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FEBRUARY 2021

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Caroline REE REVIEW

Camp Mardela
New Administrator

Putting the "Count" in Counties

Recreation & Parks Winter Season Begins

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News • Events • Activities • Classes and More...





Your Chamber at Work

by Tracey Snyder, Executive Director of Caroline County Chamber of Commerce

We are excited for February! It brings back our Women in Business Network! We will have a virtual event that will teach on Mind Set featuring the Chesapeake Think Tank and a few other exciting guests.

You can find all the details through our Facebook page or website carolinechamber.org. We plan to be hybrid throughout the year and whenever possible and safe, host fun in person events. We are working to bring the Amateur Dog Show to life, Mactoberfest Road Trip, Small Business Academy, Virtual Meet & Greets, Cash Circles, Partnership Platform Podcast, and put a Caroline County twist on our Best in Business Awards!

Navigating through these ever changing times can be extremely difficult, the Caroline County Chamber of Commerce wants you to know we are here for you!

Together we will can get through anything! Stay well and safe!



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Questions/More information: Email us at legion29.org, call David Baker at 410-714-4450 or Jim Howeth at 410-310-5802

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our annual membership dues of \$35 for any new member.

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Reward

- Opportunities to share your acquired knowledge and leadership
- Learn from the leadership of the American Legion to step up when you have the ability and time to assist in the operation of our post.
- Enjoy the functions we host and bring your own ideas.

For a membership form:

http://www.legion29.org/files/american_legion_membership_application.pdf

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ALL ARTICLES MUST BE SENT VIA EMAIL.



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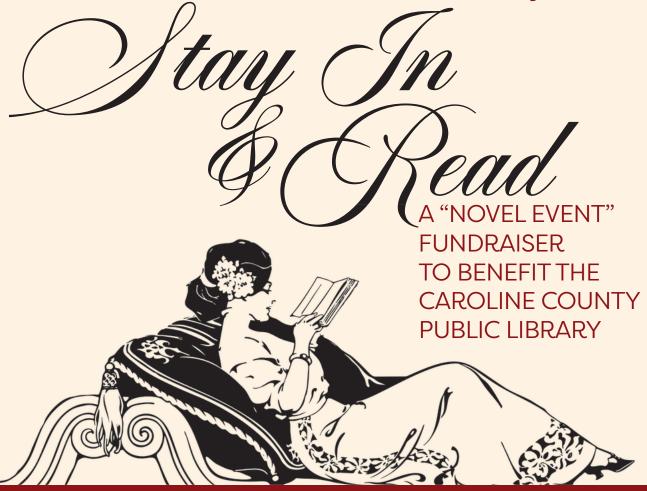


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FEBRUARY 13 - 20

Join the conversation on our Facebook event page and let us know what you'll be reading!

New Administrator Named for Camp Mardela

By John P. Evans III

Camp Mardela in Denton has a new administrator, a young Brethren woman whose recent humanitarian trip around the world adds to her qualifications for the position.

Jennifer Summy, a Harrisburg, PA native and graduate of Lebanon Valley College in Pennsylvania, began her new position on January 1. She replaces Gieta Gresh, who had held the position since 2005.

Summy said in a phone interview that she sees her new position as an opportunity to continue a ministry she nurtured while on a year-long mission to 12 countries throughout the world referred to as the World Race. Included in her previous experience was being a camp counselor and bank teller. At Lebanon Valley, she earned a degree in Music Business. She is currently working on completing a Master's Degree in Business Administration from Mount Vernon Nazarene University. She also has extensive experience in leading music and theater group, as well as advanced Spanish-speaking abilities.

"I had heard from some friends I know from this area that Camp Mardela was looking for an administrator. I looked into the position and the more I found out about it, the more it sounded like somewhere I could continue what I had started; somewhere where I could reach out to children and make a difference in their lives and in them finding their own way in their religious awakening; somewhere I could continue my own ministry," she said. "Once I got here, I realized what a beautiful place this is; the natural surrounding is so peaceful."

During her recently-completed yearlong mission, Summy visited the following countries, each one for a month: Colombia, Ecuador and Peru in South America; India and Nepal in Asia; Rwanda, Uganda, Kenya and Ethiopia in Africa; and finally, she traveled to Romania, Portugal and Spain in Europe.

"The biggest thing I learned is the incredible diversity of human beings. Even in our group of 40 people from the United States, there were people who had come from different cultures and everyday lives. It was really amazing to see the different cultures."

Summy raised the funds needed for her trip herself by calling on churches, business and friends near where she lived, as well as where she attended college.

"I had to raise my own money in order to go on this trip. I feel it should benefit



me when it comes to raising money for Camp Mardela," said Summy.

She attended and later worked at Camp Swatara in Bethel, PA for seven summers, three as a camper and four as a counselor.

"I have a lot of fond memories of camp," said Summy. "My favorite thing was experiencing the sacred camp fire. That's what I remember most about camp, those moments of deep spiritual connection and being in communion with other people at the camp. I was at a young age and it was very powerful in my faith.

"Brethren churches run deep in my family," she said. "Both my parents, Tim and Felecia Summy, grew up in the Brethren church. In fact, they met at camp (Swatara)."



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During her brief time at Camp Mardela so far, Summy has learned about the camp and its mission, its plans for the coming year and what areas need to be improved or expanded.

"I have been kept busy in many ways. I have tried to visit the local Brethren churches, which has been made more difficult because of the CoVid-19 virus. Plus, I have been working with the Thursday morning group in cleaning up the church grounds in preparation for the coming season. I have noticed how much energy and excitement comes from the people I have met regarding the camp's future. I am hoping that we will soon begin seeing more people enjoying camp this year and in the future after having to close in 2020, and I am taking a lot of time to plan out how to make that possible."

Summy said that as a girl she enjoyed summer camp; a joy she continued to experience as a counselor in her teen years. Church camp helped to enable her to spiritually grow and establish some relationships she still holds dear.

"A week at camp is a powerful catalyst in the faith of children and youth and I am passionate about making the most of that experience for all parties involved," she said. "Every step of my spiritual journey has come from the growth and relationships at camp. I believe that God works in mighty ways when we meet him in the heart of His creation. I know from personal experience that camp can be a powerful and uplifting experience."

Summy said one of her biggest tasks will be continuing to make strategic plans for the camp's 75th Anniversary celebration, "Celebrating 75 Years: Serving the Future", coming up in 2023.

Since its founding in 1948, Camp Mardela has been serving children and youth summer campers and year-round rental groups. Major annual events include the camp auction each spring and camp supper in the fall.

Camp Mardela is located on 125 acres adjacent to Martinak State Park in Denton. For more information on Camp Mardela, contact campmardela@gmail.com or call 410-479-2861.





Recreation & Parks

We're excited to start our winter session, featuring a lot of new opportunities as well as the classic programming you're used to. Class sizes will be smaller as we continue to follow safety guidelines, so space is very limited. We're also building in additional time for our instructors to clean and disinfect prior to and following classes. Listed information is subject to change.

REC ON ROTATION

These 2-class workshops for elementary age children (ages 5-11) will include hands-on STEM activities as well as a 60-minute (weekend) or 30-minute (weeknight) fitness rotation featuring active, socially distanced games and competitions.

Start Your Engines!

February 6 and 13, 9:30 AM – Noon or 1:30 PM – 4:00 PM, Fretterd Community Center, \$49.

February 16 and 18,5:30 PM – 7:00 PM, St. Luke's United Methodist Church, Denton, \$39.

Ready, set, LEGO! In this hands-on experience, participants will design and construct a LEGO car, as well as modify and test multiple design features. They will explore the relationship between design and performance and take home the model they create during their final building challenge.

All Aboard!

February 20 and 27, 9:30 AM – Noon or 1:30 PM – 4:00 PM, Fretterd Community Center, \$49.

March 2 and 4, 5:30 PM – 7:00 PM, St. Luke's United Methodist Church, Denton, \$39.

Trains have transported people and cargo around the world for hundreds of years. Participants will explore several scientific innovations that have made trains safer and more efficient. They will make and test models of their wheels to understand how they stay on the track, as well as discover how magnets function on a maglev train. They will make and take home a simple model of a maglev train.

Grossology

4-class workshop, February 22 – 25, 5:30 PM – 7:00 PM, 4-H Park (Williams Building), \$59.

Get ready to be totally grossed out as you discover some of the unsavory mysteries of the human body and nauseating things about animals. Hold onto your stomach and prepare to explore, examine, and dissect the revolting, unappetizing and foul. This is a stomach-churning, hands-on scientific journey that promises to be totally gross!

Valentine Dinner

Friday, February 12

Valentine Day Dinner at Denton American Legion Post #29, 9238 Legion Road, from 5-7 PM. Fish & Shrimp is \$8 for one or \$12 for both. Entertainment by "Country Express" from 7-10 PM. Info. 410-479 2708.



REC 2 GO

Check out our new monthly REC 2 Go activity boxes which will include some amazing STEM or art and crafts projects and all the materials your child will need for hours of fun. Kits will include access to specially produced videos that will show your child how to take things even further.

Order online or over the phone and then drive through and pick up from our office on Wednesday, February 24 from 4 -6 PM or Saturday, February 27 from 9 – 11 AM.

Pompom Mania Kit - \$20

Pompoms are always in-season! With this kit you will learn some tried and true tips for making perfect pompoms, as well as tools in four different sizes. After you master your pompom making skills, you will be able to make a pompom scarf, pompom critters, a pompom garland or wall-hanging. The possibilities are endless and so is the fun! Suitable for ages 8+.

Build a Sail Car Kit - \$18

Making a wind-powered vehicle that can really go is only the start of the fun and learning for your child. They'll create and test sails with various designs, shapes, and sizes, and challenge themselves to make adjustments based on different wind conditions. You can add common recyclable materials you have at home to expand your child's options even further. The materials are all reusable, so there's endless opportunity limited only to your child's imagination. Suitable for ages 4+, adult supervision suggested for children under 12.

Coming soon – our March REC 2 Go boxes: Boho Décor and Wiggle Bots!

Start Smart Basketball

Help your child prepare to be successful in organized sports and have fun with them too by participating in this nationally recognized parent-child basketball program which will develop general motor skills as well as specific basketball-related skills. This program requires a parent or other adult to participate with the child to work one-on-one, spending quality time while having fun. Each child will receive their own

equipment, including one mini and one Teslon (soft) basketball, 4 cones, scrimmage jersey, and participant manual.

3-4 yrs, Sat., 2/6 – 3/6, 9:00 AM – 10:00 AM or 10:30 AM – 11:30 AM, 4-H Park (Detour Rd), Main Building, \$89.

Karate

New options for your convenience!

Tiger Cubs 1

5-8 yrs, Mon, 2/1 – 4/12, 6:15 – 6:45 PM, Fretterd Community Center, Room 104, \$39 (no class 4/5)

5-8 yrs, Thurs., 2/4 – 4/15, 6:15 – 6:45 PM, Fretterd Community Center, Room 104, \$39 (no class 4/1)

Tiger Cubs 2

8-12 yrs, Mon., 2/1 – 4/12, 7:00 – 8:00 PM, Fretterd Community Center, Room 104, \$79 (no class 4/5)

8-12 yrs, Thurs., 2/4 – 4/15, 7:00 – 8:00 PM, Fretterd Community Center, Room 104, \$79 (no class 4/1)

Beginner/Advanced

12 yrs & up, Mon. & Thurs., 2/1 – 4/15, 7:00 – 8:15 PM, Fretterd Community Center, Gym, \$109 (no class 4/1, 4/5)

Save the Date

15th Annual Daddy Daughter Dance!

Saturday, February 20

We're going all out for this anniversary, but it's taking a little extra time to work out how to keep all your favorite traditions alive in a new format. Keep an eye on our Facebook page https://www.facebook.com/CCRecAndParks for breaking announcements.



- Cindy Draper, LMT offering Swedish, Deep Tissue, Pregnancy Massage, Reiki, Healing Touch
- Michele Wade, LMT specializing in Swedish, Deep Tissue, Clinical Acupressure, Cranial Sacral, Reiki
- Kelly Bowles, LMT specializing in Swedish, Deep Tissue, and now New Offerings Starting in February -Cupping, Warm Bamboo Massage, Lymphatic Dry Brush Treatment with Moisturizing Shea Butter Wrap
- Joyce Thume, LMT Swedish, Deep Tissue, Sports Massage, Cupping
- Diana Limberis, Aromatherapy Consultations, Foot Ionization Spa, Reflexology
- Lydia Wainwright, M.Ac., Guasha, Acupuncture, Tuesday & Wednesday
- Shannon Walker, M.Ac., Guasha, Acupuncture Tuesday

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How to Respond When Risk Tolerance Is Tested

Submitted by Ann Jacobs, Financial Advisor Edward Jones - Denton -443-496-1755



When you begin investing, you'll generally assess your comfort with risk, as your investment choices will be guided at least partially by your risk tolerance. But once you actually experience the ups and downs of the market, this tolerance could be tested.

Risk tolerance may appear less bothersome in the abstract but seem quite different in reality. For example, you might initially think you wouldn't be fazed by short-term market downturns, no matter how severe. However, when the financial markets really decline, as happened when the COVID-19 pandemic struck last March, you might find yourself being more concerned than you thought you would be.

Before you change your investment strategy, it's important to understand the potential tradeoffs. By limiting your downside risk by investing less aggressively, you may also limit your upside potential. You might need to change your strategy in other ways, such as saving more or working longer. That said, the tradeoff involved in reducing your downside risk may be worth taking, if it helps you cope better with wild market swings, as the best strategy may be one you can stick with

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through the inevitable ups and downs of the markets.

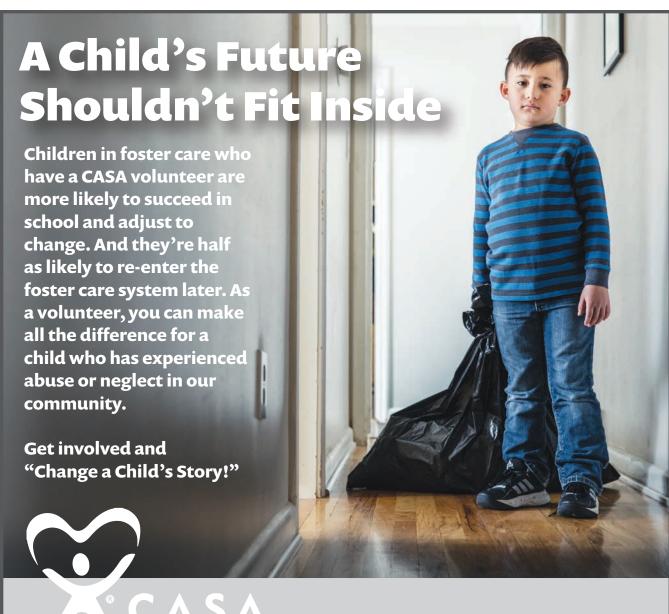
Because market fluctuations are a normal part of investing, here are some additional suggestions that may help you focus on your long-term strategy.

- Look past the immediate event. While the market's pandemic-driven fall was sudden, its recovery was also fairly quick. Eight months after its March meltdown, the market had regained all the lost ground and reached a new record high. During the midst of what appears to be a real threat to your investment portfolio, it can be difficult to anticipate a more favorable environment. Yet, while past performance can't guarantee future results, every historical market decline has been followed by a recovery.
- Understand that the Dow isn't your portfolio. When
 the Dow Jones Industrial Average and the other major
 market indexes such as the S&P 500 fall precipitously (or
 shoot up), it makes headlines. But the Dow and the S&P
 500 only track the performance of large U.S. companies

 and while their performance may be an indication of
 the U.S. economy, they aren't going to track the results of
 your portfolio, which should ideally include a personalized mix of large-company stocks, small-company
 stocks, international stocks, bonds, government securities and other investments.
- Keep your emotions out of your investment moves. The market will fluctuate constantly but you should always try keep your emotions in check. Excess exuberance when the market rises, or extreme despondency when the market falls, can lead you to make poor decisions. Specifically, we may buy when we feel good (when the markets are up) and sell when we feel badly (when markets are down). Your heart and your emotions may drive your financial goals creating a comfortable retirement, sending your kids to college or leaving a legacy for your family but when you invest for these goals, you should use your head.

Your risk tolerance is a key part of your investment strategy. But by taking the steps described above, you can gain a broader understanding of how risk fits into your overall picture – and a better understanding of yourself as an investor.





FOR CHILDREN

For more information on CASA of Caroline or to become a volunteer, please contact Shelly Kulp at 410-479-8301, carolinecasa@verizon.net, or visit www.carolinecasa.org.

You CAN make a difference!

Get involved, become a CASA, "Change a Child's Story"!

Deed Transfers

John E. Carlisle to Hermitanio Bartolon, Ana Mendez, Joshua Bartolon Mendez, and Wendy Bartolon Mendez, 104 Boyce Mill Road, Greensboro, \$30,000.

CMH Homes, Inc. to Jeremy C. Truax, Jr. and Jane Patricia Copple, 26258 Auction Road, Federalsburg, \$221,431.

1st Class Capital, LLC to Eriberto Gonzalez, 10.12 acres on Pealiquor Road, Denton, \$100,000.

Deborah J. Burke to Phillip C. Blazejak, 22718 Deep Branch Road, Denton, \$80,000.

George Nicholson and Karen T. Clark to Scott Lee Muder, 301 E. Sixth Street, Ridgely, \$227,500.

Frank J. Bertics to Jack A. Upchurch, III and Jack A. Upchurch, Jr., 107 Sage Drive, Denton, \$180,000.

Bozek, Inc. to Banning Holdings, LLC, Jefferson Pond Road, Lot 3 & 4, Federalsburg, \$45,000.

Marilyn J. Weinrich and Dale Richard Weinrich to Cody B. Satterfield and Emilee N. Manship, 9460 Fisher Road, Denton, \$290,000.

Robert H. Forrester, III to George Nicholson, 10833 Greensboro Road, Denton, \$250,000.

Manfred F. Honeck to Allen Smentkowski, 25196 Collinswood Court, Lot 13, Denton, \$335,000.

Craig Ellis and Amanda Ellis to Yovani Ayala Escobar and Jessica K. Torres, 5277 Preston Road, Federalsburg, \$225,000.

The Gardens Land Group, Inc. to Nona Pauline Jones, 107 Primrose Avenue, Denton, \$256,310.

Ronald L. Hawkins, Jr. to Rebecka Elaine Watkins, 403 Wood Duck Drive, Greensboro, \$215,000.

The Estate of Joan G. Fountain to Edgar A. Aguilar Velasquez and Florinda E. Fuentes Deaguilar, 417 Lincoln Street, Denton, \$62,000.





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State Highway Administration to Bloor Holding Company, LLC, e/s River Road, West Denton, \$3,700.

Tonise Marshall to Joshua Lee Boyles, 114 Wothers Road, Greensboro, \$237,000.

Edward A. Duvall, Jr. and Robin A. Duvall to Cassandra A. Corkell, 320 Park Avenue, Federalsburg, \$180,000.

Dana P. Mills to David F. Allison, 9380 New Bridge Road, Denton, \$255,000. Marie C. Smith, Lisa M. Rose, Leah A. Christenson, and Gary L. Dukes to George Garrett Colen and Melody Adrianne Colen, 25711 Garey Road, Denton, \$385,000.

The Estate of Rose Marie Wood to Megan Marie Callahan, 240 N. Central Avenue, Ridgely, \$142,500.

Wilma L. Basque-Anthony to Tybarian Le'Owen Ross-Walters, 201 Greenridge Road, Federalsburg, \$170,000.

Tuckahoe Habitat for Humanity, Inc. to Ryan M. Maloney and Pam L. Geib, 200 N. Sixth Street, Parcel 0607 and 202 N. Sixth Street, Parcel 0608, Denton, \$26,000.

Tulani N. Fisher to Elissa M. Moore, 1401 Blue Heron Drive, Denton, \$165,000.

J Group 1300, LLC to Hobbs Tree Farm, LLC, acreage on Bates and Hobbs Roads east of Denton, \$968,100.



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B. Henry Ward and Teresa Ann Ward to Matthew D. Keiser and Rebecca S. Keiser, 23071 Tuckahoe Springs Drive, Denton, \$610,000.

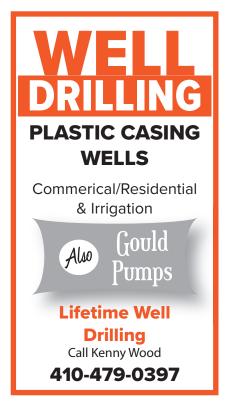
Evaldo Mendes and Ana Mendes to Lisa R. Sheehan, 22677 Camryn's Way, Queen Anne, \$345,000.

Marilyn J. Krauss to Kathleen Holden, 24530 Canninghouse Alley, Denton, \$160,000.

The Estate of Curtis Elbert Willin to William R. Thomas, Jr., 25715 Three Bridges Road, 23211 Hog Creek, 23251 Hog Creek, and 23170 Hog Creek, Federalsburg, \$700,000.

Robert W. K. H. Templar to James Tate, 201 South Fifth Avenue, Denton, \$365,000.

Darlene G. Torres to Maycee Karianne Whetsell, 107 School Street, Unit 2-C, Greensboro, \$104,900.



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Thomas T. Usilton, Jr. to Mark Giblin, 921 Market Street, Denton, \$90,000.

Terrapin Certificates, LLC to Jerimiah A. Patten, 25512 Hignutt Road, Denton, \$200,000.

E. Dee Monnen to Matthew Baxter and Miyuki Darling Arauz Suico,

511 Old Denton Road, Federalsburg, \$119,900.

Richard R. Hogle and Beth L. Lawton to Karen L. Swartz, 101 Fifth Avenue S., Denton, \$225,000.

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Library Corner



Caroline County Public Library www.carolib.org info@carolib.org 410-479-1343

by Jeanne Trice

ALL THE LIBRARY SERVICES YOU'VE ALWAYS LOVED - SERVED UP SOME NEW WAYS!

Stay in and Read: Join the Friends' Coziest Non-event of the Year!

Staying in these days? We are too! Our Friends will not be hosting their Library Minigolf fundraiser this year. But you can still support your library and have fun during February by joining their virtual fundraiser!

Grab your PJs, a book (or several), curl up with some snacks and a drink, and start reading. To register/donate visit the Friends' website, carolineFOTL. com, for all the details and some great book recommendations. Post a picture and join the conversation about what you are reading on the Friends' Facebook page!

Curbside and Contactless Services Continue

Our contactless services, such as curbside pickup, laptop/hotspot lending, and virtual programs, are available at all three locations. Visit our website or call 410-479-1343, Ext 106 for updated hours and services.

Chat with a Librarian

We now offer online Chat Help from 10 a.m.-6 p.m. Monday through Saturday.

Visit carolib.org and click the green button on the bottom right of any webpage to chat with staff. We can help you find free online tutoring, learn about your phone, tablet, or computer, and connect you to sources for homework help.

You can also request books, DVDs, games, and 3D prints through Library to Go, and so much more!

Books-by-Mail Service Available

Can't get to the library? Let us bring the library to you!

Books-by-Mail is a free service offered to Caroline County residents with a Caroline County Public Library card.

It allows homebound residents to borrow and return library books and audiobooks through the mail.

No card? No problem! Call us at 410-479-1343, Ext. 106 to set up your

free library card account.

Visit our website, click on the Services menu, and click "Books by Mail" or call 410-479-1343, Ext. 170 for more information.

Laptops and Wi-Fi Hotspots Available for Check Out

Borrow a laptop or hotspot! It's free with your library card, and you can get expert remote tech help from a librarian.

Must be 18 or older. For details, visit our website, click on the Services menu and then "Laptops for Checkout" or call 410-479-1343, Ext. 106.

Faxing and Printing at All Locations

Send us your documents via our website or bring them to curbside service and we can make copies or fax for you!

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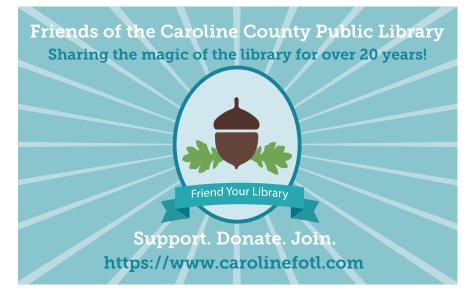
Visit "Library to Go: Printing and Faxing" under the Services menu of our website for more information.

VIRTUAL FUN AND LEARNING FOR KIDS AND TEENS

Discord for Teens at the Library!

The library and its Teen services and Makerspace team are excited to offer a virtual hangout space, just for teens!

If you are ages 13 to 18, and you also enjoy discussing things like anime, arts and crafts, books, movies, trivia, and video games, join our Teen Discord server. Chat with other teens and our librarians in a welcoming environment,



and find out about our virtual programs. For more details visit our website, click on the Children and Families menu and then "Join Our Teen Discord Server" or email cthompson@carolib.org.

Learning at Home? Your Library is Here to Help!

Your library is here to support students and families throughout the school year!

Due to the COVID public health emergency, this school year will be very different.

Explore an extensive list of resources on the "Resources for Learning at Home" page of our website, under the Children and Families tab, or reach out to a librarian for help on the phone (410-479-1343 ext. 106), via email (info@carolib.org), or via chat (click the green chat bubble on any page of our website).

VIRTUAL PROGRAMS FOR ADULTS

Join a Virtual Book Group

Hooked on Books: Tuesday, February 9, 6:30 p.m. – *The Watchmaker of Filigree Street* by Natasha Pulley.

To register and receive a Zoom link, email jtrice@carolib.org.

Tuesday Night Book Club: Tuesday, January 16, 6:30 p.m. – *Hissing Cousins* by Marc Peyser & Timothy Dwyer.

To register and receive a Zoom link, email info@carolib.org.

Free Ice Cream When You Join the Friends of the Library!

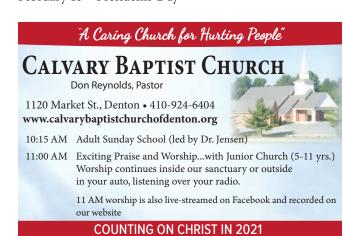
Join the Friends of the Library and get a free ice cream at one of these participating businesses in Caroline County:

Bullocks Deli in Denton, Tenchi in Greensboro, and the Federalsburg Family Restaurant. Enjoy a sweet treat and the sweet knowledge that you are helping your library!

To join, visit carolineFOTL.com, or call 410-479-1343, Ext. 106 to receive your application in the mail.

Closings

February 15 - Presidents' Day







\$1 Billion in Further Economic Relief

By Debbie Bowden, Director, Caroline County Economic Development

There was a great deal of news last month about federal and state support to small businesses. Information is flowing every day, and things are changing rapidly regarding relief packages to small businesses. Loans and grants, tax credits and repeal of taxes – all designed to help with operating capital of the hardest hit businesses due to COVID19.

Funded by the 2020 federal CARES fund, we stood up the Small Business Grant Program which helped us provide \$2,061,677 in relief to 173 Caroline County businesses and non-profits. Originally the federal guidelines required that we spend down all our allocation by December 30, 2020. In the federal stimulus passed at the end of December 2020, that deadline was

extended to December 31, 2021, for monies not spent. The County did not want to risk sending back federal dollars that could instead be put to better use in Caroline and put out every dollar in CARES funding we received. As of mid-January, Caroline County has not received any additional funding to support another grant program.

The Maryland General Assembly is in session for 2021, and Governor Larry Hogan announced that his administration is proposing \$1 Billion in further economic relief. Although it is emergency legislation, it will need to pass in the Senate and House of Delegates before becoming law. Then the programs will need to be codified in regulation by appropriate agencies. The

relief program is focused on tax relief for small businesses, which will help with cash flow.

The U.S. Small Business Administration (SBA) reopened its Payroll Protection Program (PPP) and Economic Injury Disaster Loan (EIDL) in January. The PPP program is administered through banks and lending institutions, and EIDL is done directly through SBA. Check with US SBA website for more information, as these programs will be ever changing.

For updates on any future business support, please visit carolinebusiness. com, sign up for our newsletter, and follow Caroline County Economic Development on Facebook.

Caroline County Economic Development is a department within Caroline County government. Its mission is to help businesses thrive in the community. Debbie can be reached at 410-479-4188 or info@carolinebusiness.com





February Tide Table

Predictions for Tuckahoe (See below for other factors) Eastern Standard Time

Date	9	AM				PM		
1	5:01	Lo	10:52	Hi	5:17	Lo	11:13	Hi
2	5:46	Lo	11:44	Hi	6:09	Lo	11:56	Hi
3	6:33	Lo			12:37	Hi	7:03	Lo
4	12:41	Hi	7:21	Lo	1:32	Hi	7:58	Lo
5	1:29	Hi	8:11	Lo	2:29	Hi	8:53	Lo
6	2:22	Hi	9:03	Lo	3:29	Hi	9:48	Lo
7	3:19	Hi	9:57	Lo	4:29	Hi	10:44	Lo
8	4:20	Hi	10:52	Lo	5:28	Hi	11:40	Lo
9	5:22	Hi	11:48	Lo	6:26	Hi		
10	12:35	Lo	6:23	Hi	12:43	Lo	7:20	Hi
11	1:28	Lo	7:21	Hi	1:37	Lo	8:11	Hi
12	2:18	Lo	8:16	Hi	2:29	Lo	8:57	Hi
13	3:06	Lo	9:09	Hi	3:19	Lo	9:41	Hi

14	3:51	Lo	9:57	Hi	4:07	Lo	10:21	Hi
15	4:36	Lo	10:42	Hi	4:55	Lo	11:00	Hi
16	5:19	Lo	11:26	Hi	5:43	Lo	11:38	Hi
17	6:03				12:09	Hi	6:31	Lo
18	12:16	Hi	6:48	Lo	12:53	Hi	7:20	Lo
19	12:55	Hi	7:34	Lo	1:40	Hi	8:09	Lo
20	1:37	Hi	8:21	Lo	2:29	Hi	9:00	Lo
21	2:22	Hi	9:09	Lo	3:22	Hi	9:52	Lo
22	3:13	Hi	10:00	Lo	4:17	Hi	10:45	Lo
23	4:08	Hi	10:52	Lo	5:13	Hi	11:39	Lo
24	5:06	Hi	11:46	Lo	6:08	Hi		
25	12:32	Lo	6:04	Hi	12:40	Lo	7:00	Hi
26	1:24	Lo	7:02	Hi	1:33	Lo	7:49	Hi
27	2:13	Lo	7:58	Hi	2:26	Lo	8:37	Hi
28	3:00	Lo	8:53	Hi	3:18	Lo	9:23	Hi

Add or Subtract Hours and/or Minutes as indicated:

	<u>AM</u>		P <u>M</u>		
Greensboro	Add	:25	Add	:43	
Choptank	Subtract	3:06	Subtract	2:23	
Denton	Subtract	:40	Subtract	:03	



Caroline CASA

Court Appointed Special Advocate

CASA of Caroline Spotlight on Family Magistrate JoAnn Asparagus

Black History Month conjures thoughts and celebrations of Frederick Douglas or Harriet Tubman as notable Marylanders who've contributed to shaping Black History on the Shore. But there are folks who are making history right now and will influence generations to come. Magistrate JoAnn Asparagus has dedicated her life and career to paving the way for African Americans and families of all races and religions to have better lives on the Eastern Shore.

As a young African American girl in 1950's Maryland, JoAnn Asparagus never imagined she would be presiding over a court-room as Caroline County's first black magistrate. In those days, schools were still segregated. Businesses were segregated. She recalls the insulation of segregation on the Shore, noting she never had a white teacher until the 12th grade. "In those days, people of color were limited in their professions. Careers for black people were limited to teaching, preaching or directing funeral homes, as my father did."

Her parents instilled a commitment to social justice for all at an early age. They taught her that standing up for your beliefs builds character. "One of the real joys in life is to be involved in the community; to have a purpose." She experienced her first Freedom Ride across the bridge to Washington D.C. when she was just 13. The experience ignited a lifelong passion for trailblazing, becoming a member of the first class of female students at historically black Lincoln University to be allowed to live on campus. She says the obstacles and barriers she's had to overcome as a woman of color have actually been a source of strength. "When you're in the minority, everything you do is scrutinized. You expect to be attacked. So you prepare for it and are that much stronger when it happens."

She didn't expect those preparations to include law school. After earning her Master of Social Work, Ms. Asparagus was working for a community housing project in Pittsburgh when she realized that in order to advance social justice the way she wanted, she would benefit from a law degree. She had no intention of actually practicing law but once she got in the courtroom, she loved the energy. "I really liked the courtroom aspect so I figured I might as well try to use it!" She returned to the Eastern Shore and, in her trailblazing fashion, became one of the only practicing African American attorneys on the Shore.

Magistrate Asparagus has been making her mark on the legal community ever since. She was instrumental in creating the Legal Aid Bureau in Salisbury in 1979 and has been active in numerous judiciary committees involving family law. In 1998, she was recruited and appointed by then Circuit Court Judge J. Owen Wise to serve as the county's first Domestic Relations Master, now known as Family Magistrate. She is now the longest-serving magistrate on the Eastern Shore, in addition to being the first woman of color to hold that position.

When asked about her philosophy on family law, Ms. Asparagus says it's to get people to reach their own decisions. "In no other circumstances do sane people lose their minds as when they're in court to dispute family matters." She believes we're all more alike than we are different and if we take the time to really listen and communicate, amicable resolutions can be achieved. "People are putting race before other social issues. We need to look at people as human beings". She cares deeply about



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each child or family who appears before her and works tirelessly to support and strengthen families in Caroline County and ensure no child slips through the cracks in the system. Local attorney Walt Palmer, recalls seeing her when he was touring the Individualized Education Program (IEP) at North Caroline High School several years ago during an election year. "The students' assignment was to present campaign speeches to the rest of the class. I looked around and there was Master Asparagus. One of those students had been in her courtroom and had told her about the speeches."

Magistrate Asparagus' community leadership and commitment extend far beyond her courtroom, serving as an active member of both the Talbot County NAACP and Alpha Kappa Alpha's Kappa Theta Omega Chapter. She acknowledges that great progress has been made to eradicate racism, sexism and all the other "ism's" but there is much to be done. "We've dealt with the outward stuff like desegregation of schools and institutions but now, how do we get people to accept each other as human beings?" She believes the election and inauguration of Vice-President Kamala Harris is "a testament of the progress we've made but it's also distressing that it took this long". Minority advancement and social justice for all is Magistrate Asparagus' life's work. "What is life but giving back and working with your fellow man? I am privileged to be able to serve my fellow men and women in Caroline County and throughout the Mid-Shore." And it is a privilege for the community to witness history in the making as Ms. Asparagus continues to blaze trails and pave the way for minorities and especially for women of color on the Eastern Shore.

The Governor's Office of Crime Control & Prevention funded this project under sub-award number CJAC-2019-0004 and VOCA-2018-0063. All points of view in this document are those of the author and do not necessarily represent the official position of any State or Federal Agency. This project is supported by a grant from the Maryland Judiciary's Administrative Office of the Courts number AOC-G20CA0225I.





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THE COMMUNITY FOOD PANTRY AT MARTIN'S HOUSE & BARN

(This is our new name, was previously Saint Martin's Barn)

DRIVE-THRU HOURS FOR THE PANTRY:

Tuesday, Thursday, Friday 8:30am-11:30am

Wednesday 6:00pm-7:30pm

Martes, Jueves, Viernes 8:30am-11:30am

Miércoles 6:00pm-7:30pm

FOOD ASSISTANCE:

PLEASE CALL OUR BARN MANAGER AT 410.634.2537 EXT. 111

RENT & UTILITIES ASSISTANCE:
PLEASE CALL OUR HOUSING & SUPPORT SERVICES
COORDINATOR AT 410.634.2537 EXT. 105

All staff at Martin's House & Barn are following CDC guidelines for social distancing and COVID prevention, including daily temperature checks and masking.

We ask that clients also please wear a mask and maintain distance of six feet when staff bring the food to the vehicle.

The Thrift Store will be closed until it is safe to reopen.

Caroline County Council of Arts

401 Market Street, Denton carolinearts.org Noon - 5 PM Wednesday – Friday; 10 AM - 3 PM Saturday

February Virtual Series

Saturday, February 6 at 1 PM, Virtual Performance: Vintage Blue performs on our Facebook page and YouTube channel. Free!



Featured Artist
STEPHEN

MEAD
Medium: Painting
410-714-9874

Stephen Mead studied drawing, painting, and glassblowing in college. Throughout the beginning of his career, Steve focused on abstract self-portraits that encapsu-



lated the essence of himself without any physical markings or distinguishable portraits within the paintings. When he began showing his work, Steve felt immediately vulnerable to the comments on his work which caused him to evaluate himself and "look inward". "No longer was the art just something from my own mind...it was my own reflection." After living and working in Washington D.C. since 2001, Steve and his wife, Jen, moved to Denton a few years ago. Steve currently works with wood and acrylics. His art has been featured at ArtDC Gallery, 20 North Gallery, Willow Street Gallery, various pop up shows, and now, The Foundry.

Second Saturday at the Artsway February 13 • 1 PM on Facebook

On Saturday, February 13 at 1 PM on Facebook, join Foundry Artist Stephen Mead as he does a demonstration on stretching your own canvas with supplies that can be found locally. With no art stores in Caroline County and the exorbitant cost of ordering canvas online, it may be cost prohibitive to paint. Many of the greatest artists in history stretched their own canvas and once you are good at it, you can do any size you like! This event is free and will be available on our Facebook page or our YouTube channel.

The Artsway is located in downtown Denton. Demonstrations and activities from a variety of artists are typically held at The Foundry community arts gallery (401 Market St.), FACES (7 N. Fourth St.) and/or at the Community Demonstration Garden (behind FACES). However, due to Covid guidelines and restrictions, social distancing and wearing masks are required when visiting.

Many classes and events are now being held online.

CCCA now has an active YouTube Channel!!

CCCA now has an updated YouTube Channel! Check us out at "Caroline Arts" to see all our virtual performances and event videos!

Art Classes and Events

Monday, February 1, 8, 15, and 22, 3-5 PM, Mosaic Club: Open to people who have taken a class or have experience working with mosaics. Work on your own project with guidance from Foundry Artist Joanne Gelles. Materials are included. \$15 per session.

Saturday, February 6 at 1 PM, Virtual Performance: Vintage Blue performs on our Facebook page and YouTube channel. Free!

Tuesday, February 9 at 6:30 PM, Write On!: Write On! is an adult writers group that meets every 2nd and 4th Tuesday at The Foundry. Come write, share your writing, or just listen! Topic: "Carriage" Free!

Saturday, February 13 at 1 PM, Second Saturday: Foundry Artist Stephen Mead demonstrates canvas stretching on our Facebook page and YouTube Channel. All ages welcome. Free!

Wednesday, February 17 and 24, 4-5:30 PM, Mosaic House Sign for Beginners: Make a mosaic house sign with your name or house number with Foundry Artist Joanne Gelles. \$25/CCCA Members, \$30/Non-Members. For Adults.

Tuesday, February 23 at 6:30 PM, Write On!: Write On! is an adult writers group that meets every 2nd and 4th Tuesday at The Foundry. Come write, share your writing, or just listen! Topic: "Hate" Free!

Saturday, February 27, 10 AM-2:30 PM, Free Kids' Class!: Kids will make a bird seed ball. Pre-registration is required to reserve a time slot. Social distancing and masks will be required. Free. For more information and to register for classes, go online to carolinearts. org, call 410-479-1009, or email info@carolinearts.org. Be sure to sign up for the CCCA e-newsletter on our website or 'like' us on Facebook or follow us on Instagram: #carolinearts for the most up-to-date information and news.

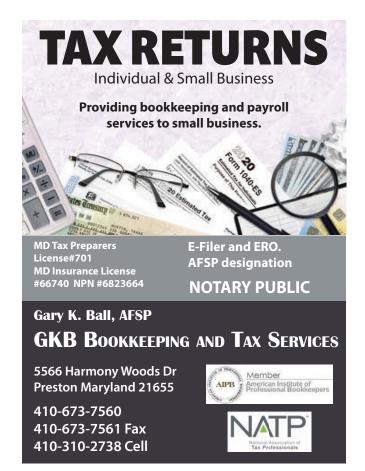


Denton Rotary Speakers Schedule

Denton Rotary Club Meetings are held Wednesdays from Noon to 1 PM at the Caroline Culinary Center, 512 Franklin St., Denton. Come join us for a free lunch and

find out about the exciting "Service Projects" the club is working on.

With the easing of some restrictions of the COVID-19 virus, the Denton Rotary Club has been able to resume meetings with certain restrictions in place. The club is practicing social distancing and holding the meetings outdoors on the lawn at the Chesapeake Culinary Center weather permitting. Box lunches are being provided by Shore Gourmet. We will continue to address the situation and hope to resume our normal weekly meetings as soon as possible. If you have any questions, please contact Charlie Huber at charliehuber21@gmail.com or at 410-479-2070 X5. We appreciates everyone's understanding during this unprecedented time. The Denton Rotary Club hopes everyone practices good habits and stays safe."



GREENSBORO VOLUNTEER FIRE COMPANY AUXILIARY CHICKEN AND DUMPLING FUNDRAISER MARCH 14, 2021

Chicken and dumplings carry out dinner to support Caroline North Little League

Pre-sale tickets only Pick-up slots begin at Noon

\$12 a Dinner Includes:

- Chicken and Dumplings
- Mashed Potatoes
- Green Beans
- Coleslaw
- Chicken Salad
- Dinner Roll

May also purchase

- Chicken and Dumplings \$8 a Quart
- Chicken Salad \$8 Pint

Contact via

Facebook Caroline North Little League Laci Stubbs text or call (443) 786-5514 Cnllfundraising@gmail.com

Payment Cash or Venmo:

Venmo: Caroline North Little League
Pickup at Greensboro Fire Hall
13781 Greensboro Road, Greensboro MD



facebook.com/CarolineNorthLittleLeague

Fiber Arts Center of the Eastern Shore

7 N. 4th St., Denton - 443-448-4611 info@fiberartscenter.com • Thurs. - Sat., Noon-4 PM



Adkins Arboretum and the Fiber Arts Center (FACES) present Yarnstorming!

Adkins Arboretum and the Fiber Arts Center of the Eastern Shore are partnering to offer a Yarnstorming exhibit from March 6 through April 3. Knitters and crocheters are invited to decorate

an Arboretum tree with their creations.

Trees to be decorated are located behind the Visitor's Center and marked with yarn. If you are unable to visit the Arboretum, you may email Jenny Houghton at jhoughton@adkinsarboretum for photos of available trees.

Yarn art will be installed by appointment only during the first week of March. You can schedule your appointment when



you contact Jenny. Your email should include the following information:

Submitter's name, phone, email, address, brief description of your yarn creation.



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YMCA CAROLINE MENTORING PROJECT

Do you want a free MEMBERSHIP? Do you want to make a difference in our Community? Do you wish to impact the lives of our youth in a positive way? This is your opportunity to change a life forever! Caroline Mentoring Project is looking for Mentors now!

- Training and support for mentors is provided.
- Monthly outgoings are planned for the program.
- Each mentor receives full membership from the YMCA of Chesapeake during the months of the program (Sept-Aug).
- Connection to community resources to help in the relationship between mentor and mentee.

For more information contact Angel Perez, Program Coordinator at 410-479-3060 or carolineymcamentoring@ymcachesapeake.org.



CAROLINE COUNTY FAMILY YMCA

A Branch of the YMCA of the Chesapeake 46 Denton Plaza Denton, MD 21629 410.479.3060 www.ymcachesapeake.org



Marydel Lions Club and the 'Waiting Game'!

With much patience, care and prayer, the members of the Marydel Lions Club continue to patiently wait for the opportunity to receive the Covid-19 vaccine sequence for both our membership and those children, youth, families, adults and seniors that we have been serving for the past several decades. In fact, the Marydel Lions Club has had the honor of continuously serving the Maryland and Delaware Mason-Dixon Line Communities of the Marydel Area since 1948.

As the promises of renewal in this new year of 2021 become apparent, our Club members are eager to return to the opportunities to meet and plan for our traditional fund-raisers so as to have the resources to serve an ever-growing list of vital community needs. Watch this space in this well-respected and vitally important monthly community publication of the Caroline Review for our future developing service activities.

Our Club's Motto of 'We Serve' is based on our Club's philosophy of 'We Care', 'We Help'. 'We Accomplish'! Questions of



activities and membership can be directed to tmhiggins59@ hotmail.com or 302-363-5823.





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Drs. Rowland Holsinger and Patricia Higgins Celebrate Practice's 35-year Legacy

February is the month where we typically reflect on relationships. But for Rowland S. Holsinger, DDS, and Patricia E. Higgins, DDS, February not only provides an opportunity to celebrate their 39 year relationship as husband and wife, but also their partnership in dentistry as they celebrates the 35th anniversary of Smiles by Holsinger & Higgins, 10646 River Road, Denton.

Drs. Higgins and Holsinger met as students at the Baltimore College of Dental Surgery, now known as University of Maryland School of Dentistry, and were married the day after they graduated. Each went on to complete a general practice residency at different locations. Dr. Holsinger did his residency at Wilmington Medical Center and Dr. Higgins did hers at Baltimore City Hospitals. They later practiced as associate dentists in the Delmarva region.

Pat and Rowland ultimately decided to put roots down in Maryland in Dr. Holsinger's hometown of Denton when they found out they were going to have their first child. And in February 1986, they opened a family dentistry practice by the McDonald's Restaurant in Denton just about a mile from their current location. Although a lot has changed since their humble beginnings when they "timeshared" one dental chair, the principles that guided them when they opened their doors for the first time continue today with everlasting enthusiasm and commitment.

"It's hard to believe we've been practicing long enough not only to see our own daughters grow up, but also to watch our patients' children and grandchildren grow up, and to have the privilege to serve the dental needs of the next generation," says Dr. Higgins. "The world of dentistry has changed a lot over the last 35 years, but what hasn't changed is our commitment to delivering the highest quality dental care possible," she says.

And for Drs. Holsinger and Higgins that means taking care of all the details

from seeking the most current and cutting edge education to furnishing the office with the best equipment to provide optimal service and comfort for their patients. "Although we've been in practice for a long time, we've never lost our passion for finding better ways to help our patients preserve, restore and maintain good oral health," says Dr. Holsinger. "Our office is designed with patient comfort in mind and we make sure that our dental and professional staff are knowledgeable, compassionate and well-trained," he adds.

For most medical professionals the day to day work of building a successful practice would be hectic enough, but not for Drs. Holsinger and Higgins. Dr. Higgins is a past president of the Eastern Shore Dental Society and Past Trustee to the Maryland State Dental Society. Currently she is serving on the Maryland State Board of Dental Examiners. Dr Holsinger is also a past president of the Eastern Shore Dental Society and the Denton Rotary. He is currently serving as the treasurer to the Charitable and Educational Foundation that oversees Missions of Mercy throughout the state of Maryland, the treasurer of the Eastern Shore Dental Society and the treasurer of the Denton Church of the Brethren. He also proudly serves as the Dental Lead for the Eastern Shore Dental Mission of Mercy.

Although excellence in dentistry is definitely a trademark for Smiles by Holsinger, the practice is equally known for its generosity in the community. In fact, you'd be hard pressed to find a Denton or Caroline County community event that the practice doesn't support. Among the most notable ones are the Caroline Summerfest and Flags for Heroes.

The practice also participates in Donated Dental Services, providing pro bono dental services for handicapped patients. This past year during the COVID-19 pandemic Smiles by Holsinger hosted a food drive for His Hope Ministries, a local homeless shelter. Other charitable endeavors include the annual

White-A-Thon for Tuckahoe Habitat for Humanity and a Halloween candy trade-in where kids get paid for their leftover Halloween candy and the candy is shipped overseas to U.S. Troops.

"This past year was difficult," Dr. Higgins says. "We really missed our patients when we had to close due to the pandemic. Not being able to practice dentistry even for a relatively short time reminded us just how much it's at the heart of who we are," she adds. And if the past 35 years are any indication, the doctors' passion for dentistry and service will motivate them to continue to raise the bar well into the future.

Smiles by Holsinger & Higgins offers the convenience of comprehensive care for adult patients. They provide routine dental check-ups and cleanings as well as cosmetic enhancements to improve the appearance of crooked, chipped, unevenly spaced, or stained teeth, implants and other tooth replacement options. Smiles by Holsinger & Higgins also provides sedation dentistry and sleep dentistry services. For more information, call (410) 479-3644 or visit smilesby.com or facebook.com/SmilesbyHH.



Drs. Holsinger & Higgins circa 1986



Rowland S. Holsinger, DDS, and Patricia E. Higgins, DDS

Aaron's Place

401 Aldersgate Drive, Denton, 443-243-5906

Tuesdays, Wednesdays and Thursday

Aaron's Place Food Pantry, is open from 9 AM to 2 PM. Any questions, please call.

Praise Dance Class

Thursday, February 11 from 6 PM to 7 PM, Aaron's Place, 401 Aldersgate Drive, Denton. Come out and join us in learning how to praise dance. Instructor us Kim Wilson. We adhere to COVID-19 regulations, so we ask that everyone maintain social distancing and wear mask. If any questions, please call. See you in the class.

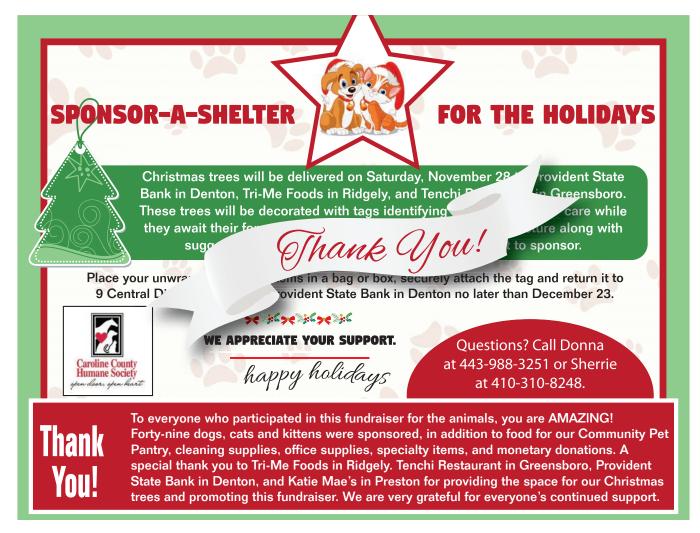
Diaper Drive

Young mothers are in need of items for their babies. Aaron's Place is hosting a diaper drive for the month of February, so if you can collect diapers and/or baby wipes at your place of employment, friends, neighbors, we can pick them up, or you can drop off. Thank you for your support of young families.

Volunteers Needed

We are in need of volunteers, so if are able to lift 50 lbs. and enjoy working with others, please call 443-243-5906.







46 Denton Plaza, Denton

Bowling for a cause Family Bowling Night

Put your team together and join us for two hours of unlimited bowling, shoes, music, food,50/50 raffle, and a lot of fun!

Monday, February 22, 2021

Easton Bowling Center

101 Marlboro Ave. Easton

6-9 PM

Cost: \$125/ group of six

For more information and registration, contact Angel Perez at 410-479-3060 or carolineymcamentoring@ymcachesapeake.org.

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Thank you for **35 years** of special memories.

In 1986, New York Mets won the World Series, Tom Cruise starred in Top Gun and supermodels Christie Brinkley and Elle Macpherson were dominating the fashion world. Meanwhile back in Denton, Maryland, the seeds were being sown for a legacy of excellence in dental care and commitment to community.



"Just four days before Valentine's Day Rowland and I opened the doors to our first office in Denton. We started simply with one dental chair, so we scheduled our patients alternately. Many of our early patients may recall getting on their hands and knees to read to or play with our daughter who sat on a quilt in the corner of our office.

Through the years as our daughters
Becky and Allison grew up Rowland and
I had the privilege to watch our patients
become parents and grandparents.
Many of these next generation kids are
our patients today.

As we reflect on our 35th anniversary we wish you much love and joy this Valentine's Day. Thank you for your trust and confidence in us all these years."

We love our patients! With sincere gratitude,

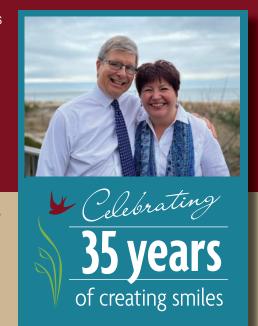
Rowland S. Holsinger, DDS, and Patricia E. Higgins, DDS



General, Sedation and Cosmetic Dentistry

Smiles by Holsinger & Higgins 10646 River Road Denton, MD 21629 smilesby.com 410-479-3644 in Maryland 800-617-3644 in Delaware

f SmilesbyHH



Putting the "Count" in Counties

by Chad Dean

In addition to my local history columns, I have also previously shared some musings on the subject of travel. Specifically, I have promoted the 100th anniversary of the National Park Service, the continental American Discovery Trail bisecting the Mid-Shore, and the concept of highway clinching within the friendly confines of the Caroline Review. This month, I hereby introduce a new hobby as it relates to crossing off mappable tasks: county counting.

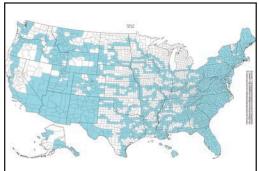
There are all sorts of websites and associations dedicated to travel achievements. These affinity groups hold conventions, schedule coordinated outings, maintain databases, compose newsletters, publish competitive rankings, obtain rubber stamps for their souvenir passports, and more -- possibly for activities you already enjoy or would if given some collegial encouragement but never knew there were others out there with the same sort of wanderlust.

Where do I even begin? I suppose my own OCD-fueled pursuits are a serviceable point of reference. Among my travel affiliations are societies dedicated to documenting exploration of all 50 states, national park units, wildlife refuges, presidential libraries, state capitals, historic lighthouses, major league ballparks, and minor league stadiums (as my stack of passport booklets will attest). If a stamping program or formal organizations existed to validate the obsession, I would also hold memberships in clubs that propagate visits to NFL stadiums, NASCAR tracks, NBA/NHL arenas, Division I colleges, Buffalo Wild Wings restaurants, lyrical Jimmy Buffett destinations, and in all likelihood a host of other places of interest that have come to define my existence.

Numerically speaking, however, all of these checklists pale in comparison to county counting. If it is truly your desire to see all of them, currently 3,143 counties exist. Before one begins to consider the time, planning, and

for that matter expense necessary to complete such a quixotic undertaking, some semantic exercises must first be addressed. A dedicated maven of this particular ilk would be quick to assert the grand total is not a static number: there are dozens of defunct counties around the United States that used to exist but were split or merged into others for a variety of administrative and logistical reasons. Additionally, the modern map of counties nationwide is not set in stone either -- the most recent county to come into existence did not materialize with the 1959 admission of Hawaii to the Union as some astute readers might predict. In fact, the newest pair were census areas designated in southeastern Alaska just two years ago or Broomfield County, Colorado, in 2001 if one is a terminology purist. For the record, the most recent borough to be demarcated in Alaska was Petersburg in 2013 but I am prematurely complicating matters with such specific vocabulary; just know that as a rule of thumb counties are fluid.





Counties in blue visited by Chad Dean

Something else, therefore, amateur geographers and passive travel enthusiasts may also initially overlook is that not every state calls its respective

geopolitical units counties. Perhaps Delmarva residents are naive to this reality because all abutting states employ "county" as the default naming convention, but several states do in fact refer to them by other names. Since 1845, Louisiana has maintained a system of parishes: they look and function exactly the same as Maryland counties do on the map and in day-to-day governance but parallel the Catholic legacy of the region. Alaska actually utilizes two different types of administrative jurisdictions -- boroughs and census areas. Though boroughs are analogous to counties and feature infrastructural seats of local government, the census areas, it should be noted, do not. Eventually each could if the population warrants but for now are essentially place names carved into the state map. Nevertheless, for our purposes they still register as county equivalents in the quest to reach 3,143.

There is yet another category that technically also enjoys a seat at the table and that is the collection of independent

cities around the country. Locals are familiar with this variation due to the relative proximity of Baltimore City: it is not a part of any of the 23 Maryland counties but when it comes to the objective of county counting, our state once completed hangs a total of 24 on the scoreboard. This practice of separating major population centers from adjacent counties is more common than one might think; not exclusively a product of historically shady Maryland politics at all. Virginia, for example, boasts of 38 independent cities in addition to its 95 traditional counties. What is interesting about the Old Dominion, however, is that not all of those 38 are major metropolises -- some like Richmond or Virginia Beach contain a population in the six figures but others such as Williamsburg are just quiet towns that do their own thing. The Commonwealth's commitment to local governance, which is always

commendable regardless of location, deserves a resounding huzzah.

You may now be wondering how I became a county devotee. While I

am thankful to have accumulated such occasionally useful knowledge over the years, it began completely by happenstance. I was teaching high school history about fifteen years ago, though I will not mention where for fear of incrimination. It was a Friday afternoon and I had shown the same video to every class. My mind was starting to wander and predictably my daydreams turned to travel. Keeping one eye on the class of course and one eye on my laptop, I was scrolling through an online national parks forum when someone posted the link to a website, mob-rule.com, that helps members identify the counties they traversed on their NPS-based road trips. A disclaimer: pay no mind to the provocative URL nomenclature -- the name is an acronym based on the initials of the founder of the service, who it should be duly noted does not endorse anarchy.

Instantly, I was re-energized: not to finish up the lesson in any dynamic way, mind you, but to immediately register as a user

of that website and to start logging the counties where I had set foot. I will not divulge how late I remained in Room 204 that night but I am certain it broke a personal longevity record, especially for a Friday. I sat hastily scribbling a long list mentally retracing the steps of literally all the road trips I had ever taken, from cow-buying expeditions with my father as a boy to any vacation itinerary I could recall. I lost an entire weekend, never leaving the house but enjoying the self-imposed sequestration immensely.

Then the real legwork began. Not only did I have to match up my travel history state by state with corresponding highways on the digital maps provided and painstakingly enter them with the utmost precision lest I be accused of falsely claiming a county, I naturally had to jump in the car starting the following weekend and tackle "donuts" I had subsequently uncovered. Likely you are curious what exactly that is in this context, and ironically for me, it has nothing to do with food: filling out

my maps quickly exposed a number of counties I had not breached surrounded by ones I had -- an unenviable and tragic turn of events in the culture of this hobby. I willfully concede I have run off more than one female acquaintance in my life by adding random county line coordinates to our vacations; maybe one day I will find a woman that shares my passion for crossing off lists of parks and highways and counties and then some, but that is a column for another time. The fact that this topic is my Valentine's month submission tells you all you need to know about my life priorities.

Despite those relationship mishaps, I would not change a thing about my pursuit of geographic milestones. "Sorry not sorry" is my official stance on matters of the heart, because, as of press time, I have conquered 1,954 counties in all 50 states. As lofty as that figure sounds, it is really only 62% of the ultimate goal. A demoralizing 1,189 remain but I am not giving up. In fact, very few people have visited all 3,143. According to standings

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provided by an organization called the Extra Miler Club, only 65 or so people have certifiably accomplished the feat. One of those, Hugh Donovan, completed all of them (including Caroline County, of course, in January 2019) in a calendar year! I have finished Arizona, Connecticut, Delaware, Florida, Maine, Maryland, New Jersey, New Mexico, North Carolina, Pennsylvania, Rhode Island, South Carolina, Virginia, and West Virginia -- and would be able to complete Massachusetts, New Hampshire, and New York in the same weekend if COVID-19 would ever loosen its restrictive grip on interstate transit. Hugh, ostensibly, though a friend of mine in the travel personality community, will perpetually have me and everyone else beat: we are in awe of his resolve and yet shake our collective heads at his unrivaled dedication to our obsession, needing a mere eight-plus months to establish a remarkable and unique record.

Ready to vanquish the national map of counties? Start where I did, which is by creating an account on mob-rule.com. Then set the bar low by enumerating achievable day trip goals: with road atlas in hand, pursue the two counties of the Virginia Eastern Shore, the three that comprise Delaware, and the rest of Maryland before deciding you absolutely must ride a mule into Kalawao County, Hawaii -- so isolated because of its previous status as an active leper colony. True story! It also contains Kalaupapa National Historical Park and additionally holds the dual distinction of being the smallest and least populated county in the United States, if basking in a magnified glow of accomplishment is what you seek. Should that plan seem too exotic for now, Texas, at 254 counties, is also a formidable

in Ridgely AFFORDABLE HAIR CARE 410-634-9200 Tues.-Fri. 10-7: 7 N. Central Ave., Ridgely, MD Sat. 10-3 Cuts – Color – Hi-Lites – Foils Perms - Nails - Waxing - Pedicures Sweetheart styles are here! Men, Women Redken Crew • OPI & Children Sebastian Paul Mitchell Gift Certificates Kenra Available Trish Puckett, Stylist & Barber; Stylist: Crystal, Kristi, and Hannah APPOINTMENTS AND MASKS REQUIRED opponent but much more accessible. From there, feel free to mix it up some: endeavor to cross off the largest county (San Bernardino County, California, unless one factors in the eleven larger Alaska county-equivalents), the most populated (Los Angeles County, California), and....well, you get the picture; hike your own hike as the Appalachian Trail crowd would advise.

Once you come to terms with this addiction (or accept your hopeless romanticism if a more positive justification for such behavior is preferred), I'll whisper in your ear that travelers can replicate the exact same process with the county equivalents of United States territorial possessions, Canada, Mexico, and Great Britain on mob-rule.com as is the protocol domestically. I promise I will not open that can of worms just yet, however. Your family and friends thank me in advance for this discretion.

What I will do, in the meantime, is call on local organizations to consciously cater to all affinity groups that must enter Caroline County in order to satisfy their destination syndrome yearnings. Local businesses, humanitarian organizations, and myriad others would undoubtedly benefit from coordinating advertising resources to attract group and individual visitors on missions such as county counting. Denton already has received national press and praise for officially declaring the town a friendly and welcoming waypoint along the American Discovery Trail. Imagine the positive impact if local tourism efforts were concentrated thusly by reaching out to all applicable types of logistics enthusiasts. I would also kindly suggest, when budgets permit, that the relevant highway boards see to it each border crossing into Caroline is signed; recently I drove the perimeter of the county for the express purpose of checking and not all are, not even the numbered Maryland state highways.

Visit all 3,143 if you must but the true takeaway, for me at least, when attempting to normalize this lifestyle is that Americans consistently demonstrate a version of brand loyalty to their native county. Whatever actions committed locally or nationally in pursuit of this particular hobby are ultimately a reflection of the pride we share for our home area, felt perhaps most acutely when returning from the far-flung road trip odysseys described herewith to the byways of the Green Garden County.



Hugh Donovan visiting the last of all 3,143 counties he explored in 2019



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Smoking & Heart Health

By Heather Grove, RN BSN

Smoking remains the leading cause of preventable death in the United States. Most people are well aware of the relationship between smoking and cancers as well as lung problems, but did you know smoking is a huge contributor to cardiovascular and heart problems too?

Smoking is a known to cause to heart disease, heart attacks, and strokes. According to the American Heart Association, almost one third of deaths from heart disease are due to smoking and second hand smoke. Let's explore why.

It all comes down to chemicals. Different chemicals are found in each stage of development from growing the tobacco plant, to manufacturing actual cigarettes, to physically lighting and smoking the cigarette.

Tobacco plants naturally contain nicotine. Nicotine is a natural pesticide that keeps bugs away from the tobacco plants as they grow. Nicotine is also the

Health Corner

chemical that makes tobacco products addictive.

Where tobacco is grown can affect its chemical makeup. Soil can contain heavy metals like Cadmium and Lead that can be absorbed into the tobacco plant, along with the nitrites contained in fertilizers. These chemicals can be harmful to the body.

After the tobacco plants are harvested, they have to cure. During the curing process, tobacco specific nitrosamines (TSNAs) form. These chemicals are known to cause cancers, particularly of the lungs and esophagus.

After curing, the tobacco leaves are shipped to manufactures to make cigarettes. Manufactures often add chemicals to control moisture, mask harshness, and make the product taste better and easier to use.

From there, cigarettes make their way to consumers who light and smoke them. The heating and burning process of smoking a cigarette creates even more chemicals that were not present during growing or manufacturing. These chemicals include carbon monoxide, benzene and acrolein.

The chemical carbon monoxide is a dangerous gas that is inhaled when someone smokes. Once it is in the lungs

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it is transferred into the bloodstream. Carbon monoxide lowers the amount of oxygen red blood cells are able to carry. It also leads to higher amounts of cholesterol that is deposited into the blood vessels, which can cause arteries to harden and increases the chances for a blockage to occur.

Back to that addictive chemical nicotine. Nicotine narrows the blood vessels. Blood has to flow through these smaller passageways, which takes more force. This is where the increased heart rate and blood pressure come from.

Just these two chemicals alone, carbon monoxide and nicotine, cause increase stress and strain to the blood vessels, heart, and cardiovascular system as a whole.

One of the best things you can do to protect your heart is to never smoke or quit smoking. Many free resources are available to help. The Maryland Quitline is available 24/7 to help people 13 and over. Some people even qualify for nicotine patches and gum to be mail directly to them at no cost. You can contact me at 410-829-0848 to be referred to this program or contact the Quitline directly by calling 1-800-QUIT-NOW.

Choptank Health Earns National Recognition for Managing Type 2 Diabetes, CVD

Choptank Community Health System has received the American Heart Association's Target: Type 2 DiabetesSM Gold Award for implementing quality improvement measures addressing the relationship between diabetes and cardiovascular disease in outpatient settings.

An adult with diabetes is hospitalized in the U.S. every 80 seconds for heart disease, which can lead to a heart attack. Choptank Health and other



organizations earn AHA's Type 2 DiabetesSM award through a commitment to improving the health of their patients through high quality care related to type 2 diabetes and management of cardiovascular risk factors, with the ultimate goal of reducing cardiovascular deaths, heart attacks, and strokes in people living with type 2 diabetes.

"Choptank Health is dedicated to providing specialized care for patients with type 2 diabetes in managing their cardiovascular risk factors," said Choptank Health CEO Sara Rich. "We are pleased to be recognized by the American Heart Association for our execution of quality care through Target: Type 2 Diabetes. The tools and resources provided help us track and measure our success in meeting evidenced-based clinical guidelines developed to improve patient outcomes."

"More than 30 million Americans live with diabetes and cardiovascular disease is the leading cause of death for people living with type 2 diabetes," said Gregg C. Fonarow, MD, FAHA, volunteer expert from the American Heart Association and chief of the UCLA Division of Cardiology, director of the Ahmanson-UCLA Cardiomyopathy Center, and co-director of UCLA's Preventive Cardiology Program. "Organizations that participate in programs like this help raise awareness of the link between diabetes and cardiovascular disease and can improve the patient outcomes. We are pleased to recognize Choptank Health for their commitment to quality care."

Choptank Community Health System provides medical, dental, pediatric, and behavioral health services in Caroline, Dorchester and Talbot counties, with a mission to provide access to exceptional, comprehensive, and integrated health care for all. Choptank Health's vision is to improve the health and well-being of people in the communities served by providing outstanding care experiences while being an exceptional place to work and make a difference, with more at choptankhealth.org.





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Community Calendar

MONDAYS

The Ridgely Lions meet on the 2nd and 4th Mondays of each month at the Ridgely United Methodist Church Social Hall at 107 Central Avenue in Ridgely at 6:30 PM. For more info on the Ridgely Lions go to www.ridgelylions.org or www.facebook.com/ridgely lions club. We are always seeking new members who are interested in serving their community.

TUESDAYS

Tuesday Bingo at Denton American Legion Post 29. 7:30 PM. Snacks at break and computers available. Info 410 -479- 2708.

FRIDAYS & SATURDAYS

Federalsburg Museum, located at 100 Covey & Williams Alley in Federalsburg, will be open 10 AM to 2 PM on Fridays and Saturdays. There are several new exhibits open. The amazing exhibit of a reconstructed doctors office is the one we are most proud of, it is the office of Dr. Noble whose house was built in 1810 and stood on the North corner of Maple Ave. and S. Main St. Contact: 443-434-3114.

SATURDAYS

The Greensboro Historical Society Museum, 104 E. Sunset Ave., is open every other Saturday from 10-1. Presentations to follow every other month. Also open by appointment. Our mission is the preservation of our local history and heritage, education and outreach to the greater Greensboro community. Stop by to see local artifacts and to learn about Greensboro of olden times. We also look forward to hearing your memories of old Greensboro and your thoughts on how best to preserve the history and heritage of our community. Masks must be worn and social distancing observed.

Preston Historical Society is closed for the winter and will resume Saturday hours in April 2021. For more information on the museum and its upcoming reopening and events visit www.prestonhistoricalsociety.com, Facebook at "Preston Historical Society," or call 410-943-1891.

SECOND SATURDAYS

Giving Grace Food Pantry at Trinity United Methodist Church, Goldsboro. Food available from 7 AM until. For more information, call 302-270-1948.

FRIDAY, FEBRUARY 5

Friday Nite Dinner at Denton American Legion Post #29,9238 Legion Road. 5-7 PM. Menu to be determined. \$8. Entertainment-Jeff Washington on guitar, 7-10 PM. Info. 410-479-2708.

SATURDAY, FEBRUARY 6

Downtown Denton Main Street invites you to **Shop Small Saturday Passport Event** from 10-3. Tanglao Carriage Rides from 11-3 PM, debut of Denton Dollars (our new digital gift card program). For more information: downtowndenton. com.

FRIDAY, FEBRUARY 12

Valentine Day Dinner at Denton American Legion Post #29, 9238 Legion Road. 5-7 PM. Fish & Shrimp \$8 for one or \$12 for both. Entertainment by "Country Express" 7-10 PM. Info. 410-479 2708.

TUESDAY, FEBRUARY 16

February membership meeting of the Community Club of Preston, at noon, via Zoom. The meeting will be followed by a discussion of the book "The Guernsey Literary and Potato Peel Pie Society." For info on joining the meeting call 410-673-1119 or visit Facebook at "Community Club of Preston, Maryland."

FRIDAY, FEBRUARY 19

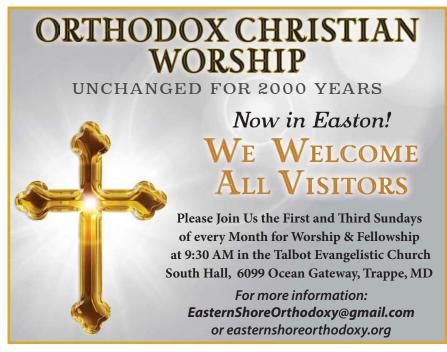
Friday Nite Dinner at Denton American Legion Post #29, 9238 Legion Road, 5-7 PM. SAL serving a dinner with menu to be determined. Entertainment-Jeff Washington on guitar, 7-10 PM. Info. 410-479-2708.

FRIDAY, FEBRUARY 26

Friday Nite Dinner at Denton American Legion Post #29, 9238 Legion Road, 5-7 PM. \$8. Karaoke with Linda Webb 7-10 PM. Info. 410-479-2708.

SATURDAY, MARCH 27

Indoor Craft & Yard Sale 7 a.m. from 8 a.m. to 2 p.m. at the Caroline County 4-H Park, 8230 Detour Road, Denton, to benefit the Caroline County 4-H Program. All vendors are welcome! Crafters, direct sale consultants*, household items, furniture, jewelry, antiques, horse tack, Tools, pet items and more! *Direct Sale Consultants will





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be kept to one consultant per venue. Tables are \$15 per table. Payment must be received to reserve tables. Set up is on Friday, March 26 from 6-8 p.m. or Saturday, March 27 from 6-7 a.m. Proceeds from sale of table spots will benefit the Caroline County 4-H Programs including scholarships, club needs, leadership and service learning activities. For more information or to reserve a space, please call Joanne Wooters at 410-479-0565. Early deadline for ensured table space is March 5th. Tables tend to sell out fast so get your reservation in quickly.





Building Permits

Henry L. and Darlene E. Hathaway, 25581 Bee Tree Road, Swimming pool. Sdatit, LLC, 11379 Greensboro Road, Shed.

Bernard P. Beauchemin, 25420 Zacharias Mill Drive, Detached garage. Levi T. and Kristin R. Hayman, 12919 Holly Road, Greensboro, New home.

Michael W. and Patricia C. Murphy, 24165 Mallow Drive, Preston, Detached garage.

Apex Bee Company, LLC, 3541 Frazier Neck Road, Preston, New home.

Sobia Raza Chaudhry and Raza Muhammad Chaudhry, 24715 Richardson Rd., Federalsburg, New home.

Edward L. and Holly A Rex, Jr., 11586 Garland Road, Greensboro, Pole building.

Kristi Lynn Schmidt and Scott Alan Towers, 6861 American Corner Road, Denton, Agricultural building.

Kelly A. Kunsch, 24913 Bridgetown Road, Goldsboro, Fireplace.

Sandra L. Franz, 25338 Adams Landing Road, Denton, Solar Energy System.

George H. and Joyce Berry Jones, 19025 Harman Road, Marydel, Detached garage. John L. Briggs and Ann C. Riley, 6751 Laurel Grove Road, Denton, Pole building.

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Charles T. and Grace A. Lyons, 5290 Hidden Hamlet Road, Preston, Pole building.

Dale W. and Karen K. Hardy, 17719 Marvel Road, Marydel, New home.

Thomas Wade and Karen Lynn Hignutt, 11375 Maplewood Drive, Ridgely, Pole building.

Denise Tone and John Loving, 25455 Hill Road, Greensboro, Deck.

George Hudson, 5510 Drummer Drive, Preston, Porch.

Renee L. Hayman, 12170 Garland Road, Greensboro, Addition.

Eugene C. and Betty Anne Ward, 10509 Orly Drive, Denton, Addition.

Linda L. Fletcher, 2855 Hunting Creek Road, Preston Addition.

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Senior

by Mary Moran 410-479-2535

Covid-19 vaccinations have begun in Caroline County. Kudos and many thanks to the amazing staff at the Caroline County Health Department for their consistent, diligent testing for the Corona Virus and for efficiently getting the vaccine into the arms of so many County residents. We appreciate all you do!

These vaccines are purchased with American taxpayer dollars so are free to the public. This means Medicare recipients, including those without supplemental insurance, will not have to pay the annual deductible, coinsurance, or co-pays to be vaccinated.

The providers who are administering the vaccine will get paid by Medicare. All insurance providers will pay for the administrative costs for each vaccination so no one, regardless of age, should be billed for the vaccination. This reimbursement to providers by insurance companies includes the cost of clinicians providing the vaccine to patients, public health reporting, and addressing patient questions. For a COVID-19 vaccine requiring a series of two or more doses, which are the ones being given in Caroline County, the initial dose(s) administration payment rate paid by Medicare will be \$28.39 and \$16.94 for the administration of the final dose. Therefore, when you fill out the online forms sent out by the Health Department prior to your appointment, or complete the on-site paperwork, be prepared to provide your insurance information if you have overage so they can get this reimbursement. Those that do not have medical insurance are still eligible for the free vaccination.

Nervous about the vaccine? Join the club. People across the country, and around

the world, are concerned about the "warp speed" with which these vaccines have been developed. It is indeed interesting that peeling back the red tape has allowed for FDA authorization on two vaccines for emergency use in adults in less than a year. Since this is emergency authorization and not FDA approval, my initial knee jerk reaction was to wait until the politicians went first to see what side effects happened to them!

However, after almost a year of this mess turning our lives upside down, I accepted the fact that as a responsible citizen I have an obligation to do what I can to stop this virus. Working remotely, diligently and properly wearing a mask in public places, meaning covering both mouth and nose, shopping at off hours and social distancing, washing my hands in hand sanitizer upon entering the car, and hand washing in general have kept my household COVID-19-free so far. People I know have not been so lucky. Some have had it with heavy flu symptoms and for others it has been a life changer, wrecking their health and even stealing their lives. People in our county have developed internal organ damage after having the virus and we still have county neighbors dying from this enemy. I am fed up across the board with what this thing is doing to my life, and the lives of family and friends I have not seen in almost a year.

With the availability of this vaccination,

I now have an opportunity to really fight this thing with free vaccination participation. As responsible citizens, those in my family 18 and older will be getting vaccinated. Please note that children have not been included in the clinical trials so they will not be eligible



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According to info from umms.org, "Viruses are genetic material with a protein coating. They can't reproduce without a host cell to inject their genetic material into, so they enter our bodies to gain control of cells to multiply. The body battles these invaders using our immune system by sending in T cells to attack and kill infected cells. If the infection continues, B cells are released to create antibodies to increase the attack on the infected cells. These antibodies stay in the body to fight future infection, creating immunity... When a person is infected with a germ, whether a virus or bacteria, the immune system creates special proteins, called antibodies, that help protect against future infections from that germ. The next time your immune system sees that germ, it "remembers" and uses the antibodies to fight against the infection. Some antibodies only last a few months, while others can protect you for a lifetime. Vaccines create antibodies that allow your body to protect itself from future infections without actually getting you sick. In other words, vaccines mimic these antibodies.

The Centers for Disease Control and Prevention and the World Health Organization currently state that there is no evidence to suggest the novel coronavirus infection imparts immunity. Studies have been focused on hospitalized individuals with severe cases, not on those with mild symptoms or who are asymptotic carriers. More research needs to be done." Since understanding the rate of immunity from having the virus infection is largely unknown, one should assume that if you had it one time there is no guarantee you will not get it again. Another unknown is whether it would be a lesser or more extreme rate of illness the second time around.

The words "Herd Immunity" have been thrown around a lot by politicians and talking heads this past year. Herd immunity occurs when most of the population is immune to a disease. According to the Center for Infectious Disease, at least 70% of the population would have to be immune to achieve Herd Immunity. Since there is no conclusive evidence that this virus creates immunity, waiting for that to happen naturally could be devastating and lead to an extraordinary number of deaths. If 70% of the world population is needed to stop this virus from

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morphing into more contagious versions of itself this will go on for years. Look at what is happening in Ohio right now with a more contagious version of this thing affecting our neighboring state. We are not talking about the fact that 1 in 30 people have Covid in England today. We are talking about people less than a day's drive away. How many deaths and resulting lifelong health problems would have to happen for herd immunity to occur naturally? Scary concept, folks.

Enter the vaccine. The Moderna and Pfizer vaccines do not work the way traditional vaccines do. Previously developed vaccines contained small amounts of viruses or bacteria that are dead or greatly weakened. They trick the immune system into believing that the body is being infected.

The COVID vaccine is no different in that it creates antibodies, but it uses a different set of tricks than traditional vaccines... This vaccine uses mRNA, which is a piece of genetic material that cells use as "instructions" to create certain proteins in the body. It is like a bit of computer code.

The mRNA instructs these cells to create "spike proteins." These proteins simulate part of the SARS-CoV-2 (novel coronavirus) cell structure and trick the body into believing it's infected with the virus. In the case of the mRNA vaccines, your body is never exposed to the germ but is still able to produce an effective immune response.

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When it's not inside a cell, mRNA needs protection to keep it from disintegrating. This is why the vaccines require cold temperature storage. To keep the mRNA from disintegrating when it enters the body, the COVID-19 vaccines use fat bubbles to shuttle the mRNA to certain cells.

Because mRNA "instructs" cells to perform certain actions, some people have expressed concerns about the vaccine affecting their DNA. This is not true. mRNA vaccines will never interact with the body's DNA. In fact, once the cell has finished using the mRNA, the cells break it down and eliminate it from the body. The vaccines are not made using egg proteins, so unlike some forms of the flu vaccine, people who have an egg allergy can take the vaccine. Additionally, human fetal cells are not used during the vaccine development process. This makes the COVID vaccines a suitable option for individuals who object to this practice. (www.umms.org)

Bottom line is the vaccine does not contain SARS-Cov-2 and cannot give

you COVID-19. It has been produced in an ethical manner and is safe for those with egg allergies.

I received the Moderna vaccine at the Health Department. They issue easy to read paperwork explaining what is in the vaccine. It is like any other vaccination with a shot in the arm muscle, so I used the old rub it in method to help distribute it throughout the muscle and avoid a knot at the injection site. Old habit! Both the Moderna and the Pfizer are designed to provide immunity with two doses of the same vaccine, so they scheduled me then and there for the date of my second shot 28 days later. The Department of Health database will notify me when I need to schedule the time for my final shot by email. For those without internet, at your request, they will call you to set up the second appointment. Remember you must contact them to set up your first shot. The first appointment is up to you. The authorities will not be contacting you for this vaccination. As of today's writing neither the Denton Walmart nor Walgreens are offering the vaccine, so call the Heath Department at 410-479-8000 to get it done!

My side effects were not much different from the seasonal flu shot or the pneumonia shot I get every year. They included slight stiffness at the injection site for a few days, and some achiness across the shoulders 24 hours later. My trusty heating pad remedied the shoulder ache, and I was fine the next day. This reaction is a result of my body's immune system responding and since I was ready for it, it was not a problem. Minor discomfort vs. a deadly virus works for me!

As of January 25, Marylanders who are over 65, and certain essential workers, may get the vaccine. To opt-in to vaccination alerts, text 'MdReady' to 898-211 on your phone or visit https://covidlink.maryland.gov/. Call the Health Department at 410-479-8000 to schedule yours.

Even after receiving the vaccine one must continue to be a good citizen and practice prevention measures to keep you and those around you safe. Continue to wear a mask, Social Distance, wash your hands, use hand sanitizer frequently, and avoid touching your face to kill this beast.

Scammers use public health emergencies as opportunities for new fraud schemes. These snakes rapidly alter their tactics and adapt their schemes to the crisis at hand. Know that they will leverage the COVID-19 vaccine to prey on unsuspecting people. Be vigilant and protect yourself from potential fraud concerning COVID-19 vaccines and treatments. Self-protect and continue to not answer calls from unknown numbers. Many slimeballs are using the old "Update your Medicare number" scam to steal your information. Medicare and Social Security will never call you, and anyone you know will leave a message. Call Mary Moran at 410-490-3078 if you have any questions or concerns about suspect mail or phone calls.

• No one from Medicare or the Health Department will contact you. You need to contact the health department or your health care provider to get on the list and make an appointment for the vaccinations.

- You cannot pay to get early access to the vaccine.
- You cannot pay to put your name on a list to get the vaccine. If you get a call, text, email claiming they can get you early access to the vaccine... It's a scam.
- Beware of advertisers offering other products, treatments, or medicines to prevent the virus. Check with your trusted health care provider before paying for or receiving any COVID-19-related treatment.
- You will not be solicited door to door to receive the vaccine. Slam the door in the face of anyone going door-to-door to offer free coronavirus or COVID-19 testing, supplies, treatments, or

- vaccines. If you see their car get the license plate and report it.
- No one from a vaccine distribution site or health care payer, like a private insurance company, will call you asking for your Medicare number, Social Security number, or your credit card or bank account information to sign you up to get the vaccine. Do not give your insurance information out to anyone other than your own health care provider, the Caroline Health Department, or your trusted representative at the time of service.
- Carefully review your Medicare Summary Notice (MSN) or Explanation of Benefits (EOB), looking for billing errors or claims for the vaccine or products or services that you did not receive.

Reminder to our Veterans... As of September 2020, any veteran who goes

to a non-VA Emergency Room, or is admitted to a non-VA Hospital, has 72 hours to notify the VA to avoid being billed for the event. Since we do not have a VA hospital here on the Shore, veterans need to call 844-724-7842 to notify the Veterans Administration of their non-VA treatment to avoid being charged for services. Apparently, Veterans Urgent Care visits require a white assistance card with an all-important Eligibility Number to be seen at Urgent Care. Vets must go to an Urgent Care provider that is considered in-network. Network providers can be found by going to www.va.gov/find.locations or by calling 844-698-2311 (follow prompts for option 1 and then option 3 for Region 1 here in Maryland). You can also get your Eligibility Number information and a copy of the card. To speak to a live person if having difficulty verifying local network providers, or if you have a shortage of meds that need to be picked up at CVS in Easton, call 888-901-6609. If vets do have billing issues, please call 866-393-0006 for assistance.

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Deaths

Fleegle Helfenbein Funeral Home - Greensboro 410-482-8914 www.fleegleandhelfenbein.com

- Dec. 14 Keith Eugene Blades, 60, Berwick, PA
 Dec. 25 Herman F. Walbert, 85, Ridgely
- Dec. 26 Marvin E. "Kooky" Young, 77, Camden, DE
- Jan. 1 Robert Kent Showalter, Sr., 65, Greensboro
- Jan. 8 Andrew Klein, II, 88, Marydel
- Jan. 9 Janet L. Bishop, 78, Felton, DE
- Jan. 11 Mark Allen Bilbrough, 52, Denton

Framptom Funeral Home - Federalsburg 410-754-8888 www.framptom.com

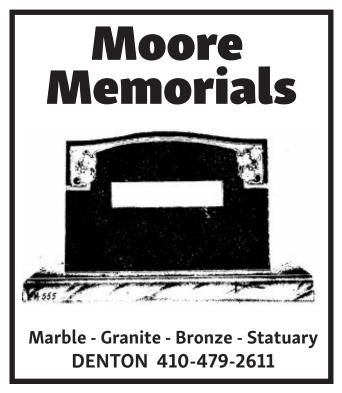
- Dec. 19 John B. Wagner, Jr., 80, Bethlehem
- Dec. 21 Charles Erwin Wieland, 88, Easton
- Dec. 23 Cora Alta Tennefoss, 90
- Dec. 23 Daniel Carl Mast, 54, Greenwood, DE
- Dec. 25 Virginia C. Wright, 90, Seaford, DE
- Dec. 27 Beverly Ann Sirman, 77, Seaford, DE
- Dec. 28 Billie Garrett Hendon, 87, Cambridge
- Dec. 31 Eddie Rodas-Torres, Infant, Bridgeville, DE
- Dec. 31 Virginia Dare Wisseman, 80, Seaford, DE
- Jan. 1 Lawrence Dean "Larry" Carpenter, 80, Preston
- Jan. 2 Ronald Colin Gehring, 77, Harmony
- Jan. 3 Betty Ann Wieland, 97
- Jan. 4 Norma Lee Fairbank, 87, Preston
- Jan. 5 Cynthia K. Travers, 66, Federalsburg
- Jan. 6 William Lee Frampton, 87, Hurlock

Jan. 6 John T. Wright, 87, Preston

- Jan. 6 Edward Thomas Travers, Jr., 76, Easton
- Jan. 8 Duane Walter Anthony, 73, Harrington, DE
- Jan. 9 Dorothy Marie Cannon, 75, Federalsburg
- Jan. 10 Johnny Wilson Williamson, 68, Federalsburg
- Jan. 11 MaryLu Williamson, 66, Federalsburg
- Jan. 13 Orville Eugene Hammond, 81, Bridgeville, DE

Moore Funeral Home - Denton 410-479-2611 www.moorefuneralhomepa.com

- Nov. 29 Thomas T. Usilton, Sr., 71, Denton
- Nov. 30 George C. Nier, 76, Denton
- Dec. 1 Jabez "Jim" Jordan, 95, Denton
- Dec. 7 Raymond Merritt Johnson, 70, Preston
- Dec. 13 Harry Nice Muir, 85, Denton
- Dec. 13 Mary Saulsbury Dunn, 87, Ridgely
- Dec. 18 Leland Truitt "LT" Short, Jr., 84, Denton
- Dec. 20 Mildred Louise "Chips" Irwin, 98, Seaford, DE
- Dec. 21 Roland Carl Kent, 88, Easton
- Dec. 22 Goldia Mildred Newman, 91, Denton
- Dec. 23 Robert "Bobby" Myers, 83, Denton
- Dec. 24 Sally Ellen Fritzsche, 83, Crumpton
- Dec. 24 Rita Marie Hixon, 55, Denton
- Dec. 25 Harry Franklin Moreland, III, 62, Preston
- Dec. 28 Martha Jean Nelson, 86, Springfield, VA
- Dec. 28 Peter Felix Babauta Lizama, 61, Anchorage, AK
- Dec. 30 William Fisher Hubbard, 83, Denton





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Compass Volunteer Virtual Training

The training session is scheduled for 9 a.m. to 3 p.m. on February 12, 19, and 26. Due to COVID restrictions, the training will take place virtually through Zoom. Registration is required and completing the entire class is necessary for volunteers who wish to provide companionship and support to Compass patients and their loved ones in Queen Anne's, Kent and Caroline counties.

To register or find out more information about becoming a volunteer for Compass, contact Robyn Affron at 443-262-4112 or raffron@ compassregionalhospice.org.

Caroline Review Word Puzzle

Hawaii

Circle words forward, backward, up, down, and diagonally. Words in parenthesis don't appear in the puzzle.

K Н Ε B Ε Ε K 0 Т Ε Α C Α Н 0 Ν Α Α C Н R M A Н E C N N E L N L Α D Α 0 Y F E 0 E B A M B 0 0 0 R S Т A S 0 A Α S K Ε P F M P P L Α Ε N L A Y R Α Ε L Α Α G R Α 0 Α M Α L 0 K S L Т P V R Α E A K A I Ε P M U L ı U Н Α N L U 0 Н S R P N Α Α Α F G K M Н U U K Α W D Ε R Ε P A I U Н Ε U S D W L 0 I Н Ε N U K U R G Α P Α ı L U A ı U U Т Α R D Ε U R I U Ν 0 Ν Α K Α Α Т н L K ı Α W Т Ε U L 0 K Α R Ε Α C C K V Α Т Α W T S Н R S ı B Н K R Α 0 L L R 0 Α Α R Ε Т 0 Т S D K Т G R A A A A U 0 T Н K C P C N 0 Т N G Ε ı Α Т V ı L C S Y Α Ν I L Ε N Ε Н Α S Α Н T 0 0 0 Α N R Α N R Α R R R Ε Ε U W 0 Α M L D G B G Ε Α B R U K P U ı Α L U V L Α L R E V I R G N Н Ε I A S U 0 U A N Α S Α F E U G Y Н W Н E D D D D Α Н Н

Akaka / Falls
Aloha / Tower
Anthurium
Bamboo Forest
Canoe / Pageant
Carved / Tikis
Coral
Diamond / Head
Dolphin
Fern / Grotto
Flame / Tree
Guided / Tours
Haena / Beach

Haleakala / Crater
Hanalei / Valley
"Hang / Loose"
Haupia
Honolulu
Huge / Waves
"Hukilau / Song"
Hula / Dance
Kaanapali
Kahului
Kailua
Kamaole / Beach
Kaneohe / Bay

Kauai
Kilauea / Crater
Koolau / Range
Lahaina / Harbor
Lapakahi / Park
Makaha
Makapuu / Point
Molokai
Orchid / Island
Outrigger
Papaya
"Pearly / Shells"
Rare / Sunsets

River / Cruise Tahitian / Dance Wahaula / Park Waiakea Waikiki Whale / Watch



Denton is Updating the Way Parking is Paid for Parking



On January 19, 2021, parking kiosks were installed at the 100 block of Market Street and at 2nd Street.

Meters currently take coins only. Patrons parking in these locations will have the added convenience of paying for parking at a kiosk with cash, credit card, or debit card. Make sure you know your car's license plate number when you pay at the kiosk. The plate number has to be keyed in as part of the process.

In the near future paying for parking at any of the meters in town will be possible with an app as well. Stay tuned for details Denton looks forward to providing this updated way to pay for parking downtown. Questions about the new service may be directed to the Denton Police Department at 410-479-1414 or visit our website at www. DentonMaryland.com/parking-meters/



Stylists: Megan Breeding, Cari Fisher, Megan Lanning Spray Tan Tech: Hope Lane

