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Why Stay Married?

by Rich Warfield

January 14, 2024 marks the 40th anniversary of my marriage celebration. We were married at Christ Episcopal Church in Denton and received all of our friends and family members at the Caroline Country Club shortly thereafter. Loretta

was stunning in her beautiful wedding dress, and I've never looked sharper. We memorized and passionately delivered our vows without prompting from Father Cliff and privately committed that divorce would never be an option for us. It was a powerful, life changing experience, and yet, surpassed many years later by the look on my son's face after his first glimpse of soon to be wife, Becky, when she began to walk down the aisle. Thankfully, the photographer captured the moment.

Marriage is a wonderful institution, unique in many ways. Our Wedding Day is probably the one event in our lives most often yearned for, and later described as the "most memorable day of my life." We tend to become husbands and wives with few reservations because the joy of sharing our hopes, dreams and lives with such a special person far outweighs any fear associated with commitment and compromise. We

enjoy "showing off" our new treasure and beam whenever anyone asks how we are enjoying "married life." How is it then that nearly half of these "Blessed Unions" end in the most distasteful and painful fashion? It's not on purpose... What causes the honeymoon to end? Let us consider these questions in more detail.

Where did the institution of marriage come from? To answer this question, we must go all the way back to the very beginning. "It is not good that the man should be alone" was God's determination in the book of beginnings (Genesis). When God gave Adam the opportunity to choose a suitable companion, He knew that Adam would not find a bird, monkey or even "Man's Best Friend" suitable. According to D. James Kennedy's inspiring book Learning to Live with the People You Love, "Although Adam enjoyed the companionship of beautiful horses, lovable lions, and cuddly lambs, he did not have a suitable helper. None of the animals could meet Adam's needs, so the Creator designed a completely new being for man."

We learn that the woman was built from one of Adam's ribs and thus, the two enjoyed a perfect oneness that no other couple will ever experience. "They were literally one flesh - made from the same body." That sense of oneness can no longer be achieved physically; however, with hard work and commitment, there are times when it can be found emotionally and spiritually. That is the relationship we seek when we say "I Do" and the one that should be our desire throughout our married lives. Unfortunately, it is elusive.

How do Prince Charming and The Princess Bride become Mr. Hyde and The Wicked Witch of the West? Is it inevitable,

or does it simply become a self-fulfilling prophecy? To learn the answers to these questions we must first determine what qualities we found attractive in our mates. What was it about them that stirred us to want to spend the rest of our lives with them? Generally, these qualities remain; however, they can be hidden by our efforts to "improve" our spouse (change them to fit our image of the perfect mate). During courtship we tend to overlook anything that our fiancé does that disturbs us, assuming that we can modify their behavior over time with indisputable logic. How incredibly naive. We don't realize that they are trying to change our irritating behavior at the same time. Life would be so much more rewarding if we would try instead to modify our own behavior as requested and accept our mate as is, 100% without exception. This attitude change must be unconditional as our marriage vows are supposed to be. Nothing that our mate

does or says must affect our heartfelt desire to be the very best, most loving, and considerate spouse we can be. Only then can that "honeymoon" feeling begin to be rekindled and oneness be revisited.

But what about the husband who refuses to put the cap on the toothpaste tube? He comes home from work or a business trip and fails to gush about the immaculate condition of his castle or the lovely improvements that were made while he was away. He leaves his clothes on the bedroom floor no matter how enticing the hamper looks. He attacks with words he later regrets and wants to solve your problems rather than acknowledge or empathize with your feelings. Not to mention the toilet seat! What about the wife who is never satisfied with anything you do for her around the house? The lawn doesn't cut itself... She creeps on you using "Find My Phone" and has a never-ending list of things for you to do on the weekend. On the weekend! She belittles you to her sisters on the phone and won't fix herself up. She waits until you get home from work then sends you back out for milk instead of asking you to pick it up on the way home. And it goes on and on... Why should we have to put up with all that?

Well, there are at least three very good reasons to do so; after all, when we really think about it, these irritants are



quite trivial. Firstly, we must retain our integrity. When we were wed, we made a commitment something along the lines of "To love and to cherish/ obey, in good times and in bad, ... until death do we part." We made this promise before many friends and family members, as well as before God, because we wanted all to know how serious we were. This public vow is as strong a commitment as we can possibly make. After all, we didn't say "...until mid-life crisis do us part," or "...until the kids grow up do us part," or "...until I don't love you anymore do us part." How can stock be placed in anything said by a person who fails to honor a vow so vehemently and publicly pledged.

Secondly, most of our cultural ills can be traced directly to the effect of broken homes and self-centered parents. Drug and alcohol abuse, teen suicide, rampant complacency, insecurity, a lack of commitment or personal conviction, delinquency, and a failure to understand the importance of civic responsibility are problems compounded by the fact that though the marriage rate for the period 1895 through 1990 remained relatively unchanged, the corresponding divorce rate went from .6 per 1,000 population to 4.7 per 1,000, an increase of over 783%. Not surprisingly, the most dramatic increase was during the period 1965 - 1975, the era of Free Love and President Johnson's tragic Great Society policies. On the bright side, the more recent trend is positive with divorce rates going from 4 per 1,000 down to 2.5 per 1,000 during the period from 2000 to 2021. This is great news as our society can ill afford more broken homes.

Finally, the argument that a husband and wife should remain together for the sake of the children, however valid, has become easily rationalized away by the short-sighted justification that it is in the best interests of the children to live in an environment where their parents are not always fighting. Though divorce separates whole families, not just husband and wife, and there are many more people hurt by a divorce

than simply the couple involved, it is the divorcee and the children who suffer the most. Yes, it's true. Consider the kinds of extreme financial hardship single parents face. What about the pain of hearing one's child decline a friend's offer with the explanation that he must go to his father's place this weekend. Terms like ex-husband and ex-wife are used. Name changes and resultant explanations, loneliness, court appearances, new stress at the workplace, guilt, self-pity, and the never-ending burden of having failed at marriage are also trials that tend to brown the greener grass on the other side of the fence. Therefore, stay together for your sake if for no one else's. But also, for goodness sake, prioritize the children.

Do you cure a cold by cutting off your head? Of course not! If your marriage is sick it needs a remedy not a guillotine. The best cure for a hurting marriage is a stubborn determination to make it succeed by at least one marriage partner, and preferably, both. This commitment can most easily come from a heart that has shunned its natural self-centeredness and has embraced my favorite philosophy "Others First." Putting feet to the desire to be the very



best spouse and parent you can possibly be is a tremendous first step, and virtually all it takes. It may take two to break a marriage, but only one to fix it. Make a list of the things your spouse does that you appreciate and begin to show your appreciation in real ways regardless of your partner's response. Ask questions like, "Can I get you anything, honey?" and "How can I help you, dear?" Find ways to better understand your loved one and you will begin to enjoy the personal fulfillment and joy that comes from selfless service to those around you.

A judge from New York City once gave the following instructions to jurors who were deciding a divorce case. "Ladies and gentlemen of the jury, you should clearly understand that we have nothing to do with the religious or sacramental aspects of this marriage. We are only dealing with the laws of the State of New York. These people are bound together by God, and that bond is not to be touched by what we do here today. They will be as married in the sight of God when we finish our work as they were before we began. And many people fail to understand that fact."

I'm not a marriage counselor. However, I would like to think that 40 years of experience gives me the right to be heard/read. Congratulations to those with important milestones in 2024 like us. To those of you who are no longer married by law, please accept my apology if I appear harsh, simplistic,

naïve, or insensitive. I imagine yours was a very difficult and painful decision and it is not my place to judge anyone's heart. Let's keep the past in the past. To those of you struggling with "irreconcilable differences", please consider my words. If you think I must have been easy to live with over the past 40 years, just ask Loretta. She'll set you straight. May we all be committed in the future to personal growth and the goal of extending the positive recent trend by turning the tide of divorce one marriage at a time.

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New Director in the Wings

By Debbie Bowden, Director, Caroline County Economic Development and Tourism



Happy new year! When the calendar turns over, we usually take a moment to reflect on the previous 12 months.

For the year 2024, I am looking forward to the next 12 months and beyond. You see, starting January 1, I started the next chapter in my career and started my own business. I will no longer be director of Caroline County Economic Development and Tourism. There is a new director in the wings, and he will be introducing himself to the business community in Caroline County very soon.

I am so proud to have helped businesses, large and small, in Caroline County. I had the privilege of working with a fantastic team in the county. I thank the County Commissioners for leading and guiding the office. Special recognition to Kendall Teague and Tara Hill-Coursey for their work in the office. I also appreciate the partnerships

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The office is still standing for any business that needs help with workforce, financing, planning, connections, etc. Please reach out if you have any questions.

I wish my Caroline County "friends and family" all the best.

For more information, follow Caroline Economic Development on Facebook at facebook.com/carolinebusiness, email info@carolinebusiness.com, or call 410-479-4188.





Financial Hangover?

With Christmas 2023 and New Years 2024 in the rear view mirror, many Americans will find themselves suffering with a financial hangover. As of November 2023, credit card debt has reached a record high of \$1.08 Trillion, and the holiday season will see that number increase, I am sure.

The realization that credit card balances have swelled, and high interest rates are eating more and more of your monthly payment is a wakeup call that 2024 will require some adjustments to your monthly budget. You also need to pay particular attention to how you are managing your credit card balances.

Rule #1 for showing you can manage credit appropriately and achieve a higher credit score is, "Make your monthly payment when due." At the very least make the minimum payment. However, do not get in the habit of only making the minimum payment, it will take years to pay it down to a zero balance, and if you keep using the card it will never get paid off.

It is also important to note that for those borrowers who are adjusting to having to make student loan payments that your grace period has ended. Since payments came out of forbearance on October 1 there has been much confusion and misinformation flying around.

In a letter to credit reporting agencies and credit score companies on December 12, Richard Cordrey, Chief Operating Officer of the Office of Federal Student Loan Aid asked them not to ding a student loan borrower's credit profile or score due to missed payments while the repayment system is ramping up.

Cordrey stated in his letter that "the payment behavior of student-loan borrowers during the return to repayment does not "carry the same creditworthiness implications as they do for other products, because of the unique circumstances of the period." He noted that multiple servicers provided inaccurate disclosures to roughly 100,000 borrowers. He added that one servicer failed to send timely billing information to nearly 2.5 million borrowers.

"As a result of these servicer errors, a borrower's lack of payment does not necessarily reflect their ability or intention to repay their loan," he wrote. In addition, because the errors are not uniform, "similarly situated borrowers are experiencing an unequal set of repayment experiences and I am

concerned this could result in unequal credit outcomes based on their servicer."

Cordray noted in the letter that part of the Department of Education's remedy to these issues was to instruct servicers to put borrowers into an administrative forbearance, which means the borrower is not required to make payments on their loan, while the errors are being resolved,

If you have been successful in establishing how much of a payment you are obligated to pay and who you are to pay it to, I suggest that you make your payments. Do not assume that because there is so much confusion in the student loan repayment system your failure to make a payment when due will not hurt your credit score. It very well may.

You should get in the habit of paying as much as you can on your credit card balance and consider the minimum payment as a safety net, only to be used when other financial obligations are a priority. Creditors love it when only the minimum payment is made over time because they make more money.

As you pay in excess of the minimum payment you are reducing the balance which has the effect of lowering your utilization rate, which leads to Rule #2.

Rule #2 in demonstrating proper credit management is to keep your utilization rate at or below 30%-35% and avoid making the minimum payment as much as possible. The utilization rate is the current balance of a credit card in relation to the credit limit. If you have a credit card with a credit limit of \$10,000 and you owe \$9,000 the utilization rate is 90%. To make sure your credit score is not being lowered because of the utilization rate keep the balance below \$3,000-\$3,500 in this example.

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Since 65% of your credit score is your payment history (no past due payments) and utilization rate (below 30%-35%) you need to manage your card balances and you need to make your payments when due, always.

The other 35% of your credit score comes from how long you have credit (10%), how much new credit you have (10%), and your mix of types of credit (15%). Mix of credit refers to how many revolving (credit cards) and installment (fixed payment, fixed term) accounts you have, both currently and in the past.

The longer you have a credit history the higher your score. If you currently do not have credit you need to get it. The best way to get it is to open a secured credit card. You deposit an amount, usually \$300 with the card issuer and they issue you a VISA or Mastercard with a \$300 limit. If you do not pay, then they keep your \$300.

A secured card works just like a credit card. You use it, you get a monthly bill, and you pay it, and the account shows as a tradeline on your credit report after 2-3 months of usage.

The secret to establishing a good credit score with a secured card is to use it. Try to keep the balance below 50% utilization or \$150 with a \$300 limit and make your payment at least a week to 10 days before it is due. My suggestion is to use it for gasoline and that's it. You will be using it regularly and it will

generate consistent balances and bills. Do not use it for one month, pay the balance in full and put it in a drawer for two months. You have to use it every month. Credit cards are the pump that increases your credit score every month. Prime the pump every month by using your credit card.

2024 is going to be an incredibly challenging year for those with a lot of debt, especially credit card debt. With credit card interest rates running from 17% to 24% depending on the borrower's credit profile, monthly interest charges will eat up

(continued on next page)

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85% to 90% of a minimum payment. In order to make a dent in what is owed, you will need to pay significantly more than the minimum payment.

Working your way out from under the heavy weight of a lot of credit card debt can be very daunting. The hardest thing to do is to park your cards and stop using them. This is by far the hardest to do, but as that old Chinese proverb says, "a journey of a thousand miles begins with a single step."

The second step is critical to maintaining or increasing your credit score and is by far the simplest. Make your "required" or minimum payment. You agreed to repay your obligation

when you applied for and were approved for your credit card or loan. You need to hold up your end of the deal and at least make your minimum payment.

I wish I had a dollar for every person whose credit I have run only to find a low credit score because of late payments on a credit card when the minimum was only \$59, or some amount like that. To me, there is no excuse for not making a minimum payment on a credit card.

The third action step necessary to crawl out from under a lead blanket of debt is to make payments according to the outstanding balance. This is sometimes called the snowball strategy and it works like this.

Look at the current outstanding balances on all of your credit cards and line them up according to the lowest balance card to the highest.

Next, follow step number #2 and make the minimum payment on all of your cards except for the card with the lowest balance. After determining how much additional you can pay on your cards that month, let's say its \$400, pay that additional amount on the lowest balance card. If the lowest balance card is \$600 then your balance will be \$200 the following month. So, in month two you pay off that \$200 balance and begin paying what you can on the next lowest balance card.

By doing this you will achieve a sense of accomplishment and be more motivated as the number of checks or payments you are making is going down. Even if you do not get to where all of your credit cards are paid in full, at the very least you will have fewer monthly payments to make.

If you are overwhelmed with balances and have no additional funds to apply to the snowball strategy you should consider contacting National Debt Relief or Consumer Credit Counseling Services. They will negotiate a repayment plan that will stop or greatly diminish the monthly interest charges and get you to a point where all balances are paid.

With all the economic uncertainty that comes with a presidential election year the smart money will be on managing and using credit conservatively with a focus on at least keeping current on payments. With higher savings interest rates it is also a great time to put away any additional money you have and earn 5% or even more in safe money market accounts. It has been a long time since we have seen savings rates this high. Take advantage of it.

Mr. Rowe is Vice President/Lending for Bay Capital Mortgage Corp. with offices in Easton and Annapolis. He has lived in Caroline for his entire life and supports the county by volunteering in a variety of ways. He currently lives near Greensboro with his wife Jeanne and daughter Kelsey.



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Your Chamber at Work

by Tracey Snyder, Executive Director of Caroline County Chamber of Commerce

Hello and Happy New Year Chamber Members and Friends,

Wow! What a year 2023 was!!!! We increased our memberships and partnerships, hosted our fifth Mactoberfest in Ridgely and held our first Artisans on the Choptank Market series. These events were made possible by partnering with several organizations such as the Towns of Ridgely and Denton, Caroline County Council of Arts, Caroline County Yacht Club, Cow Barn Events and the Wharves Visitors Center!

In December we held our Annual Holiday Mixer. We honored eight members for milestone anniversaries and conducted our Scholarship Cake Auction.



Please join us in congratulating these amazing businesses that support the Caroline Chamber and our community in the surrounding areas!

Happy Anniversary: Willow Construction 50, UCC Samaritan House 45, Rosendale Realty 45, Church Hill Theatre 40, Partners in Care, Maryland 30, BDK Inc. 25, CASA of Caroline 20, Shoreline Vinyl Systems 20 and ShoreToBeFun Photography 10! We had two businesses who were unable to attend, Pierson Comfort Group 73 and The Paperwork Pros celebrating their first anniversary!

Special thanks to the Cow Barn, Chef Tahya Jones, volunteers-Andy, Jane and Nancy, Assistant Director Jessica Willoughby and our Board of Directors for set up, cakes and just being so supportive. Attendees raised close to \$1,800 for our Caroline Chamber Scholarship Fund!

Best in Business 2024 nominations begin January 2, 2024. The date for the Annual Dinner will be March 21, 2024 with more details to follow.

Vote for the businesses that you think meet or exceed requirements for the following categories: Rising Stars, Business Leader of the Year, Young Professional, Citizen of the Year, Caroline's Best Nonprofit, Innovative Excellence, Business of the Year and Excellence in Agriculture.

Voting ends February 2, 2024! To learn more about the categories and vote visit www.carolinechamber.org.

Scholarship applications deadline is April 30, 2024.

Graduating Caroline County students with a GPA of 3.5 or higher that are accepted into a trade school or college and live in Caroline County are eligible and encouraged to apply for the Caroline Chamber Scholarship fund.

Information will be sent to guidance counselors this month and homeschool seniors you can find the application on our website. For questions reach out to Tracey Snyder at tracey@carolinechamber.org or call us at 410-479-4638.

For complete details of all that is happening at the Caroline County Chamber follow and like us on Facebook or visit our website at www.carolinechamber.org

We wish you and yours a very happy and prosperous 2024!



Events at Martinak State Park

Martinak Morning Walk

Year round morning hikes meet at the Martinak State Park Office at 10:30 AM. The walks on Tuesdays and Thursdays are guided and on a paved trail. Walks are approximately one mile in length or about 2,000 steps with plenty of benches available for resting and enjoying nature. After a mile or 1.5 miles, walkers may choose to walk longer through the camp loops and trails or return to the start. Meet at the gravel parking area on the left past the park office.

First Day Hikes

On Monday, January 1, 2024 guided hikes are offered at Tuckahoe, Martinak, Sassafras and Wye Island. As the date approaches, check out this link:

https://dnr.maryland.gov/publiclands/pages/eastern/tuckahoe.aspx

Wednesday Winter Hikes

Enjoy the brisk air of winter on these morning three to five mile hikes. Discover the diversity and wildlife of the area at the beautiful parks, refuges, and Wildlife Management Areas in the area. All walks start at 10:30 AM and follow the Caroline County Schools for weather alerts. It is suggested to bring water and a snack. Bug spray and a hat are helpful. Email: Karen.gianninoto@maryland.gov to register and to receive additional information.

January 17: Martinak State Park Boundary Walk. Meet at the boat ramp parking area.

January 24: Tuckahoe State Park Lake Trail. Meet at the Lake parking area.

January 31: Wye Island NRMA Holly Tree Trail. Meet at Holly Tree parking area.

February 7: Tuckahoe State Park Tuckahoe Valley Trail. Meet at the Lake parking area. **February 14: Blackwater NWR Wildlife Walk.** Meet at Visitor Center parking area.

February 21: Adkins Arboretum Loop it Walk. Meet at Visitor Center parking area.

February 28: Wye Island NRMA Dividing Creek Trail. Meet at Lodge LN parking area.

March 6: Idylwild WMA Marshy Hope Creek. Meet at Houston Branch parking area.

March 13: Tuckahoe State Park Pee Wee Trail. Meet at Crouse Mill Road parking area.

March 27: Cross Island Trail Terrapin Nature Trail. Meet at Exit 37 Parking Area.

April 3: Sassafras NRMA Meadows and Forest. Meet at Turners Creek parking area.

April 10: Tuckahoe State Park Creekside Trail. Meet at Cemetery Road parking area.

April 17: Lynch Preserve Robins Creek Trail. Meet at the end of Tall Tree Lane, Preston.

April 24: Tuckahoe State Park Connector Trail. Meet at park office.





THE COMMUNITY FOOD PANTRY AT MARTIN'S HOUSE & BARN

(This is our new name, was previously Saint Martin's Barn)

Drive-Thru Pantry and Thrift Store Hours:

Tuesday, Thursday, Friday 8:30 am - 11:30 am Wednesday 6:00 pm - 7:30 pm Martes, Jueves, Viernes 8:30 am - 11:30 am Wednesday 6:00 pm - 7:30 pm

Thrift Store is also open First Saturdays 8 am-Noon

FOOD ASSISTANCE:

PLEASE CALL OUR BARN MANAGER AT 410.634.2537 EXT. 111

RENT & UTILITIES ASSISTANCE:

PLEASE CALL OUR HOUSING & SUPPORT SERVICES COORDINATOR AT 410-634-2537 EXT. 105

All staff at Martin's House & Barn are following CDC guidelines for social distancing and COVID prevention, including daily temperature checks and masking.

We ask that clients also please wear a mask and maintain distance of six feet when staff bring the food to the vehicle.

Library Corner



Caroline County Public Library www.carolib.org info@carolib.org 410-479-1343

by Valerie O'Neal

Library Hours

CENTRAL BRANCH, DENTON

Monday, Tuesday, Wednesday, and Friday: 10 AM - 6 PM Thursday: Noon - 8 PM Saturday: 10 AM - 2 PM

FEDERALSBURG BRANCH

Monday, Wednesday, and Thursday: 10 AM - 2 PM and 3 - 6 PM Tuesday: Noon - 2 PM and 3-8 PM Friday & Saturday: Closed

NORTH COUNTY, GREENSBORO

Monday, Tuesday, Thursday: 10 AM - 2 PM and 3 - 6 PM Wednesday: Noon - 2 PM and 3-8 PM Friday & Saturday: Closed

Visit us upstairs in Denton during renovations for public computers, print, scan, and fax services, and a small browsing collection. The first floor of the central library will continue to be closed for construction. For more information, visit https://carolib.org.

New

Petite Picassos/Winter Fun

Bring your little ones for this process art program where children will experiment with different art materials and techniques. In this session, your child will create winter-themed artwork. Don't forget to dress your children casually--this could get messy!

Monday, January 8, 10:30 AM, Pre-K, registration required, North County Branch in Greensboro.

Coming Soon...

Paws for Reading returns in February!

Ongoing

Storytime

Join us for a half-hour of fun songs, stories, and fingerplays that encourage the development of early literacy skills. Feel free to stay and play afterward, chat with other parents and caregivers, and allow children to explore the activities in our Early Literacy Center. This program is designed for children from birth to age five with a caregiver. No registration is required. If you have any additional questions, please call 410-479-1343.

Tuesdays starting January 2 - April 23, 10:30 AM, children, North County Branch, Greensboro.

Bookies

This month we will be discussing *Beartown* by Fredrik Backman. For information about joining this group, call 410-479-1343.

Tuesday, January 16, 1 PM, adults, Federalsburg Branch.

*For programs requiring registration, please visit carolib.org or call 410-479-1343.



Second Saturdays of every month

Goldsboro Vol. Fire Co. 700 Old Line Road

Food available from 7 AM until.

For more information, call 302-270-1948.



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T 7

Print, fax, copy, & scan at the Library!

Copies are 25¢ each, and faxes are \$1 each. Stop in any branch or visit carolib.org and upload your order for us to print.



Denton Rotary

Rotary Meetings

Denton Rotary Club meetings are held Wednesdays from Noon to 1 PM at the Caroline Culinary Center, 512 Franklin St. Denton. Come join us for a free lunch and find out about the exciting "Service Projects" the club is working on. For more information, contact Charlie Huber at 410-479-2070 or charliehuber21@gmail.com.

Jan 3: Program: Eric Cook Career & Tech Ed Teacher Specialist

Jan 10: Program: Cheryl Beulah update on Aaron's Place

Jan 17: Program:

Jan 24: Business meeting



Goldsboro Vol. Fire Co.

Monthly All-U-Can-Eat

Shrimp Night

Shrimp, Pulled Pork, Cole Slaw, French Fries, Baked Beans, Dessert, Coffee, Tea, Lemonade

Adults: \$35 per person /\$55 couple; children 6-12 \$15; 5 & under Free.

CASH BAR

For more info. call Jamie at 410-924-6230

Goldsboro, MD

700 Old Line Road,

Friday Feb 2nd 6-8 PM



Drawings every five minutes starting at 5 PM. Every five minutes \$100, every ½ hour \$500, with the final drawing of \$2,000 at 10 PM.

CASH BASK

SATURDAY, MARCH 23

Doors open at 4 PM, Cash Bash starts at 5 PM

\$30 TICKET INCLUDES: 1 Cash Bash entry ticket, beer, soda and food. Children 6-12 are \$10 and children 5 and under free but no Cash Bash ticket included..

CASH WHEEL • CAKE WHEEL 50/50 RAFFLES • and more

For info or tickets, email goldsborocashbash@yahoo.com.

Visa and MasterCard accepted. Prizes not claimed within 30 days of drawing become property of Goldsboro Fire Company. Need not be present to win. Ticket holder is responsible for any and all state and federal taxes that may apply. You must have a Cash Bash Ticket to enter. Tickets will be available for purchase at the door.

Hall Rentals

for all occasions.

For information on any of the above events or hall rental, visit **www.goldsboro700.com**

New and Used Bluegrass Band on the **Second Sunday at American Legion Post 29** January 14

With a name like New and Used Bluegrass, the band is frequently asked, "Who is 'new' and who is 'used'?" The name really refers to the style of bluegrass music - traditional (used), and the more progressive or original (new) songs and instrumentals. This five-piece band does a mixture of both, including a few Irish tunes, Gospel, and Country songs, and will mark the New Year schedule of the second Sunday concerts at the American Legion Post 29 on Sunday January 14. Doors open at 12:30. Music begins at 1 p.m. with the house band - the beloved "Kitchen Pickers". The featured performer starts at 2 p.m. Admission is \$15 and is open to the public.

Members include Ed Finkner from Longwoods (near Easton), who plays guitar and sings lead or baritone. Ed is also a Civil War enthusiast and can sometimes be seen carrying a metal detector instead of a guitar. Toby Price lives near Millington, and plays mandolin and sings lead and baritone, when he's

not out stalking a deer. Jon Simmons lives near Greensboro, plays fiddle and sings lead and tenor. While on vacation in Asheville NC, Jon received an appraising nod from his fiddling hero, Bobby Hicks (Madison County NC) during a legendary Thursday evening jam session at Zuma Coffee Shop.

Bryan Irwin hails from Marydel, plays bass (or as he refers to it, his "violin before taxes") and is also a lead/harmony vocalist, and sometimes yodeler. If there was a 'New" in the band, it would be Martin Wirtz from Grasonville. Martin plays banjo and sometimes lead guitar as well as adding additional lead or harmony vocals. Martin graduated from East Tennessee University with degrees in Bluegrass and Math (so he can count the tens of dollars to be made playing bluegrass).

The concert is produced by the Eastern Shore Bluegrass Association (ESBA), a not-for-profit association of volunteers committed to promoting and supporting this American music. ESBA is more than 50 years old and the Sunday, January 14 concert is one of nine monthly performances – typically the second Sunday of each month but always at the American Legion Post, 9238 Legion Road in Denton. Food and beverages for sale benefit the Legion Auxiliary.

Mark your calendars for the winter concert dates. The February 11 show features Danny Paisley and Southern Grass. See our ad for the complete concert schedule.

For more information on ESBA, go to the https://www.facebook.com/EasternShoreBluegrassAssociation/ or esbluegrass. carrd.co on the web.





Local favorite New & Used Bluegrass Band at the American Legion Hall in Denton on Sunday, January 14. Admission \$15. Doors open at 12:30; music begins at 1 PM.

Rabid Cat Reported in Legion Road, Denton Area

The Maryland Department of Health laboratory has confirmed a positive rabid cat in the Legion Road area of Denton. The cat was turned into the Humane Society, which then contacted the Caroline County Health Department's Environmental Health Division to facilitate rabies testing.

Any person in the vicinity of Legion Road should avoid contact with wildlife, feral cats, unknown animals, and any animal (including cats or dogs) that appear sick or exhibit signs of rabies. Additionally, all residents in the area are urged to make sure their pets and mammal livestock are up to date on rabies vaccinations.

To report a potentially rabid animal, please contact Animal Control at 410-820-1600 or the non-emergency line of the 911 Center at 410-479-2222. Please contact the Caroline County Health Department immediately if you have had, or know of anyone who might have had, any possible human or animal exposure to a rabid animal at 410-479-8045. If you have an emergency regarding a potential rabid animal or exposure and are calling after normal business hours or on the weekend, please call 410-829-5910.

An exposure can mean contamination of open wounds, abrasions, mucous membranes, or scratches by potentially contaminated infectious material from a rabid animal. Additionally, any penetration of the skin by teeth constitutes a bite exposure. All bites, regardless of body site, represent a potential risk of rabies transmission, but that risk varies with the species of biting animal, the site of the bite, and the severity of the wound.

Rabies is a serious, but preventable viral disease that attacks the nervous system. It is predominantly seen in raccoons, bats, and skunks, as well as dogs and cats (domestic animals). All wild or unknown animals must be avoided whenever possible since the possibil-

ity of exposure to rabies can occur anywhere and anytime.

Pet owners should remember that the best way to protect themselves, their families, and their pets is to keep their animals up to date on rabies vaccination. The Health Department regularly offers low-cost rabies clinics to help residents protect their pets. The next clinic will be held in the spring. Please monitor the Health Department's Events Calendar for more information.

For more information about rabies, visit CDC's Rabies Prevention webpage https://www.cdc.gov/rabies/prevention/index.html.



Adkins Arboretum Offers Botanical Art Classes

Learn to capture the nuances of plants in colored pencil or watercolor when Adkins Arboretum offers a series of botanical art classes. Programs include:

Color Pencil I: Techniques

Fridays, January 12, 19, February 2, 9 and 16, 10 a.m.-1 p.m.

Taught by Sarah Saltus, the focus of this course is on color application and color theory.

Botanical Drawing I

Sundays, February 11, 18, 25 and March 10, 12:30 –3:30 p.m.

Led by Sarah Saltus, this introduction to botanical drawing will focus on

developing skills and techniques necessary to capture the essence of flowers, fruits, pods, and leaves. Each student will produce a detailed botanical study in pencil.

Botanical Drawing II

Sundays, March 17, 24, April 7 and 14, 12:30 a.m.-3:30 p.m.

Watercolor is a versatile and expressive medium that can initially be intimidating. This introductory class with Kelly Sverduk will focus on proper watercolor techniques: brush handling and control of water, mixing colors using a limited palette and achieving gradients with washes and layering.

All classes require advance registration at adkinsarboretum.org or by calling 410-634-2847.



Treasury Bonds: Still safe for investors

Submitted by Ann Jacobs, Financial Advisor, Edward Jones - Denton 410-479-0271

You may have read reports about an impending "debt crisis" in the U.S. Should you be worried about investing in Treasury securities?

Part of the concern over debt has been driven by the cost of government borrowing, which has risen because of higher interest rates. But it's worth noting that while interest expenses have risen to nearly 2% of gross domestic product (GDP), this measure had exceeded 3% in the early 1990s. So, while the upward trend of federal debt could prove problematic down the road, the claims of a current crisis may be overblown. And Treasury securities are still considered among the safest investments in the world, as they are secured by the full faith and credit — that is, the ability to borrow and tax — of the United States.

In any case, if you haven't invested in Treasury securities, you'll want to know the basics. First of all, when you purchase a Treasury security, you're lending money to the federal government for a specific period of time.

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6-mos.	5.15 % AP	Y* Minimum deposit \$1000
1-year	4.90 % AP	Y* Minimum deposit \$1000
18-mos.	4.70 % AP	Y* Minimum deposit \$1000

Call or visit your local financial advisor today.



Ann M Jacobs, AAMS® Financial Advisor 105 Franklin St Denton, MD 21629-1207 410-479-0271

* Annual Percentage Yield (APY) effective 12/19/2023. CDs offered by Edward Jones are bank issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

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Here are your purchase options:

- *Treasury bill* Typically matures in four, 13 or 26 weeks, although some have maturities of up to a year.
- *Treasury note* Matures between one and 10 years.
- *Treasury bond* Typically matures in 10 to 30 years.

When you buy Treasury notes or bonds, you receive semiannual interest payments, but when you purchase a Treasury bill — a T-bill — you generally buy it a discount, and when the bill matures, you receive its face value. So, for instance, you might pay \$4,700 for a 13-week T-bill and get \$5,000 back at the end of the three months.

When investing in Treasury securities, you'll want to keep these features in mind:

- Price fluctuation While your interest payments will always remain the same, the market value of your Treasury security can change. So, you might not get face value for a Treasury bond if you sell it before it matures, particularly if market interest rates are higher than the rate you've been receiving. Because longer-term bonds have more payments left to make than shorter-term ones, they are more sensitive to interest rate changes and market price fluctuations.
- Taxes Interest income from Treasury securities is subject to federal income tax but exempt from state and local taxes.

In addition to the traditional Treasury bonds, bills and notes, another option is available: Treasury Inflation-Protected Securities (TIPS). Unlike other Treasury securities, in which the principal is fixed, the principal of a TIPS can move up or down, based on movements in the Consumer Price Index for Urban Consumers (CPI-U). Once your TIPS matures, if the principal is higher than the original amount, you'll get the increased amount; if the principal is equal to or less than the original amount, you'll get the original amount. TIPS pay a fixed interest rate semiannually until maturity, but because interest is paid on the adjusted principal, the amount of your interest payments can vary. As with other Treasury securities, you can hold a TIPS until maturity or sell it before it matures.

Don't let scary or gloomy predictions discourage you from considering Treasuries — they remain a good option as part of the fixed-income portion of your investment portfolio.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC.



Get involved, become a CASA

Children in foster care who have a CASA volunteer are more likely to succeed in school and adjust to change. They are also half as likely to re-enter the foster care system later. As a volunteer, you can make all the difference for a Caroline County child who has experienced abuse or neglect.

For more information on CASA of Caroline or to become a volunteer, please contact Amy Horne at 410-479-8301, carolinecasa@verizon.net, or visit www.carolinecasa.org.

You CAN make a difference!

"Change a Child's Story"!



The next training class is scheduled to begin in late March.

Recreation & Parks

Check out the complete list of classes and online registration at carolinerecreation.org

Karate

Panda Cubs (current students: camo stripe). An energetic introduction to Karate through exercises and games. Learn this ancient martial art and improve self-confidence and selfrespect, build character, body dynamics and physical fitness, make new friends and have fun. Instruction includes warm-up, basic karate techniques, and forms under the direction of Sensei Karine Ireland. Youth classes require an attendance minimum for belt-testing and advancement. No experience required.

5-6 yrs., Mondays, 1/8-3/18, 6:00 -6:30 PM, Fretterd Community Center, Gym, \$59.

Leopard Cubs (current students: yellow-orange stripe). The next step for children that have completed Panda Cubs or older children new to karate. Learn this ancient martial art and improve self-confidence and selfrespect, build character, body dynamics and physical fitness, make new friends and have fun. Instruction includes warm-up, basic karate techniques, and kata/forms under the direction of Sensei Karine Ireland. Youth classes

require an attendance minimum for belt-testing and advancement.

7-8 yrs., Thursdays, 1/11-3/21, 6:00 -6:30 PM, Fretterd Community Center, Gym, \$59.

Tiger Cubs (current students: greenblack stripe). Learn even more about this ancient martial art and continue improve self-confidence self-respect, build character, body dynamics and physical fitness, make new friends and have fun. Instruction includes warm-up, intermediate karate techniques, kata/forms, and sparring under the direction of Sensei Karine and Sensei Roger. Youth classes require an attendance minimum for belttesting and advancement.

8-10 yrs, Mondays, 1/8-3/18, 6:45 -7:45 PM, Fretterd Community Center, Gym, \$69.

Beginner/Intermediate Shotokan Karate (current student: yellow or orange belt). Accelerate skill development with focused instruction and interaction with beginning and intermediate students. Instruction includes warm-up, basic karate techniques, kata/forms, and sparring and self-defense under the direction of Sensei Roger Price. Belt testing and advancement requires attendance minimum.

10 yrs & up, Thursdays, 1/11 - 3/21, 6:45 - 7:45 PM, Fretterd Community Center, Gym, \$69.

Advanced Shotokan Karate - (ages 12+ or by invitation from Sensei). For karate students that are serious about furthering their skills and abilities. Students will assist during Leopard Cubs Beginner/Intermediate classes then transition to instruction focused on their own development under the direction of Sensei John Liszewski. Belt testing and advancement requires attendance minimum.

12+ yrs, Mondays & Thursdays, 1/8-3/21, 6:45 - 8:45 PM, Fretterd Community Center, Gym, \$139.

Gymnastics

Tumble Bunnies. Help your child develop physical coordination through gymnastics, tumbling and fun! Coordinator Joan Dyott has more than 30 years of experience in gymnastics and dance including many years of experience working with very young tumblers.

2-3 yrs, Tuesdays, 1/9-3/5, 10:00 - 10:45 AM, Fretterd Community Center, Room 104, \$89.

2-3 yrs, Wednesdays, 1/10-3/6, 5:00 -5:45 PM, Fretterd Community Center, Room 104, \$89.

2-3 yrs, Thursdays, 1/11-3/7, 4:30 - 5:15 PM, Fretterd Community Center, Room 104, \$89.

Checked

Injection

scale



Super Tots

For children new to gymnastics and tumbling, this class led by Joan Dyott focuses not only on your child's physical development, but their cognitive and social-emotional development as well. In addition to helping build coordination, balance, and small and gross motor skills, your super tot will practice discipline and gain self-confidence.

Beginners:

4-6 yrs, Tuesdays, 1/9-3/5, 5:30 - 6:15 PM, Fretterd Community Center, Room 104, \$89.

4-6 yrs, Thursdays, 1/11-3/7, 5:30 - 6:15 PM, Fretterd Community Center, Room 104, \$89.

Advanced (for students who have taken several Super Tots classes):

4-6 yrs, Wednesdays, 1/10 - 3/6, 6:00 - 6:45 PM, Fretterd Community Center, Room 104, \$89.

Recreational Gymnastics

Focused on building good fundamentals, tumbling, and work on the low balance beam, this class is perfect for the young gymnast who is not currently interested in formal competition. Designed to help the recreational gymnast develop skills while having fun, and provide a solid foundation should they decide to move to the next level and join a team. Under the direction of Joan Dyott.

Beginner (1 night): 7-12 yrs, Wednesdays, 1/10-3/6, 7:00 - 8:00 PM, Fretterd Community Center, Room 104, \$109.

Advanced (2 nights): 7-12 yrs, Tuesdays & Thursdays, 1/9-3/7, 6:30 - 7:30 PM, Fretterd Community Center, Room 104, \$189.

The Art of Zentangle (Youth)

If you're looking for a simple, enjoyable way to create stunning artwork, then the Zentangle Method is perfect for you. Not only is it easy to learn, but it's also a great way to unwind and get creative. Start your journey towards mindfulness, creativity, and gratitude by learning to draw in Tangles.



13699 Greensboro Rd, Greensboro, MD 410-482-6897 greaterimpactmd.com

1/9 Intro to Zentangle

1/11 String Theory

1/16 Grid Tangles

1/18 Drama Tangles

Grades 6-8, Tu/Th, 1/9-1/18, 5:30 pm - 7:30 pm, Fretterd Community Center, Room 204, \$19.

Morning Drop-In Pickleball (Adult)

Pickleball has become the fastest growing sport in America. Come join us for two hours of drop-in game time. This program is perfect for adults of all ages and skill levels. Come learn a new sport. Equipment is provided.

18+ yrs, Wednesdays & Fridays, ongoing, 10:00 AM - 12:00 PM, Fretterd Community Center, Gym, \$5 drop-in fee per morning.

Evening Drop-In Pickleball (Adult)

Indoor play will end at 6:30 pm if there is only one court in operation.

18+ yrs, Tuesdays, ongoing, 5:30 - 7:30 PM, Fretterd Community Center Gym, \$50 for Jan – March or \$5 drop-in fee per evening.

Open Gym Basketball

Up for some good competition? Then come out and join the has-been, should have been or could have been for several hours of full court basketball!

40+ yrs, Sundays, Ongoing, ends 2/25, 5:30 - 8:30 PM, North Caroline High School, Gym, \$5 at the door.

Open Gym Advanced Volleyball

Ready for some competition? Come out and join the fun. High energy group of adults. Must have previous volleyball experience.

18+ yrs, Fridays, Ongoing, 6:00 - 8:00 PM, Fretterd Community Center Gym, \$5 at the door. 6, 3/29.

Special Events

17th Annual Daddy/Daughter "Sweetheart Dance"

Escort your "princess" to our special evening full of smiles, dancing and lots of fun. Dad and his Little Princess will enjoy dancing, games, refreshments, and great music. The photo booth is back again this year and will be the souvenir picture they take home that night. A

photographer will be at the dance to take pictures that will be available to order online (one free print will be mailed after the dance). Register early for this very special evening. Registration deadline is February 9th or when spots fill. Dance has limited number of spots so sign those princesses up early!

2 sessions: 4:30 – 5:30 PM or 6:00 – 7:00 PM, 3-12 yrs, Sunday 2/18, Fretterd Community Center, Gym, \$40 per couple, \$5 each additional young lady.

St. Paddy's Day 5K and 1-Mile Fun Run

On Saturday, March 16 at the Fretterd Community Center, join us for our 16th annual St. Paddy's Day 5K and 1-Mile Fun Run! Start your salute to the Irish and your spring fitness conditioning on this certified fast and scenic course through Denton with a 5K and 1-Mile Fun Run. Plenty of lucky surprises await on the course and at the finish. Register anytime through our finish line production partner Seashore Striders www.seashorestriders. at com. Early registrants are guaranteed a commemorative performance tee. This event benefits youth registration financial aid and scholarship fund for recreation programs produced by CCRP

Registration begins at 8:00 AM; race starts at 9:00 AM, Fretterd Community Center.

Pre-registration: \$32 for 5K, \$17 for 1-Mile Fun Run. Add \$5 after February 23. Shirts not guaranteed for late registrations.

Lil' Leprechaun Dash

Kick off the festivities with a 100-meter dash down 4th Street exclusively for youngsters ages 5 and under. Special prizes for all finishers.

Saturday, March 16 at the Fretterd Community Center. \$7 advance registration; \$10 after February 23 or day of event. Dash at 8:40 before the St. Paddy's Day event.



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American Legion Caroline Post 29 9238 Legion Rd, Denton

> Doors open at 5 PM Games start at 7:30 PM

Large JACKPOTS Large PAYOUTS

For more information, call the Legion at 410-479-2708

WORDS MATTER -- help reduce stigma and negative bias surrounding addiction!

Stigma gets in the way of recovery. When a person with substance use disorder finally makes the difficult decision to reach out for help, he or she is often met with responses that are less than helpful, and this is often the result of stigma.

If we want to make an impact on the problem of the opioid epidemic in a meaningful way, as well as all other substance abuse epidemics, we MUST address stigma.

INSTEAD OF...

ADDICT

try saying, person with a substance use disorder.

ALCOHOLIC

try saying, person with an alcohol use disorder.

CLEAN

try saying, person in recovery.

SOBER

try saying, person living in recovery.

Learn how you can help reduce stigma at dontlabelus.org. Find resources at carolinehd.org.



DON'T LABEL US

This project was supported [in part] by Grant #H79T1085742 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). This project is also made possible by the Maryland Department of Health's (MDH) Behavioral Health Administration. The contents herein are solely the responsibility of the authors and do not necessarily represent the official views of SAMHSA, MDH, HHS, or the Federal Government.



Thank you to everyone who came out to the event & to those who bid on trees!

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We appreciate all the sponsors of our Festival of Trees! The event benefited hospice care, supportive care, & grief support services throughout Caroline, Kent,&

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Caroline CASA

Court Appointed Special Advocate

by Amy Horne, Executive Director, CASA of Caroline



The spirit of the holiday season was everywhere at CASA of Caroline last month! On Thursday, December 7, we held our Annual Open

House during the Denton Christmas Parade. Folks enjoyed cakes, cookies, and cider while little ones sat on Santa's lap to share their Christmas wishes. And on Tuesday, December 12, we celebrated our volunteers who are the backbone of our organization with our annual Holiday Volunteer Appreciation Party at the Caroline Culinary Center. Members of the board of directors, along with CASA staff and the Caroline County Circuit Court staff all came together to honor the CASA volunteers who work tirelessly throughout the year to ensure the safety and well-being of children in foster care.

"This past year, our advocates have volunteered more than 360 hours of their time and driven over 2,100 miles to ensure children in our community who've experienced maltreatment receive necessary services and hope for a brighter future", said Amy Horne, Executive Director. "Everyone in this

room plays an important role in the work we do but without our volunteer advocates and their clear dedication to the safety and well-being of children in our community, we could not meet our mission."

In addition to celebrating the volunteers, CASA of Caroline was able to distribute the gifts that the kind and generous staff at Sisk Fulfillment provided again this year. Mikie and Jordan Phillips and Crystal Howell delivered boxes and boxes of wrapped presents to brighten the lives and bring some Christmas joy to kids in foster care. "This is the third year Sisk has played Santa for the kids in care and we are so grateful to them and the joy they spread to the kids and families", said Horne. "Not only do the lists and gifts bring excitement to the children and help the foster families, but they also provide two extra opportunities for advocates to visit and check on the well-being of children and youth in foster care. Sisk's support of our program is invaluable, and we just can't thank them enough!"

Now that the new year is upon us and we're all making New Year's Resolutions, perhaps consider resolving to make a difference to a child in foster care by becoming a CASA volunteer. Volunteering to help others is not only good for them, but for you too! Our next training class will begin in late March, and we are currently accepting applications. For further information on how you can "Change a Child's Story"

or to apply to be a CASA volunteer, please visit www.carolinecasa.org or contact Amy Horne at carolinecasa@ verizon.net or 410-479-8301.

The Governor's Office of Crime Control & Prevention funded this project under sub-award number CJAC-2019-0004 and VOCA-2018-0063. All points of view in this document are those of the author and do not necessarily represent the official position of any State or Federal Agency. This project is supported by a grant from the Maryland Judiciary's Administrative Office of the Courts number AOC-G20CA0225I.

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The Future of Caroline County History

by Chad Dean

As the only currently active countywide Caroline historian, I am used to dealing with the past -- and when I must -- the present. I have researched, written, and published over one hundred articles relating to the history of Caroline County in just the last five years. That volunteer work has led to myriad spots on television, speaking engagements, organizational memberships, paying gigs, impromptu travels, and dozens of new like-minded acquaintances including my wife the prolific Christian historical fiction author.

For once, however, I will be writing about the future. While I do not have a crystal ball, I know enough about the Green Garden County to suggest what is needed and what I hope is received in calendar year 2024. Call them resolutions, call them predictions, call them collectively a wish list, but regardless, here are my January musings:

The Big Five Towns



Denton: Resolve to organize your own municipal historical society. Federalsburg has one. Greensboro has one. Preston has one. Ridgely has one. Each of those towns also boasts of a museum to house its artifacts. Denton owns and operates the Wharves of Choptank Visitor and Heritage Center; that space, or any downtown storefront property, could be utilized as a fulltime historian-staffed tourist destination displaying and interpreting all sorts of town-specific memorabilia -- not to mention an attached BBQ joint or annual festival whose name could be a play on Pig Point.

Federalsburg: Resolve to ascertain the exact date and location of the Federalist Party meeting or rally that is said to have been the inspiration for the name of your town. I am pleased that you celebrated the bicentennial of your incorporation in 2023, but I do not want to have to revert to calling you Northwest Fork Bridge again. If the answer is in the research room of the Federalsburg Museum I will find it along with what local sawmills allegedly supplied lumber for the rebuilding of the nation's capital following the War of 1812, but I am hoping some denizen of that community will beat me to both.

Greensboro: Resolve to figure out once and for all for whom your town is named. Some have speculated the honor goes to Nathanael Greene, a Revolutionary War hero from Rhode Island. There are cities explicitly named for him all over the South, where he served with distinction, but he has no ties here and the timing doesn't truly match. Others say it was for a certain Valentine Green. Who knows, maybe the area powers that be looked around at the farm fields growing crops and called it a day.

Preston: Resolve to re-open a sit-down restaurant in town. I enjoyed Katie Mae's tremendously and heard that a deal for a county businessman to purchase it recently fell through. If we can't have that back, this is where I offer my almost monthly plug for a Buffalo Wild Wings or Cici's Pizza Buffet. I don't care if the population is too small to attract one; I want what I want.

Ridgely: Resolve to properly name and service several local roads in your area. There is a stop on the St. Michaels ghost tour walks I docent called Hell's Crossing. Two hundred-plus years ago, the bars would let out overserved sailors and other revelers at closing time, who would then use the route in question to loudly fight, argue, and stumble their way back to the docks. We have that here -- it's called Hell's Lane by those who know the Ridgely countryside and for similar reasons. Ninetown Road is the current name of that stretch and it is mislabeled; the sign the county erected as Dean Road when designating 911-compliant addresses in the 1990s was placed on the dirt path where the actual Ninetown village, consisting of you guessed it, nine ramshackle dwellings, originally was. While working on that switch, maybe River Road north of the high school can be fully opened for the first time in a couple decades and Ridgely can also finally get a stoplight at the intersection of Maryland Routes 480 and 312. If Preston, with a smaller population and thus less traffic, was able to secure one at the corner of Maple Avenue and Route 331, Dream City can finally realize the dream that civic leaders have been lobbying the state for since at least 1956.

The Other Five Municipalities

Goldsboro: Resolve to have additional pro wrestling events at the fire hall. You knew I was going to work that topic in somehow. Maybe feuding county politicos could settle some scores in the ring. The booking of that fantasy card may just end up being my April Fools' column. Eureka!

Henderson: Resolve to give Lloyd Carleton Gooden his due. This upcoming year will mark the 25th anniversary of the death of Ragged Robin, which was his trail name. He completed the Appalachian Trail in 1978, which is a remarkable feat for anyone but even more so when considering Mr. Gooden was pushing 60 years old. Ragged Robin hiked over 45,000 miles in the desert Southwest, Pacific Northwest, New England, and elsewhere as part of his beloved hobby.

Hillsboro: Resolve to acknowledge the presence of Charles Willson Peale in your vicinity. While he only lived there briefly, when the town was known as Tuckahoe Bridge, Peale went on to become a nationally if not internationally-renowned painter including iconic portraits of George Washington, Benjamin Franklin, John Hancock, Thomas Jefferson, Henry Knox, the Marquis de Lafayette, and Alexander Hamilton among others. Chances are if there is a painting of a Founding Father from the era of the American Revolution, he produced it.

Marydel: Resolve to resuscitate your railroading past. The Delmarva Railroad Heritage Museum shared online several years ago a picture of a blue engine with "CHESAPEAKE" on the side in town for a 1994 Christmas celebration. I dare say it is not there now, and moreover, the train tracks and station have long since been removed, covered up, or repurposed. You also have the celebrated duel between James Gordon

Bennett, Jr., and Fred May that made headlines around the country during the burgeoning golden age of yellow journalism to use to your advantage vis-à-vis tourism as well.

Templeville: Resolve to build a temple, perhaps dedicated to Temple family ancestors who settled the area in the mid-1700s. The most famous progeny of that family is likely William Temple, who served Delaware as its governor, as a state legislator, and as Congressman. Not at the same time of course; he was no Huey Long, but then again, who is.

Honorable Mention

American Corner: Resolve to book more country and bluegrass concerts. I still have Clay Walker, Trace Adkins, Jamey Johnson, Clint Black, Steve Wariner, Toby Keith, and Flatt Lonesome on my must-see list.

Two Johns: Resolve to expand by at least one John, maybe more. The original albeit singular namesake who lived

nearby on 400 acres during the 1880s and 1890s, sometimes performing for guests visiting his mansion on a floating stage at the banks of the Choptank River, girthy vaudevillian John Stewart Crossy, would be pleased.

West Denton: Resolve to formally delineate East Denton, North Denton, and South Denton on a map. Compete district versus district in the style of The Hunger Games. Will Chadniss Everdean participate? Time will tell, but I do wind up being a "galvanizing symbol of rebellion" on a regular basis. May the odds be ever in your favor.

Resolve to enjoy your semiquincentennial in 2024, Caroline County.



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Tips to Becoming a Non-Smoker in 2024

By Heather Grove, BSN, RN

Your life is valuable. Smoking is lighting your money on fire and watching it burn away all while taking precious years off your life. Each new year comes with new beginnings. We think about things we want to change to improve the quality of our lives. If you smoke cigarettes, you've probably at least thought about quitting.

Most people that smoke do want to

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Health Corner

quit. There are financial, physical, and psychological reasons to quit. This 2024, embrace your life by making the decision to be smoke-free. It's a journey and you are the only one that can make it happen.

When the time is right for you, do some pre-planning to increase your chances of being successful.

Think about your personal reasons for becoming a non-smoker, why is this important to you?

- Do you want to save money?
- Improve your health?
- Take back your freedom?
- Set a good example for your kids or grandkids?

Now think about why you smoke and what you enjoy about smoking.

- To relieve stress?
- To "get away" or take a break?
- To be social with friends?

When you are ready to become a nonsmoker there are a few things you can do to prepare:

 Think about and write down your personal reasons for becoming a non-smoker.

Tips, Classes and Programs to help you live healthier!

- Decide on your quit date. Write it down or put it in your phone.
- Become aware of your triggers.
 People, places, times you are most likely to smoke.
- Think about what you can do to avoid smoking during triggering situations. Some of these times might be your morning coffee routine, when you're driving, when you'd normally take a smoke break at work, or when you're feeling stressed. Make a plan ahead of time.
- Consider reaching out to the health department for resources or call Maryland's Quitline at 1-800-QUIT-NOW to work with a trained quit coach.
- Learn about medications that can help you quit. If you choose to use medications, the cost is sometimes covered by insurance or the Quitline.
- Stock up on oral substitutes like gum, carrot sticks, or hard candy.
- Tell people you are quitting and let them know how they can support you. Do you want help planning things to do to keep busy or do you prefer extra help around the house so you can have some quiet time to rest and relax or maybe a mix of both? Do you need extra encouragement or others to be mindful not to smoke around you?

On or before your quit date, get rid of all cigarettes, lighters, ash trays, etc. There is no reason to keep a pack "just in case". The only reason to have cigarettes is to smoke them. So when you're ready to commit, they all need to go!



During your quit attempt:

- Delay yourself when a craving strikes - it will pass in a minute or so!
- Drink lots of water.
- Exercise if you can.
- Make your house and car smoke-free places.
- Keep straws handy, cut them in half and use them to mimic the hand to mouth motion of smoking.
- Distraction is a powerful tool for cravings. Do something different! Change things in your routine. For example, if you always smoke with your morning coffee, have your coffee in another room and brush your teeth immediately after instead of going outside to light up.
- Have a plan for dealing with stress. Stress happens whether

you smoke or not but taking a smoke break does a few things - it usually removes you from a stressful person or situation and has you taking deep breaths without even realizing it during the act of smoking. Guess what? As a non-smoker you should still take those breaks! Walk away if something is stressing you out, take some deep breaths, pull up a game or video on your phone or reach out to a friend to chat.

Finally, celebrate your success! Each cigarette you don't smoke and each day you go without smoking is a success. Those moments and days will add up to weeks, months, and years as a nonsmoker and that's something you can be proud of!



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Greensboro Lions Club

King Lion Joe McCarthy gave an excellent presentation concerning diabetes. Forms were distributed that can be used to detect if your level of diabetes may be at risk.

Our club donated \$102 on a request from "Wreaths Across America."

Club members met at our ball park for a cleanup day on Dec. 9th clearing bushes, wild growth, etc.

Lion members will meet at the Easton Elks Lodge on January 13 in order to sort hundreds of used eye glasses that are to be recycled. Greensboro Lions donated approximately 175 pairs of glasses and 10 hearing aids for recycling.

Several Lions (11) helped with the Town's Christmas lights on November 25. One bucket truck was supplied by Delmarva Power with Mike Fisher and a second truck was supplied by J. R. Smith with Colby Benton on the truck.

Lions River Christmas Tree – The tree appeared to have been flown into the Greensboro River Dock miraculously decorated with new LED C-9 lights at 11 AM on December 2nd. Eleven Lions welcomed friends of the Lions Rob Buttrum, Mike Pasta, Rob's grandson, Rory Brocabo and King Lion Joe McCarthy

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at the boat ramp having to route their way up the mighty Choptank. The tree was loaded on their boat and put in place for everyone to see along with Greensboro's beautiful lights. All were treated to doughnuts and coffee afterwards.

Christmas Parade – Lion John Laddbush decorated our Christmas parade float and entered it along with children who distributed candy throughout the parade route.

Our Annual Sporting Clay Shoot at Schrader's will take place on February 24th. Lion Bill Satterfield will have details.

Future programs include Kenny Wood, Lifetime Wells International and a representative from Compass.

Greensboro Lions meet the 1st and 3rd Tuesday of the month at Wheatley Hall (St. Paul's ME Church) at 6:30 p.m. Our membership is open to anyone interested in the community's well being. Call Lion Allen Kinnamon at 302-398-3899 for reservations for a free meal and friendly companionship.

Marydel Lions Club

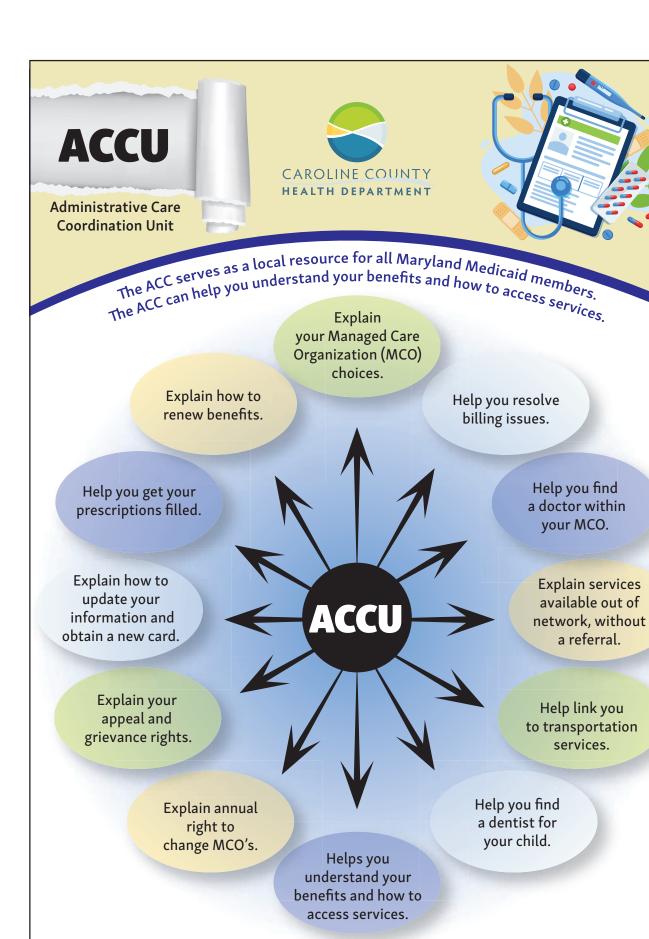
The Marydel Lions Club has distributed a major portion of the budgeted July 1, 2023 through June 30, 2024 community grants with the remaining funds ready for release within the next few weeks. Thanks to the extremely positive, public response to our various fundraisers and the excellent, creative advertising displayed in the Caroline Review, our club was able to increase our total grant funds by 60% over the previous year.

Plans for events in 2024 to raise funds to benefit the folks in our surrounding communities and environs include two 'Always A Winner' 50/50 Raffles, 'Eastern Shore Style BBQ Chicken Dinners', Painting Parties and 'Lee's Bees Local Raw Honey'. Preliminary plans are also underway to explore the possibility of having a Marydel Community Appreciation Celebration Day at the Marydel Park in mid-Summer.

Please know that 100% of all funds raised by our club fundraisers are returned to the children, youth, families, adults and seniors of the Maryland and Delaware Mason-Dixon Line communities and environs of the Marydel area through the club's programs and projects.

As always, membership in the Marydel Lions Club is open to all those women and men who feel called to serve the Maryland and Delaware Mason-Dixon Line communities and environs of the Marydel area. Questions and comments on membership and program activities can be satisfied by contacting Lee Voshell at leevoshell@gmail.com or 410-482-8510 or Terry Higgins at terryhiggins38@outlook.com or 302-363-5823.

We are now on Facebook at Marydel Lions Club



For more information call 410-479-8189 or visit www.carolinehd.org

"I Can Run A Trot Line"

by Bryan Gadow

One thing, they say, leads to another. And so it is that a piece at a time a puzzle came together. To the 1940's, when two sons of Preston, "Biggest Small Town in the USA" went into partnership to sell farm supplies, hardware and Case tractors. O.B. Blades & Clarence Phillips built a modern concrete block building halfway down what was then Maryland Avenue adjacent to an older building Mr. Blades owned. By the end of the fifties the partnership was dissolved; a body repairman named Eldon Messick rented the block building and hired a young assistant, Ducky Gadow. In the

meantime, O.B.'s brother, A.T.Blades (founder and head of the mighty Preston Trucking Company) needed some space. See, even the most careful shipper occasionally damages some freight. When it happens, well, the company pays for the item and takes ownership. A.T. rented his brother's place to store the goods. As it piled up they started opening up to the public to sell the merchandise. At some point they hired a young man with experience in the grocery business, one Bill Jones.

Eldon bought a boat, and decided he liked it better than running a body shop. Duck found himself in business for himself; it was later that Mr. Blades passed away and Dad purchased both buildings. Imagine that: a landlord to the largest business in the county! At some

point he struck up a conversation with Bill next door. Their backgrounds may have been a bit different but in comparing notes they found both loved to hunt and fish. A friendship grew.

Once, in the seventies, Dad spotted a small fiberglass boat at the Preston Salvage, except it wasn't a boat: it was the top for a high-top conversion van. The price was right so Dad went to work creating something seaworthy (or, at least, creek-worthy.) It took quite a bit of bracing with lumber to make that flimsy thing safe but, more or less, it worked.

We used to catch crabs off of the rickety wooden Hunting Creek Bridge. A length of clothesline with a chicken neck tied to the end, and a net, and you were in business. As kids, we learned the basics. Slowly, ever so gently, we'd lift that rope. "Feels heavy, Dad! I think I got one!" You had to be gentle not to lose them, and quick with the net. Once landed you better measure to make sure the crustacean is legal. My first spoken phrase, so legend says, was in answer to the question: "Bryan, how do you measure a crab?" "Point-to-point!" Hmm...might be a good title to a book someday. These days you can get free plastic measuring sticks but back then Dad made his own, from an old piece of redwood fence. I still have it. If it never again touches a crab, it will touch me. Later Dad bought some traps, ingenious wire cages that you drop in the water. When they hit bottom the sides fall open, the crab wanders in to dine on the chicken neck, and when you lift the rope the sides close shut. A lot less drama for 7 year old boys; now I can't mess up! And so it was that at some point before the seventies were in the history book Gadow & Son were motoring up Hunting Creek, a string of crab traps spread out just north of the bridge with old bleach jugs for floats. As Dad worked a fussy 7.5 horse Chrysler outboard, young Bryan reached his little hand down into the warm waters and grabbed for the rope hanging from the float. Sometimes he'd miss, but Dad never complained; we just made another pass.

Professional crabbers looked down their noses at "chicken-neckers". Bill Jones was not a chicken-necker. It was the eighties.

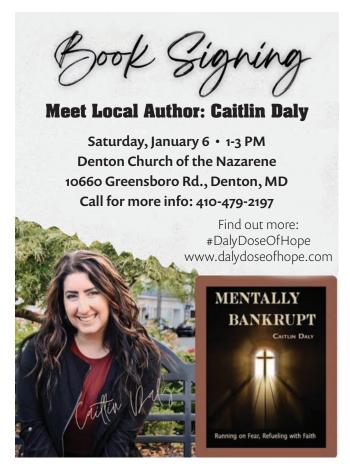


The man my Dad always called "Jonesy" had a '72 Mako 17 center console with a 100 horse Evinrude, a "real" boat. And he had trot lines. What are they? I don't know how long they were but would I be wrong to guess a half-mile? A short length of eel was cut up and tied to the line, perhaps every 18". To each end was a heavy chain hooked to an iron weight, to hold it down, and a 5 gallon pesticide jug as a float (so you could find and grab it.) The line was stored in a big plastic trash can. Saturday morning Bill would toss the weight and float out the back of that Mako then idle along as the line sped off into the waters stirring behind us. After a bit of time he'd motor back to the beginning and idle that Evinrude up to the start, grab that rope and lift it up on a home-brew roller hanging off the side of the boat. Bill had fashioned it using rubber rollers from an old wringer washer and he expressed concern just once about what he would do when they wore out. For some reason this remained a constant concern to me: what would Bill do, what would he do?

Slowly the baited line lifted up out of the water, over the roller and back down beneath the sea. Crabs are a greedy sort so they will blindly continue eating while they ride this escalator. Be ready with your net; on a good day you can fill a basket quick. I can remember days when the catch was so great I can only assume they must have sold their excess. "Real" crabbers, the sort who rely on the water to pay the mortgage, change the bait daily. The old fashioned waterman would have his wife do it in the afternoon after he got back in, but Bill just dumped rock salt all over the line as it was put away each day. Eventually Jonesy tied the two lines together; we were starting to look like we knew what we were doing (or, at least, Bill was!)

Bill and Dad and me, every Saturday morning, sometimes Sunday, too. Always, as I recall, the same spot, where the crabs were the fattest: the Miles River, on a straight length of water just off a skinny peninsula. None of us knew who lived there, in that fancy house with snazzy cars, but the men came up with a name and it stuck. I can't exactly bring myself to repeat it to you here but...they decided this fellow was so rich that he had two of everything. I don't guess his given name really was Richard, but they called him Double...

Yeah, I learned some things. Sat back and absorbed. I rarely worked the line, never ran the boat. Didn't say much. Listened. Two men, blowing off steam with good, clean fun on the weekend. The conversation never turned to politics or religion. Dad might have been worried sick about his business; Bill's darling little daughter was fighting cancer, and don't think that wasn't on his mind. They talked about those things sometimes, and gave a little encouragement to each other. But mostly, they told tales, made each other laugh, and soaked in the day. I heard stories these fellas would never tell their girls, like what made Dad cut a date short one night, or what happened to Bill's hat the day he skipped school. Not yet recognizing the beauty found in the sound of silence, this young teen would take along his boombox so he could listen to American Country Countdown while we ran the line. Jonesy liked the lyric "I can run a trot line" from the song, "A Country Boy Can Survive". He also had some good comments to go with Charlie Pride's "I'm Gonna



Love Her on the Radio" but we won't go there.

It seemed as though there might have been a thousand of those summer days, though I now realize those days numbered only in the dozens. There was a first time, one I don't remember, nor do I know when the last trip came. They all run together, simple memories like running my hand down into the ice in the cooler to grab a root beer (or a Natural Lite for my companions). The food was great, as terrible as it was. Something about a cold honey bun, or roast beef sandwich, fresh out of the Igloo. Earlier today I cracked up at a memory: whenever anything would go wrong, like a sudden rainstorm or a motor that wouldn't start or something flying overboard, oh, I can hear it now in Jonesy's voice, echoing the old beer commercial: "Well, boys, it just don't get no better than this!" I can still hear him cackling!

It's over now, you know. Never again will Bryan & Ducky & Bill go crabbing down to Miles. The body shop is gone. Dad has gone to his reward. The salvage store moved across town and later Jonesy came to own it. He's retired now; I don't run into him much anymore. Way back when, he used to tell me I'd have to grow up and write a book about those exploits. I might get there yet.

As for that Hank, Jr. song, well, I never was much good with a gun. Never owned a four wheel drive. Don't have much of a green thumb. Don't drink whiskey, don't roll smokes. Well, heck what good am I? Hey, Dad. Hey, Mr. Bill. Thanks.

I can run a trot line.

Community Calendar

ONGOING

Lions Durable Medical Equipment Loan Closet. If you are in need of a piece of durable medical equipment, have your caregiver or healthcare provider contact a Lions Clubs near you to see if we can assist you. To contact a Lions Club near you search www.lions22B/projects.

SUNDAYS

Worship Services at Eternal Life Ministries at 10 AM and 3 PM at 807 Market St., Denton. Contact: Brother Mike at 410-714-4793.

Please join us in person at **New Beginnings UMC** at 12020 N. Central Ave Ridgely at 10 AM. Virtual via YouTube #NBUMC or Zoom meeting ID: 242 506 3045 Passcode: 421282.

Bethesda Bible Adventures, a new series of lessons based on animals featured in the Bible, has started at Bethesda Methodist Church, 155 Main St. in Preston. Children 4 years and older will experience active fun and learning every Sunday from 9 AM-10 AM.

MONDAYS

The Ridgely Lions meet on the 2nd and 4th Mondays of each month at the Ridgely United Methodist Church Social Hall, 107 Central Ave. in Ridgely at 6:30 PM. For more info on the Ridgely Lions go to www.ridgelylions.org or www. facebook.com/ridgely lions club. We are always seeking new members who are interested in serving their community.

FIRST MONDAYS

The Greensboro Historical Society, 104 E. Sunset Ave., meets each month on the first Monday at 7 PM.

TUESDAYS

Tuesday Bingo at Denton American Legion Post #29 at 7:30 PM. Doors open at 5 p.m. Snacks and drinks available for purchase at break. Info 410-479-2708.

English as a Second Language Classes from 9-11 AM. at Aaron's Place, 401 Aldersgate Drive, Denton. Any questions, please call 443-243-5906.

Zumba Classes at 6 PM with instructor Maria Draves at Aaron's Place, 401 Aldersgate Dr, Denton.

THIRD TUESDAYS

Caroline County Chapter of Maryland Right to Life meets at St. Benedict Family Life Center, 4th Street, Ridgely, behind the church. Regular meeting at 7 PM; committees meet 6 PM. All are welcome to help us defend life, educate the public, and work for legislative change. Info: call or email chapter president Tom Lough, 443-996-3024 or email Upcycle1atatime@gmail.com.

WEDNESDAYS

Ridgely Volunteer Fire Department offers Line Dancing every 2nd Wednesday of the month from 6-8 PM. Cost is \$5 per person, children 12 and under are free! An instructor will teach you 1-2 new dances each week and then there will be social time to show off your dance moves. It's a fun time and open to all. The Firehouse is located at 101 Sunset Boulevard, Ridgely. For more

information, call 410-634-2424 or email ridgelyfd@comcast.net.

Christian Fellowship from 6:30 – 7:30 PM at Bethesda-Preston Methodist Church. For questions, contact Pastor Paul Lewis, 155 Main St., Preston, 410-610-8111, Plewis777@yahoo.com.

Community Civic League Food Pantry, 3439 Laurel Grove Road, Federalsburg. Wednesdays, 4 - 6 PM or by appointment. Free food and clothing. Contact: 302-604-4216 or 410-754-6011.

In person **Bible Study** at 6 PM, Eternal Life Ministries, 807 Market St., Denton.

Wednesday Bible Study at 7 PM at Calvary Baptist Church. Questions: Contact Don Reynolds, Pastor of Calvary Baptist Church, 1120 Market St, Denton, 410-924-6404, donaldwreynolds@comcast.net, www. calvarybaptistchurchofdenton.org.

The Ridgely Lions Club supports the Ridgely United Methodist Church with their weekly "Food Pantry from 2-6 PM. Folks in need can pick up a grocery distribution behind the Church on Central Ave in Ridgely. For more information, contact Lion Shad Brannock at ridgelionsec@gmail.com.

Come out and join us for **Mommy and Me classes** from 9 AM to 1 PM at Aaron's Place, 401 Aldersgate Drive, Denton. Discussion for health and wellness, baby diapers and needs and care for mommies. Any questions, please call 443-243-5906.

WEDNESDAYS & THURSDAYS

Exercise-Exercise! One hour exercise classes at 11 AM at Aarons Place, 401 Aldersgate Drive, Denton. Please call 443-243-5906 if any questions.

FIRST THURSDAYS

The Activities Singles Klub (ASK) holds its meetings the 1st Thursday of the month. Meetings are held at the Elks located at 502 Dutchman's Lane in Easton. Single, widowed, divorced and separated individuals are invited. Feel free to come visit with us. We meet at 4:30 PM for social time, dinner will be at 5:00 PM and the meeting will follow dinner. For information call Gladys at 410-822-6205.



SATURDAYS

Upper Shore Genealogical Society of Maryland - The Research Center/Library is located at 12156 Greensboro Road, Greensboro. The hours of operation are most Saturdays, from 9 AM - 2 PM. The Research Center is usually closed on holiday weekends and dates of membership meetings. Particularly for out of town researchers, the Research Center can be visited by special request. Email us at usgsmd@yahoo.com. Membership meetings are held at 1 p.m. the second Saturday of January, March, May, September and November. Locations may vary, but will be posted on the website at usgsmd.org and our official Facebook group (https://www.facebook.com/groups/usgsmd) prior to meetings.

Preston Historical Society Museum, located at 167 Main Street, Preston, will be closed January through March, but will reopen in April. For more information visit www. prestonhistoricalsociety.com or call 410-924-9080.

Men, **join us for "Men Praying Together"** at 8:30 AM every Saturday. Come fellowship with other believers and be strengthened and inspired. Calvary Baptist Church, 1120 Market Street, Denton. Contact: 410-924-6404. donaldwreynolds@comcast.net https://calvarybaptistchurchofdenton.org/

FIRST SATURDAYS

Community Civic League Breakfast, 3439 Laurel Grove Road, Federalsburg. Every first Saturday, 7-10:30 AM. Scrapple, sausage, eggs, potatoes, applesauce, biscuit, oj, coffee. Cost is \$8. Local delivery available. One free breakfast to anyone who attended the original school or day care. Contact: 410-754-6011 or 410-924-0552.

SECOND SATURDAYS

Giving Grace Food Pantry held at Goldsboro Fire Co., 700 Old Line Road, Goldsboro. Food available from 7 AM until. For more information, call 302-270-1948. Sponsored by Trinity United Methodist Church, Goldsboro.

The **1809 Exeter House** (Old Denton Road, Federalsburg) will be open for tours on the second Saturday of each month, from 10 AM to 2 PM. Admission is free, but donations are welcome. Exeter, located at 408 Old Denton Road in Federalsburg, is one of the oldest remaining structures in southern Caroline County, dating back to around 1800. Many of its early residents were millers who worked in the grist mill across the road on the Marshyhope Creek. Docents will be available. Admission is free, but donations are welcomed! For more information, please contact 443-434-3114 or federalsburgmuseum@comcast.net.

Eternal Life Ministries will have Fish Dinners available from 11 AM until 3 PM. We are located at 807 Market Street in Denton. For more information please call the church at 410-714-1087 or 410-725-1484.

Men For Change Outreach will meet every second Saturday, from 11:30 AM - 1:00 PM at the Apostolic Pentecostal Church, 123 Liberty Road, Federalsburg. Contact: David Ricks, Sr. 443-786-5182, or Betty Jarman, 302-448-5939.





SUNDAY, JANUARY 7

Start the new year off right with God! Join us for "New Beginnings Sunday". Sunday School at 10 AM and worship at 11 AM and 7 PM every Sunday. Calvary Baptist Church, 1120 Market Street, Denton, 410-924-6404, donaldwreynolds@comcast.net , https://calvarybaptistchurchofdenton.org/

MONDAY, JANUARY 8

Grocery Bingo at the Cordova Firehouse. Doors open at 5:45 and games begin at 6:30. Refreshments are available for purchase. For more information, call Betty Ann at 410-253-5550

Caroline County AARP Chapter 915 meets at noon, with a covered dish luncheon at the Church of the Nazarene in Denton. Have a fun time playing BINGO with prizes! Guests and new members are welcome. For more information, call 410-482-6039.

FRIDAY, JANUARY 12

The Caroline County Garden Club will hold its monthly meeting at 10 AM at Ridgely United Methodist Church, 107 Central Avenue in Ridgely. A guest speaker will giving a presentation on landscaping following the business meeting. For more information on the meeting or the club call 410-253-9540 or visit Facebook at "Caroline County Garden Club-Maryland."

SUNDAY, JANUARY 21

Join us for "Celebrating the Blessings of 2023" with a 20-minute DVD put to music and produced by our own Wayne Wiley as part of our worship. Sunday School at 10 AM and worship at 11 AM and 7 PM every Sunday. Calvary Baptist Church, 1120 Market Street, Denton, 410-924-6404, donaldwreynolds@comcast.net , https://calvarybaptistchurchofdenton.org/

Debbie's Avon

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If you are looking for income or extra income, contact me I can help you out.

SUNDAY, FEBRUARY 4

Join us as we combine our 10 AM Sunday School hour with our 11 AM worship service for a special "World Missions Day" with China Missionary A.B. Childs sharing in both. Sunday School at 10 AM and worship at 11 AM and 7 PM every Sunday. Calvary Baptist Church, 1120 Market Street, Denton, 410-924-6404, donaldwreynolds@comcast.net , https://calvarybaptistchurchofdenton.org/

MONDAY, JANUARY 15

The Lockerman Schools Association will host the 12th Annual Martin Luther King Jr. (MLK) Day Unity March/Day of Service. Assemble at 9 AM at Lockerman Middle School. March begins at 10 AM and concludes at the Caroline County Courthouse on Market Street. After the March, and "I Have a Dream Speech", bag lunches will be distributed to everyone. To date mask(s) are optional; we will make the adjustments to this as required by Maryland/CDC/Caroline County updates. Our Community Service Project is in partnership with His Hope Ministries. We are asking everyone to help and bring donations of: paper products, cleaning supplies, trash bags toiletries, soap, shampoo, nonperishable items and canned goods. *Churches and organizations are encouraged to march with their banners. Contact: Wanda Molock at 410-829-7338 or wanderful12001@gmail.com, Janet Fountain at 410-829-2844, janetfountain@aol.com.

SATURDAY, MARCH 9

Cordova Day from 10 AM-2 PM at the Cordova Firehouse. For more info call 410-820-213.

2024 Sportsman Bash Sponsored by the Caroline/Dorchester Fair Board



Saturday, FEBRUARY **24**

PRIZE DRAWING EVERY 15 MINUTES

50/50



CASH PRIZES

FIRST NUMBER DRAWN AT NOON \$30 ticket: NO ENTRY to the event – BUT includes chances for prizes \$60 ticket: Includes entry, door prizes, food & drinks and other prize opportunities.

For more information, call Tab at 302-566-8076. Tickets will be purchased online through the website at www.carolinedorchestercountyfair.com.

Caroline 4H Park, 8230 Detour Rd., Denton, MD

MMUNITY

Providing Resources and Services for Caroline County Families in Need

Wednesday, January 31 • 9 AM to 1 PM St. Luke's United Methodist Church 100 S. 5th Avenue, Denton, MD



FREE LUNCH PROVIDED

FREE TRANSPORTATION TO AND FROM THE EVENT

Pick-up times:

10 AM Walker's Store,

Marydel

10 AM **Federalsburg** Library

Laurel Grove

10:15

Kinnamon's Store. 10:20

Greensboro

Will depart the event at Noon to return visitors home.

For more information call Beth at 443-448-7297

Sponsored by the Caroline County Local Homeless Board

(FACES) Fiber Arts Center of the Eastern Shore

7 N. 4th St., Denton, MD 410-479-4296 info@fiberartscenter.com

Beginning Needlepoint (2 hour sessions)

Jan 5, and Jan. 18 10 AM- 12 PM

Session 1: You will learn the Half Cross stitch and the Tent(Continental) Stitch by making two coasters on plastic canvas and then start on a needlepoint canvas bookmark.

Session 2: You will learn the Basketweave Stitch, making another plastic canvas coaster, finish the bookmark and start on a 4" X 4" needlepoint.

Cost is \$25 for members and \$35 for non members. Supplies are \$15 payable to instructor Victoria McConnell. Limit 8 students Please bring small scissors. Contact Victoria 410-253-9716 to sign up.

Beginner Hand Quilting Class

January 6, 10 AM – 1 PM

\$35 Member, \$45 Non Member (includes pattern and instructions)

Let's start the new year by learning a new sewing skill of yesteryear, fine hand quilting! This class will broaden your horizons as you begin a new adventure in quilting! There's much to be learned including the use of proper tools, basting and quilting stitches, types of batting, thimbles, marking tools, thread, hoops and frames as you stitch a lovely 18" whole cloth quilt. Enhance your quilting experience and learn first hand how enjoyable hand quilting can be!

Class instructor will also have kits available for a fee of \$15. Call Kay Butler to sign up, get supply list, and any additional questions at 410-829-5136.

Adelina's Floral Garden Applique Quilt Classes

Jan. 19, Feb. 23, March 22, April 26

Cost: \$60 Members \$70 Non Members

Time: 10-2. Instructor: Kay Butler

Adelina's Flower Garden is a mid-nineteenth century New York appliqued quilt with a folk art appearance to the blocks. You will have the opportunity to create this lovely quilt as we delve into the world of back basting applique. The floral quilt contains 12 applique blocks each measuring 22 inches square. For the first session, we will be focusing on four floral blocks.

If you wish to make a wallhanging, call Kay for fabric requirements.

Pattern will need to be purchased ahead of time (\$40) and can be obtained from Kay Butler. For supply list or questions, call Kay at 410-829-5136.

(continued on next page)



The Olde Kent Quilters Guild is a member of the Fiber Arts Center of the Eastern Shore and was founded in Chestertown, Maryland, on the Shore of the Chesapeake Bay, in 1995 and currently has approximately 80 members.

The WPA Reproduction Quilts Project Show will be on exhibit at the Fiber Arts Center from January 17 through March 9, 2024. The show is free and open to the public during our regular hours of Wednesdays through Saturdays, 12:00 - 4:00pm.

The Fiber Arts Center Offering Stringed Star Quilt Class



January 20, 9:30-3:30

\$40/Members. \$50/Non members

Instructor: Alice Kish

This quilt is based on a 1930s 5 pointed star from Texas. In the 1930s every scrap of fabric commonly called "strings" was used to create quilts. We will learn in class the techniques used to create string quilts and the layout for the completion of this large quilt or using the techniques for a smaller version.

Please call FACES for supply list.

Beginning Crochet

Feb. 14, Feb. 28, March 13, March 27 \$40 Members/\$50 Non Members 10:00 - 12:00 PM

Class Supplies:

Crochet hook - J

One skein of cotton yarn (Peaches and Cream can be found at Walmart)

Spring Designer Purse, Pampered Chef & Thirty One BING Featuring Coach, Kate Spade & Michael Kors Purses,

Featuring Coach, Kate Spade & Michael Kors Purses, Pampered Chef Bundles and Thirty-One Bundles

Hosted by the Caroline/Dorchester County Fair Board

Bring some extra cash and participate in our Egg Game & Chinese Auction

Sunday, March 3

Caroline County 4-H Youth Park 8230 Detour Rd off MD Route 16 West, Denton

Doors open at Noon, games begin at 2 PM. Tickets are \$30 in advance; \$35 at the door. Includes 9 card admission pack, quickie game card, 1 raffle ticket and a door prize ticket.

Dampered Chef

20 Games plus Quickie Games

TIE-BREAKER PRIZES • RAFFLES
DOOR PRIZES • 50/50

Information: Call Beverly at 443-786-6438. Tickets will be purchased online through the website at www.carolinedorchestercountyfair.com.

Pre-Sale of Pit Beef Dinner

Dinner features our famous pit beef, macaroni & cheese, green beans, and applesauce.
Dinners are served from Noon - 2 pm.
Kitchen will be open selling other food and drinks.

Proceeds to be used for Operational Expenses of the 2024 Caroline/Dorchester County Fair.



Save the Date

The 2023 Caroline/Dorchester County Fair is Aug. 7-10

Small scissors

Paper/pencil for taking notes

Class Description:

In this beginner crochet class, instructor Helen Ruiz will be teaching a combination of crochet stitches to form patterns. Students will quickly advance to complete a project of their own choosing

This class is filling up fast so be sure to contact Kay Butler (410-829-5136) to sign up today!



Deed Transfers

Muhammad Arif Ullah to LO Properties, LLC, 310 Caroline Street, Ridgely, \$150,000.

Delmar L. Boss, Jr. and Constance C. Boss to Ty R. Butler, 107 Fooks Avenue, Preston, \$40,000.

Roberto A. Rodriguez to Osniel A. Yanes Cardenas, 12051 Lincoln Street, Ridgely, \$40,000.

Ramon S. Hart, III and Erika A. Hart to Jacob Ford and Danielle Ford, 14421 Clarks Lane, Ridgely, \$430,000.

Daniel Fox to Michael Anderson, 102 Smith Street, Federalsburg, \$6,404.36.

Dennis A. Lannon, Jr. to Sean M. Carr, 13274 Greensboro Road, Greensboro, \$260,000.

The Estate of Raymond H. Reeves, Robert L. Stacey and Rosemarie R. Stacey to Mark Briner, 102 Main Street, Preston, \$135,000.

Alex A. Adcock to Eric Campbell, 12938 Locust Lane, Greensboro, \$340,000.

Triple Tree Lads, LLC to Aroldo Escalante Ortiz, S/S Bee Tree Road, Henderson, \$13,500.

Jessica F. Marine and Brent A. Marine to Glanden Construction, LLC, Lot 2, Craft Road, Preston, \$50,000.

Kathleen Denise Bell to Tyler A. Hawkins, 11145 Branch Court, Denton, \$340,000.

Mary Ann Palmer and Michael C. Porter to Kenneth C. Porter and Marcia R. Porter, 14152 Cedar Lane, Greensboro, \$125,000.

The Estate of Mark S. Marus to Douglas F. Allen and Rosa J. Cabrera, 110 S. 8th Street, Denton, \$315,000.

Norris L. Craft, Jr. and Judith R. Craft to Eric M. Padgett, 225 Morris Avenue, Federalsburg, \$60,000.

Trevor V. Higgs and Alison M. Keats to Tonise Ceclia Marshall, 111 Maple Avenue, Goldsboro, \$240,000.

Clinton O. May, Jr. to Rest-Re, LLC, 27709 Bright Road, Goldsboro, \$68,000.







Ramish Yuhana-Scott and Gary Scott, Sr. to Eric Nielsen and Brittany Nielsen, 1709 Cattail Commons Way, Denton, \$380,000.

Margaret L. Hubbert and Doris A. Zebley to Mark Allen Jones and Chris Noel

Jones, 307 S. University Avenue, Federalsburg, \$125,000.

Douglas Jones, Jr. and Judy Mowbray to Jason Emory Williamson and Donna Marie Rice, 2821 Guard Road, Federalsburg, \$55,000.





TFM to Don William Henry, Jr., 109 & 111 Greenridge Road, Federalsburg, \$20,000.

Tac Utilities, Inc. to Anthony Ramone Patton, 534 N. Sixth Street, Denton, \$20,000.

The Estate of Blanche M. Bedwell to Robert B. Jarrell and Kristin Jarrell, 411 Main Street, Goldsboro, \$65,000.

The Estate of Blanche M. Bedwell to Robert B. Jarrell and Kristin Jarrell, 413 Main Street, Goldsboro, \$70,000. Toni Felicia Beulah and Timothy Kenneth Bailey, Jr. to Patti Joy Snow and Korey A. Snow, 3336 Tanyard Branch Drive, Federalsburg, \$38,000.

Henry F. Croghan, IV to Elmer P. Riehl and Lydiann B. Riehl, E/S Md. 454 NW of Marydel, \$78,000.

Ty Vincent Stanley, Sr. to Frederick W. Merkle, III and Maria A. Merkle, 24320 Mallow Drive, Preston, \$350,000.

Joseph F. Witek to Qasim N. Rana, 1901 Blue Heron Road, Denton, \$260,000 Drapers Mill Road, LLC to Jason L. Bell, 14235 Drapers Mill Road, Greensboro, \$60,000.

Alejandro Homes, LLC to Wendy J. Hutson, 311 Academy Street, Greensboro, \$325,000.

Saundra Maria Foster to Velma A. Thompson Nichols, 22105 Tanyard Road, Preston, \$160,000.

Wesley H. Parks, III to Wesley Howard Parks, IV, 309 Mallard Drive, Greensboro, \$220,000.

Ryan M. Maloney to Marvin H. Quinto and Heidi A. Quinto, 11810 Greensboro Road, Greensboro, \$240,000.

The Estate of Alton P. Adams to Michael Ryan Swann, Federalsburg Highway, 73.83 acres, Federalsburg, \$485,312.

The Estate of Alton P. Adams to Michael Ryan Swann, 6156 Federalsburg Highway, Federalsburg, \$225,000.

Vincent Clark and Karen Clark to Choctaw American Insurance, Inc., 23604 Henry Road, Ridgely, \$315,000. Susan B. Ortega to Timothy B. Jester and Victoria L. Jester, 20853 Dover Bridge Road, Preston, \$40,000.

Chamberlain Limited Liability Company to Zindy Yuritzi Reyes-Avalos, Hurlock Road, Federalsburg, \$2,000.

George Russell Eaton, III, Bruce W. Walbert, and Lynne M. Walbert to Marissa Mae Strunk, Matthew W. Strunk, and Corrin Deale, 14600 Fox Chase Circle, Ridgely, \$361,000.

Dwayne O. Mapp and Debora D. Mapp to Guillermina Enriquez-Iniguez, 103 Smith Street, Federalsburg, \$70,000.

The Estate of Betty Mae Stevens to Ryan C. McGuirk and Damaris Nicole McGuirk, 23995 Thawley Road, Denton, \$500,000.

Federal National Mortgage Association to Gareth Davis and Kara Hutchison, 511 W. Sunset Avenue, Greensboro, \$225,000.

Dwayne O. Mapp and Debora D. Mapp to Guillermina Enriquez-Iniguez, 103 Smith Street, Federalsburg, \$70,000.

Marvin Scott Lister and Terri Lynn Lister to Elderminio G. Boyce and Katharine A. Boyce, 11821 Kibler Road, Greensboro, \$115,000.

Dwayne O. Mapp and Debora D. Mapp to Guillermina Enriquez-Iniguez, 103 Smith Street, Federalsburg, \$70,000.

Macedonio M. Ortiz to Juliana Perez Rodriguez, 313 Maple Avenue, Federalsburg, \$20,000.

Shafik F. Abdel-Motaal to Mark Dwayne Gray, N/S Rt. 331, Preston, \$20,000.

John S. Hazelbaker and Deborah Ann Hazelbaker to Helen L. Thompson, Veterans Drive, Federalsburg, \$150,000.

Book 1635

Aaron A. Stark to Casey Schilling and Brian Schilling, 16833 Melville Road, Henderson, \$205,000. David M. Sakers and Yvonne M. Sakers to Brian Jones, 202 and 206 Maple Avenue, Federalsburg, \$200,000.

Anitra W. Gonzalez to Jonathan Paul Donaldson-West and Katherine Marie Bilbrough, 4437 Harmony Road, Preston, \$137,000.

Roberta G. Bussey to Calvin Nathan Martin and Helen Hood Malay, 303 Central Avenue, Ridgely, \$300,000.

Tina Faye Hyde to Kevin L. Chilcoat, 1306 Chesapeake Drive, Denton, \$299,900.

David Schreiner and Regina Schreiner to Rebecca Cahall and John Cahall, Jr., 11220 Shane Circle, Ridgely, \$369,000.

Jeffrey E. Powell and Mary E. Powell to Mark R. Jones and Sherry M. Jones, 11086 Knife Box Road, Denton, \$200,000.

James A. Murray and Anzilia W. Murray to Jessica Hickey and William Wallace Miller, Jr., 21965 Marsh Creek Road, Preston, \$279,900.



Jeffrey D. Abrahamson to Destiny Lane, 2634 Meadowbrook Road, Federalsburg, \$260,000.

Consider It Done, LLC to PPG Holdings, LLC, 23544 Jonestown Lane, Preston, \$20,000.

Consider It Done, LLC to PPG Holdings, LLC, 23558 Jonestown Lane, Preston, \$20,000.

Consider It Done, LLC to PPG Holdings, LLC, 23554 Jonestown Lane, Preston, \$20,000.

Nikolai Melissa Anderson to Sebastian S. Lepore, III, 14401 Poplar Street, Goldsboro, \$170,000.

New Creations in Christ Church to Bayside Bovine Veterinary Services, LLC, 10092 New Bridge Road, Denton, \$375,000.

Ernest Brooks Bowman and Linda Sue Bowman to Travis Vanscoy and Carly Lynn Ullery, 11465 Greensboro Road, Denton, \$80,000.

Sixth St. Holdings, LLC to Marketplace on 6th, LLC, 612 6th Street, Denton, \$150,000.

sales@ steeleshvac.com

Amilcar Fuentes to William A. Vasquez and Flora M. Lopez De Vasquez, 18509 Templeville Road, Marydel, \$87,000.

Lillie M. Magee to Elmer Alcides Moreno-Aguilar, Idlewild Road, Federalsburg, \$9,000.

LO Properties, LLC to Frederick E. Smith, II and Jenna Smith, 286 Wood Duck Drive, Greensboro, \$336,750.

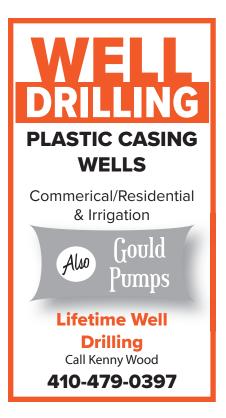
Wilmington Savings Fund Society, FSB to Blaine L. Williamson, 309 South University Avenue, Federalsburg, \$97,000.

S M S Developers, LLC to Vincint A. Barnett, Nelpine Street, TM 53, Parcel 154 – 4,704 sq. ft., Preston, \$1,000.

James A. Tribbitt and Angeline M. Tribbitt to Randolph Evans and Tammy Forehand, 210 Park Avenue, Ridgely, \$175,000.

Lotus Venture Group, LLC to Michael S. Kramer and Donna Marie Kramer, 404 Maple Avenue, Ridgely, \$344,500.

Christopher Andrew Barnes to Patricia A. Good and Charles R. Rue, 9995 Pearson Road, Denton, \$70,000.





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410-643-0005 / 410-479-5560



Senior Moments

by Mary Moran 410-479-2535 or 410-490-3078

Happy New Year Folks!

Things we never thought possible 30 years ago are now commonplace. The internet and cell phones have been game changers, and we frequently shake our heads in wonder that the only thing missing from Star Trek gadgetry is the transporter! Funny how it is not unrealistic to contemplate how breaking down matter into molecules and moving them as a mass may well be the way my grandchildren will travel from place to place! Tahiti, anyone?

Unfortunately, all these incredible advances have come with down sides. One of the negative sides of the internet is the prevalence of bottom feeders inflicting security breaches on databases. If you were one of 407,000 victims of the security breach that occurred to the Medicare external contractor, Maximus, back in November of '23, you were notified by a form letter from the Department of Health and

Human Service of the event. If you were affected, you should have received another form letter informing you that your old Medicare number is no longer valid as of December 29. Affected Medicare beneficiaries should have received their new Medicare number/ card by now. You need to contact all your health care providers and pharmacies with your new Medicare number. Be sure to take it with you to all your appointments. If you are among those who were affected and work with SHIP, please notify us as well! Destroy your old card and remember these cretins attack in many ways so, as you move into tax season, protect yourself by shredding unnecessary documents containing your personal information!

With Open Enrollment still fresh on our minds, I'm sure many are wondering how the breach could affect their recent 2024 enrollments into new prescription drug plans. All RX plans will receive incident-related enrollment codes alerting them about the Medicare number changes. Their internal systems have a process in place to deal with the new information. Please, do not call SHIP since details related to specific beneficiaries, plans, or geographic information are not available.

If your new Part D plan covers your medications, but your co-payment is very expensive for a particular drug, first talk to your pharmacist to examine other options to reduce the cost. If this is not successful, call your plan to find out what tier the drug has been assigned on the plan's formulary. Then ask what the process is to appeal the tier to have the medications designated tier changed.

The formulary of a given drug plan is the list of drugs the plan covers. The formulary may have anywhere from three to five tiers. A tier is nothing more than a specific grouping of drugs, and these groupings are the basis for the costs of your prescription drugs. Each plan negotiates pricing with drug manufacturers, which in turn determines what they charge Medicare beneficiaries. Generally, the lowest tier has the lowest cost.

In a 5-tier plan prescription drug levels are organized as follows with corresponding copay amounts:

- Tier 1: Preferred, low-cost generic drugs
- Tier 2: Non-preferred, low-cost generic drugs

*Note: Medicare Tier 1 and Tier 2 drugs do not kick in the annual "D" deductible- meaning your out-ofpocket costs for drugs on these two tiers do not apply to the deductible. (Full max deductible for 2024 is \$535) You must pay the full negotiated price for drugs on the formulary in the initial stage until you have spent the full out of pocket costs required to reach your deductible. Note that some plans have lower or no deductibles. Read the front pages of your formulary booklets to confirm what yours is. Generally, the deductible applies when you are purchasing Tier 3 and up medications. Once you have met your deductible, the Medicare plan coverage kicks in and you will only pay a portion of the retail cost.

- Tier 3: Preferred brand name and some higher cost generic drugs
- Tier 4: Non-preferred brand name drugs and some non-preferred highest cost generic drugs

TURNING 65?

Confused about all the Medicare Terms & Options? Let Me Help You!



Anthony Insurance Services Ann M. Anthony

Specializing in Medicare Supplemental Plans, Medicare Advantage Plans, Medicare Part-D Plans, Dental and Vision, Long Term Care, and Life Insurance Call Ann Today for an Appointment 410-708-0899 • anthonyins17@gmail.com 22850 Fleming Road, Denton, MD 21629 Tier 5: Highest cost drug including high technology, specialty dispensing conditions, and compound drugs.

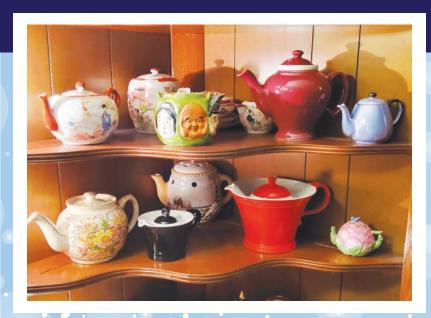
If your "D" plan covers your meds but your copayment is expensive, as mentioned above you can ask the plan for a tiering exception using the Part "D" appeal process to request lower cost sharing. You or your doctor must show the plan that lower tiered drugs used to treat your condition are ineffective or dangerous for you. Note that you cannot request a tiering exception if that drug is on a specialty tier. If approved, the cost sharing exception that applies to the lower tier is in effect through the current calendar year. If denied (which, frankly, is probable with your first go round!) you can appeal this denial decision.

Another option would be to have your doctor help you apply for a Patient Assistance Program. Pharmaceutical manufacturers provide eligible patients access to select brand name drugs at little to no cost. Go online to discover who the drug manufacturer is and go to their website for information on what drugs they will assist with, what the potential co-payments or rebates are, and enrollment criteria including documentation requirements. Be sure to check out how long the duration of coverage is and what their program renewal requirements are. Also, look for information on how the medication assistance is delivered. Are the actual medications delivered by mail to the beneficiary, physician, or pharmacy? Or is the assistance in the form of a discount coupon? Be sure to know what the rules are before filling out an application! Know that these programs are not affiliated with your Medicare prescription plan. Patient Assistance Program out of pocket costs do not apply to your annual Medicare deductible.

One could also utilize the free discount cards that are generally available in your doctor's office, and online, to save money on higher cost drugs. Different discount cards offer different levels of **Caroline County Historical Society**

PRESENTS

The Collectibles Program



February 24 • 2:00 - 3:00 PM

Rural Life Museum
16 N 2nd St • Denton, MD 21629

Refreshments Provided Members: \$20; Guest: \$25; Students Free

Questions or to RSVP: 410-479-2055 or info@carolinehistory.org

savings at different pharmacy locations, so it is important to compare the costs between locations. This is why utilizing the internet simplifies the process when comparing cost savings at different pharmacies. One can also simply ask your pharmacist to apply the coupon cost for an expensive medication to compare costs before running it through your regular insurance.

Most medication savings cards can be printed, texted, or mailed. Go online or get a family member to help you out with investigating the cost of medications using discount cards at various pharmacies, even those in grocery stores! Good Rx, 855-268-2822, or www.goodrx.com, Single Care, 844-234-3057,or https://www.singlecare.com, EZRX, 888-352-3736, or https:// www.ezrxcard.com, SaveonMeds 888-352-3736, or https:// www.savingsonmeds.com. Mark Cuban has established an online pharmacy for generic drugs that offers savings within a free membership that offers a mail order system. Go to his website https://costplusdrugs.com and enter the name of your medication to see if it is the formulary.

It is important to remember that both the Patient Assistance Programs and



this discount coupon method do not work together with your Medicare Part D prescription drug plan. Therefore, when using these alternatives, any out-of-pocket costs for medication are not applied to your annual part "D" deductible. The deductible is only met when utilizing your Medicare prescription Drug Plan when purchasing prescription medication. Additionally, these methods are best for high priced medications that do not qualify for a tiering change.

Keep in mind that your mandatory Medicare Prescription Drug coverage is designed to help keep the costs of most drugs lower than the average retail costs would be. Many tier 1 drugs cost beneficiary's nothing; zero; zip! CMS and Medicare continue to fight for lower drug costs for the public at large. One example of success is how formulary carried injectable insulins have been capped at \$35 per month regardless of their retail cost. So be a

FOOD PANTRIES

DENTON

Aaron's Place, Inc. 401 Aldersgate Drive Tues. - Wed. 9:30 AM - 2:30 PM

> Aarons Place Inc at Living Waters Assembly 9058 Double Hills Road 443-243-5906

TOWN OF GREENSBORO

Aarons Place Inc. 113 Main St., Every other Monday 9 AM to 1 PM and Every other Thursday Night

FEDERALSBURG

Aarons Place Inc Community Civic League 3439 Laurel Grove Rd, Wednesday, 4 to 6 PM

MOBILES

Marydel, MD, Federalsburg and Preston. Questions:



savvy shopper and use your Medicare part "D" plan in 2024!

January 2024 Denton Senior Center News

The Denton Caroline County Senior Center wishes a warm Happy New Year to everyone!

For the month of January, we will be having snowy winter crafts such as Winter Checkerboard, Winter Snow Globe, Penguin Crafts and so much more.

Winter Spirit Week!

1/22- Wear your warmest fun socks

1/23- Blue and White Day

1/24- Hat and Scarf Day

1/25- Opposite Day

1/26- Winter Pajamas Day

Call Brandy or Gerry at 410-479-2535 for information about our other activities!

As the winter chill sets in we offer hot coffee, hot tea, and hot chocolate from our coffee bar from 9-11, Monday-Friday! All beverages are served with small snacks.

Federalsburg Senior Center

The Federalsburg Senior Center is ready to bring in the New Year! What better time to try something new and join a wonderful crowd of people. We would love for you to join us for all our upcoming events, crafts, and social interactions that we have for this upcoming year. For January we will continue to have Tyrell James instructing SAIL and healthy coaching on Tuesdays. Melanie will be visiting the center on January 18th to discuss medications and take blood pressures. We will have a presentation on a program that you may be interested in called Partners in Care. Kathleen Dormody will be presenting this program on January 11th at 10 AM. Some of the crafts that we will be doing this month include blanket making, tin can snowman, DIY candle making, and suncatchers. For a complete calendar or if you are interested in kicking off the New Year with us, please call Sheri at 410-754-9754 on Tuesdays and Thursdays.

January Tide Table

Predictions for Tuckahoe (See below for other factors) Eastern Standard Time

Date		AN	ı			PM		
1	5:49	Lo	11:38	Hi	6:00	Lo		
2	12:00	Hi	6:34	Lo	12:26	Hi	6:51	Lo
3	12:39	Hi	7:19	Lo	1:15	Hi	7:43	Lo
4	1:20	Hi	8:05	Lo	2:07	Hi	8:36	Lo
5	2:04	Hi	8:52	Lo	3:01	Hi	9:29	Lo
6	2:51	Hi	9:39	Lo	3:56	Hi	10:24	Lo
7	3:43	Hi	10:28	Lo	4:52	Hi	11:19	Lo
8	4:36	Hi	11:19	Lo	5:46	Hi		
9	12:13	Lo	5:31	Hi	12:11	Lo	6:40	Hi
10	1:07	Lo	6:26	Hi	1:03	Lo	7:33	Hi
11	1:59	Lo	7:22	Hi	1:55	Lo	8:23	Hi
12	2:48	Lo	8:18	Hi	2:47	Lo	9:13	Hi
13	3:37	Lo	9:16	Hi	3:40	Lo	10:00	Hi
14	4:24	Lo	10:13	Hi	4:33	Lo	10:46	Hi
15	5:11	Lo	11:09	Hi	5:26	Lo	11:30	Hi
16	5:59	Lo			12:04	Hi	6:21	Lo
17	12:15	Hi	6:47	Lo	12:59	Hi	7:15	Lo
18	1:01	Hi	7:35	Lo	1:55	Hi	8:10	Lo
19	1:49	Hi	8:25	Lo	2:52	Hi	9:05	Lo
20	2:40	Hi	9:15	Lo	3:49	Hi	9:59	Lo
21	3:35	Hi	10:07	Lo	4:46	Hi	10:54	Lo
22	4:31	Hi	11:00	Lo	5:41	Hi	11:48	Lo
23	5:28	Hi	11:53	Lo	6:35	Hi		
24	12:41	Lo	6:24	Hi	12:46	Lo	7:25	Hi
25	1:32	Lo	7:17	Hi	1:37	Lo	8:12	Hi
26	2:21	Lo	8:09	Hi	2:26	Lo	8:56	Hi
27	3:08	Lo	8:59	Hi	3:14	Lo	9:37	Hi
28	3:53	Lo	9:46	Hi	4:02	Lo	10:16	Hi
29	4:36	Lo	10:32	Hi	4:49	Lo	10:54	Hi
30	5:19	Lo	11:16	Hi	5:37	Lo	11:30	Hi
31	6:02	Lo	11:59	Hi	6:26	Lo		

Add or subtract hours and/or minutes as indicated:

	<u>AM</u>		P <u>M</u>	
Greensboro	Add	:25	Add	:43
Choptank	Subtract	3:06	Subtract	2:23
Denton	Subtract	.40	Subtract	.03

Locally built, new construction PADDLE BOARDS and KAYAKS. Paddles included.

Paddle Boards \$500 • Kayaks \$600 Call 410-490-5560 for info.









Deaths

Fleegle Helfenbein Funeral Home - Greensboro 410-482-8914 www.fleegleandhelfenbein.com

Nov. 9	Joyce Ann Tracy, 80, Greensboro
Nov. 13	George Benjamin Hughes, 83, Landenberg, PA
Nov. 25	Paul Leroy "Lee" Poore, Jr., 92, Ottsville, PA
Nov. 29	Pastor Robert Lewis Phillips, Sr.
Nov. 30	John Leslie Kendall, 93, Henderson
Dec. 3	Ann Elizabeth Towers, 92, Ridgely
Dec. 5	Henry Otis Wooleyhand, 85, Ridgely

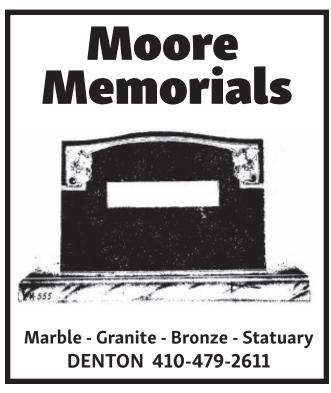
Framptom Funeral Home - Federalsburg 410-754-8888 www.framptom.com

Nov. 1	Ronnie Elliott, 68,Greenwood, DE
Nov. 3	Calvin Mearl Smith, Sr., 91, Federalsburg
Nov. 5	Stephanie LeBennett, 83, Pinos Altos, NM
Nov. 6	Charles Elliott Sharp, Jr., 87, Easton
Nov. 6	Brenda Lee Smith Luebbecke, 61, Preston
Nov. 7	Cornelia Baltimore, 63, Cambridge
Nov. 8	Katelyn Elizabeth Howard, 17, Easton
Nov. 12	Peter Blackmore Clarke, 86, Royal Oak
Nov. 14	Anne Schlechte Morris, 75, Easton
Nov. 16	Louise "Bo" Cohee, 90, Federalsburg
Nov. 16	Brenda Irene Robinson, 63, Federalsburg
Nov. 17	Ruth Marie Decker, 94, Royal Oak

Nov. 19	Robert "Bobby" Earl Wright, 90, Hurlock
Nov. 23	Ruby Palmer, 89, Seaford, DE
Nov. 25	Arnold Jay Yoder, 81, Greenwood
Nov. 28	Amanda Lee Moore, 31, Rehoboth Beach, DE
Nov. 28	James "Jimmy" Franklin Coulbourne, 79, Federalsburg
Nov. 29	Michelle Lynn Wright, 47, Cambridge
Nov. 29	Johnnie "Baby Boy" Duncan Wright, 47, Cambridge
Nov. 29	Thomas Mark Quimby, 74, St. Michaels
Nov. 30	Eva Jane Edgell, 87, Federalsburg
Nov. 30	Barbara Mae Jones, 75, Federalsburg

Moore Funeral Home - Denton 410-479-2611 www.moorefuneralhomepa.com

Nov. 2	W. Glen Kelley, 76, Denton
Nov. 3	Amelia Russo Henry, 85, Millsboro, DE
Nov. 4	Robert Edward Crawford, 67, Federalsburg
Nov. 16	Ronald Gene Prouse, 76, Denton
Nov. 16	Mathew James Burroughs, 35, Salisbury
Nov. 20	Barbara Ann Cesarini, 89, Chestertown
Nov. 23	Toni Lee Womack, 57, St. Michaels
Nov. 24	Charles M. Cole, 95, Denton
Nov. 24	Lynn Barbara Dalton, 73, Denton
Nov. 25	Elsie M. Wheedleton, 84, Greensboro





BUSINESS DIRECTORY \$2.50 each line, each month. 3 month min.

ACCOUNTING

Kram, McCarthy, Ayers & Frost, LLC 410-643-4477 / Stevensville

APPLIANCES

Meredith's Appliances Federalsburg 410-754-9519

AUTO SUPPLIES

B & R Auto Parts, Inc. Denton / 410-479-3322

AVON

Avon by Lynn Clark ISR

To buy or sell contact 410-739-0159 www.youravon.com/lclark9015

AWARDS

Awards Engraving Company

214 B Market St, Denton 410-479-8330 Engraversedge.com

BEAUTY SHOPS

All About Hair

7 N. Central Ave. Ridgely 410-634-9200

Anita's Hair House

Rt. 311, Henderson 410-482-7244

Connie's Cut Above

Goldsboro, MD 410-482-2348

Perfect Touch Hair Design

Rt. 404 Denton 410-479-2833

Teri Griffith, Independent Stylist at

Hair Connection-Denton 410-924-5060

Tracy's Cuttin Up

Federalsburg 410-754-5549

BEVERAGES

Bargain Beverage

100 Franklin St., Denton 410-479-2215

CLEANING

Jeans Cleaning Service 410-739-2988

CONSTRUCTION

Sinclair Construction

Commercial & Residential Construction 30 yrs. building experience throughout the Eastern Shore MHIC#31929 410-479-1025 443-439-9712

ELECTRICAL

J.R. Leavers Electric

443-790-7935

Ray's Electrical Service

410-479-1864 410-479-0157

ENGRAVING

Awards Engraving Company

214 B Market St, Denton 410-479-8330 Engraversedge.com

EVERGREENS

Don's Tree Farm

Privacy Evergreen Trees Greenwood, DE 302-349-0555

FARM & FEED STORE

Hetrick Farms

6635 Statum Rd. Preston Year-round supplier of high quality hay Dealer of Farmer's Co-op & ADM feeds

410-674-7630 (Closed Mondays)

Talbot Ag Supply, Inc.

13612 First St., Queen Anne www.TalbotAgSupply.com Garden, Equine, Pet & Livestock headquarters! Offering: Delivery, Soil Samples & Seed Mixing 410-820-2388

FLORIST

John's Four Season's Florist

Stein Hwy at Reliance near Federalsburg 410-754-5835 or in DE 302-629-2644 Find us on Facebook

FUNERAL HOMES

Fleegle-Helfenbein Funeral Home Greensboro 410-482-8914

Moore Funeral Home, P.A.

Denton 410-479-2611

GAS APPLIANCE SERVICE

Gray's Gas

Serving & Installing Gas Appliances Cleaning and Conversions 410-482-6551 Fax: 410-482-8959

HEATING EQUIPMENT

B.J. Distributing Company

Greensboro 410-482-2421

HEATING & AIR

Ray's Electrical Service

410-479-1864 410-479-0157

Steele's Refrigeration

Heating & Air Conditioning, Inc. Denton 410-479-5560 410-643-0005

INSURANCE

Gondeck Insurance Agency, Inc.

410-479-2463 / 410-310-1597 bullsandbears@comcast.net

LIQUOR STORES

Bargain Beverage

100 Franklin St., Denton 410-479-2215

MONUMENTS

Fleegle-Helfenbein Funeral Home

Greensboro 410-482-8914

Moore Memorials

Denton 410- 479-2611

PAINTING / ART WORK

Jan Baker's 4th Street Gallery

12 N. Fourth St, Denton 443-786-8574

PETS

Local mealworms for reptiles & birds. Call Jeanne at 443-831-3458.

PHOTOGRAPHY

Chelsea Powell Photography

www.chelseapowellphotography.com Chelsea@chelseapowellphotography.com

PLAQUES

Awards Engraving Company

214 B Market St, Denton 410-479-8330 Engraversedge.com

PLUMBING & SEPTIC PUMPING

Bishop's Backhoe & Plumbing, Inc. 410-482-2195

REAL ESTATE

Benson & Mangold

Mike Shipley, Denton, 410-924-4807

Long and Foster

Barbara Blosser, Denton 410-924-8603

The Land Group

Brian Morris 410-708-1984

ROOFING

General Roofing

Residential and Commercial www.general-roofs.com 410-829-5234

SWIMMING POOLS

Sparkle Pools, Inc.

10375 River Rd, Denton 410-479-1447 sparklepoolsinc.com

THRIFT/BOUTIQUE

Moe's On Market Thriftique

214A Market St, Denton 301-357-0226 Moesonmarket@gmail.Com

TIRES/MECHANICAL REPAIR

Cook's Tire (two locations)

Goldsboro - 15309 Church Lane, 410-482-6557 and Harrington, DE, 12 Clark St, 302-398-3751 www.CooksTireCenter2.com

TROPHIES

Awards Engraving Company

214 B Market St, Denton 410-479-8330 Engraversedge.com

VETERINARIANS

Denton Animal Hospital

Dr. Michael D. Schriver Pet Animal Practice Office Hours Daily & Sat. mornings Rt. 313 & Fleetwood Rd Denton "Next to McDonalds" 410-479-0388

WELDERS

R & E Welders

John Richard Mace & Elmer Jefferson Liden School Road 410-479-2479

Caroline Review Word Puzzle

Evergreens

Circle words forward, backward, up, down, and diagonally. Words in parenthesis do not appear in the puzzle.

W U S S W S Т Н C C R Α G Ε L Α В K R W Н I T Ε D D Ε F V G Y C 0 N Н Н G C Ε N I N E Ε J L B 0 P R M Ε A U K N T Α Q 0 L Ε Z N 0 R B M Y 0 Т S R R Ε Ε Ε Α Т Ε N A L Ν L Ε 0 B D M S R Н 0 U I P U R A N M A P M P 0 B R C Α P Ε ı Y S D R F Q F S P R U Ε R S Н S Ε Ε M F K Α K S 0 Α Ν R Α Α 0 N Ε C F C Н Ε A T R B L A Т R A W U L D S S K W E C R A R Α N A 0 A K V P Ε 0 F M Ε C Α 0 L N Α н Ε M 0 C K L R L P U X Y D Ε R B Α Z Α C S Α L G U 0 D N S W B B C Ε F E L 0 Α L Т W D н L G S Ε J E L Н ı G Ε 0 R G П A R P ı N U J P I W Т Ε D Y K 0 L N Т Ν U 0 M D Α S R E P I N Ε D Y A W R 0 N M N H D N S L I C A R G A N Α N K 0 P Q R Α S Ν G L Ε Ε Α F P Ν Y 0 N S R Т Y L B L N G A F Ε Ε 0 0 0 L Ε Т R

Arkansas Oak
Balsam Fir
Bear Oak
Black (Spruce)
Bluff (Oak)
Bronze Loquat
Bur (Oak)
Canyon Live (Oak)
Carolina Hemlock
(Carolina) Laurel
(Cherry)
Chalet Swiss
(Stone Pine)

Chapman (Oak)
Colorado (Pine)
Columnar (Norway)
Common (Juniper)
Creeping (Juniper)
Douglas (Fir)
(Dwarf) Alberta (Spruce)
Dwarf (Balsam Fir)
(Dwarf) Serbian (Spruce)
Eastern (Hemlock)
(Eastern) Juniper
(Eastern) White Pine
Fraser (Fir)

Georgia (Oak)
(Giant) Redwood
Hinoki (Cypress)
Lawson Cypress
Loblolly (Pine)
Longleaf (Pine)
Meyer (Juniper)
Mountain (Hemlock)
Muller (Oak)
Nana Gracilis
Noble (Fir)
(Northern) Pin (Oak)

Norway (Spruce)
Pitch (Pine)
(Red) Cedar
Red Pine
Red (Spruce)
Rocky (Mountain Juniper)
Sand (Pine)
(Scarlet) Oak
(Shingle) Oak
Single Leaf Pinyon
Slash (Pine)

(Southern) Red
(Oak)
Spruce
Steeplechase
(Arborvitae)
(Strawberry) Tree
Sugar (Pine)
Swamp (White Oak)
Teddy (Arborvitae)
White (Oak)
White (Spruce)











CAROLINE COUNTY BID POSTINGS

Simply go to **carolinemd.org/bids.aspx** or scan the QR code to sign up for text or email alerts when new bids are added.



