

Popular and lasting wedding traditions

Weddings are steeped in tradition. Some of those traditions may be exclusive to particular families, but many others are embraced by families of various backgrounds.

2 | NOVEMBER 2, 2023

Couples needn't feel beholden to popular wedding traditions, but some may feel that these customs make their weddings more fun and serve as a great way to connect their ceremonies with those of their parents, grandparents and possibly even their ancestors.

Old, new, borrowed, blue

The rhyme "something old, something new, something borrowed, something blue" is likely familiar to people about to get married. This traditional rhyme has existed for centuries and refers to items a bride should wear and keep with her on her wedding day. The old alludes to a bride's past, the new refers to her future, the borrowed is intended to be something borrowed from a married couple or bride, and the blue is a symbol of purity, love and fidelity. These items are traditionally given to the bride-to-be by family members or female friends who are already married.

Bridal veil

It's now up to brides if they want to wear a veil on their wedding day, but it was once a tradition all brides adhered to. Some trace the tradition back to ancient Greece, while others suggest the tradition began in the days of the Roman Empire. Veils were believed to shield brides from evil spirits on her wedding day, thus paving the way for a healthy and happy future. Many brides still wear veils today, though likely due more to their aesthetic appeal than out of a belief that the veil will ward off evil spirits. Some brides still use veils to cover their face as they walk up the aisle, while others flip the veil over their heads.

Gifting knives

Perhaps one of the lesser known superstitions surrounding weddings, giving knives as a wedding gift is a no-no for some people. The origins of this superstition are uncertain, but people who abide by this tradition feel that knives are symbolic of a broken relationship. That would likely come as a surprise to the many engaged couples who have a set of knives on their wedding registries.

Carrying the bride over the threshold

Historians trace this tradition, which Hollywood has undoubtedly helped to keep alive, all the way back to medieval Europe. Also inspired by a bride's perceived vulnerability to evil spirits, the tradition of a groom carrying his bride over the threshold into their new home was believed to keep the spirits form entering the home through the soles of the bride's feet.

Breaking glass

Couples break glass for different reasons on their wedding days. Within the Jewish faith, one member of the couple will stomp on a carefully wrapped glass to serve as a reminder of the destruction of the Jewish temples and to inspire reflection among those in attendance. Italian newlyweds also may smash glass, but they'll do it with a little more gusto. Local tradition in Italy dictated that, at the end of the wedding, the newly married couple would smash a wine glass. Folklore suggests that the number of pieces the glass breaks into indicates how many years the couple will stay together.

Tradition is part and parcel of many weddings. Some traditions are more solemn than others, but all can add something meaningful, dramatic and even a little fun to the ceremony.

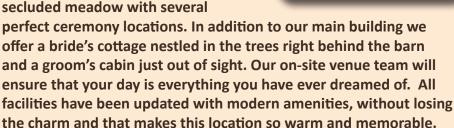




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Arizona & Luke Shaffer

Venue: The Barn at Cedar Grove Photographer: Brittany Miller Ceremony Date: June 17, 2023





Rachel & Brady Baker

Venue: Family Property
Photographer: Alex Antle
Ceremony Date: October 15, 2022



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How to choose the right wedding officiant

Receptions may get their fair share of attention, but the ceremony is the true centerpiece of a wedding. This is the part of the day when the couple will exchange vows and pledge their love and devotion to one another. It's also the time when the wedding license is signed and the union becomes official.

An officiant is an essential part of any wedding. This person is responsible for leading the ceremony and ensuring that all requirements are met so that the marriage is legal. He or she will guide the exchange of vows and helps set the tone of the wedding.

Officiants vary depending on the ceremony, including religious, non-denominational or even family or friend. Since the officiant's role is so significant, it is important to give careful consideration to potential officiants before making a final decision.

Know the rules governing your ceremony location

If you will be having a religious ceremony in a house of worship, there may be some restrictions regarding who can officiate the wedding. Traditionally, a priest/minister, rabbi or imam must preside over a ceremo-

Alex & Noah Thomas

Venue: Lakeview Lodge & Barn Photographer: Jessi Janes Ceremony Date: August 5, 2023



ny in a house of worship. Even though there are some limitations, you may be able to choose the religious leader with whom you are friendly or whose sermons speak to you.

Know what you want

Some officiants may not have formal training or lots of experience officiating weddings, particularly if couples ask a friend or family member to do the honor. Leaving it entirely up to the person may not be the wisest choice, as you may be surprised by what the officiant says. It's best to give the officiant a list of guidelines to see if the person will meld with your vision. When interviewing officiants, note what's most important to you. It also can help if couples try to determine if an officiant's sense of humor aligns with their own.

Check for skills

Professional officiants treat this as a business and have amassed skills throughout the years. They likely will have websites and reviews that you can read through. Consid-

er attending an upcoming wedding to see how a particular officiant performs on the big day.

When selecting an amateur, know that an officiant should have public speaking skills and be able to relate to the audience. Someone who is shy or stumbles over words might not be the right person to put in front of guests.

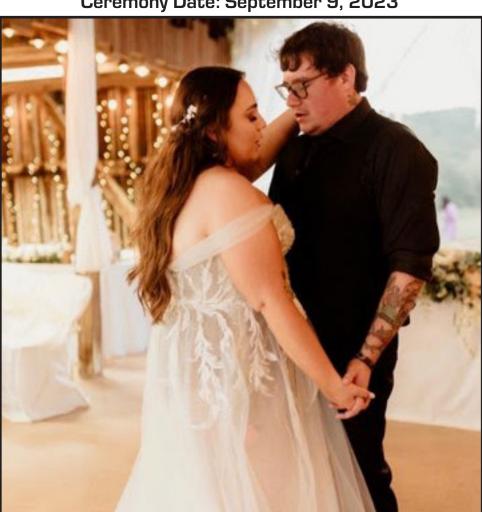
Has the time

Of course all the details cannot fall into place if the officiant is booked or doesn't have the time to tackle such a big component of the wedding. The officiant needs to meet with you several times, write the ceremony, attend rehearsals, and actually officiate. It's important the person you ask has the flexibility to meet all of these responsibilities.

Officiants feature prominently in a wedding. Choosing the right person to perform this important function is a big decision that requires careful consideration.

Cheyenne & Jason Thrasher

Venue: Creekside Barn Photographer: Jessi Janes Ceremony Date: September 9, 2023





Mary Kate & Cody Reeder

Ceremony Date: October 29, 2022 Venue: Warrenwood Manor Photographer: Paige Michelle Photography





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Katie & Stephen Stilts

Venue: Liberty Missionary Baptist Church Photographer: Crystal Moran Photography Ceremony Date: October 22, 2022

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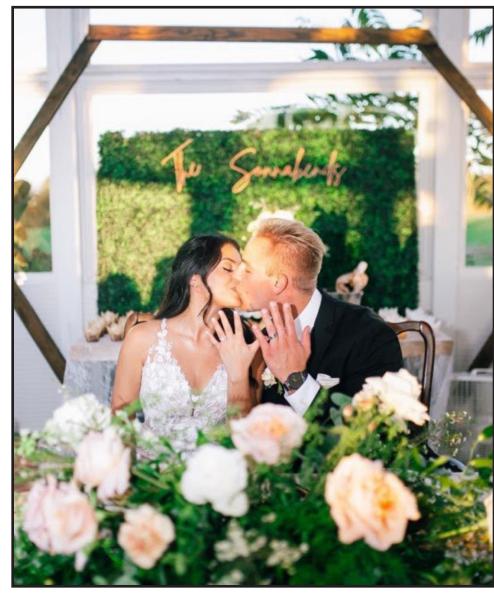
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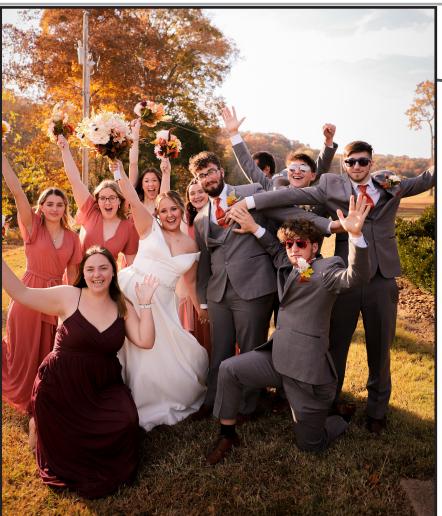
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Yayi & Will Sonnabend

Venue: The Glass Parlor Photographer: Time Garden Photography Ceremony Date: October 1, 2023









Hazel & Simon Coblentz

Venue: Creekside Barn
Photographer: Mckenzie Bennett Photography
Ceremony Date: October 21, 2022



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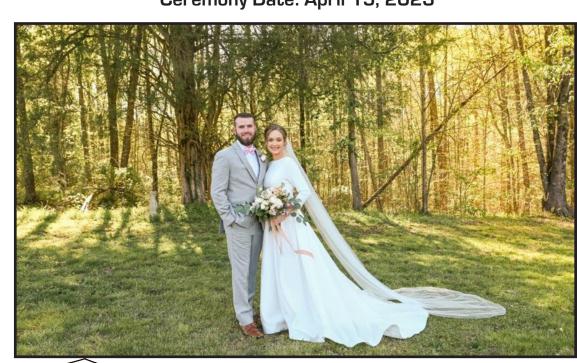


Abby & Alex Evans

Venue: Family Property
Photographer: Heather Evans
Ceremony Date: October 19, 2023

Ava & Isaiah Morgan

Venue: The Barn at Goose Creek Photographer: Candice Robertson Photography Ceremony Date: April 15, 2023





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Savannah & Clint Garrison

Venue: The Barn at Cedar Grove Photographer: Pierce Brockman Photography Ceremony Date: May 6, 2023



Beth & Jamie Cole

Venue: Friend's Property Photographer: JaCinda Warner Ceremony Date: September 30, 2023





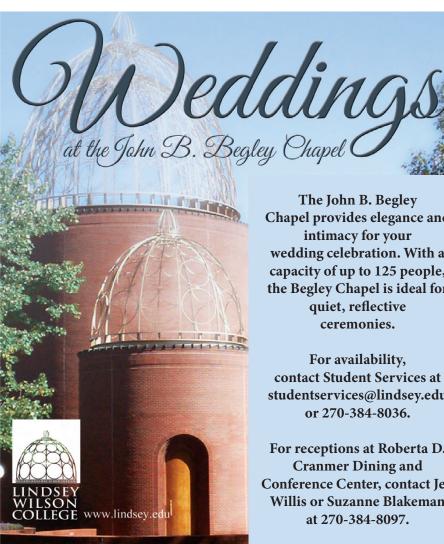
Macy & Landon Shively

Venue: The Barn at Cedar Grove Photographer: Alexa Loy Photography Ceremony Date: May 27, 2023

Natalie & Ty Jones

Venue: Lakeview Barn & Lodge Photographer: Kentucky Songbird Photography Ceremony Date: September 23, 2023





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Jamika & Franck Bikoya

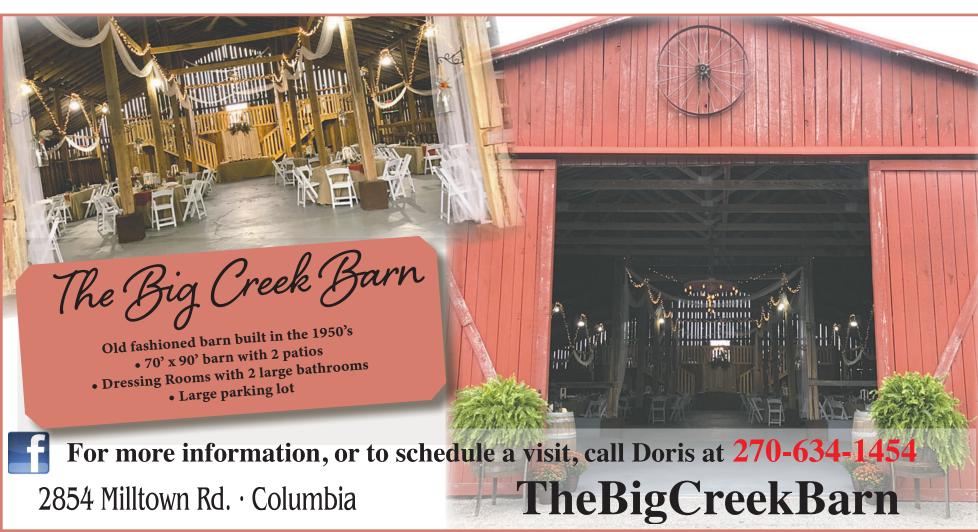
Venue: The City Farm Photographer: Summer Kemp

Photography

Ceremony Date: September 30, 2023





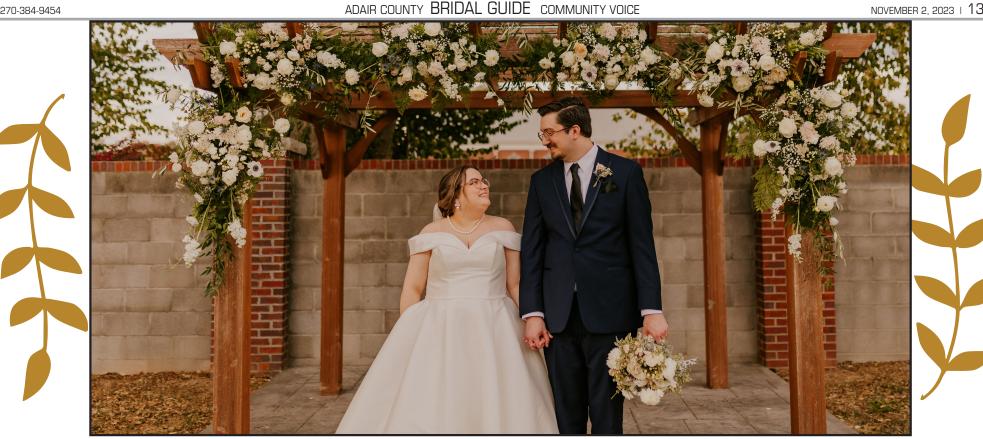




Charlsey & Thomas Scott III

Venue: Creekside Barn
Photographer: Pierce Brockman Photography
Ceremony Date: March 31, 2023

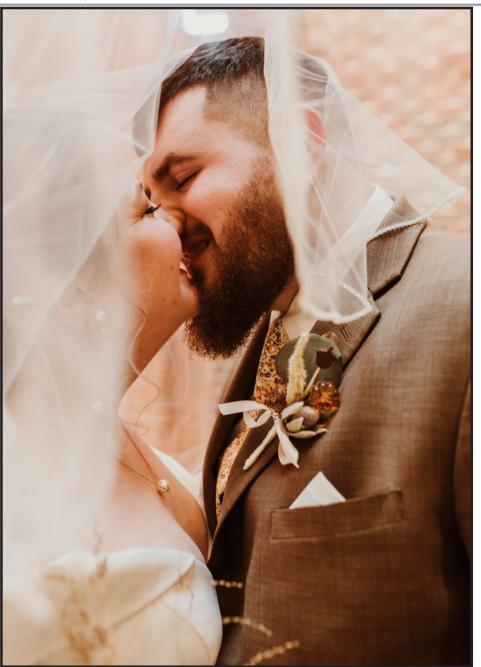




Laura & Joe Anthony

Venue: The Blanford House Photographer: Caleb Irvin Ceremony Date: October 22, 2022





Alexis & Tristan Watson

Venue: Lindsey Wilson Chapel Photographer: Jessi Janes Ceremony Date: December 17, 2022



Samantha & Conway Loy

Venue: Creekside Barn Photographer: Mackenzie Bennett Photography Ceremony Date: September 30, 2023









Jessica & Tyshon Kinkade

Venue: Boots and Bells Farm
Photographer: Lindsay Faith Garmon
Ceremony Date: September 16, 2023



Venue: The Barn at Cedar Grove
Photographer: Alex Antle
Ceremony Date: September 16, 2023





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