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Tuckahoe Equestrian Center Scholarships

Tuckahoe Equestrian Center is pleased to be offering scholarships to students pursuing their education in equine studies, vet/vet tech or agricultural studies. High School seniors who are about to attend college in these areas will also be eligible. We are excited to be able to assist students in the pursuit of these studies.

Applicants must be enrolled or about to attend a U.S. accredited college, university or graduate program. A copy of their transcript must be submitted with their application as well as an approximately 400 word essay on "How I plan to use this course of study to further the equine or agricultural industry."

High School seniors should submit a letter of acceptance from the college they will be attending as well as a transcript from their high school and their essay.

Applicants must be members of TEC but may join at the time of application.

Applications must be submitted by June 1, with results announced by July 1.

be awarded. Winners will receive their awards at the July monthly meeting to be held July 17.

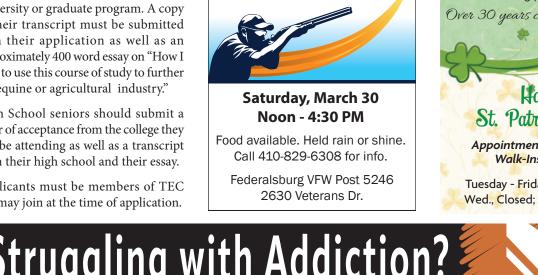
Prior scholarship recipients are eligible to apply again. Scholarship application

Three scholarships of \$1,500 each will

application can be found on the TEC website, TuckahoeEquestrianCenter.

If you have any questions please call Stacy Frank at 516-901-4979.







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Pinwheel ponsorship

CHANGE A CHILD'S STORY



Every year during the month of April, local businesses, leaders, and citizens join together to display pinwheel gardens around Caroline County to represent the countless children who experience abuse and neglect every year and show our county's commitment to keeping kids happy, healthy, and SAFE! Please join us in raising awareness to STAND UP FOR CHILDREN and stop abuse!

Deadline for April publications is Friday, March 8, 2024.

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	PINWHEEL CHAMPION \$500	PION Recognition as a CASA of Caroline Community Partner all year • Name and logo featured prominently on Pinwheel Garden banner • Dedicated pinned posts and banner space on all social media • A public thanks on social media with personalized video • 50 pinwheels at location of choice* • Pinwheels for Prevention campaign sign				
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	PINWHEEL PLANTER \$150		vent-related materials 15 pinwheels at loca			
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Welcome to a 250th Celebration of Caroline County, March 15, 2024!

November, 1773, at a session of the Maryland General Assembly, William Richardson and Thomas White, delegates from Dorchester County to the Assembly of Delegates and Burgesses. introduced a bill, subsequently passed, providing for the formation of a new county, Caroline, in honor of Lady Caroline Eden, sister of the 6th Lord Baltimore and then Lord Proprietor and wife of the royal governor. It was to be formed from inland sections of Queen Anne and Dorchester Counties. The County to be organized in March, 1774.

By order of the Maryland General Assembly (1773) Melvill's Warehouse became the temporary county seat and court convened there for the first time the third Tuesday of March, 1774 beginning the 15th day of the month and continuing by several adjournments until the 17th day. Melvill's Warehouse, a small settlement about a mile and a half above what is Denton today, consisted of a tobacco warehouse, wharf, store, and a few houses.

A local innkeeper and ferry operator by the name of James Barwick was contracted to serve as jailor, and to maintain the courthouse facilities.

To celebrate this occasion the Caroline County Historical Society will be hosting a VIP event on Friday, March 15th, from 5pm to 8pm to the Museum of Rural Life. The cost of the affair will be \$50 that will include spirits and an hors d'oeuvres sampling entitled a "Taste of Denton' provided by the Denton Pub, Caroline's, Craft Bakery & Café, Pizza Empire, Earth Tones Café, and the Chesapeake Culinary Center. Proclamations will be read, followed by a program by Julie Markin, a professor of Anthropology at Washington College. The program will highlight the results of the College's recent archaeological diggings that have occurred at the end of Smith Landing Road just north of Denton, at Barwick's Landing, a site presumably the location of the tavern owned and operated by James Barwick until 1783. (Information gathered from The History of Caroline County Maryland From Its Beginning, 1920)

We Are All About The Green

To continue the celebration of Caroline, the 'Green Garden County', on Saturday, March 16th, Market Street between Second Street and Fifth Street in Denton will be closed between 12

noon and 4 PM to create a pedestrian, family friendly, walkway. A Scavenger Hunt hosted by the Chamber of Commerce, and supported by a majority of Downtown Denton businesses will be open to young and old and offer a first place prize of \$100, second place prize of \$50 and a third place price of \$25. All you have to do to participate will be to register at 8 N. Second Street, Denton. There will be trike races run by the Caroline County Humane Society, corn hole tournaments run by Summit Bank, and street bowling /potato spoon races hosted by the Arts Council, and much more.

There will be DJ music and performances from North Caroline and Colonel Richardson High School Jazz bands, performances by To The Point Dance Studio, and the Arts Center Drums and Dance Circle. Secret World Alpacas will have a petting zone set up. Market Street closure will be bookended by Caroline's on one end, hosting cooking demonstrations, and the Pub at the other end, where there will be Irish music. The Foundry, Faces and the Museum of Rural Life will be open. Local restaurants will be open for business on Saturday afternoon, March 16.. It is a great time to visit, and get a taste of Downtown Denton, MD.

And this does not even include other festivities over the weekend. The 16th Annual St. Patrick Day 5K Run, Kiddie Dash, Fun Run/Walk is on Saturday morning. The Denton Pub will have music Saturday into the night right up to their midnight pancakes. Sunday, March 17, you have a choice of a Keg & Eggs breakfast (7-10 AM) at the Pub, or a Sunday Brunch at Caroline's (10 AM-3 PM). Check out the Facebook and/or web pages of our co-sponsors for more details: Chamber of Commerce, Caroline County Historical Society, Denton Pub, Caroline's, Arts Council (CCCA), and Downtown Denton.

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March 31, 2024
10 am to 1 pm
egg hunts 10:30, 11:30 & 12:30
MUSIC - The Cayer Band
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by Tracey Snyder, Executive Director of Caroline County Chamber of Commerce



Hello Caroline County Chamber Members and Friends.

So far this year, five new members have

joined us, and we anticipate this number will continue to rise! Allow us to introduce you to these fantastic businesses:

Closet 410, Castle Hall 1781, Eternal Love Cleaning Services, PC Accounting, and Good Times Rentals, which offers both van rentals and photo booth rentals.

If you haven't already, consider becoming a member of the Caroline County Chamber of Commerce. You'll find all the details about membership on our website at www.carolinechamber. org. By supporting our members, you contribute to building a robust economic community in Caroline County.

Mark your calendars for these exciting upcoming events!

Artisan Market at the Cow Barn in Ridgely, March 2nd

Explore unique handcrafted goods and support local artisans at the picturesque Cow Barn in Ridgely. Sponsored by K. B. Middleton Repair.

Ca\$h Mob at Ridgely Pharmacy, March 7th

Join us for a special event that's also a fundraiser! All proceeds will benefit

Chelsey Townsend. Let's make a positive impact together.

We Are All About the Green, March 16th

Head to Downtown Denton for a celebration of all things green! From eco-friendly initiatives to sustainable practices, this event is for everyone who cares about our planet.

Best in Business 2024 Annual Awards Night and Public Meeting, March 20th Join us at the Market Street Pub for our annual awards night. Let's recognize outstanding leaders in our community, introduce our new President Laura Reeder, and share our strategic plan and goals.

The Caroline County Chamber is actively engaged with our local community in organizing events, supporting our nonprofit network and collaborating with other organizations. Events like Mactoberfest, Battle of the Foodies, Artisan Market and more are

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successful community events that provide a platform for large and small businesses. We thank our partners for making these things possible. Please visit our website for a complete list of partners and members www.carolinechamber.org.

Happy March! May this month bring you blossoming opportunities, sunny days, and a fresh start. Let's embrace the changing season with positivity and enthusiasm!

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Don Reynolds, Pastor



It Is All About Honoring Jesus Christ



and Our Green Garden County

"Dissolved air flotation (DAF) is a water treatment process that clarifies wastewaters (or other waters) by the removal of suspended matter such as oil or solids. The removal is achieved by dissolving air in the water or wastewater under pressure and then releasing the air at atmospheric pressure in a flotation tank basin. The released air forms tiny bubbles which adhere to the suspended matter causing the suspended matter to float to the surface of the water where it may then be removed by a skimming device."

"Dissolved air flotation is very widely used in treating the industrial wastewater effluents from oil refineries, petrochemical and chemical plants, natural gas processing plants, paper mills, general water treatment and similar industrial facilities. A similar process known as induced gas flotation is also used for wastewater treatment."

Surprised?

The above definitions for Dissolved Air Floatation Systems are taken directly from Wikipedia and has very quickly, within the past 12 months, come to the forefront of a major issue confronting our county and its moniker as the "Green Garden County".

If something is not done about DAF and done quickly, we will become what Governor William Donald Schaefer called the "...house of the Eastern Shore", referring to the small "out" door facility where you went when you had to go. The Governor used a less acceptable term to express his displeasure that most counties did not vote for the Exmayor of Baltimore.

Some may recall Governor Schaefer making this comment to an Eastern Shore legislator while walking to the podium for his first state of the state address. The Eastern Shore did not vote for the ex-mayor.

DAF systems have been used for decades as a method of dealing with industrial waste using proven methods to remove and discard what is no longer useful, known as scum, and discarding it in a safe and efficient manner.

What is happening in Caroline County is this DAF process is being used as a method of disposing of animal processing plant waste, more specifically chicken plants, and converting it to a soil nutrient used by farmers to enhance the productivity of their soil. Think fertilizer.

In the process of converting a chicken from a fluffy white feathery bird to a package of boneless breasts, chicken wings, and thighs, there is a lot of water being used. This wastewater contains all kinds of nasty residue that have no use for man or beast. All of this waste liquid material has to go somewhere. It no longer serves any useful purpose for the chicken processor.

Seeing an opportunity to generate income a wealthy entrepreneur/farmer who is not from our state has seized on the opportunity to take this material off the hands of the chicken processing plants, for a fee.

At the plant, this wastewater is monitored and regulated to the extent that the processor must adhere to proper protocol and procedures of collection, storage, and removal to assure that this material does not leak or contaminate other parts of the process or the environment.

Once the material is loaded into a tanker truck at the processing plant it is taken to an offsite open-air facility or DAF pit in Caroline County where it is unloaded and the process of separating liquid from solids begins. It is from this open-air pit that the magic of turning chicken plant waste into beneficial fertilizer happens.

Once this process is complete the residual beneficial material is pumped into a vehicle that will transfer and apply the beneficial material into the soil. This part of the process is monitored by a farmer's Nutrient Management Plan which regulates what and how much of certain elements are being applied, most specifically, nitrogen.

It is important to note that in this process we must rely on regulatory agencies to monitor wastewater where it is created, the plant, and we must rely

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on regulatory agencies to monitor the end product being put in the ground, according to the farmer's nutrient plan.

But there is no regulatory agency monitoring the storage of this material during the process of converting to a usable product. There is not even a regulatory agency monitoring what is going into the pit. The pit could contain almost anything. It has been known that this entrepreneur/farmer has been hauling cow manure from his dairy farm to put in his DAF pits in Ridgely and Greensboro.

While this slurry of waste is being stored and the material is mixed to separate liquids from solids, a byproduct is an odor that severely impacts the lives of neighbors and property owners.

The smell permeates everything not only outside but inside and affects neighbors in all directions and within thousands of feet if not a mile, depending on how hard the wind blows. Regardless of which direction the wind is blowing the stench is so severe it survives and can be irritating to those nearby. As we know, on the Eastern Shore, where there is agricultural odor, there will be flies. These flies are not only a nuisance but may at times carry diseases that may be transferred to humans.

Our county commissioners, hearing the complaints of neighbors who are forced to remain inside during periods when the sludge is being stirred, are attempting to stop any further growth of these DAF pits in our county and to also find a way to stop this infringement on their right to enjoy their property, destroying their way of life. This issue goes way beyond a landowner's "Right to Farm" in Caroline County.

I would argue that accepting wastewater material from a commercial facility for a fee is not covered by an individual's right to farm. The standard "Right to Farm" contract addendum clearly states:

"Caroline County has determined the inconveniences or discomforts with such agricultural operations shall not be considered to be an interference with reasonable use and enjoyment of land if such operations are conducted in accordance with generally accepted agricultural management practices." I would argue that storing DAF generated by commercial food processing facilities, and manure from other locations is not a "generally accepted agricultural management practice."

This DAF issue is another example of a powerful person acting as if the laws of our land do not pertain to them. Without laws specifically excluding an activity with defined penalties, it is unlikely that perpetrators will curtail the activity regardless of the consequences to others. Ignoring the odor is much easier when you live miles and counties or states away from where the activity is occurring.

This is the reverse of NAMBY, (Not In My Backyard) thinking, where you can do whatever you want to do just don't do it in my backyard, or close to me. This is "IDWIWIYBY," (I will Do Whatever I Want In Your Backyard).

I need to make clear that I completely understand the benefits of using DAF as a soil nutrient when applied according to a farmer's Nutrient Management Plan. I also understand that there are proper procedures and protocols for managing DAF pits to mitigate odor and flies. I am not suggesting its agricultural use be impeded.

(continued on next page)





What I am calling out is the blatant commercialization of DAF at the expense of our community whereby a landowner is collecting food processing waste for a fee and storing and processing it without regard to its impact on neighbors. There is also road damage from truck traffic, a decline in quality of life for those in close proximity, and a general disregard for regulations and laws.

The Maryland Department of Agriculture (MDA) needs to step up and plug the regulatory hole created by DAF storage and processing. Food Processing plants have regulations to oversee, store and dispose of processed wastewater. Farmers have regulations and requirements to monitor and manage soil application materials through their Nutrient Management Plans. Where the material is stored and processed in between these processes needs to be regulated and monitored, and the county should not bear this burden. It has been argued by some that the end user of what is coming from the pits in question doesn't really know "exactly" what they are applying to the soil because different types of waste are being put into the pits with different kinds of chemical interactions occurring. Who monitors and assesses the material before it is applied to the soil?

The situation our commissioners are wrestling with has been brought on by one individual who owns property on River and Peaviner Roads where DAF pits are located. He does not live in Caroline County and over the last five years has accumulated farmland. This land is used to apply DAF material that may contain contaminates that could impact our groundwater. Who is testing the material before it is applied to the land? No one seems to know. The risk is broadened by his apparent failure to secure permits, install storm water management mitigation where required, comply with cease and desist orders and show regard for our community.

There is a right way and a wrong way to do things. The Green Garden County is full of farmers who respect the land and their neighbors and do things the right way. Unfortunately, all the good they do as stewards of their land is being tarnished by an individual who has no regard for either.

I am fed up with business people, politicians and others in positions of power who feel that they are above the law and who focus on self rather than others.

Mr. Rowe is Vice President/Lending for Bay Capital Mortgage Corp. with offices in Easton and Annapolis. He has lived in Caroline for his entire life and supports the county by volunteering in a variety of ways. He currently lives near Greensboro with his wife Jeanne and daughter Kelsey.





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James S., Jr. and Brenda M. Bardsley, 9020 Double Hills Road, Denton, Deck.

Chad and Jennifer Coles, 7955 Laurel Lane, Denton, New Home.

Mervyn Jay Downes, Sr., 11820 Eveland Road, Ridgely, Agricultural Building.

Jason Shreves, 23163 Magnolia Hill Road, Denton, Addition.

David R. and Mary Draper, 5845 Laurel Grove Road, Denton, Swimming Pool.

Anthony T. Clayton, 11463 Reed Circle, Ridgely, Deck.

Joshua and Pamela Brewer, 3575 Prchal Road, Preston, Pole Building. Chase W. and Jessica C. Marth, 3600 Poplar Neck Road, Preston, New Home.

J. Brian and Penny L. Smith, 27360 Whiteleysburg Road, Greensboro, Addition.

David R. and May Draper, 5845 Laurel Grove Road, Denton, Hot Tub.

Johnathon O. and Tammy Lynn Merson, 14955 Greensboro Road, Goldsboro, Addition.

Teresa Lynn Trice, LLC, 25335 Sandy Point Road, Greensboro, New Home. Vincent C. Foster, 20735 Tammuxzena Drive, Preston, New Home.

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Spring!

by Bryan Gadow

To some select few, this author is considered a hard man, free of empathy. Others, I believe, might see me as a sentimental old fool, a title I'd greatly prefer. Consider this evidence. Some twenty to twenty-five years ago I found before me a piece of clip-art. It was, as I remember it, among the pages of this very publication. Sitting in my dusty office, I carefully cut it out and tucked it away for safe keeping in the back of a business-card folder. Every time I flipped through those pages, there it would be, that happy little bird reminding me that no matter how bad things might be, Spring is just around the bend!

I pulled my friend out of hiding so that I might share it with you; perhaps you, as well, could use this brand of cheer? Perhaps you, as well, aren't so gruff inside as some would believe?

Amid life's myriad struggles, one can be pulled along by the tiny treasures left by others. They give us something to hang on to as we slog through the mud. It could be a friendly smile, a pat on the back, an earnest compliment. A rose between the thorns, laughter drowning out anger, or hope above uncertainty. Surely, you find it in yourself to offer this up to passers by each and every day?

As I write this, we are still knee-deep in winter. A mighty blizzard may be on its way (all the better for me to try out that ancient snowblower I resurrected two years ago! It has yet to churn a flake on my behalf.) But ahead there is fresh, new life, a time of rebirth, steadfast growth, and loveliness all around. My happy little chum has proclaimed it: no matter what we may try to do to create ugliness or sorrow, beauty is straight ahead. My friends, I present to you, SPRING!





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- Only four hours per month commitment
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- Monthly events are planned and paid for by the program.
- Each mentor receives full membership from the YMCA of Chesapeake.

For more information contact Melissa Bordenski, Program Coordinator, at 410-479-3060 or carolineymcamentoring@ymcachesapeake.org.

CAROLINE COUNTY FAMILY YMCA
A Branch of the YMCA of the Chesapeake
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410-479-3060
www.ymcachesapeake.org

Denton Rotary

Denton Rotary Club meetings are held Wednesdays from Noon to 1 PM at the Caroline Culinary Center, 512 Franklin St. Denton. Come join us for a free lunch and find out about the exciting "Service Projects" the club is working on. For more information, contact Charlie Huber at 410-479-2070 or charliehuber21@gmail.com.

March 20 Program: RYLA students presentation

Giving Grace FOOD PANTRY

Second Saturdays of every month Goldsboro Vol. Fire Co. 700 Old Line Road

Food available from 7 AM until.

For more information, call 302-270-1948.

Goldsboro Vol. Fire Co.

700 Old Line Road, Goldsboro, MD



For info or tickets, email goldsborocashbash@yahoo.com.

Doors open at 4 PM, Cash Bash starts at 5 PM

\$30 TICKET INCLUDES: 1 Cash Bash entry ticket, beer, soda and food. Children 6-12 are \$10 and children 5 and under free but no Cash Bash ticket included.

Drawings every 5 minutes starting at 5 PM. Every five minutes \$100, every ½ hour \$500, with the final drawing of \$2,000 at 10 PM.

Visa and MasterCard accepted. Prizes not claimed within 30 days of drawing become property of Goldsboro Fire Company. Need not be present to win. Ticket holder is responsible for any and all state and federal taxes that may apply. You must have a Cash Bash Ticket to enter. Tickets will be available for purchase at the door.



Shrimp, Pulled Pork, Cole Slaw, French Fries, Baked Beans, Dessert, Coffee, Tea, Lemonade

Adults: \$35 per person /\$55 couple; children 6-12 \$15; 5 & under Free.

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For more info. call Jamie at 410-924-6230

Friday April 5 6-8 PM

Hall Rentals
for all occasions.

For information on any of the above events or hall rental, visit **www.goldsboro700.com**

Library Corner



Caroline County Public Library www.carolib.org info@carolib.org 410-479-1343

by Valerie O'Neal

Library Hours

CENTRAL BRANCH, DENTON

Monday, Tuesday, Wednesday, and Friday: 10 AM - 6 PM Thursday: Noon - 8 PM Saturday: 10 AM - 2 PM

FEDERALSBURG BRANCH

Monday, Wednesday, and Thursday: 10 AM - 2 PM and 3 - 6 PM Tuesday: Noon - 2 PM and 3-8 PM Friday & Saturday: Closed

NORTH COUNTY, GREENSBORO

Monday, Tuesday, Thursday: 10 AM - 2 PM and 3 - 6 PM Wednesday: Noon - 2 PM and 3-8 PM Friday & Saturday: Closed

The first floor of the Central library has reopened and is ready to serve the community. Come check out our new space in person! For more information, visit https://carolib.org.

New

STEM Series With 4H: Make A Leprechaun Balloon Rocket

This month, attendees will learn about forces in motion with a simple balloon rocket.

Thursday, March 7, 5 – 6 PM, Children ages 8-12, Denton Branch

Registration required*

Murder Mystery Dinner Theatre

The Caroline County Public Library and the Caroline County Council of Arts present "A Fond Farewell" written by David Moberg.

Tickets available at: ccca.booktix.com

Friday, March 8th & 9th, 6:00 PM - 9:30 PM, Adults, Caroline Country Club

CCPL 3D Printing Certification

Get certified to use our 3D printers! We'll go over safety, evaluating models for printing, slicing, and starting a print.

Thursday, March 14, 6:30 – 7:30 PM, Ages 16 and up, Denton Branch.

Registration required*

Petite Picassos: Paint Day

Does your toddler or preschooler love to paint? Bring them to Petite Picassos for Paint Day!

Monday, March 18, 10:30 - 11:30 AM, Ages 1-4 years, Denton Library Makerspace. Registration required*

CCPL Cricut Certification

This program will go over the basics of using the Cricut. On completion, you will be certified to use our Cricut.

Thursday, March 21, 6:00 – 7:30 PM, Adults, Denton Branch. Registration required*

Ongoing

Paws for Reading

Practice reading to a trained service dog! Grigsby is a great listener and would love to have you read a story to him. Reading to a dog decreases the stress that children often feel when reading aloud.

Grigsby is trained to sit or lay calmly beside your child while he reads.

It's a judgment-free zone that allows the child to build confidence and develop fluency.

Thursday March 28, 4:00 - 4:30 PM, 4:30 - 5:00 PM, 5:00 - 5:30 PM, children ages 5-12, Denton Branch. One registrant per session*

Winter/Spring Storytime

Join us for a half-hour of fun songs, stories, and fingerplays that encourage the development of early literacy skills. Feel free to stay and play afterward, chat with other parents and caregivers, and allow children to explore the activities in our Early Literacy Center.

This program is designed for children from birth to age five with a caregiver.

Tuesdays, 10:30 AM, birth to age 5, North County Branch, Greensboro. No registration is required*

Bookies

This month's book is: *Sharp Objects* by Gillian Flynn. For information about joining this group, call 410-479-1343.

Tuesday, March 19, 1 PM, adults, Federalsburg Branch

*For programs requiring registration, please visit carolib.org or call 410-479-1343.

CAROLINE COUNTY PUBLIC LIBRARY



Print, fax, copy, & scan at the Library!

Copies are 25¢ each, and faxes are \$1 each. Stop in any branch or visit carolib.org and upload your order for us to print.



Saturday | April 6, 2024 | 9 a.m.

Colonel Richardson High School







Join the Seashore Striders for a 5k Run & a 1 mile walk as we honor longtime Colonel Richardson High School Coach Merrill Morgan. The former boys' head basketball coach, Morgan, had 505 career victories, earned 485 of those over his 38 seasons at Colonel. He led Colonel to the state finals in 1976, and reached the state semifinals in 1973, 1976, 1990 and 1995.

In the fall of 1967 he joined Caroline County's Colonel Richardson High School where he served as a guidance counselor from 1967-2004; varsity boys' basketball coach from 1967-2005; and assistant girl's track coach in the 1970s. He excelled in all positions, as he encouraged and assisted both athletes and non-athletes, boys, and girls, to be the best they could be. He said he wanted to be remembered for "always being fair."



RACE TIMING: Seashore Strider Event Production will chip time the event using the Chronotrack chip timing system.

RACE AMENITIES: Long sleeve race shirts, medals to age group winners and light refreshments.

AWARDS: Overall male and female, Masters, plus top 3 in 10 year age groups 13 under to 70 over. Top 3 male & female walkers will receive medals.

ENTRY INFO: Make checks payable to "Seashore Striders" if using the Universal Entry Form

RACE DIRECTOR:

Tim Bamforth, Seashore Striders/Seashore Strider Event Production, Inc. tim@seashorestrider.com

↓ VIEW COURSE HERE!



A loop 5k
course on the
country roads of
Federalsburg, MD.

5K RACE ENTRY FEE:

\$25 "EARLY BIRD" registration (till March 31 at midnight)

\$30 "RACE WEEK" registration (till April 5 at 10 pm)

\$35 "RACE DAY" registration 8-8:50 at CRHS Race Start

1-MILE FUN WALK ENTRY FEE:

\$20 "EARLY BIRD" registration (till March 31 at midnight)

\$25 "RACE WEEK" registration (till April 5 at 10 pm)

\$30 "RACE DAY" registration 8-8:50 at CRHS Race Start

STUDENT FEE 5K OR 1 MILE FUN WALK ENTRY FEE:

Must be a current MS or HS Student

\$20 registration (till April 5 at 10 pm) No discount on Race Day

REGISTER HERE! →





When Should You Take Social Security?

Submitted by Ann Jacobs, Financial Advisor, Edward Jones - Denton 410-479-0271

One of your important sources of retirement income will likely be Social Security — but when should you start taking it?

You can start collecting Social Security benefits at 62, but your checks will be considerably bigger if you wait until your full retirement age, which is likely between 66 and 67. You could even wait until you're 70, at which point the payments will max out, except for yearly cost-of-living adjustments. But if you need the money, you need the money, even if you're just 62 or any age before full retirement age.

However, if you have adequate financial resources to meet your monthly needs, whether through earned income, your investment portfolio or a combination of the two, you could have some flexibility in choosing when to take Social Security. In this case, you may want to weigh these considerations:

Life expectancy – For all of us, it's one of life's great mysteries: How long will we live? Of course, we can't see into the future, so the question can't be answered with total confidence. But to make an informed decision on when to take Social Security,

Edward Jones

> edwardjones.com | Member SIPC

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6-mos.	5.10 %	APY*	Minimum deposit \$1000
1-year	5.15 [%]	APY*	Minimum deposit \$1000
18-mos.	5.00 [%]	APY*	Minimum deposit \$1000

Call or visit your local financial advisor today.



Ann M Jacobs, AAMS® Financial Advisor 105 Franklin St Denton, MD 21629-1207

410-479-0271

* Annual Percentage Yield (APY) effective 2/21/2024. CDs offered by Edward Jones are bank issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

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you don't need to know your exact lifespan — you just need to make a reasonably good estimate. So, for example, if you're approaching 62, you're enjoying excellent health and you have a family history of longevity, you might conclude it's worth waiting a few years to collect Social Security, so you can receive the bigger payments. Conversely, if your health is questionable and your family has not been fortunate in terms of longevity, you might want to start taking your benefits earlier.

Employment – You can certainly continue working and still receive Social Security benefits. However, if you're under your full retirement age for the entire year, Social Security will deduct \$1 from your benefits for every \$2 you earn above the annual limit of \$22,320. In the year you reach your full retirement age, Social Security will deduct \$1 in benefits for every \$3 you earn above \$59,520. So, you may want to keep these reductions in mind when deciding when to begin accepting benefits. Once you reach your full retirement age, you can earn any amount without losing benefits. (Also, at your full retirement age, Social Security will recalculate your benefit amount to credit you for the months you received reduced benefits because of your excess earnings.)

Spouse – Spouses can receive two types of Social Security benefits: spousal and survivor. With a spousal benefit, your spouse can receive up to 50% of your full retirement benefits, regardless of when you start taking them. (Your spouse's benefit can be reduced by the amount of their own retirement benefit and whether they took Social Security before their full retirement age.) But with a survivor benefit, your decision about when to take Social Security can make a big difference. A surviving spouse can receive the larger of their own benefit or 100% of a deceased spouse's benefit, so if you take benefits early and receive a permanent reduction, your spouse's survivor benefit may also be reduced for their lifetime.

When to take Social Security is an important — and irrevocable — decision. So, consider all the factors before making your choice.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC





Caroline CASA

Court Appointed Special Advocate

by Amy Horne, Executive Director, CASA of Caroline

No child deserves to live isolated and neglected or in fear of abuse. Unfortunately, abuse and neglect occur all too often and can result in numerous adverse consequences for children and youth. These consequences are known as ACE's (Adverse Childhood Experiences) and they can have serious, long-lasting consequences. For instance, children who have been physically abused may exhibit violent and aggressive behavior. Also, children who've experienced abuse and/or neglect are more likely to become involved with the Juvenile Justice System, to develop a substance use disorder, to drop out of school, and a litany of other negative outcomes. The more severe the abuse they experience, the greater and more long-term the consequences may be. Taking timely action by raising awareness and organizing prevention activities can help curb child maltreatment.

Join CASA of Caroline this April as we launch our 4th Annual Pinwheels for Prevention campaign in recognition of National Child Abuse Prevention Month. This highly impactful community-wide campaign begins in March, when CCPS

Caroline County students are encouraged to color pinwheels that will be posted in storefronts around the county and featured in the "Pinwheels of Hope" exhibit at The Foundry in April. Last year, nearly 1,200 colored "Pinwheels of Hope" were submitted by CCPS students!

Also, during the month of April, businesses, government

students launch the "Pinwheels of Hope" Coloring Project. All

agencies, and everyone in the community are encouraged to create pinwheel gardens. Blue and silver pinwheels are the national symbol for the prevention of child abuse and neglect because they are an uplifting reminder of childhood and the bright futures that all kids deserve. CASA of Caroline's Pinwheels for Prevention campaign symbolizes our community's commitment to protecting the children of Caroline County and keeping our neighborhoods safe for children and families. Last year, more than two dozen pinwheel gardens were created throughout the county. This year's goal is at least 30 displays - and a big thank you to the Towns of Ridgely and Greensboro who have already committed to sponsoring and creating pinwheel gardens! The community-wide Pinwheel Planting Ceremony will take place in the Denton Community Garden on Wednesday, April 10 at 4:30pm. The "Pinwheels of Hope" exhibit will open immediately following the ceremony. All are invited!

Child abuse prevention starts with each one of us. Together we can make it easier for families to access support services and learn how to identify and build on family strengths. Creating a safe environment for kids to grow up requires a collective effort. As long as the entire Caroline County community is involved in raising awareness, children can look forward to a healthy and bright future! The sponsorship form is in this issue of the Caroline Review. For more information on Pinwheels for Prevention or any of CASA of Caroline's programs, please visit www.carolinecasa.org, call 410-479-8301, or email AmyHorne@casaofcaroline.org.

The Governor's Office of Crime Control & Prevention funded this project under sub-award number CJAC-2019-0004 and VOCA-2018-0063. All points of view in this document are those of the author and do not necessarily represent the official position of any State or Federal Agency. This project is supported by a grant from the Maryland Judiciary's Administrative Office of the Courts number AOC-G20CA0225I.

Greater Impact

13699 Greensboro Rd, Greensboro, MD 410-482-6897 greaterimpactmd.com

Saturday: 6 PM

Sunday: 11 AM

Enjoy the EXPERIENCE

"Impacting Caroline County and beyond with the love of Christ for eternal gain"





Recreation & Parks

Check out the complete list of classes and online registration at carolinerecreation.org

St. Paddy's Day 5K and 1-Mile Fun Run & Lil' Leprechaun Dash

Join us for our 16th annual St. Paddy's Day Race! Start your salute to the Irish and your spring fitness conditioning on this certified fast and scenic course through Denton with a 5K and 1-Mile Fun Run. Plenty of lucky surprises await on the course and at the finish. Register anytime through our finish line production partner Seashore Striders at www.seashorestriders. com. Early registrants are guaranteed a commemorative performance tee. This event benefits youth registration financial aid and scholarship fund for recreation programs produced by CCRP.

Registration begins at 8 AM; race starts at 9 AM, Fretterd Community Center.

Pre-registration: \$32 for 5K, \$17 for 1-Mile Fun Run. Add \$5 after February 23. Registration closes at 3 PM on March 15. Shirts not guaranteed for late registrations.

Lil' Leprechaun Dash

Saturday, March 16 Fretterd Community Center

Kick off the festivities with a 100-meter dash down 4th Street exclusively for youngsters ages 5 and under. Special prizes for all finishers.

\$7 advance registration; \$10 after February 23 or day of event. Dash at 8:40 before the St. Paddy's Day event.

To register for the St. Paddy's Day Race, please use the following link: https://runsignup.com/Race/MD/Denton/.

Flashlight Easter Egg Hunt

Friday, March 22 at Denton Elementary School. \$5/child.



When the sun goes down the fun begins! In this variation of the traditional Easter Egg Hunt, kids ages 3 - 10 will hunt eggs in the dark using only a flashlight and their own night vision. There will be prizes for the special eggs that are found. Each participant needs to bring a flashlight (size limited to 2 D batteries) and a basket or bag to collect the eggs. Parent or guardian must attend with their child. The hunt is separated by age: 3-4 years at 7:45pm, 5-7 years at 8:00pm and 8-10 years at 8:15pm. Register online or onsite. Cafeteria doors open at 7:15pm for check-in and onsite registration. Rain date: Wed. March 27.

Events to Benefit Children Exploration

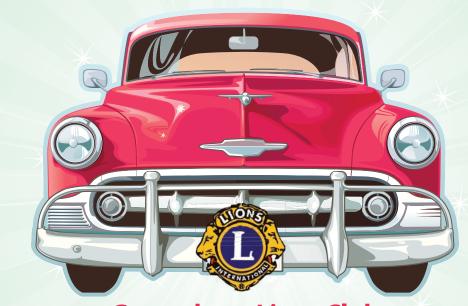
Toy/Electronic Bingo

Held at Goldsboro VFW on March 24. The doors open at 11:30 am and Bingo starts at 1 pm.

Rock Hunt

March 17 at Martinak State Park. The cost is \$15 per child. Check in will begin at 12 pm. m questions please contact Angela Cowgill at 410-829-6084.

For more information and tickets, contact Angela Cowgill at 410-829-6084, or visit the Facebook page Children Exploration Organization.



Greensboro Lions Club

10th Annual Marty Gangemi Memorial

CAR SHOW

SATURDAY, MAY 4 | 8 AM - 2 PM

(Rain Date Sunday, May 5

OPEN TO ALL MAKES, MODELS, CARS AND TRUCKS

Greensboro Elementary School, N. Main St.

Greensboro, MD 21629

Registration 8 -11 AM; Judging 11 AM - 1 PM; Awards at 2 PM

Registration: \$15

50/50 Raffle • Door Prizes Music • Silent Auction

- 50 Top Choice Trophies
- Participant's Choice Trophy
- King Lion's Choice Trophy
- Marty Gangemi Award Trophy
- Dash Plaques to first 50 entries

TROPHY AND DOOR PRIZE SPONSORSHIPS AVAILABLE



Greensboro Lions "Famous BBQ Chicken" will be available for sale

Questions: Call Rick Harris at 410–924–0521 or email blueoval32@yahoo.com



Greensboro Lions Club News

The Greensboro Lions Club will hold their annual Easter Egg Hunt on Saturday, March 30 at Charles Bilbrough Memorial Park on Rt. 480 in Greensboro. The Hunt will begin at noon and is open to all children ten years and under. Those hunting eggs will be divided by age groups. Live rabbits will be available as prizes with consent of guardian, as well as for sale. All participating children will receive candy.

Our club meets the 1st and 3rd Tuesday of each month (except for July and August) at 6:30 PM at Wheatley Hall, 300 West Sunset Avenue, Greensboro. Anyone interested in attending should make a reservation by calling Lion Allen Kinnamon at 302-398-3899. Please consider joining the Greensboro Lions Club and get in on all the fun.

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A Growing Marydel Lions Club Experiencing Good 'Winds Of Change'!

Thanks to a multiplicity of positive factors including very active team club members, overwhelming positive public response to our fund raisers, an excellent record of continuing public service and, last but not least, continued, creative advertising in the Caroline Review, our Club is now ready to expand beyond its self-imposed, post-Covid boundaries. To that end, we feel that the last few years of Covidinduced combined monthly Business/Dinner Meetings will not provide us with enough planning time for some of the proposed, forthcoming service activities and fundraisers that are currently on the 'drawing board'.

Specifically what we are proposing is to use the 6 PM first Tuesday of the month for various planning meetings at different venues for different concurrent projects and then use the second Tuesday of the month as the dinner/report/update/ approval time together. Currently various ad hoc planning teams are working on re-establishing our much anticipated and very popular BBQ Chicken Dinners consisting of a half chicken, baked beans, applesauce, dinner roll and beverage. At the same event we are discussing the possibility of a return of our Club's 'World Famous Funnel Cakes'. A tentative date of Saturday, May 18, at State Line Gas has been identified for this proposed activity.

Another proposed project under development is the establishment of a 'Marydel Community Appreciation Day' at the Marydel Community Park located on LePore Road in Marydel on Saturday, July 13. Our intent with this project is to host



representatives from all of the local and regional service groups that offer public and private sector services to the Marydel community and its surrounding environs.

A third project is to complete the distribution of our Club's July 1, 2023 to June 30, 2024 Community Grants and to establish the composition of the Club's July 1, 2024 to June 30, 2025 Community Grants including the Club's very successful College and Trades School Academic Scholarships.

Please continue to know that 100% of all of the funds raised by our fundraising activities is dedicated to the programs and projects that benefit the children, youth, families, adults and seniors that are residents of the Maryland and Delaware Mason-Dixon Line Communities and environs of Marydel. In addition to the Club's grants, we will be providing support to those with visual problems, diabetic

challenges, and childhood cancer. Environmental stewardship, support for local food pantries and free use loan of hospital equipment will also continue to be part of our mission.

We continue to be actively engaged in the recruitment of new members. The Club's dinner meetings will now occur on the second Tuesday of each month at 6 PM in the dining room of the Marydel Volunteer Fire Company in Marydel and are catered by the Chefs of the Ladies Auxiliary. Comments and questions relative to programs and projects can be answered by contacting Lion Lee Voshell at leevoshell@gmail. com or 410-482-8510 or Lion Terry Higgins at terryhiggins38@outlook. com or 302-363-5823.

We are now on Facebook at Marydel Lions Club.







featuring artists in Caroline County

401 Market Street, Denton Wed. – Fri., Noon - 5; Sat., 10-3 www.carolinearts.org

Upcoming Arts Events in Caroline County

View our upcoming Calendar of Events and register for classes online at www.carolinearts.org.

A Fond Farewell: Murder Mystery Dinner Theater. March 8 & 9, 6-9 PM at The Caroline Country Club. \$50/ticket.

Experience suspense, laughter, and devious twists at the comic murder mystery dinner theater production, "A Fond Farewell," presented by the Caroline County Public Library and the Caroline County Council of Arts. The intriguing plot revolves around the unexpected demise of writer Ben Fullman, promising surprises and a potential fortune for attendees. Will you be a mere spectator, or will you actively participate in this dramatic unraveling of deception and mystery? Indulge in a delightful culinary journey provided by the Caroline Culinary Center, adding a savory touch to the evening's entertainment. Save the date and be part of this thrilling murder mystery dinner where your attendance might just hold the key to solving the case!



Nature Craft with Katie: 3D Art for Grades 4-8. Thursday, March 14 & Friday, March 15, 5-6 PM at The Foundry.

Join fiber artist and teacher Katie Ellis for an immersive 3D art workshop at The Foundry. Students in grades 4-8 will explore sculpting with cardboard, tape, and nature-found materials. Bring your creativity and personal items to craft unique sculptures. Beginners and art enthusiasts alike are welcome. Reserve your spot now for two days of sculpting, storytelling, and discovering the beauty of sound in art. Limited spaces available, so secure your spot today! | \$20 for the entire class.

We Are All About the Green. Saturday, March 16th from 12-5 PM at The Foundry

Join us for a lively St. Patrick's Day Celebration in Downtown Denton! Enjoy free activities like dance and drum circles, arts and crafts, tricycle races, and a corn hole tournament. Dive into a captivating scavenger hunt for a chance to win fantastic prizes. Don't miss this opportunity for fun and festivities in the heart of Denton. Hosted by Downtown Denton Mainstreet, Chamber of Commerce, Caroline County Historical Society, Ridgely Historical Society, The Market Street Pub, and the Caroline County Council of Arts. Join us at the Denton Community Garden from 4 to 5 PM for the 'Drum & Dance Circle'. Let's celebrate St. Patrick's Day together!

Exciting News: We're Now Partnering with Peachblossom Homeschool!

We're thrilled to announce our partnership with Peachblossom Homeschool! Get ready for some fantastic art classes for parents, and we're excited to be part of their art lessons too! Let's make creativity bloom together.

Join us for a stress-busting Neurographic Art session on March 6th from 11 AM-1 PM! This unique journey connects your mind and creativity, promoting relaxation and new neural pathways. All materials provided. Let's unwind and explore together with instructor Joanne Gelles! | \$25.

Write On!

1st & 3rd Tuesdays 6:30-8 PM via Zoom. Join local legend Keith Shaffer for a fun, upbeat writing class where participants choose their own writing methods and share their stories with a different topic each session. This is an adults only writing class. Participation is free.

Explore Artistic Adventures with Adkins Classes Sponsored by CCCA!

Dive into a world of creativity with Adkins Arboretum's exciting classes brought to you with the support of CCCA. Unleash your artistic talents and connect with nature. Tickets are exclusively available on their website at adkins.donorshops. com. Don't miss out on these inspiring learning opportunities!

Making the arts accessible to everyone! Scholarships available for most classes.

A Bluegrass Concert with Bluestone at American Legion on March 10

One of the most vital aspects of Bluegrass music is feeling, sometimes referred to as soul. This month's fine band, Bluestone, captures this elusive and all too rare quality. Based in York, Pennsylvania, Bluestone brings together a group of veteran musicians from a part of the country rich in Bluegrass music heritage.

The doors for the Sunday March 10 concert open at 12:30 at the American Legion Hall in Denton. Music begins at 1:00 p.m. with the house band – the "Kitchen Pickers". The Bluestone set starts at 2:00 p.m. Admission is \$15 and is open to the public.

Bluestone members continue to find the strength of their music rooted in traditional Bluegrass while incorporating the influences of gospel, blues, and country/swing music. Carol Swamm is on vocals with Ben Sapp on banjo, Russ Hooper on dobro and Tom Cook on mandolin. In the finest Bluegrass father/son tradition, bass player Heath Laird honors the memory of father and founding member and mandolin player in Bluestone as the band manager. For more information, check out bluestonebluegrass.com.

Baltimore banjo master Mike Mumford said in the liner notes on the bands 2014 CD release: "A major part of any group's sound is their choice of material. In addition to some original compositions, Bluestone makes bluegrass from a wide range of writers including Red Allen, Gordon Lightfoot, and John Lennon. It is a kind of 'Bluegrass soul' accurately captured and ably delivered. Bluestone's music plays well on the ears and lands firmly in the heart."

The concert is produced by the Eastern Shore Bluegrass Association (ESBA), a not-for-profit association of volunteers committed to promoting and supporting this American music. ESBA is more than 50 years old and the Sunday, March 10th concert is one of nine monthly

performances – typically the second Sunday of each month but always at the American Legion Post, 9238 Legion Road in Denton. Food and beverages for sale benefit the Legion Auxiliary.

Mark your calendars for the upcoming concert dates: Blue Daze on April 14 and Across the Tracks on May 19 (3rd Sunday so you can spend the 2nd with Mom).

For more information on ESBA go to https://www.facebook.com/Eastern-ShoreBluegrassAssociation/ or esbluegrass.carrd.com on the web.



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www.campmardela.org/spring-camp-auction



Caroline County Historical Society VIP 250th Anniversary Celebration of Caroline County

Friday, March 15 • 5-8 PM

Museum of Rural Life • 16 N Second St, Denton, MD





Program -

Melville's Landing/Barwick Inn Site of Caroline County's First Court, March 15, 1774

Guest Speaker is Julie Markin, Director of Washington College Archaeology, Chestertown, MD

Refreshments include Spirits and Hors d'oeuvres. The first 50 who register will receive a goody bag and coin token redeemable at a participating downtown Denton business. You will alsoreceive a VIP lanyard at the door upon arrival.

To pay, scan QR code



TASTE OF DENTON - Food provided by the following in Downtown Denton.

Earth Tones • Caroline's • Market Street Pub • Pizza Empire Night's Kitchen Bakery & Cafe • Chesapeake Culinary

For more information, contact Cathy or Rick Schwab at 410-991-8225 or rshondo@aol.com



St. Paddy's Day 5K Run 1-Mile Fun Run

Saturday, March 16
Race Starts at 9 a.m.

General James F. Fretterd Community Center 107 South 4th Street Denton, MD 21629







All net proceeds benefit scholarship fund for enrichment programs produced by Caroline County Recreation & Parks.

We Are All About The Green

A DOWNTOWN DENTON ST. PATRICK'S DAY WEEKEND CELEBRATION

Friday, March 15, 2024 5:00 PM - 8:00 PM

Historical Society 250th Anniversary of Caroline County VIP Celebration \$50 per person

Saturday, March 16, 2024 12:00 PM - 4:00 PM

Scavenger Hunt FREE for adults and children

Free Family Activities

Tricycle Races

Corn Hole Tournaments

Drum & Dance Circle 4:00 PM – 5:00 PM

Cooking Classes at Caroline's Sidebar

Fun Craft Activities at the Arts Council

Other Activities

*Oyster Chuck'n at the Pub Scavenger Hunt Reception at Caroline's 4:00 PM

*Fees may apply



Sunday, March 17, 2024

Breakfast at the Pub 7:00 AM - 10:00 AM
Brunch at Caroline's 10 AM - 3:00 PM

See QR Code for more information!

Caroline County Historical Society











Celebrate with us all weekend long!

Congressmen from Caroline County

by Chad Dean

One day in February I woke up and decided that I was going to write my March article about the five Congressmen who have called Caroline County home. In chronological order by terms served, they are Thomas Culbreth, George Waggaman, Thomas Alexander Smith, Thomas Alan Goldsborough, and William Oswald Mills. The United States Constitution does not require one be named Thomas in order to represent the Eastern Shore district, but apparently it helps.

My plan is to give you a capsule look at the respective legislators, offering at least something the five men are remembered for and what is or should be done to publicly commemorate the career of each.

Thomas Culbreth

If you have visited Harvest Ridge Winery in the vicinity of Henderson, or better yet, if you know what and where Mud Mill is, then you have participated in phase one of the Thomas Culbreth reality tour. Were you in Caroline County at the time? Even with GPS, it is difficult to tell. So some historians regard his birthplace as Kent County, Delaware, while others place him here. Regardless of the exact location of his childhood home, Culbreth gravitated to the Maryland side of the state border. He worked jobs in Greensboro and Denton early on as well as married into the prominent Hardcastle family of Castle Hall in Goldsboro. Apparently

these connections were valuable ones as he parlayed them into a seat in the Maryland House of Delegates in 1813, followed by the first of two terms in the United States House of Representatives in 1816. We would all benefit from knowing more about his platform beyond membership in the Democratic-Republican Party, his voting record, his constituency, and more, but Culbreth was frequently absent from Congress due to ill health. He returned to Caroline County after two unremarkable terms, but did wind up serving in several local capacities including Chief Judge of the Orphans' Court. With that said, Culbreth either enjoyed maintaining a low profile or needed lessons in selfpromotion. Not only is his specific birth site unconfirmed, modern researchers are not entirely sure where he was buried in 1843, likely a secluded burial plot on a privately-owned farm property outside of Greensboro, and he is the only one of the five Caroline County Congressmen to not have a surviving portrait or picture. Hopefully this column will reach the right people who can help solve these mysteries.

George Waggaman

There are at least two reasons why this entry stands out as special or different. George Waggaman is the only one of the five to serve in the United States Senate, but he is also the only one to represent a state other than Maryland. Research indicates that his family moved to Dorchester County from Virginia by way of Somerset County and primarily frequented circles there but was present in the Grove area of Caroline during at least the 1780s, possibly due to a bequest



of land to his mother. Definitive details of his birth and upbringing are elusive, but several sources say Waggaman himself stuck around here long enough to pass the bar in this county before joining the War of 1812. For years, it was believed that no Caroline resident had participated in the 1815 Battle of New Orleans. In 2013, I confirmed that Waggaman did and was so honored for my find at the annual meeting of our county historical society. I have made it a personal quest to find out more about him: where he may have lived outside of modern-day Harmony, what his motivations were to fight alongside of Andrew Jackson in Louisiana yet represent the anti-Jackson faction later known as the Whig Party in Congress starting in 1831, and other fun facts. I continue to be curious to the extent that



Thomas A. Smith



George Waggaman



Thomas Goldsborough



William Oswald Mills

this year, at dawn on the same morning I endeavored to write on this topic for the March edition of the Caroline Review, I spontaneously got behind the wheel and completed a 1200-mile one-way road trip to Mardi Gras. Let me be clear when I say I investigated every nook and cranny along Bourbon Street and checked every float in the spectacularly elaborate Krewe of Endymion parade down Canal, but found nothing on Waggaman until I enjoyed a pleasant and informative conversation with a ranger at Chalmette Battlefield. This site, part of the Jean Lafitte National Historical Park and Preserve, interprets the Battle of New Orleans. The staffers at the Visitor Center were well-versed in Waggaman lore, from his Avondale plantation to his political ascendancy to his death from a duel at the hands of ex-New Orleans mayor Denis Prieur. I can't help but wonder if while in Washington, DC, the Louisiana Senator ever ventured across the Bay to visit his Eastern Shore family. What a tremendous find that would be if correspondence confirming or describing such a trip was discovered.

Thomas Alexander Smith

There is no need to speculate about the

roots of this Congressman, as Thomas Alexander Smith was born in Greenwood, Delaware, before moving to Ridgely. Say what you want about not being a local product, but to be fair, he was born before Ridgely existed. His was one of many families who relocated to Dream City as the arrival of the railroad made lucrative new business opportunities increasingly possible. He only served one term in Washington, DC, elected in 1904, but was irregardless a pillar of the community as teacher, postmaster, school board member, banker, and briefly a Maryland state senator. The town put his name on its welcome sign briefly in 2016. Wherever that plank is, it should be returned and made permanent as the feat of winning election to the House of Representatives is both difficult and rare. Perhaps the removal is why he "haunts" the town. I don't believe in ghosts but I saw what I saw in 2018 and will leave it at that until perhaps an October column explores Caroline ghost stories.

Thomas Alan Goldsborough

Finally, I present to the reading audience a homegrown Congressman. Goldsborough was born and raised in Greensboro, part of the family tree that also produced Griffin Washington, Washington Elwell, and Washington Laird of the same surname. I will not steal his thunder by extolling the virtues of his kinsmen, but rather acknowledge that Thomas was easily the most successful of the bunch and the only local legislator in this study to have achieved both staying power and national notoriety: elected in 1920 to the first of ten terms,



GREENSBORO HISTORICAL SOCIETY

presents

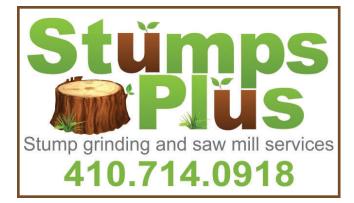
The history of pro-wrestling in Caroline County:
A scholarly look at sport and spectacle

April 5, 2024 6:30 PM

Greensboro Historical Museum 104 E. Sunset Ave. Greensboro, MD

Light refreshments will be served. **FREE** Event





Goldsborough would eventually be appointed by President Roosevelt to a federal judgeship in 1939. Additionally, in 1938 when FDR hit the campaign trail in Maryland to stump for his Western Shore-chosen New Deal candidate in the Democratic primary for United States Senate, it was Goldsborough who hosted the president at his home in Denton prior to the nationally broadcast speech.

William Oswald Mills

Having a Congressman from Caroline County is not a thing of the distant past, nor does it take the backing of a heavilypopulated area. A native of Bethlehem, Mills both entered and exited office in rather unique fashion. Mills ran in a special election as a Republican to replace Representative Rogers

14th Annual Walk for the WELL of It 5K/Fun Walk

This Annual Walk for the WELL of It, will be held on Saturday, March 23 at Lifetime Well Drilling, 24321 Shore Hwy, Denton. The annual event helps to spread awareness of the world water crisis as we raise funds to supply clean water to rural areas of Africa, specifically in the countries of Ghana and Tanzania; while promoting physical fitness in our local community.

To sign up for the Walk, visit https://runsignup.com/Race/MD/Denton/WalkForWells5K

If interested in supporting these efforts, please contact Marie Freeman 410-562-0283. Any support is needed to help with this life-saving work. Of note, \$3,500 will provide an entire community or school with a well and clean drinking water.

Checks, payable to Lifetime Wells International, should be directed to - Lifetime Wells International, Attn: Marie Freeman, 24321 Shore Highway, Denton, MD 21629.

Shrimp Dinner & Online Auction

A Shrimp Dinner will be held on March 2nd at at 4 PM at the Choptank River Yacht Club where online auction items will be showcased. The online auction will be through triceauctions.

Morton in 1971, who had been appointed the next Secretary of the Interior. He won, but had accepted \$25,000 from a Richard Nixon presidential campaign fund that would in time be scrutinized as part of the Watergate investigation. Worried he had broken the law and thus had ruined his political career as well as alienated supporters in the community, he was found dead at his home in 1973; the cause of death was apparently a selfinflicted gunshot wound. It was later determined, sadly, that no fiduciary crime had occurred but in a series of suicide notes Mills indicated he was despondent over the failing health and passing of several people close to him. It makes one wonder what the legacy of William Mills might have been, what impact on the Shore and the county he would have made, if he had not chosen to take his own life. We have not had a resident Congressman since, and considering the isolated nature of Caroline plus the lack of serious attempts made by would-be leaders here, we may not again.

These men, for better or worse, should be household names in Caroline County. How can we promote this aspect of our history? I have tried to do my part, submitting a nearly 160 bullet-point timeline to the county commissioners this month celebrating our 250th anniversary including snippets about each of them. This is not the first time I have so highlighted those five, either. About eight years ago, when researching the names of all of the county commissioners to ever serve reached a dead end (largely because the first newspaper in Caroline was not published until 1831 and apparently any official records that might have been kept internally did not survive shifting the county seat between Melvill's Warehouse, Greensboro, and Pig Point), I suggested that a display be created in the courthouse to acknowledge our resident Congressmen. Maybe that idea will be revived as part of this year's semiquincentennial observance.

If not, here's an alternative idea. I am partial to George Waggaman because Louisiana is my favorite state to visit. Since the good Senator died in March,





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that month each year we could host our own version of Mardi Gras, which kicks off the Easter season in opulent fashion before cutting back for Lent. The parade floats down Market Street bearing beads and other trinkets, the restaurant specials (gumbo, jambalaya, crawfish, shrimp, baby cakes, and hurricanes or Abita to wash it all down), and the serious historical scholarship presented would be the highlight of the entire year.

HELP WANTED

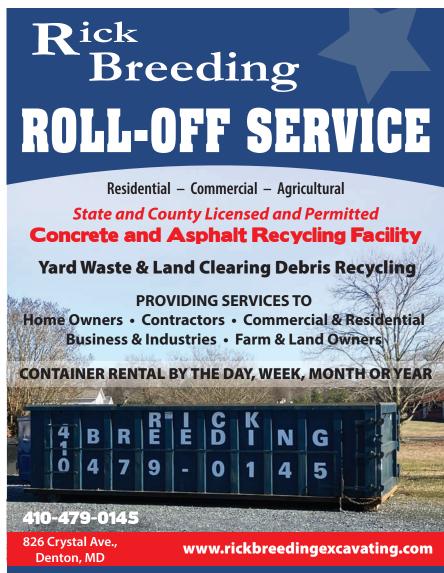
American Legion Caroline Post 29 9238 Legion Rd, Denton

Experienced and dependable part time bartender needed for our Membership Lounge.

Must be MD TIPS certified. This position is mostly nights, weekends, and holidays.

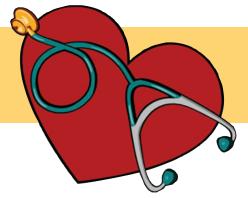
You will be serving Veterans, their families, and friends.

Contact Jim at 410-310-5802 or email legion29@outlook.com



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Health Corner

Tips, Classes and Programs to help you live healthier!

Secondhand Smoke Awareness

By Heather Grove, BSN, RN

Secondhand smoke is a combination of the smoke that comes from the burning end of a cigarette, pipe or cigar and the smoke that is breathed out by the person smoking. Secondhand smoke contains over 7,000 chemicals, many of which are known to cause cancer. Secondhand smoke is harmful to adults, children, and unborn babies. The only way to fully protect nonsmokers from secondhand smoke is to eliminate it in all homes, worksites, and public places. There is no risk-free level of secondhand smoke. Even short-term exposure can be harmful.

Exposure to secondhand smoke can cause:

- Burning of the eyes, nose, and throat
- Damage to the heart and blood vessels
- Increased risk for heart disease
- Increased risk of having a heart attack or stroke

Increased risk of developing cancer

Secondhand smoke is particularly dangerous to children and babies because their bodies are still growing. Secondhand smoke increases their risk of:

- Dying unexpectedly from Sudden Infant Death Syndrome (SIDS)
- Getting sick more often with respiratory problems like bronchitis and pneumonia
- Developing ear infections
- Having more frequent and severe asthma attacks

How can I protect myself and my children?

Everyone has the right to breathe fresh, clean air. Maryland does have a Clean Indoor Air Act that prohibits smoking in indoor public places. This act helps protect Maryland residents from exposure to secondhand smoke where they live, work, and play.

To best protect yourself and your children, strive for zero exposure to secondhand smoke.

Also be aware that aerosol from e-cigarettes and vapes can contain

cancer causing chemicals and heavy metals like nickel, tin, and lead. E-cigarettes should not be used around or by children, teens or anyone that does not already smoke regular cigarettes.

- Insist that no one is allowed to smoke or vape around your children.
- Know that opening windows, using fans, and/or using air filters does not adequately protect others from secondhand smoke.
- Participate in activities that do not permit smoking, like going to the movies.

What if I smoke or vape?

If you smoke or vape, the best thing you can do is quit. There are many free resources in the community to help you. Quitting will benefit you and everyone around you!

The Maryland Quit Line is a phone-based program that anyone 13 and older can call and be connected with a quit coach. Nicotine replacement medications may be available at no cost to help with the physical part of the addiction. Call 1-800-QUIT- NOW or visit smokingstopshere.com to learn more.

Another option is meeting with a nurse in-person at the health department. The nurse can help you build a quit plan and provide nicotine replacement medicines after completing a health screening. This option is available to anyone that lives or works in Caroline County. Please note some clients will need to provide a doctor's note before medications can be provided by the nurse. Appointments are available on Wednesday mornings. Please call 410-479-8080 or 410-829-0848 to learn more or schedule an appointment.

If you smoke or vape and feel this is not a good time for you to try to quit,



remember to always go outside to smoke or vape. Make sure to go far away from doors, windows, and other people while you smoke or vape.

Source: Centers for Disease Control and Prevention (CDC). Secondhand Smoke. Retrieved from https://www.cdc.gov/tobacco/ basic_information/secondhand_smoke/index. htm?CDC_AA_refVal=https%3A%2F%2Fwww. cdc.gov%2Ftobacco%2Fdata_statistics%2Ffact_ sheets%2Fsecondhand_smoke%2Fgeneral_ facts%2Findex.htm

March is National Colorectal Cancer Awareness Month!

What you need to know about Colon Cancer

Risk Factors:

- People with a personal and/ or family history of polyps or
- People over the age of 45 (men and women have an equal risk).

- Those with ulcerative colitis or Crohn's disease.
- People with the genetic conditions Hereditary Nonpolyposis Colon Cancer (HNPCC) or Familial Adenomatous Polyposis (FAP).
- People with Jewish Eastern European descent and certain ethnic groups including African Americans and Alaskan Natives.

Symptoms

Sometimes symptoms don't appear in early stages of the disease so don't wait for symptoms before talking to your doctor.

- A change in your bowel habits.
- Rectal bleeding or blood in your stool.

(continued on next page)



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Denton Health Center 410-479-2650

Goldsboro Medical & **Dental Centers** 410-634-2380

Chestertown Health Center 443-215-5353

Cambridge Fassett-Magee **Health Center Cambridge** Dental Center 410-228-4045

Easton Pediatrics 410-770-8910

St. Michaels **Bay Hundred Medical** & Dental Centers 410-745-0200

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www.choptankhealth.org



- Persistent lower belly pain.
- Unexplained weight loss.
- Other symptoms may include chronic fatigue or nausea and vomiting (persistent).

What You Can Do:

- Get screened at age 45, or sooner if you are at higher risk. Screening can find precancerous polyps so they can be removed before they turn into cancer!
- Get to and maintain a healthy weight.
- Adopt a physically active lifestyle.
- Eat a healthy diet.

- Don't use tobacco products.
- Limit alcohol intake.

The Caroline County Colorectal Cancer Screening Program provides assistance

For more information and to see if you qualify for services, please call The Wellness Promotions office at The Caroline County Health Dept. using 410-479-8080.

for colonoscopy services at no cost for people over the age of 45 or younger with any of the above risk factors or symptoms. If you have limited or no insurance, and meet income guidelines, you may qualify.



DENTON

Aaron's Place, Inc. 401 Aldersgate Drive Tues. 11:30 AM - 3:00 PM; Wed. 9:30 AM - 3:00 PM Emergency Food, 443-243-5906

> Aarons Place Inc at Living Waters Assembly 9058 Double Hills Road 443-243-5906

TOWN OF GREENSBORO

Aarons Place Inc. 113 Main St., Every other Monday 9 AM to 1 PM and Every other Thursday Night

FEDERALSBURG

Aarons Place Inc Community Civic League 3439 Laurel Grove Rd, 1st & 3rd Wednesday of the month from 4 to 6 PM

MOBILES

Marydel, MD, Federalsburg and Preston. Questions: 443-243-5906.





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THE COMMUNITY FOOD PANTRY AT MARTIN'S HOUSE & BARN

(This is our new name, was previously Saint Martin's Barn)

Drive-Thru Pantry and Thrift Store Hours:

Tuesday, Thursday, Friday 8:30 am - 11:30 am Wednesday 6:00 pm - 7:30 pm

Martes, Jueves, Viernes 8:30 am - 11:30 am Wednesday 6:00 pm - 7:30 pm

Thrift Store is also open First Saturdays 8 am-Noon

FOOD ASSISTANCE:

PLEASE CALL OUR BARN MANAGER AT 410.634.2537 EXT. 111

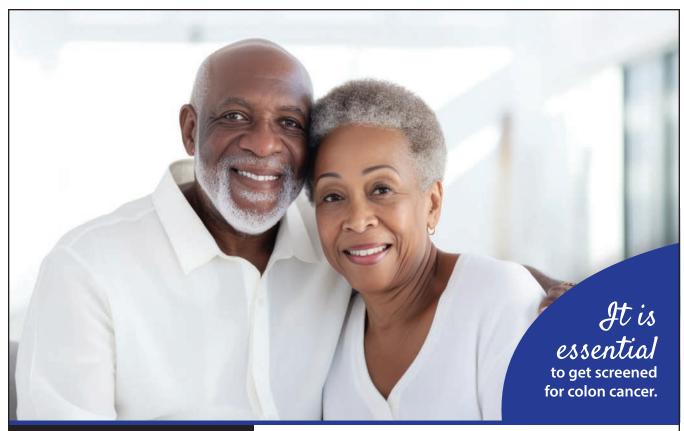
RENT & UTILITIES ASSISTANCE:

PLEASE CALL OUR HOUSING & SUPPORT SERVICES COORDINATOR AT 410-634-2537 EXT. 105

All staff at Martin's House & Barn are following CDC guidelines for social distancing and COVID prevention, including daily temperature checks and masking.

We ask that clients also please wear a mask and maintain distance of six feet when staff bring the food to the vehicle.





Did you know?

Sometimes abnormal growths, called polyps, form in the colon or rectum. Over time, some polyps may turn into cancer. Screening tests can find polyps so they can be removed before turning into cancer. Screening also helps find colorectal cancer at an early stage, when treatment often leads to a cure.

Some studies suggest that people may reduce their risk of developing colorectal cancer by increasing physical activity, limiting alcohol consumption, and avoiding tobacco.

Overall, the most effective way to reduce your risk of colorectal cancer is by having regular colorectal cancer screening tests beginning at age 45.

COLORECTAL CANCER

is the second leading cancer killer.... but it doesn't have to be.

OVER 45? GET SCREENED FOR COLORECTAL CANCER

Make the call today to see if you are eligible for our

NO COST screening program.

Let us help you get your colonoscopy!

For more information, call the Caroline County Health Department at 410-479-8080.





FUNDED BY MARYLAND DEPARTMENT OF CAROLINE COUNTY HEALTH CIGARETTE RESTITUTION FUND

Community Calendar

ONGOING

Lions Durable Medical Equipment Loan Closet. If you are in need of a piece of durable medical equipment, have your caregiver or healthcare provider contact a Lions Clubs near you to see if we can assist you. To contact a Lions Club near you search www.lions22B/projects.

SUNDAYS

Worship Service at Eternal Life Ministries at 11 AM at 807 Market St., Denton. Contact: Brother Mike at 410-714-4793.

Please join us in person at **New Beginnings UMC** at 12020 N. Central



Ave Ridgely at 10 AM. Virtual via YouTube #NBUMC or Zoom meeting ID: 242 506 3045 Passcode: 421282.

A new series of 13 lessons has started based on "God's Awesome Promises" at Bethesda Methodist Church,155 Main St in Preston. Each individual and interactive lesson is suitable for children age 4 and up. They are held every Sunday at 9 AM. Call 410-673-1481 for more information.

MONDAYS

The Ridgely Lions meet on the 2nd and 4th Mondays of each month at the Ridgely United Methodist Church Social Hall, 107 Central Ave. in Ridgely at 6:30 PM. For more info on the Ridgely Lions go to www.ridgelylions.org or www.facebook.com/ridgely lions club. We are always seeking new members who are interested in serving their community.

FIRST MONDAYS

The Greensboro Historical Society, 104 E. Sunset Ave., meets each month on the first Monday at 7 PM.

TUESDAYS

Hot Soup at Aaron's Place, 401 Aldersgate Drive, Denton from 11:30 AM to 1 PM. Come out and enjoy!

Tuesday Bingo at Denton American Legion Post #29 at 7:30 PM. Doors open at 5 p.m. Snacks and drinks available for purchase at break. Info 410-479-2708.

English as a Second Language Classes from 9-11 AM. at Aaron's Place, 401 Aldersgate Drive, Denton. Any questions, please call 443-243-5906.

Zumba Classes at 6 PM with instructor Maria Draves at Aaron's Place, 401 Aldersgate Dr, Denton.

THIRD TUESDAYS

Caroline County Chapter of Maryland Right to Life meets at St. Benedict Family Life Center, 4th Street, Ridgely, behind the church. Regular meeting at 7 PM; committees meet 6 PM. All are welcome to help us defend life, educate the public, and work for legislative change. Info: call or email chapter president Tom Lough, 443-996-3024 or email Upcycle1atatime@gmail.com.

WEDNESDAYS

Ridgely Volunteer Fire Department

offers Line Dancing every 2nd Wednesday of the month from 6-8 PM. Cost is \$5 per person, children 12 and under are free! An instructor will teach you 1-2 new dances each week and then there will be social time to show off your dance moves. It's a fun time and open to all. The Firehouse is located at 101 Sunset Boulevard, Ridgely. For more information, call 410-634-2424 or email ridgelyfd@comcast.net.

Christian Fellowship from 6:30 – 7:30 PM at Bethesda-Preston Methodist Church. For questions, contact Pastor Paul Lewis, 155 Main St., Preston, 410-610-8111, Plewis777@yahoo.com.

Community Civic League Food Pantry, 3439 Laurel Grove Road, Federalsburg. Wednesdays, 4 - 6 PM or by appointment. Free food and clothing. Contact: 302-604-4216 or 410-754-6011.

In person **Bible Study** at 6 PM, Eternal Life Ministries, 807 Market St., Denton.

Wednesday Bible Study at 7 PM at Calvary Baptist Church. Questions: Contact Don Reynolds, Pastor of Calvary Baptist Church, 1120 Market St, Denton, 410-924-6404, donaldwreynolds@comcast.net, www. calvarybaptistchurchofdenton.org.

The Ridgely Lions Club supports the Ridgely United Methodist Church with their weekly "Food Pantry from 2-6 PM. Folks in need can pick up a grocery distribution behind the Church on Central Ave in Ridgely. For more information, contact Lion Shad Brannock at ridgelionsec@gmail.com.

Come out and join us for **Mommy** and **Me classes** from 9 AM to 1 PM at Aaron's Place, 401 Aldersgate Drive, Denton. Discussion for health and wellness, baby diapers and needs and care for mommies. Any questions, please call 443-243-5906.

WEDNESDAYS & THURSDAYS

Exercise-Exercise! One hour exercise classes at 11 AM at Aarons Place, 401 Aldersgate Drive, Denton. Please call 443-243-5906 if any questions.

FIRST THURSDAYS

The Activities Singles Klub (ASK) holds its meetings the 1st Thursday of

the month. Meetings are held at the Elks located at 502 Dutchman's Lane in Easton. Single, widowed, divorced and separated individuals are invited. Feel free to come visit with us. We meet at 4:30 PM for social time, dinner will be at 5:00 PM and the meeting will follow dinner. For information call Gladys at 410-822-6205.

SATURDAYS

The Museum of Rural Life, 16 N. 2nd St., Denton is reopening Saturday, March 2 from 11:00 to 4:00. The museum will also be open March 9, 16, 23 and 30. The RLM houses WWI and WWII exhibits, an intact sharecropper's cabin, memorabilia from FDR's visit to Denton in 1938, ship models from various eras of Caroline shipbuilding, among many other historical exhibits. A docent is on hand for tours. Free to the public. Visit carolinehistory.org, 410-479-2055.

Upper Shore Genealogical Society of Maryland - The Research Center/ **Library** is located at 12156 Greensboro Road, Greensboro. The hours of operation are most Saturdays, from 9 AM - 2 PM. The Research Center is usually closed on holiday weekends and dates of membership meetings. Particularly for out of town researchers, the Research Center can be visited by special request. Email us at usgsmd@ vahoo.com. Membership meetings are held at 1 p.m. the second Saturday of January, March, May, September and November. Locations may vary, but will be posted on the website at usgsmd.org and our official Facebook group (https:// www.facebook.com/groups/usgsmd) prior to meetings.

Preston Historical Society Museum, located at 167 Main Street, Preston, will be closed January through March, but will reopen in April. For more information visit www.prestonhistoricalsociety.com or call 410-924-9080.

Men, come join us for "Men Praying Together" every Saturday. Women, come join us for "Women Prayer Together" every Saturday. Time is 8:30-9:30 AM. Come fellowship with other believers and be strengthened and inspired. All are welcome—bring a neighbor/friend. Join us at Calvary



Baptist Church, 1120 Market Street, Denton. Contact: 410-924-6404, donaldwreynolds@comcast.net, https://calvarybaptistchurchofdenton.org/

FIRST SATURDAYS

Community Civic League Breakfast, 3439 Laurel Grove Road, Federalsburg. Every first Saturday, 7-10:30 AM. Scrapple, sausage, eggs, potatoes, applesauce, biscuit, oj, coffee. Cost is \$8. Local delivery available. One free breakfast to anyone who attended the original school or day care. Contact: 410-754-6011

Visit

Marjorie Merriweather Post's Hillwood Estate, Gardens & Museum

(Washington, DC)

May 15th

Departures: 8:30 am at Denton Food Lion, 840 5th Ave. 8:50 am, Rt. 50/404 Park & Ride 6:00 pm is approximate return

Tickets include: transportation, admission, lunch, access to "Post's Paris" Exhibit and two privately-lead garden and museum tours. \$115 per person

Please contact Kim at 240-419-9177

Caroline County Garden Club

f carolinecountygardenclub-maryland

or 410-924-0552.

SECOND SATURDAYS

Giving Grace Food Pantry held at Goldsboro Fire Co., 700 Old Line Road, Goldsboro. Food available from 7 AM until. For more information, call 302-270-1948. Sponsored by Trinity United Methodist Church, Goldsboro.

The **1809** Exeter House (Old Denton Road, Federalsburg) will be open for tours on the second Saturday of each month, from 10 AM to 2 PM. Admission is free, but donations are welcome. Exeter, located at 408 Old Denton Road in Federalsburg, is one of the oldest remaining structures in southern Caroline County, dating back to around 1800. Many of its early residents were millers who worked in the grist mill across the road on the Marshyhope Creek. Docents will be available. Admission is free, but donations are welcomed! For more information, please contact 443-434-3114 or federalsburgmuseum@comcast.net.

Eternal Life Ministries will have Fish Dinners available from 11 AM until 3 PM. We are located at 807 Market Street in Denton. For more information please call the church at 410-714-1087 or 410-725-1484.

Men For Change Outreach will meet every second Saturday, from 11:30 AM - 1:00 PM at the Apostolic Pentecostal Church, 123 Liberty Road, Federalsburg. Contact: David Ricks, Sr. 443-786-5182, or Betty Jarman, 302-448-5939.

SATURDAY, MARCH 2

The Museum of Rural Life, 16 N. 2nd St., Denton is reopening! Hours are 11 AM to 4 PM. A docent is on hand for tours. Free to the public. Visit carolinehistory.or, 410-479-2055.

Soup Sale & Sandwich at noon at Eternal Life Ministries, 807 Market St., Denton.

MONDAY, MARCH 4

Grocery Bingo at the Cordova Firehouse. Doors open at 5:45 and games begin at 6:30 PM. Refreshments will be available for purchase. For more information, call Rose at 410-829-3771.

SATURDAY, MARCH 9

Eternal Life Ministries Men's Breakfast at 7.00 am. 807 Market Street, Denton

Denton Church of the Nazarene

Perusing God Together

DCOTN

Palm Sunday, March 24

9:30 am, Sunday School 10:30 am, Palm Sunday Worship Service

Easter Sunday, March 31

7:00 am, Sunrise Service 10:00 am, Easter Worship Service



Scan to go to our website www.dcotn.churchtrac.com

10660 Greensboro Rd Denton, MD

410-479-2197

Weekly Schedule

Sunday: 9:30 am, Sunday School (all ages) 10:30 am, Morning Worship (Nursery & Children's Church available)

Monday: 1:30 pm, Women's Bible Study Tuesday: 7:00 pm, Celebrate Recovery

Wednesday: 6:30-8:00 pm, Awana

grades pre-K - 6th

Youth: 7:00-8:30 pm, grades 6-12 Saturday: 7:00 am, Men's Bible Study **Cordova Day** from 10 AM-2 PM at the Cordova Firehouse. Contact: cordovahistoricalsociety@gmail.com or 410-924-8296 for questions.

SUNDAY, MARCH 10

Eternal Life Ministries Pre Men's Celebration at 3 PM, 807 Market St., Denton.

Lenton Evening Service at 7 PM with Pastor Dale Krupala invited to speak. Other churches are invited also as part of a series of Sunday Evening Services in other churches. All are welcome—bring a neighbor/friend. Calvary Baptist Church, 1120 Market Street, Denton. Contact: 410-924-6404

MONDAY, MARCH 11

Caroline County AARP Chapter 915 meets at noon, with a covered dish luncheon at the Church of the Nazarene in Denton. There will be a presentation of senior care programs available through Upper Shore Aging. New members and guests are welcome. Contact: 410-482-6039.

THURSDAY, MARCH 21

The Greensboro Town and Country Club will have a **Bingo Night** at the Greensboro Fire House on Main Street. Doors open at 5 PM with food available. Bingo starts at 6 PM. Games are 25 cents a card per game and the winner of each game splits the pot. Questions? Call 410-253-3629.

SATURDAY, MARCH 23

Indoor Craft & Yard Sale to benefit the Caroline County 4-H Program from 8 AM to 1 PM at the Caroline County 4-H Park, 8230 Detour Road, Denton. All vendors are welcome. Crafters, direct sale consultants*, household items, furniture, jewelry, antiques, horse tack, tools, pet items and more. *Direct sale consultants will be kept to one consultant per venue. Food available for sale. Cost is \$15 per table. Set up is on Friday, from 6-8 PM or Saturday from 6-7 AM. Early deadline to ensure a space is March 3rd. Proceeds from sale of table spots will benefit the Caroline County 4-H Programs including scholarships, club needs, leadership and service learning activities. For more information or to reserve a space, please call Joanne



Wooters at 410-479-0565 or email caroco4hcraftshow@gmail.com.

SUNDAY, MARCH 24

Palm Sunday Benefit Concert for Aarons Place Food Pantry at 4 PM, featuring local groups and artists being held at Living Waters Assembly, 9058 Double Hills Road, Denton. Catering services by Helen and Rae's of Easton. Come out and be blessed, come out and support fighting food insecurity on the Eastern Shore of Maryland. Questions: please call 443-243-5906.

FRIDAY, MARCH 29

Good Friday Bake Sale at the Cordova Firehouse starting at 8 AM until sold out! Lots of great homemade goodies for your Easter celebration. For more information, call Belinda at 410-820-1283.

Kids Bingo at the Cordova Firehouse. Doors open at 10 AM and games are from 11 AM until 1 PM. Admission is \$3. Children under the age of 12 must be accompanied by an adult. There will also be raffles. Lunch will be available for purchase. For more information, call Catherine at 443-988-8594.

Good Friday Fish & Crab Cakes Dinner starting at Noon, and Seven Last Words at 3 PM. Eternal Life Ministries, 807 Market St., Denton.

SUNDAY, MARCH 31

Easter Sunrise Service at 7 AM, 9005 Pealiquor Rd. Coffee, music, and a message. Bible Study for all ages is at 10 AM. Resurrection Sunday Celebration at 11 AM – Choir, special music and message. We also host Junior Church (Ages 5-11) and a great Nursery. No other services follow on Easter Sunday. All are welcome—bring a neighbor/friend. Join us at Calvary Baptist Church, 1120 Market Street, Denton. Contact: 410-924-6404, donaldwreynolds@comcast.net, https://calvarybaptistchurchofdenton.org/

SUNDAY, APRIL 7

Annual Tack Swap sponsored by the Delaware Appaloosa Horse Association will be held from 10 AM to 2 PM at the Caroline County 4H Park, 8230 Detour Road, Denton. Spaces are \$35. Set up starts 9 AM. Food available. Contact Tammy at 302-526-6944 or dahashow@gmail.com.

SATURDAY, APRIL 13

Ladies, "Mugs & Muffins" will be held from 9:30 - 11:30 AM at 9005 Pealiquor Landing Dr., Denton. This is a special Bible Study just for women. Come join us for a special time of sistership and Bible teaching. All ladies are welcome—bring a neighbor/friend. Calvary Baptist Church, 1120 Market Street, Denton. Contact: 410-924-6404.

Endometriosis Awareness Month 2024

Endometriosis: A Disease That Never Ends

By Shannon Pinder Hannawald

Endo Warriors of the Eastern Shore www.endowarriorsoftheeasternshore.com www.facebook.com/endowarriorsoftheeasternshore

What is endometriosis? If you ask a doctor endometriosis is defined as a painful disorder in which tissue like the tissue that normally lines the inside of your uterus — the endometrium — grows outside your uterus. Endometriosis most commonly involves your ovaries, fallopian tubes and the tissue lining your pelvis. It has now been found on the lungs, brain and other organs outside of the pelvic cavity. However, if you ask a woman who has been diagnosed with endometriosis, she will tell you endometriosis is a whole-body disease that affects every part of each woman in a different way. Endometriosis unfortunately has not yet been classified as an auto immune disorder, however, the link between endometriosis and other auto immune disorders is believed to be a result of inflammation, which may contribute to an abnormal immune response.

Multiple Sclerosis, Irritable Bowel Syndrome, Crohn's Disease, and Rheumatoid Arthritis are just a few of the auto immune disorders linked to endometriosis. Along with those most women are diagnosed with PCOS, Pelvic Congestion, Fibromyalgia, certain cancers, Pelvic Floor Dysplasia and many

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other chronic conditions. Endometriosis is like the beginning to no end and we need to make sure there is education about this disease so that others do not face what so many of us have.

This past year I was diagnosed with Crohn's Disease and it has truly been a struggle at times because in some cases I felt like I was starting all over again with the doctors, family, friends and coworkers. The last four years I have poured my heart and soul into educating anyone that would listen about endometriosis with my advocacy and support group, Endo Warriors of the Eastern Shore, yet this past year I feel as though I am right back where I started. I have finally found a gastroenterologist that has been wonderful and I can see the light at the end of the tunnel at least for this part of my endometriosis journey.

I have been to the emergency room every month for the past seven months and have been admitted most of those times so that we can treat the Crohn's disease. However, I had a doctor during one of those visits that reminded me why I do what I do and why it is so important to talk about important issues even though they are extremely personal and I'm sure uncomfortable for some to talk about. This doctor took me back to a place that I haven't been in a long time and honestly made me want to give up on spreading awareness.

The first thing this doctor said to me when he walked in the room was, "Endometriosis may be a little painful but it is not an emergency and doesn't need treatment in this kind of setting." Not a "Hello," "How are you?", nothing except that endometriosis is not that painful. I sat there for a moment looking at him in complete disbelief that he literally had no compassion and had absolutely no education about endometriosis. After I gathered my thoughts, I looked at him and said, "Endometriosis is extremely painful and can need emergency treatment but that's not why I am here." He basically laughed in my face and said he would run some blood work. As soon as he walked out I immediately started crying, partially because I was so angry that a doctor would treat someone like that and because it made me think why am I doing all of this advocacy work? Does it even matter? The worst part is it took me back to a time in my life when I was severely depressed because nobody would listen to or help me. The time in my life when I attempted suicide because I was so tired of fighting. After a few days I remembered why I do this work and why it's so important to help other women. Thinking about my nieces





laying in that bed and being treated so horribly made me want to fight harder.

Having a chronic illness is something I wouldn't wish on anyone but having multiple chronic illnesses is even worse. Endometriosis is linked to so many other illnesses its almost like you are waiting to see what happens next. Having someone to talk to and doctors that will listen are two of the most important parts of this journey. You must advocate for yourself and you have every right to ask for another doctor and to decide if you will be seen by certain other doctors. It's scary and it's hard to advocate for yourself because so many doctors think they know everything about most conditions. I would rather have a doctor say that they do not know much about endometriosis and ask questions then to assume things that are not true.

Endometriosis has taken so much from me but it has also given me a voice, a voice that cannot and will not be quieted until everyone knows what endometriosis is and how it can affect your daily life. So many women have the common endometriosis issues such as infertility, extreme pain, extreme fatigue, gastrointestinal issues, pain during and after intercourse and many emotional and mental health issues.

Everyone wants to judge people and that is the last thing we need to be doing. Yes, I look OK on the outside and I am usually pretty good at pretending I'm OK, but I always say if I could put on the outside of my body what's on the inside, most would stay ten miles away from me and I know so many other women feel that way.

If you don't know about endometriosis that's OK, but all you have to do is ask someone who is suffering from this disease and most of us would be more than happy to explain it to you. We struggle daily with so many emotions mentally and physically. I sometimes feel like I am not a good enough mom, wife, daughter, friend, and aunt, but then I remember these people love me and unfortunately, endometriosis is a family disease. Each woman's family struggles as well because they wish they could do something to help and there really isn't



anything you can do except be there and be supportive.

March is Endometriosis Awareness Month and I feel as though I need to speak up and help as many people as possible. Though I try to educate others all year, March is full force with Town Hall Meetings, County Commissioner meetings and speaking to as many people as possible. So many towns and counties, along with companies and organizations, have shown so much support over the last four years and I want to keep building on that. The support from the community helps so many of us know we are not alone.

We are having our Third Annual Go Yellow for Endo Day on March 15th. I ask you to please wear yellow, share your story, put a yellow light outside your house, turn your facebook yellow and post your picture on our page, Endo Warriors of the Eastern Shore.

Thank you for your time, understanding and support to show these women and young girls they are not alone. They have an amazing community ready and willing to fight with them.

Wednesday Nights at Denton Church of the Nazarene

Awana for grades Pre-K to 6th Grade/6:30-8:00 PM

Awana for grades Pre-K to 6th grade /6:30-8:PM

What is Awana? Awana offers a Bible based curriculum that reaches kids and their families with the gospel. It provides the opportunity to gain experience and understand God's Word through Bible memorization, Bibles studies, and games. Our specific Awana program offers opportunities for the clubbers to serve their communities through our "Awana Gives Back" program. This allows the kids to know and understand what it means to be doers of the Word and be givers to their community and across the globe.

Youth Group/Middle and High School Students, 6th-12th Grade. YOU are invited to come be a part of the fun every Wednesday Evening: 7-8:30 PM. Our lesson time is from 7-7:45 PM in the sanctuary and then we socialize and play games from 7:45-8:30 PM in the gym.

In addition to our weekly time together, we also have monthly events like bowling, ice skating, amusement parks, laser tag, trampoline parks and so much more. We would love for you to join us. Our goal is to learn more about God, ourselves and each other. For more information call 410-479-2197.



March Tide Table

Predictions for Tuckahoe (See below for other factors) Eastern Standard Time

Date		AM				PM		
1	6:12	Lo			12:14	Hi	6:50	Lo
2	12:12	Hi	6:56	Lo	12:59	Hi	7:39	Lo
3	12:51	Hi	7:43	Lo	1:48	Hi	8:29	Lo
4	1:35	Hi	8:32	Lo	2:42	Hi	9:22	Lo
5	2:27	Hi	9:25	Lo	3:41	Hi	10:16	Lo
6	3:28	Hi	10:21	Lo	4:42	Hi	11:12	Lo
7	4:36	Hi	11:19	Lo	5:41	Hi		
8	12:07	Lo	5:45	Hi	12:18	Lo	6:38	Hi
9	1:00	Lo	6:51	Hi	1:17	Lo	7:32	Hi
10	1:51	Lo	8:53	Hi	3:14	Lo	9:23	Hi
11	3:40	Lo	9:51	Hi	4:08	Lo	10:12	Hi
12	4:28	Lo	10:45	Hi	5:00	Lo	10:58	Hi
13	5:15	Lo	11:37	Hi	5:51	Lo	11:43	Hi
14	6:02	Lo			12:26	Hi	6:41	Lo
15	12:27	Hi	6:49	Lo	1:14	Hi	7:31	Lo
16	1:11	Hi	7:38	Lo	2:02	Hi	8:20	Lo
17	1:57	Hi	8:28	Lo	2:51	Hi	9:10	Lo
18	2:45	Hi	9:20	Lo	3:44	Hi	10:01	Lo
19	3:38	Hi	10:12	Lo	4:38	Hi	10:53	Lo
20	4:37	Hi	11:06	Lo	5:34	Hi	11:46	Lo
21	5:39	Hi			12:01	Lo	6:29	Hi
22	12:39	Lo	6:39	Hi	12:57	Lo	7:21	Hi
23	1:30	Lo	7:36	Hi	1:51	Lo	8:09	Hi
24	2:19	Lo	8:29	Hi	2:43	Lo	8:55	Hi
25	3:06	Lo	9:17	Hi	3:32	Lo	9:37	Hi
26	3:50	Lo	10:02	Hi	4:20	Lo	10:17	Hi
27	4:32	Lo	10:43	Hi	5:06	Lo	10:54	Hi
28	5:14	Lo	11:24	Hi	5:52	Lo	11:30	Hi
29	5:56	Lo			12:04	Hi	6:38	Lo
30	12:06	Hi	6:39	Lo	12:46	Hi	7:25	Lo
31	12:43	Hi	7:25	Lo	1:30	Hi	8:13	Lo

Add or subtract hours and/or minutes as indicated:

	<u>AM</u>		P <u>M</u>	
Greensboro	Add	:25	Add	:43
Choptank	Subtract	3:06	Subtract	2:23
Denton	Subtract	:40	Subtract	:03

ACCU

Administrative Care Coordination Unit



The ACC serves as a local resource for all Maryland Medicaid members.
The ACC can help you understand your benefits and how to access services.

Explain

Explain how to renew benefits.

Explain your Managed Care Organization (MCO) choices.

ACCU

Help you resolve billing issues.

Help you get your prescriptions filled.

Explain how to update your information and obtain a new card.

Explain your appeal and grievance rights.

right to change MCO's.

Help you find a doctor within your MCO.

Explain services available out of network, without a referral.

Help link you to transportation services.

Help you find a dentist for your child.

Helps you understand your benefits and how to access services.

For more information call 410-479-8189 or visit www.carolinehd.org

Deed Transfers

Catherine Crowfoot to Haven Way Holdings IV, LLC, 105 Chambers Street, Preston, \$40,000.

Kevin Snowden and Brenda Snowden to Tillman C. Ramsey, 15150 Jarrell Road, Goldsboro, \$184,000.

Charles S. Brinsfield and Lisa J. Brinsfield to Harold G. Smith and Laura A. Smith, 6165 Bethlehem Road, Preston, \$440,000.

Guy W. Geisel and Amy E. Geisel to Tabitha M. Turner, 105 S. Fifth Avenue, Denton, \$256,125.

Julia L. Walls to Kristin Rachael Ball, 107 Butler Drive, Denton, \$275,000.

Marina Dowdall and Damian Dowdall to Mason Storm Luongo and James Elwood Jones, Jr., 208 West 2nd. Street, Ridgely, \$142,000.

Platinum Property Group, LLC to Amanda Marie Delayo, 300 N. School Street, Greensboro, \$210,000.

William A. Moore, Sr. to William Alvan Moore, III, 12450 Ridgely Road, Ridgely, \$1,200,000.

Bruce W. Kranz and Lynn G. Kranz to Paula J. Bishop, Collinswood Drive, Lot 11, Denton, \$121,000.

Matthew Martin and Allen J. Martin to James W. Grierson, Hrynko Road, Federalsburg, \$125,000.

Hipolito Ramirez and Martha Ramirez to Richard D. Hamrick and Christine M. Hamrick, 3498 Pepper Road, Federalsburg, \$420,000.

Eric V. Burbank and Carolyn Burbank to Crystal Lynne Rollins and Christopher Dugovich, 1211 Cattail Commons Way, Denton, \$380,000.

Lauren Jenkins to Marissa Beach and Jayden Olson, 306 N. Academy Street, Greensboro, \$240,000.

Deborah U. Kennard-Pack to Steven Xavier Parker, 314 Greenridge Road, Federalsburg, \$192,000.

Sandra L. McIntyre to Samuel S. Lapp and Linda B. Lapp, Camp Road, Denton, \$80,000.







The Estate of Samuel L. Anthony to Lars Niklas Roes, 11760 Greensboro Road, Greensboro, \$350,000.

Tyler R. Parker and Lacey M. Parker to Haley Reed, 14245 Cherry Lane, Queen Anne, \$345,000.

John Kemp to TJL Properties, LLC, 210 West 2nd Street, Ridgely, \$50,000.

Tulicia Henry and Dallas Henry to Sara Axelrod Lissabet and Ernest Francis Lissabet, 12051 Wayman Street, Ridgely, \$285,000.





Amy L. Jenner to Ryan Ebling and Amanda Ebling, 24581 Williston Road, Denton, \$350,000.

Steven Garey to Brandon Allen Welch and Suda Nicole Welch, 104 Brooklyn Amy Wenck to Robert B. Jarrell and Kristin L. Jarrell, 407 Main Street, Goldsboro, \$185,000.

Devereaux Tyler Rostien to Melissa May Krempasky and Amy Michelle Cawley, 25673 Rostien Run & Lot 1, Greensboro, \$410,000. Kristie Gauck and Jason Gauck to Brandon Price Strong and Ciara Elizabeth Strong, 1130 Osprey Lane, Denton, \$385,000.

William A. Blessing, Sr. and Rhonda M. Blessing to Barbara J. Boyd and Jennifer L. Butler, 9165 Andersontown Road, Denton, \$230,000.

David T. Knopp and Kellie M. Knopp to Laura Lynn Drathman and Nicholas Joseph Kovach, 202 Back Landing Road, Preston, \$549,000.

Amy Wenck to Robert B. Jarrell and Kristin L. Jarrell, 407 Main Street, Goldsboro, \$185,000.

Thomas Keene Callahan and Sandra Renee Callahan to Ellen Cahall, 505 Maryland Avenue, Ridgely, \$320,000.

Mary Suzette Reagan to Dale Garrett Frymark, 205 W. Central Avenue, Federalsburg, \$225,000.

Mary Ann Myers to Steven A. Tribbett, 10553 Orly Drive, Denton, \$82,649.86.

Shelly L. Fisher to Terry R. Haffelfinger, Jr., 3531 Linchester Road, Preston, \$240,000.

Dshaunta Vanisa Perry and Julius Dwain Nichol to Stephanie Wolf, 1306 Fairfield Court, Denton, \$285,000.

Jason E. Bailey to Joel J. Todd and Anita F. Todd, 222 S. Second Street, Denton, \$209,000.

Joshua R. Biven and Pamela R. Biven to Charles Dean and Rebekah Dean, 23116 Gilpin Point Road, Preston, \$380,000.

Clinton M. Perdue and Lisa Ann Perdue to Margaret Catherine Bouchat-Taylor, 26059 Holly Lane, Greensboro, \$399,900.

William G.S. Walters to Brittany Butler and Scott Walters, 23911 Sparks Road, Ridgely, \$241,800.

Robert A. Fearins and Ronald K. Fearins to Ty R. Butler, Robins Creek Road, Parcel 202, Lot 1-E, Preston, \$22,000.

Crystal Henderson to Brandon Butler, 23605 Thawley Road, Denton, \$20,000.

Eric Manikas to Inda Dawn Adams, 417 Academy Avenue, Federalsburg, \$315,000.

U.S. Bank National Association to William Cook, 22192 Hillsboro Road, Denton, \$367,500.

Ann P. Allen to Maximiliano Portillo and Cathy Ann Pharis, 213 Main Street, Marydel, \$100,000.

Helen L. Benchoff to T and K Builders, LLC, Lot 1, Greensboro Road, 1.087 acres, Denton, \$45,000.

Paula M. Haves to Daniel Sullivan Curran and Jessica Rose MacFarland, 25295 Sandy Point Road, Greensboro, \$225,000.

Charles Bruce Coyer and Carter Bruce Coyer to Jessica Ann Benson and Shawn Lomant Benson, 1113 Market Street, Denton, \$218,500.

Jana L. Hutchison to Paul William Saathoff, 502 Park Avenue, Ridgely, \$190,000.

Doris P. Hynson to Gregory N. Turner, 8340 Harmony Road, Denton, \$894,720.

James M. Brenton, Jr. and Kathleen M. Brenton to Justin W. Hammell, 1402 Blue Heron Drive, Denton, \$210,000.

William Morris and Robin Manship to Charles Ernest Ratliff, Jr. and Jennifer Lynn Ratliff, 7230 Jones Corner Road, Federalsburg, \$385,000.

James M. Costa and Ginger C. Costa to Clinton Perdue and Lisa Perdue, 4171 White Road, Federalsburg, \$545,000.

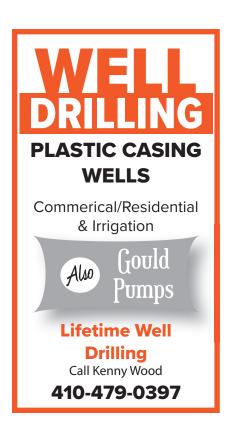
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- Construction Cleanup
- Post Construction Cleanup

FREE **ESTIMATES**

410-924-0401 - 410-673-1131





Richard L. Simmons to William Leifur Sweitzer, 24475 Hynson Road, Federalsburg, \$50,000.

K. Dale Williams, Jr. and Cynthia Dawn Williams to Wilbur D. Burton, III, and Ethel Joann Burton, 202 Central Avenue, Ridgely, \$390,000.

Raymond W. Murphy to Dawn Edwards and Robert Alan Balderson, Jr., 2792 Meadowbrook Road, Federalsburg, \$287,000.

Jeffrey Stevenson, Jr. to George Majlaton, 26519 Three Bridges Road, Federalsburg, \$24,000.





Senior

Senior Moments

by Mary Moran 410-479-2535 or 410-490-3078

Mother nature has been playing games with Caroline County this Winter! One day it feels like a balmy 50 degree Spring Day, and the next it's 30 degrees with 20+ mile per hour winds! The Farmer's Almanac is calling for the Mid Atlantic Corridor to experience 5 degrees below average for March, so the question is what is your heat source?

The Office of Home Energy Programs (OHEP)offers financial assistance with home heating bills. "Payments are made to fuel suppliers and utility companies on the customer's behalf. Energy assistance will not reduce the amount of any other assistance benefits you receive...and it will not reduce Social Security Benefits." (dhsmaryland.gov) Maryland Energy Assistance (MEAP) helps with electric bills by paying a portion of the bill, with the customers being placed on a budget billing plan to spread out annual utility bills. This Electric Universal Service Program (EUSP) allows local utility companies to set up a monthly payment based on your usage approximately two years ago, and you pay the same amount each month.

When participating in MEAP, be sure you read your entire bill, particularly when reading your Delmarva Power bills. The first page of your electric bill will read that you owe nothing, zero, zip, because the MEAP grant tells the billing computer that you have this big credit. However, one must read the 2nd and 3rd pages to see the amount you are supposed to contribute as part of the budget billing plan and understand the actual cost of the electricity you are using. It is extremely important to pay the agreed amount monthly. If you do not pay your share of the balance billing agreement, you could blow through the MEAP grant money during the heavy usage winter months and be back to owing large amounts during high usage summer months. If you have any questions, call your electric company for an explanation of your share of the costs or contact MEAP for assistance at 410-829-4484.

Those that live in townships may appreciate the Low-Income Household Water Assistance Program (LIHWAP) to assist those experiencing hardship with water bills. The program is designed to assist those who are behind on their wastewater and drinking water bills that are 30 days or more past

due. Contact 410-819-4484 for more information on these programs.

Winter brings respiratory illness and here's a reminder that RSV (Respiratory Syncytial Virus) is highly contagious. Droplets from an infected person's cough or sneeze contacting your eyes nose or mouth will infect you. Touching surfaces with the virus on it like a doorknob, bathroom faucet, or shopping cart, then touching your face before washing your hands spreads the virus easily, both at home or in public places.

Symptoms include runny nose, decrease in appetite, coughing, sneezing, fever, and wheezing. RSV can be serious and run longer than a week or two. It can lead to shortness of breath and low oxygen levels. RSV can lead to other worsening medical conditions such as asthma, chronic obstructive pulmonary disease (COPD) making it hard to breath, or congestive heart failure, when the heart can't pump enough blood and oxygen to the body.

The CDC recommends all adults 60 years and older get vaccinated. The RSV vaccine can be given at the same time as other vaccines. Therefore, you can get your seasonal flu shot or pneumonia vaccine at the same time as the RSV vaccine. It takes about two weeks for protections to develop. Do know that people who are moderately or severely ill should wait until they recover before getting the RSV vaccine. Talk to your doctor or pharmacist for information on wait times.

As of September 6, 2023, your Medicare prescription drug plan "D" began paying in full for the RSV vaccine. It is not too late to get your seasonal flu shot, which is covered by Medicare B two times per year. Since it is free it does not apply to your annual deductible.

Some customers of Choptank Fiber have reported receiving scam calls claiming the caller is from the internet service Choptank Fiber. The bottom feeders are demanding payment over the phone, threatening to disconnect

TURNING 65?

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Specializing in Medicare Supplemental Plans, Medicare Advantage Plans, Medicare Part-D Plans, Dental and Vision, Long Term Care, and Life Insurance Call Ann Today for an Appointment 410-708-0899 • anthonyins17@gmail.com 22850 Fleming Road, Denton, MD 21629 one's internet if payment is not made immediately. Please do not fall for this attack on your privacy and financial security! Choptank Fiber will never take your payment information live on the phone. They refer customers to an automated credit card line for privacy. If you receive a call from someone claiming to be Choptank Fiber, do not give any information. Hang up and call their Customer Service Center at 1-877-892-0001 to check the status of your account.

On a different note, to all those who will be filing taxes in March, remember that you can get tax credits if you have receipts to show that you have installed a heat pump, solar panels, exterior doors, windows, insulation, a skylight or have upgraded an electrical panel.

Give your Representatives a call telling them to support the Caregiver Tax Credit Bill (SB202). Senate Bill 202 would provide immediate family caregivers with a tax credit equal to 30% of their expenses after the first \$2,000 annually, up to a maximum of \$5,000. The credit would apply to any expenses incurred in the care of an adult immediate family member who requires assistance with daily living activities.

Happy Easter and Passover Caroline County!

Happy Easter from the Denton Caroline Senior Center!!!!!

March is National Nutrition Month. The purpose of this month is to bring awareness to individuals about the importance of good nutrition. This month we encourage you to make healthy changes to your diet and increase your physical activity. David from Shore Gourmet will be here on March 13th to show our seniors healthy nutritional cooking. The Center welcomes Tyrell James who will be here for a Healthy Coaching presentation on senior nutrition along with SAIL Fitness every Wednesday

at 12:30 and Thursday at 12:45. What better way to learn about nutrition than with nutrition based bingocize every Tuesday and Thursday from 10:00-10:45. If you would like to join, please call Brandy or Geri at 410- 479-2535. We also welcome Erika Nelson back to do Easter Nails on March 25th from 10-2. Call Brandy or Geri for a time slot. This month the Center will have many March themed activities to include St. Patrick's Day Bingo and Easter Bingo. To add to our nutrition month celebrations, we have many health education classes this month which include, Medication Thursday with Melanie on the 1st Thursday of every month, monthly blood pressure checks with Anne on the second Wednesday of every month and different March themed arts and crafts.

Federalsburg Senior Center

Spring is finally approaching and the Federalsburg Senior Center is looking forward to the warmer temps!

This month the Center celebrates National Nutrition Month, as well as Senior Nutrition Month with this year's theme being "Connection in Every Bite". The Center will celebrate this month with lots of nutritional activities including a healthy cooking class with David Murray from Shore Gourmet. Michelle Hammond will be here with a nutrition/health education presentation, and Tyrell James will be here presenting on his Healthy Coaching classes.

The Center will offer many Marchthemed crafts. There will be a Rainbow Glitter Vase which will be filled with "gold", St. Patrick's Bingo, Pot of Gold painting and a St. Patrick's door hanging sign.

Melanie Chapple will be here with her Medication Management series. If you have questions about your medications or would like a blood pressure screening, please come in and see us.

The Center will be traveling to the Harriet Tubman Museum in Church

Creek at the end of the month. We will end the month celebrating the upcoming Easter holiday with a wooden Easter decoupage craft.

If you are interested in any activity listed, please call the Senior Center at 410-754-9754.





Deaths

Fleegle Helfenbein Funeral Home - Greensboro 410-482-8914 www.fleegleandhelfenbein.com

Jan. 9	Donna Marie Davis, 61, Harrington, DE
Jan. 13	Dawn R. Hutson, 49, Harrington, DE
Jan. 21	Wanda K. Dinkle, 82, Ridgely
Jan. 30	Patricia Marie States, 67, Dover, DE

Framptom Funeral Home - Federalsburg 410-754-8888 www.framptom.com

	-
Jan. 3	Elizabeth Towers "Libby" Fluharty, 82, Federalsburg
Jan. 7	Linda Kay Taylor, 71, Preston
Jan. 8	Juanita C. Haddaway, 93, Easton
Jan. 10	Roy E. Judy, 94, Greenwood, DE
Jan. 12	Robert Russell Edgell, Jr., 94, Federalsburg
Ion 14	Harbert Farl Malaney Ir 77 Greenwood

Jan. 14 Herbert Earl Maloney, Jr., 77, Greenwood, DE
Jan. 17 Stephen Keith Ewing, 52, Bethlehem'
Jan. 18 David Michael Riley, 77, Easton

Jan. 20 Emerson Scott Williamson, 72, Federalsburg

Jan. 22 Doris Marie Worm, 86, Preston

Jan. 22 Karen Sue Drummond Singh, 60, Milford, DE

Jan. 23 Elaine Gayle Burns, 87, Long Neck, DE

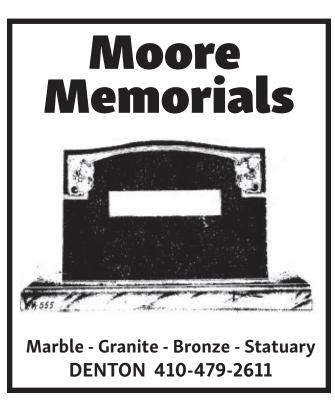
Jan. 24 Richard Wayne Willoughby, Sr., 81, Federalsburg Jan. 24 Charles William Asmussen, 66, Trappe

Jan. 31 Gloria Jean Walls, 83, St. Michaels

Moore Funeral Home - Denton 410-479-2611 www.moorefuneralhomepa.com

Jan. 1	Harry Essick, 74, Easton
Jan. 1	J. Gary Cox, 77, Federalsburg
Jan. 9	Christine Spiering, 95, Denton
Jan. 11	Roy W. Ohmes, 86, Denton
Jan. 12	Benjamin C. Trice, 86, Greensboro
Jan. 13	Wanda F. Collins Shorts, 73, Denton
Jan. 15	Jean Fearins Larrimore, 91, Denton
Jan. 18	Timothy R. Butler, 52, Denton
Jan. 24	H. Bernard Wells, 53, Denton







BUSINESS DIRECTORY \$2.50 each line, each month. 3 month min.

ACCOUNTING

Kram, McCarthy, Ayers & Frost, LLC 410-643-4477 / Stevensville

APPLIANCES

Meredith's Appliances Federalsburg 410-754-9519

AUTO SUPPLIES

B & R Auto Parts, Inc. Denton / 410-479-3322

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Connie's Cut Above

Goldsboro, MD 410-482-2348

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Rt. 404 Denton 410-479-2833

Teri Griffith, Independent Stylist at

Hair Connection-Denton 410-924-5060

Tracy's Cuttin Up

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Moore Funeral Home, P.A.

Denton 410-479-2611

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Gray's Gas

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Caroline Review Word Puzzle

Economics

Circle words forward, backward, up, down, and diagonally. Words in parenthesis are not in the puzzle.

S Н C Α R C Т Υ S U Y S Ε L D C C C Ε 0 M T S A Т Ν 0 Ε R Α C Т 0 Ν Α P F Α ı N P U Т D R Ε A 0 C Ε M S E P L 0 Ε G U L Α Т N 0 R 0 S U I Ν E R M U 0 0 R Α M Н 0 D D 0 R K Т 0 0 M Т W Т L 0 0 M S E K R A M D P Ε Т C P M Ν Т S L 0 Ε M Α ı D 0 0 0 Т G U P U Q Е ı A R R S Α Н D Ε C C S X Т ı D N N Т R L N Т F Т Т Ε V F I I S V I Α Y A Α U 0 ı L M Т 0 R W M N V S P Ν Т P I Ν W M Α 0 N Ε S E X Y C Z P Y Ν R 0 Α D M Ν Т C M C R Α Ε B Ε Ν ı T Е Ε M C D S 0 Α U F 0 G Ε P S P G Α П н ı R ı P G Ε L J K Ε F L N R U Ε N U Α M Т D M 0 D 0 C P Ε A C S П S N 0 ı Т Α R Ε 0 0 L S C Т S Y Т Н P Y O Ε 0 N 0 M Y R R Ε Ε U P M U R B U Q S D Ν B L 0 K Ε G Ν Α Н C X Ε Т R Α M 0 C

Adam Smith
Bonds
Capital (Equipment)
Commodity
Comparative / Advantage
Consumption
Dismal (Science)
Econometrics
(Economic) Agents
(Economic) Imperialism
(Economic) Efficiency

(Economic) Models
Economic Stimulus
Economist
Exchange
(Factors of) Production
Flow / Concept
Free (Trade)
(Government) Regulation
Heterodox Approach
Input
Keynesian

Macro
(Market) Equilibrium
Markets
Micro
(Milton) Friedman
Monopoly
Nominal (Value)
Normative (Economics)
Opportunity (Cost)
Output

Pareto (Efficiency)
Profit (Maximization)
Real (Cost)
Resources
Scale of Operations
Scarcity
(Supply and) Demand
Supply Side
Trade (Barriers)
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