Vol. 44 No. 11 September 2024

Caroline Review

Caroline County's Information Magazine Since 1980

Preston Experiences Economic Growth Local Man Helps Those with ALS Downpayment Grant for Home Buyers Restaurateurs Open Third Location

Photo credit: Mickey Pullen

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In the August Issue, Connie Connolly wrote a piece on Ms. Pat Browne and the scholarship that she started. Robin Fox, a friend of Ms. Browne's, shared that Ms. Browne was so tickled to read the article.

Ms. Browne passed away August 12, 2024.



The fact that it was in the August issue was one of those serendipitous occurences that really can solidfy one's faith. Connie and I had been talking about the article, and I thought I was going to have to hold it until the September or October issue. But space availablity worked out in the August issue, and I was able to run the it.

Ms. Browne had an impact on many people. It makes me smile to think that Connie was able to, in a small way, highlight Ms. Browne's impact by writing about her. There are many people in Caroline County that make an impact - small, big, silent, reported. Its the sharing of those folks' stories that drives the mission of the Caroline Review.

Speaking of, here is the formal mission of the Caroline Review, both- the current magazine and the upcoming news service, "To treat the citizens of Caroline County with respect and dignity through free access to news and information."



Caroline Caroline County's Review Since 1980

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- Information on upcoming events with or without cost, will only be accepted as an advertisement or included at no charge in the Community Calendar.

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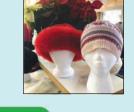
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REVIEW FEATURE

Preston Experiences Economic Growth

Three Diverse Businesses Join the Successful Enterprises in the Town

By Connie Connolly

BUSINESS DYNAMO: SAVANNAH WINSTON ADDS PRESTON OFFICEPLEX TO HER DIVERSE PORTFOLIO

PRESTON – Caroline County native and entrepreneur Savannah Winston is a busy woman.

Besides lending her leadership skills and experience to a variety of local organizations, this Caroline County native is finishing work on her doctorate and serves as president of the Preston Town Commission.

She also is welcoming the business community and freelancers to her Preston OfficePlex, housed in the recently renovated former Provident State Bank building at 239 Main Street.

While she celebrated her grand opening May 3, starting September 1, Winston will establish regular business hours from 9:00 am to 6:00 pm for small businesses, freelancers



Savannah Winston's military veteran parents inspired her work ethic.

and remote workers to spend time working in the internet café, watching programs on a large screen TV, enjoying a cup of coffee and taking advantage of the business center services.

"I just want to get a little Starbucks vibe going on," she said. "If you just need a space to unwind with your computer with free Wi Fi, we're here to serve the community."

The large building stood empty for about three years until Winston purchased it for \$300,000. She completely remodeled it, creating office and meeting spaces and a cold kitchen area for her tenants.

"This building is old, but it's solid," she said.

Easton-based Gibson Construction & Management completed the renovations, freshening up the exterior, and pulling up old carpet and applying fresh paint in neutral colors. "The guys did a beautiful, beautiful job," she said.

Elegant Affairs, based in the OfficePlex created a contemporary, inviting atmosphere.

Winston's tenants offer a variety of services. Vernon Spriggs' niche business is devoted to servicing Hammond organs. Eternal Love Cleaning Service LLC is owned by a husbandand-wife team. Robin Sample offers counseling services, and she'll be celebrating the grand reopening of Peace by Pieces and Journei by Robin LLC 10 a.m. to noon Saturday, Aug. 31, at Preston OfficePlex.

And then there's Savannah Winston.

Her work for the federal government as an accountant has given her a wealth of experience and valuable expertise in administrative project management and information systems. She earned her degree in accounting from the University of Maryland Eastern Shore.

As chief executive officer of VanTech Business Solutions she and her team provide call center services, bookkeeping, tax preparation, and administrative support and payroll services.

She's even repurposed the old bank vault as a gift shop that currently displays her Mary Kay cosmetics, another client's line of fashionable sunglasses and readers, and another's handmade greeting cards. Her goal is to offer Hallmark cards, as well. One of the businesses on the outdoor marquee is her own "Let's Paint," where she hosts artists and groups for themed paint nights. As Commission President of Preston, she is excited about the economic development and growth along Main Street, where she is joined by her business neighbors Advantage Rehab – "Kim Schall is amazing" – and LNT Seafood "and all of the amazing work Lindsey (Vanous) is doing," Winston said. She's also grateful for Ian Fleming for giving Preston a restaurant again, the Preston Roadhouse and Grill.

Perhaps nothing illustrates her drive more than two cherished photos on the wall of the business services center just inside the entrance. Above the photos are the words "Family Legacy."

"These are my parents," Winston said. Walter and Theresa Winston, in formal military portraits, were also Caroline County natives and resided in Jonestown, a mostly African American community just east of Preston, where their daughter Savannah serves as president of the Jonestown Community Development Corporation.

Winston's son Jeremiah Ricketts is entering seventh grade this year, but she said she wants to continue the family legacy through him.

Winston is confident she's on the right path, and she's trusting God to help her fulfill the vision she has for her business and the community she loves. "I'm a firm believer everything works out the way it's supposed to," she said.



The Preston OfficePlex is the brainchild of entrepreneur Savannah Winston.

"He's gotten me this far, so he's not going to let it fail," she said. "I love my town, love my community. I'm a leader, and I love to serve. So that's what it's all about."

For more information about the Preston OfficePlex, visit www.vantechoffice.com, or call Savannah Winston at 410-673-8731.

More Preston business profiles on the following pages



HEALTHY OUTCOMES IN A SPACIOUS SETTING: ADVANTAGE REHAB MOVES INTO FORMER PRESTON PHARMACY

Like the vibrant figures depicted in its logos, Advantage Rehab is on the move in Caroline County.

Owners Kim and Chris Schall recently renovated the Midcentury Modern building that formerly housed the Preston Pharmacy at 243 Main Street.

The Caroline County natives moved to Preston when their second location in Federalsburg proved too small at 1,200 square feet, although Dr. Kim said their time in the town was "a wonderful experience."

The first Advantage Rehab, established in 2011, is located at 103 S. 7th St., Denton.

Now the new 5,000 square foot building provides spacious treatment spaces. The exposed beams and wood flooring provide a barn-like vibe, and there's room for staff kitchen and office space. "We're very happy with the move," Kim said.

"It's going well and we're busy," she said. "We couldn't be more happy with how Preston has welcomed us."

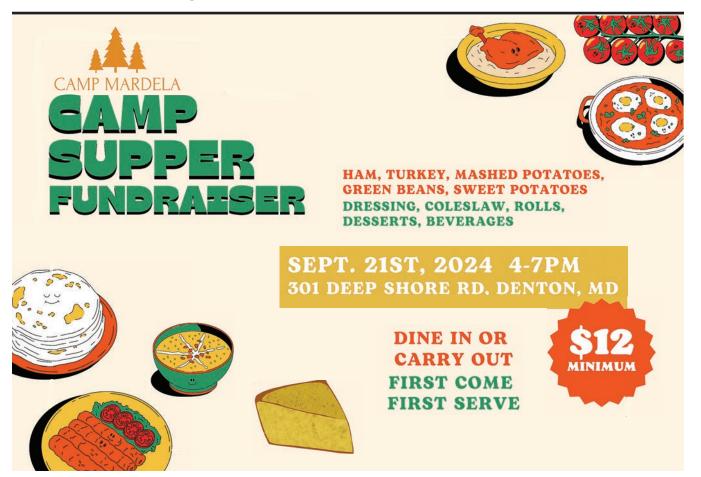
Kim and Chris are both graduates of North Caroline High School, where Chris has taught science for 18 years, with a 15-year interval at Colonel Richardson High School. Their six children also are NCHS alumni.

Kim recently completed her doctorate degree in physical therapy with a concentration in business management. She is a treating physical therapist in the Denton location and is certified in dry needling as well as concussion management. She graduated from the University of Maryland Eastern Shore's Physical Therapy program in 1995.

Continued on the next page



Advantage Rehab is located at 243 Main Street, the former Preston Pharmacy location.



Chris manages the financial operations of the business. Of their six children, two work for the business and two are expressing interest in the field of physical therapy.

The couple were active in high school sports, with Kim playing softball and volleyball (continuing the sport in college), and Chris an athlete in football, baseball and wrestling. Today, both enjoy the water, either at the beach or on their boat with the kids.

PRESTON'S MURAL MAKER: JENN LENDERKING LEAVES HER COLORFUL MARK ON THIS VIBRANT TOWN



Preston artist Jenn Lenderking designed and painted the Meditation Garden mural in James T. Wright Memorial Park.

Growing up on the Eastern Shore, Preston artist Jennifer Lenderking was inspired by the natural beauty she found all around her.

That may be why her drawing, competing with three others, was chosen overwhelmingly by town residents for the Meditation Garden mural on the east end of James T. Wright Memorial Park.

"The closer you look, the more there is to see," Lenderking told the small crowd who gathered for the mural's unveiling Saturday, Aug. 10, during the town's free SummerDaze outdoor festival.

Starting in the spring and working during the hot summer months, Lenderking began by preparing the concrete base. Shore Construction Services LLC constructed the concrete wall and platform.

She painted with exterior acrylic, sealed it with a UV mural shield and added a sacrificial graffiti coat to the 12 feet long and 7 feet high wall. The vibrant colors and design with details of life on the Shore capture the spirit of Caroline County.

Two waterways illustrate the slogan, "Prayer is talking to the Universe, Meditation is listening to it." Details include both commercial and pleasure boats, and a crop duster trailing a banner that reads, "Town of Preston Meditation Garden." You can find out more about Advantage Rehab and Athletic Advantage in both Preston and Denton at Advantagerehabandsportsmed.com, as well as on Facebook, Instagram and Twitter.

The website contains information about treating sports related injuries, total joint replacements, concussions, vertigo and neurological conditions. It also explains post-surgical interventions, balance training and fall prevention, and pediatric physical therapy.

The bounty of fruits and grains grown on the Shore are clustered in the middle of the bottom section, while a bright sun hovers on the horizon; the viewer can decide whether it's rising or setting. The beaches and fields along the banks of the waterways team with native flora and fauna.

The meditation garden is anchored by a gazebo and a sidewalk that leads from the walking path to the mural. Benches allow visitors to stop and meditate or pray.

Lenderking hopes visitors will bring their own meaning to the art. "I really love to leave some of it up for the viewer's interpretation."

"That's part of the point – to cause that thought, that chain of thought, to cause the reaction in the viewer," she said.

Continued on the next page



The garden project was a decade in the making and was encouraged by former town commission members, the late Kathleen Barry and the late Gary Waltemeyer. Town Commission President Savannah Winston called the mural "wonderful."

Town leaders worked the Caroline County Council of Arts, Inc. to write a public art planning grant, and the community voted for their favorite design. The town was awarded a \$30,000 public art project grant from the Maryland State Arts Council.

The park mural is not the only example of Lenderking's work in town. She also designed the "Great Food, Better Times" mural on the Messick Avenue side of the new Roadhouse Bar and Grill at 201 Main St., Preston. She painted it during a break from the garden mural.

For more information about Jenn Lenderking and her art, visit jenniferlenderking.com, illustratorsink. com or LenderqueenStudio on Etsy.

Monthly Caroline Better Together Community Dinners Planned

Caroline Better Together will host the first of its monthly Community Dinners & Dialogues on September 24 at the Lion's Club Community Center at Chambers Park in Federalsburg at 5:30 pm.

This Dinner & Dialogue series will be held monthly on the fourth Wednesday of the month at various locations throughout the county. The events are free and open to all in the Caroline County community.

Meals will be provided by a local caterer, restauranteur or culinary program. We also encourage diners to stay after the meal to participate in a conversation about what's happening in your community related to a specific topic. In September, the after dinner program will introduce the Neighbor Up model of community engagement, mutual aid and how we might use this approach here. Community organizations will also be on-hand to share information and resources that may be useful to you and your family including SNAP, Maryland Health Exchange and the Heating & Energy Program.

Locations, food providers and themes are currently being identified, so look for more in future issues of the Caroline Review and in your mailbox.

Funding for Community Dinners & Dialogues is provided through the Caroline Community Resource Navigation Project. The Caroline Community Resource Navigation Project is co-led by Caroline County Department of Social Services, Caroline County Public Schools Nutrition Services, Caroline Human Services Council, and Chesapeake Multicultural Resource Center.

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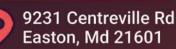
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A local labor of love

Andrew Smith provides practical support for those living with ALS

By Connie Connolly

RIDGELY – For Andrew Smith of Ridgely, providing practical help for those diagnosed with ALS and their families is simply a labor of love.

He even calls it "such a blessing."

Smith, 54, is the CEO of Care for ALS Inc., a local non-profit organization he founded about three years ago to provide special vans, wheelchairs, and other devices to improve the quality of life for those living with amyotrophic lateral sclerosis.

ALS, known also as Lou Gehrig's disease, is an incurable progressive neurodegenerative disease.

He isn't connected with a large organization. He likes being hands-on, connecting personally to the folks he helps. While he is based locally, he wants to extend the reach of the 501(c) (3) organization to all of Maryland and into Delaware.

For Diana "Yogi" Carroll of Ridgely, Smith has been a godsend for her sister Sandy Mitchell, who was diagnosed with ALS last year.

"Without Andrew and his charity, we would have had to (go) through the expense to get her into some kind of vehicle, where she could have some quality of life," Carroll said. "Andrew took care of that for us, and I can't tell you the difference it's made." Mitchell, who now lives at The Residence at Eden Green Assisted Living in Denton, depends on her family for help going places.

But it is Smith who provided the family with a wheelchair accessible van.

Carroll said her sister would have been housebound without the expensive van, the cost of which would have been out of reach for family members' budgets, as well.

"She would have not been able to do anything but come outside and be right in the area where she lived," Carroll said. "This way, we can take her out to dinner. We take her to visit friends. Most importantly, she's able to go to worship every Saturday."



A 1988 graduate of North Caroline High School, Smith grew up with his four siblings in the shadow of his alma mater. His parents, Ed and Penney, are "very supportive," Smith said.

"My dad has always been a member of some type of club," Smith said. "He's very well respected. I'm blessed with very good parents and brothers and sisters."

A dozen years ago, Smith could not have predicted his philanthropic journey, but learning that his former baseball coach had been diagnosed with ALS set him on a new trajectory.

Smith, owned Eastern Shore Ceramic Tile Company for 15 years, then joined the U.S. Army for four years at the age of 38.

In 2010, he was asked to help transform a bedroom into an accessible bathroom for Glenn Blades of Denton, he saw first-hand how "everything gets turned upside-down" when a whole family has to navigate ALS.

He helped organize a fundraising dinner at the Caroline 4-H Park where out-oftown relatives could visit and enjoy an evening with Blades, who passed away in 2013.

Since then, Smith's goal has been simply to help families dealing with the challenges of the disease – without the red tape.

"He watched his friend go through it, so he knows what everybody's going through," said Mary Ballard of Chester, who called Smith an "angel."

"I mean, he's given us a van to use, and if we didn't have that, there'd be no way I could get my husband to doctor's appointments or anything like that – and just to get him out of the house every now and then," Ballard said. Her husband Roger, 78, was diagnosed with ALS two and a half years ago.

"(Andrew) is just so kind. Anything he can do for you he wants to do," Mary Ballard said. "It's not easy at times. It's hard. You have to have caregivers. You have to pay for the caregivers."

Ballard's family called Smith on a Tuesday, and a van was sitting in Roger and Mary's driveway two days later. For Smith, time is of the essence.



The Ballards are able to go on fun road trips and to medical appointments with the help of their wheelchair accessible van. (Photo courtesy Care for ALS Inc.)

Smith and his small staff "can't be any kinder," Mary Ballard said. "Whatever they can do, they want to help you, and this van costs us nothing. It's ours to use. The only thing we have to pay for is gas."

Smith picks up the vans for servicing appointments at JP Automotive in Greensboro. In fact, his cause so impressed the company, they are devoting all proceeds from their customer appreciation day Saturday, Sept. 14, to Care for ALS Inc.

Ballard described a difficult phone call she had to make to Smith.

"It's hard for me to say, but my husband had an appointment over in Anne Arundel hospital, and coming out of the parking garage, I scraped the van up, and it took me two days to call him to tell him, because I was so upset about it," Smith said.

"And you know, he couldn't have been kinder. Just told me not to worry about it. 'It's okay, as long as everybody was okay. It's running okay, don't worry about it." I mean, that's a person that you know goes above and beyond. He's like an angel sent down from heaven,"





From left, Diana "Yogi" Carroll, Sandy Mitchell and Andrew Smith pose with the van Care for ALS Inc. supplied to the family. (Photo courtesy Care for ALS Inc.)

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Oct. 5 MCW Wrestling Event * Oct. 12 Fall Fest

* Nov. 3 Chicken n Dumpling Dinner * Nov. 15 Purse Bingo

Ballard said. "He's the nicest man I've ever, ever met."

Care for ALS Inc. has raised about half a million dollars just during the last three years, Smith said. While he's the Denton Cemetery caretaker during the summer months, by January he and his tiny staff will be busy assembling and mailing 2,000 fundraising packets.

Each van costs upwards of \$70,000. The annual price tag for insurance is \$6,000.

Helping him with Care for ALS Inc.'s mission are fellow Army veterans Tyronne Butler, assistant of operations, and Matt Parker, chief operating officer; Suzi Newnam, president; and Alexis Bullen, logistics and technology expert. All are volunteers with the organization.

"I can't say enough kind words about Andrew and his staff," Ballard said. "I mean, they truly, truly care."

"It sounds like a small thing, but if you cannot travel, having somebody give you the means to do that is just a blessing all the way around," Carroll said. "Sandy has enough she's trying to deal with with the health issues, and I have no idea how we would have gotten her back and forth to her doctor, short of renting something. It's made a big impact on us."

Mitchell, a mom and grandmother who was diagnosed with ALS in June 2023, is the middle of five siblings, and has the support of her in-laws as well. "Without a team effort, it would be too much for one person to help," Carroll said. But Smith and his volunteer staff "went the extra mile."

"Instead of only letting one of us be able to drive the van, he fixed it so three of us could, and his answer to everything is 'Whatever we can do to help.' And with the little bit of knowledge that people, including myself, a year ago knew about ALS, it's not a disease that you can handle without that," Carroll said.

Smith has helped and gotten close to almost two dozen families, and the loss of his new friends affects him deeply, he said. He can empathize with their suffering. On Jan. 7, 2023, he lost his 18-month-old grandson Andrew James "AJ" Smith in a tragic car accident that spared his daughter, who was pregnant with her and her husband Major's daughter Riley.

"This single event has changed my life in so many ways," Smith has posted in a touching tribute to AJ on CareforALS. org. "Each day is a struggle to get out of bed, to function in any sort of normalcy is quite a feat. Initially, it was my goal to quit Care for ALS and just walk away. Grief is a very hard emotion that goes very deep and can affect a lot of decisions we make in life. As a year has now gone by, I feel AJ would want me to continue with my plans only to do them with his little sister, Riley ..."

For Smith, the mission of caring for those with ALS will continue as long as the need exists. On Monday, Aug. 19, Smith was on the road again to AMS Vans in New Jersey to take delivery on a new, 2023 van to help one more family. He hasn't met them yet, but he wants to be ready when the phone rings.

For more information, visit CareforALS.org, or call or text Andrew Smith at 443-258-1959.

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Local Grant Provides Downpayment Assistance

By Joanne Gelles

The Mid-Shore LOVE Down Payment Grant is for buyers in Caroline, Dorchester, Kent, Queen Anne or Talbot Counties. To qualify, applicants must work in one of those counties and meet income and credit score requirements. Applicants do not need to be a first-time home buyer to qualify.

Megan Rosendale, a realtor with Rosendale Realty with an office in Denton, created the grant to encourage people who work in mid-shore counties to purchase homes and live near their work. It is privately funded with monies raised through fun events like golf tournaments, country club gatherings, and casino nights. "The recipient can use the \$1,000 grant to help with the downpayment or to buy paint, a new appliances, carpeting, etc.," Ms. Rosendale explained. Jennifer Woessner bought a home in Federalsburg, and she says "we put the money towards our closing costs which was a tremendous help. With the economy the way it is and the interest rates, it brought down the cost of the mortgage. It was definitely a big help; it was easy and fast and very beneficial to us."

Alex Eaton of Caroline County talked about his experience in being awarded the LOVE grant. "It may not seem like a lot of money, but we bought a fixerupper and every little bit helps! We were very happy with the program." Another Caroline County recipient, George Thomas, said "I used it towards the downpayment on the house I got. It helped me a lot."

Grant applications are found at midshoreboardofrealtors.com. There are also several home buying classes on the website. LOVE Down Payment Grant tax deductible donations can



Megan Rosendale created the LOVE grant to help home buyers.

also be made through the Mid-Shore Community Foundation at https:// www.mscf.org/.

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Know the Risks of Investing - and Not Investing

Submitted by Ann Jacobs, Financial Advisor, Edward Jones - Denton 410-479-0271

Investing involves risk — and so does not investing. You should know how both these types of risk can affect your ability to reach your financial goals.

Let's start with the risks associated with investing. There's not a single investment risk because different types of investments carry different types of risk. Here's a look at three investment categories and some of the risks connected with them:

• Stocks – When you invest in stocks or stock-based mutual funds, you will incur the risk that the value of your investments may decline. Stock prices can fall for any number of reasons – lower-than-expected earnings, a change in management, change in consumer tastes, and so on. Although the historical trend for stocks has been positive, there will always be periods when prices are down. One way to help defend against this volatility is to hold stocks for the long term, rather than constantly buying and selling, and to own a mix of stocks from different industries and even different countries.

• Bonds – When market interest rates rise, the value of your bonds can decline because investors won't pay full price for them when they can get the newer ones that offer higher rates. Another type of risk associated with bonds is credit risk, which essentially describes the risk that the bond issuer may default, potentially disrupting your flow of interest payments. However, you can help mitigate this risk by purchasing investment-grade bonds that receive the highest credit ratings from independent rating agencies.

• Certificates of deposit (CDs) – Although CDs are generally considered safe because their principal is guaranteed, they do carry reinvestment risk — the risk that you won't be able to reinvest the proceeds of a maturing CD at the same interest rate. To help protect against this risk, you could own CDs of varying maturities. When market rates are low, you'll still have your longer-term CDs paying higher interest, and when market rates rise, you can reinvest the money from your maturing shorter-term CDs into the new, higherpaying ones.

Now, let's turn to a completely different type of risk — the risk of not investing. And this risk is easy to understand: If you don't invest, or if you consistently invest only in the most conservative vehicles, your money may not grow enough to allow you to reach your important long-term goals, such as a comfortable retirement.

Of course, this doesn't mean you should never own conservative investments, including CDs and some types of bonds. When you're saving for a short-term goal, such as a down payment on a house, a wedding or a long vacation, you want the money to be there when you need it, so an investment that offers protection of principal may be appropriate, even if it doesn't provide much in the way of growth.

For those long-term goals, though, you may need to build an investment portfolio that contains growth potential and that reflects your personal risk tolerance and time horizon. Over time, your risk tolerance may change. As you get closer to retirement, you may want to take a somewhat more conservative approach — but you'll always need some elements of growth.

When you invest, risk can't be eliminated, but it can be managed. Keeping this in mind, consider a long-term investment strategy that allows for risk but also offers the possibility of reward.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

Edward **Jones***

Job change?

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There are four potential options for your 401(k) when leaving an employer:

- Leave it in your former employer's 401(k) plan, if allowed by the plan.
- Move it to your new employer's 401(k) plan, if you've changed employers and your new employer plan allows for it.
- Roll the account over to an individual retirement account (IRA).
- Cash it out, which is subject to potential tax consequences.
- Cash it out, which is subject to potential tax consequences.

We can talk through your financial goals and find the option that works best for you.



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DOLLARS AND **S**ENSE

by Tolbert Rowe

Pre-paying Points May Not Be an Advantage

The financial world is all abuzz that lower interest rates are coming. At this writing, it is a forgone conclusion that the Federal Reserve will lower interest rates when they meet in September. But because the market has already priced in a reduction in interest rates there is a strong probability that the market will not respond to the action.

Mortgage rates have dropped from a range of 7.5% earlier this year to 6.5% to 7% when this is being written in Mid August. Since the Caroline Review hits the streets the beginning of a month and you will be reading this sometime in September, it is possible that mortgage rates may be lower, or higher or... Wait for it... they may be the same!

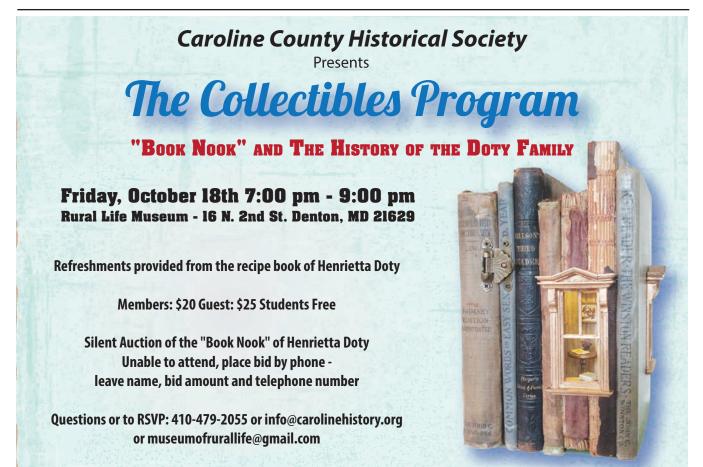
I guarantee that one of those three predictions will be correct.

When checking out mortgage rates, it is important to understand that there is no ONE mortgage rate that is available to everyone. There are two major variables that will impact the interest rate that you will pay, other than the mortgage loan program. Credit score, which is controlled by you the consumer, and discount points or loan fees, which are controlled by the market.

Conventional loan rates, which are loans that are sold to Fannie Mae or Freddie Mac are especially sensitive to a borrower's credit score. The lower the credit score the higher the interest rate. Borrowers with credit scores in the low to mid 600's could pay a rate 1%-1.5% higher than a borrower with credit scores in the high 700's. The goal for anyone is to manage your credit appropriately so you can acquire and maintain a high credit score. Doing so can save thousands of dollars in interest expense.

This is not to say that other loan programs such as USDA, FHA, and VA do not assess higher rates for those with lower credit scores, they do. Just not as severely.

Paying points are a way to permanently lower your interest rate by prepaying interest up front in the form of points. Points equal 1% of the amount of the loan and when paid will lower the interest rate for the life of the loan. Generally speaking, every one point (1% of loan) you pay at closing will lower your interest rate .25%. An example: assume you are borrowing \$300.000, and the 30-year fixed rate is 7% with 0 points, with a principal and



interest payment of \$1,995.91. If you pay 1 point (\$3,000) the rate would drop to 6.75% and the payment would be \$1,945.79, saving \$50 per month. Sounds like "wow what a deal" right? Let's take it one step further.

Doing simple math, you can quickly determine that it will take 60 months to get your money back. (\$3,000 divided by \$50 is 60 months or 5 years). You may think that this is a good deal because over the full 30-year term of the loan you will save a total of \$15,000. To this I say, "no you won't," because there is a greater than 90% probability that you will not have that loan for 30 years.

If you sell or refinance in less than 60 months, you will fail to get your \$3,000 back. Not only did you lose money but you also lost the opportunity to be paid interest if you invested the \$3,000 in a money market fund or CD. With today's savings rates in the 5% range, you could potentially earn \$300 to \$400 per year in interest and retain the

opportunity to use the money at any time for whatever you want to do. But if you pay the \$3,000 to buy down the rate, you will not have the use of that money again. Plus, it is highly unlikely that the \$50 per month you are saving in mortgage payment does not impact your financial life at all.

There no benefit to paying additional points. Double the cost for double the benefit, the time of recoup the investment does not change. \$6,000 divided by 99 months is 60.6 months, the same as if you paid 1 point.

If you are a homeowner with a mortgage who has been solicited to refinance, you need to pay particular attention to how much your monthly payment will drop. Some aggressive lenders will try to convince you that is a smart move to pay \$8,000 in costs to save \$100 per month, which it is not.

Make sure you look at your mortgage payment as an investment. Every payment you make chips away at the principal which is your equity. And every subsequent payment you make increases the amount of principal being paid.

Let me make this point very clear. IF YOU HAVE TO PAY POINTS IN ORDER TO JUSTIFY REFINANCING THAT IS YOUR TRIGGER TO NOT REFINACE.

Mortgage rates have dropped over the last four to six months with much of the drop happening in the last 30 - 45 days in anticipation of the Federal Reserve lowering interest rates. The average mortgage rate hit 6.47% as of August 7, which was a 15-month low and set the table for interest rates to price in a .25% drop in rates by the Fed at their next meeting on September 17 and 18. If they do as expected, then the market may not respond because it has already priced this decrease in August. The actual event of lowering the rate may be a non-event for the market and rates do not move.

UNDERAGE DRINKING? SAVE A LIFE WITH A CONVERSATION.

Alcohol remains the most used substance by teens. A teen brain is still developing until the early- to mid-twenties and is hard-wired to take risks, leaving it particularly vulnerable to substance abuse. Using alcohol, or other drugs, during this time can cause permanent brain changes.

As parents, it is our responsibility to initiate open and honest conversations with our children about the dangers of alcohol and equip them with the tools to make informed decisions. **Visit our website at carolinehd.org for tips and tools.**







The Caroline County Commissioners are dedicated to fostering an informed and engaged community. In Caroline County, Commissioners Meetings are held every Tuesday at 9:00 AM at the Caroline County Courthouse. These meetings are a cornerstone of our local democracy, where important decisions are made about our community. Everyone is welcome to attend and share their thoughts during open comment periods at the start and end of each meeting. If you can't make it in person, you can always reach out through our online form or by calling 410-479-0660, and we'll be happy to assist you. Your voice matters, and we're here to ensure you're heard and supported.

When: Every Tuesday at 9:00 AM

Where: Caroline County Courthouse, 109 Market Street, Denton, MD, Hearing Room 106.

(Note: Occasionally, meetings may be held at alternative locations; please refer to our website for any updates.)

Key Information:

1. Public Comment: We welcome your input. Each meeting includes designated time for Public Comment both at the beginning and the end of the agenda, allowing you to voice your opinions and concerns directly to the Commissioners.

2. Live Streaming: If you are unable to attend in person, you can view the meetings live online. Access the live stream via https://www.carolinemd. org/551/Live-Meetings to follow the discussions in real-time. 3. Agenda Requests: For information on meeting agendas, please contact us via email at info@carolinemd.org. We are happy to provide details on upcoming topics and discussions.

Please Note: There will be no meeting on the 5th Tuesday of the month. Be sure to adjust your calendars accordingly.

We take great pride in our community and encourage your active participation. Your engagement is vital as we work together to enhance our county. We look forward to your contributions and hope to see you at our meetings.

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Join Us for Mactoberfest 2024!

Get ready for a day of cheesy delight at Mactoberfest 2024. Celebrate all things mac and cheese with us at the Chesapeake Culinary Center. Regional chefs will showcase their best mac and cheese creations, competing for your vote to win \$1,000 in cash and the prestigious title of "Big Cheese 2024."

New this year:

Beer tastings: For guests 21 and over, enjoy beer tastings from Ten Eyck Brewery.

Event highlights:

• Vendor shopping: explore a variety of vendors offering unique products.

• Live music: groove to the tunes of DJ Jason Kesler.

• VIP experience: Our new location at the Chesapeake Culinary Center promises an exclusive experience for VIPs.

Mark your calendars for Mactoberfest 2024 – it's going to be an epic celebration you won't want to miss! Click on the QR code to get your tickets today.

GREENSBORD HISTORICAL SOCIETY INVITES YOU:

Help honor the memory of Dr. Charles Hiram Stonesifer

September 27 6pm-8pm.

Greensboro Historical Society 104 E Sunset Ave Greensboro MD 21639

We will share stories or you can present your story on this special night to honor his birthday.

The Greensboro Historical Society continues to work on a scrapbook of memories and memorabilia honoring Dr. Stonesifer.

We invite you to visit during the entire month of September, by appointment, to write your experience or voice record your memories of this great man.

Contact Vanice at 443-896-4830, Mary Lou at 410-482-8903, or Marian at 410-924-4691 to schedule your appointment.

21st Annual Colf Tournament

October 18, 2024 Registration at 11:30 am. Tee Time 1:00 pm with Boxed Lunch Maple Dale Country Club, 180 Mapledale Drive, Dover, DE 19904

For more information, email Vanice L. Myers at firstblkprezhs@gmail.com



Saturday, September 28

at 4 PM

Featuring Lawrence T Tyler , Jr Special Christian singing

Join us for singing, food and drinks on the grounds of Thawley's Chapel.

All you need to bring is a chair for seating, everything else will be provided.

Hope to see you there!

Intersection of Thawley Rd and Reed Rd, Denton

The River is the Center A Choptank River History Project by Kennedy Thomasor

The Flow of Progress: How the History Of Transportation Informs Our **Relationship with the Choptank River**

By Kennedy Thomason

From the blowing sails of schooners to the steady hum of steamboats, the Choptank has seen the evolution of vessels that carried goods and passengers along its currents. But as we go through this timeline of transportation, I present this question: the Choptank River was once the heartbeat of Caroline County, but as its role in transportation and trade has diminished, how do we reclaim its significance in our community today?

The earliest use of vessels on the Choptank were Native Americanmade canoes. Natives used these

canoes for fishing, oystering, and trade, as well as transportation. As white settlers pushed Natives off the riverbanks, they brought with them sailing vessels. The Choptank saw the evolution of sail from schooners and sloops to barques, pungies, skipjacks, and bugeyes. In this early American era, the river facilitated the movement of goods while simultaneously creating networks between farmers, traders, and other businessmen. Even as Caroline gradually abandoned tobacco farming in favor of foodstuffs, the Choptank exported these goods and imported what couldn't be purchased locally. Boat building became



a significant industry along the Choptank as well, with shipyards in Greensboro, Hillsboro, West Denton, and Preston. This successful business brought many long-term settlers to the area, contributing greatly to our popularity and population.

Steamboats made a breakthrough on the Choptank around the 1830s. Steam revolutionized transportation on the Choptank River, drastically reducing travel time and costs while enhancing connections between Caroline County and major port cities. Steamboat Wharf in West Denton became one of the main stops for regular steamboat service via the Dupont, Joppa, Avalon, and many others. Even if you weren't boarding one of these vessels, Steamboat Wharf was the place to be. Families came to watch the ships roll in, entrepreneurs set up shop near the docks, and the community gathered to

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see what new people or treasures the ships had brought. By the 1860s and 70s, railroads started to encroach on steamboat routes. By the 1920s steamboats were almost extinct, despite Caroline Countians' best efforts to uphold the industry by purchasing their own steamer called City of Denton. Railroad bridges and drawbridges began to crisscross the Choptank. The advent of automobiles required more of these bridges to be built as time went on.

Up until this point, the river was used as the primary means of transport, not a barrier to it. I believe that when this shift was made, our regard for the river went on a downward spiral. Today the Choptank is mainly used for recreational boating, commercial crabbing, and as a pretty backdrop for prom photos.

I had the opportunity to speak with Coutrney Leigh, the Membership Manager for Shore Rivers. She shared my concern that in abandoning the river as a central part of our community, we have lost sight of its importance. When I asked her how she felt about our relationship to these waterways now, she said "the rivers connected us in our past, and they still do, but I fear that we are decreasing the ways they can connect us." What she means here is that by privatizing waterfront property and commercializing the river, we are decreasing communal accessibility. Unfortunately, with decreased access comes decreased interest. In her experience, even those who claim to love the water seek to "use it, rather than co-exist with it."

It's hard to comprehend just how central the river was to everyday life before cars. Local and international trading, staying in contact with friends and family, sending resources to troops during wars, transporting prisoners, sending/ receiving mail, importing goods not unavailable on the shore, traveling between local towns or to cities, and everyone's livelihoods, from farmers to fishermen to merchants, relied on the river. Though times have changed, I encourage you to reflect on how to reconnect with the Choptank as a vital part of our community and identity and ensure its survival through the next generations.

If you liked this excerpt, please follow my Caroline County History Project, "The River is the Center." This project emphasizes the Choptank River's central role in the county's history. To read the full version of this article, complete with more details on the vessels discussed above and in-depth historical analysis, visit my website at The River is the Center (https://kthomason1209.wixsite.com/the-river-is-the-cen). I also lead History on the Choptank historical river cruises, which are on select Saturday mornings throughout the boating season. For tickets, visit my website.



El Chupakabra Mexican Restaurant Opening Soon

By Joanne Gelles

A new Mexican restaurant will open in October at 5 N. 3rd Street, downtown Denton, in the former Earth Tones location. According to the owners Guadalupe ("Lupe") Galindo and Carlos Olvera, hospitality, good food, and family atmosphere are what you can expect at "El Chupakabra. "

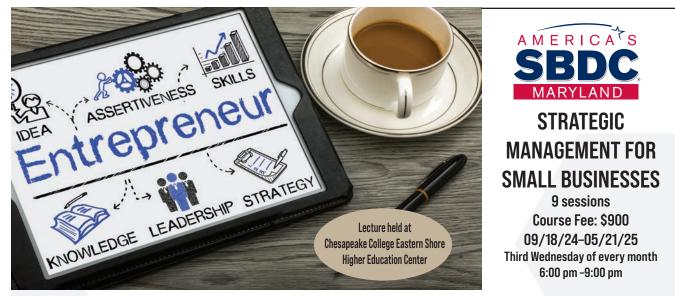
The menu will be authentic Mexican food: tacos, soups, salads, burritos, quesadillas and more, all made with fresh ingredients. For dessert they will offer bread pudding, Mexican ice cream and Churros. There will be a selection of mixed drinks for adults - Mojitos, Crushes, Margaritas, Tequila shots and beer.

Galindo and Olvera met in their home country Mexico as teenagers, moved to the United States, and have been married over 20 years. They started working together in the food service business as cooks, wait-staff, and general manager before opening Lupe's Denton Pizza a few years ago. Two of their four sons work in the restaurants - Juan and Alejandro work at the pizza restaurant.

Carlos and Lupe, seasoned restaurateurs, have pursued their dream to be small business owners. Their 20 years working long and hard have given them the skills and the



Carlos Olvera and Lupe Galindo are opening a Mexican resturant in Denton.



Interested candidates must fill out an intake form and submit to the Small Business Development Center (SBDC) for approval.

Please contact Vanette Seals at 410-822-5400 ext. 2340 or vseals@chesapeake.edu for the form. This process is required to ensure similar competing businesses are not placed in the same course. SBDC Intake form must submitted prior to the start date and approval granted from the instructor. The Strategic Management for Small Businesses Series is designed for growth-oriented entrepreneurs who wish to develop the framework to apply business management best practices to their organization.

- This is a 9-month program covering all you need to:
- Develop structure for your organization
- · Gain a full financial picture of your business and your key performance indicators
- Further develop management and human resource best practices to improve productivity
- Refine your brand and market awareness
- Develop short term strategies that will yield immediate improvements in profitability

The course has a three-hour lecture each month (which can be attended virtually and will be recorded) and independent coursework supported with one-on-one counseling with mentors who have walked the path of successful small business ownership.

endurance needed for a thriving small business. "We are a team" Carlos says pointing to his partner, Lupe. "She is the people person and the chef; I'm just the visionary behind the scenes."

Their son Juan follows their example and he plans to continue operation of Denton Pizza even after Lupe opens El Chupakabra. Brother Alejandro will help out at the new place answering phones and taking orders.



Next generation restaurantuers Alejandro and Juan support the family's current and future enterprises.





Dig In with the Caroline County Garden Club

Facebook - "Caroline County Garden Club-Maryland." Via email at ccgardenclubinfo@gmail.com with any questions about the club or gardening!

By Kimberlee Eveland

You've tilled the ground, tended the seeds, managed the weeds, watered as best you can and now it's time to harvest the fruits of your labor.

It's been a tough growing season here in the county, but hopefully you've been able to enjoy some delicious fresh fruits and vegetables over the past month or so. Alas, summer is waning and now it's time to consider how you might go about capturing some of those summertime flavors for later this year when it's cold and rainy and the taste of ripe tomatoes or sweet peaches is just what you crave.

There are probably millions of recipes out there to help you with this opportunity — ranging from "oh my gosh, it's complicated" to "really, can it be that simple". I'm talking about canning, which actually is jarring (the glass kind), and the choice of complicated or simple is yours, but let me suggest time be your guide.

Some pickle recipes are quick and easy, as simple as





The fruits of your labor can be enjoyed long into the colder seasons with canning.



adding a brine to your your cukes and onions and letting that age in your refrigerator for a few days before enjoying them. For fruit jams you can also find refrigerator recipes. This type of canning is for those of you who don't intend to store these yummies on a shelf as they need to be consumed relatively soon after they have been made. But if you're willing to put in the time to process your jars, if done correctly you'll be able to enjoy your bounty not only as soon as it has cooled but even months later.

If you are fortunate enough to have grown your own fruits and vegetables, I'm envious. Luckily for us however, our Green Garden County offers ample stands of beautiful fruits and vegetables, and for this purpose you can also use the less than perfect specimens. So, why not give canning a try? You might really enjoy the process, and you know you'll love the result.





The Residence at Eden Green launches in Denton

Grand re-opening highlights renovations, new memory care wing

By Connie Connolly

DENTON – Two Maryland businessmen are heavily investing in the renovation and update of a local assisted living facility with a long history in Caroline County.

John Degen of Annapolis and Andrew Teeters of Bethesda purchased the 28-acre campus of the former Homestead Manor on Colonial Drive in January 2024. Degen is president and Teeters is CEO of Chesapeake Caregivers Management LLC. "We're both so happy and grateful to be here, to be a part of the community," Degen said.

Teeters thanked "all of our team members because they're the ones doing this. It really isn't about the building, it's about the people in the building and the services we provide for our residents."

The partners recruited Irma Toce to manage the new facility. Last year, Toce retired as the award-winning CEO of Londonderry on the Tred Avon retirement community in Easton, where she had served for a decade.

"I've been in this field for a long, long time, and I love what I do and I love what I see," Toce said. Her vision is to give "the residents the best life we can give them."

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Specializing in Medicare Supplemental Plans, Medicare Advantage Plans, Medicare Part-D, Dental and Vision, and Life Insurance "If this is to be their last chapter, let's make it a happy one," Toce said. "And I feel personally always very privileged to be part of that, and being able to help somebody through that."

"We are definitely investing long term and the future of this building," said Andrea Ellen, vice president of sales and marketing. "It really had not been touched for many years ... and we're (renovating) the whole building."

The two owners bought the community for \$4.5 million, and expect to invest over a \$1 million in renovations.

Degen, who has owned, operated and developed assisted living facilities since 2002, said he had known about the Homestead community for decades.

"I knew that the community had a strong background in hiring local staff, and (the building) had good bones," Degen said.

They said developing a senior care residential community in Caroline County is important. "Our goal is to create a locally based company, and so coming to Caroline County, coming to Denton, it's been amazing – (we've gotten) a great reception from the town," Teeters said.

"We want to build relationships with everyone in this room and with the local businesses," Degen said. "I'll be here; you'll see me around town. I love to go in and eat at local restaurants and meet new people."

"One of the first things that the new owners did was reach out to us at the town, and I'm not even sure if the deal was done," Denton Town Administrator Scott Getchell said. "We're committed to doing whatever we can do to help them succeed."

"It was important to (the new owners) to be part of the community, not to just be business owners in the community," Getchell said. "I knew the original owner of this facility and he had a big heart for seniors – a wonderful person – so it's really nice to know that the same kind of people are taking over."



Exterior shot of The Resident at Eden Green. The new owners plan to inviest over \$1 milion in renovations to the buildings and facilities on the 28-acre campus.

The enterprise has changed hands a couple of times since the Rev. Paul Dieter and his wife Jane envisioned the former Wesleyan campus in the early 1970s.

Caroline County Commissioner Larry Porter, who worked for the Town of Denton at the time, said Dieter was the driving force behind the senior living complex, which began operations in 1982.

In a phone interview, Porter called the complex a "pretty big group effort," involving an easement of town water and sewer to the site and getting neighbors' buy-in. Dieter was "one of the most incredible people I worked with," Porter said.

"What we're doing here is a much-needed service and there's a significant demand for it," Teeters said. "The building needed a significant renovation; we've done a lot of work and there's still work to be done."

Under construction soon will be a secure, "dedicated and specialized Memory Care neighborhood" to be staffed with "people that are specialized in dementia care training," Teeters said. "What we're finding is a lot of the people coming in as prospective residents have some form of dementia, including Alzheimer's."

The main building, which has 61 apartments, can accommodate 85 residents. The campus, which borders a



The Residence at Eden Green owners John Degen and Andrew Teeters flank Irma Toce as she cuts the ribbon for the grand-reopening.

scenic lake, also has 24 independent living cottages, which will also be renovated. Chesapeake Caregivers Management is approved to build an additional 19 cottages.

The partners' investment in senior care is "really a calling for us," Teeters said. "Providing a safe and healthy environment for seniors in their last chapter is so important."



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SERVING DELMARVA OVER 40 YEARS

River Road detours finalized

Officials may adjust plans as needed

By Connie Connolly

DENTON – The River Road culvert replacement project will likely last through September, but county officials are determined to do what they deem is necessary to keep motorists – including young drivers – safe, especially as school started on Wednesday, Aug. 28.

County Commission President Travis Breeding and Vice President Larry Porter reviewed on Tuesday, Aug. 20, final plans and recommendations with Deputy County Administrator Daniel Fox, Department of Public Works Director Robin Eaton, and Capt. Rodney Helmer, chief deputy sheriff of the Caroline County Sheriff's Office, following a virtual meeting the day before with Caroline County Public Schools officials and State Highway Administration officials.

While the plans the commissioners discussed at their Aug. 6 meeting remain essentially the same, the two commissioners in attendance reiterated the need to keep the public informed and safe.

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Drive a Little, Save a Lot! Open Saturday & Sunday 10 to 2 Weekdays by Appointment The Holly Road closure from Central Avenue to State Route 404 will be in effect for a 30- to 40-minute time frame only as students and buses travel to and from North Caroline High School, located on the corner of River Road and Central Avenue.

"This is not a permanent closure that's going to affect anybody on a Saturday or Sunday or during normal traffic hours," Fox said. "We're definitely trying to make sure that the students, as well as the staff, are accessing 404 (safely) ... and this is the safest way."

Sheriff's deputies, public works employees and SHA officials will monitor the intersections at Central Avenue and State Route 480 in Ridgely, and 480 (Ridgely Road) and State Route 404 at Hillsboro.

The traffic light at the Hillsboro intersection is "being reprogrammed" to accommodate school traffic, especially through the long Labor Day weekend, Fox said.

"Obviously, with any good plan, we're looking to build on this, but the first day we start noticing any ... or obstacles that come up, we're going to communicate and try to adapt to those," Fox said.

Breeding repeated what he said at the Aug. 6 meeting and advocated school traffic heading north to Greensboro.

"We should try to entice as many people as we can to go north to Greensboro" to avoid Route 404, he said.

Porter commended the group that has met multiple times to discuss the detour, and commented on the need to replace the "deteriorating" road, saying again that when "this is all done, it'll be a lot safer."

"We'll look back at this and say, yeah, it was pain, but I think it will be better, certainly, than it was," he said.



American Legion Caroline Post 29 9238 Legion Rd, Denton Doors open at 5 PM Games start at 7:30 PM

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Detour Routes To/From North Caroline High School

Map 1: NCHS Morning Vehicle Traffic

NCHS morning drop off during River Road closure:

- All vehicles should enter and exit from the Central Avenue direction and continue to the parking lot or through the drop-off lane at the front doors of the school.
- Only buses should enter and exit from the Holsinger Road direction.

Please see Afternoon Dismissal map.



Map 2: NCHS Afternoon Dismissal

Car traffic use Central Avenue to avoid bus traffic.

However, between 2:40 and 3:15pm, car traffic will be closed to Holly Road, and will be directed to continue on Central Avenue to Ridgely Road (Rt. 480) in order to access the traffic light crossover on Rt. 404.

During anticipated heavy travel days (Labor Day Weekend: Thursday, Aug. 29; Friday, Aug. 30; Tuesday, Sept. 3), CCPS buses will also use the Ridgely Road route.





Caroline CASA Court Appointed Special Advocate

Court Appointed Special Advocate

by Amy Horne, Executive Director, CASA of Caroline

Help a Child - Volunteer for CASA

You read these articles from CASA every month in the Caroline Review, but what IS CASA? CASA stands for Court-Appointed Special Advocates and our mission is to recruit and train volunteers from within the community to advocate for children in foster care. Our volunteers monitor the well-being of these kids and make recommendations to the courts as to what is in the child's best interest.

CASAs provide children in foster care with a consistent, stable adult to help them navigate an otherwise scary time in their lives. CASAs advocate for resources that will help the child heal and thrive until they achieve what every child most deserves; a stable, loving and permanent home, whether that be through reunification, guardianship or adoption. And here are five reasons why YOU might want to consider enrolling in the next pre-service training class (scheduled for October) and become a CASA volunteer.



Are you interested in learning more about the Catholic Church? Are you unbaptized but recognize a need for spirituality in your life? Are you baptized into another religion or into the Catholic Church, but never received any formal religious education? Are you married to a Catholic and attend Mass but just don't know what the next step is to become one of the Catholic faithful? Are you yearning for something more in your life?

The Order of Christian Initiation for Adults (OCIA) may be the place for you. Every year adults are welcomed into the Catholic Community through OCIA. It is a learning process through which conversion of the heart brings you to deeper faith and understanding. For more information about our OCIA program, contact Kasey Perza, at 410-634-2253 or kperza@beparish.com.



Classes are held on Sunday mornings from September 15 – May 15 in the Parish Hall located behind St. Benedict Church ~ 408 Central Ave., Ridgely MD 21660. Learn more about our parish at www.beparish.com. 1. Advocate for Change: CASA volunteers are the voice forhildren who have been removed from their homes due to abuse or neglect. By advocating for their best interests in court, you become an agent of positive change in a child's life. Your dedication can reshape their future and provide the support they need during challenging times.

2. Make a Lasting Impact: The impact of a CASA volunteer extends far beyond the duration of a case. Your commitment to ensuring a child's well-being can leave a lasting impression on their life. You contribute to breaking the cycle of abuse or neglect, creating a ripple effect of positive change for generations to come.

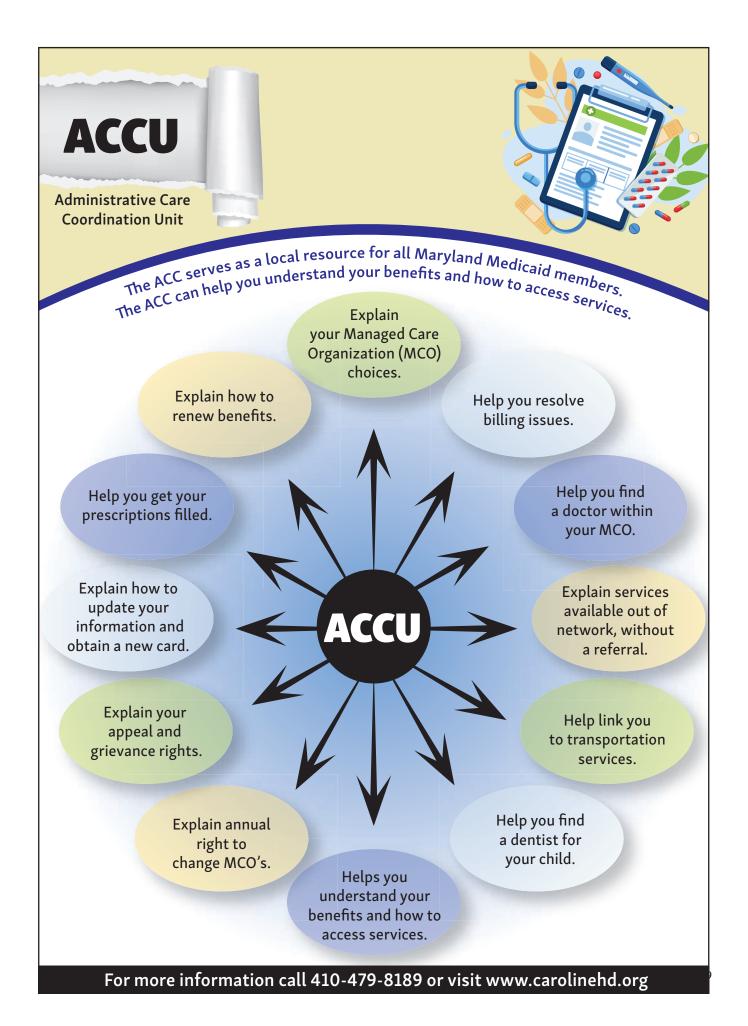
3. Develop Strong Advocacy Skills: Becoming a CASA volunteer isn't just about giving back; it's also an opportunity for personal and professional growth. You will hone strong oral and written communication skills as you articulate the needs and concerns of the child to the court. These skills are valuable assets in various aspects of life.

4. Flexible Volunteering Commitment: CASA understands that volunteers lead busy lives. With a commitment of approximately 10-20 hours per month when assigned to a case, you can make a significant impact without compromising your other responsibilities. This flexibility ensures that volunteering with CASA is accessible to individuals with diverse schedules.

5. Comprehensive Training: Before taking on a case, you will undergo thorough training to equip you with the knowledge and skills needed for effective advocacy. The training doesn't stop there – ongoing learning opportunities throughout the year keep you well-prepared to handle the complexities of each case.

If this sounds like something you'd like to do, we encourage you to apply NOW through the CASA of Caroline website, www.casaofcaroline.org, or contact Amy at www. carolinecasa@verizon.net or 410-479-8301. The next pre-service training class is scheduled to begin in early October. By becoming a volunteer advocate, you can "Change a Child's Story "!







Helping the whole family

By Heather Harding and Audrianna Goddard

Happy September, Caroline County!

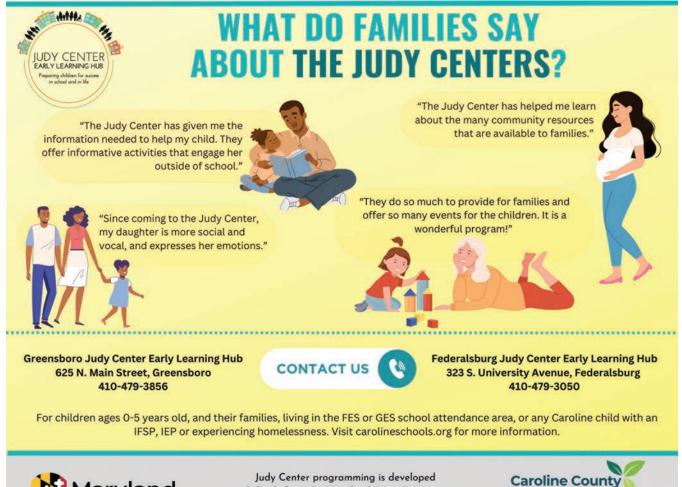
We are excited to partner with the Caroline Review and share information about what we do. The Federalsburg and Greensboro Judy Center Early Learning Hubs are looking for families and partners to join in our adventures during the 2024-2025 school year.

The Judy Center Early Learning Hub utilizes a multigenerational approach, recognizing that young children are dependent upon their caregivers for all their needs. We work to improve the quality of life for the families we serve and help prepare children from birth through five years of age for school readiness.

In order to be eligible for Judy Center Early Learning Hub programming, you must meet one of three criteria:

Be the parent/guardian/family of a child 0 - 5 years of age who either:

- lives within the Greensboro or Federalsburg school attendance areas
- OR lives in Caroline County has an active Individualized Family Service Plan (IFSP) or Individualized Education Plan (IEP)
- OR resides in Caroline County and is experiencing homelessness.





with funds from the Maryland State Department of Education, Division of Early Childhood



If you meet one of the above criteria, you are eligible to participate in the Judy Center Early Learning Hub program.

The Judy Center Early Learning Hub programming is developed with funds from the Maryland State Department of Education, Division of Early Childhood. A Judy Center Early Learning Hub bridges the home/school gap by forming relationships with children and families at a younger age.

We bring younger children into early childhood educational environments in several ways:

- We provide playgroups and family events held at the Judy Center or in our home schools.
- We provide families with resource referrals to partners, family goal development and provide materials for the child and family to be successful in school and in life.
- We partner with high quality, licensed childcare providers in Caroline County. Childcare partners provide access to safe nurturing learning environments for children while their families work and/or go to school.

- We work with our provider partners to host professional development opportunities, co-host family engagements, and provide support for the Judy Center eligible children/families in their care.
- We have partnerships with various community organizations that focus on children and families. We collaborate with them to bring their valuable services to our families either through playgroup visits or by attending/hosting outreach events.

Our mission is to empower the child's first and best teachers - their families. Providing positive learning opportunities and experiences enabled families to build on what they have learned and continue similar experiences independently.

For more information about either Judy Center Early Learning Hub, please visit the Caroline County Public Schools website at www.carolineschools.org or follow the Judy Center of your choosing on Facebook by scanning the QR codes on the ads.



Benedictine Announces New Board Members

Benedictine has welcomed four new members to its Board of Directors -Candace Chiaruttini, Bruce T. Miller, Susan O'Neill and Larry Porter. "We are thrilled to add these talented individuals to our team," commented Benedictine Executive Director Scott Evans. "Each brings a unique set of skills that will enhance Benedictine's mission to support children and adults living with intellectual and developmental disabilities so they can achieve their greatest potential."

Larry Porter has served Caroline County since 2011, including in the boards and took a leadership role on the Caroline Health Task Force, which led to the development of a historic agreement with the Shore Regional Health System to improve health outcomes in the county.

Candace Chiaruttini and her husband, Paul Milne, are active members of the Easton community. They founded the famed restaurant, 208 Talbot, in St. Michael's and created the Oaks Waterfront Inn in Easton. A childhood friend of Chiaruttini is a supported adult at Benedictine and she has great admiration for

Porter says he chose to serve on the Board of Directors because, "I admire what they do. The work is admirable. And it is tough."

capacity of President of the Caroline County Commissioner, and is the Commissioners' Representative on the Mid-Shore Regional Council. He has served on numerous local

the services that it provides the developmentally disabled community.

Bruce T. Miller has an extensive background in financial management

having worked in bank management and served as the finance director for a range of municipal governments, including the City of Annapolis. He is currently the Director of the Calvert County, Maryland Department of Finance.

Susan O'Neill is the Executive Director of the Upper Shore Regional Council and chairs the Board of the Rural Maryland Council, an association that disseminates state funding and promotes rural communities. O'Neill's sister is supported by Benedictine and lives in one of its adult group homes.

For more information on Benedictine's programs and services and ways to support, please contact Claudia Cunningham, Chief Advancement Officer, at 410 634 2292 or Claudia. cunningham@benschool.org. Visit Benedictine at www.benschool.org.



FALL 2024 FLU VACCINE CLINICS

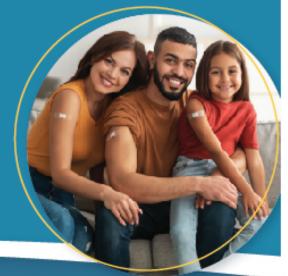


HOSTED BY THE CAROLINE COUNTY HEALTH DEPT.

The Caroline County Health Department has scheduled flu vaccine clinics for the public on the dates below. The CDC recommends annual flu vaccination for everyone 6 months and older. Our clinics will provide the correct vaccine based upon the patient age using your registration info. You do not need to register for a specific variation. These flu vaccines are free to the public.

All clinics will take place at the Caroline County Health Department (403 S. 7t St, Denton) from 9:00 AM to 12:00 PM and from 1:00 PM to 4:00 PM:

- TUESDAY, OCTOBER 1
- TUESDAY, OCTOBER 8
- TUESDAY, OCTOBER 15
- TUESDAY, OCTOBER 22
- TUESDAY, OCTOBER 29





bit.ly/OCTFLU2024

PRE-REGISTRATION REQUIRED

To register, use the QR code or link at right, or call 410-479-8000 and select OPTION #2.

First time users of the online registration system will be prompted to create a personal profile. When registering, select "Influenza Vaccine" and "Schedule a future appointment."

Please remember to bring a photo ID and a copy of your insurance cards.

WWW.CAROLINEHD.ORG | 410-479-8000 | 403 S. 7TH STREET, DENTON, MD 21629

OBJECTS IN MIRROR ARE CLOSER THAN THEY APPEAR

The Salt of the Earth, Right Here

by Bryan Gadow

There was a song upon the radio, in my sixteenth year, and it remains a favorite of mine. Steve Earle sang: "I work at the fillin' station on the interstate, pumping gasoline and counting out-of-state plates. They ask me, 'How far into Memphis, son' and "Where's the nearest beer?' They don't even know that there's a town around here."

On any given Sunday, spring through fall, I find myself pulling my old car into the parking lot of Denton Wayside church. I thank God that I'm not heading west, as I watch folks crawl, bumper-to-bumper, back to "Bawlmer" and DC. Horns honk, and fender benders aren't uncommon out there at the blinking light. As I sit there and gaze at the neverending mass of iron and rubber creeping by, I think of that last line. And, what a pity. Friends, take a few minutes to consider all they've missed!

They've never been to American Corner on a Thursday night and saw Curtis Andrew sell a box lot of antique china. They've never stood on Hunting Creek Bridge, fishing pole in hand, breathing in the sweet smell of the marsh and hearing a distant red-winged blackbird. Never have they heard a band play on the courthouse lawn at Summerfest or stood with their hand over their heart as the Star Spangled Banner is sung at the Threshermen's Show. They haven't walked the idyllic streets of Ridgely or Hillsboro, or gazed across the creek at Martinak as the trees gently sway in the breeze. Why didn't they bother to pick strawberries at Wings Landing, or apples at Redemption Farms, or grab a basket of peaches at Heritage Orchard? Didn't they ever think of taking the fall train from Hurlock to Federalsburg and back, or feel the ground pounding at the tractor pull



in Greensboro? Did they somehow not know of the great crabcakes at Cohee's 404, or the gifts they could find at the What's New Shop?

Didn't they know that the salt of the earth lives here? Didn't they want to stop and say hello?

Every once in a great while, a stranger will steer their car into the church parking lot. Maybe they need a bathroom break, or their tire has gone flat. Some feel led to hear the Word. Truly, I wish more would do so. I pray for them, and surely, I'm not alone. They need our prayers, for indeed, they're missing so much. As for you, dear reader, surely YOU have not been missing out? Have you checked all these things off YOUR list?

That old song ends with this: "I got me a '67 Chevy, she's low and sleek and black. Someday I'll put her on that interstate and never look back." Way back then, this Caroline County boy drove a '67 Chevy, and indeed it was low and sleek and black. I owned that rig for a long, long time and saw an awful lot of roads, but I don't recall ever steering it onto the interstate. I suppose that's just as well: the things that have really mattered to me in life, I found right here. Those folks chasing the white line? If only they knew.







Shore Legal Access Announces Three New Members to Board of Directors

Shore Legal Access recently welcomed to its Board of Directors Angel L. Perez-Otero, of Caroline County; Jenifer Goolie, Esq., of Wicomico County; and Sean Seldon, of Wicomico County. Executive Director Meredith Lathbury Girard, Esq. said of the new members, "Angel, Jenifer, and Sean share our core value of making justice available to all. Their experiences, passion for service, and connections with the communities we serve will help us continue to make the Eastern Shore a more just place to live."

Angel L. Perez-Otero, founder and CEO of Caroline Pride, LLC, has served on several non-profit boards and committees in Caroline County. His community work has benefited many Caroline County residents, for which he was named 2020 Citizen of the Year by the Caroline County Chamber of Commerce. He is currently the Programs and Events Manager for the Chesapeake Culinary Center in Denton.

Perez-Otero's experience as a former client was a major reason why he wanted to join Shore Legal Access' Board of Directors. "As a member of an often-overlooked community who received support from Shore Legal Access when I needed it most, I want to ensure that others in my community facing similar difficulties get the help that they need," Perez-Otero said.

Jenifer Goolie, Esq. has been an attorney for the Somerset County Department of Social Services for 17 years. Originally from Trinidad and Tobago, Goolie came to the United States to attend Howard Universitywhere she earned her undergraduate degree, her law degree, and her master's in divinity.

Sean Seldon has been an adjunct sociology professor at University of Maryland Eastern Shore since 2010. Born in Philadelphia, he settled on the Eastern Shore in 1990 after a childhood spent moving around the country and abroad for his father's military career.

Shore Legal Access connects individuals and families with volunteer attorneys to ensure justice is for all. Focus areas include criminal record expungement, economic stability, family law, housing, and life planning. For more information or to support Shore Legal Access, call 410-690-8128 or visit shorelegal.org.

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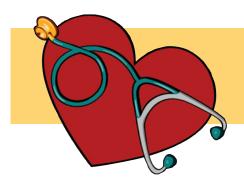
Easton Office: 499 Idlewild Ave, Suite 102, Easton MD 21601 Salisbury Office: 601-B E. Naylor Mill Rd, Sa;isbury MD 21804

410.690.8128 ShoreLegal.org



Safe stations are open 24 hours a day, 7 days a week. They provide a safe option for people seeking individualized addiction and recovery options. A safe station is not a shelter.

FE



Talking With Kids & Teens About Nicotine

By Heather Grove, BSN, RN

Summer is coming to an end and back to school time is right around the corner. As kids are advancing into the next grade level or transitioning into new schools they will be faced with many new experiences and opportunities.

Young minds are curious. Teen minds are searching for their place and enjoy taking risks. Kids and teens experience physical and psychological growth.

Health Corner

In fact, the human brain continues to grow and develop until our midtwenties. While the youth brain is still maturing, adults play a substantial role in youth decision making.

Nicotine addiction is something most adults would agree they want to protect their children from. One of the first ways to do this is to educate yourself on this topic. Learn what products are trending. Disposable vapes, brands like Elf Bar and Vuse, along with nicotine pouches, brands like Zyn, Velo, and Rogue seem popular right now. Don't be naive thinking "my kid would never do that" or "it's just the bad kids that get into that." It's not. Youth across all stereotypes have been tricked by the

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Tips, Classes and Programs to help you live healthier!

tobacco and nicotine companies into using products that contain nicotine. It's jocks, overachievers, nerds, rebels, popular kids, rednecks, misfits, and band kids. Kids across every social class have all been duped into vaping. The social norm of "smoking looks cool" has shifted to uncool but vaping is seen as something entirely different. Even though it's often the same tobacco companies behind the vaping products, vaping doesn't seem to carry the same negative social stigma.

Kids in our elementary schools, as young as third grade, have been caught vaping at school. By middle school some kids report vaping every day. Curiosity, flavors, and trying to cope with stress are top reasons why.

Popularity of nicotine pouches has been growing and use of these products can be easily concealed.

I encourage parents to start talking about nicotine prevention when kids are in elementary school. It's likely your child is already aware of these products and may have started to form some options. This can be a great place to start the conversation. See what they already know. Correct any misperceptions. Educate yourself to be aware of key facts.

There is no perfect time to talk and it's not a one-time conversation. Ongoing open dialogue and conveying clear expectations are crucial.

Conversation tips:

Ask open ended questions. How do you feel about vaping? What are your thoughts about all those colors and flavors? What do your friends say about vapes? What have you heard about nicotine pouches?

Acknowledge their strengths and independence. I'm really proud of

all the healthy decisions you make. Deciding to never use products that contain nicotine is another healthy choice you can make. I trust you to do that. I'm here to answer any questions you may have. If I don't know the answer, we can research together.

Be ready to hear your child may have tried vaped. Don't panic. Don't yell. Share that you appreciate their honesty and that you are concerned because you care about their health. Set (or re emphasis) ground rules and appropriate consequences.

Understand Big Tobacco targets kids; educate your kid about their tactics. Did you know companies make those flavors as a way to mask the harshness of nicotine and appeal to kids? They strive to hook young people because they can make a lot of money when they get addicted, doesn't that seem unfair?

Connect facts with things that matter to your kid specifically; make it personal:

You know that vaping affects your brain. It can make it harder to focus, learn, and remember things. Wouldn't it be a good idea to avoid that so you can have a good shot at getting into the play this year?

School can be really stressful sometimes. Especially since you'll be going into middle school this year. Let's talk about some healthy ways to cope. How can I best support you when you're having a stressful day?

You've learned how vaping puts chemicals into your lungs. This could damage your lungs and affect how well you do on the soccer team. Do you think it would be worth it to risk your performance when you've worked so hard?

I know you really want a new iPhone and have started working and saving up for it. I'm really proud of your dedication. It's great to have financial goals and not waste your money on things like vaping or nicotine pouches.

The "Resiliency Road Trip" series Presented in Oxford

The "Resiliency Road Trip" series, led by Frank Kros, aims to empower adults to guide and nurture children by equipping them with practical and powerful skills to shape resilient minds. On September 19th, Resiliency Road Trip will bring us to the Oxford Community Center to host two free sessions:

The first session, "The Saddest Song: Adolescence, Suicide, and the Developing Brain" will take place between 10:30 am to 1 pm. This topic introduces participants to the emerging research findings on how the adolescent brain develops and functions in the context of depression and suicidal behavior. The workshop will share with participants the significant insight gained into suicidal behavior over the last decade. The seminar will also supply participants with multiple tools for the practical application of this research to adolescents identified for severe depression and/or suicide.

The second session, "Rethinking Attention-Deficit Hyperactivity Disorder: How to Enhance the Foundational Strengths of the ADHD Brain" will take place between 2 pm to 4 pm. ADHD is a physiological disorder of the brain with definite, predictable behavioral consequences. While the focus is most often on the negative aspect of these behaviors, developing minds with ADHD have a host of positive, adaptive, and extraordinary behaviors and capacities. Equipped with this new knowledge about the nature of ADHD, this learning experience explores how the ADHD brain works differently from non-ADHD brains and provides scores of practical interventions for enhancing ADHD strengths and effectively meeting ADHD-inspired needs for learning and behavior.

Join us for one or both of these sessions on the Mid Shore to enhance your ability to support and nurture the resilience and well-being of the children in your care. Please consider attending some of the other sessions in another region by visiting mhamd.org/events.

> Strengthening Mental Wellbeing in Maryland for Over 100 Years

Learn about mental health at our FREE community events!

Open to all, our events focus on promoting mental health awareness, education, and community support.

Find out more at MHAMD.org/events

Visit our website to access free mental health and substance use resources for all ages, learn about our work, and get involved.

Lead's Toxic Effect on Children

Caroline County Health Department Childhood Lead Prevention Program Casey Sonzone BSN, RN

There is no safe level of lead to have in your child's body. The CDC recommendation is the be less than 3.5 ug/dL, which is checked with blood work at 12 and 24 months of age. Having elevated levels over time will result in toxic effects.

The effects lead has on children can be silent and unnoticeable at first. Children may not seem sick. The symptoms may be mistaken for other illnesses. Lead is a neurotoxin, which means it can have devastating and long-lasting effects on the brain and nervous system of children.

Initial symptoms may include being irritable, tired or fatigued, having pain in the belly, being constipated or not having much of an appetite. While these can begin very vague and slow, they can build up to be more serious problems.

The brain and nervous system control so many functions of the body. Think of it as the computer. When your computer isn't working it can be slow, it can act up, and its parts can stop functioning. The same concept applies to lead poisoning and the child's brain. Elevated lead can cause learning disabilities in children. You may begin to see behavioral problems like not paying attention and having trouble in social setting or sharing. Lead exposure can result in lower IQ scores. These can become permanent damage and cause seizures, hearing and speech problems and slowed growth and development.

There can be harmful effects to other organs in a child exposed to lead. One role of the liver and kidneys is to work as a filter for the body. Lead is a heavy metal. Imagine when your air filter gets plugged with dirt and debris, the air doesn't flow as well. When the liver and kidneys are forced to try and filter lead, they do not function properly and are not able to filter blood and do the other important tasks they were designed to do like maintain pH and chemical balances, regulate blood pressure and aid in digestion and immunity.

The effects of lead on children can be a silent danger. The exposure and the symptoms are not always easily discovered. However, with routine screening at 12 and 24 months old, and being observant of what your child ingests and has exposure to, lead poisoning has a better chance of being corrected when caught early and even avoided.



CARE FOR ALS INC.



Supporting Victims and Their Families Suffering from ALS / Lou Gehrig's Disease

Our Mission

Care for ALS Inc's goal is to make life for ALS victims and their families is manageable as we can. Dealing with ALS is crippling and heartbreaking, and our mission is to help the families and victims financially, emotionally, and physically. We take the time to visit and meet all our victims, and work with the families to determine what the victims needs consist of. We have many services that include providing wheelchairs, wheelchair accessible vans and home renovations, speech machines, financial help with bills, medical expenses, and everyday purchases. There is no stopping Care for ALS when we see a victim needs help, whatever type of help that might be.



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- Speech machines
- In-home health care
- Home renovations to accommodate wheelchairs



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Safeguarding Your Health

The month of September includes many important public health observances. Each one shines a light on a different area of physical health or mental health. To learn more about each observation featured in the Caroline Review, visit our website, www.carolinehd.org/cchd-news

Gynecological Cancer Awareness Month: Early Detection and Prevention of Cervical Cancer

September is Gynecological Cancer Awareness Month, a time to focus on the cancers that affect the female reproductive system. Cervical cancer is one of the most preventable forms of cancer when detected early. Regular Pap smears are vital for early detection, allowing for treatment before the cancer advances. The HPV vaccine also plays a crucial role in prevention by protecting against the types of HPV that most commonly cause cervical cancer.

At the Caroline County Health Department, we offer comprehensive women's health services, including gynecological exams, lab tests like Pap smears, cervical cultures, and colposcopy. We also provide cervical cancer screening services to ensure that all women have access to these life-saving tests. For more information on our services, visit our website, www.carolinehd.org. In addition to cervical cancer, other gynecological cancers include ovarian, uterine, vaginal, and vulvar cancers. For more information on these types of cancer, please visit a trusted source like the Cleveland Clinic or Mayo Clinic websites.

Prostate Cancer Awareness Month: The Importance of Screening

September also is Prostate Cancer Awareness Month, a crucial time to raise awareness about this common cancer among men. Prostate cancer often develops without symptoms in its early stages, making regular screening vital, especially for men aged 50 and older. If you have a family history of prostate cancer, it's important to talk to your healthcare provider about beginning screenings earlier.

Signs and symptoms of prostate cancer can include difficulty urinating, blood in the urine or semen, and pain in the hips, back, or chest. However, these symptoms can also be caused by other conditions, so regular screening is the best way to detect prostate cancer early. For more information on prostate cancer, visit the American Cancer Society's website.



National Suicide Prevention Month: Reducing Stigma and Offering Hope

National Suicide Prevention Month is a time to focus on the importance of mental health and reducing the stigma associated with it. Many people struggle with depression, anxiety, and other mental health challenges, often feeling isolated and afraid to seek help. It's important to remember that there is hope, and help is available.

If you or someone you know is struggling, the National Suicide & Crisis Lifeline at 988 provides 24/7, free, and confidential support. Additionally, the Health Department's Behavioral Health Services provide quality mental health and substance use disorder treatment for both children and adults through integrated outpatient behavioral



health services that include assessment, counseling and therapy, medication assisted treatment and medication management, referrals, and education. Visit www. carolinehd.org/behavioralhealth or call (410) 479-1882.

Let's work together to create a community where everyone feels safe to talk about mental health and seek the support they need.

Sexual Health Awareness Month: Reducing STD-Related Stigma and Promoting Health

Sexual Health Awareness Month is a time to talk openly about sexual health, reduce the stigma surrounding sexually transmitted diseases (STDs), and encourage regular testing and treatment. Current data show that STDs affect people of all ages, races, and backgrounds, with some groups at higher risk than others. It's important to combat fear and discrimination by promoting education and awareness.

The Caroline County Health Department offers a range of reproductive health services, including STD testing, treatment, and counseling. Our goal is to provide confidential, non-judgmental care to everyone in our community. For more information on our reproductive health services, visit www.carolinehd.org/reproductivehealth.

Let's work together to create a healthier, more informed community by talking openly about sexual health and reducing the stigma around STDs.







Check out the complete list of classes and online registration at carolinerecreation.org

SPECIAL EVENTS

Mother-Son Glow Night

Join us on Saturday, October 19 for our second annual, Mother-Son Night of Fun, from 6:30 pm - 8:30 pm at the Fretterd Community

- Power Equipment
- Contractor Supply
- Footwear
- Electrical
- Plumbing
- Hardware
- Lumber
- Mulch/Stone
- Landscape Material
- Gardening
- Decorative Gravel
- Paint Center

Center. The theme for this fun night is GLOW NIGHT! This unique event is designed for boys in grades K - 5 and the cherished adult women in their lives. Whether you light up the night on the black light dance floor or team up for friendly competition in the game room, you will be creating unforgettable memories to last a lifetime. Wear white or neon colors so you will glow too. Moms (or other special mother figures) and sons, grades K - 5, will have a SUPER night of fun, laughter and memories. Cost is \$40 per couple, each additional son is \$10.

39th Annual Turkev Trot

Join us November 23 rain or shine for our 39th Annual Turkey Trot fun run, walk, or jog! This event is a 2-mile walk, run, or jog for all ages from Denton Elementary School to Martinak State Park and back, includes free gifts to the first 75 registrants, and everyone is entered

in the free turkey raffle. Registration check-in begins at 8:00 am and the race starts at 9:00 am. After the race, join us for light refreshments and family friendly fun! \$15 per person or \$54 for a group of 4 if registered by November 15. \$20 per person and \$72 for a group of 4 after November 15. For more information, call Recreation & Parks at 410-479-8120.

Santa Chase

The 10th Annual Santa Chase will be held in December (Date TBA) is a magical evening, dog-friendly, run or walk the 2-mile loop through the town of Ridgely and their Rail Trail light display. Candle luminaries and course monitors provided by the local Lion's Club volunteers. Flyers are posted on our website www. carolinerecreation.org. Produced in partnership with Lions International Clubs and the Ridgley Lions Club.



MIDDLE SCHOOL

Middle School Basketball Boys and Girls in grades 6 - 8 will learn basketball sport fundamentals including dribbling, passing, shooting, and defending leading to big fun on Saturday game days. Girls and Boys program includes a separate schedule of open gyms and practice sessions 1 evening per week. There are four Saturday Game Days: October 26, November 2, November 9, and November 16. Practices will be held at Colonel Richardson Middle and Lockerman Middle schools. Cost is \$74. CRMS Boys: Mondays, October 7 -November 18, 7:00 pm - 8:30 pm CRMS Girls: Wednesdays, October 9 - November 20, 7:00 pm - 8:30 pm LMS Boys: Mondays, October 7 -November 18, 5:15 pm - 6:45 pm LMS Girls: Wednesdays, October 9 - November 20, 5:30 pm - 7:00 pm

Middle School Pickleball

Learn all about America's fastest growing sport, Pickleball! In this fourweek session, students can expect to walk away with the confidence to play games on their own and for those who already know the game, some skills to take them to the next level. The session will end with one fun filled round robin tournament – so come ready to play. Equipment will be provided. Grades 6-8, Tuesdays, October 8 – October 29, 5:15 pm - 6:15 pm, Fretterd Community Center. \$59.

Middle School Strength Training

This program is designed to expose students to proper weight training to further enhance their lifelong health and fitness. Students will learn core lift techniques that will enhance strength, muscular endurance and power. Located at NCHS. Grades 6-8, Mondays and Wednesdays, September 30 – October 30, 5:30 pm -6:15 pm. \$79.

YOUTH

Indoor Soccer Registration

Indoor Soccer registration continues. The divisions are based on grades. We start with Pre-K4 and go through 12 grade. The season consists of 7-8 games and grades 3-12 have a tournament at the end of the season. Register soon for this popular winter youth pastime. All players who register prior to October 31 will be guaranteed a playing position. Any registrations received after October 31 will incur a late fee and will be put on a waiting list with team openings filled on first-come first-served basis. Players will be randomly assigned to teams and play begins week of January 3. Early Bird Registration, September 1 – 15 cost is \$54. Regular Registration, September 15 - October 31 cost is \$64. Late Registration, beginning November 1 cost is \$84. Late registrants may be placed on a waitlist if all teams are full.



Recreational Youth Cheer

A foundation program that will teach your child the fundamentals of cheerleading. Participants will be introduced to basic motions, jumps, chants, and sideline dances, in addition to learning about good sportsmanship and team spirit in a fun and supportive setting. No prior experience needed. Ages 5-10, Mondays, September 23 – November 18, 5:30 pm - 6:30pm, Fretterd Community Center. \$99.

GYMNASTICS

Tumble Bunnies

Help your 2-3 year-old child develop

physical coordination in Tumble Bunnies through gymnastics, tumbling and FUN! During this nine-week course, young children will work on small and gross motor skill mastery, agility, and discipline. Coordinator Joan Dyott has more than 30 years of experience in gymnastics and dance including many years of experience working with very young tumblers. We offer classes on Tuesdays, September 10 – November 12, 10:00 am - 10:45 am or Wednesdays, September 11 - November 13 from 5:00 pm -5:45 pm or Thursdays, September 12 - December 14 from 4:30 pm - 5:15 pm, at the Fretterd Community Center. Cost is \$109.



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Super Tots

Super Tots is for children ages 4-6 who are new to gymnastics and tumbling. This class, led by Joan Dyott, focuses not only on your child's physical development, but their cognitive and social-emotional development as well. In addition to helping build coordination, balance, and small and gross motor skills, your super tot will practice discipline and gain self-confidence. We offer classes on Tuesdays, September 10 - November 12 from 5:30 pm -6:15 pm or Wednesdays, September 11 - November 13, from 6:00 pm -6:45 pm (the Wednesday class is an ADVANCED class) or Thursdays, September 12 - November 14 from 5:30 pm -6:15 pm, at the Fretterd Community Center. Cost is \$109.

Beginner Recreational Gymnastics

Focuses on building good fundamentals, tumbling, and work on the low balance beam. This class is perfect for the young gymnast who is not currently interested in formal competition. Designed to help the recreational gymnast develop skills while having fun, this class will provide a solid foundation should they decide to move to the next level and join a team. Open to boys and girls ages 7-12, classes will be offered on Wednesdays, September 11 - December 11 from 7:00 pm -8:00 pm at the Fretterd Community Center. Cost is \$139. Advanced Classes will be held Tuesdays and Thursdays, September 10 - November 21 from 6:30 pm -7:30 pm. Cost is \$239.

KARATE

Panda Cubs

An energetic introduction to Karate for ages 5-6 years of age. Learn this ancient martial art and improve selfconfidence and self-respect, build character, body dynamics and physical fitness, make new friends and have fun! Instruction includes warm-up, basic karate techniques, and forms under the direction of Sensei Karine Ireland. Youth classes require an attendance minimum for belt testing and advancement. No experience required. Classes will be held on Mondays, September 9 - December 9, from 6:00 pm - 6:30 pm at the Fretterd Center. \$59.

Leopard Cubs

The next step for children, 7-8 years old, that have completed Panda Cubs or older children new to karate. Learn this ancient martial art and improve self-confidence and selfrespect, build character, body dynamics and physical fitness, make new friends and have fun! Instruction includes warm-up, basic karate techniques, and kata/forms under the direction of Sensei Karine Ireland. Youth classes require an attendance minimum for belt-testing and advancement. Classes will be held on Thursdays, September 12 - December 12, from 6:00 pm - 6:30 pm at the Fretterd Center. \$69.

Tiger Cubs

Open to ages 8-10 years old. Learn this ancient martial art and improve self-confidence and self-respect, build character, body dynamics and physical fitness, make new friends and have fun! Instruction includes warm-up, basic karate techniques, and kata/forms under the direction of Sensei Karine Ireland and Sensei Roger Price. Youth classes require an attendance minimum for belt-testing and advancement. Classes held at the Fretterd Community Center room 104. Cost is \$69. Classes will be held on Mondays, September 9 - December 9, from 6:45 pm - 7:45 p.m. \$69.

Beginning/Advanced Shotokan Karate

Accelerate skill development with focused instruction and interaction with both beginning and advanced students. Instruction includes warm-up, basic karate techniques, kata/forms, and sparring and self-defense under the direction of Sensei Roger Price. Belt testing and advancement requires attendance minimum. Participants younger than 12 years must have a special invitation from the Sensei. Classes will be held on Thursdays, September 12 – December 12 from 6:45 pm -8:45 pm at the Fretterd Community Center Gym. Cost is \$69.

Advance Shotokan Karate

For karate students, 12 and older, that are serious about furthering their skills and abilities. Students will assist during Leopard Cubs and Beginner/Intermediate classes then transition to instruction focused on their own development under the direction of Sensei John Liszewski. Belt testing and advancement requires attendance minimum. Classes will be held on Mondays and Thursdays, September 9 - December 12, from 6:45 pm -8:45 pm at the Fretterd Center. \$139.

Elementary Basketball

Using the Jr. NBA curriculum, players will work on dribbling, shooting, passing, rebounding, and teamwork during weekly practices. Practice dates will vary based on registration numbers, coaches, and gym availability. Specific practice times on each day cannot be guaranteed and will be assigned once teams are put together. In-person Registration at Back-to-School Events -August 26, 2:00 pm -3:00 pm FES, PES, GES, August 26, 5:00 pm - 6:00 pm DES, Early registration through November 25, \$84, Late registration after November 25, \$94. Five games at CRMS starting January 18, 2025.

ADULTS

Belly Dancing

Always been intrigued by Belly Dance? Come Out and try it! American Tribal Style (ATS) Belly Dance Level 1 is a modern style of belly dance that uses set belly dance movements, with distinct cues and transitions, to create dance improvisation in a group (tribe). Students will learn the basic belly dance movements and format for how to dance together as a group. Classes are on Thursdays, September 19 - October 24, from 6:15 pm -7:15 pm, and open to ages 16 & up. Located at the Fretterd Center. \$59.

Locally built, new construction PADDLE BOARDS and KAYAKS. Paddles included.

Paddle Boards \$500 • Kayaks \$600 Call 410-490-5560 for info.







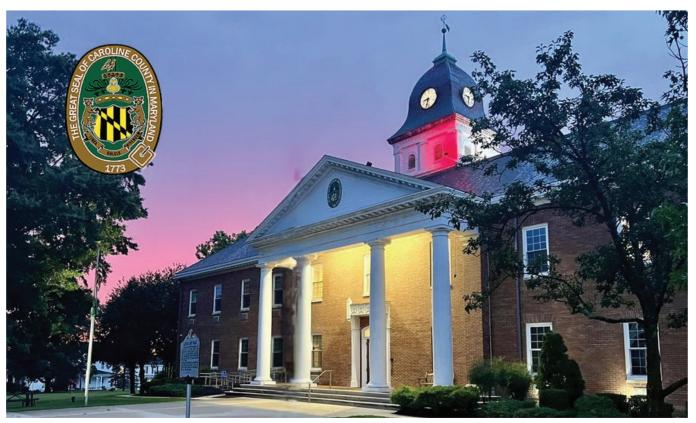
Advanced Open Gym Volleyball

Did you play volleyball in the past? Come out and join the fun. High energy group of adults ages 18 and up always looking for a few more to play on Friday evenings. Must have previous volleyball experience. 6:00 pm – 8:00 pm, at the Fretterd Community Center. \$5 at the door.

Pickleball

Pickleball has been dubbed the "sweet sport with the sour name." Pickleball is oversized ping pong on a badminton size court with a tennis sized paddle. It's a paddle sport for all ages and athletic abilities and it's very easy to learn and play. Open to ages 18 years & up. Located at the Fretterd Community Center. Evening Drop-In Pickleball on Tuesdays, September 10 - December 17, from 6:30 pm - 8:30 pm. Cost is \$5 per class. Morning Drop-In Pickleball on Wednesdays & Fridays, September 11 - December 20, from 10:00 am – 12:00 pm. Cost is \$5 per class.





CAROLINE COUNTY COMMISSIONERS RESUME WEEKLY MEETING SCHEDULE TUESDAY MORNINGS AT 9:00AM

• 109 MARKET STREET, DENTON, MD 21629 ROOM 106 •

CASA OF CAROLINE THE COW BARN HALLOWEEN

n Short

OCTOBER 17TH, DOORS OPEN 5PM

STRIVIA S

Silent Auction - Food & Drink 50/50 Raffle - Best Costume

101 COW BARN RD, RIDGELY (410) 479-8301 CASAOFCAROLINE.ORG

YEAR



Events at Martinak and Tuckahoe State Parks

Check out all the events listed below that are offered at the parks this month. Plenty of nature programs and activities that are free or low cost.

Nature Walks and Hikes

Martinak Morning Walk: Meet at the Martinak State Park Office at 10:30 am on Tuesdays and Thursdays for a guided walk on a paved trail. Walks are approximately 1.5 miles in length or about 3,000 steps with plenty of benches available for resting and enjoying nature. Others may choose to walk longer through the camp loops and trails for 3 miles.

Hike Tuckahoe: Explore the beautiful trails at Tuckahoe State Park on Monday, September 23 at 10:30 am. Meet at the Tuckahoe Lake Parking Area for a 3-mile hike. Bring water, hat and bug spray. To register Email:karen.gianninoto@maryland.gov.

First Saturday Guided Walk: Discover native habitats as you walk at Adkins Arboretum on the first Saturday of every month at 10:00 am. To register, call 410-634-2847.

Healing Walk: A walk on Friday, August 2 at 10:00 am at Adkins Arboretum is designed for those who are suffering from a loss, traumatic experience, or the demands of caretaking. Nature has the power to soothe and restore. We'll take a leisurely stroll along our paths while listening, sharing, or simply soaking in the silence.

iNaturalist Walk: Meet on Sunday, September 15 at 1:00 pm at Adkins Arboretum Visitor Center to walk and observe nature along the way. Walks will be led by Jim Brighton, along with occasional guest experts. To register, call 410-634-2847.

Art and Music

Art Reception: Saturday, September 14 at 2:00 pm meet the artists for the Mary-land Scape exhibit at Adkins Arboretum

Beer Garden: Enjoy Ten Eyck and Bull & Goat beer while tapping your toes to the music of nationally touring bluegrass band Serene Green. While you're here, enjoy hula hoops, bubbles, and a fall stroll on our paths. Refreshments from Blue Monkey Tacos, the Red Shef, and the Beltway Bistro will be available for purchase on Saturday September 28 at 1:00 pm. Call 410-634-2847 to purchase tickets for the event.

Paint Afternoon: Come paint a fall scene on a wood slice on Sunday, September 29 at 2:00 pm at the Martinak State Park Nature Center. Instruction, materials, and refreshment are included. Cost is \$10. To register, call 410-924-1529.



Cycling and Kayaking

Caroline Cycles: This September Caroline Cycles travels to the C&O for two events. From September 1 - September 4, riders will cycle the canal trail from Washington DC to Cumberland MD. Participants will arrange their own transportation and lodging. This trip is for experienced distance riders. On Saturday, September 14 at 10:30 am, riders will meet at the National Park Service (NPS) Visitor Center Parking Lot at 205 Potomac Street Williamsport, MD to ride from Williamsport, (milepost 99.4) to Big Slack Water, (milepost 85.6). Big Slackwater is 2.7 miles long and is a concrete path on the edge of the river with the cliffs rising on the other side. It is very scenic. On Sunday, September 15 at 9:00am, we will meet at the same location as the day before. We will ride from Williamsport, (milepost 99.4) to Fort Frederick State Park (Milepost 112.1). At Fort Frederick State Park cyclists will leave the trail and take a park road where they will be able to tour the Fort, stop into the gift shop for snacks, use the restrooms and/or eat lunch. Then we will return to Williamsport. On Monday, September 16, cyclists will meet at Lock 38 Shepherdstown, WV Parking Lot at 10:30 am. The parking lot is by the Potomac River Bridge. Cyclists will ride to Harpers Ferry, WV on the C&O Canal. Cyclists will plan to have lunch and explore the Harper. erry National Historical Park before heading back. Helmet, bike light, water, lights, tubes, snacks and tools are required. Call 410-924-1529 to register.

Evening Cycle: Meet every week at 5:30 pm for a 10-mile bike ride at either Tuckahoe or Martinak State Park. This ride is open to those who ride 10 mph and designed for cyclists new to road riding. A leader stays in front to guide the group, and one experienced rider stays behind the last rider. Meet up points are at major intersections and/or the halfway mark. This is a social group of riders, so come have some fun. Rides leave from Martinak State Park Office on September 5, and 19. Rides leave from the Tuckahoe State Park Lake on September 12 and 26. Helmet and water are required. Lights, tubes, and tools are recommended.

Kayak Meetup: Bring your kayak for an evening of relaxation. Meet at the Martinak State Park boat ramp on Monday, August 23 at 5:30 pm to paddle Tuckahoe Creek. Life jacket required. To register, email: Karen.gianninoto@maryland.gov.

Exercise

Morning Stretch: Meet at Martinak State Park Amphitheatre on Tuesday and Thursday mornings for an all-body stretch, and an energetic practice at 9:00 am. No class on September 3. Both sessions are designed to improve your flexibility, core development, and balance through exercises and yoga. Please bring a yoga mat or towel. During inclement weather meet in the nature center.

Caroline County Garden Club

Invites you to their Flower Show

"Harvesting Autumn's Gems"

Come see dozens of floral arrangements and horticultural specimens and meet the designers and growers.

Participate in the show:

We have a special category celebrating the County's 250th Anniversary and it is open to anyone to enter.

For entry details, please email ccgardenclubinfo@gmail.com or call 410.253.9540

Friday, October 11th - Denton Library Show Hours 1:00pm - 4:00pm - Free Admission

f carolinecountygardenclub-maryland



Senior SPOT

by Mary Moran 410-479-2535 or 410-490-3078

Just a reminder that Covid 19 is still with us, folks. I know this firsthand because I have it at this writing as do others in my household. I made the mistake of not masking up when traveling by plane and had careless fellow travelers coughing and sneezing in back of me and across the aisle.

Admittedly, I have gotten lazy about masking in densely populated areas, so it is my own fault for not "coughing up" a few bucks for KN95 mask before the trip. (Sorry, could not resist!) I am, however, quite resentful toward those selfish and inconsiderate passengers who knew that were sick, or at the tail end of being sick, and did no mask up and more effectively cover their cough. I wonder how many other passengers got Covid besides your truly?

The newest variant is known as FLiRT, a cute acronym for a nasty strain that evolved from omicron. According to newsnetwork. mayoclinic.org, "changes in the spike protein-the part that binds to host cells-increases the virus' ability to infect cels and evade the immune system. This variant can evade the immune response more effectively than prior versions. Mathew Binnicker of the Mayo clinic states that "if you've been infected or vaccinated and have some antibodies in your system, those antibodies may not recognize the protein on the surface of the virus as well."

According to the CDC FLiRT is currently responsible for 28% of cases this summer. The concern is the "significant surge expected in the fall and winter." So here is my first seasonal nag as we go into the respiratory viral season. If you are sick, mask up to protect the community and your loved ones. I hate them, too, but they work in reducing the spread. Use those handwipes on shopping carts and resurrect the hand washing protocols. Keep the hand sanitizer handy in your car for after shopping. And as much as we are all tired of getting stuck with vaccines and boosters, stay informed about how they are combating the newest variant.

On another note, Open Enrollment starts October 15 and runs

September might be Back to School for the kids, but we like to think of it as Back to the Center for our local seniors as we celebrate National Senior Center Month here at the Federalsburg Senior Center! Interested in crafts? Come visit us on September 3 for our Flip-Flop Flyswatter craft, or September 24 for our Beach Time Silhouette Lantern tutorial. Join us for Bingo every Thursday or stop in on September 26 in your pajamas to participate in our Senior Center Pajama party, where we will be watching movies, eating popcorn and playing games in traditional slumber party fashion! Located on the second floor of Federalsburg Town Hall on Tuesdays and Thursdays from 8am to 3pm, Federalsburg Senior Center is excited to be a part of our aging community and even more so to host fun events and activities for them to enjoy. Be sure to stop by! through December 7. Monday September 23, from 1:00 pm – 3:00 pm in the Health Department Building, Caroline County SHIP is offering a training on how to navigate the Medicare Plan Finder during Open Enrollment for Prescription Drug Coverage, Part D. This is geared toward State Employees who are losing their prescription drug coverage and wish to enroll themselves or just gain a better understanding of how the process works.

Remember the State is setting up its own assistance with enrollments for those who will be losing their RX coverage and are required to enroll in part D. You should be notified by mail or email about how to contact those resources.

For those who would like assistance from SHIP, Caroline SHIP is keeping it simple. Call 410-479- 2535 and request an enrollment form to be mailed to your home. The form must be fully completed with the details of your personal information, or we will not be able to enroll you. The form includes generous space for listing all medications, dosages, and frequency of taking the meds. Please do not just send a pharmacy printout; it is important to list all of your pharmaceutical meds and at least two pharmacy choices. Please do not include vitamins or over the counter supplements since the D plans do not cover them.

There is a space on the back for setting up an account with medicare.gov. It is not necessary to do this unless you are taking a large number of medications.

Forms can be sent out starting in September, however, please remember Open Enrollment doesn't start until October 15. Get those forms filled out and sent to the address on the form and get in the queue.



www.carolinehd.org/madc



AN IMPORTANT MESSAGE FROM MEDICARE

COMPARE YOUR OPTIONS TO FIND THE RIGHT PLAN FOR YOU. MEDICARE OPEN ENROLLMENT | OCT. 15-DEC. 7

Plans change every year. So can your health.

Even if you are happy with your current Medicare plan, compare all your prescription drug and health coverage options. You might find a plan with better coverage.

- Check if your prescriptions are included on a plan's formulary and if your health care providers are in a plan's network.
- Remember that a low monthly premium may not always be the best overall value for your specific needs.
 - Review a plan's estimated total costs to you, including deductible and other out-of-pocket costs.
 - Check if Medicare Advantage plans offer extra benefits, like vision, hearing, or dental coverage.
 - If you take insulin, a benefit caps costs at \$35 for a month's supply of each insulin covered by Medicare.

Medicare Part D Extra Help

If you are struggling with your prescription drug costs, **Extra Help** is a Medicare program that can help pay for your drug coverage (Part D) premiums, deductibles, coinsurance, and other out-of-pocket costs. If you make less than \$22,000 a year, it's worth it to apply.

Visit ssa.gov/extrahelp or call Social Security at 1-800-772-1213 (TTY 1-800-325-0778) to apply.

Easily compare your options at Medicare.gov.

Review your current coverage and compare it to your other choices, including Part D prescription and Medicare Advantage plans. It's easy to compare costs, coverage, and quality ratings.

Visit Medicare.gov to compare plans, or call 1-800-MEDICARE (1-800-633-4227) (TTY 1-877-486-2048) for help, or join us at the upcoming event listed below.

September 23, 20241:00 p.m. until 3 p.mDateTime

Caroline Senior Center

403 S. 7th St. Suite 127 Denton, MD 21629 Other Details

PLEASE CALL 410-479-2535 TO RSVP

October 2023

Medicare.gov | 1-800-MEDICARE



PAID FOR BY THE U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

You're Invited! Community Dinner & Conversation



Wednesday, September 25, 2024 Dinner - 5:30 - 6:30 pm

Community Resource Navigators will also be on-site to connect you with SNAP and other community benefits

Stay after Dinner and join your neighbors for a Neighbor Up! Conversation with visitors from St Johnsbury Vermont Lions Club Community Center Chambers Park Drive

Federalsburg, MD 21632

St. Johnsbury Community HUB

The Neighbor Up! model of community engagement is being used around the country to engage community members in envisioning and acting on the change they want to see in their communities. A group of community members will share how they they use the Neighbor Up! model to engage their community in important conversations that have led to action to improve their community





Caroline Better Together is facilitated by Shore Strategies & funded by Caroline Human Services Council

caroline better together Monthly Newsletter Sign-Up Form



Mission

Improve the well-being of Caroline County residents by collectively engaging our efforts and services with a special emphasis on reducing poverty in our county.

Vision

Caroline County will be a community where residents have access to the resources that support stability and growth.

Aspiration

Increase our collective and community capacity to dismantle barriers to household and family stability by building community leadership and community-driven solutions that ensure fair and just opportunity, not only to be safe and stable but to thrive and grow.



Library Corner



Caroline County Public Library www.carolib.org info@carolib.org 410-479-1343

Library Hours

CENTRAL BRANCH, DENTON Monday, Tuesday, Wednesday, and Friday: 10:00 am - 6:00 pm Thursday: Noon - 8: 00 pm Saturday: 10:00 am - 2:00 pm

FEDERALSBURG BRANCH

Monday, Wednesday, and Thursday: 10:00 am - 2:00 pm 3:00 pm - 6:00 pm Tuesday: Noon - 2:00 pm 3:00 -8:00 pm Friday & Saturday: Closed

NORTH COUNTY, GREENSBORO

Monday, Tuesday, Thursday: 10:00 am - 2:00 pm 3:00 pm - 6:00 pm Wednesday: Noon - 2:00 pm 3:00 pm -8:00 pm Friday & Saturday: Closed

September is Library Card Sign Up month!

All youth who sign up for a new library card during Library Card sign-up month will receive a special lanyard and have their picture added to our "wall of fame".

Fall Storytime Begins October 1

Tuesdays, 10:30 am, birth to age 5, North County Branch, Greensboro Wednesdays, 10:30 am, birth to age 5, Denton, Large Meeting Room

No registration is required*

Maker Station: Wind Up Cars

Assemble a car from a 3D printed kit card. Then wind it up and watch it go!

September 3 – September 30, Ages 6 -11, Denton Library Makerspace

No registration is required*

Tiny Art Show Kit Pickup

Show off your artistry in our Tiny Art Show and compete for a gift card.

September 3 – September 30, All ages, All 3 locations

No registration is required*

Petite Picassos: Texture!

Your children will spend time discovering and manipulating different materials to create art.

Wear old clothes. We're using paint.

Monday, September 16, 10:30 am – 11:30 am, Children ages 1-4, Denton Large Meeting Room

Registration required*

CCPL 3D Printing Certification

Come to this program to get certified to use our 3D printers!

WE'RE HERE TO LEND A HAND TO ANYONE IN NEED

visit myfamilyneeds.info to find local resources to help your family thrive

We'll go over safety, evaluating models for printing, slicing, and starting a print.

Thursday, September 19, 6:30 pm – 7:30 pm, Ages 15 - adult, Denton Library Makerspace

Registration required*

Getting Started with

Raspberry Pi Pico

Join us to learn the basics in this hands-on three-hour session. You will learn how to wire up circuits and do a basic program using the Python programming language.

Saturday, September 21, 10:00 am – 1:00 pm, Teen - Adults, Denton Library Makerspace

Registration required*

LEGO[®] Derby at the Library!

Build your Derby car with LEGO[®] bricks then let them race in a LEGO[®] Derby with local Cub Scouts. The derby will take place at the Choptank River Park in Greensboro. In case of inclement weather, the Derby will be held at the Caroline County Public Library in Denton.

Saturday, September 28, 10:00 am – 12:30 pm, Children ages 6- 11,

Choptank River Park, 224 E Sunset Ave, Greensboro MD

Registration required*

Bookies

Read and discuss the book that all of Maryland is reading at a book discussion group!

The selected One Maryland One Book for 2024 is "What Storm, What Thunder" by Myriam J.A. Chancy.

Released in 2022 What Storm, What Thunder features a cast of characters in and around Port-au-Prince, Haiti who are forced to endure the chaos in the aftermath of the 7.0-magnitude earthquake that struck the country in 2010. The author shows the reader a vision of Haiti that is both heartbreaking and hopeful.

Contact the Central Library at 410-479-1343, or info@ carolib.org, for more information.

Bookies Book Club

Tuesday, September 17, 2024, 1:00 pm, Federalsburg Branch

Tuesday Night Book Club

Tuesday, September 17, 2024, 6:30pm, Central Library

Paws for Reading

Practice reading to a trained service dog!

Grigsby is a great listener and would love to have you read a story to him.

Reading to a dog decreases the stress that children often feel when reading aloud.

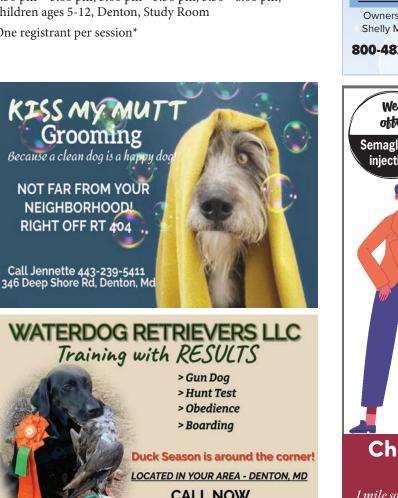
Grigsby is trained to sit or lay calmly beside your child while he reads.

It's a judgement-free zone that allows the child to build confidence and develop fluency.

Thursday, September 26

4:30 pm - 5:00 pm, 5:00 pm - 5:30 pm, 5:30 - 6:00 pm, children ages 5-12, Denton, Study Room

One registrant per session*



CALL NOW **Glenn Foster** 410-310-7222



Community Calendar

ONGOING

Lions Durable Medical Equipment Loan Closet. If you are in need of a piece of durable medical equipment, have your caregiver or healthcare provider contact a Lions Clubs near you to see if we can assist you. To contact a Lions Club near you search www.lions22B/projects.

VENDORS WANTED

Christ Episcopal Church in Denton is looking for vendors for it's Quarter Auction to be held on November 9, 2024 at the American Legion Post, Denton. Please call Kitty Adams, 410-310-1500 for information and to register.

THROUGH OCTOBER 5

The Fiber Arts Center Presents "PA German Love of Color Exhibit." The German immigrants brought with them the desire to decorate their modest and very plain homes. The mid to late 1800's explosion of bold colors and designs were captured by the Pennsylvania Germans in their quilts. Their unique designs, color combinations and quilting patterns have created the "Dutch" folk art that is collected today. The quilt makers desire of color and design can also be seen on the back of their quilts during this time period of the nineteenth century. Their folk art and love of color is showcased in the exhibit



Goldsboro Volunteer Fire Company 700 Old Line Road, Goldsboro MD



Sun. Oct. 13 Doors open at 11:30 am Games Begin at 2:00 pm

https://www.eventbrite.com/e/designer-purse-bingo-tickets-872638464137

\$30 per person in advance * \$35 per person at the door Ticket includes a 20-game pack and 1 door prize!

Door prizes Special Games Tricky Tray Raffles 50/50 Bake Table

Designers: Michael Kors Dooney & Bourke Kate Spade Coach

Bring a donation of non-perishable food item for the food pantry and receive a free raffle ticket Bring a wishlist item for the shelter: household items, cleaning supplies, toiletries, water and receive a free raffle ticket entitled "PA German Love of Color." You will enjoy seeing what they considered their "best quilts", which were made and passed on to future generations. We have lived our entire life in Berks County, the heart of "Pennsylvania Dutch Country," and are thankful for the opportunity to share some of our local history. Please enjoy the exhibit as much as we enjoyed bringing it to you. Arlan & Pat Christ, The Christ Collection. This exhibit will be on display at the Fiber Arts Center in Denton from July 31 through October 5, 2024, and is free for all to enjoy.

WEDNESDAY, OCTOBER 9 THROUGH SATURDAY, JANUARY 11, 2025

The American Quilt Study Group Medallion Exhibit. One of the earliest quilt designs, the medallion has remained a strong and dominant style in quilts for over 200 years. The Fiber Arts Center of the Eastern Shore is honored to host a very special quilt exhibit featuring medallion quilts from the American Study Group (AQSG). This exhibit is a collection of quilts from the AQSG 2021 Quilt Study challenge. The AQSG Quilt Study challenged members to learn the history of an individual quilt by selecting one that addresses a specified design, style, or period, and make a small replica or interpretation of the historic quilt. These quilts are no larger than 42" x 42". Framed Center /Medallion Quilts was the study theme for the 2021 challenge. These quilts cover a time period ranging from the early 19th century to the mid 20th century. Come and join us as we take a deeper look at the history of these amazing medallions! The exhibit is free of charge and open to everyone during our regular hours Wednesday - Saturday, 12:00 pm - 4:00 pm at the Fiber Arts Center in Denton, MD.

SUNDAYS

Worship Service at Eternal Life Ministries at 11:00 am at 807 Market St., Denton. Contact: Brother Mike at 410-714-4793.

Please join us in person at **New Beginnings UMC** at 12020 N. Central Ave Ridgely at 10:00 am. Virtual via YouTube #NBUMC or Zoom meeting ID: 242 506 3045 Passcode: 421282.



A new series of 13 lessons has started based on **"God's Awesome Promises" at Bethesda Methodist Church**,155 Main St in Preston. Each individual and interactive lesson is suitable for children age 4 and up. They are held every Sunday at 9:00 am. Call 410-673-1481 for more information.

Greater Impact Worship

Experience every Sunday at 11 AM. Impact Kids (ages 3-11) meet during the worship experience..

MONDAYS

STARTING IN SEPTEMBER, the Ridgely Lions meet on the second and fourth Mondays of each month at the Ridgely United Methodist Church Social Hall, 107 Central Ave. in Ridgely at 6:30 pm. For more info on the Ridgely Lions go to www. ridgelylions.org or www.facebook. com/ridgely lions club. We are always seeking new members who are interested in serving their community.

Celebrate Recovery is a Christian based 12-step recovery program for all kinds of hurts, habits, and hangups. 7:00 pm - 9:00 pm at Greater Impact in Greensboro. For more information, please contact Cathy Bowery at 410-829-7020 or Nick Rukstela at 443-239-7005 or email info@greaterimpactmd.com.

FIRST MONDAYS

The Greensboro Historical Society, 104 E. Sunset Ave., meets each month on the first Monday at 7:00 pm.

TUESDAYS

Hot Soup at Aaron's Place, 401 Aldersgate Drive, Denton from 11:30 am to 1:00 pm. Come out and enjoy!

Tuesday Bingo at Denton American Legion Post #29 at 7:30 pm. Doors open at 5:00 pm. Snacks and drinks available for purchase at break. Info 410-479-2708.

English as a Second Language Classes from 9:00 am - 11:00 am at Aaron's Place, 401 Aldersgate Drive, Denton. Any questions, please call 443-243-5906.

Zumba Classes at 6:00 pm with

instructor Maria Draves at Aaron's Place, 401 Aldersgate Dr, Denton.

Walk-in Acupuncture Clinic at 5:30 pm - 7:00 pm from Sourche Point Institute at Aaron's Place, 401 Aldersgate Dr, Denton.

THIRD TUESDAYS

Caroline County Chapter of Maryland Right to Life meets 7 p.m. at various locations around the county. All are welcome to help us defend life, educate the public, and work for legislative change. For more information or the location of the next meeting, contact chapter president Tom Lough at 443-996-3024 or Upcycle1atatime@gmail.com.

WEDNESDAYS

Denton Rotary Club Meetings are held Wednesdays from Noon to 1:00 pm at the Caroline Culinary Center 512 Franklin St. Denton, MD 21629. Come join us for a free lunch and find out about the exciting "Service Projects" the club is working on. For more information, contact: Charlie Huber 410-479-2070 charliehuber21@gmail.com. September 4 Regular Meeting, September 11 Regular Meeting, September 18 Regular Meeting, September 25 Business Meeting.

Denton Farmers Market Every Wed. 4: 00 pm – 7:00 pm May 1- October 30 at 3rd and Market St. Lot, downtown Denton. Hosted by: Downtown Denton Main Street. Contact info for vendors: DentonFarmersMarket@ gmail.com or website: www. downtowndenton.com. Fresh local produce, plants and flowers, poultry, eggs, spice rubs, baked goods, coffee creations, artisan market, and more.

Ridgely Volunteer Fire Department

offers Line Dancing every second Wednesday of the month from 6:00 pm - 8:00 pm. Cost is \$5 per person, children 12 and under are free! An instructor will teach you 1-2 new dances each week and then there will be social time to show off your dance moves. It's a fun time and open to all. The Firehouse is located at 101 Sunset Boulevard, Ridgely. For more information, call 410-634-2424 or email ridgelyfd@comcast.net.

Community Civic League Food Pantry, 3439 Laurel Grove Road, Federalsburg. Wednesdays, 4:00 pm - 6:00 pm or by appointment. Free food and clothing. Contact: 302-604-4216 or 410-754-6011.

In person **Bible Study** at 6:00 pm, Eternal Life Ministries, 807 Market St., Denton.

Wednesday Bible Study at 7:00 pm at Calvary Baptist Church. Questions: Contact Don Reynolds, Pastor of Calvary Baptist Church, 1120



24003 Friendship Rd, Preston 410-673-7249 410-924-5052 Whole Hog • Pit Ham • Pit Beef BBQ Chicken (quarters & halves) • Hot Dogs Hamburgers • Potato Salad • Cole Slaw Macaroni Salad • Rolls & More

ALSO AVAILABLE FOR FUNDRAISERS

Market St, Denton, 410-924-6404, donaldwreynolds@comcast.net, www. calvarybaptistchurchofdenton.org.

The Ridgely Lions Club supports the Ridgely United Methodist Church with their weekly "Food Pantry from 2:00 pm - 6:00 pm. Folks in need can pick up a grocery distribution behind the Church on Central Ave in Ridgely. For more information, contact Lion Shad Brannock at ridgelionsec@gmail.com.

Come out and join us for **Mommy** and Me classes from 9:00 am - 1:00 pm at Aaron's Place, 401 Aldersgate Drive, Denton. Discussion for health and wellness, baby diapers and needs and care for mommies. Any questions, please call 443-243-5906.

WEDNESDAYS & THURSDAYS

Exercise-Exercise: One hour exercise classes at 11:00 am at Aarons Place, 401 Aldersgate Drive, Denton. Please call 443-243-5906 if any questions.

FIRST THURSDAYS

The Activities Singles Klub (ASK) holds its meetings the first Thursday of the month. Meetings are held at the Elks located at 502 Dutchman's Lane in Easton. Single, widowed, divorced and separated individuals are invited. Feel free to come visit with us. We meet at 4:30 pm for social time, dinner will be at 5:00 pm and the meeting will follow dinner. For information call Gladys at 410-822-6205.

THIRD THURSDAYS

Third Thursdays, May – Oct. in Downtown Denton, 6:00 pm. 200 block of Market St. Includes corn hole tournaments, live music, extended business hours and specials

SECOND FRIDAYS

Cruise In Car Show, second Friday of the month, May-Sept. Downtown Denton. 6:00 pm – 9:00 pm

SATURDAYS

Greater Impact worships every Saturday at 6:00 pm, and Impact Kids (ages 3-11) meet during the worship experience.

The Museum of Rural Life (RLM),

16 N. 2nd St., Denton, is open the following Saturdays in September: September 7, 14, 21, and 28 from 11:00 am - 4:00 pm. The RLM houses WWI and WWII exhibits, a new Buffalo Soldier exhibit, an intact sharecropper's cabin, ship models from various eras of Caroline shipbuilding and elsewhere, memorabilia from FDR's visit to Denton in 1938, as well as many other exhibits and artifacts. A docent is on



hand for tours. Enter the museum through the Annie Taylor House, built in 1819 by a merchant. Free to the public. Visit carolinehistory. org 410-479-2055 to leave a message Donations are always welcome

Preston Historical Society

Museum hours for the museum are 10:00 am - 2:00 pm. The museum is located at 167 Main Street in Preston. For more information visit www.prestonhistoricalsociety. com or Facebook at "Preston Historical Society."

Upper Shore Genealogical Society of Maryland - The Research Center/Library is located at 12156 Greensboro Road, Greensboro. The hours of operation are most Saturdays, from 9:00 am - 2:00 pm. The Research Center is usually closed on holiday weekends and dates of membership meetings. Particularly for out of town researchers, the Research Center can be visited by special request. Email us at usgsmd@ yahoo.com. Membership meetings are held at 1:00 p.m. the second Saturday of January, March, May, September and November. Locations may vary, but will be posted on the website at usgsmd.org and our official

Men, come join us for "Men Praying Together" every Saturday. Women, come join us for "Women Prayer Together" every Saturday. Time is 8:30 am - 9:30 am. Come fellowship with other believers and be strengthened and inspired. All are welcome—bring a neighbor/friend. Join us at Calvary Baptist Church, 1120 Market Street, Denton. Contact: 410-924-6404, donaldwreynolds@ comcast.net, https:// calvarybaptistchurchofdenton.org/

Facebook group prior to meetings.

FIRST SATURDAYS

Community Civic League Breakfast, 3439 Laurel Grove Road, Federalsburg. Every first Saturday, 7:00 am -10:30 am. Scrapple, sausage, eggs, potatoes, applesauce, biscuit, oj, coffee. Cost is \$8. Local delivery available. One free breakfast to anyone who attended the original school or day care. Contact: 410-754-6011 or 410-924-0552.

SECOND SATURDAYS

Giving Grace Food Pantry held at Goldsboro Fire Co., 700 Old Line Road, Goldsboro. Food available from 7:00 am. For more information, call 302-270-1948. Sponsored by Trinity United Methodist Church, Goldsboro.

The 1809 Exeter House (Old Denton Road, Federalsburg) will be open for tours on the second Saturday of each month, from 10:00 am - 2:00 pm. Admission is free, but donations are welcome. Exeter, located at 408 Old Denton Road in Federalsburg, is one of the oldest remaining structures in southern Caroline County, dating back to around 1800. Many of its early residents were millers who worked in the grist mill across the road on the Marshyhope Creek. Docents will be available. Admission is free, but donations are welcomed! For more information, please contact 443-434-3114 or federalsburgmuseum@comcast.net.

Eternal Life Ministries will have Fish Dinners available from 11:00 am - 3:00 pm. We are located at 807 Market Street in Denton. For more information please call the church at 410-714-1087 or 410-725-1484.

Men For Change Outreach will meet every second Saturday, from 11:30 am - 1:00 pm at the Apostolic Pentecostal Church, 123 Liberty Road, Federalsburg. Contact: David Ricks, Sr. 443-786-5182, or Betty Jarman, 302-448-5939.

SECOND SUNDAYS

The **Eastern Shore Bluegrass** Association's concert series at the American Legion Post #29 in Denton. Doors open at 12:00 pm for local musician picking jam. Guest performers at 2:00p.m. Concessions available. \$15 at door. September 8: Bluetrain Bluegrass Band, Baltimorebased foursome. Follow ESBA on FB and Instagram for concert updates and programming.

SUNDAY, SEPTEMBER 1

Caroline County Jousting

Tournament hosted by the Eastern Shore Jousting Association starting at 1:00 pm at the Caroline County 4-H Park, 8230 Detour Road, Denton. Open to the public to watch, free admission. For more information contact Dorsey Wooters at 410-479-0565.

MONDAY, SEPTEMBER 2

CCCA Teen Writers' Club. Are you ready to start on a journey of creativity and imagination? Join the Teen Writers' Club for engaging discussions, dedicated writing time, and sharing sessions. Whether you're into poetry, fiction, or non-fiction, we support all types of writing. Registration required. Email marybeth.bishop@verizon.net to join! Free. 7:00 pm - 8:00 pm. Zoom.

TUESDAY, SEPTEMBER 3, & SEPTEMBER 17

CCCA Write On! is an online adult writers' group that meets the 1st and 3rd Tuesday of the month at 6:30 pm. Each session features a different topic or share your own work. This event is free! Pre-registration required by 3 pm on the day of the event to get the Zoom link. Free. 6:30 pm - 8:00 pm. Zoom.

THURSDAY SEPTEMBER 5

CCCA Make a Mosaic House Number, Name, or Welcome Sign. Design and create a personalized mosaic house number, name, or welcome sign using glass and pottery materials. Artist Joanne Gelles will guide you through mosaic basics, glass cutting techniques, and final touches to achieve a stunning result. Perfect for beginners or seasoned enthusiasts. \$35 (All materials included). The Foundry. 5:30 pm - 7:30 pm.

SATURDAY, SEPTEMBER 7

The GROW MINISTRY OF Calvary Baptist Church in Denton will be "hostessing" a ladies' prayer retreat — "MADE FOR HIM" at 9006 Pealiquor Landing Road, Denton. There is no charge for this event. Muffins and coffee will be served at 9:30 am and the retreat will last until 3:00 pm. Each attendee should bring a folding lawn chair, if you have one. If not, there will be one provided for you. Also bring your favorite mug, a Bible, pen, notebook, bagged lunch and drink. Dessert and fruit will be provided. You can register for the event by calling Nancy Reynolds at 410-924-6344 no later than September 4.

SUNDAY, SEPTEMBER 8

We will be **honoring all Grandparents**. Join us for Sunday School for all ages at 10:00 am



Burrsville Ruritan Club, Inc. • 1 Ruritan Road, Denton

and our Worship Service at 11:00 am. Any questions, call/email Pastor Reynolds. Join us at Calvary Baptist Church, 1120 Market Street, Denton, MD 21629.

SUNDAY, SEPTEMBER 8

Freedom's River, A Tribute to Underground Railroad History on the Choptank, sponsored by The River is the Center, River City Cruise Co, and the Harriett Tubman Museum and Educational Center. Discover the Choptank River's crucial role in the Underground Railroad during one of thse free one-hour river cruises. Tickets are free, but registration is required. Contact riverruncruise@gmail.com.

MONDAY, SEPTEMBER 9

Caroline County AARP Chapter 915 meets at 12:00 pm, with a covered dish luncheon, at the Church of the Nazarene in Denton. Mary Moran, State Health Insurance Program (SHIP) will bring us up to date on Medicare, Medicare Part D and supplemental plans. Guests and New Members are welcome. For more information, call 410-482-6039.

THURSDAY SEPTEMBER 12

CCCA Create Your Own Mosaic Masterpiece: Flower, Tree, or Mushroom! Unleash your creativity and craft a mosaic inspired by nature! Choose from a vibrant flower, a majestic tree, or a whimsical mushroom. Learn design techniques, glass cutting, and finishing methods to create a masterpiece uniquely yours. \$35 (All materials included). The Foundry. 5:30 pm - 7:30 pm.

FRIDAY, SEPTEMBER 13

Caroline County Garden Club meeting with guest speaker Terry Holman, Accredited Life Judge with Federated Garden Clubs of America, and floral design demos by club members. The meeting takes place at 10:00 am at the 2nd Floor meeting room of the Caroline County Public Library, 100 Market Street, Denton. For more information visit Facebook at "Caroline County Garden Club-Maryland" or call 410-253-9540.

SATURDAY, SEPTEMBER 14

Federalsburg Volunteer Fire Chicken BBQ from 10:00 am - until sold out. \$12 per meal (includes chips, pickles, a roll, half of a chicken, and a drink) or just half a chicken for



\$8. Please follow us on Facebook for more information. The address is 208 N. University Ave Federalsburg, MD 21632. Our email for any questions is fvfcevents@gmail.com.

SATURDAY, SEPTEMBER 14

Bird Walk for people of all birding levels at North County Regional Park. Leader: Danny Poet. Meet at the parking lot at the end of drive at 8:00 am. Address: 14267 Greensboro Road, Greensboro, MD.

SATURDAY, SEPTEMBER 14

Going Purple Together. Caroline, Kent, Queen Anne's, Talbot, and Dorchester Counties. 10:30 am - 1:00 pm, James. T. Wright Park, 105 Backlanding Road, Preston. For more information and for vendor registration, email ctoribio@midshorebehavioralhealth.org.

SATURDAY, SEPTEMBER 14

The **Caroline County Republican Women** will be hosting a rally for Trump/Vance and Andy Harris on Saturday at the 4-H Park on Detour Road in Denton, MD. The event takes place from 10:00 am – 2:00 pm. There will be food, music, merchandise vendors, political yard signs, bake sale. Please plan to attend to support our candidates for the November 2024 election. Text Bobbi Remines 410-570-0494 for further information.

SUNDAY, SEPTEMBER 15

72nd Annual Ridgely Jousting Tournament hosted by the Eastern Shore Jousting Association starting at 1:00 pm at Tuckahoe Equestrian Center, 619 Crouse Mill Road, Queen Anne. Open to the public to watch, free admission. Please bring your own chairs, there is shade. For more information contact Dorsey Wooters at 410-479-0565.

TUESDAY, WEDNESDAY, THURSDAY, SEPTEMBER 17, 18, 19

UFOs = Unfinished Objects - You are invited to bring a project and your sewing machine, supplies, etc., for our 3-day UFOs at the Fiber Arts Center in Denton. The coolest part, besides the fun and folks, is that you can leave your machine and gear here overnight during the UFOs and take it all home at the end of the 3-day session. Each day, 9:00 am - 4:00 pm. Cost: \$30 session. Membership is requested at \$25.00 per year. Membership at the Fiber Arts Center provides discounted class prices. UFO sessions can be reserved with payment. Please call Kathleen at 443-448-4611 to reserve your space.

THURSDAY, SEPTEMBER 19

CCCA Create a Fairy Garden Gnome House! Bring magic to life by crafting your own whimsical Fairy or Gnome house! Using a variety of materials, you'll design a delightful decoration perfect for the holidays or year-round enjoyment. \$35 + \$5 material fee (All materials included). The Foundry. 5:30 pm - 7:30 pm.

THURSDAY, SEPTEMBER 19

MHAMD's **"Resiliency Road Trip" series, led by speaker Frank Kros,** aims to empower adults who guide and nurture children by equipping them with practical and powerful skills to shape resilient minds. Oxford Community Center. Session 1: The Saddest Song: Adolescence, Suicide, and the Developing Brain from 10:30 am - 1:00 pm. Session 2: Rethinking Attention-Deficit Hyperactivity Disorder: How to Enhance the Foundational Strengths of the ADHD Brain from 2:00 pm - 4:00pm.

FRIDAY, SEPTEMBER 20

Community Trivia Night! Join us for an evening of creative (and not too hard) trivia questions and games. Hearty snacks, salads, desserts and drinks included. Free childcare provided upon request. 6:00 pm – 8:00 pm \$20 per adult; children free. Unitarian Universalist Fellowship at Easton (UUFE). 7401 Ocean Gateway (Route 50 – across from Easton High School). All proceeds benefit UUFE, an open religious community that strives for social justice, values diversity, cares for one another, and protects our natural environment.

SATURDAY, SEPTEMBER 21

CCCA Drum & Dance Circle. Celebrate the fall equinox with a Drum & Dance Circle at the Denton Community Garden. This event is a time for reflection, renewal, and rebirth, where you can honor the rhythm inside and around us. Join the community to drum, dance, and sing together, awakening a new spring rhythm. FREE. Denton Community Garden. 4:00 pm - 5:00 pm.

SATURDAY, SEPTEMBER 21

Caroline Health Department to Host Community Baby Shower. The Caroline County Health Department, in partnership with Babies Born Healthy and the Maryland Children's Health Program will host a community baby shower from 9:00 am to 12:00 pm in Federalsburg. The event will provide new and expectant mothers in Caroline County resources and expert advice, as well as giveaways of baby essentials.

	Community Trivia Night!						
	Play in teams Earn prizes Family fun						
	Join us for an evening of creative (and not too hard!) trivia questions and games. Hearty snacks, salads, desserts and drinks included. Free childcare provided upon request.						
Friday, September 20, 2024 6pm - 8pm \$20 per adult; children free.							
	\$20 per adult; children free.						
	Unitarian Universalist Fellowship at Easton (UUFE) 7401 Ocean Gateway (Route 50 - across from Easton High School)						
	See website for more information: https://uufeaston.org. To request free childcare during the event, please email uufe@goeaston.net						
	All proceeds benefit UUFE, an open religious community that strives for social justic, values driversity, cares for one another, and protects our natural environment.						

SATURDAY, SEPTEMBER 21

Caroline County Fall Bird Count. Coordinator: Debby Bennett at dabennett1996@gmail.com.

SATURDAY, SEPTEMBER 21

Preston Historical Society Membership Meeting followed by Preston Trucking Company presentation. Guest speaker Bill Lyons. 10:00 a.m. Public is invited.

WEDNESDAY, SEPTEMBER 25

Federalsburg Volunteer Fire Company Food Truck Night from 4:30 pm - 7:30 pm. The address is 208 N. University Ave Federalsburg, MD 21632. Please follow us on Facebook for more information. Our email for any questions is fvfcevents@gmail.com.

SUNDAY, SEPTEMBER 29

Homecoming Service at **Union United Methodist Church**, 10663 Knife Box Road, Denton. Join us in celebrating our 190th Anniversary as commemorate the history of our church founded by Rev. Thomas Melvin in 1834. Lawrence Tyler of Tilghman Island will be sharing his musical talents with us. A free will offering will be taken. Refreshments will be served in our Sunday School room after the service.

SUNDAY, SEPTEMBER 29

Field Trip. Bird Banding observation at Foreman's Branch

2024 Community

Sponsored by Denton Church of the Nazarene Saturday, September 28 8 am - 1 pm Vendor set-up at 7 am

(rain date is Oct 5)

Breakfast Lunch Refreshments for sale

Bake Table

\$10 for each space. Must be registered by 9/14. Tables on first come, first served basis.

Yard Sale Proceeds go to Aaron s Place

Name

#Spaces@\$10_____ #Tables _

Phone#

Address

City/State/Zip _

Questions: Faye at 302-632-2854 or Cheryl at 410-829-9576 Please mail this form on or before 9/14/24 to Denton Church of the Nazarene 10660 Greensboro Road, Denton, MD 21629 Bird Observatory. 8:00 AM. Great for people of all ages. To register and for directions, contact Debby Bennett at dabennett1996@gmail.com. (Rain date: Sunday, Oct 6.).

SUNDAY, SEPTEMBER 29

Eastern Shore Jousting Association will be holding their **Annual Championship Joust** starting at 1:00 pm at the Tuckahoe Equestrian Center, 619 Crouse Mill Road, Queen Anne, MD. Jousting is Maryland's Official State Sport. Open to the Public to Watch. Please bring your own chairs. For more information, contact Diane Sherwood at 410-310-7945.

FRIDAY, OCTOBER 4

Barn Block Painting Class. The Fiber Arts Center is once again offering this fun class where you will actually design, paint and take home your very own original Barn Block to hang on your barn, house, fence, etc. Instructor: Victoria McConnell. Time: 9:00 am – 3:00 pm. Cost: \$100 Members/ \$110 Non Members. Contact Victoria before class for discussion of barn quilt design at 410-253-9716. To sign up please contact Kathleen McCulloch at 443/448-4611 or info@fiberartscenter.com.

SATURDAY, OCTOBER 5

Annual Fall Festival. 11:00 am - 2:00 pm. Union United Methodist Church 10663 Knife Box Road Denton, MD. 21629 (Burrsville). Tickets or questions please call Millie 410-482-6949.

SUNDAY, OCTOBER 6

Designer Purse Bingo to help others for Addiction Treatment Support. Denton 4-H Park, 8230 Detour Road, Denton. \$30 per person in advance; \$35 per person at the door. Contact Deanna Blanch 443-786-7359.

SUNDAY, OCTOBER 6 - MONDAY, OCTOBER 7

Join us for our "**Fall Revival**" with our guest, Servants Heart, an exciting Southern Gospel trio from Western MD, with Rev. Chan Hubbard preaching in all services. Any questions, call/email Pastor Reynolds. donaldwreynolds@comcast.net

SUNDAY, OCTOBER 13

Designer Purse Bingo to benefit His Hope Ministries. Goldsboro Volunteer Fire Company, 700 Old Line Road, Goldsboro, MD. \$30 per person in advance; \$35 per person at the door. Contact His Hope Ministries 443-448-7297.

SATURDAY, OCTOBER 19

Preston Historical Society Membership Meeting. 10:00 a.m. Public is invited.

SATURDAY, OCTOBER 19

A Christmas Wreath Paper Piecing Class. Instructor: Colette Metcalf. Time: 9:30 am - 3:00 pm. Cost: \$40.00/ Members, \$50.00/Non Members. Please call Kathleen at 443/448-4611 to sign up or at info@fiberartscenter.com. For supplies and more information about this class, please call our instructor, Colette Metcalf at 443-515-0491.

SUNDAY, OCTOBER 20

Preston Historical Society Cash Bingo Fundraiser at Preston Volunteer Fire Dept. 1:00 pm – 5:00 pm. Volunteers welcome!

SATURDAY, OCTOBER 26

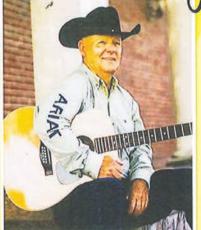
Indoor Craft & Yard Sale to benefit the Caroline County 4-H Program from 8:00 am - 1:00 pm at the Caroline County 4-H Park, 8230 Detour Road, Denton, MD. All Vendors Are Welcome!! Crafters, Direct Sale consultants*, Household items, Furniture, Jewelry, Antiques, Horse Tack, Tools, Pet items and more!! *Direct Sale Consultants will be kept to one consultant per venue. Food available for sale at the event. Cost is \$15 per table. Set up is on Friday, October 25 from 6:00 pm – 8:00 pm or Saturday, October 26 from 6:00 am -7:00 am. Early deadline to ensure a space is October 1st. Proceeds from sale of table spots will benefit the Caroline County 4-H Programs including scholarships, club needs, leadership and service learning activities. For more information or to reserve a space, please call Joanne Wooters at 410-479-0565 or email caroco4hcraftshow@gmail.com.

THURSDAY, OCTOBER 31

Haunted Porch at **Preston Historical Society**. 6:00 pm – 8:00 pm. Volunteers welcome!







WED., OCT. 2 LAWRENCE TYLER

Tilghman Island, MD



THURS., OCT. 3 LYNDA RANDLE Member of Gaither Gospel Family

FRI., OCT. 4 GUY PENROD Former Lead Vocalist with Gaither Vocal Band

WED. EVENING MESSAGE BY DR. CHRISTIAN JENSEN Local Community Leader THURS. EVENING MESSAGE BY REV. ELMER DAVIS District Superintendant UMC



6-8PM EACH EVENING

Towers Family Museum 26299 Sennett Rd., Denton, MD

BRING YOUR OWN CHAIR

FREE ADMISSION

FOOD WILL BE AVAILABLE EACH NIGHT

Lohn B Allon Bastor

Sponsored by Ames UMC & Harmony UMC | John R. Allen, Pastor

For More information contact btowers62@gmail.com or 410-479-0914

Marriage Licenses

Kodey Hunter Biscoe, Preston and Nicole Marie Cayer, Denton

Glenn Lamont Jones, Bridgeville, DE and Shakara Monique Stewart, Lewes, DE

Bonnie Lou Keeble, Marydel, and Leslie Allen Meyers, Marydel

Hector Manuel, Guzman Jr, Greensboro and Dianna Chantell Farris, Ridgely

William Otoniel Perez Perez , Millington and Lesbia Beatriz Perez Domingo, Millington

Richard Alan Moyer, Reading, PA and Adamaris Muniz Tirado, Forest Hill

M_Akayla Renee Thomas, Greensboro and Ryan Wayne Robbins, Greensboro

Caitlin Elizabeth Blough , Denton and Jacob Isaiah Schauber, Denton

Chelsea Pauline Volz, Front Royal, VA and John Peverill Rotter, Front Royal, VA

Elizabeth Marie Clemens , Denton and Benjamin William Vannest, Denton

Evelio Humberto Perez Gomez, Marydel and Yeimi Mariela Perez Lopez, Marydel

CALVARY BAPTIST CHURCH

1120 Market St., Denton • 410-924-6404 www.calvarybaptistchurchofdenton.org Don Reynolds, Pastor Join US for our

2024 GOSPEL CONCERT SERIES Friday, September 13 at 7 PM Lawrence Tyler * Mercy's Well * The Harvester's Quarter

"Fall Revival" - Sun Oct 6- Mon 7th with Rev Chan Hubbard, preaching and "Servants Heart"- music

All are welcome - bring a neighbor or friend



10 AM Sunday Bible School – All ages 11 AM Exciting Praise / Worship

Also, great Junior Church (5-11 yrs.)

7 PM Sunday Evening Worship & Children's Class

7 PM Wednesday Bible Studies

It Is All About Honoring Jesus Christ



Christina Lynn Baxter, Federalsburg and Justin Raymond Bender , Federalsburg

Leslie Gisel Bamaca-Perez, Marydel and Louis Thomas Haran Giardino, Taberg, NY

Leah Katlynn Miles, Ridgely and Louis Virgil Prezzi, Jr Ridgely

James William, Lewis Jr, Ridgely and Jacqueline Urban Takacs, Ridgely

Alahna Shalei Beaudet, Denton and Brentt Tylor Swann, Denton

Steven James Bennett, Seaford, DE and Rhonda Kay Palmes, Cambridge

Donald Wayne Clark, Denton and Lauren Ashley, Denton

Kevin Jamar Armstrong, Salisbury and Dewauna Janae' Ringgold, Salisbury

Zachary Dwayne Longworth, Federalsburg and Savannah Logan Scott, Federalsburg

Sallie Kathryn Wallis, Denton and Jackson Henry Schroeder, Okarche, OK Edward Carl Darling, Denton and Michelle Lynn Sherwood, Denton

William Richard Bennett, Richmond, KY and Helen Margaret Schmidt, Preston

Sheree Anita Stewart, Denton and Walter Damon Hutchins, Denton

Elizabeth Annalynn Di Millo, Denton and Ayoub A. Nawaz, Greenwood, DE

Kenneth Robert Hewitt, Marydel and Raymond Stephen Hoffman, Marydel

Ian Robert Whitfield, Denton and Valeria Andrea Araque Giraldo, Denton

Jessica Dawn Clough, Henderson and Philip Alexander Coursey, Henderson

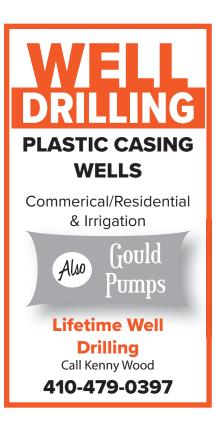
Caitlyn Marie Stampone, Grasonville and Daniel Robert Vance, Denton

Barbara Ann Carder, Federalsburg and Cheyanne Naomi Carter, Federalsburg

Hope Danielle Blankenship, Denton and Kyle Jordan Robison, Sudlersville

Alejandro Lemus Marron, Greensboro and Deisy Suarez Lopez, Greensboro

Jade Andrea Pearl, Denton and Shawn Dudley Marvel, Chestertown







Deed Transfers

Springrauch LLC to D.R. Horton, Inc. \$240,000, 123 Ellis Street and Reliance Ave, Lots 2, 3, 4, 5, 6, 7, 8, Federalsburg.

Lisa Scholosse and Sherry Brown to Alexander J. Kimble, \$70,000, Drapers Mill Road, Greensboro.

Shirley M. Morris to Zachary Keyes, \$170,000, 1133 Market Street, Denton.

Daniel Curran to Andrew R. Dhue, \$140,000, 719 Camp Road, Denton.

U.S. Bank National Association to Chi T. Nguyen, \$110,000, 713 Camp Road, Denton.

Michael J. Mackey and Jesscia E. Mackey to David J. Oliver, Jr. and Carl J. Oliver, \$325,000, 203 Wood Duck Drive, Greensboro.

Estate of Elizabeth R. Fluharty to Patrick Joseph Ahern, \$227,000, 3469 American Corner Road, Federalsburg.

Jason A. Munro to Pancake Flats, LLC, \$836,070, Marblehead Road, Ridgely.







JV Land Holdings, LLC to Thomas Hontz, Jr. and Tracy Hontz, \$364,900, 1101 Trice Meadows Circle, Denton.

LO Properties, LLC to Mark Morgan, \$379,000, 205W Fourth Street, Ridgely.

Dana Wayne Joiner to Thomas M. Dodge and Pamela A. Dodge, \$70,000, Greensboro Road, Greensboro.

RNB Investments, LLC and Navarro Concrete, LLC, \$100,000, 1020 Market Street, Denton.

Karen T. Clark to Autumn C. Myers, \$240,000, 300 Wood Duck Drive, Greensboro.

Almalis LLC, and Federalsburg RE LLC, \$150,000, 210 East Central Avenue, Federalsburg.

Matthew H. Slater to Rachel E. Hubbard and Patrick M. Hubbard, \$27,500, Bethlehem Road, Preston.

Kenneth L. Simmons and Linda A. Simmons to Adelaide B. Simmons, \$275,000, 8746 Mitchell Road, Denton.

Harrison Ferry Properties, LLC to Devon K. Greene and Katey M. Brown, \$170,000, 4270 Frazier Neck Road, Preston.

Douglas J. Neal and Lyle J. Neal to Kent A. Horst and Kelsey R. Horst, \$675,000, 26110 Hignutt Road, Denton.

Thomas J. Pinder, Jr. to Bowers Group, LLC \$38,000, 508 Elaine Avenue, Denton.

R & R Aquafarms, LLC to Frazier Rhode, LLC \$3,400,000, 4970 Frazier Neck Road, Preston.





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Building Permits

Denton Storage LLC, 25779 Sennett Rd, New Building

CMH Homes Inc, 4499 Nelpine Rd, New Building

James F and Ruth E McDonald, 24296 Mallow Dr, Swimming Pool/Hot Tub

Melvin and Eileen Traband , 7305 Todds Wharf Rd, Agricultural Building

Edwin Jack Holbrook, 12443 Gardner Ln, Swimming Pool/ Hot Tub

Dean and Della Alexander, 27080 Anthony Mill Rd, Swimming Pool/Hot Tub

Grace Lyons, 5290 Hidden Hamlet Rd, Swimming Pool/ Hot Tub

Joseph W & Barbara J Little, 7522 American Corner Rd, Agricultural Building

Karen M Layton, 25360 Sandy Point Rd, Remodel / Renovation Mario Marcelo Chauvin, Georgi Ann Chauvin, 22949 Grove Rd, Remodel / Renovation

E McDonald Ruth, James F and McDonald, 24296 Mallow Dr, Detached Garage

Thomas G Shepke, 503 Liberty Rd, Deck

Alvin John and Marlene Fearins, 8048 Lake Dr, Remodel / Renovation

Joann Carlson and Mark E Snyder, 10870 Collinswood Dr, Deck

Brett A and Sandra Weems, 24328 Mallow Dr, Remodel / Renovation

Joseph Carson, Pamela Carson, 11215 Maplewood Dr, Solar Energy System

Donald & Crystal Hoover, 16843 Heritage Hills Ln, Deck

David C Armes, 24638 Tribbett Cir, Deck Edwin Jack Holbrook, 12443 Gardner Ln, Solar Energy System

Terrence J Kerner, 14798 Oakland Rd, Detached Garage

Justin C Jarboe, 14374 River Rd, Pole Building

Becky Cavalier Trustee, 17905 Marvel Rd, Pole Building

Growmark FS LLC, 107 Back Landing Rd, Other Zoning Janell and Timothy Pulice, 3502 American Corner Rd, New Building

John and Sherrie Campbell, 5024 Laurel Grove Rd, Addition

Linda S Voshell, J Wayne Voshell, 17760 Henderson Rd, Remodel / Renovation

Milton Edwin & Claire Christina Louise Lorenz , 4490 Laurel Grove Rd, New Building

Richard And Janice Edwards, 14137 Oakland Rd, Solar Energy System



Tim & Jason Schreiber 25490 Piney Branch Lane Denton, MD 21629



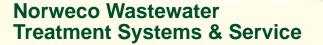
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September Tide Table

Predictions for Tuckahoe (See below for other factors) *Eastern Daylight Savings Time*

Date	2	АМ				РМ			
1	1:00	Lo	7:33	Hi	1:40	Lo	7:38	Hi	
2	1:53	Lo	8:22	Hi	2:29	Lo	8:32	Hi	
3	2:45	Lo	9:08	Hi	3:16	Lo	9:22	Hi	
4	3:35	Lo	9:50	Hi	4:01	Lo	10:08	Hi	
5	4:23	Lo	10:29	Hi	4:44	Lo	10:52	Hi	
6	5:09	Lo	11:07	Hi	5:26	Lo	11:33	Hi	
7	5:56	Lo	11:43	Hi	6:09	Lo			
8	12:13	Hi	6:42	Lo	12:19	Hi	6:51	Lo	
9	12:55	Hi	7:29	Lo	12:55	Hi	7:36	Lo	
10	1:38	Hi	8:18	Lo	1:34	Hi	8:22	Lo	
11	2:26	Hi	9:08	Lo	2:16	Hi	9:11	Lo	
12	3:18	Hi	9:59	Lo	3:06	Hi	10:03	Lo	
13	4:15	Hi	10:52	Lo	4:05	Hi	10:58	Lo	
14	5:14	Hi	11:47	Lo	5:11	Hi	11:55	Lo	
15	6:13	Hi	12:41	Lo	6:19	Hi			
16	12:54	Lo	7:10	Hi	1:34	Lo	7:24	Hi	
17	1:52	Lo	8:03	Hi	2:25	Lo	8:26	Hi	
18	2:49	Lo	8:55	Hi	3:14	Lo	9:24	Hi	
19	3:44	Lo	9:44	Hi	4:01	Lo	10:18	Hi	
20	4:37	Lo	10:31	Hi	4:48	Lo	11:10	Hi	
21	5:28	Lo	11:17	Hi	5:36	Lo			
22	12:00	Hi	6:18	Lo	12:02	Hi	6:24	Lo	
23	12:49	Hi	7:08	Lo	12:47	Hi	7:13	Lo	
24	1:38	Hi	7:58	Lo	1:34	Hi	8:04	Lo	
25	2:28	Hi	8:48	Lo	2:24	Hi	8:57	Lo	
26	3:21	Hi	9:39	Lo	3:18	Hi	9:50	Lo	
27	4:15	Hi	10:31	Lo	4:18	Hi	10:45	Lo	
28	5:12	Hi	11:24	Lo	5:21	Hi	11:40	Lo	
29	6:07	Hi	12:16	Lo	6:22	Hi			
30	12:36	Lo	6:59	Hi	1:08	Lo	7:20	Hi	

	<u>AM</u>		P <u>M</u>	
Greensboro	Add	:25	Add	:43
Choptank	Subtract	3:06	Subtract	2:23
Denton	Subtract	:40	Subtract	:03

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✓ Larry Hogan, U.S. Senator

☑Andy Harris, Congressman District 1

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In Memoriam



July 5, David Lee Proud, Sr., 79, Goldsboro July 17, Leslie Allen Myers, 71 July 22, Shirley May Cook, 71, Goldsboro July 22, John F. Potter, 75, Centreville

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July 7, Irvin Wallace Jarrell, 91, Goldsboro July 21, Thelma Deloise Scofield Wright, 89, Denton July 24, Alexander "Butch" Murray, 79, Federalsburg July 27, Reba Yvonne Ringgold, 87, Denton.



Framptom Funeral Home - Federalsburg 410-754-8888 www.framptom.com

July 2, David Joseph, 74, Federalsburg July 2, Miriam Dyer, 86, Federalsburg July 10, Wanda Shockley Ballas, 60, Federalsburg July 21, Rose Marie (Arcaro) Weiland, 87, Federalsburg July 28, Betty Jo Colona, 84, Federalsburg

Moore Funeral Home - Denton 410-479-2611 www.moorefuneralhomepa.com July 2, Dosoon Kim Calloway, 90, Denton July 7, Ervin S. Pippin, 81, Cambridge July 13, Madeline Titz, 71, Centreville July 16, Earl C. Ramsey III, 55, Denton July 17, Kenneth G. Hetrick, 83, Preston July 23, Theresa M. Curler, 74, Denton July 27, Alfred Dean Reynolds, 93, Denton July 31, Shane William Lewis, 40, Salisbury



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