. Stefan Gleissberg of the Wisconsin Chimney Swift Working Group and local bird enthusiast Dave Krier will speak.

**When:** Saturday, August 10, starting at 7:30 p.m.

**Where:** Vernon County Museum and History Center parking lot

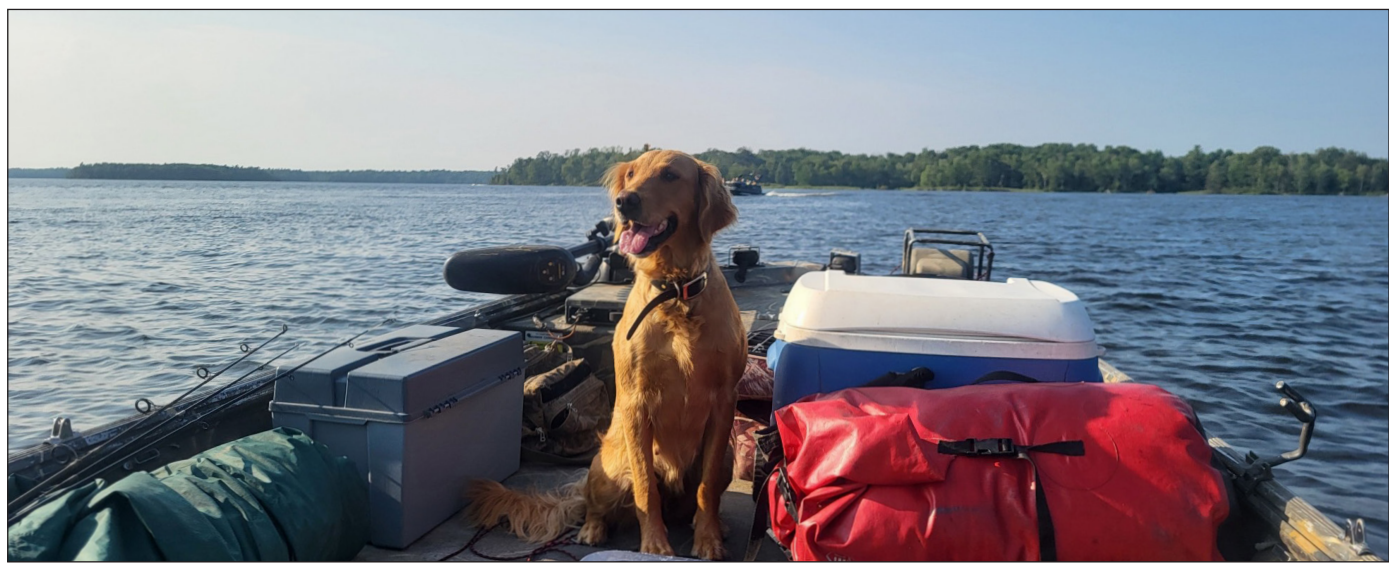
**Note:** Bring your own chair

Museum & History Center/Historical Society will be sponsoring two events on Saturday, August 10. Beginning at 10 a.m. we will be holding our last Brat and Hot Dog grill-out for the year at Nelson Agri-Center. Serving will take place until 2 p.m. or when the food is gone. Have lunch with us and support a great cause.

Later that day, bring your own chair and meet us in the Vernon County Museum & History Center parking lot for Swift Night Out. At 7:30 p.m., swift expert Dr. Stefan Gleissberg of the Wisconsin Chimney Swift Working Group will speak. We will also hear from local bird enthusiast Dave Krier. About 8:30 p.m., the swifts will begin to circle the chimney and eventually enter it to roost for the night. We hope you can attend one or both events.

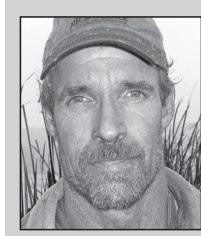
The Museum & History Center continues its summer hours through the month of September. We are open Monday – Friday, 11 a.m. – 4 p.m. and Saturdays, 10 a.m. – 2 p.m. As always, we are open by appointment and will do our best to accommodate your schedule. Call 608-637-7396 if you have any questions.

## An Outdoorsman's Journal



Red in a very good mood as we searched for an island on the Chippewa Flowage to call home. Contributed photo.

### Big Chip Getaway



By Mark Walters

Hello friends,

This week's column was going to be about a serious musky fishing trip on Sawyer County's, Chippewa flowage. Serious musky fishing turned out to be casual musky fishing, hanging out and dog training as soon as I found an island, built camp and realized that I am worn out. Definition of worn out: my pond, garden and most importantly the beach in Necedah that I am in charge of removing all water vegetation from have me a bit tired, everything, at least almost everything in my life these days is physical, so I decided on this trip, my goal was going to be to stop and smell the roses.

**Sunday, July 28th**  
**High 86, low 62**

The mood for Ruby who is 8, Red, who is 2 and just weaned and said goodbye to her pups, and myself, was excellent as we slowly navigated the west end of the Chippewa Flowage with a goal of getting away from the human race. The pups have not been able to travel with me for a host of good reasons and this time as I did my casual pack for 2 days I kept asking them if they wanted to go on a trip and so they were well aware that they were in for an adventure.

It was Sunday, late in the day and just about all campers were headed home and I was headed northwest towards Crane Creek and was still in the "I am gonna do some serious musky fishing mood." The campsite on Crane Creek Island was open and as I started unloading the War Eagle, I heard an elk bugle and it really was not that far away, next I had a "vision," the vision spoke to me and said Walters you have been running hard and physical since March 15th. Second the vision told me, your body is sore, drink a cold beer, listen to the loons and play with the pups. It was at that moment that I decided that though this was still a musky fishing trip, number one, I was going to slow down for 48 hours.

From 6 to 10 I sat by a campfire, listened to the very plentiful population of loons and watched Red and Ruby who were literally as happy as they could be.

**Monday, July 29th**  
**High 84, low 59**

I just about got up at 5:00 this morning but the "vision" told me to rest my weary 63 year old body and so I did. I have to tell you about a new trend that I have no clue why I am doing it. Though I use a tent, since spring, no cot or sleeping pad, I just sleep on Mother Earth. I think there is something very cool about that and it is worth a try if you can handle it. So later in the morning I was about to go musky fishing and I decided what I really need to do is some retriever training. On 6/15/22 Michelle Chiaro passed away, Michelle was an incredible woman and my love. Red was 10 weeks old when



ABOVE The War Eagle is a sweet machine! BELOW The pups doing some basic training during our "Big Chip Getaway". Contributed photos.

Michelle passed away and I have not had dog training in me, slowly but surely that is coming back, and Red is pure animal.

Today I worked with Red and Ruby with bumpers which are basically retrieving tools with water retrievers. Red is the most agile/fastest golden retriever I have ever had. From shore she can do an 8-foot leap and land in the boat without hesitation, she can also get in the boat from the water without any thought. Red's mama is a bit more casual but actually loved the training today.

Musky fishing went with the casual mood, and I know my buddies will laugh about this. I had planned on making 10 million casts, but instead and because of my casual attitude I decided to spend the day exploring while trolling. I learned a lot, did not catch a thing and loved every minute of it.

Tonight I stayed up until midnight

and the loons were my music and they were very happy, though I did not want to go to bed, I mean the ground, I had to because I was going to get up early and go cast for musky.

**Tuesday, July 30th**  
**High 85, low 57**

The pups and I were up early and exploring while casting. The musky must not have been hungry because the best musky fisherman in my boat could not catch a thing. About 10, I started noticing some fierce looking clouds coming our way. Today was break camp day, I headed to camp got everything packed in the boat and the storm hit. Leaving the island was not an option, I stood in a downpour with a rain jacket on for an hour and the rain, wind, thunder and lightning was pretty cool to endure. My guess is a woman named Michelle was right there with us.

Check out The Big Chip and relax  
**Sunset**

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# back to school section

## Cashton announces their policies on national school lunch and breakfast programs, special milk program

**Cashton Public School District**  
Press release

The Cashton Public School District today announced its policy for children unable to pay the full price of meals served under the National School Lunch Program and School Breakfast Program or milk for split-session students served under the Special Milk Program. Each school office and the central office has a copy of the policy, which may be reviewed by any interested party.

The following household size and income criteria will be used for determining eligibility. Children from families whose annual income is at or below the levels shown are eligible for free and reduced price meals or free milk if a split-session student does not have access to the school lunch or breakfast service. (see chart inset)

Application forms are being sent to all homes with a notice to parents or guardians. To apply

| Family (Household) Size                   | ANNUAL INCOME LEVEL                          |  | MONTHLY INCOME LEVEL                         |  |
|---|--|--|--|--|
|   | Free<br>Must be at or below<br>figure listed | Reduced Price<br>Must be at or between<br>figures listed | Free<br>Must be at or below<br>figure listed | Reduced Price<br>Must be at or between<br>figures listed |
| 1   | \$19,578                                     | \$ 19,578.01 and \$27,861                                | \$ 1,632                                     | \$1,632.01 and \$2,322                                   |
| 2   | 26,572                                       | 26,572.01 and 37,814                                     | 2,215  | 2,215.01 and 3,152                                       |
| 3   | 33,566                                       | 33,566.01 and 47,767                                     | 2,798  | 2,798.01 and 3,981                                       |
| 4   | 40,560                                       | 40,560.01 and 57,720                                     | 3,380  | 3,380.01 and 4,810                                       |
| 5   | 47,554                                       | 47,554.01 and 67,673                                     | 3,963  | 3,963.01 and 5,640                                       |
| 6   | 54,548                                       | 54,548.01 and 77,626                                     | 4,546  | 4,546.01 and 6,469                                       |
| 7   | 61,542                                       | 61,542.01 and 87,579                                     | 5,129  | 5,129.01 and 7,299                                       |
| 8   | 68,536                                       | 68,536.01 and 97,532                                     | 5,712  | 5,712.01 and 8,128                                       |
| For each additional household member, add | + 6,994                                      | + 6,994 and +9,953                                       | + 583  | + 583 and + 830  |

for free or reduced price meals or free milk, households must fill out the application and return it to the school (unless notified at the start of the school year that children are eligible through direct certification). Additional copies are available at the office in each school. The information provided on the application will be used for the purpose of determining

eligibility and may be verified at any time during the school year by agency or other program officials. Applications may be submitted at any time during the year.

To obtain free or reduced price meals or free milk for children in a household where one or more household members receive FoodShare, Food Distribution Program on Indian Reservations

(FDPIR), or Wisconsin Works (W-2) cash benefits, list the FoodShare, FDPIR or W-2 case number, program name, list the names of all school children, sign the application, and return it to the school office.

For the school officials to determine eligibility for free or reduced price meals or free milk of households not receiving FoodShare, FDPIR or W-2 cash

benefits, the household must provide the following information requested on the application: names of all household members, total number of household members, and the adult signing the application form must also list the last four digits of his or her Social Security Number or mark the box to the right of "Check if no SSN". Also, the income received by each household member must be provided by amount and source (wages, welfare, child support, etc.).

Under the provisions of the free and reduced price meal and free milk policy Lorraine Hanley will review applications and determine eligibility. If a parent or guardian is dissatisfied with the ruling of the official, he/she may wish to discuss the decision with the determining official on an informal basis. If the parent/guardian wishes to make a formal appeal, he/she may make a request either orally or in writing to: Ryan Alderson, District Administrator, P.O. Box 129,

'LUNCH' continued on page 8

## Mark your calendars!

**When:** Wednesday, August 14

**What:** 2024-2025 Picture Day and Registration

**Time:** 10 AM-7PM.

Jostens will be here to take your child's picture. All students will need to have their picture taken for the yearbook. Please plan on stopping into the elementary school anytime between 10AM and 7PM on Wednesday, August 14th.



Registration for the 2024-2025 school year will be done online. If you encounter difficulty completing your child's registration electronically, assistance will be provided at school on Wednesday, August 14th, 2024. Computers and staff will be available to aid you in the process. You will receive an email notification once registration is open.



The following items will be available to pick up on August 14 during Picture Day and Registration:

- **Medication Permission Form (required)** for administration of prescription medications at school)
- Teacher information for the upcoming school year



**When:** Wednesday, August 28

**What:** Meet the Teacher Night

**Time:** 4:30PM-6:30PM

**Details:** This is for all students entering grades 4K through 5th. Incoming 4K students will receive additional information on times available. This night is the time for students to bring their school supplies and meet their teacher!

More information about Picture Day, Online Registration, and Meet the Teacher Night will be shared via our District Website, Skylert, and school Facebook page as the dates get closer. For now, please be sure to mark August 14th and August 28 on your calendars!


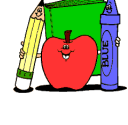



**Tuesday, September 3, 2024** is the First Day of School for students in 5K-12 for the 2024-2025 School Year.



Incoming 4K will start as follows:

- \*Two day program: Monday and Thursday (First Day of School -Thursday, September 5th, 2024)
- \*Two day program: Tuesday and Friday (First Day of School- Friday, September 6th, 2024)
- \*Traditional 4 day program (First Day of School -Thursday, September 5th, 2024)

## Cashton Elementary School Supply List

| <p><b>Four Year Old Kindergarten</b></p> <p>Snack to share with class<br/>12 Elmer's glue sticks<br/>1 squeeze bottle of glue<br/>1 set of watercolor paint (Crayola brand)<br/>1 box of crayons (Crayola brand)<br/>1 box of washable Markers (Crayola brand)<br/>1 box of Kleenex</p> <p><b>*Please label the following items with your child's name</b></p> <p>1 full-size backpack<br/>1 resting mat - 4 section 19" X 45" (blue and red only)<br/>1 pocket folder (to send home materials)<br/>1/2 inch or 1 inch plastic binder<br/>Mini photo album for alphabet book (holds 24 pictures - 4x6 photo size)</p> <p><b>4K WISH LIST</b><br/>Clorox Disinfecting Wipes (CRISP LEMON ONLY), extra glue sticks, Play Doh</p>   | <p><b>Kindergarten</b></p> <p>2 boxes of 24 crayons (Crayola brand)<br/>2 boxes of broad tip classic color washable markers (Crayola brand)<br/>12 pack of colored pencils (Crayola brand)<br/>12- No. 2 pencils (Ticonderoga brand)<br/>2 medium pink erasers<br/>12 Elmer's glue sticks<br/>1 box of kleenex<br/>4 fine tip Expo markers (black only)</p> <p><b>*Please label the following items with your child's name</b></p> <p>Tennis shoes for PE<br/>2 white plastic binders (½ inch size)<br/>1 backpack<br/>1 pair of Fiskar children's scissors<br/>Standard Headphones (<b>No earbuds, rechargeable, or sound adjustable</b>)<br/>3 hole pencil pouch<br/>3 <b>plastic</b> pocket folders <b>with fasteners</b> (red, yellow, green)<br/>1 plastic folder (to keep in backpack to send home material)<br/>1 resting mat - 4 section 19" x 45" (blue and red only)<br/>1 paint shirt (old t-shirt) in a gallon Ziploc bag<br/>Individual snack will need to be sent <b>each day</b></p> <p><b>5K WISH LIST</b><br/>Quart and Sandwich size Ziploc Slider Bags, Play Doh 4oz</p>   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
|---|---|-----------------|------------------------|--------|--------------------|--------|----------------------------|--------|------------------|-----------------|------------------------|-------|--------------------|-------|----------------------------|-------|------------------------------|-------|---------------------------|-------|---|
| <p><b>Grade 1</b></p> <p>2 boxes of Kleenex<br/>2 boxes of 8 or 10 count washable markers (Crayola brand)<br/>2 boxes of 24 crayons (Crayola brand)<br/>1 box of 12 count colored pencils (Crayola brand)<br/>2 erasers (medium, pink)<br/>1 pack of 4 skinny dry erase Expo markers<br/>12 Elmer's glue sticks</p> <p><b>*Please label the following items with your child's name</b></p> <p>1 backpack<br/>1 zippered pencil pouch<br/>1 pair of child scissors<br/>1 pair of tennis shoes for PE<br/>Standard Headphones (<b>No earbuds, rechargeable, or sound adjustable</b>)<br/>2 plastic folders (1 red, 1 choice)<br/>3 wide ruled spiral notebooks (1 red, 1 yellow, 1 choice)<br/>Play Doh 4 oz 4 pack</p> <p><b>1st GRADE WISH LIST</b><br/>Ziploc Bags- snack size, Watercolor paint, Gluesticks, Clorox Disinfecting Wipes (CRISP LEMON ONLY), Kleenex</p>   | <p><b>Grade 2</b></p> <p>8 skinny dry erase Expo markers<br/>12 Elmer's glue sticks<br/>1 box of Kleenex<br/>16- No. 2 pencils (Dixon or Ticonderoga brand)<br/>2 erasers (medium, pink)<br/>1 box of quart or sandwich sized ziploc bags</p> <p><b>*Please label the following items with your child's name</b></p> <p>2 pairs of Headphones/Earbuds (no bluetooth or wireless pairs please)<br/>1 backpack<br/>2 zippered pencil pouches <b>NO PENCIL BOXES</b><br/>1 pair of child scissors<br/>1 pair of tennis shoes for PE<br/>1 paint shirt (old t-shirt) in a gallon Ziploc bag<br/>1 box of 8 or 10 count washable markers (Crayola brand)<br/>1 box of 24 crayons (Crayola brand)<br/>8 folders (green, blue, orange, yellow, red, purple, and 2 choice with pictures)<br/>1 wide ruled spiral notebook (any color)<br/>1 zipper coin purse with 4 quarters, 10 dimes, 20 nickels, and 20 pennies to use for math<br/>Individual snack for each day</p> <p><b>2nd GRADE WISH LIST</b> Clorox Disinfecting Wipes (CRISP LEMON ONLY) and Extra Kleenex</p>  |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| <p><b>Grade 3</b></p> <p>1 pack of pens<br/>2 packs of 20 # 2 pencils (pre sharpened if possible)<br/>1 package pencil top erasers (40 quantity)<br/>1 pack of glue sticks<br/>1 package of ultra fine tip dry erase Expo markers<br/>Headphones/Earbuds<br/>1 pack of highlighters<br/>1 box of colored pencils<br/>1 box of crayons<br/>1 box of markers<br/>1 pair of scissors<br/>1 backpack<br/>6 folders (1 purple, 1 red, 1 blue, 1 green, 1 black, and 1 choice)</p> <p><b>*We prefer plastic folders for durability*</b></p> <p>1 composition notebook<br/>1 zippered pencil pouch <b>NO PENCIL BOXES</b><br/>1 box of Ziploc gallon bags<br/>1 pair of tennis shoes for P.E.<br/>1 paint shirt (old t-shirt) in a gallon Ziploc bag</p> <p><b>*Please do not label folders or notebooks. We will do this at school.*</b></p> <p><b>Some supplies will be shared between all students in the class</b></p> <p><b>3rd GRADE WISH LIST</b><br/>Kleenex, Extra Pencils, Extra Dry Erase Markers, Extra glue sticks, Clorox Disinfecting Wipes (CRISP LEMON ONLY)</p>   | <p><b>Grade 4</b></p> <p>2 packs of 20 #2 pencils<br/>1 pack of blue pens<br/>12 <b>Fine</b> point dry erase markers and a dry eraser<br/>1 box of Kleenex</p> <p><b>*Please label the following items with your child's name</b></p> <p>Corded Headphones/Earbuds (No Bluetooth)<br/>1 box of colored pencils (16 count or less Crayola brand)<br/>1 box of 24 crayons (Crayola brand)<br/>1 5-subject notebook/ 200+ pages (wide ruled)<br/>1 choice take home folder (prefer plastic)<br/>6 large or 10 small glue sticks<br/>1 highlighter<br/>1 large zippered case to fit pencils, etc. in <b>NO PENCIL BOXES</b><br/>1 pair of scissors (<b>adult size</b>)<br/>1 handheld pencil sharpener (no battery)<br/>1 paint shirt (old t-shirt) in a gallon Ziploc bag<br/>1 pair of tennis shoes for PE<br/>Corded (No Bluetooth) computer mouse (OPTIONAL but helpful)</p> <p><b>4th Grade WISH LIST</b><br/>Gallon Ziploc Bags, Quart Ziploc Bags, Paper Plates, Airwick Room Deodorizers, Clorox Disinfecting Wipes (CRISP LEMON ONLY)</p> <div style="border: 1px dashed black; padding: 10px; text-align: center; margin-top: 10px;"> <p><b>For anyone in need of financial assistance to purchase school supplies, please contact Lynda Hurtz @ ext. 400.</b></p> </div> |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| <p style="text-align: center;"><b>2024-2025 Meal Prices</b></p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;"><b>Lunch</b></th> <th style="text-align: right;"><b>per meal</b></th> </tr> </thead> <tbody> <tr> <td>Elementary (PK-5).....</td> <td style="text-align: right;">\$2.70</td> </tr> <tr> <td>MS/HS (6-12) .....</td> <td style="text-align: right;">\$2.80</td> </tr> <tr> <td>Reduced Meals (PK-12).....</td> <td style="text-align: right;">\$2.40</td> </tr> <tr> <th style="text-align: left;"><b>Breakfast</b></th> <th style="text-align: right;"><b>per meal</b></th> </tr> <tr> <td>Elementary (PK-5).....</td> <td style="text-align: right;">\$.55</td> </tr> <tr> <td>MS/HS (6-12) .....</td> <td style="text-align: right;">\$.80</td> </tr> <tr> <td>Reduced Meals (PK-12).....</td> <td style="text-align: right;">\$.30</td> </tr> <tr> <td>Elementary Morning Milk.....</td> <td style="text-align: right;">\$.25</td> </tr> <tr> <td>Extra Milk with Meal.....</td> <td style="text-align: right;">\$.30</td> </tr> </tbody> </table> <p>REGISTRATION FEE: \$10.00 (6-12)</p> <p>ATHLETIC SEASON PASSES: Cashton Student (PK-12) <b>FREE</b><br/>Adults \$25.00 • Senior Citizen Pass (age 60 &amp; up) <b>FREE</b><br/><b>CONFERENCE ADMISSION:</b> \$4.00 Adults • \$2.00 Students<br/><i>Cashton students with a valid student ID can enter home events free of charge!</i></p> | <b>Lunch</b>  | <b>per meal</b> | Elementary (PK-5)..... | \$2.70 | MS/HS (6-12) ..... | \$2.80 | Reduced Meals (PK-12)..... | \$2.40 | <b>Breakfast</b> | <b>per meal</b> | Elementary (PK-5)..... | \$.55 | MS/HS (6-12) ..... | \$.80 | Reduced Meals (PK-12)..... | \$.30 | Elementary Morning Milk..... | \$.25 | Extra Milk with Meal..... | \$.30 | <p><b>Grade 5</b></p> <p>2 packages of pencils (pre-sharpened if possible)<br/>4 packages of dry erase markers (black expos are best)<br/>2 boxes of Kleenex</p> <p><b>*Please label the following items with your child's name</b></p> <p>Headphones/Earbuds<br/>1 zippered pencil case<br/>1 box of colored pencils<br/>1 pair of tennis shoes for PE.<br/>1- 3 subject notebook- choice color<br/>1 folder for take home (prefer plastic for durability)<br/>1 paint shirt (old t-shirt) in a gallon Ziploc bag<br/>1 pair of scissors<br/>Soft case for chromebook (not required)</p> <p><b>5th Grade WISH LIST</b><br/>Extra Earbuds or Headphones, Dry Erase Markers, Pencils, Flair Pens, Clorox Wipes (CRISP LEMON ONLY), Scented Wax Melts</p>  |
| <b>Lunch</b>  | <b>per meal</b>   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| Elementary (PK-5).....  | \$2.70  |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| MS/HS (6-12) .....  | \$2.80  |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| Reduced Meals (PK-12).....  | \$2.40  |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| <b>Breakfast</b>  | <b>per meal</b>   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| Elementary (PK-5).....  | \$.55   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| MS/HS (6-12) .....  | \$.80   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| Reduced Meals (PK-12).....  | \$.30   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| Elementary Morning Milk.....  | \$.25   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |
| Extra Milk with Meal.....   | \$.30   |                 |                        |        |                    |        |                            |        |                  |                 |                        |       |                    |       |                            |       |                              |       |                           |       |   |

**'LUNCH'**  
continued from page 7

Cashton, WI 54619, 608-654-5131 ext. 401.  
If a hearing is needed to appeal the decision, the policy contains an outline of the hearing procedure.  
If a household member becomes unemployed or if the household size changes, the family should contact the school. Such changes may make the household eligible for reduced price meals or free meals or free milk if the household income falls at or below the levels shown above, and they may reapply at that time.  
Children formally placed in foster care are also eligible for free meal benefits. Foster children may be certified as eligible without a household application. Households with foster children and non-foster children may choose to include the foster child as a household member, as well as any personal income available to the foster child, on the same application that includes their non-foster children.  
The information provided by the household on the application is confidential. Public Law 103-448 limits the release of student free and reduced price school meal eligibility status to persons directly connected with the administration and enforcement of federal or state educational programs. Consent of the parent/guardian is needed for other purposes such as waiver of textbook fees.

**Nondiscrimination Statement**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or  
fax: (833) 256-1665 or (202) 690-7442; or  
email: [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)  
This institution is an equal opportunity provider.

## Cashton Middle School Supply List

**General Supply List**

- Pencils / Pens / Pencil Case • Ruler (standard & metric) • Scissors
- Colored Pencils • Markers • Highlighters • 1 package Index Cards
- Erasers • Glue Sticks • Locker Shelf
- Ear buds / head phones for personal use (These are used on a daily basis so very important to have) • Letter size accordion folder • School Planner (optional but useful for staying organized)
- **Physical Education Equipment:** Change of clothes is mandatory. T-shirts/sweatshirts, shorts/sweatpants, tennis shoes, and deodorant.
- 6th / 7th / 8th Grade Material List**
- Literacy (Reading & Language Arts)**
- (1) red college ruled notebook
- Small Post-it notes
- Social Studies**
- (1) 1" 3-ring binder and loose leaf paper
- Science**
- (1) 1" 3-ring binder and loose leaf paper
- Math**
- (1) blue college ruled notebook
- Scientific calculator with a yx function key (Recommended calculator - Texas Instruments TI - 30X IIS, can be used in grades 6-12.
- These calculators can be found at most stores or online for \$12.00-\$16.00)
- 8th Grade Math - (1) 1" 3-ring binder
- Art Class** – wood pencils
- 6th Grade Ag Class**—notebook
- Middle School Band and Choir:** Polo music shirt (Ordered through school. Information will be sent home through band and choir.) Black dress pants with black socks or black skirt with black tights or nylons. (Leggings are not recommended.) Black dress shoes appropriate for weather.

*Classroom Wish List*

*These items are appreciated at any point during the school year to keep within each classroom. Pens, Pencils, Markers, Crayons, Colored Pencils, Kleenex, and Erasers.*

**All students must pay a Registration Fee of \$10.00. Please bring that money to the office by September 13**

## Cashton High School Supply List

- \* Individual spiral notebooks and folders for each class or binder with loose leaf paper and folder system (this is student choice, but please keep in mind large binder systems do not fit well in hall lockers.
- \* Pencils, blue or black and red pens
- \* Scientific calculator, recommended example - Texas Instruments TI - 30X IIS, can be used in grades 6-12. These calculators can be found at most stores or online for \$12.00-\$16.00 They are used for both math and science.
- \* Highlighter
- \* Earbuds or Headphones
- \* School Planner (assignment notebook), this is optional but useful for staying organized
- \* **Physical Education:** T-Shirt/sweatshirt, gym shorts/sweatpants, tennis shoes, and deodorant
- \* Book Covers are always needed. Paper based covers are recommended. If purchasing the stretchy kind please make sure they are big enough for large textbooks (jumbo size). Book covers that are too small damage the textbooks over time.
- \* **Tech Ed:** Folder (notebook is not needed) and safety glasses (glasses can be purchased from Mr. Schmitz)
- \* **High School Band:** Solid black shoes and socks (no lettering or other colors), Reeds (clarinet/sax), Valve/slide oil (brass)
- \* **High School Choir:** Girls- Robes (provided by school) with black shoes. Boys -Robes (provided by school) with black shoes and pants
- \* **Medical Terminology Class & Anatomy/Physiology Class:** 2" 3-ring binder

**All students must pay a Registration Fee of \$10.00. Please bring that money to the office by September 13th. School supplies and clothing should not depict violence, drugs, or alcohol.**



### 2024-2025 School Calendar

|                 |   |
|-----------------|---|
| August 27-28-29 | Staff Development (No School for Students)                                    |
| September 2     | Vacation Day (Labor Day)  |
| September 3     | First Day of School   |
| October 2       | Regular Classes--Middle & High School<br>Parent/Teacher Conferences 3:30-7 pm |
| October 9       | Regular Classes--Middle & High School<br>Parent/Teacher Conferences 3:30-7 pm |
| October 14      | Staff Development (No School for Students)                                    |
| October 25      | No School   |
| November 1      | Last Day of Quarter 1   |
| November 19     | Regular Classes--Elementary<br>Parent/Teacher Conferences 3:30-7:00 pm        |
| November 21     | Regular Classes--Elementary<br>Parent/Teacher Conferences 3:30-7:00 pm        |
| November 27-29  | Thanksgiving Vacation   |
| December 11     | Regular Classes--Middle & High School<br>Parent/Teacher Conferences 3:30-7 pm |
| Dec. 23-Jan. 1  | No School   |
| January 2       | First Day of School after Vacation  |
| January 17      | Last Day of Quarter 2   |
| January 20      | Staff Development (No School for Students)                                    |
| February 10     | Regular Classes--Elementary<br>Parent/Teacher Conferences 3:30-7:00 pm        |
| February 12     | Regular Classes--MS/HS & Elementary<br>Parent/Teacher Conferences 3:30-7 pm   |
| February 14     | No School   |
| February 17     | Staff Development (No School for Students)                                    |
| March 14        | Staff Development (No School for Students)                                    |
| March 28        | Last Day of Quarter 3   |
| April 17-18     | No School   |
| April 21        | No School   |
| May 26          | No School   |
| June 3          | Last Day of School  |
| June 4          | Staff Development (Half-Day)  |

*Hope everyone had a great summer... now it's time to hit the books!*

**Hagen's Sales & Service**

405 W. Wisconsin, Sparta • 608-269-8497  
Hours: M-F 8-5:30 Sat. 8-noon

**A+ HAVE A GREAT 2023-2024 SCHOOL YEAR!**

**Torkelson Funeral Home**

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**BACK TO SCHOOL CHECKLIST**

- Immunizations
- Annual Wellness Exam
- Sports Physicals

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- < Goat Cheese
- < Juusto Baked Cheese
- < Cutting Boards
- < Local Honey
- < Amish Made Goods
- < Homemade Candy/Fudge
- < Cheese Trays
- < Gift Boxes

**SCHOOL'S IN SESSION!** *WELCOME Back to School!*

Welcome Back Cashton Students!

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Please remember to slow down... **School is in session!**

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Looking Ahead to a Great School Year!

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Westby State Bank 100 N. Main St., Westby (608) 634-6600

Let's have an awesome year, Cashton Eagles!

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COOPERATIVE - WESTBY, WISCONSIN  
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Stop in and check out the children's section!

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We welcome all the students, teacher & staff back for the 2024-2025 School Year!

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**DeLaval**

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School can be fun and a learning experience as well!

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**WELCOME BACK STUDENTS AND TEACHERS!**

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It's a new school year with new classes, new teachers & new experiences... Welcome back...

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# August is National Immunization Month

**Monroe County Health Dept.**  
Press release

Immunizations are one of the best ways to protect the health of a community. Before immunizations, many people died from diseases we now can prevent – such as measles, mumps, chickenpox, tetanus, whooping cough, polio, hepatitis A&B, pneumonia and meningitis. However, the viruses and bacteria that cause these diseases still exist and circulate. When not enough people are vaccinated against a disease, germs can spread easily and quickly, increasing the likelihood that an entire community will become sick. The more people who are vaccinated, the fewer opportunities a disease has to spread. By maintaining high vaccination rates, we can protect vulnerable people who have compromised immune systems and may have poor outcomes, should they become ill.

The Monroe County Health Department (MCHD) recently received a grant through the Department of Health Services (DHS) to provide immunization outreach services focusing on adolescent vaccinations Tdap, HPV and meningococcal. These immunizations are important for pre-teens and teenagers. A Tdap booster is recommended to be given between ages 11-12 years old. HPV vaccination prevents some pre-cancers and cancers related to HPV. It is recommended children get two doses before they turn 13 years old. Meningococcal vaccine is a two-dose series that prevents against infection in the lining of the brain, spinal cord and bloodstream. It is recommended to be given at age 11-12 years and again at 16 years old. Some colleges require meningococcal

# DMV explains steps to obtain an ID to use at the polls

**Wisconsin Dept. of Transportation**  
Press release

The Wisconsin Department of Transportation (WisDOT) Division of Motor Vehicles (DMV) explains the steps U.S. citizens need to take to obtain an ID to show at the polls if the voter does not already have some form of ID, such as a Wisconsin driver license or ID. There is no separate “voter ID” and a federally compliant REAL ID is not required for voting purposes. First, U.S. citizens who will be at least 18 years of age by the next election, who do not currently have a valid Wisconsin driver license or ID, can check the Wisconsin Elections Commission website for information on what forms of ID are acceptable at the polls and other qualifications. This ID may be obtained free from the DMV if used for voting purposes.

## Immunization Outreach Clinics

**Wednesday, Aug. 14**  
Tomah Middle School:  
11 a.m. – 5 p.m.

**Tuesday, Aug. 20**  
Southside Elementary School: 11 a.m. – 2 p.m.  
SAILS: 3 – 6 p.m.  
Herrman Elementary School: 4 – 7 p.m.

**Wednesday, Aug. 21**  
Sparta Montessori: 12 p.m. – 2 p.m.  
Meadowview Middle School: 2 – 6 p.m.  
Sparta High School: 6 – 8 p.m.

Pre-register for any one of these clinics by using the following QR code. Walk-ins are welcome.



Scan QR code to pre-register

immunization prior to starting classes on campuses.

MCHD has scheduled upcoming school-based vaccination clinics in partnership with the Sparta and Tomah Area School Districts in conjunction with their back to school open houses. A wide variety of pediatric immunizations will be available, up to age 18. Please call our office with any questions at 608-269-8666.

Immunization recipients are eligible to receive a free backpack, school supplies and a movie ticket through this initiative while supplies last.

Don't know what vaccinations you are due for? Check out the Wisconsin Immunization Registry (WIR) to see your vaccination records and the recommended schedule at dhfswir.org.

Next, those who need an ID and want to get their first Wisconsin ID should begin at DMV's website wisconsinidmv.gov/idcards. Bring the required documents and apply at your nearest DMV. Appointments are available but not required. Certain documents, such as a birth certificate, proof of identity and Wisconsin residency, are necessary to obtain an official Wisconsin ID card. If all documentation is not readily available, DMV offers U.S. citizens a process that may be used to obtain a receipt valid for voting while the remaining documents or verifications are obtained.

DMV's toll-free hotline at (844) 588-1069 is available for questions on obtaining an ID. Questions regarding voter eligibility, poll locations, voter registration information or other election information may be directed to the Wisconsin Elections Commission website.

# First Confirmed West Nile Virus Activity in Wisconsin

## DHS urges everyone to protect themselves against mosquito bites

**Wisconsin Dept. of Health**  
Press release

The Wisconsin Department of Health Services (DHS) announces the first West Nile virus (WNV) infections in Wisconsin this year in a healthy blood donor from Washington County, whose blood screened positive for WNV, and in a dead bird from Chippewa County that tested positive for the virus. The positive blood donor is not considered a human case because they never developed any symptoms of WNV, which is required to be a probable or confirmed case. The infections confirm that there are mosquitoes infected with WNV in the state that can transmit the virus to other people and animals.

“The first activity of West Nile virus this year in Wisconsin is a reminder that we still need to take precautions to prevent mosquito bites even as summer winds down, as the risk of West Nile virus continues until the first frost. While West Nile virus and other viruses spread by mosquitoes pose a risk to all Wisconsinites, people who have weakened immune systems are at higher risk for significant illness,” said State Health Officer Paula Tran.

WNV is spread to humans, birds, and other animals through the bite of an infected mosquito. Mosquitoes acquire WNV by feeding on infected birds. The virus is not spread directly

from person to person, animal to animal, or animal to person.

Most people (80%) who are infected with WNV do not have symptoms, so occasionally healthy blood donors may unknowingly donate blood while infected with WNV. To prevent spread of WNV through blood transfusions, all donated blood in the U.S. is tested for the virus. Any blood product that tests positive is removed from the blood supply.

DHS has monitored the spread of WNV since 2001. An average of 18 cases of WNV illness are reported among Wisconsin residents each year. WNV cases in humans have been reported from June through October; however, most people with WNV report becoming ill in August and September.

Those who become ill with WNV usually experience mild symptoms such as fever, headache, muscle ache, rash, and fatigue. However, some people (less than 1%) who become infected with the virus get seriously ill with symptoms that include high fever, muscle weakness, stiff neck, disorientation, mental confusion, tremors, confusion, paralysis, and coma. Older adults and those with compromised immune systems are at greater risk of developing severe illness that can be fatal. It is important people contact a health care provider if they suspect they have WNV illness.

The best way to avoid illnesses spread by mosquitoes is to reduce exposure to mosquitoes and eliminate mosquito breeding sites. Mosquito activity and the risk of WNV will continue through the rest of the summer until there is a hard frost (temperatures below 28 degrees Fahrenheit for at least four

straight hours). DHS offers these tips to protect yourself and your family against mosquito bites.

### AVOID MOSQUITO BITES

- Apply an insect repellent with DEET, picaridin, oil of lemon eucalyptus, or IR3535 to exposed skin and clothing.
- Prior to heading outdoors, treat clothing with permethrin; do not apply permethrin directly to skin.
- Consider rescheduling outdoor activities that occur during evening or early morning hours, when mosquitoes that spread WNV are most active.
- Wear long-sleeves, long pants, and socks when outdoors to help keep mosquitoes away from your skin.

### MOSQUITO-PROOF YOUR HOME

- Prevent mosquitoes from breeding around your home by removing stagnant water from items around your property.
- Empty standing water that has collected in tin cans, plastic containers, flower pots, discarded tires, roof gutters, and downspouts.
- Turn over wheelbarrows, kiddie pools, buckets, and small boats such as canoes and kayaks when not in use.
- Change the water in bird baths and pet dishes at least every three days.
- Clean and chlorinate swimming pools, outdoor saunas, and hot tubs; drain water from pool covers.
- Make sure window and door screens are intact and tightly-fitted to prevent mosquitoes from getting into your home.
- Trim or mow tall grass, weeds, and vines since mosquitoes use these areas to rest during hot daylight hours.

## SPORTS SAFETY SPOTLIGHT

# Mayo Clinic advises easing into summer and fall sports to avoid Achilles injuries

**Mayo Clinic**  
Press release

LA CROSSE, Wis. – The warm summer weather can make adults feel like kids again. The Weekend Warrior comes roaring out, and the excitement and bursts of exertion can lead to a very common injury among that group: Achilles tendonitis.

“Achilles tendinitis is most common in people who suddenly increase the intensity or duration of exercise. It's also common when someone hasn't been properly trained for their sport,” says Jacob Erickson, D.O., Sports Medicine, Mayo Clinic Health System.

The Achilles tendon is a long band of tissue that connects calf muscles at the back of the lower leg to your heel bone. This tendon is used when walking, running, jumping or pushing up on your toes. But if it's injured, the pain, typically located in the back of your calf, and lack of function can throw you off your stride for months.

Recognizing when you're at risk for Achilles tendinitis and knowing how to prevent it can keep you walking, running and exercising without pain. Risk factors include:

- Your sex**  
Achilles tendinitis is most common in men.
- Age**  
You're at a higher risk as you get older.
- Flat feet**  
A naturally flat arch in your foot can put more strain on the Achilles tendon.



Jacob Erickson, D.O.

**Obesity**  
Carrying extra pounds also increases tendon strain.

**Poor footwear**  
Running in worn-out shoes or wearing footwear inappropriate for your sport can injure the tendon.

**Weather and terrain**  
Tendon pain occurs more frequently in cold weather than when it's warm out. Running on hills also can put more stress on your Achilles tendon.

**Medical conditions and medications**  
People with psoriasis, high blood pressure or who take certain types of antibiotics, called fluoroquinolones, are at higher risk of developing Achilles tendinitis.

“Although you may be at risk for this type of injury, there are things you can do to help prevent it,” says Dr. Erickson. “For example, if you're beginning an exercise regimen, start slowly and gradually increase the duration and intensity of the training.”

Other tips include avoiding activities that place excessive stress on your tendons, such



as hill running. If you participate in a strenuous activity, warm up first by exercising at a slower pace. If you notice pain during a particular exercise, stop and rest.

Choose your shoes carefully. The shoes you wear while exercising should provide adequate heel cushioning and firm arch support to help reduce the tension in the Achilles tendon. Replace your worn-out shoes. If your shoes are in good condition but don't support your arch, try adding supports in both shoes.

Take the time to stretch your calf muscles and Achilles tendon in the morning, before exercise and after exercise to maintain flexibility. This is especially important to avoid a recurrence of Achilles tendinitis.

Strengthen your calf muscles. Strong calf muscles enable the calf and Achilles tendon to handle activity and exercise stress better.

“If you do experience an Achilles injury, be

sure to rest and avoid exercising the area,” says Dr. Erickson. “Recognizing the pain early and avoiding exercising through the pain is key. Ignoring the pain and continuing to exercise can cause the problem to snowball and become chronic. Early recognition, resting and basic stretching can remedy the problem quickly.”

If you are unable to get the problem to calm down after a few weeks, it is time to contact your healthcare team. Early medical treatment includes more intensive physical therapy exercises and sometimes topical treatment to assist with the pain.

Achilles tendinitis can become chronic and last for many months or even years if not appropriately treated early. Refractory cases of Achilles tendon pain may require surgery to repair the tendon. Healing can take months, so it's best to be aware of your risks and practice preventive strategies to keep you active and pain-free.

THANK YOU FOR READING THE CASHTON RECORD

To subscribe, send \$40 check made payable to Cashton REcord, P.O. Box 100, Cashton, WI 54619

# Accidents & Arrests

## East Coast Duo nabbed for fraudulent jewelry scam

Vernon County Sheriff's Dept.  
Press release

Vernon County Sheriff Roy Torgerson, St. Croix County Sheriff Scott Knudson, Richland County Sheriff Clay Porter, and Viroqua Police Chief Rick Niedfeldt report the arrests of Alexandru Uca, age 28, of Kent, WA and Armando Vaduva, age 27, of Fullerton, CA. The arrests were made early Monday afternoon, July 29, in the city of Viroqua.

On May 30, the St. Croix County Sheriff's Office received a report that a male, traveling in a black colored SUV, approached the caller at a gas station located along Highway 64, rural New Richmond, WI, in the town of Cylon, and said he was out of gas, and in need of cash. The suspect offered to sell the victim jewelry. The victim reported seeing a firearm and the suspect made a statement the victim perceived as threatening. After the exchange was made, it was determined the jewelry contained no precious metals, a misrepresentation. The St. Croix County Sheriff's Office investigated a similar incident on June 4, 2024, and a statewide crime alert was issued to law enforcement agencies.

On July 16, the Vernon County Sheriff's Office received information indicating that an incident, with similarities as both incidents reported in St. Croix County, occurred the previous day, July 15, near Readstown, WI. The information was confirmed; however, the victim chose not to divulge their identity. As a result of the investigations, deputies determined the Alabama



Alexandru Uca



Armando Vaduva

license plate number for the suspect vehicle and the search continued.

Late Monday morning, July 29, 2024, the Richland County Sheriff's Office received a report that individuals were 'flagging down' motorists and asking them for gas money along US Highway 14, near the village of Boaz, west of Richland Center, WI. The same vehicle description was reported, and the vehicle was last seen traveling west, toward Vernon County.

At approximately 11:30 a.m., an alert deputy saw the vehicle traveling north

on US Highway 14, at the intersection of State Highway 27, south of Viroqua, WI. Because of the information that the occupant(s) may be armed, the deputy coordinated with other deputies and officers from the City of Viroqua to conduct a coordinated, high-risk stop.

The vehicle, a black, 2013 Chevrolet Suburban with Alabama license plate number 25Co6NX was stopped without incident and the investigation continued. Cash and jewelry were seized. The vehicle was towed from the scene and impounded.

**Jewelry was seized during a vehicle stop and was determined to have no precious metal. Uca and Vaduva reportedly try to sell the jewelry for gas money.** Contributed photo.

Both Uca and Vaduva were transported to the Vernon County Jail.

Formal charges are being sought through the St. Croix County District Attorney. Uca is also being held for federal authorities. Assisting with the July 29th incident were the Richland County Sheriff's Office and the Viroqua Police Department. The Vernon County Sheriff's Office and the St. Croix County Sheriff's Office are working with the United States Customs and Border Protection.

If you have any information about any of these crimes, contact the Vernon County Sheriff's Office at 608-637-2123, or the St. Croix County Sheriff's Office at 715-386-4701, or your local law enforcement.

The investigation continues.

### AUGUST LAW OF THE MONTH: SCHOOL BUS SAFETY

## Wisconsin State Patrol reminds drivers to keep kids safe as they head back to school

Wisconsin Dept. of Transportation  
Press release

As families prepare for another school year, the Wisconsin State Patrol reminds drivers to slow down and pay attention to keep kids safe. Traffic patterns will change as school buses head back out on the roads. Plan ahead and watch for pedestrians at all times.

The Wisconsin State Patrol's August Law of the Month is school bus safety. Drivers and caregivers all have a role in ensuring kids get to and from school safely.

"Kids count on their community to keep them safe as they go to and from school," Superintendent Tim Carnahan said. "Their safety must be everyone's top priority. Drivers need to be aware of their surroundings and eliminate distractions, and caregivers should talk with children about bus safety. We all have to work together and stay alert to prevent tragedies."

There are about 600 crashes involving school buses every year in Wisconsin.

#### SIMPLE WAYS DRIVERS CAN PROTECT KIDS

School buses stop frequently, and children can be unpredictable. Drivers need to use extra caution when they see a yellow bus on the road. School buses are the only type of vehicle with a specific color required by state law. The national school bus glossy yellow color allows for high visibility for other drivers on the roads.

The school bus loading and unloading area is the most dangerous for pedestrians, so always pay attention to a bus when the stop arm is extended or warning lights are engaged. Also watch for kids waiting at driveways and those walking or biking to or from school.

#### Wisconsin law requires drivers to use extra caution around school buses:

- Flashing red lights: Stop at least 20 feet away, in both directions, from a bus when red warning lights are flashing; the only exception is if you are traveling on the other side of a divided road
- Flashing amber/yellow lights: Slow down when amber or yellow lights are flashing, which signal the bus is about to stop and red lights will soon be activated; drivers can pass a bus with amber lights activated but should do so cautiously
- Yield to pedestrians who have a walk signal or green light, or those who are crossing a road with no signals
- Always follow directions from school crossing guards

- When passed illegally, bus drivers are authorized to report violations to law enforcement. A citation for failure to stop for a school bus costs \$326.

#### SAFETY CONVERSATIONS WITH KIDS

Caregivers should incorporate safety conversations into their family's back to school plans. Talk with children about bus stop safety and general walking or biking precautions.

#### Children should:

- Follow instructions from bus drivers and crossing guards
- Play it SAFE: Stay at least five giant steps (at least 10 feet) away from the curb when waiting for the bus; Always wait until the bus comes to a complete stop and the driver signals to get on the bus; Face forward after finding a seat on the bus; Exit the bus after it stops and look left-right-left for cars before crossing a street (Learn more at: NHTSA)
- Never walk behind a bus; if a child must cross in front of a bus, tell them to walk on a sidewalk or along the side of the street to a place at least ten feet or five giant steps in front of the bus before crossing; make eye contact with the bus driver before crossing; never stop to pick up an item because the driver might not see them
- School buses are designed to be one of the safest vehicles on the road, and drivers receive special training to safely operate a bus. Drivers must pass the Commercial Driver License (CDL) exam with a school bus endorsement. Some bus companies and school districts also hold regular new driver and continuing education programs to ensure safety rules are followed.

In addition, the Wisconsin State Patrol inspects every Wisconsin school bus annually to ensure the vehicles are ready to safely transport children. They conduct about 10,000 inspections each year, evaluating a broad array of mechanical equipment including steering components, brake systems, wheels, tires and structural components. In addition, specially trained inspectors verify that all school bus-specific safety components such as, emergency exits, emergency lighting and stop arms, and other passenger safety items are in place and in proper working order.



Scan QR code to view the August Law of the Month video

## Vernon County Sheriff's Report From the week ending August 3

### July 28

The sheriff's office received a wallet found near the intersection of South Lincoln Street and East South Street, city of Viroqua. The owner was located and the wallet was returned.

The sheriff's office received a call of a cow out near the intersection of State Highway 131 and County Road P, town of Stark. The reporting party stated they were attempting to see what the cow's ear tag stated. The responding deputy was unable to locate any cow.

### July 30

The sheriff's office received a call of a several black Angus cattle in the roadway on Newton Road, town of Genoa. The owner of the cattle was found, and the cattle were removed from the roadway.

While on patrol, a deputy initiated a traffic stop on Ghelf Road, town of Wheatland. The driver of the vehicle was given a citation for traveling 122 MPH in a 55-MPH zone, and a citation for recklessly endangering safety.

Deletrie Gross was traveling on State Highway 35, town of Genoa, when he reported hitting a deer. No injuries were reported. The vehicle was drivable and cleared from the scene.

### August 1

The sheriff's office received a call of a large amount of mowed grass on State Highway 27, town of Franklin. The caller was concerned that the mowed grass was a hazard to motorcyclists. The responding deputy was unable to locate any large amounts of grass in the roadway, so it was possible the grass had already been cleaned up.

While on patrol, a deputy initiated a traffic stop on US Highway 14, town of Coon. The driver was given a citation for traveling 73 MPH in a 55-MPH zone.

The sheriff's office received a phone all about someone finding some cash, an Idaho driver's license, and a couple of credit/debit cards on the side of Helgeson Road, town of Jefferson. The sheriff's office took possession of the

items. The owner was located, and the items were safely returned to the owner.

### August 3

While on patrol, a deputy initiated a traffic stop on County Road N, town of Sterling. The driver was given a warning for the faulty tail light.

|                                    | This past week | YTD           |
|------------------------------------|----------------|---------------|
| Alarm Responses                    | 10             | 286           |
| Animal Related Issues              | 28             | 767           |
| Assisting Municipalities           | 41             | 992           |
| Crimes Against People              | 8              | 480           |
| Crimes Against Property            | 11             | 380           |
| Domestic Crimes                    | 1              | 124           |
| Fire Responses                     | 26             | 1381          |
| K-9 Calls                          | 1              | 33            |
| Medical Responses                  | 29             | 1190          |
| Mental Health Cases                | 3              | 73            |
| Missing Person Investigations      | 2              | 37            |
| Public Talks                       | 0              | 37            |
| Safety Escorts                     | 6              | 164           |
| School Walk Through                | 1              | 177           |
| Search and Rescue                  | 1              | 6             |
| Security Check                     | 90             | 3747          |
| Serving Legal Documents            | 33             | 522           |
| Suspicious Activity Investigations | 20             | 520           |
| Threat Investigations              | 0              | 56            |
| Traffic Accidents                  | 14             | 674           |
| Traffic Related Investigations     | 80             | 2361          |
| Vehicle Lockouts                   | 12             | 220           |
| Weapons Investigation              | 0              | 18            |
| Unclassified Calls for Assistance  | 72             | 1506          |
| <b>Total Calls For Service</b>     | <b>514</b>     | <b>16,905</b> |
| <b>Admissions Into County Jail</b> | <b>19</b>      | <b>432</b>    |

If you have information on an above crime, or any crime, call the Vernon County Crime Stoppers at 608-637-8477 or 1-800-657-6868.

# Got News?

To submit articles and/or photos, email [cashtonrecord@mwt.net](mailto:cashtonrecord@mwt.net).  
Questions? Comments? Call (608) 654-7330

# Church Services

## CASHTON

**Tri-Parish Catholic Community**  
Office: 1205 Front St., Cashton  
(608) 654-5654  
Rev. Michael Klos  
smash3p.org

Nativity of the Blessed Virgin Mary  
26400 Co. Hwy U, St. Mary's Ridge  
Sunday: Mass - 8:00 a.m.  
Thursday: Adoration 6:30 p.m.;  
Mass 7:30 p.m.

Sacred Heart Catholic Church  
1213 Front St., Cashton  
Saturday: Mass - 4:00 p.m.  
Sunday: Mass - 10:00 a.m.  
Tuesday: Mass - 8:00 a.m.  
Friday: Mass - 8:00 a.m.  
Adoration until noon

St. Augustine of Hippo  
W109 County Highway U, Norwalk  
Saturday: Mass - 6:00 p.m.  
Wednesday: Mass - 8:30 a.m.  
Adoration - 5:30 p.m.

**Three Point Parish**  
Office: 539 South St., Cashton  
(608) 654-5236  
Pastor Amanda Schultz  
cashtonthreepointparish.org

Bethany Lutheran  
S1598b Sandhill Rd., La Farge  
Sun., August 18 - 10 a.m.  
Joint Worship Service at the Cashton  
Community Hall. Music by Leather  
and Lace with a pot-luck to follow

Immanuel Lutheran  
Co. Hwy PC, Cashton  
Wed., August 14 - worship at 6:30 p.m.  
Sun., August 18 - Joint Worship Service  
at 10 a.m. at the Cashton Community  
Hall. Music by Leather and Lace with a  
pot-luck to follow.  
Wed., August 21 - worship at 6:30 pm.

Trinity Lutheran  
539 South St., Cashton  
Sun., August 11 - 9 a.m. worship  
Sun., August 18 - 10 a.m., Joint Worship  
Service at the Cashton Community  
Hall. Music by Leather and Lace with a  
pot-luck to follow.

**Evangelical Lutheran Four-Point Parish, Cashton**  
Office: (608) 654-7798  
Online Service on Facebook:  
Cashton Four-Point Parish - ELCA

August 11: 9:15 - Fish Creek Ridge  
Worship / Coffee following Worship  
11:00 - North Coon Prairie Worship  
August 13: 1:30 - Bible Study at the  
Parsonage at 621 Lewis St. in Cashton.  
Everyone is Welcome!!  
August 18: 10:00 - Cashton 7 - Point  
Parish Worship & Potluck at the  
Cashton Community Hall.  
Bring a dish to pass!

## ONTARIO

**Mt. Pisgah Wesleyan Church**  
13198 Pisgah Rd., Ontario  
Pastor Nate Pyykkonen  
(608) 337-4783

Sun. - 10 a.m. traditional song  
service; 10:30 a.m. sermon; 11 a.m.  
contemporary song service.  
Wed. - 5:45 p.m. Royal Rangers; 6 p.m.  
Kids Kraze; 6 p.m. Youth at Grace  
Community Church in Ontario.

**Faith Independent Baptist Church**  
501 E. South St., Ontario  
Pastor Michael T. Gjeffe  
(608) 337-4306

Sun.: Sunday School - 9:30 a.m.;  
Worship - 10:30 a.m. & 7:00 p.m.  
Wed.: Prayer Meeting - 7 p.m.

## ROCKLAND

**St. Peter's Parish**  
Middle Ridge  
Father Biju Kunjukutty  
Saturday - Mass - 8 p.m.  
Sunday - Mass - 10 a.m.

## NORWALK

**St. John the Baptist**  
Summit Ridge  
16585 Kellogg Ave, Norwalk  
Saturday: Mass - 8 p.m.

**Immanuel & Salem United Methodist**  
600 Main St., Norwalk  
(608) 823-7240  
Pastor Fran Hewuse  
10 a.m. - Worship Service

## WESTBY

**Westby United Methodist Church**  
202 E. State St., Westby  
(608) 634-3206  
Pastor Erika Martinez-Flores

9 a.m. - Worship Service  
10 a.m. - Fellowship  
10:15 a.m. - Sunday School  
(Youth: Sept.-May)  
Communion is on the 1st Sunday of the  
month and other special days through-  
out the year.

**Our Savior's Lutheran Church**  
306 S. Main St., Westby  
(608) 634-4871  
Pastor Patrick Kempf

**OUR SAVIORS SKOGDALEN**  
Worship at 10:30 a.m. on Sunday.  
Worship at 9:00 a.m. on Sunday.

**Bethesda Lutheran Brethren Church**  
210 W. Park St. Westby, WI  
Office: (608) 634-4440  
Pastor Paul Tjelta

Worship Service Sundays at 9:30 a.m.  
Wednesday Bible Study at 6:30 p.m.

## SPARTA

**St. Patrick's Catholic Church**  
118 S K St, Sparta, WI 54656  
(608) 269-2655  
Father Eric Burns  
spartacatholic.com

Sunday: Mass - 8:15 a.m., 10:30 a.m.,  
and 1 p.m. (Español)  
Monday: Communion - 8:15 a.m.; Mass -  
6 p.m. (Español)  
Tuesday: Mass - 5 p.m.  
Wed. & Thur.: Mass - 8:15 a.m.  
Friday: Mass - 8:15 a.m.; Adoration - 11  
a.m.; Confessions 11 a.m.; Benedicton  
12 p.m.; Mass - 6 p.m. (Español)  
Saturday: Mass - 4:30 p.m.

## LA FARGE

**La Farge & Dell United Methodist**  
La Farge UMC - (608) 625-2375  
Dell UMC - (608) 625-4563  
Pastor Jorge Ochoa  
dlfumc.org

Faith United Methodist  
S3297 W Salem Ridge Rd, La Farge  
Wednesday: Jivin' with Jesus 3:30 to 5  
p.m. for kids 4K-6th grade.  
Sunday: Worship service online or in  
person at 8 a.m.; Sunday School during  
worship; Youth Group from 6 to 7:15 p.m.

La Farge United Methodist  
212 W Penn St., La Farge  
Sunday: Worship service online or in  
person at 9 a.m.; Sunday School during  
worship.

# Thy Loving Kindness



LIZ FITCH

Kindness to others is not a veneer, put on when needed.

Real kindness is a result of our relationship with our loving God.

When we are close to God, we can't help but be kind to everyone.

Find some kindness this week in church.

## ...be kind to one another....

Ephesians 4:25-5:2

2 Samuel 18:5-9, 15, 31-33      John 6:35, 41-51      Psalm 130



Revised Common Lectionary © 1992 by the Consultation on Common Texts for

Sunday, August 11, 2024  
Twelfth Sunday After Pentecost

*Lord, I pray for the grace to remember You in every moment of my week.*

*Help me to acknowledge Your presence, seek Your guidance, and honor You in my thoughts, words, and actions.*

*May my entire week be an act of worship to You.*

*I commit this week to Your loving hands, trusting that Your plan for me is perfect.*

These weekly church messages are contributed by

the following businesses who urge you to attend the church of your choice

**BANK OF CASHTON**  
724 Front St., Cashton  
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www.bankofcashton.bank

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523 Broadway Street Cashton, WI 54619  
(608) 654-7871

**Hansen's Market IGA**  
FRESH for YOU!  
Cashton • 654-7682

**Cashton Farm Supply**  
608-654-5123 or 1-800-822-6671

**CASHTON CHIROPRACTIC AND UBUNTU MASSAGE AND BODYWORK**  
901 FRONT STREET CASHTON WI 54619  
608-654-5401

**Make Time for God**

The idea of the Sabbath is one that very few people have forgotten, but the practice of the Sabbath has gone almost entirely by the wayside in the United States.

With the many things with which we overburden ourselves today, we often find it hard to set aside an entire day during which we do nothing—no chores, no housework, no laboring of any sort. With all the businesses that are open Sundays to try to keep up with the competition, it is hard to convince the workforce to take a break.

While many stores have reduced operating hours, only a few have no hours on Sunday. However, most employers will work with employees that insist they cannot work on the Sabbath. While this may seem counterproductive for the employer, they do not want the reputation of religious intolerance. In many cases, the higher levels of management are either Christian or know someone who is and can understand your concerns.

As far as home improvement and domestic labor, only you can prevent it on the Sabbath. If you work at it, you can find time during the week to get everything done to allow you to spend your Sabbath day in reflection or with your family. By doing this, you will start your new week more relaxed, help your family grow together and strengthen your religious convictions.

# classifieds & legals

## FOR SALE

**FOR SALE:** Dressers, beds, tables, sofas, recliners, appliances, household goods, tools, sporting goods. Military items, antiques, collectible glassware. Layaway available. Visa & Mastercard accepted. Sparta's New & Used Shop, 269-5555. Hwy. 27 & 190. Across the divided highway across from Sparta Family Restaurant. 7 days a week 10-5. 10-tfnc

## SERVICES

**B&W CONCRETE**  
Route 3, Westby. Concrete flatwork of all kinds. Driveways, patios, sidewalks, basements, garage floors. Bobcat work on evenings & weekends. 20 years combined experience. Free estimates. Call 634-2262, Paul Bjerkos; or 625-4224, Richard Williams.

**NEED PRINTING?** Stop on down to the Cashton Record, Mon.-Thur. 9 a.m. to 3 p.m.

## MISCELLANEOUS

**PREPARE FOR POWER OUTAGES TODAY** with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-888-355-6955 today to schedule a free quote. It's not just a generator. It's a power move.

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## NOTICE OF ELECTION (Type D) VILLAGE OF CASHTON TOWN OF PORTLAND TOWN OF JEFFERSON VILLAGE OF MELVINA

Notice is hereby given that a Spring Primary Election will be held the 13th day of August, 2024

Polls for the election will be open at 7:00 A.M. and close at 8:00 P.M.

**Locations:**  
Village of Cashton – Cashton Village Office -723 Main St.  
Town of Portland – Portland Town Shop - 6736 State Highway 33  
Village of Melvina – Melvina Village Hall - 604 Central Drive  
Town of Jefferson – Jefferson Town Shop- 12035 Olympic Ave.

Polling places are physically accessible per ADA standards.

Publish week of 08/05/2024  
8/08 WNAXLP

### PUBLIC NOTICE

The Town of Jefferson will hold their regular meeting on Wednesday, August 14, 2024 at 6:00 pm at the town hall. Notice change. Deb Mashak-Hundt/Clerk 8/08 WNAXLP

## PUBLIC NOTICES

### MINUTES OF THE JUNE 19, 2024 SCHOOL BOARD MEETING

The meeting was called to order by President Cook at 7:30 pm. Board members present: Flock, N. Brueggen, D. Brueggen, Cook, and Schultz. Absent: None. Notice of the meeting was properly posted.

Motion by N. Brueggen, seconded by Flock, to approve the minutes of the May 15, 2024 regular and closed meetings. Motion approved unanimously.

Motion by D. Brueggen, seconded by Flock, to approve the financial report and the invoices paid during the month; fund 10 check #43780-43938 totaling \$1,092,688.54. Motion approved unanimously.

Motion by N. Brueggen, seconded by D. Brueggen, to approve the special education report. Motion approved unanimously.

Motion by D. Brueggen, seconded by N. Brueggen, to approve the 2023-24 Transportation Report. Motion approved unanimously.

Motion by Flock, seconded by Schultz to approve the Achievement Gap Reduction (AGR) report and five-year contract renewal. Motion approved unanimously.

Motion by N. Brueggen, seconded Flock to approve the 2023-24 Seclusion and Restraint report. Motion approved unanimously.

Motion by D. Brueggen, seconded by N. Brueggen to approve updates to policies 9130 Public Requests, Suggestions, or Complaints and 9140 Citizens' Advisory Committees. Motion approved unanimously.

Motion by Flock, seconded by D. Brueggen to approve the Food Service, MS-HS Registration, and Athletic Event Fee Schedule for the 2024-2025 school year. Motion approved unanimously.

Motion by Schultz, seconded N. Brueggen to approve the proposed contract with Johnson Block CPAs for the annual fiscal audit. Motion carried unanimously.

Motion by Schultz Garcia, seconded by D. Brueggen to renew membership in the WIAA. Motion carried unanimously.

Motion by N. Brueggen, seconded by Flock to approve renewal contracts with Complete Control for the monitoring, operation, and maintenance of the district's HVAC system. Motion approved unanimously.

Motion by D. Brueggen, seconded by Flock to approve updates to the 2024-25 Teacher Handbook. Motion carried unanimously.

Motion by Schultz, seconded by N. Brueggen to approve continued membership in the WIAA. Motion approved unanimously.

Motion by N. Brueggen, seconded by Flock to approve insurance renewals with The Insurance Center for property, legal liability, auto, workers compensation, umbrella, and cyber. Motion carried unanimously.

Motion by D. Brueggen, seconded by Flock to accept the resignation of Greg Lasko (Asst Wrestling Coach) and Nicole Brueggen (Elementary Administrative Assistant). Motion carried unanimously.

The Board set the next meeting date for Monday, July 22 at 7:00 PM. Motion to go into executive session at 8:34 pm to discuss matters exempt from the open meeting law by Statute 19.85(1)(c); specifically, to discuss employee performance evaluations, employee compensation, and to consider candidates for open positions. In favor: Flock, N. Brueggen, D. Brueggen, Cook, and Schultz Garcia. Absent: none. Opposed: none. President Cook reconvened the open session at 9:08 pm.

Motion by N. Brueggen, seconded by D. Brueggen to approve coaching contracts for current softball, baseball, and track coaches. Motion approved unanimously.

Motion by Schultz, seconded by D. Brueggen to approve contract language for Megan Menzynski (Director of Instruction, Assessment, and Intervention). Motion approved unanimously.

Motion by Schultz, seconded by N. Brueggen, to approve hourly wage adjustments for Jocelyn Mlsna and Lynda Hurtz. Motion approved unanimously.

Motion by N. Brueggen, seconded by Schultz to approve the assignment of summer softball assistant coaching contracts to Nick Wall. Motion approved unanimously.

Motion by N. Brueggen, seconded by D. Brueggen to adjourn the regular meeting at 9:10 pm. Motion approved unanimously.

### MINUTES OF THE CLOSED BOARD MEETING HELD ON JUNE 19, 2024:

After the duly passed motion to convene in executive session at 8:34 p.m. to discuss matters exempt from the open meeting law by Statute 19.85(1)(c); specifically, to discuss employee performance evaluations, employee compensation, and to consider candidates for open positions. President Cook called the closed session to order at 8:34 p.m. Members present: Garcia, Cook, Flock, N. Brueggen, and D. Brueggen. Absent: None. Others present: Ryan Alderson, Dawn Nelson, and Jered Hemmersbach. The Board discussed contract renewals for spring season coaches, considered contract language adjustment for Megan Menzynski, discussed vacant summer recreation coaching contracts, and considered compensation rates for administrative assistants. President Cook reconvened the meeting into open session at 9:08 p.m. 8/08 WNAXLP

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### Answers from last week's (8/1/24) sudoku.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 5 | 4 | 2 | 1 | 9 | 6 | 8 |
| 4 | 8 | 6 | 9 | 7 | 3 | 2 | 5 | 1 |
| 2 | 9 | 1 | 6 | 5 | 8 | 7 | 4 | 3 |
| 5 | 3 | 9 | 8 | 4 | 2 | 1 | 7 | 6 |
| 6 | 4 | 8 | 1 | 9 | 7 | 3 | 2 | 5 |
| 1 | 2 | 7 | 3 | 6 | 5 | 8 | 9 | 4 |
| 8 | 6 | 4 | 7 | 3 | 9 | 5 | 1 | 2 |
| 9 | 5 | 3 | 2 | 1 | 4 | 6 | 8 | 7 |
| 7 | 1 | 2 | 5 | 8 | 6 | 4 | 3 | 9 |

### Answers from last week's (8/1/24) crossword.

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| E | R | R | S | L | I | S | P | E | V | E |   |
| L | I | O | N | A | S | E | A | Y | E | S |   |
| L | O | D | E | B | L | A | N | K | E | T | S |
| S | T | E | A | M | A | M | E | N |   |   |   |
|   |   | K | I | L | N | L | E | A | S | T |   |
| W | H | O | M | I | D | I | L | I | L | Y |   |
| R | E | D | E | E | M | C | A | T | N | A | P |
| A | R | E | A | B | L | E | W | T | W | O |   |
| P | O | S | T | S | I | D | L | E |   |   |   |
|   |   | E | L | M | S | S | A | L | S | A |   |
| C | H | A | R | I | O | T | S | S | I | L |   |
| O | A | R | P | L | E | A | E | M | I | T |   |
| G | Y | M | S | E | N | D | D | O | D | O |   |

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# Melvina Frog Days: A Ribbiting Weekend

Record photos by Logan Everson



The first round of the kids' frog races hopped off Saturday afternoon in Melvina Ball Park on Aug. 3. After a racer stalls, adult team managers step in to keep up the pace.



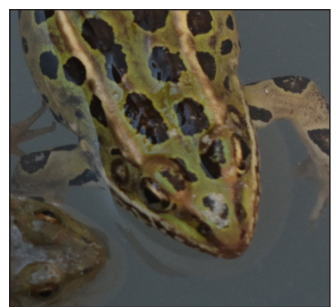
ABOVE Katie Schmitz takes a swing during the co-ed softball tournament as part of the Brenda's Bar team on Saturday. Brenda's ended the tourney in third place.



ABOVE From left to right: Jestin Hemmersbach (first place winner of the relay), Dylan Sharping (relay race runner-up), and Dave Flock (Frog Race Champion). Contributed photo by Reba Flock.



ABOVE Kristt Hilden sends an attack around a block attempt by Trevor Jones on Saturday.



## Melvina Frog Days Results

- 5K Run (Men)**
- First place: Trent Ziegler (25:54)
- Second place: Kevin Croninger (27:41)
- 5K Run (Women)**
- First place: Lisa Nading (26:20)
- Second place: Maddie Klinkner (30:19)
- Third place: Mary Sackman (30:32)
- 5K Run (Kids)**
- First place: Kenley Hundt (28:39)

- Co-Ed Softball**
- First place: AMKM
- Second place: Schmitz Fits
- Third place: Brenda's Bar

- Men's 14" Softball**
- First place: Simonson Realty
- Second place: Klinkner Lawn Care
- Third place: Finnigan's

- 6's Sand Volleyball**
- First place: Talk To Us Nicely
- Second place: Cruz Crew
- Third place: Lern & Burn
- Fourth place: Pecks Fireballers
- Consolation: Hop Diggity

- Frog Race Champion**
- Dave Flock

- Relay Race**
- First place: Jestin Hemmersbach
- Second place: Dylan Sharping



ABOVE Steve Huntzicker of the Melvina Frogtown Sports Club team slams a ball during the afternoon match-up with Dutch Mill Trucking on Aug. 3. LEFT Shelly Anderson, of the 'Talk To Use Nicely' team, looks excited to bump set a ball during Saturday's volleyball tournament in Melvina.



ABOVE Carson Kampton and Hailey Huntzicker won first place in one of the last kids' frog racing rounds of the day. LEFT Melvina Frogtown Sports Club's Trent Eness slides into third base in the Saturday game against Dutch Mill Trucking. Melvina moved on to the next round with the win over Dutch Mill.

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# Sports

AMERICAN LEGION BASEBALL WESTBY/COON VALLEY

## Westby/Coon Valley ends season following state stint

By Zach Rastall  
Sports Writer

The Westby/Coon Valley Bandits kept themselves going into the third day of this year's state Legion baseball tournament, but their state stint ultimately came to a close following three games played.

Westby/Coon Valley was part of the field at the 2024 Wisconsin Class A American Legion State Baseball Tournament, held from Friday, August 2 to Tuesday, August 6 in Osseo. The Bandits were joined in the Class A state field by Viroqua, Lomira, Little Chute, Stratford, Baldwin, Fond du Lac (St. Mary's Spring) and host Osseo.

Westby played in the second game of the opening day's session last Friday afternoon in a matchup against rival Viroqua.

The Bandits never really found their footing in the opener, as Viroqua jumped out to an early lead and never looked back. The 138ers struck for three runs in the bottom of the first with a rally that featured Connor Mathison's RBI double and Alex Hoyum's RBI single.

Viroqua scored twice more in the second inning before Westby plated its lone run of the game in the top of the third on Devin Nedland's two-out RBI single to cut the deficit to 5-1. However, the 138ers added a run in both the third and the fourth to keep the pressure on, then finished things off with a final four-run rally in the bottom of the fifth to bring the mercy rule into effect.

Hoyum's two-run double in the fifth inning officially put the final touches on Viroqua's 11-1 victory. Nedland and Connor Butzler were responsible for Westby's only two hits against the 138ers.

That loss immediately put the Bandits into a spot where another defeat would end their season in the state tournament's double-elimination format. On Saturday, Westby/Coon Valley bounced back strong to roll past Osseo to a 17-5 win.

The Bandits then squared off against Stratford on Sunday in a game that was decided by the thinnest of margins. Stratford led 1-0 for almost the entire game until the top of the



ABOVE Westby/Coon Valley's Kalan Rudie snags the out at second against Viroqua's Jack Olson on Friday, Aug. 2. Viroqua topped Westby/Coon Valley in 5 inning, 11-1.



LEFT Westby/Coon Valley's Connor Butzler throws a ground ball to first base during the opening round of the 2024 Class A American Legion State Tournament in Osseo.

Record photos by Logan Everson/GX3 Media.

seventh. Down to their final out with the bases loaded, Westby tied the game at 1-1 on Gavin Larson's RBI single.

However, in the bottom of the seventh, Stratford had Jaeger Ormond on first base with Alec Chapel at the plate with Nedland on the mound for Westby. Nedland was called for a balk on a pitch that Chapel hit to center. There was a delayed reaction from the Bandits amid

the confusion, but with the ball still live by rule, Ormond flew around the bases and scored the winning run to hand Stratford a 2-1 victory in peculiar walk-off fashion.

Stratford would go on to finish as the tournament's runner-up behind state champion Lomira, who went a perfect 5-0 during the tourney.

In addition to finishing tied for fifth at state, Westby's

Bo Milutinovich and Devin Nedland were named to the all-tournament team. Westby/Coon Valley's players, coaches and fans also earned the state tournament's sportsmanship award.

When all was said and done, this year's Westby/Coon Valley Bandits ended the summer with a 22-7 overall record, a regional championship and another state tournament



### FOURTH IN A SERIES

## Paving the way

Hwy 14/61 base layer set, causes noise complaints

By Logan Everson  
Record Editor

Westby residents have learned the unpleasant way about concrete sawing and curing times.

A video was posted in the 'Westby Area Community' Facebook group on Aug. 6 of a road worker sawing concrete at 12:41 a.m. with the caption "I thought we had a noise ordinance?"

This resident must have not gotten the memo.

"[Concrete sawing] is timed specifically to control how the concrete cures and reduces maintenance issues down the road, if timed correctly," a July 26 post from the project management team on Facebook stated. "We apologize for the inconvenience, as it is likely to happen during evening/nighttime hours."

As of Aug. 8, almost all of the new concrete has been placed. The most recent update from the project manager says that the pouring of gutters, curbs, sidewalks, and driveways will follow and will take a couple weeks.

A traffic switch is slated for implementation later in the month.

### MONROE CO.

## I-90 rest area reconstruction project starts

Wisconsin Dept. of Transportation  
Press release

Reconstruction work on the I-90 Rest Area 16 between Sparta and Rockland in Monroe County is scheduled to begin August 12. The rest area will be closed during construction.

The project will replace the existing facility with a new modernized building and expanded site layout to accommodate additional parking needs. The reconstruction will include the rest area building, parking lots, utilities, and replace the I-90 exit and entrance ramps. Project completion is scheduled for fall 2025.

During construction, motorists may encounter short-term single-lane closures during off-peak hours along westbound I-90 to perform exit and entrance ramp work.