

## U.S. senators visit Kentucky as farm bill develops

LEXINGTON – U.S. Senate Republican Leader Mitch McConnell and Sen. John Boozman (R-AR) visited the University of Kentucky College of Agriculture, Food, and Environment last week to discuss the 2023 Farm Bill with Kentucky agriculture stakeholders.

McConnell is a senior member of the Committee on Agriculture, Nutrition, and Forestry. He's been on the committee since he was elected to the Senate in 1984. Boozman is a ranking committee member, one of the committee's most influential positions.

The committee last passed the current Farm Bill in 2018, and since it is to be renewed every five years, it expires this December. The Senate has only just begun writing up language for the bill, so this discussion with Kentucky stakeholders and producers was one of the first steps in drafting the bill.

Kentucky Agriculture Commissioner Ryan Quarles said he's been to several Farm Bill sessions.

"The fact that Boozman and McConnell had (this discussion) in the field, in Kentucky, is a big deal, and we're very appreciative that both of them are giving Kentucky agriculture an opportunity to directly have input on the farm bill," Quarles said.

In an interview, Quarles told precisely what it was that stakeholders asked the senators for during the closed roundtable discussion. He said the issues and ideas that came up were no surprise.

First, Quarles said stakeholders requested the continuation of risk-management products like crop insurance, which is a necessary safety net for farmers, and increased emphasis on international trade, mainly through funding the Market Access Program.

There was a big emphasis on trade for several reasons, including the fact that half of all soybeans in the U.S. are exported. A lot the nation's agricultural products end up overseas.

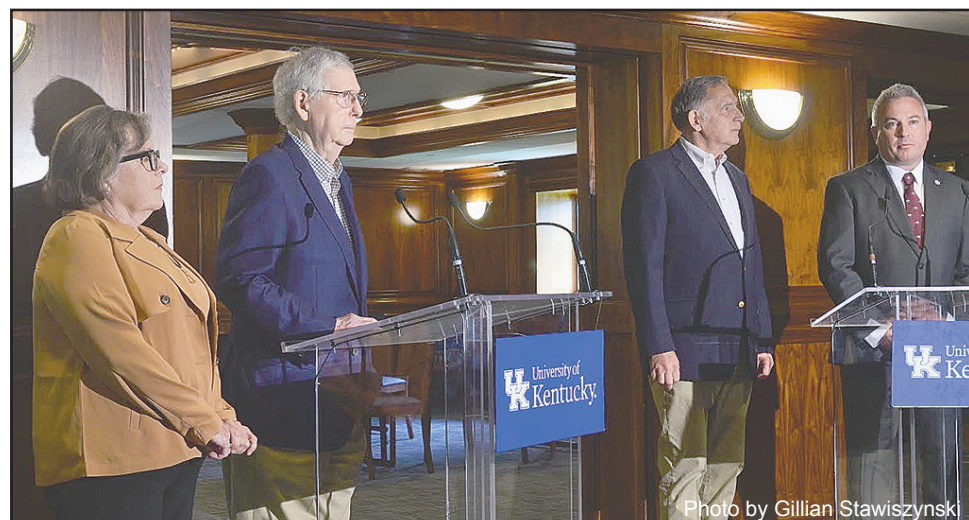


Photo by Gillian Stawiszynski

Meeting with news media following a closed roundtable discussion are (from left) Dr. Nancy Cox, dean of the University of Kentucky College of Agriculture, Food and Environment; U.S. Sen. Mitch McConnell; U.S. Sen. John Boozman; and Kentucky Commissioner of Agriculture Ryan Quarles.

"So, the Farm Bill is an opportunity for us to enhance our trade and promotion programs," Quarles said.

Quarles said he brought up cyberse-

curity, encouraging senators to support protection for agribusinesses in the

SEE SENATORS, PAGE 2

## Humphress named publisher of The Farmer's Pride



Toni Humphress

Toni Humphress has been named publisher of The Farmer's Pride, effective July 1.

Humphress is only the second publisher of the 34-year-old newspaper and is the daughter of company president and former publisher Sharon Burton.

Many Pride readers and advertisers already know Humphress, who grew up in the newspaper office and often traveled with her mother to various farm meetings and events. She has worked in different roles with the Pride over the years, most recently in graphic design.

She has staffed many booths at trade shows and has countless stories of her experiences at everything from press con-

ferences with the governor to spending four days at the National Farm Machinery Show.

"The Farmer's Pride has always been extremely close to my heart. We grew up together; I saw historical changes in agriculture happen as a young child all because of The Farmer's Pride," Humphress said.

Burton will still be involved in The Farmer's Pride and the farm community as company president, but she said she is excited to hand over the reins to her daughter.

"There is nobody more passionate about the work of The Farmer's Pride than Toni. I look forward to seeing her reenergize the publication with her enthusiasm and inno-

vative ideas," Burton said.

Humphress is already working on a newly updated website for the Pride, something that has been greatly neglected in recent years. She and her team are diligently working on ways to continue the legacy of the Pride and improve its reach and relevance to Kentucky's farm community.

"Some of the best people I have ever had the privilege of meeting entered my life through The Farmer's Pride," Humphress said. "I look forward to helping The Farmer's Pride grow. I am so excited to be working with the agriculture community, but most of all, I look forward to talking to all the amazing people within this community."



# Senators visit Kentucky as farm bill develops

FROM PAGE 1

Farm Bill.

Conservation programs were discussed, namely how to keep these programs voluntary for Kentucky producers.

Dairy programs also came to the table.

"There's been a national contraction of dairy nationwide, including in Kentucky," Quarles said. "Stakeholders said, 'We need to make sure that our milk support program reflects the modern economy.'" Quarles said this means that the pricing program for dairy would reflect high-interest rates and inflation.

Another issue that was discussed was how the Farm Bill would address disease mitigation and provide resources to help prevent diseases like African

Swine Fever from entering the country. Quarles said this issue has been a national talking point for all agriculture commissioners.

"We want to help support the vaccine bank and also other resources available if an outbreak occurs," Quarles said.

Proposition 12, a law that California voters passed in 2018, was a topic of discussion for the room. Proposition 12 establishes minimum space requirements for calves raised for veal, breeding pigs, and egg-laying hens. It also bans the sale of those animal products if the animals are confined to areas smaller than the minimum requirement. Quarles said the room discussed "how is Congress going to deal with legislative mandates from other states that have an adverse effect on producers in Kentucky?"

Reliance on agriculture was a hot

topic. Particularly how the Farm Bill can prepare for the future and how Americans can be encouraged to choose agriculture as a career when rural America often deals with population flight.

After the senators' roundtable discussion with Nancy Cox, dean of University of Kentucky College of Agriculture, Food and Environment; members of Kentucky Farm Bureau; Quarles; producers; and other state and local stakeholders; a closed press conference was held to present takeaways from the room.

"We're blessed with the cheapest, safest food supply of any place in the world. We take that for granted, but we have a lot of people that work very hard to make that happen," said Boozman. "So we're listening to them, seeing what they need."

In response to a question about what will differ between the 2018 Farm Bill and the 2023 Farm Bill, Boozman said, "When we look at 2018, the world was very different then than it is now. Now we're in a situation with very high interest rates and heightened food costs; commodity prices are actually up a little bit, but they're projected to go down significantly. So, we need to ensure we have the risk management tools in place so farmers can go on."

McConnell warned that new spending would be "hard to come by" in the upcoming bill.

"We passed an agreement with the debt ceiling to put a cap on spending, and so a lot of additional spending in this Farm Bill seems to be unlikely."

By Gillian Stawiszynski  
Contributing Reporter

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# Tour features regenerative farm practices



The crowd of about 50 walked the pastures of Nurtured Lands Farm during the UK Summer Forage Tour and learned about forest raised pork.

PRINCETON, Ky. – There's an old saying, "What goes around comes around," and for Nurtured Lands Farm, that's their ultimate goal.

The UK College of Agriculture, Food and Environment Summer Forage Tour

centered on the regenerative practices initiated by owners Kate and Justin Adams. The farming practices the Adams' use on the once neglected Caldwell County farm develop a nutrient cycle that enhances the soil without the aid of chemical fertilizers.

The event held May 25 is returning after a year's absence. UK Forage Extension Specialist Dr. Chris Teutsch pointed out that in 2022 the Princeton Research Center was still reeling from the effects of the December 2021 tornado and a tour wasn't possible. He noted that this year's date of late spring rather than mid-summer highlights the cool season pastures, which are integral to Nurtured Lands Farm's operation.

This year's tour focuses on sustainability.

"A vital part of the grassland ecology is making sure we don't have a lot of inputs that we have to buy off the farm," Teutsch noted. He added the more the farmers can decouple themselves from commercial fertilizer, the better it will be for the farm's bottom line.

Kate and Justin purchased the 50-acre farm, located just outside of Princeton, in 2016 and enabled Justin to fulfill a lifelong dream of operating a farm and having their three children grow up on a farm. The farm needed significant soil fertility and health improvements, and the farm was perfect for the Adams' passion for regenerative agriculture and raising chemical, hormone, and pesticide-free livestock.

As the group of about 50 walked across

35 acres of pasture on the farm's rolling hills, Justin Adams shared the improvements and renovations made to the farm, which was nothing but broomsedge, fescue and bare soil. He credits frost seeding the many acres of open ground with a mixture of Korean lespedeza, red and white clover. Adams broadcast the 8:4:1 blend across his fields in February and March. Since that first seeding, he has learned reseeding every year at a lower rate provides a more constant supply of pasture. While the clover mixture added much-needed nitrogen to the soil, strategies are needed to build up phosphors and potassium levels.

"So not only am I getting the benefits of the nitrogen capturing, I'm also getting the direct benefits of the cattle eating the red clover and helping with the heat stress that they would normally see this time of year," Adams added. Clover provides vasodilation, which counteracts the vasoconstriction of fescue.

A significant component of the tour is how mentorships have contributed to the growth of Nurtured Lands Farm. The Adamses moved from downtown Cincinnati

SEE TOUR, PAGE 19

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# The things plants have taught me



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Finding  
people,  
situations  
and  
hobbies that  
'deadhead,'  
fertilize  
and water  
your life is  
important.

I became very interested in flowers and gardening this year. One day I decided I wanted a few cute flowers. A few days later I decided I wanted a raised garden bed, and because I have the best man in the world, when I decided on a Friday I wanted a garden, I had one built for me by Sunday. It has been a learning curve, for sure. There may have been a second round of tomato plants planted. I have replaced some hanging baskets because the first ones just didn't really survive the heat, but overall it's been a really fun experience that I look forward to continuing. Everyone has gotten involved and everyone has worked really hard. There are already discussions for what we have learned from this year to do differently next year. But recently, while sitting in the driveway working on what I THINK are hydrangeas, I had a realization. I had honestly quite neglected these plants. They are on the front of the house and since they aren't always in my face, they probably don't get the attention they deserve. So I sat down and began doing some deadheading, fertilizing and talking sweet to them (I'm convinced it helps). I noticed that even though I hadn't done work on them in awhile and there were parts of them that were brown and withered, there were still new blooms coming in. Sometimes I think we do the same thing as humans. We have relationships, friendships or careers that neglect us, they don't bring any type of nutrients in our life, but we still continue to try to bring new blooms. But just as with the flowers, eventually our nutrients will run out and we can no longer bloom. Me neglecting those flowers didn't hurt me in any way, except maybe my bank account, but they had worked so hard to bring those new blooms that they were pulling the few nutrients they had left into their roots and stems to present flowers. So, remember to always take care of yourself. Your mental and physical health is important. Finding people, situations and hobbies that 'deadhead,' fertilize and water your life is important. Brandon always tells me, "you can't fill from an empty cup," so please remember to fill your cup, make sure you are surrounded by people and things that help you insure your cup is filled and people who understand when it's empty. And don't forget to drink water and get some sunlight. You are basically a houseplant with more complicated emotions.

# Supreme Court's recent Clean Water ruling makes everything murkier

In the bitterly divided, highly partisan world of Washington, D.C., few institutions are more divided and more partisan than today's Supreme Court. The court showcased that split again on May 25 when it significantly narrowed the federal government's authority to protect wetlands under the 51-year-old Clean Water Act in Sackett v. Environmental Protection Agency. The 5-4 decision was as groundbreaking as it will be water-polluting, say environmental advocates. The facts of the case are clear: In 2007, an Idaho couple, the Sacketts, planned to build a home near a lake. As construction began, EPA ordered it halted "because their lot contain(ed) wetlands protected by the CWA, which bars the discharge of pollutants, including rocks and sand, into 'navigable waters,'" explained the independent, peer-reviewed SCOTUSblog. The Sacketts didn't file suit over the fact that a wetland was on their property; everyone agreed that there was. Instead, the fight ensued over whether the wetland drained into a "navigable water" as defined under the Clean Water Act. EPA ruled it did; the Sacketts disagreed, noting that the wetland first drained into an unnavigable creek before it drained into the indisputably "navigable" lake. Despite court loss after court loss, the couple pursued the case until it rose, appeal after appeal, to the high court. The court, unsurprisingly, accepted the case because previous Supreme Court rulings in Clean Water Act cases seemed to muddy the complicated law "as property owners and the federal government wrestled with how far to extend its protections against polluting the navigable waters of the country," Roll Call recently explained. Farm and ranch groups joined the Sacketts in the fight. After decades of tiptoeing through legal and legislative fights over what constitutes a "navigable water," everyone—even environmental groups—wanted someone, be it Congress, the courts, or the White House, to arrive at a clear, workable clean water rule. Previous attempts centered around WOTUS, or the broadly interpreted, EPA-empowering Waters of the United States rule. To most farmers, WOTUS was a "I-can't-tell-you-what-it-is-until-I-see-it" EPA trap that had not kept up with agriculture's rapid industrialization under the aging Clean Water Act. The courts agreed and, as such, WOTUS went through several updates and revisions under succeeding administrations.

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**FOOD  
&  
FARM  
FILE**

**Alan  
Guebert**

Instead, the fight ensued over whether the wetland drained into a "navigable water" as defined under the Clean Water Act.

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## THE FARMER'S PRIDE

## Billboard pilot showcases local dairy farmers



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While driving through their hometowns, Kentucky residents may notice The Dairy Alliance's three recent billboards featuring Kentucky dairy farmers with the Making Every Drop Count logo. Each ad features a dairy farmer or farmers standing with their cows with the slogan "Real Milk Starts Here™" and a prompt to learn more online.

The Making Every Drop Count billboards first appeared last November. The billboards are visible in three locations across Kentucky. Each ad depicts a farm family living in the community: the Corbins of Corbin Dairy in Campbellsville, the Longs of Long Dairy in Glasgow and the Coopers of Coopland Farms in Hopkinsville.

These ads serve a dual purpose. Once residents notice local farmers showcased on the billboards with their cows, it creates a connection between local dairy producers and the surrounding community. If drivers visit the [realmilkstartshere.com](http://realmilkstartshere.com) site, they will be directed to topics of interest to consumers: information regarding sustainability on the dairy farm, family-friendly recipes using dairy and what dairy farms are close to home. Additionally, dairy farmers can visit the site to discover the work check-off does in their local areas to promote the consumption of milk.

"Dairy farming often involves long hours, hard work, and a deep connection to the land and the animals we care for. While many farmers may not seek recognition, our contributions are valuable to the industry and the communities we serve," said Annie Cooper of Coopland Farms, one of the farms currently featured. "It is an honor to be recognized in the dairy industry, and that is because if you truly know a dairy farmer, you know they will never ask for recognition."

As the local dairy checkoff that works on behalf of Southeast dairy farmers, building trust in dairy farming is part of our strategic priority to increase milk sales within the region. We know that people are more willing to purchase a product if they have a local connection to it. These billboard placements remind people that dairy is one of the most local products you can buy: from farm to fridge in less than 48 hours! For more information, visit [realmilkstartshere.com](http://realmilkstartshere.com).

Once residents notice local farmers showcased on the billboards with their cows, it creates a connection between local dairy producers and the surrounding community.

## Thankful thoughts on the American farmer's freedom to operate

I spent quite a bit of time in the long rows of the wheat fields recently with my cousin chasing me in the bean planter, and that gave me a little time to think. Most of you reading this know it wasn't really quiet time. Between the radio and my cell phone going off, equipment repairs, and coordinating all of the moving parts that made up a successful (and thankfully, a bountiful) wheat harvest, I did find just a few minutes of quiet in the middle of all the chaos.

One of the things I gave some thought to was this column, and of course as the Fourth of July holiday came closer, I guess we were all thinking about how blessed we are to live in the United States of America, where we enjoy a number of freedoms that many others – many farmers – around the world don't get to experience.

One of those freedoms that came to mind was our freedom to farm. I get some pretty strong suggestions from sales reps, sure, but at the end of the day, there is no entity telling Hendricks Farms (or your own operation) that we HAVE to grow this crop, that variety, or even what practices we are required to use. Freedom to operate as we see fit on our individual farms is important, and about the time this issue of the Pride hits your mailbox, I'll be in Washington, D.C. with several other soybean volunteer leaders, both from the Kentucky Soybean Association and the American Soybean Association, for the ASA meeting and our summer Hill visits.

I am sure there are farmers in other parts of the world who could never imagine having the opportunity to actually sit down with their lawmakers and speak openly about the consequences – intended or unintended – that legislation could have on their own operations. Having their thoughts and opinions valued as ours are would be even more of a stretch for many farmers in other countries. We are fortunate that such a practice is not only "allowed," but encouraged by many in our government.

If you have ever wondered what the Kentucky Soybean Association does for its members, this is one good example. Several times a year, volunteer farmer-leaders visit our nation's capital and meet with our elected officials. Just last week, Shane Wells, who serves as KSA's Legislative Chairman, spoke with Leader McConnell and Sen. Boozman in a roundtable discussion at the University of Kentucky about implications of the upcoming Farm Bill. We know this piece of legislation is the one that impacts farming operations the most directly and in a number of ways, and we appreciate Shane's willingness to serve in this capacity.

Checkoff dollars cannot, by law, be used for lobbying and policy matters. That's where Association membership comes in. It's Association dues that allow us to fly to Washington and advocate for the best interests of soybean farmers. It's Association dues that fund our representation on the American Soybean Association Board. It's Association dues that amplify our members' voices.

I am not a salesman, but I will tell you that membership in the Kentucky Soybean Association is one of the best investments I think a farmer can make in the future of their operation, and I encourage you to call our office at 270-365-7214 today and join up or make sure your dues are current.



KENTUCKY  
SOYBEAN  
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PRESIDENT

Adam  
Hendricks

I guess we were all thinking about how blessed we are to live in the United States of America, where we enjoy a number of freedoms that many others – many farmers – around the world don't get to experience.

## Letters to the Editor

*Letters to the editor are welcomed. Letters must include the author's name, address and phone number for verification purposes. Letters should be no longer than 500 words and will be edited for clarity.*

Send letters to:  
Letter to the Editor  
The Farmer's Pride  
P.O. Box 159  
Columbia, Ky. 42728



# Supreme Court's recent Clean Water ruling makes everything murkier

FROM PAGE 4

The May 25 Sackett decision, however, ended that bitter, decades-long fight by starting another bitter, probably decades-long fight.

Justice Samuel Alito (he of recent Alaskan water fame) wrote that the Sacketts had been right from the get-go: "In sum, we hold that the CWA extends to only those 'wetlands with a continuous surface connection to bodies that are 'waters of the United States' in their own right'..."

In fact, Alito added, "...they are 'indistinguishable' from those waters."

The decision, joined by Chief Justice John Roberts, Justice Clarence Thomas, Justice Amy Coney Barrett, and Justice Neil Gorsuch, "significantly shrank the reach of the federal clean water protections, dealing a major blow to President Joe Biden's efforts to restore protections to millions of acres of wetlands and delivering a victory to multiple powerful industries," reported Politico.

That's an understatement; most land developers, farmers, and ranchers were elated after the razor-thin decision was handed down.

Also understated are the ruling's long-term consequences, notes DemocracyNow, a left-leaning news organization. The court's action "ends protections for about half of all wetlands in the contigu-

ous United States, jeopardizing access to safe drinking water for millions."

In a curious twist, the court's other four justices agreed that the Sacketts had been right from the start but strongly disagreed with their colleagues' solution: knee-capping the Clean Water Act by appointing themselves "as the national decision-maker on environmental policy." That was Congress's job and, in fact, it had done that job when it "drafted the CWA."

Justice Brett Kavanaugh went further in his dissent. Writing for his three colleagues, Kavanaugh, a Trump

appointee, noted that the "court's new [WOTUS] test is 'sufficiently novel and vague' and that it will create precisely the kind of regulatory uncertainty that the majority criticized."

In short, the split decision only further muddies the law and rural America's increasingly dirty waters—navigable or unnavigable.

**ALAN GUEBERT** publishes a weekly column Farm and Food File through the U.S. and Canada. Past columns, events and contact information are posted at [farmandfoodfile.com](http://farmandfoodfile.com). Contact Alan Guebert by email at [agcomm@farmandfoodfile.com](mailto:agcomm@farmandfoodfile.com).

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# Ticks catch ride by static electricity

One more thing to know as you work to guard against the influx of ticks in Kentucky this year: Static electricity that is naturally produced by humans and other animals can cause a tick to be pulled onto them, a new study shows.

"Until now, we had no idea that an animal could benefit from static electricity in this way, and it really opens up one's imagination as to how many invisible forces like this could be helping animals and plants live their lives," lead author Sam England of the University of Bristol said in a news release.

The findings, published today in *Current Biology*, are the first known example of static electricity being implicated in the attachment of one animal to another, the release says.

The study also offers an explanation for how ticks make contact with hosts that seem beyond their reach, because ticks are not capable of jumping.

The researchers first tested the potential of static electricity to help ticks by using electrically charged rabbit fur and other materials. They found that the ticks were pulled through the air for several millimeters or even centimeters toward the charged surfaces. (One inch has 2.54 centimeters.)

They said the distance the ticks were pulled, compared to their size, was like humans being pulled up several

flights of stairs.

The study also determined that the minimum strength of a static-electricity field needed to attract a tick was comparable to the field between a charged animal and grass, suggesting that this is a likely way some ticks end up on their hosts.

The researchers suggested that these findings likely apply to other parasitic animals, like mites, fleas and lice.

They also say this study could lead to new ways to prevent tick bites, like creating anti-static sprays.

For now, you can protect yourself from ticks by wearing an insect repellent, such as diethyltoluamide, or Deet, when outside. And for those who don't like to wear Deet, you can use oil of lemon eucalyptus, IR 3535, or picaridin. All of these products are readily available at stores.

Other ways to protect yourself from ticks include wearing light-colored clothing, so ticks can be spotted more easily; tucking pants legs into socks or boots and shirttails into pants; taping the area where pants and socks meet, so ticks can't crawl under your clothes; walking in the center of trails, and avoiding other tick-likely areas.

By Melissa Patrick  
Kentucky Health News



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# Grilled Top Round Steak with Parmesan Asparagus



## Ingredients

1 beef Top Round Steak, cut 3/4 inch thick (about 1 pound)  
1 pound asparagus, trimmed  
1 teaspoon olive oil  
3 tablespoons shaved Parmesan cheese  
Hot cooked orzo (optional)

## Marinade:

1/4 cup red wine vinegar  
2 tablespoons olive oil  
1 tablespoon fresh thyme  
2 teaspoons steak seasoning blend  
2 teaspoons minced garlic  
1 teaspoon crushed red pepper

## Instructions

Combine Marinade ingredients in medium bowl. Place beef Top Round Steak and marinade in food-safe plastic bag; turn steak to coat. Close bag securely and marinate in refrigerator 6 hours or as long as overnight, turning occasionally.

Remove steak from marinade; discard marinade. Toss asparagus with oil. Place steak in center of grid over medium, ash-covered coals; arrange asparagus around steak. Grill steak, covered, 10 to 11 minutes (over medium heat on preheated gas grill, times remain the same) for medium rare (145°F) doneness, turning occasionally. (Do not overcook) Grill asparagus 6 to 10 minutes (over medium heat on preheated gas grill, covered, 8 to 12 minutes) or until crisp-tender, turning occasionally.

*Cook's Tip: To make asparagus spears easier to turn on the grill, thread them ladder-style onto two 12-inch metal skewers. Insert a skewer about 1 inch from each end of spear, leaving small space between spears.*

Use tongs to turn entire asparagus "ladder" for even cooking.

Immediately sprinkle cheese over asparagus. Carve steak into thin slices.

Season with salt, as desired. Serve with asparagus and orzo, if desired.

# Easy Skillet Chili Mac

## Ingredients

1 pound Ground Beef (93% lean or leaner)  
1 can (15 to 16 ounces) chili beans in chili sauce  
1-1/2 cups prepared thick-and-chunky salsa  
1/2 cup water  
1/2 cup chopped fresh cilantro  
2 cups cooked elbow macaroni, warmed

## Instructions

Heat large nonstick skillet over medium heat until hot. Add Ground Beef cook 8 to 10 minutes, breaking up into 3/4-inch crumbles and stirring occasionally. Pour off drippings, as necessary.

*Cook's Tip: Cooking times are for fresh or thoroughly thawed ground beef. Ground beef should be cooked to an internal temperature of 160°F. Color is not a reliable indicator of ground beef doneness.*

Stir in beans, salsa and water; bring to a boil. Reduce heat; simmer 5 minutes or until slightly thickened, stirring frequently. Stir in cilantro.



# Perfect peace

A verse popped up on an app on my phone this past week that caused me to pause.

"You will keep in perfect peace those whose minds are steadfast, because they trust in you." Isaiah 26:3

There is so much turmoil in the world and even in our own communities, so it's easy to become discouraged or worried.

I have found myself struggling with my attitude and worrying about what might lie ahead. There is so much hate around us.

The Bible gives us warning signs of the last days and we can find them all around. What are we supposed to do?

Stay focused on the one who provides perfect peace.

God never promised life would be easy, but he does promise he will never forsake us. He promises good to those who trust in him, and he promises an eternity that will be free of the pain of this world.

I remember a pastor talking about a scripture that says Stephen saw the glory of God and Jesus standing at the right hand of God.

Stephen was murdered because of his faith, but he never took his eyes off Jesus. He had that perfect peace, even when his time on earth was numbered.

What really drew my attention to that scripture was that Jesus was standing. There are other scriptures about Jesus sitting at the right hand of God, but here he is standing.

It was like he was ready to take action, he was ready to run and do whatever God would allow him to do. He is there, ready to move on our behalf.

God had another plan for Stephen, whose last words were asking God to not hold it against the ones who were killing him.

I don't doubt that many lives were changed by Stephen's character. He displayed perfect peace and his mind was steadfast because he never took his eyes off Jesus. Even when he was facing death, he continued his trust in the Lord.

No matter what is going on around you, remember that God is faithful. He hears your prayers and he is looking for people who will trust in him. Those people can stand against the hate and all the bad things going on in the world, because they know where their help comes from. They change the world with their prayers and their heart for others.

s/Sharon



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# It's County Fair time in Kentucky!

Western Kentucky State Fair, Hopkinsville,  
June 23 – July 1

Garrard County Fair, Lancaster, June  
26-July 1

Marion County Fair, Lebanon, June 26-July  
1

Barren County Fair, Temple Hill, June 27,  
July 1, July 7-8

Wayne County Fair, Monticello, June 30 –  
July 8

Butler County Fair, Morgantown, July 1-4

Casey County Fair, Liberty, July 1, July  
22-29

Hart County Fair, Munfordville, July 3-8

Ewing-Fleming County Fair, Ewing, July  
5-8

Livingston County Fair, Smithland, July  
6-14

Montgomery County Fair, Mt. Sterling,  
July 8-15

Muhlenberg County Fair, Powderly, July  
8-15

Lincoln County Fair, Stanford, July 8,  
11-15

Trimble County Fair, Bedford, July 10-17

Bath County Fair, Owingsville, July 10-15

Hardin County Fair, Elizabethtown, July  
10-15



Jessamine County Fair, Nicholasville, July  
10-15

Kenton County Fair, Independence, July  
10-15

Laurel County Fair, London, July 11-14

Spencer County Fair, Taylorsville, July  
14-15, 19-22

Franklin County Fair, Frankfort, July 15,  
July 18-22

Nelson County Fair, Bardstown, July 17-22

Harrison County Fair, Cynthiana, July  
17-22

Henderson County Fair, Henderson, July  
17-22

Tollesboro Fair, Tollesboro, July 14-22

Daviess County Lions Fair, Philpot, July  
19-22

Crittenden County Fair, Marion, July 22,  
29, August 4-5

Meade County Fair, Bradenburg, July 22-29



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# Selling hay to horse owners



Horses are a great market for Kentucky cash hay producers. A recent survey funded by the National Alfalfa and Forage Alliance provides some surprising insights into the factors that horse owners find important when purchasing hay.



By Jimmy Henning

## By Krista Lea and Jimmy Henning

Cash hay production has always been important in Kentucky, but the end user has changed over the nearly four decades of my (Jimmy) career. Back in the 1900s (like the 1980s), cash hay was often for the dairy market and price was greatly influenced by forage quality. Fast forward to the 2020s where a significant amount of high value cash hay goes to the horse market. But what drives this market? A recent survey conducted by Krista Lea, Laurie Lawrence, Bob Coleman, Jen Zimmerman and Ray Smith at the University of Kentucky provides some insight.

In 2022, horse owners and hay producers participated in a survey that was designed in part to better understand hay buying preferences of horse owners. Over 1000 surveys were collected from across the US.

One group of questions asked whether or not horse owners like to feed alfalfa (or alfalfa mixed hay) and why. Many said both, which seems contradictory. However, these opposing responses are likely due to having differing needs among the horses

being fed. For example, I (Krista) currently have four horses in my barn consuming alfalfa hay: two yearling fillies actively growing, one broodmare near parturition and one very old, and very picky retired mare. The rest of my barn, consisting of mostly retired geldings, maintain their body weight quite well on what most hay producers would call low quality hay – straight grass, slightly over mature and stemmy. So I too would be one to answer yes, I prefer to feed alfalfa hay and no, I don't prefer to feed it. It depends on the horse.

In other questions, horse owners were asked to rank the importance of the following factors when purchasing hay: bale size, quality analysis, cost, dealer reputation and availability of delivery. Not surprisingly, cost was the most important factor. But the second most important factor was dealer reputation. Things like customer satisfaction, fair pricing and willingness of the supplier to stand behind their product were more important than the guaranteed analysis of the hay! Every hay supplier that I (Krista) purchase from says simply, if they don't eat it, I'll come back and get it, and they have.

The third most important factor was bale size. While many hay producers are moving to larger bales for handling and trucking

SEE SELLING, PAGE 18

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# New Kentucky Proud website helps consumers find Kentucky farm products

Kentucky Proud, the official agricultural marketing brand of Kentucky, has launched a new website and an easier way for consumers to find a wide range of products with roots in Kentucky soil for the whole family to enjoy.

"Kentucky has so much to offer and at the Department of Agriculture we are the biggest fan of Kentucky producers," Commissioner of Agriculture, Dr. Ryan Quarles said. "Our goal is to showcase our farms and farm families and all the wonderful products created by them, while at the same time enhancing the consumers' ability to find all of the fantastic products the commonwealth has to offer."

The Kentucky Department of Agriculture introduced the Kentucky Proud concept in 2002. Initially named Kentucky Fresh, KDA set out to create a central platform to raise awareness of Kentucky's ever-expanding agricultural efforts by promoting farmers, farm families, and farm impact products. Now more than 20 years later, the Kentucky Proud brand is recognized across the commonwealth.

The completely new website, [kyproud.com](http://kyproud.com), brings that statewide recognition to new light, allowing consumers to easily search for Kentucky farm products with a newly implemented product locator. Consumers can search for members by business and product categories or by a list of specific products. A variety of filter and sort options provides consumers with additional ways to tailor their searches and locate a wide range of local businesses and products. The new site also integrates seasonal promotions, information about the Kentucky Proud program, and agriculture throughout the commonwealth.

For Kentucky Proud business members, the new website also offers some added updates. Member businesses can login to a newly developed member portal to view and update their membership, as well as access available grant applications and additional member benefits. Kentucky Proud has more than 6,600 members across the commonwealth, including at least one business in all of Kentucky's 120 counties.

In an effort to promote the new website, Kentucky Proud has launched a media campaign, along with creating a video showcasing the hard work farmers do year-round to provide the best local products for consumers. Filmed over the course of an entire year, the video features working

farm locations across Kentucky through all four seasons, complete with original music, "Kentucky With You," from Louisville musician, Brigid Kaelin.

To view the new website and see all Kentucky Proud farmers and farm families have to offer, visit [kyproud.com](http://kyproud.com).

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GS\_8872\_3\_1



# THE Sunny SIDE

The Official Publication of the Kentucky Poultry Federation and The Farmer's Pride Advertising Supplement

July 6, 2023



## 2023 Membership Directories

Thank you to those of you who have either renewed or joined the Kentucky Poultry Federation. We appreciate the support you give the Kentucky Poultry Federation and Kentucky's poultry industry.

If you would still like to join the Kentucky Poultry Federation, you can download a membership application at our website [www.kypoultry.org](http://www.kypoultry.org), from the homepage click on "2023 Membership Drive."

## 2023 Kentucky Poultry Federation Scholarship

The Kentucky Poultry Federation is looking for graduating high school seniors (Spring 2023) or students who are currently attending a college, university, or technical training program to be recipients of the KPF Scholarships. These students must have good character and determination to succeed.

Through the generosity of our membership, scholarships have been established to assist graduating high school students or students currently attending a college or university to continue their education. These scholarships were created to benefit the children and grandchildren of our poultry growers, complex employees, and allied

members. The Kentucky Poultry Federation Board of Directors and members established this fund to help young students continue their academic careers or receive additional training in another area beyond high school. The Kentucky Poultry Federation will be awarding four students \$2,000 scholarships each.

For consideration in the scholarship competition, all Application Packets must be electronically submitted by June 30, 2023. No exceptions will be made. The application can be found online at: [www.kypoultry.org](http://www.kypoultry.org) or you can email me to receive a copy at: [jguffey@kypoultry.org](mailto:jguffey@kypoultry.org)

If you would like to join the Kentucky Poultry Federation, you can download a membership application on our website [www.kypoultry.org](http://www.kypoultry.org), from the homepage click on "2023 Membership Drive."

## 2023 Kentucky 4-H Poultry Contest

We are hoping that the Kentucky 4-H Poultry program will be in full swing this summer. Different competitions will be held with the senior division winners representing Kentucky at the National 4-H Poultry and Egg Conference in November at the Kentucky State Fairgrounds in Louisville, Kentucky. The wide variety of activities, provides opportunities for youth, no matter what their interest or ability.

The Kentucky 4-H Egg Demonstration Contest will be held on Saturday, July 29, 2022. The Egg Demonstration Contest will be held at the Hardin County Extension Office. The competitors will prepare an egg dish while discussing the nutrition, functionality, and general knowledge of eggs. The first-place winner in the Junior Division will receive a blue ribbon and a check. The first-place winner in the Senior Division will receive a blue ribbon, a check, and a \$300 scholarship to attend the National Competition in November. All prizes are sponsored by the Kentucky Poultry Federation. Registration is through your local county 4-H extension office.

The 4-H Turkey Barbecue contest and the 4-H

Chicken Barbecue contest will be held July 29, 2023, at the Hardin County Extension Office. There are junior and senior divisions in both the turkey and chicken barbecue contests. The contestants are judged on their skill in starting and maintaining a fire, food safety, cooking skills, and of course, their finished product. The senior division winners in both contests will receive a \$300 scholarship from the Kentucky Poultry Federation to attend the National Competition in Louisville in November.

The Kentucky 4-H Poultry Judging Contest, T-shirt, and Avian Bowl Contests will be held on the first Friday of the Kentucky State Fair, August 18, 2023. Contestants can register online at the Kentucky State Fair website. Rules for both contests are posted on the 4-H website ([www.ca.uky.edu/Agcollege/4H/projects\\_events/statefair](http://www.ca.uky.edu/Agcollege/4H/projects_events/statefair)). Check with your local 4-H agent for the registration deadline and additional information.

For additional information on all poultry, contests contact your local extension office or Dr. Tony Pescatore at (859) 257-7529 or via e-mail at [apescato@email.uky.edu](mailto:apescato@email.uky.edu).

## Apply for this year's Family Farm Environmental Excellence Award

The Kentucky Poultry Federation & U.S. Poultry & Egg Association are looking for the next Family Farm Environmental Excellence Award Winner. This could be you, so start working on your application today. Winners will receive \$500 and overnight accommodations during the Kentucky Poultry Federation festival that will be held in Lexington in October.

### APPLICATION RULES AND INSTRUCTIONS

1. Entries by August 31, 2023.
2. A family farm may be selected as an award recipient from up to six regions. Although states are typically divided into various regions as indicated below, regional divisions may be adjusted slightly to accommodate for a disparity in the number of applications received on a state-by-state



# Spinach, Black Bean and Egg Quesadillas

## Ingredients:

4 medium flour tortillas

8 eggs

1 tablespoon canola or vegetable oil, plus more as needed

4 cups spinach, chopped

1 cup canned black beans, drained and rinsed

2 cups sharp cheddar cheese, plus more as desired

Hot sauce

Salt

Black pepper

Garlic powder

## Directions:

Mix the eggs in a bowl with a fork until the whites and yolks are blended. Season with hot sauce, salt, black pepper, and garlic powder. Set aside.

Heat the oil in a large cast-iron or nonstick skillet over medium to medium-high heat until it shimmers. Add the spinach and cook until wilted. Add the black beans and stir to combine.

Pour the eggs over the spinach and black beans. Cook the eggs just until set, frequently stirring to cook evenly. Transfer the eggs to a bowl. Clean out the skillet.

Take a paper towel and add some oil. Wipe the skillet with the oil. Warm up the skillet for a few minutes and add a tortilla. Sprinkle 1/4 cup of the cheese over one half of the tortilla.

Once the cheese begins to melt, add a quarter of the egg, black bean and spinach mixture. Add more cheese if desired. Fold the quesadilla in half. Cook the quesadilla until the one side is crispy and golden brown. Flip it over and cook until the other side is also crispy and golden brown.

Transfer the quesadilla to a cutting board and let it cool for one minute. Cut it into thirds or in half, as desired.

Repeat for the other three quesadillas. Serve each one as they are finished cooking so they don't become cold. If desired, top with cooked corn, tomatoes and other preferred toppings.



## Apply for this years Family Farm Environmental Excellence Award

FROM PAGE 14

basis. Southeast: KY

3. Previous winners must wait three years before resubmitting an application. (e.g., If a family farm wins the award in 2022, the family farm can apply again for the 2025 award.)

4. Application should be submitted to: Jamie Guffey, KY Poultry Federation, [jguffey@kypoultry.org](mailto:jguffey@kypoultry.org)

5. Award winners must be willing to allow the KY Poultry Federation and U.S. Poultry to feature the award winner on its website and publicize the winning entry in the local/regional/national media. Award winners will have the opportunity to review any publicity release.

6. The application package consists of two parts. The first part consists of a general information questionnaire about the family farm and its environmental management techniques. The second part consists of a series of essay questions to which the applicant should respond in a report-type format. Photographs, tables, etc., supporting answers to the essay questions should be incorporated directly into the report. Additionally, a facility may include, in an appendix, up to 10 additional pages of pertinent information.

7. Questions? Please contact Jamie Guffey at (270) 404-2277, email at [jguffey@kypoultry.org](mailto:jguffey@kypoultry.org) or Dr. Tony Pescatore at (859) 257-7529 email at [apescato@uky.edu](mailto:apescato@uky.edu).

# EM



## Today's Eggs

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- Iron
- Zinc
- Phosphorous



Wouldn't you love some now?!

# CAL-MAINE FOODS, INC.



# Tangy Turkey Tostadas



## Ingredients:

1-1/4 pounds lean ground turkey  
3/4 cup sliced fresh mushrooms  
1 medium green pepper, chopped  
1 small onion, chopped  
2 garlic cloves, minced  
1 can (16 ounces) of kidney beans, rinsed and drained  
1 cup salsa  
1 can (4 ounces) of chopped green chiles  
1 tablespoon chili powder  
1 teaspoon ground cumin  
1/2 teaspoon salt  
4 drops of hot pepper sauce  
1-1/2 cups (6 ounces) reduced-fat Mexican cheese blend  
1/2 cup frozen corn, thawed  
16 tostada shells  
2 cups shredded lettuce  
1 cup chopped tomatoes  
1/4 cup minced fresh cilantro

## Directions

In a large skillet, cook turkey, mushrooms, pepper and onion over medium heat 6-8 minutes or until turkey is no longer pink and vegetables are tender, breaking turkey into crumbles; drain. Stir in garlic; cook 1 minute longer.

Stir in beans, salsa, green chiles, chili powder, cumin, salt and pepper sauce. Cook, uncovered, 4-5 minutes or until heated through. Add cheese and corn; heat through. Spread about 1/3 cup filling over each tostada shell. Sprinkle with lettuce, tomatoes and cilantro.

# Summer Goddess Chicken Salad

## Ingredients:

4 servings  
8 oz. green beans, trimmed, halved crosswise  
Kosher salt  
ear of corn, kernels removed (about 1 cup)  
skin-on, bone-in chicken breasts (about 1 1/2 lb.), split, or 2 skinless, boneless chicken breasts  
oil-packed anchovy fillet  
1/4 avocado  
1/4 cup of extra-virgin olive oil  
2 Tbsp. sour cream  
1 tsp. finely grated lemon zest  
2 Tbsp. (or more) fresh lemon juice  
1 1/2 tsp. red wine vinegar  
3/4 cup finely chopped mixed tender herbs (such as basil, chives, parsley, mint, and/or chervil), divided, plus more for serving  
Freshly ground black pepper  
3/4 cup store-bought fried shallots, divided  
2 small heads of tender lettuce (such as Little Gem or Bibb), leaves separated, torn if large

## Directions:

Cook green beans in a large pot of boiling heavily salted water 30 seconds. Add corn and cook until beans are bright green and crisp-tender and corn is just barely tender, about 15 seconds. Using a spider or slotted spoon, transfer vegetables to a medium bowl of ice water; keep pot of water boiling. Let vegetables cool, then drain and transfer to a large bowl.

Add chicken to pot; return water to a gentle boil. Reduce heat and cook at a bare simmer until juices run clear when thickest part of chicken is pierced with the tip of a small knife (an instant-read thermometer inserted into thickest part of chicken should register 150°; internal temperature will climb to 160° as chicken rests), 20–25 minutes for skin-on, bone-in breasts; 10–15 minutes for skinless, boneless breasts. Transfer chicken to a plate; let cool slightly. Shred meat into big pieces; discard skin and bones if present. Add shredded meat to bowl with vegetables.

Purée anchovy, avocado, oil, sour cream, lemon zest, lemon juice, vinegar, 1/2 cup herbs, and 1/4 cup water in a blender, adding more water to thin if needed, until smooth and thick (dressing should be the consistency of heavy cream); season with salt and pepper. Taste and add more lemon juice, salt, and/or pepper if needed (dressing should be bright and acidic).

Toss chicken and vegetables with half of the dressing, half of the fried shallots, and 1/4 cup of herbs. Arrange lettuce on a platter, mound chicken salad on top. Drizzle with more dressing. Top with more herbs and remaining fried shallots. Serve with remaining dressing alongside.

If you would like to join the Kentucky Poultry Federation, you can  
download a membership application on our website  
[www.kypoultry.org](http://www.kypoultry.org), from the homepage click on "2023 Membership Drive."



# THANK YOU



As we take a moment to reflect on the last 34 years with you, we want to say **THANK YOU** to our loyal readers, advertisers, supporters and friends.



**CELEBRATING 34 YEARS  
AS YOUR  
KENTUCKY AGRICULTURE  
NEWSPAPER**



# Selling hay to horse owners

FROM PAGE 12

ease, remember that the end user is often a small woman feeding 1-2 horses. This customer would prefer a 40 pound bale she can pick up over a more economical 75 pound bale and likely doesn't have the space or equipment for a 3 ft by 4 ft by 8 ft large bale. Horse owners were also asked where they get their hay buying information. Of the 10 choices they were given, university personnel ranked first. This result is gratifying for those of us that work in universities and

interact directly with horse producers. The second most preferred source of information was the hay supplier, which was quite surprising. Surprising because this means horse owners value the hay suppliers' guidance more than other common sources of information like extension publications, veterinarians and the internet. These results provide a clear path for hay suppliers to build market share – simply understanding the needs of the clients and their horses because horse owners clearly value their knowledge and guidance. Hay

suppliers can strengthen their business simply by getting to know their clients – often an easy task because horsemen love to talk about their horses. Horsemen (or horsewomen) are just that, horsemen. They aren't nutritionists, they aren't agronomists, and they certainly aren't money managers. They are horsemen, and they know their horses, and desire the best feed for that horse. They are also loyal to their horses. You have to be loyal to constantly shell out cash for an animal that is not designed to be profitable and constantly

makes poor life choices. The bottom line is that hay producers and suppliers can build a loyal clientele willing to pay a premium for hay by 1) taking the time to get to know their horse client (both human and horse), 2) providing them with the quality they require, 3) producing a package they can handle and 4) standing by that product. Happy foraging. *This research was funded by the National Alfalfa and Forage Alliance check-off dollars.*

<b>Blue Grass Stockyards</b> Lexington, KY June 12 &13, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 23 hd. 663# 249.00 blk-mixed 68 hd. 679# 237.50 charx-red 78 hd. 712# 235.50 charx-blk 71 hd. 727# 234.75 blk-mixed 35 hd. 746# 230.00 blk 63 hd. 768# 221.25 blk-mixed 77 hd. 784# 229.75 blk 46 hd. 792# 226.00 blk 66 hd. 847# 225.00 blk 182 hd. 852# 220.35 blk 60 hd. 870# 210.75 mixed 127 hd. 876# 218.00 blk 64 hd. 893# 208.50 mixed 180 hd. 894# 218.75 blk 29 hd. 905# 207.00 blk 60 hd. 908# 214.25 blk 20 hd. 909# 203.00 blk 55 hd. 930# 207.75 blk 106 hd. 938# 207.95 blk-charx 22 hd. 947# 205.00 blk-mixed 109 hd. 959# 209.25 blk 60 hd. 967# 209.40 blk 55 hd. 972# 208.80 blk 54 hd.1021#203.90 blk-mixed 30 hd.1027#201.90 blk 34 hd.1032#199.50 blk <b>Holstein Steer:</b> Large 3 53 hd. 963# 169.70 <b>Feeder Heifers:</b> Medium & Large 1-2 79 hd. 652# 229.75 blk 42 hd. 773# 203.00 blk 72 hd. 804# 212.00 blk 63 hd. 812# 210.25 blk	<b>KY-TN Livestock Auction</b> Guthrie, KY June 15, 2023 <b>Feeder Heifers:</b> Medium & Large 1-2 41 hd. 493# 223.00 blk-bwf 20 hd. 556# 221.00 blk-bwf 33 hd. 628# 209.00 blk-bwf	<b>Blue Grass South</b> Stanford, KY June 12 & 15, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 25 hd. 595# 247.00 blk 62 hd. 734# 240.80 blk 73 hd. 737# 234.75 charx 75 hd. 771# 219.25 mixed 25 hd. 861# 205.50 blk-charx 50 hd. 906# 206.25 blk 59 hd. 910# 213.75 blk 61 hd. 910# 201.50 mixed 58 hd. 913# 207.75 blk 57 hd. 939# 211.75 blk 58 hd. 939# 207.00 charx 58 hd. 954# 207.90 blk-charx 58 hd. 976# 209.75 blk-bwf <b>Holstein Steers:</b> Large 3 51 hd. 966# 164.00 <b>Feeder Heifers:</b> Medium & Large 1-2 29 hd. 508# 240.00 blk 22 hd. 610# 221.00 blk 148 hd. 717# 213.85 charx-red 137 hd. 730# 221.00 blk 74 hd. 732# 214.90 blk-charx 71 hd. 757# 203.50 mixed 71 hd. 769# 211.90 charx-red	<b>Paris Stockyards</b> Paris, KY June 15, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 21 hd. 473# 262.00 blk 26 hd. 518# 268.00 blk 39 hd. 612# 243.00 blk 20 hd. 707# 240.00 blk 20 hd. 714# 236.50 blk 56 hd. 950# 207.95 blk <b>Feeder Heifers:</b> Medium & Large 1-2 21 hd. 567# 239.00 blk 29 hd. 644# 221.00 blk 23 hd. 674# 219.00 blk 73 hd. 765# 211.50 blk-charx
	<b>Mid-KY Livestock Market</b> Upton, KY June 13, 2023 <b>Feeder Heifers:</b> Medium & Large 1-2 22 hd. 472# 234.00 blk 20 hd. 512# 218.00 blk 20 hd. 516# 230.00 blk 30 hd. 566# 212.50 blk 26 hd. 627# 210.00 blk 38 hd. 749# 202.00 mixed 116 hd. 886# 196.00 mixed	<b>Blue Grass of Albany</b> Albany, KY June 14, 2023 <b>Feeder Heifers:</b> Medium & Large 1-2 22 hd. 531# 233.00 blk 45 hd. 623# 223.00 blk-charx-red	<b>Blue Grass of Campbellsville</b> Campbellsville, KY June 14, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 40 hd. 776# 231.00 blk-bwf 60 hd. 890# 216.85 blk-bwf <b>Holstein Steers:</b> Large 3 57 hd.1349#143.25 <b>Feeder Heifers:</b> Medium & Large 1-2 22 hd. 744# 206.75 blk-bwf
	<b>Blue Grass Maysville</b> Maysville, KY June 13, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 26 hd. 557# 244.00 blk-charx <b>Feeder Heifers:</b> Medium & Large 1-2 32 hd. 555# 240.75 blk		
	<b>Washington Co. Livestock</b> Springfield, KY June 12, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 20 hd. 623# 244.50 blk 30 hd. 873# 210.00 blk 64 hd. 895# 217.90 blk <b>Holstein Steers:</b> Large 3 37 hd. 820# 160.00 57 hd. 909# 169.80 54 hd. 942# 168.30 <b>Feeder Heifers:</b> Medium & Large 1-2 22 hd. 563# 232.50 blk 63 hd. 809# 206.10 blk	<b>Blue Grass of Albany</b> Albany, KY June 14, 2023 <b>Feeder Heifers:</b> Medium & Large 1-2 22 hd. 531# 233.00 blk 45 hd. 623# 223.00 blk-charx-red	<b>Blue Grass of Richmond</b> Richmond, KY June 16, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 22 hd. 530# 236.00 blk 42 hd. 565# 250.50 blk-red 22 hd. 657# 227.00 blk-charx 43 hd. 660# 245.25 blk-red 42 hd. 891# 202.75 mixed 51 hd.1038#203.00 blk 98 hd.1042#203.30 blk-charx-red 50 hd.1057#196.90 charx-red –blk <b>Feeder Heifers:</b> Medium & Large 1-2 25 hd. 528# 226.00 blk-red 28 hd. 623# 210.00 blk-red
<b>Lake Cumberland Livestock</b> Somerset, KY. June 17, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 51 hd.1129#148.00 mixed <b>Feeder Heifers:</b> Medium & Large 1-2 28 hd. 403# 174.00 blk-bwf 57 hd. 458# 242.00 mixed	<b>Blue Grass East</b> Mt. Sterling, KY June 14, 2023 <b>Feeder Heifers:</b> Medium & Large 1-2 78 hd. 535# 225.00 blk-mixed	<b>United Producers Owenton</b> Owenton, KY June 14, 2023 <b>Feeder Steers:</b> Medium & Large 1-2 62 hd. 820# 224.00 blk 59 hd. 884# 215.00 blk	<b>Farmers Livestock</b> Glasgow, KY June 12, 2023 <b>Feeder Heifers:</b> Medium & Large 1-2 24 hd. 520# 214.00 blk



# Tour features regenerative farm practices

FROM PAGE 3

ti and knew no one in the Caldwell County area. They connected with veteran grass-land farmers Toby and Debbie Dahlworth and found the help they needed in making management decisions for the beef operation. The Dahlworth's knowledge encouraged the beef operation to move from a cow-calf operation to pasture-raised beef.

As the farm's livestock operation evolved, Adams added pasture-raised broilers in 2020. The broilers housed in hoop houses constructed by Adams rotate through pastures. He laughed as he told the group about how first rotation of chickens decimated the pasture area and he was sure he had ruined the land, but in six weeks, the pasture had returned.

A mobile layer coop follows the pasture-raised beef to help with fly control. 10-year-old son Porter manages the 50-hen flock, gathers and cleans the eggs daily, and sells them for \$6 per dozen.

The farm has 15 acres of oak, hickory, and black walnut woodland, and Justin realized, "We've got more time and more land. We need to maximize this a little bit more." In 2022 Justin added forest-raised hogs.

Adams said the hog's rotate through the woods and he taught them to respect the electrified poly wire, which divides the area. The pie-shaped rotation always centers on the low points of the hills with a couple of small streams for cooling areas. While the hogs do forage, he provides self-feeders of organic feed and waterers, which he has engineered so the hogs cannot hold the nip-

ple open and make a "wallow" spot.

The ten Hampshire hogs were four months old, and he hoped to harvest in late July when they reached 225 – 250 pounds. He planned another rotation with fall's cooler temperatures.

Teutsch and Extension intern Whitney Peck discussed a demonstration of round bale grazing in a rotational feeding system. The round bales distributed over a large area allow cattle to rotate from bale to bale using poly wire barriers. As bales are consumed, the wire is relocated, and cattle move to a new feeding area.

Results showed a much more uniform distribution of nutrients from manure, especially the much-needed phosphorus, and there were no boggy pools of manure around the feeding areas.

One of the most interesting stops on the tour was a discussion of dung beetles and their essential role in the regenerative process. Participants were invited to wear gloves and investigate a recent "cow pie" for one of the three forms of dung beetles. Dung beetles are a critical link in the nutrient cycle and redistribute nutrients from the manure back into the soil. A group of three brave children took on the challenge.

The Adams' expected their beef, poultry, hogs, and egg production to exceed their family needs and intended to sell extras at local farmers' markets and grocery stores.

"But that just wasn't for us," Justin remarked. Local markets needed to be more receptive to the Adams' prices required for their products, he said.

In 2021 Justin reached out to Angela Magney of Magney Legacy Farm, and



Justin Adams explains the farms broiler operation when grows 300 birds per year.

another essential partnership and mentorship resulted. Magney has a direct-to-consumer online market with delivery reaching 400 customers in a delivery area within an hour of Princeton. Nurtured Lands Farm partners with Magney to sell their meat products

The regeneration of Nurtured Lands Farm is evolving with several different strategies to build and revive a dormant farm.

Teutsch pointed out, "Soil health assessment is essential. Doing a routine soil test and adding an organic matter analysis and field observations can be as or more beneficial than paying for a suite of laboratory

tests."

The young couple accepts new ways to enhance the farm while always being mindful of their family's farming philosophy.

Kate Adams said the farming operation and livestock raised on the farm are there to feed their family first, with no chemicals, pesticides, herbicides, or antibiotics.

"It's a lifestyle choice for us," she said. "We want to ensure our farm is an environment where our children can go into any chicken house or hog lot around the animals without chemical hazards."

By Toni Riley  
Field Reporter

## KENTUCKY GRAIN PRICES

LOUISVILLE AREA: Louisville & Bagdad; PENNYRILE AREA: Allensville, Auburn, Franklin, Hopkinsville & Pembroke; BLUEGRASS AREA: Bardstown, Lexington & Winchester; GREEN RIVER: Caneyville & Livermore; NORTHERN KENTUCKY AREA: Silver Grove at Cincinnati; PURCHASE AREA: Clinton & Mayfield.  
Opening bids at elevators and processing plants.

6/16/2023 4:00 pm est Bids for next day Cash Bids	Louisville	Pennyrile	Purchase	Bluegrass	Green River	Northern KY
Corn #2 Yellow	6.49	6.45-6.70	6.34	6.40	6.48	NA
Corn #2 White			6.46			
Soybeans #1 Y	12.52	14.32-14.57	14.82	15.07	14.92	NA
Wheat #2 SRW	6.23	6.38-6.58	6.66	6.38	6.27	NA
Barley						
New Crop Delivery Contract						
Corn #2 Yellow	5.60-5.70	5.63-5.83	6.34	5.58	5.78	NA
Corn #2 White			6.83			
Soybeans #1 Y	12.52	12.82-12.97	13.22	12.56	14.92	NA
Wheat #2 SRW	6.23-6.73	6.38-6.58	6.66	6.38	6.27	NA
Barley						

## National Weekly Ethanol Plant Report

6/12/2023-6/16/2023  
Indiana Ohio Illinois Iowa

Yellow Corn Spot Bid 6.23-5.70

Dried Distillers Grain (\$/ton)  
10% moisture 170.00-230.00

Modified Wet Distillers (\$/ton)  
55-60% moisture 90.00-110.00

## Kentucky Weekly Cattle Receipts as reported at local markets:

05/30/23	15,629
06/05/23	11,606
06/12/23	21,008
06/19/23	21,890



# Industry disappointed with EPA ruling on biofuel blending targets

The US biofuel industry has responded with dismay to the Environmental Protection Agency’s final decision for the country’s biofuel blending requirements, which was published on June 28. It sets annual biofuel blending targets under the Renewable Fuel Standard.

The 2023-2025 Renewable Fuel Standard volumes or renewable volume obligations by the EPA were set at 20.94 billion gallons for 2023, 21.54 billion gallons for 2024, and 22.33 billion gallons for 2025.

Volume Targets (billion RINs)\*

	2023	2024	2025
Cellulosic biofuel	0.84	1.09	1.38
Biomass-based diesel**	2.82	3.04	3.35
Advanced biofuel	5.94	6.54	7.33
Renewable fuel	20.94	21.54	22.33
Supplemental standard	0.25	n/a	n/a

\*One RIN is equivalent to one ethanol-equivalent gallon of renewable fuel \*\* BBD is given in billion gallons  
Source: Environmental Protection Agency, June 21, 2023  
Provided by agricensus.com

Biomass-based diesel volumes meanwhile – of which the majority of feedstock comes from soybean oil – were left unchanged for 2023 from the EPA’s proposal in December last year of 2.82 billion gallons.

The final rule differs slightly from the proposed figures in December 2022 that called for an overall blending mandate of 20.82 billion gallons in 2023, 21.87 billion gallons in 2024, and 22.68 billion gallons in 2025.

“This announcement is a letdown for soy growers. It threatens the success of the biomass-based diesel industry by significantly dialing back annual increases in volume obligations and failing to account for the progress being made in biofuels investment and growth,” said American Soybean Association president Daryl Cates in a media release from the organization.

The final figures were deemed an “unfortunate step backward from the volumes that were originally proposed” by the Renewable Fuels Association.

Brian Jennings, CEO of the American Coalition for Ethanol said the ruling does not align with the goal of the RFS. “If EPA’s goal with the RFS is to maximize reductions in greenhouse gas emissions from the transportation sector, today’s final rule falls short by arbitrarily limiting conventional biofuel use to 15 billion gallons in 2024 and 2025 compared (with) the agency’s proposal of 15.25 billion gallons for each of those years,” Jennings said. “Higher blending targets would enable fuels such as E15 and E85 to quickly displace carbon pollution from gasoline, but EPA’s proposal will rein in those opportunities.”

Even the corn sector expressed its disappointment in the final decision, with the sector denied a 250 million gallon increase that many had been expecting

“When it comes to addressing pressing energy, environmental and economic challenges, EPA’s final rule falls short of the emission reductions and cost-saving benefits the higher proposed ethanol volumes would have provided,” National Corn Growers Association President Tom Haag said in a statement.

Meanwhile, as expected, the final EPA rule also dropped a proposal to roll electric vehicles into the biofuel blending program, with the potential loss of 600 million RINs included in the 2024 proposed mandate and 1.2 billion proposed RINs in 2025.

The plan would have required refiners to buy newly classified “e-RINs” from makers of electric cars but was reportedly dropped due to worries over potential lawsuits challenging EPA’s authority.

“NCGA and its members strongly urged EPA to separate its e-RIN proposal from the RFS volumes because the proposal was wholly inconsistent with the way the RFS functions for other fuels and created an unlevel playing field

across the RFS,” Haag said.  
As reported by Progressive Farmer, here is how the EPA explained the ruling:

“As in recent years, we believe that excess volumes of BBD beyond the BBD volume requirements will be used to satisfy the advanced biofuel volume requirement within which the BBD volume requirement is nested,” the agency said in the final rule.

“Historically, the BBD standard has not independently driven the use of BBD in the market. This is due to the nested nature of the standards and the competitiveness of BBD relative to other advanced biofuels. Instead, the advanced biofuel standard has driven the use of BBD in the market.

Moreover, BBD can also be driven by the implied conventional renewable fuel volume requirement as an alternative to using increasing volumes of corn ethanol in higher level ethanol blends such as E15 and E85. We believe these trends will continue through 2025.

“We also believe it is important to maintain space for other advanced biofuels to participate in the RFS program. Although the BBD industry has matured over the past decade, the production of advanced biofuels other than biodiesel and renewable diesel continues to be relatively low and uncertain.

Maintaining this space for other advanced biofuels can in the long term facilitate increased commercialization and use of other advanced biofuels, which may have superior environmental benefits, avoid concerns with food prices and supply, and have lower costs relative to BBD.

“Conversely, we do not think increasing the size of this space is necessary through 2025 given that only small quantities of these other advanced biofuels have been used in recent years relative to the space we have provided for them in those years.”

## New Holland Sheep and Goat Auction New Holland, Pa. June 12, 2023

Kids sold mostly steady with a firm undertone being noted, with Nannies and Bucks selling firm. There was a moderate supply for the goat sale, with moderate to good demand and moderate buyer attendance. Woolled & Shorn and Hair Breed lambs sold steady to weak, with Ewes selling firm, and too few Bucks for a market test this and last week. Buyer attendance for the sheep and lamb sale was moderate, with moderate demand on a heavy sale supply.

SLAUGHTER LAMBS WOOLED & SHORN: Choice and Prime 1-3 67 lbs 240.00; 77 lbs 287.00; 88 lbs 280.00. Choice 1-3 48-49 lbs 190.00-195.00; 50-59 lbs 175.00-215.00; 60-69 lbs 190.00-224.00; 70-78 lbs 200.00-255.00; 80-89 lbs 200.00-265.00; 91-98 lbs 240.00-260.00; 100-145 lbs 225.00-265.00. Good and Choice 1-2 48 lbs 170.00; 58 lbs 170.00; 60-63 lbs 160.00-185.00; 83 lbs 200.00; 93-95 lbs 145.00-210.00; 104-130 lbs 150.00-220.00. HAIR BREEDS: Choice and Prime 1-3 87 lbs 285.00; 90-95 lbs 300.00-305.00; 100-115 lbs 295.00-310.00. Choice 1-3 50-58 lbs 185.00-210.00; 60-69 lbs 190.00-250.00; 70-79 lbs 200.00-250.00; 80-85 lbs 215.00-260.00; 90-98 lbs 230.00-280.00; 100-140 lbs 245.00-285.00. Good and Choice 1-2 40-49 lbs 155.00-180.00; 50-54 lbs 170.00-185.00; 60-67 lbs 155.00-200.00; 90-95 lbs 150.00-215.00.

SLAUGHTER GOATS KIDS: Selection 1 40-49 lbs 90.00-105.00; 50-59 lbs 215.00-255.00; 60-69 lbs 210.00-275.00; 70-79 lbs 230.00-295.00; 80-89 lbs 325.00-350.00; 90 lbs 310.00. Selection 2 40-49 lbs 50.00-80.00; 50-59 lbs 110.00-175.00; 60-69 lbs 150.00-175.00; 70 lbs 155.00-180.00. Selection 3 30 lbs 50.00; 50-59 lbs 50.00-95.00; 60 lbs 135.00.

## Blue Grass Stockyards of Richmond Graded Sheep/Goat Sale, Richmond, Ky. June 12, 2023

Total Receipts: 653 hd. Compared to last sale lamb prices were steady to up 3.00. Kid prices sold 5.00 higher and up sharply on some fancy #1 kids. Slaughter does and ewes sold steady to up 2.00.

SLAUGHTER LAMBS WOOLED: Choice and Prime 1-2 63-65 lbs 205.00-210.00; 81 lbs 200.00; 94 lbs 207.50; 100-102 lbs 200.00-205.00. Choice 2 52 lbs 165.00; 71 lbs 185.00. Good and Choice 2-3 61 lbs 160.00; 83-85 lbs 125.00-182.50; 290 lbs 90.00.

HAIR BREEDS: Choice and Prime 1-2 56 lbs 212.50; 73 lbs 209.00; 86-89 lbs 207.50-210.00. Choice 2 56 lbs 177.50; 70 lbs 178.00; 117 lbs 150.00. Good and Choice 2-3 55 lbs 170.00; 65 lbs 172.50; 72 lbs 177.50.

SLAUGHTER GOATS KIDS: Selection 1-2 51-56 lbs 330.00-332.50; 63 lbs 310.00; 70-71 lbs 305.00-317.50. Selection 2 46 lbs 307.50; 53 lbs 315.00; 64 lbs 327.50; 78 lbs 305.00; 90 lbs 245.00. Selection 2-3 47 lbs 160.00; 51-55 lbs 267.50-272.50; 70 lbs 257.50.

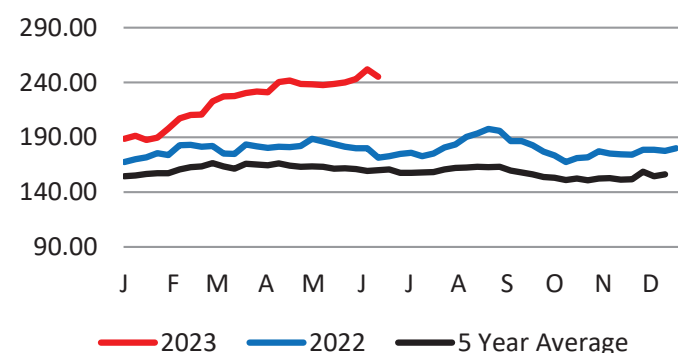
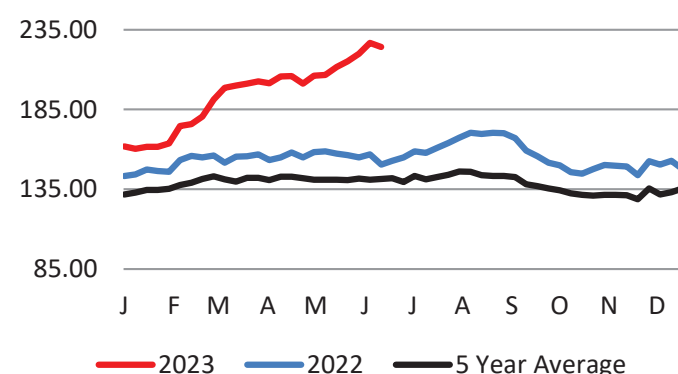


**STATE AVERAGES****Steers (M&L 1-2)**

	<u>This Week</u>	<u>Prior Week</u>	<u>Last Year</u>
350-400 lbs	243.41	254.94	175.51
400-450 lbs	252.13	244.02	178.37
450-500 lbs	238.11	248.79	174.72
500-550 lbs	240.82	241.90	166.96
550-600 lbs	234.53	238.26	161.09
600-650 lbs	233.76	233.32	157.44
650-700 lbs	222.57	223.32	151.44
700-750 lbs	210.16	215.67	144.59
750-800 lbs	214.45	205.98	140.99
800-850 lbs	202.49	197.24	137.82
850-900 lbs	206.49	199.52	145.58

**Heifers (M&L 1-2)**

	<u>This Week</u>	<u>Prior Week</u>	<u>Last Year</u>
300-350 lbs	218.25	227.55	159.04
350-400 lbs	223.90	226.30	161.74
400-450 lbs	221.23	222.82	153.08
450-500 lbs	222.28	224.48	152.42
500-550 lbs	216.48	217.05	148.86
550-600 lbs	215.90	215.60	144.98
600-650 lbs	208.93	206.42	139.51
650-700 lbs	199.56	199.93	133.06
700-750 lbs	184.26	183.72	126.60
750-800 lbs	187.25	183.40	130.26

**WEEKLY 400-600 LB FEEDER STEER M&L 1-2  
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