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MARCH 2022

Caroline Review

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12th Annual Walk for the “Well” of It

It's that time of year again as we prepare for the 12th Annual Walk for the “Well” of it! This event is a 5K race and fun walk.

Just to bring you up to date - Kenny Wood will soon be leaving for his 60th trip to Africa. Passionate about his mission since 2006, he reports Lifetime Wells International has now drilled a total of 2,763 wells in Ghana and Tanzania and laid 50+ miles of pipeline to remote communities bringing clean water to an additional 100,000 people!

We are excited to announce the 12th Annual Walk for the “Well” of it will be on Saturday, March 26 at Adkins Arboretum adjacent to Tuckahoe State Park in Ridgely. With focus on their continued mission, this year's event will be just days after World Water Day.

Register for the 5K or fun walk, including a sleepwalker option, through runsignup.com. Donations for Lifetime Wells International may be made electronically through the same site or by check mailed to -

Lifetime Wells International
Attn: Marie Freeman
24321 Shore Highway
Denton, MD 21629

Students from Saints Peter and Paul High School Key Club have taken on the organization and coordination of this race. Most notably, Key Club president, senior Kevin Kyle, has worked diligently on behalf of Lifetime Wells International!

Please support the students' leadership efforts, as well, by coming out on race day!

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*Please email or fax all ad information by the above date.
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ALL ARTICLES MUST BE SENT VIA EMAIL.



Current and back issues can be viewed
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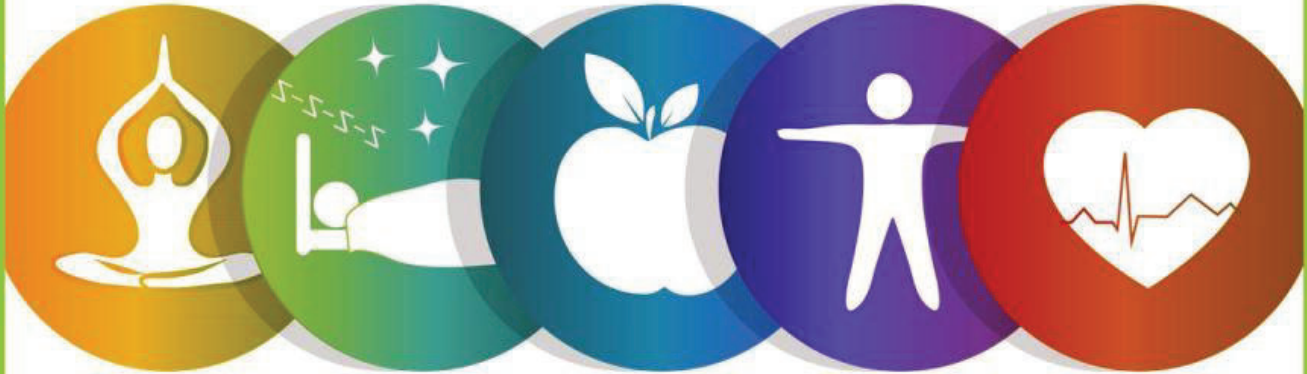
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Choptank: From Fishing to Boating

This very interesting article about Choptank is from the March 1984 issue of the Caroline Review.

The large grey metal Maryland state historic road sign says there were Indians in the Choptank area of Caroline County in 1679, and that the tiny fishing community even had a post office in 1883.

The late 1880s may have been a boom time for the town that overlooks the broad reaches of the Choptank River a few miles south of Preston, but it sleeps quietly now. However, there is a prospect of seeing increased traffic with its newly improved marina.

Before the turn of the century, this was a thriving town with bustling steamship

wharves (three steamboat lines served the town), two churches and a school, stores and several industries.

Today the county-owned marina, new slips and a completed dredging project, thanks to the state, may pump some life back into the community.

It was considered one of the prime fishing villages on the Choptank River years ago with watermen reported to have landed as many as 6,000 shad and herring in a single day.

We are told that industry moved in such as a tomato cannery, a shirt factory, a box crate and basket factory, and even a sawmill.

But the advent of the railroads to the Eastern Shore, while bringing prosperity to other small towns, signaled the demise of Choptank. The modern highways and the automobile sent people everywhere. Choptank settled into a sleepy village of few fishermen and less boaters.

With the death on January 31, 1984, of Lloyd F. Price, a long-time waterman of Choptank, another link with the past thriving waterfront town was broken.

Price, a waterman for 57 years, was instrumental in the establishment of the present Choptank Marina, now owned by the county, and acted as its manager until 1982 when the county phased out his job.

It is operated through the Department of Recreation and Parks today.



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It was said that in the 1930s, a yacht basin was built on the river as part of the Water Progress Association project. The yacht club corporation sold stock at \$100 a share. It is not known what happened to the yacht club or how many members it may have had.

But in 1969, the county-owned boat basin was officially dedicated, and a sign erected calling it CHOPTANK – TOWNE BOAT BASIN. It has 54 slips, enlarged to 70 during 1983, boat ramps and a large parking area.


In May, Russell Dukes will be acting as dockmaster at the marina to sell gasoline and assist boaters. He fishes and traps muskrat in the wide marshes along the Choptank, moving here about six years ago.

Today, there is only one small store in the village, about a block from the marina, operated by Albert and Aubrey Coughenour. She was one of a committee of nine residents who put together the only published history of the town back in 1976.

Called “MEMORIES OF CHOPTANK: 1679-1930,” the 28-page booklet has become scarce, and Mrs. Coughenour is thinking of trying to raise funds to have it reprinted for the 350th anniversary year of Maryland during 1984.

The history tells that on May 1, 1891, the county commissioners bought 91.7 perches of land on Main Street from John R.

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Wright and wife, and Jesse A. Wright and his wife for \$150. The schoolhouse was built the following year and classes held until 1928.

The general store, as today, was very important to early Choptank residents. In addition to Jesse A. Wright and Jehu T. Blades, stores were kept by Samuel West on the waterfront; Charles Andrews, Charlie Perry and John Spence on Main Street; Watson Fluharty, William and Ray Dillon, and John Price at the store now owned by the Coughenours.

The history tells us that other businesses were: a barber shop operated by Peter Cooper, a millinery shop operated by Maya Wright Jump, and an ice cream shop operated one summer by Mrs. Frank Whiteley and the Price girls.

We are also told that Samuel West left Choptank and eventually became mayor of Baltimore City.

There were many humorous stories told in the history. One involved the first time that REA ran electricity to the town. For a while everyone was afraid to open the store door or to touch a car for fear of a sudden jolt. One enterprising group with the help of a battery even wired an outhouse.

One of the community's oldest residents, Mrs. Estelle Wright at 92 still lives in her own home and is featured in the recently published “VOICES FROM THE LAND; A CAROLINE



Your Chamber at Work

by Tracey Snyder,
Executive Director of
Caroline County Chamber
of Commerce

Dear Caroline County Chamber Members and Friends,

We are excited to finally see an end to winter soon! We have some great things happening at the Caroline County Chamber of Commerce!

Here is what you can expect for March and beyond!

March 9 - We will kick off our Small Business Academy at 8 AM via Zoom.

The class is entitled, "You joined the Chamber, Now What?" We will walk through all the benefits that our Chamber offers, where to find resources for your business and how to utilize your ChamberMaster account. There is no charge for members or non-members to participate in our SBA. Register today!

March 23 - Best in Business 2021 Awards Night will be held once again as a Drive-In Movie!

We have So Coast as our caterer, a big screen, wine pull for our Scholarship Fund and a lot of fun! Location is Choptank Transport in Preston. The event will feature the winners in a dramatic cinema fashion! Event starts at 6 PM and will end around 8:30 PM. Tickets are on sale for \$65 per

person and includes a delicious dinner, appetizer, drink and dessert by So Coast! Questions? Contact us at info@carolinechamber.org.

Upcoming Events for the Chamber

Battle of the Foodies is a food truck/ chef war that will take place on May 14 in Downtown Denton (Market Street). There will be a beer truck, vendors, fun activities, a DJ and lots of food! No admission to attend. The event starts at 11 AM and will run until 3 PM.

All event information is available on our website, www.carolinechamber.org/event, or our Caroline County Chamber of Commerce Facebook page, <https://www.facebook.com/CarCoChamber>. We hope to see you there!

Thank you for your continued support!

May you have a happy and healthy spring!



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DOLLARS AND SENSE

by Tolbert Rowe

When demand exceeds supply, prices will go up.

It is official, the Coronavirus's impact on interest rates is over! Gone are sub 3% rates that had drawn so many homeowners out of their pandemic slumber to refinance. And those who purchased a home are guaranteed to have their mortgages long term because rates will never drop to these levels again. Or at least I will never live to see rates that low again.

The increase in mortgage rates has slowed refinancing to a trickle. As reported in the Wall Street Journal on February 10, "At the beginning of this year (2022) there were 11 million borrowers who were good candidates to refinance their mortgages, according to Black Knight, a mortgage technology and data provider. That has been slashed to less than 6 million as of mid-February, and down from more than 16 million last February". The increase in mortgage rates in the last 30 days has cut the number of borrowers who could benefit by refinancing in half.

The increase in mortgage rates is forcing mortgage lenders and loan officers to adjust their method of generating business. Those who relied on a steady stream of refinance customers inquiring on the internet now find

themselves desperate for business and will do or say about anything to fill their pipeline of business. This is leading many loan officers to find creative ways for borrowers to justify refinancing or using them for a mortgage to purchase a home.

When shopping for a mortgage borrowers are most concerned with getting the "best rate" with best rate being the lowest rate. The loan costs to get that rate are a secondary consideration, but they should be a primary consideration. The more points you pay the lower the interest rate and a lower interest rate must be the "best" rate, right?

Not if you must pay \$8,000 in closing costs or points to get it. My philosophy has always been if you need to pay points to justify refinancing then it is not a good decision. Keep the mortgage that you have. And if you are buying a house and considering paying points for a purchase mortgage, do not. Use the money you would spend on points, which is a transactional expense, and use it toward a bigger down payment, which is equity.

Remember, when purchasing a home, equity is good. Closing costs paid out of pocket are bad. Do all you can to reduce

your transactional expenses or closing costs. This is especially true when there is a possibility that real estate values will peak at some point in 2022 and interest rates may continue to rise due to an increase in inflation.

Covid impact on the world's workforce has triggered delays in about everything in the supply chain. Automobile manufacturers' inability to secure computer chips and other parts for new vehicles has turned acres of dealer lots into asphalt jungles. The new car buying experience has morphed into one where you used to be able to see and drive the vehicle you were purchasing. Now dealers are drumming up excitement in the opportunity to build your own vehicle, if you are willing to wait the weeks or months to have it delivered.

The price of used cars is so far out of whack that a vehicle purchased new in 2019-2020 for \$25,000 is worth the same today three years later. The same situation exists for those who leased a vehicle where the agreed upon price the lessee could purchase the vehicle for is lower than the vehicle's value today. Lessees can purchase the car they have been driving for the last 2-3 years and turn around and resell it for thousands of dollars more.

Neither of these two situations has ever happened before. Vehicles have traditionally lost 20% to 30% of their value as soon as they were driven off the dealer's lot, and, depending on the make and model of the vehicle, continued to lose value over time. But according to Cox Automotive the average listing price for a used vehicle was \$28,500 in January which was a 31% increase from January 2021. Smart money should have been buying used cars a year ago!

Trillions of dollars in stimulus money are driving inflation to levels not seen in over a generation, and vehicle

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inflation is a big part of it. Supply is not able to keep up with demand, the cost to produce goods and services has skyrocketed through much of the economy. It is estimated that consumers will spend \$279 more at the grocery store than what the same basket of goods cost a little over a year ago.

Gasoline prices are a dollar a gallon higher than they were a year ago and the price of crude oil is nearing \$100 a barrel, a sure sign that it will not drop back to levels seen a year or so ago.

The Federal Reserve tried to convince us last summer that the increase in inflation was transitory and would moderate as soon as supply chain issues improved. Boy were they wrong.

Instead supply chain issues worsened as a new strain of Coronavirus hit late last summer and millions of workers were idled by being either contagious

with Omicron or quarantined because they came in contact with someone infected. And with all the stimulus money filling their bank accounts the American consumer was willing to spend whatever was necessary to get whatever they wanted. With fewer products on the shelf because industry and businesses are short of employees to make and move the product, prices naturally go up.

When demand exceeds supply, prices will go up. Remember why real estate prices are skyrocketing? And businesses can only absorb so much of an increase in producing their products before they must pass on those increases to consumers. Seen any increases in restaurants? Wait till you get the call from your insurance agent about increases in your car and homeowner's premiums.

Accidents do happen and insurance companies pay to fix things. When it costs more to fix things the price you pay for insurance will go up also.

Realizing inflation was not going to moderate, the Fed announced in November that they would begin raising rates in early third quarter 2022. Inflation had indeed taken hold and was not transitory and they needed to do something. They would gradually back down on their monthly purchase of mortgage-backed securities and treasury bills which had served as the catalyst for mortgage rates to drop to historic low levels and stop them completely by June or July of 2022. They were spoon feeding unwelcome news to the market.

But this gradual strategy accelerated dramatically when the monthly

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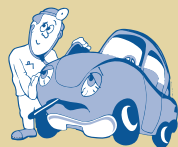
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inflation number came out in January and showed that inflation had increased 7.04% in December 2021. All of the sudden, 5% inflation in June of 2021 that triggered the Fed to assure us it was transitory ballooned to over 7% in six months.

Instead of raising rates in June it is now a given that it will be March. Instead of a gradual .25% increase there is talk that the move will be .50%. Instead of waiting to back off the purchase of mortgage-backed securities and treasuries they could start any day and stop completely by June.

Although mortgage rates have increased to the high 3% range for 30 year mortgages and mid 3% range for 15 year mortgages, as of the middle of February they are still good in relation to where they have been historically. Not as good as they have been but not as bad as they could be.

Those who will be riding the bull, are those with credit card balances and home equity loans. As the Fed increase short term rates, credit card issuers are likely to increase their already high interest rates. And for those with home equity lines of credit tied to the prime rate, your monthly interest cost will increase as the prime rate increases.

This will be most noticeable to those with high balance home equity loans.

Depending on what the home equity balance is in relation to the balance on your first mortgage and the rate on your first mortgage, it may be a good time to refinance and consolidate them. You really should explore the possibility of doing this if the balance on your home equity is \$50,000 or higher.

For those of you with a mortgage, be aware that you could get phone calls from your current servicing lender about refinancing if you have not already. When you do, ask how much will refinancing cost and at what interest rate. If they tell you \$5,000 or more be suspicious. If they tell you \$8,000 or more tell them no thanks and hang up.

If you are purchasing a home, make sure the rate being quoted is with zero points. If the rate quoted requires you to pay points kindly tell the lender/loan officer you would prefer to apply those funds to a down payment, which is equity, instead of points, which is an expense. If they do not understand this concept, pick another lender or better yet, call me.

Interest rates are going up. Housing inventory is down, and demand will be exceeding supply for most of this year and possibly longer. Waiting to purchase a home hoping that prices will peak and come down will only end up costing more in the end, as prices could have some more going up to do. And with limited inventory, multiple offers on aggressively priced homes will be the norm. Get preapproved with a reputable lender and collaborate closely with a realtor who is in the market every day and be ready to inspect a new listed home as soon as you find out it is on the market.

Mr. Rowe is Vice President/Lending for Bay Capital Mortgage Corp. with offices in Easton and Annapolis. He has lived in Caroline for his entire life and supports the county by volunteering in a variety of ways. He currently lives near Greensboro with his wife Jeanne and daughter Kelsey.



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Camp Gilbert, LLC, 2806 Poplar Neck Road, Preston, Remodel / Renovation.

CMH Homes, Inc., 23726 Henry Road, Ridgely, New Home and Pole Building.

CMH Homes, Inc., 4169 Harmony Road, Preston, New Home.

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Gregory and Kathryn Thomas, 25670 Herring Lane, Denton, Pole Building.

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Grace M. and Richard A. Boyles, 12559 Crouse Mill Road, Ridgely, Fireplace.

Lawrence E. and Janet Passwaters, 412 Liberty Road, Lot 5, Federalsburg, New Home.

Wade P. and Virginia L. Belay, 25780 Hunters Point Lane, Denton, Pole Building.

Jones Estates Bay Country, LLC, 21182 Marsh Creek Road, E17, Preston, Remodel / Renovation.

James William Lewis, Jr., 12313 Holly Road, Ridgely, Agricultural Building.

Thurmond L. Jr. and Julie R. Jenkins, 9614 Quail Run Road, Denton, Swimming Pool / Hot Tub.

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Jeronimo Elmer Edyn Lopez, 12651 Hog Lot Road, Ridgely, Remodel / Renovation.

Matthew F. Weeman and Hannah M. Thompson, 12310 Bowen Drive, Greensboro, Remodel / Renovation.

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debbiesavon@yahoo.com.

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Eastern Shore Business Sentiment Survey Results

*By Debbie Bowden, Director Caroline
County Economic Development*

(This month, I want to share an article from Salisbury University regarding the results of a Business Sentiment Survey. I hope you find the information interesting).

Eastern Shore business owners and managers are optimistic about the economic outlook over the next 12 months, though their enthusiasm has waned over the past six months.

These trends are among the findings of the Eastern Shore Business Sentiment Survey conducted through a partnership with Salisbury University's Business Economic and Community Outreach Network (BEACON), SU's Eastern Shore Regional GIS Cooperative (ESRGC), and many of the region's economic and workforce development professionals.

"A business sentiment survey is an effective way to gauge the health of the Eastern Shore economy," said John Hickman, BEACON director. "When business leaders are optimistic, the economy is likely performing well. If survey respondents are more pessimistic in their views, storm clouds could be gathering on the economic horizon."

BEACON and its partners released the first survey in June 2021 and conducted a follow-up in December 2021.

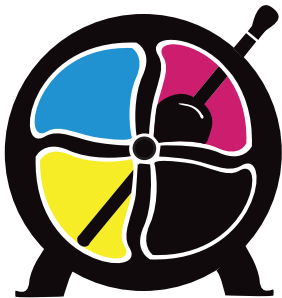
The survey included more than 50 questions, asking business leaders to weigh in on a range of topics, from general business concerns to conditions in their own industries. Respondents evaluated business conditions locally, regionally, in the state and nationwide for the coming year. They also shared views related to their specific industries and on issues from labor supply to regulations.

Results include:

- Respondents in December were optimistic about business conditions over the next 12 months, with 45% predicting better or much better conditions locally and on the Eastern Shore, and 42% expecting better conditions in Maryland and nationally. Only 19% predicted worse or much worse conditions locally, though 29% saw conditions worsening statewide and nationally.
- Reflecting on their individual industry sectors, respondents shared that conditions improved in the past 12 months. However, they were cautious about conditions in the next three-month period, with increasing optimism for the next 12-month period.
- Respondents indicated that COVID-19 had caused new problems for businesses and has exacerbated existing problems, particularly related to workforce, a response that reflects national trends.
- Concerns about inflation have grown in the past six months, overtaking supply chain issues. Labor force issues remain atop the list of barriers to both starting and expanding a business.

Businesses remain supportive of the range of tools that economic development offices have deployed, ranging from long-term economic resiliency plans to workforce development programs, with 85-95% of respondents supporting the continuation of the programs after COVID-19.

"The most interesting outcome of the December survey is how quickly things change in business," said Debbie Bowden, Caroline County economic development director. "The responses confirm what I am hearing about the impact of inflationary pressures on current and future business conditions. This just shows that we have to be agile with our support for our county businesses."



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Counties on the Eastern Shore will continue to conduct the survey every six months, with the data used to identify challenges facing the region, to assist in long-term planning and to guide the development of public policy.

Partners in the project include ESRGC, BEACON, the Mid Shore Regional Council, the Tri County Council of the Lower Eastern Shore, the Lower Shore Workforce Alliance, the Upper Shore Workforce Investment Board, and the Caroline, Dorchester, and Talbot County economic development offices.

To access Eastern Shore Economic Recovery Project data, visit <https://recovery.delmarvaindex.org>.

Caroline County Economic Development is a department within Caroline County government. Its mission is to help businesses thrive in the community. Debbie can be reached at 410-479-4188 or info@carolinebusiness.com

A colorful poster for the 'Enchanted Garden' Spring Event. The background is light blue. At the top left is a large dragonfly. At the top right is a white unicorn with a rainbow mane. In the center, the title 'Enchanted Garden' is written in a large, white, cursive font. Below the title, the date 'Friday, April 29 • 6-9 PM' is written in bold black text. To the left of the date is the phrase 'Save the Date' in a yellow, cursive font. Below the date, the location 'Community Garden and The Pathway' and 'North 4th Street between Market & Gay Streets' is listed. At the bottom, it says 'Calling all artists, crafters & makers! Go to vendor opportunities at www.downtowndenton.com'. There is a logo for 'Downtown Denton' at the bottom right, which includes a stylized 'D' and the word 'Dentons'. A green dragon is visible on the left side, and a blue silhouette of a person is on the right side.

Downtown Denton
Main Street
SPRING EVENT

Enchanted Garden

Friday, April 29 • 6-9 PM

Save the Date

Community Garden and The Pathway
North 4th Street between
Market & Gay Streets

Calling all artists, crafters & makers!
Go to vendor opportunities at
www.downtowndenton.com



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Caroline County Bird Club

Come join the Caroline County Bird Club - The oldest Eastern Shore Chapter of The Maryland Ornithological Society!

Maryland Ornithological Society (MOS) is a nonprofit, statewide organization of people who are interested in birds and nature. It was founded in 1945 and incorporated in 1956 to promote the study and enjoyment of birds. MOS promotes knowledge about our natural resources and fosters its appreciation and conservation. The Society also maintains a system of sanctuaries to encourage the conservation of birds and bird habitat, and to help record and publish observations of bird life.

Please note: Our meeting nights at Caroline County Public Library are back to the 3rd Thursday of the month!

Thursday, March 17 | Program.

Matt Pluta, Choptank Riverkeeper and Director of Riverkeeper Programs for ShoreRivers, on the health of the Choptank River and other projects and news. 7:30 PM, Caroline County Public Library, 100 Market St., Denton.

Saturday, April 9 | Project Clean Stream clean-up day at Pelot Sanctuary.

Meet at the Sanctuary at 9 am. Wear proper clothing and work gloves and, if you can, bring some trash bags. Sanctuary information and directions: <http://www.mdbirds.org/sanctuary/trails.html>.

Thursday, April 21 | Program.

Chris Eberly, Executive Director of Maryland Bird Conservation Partnership. 7:30 PM, Caroline County Public Library, 100 Market St., Denton.

Saturday, April 30 | Basic Bird Walk at Camp Mardela, 301 Deep Shore Road, Denton (just before you get to Martinak State Park).

Leaders: Robin Lahnmann and Debby Bennett. Park and meet by the pavilion at 8 am. The pavilion is on the left hand side as you are going down the lane before you get to the main campus area.

All activities are free and open to the public.

Check out more Caroline County Bird Club information at: <http://carolinebirdclubmos.blogspot.com>. And don't forget to visit our Facebook page and Like us! Just go to Caroline County Bird Club!

March Tide Table

Predictions for Tuckahoe
(See below for other factors)
Eastern Standard Time

Date	AM				PM			
1	12:37	Lo	6:29	Hi	12:49	Lo	7:19	Hi
2	1:30	Lo	7:30	Hi	1:45	Lo	8:11	Hi
3	2:20	Lo	8:28	Hi	2:38	Lo	8:59	Hi
4	3:07	Lo	9:21	Hi	3:29	Lo	9:43	Hi
5	3:53	Lo	10:09	Hi	4:18	Lo	10:24	Hi
6	4:37	Lo	10:54	Hi	5:06	Lo	11:04	Hi
7	5:21	Lo	11:37	Hi	5:53	Lo	11:42	Hi
8	6:06	Lo			12:20	Hi	6:40	Lo
9	12:21	Hi	6:51	Lo	1:03	Hi	7:28	Lo
10	1:02	Hi	7:38	Lo	1:50	Hi	8:17	Lo
11	1:45	Hi	8:27	Lo	2:39	Hi	9:07	Lo
12	2:33	Hi	9:17	Lo	3:33	Hi	9:59	Lo
Daylight Savings Time Begins								
13	4:27	Hi	11:10	Lo	5:28	Hi	11:52	Lo
14	5:26	Hi			12:04	Lo	6:23	Hi
15	12:46	Lo	6:25	Hi	12:58	Lo	7:16	Hi
16	1:38	Lo	7:24	Hi	1:52	Lo	8:06	Hi
17	2:27	Lo	8:19	Hi	2:45	Lo	8:53	Hi
18	3:14	Lo	9:11	Hi	3:36	Lo	9:37	Hi
19	3:59	Lo	10:01	Hi	4:26	Lo	10:20	Hi
20	4:43	Lo	10:50	Hi	5:16	Lo	11:02	Hi
21	5:27	Lo	11:37	Hi	6:05	Lo	11:43	Hi
22	6:13	Lo			12:25	Hi	6:55	Lo
23	12:26	Hi	7:00	Lo	1:14	Hi	7:46	Lo
24	1:12	Hi	7:50	Lo	2:05	Hi	8:37	Lo
25	2:01	Hi	8:43	Lo	3:00	Hi	9:30	Lo
26	2:57	Hi	9:38	Lo	3:58	Hi	10:24	Lo
27	3:59	Hi	10:35	Lo	4:59	Hi	11:19	Lo
28	5:07	Hi	11:33	Lo	5:59	Hi		
29	12:14	Lo	6:14	Hi	12:32	Lo	6:57	Hi
30	1:08	Lo	7:18	Hi	1:30	Lo	7:51	Hi
31	2:00	Lo	8:17	Hi	2:26	Lo	8:42	Hi

Add or subtract hours and/or minutes as indicated:

	AM		PM	
Greensboro	Add	:25	Add	:43
Choptank	Subtract	3:06	Subtract	2:23
Denton	Subtract	:40	Subtract	:03



VOTE DAN FRANKLIN FOR SHERIFF OF CAROLINE COUNTY



I have 22 years of experience providing public safety in Caroline County. Being Sheriff is a huge responsibility that I take very seriously. I hope you will place your trust in me and support my campaign, as I continue to provide excellent service to Caroline County.



MY CORE VALUES



COMMUNITY



LEADERSHIP



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COMMITMENT

TOGETHER, WE CAN MAKE CAROLINE COUNTY A GREAT
AND SAFE PLACE TO LIVE, WORK AND RAISE OUR FAMILIES

MY EXPERIENCE AND QUALIFICATIONS AT A GLANCE

CAROLINE COUNTY COMMISSIONER

- Enacting County Laws
- Establishing Policies
- Setting Operating and Capital Budgets

POLICE OFFICER WITH SPECIALIZED TRAINING

- SWAT
- K-9 Training/Handler
- Firearms Instructor
- Specialized Patrols

SERVICE TO THE COMMUNITY

- EMT
- Past President, Past Lieutenant, Former Member – Denton Volunteer Fire Company
- Member, Past State Trustee – Caroline Law Enforcement Officers F.O.P. Lodge #118
- Associate Member – Caroline Chamber of Commerce
- Senior Policy Group Member – Caroline County Local Drug and Alcohol Abuse Coalition (LDAAC)

WHERE TO VOTE

- 📍 GOLDSBORO FIRE HALL
- 📍 RIDGELY FIRE HALL
- 📍 DENTON FIRE HALL
- 📍 PRESTON FIRE HALL
- 📍 FEDERALSBURG FIRE HALL
- 📍 HILLSBORO TOWN HALL
- 📍 GREENSBORO V.F.C. COMMUNITY HALL
- 📍 COLONEL RICHARDSON HIGH SCHOOL



AUTHORITY DAN FRANKLIN FOR SHERIFF, ANTHONY S. CASEY, TREASURER

LEARN MORE ABOUT MY CAMPAIGN AT DANFRANKLINFORSHERIFF.COM

Library Corner



Caroline County Public Library
www.carolib.org
info@carolib.org
410-479-1343

by Jeanne Trice

Library Hours

DENTON

Monday: 10 am - 6 pm
Tuesday: Noon - 8 pm
Wednesday: 10 am - 6 pm
Thursday: Noon - 8 pm
Friday: 10 am - 6 pm
Saturday: 10 am - 2 pm

FEDERALSBURG

Monday: 10 am-2 pm and 3-6 pm
Tuesday: 12 -2 pm and 3-8 pm
Wednesday: 10 am-2 pm and 3-6 pm
Thursday: 10 am-2 pm and 3-6 pm

GREENSBORO

Monday: 10 am-2 pm and 3-6 pm
Tuesday: 10 am-2 pm and 3-6 pm
Wednesday: 10 am-2 pm and 3-6 pm
Thursday: 10 am-2 pm and 3-6 pm

**For programs requiring registration, please visit carolib.org or call 410-479-1343.*

New!

Help transform your library for the modern age

The Denton library hasn't been renovated since 1995. Think of

everything that's changed since then! Library renovations to bring this location into the new millennium and beyond will begin in 2022. Our Friends of the Library group is raising funds to help cover the cost of furniture and fixtures throughout the library.

Visit the Friends website, www.carolinefotl.com to make an online donation, visit any library location to donate in person, or mail a donation to: Friends of the Library, P.O. Box 363, Denton, MD 21629

Learn to 3D Print at Federalsburg

Join MakerSpace staff for an in-depth look at the 3D printing process, from CAD programs to slicers to finished parts! Participants will design their own unique keychains and have them printed.

March 1 & 15, 4-6 pm, ages 10 and up, registration required.

Learn to Crochet!

Learn the basics of crochet in this first session, and join a second session on April 12 to make a fun cat butt coaster! Crochet basics that will be taught in

the first class, including chain stitches, single crochet, and double crochet.

Yarn and hooks will be provided.

March 3, 5:30-7:30 pm, Denton, registration required.

Pokémon Scavenger Hunt

Calling all Pokémon Trainers! Come join the "Who's that Pokémon" quest at Denton. Pick up your Pokédex Card at the Maker Desk and find them all to win a prize!

Don't forget to take advantage of lures on our two Pokéstops to fill your Pokédex while you're here.

This is a walk-in event; no registration is required.

Week of March 7-11, all day, Denton.

March 8, 4-6 pm, Denton, ages 6-12, registration required.

St. Patrick's Day Kahoot Trivia

Think you know everything about St. Patrick's Day? Find out at our St. Patrick's Day Kahoot! Compete against others to win chocolate coins and a chance to win the grand prize, a gift card to Pizza Empire!

March 10, 6-8 pm, Denton, registration required.

Women's History Month Collaborative Biographical "Quilt"

Celebrate Women's History Month by making a Collaborative Biographical "Quilt" featuring 30 influential women.

Each participant will be given the names of two women to research and three paper hexagon quilt pieces to work on. One hexagon has a portrait of an influential woman to color, the second has the woman's name in a "stitch" font, and the third has space to write a short biography of the woman.

Caroline County Public Library

Support Our Renovation!



Visit the Friends website,
www.carolinefotl.com to make an
online donation, visit any library
location to donate in person, or mail a
donation to: Friends of the Library, P.O.
Box 363, Denton,
MD 21629

Once completed, the hexagons will be connected to form a “quilt” poster that will hang in the library!

Makerspace Open Studio

Did you know the library has educational STEM kits? Come to our Makerspace Open Studio to see what we’ve got and try out Snap Circuits, microscopes, Bridge the Gap, and more! Kids ages 5 and up are welcome.

March 22, 4:30-6:30 pm, Denton.

Teen Escape Room

The United World Government’s W.A.R. Facility is nearing completion. Your crew must stop this from happening at all costs. The mission? Steal the Antimatter Warhead. But how? By solving lots and lots of interesting, fun puzzles!

Oh yes, and eliminating robots. Psychopathic killer robots. Don’t miss this one!

March 24, 5:30-7 pm, Denton, registration required.

Make a recycled paper flower!

Make flowers with paper recycled from old books! Participants can choose to make a flower cut from either black and white text or colorful pages from old picture books and graphic novels.

Each flower will come with a 3D-printed vase in which to display it.

March 29, 5:30-6:30 pm, Denton, registration required.

Ongoing

Paws for Reading

Practice reading to a trained service dog! Grigsby would love to hear you read a story. Reading to a dog decreases the pressure children may feel when reading aloud.

Book a half-hour with Grigsby at Denton or Greensboro

March 29, 4:30 or 5 pm, Greensboro.

March 31, 4:30, 5 pm, 5:30 or 6 pm, Denton.



In the Republican Primary ELECT CONWAY GREGORY Judge of the Orphans’ Court

- ★ Ten years experience as an Orphans’ Court Judge ★
- ★ Four years experience as Chief Judge ★
- ★ Attended all Orphans’ Court education classes ★

“It matters who serves in Caroline County”

Early voting is June 16-23; Primary is June 28th

Suzanne Gregory, Treasurer; Conway Gregory, Candidate

Join a Book Group at Federalsburg or Denton

Hooked on Books: Tuesday, March 8, 6:30 pm – *A Piece of the World* by Christina Baker Kline.

Jeanne’s Bookies: Tuesday, March 15, 1 pm – *The Silent Patient* by Alex Michaelides.

Tuesday Night Book Club: Tuesday, March 15, 6:30 pm – *Stranger in the Woods* by Michael Finkel.

For information about joining these groups, call Jeanne at 410-754-8397 or email jtrice@carolib.org.

Storytime at Denton and Greensboro

Join us for a weekly Storytime at both Denton and Greensboro. This program is designed for children birth to age 5 with their caregivers.

**Tuesdays, 11 am, Greensboro
Wednesdays, 10:15 am, Denton.**

Board Gamers Club

Join the Caroline County Board Gamer’s club for fun in the Denton Makerspace. Bring a game to share or try out one of ours! All ages are welcome, and registration is not required.

Children under 10 must be accompanied by an adult.

March 30, 6-9 pm, Denton.

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**Happy
St. Patrick’s Day**

**Appointments Appreciated
Walk-Ins Welcome**

Tuesday - Friday 9 a.m. - 7 p.m.
Wed., Closed; Saturday 9-noon

His Hope Haven at the Federalsburg and Greensboro Branches

Do you need assistance with services such as shelter, housing support, independent living skills, job searching and résumé writing, problem-solving and interpersonal skills? His Hope Haven staff visits Federalsburg and Greensboro weekly. Please call the His Hope Ministries Resource Center for more information at 443-448-7297.

**Wednesdays, 10 am - 5 pm,
Federalsburg.**

Thursdays, 10 am-5 pm, Greensboro.



Caroline County Family YMCA

46 Denton Plaza, Denton

Did you know...

The Y offers a safe and fun place for your child to stay while you use the Y's other amenities?



Stay and Play (S&P) can be used two hours per day—Monday through Friday from 8:30 AM to Noon and then 4:30 to 8:30 PM. S&P can be added to any membership for an additional \$6 per child. In addition to amazingly qualified staff, S&P offers entertainment for hours as well as other children to socialize amongst. If you'd like to learn more about this program, please contact the Caroline County Family YMCA!

Parent's Night Out (PNO) is back! PNO runs the 3rd Friday of each month from 5:30 to 8 PM. Drop your child off to enjoy a themed night packed full with fun games, crafts, food and a movie to end the night. Your children will be entertained and fed while you go enjoy 2.5 hours of your time doing whatever you want. It's the little things in life that make big impacts--so let us help you out for the night. This is included with your child's YMCA membership, which is only \$6 per child to add to your membership. Pre-registration is required. For more information please contact Nicolette Peterson at Npeterson@ymcachesapeake.org.

Janet Dove, stylist

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DENTON, MD 21629

8am-9am - Breakfast & Browse
9am-11am - Silent Auction
9am-1pm - Live Auction



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Pauline Marie Johnson, 59, Federalsburg and Kenneth Ronald Sample, 72, same

Mariah Shawnee Quidas, 18, Preston and Frank James Kirby, 19, same

Elizabeth Ashley Young, 36, Ridgely, and Joshua Curtis Bryant, 30, same

Bobby Peralta Rios, 37, Denton and Ronald Thomas Lee, 55, same

Alyssa Caroline Todd, 26, Federalsburg, and Lewis Ray Griffin, 28, same

Katie Michelle Alder, 35, Henderson and Justin Lawrence Parenteau, 38, same

Sarah Lynn Dominsky, 35, Ridgely and Nicholas Wilson Van Orden, 26, same

Kayla Brooke Rex, 32, Greensboro and Thomas Henry Lord, III, 28, same

Victoria May Sperry, 29, Henderson and Stephen Charles Figiel, 32, same

Tanya Marcella Barnes, 65, Dover, DE and Gerald David Derry, 64, same

Allyson Paige Swindoll, 29, and Shane Myles Chmielewski, 34, same

Elizabeth Kaitlyn-Joy Streett, 24, Denton and Jordan William Reed, 29, same

Brandi Murphy Bounds, 28, Denton and Dylan James Zador, 30, same

Nathan William Kellenbenz, 36, Denton and Amy Lynn Hubbard, 38, same



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(This is our new name, was previously Saint Martin's Barn)

Drive-Thru Pantry and Thrift Store Hours:

Tuesday, Thursday, Friday

8:30 am - 11:30 am

Wednesday 6:00 pm - 7:30 pm

Martes, Jueves, Viernes

8:30 am - 11:30 am

Wednesday 6:00 pm - 7:30 pm

Thrift Store is also open First Saturdays 8 am-Noon

FOOD ASSISTANCE:

PLEASE CALL OUR BARN MANAGER

AT 410.634.2537 EXT. 111

RENT & UTILITIES ASSISTANCE:

PLEASE CALL OUR HOUSING & SUPPORT SERVICES

COORDINATOR AT 410-634-2537 EXT. 105

All staff at Martin's House & Barn are following CDC guidelines for social distancing and COVID prevention, including daily temperature checks and masking.

We ask that clients also please wear a mask and maintain distance of six feet when staff bring the food to the vehicle.

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101 Sunset Blvd. in Ridgely, MD

410.634.2424

www.rvfd400.com

Online RAFFLES

Online Raffles coming in
March. Look for us on
Facebook.



Spaghetti Dinners

(first Thursday of the month): 4-7 PM

Thursday, March 3

\$10 - all you can eat salad, bread, drink, and dessert.

Sub Sale



Saturday, March 12

\$9 - Pre-sales only. Drive thru pick up from 11 am-1 pm.

Call Tammy at 443-786-9266

Drag Queen Show

Saturday, April 2

\$15 - pre-sales. Doors open at 6 pm, show starts at 8 pm.

Food and drinks available.

Chicken N Dumpling DINNER

Sunday, May 1st

\$12 - 2-5 pm

Indoor YARD SALE

Saturday, May 21st

\$15 - Call to reserve your spot at 443-786-9266

Looking ahead...

Mason Dixon Band, Golf Tournament, Soup & Sandwich Sale, and Purse Bingo



The Foundry

featuring artists in Caroline County

401 Market Street, Denton
Open Wednesday – Friday Noon-5
Saturday 10-3

www.carolinearts.org

Caroline County Public Schools High School Student Art Exhibition

Artist Reception with CCPS
Students & Instructors

Friday, March 11 from 5-7 PM at
The Foundry

We are excited to feature the up and
coming talent of students in Caroline

County in a diverse array of mediums
and subject matters. The arts instruc-
tors from Colonel Richardson and
North Caroline have selected the best,
most interesting and significant works
from this year's class of high school art
students. Many of these students also
belong to the National Art Honor Soci-
ety (NAHS).

This event is free to attend. Donations
are encouraged. Artwork will be on sale
and on display thru March 31.



Upcoming Classes & Exhibits

*A growing variety of classes and exhibits
featuring talented, experienced Caroline
County artists and instructors.*

Business for Artists Workshop – Thurs., March 3 & 17, 5:30-6:30 pm

Working artists have always faced a chal-
lenging path to pursue their passions
and earn an income. Fortunately, there
are more opportunities now than ever
before thanks to not only the digital
landscape but a renewed investment
and appreciation for the arts as well. Stay
ready, informed and position yourself to
seize opportunities when they become
available. Instructed by CCCA Executive
Director Nicholas Tindall. Free for regis-
tered 2022 CCCA Members & Artists.

Beginners Classes – Every Wednesday from 5-6 pm

Featuring a different project every week!
No “artistic talent” required, just come to
learn, discover a new medium, and have
fun! Taught by a rotating group of local



It's time to Cut the Cable Cord and SAVE hundreds of \$\$\$ each month.

One time cost, NO MONTHLY FEES!

Reception of dozens of channels

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ways to save by
AARP Magazine*

Action Antenna

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artists including Melody Prairie, Lynn Cegelski, Joanne Gelles, Jillian Downes, Jenna Bowles and more! All ages. \$15 per class. Buy any 3, get any 4th free.

Intermediate: Illustration – March & April | Every Tuesday from 5-6 pm

By popular demand! This course will have a different focus each week, covering techniques such as drawing, inking, shading, composition, perspective, etc. and a variety of styles including cartoons, comic books, people/animals, fantasy/mythology, advertisements, still lifes, and other subjects as requested by participants. Taught by instructors Kirin Hopkins and Jillian Downes. \$15 per class. All materials provided.

Advanced: Oil Painting Portraiture – Monday, March 7, 14, 21 & 28 from 6 – 7:30 pm

Join artist Victoria Donovan as she leads a four-week course on Portraiture. Create a portrait based on Botticelli's 'Birth of Venus'. This is an advanced course. Students who are familiar with color mixing and basic painting technique are welcome to attend. \$100 for 4 week course. Limit 10. For more info and to register visit www.carolinearts.org.

Advanced: Creative Writing Course

This interactive course allows students to work on, create, and improve on their own short story or piece of long-form writing. Topics will include: characterization, world-building, plot


development, and more. Work on creating outlines, realistic characters, and natural plot advancement while learning the basics of creative writing.

This is a 6-week course, taught by writer and editor, Judy Reveal. \$10 per session or \$50 for 6-week course.

Write On! – Every second & fourth Tuesday of the month from 6:30-8 pm via Zoom

Join writer, teacher and local legend Keith Shaffer for a fun, upbeat writing class where participants choose their own writing methods and share their stories with a different topic each session. Free.

Coming soon... New Journaling and floral arrangement classes, plus much more!



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Stevensville - 101 Main Street - (410) 604-0881
Church Hill - 1005 Sudlersville Road - (410) 556-6417



Financial Advisors Can Help Reduce Anxiety

*Submitted by Ann Jacobs, Financial Advisor,
Edward Jones - Denton 410-479-0271*

If you're an investor, it's always useful to look back – and look ahead. How did you do in 2021? And what can you anticipate in 2022?

First, let's quickly review what happened in 2021. Despite the ongoing pandemic, domestic political unrest, supply chain logjams and the return of inflation, the financial markets turned in some strong results: The S&P 500 gained almost 27% for the year, the Dow Jones Industrial Average returned nearly 19% and the Nasdaq Composite gained more than 21%. And while your own returns may not have matched these figures – since you probably own a mix of investments, some of which are not tracked by these indexes – you still probably did pretty well.

But now that we've turned the calendar to 2022, what can you expect from the investment world? Of course, it's always somewhat risky to make

predictions of this nature – and if our experience with the COVID-19 pandemic has taught us anything, it's to be humble about projecting the future. Nonetheless, we can look at some possibilities.

First of all, don't be surprised to see some market volatility. In 2021, we saw real gross domestic product (GDP) growth of nearly 6%, largely fueled by two factors: an increase in consumer spending as the economy reopened following an easing of the pandemic, and the Federal Reserve's continued monetary stimulus. But in 2022, the combination of higher inflation (at least during the first half of the year), higher interest rates (the Fed has indicated it may raise rates more than once) and the continued uncertainty around COVID-19 may result in a "correction," which is generally defined as a drop of 10% or more from a recent peak in the financial markets, as measured by a major index

such as the S&P 500. Corrections are not at all unusual – in fact, it's more unusual to go through a year without a correction. But the average market correction is short-lived, typically lasting just a few months. And a market correction, when prices are down, may actually present an opportunity to purchase quality investments to add to your portfolio or to help diversify it further.

Other developments may also suggest a relatively favorable investment environment this year. For one thing, inflation may well subside somewhat in the second half of the year, as we should see a clearing of some supply chain bottlenecks. Plus, household savings are strong, as is consumer spending, while wage growth is above average. Taken together, these factors may help boost the economy in the latter part of 2022. Furthermore, even if the Fed bumps up interest rates, they'll still be relatively low by historical standards and shouldn't overly hinder businesses who need to borrow to expand their operations.

In any single year, pandemic or not, external events will affect the financial markets. And while you shouldn't ignore these events, you also don't want to let them dictate all, or even most, of your financial moves. You're much better off focusing on things you can control – and the best way to do that is to stick with an investment strategy based on your goals, risk tolerance and time horizon. By doing so, you'll give yourself the best chance of success in 2022 – and beyond.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member SIPC.

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Ann M Jacobs
Financial Advisor
105 Franklin St
Denton, MD 21629-1207
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Why I Got Vaccinated: James McCormick

If you've sent your kids to North Carolina High or attended a local high school football game in recent years, you've probably met James McCormick. James teaches Social Studies and serves as Head Football Coach at the high school.

Like millions of teachers worldwide, James' professional life was transformed by the COVID-19 pandemic. James can't recall another event in his lifetime that has had a greater impact on as many people than the COVID-19 pandemic over the last two years. Beyond his obvious concern for the health and well-being of his loved ones, students, and community members, James has also had to contend with the difficult task of teaching under entirely new circumstances. Teaching today is nothing like it was three years ago. From virtual teaching, to hybrid instruction, to in-person, masked classrooms, the changes and instability have seemed at times almost unreal.

But kids are still kids, and the pandemic has had a profound impact on our youth in ways we cannot fully understand or appreciate. Now more than ever, teachers must help students navigate the challenges they face so they can lead fulfilling lives and become productive members of society.

Two key factors influenced James' decision to get vaccinated. First, his parents are older and have health problems, so he wanted to take every possible precaution to mitigate the chances of them falling ill. Second, James trusts the science.

"I trust that the really smart people running the CDC have a pretty good idea of what is going on," explains Jim. "If they say it is safe



James McCormick, High School Teacher & Coach

and will help, then that is good enough for me."

James' vaccination experience was fast and efficient, with very few side effects. Being vaccinated has made James more confident visiting older people in the community because he knows he has done his part to help keep them safe.

James looks forward to the day when COVID is long gone and he can finally ditch his mask! Of course, the best and fastest way we can reach that day is to ensure that more of our community members are vaccinated.

For anyone who is still deciding whether to get vaccinated, James shares this advice:

"DON'T believe everything you read on the internet!!! There is a lot of false and crazy information out there. Do your own research, use credible sources, and when it comes down to it, trust your gut."



COVID-19 vaccines are readily available and **FREE** for all Caroline County residents ages 12+.

Visit **CarolineCovid19.org/vax** to make an appointment

CAROLINE COUNTY

PROGRAM & ACTIVITIES GUIDE



carolinerecreation.org



Karate



Tumble Bunnies



Flashlight Easter Egg Hunt



SPRING 2022

SPRING



2022

SPECIAL EVENTS

► Flashlight Easter Egg Hunt

Friday, April 8

When the sun goes down, the fun begins. This variation of the traditional Easter Egg Hunt will provide fun and excitement for all. Kids will "hunt" eggs in the dark using only a flashlight and their own night vision. A small number of special eggs will win additional prizes. Each participant needs to bring a flashlight (size limited to 2 D batteries) and basket or bag to collect the eggs. Wear appropriate clothing for the weather. Parent or guardian must attend with their child(ren).

3-10 yrs, Fr, 4/8 (Rain date 4/15),
3-4 yrs 8:15 pm, 5-10 yrs 8:30 pm,
Greensboro Site TBD, \$5

► 10th Annual Strawberry Chase 5K & 41st Annual Ridgely Strawberry Festival

Sunday, May 29

Registration starts 6:30 am
Strawberry Dash 7:45 am
Race at 8 am.
Early bird race registration
\$20 by May 27. Go to
carolinerecreation.org
or stop by Caroline County Recreation & Parks to
register. More information go to ridgelylions.org.



► St. Paddy's Day 5K and 1-Mile Fun Run

Saturday, March 12
Fretterd Community Center

Start your salute to the Irish and your spring fitness conditioning on this certified fast and scenic course through Denton with a 5K and 1-Mile Fun Run. Plenty of lucky surprises await on the course and at the finish. **Register anytime through our finish line production partner Seashore Striders at seashorestriders.com.** Early registrants guaranteed a commemorative performance long-sleeved tee. This event benefits Summer Learning Center enrichment activities produced by Caroline County Recreation and Parks in partnership with Caroline County Public Schools.

Registration begins at 7:30 am; race starts at 9 am,
Fretterd Community Center

Pre-registration: \$27 for 5K, \$12 for 1-Mile Fun Run
Add \$5 for late registrations after March 5. Shirts
not guaranteed for late registrations.



Download an application here ►
or at carolinerecreation.org



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Summer Camp Staff

- 5 weeks of camp, plus additional paid training
- June 27 – July 28
- Must like to have fun working with children
- Minimum age 16

SPRING



2022

DANCE & GYMNASTICS

► Intro to Dance

Explore age-appropriate motor skills, Ballet movement, and creative movement through music, imaginative play, and dance! Dancers should wear comfortable athletic or dance attire along with ballet slippers or bare feet. Hair should be pulled out of the face.

4-6 yrs, We, 3/30-5/18, 5:30-6 pm,
To The Pointe Dance Studio, Ridgely, \$59

► Intro to Hip Hop

Learn hip hop and jazz style movements to some of your favorite music! Fun, high energy class. Athletic attire and clean sneakers needed.

6-12 yrs, We, 3/30-5/18, 6-6:30 pm,
To The Pointe Dance Studio, Ridgely, \$59

► Tumble Bunnies

Help your child develop physical coordination through gymnastics, tumbling and FUN! Coordinator Joan Dyott has more than 30 years of experience in gymnastics and dance including many years of experience working with very young tumblers.

2-3 yrs, Fr, 4/8-6/10 (no class 4/15), 5-5:45 pm,
To The Pointe Dance Studio, Ridgely, \$89

2-3 yrs, Tu, 4/12-6/7, 10-10:45 am,
Fretterd Community Center, Room 104, \$89



► Super Tots

For children new to gymnastics and tumbling, this class led by Joan Dyott focuses not only on your child's physical development, but their cognitive and social-emotional development as well. In addition to helping build coordination, balance, and small and gross motor skills, your super tot will practice discipline and gain self-confidence.

4-6 yrs, Fr, 4/8-6/10 (no class 4/15), 6-6:45 pm,
To The Pointe Dance Studio, Ridgely, \$89

4-6 yrs, Tu, 4/12-6/7, 5:30-6:15 pm,
Fretterd Community Center, Room 104, \$89

► Recreational Gymnastics

Focused on building good fundamentals, tumbling, and work on the low balance beam, this class is perfect for the young gymnast who is not currently interested in formal competition. Designed to help the recreational gymnast develop skills while having fun, and provide a solid foundation should they decide to move to the next level and join a team. Under the direction of Joan Dyott.

7-12 yrs, Fr, 4/8-6/10 (no class 4/15), 7-8 pm,
To The Pointe Dance Studio, Ridgely, \$109

7-12 yrs, Tu, 4/12-6/7, 6:30-7:30 pm,
Fretterd Community Center, Room 104, \$109

Scan here to go to
online registration.



Register online at
carolinerecreation.org
or call at 410-479-8120.

* Participants in activities sponsored or co-sponsored by CCRP consent to the department's use of any photograph, film or video-tape of the activity in marketing/promotional materials and social media. If you do not wish you or your child's photograph taken, please alert the program leader or coordinator on-site.



SPRING



2022

ADULT

► Drop-In Pickleball

Pickleball has become the fastest growing sport in America. Come join us for two hours of drop-in game time. This program is perfect for adults of all ages and skill levels. Come learn a new sport. Equipment is provided.

Evenings: 18 yrs & up, Tu, 3/29-6/7, 6:15-8:15 pm, Fretterd Community Center, Gym, \$40 pre-register, or \$5 drop in fee per night

Mornings: 18 yrs & up, We, 3/30-6/8, 10 am-12 pm, Fretterd Community Center, Gym, \$5 drop in fee per morning

► Open Gym Advanced Volleyball

Ready for some competition? Come out and join the fun. High energy group of adults. Must have previous volleyball experience.

18 yrs & up, Fr, ongoing, ends 4/8, 6-8 pm, Fretterd Community Center, Gym, \$4 at the door (no class 2/11)

► Tribal Belly Dance Level 1

Always been intrigued by Belly Dance? Come out and try it! American Tribal Style (ATS) belly dance is a modern style of belly dance that uses set belly dance movements, with distinct cues and transitions, to create dance improvisation in a group (tribe). Students will learn the basic belly dance movements and format for how to dance together as a group.

16 yrs & up, Th, 5/19-6/23, 6:15-7:15 pm, Fretterd Community Center, Room 104, \$59

Come out and try the first class on May 19 for FREE!

No registration or commitment, just RSVP to 410-479-8120 or message us on Facebook so we know you're interested!

Scan here to go to online registration.



Register online at carolinerecreation.org or call at 410-479-8120.

KARATE

► Tiger Cubs 1

Introduction to Karate through exercises and games. Learn this ancient martial art and improve self-confidence and self-respect, build character, body dynamics and physical fitness, make new friends and have fun. Instruction includes warm-up, basic karate techniques, and kata/forms under the direction of Sensei Karine Ireland. Youth classes require an attendance minimum for belt-testing and advancement. No experience required.

5-8 yrs, Mo, 3/28-6/6, 6:15-6:45 pm, Fretterd Community Center, Gym, \$59

5-8 yrs, Th, 3/31-6/9, 6:15-6:45 pm, Fretterd Community Center, Gym, \$59

► Tiger Cubs 2

Karate through exercise and games. Participants may be younger than 8 years old if they have already earned a white belt with yellow stripe. Learn more about this ancient martial art and further improve self-confidence and self-respect, build character, body dynamics and physical fitness, make new friends and have fun. Instruction includes warm-up, intermediate karate techniques, kata/forms, and sparring under the direction of Sensei Karine Ireland. Youth classes require an attendance minimum for belt-testing and advancement.

8-12 yrs, Mo, 3/28-6/6, 7-8 pm, Fretterd Community Center, Gym, \$69

8-12 yrs, Th, 3/31-6/9, 7-8 pm, Fretterd Community Center, Gym, \$69

► Beginner/Advanced Shotokan Karate

Accelerate skill development with focused instruction and interaction with beginning and advanced students. Participants younger than 12 years old must have a special invitation from the Sensei. Instruction includes warm-up, basic karate techniques, kata/forms, and sparring and self-defense under the direction of Sensei Roger Price. Belt testing and advancement requires attendance minimum.

12 yrs & up, Mo & Th, 3/28-6/9, 7-8:15 pm, Fretterd Community Center, Gym, \$135



by Shannon Pinder Hannawald

I am 1 in 10. I am the 1 who has Endometriosis. The one who has to wake up and fight each day because of a disease that so many women have but nobody talks about. There are over 200 million women worldwide that fight this disease. It takes an average of 10 years to receive a diagnosis.

Endometriosis (en-doe-me-tree-O-sis) is defined as a painful disorder in which tissue similar to the tissue that normally lines the inside of your uterus — the endometrium — grows outside your uterus. Endometriosis most commonly involves ovaries, fallopian tubes and the tissue lining the pelvis, ligaments supporting the uterus, and the area between the vagina and the rectum.



My pain started when I was 15 years old and started out as the doctors saying that I had ovarian cysts rupturing. After that my pain just increased and the help and knowledge from the doctors decreased. My parents took me to so many doctors and I had more CT scans and ultrasounds than I can count. All coming back with the results of nothing. How was that possible? I was in excruciating, debilitating pain that nobody could seem to help me with. My parents started to believe the doctors that I was “just trying to get out of school” and honestly when I look back on it now, they didn’t really have a choice. Endometriosis not only affects you physically but mentally and emotionally as well. I had severe depression and anxiety because nobody would listen or help me. I felt so alone and so dismissed by everyone I truly didn’t know what I was going to do.

After five years I finally found a doctor that would listen to me and as soon as I told him my symptoms he said “I’m certain you have endometriosis.” Endometriosis? What was that and why had nobody else even mentioned this to me or my parents?

The only way to diagnose endometriosis is through laparoscopic surgery. No blood work, no ultrasounds, no MRIs and no CT scans, just surgery. We scheduled my surgery and sure enough I had stage 4 endometriosis. That was the first of my 13 surgeries to try and help remove the lesions to help with the pain. One of the other main symptoms of endometriosis is infertility. The longer it takes to diagnose the less chance you have of getting pregnant. By the grace of God, I was able to have my first son with no intervention but for my second son I had to go through fertility treatments.

Endometriosis has taken so much from me. I missed so many important dates and celebrations with family and friends. It took away my ability to have children like other women. It took a baby from me during fertility treatments. I want so badly to be like everyone else my age but that will never happen. I wish I had the energy to play with my sons all day or clean the house without experiencing horrible pain. I wish I didn’t have to cancel plans with my husband, friends, or play dates for my kids, but that will never happen.

Endometriosis has no cure, only treatments. Some doctors will say to have a hysterectomy but that will still not stop it from growing on other organs. Some women do not experience the pain from endometriosis. They only find out about their

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condition when they are unable to conceive a child. Unfortunately, there are not many doctors especially on the Eastern Shore who have any knowledge about this disease. I have had numerous doctors tell me that they had 30 minutes of education about endometriosis in medical school. That makes absolutely no sense to me. If endometriosis affects 1 in 10 women, why doctors and nurses not being educated about this disease? Thankfully, over the past 20 years there has been more awareness and education about endometriosis but we are nowhere near where we need to be, not even close.

The symptoms of endometriosis are:

- Painful periods
- Pain with intercourse
- Pain with bowel movements and urination
- Excessive bleeding
- Infertility
- Fatigue
- Diarrhea, Nausea, Constipation

Endometriosis does not usually come alone. There are many other diseases associated with endometriosis and there seems to be more issues added every year.

- Pelvic Congestion
- Polycystic Ovary Syndrome (PCOS)
- Adenomyosis of the Uterus
- Uterine Fibroids
- Pelvic Inflammatory Disease
- Pelvic Floor Dysfunction
- Many other autoimmune disorders

The cause of endometriosis is not known. There are factors that doctors have studied over the years.

As of right now there is no cure for endometriosis. These are the treatments most women receive after a diagnosis.

- Hormones/ Birth Control
- Hysterectomy
- Laparoscopic Surgery/ Excision
- Pain Medication
- Nutrition
- Pelvic Floor Physical Therapy



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There are a few things you can do to help someone who suffers from endometriosis.

- Just because you can't see someone's pain on the outside doesn't mean they aren't suffering on the inside
- Ask questions
- Listen to what each person has to say
- Endometriosis affects many women in different ways. Each case is unique
- DO NOT dismiss pelvic pain as "normal" period pain. Severe pain is NOT NORMAL

If you or anyone you know has any of the above-mentioned issues, please discuss them with your doctor. If that doctor doesn't listen then find another one. You are your best advocate and it is not normal to feel any of the symptoms that come with endometriosis.

My niece said it best and it applies to all of us who fight endometriosis. She said Reinhold Niebuhr once quoted, "God, grant me the serenity to accept the

things I cannot change, the courage to change the things I can, and the wisdom to know the difference." This quote to me shows such importance in your story and the constant battlefield you are on. You have taken your diagnosis and grown from it, you have defined your character and you have made a difference for others. In ending, I hope anyone who reads this never gives up. Don't lose hope because after every storm, I promise, there comes a rainbow.

March is Endometriosis Awareness Month which is when we try and bring as much awareness to this disease as possible, but it is a passion of mine to bring awareness, education and acceptance for every woman every day of the year. Governor Hogan has declared March 2022 Endometriosis Awareness Month in Maryland. This is the first time the State of MD has ever done this and I am extremely grateful for his support and showing that everyone who fights this disease is not alone. He will also be lighting up the State House yellow on March 2, 2022 to continue to show support for every woman who fights this disease.

I started a Facebook support group, Endo Warriors of the Eastern Shore and a blog that can be found at www.endowarriorsoftheeasternshore.com. This resource is extremely important so that we don't feel alone. It is also for our support system, our friends, family and loved ones.

I have created "Yellow Day" for March 11, 2022, and I am asking everyone to wear yellow to show support for those fighting Endometriosis. You can wear yellow or make your profile picture yellow. Please tag @endowarriorsoftheeasternshore or

email them to me at shannon0212@live.com so we can light Facebook up yellow.

I know some women do not want to speak publicly about a disease that is so personal, so I will speak for them. I will not stop until when someone says the word "endometriosis" every single person will know what that is as much as they know what strep throat or an ear infection is. It is imperative that we all work together and support each other through this journey. My passion and drive are because I do not want anyone to go through what I have but I have chosen to fight because you never know who is watching and learning from you. You cannot give up and there are resources and people out in this world to help you. I will always be 1 in 10 but I will also always be the one who speaks up and fights for help for anyone who suffers from this disease and their support system to help them through this journey in life.



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YELLOW DAY March 11

**Wear yellow to show support for those
fighting Endometriosis.**

**Easter/Spring Designer Purse,
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BINGO

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Hosted by the Caroline/Dorchester County Fair Board

Sunday, March 13

Caroline County 4-H Youth Park
8230 Detour Rd off MD Route 16 West, Denton

Doors open at Noon, games begin at 2 PM.

Tickets are \$30 in advance; \$35 at the door.

Includes 9 card admission pack, 1 quickie game card,
1 raffle ticket and a door prize ticket.



20 Games plus 2 Quickie Games

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To reserve bingo packets or get additional information, call
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Pre-Sale of **Pit Beef Dinner**

Dinner features our famous pit beef, macaroni
& cheese, green beans, and applesauce. Cost is
\$15. Dinners served from Noon- 2 pm.
Kitchen will be open selling other food and drinks.

*Proceeds to be used for Operational Expenses
of the 2022 Caroline/Dorchester County Fair.*



Save the Date

The 2022 Caroline/Dorchester County Fair is Aug. 3-6.

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HELP WANTED

Downtown Denton Main Street News

What is the Trex Challenge?

The Trex Challenge is to collect 500 pounds of plastic film in six months and downtown Denton will receive a bench made from plastic film! We are doing this to bring awareness to the importance of recycling and keeping these items out of landfills. We began this challenge January 15 and will continue until July 15. We currently have collected 83 pounds of plastic film. We have two drop off sites right here in Denton:

The Caroline County Library and Caroline County Recreation and Parks.

We would like to thank Keep Maryland Beautiful, the Forever Maryland Foundation, Maryland Environmental Trust and the Maryland Department of housing and Community Development.

This year we were awarded money to continue to beautify our greenspace right here in our downtown. We will have all this completed by April: We have a new picnic table that seats 6-8 people in the ArtsWay Pathway, we will also have a new garden shed that will be in the Denton Community Demonstration Garden along with native plantings to be planted around the outside of the garden to help beautify and help with storm water management?

The one other item that was supplied with this grant is a new bicycle rack that will be located by the bus stop on North Third Street.

With the help of an Eagle Scout, we will also have the platform removed and replaced with a beautiful patio.

We have a clean-up day at 9 am on March 26 in the pathway and the garden. If you would like to join us, please come with garden gloves and a rake.

If you'd like to know more about these projects or more about DDMS, please go to downtowndenton.com.

SPRING SERIES

March – April 2022

Weekend Worship Experiences

Sat. 6pm – Sun. 9am (Drive-in) – Sun. 11am

FROM THE ASHES

• embracing the full life of God •

Our lives can sometimes feel like a pile of ashes. We can be broken, shattered and destroyed. However, the good news of Jesus' life, death and resurrection is we can experience new life and have our lives raised from the ashes. Join us each weekend starting March 5th as we embrace the full life God has for everyone!



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UPCOMING EVENTS



Spring 2022

Spaghetti Dinner March 12: 5pm-7pm <i>To-go meals- \$8 min. donation</i> <i>Denton Church of the Brethren</i> <i>108 S 7th St, Denton, MD 21629</i>	Camp Auction April 2: 8am-1pm <i>Live auction, silent auction, bake sale & food stand</i> <i>Camp Marдела</i>
BBQ Fundraiser April 9: 11-2 (or until sold out) <i>BBQ Chicken Sandwich, Chips, Dessert, Drinks to-go</i> <i>\$10 min. donation</i> <i>Pick-up next to 379 Deep Shore Rd, Denton, MD 21629</i>	Community Yard Sale April 30: 8am-11am <i>Yard sale spaces available!</i> <i>Indoor space (10x10) - \$30</i> <i>Outdoor space (10x10) - \$15</i> <i>Camp Marдела</i>
Camp Appreciation Day May 22nd: 3pm-8pm <i>Music, Food, Camp Activities and Fellowship</i> <i>Camp Marдела</i>	Summer Camp June 16-August 5 <i>Camps for ages 5-18</i> <i>Overnight, day, specialty & service camps</i> <i>Camp Marдела</i>

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Marydel Lions Club College Scholarship Program Has Been Reactivated!

The members of the Marydel Lions Club are delighted to be able to announce the resumption of the Club's very popular College Scholarship Program. When Covid and its variants made their appearance, our Club's fundraising activities, including those that funded our College Scholarship Program, came to an abrupt halt. However, a combination of recent, very successful fund raising activities combined with some very generous anonymous donations have created a situation whereby the membership feels comfortable in resuming this very important Club activity.

The numbers of and amount of each scholarship will depend, in part, on the success of our upcoming Spring Ladies Purse Bingo (day, time and place to be announced shortly), and our BBQ Chicken Dinner and 'World Famous Funnel Cakes' event at State Line Gas in Marydel on Saturday, May 14.

The projected dates for the Marydel Lions Club 2022 College Scholarship Program are as follows. April 1, scholarship application forms available; June 1, Scholarship Applications

due; and July 1, Scholarship Recipients notification. The applications that will be given first consideration will be from our Club's primary area of service which is the upper portion of Maryland's Caroline County and the nearby western adjoining area of Delaware's Kent County. These scholarships will be for the 2022 – 2023 Academic Year. Look for ads in the Caroline Review relative to all of the Club's upcoming fundraisers.

Our Spring Membership Program is now open for those folks interested in learning more about the opportunities to become a member of the Marydel Lions Club. Please be aware that 100% of all of the money raised by our Club's fundraisers are returned to the children, youth, families, adults and seniors who reside in the communities and environs of our service area through our Club's programs and projects. Information relative to membership, programs and projects can be had by contacting Lion Terry Higgins at terryhiggins38@outlook.com or 302-492-3354 or 302-363-5823.

Lions Sponsor Seventh Annual Santa Chase

On Friday, December 10 the Ridgely, Denton, and Hurlock Lions Clubs, in conjunction with the Caroline County Department of Recreation & Parks and the Maryland Park Service sponsored the 7th Annual Santa Chase. The Santa Chase is a 2 Mile Luminary Fun Run and Walk at Martinak State Park.

There were 62+ entrants registered in this year's event with the proceeds benefitting the Lions Clubs vision and charitable projects and the Caroline County Humane Society.

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You're Looking To Buy Or Sell A Home.*

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The top three male and female finishers were recognized as well as the top three Runner/Reindeer" Canine Teams. Special recognition prizes in eight categories were also given out to the most memorable, creative holiday costumes for man and beast.

The top female finishers were Bailey Thayer, Sloan Willey and Karen Ketterman and the top male finishers for the 7th Annual Santa Chase were Samuel Mengel, Kyle Hofmann, and Will Davis. The top three "Reindeer" canine teams were Hailey Chester with "Finn Joseph", Diana LaClair with "Grigisby" and Joshua Duerstine with "Sherman".

Chairman for the Santa Chase Lion Dave Davis of the Ridgely Lions would like to thank the following individuals, businesses and organizations for supporting the 7th Annual Santa Chase. Thanks to Sue Simmons and the staff and volunteers at the Caroline County Department of Recreation & Parks for handling the Santa Chase registration, timing, and awards; Park Manager Debbie Cooper and her staff for assisting

with the event and providing a great venue for the chase at Martinak State Park; Hurlock Lions Club for providing the luminaries for the even; a special thanks to the Maryland Conservation Corps (MCC) members from Tuckahoe State Park and members of the Denton Lions Club and the North Caroline High School LEO Club for the placement and retrieval of the 500+ luminaries for the race. Also, thanks to Joanne Shipley Designs for the Santa Chase logo and registration flyers for our event. For more pictures from the 2020 Santa Chase and the after-race celebration go to www.facebook.com/RidgelyLionsClub

Lions' clubs are groups of men and women who identify needs within the community and work together to fulfill those needs. For more information about Ridgely Lions Club you can contact Lion Joe Riley at 410-935-7052 or ridgelylions@verizon.net, and the Hurlock Lions Club contact Lion Steve Disharoon at 410-251-1977 or sdisha1009@aol.com and for the Denton Lions Club contact Lion John Nussear,

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443-845-3802 or johnnussear@hotmail.com.

Lions' clubs conduct and sponsor a variety of programs and projects, including vision screenings, hearing aid and eye glass donations, little league sponsorships, working with literacy programs in schools, sponsoring Christmas lights and parades, the annual Lions International Peace Poster Contest, and operating and participating in local festivals as well as donating to numerous local charities and nonprofits.



**Caroline
CASA**

**Court Appointed
Special Advocate**

**PINWHEELS
FOR PREVENTION**

The blue pinwheel has become a national symbol for child abuse prevention. This simple, whimsical image reminds us that all children deserve a happy, safe childhood.

For the month of April, which is observed as National Child Abuse Prevention Month, CASA of Caroline will be running a county-wide awareness-raising campaign with help from our community partners. The Pinwheels for Prevention campaign provides a unique opportunity for all of us -- businesses, individuals, and organizations alike -- to take action by learning more about child abuse prevention, supporting child friendly policies and services, and volunteering within the community. By planting pinwheels on the lawns of local businesses and residences, the community rallies together to show solidarity in our commitment to keep children safe and free from abuse and neglect.

As part of the campaign, CCPS students and the Caroline County community will once again be asked to color pinwheels to fill the CASA windows. Last year's goal was 240 colored pinwheels and the students SMASHED it, submitting over 260 coloring sheets! This year's goal will be 275 - be sure to check our website (www.carolinecasa.org) to see how close we're getting to that goal! Latisha Bordley, CCPS Family Navigator, is the CCPS point-person for the campaign and will be distributing the coloring sheets to the school community. They are also available on the CASA website. The CCPS community will also be participating in Wear Blue Day on Wednesday, April 13, when everyone in the community is encouraged to wear blue to raise awareness and show their support for safe, happy childhoods for all kids.

Businesses and organizations are encouraged to support the campaign again by committing to a pinwheel sponsorship and creating their own pinwheel displays. The sponsorship form can be found in this issue of the Caroline Review and also on the CASA website. Our hope is to see pinwheel displays around the county, as well as the large display that will be created in the Denton Community Garden and Artsway at the Pinwheel Planting Ceremony, scheduled for Saturday, April 9 at 10 am. The public is invited to attend this ceremony. Please be sure to share all of your pinwheel displays, using #carolinepinwheelsforprevention!

We are also working with local pastors to celebrate Blue Sunday, a National Day of Prayer for abused children. Blue Sunday is observed every year on the fourth Sunday of the month so this year's will be on Sunday, April 24. For

more information about this national initiative or to register your church, please visit www.bluesunday.org.

Thank you to Denton Diner, Caroline's Agape Project, Avery Hall Insurance, Denton Rotary, and Towers Concrete who have already committed to sponsorships and a safe, happy community for children and families. For further information about Pinwheels For Prevention and child abuse prevention or to join the committee, please contact Amy at 410-479-8301 or casacaroline100@gmail.com or visit www.carolinecasa.org.

The Governor's Office of Crime Control & Prevention funded this project under sub-award number CJAC-2019-0004 and VOCA-2018-0063. All points of view in this document are those of the author and do not necessarily represent the official position of any State or Federal Agency. This project is supported by a grant from the Maryland Judiciary's Administrative Office of the Courts number AOC-G20CA02251.

CASA of Caroline's 2nd Annual Pinwheel Planting

**Saturday, April 9 • 10 AM
Denton Community Garden**

*Plant a pinwheel in honor
of the thousands of children
who experience abuse and
neglect every year. Join
us to raise awareness and
end child abuse.*



For further information or to be a pinwheel sponsor, visit www.carolinecasa.org
or contact Amy Horne at 410-479-8301 or casacaroline100@gmail.com.
See sponsorship form on page 39.

Thank You to Our Pinwheel Sponsors & 2022 Community Partners





Pinwheel Sponsorship Form



***For the month of April, the Caroline County community will plant pinwheels in the Denton Community Garden and throughout Caroline County to represent the countless children who experience abuse and neglect every year and show our county's commitment to keeping kids happy, healthy, and SAFE!
Please join us in raising awareness and ending abuse! Pinwheel Planting Ceremony Saturday, April 9 at 10am.
Deadline for April publications is Friday, March 11, 2022.***

- | | |
|---|--|
| <input type="checkbox"/> PINWHEEL CHAMPION
\$500 | <ul style="list-style-type: none"> • Recognition as a CASA of Caroline Community Partner all year • Name and logo featured prominently on Pinwheel Garden banner • Dedicated social media post • 50 pinwheels at location of choice* • Pinwheels for Prevention campaign sign |
| <input type="checkbox"/> PINWHEEL PARTNER
\$300 | <ul style="list-style-type: none"> • Recognition in event-related materials • Name and logo on Pinwheel Garden banner • 30 pinwheels at location of choice* • Pinwheels for Prevention campaign sign |
| <input type="checkbox"/> PINWHEEL PLANTER
\$150 | <ul style="list-style-type: none"> • Recognition in event-related materials • Name on Pinwheel Garden banner • 15 pinwheels at location of choice* |
| <input type="checkbox"/> PINWHEEL AMBASSADOR
\$50 | <ul style="list-style-type: none"> • Recognition in event-related materials • 5 pinwheels at location of choice* |

Payment Information :

- | | |
|--|--|
| <input type="checkbox"/> Enclosed is my check, made payable to
CASA of Caroline | <input type="checkbox"/> Credit Card
Payable online at www.carolinecasa.org |
|--|--|

Contact Information and Pinwheel Location :

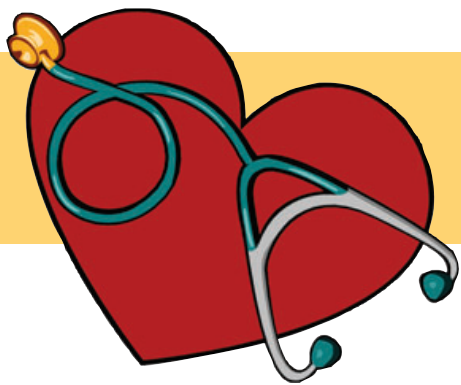
Individual's Name <input type="text"/>	Business Name <input type="text"/>		
Address <input type="text"/>	Town <input type="text"/>	State <input type="text"/>	Zip Code <input type="text"/>
Phone <input type="text"/>	E-Mail <input type="text"/>		
Website URL <input type="text"/>	Facebook URL <input type="text"/>		

* Pinwheel Location Choice :

- | | | |
|---|--|---|
| <input type="checkbox"/> Please deliver my pinwheels to
my place of business | <input type="checkbox"/> Please use my pinwheels for
the pinwheel planting in the
Community Garden | <input type="checkbox"/> Other - please specify
<input type="text"/> |
|---|--|---|

***Please return this form, along with payment and an electronic copy of your logo to:
CASA of Caroline, 114 Market St., Suite 100, Denton, MD 21629
Email: casacaroline100@gmail.com OR pay online at www.carolinecasa.org***





Health Corner

Tips, Classes and Programs to help you live healthier!

March is National Colorectal Cancer Awareness Month!

*Submitted by Leigh Marquess, RN
Director for Wellness Promotions
at the Caroline Co. Health Dept.*

What you need to know about Colon Cancer:

Risk Factors:

- People with a personal and/or family history of polyps or cancer.
- People over the age of 50 (men and women have an equal risk).
- Those with ulcerative colitis or Crohn's disease.
- People with the genetic conditions Hereditary Nonpolyposis Colon Cancer (HNPCC) or Familial Adenomatous Polyposis (FAP).
- People with Jewish Eastern European descent and certain ethnic groups including African Americans and Alaskan Natives.

Symptoms:

Sometimes symptoms don't appear in early stages of the disease so don't wait

for symptoms before talking to your doctor.

- A change in your bowel habits.
- Rectal bleeding or blood in your stool.
- Persistent lower belly pain.
- Unexplained weight loss.
- Other symptoms may include chronic fatigue or nausea and vomiting (persistent).

What You Can Do:

- Get screened at age 45, or sooner if you are at higher risk. Screening can find precancerous polyps so they can be removed before they turn into cancer!
- Get to and maintain a healthy weight.
- Adopt a physically active lifestyle.
- Eat a healthy diet.
- Don't use tobacco products.
- Limit alcohol intake.

The Caroline County Colorectal Cancer Screening Program provides assistance for colonoscopy services at no cost for people over the age of 45 or younger with any of the above risk factors or symptoms. If you have limited or no insurance, and meet income guidelines, you may qualify.

For more information and to see if you qualify for services please call The Wellness Promotions office at The Caroline County Health Dept. at 410-479-8080.

Other programs offered through the Wellness Promotions office at the Caroline County Health Dept. to help you on the path to wellness include:

- The Breast and Cervical Cancer Screening Program for women ages 40-65 (For breast cancer screenings) Pap/HPV tests for cervical cancer screening for ages 21 years and older! Call to see if you are eligible.
- Smoking Cessation Programs for all! We offer assistance with referring to The Maryland Quit Line for those interested in kicking the habit for good.
- Tobacco and Vaping Prevention program. Provides virtual education for youth and adults at schools, organization meetings, churches, community events
- Skin Cancer/Sun Safety education for schools, groups and individuals.
- Tobacco Enforcement Program. We provide education on "No Tobacco Sales to Minors" to all tobacco retailers in the county along with the general public. We collaborate with local law enforcement in compliance checks to retailers.
- Oral Health Program: This year we are providing oral health supplies for youth and adults in the community.

For more information about all of our programs please call the Wellness Promotions office at 410-479-8080.



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Health Disparities & Tobacco Use

By Heather Grove, RN BSN

Tobacco use is dangerous to everyone and smoking continues to be the leading cause of preventable death in the United States. However, did you know some people are even more adversely affected by the negative effects of tobacco?

Healthy People 2020 defines a health disparity as “a particular type of

health difference that is closely linked with social, economic, and/or environmental disadvantage.”

Let us explore some health disparities researched by the Center for Disease Control and Prevention (CDC) when it comes to tobacco use:

- African American/Black individuals usually smoke fewer cigarettes and start smoking at an older age, yet are more likely to die from smoking-related

diseases such as heart disease, cancer and stroke compared to White individuals

- African Americans/Blacks are more likely to be exposed to second hand smoke than any other racial or ethnic group
- Hispanics/Latinos have less health care coverage and are less likely to be advised by a health care provider to quit or have access to cessation treatments
- People living below poverty and people with lower levels of education smoke more than the general population and are more likely to suffer from diseases caused by smoking
- People living in rural areas have 18-20% higher rates of lung cancer compared to people living in urban areas

The tobacco industry is responsible for at least a portion of these disparities. They heavily market their deadly tobacco products by targeting select



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populations in ways that appeal to them. For example:

- Menthol tobacco products are heavily marketed and advertised in culturally relevant ways towards the African American/Black community



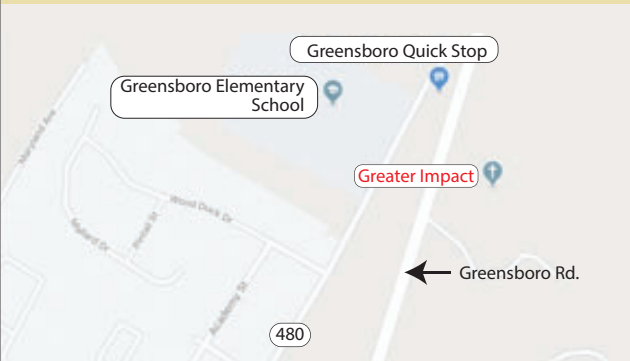
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- Menthol products are given more shelf space and often feature price promotions like discounts and multi-pack coupons on African American and other minority neighborhoods
- Hispanic populations are targeted with brand names like "Rio" and "Dorado" and may be influenced by Big Tobaccos financial contributions for college education, as well as their support of Hispanic cultural and arts
- The LGBT community is targeted by advertising at gay PRIDE festivals and marketing depicts tobacco use as a "normal" part of LGBT life
- An old marketing campaign, Project SCUM, which stood for "Sub-Culture Urban Marketing" targeted LGBT and homeless individuals
- Higher number of tobacco retailers are found in low-income areas and companies have historically used discount coupons and point-of-sale discounts to promote purchase of these deadly products

Being aware of tobacco disparities is the first step to combat them. You may see anti-tobacco marketing campaigns, such as CDCs "Tips from Former Smokers", which can help reduce the burden among many disparate populations. Awareness and access to quitting tools is also important. 1-800-QUIT NOW is a no cost, phone based Quitline, which operates 24/7 and offers services in both English and Spanish. Participants will have access to trained quit coaches and nicotine replacement products like patches and gum which, when combined, greatly increase the chances of a successful quit attempt.

Resources:

<https://www.healthypeople.gov/2020/about/foundation-health-measures/Disparities>

<https://www.cdc.gov/tobacco/disparities/index.htm>



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Don't forget your documents:

- Driver's license or photo ID
- Immigration documents, if applicable
- Proof of income (last 30 days)
- Social Security card



CAROLINE COUNTY
HEALTH DEPARTMENT

Community Calendar

ONGOING

Lions Durable Medical Equipment Loan Closet. If you are in need of a piece of durable medical equipment, have your caregiver or healthcare provider contact a Lions Club near you to see if we can assist you. To contact a Lions Club near you search www.lions22B/projects.

SUNDAYS

In person worship every at 3 pm at Eternal Life Ministries, 807 Market St., Denton, where we are "Free at 3"! Contact Brother Mike at 410-714-4793 for more information.

Please join **New Beginnings UMC of Ridgely for Virtual Sunday Worship** every Sunday at 10 am via Zoom or YouTube. Zoom meeting ID: 2425063045 Passcode: 421282 or on YouTube @New Beginnings UMC Ridgely. Rev. Kiesha Jones, Pastor.

MONDAYS

The Ridgely Lions meet on the 2nd and 4th Mondays of each month at the Ridgely United Methodist Church Social Hall, 107 Central Ave. in Ridgely at 6:30 pm. For more info on the Ridgely Lions go to www.ridgelylions.org or www.facebook.com/ridgelylionsclub. We are always seeking new members who are interested in serving their community.

FIRST MONDAYS

The Greensboro Historical Society, 104 E. Sunset Ave., meets each month on the first Monday at 7 pm.

TUESDAYS

Tuesday Bingo at Denton American Legion Post 29. 7:30 pm. Snacks at break and computers available. Info 410-479-2708.

WEDNESDAYS

Community Civic League Food Pantry, 3439 Laurel Grove Road, Federalsburg. Wednesdays, 4 - 5 pm or by appointment. Free food and clothing. Contact: 302-604-4216 or 410-754-6011.

In person **Bible Study** at 6 pm, Eternal Life Ministries, 807 Market St., Denton.

The Ridgely Lions Club supports the **Ridgely United Methodist Church with their weekly "Food Pantry"** from 4-5 pm. Folks in need can pick up a grocery distribution behind the Church on Central Ave in Ridgely. For more information, contact Lion Shad Brannock at ridgelionsec@gmail.com.

SECOND FRIDAYS

The Greensboro Historical Society Museum, 104 E. Sunset Ave., "Friday Night at the Museum" is usually held on the second Friday of each month at 6:30 with various presentations of historical interest. Also open by appointment. Our mission is the preservation of our local history and heritage, education and outreach to the greater Greensboro community. Stop by to see local artifacts and to learn about Greensboro of olden times. We also look forward to hearing your memories of old Greensboro and your thoughts on how best to preserve the history and heritage of our community. Masks must be worn and social distancing observed. For more information call 410-482-8903.

SATURDAYS

Preston Historical Society Museum, located at 167 Main Street in Preston, regular Saturday hours resume March 19, 2022. The museum is open 10 AM to 2 PM most Saturdays through the first weekend of December, excluding some holiday weekends. Visit the website www.prestonhistoricalsociety.com or Facebook at "Preston Historical Society" for further information.

FIRST SATURDAYS

Community Civic League Breakfast, 3439 Laurel Grove Road, Federalsburg. Every first Saturday, 7-10:30 am. Scrapple, sausage, eggs, potatoes, applesauce, biscuit, oj, coffee, \$8. Local delivery available. One free breakfast to anyone who attended the original school or daycare. Contact: 410-754-6011 or 410-924-0552.

SECOND SATURDAYS

Giving Grace Food Pantry held at Goldsboro Fire Co., 700 Old Line Road, Goldsboro. Food available from 7 am until. For more information, call 302-270-1948. Sponsored by Trinity United Methodist Church, Goldsboro.

The **1809 Exeter House** (Old Denton Road, Federalsburg) will be open for tours on the second Saturday of each month, from 10 am to 2 pm. Admission is free, but donations are welcome.

TUESDAY, MARCH 1

Eternal Life Ministries will be hosting our first Shrove Tuesday Pancake Dinner. All are welcome! Please join from 5- 7 pm for a truly scrumptious meal! We are located at 807 Market Street Denton. For more information please call the church at 410-714-1087 or 410-725-1484.

FRIDAY, MARCH 4

Friday Night Dinner at Denton American Legion Post #29, 9238 Legion Road from 5-7 PM. Meatball sandwich dinner for \$8. Entertainment is George Garriss on Guitar from 7-11 PM. Info 410 479-2708.

MONDAY, MARCH 7

Grocery Bingo at the Cordova Firehall. Doors open at 6:00 and games begin at



Ridgely Lions Club

Indoor Flea Market

WHERE: RUTHSBURG COMMUNITY HALL
105 Damsontown Rd, Queen Anne, Maryland 21657

DATE: SATURDAY, MARCH 26

TIME: 9:00AM - 1:00PM

CONTACT: LION ELAINE (410) 409-9123
LANEYEZELL@VERIZON.NET

Vendor Space Available!

\$15 per 8ft table

Contact Lion Elaine to register.

In service to our community.

6:30. Refreshments are available. For more information, call Cathie at 410-924-6535.

WEDNESDAY, MARCH 9

Eternal Life Ministries will be hosting our first **Lenten Bible Study** at 6 pm and will continue every Wednesday night through Easter. All are welcome. We are located at 807 Market Street in Denton..

FRIDAY, MARCH 11

Friday Night Dinner at Denton American Legion Post #29, 9238 Legion Road, from 5-7 PM. Fish and/or Shrimp Dinner for \$8 or \$12. Entertainment is Alan Cheesum from 7-11 PM. Info 410- 479-2708.

Eternal Life Ministries will have **Fish Dinners** available from 11 am until 3 pm. We are located at 807 Market Street in Denton. For more information please call the church at 410-714-1087 or 410-725-1484.

FRIDAY, MARCH 18

Friday Night Dinner at Denton American Legion Post #29, 9238 Legion Road, from 5-7 PM. SAL serving corned beef, cabbage, and potato dinner for \$8. Entertainment is Linda Webb from 7-11 PM. Info 410 479-2708.

SATURDAY, MARCH 19

Indoor Craft & Yard Sale to benefit the Caroline County 4-H Program on from 8 am to 2 pm at the Caroline County 4-H Park, 8230 Detour Road, Denton. All vendors welcome! Crafters, direct sale consultants*, household items, furniture, jewelry, antiques, horse tack, tools, pet items and more! *Direct Sale Consultants will be kept to one consultant per venue. Tables are \$15 per table. Payment must be received to reserve tables. Set up is on Friday from 6-8 p.m. or Saturday, from 6-7 a.m. Proceeds from sale of table spots will benefit the Caroline County 4-H Programs including scholarships, club needs, leadership and service learning activities. For more information or to reserve a space, please call Joanne Wooters at 410-479-0565. Early Deadline for ensured table space is March 4th. Tables tend to sell out fast so get your reservation in quickly.

The Community Club of Preston will hold its monthly meeting at Noon at the Lions Club Building, 114 Williamson Street, Preston. Guest speaker will be Mitchell Downes of the Caroline County Public Library. New members are always welcome. For more information call 410-673-1119 or visit Facebook at "Community Club of Preston, Maryland."

Preston Historical Society Museum reopens for the 2022 year, resuming open museum hours on Saturdays from 10 AM to 2 PM. On this opening day the society will hold its first membership meeting of the year with guest speaker George Holder. He will be giving a presentation on vintage diecast cars, including Matchbox and Hot Wheels brands. Part of his collection will be on display, including some items in original packaging. Vintage and antique toy collections belonging to historical society members will also be on



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***** **FOR MORE INFORMATION:** *****

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CAMPMARDELA.ORG/CAMP-DINNER

display. For more information call 410-924-9808 or visit www.prestonhistoricalsociety.com.

The Tri-County Ruritan club will be holding their **6th Annual Sporting Clays Shoot** at Pintail Point. Registration starts at 8:30 AM, shoot starts at 9 A, lunch at Noon. Gun drawing, prizes and silent auction item results at 1 PM. The day will include Lewis Class Trophies and prizes, silent auction items and door prizes, a catered lunch, and a gun raffle (Stoeger M3000 12 gauge 3" chamber w/choke tubes). Cost is \$90 per shooter. Entry fee includes 50 target shoot, gun drawing ticket, lunch and prizes. To register or for more information, contact Fred Meers at 410-829-1841, David Boyle at 410-310-6670, Lewis Smith at 410-310-0908, or Bill Callahan at 410-310-8935. Proceeds from this sporting clays event will help fund Tri-County Ruritan's community service. Tri-County Ruritan actively supports Talbot Ag Center, 4H, Volunteer Fire Departments, and several local charities. Additionally we fund college scholarships and provide benevolence gifts and assistance locally to those in need.

(continued on next page)

SUNDAY, MARCH 20

Third Sunday Breakfast at Denton American Legion Post #29, 9238 Legion Road from 8-11 AM. Cost is \$9.

FRIDAY, MARCH 25

Friday Night Dinner at Denton American Legion Post #29, 9238 Legion Road from 5-7 PM. Shrimp or Chicken Wrap Dinner for \$8. Entertainment is Vintage Blue (Bluegrass) from 7-11 PM. Info 410 479-2708.

FRI., AND SAT., MARCH 25, 26

Revive us again! Please come out and join us for our **Spring Revival** at 7 pm. We are located at 807 Market Street in Denton.

SATURDAY, MARCH 26

Indoor Flea Market to benefit the Ridgely Lions Club from 9 AM to 1 PM at the Ruthsburg Community Hall located at Rt 481 and Ruthsburg Rds in Ruthsburg, MD. Vendor spaces are

\$15 per table. Flea market, antiques, crafts, jewelry, misc items accepted. Only one direct sale vendor for items such as Tupperware, Pampered Chef, etc will be accepted. Payment must be received for table reservation. All profits will go to support the Ridgely Lions programs and projects in our community. For more information about this service group, visit us on Facebook/Ridgely Lions Club. For more information about this event, contact Lion Elaine at 410-409-9123 or email laneyezell@verizon.net.

SATURDAY, APRIL 2

All men are invited to join us for our **Men's Breakfast/Fellowship at Calvary Baptist Church**, 1120 Market Street, Denton. Coffee and social time begin at 7:30 AM, prayer at 7:55 AM, and Breakfast at 8 AM. Guest speaker is Danny Smith. Closing prayer no later than 9:30 AM. Cost: \$0. Please RSVP via phone call or text with your name to John L Wilson at 410-200-1595. We would love to have you join us to fill your stomach and your soul with God's word. If you have questions about Calvary, contact Don Reynolds, Pastor of Calvary Baptist Church, 1120 Market Street, Denton, 410-924-6404. donaldwreynolds@comcast.net, www.calvarybaptistchurchofdenton.org.

THURSDAY, APRIL 7

Preview night for Preston Historical Society's New to You Treasures Rummage Sale, at Preston Historical Society Museum, 167 Main Street, Preston. Hours are 5 PM to 7 PM, admission is \$5. For more information call 410-330-3368, email kcgn52@hotmail.com, or visit www.prestonhistoricalsociety.com.

FRI. & SAT., APRIL 8 & 9

Preston Historical Society's New to You Treasures Rummage Sale, at Preston Historical Society Museum, 167 Main Street, Preston. Hours at 8 AM to 2 PM, no fee for admission. Sale items include housewares, cookware, clothing, jewelry, seasonal items, garden implements, hunting & fishing items, collectibles, and much, much more. To donate or for information on the sale call 410-330-3368, email kcgn@hotmail.com, or visit www.prestonhistoricalsociety.com.



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Deed Transfers

Henry Richard Dierker, III and Julie Anne Dierker to Madeline E. Zehner and Cory J. Gilbert, 24745 Trunk Line Road, Henderson, \$372,000.

James M. Brenton, Jr. and Kathleen M. Brenton to Randy Yehezkiel Castro and Ruth Abigail Palma De Castro, 1210 Blue Heron Drive, Denton, \$183,900.

Jeremy S. Holte to Richard C. Graves and Kimberly A. Baklarz, 25630 Garey Road, Denton, \$335,000.

Thomas Benton Ferkler, V and Ann C. Ferkler to Katherine Roberts and Aimee Marie Bradley, 1135 Osprey Lane, Denton, \$354,000.

Timothy K. Thomas, Wesley J. Kruemmel, and Melissa A. Kruemmel to Da'Vaughn L. Murrill and Haley L.B. Murrill, 28241 Hickman Cannery Road, Denton, \$175,000.

George Nicholson and Karen Clark to Alyssa L. Walls, 12041 Crouse Mill Road, Ridgely, \$225,000.

Brenda A. Bedea to Kasey SL Andrew and Catherine Diane Andrew, 6560 Statum Road, Preston, \$419,000.

Paul Hooper, Paula May Dixon, Andrew Paul Hooper, and Jennifer Lynn Austin Murphy to Eyner Carlos Miguel Rivera, 544 North Sixth Street, Denton, \$119,000.

Cameron G. Moore to Keith R. Long and Kimberly P. Long, 212 Maple Avenue, Ridgely, \$329,000.

The Gardens Land Group, Inc. to Gabriella Bankert and Joseph Samuel Bankert, 330 Morning Glory Drive, Denton, \$290,260.

James Dallas Neal and Arleen C. Neal to George Uebersax and Janet Uebersax, Pealiquor Road, Denton, \$60,000.

The Dorothy A. Blazejak Revocable Trust to Lee N. McMahan and Melanie R. McMahan, 8072 Martin Lane & Parcel No. 221, Martin Lane, Denton, \$727,000.



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Shafik F. Abdel-Motaal to Gregory N. Turner, Parcel 137, Harmony Road, Preston, \$15,000.

MidAtlantic Farm Credit, ACA to Arthur L. Foster, 50.657 acres, Castle Hall Road, Goldsboro, \$300,000.

The Estate of Catherine H. Wright to David Van Schaik, 3451 Back Landing Road, Preston, \$147,500.

135 Park Street, LLC to Jeffrey M. Porter, 306D South 4th Street, Unit D, Denton, \$105,000.

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Karen M. Hurwitz and David W. McCormac to Christopher McDonald and Erica McDonald, 1217 Trice Meadows Circle, Denton, \$335,000.

The Estate of Doris Wood Sharp, Robert G. Sharp, Jr., Ronald A. Sharp, Shirley S. Niblett, and Janice Dryden Kelch to Alvin Roger Cain, III, and Roberta Bussey, 24659 Williston Road, Denton, \$356,000.

Comptroller of Caroline County to James Miller, Third Avenue West (School Street), \$256.25.

The Gardens Land Group, Inc. to Keyana Nicole Hill, 316 Morning Glory Drive, Denton, \$347,770.

Michael C. Larson, II and Aimee J. Larson to Nicholas Kovach and Laura Drathman, 104 Noble Avenue, Preston, \$200,000.

Vernon Urie and Linda Urie to Kyle Wayne Getchell and Shelby Leann Sherbert, 11443 Greensboro Road, Denton, \$226,500.

Porcier-Miller, LLC to Elizabeth Sudduth, 23993 East Cherry Lane E, Goldsboro, \$45,000.

Jamie Raul to Otis Wirtz and Kristen Nicole Wirtz, 23381 Ninetown Road, Ridgely, \$285,000.

Kristin Nicole Embert and Jason D. Voss to Kristine Reeder, 315 N. Academy Street, Greensboro, \$236,500.

The Estate of Viola Haines McKinney to Jeffery Mench, 10 West Railroad Avenue, Ridgely, \$95,000.

Kevin J. Donohue and Anne L. Grady to Samuel K. Benbow, 131 Main Street, Preston, \$285,000.

Christa L. Miller and Kathy D. Callahan to David M. Battersby, Sandra A. Battersby, Kimberley N. Battersby and Christopher A. Battersby, 303 Liberty Road, Federalsburg, \$15,500.

Kelly L. Jones to Judith Ann Carmichael, 708 Randolph Street, Denton, \$114,500.

Brandon N. Mason to Sarah E. Grenke, 302 Sunrise Avenue, Ridgely, \$220,000.

The Estate of Evelyn Martha Lane to Shelly L. Fisher, 113 Noble Avenue, Preston, \$95,000.

Michael B. Moon and Jeremy Lynn Buchman to Garland Matthew Whitehair and Kyle Courtney Turner, 310 Central Avenue, Ridgely, \$300,000.

M. Margaret Haven to Chad Dennis Leister and Angela Stadelman, 11 North Maryland Avenue, Ridgely, \$299,900.

Wanda Sue Willis, Gary Dean Spencer, and Kenneth Douglas Spencer to Sandra M. Moore-Stanley and Charles E. Stanley, Jr., 5559 Harmony Woods Drive, Preston, \$299,000.

Angelique C. Call to Jessica M. O'Rourke, 415 Main Street, Goldsboro, \$135,000.

The Estate of Helen M. Conard to Anthony L. Hrobar, Jr., 204 Kerr Avenue, Denton, \$215,000.

Louis A. Marseilles and Susan C. Marseilles to Mary Louise Dunn, 20731 Ewing Road, Preston, \$425,000.

Dale W. Hardy and Karen K. Hardy to William Joseph Liston and Christina Starr Moore, 17753 Marvel Road, Maryland, \$445,000.

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Carl Robert Coulter to Robert W. Franzo, 2591 Veterans Drive, Federalsburg, \$248,000.

The Estate of Mary Anne Milton to Jennifer Rebecca Stancliff, 17799 Melville Road, Henderson, \$295,000.

Kerry R. Muse to Cheree Annette Taylor, 12 9th Street, Ridgely, \$171,700.

Thomas J. O'Connell and Tamara L. O'Connell to Ryan W. Ringgold, 15935 Brooks Haven Drive, Goldsboro, \$360,000.

Joshua L. Bacon to Amadeo Perez Hernandez, 13179 Greensboro Road, Greensboro, \$131,750.

Tyler Lee Johnson to Jessica Cahill, 115 W. Central Avenue, Federalsburg, \$239,999.

Josephine M. Benner to Jeffrey Oertly, 341 Academy Avenue, Denton, \$140,000.

M&C Rentals, LLC to Patrick W. Nika, 2 West Railroad Street, Ridgely, \$190,000.

Rachel Compton-Burneston to Cori Hutcheson and Trudy Ilene Wine, 7841 Shore Drive, Preston, \$375,000.

Kyle E. Schneeman to Chloe A. Hummer and Sean P. Holiday, 14615 Cherry Lane, Ridgely, \$215,000.

HD Enterprises US, LLC to IG 100 S Main, LLC, 100 Main Street, Greensboro, \$305,000.

Easton Farm, LLC to Bay Breeze Farms, Inc., 24425 Pinetown Road, Preston, \$4,100,000.

Carroll V. Callahan, Jr. to Alfred B. McCauley, Jr. and Corin L. McCauley, 26121 Shore Highway, Denton, \$156,000.

Sharon F. LeCompte to Damon Troup Lord, 301 Vesper Avenue, Federalsburg, \$70,000.

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Senior Spot

Senior Moments

by Mary Moran

410-829-2535 / 410-490-3078

Thankfully it looks like we are in the final stretch of what has been a seriously cold winter! Hope everyone's firewood is holding up as we see some crocus and daffodils sprouting through the snow! C'mon Spring!

Reminder: March 31 is the last opportunity to enroll in Medicare A&B outside of your IEP (Initial Enrollment Period). This IEP included the month of your birthday plus the 6 months surrounding your 65th Birthday. Due to late enrollment during this last month of the General Enrollment Period, beneficiaries will suffer a gap in insurance and most likely face penalties since one is required to sign up for Medicare "A", "B", & "D" during the Initial Enrollment Period described above. Actual coverage will not begin until July 1st, 2022. You must enroll in "D" even if you are healthy and do not take medications. Medicare requires beneficiaries to have drug coverage. If not, you will face a penalty for the months you did not have prescription drug coverage either through an

employer or Medicare. Call Mary Moran for more information and assistance with required Part "D" prescription drug coverage for late enrollees.

If you missed the February issue of Senior Moments try to track down a hard copy or go online at www.carolinereview.com for in depth coverage of 2022 Medicare costs and more info on this enrollment opportunity.

Call Social Security in Cambridge at 888-347-9277 or go online and create an account on www.mysocialsecurity.com to enroll and get any supporting forms needed to enroll in Medicare "A" and/or "B". If it's been a while since you entered your www.mysocialsecurity.com account online and you forgot your information, once you verify your identity it is easy to reset both your username and password! These days going online is the fastest and most efficient way to enroll and get your personal information, but hard copies and snail mail still do the job! Feel free to call Mary Moran at 410-479-2535 for more information.

Please note that those who opt to receive Retirement Benefits before age 65 are automatically enrolled in "A" and "B". That means the premium for part "B" will automatically be deducted and the remainder of the money will be your deposited benefit. "D" premiums can also be deducted off the top of your monthly Social Security check unless you qualify for a Medicare Savings Plan which pays the "B" and "D" premium.

This includes widows or widowers who can start taking Survivor Benefits at age 60. Hang tight with me as I give an overview of this important sidebar!

If one starts receiving Survivor Benefits at a younger age than full retirement age, that benefit is reduced by a fraction of a percent for each month between age 60 and full retirement age. For this reason, it is wise to evaluate how much of a benefit reduction will be applied if a person applies for Widow Survivor benefits before their full retirement age. It is important to know that if the deceased worker started receiving retirement benefits at age 62, and did not reach full retirement age, Survivor Benefits will be based on that early retirement reduced amount, not the deceased's full retirement age amount. If the widow benefit is less than the full retirement benefit the surviving widow has earned through her/his work history, the surviving widow may switch to their own SS higher amount at age 62 or full retirement age. Just be aware that taking survivors benefits, or your own benefits, before full retirement age will dramatically reduce your benefits for a lifetime. That age 62 amount will be your base income moving forward, even after you reach full retirement age. Talk to a Social Security representative or go online to www.ssa.gov for complete benefit information to confirm your full retirement age.

In 1983 Congress passed a law to gradually raise the retirement age due to people living longer, healthier lives. Therefore, "the retirement age gradually increases by a few months for every birth year, until it reaches 67 for people born in 1960 and later." (ssa.gov) If you start to collect SS before full retirement age and continue to work, your benefits will be reduced by specific percentages if you earn more than your yearly earning limits. After full retirement age your earnings do not affect your benefits. Once again, contact Social Security to address your unique situation.

On another note: The State of Maryland Homeowners property tax Credit Program allows credits against the homeowner's property tax bill "if the

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property taxes exceed a fixed percentage of the person's gross income". (dat.maryland.gov) In other words, it sets a limit on the amount of property taxes any homeowner must pay based upon his or her household's gross income. The household's combined income generally cannot exceed \$60,000.

Keep in mind that the tax credit is not automatically renewed each year. One must file each year to be considered for this property tax credit. Know that applicants must own or have a legal interest in the property and the dwelling must be your principal residence for at least six months, including the month of July. Other stipulations include:

- Only the taxes resulting from the first \$300,000 of assessed valuation will be considered
- It does not cover any metropolitan or fixed charges for water and sewer services that may appear on the tax bill.
- If an applicant owns a large tract of land, the credit will be limited

to the lot or curtilage on which the dwelling stands and will not include the excess acreage.

- If a portion of your dwelling is used for commercial or business purposes, the credit will be based only upon the taxes for that portion of the dwelling occupied by your own household.

Everyone should file online or through the mail ASAP. Hardcopies were made available online as of February 15. If the application is fully processed by April 15, the credit will be directly applied to the initial July 2022 Property Tax Bill. If approved but credited after April 15, the property owner will have to pay the full amount of the tax bill when due, and will receive a refund down the road. So, keep it simple and apply now!

The State is strongly urging participants to file the application online this year. Go to www.dat.maryland.gov for specific requirements, a chart that shows what your tax limit will be based on income, and a link to Maryland One Stop website to apply online.

The final deadline for the Maryland Homeowners Property Tax Credit is October 1. It is important to note that applications submitted by mail will take much longer to process than online applications. The program became available for renewal applications on February 15, so those who participated in the program last year may receive an application in the mail. In these uncertain postal times, don't wait for it! Call State Dept of Assessments and Tax Credit at 410-767-4433 for paper applications then mail to:

State Department of
Assessments & Taxation
Homeowners' Tax Credit Program
P.O. Box 49005
Baltimore, MD. 21297

Maryland also offers the Renters Tax Credit, one direct payment check of up to \$1,000. This is available for those who paid rent in our state and meet set eligibility requirements. Applicants must have a verifiable leasehold interest as the principal residence for at least six months in 2022. The applicant must

be legally responsible for the rent and be able to show a copy of the lease or rental agreement along with proof that the rent has been paid with cancelled checks or money order receipts. For those in mobile homes, if the pad/lot the home sits on is rented, the land only will be considered as the rented property. Those who live in public housing or in exempt organization housing are not eligible for this program. The deadline for this program is Oct.1.

If you are worried about falling behind on your utility bills and need more time, call your utility company and request a payment plan of up to 12 months with no money down. If you are an Office of Home Energy customer, you may be able to request a payment plan of up to 24 months with no money down. The biggest mistake is to put off addressing the problem. It's just going to balloon into a much bigger issue, so call them and set up an affordable payment plan!

Governor Larry Hogan announced that, to address the rise in heating costs, recipients of the state's utility and electric assistance will receive enhanced benefits during this home heating season. Through the Maryland Energy Assistance Program (MEAP), recipients will see their minimum benefit increase by 66%, from \$300 to \$500. Overall, MEAP is receiving a 30% increase in funding to support this enhanced benefit. Through the Electric Universal Assistance Program (EUSP), recipients will see their minimum benefit double from \$150 to \$300. Overall, EUSP is receiving a 32% increase in funding to support this benefit increase. If you are a MEAP recipient, call 410-8194484 for more information.

Be aware that if you or another household occupant has a serious medical illness requiring medical equipment in your home that is guzzling electricity, you may be eligible for a "Public Service Commission Medical Certification Form". This Medical Certification Form must be signed by a physician, nurse practitioner, or physician's assistant and then sent to the utility company. It states that "termination of electric or gas service will aggravate an existing serious

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condition and will be especially dangerous to the health of the person certified to be seriously ill. A second option states that termination of the services would prevent the use of life support equipment that sustains the life of the customer or the occupant.” This form does not let you off the hook for the electric or gas bill but prevents shut off. The customer has 30 days to set up a payment schedule with the utility.

Covid has recently been running rampant in our County... again. It's important that we offer our respect and thanks to the hardworking and courageous women and men working at the Health Department, and the Caroline County Vaccination Center in the Denton Plaza. They are diligently working to provide residents with PCP testing and, most urgently, vaccinations and boosters. May God bless you, and all those administering vaccinations in our pharmacies and doctors' offices and keep you safe as you battle this killer in our community. Remember vaccinations are keeping Caroline County residents out of hospitals and cemeteries!

The Maryland Office of the Attorney General is alerting Marylanders of individuals and labs offering door-to-door COVID testing. The individuals performing these tests promise prompt results, but consumers have reported not receiving results several weeks after the initial test. Consumers have complained that they do not know how their personal identifying information is being secured. Consumers should avoid testing conducted by random strangers who show up at their doors.

Consumers are advised to only get tested at approved COVID-19 testing sites if you are experiencing symptoms or have had exposure. Our local health department can provide information and set appointments for testing in your area. Call 410-479-5880. Consumers must avoid testing conducted by random strangers who show up at their doors. Slam the door on those bottom feeders, then call our local cops and let them know the scammers' location! Our men in blue can get those skunks out of our neck of the woods by simply showing up in a squad car for a little chat!

No one will call, text, or email you from the federal government to ask for your information to “help” you order free kits. Only a scammer will contact you, asking for information like your credit card, bank account, or Social Security number. Do not respond. Instead, report it to the FTC at ReportFraud.ftc.gov. (mdopc.gov)

Feddersburg Senior Center

Good News! Spring is just around the corner on March 20th. March is National Nutrition Month, St. Patrick's Day on the 17th, and the start of Day Light Saving Time on March 13th.

The Feddersburg Senior Center will present many programs and activities to celebrate these dates.

- Tuesdays at 10 AM, Tyrell James will present Healthy Living.
- Tuesdays and Thursdays at 11 AM, Tyrell James will be instructing an exercise class.
- Tiffany Scott from Priority Partners will present Medicaid: Understanding Your Benefits, on the 2nd at noon.
- Medical Care & You (Questions to ask your doctor) on the 17th at noon.
- Emergency Preparedness on the 31st at noon.
- Melisa Chapple from University of Maryland will take blood pressure readings and hold individual health consultation with members on March 8th at 10 AM.

The senior center is located above the Feddersburg Town Hall on Tuesdays and Thursdays from 9 to 3. Continental breakfast is available at 9 and lunch served at noon for a donation of \$2.75. Come and join us.

March Birthdays: Mary Anders, March 4; Louise Magee, March 3

Events at Tuckahoe and Martinak State Parks

Walking for your health is the goal this month for Healthy Parks, Healthy People. One step at a time will lead you to success. Just 30 minutes of walking three days a week can increase cardiovascular fitness, according to Prevention Magazine. Also, Caroline County residents have free access to the trails at Adkins Arboretum thanks to support from the Caroline Foundation. Please visit this beautiful resource as well as the other parks in the area.

Walks and Hikes

Senior Walk: Meet at the Martinak State Park Office at 10:30 AM on Tuesdays and Thursdays for a guided walk on a paved trail. Walks are approximately 1.5 miles in length or about 3,000 steps and plenty of benches are available for resting and enjoying nature.

First Saturday Guided Walk: Discover native habitats as you walk at Adkins Arboretum on March 5 at 10 AM. Registration is required. Call 410-634-2847.

Explore Your Parks: Meet at the Tuckahoe State Park Lake on March 2 at 10 AM for the first in a series of walks this month. Through the winter and early spring, guided hikes will be offered in a variety of parks. Each hike will be 3 to 5 miles. Explore the plant diversity along the way. It's a great way to get exercise and meet new people! Email Karen.giannino@maryland.gov or call 410-924-1529 for more information and to register for the hikes. All hikes begin at 10 AM. See the schedule below:

March 3: Tuckahoe State Park Lake Parking Area

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March 9: Idylwild Wildlife Management Area,
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March 16: Adkins Arboretum, Visitor Center

March 23: Blackwater Wildlife Refuge Visitor Center

**March 30: Wye Island Natural Resource
Management Area Lodge Lane Parking Area**

Herpetology Walk: Join Scott Smith on March 26, at 10 AM at Adkins Arboretum to learn about the frogs, turtles, snakes, and salamanders that inhabit the wetlands and forest. Scott is the Maryland DNR-Natural Heritage Program Wildlife Diversity Ecologist. Call 410-634-2847 to register. \$5

St. Paddy's Day Fun Run: Start your salute to the Irish and your spring fitness conditioning on this certified fast and scenic course through Denton and Martinak State Park (10K course) Saturday, March 12th at the St. Paddy's Day 5K and 1 Mile Fun Run.

Plenty of lucky surprises await on the course and at the finish. Register anytime through our finish line production partner Seashore Striders at www.seashorestriders.com.

Art and Crafts

Yarning at the Arboretum: Bring your yarn projects for an afternoon of camaraderie and encouragement. Beginners are welcome: experienced knitters and crocheters will help you learn the ropes. Please bring your own chair. Fiber artists will meet on the patio. In the case of inclement weather, plan on meeting in the Visitor's Center gallery. Call 410-634-2847 to register for this free program.

Art Reception: The 2022 Juried Art Show, Discovering the Native Landscapes of Maryland's Eastern Shore, celebrates the Arboretum's mission of conservation. This annual show draws entries in a wide variety of mediums, from painting and sculpture to photography and crafts, by artists from the mid-Atlantic region and beyond. This year's juror, Teddy Johnson will discuss his choices for the show on Saturday, March 12 from 2 to 4 p.m. Visit the gallery, and meet the artists during the reception to be held at the same time. Free for Caroline County residents!

Yarnstorming: Yarnstorming is back! For the third year running, Adkins Arboretum is partnering with local yarn artists and the Fiber Arts Center of the Eastern Shore (FACES) to create a whimsical and exciting visual experience in the trees around the Arboretum Visitor's Center. Fiber artists, both veterans and those new to yarn art, will adorn native trees with everything from pompoms to needle felted animals to branch and trunk wraps and hammocks for woodland creatures. Visit the Adkins Arboretum on Tuesday - Saturday from 10 AM to 4 PM and Sunday 12 PM to 4 PM. Free for Caroline County residents!

Check our website for more park activities by clicking on the calendar of events <https://go.activecalendar.com/doit-md/?&ql=y&search=y>

For more information call 410-820-1668 or email karen.giannino@maryland.gov.

Deaths

Fleegle Helfenbein Funeral Home - Greensboro **410-482-8914 www.fleegleandhelfenbein.com**

Jan. 7 Joseph Richard Lins, Jr., 58, Greensboro
Jan. 13 Karen Mae "Freddie" Haley, 78, Ridgely
Jan. 17 Alice Marie Tribbett, 79, Ingleside
Jan. 17 Joseph Brian "Joe" Smith, 47, Easton
Jan. 21 Patricia Lynn Dolan, 62
Jan. 23 Helen Marie Kendall, 83, Henderson
Jan. 27 Robert Lee Tyree, 81, Felton, DE

Framptom Funeral Home - Federalsburg **410-754-8888 www.framptom.com**

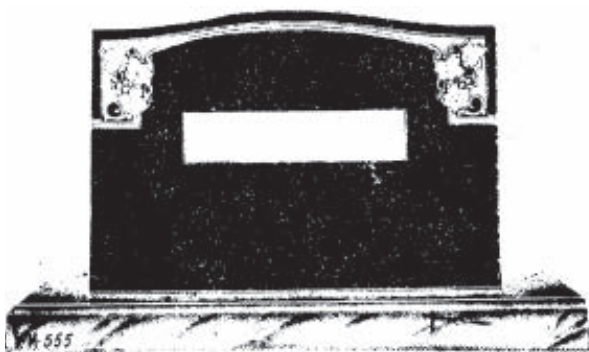
Jan. 7 Melvyn Gary Miller, 77, Lincoln, DE
Jan. 8 Carol Payne Gadsby, 72, St. Michaels
Jan. 9 Robert Lee Smith, Sr., 72
Jan. 10 Melvin Leroy Whiteley, 68, Eastpointe, MI
Jan. 11 Pearl L. DeFord, 94, Greenwood, DE
Jan. 14 Ralph S. Miller, 98, Greenwood, DE
Jan. 14 Earl Ward "Sonny" Hughes, Jr., 85, Bozman
Jan. 14 Naomi C. Friend, 75, Federalsburg
Jan. 16 Sandra Geihlsler Monroe, 75, Preston
Jan. 16 Sharon Kaye Glime Reed, 73, Federalsburg
Jan. 19 Ronald A. Breeding, 73, Seaford, DE
Jan. 19 Grayson Alexander Seth Harrison, 24, Wittman
Jan. 20 Barbara E. Stallard, 78, Harrington, DE
Jan. 21 Lorraine Williamson Fairbank, 88, Easton
Jan. 21 Mary Denise Bradford, 59, Federalsburg

Jan. 23 Lois E. Morgan, 80, Harrington, DE
Jan. 25 Margaret C. Wallace, 96, Easton
Jan. 25 Paul Lennon Nichols, Sr., 91, Federalsburg
Jan. 26 Edward Charles Warnick, 63, Greenwood, DE
Jan. 26 Charles Alfred Binder, 84, Easton

Moore Funeral Home - Denton **410-479-2611 www.moorefuneralhomepa.com**

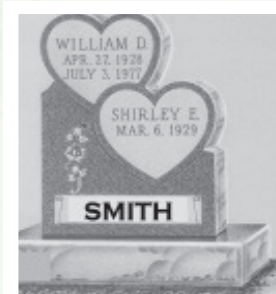
Jan. 5 Clarence Franklin Freeman, Jr., 56, Glen Burnie
Jan. 9 Frances Jean Hevalow Joiner, 91, Greensboro
Jan. 9, Phyllis Edith Beauchamp Garey, 90, Denton
Jan. 11 John Atha Allen, 65, Greensboro, DE
Jan. 12 Linda Christine Roark, 57, Denton
Jan. 14 Henrietta Hill, 88, Denton
Jan. 14 Ronald Dawson Hamilton, 76, Denton
Jan. 16 Winston W. Williams, Jr., 86, Denton
Jan. 16 John Gentry Fleetwood, Sr., 79, Easton
Jan. 16 Shirley Ann Carey Burdeaux, 86, Denton
Jan. 18 Doris Imogene Edgar, 93, Rehoboth Beach, DE and Denton, MD
Jan. 19 Elizabeth Ann Mac Donald, 89, Greenwood, DE
Jan. 19 Ash N. Reed, 35, Federalsburg, MD
Jan. 24 Robert Lee Chambers, 73, Federalsburg, MD
Jan. 25 Virginia Mary Ell Peddicord, 95, Hillsboro
Jan. 25 Frank Howard Clyatt, III, 89, Glen Burnie
Jan. 25 Gail Lillian Baxter Jensen, 85, Denton
Jan. 26 Charles Millard Linz, 79, Denton
Jan. 30 Gail Patricia (Price) Newcomb, 65, Hurlock

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Caroline Review Word Puzzle

Rivers of the Eastern Shore

Circle words forward, backward, up, down, and diagonally.

M	H	L	N	T	P	J	Y	F	X	M	G	A	R	D	E	N	N	R
Y	A	L	I	O	S	F	O	N	O	I	N	U	Y	P	P	A	H	B
R	L	A	I	E	T	W	K	H	B	L	D	W	P	P	I	H	R	D
T	T	N	W	L	L	S	A	N	N	E	E	A	S	D	N	I	W	E
L	T	A	I	L	E	D	A	R	A	S	R	N	N	Y	D	O	L	C
E	L	H	C	R	U	H	C	E	D	T	T	I	E	G	A	T	V	K
L	D	E	E	E	D	C	A	T	A	L	P	A	E	M	S	D	E	A
O	E	S	H	T	W	O	L	S	E	A	P	O	O	I	A	E	R	S
F	A	T	T	S	N	E	V	A	H	S	S	R	H	X	R	E	E	D
R	L	R	I	E	W	H	E	E	L	E	R	W	A	C	F	P	S	N
A	M	A	V	H	A	O	R	S	R	L	E	E	E	H	A	O	Y	E
U	E	I	T	C	W	M	T	E	H	R	P	V	F	P	S	K	R	B
G	A	T	N	S	A	E	B	V	S	A	O	O	R	I	S	O	U	D
U	S	M	I	N	S	S	H	O	R	E	O	R	A	D	A	O	Y	R
S	B	A	O	H	I	T	T	C	A	R	H	G	N	D	S	W	N	E
T	U	R	P	U	W	E	I	L	M	T	A	A	C	E	D	A	R	T
I	R	S	I	I	N	A	P	L	E	L	R	E	I	Z	A	R	F	T
N	Y	H	L	C	O	D	W	O	L	L	E	M	S	L	L	A	H	O
E	K	D	A	R	K	E	S	P	X	S	E	L	R	A	H	C	I	P

Augustine / Herman
Box / Garden
Castle / Haven
Catalpa
Cedar / Point
Charles / Calvert
Chester
Choptank
Deep / Whistle
Dover / Bridge

Eastern / Shore
Easton / Point
Francis / Asbury
Frazier / Flats
Happy Union of Soil / and Sky
Head / Winds
Hip / Roof
Homestead
Hooper / Strait
Indian / Mounds

Mellow / Brick
Miles
"Minnie / Wheeler"
Myrtle / Grove
Oxford
Potter / Hall
Salt / Marsh
Sassafras
Seamen
Sewall / Manor

Sharp / Bends
Shell / Road
Steamboat / Days
Still / Coves
Swepson / Earle
Trappe / Creek
Tred / Avon
Two / Johns
White / Marsh / Church
White / Tailed / Deer
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Denton Rotary Speakers Schedule

Denton Rotary Club meetings are held Wednesdays from Noon to 1 PM at the Caroline Culinary Center, 512 Franklin St., Denton, MD. Come join us for a free lunch and find out about the exciting "Service Projects" the club is working on. For more information, contact Charlie Huber at 410-479-2070 or charliehuber@comcast.net.

Speakers Schedule

March 2 | Program:
Hugh Dawkins, District Governor

March 9 | Program:
Stefanie Johnson, His Hope
Ministries Community Outreach
Coordinator

Mar 16: Program

Mar 23: Program

Mar 30: Business Meeting



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